

HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 21.1KM

Organiser: Polska Federacja Nordic Walking
Date: 2018-09-08
Place: Hajnówka
Distance: 21.1 km
Klasyfikacja wg czasów netto.



HAJNÓWKA - FINAŁ PUCHARU POLSKI NORDIC WALKING - 21.1KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Żół. kartki	Czer. kartki	1.1km	6.1km	11.1km	16.1km	Netto	min/km	km/h
1	ROSAK MARCIN	668	GREEN TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	M40-49	1	M 1			00:06:42	00:40:08	01:13:51	01:46:31	02:18:00.53	6:32	9.2
2	WAWRZYŃIAK ŁUKASZ	685	KS METRACO POLKOWICE	WALIM	POL	M30-39	1	M 2			00:06:53	00:40:10	01:13:51	01:46:46	02:20:08.23	6:38	9
3	KORDOWSKI PIOTR	648	NOWA HUTA TEAM	KRAKÓW	POL	M40-49	2	M 3			00:06:44	00:40:09	01:13:51	01:46:55	02:21:20.89	6:41	9
4	DEPKA PRADZYŃSKI OLGIERD	638	BIEGAMYRAZEM.PL	GDYNIA	POL	M60+	1	M 4			00:06:55	00:40:06	01:13:47	01:48:33	02:21:33.08	6:42	8.9
5	SZEREMETA GRZEGORZ	679	CIDRY LOTAJOM	RADZIONÓW	POL	M40-49	3	M 5			00:06:42	00:40:11	01:13:53	01:46:54	02:22:32.22	6:45	8.9
6	PIETRZYK JAROSŁAW	664	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M30-39	2	M 6			00:06:51	00:40:23	01:14:14	01:48:01	02:23:25.25	6:47	8.8
7	MACKIEWICZ DARIUSZ	656	NOWI SIEDLCE/NW WSCHÓD	KODEŃ	POL	M40-49	4	M 7			00:06:58	00:40:57	01:14:46	01:49:08	02:23:46.48	6:48	8.8
8	PUSZKIEL LESZEK	666	GREEN TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	M60+	2	M 8			00:07:00	00:40:53	01:15:11	01:49:52	02:24:20.12	6:50	8.8
9	WETOSZKA PIOTR	693	NOWI SIEDLCE/NW WSCHÓD	BIAŁA PODLASKA	POL	M30-39	3	M 9			00:07:01	00:41:01	01:14:45	01:49:09	02:24:44.44	6:51	8.7
10	BARCZYK BOGDAN	631	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M50-59	1	M 10			00:06:57	00:40:22	01:14:14	01:49:33	02:26:41.73	6:57	8.6
11	MAKOWSKI JAN	657	RYBNICKI KLUB NORDIC WALKING	RYBNIK	POL	M50-59	2	M 11			00:06:48	00:41:19	01:16:15	01:51:53	02:27:15.28	6:58	8.6
12	KUŚMIEREK PATRYK	654	BŁĘKITNI NW DZIEMIANY	DZIEMIANY	POL	M18-29	1	M 12			00:07:13	00:41:53	01:16:41	01:53:08	02:28:23.83	7:01	8.5
13	BULAKOWSKI BOHDAN	635	PASJA NORDIC WALKING	WARSZAWA	POL	M60+	3	M 13			00:07:27	00:42:42	01:18:05	01:53:13	02:28:32.00	7:02	8.5
14	KUBISZYN MIROSŁAW	561		LUBACZÓW	POL	M30-39	4	M 14			00:07:04	00:40:59	01:14:47	01:49:35	02:28:43.01	7:02	8.5
15	ŚWISŁOCKI BOGDAN	684	FACE NORDIC WALKING TEAM	MIKOSZEWO	POL	M50-59	3	M 15	1		00:07:09	00:42:11	01:17:33	01:53:09	02:28:47.18	7:03	8.5
16	KOWALSKI MAREK	651	UNIA MIAST	STRZEBIŃ	POL	M50-59	4	M 16			00:07:16	00:42:59	01:18:08	01:53:39	02:29:27.67	7:05	8.5
17	ŻYDACEWSKI RYSZARD	692	KS METRACO POLKOWICE	LUBIN	POL	M50-59	5	M 17			00:07:16	00:42:12	01:17:34	01:53:09	02:30:18.29	7:07	8.4
18	KOŁODZIEJ JOANNA	647	CIDRY LOTAJOM	RUDA ŚLĄSKA	POL	K50-59	1	K 1			00:07:30	00:44:04	01:20:35	01:56:25	02:31:41.67	7:11	8.3
19	SPYCHAŁA MARZENA	674	CKZIU NYSA MECHANIK	BIAŁA	POL	K40-49	1	K 2			00:07:35	00:44:13	01:20:46	01:56:46	02:33:02.32	7:15	8.3
20	NIEDŹWIECKA KATARZYNA	662	FACE NORDIC WALKING TEAM	BRANIEWO	POL	K40-49	2	K 3			00:07:43	00:45:00	01:21:07	01:57:47	02:34:25.56	7:19	8.2
21	KUBISZYN TADEUSZ	653		LUBACZÓW	POL	M50-59	6	M 18	1		00:07:15	00:41:59	01:17:39	01:55:35	02:34:39.27	7:19	8.2
22	STĘPIEŃ LUCYNA	676	KS METRACO POLKOWICE	LUBIN	POL	K60+	1	K 4			00:07:46	00:44:23	01:21:42	01:58:55	02:35:40.37	7:22	8.1
23	BOCZAR BEATA	634	GREEN TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	K50-59	2	K 5			00:07:40	00:44:43	01:21:57	01:59:02	02:36:39.82	7:25	8.1

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24	MANDZIUK MAREK	659	NOWI SIEDLCE/NW WSCHÓD	BIAŁA PODLASKA	POL	M40-49	5	M 19			00:07:28	00:46:05	01:22:22	01:59:02	02:37:42.21	7:28	8
25	LIGEŻA JANUSZ	655		TYCHY	POL	M50-59	7	M 20			00:36:13	01:13:26	01:51:37	02:30:12	02:38:25.60	7:30	8
26	WESOŁOWSKI WOJCIECH	686	MUSZKIETEROWIE	GNIEZNO	POL	M60+	4	M 21	1		00:07:39	00:45:16	01:22:03	02:00:09	02:38:44.39	7:31	8
27	RACŁAWSKI JAN	667	AMATOR	SKARBIMIER Z OSIEDLE	POL	M60+	5	M 22			00:07:39	00:45:15	01:22:28	02:00:39	02:40:29.42	7:36	7.9
28	ŻAMOJCIN MAREK	691	NORDICLUB SZCZECIN	SZCZECIN	POL	M50-59	8	M 23			00:07:29	00:45:51	01:23:39	02:01:56	02:40:56.73	7:37	7.9
29	JANOSZKA IRENA	643	CIDRY LOTAJOM	RADZIONÓW	POL	K50-59	3	K 6			00:07:42	00:44:37	01:21:56	02:01:06	02:41:13.34	7:38	7.9
30	KORSAKOWSKI TADEUSZ	649		KRASNOPOL	POL	M50-59	9	M 24			00:07:27	00:44:29	01:22:41	02:01:28	02:41:30.08	7:39	7.8
31	PASIŃSKA-SKOWRON SYLWIA	663	PRUSZYŃSKI SPORT TEAM	SZCZODRKO WICE	POL	K40-49	3	K 7			00:07:54	00:46:10	01:24:47	02:03:42	02:42:34.83	7:42	7.8
32	KOWALCZYK MARIUSZ	650	GREEN TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	M50-59	10	M 25			00:07:56	00:46:04	01:24:38	02:04:20	02:43:46.02	7:45	7.7
33	ROSOLEK ELŻBIETA	669	GREEN TEAM ZIELONA GÓRA	ZIELONA GÓRA	POL	K50-59	4	K 8			00:08:23	00:47:26	01:26:02	02:05:21	02:44:51.99	7:48	7.7
34	WITKOWSKA MARIA	687	UNIA MIAST	KATOWICE	POL	K60+	2	K 9			00:07:59	00:46:30	01:25:40	02:05:10	02:44:54.53	7:48	7.7
35	MANDZIUK MARTA	658	NOWI SIEDLCE/NW WSCHÓD	BIAŁA PODLASKA	POL	K40-49	4	K 10			00:07:58	00:46:33	01:25:07	02:04:28	02:45:19.76	7:50	7.7
36	KRYSZCZUK KRZYSZTOF	652	NOWI SIEDLCE/NW WSCHÓD	SIEDLCE	POL	M50-59	11	M 26			00:08:05	00:46:54	01:25:59	02:05:06	02:45:42.58	7:51	7.6
37	SMUS DAMIAN	673	EPOKA NORDICA ŁÓDŹ	SOCHACZEW	POL	M18-29	2	M 27			00:07:25	00:45:56	01:24:46	02:04:26	02:45:45.09	7:51	7.6
38	ŚWIRSZCZ TOMASZ	683	NOWI SIEDLCE/NW WSCHÓD	ŚWIDNIK	POL	M60+	6	M 28	1		00:08:01	00:46:11	01:25:58	02:06:06	02:47:34.56	7:56	7.6
39	DUDEK EDWARD	89	KS METRACO POLKOWICE	GŁOGÓW	POL	M60+	7	M 29	1		00:07:45	00:45:21	01:24:14	02:04:39	02:47:36.42	7:56	7.6
40	KARASIEWICZ IRENA	646	FACE NORDIC WALKING TEAM	BRANIEWO	POL	K50-59	5	K 11			00:07:53	00:45:57	01:25:45	02:06:32	02:47:39.63	7:56	7.6
41	KANIEWSKA BEATA	644	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K40-49	5	K 12			00:07:47	00:46:40	01:26:33	02:07:15	02:49:17.45	8:01	7.5
42	SZYMCZYK MAGDALENA	682	NOWI SIEDLCE/NW WSCHÓD	SIEDLCE	POL	K30-39	1	K 13			00:08:18	00:48:03	01:28:06	02:08:58	02:50:54.80	8:06	7.4
43	BIELIŃSKI ANDRZEJ	694		SIEDLCENO WI SIEDLCE		M30-39	5	M 30			00:08:17	00:49:11	01:29:12	02:10:07	02:52:04.60	8:09	7.4
44	BARCZYK JOLANTA	632	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K50-59	6	K 14			00:08:20	00:48:26	01:29:10	02:10:16	02:52:23.13	8:10	7.3
45	KABAŁA MARZENA	695	BIEGAMYRAZEM.PL	SIEDLE		K40-49	6	K 15	2		00:08:12	00:47:51	01:28:05	02:09:55	02:52:24.67	8:10	7.3
46	POSTEK DANUTA	665	MARSZ PO ZDROWIE	POZNAŃ	POL	K50-59	7	K 16			00:08:11	00:48:29	01:29:10	02:10:19	02:53:37.39	8:13	7.3
47	ZAWADZKA MARIA	690	KS METRACO POLKOWICE	LUBIN	POL	K60+	3	K 17			00:08:37	00:50:47	01:32:13	02:13:18	02:56:09.05	8:20	7.2
48	SKUP MACIEJ	672	NOWI SIEDLCE/NW WSCHÓD	SIEDLCE	POL	M18-29	3	M 31			00:07:47	00:46:12	01:24:44	02:07:42	02:57:18.26	8:24	7.1
49	ROZMUS JOLANTA	670	FACE NORDIC WALKING TEAM	GDYNIA	POL	K60+	4	K 18			00:08:52	00:50:31	01:32:10	02:14:34	02:57:30.62	8:24	7.1
50	BERSZTOLC AGNIESZKA	633	NOWI SIEDLCE/NW WSCHÓD	SUTNO	POL	K50-59	8	K 19			00:08:14	00:47:17	01:27:56	02:11:38	02:57:42.97	8:25	7.1
51	GERLE-KOTULA ANNA	641	UNIA MIAST	KATOWICE	POL	K30-39	2	K 20			00:08:26	00:50:05	01:32:39	02:15:27	02:58:22.89	8:27	7.1
52	MARCINKOWSKI WOJTEK	660	UNIA MIAST	LUBLINIEC	POL	M40-49	6	M 32			00:08:00	00:48:45	01:31:46	02:14:36	02:58:31.25	8:27	7.1
53	ZALEWSKA AGNIESZKA	688		TEREMISKI	POL	K30-39	3	K 21	1		00:08:14	00:48:33	01:30:25	02:13:45	03:00:06.26	8:32	7

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54	SURIAK EWELINA	677	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K18-29	1	K 22			00:08:58	00:49:04	01:31:01	02:14:11	03:00:09.75	8:32	7
55	SZEWCZYK MAREK	680	FACE NORDIC WALKING TEAM	WARSZAWA	POL	M50-59	12	M 33			00:08:28	00:50:42	01:35:12	02:21:57	03:08:57.25	8:57	6.7
56	WIŚNIEWSKA SYLWIA	696		RÓŻANKOWO		K30-39	4	K 23			00:08:46	00:50:55	01:34:14	02:20:05	03:09:36.71	8:59	6.7
57	KARASIEWICZ IWONA	645	NORDIC CLUB SZCZECIN	WARSZAWA	POL	K30-39	5	K 24			00:09:02	00:53:47	01:38:40	02:24:43	03:14:36.20	9:13	6.5
58	SADOWSKA-CZMAK EWA	671	POWIAT HAJNOWSKI	HAJNÓWKA	POL	K40-49	7	K 25			00:09:08	00:53:47	01:39:35	02:27:59	03:21:34.12	9:33	6.3
59	CZMAK LESZEK	637	POWIAT HAJNOWSKI	HAJNÓWKA	POL	M40-49	7	M 34	1		00:10:18	00:54:51	01:40:44	02:29:12	03:22:45.48	9:36	6.2
60	SZEWCZYK AGNIESZKA	681	FACE NORDIC WALKING TEAM	WARSZAWA	POL	K40-49	8	K 26			00:09:18	00:55:41	01:43:39	02:33:27	03:24:24.98	9:41	6.2
61	CHRAPEK URSZULA	636	KS RUDZICA	RUDZICA	POL	K30-39	6	K 27			00:10:01	00:56:20	01:44:18	02:34:10	03:25:07.08	9:43	6.2