

ZIMOWA MILA GÓRSKA 2019 - PO 3 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2019-02-06
 Miejsce: Koszalin
 Dystans: 4.828 km
 Klasyfikacja wg czasów netto.


ZIMOWA MILA GÓRSKA 2019 - PO 3 EDYCJACH, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap 3	Netto	min/km	km/h
1	SZKOŁUDA MIŁOSZ	3089	DECATHLON KOSZALIN	POLANÓW	POL	M18-29	1	M 1	00:06:22.83	00:06:07.29	00:05:52.03	00:18:22.15	3:48	15.8
2	KASZUBIAK KLAUDIUSZ	3035		KOSZALIN	POL	M40-49	1	M 2	00:06:56.58	00:06:43.96	00:06:29.28	00:20:09.82	4:10	14.4
3	MAJKOWICZ RAFAŁ	3063		KOSZALIN	POL	M30-39	1	M 3	00:06:53.40	00:06:49.84	00:06:39.89	00:20:23.13	4:13	14.2
4	CZAPLIŃSKI JACEK	3016	TAGER KOSZALIN	KOSZALIN	POL	M30-39	2	M 4	00:06:46.17	00:06:54.53	00:06:43.31	00:20:24.01	4:13	14.2
5	BESZTERDA JAKUB	3007	KL BAŁTYK KOSZALIN	KOSZALIN	POL	M14-17	1	M 5	00:06:51.96	00:06:47.98	00:06:51.38	00:20:31.32	4:15	14.1
6	ZUKAL PIOTR	3104		KOSZALIN	POL	M40-49	2	M 6	00:06:54.74	00:06:59.29	00:06:45.51	00:20:39.54	4:16	14
7	BIENKOWSKI TOMASZ	3008		NIEKLONICE	POL	M30-39	3	M 7	00:07:18.16	00:07:07.89	00:06:57.04	00:21:23.09	4:25	13.5
8	SOSNOWSKI TOMASZ	3085	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M18-29	2	M 8	00:07:21.78	00:07:13.38	00:06:54.85	00:21:30.01	4:27	13.5
9	ZWOLIŃSKI JAN	3107	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	1	M 9	00:07:12.35	00:07:16.79	00:07:10.76	00:21:39.90	4:29	13.4
10	PICK TOMASZ	3076	DEAF KOSZALIN	KOSZALIN	POL	M40-49	3	M 10	00:07:15.06	00:07:18.27	00:07:08.24	00:21:41.57	4:29	13.4
11	MATYSIAK WOJCIECH	3064		KOSZALIN	POL	M30-39	4	M 11	00:07:26.66	00:07:25.28	00:07:19.72	00:22:11.66	4:35	13.1
12	KONKEL AGNIESZKA	3044		KOSZALIN	POL	K30-39	1	K 1	00:07:32.13	00:07:31.52	00:07:25.75	00:22:29.40	4:39	12.9
13	WEBER PAWEŁ	3095	ENERGON	KOSZALIN	POL	M30-39	5	M 12	00:07:40.56	00:07:36.30	00:07:17.31	00:22:34.17	4:40	12.8
14	HOREGLAD PAWEŁ	3028	SPEEDY GONZALES	KOSZALIN	POL	M18-29	3	M 13	00:07:26.10	00:07:35.89	00:07:33.55	00:22:35.54	4:40	12.8
15	KULAKOWSKI DAWID	3056	TKKF KOSZALIN	KOSZALIN	POL	M40-49	4	M 14	00:07:36.12	00:07:39.73	00:07:24.65	00:22:40.50	4:41	12.8
16	CHORAŻY KAROLINA	3015	LEO-TEAM	KOSZALIN	POL	K30-39	2	K 2	00:07:45.42	00:07:56.34	00:07:20.68	00:23:02.44	4:46	12.6
17	BRZEZIŃSKI JAN	3010	TEAMPIOTRUS	BIAŁOGARD	POL	M50-59	2	M 15	00:07:52.53	00:07:38.37	00:07:32.91	00:23:03.81	4:46	12.6
18	MOSZYŃSKI JACEK	3069	TKKF KOSZALIN	KOSZALIN	POL	M50-59	3	M 16	00:07:40.10	00:07:39.11	00:07:45.54	00:23:04.75	4:46	12.6
19	SZNYTER SABINA	3090	DECATHLON KOSZALIN	POLANÓW	POL	K18-29	1	K 3	00:07:47.75	00:07:39.43	00:07:44.38	00:23:11.56	4:48	12.5
20	IWANIEC DARIUSZ	3029	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	5	M 17	00:07:42.47	00:08:02.62	00:07:46.43	00:23:31.52	4:52	12.3
21	BASSEL MARCIN	3006		KOSZALIN	POL	M30-39	6	M 18	00:07:49.37	00:08:01.03	00:07:51.35	00:23:41.75	4:54	12.2
22	CHOŁUJ JAREK	3014	HOPHOPTEMPOTEAM!	KOSZALIN	POL	M40-49	6	M 19	00:07:57.29	00:08:03.38	00:07:51.86	00:23:52.53	4:56	12.1
23	ROGOŻA IRENEUSZ	3080		KOSZALIN	POL	M40-49	7	M 20	00:07:56.25	00:08:18.90	00:07:44.79	00:23:59.94	4:58	12.1
24	KONKEL ŁUKASZ	3045		KOSZALIN	POL	M40-49	8	M 21	00:07:55.57	00:07:52.86	00:08:27.10	00:24:15.53	5:01	11.9
25	MICERSKI TOMASZ	3066	TKKF KOSZALIN	KOSZALIN	POL	M40-49	9	M 22	00:08:02.73	00:08:16.79	00:08:17.98	00:24:37.50	5:05	11.8
26	MOSIOŁEK PIOTR	3068		KOSZALIN	POL	M40-49	10	M 23	00:08:13.67	00:08:19.43	00:08:07.46	00:24:40.56	5:06	11.7
27	WÓJCICKI ADRIAN	3100		KOSZALIN	POL	M30-39	7	M 24	00:08:33.88	00:08:11.11	00:08:04.23	00:24:49.22	5:08	11.7
28	WILKOWSKI KRZYSZTOF	3097		KOSZALIN	POL	M40-49	11	M 25	00:08:24.07	00:08:27.35	00:08:11.58	00:25:03.00	5:11	11.6
29	PRYCA ADAM	3078	USTKA	KOSZALIN	POL	M30-39	8	M 26	00:08:28.57	00:08:27.53	00:08:14.04	00:25:10.14	5:12	11.5
30	MILEWSKI TOMASZ	3067		KOSZALIN	POL	M30-39	9	M 27	00:08:29.85	00:08:34.77	00:08:16.85	00:25:21.47	5:15	11.4
31	KAMYK PIOTR	3032	MH IT SYSTEMY ERP KOSZALIN	KOSZALIN	POL	M30-39	10	M 28	00:08:27.80	00:08:34.25	00:08:22.27	00:25:24.32	5:15	11.4
32	JOCHYM MARIUSZ	3030		ROSNOWO	POL	M30-39	11	M 29	00:08:34.67	00:08:29.09	00:08:20.64	00:25:24.40	5:15	11.4
33	NOREK TOMEK	3071		KOSZALIN	POL	M50-59	4	M 30	00:08:33.69	00:08:30.52	00:08:25.50	00:25:29.71	5:16	11.4
34	KULCZYK KATARZYNA	3055	BRYZA POSTOMINO	SŁAWSKO	POL	K30-39	3	K 4	00:08:37.96	00:08:28.27	00:08:28.04	00:25:34.27	5:17	11.3
35	DĄBROWSKA ALICJA	3018	TKKF KOSZALIN	SIANÓW	POL	K50+	1	K 5	00:08:41.09	00:08:33.61	00:08:28.48	00:25:43.18	5:19	11.3
36	RUTKOWSKI ARTUR	3081	KOSZALIŃSKI RANKING BIEGACZY	KOSZALIN	POL	M18-29	4	M 31	00:08:51.96	00:08:39.07	00:08:25.18	00:25:56.21	5:22	11.2
37	PIETRZYK MATEUSZ	3077		SIANÓW	POL	M18-29	5	M 32	00:09:10.56	00:08:47.31	00:08:12.45	00:26:10.32	5:25	11.1
38	CZERNIAK GRACJAN	3017		KOSZALIN	POL	M30-39	12	M 33	00:08:14.15	00:10:20.96	00:07:52.88	00:26:27.99	5:28	10.9
39	KAZIMIERCZAK LESZEK	3037	LOVELASY DĄBK	KOSZALIN	POL	M30-39	13	M 34	00:09:02.19	00:08:45.87	00:08:43.69	00:26:31.75	5:29	10.9
40	KUBIK KRYSZTOF	3054	RUNGRYF GRYFICE	GRYFICE	POL	M18-29	6	M 35	00:08:45.09	00:09:16.84	00:08:38.39	00:26:40.32	5:31	10.9
41	DZIESZUK DARIUSZ	3021	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 36	00:08:55.44	00:09:08.59	00:08:48.19	00:26:52.22	5:33	10.8
42	KOBUŚ PIOTR	3043		KOSZALIN	POL	M30-39	14	M 37	00:09:07.20	00:09:21.31	00:09:02.19	00:27:30.70	5:41	10.5
43	OSOBNIAK RYSZARD	3073		KOSZALIN	POL	M60-69	1	M 38	00:09:02.84	00:09:23.20	00:09:09.18	00:27:35.22	5:42	10.5
44	KRZEWIŃSKA MAŁGORZATA	3053	TKKF KOSZALIN	KOSZALIN	POL	K50+	2	K 6	00:09:10.48	00:09:20.89	00:09:05.79	00:27:37.16	5:43	10.5
45	GRABOWSKA-LESISZ ANETA	3024		KOSZALIN	POL	K40-49	1	K 7	00:09:20.99	00:09:28.99	00:09:08.48	00:27:58.46	5:47	10.4
46	KAZIMIEROWICZ RADOSŁAW	3038	VTT KOSZALIN	KOSZALIN	POL	M30-39	15	M 39	00:09:59.00	00:09:28.45	00:08:48.26	00:28:15.71	5:51	10.3

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap 3	Netto	min/km	km/h
47	WAWRZYN GRZEGORZ	3093		KOSZALIN	POL	M40-49	12	M 40	00:08:43.41	00:09:52.97	00:10:00.81	00:28:37.19	5:55	10.1
48	JUSZCZAK KRZYSZTOF	3031		KOSZALIN	POL	M60-69	2	M 41	00:09:21.26	00:09:42.98	00:09:37.10	00:28:41.34	5:56	10.1
49	PANCERZYŃSKI ŁUKASZ	3074		KOSZALIN	POL	M40-49	13	M 42	00:09:34.74	00:09:46.96	00:09:26.92	00:28:48.62	5:57	10.1
50	ZUKAL JAKUB	3106		KOSZALIN	POL	M10-13	1	M 43	00:09:55.92	00:10:06.36	00:09:34.02	00:29:36.30	6:07	9.8
51	WOLF BEATA	3098	TKKF KOSZALIN	KOSZALIN	POL	K40-49	2	K 8	00:09:35.19	00:10:22.95	00:09:59.54	00:29:57.68	6:12	9.7
52	SUDER-MAKSYMOWICZ FILIP	3087		USTRONIE MORSKIE	POL	M10-13	2	M 44	00:09:57.32	00:09:37.70	00:10:34.88	00:30:09.90	6:14	9.6
53	KOZŁOWIECKI WALDEMAR	3051	TKKF KOSZALIN	KOSZALIN	POL	M60-69	3	M 45	00:10:15.95	00:10:31.64	00:10:06.66	00:30:54.25	6:24	9.4
54	KASZUBIAK JULIA	3036		KOSZALIN	POL	K10-13	1	K 9	00:10:37.60	00:10:13.62	00:10:29.89	00:31:21.11	6:29	9.2
55	ZUKAL ALEKSANDRA	3105		KOSZALIN	POL	K40-49	3	K 10	00:11:07.32	00:11:43.56	00:11:16.02	00:34:06.90	7:03	8.5
56	HELLER ZDZISŁAW	3027	NIEZRZESZONY	KOSZALIN	POL	M60-69	4	M 46	00:12:53.87	00:11:59.56	00:11:37.97	00:36:31.40	7:33	7.9
57	SUDER-MAKSYMOWICZ MONIKA	3088		USTRONIE MORSKIE	POL	K30-39	4	K 11	00:12:36.39	00:12:01.89	00:11:59.79	00:36:38.07	7:35	7.9
58	KOZŁOWIECKA MAŁGORZATA	3050		KOSZALIN	POL	K50+	3	K 12	00:12:22.04	00:12:39.98	00:12:01.95	00:37:03.97	7:40	7.8
59	KARNICKI ARTUR	3033		KOSZALIN	POL	M40-49	14	M 47	00:14:24.67	00:14:31.48	00:14:02.17	00:42:58.32	8:54	6.7
60	BARTNIK MARIAN	3005	TKKF KOSZALIN	KOSZALIN	POL	M70+	1	M 48	00:16:21.84	00:17:21.14	00:17:10.00	00:50:52.98	10:32	5.7
	KOZAK PAWEŁ	3048	KL BAŁTYK	BONIN	POL	M18-29			00:05:52.08	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	ZACHARCZUK ALBIN	3101	UNIA HRUBIESZÓW	HRUBIESZÓW	POL	M18-29			00:00:00.00	00:05:59.04	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KLEMMAN PAWEŁ	3041	TKKF KOSZALIN	KOSZALIN	POL	M40-49			00:00:00.00	00:00:00.00	00:07:02.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	ANDERS RAFAŁ	3001	DREWUTNIE KOSZALIN	KOSZALIN	POL	M18-29			00:07:23.76	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	CHABOWSKI WOJCIECH	3011		RĄBINO	POL	M18-29			00:00:00.00	00:07:34.06	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	LIPNIEWICZ PAWEŁ	3060	WIELKIE MUMIE	KOSZALIN	POL	M30-39			00:07:34.83	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	DOBOSZ MICHAŁ	3019		KOSZALIN	POL	M14-17			00:00:00.00	00:00:00.00	00:07:35.05	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	WAŚOWSKI MATEUSZ	3094		KOSZALIN	POL	M18-29			00:00:00.00	00:00:00.00	00:07:44.06	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	LEWANDOWSKI MAREK	3059		INOWROCŁAW	POL	M30-39			00:00:00.00	00:00:00.00	00:07:46.05	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	WENDORFF PAWEŁ	3096		WIERCISZEWO	POL	M18-29			00:07:59.82	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KWIETNIEWSKI DANIEL	3058		KOSZALIN	POL	M40-49			00:08:00.96	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	CHODOR MARTYNA	3013	TKKF KOSZALIN	KOSZALIN	POL	K30-39			00:08:22.27	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KOZIEŁ ADAM	3049		RĄBINO	POL	M18-29			00:00:00.00	00:08:27.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	BARTHA ADRIAN	3003		KOŁOBRZEG	POL	M30-39			00:00:00.00	00:00:00.00	00:08:37.05	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	DOBOSZ JAROSŁAW	3020		KOSZALIN	POL	M50-59			00:00:00.00	00:00:00.00	00:08:41.01	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KRUPIŃSKI KRZYSZTOF	3052	E-UROLOG	KOSZALIN	POL	M50-59			00:00:00.00	00:00:00.00	00:08:57.07	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	SZOSTAK MARTA	3091		KOSZALIN	POL	K18-29			00:00:00.00	00:08:58.03	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	MĘDEL MARTA	3065	TKKF KOSZALIN	KOSZALIN	POL	K40-49			00:08:59.48	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KOPCZEWSKI DARIUSZ	3046		KOSZALIN	POL	M50-59			00:09:06.60	00:00:00.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	SARAPUK GABRIELA	3082	TKKF KOSZALIN	KOSZALIN	POL	K40-49			00:00:00.00	00:09:25.09	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	PRZYBYŁ KRZYSZTOF	3079		KOSZALIN	POL	M30-39			00:00:00.00	00:00:00.00	00:09:29.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	KURŁOWICZ KRZYSZTOF	3057		KOSZALIN	POL	M40-49			00:00:00.00	00:09:57.00	00:00:00.00	DNF	-	-
									DNF	DNF	DNF	DNF	-	-

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap 3	Netto	min/km	km/h
	BARTHA TOMASZ	3004		KOŁOBRZEG	POL	M10-13			00:00:00.00 DNF	00:00:00.00 DNF	00:10:11.07 DNF	DNF	-	-
	ZIÓŁKOWSKA GOSIA	3103		KOSZALIN	POL	K30-39			00:10:16.86 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-
	OLIŃSKI AREK	3072		SIANÓW	POL	M40-49			00:00:00.00 DNF	00:10:35.08 DNF	00:00:00.00 DNF	DNF	-	-
	STRACH MARTYNA	3086		KOSZALIN	POL	K18-29			00:10:47.71 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-
	MACUDZIŃSKA IZA	3062		SIANÓW	POL	K18-29			00:11:26.50 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-
	KĘPKA ADRIAN	3039	DECATHLON KOSZALIN/ TAGER KOSZALIN	DARŁOWO	POL	M18-29			00:06:00.96 DNF	00:00:00.00 DNF	00:05:47.93 DNF	DNF	-	-
	HAMALA MONIKA	3026		KOSZALIN	POL	K30-39			00:00:00.00 DNF	00:12:10.08 DNF	00:00:00.00 DNF	DNF	-	-
	MACIEJEWSKI MACIEJ	3061	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M30-39			00:00:00.00 DNF	00:00:00.00 DNF	00:12:12.07 DNF	DNF	-	-
	KLIMKOWSKA MARIA	3042		KOSZALIN	POL	K40-49			00:12:16.20 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	-	-
	ZACHOLSKI WOJCIECH	3102		KOSZALIN	POL	M18-29			00:06:57.25 DNF	00:07:06.01 DNF	00:00:00.00 DNF	DNF	-	-
	SIENIAWSKI JAREK	3083	MEDEN-INMED SPORTS TEAM	BONIN	POL	M40-49			00:00:00.00 DNF	00:07:18.00 DNF	00:07:01.02 DNF	DNF	-	-
	NAKONIECZNY RAFAŁ	3070	TKKF KOSZALIN	KOSZALIN	POL	M30-39			00:07:13.27 DNF	00:07:15.02 DNF	00:00:00.00 DNF	DNF	-	-
	DZIĘBOWSKI MARIUSZ	3022		KOSZALIN	POL	M30-39			00:07:32.19 DNF	00:00:00.00 DNF	00:07:08.07 DNF	DNF	-	-
	KOŚCIELNIAK ROBERT	3047	TKKF KOSZALIN	KOSZALIN	POL	M50-59			00:07:24.57 DNF	00:07:24.96 DNF	00:00:00.00 DNF	DNF	-	-
	TARNOWSKI MARIUSZ	3092		KOSZALIN	POL	M30-39			00:07:40.25 DNF	00:07:52.03 DNF	00:00:00.00 DNF	DNF	-	-
	HAMALA MARCIN	3025	TAGER KOSZALIN	KOSZALIN	POL	M30-39			00:07:52.59 DNF	00:07:54.03 DNF	00:00:00.00 DNF	DNF	-	-
	KISIELIŃSKI IGOR	3040	TKKF KOSZALIN	KOSZALIN	POL	M50-59			00:08:04.09 DNF	00:08:16.99 DNF	00:00:00.00 DNF	DNF	-	-
	PEŁECHATA JULITA	3075	FOR-REST-RUN	KOŁOBRZEG	POL	K18-29			00:08:18.49 DNF	00:08:13.99 DNF	00:00:00.00 DNF	DNF	-	-
	SOKOŁOWSKI MACIEJ	3084		KOSZALIN	POL	M40-49			00:00:00.00 DNF	00:08:28.07 DNF	00:08:15.93 DNF	DNF	-	-
	CHODOR IZABELA	3012	TKKF KOSZALIN	GORZEBADZ	POL	K30-39			00:08:37.78 DNF	00:08:28.01 DNF	00:00:00.00 DNF	DNF	-	-
	WOŁYŃSKA WIOLETTA	3099	TKKF KOSZALIN	KOSZALIN	POL	K40-49			00:00:00.00 DNF	00:09:10.03 DNF	00:08:27.05 DNF	DNF	-	-
	BODO RAFAŁ	3009		KOSZALIN	POL	M30-39			00:09:35.60 DNF	00:09:10.03 DNF	00:00:00.00 DNF	DNF	-	-
	KARNICKI ZYGMUNT	3034	TKKF KOSZALIN	KOSZALIN	POL	M60-69			00:10:41.82 DNF	00:10:36.95 DNF	00:00:00.00 DNF	DNF	-	-
	GŁOWACKI WŁODZIMIERZ	3023		KOSZALIN	POL	M70+			00:00:00.00 DNF	00:10:41.09 DNF	00:10:39.96 DNF	DNF	-	-