

**OCR POLISH CHAMPIONSHIPS - 3 KM**

 Organizator: OCRA POLAND  
 Data: 2018-08-24  
 Miejsce: Ząbki  
 Dystans: 3 km  
 Klasyfikacja wg czasów brutto.

**OCR POLISH CHAMPIONSHIPS - 3 KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	SOBIERAJSKI WOJCIECH	9	OCRA POLAND			ELITE MEN	1	M 1	00:20:17.20	00:20:19.65	6:45	8.9
2	SELIANIN DMYTRO	34	OCRA POLAND			M25-29	1	M 2	00:21:55.65	00:21:56.95	7:18	8.2
3	SOBIERAJSKI BOLESŁAW	17	OCRA POLAND			M13-17	1	M 3	00:21:55.70	00:21:59.10	7:18	8.2
4	JÓZEFIAK ŁUKASZ	64				M35-39	1	M 4	00:23:51.90	00:23:53.75	7:57	7.5
5	ZAWISTOWSKI JAKUB	6	HUSARIA RACE TEAM			ELITE MEN	2	M 5	00:24:19.45	00:24:22.40	8:06	7.4
6	SOBIERAJSKI KRZYSZTOF	18	OCRA POLAND			M13-17	2	M 6	00:24:27.20	00:24:31.10	8:09	7.4
7	ALBON JONATHAN	1				ELITE MEN	3	M 7	00:24:51.95	00:24:54.60	8:17	7.2
8	NYKIEL MARIUSZ	31	SOCIOS SILESIA			M25-29	2	M 8	00:25:26.25	00:25:28.55	8:28	7.1
9	KOWALCZYK DAWID	12				ELITE MEN	4	M 9	00:27:00.55	00:27:03.05	9:00	6.7
10	HARBYNOU IHAR	10				ELITE MEN	5	M 10	00:27:12.45	00:27:14.50	9:04	6.6
11	LISOWSKI ADAM	68	SOCIOS SILESIA			M35-39	2	M 11	00:27:26.15	00:27:27.50	9:08	6.6
12	MÓRAWSKI MIESZKO	3	HUSARIA RACE TEAM			ELITE MEN	6	M 12	00:28:42.20	00:28:45.30	9:34	6.3
13	WYPUKOŁ JAKUB	30	SOCIOS SILESIA			M25-29	3	M 13	00:28:56.55	00:28:58.80	9:38	6.2
14	SOBIERAJSKI MARIAN	24	OCRA POLAND			M18-24	1	M 14	00:34:50.15	00:34:53.40	11:36	5.2
15	PODGÓRSKI MAREK	11				M35-39	3	M 15	00:36:12.35	00:36:13.90	12:04	5
16	SZARUGA MAŁGORZATA	14	OCRA POLAND			ELITE WOMEN	1	K 1	00:37:46.25	00:37:50.10	12:35	4.8
17	LISOWSKI GRZEGORZ	67	SOCIOS SILESIA			M35-39	4	M 16	00:41:33.80	00:41:35.55	13:51	4.3
18	ALBON HENRIETTE	15				ELITE WOMEN	2	M 17	00:41:41.15	00:41:44.40	13:53	4.3
19	HANSLIK ALEKSANDRA	16	SOCIOS SILESIA			ELITE WOMEN	3	K 2	00:43:49.95	00:43:53.70	14:36	4.1
20	KWIATKOWSKI MICHAŁ	51	HUSARIA RACE TEAM			M30-34	1	M 18	00:49:50.90	00:49:53.20	16:37	3.6
21	BORUC TOMASZ	61	SPEEDSTERS			M35-39	5	M 19	00:50:26.65	00:50:29.10	16:49	3.6
22	FRYDRYCH MACIEK	184				M40-44	1	M 20	00:54:16.15	00:54:18.30	18:05	3.3
23	GAWRYLUK MARCIN	58	OUTDOOR TRAINING			M30-34	2	M 21	01:01:47.60	01:01:51.10	20:36	2.9
24	KOŁODZIEJCZYK KAMIL	59	SOCIOS SILESIA			M30-34	3	M 22	01:06:41.50	01:06:42.75	22:13	2.7
25	JANISZEWSKI GRZEGORZ	78				M50+	1	M 23	01:07:48.95	01:07:51.30	22:36	2.7
26	ORANKIEWICZ KRZYSZTOF	4				ELITE MEN	7	M 24	01:40:49.55	01:40:52.95	33:36	1.8
27	ROSSA MICHAŁ	43	OCRA POLAND			M25-29	4	M 25	02:02:55.40	02:02:58.95	40:58	1.5
DNC	BEREZNOWSKA PATRYCJA	73				K40-44	DNC	DNC	00:16:16.25	00:16:19.35	-	-
DNC	MACH SZYMON	63	MMA DEVIL MI?DZYCHÓD			M35-39	DNC	DNC	00:22:33.70	00:22:35.05	-	-
DNC	RATAJSKA IGA	47	MMA DEVIL MIĘDZYCHÓD			K25-29	DNC	DNC	00:27:28.10	00:27:31.40	-	-
DNC	PAWŁOWSKI KAMIL	25	OCR TEAM WŁOCLĄWEK			M18-24	DNC	DNC	00:28:50.95	00:28:54.25	-	-
DNC	WICHA IWONA	56	OCRA POLAND			K30-34	DNC	DNC	00:31:02.25	00:31:05.15	-	-
DNC	KUBAŚ ARKADIUSZ	62	KLUB AKTYWNYCH PARKRUN SKÓZEC			M35-39	DNC	DNC	00:33:00.20	00:33:03.00	-	-
DNC	PYZ MAREK	7	OFF- ROAD RUNNERS			ELITE MEN	DNC	DNC	00:36:19.05	00:36:22.60	-	-
DNC	KĘDZIOREK ERYK	57	OCRA POLAND			M30-34	DNC	DNC	00:38:14.60	00:38:16.15	-	-
DNC	WNOROWSKA MAGDALENA	75	DZIADY OCR			K40-44	DNC	DNC	00:38:57.90	00:39:00.25	-	-
DNC	TARGOŃSKI GRZEGORZ	77				M40-44	DNC	DNC	00:39:15.00	00:39:17.35	-	-
DNC	HREBIACHUK MAKSYM	32				M25-29	DNC	DNC	00:39:39.40	00:39:40.70	-	-
DNC	ROSSA ŁUKASZ	42	OCRA POLAND			M25-29	DNC	DNC	00:39:55.00	00:39:58.20	-	-
DNC	OKTABINSKI KAROL	41	OCRA POLAND			M25-29	DNC	DNC	00:40:04.50	00:40:07.05	-	-
DNC	MITRUSHKINA OLGA	33				K25-29	DNC	DNC	00:40:26.80	00:40:29.50	-	-
DNC	KALINOWSKA WIOLETTA	71	OCRA POLAND			K40-44	DNC	DNC	00:40:36.40	00:40:39.20	-	-
DNC	KONDRACIUK ANDRZEJ	20				M13-17	DNC	DNC	00:43:07.55	00:43:11.00	-	-
DNC	MACHNIK KATARZYNA	38	OCRA POLAND			ELITE WOMEN	DNC	DNC	00:44:13.45	00:44:17.00	-	-
DNC	PAMUŁA KRYSZTIAN	50	SRTG NIEPOŁOMICE			M30-34	DNC	DNC	00:47:09.40	00:47:11.85	-	-
DNC	JAWOREK RAFAŁ	37	HUSARIA RACE TEAM			M25-29	DNC	DNC	00:49:08.15	00:49:10.45	-	-

**OCR POLISH CHAMPIONSHIPS - 3 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
DNC	DALNICENKO UIRI	54				M30-34	DNC	DNC	00:57:08.25	00:57:09.95	-	-
DNC	KOWALCZYK KONRAD	49				M30-34	DNC	DNC	00:58:38.70	00:58:40.65	-	-
DNC	KUR MARCIN	39	HUSARIA RACE TEAM			M25-29	DNC	DNC	00:59:02.05	00:59:03.80	-	-
DNC	PAWŁOWICZ ALEKSANDER	53				M30-34	DNC	DNC	00:59:05.10	00:59:07.35	-	-
DNC	KRÓL DARIUSZ	80	ZABIEGANY WOŁOMIN			M50+	DNC	DNC	00:59:38.90	00:59:41.20	-	-
DNC	BIENIECKI JAROSŁAW	187				M30-34	DNC	DNC	01:00:28.80	01:00:30.35	-	-
DNC	WIŚNIEWSKI NORBERT	72				M40-44	DNC	DNC	01:02:25.55	01:02:28.40	-	-
DNC	GAŁEK RAFAŁ	186				M13-17	DNC	DNC	01:05:55.80	01:06:00.00	-	-
DNC	GOŁOWCZYK MATEUSZ	52	HUSARIA RACE TEAM			M30-34	DNC	DNC	01:09:30.30	01:09:32.25	-	-
DNC	JABŁOŃSKI TOMASZ	188				M35-39	DNC	DNC	01:03:42.85	01:09:56.55	-	-
DNC	HELLWICH ŁUKASZ	45	MMA DEVIL MIĘDZYCHÓD			M25-29	DNC	DNC	01:12:08.30	01:12:09.65	-	-
DNC	LEWANDOWSKI MICHAŁ	215				M18-24	DNC	DNC	01:12:13.00	01:12:17.55	-	-
DNC	GOJTKA MARIUSZ	44	MMA DEVIL MIĘDZYCHÓD			M25-29	DNC	DNC	01:12:37.55	01:12:40.30	-	-
DNC	FECHNER BARTOSZ	46	MMA DEVIL MIĘDZYCHÓD			M25-29	DNC	DNC	01:12:39.55	01:12:41.90	-	-
DNC	WEBER KAROL	48	MMA DEVIL MIĘDZYCHÓD			M25-29	DNC	DNC	01:12:41.35	01:12:43.05	-	-
DNC	MISIAK PIOTR	28				M25-29	DNC	DNC	01:12:45.10	01:12:47.05	-	-
DNC	JASEK ŁUKASZ	29				M25-29	DNC	DNC	01:19:26.80	01:19:29.05	-	-
DNC	PIOTROWSKI DAMIAN	76				M40-44	DNC	DNC	01:21:00.35	01:21:03.50	-	-
DNC	CHOJNA ZYGMUNT	79	SOCIOS SILESIA			M50+	DNC	DNC	01:23:03.05	01:23:04.50	-	-
DNC	GAJEK ANNA	70	SOCIOS SILESIA			K40-44	DNC	DNC	01:23:01.95	01:23:04.50	-	-
DNC	ZOŃ ARKADIUSZ	27	HUSARIA RACE TEAM			M25-29	DNC	DNC	01:30:20.40	01:30:20.40	-	-
DNC	GOLEC RAFAŁ	2	CROSSFIT SIEDLCE & CROSSFIT ?UKÓW			ELITE MEN	DNC	DNC	01:32:48.50	01:32:50.70	-	-
DNC	KĘDZIOREK PAULINA	36	OCRA POLAND			K25-29	DNC	DNC	01:33:11.60	01:33:14.35	-	-
DNC	KONDRACIUK PIOTR	74				M40-44	DNC	DNC	01:43:32.45	01:43:34.40	-	-
DNC	GAWEŁ MATEUSZ	23	HUSARIA RACE TEAM			M18-24	DNC	DNC	01:51:41.20	01:51:46.35	-	-
DNC	JÓZEFIAK ALEKSANDRA	65				K35-39	DNC	DNC	02:03:54.95	02:03:56.90	-	-
DNC	KARPOWICZ JAKUB	21	MAD RUNNERS WAŁBRZYCH			M18-24	DNC	DNC	02:09:15.90	02:09:19.15	-	-
DNC	BURS KLAUDIA	19				K13-17	DNC	DNC	02:11:22.85	02:11:27.35	-	-
	ŁOBODZIŃSKI PIOTR	8	OCRA POLAND			ELITE MEN			DNF	DNF	-	-
	ROLA RAFAŁ	5	ZABIEGANY WOŁOMIN			ELITE MEN			DNF	DNF	-	-
	TOMASIK ALAN	26	OCRA POLAND			M25-29			DNF	DNF	-	-
	JASTRZĘBSKI PIOTR	55	SOCIOS SILESIA			M30-34			DNF	DNF	-	-