

## GLIWICKA DYCHA

Organizator: Fundacja Bieg Rzeźnika  
Data: 2018-11-04  
Miejsce: Gliwice  
Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 2000 miejsc wg czasu brutto

## GLIWICKA DYCHA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	CIEPŁAK MARCIN	1445		RYBNIK		M-20	1	M 1		00:32:18	00:33:33.20	00:33:34.20	3:11	18.8
2	POZEVILOV DMITRO	1010				M-30	1	M 2	00:15:58	00:32:23	00:33:46.50	00:33:46.50	3:12	18.7
3	CZAPLA KAMIL	1043	INŻYNIERIA BIEGANIA	RYBNIK	POL	M-20	2	M 3	00:15:59	00:33:11	00:34:32.00	00:34:33.20	3:17	18.2
4	ROSIŃSKI ARTUR	1296	PARKRUN KATOWICE	RUDA ŚLĄSKA	POL	M-20	3	M 4	00:17:05	00:34:59	00:36:18.45	00:36:19.45	3:27	17.4
5	PSTRAŚ LESZEK	1286	PARKRUN KATOWICE	KATOWICE	POL	M-30	2	M 5	00:18:01	00:36:51	00:38:08.55	00:38:10.80	3:37	16.5
6	SZYMAŃSKI BARTOSZ	1356	NIEWYMIĘKACZE	KATOWICE	POL	M-30	3	M 6	00:18:02	00:36:49	00:38:10.10	00:38:12.30	3:38	16.5
7	GIŻYŃSKI DAMIAN	1087	KOLEJARZ BEST 4U	JASTRZĘBIE-ZDRÓJ	POL	M-30	4	M 7	00:18:10	00:37:03	00:38:29.90	00:38:32.50	3:40	16.4
8	BABULA PRZEMYSŁAW	1015	GKS PIAST GLIWICE	GLIWICE	POL	M-20	4	M 8	00:17:44	00:37:26	00:38:55.85	00:38:58.10	3:42	16.2
9	MAŚLANKA TOMASZ	1202	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	BYTOM	POL	M-40	1	M 9	00:18:13	00:37:42	00:39:12.65	00:39:14.90	3:44	16.1
10	ROGOWSKI MACIEJ	1295	SREBRNI BIEGACZE TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-40	2	M 10	00:18:23	00:38:03	00:39:31.55	00:39:34.35	3:45	15.9
11	SZYMURA WOJCIECH	1358		RYBNIK	POL	M-40	3	M 11	00:18:52	00:38:54	00:40:18.75	00:40:23.70	3:50	15.6
12	BYRCZEK JAN	1001		GLIWICE		M-18	1	M 12	00:18:37	00:38:58	00:40:22.15	00:40:25.00	3:50	15.6
13	SNARSKI BOGDAN	1325	ALBATROSY	WARSZAWA	POL	M-30	5	M 13	00:18:52	00:38:55	00:40:25.40	00:40:28.70	3:50	15.6
14	OCHMAN PAWEŁ	1232	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	6	M 14	00:19:05	00:39:04	00:40:31.25	00:40:34.35	3:51	15.5
15	LEDWOŃ PAWEŁ	1513				M-30	7	M 15	00:19:22	00:39:01	00:40:37.35	00:40:40.70	3:52	15.5
16	KLIMAS KAMIL	1477		KATOWICE		M-30	8	M 16	00:19:56	00:39:41	00:41:03.25	00:41:08.60	3:54	15.3
17	WŁODARCZYK PATRYCJA	1009	JKLA JAWOR	JAWORZNO		K-30	1	K 1	00:20:00	00:39:45	00:41:13.90	00:41:15.55	3:55	15.3
18	BOJARCZUK TOMASZ	1028	PRO366	GLIWICE	POL	M-20	5	M 17	00:19:29	00:40:03	00:41:38.20	00:41:40.85	3:57	15.1
19	ALKER ANDRZEJ	1013		GLIWICE	POL	M-30	9	M 18	00:19:42	00:40:15	00:41:42.50	00:41:45.85	3:58	15.1
20	HALMAN TOMASZ	1105		GLIWICE	POL	M-30	10	M 19	00:19:26	00:40:30	00:41:58.20	00:42:01.80	3:59	15
21	GOŁYŚ GRZEGORZ	1496		KNURÓW		M-20	6	M 20	00:19:37	00:40:37	00:42:03.40	00:42:07.00	4:00	15
22	DZIDA JANUSZ	1063		ŻORY	POL	M-30	11	M 21	00:19:27	00:40:40	00:42:14.95	00:42:20.60	4:01	14.9
23	BROL DOMINIKA	1029	ENDURANCE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	K-30	2	K 2	00:20:10	00:40:51	00:42:24.65	00:42:28.40	4:02	14.9
24	KUCHARCZYK JAKUB	1002	OTK RZEŹNIK	GLIWICE		M-18	2	M 22	00:19:12	00:41:12	00:42:39.60	00:42:41.80	4:03	14.8
25	LEWICKA ELŻBIETA	1454		KNURÓW		K-40	1	K 3	00:20:17	00:41:11	00:42:40.55	00:42:43.35	4:03	14.8
26	JABŁOŃSKI TOMASZ	1488				M-40	4	M 23	00:19:37	00:40:51	00:42:41.15	00:42:44.30	4:03	14.8
27	KURAS MATEUSZ	1180	FAST FOOT TEAM SIEWIERZ	SIEWIERZ	POL	M-20	7	M 24	00:19:24	00:41:04	00:42:46.40	00:42:48.65	4:04	14.7
28	PIOTROWSKI GRZEGORZ	1267	SOCIOS SILESIA	SMOLNICA	POL	M-18	3	M 25	00:19:59	00:41:26	00:42:58.35	00:43:02.80	4:05	14.7
29	DOLATA KRZYSZTOF	1051	SOCIOS SILESIA	GLIWICE	POL	M-30	12	M 26	00:20:32	00:41:40	00:43:18.55	00:43:22.60	4:07	14.5
30	BUŁAWA FILIP	1004	OTK RZEŹNIK	GLIWICE		M-18	4	M 27	00:20:15	00:41:46	00:43:20.70	00:43:23.65	4:07	14.5
31	BRYŁA GRZEGORZ	1031		KNURÓW	POL	M-40	5	M 28	00:20:14	00:41:55	00:43:30.30	00:43:39.35	4:08	14.5
32	CIECIĄK GRZEGORZ	1041	MEGAWAT RUNNING TEAM	ŻORY	POL	M-40	6	M 29	00:20:56	00:41:59	00:43:33.25	00:43:41.55	4:08	14.5
33	SZASTAK DAMIAN	1343	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	M-40	7	M 30	00:20:12	00:42:03	00:43:44.30	00:43:48.80	4:09	14.4
34	SWARLIK RAFAŁ	1506				M-40	8	M 31	00:21:13	00:42:14	00:43:48.65	00:43:56.65	4:10	14.4
35	BLUS MARCIN	1024		ZABRZE	POL	M-40	9	M 32	00:20:21	00:42:19	00:44:02.25	00:44:06.45	4:11	14.3
36	MICHAŁSKI JAROSŁAW	1469		TARNOWSKIE GÓRY		M-30	13	M 33	00:21:05	00:43:05	00:44:38.05	00:44:57.55	4:15	14.1
37	NOWAK MATEUSZ	1227		GLIWICE	POL	M-20	8	M 34	00:20:45	00:43:15	00:44:52.85	00:44:58.80	4:16	14
38	PROKOP BARTOSZ	952		RUDA ŚLĄSKA		M-18	5	M 35	00:20:36	00:43:09	00:44:45.20	00:44:56.95	4:15	14.1
39	KONFEDERAK TOMASZ	1150		TWORÓG	POL	M-40	10	M 36	00:20:50	00:43:19	00:44:50.40	00:45:08.85	4:17	14
40	LILLA PIOTR	1186	ML DESIGN	JASTRZĘBIE - ZDRÓJ	POL	M-30	14	M 37	00:20:56	00:43:26	00:45:03.05	00:45:09.85	4:17	14
41	ZDON PAWEŁ	1404		KĘDZIERZYN-KOŹLE	POL	M-30	16	M 38	00:20:59	00:43:27	00:45:11.25	00:45:17.05	4:18	13.9
42	WOJEWÓDKA KRYSZTIAN	1386	SOCIOS SILESIA	SOŚNICOWICE	POL	M-20	9	M 39	00:21:00	00:43:46	00:45:22.00	00:45:25.90	4:19	13.9
43	EISLER TOMASZ	1067	SKLEPBIAKER.PL	CIĘCINA	POL	M-30	17	M 40	00:21:09	00:43:47	00:45:30.10	00:45:37.85	4:20	13.8
44	BOGUS BARTOSZ	1026	#LUBLINIEC	LUBLINIEC	POL	M-20	10	M 41	00:21:33	00:43:54	00:45:37.65	00:45:47.80	4:20	13.8
45	KAMIŃSKI JACEK	1129		GLIWICE	POL	M-30	15	M 42	00:21:27	00:43:28	00:45:08.10	00:45:56.55	4:17	14

















## GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
444	RUTKA WIOLA	1301		GLIWICE	POL	K-30	66	K 169	00:35:31	01:13:23	01:16:08.65	01:16:35.00	7:15	8.3
445	KOCHANEK JAROSŁAW	1139		GLIWICE	POL	M-40	83	M 276	00:33:53	01:12:38	01:15:19.35	01:16:42.05	7:10	8.4
446	GORZKOWSKA MAŁGORZATA	1093		SOSNOWIEC	POL	K-20	29	K 170	00:34:52	01:12:39	01:15:19.55	01:16:42.30	7:10	8.4
447	TRZASKALIK ALEKSANDRA	1366		GLIWICE	POL	K-20	28	K 171	00:34:51	01:12:38	01:15:19.05	01:16:42.40	7:10	8.4
448	RACZKOWSKA MAJA	1288		GLIWICE	POL	K-18	5	K 172	00:36:31	01:14:10	01:16:34.75	01:16:52.05	7:17	8.2
449	FAMUŁA MAREK	1070	FAMUŁA TEAM	KATOWICE	POL	M-60	7	M 277	00:36:39	01:13:55	01:16:37.45	01:17:14.85	7:17	8.2
450	PYREK MAREK	1432	TOROS DE ESPANA	LARYSZÓW	POL	M-30	117	M 278	00:36:01	01:13:27	01:16:04.65	01:17:43.60	7:14	8.3
451	ZIOŁKOWSKA BARBARA	1407		ŚWIĘTOCHŁOWICE	POL	K-30	67	K 173	00:34:09	01:13:25	01:16:10.35	01:17:50.10	7:15	8.3
452	STARCZEWSKA JOLANTA	690		GLIWICE	POL	K-30	68	K 174	00:35:11	01:14:26	01:17:11.95	01:18:12.55	7:21	8.2
453	STEFAŃSKA MAGDALENA	1438		GLIWICE		K-20	30	K 175	00:35:05	01:15:09	01:18:02.30	01:18:38.75	7:25	8.1
454	KONOPACKA KRYSZYNA	1151		GLIWICE	POL	K-60	3	K 176	00:35:46	01:15:25	01:18:12.70	01:18:42.45	7:26	8.1
455	CEBULAK GRZEGORZ	1037		GLIWICE	POL	M-40	84	M 279	00:34:34	01:15:41	01:18:18.65	01:19:02.95	7:27	8
456	TUROWSKA ANNA	1436		GLIWICE		K-40	60	K 177	00:35:46	01:16:07	01:18:56.30	01:19:32.40	7:31	8
457	STEFAŃSKA BEATA	1437		GLIWICE		K-50	12	K 178	00:35:46	01:16:06	01:18:56.00	01:19:32.50	7:31	8
458	OSTROWSKA JUSTYNA	1242	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	70	K 179	00:36:20	01:16:48	01:19:12.90	01:19:39.70	7:32	8
459	WOJTUKIEWICZ JUSTYNA	1387		GLIWICE	POL	K-30	69	K 180	00:37:02	01:16:02	01:18:44.15	01:20:12.05	7:30	8
460	FRĄC ELŻBIETA	1073	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	61	K 181	00:36:39	01:18:45	01:21:28.00	01:22:47.15	7:45	7.7
461	CZENCZEK MICHAŁ	1047	ETISOFT RUNNING TEAM	GLIWICE	POL	M-30	118	M 280	00:39:46	01:20:57	01:23:20.05	01:24:57.90	7:56	7.6
462	STELMASZCZUK DAMIAN	1337		GLIWICE	POL	M-40	85	M 281	00:39:01	01:22:09	01:24:47.15	01:25:05.75	8:04	7.4
463	CZENCZEK MAGDALENA	1046	ETISOFT RUNNING TEAM	GLIWICE	POL	K-30	71	K 182	00:39:47	01:20:57	01:23:58.60	01:25:36.40	7:59	7.5
464	REITER HANNA	1292	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	62	K 183	00:39:45	01:20:53	01:23:58.20	01:25:36.50	7:59	7.5
465	KOJ KRZYSZTOF	1145	PPP GLIWICE	GLIWICE	POL	M-30	119	M 282	00:39:10	01:20:41	01:25:18.80	01:26:34.40	8:07	7.4
466	SZEW CZUK SZYMON FRANCISZEK	1346		CHORZÓW	POL	M-20	42	M 283	00:40:04	01:23:37	01:26:13.50	01:26:35.45	8:12	7.3
467	TOMCZAK JOANNA	1363	ZABIEGANI NAUCZYCIELE	MIKOŁÓW	POL	K-30	72	K 184	00:40:02	01:24:00	01:27:08.55	01:27:47.25	8:18	7.2
468	PARUZEL AGNIESZKA	1252	ZABIEGANI NAUCZYCIELE	MIKOŁÓW	POL	K-40	64	K 185	00:40:03	01:24:00	01:27:17.30	01:27:56.00	8:18	7.2
469	ROGACKA - RZEPKA MARIA	1294	LOBOS TEAM	GLIWICE	POL	K-40	63	K 186	00:40:02	01:24:00	01:27:17.10	01:27:56.65	8:18	7.2
470	ADAMOWSKA KATARZYNA	1011	ZABIEGANI NAUCZYCIELE	GLIWICE	POL	K-30	73	K 187	00:40:02	01:24:00	01:27:17.30	01:27:56.70	8:18	7.2
471	SZCZYRBA ŁUKASZ	1345	EUVIC	ŚWIĘTOCHŁOWICE	POL	M-30	120	M 284	00:41:39	01:26:55	01:30:38.10	01:30:52.60	8:37	7
472	NIEWDANA ANNA	1224	EUVIC	KATOWICE	POL	K-20	32	K 188	00:41:37	01:26:52	01:30:36.15	01:30:52.65	8:37	7
473	SMOLNIK ALICJA	1323		GLIWICE	POL	K-20	31	K 189	00:41:42	01:26:32	01:29:46.75	01:31:18.40	8:33	7
474	SANESTRZIK JKAUB	1494		GLIWICE		M-20	43	M 285	00:41:42	01:26:32	01:29:46.70	01:31:18.50	8:33	7
475	MRÓWKA ILONA	1217		GLIWICE	POL	K-40	65	K 190	00:43:12	01:28:27	01:32:01.65	01:33:15.85	8:45	6.8
476	CIESZYŃSKA JOLA	906		GLIWICE		K-50	13	K 191	00:44:17	01:26:57	01:36:20.00	01:36:41.35	9:10	6.5
	WOJCIECH SZYMON	1385		GLIWICE	POL	M-20			00:26:33	DNF	DNF	DNF	-	-
									DNF					