

ZIMOWA MILA GÓRSKA 2019 - EDYCJA 4/5

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2019-02-20
 Miejsce: Koszalin
 Dystans: 1.609 km
 Klasyfikacja wg czasów netto.


ZIMOWA MILA GÓRSKA 2019 - EDYCJA 4/5, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------|-----|------------------------------------|-------------|--------|--------|--------|-------------|-------------|--------|------|
| 1 | WRÓBEL JAKUB | 172 | KL BAŁTYK | KOSZALIN | POL | M18-29 | 1 | M 1 | 00:05:34.43 | 3:27 | 17.4 |
| 2 | KĘPKA ADRIAN | 484 | DECATHLON KOSZALIN/ TAGER KOSZALIN | DARŁOWO | POL | M18-29 | 2 | M 2 | 00:06:02.64 | 3:44 | 16 |
| 3 | KASZUBIAK KLAUDIUSZ | 435 | | KOSZALIN | POL | M40-49 | 1 | M 3 | 00:06:21.48 | 3:56 | 15.2 |
| 4 | SZKOŁUDA MIŁOSZ | 499 | DECATHLON KOSZALIN | POLANÓW | POL | M18-29 | 3 | M 4 | 00:06:22.18 | 3:57 | 15.2 |
| 5 | RYKIEL MICHAŁ | 178 | | BONIN | POL | M30-39 | 1 | M 5 | 00:06:24.86 | 3:59 | 15.1 |
| 6 | MAJKOWICZ RAFAŁ | 431 | | KOSZALIN | POL | M30-39 | 2 | M 6 | 00:06:31.90 | 4:03 | 14.8 |
| 7 | CZAPLIŃSKI JACEK | 485 | TAGER KOSZALIN | KOSZALIN | POL | M30-39 | 3 | M 7 | 00:06:33.80 | 4:04 | 14.7 |
| 8 | BESZTERDA JAKUB | 459 | KL BAŁTYK KOSZALIN | KOSZALIN | POL | M14-17 | 1 | M 8 | 00:06:35.04 | 4:05 | 14.7 |
| 9 | HUBERT ŁUKASZ | 469 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 4 | M 9 | 00:06:42.71 | 4:10 | 14.4 |
| 10 | BIENKOWSKI TOMASZ | 482 | | NIEKŁONICE | POL | M30-39 | 5 | M 10 | 00:06:48.32 | 4:13 | 14.2 |
| 11 | ZUKAL PIOTR | 163 | | KOSZALIN | POL | M40-49 | 2 | M 11 | 00:06:51.33 | 4:15 | 14.1 |
| 12 | ZACHOLSKI WOJCIECH | 486 | | KOSZALIN | POL | M18-29 | 4 | M 12 | 00:06:57.49 | 4:19 | 13.9 |
| 13 | SOSNOWSKI TOMASZ | 9 | MEDEN-INMED SPORTS TEAM | KOSZALIN | POL | M18-29 | 5 | M 13 | 00:07:01.61 | 4:21 | 13.8 |
| 14 | ZWOLIŃSKI JAN | 409 | TKKF KOSZALIN | WIERCISZEWÓ | POL | M50-59 | 1 | M 14 | 00:07:03.54 | 4:23 | 13.7 |
| 15 | MATYSIAK WOJCIECH | 165 | | KOSZALIN | POL | M30-39 | 6 | M 15 | 00:07:09.16 | 4:27 | 13.5 |
| 16 | WEBER PAWEŁ | 500 | ENERGON | KOSZALIN | POL | M30-39 | 7 | M 16 | 00:07:12.83 | 4:28 | 13.4 |
| 17 | DOBOSZ MICHAŁ | 453 | | KOSZALIN | POL | M14-17 | 2 | M 17 | 00:07:17.07 | 4:31 | 13.3 |
| 18 | KUŁAKOWSKI DAWID | 161 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 3 | M 18 | 00:07:17.23 | 4:31 | 13.3 |
| 19 | KONKEL AGNIESZKA | 432 | | KOSZALIN | POL | K30-39 | 1 | K 1 | 00:07:18.28 | 4:32 | 13.2 |
| 20 | PICK TOMASZ | 489 | DEAF KOSZALIN | KOSZALIN | POL | M40-49 | 4 | M 19 | 00:07:18.39 | 4:32 | 13.2 |
| 21 | LEWANDOWSKI MAREK | 398 | | INOWROCLAW | POL | M30-39 | 8 | M 20 | 00:07:24.79 | 4:36 | 13 |
| 22 | HOREGLAD PAWEŁ | 396 | SPEEDY GONZALES | KOSZALIN | POL | M18-29 | 6 | M 21 | 00:07:26.15 | 4:37 | 13 |
| 23 | BASSEL MARCIN | 466 | | KOSZALIN | POL | M30-39 | 9 | M 22 | 00:07:31.37 | 4:40 | 12.9 |
| 24 | IWANIEC DARIUSZ | 162 | TKKF KOSZALIN | SIERAKOWO | POL | M40-49 | 5 | M 23 | 00:07:31.59 | 4:40 | 12.9 |
| 25 | MOSZYŃSKI JACEK | 436 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 2 | M 24 | 00:07:37.00 | 4:43 | 12.7 |
| 26 | BRZEZIŃSKI JAN | 483 | TEAMPIOTRUS | BIAŁOGARD | POL | M50-59 | 3 | M 25 | 00:07:37.38 | 4:44 | 12.7 |
| 27 | CHORĄŻY KAROLINA | 490 | LEO-TEAM | KOSZALIN | POL | K30-39 | 2 | K 2 | 00:07:37.83 | 4:44 | 12.7 |
| 28 | SZNYTER SABINA | 497 | DECATHLON KOSZALIN | POLANÓW | POL | K18-29 | 1 | K 3 | 00:07:41.27 | 4:46 | 12.6 |
| 29 | CZERNIAK GRACJAN | 488 | | KOSZALIN | POL | M30-39 | 10 | M 26 | 00:07:41.77 | 4:46 | 12.5 |
| 30 | CHOŁUJ JAREK | 481 | HOPHOPTEPOTTEAM! | KOSZALIN | POL | M40-49 | 6 | M 27 | 00:07:44.43 | 4:48 | 12.5 |
| 31 | TARNOWSKI MARIUSZ | 320 | | KOSZALIN | POL | M30-39 | 11 | M 28 | 00:07:47.08 | 4:50 | 12.4 |
| 32 | KONKEL ŁUKASZ | 175 | | KOSZALIN | POL | M40-49 | 7 | M 29 | 00:07:47.82 | 4:50 | 12.4 |
| 33 | PEŁECHATA JULITA | 487 | FOR-REST-RUN | KOŁOBRZEG | POL | K18-29 | 2 | K 4 | 00:07:47.90 | 4:50 | 12.4 |
| 34 | MOSIOŁEK PIOTR | 288 | | KOSZALIN | POL | M40-49 | 8 | M 30 | 00:07:54.36 | 4:54 | 12.2 |
| 35 | KISIELIŃSKI IGOR | 454 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 4 | M 31 | 00:07:54.75 | 4:55 | 12.2 |
| 36 | KUBIK KRYSZTIAN | 405 | RUNGRYF GRYFICE | POL | M18-29 | 7 | M 32 | 00:07:56.92 | 4:56 | 12.2 | |
| 37 | PRYCA ADAM | 439 | | USTKA | POL | M30-39 | 12 | M 33 | 00:07:57.81 | 4:56 | 12.1 |
| 38 | PIETRZYK MATEUSZ | 451 | | SIANÓW | POL | M18-29 | 8 | M 34 | 00:08:00.03 | 4:58 | 12.1 |
| 39 | ROGOŻA IRENEUSZ | 399 | | KOSZALIN | POL | M40-49 | 9 | M 35 | 00:08:01.23 | 4:59 | 12 |
| 40 | PIETRZYK PAULINA | 456 | | SIANÓW | POL | K18-29 | 3 | K 5 | 00:08:02.13 | 4:59 | 12 |
| 41 | MILEWSKI TOMASZ | 464 | | KOSZALIN | POL | M30-39 | 13 | M 36 | 00:08:02.20 | 5:00 | 12 |
| 42 | MICERSKI TOMASZ | 407 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 10 | M 37 | 00:08:02.45 | 5:00 | 12 |
| 43 | WÓJCICKI ADRIAN | 318 | | KOSZALIN | POL | M30-39 | 14 | M 38 | 00:08:07.03 | 5:02 | 11.9 |
| 44 | RUTKOWSKI RYSZARD | 498 | | SIANÓW | POL | M50-59 | 5 | M 39 | 00:08:09.43 | 5:03 | 11.9 |
| 45 | DĄBROWSKA ALICJA | 461 | TKKF KOSZALIN | SIANÓW | POL | K50+ | 1 | K 6 | 00:08:13.58 | 5:06 | 11.8 |
| 46 | JOCHYM MARIUSZ | 458 | | ROSNOWO | POL | M30-39 | 15 | M 40 | 00:08:15.69 | 5:08 | 11.7 |

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|------|--------------------------|-----|------------------------------|------------------|------|--------|--------|------|-------------|--------|------|
| 47 | KULCZYK KATARZYNA | 180 | BRYZA POSTOMINO | SŁAWSKO | POL | K30-39 | 3 | K 7 | 00:08:23.03 | 5:12 | 11.5 |
| 48 | RUTKOWSKI ARTUR | 437 | KOSZALIŃSKI RANKING BIEGACZY | KOSZALIN | POL | M18-29 | 9 | M 41 | 00:08:23.46 | 5:12 | 11.5 |
| 49 | KAMYK PIOTR | 465 | MH IT SYSTEMY ERP KOSZALIN | KOSZALIN | POL | M30-39 | 16 | M 42 | 00:08:25.76 | 5:14 | 11.5 |
| 50 | NOREK TOMEK | 400 | | KOSZALIN | POL | M50-59 | 6 | M 43 | 00:08:28.05 | 5:15 | 11.4 |
| 51 | KAZIMIERCZAK LESZEK | 494 | LOVELASY DĄBKI | KOSZALIN | POL | M30-39 | 17 | M 44 | 00:08:29.27 | 5:16 | 11.4 |
| 52 | WILKOWSKI KRZYSZTOF | 496 | | KOSZALIN | POL | M40-49 | 11 | M 45 | 00:08:30.49 | 5:16 | 11.4 |
| 53 | DOBOSZ JAROSŁAW | 492 | | KOSZALIN | POL | M50-59 | 7 | M 46 | 00:08:36.95 | 5:21 | 11.2 |
| 54 | DZIESZUK DARIUSZ | 408 | TKKF KOSZALIN | KOSZALIN | POL | M50-59 | 8 | M 47 | 00:08:37.93 | 5:21 | 11.2 |
| 55 | WOŁYŃSKA WIOLETTA | 179 | TKKF KOSZALIN | KOSZALIN | POL | K40-49 | 1 | K 8 | 00:08:40.80 | 5:23 | 11.1 |
| 56 | KRZEWIŃSKA MAŁGORZATA | 434 | TKKF KOSZALIN | KOSZALIN | POL | K50+ | 2 | K 9 | 00:08:47.37 | 5:27 | 11 |
| 57 | KAZIMIEROWICZ RADOSŁAW | 164 | VTT KOSZALIN | KOSZALIN | POL | M30-39 | 18 | M 48 | 00:08:48.35 | 5:28 | 11 |
| 58 | WAWRZYN GRZEGORZ | 177 | | KOSZALIN | POL | M40-49 | 12 | M 49 | 00:08:48.59 | 5:28 | 11 |
| 59 | KOBUS PIOTR | 401 | | KOSZALIN | POL | M30-39 | 19 | M 50 | 00:08:50.57 | 5:29 | 10.9 |
| 60 | GRABOWSKA-LESISZ ANETA | 438 | | KOSZALIN | POL | K40-49 | 2 | K 10 | 00:08:51.34 | 5:29 | 10.9 |
| 61 | OSOBNAK RYSZARD | 319 | | KOSZALIN | POL | M60-69 | 1 | M 51 | 00:08:59.62 | 5:34 | 10.8 |
| 62 | W. SEBASTIAN | 176 | | KOSZALIN | POL | M18-29 | 10 | M 52 | 00:09:03.82 | 5:37 | 10.7 |
| 63 | SUDER-MAKSYMOWICZ FILIP | 228 | | USTRONIE MORSKIE | POL | M10-13 | 1 | M 53 | 00:09:09.93 | 5:41 | 10.5 |
| 64 | JUSZCZAK KRZYSZTOF | 463 | | KOSZALIN | POL | M60-69 | 2 | M 54 | 00:09:24.70 | 5:50 | 10.3 |
| 65 | SARAPUK GABRIELA | 402 | TKKF KOSZALIN | KOSZALIN | POL | K40-49 | 3 | K 11 | 00:09:30.53 | 5:54 | 10.2 |
| 66 | BULIK ADRIAN | 455 | | KOSZALIN | POL | M18-29 | 11 | M 55 | 00:09:34.91 | 5:57 | 10.1 |
| 67 | PANCERZYŃSKI ŁUKASZ | 171 | | KOSZALIN | POL | M40-49 | 13 | M 56 | 00:09:36.61 | 5:57 | 10.1 |
| 68 | KURŁOWICZ KRZYSZTOF | 403 | | KOSZALIN | POL | M40-49 | 14 | M 57 | 00:09:56.14 | 6:10 | 9.7 |
| 69 | ZUKAL JAKUB | 468 | | KOSZALIN | POL | M10-13 | 2 | M 58 | 00:09:57.35 | 6:10 | 9.7 |
| 70 | KASZUBIAK JULIA | 433 | | KOSZALIN | POL | K10-13 | 1 | K 12 | 00:09:58.57 | 6:12 | 9.7 |
| 71 | KARNICKI ZYGMUNT | 170 | TKKF KOSZALIN | KOSZALIN | POL | M60-69 | 3 | M 59 | 00:10:07.08 | 6:17 | 9.5 |
| 72 | WOLF BEATA | 169 | TKKF KOSZALIN | KOSZALIN | POL | K40-49 | 4 | K 13 | 00:10:09.73 | 6:18 | 9.5 |
| 73 | KOZŁOWIECKI WALDEMAR | 457 | TKKF KOSZALIN | KOSZALIN | POL | M60-69 | 4 | M 60 | 00:10:12.93 | 6:20 | 9.5 |
| 74 | WRÓBLEWSKA MARTA | 404 | | KOSZALIN | POL | K40-49 | 5 | K 14 | 00:10:21.60 | 6:25 | 9.3 |
| 75 | DOBOSZ IZABELLA | 491 | | KOSZALIN | POL | K40-49 | 6 | K 15 | 00:10:38.04 | 6:36 | 9.1 |
| 76 | SUDER-MAKSYMOWICZ MONIKA | 121 | | USTRONIE MORSKIE | POL | K30-39 | 4 | K 16 | 00:10:55.01 | 6:46 | 8.8 |
| 77 | MACIEJEWSKI MACIEJ | 462 | MEDEN-INMED SPORTS TEAM | KOSZALIN | POL | M30-39 | 20 | M 61 | 00:11:00.00 | 6:49 | 8.8 |
| 78 | ZUKAL ALEKSANDRA | 467 | | KOSZALIN | POL | K40-49 | 7 | K 17 | 00:11:07.00 | 6:54 | 8.7 |
| 79 | HELLER ZDZISŁAW | 460 | NIEZRZESZONY | KOSZALIN | POL | M60-69 | 5 | M 62 | 00:11:19.22 | 7:01 | 8.5 |
| 80 | KOZŁOWIECKA MAŁGORZATA | 495 | | KOSZALIN | POL | K50+ | 3 | K 18 | 00:11:39.67 | 7:14 | 8.3 |
| 81 | KARNICKI ARTUR | 174 | | KOSZALIN | POL | M40-49 | 15 | M 63 | 00:13:17.76 | 8:15 | 7.3 |
| 82 | BARTNIK MARIAN | 397 | TKKF KOSZALIN | KOSZALIN | POL | M70+ | 1 | M 64 | 00:15:47.00 | 9:48 | 6.1 |