

## K2 RUN

Organiser: Fundacja Bieg Rzeźnika  
Date: 2016-09-24  
Place: Łądek Zdrój  
Distance: 8.611 km  
Klasyfikacja wg czasów brutto.

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE



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## K2 RUN, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	Brutto	min/km	km/h
							cat.					
1	JOCHYMEK PIOTR	154	WYSZEDŁZDOMU.PL			M18-35	1	M 1	00:35:21.00	00:35:21.00	4:06	14,6
2	WRÓBEL ŁUKASZ	196	KGB GRZMOT KOMORNIKI			M36-49	1	M 2	00:35:39.00	00:35:39.00	4:08	14,5
3	SZPINEK MARCIN	109	TUTU TEAM			M36-49	2	M 3	00:38:07.00	00:38:07.00	4:25	13,6
4	NOWAK WOJCIECH	208				M18-35	2	M 4	00:38:28.00	00:38:28.00	4:28	13,4
5	KOBRYŃ DOMINIK	210	BYLEDOBIEC ANIN			M36-49	3	M 5	00:38:41.00	00:38:41.00	4:29	13,4
6	PEKALA KRZYSZTOF	183				M36-49	4	M 6	00:38:53.00	00:38:53.00	4:30	13,3
7	WAĆHAŁA ŁUKASZ	175				M18-35	3	M 7	00:39:06.00	00:39:06.00	4:32	13,2
8	KITA MICHAŁ	116	PĘDZĄCY W MIEJSCU			M36-49	5	M 8	00:39:14.00	00:39:14.00	4:33	13,2
9	MICHNOL KAMIL	158	7 KONTYNETÓW			M36-49	6	M 9	00:39:22.00	00:39:22.00	4:34	13,1
10	DOMOWICZ WOJCIECH	156	CYKLOSPORT BOLESŁAWIEC			M18-35	4	M 10	00:39:28.00	00:39:28.00	4:35	13,1
11	KOWALIK ANDRZEJ	209	BIEG OPOLSKI			M36-49	7	M 11	00:40:06.00	00:40:06.00	4:39	12,9
12	BONDARA SYLWIA	219	JACEKBIEGA RUNNING TEAM			K18-35	1	K 1	00:40:27.00	00:40:27.00	4:41	12,8
13	WOWER BARTŁOMIEJ	134	CSC ADVENTURE ACADEMY			M18-35	5	M 12	00:40:36.00	00:40:36.00	4:42	12,7
14	SZCZEPANIAK KAMIL	153	KARPACZ SPORT			M18-35	6	M 13	00:40:57.00	00:40:57.00	4:45	12,6
15	GOLAK AGNIESZKA	120	RUNNER'S POWER			K36-49	1	K 2	00:40:58.00	00:40:58.00	4:45	12,6
16	CIECIUCH MACIEJ	197	OLAWS ZŁOTORYJA			M36-49	8	M 14	00:41:06.00	00:41:06.00	4:46	12,6
17	ZIELIŃSKI PAWEŁ	122				M18-35	7	M 15	00:41:07.00	00:41:07.00	4:46	12,6
18	DZIUK ŁUKASZ	105				M18-35	8	M 16	00:41:10.00	00:41:10.00	4:46	12,5
19	TOMASZEWICZ SYLWESTER	204	TEAM NABIEGOWKACH.PL			M36-49	9	M 17	00:41:31.00	00:41:31.00	4:49	12,4
20	NIEZGODKA TOMASZ	135	FAKTORING EKSPERT			M36-49	10	M 18	00:43:34.00	00:43:34.00	5:03	11,9
21	ZUGAJ ROBERT	159	WWW.CIAGLEBIEC.PL			M36-49	11	M 19	00:43:43.00	00:43:43.00	5:04	11,8
22	NIEKRAŚ LIDIA	215				K36-49	2	K 3	00:43:50.00	00:43:50.00	5:05	11,8
23	DERENCZ MICHAŁ	115	TESAR BIEGA			M36-49	12	M 20	00:44:08.00	00:44:08.00	5:07	11,7
24	ŁABUZ MAŁGORZATA	184				K18-35	2	K 4	00:44:31.00	00:44:31.00	5:10	11,6
25	CZARNY JAROSŁAW	185				M18-35	9	M 21	00:44:31.00	00:44:31.00	5:10	11,6
26	PAWŁAK BARTOSZ	143	ZAŁOGA GÓRALSKA			M18-35	10	M 22	00:44:52.00	00:44:52.00	5:12	11,5
27	JANKOWSKI ŁUKASZ	187	TRICLUB			M18-35	11	M 23	00:44:53.00	00:44:53.00	5:12	11,5
28	KAWA KONRAD	186				M18-35	12	M 24	00:44:57.00	00:44:57.00	5:13	11,5
29	FOGIEL-PAWŁOWSKA AGNIESZKA	117	LOS BIEGANEROS			K36-49	3	K 5	00:45:01.00	00:45:01.00	5:13	11,5
30	CZARNIECKI DANIEL	217				M18-35	13	M 25	00:45:10.00	00:45:10.00	5:14	11,4
31	MALIK AGNIESZKA	198	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN			K36-49	4	K 6	00:45:17.00	00:45:17.00	5:15	11,4
32	PIŁAT MICHAŁ	148	SPELEOKLUB BOBRY ŻAGAŃ			M36-49	13	M 26	00:45:38.00	00:45:38.00	5:18	11,3
33	WALKOWIAK DOMINIK	149				M18-35	14	M 27	00:45:42.00	00:45:42.00	5:18	11,3
34	KABAT MAŁGORZATA	171	KW KRAKÓW			K18-35	3	K 7	00:45:50.00	00:45:50.00	5:19	11,3
35	TRETIAK MATEUSZ	129				M18-35	15	M 28	00:46:00.00	00:46:00.00	5:20	11,2
36	HAMRYSZCZAK DAWID	130				M18-35	16	M 29	00:46:06.00	00:46:06.00	5:21	11,2
37	GLĄDALSKI BARTOSZ	138				M18-35	17	M 30	00:46:15.00	00:46:15.00	5:22	11,2
38	PAWLIŃSKI ADAM	195	PRO-RUN WROCŁAW			M36-49	14	M 31	00:46:17.00	00:46:17.00	5:22	11,2
39	JERKA MAREK	168				M36-49	15	M 32	00:46:18.00	00:46:18.00	5:22	11,2
40	PELPLIŃSKI PIOTR	114	INTEL RUNNERS			M18-35	18	M 33	00:46:21.00	00:46:21.00	5:22	11,1
41	ZAŁUSKI DARIUSZ	147				M50+	1	M 34	00:46:39.00	00:46:39.00	5:25	11,1
42	PACHURA KINGA	150	MAGAZYN GÓRY			K36-49	5	K 8	00:46:39.00	00:46:39.00	5:25	11,1
43	LIZURA SŁAWOMIR	112	FABRYKA TRIATHLONU			M18-35	19	M 35	00:46:57.00	00:46:57.00	5:27	11
44	MIECH SZYMON	118				M18-35	20	M 36	00:47:14.00	00:47:14.00	5:29	10,9
45	TUROSZ IWONA	176				K18-35	4	K 9	00:47:25.00	00:47:25.00	5:30	10,9

**K2 RUN, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	Brutto	min/km	km/h	
							cat.						
46	PODSADNY MARCIN	170	GT RAT			M18-35	21	M 37	00:47:35.00	00:47:35.00	5:31	10,9	
47	URBAŃSKI MICHAŁ	214	FLUNKYBALL TEAM ŁĄDEK-ZDRÓJ			M18-35	22	M 38	00:47:36.00	00:47:36.00	5:31	10,9	
48	JACEWICZ KAROL	144	WATAHA			M36-49	16	M 39	00:47:37.00	00:47:37.00	5:31	10,8	
49	KOCHMAŃSKI JAKUB	201				M36-49	17	M 40	00:47:53.00	00:47:53.00	5:33	10,8	
50	ŁUCZKOWSKA MAJA	174	RYSIE			K36-49	6	K 10	00:47:59.00	00:47:59.00	5:34	10,8	
51	URBANIĄK MARCIN	213	SHINKYOKUSHINKAI CZARNY BÓR			M36-49	18	M 41	00:48:02.00	00:48:02.00	5:34	10,8	
52	SAJKOWSKA GABRIELA	145				K36-49	7	K 11	00:48:04.00	00:48:04.00	5:34	10,7	
53	SZELEREWICZ-GLADYSZ PAULINA	127	NIEPOŁOMICIE BIEGAJĄ			K36-49	8	K 12	00:48:15.00	00:48:15.00	5:36	10,7	
54	GRUSZKOWSKI PIOTR	222	GÓRY MAGAZYN			M36-49	19	M 42	00:48:19.00	00:48:19.00	5:36	10,7	
55	MADERA MAREK	157				M36-49	20	M 43	00:48:20.00	00:48:20.00	5:36	10,7	
56	OBSZARNY PAWEŁ	131				M18-35	23	M 44	00:48:22.00	00:48:22.00	5:37	10,7	
57	ZWOLIŃSKI ŁUKASZ	110	OTK RZEŹNIK			M18-35	24	M 45	00:48:33.00	00:48:33.00	5:38	10,6	
58	KOPACKI GRZEGORZ	146				M18-35	25	M 46	00:48:55.00	00:48:55.00	5:40	10,6	
59	PEKALA MAŁGORZATA	182				K18-35	5	K 13	00:49:05.00	00:49:05.00	5:42	10,5	
60	PLASKOCIŃSKI ROBERT	164	PRO-RUN WROCŁAW			M36-49	21	M 47	00:49:05.00	00:49:05.00	5:42	10,5	
61	TOKARZ KAROLINA	121				K18-35	6	K 14	00:49:24.00	00:49:24.00	5:44	10,5	
62	DEMKOWSKI MARCIN	161				M18-35	26	M 48	00:49:38.00	00:49:38.00	5:45	10,4	
63	DURSKI ADAM	206				M18-35	27	M 49	00:49:42.00	00:49:42.00	5:46	10,4	
64	KORYCIŃSKA MARTA	202				K18-35	7	K 15	00:50:03.00	00:50:03.00	5:48	10,3	
65	SZMYT ŁUKASZ	181				M36-49	22	M 50	00:50:05.00	00:50:05.00	5:49	10,3	
66	ŚLIWKA WIOLETTA	137	NINIWATEAM			K36-49	9	K 16	00:50:11.00	00:50:11.00	5:49	10,3	
67	PRASZELIK ŁUKASZ	123				M36-49	23	M 51	00:50:23.00	00:50:23.00	5:51	10,3	
68	WOJRACH MARCIN	216	WILDCAT TEAM			M18-35	28	M 52	00:50:58.00	00:50:58.00	5:55	10,1	
69	ŻELICHOWSKI KRZYSZTOF	190				M36-49	24	M 53	00:50:59.00	00:50:59.00	5:55	10,1	
70	BIELECKI ADAM	218	ABTEAM			M18-35	29	M 54	00:51:01.00	00:51:01.00	5:55	10,1	
71	MARCINKOWSKI PIOTR	173	OSW TRI TEAM			M36-49	25	M 55	00:51:02.00	00:51:02.00	5:55	10,1	
72	DURSKI MACIEJ	211				M18-35	30	M 56	00:51:18.00	00:51:18.00	5:57	10,1	
73	RUSZKOWSKI DANIEL	119	INFORMACJA KULTURALNO-SPORTOWA STUDENTÓW UNIwersYTETU EKONOMICZNEGO WE WROCŁAWIU			M18-35	31	M 57	00:51:32.00	00:51:32.00	5:59	10	
74	BALA DARIUSZ	169	ZAWISZA LEGNICA/WOLNY TYBET			M36-49	26	M 58	00:51:36.00	00:51:36.00	5:59	10	
75	PISTL JACEK	139				M18-35	32	M 59	00:51:46.00	00:51:46.00	6:00	10	
76	KLEPACZ PIOTR	107	BEZ			M36-49	27	M 60	00:51:52.00	00:51:52.00	6:01	10	
77	KUPCZAK KAROL	160				M18-35	33	M 61	00:52:06.00	00:52:06.00	6:03	9,9	
78	KRZYSZTOFIAK ALEKSANDRA	179	KARPACZ SPORT			K18-35	8	K 17	00:52:13.00	00:52:13.00	6:03	9,9	
79	NATKAŃSKI JERZY	221	SUMMER 2016 K2 EXPEDITION TEAM			M50+	2	M 62	00:52:19.00	00:52:19.00	6:04	9,9	
80	STAŃCZAK MACIEJ	223	KW OPACZ			M18-35	34	M 63	00:52:34.00	00:52:34.00	6:06	9,8	
81	JEZIEŃSKI DANIEL	203				M18-35	35	M 64	00:52:37.00	00:52:37.00	6:06	9,8	
82	SŁOŃSKI PIOTR	193				M36-49	28	M 65	00:52:45.00	00:52:45.00	6:07	9,8	
83	WITKOWSKA ANIA	128	ORKA [TO TAKA PANDA]			K36-49	10	K 18	00:53:12.00	00:53:12.00	6:10	9,7	
84	KOZŁOWSKI ARTUR	125				M36-49	29	M 66	00:53:13.00	00:53:13.00	6:10	9,7	
85	BALA AGNIESZKA	167	ZAWISZA LEGNICA/WOLNY TYBET			K36-49	11	K 19	00:53:42.00	00:53:42.00	6:14	9,6	
86	WESOŁOWSKA-KRUPA PAULINA	199				K18-35	9	K 20	00:53:45.00	00:53:45.00	6:14	9,6	
87	KRUZEL RAFAŁ	155	BIEGOWE MISIE			M36-49	30	M 67	00:53:55.00	00:53:55.00	6:15	9,6	
88	MAJCHRZAK JAROSŁAW	192	ALTAX TEAM			M36-49	31	M 68	00:54:01.00	00:54:01.00	6:16	9,6	
89	SIEKIERZYŃSKI RADOŚLAW	194				M36-49	32	M 69	00:54:18.00	00:54:18.00	6:18	9,5	
90	RAKOCZY IRENEUSZ	152				M50+	3	M 70	00:54:46.00	00:54:46.00	6:21	9,4	
91	REJTERADA ALEKSANDRA	191	VEGE RUNNERS			K18-35	10	K 21	00:54:53.00	00:54:53.00	6:22	9,4	
92	SADOWY ANDRZEJ	126	SUDECKI KLUB WYSOKOGORSKI			M50+	4	M 71	00:55:52.00	00:55:52.00	6:29	9,2	
93	SZPOJANKOWSKA-ESSEL ANNA	188				K36-49	12	K 22	00:56:05.00	00:56:05.00	6:30	9,2	
94	WALCZAK BARBARA	101				K18-35	11	K 23	00:56:24.00	00:56:24.00	6:33	9,2	
95	CZUKIEWSKI ŁUKASZ	136				M36-49	33	M 72	00:57:07.00	00:57:07.00	6:38	9	
96	KRZOS DARIUSZ	151				M50+	5	M 73	00:57:26.00	00:57:26.00	6:40	9	
97	STELMACH TOMASZ	207				M36-49	34	M 74	00:58:11.00	00:58:11.00	6:45	8,9	
98	KRÓL-SZREMSKA HALINA	200				K18-35	12	K 24	00:58:16.00	00:58:16.00	6:46	8,9	
99	KONOPKA ANNA	111	KASZUBSKA PONIEWIERKA			K18-35	13	K 25	00:59:14.00	00:59:14.00	6:52	8,7	

**K2 RUN, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Netto	Brutto	min/km	km/h
100	BALICZ AGNIESZKA	162				K18-35	14	K 26	00:59:19.00	00:59:19.00	6:53	8,7
101	BRZUCHNALSKA BEATA	142	TEAM TOYA DESIGN			K50+	1	K 27	00:59:31.00	00:59:31.00	6:54	8,7
102	SAYED AKBAR	220	SUMMER 2016 K2 EXPEDITION TEAM			M18-35	36	M 75	00:59:54.00	00:59:54.00	6:57	8,6
103	SIERAKOWSKI MACIEJ	140				M18-35	37	M 76	01:00:58.00	01:00:58.00	7:04	8,5
104	SZYMANIAK EMIL	108	KW LUBLIN			M18-35	38	M 77	01:01:02.00	01:01:02.00	7:05	8,5
105	MIKOŁAJCZYK AGATA	113				K36-49	13	K 28	01:01:25.00	01:01:25.00	7:07	8,4
106	MACIEJEWSKA MAŁGORZATA	177				K18-35	15	K 29	01:01:43.00	01:01:43.00	7:10	8,4
107	KAWA-JERKA AGATA	166	GNAJĄCA TEMIDA			K36-49	14	K 30	01:02:09.00	01:02:09.00	7:13	8,3
108	CHALCIŃSKA IZABELA	172				K36-49	15	K 31	01:02:10.00	01:02:10.00	7:13	8,3
109	PUSTELNIK PIOTR	180	AKG ŁÓDŹ			M50+	6	M 78	01:02:43.00	01:02:43.00	7:17	8,2
110	PRASZELIK SYLWIA	124				K36-49	16	K 32	01:02:59.00	01:02:59.00	7:18	8,2
111	SZCZYPEK ŁUKASZ	212				M18-35	39	M 79	01:03:35.00	01:03:35.00	7:23	8,1
112	CIESIELSKI TOMASZ	132				M18-35	40	M 80	01:03:37.00	01:03:37.00	7:23	8,1
113	BUCHROITHNER ANNA	104				K50+	2	K 33	01:03:53.00	01:03:53.00	7:25	8,1
114	RÓŻECKA AGNIESZKA	103				K18-35	16	K 34	01:04:27.00	01:04:27.00	7:29	8
115	AUGUSTYNIAK DARIA	102				K18-35	17	K 35	01:05:03.00	01:05:03.00	7:33	7,9
116	SZAŁAPSKI MARCIN	178				M36-49	35	M 81	01:05:13.00	01:05:13.00	7:34	7,9
117	ADAMCZYK KRZYSZTOF	141				M18-35	41	M 82	01:06:19.00	01:06:19.00	7:42	7,8
118	ZIELIŃSKA JADWIGA	165				K18-35	18	K 36	01:07:45.00	01:07:45.00	7:52	7,6
119	BALICZ ALEKSANDRA	163				K18-35	19	K 37	01:10:09.00	01:10:09.00	8:08	7,4
120	STEFANIAK JACEK	106	KB LUPUS OLEŚNICA			M36-49	36	M 83	01:10:57.00	01:10:57.00	8:14	7,3
121	AUGUSTYNIAK MACIEJ	133	KLAMOTY CHORZEMPOWO			M50+	7	M 84	01:11:23.00	01:11:23.00	8:17	7,2
122	MADERA BOGDAN	189	RUNWALKRUN			M50+	8	M 85	01:20:26.00	01:20:26.00	9:20	6,4