

V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM

Organizator: Fundacja Bieg Rzeźnika
 Data: 2019-01-26
 Miejsce: Cisna
 Dystans: 44,6 km
 Klasyfikacja wg czasów brutto.


V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
1	KOCZWARA TOMASZ	3		RADOMYŚL WIELKI	POL	M40	1	M 1	00:00:36	01:15:32	01:55:49	02:29:07	03:00:32	03:18:01.10	03:18:01.10	4:26	13.5
2	KIDA PAWEŁ	659		ŁOWISKO	POL	M20	1	M 2			02:02:47	02:36:28	03:10:27	03:28:10.35	03:28:10.35	4:40	12.9
3	JENDRYCH ARTUR	701	BIEGAJACY ŚWIDNIK	ŚWIDNIK	POL	M20	2	M 3	00:00:31	01:21:07	02:02:34	02:38:45	03:11:22	03:29:59.40	03:29:59.40	4:42	12.7
4	KRUBA MARCIN	614	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	M30	1	M 4	00:00:34	01:21:08	02:02:35	02:36:47	03:12:03	03:31:45.45	03:31:45.45	4:44	12.6
5	CZYŻ GRZEGORZ	212	GRUPA AZOTY - AUTOMATYKA TARNÓW	BOGUMIŁOWICE	POL	M50	1	M 5	00:00:37	01:18:10	01:59:39	02:36:03	03:12:19	03:33:00.10	03:33:00.10	4:46	12.6
6	TOMASIK STANISŁAW	641	GORLIĆKA GRUPA BIEGOWA	SZYMBARK	POL	M30	2	M 6	00:01:08	01:22:36	02:06:04	02:42:02	03:15:23	03:33:08.15	03:33:08.15	4:46	12.6
7	ŻUCHOWSKI DANIEL	770	MUAY RUNNING TEAM	KRAKÓW		M30	3	M 7	00:00:25	01:21:07	02:03:48	02:40:21	03:15:13	03:34:16.90	03:34:16.90	4:48	12.5
8	SZAPAR PRZEMYSŁAW	732	BIEGAMINA. SCARPA	GDYNIA	POL	M40	2	M 8	00:00:42	01:21:06	02:03:47	02:40:15	03:17:20	03:39:29.70	03:39:29.70	4:55	12.2
9	PAWŁOWSKI ARKADIUSZ	526	ROCK&RUN	WARSZAWA	POL	M30	4	M 9	00:00:36	01:23:12	02:06:59	02:43:43	03:20:13	03:39:52.90	03:39:52.90	4:55	12.2
10	MORAWA MATEUSZ	754	LACHO TEAM	RADZISZÓW	POL	M40	3	M 10	00:00:42	01:26:59	02:13:07	02:48:42	03:23:22	03:42:49.30	03:42:49.30	4:59	12
11	ZIAJKA KAROL	739		RYMANÓW	POL	M20	3	M 11	00:02:04	01:27:12	02:12:35	02:50:22	03:24:33	03:42:54.20	03:42:54.20	4:59	12
12	BAŁATKA KRZYSZTOF	389	AZS WSGK KUTNO	KUTNO	POL	M30	5	M 12	00:00:29	01:26:09	02:10:55	02:46:15	03:22:59	03:43:43.25	03:43:43.25	5:00	12
13	BARAN WOJTEK	215	OKNOPLAST RUNNING TEAM	ZABAWA/WIELICZKA	POL	M30	6	M 13	00:00:30	01:22:13	02:07:30	02:45:56	03:24:13	03:46:05.50	03:46:05.50	5:04	11.8
14	BIAŁOWĄS TOMASZ	520	STAJNIA BALONA	RZESZÓW	POL	M30	7	M 14	00:01:10	01:27:07	02:13:25	02:51:00	03:26:47	03:47:20.60	03:47:20.60	5:05	11.8
15	KWIATKOWSKI MICHAEL	56		KRAKÓW	POL	M30	8	M 15	00:00:32	01:24:45	02:09:47	02:48:06	03:27:16	03:48:35.85	03:48:35.85	5:07	11.7
16	WÓJCIK JACEK	449		GWOŹNICA GÓRNA	POL	M40	4	M 16	00:01:14	01:28:11	02:15:21	02:53:25	03:30:29	03:49:32.15	03:49:32.15	5:08	11.7
17	PASIECZNY ROBERT	393	FARTLEK GO	GORZYCE	POL	M40	5	M 17	00:00:38	01:26:09	02:12:34	02:50:37	03:28:13	03:51:12.45	03:51:12.45	5:08	11.7
18	ORŁOWSKI ANDRZEJ	227	POTRENUJEMY?	CEZARYN	POL	M20	4	M 18	00:00:33	01:23:31	02:10:43	02:53:53	03:31:25	03:52:09.10	03:52:09.10	5:12	11.5
19	TRYNIECKI KRZYSZTOF	262		LUBACZÓW	POL	M40	6	M 19	00:01:32	01:56:59				03:54:48.10	03:54:48.10	5:15	11.4
20	GOŚCINIEWICZ PAWEŁ	343	ZIEMOWIT TEAM	KATOWICE	POL	M40	7	M 20	00:00:32	01:27:21	02:16:34	02:58:47	03:36:05	03:54:58.25	03:54:58.25	5:16	11.4
21	ZYSKOWSKI ANDRZEJ	524	GORDON MOTORYZACJA	OLSZTYN	POL	M40	8	M 21	00:01:12	01:30:47	02:17:47	02:57:48	03:35:33	03:56:17.20	03:56:17.20	5:17	11.3
22	KUDŁAK PAWEŁ	567	PORANNY PATROL	KRAKÓW	POL	M30	9	M 22	00:00:47	01:30:52	02:17:40	02:57:58	03:35:27	03:56:43.65	03:56:43.65	5:18	11.3
23	MATYASZEK WALDEMAR	740		JASIEŃ	POL	M40	9	M 23	00:00:50	01:27:21	02:15:22	02:56:14	03:35:33	03:56:49.45	03:56:49.45	5:18	11.3
24	KOBIERSKI PIOTR	14	UKA ULTRAS RUNNERS	WARSZAWA	POL	M40	10	M 24	00:00:38	01:28:32	02:17:13	02:57:42	03:35:31	03:57:03.10	03:57:03.10	5:18	11.3
25	SOKOŁOWSKI MAREK	5	ALPIN SPORT TEAM	MYSŁOWICE-WES OŁA	POL	M50	2	M 25	00:00:34	01:27:55	02:16:20	02:58:19	03:37:01	03:58:43.50	03:58:43.50	5:21	11.2
26	PIETRZYK WOJCIECH	365	LACHO TEAM	KRAKÓW	POL	M40	11	M 26	00:00:43	01:27:15	02:13:44	02:54:45	03:36:34	03:59:15.90	03:59:15.90	5:21	11.2
27	PABIAN PAWEŁ	755	WALKABOUT TEAM	KRASNE	POL	M30	10	M 27	00:01:23	01:28:39	02:17:33	02:59:17	03:37:21	03:59:17.40	03:59:17.40	5:21	11.2
28	JASŁOWSKA JUSTYNA	94	POSMAKUJ RUN TEAM	JEDLUCZE	POL	K30	1	K 1	00:00:54	01:31:42	02:20:47	03:00:35	03:38:00	03:59:19.90	03:59:19.90	5:21	11.2
29	SZAPORÓW ŁUKASZ	100	INFINITY-GYM	PROSZOWICE	POL	M30	11	M 28	00:00:34	01:26:28	02:15:53	02:58:10	03:38:32	04:01:13.75	04:01:13.75	5:24	11.1
30	WAŻNY STANISŁAW	281	MEDIA LUBACZOWSKIE	LUBACZÓW	POL	M40	12	M 29	00:01:31	01:26:53	02:13:50	02:56:15	03:38:06	04:01:33.55	04:01:33.55	5:24	11.1
31	NIEZGODA MARCIN	381	KKB MOSIR KROSNO	KROSNO	POL	M20	5	M 30	00:00:31	01:30:18	02:20:10	03:00:24	03:39:44	04:01:45.20	04:01:45.20	5:25	11.1
32	STAŃKO PAWEŁ	396	BIESY I CZORTY	LUTOWISKA	POL	M40	13	M 31	00:02:09	01:37:28	02:26:07	03:07:09	03:43:18	04:02:30.40	04:02:30.40	5:26	11
33	MĄKA SŁAWOMIR	493	STARGLASS TEAM	OSTROŁĘKA	POL	M50	3	M 32	00:00:40	01:31:18	02:20:08	03:01:04	03:40:44	04:03:41.60	04:03:41.60	5:27	11
34	MARZEC GRZEGORZ	236	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	M40	14	M 33	00:00:40	01:34:31	02:24:11	03:05:10	03:43:47	04:04:38.30	04:04:38.30	5:29	10.9
35	BĘTKOWSKI WOJCIECH	263	BRYGADA BESKIDÓW	STRÓŻE	POL	M50	4	M 34	00:00:32	01:30:46	02:21:50	03:04:57	03:43:55	04:05:16.40	04:05:16.40	5:29	10.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
403	KOWALSKI MACIEJ	268	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	M40	140	M 354	00:01:54	02:02:50	03:20:58	04:31:48	05:29:26	06:00:23.80	06:00:23.80	8:04	7.4
404	ROŹNIATA ANDRZEJ	640	KS GŁOWNO W BIEGU	GŁOWNO	POL	M40	141	M 355	00:00:56	01:59:14	03:15:11	04:26:56	05:27:27	06:00:32.50	06:00:32.50	8:05	7.4
405	KISIŃSKI JAROSŁAW	589	COMP S.A. / NOVITUS	NOWY SĄCZ	POL	M40	142	M 356	00:01:08	02:04:26	03:16:40	04:24:50	05:30:12	06:00:32.55	06:00:32.55	8:05	7.4
406	GŁOWACKI ANDRZEJ	468	DOWÓDZTWO WOJSK OBRONY TERYTORIALNEJ	LEGIONOWO	POL	M40	143	M 357	00:01:03	01:58:31	03:18:09	04:29:06	05:26:03	06:00:38.60	06:00:38.60	8:05	7.4
407	ŁÓJ-KONIECZNA EDYTA	96	INFINITY GYM	PROSZOWICE	POL	K40	21	K 50	00:01:50	02:11:31	03:24:56	04:31:27	05:27:28	06:00:40.35	06:00:40.35	8:05	7.4
408	JEZIORNY RYSZARD	414	WIELUŃ BIEGA	WIELUŃ	POL	M50	35	M 358	00:02:04	02:08:37	03:26:04	04:32:03	05:26:35	06:00:41.85	06:00:41.85	8:05	7.4
409	RYBAK WOJCIECH	595	GOPR BIESZCZADY	ŁAŃCUT	POL	M40	144	M 359		02:06:46	03:20:55	04:35:43	05:31:47	06:00:46.40	06:00:46.40	8:05	7.4
410	CHUDA ANETA	301		WROCLAW	POL	K30	23	K 51	00:01:04	02:16:14	03:33:25	04:35:20	05:30:31	06:00:49.75	06:00:49.75	8:05	7.4
411	STACHYRA BARTŁOMIEJ	313		LUBLIN	POL	M20	32	M 360	00:02:20	02:06:53	03:20:35	04:30:00	05:28:32	06:01:00.25	06:01:00.25	8:05	7.4
412	CHLEBIŃSKI MACIEJ	615	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M30	139	M 361	00:02:55	02:02:48	03:17:45	04:31:06	05:29:32	06:01:32.55	06:01:32.55	8:06	7.4
413	WOJTOWICZ DANIEL	444	NAUKA BIEGA	USTRZYKI DOLNE	POL	M40	145	M 362	00:00:52	02:04:32	03:22:52	04:32:50	05:29:40	06:01:35.95	06:01:35.95	8:06	7.4
414	KOWALSKA JUSTYNA	267	MORSY OŚNO LUBUSKIE	OŚNO LUBUSKIE	POL	K40	22	K 52	00:01:54	02:03:31	03:20:57	04:31:49	05:29:33	06:01:51.25	06:01:51.25	8:06	7.4
415	BUKAŁA TOMASZ	254		WARSZAWA	POL	M30	140	M 363	00:02:12	01:57:15	03:13:08	04:35:39	05:31:44	06:01:55.65	06:01:55.65	8:06	7.4
416	CZUBA MICHAŁ	251		LIGOTA ZAMECKA	POL	M30	141	M 364	00:01:06	02:08:08	03:26:32	04:35:50	05:33:25	06:02:26.35	06:02:26.35	8:07	7.4
417	CHIESZKO MAREK	317	KW WARSZAWA	WARSZAWA	POL	M30	142	M 365	00:04:48	02:18:18	03:38:07	04:38:50	05:34:30	06:03:34.80	06:03:34.80	8:09	7.4
418	LEŚNIAK-POPIEL MARTA	345	POZYTYWNIIE ZABIEGANI SANOK	SANOK	POL	K40	23	K 53	00:02:40	02:12:29	03:30:21	04:37:34	05:32:44	06:04:01.80	06:04:01.80	8:09	7.4
419	WAJCOWICZ WITOLD	150	POZYTYWNIIE ZABIEGANI SANOK	SANOK	POL	M40	146	M 366	00:01:47	02:12:20	03:30:21	04:37:32	05:32:44	06:04:01.80	06:04:01.80	8:09	7.4
420	KISIŃSKA IRENA	588	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	K40	24	K 54	00:01:08	02:04:27	03:16:44	04:24:54	05:30:13	06:04:14.65	06:04:14.65	8:10	7.3
421	WIŚNIEWSKI DOMINIK	647		WARSZAWA	POL	M30	143	M 367	00:01:19	01:59:25	03:15:13	04:30:47	05:30:43	06:04:18.10	06:04:18.10	8:10	7.3
422	WIENER MARCIN	456		KATOWICE	POL	M40	147	M 368	00:03:29	02:11:03	03:26:28	04:34:11	05:29:41	06:04:25.65	06:04:25.65	8:10	7.3
423	BURZYŃSKI TOMASZ	545	-	JÓZEFOSŁAW	POL	M40	148	M 369	00:01:23	02:02:54	03:26:44	04:35:04	05:31:36	06:04:34.25	06:04:34.25	8:10	7.3
424	MIERZYŃSKI RAFAŁ	172	BIEGING TEAM ZELÓW	ZELÓW	POL	M30	144	M 370	00:02:12	02:06:36	03:28:48	04:40:51	05:33:04	06:04:38.35	06:04:38.35	8:10	7.3
425	NIEMCZAK BARBARA	616	IPA PAŁAC MOSTOWSKICH	PIASECZNO	POL	K30	24	K 55	00:02:02	02:09:33	03:27:34	04:38:12	05:32:09	06:04:41.40	06:04:41.40	8:10	7.3
426	BOCHENEK MICHAŁ	101	INFINITY GYM	PROSZOWICE	POL	M30	145	M 371	00:01:48	02:07:12	03:28:20	04:35:50	05:34:09	06:04:52.35	06:04:52.35	8:10	7.3
427	MAŁKIEWICZ DARIUSZ	437	PGB SPORTOWA PACZKA	KATOWICE	POL	M40	149	M 372	00:02:00	02:08:56	03:28:42	04:36:11	05:33:43	06:04:55.05	06:04:55.05	8:10	7.3
428	FOGEL JANUSZ	256	PTG SOKÓŁ ŚWIAT PRACY	TARNÓW	POL	M40	150	M 373	00:02:15	02:12:22	03:29:12	04:38:03	05:34:04	06:04:58.55	06:04:58.55	8:10	7.3
429	GAŚIOROWSKI MACIEJ	555		WARSZAWA	POL	M40	151	M 374	00:04:47	02:21:33	03:41:21	04:43:33	05:36:35	06:05:04.15	06:05:04.15	8:11	7.3
430	JAKUBOWSKI DANIEL	242	CENTRUM ANIMACJI SPOŁECZNEJ CARITAS	ZABAJKA	POL	M40	152	M 375	00:03:15	02:12:09	03:35:26	04:46:14	05:37:33	06:05:17.00	06:05:17.00	8:11	7.3
431	OLESAK GRZEGORZ	630		BIAŁA PODLASKA	POL	M30	146	M 376	00:03:12	02:14:55	03:30:08	04:34:33	05:31:21	06:06:29.60	06:06:29.60	8:13	7.3
432	KOPER JACEK	756		ALEKSANDRÓW ŁÓDZKI	POL	M40	153	M 377	00:03:04	02:07:22	03:21:52	04:29:21	05:30:59	06:06:49.40	06:06:49.40	8:13	7.3
433	STONOGA TOMASZ	679	KITE&RUN FAN	OZIMEK	POL	M40	154	M 378	00:01:42	02:14:35	03:32:52	04:36:07	05:33:23	06:06:51.30	06:06:51.30	8:13	7.3
434	KOPROWICZ EWELINA	322	JAROSŁAWSKA GRUPA BIEGOWA	JAROSŁAW	POL	K30	25	K 56	00:02:03	02:12:06	03:31:47	04:41:28	05:36:18	06:06:51.80	06:06:51.80	8:13	7.3
435	BEDNARCZYK JAKUB	249	MATE MOUNTAINS	LUBARTÓW	POL	M30	147	M 379	00:02:21	02:04:35	03:27:42	04:49:34	05:39:49	06:06:57.10	06:06:57.10	8:13	7.3
436	GRZEGÓRZEK ANNA	667	PTG SOKÓŁ ŚWIAT PRACY	KOSZYCE WIELKIE	POL	K40	25	K 57	00:03:10	02:13:11	03:34:08	04:46:59	05:38:26	06:06:58.00	06:06:58.00	8:13	7.3
437	ADAMCZEWSKI JAKUB	231	NIGHT RUNNERS / NBR TEAM	POZNAŃ	POL	M30	148	M 380	00:02:52	02:09:22	03:28:20	04:41:11	05:35:58	06:07:00.65	06:07:00.65	8:13	7.3
438	CWOJDZIŃSKI PIOTR	228	NIGHT RUNNERS POZNAŃ	POZNAŃ	POL	M40	155	M 381	00:02:53	02:09:22	03:28:21	04:41:12	05:36:08	06:07:01.85	06:07:01.85	8:13	7.3
439	KWIECIEŃ KRZYSZTOF	668	4K TEAM TARNÓW	TARNÓW	POL	M40	156	M 382	00:03:10	02:13:11	03:34:08	04:46:59	05:38:26	06:07:03.30	06:07:03.30	8:13	7.3
440	MILEWICZ MAREK	704	KUCE Z BRONKSU	GDAŃSK	POL	M30	149	M 383	00:02:52	02:10:39	03:32:11	04:46:26	05:38:33	06:07:09.50	06:07:09.50	8:13	7.3
441	KWIATKOWSKI KAJETAN	684	KUCE Z BRONKSU	GDAŃSK	POL	M30	149	M 383	00:02:51	02:10:39	03:32:12	04:46:26	05:38:35	06:07:09.50	06:07:09.50	8:13	7.3
442	WITKOWSKA BEATA	156		GDAŃSK	POL	K30	26	K 58	00:03:07	02:16:00	03:38:03	04:44:00	05:37:45	06:07:26.65	06:07:26.65	8:14	7.3

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443	KOWALCZYK DANIEL	500	EXTREME TRAUMA TEAM	BIELSKO-BIAŁA	POL	M30	151	M 385	00:02:54	02:04:42	03:28:33	04:38:51	05:35:31	06:07:29.05	06:07:29.05	8:14	7.3
444	KOCZUR KAMILA	504		WARSZAWA	POL	K30	27	K 59	00:01:35	02:15:41	03:35:22	04:41:33	05:35:04	06:07:29.30	06:07:29.30	8:11	7.3
445	BURY MAREK	103		SOSNOWIEC	POL	M40	157	M 386	00:02:19	02:11:15	03:35:23	04:44:49	05:38:30	06:07:29.75	06:07:29.75	8:14	7.3
446	RENKIEL TOMASZ	758		GLIWICE	M40		158	M 387	00:03:17	02:03:36	03:29:57	04:41:36	05:37:34	06:07:31.40	06:07:31.40	8:14	7.3
447	JANIK JANUSZ	91	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	159	M 388	00:03:18	02:03:36	03:29:56	04:41:35	05:37:35	06:07:31.70	06:07:31.70	8:14	7.3
448	WARZYCHA KRZYSZTOF	121	OSK MAXEL	BYTOM	POL	M50	36	M 389	00:01:44	02:11:08	03:32:33	04:37:08	05:35:57	06:07:33.10	06:07:33.10	8:14	7.3
449	BAK AGATA	125	BUSHIDO CENTRUM	SOBIEŃ JEZIORY	POL	K30	28	K 60	00:01:23	02:22:19	03:48:02	04:46:12	05:38:31	06:07:42.25	06:07:42.25	8:14	7.3
450	KORBA MICHAŁ	214		WARSZAWA	POL	M40	160	M 390	00:01:25	02:21:54	03:48:01	04:46:12	05:38:30	06:07:43.75	06:07:43.75	8:14	7.3
451	WARZYCHA DAWID	122	PKP INTERCITY	BYTOM	POL	M20	33	M 391	00:01:44	02:11:13	03:32:32	04:37:08	05:35:55	06:08:36.80	06:08:36.80	8:15	7.3
452	CHWALISZEWSKI JAROSŁAW	108	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	161	M 392	00:03:17	02:04:40	03:28:10	04:41:34	05:38:05	06:08:39.40	06:08:39.40	8:15	7.3
453	RUSINEK WITOSŁAW	696	SHOOTIT	RZESZÓW	POL	M30	152	M 393	00:02:25	02:05:18	03:28:01	04:35:43	05:36:24	06:09:52.50	06:09:52.50	8:17	7.2
454	CĘCELEWSKI JAROSŁAW	510		CISIE	POL	M40	162	M 394	00:03:18	02:21:22	03:33:58	04:41:53	05:37:32	06:10:06.60	06:10:06.60	8:17	7.2
455	KĘPKA ANDRZEJ	374	PRZEWORSKA GRUPA BIEGOWA	PRZEWORSK	POL	M50	37	M 395	00:02:02	02:12:15	03:31:59	04:41:32	05:37:37	06:10:13.30	06:10:13.30	8:18	7.2
456	PIGAN ANNA	360	B B L - JAROSŁAW	SZÓWSKO	POL	K40	26	K 61	00:02:02	02:12:18	03:32:06	04:41:32	05:37:46	06:10:25.25	06:10:25.25	8:18	7.2
457	PIGAN WIESŁAW	361	B B L-JAROSŁAW	SZÓWSKO	POL	M40	163	M 396	00:02:01	02:12:21	03:32:05	04:41:28	05:38:49	06:10:25.80	06:10:25.80	8:18	7.2
458	IRZYK ROBERT	676		GIŁOWICE	POL	M30	153	M 397	00:01:58	02:05:32	03:26:34	04:36:27	05:36:34	06:10:28.45	06:10:28.45	8:18	7.2
459	ZIAJA ADAM	672		SARNÓW	POL	M30	154	M 398	00:01:58		03:26:02	04:36:26	05:36:39	06:10:36.00	06:10:36.00	8:18	7.2
460	KOŁODZIEJ JACEK	84	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	164	M 399	00:03:17	02:04:56	03:30:00	04:41:34	05:38:22	06:11:22.55	06:11:22.55	8:19	7.2
461	KAMIENIARZ MARIA	387		POZNAŃ	POL	K30	29	K 62	00:03:21	02:10:40	03:34:04	04:46:03	05:39:22	06:11:23.45	06:11:23.45	8:19	7.2
462	ROSPOND PIOTR	157	TKKF MPK POZNAŃ	POZNAŃ	POL	M50	38	M 400	00:02:28	02:14:12	03:35:29	04:43:16	05:39:48	06:12:08.00	06:12:08.00	8:20	7.2
463	TREPKA AGNIESZKA	163		CRAWLEY	GBR	K30	30	K 63	00:01:30	02:12:26	03:42:45	04:49:01	05:41:29	06:12:13.20	06:12:13.20	8:20	7.2
464	LITWINEK MAREK	209	WKURW_TEAM	LUBARTÓW	POL	M30	155	M 401	00:02:47	02:10:37	03:31:43	04:48:28	05:42:48	06:12:15.25	06:12:15.25	8:20	7.2
465	ZIELIŃSKI RAFAŁ	428		MODLNICZKA	POL	M40	165	M 402	00:01:01	02:12:53	03:37:38	04:50:27	05:41:40	06:12:51.20	06:12:51.20	8:21	7.2
466	PAUL VIOLA	23	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	27	K 64	00:03:16	02:16:25	03:37:47	04:44:01	05:40:06	06:13:06.80	06:13:06.80	8:21	7.2
467	PAWLETA MICHAŁ	24	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	166	M 403	00:03:16	02:16:27	03:37:47	04:44:01	05:40:11	06:13:08.75	06:13:08.75	8:21	7.2
468	HALIŻAK NORBERT	474	WIELUŃ BIEGA	WIELUŃ	POL	M40	167	M 404	00:02:04	02:19:52	03:35:07	04:42:03	05:40:33	06:13:12.40	06:13:12.40	8:22	7.2
469	STACH DARIUSZ	709	KOSMOLÓW TEAM	OLKUSZ	POL	M30	156	M 405	00:02:21	02:09:14	03:35:31	04:45:56	05:40:21	06:13:13.15	06:13:13.15	8:22	7.2
470	KOSZAŁKA MARCIN	385		BIELINIEC	POL	M20	34	M 406	00:02:38	02:14:20	03:35:24	04:44:43	05:40:10	06:13:21.50	06:13:21.50	8:22	7.2
471	HOROWSKI TOMASZ	25	RUNHOGS TYCHY	TYCHY	POL	M40	168	M 407	00:01:38	02:10:47	03:27:41	04:40:55	05:38:58	06:13:34.80	06:13:34.80	8:22	7.2
472	WOŁOSOWICZ NATALIA	499		BIAŁA PODLASKA	POL	K40	28	K 65	00:02:36	02:11:46	03:27:53	04:38:13	05:38:13	06:13:39.75	06:13:39.75	8:22	7.2
473	CHODOROWSKI ARKADIUSZ	519	IPA PAŁAC MOSTOSKICH KOMENDA STOLECZNA POLICJI	ALEKSANDRÓW	POL	M30	157	M 408	00:03:39	02:20:07	03:42:38	04:46:32	05:43:24	06:13:59.50	06:13:59.50	8:23	7.2
474	BAJOREK JAN	699		OLSZYN	POL	M40	169	M 409	00:00:56	01:53:28	03:20:21	04:56:08	05:46:40	06:14:00.50	06:14:00.50	8:23	7.2
475	PAROL PAWEŁ	349	-	SZYMKOWSKA ZNA	POL	M40	170	M 410	00:01:31	02:07:09	03:31:40	04:44:12	05:40:28	06:14:09.25	06:14:09.25	8:23	7.2
476	DYBKA RAFAŁ	244	PTG SOKÓŁ ŚWIAT PRACY TARNÓW	TARNÓW	POL	M40	171	M 411	00:01:34	02:03:44	03:29:13	04:40:16	05:38:32	06:14:36.20	06:14:36.20	8:23	7.1
477	ZBICIAK GRZEGORZ	384	ŁĘCZNA BIEGA	SPICZYN	POL	M40	172	M 412	00:02:20	02:16:23	03:37:08	04:50:31	05:43:16	06:15:09.90	06:15:09.90	8:24	7.1
478	GOSZCZYŃSKI PIOTREK	733		CZĘSTOCHOWA	POL	M40	173	M 413	00:02:30	02:13:26	03:33:44	04:45:30	05:43:00	06:15:14.20	06:15:14.20	8:24	7.1
479	MAZURKIEWICZ JOLANTA	490	BYCHAWA RUNNER'S/NAJWIĘKSZA ARMIA ŚWIATA	BYCHAWA	POL	K30	31	K 66	00:01:49	02:18:17	03:38:54	04:52:45	05:44:46	06:15:29.25	06:15:29.25	8:25	7.1
480	DRABIK JACEK	115		KRAKÓW	POL	M50	39	M 414	00:01:15	02:09:03	03:30:08	04:43:23	05:42:02	06:15:40.90	06:15:40.90	8:25	7.1
481	KRÓL MICHAŁ	648		NOWY JADÓW	POL	M30	158	M 415	00:03:38	02:20:10	03:42:40	04:46:35	05:43:25	06:15:42.55	06:15:42.55	8:25	7.1
482	CEBRAT EWA	132	POZYTYWNE ZABIEGANI SANOK	SOSNOWIEC	POL	K40	29	K 67	00:02:40	02:14:32	03:40:15	04:51:21	05:45:50	06:17:05.30	06:17:05.30	8:27	7.1
483	SZPINDA MARTA	409	BIŁGORAJ ULTRA TRAIL	BIŁGORAJ	POL	K40	30	K 68	00:01:26	02:12:38	03:32:22	04:51:18	05:46:39	06:17:06.80	06:17:06.80	8:27	7.1
484	HANDERMANDER AGNIESZKA	394		USTRZYKI DOLNE	POL	K30	32	K 69	00:01:49	02:13:39	03:34:01	04:46:57	05:45:56	06:17:09.05	06:17:09.05	8:27	7.1

V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
529	SAMBORSKA WERONIKA	62	NOWY STYL GROUP RUNNING TEAM	BRZYSKA	POL	K30	36	K 82	00:02:40	02:23:04	03:49:05	04:59:07	05:58:18	06:30:59.35	06:30:59.35	8:45	6.8
530	RÓŻYCKA DOROTA	1170	NOWY STYL GROUP RUNNING TEAM	JASŁO	POL	K30	37	K 83	00:02:40	02:23:04	03:49:04	04:59:06	05:58:03	06:30:59.50	06:30:59.50	8:45	6.8
531	SANECKI ROBERT	165	SPRINT GORZYCE	GORZYCE	POL	M40	188	M 448	00:01:37	02:12:13	03:39:06	04:59:03	05:59:37	06:32:04.55	06:32:04.55	8:47	6.8
532	SŁONIEWSKI RAFAŁ	669	RMF4RT OCR	GDYNIA	POL	M30	172	M 449	00:01:26	02:16:04	03:44:34	05:01:29	06:00:07	06:32:25.05	06:32:25.05	8:47	6.8
533	KRZAK DOMINIKA	730		WROCŁAW	POL	K30	38	K 84	00:02:22	02:24:05	03:43:25	05:03:14	06:00:18	06:32:37.60	06:32:37.60	8:48	6.8
534	JĘDRZECZYK ROBERT	677	CHYBA NIE DAM RADY	PODLĘŻE	POL	M40	189	M 450	00:02:09	02:18:06	03:41:56	04:53:50	05:59:14	06:32:56.15	06:32:56.15	8:48	6.8
535	PYZEL AGNIESZKA	57	KS PEGAZ	KONSTANCIN-JEZI ORNA	POL	K50	6	K 85	00:02:32	02:18:39	03:48:02	05:05:13	06:03:53	06:33:01.15	06:33:01.15	8:48	6.8
536	SZEWCZYK KATARZYNA	586	MONKEYS' TEAM	KRAŚNIK	POL	K40	37	K 86	00:02:15	02:20:26	03:44:27	05:00:50	05:58:16	06:33:02.55	06:33:02.55	8:48	6.8
537	MIKA DAMIAN	151	EKO-OKNA RUNNERS	RACIBÓRZ	POL	M50	42	M 451	00:02:45	02:21:47	03:43:21	04:58:52	05:57:38	06:33:05.90	06:33:05.90	8:48	6.8
538	SZUMNA ALEKSANDRA	600	MONKEYS' TEAM	KRAŚNIK	POL	K30	39	K 87	00:02:15	02:20:27	03:44:28	05:00:49	05:58:17	06:33:12.35	06:33:12.35	8:48	6.8
539	SIKORA SŁAWOMIR	457	RACEBROTHERS	TARNÓW	POL	M40	190	M 452	00:01:33	02:07:52	03:31:22	04:51:39	05:54:42	06:34:58.40	06:34:58.40	8:51	6.8
540	KOWALICKI MARCIN	502	BIEGAM BO MOGĘ	GORNO	POL	M20	36	M 453			03:40:32	04:56:29	05:56:04	06:35:08.00	06:35:08.00	8:51	6.8
541	JARZEMBOWSKI TOMASZ	419	WYBIEGANI TEAM	PLEWISKA	POL	M30	173	M 454	00:01:14	02:30:37	03:57:13	05:00:18	06:00:30	06:36:37.20	06:36:37.20	8:53	6.7
542	SOBCZAK MIKOŁAJ	371	WYBIEGANI TEAM	SKÓRZEWO	POL	M40	191	M 455	00:01:14	02:30:48	03:57:12	05:00:19	06:00:32	06:36:37.60	06:36:37.60	8:53	6.7
543	GOLUBA KRZYSZTOF	305		WARSZAWA	POL	M40	192	M 456	00:01:17	02:13:17	03:39:18	04:51:56	05:59:07	06:36:47.70	06:36:47.70	8:53	6.7
544	ZGÓRSKI GRZEGORZ	769	NIGHT RUNNERS GLIWICE	GLIWICE		M40	193	M 457	00:03:02	02:14:08	03:46:26	05:03:10	06:07:15	06:37:15.90	06:37:15.90	8:54	6.7
545	NAMIOTA MAREK	73		DĘBICA	POL	M60	14	M 458	00:00:59	02:14:15	03:41:09	05:01:59	06:01:12	06:37:32.95	06:37:32.95	8:54	6.7
546	STANISŁAWSKI TOMASZ	142	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M40	194	M 459	00:01:50	02:24:07	03:46:56	04:59:09	05:59:38	06:37:34.90	06:37:34.90	8:54	6.7
547	KŁOPOTOWSKA SOSNA KASKA	516	UNLIMITED TRIATHLON TEAM	KRAKÓW	POL	K50	7	K 88	00:01:01	02:34:10	03:57:03	05:04:26	06:03:49	06:38:04.25	06:38:04.25	8:55	6.7
548	MISZCZYK MARCIN	417		KRAKÓW	POL	M40	195	M 460	00:02:25	02:35:00	03:57:03	05:04:24	06:03:49	06:39:15.80	06:39:15.80	8:57	6.7
549	ZIELONKA BOGUMIŁ	530	PKB ENDORFINA	PIOTRKÓW TRYB	POL	M40	196	M 461	00:03:18	02:21:51	03:52:46	05:06:29	06:05:43	06:39:52.40	06:39:52.40	8:57	6.7
550	BIERNAT AGNIESZKA	745	KOSMICZNE MUMINKI	WARSZAWA	POL	K20	6	K 89	00:01:19	02:19:14	03:42:36	04:56:57	06:00:59	06:41:06.05	06:41:06.05	8:59	6.7
551	PRZYBYLSKI MARIUSZ	383	PGB SPORTOWA PACZKA	GLIWICE	POL	M40	197	M 462	00:02:02	02:15:59	03:35:58	04:57:24	06:00:53	06:41:12.00	06:41:12.00	8:59	6.7
552	PRYSZCZ MIROSŁAW	50		RUDA ŚLĄSKA	POL	M40	198	M 463	00:02:59	02:14:09	03:46:24	05:03:11	06:07:14	06:42:09.15	06:42:09.15	9:01	6.7
553	WILECZEK ANTONI	618		JUROWCE	POL	M30	174	M 464	00:02:22	02:20:11	03:52:56	05:04:53	06:05:40	06:42:10.30	06:42:10.30	9:01	6.7
554	CHODAKOWSKI KACPER	275	OSTROBIEC	ĆMIELÓW	POL	M20	37	M 465		02:33:20	04:04:49	05:12:50	06:09:34	06:42:11.75	06:42:11.75	9:01	6.7
555	KRZYZEWSKI ROGER	61		KRAKÓW	POL	M30	175	M 466	00:03:30	02:18:16	03:41:38	04:50:44	05:57:09	06:42:14.35	06:42:14.35	9:01	6.7
556	BAŁA BOŻENA	81		GRABINY	POL	K30	40	K 90	00:00:58	02:14:13	03:41:17	05:05:17	06:05:18	06:42:14.55	06:42:14.55	9:01	6.7
557	NAMIOTA URSZULA	72	1960	DĘBICA	POL	K50	8	K 91	00:00:51	02:13:28	03:41:19	05:05:17	06:05:19	06:42:15.20	06:42:15.20	9:01	6.7
558	JAROSZ-PIWOŃSKA ALDONA	65	KS PEGAZ	GÓRA KALWARIA	POL	K40	38	K 92	00:02:22	02:25:46	03:53:22	05:09:47	06:08:33	06:42:29.80	06:42:29.80	9:01	6.6
559	KOWALEWSKA IZABELA	475	PIASECZNO RUNNING	PIASECZNO	GBR	K30	41	K 93	00:02:22	02:25:46	03:53:20	05:09:42	06:08:35	06:42:29.95	06:42:29.95	9:01	6.6
560	ŻAK OLIWIA	66	PIASECZNO RUNNING	JASTRZĘBIE	POL	K30	42	K 94	00:02:21	02:25:47	03:53:23	05:09:42	06:08:34	06:42:30.10	06:42:30.10	9:01	6.6
561	PECIO KAMIL	748	PIASECZNO RUNNING	WARSZAWA	POL	M30	176	M 467	00:02:22	02:25:46	03:53:21	05:10:04	06:08:36	06:42:30.30	06:42:30.30	9:01	6.6
562	LEWANDOWSKI PAWEŁ	538	SANDOMINGOTEAM	WARSZAWA	POL	M30	177	M 468	00:02:55	02:21:31	03:49:07	05:08:43	06:09:10	06:44:47.10	06:44:47.10	9:04	6.6
563	LEWANDOWSKA OLGA	541		WARSZAWA	POL	K30	43	K 95	00:02:56	02:21:34	03:49:11	05:08:44	06:09:13	06:44:47.20	06:44:47.20	9:04	6.6
564	MARONDEL KATARZYNA	619	FESTIWAL BIEGOWY	BYTOM	POL	K30	44	K 96	00:02:10	02:24:52	03:48:25	05:03:06	06:09:07	06:44:55.05	06:44:55.05	9:04	6.6
565	KAZANOWSKI MARCIN	620	OFIARY KAMIENCA	KAMIENIEC	POL	M40	199	M 469	00:02:10	02:24:53	03:48:27	05:03:08	06:09:09	06:45:07.70	06:45:07.70	9:05	6.6
566	STACHYRA ANDRZEJ	312	LSB	LUBLIN	POL	M50	43	M 470	00:02:20	02:00:20	03:23:56	04:57:55	06:08:59	06:46:40.95	06:46:40.95	9:07	6.6
567	PORĘBSKA DOROTA	338	NOWA HUTA TEAM	KRAKÓW	POL	K40	39	K 97	00:02:28	02:18:24	03:49:14	05:16:32	06:13:29	06:46:41.10	06:46:41.10	9:07	6.6
568	CYGAN LUKASZ	202	KLUB SPORTOWY HAJIME	KRAKOW	POL	M30	178	M 471	00:01:11	02:15:45	03:44:23	04:57:12	06:05:36	06:47:27.90	06:47:27.90	9:08	6.6
569	ROMAN PAWEŁ	546	KS BARAKUDA MIŃSK MAZOWIECKI	MIŃSK MAZOWIECKI	POL	M40	200	M 472	00:03:20	02:17:40	03:50:01	05:13:50	06:12:52	06:47:59.15	06:47:59.15	9:08	6.6
570	RSYIAWA MAREK	547	BEZ	MIŃSK MAZOWIECKI	POL	M40	201	M 473	00:03:20	02:17:49	03:49:57	05:13:53	06:13:04	06:47:59.20	06:47:59.20	9:08	6.6
571	KUCIŃSKI TOMASZ	403	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M40	202	M 474	00:03:22	02:17:46	03:49:59	05:13:56	06:13:05	06:48:01.70	06:48:01.70	9:08	6.6
572	DYSZKIEWICZ GRZEGORZ	390	KUTNO BIEGA	KUTNO	POL	M30	179	M 475	00:01:40	02:18:25	03:50:48	05:23:08	06:19:08	06:49:08.80	06:49:08.80	9:10	6.5
573	SOKOŁOWSKI ARTUR	36		SUWALKI	POL	M50	44	M 476	00:02:36	02:25:52	03:49:00	05:08:03	06:10:50	06:51:17.00	06:51:17.00	9:13	6.5
574	MATYSEK IRENEUSZ	761		WAŁCZ		M60	15	M 477	00:02:45	02:28:46	03:56:24	05:12:07	06:13:41	06:51:45.50	06:51:45.50	9:13	6.5

V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
575	SOLICH PATRYK	35	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30	180	M 478	00:03:16	02:29:00	03:53:26	05:21:35	06:19:18	06:52:41.90	06:52:41.90	9:15	6.5
576	KULIK KATARZYNA	99	NIGHT RUNNERS GLIWICE	BYTOM	POL	K30	45	K 98	00:03:17	02:24:39	03:53:25	05:21:34	06:19:17	06:52:41.95	06:52:41.95	9:15	6.5
577	KUREK STANISŁAW	327		KRAKÓW	POL	M40	203	M 479	00:03:30	02:23:27	03:50:25	05:09:22	06:16:04	06:53:35.60	06:53:35.60	9:16	6.5
578	KORZENIOWSKA JOANNA	129	UMCS BIEGA	LUBLIN	POL	K30	46	K 99	00:02:52	02:34:27	04:02:22	05:20:38	06:19:58	06:54:02.90	06:54:02.90	9:16	6.5
579	KOWALIK ANNA	130	UMCS BIEGA	ŁADA	POL	K30	47	K 100	00:02:52	02:34:30	04:02:24	05:20:39	06:20:00	06:54:04.30	06:54:04.30	9:17	6.5
580	JANOTA MARCIN	413	CREADIS	KRAKÓW	POL	M30	181	M 480	00:01:33	02:19:50	03:53:38	05:11:48	06:14:22	06:54:04.45	06:54:04.45	9:17	6.5
581	CEBULA PAWEŁ	418	CREADIS	KRAKOW	POL	M30	182	M 481	00:01:33	02:19:45	03:53:24	05:11:47	06:14:22	06:54:05.05	06:54:05.05	9:17	6.5
582	TUTAK DANIEL	737	FURIOSI POLANKA	KROSNO	POL	M40	204	M 482	00:02:51	02:30:09	03:57:08	05:14:40	06:17:50	06:54:06.35	06:54:06.35	9:17	6.5
583	OBARSKI NORBERT	220		KIELCE	POL	M50	45	M 483	00:02:58	02:32:54	03:56:20	05:16:18	06:20:06	06:54:12.15	06:54:12.15	9:17	6.5
584	BĘDŹKOWSKI MAREK	479	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	M50	46	M 484	00:02:20	02:45:34	04:11:11	05:20:54	06:20:16	06:55:11.80	06:55:11.80	9:18	6.4
585	BARTO SYLWIA	528		ŁOŚ	POL	K40	40	K 101	00:02:31	02:33:12	04:05:24	05:19:26	06:22:03	06:55:12.45	06:55:12.45	9:18	6.4
586	DYGOŃ MAŁGORZATA	33		GLIWICE	POL	K40	41	K 102	00:03:09	02:37:02	06:23:33			06:55:13.25	06:55:13.25	9:18	6.4
587	KALICKI IREK	713	GCW ACADEMY	WARSZAWA	POL	M40	205	M 485	00:01:47	02:25:00	06:19:51			06:55:24.40	06:55:24.40	9:18	6.4
588	BILSKI PIOTR	561	TECZA	WARSZAWA	POL	M30	183	M 486	00:02:16	02:21:15	03:50:40	05:12:21	06:15:48	06:55:54.50	06:55:54.50	9:19	6.4
589	GALIŃSKI KAMIL	578	ABY DO METY	KRĘPICE	POL	M30	184	M 487	00:02:59	02:08:36	03:41:52	05:08:42	06:13:26	06:55:56.10	06:55:56.10	9:19	6.4
590	MORAWSKA ANNA	218		WARSZAWA	POL	K60	1	K 103	00:01:17	02:34:00	06:20:21			06:56:07.35	06:56:07.35	9:19	6.4
591	WALCZYŃSKA KAROLINA	29	RUNHOGS TYCHY	TYCHY	POL	K30	48	K 104	00:01:38	02:29:36	04:04:41	05:23:29	06:20:33	06:56:23.55	06:56:23.55	9:20	6.4
592	HEBDA-OLSZÓWKA ALEKSANDRA	51	NIGHT RUNNERS GLIWICE	CHORZÓW	POL	K30	49	K 105	00:03:08	02:37:48	04:02:56	05:26:31	06:23:55	06:56:44.35	06:56:44.35	9:20	6.4
593	TYRANKIEWICZ KAMILA	472	JUMP&FLY, KABATY	WARSZAWA	POL	K40	42	K 106	00:01:46	02:30:23	04:06:15	05:22:17	06:22:36	06:58:55.35	06:58:55.35	9:23	6.4
594	BAĆMAGA JAN	666	JPII - MAZOWSZANY	KOWALA	POL	M40	206	M 488	00:01:46	02:21:41	03:50:44	05:14:52	06:20:22	07:00:44.50	07:00:44.50	9:26	6.4
595	KOSIERKIEWICZ GRZEGORZ	760		KIELCE		M40	207	M 489	00:01:27	02:32:48	04:06:02	05:14:58	06:22:10	07:00:59.65	07:00:59.65	9:26	6.4
596	BOGUĆKA MARTYNA	145	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K40	43	K 107	00:03:05	02:38:12	04:03:26	05:19:40	06:23:44	07:01:27.60	07:01:27.60	9:26	6.3
597	MAJCHROWICZ MARZENNA	252		KROŚCIENKO WYŻNE	POL	K40	44	K 108	00:03:18	02:30:36	06:24:24			07:01:30.00	07:01:30.00	9:27	6.3
598	SZYMAŃSKA JOLANTA	59		KIELCE	POL	K30	50	K 109	00:01:44	02:19:28	03:48:38	05:12:30	06:17:43	07:02:16.20	07:02:16.20	9:28	6.3
599	BARWINEK ROBERT	503	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ	KIELCE	POL	M30	185	M 490	00:01:45	02:18:54	03:48:38	05:12:52	06:17:44	07:02:18.75	07:02:18.75	9:28	6.3
600	WILMSKI TOMASZ	34	NIGHT RUNNERS	GLIWICE	POL	M40	208	M 491	00:03:16	02:30:08	03:53:42	05:21:37	06:25:26	07:02:19.80	07:02:19.80	9:28	6.3
601	KRĘCISZ ZBIGNIEW	139	AMATOR	RACIBÓRZ	POL	M60	16	M 492	00:01:20	02:24:16	03:55:18	05:19:58	06:24:44	07:02:59.30	07:02:59.30	9:29	6.3
602	DWORAK ADAM	658	TAJFUN	BĘDZIN	POL	M40	209	M 493	00:02:05	02:18:27	03:54:00	05:20:06	06:26:30	07:03:00.50	07:03:00.50	9:29	6.3
603	URBANOWICZ ŁUKASZ	339		KRKAÓW	POL	M40	210	M 494	00:02:25	02:36:36	06:25:23			07:03:34.75	07:03:34.75	9:29	6.3
604	ADAMSKI BARTŁOMIEJ	366		MODLNICA	POL	M40	211	M 495	00:02:26	02:37:28	04:10:26	05:24:58	06:25:22	07:03:41.00	07:03:41.00	9:29	6.3
605	ZAWADZKA MAGDALENA	143	AKS POLONIA WARSZAWA/TEAM ZABIEGANE DNI	WARSZAWA	POL	K30	51	K 110	00:02:31	02:30:49	04:02:29	05:20:34	06:27:54	07:03:53.45	07:03:53.45	9:30	6.3
606	ZABŁOTNY KAROL	304	TARCHOŚFIRY	WARSZAWA	POL	M30	186	M 496	00:01:26	02:12:30	03:41:17	05:01:27	06:13:09	07:05:05.05	07:05:05.05	9:31	6.3
607	PANENKA MAŁGORZATA	63	NIGHT RUNNERS GLIWICE	NIEBOROWICE	POL	K40	45	K 111	00:03:05	02:38:13	04:03:29	05:26:46	06:27:44	07:05:11.90	07:05:11.90	9:31	6.3
608	FREJ MARCIN	90	ZABIEGANI.TV	WARSZAWA	POL	M30	187	M 497	00:01:21	02:37:20	04:05:09	05:17:28	06:23:43	07:05:52.40	07:05:52.40	9:32	6.3
609	GLINA-KRAWCZYK MAŁGORZATA	439	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	STARCZÓW	POL	K40	46	K 112	00:02:57	02:29:11	04:03:09	05:23:14	06:30:12	07:06:36.25	07:06:36.25	9:33	6.3
610	KONOPACKI KRZYSZTOF	451	ABY DO METY	ZABKOWICE ŚLĄSKIE	POL	M40	212	M 498	00:02:57	02:29:08	04:03:13	05:23:22	06:30:16	07:06:36.65	07:06:36.65	9:33	6.3
611	ŁOPOKA PRZEMYSŁAW	757	ABY DO METY	ZIEBICE	POL	M20	38	M 499	00:02:59	02:29:17	04:03:13	05:23:14	06:30:18	07:06:37.10	07:06:37.10	9:33	6.3
612	MAZUR EWELINA	116	BIEGAJ Z TRENERAMI	GLIWICE	POL	K40	47	K 113	00:03:10	02:37:55	06:29:10			07:07:11.20	07:07:11.20	9:34	6.3
613	MAJONEK ARTUR	714	FITMAJON	WARSZAWA	POL	M30	188	M 500	00:01:47	02:25:00	06:26:11			07:07:12.40	07:07:12.40	9:34	6.3
614	KACZKIEWICZ DAMIAN	270	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	213	M 501	00:02:51	02:38:14	04:02:57	05:23:32	06:29:09	07:07:14.60	07:07:14.60	9:34	6.3
615	MAJCHROWICZ ANDRZEJ	250		KROŚCIENKO WYŻNE	POL	M40	214	M 502	00:03:18	02:30:51	06:28:32			07:09:28.60	07:09:28.60	9:37	6.2
616	DUNIEC MAŁGORZATA	206	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K30	52	K 114	00:02:03	02:30:09	06:32:03			07:11:22.75	07:11:22.75	9:40	6.2

V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
617	ŁYSUNIAK-STRAUCH ALEKSANDRA	207	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K30	53	K 115	00:02:03	02:30:11	06:32:03			07:11:22.80	07:11:22.80	9:40	6.2
618	KURKUS ALEKSANDER	259	DOGOŃ GRODZISK MAZOWIECKI / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M40	215	M 503	00:02:03	02:30:11	06:32:03			07:11:23.10	07:11:23.10	9:40	6.2
619	SUBIRATS CRISTIAN	508		LODZ	ESP	M30	189	M 504	00:02:34	02:34:27	04:10:23	05:23:45	06:32:32	07:12:43.15	07:12:43.15	9:42	6.2
620	GIENIECZKO MARCIN	723		SUCHY DWÓR	POL	M40	216	M 505	00:02:31	02:37:26	04:07:19	05:25:22	06:34:04	07:12:47.50	07:12:47.50	9:42	6.2
621	PAWŁOWSKI PIOTR	491	PRZEMYŚL BEARS	KRASICZYN	POL	M30	190	M 506	00:02:29	02:26:40	03:53:50	05:31:23	06:34:05	07:13:48.60	07:13:48.60	9:43	6.2
622	GALANTY AGNIESZKA	492		DYBAWKA	POL	K40	48	K 116	00:02:29	02:26:39	03:53:44	05:31:23	06:34:05	07:13:48.90	07:13:48.90	9:43	6.2
623	URBAŃCZYK MARCIN	28	PERSONALTRIATHLON/TRINERGY	NOWY DWÓR MZAOWIECKI	POL	M30	191	M 507	00:02:55	02:34:52	04:07:40	05:32:29	06:40:25	07:14:56.30	07:14:56.30	9:45	6.2
624	CEBRAT TOMASZ	133	POZYTYWNIIE ZABIEGANI SANOK	SOSNOWIEC	POL	M40	217	M 508	00:02:41	02:32:55	04:08:24	05:30:04	06:36:37	07:16:12.75	07:16:12.75	9:46	6.1
625	JABŁOŃSKI KAZIMIERZ	657		PRĄDY	POL	M60	17	M 509	00:02:11	02:36:27	04:02:43	05:23:09	06:35:11	07:16:22.85	07:16:22.85	9:47	6.1
626	SZEWIC MARIAN	240		BILGORAJ	POL	M60	18	M 510	00:01:27	02:31:09	03:56:28	05:22:12	06:33:18	07:17:19.45	07:17:19.45	9:48	6.1
627	WÓJTOWICZ PAWEŁ	131	LUBLIN BIEGA	LUBLIN	POL	M40	218	M 511	00:02:53	02:37:37	04:09:10	05:31:52	06:39:31	07:17:30.75	07:17:30.75	9:48	6.1
628	GÓRZCZNY KAMILA	300		PIASECZNO	POL	K40	49	K 117	00:02:30	02:33:49	04:05:26	05:28:12	06:40:25	07:22:23.50	07:22:23.50	9:55	6
629	STASZEL ŁATAS TOMASZ	477	HUSARIA RECE TEAM	JADOWNIKI	POL	M30	192	M 512	00:02:34	02:31:33	04:10:12	05:41:17	06:43:17	07:22:50.35	07:22:50.35	9:55	6
630	WÓJTOWICZ IWONA	232	HUSARIA RACE TEAM	TARNÓW	POL	K40	50	K 118	00:02:33	02:31:43	04:10:12	05:41:18	06:43:17	07:22:50.70	07:22:50.70	9:55	6
631	POPIOŁEK JACEK	95	BIEGYSIEM.PL/LOSTINS PORT	GAŚNIORY	POL	M30	193	M 513	00:03:04	02:33:39	04:03:15	05:21:39	06:33:33	07:23:49.70	07:23:49.70	9:57	6
632	WĄSIK KORNELIA	662	BIEGYSIEM.PL	KŁOCZEW	POL	K20	7	K 119	00:03:04	02:33:42	04:03:24	05:21:39	06:33:37	07:23:50.75	07:23:50.75	9:57	6
633	OKARMA WOJTEK	279	WWW.VIRTUTIMILITARI.PL	JASŁO	POL	M30	194	M 514	00:02:51	02:32:41	04:03:46	05:29:07	06:46:51	07:26:08.15	07:26:08.15	10:00	6
634	HRYSZKO ROBERT	747	POZYTYWNIIE ZABIEGANI SANOK	SANOK	POL	M50	47	M 515	00:02:40	02:34:18	04:19:00	05:45:38	06:46:52	07:26:24.95	07:26:24.95	10:00	6
635	WOLF WERONIKA	303	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	SANOK	POL	K40	51	K 120	00:02:41	02:34:18	04:18:59	05:45:38	06:46:51	07:26:25.15	07:26:25.15	10:00	6
636	CZYRNIA ANDRZEJ	681	RAJSPOORT ACTIVE (TURAWA)	TURAWA	POL	M30	195	M 516	00:01:44	02:31:50	04:03:59	05:26:34	06:42:34	07:27:08.15	07:27:08.15	10:01	6
637	MALEC BASIA	19		LUBLIN	POL	K50	9	K 121	00:01:56	02:35:55	04:11:09	05:46:37	06:51:04	07:29:46.15	07:29:46.15	10:05	5.9
638	GŁUSZCZAK JERZY	194		ŁÓDŹ	POL	M60	19	M 517	00:04:18	02:32:19	04:08:20	05:35:41	06:48:46	07:34:00.60	07:34:00.60	10:10	5.9
639	MAZIEC DARIUSZ	188	NKB CHYŻY NOWY TOMYŚL /WRESTLING CROSS GYM NOWY TOMYŚL	NOWY TOMYŚL	POL	M30	196	M 518	00:03:16	02:53:12	04:23:32	05:41:14	06:55:03	07:38:09.30	07:38:09.30	10:16	5.8
640	KRUSZEWSKA EMILIA	674		GDAŃSK	POL	K30	54	K 122	00:00:46	02:39:54	04:20:40		06:55:06	07:38:11.55	07:38:11.55	10:16	5.8
641	SKRZYPSKA IWONA	331		JAROSŁAW	POL	K40	52	K 123	00:02:13	02:35:01	04:18:17	05:48:10	06:57:39	07:38:12.45	07:38:12.45	10:16	5.8
642	JÓZEFOWSKI KAROL	226		NOWY TOMYŚL	POL	M20	39	M 519	00:03:16	02:19:13	03:51:24	05:41:16	06:55:04	07:38:14.15	07:38:14.15	10:16	5.8
643	WĄSOWICZ MAGDALENA	560	HUSARIA RACE TEAM	ÓPOLE	POL	K20	8	K 124	00:01:43	02:34:31	04:19:19	05:53:20	07:05:20	07:48:17.90	07:48:17.90	10:29	5.7
644	JANICKI PATRYK	288	PORANNY PATROL	KRAKÓW	POL	M30	197	M 520	00:03:15	02:49:40	04:35:23	06:06:02	07:07:19	07:48:55.25	07:48:55.25	10:30	5.7
645	PIECH ADAM	71	PORANNY PATROL	KRAKÓW	POL	M40	219	M 521	00:03:15	02:49:44	04:35:24	06:02:35	07:07:19	07:48:55.40	07:48:55.40	10:30	5.7
646	MARUT KAŚKA	31	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	53	K 125	00:03:09	02:37:10	04:02:10	06:04:05	07:12:34	07:57:44.25	07:57:44.25	10:42	5.6
647	BAJAK MIROSLAW	119		KRAKÓW	POL	M40	220	M 522	00:01:34	02:51:40	04:37:06	06:07:21	07:26:12	08:02:30.95	08:02:30.95	10:49	5.5
	TYLKA PRZEMYSŁAW	278		KROŚCIENKO WYŻNE	POL	M40			00:02:07	02:44:18	DNF	DNF	DNF	DNF	DNF	-	-
	OBARSKA MAŁGORZATA	219		STARACHOWICE	POL	K50			00:02:58	02:57:38	DNF	DNF	DNF	DNF	DNF	-	-
	KARWAN BARBARA	633	PLACETOTRI	KRAKÓW	POL	K30			00:00:52	02:04:33	03:22:48	DNF	DNF	DNF	DNF	-	-
	DUDA PAWEŁ	106		JEDLICZE	POL	M30			DNF	DNF	03:50:46	DNF	DNF	DNF	DNF	-	-
	UNIEJEWSKI TOMASZ	573	UMBA	KATOWICE	POL	M40			00:01:17	02:03:02	DNF	DNF	DNF	DNF	DNF	-	-
	PACANOWSKI ŁUKASZ	247	PARA-NIE-DO-PARY	PORĘBA	POL	M30			00:02:17	02:25:14	DNF	DNF	DNF	DNF	DNF	-	-

V ZIMOWY MARATON BIESZCZADZKI 2019 - 44,6KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	18km	26.5km	34.2km	40.7km	Netto	Brutto	min/km	km/h
	MAŚLANKA IRENEUSZ	64	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M50			00:03:40 DNF	02:59:48 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZELER JOANNA	20	SILESIA MARATHON TEAM / BIEGAJACA Z PSAMI	WARSZAWA	POL	K40			00:02:40 DNF	03:24:30 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KLISZ AGA	18		LUBLIN	POL	K30			00:01:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-