

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM**

Organizator: Fundacja Bieg Rzeźnika  
 Data: 2019-01-26  
 Miejsce: Cisna  
 Dystans: 44,6 km  
 Klasyfikacja wg czasów brutto.


**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN**

| M-ce | Nazwisko i imię     | Nr  | Klub                            | M-scowość        | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---------------------------------|------------------|------|------|--------|------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | KOCZWARA TOMASZ     | 3   |                                 | Ć                | POL  | M40  | 1      | M 1  | 00:00:36 | 01:15:32 | 01:55:49 | 02:29:07 | 03:00:32 |          | 03:18:01.10 | 03:18:01.10 | 4:26   | 13.5 |
| 2    | KIDA PAWEŁ          | 659 |                                 |                  | POL  | M20  | 1      | M 2  |          |          | 02:02:47 | 02:36:28 | 03:10:27 |          | 03:28:10.35 | 03:28:10.35 | 4:40   | 12.9 |
| 3    | JENDRYCH ARTUR      | 701 | BIEGAJACY ŚWIDNIK               |                  | POL  | M20  | 2      | M 3  | 00:00:31 | 01:21:07 | 02:02:34 | 02:38:45 | 03:11:22 |          | 03:29:59.40 | 03:29:59.40 | 4:42   | 12.7 |
| 4    | KRUBA MARCIN        | 614 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | JAROSŁAW         | POL  | M30  | 1      | M 4  | 00:00:34 | 01:21:08 | 02:02:35 | 02:36:47 | 03:12:03 |          | 03:31:45.45 | 03:31:45.45 | 4:44   | 12.6 |
| 5    | CZYŻ GRZEGORZ       | 212 | GRUPA AZOTY - AUTOMATYKA TARNÓW | BOGUMIŁOWICE     | POL  | M50  | 1      | M 5  | 00:00:37 | 01:18:10 | 01:59:39 | 02:36:03 | 03:12:19 |          | 03:33:00.10 | 03:33:00.10 | 4:46   | 12.6 |
| 6    | TOMASIK STANISŁAW   | 641 | GORLIĆKA GRUPA BIEGOWA          | SZYMBARK         | POL  | M30  | 2      | M 6  | 00:01:08 | 01:22:36 | 02:06:04 | 02:42:02 | 03:15:23 |          | 03:33:08.15 | 03:33:08.15 | 4:46   | 12.6 |
| 7    | ŻUCHOWSKI DANIEL    | 770 | MUAY RUNNING TEAM               | KRAKÓW           |      | M30  | 3      | M 7  | 00:00:25 | 01:21:07 | 02:03:48 | 02:40:21 | 03:15:13 |          | 03:34:16.90 | 03:34:16.90 | 4:48   | 12.5 |
| 8    | SZAPAR PRZEMYSŁAW   | 732 | BIEGAMINA. SCARPA               | GDYNIA           | POL  | M40  | 2      | M 8  | 00:00:42 | 01:21:06 | 02:03:47 | 02:40:15 | 03:17:20 |          | 03:39:29.70 | 03:39:29.70 | 4:55   | 12.2 |
| 9    | PAWŁOWSKI ARKADIUSZ | 526 | ROCK&RUN                        | WARSZAWA         | POL  | M30  | 4      | M 9  | 00:00:36 | 01:23:12 | 02:06:59 | 02:43:43 | 03:20:13 |          | 03:39:52.90 | 03:39:52.90 | 4:55   | 12.2 |
| 10   | MORAWA MATEUSZ      | 754 | LACHO TEAM                      | RADZISZÓW        | POL  | M40  | 3      | M 10 | 00:00:42 | 01:26:59 | 02:13:07 | 02:48:42 | 03:23:22 |          | 03:42:49.30 | 03:42:49.30 | 4:59   | 12   |
| 11   | ZIAJKA KAROL        | 739 |                                 | RYMANÓW          | POL  | M20  | 3      | M 11 | 00:02:04 | 01:27:12 | 02:12:35 | 02:50:22 | 03:24:33 |          | 03:42:54.20 | 03:42:54.20 | 4:59   | 12   |
| 12   | BAŁATKA KRZYSZTOF   | 389 | AZS WSGK KUTNO                  | KUTNO            | POL  | M30  | 5      | M 12 | 00:00:29 | 01:26:09 | 02:10:55 | 02:46:15 | 03:22:59 |          | 03:43:43.25 | 03:43:43.25 | 5:00   | 12   |
| 13   | BARAN WOJTEK        | 215 | OKNOPLAST RUNNING TEAM          | ZABAWA/WIELICZKA | POL  | M30  | 6      | M 13 | 00:00:30 | 01:22:13 | 02:07:30 | 02:45:56 | 03:24:13 |          | 03:46:05.50 | 03:46:05.50 | 5:04   | 11.8 |
| 14   | BIAŁOWĄS TOMASZ     | 520 | STAJNIA BALONA                  | RZESZÓW          | POL  | M30  | 7      | M 14 | 00:01:10 | 01:27:07 | 02:13:25 | 02:51:00 | 03:26:47 |          | 03:47:20.60 | 03:47:20.60 | 5:05   | 11.8 |
| 15   | KWIATKOWSKI MICHAEL | 56  |                                 | KRAKÓW           | POL  | M30  | 8      | M 15 | 00:00:32 | 01:24:45 | 02:09:47 | 02:48:06 | 03:27:16 |          | 03:48:35.85 | 03:48:35.85 | 5:07   | 11.7 |
| 16   | WÓJCIK JACEK        | 449 |                                 | GWOŹNICA GÓRNA   | POL  | M40  | 4      | M 16 | 00:01:14 | 01:28:11 | 02:15:21 | 02:53:25 | 03:30:29 |          | 03:49:32.15 | 03:49:32.15 | 5:08   | 11.7 |
| 17   | PASIECZNY ROBERT    | 393 | FARTLEK GO                      | GORZYCE          | POL  | M40  | 5      | M 17 | 00:00:38 | 01:26:09 | 02:12:34 | 02:50:37 | 03:28:13 | 00:02:00 | 03:51:12.45 | 03:51:12.45 | 5:08   | 11.7 |
| 18   | ORŁOWSKI ANDRZEJ    | 227 | POTRENUJEMY?                    | CEZARYN          | POL  | M20  | 4      | M 18 | 00:00:33 | 01:23:31 | 02:10:43 | 02:53:53 | 03:31:25 |          | 03:52:09.10 | 03:52:09.10 | 5:12   | 11.5 |
| 19   | TRYNIECKI KRZYSZTOF | 262 |                                 | LUBACZÓW         | POL  | M40  | 6      | M 19 | 00:01:32 | 01:56:59 |          |          |          |          | 03:54:48.10 | 03:54:48.10 | 5:15   | 11.4 |
| 20   | GOŚCINIOWICZ PAWEŁ  | 343 | ZIEMOWIT TEAM                   | KATOWICE         | POL  | M40  | 7      | M 20 | 00:00:32 | 01:27:21 | 02:16:34 | 02:58:47 | 03:36:05 |          | 03:54:58.25 | 03:54:58.25 | 5:16   | 11.4 |
| 21   | ZYSKOWSKI ANDRZEJ   | 524 | GORDON MOTORYZACJA              | OLSZTYN          | POL  | M40  | 8      | M 21 | 00:01:12 | 01:30:47 | 02:17:47 | 02:57:48 | 03:35:33 |          | 03:56:17.20 | 03:56:17.20 | 5:17   | 11.3 |
| 22   | KUDŁAK PAWEŁ        | 567 | PORANNY PATROL                  | KRAKÓW           | POL  | M30  | 9      | M 22 | 00:00:47 | 01:30:52 | 02:17:40 | 02:57:58 | 03:35:27 |          | 03:56:43.65 | 03:56:43.65 | 5:18   | 11.3 |
| 23   | MATYASZEK WALDEMAR  | 740 |                                 | JASIEŃ           | POL  | M40  | 9      | M 23 | 00:00:50 | 01:27:21 | 02:15:22 | 02:56:14 | 03:35:33 |          | 03:56:49.45 | 03:56:49.45 | 5:18   | 11.3 |
| 24   | KOBIERSKI PIOTR     | 14  | UKA ULTRAS RUNNERS              | WARSZAWA         | POL  | M40  | 10     | M 24 | 00:00:38 | 01:28:32 | 02:17:13 | 02:57:42 | 03:35:31 |          | 03:57:03.10 | 03:57:03.10 | 5:18   | 11.3 |
| 25   | SOKOŁOWSKI MAREK    | 5   | ALPIN SPORT TEAM                | MYSŁOWICE-WESOŁA | POL  | M50  | 2      | M 25 | 00:00:34 | 01:27:55 | 02:16:20 | 02:58:19 | 03:37:01 |          | 03:58:43.50 | 03:58:43.50 | 5:21   | 11.2 |
| 26   | PIETRZYK WOJCIECH   | 365 | LACHO TEAM                      | KRAKÓW           | POL  | M40  | 11     | M 26 | 00:00:43 | 01:27:15 | 02:13:44 | 02:54:45 | 03:36:34 |          | 03:59:15.90 | 03:59:15.90 | 5:21   | 11.2 |
| 27   | PABIAN PAWEŁ        | 755 | WALKABOUT TEAM                  | KRASNE           | POL  | M30  | 10     | M 27 | 00:01:23 | 01:28:39 | 02:17:33 | 02:59:17 | 03:37:21 |          | 03:59:17.40 | 03:59:17.40 | 5:21   | 11.2 |
| 28   | JASŁOWSKA JUSTYNA   | 94  | POSMAKUJ RUN TEAM               | JEDLUCZE         | POL  | K30  | 1      | K 1  | 00:00:54 | 01:31:42 | 02:20:47 | 03:00:35 | 03:38:00 |          | 03:59:19.90 | 03:59:19.90 | 5:21   | 11.2 |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość               | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|-------------------------|------|------|--------|------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
|      |                     |     |  | ć                       |      |      |        |      |          |          |          |          |          |          |             |             |        |      |
| 29   | SZAPORÓW ŁUKASZ     | 100 | INFINITY-GYM   | PROSZOWICE              | POL  | M30  | 11     | M 28 | 00:00:34 | 01:26:28 | 02:15:53 | 02:58:10 | 03:38:32 |          | 04:01:13.75 | 04:01:13.75 | 5:24   | 11.1 |
| 30   | WAŻNY STANISŁAW     | 281 | MEDIA<br>LUBACZOWSKIE                                | LUBACZÓW                | POL  | M40  | 12     | M 29 | 00:01:31 | 01:26:53 | 02:13:50 | 02:56:15 | 03:38:06 |          | 04:01:33.55 | 04:01:33.55 | 5:24   | 11.1 |
| 31   | NIEZGODA MARCIN     | 381 | KKB MOSIR<br>KROSNO                                  | KROSNO                  | POL  | M20  | 5      | M 30 | 00:00:31 | 01:30:18 | 02:20:10 | 03:00:24 | 03:39:44 |          | 04:01:45.20 | 04:01:45.20 | 5:25   | 11.1 |
| 32   | STAŃKO PAWEŁ        | 396 | BIESY I CZORTY                                       | LUTOWISKA               | POL  | M40  | 13     | M 31 | 00:02:09 | 01:37:28 | 02:26:07 | 03:07:09 | 03:43:18 |          | 04:02:30.40 | 04:02:30.40 | 5:26   | 11   |
| 33   | MAKA SŁAWOMIR       | 493 | STARGLOSS<br>TEAM<br>OSTROŁĘKA                       | OSTROŁĘKA               | POL  | M50  | 3      | M 32 | 00:00:40 | 01:31:18 | 02:20:08 | 03:01:04 | 03:40:44 |          | 04:03:41.60 | 04:03:41.60 | 5:27   | 11   |
| 34   | MARZEC GRZEGORZ     | 236 | GMINA STRZELCE<br>OPOLSKIE                           | SZCZEPANEK              | POL  | M40  | 14     | M 33 | 00:00:40 | 01:34:31 | 02:24:11 | 03:05:10 | 03:43:47 |          | 04:04:38.30 | 04:04:38.30 | 5:29   | 10.9 |
| 35   | BĘTKOWSKI WOJCIECH  | 263 | BRYGADA<br>BESKIDÓW                                  | STRÓŻE                  | POL  | M50  | 4      | M 34 | 00:00:32 | 01:30:46 | 02:21:50 | 03:04:57 | 03:43:55 |          | 04:05:16.40 | 04:05:16.40 | 5:29   | 10.9 |
| 36   | DYDIO PIOTR         | 551 | PID-MILL TEAM  | SANOK                   | POL  | M50  | 5      | M 35 | 00:00:49 | 01:33:40 | 02:22:12 | 03:03:51 | 03:43:57 |          | 04:05:49.35 | 04:05:49.35 | 5:30   | 10.9 |
| 37   | KIMMER JAKUB        | 238 | BIEGING TEAM<br>ZELÓW                                | ZELÓW                   | POL  | M30  | 12     | M 36 | 00:00:59 | 01:35:28 | 02:24:37 | 03:05:32 | 03:44:57 |          | 04:05:56.25 | 04:05:56.25 | 5:30   | 10.9 |
| 38   | LUBAŃSKI ROBERT     | 670 |  | BUKOWICE                | POL  | M50  | 6      | M 37 | 00:01:16 | 01:33:16 | 02:23:09 | 03:05:00 | 03:44:39 |          | 04:07:10.40 | 04:07:10.40 | 5:32   | 10.8 |
| 39   | PIĘKOŚ MAREK        | 736 |  | JEDLICZE                | POL  | M30  | 13     | M 38 | 00:01:19 | 01:32:32 | 02:21:37 | 03:04:21 | 03:45:35 |          | 04:08:10.70 | 04:08:10.70 | 5:33   | 10.8 |
| 40   | KORAB ROBERT        | 78  |  | RZESZÓW                 | POL  | M40  | 15     | M 39 | 00:00:34 | 01:33:40 | 02:23:32 | 03:05:04 | 03:46:34 |          | 04:09:03.70 | 04:09:03.70 | 5:35   | 10.7 |
| 41   | MACKIEWICZ ROMAN    | 181 | ŁÓDŹ RUNNING<br>TEAM                                 | ŁÓDŹ                    | POL  | M50  | 7      | M 40 | 00:02:09 | 02:17:47 |          |          |          |          | 04:09:14.85 | 04:09:14.85 | 5:35   | 10.7 |
| 42   | GOŁĄB MAREK         | 216 | STAY INSANE  | LUBLIN                  | POL  | M30  | 14     | M 41 | 00:00:42 | 01:34:10 | 02:25:56 | 03:09:48 | 03:48:47 |          | 04:10:06.90 | 04:10:06.90 | 5:36   | 10.7 |
| 43   | BRENDZOWSKI ADAM    | 69  | SOLINATEAM /<br>RUNONLINETEAM                        | POLAŃCZYK               | POL  | M30  | 15     | M 42 | 00:00:58 | 01:33:10 | 02:22:57 | 03:06:28 | 03:48:41 |          | 04:11:01.55 | 04:11:01.55 | 5:37   | 10.7 |
| 44   | SZWAJA MATEUSZ      | 738 | OTK<br>RZEŹNIK/UKS<br>KOMETA GLIWICE                 | GLIWICE                 | POL  | M20  | 6      | M 43 | 00:00:28 | 01:27:26 | 02:18:49 | 03:05:41 | 03:46:37 |          | 04:11:08.60 | 04:11:08.60 | 5:37   | 10.7 |
| 45   | CHODAKOWSKI RAFAŁ   | 273 | OSTROBIEC  | ĆMIELÓW                 | POL  | M40  | 16     | M 44 | 00:01:34 | 01:37:28 | 02:29:43 | 03:10:39 | 03:49:42 |          | 04:11:13.75 | 04:11:13.75 | 5:37   | 10.7 |
| 46   | SŁĘCZKA DAMIAN      | 193 | BIOMEDYCYNNA<br>SP. Z O.O.<br>RZESZÓW                | RZESZÓW                 | POL  | M30  | 16     | M 45 | 00:01:16 | 01:34:42 | 02:26:00 | 03:09:17 | 03:49:45 |          | 04:11:37.35 | 04:11:37.35 | 5:38   | 10.6 |
| 47   | LANGE BEATA         | 513 | BIŁGORAJ BIEGA                                       | BIŁGORAJ                | POL  | K40  | 1      | K 2  | 00:01:14 | 01:35:54 | 02:26:34 | 03:09:21 | 03:49:45 |          | 04:11:58.40 | 04:11:58.40 | 5:38   | 10.6 |
| 48   | KALINOWSKI ŁUKASZ   | 16  |  | WARSZAWA                | POL  | M30  | 17     | M 46 | 00:00:49 | 01:36:49 | 02:28:08 | 03:10:43 | 03:50:20 |          | 04:12:03.25 | 04:12:03.25 | 5:39   | 10.6 |
| 49   | KLONOWSKI JACEK     | 264 |  | BIAŁOWIEŻA              | POL  | M40  | 17     | M 47 | 00:00:39 | 01:28:18 | 02:15:11 | 03:00:46 | 03:45:53 |          | 04:12:06.80 | 04:12:06.80 | 5:39   | 10.6 |
| 50   | TAJCHMAN JAROSŁAW   | 686 |  | RZESZÓW                 | POL  | M30  | 18     | M 48 | 00:01:16 | 01:38:55 | 02:31:19 | 03:11:45 | 03:50:21 |          | 04:12:07.70 | 04:12:07.70 | 5:39   | 10.6 |
| 51   | RUDZKI TOMASZ       | 182 | RAJSPOORT ACTIVE                                     | KONSTANTY<br>NÓW ŁÓDZKI | POL  | M40  | 18     | M 49 | 00:02:09 | 02:17:50 |          |          |          |          | 04:12:14.70 | 04:12:14.70 | 5:39   | 10.6 |
| 52   | DYREK MICHAŁ        | 653 | MOK MSZANA<br>DOLNA                                  | MSZANA<br>GÓRNA         | POL  | M30  | 19     | M 50 | 00:00:51 | 01:31:10 | 02:22:55 | 03:06:43 | 03:48:42 |          | 04:12:16.70 | 04:12:16.70 | 5:39   | 10.6 |
| 53   | MAZUREK ROBERT      | 485 | LUBELSKIE<br>STOWARZYSZENIE<br>BIEGOWE /<br>LUBELAKY | LUBLIN                  | POL  | M40  | 19     | M 51 | 00:00:41 | 01:34:10 | 02:25:55 | 03:09:48 | 03:49:44 |          | 04:14:05.85 | 04:14:05.85 | 5:41   | 10.5 |
| 54   | ZAGÓRNY ROBERT      | 368 | MBM<br>KAZIMIERÓW                                    | HALINÓW                 | POL  | M40  | 20     | M 52 | 00:02:20 | 01:36:47 | 02:26:36 | 03:07:00 | 03:49:54 |          | 04:14:21.85 | 04:14:21.85 | 5:42   | 10.5 |
| 55   | DOMISZEWSKA MARIA   | 2   |  | USTRZYKI<br>DOLNE       | POL  | K50  | 1      | K 3  | 00:00:40 | 01:33:01 | 02:23:09 | 03:08:12 | 03:48:40 | 00:02:00 | 04:14:42.70 | 04:14:42.70 | 5:39   | 10.6 |
| 56   | PTASZYŃSKI WOJCIECH | 543 |  | FROMBORK                | POL  | M40  | 21     | M 53 | 00:00:51 | 01:34:16 | 02:27:12 | 03:09:47 | 03:52:13 |          | 04:15:22.35 | 04:15:22.35 | 5:43   | 10.5 |
| 57   | ROHAN ŁUKASZ        | 44  | PRZEMYSKI KLUB<br>BIEGACZA                           | PRZEMYŚL                | POL  | M30  | 20     | M 54 | 00:00:48 | 01:27:52 | 02:19:39 | 03:06:06 | 03:51:25 |          | 04:16:23.50 | 04:16:23.50 | 5:44   | 10.4 |
| 58   | BORYS ANDRZEJ       | 553 |  | ŁAZY                    | POL  | M40  | 22     | M 55 | 00:00:37 | 01:30:54 | 02:26:01 | 03:15:38 | 03:56:06 |          | 04:16:24.50 | 04:16:24.50 | 5:44   | 10.4 |
| 59   | FUS MACIEJ          | 148 |  | RZESZÓW                 | POL  | M30  | 21     | M 56 | 00:00:45 | 01:34:11 | 02:24:02 | 03:10:32 | 03:53:16 |          | 04:17:32.65 | 04:17:32.65 | 5:46   | 10.4 |
| 60   | DYREK MATEUSZ       | 566 |  | MSZANA<br>GÓRNA         | POL  | M30  | 22     | M 57 | 00:00:51 | 01:33:58 | 02:25:54 | 03:10:51 | 03:54:08 |          | 04:18:23.00 | 04:18:23.00 | 5:47   | 10.4 |
| 61   | BEREŚ ARKADIUSZ     | 741 | STUDIO REBELL  | RZESZÓW                 | POL  | M30  | 23     | M 58 | 00:00:33 | 01:35:02 | 02:32:18 | 03:16:17 | 03:57:11 |          | 04:18:30.00 | 04:18:30.00 | 5:47   | 10.4 |
| 62   | KMAK SŁAWEK         | 706 | PAPIKI   | GRYBÓW                  | POL  | M40  | 23     | M 59 | 00:00:47 | 01:34:40 | 02:27:38 | 03:12:11 | 03:55:16 |          | 04:18:35.70 | 04:18:35.70 | 5:47   | 10.3 |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce     | Nazwisko i imię     | Nr  | Klub                              | M-scowość    | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|----------|---------------------|-----|-----------------------------------|--------------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| <b>Ć</b> |                     |     |                                   |              |      |      |        |      |          |          |          |          |          |         |             |             |        |      |
| 63       | GWIZDAK JUSTYNA     | 577 | WATER TEAM                        | RZESZÓW      | POL  | K30  | 2      | K 4  | 00:01:15 | 01:37:08 | 02:30:53 | 03:16:21 | 03:57:20 |         | 04:19:23.55 | 04:19:23.55 | 5:48   | 10.3 |
| 64       | DELEKTA JAN         | 260 | DJ                                | ŁOWISKO      | POL  | M40  | 24     | M 60 | 00:01:39 | 01:38:49 | 02:33:09 | 03:17:26 |          |         | 04:20:01.80 | 04:20:01.80 | 5:49   | 10.3 |
| 65       | WOLSKI MARCIN       | 465 | WOLSCY BROTHERS TRIATHLON TEAM    | KRAKÓW       | POL  | M30  | 24     | M 61 | 00:00:45 | 01:37:29 | 02:28:08 | 03:12:26 | 03:56:27 |         | 04:20:06.80 | 04:20:06.80 | 5:49   | 10.3 |
| 66       | DELEKTA DARIUSZ     | 235 | DELNOVA                           | ŁOWISKO      | POL  | M30  | 25     | M 62 | 00:01:40 | 01:39:16 | 02:33:08 | 03:17:25 |          |         | 04:20:11.20 | 04:20:11.20 | 5:50   | 10.3 |
| 67       | ŁOSKÓT TOMASZ       | 562 | WILGA                             | POL          | M40  |      | 25     | M 63 | 00:00:39 | 01:34:39 | 02:28:06 | 03:14:39 | 03:57:16 |         | 04:20:41.60 | 04:20:41.60 | 5:50   | 10.3 |
| 68       | FIGLEWICZ PIOTR     | 572 | MYŚLENICE                         | POL          | M30  |      | 26     | M 64 | 00:03:26 | 01:45:35 | 02:40:48 | 03:20:26 |          |         | 04:21:25.10 | 04:21:25.10 | 5:51   | 10.2 |
| 69       | ZUREK PAWEŁ         | 15  | HULL                              | GBR          | M30  |      | 27     | M 65 | 00:00:34 | 01:31:20 | 02:26:17 | 03:12:18 | 03:56:07 |         | 04:22:18.70 | 04:22:18.70 | 5:52   | 10.2 |
| 70       | ŁAKOMY TOMASZ       | 45  | DACZA TURYSTY I BIEGACZA ZAKOPANE | OLESZYCE     | POL  | M30  | 28     | M 66 | 00:00:57 | 01:37:24 | 02:29:26 | 03:15:25 |          |         | 04:23:05.55 | 04:23:05.55 | 5:53   | 10.2 |
| 71       | KRYM KATARZYNA      | 719 | HERZOG RUNNING TEAM               | SMOLEC       | POL  | K40  | 2      | K 5  | 00:01:30 | 01:42:30 | 02:35:48 | 03:18:38 |          |         | 04:23:26.25 | 04:23:26.25 | 5:54   | 10.2 |
| 72       | ŁUKASIK MICHAŁ      | 286 | VELOBIKE SKLEP I SERWIS           | BUSKO-ZDRÓJ  | POL  | M30  | 29     | M 67 | 00:00:47 | 01:37:17 | 02:30:38 | 03:16:34 |          |         | 04:23:38.65 | 04:23:38.65 | 5:54   | 10.2 |
| 73       | JANECKA ARTUR       | 239 | BIEGING TEAM ZELÓW                | ŁASK         | POL  | M30  | 30     | M 68 | 00:02:07 | 01:37:01 | 02:29:05 | 03:15:20 |          |         | 04:24:40.05 | 04:24:40.05 | 5:56   | 10.1 |
| 74       | GAWRON MARCIN       | 521 | ROOKS TEAM / IDEO ACTIVE TEAM     | NOWY BOREK   | POL  | M30  | 31     | M 69 | 00:00:47 | 01:36:51 | 02:28:43 | 03:17:46 |          |         | 04:25:17.25 | 04:25:17.25 | 5:56   | 10.1 |
| 75       | WÓJCİK KRZYSZTOF    | 114 | NIGHT RUNNERS ŚWILCZA             | ŚWILCZA      | POL  | M40  | 26     | M 70 | 00:01:02 | 01:35:50 | 02:27:37 | 03:14:10 |          |         | 04:25:29.05 | 04:25:29.05 | 5:57   | 10.1 |
| 76       | FLĄDRO DANIEL       | 274 | WOKOWICE                          | POL          | M40  |      | 27     | M 71 | 00:00:49 | 01:33:40 | 02:26:57 | 03:16:28 |          |         | 04:25:30.45 | 04:25:30.45 | 5:57   | 10.1 |
| 77       | POPIEL ANDRZEJ      | 705 | POPSMART.PL                       | KRAKÓW       | POL  | M30  | 32     | M 72 | 00:00:33 | 01:31:26 | 02:23:04 | 03:16:43 |          |         | 04:26:30.00 | 04:26:30.00 | 5:58   | 10   |
| 78       | GUZIK ŁUKASZ        | 771 | ŁYSOKANIE                         | M30          |      |      | 33     | M 73 | 00:01:25 | 01:41:45 | 02:35:49 | 03:19:06 |          |         | 04:26:34.30 | 04:26:34.30 | 5:58   | 10   |
| 79       | SOLAREWICZ TOMASZ   | 585 | LATAJĄCY CYRK MONTY PYTHONA       | LUTON        | POL  | M40  | 28     | M 74 | 00:01:52 | 01:37:29 | 02:29:09 | 03:16:25 | 04:03:16 |         | 04:27:39.10 | 04:27:39.10 | 6:00   | 10   |
| 80       | KOMISARCZYK ANNA    | 537 | WIECZORNE BIEGANIE W SZCZECINIE   | SZCZECIN     | POL  | K30  | 3      | K 6  | 00:00:36 | 01:39:06 | 02:31:45 | 03:19:43 | 04:03:21 |         | 04:28:03.70 | 04:28:03.70 | 6:00   | 10   |
| 81       | WALASEK GRZEGORZ    | 342 | BIEGUSIEM.PL                      | RYKI         | POL  | M40  | 29     | M 75 | 00:01:01 | 01:34:43 | 02:29:52 | 03:19:50 | 04:02:54 |         | 04:28:38.65 | 04:28:38.65 | 6:01   | 10   |
| 82       | JASTRZĄB PIOTR      | 246 | DEKAN LESKO                       | LESKO        | POL  | M50  | 8      | M 76 | 00:00:42 | 01:38:39 | 02:34:26 | 03:23:19 | 04:06:52 |         | 04:28:54.65 | 04:28:54.65 | 6:01   | 10   |
| 83       | KLIMEK MATEUSZ      | 199 | SZCZECIN                          | POL          | M30  |      | 34     | M 77 | 00:00:48 | 01:36:01 | 02:30:20 | 03:19:01 | 04:03:20 |         | 04:29:28.00 | 04:29:28.00 | 6:02   | 9.9  |
| 84       | POTRZESZCZ TOMASZ   | 584 | LKB RUDNIK                        | GADKA        | POL  | M40  | 30     | M 78 | 00:02:19 | 01:37:30 | 02:32:18 | 03:18:55 | 04:03:55 |         | 04:29:54.60 | 04:29:54.60 | 6:03   | 9.9  |
| 85       | POTRZESZCZ GRZEGORZ | 21  | MIRZEC                            | POL          | M40  |      | 31     | M 79 | 00:02:20 | 01:37:54 | 02:32:12 | 03:19:19 | 04:03:55 |         | 04:29:54.85 | 04:29:54.85 | 6:03   | 9.9  |
| 86       | KRAWCZAK PAULINA    | 144 | BIEGUSIEM.PL                      | DĘBLIN       | POL  | K30  | 4      | K 7  | 00:01:01 | 01:37:47 | 02:33:43 | 03:24:21 | 04:07:04 |         | 04:30:28.50 | 04:30:28.50 | 6:03   | 9.9  |
| 87       | SZPINDA SEBASTIAN   | 460 | BUT BIŁGORAJ ULTRA TRAIL          | BIŁGORAJ     | POL  | M40  | 32     | M 80 | 00:00:43 | 01:36:00 | 02:29:44 | 03:19:25 | 04:05:44 |         | 04:31:54.80 | 04:31:54.80 | 6:05   | 9.8  |
| 88       | KOSTKA JANUSZ       | 637 | POSMAKUJ RUN TEAM                 | SZCZEPAŃCOWA | POL  | M50  | 9      | M 81 | 00:00:55 | 01:31:46 | 02:25:06 | 03:16:08 | 04:02:53 |         | 04:32:19.65 | 04:32:19.65 | 6:06   | 9.8  |
| 89       | BIESZCZAD MATEUSZ   | 295 | NOWY STYL GROUP RUNNING TEAM      | WOJASZÓWKA   | POL  | M30  | 35     | M 82 | 00:02:23 | 01:41:29 | 02:34:30 | 03:19:45 | 04:04:59 |         | 04:32:20.70 | 04:32:20.70 | 6:06   | 9.8  |
| 90       | KUSTROŃ ADAM        | 629 | PULEX                             | KROSNO       | POL  | M50  | 10     | M 83 | 00:02:14 | 01:38:48 | 02:29:13 | 03:19:41 | 04:05:13 |         | 04:32:28.55 | 04:32:28.55 | 6:06   | 9.8  |
| 91       | DĄBROWICZ JAKUB     | 548 | KOMORNIKI                         | POL          | M30  |      | 36     | M 84 | 00:00:44 | 01:40:49 | 02:37:16 | 03:23:49 | 04:07:52 |         | 04:32:48.05 | 04:32:48.05 | 6:06   | 9.8  |
| 92       | KOŁACKA MARTYNA     | 176 | WODZISŁAW ŚLĄSKI                  | POL          | K30  |      | 5      | K 8  | 00:00:48 | 01:39:35 | 02:34:15 | 03:24:14 | 04:09:15 |         | 04:33:40.30 | 04:33:40.30 | 6:08   | 9.8  |
| 93       | LONC TOMASZ         | 446 | M&T WYJADACZE PARÓWKÓW            | RZESZÓW      | POL  | M40  | 33     | M 85 | 00:00:43 | 01:36:25 | 02:32:58 | 03:19:07 | 04:08:42 |         | 04:34:10.65 | 04:34:10.65 | 6:08   | 9.8  |
| 94       | REJ MIROSŁAW        | 445 | M&T WYJADACZE PARÓWKÓW            | MIELEC       | POL  | M30  | 37     | M 86 | 00:00:41 | 01:36:22 | 02:27:30 | 03:18:22 | 04:08:39 |         | 04:35:02.50 | 04:35:02.50 | 6:10   | 9.7  |
| 95       | SMOLEN JANUSZ       | 415 | LUTON                             | POL          | M40  |      | 34     | M 87 | 00:01:55 | 01:42:40 | 02:36:35 | 03:26:21 | 04:10:33 |         | 04:35:28.70 | 04:35:28.70 | 6:10   | 9.7  |
| 96       | BAĆMAGA GRZEGORZ    | 698 | BIEGIEM RADOM                     | RADOM        | POL  | M50  | 11     | M 88 | 00:00:39 | 01:42:25 | 02:39:48 | 03:28:10 | 04:12:12 |         | 04:36:48.70 | 04:36:48.70 | 6:12   | 9.7  |
| 97       | STACHURSKI PIOTR    | 673 | JEDLŃIA LETNISKO                  | POL          | M30  |      | 38     | M 89 | 00:00:37 | 01:33:06 | 02:29:51 | 03:22:18 | 04:11:44 |         | 04:37:30.50 | 04:37:30.50 | 6:13   | 9.6  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                            | M-scowość          | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------------------|--------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 98   | GRABIEC MARCIN       | 627 |                                 | KOLBUSZOWA         | POL  | M30  | 39     | M 90  | 00:02:11 | 01:36:52 | 02:31:30 | 03:20:12 | 04:09:42 |         | 04:37:33.20 | 04:37:33.20 | 6:13   | 9.6  |
| 99   | SARKA BARTŁOMIEJ     | 86  |                                 | RABKA-ZDRÓJ        | POL  | M30  | 40     | M 91  | 00:01:39 | 01:44:40 | 02:43:27 | 03:31:11 | 04:13:44 |         | 04:37:34.75 | 04:37:34.75 | 6:13   | 9.6  |
| 100  | TKACZEWSKI PIOTR     | 224 | MIECHÓW                         | MIECHÓW            | POL  | M40  | 35     | M 92  | 00:01:35 | 01:47:10 | 02:45:27 | 03:32:03 | 04:14:26 |         | 04:37:37.25 | 04:37:37.25 | 6:13   | 9.6  |
| 101  | CIĘŻKOWSKI SŁAWOMIR  | 153 |                                 | TARNÓW             | POL  | M40  | 36     | M 93  | 00:01:31 | 01:41:58 | 02:42:36 | 03:31:28 | 04:14:04 |         | 04:37:38.35 | 04:37:38.35 | 6:13   | 9.6  |
| 102  | SIWCZUK ALEKSANDRA   | 302 |                                 | WARSZAWA           | POL  | K30  | 6      | K 9   | 00:01:20 | 01:44:55 | 02:41:52 | 03:29:45 | 04:14:07 |         | 04:37:51.05 | 04:37:51.05 | 6:13   | 9.6  |
| 103  | AGRES PAWEŁ          | 217 | KW KOTŁOWNIA                    | LUBLIN             | POL  | M30  | 41     | M 94  | 00:01:03 | 01:41:21 | 02:36:59 | 03:30:27 | 04:15:01 |         | 04:38:06.55 | 04:38:06.55 | 6:14   | 9.6  |
| 104  | GUDOWSKI KRYSZTIAN   | 623 |                                 | SANOK              | POL  | M30  | 42     | M 95  | 00:01:48 | 01:50:46 | 02:45:16 | 03:32:20 | 04:15:28 |         | 04:38:08.90 | 04:38:08.90 | 6:14   | 9.6  |
| 105  | OCHYRA KONRAD        | 488 |                                 | LESKO              | POL  | M20  | 7      | M 96  | 00:01:27 | 01:40:09 | 02:39:00 | 03:31:40 | 04:15:40 |         | 04:38:10.90 | 04:38:10.90 | 6:14   | 9.6  |
| 106  | GAWROŃSKI KAMIL      | 542 | BIEGING TEAM ZELÓW              | ZELÓW              | POL  | M20  | 8      | M 97  | 00:02:13 | 01:47:18 | 02:46:56 | 03:31:53 | 04:15:39 |         | 04:39:04.30 | 04:39:04.30 | 6:15   | 9.6  |
| 107  | PIASECZNY MARCIN     | 534 | RUN-G                           | KRAKÓW             | POL  | M40  | 37     | M 98  | 00:01:03 | 01:39:36 | 02:39:34 | 03:30:37 | 04:15:24 |         | 04:39:45.05 | 04:39:45.05 | 6:16   | 9.6  |
| 108  | GRĘBOWIEC MATEUSZ    | 282 | TSA SANDOMIERZ                  | SANDOMIERZ         | POL  | M30  | 43     | M 99  | 00:01:45 | 01:41:11 | 02:36:40 | 03:29:27 | 04:15:29 |         | 04:40:53.40 | 04:40:53.40 | 6:17   | 9.5  |
| 109  | NALAZEK MARCIN       | 67  | PIASECZNO RUNNING               | WARSZAWA           | POL  | M30  | 44     | M 100 | 00:02:00 | 01:42:01 | 02:39:00 | 03:29:14 | 04:15:24 |         | 04:41:25.25 | 04:41:25.25 | 6:18   | 9.5  |
| 110  | ZAJĄC JÓZEF          | 180 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | TULIGŁOWY          | POL  | M40  | 38     | M 101 | 00:01:36 | 01:46:24 | 02:44:31 | 03:33:46 | 04:18:24 |         | 04:41:42.00 | 04:41:42.00 | 6:18   | 9.5  |
| 111  | FELUCH KRZYSZTOF     | 722 | ORA WARSZAWA                    | WARSZAWA           | POL  | M40  | 39     | M 102 | 00:01:08 | 01:46:13 | 02:46:39 | 03:37:05 | 04:19:41 |         | 04:42:13.85 | 04:42:13.85 | 6:19   | 9.5  |
| 112  | JENERALSKI MIŁOSZ    | 495 | FREE PALESTINE                  | TUCHOLA            | POL  | M40  | 40     | M 103 | 00:01:32 | 01:38:04 | 02:35:50 | 03:25:53 | 04:15:25 |         | 04:42:27.05 | 04:42:27.05 | 6:19   | 9.5  |
| 113  | KUTNIK MIROSŁAW      | 727 | KB BIAŁA BIEGA                  | BIAŁA PODLASKA     | POL  | M40  | 41     | M 104 | 00:03:09 | 01:45:10 | 02:44:58 | 03:32:58 | 04:17:29 |         | 04:42:37.20 | 04:42:37.20 | 6:20   | 9.5  |
| 114  | KARPIŃSKI TOMASZ     | 128 |                                 | RZESZÓW            | POL  | M40  | 42     | M 105 | 00:00:46 | 01:42:39 | 02:40:54 | 03:30:23 | 04:16:16 |         | 04:43:04.55 | 04:43:04.55 | 6:20   | 9.5  |
| 115  | PANTOŁ MIROSŁAW      | 149 |                                 | RZESZÓW            | POL  | M40  | 43     | M 106 | 00:00:46 | 01:40:22 | 02:38:54 | 03:30:27 | 04:16:17 |         | 04:43:05.05 | 04:43:05.05 | 6:20   | 9.5  |
| 116  | BARAN MATEUSZ        | 283 | GORLICKA GRUPA BIEGOWA          | SZYMBARK           | POL  | M30  | 45     | M 107 | 00:01:55 | 01:49:04 | 02:48:40 | 03:37:19 | 04:20:50 |         | 04:43:30.00 | 04:43:30.00 | 6:21   | 9.4  |
| 117  | GAWLEWICZ KRYSZYNA   | 470 | GAWEŁKI TEAM                    | SANOK              | POL  | K30  | 7      | K 10  | 00:01:45 | 01:45:01 | 02:42:59 | 03:33:38 | 04:19:04 |         | 04:43:32.25 | 04:43:32.25 | 6:21   | 9.4  |
| 118  | WIERNASZ GRZEGORZ    | 234 | KARCHER SUCHODÓŁ                | KROSNO             | POL  | M40  | 44     | M 108 | 00:01:07 | 01:46:21 | 02:44:03 | 03:31:47 | 04:18:00 |         | 04:44:08.90 | 04:44:08.90 | 6:22   | 9.4  |
| 119  | MYŚLIWIEC ROBERT     | 522 | WILD & FREE                     | RZESZÓW            | POL  | M30  | 46     | M 109 | 00:02:16 | 01:44:23 | 02:43:22 | 03:32:44 | 04:18:57 |         | 04:44:13.65 | 04:44:13.65 | 6:22   | 9.4  |
| 120  | DUC-SYPOSZ AURELIUSZ | 420 |                                 | WIELICZKA          | POL  | M40  | 45     | M 110 | 00:02:21 | 01:51:17 | 02:48:48 | 03:37:50 | 04:21:31 |         | 04:45:27.45 | 04:45:27.45 | 6:24   | 9.4  |
| 121  | BONDARA SYLWIA       | 1   | JACEKBIEGA RUNNING TEAM         | WARSZAWA           | POL  | K30  | 8      | K 11  | 00:00:39 | 01:41:39 | 02:42:26 | 03:32:20 | 04:19:36 |         | 04:45:53.30 | 04:45:53.30 | 6:24   | 9.4  |
| 122  | POTONIEC GRZEGORZ    | 117 | RODZEŃSTWO                      | WARSZAWA, LIMANOWA | POL  | M30  | 47     | M 111 | 00:01:14 | 01:40:06 | 02:42:42 | 03:38:13 | 04:21:04 |         | 04:46:17.75 | 04:46:17.75 | 6:25   | 9.3  |
| 123  | WĘCLAŚ MACIEJ        | 289 | ---                             | GÓRA KALWARIA      | POL  | M40  | 46     | M 112 | 00:02:23 | 01:48:21 | 02:47:42 | 03:38:50 | 04:22:37 |         | 04:46:42.25 | 04:46:42.25 | 6:25   | 9.3  |
| 124  | JÓŻWIAK RAFAŁ        | 68  |                                 | WARSZAWA           | POL  | M30  | 48     | M 113 | 00:02:04 | 01:47:05 | 02:43:53 | 03:37:44 | 04:22:05 |         | 04:47:19.65 | 04:47:19.65 | 6:26   | 9.3  |
| 125  | GAWORECKI TOMASZ     | 47  | POZYTYWNE ZABIEGANI SANOK       | SANOK              | POL  | M30  | 49     | M 114 | 00:02:49 | 01:53:18 | 02:51:10 | 03:40:33 | 04:23:16 |         | 04:47:48.65 | 04:47:48.65 | 6:27   | 9.3  |
| 126  | GAWLEWICZ TOMASZ     | 471 | GAWEŁKI TEAM                    | SANOK              | POL  | M40  | 47     | M 115 | 00:01:46 | 01:45:00 | 02:43:00 | 03:33:39 | 04:20:22 |         | 04:47:51.30 | 04:47:51.30 | 6:27   | 9.3  |
| 127  | WNUK NORBERT         | 174 | PRZEMYSKI KLUB BIEGACZA         | PRZEMYŚL           | POL  | M30  | 50     | M 116 | 00:02:25 | 01:44:43 | 02:46:03 | 03:38:43 | 04:23:01 |         | 04:47:53.00 | 04:47:53.00 | 6:27   | 9.3  |
| 128  | WŁOCH SŁAWOMIR       | 241 |                                 | KROSNO             | POL  | M40  | 48     | M 117 | 00:01:07 | 01:46:18 | 02:44:08 | 03:35:38 | 04:22:24 |         | 04:48:05.75 | 04:48:05.75 | 6:27   | 9.3  |
| 129  | KRENZEL REGINA       | 734 |                                 | JAROSŁAW           | POL  | K30  | 9      | K 12  | 00:00:45 | 01:48:30 | 02:47:01 | 03:37:14 | 04:22:55 |         | 04:48:35.95 | 04:48:35.95 | 6:28   | 9.3  |
| 130  | WETHACZ DARIUSZ      | 763 |                                 | CISNA              | POL  | M30  | 51     | M 118 | 00:01:43 | 01:49:45 | 02:51:34 | 03:42:19 | 04:24:50 |         | 04:49:00.50 | 04:49:00.50 | 6:28   | 9.3  |
| 131  | DZIRBA TOMASZ        | 332 |                                 | NIEMCE             | POL  | M30  | 52     | M 119 | 00:01:21 | 01:52:35 | 02:49:26 | 03:38:56 | 04:23:47 |         | 04:49:27.95 | 04:49:27.95 | 6:29   | 9.2  |
| 132  | MENDYKA ŁUKASZ       | 171 | KB AKTYWNI ŚRODA WLKP.          | ŚRODA WLKP.        | POL  | M30  | 53     | M 120 | 00:03:00 | 01:44:46 | 02:41:44 | 03:34:03 | 04:22:13 |         | 04:49:28.25 | 04:49:28.25 | 6:29   | 9.2  |
| 133  | CHRUŚCIEL MICHAŁ     | 354 | FARTLEK GO                      | GORZYCE            | POL  | M30  | 54     | M 121 | 00:01:34 | 01:43:25 | 02:43:54 | 03:36:15 | 04:23:15 |         | 04:49:29.80 | 04:49:29.80 | 6:29   | 9.2  |
| 134  | WAŁACH-BIŚTA ZUZANNA | 458 |                                 | KATOWICE           | POL  | K30  | 10     | K 13  | 00:01:25 | 01:51:47 | 02:48:18 | 03:40:04 | 04:23:58 |         | 04:49:30.20 | 04:49:30.20 | 6:29   | 9.2  |
| 135  | TROJNAR DAMIAN       | 661 | KS JANUSZE                      | ŁAŃCUT             | POL  | M30  | 55     | M 122 | 00:01:32 | 01:45:37 | 02:44:42 | 03:38:58 | 04:24:33 |         | 04:49:30.75 | 04:49:30.75 | 6:29   | 9.2  |
| 136  | JABŁOŃSKI TOMASZ     | 307 | INŻYNIERIA BIEGANIA TEAM        | MARKŁOWIC E        | POL  | M40  | 49     | M 123 | 00:00:42 | 01:44:03 | 02:46:54 | 03:40:36 | 04:24:05 |         | 04:49:31.40 | 04:49:31.40 | 6:29   | 9.2  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub  | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|---|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 137  | KOSIN PAWEŁ             | 75  | KLUB BIEGAJĄCYCH LEŚNIKÓW                   | KIELCE           | POL  | M30  | 56     | M 124 | 00:01:11 | 01:49:03 | 02:46:51 | 03:37:15 | 04:24:20 |         | 04:49:32.50 | 04:49:32.50 | 6:29   | 9.2  |
| 138  | MACHNICKI RAFAŁ         | 285 |   | RYKI             | POL  | M30  | 57     | M 125 | 00:00:45 | 01:44:45 | 02:42:32 | 03:35:50 | 04:22:39 |         | 04:50:20.85 | 04:50:20.85 | 6:30   | 9.2  |
| 139  | JASNOWSKI MICHAŁ        | 675 |   | WARSZAWA         | POL  | M30  | 58     | M 126 | 00:01:02 | 01:44:38 | 02:43:24 | 03:37:42 | 04:24:39 |         | 04:50:31.70 | 04:50:31.70 | 6:30   | 9.2  |
| 140  | KOWALCZYK ALEKSANDER    | 559 |   | DZIAŁOSZYCE      | POL  | M30  | 59     | M 127 | 00:03:02 | 01:47:44 | 02:47:20 | 03:41:28 | 04:26:05 |         | 04:50:38.45 | 04:50:38.45 | 6:30   | 9.2  |
| 141  | MAJEWICZ GRZEGORZ       | 336 |   | MIECHÓW          | POL  | M40  | 50     | M 128 | 00:01:37 | 01:52:06 | 02:51:59 | 03:42:00 | 04:26:24 |         | 04:50:39.60 | 04:50:39.60 | 6:31   | 9.2  |
| 142  | TUCZAPSKI ARTUR         | 721 | COMBAT                                      | RUDNA MAŁA       | POL  | M60  | 1      | M 129 | 00:01:37 | 01:47:48 | 02:46:37 | 03:38:37 | 04:24:41 |         | 04:51:29.90 | 04:51:29.90 | 6:32   | 9.2  |
| 143  | CZECH MATEUSZ           | 610 | NOWOSOLSCY BIMBROWNICY                      | NOWA SÓL         | POL  | M20  | 9      | M 130 | 00:01:57 | 01:49:40 | 02:47:13 | 03:37:24 | 04:23:57 |         | 04:51:30.00 | 04:51:30.00 | 6:32   | 9.2  |
| 144  | KARUŚ WALDEMAR          | 720 | 14 DAS IM. GEN.BRYG.WACŁAWA WIECZORKIEWICZA | ORŁY             | POL  | M40  | 51     | M 131 | 00:01:49 | 01:50:25 | 02:48:49 | 03:40:46 | 04:25:58 |         | 04:51:48.10 | 04:51:48.10 | 6:32   | 9.2  |
| 145  | PODPŁOMYK ANDRZEJ       | 452 | SPORTCZESNA                                 | BARGŁY           | POL  | M40  | 52     | M 132 | 00:01:20 | 01:41:29 | 02:43:56 | 03:37:58 | 04:25:35 |         | 04:52:07.55 | 04:52:07.55 | 6:32   | 9.2  |
| 146  | SIKORA-KOŁODZIEJ IRMINA | 601 | BIESY I CZORTY                              | PRZEMYŚL         | POL  | K30  | 11     | K 14  | 00:02:22 | 01:55:07 | 02:56:34 | 03:49:06 | 04:29:58 |         | 04:52:11.40 | 04:52:11.40 | 6:33   | 9.2  |
| 147  | KULIBERDA TOMASZ        | 501 | TEATR O.DE.LA                               | RZESZÓW          | POL  | M40  | 53     | M 133 | 00:02:06 | 01:52:56 | 02:52:07 | 03:39:23 | 04:25:58 |         | 04:52:24.65 | 04:52:24.65 | 6:33   | 9.2  |
| 148  | PAŃTAK SŁAWOMIR         | 337 | 21DAPLOT JAROSŁAW                           | BIAŁOBRZEGI      | POL  | M40  | 54     | M 134 | 00:01:49 | 01:50:26 | 02:48:32 | 03:40:44 | 04:26:14 |         | 04:52:28.80 | 04:52:28.80 | 6:33   | 9.1  |
| 149  | ROGAŁA GRZEGORZ         | 136 |   | BOGUCHWAŁA       | POL  | M40  | 55     | M 135 | 00:00:54 | 01:41:40 | 02:41:00 | 03:32:30 | 04:25:09 |         | 04:53:28.90 | 04:53:28.90 | 6:34   | 9.1  |
| 150  | KLAMUT RYSZARD          | 333 | JABŁONICA POLSKA                            | JABŁONICA POLSKA | POL  | M60  | 2      | M 136 | 00:00:54 | 01:49:29 | 02:47:09 | 03:39:18 | 04:26:32 |         | 04:54:55.70 | 04:54:55.70 | 6:36   | 9.1  |
| 151  | NOWACZYK IGOR           | 363 |   | WARSZAWA         | POL  | M40  | 56     | M 137 | 00:03:27 | 01:48:22 | 02:47:58 | 03:41:09 | 04:27:06 |         | 04:54:57.20 | 04:54:57.20 | 6:36   | 9.1  |
| 152  | OLEWICZ PIOTR           | 540 | GMINA STRZELCE OP                           | STRZELCE OP      | POL  | M40  | 57     | M 138 | 00:00:41 | 01:43:48 | 02:44:04 | 03:41:48 | 04:28:15 |         | 04:54:59.35 | 04:54:59.35 | 6:36   | 9.1  |
| 153  | JĘDZURA DANIEL          | 22  | NIGHT RUNNERS GLIWICE                       | GLIWICE          | POL  | M30  | 60     | M 139 | 00:02:53 | 01:47:48 | 02:48:37 | 03:40:58 | 04:27:27 |         | 04:55:09.30 | 04:55:09.30 | 6:37   | 9.1  |
| 154  | MIKOLAJCZYK LUKASZ      | 557 |   | CZELADŹ          | POL  | M30  | 61     | M 140 | 00:01:01 | 01:48:40 | 02:47:13 | 03:40:51 | 04:27:36 |         | 04:55:30.80 | 04:55:30.80 | 6:37   | 9.1  |
| 155  | SIEMIENCZUK ROBERT      | 654 |   | WARSZAWA         | POL  | M40  | 58     | M 141 | 00:01:57 | 01:52:22 | 02:52:08 | 03:44:03 | 04:29:21 |         | 04:55:31.15 | 04:55:31.15 | 6:37   | 9.1  |
| 156  | ŚLIWIŃSKI ANDRZEJ       | 421 |   | MIECHÓW          | POL  | M60  | 3      | M 142 | 00:01:04 | 01:55:00 | 02:55:43 | 03:47:44 | 04:31:42 |         | 04:55:50.45 | 04:55:50.45 | 6:37   | 9    |
| 157  | BORUSZEWSKA BEATA       | 375 |   | BYTOM            | POL  | K40  | 3      | K 15  | 00:02:30 | 01:46:54 | 02:47:14 | 03:38:05 | 04:27:13 |         | 04:55:56.50 | 04:55:56.50 | 6:38   | 9    |
| 158  | GARNCARZ PAWEŁ          | 742 |   | WROCŁAW          | POL  | M40  | 59     | M 143 | 00:03:29 | 01:50:29 | 02:49:16 | 03:42:49 | 04:29:17 |         | 04:55:58.65 | 04:55:58.65 | 6:38   | 9    |
| 159  | SZYK ARTUR              | 531 | JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓŁ'           | JAROSŁAW         | POL  | M40  | 60     | M 144 | 00:01:36 | 01:44:46 | 02:47:16 | 03:41:29 | 04:28:14 |         | 04:56:00.50 | 04:56:00.50 | 6:38   | 9    |
| 160  | JANIK MICHAŁ            | 597 | POSZŁA CZOŁGIEM                             | WARSZAWA         | POL  | M40  | 61     | M 145 | 00:01:04 | 01:38:47 | 02:38:31 | 03:38:09 | 04:27:24 |         | 04:56:13.50 | 04:56:13.50 | 6:38   | 9    |
| 161  | DUDEK MICHAŁ            | 764 |   | BĘDZIN           |      | M40  | 62     | M 146 | 00:02:06 | 01:50:22 | 02:51:00 | 03:43:41 | 04:29:28 |         | 04:56:24.45 | 04:56:24.45 | 6:38   | 9    |
| 162  | JURCZAK ROMAN           | 200 |   | RZESZÓW          | POL  | M60  | 4      | M 147 | 00:00:31 | 01:46:02 | 02:47:12 | 03:45:47 | 04:31:45 |         | 04:56:47.60 | 04:56:47.60 | 6:39   | 9    |
| 163  | SIKORA JACEK            | 582 | WATER TEAM                                  | WYŻNE            | POL  | M40  | 63     | M 148 | 00:01:15 | 01:43:45 | 02:44:09 | 03:38:01 | 04:26:37 |         | 04:56:48.35 | 04:56:48.35 | 6:39   | 9    |
| 164  | WIERZBICKI TOMASZ       | 353 |   | BOGUCHWAŁA       | POL  | M40  | 64     | M 149 | 00:02:06 | 01:50:45 | 02:49:56 | 03:42:48 | 04:30:04 |         | 04:56:48.60 | 04:56:48.60 | 6:39   | 9    |
| 165  | PAWLIKOWSKI BOGUSŁAW    | 498 | DZIKIE ŻYCIE RUN TEAM                       | KATOWICE         | POL  | M50  | 12     | M 150 | 00:02:17 | 01:43:19 | 02:46:12 | 03:45:36 | 04:31:02 |         | 04:56:57.50 | 04:56:57.50 | 6:39   | 9    |
| 166  | BARAN ZBIGNIEW          | 208 | (OB)LEŚNI BIEGACZE                          | KRAKÓW           | POL  | M30  | 62     | M 151 | 00:02:27 | 01:54:29 | 02:56:56 | 03:45:44 | 04:31:34 |         | 04:57:00.50 | 04:57:00.50 | 6:39   | 9    |
| 167  | MARCELA MARCIN          | 46  | FAT MAMA'S SPORT CLUB                       | BYTOM            | POL  | M40  | 65     | M 152 | 00:01:07 | 01:50:24 | 02:54:16 | 03:45:20 | 04:31:01 |         | 04:57:03.20 | 04:57:03.20 | 6:39   | 9    |
| 168  | KOCOT SEBASTIAN         | 159 |   | SOSNOWIEC        | POL  | M40  | 66     | M 153 | 00:02:17 | 01:45:53 | 02:46:13 | 03:46:01 | 04:31:44 |         | 04:57:03.75 | 04:57:03.75 | 6:39   | 9    |
| 169  | CZAPLA ARKADIUSZ        | 382 |   | BYTOM            | POL  | M40  | 67     | M 154 | 00:01:06 | 01:49:12 | 02:54:17 | 03:45:26 | 04:31:02 |         | 04:57:05.90 | 04:57:05.90 | 6:39   | 9    |
| 170  | DZIEWA PRZEMYSŁAW       | 514 | SUPERIOR INDUSTRIES                         | BRANDWICA        | POL  | M40  | 68     | M 155 | 00:01:58 | 01:55:08 | 02:55:26 | 03:48:38 | 04:33:37 |         | 04:57:06.70 | 04:57:06.70 | 6:39   | 9    |
| 171  | KOT KRZYSZTOF           | 550 | MPK - RZESZÓW                               | RZESZÓW          | POL  | M40  | 69     | M 156 | 00:00:59 | 01:44:56 | 02:47:10 | 03:43:52 | 04:31:11 |         | 04:57:12.65 | 04:57:12.65 | 6:39   | 9    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
|      |                     |     |  | Ć                              |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 172  | ROGAŁA KRYSZTIAN    | 663 | MTS HAMER  | MIASTKO                        | POL  | M30  | 63     | M 157 | 00:01:04 | 01:48:55 | 02:50:15 | 03:44:48 | 04:32:14 |         | 04:57:41.95 | 04:57:41.95 | 6:40   | 9    |
| 173  | DUCKI PIOTR         | 762 |  | POLKOWICE                      |      | M30  | 64     | M 158 | 00:02:08 | 01:53:37 | 02:58:11 | 03:46:23 | 04:32:39 |         | 04:58:32.45 | 04:58:32.45 | 6:41   | 9    |
| 174  | PORĘBA EUGENIUSZ    | 695 |  | MIECHÓW                        | POL  | M50  | 13     | M 159 | 00:01:26 | 01:56:19 | 02:54:09 | 03:45:29 | 04:33:01 |         | 04:58:38.30 | 04:58:38.30 | 6:41   | 9    |
| 175  | MARUKIEWICZ MAREK   | 628 | BIEGAMDLAZDRO<br>WIA.PL                              | JEŻÓW<br>SUDECKI               | POL  | M30  | 65     | M 160 | 00:02:44 | 01:48:34 | 02:51:41 | 03:48:53 | 04:33:38 |         | 04:58:39.00 | 04:58:39.00 | 6:41   | 9    |
| 176  | CZARNECKI PIOTR     | 335 | TARCHOŚFIRY  | WARSZAWA                       | POL  | M30  | 66     | M 161 | 00:01:26 | 01:50:35 | 02:53:08 | 03:47:00 | 04:34:24 |         | 04:58:48.45 | 04:58:48.45 | 6:41   | 9    |
| 177  | KALBARCZYK WOJCIECH | 602 | ADIDAS<br>RUNNERS<br>WARSAW                          | WARSZAWA                       | POL  | M30  | 67     | M 162 | 00:01:43 | 01:49:31 | 02:52:14 | 03:46:04 | 04:32:28 |         | 04:59:30.10 | 04:59:30.10 | 6:42   | 8.9  |
| 178  | RECZEK SEBASTIAN    | 724 | KS<br>ZIELONO-CZARNI                                 | MIŃSK<br>MAZOWIECKI            | POL  | M30  | 68     | M 163 | 00:02:05 | 01:49:21 | 02:48:08 | 03:43:44 | 04:35:03 |         | 04:59:30.30 | 04:59:30.30 | 6:42   | 8.9  |
| 179  | KOWALCZYK MARIUSZ   | 632 | WOLFPACK   | ŻÓŁWIN                         | POL  | M40  | 70     | M 164 | 00:03:48 | 01:55:24 | 02:55:32 | 03:46:08 | 04:34:15 |         | 04:59:57.30 | 04:59:57.30 | 6:43   | 8.9  |
| 180  | KONDZIOŁA KRZYSZTOF | 544 | STAY INSANE /<br>PERFECT<br>RUNNER LUBLIN            | LUBLIN                         | POL  | M30  | 69     | M 165 | 00:01:25 | 01:53:48 | 03:00:02 | 03:51:17 | 04:36:47 |         | 04:59:58.35 | 04:59:58.35 | 6:43   | 8.9  |
| 181  | PERENC MICHAŁ       | 110 | HUSARIA RACE<br>TEAM                                 | JAROSŁAW                       | POL  | M20  | 10     | M 166 | 00:00:53 | 01:46:35 | 02:50:35 | 03:45:30 | 04:33:54 |         | 05:01:49.10 | 05:01:49.10 | 6:46   | 8.9  |
| 182  | BURANDT MAGDALENA   | 423 | 3LIFE TEAM   | OLSZTYN                        | POL  | K30  | 12     | K 16  | 00:01:48 | 01:50:36 | 02:53:07 | 03:47:47 | 04:35:41 |         | 05:01:55.95 | 05:01:55.95 | 6:46   | 8.9  |
| 183  | JAKUBOWSKI JAKUB    | 505 | NASTUKOŁKI   | RZESZÓW                        | POL  | M30  | 70     | M 167 | 00:01:40 | 01:55:37 | 02:59:10 | 03:51:14 | 04:36:44 |         | 05:01:56.80 | 05:01:56.80 | 6:46   | 8.9  |
| 184  | KIELTYKA AGNIESZKA  | 284 |  | RYKI                           | POL  | K30  | 13     | K 17  | 00:00:48 | 01:54:53 | 02:56:06 | 03:50:02 | 04:37:49 |         | 05:03:01.60 | 05:03:01.60 | 6:47   | 8.8  |
| 185  | RUTA MIKOŁAJ        | 687 |  | KRAKÓW                         | POL  | M40  | 71     | M 168 | 00:01:45 | 01:55:39 | 02:55:59 | 03:49:31 | 04:37:48 |         | 05:03:03.95 | 05:03:03.95 | 6:47   | 8.8  |
| 186  | KALTENBERG JANUSZ   | 192 |  | JAROSŁAW                       | POL  | M50  | 14     | M 169 | 00:02:47 | 01:55:00 | 02:53:45 | 03:43:47 | 04:33:24 |         | 05:03:05.30 | 05:03:05.30 | 6:47   | 8.8  |
| 187  | KRAUZE TOMASZ       | 621 | GB<br>WROCŁAWSKIE<br>MORSY                           | WROCŁAW                        | POL  | M50  | 15     | M 170 | 00:01:52 | 01:59:20 | 03:02:04 | 03:53:55 | 04:39:00 |         | 05:04:03.25 | 05:04:03.25 | 6:49   | 8.8  |
| 188  | CURZYDŁO BOGDAN     | 469 | POZYTYWNI<br>ZABIEGANI<br>SANOK                      | SANOK                          | POL  | M40  | 72     | M 171 | 00:01:48 | 01:51:00 | 02:54:20 | 03:48:24 | 04:37:08 |         | 05:05:07.60 | 05:05:07.60 | 6:50   | 8.8  |
| 189  | SZYSZŁO TOMASZ      | 53  | POZYTYWNI<br>ZABIEGANI<br>SANOK / RUN<br>ENERGY CLUB | SANOK                          | POL  | M30  | 71     | M 172 | 00:01:47 | 01:52:08 | 02:51:13 | 03:48:24 | 04:37:09 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 190  | PAJESTKA WOJCIECH   | 39  | POZYTYWNI<br>ZABIEGANI<br>SANOK/AZS<br>PWSZ          | SANOK                          | POL  | M40  | 73     | M 172 | 00:01:48 | 01:51:12 | 02:48:41 | 03:48:26 | 04:37:08 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 191  | CHORZĘPA MARIUSZ    | 408 | TSA-SANDOMIER<br>Z                                   | SANDOMIERZ                     | POL  | M40  | 74     | M 174 | 00:01:55 | 01:50:30 | 02:51:15 | 03:46:18 | 04:38:32 |         | 05:05:08.80 | 05:05:08.80 | 6:50   | 8.8  |
| 192  | KRÓLAK SEBASTIAN    | 594 |  | KRAKÓW                         | POL  | M30  | 72     | M 175 | 00:02:58 | 01:49:13 | 02:51:03 | 03:46:27 | 04:35:44 |         | 05:05:11.00 | 05:05:11.00 | 6:50   | 8.8  |
| 193  | ROŹNIATA IWONA      | 638 | KS GŁOWNO W<br>BIEGU                                 | GŁOWNO                         | POL  | K40  | 4      | K 18  | 00:00:56 | 01:54:05 | 02:58:07 | 03:50:37 | 04:38:39 |         | 05:05:14.50 | 05:05:14.50 | 6:50   | 8.8  |
| 194  | WŁODEK MATEUSZ      | 184 |  | POZNAN                         | POL  | M30  | 73     | M 176 | 00:02:49 | 01:56:56 | 02:57:19 | 03:51:08 | 04:39:26 |         | 05:05:16.55 | 05:05:16.55 | 6:50   | 8.8  |
| 195  | MUCHA GRZEGORZ      | 744 |  | CHŁOPICE                       | POL  | M40  | 75     | M 177 | 00:00:52 | 01:38:08 | 02:37:45 | 03:41:53 | 04:38:56 |         | 05:05:16.70 | 05:05:16.70 | 6:50   | 8.8  |
| 196  | KULIGA SŁAWOMIR     | 650 | POSMAKUJ RUN<br>TEAM                                 | KROSNO                         | POL  | M30  | 74     | M 178 | 00:00:55 | 01:39:13 | 02:46:21 | 03:44:05 | 04:34:23 |         | 05:05:17.45 | 05:05:17.45 | 6:50   | 8.8  |
| 197  | NIERADA MARCIN      | 43  |  | KATOWICE                       | POL  | M30  | 75     | M 179 | 00:01:04 | 01:44:13 | 02:46:06 | 03:42:50 | 04:34:33 |         | 05:05:18.30 | 05:05:18.30 | 6:50   | 8.8  |
| 198  | NIEGOWSKI TOMASZ    | 580 |  | KRAKÓW                         | POL  | M20  | 11     | M 180 | 00:02:06 | 01:59:21 | 03:05:57 | 03:57:10 | 04:40:39 |         | 05:05:19.30 | 05:05:19.30 | 6:50   | 8.8  |
| 199  | DARCHUK OLEKSANDR   | 386 |  | WĘGRZCE                        | POL  | M40  | 76     | M 181 | 00:01:06 | 01:47:40 | 02:53:10 | 03:48:35 | 04:36:57 |         | 05:05:20.60 | 05:05:20.60 | 6:50   | 8.8  |
| 200  | PIETROŃ BŁAŻEJ      | 689 |  | WARSZAWA                       | POL  | M20  | 12     | M 182 | 00:01:15 | 01:47:18 | 02:53:02 | 03:50:31 | 04:39:18 |         | 05:05:21.25 | 05:05:21.25 | 6:50   | 8.8  |
| 201  | SADY SEBASTIAN      | 178 |  | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | M40  | 77     | M 183 | 00:02:16 | 01:50:48 | 02:52:13 | 03:49:14 | 04:39:15 |         | 05:06:23.00 | 05:06:23.00 | 6:52   | 8.7  |
| 202  | ADAMCZAK MICHAŁ     | 454 | BIEGAJ BEZ<br>KOŃCA                                  | MIELEC                         | POL  | M30  | 76     | M 184 | 00:02:29 | 01:52:25 | 02:53:29 | 03:49:07 | 04:40:47 |         | 05:06:25.75 | 05:06:25.75 | 6:52   | 8.7  |
| 203  | KADZIK MARCIN       | 583 | KTT  | ZAKOPANE                       | POL  | M20  | 13     | M 185 | 00:03:20 | 01:55:09 | 02:57:43 | 03:50:44 | 04:37:11 |         | 05:06:26.65 | 05:06:26.65 | 6:52   | 8.7  |
| 204  | SWOBODA JAROSŁAW    | 41  | NIGHT RUNNERS<br>GLIWICE                             | KNURÓW                         | POL  | M40  | 78     | M 186 | 00:03:12 | 01:55:21 | 02:58:26 | 03:53:21 | 04:41:44 |         | 05:06:45.90 | 05:06:45.90 | 6:52   | 8.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub                                    | M-scowoś             | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------------|-----|---|----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
|      |                                   |     |   | Ć                    |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 205  | BIESIEKIERSKI KRZYSZTOF           | 362 | DRUŻYNA WILKA                           | OLSZTYN              | POL  | M40  | 79     | M 187 | 00:02:57 | 01:49:40 | 02:53:37 | 03:47:27 | 03:51:16 |         | 05:07:55.15 | 05:07:55.15 | 6:54   | 8.7  |
| 206  | MĘDRYGAŁ PIOTR                    | 401 | GJ GOPR                                 | MYSŁOWICE            | POL  | M30  | 77     | M 188 | 00:03:22 | 01:52:43 | 02:50:04 | 03:47:13 | 04:39:12 |         | 05:08:28.65 | 05:08:28.65 | 6:54   | 8.7  |
| 207  | SZYMAŁA MARCIN                    | 223 | KLUCZBORSKA<br>GRUPA BIEGOWA            | KLUCZBORK            | POL  | M40  | 80     | M 189 | 00:00:54 | 01:44:21 | 02:46:08 | 03:50:44 | 04:40:56 |         | 05:08:30.60 | 05:08:30.60 | 6:55   | 8.7  |
| 208  | BRZOZOWSKI ŁUKASZ                 | 315 | STEFAN TEAM                             | STALOWA<br>WOLA      | POL  | M30  | 78     | M 190 | 00:01:48 | 01:51:47 | 02:55:16 | 03:53:09 | 04:40:44 |         | 05:08:35.65 | 05:08:35.65 | 6:55   | 8.7  |
| 209  | KSUTA MARTYNA                     | 486 | X-MEN                                   | KOŃSKIE              | POL  | K20  | 1      | K 19  | 00:03:02 | 02:01:57 | 03:06:52 | 03:58:22 | 04:42:52 |         | 05:08:37.30 | 05:08:37.30 | 6:55   | 8.7  |
| 210  | SULEWSKI MACIEJ                   | 448 |   | OSTROŁĘKA            | POL  | M40  | 81     | M 191 | 00:02:04 | 01:54:02 | 02:54:48 | 03:50:24 | 04:40:09 |         | 05:08:57.90 | 05:08:57.90 | 6:55   | 8.7  |
| 211  | PELA DARIUSZ                      | 535 | TMT TORUŃ                               | TORUŃ                | POL  | M30  | 79     | M 192 | 00:01:04 | 01:49:41 | 02:50:19 | 03:51:03 | 04:40:36 |         | 05:10:30.50 | 05:10:30.50 | 6:57   | 8.6  |
| 212  | OLCZAK MARTA                      | 266 | SZWLA                                   | STARGARD             | POL  | K40  | 5      | K 20  | 00:01:36 | 01:53:14 | 02:54:50 | 03:53:00 | 04:41:48 |         | 05:10:33.25 | 05:10:33.25 | 6:57   | 8.6  |
| 213  | SIENKIEL DOMINIK                  | 607 |   | WĘGRZCE              | POL  | M20  | 14     | M 193 | 00:01:44 | 01:55:05 | 03:05:26 | 03:59:12 | 04:43:20 |         | 05:10:34.00 | 05:10:34.00 | 6:57   | 8.6  |
| 214  | DZIERŁĘGA PIOTR                   | 255 | PILZNO                                  | PILZNO               | POL  | M30  | 80     | M 194 | 00:02:40 | 01:46:52 | 02:51:15 | 03:48:48 | 04:40:06 |         | 05:10:35.30 | 05:10:35.30 | 6:57   | 8.6  |
| 215  | GRZYWACZ WOJCIECH                 | 447 | FARTLEK GO                              | GORZYCE              | POL  | M50  | 16     | M 195 | 00:01:37 | 01:52:49 | 02:59:21 | 03:54:03 | 04:42:05 |         | 05:10:37.55 | 05:10:37.55 | 6:57   | 8.6  |
| 216  | PRŪFER PAWEŁ                      | 422 |   | KOSIECZYN            | POL  | M40  | 82     | M 196 | 00:02:45 | 01:51:48 | 02:51:28 | 03:47:03 | 04:38:58 |         | 05:10:40.50 | 05:10:40.50 | 6:57   | 8.6  |
| 217  | ŁĘCKI PIOTR                       | 32  | NIGHT RUNNERS<br>GLIWICE                | GLIWICE              | POL  | M30  | 81     | M 197 | 00:02:54 | 01:54:20 | 02:55:41 | 03:53:21 | 04:41:44 |         | 05:11:17.10 | 05:11:17.10 | 6:58   | 8.6  |
| 218  | WISZ PIOTR                        | 261 |   | RZESZÓW              | POL  | M20  | 15     | M 198 | 00:03:00 | 01:55:50 | 03:04:35 | 04:00:26 | 04:45:03 |         | 05:11:19.00 | 05:11:19.00 | 6:58   | 8.6  |
| 219  | PASTUŁA ŁUKASZ                    | 10  |   | KOLBUSZOW<br>A       | POL  | M30  | 82     | M 199 | 00:00:55 | 01:44:27 | 02:47:15 | 03:45:50 | 04:42:04 |         | 05:11:19.05 | 05:11:19.05 | 6:58   | 8.6  |
| 220  | PIWOŃSKI ADAM                     | 405 |   | GÓRA<br>KALWARIA     | POL  | M30  | 83     | M 200 | 00:02:29 | 01:54:26 | 02:56:58 | 03:53:10 | 04:42:21 |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 221  | KUKUCZKA DOMINIK                  | 622 | KUKUCZKA                                | JAWORZYNK<br>A       | POL  | M20  | 16     | M 200 |          | 01:50:24 | 04:40:43 |          |          |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 222  | ŚWIEŻAWSKA-AMBROZIAK<br>KATARZYNA | 388 | KUTNO BIEGA                             | KUTNO                | POL  | K40  | 6      | K 21  | 00:01:39 | 01:57:06 | 03:02:30 | 03:56:16 | 04:42:51 |         | 05:11:21.40 | 05:11:21.40 | 6:58   | 8.6  |
| 223  | MISKÓW MARCIN                     | 308 |   | ŻORY                 | POL  | M30  | 84     | M 202 | 00:01:29 | 01:54:52 | 02:59:06 | 03:57:14 | 04:43:30 |         | 05:11:23.35 | 05:11:23.35 | 6:58   | 8.6  |
| 224  | DOMINIK MARIUSZ                   | 248 |   | BIŁGORAJ             | POL  | M40  | 83     | M 203 | 00:01:27 | 01:54:54 | 02:57:21 | 03:57:43 | 04:44:13 |         | 05:11:29.30 | 05:11:29.30 | 6:59   | 8.6  |
| 225  | KIRILENKO ANETA                   | 482 |   | MARKI                | POL  | K40  | 7      | K 22  | 00:00:50 | 01:48:20 | 02:54:23 | 03:55:35 | 04:43:34 |         | 05:11:32.90 | 05:11:32.90 | 6:59   | 8.6  |
| 226  | SIEMIĄTKOWSKA KATARZYNA           | 455 |   | POZNAŃ               | POL  | K30  | 14     | K 23  | 00:02:08 | 01:55:45 | 02:58:02 | 03:55:38 | 04:43:29 |         | 05:11:39.40 | 05:11:39.40 | 6:59   | 8.6  |
| 227  | KIRILENKO MARCIN                  | 481 |   | MARKI                | POL  | M40  | 84     | M 204 | 00:00:49 | 01:48:20 | 02:54:23 | 03:55:36 | 04:43:34 |         | 05:11:39.60 | 05:11:39.60 | 6:59   | 8.6  |
| 228  | KOŚCIAK JAN                       | 210 | DZIKIE<br>MUSTANGI                      | PASZCZYNA            | POL  | M40  | 85     | M 205 | 00:01:44 | 01:55:19 | 03:01:26 | 03:56:49 | 04:44:07 |         | 05:11:40.80 | 05:11:40.80 | 6:59   | 8.6  |
| 229  | WITEK KAMIL                       | 558 | HUSARIA RACE<br>TEAM                    | FALMIROWIC<br>E      | POL  | M20  | 17     | M 206 | 00:01:44 | 01:55:17 | 03:01:29 | 03:56:52 | 04:44:12 |         | 05:11:42.50 | 05:11:42.50 | 6:59   | 8.6  |
| 230  | DEMBNY TOMASZ                     | 718 |   | TARCZYN              | POL  | M40  | 86     | M 207 | 00:00:54 | 01:43:10 | 02:58:42 | 03:56:22 | 04:45:48 |         | 05:11:43.70 | 05:11:43.70 | 6:59   | 8.6  |
| 231  | BURBLIS ŁUKASZ                    | 539 | BIEGING TEAM<br>ZELÓW                   | ŁASK                 | POL  | M30  | 85     | M 208 | 00:02:13 | 01:50:46 | 02:54:11 | 03:50:23 | 04:40:39 |         | 05:12:29.60 | 05:12:29.60 | 7:00   | 8.6  |
| 232  | KONOPKA BARTOSZ                   | 682 | TRÓJKA/ZWIEDZA<br>NIE PRZEZ<br>BIEGANIE | KRAKÓW               | POL  | M40  | 87     | M 209 | 00:00:50 | 01:50:30 | 02:55:12 | 03:56:36 | 04:43:52 |         | 05:12:53.10 | 05:12:53.10 | 7:00   | 8.6  |
| 233  | BŁAJSZCZAK KAROL                  | 395 | TSA                                     | SANDOMIERZ           | POL  | M40  | 88     | M 210 | 00:01:55 | 01:53:03 | 02:55:22 | 03:50:51 | 04:43:49 |         | 05:13:17.75 | 05:13:17.75 | 7:01   | 8.5  |
| 234  | STEFANIAK MACIEJ                  | 690 | GRUNWALD<br>TEAM POZNAŃ                 | POZNAŃ               | POL  | M30  | 86     | M 211 | 00:01:14 | 02:01:40 | 03:11:57 | 04:04:57 | 04:49:20 |         | 05:14:00.85 | 05:14:00.85 | 7:02   | 8.5  |
| 235  | DALKA PAWEŁ                       | 391 | BIEGNĚ, ŻEBY<br>BARTEK MÓGL<br>BIEGAĆ   | KIELCE               | POL  | M40  | 89     | M 212 | 00:01:37 | 01:51:15 | 02:54:51 | 03:53:50 | 04:45:44 |         | 05:14:32.45 | 05:14:32.45 | 7:03   | 8.5  |
| 236  | FALKOWSKI PIOTR                   | 777 | KS PEGAZ<br>PIASECZNO                   | BRAK<br>DANYCH       | POL  | M50  | 17     | M 213 | 00:02:30 | 01:55:58 | 03:01:22 | 03:59:30 | 04:48:12 |         | 05:14:54.25 | 05:14:54.25 | 7:03   | 8.5  |
| 237  | SZMUC JACEK                       | 177 |   | MYSZKÓW              | POL  | M40  | 90     | M 214 | 00:01:20 | 01:52:03 | 02:59:26 | 03:59:49 | 04:47:55 |         | 05:14:54.95 | 05:14:54.95 | 7:03   | 8.5  |
| 238  | KALISZ KAROLINA                   | 564 | WKURW_TEAM                              | KAMIENICZYK          | POL  | K20  | 2      | K 24  | 00:02:04 | 01:56:29 | 03:06:10 | 04:01:06 | 04:48:15 |         | 05:15:00.05 | 05:15:00.05 | 7:03   | 8.5  |
| 239  | ADAMCZAK BARBARA                  | 568 | SMPZ 'TRAVOIS'                          | KATOWICE             | POL  | K30  | 15     | K 25  | 00:01:11 | 01:54:39 | 03:00:56 | 04:03:23 | 04:49:30 |         | 05:15:02.40 | 05:15:02.40 | 7:03   | 8.5  |
| 240  | FORJASZ PRZEMYSŁAW                | 97  |   | RZESZÓW              | POL  | M30  | 87     | M 215 | 00:01:10 | 01:52:54 | 03:11:12 | 04:03:55 | 04:49:29 |         | 05:15:03.65 | 05:15:03.65 | 7:03   | 8.5  |
| 241  | MAJCHROWSKI JACEK                 | 87  | CKB<br>TARNOBRZEG<br>G                  | TARNOBRZE            | POL  | M40  | 91     | M 216 | 00:00:58 | 01:51:48 | 02:55:53 | 03:57:50 | 04:47:58 |         | 05:15:06.90 | 05:15:06.90 | 7:03   | 8.5  |
| 242  | BUSZ JACEK                        | 146 |   | RZESZOW              | POL  | M30  | 88     | M 217 | 00:01:14 | 01:51:46 | 02:53:22 | 03:50:43 | 04:45:46 |         | 05:15:45.35 | 05:15:45.35 | 7:04   | 8.5  |
| 243  | KOCHANIEC WALDEMAR                | 243 | TKKF SOKÓŁ<br>GŁOGÓW<br>MAŁOPOLSKI      | GŁOGÓW<br>MAŁOPOLSKI | POL  | M40  | 92     | M 218 | 00:03:14 | 01:57:09 | 03:03:46 | 04:02:41 | 04:50:36 |         | 05:16:22.40 | 05:16:22.40 | 7:05   | 8.5  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                     | M-scowość         | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|-----|--------------------------|-------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
|      |                          |     |                          | Ć                 |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 244  | SZOT IWONA               | 438 | WW TEAM                  | LUBLIN            | POL  | K40  | 8      | K 26  | 00:02:54 | 01:59:28 | 03:01:14 | 04:03:21 | 04:50:33 |         | 05:17:15.70 | 05:17:15.70 | 7:06   | 8.4  |
| 245  | MIROSLAW ALBERT          | 442 | WW TEAM                  | LUBLIN            | POL  | M40  | 93     | M 219 | 00:02:54 | 01:59:15 | 03:01:15 | 04:03:25 | 04:50:32 |         | 05:17:16.00 | 05:17:16.00 | 7:06   | 8.4  |
| 246  | PARWA MICHAŁ             | 83  | @BIEGIEMNAROWER          | DZIEKANOWICE      | POL  | M30  | 89     | M 220 | 00:00:50 | 01:51:05 | 03:00:57 | 04:02:07 | 04:50:58 |         | 05:17:17.00 | 05:17:17.00 | 7:06   | 8.4  |
| 247  | KŁOSOK ADAM              | 13  | INŻYNIERIA BIEGANIA      | MARKLOWICE        | POL  | M40  | 94     | M 221 | 00:00:46 | 01:52:46 | 03:09:00 | 04:07:57 | 04:51:29 |         | 05:17:18.45 | 05:17:18.45 | 7:06   | 8.4  |
| 248  | GIERULA PIOTR            | 137 | GREINPLAST RZESZÓW       | RZESZÓW           | POL  | M30  | 90     | M 222 | 00:01:12 | 01:54:54 | 03:11:21 | 04:03:54 | 04:50:29 |         | 05:17:19.60 | 05:17:19.60 | 7:06   | 8.4  |
| 249  | NIEDZIELA MARCIN         | 292 | FAT MAMA'S SPORT CLUB    | BYTOM             | POL  | M40  | 95     | M 223 | 00:01:06 | 01:58:34 | 03:02:29 | 04:01:05 | 04:50:29 |         | 05:18:02.40 | 05:18:02.40 | 7:07   | 8.4  |
| 250  | JAMA RAFAŁ               | 525 | WATER TEAM               | TRZEBOWNIKO       | POL  | M40  | 96     | M 224 | 00:01:16 | 01:52:49 | 02:55:46 | 03:58:44 | 04:49:37 |         | 05:18:13.00 | 05:18:13.00 | 7:08   | 8.4  |
| 251  | BERNAŚ DARIUSZ           | 569 | BUT BIŁGORAJ ULTRA TRAIL | BIŁGORAJ          | POL  | M40  | 97     | M 225 | 00:01:25 | 01:54:58 | 02:59:14 | 03:59:48 | 04:50:28 |         | 05:18:59.85 | 05:18:59.85 | 7:09   | 8.4  |
| 252  | DUDEK ŁUKASZ             | 392 |                          | RZESZÓW           | POL  | M30  | 91     | M 226 | 00:02:07 | 01:55:01 | 03:02:48 | 04:03:59 | 04:52:42 |         | 05:19:10.20 | 05:19:10.20 | 7:09   | 8.4  |
| 253  | BUTRYN WOJCIECH          | 272 |                          | KRAKÓW            | POL  | M40  | 98     | M 227 | 00:01:00 | 01:55:50 | 03:02:12 | 04:02:05 | 04:50:42 |         | 05:19:11.40 | 05:19:11.40 | 7:09   | 8.4  |
| 254  | LIK MAREK                | 161 | CHEŁM BIEGA              | CHEŁM             | POL  | M50  | 18     | M 228 | 00:01:16 | 01:55:39 | 02:59:47 | 04:03:10 | 04:52:34 |         | 05:19:32.25 | 05:19:32.25 | 7:09   | 8.4  |
| 255  | MOSTOWSKA MAGDALENA      | 752 | WARSAW MASTERS TEAM      | WARSZAWA          | POL  | K40  | 9      | K 27  | 00:01:00 | 01:48:44 | 02:50:21 | 03:47:25 | 04:45:10 |         | 05:19:46.15 | 05:19:46.15 | 7:10   | 8.4  |
| 256  | STEMPKOWICZ JACEK        | 325 |                          | GORLICE           | POL  | M40  | 99     | M 229 | 00:01:55 | 01:45:37 | 02:54:43 | 03:56:12 | 04:48:52 |         | 05:19:55.05 | 05:19:55.05 | 7:10   | 8.4  |
| 257  | AMBROZIAK RAFAŁ          | 347 | KONIUCHY OCR             | KUTNO             | POL  | M40  | 100    | M 230 | 00:01:39 | 01:57:05 | 03:02:29 | 03:58:20 | 04:50:29 |         | 05:19:58.20 | 05:19:58.20 | 7:10   | 8.4  |
| 258  | KIERNICKI ŁUKASZ         | 140 | FUN&RUN                  | CZUDEC            | POL  | M30  | 92     | M 231 | 00:03:22 | 01:58:20 | 03:03:12 | 04:03:20 | 04:52:36 |         | 05:20:00.50 | 05:20:00.50 | 7:10   | 8.4  |
| 259  | KRZAK SZYMON             | 728 | BIS AGH                  | CIESZYN           | POL  | M20  | 18     | M 232 | 00:02:55 | 01:51:18 | 02:58:06 | 04:06:33 | 04:52:42 |         | 05:20:02.15 | 05:20:02.15 | 7:10   | 8.4  |
| 260  | DRAUS BORYS              | 398 |                          | KRASNE            | POL  | M30  | 93     | M 233 | 00:01:42 | 01:59:21 | 03:09:45 | 04:02:30 | 04:51:32 |         | 05:20:02.95 | 05:20:02.95 | 7:10   | 8.4  |
| 261  | JAKUBAS PAWEŁ            | 370 | WPJ TEAM                 | WARSZAWA          | POL  | M40  | 101    | M 234 | 00:01:14 | 01:54:49 | 03:01:40 | 03:59:51 | 04:52:38 |         | 05:20:30.65 | 05:20:30.65 | 7:11   | 8.3  |
| 262  | CISZYŃSKI MAREK          | 42  | START KATOWICE           | KATOWICE          | POL  | M50  | 19     | M 235 | 00:03:12 | 02:03:51 | 03:12:25 | 04:05:48 | 04:54:11 |         | 05:20:57.50 | 05:20:57.50 | 7:11   | 8.3  |
| 263  | ZIMAK SEBASTIAN          | 124 | SANOK RUBBER RUNNING     | POSADA ZARSZYŃSKA | POL  | M30  | 94     | M 236 | 00:01:39 | 01:53:06 | 03:00:43 | 04:02:09 | 04:52:24 |         | 05:21:33.45 | 05:21:33.45 | 7:12   | 8.3  |
| 264  | JAROSZ JARZEWSKI MATEUSZ | 320 |                          | WARSZAWA          | POL  | M30  | 95     | M 237 | 00:02:05 | 01:52:27 | 02:58:14 | 03:55:08 | 04:50:40 |         | 05:22:23.40 | 05:22:23.40 | 7:13   | 8.3  |
| 265  | SERAFIN ROBERT           | 660 |                          | GRYBÓW            | POL  | M40  | 102    | M 238 | 00:03:12 | 02:00:56 | 03:03:31 | 04:00:02 | 04:53:27 |         | 05:23:34.40 | 05:23:34.40 | 7:15   | 8.3  |
| 266  | PACHO SYLWESTER          | 708 |                          | GRYBÓW            | POL  | M40  | 103    | M 239 | 00:02:02 | 01:59:42 | 03:08:32 | 04:02:23 | 04:53:28 |         | 05:23:34.50 | 05:23:34.50 | 7:15   | 8.3  |
| 267  | TYMOSZUK MICHAŁ          | 691 | KB BIAŁA BIEGA           | BIAŁA PODLASKA    | POL  | M40  | 104    | M 240 | 00:03:08 | 02:01:24 | 03:09:59 | 04:09:40 | 04:57:20 |         | 05:23:36.35 | 05:23:36.35 | 7:15   | 8.3  |
| 268  | ŁUKASIAK ADAM            | 152 | ADAM ŁUKASIAK            | WARSZAWA          | POL  | M30  | 96     | M 241 | 00:01:31 | 01:52:36 | 03:05:31 | 04:08:31 | 04:55:15 |         | 05:23:37.65 | 05:23:37.65 | 7:15   | 8.3  |
| 269  | FOGEL EWA                | 257 | PTG SOKÓŁ ŚWIAT PRACY    | TARNÓW            | POL  | K40  | 10     | K 28  | 00:01:31 | 01:57:32 | 03:03:25 | 04:03:42 | 04:54:20 |         | 05:23:38.55 | 05:23:38.55 | 7:15   | 8.3  |
| 270  | SOBIECH MARCIN           | 373 | GO GARWOLIN:D            | GARWOLIN          | POL  | M30  | 97     | M 242 | 00:02:49 | 01:54:36 | 03:02:49 | 04:03:29 | 04:53:09 |         | 05:25:29.25 | 05:25:29.25 | 7:17   | 8.2  |
| 271  | KOCZUR JAKUB             | 429 | NOWA HUTA TEAM           | KRAKÓW            | POL  | M30  | 98     | M 243 | 00:02:29 | 01:54:39 | 03:00:32 | 04:04:19 | 04:55:01 |         | 05:26:18.30 | 05:26:18.30 | 7:18   | 8.2  |
| 272  | KARAŚ ŁUKASZ             | 725 | EKIPA Z TARNOWA          | TARNÓW            | POL  | M30  | 99     | M 244 | 00:03:07 | 01:55:02 | 03:04:11 | 04:02:26 | 04:56:06 |         | 05:26:31.85 | 05:26:31.85 | 7:19   | 8.2  |
| 273  | SUMARA WOJCIECH          | 357 | NIEZRZESZONY             | BRZESKO           | POL  | M40  | 105    | M 245 |          |          | 03:03:53 | 04:05:08 | 04:56:07 |         | 05:26:35.20 | 05:26:35.20 | 7:19   | 8.2  |
| 274  | CISKI PIOTR              | 170 |                          | WARSZAWA          | POL  | M40  | 106    | M 246 | 00:02:20 | 01:54:51 | 03:03:55 | 04:03:51 | 04:57:20 |         | 05:26:35.70 | 05:26:35.70 | 7:19   | 8.2  |
| 275  | CZAJA ALICJA             | 160 | RODZENSTWO               | LIMANOWA          | POL  | K40  | 11     | K 29  | 00:01:15 | 01:53:06 | 03:00:38 | 04:02:57 | 04:53:06 |         | 05:26:36.25 | 05:26:36.25 | 7:19   | 8.2  |
| 276  | WOŹNIAK ŁUKASZ           | 379 | PORANNY PATROL           | KRAKÓW            | POL  | M30  | 100    | M 247 | 00:03:14 | 01:58:04 | 03:09:38 | 04:07:04 | 04:56:36 |         | 05:26:37.05 | 05:26:37.05 | 7:19   | 8.2  |
| 277  | GRANDA PAWEŁ             | 412 | 12 DAPLOT JAROSŁAW       | ZARZECZE          | POL  | M30  | 101    | M 248 | 00:01:49 | 01:55:54 | 03:05:42 | 04:05:42 | 04:57:28 |         | 05:26:39.80 | 05:26:39.80 | 7:19   | 8.2  |
| 278  | TUROSZ ZBIGNIEW          | 147 |                          | LEŻAJSK           | POL  | M60  | 5      | M 249 | 00:01:22 | 01:55:22 | 03:02:51 | 04:01:18 | 04:54:30 |         | 05:26:40.40 | 05:26:40.40 | 7:19   | 8.2  |
| 279  | PIOTROWICZ MAŁGORZATA    | 102 | INFINITY GYM             | PROSZOWICE        | POL  | K30  | 16     | K 30  | 00:01:48 | 01:58:03 | 03:05:51 | 04:06:12 | 04:55:19 |         | 05:26:43.60 | 05:26:43.60 | 7:19   | 8.2  |
| 280  | JEDLIŃSKI BARTOSZ        | 60  | MARATOŃCZYK DĘBICA       | BRZEŹNICA         | POL  | M40  | 107    | M 250 | 00:00:36 | 01:56:07 | 03:07:56 | 04:05:32 | 04:56:36 |         | 05:27:22.90 | 05:27:22.90 | 7:20   | 8.2  |
| 281  | SUWEZDA JACEK            | 380 |                          | CZĘSTOCHOWA       | POL  | M50  | 20     | M 251 | 00:02:30 | 01:57:39 | 03:05:50 | 04:04:31 | 04:56:06 |         | 05:27:28.80 | 05:27:28.80 | 7:20   | 8.2  |
| 282  | KOSMĘDA PIOTR MICHAŁ     | 195 |                          | WARSZAWA          | POL  | M40  | 108    | M 252 | 00:01:02 | 02:00:23 | 03:14:38 | 04:13:34 | 05:02:36 |         | 05:27:30.90 | 05:27:30.90 | 7:20   | 8.2  |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                               | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------------------------------------|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 283  | ADAMCZYK JAN           | 692 | GORLIKA<br>GRUPA BIEGOWA           | GORLICE                        | POL  | M60  | 6      | M 253 | 00:02:00 | 01:55:06 | 03:01:56 | 04:03:46 | 04:57:23 |         | 05:28:37.00 | 05:28:37.00 | 7:22   | 8.1  |
| 284  | BALCHAN KRZYSZTOF      | 77  | CPR RZESZÓW                        | CZUDEC                         | POL  | M30  | 102    | M 254 | 00:01:40 | 01:47:47 | 02:53:43 | 03:55:30 | 04:54:05 |         | 05:28:38.80 | 05:28:38.80 | 7:22   | 8.1  |
| 285  | STRZAŁKA DOMINIK       | 608 |                                    | BRZEŹNICA                      | POL  | M30  | 103    | M 255 | 00:01:44 | 01:55:45 | 03:06:09 | 04:04:40 | 04:56:07 |         | 05:28:43.30 | 05:28:43.30 | 7:22   | 8.1  |
| 286  | SKRZYPEK MATEUSZ       | 606 |                                    | BRZEŹNICA                      | POL  | M20  | 19     | M 256 | 00:01:44 | 01:56:36 | 03:06:19 | 04:03:18 | 04:56:08 |         | 05:28:43.45 | 05:28:43.45 | 7:22   | 8.1  |
| 287  | POREMBSKI LESZEK       | 183 |                                    | WARSZAWA                       | POL  | M50  | 21     | M 257 | 00:03:14 | 02:01:32 | 03:10:35 | 04:12:13 | 05:00:24 |         | 05:29:10.05 | 05:29:10.05 | 7:22   | 8.1  |
| 288  | HAJDO ROBERT           | 319 |                                    | BRZESKO                        | POL  | M40  | 109    | M 258 | 00:02:32 | 02:00:05 | 03:04:37 | 04:08:52 | 04:59:39 |         | 05:29:15.55 | 05:29:15.55 | 7:22   | 8.1  |
| 289  | OSZCZĘDA KRZYSZTOF     | 443 | ZARAZIĆ PASJĄ                      | ŻORY                           | POL  | M40  | 110    | M 259 | 00:01:34 | 02:01:18 | 03:08:18 | 04:10:09 | 05:00:36 |         | 05:29:16.95 | 05:29:16.95 | 7:22   | 8.1  |
| 290  | LUTEREK MICHAŁ         | 688 |                                    | WARSZAWA                       | POL  | M30  | 104    | M 260 | 00:03:38 | 02:00:06 | 03:12:34 | 04:07:45 | 04:58:57 |         | 05:29:33.50 | 05:29:33.50 | 7:23   | 8.1  |
| 291  | KOZŁOWSKI TOMASZ       | 197 | PIASECZNO<br>RUNNING               | KONSTANCIN<br>JEZIORNA         | POL  | M60  | 7      | M 261 | 00:02:33 | 02:04:32 | 03:13:06 | 04:11:52 | 05:01:58 |         | 05:31:12.25 | 05:31:12.25 | 7:25   | 8.1  |
| 292  | GOZDZIENIAK SOBIESŁAW  | 229 | KW KOTŁOWNIA                       | LUBLIN                         | POL  | M30  | 105    | M 262 | 00:01:03 | 01:53:12 | 03:03:19 | 04:07:11 | 04:59:14 |         | 05:31:14.70 | 05:31:14.70 | 7:25   | 8.1  |
| 293  | ANDRZEJEWSKI PIOTR     | 624 | RRT                                | WARSZAWA                       | POL  | M30  | 106    | M 263 | 00:03:25 | 01:59:55 | 03:06:06 | 04:04:29 | 05:00:11 |         | 05:31:15.80 | 05:31:15.80 | 7:25   | 8.1  |
| 294  | ZIÓLKOWSKI KRZYSZTOF   | 402 | JA I ONA                           | GRUDZIĄDZ                      | POL  | M30  | 107    | M 264 | 00:03:29 | 02:04:19 | 03:12:15 | 04:10:08 | 05:01:56 |         | 05:31:16.70 | 05:31:16.70 | 7:25   | 8.1  |
| 295  | LEŚNIAK DARIUSZ        | 11  |                                    | SZCZECIN                       | POL  | M50  | 22     | M 265 | 00:00:46 | 01:56:34 | 03:09:02 | 04:11:46 | 05:02:30 |         | 05:31:45.40 | 05:31:45.40 | 7:26   | 8.1  |
| 296  | STĘPIEŃ WOJCIECH       | 74  | JM RUNNING<br>TEAM                 | GLIWICE                        | POL  | M40  | 111    | M 266 | 00:03:19 | 02:02:22 | 03:12:43 | 04:14:37 | 05:03:55 |         | 05:31:52.15 | 05:31:52.15 | 7:26   | 8.1  |
| 297  | IDZIOR TOMASZ          | 424 |                                    | BRZEZINY                       | POL  | M20  | 20     | M 267 | 00:01:08 | 01:55:00 | 03:05:59 | 04:11:35 | 05:02:00 |         | 05:32:01.85 | 05:32:01.85 | 7:26   | 8.1  |
| 298  | ROJEK MACIEJ           | 693 |                                    | KRAKÓW                         | POL  | M30  | 108    | M 268 | 00:01:08 | 01:55:00 | 03:05:58 | 04:11:31 | 05:02:01 |         | 05:32:02.80 | 05:32:02.80 | 7:26   | 8.1  |
| 299  | DADAŚ JANUSZ           | 27  | NIGHT RUNNERS<br>GLIWICE           | GLIWICE                        | POL  | M40  | 112    | M 269 | 00:02:58 | 02:03:00 | 03:16:54 | 04:18:09 | 05:04:48 |         | 05:32:09.10 | 05:32:09.10 | 7:26   | 8.1  |
| 300  | WIERZBICKA JOANNA      | 352 |                                    | BOGUCHWAŁ<br>A                 | POL  | K40  | 12     | K 31  | 00:02:05 | 01:57:52 | 03:10:18 | 04:09:37 | 05:01:53 |         | 05:33:03.35 | 05:33:03.35 | 7:28   | 8    |
| 301  | BERNAŚ DARIUSZ         | 82  | BSCZADY                            | WETLINA                        | POL  | M30  | 109    | M 270 | 00:01:32 | 02:02:16 | 03:12:04 | 04:11:49 | 05:04:13 |         | 05:33:48.80 | 05:33:48.80 | 7:29   | 8    |
| 302  | CICHORACKI PATRYK      | 230 | NIGHT RUNNERS                      | GRUDZIĄDZ                      | POL  | M30  | 110    | M 271 | 00:02:41 | 01:56:01 | 03:03:03 | 04:08:44 | 05:02:08 |         | 05:33:52.75 | 05:33:52.75 | 7:29   | 8    |
| 303  | DUKATA GRZEGORZ        | 697 | MGW                                | CHUDÓW                         | POL  | M40  | 113    | M 272 | 00:01:01 | 02:06:51 | 03:19:42 | 04:19:40 | 05:06:56 |         | 05:34:36.15 | 05:34:36.15 | 7:30   | 8    |
| 304  | BOBER ANNA             | 265 |                                    | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | K30  | 17     | K 32  | 00:01:34 | 02:05:48 | 03:19:09 | 04:19:09 | 05:06:21 |         | 05:34:40.85 | 05:34:40.85 | 7:30   | 8    |
| 305  | BĘBEN ROBERT           | 613 | OSTROBIEC                          | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | M40  | 114    | M 273 | 00:01:35 | 02:07:16 | 03:19:07 | 04:19:10 | 05:06:10 |         | 05:34:41.45 | 05:34:41.45 | 7:30   | 8    |
| 306  | STOPA AGATA            | 570 | SP NR 3<br>RZESZÓW                 | BOGUCHWAŁ<br>A                 | POL  | K40  | 13     | K 33  | 00:02:09 | 01:58:03 | 03:10:18 | 04:19:22 | 05:06:48 |         | 05:35:30.70 | 05:35:30.70 | 7:31   | 8    |
| 307  | JAKUSZEWSKI PAWEŁ      | 323 |                                    | JAROSŁAW                       | POL  | M30  | 111    | M 274 | 00:02:39 | 02:04:55 | 03:11:54 | 04:13:42 | 05:06:36 |         | 05:36:17.40 | 05:36:17.40 | 7:32   | 8    |
| 308  | ZAJĄC WOJCIECH         | 617 | DŁUGOUCHY                          | USTRZYKI<br>DOLNE              | POL  | M30  | 112    | M 275 | 00:02:22 | 02:03:09 | 03:19:11 | 04:17:27 | 05:07:40 |         | 05:36:28.75 | 05:36:28.75 | 7:32   | 8    |
| 309  | WRÓBEL STANISŁAW       | 518 | AZS UMED ŁÓDŹ<br>- RUNNING TEAM    | CZARNKÓW                       | POL  | M20  | 21     | M 276 | 00:03:00 | 01:55:38 | 03:05:58 | 04:15:27 | 05:07:17 |         | 05:36:34.25 | 05:36:34.25 | 7:32   | 8    |
| 310  | KRÓL KONRAD            | 306 |                                    | STARY SĄCZ                     | POL  | M20  | 22     | M 277 | 00:03:00 | 01:55:39 | 03:06:00 | 04:15:28 | 05:07:17 |         | 05:36:54.75 | 05:36:54.75 | 7:33   | 7.9  |
| 311  | GÓRALCZYK STANISŁAW    | 750 | BUNGEE JUMPING<br>'MARIO'          | HAJNÓWKA                       | POL  | M50  | 23     | M 278 | 00:02:27 | 02:00:25 | 03:16:16 | 04:21:02 | 05:10:15 |         | 05:37:51.30 | 05:37:51.30 | 7:34   | 7.9  |
| 312  | JANOWSKI BOGDAN        | 768 |                                    | WARSZAWA                       | M50  | 24   | M 279  | M 279 | 00:02:27 | 01:57:49 | 03:06:42 | 04:12:47 | 05:04:29 |         | 05:38:18.20 | 05:38:18.20 | 7:35   | 7.9  |
| 313  | BERDYCHOWSKI KRZYSZTOF | 765 | FESTIWAL<br>BIEGOWY                | WARSZAWA                       | M50  | 25   | M 280  | M 280 | 00:02:29 | 01:57:55 | 03:06:41 | 04:12:43 | 05:05:11 |         | 05:38:18.30 | 05:38:18.30 | 7:35   | 7.9  |
| 314  | KUŚ SŁAWOMIR           | 369 |                                    | CZUDEC                         | POL  | M30  | 113    | M 281 | 00:01:13 | 01:52:06 | 03:08:40 | 04:13:56 | 05:06:15 |         | 05:38:19.10 | 05:38:19.10 | 7:35   | 7.9  |
| 315  | NOWAKOWSKI WIESŁAW     | 425 | -                                  | PRZEMYŚL                       | POL  | M60  | 8      | M 282 | 00:02:48 | 02:01:06 | 03:10:04 | 04:12:18 | 05:06:37 |         | 05:38:20.70 | 05:38:20.70 | 7:35   | 7.9  |
| 316  | GWIZDAK BARTOSZ        | 652 | PIJEBIMBERNONS<br>TOP              | BOGUCHWAŁ<br>A                 | POL  | M30  | 114    | M 283 | 00:01:15 | 01:56:32 | 03:08:39 | 04:13:55 | 05:07:43 |         | 05:38:24.35 | 05:38:24.35 | 7:35   | 7.9  |
| 317  | BARADZIEJ BARTŁOMIEJ   | 515 | TERMINAL<br>LOGISTYCZNY<br>PROMONT | TYCHY                          | POL  | M30  | 115    | M 284 | 00:01:06 | 01:57:44 | 03:07:30 | 04:13:00 | 05:08:41 |         | 05:40:42.40 | 05:40:42.40 | 7:38   | 7.9  |
| 318  | SZALACHA KATARZYNA     | 576 |                                    | RZESZÓW                        | POL  | K30  | 18     | K 34  | 00:02:37 | 02:04:29 | 03:14:26 | 04:20:32 | 05:10:48 |         | 05:40:49.25 | 05:40:49.25 | 7:38   | 7.9  |
| 319  | BLACHA JAROSŁAW        | 517 |                                    | BIŁGORAJ                       | POL  | M30  | 116    | M 285 | 00:01:27 | 02:00:21 | 03:09:58 | 04:12:14 | 05:08:07 |         | 05:40:54.15 | 05:40:54.15 | 7:38   | 7.8  |
| 320  | ZWOLAK GRZEGORZ        | 328 |                                    | JAROSŁAW                       | POL  | M30  | 117    | M 286 | 00:02:39 | 02:04:40 | 03:16:36 | 04:20:10 | 05:10:31 |         | 05:41:32.85 | 05:41:32.85 | 7:39   | 7.8  |
| 321  | PIEKARSKI WOJCIECH     | 221 | RAP AUGUSTÓW                       | AUGUSTÓW                       | POL  | M40  | 115    | M 287 | 00:02:25 | 02:05:33 | 03:17:49 | 04:22:01 | 05:11:36 |         | 05:41:41.25 | 05:41:41.25 | 7:39   | 7.8  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                         | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|------------------------------|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
|      |                       |     |                              | ć                |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 322  | BIEL ŁUKASZ           | 376 |                              | WARSAW           | POL  | M30  | 118    | M 288 | 00:02:46 | 02:07:18 | 03:27:21 | 04:24:12 | 05:13:09 |         | 05:41:41.40 | 05:41:41.40 | 7:39   | 7.8  |
| 323  | DUDZIŃSKI PIOTR       | 355 |                              | RZESZÓW          | POL  | M30  | 119    | M 289 | 00:01:12 | 01:54:54 | 03:11:42 | 04:21:08 | 05:11:17 |         | 05:41:43.15 | 05:41:43.15 | 7:39   | 7.8  |
| 324  | KARKUT MICHAŁ         | 162 | FUN&RUN                      | ZABORÓW          | POL  | M30  | 120    | M 290 | 00:02:38 | 01:58:55 | 03:11:38 | 04:21:07 | 05:11:20 |         | 05:41:43.90 | 05:41:43.90 | 7:39   | 7.8  |
| 325  | WAWRZAK RYSZARD       | 48  | NIGHT RUNNERS                | GLIWICE          | POL  | M40  | 116    | M 291 | 00:03:08 | 02:03:46 | 03:16:56 | 04:18:34 | 05:11:19 |         | 05:41:55.60 | 05:41:55.60 | 7:39   | 7.8  |
|      |                       |     |                              | GLIWICE          |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 326  | FRAĆ DARIUSZ          | 37  | NIGHT RUNNERS                | GLIWICE          | POL  | M40  | 117    | M 292 | 00:03:08 | 02:03:42 | 03:16:45 | 04:20:05 | 05:12:24 |         | 05:41:55.80 | 05:41:55.80 | 7:39   | 7.8  |
|      |                       |     |                              | GLIWICE          |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 327  | BOROWSKI IGOR         | 431 | MAKONDO TEAM                 | ZAMOŚĆ           | POL  | M30  | 121    | M 293 | 00:01:13 | 01:57:29 | 03:10:24 | 04:16:52 | 05:12:06 |         | 05:43:00.70 | 05:43:00.70 | 7:41   | 7.8  |
| 328  | PAWELEC PIOTR         | 612 |                              | JASŁO            | POL  | M50  | 26     | M 294 | 00:02:34 | 01:58:25 | 03:17:36 | 04:25:56 | 05:16:02 |         | 05:43:02.45 | 05:43:02.45 | 7:41   | 7.8  |
| 329  | PARCHOMIUK ANDRZEJ    | 138 | NIEZRZESZONY                 | WARSAWA          | POL  | M50  | 27     | M 295 | 00:02:23 | 02:07:25 | 03:16:17 |          | 05:07:41 |         | 05:43:54.90 | 05:43:54.90 | 7:42   | 7.8  |
| 330  | STEC IWONA            | 237 |                              | WILKOWICE        | POL  | K20  | 3      | K 35  | 00:02:23 | 02:04:57 | 03:15:10 | 04:17:55 | 05:10:15 |         | 05:44:15.10 | 05:44:15.10 | 7:43   | 7.8  |
| 331  | KOZIEŁ TADEUSZ        | 450 | SZCZĘŚCIARZ                  | RZESZÓW          | POL  | M20  | 23     | M 296 | 00:01:10 | 01:55:03 | 03:11:48 | 04:18:30 | 05:13:03 |         | 05:44:35.10 | 05:44:35.10 | 7:43   | 7.8  |
|      |                       |     |                              | BIEGA            |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 332  | NOWICKI ARTUR         | 435 | SPORTCZESNA                  | BARGŁY           | POL  | M50  | 28     | M 296 | 00:01:20 | 01:56:47 | 03:16:04 | 04:24:07 | 05:16:00 |         | 05:44:35.10 | 05:44:35.10 | 7:43   | 7.8  |
| 333  | BARANOWSKI KRZYSZTOF  | 351 | KUTNO BIEGA                  | KUTNO            | POL  | M50  | 29     | M 298 | 00:01:39 | 02:03:21 | 03:17:48 | 04:23:56 | 05:15:44 |         | 05:44:41.50 | 05:44:41.50 | 7:43   | 7.8  |
| 334  | STODULSKI KRZYSZTOF   | 348 | KUTNO BIEGA                  | KRZYŻANÓW        | POL  | M40  | 118    | M 299 | 00:01:40 | 02:03:23 | 03:17:46 | 04:25:46 | 05:15:45 |         | 05:44:41.80 | 05:44:41.80 | 7:43   | 7.8  |
| 335  | SZABŁOWSKA IWONA      | 731 | STRASZYN ULTRA TEAM          | JUSZKOWO         | POL  | K30  | 19     | K 36  |          | 01:35:35 | 03:23:48 | 04:27:23 | 05:16:10 |         | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 336  | KARAŚ SYLWIA          | 461 |                              | IWONICZ-ZD RÓJ   | POL  | K20  | 4      | K 36  | 00:00:57 | 01:59:29 | 03:14:37 | 04:21:10 | 05:12:44 |         | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 337  | RÓZYCKI RYSZARD       | 772 |                              | ZAGÓRZ           |      | M60  | 9      | M 300 | 00:02:35 | 02:06:32 | 03:15:36 | 04:22:15 | 05:15:37 |         | 05:44:43.15 | 05:44:43.15 | 7:43   | 7.8  |
| 338  | JĘDRZEJCZYK TOMASZ    | 512 | CHYBA NIE DAM RADY           | KRAKÓW           | POL  | M40  | 119    | M 301 | 00:02:07 | 02:04:50 | 03:18:41 | 04:22:08 | 05:13:16 |         | 05:44:45.00 | 05:44:45.00 | 7:43   | 7.8  |
| 339  | AMBICKI MIŁOSZ        | 635 | WKURW_TEAM                   | RZESZÓW          | POL  | M30  | 122    | M 302 | 00:02:31 | 02:04:22 | 03:21:07 | 04:25:54 | 05:16:41 |         | 05:45:16.70 | 05:45:16.70 | 7:44   | 7.8  |
| 340  | TOKARZ MARCIN         | 434 |                              | LIBERTÓW         | POL  | M40  | 120    | M 303 | 00:00:53 | 02:04:31 | 03:22:38 | 04:23:28 | 05:13:07 |         | 05:45:25.40 | 05:45:25.40 | 7:44   | 7.7  |
| 341  | MAJTYKA TOMASZ        | 167 | LOS TREPOS COMPANIEROS       | KRAKÓW           | POL  | M40  | 121    | M 304 | 00:02:37 | 02:06:09 | 03:18:45 | 04:26:16 | 05:17:18 |         | 05:45:28.65 | 05:45:28.65 | 7:44   | 7.7  |
| 342  | GLÓWKA ALFRED         | 634 | KARCZMA U FREDA              | KĘDZIERZYN-KOŹLE | POL  | M50  | 30     | M 305 | 00:01:27 | 01:58:46 | 03:16:14 | 04:23:36 | 05:14:29 |         | 05:46:12.35 | 05:46:12.35 | 7:45   | 7.7  |
| 343  | MYŚLIŃSKA ANNA        | 639 | EKOBIEGI                     | WARSAWA          | POL  | K40  | 14     | K 38  | 00:01:28 | 02:05:13 | 03:17:30 | 04:20:51 | 05:15:06 |         | 05:46:35.90 | 05:46:35.90 | 7:46   | 7.7  |
| 344  | RYCERSKI RAFAŁ        | 678 |                              | CZAPLINEK        | POL  | M30  | 123    | M 306 | 00:01:36 | 02:04:29 | 03:20:56 | 04:28:03 | 05:17:32 |         | 05:46:36.80 | 05:46:36.80 | 7:46   | 7.7  |
| 345  | GWIZDZ GRZEGORZ       | 590 |                              | RZESZÓW          | POL  | M30  | 124    | M 307 | 00:01:10 | 01:52:54 | 03:11:20 | 04:21:08 | 05:14:32 |         | 05:46:39.85 | 05:46:39.85 | 7:46   | 7.7  |
| 346  | LATO-KSIĄŻEK KAROLINA | 459 | LUBLIN BIEGA                 | LUBLIN           | POL  | K30  | 20     | K 39  | 00:03:02 | 02:15:49 | 03:27:48 | 04:26:20 | 05:18:20 |         | 05:46:41.55 | 05:46:41.55 | 7:46   | 7.7  |
| 347  | KRĘŻAŁEK MARCIN       | 497 |                              | WIETRZNO         | POL  | M20  | 24     | M 308 | 00:01:18 | 01:52:21 | 03:03:03 | 04:15:31 | 05:14:43 |         | 05:46:42.00 | 05:46:42.00 | 7:46   | 7.7  |
| 348  | SOBCZAK HENRYK        | 523 | S.H.T I UKS GIMPEL NOWY TARG | NOWY TARG        | POL  | M30  | 125    | M 309 | 00:00:30 | 02:04:36 | 03:25:37 | 04:31:22 | 05:21:54 |         | 05:46:45.55 | 05:46:45.55 | 7:46   | 7.7  |
| 349  | ZNAMIEC MARCIN        | 563 | IPA PAŁAC MOSTOWSKICH KSP    | WARSAWA          | POL  | M40  | 122    | M 310 | 00:03:36 | 02:08:48 | 03:23:26 | 04:27:12 | 05:18:57 |         | 05:47:15.60 | 05:47:15.60 | 7:47   | 7.7  |
| 350  | DYSZKIEWICZ TOMASZ    | 436 | KUTNO BIEGA                  | KUTNO            | POL  | M30  | 126    | M 311 | 00:01:41 | 02:03:23 | 03:17:47 | 04:24:06 | 05:15:50 |         | 05:47:53.00 | 05:47:53.00 | 7:48   | 7.7  |
| 351  | BĘKOT ARKADIUSZ       | 703 |                              | ŚWIĘTOCHŁÓWICE   | POL  | M40  | 123    | M 312 | 00:01:46 | 02:03:43 | 03:17:33 | 04:21:11 | 05:13:07 |         | 05:48:04.25 | 05:48:04.25 | 7:48   | 7.7  |
| 352  | PATRZYK JACEK         | 527 |                              | ŚWIĘTOCHŁÓWICE   | POL  | M40  | 124    | M 313 | 00:01:46 | 02:03:47 | 03:17:35 | 04:21:13 | 05:13:08 |         | 05:48:04.55 | 05:48:04.55 | 7:48   | 7.7  |
| 353  | ŻMUDZIEJEWSKI JAKUB   | 587 | WM TRISELF                   | KRAKÓW           | POL  | M30  | 127    | M 314 | 00:03:01 | 02:00:34 | 03:11:23 | 04:20:57 | 05:12:54 |         | 05:48:14.00 | 05:48:14.00 | 7:48   | 7.7  |
| 354  | PARTYKA MICHAŁ        | 30  |                              | RZESZÓW          | POL  | M30  | 128    | M 315 | 00:03:01 | 02:00:34 | 03:11:25 | 04:20:57 | 05:12:55 |         | 05:48:14.10 | 05:48:14.10 | 7:48   | 7.7  |
| 355  | MISZOGRAJ TOMASZ      | 480 |                              | WARSAWA          | POL  | M30  | 129    | M 316 | 00:03:01 | 02:00:33 | 03:11:24 | 04:20:55 | 05:12:53 |         | 05:48:14.15 | 05:48:14.15 | 7:48   | 7.7  |
| 356  | KAJA ROBERT           | 466 | WIELUŃ BIEGA                 | WIELUŃ           | POL  | M50  | 31     | M 317 | 00:02:03 | 02:01:16 | 03:16:08 | 04:20:37 | 05:16:13 |         | 05:48:20.60 | 05:48:20.60 | 7:48   | 7.7  |
| 357  | ŻEBROWSKA JOLANTA     | 702 | POTRENUJEMY?                 | PUŁAWY           | POL  | K50  | 2      | K 40  | 00:00:46 | 02:05:35 | 03:21:53 | 04:23:39 | 05:15:13 |         | 05:48:29.00 | 05:48:29.00 | 7:48   | 7.7  |
| 358  | OŻANA BARTOSZ         | 489 | NIGHT RUNNERS                | POZNAŃ           | POL  | M20  | 25     | M 318 | 00:03:00 | 02:07:57 | 03:18:40 | 04:23:29 | 05:14:34 |         | 05:48:31.25 | 05:48:31.25 | 7:48   | 7.7  |
| 359  | WRÓBEL DARIUSZ        | 287 | TEAM ZABIEGANEDNI            | WARSAWA          | POL  | M40  | 125    | M 319 | 00:02:01 | 02:05:26 | 03:25:16 | 04:27:34 | 05:18:35 |         | 05:48:32.65 | 05:48:32.65 | 7:48   | 7.7  |
| 360  | GRUCA RYSZARD         | 707 |                              | GRYBÓW           | POL  | M50  | 32     | M 320 | 00:02:03 | 01:59:43 | 03:08:34 | 04:25:59 | 05:18:19 |         | 05:48:34.40 | 05:48:34.40 | 7:48   | 7.7  |
| 361  | BIEL TOMASZ           | 552 |                              | KATOWICE         | POL  | M40  | 126    | M 321 | 00:02:45 | 02:07:18 | 03:27:20 | 04:27:12 | 05:19:49 |         | 05:48:34.95 | 05:48:34.95 | 7:48   | 7.7  |
| 362  | DOŁĘGA ANNA           | 625 | ZABIEGANA MAMA               | BIALYSTOK        | POL  | K40  | 15     | K 41  | 00:01:45 | 02:08:59 | 03:25:23 | 04:27:14 | 05:19:02 |         | 05:50:12.70 | 05:50:12.70 | 7:51   | 7.6  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce     | Nazwisko i imię       | Nr  | Klub                            | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|----------|-----------------------|-----|---------------------------------|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| <b>Ć</b> |                       |     |                                 |                  |      |      |        |       |          |          |          |          |          |         |             |             |        |      |
| 363      | RYGLEWICZ TOMASZ      | 427 | NIGHT RUNNERS                   | JEDLICZE         | POL  | M30  | 130    | M 322 | 00:01:57 | 02:02:46 | 03:15:44 | 04:23:39 | 05:18:11 |         | 05:50:48.25 | 05:50:48.25 | 7:51   | 7.6  |
| 364      | STOPA MARCIN          | 571 | WWW.RUNRZESZOW.PL               | RZESZÓW          | POL  | M40  | 127    | M 323 | 00:02:08 | 01:54:40 | 03:05:51 | 04:19:23 | 05:16:53 |         | 05:51:03.70 | 05:51:03.70 | 7:52   | 7.6  |
| 365      | ZAKRZEWSKI MAREK      | 683 | EKOBIEGI                        | WARSZAWA         | POL  | M40  | 128    | M 324 | 00:01:25 | 02:05:14 | 03:15:57 | 04:20:52 | 05:17:55 |         | 05:51:04.95 | 05:51:04.95 | 7:52   | 7.6  |
| 366      | JANICKI TOMASZ        | 222 | 21DAPLOT                        | JAROSŁAW         | POL  | M30  | 131    | M 325 | 00:02:31 | 02:06:34 | 03:19:22 | 04:25:03 | 05:18:15 |         | 05:51:05.85 | 05:51:05.85 | 7:52   | 7.6  |
| 367      | PILECKI ADAM          | 680 | STALOWE DZIKI                   | STALOWA WOLA     | POL  | M20  | 26     | M 326 | 00:01:38 | 01:59:54 | 03:12:40 | 04:25:02 | 05:18:16 |         | 05:51:09.70 | 05:51:09.70 | 7:52   | 7.6  |
| 368      | SĄDEJ MARCIN          | 89  | STALOWE DZIKI                   | STALOWA WOLA     | POL  | M30  | 132    | M 327 | 00:01:39 | 01:59:51 | 03:12:42 | 04:25:02 | 05:18:17 |         | 05:51:09.80 | 05:51:09.80 | 7:52   | 7.6  |
| 369      | DZIUMAK JAKUB         | 487 |                                 | WARSZAWA         | POL  | M20  | 27     | M 328 | 00:01:35 | 02:05:37 | 03:19:48 | 04:24:45 | 05:22:36 |         | 05:51:13.50 | 05:51:13.50 | 7:52   | 7.6  |
| 370      | SAKOWSKA ANETA        | 92  | MARATONKA GRAJEWO               | DROZDOWO         | POL  | K40  | 16     | K 42  | 00:01:43 | 02:14:51 | 03:27:50 | 04:27:07 | 05:22:32 |         | 05:51:13.50 | 05:51:13.50 | 7:52   | 7.6  |
| 371      | NAZIMEK LILIANNA      | 173 | SUO TEMPORE                     | NOWY SĄCZ        | POL  | K40  | 17     | K 43  | 00:01:36 | 02:08:11 | 03:22:13 | 04:28:33 | 05:22:32 |         | 05:51:24.55 | 05:51:24.55 | 7:52   | 7.6  |
| 372      | TOKARSKI RAFAŁ        | 626 |                                 | KRAKÓW           | POL  | M40  | 129    | M 329 | 00:02:18 | 01:58:24 | 03:14:23 | 04:23:42 | 05:18:01 |         | 05:52:37.45 | 05:52:37.45 | 7:54   | 7.6  |
| 373      | PAŚNIK PAWEŁ          | 598 | AKB CRACOVIA                    | WARSZAWA         | POL  | M40  | 130    | M 330 | 00:03:09 | 02:05:20 | 03:20:25 | 04:27:50 | 05:21:10 |         | 05:53:07.00 | 05:53:07.00 | 7:55   | 7.6  |
| 374      | DOMAGAŁA JERZY        | 294 |                                 | RZESZÓW          | POL  | M50  | 33     | M 331 | 00:03:23 | 02:11:33 | 03:23:58 | 04:26:04 | 05:22:29 |         | 05:54:41.50 | 05:54:41.50 | 7:57   | 7.5  |
| 375      | KOBYLIŃSKI MARIUSZ    | 79  | SST LUBCZA                      | WOLA ZGŁOBIENSKA | POL  | M30  | 133    | M 332 | 00:01:39 | 01:59:59 | 03:12:54 | 04:25:01 | 05:21:30 |         | 05:56:12.15 | 05:56:12.15 | 7:59   | 7.5  |
| 376      | KOPEĆ RAFAŁ           | 759 |                                 | KRAKÓW           |      | M20  | 28     | M 333 | 00:01:30 | 02:02:46 | 03:20:32 | 04:24:42 | 05:24:31 |         | 05:56:13.40 | 05:56:13.40 | 7:59   | 7.5  |
| 377      | SZACHEWICZ SŁAWOMIR   | 554 | JEŻOZWIERZE GROUP               | WROCŁAW          | POL  | M40  | 131    | M 334 | 00:02:59 | 02:05:16 | 03:19:14 | 04:30:28 | 05:24:28 |         | 05:56:14.20 | 05:56:14.20 | 7:59   | 7.5  |
| 378      | JĘDRZEJOWSKA-DEC ANNA | 766 |                                 | GLIWICE          |      | K40  | 18     | K 44  | 00:02:43 | 02:06:08 | 03:21:09 | 04:30:21 | 05:24:44 |         | 05:56:17.55 | 05:56:17.55 | 7:59   | 7.5  |
| 379      | MAĆZKA BRONISŁAW      | 767 |                                 | GLIWICE          |      | M60  | 10     | M 335 | 00:02:43 | 02:06:06 | 03:21:10 | 04:30:21 | 05:24:45 |         | 05:56:17.65 | 05:56:17.65 | 7:59   | 7.5  |
| 380      | FRAŃCZEK MACIEJ       | 726 |                                 | PIASECZNO        | POL  | M40  | 132    | M 336 |          | 02:16:42 | 03:29:50 | 04:35:31 | 05:27:55 |         | 05:56:28.75 | 05:56:28.75 | 7:59   | 7.5  |
| 381      | SKOWRON RADOŚLAW      | 364 |                                 | BALICE           | POL  | M40  | 133    | M 337 | 00:05:01 | 02:16:40 | 03:29:48 | 04:35:16 | 05:27:56 |         | 05:56:29.30 | 05:56:29.30 | 7:59   | 7.5  |
| 382      | BARAN BERNARD         | 665 | OCR TEAM DĘBICA                 | DĘBICA           | POL  | M40  | 134    | M 338 | 00:02:14 | 02:13:06 | 03:28:23 | 04:34:25 | 05:26:13 |         | 05:56:33.85 | 05:56:33.85 | 7:59   | 7.5  |
| 383      | ZIELONKA MARIUSZ      | 245 |                                 | POZNAŃ           | POL  | M40  | 135    | M 339 | 00:03:19 | 02:15:16 | 03:26:34 | 04:32:02 | 05:26:52 |         | 05:57:26.95 | 05:57:26.95 | 8:00   | 7.5  |
| 384      | WÓJCIK JULIAN         | 233 | SZWLA STARGARD                  | STARGARD         | POL  | M60  | 11     | M 340 | 00:01:50 | 02:13:36 | 03:28:05 | 04:31:10 | 05:27:28 |         | 05:57:28.30 | 05:57:28.30 | 8:00   | 7.5  |
| 385      | CHYLAK JAKUB          | 189 | AERODYNAMIKA SŁOIKA PO OGÓRKACH | NOWY TOMYŚL      | POL  | M20  | 29     | M 340 | 00:03:11 | 02:08:04 | 03:27:18 | 04:30:51 | 05:26:24 |         | 05:57:28.30 | 05:57:28.30 | 8:00   | 7.5  |
| 386      | MYGA MICHAŁ           | 310 | HEARTLESS                       | KATOWICE         | POL  | M30  | 134    | M 342 | 00:03:22 | 02:11:51 | 03:22:34 | 04:36:18 | 05:28:49 |         | 05:57:29.40 | 05:57:29.40 | 8:00   | 7.5  |
| 387      | MYGA ANNA             | 311 | HEARTESS                        | KATOWICE         | POL  | K30  | 21     | K 45  | 00:03:22 | 02:11:48 | 03:22:45 | 04:36:18 | 05:28:50 |         | 05:57:30.15 | 05:57:30.15 | 8:00   | 7.5  |
| 388      | PIĄTEK RAFAŁ          | 123 | BEFIT24TEAM                     | KRAKÓW           | POL  | M30  | 135    | M 343 | 00:02:36 | 02:01:27 | 03:17:30 | 04:27:02 | 05:26:46 |         | 05:57:30.80 | 05:57:30.80 | 8:00   | 7.5  |
| 389      | KWAPIEŃ KAROLINA      | 605 | VEGE RUNNERS                    | BIAŁA PODLASKA   | POL  | K30  | 22     | K 46  | 00:02:21 | 02:06:39 | 03:23:59 | 04:31:53 | 05:25:58 |         | 05:58:22.90 | 05:58:22.90 | 8:02   | 7.5  |
| 390      | BEDRYJ MATEUSZ        | 604 | 42 DO SZCZĘŚCIA                 | MEŁNO            | POL  | M20  | 30     | M 344 | 00:02:21 | 02:06:39 | 03:24:00 | 04:31:53 | 05:25:59 |         | 05:58:23.65 | 05:58:23.65 | 8:02   | 7.5  |
| 391      | FLOREK MICHAŁ         | 735 | JW 6968                         | KRAKÓW           | POL  | M30  | 136    | M 345 | 00:02:42 | 02:20:47 | 03:35:09 | 04:35:28 | 05:26:44 |         | 05:58:26.20 | 05:58:26.20 | 8:02   | 7.5  |
| 392      | WYSOKIŃSKI JERZY      | 753 | KLUB BIEGACZA BIAŁA PODLASKA    | BIAŁA PODLASKA   | POL  | M50  | 34     | M 346 | 00:03:11 | 02:17:55 | 03:31:06 | 04:32:57 | 05:27:17 |         | 05:58:26.60 | 05:58:26.60 | 8:02   | 7.5  |
| 393      | SWOROWSKA IZABELA     | 463 | WOLSZTYŃSKI KLUB BIEGOWY        | WOLSZTYN         | POL  | K40  | 19     | K 47  | 00:01:55 | 02:14:50 | 03:31:23 | 04:32:56 | 05:27:51 |         | 05:58:28.30 | 05:58:28.30 | 8:02   | 7.5  |
| 394      | SWOROWSKI MACIEJ      | 464 | WOLSZTYŃSKI KLUB BIEGOWY        | WOLSZTYN         | POL  | M40  | 136    | M 347 | 00:01:54 | 02:14:48 | 03:31:25 | 04:32:56 | 05:27:52 |         | 05:58:28.60 | 05:58:28.60 | 8:02   | 7.5  |
| 395      | JĘDRZEJCZYK KONRAD    | 399 |                                 | KRASNE           | POL  | M20  | 31     | M 348 | 00:01:42 | 02:01:33 | 03:24:15 | 04:40:28 | 05:29:57 |         | 05:58:28.95 | 05:58:28.95 | 8:02   | 7.5  |
| 396      | BLASZKE BEATA         | 329 | NIGHT RUNNERS GLIWICE           | GLIWICE          | POL  | K40  | 20     | K 48  | 00:02:57 | 02:07:23 | 03:26:57 | 04:39:24 | 05:29:39 |         | 05:58:29.65 | 05:58:29.65 | 8:02   | 7.5  |
| 397      | PISIGNAS MARIUSZ      | 400 | NIGHT RUNNERS GLIWICE           | GLIWICE          | POL  | M40  | 137    | M 349 | 00:02:59 | 02:09:10 | 03:26:59 | 04:39:25 | 05:29:38 |         | 05:58:30.80 | 05:58:30.80 | 8:02   | 7.5  |
| 398      | MŁODZIK DARIUSZ       | 592 | HUSARIA RACE TEAM               | ŁĄCZANY          | POL  | M30  | 137    | M 350 | 00:03:08 | 01:58:27 | 03:08:13 | 04:25:14 | 05:22:41 |         | 05:58:36.00 | 05:58:36.00 | 8:02   | 7.5  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub   | M-scowość         | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--|-------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 399  | TOCZEWSKA ANNA       | 751 | JACEKBIEGA<br>RUNNING TEAM                   | WARSZAWA          | POL  | K50  | 3      | K 49  | 00:02:23 | 02:08:55 | 03:24:01 | 04:29:16 | 05:27:23 |         | 05:59:03.75 | 05:59:03.75 | 8:03   | 7.5  |
| 400  | RAMOTOWSKI MARCIN    | 93  | GERLACH<br>SMUGGLERS                         | WARSZAWA          | POL  | M40  | 138    | M 351 | 00:01:10 | 02:03:59 | 03:23:29 | 04:33:11 | 05:27:26 |         | 05:59:07.95 | 05:59:07.95 | 8:03   | 7.5  |
| 401  | POLAŃSKI PAWEŁ       | 749 | #KASZANIENAM<br>OKA                          | GDAŃSK            | POL  | M30  | 138    | M 352 | 00:03:07 | 02:12:23 | 03:27:54 | 04:31:32 | 05:25:16 |         | 05:59:08.75 | 05:59:08.75 | 8:03   | 7.5  |
| 402  | PIASNY PAWEŁ         | 746 |  | GLIWICE           | POL  | M40  | 139    | M 353 | 00:01:01 | 02:06:52 | 03:24:49 | 04:33:08 | 05:28:03 |         | 05:59:13.90 | 05:59:13.90 | 8:03   | 7.4  |
| 403  | KOWALSKI MACIEJ      | 268 | MORSY OŚNO<br>LUBUSKIE                       | OŚNO<br>LUBUSKIE  | POL  | M40  | 140    | M 354 | 00:01:54 | 02:02:50 | 03:20:58 | 04:31:48 | 05:29:26 |         | 06:00:23.80 | 06:00:23.80 | 8:04   | 7.4  |
| 404  | ROŹNIATA ANDRZEJ     | 640 | KS GŁOWNO W<br>BIEGU                         | GŁOWNO            | POL  | M40  | 141    | M 355 | 00:00:56 | 01:59:14 | 03:15:11 | 04:26:56 | 05:27:27 |         | 06:00:32.50 | 06:00:32.50 | 8:05   | 7.4  |
| 405  | KISIŃSKI JAROSŁAW    | 589 | COMP S.A. /<br>NOVITUS                       | NOWY SĄCZ         | POL  | M40  | 142    | M 356 | 00:01:08 | 02:04:26 | 03:16:40 | 04:24:50 | 05:30:12 |         | 06:00:32.55 | 06:00:32.55 | 8:05   | 7.4  |
| 406  | GŁOWACKI ANDRZEJ     | 468 | DOWÓDZTWO<br>WOJSK OBRONY<br>TERYTORIALNEJ   | LEGIONOWO         | POL  | M40  | 143    | M 357 | 00:01:03 | 01:58:31 | 03:18:09 | 04:29:06 | 05:26:03 |         | 06:00:38.60 | 06:00:38.60 | 8:05   | 7.4  |
| 407  | ŁÓJ-KONIECZNA EDYTA  | 96  | INFINITY GYM                                 | PROSZOWICE        | POL  | K40  | 21     | K 50  | 00:01:50 | 02:11:31 | 03:24:56 | 04:31:27 | 05:27:28 |         | 06:00:40.35 | 06:00:40.35 | 8:05   | 7.4  |
| 408  | JEZIORNY RYSZARD     | 414 | WIELUŃ BIEGA                                 | WIELUŃ            | POL  | M50  | 35     | M 358 | 00:02:04 | 02:08:37 | 03:26:04 | 04:32:03 | 05:26:35 |         | 06:00:41.85 | 06:00:41.85 | 8:05   | 7.4  |
| 409  | RYBAK WOJCIECH       | 595 | GOPR<br>BIESZCZADY                           | ŁAŃCUT            | POL  | M40  | 144    | M 359 |          | 02:06:46 | 03:20:55 | 04:35:43 | 05:31:47 |         | 06:00:46.40 | 06:00:46.40 | 8:05   | 7.4  |
| 410  | CHUDA ANETA          | 301 |  | WROCLAW           | POL  | K30  | 23     | K 51  | 00:01:04 | 02:16:14 | 03:33:25 | 04:35:20 | 05:30:31 |         | 06:00:49.75 | 06:00:49.75 | 8:05   | 7.4  |
| 411  | STACHYRA BARTŁOMIEJ  | 313 |  | LUBLIN            | POL  | M20  | 32     | M 360 | 00:02:20 | 02:06:53 | 03:20:35 | 04:30:00 | 05:28:32 |         | 06:01:00.25 | 06:01:00.25 | 8:05   | 7.4  |
| 412  | CHLEBIŃSKI MACIEJ    | 615 | RZESZOWSKIE<br>GAZELE I<br>GEPARDY           | RZESZÓW           | POL  | M30  | 139    | M 361 | 00:02:55 | 02:02:48 | 03:17:45 | 04:31:06 | 05:29:32 |         | 06:01:32.55 | 06:01:32.55 | 8:06   | 7.4  |
| 413  | WOJTOWICZ DANIEL     | 444 | NAUKA BIEGA                                  | USTRZYKI<br>DOLNE | POL  | M40  | 145    | M 362 | 00:00:52 | 02:04:32 | 03:22:52 | 04:32:50 | 05:29:40 |         | 06:01:35.95 | 06:01:35.95 | 8:06   | 7.4  |
| 414  | KOWALSKA JUSTYNA     | 267 | MORSY OŚNO<br>LUBUSKIE                       | OŚNO<br>LUBUSKIE  | POL  | K40  | 22     | K 52  | 00:01:54 | 02:03:31 | 03:20:57 | 04:31:49 | 05:29:33 |         | 06:01:51.25 | 06:01:51.25 | 8:06   | 7.4  |
| 415  | BUKAŁA TOMASZ        | 254 |  | WARSZAWA          | POL  | M30  | 140    | M 363 | 00:02:12 | 01:57:15 | 03:13:08 | 04:35:39 | 05:31:44 |         | 06:01:55.65 | 06:01:55.65 | 8:06   | 7.4  |
| 416  | CZUBA MICHAŁ         | 251 |  | LIGOTA<br>ZAMECKA | POL  | M30  | 141    | M 364 | 00:01:06 | 02:08:08 | 03:26:32 | 04:35:50 | 05:33:25 |         | 06:02:26.35 | 06:02:26.35 | 8:07   | 7.4  |
| 417  | CIESZKO MAREK        | 317 | KW WARSZAWA                                  | WARSZAWA          | POL  | M30  | 142    | M 365 | 00:04:48 | 02:18:18 | 03:38:07 | 04:38:50 | 05:34:30 |         | 06:03:34.80 | 06:03:34.80 | 8:09   | 7.4  |
| 418  | LEŚNIAK-POPIEL MARTA | 345 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SANOK             | POL  | K40  | 23     | K 53  | 00:02:40 | 02:12:29 | 03:30:21 | 04:37:34 | 05:32:44 |         | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 419  | WAJCOWICZ WITOLD     | 150 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SANOK             | POL  | M40  | 146    | M 366 | 00:01:47 | 02:12:20 | 03:30:21 | 04:37:32 | 05:32:44 |         | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 420  | KISIŃSKA IRENA       | 588 | VISEGRAD<br>MARATON RYTRO                    | NOWY SĄCZ         | POL  | K40  | 24     | K 54  | 00:01:08 | 02:04:27 | 03:16:44 | 04:24:54 | 05:30:13 |         | 06:04:14.65 | 06:04:14.65 | 8:10   | 7.3  |
| 421  | WIŚNIEWSKI DOMINIK   | 647 |  | WARSZAWA          | POL  | M30  | 143    | M 367 | 00:01:19 | 01:59:25 | 03:15:13 | 04:30:47 | 05:30:43 |         | 06:04:18.10 | 06:04:18.10 | 8:10   | 7.3  |
| 422  | WIENER MARCIN        | 456 |  | KATOWICE          | POL  | M40  | 147    | M 368 | 00:03:29 | 02:11:03 | 03:26:28 | 04:34:11 | 05:29:41 |         | 06:04:25.65 | 06:04:25.65 | 8:10   | 7.3  |
| 423  | BURZYŃSKI TOMASZ     | 545 | -  | JÓZEFOSŁAW        | POL  | M40  | 148    | M 369 | 00:01:23 | 02:02:54 | 03:26:44 | 04:35:04 | 05:31:36 |         | 06:04:34.25 | 06:04:34.25 | 8:10   | 7.3  |
| 424  | MIERZYŃSKI RAFAŁ     | 172 | BIEGING TEAM<br>ZELÓW                        | ZELÓW             | POL  | M30  | 144    | M 370 | 00:02:12 | 02:06:36 | 03:28:48 | 04:40:51 | 05:33:04 |         | 06:04:38.35 | 06:04:38.35 | 8:10   | 7.3  |
| 425  | NIEMCZAK BARBARA     | 616 | IPA PAŁAC<br>MOSTOWSKICH                     | PIASECZNO         | POL  | K30  | 24     | K 55  | 00:02:02 | 02:09:33 | 03:27:34 | 04:38:12 | 05:32:09 |         | 06:04:41.40 | 06:04:41.40 | 8:10   | 7.3  |
| 426  | BOCHENEK MICHAŁ      | 101 | INFINITY GYM                                 | PROSZOWICE        | POL  | M30  | 145    | M 371 | 00:01:48 | 02:07:12 | 03:28:20 | 04:35:50 | 05:34:09 |         | 06:04:52.35 | 06:04:52.35 | 8:10   | 7.3  |
| 427  | MAŁKIEWICZ DARIUSZ   | 437 | PGB SPORTOWA<br>PACZKA                       | KATOWICE          | POL  | M40  | 149    | M 372 | 00:02:00 | 02:08:56 | 03:28:42 | 04:36:11 | 05:33:43 |         | 06:04:55.05 | 06:04:55.05 | 8:10   | 7.3  |
| 428  | FOGEL JANUSZ         | 256 | PTG SOKÓŁ<br>ŚWIAT PRACY                     | TARNÓW            | POL  | M40  | 150    | M 373 | 00:02:15 | 02:12:22 | 03:29:12 | 04:38:03 | 05:34:04 |         | 06:04:58.55 | 06:04:58.55 | 8:10   | 7.3  |
| 429  | GAŚIÓROWSKI MACIEJ   | 555 |  | WARSZAWA          | POL  | M40  | 151    | M 374 | 00:04:47 | 02:21:33 | 03:41:21 | 04:43:33 | 05:36:35 |         | 06:05:04.15 | 06:05:04.15 | 8:11   | 7.3  |
| 430  | JAKUBOWSKI DANIEL    | 242 | CENTRUM<br>ANIMACJI<br>SPOŁECZNEJ<br>CARITAS | ZABAJKA           | POL  | M40  | 152    | M 375 | 00:03:15 | 02:12:09 | 03:35:26 | 04:46:14 | 05:37:33 |         | 06:05:17.00 | 06:05:17.00 | 8:11   | 7.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                         | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------------------------------|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 431  | OLEKSAK GRZEGORZ       | 630 |                              | BIAŁA<br>PODLASKA      | POL  | M30  | 146    | M 376 | 00:03:12 | 02:14:55 | 03:30:08 | 04:34:33 | 05:31:21 |          | 06:06:29.60 | 06:06:29.60 | 8:13   | 7.3  |
| 432  | KOPER JACEK            | 756 |                              | ALEKSANDR<br>ÓW ŁÓDZKI | POL  | M40  | 153    | M 377 | 00:03:04 | 02:07:22 | 03:21:52 | 04:29:21 | 05:30:59 |          | 06:06:49.40 | 06:06:49.40 | 8:13   | 7.3  |
| 433  | STONOGA TOMASZ         | 679 | KITE&RUN FAN                 | OZIMEK                 | POL  | M40  | 154    | M 378 | 00:01:42 | 02:14:35 | 03:32:52 | 04:36:07 | 05:33:23 |          | 06:06:51.30 | 06:06:51.30 | 8:13   | 7.3  |
| 434  | KOPROWICZ EWELINA      | 322 | JAROSŁAWSKA<br>GRUPA BIEGOWA | JAROSŁAW               | POL  | K30  | 25     | K 56  | 00:02:03 | 02:12:06 | 03:31:47 | 04:41:28 | 05:36:18 |          | 06:06:51.80 | 06:06:51.80 | 8:13   | 7.3  |
| 435  | BEDNARCZYK JAKUB       | 249 | MATE<br>MOUNTAINS            | LUBARTÓW               | POL  | M30  | 147    | M 379 | 00:02:21 | 02:04:35 | 03:27:42 | 04:49:34 | 05:39:49 |          | 06:06:57.10 | 06:06:57.10 | 8:13   | 7.3  |
| 436  | GRZEGÓRZEK ANNA        | 667 | PTG SOKÓŁ<br>ŚWIAT PRACY     | KOSZYCE<br>WIELKIE     | POL  | K40  | 25     | K 57  | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |          | 06:06:58.00 | 06:06:58.00 | 8:13   | 7.3  |
| 437  | ADAMCZEWSKI JAKUB      | 231 | NIGHT RUNNERS<br>/ NBR TEAM  | POZNAŃ                 | POL  | M30  | 148    | M 380 | 00:02:52 | 02:09:22 | 03:28:20 | 04:41:11 | 05:35:58 |          | 06:07:00.65 | 06:07:00.65 | 8:13   | 7.3  |
| 438  | CWOJDZIŃSKI PIOTR      | 228 | NIGHT RUNNERS<br>POZNAŃ      | POZNAŃ                 | POL  | M40  | 155    | M 381 | 00:02:53 | 02:09:22 | 03:28:21 | 04:41:12 | 05:36:08 |          | 06:07:01.85 | 06:07:01.85 | 8:13   | 7.3  |
| 439  | KWIECIEŃ KRZYSZTOF     | 668 | 4K TEAM<br>TARNÓW            | TARNÓW                 | POL  | M40  | 156    | M 382 | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |          | 06:07:03.30 | 06:07:03.30 | 8:13   | 7.3  |
| 440  | MILEWICZ MAREK         | 704 | KUCE Z<br>BRONKSU            | GDAŃSK                 | POL  | M30  | 149    | M 383 | 00:02:52 | 02:10:39 | 03:32:11 | 04:46:26 | 05:38:33 |          | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 441  | KWIATKOWSKI KAJETAN    | 684 | KUCE Z<br>BRONKSU            | GDAŃSK                 | POL  | M30  | 149    | M 383 | 00:02:51 | 02:10:39 | 03:32:12 | 04:46:26 | 05:38:35 |          | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 442  | WITKOWSKA BEATA        | 156 |                              | GDAŃSK                 | POL  | K30  | 26     | K 58  | 00:03:07 | 02:16:00 | 03:38:03 | 04:44:00 | 05:37:45 |          | 06:07:26.65 | 06:07:26.65 | 8:14   | 7.3  |
| 443  | KOWALCZYK DANIEL       | 500 | EXTREME<br>TRAUMA TEAM       | BIELSKO-BIA<br>ŁA      | POL  | M30  | 151    | M 385 | 00:02:54 | 02:04:42 | 03:28:33 | 04:38:51 | 05:35:31 |          | 06:07:29.05 | 06:07:29.05 | 8:14   | 7.3  |
| 444  | KOCZUR KAMILA          | 504 |                              | WARSZAWA               | POL  | K30  | 27     | K 59  | 00:01:35 | 02:15:41 | 03:35:22 | 04:41:33 | 05:35:04 | 00:02:00 | 06:07:29.30 | 06:07:29.30 | 8:11   | 7.3  |
| 445  | BURY MAREK             | 103 |                              | SOSNOWIEC              | POL  | M40  | 157    | M 386 | 00:02:19 | 02:11:15 | 03:35:23 | 04:44:49 | 05:38:30 |          | 06:07:29.75 | 06:07:29.75 | 8:14   | 7.3  |
| 446  | RENKIEL TOMASZ         | 758 |                              | GLIWICE                |      | M40  | 158    | M 387 | 00:03:17 | 02:03:36 | 03:29:57 | 04:41:36 | 05:37:34 |          | 06:07:31.40 | 06:07:31.40 | 8:14   | 7.3  |
| 447  | JANIK JANUSZ           | 91  | NIGHT RUNNERS<br>GLIWICE     | GLIWICE                | POL  | M40  | 159    | M 388 | 00:03:18 | 02:03:36 | 03:29:56 | 04:41:35 | 05:37:35 |          | 06:07:31.70 | 06:07:31.70 | 8:14   | 7.3  |
| 448  | WARZYCHA KRZYSZTOF     | 121 | OSK MAXEL                    | BYTOM                  | POL  | M50  | 36     | M 389 | 00:01:44 | 02:11:08 | 03:32:33 | 04:37:08 | 05:35:57 |          | 06:07:33.10 | 06:07:33.10 | 8:14   | 7.3  |
| 449  | BAK AGATA              | 125 | BUSHIDO<br>CENTRUM           | SOBIENIE<br>JEZIORY    | POL  | K30  | 28     | K 60  | 00:01:23 | 02:22:19 | 03:48:02 | 04:46:12 | 05:38:31 |          | 06:07:42.25 | 06:07:42.25 | 8:14   | 7.3  |
| 450  | KORBA MICHAŁ           | 214 |                              | WARSZAWA               | POL  | M40  | 160    | M 390 | 00:01:25 | 02:21:54 | 03:48:01 | 04:46:12 | 05:38:30 |          | 06:07:43.75 | 06:07:43.75 | 8:14   | 7.3  |
| 451  | WARZYCHA DAWID         | 122 | PKP INTERCITY                | BYTOM                  | POL  | M20  | 33     | M 391 | 00:01:44 | 02:11:13 | 03:32:32 | 04:37:08 | 05:35:55 |          | 06:08:36.80 | 06:08:36.80 | 8:15   | 7.3  |
| 452  | CHWALISZEWSKI JAROSŁAW | 108 | NIGHT RUNNERS<br>GLIWICE     | GLIWICE                | POL  | M40  | 161    | M 392 | 00:03:17 | 02:04:40 | 03:28:10 | 04:41:34 | 05:38:05 |          | 06:08:39.40 | 06:08:39.40 | 8:15   | 7.3  |
| 453  | RUSINEK WITOSŁAW       | 696 | SHOOTIT                      | RZESZÓW                | POL  | M30  | 152    | M 393 | 00:02:25 | 02:05:18 | 03:28:01 | 04:35:43 | 05:36:24 |          | 06:09:52.50 | 06:09:52.50 | 8:17   | 7.2  |
| 454  | CĘCELEWSKI JAROSŁAW    | 510 |                              | CISIE                  | POL  | M40  | 162    | M 394 | 00:03:18 | 02:21:22 | 03:33:58 | 04:41:53 | 05:37:32 |          | 06:10:06.60 | 06:10:06.60 | 8:17   | 7.2  |
| 455  | KĘPKA ANDRZEJ          | 374 | PRZEWORSKA<br>GRUPA BIEGOWA  | PRZEWORSK              | POL  | M50  | 37     | M 395 | 00:02:02 | 02:12:15 | 03:31:59 | 04:41:32 | 05:37:37 |          | 06:10:13.30 | 06:10:13.30 | 8:18   | 7.2  |
| 456  | PIGAN ANNA             | 360 | B B L - JAROSŁAW             | SZÓWSKO                | POL  | K40  | 26     | K 61  | 00:02:02 | 02:12:18 | 03:32:06 | 04:41:32 | 05:37:46 |          | 06:10:25.25 | 06:10:25.25 | 8:18   | 7.2  |
| 457  | PIGAN WIESŁAW          | 361 | B B L-JAROSŁAW               | SZÓWSKO                | POL  | M40  | 163    | M 396 | 00:02:01 | 02:12:21 | 03:32:05 | 04:41:28 | 05:38:49 |          | 06:10:25.80 | 06:10:25.80 | 8:18   | 7.2  |
| 458  | IRZYK ROBERT           | 676 |                              | GILOWICE               | POL  | M30  | 153    | M 397 | 00:01:58 | 02:05:32 | 03:26:34 | 04:36:27 | 05:36:34 |          | 06:10:28.45 | 06:10:28.45 | 8:18   | 7.2  |
| 459  | ZIAJA ADAM             | 672 |                              | SARNÓW                 | POL  | M30  | 154    | M 398 | 00:01:58 |          | 03:26:02 | 04:36:26 | 05:36:39 |          | 06:10:36.00 | 06:10:36.00 | 8:18   | 7.2  |
| 460  | KOŁODZIEJ JACEK        | 84  | NIGHT RUNNERS<br>GLIWICE     | GLIWICE                | POL  | M40  | 164    | M 399 | 00:03:17 | 02:04:56 | 03:30:00 | 04:41:34 | 05:38:22 |          | 06:11:22.55 | 06:11:22.55 | 8:19   | 7.2  |
| 461  | KAMIENIARZ MARIA       | 387 |                              | POZNAŃ                 | POL  | K30  | 29     | K 62  | 00:03:21 | 02:10:40 | 03:34:04 | 04:46:03 | 05:39:22 |          | 06:11:23.45 | 06:11:23.45 | 8:19   | 7.2  |
| 462  | ROSPOND PIOTR          | 157 | TKKF MPK<br>POZNAŃ           | POZNAŃ                 | POL  | M50  | 38     | M 400 | 00:02:28 | 02:14:12 | 03:35:29 | 04:43:16 | 05:39:48 |          | 06:12:08.00 | 06:12:08.00 | 8:20   | 7.2  |
| 463  | TREPKA AGNIESZKA       | 163 |                              | CRAWLEY                | GBR  | K30  | 30     | K 63  | 00:01:30 | 02:12:26 | 03:42:45 | 04:49:01 | 05:41:29 |          | 06:12:13.20 | 06:12:13.20 | 8:20   | 7.2  |
| 464  | LITWINEK MAREK         | 209 | WKURW_TEAM                   | LUBARTÓW               | POL  | M30  | 155    | M 401 | 00:02:47 | 02:10:37 | 03:31:43 | 04:48:28 | 05:42:48 |          | 06:12:15.25 | 06:12:15.25 | 8:20   | 7.2  |
| 465  | ZIELIŃSKI RAFAŁ        | 428 |                              | MODLNICZKA             | POL  | M40  | 165    | M 402 | 00:01:01 | 02:12:53 | 03:37:38 | 04:50:27 | 05:41:40 |          | 06:12:51.20 | 06:12:51.20 | 8:21   | 7.2  |
| 466  | PAUL VIOLA             | 23  | NIGHT RUNNERS<br>GLIWICE     | GLIWICE                | POL  | K40  | 27     | K 64  | 00:03:16 | 02:16:25 | 03:37:47 | 04:44:01 | 05:40:06 |          | 06:13:06.80 | 06:13:06.80 | 8:21   | 7.2  |
| 467  | PAWLETA MICHAŁ         | 24  | NIGHT RUNNERS<br>GLIWICE     | GLIWICE                | POL  | M40  | 166    | M 403 | 00:03:16 | 02:16:27 | 03:37:47 | 04:44:01 | 05:40:11 |          | 06:13:08.75 | 06:13:08.75 | 8:21   | 7.2  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub   | M-scowość          | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|--|--------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 468  | HALIŻAK NORBERT        | 474 | WIELUŃ BIEGA                                   | WIELUŃ             | POL  | M40  | 167    | M 404 | 00:02:04 | 02:19:52 | 03:35:07 | 04:42:03 | 05:40:33 |         | 06:13:12.40 | 06:13:12.40 | 8:22   | 7.2  |
| 469  | STACH DARIUSZ          | 709 | KOSMOLÓW TEAM                                  | OLKUSZ             | POL  | M30  | 156    | M 405 | 00:02:21 | 02:09:14 | 03:35:31 | 04:45:56 | 05:40:21 |         | 06:13:13.15 | 06:13:13.15 | 8:22   | 7.2  |
| 470  | KOSZAŁKA MARCIN        | 385 |  | BIELINIEC          | POL  | M20  | 34     | M 406 | 00:02:38 | 02:14:20 | 03:35:24 | 04:44:43 | 05:40:10 |         | 06:13:21.50 | 06:13:21.50 | 8:22   | 7.2  |
| 471  | HOROWSKI TOMASZ        | 25  | RUNHOGS TYCHY                                  | TYCHY              | POL  | M40  | 168    | M 407 | 00:01:38 | 02:10:47 | 03:27:41 | 04:40:55 | 05:38:58 |         | 06:13:34.80 | 06:13:34.80 | 8:22   | 7.2  |
| 472  | WOŁOSOWICZ NATALIA     | 499 |  | BIAŁA PODLASKA     | POL  | K40  | 28     | K 65  | 00:02:36 | 02:11:46 | 03:27:53 | 04:38:13 | 05:38:13 |         | 06:13:39.75 | 06:13:39.75 | 8:22   | 7.2  |
| 473  | CHODOROWSKI ARKADIUSZ  | 519 | IPA PAŁAC MOSTOSKICH KOMENDA STOLECZNA POLICJI | ALEKSANDRÓW        | POL  | M30  | 157    | M 408 | 00:03:39 | 02:20:07 | 03:42:38 | 04:46:32 | 05:43:24 |         | 06:13:59.50 | 06:13:59.50 | 8:23   | 7.2  |
| 474  | BAJOREK JAN            | 699 |  | OLSZYNY            | POL  | M40  | 169    | M 409 | 00:00:56 | 01:53:28 | 03:20:21 | 04:56:08 | 05:46:40 |         | 06:14:00.50 | 06:14:00.50 | 8:23   | 7.2  |
| 475  | PAROL PAWEŁ            | 349 | -  | SZYMANKOW SZCZYŻNA | POL  | M40  | 170    | M 410 | 00:01:31 | 02:07:09 | 03:31:40 | 04:44:12 | 05:40:28 |         | 06:14:09.25 | 06:14:09.25 | 8:23   | 7.2  |
| 476  | DYBKA RAFAŁ            | 244 | PTG SOKÓŁ ŚWIAT PRACY TARNÓW                   | TARNÓW             | POL  | M40  | 171    | M 411 | 00:01:34 | 02:03:44 | 03:29:13 | 04:40:16 | 05:38:32 |         | 06:14:36.20 | 06:14:36.20 | 8:23   | 7.1  |
| 477  | ZBICIAK GRZEGORZ       | 384 | ŁĘCZNA BIEGA                                   | SPICZYN            | POL  | M40  | 172    | M 412 | 00:02:20 | 02:16:23 | 03:37:08 | 04:50:31 | 05:43:16 |         | 06:15:09.90 | 06:15:09.90 | 8:24   | 7.1  |
| 478  | GOSZCZYŃSKI PIOTREK    | 733 |  | CZĘSTOCHOWA        | POL  | M40  | 173    | M 413 | 00:02:30 | 02:13:26 | 03:33:44 | 04:45:30 | 05:43:00 |         | 06:15:14.20 | 06:15:14.20 | 8:24   | 7.1  |
| 479  | MAZURKIEWICZ JOLANTA   | 490 | BYCHAWA RUNNER'S/NAJWIĘKSZA ARMIA ŚWIATA       | BYCHAWA            | POL  | K30  | 31     | K 66  | 00:01:49 | 02:18:17 | 03:38:54 | 04:52:45 | 05:44:46 |         | 06:15:29.25 | 06:15:29.25 | 8:25   | 7.1  |
| 480  | DRABIK JACEK           | 115 |  | KRAKOW             | POL  | M50  | 39     | M 414 | 00:01:15 | 02:09:03 | 03:30:08 | 04:43:23 | 05:42:02 |         | 06:15:40.90 | 06:15:40.90 | 8:25   | 7.1  |
| 481  | KRÓL MICHAŁ            | 648 |  | NOWY JADÓW         | POL  | M30  | 158    | M 415 | 00:03:38 | 02:20:10 | 03:42:40 | 04:46:35 | 05:43:25 |         | 06:15:42.55 | 06:15:42.55 | 8:25   | 7.1  |
| 482  | CEBRAT EWA             | 132 | POZYTYWNE ZABIEGANI SANOK                      | SOSNOWIEC          | POL  | K40  | 29     | K 67  | 00:02:40 | 02:14:32 | 03:40:15 | 04:51:21 | 05:45:50 |         | 06:17:05.30 | 06:17:05.30 | 8:27   | 7.1  |
| 483  | SZPINDA MARTA          | 409 | BIŁGORAJ ULTRA TRAIL                           | BIŁGORAJ           | POL  | K40  | 30     | K 68  | 00:01:26 | 02:12:38 | 03:32:22 | 04:51:18 | 05:46:39 |         | 06:17:06.80 | 06:17:06.80 | 8:27   | 7.1  |
| 484  | HANDERMANDER AGNIESZKA | 394 |  | USTRZYKI DOLNE     | POL  | K30  | 32     | K 69  | 00:01:49 | 02:13:39 | 03:34:01 | 04:46:57 | 05:45:56 |         | 06:17:09.05 | 06:17:09.05 | 8:27   | 7.1  |
| 485  | PARYSZ ANNA            | 646 | STARE BABICE BIEGAJĄ                           | BLIZNE JASIŃSKIEGO | POL  | K50  | 4      | K 70  | 00:01:56 | 02:20:12 | 03:39:02 | 04:45:41 | 05:43:36 |         | 06:17:48.50 | 06:17:48.50 | 8:28   | 7.1  |
| 486  | SŁOWIKOWSKI DARIUSZ    | 529 | WKURW_TEAM                                     | WARSZAWA           | POL  | M30  | 159    | M 416 | 00:03:19 | 02:10:08 | 03:37:22 | 04:49:34 | 05:44:53 |         | 06:18:02.65 | 06:18:02.65 | 8:28   | 7.1  |
| 487  | STAŃCZYK ŁUKASZ        | 532 | WKURW_TEAM                                     | WARSZAWA           | POL  | M30  | 160    | M 417 | 00:03:19 | 02:10:09 | 03:37:22 | 04:49:34 | 05:44:52 |         | 06:18:02.90 | 06:18:02.90 | 8:28   | 7.1  |
| 488  | GALUS JACEK            | 225 |  | TARNÓW             | POL  | M40  | 174    | M 418 | 00:01:55 | 02:20:20 | 03:39:55 | 04:52:12 | 05:47:00 |         | 06:18:21.55 | 06:18:21.55 | 8:28   | 7.1  |
| 489  | PABIJAŃCZYK DAMIAN     | 478 |  | KRYNICZNO          | POL  | M30  | 161    | M 419 | 00:02:59 | 02:13:47 | 03:35:21 | 04:48:17 | 05:43:45 |         | 06:18:25.05 | 06:18:25.05 | 8:29   | 7.1  |
| 490  | OPALIŃSKI TOMASZ       | 358 |  | OSTRÓDA            | POL  | M50  | 40     | M 420 | 00:02:12 | 02:06:03 | 03:25:45 | 04:51:13 | 05:48:32 |         | 06:18:52.10 | 06:18:52.10 | 8:29   | 7.1  |
| 491  | SZADKOWSKI PAWEŁ       | 26  | NIGHT RUNNERS GLIWICE                          | GLIWICE            | POL  | M30  | 162    | M 421 | 00:03:11 | 02:09:33 | 03:33:59 | 04:47:42 | 05:45:42 |         | 06:18:54.00 | 06:18:54.00 | 8:29   | 7.1  |
| 492  | PAWŁOWSKA ELŻBIETA     | 298 | NOWY STYL RUNNING TEAM                         | JEDLICZE           | POL  | K30  | 33     | K 71  | 00:02:48 | 02:18:22 | 03:41:07 | 04:49:00 | 05:45:09 |         | 06:18:55.55 | 06:18:55.55 | 8:29   | 7.1  |
| 493  | BIESZCZAD ILONA        | 296 |  | WOJASZÓWKA         | POL  | K30  | 34     | K 72  | 00:02:47 | 02:18:17 | 03:41:01 | 04:49:00 | 05:45:09 |         | 06:18:55.80 | 06:18:55.80 | 8:29   | 7.1  |
| 494  | WŁODARSKA MAGDALENA    | 203 |  | TARNÓW             | POL  | K40  | 31     | K 73  | 00:02:12 | 02:19:11 | 03:35:28 | 04:50:51 | 05:48:48 |         | 06:18:58.90 | 06:18:58.90 | 8:29   | 7.1  |
| 495  | JĘDRUSZCZAK ROBERT     | 113 | CZTERDZIEŚCI LAT MINĘŁO JAK JEDEN DZIEŃ        | PIASECZNO          | POL  | M40  | 175    | M 422 | 00:02:13 | 02:08:58 | 03:31:44 | 04:45:25 | 05:44:52 |         | 06:19:45.15 | 06:19:45.15 | 8:30   | 7    |
| 496  | KULA ROBERT            | 126 |  | TARNÓW             | POL  | M40  | 176    | M 423 | 00:01:30 | 01:59:44 | 03:31:41 | 04:55:36 | 05:51:57 |         | 06:19:49.00 | 06:19:49.00 | 8:30   | 7    |
| 497  | MICHON KAMIL           | 593 | BIEGAMWARTARNO WIE                             | TARNÓW             | POL  | M40  | 177    | M 424 | 00:01:32 | 02:07:35 | 03:32:15 | 04:51:16 | 05:48:24 |         | 06:21:12.60 | 06:21:12.60 | 8:32   | 7    |
| 498  | SIKORA TOMASZ          | 453 | RACE BROTHERS                                  | ZGŁOBICE           | POL  | M30  | 163    | M 425 | 00:01:33 | 02:07:48 | 03:32:16 | 04:51:36 | 05:48:25 |         | 06:21:12.75 | 06:21:12.75 | 8:32   | 7    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                                | M-scowość            | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|-------------------------------------|----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 499  | STEPANCZENKO RAFAŁ  | 112  | BIAŁYSTOK BIEGA TEAM                | BIAŁYSTOK            | POL  | M30  | 164    | M 426 | 00:01:46 | 02:14:42 | 03:37:06 | 04:47:00 | 05:50:57 |         | 06:21:29.35 | 06:21:29.35 | 8:33   | 7    |
| 500  | KUCA ROMAN          | 711  |                                     | PIENIĘŻNO            | POL  | M50  | 41     | M 427 | 00:01:58 | 02:15:45 | 03:34:01 | 04:45:24 | 05:46:35 |         | 06:23:13.60 | 06:23:13.60 | 8:35   | 7    |
| 501  | SAMOSIEJ JAKUB      | 473  | JUMP&FLY, KABATY                    | WARSZAWA             | POL  | M40  | 178    | M 428 | 00:01:47 | 02:09:46 | 03:38:57 | 04:48:53 | 05:47:03 |         | 06:23:58.75 | 06:23:58.75 | 8:36   | 7    |
| 502  | SZCZYRBA ROBERT     | 631  | LECZYMY DURŚ                        | PIEKARY ŚLĄSKIE      | POL  | M30  | 165    | M 429 | 00:03:07 | 02:12:07 | 03:37:02 | 04:48:49 | 05:48:30 |         | 06:24:02.30 | 06:24:02.30 | 8:36   | 7    |
| 503  | KŁOSOWICZ MONIKA    | 671  |                                     | WROCŁAW              | POL  | K20  | 5      | K 74  | 00:02:26 | 02:18:28 | 03:43:20 | 04:55:21 | 05:52:17 |         | 06:24:08.00 | 06:24:08.00 | 8:36   | 7    |
| 504  | SIKORSKA AGNIESZKA  | 649  | EKOBIEGI                            | WARSZAWA             | POL  | K40  | 32     | K 75  | 00:01:29 | 02:23:06 | 03:45:36 | 04:54:19 | 05:51:41 |         | 06:24:19.75 | 06:24:19.75 | 8:37   | 7    |
| 505  | MARKIEWICZ RAFAŁ    | 316  |                                     | WARSZAWA             | POL  | M40  | 179    | M 430 | 00:02:13 | 02:17:22 | 03:40:13 | 04:55:08 | 05:52:38 |         | 06:24:23.95 | 06:24:23.95 | 8:37   | 7    |
| 506  | ZAWADZKI BARTŁOMIEJ | 643  |                                     | PIEKARY ŚLĄSKIE      | POL  | M30  | 166    | M 431 |          | 02:12:09 | 03:37:04 |          | 05:48:30 |         | 06:24:28.00 | 06:24:28.00 | 8:37   | 7    |
| 507  | CHMIELARZ DARIUSZ   | 277  |                                     | BOCHNIA              | POL  | M40  | 180    | M 432 | 00:02:05 | 02:09:02 | 03:25:56 | 04:41:36 | 05:46:26 |         | 06:24:46.35 | 06:24:46.35 | 8:37   | 7    |
| 508  | KUŁAKOWSKI PIOTR    | 169  | CZŁAPACZE                           | KONSTANCIN -JEZIORNA | POL  | M60  | 12     | M 433 | 00:03:32 | 02:21:57 | 03:43:18 | 04:55:47 | 05:52:34 |         | 06:25:02.95 | 06:25:02.95 | 8:37   | 7    |
| 509  | ŁANIEWSKI ŁUKASZ    | 509  | PSZCZÓŁKOWSKI TEAM                  | OLSZTYN              | POL  | M30  | 167    | M 434 | 00:02:06 | 02:11:58 | 03:40:54 | 04:46:17 | 05:51:19 |         | 06:26:23.35 | 06:26:23.35 | 8:39   | 6.9  |
| 510  | WRÓBEL DOMINIK      | 321  | AZS PWSZ KROSNO                     | JASŁO                | POL  | M40  | 181    | M 435 | 00:03:05 | 02:18:44 | 03:35:57 | 04:46:13 | 05:49:26 |         | 06:26:43.85 | 06:26:43.85 | 8:40   | 6.9  |
| 511  | KRAWCZAK KAMIL      | 120  | BIEGUSIEM.PL                        | DĘBLIN               | POL  | M30  | 168    | M 436 | 00:02:35 | 02:17:38 | 03:39:00 | 04:53:36 | 05:52:36 |         | 06:26:55.45 | 06:26:55.45 | 8:40   | 6.9  |
| 512  | LUC ADAM            | 326  | BIEGUSIEM.PL                        | RYKI                 | POL  | M40  | 182    | M 437 | 00:02:37 | 02:17:39 | 03:39:01 | 04:53:36 | 05:52:37 |         | 06:26:55.80 | 06:26:55.80 | 8:40   | 6.9  |
| 513  | GARNCARZ ADAM       | 743  |                                     | WROCŁAW              | POL  | M20  | 35     | M 438 | 00:03:31 | 02:15:07 | 03:42:47 | 04:56:31 | 05:51:23 |         | 06:26:57.10 | 06:26:57.10 | 8:40   | 6.9  |
| 514  | RADYK JAKUB         | 410  | PRZEMYSKI KLUB BIEGACZA             | PRZEMYŚL             | POL  | M30  | 169    | M 439 | 00:03:10 | 02:05:45 | 03:29:37 | 04:47:34 | 05:46:20 |         | 06:26:58.90 | 06:26:58.90 | 8:40   | 6.9  |
| 515  | BUJAKOWSKI PATRYK   | 406  |                                     | PROSZOWICE           | POL  | M40  | 183    | M 440 | 00:03:01 | 02:22:33 | 03:49:34 | 04:53:39 | 05:53:22 |         | 06:27:00.95 | 06:27:00.95 | 8:40   | 6.9  |
| 516  | KOTOMSKA RENATA     | 511  |                                     | ALEKSANDR ÓWKA       | POL  | K40  | 33     | K 76  | 00:03:18 | 02:22:51 | 03:42:26 | 04:51:25 | 05:52:14 |         | 06:27:01.95 | 06:27:01.95 | 8:40   | 6.9  |
| 517  | TUSZYŃSKA KATARZYNA | 645  | ESKADRA KRAKÓW                      | KRAKÓW               | POL  | K40  | 34     | K 77  | 00:01:37 | 02:17:08 | 03:44:23 | 04:58:48 | 05:56:27 |         | 06:27:02.80 | 06:27:02.80 | 8:40   | 6.9  |
| 518  | KOZAK MARCIN        | 107  | SAINT-GOBAIN SQUAD                  | LUBARTÓW             | POL  | M40  | 184    | M 441 | 00:02:21 | 02:04:36 | 03:27:43 | 04:49:37 | 05:46:10 |         | 06:27:59.90 | 06:27:59.90 | 8:41   | 6.9  |
| 519  | KULDANEK MARCIN     | 204  | DOGOŃ GRODZISK MAZOWIECKI           | STANISŁAWÓW          | POL  | M40  | 185    | M 442 | 00:02:13 | 02:15:20 | 03:41:06 | 04:54:47 | 05:52:00 |         | 06:28:01.20 | 06:28:01.20 | 8:41   | 6.9  |
| 520  | FAJNAS KATARZYNA    | 190  | DOGOŃ GRODZISK MAZOWIECKI / DANFOSS | ŻABIA WOLA           | POL  | K40  | 35     | K 78  | 00:02:13 | 02:15:27 | 03:41:05 | 04:54:48 | 05:52:00 |         | 06:28:01.40 | 06:28:01.40 | 8:41   | 6.9  |
| 521  | SIEDLACZEK ZBIGNIEW | 104  |                                     | LUBLIN               | POL  | M60  | 13     | M 443 | 00:02:47 | 02:13:49 | 03:38:20 | 04:53:40 | 05:52:31 |         | 06:28:45.25 | 06:28:45.25 | 8:42   | 6.9  |
| 522  | ZIELIŃSKI DAMIAN    | 378  | NOVA                                | PILAWA               | POL  | M30  | 170    | M 444 | 00:02:49 | 02:06:51 | 03:35:45 | 04:55:19 | 05:53:09 |         | 06:28:53.60 | 06:28:53.60 | 8:43   | 6.9  |
| 523  | SEREMET BOŻENA      | 205  | BBL KRAKÓW                          | KRAKÓW               | POL  | K50  | 5      | K 79  | 00:03:11 | 02:17:39 | 03:38:39 | 04:59:26 | 05:57:02 |         | 06:29:11.30 | 06:29:11.30 | 8:43   | 6.9  |
| 524  | DUBYNA MARIIA       | 506  | MIA                                 | KRAKOW               | POL  | K30  | 35     | K 80  | 00:02:29 | 02:26:02 | 03:51:22 | 05:04:54 | 05:57:34 |         | 06:29:24.90 | 06:29:24.90 | 8:43   | 6.9  |
| 525  | KUSZTAL JUSTYNA     | 644  | KS ESKADRA KRAKÓW                   | KRAKÓW               | POL  | K40  | 36     | K 81  | 00:01:38 | 02:17:31 | 03:44:26 | 04:58:54 | 05:57:22 |         | 06:29:29.35 | 06:29:29.35 | 8:43   | 6.9  |
| 526  | WILK ANDREAS        | 127  |                                     | WYHL                 | GER  | M40  | 186    | M 445 | 00:01:38 | 02:17:44 | 03:44:27 | 04:58:52 | 05:57:24 |         | 06:29:31.10 | 06:29:31.10 | 8:44   | 6.9  |
| 527  | KUREK MARIUSZ       | 496  | MARATOŃCZYK DĘBICA                  | DĘBICA               | POL  | M40  | 187    | M 446 | 00:01:45 | 02:12:33 | 03:37:19 | 04:52:09 | 05:53:19 |         | 06:29:34.00 | 06:29:34.00 | 8:44   | 6.9  |
| 528  | KUREK MICHAŁ        | 507  |                                     | DĘBICA               | POL  | M30  | 171    | M 447 | 00:01:45 | 02:12:34 | 03:37:19 | 04:52:10 | 05:53:20 |         | 06:29:37.35 | 06:29:37.35 | 8:44   | 6.9  |
| 529  | SAMBORSKA WERONIKA  | 62   | NOWY STYL GROUP RUNNING TEAM        | BRZYSKA              | POL  | K30  | 36     | K 82  | 00:02:40 | 02:23:04 | 03:49:05 | 04:59:07 | 05:58:18 |         | 06:30:59.35 | 06:30:59.35 | 8:45   | 6.8  |
| 530  | RÓŻYCKA DOROTA      | 1170 | NOWY STYL GROUP RUNNING TEAM        | JASŁO                | POL  | K30  | 37     | K 83  | 00:02:40 | 02:23:04 | 03:49:04 | 04:59:06 | 05:58:03 |         | 06:30:59.50 | 06:30:59.50 | 8:45   | 6.8  |
| 531  | SANECKI ROBERT      | 165  | SPRINT GORZYCE                      | GORZYCE              | POL  | M40  | 188    | M 448 | 00:01:37 | 02:12:13 | 03:39:06 | 04:59:03 | 05:59:37 |         | 06:32:04.55 | 06:32:04.55 | 8:47   | 6.8  |
| 532  | SŁONIEWSKI RAFAŁ    | 669  | RMF4RT OCR                          | GDYNIA               | POL  | M30  | 172    | M 449 | 00:01:26 | 02:16:04 | 03:44:34 | 05:01:29 | 06:00:07 |         | 06:32:25.05 | 06:32:25.05 | 8:47   | 6.8  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                       | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|----------------------------|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 533  | KRZAK DOMINIKA          | 730 |                            | WROCLAW             | POL  | K30  | 38     | K 84  | 00:02:22 | 02:24:05 | 03:43:25 | 05:03:14 | 06:00:18 |         | 06:32:37.60 | 06:32:37.60 | 8:48   | 6.8  |
| 534  | JĘDRZEJCZYK ROBERT      | 677 | CHYBA NIE DAM RADY         | PODŁĘŻE             | POL  | M40  | 189    | M 450 | 00:02:09 | 02:18:06 | 03:41:56 | 04:53:50 | 05:59:14 |         | 06:32:56.15 | 06:32:56.15 | 8:48   | 6.8  |
| 535  | PYZEL AGNIESZKA         | 57  | KS PEGAZ                   | KONSTANCIN JEZIORNA | POL  | K50  | 6      | K 85  | 00:02:32 | 02:18:39 | 03:48:02 | 05:05:13 | 06:03:53 |         | 06:33:01.15 | 06:33:01.15 | 8:48   | 6.8  |
| 536  | SZEWCZYK KATARZYNA      | 586 | MONKEYS' TEAM              | KRAŚNIK             | POL  | K40  | 37     | K 86  | 00:02:15 | 02:20:26 | 03:44:27 | 05:00:50 | 05:58:16 |         | 06:33:02.55 | 06:33:02.55 | 8:48   | 6.8  |
| 537  | MIKA DAMIAN             | 151 | EKO-OKNA RUNNERS           | RACIBÓRZ            | POL  | M50  | 42     | M 451 | 00:02:45 | 02:21:47 | 03:43:21 | 04:58:52 | 05:57:38 |         | 06:33:05.90 | 06:33:05.90 | 8:48   | 6.8  |
| 538  | SZUMNA ALEKSANDRA       | 600 | MONKEYS' TEAM              | KRAŚNIK             | POL  | K30  | 39     | K 87  | 00:02:15 | 02:20:27 | 03:44:28 | 05:00:49 | 05:58:17 |         | 06:33:12.35 | 06:33:12.35 | 8:48   | 6.8  |
| 539  | SIKORA SLAWOMIR         | 457 | RACEBROTHERS               | TARNÓW              | POL  | M40  | 190    | M 452 | 00:01:33 | 02:07:52 | 03:31:22 | 04:51:39 | 05:54:42 |         | 06:34:58.40 | 06:34:58.40 | 8:51   | 6.8  |
| 540  | KOWALICKI MARCIN        | 502 | BIEGAM BO MOGĘ             | GORNO               | POL  | M20  | 36     | M 453 |          |          | 03:40:32 | 04:56:29 | 05:56:04 |         | 06:35:08.00 | 06:35:08.00 | 8:51   | 6.8  |
| 541  | JARZEMBOWSKI TOMASZ     | 419 | WYBIEGANI TEAM             | PLEWISKA            | POL  | M30  | 173    | M 454 | 00:01:14 | 02:30:37 | 03:57:13 | 05:00:18 | 06:00:30 |         | 06:36:37.20 | 06:36:37.20 | 8:53   | 6.7  |
| 542  | SOBCZAK MIKOŁAJ         | 371 | WYBIEGANI TEAM             | SKÓRZEWO            | POL  | M40  | 191    | M 455 | 00:01:14 | 02:30:48 | 03:57:12 | 05:00:19 | 06:00:32 |         | 06:36:37.60 | 06:36:37.60 | 8:53   | 6.7  |
| 543  | GOLUBA KRZYSZTOF        | 305 |                            | WARSZAWA            | POL  | M40  | 192    | M 456 | 00:01:17 | 02:13:17 | 03:39:18 | 04:51:56 | 05:59:07 |         | 06:36:47.70 | 06:36:47.70 | 8:53   | 6.7  |
| 544  | ZGÓRSKI GRZEGORZ        | 769 | NIGHT RUNNERS GLIWICE      | GLIWICE             | POL  | M40  | 193    | M 457 | 00:03:02 | 02:14:08 | 03:46:26 | 05:03:10 | 06:07:15 |         | 06:37:15.90 | 06:37:15.90 | 8:54   | 6.7  |
| 545  | NAMIOTA MAREK           | 73  |                            | DĘBICA              | POL  | M60  | 14     | M 458 | 00:00:59 | 02:14:15 | 03:41:09 | 05:01:59 | 06:01:12 |         | 06:37:32.95 | 06:37:32.95 | 8:54   | 6.7  |
| 546  | STANIŚLAWSKI TOMASZ     | 142 | KLUB BIEGACZA RTV EURO AGD | WARSZAWA            | POL  | M40  | 194    | M 459 | 00:01:50 | 02:24:07 | 03:46:56 | 04:59:09 | 05:59:38 |         | 06:37:34.90 | 06:37:34.90 | 8:54   | 6.7  |
| 547  | KŁOPOTOWSKA SOSNA KASKA | 516 | UNLIMITED TRIATHLON TEAM   | KRAKÓW              | POL  | K50  | 7      | K 88  | 00:01:01 | 02:34:10 | 03:57:03 | 05:04:26 | 06:03:49 |         | 06:38:04.25 | 06:38:04.25 | 8:55   | 6.7  |
| 548  | MISZCZYK MARCIN         | 417 |                            | KRAKÓW              | POL  | M40  | 195    | M 460 | 00:02:25 | 02:35:00 | 03:57:03 | 05:04:24 | 06:03:49 |         | 06:39:15.80 | 06:39:15.80 | 8:57   | 6.7  |
| 549  | ZIELONKA BOGUMIŁ        | 530 | PKB ENDORFINA              | PIOTRKÓW TRYB       | POL  | M40  | 196    | M 461 | 00:03:18 | 02:21:51 | 03:52:46 | 05:06:29 | 06:05:43 |         | 06:39:52.40 | 06:39:52.40 | 8:57   | 6.7  |
| 550  | BIERNAT AGNIESZKA       | 745 | KOSMICZNE MUMINKI          | WARSZAWA            | POL  | K20  | 6      | K 89  | 00:01:19 | 02:19:14 | 03:42:36 | 04:56:57 | 06:00:59 |         | 06:41:06.05 | 06:41:06.05 | 8:59   | 6.7  |
| 551  | PRZYBYLSKI MARIUSZ      | 383 | PGB SPORTOWA PACZKA        | GLIWICE             | POL  | M40  | 197    | M 462 | 00:02:02 | 02:15:59 | 03:35:58 | 04:57:24 | 06:00:53 |         | 06:41:12.00 | 06:41:12.00 | 8:59   | 6.7  |
| 552  | PRYSZCZ MIROSLAW        | 50  |                            | RUDA ŚLĄSKA         | POL  | M40  | 198    | M 463 | 00:02:59 | 02:14:09 | 03:46:24 | 05:03:11 | 06:07:14 |         | 06:42:09.15 | 06:42:09.15 | 9:01   | 6.7  |
| 553  | WILECZEK ANTONI         | 618 |                            | JUROWCE             | POL  | M30  | 174    | M 464 | 00:02:22 | 02:20:11 | 03:52:56 | 05:04:53 | 06:05:40 |         | 06:42:10.30 | 06:42:10.30 | 9:01   | 6.7  |
| 554  | CHODAKOWSKI KACPER      | 275 | OSTROBIEC                  | ĆMIELÓW             | POL  | M20  | 37     | M 465 |          | 02:33:20 | 04:04:49 | 05:12:50 | 06:09:34 |         | 06:42:11.75 | 06:42:11.75 | 9:01   | 6.7  |
| 555  | KRZYŻEWSKI ROGER        | 61  |                            | KRAKÓW              | POL  | M30  | 175    | M 466 | 00:03:30 | 02:18:16 | 03:41:38 | 04:50:44 | 05:57:09 |         | 06:42:14.35 | 06:42:14.35 | 9:01   | 6.7  |
| 556  | BAŁA BOŻENA             | 81  |                            | GRABINY             | POL  | K30  | 40     | K 90  | 00:00:58 | 02:14:13 | 03:41:17 | 05:05:17 | 06:05:18 |         | 06:42:14.55 | 06:42:14.55 | 9:01   | 6.7  |
| 557  | NAMIOTA URSZULA         | 72  | 1960                       | DĘBICA              | POL  | K50  | 8      | K 91  | 00:00:51 | 02:13:28 | 03:41:19 | 05:05:17 | 06:05:19 |         | 06:42:15.20 | 06:42:15.20 | 9:01   | 6.7  |
| 558  | JAROSZ-PIWOŃSKA ALDONA  | 65  | KS PEGAZ                   | GÓRA KALWARIA       | POL  | K40  | 38     | K 92  | 00:02:22 | 02:25:46 | 03:53:22 | 05:09:47 | 06:08:33 |         | 06:42:29.80 | 06:42:29.80 | 9:01   | 6.6  |
| 559  | KOWALEWSKA IZABELA      | 475 | PIASECZNO RUNNING          | PIASECZNO           | GBR  | K30  | 41     | K 93  | 00:02:22 | 02:25:46 | 03:53:20 | 05:09:42 | 06:08:35 |         | 06:42:29.95 | 06:42:29.95 | 9:01   | 6.6  |
| 560  | ŻAK OLIVIA              | 66  | PIASECZNO RUNNING          | JASTRZĘBIE          | POL  | K30  | 42     | K 94  | 00:02:21 | 02:25:47 | 03:53:23 | 05:09:42 | 06:08:34 |         | 06:42:30.10 | 06:42:30.10 | 9:01   | 6.6  |
| 561  | PECIO KAMIL             | 748 | PIASECZNO RUNNING          | WARSZAWA            | POL  | M30  | 176    | M 467 | 00:02:22 | 02:25:46 | 03:53:21 | 05:10:04 | 06:08:36 |         | 06:42:30.30 | 06:42:30.30 | 9:01   | 6.6  |
| 562  | LEWANDOWSKI PAWEŁ       | 538 | SANDOMINGOTE AM            | WARSZAWA            | POL  | M30  | 177    | M 468 | 00:02:55 | 02:21:31 | 03:49:07 | 05:08:43 | 06:09:10 |         | 06:44:47.10 | 06:44:47.10 | 9:04   | 6.6  |
| 563  | LEWANDOWSKA OLGA        | 541 |                            | WARSZAWA            | POL  | K30  | 43     | K 95  | 00:02:56 | 02:21:34 | 03:49:11 | 05:08:44 | 06:09:13 |         | 06:44:47.20 | 06:44:47.20 | 9:04   | 6.6  |
| 564  | MARONDEL KATARZYNA      | 619 | FESTIWAL BIEGOWY           | BYTOM               | POL  | K30  | 44     | K 96  | 00:02:10 | 02:24:52 | 03:48:25 | 05:03:06 | 06:09:07 |         | 06:44:55.05 | 06:44:55.05 | 9:04   | 6.6  |
| 565  | KAZANOWSKI MARCIN       | 620 | OFIARY KAMIENICA           | KAMIENIEC           | POL  | M40  | 199    | M 469 | 00:02:10 | 02:24:53 | 03:48:27 | 05:03:08 | 06:09:09 |         | 06:45:07.70 | 06:45:07.70 | 9:05   | 6.6  |
| 566  | STACHYRA ANDRZEJ        | 312 | LSB                        | LUBLIN              | POL  | M50  | 43     | M 470 | 00:02:20 | 02:00:20 | 03:23:56 | 04:57:55 | 06:08:59 |         | 06:46:40.95 | 06:46:40.95 | 9:07   | 6.6  |
| 567  | PORĘBSKA DOROTA         | 338 | NOWA HUTA TEAM             | KRAKÓW              | POL  | K40  | 39     | K 97  | 00:02:28 | 02:18:24 | 03:49:14 | 05:16:32 | 06:13:29 |         | 06:46:41.10 | 06:46:41.10 | 9:07   | 6.6  |
| 568  | CYGAN LUKASZ            | 202 | KLUB SPORTOWY HAJIME       | KRAKOW              | POL  | M30  | 178    | M 471 | 00:01:11 | 02:15:45 | 03:44:23 | 04:57:12 | 06:05:36 |         | 06:47:27.90 | 06:47:27.90 | 9:08   | 6.6  |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię              | Nr  | Klub  | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------------|-----|---|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 569  | ROMAN PAWEŁ                  | 546 | KS BARAKUDA<br>MIŃSK<br>MAZOWIECKI                | MIŃSK<br>MAZOWIECKI | POL  | M40  | 200    | M 472 | 00:03:20 | 02:17:40 | 03:50:01 | 05:13:50 | 06:12:52 |         | 06:47:59.15 | 06:47:59.15 | 9:08   | 6.6  |
| 570  | RYSIAWA MAREK                | 547 | BEZ   | MIŃSK<br>MAZOWIECKI | POL  | M40  | 201    | M 473 | 00:03:20 | 02:17:49 | 03:49:57 | 05:13:53 | 06:13:04 |         | 06:47:59.20 | 06:47:59.20 | 9:08   | 6.6  |
| 571  | KUCIŃSKI TOMASZ              | 403 | MKB DREPTAK                                       | MIŃSK<br>MAZOWIECKI | POL  | M40  | 202    | M 474 | 00:03:22 | 02:17:46 | 03:49:59 | 05:13:56 | 06:13:05 |         | 06:48:01.70 | 06:48:01.70 | 9:08   | 6.6  |
| 572  | DYSZKIEWICZ GRZEGORZ         | 390 | KUTNO BIEGA                                       | KUTNO               | POL  | M30  | 179    | M 475 | 00:01:40 | 02:18:25 | 03:50:48 | 05:23:08 | 06:19:08 |         | 06:49:08.80 | 06:49:08.80 | 9:10   | 6.5  |
| 573  | SOKOŁOWSKI ARTUR             | 36  |   | SUWALKI             | POL  | M50  | 44     | M 476 | 00:02:36 | 02:25:52 | 03:49:00 | 05:08:03 | 06:10:50 |         | 06:51:17.00 | 06:51:17.00 | 9:13   | 6.5  |
| 574  | MATYSEK IRENEUSZ             | 761 |   | WAŁCZ               |      | M60  | 15     | M 477 | 00:02:45 | 02:28:46 | 03:56:24 | 05:12:07 | 06:13:41 |         | 06:51:45.50 | 06:51:45.50 | 9:13   | 6.5  |
| 575  | SOLICH PATRYK                | 35  | NIGHT RUNNERS<br>GLIWICE                          | GLIWICE             | POL  | M30  | 180    | M 478 | 00:03:16 | 02:29:00 | 03:53:26 | 05:21:35 | 06:19:18 |         | 06:52:41.90 | 06:52:41.90 | 9:15   | 6.5  |
| 576  | KULIK KATARZYNA              | 99  | NIGHT RUNNERS<br>GLIWICE                          | BYTOM               | POL  | K30  | 45     | K 98  | 00:03:17 | 02:24:39 | 03:53:25 | 05:21:34 | 06:19:17 |         | 06:52:41.95 | 06:52:41.95 | 9:15   | 6.5  |
| 577  | KUREK STANISŁAW              | 327 |   | KRAKÓW              | POL  | M40  | 203    | M 479 | 00:03:30 | 02:23:27 | 03:50:25 | 05:09:22 | 06:16:04 |         | 06:53:35.60 | 06:53:35.60 | 9:16   | 6.5  |
| 578  | KORZENIOWSKA JOANNA          | 129 | UMCS BIEGA  | LUBLIN              | POL  | K30  | 46     | K 99  | 00:02:52 | 02:34:27 | 04:02:22 | 05:20:38 | 06:19:58 |         | 06:54:02.90 | 06:54:02.90 | 9:16   | 6.5  |
| 579  | KOWALIK ANNA                 | 130 | UMCS BIEGA  | ŁADA                | POL  | K30  | 47     | K 100 | 00:02:52 | 02:34:30 | 04:02:24 | 05:20:39 | 06:20:00 |         | 06:54:04.30 | 06:54:04.30 | 9:17   | 6.5  |
| 580  | JANOTA MARCIN                | 413 | CREADIS   | KRAKÓW              | POL  | M30  | 181    | M 480 | 00:01:33 | 02:19:50 | 03:53:38 | 05:11:48 | 06:14:22 |         | 06:54:04.45 | 06:54:04.45 | 9:17   | 6.5  |
| 581  | CEBULA PAWEŁ                 | 418 | CREADIS   | KRAKOW              | POL  | M30  | 182    | M 481 | 00:01:33 | 02:19:45 | 03:53:24 | 05:11:47 | 06:14:22 |         | 06:54:05.05 | 06:54:05.05 | 9:17   | 6.5  |
| 582  | TUTAK DANIEL                 | 737 | FURIOSI<br>POLANKA                                | KROSNO              | POL  | M40  | 204    | M 482 | 00:02:51 | 02:30:09 | 03:57:08 | 05:14:40 | 06:17:50 |         | 06:54:06.35 | 06:54:06.35 | 9:17   | 6.5  |
| 583  | OBARSKI NORBERT              | 220 |   | KIELCE              | POL  | M50  | 45     | M 483 | 00:02:58 | 02:32:54 | 03:56:20 | 05:16:18 | 06:20:06 |         | 06:54:12.15 | 06:54:12.15 | 9:17   | 6.5  |
| 584  | BĘDŹKOWSKI MAREK             | 479 | MORSY<br>OSTROŁĘKA                                | OSTROŁĘKA           | POL  | M50  | 46     | M 484 | 00:02:20 | 02:45:34 | 04:11:11 | 05:20:54 | 06:20:16 |         | 06:55:11.80 | 06:55:11.80 | 9:18   | 6.4  |
| 585  | BARTO SYLWIA                 | 528 |   | ŁOŚ                 | POL  | K40  | 40     | K 101 | 00:02:31 | 02:33:12 | 04:05:24 | 05:19:26 | 06:22:03 |         | 06:55:12.45 | 06:55:12.45 | 9:18   | 6.4  |
| 586  | DYGOŃ MAŁGORZATA             | 33  |   | GLIWICE             | POL  | K40  | 41     | K 102 | 00:03:09 | 02:37:02 | 06:23:33 |          |          |         | 06:55:13.25 | 06:55:13.25 | 9:18   | 6.4  |
| 587  | KALICKI IREK                 | 713 | GCW ACADEMY                                       | WARSZAWA            | POL  | M40  | 205    | M 485 | 00:01:47 | 02:25:00 | 06:19:51 |          |          |         | 06:55:24.40 | 06:55:24.40 | 9:18   | 6.4  |
| 588  | BILSKI PIOTR                 | 561 | TĘCZA   | WARSZAWA            | POL  | M30  | 183    | M 486 | 00:02:16 | 02:21:15 | 03:50:40 | 05:12:21 | 06:15:48 |         | 06:55:54.50 | 06:55:54.50 | 9:19   | 6.4  |
| 589  | GALIŃSKI KAMIL               | 578 | ABY DO METY                                       | KRĘPICE             | POL  | M30  | 184    | M 487 | 00:02:59 | 02:08:36 | 03:41:52 | 05:08:42 | 06:13:26 |         | 06:55:56.10 | 06:55:56.10 | 9:19   | 6.4  |
| 590  | MORAWSKA ANNA                | 218 |   | WARSZAWA            | POL  | K60  | 1      | K 103 | 00:01:17 | 02:34:00 | 06:20:21 |          |          |         | 06:56:07.35 | 06:56:07.35 | 9:19   | 6.4  |
| 591  | WALCZYŃSKA KAROLINA          | 29  | RUNHOGS TYCHY                                     | TYCHY               | POL  | K30  | 48     | K 104 | 00:01:38 | 02:29:36 | 04:04:41 | 05:23:29 | 06:20:33 |         | 06:56:23.55 | 06:56:23.55 | 9:20   | 6.4  |
| 592  | HEBDA-OLSZÓWKA<br>ALEKSANDRA | 51  | NIGHT RUNNERS<br>GLIWICE                          | CHORZÓW             | POL  | K30  | 49     | K 105 | 00:03:08 | 02:37:48 | 04:02:56 | 05:26:31 | 06:23:55 |         | 06:56:44.35 | 06:56:44.35 | 9:20   | 6.4  |
| 593  | TYRANKIEWICZ KAMILA          | 472 | JUMP&FLY,<br>KABATY                               | WARSZAWA            | POL  | K40  | 42     | K 106 | 00:01:46 | 02:30:23 | 04:06:15 | 05:22:17 | 06:22:36 |         | 06:58:55.35 | 06:58:55.35 | 9:23   | 6.4  |
| 594  | BAĆMAGA JAN                  | 666 | JPII -<br>MAZOWSZANY                              | KOWALA              | POL  | M40  | 206    | M 488 | 00:01:46 | 02:21:41 | 03:50:44 | 05:14:52 | 06:20:22 |         | 07:00:44.50 | 07:00:44.50 | 9:26   | 6.4  |
| 595  | KOSIERKIEWICZ GRZEGORZ       | 760 |   | KIELCE              |      | M40  | 207    | M 489 | 00:01:27 | 02:32:48 | 04:06:02 | 05:14:58 | 06:22:10 |         | 07:00:59.65 | 07:00:59.65 | 9:26   | 6.4  |
| 596  | BOGUCKA MARTYNA              | 145 | JACEKBIEGA<br>RUNNING TEAM                        | WARSZAWA            | POL  | K40  | 43     | K 107 | 00:03:05 | 02:38:12 | 04:03:26 | 05:19:40 | 06:23:44 |         | 07:01:27.60 | 07:01:27.60 | 9:26   | 6.3  |
| 597  | MAJCHROWICZ MARZENNA         | 252 |   | KROŚCIENKO<br>WYŻNE | POL  | K40  | 44     | K 108 | 00:03:18 | 02:30:36 | 06:24:24 |          |          |         | 07:01:30.00 | 07:01:30.00 | 9:27   | 6.3  |
| 598  | SZYMAŃSKA JOLANTA            | 59  |   | KIELCE              | POL  | K30  | 50     | K 109 | 00:01:44 | 02:19:28 | 03:48:38 | 05:12:30 | 06:17:43 |         | 07:02:16.20 | 07:02:16.20 | 9:28   | 6.3  |
| 599  | BARWINEK ROBERT              | 503 | BIEGNĘ ŻEBY<br>BARTEK MÓGL<br>BIEGAĆ              | KIELCE              | POL  | M30  | 185    | M 490 | 00:01:45 | 02:18:54 | 03:48:38 | 05:12:52 | 06:17:44 |         | 07:02:18.75 | 07:02:18.75 | 9:28   | 6.3  |
| 600  | WILIMSKI TOMASZ              | 34  | NIGHT RUNNERS                                     | GLIWICE             | POL  | M40  | 208    | M 491 | 00:03:16 | 02:30:08 | 03:53:42 | 05:21:37 | 06:25:26 |         | 07:02:19.80 | 07:02:19.80 | 9:28   | 6.3  |
| 601  | KRĘCISZ ZBIGNIEW             | 139 | AMATOR  | RACIBÓRZ            | POL  | M60  | 16     | M 492 | 00:01:20 | 02:24:16 | 03:55:18 | 05:19:58 | 06:24:44 |         | 07:02:59.30 | 07:02:59.30 | 9:29   | 6.3  |
| 602  | DWORAK ADAM                  | 658 | TAJFUN  | BĘDZIN              | POL  | M40  | 209    | M 493 | 00:02:05 | 02:18:27 | 03:54:00 | 05:20:06 | 06:26:30 |         | 07:03:00.50 | 07:03:00.50 | 9:29   | 6.3  |
| 603  | URBANOWICZ ŁUKASZ            | 339 |   | KRKAÓW              | POL  | M40  | 210    | M 494 | 00:02:25 | 02:36:36 | 06:25:23 |          |          |         | 07:03:34.75 | 07:03:34.75 | 9:29   | 6.3  |
| 604  | ADAMSKI BARTŁOMIEJ           | 366 |   | MODLNICA            | POL  | M40  | 211    | M 495 | 00:02:26 | 02:37:28 | 04:10:26 | 05:24:58 | 06:25:22 |         | 07:03:41.00 | 07:03:41.00 | 9:29   | 6.3  |
| 605  | ZAWADZKA MAGDALENA           | 143 | AKS POLONIA<br>WARSZAWA/TEA<br>M ZABIEGANE<br>DNI | WARSZAWA            | POL  | K30  | 51     | K 110 | 00:02:31 | 02:30:49 | 04:02:29 | 05:20:34 | 06:27:54 |         | 07:03:53.45 | 07:03:53.45 | 9:30   | 6.3  |
| 606  | ZABŁOTNY KAROL               | 304 | TARCHOŚFIRY                                       | WARSZAWA            | POL  | M30  | 186    | M 496 | 00:01:26 | 02:12:30 | 03:41:17 | 05:01:27 | 06:13:09 |         | 07:05:05.05 | 07:05:05.05 | 9:31   | 6.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub   | M-scowoś                | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|--|-------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 607  | PANENKA MAŁGORZATA             | 63  | NIGHT RUNNERS<br>GLIWICE   | NIEBOROWIC<br>E         | POL  | K40  | 45     | K 111 | 00:03:05 | 02:38:13 | 04:03:29 | 05:26:46 | 06:27:44 |         | 07:05:11.90 | 07:05:11.90 | 9:31   | 6.3  |
| 608  | FREJ MARCIN                    | 90  | ZABIEGANI.TV   | WARSZAWA                | POL  | M30  | 187    | M 497 | 00:01:21 | 02:37:20 | 04:05:09 | 05:17:28 | 06:23:43 |         | 07:05:52.40 | 07:05:52.40 | 9:32   | 6.3  |
| 609  | GLINA-KRAWCZYK<br>MAŁGORZATA   | 439 | ZĄBKOWICKA<br>GRUPA BIEGOWA<br>FRANKENSTEIN                      | STARCZÓW                | POL  | K40  | 46     | K 112 | 00:02:57 | 02:29:11 | 04:03:09 | 05:23:14 | 06:30:12 |         | 07:06:36.25 | 07:06:36.25 | 9:33   | 6.3  |
| 610  | KONOPACKI KRZYSZTOF            | 451 | ABY DO METY  | ZABKOWICE<br>ŚLĄSKIE    | POL  | M40  | 212    | M 498 | 00:02:57 | 02:29:08 | 04:03:13 | 05:23:22 | 06:30:16 |         | 07:06:36.65 | 07:06:36.65 | 9:33   | 6.3  |
| 611  | ŁOPOKA PRZEMYSŁAW              | 757 | ABY DO METY  | ZIĘBICE                 | POL  | M20  | 38     | M 499 | 00:02:59 | 02:29:17 | 04:03:13 | 05:23:14 | 06:30:18 |         | 07:06:37.10 | 07:06:37.10 | 9:33   | 6.3  |
| 612  | MAZUR EWELINA                  | 116 | BIEGAJ Z<br>TRENERAMI  | GLIWICE                 | POL  | K40  | 47     | K 113 | 00:03:10 | 02:37:55 | 06:29:10 |          |          |         | 07:07:11.20 | 07:07:11.20 | 9:34   | 6.3  |
| 613  | MAJONEK ARTUR                  | 714 | FITMAJON   | WARSZAWA                | POL  | M30  | 188    | M 500 | 00:01:47 | 02:25:00 | 06:26:11 |          |          |         | 07:07:12.40 | 07:07:12.40 | 9:34   | 6.3  |
| 614  | KACZKIEWICZ DAMIAN             | 270 | NIGHT RUNNERS<br>GLIWICE   | GLIWICE                 | POL  | M40  | 213    | M 501 | 00:02:51 | 02:38:14 | 04:02:57 | 05:23:32 | 06:29:09 |         | 07:07:14.60 | 07:07:14.60 | 9:34   | 6.3  |
| 615  | MAJCHROWICZ ANDRZEJ            | 250 |  | KROŚCIENKO<br>WYŻNE     | POL  | M40  | 214    | M 502 | 00:03:18 | 02:30:51 | 06:28:32 |          |          |         | 07:09:28.60 | 07:09:28.60 | 9:37   | 6.2  |
| 616  | DUNIEC MAŁGORZATA              | 206 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI                                  | GRODZISK<br>MAZOWIECKI  | POL  | K30  | 52     | K 114 | 00:02:03 | 02:30:09 | 06:32:03 |          |          |         | 07:11:22.75 | 07:11:22.75 | 9:40   | 6.2  |
| 617  | ŁYSUNIAK-STRAUCH<br>ALEKSANDRA | 207 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI                                  | GRODZISK<br>MAZOWIECKI  | POL  | K30  | 53     | K 115 | 00:02:03 | 02:30:11 | 06:32:03 |          |          |         | 07:11:22.80 | 07:11:22.80 | 9:40   | 6.2  |
| 618  | KURKUS ALEKSANDER              | 259 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI /<br>ADIDAS<br>RUNNERS<br>WARSAW | WARSZAWA                | POL  | M40  | 215    | M 503 | 00:02:03 | 02:30:11 | 06:32:03 |          |          |         | 07:11:23.10 | 07:11:23.10 | 9:40   | 6.2  |
| 619  | SUBIRATS CRISTIAN              | 508 |  | LODZ                    | ESP  | M30  | 189    | M 504 | 00:02:34 | 02:34:27 | 04:10:23 | 05:23:45 | 06:32:32 |         | 07:12:43.15 | 07:12:43.15 | 9:42   | 6.2  |
| 620  | GIENIECZKO MARCIN              | 723 |  | SUCHY<br>DWÓR           | POL  | M40  | 216    | M 505 | 00:02:31 | 02:37:26 | 04:07:19 | 05:25:22 | 06:34:04 |         | 07:12:47.50 | 07:12:47.50 | 9:42   | 6.2  |
| 621  | PAWŁOWSKI PIOTR                | 491 | PRZEMYSŁ BEARS   | KRASICZYN               | POL  | M30  | 190    | M 506 | 00:02:29 | 02:26:40 | 03:53:50 | 05:31:23 | 06:34:05 |         | 07:13:48.60 | 07:13:48.60 | 9:43   | 6.2  |
| 622  | GALANTY AGNIESZKA              | 492 |  | DYBAWKA                 | POL  | K40  | 48     | K 116 | 00:02:29 | 02:26:39 | 03:53:44 | 05:31:23 | 06:34:05 |         | 07:13:48.90 | 07:13:48.90 | 9:43   | 6.2  |
| 623  | URBAŃCZYK MARCIN               | 28  | PERSONALTRIAT<br>HLON/TRINERGY                                   | NOWY DWÓR<br>MZAOWIECKI | POL  | M30  | 191    | M 507 | 00:02:55 | 02:34:52 | 04:07:40 | 05:32:29 | 06:40:25 |         | 07:14:56.30 | 07:14:56.30 | 9:45   | 6.2  |
| 624  | CEBRAT TOMASZ                  | 133 | POZYTYWNE<br>ZABIEGANI<br>SANOK                                  | SOSNOWIEC               | POL  | M40  | 217    | M 508 | 00:02:41 | 02:32:55 | 04:08:24 | 05:30:04 | 06:36:37 |         | 07:16:12.75 | 07:16:12.75 | 9:46   | 6.1  |
| 625  | JABŁOŃSKI KAZIMIERZ            | 657 |  | PRĄDY                   | POL  | M60  | 17     | M 509 | 00:02:11 | 02:36:27 | 04:02:43 | 05:23:09 | 06:35:11 |         | 07:16:22.85 | 07:16:22.85 | 9:47   | 6.1  |
| 626  | SZEWIC MARIAN                  | 240 |  | BILGORAJ                | POL  | M60  | 18     | M 510 | 00:01:27 | 02:31:09 | 03:56:28 | 05:22:12 | 06:33:18 |         | 07:17:19.45 | 07:17:19.45 | 9:48   | 6.1  |
| 627  | WÓJTOWICZ PAWEŁ                | 131 | LUBLIN BIEGA   | LUBLIN                  | POL  | M40  | 218    | M 511 | 00:02:53 | 02:37:37 | 04:09:10 | 05:31:52 | 06:39:31 |         | 07:17:30.75 | 07:17:30.75 | 9:48   | 6.1  |
| 628  | GÓRECNZY KAMILA                | 300 |  | PIASECZNO               | POL  | K40  | 49     | K 117 | 00:02:30 | 02:33:49 | 04:05:26 | 05:28:12 | 06:40:25 |         | 07:22:23.50 | 07:22:23.50 | 9:55   | 6    |
| 629  | STASZEL ŁATAS TOMASZ           | 477 | HUSARIA RECE<br>TEAM   | JADOWNIKI               | POL  | M30  | 192    | M 512 | 00:02:34 | 02:31:33 | 04:10:12 | 05:41:17 | 06:43:17 |         | 07:22:50.35 | 07:22:50.35 | 9:55   | 6    |
| 630  | WÓJTOWICZ IWONA                | 232 | HUSARIA RACE<br>TEAM   | TARNÓW                  | POL  | K40  | 50     | K 118 | 00:02:33 | 02:31:43 | 04:10:12 | 05:41:18 | 06:43:17 |         | 07:22:50.70 | 07:22:50.70 | 9:55   | 6    |
| 631  | POPIOŁEK JACEK                 | 95  | BIEGYSIEM.PL/LO<br>STINSPOORT                                    | GAŚIORY                 | POL  | M30  | 193    | M 513 | 00:03:04 | 02:33:39 | 04:03:15 | 05:21:39 | 06:33:33 |         | 07:23:49.70 | 07:23:49.70 | 9:57   | 6    |
| 632  | WAŚIK KORNELIA                 | 662 | BIEGYSIEM.PL   | KŁOCZEW                 | POL  | K20  | 7      | K 119 | 00:03:04 | 02:33:42 | 04:03:24 | 05:21:39 | 06:33:37 |         | 07:23:50.75 | 07:23:50.75 | 9:57   | 6    |
| 633  | OKARMA WOJTEK                  | 279 | WWW.VIRTUTIMIL<br>ITARI.PL                                       | JASŁO                   | POL  | M30  | 194    | M 514 | 00:02:51 | 02:32:41 | 04:03:46 | 05:29:07 | 06:46:51 |         | 07:26:08.15 | 07:26:08.15 | 10:00  | 6    |
| 634  | HRYSZKO ROBERT                 | 747 | POZYTYWNE<br>ZABIEGANI<br>SANOK                                  | SANOK                   | POL  | M50  | 47     | M 515 | 00:02:40 | 02:34:18 | 04:19:00 | 05:45:38 | 06:46:52 |         | 07:26:24.95 | 07:26:24.95 | 10:00  | 6    |
| 635  | WOLF WERONIKA                  | 303 | 3 PODKARPACKA<br>BRYGADA<br>OBRONY<br>TERYTORIALNEJ              | SANOK                   | POL  | K40  | 51     | K 120 | 00:02:41 | 02:34:18 | 04:18:59 | 05:45:38 | 06:46:51 |         | 07:26:25.15 | 07:26:25.15 | 10:00  | 6    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.**

| M-ce | Nazwisko i imię    | Nr  | Klub   | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------|-----|--|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 636  | CZYRNIA ANDRZEJ    | 681 | RAJSPOORT ACTIVE (TURAWA)                              | TURAWA           | POL  | M30  | 195    | M 516 | 00:01:44 | 02:31:50 | 04:03:59 | 05:26:34 | 06:42:34 |         | 07:27:08.15 | 07:27:08.15 | 10:01  | 6    |
| 637  | MALEC BASIA        | 19  |  | LUBLIN           | POL  | K50  | 9      | K 121 | 00:01:56 | 02:35:55 | 04:11:09 | 05:46:37 | 06:51:04 |         | 07:29:46.15 | 07:29:46.15 | 10:05  | 5.9  |
| 638  | GŁUSZCZAK JERZY    | 194 |  | ŁÓDŹ             | POL  | M60  | 19     | M 517 | 00:04:18 | 02:32:19 | 04:08:20 | 05:35:41 | 06:48:46 |         | 07:34:00.60 | 07:34:00.60 | 10:10  | 5.9  |
| 639  | MAZIEC DARIUSZ     | 188 | NKB CHYŻY NOWY TOMYŚL /WRESTLING CROSS GYM NOWY TOMYŚL | NOWY TOMYŚL      | POL  | M30  | 196    | M 518 | 00:03:16 | 02:53:12 | 04:23:32 | 05:41:14 | 06:55:03 |         | 07:38:09.30 | 07:38:09.30 | 10:16  | 5.8  |
| 640  | KRUSZEWSKA EMILIA  | 674 |  | GDAŃSK           | POL  | K30  | 54     | K 122 | 00:00:46 | 02:39:54 | 04:20:40 |          | 06:55:06 |         | 07:38:11.55 | 07:38:11.55 | 10:16  | 5.8  |
| 641  | SKRZYPSKA IWONA    | 331 |  | JAROSŁAW         | POL  | K40  | 52     | K 123 | 00:02:13 | 02:35:01 | 04:18:17 | 05:48:10 | 06:57:39 |         | 07:38:12.45 | 07:38:12.45 | 10:16  | 5.8  |
| 642  | JÓZEFOWSKI KAROL   | 226 |  | NOWY TOMYŚL      | POL  | M20  | 39     | M 519 | 00:03:16 | 02:19:13 | 03:51:24 | 05:41:16 | 06:55:04 |         | 07:38:14.15 | 07:38:14.15 | 10:16  | 5.8  |
| 643  | WAŚOWICZ MAGDALENA | 560 | HUSARIA RACE TEAM                                      | OPOLE            | POL  | K20  | 8      | K 124 | 00:01:43 | 02:34:31 | 04:19:19 | 05:53:20 | 07:05:20 |         | 07:48:17.90 | 07:48:17.90 | 10:29  | 5.7  |
| 644  | JANICKI PATRYK     | 288 | PORANNY PATROL   | KRAKÓW           | POL  | M30  | 197    | M 520 | 00:03:15 | 02:49:40 | 04:35:23 | 06:06:02 | 07:07:19 |         | 07:48:55.25 | 07:48:55.25 | 10:30  | 5.7  |
| 645  | PIECH ADAM         | 71  | PORANNY PATROL   | KRAKÓW           | POL  | M40  | 219    | M 521 | 00:03:15 | 02:49:44 | 04:35:24 | 06:02:35 | 07:07:19 |         | 07:48:55.40 | 07:48:55.40 | 10:30  | 5.7  |
| 646  | MARUT KAŚKA        | 31  | NIGHT RUNNERS GLIWICE                                  | GLIWICE          | POL  | K40  | 53     | K 125 | 00:03:09 | 02:37:10 | 04:02:10 | 06:04:05 | 07:12:34 |         | 07:57:44.25 | 07:57:44.25 | 10:42  | 5.6  |
| 647  | BAJAK MIROŚLAW     | 119 |  | KRAKÓW           | POL  | M40  | 220    | M 522 | 00:01:34 | 02:51:40 | 04:37:06 | 06:07:21 | 07:26:12 |         | 08:02:30.95 | 08:02:30.95 | 10:49  | 5.5  |
|      | TYLKA PRZEMYSŁAW   | 278 |  | KROŚCIENKO WYŻNE | POL  | M40  |        |       | 00:02:07 | 02:44:18 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | OBARSKA MAŁGORZATA | 219 |  | STARACHOWICE     | POL  | K50  |        |       | 00:02:58 | 02:57:38 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | KARWAN BARBARA     | 633 | PLACETOTRI   | KRAKÓW           | POL  | K30  |        |       | 00:00:52 | 02:04:33 | 03:22:48 | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | DUDA PAWEŁ         | 106 |  | JEDLICZE         | POL  | M30  |        |       | DNF      | DNF      | 03:50:46 | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | UNIEJEWSKI TOMASZ  | 573 | UMBA   | KATOWICE         | POL  | M40  |        |       | 00:01:17 | 02:03:02 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | PACANOWSKI ŁUKASZ  | 247 | PARA-NIE-DO-PARY                                       | PORĘBA           | POL  | M30  |        |       | 00:02:17 | 02:25:14 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | MAŚLANKA IRENEUSZ  | 64  | NIGHT RUNNERS GLIWICE                                  | GLIWICE          | POL  | M50  |        |       | 00:03:40 | 02:59:48 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | SZELER JOANNA      | 20  | SILESIA MARATHON TEAM / BIEGAJĄCA Z PSAMI              | WARSZAWA         | POL  | K40  |        |       | 00:02:40 | 03:24:30 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | KLISZ AGA          | 18  |  | LUBLIN           | POL  | K30  |        |       | 00:01:56 | DNF      | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Kobiety**

| M-ce | Nazwisko i imię   | Nr  | Klub                | M-scowość      | Kraj | Kat. | M. kat | K/M | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|---------------------|----------------|------|------|--------|-----|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | JASŁOWSKA JUSTYNA | 94  | POSMAKUJ RUN TEAM   | JEDLUCZE       | POL  | K30  | 1      | K 1 | 00:00:54 | 01:31:42 | 02:20:47 | 03:00:35 | 03:38:00 |          | 03:59:19.90 | 03:59:19.90 | 5:21   | 11.2 |
| 2    | LANGE BEATA       | 513 | BIŁGORAJ BIEGA      | BIŁGORAJ       | POL  | K40  | 1      | K 2 | 00:01:14 | 01:35:54 | 02:26:34 | 03:09:21 | 03:49:45 |          | 04:11:58.40 | 04:11:58.40 | 5:38   | 10.6 |
| 3    | DOMISZEWSKA MARIA | 2   |                     | USTRZYKI DOLNE | POL  | K50  | 1      | K 3 | 00:00:40 | 01:33:01 | 02:23:09 | 03:08:12 | 03:48:40 | 00:02:00 | 04:14:42.70 | 04:14:42.70 | 5:39   | 10.6 |
| 4    | GWIZDAK JUSTYNA   | 577 | WATER TEAM          | RZESZÓW        | POL  | K30  | 2      | K 4 | 00:01:15 | 01:37:08 | 02:30:53 | 03:16:21 | 03:57:20 |          | 04:19:23.55 | 04:19:23.55 | 5:48   | 10.3 |
| 5    | KRYM KATARZYNA    | 719 | HERZOG RUNNING TEAM | SMOLEC         | POL  | K40  | 2      | K 5 | 00:01:30 | 01:42:30 | 02:35:48 | 03:18:38 |          |          | 04:23:26.25 | 04:23:26.25 | 5:54   | 10.2 |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Kobiety c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                            | M-scowość               | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|---------------------------------|-------------------------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 6    | KOMISARCZYK ANNA               | 537 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN                | POL  | K30  | 3      | K 6  | 00:00:36 | 01:39:06 | 02:31:45 | 03:19:43 | 04:03:21 |         | 04:28:03.70 | 04:28:03.70 | 6:00   | 10   |
| 7    | KRAWCZAK PAULINA               | 144 | BIEGUSIEM.PL                    | DĘBLIN                  | POL  | K30  | 4      | K 7  | 00:01:01 | 01:37:47 | 02:33:43 | 03:24:21 | 04:07:04 |         | 04:30:28.50 | 04:30:28.50 | 6:03   | 9.9  |
| 8    | KOŁACKA MARTYNA                | 176 |                                 | WODZISŁAW ŚLĄSKI        | POL  | K30  | 5      | K 8  | 00:00:48 | 01:39:35 | 02:34:15 | 03:24:14 | 04:09:15 |         | 04:33:40.30 | 04:33:40.30 | 6:08   | 9.8  |
| 9    | SIWCZUK ALEKSANDRA             | 302 |                                 | WARSZAWA                | POL  | K30  | 6      | K 9  | 00:01:20 | 01:44:55 | 02:41:52 | 03:29:45 | 04:14:07 |         | 04:37:51.05 | 04:37:51.05 | 6:13   | 9.6  |
| 10   | GAWLEWICZ KRYSZYNA             | 470 | GAWELKI TEAM                    | SANOK                   | POL  | K30  | 7      | K 10 | 00:01:45 | 01:45:01 | 02:42:59 | 03:33:38 | 04:19:04 |         | 04:43:32.25 | 04:43:32.25 | 6:21   | 9.4  |
| 11   | BONDARA SYLWIA                 | 1   | JACEKBIEGA RUNNING TEAM         | WARSZAWA                | POL  | K30  | 8      | K 11 | 00:00:39 | 01:41:39 | 02:42:26 | 03:32:20 | 04:19:36 |         | 04:45:53.30 | 04:45:53.30 | 6:24   | 9.4  |
| 12   | KRENZEL REGINA                 | 734 |                                 | JAROSŁAW                | POL  | K30  | 9      | K 12 | 00:00:45 | 01:48:30 | 02:47:01 | 03:37:14 | 04:22:55 |         | 04:48:35.95 | 04:48:35.95 | 6:28   | 9.3  |
| 13   | WAŁACH-BIŚTA ZUZANNA           | 458 |                                 | KATOWICE                | POL  | K30  | 10     | K 13 | 00:01:25 | 01:51:47 | 02:48:18 | 03:40:04 | 04:23:58 |         | 04:49:30.20 | 04:49:30.20 | 6:29   | 9.2  |
| 14   | SIKORA-KOŁODZIEJ IRMINA        | 601 | BIESY I CZORTY                  | PRZEMYŚL                | POL  | K30  | 11     | K 14 | 00:02:22 | 01:55:07 | 02:56:34 | 03:49:06 | 04:29:58 |         | 04:52:11.40 | 04:52:11.40 | 6:33   | 9.2  |
| 15   | BORUSZEWSKA BEATA              | 375 |                                 | BYTOM                   | POL  | K40  | 3      | K 15 | 00:02:30 | 01:46:54 | 02:47:14 | 03:38:05 | 04:27:13 |         | 04:55:56.50 | 04:55:56.50 | 6:38   | 9    |
| 16   | BURANDT MAGDALENA              | 423 | 3LIFE TEAM                      | OLSZTYN                 | POL  | K30  | 12     | K 16 | 00:01:48 | 01:50:36 | 02:53:07 | 03:47:47 | 04:35:41 |         | 05:01:55.95 | 05:01:55.95 | 6:46   | 8.9  |
| 17   | KIELTYKA AGNIESZKA             | 284 |                                 | RYKI                    | POL  | K30  | 13     | K 17 | 00:00:48 | 01:54:53 | 02:56:06 | 03:50:02 | 04:37:49 |         | 05:03:01.60 | 05:03:01.60 | 6:47   | 8.8  |
| 18   | ROŹNIATA IWONA                 | 638 | KS GŁOWNO W BIEGU               | GŁOWNO                  | POL  | K40  | 4      | K 18 | 00:00:56 | 01:54:05 | 02:58:07 | 03:50:37 | 04:38:39 |         | 05:05:14.50 | 05:05:14.50 | 6:50   | 8.8  |
| 19   | KSYTA MARTYNA                  | 486 | X-MEN                           | KOŃSKIE                 | POL  | K20  | 1      | K 19 | 00:03:02 | 02:01:57 | 03:06:52 | 03:58:22 | 04:42:52 |         | 05:08:37.30 | 05:08:37.30 | 6:55   | 8.7  |
| 20   | OLCZAK MARTA                   | 266 | SZWLA                           | STARGARD                | POL  | K40  | 5      | K 20 | 00:01:36 | 01:53:14 | 02:54:50 | 03:53:00 | 04:41:48 |         | 05:10:33.25 | 05:10:33.25 | 6:57   | 8.6  |
| 21   | ŚWIEŻAWSKA-AMBROZIAK KATARZYNA | 388 | KUTNO BIEGA                     | KUTNO                   | POL  | K40  | 6      | K 21 | 00:01:39 | 01:57:06 | 03:02:30 | 03:56:16 | 04:42:51 |         | 05:11:21.40 | 05:11:21.40 | 6:58   | 8.6  |
| 22   | KIRILENKO ANETA                | 482 |                                 | MARKI                   | POL  | K40  | 7      | K 22 | 00:00:50 | 01:48:20 | 02:54:23 | 03:55:35 | 04:43:34 |         | 05:11:32.90 | 05:11:32.90 | 6:59   | 8.6  |
| 23   | SIEMIĄTKOWSKA KATARZYNA        | 455 |                                 | POZNAŃ                  | POL  | K30  | 14     | K 23 | 00:02:08 | 01:55:45 | 02:58:02 | 03:55:38 | 04:43:29 |         | 05:11:39.40 | 05:11:39.40 | 6:59   | 8.6  |
| 24   | KALISZ KAROLINA                | 564 | WKURW_TEAM                      | KAMIENIECZYK            | POL  | K20  | 2      | K 24 | 00:02:04 | 01:56:29 | 03:06:10 | 04:01:06 | 04:48:15 |         | 05:15:00.05 | 05:15:00.05 | 7:03   | 8.5  |
| 25   | ADAMCZAK BARBARA               | 568 | SMPZ 'TRAVOIS'                  | KATOWICE                | POL  | K30  | 15     | K 25 | 00:01:11 | 01:54:39 | 03:00:56 | 04:03:23 | 04:49:30 |         | 05:15:02.40 | 05:15:02.40 | 7:03   | 8.5  |
| 26   | SZOT IWONA                     | 438 | WW TEAM                         | LUBLIN                  | POL  | K40  | 8      | K 26 | 00:02:54 | 01:59:28 | 03:01:14 | 04:03:21 | 04:50:33 |         | 05:17:15.70 | 05:17:15.70 | 7:06   | 8.4  |
| 27   | MOSTOWSKA MAGDALENA            | 752 | WARSAW MASTERS TEAM             | WARSZAWA                | POL  | K40  | 9      | K 27 | 00:01:00 | 01:48:44 | 02:50:21 | 03:47:25 | 04:45:10 |         | 05:19:46.15 | 05:19:46.15 | 7:10   | 8.4  |
| 28   | FOGEL EWA                      | 257 | PTG SOKÓŁ ŚWIAT PRACY           | TARNÓW                  | POL  | K40  | 10     | K 28 | 00:01:31 | 01:57:32 | 03:03:25 | 04:03:42 | 04:54:20 |         | 05:23:38.55 | 05:23:38.55 | 7:15   | 8.3  |
| 29   | CZAJA ALICJA                   | 160 | RODZENSTWO                      | LIMANOWA                | POL  | K40  | 11     | K 29 | 00:01:15 | 01:53:06 | 03:00:38 | 04:02:57 | 04:53:06 |         | 05:26:36.25 | 05:26:36.25 | 7:19   | 8.2  |
| 30   | PIOTROWICZ MAŁGORZATA          | 102 | INFINITY GYM                    | PROSZOWICE              | POL  | K30  | 16     | K 30 | 00:01:48 | 01:58:03 | 03:05:51 | 04:06:12 | 04:55:19 |         | 05:26:43.60 | 05:26:43.60 | 7:19   | 8.2  |
| 31   | WIERZBICKA JOANNA              | 352 |                                 | BOGUCHWAŁA              | POL  | K40  | 12     | K 31 | 00:02:05 | 01:57:52 | 03:10:18 | 04:09:37 | 05:01:53 |         | 05:33:03.35 | 05:33:03.35 | 7:28   | 8    |
| 32   | BOBER ANNA                     | 265 |                                 | OSTROWIEC ŚWIĘTOKRZYSKI | POL  | K30  | 17     | K 32 | 00:01:34 | 02:05:48 | 03:19:09 | 04:19:09 | 05:06:21 |         | 05:34:40.85 | 05:34:40.85 | 7:30   | 8    |
| 33   | STOPA AGATA                    | 570 | SP NR 3 RZESZÓW                 | BOGUCHWAŁA              | POL  | K40  | 13     | K 33 | 00:02:09 | 01:58:03 | 03:10:18 | 04:19:22 | 05:06:48 |         | 05:35:30.70 | 05:35:30.70 | 7:31   | 8    |
| 34   | SZALACHA KATARZYNA             | 576 |                                 | RZESZÓW                 | POL  | K30  | 18     | K 34 | 00:02:37 | 02:04:29 | 03:14:26 | 04:20:32 | 05:10:48 |         | 05:40:49.25 | 05:40:49.25 | 7:38   | 7.9  |
| 35   | STEC IWONA                     | 237 |                                 | WILKOWICE               | POL  | K20  | 3      | K 35 | 00:02:23 | 02:04:57 | 03:15:10 | 04:17:55 | 05:10:15 |         | 05:44:15.10 | 05:44:15.10 | 7:43   | 7.8  |
| 36   | KARAŚ SYLWIA                   | 461 |                                 | IWONICZ-ZDRÓJ           | POL  | K20  | 4      | K 36 | 00:00:57 | 01:59:29 | 03:14:37 | 04:21:10 | 05:12:44 |         | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 37   | SZABŁOWSKA IWONA               | 731 | STRASZYN ULTRA TEAM             | JUSZKOWO                | POL  | K30  | 19     | K 36 |          | 01:35:35 | 03:23:48 | 04:27:23 | 05:16:10 |         | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 38   | MYŚLIŃSKA ANNA                 | 639 | EKOBIEGI                        | WARSZAWA                | POL  | K40  | 14     | K 38 | 00:01:28 | 02:05:13 | 03:17:30 | 04:20:51 | 05:15:06 |         | 05:46:35.90 | 05:46:35.90 | 7:46   | 7.7  |
| 39   | LATO-KSIĄŻEK KAROLINA          | 459 | LUBLIN BIEGA                    | LUBLIN                  | POL  | K30  | 20     | K 39 | 00:03:02 | 02:15:49 | 03:27:48 | 04:26:20 | 05:18:20 |         | 05:46:41.55 | 05:46:41.55 | 7:46   | 7.7  |
| 40   | ŻEBROWSKA JOLANTA              | 702 | POTRENUJEMY?                    | PULAWY                  | POL  | K50  | 2      | K 40 | 00:00:46 | 02:05:35 | 03:21:53 | 04:23:39 | 05:15:13 |         | 05:48:29.00 | 05:48:29.00 | 7:48   | 7.7  |
| 41   | DOŁĘGA ANNA                    | 625 | ZABIEGANA MAMA                  | BIAŁYSTOK               | POL  | K40  | 15     | K 41 | 00:01:45 | 02:08:59 | 03:25:23 | 04:27:14 | 05:19:02 |         | 05:50:12.70 | 05:50:12.70 | 7:51   | 7.6  |
| 42   | SAKOWSKA ANETA                 | 92  | MARATONKA GRAJEWO               | DROZDOWO                | POL  | K40  | 16     | K 42 | 00:01:43 | 02:14:51 | 03:27:50 | 04:27:07 | 05:22:32 |         | 05:51:13.50 | 05:51:13.50 | 7:52   | 7.6  |
| 43   | NAZIMEK LILIANA                | 173 | SUO TEMPORE                     | NOWY SĄCZ               | POL  | K40  | 17     | K 43 | 00:01:36 | 02:08:11 | 03:22:13 | 04:28:33 | 05:22:32 |         | 05:51:24.55 | 05:51:24.55 | 7:52   | 7.6  |
| 44   | JĘDRZEJOWSKA-DEC ANNA          | 766 |                                 | GLIWICE                 | POL  | K40  | 18     | K 44 | 00:02:43 | 02:06:08 | 03:21:09 | 04:30:21 | 05:24:44 |         | 05:56:17.55 | 05:56:17.55 | 7:59   | 7.5  |
| 45   | MYGA ANNA                      | 311 | HEARTESS                        | KATOWICE                | POL  | K30  | 21     | K 45 | 00:03:22 | 02:11:48 | 03:22:45 | 04:36:18 | 05:28:50 |         | 05:57:30.15 | 05:57:30.15 | 8:00   | 7.5  |
| 46   | KWAPIEŃ KAROLINA               | 605 | VEGE RUNNERS                    | BIAŁA PODLASKA          | POL  | K30  | 22     | K 46 | 00:02:21 | 02:06:39 | 03:23:59 | 04:31:53 | 05:25:58 |         | 05:58:22.90 | 05:58:22.90 | 8:02   | 7.5  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Kobiety c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                                     | M-scowość          | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|--|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 47   | SWOROWSKA IZABELA      | 463 | WOLSZTYŃSKI KLUB BIEGOWY                 | WOLSZTYN           | POL  | K40  | 19     | K 47 | 00:01:55 | 02:14:50 | 03:31:23 | 04:32:56 | 05:27:51 |          | 05:58:28.30 | 05:58:28.30 | 8:02   | 7.5  |
| 48   | BLASZKE BEATA          | 329 | NIGHT RUNNERS GLIWICE                    | GLIWICE            | POL  | K40  | 20     | K 48 | 00:02:57 | 02:07:23 | 03:26:57 | 04:39:24 | 05:29:39 |          | 05:58:29.65 | 05:58:29.65 | 8:02   | 7.5  |
| 49   | TOCZEWSKA ANNA         | 751 | JACEKBIEGA RUNNING TEAM                  | WARSZAWA           | POL  | K50  | 3      | K 49 | 00:02:23 | 02:08:55 | 03:24:01 | 04:29:16 | 05:27:23 |          | 05:59:03.75 | 05:59:03.75 | 8:03   | 7.5  |
| 50   | ŁÓJ-KONIECZNA EDYTA    | 96  | INFINITY GYM                             | PROSZOWICE         | POL  | K40  | 21     | K 50 | 00:01:50 | 02:11:31 | 03:24:56 | 04:31:27 | 05:27:28 |          | 06:00:40.35 | 06:00:40.35 | 8:05   | 7.4  |
| 51   | CHUDA ANETA            | 301 |  | WROCLAW            | POL  | K30  | 23     | K 51 | 00:01:04 | 02:16:14 | 03:33:25 | 04:35:20 | 05:30:31 |          | 06:00:49.75 | 06:00:49.75 | 8:05   | 7.4  |
| 52   | KOWALSKA JUSTYNA       | 267 | MORSY OŚNO LUBUSKIE                      | OŚNO LUBUSKIE      | POL  | K40  | 22     | K 52 | 00:01:54 | 02:03:31 | 03:20:57 | 04:31:49 | 05:29:33 |          | 06:01:51.25 | 06:01:51.25 | 8:06   | 7.4  |
| 53   | LEŚNIAK-POPIEL MARTA   | 345 | POZYTYWNE ZABIEGANI SANOK                | SANOK              | POL  | K40  | 23     | K 53 | 00:02:40 | 02:12:29 | 03:30:21 | 04:37:34 | 05:32:44 |          | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 54   | KISIŃSKA IRENA         | 588 | VISEGRAD MARATON RYTRO                   | NOWY SĄCZ          | POL  | K40  | 24     | K 54 | 00:01:08 | 02:04:27 | 03:16:44 | 04:24:54 | 05:30:13 |          | 06:04:14.65 | 06:04:14.65 | 8:10   | 7.3  |
| 55   | NIEMCZAK BARBARA       | 616 | IPA PAŁAC MOSTOWSKICH                    | PIASECZNO          | POL  | K30  | 24     | K 55 | 00:02:02 | 02:09:33 | 03:27:34 | 04:38:12 | 05:32:09 |          | 06:04:41.40 | 06:04:41.40 | 8:10   | 7.3  |
| 56   | KOPROWICZ EWELINA      | 322 | JAROSŁAWSKA GRUPA BIEGOWA                | JAROSŁAW           | POL  | K30  | 25     | K 56 | 00:02:03 | 02:12:06 | 03:31:47 | 04:41:28 | 05:36:18 |          | 06:06:51.80 | 06:06:51.80 | 8:13   | 7.3  |
| 57   | GRZEGÓRZEK ANNA        | 667 | PTG SOKÓŁ ŚWIAT PRACY                    | KOSZYCE WIELKIE    | POL  | K40  | 25     | K 57 | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |          | 06:06:58.00 | 06:06:58.00 | 8:13   | 7.3  |
| 58   | WITKOWSKA BEATA        | 156 |  | GDAŃSK             | POL  | K30  | 26     | K 58 | 00:03:07 | 02:16:00 | 03:38:03 | 04:44:00 | 05:37:45 |          | 06:07:26.65 | 06:07:26.65 | 8:14   | 7.3  |
| 59   | KOCZUR KAMILA          | 504 |  | WARSZAWA           | POL  | K30  | 27     | K 59 | 00:01:35 | 02:15:41 | 03:35:22 | 04:41:33 | 05:35:04 | 00:02:00 | 06:07:29.30 | 06:07:29.30 | 8:11   | 7.3  |
| 60   | BAK AGATA              | 125 | BUSHIDO CENTRUM JEZIORY                  | SOBIENIE           | POL  | K30  | 28     | K 60 | 00:01:23 | 02:22:19 | 03:48:02 | 04:46:12 | 05:38:31 |          | 06:07:42.25 | 06:07:42.25 | 8:14   | 7.3  |
| 61   | PIGAN ANNA             | 360 | B B L - JAROSŁAW                         | SZÓWSKO            | POL  | K40  | 26     | K 61 | 00:02:02 | 02:12:18 | 03:32:06 | 04:41:32 | 05:37:46 |          | 06:10:25.25 | 06:10:25.25 | 8:18   | 7.2  |
| 62   | KAMIENIARZ MARIA       | 387 |  | POZNAŃ             | POL  | K30  | 29     | K 62 | 00:03:21 | 02:10:40 | 03:34:04 | 04:46:03 | 05:39:22 |          | 06:11:23.45 | 06:11:23.45 | 8:19   | 7.2  |
| 63   | TREPKA AGNIESZKA       | 163 |  | CRAWLEY            | GBR  | K30  | 30     | K 63 | 00:01:30 | 02:12:26 | 03:42:45 | 04:49:01 | 05:41:29 |          | 06:12:13.20 | 06:12:13.20 | 8:20   | 7.2  |
| 64   | PAUL VIOLA             | 23  | NIGHT RUNNERS GLIWICE                    | GLIWICE            | POL  | K40  | 27     | K 64 | 00:03:16 | 02:16:25 | 03:37:47 | 04:44:01 | 05:40:06 |          | 06:13:06.80 | 06:13:06.80 | 8:21   | 7.2  |
| 65   | WOŁOSOWICZ NATALIA     | 499 |  | BIAŁA PODLASKA     | POL  | K40  | 28     | K 65 | 00:02:36 | 02:11:46 | 03:27:53 | 04:38:13 | 05:38:13 |          | 06:13:39.75 | 06:13:39.75 | 8:22   | 7.2  |
| 66   | MAZURKIEWICZ JOLANTA   | 490 | BYCHAWA RUNNER'S/NAJWIĘKSZA ARMIA ŚWIATA | BYCHAWA            | POL  | K30  | 31     | K 66 | 00:01:49 | 02:18:17 | 03:38:54 | 04:52:45 | 05:44:46 |          | 06:15:29.25 | 06:15:29.25 | 8:25   | 7.1  |
| 67   | CEBRAT EWA             | 132 | POZYTYWNE ZABIEGANI SANOK                | SOSNOWIEC          | POL  | K40  | 29     | K 67 | 00:02:40 | 02:14:32 | 03:40:15 | 04:51:21 | 05:45:50 |          | 06:17:05.30 | 06:17:05.30 | 8:27   | 7.1  |
| 68   | SZPINDA MARTA          | 409 | BIŁGORAJ ULTRA TRAIL                     | BIŁGORAJ           | POL  | K40  | 30     | K 68 | 00:01:26 | 02:12:38 | 03:32:22 | 04:51:18 | 05:46:39 |          | 06:17:06.80 | 06:17:06.80 | 8:27   | 7.1  |
| 69   | HANDERMANDER AGNIESZKA | 394 |  | USTRZYKI DOLNE     | POL  | K30  | 32     | K 69 | 00:01:49 | 02:13:39 | 03:34:01 | 04:46:57 | 05:45:56 |          | 06:17:09.05 | 06:17:09.05 | 8:27   | 7.1  |
| 70   | PARYSZ ANNA            | 646 | STARE BABICE BIEGAJĄ                     | BLIZNE JASIŃSKIEGO | POL  | K50  | 4      | K 70 | 00:01:56 | 02:20:12 | 03:39:02 | 04:45:41 | 05:43:36 |          | 06:17:48.50 | 06:17:48.50 | 8:28   | 7.1  |
| 71   | PAWŁOWSKA ELŻBIETA     | 298 | NOWY STYL RUNNING TEAM                   | JEDLICZE           | POL  | K30  | 33     | K 71 | 00:02:48 | 02:18:22 | 03:41:07 | 04:49:00 | 05:45:09 |          | 06:18:55.55 | 06:18:55.55 | 8:29   | 7.1  |
| 72   | BIESZCZAD ILONA        | 296 |  | WOJASZÓWK A        | POL  | K30  | 34     | K 72 | 00:02:47 | 02:18:17 | 03:41:01 | 04:49:00 | 05:45:09 |          | 06:18:55.80 | 06:18:55.80 | 8:29   | 7.1  |
| 73   | WŁODARSKA MAGDALENA    | 203 |  | TARNÓW             | POL  | K40  | 31     | K 73 | 00:02:12 | 02:19:11 | 03:35:28 | 04:50:51 | 05:48:48 |          | 06:18:58.90 | 06:18:58.90 | 8:29   | 7.1  |
| 74   | KŁOSOWICZ MONIKA       | 671 |  | WROCLAW            | POL  | K20  | 5      | K 74 | 00:02:26 | 02:18:28 | 03:43:20 | 04:55:21 | 05:52:17 |          | 06:24:08.00 | 06:24:08.00 | 8:36   | 7    |
| 75   | SIKORSKA AGNIESZKA     | 649 | EKOBIEGI                                 | WARSZAWA           | POL  | K40  | 32     | K 75 | 00:01:29 | 02:23:06 | 03:45:36 | 04:54:19 | 05:51:41 |          | 06:24:19.75 | 06:24:19.75 | 8:37   | 7    |
| 76   | KOTOMSKA RENATA        | 511 |  | ALEKSANDR ÓWKA     | POL  | K40  | 33     | K 76 | 00:03:18 | 02:22:51 | 03:42:26 | 04:51:25 | 05:52:14 |          | 06:27:01.95 | 06:27:01.95 | 8:40   | 6.9  |
| 77   | TUSZYŃSKA KATARZYNA    | 645 | ESKADRA KRAKÓW                           | KRAKÓW             | POL  | K40  | 34     | K 77 | 00:01:37 | 02:17:08 | 03:44:23 | 04:58:48 | 05:56:27 |          | 06:27:02.80 | 06:27:02.80 | 8:40   | 6.9  |
| 78   | FAJNAS KATARZYNA       | 190 | DOGOŃ GRODZISK MAZOWIECKI / DANFOSS      | ŻABIA WOLA         | POL  | K40  | 35     | K 78 | 00:02:13 | 02:15:27 | 03:41:05 | 04:54:48 | 05:52:00 |          | 06:28:01.40 | 06:28:01.40 | 8:41   | 6.9  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Kobiety c.d.**

| M-ce | Nazwisko i imię           | Nr   | Klub                                     | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------------|------|--|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 79   | SEREMET BOŻENA            | 205  | BBL KRAKÓW                               | KRAKÓW              | POL  | K50  | 5      | K 79  | 00:03:11 | 02:17:39 | 03:38:39 | 04:59:26 | 05:57:02 |         | 06:29:11.30 | 06:29:11.30 | 8:43   | 6.9  |
| 80   | DUBYNA MARIA              | 506  | MIA                                      | KRAKÓW              | POL  | K30  | 35     | K 80  | 00:02:29 | 02:26:02 | 03:51:22 | 05:04:54 | 05:57:34 |         | 06:29:24.90 | 06:29:24.90 | 8:43   | 6.9  |
| 81   | KUSZTAL JUSTYNA           | 644  | KS ESKADRA KRAKÓW                        | KRAKÓW              | POL  | K40  | 36     | K 81  | 00:01:38 | 02:17:31 | 03:44:26 | 04:58:54 | 05:57:22 |         | 06:29:29.35 | 06:29:29.35 | 8:43   | 6.9  |
| 82   | SAMBORSKA WERONIKA        | 62   | NOWY STYL GROUP RUNNING TEAM             | BRZYSKA             | POL  | K30  | 36     | K 82  | 00:02:40 | 02:23:04 | 03:49:05 | 04:59:07 | 05:58:18 |         | 06:30:59.35 | 06:30:59.35 | 8:45   | 6.8  |
| 83   | RÓŻYCKA DOROTA            | 1170 | NOWY STYL GROUP RUNNING TEAM             | JASŁO               | POL  | K30  | 37     | K 83  | 00:02:40 | 02:23:04 | 03:49:04 | 04:59:06 | 05:58:03 |         | 06:30:59.50 | 06:30:59.50 | 8:45   | 6.8  |
| 84   | KRZAK DOMINIKA            | 730  |  | WROCŁAW             | POL  | K30  | 38     | K 84  | 00:02:22 | 02:24:05 | 03:43:25 | 05:03:14 | 06:00:18 |         | 06:32:37.60 | 06:32:37.60 | 8:48   | 6.8  |
| 85   | PYZEL AGNIESZKA           | 57   | KS PEGAZ                                 | KONSTANCIN JEZIORNA | POL  | K50  | 6      | K 85  | 00:02:32 | 02:18:39 | 03:48:02 | 05:05:13 | 06:03:53 |         | 06:33:01.15 | 06:33:01.15 | 8:48   | 6.8  |
| 86   | SZEWCZYK KATARZYNA        | 586  | MONKEYS' TEAM                            | KRAŚNIK             | POL  | K40  | 37     | K 86  | 00:02:15 | 02:20:26 | 03:44:27 | 05:00:50 | 05:58:16 |         | 06:33:02.55 | 06:33:02.55 | 8:48   | 6.8  |
| 87   | SZUMNA ALEKSANDRA         | 600  | MONKEYS' TEAM                            | KRAŚNIK             | POL  | K30  | 39     | K 87  | 00:02:15 | 02:20:27 | 03:44:28 | 05:00:49 | 05:58:17 |         | 06:33:12.35 | 06:33:12.35 | 8:48   | 6.8  |
| 88   | KŁOPOTOWSKA SOSNA KASKA   | 516  | UNLIMITED TRIATHLON TEAM                 | KRAKÓW              | POL  | K50  | 7      | K 88  | 00:01:01 | 02:34:10 | 03:57:03 | 05:04:26 | 06:03:49 |         | 06:38:04.25 | 06:38:04.25 | 8:55   | 6.7  |
| 89   | BIERNAT AGNIESZKA         | 745  | KOSMICZNE MUMINKI                        | WARSZAWA            | POL  | K20  | 6      | K 89  | 00:01:19 | 02:19:14 | 03:42:36 | 04:56:57 | 06:00:59 |         | 06:41:06.05 | 06:41:06.05 | 8:59   | 6.7  |
| 90   | BAŁA BOŻENA               | 81   |  | GRABINY             | POL  | K30  | 40     | K 90  | 00:00:58 | 02:14:13 | 03:41:17 | 05:05:17 | 06:05:18 |         | 06:42:14.55 | 06:42:14.55 | 9:01   | 6.7  |
| 91   | NAMIOTA URSZULA           | 72   | 1960                                     | DĘBICA              | POL  | K50  | 8      | K 91  | 00:00:51 | 02:13:28 | 03:41:19 | 05:05:17 | 06:05:19 |         | 06:42:15.20 | 06:42:15.20 | 9:01   | 6.7  |
| 92   | JAROSZ-PIWOŃSKA ALDONA    | 65   | KS PEGAZ                                 | GÓRA KALWARIA       | POL  | K40  | 38     | K 92  | 00:02:22 | 02:25:46 | 03:53:22 | 05:09:47 | 06:08:33 |         | 06:42:29.80 | 06:42:29.80 | 9:01   | 6.6  |
| 93   | KOWALEWSKA IZABELA        | 475  | PIASECZNO RUNNING                        | PIASECZNO           | GBR  | K30  | 41     | K 93  | 00:02:22 | 02:25:46 | 03:53:20 | 05:09:42 | 06:08:35 |         | 06:42:29.95 | 06:42:29.95 | 9:01   | 6.6  |
| 94   | ŻAK OLIVIA                | 66   | PIASECZNO RUNNING                        | JASTRZĘBIE          | POL  | K30  | 42     | K 94  | 00:02:21 | 02:25:47 | 03:53:23 | 05:09:42 | 06:08:34 |         | 06:42:30.10 | 06:42:30.10 | 9:01   | 6.6  |
| 95   | LEWANDOWSKA OLGA          | 541  |  | WARSZAWA            | POL  | K30  | 43     | K 95  | 00:02:56 | 02:21:34 | 03:49:11 | 05:08:44 | 06:09:13 |         | 06:44:47.20 | 06:44:47.20 | 9:04   | 6.6  |
| 96   | MARONDEL KATARZYNA        | 619  | FESTIWAL BIEGOWY                         | BYTOM               | POL  | K30  | 44     | K 96  | 00:02:10 | 02:24:52 | 03:48:25 | 05:03:06 | 06:09:07 |         | 06:44:55.05 | 06:44:55.05 | 9:04   | 6.6  |
| 97   | PORĘBSKA DOROTA           | 338  | NOWA HUTA TEAM                           | KRAKÓW              | POL  | K40  | 39     | K 97  | 00:02:28 | 02:18:24 | 03:49:14 | 05:16:32 | 06:13:29 |         | 06:46:41.10 | 06:46:41.10 | 9:07   | 6.6  |
| 98   | KULIK KATARZYNA           | 99   | NIGHT RUNNERS GLIWICE                    | BYTOM               | POL  | K30  | 45     | K 98  | 00:03:17 | 02:24:39 | 03:53:25 | 05:21:34 | 06:19:17 |         | 06:52:41.95 | 06:52:41.95 | 9:15   | 6.5  |
| 99   | KORZENIOWSKA JOANNA       | 129  | UMCS BIEGA                               | LUBLIN              | POL  | K30  | 46     | K 99  | 00:02:52 | 02:34:27 | 04:02:22 | 05:20:38 | 06:19:58 |         | 06:54:02.90 | 06:54:02.90 | 9:16   | 6.5  |
| 100  | KOWALIK ANNA              | 130  | UMCS BIEGA                               | ŁADA                | POL  | K30  | 47     | K 100 | 00:02:52 | 02:34:30 | 04:02:24 | 05:20:39 | 06:20:00 |         | 06:54:04.30 | 06:54:04.30 | 9:17   | 6.5  |
| 101  | BARTO SYLWIA              | 528  |  | ŁOŚ                 | POL  | K40  | 40     | K 101 | 00:02:31 | 02:33:12 | 04:05:24 | 05:19:26 | 06:22:03 |         | 06:55:12.45 | 06:55:12.45 | 9:18   | 6.4  |
| 102  | DYGOŃ MAŁGORZATA          | 33   |  | GLIWICE             | POL  | K40  | 41     | K 102 | 00:03:09 | 02:37:02 | 06:23:33 |          |          |         | 06:55:13.25 | 06:55:13.25 | 9:18   | 6.4  |
| 103  | MORAWSKA ANNA             | 218  |  | WARSZAWA            | POL  | K60  | 1      | K 103 | 00:01:17 | 02:34:00 | 06:20:21 |          |          |         | 06:56:07.35 | 06:56:07.35 | 9:19   | 6.4  |
| 104  | WALCZYŃSKA KAROLINA       | 29   | RUNHOGS TYCHY                            | TYCHY               | POL  | K30  | 48     | K 104 | 00:01:38 | 02:29:36 | 04:04:41 | 05:23:29 | 06:20:33 |         | 06:56:23.55 | 06:56:23.55 | 9:20   | 6.4  |
| 105  | HEBDA-OLSZÓWKA ALEKSANDRA | 51   | NIGHT RUNNERS GLIWICE                    | CHORZÓW             | POL  | K30  | 49     | K 105 | 00:03:08 | 02:37:48 | 04:02:56 | 05:26:31 | 06:23:55 |         | 06:56:44.35 | 06:56:44.35 | 9:20   | 6.4  |
| 106  | TYRANKIEWICZ KAMILA       | 472  | JUMP&FLY, KABATY                         | WARSZAWA            | POL  | K40  | 42     | K 106 | 00:01:46 | 02:30:23 | 04:06:15 | 05:22:17 | 06:22:36 |         | 06:58:55.35 | 06:58:55.35 | 9:23   | 6.4  |
| 107  | BOGUCKA MARTYNA           | 145  | JACEKBIEGA RUNNING TEAM                  | WARSZAWA            | POL  | K40  | 43     | K 107 | 00:03:05 | 02:38:12 | 04:03:26 | 05:19:40 | 06:23:44 |         | 07:01:27.60 | 07:01:27.60 | 9:26   | 6.3  |
| 108  | MAJCHROWICZ MARZENNA      | 252  |  | KROŚCIENKO WYŻNE    | POL  | K40  | 44     | K 108 | 00:03:18 | 02:30:36 | 06:24:24 |          |          |         | 07:01:30.00 | 07:01:30.00 | 9:27   | 6.3  |
| 109  | SZYMAŃSKA JOLANTA         | 59   |  | KIELCE              | POL  | K30  | 50     | K 109 | 00:01:44 | 02:19:28 | 03:48:38 | 05:12:30 | 06:17:43 |         | 07:02:16.20 | 07:02:16.20 | 9:28   | 6.3  |
| 110  | ZAWADZKA MAGDALENA        | 143  | AKS POLONIA WARSZAWA/TEAM ZABIEGANIE DNI | WARSZAWA            | POL  | K30  | 51     | K 110 | 00:02:31 | 02:30:49 | 04:02:29 | 05:20:34 | 06:27:54 |         | 07:03:53.45 | 07:03:53.45 | 9:30   | 6.3  |
| 111  | PANENKA MAŁGORZATA        | 63   | NIGHT RUNNERS GLIWICE                    | NIEBOROWICE         | POL  | K40  | 45     | K 111 | 00:03:05 | 02:38:13 | 04:03:29 | 05:26:46 | 06:27:44 |         | 07:05:11.90 | 07:05:11.90 | 9:31   | 6.3  |
| 112  | GLINA-KRAWCZYK MAŁGORZATA | 439  | ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN    | STARCZÓW            | POL  | K40  | 46     | K 112 | 00:02:57 | 02:29:11 | 04:03:09 | 05:23:14 | 06:30:12 |         | 07:06:36.25 | 07:06:36.25 | 9:33   | 6.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Kobiety c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                                       | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km          | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|-----|--|---------------------|------|------|--------|-------|-----------------|-----------------|-----------------|----------|----------|---------|-------------|-------------|--------|------|
| 113  | MAZUR EWELINA               | 116 | BIEGAJ Z TRENERAMI                         | GLIWICE             | POL  | K40  | 47     | K 113 | 00:03:10        | 02:37:55        | 06:29:10        |          |          |         | 07:07:11.20 | 07:07:11.20 | 9:34   | 6.3  |
| 114  | DUNIEC MAŁGORZATA           | 206 | DOGOŃ GRODZISK MAZOWIECKI                  | GRODZISK MAZOWIECKI | POL  | K30  | 52     | K 114 | 00:02:03        | 02:30:09        | 06:32:03        |          |          |         | 07:11:22.75 | 07:11:22.75 | 9:40   | 6.2  |
| 115  | ŁYSUNIAK-STRAUCH ALEKSANDRA | 207 | DOGOŃ GRODZISK MAZOWIECKI                  | GRODZISK MAZOWIECKI | POL  | K30  | 53     | K 115 | 00:02:03        | 02:30:11        | 06:32:03        |          |          |         | 07:11:22.80 | 07:11:22.80 | 9:40   | 6.2  |
| 116  | GALANTY AGNIESZKA           | 492 |  | DYBAWKA             | POL  | K40  | 48     | K 116 | 00:02:29        | 02:26:39        | 03:53:44        | 05:31:23 | 06:34:05 |         | 07:13:48.90 | 07:13:48.90 | 9:43   | 6.2  |
| 117  | GÓRECZNY KAMILA             | 300 |  | PIASECZNO           | POL  | K40  | 49     | K 117 | 00:02:30        | 02:33:49        | 04:05:26        | 05:28:12 | 06:40:25 |         | 07:22:23.50 | 07:22:23.50 | 9:55   | 6    |
| 118  | WÓJTOWICZ IWONA             | 232 | HUSARIA RACE TEAM                          | TARNÓW              | POL  | K40  | 50     | K 118 | 00:02:33        | 02:31:43        | 04:10:12        | 05:41:18 | 06:43:17 |         | 07:22:50.70 | 07:22:50.70 | 9:55   | 6    |
| 119  | WAŚNIK KORNELIA             | 662 | BIEGUSIEM.PL                               | KŁOCZEW             | POL  | K20  | 7      | K 119 | 00:03:04        | 02:33:42        | 04:03:24        | 05:21:39 | 06:33:37 |         | 07:23:50.75 | 07:23:50.75 | 9:57   | 6    |
| 120  | WOLF WERONIKA               | 303 | 3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ | SANOK               | POL  | K40  | 51     | K 120 | 00:02:41        | 02:34:18        | 04:18:59        | 05:45:38 | 06:46:51 |         | 07:26:25.15 | 07:26:25.15 | 10:00  | 6    |
| 121  | MALEC BASIA                 | 19  |  | LUBLIN              | POL  | K50  | 9      | K 121 | 00:01:56        | 02:35:55        | 04:11:09        | 05:46:37 | 06:51:04 |         | 07:29:46.15 | 07:29:46.15 | 10:05  | 5.9  |
| 122  | KRUSZEWSKA EMILIA           | 674 |  | GDAŃSK              | POL  | K30  | 54     | K 122 | 00:00:46        | 02:39:54        | 04:20:40        |          | 06:55:06 |         | 07:38:11.55 | 07:38:11.55 | 10:16  | 5.8  |
| 123  | SKRZYPSKA IWONA             | 331 |  | JAROSŁAW            | POL  | K40  | 52     | K 123 | 00:02:13        | 02:35:01        | 04:18:17        | 05:48:10 | 06:57:39 |         | 07:38:12.45 | 07:38:12.45 | 10:16  | 5.8  |
| 124  | WAŚOWICZ MAGDALENA          | 560 | HUSARIA RACE TEAM                          | OPOLE               | POL  | K20  | 8      | K 124 | 00:01:43        | 02:34:31        | 04:19:19        | 05:53:20 | 07:05:20 |         | 07:48:17.90 | 07:48:17.90 | 10:29  | 5.7  |
| 125  | MARUT KAŚKA                 | 31  | NIGHT RUNNERS GLIWICE                      | GLIWICE             | POL  | K40  | 53     | K 125 | 00:03:09        | 02:37:10        | 04:02:10        | 06:04:05 | 07:12:34 |         | 07:57:44.25 | 07:57:44.25 | 10:42  | 5.6  |
|      | OBARSKA MAŁGORZATA          | 219 |  | STARACHOWICE        | POL  | K50  |        |       | 00:02:58<br>DNF | 02:57:38<br>DNF | DNF             | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | KARWAN BARBARA              | 633 | PLACETOTRI                                 | KRAKÓW              | POL  | K30  |        |       | 00:00:52<br>DNF | 02:04:33<br>DNF | 03:22:48<br>DNF | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | SZELER JOANNA               | 20  | SILESIA MARATHON TEAM / BIEGAJĄCA Z PSAMI  | WARSZAWA            | POL  | K40  |        |       | 00:02:40<br>DNF | 03:24:30<br>DNF | DNF             | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | KLISZ AGA                   | 18  |  | LUBLIN              | POL  | K30  |        |       | 00:01:56<br>DNF | DNF             | DNF             | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni**

| M-ce | Nazwisko i imię   | Nr  | Klub                            | M-scowość       | Kraj | Kat. | M. kat | K/M | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|---------------------------------|-----------------|------|------|--------|-----|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | KOCZWARA TOMASZ   | 3   |                                 | RADOMYŚL WIELKI | POL  | M40  | 1      | M 1 | 00:00:36 | 01:15:32 | 01:55:49 | 02:29:07 | 03:00:32 |         | 03:18:01.10 | 03:18:01.10 | 4:26   | 13.5 |
| 2    | KIDA PAWEŁ        | 659 |                                 | ŁOWISKO         | POL  | M20  | 1      | M 2 |          |          | 02:02:47 | 02:36:28 | 03:10:27 |         | 03:28:10.35 | 03:28:10.35 | 4:40   | 12.9 |
| 3    | JENDRYCH ARTUR    | 701 | BIEGAJĄCY ŚWIDNIK               | ŚWIDNIK         | POL  | M20  | 2      | M 3 | 00:00:31 | 01:21:07 | 02:02:34 | 02:38:45 | 03:11:22 |         | 03:29:59.40 | 03:29:59.40 | 4:42   | 12.7 |
| 4    | KRUBA MARCIN      | 614 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | JAROSŁAW        | POL  | M30  | 1      | M 4 | 00:00:34 | 01:21:08 | 02:02:35 | 02:36:47 | 03:12:03 |         | 03:31:45.45 | 03:31:45.45 | 4:44   | 12.6 |
| 5    | CZYŻ GRZEGORZ     | 212 | GRUPA AZOTY - AUTOMATYKA TARNÓW | BOGUMIŁOWICE    | POL  | M50  | 1      | M 5 | 00:00:37 | 01:18:10 | 01:59:39 | 02:36:03 | 03:12:19 |         | 03:33:00.10 | 03:33:00.10 | 4:46   | 12.6 |
| 6    | TOMASIK STANISŁAW | 641 | GORLIĆKA GRUPA BIEGOWA          | SZYMBARK        | POL  | M30  | 2      | M 6 | 00:01:08 | 01:22:36 | 02:06:04 | 02:42:02 | 03:15:23 |         | 03:33:08.15 | 03:33:08.15 | 4:46   | 12.6 |
| 7    | ŻUCHOWSKI DANIEL  | 770 | MUAY RUNNING TEAM               | KRAKÓW          |      | M30  | 3      | M 7 | 00:00:25 | 01:21:07 | 02:03:48 | 02:40:21 | 03:15:13 |         | 03:34:16.90 | 03:34:16.90 | 4:48   | 12.5 |
| 8    | SZAPAR PRZEMYSŁAW | 732 | BIEGAMINA. SCARPA               | GDYNIA          | POL  | M40  | 2      | M 8 | 00:00:42 | 01:21:06 | 02:03:47 | 02:40:15 | 03:17:20 |         | 03:39:29.70 | 03:39:29.70 | 4:55   | 12.2 |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                            | M-scowość         | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---------------------------------|-------------------|------|------|--------|------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 9    | PAWŁOWSKI ARKADIUSZ | 526 | ROCK&RUN                        | WARSZAWA          | POL  | M30  | 4      | M 9  | 00:00:36 | 01:23:12 | 02:06:59 | 02:43:43 | 03:20:13 |          | 03:39:52.90 | 03:39:52.90 | 4:55   | 12.2 |
| 10   | MORAWA MATEUSZ      | 754 | LACHO TEAM                      | RADZISZÓW         | POL  | M40  | 3      | M 10 | 00:00:42 | 01:26:59 | 02:13:07 | 02:48:42 | 03:23:22 |          | 03:42:49.30 | 03:42:49.30 | 4:59   | 12   |
| 11   | ZIAJKA KAROL        | 739 |                                 | RYMANÓW           | POL  | M20  | 3      | M 11 | 00:02:04 | 01:27:12 | 02:12:35 | 02:50:22 | 03:24:33 |          | 03:42:54.20 | 03:42:54.20 | 4:59   | 12   |
| 12   | BAŁATKA KRZYSZTOF   | 389 | AZS WSGK KUTNO                  | KUTNO             | POL  | M30  | 5      | M 12 | 00:00:29 | 01:26:09 | 02:10:55 | 02:46:15 | 03:22:59 |          | 03:43:43.25 | 03:43:43.25 | 5:00   | 12   |
| 13   | BARAN WOJTEK        | 215 | OKNOPLAST RUNNING TEAM          | ZABAWA/WIE LICZKA | POL  | M30  | 6      | M 13 | 00:00:30 | 01:22:13 | 02:07:30 | 02:45:56 | 03:24:13 |          | 03:46:05.50 | 03:46:05.50 | 5:04   | 11.8 |
| 14   | BIAŁOWĄS TOMASZ     | 520 | STAJNIA BALONA                  | RZESZÓW           | POL  | M30  | 7      | M 14 | 00:01:10 | 01:27:07 | 02:13:25 | 02:51:00 | 03:26:47 |          | 03:47:20.60 | 03:47:20.60 | 5:05   | 11.8 |
| 15   | KWIATKOWSKI MICHAEL | 56  |                                 | KRAKÓW            | POL  | M30  | 8      | M 15 | 00:00:32 | 01:24:45 | 02:09:47 | 02:48:06 | 03:27:16 |          | 03:48:35.85 | 03:48:35.85 | 5:07   | 11.7 |
| 16   | WÓJCIK JACEK        | 449 |                                 | GWOŹNICA GÓRNA    | POL  | M40  | 4      | M 16 | 00:01:14 | 01:28:11 | 02:15:21 | 02:53:25 | 03:30:29 |          | 03:49:32.15 | 03:49:32.15 | 5:08   | 11.7 |
| 17   | PASIECZNY ROBERT    | 393 | FARTLEK GO                      | GORZYCE           | POL  | M40  | 5      | M 17 | 00:00:38 | 01:26:09 | 02:12:34 | 02:50:37 | 03:28:13 | 00:02:00 | 03:51:12.45 | 03:51:12.45 | 5:08   | 11.7 |
| 18   | ORŁOWSKI ANDRZEJ    | 227 | POTRENUJEMY?                    | CEZARYN           | POL  | M20  | 4      | M 18 | 00:00:33 | 01:23:31 | 02:10:43 | 02:53:53 | 03:31:25 |          | 03:52:09.10 | 03:52:09.10 | 5:12   | 11.5 |
| 19   | TRYNIECKI KRZYSZTOF | 262 |                                 | LUBACZÓW          | POL  | M40  | 6      | M 19 | 00:01:32 | 01:56:59 |          |          |          |          | 03:54:48.10 | 03:54:48.10 | 5:15   | 11.4 |
| 20   | GOŚCINIOWICZ PAWEŁ  | 343 | ZIEMOWIT TEAM                   | KATOWICE          | POL  | M40  | 7      | M 20 | 00:00:32 | 01:27:21 | 02:16:34 | 02:58:47 | 03:36:05 |          | 03:54:58.25 | 03:54:58.25 | 5:16   | 11.4 |
| 21   | ZYSKOWSKI ANDRZEJ   | 524 | GORDON MOTORYZACJA              | OLSZTYN           | POL  | M40  | 8      | M 21 | 00:01:12 | 01:30:47 | 02:17:47 | 02:57:48 | 03:35:33 |          | 03:56:17.20 | 03:56:17.20 | 5:17   | 11.3 |
| 22   | KUDŁAK PAWEŁ        | 567 | PORANNY PATROL                  | KRAKÓW            | POL  | M30  | 9      | M 22 | 00:00:47 | 01:30:52 | 02:17:40 | 02:57:58 | 03:35:27 |          | 03:56:43.65 | 03:56:43.65 | 5:18   | 11.3 |
| 23   | MATYASZEK WALDEMAR  | 740 |                                 | JASIEŃ            | POL  | M40  | 9      | M 23 | 00:00:50 | 01:27:21 | 02:15:22 | 02:56:14 | 03:35:33 |          | 03:56:49.45 | 03:56:49.45 | 5:18   | 11.3 |
| 24   | KOBIERSKI PIOTR     | 14  | UKA ULTRAS RUNNERS              | WARSZAWA          | POL  | M40  | 10     | M 24 | 00:00:38 | 01:28:32 | 02:17:13 | 02:57:42 | 03:35:31 |          | 03:57:03.10 | 03:57:03.10 | 5:18   | 11.3 |
| 25   | SOKOŁOWSKI MAREK    | 5   | ALPIN SPORT TEAM                | MYSŁOWICE-WESOŁA  | POL  | M50  | 2      | M 25 | 00:00:34 | 01:27:55 | 02:16:20 | 02:58:19 | 03:37:01 |          | 03:58:43.50 | 03:58:43.50 | 5:21   | 11.2 |
| 26   | PIETRZYK WOJCIECH   | 365 | LACHO TEAM                      | KRAKÓW            | POL  | M40  | 11     | M 26 | 00:00:43 | 01:27:15 | 02:13:44 | 02:54:45 | 03:36:34 |          | 03:59:15.90 | 03:59:15.90 | 5:21   | 11.2 |
| 27   | PABIAN PAWEŁ        | 755 | WALKABOUT TEAM                  | KRASNE            | POL  | M30  | 10     | M 27 | 00:01:23 | 01:28:39 | 02:17:33 | 02:59:17 | 03:37:21 |          | 03:59:17.40 | 03:59:17.40 | 5:21   | 11.2 |
| 28   | SZAPORÓW ŁUKASZ     | 100 | INFINITY-GYM                    | PROSZOWICE        | POL  | M30  | 11     | M 28 | 00:00:34 | 01:26:28 | 02:15:53 | 02:58:10 | 03:38:32 |          | 04:01:13.75 | 04:01:13.75 | 5:24   | 11.1 |
| 29   | WAŻNY STANISŁAW     | 281 | MEDIA LUBACZOWSKIE              | LUBACZÓW          | POL  | M40  | 12     | M 29 | 00:01:31 | 01:26:53 | 02:13:50 | 02:56:15 | 03:38:06 |          | 04:01:33.55 | 04:01:33.55 | 5:24   | 11.1 |
| 30   | NIEZGODA MARCIN     | 381 | KKB MOSIR KROSNO                | KROSNO            | POL  | M20  | 5      | M 30 | 00:00:31 | 01:30:18 | 02:20:10 | 03:00:24 | 03:39:44 |          | 04:01:45.20 | 04:01:45.20 | 5:25   | 11.1 |
| 31   | STAŃKO PAWEŁ        | 396 | BIESY I CZORTY                  | LUTOWISKA         | POL  | M40  | 13     | M 31 | 00:02:09 | 01:37:28 | 02:26:07 | 03:07:09 | 03:43:18 |          | 04:02:30.40 | 04:02:30.40 | 5:26   | 11   |
| 32   | MĄKA SŁAWOMIR       | 493 | STARGGLASS TEAM OSTROŁĘKA       | OSTROŁĘKA         | POL  | M50  | 3      | M 32 | 00:00:40 | 01:31:18 | 02:20:08 | 03:01:04 | 03:40:44 |          | 04:03:41.60 | 04:03:41.60 | 5:27   | 11   |
| 33   | MARZEC GRZEGORZ     | 236 | GMINA STRZELCE OPOLSKIE         | SZCZEPANEK        | POL  | M40  | 14     | M 33 | 00:00:40 | 01:34:31 | 02:24:11 | 03:05:10 | 03:43:47 |          | 04:04:38.30 | 04:04:38.30 | 5:29   | 10.9 |
| 34   | BĘTKOWSKI WOJCIECH  | 263 | BRYGADA BESKIDÓW                | STRÓŻE            | POL  | M50  | 4      | M 34 | 00:00:32 | 01:30:46 | 02:21:50 | 03:04:57 | 03:43:55 |          | 04:05:16.40 | 04:05:16.40 | 5:29   | 10.9 |
| 35   | DYDIO PIOTR         | 551 | PID-MILL TEAM                   | SANOK             | POL  | M50  | 5      | M 35 | 00:00:49 | 01:33:40 | 02:22:12 | 03:03:51 | 03:43:57 |          | 04:05:49.35 | 04:05:49.35 | 5:30   | 10.9 |
| 36   | KIMMER JAKUB        | 238 | BIEGING TEAM ZELÓW              | ZELÓW             | POL  | M30  | 12     | M 36 | 00:00:59 | 01:35:28 | 02:24:37 | 03:05:32 | 03:44:57 |          | 04:05:56.25 | 04:05:56.25 | 5:30   | 10.9 |
| 37   | LUBAŃSKI ROBERT     | 670 |                                 | BUKOWICE          | POL  | M50  | 6      | M 37 | 00:01:16 | 01:33:16 | 02:23:09 | 03:05:00 | 03:44:39 |          | 04:07:10.40 | 04:07:10.40 | 5:32   | 10.8 |
| 38   | PIĘKOŚ MAREK        | 736 |                                 | JEDLICZE          | POL  | M30  | 13     | M 38 | 00:01:19 | 01:32:32 | 02:21:37 | 03:04:21 | 03:45:35 |          | 04:08:10.70 | 04:08:10.70 | 5:33   | 10.8 |
| 39   | KORAB ROBERT        | 78  |                                 | RZESZÓW           | POL  | M40  | 15     | M 39 | 00:00:34 | 01:33:40 | 02:23:32 | 03:05:04 | 03:46:34 |          | 04:09:03.70 | 04:09:03.70 | 5:35   | 10.7 |
| 40   | MACKIEWICZ ROMAN    | 181 | ŁÓDŹ RUNNING TEAM               | ŁÓDŹ              | POL  | M50  | 7      | M 40 | 00:02:09 | 02:17:47 |          |          |          |          | 04:09:14.85 | 04:09:14.85 | 5:35   | 10.7 |
| 41   | GOŁĄB MAREK         | 216 | STAY INSANE                     | LUBLIN            | POL  | M30  | 14     | M 41 | 00:00:42 | 01:34:10 | 02:25:56 | 03:09:48 | 03:48:47 |          | 04:10:06.90 | 04:10:06.90 | 5:36   | 10.7 |
| 42   | BRENDZOWSKI ADAM    | 69  | SOLINATEAM / RUNONLINETEAM      | POLAŃCZYK         | POL  | M30  | 15     | M 42 | 00:00:58 | 01:33:10 | 02:22:57 | 03:06:28 | 03:48:41 |          | 04:11:01.55 | 04:11:01.55 | 5:37   | 10.7 |
| 43   | SZWAJA MATEUSZ      | 738 | OTK RZEŹNIK/UKS KOMETA GLIWICE  | GLIWICE           | POL  | M20  | 6      | M 43 | 00:00:28 | 01:27:26 | 02:18:49 | 03:05:41 | 03:46:37 |          | 04:11:08.60 | 04:11:08.60 | 5:37   | 10.7 |
| 44   | CHODAKOWSKI RAFAŁ   | 273 | OSTROBIEC                       | ĆMIELÓW           | POL  | M40  | 16     | M 44 | 00:01:34 | 01:37:28 | 02:29:43 | 03:10:39 | 03:49:42 |          | 04:11:13.75 | 04:11:13.75 | 5:37   | 10.7 |
| 45   | SŁĘCZKA DAMIAN      | 193 | BIOMEDYCYNNA SP. Z O.O. RZESZÓW | RZESZÓW           | POL  | M30  | 16     | M 45 | 00:01:16 | 01:34:42 | 02:26:00 | 03:09:17 | 03:49:45 |          | 04:11:37.35 | 04:11:37.35 | 5:38   | 10.6 |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub  | M-scowość               | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon     | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---|-------------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|-------------|--------|------|
| 46   | KALINOWSKI ŁUKASZ   | 16  |   | WARSZAWA                | POL  | M30  | 17     | M 46 | 00:00:49 | 01:36:49 | 02:28:08 | 03:10:43 | 03:50:20 |             | 04:12:03.25 | 04:12:03.25 | 5:39   | 10.6 |
| 47   | KLONOWSKI JACEK     | 264 |   | BIAŁOWIEŻA              | POL  | M40  | 17     | M 47 | 00:00:39 | 01:28:18 | 02:15:11 | 03:00:46 | 03:45:53 |             | 04:12:06.80 | 04:12:06.80 | 5:39   | 10.6 |
| 48   | TAJCHMAN JAROSŁAW   | 686 |   | RZESZÓW                 | POL  | M30  | 18     | M 48 | 00:01:16 | 01:38:55 | 02:31:19 | 03:11:45 | 03:50:21 |             | 04:12:07.70 | 04:12:07.70 | 5:39   | 10.6 |
| 49   | RUDZKI TOMASZ       | 182 | RAJSPORT ACTIVE                                       | KONSTANTY<br>NÓW ŁÓDZKI | POL  | M40  | 18     | M 49 | 00:02:09 | 02:17:50 |          |          |          |             | 04:12:14.70 | 04:12:14.70 | 5:39   | 10.6 |
| 50   | DYREK MICHAŁ        | 653 | MOK MSZANA<br>DOLNA                                   | MSZANA<br>GÓRNA         | POL  | M30  | 19     | M 50 | 00:00:51 | 01:31:10 | 02:22:55 | 03:06:43 | 03:48:42 |             | 04:12:16.70 | 04:12:16.70 | 5:39   | 10.6 |
| 51   | MAZUREK ROBERT      | 485 | LUBELSKIE<br>STOWARZYSZENI<br>E BIEGOWE /<br>LUBELAKY | LUBLIN                  | POL  | M40  | 19     | M 51 | 00:00:41 | 01:34:10 | 02:25:55 | 03:09:48 | 03:49:44 |             | 04:14:05.85 | 04:14:05.85 | 5:41   | 10.5 |
| 52   | ZAGÓRNY ROBERT      | 368 | MBM<br>KAZIMIERÓW                                     | HALINÓW                 | POL  | M40  | 20     | M 52 | 00:02:20 | 01:36:47 | 02:26:36 | 03:07:00 | 03:49:54 |             | 04:14:21.85 | 04:14:21.85 | 5:42   | 10.5 |
| 53   | PTASZYŃSKI WOJCIECH | 543 |   | FROMBORK                | POL  | M40  | 21     | M 53 | 00:00:51 | 01:34:16 | 02:27:12 | 03:09:47 | 03:52:13 |             | 04:15:22.35 | 04:15:22.35 | 5:43   | 10.5 |
| 54   | ROHAN ŁUKASZ        | 44  | PRZEMYSKI KLUB<br>BIEGACZA                            | PRZEMYŚL                | POL  | M30  | 20     | M 54 | 00:00:48 | 01:27:52 | 02:19:39 | 03:06:06 | 03:51:25 |             | 04:16:23.50 | 04:16:23.50 | 5:44   | 10.4 |
| 55   | BORYS ANDRZEJ       | 553 |   | ŁAZY                    | POL  | M40  | 22     | M 55 | 00:00:37 | 01:30:54 | 02:26:01 | 03:15:38 | 03:56:06 |             | 04:16:24.50 | 04:16:24.50 | 5:44   | 10.4 |
| 56   | FUS MACIEJ          | 148 |   | RZESZÓW                 | POL  | M30  | 21     | M 56 | 00:00:45 | 01:34:11 | 02:24:02 | 03:10:32 | 03:53:16 |             | 04:17:32.65 | 04:17:32.65 | 5:46   | 10.4 |
| 57   | DYREK MATEUSZ       | 566 |   | MSZANA<br>GÓRNA         | POL  | M30  | 22     | M 57 | 00:00:51 | 01:33:58 | 02:25:54 | 03:10:51 | 03:54:08 |             | 04:18:23.00 | 04:18:23.00 | 5:47   | 10.4 |
| 58   | BEREŚ ARKADIUSZ     | 741 | STUDIO REBELL   | RZESZÓW                 | POL  | M30  | 23     | M 58 | 00:00:33 | 01:35:02 | 02:32:18 | 03:16:17 | 03:57:11 |             | 04:18:30.00 | 04:18:30.00 | 5:47   | 10.4 |
| 59   | KMAK SŁAWEK         | 706 | PAPIKI  | GRYBÓW                  | POL  | M40  | 23     | M 59 | 00:00:47 | 01:34:40 | 02:27:38 | 03:12:11 | 03:55:16 |             | 04:18:35.70 | 04:18:35.70 | 5:47   | 10.3 |
| 60   | DELEKTA JAN         | 260 | DJ  | ŁOWISKO                 | POL  | M40  | 24     | M 60 | 00:01:39 | 01:38:49 | 02:33:09 | 03:17:26 | 03:56:07 |             | 04:20:01.80 | 04:20:01.80 | 5:49   | 10.3 |
| 61   | WOLSKI MARCIN       | 465 | WOLSCY<br>BROTHERS<br>TRIATHLON TEAM                  | KRAKÓW                  | POL  | M30  | 24     | M 61 | 00:00:45 | 01:37:29 | 02:28:08 | 03:12:26 | 03:56:27 |             | 04:20:06.80 | 04:20:06.80 | 5:49   | 10.3 |
| 62   | DELEKTA DARIUSZ     | 235 | DELNOVA   | ŁOWISKO                 | POL  | M30  | 25     | M 62 | 00:01:40 | 01:39:16 | 02:33:08 | 03:17:25 |          | 04:20:11.20 | 04:20:11.20 | 5:50        | 10.3   |      |
| 63   | ŁOSKÓT TOMASZ       | 562 |   | WILGA                   | POL  | M40  | 25     | M 63 | 00:00:39 | 01:34:39 | 02:28:06 | 03:14:39 | 03:57:16 |             | 04:20:41.60 | 04:20:41.60 | 5:50   | 10.3 |
| 64   | FIGLEWICZ PIOTR     | 572 |   | MYŚLENICE               | POL  | M30  | 26     | M 64 | 00:03:26 | 01:45:35 | 02:40:48 | 03:20:26 |          | 04:21:25.10 | 04:21:25.10 | 5:51        | 10.2   |      |
| 65   | ZUREK PAWEŁ         | 15  |   | HULL                    | GBR  | M30  | 27     | M 65 | 00:00:34 | 01:31:20 | 02:26:17 | 03:12:18 | 03:56:07 |             | 04:22:18.70 | 04:22:18.70 | 5:52   | 10.2 |
| 66   | ŁAKOMY TOMASZ       | 45  | DACZA TURYSTY<br>I BIEGACZA<br>ZAKOPANE               | OLESZYCE                | POL  | M30  | 28     | M 66 | 00:00:57 | 01:37:24 | 02:29:26 | 03:15:25 |          | 04:23:05.55 | 04:23:05.55 | 5:53        | 10.2   |      |
| 67   | ŁUKASIK MICHAŁ      | 286 | VELOBIKE SKLEP<br>I SERWIS                            | BUSKO-ZDRO<br>J         | POL  | M30  | 29     | M 67 | 00:00:47 | 01:37:17 | 02:30:38 | 03:16:34 |          | 04:23:38.65 | 04:23:38.65 | 5:54        | 10.2   |      |
| 68   | JANECKA ARTUR       | 239 | BIEGING TEAM<br>ZELÓW                                 | ŁASK                    | POL  | M30  | 30     | M 68 | 00:02:07 | 01:37:01 | 02:29:05 | 03:15:20 |          | 04:24:40.05 | 04:24:40.05 | 5:56        | 10.1   |      |
| 69   | GAWRON MARCIN       | 521 | ROOKS TEAM /<br>IDEO ACTIVE<br>TEAM                   | NOWY<br>BOREK           | POL  | M30  | 31     | M 69 | 00:00:47 | 01:36:51 | 02:28:43 | 03:17:46 |          | 04:25:17.25 | 04:25:17.25 | 5:56        | 10.1   |      |
| 70   | WÓJCİK KRZYSZTOF    | 114 | NIGHT RUNNERS<br>ŚWILCZA                              | ŚWILCZA                 | POL  | M40  | 26     | M 70 | 00:01:02 | 01:35:50 | 02:27:37 | 03:14:10 |          | 04:25:29.05 | 04:25:29.05 | 5:57        | 10.1   |      |
| 71   | FLĄDRO DANIEL       | 274 |   | WOKOWICE                | POL  | M40  | 27     | M 71 | 00:00:49 | 01:33:40 | 02:26:57 | 03:16:28 |          | 04:25:30.45 | 04:25:30.45 | 5:57        | 10.1   |      |
| 72   | POPIEL ANDRZEJ      | 705 | POPSMART.PL   | KRAKÓW                  | POL  | M30  | 32     | M 72 | 00:00:33 | 01:31:26 | 02:23:04 | 03:16:43 |          | 04:26:30.00 | 04:26:30.00 | 5:58        | 10     |      |
| 73   | GUZIK ŁUKASZ        | 771 |   | ŁYSOKANIE               |      | M30  | 33     | M 73 | 00:01:25 | 01:41:45 | 02:35:49 | 03:19:06 |          | 04:26:34.30 | 04:26:34.30 | 5:58        | 10     |      |
| 74   | SOLAREWICZ TOMASZ   | 585 | LATAJĄCY CYRK<br>MONTY PYTHONA                        | LUTON                   | POL  | M40  | 28     | M 74 | 00:01:52 | 01:37:29 | 02:29:09 | 03:16:25 | 04:03:16 |             | 04:27:39.10 | 04:27:39.10 | 6:00   | 10   |
| 75   | WALASEK GRZEGORZ    | 342 | BIEGUSIEM.PL  | RYKI                    | POL  | M40  | 29     | M 75 | 00:01:01 | 01:34:43 | 02:29:52 | 03:19:50 | 04:02:54 |             | 04:28:38.65 | 04:28:38.65 | 6:01   | 10   |
| 76   | JĄSTRZĄB PIOTR      | 246 | DEKAN LESKO   | LESKO                   | POL  | M50  | 8      | M 76 | 00:00:42 | 01:38:39 | 02:34:26 | 03:23:19 | 04:06:52 |             | 04:28:54.65 | 04:28:54.65 | 6:01   | 10   |
| 77   | KLIMEK MATEUSZ      | 199 |   | SZCZECIN                | POL  | M30  | 34     | M 77 | 00:00:48 | 01:36:01 | 02:30:20 | 03:19:01 | 04:03:20 |             | 04:29:28.00 | 04:29:28.00 | 6:02   | 9.9  |
| 78   | POTRZESZCZ TOMASZ   | 584 | LKB RUDNIK  | GADKA                   | POL  | M40  | 30     | M 78 | 00:02:19 | 01:37:30 | 02:32:18 | 03:18:55 | 04:03:55 |             | 04:29:54.60 | 04:29:54.60 | 6:03   | 9.9  |
| 79   | POTRZESZCZ GRZEGORZ | 21  |   | MIRZEC                  | POL  | M40  | 31     | M 79 | 00:02:20 | 01:37:54 | 02:32:12 | 03:19:19 | 04:03:55 |             | 04:29:54.85 | 04:29:54.85 | 6:03   | 9.9  |
| 80   | SZPINDA SEBASTIAN   | 460 | BUT BIŁGORAJ<br>ULTRA TRAIL                           | BIŁGORAJ                | POL  | M40  | 32     | M 80 | 00:00:43 | 01:36:00 | 02:29:44 | 03:19:25 | 04:05:44 |             | 04:31:54.80 | 04:31:54.80 | 6:05   | 9.8  |
| 81   | KOSTKA JANUSZ       | 637 | POSMAKUJ RUN<br>TEAM                                  | SZCZEPAŃC<br>OWA        | POL  | M50  | 9      | M 81 | 00:00:55 | 01:31:46 | 02:25:06 | 03:16:08 | 04:02:53 |             | 04:32:19.65 | 04:32:19.65 | 6:06   | 9.8  |
| 82   | BIESZCZAD MATEUSZ   | 295 | NOWY STYL<br>GROUP RUNNING<br>TEAM                    | WOJASZÓWK<br>A          | POL  | M30  | 35     | M 82 | 00:02:23 | 01:41:29 | 02:34:30 | 03:19:45 | 04:04:59 |             | 04:32:20.70 | 04:32:20.70 | 6:06   | 9.8  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                            | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------------------|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 83   | KUSTROŃ ADAM         | 629 | PULEX                           | KROSNO                 | POL  | M50  | 10     | M 83  | 00:02:14 | 01:38:48 | 02:29:13 | 03:19:41 | 04:05:13 |         | 04:32:28.55 | 04:32:28.55 | 6:06   | 9.8  |
| 84   | DĄBROWICZ JAKUB      | 548 |                                 | KOMORNIKI              | POL  | M30  | 36     | M 84  | 00:00:44 | 01:40:49 | 02:37:16 | 03:23:49 | 04:07:52 |         | 04:32:48.05 | 04:32:48.05 | 6:06   | 9.8  |
| 85   | LONC TOMASZ          | 446 | M&T WYJADACZE PARÓWKÓW          | RZESZÓW                | POL  | M40  | 33     | M 85  | 00:00:43 | 01:36:25 | 02:32:58 | 03:19:07 | 04:08:42 |         | 04:34:10.65 | 04:34:10.65 | 6:08   | 9.8  |
| 86   | REJ MIROŚLAW         | 445 | M&T WYJADACZE PARÓWKÓW          | MIELEC                 | POL  | M30  | 37     | M 86  | 00:00:41 | 01:36:22 | 02:27:30 | 03:18:22 | 04:08:39 |         | 04:35:02.50 | 04:35:02.50 | 6:10   | 9.7  |
| 87   | SMOLEN JANUSZ        | 415 |                                 | LUTON                  | POL  | M40  | 34     | M 87  | 00:01:55 | 01:42:40 | 02:36:35 | 03:26:21 | 04:10:33 |         | 04:35:28.70 | 04:35:28.70 | 6:10   | 9.7  |
| 88   | BĄCMAGA GRZEGORZ     | 698 | BIEGIEM RADOM                   | RADOM                  | POL  | M50  | 11     | M 88  | 00:00:39 | 01:42:25 | 02:39:48 | 03:28:10 | 04:12:12 |         | 04:36:48.70 | 04:36:48.70 | 6:12   | 9.7  |
| 89   | STACHURSKI PIOTR     | 673 |                                 | JEDLŃIA<br>LETNISKO    | POL  | M30  | 38     | M 89  | 00:00:37 | 01:33:06 | 02:29:51 | 03:22:18 | 04:11:44 |         | 04:37:30.50 | 04:37:30.50 | 6:13   | 9.6  |
| 90   | GRABIEC MARCIN       | 627 |                                 | KOLBUSZOW<br>A         | POL  | M30  | 39     | M 90  | 00:02:11 | 01:36:52 | 02:31:30 | 03:20:12 | 04:09:42 |         | 04:37:33.20 | 04:37:33.20 | 6:13   | 9.6  |
| 91   | SARKA BARTŁOMIEJ     | 86  |                                 | RABKA-ZDRÓ<br>J        | POL  | M30  | 40     | M 91  | 00:01:39 | 01:44:40 | 02:43:27 | 03:31:11 | 04:13:44 |         | 04:37:34.75 | 04:37:34.75 | 6:13   | 9.6  |
| 92   | TKACZEWSKI PIOTR     | 224 | MIECHÓW                         | MIECHÓW                | POL  | M40  | 35     | M 92  | 00:01:35 | 01:47:10 | 02:45:27 | 03:32:03 | 04:14:26 |         | 04:37:37.25 | 04:37:37.25 | 6:13   | 9.6  |
| 93   | CIĘŻKOWSKI SŁAWOMIR  | 153 |                                 | TARNÓW                 | POL  | M40  | 36     | M 93  | 00:01:31 | 01:41:58 | 02:42:36 | 03:31:28 | 04:14:04 |         | 04:37:38.35 | 04:37:38.35 | 6:13   | 9.6  |
| 94   | AGRES PAWEŁ          | 217 | KW KOTŁOWNIA                    | LUBLIN                 | POL  | M30  | 41     | M 94  | 00:01:03 | 01:41:21 | 02:36:59 | 03:30:27 | 04:15:01 |         | 04:38:06.55 | 04:38:06.55 | 6:14   | 9.6  |
| 95   | GUDOWSKI KRYSZTIAN   | 623 |                                 | SANOK                  | POL  | M30  | 42     | M 95  | 00:01:48 | 01:50:46 | 02:45:16 | 03:32:20 | 04:15:28 |         | 04:38:08.90 | 04:38:08.90 | 6:14   | 9.6  |
| 96   | OCHYRA KONRAD        | 488 |                                 | LESKO                  | POL  | M20  | 7      | M 96  | 00:01:27 | 01:40:09 | 02:39:00 | 03:31:40 | 04:15:40 |         | 04:38:10.90 | 04:38:10.90 | 6:14   | 9.6  |
| 97   | GAWROŃSKI KAMIL      | 542 | BIEGING TEAM ZELÓW              | ZELÓW                  | POL  | M20  | 8      | M 97  | 00:02:13 | 01:47:18 | 02:46:56 | 03:31:53 | 04:15:39 |         | 04:39:04.30 | 04:39:04.30 | 6:15   | 9.6  |
| 98   | PIASECZNY MARCIN     | 534 | RUN-G                           | KRAKÓW                 | POL  | M40  | 37     | M 98  | 00:01:03 | 01:39:36 | 02:39:34 | 03:30:37 | 04:15:24 |         | 04:39:45.05 | 04:39:45.05 | 6:16   | 9.6  |
| 99   | GRĘBOWIEC MATEUSZ    | 282 | TSA                             | SANDOMIERZ             | POL  | M30  | 43     | M 99  | 00:01:45 | 01:41:11 | 02:36:40 | 03:29:27 | 04:15:29 |         | 04:40:53.40 | 04:40:53.40 | 6:17   | 9.5  |
| 100  | NALAZEK MARCIN       | 67  | PIASECZNO RUNING                | WARSZAWA               | POL  | M30  | 44     | M 100 | 00:02:00 | 01:42:01 | 02:39:00 | 03:29:14 | 04:15:24 |         | 04:41:25.25 | 04:41:25.25 | 6:18   | 9.5  |
| 101  | ZAJĄC JÓZEF          | 180 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | TULIGŁOWY              | POL  | M40  | 38     | M 101 | 00:01:36 | 01:46:24 | 02:44:31 | 03:33:46 | 04:18:24 |         | 04:41:42.00 | 04:41:42.00 | 6:18   | 9.5  |
| 102  | FELUCH KRZYSZTOF     | 722 | ORA WARSZAWA                    | WARSZAWA               | POL  | M40  | 39     | M 102 | 00:01:08 | 01:46:13 | 02:46:39 | 03:37:05 | 04:19:41 |         | 04:42:13.85 | 04:42:13.85 | 6:19   | 9.5  |
| 103  | JENERALSKI MIŁOSZ    | 495 | FREE PALESTINE                  | TUCHOLA                | POL  | M40  | 40     | M 103 | 00:01:32 | 01:38:04 | 02:35:50 | 03:25:53 | 04:15:25 |         | 04:42:27.05 | 04:42:27.05 | 6:19   | 9.5  |
| 104  | KUTNIK MIROŚLAW      | 727 | KB BIAŁA BIEGA                  | BIAŁA<br>PODLASKA      | POL  | M40  | 41     | M 104 | 00:03:09 | 01:45:10 | 02:44:58 | 03:32:58 | 04:17:29 |         | 04:42:37.20 | 04:42:37.20 | 6:20   | 9.5  |
| 105  | KARPIŃSKI TOMASZ     | 128 |                                 | RZESZÓW                | POL  | M40  | 42     | M 105 | 00:00:46 | 01:42:39 | 02:40:54 | 03:30:23 | 04:16:16 |         | 04:43:04.55 | 04:43:04.55 | 6:20   | 9.5  |
| 106  | PANTOŁ MIROŚLAW      | 149 |                                 | RZESZÓW                | POL  | M40  | 43     | M 106 | 00:00:46 | 01:40:22 | 02:38:54 | 03:30:27 | 04:16:17 |         | 04:43:05.05 | 04:43:05.05 | 6:20   | 9.5  |
| 107  | BARAN MATEUSZ        | 283 | GORLICKA GRUPA BIEGOWA          | SZYMBARK               | POL  | M30  | 45     | M 107 | 00:01:55 | 01:49:04 | 02:48:40 | 03:37:19 | 04:20:50 |         | 04:43:30.00 | 04:43:30.00 | 6:21   | 9.4  |
| 108  | WIERNASZ GRZEGORZ    | 234 | KARCHER SUCHODÓŁ                | KROSNO                 | POL  | M40  | 44     | M 108 | 00:01:07 | 01:46:21 | 02:44:03 | 03:31:47 | 04:18:00 |         | 04:44:08.90 | 04:44:08.90 | 6:22   | 9.4  |
| 109  | MYŚLIWIEC ROBERT     | 522 | WILD & FREE                     | RZESZÓW                | POL  | M30  | 46     | M 109 | 00:02:16 | 01:44:23 | 02:43:22 | 03:32:44 | 04:18:57 |         | 04:44:13.65 | 04:44:13.65 | 6:22   | 9.4  |
| 110  | DUC-SYPOSZ AURELIUSZ | 420 |                                 | WIELICZKA              | POL  | M40  | 45     | M 110 | 00:02:21 | 01:51:17 | 02:48:48 | 03:37:50 | 04:21:31 |         | 04:45:27.45 | 04:45:27.45 | 6:24   | 9.4  |
| 111  | POTONIEC GRZEGORZ    | 117 | RODZEŃSTWO                      | WARSZAWA ,<br>LIMANOWA | POL  | M30  | 47     | M 111 | 00:01:14 | 01:40:06 | 02:42:42 | 03:38:13 | 04:21:04 |         | 04:46:17.75 | 04:46:17.75 | 6:25   | 9.3  |
| 112  | WĘCŁĄS MACIEJ        | 289 | ---                             | GÓRA<br>KALWARIA       | POL  | M40  | 46     | M 112 | 00:02:23 | 01:48:21 | 02:47:42 | 03:38:50 | 04:22:37 |         | 04:46:42.25 | 04:46:42.25 | 6:25   | 9.3  |
| 113  | JÓŹWIAK RAFAŁ        | 68  |                                 | WARSZAWA               | POL  | M30  | 48     | M 113 | 00:02:04 | 01:47:05 | 02:43:53 | 03:37:44 | 04:22:05 |         | 04:47:19.65 | 04:47:19.65 | 6:26   | 9.3  |
| 114  | GAWORECKI TOMASZ     | 47  | POZYTYWNIIE ZABIEGANI SANOK     | SANOK                  | POL  | M30  | 49     | M 114 | 00:02:49 | 01:53:18 | 02:51:10 | 03:40:33 | 04:23:16 |         | 04:47:48.65 | 04:47:48.65 | 6:27   | 9.3  |
| 115  | GAWLEWICZ TOMASZ     | 471 | GAWELKI TEAM                    | SANOK                  | POL  | M40  | 47     | M 115 | 00:01:46 | 01:45:00 | 02:43:00 | 03:33:39 | 04:20:22 |         | 04:47:51.30 | 04:47:51.30 | 6:27   | 9.3  |
| 116  | WNUK NORBERT         | 174 | PRZEMYSKI KLUB BIEGACZA         | PRZEMYŚL               | POL  | M30  | 50     | M 116 | 00:02:25 | 01:44:43 | 02:46:03 | 03:38:43 | 04:23:01 |         | 04:47:53.00 | 04:47:53.00 | 6:27   | 9.3  |
| 117  | WŁOCH SŁAWOMIR       | 241 |                                 | KROSNO                 | POL  | M40  | 48     | M 117 | 00:01:07 | 01:46:18 | 02:44:08 | 03:35:38 | 04:22:24 |         | 04:48:05.75 | 04:48:05.75 | 6:27   | 9.3  |
| 118  | WETHACZ DARIUSZ      | 763 |                                 | CISNA                  | POL  | M30  | 51     | M 118 | 00:01:43 | 01:49:45 | 02:51:34 | 03:42:19 | 04:24:50 |         | 04:49:00.50 | 04:49:00.50 | 6:28   | 9.3  |
| 119  | DZIRBA TOMASZ        | 332 |                                 | NIEMCE                 | POL  | M30  | 52     | M 119 | 00:01:21 | 01:52:35 | 02:49:26 | 03:38:56 | 04:23:47 |         | 04:49:27.95 | 04:49:27.95 | 6:29   | 9.2  |
| 120  | MENDYKA ŁUKASZ       | 171 | KB AKTYWNI ŚRODA WLKP.          | ŚRODA<br>WLKP.         | POL  | M30  | 53     | M 120 | 00:03:00 | 01:44:46 | 02:41:44 | 03:34:03 | 04:22:13 |         | 04:49:28.25 | 04:49:28.25 | 6:29   | 9.2  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub  | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 121  | CHRUŚCIEL MICHAŁ     | 354 | FARTLEK GO  | GORZYCE             | POL  | M30  | 54     | M 121 | 00:01:34 | 01:43:25 | 02:43:54 | 03:36:15 | 04:23:15 |         | 04:49:29.80 | 04:49:29.80 | 6:29   | 9.2  |
| 122  | TROJNAR DAMIAN       | 661 | KS JANUSZE  | ŁANCUT              | POL  | M30  | 55     | M 122 | 00:01:32 | 01:45:37 | 02:44:42 | 03:38:58 | 04:24:33 |         | 04:49:30.75 | 04:49:30.75 | 6:29   | 9.2  |
| 123  | JABŁOŃSKI TOMASZ     | 307 | INŻYNIERIA<br>BIEGANIA TEAM                               | MARKLOWIC<br>E      | POL  | M40  | 49     | M 123 | 00:00:42 | 01:44:03 | 02:46:54 | 03:40:36 | 04:24:05 |         | 04:49:31.40 | 04:49:31.40 | 6:29   | 9.2  |
| 124  | KOSIN PAWEŁ          | 75  | KLUB<br>BIEGAJĄCYCH<br>LEŚNIKÓW                           | KIELCE              | POL  | M30  | 56     | M 124 | 00:01:11 | 01:49:03 | 02:46:51 | 03:37:15 | 04:24:20 |         | 04:49:32.50 | 04:49:32.50 | 6:29   | 9.2  |
| 125  | MACHNICKI RAFAŁ      | 285 |   | RYKI                | POL  | M30  | 57     | M 125 | 00:00:45 | 01:44:45 | 02:42:32 | 03:35:50 | 04:22:39 |         | 04:50:20.85 | 04:50:20.85 | 6:30   | 9.2  |
| 126  | JASNOWSKI MICHAŁ     | 675 |   | WARSZAWA            | POL  | M30  | 58     | M 126 | 00:01:02 | 01:44:38 | 02:43:24 | 03:37:42 | 04:24:39 |         | 04:50:31.70 | 04:50:31.70 | 6:30   | 9.2  |
| 127  | KOWALCZYK ALEKSANDER | 559 |   | DZIAŁOSZYC<br>E     | POL  | M30  | 59     | M 127 | 00:03:02 | 01:47:44 | 02:47:20 | 03:41:28 | 04:26:05 |         | 04:50:38.45 | 04:50:38.45 | 6:30   | 9.2  |
| 128  | MAJEWICZ GRZEGORZ    | 336 |   | MIECHÓW             | POL  | M40  | 50     | M 128 | 00:01:37 | 01:52:06 | 02:51:59 | 03:42:00 | 04:26:24 |         | 04:50:39.60 | 04:50:39.60 | 6:31   | 9.2  |
| 129  | TUCZAPSKI ARTUR      | 721 | COMBAT  | RUDNA MAŁA          | POL  | M60  | 1      | M 129 | 00:01:37 | 01:47:48 | 02:46:37 | 03:38:37 | 04:24:41 |         | 04:51:29.90 | 04:51:29.90 | 6:32   | 9.2  |
| 130  | CZECH MATEUSZ        | 610 | NOWOSOLSCY<br>BIMBROWNICY                                 | NOWA SÓL            | POL  | M20  | 9      | M 130 | 00:01:57 | 01:49:40 | 02:47:13 | 03:37:24 | 04:23:57 |         | 04:51:30.00 | 04:51:30.00 | 6:32   | 9.2  |
| 131  | KARUŚ WALDEMAR       | 720 | 14 DAS IM.<br>GEN.BRYG.WACŁ<br>AWA<br>WIECZORKIEWIC<br>ZA | ORŁY                | POL  | M40  | 51     | M 131 | 00:01:49 | 01:50:25 | 02:48:49 | 03:40:46 | 04:25:58 |         | 04:51:48.10 | 04:51:48.10 | 6:32   | 9.2  |
| 132  | PODPŁOMYK ANDRZEJ    | 452 | SPORTCZESNA   | BARGŁY              | POL  | M40  | 52     | M 132 | 00:01:20 | 01:41:29 | 02:43:56 | 03:37:58 | 04:25:35 |         | 04:52:07.55 | 04:52:07.55 | 6:32   | 9.2  |
| 133  | KULIBERDA TOMASZ     | 501 | TEATR O.DE.LA   | RZESZÓW             | POL  | M40  | 53     | M 133 | 00:02:06 | 01:52:56 | 02:52:07 | 03:39:23 | 04:25:58 |         | 04:52:24.65 | 04:52:24.65 | 6:33   | 9.2  |
| 134  | PĄNTAK SŁAWOMIR      | 337 | 21DAPLOT<br>JAROSŁAW                                      | BIAŁOBRZEGI         | POL  | M40  | 54     | M 134 | 00:01:49 | 01:50:26 | 02:48:32 | 03:40:44 | 04:26:14 |         | 04:52:28.80 | 04:52:28.80 | 6:33   | 9.1  |
| 135  | ROGAŁA GRZEGORZ      | 136 |   | BOGUCHWAŁ<br>A      | POL  | M40  | 55     | M 135 | 00:00:54 | 01:41:40 | 02:41:00 | 03:32:30 | 04:25:09 |         | 04:53:28.90 | 04:53:28.90 | 6:34   | 9.1  |
| 136  | KLAMUT RYSZARD       | 333 | JABŁONICA<br>POLSKA                                       | JABŁONICA<br>POLSKA | POL  | M60  | 2      | M 136 | 00:00:54 | 01:49:29 | 02:47:09 | 03:39:18 | 04:26:32 |         | 04:54:55.70 | 04:54:55.70 | 6:36   | 9.1  |
| 137  | NOWACZYK IGOR        | 363 |   | WARSZAWA            | POL  | M40  | 56     | M 137 | 00:03:27 | 01:48:22 | 02:47:58 | 03:41:09 | 04:27:06 |         | 04:54:57.20 | 04:54:57.20 | 6:36   | 9.1  |
| 138  | OLEWICZ PIOTR        | 540 | GMINA STRZELCE<br>OP                                      | STRZELCE<br>OP      | POL  | M40  | 57     | M 138 | 00:00:41 | 01:43:48 | 02:44:04 | 03:41:48 | 04:28:15 |         | 04:54:59.35 | 04:54:59.35 | 6:36   | 9.1  |
| 139  | JĘDZURA DANIEL       | 22  | NIGHT RUNNERS<br>GLIWICE                                  | GLIWICE             | POL  | M30  | 60     | M 139 | 00:02:53 | 01:47:48 | 02:48:37 | 03:40:58 | 04:27:27 |         | 04:55:09.30 | 04:55:09.30 | 6:37   | 9.1  |
| 140  | MIKOLAJCZYK LUKASZ   | 557 |   | CZELADŹ             | POL  | M30  | 61     | M 140 | 00:01:01 | 01:48:40 | 02:47:13 | 03:40:51 | 04:27:36 |         | 04:55:30.80 | 04:55:30.80 | 6:37   | 9.1  |
| 141  | SIEMIĘNCZUK ROBERT   | 654 |   | WARSZAWA            | POL  | M40  | 58     | M 141 | 00:01:57 | 01:52:22 | 02:52:08 | 03:44:03 | 04:29:21 |         | 04:55:31.15 | 04:55:31.15 | 6:37   | 9.1  |
| 142  | ŚLIWIŃSKI ANDRZEJ    | 421 |   | MIECHÓW             | POL  | M60  | 3      | M 142 | 00:01:04 | 01:55:00 | 02:55:43 | 03:47:44 | 04:31:42 |         | 04:55:50.45 | 04:55:50.45 | 6:37   | 9    |
| 143  | GARNCARZ PAWEŁ       | 742 |   | WROCŁAW             | POL  | M40  | 59     | M 143 | 00:03:29 | 01:50:29 | 02:49:16 | 03:42:49 | 04:29:17 |         | 04:55:58.65 | 04:55:58.65 | 6:38   | 9    |
| 144  | SZYK ARTUR           | 531 | JAROSŁAWSKA<br>GRUPA BIEGOWA<br>'SOKÓŁ'                   | JAROSŁAW            | POL  | M40  | 60     | M 144 | 00:01:36 | 01:44:46 | 02:47:16 | 03:41:29 | 04:28:14 |         | 04:56:00.50 | 04:56:00.50 | 6:38   | 9    |
| 145  | JANIK MICHAŁ         | 597 | POSZŁA<br>CZOŁGIEM  | WARSZAWA            | POL  | M40  | 61     | M 145 | 00:01:04 | 01:38:47 | 02:38:31 | 03:38:09 | 04:27:24 |         | 04:56:13.50 | 04:56:13.50 | 6:38   | 9    |
| 146  | DUDEK MICHAŁ         | 764 |   | BĘDZIN              |      | M40  | 62     | M 146 | 00:02:06 | 01:50:22 | 02:51:00 | 03:43:41 | 04:29:28 |         | 04:56:24.45 | 04:56:24.45 | 6:38   | 9    |
| 147  | JURCZAK ROMAN        | 200 |   | RZESZÓW             | POL  | M60  | 4      | M 147 | 00:00:31 | 01:46:02 | 02:47:12 | 03:45:47 | 04:31:45 |         | 04:56:47.60 | 04:56:47.60 | 6:39   | 9    |
| 148  | SIKORA JACEK         | 582 | WATER TEAM  | WYŻNE               | POL  | M40  | 63     | M 148 | 00:01:15 | 01:43:45 | 02:44:09 | 03:38:01 | 04:26:37 |         | 04:56:48.35 | 04:56:48.35 | 6:39   | 9    |
| 149  | WIERZBICKI TOMASZ    | 353 |   | BOGUCHWAŁ<br>A      | POL  | M40  | 64     | M 149 | 00:02:06 | 01:50:45 | 02:49:56 | 03:42:48 | 04:30:04 |         | 04:56:48.60 | 04:56:48.60 | 6:39   | 9    |
| 150  | PAWLIKOWSKI BOGUSŁAW | 498 | DZIKIE ŻYCIE<br>RUN TEAM                                  | KATOWICE            | POL  | M50  | 12     | M 150 | 00:02:17 | 01:43:19 | 02:46:12 | 03:45:36 | 04:31:02 |         | 04:56:57.50 | 04:56:57.50 | 6:39   | 9    |
| 151  | BARAN ZBIGNIEW       | 208 | (OB)LEŚNI<br>BIEGACZE                                     | KRAKÓW              | POL  | M30  | 62     | M 151 | 00:02:27 | 01:54:29 | 02:56:56 | 03:45:44 | 04:31:34 |         | 04:57:00.50 | 04:57:00.50 | 6:39   | 9    |
| 152  | MARCELA MARCIN       | 46  | FAT MAMA'S<br>SPORT CLUB                                  | BYTOM               | POL  | M40  | 65     | M 152 | 00:01:07 | 01:50:24 | 02:54:16 | 03:45:20 | 04:31:01 |         | 04:57:03.20 | 04:57:03.20 | 6:39   | 9    |
| 153  | KOCOT SEBASTIAN      | 159 |   | SOSNOWIEC           | POL  | M40  | 66     | M 153 | 00:02:17 | 01:45:53 | 02:46:13 | 03:46:01 | 04:31:44 |         | 04:57:03.75 | 04:57:03.75 | 6:39   | 9    |
| 154  | CZAPLA ARKADIUSZ     | 382 |   | BYTOM               | POL  | M40  | 67     | M 154 | 00:01:06 | 01:49:12 | 02:54:17 | 03:45:26 | 04:31:02 |         | 04:57:05.90 | 04:57:05.90 | 6:39   | 9    |
| 155  | DZIEWA PRZEMYSŁAW    | 514 | SUPERIOR<br>INDUSTRIES                                    | BRANDWICA           | POL  | M40  | 68     | M 155 | 00:01:58 | 01:55:08 | 02:55:26 | 03:48:38 | 04:33:37 |         | 04:57:06.70 | 04:57:06.70 | 6:39   | 9    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub   | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|--|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 156  | KOT KRZYSZTOF           | 550 | MPK - RZESZÓW  | RZESZÓW                        | POL  | M40  | 69     | M 156 | 00:00:59 | 01:44:56 | 02:47:10 | 03:43:52 | 04:31:11 |         | 04:57:12.65 | 04:57:12.65 | 6:39   | 9    |
| 157  | ROGAŁA KRYSZTIAN        | 663 | MTS HAMER  | MIASTKO                        | POL  | M30  | 63     | M 157 | 00:01:04 | 01:48:55 | 02:50:15 | 03:44:48 | 04:32:14 |         | 04:57:41.95 | 04:57:41.95 | 6:40   | 9    |
| 158  | DUCKI PIOTR             | 762 |  | POLKOWICE                      |      | M30  | 64     | M 158 | 00:02:08 | 01:53:37 | 02:58:11 | 03:46:23 | 04:32:39 |         | 04:58:32.45 | 04:58:32.45 | 6:41   | 9    |
| 159  | PORĘBA EUGENIUSZ        | 695 |  | MIECHÓW                        | POL  | M50  | 13     | M 159 | 00:01:26 | 01:56:19 | 02:54:09 | 03:45:29 | 04:33:01 |         | 04:58:38.30 | 04:58:38.30 | 6:41   | 9    |
| 160  | MARUKIEWICZ MAREK       | 628 | BIEGAMDLAZDRO<br>WIA.PL                              | JEŻÓW                          | POL  | M30  | 65     | M 160 | 00:02:44 | 01:48:34 | 02:51:41 | 03:48:53 | 04:33:38 |         | 04:58:39.00 | 04:58:39.00 | 6:41   | 9    |
| 161  | CZARNECKI PIOTR         | 335 | TARCHOŚFIRY  | WARSZAWA                       | POL  | M30  | 66     | M 161 | 00:01:26 | 01:50:35 | 02:53:08 | 03:47:00 | 04:34:24 |         | 04:58:48.45 | 04:58:48.45 | 6:41   | 9    |
| 162  | KALBARCZYK WOJCIECH     | 602 | ADIDAS<br>RUNNERS<br>WARSAW                          | WARSZAWA                       | POL  | M30  | 67     | M 162 | 00:01:43 | 01:49:31 | 02:52:14 | 03:46:04 | 04:32:28 |         | 04:59:30.10 | 04:59:30.10 | 6:42   | 8.9  |
| 163  | RECZEK SEBASTIAN        | 724 | KS<br>ZIELONO-CZARNI<br>MAZOWIECKI                   | MIŃSK                          | POL  | M30  | 68     | M 163 | 00:02:05 | 01:49:21 | 02:48:08 | 03:43:44 | 04:35:03 |         | 04:59:30.30 | 04:59:30.30 | 6:42   | 8.9  |
| 164  | KOWALCZYK MARIUSZ       | 632 | WOLFPACK   | ŻÓŁWIN                         | POL  | M40  | 70     | M 164 | 00:03:48 | 01:55:24 | 02:55:32 | 03:46:08 | 04:34:15 |         | 04:59:57.30 | 04:59:57.30 | 6:43   | 8.9  |
| 165  | KONCZKOŁA KRZYSZTOF     | 544 | STAY INSANE /<br>PERFECT<br>RUNNER LUBLIN            | LUBLIN                         | POL  | M30  | 69     | M 165 | 00:01:25 | 01:53:48 | 03:00:02 | 03:51:17 | 04:36:47 |         | 04:59:58.35 | 04:59:58.35 | 6:43   | 8.9  |
| 166  | PERENC MICHAŁ           | 110 | HUSARIA RACE<br>TEAM                                 | JAROSŁAW                       | POL  | M20  | 10     | M 166 | 00:00:53 | 01:46:35 | 02:50:35 | 03:45:30 | 04:33:54 |         | 05:01:49.10 | 05:01:49.10 | 6:46   | 8.9  |
| 167  | JAKUBOWSKI JAKUB        | 505 | NASTUKOŁKI   | RZESZÓW                        | POL  | M30  | 70     | M 167 | 00:01:40 | 01:55:37 | 02:59:10 | 03:51:14 | 04:36:44 |         | 05:01:56.80 | 05:01:56.80 | 6:46   | 8.9  |
| 168  | RUTA MIKOŁAJ            | 687 |  | KRAKÓW                         | POL  | M40  | 71     | M 168 | 00:01:45 | 01:55:39 | 02:55:59 | 03:49:31 | 04:37:48 |         | 05:03:03.95 | 05:03:03.95 | 6:47   | 8.8  |
| 169  | KALTENBERG JANUSZ       | 192 |  | JAROSŁAW                       | POL  | M50  | 14     | M 169 | 00:02:47 | 01:55:00 | 02:53:45 | 03:43:47 | 04:33:24 |         | 05:03:05.30 | 05:03:05.30 | 6:47   | 8.8  |
| 170  | KRAUZE TOMASZ           | 621 | GB<br>WROCŁAWSKIE<br>MORSY                           | WROCŁAW                        | POL  | M50  | 15     | M 170 | 00:01:52 | 01:59:20 | 03:02:04 | 03:53:55 | 04:39:00 |         | 05:04:03.25 | 05:04:03.25 | 6:49   | 8.8  |
| 171  | CURZYDŁO BOGDAN         | 469 | POZYTYWNE<br>ZABIEGANI<br>SANOK                      | SANOK                          | POL  | M40  | 72     | M 171 | 00:01:48 | 01:51:00 | 02:54:20 | 03:48:24 | 04:37:08 |         | 05:05:07.60 | 05:05:07.60 | 6:50   | 8.8  |
| 172  | SZYSZŁO TOMASZ          | 53  | POZYTYWNE<br>ZABIEGANI<br>SANOK / RUN<br>ENERGY CLUB | SANOK                          | POL  | M30  | 71     | M 172 | 00:01:47 | 01:52:08 | 02:51:13 | 03:48:24 | 04:37:09 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 173  | PAJESTKA WOJCIECH       | 39  | POZYTYWNE<br>ZABIEGANI<br>SANOK/AZS<br>PWSZ          | SANOK                          | POL  | M40  | 73     | M 172 | 00:01:48 | 01:51:12 | 02:48:41 | 03:48:26 | 04:37:08 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 174  | CHORZĘPA MARIUSZ        | 408 | TSA-SANDOMIER<br>Z                                   | SANDOMIERZ                     | POL  | M40  | 74     | M 174 | 00:01:55 | 01:50:30 | 02:51:15 | 03:46:18 | 04:38:32 |         | 05:05:08.80 | 05:05:08.80 | 6:50   | 8.8  |
| 175  | KRÓLAK SEBASTIAN        | 594 |  | KRAKÓW                         | POL  | M30  | 72     | M 175 | 00:02:58 | 01:49:13 | 02:51:03 | 03:46:27 | 04:35:44 |         | 05:05:11.00 | 05:05:11.00 | 6:50   | 8.8  |
| 176  | WŁODEK MATEUSZ          | 184 |  | POZNAN                         | POL  | M30  | 73     | M 176 | 00:02:49 | 01:56:56 | 02:57:19 | 03:51:08 | 04:39:26 |         | 05:05:16.55 | 05:05:16.55 | 6:50   | 8.8  |
| 177  | MUCHA GRZEGORZ          | 744 |  | CHŁOPICE                       | POL  | M40  | 75     | M 177 | 00:00:52 | 01:38:08 | 02:37:45 | 03:41:53 | 04:38:56 |         | 05:05:16.70 | 05:05:16.70 | 6:50   | 8.8  |
| 178  | KULIGA SŁAWOMIR         | 650 | POSMAKUJ RUN<br>TEAM                                 | KROSNO                         | POL  | M30  | 74     | M 178 | 00:00:55 | 01:39:13 | 02:46:21 | 03:44:05 | 04:34:23 |         | 05:05:17.45 | 05:05:17.45 | 6:50   | 8.8  |
| 179  | NIERADA MARCIN          | 43  |  | KATOWICE                       | POL  | M30  | 75     | M 179 | 00:01:04 | 01:44:13 | 02:46:06 | 03:42:50 | 04:34:33 |         | 05:05:18.30 | 05:05:18.30 | 6:50   | 8.8  |
| 180  | NIEGOWSKI TOMASZ        | 580 |  | KRAKÓW                         | POL  | M20  | 11     | M 180 | 00:02:06 | 01:59:21 | 03:05:57 | 03:57:10 | 04:40:39 |         | 05:05:19.30 | 05:05:19.30 | 6:50   | 8.8  |
| 181  | DARCHUK OLEKSANDR       | 386 |  | WĘGRZCE                        | POL  | M40  | 76     | M 181 | 00:01:06 | 01:47:40 | 02:53:10 | 03:48:35 | 04:36:57 |         | 05:05:20.60 | 05:05:20.60 | 6:50   | 8.8  |
| 182  | PIETROŃ BŁAŻEJ          | 689 |  | WARSZAWA                       | POL  | M20  | 12     | M 182 | 00:01:15 | 01:47:18 | 02:53:02 | 03:50:31 | 04:39:18 |         | 05:05:21.25 | 05:05:21.25 | 6:50   | 8.8  |
| 183  | SADY SEBASTIAN          | 178 |  | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | M40  | 77     | M 183 | 00:02:16 | 01:50:48 | 02:52:13 | 03:49:14 | 04:39:15 |         | 05:06:23.00 | 05:06:23.00 | 6:52   | 8.7  |
| 184  | ADAMCZAK MICHAŁ         | 454 | BIEGAJ BEZ<br>KOŃCA                                  | MIELEC                         | POL  | M30  | 76     | M 184 | 00:02:29 | 01:52:25 | 02:53:29 | 03:49:07 | 04:40:47 |         | 05:06:25.75 | 05:06:25.75 | 6:52   | 8.7  |
| 185  | KADZIK MARCIN           | 583 | KTT  | ZAKOPANE                       | POL  | M20  | 13     | M 185 | 00:03:20 | 01:55:09 | 02:57:43 | 03:50:44 | 04:37:11 |         | 05:06:26.65 | 05:06:26.65 | 6:52   | 8.7  |
| 186  | SWOBODA JAROSŁAW        | 41  | NIGHT RUNNERS<br>GLIWICE                             | KNURÓW                         | POL  | M40  | 78     | M 186 | 00:03:12 | 01:55:21 | 02:58:26 | 03:53:21 | 04:41:44 |         | 05:06:45.90 | 05:06:45.90 | 6:52   | 8.7  |
| 187  | BIESIEKIERSKI KRZYSZTOF | 362 | DRUŻYNA WILKA  | OLSZTYN                        | POL  | M40  | 79     | M 187 | 00:02:57 | 01:49:40 | 02:53:37 | 03:47:27 | 03:51:16 |         | 05:07:55.15 | 05:07:55.15 | 6:54   | 8.7  |
| 188  | MĘDRYGAŁ PIOTR          | 401 | GJ GOPR  | MYSŁOWICE                      | POL  | M30  | 77     | M 188 | 00:03:22 | 01:52:43 | 02:50:04 | 03:47:13 | 04:39:12 |         | 05:08:28.65 | 05:08:28.65 | 6:54   | 8.7  |
| 189  | SZYMAŁA MARCIN          | 223 | KLUCZBORSKA<br>GRUPA BIEGOWA                         | KLUCZBORK                      | POL  | M40  | 80     | M 189 | 00:00:54 | 01:44:21 | 02:46:08 | 03:50:44 | 04:40:56 |         | 05:08:30.60 | 05:08:30.60 | 6:55   | 8.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię    | Nr  | Klub                              | M-scowość         | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------|-----|-----------------------------------|-------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 190  | BRZozowski ŁUKASZ  | 315 | STEFAN TEAM                       | STALOWA WOLA      | POL  | M30  | 78     | M 190 | 00:01:48 | 01:51:47 | 02:55:16 | 03:53:09 | 04:40:44 |         | 05:08:35.65 | 05:08:35.65 | 6:55   | 8.7  |
| 191  | SULEWSKI MACIEJ    | 448 |                                   | OSTROŁĘKA         | POL  | M40  | 81     | M 191 | 00:02:04 | 01:54:02 | 02:54:48 | 03:50:24 | 04:40:09 |         | 05:08:57.90 | 05:08:57.90 | 6:55   | 8.7  |
| 192  | PELA DARIUSZ       | 535 | TMT TORUŃ                         | TORUŃ             | POL  | M30  | 79     | M 192 | 00:01:04 | 01:49:41 | 02:50:19 | 03:51:03 | 04:40:36 |         | 05:10:30.50 | 05:10:30.50 | 6:57   | 8.6  |
| 193  | SIENKIEL DOMINIK   | 607 |                                   | WĘGRZCE           | POL  | M20  | 14     | M 193 | 00:01:44 | 01:55:05 | 03:05:26 | 03:59:12 | 04:43:20 |         | 05:10:34.00 | 05:10:34.00 | 6:57   | 8.6  |
| 194  | DZIERŁĘGA PIOTR    | 255 | PILZNO                            | PILZNO            | POL  | M30  | 80     | M 194 | 00:02:40 | 01:46:52 | 02:51:15 | 03:48:48 | 04:40:06 |         | 05:10:35.30 | 05:10:35.30 | 6:57   | 8.6  |
| 195  | GRZYWACZ WOJCIECH  | 447 | FARTLEK GO                        | GORZYCE           | POL  | M50  | 16     | M 195 | 00:01:37 | 01:52:49 | 02:59:21 | 03:54:03 | 04:42:05 |         | 05:10:37.55 | 05:10:37.55 | 6:57   | 8.6  |
| 196  | PRÜFER PAWEŁ       | 422 |                                   | KOSIECZYN         | POL  | M40  | 82     | M 196 | 00:02:45 | 01:51:48 | 02:51:28 | 03:47:03 | 04:38:58 |         | 05:10:40.50 | 05:10:40.50 | 6:57   | 8.6  |
| 197  | ŁĘCKI PIOTR        | 32  | NIGHT RUNNERS GLIWICE             | GLIWICE           | POL  | M30  | 81     | M 197 | 00:02:54 | 01:54:20 | 02:55:41 | 03:53:21 | 04:41:44 |         | 05:11:17.10 | 05:11:17.10 | 6:58   | 8.6  |
| 198  | WISZ PIOTR         | 261 |                                   | RZESZÓW           | POL  | M20  | 15     | M 198 | 00:03:00 | 01:55:50 | 03:04:35 | 04:00:26 | 04:45:03 |         | 05:11:19.00 | 05:11:19.00 | 6:58   | 8.6  |
| 199  | PASTUŁA ŁUKASZ     | 10  |                                   | KOLBUSZOWA        | POL  | M30  | 82     | M 199 | 00:00:55 | 01:44:27 | 02:47:15 | 03:45:50 | 04:42:04 |         | 05:11:19.05 | 05:11:19.05 | 6:58   | 8.6  |
| 200  | PIWOŃSKI ADAM      | 405 |                                   | GÓRA KALWARIA     | POL  | M30  | 83     | M 200 | 00:02:29 | 01:54:26 | 02:56:58 | 03:53:10 | 04:42:21 |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 201  | KUKUCZKA DOMINIK   | 622 | KUKUCZKA                          | JAWORZYNKA        | POL  | M20  | 16     | M 200 |          | 01:50:24 | 04:40:43 |          |          |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 202  | MISKÓW MARCIN      | 308 |                                   | ŻORY              | POL  | M30  | 84     | M 202 | 00:01:29 | 01:54:52 | 02:59:06 | 03:57:14 | 04:43:30 |         | 05:11:23.35 | 05:11:23.35 | 6:58   | 8.6  |
| 203  | DOMINIK MARIUSZ    | 248 |                                   | BIŁGORAJ          | POL  | M40  | 83     | M 203 | 00:01:27 | 01:54:54 | 02:57:21 | 03:57:43 | 04:44:13 |         | 05:11:29.30 | 05:11:29.30 | 6:59   | 8.6  |
| 204  | KIRILENKO MARCIN   | 481 |                                   | MARKI             | POL  | M40  | 84     | M 204 | 00:00:49 | 01:48:20 | 02:54:23 | 03:55:36 | 04:43:34 |         | 05:11:39.60 | 05:11:39.60 | 6:59   | 8.6  |
| 205  | KOŚCIAK JAN        | 210 | DZIKIE MUSTANGI                   | PASZCZYNA         | POL  | M40  | 85     | M 205 | 00:01:44 | 01:55:19 | 03:01:26 | 03:56:49 | 04:44:07 |         | 05:11:40.80 | 05:11:40.80 | 6:59   | 8.6  |
| 206  | WITEK KAMIL        | 558 | HUSARIA RACE TEAM                 | FALMIROWICE       | POL  | M20  | 17     | M 206 | 00:01:44 | 01:55:17 | 03:01:29 | 03:56:52 | 04:44:12 |         | 05:11:42.50 | 05:11:42.50 | 6:59   | 8.6  |
| 207  | DEMBNY TOMASZ      | 718 |                                   | TARCZYN           | POL  | M40  | 86     | M 207 | 00:00:54 | 01:43:10 | 02:58:42 | 03:56:22 | 04:45:48 |         | 05:11:43.70 | 05:11:43.70 | 6:59   | 8.6  |
| 208  | BURBLIS ŁUKASZ     | 539 | BIEGING TEAM ZELÓW                | ŁASK              | POL  | M30  | 85     | M 208 | 00:02:13 | 01:50:46 | 02:54:11 | 03:50:23 | 04:40:39 |         | 05:12:29.60 | 05:12:29.60 | 7:00   | 8.6  |
| 209  | KONOPKA BARTOSZ    | 682 | TRÓJKA/ZWIEDZA NIE PRZEZ BIEGANIE | KRAKÓW            | POL  | M40  | 87     | M 209 | 00:00:50 | 01:50:30 | 02:55:12 | 03:56:36 | 04:43:52 |         | 05:12:53.10 | 05:12:53.10 | 7:00   | 8.6  |
| 210  | BŁAJSZCZAK KAROL   | 395 | TSA                               | SANDOMIERZ        | POL  | M40  | 88     | M 210 | 00:01:55 | 01:53:03 | 02:55:22 | 03:50:51 | 04:43:49 |         | 05:13:17.75 | 05:13:17.75 | 7:01   | 8.5  |
| 211  | STEFANIAK MACIEJ   | 690 | GRUNWALD TEAM POZNAŃ              | POZNAŃ            | POL  | M30  | 86     | M 211 | 00:01:14 | 02:01:40 | 03:11:57 | 04:04:57 | 04:49:20 |         | 05:14:00.85 | 05:14:00.85 | 7:02   | 8.5  |
| 212  | DALKA PAWEŁ        | 391 | BIEGNE, ŻEBY BARTEK MÓGŁ BIEGAĆ   | KIELCE            | POL  | M40  | 89     | M 212 | 00:01:37 | 01:51:15 | 02:54:51 | 03:53:50 | 04:45:44 |         | 05:14:32.45 | 05:14:32.45 | 7:03   | 8.5  |
| 213  | FALKOWSKI PIOTR    | 777 | KS PEGAZ PIASECZNO                | BRAK DANYCH       | POL  | M50  | 17     | M 213 | 00:02:30 | 01:55:58 | 03:01:22 | 03:59:30 | 04:48:12 |         | 05:14:54.25 | 05:14:54.25 | 7:03   | 8.5  |
| 214  | SZMUC JACEK        | 177 |                                   | MYSZKÓW           | POL  | M40  | 90     | M 214 | 00:01:20 | 01:52:03 | 02:59:26 | 03:59:49 | 04:47:55 |         | 05:14:54.95 | 05:14:54.95 | 7:03   | 8.5  |
| 215  | FORJASZ PRZEMYSLAW | 97  |                                   | RZESZÓW           | POL  | M30  | 87     | M 215 | 00:01:10 | 01:52:54 | 03:11:12 | 04:03:55 | 04:49:29 |         | 05:15:03.65 | 05:15:03.65 | 7:03   | 8.5  |
| 216  | MAJCHROWSKI JACEK  | 87  | CKB TARNOBREZEG                   | TARNOBREZEG       | POL  | M40  | 91     | M 216 | 00:00:58 | 01:51:48 | 02:55:53 | 03:57:50 | 04:47:58 |         | 05:15:06.90 | 05:15:06.90 | 7:03   | 8.5  |
| 217  | BUSZ JACEK         | 146 |                                   | RZESZOW           | POL  | M30  | 88     | M 217 | 00:01:14 | 01:51:46 | 02:53:22 | 03:50:43 | 04:45:46 |         | 05:15:45.35 | 05:15:45.35 | 7:04   | 8.5  |
| 218  | KOCHANIEC WALDEMAR | 243 | TKKF SOKÓŁ GŁOGÓW MAŁOPOLSKI      | GŁOGÓW MAŁOPOLSKI | POL  | M40  | 92     | M 218 | 00:03:14 | 01:57:09 | 03:03:46 | 04:02:41 | 04:50:36 |         | 05:16:22.40 | 05:16:22.40 | 7:05   | 8.5  |
| 219  | MIROSLAW ALBERT    | 442 | WW TEAM                           | LUBLIN            | POL  | M40  | 93     | M 219 | 00:02:54 | 01:59:15 | 03:01:15 | 04:03:25 | 04:50:32 |         | 05:17:16.00 | 05:17:16.00 | 7:06   | 8.4  |
| 220  | PARWA MICHAŁ       | 83  | @BIEGIEMNAROWER                   | DZIEKANOWICE      | POL  | M30  | 89     | M 220 | 00:00:50 | 01:51:05 | 03:00:57 | 04:02:07 | 04:50:58 |         | 05:17:17.00 | 05:17:17.00 | 7:06   | 8.4  |
| 221  | KŁOSOK ADAM        | 13  | INŻYNIERIA BIEGANIA               | MARKLOWICE        | POL  | M40  | 94     | M 221 | 00:00:46 | 01:52:46 | 03:09:00 | 04:07:57 | 04:51:29 |         | 05:17:18.45 | 05:17:18.45 | 7:06   | 8.4  |
| 222  | GIERULA PIOTR      | 137 | GREINPLAST RZESZÓW                | RZESZÓW           | POL  | M30  | 90     | M 222 | 00:01:12 | 01:54:54 | 03:11:21 | 04:03:54 | 04:50:29 |         | 05:17:19.60 | 05:17:19.60 | 7:06   | 8.4  |
| 223  | NIEDZIELA MARCIN   | 292 | FAT MAMA'S SPORT CLUB             | BYTOM             | POL  | M40  | 95     | M 223 | 00:01:06 | 01:58:34 | 03:02:29 | 04:01:05 | 04:50:29 |         | 05:18:02.40 | 05:18:02.40 | 7:07   | 8.4  |
| 224  | JAMA RAFAŁ         | 525 | WATER TEAM                        | TRZEBOWNIKO       | POL  | M40  | 96     | M 224 | 00:01:16 | 01:52:49 | 02:55:46 | 03:58:44 | 04:49:37 |         | 05:18:13.00 | 05:18:13.00 | 7:08   | 8.4  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                        | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|-----|-----------------------------|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 225  | BERNAŚ DARIUSZ              | 569 | BUT BIŁGORAJ<br>ULTRA TRAIL | BIŁGORAJ               | POL  | M40  | 97     | M 225 | 00:01:25 | 01:54:58 | 02:59:14 | 03:59:48 | 04:50:28 |         | 05:18:59.85 | 05:18:59.85 | 7:09   | 8.4  |
| 226  | DUDEK ŁUKASZ                | 392 |                             | RZESZÓW                | POL  | M30  | 91     | M 226 | 00:02:07 | 01:55:01 | 03:02:48 | 04:03:59 | 04:52:42 |         | 05:19:10.20 | 05:19:10.20 | 7:09   | 8.4  |
| 227  | BUTRYN WOJCIECH             | 272 |                             | KRAKÓW                 | POL  | M40  | 98     | M 227 | 00:01:00 | 01:55:50 | 03:02:12 | 04:02:05 | 04:50:42 |         | 05:19:11.40 | 05:19:11.40 | 7:09   | 8.4  |
| 228  | LIK MAREK                   | 161 | CHEŁM BIEGA                 | CHEŁM                  | POL  | M50  | 18     | M 228 | 00:01:16 | 01:55:39 | 02:59:47 | 04:03:10 | 04:52:34 |         | 05:19:32.25 | 05:19:32.25 | 7:09   | 8.4  |
| 229  | STEMPKOWICZ JACEK           | 325 |                             | GORLICE                | POL  | M40  | 99     | M 229 | 00:01:55 | 01:45:37 | 02:54:43 | 03:56:12 | 04:48:52 |         | 05:19:55.05 | 05:19:55.05 | 7:10   | 8.4  |
| 230  | AMBROZIAK RAFAŁ             | 347 | KONIUCHY OCR                | KUTNO                  | POL  | M40  | 100    | M 230 | 00:01:39 | 01:57:05 | 03:02:29 | 03:58:20 | 04:50:29 |         | 05:19:58.20 | 05:19:58.20 | 7:10   | 8.4  |
| 231  | KIERNICKI ŁUKASZ            | 140 | FUN&RUN                     | CZUDEC                 | POL  | M30  | 92     | M 231 | 00:03:22 | 01:58:20 | 03:03:12 | 04:03:20 | 04:52:36 |         | 05:20:00.50 | 05:20:00.50 | 7:10   | 8.4  |
| 232  | KRZAK SZYMON                | 728 | BIS AGH                     | CIESZYN                | POL  | M20  | 18     | M 232 | 00:02:55 | 01:51:18 | 02:58:06 | 04:06:33 | 04:52:42 |         | 05:20:02.15 | 05:20:02.15 | 7:10   | 8.4  |
| 233  | DRAUS BORYS                 | 398 |                             | KRASNE                 | POL  | M30  | 93     | M 233 | 00:01:42 | 01:59:21 | 03:09:45 | 04:02:30 | 04:51:32 |         | 05:20:02.95 | 05:20:02.95 | 7:10   | 8.4  |
| 234  | JAKUBAS PAWEŁ               | 370 | WPJ TEAM                    | WARSZAWA               | POL  | M40  | 101    | M 234 | 00:01:14 | 01:54:49 | 03:01:40 | 03:59:51 | 04:52:38 |         | 05:20:30.65 | 05:20:30.65 | 7:11   | 8.3  |
| 235  | CISZYŃSKI MAREK             | 42  | START KATOWICE              | KATOWICE               | POL  | M50  | 19     | M 235 | 00:03:12 | 02:03:51 | 03:12:25 | 04:05:48 | 04:54:11 |         | 05:20:57.50 | 05:20:57.50 | 7:11   | 8.3  |
| 236  | ZIMAK SEBASTIAN             | 124 | SANOK RUBBER<br>RUNNING     | POŚADA<br>ZARZYŃSKA    | POL  | M30  | 94     | M 236 | 00:01:39 | 01:53:06 | 03:00:43 | 04:02:09 | 04:52:24 |         | 05:21:33.45 | 05:21:33.45 | 7:12   | 8.3  |
| 237  | JAROSZ JARZEWSKI<br>MATEUSZ | 320 |                             | WARSZAWA               | POL  | M30  | 95     | M 237 | 00:02:05 | 01:52:27 | 02:58:14 | 03:55:08 | 04:50:40 |         | 05:22:23.40 | 05:22:23.40 | 7:13   | 8.3  |
| 238  | SERAFIN ROBERT              | 660 |                             | GRYBÓW                 | POL  | M40  | 102    | M 238 | 00:03:12 | 02:00:56 | 03:03:31 | 04:00:02 | 04:53:27 |         | 05:23:34.40 | 05:23:34.40 | 7:15   | 8.3  |
| 239  | PACHO SYLWESTER             | 708 |                             | GRYBÓW                 | POL  | M40  | 103    | M 239 | 00:02:02 | 01:59:42 | 03:08:32 | 04:02:23 | 04:53:28 |         | 05:23:34.50 | 05:23:34.50 | 7:15   | 8.3  |
| 240  | TYMOSZUK MICHAŁ             | 691 | KB BIAŁA BIEGA              | BIAŁA<br>PODLASKA      | POL  | M40  | 104    | M 240 | 00:03:08 | 02:01:24 | 03:09:59 | 04:09:40 | 04:57:20 |         | 05:23:36.35 | 05:23:36.35 | 7:15   | 8.3  |
| 241  | ŁUKASIAK ADAM               | 152 | ADAM ŁUKASIAK               | WARSZAWA               | POL  | M30  | 96     | M 241 | 00:01:31 | 01:52:36 | 03:05:31 | 04:08:31 | 04:55:15 |         | 05:23:37.65 | 05:23:37.65 | 7:15   | 8.3  |
| 242  | SOBIECH MARCIN              | 373 | GO GARWOLIN:D               | GARWOLIN               | POL  | M30  | 97     | M 242 | 00:02:49 | 01:54:36 | 03:02:49 | 04:03:29 | 04:53:09 |         | 05:25:29.25 | 05:25:29.25 | 7:17   | 8.2  |
| 243  | KOCZUR JAKUB                | 429 | NOWA HUTA<br>TEAM           | KRAKÓW                 | POL  | M30  | 98     | M 243 | 00:02:29 | 01:54:39 | 03:00:32 | 04:04:19 | 04:55:01 |         | 05:26:18.30 | 05:26:18.30 | 7:18   | 8.2  |
| 244  | KARAŚ ŁUKASZ                | 725 | EKIPA Z<br>TARNOWA          | TARNÓW                 | POL  | M30  | 99     | M 244 | 00:03:07 | 01:55:02 | 03:04:11 | 04:02:26 | 04:56:06 |         | 05:26:31.85 | 05:26:31.85 | 7:19   | 8.2  |
| 245  | SUMARA WOJCIECH             | 357 | NIEZRZESZONY                | BRZESKO                | POL  | M40  | 105    | M 245 |          |          | 03:03:53 | 04:05:08 | 04:56:07 |         | 05:26:35.20 | 05:26:35.20 | 7:19   | 8.2  |
| 246  | CISKI PIOTR                 | 170 |                             | WARSZAWA               | POL  | M40  | 106    | M 246 | 00:02:20 | 01:54:51 | 03:03:55 | 04:03:51 | 04:57:20 |         | 05:26:35.70 | 05:26:35.70 | 7:19   | 8.2  |
| 247  | WOŹNIAK ŁUKASZ              | 379 | PORANNY<br>PATROL           | KRAKÓW                 | POL  | M30  | 100    | M 247 | 00:03:14 | 01:58:04 | 03:09:38 | 04:07:04 | 04:56:36 |         | 05:26:37.05 | 05:26:37.05 | 7:19   | 8.2  |
| 248  | GRANDA PAWEŁ                | 412 | 12 DAPLOT<br>JAROSŁAW       | ZARZECZE               | POL  | M30  | 101    | M 248 | 00:01:49 | 01:55:54 | 03:05:42 | 04:05:42 | 04:57:28 |         | 05:26:39.80 | 05:26:39.80 | 7:19   | 8.2  |
| 249  | TUROSZ ZBIGNIEW             | 147 |                             | LEŻAJSK                | POL  | M60  | 5      | M 249 | 00:01:22 | 01:55:22 | 03:02:51 | 04:01:18 | 04:54:30 |         | 05:26:40.40 | 05:26:40.40 | 7:19   | 8.2  |
| 250  | JEDLIŃSKI BARTOSZ           | 60  | MARATOŃCZYK<br>DĘBICA       | BRZEŃNICA              | POL  | M40  | 107    | M 250 | 00:00:36 | 01:56:07 | 03:07:56 | 04:05:32 | 04:56:36 |         | 05:27:22.90 | 05:27:22.90 | 7:20   | 8.2  |
| 251  | SUWEZDA JACEK               | 380 |                             | CZĘSTOCHO<br>WA        | POL  | M50  | 20     | M 251 | 00:02:30 | 01:57:39 | 03:05:50 | 04:04:31 | 04:56:06 |         | 05:27:28.80 | 05:27:28.80 | 7:20   | 8.2  |
| 252  | KOSMĘDA PIOTR MICHAŁ        | 195 |                             | WARSZAWA               | POL  | M40  | 108    | M 252 | 00:01:02 | 02:00:23 | 03:14:38 | 04:13:34 | 05:02:36 |         | 05:27:30.90 | 05:27:30.90 | 7:20   | 8.2  |
| 253  | ADAMCZYK JAN                | 692 | GORLIICKA<br>GRUPA BIEGOWA  | GORLICE                | POL  | M60  | 6      | M 253 | 00:02:00 | 01:55:06 | 03:01:56 | 04:03:46 | 04:57:23 |         | 05:28:37.00 | 05:28:37.00 | 7:22   | 8.1  |
| 254  | BAŁCHAN KRZYSZTOF           | 77  | CPR RZESZÓW                 | CZUDEC                 | POL  | M30  | 102    | M 254 | 00:01:40 | 01:47:47 | 02:53:43 | 03:55:30 | 04:54:05 |         | 05:28:38.80 | 05:28:38.80 | 7:22   | 8.1  |
| 255  | STRZAŁKA DOMINIK            | 608 |                             | BRZEŃNICA              | POL  | M30  | 103    | M 255 | 00:01:44 | 01:55:45 | 03:06:09 | 04:04:40 | 04:56:07 |         | 05:28:43.30 | 05:28:43.30 | 7:22   | 8.1  |
| 256  | SKRZYPEK MATEUSZ            | 606 |                             | BRZEŃNICA              | POL  | M20  | 19     | M 256 | 00:01:44 | 01:56:36 | 03:06:19 | 04:03:18 | 04:56:08 |         | 05:28:43.45 | 05:28:43.45 | 7:22   | 8.1  |
| 257  | POREMBSKI LESZEK            | 183 |                             | WARSZAWA               | POL  | M50  | 21     | M 257 | 00:03:14 | 02:01:32 | 03:10:35 | 04:12:13 | 05:00:24 |         | 05:29:10.05 | 05:29:10.05 | 7:22   | 8.1  |
| 258  | HAJDO ROBERT                | 319 |                             | BRZESKO                | POL  | M40  | 109    | M 258 | 00:02:32 | 02:00:05 | 03:04:37 | 04:08:52 | 04:59:39 |         | 05:29:15.55 | 05:29:15.55 | 7:22   | 8.1  |
| 259  | OSZCZĘDA KRZYSZTOF          | 443 | ZARAZIĆ PASJĄ               | ŻORY                   | POL  | M40  | 110    | M 259 | 00:01:34 | 02:01:18 | 03:08:18 | 04:10:09 | 05:00:36 |         | 05:29:16.95 | 05:29:16.95 | 7:22   | 8.1  |
| 260  | LUTEREK MICHAŁ              | 688 |                             | WARSZAWA               | POL  | M30  | 104    | M 260 | 00:03:38 | 02:00:06 | 03:12:34 | 04:07:45 | 04:58:57 |         | 05:29:33.50 | 05:29:33.50 | 7:23   | 8.1  |
| 261  | KOZŁOWSKI TOMASZ            | 197 | PIASECZNO<br>RUNNING        | KONSTANCIN<br>JEZIORNA | POL  | M60  | 7      | M 261 | 00:02:33 | 02:04:32 | 03:13:06 | 04:11:52 | 05:01:58 |         | 05:31:12.25 | 05:31:12.25 | 7:25   | 8.1  |
| 262  | GOŹDZIENIAK SOBIEŚLAW       | 229 | KW KOTŁOWNIA                | LUBLIN                 | POL  | M30  | 105    | M 262 | 00:01:03 | 01:53:12 | 03:03:19 | 04:07:11 | 04:59:14 |         | 05:31:14.70 | 05:31:14.70 | 7:25   | 8.1  |
| 263  | ANDRZEJEWSKI PIOTR          | 624 | RRT                         | WARSZAWA               | POL  | M30  | 106    | M 263 | 00:03:25 | 01:59:55 | 03:06:06 | 04:04:29 | 05:00:11 |         | 05:31:15.80 | 05:31:15.80 | 7:25   | 8.1  |
| 264  | ZIÓŁKOWSKI KRZYSZTOF        | 402 | JA I ONA                    | GRUDZIĄDZ              | POL  | M30  | 107    | M 264 | 00:03:29 | 02:04:19 | 03:12:15 | 04:10:08 | 05:01:56 |         | 05:31:16.70 | 05:31:16.70 | 7:25   | 8.1  |
| 265  | LEŚNIAK DARIUSZ             | 11  |                             | SZCZECIN               | POL  | M50  | 22     | M 265 | 00:00:46 | 01:56:34 | 03:09:02 | 04:11:46 | 05:02:30 |         | 05:31:45.40 | 05:31:45.40 | 7:26   | 8.1  |
| 266  | STĘPIEŃ WOJCIECH            | 74  | JM RUNNING<br>TEAM          | GLIWICE                | POL  | M40  | 111    | M 266 | 00:03:19 | 02:02:22 | 03:12:43 | 04:14:37 | 05:03:55 |         | 05:31:52.15 | 05:31:52.15 | 7:26   | 8.1  |
| 267  | IDZIOR TOMASZ               | 424 |                             | BRZEZINY               | POL  | M20  | 20     | M 267 | 00:01:08 | 01:55:00 | 03:05:59 | 04:11:35 | 05:02:00 |         | 05:32:01.85 | 05:32:01.85 | 7:26   | 8.1  |
| 268  | ROJEK MACIEJ                | 693 |                             | KRAKÓW                 | POL  | M30  | 108    | M 268 | 00:01:08 | 01:55:00 | 03:05:58 | 04:11:31 | 05:02:01 |         | 05:32:02.80 | 05:32:02.80 | 7:26   | 8.1  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                               | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------------------------------------|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 269  | DADAŚ JANUSZ           | 27  | NIGHT RUNNERS<br>GLIWICE           | GLIWICE                        | POL  | M40  | 112    | M 269 | 00:02:58 | 02:03:00 | 03:16:54 | 04:18:09 | 05:04:48 |         | 05:32:09.10 | 05:32:09.10 | 7:26   | 8.1  |
| 270  | BERNAŚ DARIUSZ         | 82  | BSCZADY                            | WETLINA                        | POL  | M30  | 109    | M 270 | 00:01:32 | 02:02:16 | 03:12:04 | 04:11:49 | 05:04:13 |         | 05:33:48.80 | 05:33:48.80 | 7:29   | 8    |
| 271  | CICHORACKI PATRYK      | 230 | NIGHT RUNNERS                      | GRUDZIĄDZ                      | POL  | M30  | 110    | M 271 | 00:02:41 | 01:56:01 | 03:03:03 | 04:08:44 | 05:02:08 |         | 05:33:52.75 | 05:33:52.75 | 7:29   | 8    |
| 272  | DUKATA GRZEGORZ        | 697 | MGW                                | CHUDÓW                         | POL  | M40  | 113    | M 272 | 00:01:01 | 02:06:51 | 03:19:42 | 04:19:40 | 05:06:56 |         | 05:34:36.15 | 05:34:36.15 | 7:30   | 8    |
| 273  | BĘBEN ROBERT           | 613 | OSTROBIEC                          | OSTROWIEC<br>SWIETOKRZY<br>SKI | POL  | M40  | 114    | M 273 | 00:01:35 | 02:07:16 | 03:19:07 | 04:19:10 | 05:06:10 |         | 05:34:41.45 | 05:34:41.45 | 7:30   | 8    |
| 274  | JAKUSZEWSKI PAWEŁ      | 323 |                                    | JAROSŁAW                       | POL  | M30  | 111    | M 274 | 00:02:39 | 02:04:55 | 03:11:54 | 04:13:42 | 05:06:36 |         | 05:36:17.40 | 05:36:17.40 | 7:32   | 8    |
| 275  | ZAJĄC WOJCIECH         | 617 | DŁUGOUCHY                          | USTRZYKI<br>DOLNE              | POL  | M30  | 112    | M 275 | 00:02:22 | 02:03:09 | 03:19:11 | 04:17:27 | 05:07:40 |         | 05:36:28.75 | 05:36:28.75 | 7:32   | 8    |
| 276  | WRÓBEL STANISŁAW       | 518 | AZS UMED ŁÓDŹ<br>- RUNNING TEAM    | CZARNKÓW                       | POL  | M20  | 21     | M 276 | 00:03:00 | 01:55:38 | 03:05:58 | 04:15:27 | 05:07:17 |         | 05:36:34.25 | 05:36:34.25 | 7:32   | 8    |
| 277  | KRÓL KONRAD            | 306 |                                    | STARY SĄCZ                     | POL  | M20  | 22     | M 277 | 00:03:00 | 01:55:39 | 03:06:00 | 04:15:28 | 05:07:17 |         | 05:36:54.75 | 05:36:54.75 | 7:33   | 7.9  |
| 278  | GÓRALCZYK STANISŁAW    | 750 | BUNGEE JUMPING<br>'MARIO'          | HAJNÓWKA                       | POL  | M50  | 23     | M 278 | 00:02:27 | 02:00:25 | 03:16:16 | 04:21:02 | 05:10:15 |         | 05:37:51.30 | 05:37:51.30 | 7:34   | 7.9  |
| 279  | JANOWSKI BOGDAN        | 768 |                                    | WARSZAWA                       |      | M50  | 24     | M 279 | 00:02:27 | 01:57:49 | 03:06:42 | 04:12:47 | 05:04:29 |         | 05:38:18.20 | 05:38:18.20 | 7:35   | 7.9  |
| 280  | BERDYCHOWSKI KRZYSZTOF | 765 | FESTIWAL<br>BIEGOWY                | WARSZAWA                       |      | M50  | 25     | M 280 | 00:02:29 | 01:57:55 | 03:06:41 | 04:12:43 | 05:05:11 |         | 05:38:18.30 | 05:38:18.30 | 7:35   | 7.9  |
| 281  | KUŚ SŁAWOMIR           | 369 |                                    | CZUDEC                         | POL  | M30  | 113    | M 281 | 00:01:13 | 01:52:06 | 03:08:40 | 04:13:56 | 05:06:15 |         | 05:38:19.10 | 05:38:19.10 | 7:35   | 7.9  |
| 282  | NOWAKOWSKI WIESŁAW     | 425 | -                                  | PRZEMYŚL                       | POL  | M60  | 8      | M 282 | 00:02:48 | 02:01:06 | 03:10:04 | 04:12:18 | 05:06:37 |         | 05:38:20.70 | 05:38:20.70 | 7:35   | 7.9  |
| 283  | GWIZDAK BARTOSZ        | 652 | PIJEBIMBERNONS<br>TOP              | BOGUCHWAŁ<br>A                 | POL  | M30  | 114    | M 283 | 00:01:15 | 01:56:32 | 03:08:39 | 04:13:55 | 05:07:43 |         | 05:38:24.35 | 05:38:24.35 | 7:35   | 7.9  |
| 284  | BARADZIEJ BARTŁOMIEJ   | 515 | TERMINAL<br>LOGISTYCZNY<br>PROMONT | TYCHY                          | POL  | M30  | 115    | M 284 | 00:01:06 | 01:57:44 | 03:07:30 | 04:13:00 | 05:08:41 |         | 05:40:42.40 | 05:40:42.40 | 7:38   | 7.9  |
| 285  | BLACHA JAROSŁAW        | 517 |                                    | BIĘGORAJ                       | POL  | M30  | 116    | M 285 | 00:01:27 | 02:00:21 | 03:09:58 | 04:12:14 | 05:08:07 |         | 05:40:54.15 | 05:40:54.15 | 7:38   | 7.8  |
| 286  | ZWOLAK GRZEGORZ        | 328 |                                    | JAROSŁAW                       | POL  | M30  | 117    | M 286 | 00:02:39 | 02:04:40 | 03:16:36 | 04:20:10 | 05:10:31 |         | 05:41:32.85 | 05:41:32.85 | 7:39   | 7.8  |
| 287  | PIEKARSKI WOJCIEC      | 221 | RAP AUGUSTÓW                       | AUGUSTÓW                       | POL  | M40  | 115    | M 287 | 00:02:25 | 02:05:33 | 03:17:49 | 04:22:01 | 05:11:36 |         | 05:41:41.25 | 05:41:41.25 | 7:39   | 7.8  |
| 288  | BIEL ŁUKASZ            | 376 |                                    | WARSAW                         | POL  | M30  | 118    | M 288 | 00:02:46 | 02:07:18 | 03:27:21 | 04:24:12 | 05:13:09 |         | 05:41:41.40 | 05:41:41.40 | 7:39   | 7.8  |
| 289  | DUDZIŃSKI PIOTR        | 355 |                                    | RZESZÓW                        | POL  | M30  | 119    | M 289 | 00:01:12 | 01:54:54 | 03:11:42 | 04:21:08 | 05:11:17 |         | 05:41:43.15 | 05:41:43.15 | 7:39   | 7.8  |
| 290  | KARKUT MICHAŁ          | 162 | FUN&RUN                            | ZABORÓW                        | POL  | M30  | 120    | M 290 | 00:02:38 | 01:58:55 | 03:11:38 | 04:21:07 | 05:11:20 |         | 05:41:43.90 | 05:41:43.90 | 7:39   | 7.8  |
| 291  | WAWRZAK RYSZARD        | 48  | NIGHT RUNNERS<br>GLIWICE           | GLIWICE                        | POL  | M40  | 116    | M 291 | 00:03:08 | 02:03:46 | 03:16:56 | 04:18:34 | 05:11:19 |         | 05:41:55.60 | 05:41:55.60 | 7:39   | 7.8  |
| 292  | FRĄC DARIUSZ           | 37  | NIGHT RUNNERS<br>GLIWICE           | GLIWICE                        | POL  | M40  | 117    | M 292 | 00:03:08 | 02:03:42 | 03:16:45 | 04:20:05 | 05:12:24 |         | 05:41:55.80 | 05:41:55.80 | 7:39   | 7.8  |
| 293  | BOROWSKI IGOR          | 431 | MAKONDO TEAM                       | ZAMOŚĆ                         | POL  | M30  | 121    | M 293 | 00:01:13 | 01:57:29 | 03:10:24 | 04:16:52 | 05:12:06 |         | 05:43:00.70 | 05:43:00.70 | 7:41   | 7.8  |
| 294  | PAWELEC PIOTR          | 612 |                                    | JASŁO                          | POL  | M50  | 26     | M 294 | 00:02:34 | 01:58:25 | 03:17:36 | 04:25:56 | 05:16:02 |         | 05:43:02.45 | 05:43:02.45 | 7:41   | 7.8  |
| 295  | PARCHOMIUK ANDRZEJ     | 138 | NIEZRZESZONY                       | WARSZAWA                       | POL  | M50  | 27     | M 295 | 00:02:23 | 02:07:25 | 03:16:17 |          | 05:07:41 |         | 05:43:54.90 | 05:43:54.90 | 7:42   | 7.8  |
| 296  | NOWICKI ARTUR          | 435 | SPORTCZESNA                        | BARGŁY                         | POL  | M50  | 28     | M 296 | 00:01:20 | 01:56:47 | 03:16:04 | 04:24:07 | 05:16:00 |         | 05:44:35.10 | 05:44:35.10 | 7:43   | 7.8  |
| 297  | KOZIEŁ TADEUSZ         | 450 | SZCZĘŚCIARZ<br>BIEGA               | RZESZÓW                        | POL  | M20  | 23     | M 296 | 00:01:10 | 01:55:03 | 03:11:48 | 04:18:30 | 05:13:03 |         | 05:44:35.10 | 05:44:35.10 | 7:43   | 7.8  |
| 298  | BARANOWSKI KRZYSZTOF   | 351 | KUTNO BIEGA                        | KUTNO                          | POL  | M50  | 29     | M 298 | 00:01:39 | 02:03:21 | 03:17:48 | 04:23:56 | 05:15:44 |         | 05:44:41.50 | 05:44:41.50 | 7:43   | 7.8  |
| 299  | STODULSKI KRZYSZTOF    | 348 | KUTNO BIEGA                        | KRZYŻANÓW                      | POL  | M40  | 118    | M 299 | 00:01:40 | 02:03:23 | 03:17:46 | 04:25:46 | 05:15:45 |         | 05:44:41.80 | 05:44:41.80 | 7:43   | 7.8  |
| 300  | RÓŻYCKI RYSZARD        | 772 |                                    | ZAGÓRZ                         |      | M60  | 9      | M 300 | 00:02:35 | 02:06:32 | 03:15:36 | 04:22:15 | 05:15:37 |         | 05:44:43.15 | 05:44:43.15 | 7:43   | 7.8  |
| 301  | JĘDRZEJCZYK TOMASZ     | 512 | CHYBA NIE DAM<br>RADY              | KRAKÓW                         | POL  | M40  | 119    | M 301 | 00:02:07 | 02:04:50 | 03:18:41 | 04:22:08 | 05:13:16 |         | 05:44:45.00 | 05:44:45.00 | 7:43   | 7.8  |
| 302  | AMBICKI MIŁOSZ         | 635 | WKURW_TEAM                         | RZESZÓW                        | POL  | M30  | 122    | M 302 | 00:02:31 | 02:04:22 | 03:21:07 | 04:25:54 | 05:16:41 |         | 05:45:16.70 | 05:45:16.70 | 7:44   | 7.8  |
| 303  | TOKARZ MARCIN          | 434 |                                    | LIBERTÓW                       | POL  | M40  | 120    | M 303 | 00:00:53 | 02:04:31 | 03:22:38 | 04:23:28 | 05:13:07 |         | 05:45:25.40 | 05:45:25.40 | 7:44   | 7.7  |
| 304  | MAJTYKA TOMASZ         | 167 | LOS TREPOS<br>COMPANIEROS          | KRAKÓW                         | POL  | M40  | 121    | M 304 | 00:02:37 | 02:06:09 | 03:18:45 | 04:26:16 | 05:17:18 |         | 05:45:28.65 | 05:45:28.65 | 7:44   | 7.7  |
| 305  | GLÓWKA ALFRED          | 634 | KARCZMA U<br>FREDA                 | KĘDZIERZYN-<br>KOZŁE           | POL  | M50  | 30     | M 305 | 00:01:27 | 01:58:46 | 03:16:14 | 04:23:36 | 05:14:29 |         | 05:46:12.35 | 05:46:12.35 | 7:45   | 7.7  |
| 306  | RYCERSKI RAFAŁ         | 678 |                                    | CZAPLINEK                      | POL  | M30  | 123    | M 306 | 00:01:36 | 02:04:29 | 03:20:56 | 04:28:03 | 05:17:32 |         | 05:46:36.80 | 05:46:36.80 | 7:46   | 7.7  |
| 307  | GWIZDŹ GRZEGORZ        | 590 |                                    | RZESZÓW                        | POL  | M30  | 124    | M 307 | 00:01:10 | 01:52:54 | 03:11:20 | 04:21:08 | 05:14:32 |         | 05:46:39.85 | 05:46:39.85 | 7:46   | 7.7  |
| 308  | KRĘŻAŁEK MARCIN        | 497 |                                    | WIETRZNO                       | POL  | M20  | 24     | M 308 | 00:01:18 | 01:52:21 | 03:03:03 | 04:15:31 | 05:14:43 |         | 05:46:42.00 | 05:46:42.00 | 7:46   | 7.7  |
| 309  | SOBCZAK HENRYK         | 523 | S.H.T I UKS<br>GIMPEL NOWY<br>TARG | NOWY TARG                      | POL  | M30  | 125    | M 309 | 00:00:30 | 02:04:36 | 03:25:37 | 04:31:22 | 05:21:54 |         | 05:46:45.55 | 05:46:45.55 | 7:46   | 7.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|-------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 310  | ZNAMIEC MARCIN      | 563 | IPA PAŁAC<br>MOSTOWSKICH<br>KSP                  | WARSZAWA                | POL  | M40  | 122    | M 310 | 00:03:36 | 02:08:48 | 03:23:26 | 04:27:12 | 05:18:57 |         | 05:47:15.60 | 05:47:15.60 | 7:47   | 7.7  |
| 311  | DYSZKIEWICZ TOMASZ  | 436 | KUTNO BIEGA                                      | KUTNO                   | POL  | M30  | 126    | M 311 | 00:01:41 | 02:03:23 | 03:17:47 | 04:24:06 | 05:15:50 |         | 05:47:53.00 | 05:47:53.00 | 7:48   | 7.7  |
| 312  | BEŁKOT ARKADIUSZ    | 703 |  | ŚWIĘTOCHŁO<br>WICE      | POL  | M40  | 123    | M 312 | 00:01:46 | 02:03:43 | 03:17:33 | 04:21:11 | 05:13:07 |         | 05:48:04.25 | 05:48:04.25 | 7:48   | 7.7  |
| 313  | PATRZYK JACEK       | 527 |  | ŚWIĘTOCHŁO<br>WICE      | POL  | M40  | 124    | M 313 | 00:01:46 | 02:03:47 | 03:17:35 | 04:21:13 | 05:13:08 |         | 05:48:04.55 | 05:48:04.55 | 7:48   | 7.7  |
| 314  | ŻMUDZIEJEWSKI JAKUB | 587 | WM TRISELF                                       | KRAKÓW                  | POL  | M30  | 127    | M 314 | 00:03:01 | 02:00:34 | 03:11:23 | 04:20:57 | 05:12:54 |         | 05:48:14.00 | 05:48:14.00 | 7:48   | 7.7  |
| 315  | PARTYKA MICHAŁ      | 30  |  | RZESZÓW                 | POL  | M30  | 128    | M 315 | 00:03:01 | 02:00:34 | 03:11:25 | 04:20:57 | 05:12:55 |         | 05:48:14.10 | 05:48:14.10 | 7:48   | 7.7  |
| 316  | MISZOGRAJ TOMASZ    | 480 |  | WARSZAWA                | POL  | M30  | 129    | M 316 | 00:03:01 | 02:00:33 | 03:11:24 | 04:20:55 | 05:12:53 |         | 05:48:14.15 | 05:48:14.15 | 7:48   | 7.7  |
| 317  | KAJA ROBERT         | 466 | WIELUŃ BIEGA                                     | WIELUŃ                  | POL  | M50  | 31     | M 317 | 00:02:03 | 02:01:16 | 03:16:08 | 04:20:37 | 05:16:13 |         | 05:48:20.60 | 05:48:20.60 | 7:48   | 7.7  |
| 318  | OZANA BARTOSZ       | 489 | NIGHT RUNNERS                                    | POZNAŃ                  | POL  | M20  | 25     | M 318 | 00:03:00 | 02:07:57 | 03:18:40 | 04:23:29 | 05:14:34 |         | 05:48:31.25 | 05:48:31.25 | 7:48   | 7.7  |
| 319  | WRÓBEL DARIUSZ      | 287 | TEAM<br>ZABIEGANEDNI                             | WARSZAWA                | POL  | M40  | 125    | M 319 | 00:02:01 | 02:05:26 | 03:25:16 | 04:27:34 | 05:18:35 |         | 05:48:32.65 | 05:48:32.65 | 7:48   | 7.7  |
| 320  | GRUCA RYSZARD       | 707 |  | GRYBÓW                  | POL  | M50  | 32     | M 320 | 00:02:03 | 01:59:43 | 03:08:34 | 04:25:59 | 05:18:19 |         | 05:48:34.40 | 05:48:34.40 | 7:48   | 7.7  |
| 321  | BIEL TOMASZ         | 552 |  | KATOWICE                | POL  | M40  | 126    | M 321 | 00:02:45 | 02:07:18 | 03:27:20 | 04:27:12 | 05:19:49 |         | 05:48:34.95 | 05:48:34.95 | 7:48   | 7.7  |
| 322  | RYGLEWICZ TOMASZ    | 427 | NIGHT RUNNERS                                    | JEDLICZE                | POL  | M30  | 130    | M 322 | 00:01:57 | 02:02:46 | 03:15:44 | 04:23:39 | 05:18:11 |         | 05:50:48.25 | 05:50:48.25 | 7:51   | 7.6  |
| 323  | STOPA MARCIN        | 571 | WWW.RUNRZESZ<br>OW.PL                            | RZESZÓW                 | POL  | M40  | 127    | M 323 | 00:02:08 | 01:54:40 | 03:05:51 | 04:19:23 | 05:16:53 |         | 05:51:03.70 | 05:51:03.70 | 7:52   | 7.6  |
| 324  | ZAKRZEWSKI MAREK    | 683 | EKOBIEGI   | WARSZAWA                | POL  | M40  | 128    | M 324 | 00:01:25 | 02:05:14 | 03:15:57 | 04:20:52 | 05:17:55 |         | 05:51:04.95 | 05:51:04.95 | 7:52   | 7.6  |
| 325  | JANICKI TOMASZ      | 222 | 21DAPLOT   | JAROSŁAW                | POL  | M30  | 131    | M 325 | 00:02:31 | 02:06:34 | 03:19:22 | 04:25:03 | 05:18:15 |         | 05:51:05.85 | 05:51:05.85 | 7:52   | 7.6  |
| 326  | PILECKI ADAM        | 680 | STALOWE DZIKI                                    | STALOWA<br>WOLA         | POL  | M20  | 26     | M 326 | 00:01:38 | 01:59:54 | 03:12:40 | 04:25:02 | 05:18:16 |         | 05:51:09.70 | 05:51:09.70 | 7:52   | 7.6  |
| 327  | SĄDEJ MARCIN        | 89  | STALOWE DZIKI                                    | STALOWA<br>WOLA         | POL  | M30  | 132    | M 327 | 00:01:39 | 01:59:51 | 03:12:42 | 04:25:02 | 05:18:17 |         | 05:51:09.80 | 05:51:09.80 | 7:52   | 7.6  |
| 328  | DZIUMAK JAKUB       | 487 |  | WARSZAWA                | POL  | M20  | 27     | M 328 | 00:01:35 | 02:05:37 | 03:19:48 | 04:24:45 | 05:22:36 |         | 05:51:13.50 | 05:51:13.50 | 7:52   | 7.6  |
| 329  | TOKARSKI RAFAŁ      | 626 |  | KRAKÓW                  | POL  | M40  | 129    | M 329 | 00:02:18 | 01:58:24 | 03:14:23 | 04:23:42 | 05:18:01 |         | 05:52:37.45 | 05:52:37.45 | 7:54   | 7.6  |
| 330  | PAŚNIK PAWEŁ        | 598 | AKB CRACOVIA                                     | WARSZAWA                | POL  | M40  | 130    | M 330 | 00:03:09 | 02:05:20 | 03:20:25 | 04:27:50 | 05:21:10 |         | 05:53:07.00 | 05:53:07.00 | 7:55   | 7.6  |
| 331  | DOMAGAŁA JERZY      | 294 |  | RZESZÓW                 | POL  | M50  | 33     | M 331 | 00:03:23 | 02:11:33 | 03:23:58 | 04:26:04 | 05:22:29 |         | 05:54:41.50 | 05:54:41.50 | 7:57   | 7.5  |
| 332  | KOBYLIŃSKI MARIUSZ  | 79  | SST LUBCZA                                       | WOLA<br>ZGŁOBIEŃSK<br>A | POL  | M30  | 133    | M 332 | 00:01:39 | 01:59:59 | 03:12:54 | 04:25:01 | 05:21:30 |         | 05:56:12.15 | 05:56:12.15 | 7:59   | 7.5  |
| 333  | KOPEĆ RAFAŁ         | 759 |  | KRAKÓW                  |      | M20  | 28     | M 333 | 00:01:30 | 02:02:46 | 03:20:32 | 04:24:42 | 05:24:31 |         | 05:56:13.40 | 05:56:13.40 | 7:59   | 7.5  |
| 334  | SZACHEWICZ SŁAWOMIR | 554 | JEŻOZWIERZE<br>GROUP                             | WROCŁAW                 | POL  | M40  | 131    | M 334 | 00:02:59 | 02:05:16 | 03:19:14 | 04:30:28 | 05:24:28 |         | 05:56:14.20 | 05:56:14.20 | 7:59   | 7.5  |
| 335  | MĄCZKA BRONISŁAW    | 767 |  | GLIWICE                 |      | M60  | 10     | M 335 | 00:02:43 | 02:06:06 | 03:21:10 | 04:30:21 | 05:24:45 |         | 05:56:17.65 | 05:56:17.65 | 7:59   | 7.5  |
| 336  | FRĄCZEK MACIEJ      | 726 |  | PIASECZNO               | POL  | M40  | 132    | M 336 |          | 02:16:42 | 03:29:50 | 04:35:31 | 05:27:55 |         | 05:56:28.75 | 05:56:28.75 | 7:59   | 7.5  |
| 337  | SKOWRON RADOSŁAW    | 364 |  | BALICE                  | POL  | M40  | 133    | M 337 | 00:05:01 | 02:16:40 | 03:29:48 | 04:35:16 | 05:27:56 |         | 05:56:29.30 | 05:56:29.30 | 7:59   | 7.5  |
| 338  | BARAN BERNARD       | 665 | OCR TEAM<br>DĘBICA                               | DĘBICA                  | POL  | M40  | 134    | M 338 | 00:02:14 | 02:13:06 | 03:28:23 | 04:34:25 | 05:26:13 |         | 05:56:33.85 | 05:56:33.85 | 7:59   | 7.5  |
| 339  | ZIELONKA MARIUSZ    | 245 |  | POZNAŃ                  | POL  | M40  | 135    | M 339 | 00:03:19 | 02:15:16 | 03:26:34 | 04:32:02 | 05:26:52 |         | 05:57:26.95 | 05:57:26.95 | 8:00   | 7.5  |
| 340  | WÓJCİK JULIAN       | 233 | SZWLA  | STARGARD                | POL  | M60  | 11     | M 340 | 00:01:50 | 02:13:36 | 03:28:05 | 04:31:10 | 05:27:28 |         | 05:57:28.30 | 05:57:28.30 | 8:00   | 7.5  |
| 341  | CHYŁAK JAKUB        | 189 | AERODYNAMIKA<br>SŁOIKA PO<br>OGÓRKACH            | NOWY<br>TOMYŚL          | POL  | M20  | 29     | M 340 | 00:03:11 | 02:08:04 | 03:27:18 | 04:30:51 | 05:26:24 |         | 05:57:28.30 | 05:57:28.30 | 8:00   | 7.5  |
| 342  | MYGA MICHAŁ         | 310 | HEARTLESS  | KATOWICE                | POL  | M30  | 134    | M 342 | 00:03:22 | 02:11:51 | 03:22:34 | 04:36:18 | 05:28:49 |         | 05:57:29.40 | 05:57:29.40 | 8:00   | 7.5  |
| 343  | PIĄTEK RAFAŁ        | 123 | BEFIT24TEAM                                      | KRAKÓW                  | POL  | M30  | 135    | M 343 | 00:02:36 | 02:01:27 | 03:17:30 | 04:27:02 | 05:26:46 |         | 05:57:30.80 | 05:57:30.80 | 8:00   | 7.5  |
| 344  | BEDRYJ MATEUSZ      | 604 | 42 DO<br>SZCZĘŚCIA                               | MEŁNO                   | POL  | M20  | 30     | M 344 | 00:02:21 | 02:06:39 | 03:24:00 | 04:31:53 | 05:25:59 |         | 05:58:23.65 | 05:58:23.65 | 8:02   | 7.5  |
| 345  | FLOREK MICHAŁ       | 735 | JW 6968  | KRAKÓW                  | POL  | M30  | 136    | M 345 | 00:02:42 | 02:20:47 | 03:35:09 | 04:35:28 | 05:26:44 |         | 05:58:26.20 | 05:58:26.20 | 8:02   | 7.5  |
| 346  | WYSOKIŃSKI JERZY    | 753 | KLUB BIEGACZA<br>BIAŁA<br>BIEGA/ORANGE<br>POLSKA | BIAŁA<br>PODLASKA       | POL  | M50  | 34     | M 346 | 00:03:11 | 02:17:55 | 03:31:06 | 04:32:57 | 05:27:17 |         | 05:58:26.60 | 05:58:26.60 | 8:02   | 7.5  |
| 347  | SWOROWSKI MACIEJ    | 464 | WOLSZTYŃSKI<br>KLUB BIEGOWY                      | WOLSZTYN                | POL  | M40  | 136    | M 347 | 00:01:54 | 02:14:48 | 03:31:25 | 04:32:56 | 05:27:52 |         | 05:58:28.60 | 05:58:28.60 | 8:02   | 7.5  |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 348  | JĘDRZEJCZYK KONRAD  | 399 |  | KRASNE                 | POL  | M20  | 31     | M 348 | 00:01:42 | 02:01:33 | 03:24:15 | 04:40:28 | 05:29:57 |         | 05:58:28.95 | 05:58:28.95 | 8:02   | 7.5  |
| 349  | PISIGNAS MARIUSZ    | 400 | NIGHT RUNNERS<br>GLIWICE                     | GLIWICE                | POL  | M40  | 137    | M 349 | 00:02:59 | 02:09:10 | 03:26:59 | 04:39:25 | 05:29:38 |         | 05:58:30.80 | 05:58:30.80 | 8:02   | 7.5  |
| 350  | MŁODZIK DARIUSZ     | 592 | HUSARIA RACE<br>TEAM                         | ŁĄCZANY                | POL  | M30  | 137    | M 350 | 00:03:08 | 01:58:27 | 03:08:13 | 04:25:14 | 05:22:41 |         | 05:58:36.00 | 05:58:36.00 | 8:02   | 7.5  |
| 351  | RAMOTOWSKI MARCIN   | 93  | GERLACH<br>SMUGGLERS                         | WARSZAWA               | POL  | M40  | 138    | M 351 | 00:01:10 | 02:03:59 | 03:23:29 | 04:33:11 | 05:27:26 |         | 05:59:07.95 | 05:59:07.95 | 8:03   | 7.5  |
| 352  | POLAŃSKI PAWEŁ      | 749 | #KASZANIENAM<br>OKA                          | GDAŃSK                 | POL  | M30  | 138    | M 352 | 00:03:07 | 02:12:23 | 03:27:54 | 04:31:32 | 05:25:16 |         | 05:59:08.75 | 05:59:08.75 | 8:03   | 7.5  |
| 353  | PIASNY PAWEŁ        | 746 |  | GLIWICE                | POL  | M40  | 139    | M 353 | 00:01:01 | 02:06:52 | 03:24:49 | 04:33:08 | 05:28:03 |         | 05:59:13.90 | 05:59:13.90 | 8:03   | 7.4  |
| 354  | KOWALSKI MACIEJ     | 268 | MORSY OŚNO<br>LUBUSKIE                       | OŚNO                   | POL  | M40  | 140    | M 354 | 00:01:54 | 02:02:50 | 03:20:58 | 04:31:48 | 05:29:26 |         | 06:00:23.80 | 06:00:23.80 | 8:04   | 7.4  |
| 355  | ROŹNIATA ANDRZEJ    | 640 | KS GŁOWNO W<br>BIEGU                         | GŁOWNO                 | POL  | M40  | 141    | M 355 | 00:00:56 | 01:59:14 | 03:15:11 | 04:26:56 | 05:27:27 |         | 06:00:32.50 | 06:00:32.50 | 8:05   | 7.4  |
| 356  | KISIŃSKI JAROSŁAW   | 589 | COMP S.A. /<br>NOVITUS                       | NOWY SĄCZ              | POL  | M40  | 142    | M 356 | 00:01:08 | 02:04:26 | 03:16:40 | 04:24:50 | 05:30:12 |         | 06:00:32.55 | 06:00:32.55 | 8:05   | 7.4  |
| 357  | GŁOWACKI ANDRZEJ    | 468 | DOWÓDZTWO<br>WOJSK OBRONY<br>TERYTORIALNEJ   | LEGIONOWO              | POL  | M40  | 143    | M 357 | 00:01:03 | 01:58:31 | 03:18:09 | 04:29:06 | 05:26:03 |         | 06:00:38.60 | 06:00:38.60 | 8:05   | 7.4  |
| 358  | JEZIORNY RYSZARD    | 414 | WIELUŃ BIEGA                                 | WIELUŃ                 | POL  | M50  | 35     | M 358 | 00:02:04 | 02:08:37 | 03:26:04 | 04:32:03 | 05:26:35 |         | 06:00:41.85 | 06:00:41.85 | 8:05   | 7.4  |
| 359  | RYBAK WOJCIECH      | 595 | GOPR<br>BIESZCZADY                           | ŁANCUT                 | POL  | M40  | 144    | M 359 |          | 02:06:46 | 03:20:55 | 04:35:43 | 05:31:47 |         | 06:00:46.40 | 06:00:46.40 | 8:05   | 7.4  |
| 360  | STACHYRA BARTŁOMIEJ | 313 |  | LUBLIN                 | POL  | M20  | 32     | M 360 | 00:02:20 | 02:06:53 | 03:20:35 | 04:30:00 | 05:28:32 |         | 06:01:00.25 | 06:01:00.25 | 8:05   | 7.4  |
| 361  | CHLEBIŃSKI MACIEJ   | 615 | RZESZOWSKIE<br>GAZELE I<br>GEPARDY           | RZESZÓW                | POL  | M30  | 139    | M 361 | 00:02:55 | 02:02:48 | 03:17:45 | 04:31:06 | 05:29:32 |         | 06:01:32.55 | 06:01:32.55 | 8:06   | 7.4  |
| 362  | WOJTOWICZ DANIEL    | 444 | NAUKA BIEGA                                  | USTRZYKI<br>DOLNE      | POL  | M40  | 145    | M 362 | 00:00:52 | 02:04:32 | 03:22:52 | 04:32:50 | 05:29:40 |         | 06:01:35.95 | 06:01:35.95 | 8:06   | 7.4  |
| 363  | BUKAŁA TOMASZ       | 254 |  | WARSZAWA               | POL  | M30  | 140    | M 363 | 00:02:12 | 01:57:15 | 03:13:08 | 04:35:39 | 05:31:44 |         | 06:01:55.65 | 06:01:55.65 | 8:06   | 7.4  |
| 364  | CZUBA MICHAŁ        | 251 |  | LIGOTA<br>ZAMECKA      | POL  | M30  | 141    | M 364 | 00:01:06 | 02:08:08 | 03:26:32 | 04:35:50 | 05:33:25 |         | 06:02:26.35 | 06:02:26.35 | 8:07   | 7.4  |
| 365  | CIESZKO MAREK       | 317 | KW WARSZAWA                                  | WARSZAWA               | POL  | M30  | 142    | M 365 | 00:04:48 | 02:18:18 | 03:38:07 | 04:38:50 | 05:34:30 |         | 06:03:34.80 | 06:03:34.80 | 8:09   | 7.4  |
| 366  | WAJCOWICZ WITOLD    | 150 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SANOK                  | POL  | M40  | 146    | M 366 | 00:01:47 | 02:12:20 | 03:30:21 | 04:37:32 | 05:32:44 |         | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 367  | WIŚNIEWSKI DOMINIK  | 647 |  | WARSZAWA               | POL  | M30  | 143    | M 367 | 00:01:19 | 01:59:25 | 03:15:13 | 04:30:47 | 05:30:43 |         | 06:04:18.10 | 06:04:18.10 | 8:10   | 7.3  |
| 368  | WIENER MARCIN       | 456 |  | KATOWICE               | POL  | M40  | 147    | M 368 | 00:03:29 | 02:11:03 | 03:26:28 | 04:34:11 | 05:29:41 |         | 06:04:25.65 | 06:04:25.65 | 8:10   | 7.3  |
| 369  | BURZYŃSKI TOMASZ    | 545 | -  | JÓZEFOSŁAW             | POL  | M40  | 148    | M 369 | 00:01:23 | 02:02:54 | 03:26:44 | 04:35:04 | 05:31:36 |         | 06:04:34.25 | 06:04:34.25 | 8:10   | 7.3  |
| 370  | MIERZYŃSKI RAFAŁ    | 172 | BIEGING TEAM<br>ZELÓW                        | ZELÓW                  | POL  | M30  | 144    | M 370 | 00:02:12 | 02:06:36 | 03:28:48 | 04:40:51 | 05:33:04 |         | 06:04:38.35 | 06:04:38.35 | 8:10   | 7.3  |
| 371  | BOCHENEK MICHAŁ     | 101 | INFINITY GYM                                 | PROSZOWICE             | POL  | M30  | 145    | M 371 | 00:01:48 | 02:07:12 | 03:28:20 | 04:35:50 | 05:34:09 |         | 06:04:52.35 | 06:04:52.35 | 8:10   | 7.3  |
| 372  | MAŁKIEWICZ DARIUSZ  | 437 | PGB SPORTOWA<br>PACZKA                       | KATOWICE               | POL  | M40  | 149    | M 372 | 00:02:00 | 02:08:56 | 03:28:42 | 04:36:11 | 05:33:43 |         | 06:04:55.05 | 06:04:55.05 | 8:10   | 7.3  |
| 373  | FOGEL JANUSZ        | 256 | PTG SOKÓŁ<br>ŚWIAT PRACY                     | TARNÓW                 | POL  | M40  | 150    | M 373 | 00:02:15 | 02:12:22 | 03:29:12 | 04:38:03 | 05:34:04 |         | 06:04:58.55 | 06:04:58.55 | 8:10   | 7.3  |
| 374  | GAŚIOROWSKI MACIEJ  | 555 |  | WARSZAWA               | POL  | M40  | 151    | M 374 | 00:04:47 | 02:21:33 | 03:41:21 | 04:43:33 | 05:36:35 |         | 06:05:04.15 | 06:05:04.15 | 8:11   | 7.3  |
| 375  | JAKUBOWSKI DANIEL   | 242 | CENTRUM<br>ANIMACJI<br>SPOŁECZNEJ<br>CARITAS | ZABAJKA                | POL  | M40  | 152    | M 375 | 00:03:15 | 02:12:09 | 03:35:26 | 04:46:14 | 05:37:33 |         | 06:05:17.00 | 06:05:17.00 | 8:11   | 7.3  |
| 376  | OLESAK GRZEGORZ     | 630 |  | BIAŁA<br>PODLASKA      | POL  | M30  | 146    | M 376 | 00:03:12 | 02:14:55 | 03:30:08 | 04:34:33 | 05:31:21 |         | 06:06:29.60 | 06:06:29.60 | 8:13   | 7.3  |
| 377  | KOPER JACEK         | 756 |  | ALEKSANDR<br>ÓW ŁÓDZKI | POL  | M40  | 153    | M 377 | 00:03:04 | 02:07:22 | 03:21:52 | 04:29:21 | 05:30:59 |         | 06:06:49.40 | 06:06:49.40 | 8:13   | 7.3  |
| 378  | STONOGA TOMASZ      | 679 | KITE&RUN FAN                                 | OZIMEK                 | POL  | M40  | 154    | M 378 | 00:01:42 | 02:14:35 | 03:32:52 | 04:36:07 | 05:33:23 |         | 06:06:51.30 | 06:06:51.30 | 8:13   | 7.3  |
| 379  | BEDNARCZYK JAKUB    | 249 | MATE<br>MOUNTAINS                            | LUBARTÓW               | POL  | M30  | 147    | M 379 | 00:02:21 | 02:04:35 | 03:27:42 | 04:49:34 | 05:39:49 |         | 06:06:57.10 | 06:06:57.10 | 8:13   | 7.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub   | M-scowość          | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|--|--------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 380  | ADAMCZEWSKI JAKUB      | 231 | NIGHT RUNNERS / NBR TEAM                       | POZNAŃ             | POL  | M30  | 148    | M 380 | 00:02:52 | 02:09:22 | 03:28:20 | 04:41:11 | 05:35:58 |         | 06:07:00.65 | 06:07:00.65 | 8:13   | 7.3  |
| 381  | CWOJZIŃSKI PIOTR       | 228 | NIGHT RUNNERS POZNAŃ                           | POZNAŃ             | POL  | M40  | 155    | M 381 | 00:02:53 | 02:09:22 | 03:28:21 | 04:41:12 | 05:36:08 |         | 06:07:01.85 | 06:07:01.85 | 8:13   | 7.3  |
| 382  | KWIECIEŃ KRZYSZTOF     | 668 | 4K TEAM TARNÓW                                 | TARNÓW             | POL  | M40  | 156    | M 382 | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |         | 06:07:03.30 | 06:07:03.30 | 8:13   | 7.3  |
| 383  | KWIATKOWSKI KAJETAN    | 684 | KUCE Z BRONKSU                                 | GDAŃSK             | POL  | M30  | 149    | M 383 | 00:02:51 | 02:10:39 | 03:32:12 | 04:46:26 | 05:38:35 |         | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 384  | MILEWICZ MAREK         | 704 | KUCE Z BRONKSU                                 | GDAŃSK             | POL  | M30  | 149    | M 383 | 00:02:52 | 02:10:39 | 03:32:11 | 04:46:26 | 05:38:33 |         | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 385  | KOWALCZYK DANIEL       | 500 | EXTREME TRAUMA TEAM                            | BIELSKO-BIAŁA      | POL  | M30  | 151    | M 385 | 00:02:54 | 02:04:42 | 03:28:33 | 04:38:51 | 05:35:31 |         | 06:07:29.05 | 06:07:29.05 | 8:14   | 7.3  |
| 386  | BURY MAREK             | 103 |  | SOSNOWIEC          | POL  | M40  | 157    | M 386 | 00:02:19 | 02:11:15 | 03:35:23 | 04:44:49 | 05:38:30 |         | 06:07:29.75 | 06:07:29.75 | 8:14   | 7.3  |
| 387  | RENKIEL TOMASZ         | 758 |  | GLIWICE            |      | M40  | 158    | M 387 | 00:03:17 | 02:03:36 | 03:29:57 | 04:41:36 | 05:37:34 |         | 06:07:31.40 | 06:07:31.40 | 8:14   | 7.3  |
| 388  | JANIK JANUSZ           | 91  | NIGHT RUNNERS GLIWICE                          | GLIWICE            | POL  | M40  | 159    | M 388 | 00:03:18 | 02:03:36 | 03:29:56 | 04:41:35 | 05:37:35 |         | 06:07:31.70 | 06:07:31.70 | 8:14   | 7.3  |
| 389  | WARZYCHA KRZYSZTOF     | 121 | OSK MAXEL                                      | BYTOM              | POL  | M50  | 36     | M 389 | 00:01:44 | 02:11:08 | 03:32:33 | 04:37:08 | 05:35:57 |         | 06:07:33.10 | 06:07:33.10 | 8:14   | 7.3  |
| 390  | KORBA MICHAŁ           | 214 |  | WARSZAWA           | POL  | M40  | 160    | M 390 | 00:01:25 | 02:21:54 | 03:48:01 | 04:46:12 | 05:38:30 |         | 06:07:43.75 | 06:07:43.75 | 8:14   | 7.3  |
| 391  | WARZYCHA DAWID         | 122 | PKP INTERCITY                                  | BYTOM              | POL  | M20  | 33     | M 391 | 00:01:44 | 02:11:13 | 03:32:32 | 04:37:08 | 05:35:55 |         | 06:08:36.80 | 06:08:36.80 | 8:15   | 7.3  |
| 392  | CHWALISZEWSKI JAROSŁAW | 108 | NIGHT RUNNERS GLIWICE                          | GLIWICE            | POL  | M40  | 161    | M 392 | 00:03:17 | 02:04:40 | 03:28:10 | 04:41:34 | 05:38:05 |         | 06:08:39.40 | 06:08:39.40 | 8:15   | 7.3  |
| 393  | RUSINEK WITOSŁAW       | 696 | SHOOTIT  | RZESZÓW            | POL  | M30  | 152    | M 393 | 00:02:25 | 02:05:18 | 03:28:01 | 04:35:43 | 05:36:24 |         | 06:09:52.50 | 06:09:52.50 | 8:17   | 7.2  |
| 394  | CĘCELEWSKI JAROSŁAW    | 510 |  | CISIE              | POL  | M40  | 162    | M 394 | 00:03:18 | 02:21:22 | 03:33:58 | 04:41:53 | 05:37:32 |         | 06:10:06.60 | 06:10:06.60 | 8:17   | 7.2  |
| 395  | KĘPKA ANDRZEJ          | 374 | PRZEWORSKA GRUPA BIEGOWA                       | PRZEWORSK          | POL  | M50  | 37     | M 395 | 00:02:02 | 02:12:15 | 03:31:59 | 04:41:32 | 05:37:37 |         | 06:10:13.30 | 06:10:13.30 | 8:18   | 7.2  |
| 396  | PIGAN WIESŁAW          | 361 | B B L-JAROSŁAW                                 | SZÓWSKO            | POL  | M40  | 163    | M 396 | 00:02:01 | 02:12:21 | 03:32:05 | 04:41:28 | 05:38:49 |         | 06:10:25.80 | 06:10:25.80 | 8:18   | 7.2  |
| 397  | IRZYK ROBERT           | 676 |  | GIŁOWICE           | POL  | M30  | 153    | M 397 | 00:01:58 | 02:05:32 | 03:26:34 | 04:36:27 | 05:36:34 |         | 06:10:28.45 | 06:10:28.45 | 8:18   | 7.2  |
| 398  | ZIAJA ADAM             | 672 |  | SARNÓW             | POL  | M30  | 154    | M 398 | 00:01:58 |          | 03:26:02 | 04:36:26 | 05:36:39 |         | 06:10:36.00 | 06:10:36.00 | 8:18   | 7.2  |
| 399  | KOŁODZIEJ JACEK        | 84  | NIGHT RUNNERS GLIWICE                          | GLIWICE            | POL  | M40  | 164    | M 399 | 00:03:17 | 02:04:56 | 03:30:00 | 04:41:34 | 05:38:22 |         | 06:11:22.55 | 06:11:22.55 | 8:19   | 7.2  |
| 400  | ROSPOND PIOTR          | 157 | TKKF MPK POZNAŃ                                | POZNAŃ             | POL  | M50  | 38     | M 400 | 00:02:28 | 02:14:12 | 03:35:29 | 04:43:16 | 05:39:48 |         | 06:12:08.00 | 06:12:08.00 | 8:20   | 7.2  |
| 401  | LITWINEK MAREK         | 209 | WKURW_TEAM                                     | LUBARTÓW           | POL  | M30  | 155    | M 401 | 00:02:47 | 02:10:37 | 03:31:43 | 04:48:28 | 05:42:48 |         | 06:12:15.25 | 06:12:15.25 | 8:20   | 7.2  |
| 402  | ZIELIŃSKI RAFAŁ        | 428 |  | MODLNICZKA         | POL  | M40  | 165    | M 402 | 00:01:01 | 02:12:53 | 03:37:38 | 04:50:27 | 05:41:40 |         | 06:12:51.20 | 06:12:51.20 | 8:21   | 7.2  |
| 403  | PAWLETA MICHAŁ         | 24  | NIGHT RUNNERS GLIWICE                          | GLIWICE            | POL  | M40  | 166    | M 403 | 00:03:16 | 02:16:27 | 03:37:47 | 04:44:01 | 05:40:11 |         | 06:13:08.75 | 06:13:08.75 | 8:21   | 7.2  |
| 404  | HALIŻAK NORBERT        | 474 | WIELUŃ BIEGA                                   | WIELUŃ             | POL  | M40  | 167    | M 404 | 00:02:04 | 02:19:52 | 03:35:07 | 04:42:03 | 05:40:33 |         | 06:13:12.40 | 06:13:12.40 | 8:22   | 7.2  |
| 405  | STACH DARIUSZ          | 709 | KOSMOLÓW TEAM                                  | OLKUSZ             | POL  | M30  | 156    | M 405 | 00:02:21 | 02:09:14 | 03:35:31 | 04:45:56 | 05:40:21 |         | 06:13:13.15 | 06:13:13.15 | 8:22   | 7.2  |
| 406  | KOSZAŁKA MARCIN        | 385 |  | BIELINIEC          | POL  | M20  | 34     | M 406 | 00:02:38 | 02:14:20 | 03:35:24 | 04:44:43 | 05:40:10 |         | 06:13:21.50 | 06:13:21.50 | 8:22   | 7.2  |
| 407  | HOROWSKI TOMASZ        | 25  | RUNHOGS TYCHY                                  | TYCHY              | POL  | M40  | 168    | M 407 | 00:01:38 | 02:10:47 | 03:27:41 | 04:40:55 | 05:38:58 |         | 06:13:34.80 | 06:13:34.80 | 8:22   | 7.2  |
| 408  | CHODOROWSKI ARKADIUSZ  | 519 | IPA PAŁAC MOSTOSKICH KOMENDA STOLECZNA POLICJI | ALEKSANDRÓW        | POL  | M30  | 157    | M 408 | 00:03:39 | 02:20:07 | 03:42:38 | 04:46:32 | 05:43:24 |         | 06:13:59.50 | 06:13:59.50 | 8:23   | 7.2  |
| 409  | BAJOREK JAN            | 699 |  | OLSZYNY            | POL  | M40  | 169    | M 409 | 00:00:56 | 01:53:28 | 03:20:21 | 04:56:08 | 05:46:40 |         | 06:14:00.50 | 06:14:00.50 | 8:23   | 7.2  |
| 410  | PAROL PAWEŁ            | 349 | -  | SZYMANKOW SZCZYŻNA | POL  | M40  | 170    | M 410 | 00:01:31 | 02:07:09 | 03:31:40 | 04:44:12 | 05:40:28 |         | 06:14:09.25 | 06:14:09.25 | 8:23   | 7.2  |
| 411  | DYBKA RAFAŁ            | 244 | PTG SOKÓŁ ŚWIAT PRACY TARNÓW                   | TARNÓW             | POL  | M40  | 171    | M 411 | 00:01:34 | 02:03:44 | 03:29:13 | 04:40:16 | 05:38:32 |         | 06:14:36.20 | 06:14:36.20 | 8:23   | 7.1  |
| 412  | ZBICIAK GRZEGORZ       | 384 | ŁĘCZNA BIEGA                                   | SPICZYN            | POL  | M40  | 172    | M 412 | 00:02:20 | 02:16:23 | 03:37:08 | 04:50:31 | 05:43:16 |         | 06:15:09.90 | 06:15:09.90 | 8:24   | 7.1  |
| 413  | GOSZCZYŃSKI PIOTREK    | 733 |  | CZĘSTOCHOWA        | POL  | M40  | 173    | M 413 | 00:02:30 | 02:13:26 | 03:33:44 | 04:45:30 | 05:43:00 |         | 06:15:14.20 | 06:15:14.20 | 8:24   | 7.1  |
| 414  | DRABIK JACEK           | 115 |  | KRAKOW             | POL  | M50  | 39     | M 414 | 00:01:15 | 02:09:03 | 03:30:08 | 04:43:23 | 05:42:02 |         | 06:15:40.90 | 06:15:40.90 | 8:25   | 7.1  |
| 415  | KRÓL MICHAŁ            | 648 |  | NOWY JADÓW         | POL  | M30  | 158    | M 415 | 00:03:38 | 02:20:10 | 03:42:40 | 04:46:35 | 05:43:25 |         | 06:15:42.55 | 06:15:42.55 | 8:25   | 7.1  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub  | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---|-------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 416  | SŁOWIKOWSKI DARIUSZ | 529 | WKURW_TEAM                                    | WARSZAWA                | POL  | M30  | 159    | M 416 | 00:03:19 | 02:10:08 | 03:37:22 | 04:49:34 | 05:44:53 |         | 06:18:02.65 | 06:18:02.65 | 8:28   | 7.1  |
| 417  | STAŃCZYK ŁUKASZ     | 532 | WKURW_TEAM                                    | WARSZAWA                | POL  | M30  | 160    | M 417 | 00:03:19 | 02:10:09 | 03:37:22 | 04:49:34 | 05:44:52 |         | 06:18:02.90 | 06:18:02.90 | 8:28   | 7.1  |
| 418  | GALUS JACEK         | 225 |   | TARNÓW                  | POL  | M40  | 174    | M 418 | 00:01:55 | 02:20:20 | 03:39:55 | 04:52:12 | 05:47:00 |         | 06:18:21.55 | 06:18:21.55 | 8:28   | 7.1  |
| 419  | PABIJAŃCZYK DAMIAN  | 478 |   | KRYNICZNO               | POL  | M30  | 161    | M 419 | 00:02:59 | 02:13:47 | 03:35:21 | 04:48:17 | 05:43:45 |         | 06:18:25.05 | 06:18:25.05 | 8:29   | 7.1  |
| 420  | OPALIŃSKI TOMASZ    | 358 |   | OSTRÓDA                 | POL  | M50  | 40     | M 420 | 00:02:12 | 02:06:03 | 03:25:45 | 04:51:13 | 05:48:32 |         | 06:18:52.10 | 06:18:52.10 | 8:29   | 7.1  |
| 421  | SZADKOWSKI PAWEŁ    | 26  | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE                 | POL  | M30  | 162    | M 421 | 00:03:11 | 02:09:33 | 03:33:59 | 04:47:42 | 05:45:42 |         | 06:18:54.00 | 06:18:54.00 | 8:29   | 7.1  |
| 422  | JĘDRUSZCZAK ROBERT  | 113 | CZTERDZIEŚCI<br>LAT MINĘŁO JAK<br>JEDEN DZIEŃ | PIASECZNO               | POL  | M40  | 175    | M 422 | 00:02:13 | 02:08:58 | 03:31:44 | 04:45:25 | 05:44:52 |         | 06:19:45.15 | 06:19:45.15 | 8:30   | 7    |
| 423  | KULA ROBERT         | 126 |   | TARNÓW                  | POL  | M40  | 176    | M 423 | 00:01:30 | 01:59:44 | 03:31:41 | 04:55:36 | 05:51:57 |         | 06:19:49.00 | 06:19:49.00 | 8:30   | 7    |
| 424  | MICHON KAMIL        | 593 | BIEGAMWARTARNO<br>WIE                         | TARNÓW                  | POL  | M40  | 177    | M 424 | 00:01:32 | 02:07:35 | 03:32:15 | 04:51:16 | 05:48:24 |         | 06:21:12.60 | 06:21:12.60 | 8:32   | 7    |
| 425  | SIKORA TOMASZ       | 453 | RACE BROTHERS                                 | ZGŁOBICE                | POL  | M30  | 163    | M 425 | 00:01:33 | 02:07:48 | 03:32:16 | 04:51:36 | 05:48:25 |         | 06:21:12.75 | 06:21:12.75 | 8:32   | 7    |
| 426  | STEPANCZENKO RAFAŁ  | 112 | BIAŁYSTOK BIEGA<br>TEAM                       | BIAŁYSTOK               | POL  | M30  | 164    | M 426 | 00:01:46 | 02:14:42 | 03:37:06 | 04:47:00 | 05:50:57 |         | 06:21:29.35 | 06:21:29.35 | 8:33   | 7    |
| 427  | KUCA ROMAN          | 711 |   | PIENIĘŻNO               | POL  | M50  | 41     | M 427 | 00:01:58 | 02:15:45 | 03:34:01 | 04:45:24 | 05:46:35 |         | 06:23:13.60 | 06:23:13.60 | 8:35   | 7    |
| 428  | SAMOSIEJ JAKUB      | 473 | JUMP&FLY,<br>KABATY                           | WARSZAWA                | POL  | M40  | 178    | M 428 | 00:01:47 | 02:09:46 | 03:38:57 | 04:48:53 | 05:47:03 |         | 06:23:58.75 | 06:23:58.75 | 8:36   | 7    |
| 429  | SZCZYRBA ROBERT     | 631 | LECZYMY DURŚ                                  | PIEKARY<br>ŚLĄSKIE      | POL  | M30  | 165    | M 429 | 00:03:07 | 02:12:07 | 03:37:02 | 04:48:49 | 05:48:30 |         | 06:24:02.30 | 06:24:02.30 | 8:36   | 7    |
| 430  | MARKIEWICZ RAFAŁ    | 316 |   | WARSZAWA                | POL  | M40  | 179    | M 430 | 00:02:13 | 02:17:22 | 03:40:13 | 04:55:08 | 05:52:38 |         | 06:24:23.95 | 06:24:23.95 | 8:37   | 7    |
| 431  | ZAWADZKI BARTŁOMIEJ | 643 |   | PIEKARY<br>ŚLĄSKIE      | POL  | M30  | 166    | M 431 | 00:02:13 | 02:12:09 | 03:37:04 | 04:55:08 | 05:48:30 |         | 06:24:28.00 | 06:24:28.00 | 8:37   | 7    |
| 432  | CHMIELARZ DARIUSZ   | 277 |   | BOCHNIA                 | POL  | M40  | 180    | M 432 | 00:02:05 | 02:09:02 | 03:25:56 | 04:41:36 | 05:46:26 |         | 06:24:46.35 | 06:24:46.35 | 8:37   | 7    |
| 433  | KULAKOWSKI PIOTR    | 169 | CZŁAPACZE                                     | KONSTANCIN<br>-JEZIORNA | POL  | M60  | 12     | M 433 | 00:03:32 | 02:21:57 | 03:43:18 | 04:55:47 | 05:52:34 |         | 06:25:02.95 | 06:25:02.95 | 8:37   | 7    |
| 434  | ŁANIEWSKI ŁUKASZ    | 509 | PSZCZÓŁKOWSKI<br>TEAM                         | OLSZTYN                 | POL  | M30  | 167    | M 434 | 00:02:06 | 02:11:58 | 03:40:54 | 04:46:17 | 05:51:19 |         | 06:26:23.35 | 06:26:23.35 | 8:39   | 6.9  |
| 435  | WRÓBEL DOMINIK      | 321 | AZS PWSZ<br>KROSNO                            | JASŁO                   | POL  | M40  | 181    | M 435 | 00:03:05 | 02:18:44 | 03:35:57 | 04:46:13 | 05:49:26 |         | 06:26:43.85 | 06:26:43.85 | 8:40   | 6.9  |
| 436  | KRAWCZAK KAMIL      | 120 | BIEGUSIEM.PL                                  | DĘBLIN                  | POL  | M30  | 168    | M 436 | 00:02:35 | 02:17:38 | 03:39:00 | 04:53:36 | 05:52:36 |         | 06:26:55.45 | 06:26:55.45 | 8:40   | 6.9  |
| 437  | LUC ADAM            | 326 | BIEGUSIEM.PL                                  | RYKI                    | POL  | M40  | 182    | M 437 | 00:02:37 | 02:17:39 | 03:39:01 | 04:53:36 | 05:52:37 |         | 06:26:55.80 | 06:26:55.80 | 8:40   | 6.9  |
| 438  | GARNCARZ ADAM       | 743 |   | WROCŁAW                 | POL  | M20  | 35     | M 438 | 00:03:31 | 02:15:07 | 03:42:47 | 04:56:31 | 05:51:23 |         | 06:26:57.10 | 06:26:57.10 | 8:40   | 6.9  |
| 439  | RADYK JAKUB         | 410 | PRZEMYSKI KLUB<br>BIEGACZA                    | PRZEMYŚL                | POL  | M30  | 169    | M 439 | 00:03:10 | 02:05:45 | 03:29:37 | 04:47:34 | 05:46:20 |         | 06:26:58.90 | 06:26:58.90 | 8:40   | 6.9  |
| 440  | BUJAKOWSKI PATRYK   | 406 |   | PROSZOWICE              | POL  | M40  | 183    | M 440 | 00:03:01 | 02:22:33 | 03:49:34 | 04:53:39 | 05:53:22 |         | 06:27:00.95 | 06:27:00.95 | 8:40   | 6.9  |
| 441  | KOZAK MARCIN        | 107 | SAINT-GOBAIN<br>SQUAD                         | LUBARTÓW                | POL  | M40  | 184    | M 441 | 00:02:21 | 02:04:36 | 03:27:43 | 04:49:37 | 05:46:10 |         | 06:27:59.90 | 06:27:59.90 | 8:41   | 6.9  |
| 442  | KULDANEK MARCIN     | 204 | DOGÓŃ<br>GRODZISK<br>MAZOWIECKI               | STANISŁAWÓ<br>W         | POL  | M40  | 185    | M 442 | 00:02:13 | 02:15:20 | 03:41:06 | 04:54:47 | 05:52:00 |         | 06:28:01.20 | 06:28:01.20 | 8:41   | 6.9  |
| 443  | SIEDLACZEK ZBIGNIEW | 104 |   | LUBLIN                  | POL  | M60  | 13     | M 443 | 00:02:47 | 02:13:49 | 03:38:20 | 04:53:40 | 05:52:31 |         | 06:28:45.25 | 06:28:45.25 | 8:42   | 6.9  |
| 444  | ZIELIŃSKI DAMIAN    | 378 | NOVA  | PILAWA                  | POL  | M30  | 170    | M 444 | 00:02:49 | 02:06:51 | 03:35:45 | 04:55:19 | 05:53:09 |         | 06:28:53.60 | 06:28:53.60 | 8:43   | 6.9  |
| 445  | WILK ANDREAS        | 127 |   | WYHL                    | GER  | M40  | 186    | M 445 | 00:01:38 | 02:17:44 | 03:44:27 | 04:58:52 | 05:57:24 |         | 06:29:31.10 | 06:29:31.10 | 8:44   | 6.9  |
| 446  | KUREK MARIUSZ       | 496 | MARATOŃCZYK<br>DĘBICA                         | DĘBICA                  | POL  | M40  | 187    | M 446 | 00:01:45 | 02:12:33 | 03:37:19 | 04:52:09 | 05:53:19 |         | 06:29:34.00 | 06:29:34.00 | 8:44   | 6.9  |
| 447  | KUREK MICHAŁ        | 507 |   | DĘBICA                  | POL  | M30  | 171    | M 447 | 00:01:45 | 02:12:34 | 03:37:19 | 04:52:10 | 05:53:20 |         | 06:29:37.35 | 06:29:37.35 | 8:44   | 6.9  |
| 448  | SANECKI ROBERT      | 165 | SPRINT GORZYCE                                | GORZYCE                 | POL  | M40  | 188    | M 448 | 00:01:37 | 02:12:13 | 03:39:06 | 04:59:03 | 05:59:37 |         | 06:32:04.55 | 06:32:04.55 | 8:47   | 6.8  |
| 449  | SŁONIEWSKI RAFAŁ    | 669 | RMF4RT OCR                                    | GDYNIA                  | POL  | M30  | 172    | M 449 | 00:01:26 | 02:16:04 | 03:44:34 | 05:01:29 | 06:00:07 |         | 06:32:25.05 | 06:32:25.05 | 8:47   | 6.8  |
| 450  | JĘDRZEJCZYK ROBERT  | 677 | CHYBA NIE DAM<br>RADY                         | PODŁĘŻE                 | POL  | M40  | 189    | M 450 | 00:02:09 | 02:18:06 | 03:41:56 | 04:53:50 | 05:59:14 |         | 06:32:56.15 | 06:32:56.15 | 8:48   | 6.8  |
| 451  | MIKA DAMIAN         | 151 | EKO-OKNA<br>RUNNERS                           | RACIBÓRZ                | POL  | M50  | 42     | M 451 | 00:02:45 | 02:21:47 | 03:43:21 | 04:58:52 | 05:57:38 |         | 06:33:05.90 | 06:33:05.90 | 8:48   | 6.8  |
| 452  | SIKORA SŁAWOMIR     | 457 | RACEBROTHERS                                  | TARNÓW                  | POL  | M40  | 190    | M 452 | 00:01:33 | 02:07:52 | 03:31:22 | 04:51:39 | 05:54:42 |         | 06:34:58.40 | 06:34:58.40 | 8:51   | 6.8  |
| 453  | KOWALICKI MARCIN    | 502 | BIEGAM BO<br>MOGĘ                             | GORNO                   | POL  | M20  | 36     | M 453 |          |          | 03:40:32 | 04:56:29 | 05:56:04 |         | 06:35:08.00 | 06:35:08.00 | 8:51   | 6.8  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                                 | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|--------------------------------------|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 454  | JARZEMBOWSKI TOMASZ    | 419 | WYBIEGANI TEAM                       | PLEWISKA            | POL  | M30  | 173    | M 454 | 00:01:14 | 02:30:37 | 03:57:13 | 05:00:18 | 06:00:30 |         | 06:36:37.20 | 06:36:37.20 | 8:53   | 6.7  |
| 455  | SOBCZAK MIKOŁAJ        | 371 | WYBIEGANI TEAM                       | SKÓRZEWO            | POL  | M40  | 191    | M 455 | 00:01:14 | 02:30:48 | 03:57:12 | 05:00:19 | 06:00:32 |         | 06:36:37.60 | 06:36:37.60 | 8:53   | 6.7  |
| 456  | GOLUBA KRZYSZTOF       | 305 |                                      | WARSZAWA            | POL  | M40  | 192    | M 456 | 00:01:17 | 02:13:17 | 03:39:18 | 04:51:56 | 05:59:07 |         | 06:36:47.70 | 06:36:47.70 | 8:53   | 6.7  |
| 457  | ZGÓRSKI GRZEGORZ       | 769 | NIGHT RUNNERS<br>GLIWICE             | GLIWICE             |      | M40  | 193    | M 457 | 00:03:02 | 02:14:08 | 03:46:26 | 05:03:10 | 06:07:15 |         | 06:37:15.90 | 06:37:15.90 | 8:54   | 6.7  |
| 458  | NAMIOTA MAREK          | 73  |                                      | DĘBICA              | POL  | M60  | 14     | M 458 | 00:00:59 | 02:14:15 | 03:41:09 | 05:01:59 | 06:01:12 |         | 06:37:32.95 | 06:37:32.95 | 8:54   | 6.7  |
| 459  | STANISŁAWSKI TOMASZ    | 142 | KLUB BIEGACZA<br>RTV EURO AGD        | WARSZAWA            | POL  | M40  | 194    | M 459 | 00:01:50 | 02:24:07 | 03:46:56 | 04:59:09 | 05:59:38 |         | 06:37:34.90 | 06:37:34.90 | 8:54   | 6.7  |
| 460  | MISZCZYK MARCIN        | 417 |                                      | KRAKÓW              | POL  | M40  | 195    | M 460 | 00:02:25 | 02:35:00 | 03:57:03 | 05:04:24 | 06:03:49 |         | 06:39:15.80 | 06:39:15.80 | 8:57   | 6.7  |
| 461  | ZIELONKA BOGUMIŁ       | 530 | PKB ENDORFINA                        | PIOTRKÓW<br>TRYB    | POL  | M40  | 196    | M 461 | 00:03:18 | 02:21:51 | 03:52:46 | 05:06:29 | 06:05:43 |         | 06:39:52.40 | 06:39:52.40 | 8:57   | 6.7  |
| 462  | PRZYBYLSKI MARIUSZ     | 383 | PGB SPORTOWA<br>PACZKA               | GLIWICE             | POL  | M40  | 197    | M 462 | 00:02:02 | 02:15:59 | 03:35:58 | 04:57:24 | 06:00:53 |         | 06:41:12.00 | 06:41:12.00 | 8:59   | 6.7  |
| 463  | PRYSZCZ MIROSLAW       | 50  |                                      | RUDA<br>ŚLĄSKA      | POL  | M40  | 198    | M 463 | 00:02:59 | 02:14:09 | 03:46:24 | 05:03:11 | 06:07:14 |         | 06:42:09.15 | 06:42:09.15 | 9:01   | 6.7  |
| 464  | WILECZEK ANTONI        | 618 |                                      | JUROWCE             | POL  | M30  | 174    | M 464 | 00:02:22 | 02:20:11 | 03:52:56 | 05:04:53 | 06:05:40 |         | 06:42:10.30 | 06:42:10.30 | 9:01   | 6.7  |
| 465  | CHODAKOWSKI KACPER     | 275 | OSTROBIEC                            | ĆMIELÓW             | POL  | M20  | 37     | M 465 |          | 02:33:20 | 04:04:49 | 05:12:50 | 06:09:34 |         | 06:42:11.75 | 06:42:11.75 | 9:01   | 6.7  |
| 466  | KRZYŻEWSKI ROGER       | 61  |                                      | KRAKÓW              | POL  | M30  | 175    | M 466 | 00:03:30 | 02:18:16 | 03:41:38 | 04:50:44 | 05:57:09 |         | 06:42:14.35 | 06:42:14.35 | 9:01   | 6.7  |
| 467  | PECIO KAMIL            | 748 | PIASECZNO<br>RUNNING                 | WARSZAWA            | POL  | M30  | 176    | M 467 | 00:02:22 | 02:25:46 | 03:53:21 | 05:10:04 | 06:08:36 |         | 06:42:30.30 | 06:42:30.30 | 9:01   | 6.6  |
| 468  | LEWANDOWSKI PAWEŁ      | 538 | SANDOMINGOTE<br>AM                   | WARSZAWA            | POL  | M30  | 177    | M 468 | 00:02:55 | 02:21:31 | 03:49:07 | 05:08:43 | 06:09:10 |         | 06:44:47.10 | 06:44:47.10 | 9:04   | 6.6  |
| 469  | KAZANOWSKI MARCIN      | 620 | OFIARY<br>KAMIENICA                  | KAMIENIEC           | POL  | M40  | 199    | M 469 | 00:02:10 | 02:24:53 | 03:48:27 | 05:03:08 | 06:09:09 |         | 06:45:07.70 | 06:45:07.70 | 9:05   | 6.6  |
| 470  | STACHYRA ANDRZEJ       | 312 | LSB                                  | LUBLIN              | POL  | M50  | 43     | M 470 | 00:02:20 | 02:00:20 | 03:23:56 | 04:57:55 | 06:08:59 |         | 06:46:40.95 | 06:46:40.95 | 9:07   | 6.6  |
| 471  | CYGAN LUKASZ           | 202 | KLUB SPORTOWY<br>HAJIME              | KRAKOW              | POL  | M30  | 178    | M 471 | 00:01:11 | 02:15:45 | 03:44:23 | 04:57:12 | 06:05:36 |         | 06:47:27.90 | 06:47:27.90 | 9:08   | 6.6  |
| 472  | ROMAN PAWEŁ            | 546 | KS BARAKUDA<br>MIŃSK<br>MAZOWIECKI   | MIŃSK<br>MAZOWIECKI | POL  | M40  | 200    | M 472 | 00:03:20 | 02:17:40 | 03:50:01 | 05:13:50 | 06:12:52 |         | 06:47:59.15 | 06:47:59.15 | 9:08   | 6.6  |
| 473  | RYSIAWA MAREK          | 547 | BEZ                                  | MIŃSK<br>MAZOWIECKI | POL  | M40  | 201    | M 473 | 00:03:20 | 02:17:49 | 03:49:57 | 05:13:53 | 06:13:04 |         | 06:47:59.20 | 06:47:59.20 | 9:08   | 6.6  |
| 474  | KUCIŃSKI TOMASZ        | 403 | MKB DREPTAK                          | MIŃSK<br>MAZOWIECKI | POL  | M40  | 202    | M 474 | 00:03:22 | 02:17:46 | 03:49:59 | 05:13:56 | 06:13:05 |         | 06:48:01.70 | 06:48:01.70 | 9:08   | 6.6  |
| 475  | DYSZKIEWICZ GRZEGORZ   | 390 | KUTNO BIEGA                          | KUTNO               | POL  | M30  | 179    | M 475 | 00:01:40 | 02:18:25 | 03:50:48 | 05:23:08 | 06:19:08 |         | 06:49:08.80 | 06:49:08.80 | 9:10   | 6.5  |
| 476  | SOKOLOWSKI ARTUR       | 36  |                                      | SUWALKI             | POL  | M50  | 44     | M 476 | 00:02:36 | 02:25:52 | 03:49:00 | 05:08:03 | 06:10:50 |         | 06:51:17.00 | 06:51:17.00 | 9:13   | 6.5  |
| 477  | MATYSEK IRENEUSZ       | 761 |                                      | WAŁCZ               | M60  |      | 15     | M 477 | 00:02:45 | 02:28:46 | 03:56:24 | 05:12:07 | 06:13:41 |         | 06:51:45.50 | 06:51:45.50 | 9:13   | 6.5  |
| 478  | SOLICH PATRYK          | 35  | NIGHT RUNNERS<br>GLIWICE             | GLIWICE             | POL  | M30  | 180    | M 478 | 00:03:16 | 02:29:00 | 03:53:26 | 05:21:35 | 06:19:18 |         | 06:52:41.90 | 06:52:41.90 | 9:15   | 6.5  |
| 479  | KUREK STANISŁAW        | 327 |                                      | KRAKÓW              | POL  | M40  | 203    | M 479 | 00:03:30 | 02:23:27 | 03:50:25 | 05:09:22 | 06:16:04 |         | 06:53:35.60 | 06:53:35.60 | 9:16   | 6.5  |
| 480  | JANOTA MARCIN          | 413 | CREADIS                              | KRAKÓW              | POL  | M30  | 181    | M 480 | 00:01:33 | 02:19:50 | 03:53:38 | 05:11:48 | 06:14:22 |         | 06:54:04.45 | 06:54:04.45 | 9:17   | 6.5  |
| 481  | CEBULA PAWEŁ           | 418 | CREADIS                              | KRAKOW              | POL  | M30  | 182    | M 481 | 00:01:33 | 02:19:45 | 03:53:24 | 05:11:47 | 06:14:22 |         | 06:54:05.05 | 06:54:05.05 | 9:17   | 6.5  |
| 482  | TUTAK DANIEL           | 737 | FURIOSI<br>POLANKA                   | KROSNO              | POL  | M40  | 204    | M 482 | 00:02:51 | 02:30:09 | 03:57:08 | 05:14:40 | 06:17:50 |         | 06:54:06.35 | 06:54:06.35 | 9:17   | 6.5  |
| 483  | OBARSKI NORBERT        | 220 |                                      | KIELCE              | POL  | M50  | 45     | M 483 | 00:02:58 | 02:32:54 | 03:56:20 | 05:16:18 | 06:20:06 |         | 06:54:12.15 | 06:54:12.15 | 9:17   | 6.5  |
| 484  | BĘDŹKOWSKI MAREK       | 479 | MORSY<br>OSTROŁĘKA                   | OSTROŁĘKA           | POL  | M50  | 46     | M 484 | 00:02:20 | 02:45:34 | 04:11:11 | 05:20:54 | 06:20:16 |         | 06:55:11.80 | 06:55:11.80 | 9:18   | 6.4  |
| 485  | KALICKI IREK           | 713 | GCW ACADEMY                          | WARSZAWA            | POL  | M40  | 205    | M 485 | 00:01:47 | 02:25:00 | 06:19:51 |          |          |         | 06:55:24.40 | 06:55:24.40 | 9:18   | 6.4  |
| 486  | BILSKI PIOTR           | 561 | TĘCZA                                | WARSZAWA            | POL  | M30  | 183    | M 486 | 00:02:16 | 02:21:15 | 03:50:40 | 05:12:21 | 06:15:48 |         | 06:55:54.50 | 06:55:54.50 | 9:19   | 6.4  |
| 487  | GALIŃSKI KAMIL         | 578 | ABY DO METY                          | KRĘPICE             | POL  | M30  | 184    | M 487 | 00:02:59 | 02:08:36 | 03:41:52 | 05:08:42 | 06:13:26 |         | 06:55:56.10 | 06:55:56.10 | 9:19   | 6.4  |
| 488  | BAĆMAGA JAN            | 666 | JPII -<br>MAZOWSZANY                 | KOWALA              | POL  | M40  | 206    | M 488 | 00:01:46 | 02:21:41 | 03:50:44 | 05:14:52 | 06:20:22 |         | 07:00:44.50 | 07:00:44.50 | 9:26   | 6.4  |
| 489  | KOSIERKIEWICZ GRZEGORZ | 760 |                                      | KIELCE              |      | M40  | 207    | M 489 | 00:01:27 | 02:32:48 | 04:06:02 | 05:14:58 | 06:22:10 |         | 07:00:59.65 | 07:00:59.65 | 9:26   | 6.4  |
| 490  | BARWINEK ROBERT        | 503 | BIEGNĘ ŻEBY<br>BARTEK MÓGL<br>BIEGAĆ | KIELCE              | POL  | M30  | 185    | M 490 | 00:01:45 | 02:18:54 | 03:48:38 | 05:12:52 | 06:17:44 |         | 07:02:18.75 | 07:02:18.75 | 9:28   | 6.3  |
| 491  | WILIMSKI TOMASZ        | 34  | NIGHT RUNNERS                        | GLIWICE             | POL  | M40  | 208    | M 491 | 00:03:16 | 02:30:08 | 03:53:42 | 05:21:37 | 06:25:26 |         | 07:02:19.80 | 07:02:19.80 | 9:28   | 6.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub   | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--|-------------------------|------|------|--------|-------|-----------------|-----------------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 492  | KRĘCISZ ZBIGNIEW     | 139 | AMATOR   | RACIBÓRZ                | POL  | M60  | 16     | M 492 | 00:01:20        | 02:24:16        | 03:55:18 | 05:19:58 | 06:24:44 |         | 07:02:59.30 | 07:02:59.30 | 9:29   | 6.3  |
| 493  | DWORAK ADAM          | 658 | TAJFUN   | BĘDZIN                  | POL  | M40  | 209    | M 493 | 00:02:05        | 02:18:27        | 03:54:00 | 05:20:06 | 06:26:30 |         | 07:03:00.50 | 07:03:00.50 | 9:29   | 6.3  |
| 494  | URBANOWICZ ŁUKASZ    | 339 |  | KRKAÓW                  | POL  | M40  | 210    | M 494 | 00:02:25        | 02:36:36        | 06:25:23 |          |          |         | 07:03:34.75 | 07:03:34.75 | 9:29   | 6.3  |
| 495  | ADAMSKI BARTŁOMIEJ   | 366 |  | MODLNICA                | POL  | M40  | 211    | M 495 | 00:02:26        | 02:37:28        | 04:10:26 | 05:24:58 | 06:25:22 |         | 07:03:41.00 | 07:03:41.00 | 9:29   | 6.3  |
| 496  | ZABŁOTNY KAROL       | 304 | TARCHOŚFIRY  | WARSZAWA                | POL  | M30  | 186    | M 496 | 00:01:26        | 02:12:30        | 03:41:17 | 05:01:27 | 06:13:09 |         | 07:05:05.05 | 07:05:05.05 | 9:31   | 6.3  |
| 497  | FREJ MARCIN          | 90  | ZABIEGANI.TV   | WARSZAWA                | POL  | M30  | 187    | M 497 | 00:01:21        | 02:37:20        | 04:05:09 | 05:17:28 | 06:23:43 |         | 07:05:52.40 | 07:05:52.40 | 9:32   | 6.3  |
| 498  | KONOPACKI KRZYSZTOF  | 451 | ABY DO METY  | ZABKOWICE<br>ŚLĄSKIE    | POL  | M40  | 212    | M 498 | 00:02:57        | 02:29:08        | 04:03:13 | 05:23:22 | 06:30:16 |         | 07:06:36.65 | 07:06:36.65 | 9:33   | 6.3  |
| 499  | ŁOPOKA PRZEMYSŁAW    | 757 | ABY DO METY  | ZIĘBICE                 | POL  | M20  | 38     | M 499 | 00:02:59        | 02:29:17        | 04:03:13 | 05:23:14 | 06:30:18 |         | 07:06:37.10 | 07:06:37.10 | 9:33   | 6.3  |
| 500  | MAJONEK ARTUR        | 714 | FITMAJON   | WARSZAWA                | POL  | M30  | 188    | M 500 | 00:01:47        | 02:25:00        | 06:26:11 |          |          |         | 07:07:12.40 | 07:07:12.40 | 9:34   | 6.3  |
| 501  | KACZKIEWICZ DAMIAN   | 270 | NIGHT RUNNERS<br>GLIWICE   | GLIWICE                 | POL  | M40  | 213    | M 501 | 00:02:51        | 02:38:14        | 04:02:57 | 05:23:32 | 06:29:09 |         | 07:07:14.60 | 07:07:14.60 | 9:34   | 6.3  |
| 502  | MAJCHROWICZ ANDRZEJ  | 250 |  | KROŚCIENKO<br>WYŻNE     | POL  | M40  | 214    | M 502 | 00:03:18        | 02:30:51        | 06:28:32 |          |          |         | 07:09:28.60 | 07:09:28.60 | 9:37   | 6.2  |
| 503  | KURKUS ALEKSANDER    | 259 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI /<br>ADIDAS<br>RUNNERS<br>WARSAW   | WARSZAWA                | POL  | M40  | 215    | M 503 | 00:02:03        | 02:30:11        | 06:32:03 |          |          |         | 07:11:23.10 | 07:11:23.10 | 9:40   | 6.2  |
| 504  | SUBIRATS CRISTIAN    | 508 |  | LODZ                    | ESP  | M30  | 189    | M 504 | 00:02:34        | 02:34:27        | 04:10:23 | 05:23:45 | 06:32:32 |         | 07:12:43.15 | 07:12:43.15 | 9:42   | 6.2  |
| 505  | GIENIECZKO MARCIN    | 723 |  | SUCHY<br>DWÓR           | POL  | M40  | 216    | M 505 | 00:02:31        | 02:37:26        | 04:07:19 | 05:25:22 | 06:34:04 |         | 07:12:47.50 | 07:12:47.50 | 9:42   | 6.2  |
| 506  | PAWŁOWSKI PIOTR      | 491 | PRZEMYSŁ BEARS   | KRASICZYN               | POL  | M30  | 190    | M 506 | 00:02:29        | 02:26:40        | 03:53:50 | 05:31:23 | 06:34:05 |         | 07:13:48.60 | 07:13:48.60 | 9:43   | 6.2  |
| 507  | URBANCZYK MARCIN     | 28  | PERSONALTRIAT<br>HLON/TRINERGY                                     | NOWY DWÓR<br>MZAOWIECKI | POL  | M30  | 191    | M 507 | 00:02:55        | 02:34:52        | 04:07:40 | 05:32:29 | 06:40:25 |         | 07:14:56.30 | 07:14:56.30 | 9:45   | 6.2  |
| 508  | CEBRAT TOMASZ        | 133 | POZYTYWNE<br>ZABIEGANI<br>SANOK                                    | SOSNOWIEC               | POL  | M40  | 217    | M 508 | 00:02:41        | 02:32:55        | 04:08:24 | 05:30:04 | 06:36:37 |         | 07:16:12.75 | 07:16:12.75 | 9:46   | 6.1  |
| 509  | JABŁOŃSKI KAZIMIERZ  | 657 |  | PRĄDY                   | POL  | M60  | 17     | M 509 | 00:02:11        | 02:36:27        | 04:02:43 | 05:23:09 | 06:35:11 |         | 07:16:22.85 | 07:16:22.85 | 9:47   | 6.1  |
| 510  | SZEWIC MARIAN        | 240 |  | BILGORAJ                | POL  | M60  | 18     | M 510 | 00:01:27        | 02:31:09        | 03:56:28 | 05:22:12 | 06:33:18 |         | 07:17:19.45 | 07:17:19.45 | 9:48   | 6.1  |
| 511  | WÓJTOWICZ PAWEŁ      | 131 | LUBLIN BIEGA   | LUBLIN                  | POL  | M40  | 218    | M 511 | 00:02:53        | 02:37:37        | 04:09:10 | 05:31:52 | 06:39:31 |         | 07:17:30.75 | 07:17:30.75 | 9:48   | 6.1  |
| 512  | STASZEL ŁATAS TOMASZ | 477 | HUSARIA RECE<br>TEAM   | JADOWNIKI               | POL  | M30  | 192    | M 512 | 00:02:34        | 02:31:33        | 04:10:12 | 05:41:17 | 06:43:17 |         | 07:22:50.35 | 07:22:50.35 | 9:55   | 6    |
| 513  | POPIOŁEK JACEK       | 95  | BIEGYSIEM.PL/LO<br>STINSPOORT                                      | GAŚIORY                 | POL  | M30  | 193    | M 513 | 00:03:04        | 02:33:39        | 04:03:15 | 05:21:39 | 06:33:33 |         | 07:23:49.70 | 07:23:49.70 | 9:57   | 6    |
| 514  | OKARMA WOJTEK        | 279 | WWW.VIRTUTIMIL<br>ITARI.PL   | JASŁO                   | POL  | M30  | 194    | M 514 | 00:02:51        | 02:32:41        | 04:03:46 | 05:29:07 | 06:46:51 |         | 07:26:08.15 | 07:26:08.15 | 10:00  | 6    |
| 515  | HRYSZKO ROBERT       | 747 | POZYTYWNE<br>ZABIEGANI<br>SANOK                                    | SANOK                   | POL  | M50  | 47     | M 515 | 00:02:40        | 02:34:18        | 04:19:00 | 05:45:38 | 06:46:52 |         | 07:26:24.95 | 07:26:24.95 | 10:00  | 6    |
| 516  | CZYRNIA ANDRZEJ      | 681 | RAJSPOORT ACTIVE<br>(TURAWA)                                       | TURAWA                  | POL  | M30  | 195    | M 516 | 00:01:44        | 02:31:50        | 04:03:59 | 05:26:34 | 06:42:34 |         | 07:27:08.15 | 07:27:08.15 | 10:01  | 6    |
| 517  | GLUSZCZAK JERZY      | 194 |  | ŁÓDŹ                    | POL  | M60  | 19     | M 517 | 00:04:18        | 02:32:19        | 04:08:20 | 05:35:41 | 06:48:46 |         | 07:34:00.60 | 07:34:00.60 | 10:10  | 5.9  |
| 518  | MAZIEC DARIUSZ       | 188 | NKB CHYŻY<br>NOWY TOMYŚL<br>/WRESTLING<br>CROSS GYM<br>NOWY TOMYŚL | NOWY<br>TOMYŚL          | POL  | M30  | 196    | M 518 | 00:03:16        | 02:53:12        | 04:23:32 | 05:41:14 | 06:55:03 |         | 07:38:09.30 | 07:38:09.30 | 10:16  | 5.8  |
| 519  | JÓZEFOWSKI KAROL     | 226 |  | NOWY<br>TOMYŚL          | POL  | M20  | 39     | M 519 | 00:03:16        | 02:19:13        | 03:51:24 | 05:41:16 | 06:55:04 |         | 07:38:14.15 | 07:38:14.15 | 10:16  | 5.8  |
| 520  | JANICKI PATRYK       | 288 | PORANNY<br>PATROL  | KRAKÓW                  | POL  | M30  | 197    | M 520 | 00:03:15        | 02:49:40        | 04:35:23 | 06:06:02 | 07:07:19 |         | 07:48:55.25 | 07:48:55.25 | 10:30  | 5.7  |
| 521  | PIECH ADAM           | 71  | PORANNY<br>PATROL  | KRAKÓW                  | POL  | M40  | 219    | M 521 | 00:03:15        | 02:49:44        | 04:35:24 | 06:02:35 | 07:07:19 |         | 07:48:55.40 | 07:48:55.40 | 10:30  | 5.7  |
| 522  | BAJAK MIROSŁAW       | 119 |  | KRAKÓW                  | POL  | M40  | 220    | M 522 | 00:01:34        | 02:51:40        | 04:37:06 | 06:07:21 | 07:26:12 |         | 08:02:30.95 | 08:02:30.95 | 10:49  | 5.5  |
|      | TYLKA PRZEMYSŁAW     | 278 |  | KROŚCIENKO<br>WYŻNE     | POL  | M40  |        |       | 00:02:07<br>DNF | 02:44:18<br>DNF | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, Mężczyźni c.d.**

| M-ce | Nazwisko i imię   | Nr  | Klub                     | M-scowość | Kraj | Kat. | M. kat | K/M | 0.1km           | 18km            | 26.5km          | 34.2km | 40.7km | Kar/Bon | Netto | Brutto | min/km | km/h |
|------|-------------------|-----|--------------------------|-----------|------|------|--------|-----|-----------------|-----------------|-----------------|--------|--------|---------|-------|--------|--------|------|
|      | DUDA PAWEŁ        | 106 |                          | JEDLICZE  | POL  | M30  |        |     | DNF             | DNF             | 03:50:46<br>DNF | DNF    | DNF    |         | DNF   | DNF    | -      | -    |
|      | UNIEJEWSKI TOMASZ | 573 | UMBA                     | KATOWICE  | POL  | M40  |        |     | 00:01:17<br>DNF | 02:03:02<br>DNF | DNF             | DNF    | DNF    |         | DNF   | DNF    | -      | -    |
|      | PACANOWSKI ŁUKASZ | 247 | PARA-NIE-DO-PARY         | PORĘBA    | POL  | M30  |        |     | 00:02:17<br>DNF | 02:25:14<br>DNF | DNF             | DNF    | DNF    |         | DNF   | DNF    | -      | -    |
|      | MAŚLANKA IRENEUSZ | 64  | NIGHT RUNNERS<br>GLIWICE | GLIWICE   | POL  | M50  |        |     | 00:03:40<br>DNF | 02:59:48<br>DNF | DNF             | DNF    | DNF    |         | DNF   | DNF    | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K20**

| M-ce | Nazwisko i imię    | Nr  | Klub                 | M-scowość         | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------|-----|----------------------|-------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | KSUTA MARTYNA      | 486 | X-MEN                | KONSKIE           | POL  | K20  | 1      | K 19  | 00:03:02 | 02:01:57 | 03:06:52 | 03:58:22 | 04:42:52 |         | 05:08:37.30 | 05:08:37.30 | 6:55   | 8.7  |
| 2    | KALISZ KAROLINA    | 564 | WKURW_TEAM           | KAMIENICZYK       | POL  | K20  | 2      | K 24  | 00:02:04 | 01:56:29 | 03:06:10 | 04:01:06 | 04:48:15 |         | 05:15:00.05 | 05:15:00.05 | 7:03   | 8.5  |
| 3    | STEC IWONA         | 237 |                      | WILKOWICE         | POL  | K20  | 3      | K 35  | 00:02:23 | 02:04:57 | 03:15:10 | 04:17:55 | 05:10:15 |         | 05:44:15.10 | 05:44:15.10 | 7:43   | 7.8  |
| 4    | KARAŚ SYLWIA       | 461 |                      | IWONICZ-ZD<br>RÓJ | POL  | K20  | 4      | K 36  | 00:00:57 | 01:59:29 | 03:14:37 | 04:21:10 | 05:12:44 |         | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 5    | KŁOSOWICZ MONIKA   | 671 |                      | WROCŁAW           | POL  | K20  | 5      | K 74  | 00:02:26 | 02:18:28 | 03:43:20 | 04:55:21 | 05:52:17 |         | 06:24:08.00 | 06:24:08.00 | 8:36   | 7    |
| 6    | BIERNAT AGNIESZKA  | 745 | KOSMICZNE<br>MUMINKI | WARSZAWA          | POL  | K20  | 6      | K 89  | 00:01:19 | 02:19:14 | 03:42:36 | 04:56:57 | 06:00:59 |         | 06:41:06.05 | 06:41:06.05 | 8:59   | 6.7  |
| 7    | WAŚNIK KORNELIA    | 662 | BIEGUSIEM.PL         | KŁOCZEW           | POL  | K20  | 7      | K 119 | 00:03:04 | 02:33:42 | 04:03:24 | 05:21:39 | 06:33:37 |         | 07:23:50.75 | 07:23:50.75 | 9:57   | 6    |
| 8    | WAŚOWICZ MAGDALENA | 560 | HUSARIA RACE<br>TEAM | OPOLE             | POL  | K20  | 8      | K 124 | 00:01:43 | 02:34:31 | 04:19:19 | 05:53:20 | 07:05:20 |         | 07:48:17.90 | 07:48:17.90 | 10:29  | 5.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M20**

| M-ce | Nazwisko i imię  | Nr  | Klub                                 | M-scowość       | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------|-----|--------------------------------------|-----------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | KIDA PAWEŁ       | 659 |                                      | ŁOWISKO         | POL  | M20  | 1      | M 2   |          |          | 02:02:47 | 02:36:28 | 03:10:27 |         | 03:28:10.35 | 03:28:10.35 | 4:40   | 12.9 |
| 2    | JENDRYCH ARTUR   | 701 | BIEGAJACY<br>ŚWIDNIK                 | ŚWIDNIK         | POL  | M20  | 2      | M 3   | 00:00:31 | 01:21:07 | 02:02:34 | 02:38:45 | 03:11:22 |         | 03:29:59.40 | 03:29:59.40 | 4:42   | 12.7 |
| 3    | ZIAJKA KAROL     | 739 |                                      | RYMANÓW         | POL  | M20  | 3      | M 11  | 00:02:04 | 01:27:12 | 02:12:35 | 02:50:22 | 03:24:33 |         | 03:42:54.20 | 03:42:54.20 | 4:59   | 12   |
| 4    | ORŁOWSKI ANDRZEJ | 227 | POTRENUJEMY?                         | CEZARYN         | POL  | M20  | 4      | M 18  | 00:00:33 | 01:23:31 | 02:10:43 | 02:53:53 | 03:31:25 |         | 03:52:09.10 | 03:52:09.10 | 5:12   | 11.5 |
| 5    | NIEZGODA MARCIN  | 381 | KKB MOSIR<br>KROSNO                  | KROSNO          | POL  | M20  | 5      | M 30  | 00:00:31 | 01:30:18 | 02:20:10 | 03:00:24 | 03:39:44 |         | 04:01:45.20 | 04:01:45.20 | 5:25   | 11.1 |
| 6    | SZWAJA MATEUSZ   | 738 | OTK<br>RZEŹNIK/UKS<br>KOMETA GLIWICE | GLIWICE         | POL  | M20  | 6      | M 43  | 00:00:28 | 01:27:26 | 02:18:49 | 03:05:41 | 03:46:37 |         | 04:11:08.60 | 04:11:08.60 | 5:37   | 10.7 |
| 7    | OCHYRA KONRAD    | 488 |                                      | LESKO           | POL  | M20  | 7      | M 96  | 00:01:27 | 01:40:09 | 02:39:00 | 03:31:40 | 04:15:40 |         | 04:38:10.90 | 04:38:10.90 | 6:14   | 9.6  |
| 8    | GAWROŃSKI KAMIL  | 542 | BIEGING TEAM<br>ZELÓW                | ZELÓW           | POL  | M20  | 8      | M 97  | 00:02:13 | 01:47:18 | 02:46:56 | 03:31:53 | 04:15:39 |         | 04:39:04.30 | 04:39:04.30 | 6:15   | 9.6  |
| 9    | CZECH MATEUSZ    | 610 | NOWOSOLSCY<br>BIMBROWNICZY           | NOWA SÓL        | POL  | M20  | 9      | M 130 | 00:01:57 | 01:49:40 | 02:47:13 | 03:37:24 | 04:23:57 |         | 04:51:30.00 | 04:51:30.00 | 6:32   | 9.2  |
| 10   | PERENC MICHAŁ    | 110 | HUSARIA RACE<br>TEAM                 | JAROSŁAW        | POL  | M20  | 10     | M 166 | 00:00:53 | 01:46:35 | 02:50:35 | 03:45:30 | 04:33:54 |         | 05:01:49.10 | 05:01:49.10 | 6:46   | 8.9  |
| 11   | NIEGOWSKI TOMASZ | 580 |                                      | KRAKÓW          | POL  | M20  | 11     | M 180 | 00:02:06 | 01:59:21 | 03:05:57 | 03:57:10 | 04:40:39 |         | 05:05:19.30 | 05:05:19.30 | 6:50   | 8.8  |
| 12   | PIETROŃ BŁAŻEJ   | 689 |                                      | WARSZAWA        | POL  | M20  | 12     | M 182 | 00:01:15 | 01:47:18 | 02:53:02 | 03:50:31 | 04:39:18 |         | 05:05:21.25 | 05:05:21.25 | 6:50   | 8.8  |
| 13   | KADZIK MARCIN    | 583 | KTT                                  | ZAKOPANE        | POL  | M20  | 13     | M 185 | 00:03:20 | 01:55:09 | 02:57:43 | 03:50:44 | 04:37:11 |         | 05:06:26.65 | 05:06:26.65 | 6:52   | 8.7  |
| 14   | SIENKIEL DOMINIK | 607 |                                      | WĘGRZCE         | POL  | M20  | 14     | M 193 | 00:01:44 | 01:55:05 | 03:05:26 | 03:59:12 | 04:43:20 |         | 05:10:34.00 | 05:10:34.00 | 6:57   | 8.6  |
| 15   | WISZ PIOTR       | 261 |                                      | RZESZÓW         | POL  | M20  | 15     | M 198 | 00:03:00 | 01:55:50 | 03:04:35 | 04:00:26 | 04:45:03 |         | 05:11:19.00 | 05:11:19.00 | 6:58   | 8.6  |
| 16   | KUKUCZKA DOMINIK | 622 | KUKUCZKA                             | JAWORZYNK<br>A  | POL  | M20  | 16     | M 200 |          | 01:50:24 | 04:40:43 |          |          |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 17   | WITEK KAMIL      | 558 | HUSARIA RACE<br>TEAM                 | FALMIROWIC<br>E | POL  | M20  | 17     | M 206 | 00:01:44 | 01:55:17 | 03:01:29 | 03:56:52 | 04:44:12 |         | 05:11:42.50 | 05:11:42.50 | 6:59   | 8.6  |
| 18   | KRZAK SZYMON     | 728 | BIS AGH                              | CIESZYN         | POL  | M20  | 18     | M 232 | 00:02:55 | 01:51:18 | 02:58:06 | 04:06:33 | 04:52:42 |         | 05:20:02.15 | 05:20:02.15 | 7:10   | 8.4  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M20 c.d.**

| M-ce | Nazwisko i imię    | Nr  | Klub                                  | M-scowość       | Kraj    | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km      | km/h |     |
|------|--------------------|-----|---------------------------------------|-----------------|---------|------|--------|-------|----------|----------|----------|----------|----------|----------|-------------|-------------|-------------|------|-----|
| 19   | SKRZYPEK MATEUSZ   | 606 |                                       | BRZEŹNICA       | POL     | M20  | 19     | M 256 | 00:01:44 | 01:56:36 | 03:06:19 | 04:03:18 | 04:56:08 |          | 05:28:43.45 | 05:28:43.45 | 7:22        | 8.1  |     |
| 20   | IDZIOR TOMASZ      | 424 |                                       | BRZEZINY        | POL     | M20  | 20     | M 267 | 00:01:08 | 01:55:00 | 03:05:59 | 04:11:35 | 05:02:00 |          | 05:32:01.85 | 05:32:01.85 | 7:26        | 8.1  |     |
| 21   | WRÓBEL STANISŁAW   | 518 | AZS UMED ŁÓDŹ<br>- RUNNING TEAM       | CZARNKÓW        | POL     | M20  | 21     | M 276 | 00:03:00 | 01:55:38 | 03:05:58 | 04:15:27 | 05:07:17 |          | 05:36:34.25 | 05:36:34.25 | 7:32        | 8    |     |
| 22   | KRÓL KONRAD        | 306 |                                       | STARY SĄCZ      | POL     | M20  | 22     | M 277 | 00:03:00 | 01:55:39 | 03:06:00 | 04:15:28 | 05:07:17 |          | 05:36:54.75 | 05:36:54.75 | 7:33        | 7.9  |     |
| 23   | KOZIEŁ TADEUSZ     | 450 | SZCZĘSIARZ<br>BIEGA                   | RZESZÓW         | POL     | M20  | 23     | M 296 | 00:01:10 | 01:55:03 | 03:11:48 | 04:18:30 | 05:13:03 |          | 05:44:35.10 | 05:44:35.10 | 7:43        | 7.8  |     |
| 24   | KRĘŻALEK MARCIN    | 497 |                                       | WIETRZNO        | POL     | M20  | 24     | M 308 | 00:01:18 | 01:52:21 | 03:03:03 | 04:15:31 | 05:14:43 |          | 05:46:42.00 | 05:46:42.00 | 7:46        | 7.7  |     |
| 25   | OŻANA BARTOSZ      | 489 | NIGHT RUNNERS                         | POZNAŃ          | POL     | M20  | 25     | M 318 | 00:03:00 | 02:07:57 | 03:18:40 | 04:23:29 | 05:14:34 |          | 05:48:31.25 | 05:48:31.25 | 7:48        | 7.7  |     |
| 26   | PILECKI ADAM       | 680 | STALOWE DZIKI                         | STALOWA<br>WOLA | POL     | M20  | 26     | M 326 | 00:01:38 | 01:59:54 | 03:12:40 | 04:25:02 | 05:18:16 |          | 05:51:09.70 | 05:51:09.70 | 7:52        | 7.6  |     |
| 27   | DZIUMAK JAKUB      | 487 |                                       | WARSZAWA        | POL     | M20  | 27     | M 328 | 00:01:35 | 02:05:37 | 03:19:48 | 04:24:45 | 05:22:36 |          | 05:51:13.50 | 05:51:13.50 | 7:52        | 7.6  |     |
| 28   | KOPEĆ RAFAŁ        | 759 |                                       | KRAKÓW          |         | M20  | 28     | M 333 | 00:01:30 | 02:02:46 | 03:20:32 | 04:24:42 | 05:24:31 |          | 05:56:13.40 | 05:56:13.40 | 7:59        | 7.5  |     |
| 29   | CHYLAK JAKUB       | 189 | AERODYNAMIKA<br>SŁOIKA PO<br>OGÓRKACH | NOWY<br>TOMYŚL  | POL     | M20  | 29     | M 340 | 00:03:11 | 02:08:04 | 03:27:18 | 04:30:51 | 05:26:24 |          | 05:57:28.30 | 05:57:28.30 | 8:00        | 7.5  |     |
| 30   | BEDRYJ MATEUSZ     | 604 | 42 DO<br>SZCZĘŚCIA                    | MELNO           | POL     | M20  | 30     | M 344 | 00:02:21 | 02:06:39 | 03:24:00 | 04:31:53 | 05:25:59 |          | 05:58:23.65 | 05:58:23.65 | 8:02        | 7.5  |     |
| 31   | JĘDRZEJCZYK KONRAD | 399 |                                       | KRASNE          | POL     | M20  | 31     | M 348 | 00:01:42 | 02:01:33 | 03:24:15 | 04:40:28 | 05:29:57 |          | 05:58:28.95 | 05:58:28.95 | 8:02        | 7.5  |     |
| 32   | STACHYRA BARTŁOMIJ | 313 |                                       | LUBLIN          | POL     | M20  | 32     | M 360 | 00:02:20 | 02:06:53 | 03:20:35 | 04:30:00 | 05:28:32 |          | 06:01:00.25 | 06:01:00.25 | 8:05        | 7.4  |     |
| 33   | WARZYCHA DAWID     | 122 | PKP INTERCITY                         | BYTOM           | POL     | M20  | 33     | M 391 | 00:01:44 | 02:11:13 | 03:32:32 | 04:37:08 | 05:35:55 |          | 06:08:36.80 | 06:08:36.80 | 8:15        | 7.3  |     |
| 34   | KOSZAŁKA MARCIN    | 385 |                                       | BIELINIEC       | POL     | M20  | 34     | M 406 | 00:02:38 | 02:14:20 | 03:35:24 | 04:44:43 | 05:40:10 |          | 06:13:21.50 | 06:13:21.50 | 8:22        | 7.2  |     |
| 35   | GARNCARZ ADAM      | 743 |                                       | WROCŁAW         | POL     | M20  | 35     | M 438 | 00:03:31 | 02:15:07 | 03:42:47 | 04:56:31 | 05:51:23 |          | 06:26:57.10 | 06:26:57.10 | 8:40        | 6.9  |     |
| 36   | KOWALICKI MARCIN   | 502 | BIEGAM BO<br>MOGĘ                     | GORNO           | POL     | M20  | 36     | M 453 |          |          | 03:40:32 | 04:56:29 | 05:56:04 |          | 06:35:08.00 | 06:35:08.00 | 8:51        | 6.8  |     |
| 37   | CHODAKOWSKI KACPER | 275 |                                       | OSTROBIEC       | ĆMIELÓW | POL  | M20    | 37    | M 465    |          | 02:33:20 | 04:04:49 | 05:12:50 | 06:09:34 |             | 06:42:11.75 | 06:42:11.75 | 9:01 | 6.7 |
| 38   | ŁOPOKA PRZEMYSŁAW  | 757 |                                       | ABY DO METY     | ZIĘBICE | POL  | M20    | 38    | M 499    | 00:02:59 | 02:29:17 | 04:03:13 | 05:23:14 | 06:30:18 |             | 07:06:37.10 | 07:06:37.10 | 9:33 | 6.3 |
| 39   | JÓZEFOWSKI KAROL   | 226 |                                       | NOWY<br>TOMYŚL  | POL     | M20  | 39     | M 519 | 00:03:16 | 02:19:13 | 03:51:24 | 05:41:16 | 06:55:04 |          | 07:38:14.15 | 07:38:14.15 | 10:16       | 5.8  |     |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K30**

| M-ce | Nazwisko i imię         | Nr  | Klub                                  | M-scowość                      | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|---------------------------------------|--------------------------------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | JASŁOWSKA JUSTYNA       | 94  | POSMAKUJ RUN<br>TEAM                  | JEDLUCZE                       | POL  | K30  | 1      | K 1  | 00:00:54 | 01:31:42 | 02:20:47 | 03:00:35 | 03:38:00 |         | 03:59:19.90 | 03:59:19.90 | 5:21   | 11.2 |
| 2    | GWIZDAK JUSTYNA         | 577 | WATER TEAM                            | RZESZÓW                        | POL  | K30  | 2      | K 4  | 00:01:15 | 01:37:08 | 02:30:53 | 03:16:21 | 03:57:20 |         | 04:19:23.55 | 04:19:23.55 | 5:48   | 10.3 |
| 3    | KOMISARCZYK ANNA        | 537 | WIECZORNE<br>BIEGANIE W<br>SZCZECINIE | SZCZECIN                       | POL  | K30  | 3      | K 6  | 00:00:36 | 01:39:06 | 02:31:45 | 03:19:43 | 04:03:21 |         | 04:28:03.70 | 04:28:03.70 | 6:00   | 10   |
| 4    | KRAWCZAK PAULINA        | 144 | BIEGUSIEM.PL                          | DĘBLIN                         | POL  | K30  | 4      | K 7  | 00:01:01 | 01:37:47 | 02:33:43 | 03:24:21 | 04:07:04 |         | 04:30:28.50 | 04:30:28.50 | 6:03   | 9.9  |
| 5    | KOŁACKA MARTYNA         | 176 |                                       | WODZISŁAW<br>ŚLĄSKI            | POL  | K30  | 5      | K 8  | 00:00:48 | 01:39:35 | 02:34:15 | 03:24:14 | 04:09:15 |         | 04:33:40.30 | 04:33:40.30 | 6:08   | 9.8  |
| 6    | SIWCZUK ALEKSANDRA      | 302 |                                       | WARSZAWA                       | POL  | K30  | 6      | K 9  | 00:01:20 | 01:44:55 | 02:41:52 | 03:29:45 | 04:14:07 |         | 04:37:51.05 | 04:37:51.05 | 6:13   | 9.6  |
| 7    | GAWLEWICZ KRYSZYNA      | 470 | GAWĘKI TEAM                           | SANOK                          | POL  | K30  | 7      | K 10 | 00:01:45 | 01:45:01 | 02:42:59 | 03:33:38 | 04:19:04 |         | 04:43:32.25 | 04:43:32.25 | 6:21   | 9.4  |
| 8    | BONDARA SYLWIA          | 1   | JACEKBIEGA<br>RUNNING TEAM            | WARSZAWA                       | POL  | K30  | 8      | K 11 | 00:00:39 | 01:41:39 | 02:42:26 | 03:32:20 | 04:19:36 |         | 04:45:53.30 | 04:45:53.30 | 6:24   | 9.4  |
| 9    | KRENZEL REGINA          | 734 |                                       | JAROSŁAW                       | POL  | K30  | 9      | K 12 | 00:00:45 | 01:48:30 | 02:47:01 | 03:37:14 | 04:22:55 |         | 04:48:35.95 | 04:48:35.95 | 6:28   | 9.3  |
| 10   | WAŁACH-BIŚTA ZUZANNA    | 458 |                                       | KATOWICE                       | POL  | K30  | 10     | K 13 | 00:01:25 | 01:51:47 | 02:48:18 | 03:40:04 | 04:23:58 |         | 04:49:30.20 | 04:49:30.20 | 6:29   | 9.2  |
| 11   | SIKORA-KOŁODZIEJ IRMINA | 601 | BIESY I CZORTY                        | PRZEMYŚL                       | POL  | K30  | 11     | K 14 | 00:02:22 | 01:55:07 | 02:56:34 | 03:49:06 | 04:29:58 |         | 04:52:11.40 | 04:52:11.40 | 6:33   | 9.2  |
| 12   | BURANDT MAGDALENA       | 423 | 3LIFE TEAM                            | OLSZTYN                        | POL  | K30  | 12     | K 16 | 00:01:48 | 01:50:36 | 02:53:07 | 03:47:47 | 04:35:41 |         | 05:01:55.95 | 05:01:55.95 | 6:46   | 8.9  |
| 13   | KIELTYKA AGNIESZKA      | 284 |                                       | RYKI                           | POL  | K30  | 13     | K 17 | 00:00:48 | 01:54:53 | 02:56:06 | 03:50:02 | 04:37:49 |         | 05:03:01.60 | 05:03:01.60 | 6:47   | 8.8  |
| 14   | SIEMIĄTKOWSKA KATARZYNA | 455 |                                       | POZNAŃ                         | POL  | K30  | 14     | K 23 | 00:02:08 | 01:55:45 | 02:58:02 | 03:55:38 | 04:43:29 |         | 05:11:39.40 | 05:11:39.40 | 6:59   | 8.6  |
| 15   | ADAMCZAK BARBARA        | 568 | SMPZ 'TRAVOIS'                        | KATOWICE                       | POL  | K30  | 15     | K 25 | 00:01:11 | 01:54:39 | 03:00:56 | 04:03:23 | 04:49:30 |         | 05:15:02.40 | 05:15:02.40 | 7:03   | 8.5  |
| 16   | PIOTROWICZ MAŁGORZATA   | 102 | INFINITY GYM                          | PROSZOWICE                     | POL  | K30  | 16     | K 30 | 00:01:48 | 01:58:03 | 03:05:51 | 04:06:12 | 04:55:19 |         | 05:26:43.60 | 05:26:43.60 | 7:19   | 8.2  |
| 17   | BOBER ANNA              | 265 |                                       | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | K30  | 17     | K 32 | 00:01:34 | 02:05:48 | 03:19:09 | 04:19:09 | 05:06:21 |         | 05:34:40.85 | 05:34:40.85 | 7:30   | 8    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K30 c.d.**

| M-ce | Nazwisko i imię           | Nr   | Klub                                     | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------------|------|--|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 18   | SZALACHA KATARZYNA        | 576  |  | RZESZÓW          | POL  | K30  | 18     | K 34  | 00:02:37 | 02:04:29 | 03:14:26 | 04:20:32 | 05:10:48 |          | 05:40:49.25 | 05:40:49.25 | 7:38   | 7.9  |
| 19   | SZABŁOWSKA IWONA          | 731  | STRASZYN ULTRA TEAM                      | JUSZKOWO         | POL  | K30  | 19     | K 36  |          | 01:35:35 | 03:23:48 | 04:27:23 | 05:16:10 |          | 05:44:42.55 | 05:44:42.55 | 7:43   | 7.8  |
| 20   | LATO-KSIAŻEK KAROLINA     | 459  | LUBLIN BIEGA                             | LUBLIN           | POL  | K30  | 20     | K 39  | 00:03:02 | 02:15:49 | 03:27:48 | 04:26:20 | 05:18:20 |          | 05:46:41.55 | 05:46:41.55 | 7:46   | 7.7  |
| 21   | MYGA ANNA                 | 311  | HEARTESS                                 | KATOWICE         | POL  | K30  | 21     | K 45  | 00:03:22 | 02:11:48 | 03:22:45 | 04:36:18 | 05:28:50 |          | 05:57:30.15 | 05:57:30.15 | 8:00   | 7.5  |
| 22   | KWAPIEŃ KAROLINA          | 605  | VEGE RUNNERS                             | BIAŁA PODLASKA   | POL  | K30  | 22     | K 46  | 00:02:21 | 02:06:39 | 03:23:59 | 04:31:53 | 05:25:58 |          | 05:58:22.90 | 05:58:22.90 | 8:02   | 7.5  |
| 23   | CHUDA ANETA               | 301  |  | WROCLAW          | POL  | K30  | 23     | K 51  | 00:01:04 | 02:16:14 | 03:33:25 | 04:35:20 | 05:30:31 |          | 06:00:49.75 | 06:00:49.75 | 8:05   | 7.4  |
| 24   | NIEMCZAK BARBARA          | 616  | IPA PAŁAC MOSTOWSKICH                    | PIASECZNO        | POL  | K30  | 24     | K 55  | 00:02:02 | 02:09:33 | 03:27:34 | 04:38:12 | 05:32:09 |          | 06:04:41.40 | 06:04:41.40 | 8:10   | 7.3  |
| 25   | KOPROWICZ EWELINA         | 322  | JAROSŁAWSKA GRUPA BIEGOWA                | JAROSŁAW         | POL  | K30  | 25     | K 56  | 00:02:03 | 02:12:06 | 03:31:47 | 04:41:28 | 05:36:18 |          | 06:06:51.80 | 06:06:51.80 | 8:13   | 7.3  |
| 26   | WITKOWSKA BEATA           | 156  |  | GDAŃSK           | POL  | K30  | 26     | K 58  | 00:03:07 | 02:16:00 | 03:38:03 | 04:44:00 | 05:37:45 |          | 06:07:26.65 | 06:07:26.65 | 8:14   | 7.3  |
| 27   | KOCZUR KAMILA             | 504  |  | WARSZAWA         | POL  | K30  | 27     | K 59  | 00:01:35 | 02:15:41 | 03:35:22 | 04:41:33 | 05:35:04 | 00:02:00 | 06:07:29.30 | 06:07:29.30 | 8:11   | 7.3  |
| 28   | BAK AGATA                 | 125  | BUSHIDO CENTRUM                          | SOBIENIE JEZIORY | POL  | K30  | 28     | K 60  | 00:01:23 | 02:22:19 | 03:48:02 | 04:46:12 | 05:38:31 |          | 06:07:42.25 | 06:07:42.25 | 8:14   | 7.3  |
| 29   | KAMIENIARZ MARIA          | 387  |  | POZNAŃ           | POL  | K30  | 29     | K 62  | 00:03:21 | 02:10:40 | 03:34:04 | 04:46:03 | 05:39:22 |          | 06:11:23.45 | 06:11:23.45 | 8:19   | 7.2  |
| 30   | TREPKA AGNIESZKA          | 163  |  | CRAWLEY          | GBR  | K30  | 30     | K 63  | 00:01:30 | 02:12:26 | 03:42:45 | 04:49:01 | 05:41:29 |          | 06:12:13.20 | 06:12:13.20 | 8:20   | 7.2  |
| 31   | MAZURKIEWICZ JOLANTA      | 490  | BYCHAWA RUNNER'S/NAJWIĘKSZA ARMIA ŚWIATA | BYCHAWA          | POL  | K30  | 31     | K 66  | 00:01:49 | 02:18:17 | 03:38:54 | 04:52:45 | 05:44:46 |          | 06:15:29.25 | 06:15:29.25 | 8:25   | 7.1  |
| 32   | HANDERMANDER AGNIESZKA    | 394  |  | USTRZYKI DOLNE   | POL  | K30  | 32     | K 69  | 00:01:49 | 02:13:39 | 03:34:01 | 04:46:57 | 05:45:56 |          | 06:17:09.05 | 06:17:09.05 | 8:27   | 7.1  |
| 33   | PAWŁOWSKA ELŻBIETA        | 298  | NOWY STYL RUNNING TEAM                   | JEDLICZE         | POL  | K30  | 33     | K 71  | 00:02:48 | 02:18:22 | 03:41:07 | 04:49:00 | 05:45:09 |          | 06:18:55.55 | 06:18:55.55 | 8:29   | 7.1  |
| 34   | BIESZCZAD ILONA           | 296  |  | WOJASZÓWKA       | POL  | K30  | 34     | K 72  | 00:02:47 | 02:18:17 | 03:41:01 | 04:49:00 | 05:45:09 |          | 06:18:55.80 | 06:18:55.80 | 8:29   | 7.1  |
| 35   | DUBYNA MARIIA             | 506  | MIA                                      | KRAKOW           | POL  | K30  | 35     | K 80  | 00:02:29 | 02:26:02 | 03:51:22 | 05:04:54 | 05:57:34 |          | 06:29:24.90 | 06:29:24.90 | 8:43   | 6.9  |
| 36   | SAMBORSKA WERONIKA        | 62   | NOWY STYL GROUP RUNNING TEAM             | BRZYSKA          | POL  | K30  | 36     | K 82  | 00:02:40 | 02:23:04 | 03:49:05 | 04:59:07 | 05:58:18 |          | 06:30:59.35 | 06:30:59.35 | 8:45   | 6.8  |
| 37   | RÓŻYCKA DOROTA            | 1170 | NOWY STYL GROUP RUNNING TEAM             | JASŁO            | POL  | K30  | 37     | K 83  | 00:02:40 | 02:23:04 | 03:49:04 | 04:59:06 | 05:58:03 |          | 06:30:59.50 | 06:30:59.50 | 8:45   | 6.8  |
| 38   | KRZAK DOMINIKA            | 730  |  | WROCLAW          | POL  | K30  | 38     | K 84  | 00:02:22 | 02:24:05 | 03:43:25 | 05:03:14 | 06:00:18 |          | 06:32:37.60 | 06:32:37.60 | 8:48   | 6.8  |
| 39   | SZUMNA ALEKSANDRA         | 600  | MONKEYS' TEAM                            | KRAŚNIK          | POL  | K30  | 39     | K 87  | 00:02:15 | 02:20:27 | 03:44:28 | 05:00:49 | 05:58:17 |          | 06:33:12.35 | 06:33:12.35 | 8:48   | 6.8  |
| 40   | BAŁA BOŻENA               | 81   |  | GRABINY          | POL  | K30  | 40     | K 90  | 00:00:58 | 02:14:13 | 03:41:17 | 05:05:17 | 06:05:18 |          | 06:42:14.55 | 06:42:14.55 | 9:01   | 6.7  |
| 41   | KOWALEWSKA IZABELA        | 475  | PIASECZNO RUNNING                        | PIASECZNO        | GBR  | K30  | 41     | K 93  | 00:02:22 | 02:25:46 | 03:53:20 | 05:09:42 | 06:08:35 |          | 06:42:29.95 | 06:42:29.95 | 9:01   | 6.6  |
| 42   | ŻAK OLIWIA                | 66   | PIASECZNO RUNNING                        | JASTRZĘBIE       | POL  | K30  | 42     | K 94  | 00:02:21 | 02:25:47 | 03:53:23 | 05:09:42 | 06:08:34 |          | 06:42:30.10 | 06:42:30.10 | 9:01   | 6.6  |
| 43   | LEWANDOWSKA OLGA          | 541  |  | WARSZAWA         | POL  | K30  | 43     | K 95  | 00:02:56 | 02:21:34 | 03:49:11 | 05:08:44 | 06:09:13 |          | 06:44:47.20 | 06:44:47.20 | 9:04   | 6.6  |
| 44   | MARONDEL KATARZYNA        | 619  | FESTIWAL BIEGOWY                         | BYTOM            | POL  | K30  | 44     | K 96  | 00:02:10 | 02:24:52 | 03:48:25 | 05:03:06 | 06:09:07 |          | 06:44:55.05 | 06:44:55.05 | 9:04   | 6.6  |
| 45   | KULIK KATARZYNA           | 99   | NIGHT RUNNERS GLIWICE                    | BYTOM            | POL  | K30  | 45     | K 98  | 00:03:17 | 02:24:39 | 03:53:25 | 05:21:34 | 06:19:17 |          | 06:52:41.95 | 06:52:41.95 | 9:15   | 6.5  |
| 46   | KORZENIOWSKA JOANNA       | 129  | UMCS BIEGA                               | LUBLIN           | POL  | K30  | 46     | K 99  | 00:02:52 | 02:34:27 | 04:02:22 | 05:20:38 | 06:19:58 |          | 06:54:02.90 | 06:54:02.90 | 9:16   | 6.5  |
| 47   | KOWALIK ANNA              | 130  | UMCS BIEGA                               | ŁADA             | POL  | K30  | 47     | K 100 | 00:02:52 | 02:34:30 | 04:02:24 | 05:20:39 | 06:20:00 |          | 06:54:04.30 | 06:54:04.30 | 9:17   | 6.5  |
| 48   | WALCZYŃSKA KAROLINA       | 29   | RUNHOGS TYCHY                            | TYCHY            | POL  | K30  | 48     | K 104 | 00:01:38 | 02:29:36 | 04:04:41 | 05:23:29 | 06:20:33 |          | 06:56:23.55 | 06:56:23.55 | 9:20   | 6.4  |
| 49   | HEBDA-OLSZÓWKA ALEKSANDRA | 51   | NIGHT RUNNERS GLIWICE                    | CHORZÓW          | POL  | K30  | 49     | K 105 | 00:03:08 | 02:37:48 | 04:02:56 | 05:26:31 | 06:23:55 |          | 06:56:44.35 | 06:56:44.35 | 9:20   | 6.4  |
| 50   | SZYMAŃSKA JOLANTA         | 59   |  | KIELCE           | POL  | K30  | 50     | K 109 | 00:01:44 | 02:19:28 | 03:48:38 | 05:12:30 | 06:17:43 |          | 07:02:16.20 | 07:02:16.20 | 9:28   | 6.3  |
| 51   | ZAWADZKA MAGDALENA        | 143  | AKS POLONIA WARSZAWA/TEAM ZABIEGANE DNI  | WARSZAWA         | POL  | K30  | 51     | K 110 | 00:02:31 | 02:30:49 | 04:02:29 | 05:20:34 | 06:27:54 |          | 07:03:53.45 | 07:03:53.45 | 9:30   | 6.3  |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K30 c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                            | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km          | 34.2km | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|---------------------------------|------------------------|------|------|--------|-------|-----------------|-----------------|-----------------|--------|----------|---------|-------------|-------------|--------|------|
| 52   | DUNIEC MAŁGORZATA              | 206 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI | GRODZISK<br>MAZOWIECKI | POL  | K30  | 52     | K 114 | 00:02:03        | 02:30:09        | 06:32:03        |        |          |         | 07:11:22.75 | 07:11:22.75 | 9:40   | 6.2  |
| 53   | ŁYSUNIAK-STRAUCH<br>ALEKSANDRA | 207 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI | GRODZISK<br>MAZOWIECKI | POL  | K30  | 53     | K 115 | 00:02:03        | 02:30:11        | 06:32:03        |        |          |         | 07:11:22.80 | 07:11:22.80 | 9:40   | 6.2  |
| 54   | KRUSZEWSKA EMILIA              | 674 |                                 | GDAŃSK                 | POL  | K30  | 54     | K 122 | 00:00:46        | 02:39:54        | 04:20:40        |        | 06:55:06 |         | 07:38:11.55 | 07:38:11.55 | 10:16  | 5.8  |
|      | KARWAN BARBARA                 | 633 | PLACETOTRI                      | KRAKÓW                 | POL  | K30  |        |       | 00:00:52<br>DNF | 02:04:33<br>DNF | 03:22:48<br>DNF | DNF    | DNF      |         | DNF         | DNF         | -      | -    |
|      | KLISZ AGA                      | 18  |                                 | LUBLIN                 | POL  | K30  |        |       | 00:01:56<br>DNF | DNF             | DNF             | DNF    | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30**

| M-ce | Nazwisko i imię     | Nr  | Klub                                  | M-scowość            | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|---------------------------------------|----------------------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | KRUBA MARCIN        | 614 | JAROSŁAWSKA<br>GRUPA BIEGOWA<br>SOKÓŁ | JAROSŁAW             | POL  | M30  | 1      | M 4  | 00:00:34 | 01:21:08 | 02:02:35 | 02:36:47 | 03:12:03 |         | 03:31:45.45 | 03:31:45.45 | 4:44   | 12.6 |
| 2    | TOMASIK STANISŁAW   | 641 | GORLIICKA<br>GRUPA BIEGOWA            | SZYMBARK             | POL  | M30  | 2      | M 6  | 00:01:08 | 01:22:36 | 02:06:04 | 02:42:02 | 03:15:23 |         | 03:33:08.15 | 03:33:08.15 | 4:46   | 12.6 |
| 3    | ZUCHOWSKI DANIEL    | 770 | MUAY RUNNING<br>TEAM                  | KRAKÓW               |      | M30  | 3      | M 7  | 00:00:25 | 01:21:07 | 02:03:48 | 02:40:21 | 03:15:13 |         | 03:34:16.90 | 03:34:16.90 | 4:48   | 12.5 |
| 4    | PAWŁOWSKI ARKADIUSZ | 526 | ROCK&RUN                              | WARSZAWA             | POL  | M30  | 4      | M 9  | 00:00:36 | 01:23:12 | 02:06:59 | 02:43:43 | 03:20:13 |         | 03:39:52.90 | 03:39:52.90 | 4:55   | 12.2 |
| 5    | BAŁATKA KRZYSZTOF   | 389 | AZS WSGK<br>KUTNO                     | KUTNO                | POL  | M30  | 5      | M 12 | 00:00:29 | 01:26:09 | 02:10:55 | 02:46:15 | 03:22:59 |         | 03:43:43.25 | 03:43:43.25 | 5:00   | 12   |
| 6    | BARAN WOJTEK        | 215 | OKNOPLAST<br>RUNNING TEAM             | ZABAWA/WIE<br>LICZKA | POL  | M30  | 6      | M 13 | 00:00:30 | 01:22:13 | 02:07:30 | 02:45:56 | 03:24:13 |         | 03:46:05.50 | 03:46:05.50 | 5:04   | 11.8 |
| 7    | BIAŁOWĄS TOMASZ     | 520 | STAJNIA BALONA                        | RZESZÓW              | POL  | M30  | 7      | M 14 | 00:01:10 | 01:27:07 | 02:13:25 | 02:51:00 | 03:26:47 |         | 03:47:20.60 | 03:47:20.60 | 5:05   | 11.8 |
| 8    | KWIATKOWSKI MICHAEL | 56  |                                       | KRAKÓW               | POL  | M30  | 8      | M 15 | 00:00:32 | 01:24:45 | 02:09:47 | 02:48:06 | 03:27:16 |         | 03:48:35.85 | 03:48:35.85 | 5:07   | 11.7 |
| 9    | KUDŁAK PAWEŁ        | 567 | PORANNY<br>PATROL                     | KRAKÓW               | POL  | M30  | 9      | M 22 | 00:00:47 | 01:30:52 | 02:17:40 | 02:57:58 | 03:35:27 |         | 03:56:43.65 | 03:56:43.65 | 5:18   | 11.3 |
| 10   | PABIAN PAWEŁ        | 755 | WALKABOUT<br>TEAM                     | KRASNE               | POL  | M30  | 10     | M 27 | 00:01:23 | 01:28:39 | 02:17:33 | 02:59:17 | 03:37:21 |         | 03:59:17.40 | 03:59:17.40 | 5:21   | 11.2 |
| 11   | SZAPORÓW ŁUKASZ     | 100 | INFINITY-GYM                          | PROSZOWICE           | POL  | M30  | 11     | M 28 | 00:00:34 | 01:26:28 | 02:15:53 | 02:58:10 | 03:38:32 |         | 04:01:13.75 | 04:01:13.75 | 5:24   | 11.1 |
| 12   | KIMMER JAKUB        | 238 | BIEGING TEAM<br>ZELÓW                 | ZELÓW                | POL  | M30  | 12     | M 36 | 00:00:59 | 01:35:28 | 02:24:37 | 03:05:32 | 03:44:57 |         | 04:05:56.25 | 04:05:56.25 | 5:30   | 10.9 |
| 13   | PIĘKOŚ MAREK        | 736 |                                       | JEDLICZE             | POL  | M30  | 13     | M 38 | 00:01:19 | 01:32:32 | 02:21:37 | 03:04:21 | 03:45:35 |         | 04:08:10.70 | 04:08:10.70 | 5:33   | 10.8 |
| 14   | GOŁĄB MAREK         | 216 | STAY INSANE                           | LUBLIN               | POL  | M30  | 14     | M 41 | 00:00:42 | 01:34:10 | 02:25:56 | 03:09:48 | 03:48:47 |         | 04:10:06.90 | 04:10:06.90 | 5:36   | 10.7 |
| 15   | BRENDZOWSKI ADAM    | 69  | SOLINATEAM /<br>RUNONLINETEAM         | POLAŃCZYK            | POL  | M30  | 15     | M 42 | 00:00:58 | 01:33:10 | 02:22:57 | 03:06:28 | 03:48:41 |         | 04:11:01.55 | 04:11:01.55 | 5:37   | 10.7 |
| 16   | ŚLĘCZKA DAMIAN      | 193 | BIOMEDYCYNĄ<br>SP. Z O.O.<br>RZESZÓW  | RZESZÓW              | POL  | M30  | 16     | M 45 | 00:01:16 | 01:34:42 | 02:26:00 | 03:09:17 | 03:49:45 |         | 04:11:37.35 | 04:11:37.35 | 5:38   | 10.6 |
| 17   | KALINOWSKI ŁUKASZ   | 16  |                                       | WARSZAWA             | POL  | M30  | 17     | M 46 | 00:00:49 | 01:36:49 | 02:28:08 | 03:10:43 | 03:50:20 |         | 04:12:03.25 | 04:12:03.25 | 5:39   | 10.6 |
| 18   | TAJCHMAN JAROSŁAW   | 686 |                                       | RZESZÓW              | POL  | M30  | 18     | M 48 | 00:01:16 | 01:38:55 | 02:31:19 | 03:11:45 | 03:50:21 |         | 04:12:07.70 | 04:12:07.70 | 5:39   | 10.6 |
| 19   | DYREK MICHAŁ        | 653 | MOK MSZANA<br>DOLNA                   | MSZANA<br>GÓRNA      | POL  | M30  | 19     | M 50 | 00:00:51 | 01:31:10 | 02:22:55 | 03:06:43 | 03:48:42 |         | 04:12:16.70 | 04:12:16.70 | 5:39   | 10.6 |
| 20   | ROHAN ŁUKASZ        | 44  | PRZEMYSKI KLUB<br>BIEGACZA            | PRZEMYŚL             | POL  | M30  | 20     | M 54 | 00:00:48 | 01:27:52 | 02:19:39 | 03:06:06 | 03:51:25 |         | 04:16:23.50 | 04:16:23.50 | 5:44   | 10.4 |
| 21   | FUS MACIEJ          | 148 |                                       | RZESZÓW              | POL  | M30  | 21     | M 56 | 00:00:45 | 01:34:11 | 02:24:02 | 03:10:32 | 03:53:16 |         | 04:17:32.65 | 04:17:32.65 | 5:46   | 10.4 |
| 22   | DYREK MATEUSZ       | 566 |                                       | MSZANA<br>GÓRNA      | POL  | M30  | 22     | M 57 | 00:00:51 | 01:33:58 | 02:25:54 | 03:10:51 | 03:54:08 |         | 04:18:23.00 | 04:18:23.00 | 5:47   | 10.4 |
| 23   | BEREŚ ARKADIUSZ     | 741 | STUDIO REBELL                         | RZESZÓW              | POL  | M30  | 23     | M 58 | 00:00:33 | 01:35:02 | 02:32:18 | 03:16:17 | 03:57:11 |         | 04:18:30.00 | 04:18:30.00 | 5:47   | 10.4 |
| 24   | WOLSKI MARCIN       | 465 | WOLSCY<br>BROTHERS<br>TRIATHLON TEAM  | KRAKÓW               | POL  | M30  | 24     | M 61 | 00:00:45 | 01:37:29 | 02:28:08 | 03:12:26 | 03:56:27 |         | 04:20:06.80 | 04:20:06.80 | 5:49   | 10.3 |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                              | M-scowość          | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|-----------------------------------|--------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 25   | DELEKTA DARIUSZ      | 235 | DELNOVA                           | ŁOWISKO            | POL  | M30  | 25     | M 62  | 00:01:40 | 01:39:16 | 02:33:08 | 03:17:25 |          |         | 04:20:11.20 | 04:20:11.20 | 5:50   | 10.3 |
| 26   | FIGLEWICZ PIOTR      | 572 |                                   | MYSLENICE          | POL  | M30  | 26     | M 64  | 00:03:26 | 01:45:35 | 02:40:48 | 03:20:26 |          |         | 04:21:25.10 | 04:21:25.10 | 5:51   | 10.2 |
| 27   | ZUREK PAWEŁ          | 15  |                                   | HULL               | GBR  | M30  | 27     | M 65  | 00:00:34 | 01:31:20 | 02:26:17 | 03:12:18 | 03:56:07 |         | 04:22:18.70 | 04:22:18.70 | 5:52   | 10.2 |
| 28   | ŁAKOMY TOMASZ        | 45  | DACZA TURYSTY I BIEGACZA ZAKOPANE | OLESZYCE           | POL  | M30  | 28     | M 66  | 00:00:57 | 01:37:24 | 02:29:26 | 03:15:25 |          |         | 04:23:05.55 | 04:23:05.55 | 5:53   | 10.2 |
| 29   | ŁUKASIK MICHAŁ       | 286 | VELOBIKE SKLEP I SERWIS           | BUSKO-ZDRÓJ        | POL  | M30  | 29     | M 67  | 00:00:47 | 01:37:17 | 02:30:38 | 03:16:34 |          |         | 04:23:38.65 | 04:23:38.65 | 5:54   | 10.2 |
| 30   | JANECKA ARTUR        | 239 | BIEGING TEAM ZELÓW                | ŁASK               | POL  | M30  | 30     | M 68  | 00:02:07 | 01:37:01 | 02:29:05 | 03:15:20 |          |         | 04:24:40.05 | 04:24:40.05 | 5:56   | 10.1 |
| 31   | GAWRON MARCIN        | 521 | ROOKS TEAM / IDEO ACTIVE TEAM     | NOWY BOREK         | POL  | M30  | 31     | M 69  | 00:00:47 | 01:36:51 | 02:28:43 | 03:17:46 |          |         | 04:25:17.25 | 04:25:17.25 | 5:56   | 10.1 |
| 32   | POPIEL ANDRZEJ       | 705 | POPSMART.PL                       | KRAKÓW             | POL  | M30  | 32     | M 72  | 00:00:33 | 01:31:26 | 02:23:04 | 03:16:43 |          |         | 04:26:30.00 | 04:26:30.00 | 5:58   | 10   |
| 33   | GUZIK ŁUKASZ         | 771 |                                   | ŁYSOKANIE          |      | M30  | 33     | M 73  | 00:01:25 | 01:41:45 | 02:35:49 | 03:19:06 |          |         | 04:26:34.30 | 04:26:34.30 | 5:58   | 10   |
| 34   | KLIMEK MATEUSZ       | 199 |                                   | SZCZECIN           | POL  | M30  | 34     | M 77  | 00:00:48 | 01:36:01 | 02:30:20 | 03:19:01 | 04:03:20 |         | 04:29:28.00 | 04:29:28.00 | 6:02   | 9.9  |
| 35   | BIESZCZAD MATEUSZ    | 295 | NOWY STYL GROUP RUNNING TEAM      | WOJASZÓWKA         | POL  | M30  | 35     | M 82  | 00:02:23 | 01:41:29 | 02:34:30 | 03:19:45 | 04:04:59 |         | 04:32:20.70 | 04:32:20.70 | 6:06   | 9.8  |
| 36   | DĄBROWICZ JAKUB      | 548 |                                   | KOMORNIKI          | POL  | M30  | 36     | M 84  | 00:00:44 | 01:40:49 | 02:37:16 | 03:23:49 | 04:07:52 |         | 04:32:48.05 | 04:32:48.05 | 6:06   | 9.8  |
| 37   | REJ MIROSLAW         | 445 | M&T WYJADACZE PARÓWKÓW            | MIELEC             | POL  | M30  | 37     | M 86  | 00:00:41 | 01:36:22 | 02:27:30 | 03:18:22 | 04:08:39 |         | 04:35:02.50 | 04:35:02.50 | 6:10   | 9.7  |
| 38   | STACHURSKI PIOTR     | 673 |                                   | JEDLNA LETNISKO    | POL  | M30  | 38     | M 89  | 00:00:37 | 01:33:06 | 02:29:51 | 03:22:18 | 04:11:44 |         | 04:37:30.50 | 04:37:30.50 | 6:13   | 9.6  |
| 39   | GRABIEC MARCIN       | 627 |                                   | KOLBUSZÓWKA        | POL  | M30  | 39     | M 90  | 00:02:11 | 01:36:52 | 02:31:30 | 03:20:12 | 04:09:42 |         | 04:37:33.20 | 04:37:33.20 | 6:13   | 9.6  |
| 40   | SARKA BARTŁOMIEJ     | 86  |                                   | RABKA-ZDRÓJ        | POL  | M30  | 40     | M 91  | 00:01:39 | 01:44:40 | 02:43:27 | 03:31:11 | 04:13:44 |         | 04:37:34.75 | 04:37:34.75 | 6:13   | 9.6  |
| 41   | AGRES PAWEŁ          | 217 | KW KOTŁOWNIA                      | LUBLIN             | POL  | M30  | 41     | M 94  | 00:01:03 | 01:41:21 | 02:36:59 | 03:30:27 | 04:15:01 |         | 04:38:06.55 | 04:38:06.55 | 6:14   | 9.6  |
| 42   | GUDOWSKI KRYSZTIAN   | 623 |                                   | SANOK              | POL  | M30  | 42     | M 95  | 00:01:48 | 01:50:46 | 02:45:16 | 03:32:20 | 04:15:28 |         | 04:38:08.90 | 04:38:08.90 | 6:14   | 9.6  |
| 43   | GRĘBOWIEC MATEUSZ    | 282 | TSA SANDOMIERZ                    | SANDOMIERZ         | POL  | M30  | 43     | M 99  | 00:01:45 | 01:41:11 | 02:36:40 | 03:29:27 | 04:15:29 |         | 04:40:53.40 | 04:40:53.40 | 6:17   | 9.5  |
| 44   | NALAZEK MARCIN       | 67  | PIASECZNO RUNNING                 | WARSZAWA           | POL  | M30  | 44     | M 100 | 00:02:00 | 01:42:01 | 02:39:00 | 03:29:14 | 04:15:24 |         | 04:41:25.25 | 04:41:25.25 | 6:18   | 9.5  |
| 45   | BARAN MATEUSZ        | 283 | GORLICKA GRUPA BIEGOWA            | SZYMBARK           | POL  | M30  | 45     | M 107 | 00:01:55 | 01:49:04 | 02:48:40 | 03:37:19 | 04:20:50 |         | 04:43:30.00 | 04:43:30.00 | 6:21   | 9.4  |
| 46   | MYŚLIWIEC ROBERT     | 522 | WILD & FREE                       | RZESZÓW            | POL  | M30  | 46     | M 109 | 00:02:16 | 01:44:23 | 02:43:22 | 03:32:44 | 04:18:57 |         | 04:44:13.65 | 04:44:13.65 | 6:22   | 9.4  |
| 47   | POTONIEC GRZEGORZ    | 117 | RODZEŃSTWO                        | WARSZAWA, LIMANOWA | POL  | M30  | 47     | M 111 | 00:01:14 | 01:40:06 | 02:42:42 | 03:38:13 | 04:21:04 |         | 04:46:17.75 | 04:46:17.75 | 6:25   | 9.3  |
| 48   | JÓZWIAK RAFAŁ        | 68  |                                   | WARSZAWA           | POL  | M30  | 48     | M 113 | 00:02:04 | 01:47:05 | 02:43:53 | 03:37:44 | 04:22:05 |         | 04:47:19.65 | 04:47:19.65 | 6:26   | 9.3  |
| 49   | GAWORECKI TOMASZ     | 47  | POZYTYWNE ZABIEGANI SANOK         | SANOK              | POL  | M30  | 49     | M 114 | 00:02:49 | 01:53:18 | 02:51:10 | 03:40:33 | 04:23:16 |         | 04:47:48.65 | 04:47:48.65 | 6:27   | 9.3  |
| 50   | WNUK NORBERT         | 174 | PRZEMYSKI KLUB BIEGACZA           | PRZEMYŚL           | POL  | M30  | 50     | M 116 | 00:02:25 | 01:44:43 | 02:46:03 | 03:38:43 | 04:23:01 |         | 04:47:53.00 | 04:47:53.00 | 6:27   | 9.3  |
| 51   | WETHACZ DARIUSZ      | 763 |                                   | CISNA              |      | M30  | 51     | M 118 | 00:01:43 | 01:49:45 | 02:51:34 | 03:42:19 | 04:24:50 |         | 04:49:00.50 | 04:49:00.50 | 6:28   | 9.3  |
| 52   | DZIRBA TOMASZ        | 332 |                                   | NIEMCE             | POL  | M30  | 52     | M 119 | 00:01:21 | 01:52:35 | 02:49:26 | 03:38:56 | 04:23:47 |         | 04:49:27.95 | 04:49:27.95 | 6:29   | 9.2  |
| 53   | MENDYKA ŁUKASZ       | 171 | KB AKTYWNI ŚRODA WLKP.            | ŚRODA WLKP.        | POL  | M30  | 53     | M 120 | 00:03:00 | 01:44:46 | 02:41:44 | 03:34:03 | 04:22:13 |         | 04:49:28.25 | 04:49:28.25 | 6:29   | 9.2  |
| 54   | CHRUŚCIEL MICHAŁ     | 354 | FARTLEK GO                        | GORZYCE            | POL  | M30  | 54     | M 121 | 00:01:34 | 01:43:25 | 02:43:54 | 03:36:15 | 04:23:15 |         | 04:49:29.80 | 04:49:29.80 | 6:29   | 9.2  |
| 55   | TROJNAR DAMIAN       | 661 | KS JANUSZE                        | ŁANCUT             | POL  | M30  | 55     | M 122 | 00:01:32 | 01:45:37 | 02:44:42 | 03:38:58 | 04:24:33 |         | 04:49:30.75 | 04:49:30.75 | 6:29   | 9.2  |
| 56   | KOSIN PAWEŁ          | 75  | KLUB BIEGAJĄCYCH LEŚNIKÓW         | KIELCE             | POL  | M30  | 56     | M 124 | 00:01:11 | 01:49:03 | 02:46:51 | 03:37:15 | 04:24:20 |         | 04:49:32.50 | 04:49:32.50 | 6:29   | 9.2  |
| 57   | MACHNICKI RAFAŁ      | 285 |                                   | RYKI               | POL  | M30  | 57     | M 125 | 00:00:45 | 01:44:45 | 02:42:32 | 03:35:50 | 04:22:39 |         | 04:50:20.85 | 04:50:20.85 | 6:30   | 9.2  |
| 58   | JASNOWSKI MICHAŁ     | 675 |                                   | WARSZAWA           | POL  | M30  | 58     | M 126 | 00:01:02 | 01:44:38 | 02:43:24 | 03:37:42 | 04:24:39 |         | 04:50:31.70 | 04:50:31.70 | 6:30   | 9.2  |
| 59   | KOWALCZYK ALEKSANDER | 559 |                                   | DZIAŁOSZYCE        | POL  | M30  | 59     | M 127 | 00:03:02 | 01:47:44 | 02:47:20 | 03:41:28 | 04:26:05 |         | 04:50:38.45 | 04:50:38.45 | 6:30   | 9.2  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 60   | JĘDZURA DANIEL      | 22  | NIGHT RUNNERS<br>GLIWICE                             | GLIWICE             | POL  | M30  | 60     | M 139 | 00:02:53 | 01:47:48 | 02:48:37 | 03:40:58 | 04:27:27 |         | 04:55:09.30 | 04:55:09.30 | 6:37   | 9.1  |
| 61   | MIKOLAJCZYK LUKASZ  | 557 |  | CZELADŹ             | POL  | M30  | 61     | M 140 | 00:01:01 | 01:48:40 | 02:47:13 | 03:40:51 | 04:27:36 |         | 04:55:30.80 | 04:55:30.80 | 6:37   | 9.1  |
| 62   | BARAN ZBIGNIEW      | 208 | (OB)LEŚNI<br>BIEGACZE                                | KRAKÓW              | POL  | M30  | 62     | M 151 | 00:02:27 | 01:54:29 | 02:56:56 | 03:45:44 | 04:31:34 |         | 04:57:00.50 | 04:57:00.50 | 6:39   | 9    |
| 63   | ROGAŁA KRYSZTIAN    | 663 | MTS HAMER  | MIĄSTKO             | POL  | M30  | 63     | M 157 | 00:01:04 | 01:48:55 | 02:50:15 | 03:44:48 | 04:32:14 |         | 04:57:41.95 | 04:57:41.95 | 6:40   | 9    |
| 64   | DUCKI PIOTR         | 762 |  | POLKOWICE           |      | M30  | 64     | M 158 | 00:02:08 | 01:53:37 | 02:58:11 | 03:46:23 | 04:32:39 |         | 04:58:32.45 | 04:58:32.45 | 6:41   | 9    |
| 65   | MARUKIEWICZ MAREK   | 628 | BIEGAMDLAZDRO<br>WIA.PL                              | JEŹÓW<br>SUDECKI    | POL  | M30  | 65     | M 160 | 00:02:44 | 01:48:34 | 02:51:41 | 03:48:53 | 04:33:38 |         | 04:58:39.00 | 04:58:39.00 | 6:41   | 9    |
| 66   | CZARNECKI PIOTR     | 335 | TARCHOŚFIRY  | WARSZAWA            | POL  | M30  | 66     | M 161 | 00:01:26 | 01:50:35 | 02:53:08 | 03:47:00 | 04:34:24 |         | 04:58:48.45 | 04:58:48.45 | 6:41   | 9    |
| 67   | KALBARCZYK WOJCIECH | 602 | ADIDAS<br>RUNNERS<br>WARSAW                          | WARSZAWA            | POL  | M30  | 67     | M 162 | 00:01:43 | 01:49:31 | 02:52:14 | 03:46:04 | 04:32:28 |         | 04:59:30.10 | 04:59:30.10 | 6:42   | 8.9  |
| 68   | RECZEK SEBASTIAN    | 724 | KS<br>ZIELONO-CZARNI                                 | MIŃSK<br>MAZOWIECKI | POL  | M30  | 68     | M 163 | 00:02:05 | 01:49:21 | 02:48:08 | 03:43:44 | 04:35:03 |         | 04:59:30.30 | 04:59:30.30 | 6:42   | 8.9  |
| 69   | KONDZIOŁA KRZYSZTOF | 544 | STAY INSANE /<br>PERFECT<br>RUNNER LUBLIN            | LUBLIN              | POL  | M30  | 69     | M 165 | 00:01:25 | 01:53:48 | 03:00:02 | 03:51:17 | 04:36:47 |         | 04:59:58.35 | 04:59:58.35 | 6:43   | 8.9  |
| 70   | JAKUBOWSKI JAKUB    | 505 | NASTUKOŁKI   | RZESZÓW             | POL  | M30  | 70     | M 167 | 00:01:40 | 01:55:37 | 02:59:10 | 03:51:14 | 04:36:44 |         | 05:01:56.80 | 05:01:56.80 | 6:46   | 8.9  |
| 71   | SZYSZŁO TOMASZ      | 53  | POZYTYWNE<br>ZABIEGANI<br>SANOK / RUN<br>ENERGY CLUB | SANOK               | POL  | M30  | 71     | M 172 | 00:01:47 | 01:52:08 | 02:51:13 | 03:48:24 | 04:37:09 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 72   | KRÓŁAK SEBASTIAN    | 594 |  | KRAKÓW              | POL  | M30  | 72     | M 175 | 00:02:58 | 01:49:13 | 02:51:03 | 03:46:27 | 04:35:44 |         | 05:05:11.00 | 05:05:11.00 | 6:50   | 8.8  |
| 73   | WŁODEK MATEUSZ      | 184 |  | POZNAN              | POL  | M30  | 73     | M 176 | 00:02:49 | 01:56:56 | 02:57:19 | 03:51:08 | 04:39:26 |         | 05:05:16.55 | 05:05:16.55 | 6:50   | 8.8  |
| 74   | KULIGA SŁAWOMIR     | 650 | POSMAKUJ RUN<br>TEAM                                 | KROSNO              | POL  | M30  | 74     | M 178 | 00:00:55 | 01:39:13 | 02:46:21 | 03:44:05 | 04:34:23 |         | 05:05:17.45 | 05:05:17.45 | 6:50   | 8.8  |
| 75   | NIERADA MARCIN      | 43  |  | KATOWICE            | POL  | M30  | 75     | M 179 | 00:01:04 | 01:44:13 | 02:46:06 | 03:42:50 | 04:34:33 |         | 05:05:18.30 | 05:05:18.30 | 6:50   | 8.8  |
| 76   | ADAMCZAK MICHAŁ     | 454 | BIEGAJ BEZ<br>KOŃCA                                  | MIELEC              | POL  | M30  | 76     | M 184 | 00:02:29 | 01:52:25 | 02:53:29 | 03:49:07 | 04:40:47 |         | 05:06:25.75 | 05:06:25.75 | 6:52   | 8.7  |
| 77   | MĘDRYGAŁ PIOTR      | 401 | GJ GOPR  | MYSŁOWICE           | POL  | M30  | 77     | M 188 | 00:03:22 | 01:52:43 | 02:50:04 | 03:47:13 | 04:39:12 |         | 05:08:28.65 | 05:08:28.65 | 6:54   | 8.7  |
| 78   | BRZozowski ŁUKASZ   | 315 | STEFAN TEAM  | STAŁOWA<br>WOLA     | POL  | M30  | 78     | M 190 | 00:01:48 | 01:51:47 | 02:55:16 | 03:53:09 | 04:40:44 |         | 05:08:35.65 | 05:08:35.65 | 6:55   | 8.7  |
| 79   | PELA DARIUSZ        | 535 | TMT TORUŃ  | TORUŃ               | POL  | M30  | 79     | M 192 | 00:01:04 | 01:49:41 | 02:50:19 | 03:51:03 | 04:40:36 |         | 05:10:30.50 | 05:10:30.50 | 6:57   | 8.6  |
| 80   | DZIERŁĘGA PIOTR     | 255 | PILZNO   | PILZNO              | POL  | M30  | 80     | M 194 | 00:02:40 | 01:46:52 | 02:51:15 | 03:48:48 | 04:40:06 |         | 05:10:35.30 | 05:10:35.30 | 6:57   | 8.6  |
| 81   | ŁĘCKI PIOTR         | 32  | NIGHT RUNNERS<br>GLIWICE                             | GLIWICE             | POL  | M30  | 81     | M 197 | 00:02:54 | 01:54:20 | 02:55:41 | 03:53:21 | 04:41:44 |         | 05:11:17.10 | 05:11:17.10 | 6:58   | 8.6  |
| 82   | PASTUŁA ŁUKASZ      | 10  |  | KOLBUSZOW<br>A      | POL  | M30  | 82     | M 199 | 00:00:55 | 01:44:27 | 02:47:15 | 03:45:50 | 04:42:04 |         | 05:11:19.05 | 05:11:19.05 | 6:58   | 8.6  |
| 83   | PIWOŃSKI ADAM       | 405 |  | GÓRA<br>KALWARIA    | POL  | M30  | 83     | M 200 | 00:02:29 | 01:54:26 | 02:56:58 | 03:53:10 | 04:42:21 |         | 05:11:19.35 | 05:11:19.35 | 6:58   | 8.6  |
| 84   | MIŚKÓW MARCIN       | 308 |  | ŻORY                | POL  | M30  | 84     | M 202 | 00:01:29 | 01:54:52 | 02:59:06 | 03:57:14 | 04:43:30 |         | 05:11:23.35 | 05:11:23.35 | 6:58   | 8.6  |
| 85   | BURBLIS ŁUKASZ      | 539 | BIEGING TEAM<br>ZELÓW                                | ŁASK                | POL  | M30  | 85     | M 208 | 00:02:13 | 01:50:46 | 02:54:11 | 03:50:23 | 04:40:39 |         | 05:12:29.60 | 05:12:29.60 | 7:00   | 8.6  |
| 86   | STEFANIAK MACIEJ    | 690 | GRUNWALD<br>TEAM POZNAŃ                              | POZNAŃ              | POL  | M30  | 86     | M 211 | 00:01:14 | 02:01:40 | 03:11:57 | 04:04:57 | 04:49:20 |         | 05:14:00.85 | 05:14:00.85 | 7:02   | 8.5  |
| 87   | FORJASZ PRZEMYSŁAW  | 97  |  | RZESZÓW             | POL  | M30  | 87     | M 215 | 00:01:10 | 01:52:54 | 03:11:12 | 04:03:55 | 04:49:29 |         | 05:15:03.65 | 05:15:03.65 | 7:03   | 8.5  |
| 88   | BUSZ JACEK          | 146 |  | RZESZOW             | POL  | M30  | 88     | M 217 | 00:01:14 | 01:51:46 | 02:53:22 | 03:50:43 | 04:45:46 |         | 05:15:45.35 | 05:15:45.35 | 7:04   | 8.5  |
| 89   | PARWA MICHAŁ        | 83  | @BIEGIEMNARO<br>WER                                  | DZIEKANOWI<br>CE    | POL  | M30  | 89     | M 220 | 00:00:50 | 01:51:05 | 03:00:57 | 04:02:07 | 04:50:58 |         | 05:17:17.00 | 05:17:17.00 | 7:06   | 8.4  |
| 90   | GIERULA PIOTR       | 137 | GREINPLAST<br>RZESZÓW                                | RZESZÓW             | POL  | M30  | 90     | M 222 | 00:01:12 | 01:54:54 | 03:11:21 | 04:03:54 | 04:50:29 |         | 05:17:19.60 | 05:17:19.60 | 7:06   | 8.4  |
| 91   | DUDEK ŁUKASZ        | 392 |  | RZESZÓW             | POL  | M30  | 91     | M 226 | 00:02:07 | 01:55:01 | 03:02:48 | 04:03:59 | 04:52:42 |         | 05:19:10.20 | 05:19:10.20 | 7:09   | 8.4  |
| 92   | KIERNICKI ŁUKASZ    | 140 | FUN&RUN  | CZUDEC              | POL  | M30  | 92     | M 231 | 00:03:22 | 01:58:20 | 03:03:12 | 04:03:20 | 04:52:36 |         | 05:20:00.50 | 05:20:00.50 | 7:10   | 8.4  |
| 93   | DRAUŚ BORYS         | 398 |  | KRASNE              | POL  | M30  | 93     | M 233 | 00:01:42 | 01:59:21 | 03:09:45 | 04:02:30 | 04:51:32 |         | 05:20:02.95 | 05:20:02.95 | 7:10   | 8.4  |
| 94   | ZIMAK SEBASTIAN     | 124 | SANOK RUBBER<br>RUNNING                              | POSADA<br>ZARZYŃSKA | POL  | M30  | 94     | M 236 | 00:01:39 | 01:53:06 | 03:00:43 | 04:02:09 | 04:52:24 |         | 05:21:33.45 | 05:21:33.45 | 7:12   | 8.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30 c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                               | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|-----|------------------------------------|-------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 95   | JAROSZ JARZEWSKI<br>MATEUSZ | 320 |                                    | WARSZAWA                | POL  | M30  | 95     | M 237 | 00:02:05 | 01:52:27 | 02:58:14 | 03:55:08 | 04:50:40 |         | 05:22:23.40 | 05:22:23.40 | 7:13   | 8.3  |
| 96   | ŁUKASIAK ADAM               | 152 | ADAM ŁUKASIAK                      | WARSZAWA                | POL  | M30  | 96     | M 241 | 00:01:31 | 01:52:36 | 03:05:31 | 04:08:31 | 04:55:15 |         | 05:23:37.65 | 05:23:37.65 | 7:15   | 8.3  |
| 97   | SOBIECH MARCIN              | 373 | GO GARWOLIN:D                      | GARWOLIN                | POL  | M30  | 97     | M 242 | 00:02:49 | 01:54:36 | 03:02:49 | 04:03:29 | 04:53:09 |         | 05:25:29.25 | 05:25:29.25 | 7:17   | 8.2  |
| 98   | KOCZUR JAKUB                | 429 | NOWA HUTA<br>TEAM                  | KRAKÓW                  | POL  | M30  | 98     | M 243 | 00:02:29 | 01:54:39 | 03:00:32 | 04:04:19 | 04:55:01 |         | 05:26:18.30 | 05:26:18.30 | 7:18   | 8.2  |
| 99   | KARAS ŁUKASZ                | 725 | EKIPA Z<br>TARNOWA                 | TARNÓW                  | POL  | M30  | 99     | M 244 | 00:03:07 | 01:55:02 | 03:04:11 | 04:02:26 | 04:56:06 |         | 05:26:31.85 | 05:26:31.85 | 7:19   | 8.2  |
| 100  | WOŹNIAK ŁUKASZ              | 379 | PORANNY<br>PATROL                  | KRAKÓW                  | POL  | M30  | 100    | M 247 | 00:03:14 | 01:58:04 | 03:09:38 | 04:07:04 | 04:56:36 |         | 05:26:37.05 | 05:26:37.05 | 7:19   | 8.2  |
| 101  | GRANDA PAWEŁ                | 412 | 12 DAPLOT<br>JAROSŁAW              | ZARZECZE                | POL  | M30  | 101    | M 248 | 00:01:49 | 01:55:54 | 03:05:42 | 04:05:42 | 04:57:28 |         | 05:26:39.80 | 05:26:39.80 | 7:19   | 8.2  |
| 102  | BAŁCHAN KRZYSZTOF           | 77  | CPR RZESZÓW                        | CZUDEC                  | POL  | M30  | 102    | M 254 | 00:01:40 | 01:47:47 | 02:53:43 | 03:55:30 | 04:54:05 |         | 05:28:38.80 | 05:28:38.80 | 7:22   | 8.1  |
| 103  | STRZAŁKA DOMINIK            | 608 |                                    | BRZEŹNICA               | POL  | M30  | 103    | M 255 | 00:01:44 | 01:55:45 | 03:06:09 | 04:04:40 | 04:56:07 |         | 05:28:43.30 | 05:28:43.30 | 7:22   | 8.1  |
| 104  | LUTEREK MICHAŁ              | 688 |                                    | WARSZAWA                | POL  | M30  | 104    | M 260 | 00:03:38 | 02:00:06 | 03:12:34 | 04:07:45 | 04:58:57 |         | 05:29:33.50 | 05:29:33.50 | 7:23   | 8.1  |
| 105  | GOŹDZIENIAK SOBIESŁAW       | 229 | KW KOTŁOWNIA                       | LUBLIN                  | POL  | M30  | 105    | M 262 | 00:01:03 | 01:53:12 | 03:03:19 | 04:07:11 | 04:59:14 |         | 05:31:14.70 | 05:31:14.70 | 7:25   | 8.1  |
| 106  | ANDRZEJEWSKI PIOTR          | 624 | RRT                                | WARSZAWA                | POL  | M30  | 106    | M 263 | 00:03:25 | 01:59:55 | 03:06:06 | 04:04:29 | 05:00:11 |         | 05:31:15.80 | 05:31:15.80 | 7:25   | 8.1  |
| 107  | ZIÓLKOWSKI KRZYSZTOF        | 402 | JA I ONA                           | GRUDZIĄDZ               | POL  | M30  | 107    | M 264 | 00:03:29 | 02:04:19 | 03:12:15 | 04:10:08 | 05:01:56 |         | 05:31:16.70 | 05:31:16.70 | 7:25   | 8.1  |
| 108  | ROJEK MACIEJ                | 693 |                                    | KRAKÓW                  | POL  | M30  | 108    | M 268 | 00:01:08 | 01:55:00 | 03:05:58 | 04:11:31 | 05:02:01 |         | 05:32:02.80 | 05:32:02.80 | 7:26   | 8.1  |
| 109  | BERNAŚ DARIUSZ              | 82  | BSCZADY                            | WETLINA                 | POL  | M30  | 109    | M 270 | 00:01:32 | 02:02:16 | 03:12:04 | 04:11:49 | 05:04:13 |         | 05:33:48.80 | 05:33:48.80 | 7:29   | 8    |
| 110  | CICHORACKI PATRYK           | 230 | NIGHT RUNNERS                      | GRUDZIĄDZ               | POL  | M30  | 110    | M 271 | 00:02:41 | 01:56:01 | 03:03:03 | 04:08:44 | 05:02:08 |         | 05:33:52.75 | 05:33:52.75 | 7:29   | 8    |
| 111  | JAKUSZEWSKI PAWEŁ           | 323 |                                    | JAROSŁAW                | POL  | M30  | 111    | M 274 | 00:02:39 | 02:04:55 | 03:11:54 | 04:13:42 | 05:06:36 |         | 05:36:17.40 | 05:36:17.40 | 7:32   | 8    |
| 112  | ZAJĄC WOJCIECH              | 617 | DŁUGOUCHY                          | USTRYKI<br>DOLNE        | POL  | M30  | 112    | M 275 | 00:02:22 | 02:03:09 | 03:19:11 | 04:17:27 | 05:07:40 |         | 05:36:28.75 | 05:36:28.75 | 7:32   | 8    |
| 113  | KUŚ SŁAWOMIR                | 369 |                                    | CZUDEC                  | POL  | M30  | 113    | M 281 | 00:01:13 | 01:52:06 | 03:08:40 | 04:13:56 | 05:06:15 |         | 05:38:19.10 | 05:38:19.10 | 7:35   | 7.9  |
| 114  | GWIZDAK BARTOSZ             | 652 | PIJEBIMBERNONS<br>TOP              | BOGUCHWAŁ<br>A          | POL  | M30  | 114    | M 283 | 00:01:15 | 01:56:32 | 03:08:39 | 04:13:55 | 05:07:43 |         | 05:38:24.35 | 05:38:24.35 | 7:35   | 7.9  |
| 115  | BARADZIEJ BARTŁOMIEJ        | 515 | TERMINAL<br>LOGISTYCZNY<br>PROMONT | TYCHY                   | POL  | M30  | 115    | M 284 | 00:01:06 | 01:57:44 | 03:07:30 | 04:13:00 | 05:08:41 |         | 05:40:42.40 | 05:40:42.40 | 7:38   | 7.9  |
| 116  | BLACHA JAROSŁAW             | 517 |                                    | BIŁGORAJ                | POL  | M30  | 116    | M 285 | 00:01:27 | 02:00:21 | 03:09:58 | 04:12:14 | 05:08:07 |         | 05:40:54.15 | 05:40:54.15 | 7:38   | 7.8  |
| 117  | ZWOLAK GRZEGORZ             | 328 |                                    | JAROSŁAW                | POL  | M30  | 117    | M 286 | 00:02:39 | 02:04:40 | 03:16:36 | 04:20:10 | 05:10:31 |         | 05:41:32.85 | 05:41:32.85 | 7:39   | 7.8  |
| 118  | BIEL ŁUKASZ                 | 376 |                                    | WARSAW                  | POL  | M30  | 118    | M 288 | 00:02:46 | 02:07:18 | 03:27:21 | 04:24:12 | 05:13:09 |         | 05:41:41.40 | 05:41:41.40 | 7:39   | 7.8  |
| 119  | DUDZIŃSKI PIOTR             | 355 |                                    | RZESZÓW                 | POL  | M30  | 119    | M 289 | 00:01:12 | 01:54:54 | 03:11:42 | 04:21:08 | 05:11:17 |         | 05:41:43.15 | 05:41:43.15 | 7:39   | 7.8  |
| 120  | KARKUT MICHAŁ               | 162 | FUN&RUN                            | ZABORÓW                 | POL  | M30  | 120    | M 290 | 00:02:38 | 01:58:55 | 03:11:38 | 04:21:07 | 05:11:20 |         | 05:41:43.90 | 05:41:43.90 | 7:39   | 7.8  |
| 121  | BOROWSKI IGOR               | 431 | MAKONDO TEAM                       | ZAMOŚĆ                  | POL  | M30  | 121    | M 293 | 00:01:13 | 01:57:29 | 03:10:24 | 04:16:52 | 05:12:06 |         | 05:43:00.70 | 05:43:00.70 | 7:41   | 7.8  |
| 122  | AMBICKI MIŁOSZ              | 635 | WKURW_TEAM                         | RZESZÓW                 | POL  | M30  | 122    | M 302 | 00:02:31 | 02:04:22 | 03:21:07 | 04:25:54 | 05:16:41 |         | 05:45:16.70 | 05:45:16.70 | 7:44   | 7.8  |
| 123  | RYCERSKI RAFAŁ              | 678 |                                    | CZAPLINEK               | POL  | M30  | 123    | M 306 | 00:01:36 | 02:04:29 | 03:20:56 | 04:28:03 | 05:17:32 |         | 05:46:36.80 | 05:46:36.80 | 7:46   | 7.7  |
| 124  | GWIZDZ GRZEGORZ             | 590 |                                    | RZESZÓW                 | POL  | M30  | 124    | M 307 | 00:01:10 | 01:52:54 | 03:11:20 | 04:21:08 | 05:14:32 |         | 05:46:39.85 | 05:46:39.85 | 7:46   | 7.7  |
| 125  | SOBCZAK HENRYK              | 523 | S.H.T I UKS<br>GIMPEL NOWY<br>TARG | NOWY TARG               | POL  | M30  | 125    | M 309 | 00:00:30 | 02:04:36 | 03:25:37 | 04:31:22 | 05:21:54 |         | 05:46:45.55 | 05:46:45.55 | 7:46   | 7.7  |
| 126  | DYSZKIEWICZ TOMASZ          | 436 | KUTNO BIEGA                        | KUTNO                   | POL  | M30  | 126    | M 311 | 00:01:41 | 02:03:23 | 03:17:47 | 04:24:06 | 05:15:50 |         | 05:47:53.00 | 05:47:53.00 | 7:48   | 7.7  |
| 127  | ŻMUDZIEJEWSKI JAKUB         | 587 | WM TRISELF                         | KRAKÓW                  | POL  | M30  | 127    | M 314 | 00:03:01 | 02:00:34 | 03:11:23 | 04:20:57 | 05:12:54 |         | 05:48:14.00 | 05:48:14.00 | 7:48   | 7.7  |
| 128  | PARTYKA MICHAŁ              | 30  |                                    | RZESZÓW                 | POL  | M30  | 128    | M 315 | 00:03:01 | 02:00:34 | 03:11:25 | 04:20:57 | 05:12:55 |         | 05:48:14.10 | 05:48:14.10 | 7:48   | 7.7  |
| 129  | MISZOGRAJ TOMASZ            | 480 |                                    | WARSZAWA                | POL  | M30  | 129    | M 316 | 00:03:01 | 02:00:33 | 03:11:24 | 04:20:55 | 05:12:53 |         | 05:48:14.15 | 05:48:14.15 | 7:48   | 7.7  |
| 130  | RYGLEWICZ TOMASZ            | 427 | NIGHT RUNNERS                      | JEDLICZE                | POL  | M30  | 130    | M 322 | 00:01:57 | 02:02:46 | 03:15:44 | 04:23:39 | 05:18:11 |         | 05:50:48.25 | 05:50:48.25 | 7:51   | 7.6  |
| 131  | JANICKI TOMASZ              | 222 | 21DAPLOT                           | JAROSŁAW                | POL  | M30  | 131    | M 325 | 00:02:31 | 02:06:34 | 03:19:22 | 04:25:03 | 05:18:15 |         | 05:51:05.85 | 05:51:05.85 | 7:52   | 7.6  |
| 132  | SĄDEJ MARCIN                | 89  | STAŁOWE DZIKI                      | STAŁOWA<br>WOLA         | POL  | M30  | 132    | M 327 | 00:01:39 | 01:59:51 | 03:12:42 | 04:25:02 | 05:18:17 |         | 05:51:09.80 | 05:51:09.80 | 7:52   | 7.6  |
| 133  | KOBYLIŃSKI MARIUSZ          | 79  | SST LUBCZA                         | WOLA<br>ZGŁOBIEŃSK<br>A | POL  | M30  | 133    | M 332 | 00:01:39 | 01:59:59 | 03:12:54 | 04:25:01 | 05:21:30 |         | 05:56:12.15 | 05:56:12.15 | 7:59   | 7.5  |
| 134  | MYGA MICHAŁ                 | 310 | HEARTLESS                          | KATOWICE                | POL  | M30  | 134    | M 342 | 00:03:22 | 02:11:51 | 03:22:34 | 04:36:18 | 05:28:49 |         | 05:57:29.40 | 05:57:29.40 | 8:00   | 7.5  |
| 135  | PIĄTEK RAFAŁ                | 123 | BEFIT24TEAM                        | KRAKÓW                  | POL  | M30  | 135    | M 343 | 00:02:36 | 02:01:27 | 03:17:30 | 04:27:02 | 05:26:46 |         | 05:57:30.80 | 05:57:30.80 | 8:00   | 7.5  |
| 136  | FLOREK MICHAŁ               | 735 | JW 6968                            | KRAKÓW                  | POL  | M30  | 136    | M 345 | 00:02:42 | 02:20:47 | 03:35:09 | 04:35:28 | 05:26:44 |         | 05:58:26.20 | 05:58:26.20 | 8:02   | 7.5  |
| 137  | MŁODZIK DARIUSZ             | 592 | HUSARIA RACE<br>TEAM               | ŁĄCZANY                 | POL  | M30  | 137    | M 350 | 00:03:08 | 01:58:27 | 03:08:13 | 04:25:14 | 05:22:41 |         | 05:58:36.00 | 05:58:36.00 | 8:02   | 7.5  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30 c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub   | M-scowość          | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|--|--------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 138  | POLAŃSKI PAWEŁ        | 749 | #KASZANIENAM<br>OKA  | GDAŃSK             | POL  | M30  | 138    | M 352 | 00:03:07 | 02:12:23 | 03:27:54 | 04:31:32 | 05:25:16 |         | 05:59:08.75 | 05:59:08.75 | 8:03   | 7.5  |
| 139  | CHLEBIŃSKI MACIEJ     | 615 | RZESZOWSKIE<br>GAZELE I<br>GEPARDY                         | RZESZÓW            | POL  | M30  | 139    | M 361 | 00:02:55 | 02:02:48 | 03:17:45 | 04:31:06 | 05:29:32 |         | 06:01:32.55 | 06:01:32.55 | 8:06   | 7.4  |
| 140  | BUKAŁA TOMASZ         | 254 |  | WARSZAWA           | POL  | M30  | 140    | M 363 | 00:02:12 | 01:57:15 | 03:13:08 | 04:35:39 | 05:31:44 |         | 06:01:55.65 | 06:01:55.65 | 8:06   | 7.4  |
| 141  | CZUBA MICHAŁ          | 251 |  | LIGOTA<br>ZAMECKA  | POL  | M30  | 141    | M 364 | 00:01:06 | 02:08:08 | 03:26:32 | 04:35:50 | 05:33:25 |         | 06:02:26.35 | 06:02:26.35 | 8:07   | 7.4  |
| 142  | CIESZKO MAREK         | 317 | KW WARSZAWA  | WARSZAWA           | POL  | M30  | 142    | M 365 | 00:04:48 | 02:18:18 | 03:38:07 | 04:38:50 | 05:34:30 |         | 06:03:34.80 | 06:03:34.80 | 8:09   | 7.4  |
| 143  | WIŚNIEWSKI DOMINIK    | 647 |  | WARSZAWA           | POL  | M30  | 143    | M 367 | 00:01:19 | 01:59:25 | 03:15:13 | 04:30:47 | 05:30:43 |         | 06:04:18.10 | 06:04:18.10 | 8:10   | 7.3  |
| 144  | MIERZYŃSKI RAFAŁ      | 172 | BIEGING TEAM<br>ZELÓW                                      | ZELÓW              | POL  | M30  | 144    | M 370 | 00:02:12 | 02:06:36 | 03:28:48 | 04:40:51 | 05:33:04 |         | 06:04:38.35 | 06:04:38.35 | 8:10   | 7.3  |
| 145  | BOCHENEK MICHAŁ       | 101 | INFINITY GYM   | PROSZOWICE         | POL  | M30  | 145    | M 371 | 00:01:48 | 02:07:12 | 03:28:20 | 04:35:50 | 05:34:09 |         | 06:04:52.35 | 06:04:52.35 | 8:10   | 7.3  |
| 146  | OLEKSAK GRZEGORZ      | 630 |  | BIAŁA<br>PODLASKA  | POL  | M30  | 146    | M 376 | 00:03:12 | 02:14:55 | 03:30:08 | 04:34:33 | 05:31:21 |         | 06:06:29.60 | 06:06:29.60 | 8:13   | 7.3  |
| 147  | BEDNARCZYK JAKUB      | 249 | MATE<br>MOUNTAINS  | LUBARTÓW           | POL  | M30  | 147    | M 379 | 00:02:21 | 02:04:35 | 03:27:42 | 04:49:34 | 05:39:49 |         | 06:06:57.10 | 06:06:57.10 | 8:13   | 7.3  |
| 148  | ADAMCZEWSKI JAKUB     | 231 | NIGHT RUNNERS<br>/ NBR TEAM                                | POZNAŃ             | POL  | M30  | 148    | M 380 | 00:02:52 | 02:09:22 | 03:28:20 | 04:41:11 | 05:35:58 |         | 06:07:00.65 | 06:07:00.65 | 8:13   | 7.3  |
| 149  | KWIATKOWSKI KAJETAN   | 684 | KUCE Z<br>BRONKSU  | GDAŃSK             | POL  | M30  | 149    | M 383 | 00:02:51 | 02:10:39 | 03:32:12 | 04:46:26 | 05:38:35 |         | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 150  | MILEWICZ MAREK        | 704 | KUCE Z<br>BRONKSU  | GDAŃSK             | POL  | M30  | 149    | M 383 | 00:02:52 | 02:10:39 | 03:32:11 | 04:46:26 | 05:38:33 |         | 06:07:09.50 | 06:07:09.50 | 8:13   | 7.3  |
| 151  | KOWALCZYK DANIEL      | 500 | EXTREME<br>TRAUMA TEAM                                     | BIELSKO-BIA<br>ŁA  | POL  | M30  | 151    | M 385 | 00:02:54 | 02:04:42 | 03:28:33 | 04:38:51 | 05:35:31 |         | 06:07:29.05 | 06:07:29.05 | 8:14   | 7.3  |
| 152  | RUSINEK WITOSŁAW      | 696 | SHOOTIT  | RZESZÓW            | POL  | M30  | 152    | M 393 | 00:02:25 | 02:05:18 | 03:28:01 | 04:35:43 | 05:36:24 |         | 06:09:52.50 | 06:09:52.50 | 8:17   | 7.2  |
| 153  | IRZYK ROBERT          | 676 |  | GILOWICE           | POL  | M30  | 153    | M 397 | 00:01:58 | 02:05:32 | 03:26:34 | 04:36:27 | 05:36:34 |         | 06:10:28.45 | 06:10:28.45 | 8:18   | 7.2  |
| 154  | ZIAJA ADAM            | 672 |  | SARNÓW             | POL  | M30  | 154    | M 398 | 00:01:58 |          | 03:26:02 | 04:36:26 | 05:36:39 |         | 06:10:36.00 | 06:10:36.00 | 8:18   | 7.2  |
| 155  | LITWINEK MAREK        | 209 | WKURW_TEAM   | LUBARTÓW           | POL  | M30  | 155    | M 401 | 00:02:47 | 02:10:37 | 03:31:43 | 04:48:28 | 05:42:48 |         | 06:12:15.25 | 06:12:15.25 | 8:20   | 7.2  |
| 156  | STACH DARIUSZ         | 709 | KOSMOLÓW<br>TEAM   | OLKUSZ             | POL  | M30  | 156    | M 405 | 00:02:21 | 02:09:14 | 03:35:31 | 04:45:56 | 05:40:21 |         | 06:13:13.15 | 06:13:13.15 | 8:22   | 7.2  |
| 157  | CHODOROWSKI ARKADIUSZ | 519 | IPA PAŁAC<br>MOSTOSKICH<br>KOMENDA<br>STOLECZNA<br>POLICJI | ALEKSANDR<br>ÓW    | POL  | M30  | 157    | M 408 | 00:03:39 | 02:20:07 | 03:42:38 | 04:46:32 | 05:43:24 |         | 06:13:59.50 | 06:13:59.50 | 8:23   | 7.2  |
| 158  | KRÓL MICHAŁ           | 648 |  | NOWY<br>JADÓW      | POL  | M30  | 158    | M 415 | 00:03:38 | 02:20:10 | 03:42:40 | 04:46:35 | 05:43:25 |         | 06:15:42.55 | 06:15:42.55 | 8:25   | 7.1  |
| 159  | SŁOWIKOWSKI DARIUSZ   | 529 | WKURW_TEAM   | WARSZAWA           | POL  | M30  | 159    | M 416 | 00:03:19 | 02:10:08 | 03:37:22 | 04:49:34 | 05:44:53 |         | 06:18:02.65 | 06:18:02.65 | 8:28   | 7.1  |
| 160  | STAŃCZYK ŁUKASZ       | 532 | WKURW_TEAM   | WARSZAWA           | POL  | M30  | 160    | M 417 | 00:03:19 | 02:10:09 | 03:37:22 | 04:49:34 | 05:44:52 |         | 06:18:02.90 | 06:18:02.90 | 8:28   | 7.1  |
| 161  | PABIJAŃCZYK DAMIAN    | 478 |  | KRYNICZNO          | POL  | M30  | 161    | M 419 | 00:02:59 | 02:13:47 | 03:35:21 | 04:48:17 | 05:43:45 |         | 06:18:25.05 | 06:18:25.05 | 8:29   | 7.1  |
| 162  | SZADKOWSKI PAWEŁ      | 26  | NIGHT RUNNERS<br>GLIWICE                                   | GLIWICE            | POL  | M30  | 162    | M 421 | 00:03:11 | 02:09:33 | 03:33:59 | 04:47:42 | 05:45:42 |         | 06:18:54.00 | 06:18:54.00 | 8:29   | 7.1  |
| 163  | SIKORA TOMASZ         | 453 | RACE BROTHERS  | ZGŁOBICE           | POL  | M30  | 163    | M 425 | 00:01:33 | 02:07:48 | 03:32:16 | 04:51:36 | 05:48:25 |         | 06:21:12.75 | 06:21:12.75 | 8:32   | 7    |
| 164  | STEPANCZENKO RAFAŁ    | 112 | BIAŁYSTOK BIEGA<br>TEAM                                    | BIAŁYSTOK          | POL  | M30  | 164    | M 426 | 00:01:46 | 02:14:42 | 03:37:06 | 04:47:00 | 05:50:57 |         | 06:21:29.35 | 06:21:29.35 | 8:33   | 7    |
| 165  | SZCZYRBA ROBERT       | 631 | LECZYMY DURŚ   | PIEKARY<br>ŚLĄSKIE | POL  | M30  | 165    | M 429 | 00:03:07 | 02:12:07 | 03:37:02 | 04:48:49 | 05:48:30 |         | 06:24:02.30 | 06:24:02.30 | 8:36   | 7    |
| 166  | ZAWADZKI BARTŁOMIEJ   | 643 |  | PIEKARY<br>ŚLĄSKIE | POL  | M30  | 166    | M 431 |          | 02:12:09 | 03:37:04 |          | 05:48:30 |         | 06:24:28.00 | 06:24:28.00 | 8:37   | 7    |
| 167  | ŁANIEWSKI ŁUKASZ      | 509 | PSZCZÓŁKOWSKI<br>TEAM                                      | OLSZTYN            | POL  | M30  | 167    | M 434 | 00:02:06 | 02:11:58 | 03:40:54 | 04:46:17 | 05:51:19 |         | 06:26:23.35 | 06:26:23.35 | 8:39   | 6.9  |
| 168  | KRAWCZAK KAMIL        | 120 | BIEGUSIEM.PL   | DĘBLIN             | POL  | M30  | 168    | M 436 | 00:02:35 | 02:17:38 | 03:39:00 | 04:53:36 | 05:52:36 |         | 06:26:55.45 | 06:26:55.45 | 8:40   | 6.9  |
| 169  | RADYK JAKUB           | 410 | PRZEMYSKI KLUB<br>BIEGACZA                                 | PRZEMYŚL           | POL  | M30  | 169    | M 439 | 00:03:10 | 02:05:45 | 03:29:37 | 04:47:34 | 05:46:20 |         | 06:26:58.90 | 06:26:58.90 | 8:40   | 6.9  |
| 170  | ZIELIŃSKI DAMIAN      | 378 | NOVA   | PILAWA             | POL  | M30  | 170    | M 444 | 00:02:49 | 02:06:51 | 03:35:45 | 04:55:19 | 05:53:09 |         | 06:28:53.60 | 06:28:53.60 | 8:43   | 6.9  |
| 171  | KUREK MICHAŁ          | 507 |  | DĘBICA             | POL  | M30  | 171    | M 447 | 00:01:45 | 02:12:34 | 03:37:19 | 04:52:10 | 05:53:20 |         | 06:29:37.35 | 06:29:37.35 | 8:44   | 6.9  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M30 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub   | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km          | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--|-------------------------|------|------|--------|-------|-----------------|-----------------|-----------------|----------|----------|---------|-------------|-------------|--------|------|
| 172  | SŁONIEWSKI RAFAŁ     | 669 | RMF4RT OCR   | GDYNIA                  | POL  | M30  | 172    | M 449 | 00:01:26        | 02:16:04        | 03:44:34        | 05:01:29 | 06:00:07 |         | 06:32:25.05 | 06:32:25.05 | 8:47   | 6.8  |
| 173  | JARZEMBOWSKI TOMASZ  | 419 | WYBIEGANI TEAM   | PLEWISKA                | POL  | M30  | 173    | M 454 | 00:01:14        | 02:30:37        | 03:57:13        | 05:00:18 | 06:00:30 |         | 06:36:37.20 | 06:36:37.20 | 8:53   | 6.7  |
| 174  | WILECZEK ANTONI      | 618 |  | JUROWCE                 | POL  | M30  | 174    | M 464 | 00:02:22        | 02:20:11        | 03:52:56        | 05:04:53 | 06:05:40 |         | 06:42:10.30 | 06:42:10.30 | 9:01   | 6.7  |
| 175  | KRZYŻEWSKI ROGER     | 61  |  | KRAKÓW                  | POL  | M30  | 175    | M 466 | 00:03:30        | 02:18:16        | 03:41:38        | 04:50:44 | 05:57:09 |         | 06:42:14.35 | 06:42:14.35 | 9:01   | 6.7  |
| 176  | PECIO KAMIL          | 748 | PIASECZNO<br>RUNNING   | WARSZAWA                | POL  | M30  | 176    | M 467 | 00:02:22        | 02:25:46        | 03:53:21        | 05:10:04 | 06:08:36 |         | 06:42:30.30 | 06:42:30.30 | 9:01   | 6.6  |
| 177  | LEWANDOWSKI PAWEŁ    | 538 | SANDOMINGOTE<br>AM   | WARSZAWA                | POL  | M30  | 177    | M 468 | 00:02:55        | 02:21:31        | 03:49:07        | 05:08:43 | 06:09:10 |         | 06:44:47.10 | 06:44:47.10 | 9:04   | 6.6  |
| 178  | CYGAN LUKASZ         | 202 | KLUB SPORTOWY<br>HAJIME  | KRAKOW                  | POL  | M30  | 178    | M 471 | 00:01:11        | 02:15:45        | 03:44:23        | 04:57:12 | 06:05:36 |         | 06:47:27.90 | 06:47:27.90 | 9:08   | 6.6  |
| 179  | DYSZKIEWICZ GRZEGORZ | 390 | KUTNO BIEGA  | KUTNO                   | POL  | M30  | 179    | M 475 | 00:01:40        | 02:18:25        | 03:50:48        | 05:23:08 | 06:19:08 |         | 06:49:08.80 | 06:49:08.80 | 9:10   | 6.5  |
| 180  | SOLICH PATRYK        | 35  | NIGHT RUNNERS<br>GLIWICE   | GLIWICE                 | POL  | M30  | 180    | M 478 | 00:03:16        | 02:29:00        | 03:53:26        | 05:21:35 | 06:19:18 |         | 06:52:41.90 | 06:52:41.90 | 9:15   | 6.5  |
| 181  | JANOTA MARCIN        | 413 | CREADIS  | KRAKÓW                  | POL  | M30  | 181    | M 480 | 00:01:33        | 02:19:50        | 03:53:38        | 05:11:48 | 06:14:22 |         | 06:54:04.45 | 06:54:04.45 | 9:17   | 6.5  |
| 182  | CEBULA PAWEŁ         | 418 | CREADIS  | KRAKOW                  | POL  | M30  | 182    | M 481 | 00:01:33        | 02:19:45        | 03:53:24        | 05:11:47 | 06:14:22 |         | 06:54:05.05 | 06:54:05.05 | 9:17   | 6.5  |
| 183  | BILSKI PIOTR         | 561 | TĘCZA  | WARSZAWA                | POL  | M30  | 183    | M 486 | 00:02:16        | 02:21:15        | 03:50:40        | 05:12:21 | 06:15:48 |         | 06:55:54.50 | 06:55:54.50 | 9:19   | 6.4  |
| 184  | GALIŃSKI KAMIL       | 578 | ABY DO METY  | KRĘPICE                 | POL  | M30  | 184    | M 487 | 00:02:59        | 02:08:36        | 03:41:52        | 05:08:42 | 06:13:26 |         | 06:55:56.10 | 06:55:56.10 | 9:19   | 6.4  |
| 185  | BARWINEK ROBERT      | 503 | BIEGNĘ ŻEBY<br>BARTEK MÓGL<br>BIEGAĆ                               | KIELCE                  | POL  | M30  | 185    | M 490 | 00:01:45        | 02:18:54        | 03:48:38        | 05:12:52 | 06:17:44 |         | 07:02:18.75 | 07:02:18.75 | 9:28   | 6.3  |
| 186  | ZABŁOTNY KAROL       | 304 | TARCHOŚFIRY  | WARSZAWA                | POL  | M30  | 186    | M 496 | 00:01:26        | 02:12:30        | 03:41:17        | 05:01:27 | 06:13:09 |         | 07:05:05.05 | 07:05:05.05 | 9:31   | 6.3  |
| 187  | FREJ MARCIN          | 90  | ZABIEGANI.TV   | WARSZAWA                | POL  | M30  | 187    | M 497 | 00:01:21        | 02:37:20        | 04:05:09        | 05:17:28 | 06:23:43 |         | 07:05:52.40 | 07:05:52.40 | 9:32   | 6.3  |
| 188  | MAJONEK ARTUR        | 714 | FITMAJON   | WARSZAWA                | POL  | M30  | 188    | M 500 | 00:01:47        | 02:25:00        | 06:26:11        |          |          |         | 07:07:12.40 | 07:07:12.40 | 9:34   | 6.3  |
| 189  | SUBIRATS CRISTIAN    | 508 |  | LODZ                    | ESP  | M30  | 189    | M 504 | 00:02:34        | 02:34:27        | 04:10:23        | 05:23:45 | 06:32:32 |         | 07:12:43.15 | 07:12:43.15 | 9:42   | 6.2  |
| 190  | PAWŁOWSKI PIOTR      | 491 | PRZEMYŚL BEARS   | KRASICZYN               | POL  | M30  | 190    | M 506 | 00:02:29        | 02:26:40        | 03:53:50        | 05:31:23 | 06:34:05 |         | 07:13:48.60 | 07:13:48.60 | 9:43   | 6.2  |
| 191  | URBAŃCZYK MARCIN     | 28  | PERSONALTRIAT<br>HLON/TRINERGY                                     | NOWY DWÓR<br>MZAOWIECKI | POL  | M30  | 191    | M 507 | 00:02:55        | 02:34:52        | 04:07:40        | 05:32:29 | 06:40:25 |         | 07:14:56.30 | 07:14:56.30 | 9:45   | 6.2  |
| 192  | STASZEL ŁATAS TOMASZ | 477 | HUSARIA RECE<br>TEAM   | JADOWNIKI               | POL  | M30  | 192    | M 512 | 00:02:34        | 02:31:33        | 04:10:12        | 05:41:17 | 06:43:17 |         | 07:22:50.35 | 07:22:50.35 | 9:55   | 6    |
| 193  | POPIOŁEK JACEK       | 95  | BIEGYSIEM.PL/LO<br>STINSPO   | GAŚIORY                 | POL  | M30  | 193    | M 513 | 00:03:04        | 02:33:39        | 04:03:15        | 05:21:39 | 06:33:33 |         | 07:23:49.70 | 07:23:49.70 | 9:57   | 6    |
| 194  | OKARMA WOJTEK        | 279 | WWW.VIRTUTIMIL<br>ITARI.PL   | JASŁO                   | POL  | M30  | 194    | M 514 | 00:02:51        | 02:32:41        | 04:03:46        | 05:29:07 | 06:46:51 |         | 07:26:08.15 | 07:26:08.15 | 10:00  | 6    |
| 195  | CZYRNIA ANDRZEJ      | 681 | RAJSPO   | TURAWA                  | POL  | M30  | 195    | M 516 | 00:01:44        | 02:31:50        | 04:03:59        | 05:26:34 | 06:42:34 |         | 07:27:08.15 | 07:27:08.15 | 10:01  | 6    |
| 196  | MAZIEC DARIUSZ       | 188 | NKB CHYŻY<br>NOWY TOMYŚL<br>/WRESTLING<br>CROSS GYM<br>NOWY TOMYŚL | NOWY<br>TOMYŚL          | POL  | M30  | 196    | M 518 | 00:03:16        | 02:53:12        | 04:23:32        | 05:41:14 | 06:55:03 |         | 07:38:09.30 | 07:38:09.30 | 10:16  | 5.8  |
| 197  | JANICKI PATRYK       | 288 | PORANNY<br>PATROL  | KRAKÓW                  | POL  | M30  | 197    | M 520 | 00:03:15        | 02:49:40        | 04:35:23        | 06:06:02 | 07:07:19 |         | 07:48:55.25 | 07:48:55.25 | 10:30  | 5.7  |
|      | DUDA PAWEŁ           | 106 |  | JEDLICZE                | POL  | M30  |        |       | DNF             | DNF             | 03:50:46<br>DNF | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | PACANOWSKI ŁUKASZ    | 247 | PARA-NIE-DO-PA<br>RY   | PORĘBA                  | POL  | M30  |        |       | 00:02:17<br>DNF | 02:25:14<br>DNF | DNF             | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K40**

| M-ce | Nazwisko i imię   | Nr  | Klub                   | M-scowość | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|------------------------|-----------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | LANGE BEATA       | 513 | BIŁGORAJ BIEGA         | BIŁGORAJ  | POL  | K40  | 1      | K 2  | 00:01:14 | 01:35:54 | 02:26:34 | 03:09:21 | 03:49:45 |         | 04:11:58.40 | 04:11:58.40 | 5:38   | 10.6 |
| 2    | KRYM KATARZYNA    | 719 | HERZOG<br>RUNNING TEAM | SMOLEC    | POL  | K40  | 2      | K 5  | 00:01:30 | 01:42:30 | 02:35:48 | 03:18:38 |          |         | 04:23:26.25 | 04:23:26.25 | 5:54   | 10.2 |
| 3    | BORUSZEWSKA BEATA | 375 |                        | BYTOM     | POL  | K40  | 3      | K 15 | 00:02:30 | 01:46:54 | 02:47:14 | 03:38:05 | 04:27:13 |         | 04:55:56.50 | 04:55:56.50 | 6:38   | 9    |
| 4    | ROŹNIATA IWONA    | 638 | KS GŁOWNO W<br>BIEGU   | GŁOWNO    | POL  | K40  | 4      | K 18 | 00:00:56 | 01:54:05 | 02:58:07 | 03:50:37 | 04:38:39 |         | 05:05:14.50 | 05:05:14.50 | 6:50   | 8.8  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K40 c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub   | M-scowość          | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------------|-----|--|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 5    | OLCZAK MARTA                      | 266 | SZWLA  | STARGARD           | POL  | K40  | 5      | K 20 | 00:01:36 | 01:53:14 | 02:54:50 | 03:53:00 | 04:41:48 |         | 05:10:33.25 | 05:10:33.25 | 6:57   | 8.6  |
| 6    | ŚWIEŻAWSKA-AMBROZIAK<br>KATARZYNA | 388 | KUTNO BIEGA                                  | KUTNO              | POL  | K40  | 6      | K 21 | 00:01:39 | 01:57:06 | 03:02:30 | 03:56:16 | 04:42:51 |         | 05:11:21.40 | 05:11:21.40 | 6:58   | 8.6  |
| 7    | KIRILENKO ANETA                   | 482 |  | MARKI              | POL  | K40  | 7      | K 22 | 00:00:50 | 01:48:20 | 02:54:23 | 03:55:35 | 04:43:34 |         | 05:11:32.90 | 05:11:32.90 | 6:59   | 8.6  |
| 8    | SZOT IWONA                        | 438 | WW TEAM                                      | LUBLIN             | POL  | K40  | 8      | K 26 | 00:02:54 | 01:59:28 | 03:01:14 | 04:03:21 | 04:50:33 |         | 05:17:15.70 | 05:17:15.70 | 7:06   | 8.4  |
| 9    | MOSTOWSKA MAGDALENA               | 752 | WARSAW<br>MASTERS TEAM                       | WARSZAWA           | POL  | K40  | 9      | K 27 | 00:01:00 | 01:48:44 | 02:50:21 | 03:47:25 | 04:45:10 |         | 05:19:46.15 | 05:19:46.15 | 7:10   | 8.4  |
| 10   | FOGEL EWA                         | 257 | PTG SOKÓŁ<br>ŚWIAT PRACY                     | TARNÓW             | POL  | K40  | 10     | K 28 | 00:01:31 | 01:57:32 | 03:03:25 | 04:03:42 | 04:54:20 |         | 05:23:38.55 | 05:23:38.55 | 7:15   | 8.3  |
| 11   | CZAJA ALICJA                      | 160 | RODZEŃSTWO                                   | LIMANOWA           | POL  | K40  | 11     | K 29 | 00:01:15 | 01:53:06 | 03:00:38 | 04:02:57 | 04:53:06 |         | 05:26:36.25 | 05:26:36.25 | 7:19   | 8.2  |
| 12   | WIERZBICKA JOANNA                 | 352 |  | BOGUCHWAŁ<br>A     | POL  | K40  | 12     | K 31 | 00:02:05 | 01:57:52 | 03:10:18 | 04:09:37 | 05:01:53 |         | 05:33:03.35 | 05:33:03.35 | 7:28   | 8    |
| 13   | STOPA AGATA                       | 570 | SP NR 3<br>RZESZÓW                           | BOGUCHWAŁ<br>A     | POL  | K40  | 13     | K 33 | 00:02:09 | 01:58:03 | 03:10:18 | 04:19:22 | 05:06:48 |         | 05:35:30.70 | 05:35:30.70 | 7:31   | 8    |
| 14   | MYŚLIŃSKA ANNA                    | 639 | EKOBIEGI                                     | WARSZAWA           | POL  | K40  | 14     | K 38 | 00:01:28 | 02:05:13 | 03:17:30 | 04:20:51 | 05:15:06 |         | 05:46:35.90 | 05:46:35.90 | 7:46   | 7.7  |
| 15   | DOŁĘGA ANNA                       | 625 | ZABIEGANA<br>MAMA                            | BIAŁYSTOK          | POL  | K40  | 15     | K 41 | 00:01:45 | 02:08:59 | 03:25:23 | 04:27:14 | 05:19:02 |         | 05:50:12.70 | 05:50:12.70 | 7:51   | 7.6  |
| 16   | SAKOWSKA ANETA                    | 92  | MARATONKA<br>GRAJEWO                         | DROZDOWO           | POL  | K40  | 16     | K 42 | 00:01:43 | 02:14:51 | 03:27:50 | 04:27:07 | 05:22:32 |         | 05:51:13.50 | 05:51:13.50 | 7:52   | 7.6  |
| 17   | NAZIMEK LILIANNA                  | 173 | SUO TEMPORE                                  | NOWY SĄCZ          | POL  | K40  | 17     | K 43 | 00:01:36 | 02:08:11 | 03:22:13 | 04:28:33 | 05:22:32 |         | 05:51:24.55 | 05:51:24.55 | 7:52   | 7.6  |
| 18   | JĘDRZEJOWSKA-DEC ANNA             | 766 |  | GLIWICE            | K40  |      | 18     | K 44 | 00:02:43 | 02:06:08 | 03:21:09 | 04:30:21 | 05:24:44 |         | 05:56:17.55 | 05:56:17.55 | 7:59   | 7.5  |
| 19   | SWOROWSKA IZABELA                 | 463 | WOLSZTYŃSKI<br>KLUB BIEGOWY                  | WOLSZTYN           | POL  | K40  | 19     | K 47 | 00:01:55 | 02:14:50 | 03:31:23 | 04:32:56 | 05:27:51 |         | 05:58:28.30 | 05:58:28.30 | 8:02   | 7.5  |
| 20   | BLASZKE BEATA                     | 329 | NIGHT RUNNERS<br>GLIWICE                     | GLIWICE            | POL  | K40  | 20     | K 48 | 00:02:57 | 02:07:23 | 03:26:57 | 04:39:24 | 05:29:39 |         | 05:58:29.65 | 05:58:29.65 | 8:02   | 7.5  |
| 21   | ŁÓJ-KONIECZNA EDYTA               | 96  | INFINITY GYM                                 | PROSZOWICE         | POL  | K40  | 21     | K 50 | 00:01:50 | 02:11:31 | 03:24:56 | 04:31:27 | 05:27:28 |         | 06:00:40.35 | 06:00:40.35 | 8:05   | 7.4  |
| 22   | KOWALSKA JUSTYNA                  | 267 | MORSY OŚNO<br>LUBUSKIE                       | OŚNO<br>LUBUSKIE   | POL  | K40  | 22     | K 52 | 00:01:54 | 02:03:31 | 03:20:57 | 04:31:49 | 05:29:33 |         | 06:01:51.25 | 06:01:51.25 | 8:06   | 7.4  |
| 23   | LEŚNIAK-POPIEL MARTA              | 345 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SANOK              | POL  | K40  | 23     | K 53 | 00:02:40 | 02:12:29 | 03:30:21 | 04:37:34 | 05:32:44 |         | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 24   | KISIŃSKA IRENA                    | 588 | VISEGRAD<br>MARATON RYTRO                    | NOWY SĄCZ          | POL  | K40  | 24     | K 54 | 00:01:08 | 02:04:27 | 03:16:44 | 04:24:54 | 05:30:13 |         | 06:04:14.65 | 06:04:14.65 | 8:10   | 7.3  |
| 25   | GRZEGÓRZEK ANNA                   | 667 | PTG SOKÓŁ<br>ŚWIAT PRACY                     | KOSZYCE<br>WIELKIE | POL  | K40  | 25     | K 57 | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |         | 06:06:58.00 | 06:06:58.00 | 8:13   | 7.3  |
| 26   | PIGAN ANNA                        | 360 | B B L - JAROSŁAW                             | SZÓWSKO            | POL  | K40  | 26     | K 61 | 00:02:02 | 02:12:18 | 03:32:06 | 04:41:32 | 05:37:46 |         | 06:10:25.25 | 06:10:25.25 | 8:18   | 7.2  |
| 27   | PAUL VIOLA                        | 23  | NIGHT RUNNERS<br>GLIWICE                     | GLIWICE            | POL  | K40  | 27     | K 64 | 00:03:16 | 02:16:25 | 03:37:47 | 04:44:01 | 05:40:06 |         | 06:13:06.80 | 06:13:06.80 | 8:21   | 7.2  |
| 28   | WOŁOSOWICZ NATALIA                | 499 |  | BIAŁA<br>PODLASKA  | POL  | K40  | 28     | K 65 | 00:02:36 | 02:11:46 | 03:27:53 | 04:38:13 | 05:38:13 |         | 06:13:39.75 | 06:13:39.75 | 8:22   | 7.2  |
| 29   | CEBRAT EWA                        | 132 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SOSNOWIEC          | POL  | K40  | 29     | K 67 | 00:02:40 | 02:14:32 | 03:40:15 | 04:51:21 | 05:45:50 |         | 06:17:05.30 | 06:17:05.30 | 8:27   | 7.1  |
| 30   | SZPINDA MARTA                     | 409 | BIŁGORAJ ULTRA<br>TRAIL                      | BIŁGORAJ           | POL  | K40  | 30     | K 68 | 00:01:26 | 02:12:38 | 03:32:22 | 04:51:18 | 05:46:39 |         | 06:17:06.80 | 06:17:06.80 | 8:27   | 7.1  |
| 31   | WŁODARSKA MAGDALENA               | 203 |  | TARNÓW             | POL  | K40  | 31     | K 73 | 00:02:12 | 02:19:11 | 03:35:28 | 04:50:51 | 05:48:48 |         | 06:18:58.90 | 06:18:58.90 | 8:29   | 7.1  |
| 32   | SIKORSKA AGNIESZKA                | 649 | EKOBIEGI                                     | WARSZAWA           | POL  | K40  | 32     | K 75 | 00:01:29 | 02:23:06 | 03:45:36 | 04:54:19 | 05:51:41 |         | 06:24:19.75 | 06:24:19.75 | 8:37   | 7    |
| 33   | KOTOMSKA RENATA                   | 511 |  | ALEKSANDR<br>ÓWKA  | POL  | K40  | 33     | K 76 | 00:03:18 | 02:22:51 | 03:42:26 | 04:51:25 | 05:52:14 |         | 06:27:01.95 | 06:27:01.95 | 8:40   | 6.9  |
| 34   | TUSZYŃSKA KATARZYNA               | 645 | ESKADRA<br>KRAKÓW                            | KRAKÓW             | POL  | K40  | 34     | K 77 | 00:01:37 | 02:17:08 | 03:44:23 | 04:58:48 | 05:56:27 |         | 06:27:02.80 | 06:27:02.80 | 8:40   | 6.9  |
| 35   | FAJNAS KATARZYNA                  | 190 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI /<br>DANFOSS | ŻABIA WOLA         | POL  | K40  | 35     | K 78 | 00:02:13 | 02:15:27 | 03:41:05 | 04:54:48 | 05:52:00 |         | 06:28:01.40 | 06:28:01.40 | 8:41   | 6.9  |
| 36   | KUSZTAL JUSTYNA                   | 644 | KS ESKADRA<br>KRAKÓW                         | KRAKÓW             | POL  | K40  | 36     | K 81 | 00:01:38 | 02:17:31 | 03:44:26 | 04:58:54 | 05:57:22 |         | 06:29:29.35 | 06:29:29.35 | 8:43   | 6.9  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K40 c.d.**

| M-ce | Nazwisko i imię              | Nr  | Klub  | M-scowość           | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------------|-----|---|---------------------|------|------|--------|-------|-----------------|-----------------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 37   | SZEWCZYK KATARZYNA           | 586 | MONKEYS' TEAM   | KRAŚNIK             | POL  | K40  | 37     | K 86  | 00:02:15        | 02:20:26        | 03:44:27 | 05:00:50 | 05:58:16 |         | 06:33:02.55 | 06:33:02.55 | 8:48   | 6.8  |
| 38   | JAROSZ-PIWOŃSKA ALDONA       | 65  | KS PEGAZ  | GÓRA<br>KALWARIA    | POL  | K40  | 38     | K 92  | 00:02:22        | 02:25:46        | 03:53:22 | 05:09:47 | 06:08:33 |         | 06:42:29.80 | 06:42:29.80 | 9:01   | 6.6  |
| 39   | PORĘBSKA DOROTA              | 338 | NOWA HUTA<br>TEAM                                     | KRAKÓW              | POL  | K40  | 39     | K 97  | 00:02:28        | 02:18:24        | 03:49:14 | 05:16:32 | 06:13:29 |         | 06:46:41.10 | 06:46:41.10 | 9:07   | 6.6  |
| 40   | BARTO SYLWIA                 | 528 |   | ŁOŚ                 | POL  | K40  | 40     | K 101 | 00:02:31        | 02:33:12        | 04:05:24 | 05:19:26 | 06:22:03 |         | 06:55:12.45 | 06:55:12.45 | 9:18   | 6.4  |
| 41   | DYGOŃ MAŁGORZATA             | 33  |   | GLIWICE             | POL  | K40  | 41     | K 102 | 00:03:09        | 02:37:02        | 06:23:33 |          |          |         | 06:55:13.25 | 06:55:13.25 | 9:18   | 6.4  |
| 42   | TYRANKIEWICZ KAMILA          | 472 | JUMP&FLY,<br>KABATY                                   | WARSZAWA            | POL  | K40  | 42     | K 106 | 00:01:46        | 02:30:23        | 04:06:15 | 05:22:17 | 06:22:36 |         | 06:58:55.35 | 06:58:55.35 | 9:23   | 6.4  |
| 43   | BOGUCKA MARTYNA              | 145 | JACEKBIEGA<br>RUNNING TEAM                            | WARSZAWA            | POL  | K40  | 43     | K 107 | 00:03:05        | 02:38:12        | 04:03:26 | 05:19:40 | 06:23:44 |         | 07:01:27.60 | 07:01:27.60 | 9:26   | 6.3  |
| 44   | MAJCHROWICZ MARZENNA         | 252 |   | KROŚCIENKO<br>WYŻNE | POL  | K40  | 44     | K 108 | 00:03:18        | 02:30:36        | 06:24:24 |          |          |         | 07:01:30.00 | 07:01:30.00 | 9:27   | 6.3  |
| 45   | PANENKA MAŁGORZATA           | 63  | NIGHT RUNNERS<br>GLIWICE                              | NIEBOROWIC<br>E     | POL  | K40  | 45     | K 111 | 00:03:05        | 02:38:13        | 04:03:29 | 05:26:46 | 06:27:44 |         | 07:05:11.90 | 07:05:11.90 | 9:31   | 6.3  |
| 46   | GLINA-KRAWCZYK<br>MAŁGORZATA | 439 | ZĄBKOWICKA<br>GRUPA BIEGOWA<br>FRANKENSTEIN           | STARCZÓW            | POL  | K40  | 46     | K 112 | 00:02:57        | 02:29:11        | 04:03:09 | 05:23:14 | 06:30:12 |         | 07:06:36.25 | 07:06:36.25 | 9:33   | 6.3  |
| 47   | MAZUR EWELINA                | 116 | BIEGAJ Z<br>TRENERAMI                                 | GLIWICE             | POL  | K40  | 47     | K 113 | 00:03:10        | 02:37:55        | 06:29:10 |          |          |         | 07:07:11.20 | 07:07:11.20 | 9:34   | 6.3  |
| 48   | GALANTY AGNIESZKA            | 492 |   | DYBAWKA             | POL  | K40  | 48     | K 116 | 00:02:29        | 02:26:39        | 03:53:44 | 05:31:23 | 06:34:05 |         | 07:13:48.90 | 07:13:48.90 | 9:43   | 6.2  |
| 49   | GÓRECZNY KAMILA              | 300 |   | PIASECZNO           | POL  | K40  | 49     | K 117 | 00:02:30        | 02:33:49        | 04:05:26 | 05:28:12 | 06:40:25 |         | 07:22:23.50 | 07:22:23.50 | 9:55   | 6    |
| 50   | WÓJTOWICZ IWONA              | 232 | HUSARIA RACE<br>TEAM                                  | TARNÓW              | POL  | K40  | 50     | K 118 | 00:02:33        | 02:31:43        | 04:10:12 | 05:41:18 | 06:43:17 |         | 07:22:50.70 | 07:22:50.70 | 9:55   | 6    |
| 51   | WOLF WERONIKA                | 303 | 3 PODKARPACKA<br>BRYGADA<br>OBRONY<br>TERYTORIALNEJ   | SANOK               | POL  | K40  | 51     | K 120 | 00:02:41        | 02:34:18        | 04:18:59 | 05:45:38 | 06:46:51 |         | 07:26:25.15 | 07:26:25.15 | 10:00  | 6    |
| 52   | SKRZYPSKA IWONA              | 331 |   | JAROSŁAW            | POL  | K40  | 52     | K 123 | 00:02:13        | 02:35:01        | 04:18:17 | 05:48:10 | 06:57:39 |         | 07:38:12.45 | 07:38:12.45 | 10:16  | 5.8  |
| 53   | MARUT KAŚKA                  | 31  | NIGHT RUNNERS<br>GLIWICE                              | GLIWICE             | POL  | K40  | 53     | K 125 | 00:03:09        | 02:37:10        | 04:02:10 | 06:04:05 | 07:12:34 |         | 07:57:44.25 | 07:57:44.25 | 10:42  | 5.6  |
|      | SZELER JOANNA                | 20  | SILESIA<br>MARATHON<br>TEAM /<br>BIEGAJACA Z<br>PSAMI | WARSZAWA            | POL  | K40  |        |       | 00:02:40<br>DNF | 03:24:30<br>DNF | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40**

| M-ce | Nazwisko i imię     | Nr  | Klub                  | M-scowość          | Kraj | Kat. | M. kat | K/M  | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|-----------------------|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | KOCZWARA TOMASZ     | 3   |                       | RADOMYŚL<br>WIELKI | POL  | M40  | 1      | M 1  | 00:00:36 | 01:15:32 | 01:55:49 | 02:29:07 | 03:00:32 |          | 03:18:01.10 | 03:18:01.10 | 4:26   | 13.5 |
| 2    | SZAPAR PRZEMYSŁAW   | 732 | BIEGAMINA.<br>SCARPA  | GDYNIA             | POL  | M40  | 2      | M 8  | 00:00:42 | 01:21:06 | 02:03:47 | 02:40:15 | 03:17:20 |          | 03:39:29.70 | 03:39:29.70 | 4:55   | 12.2 |
| 3    | MORAWA MATEUSZ      | 754 | LACHO TEAM            | RADZISZÓW          | POL  | M40  | 3      | M 10 | 00:00:42 | 01:26:59 | 02:13:07 | 02:48:42 | 03:23:22 |          | 03:42:49.30 | 03:42:49.30 | 4:59   | 12   |
| 4    | WÓJCIK JACEK        | 449 |                       | GWOŹNICA<br>GÓRNA  | POL  | M40  | 4      | M 16 | 00:01:14 | 01:28:11 | 02:15:21 | 02:53:25 | 03:30:29 |          | 03:49:32.15 | 03:49:32.15 | 5:08   | 11.7 |
| 5    | PASIECZNY ROBERT    | 393 | FARTLEK GO            | GORZYCE            | POL  | M40  | 5      | M 17 | 00:00:38 | 01:26:09 | 02:12:34 | 02:50:37 | 03:28:13 | 00:02:00 | 03:51:12.45 | 03:51:12.45 | 5:08   | 11.7 |
| 6    | TRYNIECKI KRZYSZTOF | 262 |                       | LUBACZÓW           | POL  | M40  | 6      | M 19 | 00:01:32 | 01:56:59 |          |          |          |          | 03:54:48.10 | 03:54:48.10 | 5:15   | 11.4 |
| 7    | GOŚCINIEWICZ PAWEŁ  | 343 | ZIEMOWIT TEAM         | KATOWICE           | POL  | M40  | 7      | M 20 | 00:00:32 | 01:27:21 | 02:16:34 | 02:58:47 | 03:36:05 |          | 03:54:58.25 | 03:54:58.25 | 5:16   | 11.4 |
| 8    | ZYSKOWSKI ANDRZEJ   | 524 | GORDON<br>MOTORYZACJA | OLSZTYN            | POL  | M40  | 8      | M 21 | 00:01:12 | 01:30:47 | 02:17:47 | 02:57:48 | 03:35:33 |          | 03:56:17.20 | 03:56:17.20 | 5:17   | 11.3 |
| 9    | MATYASZEK WALDEMAR  | 740 |                       | JASIEŃ             | POL  | M40  | 9      | M 23 | 00:00:50 | 01:27:21 | 02:15:22 | 02:56:14 | 03:35:33 |          | 03:56:49.45 | 03:56:49.45 | 5:18   | 11.3 |
| 10   | KOBIERSKI PIOTR     | 14  | UKA ULTRAS<br>RUNNERS | WARSZAWA           | POL  | M40  | 10     | M 24 | 00:00:38 | 01:28:32 | 02:17:13 | 02:57:42 | 03:35:31 |          | 03:57:03.10 | 03:57:03.10 | 5:18   | 11.3 |
| 11   | PIETRZYK WOJCIECH   | 365 | LACHO TEAM            | KRAKÓW             | POL  | M40  | 11     | M 26 | 00:00:43 | 01:27:15 | 02:13:44 | 02:54:45 | 03:36:34 |          | 03:59:15.90 | 03:59:15.90 | 5:21   | 11.2 |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub  | M-scowość            | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---|----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 12   | WAŻNY STANISŁAW      | 281 | MEDIA LUBACZOWSKIE                          | LUBACZÓW             | POL  | M40  | 12     | M 29  | 00:01:31 | 01:26:53 | 02:13:50 | 02:56:15 | 03:38:06 |         | 04:01:33.55 | 04:01:33.55 | 5:24   | 11.1 |
| 13   | STAŃKO PAWEŁ         | 396 | BIESY I CZORTY                              | LUTOWISKA            | POL  | M40  | 13     | M 31  | 00:02:09 | 01:37:28 | 02:26:07 | 03:07:09 | 03:43:18 |         | 04:02:30.40 | 04:02:30.40 | 5:26   | 11   |
| 14   | MARZEC GRZEGORZ      | 236 | GMINA STRZELCE OPOLSKIE                     | SZCZEPANEK           | POL  | M40  | 14     | M 33  | 00:00:40 | 01:34:31 | 02:24:11 | 03:05:10 | 03:43:47 |         | 04:04:38.30 | 04:04:38.30 | 5:29   | 10.9 |
| 15   | KORAB ROBERT         | 78  |   | RZESZÓW              | POL  | M40  | 15     | M 39  | 00:00:34 | 01:33:40 | 02:23:32 | 03:05:04 | 03:46:34 |         | 04:09:03.70 | 04:09:03.70 | 5:35   | 10.7 |
| 16   | CHODAKOWSKI RAFAŁ    | 273 | OSTROBIEC                                   | ĆMIELÓW              | POL  | M40  | 16     | M 44  | 00:01:34 | 01:37:28 | 02:29:43 | 03:10:39 | 03:49:42 |         | 04:11:13.75 | 04:11:13.75 | 5:37   | 10.7 |
| 17   | KLONOWSKI JACEK      | 264 |   | BIAŁOWIEŻA           | POL  | M40  | 17     | M 47  | 00:00:39 | 01:28:18 | 02:15:11 | 03:00:46 | 03:45:53 |         | 04:12:06.80 | 04:12:06.80 | 5:39   | 10.6 |
| 18   | RUDZKI TOMASZ        | 182 | RAJSPOORT ACTIVE                            | KONSTANTY NÓW ŁÓDZKI | POL  | M40  | 18     | M 49  | 00:02:09 | 02:17:50 |          |          |          |         | 04:12:14.70 | 04:12:14.70 | 5:39   | 10.6 |
| 19   | MAZUREK ROBERT       | 485 | LUBELSKIE STOWARZYSZENIE BIEGOWE / LUBELAKY | LUBLIN               | POL  | M40  | 19     | M 51  | 00:00:41 | 01:34:10 | 02:25:55 | 03:09:48 | 03:49:44 |         | 04:14:05.85 | 04:14:05.85 | 5:41   | 10.5 |
| 20   | ZAGÓRNY ROBERT       | 368 | MBM KAZIMIERÓW                              | HALINÓW              | POL  | M40  | 20     | M 52  | 00:02:20 | 01:36:47 | 02:26:36 | 03:07:00 | 03:49:54 |         | 04:14:21.85 | 04:14:21.85 | 5:42   | 10.5 |
| 21   | PTASZYŃSKI WOJCIECH  | 543 |   | FROMBORK             | POL  | M40  | 21     | M 53  | 00:00:51 | 01:34:16 | 02:27:12 | 03:09:47 | 03:52:13 |         | 04:15:22.35 | 04:15:22.35 | 5:43   | 10.5 |
| 22   | BORYS ANDRZEJ        | 553 |   | ŁAZY                 | POL  | M40  | 22     | M 55  | 00:00:37 | 01:30:54 | 02:26:01 | 03:15:38 | 03:56:06 |         | 04:16:24.50 | 04:16:24.50 | 5:44   | 10.4 |
| 23   | KMAK SŁAWEK          | 706 | PAPIKI                                      | GRYBÓW               | POL  | M40  | 23     | M 59  | 00:00:47 | 01:34:40 | 02:27:38 | 03:12:11 | 03:55:16 |         | 04:18:35.70 | 04:18:35.70 | 5:47   | 10.3 |
| 24   | DELEKTA JAN          | 260 | DJ  | ŁOWISKO              | POL  | M40  | 24     | M 60  | 00:01:39 | 01:38:49 | 02:33:09 | 03:17:26 |          |         | 04:20:01.80 | 04:20:01.80 | 5:49   | 10.3 |
| 25   | ŁOSKOT TOMASZ        | 562 |   | WILGA                | POL  | M40  | 25     | M 63  | 00:00:39 | 01:34:39 | 02:28:06 | 03:14:39 | 03:57:16 |         | 04:20:41.60 | 04:20:41.60 | 5:50   | 10.3 |
| 26   | WÓJCIK KRZYSZTOF     | 114 | NIGHT RUNNERS ŚWILCZA                       | ŚWILCZA              | POL  | M40  | 26     | M 70  | 00:01:02 | 01:35:50 | 02:27:37 | 03:14:10 |          |         | 04:25:29.05 | 04:25:29.05 | 5:57   | 10.1 |
| 27   | FLĄDRO DANIEL        | 274 |   | WOKOWICE             | POL  | M40  | 27     | M 71  | 00:00:49 | 01:33:40 | 02:26:57 | 03:16:28 |          |         | 04:25:30.45 | 04:25:30.45 | 5:57   | 10.1 |
| 28   | SOLAREWICZ TOMASZ    | 585 | LATAJĄCY CYRK MONTY PYTHONA                 | LUTON                | POL  | M40  | 28     | M 74  | 00:01:52 | 01:37:29 | 02:29:09 | 03:16:25 | 04:03:16 |         | 04:27:39.10 | 04:27:39.10 | 6:00   | 10   |
| 29   | WALASEK GRZEGORZ     | 342 | BIEGUSIEM.PL                                | RYKI                 | POL  | M40  | 29     | M 75  | 00:01:01 | 01:34:43 | 02:29:52 | 03:19:50 | 04:02:54 |         | 04:28:38.65 | 04:28:38.65 | 6:01   | 10   |
| 30   | POTRZESZCZ TOMASZ    | 584 | LKB RUDNIK                                  | GADKA                | POL  | M40  | 30     | M 78  | 00:02:19 | 01:37:30 | 02:32:18 | 03:18:55 | 04:03:55 |         | 04:29:54.60 | 04:29:54.60 | 6:03   | 9.9  |
| 31   | POTRZESZCZ GRZEGORZ  | 21  |   | MIRZEC               | POL  | M40  | 31     | M 79  | 00:02:20 | 01:37:54 | 02:32:12 | 03:19:19 | 04:03:55 |         | 04:29:54.85 | 04:29:54.85 | 6:03   | 9.9  |
| 32   | SZPINDA SEBASTIAN    | 460 | BUT BIŁGORAJ ULTRA TRAIL                    | BIŁGORAJ             | POL  | M40  | 32     | M 80  | 00:00:43 | 01:36:00 | 02:29:44 | 03:19:25 | 04:05:44 |         | 04:31:54.80 | 04:31:54.80 | 6:05   | 9.8  |
| 33   | LONC TOMASZ          | 446 | M&T WYJADACZE PARÓWKÓW                      | RZESZÓW              | POL  | M40  | 33     | M 85  | 00:00:43 | 01:36:25 | 02:32:58 | 03:19:07 | 04:08:42 |         | 04:34:10.65 | 04:34:10.65 | 6:08   | 9.8  |
| 34   | SMOLEN JANUSZ        | 415 |   | LUTON                | POL  | M40  | 34     | M 87  | 00:01:55 | 01:42:40 | 02:36:35 | 03:26:21 | 04:10:33 |         | 04:35:28.70 | 04:35:28.70 | 6:10   | 9.7  |
| 35   | TKACZEWSKI PIOTR     | 224 | MIECHÓW                                     | MIECHÓW              | POL  | M40  | 35     | M 92  | 00:01:35 | 01:47:10 | 02:45:27 | 03:32:03 | 04:14:26 |         | 04:37:37.25 | 04:37:37.25 | 6:13   | 9.6  |
| 36   | CIĘŻKOWSKI SŁAWOMIR  | 153 |   | TARNÓW               | POL  | M40  | 36     | M 93  | 00:01:31 | 01:41:58 | 02:42:36 | 03:31:28 | 04:14:04 |         | 04:37:38.35 | 04:37:38.35 | 6:13   | 9.6  |
| 37   | PIASECZNY MARCIN     | 534 | RUN-G                                       | KRAKÓW               | POL  | M40  | 37     | M 98  | 00:01:03 | 01:39:36 | 02:39:34 | 03:30:37 | 04:15:24 |         | 04:39:45.05 | 04:39:45.05 | 6:16   | 9.6  |
| 38   | ZAJĄC JÓZEF          | 180 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ             | TULIGŁOWY            | POL  | M40  | 38     | M 101 | 00:01:36 | 01:46:24 | 02:44:31 | 03:33:46 | 04:18:24 |         | 04:41:42.00 | 04:41:42.00 | 6:18   | 9.5  |
| 39   | FELUCH KRZYSZTOF     | 722 | ORA WARSZAWA                                | WARSZAWA             | POL  | M40  | 39     | M 102 | 00:01:08 | 01:46:13 | 02:46:39 | 03:37:05 | 04:19:41 |         | 04:42:13.85 | 04:42:13.85 | 6:19   | 9.5  |
| 40   | JENERAŁSKI MIŁOSZ    | 495 | FREE PALESTINE                              | TUCHOLA              | POL  | M40  | 40     | M 103 | 00:01:32 | 01:38:04 | 02:35:50 | 03:25:53 | 04:15:25 |         | 04:42:27.05 | 04:42:27.05 | 6:19   | 9.5  |
| 41   | KUTNIK MIROSLAW      | 727 | KB BIAŁA BIEGA                              | BIAŁA PODLASKA       | POL  | M40  | 41     | M 104 | 00:03:09 | 01:45:10 | 02:44:58 | 03:32:58 | 04:17:29 |         | 04:42:37.20 | 04:42:37.20 | 6:20   | 9.5  |
| 42   | KARPIŃSKI TOMASZ     | 128 |   | RZESZÓW              | POL  | M40  | 42     | M 105 | 00:00:46 | 01:42:39 | 02:40:54 | 03:30:23 | 04:16:16 |         | 04:43:04.55 | 04:43:04.55 | 6:20   | 9.5  |
| 43   | PANTOŁ MIROSLAW      | 149 |   | RZESZÓW              | POL  | M40  | 43     | M 106 | 00:00:46 | 01:40:22 | 02:38:54 | 03:30:27 | 04:16:17 |         | 04:43:05.05 | 04:43:05.05 | 6:20   | 9.5  |
| 44   | WIERNASZ GRZEGORZ    | 234 | KARCHER SUCHODÓŁ                            | KROSNO               | POL  | M40  | 44     | M 108 | 00:01:07 | 01:46:21 | 02:44:03 | 03:31:47 | 04:18:00 |         | 04:44:08.90 | 04:44:08.90 | 6:22   | 9.4  |
| 45   | DUC-SYPOSZ AURELIUSZ | 420 |   | WIELICZKA            | POL  | M40  | 45     | M 110 | 00:02:21 | 01:51:17 | 02:48:48 | 03:37:50 | 04:21:31 |         | 04:45:27.45 | 04:45:27.45 | 6:24   | 9.4  |
| 46   | WĘCLAŚ MACIEJ        | 289 | ---   | GÓRA KALWARIA        | POL  | M40  | 46     | M 112 | 00:02:23 | 01:48:21 | 02:47:42 | 03:38:50 | 04:22:37 |         | 04:46:42.25 | 04:46:42.25 | 6:25   | 9.3  |
| 47   | GAWLEWICZ TOMASZ     | 471 | GAWELKI TEAM                                | SANOK                | POL  | M40  | 47     | M 115 | 00:01:46 | 01:45:00 | 02:43:00 | 03:33:39 | 04:20:22 |         | 04:47:51.30 | 04:47:51.30 | 6:27   | 9.3  |
| 48   | WŁOCH SŁAWOMIR       | 241 |   | KROSNO               | POL  | M40  | 48     | M 117 | 00:01:07 | 01:46:18 | 02:44:08 | 03:35:38 | 04:22:24 |         | 04:48:05.75 | 04:48:05.75 | 6:27   | 9.3  |
| 49   | JABŁOŃSKI TOMASZ     | 307 | INŻYNIERIA BIEGANIA TEAM                    | MARKLOWICE           | POL  | M40  | 49     | M 123 | 00:00:42 | 01:44:03 | 02:46:54 | 03:40:36 | 04:24:05 |         | 04:49:31.40 | 04:49:31.40 | 6:29   | 9.2  |
| 50   | MAJEWICZ GRZEGORZ    | 336 |   | MIECHÓW              | POL  | M40  | 50     | M 128 | 00:01:37 | 01:52:06 | 02:51:59 | 03:42:00 | 04:26:24 |         | 04:50:39.60 | 04:50:39.60 | 6:31   | 9.2  |
| 51   | KARUŚ WALDEMAR       | 720 | 14 DAS IM. GEN.BRYG.WACŁAWA WIECZORKIEWICZA | ORŁY                 | POL  | M40  | 51     | M 131 | 00:01:49 | 01:50:25 | 02:48:49 | 03:40:46 | 04:25:58 |         | 04:51:48.10 | 04:51:48.10 | 6:32   | 9.2  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub  | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|---|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 52   | PODPŁOMYK ANDRZEJ       | 452 | SPORTCZESNA                                 | BARGŁY                         | POL  | M40  | 52     | M 132 | 00:01:20 | 01:41:29 | 02:43:56 | 03:37:58 | 04:25:35 |         | 04:52:07.55 | 04:52:07.55 | 6:32   | 9.2  |
| 53   | KULIBERDA TOMASZ        | 501 | TEATR O.DE.LA                               | RZESZÓW                        | POL  | M40  | 53     | M 133 | 00:02:06 | 01:52:56 | 02:52:07 | 03:39:23 | 04:25:58 |         | 04:52:24.65 | 04:52:24.65 | 6:33   | 9.2  |
| 54   | PAŃTAK SŁAWOMIR         | 337 | 21DAPLOT<br>JAROSŁAW                        | BIAŁOBRZEGI                    | POL  | M40  | 54     | M 134 | 00:01:49 | 01:50:26 | 02:48:32 | 03:40:44 | 04:26:14 |         | 04:52:28.80 | 04:52:28.80 | 6:33   | 9.1  |
| 55   | ROGAŁA GRZEGORZ         | 136 |   | BOGUCHWAŁ<br>A                 | POL  | M40  | 55     | M 135 | 00:00:54 | 01:41:40 | 02:41:00 | 03:32:30 | 04:25:09 |         | 04:53:28.90 | 04:53:28.90 | 6:34   | 9.1  |
| 56   | NOWACZYK IGOR           | 363 |   | WARSZAWA                       | POL  | M40  | 56     | M 137 | 00:03:27 | 01:48:22 | 02:47:58 | 03:41:09 | 04:27:06 |         | 04:54:57.20 | 04:54:57.20 | 6:36   | 9.1  |
| 57   | OLEWICZ PIOTR           | 540 | GMINA STRZELCE<br>OP                        | STRZELCE<br>OP                 | POL  | M40  | 57     | M 138 | 00:00:41 | 01:43:48 | 02:44:04 | 03:41:48 | 04:28:15 |         | 04:54:59.35 | 04:54:59.35 | 6:36   | 9.1  |
| 58   | SIEMIĘNCZUK ROBERT      | 654 |   | WARSZAWA                       | POL  | M40  | 58     | M 141 | 00:01:57 | 01:52:22 | 02:52:08 | 03:44:03 | 04:29:21 |         | 04:55:31.15 | 04:55:31.15 | 6:37   | 9.1  |
| 59   | GARNCARZ PAWEŁ          | 742 |   | WROCŁAW                        | POL  | M40  | 59     | M 143 | 00:03:29 | 01:50:29 | 02:49:16 | 03:42:49 | 04:29:17 |         | 04:55:58.65 | 04:55:58.65 | 6:38   | 9    |
| 60   | SZYK ARTUR              | 531 | JAROSŁAWSKA<br>GRUPA BIEGOWA<br>'SOKÓŁ'     | JAROSŁAW                       | POL  | M40  | 60     | M 144 | 00:01:36 | 01:44:46 | 02:47:16 | 03:41:29 | 04:28:14 |         | 04:56:00.50 | 04:56:00.50 | 6:38   | 9    |
| 61   | JANIK MICHAŁ            | 597 | POSZŁA<br>CZOŁGIEM                          | WARSZAWA                       | POL  | M40  | 61     | M 145 | 00:01:04 | 01:38:47 | 02:38:31 | 03:38:09 | 04:27:24 |         | 04:56:13.50 | 04:56:13.50 | 6:38   | 9    |
| 62   | DUDEK MICHAŁ            | 764 |   | BĘDZIN                         |      | M40  | 62     | M 146 | 00:02:06 | 01:50:22 | 02:51:00 | 03:43:41 | 04:29:28 |         | 04:56:24.45 | 04:56:24.45 | 6:38   | 9    |
| 63   | SIKORA JACEK            | 582 | WATER TEAM                                  | WYŻNE                          | POL  | M40  | 63     | M 148 | 00:01:15 | 01:43:45 | 02:44:09 | 03:38:01 | 04:26:37 |         | 04:56:48.35 | 04:56:48.35 | 6:39   | 9    |
| 64   | WIERZBICKI TOMASZ       | 353 |   | BOGUCHWAŁ<br>A                 | POL  | M40  | 64     | M 149 | 00:02:06 | 01:50:45 | 02:49:56 | 03:42:48 | 04:30:04 |         | 04:56:48.60 | 04:56:48.60 | 6:39   | 9    |
| 65   | MARCELA MARCIN          | 46  | FAT MAMA'S<br>SPORT CLUB                    | BYTOM                          | POL  | M40  | 65     | M 152 | 00:01:07 | 01:50:24 | 02:54:16 | 03:45:20 | 04:31:01 |         | 04:57:03.20 | 04:57:03.20 | 6:39   | 9    |
| 66   | KOCOT SEBASTIAN         | 159 |   | SOSNOWIEC                      | POL  | M40  | 66     | M 153 | 00:02:17 | 01:45:53 | 02:46:13 | 03:46:01 | 04:31:44 |         | 04:57:03.75 | 04:57:03.75 | 6:39   | 9    |
| 67   | CZAPLA ARKADIUSZ        | 382 |   | BYTOM                          | POL  | M40  | 67     | M 154 | 00:01:06 | 01:49:12 | 02:54:17 | 03:45:26 | 04:31:02 |         | 04:57:05.90 | 04:57:05.90 | 6:39   | 9    |
| 68   | DZIEWA PRZEMYSŁAW       | 514 | SUPERIOR<br>INDUSTRIES                      | BRANDWICA                      | POL  | M40  | 68     | M 155 | 00:01:58 | 01:55:08 | 02:55:26 | 03:48:38 | 04:33:37 |         | 04:57:06.70 | 04:57:06.70 | 6:39   | 9    |
| 69   | KOT KRZYSZTOF           | 550 | MPK - RZESZÓW                               | RZESZÓW                        | POL  | M40  | 69     | M 156 | 00:00:59 | 01:44:56 | 02:47:10 | 03:43:52 | 04:31:11 |         | 04:57:12.65 | 04:57:12.65 | 6:39   | 9    |
| 70   | KOWALCZYK MARIUSZ       | 632 | WOLFPACK                                    | ŻÓŁWIN                         | POL  | M40  | 70     | M 164 | 00:03:48 | 01:55:24 | 02:55:32 | 03:46:08 | 04:34:15 |         | 04:59:57.30 | 04:59:57.30 | 6:43   | 8.9  |
| 71   | RUTA MIKOŁAJ            | 687 |   | KRAKÓW                         | POL  | M40  | 71     | M 168 | 00:01:45 | 01:55:39 | 02:55:59 | 03:49:31 | 04:37:48 |         | 05:03:03.95 | 05:03:03.95 | 6:47   | 8.8  |
| 72   | CURZYDŁO BOGDAN         | 469 | POZYTYWNE<br>ZABIEGANI<br>SANOK             | SANOK                          | POL  | M40  | 72     | M 171 | 00:01:48 | 01:51:00 | 02:54:20 | 03:48:24 | 04:37:08 |         | 05:05:07.60 | 05:05:07.60 | 6:50   | 8.8  |
| 73   | PAJESTKA WOJCIECH       | 39  | POZYTYWNE<br>ZABIEGANI<br>SANOK/AZS<br>PWSZ | SANOK                          | POL  | M40  | 73     | M 172 | 00:01:48 | 01:51:12 | 02:48:41 | 03:48:26 | 04:37:08 |         | 05:05:07.95 | 05:05:07.95 | 6:50   | 8.8  |
| 74   | CHORZĘPA MARIUSZ        | 408 | TSA-SANDOMIER<br>Z                          | SANDOMIERZ                     | POL  | M40  | 74     | M 174 | 00:01:55 | 01:50:30 | 02:51:15 | 03:46:18 | 04:38:32 |         | 05:05:08.80 | 05:05:08.80 | 6:50   | 8.8  |
| 75   | MUCHA GRZEGORZ          | 744 |   | CHŁOPICE                       | POL  | M40  | 75     | M 177 | 00:00:52 | 01:38:08 | 02:37:45 | 03:41:53 | 04:38:56 |         | 05:05:16.70 | 05:05:16.70 | 6:50   | 8.8  |
| 76   | DARCHUK OLEKSANDR       | 386 |   | WĘGRZCE                        | POL  | M40  | 76     | M 181 | 00:01:06 | 01:47:40 | 02:53:10 | 03:48:35 | 04:36:57 |         | 05:05:20.60 | 05:05:20.60 | 6:50   | 8.8  |
| 77   | SADY SEBASTIAN          | 178 |   | OSTROWIEC<br>ŚWIĘTOKRZY<br>SKI | POL  | M40  | 77     | M 183 | 00:02:16 | 01:50:48 | 02:52:13 | 03:49:14 | 04:39:15 |         | 05:06:23.00 | 05:06:23.00 | 6:52   | 8.7  |
| 78   | SWOBODA JAROSŁAW        | 41  | NIGHT RUNNERS<br>GLIWICE                    | KNURÓW                         | POL  | M40  | 78     | M 186 | 00:03:12 | 01:55:21 | 02:58:26 | 03:53:21 | 04:41:44 |         | 05:06:45.90 | 05:06:45.90 | 6:52   | 8.7  |
| 79   | BIESIEKIERSKI KRZYSZTOF | 362 | DRUŻYNA WILKA                               | OLSZTYN                        | POL  | M40  | 79     | M 187 | 00:02:57 | 01:49:40 | 02:53:37 | 03:47:27 | 03:51:16 |         | 05:07:55.15 | 05:07:55.15 | 6:54   | 8.7  |
| 80   | SZYMAŁA MARCIN          | 223 | KLUCZBORSKA<br>GRUPA BIEGOWA                | KLUCZBORK                      | POL  | M40  | 80     | M 189 | 00:00:54 | 01:44:21 | 02:46:08 | 03:50:44 | 04:40:56 |         | 05:08:30.60 | 05:08:30.60 | 6:55   | 8.7  |
| 81   | SULEWSKI MACIEJ         | 448 |   | OSTROLEKA                      | POL  | M40  | 81     | M 191 | 00:02:04 | 01:54:02 | 02:54:48 | 03:50:24 | 04:40:09 |         | 05:08:57.90 | 05:08:57.90 | 6:55   | 8.7  |
| 82   | PRÜFER PAWEŁ            | 422 |   | KOSIECZYN                      | POL  | M40  | 82     | M 196 | 00:02:45 | 01:51:48 | 02:51:28 | 03:47:03 | 04:38:58 |         | 05:10:40.50 | 05:10:40.50 | 6:57   | 8.6  |
| 83   | DOMINIK MARIUSZ         | 248 |   | BIŁGORAJ                       | POL  | M40  | 83     | M 203 | 00:01:27 | 01:54:54 | 02:57:21 | 03:57:43 | 04:44:13 |         | 05:11:29.30 | 05:11:29.30 | 6:59   | 8.6  |
| 84   | KIRILENKO MARCIN        | 481 |   | MARKI                          | POL  | M40  | 84     | M 204 | 00:00:49 | 01:48:20 | 02:54:23 | 03:55:36 | 04:43:34 |         | 05:11:39.60 | 05:11:39.60 | 6:59   | 8.6  |
| 85   | KOŚCIAK JAN             | 210 | DZIKIE<br>MUSTANGI                          | PASZCZYNA                      | POL  | M40  | 85     | M 205 | 00:01:44 | 01:55:19 | 03:01:26 | 03:56:49 | 04:44:07 |         | 05:11:40.80 | 05:11:40.80 | 6:59   | 8.6  |
| 86   | DEMBNY TOMASZ           | 718 |   | TARCZYN                        | POL  | M40  | 86     | M 207 | 00:00:54 | 01:43:10 | 02:58:42 | 03:56:22 | 04:45:48 |         | 05:11:43.70 | 05:11:43.70 | 6:59   | 8.6  |
| 87   | KONOPKA BARTOSZ         | 682 | TRÓJKA/ZWIEDZA<br>NIE PRZEZ<br>BIEGANIE     | KRAKÓW                         | POL  | M40  | 87     | M 209 | 00:00:50 | 01:50:30 | 02:55:12 | 03:56:36 | 04:43:52 |         | 05:12:53.10 | 05:12:53.10 | 7:00   | 8.6  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                                  | M-scowość                      | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------------------------|--------------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 88   | BŁAJSZCZAK KAROL     | 395 | TSA                                   | SANDOMIERZ                     | POL  | M40  | 88     | M 210 | 00:01:55 | 01:53:03 | 02:55:22 | 03:50:51 | 04:43:49 |         | 05:13:17.75 | 05:13:17.75 | 7:01   | 8.5  |
| 89   | DALKA PAWEŁ          | 391 | BIEGNE, ŻEBY<br>BARTEK MÓGL<br>BIEGAĆ | KIELCE                         | POL  | M40  | 89     | M 212 | 00:01:37 | 01:51:15 | 02:54:51 | 03:53:50 | 04:45:44 |         | 05:14:32.45 | 05:14:32.45 | 7:03   | 8.5  |
| 90   | SZMUC JACEK          | 177 |                                       | MYSZKÓW                        | POL  | M40  | 90     | M 214 | 00:01:20 | 01:52:03 | 02:59:26 | 03:59:49 | 04:47:55 |         | 05:14:54.95 | 05:14:54.95 | 7:03   | 8.5  |
| 91   | MAJCHROWSKI JACEK    | 87  | CKB<br>TARNOBRZEG<br>G                | TARNOBRZE                      | POL  | M40  | 91     | M 216 | 00:00:58 | 01:51:48 | 02:55:53 | 03:57:50 | 04:47:58 |         | 05:15:06.90 | 05:15:06.90 | 7:03   | 8.5  |
| 92   | KOCHANIEC WALDEMAR   | 243 | TKKF SOKÓŁ<br>GŁOGÓW<br>MAŁOPOLSKI    | GŁOGÓW                         | POL  | M40  | 92     | M 218 | 00:03:14 | 01:57:09 | 03:03:46 | 04:02:41 | 04:50:36 |         | 05:16:22.40 | 05:16:22.40 | 7:05   | 8.5  |
| 93   | MIROŚLAW ALBERT      | 442 | WW TEAM                               | LUBLIN                         | POL  | M40  | 93     | M 219 | 00:02:54 | 01:59:15 | 03:01:15 | 04:03:25 | 04:50:32 |         | 05:17:16.00 | 05:17:16.00 | 7:06   | 8.4  |
| 94   | KŁOSOK ADAM          | 13  | INŻYNIERIA<br>BIEGANIA<br>E           | MARKLOWIC                      | POL  | M40  | 94     | M 221 | 00:00:46 | 01:52:46 | 03:09:00 | 04:07:57 | 04:51:29 |         | 05:17:18.45 | 05:17:18.45 | 7:06   | 8.4  |
| 95   | NIEDZIELA MARCIN     | 292 | FAT MAMA'S<br>SPORT CLUB              | BYTOM                          | POL  | M40  | 95     | M 223 | 00:01:06 | 01:58:34 | 03:02:29 | 04:01:05 | 04:50:29 |         | 05:18:02.40 | 05:18:02.40 | 7:07   | 8.4  |
| 96   | JAMA RAFAŁ           | 525 | WATER TEAM                            | TRZEBOWNIS<br>KO               | POL  | M40  | 96     | M 224 | 00:01:16 | 01:52:49 | 02:55:46 | 03:58:44 | 04:49:37 |         | 05:18:13.00 | 05:18:13.00 | 7:08   | 8.4  |
| 97   | BERNAŚ DARIUSZ       | 569 | BUT BIŁGORAJ<br>ULTRA TRAIL           | BIŁGORAJ                       | POL  | M40  | 97     | M 225 | 00:01:25 | 01:54:58 | 02:59:14 | 03:59:48 | 04:50:28 |         | 05:18:59.85 | 05:18:59.85 | 7:09   | 8.4  |
| 98   | BUTRYN WOJCIECH      | 272 |                                       | KRAKÓW                         | POL  | M40  | 98     | M 227 | 00:01:00 | 01:55:50 | 03:02:12 | 04:02:05 | 04:50:42 |         | 05:19:11.40 | 05:19:11.40 | 7:09   | 8.4  |
| 99   | STEMPKOWICZ JACEK    | 325 |                                       | GORLICE                        | POL  | M40  | 99     | M 229 | 00:01:55 | 01:45:37 | 02:54:43 | 03:56:12 | 04:48:52 |         | 05:19:55.05 | 05:19:55.05 | 7:10   | 8.4  |
| 100  | AMBROZIAK RAFAŁ      | 347 | KONIUCHY OCR                          | KUTNO                          | POL  | M40  | 100    | M 230 | 00:01:39 | 01:57:05 | 03:02:29 | 03:58:20 | 04:50:29 |         | 05:19:58.20 | 05:19:58.20 | 7:10   | 8.4  |
| 101  | JAKUBAS PAWEŁ        | 370 | WPJ TEAM                              | WARSZAWA                       | POL  | M40  | 101    | M 234 | 00:01:14 | 01:54:49 | 03:01:40 | 03:59:51 | 04:52:38 |         | 05:20:30.65 | 05:20:30.65 | 7:11   | 8.3  |
| 102  | SERAFIN ROBERT       | 660 |                                       | GRYBÓW                         | POL  | M40  | 102    | M 238 | 00:03:12 | 02:00:56 | 03:03:31 | 04:00:02 | 04:53:27 |         | 05:23:34.40 | 05:23:34.40 | 7:15   | 8.3  |
| 103  | PACHO SYLWESTER      | 708 |                                       | GRYBÓW                         | POL  | M40  | 103    | M 239 | 00:02:02 | 01:59:42 | 03:08:32 | 04:02:23 | 04:53:28 |         | 05:23:34.50 | 05:23:34.50 | 7:15   | 8.3  |
| 104  | TYMOSZUK MICHAŁ      | 691 | KB BIAŁA BIEGA<br>PODLASKA            | BIAŁA                          | POL  | M40  | 104    | M 240 | 00:03:08 | 02:01:24 | 03:09:59 | 04:09:40 | 04:57:20 |         | 05:23:36.35 | 05:23:36.35 | 7:15   | 8.3  |
| 105  | SUMARA WOJCIECH      | 357 | NIEZRZESZONY                          | BRZESKO                        | POL  | M40  | 105    | M 245 |          |          | 03:03:53 | 04:05:08 | 04:56:07 |         | 05:26:35.20 | 05:26:35.20 | 7:19   | 8.2  |
| 106  | CISKI PIOTR          | 170 |                                       | WARSZAWA                       | POL  | M40  | 106    | M 246 | 00:02:20 | 01:54:51 | 03:03:55 | 04:03:51 | 04:57:20 |         | 05:26:35.70 | 05:26:35.70 | 7:19   | 8.2  |
| 107  | JEDLIŃSKI BARTOSZ    | 60  | MARATOŃCZYK<br>DĘBICA                 | BRZEŹNICA                      | POL  | M40  | 107    | M 250 | 00:00:36 | 01:56:07 | 03:07:56 | 04:05:32 | 04:56:36 |         | 05:27:22.90 | 05:27:22.90 | 7:20   | 8.2  |
| 108  | KOSMĘDA PIOTR MICHAŁ | 195 |                                       | WARSZAWA                       | POL  | M40  | 108    | M 252 | 00:01:02 | 02:00:23 | 03:14:38 | 04:13:34 | 05:02:36 |         | 05:27:30.90 | 05:27:30.90 | 7:20   | 8.2  |
| 109  | HAJDO ROBERT         | 319 |                                       | BRZESKO                        | POL  | M40  | 109    | M 258 | 00:02:32 | 02:00:05 | 03:04:37 | 04:08:52 | 04:59:39 |         | 05:29:15.55 | 05:29:15.55 | 7:22   | 8.1  |
| 110  | OSZCZĘDA KRZYSZTOF   | 443 | ZARAZIĆ PASJĄ                         | ŻORY                           | POL  | M40  | 110    | M 259 | 00:01:34 | 02:01:18 | 03:08:18 | 04:10:09 | 05:00:36 |         | 05:29:16.95 | 05:29:16.95 | 7:22   | 8.1  |
| 111  | STĘPIEŃ WOJCIECH     | 74  | JM RUNNING<br>TEAM                    | GLIWICE                        | POL  | M40  | 111    | M 266 | 00:03:19 | 02:02:22 | 03:12:43 | 04:14:37 | 05:03:55 |         | 05:31:52.15 | 05:31:52.15 | 7:26   | 8.1  |
| 112  | DADAŚ JANUSZ         | 27  | NIGHT RUNNERS<br>GLIWICE              | GLIWICE                        | POL  | M40  | 112    | M 269 | 00:02:58 | 02:03:00 | 03:16:54 | 04:18:09 | 05:04:48 |         | 05:32:09.10 | 05:32:09.10 | 7:26   | 8.1  |
| 113  | DUKATA GRZEGORZ      | 697 | MGW                                   | CHUDÓW                         | POL  | M40  | 113    | M 272 | 00:01:01 | 02:06:51 | 03:19:42 | 04:19:40 | 05:06:56 |         | 05:34:36.15 | 05:34:36.15 | 7:30   | 8    |
| 114  | BĘBEN ROBERT         | 613 | OSTROBIEC                             | OSTROWIEC<br>ŚWIETOKRZY<br>SKI | POL  | M40  | 114    | M 273 | 00:01:35 | 02:07:16 | 03:19:07 | 04:19:10 | 05:06:10 |         | 05:34:41.45 | 05:34:41.45 | 7:30   | 8    |
| 115  | PIEKARSKI WOJCIEC    | 221 | RAP AUGUSTÓW                          | AUGUSTÓW                       | POL  | M40  | 115    | M 287 | 00:02:25 | 02:05:33 | 03:17:49 | 04:22:01 | 05:11:36 |         | 05:41:41.25 | 05:41:41.25 | 7:39   | 7.8  |
| 116  | WAWRZAK RYSZARD      | 48  | NIGHT RUNNERS<br>GLIWICE              | GLIWICE                        | POL  | M40  | 116    | M 291 | 00:03:08 | 02:03:46 | 03:16:56 | 04:18:34 | 05:11:19 |         | 05:41:55.60 | 05:41:55.60 | 7:39   | 7.8  |
| 117  | FRĄC DARIUSZ         | 37  | NIGHT RUNNERS<br>GLIWICE              | GLIWICE                        | POL  | M40  | 117    | M 292 | 00:03:08 | 02:03:42 | 03:16:45 | 04:20:05 | 05:12:24 |         | 05:41:55.80 | 05:41:55.80 | 7:39   | 7.8  |
| 118  | STODULSKI KRZYSZTOF  | 348 | KUTNO BIEGA                           | KRZYŻANÓW                      | POL  | M40  | 118    | M 299 | 00:01:40 | 02:03:23 | 03:17:46 | 04:25:46 | 05:15:45 |         | 05:44:41.80 | 05:44:41.80 | 7:43   | 7.8  |
| 119  | JĘDRZEJCZYK TOMASZ   | 512 | CHYBA NIE DAM<br>RADY                 | KRAKÓW                         | POL  | M40  | 119    | M 301 | 00:02:07 | 02:04:50 | 03:18:41 | 04:22:08 | 05:13:16 |         | 05:44:45.00 | 05:44:45.00 | 7:43   | 7.8  |
| 120  | TOKARZ MARCIN        | 434 |                                       | LIBERTÓW                       | POL  | M40  | 120    | M 303 | 00:00:53 | 02:04:31 | 03:22:38 | 04:23:28 | 05:13:07 |         | 05:45:25.40 | 05:45:25.40 | 7:44   | 7.7  |
| 121  | MAJTYKA TOMASZ       | 167 | LOS TREPOS<br>COMPANIEROS             | KRAKÓW                         | POL  | M40  | 121    | M 304 | 00:02:37 | 02:06:09 | 03:18:45 | 04:26:16 | 05:17:18 |         | 05:45:28.65 | 05:45:28.65 | 7:44   | 7.7  |
| 122  | ZNAMIEC MARCIN       | 563 | IPA PAŁAC<br>MOSTOWSKICH<br>KSP       | WARSZAWA                       | POL  | M40  | 122    | M 310 | 00:03:36 | 02:08:48 | 03:23:26 | 04:27:12 | 05:18:57 |         | 05:47:15.60 | 05:47:15.60 | 7:47   | 7.7  |
| 123  | BEŁKOT ARKADIUSZ     | 703 |                                       | ŚWIĘTOCHŁO<br>WICE             | POL  | M40  | 123    | M 312 | 00:01:46 | 02:03:43 | 03:17:33 | 04:21:11 | 05:13:07 |         | 05:48:04.25 | 05:48:04.25 | 7:48   | 7.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|--|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 124  | PATRYK JACEK        | 527 |  | ŚWIĘTOCHŁO<br>WICE     | POL  | M40  | 124    | M 313 | 00:01:46 | 02:03:47 | 03:17:35 | 04:21:13 | 05:13:08 |         | 05:48:04.55 | 05:48:04.55 | 7:48   | 7.7  |
| 125  | WRÓBEL DARIUSZ      | 287 | TEAM<br>ZABIEGANEDNI                         | WARSZAWA               | POL  | M40  | 125    | M 319 | 00:02:01 | 02:05:26 | 03:25:16 | 04:27:34 | 05:18:35 |         | 05:48:32.65 | 05:48:32.65 | 7:48   | 7.7  |
| 126  | BIEL TOMASZ         | 552 |  | KATOWICE               | POL  | M40  | 126    | M 321 | 00:02:45 | 02:07:18 | 03:27:20 | 04:27:12 | 05:19:49 |         | 05:48:34.95 | 05:48:34.95 | 7:48   | 7.7  |
| 127  | STOPA MARCIN        | 571 | WWW.RUNRZESZ<br>OW.PL                        | RZESZÓW                | POL  | M40  | 127    | M 323 | 00:02:08 | 01:54:40 | 03:05:51 | 04:19:23 | 05:16:53 |         | 05:51:03.70 | 05:51:03.70 | 7:52   | 7.6  |
| 128  | ZAKRZEWSKI MAREK    | 683 |  | WARSZAWA               | POL  | M40  | 128    | M 324 | 00:01:25 | 02:05:14 | 03:15:57 | 04:20:52 | 05:17:55 |         | 05:51:04.95 | 05:51:04.95 | 7:52   | 7.6  |
| 129  | TOKARSKI RAFAŁ      | 626 |  | KRAKÓW                 | POL  | M40  | 129    | M 329 | 00:02:18 | 01:58:24 | 03:14:23 | 04:23:42 | 05:18:01 |         | 05:52:37.45 | 05:52:37.45 | 7:54   | 7.6  |
| 130  | PAŚNIK PAWEŁ        | 598 | AKB CRACOVIA                                 | WARSZAWA               | POL  | M40  | 130    | M 330 | 00:03:09 | 02:05:20 | 03:20:25 | 04:27:50 | 05:21:10 |         | 05:53:07.00 | 05:53:07.00 | 7:55   | 7.6  |
| 131  | SZACHEWICZ SŁAWOMIR | 554 | JEŻOZWIERZE<br>GROUP                         | WROCŁAW                | POL  | M40  | 131    | M 334 | 00:02:59 | 02:05:16 | 03:19:14 | 04:30:28 | 05:24:28 |         | 05:56:14.20 | 05:56:14.20 | 7:59   | 7.5  |
| 132  | FRĄCZEK MACIEJ      | 726 |  | PIASECZNO              | POL  | M40  | 132    | M 336 |          | 02:16:42 | 03:29:50 | 04:35:31 | 05:27:55 |         | 05:56:28.75 | 05:56:28.75 | 7:59   | 7.5  |
| 133  | SKOWRON RADOŚLAW    | 364 |  | BALICE                 | POL  | M40  | 133    | M 337 | 00:05:01 | 02:16:40 | 03:29:48 | 04:35:16 | 05:27:56 |         | 05:56:29.30 | 05:56:29.30 | 7:59   | 7.5  |
| 134  | BARAN BERNARD       | 665 | OCR TEAM<br>DĘBICA                           | DĘBICA                 | POL  | M40  | 134    | M 338 | 00:02:14 | 02:13:06 | 03:28:23 | 04:34:25 | 05:26:13 |         | 05:56:33.85 | 05:56:33.85 | 7:59   | 7.5  |
| 135  | ZIELONKA MARIUSZ    | 245 |  | POZNAŃ                 | POL  | M40  | 135    | M 339 | 00:03:19 | 02:15:16 | 03:26:34 | 04:32:02 | 05:26:52 |         | 05:57:26.95 | 05:57:26.95 | 8:00   | 7.5  |
| 136  | SWOROWSKI MACIEJ    | 464 | WOLSZTYNSKI<br>KLUB BIEGOWY                  | WOLSZTYN               | POL  | M40  | 136    | M 347 | 00:01:54 | 02:14:48 | 03:31:25 | 04:32:56 | 05:27:52 |         | 05:58:28.60 | 05:58:28.60 | 8:02   | 7.5  |
| 137  | PISIGNAS MARIUSZ    | 400 | NIGHT RUNNERS<br>GLIWICE                     | GLIWICE                | POL  | M40  | 137    | M 349 | 00:02:59 | 02:09:10 | 03:26:59 | 04:39:25 | 05:29:38 |         | 05:58:30.80 | 05:58:30.80 | 8:02   | 7.5  |
| 138  | RAMOTOWSKI MARCIN   | 93  | GERLACH<br>SMUGGLERS                         | WARSZAWA               | POL  | M40  | 138    | M 351 | 00:01:10 | 02:03:59 | 03:23:29 | 04:33:11 | 05:27:26 |         | 05:59:07.95 | 05:59:07.95 | 8:03   | 7.5  |
| 139  | PIASNY PAWEŁ        | 746 |  | GLIWICE                | POL  | M40  | 139    | M 353 | 00:01:01 | 02:06:52 | 03:24:49 | 04:33:08 | 05:28:03 |         | 05:59:13.90 | 05:59:13.90 | 8:03   | 7.4  |
| 140  | KOWALSKI MACIEJ     | 268 | MORSY OŚNO<br>LUBUSKIE                       | OŚNO<br>LUBUSKIE       | POL  | M40  | 140    | M 354 | 00:01:54 | 02:02:50 | 03:20:58 | 04:31:48 | 05:29:26 |         | 06:00:23.80 | 06:00:23.80 | 8:04   | 7.4  |
| 141  | ROŹNIATA ANDRZEJ    | 640 | KS GŁOWNO W<br>BIEGU                         | GŁOWNO                 | POL  | M40  | 141    | M 355 | 00:00:56 | 01:59:14 | 03:15:11 | 04:26:56 | 05:27:27 |         | 06:00:32.50 | 06:00:32.50 | 8:05   | 7.4  |
| 142  | KISIŃSKI JAROSŁAW   | 589 | COMP S.A. /<br>NOVITUS                       | NOWY SĄCZ              | POL  | M40  | 142    | M 356 | 00:01:08 | 02:04:26 | 03:16:40 | 04:24:50 | 05:30:12 |         | 06:00:32.55 | 06:00:32.55 | 8:05   | 7.4  |
| 143  | GŁOWACKI ANDRZEJ    | 468 | DOWÓDZTWO<br>WOJSK OBRONY<br>TERYTORIALNEJ   | LEGIONOWO              | POL  | M40  | 143    | M 357 | 00:01:03 | 01:58:31 | 03:18:09 | 04:29:06 | 05:26:03 |         | 06:00:38.60 | 06:00:38.60 | 8:05   | 7.4  |
| 144  | RYBAK WOJCIECH      | 595 | GOPR<br>BIESZCZADY                           | ŁAŃCUT                 | POL  | M40  | 144    | M 359 |          | 02:06:46 | 03:20:55 | 04:35:43 | 05:31:47 |         | 06:00:46.40 | 06:00:46.40 | 8:05   | 7.4  |
| 145  | WOJTOWICZ DANIEL    | 444 | NAUKA BIEGA                                  | USTRYKI<br>DOLNE       | POL  | M40  | 145    | M 362 | 00:00:52 | 02:04:32 | 03:22:52 | 04:32:50 | 05:29:40 |         | 06:01:35.95 | 06:01:35.95 | 8:06   | 7.4  |
| 146  | WAJCOWICZ WITOLD    | 150 | POZYTYWNE<br>ZABIEGANI<br>SANOK              | SANOK                  | POL  | M40  | 146    | M 366 | 00:01:47 | 02:12:20 | 03:30:21 | 04:37:32 | 05:32:44 |         | 06:04:01.80 | 06:04:01.80 | 8:09   | 7.4  |
| 147  | WIENER MARCIN       | 456 |  | KATOWICE               | POL  | M40  | 147    | M 368 | 00:03:29 | 02:11:03 | 03:26:28 | 04:34:11 | 05:29:41 |         | 06:04:25.65 | 06:04:25.65 | 8:10   | 7.3  |
| 148  | BURZYŃSKI TOMASZ    | 545 | -  | JÓZEFOSŁAW             | POL  | M40  | 148    | M 369 | 00:01:23 | 02:02:54 | 03:26:44 | 04:35:04 | 05:31:36 |         | 06:04:34.25 | 06:04:34.25 | 8:10   | 7.3  |
| 149  | MAŁKIEWICZ DARIUSZ  | 437 | PGB SPORTOWA<br>PACZKA                       | KATOWICE               | POL  | M40  | 149    | M 372 | 00:02:00 | 02:08:56 | 03:28:42 | 04:36:11 | 05:33:43 |         | 06:04:55.05 | 06:04:55.05 | 8:10   | 7.3  |
| 150  | FOGEL JANUSZ        | 256 | PTG SOKÓŁ<br>ŚWIAT PRACY                     | TARNÓW                 | POL  | M40  | 150    | M 373 | 00:02:15 | 02:12:22 | 03:29:12 | 04:38:03 | 05:34:04 |         | 06:04:58.55 | 06:04:58.55 | 8:10   | 7.3  |
| 151  | GAŚNIOROWSKI MACIEJ | 555 |  | WARSZAWA               | POL  | M40  | 151    | M 374 | 00:04:47 | 02:21:33 | 03:41:21 | 04:43:33 | 05:36:35 |         | 06:05:04.15 | 06:05:04.15 | 8:11   | 7.3  |
| 152  | JAKUBOWSKI DANIEL   | 242 | CENTRUM<br>ANIMACJI<br>SPOŁECZNEJ<br>CARITAS | ZABAJKA                | POL  | M40  | 152    | M 375 | 00:03:15 | 02:12:09 | 03:35:26 | 04:46:14 | 05:37:33 |         | 06:05:17.00 | 06:05:17.00 | 8:11   | 7.3  |
| 153  | KOPER JACEK         | 756 |  | ALEKSANDR<br>ÓW ŁÓDZKI | POL  | M40  | 153    | M 377 | 00:03:04 | 02:07:22 | 03:21:52 | 04:29:21 | 05:30:59 |         | 06:06:49.40 | 06:06:49.40 | 8:13   | 7.3  |
| 154  | STONOGA TOMASZ      | 679 | KITE&RUN FAN                                 | OZIMEK                 | POL  | M40  | 154    | M 378 | 00:01:42 | 02:14:35 | 03:32:52 | 04:36:07 | 05:33:23 |         | 06:06:51.30 | 06:06:51.30 | 8:13   | 7.3  |
| 155  | CWOJDZIŃSKI PIOTR   | 228 | NIGHT RUNNERS<br>POZNAŃ                      | POZNAŃ                 | POL  | M40  | 155    | M 381 | 00:02:53 | 02:09:22 | 03:28:21 | 04:41:12 | 05:36:08 |         | 06:07:01.85 | 06:07:01.85 | 8:13   | 7.3  |
| 156  | KWIECIEŃ KRZYSZTOF  | 668 | 4K TEAM<br>TARNÓW                            | TARNÓW                 | POL  | M40  | 156    | M 382 | 00:03:10 | 02:13:11 | 03:34:08 | 04:46:59 | 05:38:26 |         | 06:07:03.30 | 06:07:03.30 | 8:13   | 7.3  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub  | M-scowość             | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|---|-----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 157  | BURY MAREK             | 103 |   | SOSNOWIEC             | POL  | M40  | 157    | M 386 | 00:02:19 | 02:11:15 | 03:35:23 | 04:44:49 | 05:38:30 |         | 06:07:29.75 | 06:07:29.75 | 8:14   | 7.3  |
| 158  | RENKIEL TOMASZ         | 758 |   | GLIWICE               | POL  | M40  | 158    | M 387 | 00:03:17 | 02:03:36 | 03:29:57 | 04:41:36 | 05:37:34 |         | 06:07:31.40 | 06:07:31.40 | 8:14   | 7.3  |
| 159  | JANIK JANUSZ           | 91  | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE               | POL  | M40  | 159    | M 388 | 00:03:18 | 02:03:36 | 03:29:56 | 04:41:35 | 05:37:35 |         | 06:07:31.70 | 06:07:31.70 | 8:14   | 7.3  |
| 160  | KORBA MICHAŁ           | 214 |   | WARSZAWA              | POL  | M40  | 160    | M 390 | 00:01:25 | 02:21:54 | 03:48:01 | 04:46:12 | 05:38:30 |         | 06:07:43.75 | 06:07:43.75 | 8:14   | 7.3  |
| 161  | CHWALISZEWSKI JAROSŁAW | 108 | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE               | POL  | M40  | 161    | M 392 | 00:03:17 | 02:04:40 | 03:28:10 | 04:41:34 | 05:38:05 |         | 06:08:39.40 | 06:08:39.40 | 8:15   | 7.3  |
| 162  | CĘCELEWSKI JAROSŁAW    | 510 |   | CISIE                 | POL  | M40  | 162    | M 394 | 00:03:18 | 02:21:22 | 03:33:58 | 04:41:53 | 05:37:32 |         | 06:10:06.60 | 06:10:06.60 | 8:17   | 7.2  |
| 163  | PIGAN WIESŁAW          | 361 | B B L-JAROSŁAW                                | SZÓWSKO               | POL  | M40  | 163    | M 396 | 00:02:01 | 02:12:21 | 03:32:05 | 04:41:28 | 05:38:49 |         | 06:10:25.80 | 06:10:25.80 | 8:18   | 7.2  |
| 164  | KOŁODZIEJ JACEK        | 84  | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE               | POL  | M40  | 164    | M 399 | 00:03:17 | 02:04:56 | 03:30:00 | 04:41:34 | 05:38:22 |         | 06:11:22.55 | 06:11:22.55 | 8:19   | 7.2  |
| 165  | ZIELIŃSKI RAFAŁ        | 428 |   | MODLNICZKA            | POL  | M40  | 165    | M 402 | 00:01:01 | 02:12:53 | 03:37:38 | 04:50:27 | 05:41:40 |         | 06:12:51.20 | 06:12:51.20 | 8:21   | 7.2  |
| 166  | PAWLETA MICHAŁ         | 24  | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE               | POL  | M40  | 166    | M 403 | 00:03:16 | 02:16:27 | 03:37:47 | 04:44:01 | 05:40:11 |         | 06:13:08.75 | 06:13:08.75 | 8:21   | 7.2  |
| 167  | HALIŻAK NORBERT        | 474 | WIELUŃ BIEGA                                  | WIELUŃ                | POL  | M40  | 167    | M 404 | 00:02:04 | 02:19:52 | 03:35:07 | 04:42:03 | 05:40:33 |         | 06:13:12.40 | 06:13:12.40 | 8:22   | 7.2  |
| 168  | HOROWSKI TOMASZ        | 25  | RUNHOGS TYCHY                                 | TYCHY                 | POL  | M40  | 168    | M 407 | 00:01:38 | 02:10:47 | 03:27:41 | 04:40:55 | 05:38:58 |         | 06:13:34.80 | 06:13:34.80 | 8:22   | 7.2  |
| 169  | BAJOREK JAN            | 699 |   | OLSZYNY               | POL  | M40  | 169    | M 409 | 00:00:56 | 01:53:28 | 03:20:21 | 04:56:08 | 05:46:40 |         | 06:14:00.50 | 06:14:00.50 | 8:23   | 7.2  |
| 170  | PAROL PAWEŁ            | 349 | -   | SZYMANKOW<br>SZCZYŻNA | POL  | M40  | 170    | M 410 | 00:01:31 | 02:07:09 | 03:31:40 | 04:44:12 | 05:40:28 |         | 06:14:09.25 | 06:14:09.25 | 8:23   | 7.2  |
| 171  | DYBKA RAFAŁ            | 244 | PTG SOKÓŁ<br>ŚWIAT PRACY<br>TARNÓW            | TARNÓW                | POL  | M40  | 171    | M 411 | 00:01:34 | 02:03:44 | 03:29:13 | 04:40:16 | 05:38:32 |         | 06:14:36.20 | 06:14:36.20 | 8:23   | 7.1  |
| 172  | ZBICIAK GRZEGORZ       | 384 | ŁĘCZNA BIEGA                                  | SPICZYN               | POL  | M40  | 172    | M 412 | 00:02:20 | 02:16:23 | 03:37:08 | 04:50:31 | 05:43:16 |         | 06:15:09.90 | 06:15:09.90 | 8:24   | 7.1  |
| 173  | GOSZCZYŃSKI PIOTREK    | 733 |   | CZĘSTOCHO<br>WA       | POL  | M40  | 173    | M 413 | 00:02:30 | 02:13:26 | 03:33:44 | 04:45:30 | 05:43:00 |         | 06:15:14.20 | 06:15:14.20 | 8:24   | 7.1  |
| 174  | GALUS JACEK            | 225 |   | TARNÓW                | POL  | M40  | 174    | M 418 | 00:01:55 | 02:20:20 | 03:39:55 | 04:52:12 | 05:47:00 |         | 06:18:21.55 | 06:18:21.55 | 8:28   | 7.1  |
| 175  | JĘDRUSZCZAK ROBERT     | 113 | CZTERDZIEŚCI<br>LAT MINĘŁO JAK<br>JEDEN DZIEŃ | PIASECZNO             | POL  | M40  | 175    | M 422 | 00:02:13 | 02:08:58 | 03:31:44 | 04:45:25 | 05:44:52 |         | 06:19:45.15 | 06:19:45.15 | 8:30   | 7    |
| 176  | KULA ROBERT            | 126 |   | TARNÓW                | POL  | M40  | 176    | M 423 | 00:01:30 | 01:59:44 | 03:31:41 | 04:55:36 | 05:51:57 |         | 06:19:49.00 | 06:19:49.00 | 8:30   | 7    |
| 177  | MICHOŃ KAMIL           | 593 | BIEGAMWTARNO<br>WIE                           | TARNÓW                | POL  | M40  | 177    | M 424 | 00:01:32 | 02:07:35 | 03:32:15 | 04:51:16 | 05:48:24 |         | 06:21:12.60 | 06:21:12.60 | 8:32   | 7    |
| 178  | SAMOSIEJ JAKUB         | 473 | JUMP&FLY,<br>KABATY                           | WARSZAWA              | POL  | M40  | 178    | M 428 | 00:01:47 | 02:09:46 | 03:38:57 | 04:48:53 | 05:47:03 |         | 06:23:58.75 | 06:23:58.75 | 8:36   | 7    |
| 179  | MARKIEWICZ RAFAŁ       | 316 |   | WARSZAWA              | POL  | M40  | 179    | M 430 | 00:02:13 | 02:17:22 | 03:40:13 | 04:55:08 | 05:52:38 |         | 06:24:23.95 | 06:24:23.95 | 8:37   | 7    |
| 180  | CHMIELARZ DARIUSZ      | 277 |   | BOCHNIA               | POL  | M40  | 180    | M 432 | 00:02:05 | 02:09:02 | 03:25:56 | 04:41:36 | 05:46:26 |         | 06:24:46.35 | 06:24:46.35 | 8:37   | 7    |
| 181  | WRÓBEL DOMINIK         | 321 | AZS PWSZ<br>KROSNO                            | JASŁO                 | POL  | M40  | 181    | M 435 | 00:03:05 | 02:18:44 | 03:35:57 | 04:46:13 | 05:49:26 |         | 06:26:43.85 | 06:26:43.85 | 8:40   | 6.9  |
| 182  | LUC ADAM               | 326 | BIEGUSIEM.PL                                  | RYKI                  | POL  | M40  | 182    | M 437 | 00:02:37 | 02:17:39 | 03:39:01 | 04:53:36 | 05:52:37 |         | 06:26:55.80 | 06:26:55.80 | 8:40   | 6.9  |
| 183  | BUJAKOWSKI PATRYK      | 406 |   | PROSZOWICE            | POL  | M40  | 183    | M 440 | 00:03:01 | 02:22:33 | 03:49:34 | 04:53:39 | 05:53:22 |         | 06:27:00.95 | 06:27:00.95 | 8:40   | 6.9  |
| 184  | KOZAK MARCIN           | 107 | SAINT-GOBAIN<br>SQUAD                         | LUBARTÓW              | POL  | M40  | 184    | M 441 | 00:02:21 | 02:04:36 | 03:27:43 | 04:49:37 | 05:46:10 |         | 06:27:59.90 | 06:27:59.90 | 8:41   | 6.9  |
| 185  | KULDANEK MARCIN        | 204 | DOGOŃ<br>GRODZISK<br>MAZOWIECKI               | STANISŁAWÓ<br>W       | POL  | M40  | 185    | M 442 | 00:02:13 | 02:15:20 | 03:41:06 | 04:54:47 | 05:52:00 |         | 06:28:01.20 | 06:28:01.20 | 8:41   | 6.9  |
| 186  | WILK ANDREAS           | 127 |   | WYHL                  | GER  | M40  | 186    | M 445 | 00:01:38 | 02:17:44 | 03:44:27 | 04:58:52 | 05:57:24 |         | 06:29:31.10 | 06:29:31.10 | 8:44   | 6.9  |
| 187  | KUREK MARIUSZ          | 496 | MARATOŃCZYK<br>DĘBICA                         | DĘBICA                | POL  | M40  | 187    | M 446 | 00:01:45 | 02:12:33 | 03:37:19 | 04:52:09 | 05:53:19 |         | 06:29:34.00 | 06:29:34.00 | 8:44   | 6.9  |
| 188  | SANECKI ROBERT         | 165 | SPRINT GORZYCE                                | GORZYCE               | POL  | M40  | 188    | M 448 | 00:01:37 | 02:12:13 | 03:39:06 | 04:59:03 | 05:59:37 |         | 06:32:04.55 | 06:32:04.55 | 8:47   | 6.8  |
| 189  | JĘDRZEJCZYK ROBERT     | 677 | CHYBA NIE DAM<br>RADY                         | PODŁĘŻE               | POL  | M40  | 189    | M 450 | 00:02:09 | 02:18:06 | 03:41:56 | 04:53:50 | 05:59:14 |         | 06:32:56.15 | 06:32:56.15 | 8:48   | 6.8  |
| 190  | SIKORA SŁAWOMIR        | 457 | RACEBROTHERS                                  | TARNÓW                | POL  | M40  | 190    | M 452 | 00:01:33 | 02:07:52 | 03:31:22 | 04:51:39 | 05:54:42 |         | 06:34:58.40 | 06:34:58.40 | 8:51   | 6.8  |
| 191  | SOBCZAK MIKOŁAJ        | 371 | WYBIEGANI TEAM                                | SKÓRZEWO              | POL  | M40  | 191    | M 455 | 00:01:14 | 02:30:48 | 03:57:12 | 05:00:19 | 06:00:32 |         | 06:36:37.60 | 06:36:37.60 | 8:53   | 6.7  |
| 192  | GOLUBA KRZYSZTOF       | 305 |   | WARSZAWA              | POL  | M40  | 192    | M 456 | 00:01:17 | 02:13:17 | 03:39:18 | 04:51:56 | 05:59:07 |         | 06:36:47.70 | 06:36:47.70 | 8:53   | 6.7  |
| 193  | ZGÓRSKI GRZEGORZ       | 769 | NIGHT RUNNERS<br>GLIWICE                      | GLIWICE               | POL  | M40  | 193    | M 457 | 00:03:02 | 02:14:08 | 03:46:26 | 05:03:10 | 06:07:15 |         | 06:37:15.90 | 06:37:15.90 | 8:54   | 6.7  |
| 194  | STANISŁAWSKI TOMASZ    | 142 | KLUB BIEGACZA<br>RTV EURO AGD                 | WARSZAWA              | POL  | M40  | 194    | M 459 | 00:01:50 | 02:24:07 | 03:46:56 | 04:59:09 | 05:59:38 |         | 06:37:34.90 | 06:37:34.90 | 8:54   | 6.7  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M40 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub  | M-scowość         | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|---|-------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 195  | MISZCZYK MARCIN        | 417 |   | KRAKÓW            | POL  | M40  | 195    | M 460 | 00:02:25 | 02:35:00 | 03:57:03 | 05:04:24 | 06:03:49 |         | 06:39:15.80 | 06:39:15.80 | 8:57   | 6.7  |
| 196  | ZIELONKA BOGUMIŁ       | 530 | PKB ENDORFINA                                     | PIOTRKÓW TRYB     | POL  | M40  | 196    | M 461 | 00:03:18 | 02:21:51 | 03:52:46 | 05:06:29 | 06:05:43 |         | 06:39:52.40 | 06:39:52.40 | 8:57   | 6.7  |
| 197  | PRZYBYLSKI MARIUSZ     | 383 | PGB SPORTOWA PACZKA                               | GLIWICE           | POL  | M40  | 197    | M 462 | 00:02:02 | 02:15:59 | 03:35:58 | 04:57:24 | 06:00:53 |         | 06:41:12.00 | 06:41:12.00 | 8:59   | 6.7  |
| 198  | PRYSZCZ MIROSLAW       | 50  |   | RUDA ŚLĄSKA       | POL  | M40  | 198    | M 463 | 00:02:59 | 02:14:09 | 03:46:24 | 05:03:11 | 06:07:14 |         | 06:42:09.15 | 06:42:09.15 | 9:01   | 6.7  |
| 199  | KAZANOWSKI MARCIN      | 620 | OFIARY KAMIENICA                                  | KAMIENIEC         | POL  | M40  | 199    | M 469 | 00:02:10 | 02:24:53 | 03:48:27 | 05:03:08 | 06:09:09 |         | 06:45:07.70 | 06:45:07.70 | 9:05   | 6.6  |
| 200  | ROMAN PAWEŁ            | 546 | KS BARAKUDA MIŃSK MAZOWIECKI                      | MIŃSK MAZOWIECKI  | POL  | M40  | 200    | M 472 | 00:03:20 | 02:17:40 | 03:50:01 | 05:13:50 | 06:12:52 |         | 06:47:59.15 | 06:47:59.15 | 9:08   | 6.6  |
| 201  | RYSIAWA MAREK          | 547 | BEZ   | MIŃSK MAZOWIECKI  | POL  | M40  | 201    | M 473 | 00:03:20 | 02:17:49 | 03:49:57 | 05:13:53 | 06:13:04 |         | 06:47:59.20 | 06:47:59.20 | 9:08   | 6.6  |
| 202  | KUCIŃSKI TOMASZ        | 403 | MKB DREPTAK                                       | MIŃSK MAZOWIECKI  | POL  | M40  | 202    | M 474 | 00:03:22 | 02:17:46 | 03:49:59 | 05:13:56 | 06:13:05 |         | 06:48:01.70 | 06:48:01.70 | 9:08   | 6.6  |
| 203  | KUREK STANISŁAW        | 327 |   | KRAKÓW            | POL  | M40  | 203    | M 479 | 00:03:30 | 02:23:27 | 03:50:25 | 05:09:22 | 06:16:04 |         | 06:53:35.60 | 06:53:35.60 | 9:16   | 6.5  |
| 204  | TUTAK DANIEL           | 737 | FURIOSI POLANKA                                   | KROSNO            | POL  | M40  | 204    | M 482 | 00:02:51 | 02:30:09 | 03:57:08 | 05:14:40 | 06:17:50 |         | 06:54:06.35 | 06:54:06.35 | 9:17   | 6.5  |
| 205  | KALICKI IREK           | 713 | GCW ACADEMY                                       | WARSZAWA          | POL  | M40  | 205    | M 485 | 00:01:47 | 02:25:00 | 06:19:51 |          |          |         | 06:55:24.40 | 06:55:24.40 | 9:18   | 6.4  |
| 206  | BAĆMAGA JAN            | 666 | JPII - MAZOWSZANY                                 | KOWALA            | POL  | M40  | 206    | M 488 | 00:01:46 | 02:21:41 | 03:50:44 | 05:14:52 | 06:20:22 |         | 07:00:44.50 | 07:00:44.50 | 9:26   | 6.4  |
| 207  | KOSIERKIEWICZ GRZEGORZ | 760 |   | KIELCE            |      | M40  | 207    | M 489 | 00:01:27 | 02:32:48 | 04:06:02 | 05:14:58 | 06:22:10 |         | 07:00:59.65 | 07:00:59.65 | 9:26   | 6.4  |
| 208  | WILIMSKI TOMASZ        | 34  | NIGHT RUNNERS                                     | GLIWICE           | POL  | M40  | 208    | M 491 | 00:03:16 | 02:30:08 | 03:53:42 | 05:21:37 | 06:25:26 |         | 07:02:19.80 | 07:02:19.80 | 9:28   | 6.3  |
| 209  | DWORAK ADAM            | 658 | TAJFUN  | BĘDZIN            | POL  | M40  | 209    | M 493 | 00:02:05 | 02:18:27 | 03:54:00 | 05:20:06 | 06:26:30 |         | 07:03:00.50 | 07:03:00.50 | 9:29   | 6.3  |
| 210  | URBANOWICZ ŁUKASZ      | 339 |   | KRKAÓW            | POL  | M40  | 210    | M 494 | 00:02:25 | 02:36:36 | 06:25:23 |          |          |         | 07:03:34.75 | 07:03:34.75 | 9:29   | 6.3  |
| 211  | ADAMSKI BARTŁOMIEJ     | 366 |   | MODLNICA          | POL  | M40  | 211    | M 495 | 00:02:26 | 02:37:28 | 04:10:26 | 05:24:58 | 06:25:22 |         | 07:03:41.00 | 07:03:41.00 | 9:29   | 6.3  |
| 212  | KONOPACKI KRZYSZTOF    | 451 | ABY DO METY                                       | ZABKOWICE ŚLĄSKIE | POL  | M40  | 212    | M 498 | 00:02:57 | 02:29:08 | 04:03:13 | 05:23:22 | 06:30:16 |         | 07:06:36.65 | 07:06:36.65 | 9:33   | 6.3  |
| 213  | KACZKIEWICZ DAMIAN     | 270 | NIGHT RUNNERS GLIWICE                             | GLIWICE           | POL  | M40  | 213    | M 501 | 00:02:51 | 02:38:14 | 04:02:57 | 05:23:32 | 06:29:09 |         | 07:07:14.60 | 07:07:14.60 | 9:34   | 6.3  |
| 214  | MAJCHROWICZ ANDRZEJ    | 250 |   | KROŚCIENKO WYŻNE  | POL  | M40  | 214    | M 502 | 00:03:18 | 02:30:51 | 06:28:32 |          |          |         | 07:09:28.60 | 07:09:28.60 | 9:37   | 6.2  |
| 215  | KURKUS ALEKSANDER      | 259 | DOGOŃ GRODZISK MAZOWIECKI / ADIDAS RUNNERS WARSAW | WARSZAWA          | POL  | M40  | 215    | M 503 | 00:02:03 | 02:30:11 | 06:32:03 |          |          |         | 07:11:23.10 | 07:11:23.10 | 9:40   | 6.2  |
| 216  | GIENIECZKO MARCIN      | 723 |   | SUCHY DWÓR        | POL  | M40  | 216    | M 505 | 00:02:31 | 02:37:26 | 04:07:19 | 05:25:22 | 06:34:04 |         | 07:12:47.50 | 07:12:47.50 | 9:42   | 6.2  |
| 217  | CEBRAT TOMASZ          | 133 | POZYTYWNE ZABIEGANI SANOK                         | SOSNOWIEC         | POL  | M40  | 217    | M 508 | 00:02:41 | 02:32:55 | 04:08:24 | 05:30:04 | 06:36:37 |         | 07:16:12.75 | 07:16:12.75 | 9:46   | 6.1  |
| 218  | WÓJTOWICZ PAWEŁ        | 131 | LUBLIN BIEGA                                      | LUBLIN            | POL  | M40  | 218    | M 511 | 00:02:53 | 02:37:37 | 04:09:10 | 05:31:52 | 06:39:31 |         | 07:17:30.75 | 07:17:30.75 | 9:48   | 6.1  |
| 219  | PIECH ADAM             | 71  | PORANNY PATROL                                    | KRAKÓW            | POL  | M40  | 219    | M 521 | 00:03:15 | 02:49:44 | 04:35:24 | 06:02:35 | 07:07:19 |         | 07:48:55.40 | 07:48:55.40 | 10:30  | 5.7  |
| 220  | BAJAK MIROSLAW         | 119 |   | KRAKÓW            | POL  | M40  | 220    | M 522 | 00:01:34 | 02:51:40 | 04:37:06 | 06:07:21 | 07:26:12 |         | 08:02:30.95 | 08:02:30.95 | 10:49  | 5.5  |
|      | TYLKA PRZEMYSŁAW       | 278 |   | KROŚCIENKO WYŻNE  | POL  | M40  |        |       | 00:02:07 | 02:44:18 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |
|      | UNIEJEWSKI TOMASZ      | 573 | UMBA  | KATOWICE          | POL  | M40  |        |       | 00:01:17 | 02:03:02 | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K50**

| M-ce | Nazwisko i imię         | Nr  | Klub                        | M-scowość              | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|-----------------------------|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | DOMISZEWSKA MARIA       | 2   |                             | USTRZYKI DOLNE         | POL  | K50  | 1      | K 3   | 00:00:40 | 01:33:01 | 02:23:09 | 03:08:12 | 03:48:40 | 00:02:00 | 04:14:42.70 | 04:14:42.70 | 5:39   | 10.6 |
| 2    | ŻEBROWSKA JOLANTA       | 702 | POTRENUJEMY?                | PULAWY                 | POL  | K50  | 2      | K 40  | 00:00:46 | 02:05:35 | 03:21:53 | 04:23:39 | 05:15:13 |          | 05:48:29.00 | 05:48:29.00 | 7:48   | 7.7  |
| 3    | TOCZEWSKA ANNA          | 751 | JACEKBIEGA<br>RUNNING TEAM  | WARSZAWA               | POL  | K50  | 3      | K 49  | 00:02:23 | 02:08:55 | 03:24:01 | 04:29:16 | 05:27:23 |          | 05:59:03.75 | 05:59:03.75 | 8:03   | 7.5  |
| 4    | PARYSZ ANNA             | 646 | STARE BABICE<br>BIEGAJA     | BLIZNE JASIŃSKIEGO     | POL  | K50  | 4      | K 70  | 00:01:56 | 02:20:12 | 03:39:02 | 04:45:41 | 05:43:36 |          | 06:17:48.50 | 06:17:48.50 | 8:28   | 7.1  |
| 5    | SEREMET BOŻENA          | 205 | BBL KRAKÓW                  | KRAKÓW                 | POL  | K50  | 5      | K 79  | 00:03:11 | 02:17:39 | 03:38:39 | 04:59:26 | 05:57:02 |          | 06:29:11.30 | 06:29:11.30 | 8:43   | 6.9  |
| 6    | PYZEL AGNIESZKA         | 57  | KS PEGAZ                    | KONSTANCIN<br>JEZIORNA | POL  | K50  | 6      | K 85  | 00:02:32 | 02:18:39 | 03:48:02 | 05:05:13 | 06:03:53 |          | 06:33:01.15 | 06:33:01.15 | 8:48   | 6.8  |
| 7    | KŁOPOTOWSKA SOSNA KASKA | 516 | UNLIMITED<br>TRIATHLON TEAM | KRAKÓW                 | POL  | K50  | 7      | K 88  | 00:01:01 | 02:34:10 | 03:57:03 | 05:04:26 | 06:03:49 |          | 06:38:04.25 | 06:38:04.25 | 8:55   | 6.7  |
| 8    | NAMIOTA URSZULA         | 72  | 1960                        | DĘBICA                 | POL  | K50  | 8      | K 91  | 00:00:51 | 02:13:28 | 03:41:19 | 05:05:17 | 06:05:19 |          | 06:42:15.20 | 06:42:15.20 | 9:01   | 6.7  |
| 9    | MALEC BASIA             | 19  |                             | LUBLIN                 | POL  | K50  | 9      | K 121 | 00:01:56 | 02:35:55 | 04:11:09 | 05:46:37 | 06:51:04 |          | 07:29:46.15 | 07:29:46.15 | 10:05  | 5.9  |
|      | OBARSKA MAŁGORZATA      | 219 |                             | STARACHOW<br>ICE       | POL  | K50  |        |       | 00:02:58 | 02:57:38 | DNF      | DNF      | DNF      |          | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M50**

| M-ce | Nazwisko i imię      | Nr  | Klub                                  | M-scowość            | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------------------------|----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | CZYŻ GRZEGORZ        | 212 | GRUPA AZOTY -<br>AUTOMATYKA<br>TARNÓW | BOGUMIŁOWI<br>CE     | POL  | M50  | 1      | M 5   | 00:00:37 | 01:18:10 | 01:59:39 | 02:36:03 | 03:12:19 |         | 03:33:00.10 | 03:33:00.10 | 4:46   | 12.6 |
| 2    | SOKOŁOWSKI MAREK     | 5   | ALPIN SPORT<br>TEAM                   | MYSŁOWICE-<br>WESOŁA | POL  | M50  | 2      | M 25  | 00:00:34 | 01:27:55 | 02:16:20 | 02:58:19 | 03:37:01 |         | 03:58:43.50 | 03:58:43.50 | 5:21   | 11.2 |
| 3    | MAKA SŁAWOMIR        | 493 | STARGLOSS<br>TEAM                     | OSTROŁĘKA            | POL  | M50  | 3      | M 32  | 00:00:40 | 01:31:18 | 02:20:08 | 03:01:04 | 03:40:44 |         | 04:03:41.60 | 04:03:41.60 | 5:27   | 11   |
| 4    | BĘTKOWSKI WOJCIECH   | 263 | BRYGADA<br>BESKIDÓW                   | STRÓŻE               | POL  | M50  | 4      | M 34  | 00:00:32 | 01:30:46 | 02:21:50 | 03:04:57 | 03:43:55 |         | 04:05:16.40 | 04:05:16.40 | 5:29   | 10.9 |
| 5    | DYDIO PIOTR          | 551 | PID-MILL TEAM                         | SANOK                | POL  | M50  | 5      | M 35  | 00:00:49 | 01:33:40 | 02:22:12 | 03:03:51 | 03:43:57 |         | 04:05:49.35 | 04:05:49.35 | 5:30   | 10.9 |
| 6    | LUBAŃSKI ROBERT      | 670 |                                       | BUKOWICE             | POL  | M50  | 6      | M 37  | 00:01:16 | 01:33:16 | 02:23:09 | 03:05:00 | 03:44:39 |         | 04:07:10.40 | 04:07:10.40 | 5:32   | 10.8 |
| 7    | MACKIEWICZ ROMAN     | 181 | ŁÓDŹ RUNNING<br>TEAM                  | ŁÓDŹ                 | POL  | M50  | 7      | M 40  | 00:02:09 | 02:17:47 |          |          |          |         | 04:09:14.85 | 04:09:14.85 | 5:35   | 10.7 |
| 8    | JASTRZĄB PIOTR       | 246 | DEKAN LESKO                           | LESKO                | POL  | M50  | 8      | M 76  | 00:00:42 | 01:38:39 | 02:34:26 | 03:23:19 | 04:06:52 |         | 04:28:54.65 | 04:28:54.65 | 6:01   | 10   |
| 9    | KOSTKA JANUSZ        | 637 | POSMAKUJ RUN<br>TEAM                  | SZCZEPAŃC<br>OWA     | POL  | M50  | 9      | M 81  | 00:00:55 | 01:31:46 | 02:25:06 | 03:16:08 | 04:02:53 |         | 04:32:19.65 | 04:32:19.65 | 6:06   | 9.8  |
| 10   | KUSTROŃ ADAM         | 629 | PULEX                                 | KROSNO               | POL  | M50  | 10     | M 83  | 00:02:14 | 01:38:48 | 02:29:13 | 03:19:41 | 04:05:13 |         | 04:32:28.55 | 04:32:28.55 | 6:06   | 9.8  |
| 11   | BAĆMAGA GRZEGORZ     | 698 | BIEGIEM RADOM                         | RADOM                | POL  | M50  | 11     | M 88  | 00:00:39 | 01:42:25 | 02:39:48 | 03:28:10 | 04:12:12 |         | 04:36:48.70 | 04:36:48.70 | 6:12   | 9.7  |
| 12   | PAWLIKOWSKI BOGUSŁAW | 498 | DZIKIE ŻYCIE<br>RUN TEAM              | KATOWICE             | POL  | M50  | 12     | M 150 | 00:02:17 | 01:43:19 | 02:46:12 | 03:45:36 | 04:31:02 |         | 04:56:57.50 | 04:56:57.50 | 6:39   | 9    |
| 13   | PORĘBA EUGENIUSZ     | 695 |                                       | MIECHÓW              | POL  | M50  | 13     | M 159 | 00:01:26 | 01:56:19 | 02:54:09 | 03:45:29 | 04:33:01 |         | 04:58:38.30 | 04:58:38.30 | 6:41   | 9    |
| 14   | KALTENBERG JANUSZ    | 192 |                                       | JAROSŁAW             | POL  | M50  | 14     | M 169 | 00:02:47 | 01:55:00 | 02:53:45 | 03:43:47 | 04:33:24 |         | 05:03:05.30 | 05:03:05.30 | 6:47   | 8.8  |
| 15   | KRAUZE TOMASZ        | 621 | GB<br>WROCŁAWSKIE<br>MORSY            | WROCŁAW              | POL  | M50  | 15     | M 170 | 00:01:52 | 01:59:20 | 03:02:04 | 03:53:55 | 04:39:00 |         | 05:04:03.25 | 05:04:03.25 | 6:49   | 8.8  |
| 16   | GRZYWACZ WOJCIECH    | 447 | FARTLEK GO                            | GORZYCE              | POL  | M50  | 16     | M 195 | 00:01:37 | 01:52:49 | 02:59:21 | 03:54:03 | 04:42:05 |         | 05:10:37.55 | 05:10:37.55 | 6:57   | 8.6  |
| 17   | FALKOWSKI PIOTR      | 777 | KS PEGAZ<br>PIASECZNO                 | BRAK<br>DANYCH       | POL  | M50  | 17     | M 213 | 00:02:30 | 01:55:58 | 03:01:22 | 03:59:30 | 04:48:12 |         | 05:14:54.25 | 05:14:54.25 | 7:03   | 8.5  |
| 18   | LIK MAREK            | 161 | CHEŁM BIEGA                           | CHEŁM                | POL  | M50  | 18     | M 228 | 00:01:16 | 01:55:39 | 02:59:47 | 04:03:10 | 04:52:34 |         | 05:19:32.25 | 05:19:32.25 | 7:09   | 8.4  |
| 19   | CISZYŃSKI MAREK      | 42  | START KATOWICE                        | KATOWICE             | POL  | M50  | 19     | M 235 | 00:03:12 | 02:03:51 | 03:12:25 | 04:05:48 | 04:54:11 |         | 05:20:57.50 | 05:20:57.50 | 7:11   | 8.3  |
| 20   | SUWEZDA JACEK        | 380 |                                       | CZĘSTOCHO<br>WA      | POL  | M50  | 20     | M 251 | 00:02:30 | 01:57:39 | 03:05:50 | 04:04:31 | 04:56:06 |         | 05:27:28.80 | 05:27:28.80 | 7:20   | 8.2  |
| 21   | POREMSKI LESZEK      | 183 |                                       | WARSZAWA             | POL  | M50  | 21     | M 257 | 00:03:14 | 02:01:32 | 03:10:35 | 04:12:13 | 05:00:24 |         | 05:29:10.05 | 05:29:10.05 | 7:22   | 8.1  |
| 22   | LEŚNIAK DARIUSZ      | 11  |                                       | SZCZECIN             | POL  | M50  | 22     | M 265 | 00:00:46 | 01:56:34 | 03:09:02 | 04:11:46 | 05:02:30 |         | 05:31:45.40 | 05:31:45.40 | 7:26   | 8.1  |
| 23   | GÓRALCZYK STANISŁAW  | 750 | BUNGEE JUMPING<br>'MARIO'             | HAJNÓWKA             | POL  | M50  | 23     | M 278 | 00:02:27 | 02:00:25 | 03:16:16 | 04:21:02 | 05:10:15 |         | 05:37:51.30 | 05:37:51.30 | 7:34   | 7.9  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M50 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                                    | M-scowość        | Kraj | Kat. | M. kat | K/M   | 0.1km           | 18km            | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|---|------------------|------|------|--------|-------|-----------------|-----------------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 24   | JANOWSKI BOGDAN        | 768 |   | WARSZAWA         | POL  | M50  | 24     | M 279 | 00:02:27        | 01:57:49        | 03:06:42 | 04:12:47 | 05:04:29 |         | 05:38:18.20 | 05:38:18.20 | 7:35   | 7.9  |
| 25   | BERDYCHOWSKI KRZYSZTOF | 765 | FESTIWAL BIEGOWY                        | WARSZAWA         | POL  | M50  | 25     | M 280 | 00:02:29        | 01:57:55        | 03:06:41 | 04:12:43 | 05:05:11 |         | 05:38:18.30 | 05:38:18.30 | 7:35   | 7.9  |
| 26   | PAWELEC PIOTR          | 612 |   | JASŁO            | POL  | M50  | 26     | M 294 | 00:02:34        | 01:58:25        | 03:17:36 | 04:25:56 | 05:16:02 |         | 05:43:02.45 | 05:43:02.45 | 7:41   | 7.8  |
| 27   | PARCHOMIUK ANDRZEJ     | 138 | NIEZRZESZONY                            | WARSZAWA         | POL  | M50  | 27     | M 295 | 00:02:23        | 02:07:25        | 03:16:17 | 04:25:56 | 05:07:41 |         | 05:43:54.90 | 05:43:54.90 | 7:42   | 7.8  |
| 28   | NOWICKI ARTUR          | 435 | SPORTCZESNA                             | BARGŁY           | POL  | M50  | 28     | M 296 | 00:01:20        | 01:56:47        | 03:16:04 | 04:24:07 | 05:16:00 |         | 05:44:35.10 | 05:44:35.10 | 7:43   | 7.8  |
| 29   | BARANOWSKI KRZYSZTOF   | 351 | KUTNO BIEGA                             | KUTNO            | POL  | M50  | 29     | M 298 | 00:01:39        | 02:03:21        | 03:17:48 | 04:23:56 | 05:15:44 |         | 05:44:41.50 | 05:44:41.50 | 7:43   | 7.8  |
| 30   | GŁÓWKA ALFRED          | 634 | KARCZMA U FREDA                         | KĘDZIERZYN-KOZŁE | POL  | M50  | 30     | M 305 | 00:01:27        | 01:58:46        | 03:16:14 | 04:23:36 | 05:14:29 |         | 05:46:12.35 | 05:46:12.35 | 7:45   | 7.7  |
| 31   | KAJA ROBERT            | 466 | WIELUŃ BIEGA                            | WIELUŃ           | POL  | M50  | 31     | M 317 | 00:02:03        | 02:01:16        | 03:16:08 | 04:20:37 | 05:16:13 |         | 05:48:20.60 | 05:48:20.60 | 7:48   | 7.7  |
| 32   | GRUCA RYSZARD          | 707 |   | GRYBÓW           | POL  | M50  | 32     | M 320 | 00:02:03        | 01:59:43        | 03:08:34 | 04:25:59 | 05:18:19 |         | 05:48:34.40 | 05:48:34.40 | 7:48   | 7.7  |
| 33   | DOMAGAŁA JERZY         | 294 |   | RZESZÓW          | POL  | M50  | 33     | M 331 | 00:03:23        | 02:11:33        | 03:23:58 | 04:26:04 | 05:22:29 |         | 05:54:41.50 | 05:54:41.50 | 7:57   | 7.5  |
| 34   | WYSOKIŃSKI JERZY       | 753 | KLUB BIEGACZA BIAŁA BIEGA/ORANGE POLSKA | BIAŁA PODLASKA   | POL  | M50  | 34     | M 346 | 00:03:11        | 02:17:55        | 03:31:06 | 04:32:57 | 05:27:17 |         | 05:58:26.60 | 05:58:26.60 | 8:02   | 7.5  |
| 35   | JEZIORNY RYSZARD       | 414 | WIELUŃ BIEGA                            | WIELUŃ           | POL  | M50  | 35     | M 358 | 00:02:04        | 02:08:37        | 03:26:04 | 04:32:03 | 05:26:35 |         | 06:00:41.85 | 06:00:41.85 | 8:05   | 7.4  |
| 36   | WARZYCHA KRZYSZTOF     | 121 | OSK MAXEL                               | BYTOM            | POL  | M50  | 36     | M 389 | 00:01:44        | 02:11:08        | 03:32:33 | 04:37:08 | 05:35:57 |         | 06:07:33.10 | 06:07:33.10 | 8:14   | 7.3  |
| 37   | KĘPKA ANDRZEJ          | 374 | PRZEWORSKA GRUPA BIEGOWA                | PRZEWORSK        | POL  | M50  | 37     | M 395 | 00:02:02        | 02:12:15        | 03:31:59 | 04:41:32 | 05:37:37 |         | 06:10:13.30 | 06:10:13.30 | 8:18   | 7.2  |
| 38   | ROSPOND PIOTR          | 157 | TKKF MPK POZNAŃ                         | POZNAŃ           | POL  | M50  | 38     | M 400 | 00:02:28        | 02:14:12        | 03:35:29 | 04:43:16 | 05:39:48 |         | 06:12:08.00 | 06:12:08.00 | 8:20   | 7.2  |
| 39   | DRABIK JACEK           | 115 |   | KRAKOW           | POL  | M50  | 39     | M 414 | 00:01:15        | 02:09:03        | 03:30:08 | 04:43:23 | 05:42:02 |         | 06:15:40.90 | 06:15:40.90 | 8:25   | 7.1  |
| 40   | OPALIŃSKI TOMASZ       | 358 |   | OSTRÓDA          | POL  | M50  | 40     | M 420 | 00:02:12        | 02:06:03        | 03:25:45 | 04:51:13 | 05:48:32 |         | 06:18:52.10 | 06:18:52.10 | 8:29   | 7.1  |
| 41   | KUCA ROMAN             | 711 |   | PIENIĘŻNO        | POL  | M50  | 41     | M 427 | 00:01:58        | 02:15:45        | 03:34:01 | 04:45:24 | 05:46:35 |         | 06:23:13.60 | 06:23:13.60 | 8:35   | 7    |
| 42   | MIKA DAMIAN            | 151 | EKO-OKNA RUNNERS                        | RACIBÓRZ         | POL  | M50  | 42     | M 451 | 00:02:45        | 02:21:47        | 03:43:21 | 04:58:52 | 05:57:38 |         | 06:33:05.90 | 06:33:05.90 | 8:48   | 6.8  |
| 43   | STACHYRA ANDRZEJ       | 312 | LSB                                     | LUBLIN           | POL  | M50  | 43     | M 470 | 00:02:20        | 02:00:20        | 03:23:56 | 04:57:55 | 06:08:59 |         | 06:46:40.95 | 06:46:40.95 | 9:07   | 6.6  |
| 44   | SOKOLOWSKI ARTUR       | 36  |   | SUWALKI          | POL  | M50  | 44     | M 476 | 00:02:36        | 02:25:52        | 03:49:00 | 05:08:03 | 06:10:50 |         | 06:51:17.00 | 06:51:17.00 | 9:13   | 6.5  |
| 45   | OBARSKI NORBERT        | 220 |   | KIELCE           | POL  | M50  | 45     | M 483 | 00:02:58        | 02:32:54        | 03:56:20 | 05:16:18 | 06:20:06 |         | 06:54:12.15 | 06:54:12.15 | 9:17   | 6.5  |
| 46   | BĘDŹKOWSKI MAREK       | 479 | MORSY OSTROŁĘKA                         | OSTROŁĘKA        | POL  | M50  | 46     | M 484 | 00:02:20        | 02:45:34        | 04:11:11 | 05:20:54 | 06:20:16 |         | 06:55:11.80 | 06:55:11.80 | 9:18   | 6.4  |
| 47   | HRYSZKO ROBERT         | 747 | POZYTYWNI ZABIEGANI SANOK               | SANOK            | POL  | M50  | 47     | M 515 | 00:02:40        | 02:34:18        | 04:19:00 | 05:45:38 | 06:46:52 |         | 07:26:24.95 | 07:26:24.95 | 10:00  | 6    |
|      | MAŚLANKA IRENEUSZ      | 64  | NIGHT RUNNERS GLIWICE                   | GLIWICE          | POL  | M50  |        |       | 00:03:40<br>DNF | 02:59:48<br>DNF | DNF      | DNF      | DNF      |         | DNF         | DNF         | -      | -    |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, K60**

| M-ce | Nazwisko i imię | Nr  | Klub | M-scowość | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km | 40.7km | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------|-----|------|-----------|------|------|--------|-------|----------|----------|----------|--------|--------|---------|-------------|-------------|--------|------|
| 1    | MORAWSKA ANNA   | 218 |      | WARSZAWA  | POL  | K60  | 1      | K 103 | 00:01:17 | 02:34:00 | 06:20:21 |        |        |         | 06:56:07.35 | 06:56:07.35 | 9:19   | 6.4  |

**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M60**

| M-ce | Nazwisko i imię   | Nr  | Klub                   | M-scowość  | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-------------------|-----|------------------------|------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 1    | TUCZAPSKI ARTUR   | 721 | COMBAT                 | RUDNA MAŁA | POL  | M60  | 1      | M 129 | 00:01:37 | 01:47:48 | 02:46:37 | 03:38:37 | 04:24:41 |         | 04:51:29.90 | 04:51:29.90 | 6:32   | 9.2  |
| 2    | KLAMUT RYSZARD    | 333 | JABŁONICA POLSKA       | JABŁONICA  | POL  | M60  | 2      | M 136 | 00:00:54 | 01:49:29 | 02:47:09 | 03:39:18 | 04:26:32 |         | 04:54:55.70 | 04:54:55.70 | 6:36   | 9.1  |
| 3    | ŚLIWIŃSKI ANDRZEJ | 421 |                        | MIECHÓW    | POL  | M60  | 3      | M 142 | 00:01:04 | 01:55:00 | 02:55:43 | 03:47:44 | 04:31:42 |         | 04:55:50.45 | 04:55:50.45 | 6:37   | 9    |
| 4    | JURCZAK ROMAN     | 200 |                        | RZESZÓW    | POL  | M60  | 4      | M 147 | 00:00:31 | 01:46:02 | 02:47:12 | 03:45:47 | 04:31:45 |         | 04:56:47.60 | 04:56:47.60 | 6:39   | 9    |
| 5    | TUROSZ ZBIGNIEW   | 147 |                        | LEŻAJSK    | POL  | M60  | 5      | M 249 | 00:01:22 | 01:55:22 | 03:02:51 | 04:01:18 | 04:54:30 |         | 05:26:40.40 | 05:26:40.40 | 7:19   | 8.2  |
| 6    | ADAMCZYK JAN      | 692 | GORLICKA GRUPA BIEGOWA | GORLICE    | POL  | M60  | 6      | M 253 | 00:02:00 | 01:55:06 | 03:01:56 | 04:03:46 | 04:57:23 |         | 05:28:37.00 | 05:28:37.00 | 7:22   | 8.1  |



**V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, M60 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                 | M-scowość               | Kraj | Kat. | M. kat | K/M   | 0.1km    | 18km     | 26.5km   | 34.2km   | 40.7km   | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|----------------------|-------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|---------|-------------|-------------|--------|------|
| 7    | KOZŁOWSKI TOMASZ    | 197 | PIASECZNO<br>RUNNING | KONSTANCIN<br>-JEZIORNA | POL  | M60  | 7      | M 261 | 00:02:33 | 02:04:32 | 03:13:06 | 04:11:52 | 05:01:58 |         | 05:31:12.25 | 05:31:12.25 | 7:25   | 8.1  |
| 8    | NOWAKOWSKI WIESŁAW  | 425 | -                    | PRZEMYŚL                | POL  | M60  | 8      | M 282 | 00:02:48 | 02:01:06 | 03:10:04 | 04:12:18 | 05:06:37 |         | 05:38:20.70 | 05:38:20.70 | 7:35   | 7.9  |
| 9    | RÓŻYCKI RYSZARD     | 772 |                      | ZAGÓRZ                  |      | M60  | 9      | M 300 | 00:02:35 | 02:06:32 | 03:15:36 | 04:22:15 | 05:15:37 |         | 05:44:43.15 | 05:44:43.15 | 7:43   | 7.8  |
| 10   | MAĆZKA BRONISŁAW    | 767 |                      | GLIWICE                 |      | M60  | 10     | M 335 | 00:02:43 | 02:06:06 | 03:21:10 | 04:30:21 | 05:24:45 |         | 05:56:17.65 | 05:56:17.65 | 7:59   | 7.5  |
| 11   | WÓJCIK JULIAN       | 233 | SZWLA<br>STARGARD    | STARGARD                | POL  | M60  | 11     | M 340 | 00:01:50 | 02:13:36 | 03:28:05 | 04:31:10 | 05:27:28 |         | 05:57:28.30 | 05:57:28.30 | 8:00   | 7.5  |
| 12   | KUŁAKOWSKI PIOTR    | 169 | CZŁAPACZE            | KONSTANCIN<br>-JEZIORNA | POL  | M60  | 12     | M 433 | 00:03:32 | 02:21:57 | 03:43:18 | 04:55:47 | 05:52:34 |         | 06:25:02.95 | 06:25:02.95 | 8:37   | 7    |
| 13   | SIEDLACZEK ZBIGNIEW | 104 |                      | LUBLIN                  | POL  | M60  | 13     | M 443 | 00:02:47 | 02:13:49 | 03:38:20 | 04:53:40 | 05:52:31 |         | 06:28:45.25 | 06:28:45.25 | 8:42   | 6.9  |
| 14   | NAMIOTA MAREK       | 73  |                      | DĘBICA                  | POL  | M60  | 14     | M 458 | 00:00:59 | 02:14:15 | 03:41:09 | 05:01:59 | 06:01:12 |         | 06:37:32.95 | 06:37:32.95 | 8:54   | 6.7  |
| 15   | MATYSEK IRENEUSZ    | 761 |                      | WAŁCZ                   |      | M60  | 15     | M 477 | 00:02:45 | 02:28:46 | 03:56:24 | 05:12:07 | 06:13:41 |         | 06:51:45.50 | 06:51:45.50 | 9:13   | 6.5  |
| 16   | KRĘCISZ ZBIGNIEW    | 139 | AMATOR               | RACIBÓRZ                | POL  | M60  | 16     | M 492 | 00:01:20 | 02:24:16 | 03:55:18 | 05:19:58 | 06:24:44 |         | 07:02:59.30 | 07:02:59.30 | 9:29   | 6.3  |
| 17   | JABŁOŃSKI KAZIMIERZ | 657 |                      | PRĄDY                   | POL  | M60  | 17     | M 509 | 00:02:11 | 02:36:27 | 04:02:43 | 05:23:09 | 06:35:11 |         | 07:16:22.85 | 07:16:22.85 | 9:47   | 6.1  |
| 18   | SZEWC MARIAN        | 240 |                      | BILGORAJ                | POL  | M60  | 18     | M 510 | 00:01:27 | 02:31:09 | 03:56:28 | 05:22:12 | 06:33:18 |         | 07:17:19.45 | 07:17:19.45 | 9:48   | 6.1  |
| 19   | GŁUSZCZAK JERZY     | 194 |                      | ŁÓDŹ                    | POL  | M60  | 19     | M 517 | 00:04:18 | 02:32:19 | 04:08:20 | 05:35:41 | 06:48:46 |         | 07:34:00.60 | 07:34:00.60 | 10:10  | 5.9  |