

RAJD JASTROWSKI

Organizator: Polska Federacja Nordic Walking; Urząd Miasta i Gminy Jastrowie
Data: 2019-04-06
Miejsce: Jastrowie
Dystans: 5.3 km
Klasyfikacja wg czasów netto.



RAJD JASTROWSKI, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|--------------------------|----|---------------------------------|----------------|------|--------|--------|------|-------------|--------------|-------------|--------|------|
| 1 | BRZozowski PIOTR | 62 | AKTYWNI POSTOMINO | ŚLAWNO | POL | M-OPEN | 1 | M 1 | | | 00:34:49.64 | 6:34 | 9.1 |
| 2 | WITCZUK LUKASZ | 61 | LUKI TEAM SIEDLCE | SIEDLCE | POL | M-OPEN | 2 | M 2 | | | 00:35:46.18 | 6:44 | 8.9 |
| 3 | MARCZAK KRZYSZTOF | 63 | NWPL | BEŁCHATÓW | POL | M-OPEN | 3 | M 3 | | | 00:35:51.67 | 6:45 | 8.9 |
| 4 | DEJA WOJCIECH | 7 | | ZŁOTÓW | POL | M-OPEN | 4 | M 4 | | | 00:36:48.72 | 6:56 | 8.6 |
| 5 | JASŁEK PRZEMYSŁAW | 16 | | RADAWNICA | POL | M-OPEN | 5 | M 5 | | | 00:37:15.76 | 7:01 | 8.5 |
| 6 | WOROCH ROMAN | 47 | KS METRACO POLKOWICE | DOPIEWO | POL | M-OPEN | 6 | M 6 | | | 00:37:26.22 | 7:03 | 8.5 |
| 7 | GAŁĄZKA PAWEŁ | 58 | POLSKA MUSZKIETEROWIE | GNIEZNO | POL | M-OPEN | 7 | M 7 | | | 00:38:55.22 | 7:20 | 8.2 |
| 8 | SZOT MAGDALENA | 55 | LUX TORPEDA | KRAKÓW | POL | K-OPEN | 1 | K 1 | | | 00:39:39.54 | 7:29 | 8 |
| 9 | BERCZYŃSKI HENRYK | 4 | NADLEŚNICTWO OKONEK | OKONEK | POL | M-OPEN | 8 | M 8 | | | 00:40:36.77 | 7:39 | 7.8 |
| 10 | ŻERO BEATA | 50 | | GRĘBOCIN | POL | K-OPEN | 2 | K 2 | | | 00:41:25.39 | 7:48 | 7.7 |
| 11 | JASŁEK KAMA | 17 | | RADAWNICA | POL | K-OPEN | 3 | K 3 | | | 00:41:30.04 | 7:49 | 7.7 |
| 12 | YANKOVSKAYA ALEKSANDRA | 49 | KLUB SPORTOWY DED | KALININGRAD | RUS | K-OPEN | 4 | K 4 | | | 00:41:30.60 | 7:49 | 7.7 |
| 13 | WEISTOCK DAGMARA | 43 | | ZAKRZEWO | POL | K-OPEN | 5 | K 5 | | | 00:41:46.25 | 7:52 | 7.6 |
| 14 | LEMBOWICZ MAREK | 26 | PIAST | POŁCZYN-ZDRÓJ | POL | M-OPEN | 9 | M 9 | | | 00:41:51.24 | 7:53 | 7.6 |
| 15 | MRUGAŁA AGNIESZKA | 32 | SPORT I REKREACJA START CHELMNO | CHEŁMNO | POL | K-OPEN | 6 | K 6 | | | 00:42:55.06 | 8:05 | 7.4 |
| 16 | WOROCH JOLANTA | 48 | | DOPIEWO | POL | K-OPEN | 7 | K 7 | | | 00:43:14.43 | 8:09 | 7.4 |
| 17 | ŁYSON ANDRZEJ | 27 | BLASZKI | STARGARD | POL | M-OPEN | 10 | M 10 | | | 00:44:43.90 | 8:26 | 7.1 |
| 18 | ŚWIERCZYŃSKA JOANNA | 42 | ELBLĄSKIE WŁÓCZYKIJE | ELBLĄG | POL | K-OPEN | 8 | K 8 | | | 00:44:47.96 | 8:27 | 7.1 |
| 19 | KUSIAK WŁODZIMIERZ | 24 | | GDAŃSK | POL | M-OPEN | 11 | M 11 | | | 00:44:52.77 | 8:27 | 7.1 |
| 20 | BARTCZAK MIROŚLAWA | 2 | | SZWECJA | POL | K-OPEN | 9 | K 9 | | | 00:45:00.80 | 8:29 | 7.1 |
| 21 | KUTKOWSKI MARIAN | 25 | | JASTROWIE | POL | M-OPEN | 12 | M 12 | | | 00:45:02.24 | 8:29 | 7.1 |
| 22 | JAKIMIAK PIOTR | 60 | LUKI TEAM SIEDLCE | SIEDLCE | POL | M-OPEN | 13 | M 13 | | | 00:45:11.76 | 8:31 | 7 |
| 23 | WIECZOREK KRZYSZTOF | 45 | NORDIC WALKING LUBASZ | DĘBE | POL | M-OPEN | 14 | M 14 | | | 00:46:09.07 | 8:42 | 6.9 |
| 24 | KOWALSKI MIROŚLAW | 57 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M-OPEN | 15 | M 15 | | | 00:46:28.22 | 8:46 | 6.8 |
| 25 | SKOWROŃSKA DOMINIKA | 65 | | BEŁCHATÓW | POL | K-OPEN | 10 | K 10 | | | 00:46:36.45 | 8:47 | 6.8 |
| 26 | JANIK MACIEJ | 15 | ZASAPANI | PIŁA | POL | M-OPEN | 16 | M 16 | | | 00:47:09.76 | 8:53 | 6.7 |
| 27 | BIELIŃSKI ROMAN | 64 | | JASTROWIE | POL | M-OPEN | 17 | M 17 | | | 00:47:39.44 | 8:59 | 6.7 |
| 28 | CZAJKOWSKA GRAŻYNA | 6 | | JASTROWIE | POL | K-OPEN | 11 | K 11 | | | 00:47:40.49 | 8:59 | 6.7 |
| 29 | DZIEMIAŃCZYK ALINA | 66 | | JASTROWIE | POL | K-OPEN | 12 | K 12 | | | 00:47:41.88 | 9:00 | 6.7 |
| 30 | MIARA IZABELA | 30 | OKONEK | OKONEK | POL | K-OPEN | 13 | K 13 | | | 00:48:39.83 | 9:10 | 6.5 |
| 31 | BARTOSIEWICZ WŁODZIMIERZ | 3 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M-OPEN | 18 | M 18 | | | 00:48:42.36 | 9:11 | 6.5 |
| 32 | OWCZAREK HENRYKA | 34 | MARSZ PO ZDROWIE | POZNAŃ | POL | K-OPEN | 14 | K 14 | | | 00:49:09.66 | 9:16 | 6.5 |
| 33 | | 73 | | | | | 1 | | | | 00:49:25.06 | 9:19 | 6.4 |
| 34 | PAWŁOSKI ANTONI | 35 | | JASTROWIE | POL | M-OPEN | 19 | M 19 | | | 00:49:25.81 | 9:19 | 6.4 |
| 35 | DZIUBA WIOLETA | 9 | OKONEK | OKONEK | POL | K-OPEN | 15 | K 15 | | | 00:49:38.37 | 9:22 | 6.4 |
| 36 | RYCERSKA MAGDALENA | 37 | | CZAPLINEK | POL | K-OPEN | 16 | K 16 | | | 00:49:50.62 | 9:24 | 6.4 |
| 37 | RYCERSKA LENA | 38 | | CZAPLINEK | POL | K-OPEN | 17 | K 17 | | | 00:49:53.41 | 9:24 | 6.4 |
| 38 | PRZYPOLSKI MIŁOSZ | 59 | KIJOWY BRAT | JASTROWIE | POL | M-OPEN | 20 | M 20 | | | 00:50:03.44 | 9:26 | 6.4 |
| 39 | SUSIAK EWELINA | 40 | | BORNE SULINOWO | POL | K-OPEN | 18 | K 18 | | | 00:50:05.42 | 9:27 | 6.3 |
| 40 | KOWALCZUK MARIA | 18 | KIJOWE SIOSTRY | JASTROWIE | POL | K-OPEN | 19 | K 19 | | | 00:50:12.48 | 9:28 | 6.3 |
| 41 | HAWETO JANINA | 14 | KIJOWE SIOSTRY | JASTROWIE | POL | K-OPEN | 20 | K 20 | | | 00:50:14.28 | 9:28 | 6.3 |
| 42 | KUSIAK MARIA | 23 | | GDAŃSK | POL | K-OPEN | 21 | K 21 | | | 00:50:25.88 | 9:30 | 6.3 |
| 43 | KUCZYŃSKI WŁODZIMIERZ | 21 | NORDIC WALKING KIEKRZ | OBORNIKI | POL | M-OPEN | 21 | M 21 | | | 00:50:39.85 | 9:33 | 6.3 |
| 44 | | 71 | | | | | 2 | | | | 00:50:44.92 | 9:34 | 6.3 |
| 45 | | 72 | | | | | 3 | | | | 00:50:45.50 | 9:34 | 6.3 |
| 46 | SZOT KRYSZYNA | 41 | | RADAWNICA | POL | K-OPEN | 22 | K 22 | | | 00:50:48.28 | 9:35 | 6.3 |

RAJD JASTROWSKI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|-------------------|----|--|------------------|------|--------|--------|------|-------------|--------------|-------------|--------|------|
| 47 | GIERSENDORF ROMAN | 10 | KB KATORŻNIK MUROWANA GOŚLINA/ FNWT | MUROWANA GOŚLINA | POL | M-OPEN | 22 | M 22 | | | 00:57:37.06 | 10:52 | 5.5 |
| 48 | GIERSENDORF BORYS | 11 | KB KATORŻNIK MUROWANA GOŚLINA/ FNWT | MUROWANA GOŚLINA | POL | M-OPEN | 23 | M 23 | | | 00:57:51.32 | 10:54 | 5.5 |
| 49 | ASSAIDI ZAKARIA | 54 | LUX TORPEDA | KRAKÓW | MAR | K-OPEN | 23 | K 23 | | | 00:58:51.68 | 11:06 | 5.4 |
| 50 | PIĄTEK MACIEJ | 56 | | GNIEWINO | POL | M-OPEN | 24 | M 24 | | | 00:58:52.75 | 11:06 | 5.4 |
| 51 | | 70 | | | | | | 4 | | | 01:02:22.48 | 11:46 | 5.1 |
| 52 | GÓRSKA MAJA | 52 | | KATOWICE | POL | K-OPEN | 24 | K 24 | | | 01:02:38.62 | 11:49 | 5.1 |
| 53 | KANIA AGNIESZKA | 51 | | | POL | K-OPEN | 25 | K 25 | | | 01:02:50.27 | 11:51 | 5.1 |
| 54 | LESISZ NATASZA | 53 | | KATOWICE | POL | K-OPEN | 26 | K 26 | | | 01:02:55.04 | 11:52 | 5.1 |
| 55 | | 69 | | | | | | 5 | | | 01:04:59.48 | 12:15 | 4.9 |

RAJD JASTROWSKI, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|------------------------|----|---------------------------------|----------------|------|--------|--------|------|-------------|--------------|-------------|--------|------|
| 1 | SZOT MAGDALENA | 55 | LUX TORPEDA | KRAKÓW | POL | K-OPEN | 1 | K 1 | | | 00:39:39.54 | 7:29 | 8 |
| 2 | ŻERO BEATA | 50 | | GRĘBOCIN | POL | K-OPEN | 2 | K 2 | | | 00:41:25.39 | 7:48 | 7.7 |
| 3 | JASIŁEK KAMA | 17 | | RADAWNICA | POL | K-OPEN | 3 | K 3 | | | 00:41:30.04 | 7:49 | 7.7 |
| 4 | YANKOVSKAYA ALEKSANDRA | 49 | KLUB SPORTOWY DED | KALININGRAD | RUS | K-OPEN | 4 | K 4 | | | 00:41:30.60 | 7:49 | 7.7 |
| 5 | WEISTOCK DAGMARA | 43 | | ZAKRZEWO | POL | K-OPEN | 5 | K 5 | | | 00:41:46.25 | 7:52 | 7.6 |
| 6 | MRUGAŁA AGNIESZKA | 32 | SPORT I REKREACJA START CHEŁMNO | CHEŁMNO | POL | K-OPEN | 6 | K 6 | | | 00:42:55.06 | 8:05 | 7.4 |
| 7 | WOROCZ JOLANTA | 48 | | DOPIEWO | POL | K-OPEN | 7 | K 7 | | | 00:43:14.43 | 8:09 | 7.4 |
| 8 | ŚWIERCZYŃSKA JOANNA | 42 | ELBLĄSKIE WŁÓCZYKIJE | ELBLĄG | POL | K-OPEN | 8 | K 8 | | | 00:44:47.96 | 8:27 | 7.1 |
| 9 | BARTCZAK MIROSŁAWA | 2 | | SZWECJA | POL | K-OPEN | 9 | K 9 | | | 00:45:00.80 | 8:29 | 7.1 |
| 10 | SKOWROŃSKA DOMINIKA | 65 | | BEŁCHATÓW | POL | K-OPEN | 10 | K 10 | | | 00:46:36.45 | 8:47 | 6.8 |
| 11 | CZAJKOWSKA GRAŻYNA | 6 | | JASTROWIE | POL | K-OPEN | 11 | K 11 | | | 00:47:40.49 | 8:59 | 6.7 |
| 12 | DZIEMIĄNCZYK ALINA | 66 | | JASTROWIE | POL | K-OPEN | 12 | K 12 | | | 00:47:41.88 | 9:00 | 6.7 |
| 13 | MIARA IZABELA | 30 | OKONEK | OKONEK | POL | K-OPEN | 13 | K 13 | | | 00:48:39.83 | 9:10 | 6.5 |
| 14 | OWCZAREK HENRYKA | 34 | MARSZ PO ZDROWIE | POZNAŃ | POL | K-OPEN | 14 | K 14 | | | 00:49:09.66 | 9:16 | 6.5 |
| 15 | DZIUBA WIOLETA | 9 | OKONEK | OKONEK | POL | K-OPEN | 15 | K 15 | | | 00:49:38.37 | 9:22 | 6.4 |
| 16 | RYCERSKA MAGDALENA | 37 | | CZAPLINEK | POL | K-OPEN | 16 | K 16 | | | 00:49:50.62 | 9:24 | 6.4 |
| 17 | RYCERSKA LENA | 38 | | CZAPLINEK | POL | K-OPEN | 17 | K 17 | | | 00:49:53.41 | 9:24 | 6.4 |
| 18 | SUSIAK EWELINA | 40 | | BORNE SULINOWO | POL | K-OPEN | 18 | K 18 | | | 00:50:05.42 | 9:27 | 6.3 |
| 19 | KOWALCZUK MARIA | 18 | KIJOWE SIOSTRY | JASTROWIE | POL | K-OPEN | 19 | K 19 | | | 00:50:12.48 | 9:28 | 6.3 |
| 20 | HAWETO JANINA | 14 | KIJOWE SIOSTRY | JASTROWIE | POL | K-OPEN | 20 | K 20 | | | 00:50:14.28 | 9:28 | 6.3 |
| 21 | KUSIAK MARIA | 23 | | GDAŃSK | POL | K-OPEN | 21 | K 21 | | | 00:50:25.88 | 9:30 | 6.3 |
| 22 | SZOT KRYSZYNA | 41 | | RADAWNICA | POL | K-OPEN | 22 | K 22 | | | 00:50:48.28 | 9:35 | 6.3 |
| 23 | ASSAIDI ZAKARIA | 54 | LUX TORPEDA | KRAKÓW | MAR | K-OPEN | 23 | K 23 | | | 00:58:51.68 | 11:06 | 5.4 |
| 24 | GÓRSKA MAJA | 52 | | KATOWICE | POL | K-OPEN | 24 | K 24 | | | 01:02:38.62 | 11:49 | 5.1 |
| 25 | KANIA AGNIESZKA | 51 | | | POL | K-OPEN | 25 | K 25 | | | 01:02:50.27 | 11:51 | 5.1 |
| 26 | LESISZ NATASZA | 53 | | KATOWICE | POL | K-OPEN | 26 | K 26 | | | 01:02:55.04 | 11:52 | 5.1 |

RAJD JASTROWSKI, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|--------------------|----|-----------------------|---------------|------|--------|--------|-----|-------------|--------------|-------------|--------|------|
| 1 | BRZOZOWSKI PIOTR | 62 | AKTYWNI POSTOMINO | SŁAWNO | POL | M-OPEN | 1 | M 1 | | | 00:34:49.64 | 6:34 | 9.1 |
| 2 | WITCZUK ŁUKASZ | 61 | LUKI TEAM SIEDLCE | SIEDLCE | POL | M-OPEN | 2 | M 2 | | | 00:35:46.18 | 6:44 | 8.9 |
| 3 | MARCZAK KRZYSZTOF | 63 | NWPL | BEŁCHATÓW | POL | M-OPEN | 3 | M 3 | | | 00:35:51.67 | 6:45 | 8.9 |
| 4 | DEJA WOJCIECH | 7 | | ZŁOTÓW | POL | M-OPEN | 4 | M 4 | | | 00:36:48.72 | 6:56 | 8.6 |
| 5 | JASIŁEK PRZEMYSŁAW | 16 | | RADAWNICA | POL | M-OPEN | 5 | M 5 | | | 00:37:15.76 | 7:01 | 8.5 |
| 6 | WOROCZ ROMAN | 47 | KS METRACO POLKOWICE | DOPIEWO | POL | M-OPEN | 6 | M 6 | | | 00:37:26.22 | 7:03 | 8.5 |
| 7 | GAŁĄZKA PAWEŁ | 58 | POLSKA MUSZKIETEROWIE | GNIEZNO | POL | M-OPEN | 7 | M 7 | | | 00:38:55.22 | 7:20 | 8.2 |
| 8 | BERCZYŃSKI HENRYK | 4 | NADLEŚNICTWO OKONEK | OKONEK | POL | M-OPEN | 8 | M 8 | | | 00:40:36.77 | 7:39 | 7.8 |
| 9 | LEMBOWICZ MAREK | 26 | PIAST | POŁCZYN-ZDRÓJ | POL | M-OPEN | 9 | M 9 | | | 00:41:51.24 | 7:53 | 7.6 |

RAJD JASTROWSKI, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|--------------------------|----|--|------------------|------|--------|--------|------|-------------|--------------|-------------|--------|------|
| 10 | LYSON ANDRZEJ | 27 | BLASZKI | STARGARD | POL | M-OPEN | 10 | M 10 | | | 00:44:43.90 | 8:26 | 7.1 |
| 11 | KUSIAK WŁODZIMIERZ | 24 | | GDAŃSK | POL | M-OPEN | 11 | M 11 | | | 00:44:52.77 | 8:27 | 7.1 |
| 12 | KUTKOWSKI MARIAN | 25 | | JASTROWIE | POL | M-OPEN | 12 | M 12 | | | 00:45:02.24 | 8:29 | 7.1 |
| 13 | JAKIMIAK PIOTR | 60 | LUKI TEAM SIEDLCE | SIEDLCE | POL | M-OPEN | 13 | M 13 | | | 00:45:11.76 | 8:31 | 7 |
| 14 | WIECZOREK KRZYSZTOF | 45 | NORDIC WALKING LUBASZ | DĘBE | POL | M-OPEN | 14 | M 14 | | | 00:46:09.07 | 8:42 | 6.9 |
| 15 | KOWALSKI MIROSŁAW | 57 | TEAM BIEGOWY SZCZECINEK | SZCZECINEK | POL | M-OPEN | 15 | M 15 | | | 00:46:28.22 | 8:46 | 6.8 |
| 16 | JANIK MACIEJ | 15 | ZASAPANI | PIŁA | POL | M-OPEN | 16 | M 16 | | | 00:47:09.76 | 8:53 | 6.7 |
| 17 | BIELIŃSKI ROMAN | 64 | | JASTROWIE | POL | M-OPEN | 17 | M 17 | | | 00:47:39.44 | 8:59 | 6.7 |
| 18 | BARTOSIEWICZ WŁODZIMIERZ | 3 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M-OPEN | 18 | M 18 | | | 00:48:42.36 | 9:11 | 6.5 |
| 19 | PAWŁOSKI ANTONI | 35 | | JASTROWIE | POL | M-OPEN | 19 | M 19 | | | 00:49:25.81 | 9:19 | 6.4 |
| 20 | PRZYPOLSKI MIŁOSZ | 59 | KIJOWY BRAT | JASTROWIE | POL | M-OPEN | 20 | M 20 | | | 00:50:03.44 | 9:26 | 6.4 |
| 21 | KUCZYŃSKI WŁODZIMIERZ | 21 | NORDIC WALKING KIEKRZ | OBORNIKI | POL | M-OPEN | 21 | M 21 | | | 00:50:39.85 | 9:33 | 6.3 |
| 22 | GIERSZENDORF ROMAN | 10 | KB KATORŻNIK MUROWANA GOŚLINA/ FNWT | MUROWANA GOŚLINA | POL | M-OPEN | 22 | M 22 | | | 00:57:37.06 | 10:52 | 5.5 |
| 23 | GIERSZENDORF BORYS | 11 | KB KATORŻNIK MUROWANA GOŚLINA/ FNWT | MUROWANA GOŚLINA | POL | M-OPEN | 23 | M 23 | | | 00:57:51.32 | 10:54 | 5.5 |
| 24 | PIĄTEK MACIEJ | 56 | | GNIEWINO | POL | M-OPEN | 24 | M 24 | | | 00:58:52.75 | 11:06 | 5.4 |

RAJD JASTROWSKI,

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|------|-----------------|----|------|-----------|------|------|--------|-----|-------------|--------------|-------------|--------|------|
| 1 | | 73 | | | | | | 1 | | | 00:49:25.06 | 9:19 | 6.4 |
| 2 | | 71 | | | | | | 2 | | | 00:50:44.92 | 9:34 | 6.3 |
| 3 | | 72 | | | | | | 3 | | | 00:50:45.50 | 9:34 | 6.3 |
| 4 | | 70 | | | | | | 4 | | | 01:02:22.48 | 11:46 | 5.1 |
| 5 | | 69 | | | | | | 5 | | | 01:04:59.48 | 12:15 | 4.9 |