

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM

Organizator: Fundacja Bieg Rzeźnika  
 Data: 2016-01-31  
 Miejsce: Cisna  
 Dystans: 44,6 km  
 Klasyfikacja wg czasów brutto.

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE



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## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	LACHOWSKI ANDRZEJ	9	LACHO TEAM	KRAKÓW	POL	M30	1	M 1	00:07:51	01:47:24	02:18:36	02:47:06	02:56:55	03:04:46.30	4:08	14.5
2	CZYŻ GRZEGORZ	7	GRUPA AZOTY -AUTOMATYKA TARNÓW	BOGUMIŁOWICE	POL	M40	1	M 2	00:08:04	01:50:52	02:22:13	02:49:27	02:57:47	03:05:51.50	4:10	14.4
3	DZIEWIŃSKI DAMIAN	660	TG „SOKÓŁ” SANOK	SANOK	POL	M30	2	M 3	00:07:59	01:50:56	02:24:27	02:54:10	03:04:54	03:12:53.65	4:19	13.9
4	KRAWCZYK PAWEŁ	3	DARE 2B TEAM	KRAKÓW	POL	M30	3	M 4	00:07:52	01:47:26	02:18:37	02:52:23	03:06:08	03:14:00.95	4:20	13.8
5	KRAWIECKI MATEUSZ	583	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	M20	1	M 5	00:07:52	01:53:42	02:28:17	02:58:54	03:09:49	03:17:41.70	4:25	13.5
6	WIERNUSZ KRZYSZTOF	499	FINISZ RYMANÓW	POSADA GÓRNA	POL	M40	2	M 6	00:08:37	01:57:55	02:32:20	03:01:41	03:09:07	03:17:44.20	4:26	13.5
7	KOCZWARA TOMEK	264		RADOMYŚL WIELKI	POL	M30	4	M 7	00:08:42	01:56:21	02:30:39	03:01:46	03:10:12	03:18:54.70	4:27	13.5
8	CISZCZONIK SEBASTIAN	730	SPORTIVA.PL	RZESZÓW	POL	M30	5	M 8	00:08:32	01:58:07	02:32:22	03:02:10	03:10:47	03:19:19.35	4:28	13.4
9	KUCHARCZYK TOMASZ	250	WKB META LUBLINIEC	LUBLINIEC	POL	M20	2	M 9	00:08:32	01:57:37	02:32:19	03:06:31	03:16:28	03:25:00.90	4:35	13.1
10	PASIECZNY ROBERT	155	SPRINT GORZYCE	GORZYCE	POL	M30	6	M 10	00:08:54	02:01:32	02:36:40	03:08:02	03:17:07	03:26:01.40	4:37	13
11	ŚLASKI RADOŚLAW	542	WKURW_TEAM	STRZYŻÓW	POL	M40	3	M 11	00:09:22	02:04:44	02:39:57	03:10:19	03:18:18	03:27:40.35	4:39	12.9
12	GAWLIK SŁAWEK	257	MAM-W	KRAKÓW	POL	M30	7	M 12	00:09:55	02:05:03	02:39:40	03:11:13	03:18:38	03:28:33.35	4:40	12.8
13	KRZYSZTOŃ MARCIN	10	GMP LASY / KRAŚNIK	LASY	POL	M30	8	M 13	00:08:53	02:02:04	02:38:42	03:11:06	03:20:11	03:29:04.60	4:41	12.8
14	POŻAK GRZEGORZ	455	LUBARTÓWBIEGA.PL	LUBARTÓW	POL	M30	9	M 14	00:09:06	02:03:56	02:40:04	03:11:45	03:21:26	03:30:32.05	4:43	12.7
15	GURGUL SEBASTIAN	447	AROMAT NÓG	KRAKÓW	POL	M30	10	M 15	00:09:40	02:04:39	02:42:11	03:14:46	03:23:34	03:33:14.75	4:46	12.5
16	HADAM JACEK	94	PRZEMYSKI KLUB BIEGACZA	CIESZANÓW	POL	M40	4	M 16	00:09:51	02:06:57	02:44:11	03:16:04	03:23:35	03:33:26.65	4:47	12.5
17	BARCEWICZ MARTA	255	12TRI.PL DRUŻYNA WILKA	OLSZTYN	POL	K30	1	K 1	00:08:20	02:07:45	02:44:11	03:15:20	03:25:12	03:33:32.40	4:47	12.5
18	WALASZCZYK SŁAWOMIR	741		JASŁO	POL	M30	11	M 17	00:08:45	02:04:13	02:42:17	03:15:11	03:25:36	03:34:21.60	4:48	12.5
19	ZIOŁO JAROSŁAW	665	SANOK	SANOK	POL	M30	12	M 18	00:09:50	02:06:36	02:44:11	03:16:31	03:25:15	03:35:05.15	4:49	12.4
20	PAJDOSZ RAFAŁ	111	KB BIAŁA BIEGA	BIAŁA PODLASKA	POL	M30	13	M 19	00:09:17	02:05:23	02:44:10	03:17:09	03:26:22	03:35:39.05	4:50	12.4
21	KOZŁOWSKI GABRIEL	339	BÓBR TŁUSZCZ	TŁUSZCZ	POL	M40	5	M 20	00:08:52	02:02:02	02:39:50	03:15:47	03:28:10	03:37:02.25	4:51	12.3
22	ARSENIUK ANNA	2	T.S. OPATRUNKI TORUŃ	GÓRSK, ZŁAWIEŚ WIELKA	POL	K30	2	K 2	00:08:45	02:07:45	02:46:01	03:19:06	03:28:28	03:37:13.95	4:52	12.3
23	GOŁEMBIEWSKI MAREK	680	MUKS PIĘTNASTKA/B4SPORT	BYDGOSZCZ	POL	M40	6	M 21	00:09:33	02:10:09	02:47:34	03:20:36	03:28:36	03:38:09.40	4:53	12.3
24	TYLEK RAFAŁ	236		KRAKÓW	POL	M40	7	M 22	00:12:04	02:13:00	02:48:39	03:20:26	03:26:15	03:38:19.95	4:53	12.3
25	NITKIEWICZ MARCIN	564	TASOWANIE	PRUSZKÓW	POL	M30	14	M 23	00:09:17	02:07:41	02:45:57	03:19:22	03:29:26	03:38:43.80	4:54	12.2
26	KORNAGA JAN	640	HORYNIEC ZDRÓJLUBACZÓW	LUBACZÓW	POL	M50	1	M 24	00:09:30	02:07:57	02:45:16	03:19:13	03:30:06	03:39:36.25	4:55	12.2
27	ZWIERZCHOWSKI ANDRZEJ	460	BIEGUNKA TEAM	GŁOGÓW MAŁOPOLSKI	POL	M30	15	M 25	00:09:27	02:07:43	02:44:53	03:19:13	03:30:11	03:39:38.75	4:55	12.2
28	GIŻA GRZEGORZ	726		RADOMYŚL WIELKI	POL	M30	16	M 26	00:10:09	02:12:43	02:49:13	03:21:07	03:29:53	03:40:02.75	4:56	12.2
29	SŁUPEK TOMASZ	114	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M30	17	M 27	00:09:17	02:10:16	02:49:53	03:23:12	03:32:09	03:41:26.05	4:57	12.1
30	KUCZOK MIROŚLAW	16	FORMA WODZISŁAW ŚLĄSKI/MARATONY POLSKIE	WODZISŁAW ŚLĄSKI	POL	M40	8	M 28	00:09:16	02:07:12	02:46:05	03:22:39	03:32:33	03:41:49.60	4:58	12.1
31	PAZDA-POZORSKA GOSIUNIA	400	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K30	3	K 3	00:09:16	02:07:08	02:46:02	03:21:52	03:32:38	03:41:54.20	4:58	12.1
32	SMOLAK PIOTR	772	MOSIR DUKLA	PORAJ - 45	POL	M50	2	M 29	00:08:46	02:07:56	02:47:39	03:22:59	03:34:15	03:43:01.35	5:00	12
33	PAŁKA TOMASZ	195	LUZYX	RZESZÓW	POL	M30	18	M 30	00:11:34	02:07:57	02:46:11	03:22:23	03:32:07	03:43:41.50	5:00	12
34	MIEDZIEJEWSKI ANDRZEJ	611	WKURW_TEAM	PRUSZKÓW	POL	M30	19	M 31	00:09:31	02:13:04	02:52:27	03:26:09	03:34:34	03:44:05.85	5:01	11.9
35	PORĘBSKI RAFAŁ	62	PORANNY PATROL	ZAWADA	POL	M40	9	M 32	00:08:39	02:09:57	02:48:35	03:23:31	03:35:42	03:44:21.05	5:01	11.9
36	CICHOŃ MACIEJ	144	42.195 WEJHEROWO	REDA	POL	M40	10	M 33	00:09:40	02:10:52	02:50:32	03:25:12	03:35:10	03:44:50.60	5:02	11.9
37	BONDARA SYLWIA	8	JACEKBIEGA RUNNING TEAM	BYDGOSZCZ	POL	K20	1	K 4	00:09:47	02:12:32	02:51:59	03:27:01	03:36:40	03:46:27.15	5:04	11.8
38	GARDENER JACEK	6	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M50	3	M 34	00:09:46	02:12:42	02:52:26	03:27:00	03:36:41	03:46:27.25	5:04	11.8
39	SADOWSKI KUBA	681		WARSZAWA	POL	M30	20	M 35	00:10:00	02:11:48	02:51:21	03:26:13	03:36:43	03:46:43.55	5:05	11.8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
40	ŚLĘCZKA DAMIAN	220	DIT PRO	RZESZÓW	POL	M30	21	M 36	00:09:15	02:11:28	02:51:55	03:27:33	03:38:05	03:47:20.55	5:05	11.8
41	OLCHAWA JOANNA	776	N	KRAKÓW	POL	K40	1	K 5	00:08:54	02:11:55	02:52:10	03:27:48	03:38:45	03:47:39.30	5:06	11.8
42	BIALECKI KRZYSZTOF	102	BARLINEK	MYŚLIBÓRZ	POL	M40	11	M 37	00:10:20	02:12:13	02:50:55	03:27:52	03:37:46	03:48:06.45	5:06	11.7
43	DESSAUER WIOLETTA	5	LUBARTOWBEGA	LUBARTÓW	POL	K40	2	K 6	00:09:40	02:14:00	02:53:58	03:28:58	03:38:34	03:48:14.55	5:07	11.7
44	POLAK STANISŁAW	75	MBANK	KRAKÓW	POL	M40	12	M 38	00:09:50	02:15:22	02:54:35	03:29:22	03:38:29	03:48:19.70	5:07	11.7
45	KWIATKOWSKI MICHAEL	49		KRAKÓW	POL	M20	3	M 39	00:09:15	02:13:19	02:52:58	03:28:17	03:39:22	03:48:37.95	5:07	11.7
46	SLADECZEK ANDRZEJ	582		CZECHOWICE-DZIEDZICE	POL	M40	13	M 40	00:09:19	02:11:39	02:52:02	03:27:52	03:39:34	03:48:53.85	5:07	11.7
47	WASYLÓW JACEK	734	KB IC PRZEMYSŁ	PRZEMYSŁ	POL	M30	22	M 41	00:11:00	02:13:18	02:55:00	03:29:24	03:38:00	03:49:00.00	5:08	11.7
48	WILK DAWID	52	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M20	4	M 42	00:08:45	02:03:00	02:45:06	03:24:50	03:40:34	03:49:19.15	5:08	11.7
49	GOTFRYD ADAM	683		JASŁO	POL	M40	14	M 43	00:10:10	02:13:59	02:54:07	03:29:11	03:39:27	03:49:37.30	5:08	11.7
50	PREŃNIK SŁAWOMIR	554		JEDLICZE	POL	M30	23	M 44	00:10:36	02:13:11	02:53:47	03:30:49	03:41:05	03:51:41.05	5:11	11.6
51	SZYMAŃSKI ARKADIUSZ	120		WARSZAWA	POL	M30	24	M 45	00:12:30	02:18:09	02:56:50	03:32:40	03:39:13	03:51:43.90	5:11	11.5
52	ŻYRA MACIEJ	744		JASŁO	POL	M20	5	M 46	00:11:23	02:20:29	02:59:24	03:33:41	03:40:33	03:51:56.55	5:12	11.5
53	KRZYCH PIOTR	167	LO LUBACZÓW-BIEGAMY AKADEMIA SPORTU	PIASTOWO	POL	M30	25	M 47	00:12:27	02:20:23	03:00:13	03:33:35	03:39:44	03:52:11.65	5:12	11.5
54	DOMAGAŁA KAMIL	549	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M20	6	M 48	00:10:48	02:19:23	02:58:59	03:32:53	03:41:27	03:52:15.25	5:12	11.5
55	JASKÓLSKI PIOTR	349	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M30	26	M 49	00:09:20	02:14:42	02:56:08	03:32:13	03:43:11	03:52:31.75	5:12	11.5
56	TYBUREK MICHAŁ	93	BIEGAJĄCY ŚWIDNIK	LUBLIN	POL	M30	27	M 50	00:09:39	02:14:04	02:55:22	03:32:42	03:43:24	03:53:03.25	5:13	11.5
57	GAICKI MACIEJ	449		KRAKÓW	POL	M20	7	M 51	00:10:16	02:10:58	02:52:34	03:31:03	03:42:57	03:53:13.15	5:13	11.5
58	LESZCZYŃSKI ANDRZEJ	191	BODY CLUB MŁAWA	MŁAWA	POL	M40	15	M 52	00:11:47	02:16:11	02:56:58	03:33:24	03:41:30	03:53:17.05	5:13	11.5
59	JASTRZĄB PIOTR	187	DEKAN LESKO	LESKO	POL	M40	16	M 53	00:09:16	02:12:56	02:53:45	03:32:22	03:44:08	03:53:24.60	5:13	11.5
60	LUBAŃSKI ROBERT	420	NIE	BUKOWICE	POL	M50	4	M 54	00:12:22	02:20:15	02:59:35	03:33:09	03:41:32	03:53:54.90	5:14	11.4
61	JANISZEWSKI ARTUR	215	WEŻ NIEPIERDOL	KATOWICE	POL	M30	28	M 55	00:10:35	02:20:02	03:00:49	03:34:21	03:43:25	03:54:00.90	5:14	11.4
62	GRYGIERZEC GRZEGORZ	115		KRAKÓW	POL	M30	29	M 56	00:09:51	02:15:23	02:56:57	03:33:22	03:44:36	03:54:27.75	5:15	11.4
63	PREŃKI MIROSLAW	748		PRZYSIEKI	POL	M30	30	M 57	00:12:25	02:20:22	03:02:50	03:35:42	03:42:07	03:54:32.90	5:15	11.4
64	PAWUL WOJTEK	543	GOPR BIESZCZADY	KROSNO	POL	M20	8	M 58	00:08:21	02:09:26	02:55:06	03:33:48	03:46:14	03:54:35.95	5:15	11.4
65	KUSTROŃ ADAM	241		KROSNO	POL	M50	5	M 59	00:12:39	02:23:38	03:02:34	03:35:32	03:42:00	03:54:39.30	5:15	11.4
66	DOMIN ŁUKASZ	180	AKTYWNY DYNÓW	DYNÓW	POL	M20	9	M 60	00:12:50	02:20:02	03:01:03	03:36:25	03:42:23	03:55:13.30	5:16	11.4
67	KRZEMIŃSKI MARCIN	482	SPRINT GORZYCE	GORZYCE	POL	M30	31	M 61	00:10:23	02:17:54	02:58:37	03:35:12	03:45:11	03:55:34.40	5:16	11.4
68	KOT RAFAŁ	251	WAY BEHIND HORIZON	SZCZYTNO	POL	M30	32	M 62	00:10:48	02:19:21	03:00:10	03:35:20	03:45:04	03:55:52.95	5:17	11.3
69	BEDNARZ BOGDAN	762	ŻYWCEM ZABIEGANI	ŻYWIEC	POL	M40	17	M 63	00:11:01	02:19:48	03:01:05	03:36:42	03:45:04	03:56:05.85	5:17	11.3
70	SZWAGIERCZAK ANDRZEJ	485	BIEGUSIEM. PL	RUDKI	POL	M30	33	M 64	00:12:40	02:24:22	03:03:47	03:37:52	03:43:58	03:56:38.65	5:18	11.3
71	GRĘBOWIEC MATEUSZ	278	TSA SANDOMIERZ	SANDOMIERZ	POL	M30	34	M 65	00:10:44	02:16:59	02:58:38	03:35:31	03:46:02	03:56:46.45	5:18	11.3
72	DZIUBAN ŁUKASZ	314	ZAPOROWY MARATOM TEAM	ORELEC	POL	M30	35	M 66	00:09:19	02:17:24	02:59:57	03:36:40	03:47:29	03:56:48.70	5:18	11.3
73	MAZURKIEWICZ TOMASZ	642	ZAPOROWY MARATOM TEAM	SANOK	POL	M40	18	M 67	00:09:19	02:17:25	02:59:56	03:36:39	03:47:29	03:56:48.90	5:18	11.3
74	LESIK KRZYSZTOF	89	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M40	19	M 68	00:09:16	02:12:36	03:00:16	03:36:18	03:47:46	03:57:02.40	5:18	11.3
75	POBORCA ŁUKASZ	375		KOLBUSZOWA	POL	M30	36	M 69	00:08:58	02:11:46	02:56:13	03:35:12	03:48:07	03:57:05.70	5:18	11.3
76	MURAK ROBERT	38		ŁĘCZNA	POL	M40	20	M 70	00:11:48	02:19:46	03:01:04	03:38:02	03:45:43	03:57:31.90	5:19	11.3
77	MAŚLANKA JACEK	372	JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓŁ'	JAROSŁAW	POL	M40	21	M 71	00:11:54	02:21:23	03:03:04	03:38:03	03:46:12	03:58:06.05	5:20	11.2
78	SZPINDA SEBASTIAN	95	BIŁGORAJ ULTRA TRAIL	BIŁGORAJ	POL	M30	37	M 72	00:10:42	02:16:47	02:57:58	03:36:11	03:47:44	03:58:26.60	5:20	11.2
79	KOBIERSKI PIOTR	359	UNIwersytecki klub ALPINISTYCZNY	WARSZAWA	POL	M30	38	M 73	00:11:41	02:19:15	03:00:23	03:36:41	03:46:51	03:58:32.05	5:20	11.2
80	ZAMOJSKI ROBERT	392		GLIWICE	POL	M40	22	M 74	00:10:38	02:21:57	03:02:22	03:38:23	03:48:06	03:58:44.40	5:21	11.2
81	JANDZIŚ WIESŁAW	352	AKTYWNY DYNÓW	DYNÓW	POL	M40	23	M 75	00:12:50	02:20:03	03:01:03	03:38:48	03:45:59	03:58:49.65	5:21	11.2
82	REDZIAK ŁUKASZ	57	WKURW_TEAM	SOSNOWIEC	POL	M20	10	M 76	00:09:57	02:18:07	02:59:42	03:37:58	03:49:57	03:59:54.25	5:22	11.2
83	JÓZEFczyk JAKUB	218	FINISZ RYMANÓW	RYMANÓW	POL	M30	39	M 77	00:11:00	02:18:11	03:01:29	03:38:28	03:49:14	04:00:14.20	5:23	11.1
84	RYBITWA JAROSŁAW	421		GRODZISK MAZOWIECKI	POL	M30	40	M 78	00:11:11	02:20:26	03:02:23	03:39:27	03:49:15	04:00:26.45	5:23	11.1
85	KILIAN MATEUSZ	576	JÓZEFIŃSKA TEAM	KRAKÓW	POL	M30	41	M 79	00:10:13	02:18:54	03:00:03	03:38:40	03:50:21	04:00:34.35	5:23	11.1
86	ŁAGOŻNY ŁUKASZ	43	BRUBECK TEAM	SANOK	POL	M30	42	M 80	00:10:59	02:20:40	03:02:46	03:41:04	03:50:20	04:01:19.65	5:24	11.1
87	KORZÓNEK MARCIN	503	SPRINT GORZYCE	GORZYCE	POL	M30	43	M 81	00:09:57	02:18:03	02:58:53	03:39:04	03:51:29	04:01:26.70	5:24	11.1
88	KACZÓREK MARCIN	117	VW GRUPA KACZOREK	JÓZEFÓW	POL	M40	24	M 82	00:10:54	02:19:31	03:03:24	03:40:58	03:50:48	04:01:42.90	5:25	11.1
89	WNĘK MAREK	622		JAZOWSKO	POL	M20	11	M 83	00:11:13	02:20:43	03:03:05	03:41:07	03:50:43	04:01:56.05	5:25	11.1

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
90	ZMYSŁOWSKI IGOR	727		CIECIERZYN	POL	M20	12	M 84	00:11:30	02:24:08	03:06:20	03:42:43	03:50:48	04:02:18.50	5:25	11
91	SUŁKOWSKI MACIEJ	238		JAROSŁAW	POL	M40	25	M 85	00:11:52	02:24:00	03:05:22	03:41:10	03:50:30	04:02:22.50	5:26	11
92	ŚLIWIŃSKI ANDRZEJ	182		MIECHÓW	POL	M50	6	M 86	00:12:42	02:24:21	03:05:16	03:41:09	03:49:53	04:02:35.00	5:26	11
93	MARC MARCIN	471	KLUB (SPORTING CLUB NAME)	KRAKÓW	POL	M20	13	M 87	00:12:28	02:28:27	03:09:20	03:44:08	03:50:09	04:02:37.60	5:26	11
94	WÓJCIK TOMASZ	343	SPRINT GORZYCE	GORZYCE	POL	M30	44	M 88	00:09:57	02:18:47	03:03:04	03:41:10	03:53:07	04:03:04.25	5:26	11
95	NIESYN ADAM	383	SPRINT GORZYCE	GORZYCE	POL	M40	26	M 89	00:09:57	02:17:43	03:03:03	03:41:09	03:53:07	04:03:04.45	5:26	11
96	JEZIERSKI-KRUPA MAREK	747		ZABRZE	POL	M20	14	M 90		02:18:48	03:02:36	03:41:29		04:03:07.55	5:27	11
97	KONIECZNY RAFAŁ	643		RADLIN	POL	M20	15	M 91	00:10:47	02:23:07	03:05:28	03:42:47	03:52:32	04:03:19.40	5:27	11
98	SZWAJKA ROBERT	434		STALOWA WOLA	POL	M40	27	M 92	00:11:06	02:20:24	03:03:28	03:42:32	03:52:43	04:03:49.90	5:28	11
99	SMOLUCH RYSZARD	489		ZAMOŚĆ	POL	M40	28	M 93	00:11:08	02:19:55	03:01:32	03:42:33	03:53:04	04:04:12.80	5:28	11
100	FARON AGNIESZKA	69	NORAFSPORT	KRAKÓW	POL	K30	4	K 7	00:10:31	02:21:11	03:04:49	03:43:14	03:53:45	04:04:16.00	5:28	11
101	DUCKI PIOTR	788	OTK	POLKOWICE		M30	45	M 94	00:10:31	02:21:13	03:04:53	03:42:41	03:53:45	04:04:16.05	5:28	11
102	MAJEWSKI PIOTR	784	MELEX TEAM	JASŁO	POL	M40	29	M 95	00:11:22	02:23:10	03:06:30	03:43:21	03:52:55	04:04:17.20	5:28	11
103	BAK ADAM	367	KKL KIELCE	KIELCE	POL	M50	7	M 96	00:10:47	02:23:45	03:07:40	03:44:25	03:53:45	04:04:32.25	5:28	10.9
104	DWORAKOWSKI ANDRZEJ	384	ŁAPSCY LAJTOWCY	ŁAPY	POL	M40	30	M 97	00:11:40	02:20:57	03:03:31	03:42:34	03:53:13	04:04:53.25	5:29	10.9
105	PASTWA GRZEGORZ	797	ULTRA BESKID SPORT	JASZENICA		M40	31	M 98	00:10:28	02:22:34	03:08:47	03:44:43	03:54:31	04:04:59.70	5:29	10.9
106	KOWALSKI - BARYSZNIKOW MIKOŁAJ	671	KINGRUNNER.COM	PRZYSŁUP	POL	M30	46	M 99	00:10:26	02:20:46	03:06:54	03:45:08	03:55:07	04:05:33.15	5:30	10.9
107	SITEK DANIEL	271		GDAŃSK	POL	M20	16	M 100	00:11:26	02:25:14	03:10:01	03:46:43	03:54:52	04:06:18.15	5:31	10.9
108	WÓJCIK TOMASZ	529	ATYWNA STRONA ŻYCIA	KRAKÓW	POL	M40	32	M 101	00:12:21	02:30:20	03:11:14	03:46:56	03:53:58	04:06:19.30	5:31	10.9
109	BUŁA ADAM	740		BYTOM	POL	M20	17	M 102	00:11:28	02:25:20	03:08:24	03:45:06	03:55:02	04:06:30.30	5:31	10.9
110	PAWŁOWSKI ARKADIUSZ	351		WARSZAWA	POL	M30	47	M 103	00:13:26	02:22:31	03:05:32	03:45:00	03:53:08	04:06:34.40	5:31	10.9
111	SAP KAROLINA	580	NIGHT-RUNNERS GLIWICE	GLIWICE	POL	K20	2	K 8	00:11:24	02:26:25	03:11:31	03:47:14	03:55:10	04:06:34.90	5:31	10.9
112	MICHALAK ARTUR	696	PGB SPORTOWA PACZKA	BŁONIE	POL	M30	48	M 104	00:10:14	02:16:53	03:00:29	03:43:19	03:56:25	04:06:39.30	5:31	10.8
113	SZYK ARTUR	237	JGB SOKÓŁ JAROSŁAW	JAROSŁAW	POL	M40	33	M 105	00:11:53	02:23:14	03:06:53	03:45:03	03:54:58	04:06:51.95	5:32	10.8
114	WĘGRZYN KRZYSZTOF	426	RZESZOWSKIE GAZELE I GEPARDY	KRASNE	POL	M50	8	M 106	00:10:32	02:24:25	03:07:05	03:46:36	03:56:36	04:07:08.15	5:32	10.8
115	ZAJĄC KATARZYNA	686	4K	TARNÓW	POL	K30	5	K 9	00:12:33	02:30:01	03:11:14	03:47:14	03:54:43	04:07:16.40	5:32	10.8
116	WAŁCZYK KRZYSZTOF	724		ŁOWCE	POL	M30	49	M 107	00:11:52	02:24:32	03:06:52	03:45:48	03:55:26	04:07:18.35	5:32	10.8
117	KNOPEK ROBERT	693	KNEDEL BIEGA W GÓRAK	GLIWICE	POL	M30	50	M 108	00:10:01	02:20:30	03:06:29	03:46:31	03:57:56	04:07:57.75	5:33	10.8
118	WIECZOREK PIOTR	537		PIOTRKÓW TRYBUNALSKI	POL	M30	51	M 109	00:12:29	02:25:49	03:09:34	03:47:02	03:55:40	04:08:09.45	5:33	10.8
119	PACHO SYLWESTER	219	PAPIKI	GRYBÓW	POL	M40	34	M 110	00:10:32	02:25:28	03:11:57	03:48:04	03:57:41	04:08:13.05	5:33	10.8
120	KONIARZ MICHAŁ	68		BRZEG	POL	M40	35	M 111	00:10:17	02:24:10	03:07:48	03:47:39	03:58:00	04:08:17.45	5:34	10.8
121	SZADKOWSKI WOJCIECH	692	WARBUD RUNNING TEAM	WARSZAWA	POL	M20	18	M 112	00:12:38	02:24:15	03:07:09	03:47:05	03:55:44	04:08:22.80	5:34	10.8
122	MAKOWSKA OLGA	735	JACEKBIEGA	WARSZAWA	POL	K30	6	K 10	00:11:26	02:29:51	03:11:43	03:47:51	03:57:09	04:08:35.25	5:34	10.8
123	TRACZ ŁUKASZ	198	AQUAREH WWW.STYLSPA.COM.PL	RADYMNO	POL	M30	52	M 113	00:11:52	02:28:33	03:11:08	03:48:24	03:56:43	04:08:35.60	5:34	10.8
124	BARAN KAMIL	484	KLUB (SPORTING CLUB NAME)	WIDNA GÓRA	POL	M20	19	M 114	00:11:52	02:28:47	03:11:14	03:48:23	03:56:44	04:08:36.40	5:34	10.8
125	SKUBIDA ADAM	712		GORZYCE	POL	M30	53	M 115	00:09:56	02:18:06	03:08:23	03:48:16	03:58:46	04:08:42.55	5:34	10.8
126	PINDUR GRZEGORZ	268		POZNAN	POL	M40	36	M 116	00:10:24	02:21:37	03:07:13	03:47:15	03:58:58	04:09:22.95	5:35	10.7
127	POPIEL ANDRZEJ	545		KRAKÓW	POL	M30	54	M 117	00:09:55	02:18:08	03:08:48	03:47:53	03:59:56	04:09:51.65	5:36	10.7
128	SOŁODUCHA HUBERT	764	6 BATALION POWIETRZNO DESANTOWY	GLIWICE	POL	M20	20	M 118	00:10:56	02:24:57	03:10:45	03:48:22	03:59:01	04:09:57.15	5:36	10.7
129	ZYGMUNT MARCIN	589	ZYGABIEGA.BLOGSPOT.COM	GRUDZIĄDZ	POL	M30	55	M 119	00:10:30	02:23:56	03:08:31	03:47:44	03:59:51	04:10:21.85	5:36	10.7
130	SOBLIK ŁUKASZ	328		RUDA ŚLĄSKA	POL	M30	56	M 120	00:12:30	02:30:05	03:11:32	03:48:21	03:58:12	04:10:42.75	5:37	10.7
131	GOSTYŃSKI KRZYSZTOF	675	GOSTYŃSCY TEAM	KRAKÓW	POL	M40	37	M 121	00:12:41	02:24:37	03:10:26	03:49:25	03:58:10	04:10:51.00	5:37	10.7
132	KRUPA GRZEGORZ	774	KB SOBÓTKA	STRZEGOMIANY	POL	M40	38	M 122	00:14:37	02:27:28	03:11:17	03:49:45	03:56:19	04:10:56.40	5:37	10.7
133	PALUCH TOBIASZ	561	RUNFORFUN RYGLICE	RYGLICE	POL	M30	57	M 123	00:11:12	02:23:05	03:07:33	03:47:47	03:59:50	04:11:02.50	5:37	10.7
134	JUSZKIEWICZ ZBIGNIEW	415	ELK	ELK	POL	M50	9	M 124	00:10:07	02:21:36	03:08:37	03:48:14	04:01:08	04:11:15.45	5:38	10.7
135	SOCHACKI MACIEJ	211	ZAMEK DUBIECKO RUNNING TEAM	DUBIECKO	POL	M20	21	M 125	00:12:13	02:24:10	03:08:30	03:49:09	03:59:17	04:11:30.95	5:38	10.6
136	BOGUSZ PIOTR	254	12TRI.PL DRUŻYNA WILKA	MRĄGOWO	POL	M20	22	M 126	00:12:57	02:31:03	03:12:45	03:52:14	03:58:46	04:11:43.85	5:38	10.6
137	KRAJEWSKI JAKUB	200	ZAPOROWY MARATON	ORELEC	POL	M30	58	M 127	00:11:27	02:22:16	03:08:34	03:49:24	04:00:29	04:11:56.35	5:38	10.6
138	CZWERENKO WOJCIECH	452	SANOK	SANOK	POL	M30	58	M 127	00:11:27	02:22:16	03:08:34	03:49:23	04:00:29	04:11:56.35	5:38	10.6

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
139	BEM JAKUB	311	NOWA HUTA TEAM	KRAKÓW	POL	M20	23	M 129	00:13:05	02:28:20	03:12:34	03:50:04	03:59:02	04:12:07.15	5:39	10.6
140	RAMS TADEUSZ	604	TEAM WOLBROM	WOLBROM	POL	M40	39	M 130	00:13:51	02:26:23	03:12:28	03:51:14	03:58:17	04:12:08.55	5:39	10.6
141	AUGUSTYNIAK MARIUSZ	231	UKS TRS SUSZ	SUSZ	POL	M40	40	M 131	00:11:16	02:24:41	03:10:13	03:51:12	04:01:10	04:12:26.90	5:39	10.6
142	SMUDA GRZEGORZ	684	POGOŃ ZA CHLEBEM	KATOWICE	POL	M30	60	M 132	00:10:32	02:19:58	03:06:54	03:49:49	04:01:56	04:12:28.85	5:39	10.6
143	WITEK BOGDAN	560	WATER TEAM	BARYCZKA	POL	M50	10	M 133	00:10:38	02:24:05	03:09:07	03:49:20	04:01:58	04:12:36.60	5:39	10.6
144	MYSZKOWSKI SEBASTIAN	637	KALIŃSKATEAM	KONSTANCIN	POL	M30	61	M 134	00:12:39	02:37:04	03:21:35	03:56:03	04:00:41	04:13:20.35	5:40	10.6
145	NIŻNIK MARCIN	183	NOWY STYL RUNNING TEAM	MIĘJSCE PIASTOWE	POL	M30	62	M 135	00:09:38	02:20:56	03:06:26	03:51:53	04:03:58	04:13:36.85	5:41	10.6
146	GIERULA ROBERT	674	UBS KRAKOW RUNNING TEAM	KRAKOW	POL	M50	11	M 136	00:12:37	02:30:33	03:13:09	03:52:10	04:01:35	04:14:12.95	5:41	10.5
147	KLIMCZEWSKI ANDRZEJ	107	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	M50	12	M 137	00:09:46	02:27:44	03:13:22	03:52:28	04:04:42	04:14:28.55	5:42	10.5
148	BOROWIK TOMASZ	695	ATOM	KRAKÓW	POL	M30	63	M 138	00:12:17	02:26:04	03:11:11	03:53:00	04:03:24	04:15:41.00	5:43	10.5
149	BRZEŚKI RAFAŁ	42		ŁÓDŹ	POL	M20	24	M 139	00:10:58	02:21:33	03:09:07	03:51:26	04:05:17	04:16:15.00	5:44	10.4
150	BEDNARZ KRZYSZTOF	728	3K	TARNÓW	POL	M50	13	M 140	00:12:34	02:31:13	03:15:39	03:53:50	04:03:44	04:16:18.80	5:44	10.4
151	WÓJCİK MIROSLAW	71	TIME4RUNNING	TOMASZÓW MAZOWIECKI	POL	M50	14	M 141	00:11:26	02:28:00	03:13:44	03:54:17	04:04:57	04:16:23.35	5:44	10.4
152	MIEKUS HUBERT	369	ACCENTURE	WARSZAWA	POL	M40	41	M 142	00:11:41	02:27:27	03:12:46	03:52:47	04:04:52	04:16:33.10	5:45	10.4
153	PARZYSZEK MARCIN	355	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M30	64	M 143	00:10:16	02:20:38	03:10:54	03:53:33	04:06:18	04:16:34.60	5:45	10.4
154	ZGIET RADOŚLAW	555		CZARTAJEW	POL	M40	42	M 144	00:10:30	02:25:16	03:12:25	03:53:30	04:06:15	04:16:45.10	5:45	10.4
155	MADEJ MATEUSZ	446	RUNNING TEAM HORMANN LEGNICA	WILCZY LAS		M20	25	M 145	00:10:46	02:29:43	03:13:06	03:54:58	04:06:07	04:16:53.50	5:45	10.4
156	WOROBIEC JÓZEF	216	UMKS NADIR JĘDRZEJÓW	JĘDRZEJÓW	POL	M50	15	M 146	00:09:58	02:24:22	03:13:09	03:53:51	04:07:05	04:17:03.95	5:45	10.4
157	KUŹMIŃSKI WOJCIECH	424		KROSNO	POL	M20	26	M 147	00:09:28	02:22:04	03:12:54	03:52:44	04:07:45	04:17:13.85	5:46	10.4
158	POLAK GRZEGORZ	101	KEREZA TEAM	LUBLIN	POL	M40	43	M 148	00:12:33	02:27:36	03:12:23	03:53:33	04:04:44	04:17:17.85	5:46	10.4
159	FIAŁKOWSKI RADOŚLAW	142	CROSSFIT GCW	WARSZAWA	POL	M30	65	M 149	00:10:03	02:23:29	03:13:15	03:55:11	04:07:29	04:17:32.10	5:46	10.4
160	WISZOWATY MARIUSZ	527	AMATOR	PABIANICE	POL	M40	44	M 150	00:09:38	02:26:43	03:14:45	03:54:36	04:07:58	04:17:36.65	5:46	10.4
161	MALINOWSKA IWONA	294		BYTOM	POL	K40	3	K 11	00:12:34	02:28:37	03:14:50	03:54:57	04:05:13	04:17:47.05	5:46	10.4
162	WOSIK MAREK	498	SZYBKA MAŁPA	WARSZAWA	POL	M60	1	M 151	00:10:44	02:28:06	03:16:33	03:55:53	04:07:13	04:17:57.60	5:47	10.4
163	PILECKI MACIEJ	750		WROCŁAW	POL	M30	66	M 152	00:15:10	02:30:12	03:16:13	03:56:13	04:03:01	04:18:11.70	5:47	10.4
164	CZELEJ RAFAŁ	61	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M30	67	M 153	00:10:57	02:23:44	03:09:51	03:53:34	04:07:16	04:18:13.80	5:47	10.4
165	REJ MIROSLAW	140		MIELEC	POL	M30	68	M 154	00:13:57	02:38:06	03:21:55	03:58:37	04:04:19	04:18:16.40	5:47	10.4
166	LONC TOMASZ	139		RZESZÓW	POL	M30	69	M 155	00:13:57	02:38:08	03:21:55	03:58:37	04:04:37	04:18:34.85	5:47	10.3
167	GNATOWSKI PRZEMYSŁAW	319	AXA RUNNING TEAM	WARSZAWA	POL	M20	27	M 156	00:11:06	02:27:42	03:16:24	03:55:49	04:07:58	04:19:04.25	5:48	10.3
168	MAŚLANKA PIOTR	168		BYDGOSZCZ	POL	M30	70	M 157	00:11:06	02:27:42	03:16:23	03:55:48	04:07:58	04:19:04.40	5:48	10.3
169	CZUBA ADAM	44	BOOT CAMP POLSKA/TORUŃ	TORUŃ	POL	M40	45	M 158	00:12:48	02:26:47	03:12:50	03:55:31	04:06:24	04:19:12.45	5:48	10.3
170	TURCZANIK FABIAN	344	BIEGUSIEM.PL	ZAMOŚĆ	POL	M30	71	M 159	00:12:35	02:35:16	03:20:36	03:58:58	04:07:01	04:19:36.05	5:49	10.3
171	POLAK JACEK	381	BIEGUSIEM.PL	PIASECZNO	POL	M40	46	M 160	00:12:35	02:35:15	03:20:35	03:58:59	04:07:01	04:19:36.20	5:49	10.3
172	NIEMCZEWSKI BORYS	67	TIMEBANDIT CORPS	RACŁAWÓWKA	POL	M40	47	M 161	00:10:58	02:27:38	03:17:42	03:58:38	04:09:04	04:20:02.55	5:49	10.3
173	KUSZ TOMASZ	331		JASŁO	POL	M30	72	M 162	00:10:45	02:24:33	03:12:47	03:54:56	04:09:38	04:20:23.25	5:50	10.3
174	GOTOWIEC DAREK	296	BÓBR TŁUSZCZ	TŁUSZCZ	POL	M40	48	M 163	00:13:11	02:31:31	03:16:17	03:56:30	04:07:13	04:20:24.75	5:50	10.3
175	WIĄCEK MARCIN	317	JSC JASŁO	JASŁO	POL	M30	73	M 164	00:12:02	02:28:08	03:14:12	03:56:00	04:08:24	04:20:26.55	5:50	10.3
176	KAMIŃSKI KRZYSZTOF	37	PŁOCK BIEGA NO AGE LIMIT	PŁOCK	POL	M30	74	M 165	00:13:23	02:36:50	03:21:00	03:58:56	04:07:06	04:20:29.45	5:50	10.3
177	FIGURA MARCIN	132	KWIDZYN RUN	KWIDZYN	POL	M30	75	M 166	00:12:34	02:37:39	03:21:06	04:00:05	04:07:56	04:20:30.10	5:50	10.3
178	SOKALSKI GRZEGORZ	682	PARKRUN KONSTANCIN	KONSTANCIN-JEZIORNA	POL	M40	49	M 167	00:11:57	02:27:38	03:16:39	03:57:26	04:08:40	04:20:37.20	5:50	10.3
179	FILIPOWICZ JAKUB	368		WYSZKÓW	POL	M30	76	M 168	00:13:25	02:35:04	03:20:58	03:58:57	04:07:14	04:20:39.55	5:50	10.3
180	SZCZYRBOWSKI MICHAŁ	385	AKADEMIAROLKARZA.PL	RYBNIK	POL	M30	77	M 169	00:12:31	02:29:55	03:17:32	03:57:54	04:08:38	04:21:09.20	5:51	10.2
181	JAWORSKI ŁUKASZ	535		WARSZAWA	POL	M30	78	M 170	00:13:11	02:31:06	03:17:20	03:57:30	04:08:01	04:21:12.00	5:51	10.2
182	PLUTA PAWEŁ	394	AKADEMIAROLKARZA MICHAŁ	RYBNIK	POL	M30	79	M 171	00:12:30	02:30:14	03:17:33	03:57:41	04:08:49	04:21:19.20	5:51	10.2
183	PAJĄK WOJCIECH	475	KLUB (SPORTING CLUB NAME)	BIENKÓWKA	POL	M20	28	M 172	00:10:55	02:30:39	03:17:53	03:58:10	04:10:46	04:21:41.30	5:52	10.2
184	ABEL KRZYSIEK	570	BIEGAM BO LUBIĘ	ŁÓDŹ	POL	M40	50	M 173	00:12:52	02:29:37	03:17:05	03:57:39	04:08:59	04:21:51.15	5:52	10.2
185	AKSTINAS PETRAS	722	VILNIUS	MILNIUS	LTU	M40	51	M 174	00:09:17	02:17:56	03:09:24	03:56:59	04:12:36	04:21:53.35	5:52	10.2
186	MILEWSKI MATEUSZ	350	KRAINA WIECZNYCH MROZÓW	MROZY	POL	M30	80	M 175	00:12:09	02:31:29	03:21:29	04:00:19	04:09:46	04:21:55.70	5:52	10.2
187	ZIELIŃSKI MAREK	232		PRZECZNO	POL	M20	29	M 176	00:12:05	02:34:55	03:20:46	03:59:45	04:09:59	04:22:04.85	5:52	10.2

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
188	BERGAŃSKI MICHAŁ	614		GRYBÓW	POL	M30	81	M 177	00:13:04	02:31:45	03:17:57	03:58:53	04:09:07	04:22:11.30	5:52	10.2
189	GAWRON JANUSZ	651	BRYGADA BESKIDÓW	LIMANOWA	POL	M20	30	M 178	00:09:25	02:24:16	03:17:57	03:58:54	04:12:46	04:22:11.45	5:52	10.2
190	KWAS AUGUST	184		RYKI	POL	M30	82	M 179	00:12:09	02:28:56	03:19:44	04:00:35	04:10:16	04:22:25.50	5:53	10.2
191	ŁOCHAŃSKI GRZEGORZ	550	BRYISIE	WARSZAWA	POL	M30	83	M 180	00:11:00	02:26:05	03:16:42		04:12:11	04:23:11.35	5:54	10.2
192	WENTLAND TOMASZ	63	NOWA HUTA TEAM	KRAKÓW	POL	M30	84	M 181	00:13:05	02:28:41	03:16:42	04:00:18	04:10:11	04:23:16.40	5:54	10.2
193	ROWIŃSKI MICHAŁ	181	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	M30	85	M 182	00:12:48	02:44:38	03:29:22	04:04:18	04:10:42	04:23:30.30	5:54	10.2
194	DOMISZEWSKA MARIA	323		USTRZYKI DOLNE	POL	K50	1	K 12	00:11:02	02:47:07	03:27:24	04:03:14	04:12:50	04:23:52.35	5:54	10.1
195	WOJAK SZYMON	574		OPOLE	POL	M20	31	M 183	00:12:12	02:25:44	03:12:49	03:57:40	04:11:57	04:24:09.65	5:55	10.1
196	BRYNDZA KRZYSZTOF	466	SPEED TEAM	MAKÓW PODHALAŃSKI	POL	M40	52	M 184	00:13:15	02:39:42	03:24:55	04:03:41	04:11:15	04:24:30.65	5:55	10.1
197	CIESLAK MAREK	85		WARSZAWA	POL	M40	53	M 185	00:12:08	02:27:59	03:15:25	03:59:49	04:12:50	04:24:58.40	5:56	10.1
198	MAŁYSZA SŁAWOMIR	235		KRAKÓW	POL	M40	54	M 186	00:13:07	02:32:00	03:20:59	04:01:41	04:11:56	04:25:03.55	5:56	10.1
199	WILK DAMIAN	648		KOLBUSZOWA	POL	M20	32	M 187	00:12:58	02:32:43	03:21:03	04:01:13	04:12:52	04:25:50.10	5:57	10.1
200	BANACH MAGDA	687		BEDZIN	POL	K20	3	K 13	00:11:46	02:32:35	03:22:19	04:03:13	04:14:12	04:25:58.55	5:57	10.1
201	WOJTANOWSKA KAROLINA	617	DREAM CHASER	WETLINA	POL	K20	4	K 14	00:10:24	02:29:05	03:18:30	04:01:35	04:15:58	04:26:22.15	5:58	10
202	WOJCIECHOWSKI KRZYSZTOF	490	RADLINIOKI W BIEGU	RADLIN	POL	M40	55	M 188	00:12:08	02:33:04	03:22:08	04:04:16	04:14:21	04:26:29.50	5:58	10
203	ZAJĄCZKOWSKI JERZY	205		PRZEMYSŁ	POL	M40	56	M 189	00:11:07	02:25:49	03:14:00	04:00:13	04:15:42	04:26:49.85	5:58	10
204	KMAK SŁAWOMIR	413	PAPIKI	GRYBÓW	POL	M40	57	M 190	00:10:32	02:25:31	03:18:02	04:03:13	04:16:30	04:27:02.25	5:59	10
205	PAWLUŚ MIROSŁAW	279	JSC JASŁO	JASŁO	POL	M40	58	M 191	00:12:02	02:26:44	03:20:33	04:03:40	04:15:06	04:27:08.65	5:59	10
206	SKRZYPCZAK PIOTR	721	OTK RZEŹNIK	LUBLIN	POL	M30	86	M 192	00:10:36	02:32:39	03:20:23	04:02:27	04:16:42	04:27:18.65	5:59	10
207	GÓRALCZYK STANISŁAW	767	BUNGEE JUMPING MARIO	HAJNÓWKA	POL	M50	16	M 193			03:24:00			04:27:25.20	5:59	10
208	STĘPIEŃ WOJCIECH	118	JM RUNNING TEAM / NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	59	M 194	00:12:10	02:31:31	03:22:36	04:04:42	04:15:18	04:27:28.15	5:59	10
209	URBASEK ŁUKASZ	678		GLIWICE	POL	M30	87	M 195	00:12:50	02:41:59	03:29:00	04:06:25	04:14:42	04:27:32.90	5:59	10
210	TERESZKIEWICZ JOANNA	689	PKO BP	CHMIELNIK	POL	K20	5	K 15	00:10:03	02:33:07	03:22:11	04:04:26	04:18:11	04:28:14.45	6:00	10
211	DERSLEY STEPHEN	77		POZNAN	GBR	M40	60	M 196	00:11:28	02:33:18	03:21:33	04:05:00	04:17:06	04:28:34.10	6:01	10
212	MŁODOŻENIEC JACEK	48	REMBERTÓW TEAM	WARSZAWA	POL	M40	61	M 197	00:12:36	02:35:36	03:20:30	04:03:39	04:16:39	04:29:15.45	6:02	9.9
213	BIELEC ARTUR	80	REMBERTÓW TEAM	WARSZAWA	POL	M40	62	M 198	00:12:35	02:34:39	03:20:30	04:03:35	04:16:40	04:29:15.65	6:02	9.9
214	KIEPIEŁA DAWID	403	KLUB BIEGACZA FARTLEK	JASTRZĘBIE-ZDRÓJ	POL	M30	88	M 199	00:10:43	02:28:52	03:25:45	04:08:09	04:19:21	04:30:04.25	6:03	9.9
215	KAZUBSKI PIOTR	714		KRAKÓW	POL	M30	89	M 200	00:13:04	02:28:20	03:17:07	04:03:39	04:17:01	04:30:05.35	6:03	9.9
216	KWIATKOWSKI WOJCIECH	92	TSA SANDOMIERZ	SZCZYTNIKI	POL	M30	90	M 201	00:11:10	02:29:11	03:20:04	04:06:38	04:20:05	04:31:15.30	6:04	9.9
217	KOCIEMBA DARIUSZ	710	W TRI TEAM / LABOSPORT TEAM	POZNAŃ	POL	M40	63	M 202	00:10:47	02:37:51	03:26:19	04:08:33	04:20:29	04:31:16.85	6:04	9.9
218	IDZIK DARIUSZ	661		NAKŁO ŚLĄSKIE	POL	M40	64	M 203	00:11:40	02:30:00	03:21:17	04:06:15	04:19:48	04:31:28.85	6:05	9.9
219	GŁADYSZ RAFAŁ	639	WKURW_TEAM	KROSNO	POL	M40	65	M 204	00:12:21	02:33:15	03:21:42	04:08:04	04:19:13	04:31:34.15	6:05	9.9
220	FOLAND BOGUMIŁ	342	SPARTA	WARSZAWA	POL	M30	91	M 205	00:09:05	02:25:59	03:21:26	04:06:13	04:23:03	04:32:08.70	6:06	9.8
221	PŁOMIŃSKI MARCIN	546	ŁÓDŹ RUNNING TEAM/WKURW_TEAM	SKOTNIKI	POL	M30	92	M 206	00:13:18	02:36:58	03:27:23	04:08:47	04:18:55	04:32:13.35	6:06	9.8
222	MACKIEWICZ ROMAN	513	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	M50	17	M 207	00:13:18	02:36:59	03:27:23	04:08:48	04:18:55	04:32:13.40	6:06	9.8
223	DZIAŁABIJ KRZYSZTOF	650		OLKUSZ	POL	M30	93	M 208	00:11:45	02:39:55	03:28:04	04:10:07	04:20:35	04:32:20.65	6:06	9.8
224	LANG BEATA-AGATA	487	BIŁGORAJ BIEGA	BIŁGORAJ	POL	K30	7	K 16	00:12:59	02:44:26	03:30:30	04:10:48	04:19:22	04:32:21.00	6:06	9.8
225	SZPYT RYSZARD	310	BIŁGORAJ BIEGA	BIŁGORAJ	POL	M40	66	M 209	00:12:59	02:44:28	03:30:30	04:10:48	04:19:24	04:32:23.45	6:06	9.8
226	TYLEK KONRAD	267	CRAZY DRAGONS	KRAKÓW	POL	M30	94	M 210	00:13:50	02:38:54	03:29:21	04:10:15	04:18:43	04:32:33.10	6:06	9.8
227	RIJ TOMASZ	256	FINISZ RYMANÓW	RYMANÓW ZDRÓJ	POL	M30	95	M 211	00:12:03	02:36:58	03:27:36		04:20:47	04:32:50.80	6:07	9.8
228	JANOWSKA ANNA	623	12TRI.PL DRUŻYNA WILKA	OLSZTYN	POL	K30	8	K 17	00:13:38	02:41:30	03:30:24	04:10:49	04:19:24	04:33:02.80	6:07	9.8
229	GWIZDAŁA ŁUKASZ	472	THENATURAT	KRZESZOWICE	POL	M30	96	M 212	00:11:45	02:35:13	03:27:00	04:10:25	04:21:50	04:33:35.10	6:08	9.8
230	KLAMUT RYSZARD	315	JABŁONICA POLSKA	JABŁONICA POLSKA	POL	M60	2	M 213	00:12:29	02:34:55	03:24:37	04:08:55	04:21:29	04:33:58.95	6:08	9.8
231	FLOREK SEBASTIAN	334	NORAFSPORT	GABOŃ	POL	M30	97	M 214	00:13:13	02:37:29	03:27:08	04:09:23	04:20:48	04:34:01.80	6:08	9.8
232	SIKORA JACEK	157	WATER TEAM	WYŻNE	POL	M40	67	M 215	00:10:37	02:31:26	03:27:29	04:09:27	04:23:35	04:34:12.55	6:08	9.8
233	GWIZDAK JUSTYNA	203	WATER TEAM	RZESZÓW	POL	K30	9	K 18	00:10:38	02:31:28	03:27:27	04:09:28	04:23:34	04:34:12.80	6:08	9.8
234	CETNAROWSKI MARCIN	758		SZYMBARK 29	POL	M40	68	M 216	00:12:12	02:33:20	03:28:12	04:08:35	04:22:02	04:34:14.15	6:08	9.8
235	CHOJECKI DARIUSZ	116	KEREZA LUBLIN	LUBLIN	POL	M40	69	M 217	00:12:34	02:38:55	03:29:52	04:13:25	04:21:46	04:34:20.25	6:09	9.8
236	DROZD MACIEJ	457		WARSZAWA	POL	M40	70	M 218	00:12:44	02:44:10	03:32:22	04:12:35	04:21:42	04:34:26.05	6:09	9.8
237	SZCZYPIORKOWSKI EMIL	468	GOOD LIFE FITNESS	LUBARTÓW	POL	M30	98	M 219	00:13:31	02:34:38	03:25:05	04:10:29	04:21:04	04:34:35.75	6:09	9.7
238	WOJCIESZAK MARCIN	346		ZAGÓRZ	POL	M30	99	M 220	00:12:06	02:37:25	03:27:28	04:11:07	04:23:15	04:35:21.75	6:10	9.7
239	PASELA BARTOSZ	699	SMASHING PĄPKINS	RZESZÓW	POL	M30	100	M 221	00:12:42	02:36:18	03:27:26	04:11:11	04:22:59	04:35:41.35	6:10	9.7
240	STENCIL ZBIGNIEW	60	FORMA WODZISŁAW ŚLĄSKI	MARKLOWICE	POL	M50	18	M 222	00:12:08	02:42:20	03:29:39	04:10:17	04:23:39	04:35:47.05	6:11	9.7
241	HERBA KRYSZTIAN	704	DAR-BUD TEAM	RZESZÓW	POL	M30	101	M 223	00:11:58	02:44:38	03:34:08	04:15:08	04:23:55	04:35:53.95	6:11	9.7

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
242	MATUSIAK MICHAŁ	672	ROWERY MAŁGOŚKA	POZNAŃ	POL	M30	102	M 224	00:13:40	02:44:40	03:33:31	04:14:13	04:22:15	04:35:55.85	6:11	9.7
243	PAPROCKI WIESŁAW	791	KB MCKIS JAWORZNO	JAWORZNO	POL	M50	19	M 225	00:11:28	02:34:06	03:25:43	04:10:11	04:24:49	04:36:17.95	6:11	9.7
244	SAPIŃSKI MARIUSZ	363	OSTOYA RYNNING TEAM	WARSZAWA	POL	M40	71	M 226	00:12:40	02:42:36	03:30:50	04:12:33	04:23:49	04:36:29.65	6:11	9.7
245	LEGUTKO WŁODZIMIERZ	362	OSTOYA RUNNING TEAM	WARSZAWA	POL	M40	72	M 227	00:12:40	02:42:36	03:30:51	04:12:34	04:23:49	04:36:29.75	6:11	9.7
246	OLESIJUK MICHAŁ	775	TSA SANDOMIERZ	SANDOMIERZ	POL	M20	33	M 228	00:12:46	02:30:36	03:19:35	04:06:44	04:23:48	04:36:34.65	6:12	9.7
247	SUCHODOLSKI JERZY	172		RADLIN	POL	M40	73	M 229	00:12:03	02:43:11	03:29:23	04:11:15	04:25:06	04:37:09.90	6:12	9.7
248	MAJKUCIŃSKI MAREK	188	BIEGIEM RADOM!	RADOM	POL	M40	74	M 230	00:11:11	02:37:25	03:30:52	04:13:08	04:26:09	04:37:20.10	6:13	9.6
249	GURAZDA KAMIL	495	KLUB (SPORTING CLUB NAME)	PABIANICE	POL	M30	103	M 231	00:14:08	02:42:27	03:32:49	04:13:46	04:23:18	04:37:26.35	6:13	9.6
250	GRZANECKI RAFAL	13	PIER...NIEBIEGAM:)	WARSZAWA	POL	M40	75	M 232	00:12:15	02:40:06	03:27:10	04:12:11	04:25:13	04:37:28.75	6:13	9.6
251	KOZERA WALDEMAR	96		KRAKÓW	POL	M30	104	M 233	00:11:24	02:32:38	03:24:57	04:10:42	04:26:10	04:37:34.90	6:13	9.6
252	JACHYM MARCIN	571	KLUB BIEGAJĄCYCH LEŚNIKÓW	LIBERTÓW	POL	M40	76	M 234	00:10:29	02:38:51	03:28:56	04:13:05	04:27:11	04:37:40.95	6:13	9.6
253	NIZIOŁ MARIAN	166		PIASECZNO	POL	M50	20	M 235	00:11:29	02:39:54	03:30:48	04:14:05	04:26:22	04:37:51.35	6:13	9.6
254	WRÓBEL GRZEGORZ	584		ŻARÓWKA	POL	M40	77	M 236	00:13:22	02:31:11	03:31:56	04:13:43	04:24:46	04:38:08.70	6:14	9.6
255	BEDNARCZYK PAWEŁ	406		SANOK	POL	M30	105	M 237	00:12:01	02:33:37	03:23:13	04:10:43	04:26:09	04:38:10.20	6:14	9.6
256	BOGACZYK KRZYSZTOF	196	RÓWNE	RÓWNE	POL	M30	106	M 238	00:12:32	02:34:19	03:30:31	04:14:37	04:25:47	04:38:19.15	6:14	9.6
257	TRETER SEBASTIAN	470	KLUB (SPORTING CLUB NAME)	RZESZÓW	POL	M20	34	M 239	00:12:29	02:35:20	03:31:31	04:15:48	04:26:07	04:38:36.10	6:14	9.6
258	AUGUŚCIK MARIUSZ	56		MYSIADŁO	POL	M50	21	M 240	00:12:36	02:41:24	03:30:17	04:13:21	04:26:15	04:38:51.75	6:15	9.6
259	PIETRASZEK MIREK	732		KONSTANCIN JEZIORNA	POL	M40	78	M 241	00:12:19	02:37:40	03:29:29	04:15:04	04:27:13	04:39:32.05	6:16	9.6
260	CHODKIEWICZ TOMASZ	653	PEUGEOT POLSKA	PIASECZNO	POL	M40	79	M 242	00:12:18	02:40:04	03:31:20	04:15:48	04:27:22	04:39:40.55	6:16	9.6
261	STOBRAWA RAFAŁ	292	DART BLACHOWNIA	BLACHOWNIA	POL	M30	107	M 243	00:14:01	02:44:52	03:33:13	04:15:05	04:26:29	04:40:30.75	6:17	9.5
262	PLEWA TOMASZ	24	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	KIELCE	POL	M40	80	M 244	00:10:55	02:34:28	03:33:00	04:16:09	04:29:48	04:40:43.75	6:17	9.5
263	ZAKRZEWSKA DOROTA	395	SPELEOKLUB WARSZAWSKI/ATOMÓWKI	WARSZAWA	POL	K30	10	K 19	00:12:02	02:42:43	03:31:41	04:16:43	04:28:43	04:40:45.85	6:17	9.5
264	STASZEWSKI MACIEJ	245	JANOWIANKA	JANÓW LUBELSKI	POL	M30	108	M 245	00:12:18	02:26:47	03:35:37	04:17:37	04:28:43	04:41:01.75	6:18	9.5
265	WÓJTOWICZ PAFCIO	402	BIEGAJZNA.MI.PL	JANÓW LUBELSKI	POL	M30	109	M 246	00:12:18	02:26:30	03:35:36	04:17:36	04:28:44	04:41:02.00	6:18	9.5
266	PSZENICZKA GRZEGORZ	594		NOWY KRĘPIEC	POL	M30	110	M 247	00:11:23	02:36:03	03:30:40	04:14:39	04:29:59	04:41:22.70	6:18	9.5
267	CHABROWSKI PAWEŁ	588		WARSZAWA	POL	M40	81	M 248	00:11:23	02:35:32	03:30:42	04:14:36	04:29:59	04:41:22.75	6:18	9.5
268	PILICHOWSKI WOJCIECH	266	GRUPA SZALONYCH ROWERZYSTÓW	BIAŁYSTOK	POL	M40	81	M 248	00:11:08	02:35:28	03:30:48	04:14:12	04:30:14	04:41:22.75	6:18	9.5
269	FELIŃSKI TOMASZ	593		OTWOCK	POL	M40	83	M 250	00:11:25	02:35:59	03:30:43	04:15:18	04:29:58	04:41:23.15	6:18	9.5
270	KULESZA ROBERT	706		WARSZAWA	POL	M40	84	M 251	00:11:24	02:35:45	03:32:02	04:14:32	04:29:59	04:41:23.30	6:18	9.5
271	KRZYSZTOŃ PIOTR	365	GMP LASY / KRAŚNIK	LASY	POL	M30	111	M 252	00:11:35	02:38:12	03:30:02	04:15:27	04:29:50	04:41:25.70	6:18	9.5
272	GAJEWSKI MICHAŁ	552	WET ZA WET	SANOK	POL	M30	112	M 253	00:13:28	02:41:31	03:30:23	04:14:50	04:28:02	04:41:30.05	6:18	9.5
273	ZĄBIK DANA	90		TORUŃ	POL	K40	4	K 20	00:12:29	02:45:06	03:34:29	04:17:33	04:29:01	04:41:30.30	6:18	9.5
274	ŚLIWIŃSKI PAWEŁ	252		MIECHÓW	POL	M30	113	M 254	00:14:30	02:45:59	03:41:47	04:22:19	04:28:14	04:42:44.15	6:20	9.5
275	SMYK ROBERT	766	OTK RZEŹNIK	GLIWICE	POL	M40	85	M 255	00:13:19	02:44:06	03:38:28	04:17:31	04:29:49	04:43:08.55	6:20	9.5
276	JANERKA MOROŃ MARZKA	401	DZIABNIĘCI	CHORZÓW	POL	K30	11	K 21	00:13:23	02:44:03	03:36:29	04:18:59	04:29:47	04:43:10.20	6:20	9.5
277	CISKI PIOTR	598		WARSZAWA	POL	M40	86	M 256	00:13:35	02:42:39	03:35:01	04:18:08	04:29:38	04:43:13.30	6:21	9.4
278	MAZUREK KRZYSZTOF	373		ZAMOŚĆ	POL	M40	87	M 257	00:12:36	02:40:49	03:36:48	04:19:38	04:30:44	04:43:20.10	6:21	9.4
279	KRAWCZAK KAMIL	515	BIEGUSIEM.PL	DĘBLIN	POL	M30	114	M 258	00:12:35	02:40:48	03:36:48	04:19:37	04:30:45	04:43:20.50	6:21	9.4
280	KAWĘCKI ŁUKASZ	771		WARSZAWA	POL	M30	115	M 259	00:11:12	02:35:58	03:36:02	04:19:16	04:32:21	04:43:33.30	6:21	9.4
281	MIELCZAREK WOJTEK	39		TYCHY	POL	M30	116	M 260	00:13:12	02:46:52	03:38:01	04:20:38	04:31:11	04:44:23.00	6:22	9.4
282	MROZEK ROMAN	557		KATOWICE	POL	M50	22	M 261	00:11:29	02:42:55	03:38:14	04:20:39	04:32:58	04:44:27.15	6:22	9.4
283	SZYMURA KAROLINA	736	4K	TARNÓW	POL	K30	12	K 22	00:12:34	02:41:13	03:33:37	04:19:49	04:31:57	04:44:31.35	6:22	9.4
284	TURLEJ DARIUSZ	230	KONDYCJA	WARSZAWA	POL	M50	23	M 262	00:12:17	02:44:10	03:36:31	04:19:41	04:32:21	04:44:38.05	6:22	9.4
285	MROŻEK ANDRZEJ	206	KKB DYSTANS KRAKÓW	KRAKÓW	POL	M60	3	M 263	00:14:48	02:47:47	03:37:33	04:21:00	04:30:09	04:44:57.55	6:23	9.4
286	HUSZCZO ALEKSANDER	113	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M30	117	M 264	00:13:29	02:42:48	03:37:11	04:20:31	04:31:44	04:45:13.20	6:23	9.4
287	GRUSZKO ALICJA	528	AKTYWNA STRONA ŻYCIA	KRAKÓW	POL	K30	13	K 23	00:12:37	02:45:15	03:37:55	04:21:27	04:33:32	04:46:09.85	6:24	9.4
288	GRZEGORCZYK TOMASZ	538		GDAŃSK	POL	M20	35	M 265	00:12:59	02:40:42	03:33:49	04:20:07	04:33:12	04:46:11.45	6:25	9.4
289	JURCZAK ROMAN	150	VITAMINS FOR YOU	RZESZÓW	POL	M50	24	M 266	00:11:46	02:40:50	03:32:54	04:20:00	04:34:35	04:46:21.85	6:25	9.3
290	SZYBIAK WALDEMAR	378		PRZEMYŚL	POL	M50	25	M 267	00:12:41	02:41:10	03:36:25	04:21:05	04:33:44	04:46:25.65	6:25	9.3
291	KONIECZNY MARIUSZ	379		ŁAŃCUT	POL	M50	26	M 268	00:12:41	02:41:11	03:36:26	04:21:08	04:33:44	04:46:25.90	6:25	9.3
292	CAMPS ALMI?ANA JAIME	427	ATLETISMO BOSTON	WARSZAWA	ESP	M50	27	M 269	00:11:43	02:38:01	03:32:41	04:19:39	04:35:26	04:47:09.90	6:26	9.3

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
293	SROKA ZBIGNIEW	739		SKRZYŚZÓW	POL	M40	88	M 270	00:13:05	02:47:25	03:36:40	04:21:20	04:34:09	04:47:14.90	6:26	9.3
294	SKRZESZEWSKI HENRYK P.	156	I-BS.PL SPORT TEAM	STALOWA WOLA	POL	M40	89	M 271	00:12:30	02:35:15	03:31:15	04:22:08	04:34:52	04:47:22.05	6:26	9.3
295	ZAWADA KRZYSZTOF	416		RZEPEDŹ	POL	M20	36	M 272	00:14:50	02:52:38	03:48:52	04:26:43	04:32:43	04:47:33.20	6:26	9.3
296	PIKOR JACEK	199		ZAMOŚĆ	POL	M40	90	M 273	00:13:06	02:41:49	03:39:35	04:22:24	04:34:58	04:48:04.40	6:27	9.3
297	DAWID MARIUSZ	109		KADZIDŁO	POL	M30	118	M 274	00:12:42	02:42:31	03:34:22	04:19:14	04:35:25	04:48:07.10	6:27	9.3
298	FURMAN PIOTR	100		KADZIDŁO	POL	M20	37	M 275	00:13:13	02:37:14	03:34:21	04:19:14	04:34:54	04:48:07.15	6:27	9.3
299	WAWRZYŃNIAK MICHAŁ	492	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M30	119	M 276	00:12:48	02:42:56	03:37:52	04:23:16	04:35:25	04:48:13.95	6:27	9.3
300	TUROSZ ZBIGNIEW	493	LEŻAJSK	LEŻAJSK	POL	M50	28	M 277	00:11:55	02:38:34	03:31:39	04:21:07	04:36:32	04:48:27.20	6:28	9.3
301	KOZA JAN	757	LOKOMOTIV MAJDAN, GOPR BIESZCZADY	CISNA	POL	M20	38	M 278	00:10:47	02:35:00	03:30:42	04:21:34	04:37:40	04:48:27.45	6:28	9.3
302	BYLICA PAULINA	83	PGB SPORTOWA PACZKA	KRAKÓW	POL	K30	14	K 24		02:44:14	03:40:48	04:24:34		04:48:34.85	6:28	9.3
303	KACZMARCZYK PIOTR	358	UKS SZKOŁA RAJSKA W KRAKOWIE	KRAKÓW	POL	M30	120	M 279	00:13:19	02:41:26	03:38:00	04:23:41	04:35:29	04:48:48.65	6:28	9.3
304	GALUSKIN ALEXEY	652	GRUPA NOMAX	PIEKARY ŚLĄSKIE	RUS	M30	121	M 280	00:12:39	02:42:52	03:39:41	04:27:47	04:36:10	04:48:49.85	6:28	9.3
305	ORZECZ ARTUR	376	KROKODYLE	KOLBUSZOWA	POL	M40	91	M 281	00:11:10	02:49:04	03:43:39	04:26:08	04:37:47	04:48:57.30	6:28	9.3
306	MŁODOŻENIEC MIROSLAW	51	REMBERTÓW TEAM	SOBÓTKA	POL	M30	122	M 282	00:12:36	02:35:43	03:29:01	04:20:08	04:36:24	04:49:00.15	6:28	9.3
307	KUDŁAK PAWEŁ	654		KRAKÓW	POL	M20	39	M 283	00:12:01	02:43:28	03:37:26	04:22:53	04:37:29	04:49:30.15	6:29	9.2
308	GOLBA ŁUKASZ	11		MIELEC	POL	M30	123	M 284	00:13:29	02:47:41	03:39:11	04:25:17	04:36:21	04:49:50.70	6:29	9.2
309	ORACZ SYLWIA	122		TARNÓW	POL	K40	5	K 25	00:13:39	02:48:18	03:41:04	04:25:41	04:37:17	04:50:56.20	6:31	9.2
310	BOROWSKA-PAWLUŚ EWELINA	277	JSC JASŁO	JASŁO	POL	K40	6	K 26	00:12:24	02:45:41	03:40:30	04:26:24	04:38:33	04:50:57.65	6:31	9.2
311	GAJEWSKA MONIKA	35		TORUN	POL	K30	15	K 27	00:12:33	02:55:12	03:45:49	04:27:52	04:38:43	04:51:16.60	6:31	9.2
312	BATKO MARCIN	353	UKS SZKOŁA RAJSKA	KRAKÓW	POL	M40	92	M 285	00:12:22	02:41:28	03:37:59	04:25:16	04:39:28	04:51:50.85	6:32	9.2
313	ANTONIAK MICHAŁ	483	PWC	ŁÓDŹ	POL	M30	124	M 286	00:13:43	03:00:06	03:47:54	04:29:25	04:38:09	04:51:52.25	6:32	9.2
314	GONTARZ JAROSŁAW	669	TRI ENGINES	KOZIENICE	POL	M30	125	M 287	00:11:09	02:28:19	03:23:43	04:24:47	04:40:55	04:52:04.90	6:32	9.2
315	GUT PAWEŁ	464	KB LOK BOCHNIA	BOREK	POL	M30	126	M 288	00:13:21	02:56:32	03:50:33	04:30:02	04:38:50	04:52:11.95	6:33	9.2
316	JĘDRZEJOWSKA-DEC ANNA	763	OTK RZEŹNIK	GLIWICE	POL	K40	7	K 28	00:12:15	02:44:41	03:40:53	04:27:09	04:40:22	04:52:37.70	6:33	9.1
317	MAĆZKA BRONISŁAW	777	OTK RZEŹNIK	GLIWICE	POL	M60	4	M 289	00:12:15	02:44:40	03:40:53	04:27:12	04:40:22	04:52:37.90	6:33	9.1
318	OBROŚLAK GRZEGORZ	715	TRAPER LUBACZÓW	LUBACZÓW	POL	M30	127	M 290	00:12:27	02:38:23	03:36:28	04:25:22	04:41:02	04:53:29.50	6:34	9.1
319	STOJANOWSKI DAWID	309	RUNHOGS	TYCHY	POL	M30	128	M 291	00:13:51	02:53:38	03:45:59	04:29:06	04:39:40	04:53:31.80	6:34	9.1
320	LEPIARZ MARCIN	781		KRAKÓW	POL	M30	129	M 292		02:43:38	03:40:01	04:27:10		04:53:37.35	6:35	9.1
321	ŚWIDZIŃSKI TOMASZ	645	VEGE RUNNERS	KRAKÓW	POL	M40	93	M 293	00:13:43	02:55:29	03:46:31	04:30:28	04:40:01	04:53:44.60	6:35	9.1
322	KULCZYŃSKI RAFAŁ	502	ROZBIEGANI BUDOWLANI	WARSZAWA	POL	M30	130	M 294	00:12:51	02:46:38	03:43:42	04:27:59	04:40:55	04:53:46.00	6:35	9.1
323	RZĄDKOWSKI KRZYSZTOF	431	KWW	LUBLIN	POL	M40	94	M 295	00:14:08	02:53:56	03:44:13	04:29:36	04:39:52	04:54:00.05	6:35	9.1
324	SAMOLEWICZ JANUSZ	679	HANDLOPEX	RZESZÓW	POL	M60	5	M 296	00:10:26	02:37:59	03:36:26	04:26:42	04:43:59	04:54:25.30	6:36	9.1
325	BRYKCYŃSKI ŁUKASZ	18	SPORT GURU	WARSZAWA	POL	M20	40	M 297	00:11:23	02:36:01	03:39:42	04:24:38	04:43:31	04:54:54.55	6:36	9.1
326	ŚLĄCZKA ARKADIUSZ	242	FINISZ RYMANÓW	KROSNO	POL	M30	131	M 298	00:13:16	02:47:22	03:45:20	04:30:11	04:41:52	04:55:08.40	6:37	9.1
327	GOSTKOWSKI BARTEK	551		KRAKÓW	POL	M30	132	M 299	00:12:16	02:45:21	03:45:01	04:30:27	04:42:53	04:55:09.50	6:37	9.1
328	CHMIEL MICHAŁ	170	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M30	133	M 300	00:12:45	02:47:34	03:44:33	04:31:04	04:42:27	04:55:12.20	6:37	9.1
329	FLIS RADOSŁAW	595		RZESZÓW	POL	M20	41	M 301	00:13:02	02:36:31	03:39:50	04:28:46	04:42:17	04:55:19.25	6:37	9.1
330	DZIEKAN KRZYSZTOF	243		PRUSZKÓW	POL	M40	95	M 302	00:12:57	02:57:27	03:48:34	04:31:49	04:42:31	04:55:28.65	6:37	9.1
331	MISIAK MIREK	644	WIDŁOROGI	KORYTÓW A	POL	M40	96	M 303	00:13:11	02:43:07	03:44:25	04:30:00	04:42:22	04:55:33.60	6:37	9.1
332	BOROWIEC JOANNA	635	NIGHT RUNNERS	KRAKÓW	POL	K40	8	K 29	00:12:28	02:49:26	03:44:26	04:29:00	04:43:11	04:55:39.50	6:37	9.1
333	WOJDA DARIUSZ	32	DZIKIE DZIKI	JÓZEFÓW	POL	M40	97	M 304	00:12:07	02:52:44	03:48:49	04:32:32	04:43:45	04:55:52.50	6:38	9
334	ZAWIŚLAK KAZIMIERZ	337		TOMASZÓW LUBELSKI	POL	M30	134	M 305	00:12:08	02:52:46	03:48:50	04:32:33	04:43:44	04:55:52.65	6:38	9
335	WOJCIESZAK EWA	273	BIEGIEM PRZEZ GÓRY	SOSNOWIEC	POL	K30	16	K 30	00:10:43	02:44:39	03:41:18	04:28:49	04:45:14	04:55:57.50	6:38	9
336	NALEPKA ZDZIŚLAW	272	BIEGIEM PRZEZ GÓRY	SOSNOWIEC	POL	M30	135	M 306	00:10:43	02:44:39	03:41:22	04:28:45	04:45:14	04:55:57.80	6:38	9
337	BARAN MATEUSZ	293		SZYMBARK	POL	M20	42	M 307	00:13:04	02:44:14	03:41:48	04:29:25	04:43:15	04:56:19.95	6:38	9
338	DZIADOSZ ARTUR	459	SAM LATAM	RZESZÓW	POL	M50	29	M 308	00:13:04	02:54:45	03:51:53	04:34:58	04:43:42	04:56:46.15	6:39	9
339	OLESZCZUK ZBIGNIEW	99	KRASNYSTAW BIEGA	KRASNYSTAW	POL	M40	98	M 309	00:11:59	02:52:57	03:54:38	04:36:36	04:44:54	04:56:53.55	6:39	9
340	RYCYK GRZEGORZ	53	KRASNYSTAW BIEGA	KRASNYSTAW	POL	M40	99	M 310	00:11:59	02:52:57	03:54:38	04:36:34	04:44:54	04:56:53.60	6:39	9
341	SZYMIK MARCIN	476	RATOWNIK GÓRNICZY	CHORZÓW	POL	M40	100	M 311	00:12:08	02:45:00	03:40:37	04:29:33	04:44:48	04:56:56.95	6:39	9
342	BIEDROŃ WOJCIECH	300	NOWA HUTA TEAM	KRAKÓW	POL	M30	136	M 312	00:13:22	02:48:23	03:43:22	04:30:49	04:43:46	04:57:08.75	6:39	9
343	STRZECHA TOMASZ	450	GOŃ ZAJĄCZKA SQAD	CHMIELNIK	POL	M30	137	M 313	00:13:58	02:49:41	03:44:27	04:31:54	04:43:27	04:57:25.35	6:40	9
344	GROMADA PIOTR	685	TSA SANDOMIERZ	SANDOMIERZ	POL	M30	138	M 314	00:12:59	02:42:00	03:51:09	04:33:08	04:44:32	04:57:31.35	6:40	9
345	PAŁACHA ANIA	127	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	17	K 31	00:13:15	02:55:31	03:50:16	04:33:17	04:44:16	04:57:31.50	6:40	9
346	OLCZYK CEZARY	45		TYCHY	POL	M30	139	M 315	00:13:12	02:50:20	03:49:01	04:33:28	04:44:22	04:57:34.65	6:40	9

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
347	SIKORSKI PIOTR	755	WF SPORTRUN TEAM	TYCHY	POL	M30	140	M 316	00:13:12	02:49:47	03:48:38	04:33:10	04:44:31	04:57:43.15	6:40	9
348	ĆWIEK DARIUSZ	657	DARIUS	STANISŁAWÓW PIERWSZY	POL	M40	101	M 317	00:15:12	02:53:39	03:47:20	04:31:33	04:42:45	04:57:57.00	6:40	9
349	KACZOROWSKI MICHAŁ	607	SOUL ADVENTURE	ŁÓDŹ	POL	M20	43	M 318	00:11:01	02:35:37	03:37:55	04:28:04	04:47:00	04:58:01.45	6:40	9
350	KACPROWSKI TADEUSZ	541	WARSZAWA	WARSZAWA	POL	M60	6	M 319	02:53:01	03:46:05	04:32:38	04:46:43	04:58:18.50	6:41	9	
351	SZWAJKA ANETA	435	SZWAJKOZAJEBIOZA	STALOWA WOLA	POL	K40	9	K 32	00:12:21	02:49:22	03:46:40	04:32:37	04:46:43	04:59:04.60	6:42	8.9
352	DZIADOSZ JERZY	666	ONEMANTEAM	DEBICA	POL	M40	102	M 320	00:13:50	02:45:50	03:46:33	04:33:27	04:45:23	04:59:13.00	6:42	8.9
353	KUBASIK ŁUKASZ	173	PRZEWORSK	PRZEWORSK	POL	M20	44	M 321	00:13:46	02:53:59	03:49:27	04:36:34	04:45:27	04:59:13.40	6:42	8.9
354	ROSZKOWSKA JULITA	265	GRUPA SZALONYCH ROWERZYSTÓW BIAŁYSTOK	BIAŁYSTOK	POL	K30	18	K 33	00:13:12	02:48:13	03:44:30	04:33:57	04:46:07	04:59:19.85	6:42	8.9
355	WAGNER JOLANTA	248	WARSZAWA	WARSZAWA	POL	K50	2	K 34	00:12:48	02:54:16	03:48:04	04:35:05	04:46:35	04:59:23.55	6:42	8.9
356	HOWIL WALDEMAR	143	KAIZEN	GRYFINO	POL	M40	103	M 322	00:12:41	02:41:01	03:43:15	04:32:44	04:46:48	04:59:29.65	6:42	8.9
357	GRENDEZIŃSKI ANDRZEJ	664	PGB SPORTOWA PACZKA	OSTRÓDA	POL	M40	104	M 323	00:13:10	02:53:00	03:47:23	04:35:17	04:46:33	04:59:43.70	6:43	8.9
358	MAKOWSKI MAREK	318	SUPER WTP/PPP	PRUSZKÓW	POL	M30	141	M 324	00:12:57	02:57:26	03:52:26	04:36:27	04:46:54	04:59:51.50	6:43	8.9
359	MAZUR SŁAWOMIR	389	GRUPETTO GORLICE	GŁOGÓW MAŁOPOLSKI	POL	M30	142	M 325	00:12:43	02:54:02	03:48:25	04:34:15	04:47:28	05:00:11.15	6:43	8.9
360	MIERZWA KATARZYNA	756	RZESZÓW	RZESZÓW	POL	K30	19	K 35	00:12:43	02:54:00	03:48:26	04:34:21	04:47:28	05:00:11.25	6:43	8.9
361	CHARCHUT ROMAN	103	RZESZÓW	RZESZÓW	POL	M30	143	M 326	00:13:37	02:57:12	03:50:51	04:36:26	04:46:34	05:00:11.55	6:43	8.9
362	KOKOT ROMAN	217	AKTYWNY DYNÓW	DYNÓW	POL	M30	144	M 327	00:13:58	02:55:44	03:47:57	04:35:04	04:46:16	05:00:14.20	6:43	8.9
363	KOZIOŁKO TOMASZ	531	SIENIAWA	SIENIAWA	POL	M30	145	M 328	00:13:12	02:48:23	03:44:21	04:31:47	04:47:02	05:00:14.50	6:43	8.9
364	MUNIAK KAMIL	76	KUKUCZSPORT.PL	STALOWA WOLA	POL	M30	146	M 329	00:12:16	02:49:07	03:50:34	04:35:08	04:48:04	05:00:20.80	6:44	8.9
365	HENKIEL BARTŁOMIEJ	749	RZESZÓW	RZESZÓW	POL	M20	45	M 330	00:13:42	02:49:44	03:50:25	04:36:22	04:46:44	05:00:26.75	6:44	8.9
366	BUTNY RAFAŁ	411	COMPLEXSPORTS TRIATHLON TEAM	GDYNIA	POL	M30	147	M 331	00:14:46	02:53:58	03:52:12	04:36:20	04:45:40	05:00:26.95	6:44	8.9
367	GRUCHALA PIOTR	414	POINT	GDYNIA	POL	M30	148	M 332	00:14:47	02:53:59	03:52:13	04:36:27	04:45:40	05:00:27.05	6:44	8.9
368	KOSSAKOWSKA KATARZYNA	123	WARSZAWA	WARSZAWA	POL	K40	10	K 36	00:12:31	02:55:29	03:49:28	04:35:56	04:48:05	05:00:36.85	6:44	8.9
369	KWATERA TOMASZ	659	KB LOK BOCHNIA	BOCHNIA	POL	M40	105	M 333	00:13:21	02:56:34	03:51:17	04:36:53	04:47:28	05:00:49.95	6:44	8.9
370	BOLANOWSKI PIOTR	225	POSADA GÓRNA	DOMARADZ	POL	M40	106	M 334	00:11:08	02:47:49	03:52:19	04:36:37	04:49:55	05:01:03.80	6:45	8.9
371	MIROCHA ŁUKASZ	467	UKASZ TEAM	MUCHARZ	POL	M30	149	M 335	00:13:14	02:53:33	03:48:43	04:35:44	04:47:53	05:01:07.45	6:45	8.9
372	SZULC KRZYSZTOF	308	JOCKER TEAM	WARSZAWA	POL	M40	107	M 336	00:13:07	02:48:15	03:48:31	04:36:06	04:48:01	05:01:08.85	6:45	8.9
373	PIETRZYŃSKI MARIUSZ	202	KRASICZYN	KRASICZYN	POL	M30	150	M 337	00:13:46	02:53:58	03:49:27	04:36:33	04:47:36	05:01:22.85	6:45	8.9
374	SWACHA PIOTR	567	BIŁGORAJ BIEGA	BIŁGORAJ	POL	M30	151	M 338	00:13:26	02:57:04	03:52:53	04:36:44	04:48:02	05:01:28.15	6:45	8.9
375	KACPERSKA DAGMARA	634	JAKAŚ MASAKRA	ŁÓDŹ	POL	K30	20	K 37	00:14:15	02:56:02	03:51:04	04:38:34	04:47:17	05:01:32.85	6:45	8.9
376	CZOPKO KAMIL	326	SAPEX STRONG TEAM	GDYNIA	POL	M20	46	M 339	00:13:17	02:59:55	03:54:28	04:38:33	04:48:20	05:01:37.75	6:45	8.9
377	HERMANOWSKI ROBERT	164	W4TEAM	JÓZEFOSŁAW	POL	M40	108	M 340	00:12:06	02:58:16	03:55:11	04:37:33	04:49:50	05:01:56.65	6:46	8.9
378	DZIAŁABIJ BEATA	649	OLKUSZ	OLKUSZ	POL	K30	21	K 38	00:11:45	02:56:14	03:51:27	04:37:39	04:50:12	05:01:57.80	6:46	8.9
379	KASZYCKA RENATA	14	USTRZYKI DOLNE	USTRZYKI DOLNE	POL	K40	11	K 39	00:13:00	02:53:10	03:55:52	04:38:50	04:49:11	05:02:11.05	6:46	8.9
380	TOMASZEWSKI WOJTEK	511	BRACIAT	WARSZAWA	POL	M40	109	M 341	00:12:16	02:48:24	03:55:18	04:38:36	04:50:06	05:02:22.40	6:46	8.9
381	KOWALCZYK GRZESIEK	628	LUBLIN	LUBLIN	POL	M40	110	M 342	00:11:50	02:48:45	03:48:48	04:35:51	04:51:16	05:03:06.00	6:47	8.8
382	POPLAWSKI PIOTR	670	PGB SPORTOWA PACZKA	WARSZAWA	POL	M30	152	M 343	00:13:04	03:03:18	04:00:08	04:42:08	04:50:27	05:03:31.75	6:48	8.8
383	SZCZOTKA KATARZYNA	522	PSZCZYNA	PSZCZYNA	POL	K30	22	K 40	00:11:21	02:50:54	03:47:06	04:36:02	04:52:12	05:03:33.55	6:48	8.8
384	ORZECHOWSKI BARTOSZ	321	KW WARSZAWA	WARSZAWA	POL	M30	153	M 344	00:12:30	02:47:41	03:48:01	04:38:14	04:51:07	05:03:37.60	6:48	8.8
385	LUPA ADAM	517	NTT TRIADA NAMYSŁÓW	NAMYSŁÓW	POL	M40	111	M 345	00:14:06	02:50:32	03:51:52	04:38:35	04:49:45	05:03:51.95	6:48	8.8
386	ZARZYCKA-JASIK MAGDALENA	524	BABY-DOLL.PL	BEDZIN	POL	K30	23	K 41	00:11:55	02:54:37	03:52:17	04:39:08	04:52:03	05:03:58.20	6:48	8.8
387	WOŹNIAKKA JOANNA	262	KRAKÓW	KRAKÓW	POL	K20	6	K 42	00:11:49	02:55:42	03:50:53	04:37:38	04:52:09	05:03:58.80	6:48	8.8
388	SIEKIERSKI KRZYSZTOF	709	KEREZA LUBLIN	MOTYCZ	POL	M40	112	M 346	00:13:31	02:48:01	03:46:14	04:36:08	04:50:38	05:04:09.60	6:49	8.8
389	MOCKO JACEK	606	ZAGNAŃSK	ZAGNAŃSK	POL	M20	47	M 347	00:13:53	02:53:04	03:50:18	04:37:48	04:51:07	05:05:00.65	6:50	8.8
390	WIŚNIEWSKI KRZYSZTOF	210	KEREZA TEAM	ĆMIŁÓW	POL	M30	154	M 348	00:12:56	02:55:38	03:55:03	04:40:05	04:52:35	05:05:31.05	6:51	8.8
391	ZYGADLEWICZ GRZEGORZ	418	BIEGAJĄCY ŚWIDNIK	WARSZAWA	POL	M30	155	M 349	00:13:54	02:49:40	03:51:38	04:40:51	04:51:57	05:05:51.40	6:51	8.7
392	KOSACKI JACEK	785	GOOD LIFE FITNESS	LUBARTÓW	POL	M30	156	M 350	00:13:33	02:53:08	03:50:48	04:38:21	04:52:22	05:05:55.00	6:51	8.7
393	DARŁAK ŁUKASZ	569	SMASHING PĄPKINS	RZESZÓW	POL	M20	48	M 351	00:13:03	02:44:04	03:52:28	04:39:33	04:53:06	05:06:09.65	6:51	8.7
394	PŁONKA PAWEŁ	761	ŻYWCEM ZABIEGANI	ANDRYCHÓW	POL	M30	157	M 352	00:11:31	02:47:24	03:45:03	04:36:04	04:54:53	05:06:24.85	6:52	8.7
395	DYMEK PAWEŁ	779	MIELECKIE BIEGACZE	MIELEC	POL	M30	158	M 353	00:12:51	02:50:29	03:49:15	04:37:17	04:53:44	05:06:35.00	6:52	8.7
396	PIEKARSKA ALEKSANDRA	417	OPOCZNO	OPOCZNO	POL	K30	24	K 43	00:12:43	02:49:12	03:52:44	04:42:21	04:53:53	05:06:36.00	6:52	8.7
397	DRAPAŁA JAN	377	KROKODYLE	KOLBUSZOWA	POL	M40	113	M 354	00:11:10	02:49:06	03:50:18	04:37:56	04:55:26	05:06:36.85	6:52	8.7
398	SERZYSCO BARTOSZ	562	AKTYWNA STRONA ŻYCIA	KRAKÓW	POL	M20	49	M 355	00:12:21	02:50:06	03:55:27	04:40:13	04:54:24	05:06:45.50	6:52	8.7
399	KUCIŃSKI ANDRZEJ	438	BAZA ZDROWIA	WARSZAWA	POL	M50	30	M 356	00:14:33	02:58:41	03:54:50	04:42:33	04:52:14	05:06:47.05	6:52	8.7
400	ANDRES KAMIL	148	TRUSOX	LEŻAJSK	POL	M20	50	M 357	00:12:26	02:48:46	03:54:41	04:41:24	04:54:36	05:07:02.20	6:53	8.7



**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
401	TROJNAR DAMIAN	131	JUTRZENKA DĘBNO	ŁAŃCUT	POL	M30	159	M 358	00:12:27	02:48:47	03:54:41	04:41:24	04:54:35	05:07:02.35	6:53	8.7
402	BAJAK MAŁGORZATA	147	ŻYWCEM ZABIEGANI	KRAKÓW	POL	K30	25	K 44	00:12:33	03:00:56	03:58:28	04:42:26	04:54:38	05:07:11.75	6:53	8.7
403	URBAŃSKA AGNIESZKA	491	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	K20	7	K 45	00:12:48	02:48:34	03:47:27	04:39:31	04:54:45	05:07:33.30	6:53	8.7
404	MĘZYŃSKI MICHAŁ	619		WARSZAWA	POL	M30	160	M 359	00:14:38	02:53:02	03:55:14	04:40:54	04:52:59	05:07:37.60	6:53	8.7
405	PESZEK BOGDAN	209	AKTYWNY DYNÓW	DYNÓW	POL	M40	114	M 360	00:13:58	02:57:44	03:55:35	04:42:18	04:54:14	05:08:12.25	6:54	8.7
406	BAK MARCIN MICHAŁ	787	ŚWIĘTY SPOKÓJ SANOK	SANOK	POL	M30	161	M 361	00:13:54	02:56:09	03:54:06	04:41:53	04:54:31	05:08:25.50	6:54	8.7
407	SIÓDZIAK CEZARY	33		WARSZAWA	POL	M40	115	M 362	00:13:43	02:59:49	03:55:57	04:42:17	04:54:51	05:08:34.95	6:55	8.7
408	SERAFIN PAULINA	673		RZESZÓW	POL	K20	8	K 46	00:12:42	03:00:04	03:58:30		04:56:15	05:08:57.65	6:55	8.7
409	WOŹNIAK MICHAŁ	688	BANDA GRUDNIA	LUBLIN	POL	M30	162	M 363	00:13:12	02:51:31	03:58:29		04:55:45	05:08:57.95	6:55	8.7
410	PODOLAK ZBIGNIEW	186	PRZEMYŚL	PRZEMYŚL	POL	M50	31	M 364	00:13:01	02:54:50	03:54:25	04:41:54	04:57:04	05:10:05.65	6:57	8.6
411	PRZYBYŁO SONIA	141	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K20	9	K 47	00:12:25	02:49:12	03:55:20	04:43:26	04:57:42	05:10:07.15	6:57	8.6
412	URBAŃCZYK KAROL	137	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M20	51	M 365	00:12:25	02:49:28	03:55:19	04:43:25	04:57:43	05:10:08.45	6:57	8.6
413	ZIELONKA BOGUMIŁ	507	PIOTRKOWSKI KLUB BIEGACZA ' ENDORFINA'	PIOTRKÓW TRYB	POL	M40	116	M 366	00:15:18	03:05:54	04:01:19	04:46:15	04:55:01	05:10:19.20	6:57	8.6
414	WOJCIECHOWSKA KATARZYNA	658	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	26	K 48	00:13:16	02:55:34	03:54:23	04:42:28	04:57:03	05:10:19.80	6:57	8.6
415	SEWERYN TOMASZ	539		KRAKÓW	POL	M40	117	M 367	00:13:55	02:57:23	03:56:01	04:44:31	04:56:34	05:10:29.45	6:57	8.6
416	KAMIŃSKA KAMILA	204		KRAKÓW	POL	K30	27	K 49	00:13:37	03:03:12	04:01:57	04:45:19	04:57:03	05:10:40.25	6:57	8.6
417	SIDOR PAWEŁ	163	W4TEAM	JÓZEFOSŁAW	POL	M40	118	M 368	00:12:05	03:03:47	03:59:39	04:46:58	04:59:07	05:11:12.20	6:58	8.6
418	ZDUŁSKI BARTOSZ	64		JÓZEFOSŁAW	POL	M40	119	M 369	00:12:05	03:04:11	03:59:48	04:46:58	04:59:07	05:11:12.40	6:58	8.6
419	WISZNIEWSKI KAROL	505	AKS POLONIA WARSZAWA	WARSZAWA	POL	M30	163	M 370	00:13:22	02:52:17	04:04:59	04:49:28	04:57:54	05:11:16.00	6:58	8.6
420	KWIECIEŃ KRZYSZTOF	663	RUNSHOP.PL	TARNÓW	POL	M40	120	M 371	00:13:05	03:03:50	04:03:13	04:45:40	04:58:29	05:11:34.80	6:59	8.6
421	RAMM ALEKSANDER	382	SMILEY ULTRAS :)	KRAKÓW	POL	M30	164	M 372	00:12:22	03:00:09	03:59:28	04:47:16	04:59:28	05:11:50.85	6:59	8.6
422	HYZIAK JAKUB	112	JJ.RUNNERS GORLICE	SĘKOWA	POL	M40	121	M 373	00:13:18	03:05:21	03:59:23	04:46:17	04:58:41	05:11:59.35	6:59	8.6
423	DOMBROWSKI WOJCIECH	91		GOLUB-DOBRYŃ	POL	M40	122	M 374	00:14:45	03:01:04	04:01:23	04:45:04	04:57:21	05:12:06.80	6:59	8.6
424	GAŚCZYK GRZEGORZ	74	NOWA HUTA TEAM	KRAKÓW	POL	M40	123	M 375	00:13:22	02:52:17	04:05:01	04:49:27	04:58:59	05:12:21.25	7:00	8.6
425	KEŚA ANDRZEJ	399		POZNAŃ	POL	M30	165	M 376	00:12:03	02:56:50	03:55:22	04:44:59	05:00:34	05:12:37.35	7:00	8.6
426	STRUGAŁA MONIKA	386		DWIKOZY	POL	K20	10	K 50	00:14:35	03:01:25	04:04:19	04:47:58	04:58:04	05:12:39.40	7:00	8.6
427	MUCHA TOMASZ	439		JANÓW LUBELSKI	POL	M40	124	M 377	00:14:33	02:58:47	04:00:28	04:45:10	04:58:09	05:12:42.95	7:00	8.6
428	ARENTEWICZ GRZEGORZ	136	TORUN MULTISPORT TEAM	TORUN	POL	M30	166	M 378	00:14:26	02:55:34	03:54:18	04:42:17	04:58:22	05:12:48.00	7:00	8.6
429	PELA DARIUSZ	134	TMT SKY-TRANS	TORUN	POL	M30	167	M 379	00:14:26	02:55:35	03:54:18	04:42:16	04:58:22	05:12:48.15	7:00	8.6
430	SIENKIEWICZ WOJCIECH	463		WARSZAWA	POL	M40	125	M 380	00:12:37	02:48:05	03:53:21	04:43:36	05:00:16	05:12:53.10	7:00	8.6
431	GAŁUSZKA BOGDAN	73	JGB 'SOKOŁ'	JAROSŁAW	POL	M40	126	M 381	00:14:10	03:01:02	03:58:12	04:47:05	04:58:50	05:13:00.95	7:01	8.5
432	SARAT EWA	125		TARNÓW	POL	K40	12	K 51	00:13:39	03:03:49	04:01:32	04:46:27	04:59:35	05:13:14.60	7:01	8.5
433	STEC SEBASTIAN	793	SIEMUSZOWA	PRZEMYŚL	POL	M40	127	M 382	00:13:53	02:59:24	03:56:39	04:46:24	04:59:52	05:13:45.65	7:02	8.5
434	JURCZAK DANIEL	214	MIŃSKA GRUPA ROWEROWA	MIŃSK MAZOWIECKI	POL	M30	168	M 383	00:12:09	02:53:25	03:53:59	04:45:38	05:01:37	05:13:46.40	7:02	8.5
435	KWARTA TOMASZ	565		JASIONKA	POL	M30	169	M 384	00:12:47	02:50:13	03:52:50	04:43:35	05:01:29	05:14:16.30	7:02	8.5
436	ADAMSKI MICHAŁ	36	WOP	JASIONKA	POL	M30	170	M 385	00:12:47	02:49:16	03:52:49	04:44:09	05:01:29	05:14:16.50	7:02	8.5
437	HONKISZ-GODLEWSKA URSZULA	534		KROSNO	POL	K20	11	K 52	00:13:44	02:50:40	03:57:18	04:45:55	05:00:48	05:14:32.75	7:03	8.5
438	SALAĆCIAK MARCIN	332	GLKS RZEPEDŹ	RZEPEDŹ	POL	M30	171	M 386	00:14:49	02:52:38	03:55:04	04:42:20	04:59:51	05:14:40.40	7:03	8.5
439	LAUER JAROSŁAW	59		PABIANICE	POL	M40	128	M 387	00:14:08	02:55:10	03:57:38	04:46:21	05:00:34	05:14:42.65	7:03	8.5
440	GŁADYSZ JADWIGA	106	ZABIEGANI MIELEC	MIELEC	POL	K50	3	K 53	00:13:10	03:02:48	04:06:38	04:50:42	05:01:36	05:14:46.65	7:03	8.5
441	KOKOSZKA MAGDALENA	305		MIELEC	POL	K30	28	K 54	00:13:11	03:02:48	04:06:29	04:50:44	05:01:35	05:14:46.95	7:03	8.5
442	MAZIARZ JAKUB	798	ZABIEGANI MIELEC	MIELEC	POL	M30	172	M 388	00:13:10	03:02:51	04:06:41	04:50:07	05:01:36	05:14:46.95	7:03	8.5
443	ZIOŁO PAWEŁ	87	WATRA TEAM	GLIWICE	POL	M30	173	M 389	00:14:34	02:54:43	03:57:33	04:48:07	05:00:46	05:15:20.00	7:04	8.5
444	PRZYGÓRZEWSKI JAROSŁAW	792	LESKO	LESKO	POL	M30	174	M 390	00:13:57	02:53:44	03:54:05	04:46:16	05:01:31	05:15:28.95	7:04	8.5
445	ZMYSŁOWSKI ŁUKASZ	597		MOTYCZ	POL	M30	175	M 391	00:12:46	02:42:26	03:58:36	04:47:39	05:02:46	05:15:32.45	7:04	8.5
446	WAJCOWICZ WITOLD	98		SANOK	POL	M40	129	M 392	00:12:07	02:59:21	03:59:17	04:49:05	05:03:38	05:15:45.95	7:04	8.5
447	SMOLIŃSKI PAWEŁ	197	RUGBY KLUB SANOK / SMASHING PAPKINS	SANOK	POL	M30	176	M 393	00:12:07	02:59:22	03:59:19	04:49:05	05:03:39	05:15:46.00	7:04	8.5
448	KRAJEWSKA JOANNA	201	ZAPOROWY MARATON	ORELEC	POL	K30	29	K 55	00:12:07	02:59:21	03:59:19	04:49:07	05:03:39	05:15:46.10	7:04	8.5
449	HRYSZKIEWICZ JANUSZ	234	UNISONO FLOW / AKMB PEDZIWIATR GLIWICE	GLIWICE	POL	M40	130	M 394	00:15:14	03:08:19	04:06:26	04:51:57	05:00:45	05:15:59.25	7:05	8.5
450	WINIECKI MATEUSZ	553	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	M20	52	M 395	00:13:18	02:58:29	03:57:35	04:48:03	05:02:55	05:16:13.40	7:05	8.5
451	KOPER JACEK	222		ALEKSANDRÓW ŁÓDZKI	POL	M40	131	M 396	00:12:52	03:05:48	04:03:10	04:49:43	05:03:21	05:16:13.70	7:05	8.5
452	SALAŁA KAMIL	494	KLUB (SPORTING CLUB NAME)	GDYNIA	POL	M30	177	M 397	00:13:17	03:04:03	04:03:25	04:50:06	05:03:10	05:16:27.15	7:05	8.5

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
453	PAPIERSKI LESZEK	667	PGB SPORTOWA PACZKA	SPYTKOWICE	POL	M40	132	M 398	00:13:04	03:02:52	04:05:14	04:51:05	05:03:24	05:16:28.30	7:05	8.5
454	ZARĘBA JOLANTA	428	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	K50	4	K 56	00:13:15	03:01:37	03:59:38	04:48:16	05:03:13	05:16:28.60	7:05	8.5
455	CZERWIONKA LIDIA	783		KRAKÓW	POL	K30	30	K 57	00:11:10	02:57:24	03:55:20	04:47:04	05:05:28	05:16:38.00	7:05	8.5
456	KROCZEK JANUSZ	441	FORMA WODZISŁAW ŚL	WODZISŁAW ŚLĄSKI	POL	M50	32	M 399	00:13:56	03:05:51	04:07:33	04:52:53	05:02:43	05:16:39.85	7:05	8.5
457	NOWAK ŁUKASZ	605		GNIEZNO	POL	M30	178	M 400	00:14:35	03:01:42	04:01:22	04:49:23	05:02:17	05:16:52.15	7:06	8.4
458	GÓRNIWICZ MARCIN	461	MBANK	WARSZAWA	POL	M30	179	M 401	00:13:58	03:07:42	04:08:55	04:53:36	05:03:08	05:17:06.75	7:06	8.4
459	GOGÓŁ-IŻOWSKA EDYTA	526		WARSZAWA	POL	K20	12	K 58	00:13:37	03:08:46	04:05:38	04:52:06	05:03:34	05:17:11.00	7:06	8.4
460	DOMISZEWSKI WOJCIECH	324		USTRZYKI DOLNE	POL	M50	33	M 402	00:11:02	02:50:46	03:59:07	04:49:34	05:07:06	05:18:08.90	7:07	8.4
461	LOREK MAREK	239		DĘBICA	POL	M40	133	M 403	00:11:30	02:58:33	03:58:13	04:50:27	05:07:01	05:18:31.40	7:08	8.4
462	MISKÓW MARCIN	79	BIEGAMY Z SERCEM.PL	ŻÓRY	POL	M30	180	M 404	00:11:45	02:57:26	04:00:15	04:50:06	05:06:49	05:18:34.95	7:08	8.4
463	CZYZEWSKA MARIOLA	602	12TRI.PL DRYZYNA WILKA	OLSZTYN	POL	K30	31	K 59	00:14:05	03:03:02	04:05:35	04:53:32	05:04:37	05:18:42.05	7:08	8.4
464	CIEŚLAK DOMINIKA	473		WROCLAW	POL	K30	32	K 60	00:12:09	03:07:40	04:04:54	04:53:16	05:06:48	05:18:57.85	7:09	8.4
465	KORBUT RADOSŁAW	280		SIEDLCE	POL	M30	181	M 405	00:14:50	03:03:42	04:06:34	04:53:30	05:04:19	05:19:09.65	7:09	8.4
466	ZIEMNIAK MARCIN	437		WARSZAWA	POL	M20	53	M 406	00:13:55	02:59:47	04:04:15	04:52:48	05:05:51	05:19:46.05	7:10	8.4
467	SALWA SZYMON	613	SEAAAT	STRZYŻÓW	POL	M30	182	M 407	00:14:02	02:56:58	04:04:50	04:53:13	05:06:25	05:20:27.80	7:11	8.4
468	KLONOWSKI JERZY	514		PIASECZNO	POL	M60	7	M 408	00:13:24	03:00:20	04:00:53	04:50:08	05:07:17	05:20:41.40	7:11	8.3
469	LESZCZYŃSKI RADOSŁAW	586	AIR CONSULTING	CELESTYNÓW	POL	M40	134	M 409	00:14:46	03:03:46	04:06:09	04:53:23	05:06:04	05:20:50.70	7:11	8.3
470	LESZCZYŃSKA IWONA	585	AIR CONSULTING	CELESTYNÓW	POL	K40	13	K 61	00:14:46	03:03:47	04:06:09	04:53:22	05:06:04	05:20:50.75	7:11	8.3
471	NAWARA ARKADIUSZ	575		RUDA ŚLĄSKA	POL	M20	54	M 410	00:12:31	02:50:54	03:55:43	04:49:42	05:08:23	05:20:54.90	7:11	8.3
472	MALEC DAWID	396	NIGHT RUNNERS	WÓLCZYŃ	POL	M20	55	M 411	00:13:30	02:58:11	04:02:21	04:52:42	05:07:37	05:21:07.85	7:11	8.3
473	KROENKE BARBARA	477	OBOZYBIEGOWE.PL	WARSZAWA	POL	K60	1	K 62	00:13:12	03:08:33	04:07:32	04:54:44	05:08:08	05:21:20.25	7:12	8.3
474	MATUSZEWSKI EWA	312	KONDYCJA	PIASECZNO	POL	K50	5	K 62	00:13:12	03:08:33	04:07:35	04:54:43	05:08:08	05:21:20.25	7:12	8.3
475	DONIEC SEBASTIAN	22	WWW.ADWOKATDONIEC.PL	JASŁO	POL	M30	183	M 412	00:13:18	03:06:09	04:06:30	04:54:11	05:08:04	05:21:22.75	7:12	8.3
476	KWAŚNIK ANDRZEJ	283		WARSZAWA	POL	M60	8	M 413	00:12:45	02:59:44	04:01:38	04:54:08	05:08:39	05:21:24.00	7:12	8.3
477	FIEGA RYSZARD	631	MARATON GORLICE	GORLICE	POL	M50	34	M 414	00:12:12	03:02:53	04:05:16	04:54:43	05:09:12	05:21:24.15	7:12	8.3
478	URBAŃSKI JÓZEF	313	KKB MOSIR KROSNO	KROSNO	POL	M50	34	M 414	00:12:18	03:03:32	04:08:03	04:54:45	05:09:06	05:21:24.15	7:12	8.3
479	REGULSKA MONIKA	304		ZALESIE	POL	K20	13	K 64	00:13:36	03:06:23	04:04:33	04:53:20	05:08:11	05:21:47.90	7:12	8.3
480	BUCZYŃSKI RADOSŁAW	240	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30	184	M 416	00:12:33	03:00:00	04:04:16	04:55:11	05:09:56	05:22:29.65	7:13	8.3
481	ARGALSKI GRZEGORZ	769	KW TRÓJMIASTO	GDYNIA	POL	M40	135	M 417	00:12:33	02:55:36	04:07:21	04:56:32	05:10:28	05:23:01.50	7:14	8.3
482	CHWALISZEWSKI JAROSŁAW	121	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	136	M 418	00:12:33	02:59:37	04:03:46	04:55:14	05:12:07	05:24:40.45	7:16	8.2
483	FIDOR MICHAŁ	276	RUNHOGS TYCHY	TYCHY	POL	M30	185	M 419	00:13:50	02:56:11	04:02:04	04:54:31	05:10:51	05:24:41.95	7:16	8.2
484	KUROWSKI MICHAŁ	615	NIGHT RUNNERS GLIWICE	RUDA ŚLĄSKA	POL	M20	56	M 420	00:12:55	03:02:25	04:06:17	04:55:23	05:11:55	05:24:50.30	7:16	8.2
485	GÓRNY MAŁGORZATA	548	TRENUJE Z OŁĄ :)	KATOWICE	POL	K20	14	K 65	00:11:22	03:02:25	04:06:17	04:55:24	05:13:32	05:24:54.75	7:17	8.2
486	SAKOWSKA ANETA	154	MARATONKA GRAJEWO	WARSZAWA	POL	K40	14	K 66	00:13:14	03:02:33	04:10:10	04:58:09	05:11:44	05:24:58.30	7:17	8.2
487	CEGLIŃSKI SEBASTIAN	711	JAKOOBICYCLES	KAROLINA	POL	M40	137	M 421	00:14:06	02:57:58	04:03:58	04:56:42	05:11:06	05:25:12.90	7:17	8.2
488	SKONECZNY ARTUR	192	OPL	TOMASZÓW MAZOWIECKI	POL	M40	138	M 422	00:14:28	03:04:50	04:09:02	04:57:10	05:10:53	05:25:21.55	7:17	8.2
489	KAPELKO BOGDAN	616		ZALESIE GÓRNE	POL	M40	139	M 423	00:14:17	02:57:10	04:01:59	04:53:18	05:11:33	05:25:50.20	7:18	8.2
490	KOPCZYŃSKI MACIEJ	558		GDYNIA	POL	M30	186	M 424	00:14:01	03:02:43	04:04:53	04:58:33	05:11:57	05:25:58.05	7:18	8.2
491	WOLAŃSKA JOANNA	345	ATOMÓWKI/SPELEOKLUB WARSZAWSKI	WARSZAWA	POL	K30	33	K 67	00:13:27	03:07:51	04:11:17	04:59:57	05:12:32	05:25:59.95	7:18	8.2
492	KAMIŃSKA KAROLINA	370	SHELL SBO KRAKÓW / LES FAMMES COURANT DANS LES FORETS	KRAKÓW	POL	K30	34	K 68	00:14:31	03:10:49	04:07:59	04:58:56	05:12:11	05:26:42.85	7:19	8.2
493	RĘKAWEK ARTUR	412	TRUCHTACZ.PL	GARWOLIN	POL	M40	140	M 425	00:13:00	03:05:30	04:10:37	04:58:31	05:14:03	05:27:03.85	7:19	8.2
494	ŻOŁĄDEK ANNA	407		OTWOCK	POL	K30	35	K 69	00:13:01	03:05:15	04:10:41	04:58:33	05:14:03	05:27:04.00	7:20	8.2
495	RUPIK PIOTR	159		STARA IWICZNA	POL	M40	141	M 426	00:12:45	03:07:33	04:10:32	04:59:44	05:14:32	05:27:17.00	7:20	8.2
496	BARAN JAKUB	299		WARSZAWA	POL	M30	187	M 427	00:15:55	03:07:42	04:07:57	05:01:04	05:11:50	05:27:45.70	7:20	8.2
497	ZAKRZEWSKI SZYMON	504		ŁAPY	POL	M30	188	M 428	00:11:40	02:58:09	04:02:36	04:52:30	05:17:08	05:28:48.15	7:22	8.1
498	KRASOWSKI ŁUKASZ	130		LEŻAJSK	POL	M30	189	M 429	00:12:38	03:08:17	04:15:02	05:02:48	05:16:16	05:28:54.80	7:22	8.1
499	TUTKA MAKSYMILIAN	443	LEŻAJSK	LEŻAJSK	POL	M30	190	M 430	00:12:37	03:08:18	04:15:04	05:02:49	05:16:18	05:28:55.75	7:22	8.1
500	NESTOROWICZ MAKSYMILIAN	297	NESTOR & ZAWADA CLUB	RZEPEDZ	POL	M20	57	M 431	00:14:50	03:03:58	04:04:24	04:58:37	05:14:23	05:29:13.60	7:22	8.1
501	BŁACHOWICZ RAFAŁ	497	ZABIEGANI MIELEC	MIELEC	POL	M40	142	M 432	00:13:27	03:11:42	04:17:44	05:05:30	05:16:44	05:30:11.20	7:24	8.1
502	MALICKA ANGELIKA	269		ROKITNO SZLACHECKIE	POL	K30	36	K 70	00:12:45	03:03:04	04:10:40	05:00:13	05:17:53	05:30:38.65	7:24	8.1
503	SZUSZKIEWICZ MARZENA	419		WARSZAWA	POL	K40	15	K 71	00:14:28	03:05:18	04:15:08	05:02:41	05:16:15	05:30:43.80	7:24	8.1
504	ŻACZEK ANNA	578	BIEGUSIEM.PL	RYKI	POL	K40	16	K 72	00:12:40	03:06:37	04:14:07	05:04:45	05:18:27	05:31:07.65	7:25	8.1

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
505	KLUS ANNA	30		RZESZÓW	POL	K30	37	K 73	00:12:36	03:06:38	04:14:07	05:04:46	05:18:31	05:31:07.95	7:25	8.1
506	ZIEMIAN KRZYSZTOF	786		TARNÓW	POL	M50	36	M 433	00:14:05	03:04:31	04:10:18	05:02:36	05:17:13	05:31:18.55	7:25	8.1
507	KRASOŃ JANUSZ	177	RKM ' SOPELEK'	GŁOGÓW MŁP	POL	M30	191	M 434	00:14:04	03:05:09	04:10:47	05:02:40	05:17:16	05:31:20.35	7:25	8.1
508	SOWA JACEK	720	RZESZOWSKI KLUB MORSÓW SOPELEK	RZESZÓW	POL	M30	191	M 434	00:14:04	03:05:08	04:10:48	05:02:37	05:17:16	05:31:20.35	7:25	8.1
509	GOMÓŁKA WIESŁAW	474		GŁOGÓW MŁP	POL	M50	37	M 436	00:14:04	03:05:45	04:10:49	05:02:36	05:17:16	05:31:20.70	7:25	8.1
510	MICUŁA ZBIGNIEW	690	WOLBROM TEAM	WOLBROM	POL	M50	38	M 437	00:13:52	03:01:02	04:15:35	05:03:44	05:17:32	05:31:24.70	7:25	8.1
511	RESZYTYŁO GRZEGORZ	641		ŁAŃCUT	POL	M40	143	M 438	00:14:24	03:11:58	04:16:45	05:06:02	05:17:48	05:32:12.80	7:26	8.1
512	SZEFER WIKTOR	760	CRAZY DRAGONS	RUDA ŚLĄSKA	POL	M30	193	M 439	00:14:00	03:06:52	04:18:43	05:07:11	05:18:27	05:32:27.10	7:27	8
513	MARSZAŁEK-KOKOT KATARZYNA	410	AKTYWNY DYNÓW	DYNÓW	POL	K30	38	K 74	00:13:59	03:04:47	04:21:34	05:08:00	05:18:52	05:32:51.15	7:27	8
514	GARGAS-MARUT MAŁGORZATA	559	PZU SPORT TEAM	JÓZEFOSŁAW	POL	K40	17	K 75	00:15:28	03:03:57	04:20:28	05:08:17	05:17:23	05:32:51.25	7:27	8
515	GARGAS MAREK	423		WARSZAWA	POL	M20	58	M 440	00:15:28	03:03:59	04:20:28	05:08:18	05:17:24	05:32:52.90	7:27	8
516	THIER DOMINIK J.	287	PZSF	WARSZAWA	POL	M30	194	M 441	00:15:09	03:10:30	04:18:36	05:07:33	05:17:47	05:32:56.45	7:27	8
517	KALINOWSKA DOROTA	518		WARSZAWA	POL	K30	39	K 76	00:15:09	03:10:32	04:18:39	05:07:35	05:17:47	05:32:56.80	7:27	8
518	DROŻDŻ WITOLD	295	POLSKIE HIMALAJE 2018	WARSZAWA	POL	M40	144	M 442	00:12:10	03:01:06	04:04:50	05:02:25	05:21:22	05:33:32.75	7:28	8
519	KRAUSE SYLWIA	26	RADLIM MIASTO Z SERCEM	RADLIN	POL	K40	18	K 77	00:12:08	03:04:55	04:17:48	05:07:09	05:21:56	05:34:04.65	7:29	8
520	KRAUSE DARIUSZ	25	FORMA WODZISŁAW ŚLĄSKI/ RADLIN	RADLIN	POL	M40	145	M 443	00:12:09	03:04:58	04:17:49	05:07:11	05:21:55	05:34:04.85	7:29	8
521	WIŚNIEWSKI MARCIN	544	JANO TECHNIKA SANITARNA	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	146	M 444	00:13:48	03:03:53	04:12:05	05:04:26	05:20:22	05:34:10.60	7:29	8
522	LACHER JOANNA	713	WKURW_TEAM	KRZESZOWICE	POL	K20	15	K 78	00:15:19	03:13:02	04:17:44	05:05:30	05:18:54	05:34:13.25	7:29	8
523	HIPNER MARCIN	398	SPOT PSZCZYNA	BABICE	POL	M30	195	M 445	00:14:28	03:09:44	04:15:13	05:04:11	05:19:47	05:34:15.45	7:29	8
524	PORCZYŃSKA PATRYCJA	289	SPOT PSZCZYNA	PSZCZYNA	POL	K30	40	K 79	00:14:27	03:09:45	04:15:13	05:04:11	05:19:48	05:34:15.65	7:29	8
525	SKOTNICA KAROLINA	288	SPOT PSZCZYNA	PSZCZYNA	POL	K30	41	K 80	00:14:28	03:09:46	04:15:12	05:04:11	05:19:48	05:34:16.05	7:29	8
526	NIEDZIELA MICHAŁ	282		JAROSŁAW	POL	M30	196	M 446	00:14:43	03:13:06	04:17:46	05:06:54	05:19:37	05:34:20.35	7:29	8
527	JAKUBOWSKI WOJCIECH	72	KB GEOTERMIA UNIEJÓW	UNIEJÓW	POL	M40	147	M 447	00:14:30	03:16:39	04:23:33	05:10:07	05:19:51	05:34:21.95	7:29	8
528	PACZKOWSKI BARTOSZ	510	218CREW	SZAMOTUŁY	POL	M40	148	M 448	00:14:18	03:00:57	04:08:17	05:03:29	05:21:09	05:35:27.30	7:31	8
529	PAWLICA PAWEŁ	229	POLSKIE RADIO	LIBIĄŻ	POL	M20	59	M 449	02:59:57	04:02:33	05:02:21			05:36:10.25	7:32	8
530	GRYSZKO PIOTR	540	1,2 TRI DRUŻYNA WILKA	OLSZTYN	POL	M30	197	M 450	00:14:17	03:10:08	04:16:44	05:08:22	05:22:03	05:36:20.95	7:32	8
531	STEFAŃCZYK MONIKA	366	LES FEMMES COURANT DANS LES FOR?TS	KRAKÓW	POL	K30	42	K 81	00:14:31	03:14:49	04:16:38	05:07:51	05:21:52	05:36:23.05	7:32	8
532	KONDZIELNIK MAGDALENA	778		PSZCZYNA	POL	K30	43	K 82	00:11:43	03:06:26	04:14:56	05:08:01	05:24:59	05:36:42.20	7:32	7.9
533	WAKULSKI ANDRZEJ	705	KEREZA LUBLIN	LUBLIN	POL	M30	198	M 451	00:13:31	03:02:59	04:18:48	05:10:05	05:23:15	05:36:46.30	7:33	7.9
534	ZAMOJSKI ADAM	126	ICHTIS	CHMIELNIK	POL	M40	149	M 452	00:13:34	03:04:54	04:22:43	05:10:33	05:23:17	05:36:51.55	7:33	7.9
535	FRUCZ JACEK	348		SOSNOWIEC	POL	M40	150	M 453	00:14:35	03:14:10	04:18:50	05:08:53	05:22:26	05:37:01.75	7:33	7.9
536	BANAŚ MAŁGORZATA	374	RZESZOWSKIE GEPARDY I GAZELE	RZESZÓW	POL	K40	19	K 83	00:14:23	03:14:07	04:16:11	05:08:52	05:23:18	05:37:41.80	7:34	7.9
537	PRZYBYŁ ZBIGNIEW	152	SZURKOWO	MOSINA	POL	M30	199	M 454	00:15:43	03:09:43	04:17:23	05:08:52	05:21:58	05:37:41.95	7:34	7.9
538	STASZEWSKI KAMIL	40		LUBLIN	POL	M30	200	M 455	00:14:51	03:12:52	04:16:46	05:08:40	05:22:54	05:37:45.35	7:34	7.9
539	MARCHEWKA ELŻBIETA	479	BRAK	JASŁO	POL	K40	20	K 84	00:12:55	03:07:47	04:13:36	05:07:32	05:24:58	05:37:53.90	7:34	7.9
540	ŁABĘDZKI BOGUSŁAW	336	SBD ENERGETYK RYBNIK	RYBNIK	POL	M40	151	M 456	00:15:22	03:13:25	04:18:38	05:10:39	05:23:11	05:38:33.00	7:35	7.9
541	FOJCIK ASIA	338	SBD ENERGETYK RYBNIK	RYBNIK	POL	K30	44	K 85	00:15:22	03:13:25	04:18:38	05:10:39	05:23:11	05:38:33.00	7:35	7.9
542	LENART IWA	733		KONSTANCJEN JEZIORNA	POL	K30	45	K 86	00:14:30	03:12:17	04:18:45	05:09:27	05:24:18	05:38:48.10	7:35	7.9
543	KOSNOWSKA KATARZYNA	743		WARSZAWA	POL	K40	21	K 87	00:14:31	03:12:17	04:18:48	05:09:29	05:24:17	05:38:48.40	7:35	7.9
544	PIOTROWSKI MICHAŁ	647		WARSZAWA	POL	M30	201	M 457	00:13:07	02:59:15	04:10:39	05:06:54	05:25:55	05:39:02.45	7:36	7.9
545	BISKUP RAFAŁ	633		WARSZAWA	POL	M40	152	M 458	00:10:46	03:05:40	04:21:06	05:12:02	05:29:35	05:40:21.70	7:37	7.9
546	MARECKI PIOTR	462	KB LOK BOCHNIA	BOCHNIA	POL	M40	153	M 459	00:14:27	03:22:21	04:30:23	05:16:25	05:25:59	05:40:26.75	7:37	7.9
547	BOROWIECKI ŁUKASZ	104		KRAKÓW	POL	M20	60	M 460	00:13:44	03:08:42	04:15:45	05:09:30	05:27:50	05:41:34.05	7:39	7.8
548	CEMPURA LECH	632	CEMPURA LECH	POZNAŃ	POL	M40	154	M 461	00:14:05	03:12:59	04:18:30	05:13:15	05:27:53	05:41:58.25	7:40	7.8
549	CHODOROWSKI ARKADIUSZ	533		ALEKSANDRÓW	POL	M30	202	M 462	00:13:14	03:11:50	04:14:37	05:11:53	05:30:08	05:43:22.30	7:41	7.8
550	RUTKOWSKA MAŁGORZATA	759		GOLUB-DOBRZYŃ	POL	K40	22	K 88	00:14:45	03:13:39	04:19:59	05:13:25	05:28:49	05:43:34.75	7:42	7.8
551	SIKORSKA AGNIESZKA	768		WARSZAWA	POL	K40	23	K 89	00:15:27	03:21:41	04:23:23	05:15:33	05:28:21	05:43:48.30	7:42	7.8
552	DOBRZYŃSKA DARIA	360	BBL	RZESZÓW	POL	K30	46	K 90	00:12:47	03:11:53	04:23:41	05:16:00	05:31:10	05:43:57.75	7:42	7.8
553	ZATORSKI ANDRZEJ	694		STARACHOWICE	POL	M50	39	M 463	00:14:25	03:04:36	04:19:21	05:13:46	05:29:37	05:44:02.15	7:42	7.8
554	DOBKOWSKA ANNA	496	KB GALERIA WARSZAWA	WARSZAWA	POL	K60	2	K 91	00:12:55	03:14:16	04:22:04	05:14:05	05:31:09	05:44:04.80	7:42	7.8
555	GÓRCZYŃSKI PRZEMYSŁAW	433	DREAMTEAM	TUREK	POL	M30	203	M 464	00:15:42	03:12:19	04:26:04	05:15:25	05:28:24	05:44:06.65	7:42	7.8
556	GRZĘDA KRZYSZTOF	54	KALIŃSKA TEAM	NOWA WOLA	POL	M50	40	M 465	00:13:55	03:19:32	04:32:49	05:19:10	05:30:27	05:44:22.75	7:43	7.8

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
557	SŁOMIAK MARIAN	478		GRUDZIADZ	POL	M50	41	M 466	00:14:24	02:58:48	04:19:28	05:14:58	05:30:35	05:44:59.15	7:44	7.8
558	GRZYBEK PIOTR	765	KEREZA LUBLIN	LUBLIN	POL	M40	155	M 467	00:13:56	03:13:10	04:22:36	05:14:30	05:31:47	05:45:43.85	7:45	7.7
559	DUDEK JAN	625	AGRICOMM TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M60	9	M 468	00:14:48	03:15:22	04:23:02	05:15:57	05:31:05	05:45:53.45	7:45	7.7
560	DZIAŁO AGNIESZKA	301		MIELEC	POL	K30	47	K 92	00:13:27	03:22:25	04:23:53	05:15:58	05:32:37	05:46:04.50	7:45	7.7
561	HYJEK ELŻBIETA	302		MIELEC	POL	K40	24	K 93	00:13:27	03:22:22	04:23:54	05:15:57	05:32:37	05:46:04.65	7:45	7.7
562	BATOR MAREK	393		WARSZAWA	POL	M40	156	M 469	00:15:15	03:16:29	04:21:58	05:17:36	05:31:14	05:46:29.30	7:46	7.7
563	JANIK PAWEŁ	725		CHORKÓWKA	POL	M30	204	M 470	00:12:46	02:49:14	04:05:04	05:12:47	05:33:45	05:46:31.90	7:46	7.7
564	JAROSZ-PIWONSKA ALDONA	50		GÓRA KALWARIA	POL	K30	48	K 94	00:13:59	02:59:11	04:16:41	05:18:06	05:32:42	05:46:41.85	7:46	7.7
565	HEJMAN MACIEJ	780	WKURW_TEAM	KRAKÓW	POL	M40	157	M 471	00:13:57	03:15:33	04:25:37	05:18:23	05:34:47	05:48:44.10	7:49	7.7
566	FANSLAU MAREK	717	NIEZRZESZONY	STAROGARD GDAŃSKI	POL	M50	42	M 472	00:12:48	03:17:00	04:28:48	05:18:05	05:36:38	05:49:26.30	7:50	7.7
567	ŁUKASIEWICZ MARCIN	500	KS START PUŁASKI WARKA	WARKA	POL	M40	158	M 473	00:12:49	03:13:34	04:30:20	05:20:41	05:36:46	05:49:35.65	7:50	7.7
568	CZERNIK ANDRZEJ	179		ZABRZE	POL	M60	10	M 474	00:14:37	03:03:08	04:26:23	05:20:24	05:35:29	05:50:06.90	7:50	7.6
569	SIDOROWICZ GRZEGORZ	697	AXA RUNNING TEAM	MARKI	POL	M40	159	M 475	00:12:32	03:15:40	04:22:51	05:19:50	05:38:27	05:50:59.25	7:52	7.6
570	OKAPIEC ALEKSANDRA	737	AXA RUNNING TEAM	WARSZAWA	POL	K30	49	K 95	00:12:32	03:15:41	04:22:54	05:19:51	05:38:27	05:50:59.30	7:52	7.6
571	DOMARADZKA EWA	753		PYSKOWICE	POL	K40	25	K 96	00:14:29	03:18:56	04:28:16	05:21:52	05:37:13	05:51:42.40	7:53	7.6
572	WESTER MIECZYSLAW	612	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	160	M 476	00:14:48	03:24:24	04:32:17	05:21:53	05:37:15	05:52:03.10	7:53	7.6
573	SUWALD ANDRZEJ	754	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M50	43	M 477	00:14:05	03:13:12	04:28:22	05:25:15	05:38:19	05:52:24.15	7:54	7.6
574	BODNIAK TOMASZ	15		USTRZYKI DOLNE	POL	M30	205	M 478	00:13:38	03:22:20	04:32:07	05:22:04	05:38:50	05:52:28.65	7:54	7.6
575	DOMINIK MONIKA	253		BILGORAJ	POL	K30	50	K 97	00:13:38	03:15:12	04:27:51	05:20:44	05:38:59	05:52:37.60	7:54	7.6
576	SZEWIC MARIAN	458	BILGORAJ BIEGA	BILGORAJ	POL	M60	11	M 479	00:13:38	03:15:12	04:27:54	05:20:37	05:38:59	05:52:37.85	7:54	7.6
577	WALASZEK PAWEŁ	609	AGB TORFY	WOLA GRZYMKOWA	POL	M30	206	M 480	00:13:38	03:24:37	04:35:40	05:26:21	05:39:48	05:53:26.85	7:55	7.6
578	SIWIEC TOMASZ	590	BIEGNĘ DLA MARCINA	RZESZÓW	POL	M30	207	M 481	00:12:40	03:24:18	04:34:15	05:27:05	05:44:06	05:56:46.35	7:59	7.5
579	OBARSKI NORBERT	119		KIELCE	POL	M50	44	M 482	00:12:58	03:24:03	04:33:02	05:26:05	05:44:08	05:57:06.65	8:00	7.5
580	SMOLIŃSKA BEATA	194	OBOZYBIEGOWE.PL	WARSZAWA	POL	K50	6	K 98	00:14:47	03:27:22	04:39:11	05:29:54	05:42:30	05:57:17.60	8:00	7.5
581	NIEDZWIEDZI TOMASZ	626		KATOWICE	POL	M40	161	M 483	00:11:45	03:17:16	04:38:30	05:29:06	05:45:46	05:57:31.30	8:00	7.5
582	BANASIEWICZ PAWEŁ	325		SANOK	POL	M30	208	M 484	00:12:28	02:54:09	04:19:43	05:22:36	05:45:19	05:57:47.85	8:01	7.5
583	SZWARCZYŃSKI ŁUKASZ	165		POZNAŃ	POL	M30	209	M 485	00:09:35	03:41:20	04:39:37	05:29:35	05:48:39	05:58:14.55	8:01	7.5
584	NOWICKI JACEK	108	GOREDA	REDA	POL	M50	45	M 486	00:12:56	03:22:48	04:35:18	05:29:13	05:45:33	05:58:29.45	8:02	7.5
585	CWOJDZIŃSKI PIOTR	592	NIGHT RUNNERS	POZNAŃ	POL	M30	210	M 487	00:13:18	03:12:42	04:37:30	05:28:52	05:45:18	05:58:36.60	8:02	7.5
586	ADAMCZEWSKI JAKUB	608	NIGHT RUNNERS	POZNAŃ	POL	M20	61	M 488	00:13:18	03:12:42	04:37:31	05:28:52	05:45:18	05:58:36.75	8:02	7.5
587	MARCINIAK JULIA	88	NIGHT RUNNERS	POZNAŃ	POL	K30	51	K 99	00:13:18	03:12:40	04:37:30	05:28:53	05:45:18	05:58:36.85	8:02	7.5
588	BURACZYŃSKI MICHAŁ	486		POZNAŃ	POL	M30	211	M 489	00:14:38	03:24:34	04:40:34	05:30:24	05:44:15	05:58:53.40	8:02	7.5
589	LATOŚIŃSKA EDYTA	405	NOWA HUTA TEAM	KRAKÓW	POL	K20	16	K 100	00:14:17	03:26:12	04:41:42	05:31:11	05:44:56	05:59:13.40	8:03	7.4
590	WYŻYKOWSKA AGNIESZKA	329		KRAKÓW	POL	K30	52	K 101	00:14:16	03:26:13	04:41:41	05:31:11	05:44:57	05:59:13.60	8:03	7.4
591	GABRIEL ALEKSANDRA	453	NOWA HUTA TEAM	KRAKÓW	POL	K30	53	K 102	00:14:16	03:26:11	04:41:40	05:31:10	05:44:57	05:59:13.80	8:03	7.4
592	KNAPIK JERZY	23	DYSTAS KRAKÓW	KRAKÓW	POL	M60	12	M 490	00:14:22	03:20:18	04:30:57	05:28:52	05:45:02	05:59:24.25	8:03	7.4
593	ADAMOWSKI JACEK	260	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30	212	M 491	00:14:28	03:14:52	04:35:43	05:33:06	05:44:58	05:59:26.80	8:03	7.4
594	JAŁKIEWICZ JULIUSZ	128		WARSZAWA	POL	M30	213	M 492	00:16:18	03:20:30	04:30:50	05:28:51	05:43:34	05:59:52.60	8:04	7.4
595	MACIECHOWSKI ŁUKASZ	501	SPOREST	JASŁO	POL	M30	214	M 493	00:14:12	03:15:43	04:40:20	05:33:16	05:47:54	06:02:06.90	8:07	7.4
596	OKARMA WOJCIECH	454	SPOREST	WARZYCE	POL	M30	215	M 494	00:14:11	03:15:47	04:40:16	05:33:11	05:47:59	06:02:10.15	8:07	7.4
597	GŁUSZCZAK JERZY	481		ŁÓDŹ	POL	M50	46	M 495	00:13:48	03:20:16	04:34:55	05:31:19	05:48:37	06:02:25.55	8:07	7.4
598	KĘDZIOR MICHAŁ	521	DRUŻYNA SZPIKU	RZESZÓW	POL	M20	62	M 496	00:15:04	03:27:55	04:38:28	05:33:32	05:47:52	06:02:56.15	8:08	7.4
599	DZIEPAK DOROTA	387		RZESZÓW	POL	K30	54	K 103	00:15:04	03:27:55	04:38:28	05:33:37	05:47:52	06:02:56.45	8:08	7.4
600	SPYRA ZDZISŁAW	261	ŚLĄSKA OFICYNA Drukarska	PSZCZYNA	POL	M40	162	M 497	00:15:01	03:21:05	04:36:34	05:31:37	05:48:07	06:03:08.05	8:08	7.4
601	JUCHA JACEK	46	CA BROKER/ CA AKTYWNI	GOCZAŁKOWICE	POL	M40	163	M 498	00:15:24	03:27:30	04:37:27	05:31:30	05:47:44	06:03:08.30	8:08	7.4
602	BUGAJSKA-JUCHA RENATA	448	CA AKTYWNI/CA BROKER	GOCZAŁKOWICE ZDRÓJ	POL	K40	26	K 104	00:15:24	03:27:32	04:37:28	05:31:37	05:47:44	06:03:08.50	8:08	7.4
603	CICH KAMIL	82		PRZEMYŚL	POL	M30	216	M 499	00:13:59	02:58:32	04:16:41	05:21:45	05:50:05	06:04:04.55	8:09	7.4
604	APANASIEWICZ BARTOSZ	397	RUNSPACE.PL	BYDGOSZCZ	POL	M30	217	M 500	00:14:41	03:28:53	04:32:39	05:32:20	05:50:00	06:04:41.15	8:10	7.3
605	ZIELIŃSKI MATEUSZ	259	RUN SPACE BYDGOSZCZ	BYDGOSZCZ	POL	M30	217	M 500	00:14:41	03:28:55	04:32:42	05:32:21	05:50:00	06:04:41.15	8:10	7.3
606	PUTAJ RAFAŁ	702	PGB SPORTOWA PACZKA	KRAKÓW	POL	M30	219	M 502	00:14:31	03:28:27	04:48:15	05:38:46	05:50:58	06:05:29.55	8:11	7.3
607	ŚWIĘTOCHOWSKI ARKADIUSZ	84	GRUPA SKROMNYCH BIEGACZY	TARNÓW	POL	M40	164	M 503	00:13:39	03:13:39	04:40:48	05:34:33	05:52:00	06:05:39.65	8:11	7.3
608	WŁODARSKA MAGDALENA	78		TARNÓW	POL	K30	55	K 105	00:13:39	03:24:50	04:40:44	05:34:32	05:52:00	06:05:39.85	8:11	7.3
609	ZDYBEL TOMASZ	509	BADASS RUNNERS	GDAŃSK	POL	M40	165	M 504	00:15:06	03:22:41	04:36:31	05:33:36	05:50:50	06:05:56.85	8:12	7.3

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
610	JACKOWSKA EWA	28	JGB 'SOKÓŁ'	JAROSŁAW	POL	K40	27	K 106	00:14:10	03:19:25	04:35:50	05:34:53	05:52:38	06:06:48.20	8:13	7.3
611	JACKOWSKI JACEK	27	JGB 'SOKÓŁ'	JAROSŁAW	POL	M40	166	M 505	00:14:10	03:19:16	04:35:49	05:34:44	05:52:38	06:06:48.65	8:13	7.3
612	GŁUSZEK MICHAŁ	703		KIELCE	POL	M20	63	M 506	00:09:38	03:08:25	04:29:49	05:33:42	05:58:34	06:08:12.80	8:15	7.3
613	DURA PIOTR	789	WKURW_TEAM	RAKÓW		M40	167	M 507	00:15:19	03:32:24	04:39:12	05:34:21	05:53:40	06:08:59.05	8:16	7.3
614	KILIAN MARCIN	579		KRAKOW	POL	M30	220	M 508	00:12:16	03:12:33	04:25:23	05:31:35	05:56:45	06:09:01.95	8:16	7.3
615	KUNKEL ANNA	677	PGB SPORTOWA PACZKA	GDAŃSK	POL	K40	28	K 107	00:13:10	03:28:27	04:48:08	05:39:52	05:56:23	06:09:33.65	8:17	7.2
616	PIĄTEK ROMAN	701	PGB SPORTOWA PACZKA	KRAKÓW	POL	M40	168	M 509	00:14:34	03:28:26	04:48:12	05:39:51	05:55:04	06:09:38.60	8:17	7.2
617	KŁOPOTOWSKA SOSNA KAŚKA	731	KRAKÓW	KRAKÓW	POL	K40	29	K 108	00:13:49	03:23:32	04:42:32	05:36:47	05:55:52	06:09:41.45	8:17	7.2
618	GEMZIK AGATA	176		KRAKÓW	POL	K30	56	K 109	00:13:50	03:30:34	04:52:23	05:44:03	05:56:06	06:09:56.75	8:17	7.2
619	KONIECZNY JACEK	530	DRUŻYNA SZPIKU	MOSINA	POL	M40	169	M 510	00:15:43	03:09:42	04:41:46	05:37:38	05:54:22	06:10:05.55	8:17	7.2
620	KRYGOWSKI ZBIGNIEW	638	BIEGAM AS LUBACZÓW	LUBACZÓW	POL	M40	170	M 511	00:13:34	03:26:04	04:40:59	05:39:55	05:56:59	06:10:33.35	8:18	7.2
621	CIEŚLIK SEBA	662	TRI ENGINES KRAKÓW	SŁOMNIKI	POL	M20	64	M 512	00:13:54	03:24:13	04:37:17	05:36:31	05:56:53	06:10:47.65	8:18	7.2
622	WARYKIEWICZ GAWEL	603	TRI ENGINES	KRAKÓW	POL	M20	65	M 513	00:13:54	03:24:17	04:37:17	05:37:19	05:56:54	06:10:48.05	8:18	7.2
623	SASIN ANNA	508	RUN VEGAN TEAM	WARSZAWA	POL	K30	57	K 110	00:13:33	03:22:07	04:46:48	05:40:43	05:57:51	06:11:24.45	8:19	7.2
624	GORZOCH JUSTYNA	151	KLUB WYSOKOGÓRSKI WARSZAWA	WARSZAWA	POL	K30	58	K 111	00:13:33	03:22:05	04:46:47	05:40:44	05:57:52	06:11:25.05	8:19	7.2
625	GROCHOWSKI WOJCIECH	512	KW WARSZAWA	WARSZAWA	POL	M30	221	M 514	00:13:33	03:24:00	04:46:47	05:41:56	05:57:52	06:11:25.45	8:19	7.2
626	ŚRODA JANUSZ	178	SPARTANIE DZIECIOM	TARNOWSKIE GÓRY	POL	M50	47	M 515	00:14:49	03:29:48	04:42:27	05:38:48	05:56:58	06:11:47.15	8:20	7.2
627	PYSIEWICZ KRZYSZTOF	190	NIEZRZESZONY	KATOWICE	POL	M50	48	M 516	00:13:43	03:32:08	04:41:19	05:39:46	05:58:13	06:11:56.05	8:20	7.2
628	ZALEWSKI KAROL	488	KOLEBA LUBARTÓW	LUBARTÓW	POL	M30	222	M 517	00:14:15	03:23:59	04:45:23	05:40:19	05:58:12	06:12:27.45	8:21	7.2
629	BOGUCKA JOANNA	770	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	30	K 112	00:14:07	03:14:51	04:48:15	05:41:49	05:58:32	06:12:39.55	8:21	7.2
630	OŚIŃSKI ROBERT	55	NIGHT RUNNERS GLIWICE	ZABRZE	POL	M30	223	M 518	00:14:07	03:14:50	04:48:16	05:41:49	05:58:33	06:12:40.80	8:21	7.2
631	MORAWSKA ANNA	20		WARSZAWA	POL	K60	3	K 113	00:12:47	03:36:38	04:43:34	05:40:58	06:00:00	06:12:47.80	8:21	7.2
632	JABŁOŃSKI KAZIMIERZ	212		PRĄDY	POL	M60	13	M 519	00:12:59	03:31:57	04:47:33	05:42:36	06:00:14	06:13:13.35	8:22	7.2
633	SURMACZ DOROTA	404	BBL	RZESZÓW	POL	K20	17	K 114	00:13:38	03:27:35	04:44:19	05:39:36	06:00:35	06:14:13.45	8:23	7.2
634	WILGA EWA	227	JÓZEFIŃSKA TEAM	KRAKÓW	POL	K20	18	K 115	00:13:06	03:20:24	04:42:28	05:41:26	06:01:42	06:14:48.85	8:24	7.1
635	OBRZUT BARTOSZ	208	ŚREMSKA GRUPA NIEUSTANYCH OPTYMISTÓW	ŚREM	POL	M30	224	M 520	00:15:44	03:22:37	04:41:46	05:38:08	05:59:32	06:15:16.40	8:24	7.1
636	FUNKA ANDRZEJ	58	NKB CHYŻY NOWY TOMYŚL, OTK RZEŹNIK ( ZGŁOSZENIE )	NOWY TOMYŚL	POL	M50	49	M 521	00:14:03	03:31:24	04:44:22	05:44:31	06:03:55	06:17:58.05	8:28	7.1
637	MARZAŁKIEWICZ JOANNA	729	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	K30	59	K 116	00:14:03	03:30:43	04:49:04	05:44:43	06:03:55	06:17:58.30	8:28	7.1
638	KORNET JAKUB	228		ŁOMIANKI	POL	M30	225	M 522	00:13:31	03:13:05	04:35:52	05:36:31	06:04:44	06:18:15.05	8:28	7.1
639	SEREMET BOŻENA	97	BBL KRAKÓW	KRAKÓW	POL	K40	31	K 117	00:13:51	03:28:04	04:45:29	05:45:37	06:06:03	06:19:54.55	8:31	7
640	KOWALCZYK MARIUSZ	47		WARSZAWA	POL	M40	171	M 523	00:13:47	03:07:44	04:45:33	05:45:35	06:06:07	06:19:54.70	8:31	7
641	KOPER JOANNA	221		ŁÓDŹ	POL	K40	32	K 118	00:13:51	03:28:04	04:45:31	05:45:35	06:06:03	06:19:54.85	8:31	7
642	MAZIEC DARIUSZ	105	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	M30	226	M 524	00:14:03	03:33:58	04:47:40	05:48:54	06:11:28	06:25:31.40	8:38	6.9
643	SZULC JOANNA	307	NIGHT RUNNERS	WARSZAWA	POL	K40	33	K 119	00:15:32	03:39:28	04:58:25	05:54:07	06:10:05	06:25:37.20	8:38	6.9
644	BUSZKIEWICZ MIROSLAW	442	KBG OSTROWIEC ŚWIĘTOKRZYSKI	SIENNO	POL	M30	227	M 525	00:15:23	03:37:51	05:00:21	05:54:58	06:10:19	06:25:42.40	8:38	6.9
645	GAWROŃSKI GRZEGORZ	655	KBG OSTROWIEC ŚWIĘTOKRZYSKI	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M50	50	M 526	00:15:19	03:37:50	05:00:19	05:54:55	06:10:23	06:25:42.60	8:38	6.9
646	KOZIOŁ WITOLD	425	KBG OSTROWIEC ŚWIĘTOKRZYSKI	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M50	50	M 526	00:15:21	03:38:13	05:00:16	05:54:56	06:10:21	06:25:42.60	8:38	6.9
647	NOWAK JOANNA	145		KRAKÓW	POL	K30	60	K 120	00:14:37	03:32:02	04:58:46	05:57:38	06:17:54	06:32:31.35	8:48	6.8
648	POKRYWKA STEFAN	790	OTK RZEŹNIK	CISNA		M50	52	M 528	00:09:04	03:27:42	04:59:03	05:57:34	06:23:27	06:32:31.40	8:48	6.8
649	GEMZIK JACEK	175	NIGHT RUNNERS	KRAKÓW	POL	M30	228	M 529	00:13:50	03:30:35	04:52:24	05:56:38	06:19:25	06:33:15.05	8:49	6.8
650	CAGARA PAWEŁ	171		STALOWA WOLA	POL	M30	229	M 530	00:14:36	03:35:19	04:54:24	05:55:45	06:20:46	06:35:22.20	8:51	6.8
651	CUDZIŁO JOANNA	174	PKO BP	STALOWA WOLA	POL	K40	34	K 121	00:14:36	03:35:22	04:54:22	05:56:21	06:20:46	06:35:22.35	8:51	6.8
652	WITKOWSKA JOLANTA	624		WARSZAWA	POL	K40	35	K 122	00:16:33	03:52:09	05:08:29	06:05:04	06:23:47	06:40:20.70	8:58	6.7
653	GAŚIOROWSKA DOROTA	316	WARSZAWA	WARSZAWA	POL	K40	36	K 123	00:16:14	03:37:26	05:04:37	06:04:57	06:24:47	06:41:01.60	8:59	6.7
654	BAKA ELŻBIETA	333	FLY MEYSI	WARSZAWA	POL	K40	37	K 124	00:16:14	03:48:46	05:04:37	06:04:59	06:24:47	06:41:01.80	8:59	6.7
655	ŚNIEŻKO EUGENIUSZ	738	TEAM AKTYWNI Z CUKRZYCĄ	WARSZAWA	POL	M30	230	M 531	00:16:38	03:48:44	05:07:28	06:06:43	06:28:48	06:45:26.90	9:05	6.6
DQ	LIPUS ANDRZEJ	327		KSIAŻENICE	POL	M40	DQ	DQ	DQ	DQ	DQ	DQ	DQ	DQ	0:00	43.7
	ROBEL WOJCIECH	630	TG SOKÓŁ SANOK	SANOK, PODKARPACKIE	POL	M30			00:09:39	02:11:45	02:54:18	DNF	DNF	DNF	-	-

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
	JEŹ MARCIN	388		JEDLICZE	POL	M40			00:09:52 DNF	02:24:34 DNF	03:39:48 DNF	DNF	DNF	DNF	-	-
	TOMCZYK GRZEGORZ	599		RZESZÓW	POL	M20			00:12:28 DNF	02:42:16 DNF	04:12:24 DNF	DNF	DNF	DNF	-	-
	ZIĘBA MARCIN	621		KRAKÓW	POL	M30			00:12:13 DNF	02:51:33 DNF	04:13:28 DNF	DNF	DNF	DNF	-	-
	KOCIOŁEK ANDRZEJ	110	KANCELARIA SPORTOWA STASZEWSKY	OSOWIEC-TRZĘSINA	POL	M40			00:14:45 DNF	03:01:17 DNF	DNF	DNF	DNF	DNF	-	-

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	BONDARA SYLWIA	8	JACEKBIEGA RUNNING TEAM	BYDGOSZCZ	POL	K20	1	K 4	00:09:47	02:12:32	02:51:59	03:27:01	03:46:27.15	03:46:27.15	5:04	11.8
2	SAP KAROLINA	580	NIGHT-RUNNERS GLIWICE	GLIWICE	POL	K20	2	K 8	00:11:24	02:26:25	03:11:31	03:47:14	04:06:34.90	04:06:34.90	5:31	10.9
3	BANACH MAGDA	687		BEDZIN	POL	K20	3	K 13	00:11:46	02:32:35	03:22:19	04:03:13	04:25:58.55	04:25:58.55	5:57	10.1
4	WOJTANOWSKA KAROLINA	617	DREAM CHASER	WETLINA	POL	K20	4	K 14	00:10:24	02:29:05	03:18:30	04:01:35	04:26:22.15	04:26:22.15	5:58	10
5	TERESZKIEWICZ JOANNA	689	PKO BP	CHMIELNIK	POL	K20	5	K 15	00:10:03	02:33:07	03:22:11	04:04:26	04:28:14.45	04:28:14.45	6:00	10
6	WOŹNIACKA JOANNA	262	KRAKÓW	KRAKÓW	POL	K20	6	K 42	00:11:49	02:55:42	03:50:53	04:37:38	05:03:58.80	05:03:58.80	6:48	8.8
7	URBAŃSKA AGNIESZKA	491	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	K20	7	K 45	00:12:48	02:48:34	03:47:27	04:39:31	05:07:33.30	05:07:33.30	6:53	8.7
8	SERAFIN PAULINA	673		RZESZÓW	POL	K20	8	K 46	00:12:42	03:00:04	03:58:30		05:08:57.65	05:08:57.65	6:55	8.7
9	PRZYBYŁO SONIA	141	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K20	9	K 47	00:12:25	02:49:12	03:55:20	04:43:26	05:10:07.15	05:10:07.15	6:57	8.6
10	STRUGAŁA MONIKA	386		DWIKOZY	POL	K20	10	K 50	00:14:35	03:01:25	04:04:19	04:47:58	05:12:39.40	05:12:39.40	7:00	8.6
11	HONKISZ-GODLEWSKA URSZULA	534		KROSNO	POL	K20	11	K 52	00:13:44	02:50:40	03:57:18	04:45:55	05:14:32.75	05:14:32.75	7:03	8.5
12	GOGÓŁ-ŻÓWSKA EDYTA	526		WARSZAWA	POL	K20	12	K 58	00:13:37	03:08:46	04:05:38	04:52:06	05:17:11.00	05:17:11.00	7:06	8.4
13	REGUŁSKA MONIKA	304		ZALEŚIE	POL	K20	13	K 64	00:13:36	03:06:23	04:04:33	04:53:20	05:21:47.90	05:21:47.90	7:12	8.3
14	GÓRNY MAŁGORZATA	548	TRENUJE Z OŁĄ :)	KATOWICE	POL	K20	14	K 65	00:11:22	03:02:25	04:06:17	04:55:24	05:24:54.75	05:24:54.75	7:17	8.2
15	LACHER JOANNA	713	WKURW_TEAM	KRZESZOWICE	POL	K20	15	K 78	00:15:19	03:13:02	04:17:44	05:05:30	05:34:13.25	05:34:13.25	7:29	8
16	LATOŚIŃSKA EDYTA	405	NOWA HUTA TEAM	KRAKÓW	POL	K20	16	K 100	00:14:17	03:26:12	04:41:42	05:31:11	05:59:13.40	05:59:13.40	8:03	7.4
17	SURMACZ DOROTA	404	BBL	RZESZÓW	POL	K20	17	K 114	00:13:38	03:27:35	04:44:19	05:39:36	06:14:13.45	06:14:13.45	8:23	7.2
18	WILGA EWA	227	JÓZEFIŃSKA TEAM	KRAKÓW	POL	K20	18	K 115	00:13:06	03:20:24	04:42:28	05:41:26	06:14:48.85	06:14:48.85	8:24	7.1

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	KRAWIECKI MATEUSZ	583	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	M20	1	M 5	00:07:52	01:53:42	02:28:17	02:58:54	03:17:41.70	03:17:41.70	4:25	13.5
2	KUCHARCZYK TOMASZ	250	WKB META LUBLINIEC	LUBLINIEC	POL	M20	2	M 9	00:08:32	01:57:37	02:32:19	03:06:31	03:25:00.90	03:25:00.90	4:35	13.1
3	KWIATKOWSKI MICHAEL	49		KRAKÓW	POL	M20	3	M 39	00:09:15	02:13:19	02:52:58	03:28:17	03:48:37.95	03:48:37.95	5:07	11.7
4	WILK DAWID	52	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M20	4	M 42	00:08:45	02:03:00	02:45:06	03:24:50	03:49:19.15	03:49:19.15	5:08	11.7
5	ŻYRA MACIEJ	744		JASŁO	POL	M20	5	M 46	00:11:23	02:20:29	02:59:24	03:33:41	03:51:56.55	03:51:56.55	5:12	11.5
6	DOMAGAŁA KAMIL	549	NIGHT RUNNERS ZABRZE	ZABRZE	POL	M20	6	M 48	00:10:48	02:19:23	02:58:59	03:32:53	03:52:15.25	03:52:15.25	5:12	11.5
7	GAICKI MACIEJ	449		KRAKÓW	POL	M20	7	M 51	00:10:16	02:10:58	02:52:34	03:31:03	03:53:13.15	03:53:13.15	5:13	11.5
8	PAWUL WOJTEK	543	GOPR BIESZCZADY	KROSNO	POL	M20	8	M 58	00:08:21	02:09:26	02:55:06	03:33:48	03:54:35.95	03:54:35.95	5:15	11.4
9	DOMIN ŁUKASZ	180	AKTYWNY DYNÓW	DYNÓW	POL	M20	9	M 60	00:12:50	02:20:02	03:01:03	03:36:25	03:55:13.30	03:55:13.30	5:16	11.4
10	REDZIAK ŁUKASZ	57	WKURW_TEAM	SOSNOWIEC	POL	M20	10	M 76	00:09:57	02:18:07	02:59:42	03:37:58	03:59:54.25	03:59:54.25	5:22	11.2
11	WNĘK MAREK	622		JAZOWSKO	POL	M20	11	M 83	00:11:13	02:20:43	03:03:05	03:41:07	04:01:56.05	04:01:56.05	5:25	11.1
12	ZMYSŁOWSKI IGOR	727		CIECIERZYN	POL	M20	12	M 84	00:11:30	02:24:08	03:06:20	03:42:43	04:02:18.50	04:02:18.50	5:25	11
13	MARĆ MARCIN	471	KLUB (SPORTING CLUB NAME)	KRAKÓW	POL	M20	13	M 87	00:12:28	02:28:27	03:09:20	03:44:08	04:02:37.60	04:02:37.60	5:26	11
14	JEZIERSKI-KRUPA MAREK	747		ZABRZE	POL	M20	14	M 90		02:18:48	03:02:36	03:41:29	04:03:07.55	04:03:07.55	5:27	11
15	KONIECZNY RAFAŁ	643		RADLIN	POL	M20	15	M 91	00:10:47	02:23:07	03:05:28	03:42:47	04:03:19.40	04:03:19.40	5:27	11
16	SITEK DANIEL	271		GDAŃSK	POL	M20	16	M 100	00:11:26	02:25:14	03:10:01	03:46:43	04:06:18.15	04:06:18.15	5:31	10.9
17	BUŁA ADAM	740		BYTOM	POL	M20	17	M 102	00:11:28	02:25:20	03:08:24	03:45:06	04:06:30.30	04:06:30.30	5:31	10.9
18	SZADKOWSKI WOJCIECH	692	WARBUD RUNNING TEAM	WARSZAWA	POL	M20	18	M 112	00:12:38	02:24:15	03:07:09	03:47:05	04:08:22.80	04:08:22.80	5:34	10.8

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M20 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
19	BARAN KAMIL	484	KLUB (SPORTING CLUB NAME)	WIDNA GÓRA	POL	M20	19	M 114	00:11:52	02:28:47	03:11:14	03:48:23	04:08:36.40	04:08:36.40	5:34	10.8
20	SOŁODUCHA HUBERT	764	6 BATALION POWIETRZNO DESANTOWY	GLIWICE	POL	M20	20	M 118	00:10:56	02:24:57	03:10:45	03:48:22	04:09:57.15	04:09:57.15	5:36	10.7
21	SOCHACKI MACIEJ	211	ZAMEK DUBIECKO RUNNING TEAM	DUBIECKO	POL	M20	21	M 125	00:12:13	02:24:10	03:08:30	03:49:09	04:11:30.95	04:11:30.95	5:38	10.6
22	BOGUSZ PIOTR	254	12TRI.PL DRUŻYNA WILKA	MRĄGOWO	POL	M20	22	M 126	00:12:57	02:31:03	03:12:45	03:52:14	04:11:43.85	04:11:43.85	5:38	10.6
23	BEM JAKUB	311	NOWA HUTA TEAM	KRAKÓW	POL	M20	23	M 129	00:13:05	02:28:20	03:12:34	03:50:04	04:12:07.15	04:12:07.15	5:39	10.6
24	BRZESKI RAFAŁ	42		ŁÓDŹ	POL	M20	24	M 139	00:10:58	02:21:33	03:09:07	03:51:26	04:16:15.00	04:16:15.00	5:44	10.4
25	MADEJ MATEUSZ	446	RUNNING TEAM HORMANN LEGNICA	WILCZY LAS		M20	25	M 145	00:10:46	02:29:43	03:13:06	03:54:58	04:16:53.50	04:16:53.50	5:45	10.4
26	KUŹMIŃSKI WOJCIECH	424		KROSNO	POL	M20	26	M 147	00:09:28	02:22:04	03:12:54	03:52:44	04:17:13.85	04:17:13.85	5:46	10.4
27	GNATOWSKI PRZEMYSŁAW	319	AXA RUNNING TEAM	WARSZAWA	POL	M20	27	M 156	00:11:06	02:27:42	03:16:24	03:55:49	04:19:04.25	04:19:04.25	5:48	10.3
28	PAJĄK WOJCIECH	475	KLUB (SPORTING CLUB NAME)	BIENKÓWKA	POL	M20	28	M 172	00:10:55	02:30:39	03:17:53	03:58:10	04:21:41.30	04:21:41.30	5:52	10.2
29	ZIELIŃSKI MAREK	232		PRZECZNO	POL	M20	29	M 176	00:12:05	02:34:55	03:20:46	03:59:45	04:22:04.85	04:22:04.85	5:52	10.2
30	GAWRON JANUSZ	651	BRYGADA BESKIDÓW	LIMANOWA	POL	M20	30	M 178	00:09:25	02:24:16	03:17:57	03:58:54	04:22:11.45	04:22:11.45	5:52	10.2
31	WOJAK SZYMON	574		OPOLE	POL	M20	31	M 183	00:12:12	02:25:44	03:12:49	03:57:40	04:24:09.65	04:24:09.65	5:55	10.1
32	WILK DAMIAN	648		KOLBUSZOWA	POL	M20	32	M 187	00:12:58	02:32:43	03:21:03	04:01:13	04:25:50.10	04:25:50.10	5:57	10.1
33	OLESIJUK MICHAŁ	775	TSA SANDOMIERZ	SANDOMIERZ	POL	M20	33	M 228	00:12:46	02:30:36	03:19:35	04:06:44	04:36:34.65	04:36:34.65	6:12	9.7
34	TRETER SEBASTIAN	470	KLUB (SPORTING CLUB NAME)	RZESZÓW	POL	M20	34	M 239	00:12:29	02:35:20	03:31:31	04:15:48	04:38:36.10	04:38:36.10	6:14	9.6
35	GRZEGORCZYK TOMASZ	538		GDAŃSK	POL	M20	35	M 265	00:12:59	02:40:42	03:33:49	04:20:07	04:46:11.45	04:46:11.45	6:25	9.4
36	ZAWADA KRZYSZTOF	416		RZEPEDŹ	POL	M20	36	M 272	00:14:50	02:52:38	03:48:52	04:26:43	04:47:33.20	04:47:33.20	6:26	9.3
37	FURMAN PIOTR	100		KADZIDŁO	POL	M20	37	M 275	00:13:13	02:37:14	03:34:21	04:19:14	04:48:07.15	04:48:07.15	6:27	9.3
38	KOZA JAN	757	LOKOMOTIV MAJDAN, GOPR BIESZCZADY	CISNA	POL	M20	38	M 278	00:10:47	02:35:00	03:30:42	04:21:34	04:48:27.45	04:48:27.45	6:28	9.3
39	KUDŁAK PAWEŁ	654		KRAKÓW	POL	M20	39	M 283	00:12:01	02:43:28	03:37:26	04:22:53	04:49:30.15	04:49:30.15	6:29	9.2
40	BRYKCYŃSKI ŁUKASZ	18	SPORT GURU	WARSZAWA	POL	M20	40	M 297	00:11:23	02:36:01	03:39:42	04:24:38	04:54:54.55	04:54:54.55	6:36	9.1
41	FLIS RADOŚLAW	595		RZESZÓW	POL	M20	41	M 301	00:13:02	02:36:31	03:39:50	04:28:46	04:55:19.25	04:55:19.25	6:37	9.1
42	BARAN MATEUSZ	293		SZYMBARK	POL	M20	42	M 307	00:13:04	02:44:14	03:41:48	04:29:25	04:56:19.95	04:56:19.95	6:38	9
43	KACZOROWSKI MICHAŁ	607	SOUL ADVENTURE	ŁÓDŹ	POL	M20	43	M 318	00:11:01	02:35:37	03:37:55	04:28:04	04:58:01.45	04:58:01.45	6:40	9
44	KUBASIK ŁUKASZ	173	PRZEWORSK	PRZEWORSK	POL	M20	44	M 321	00:13:46	02:53:59	03:49:27	04:36:34	04:59:13.40	04:59:13.40	6:42	8.9
45	HENKIEL BARTOŁMIEJ	749		RZESZÓW	POL	M20	45	M 330	00:13:42	02:49:44	03:50:25	04:36:22	05:00:26.75	05:00:26.75	6:44	8.9
46	CZOPKO KAMIL	326	SAPEX STRONG TEAM	GDYNIA	POL	M20	46	M 339	00:13:17	02:59:55	03:54:28	04:38:33	05:01:37.75	05:01:37.75	6:45	8.9
47	MOĆKO JACEK	606		ZAGNAŃSK	POL	M20	47	M 347	00:13:53	02:53:04	03:50:18	04:37:48	05:05:00.65	05:05:00.65	6:50	8.8
48	DARŁAK ŁUKASZ	569	SMASHING PĄPKINS	RZESZÓW	POL	M20	48	M 351	00:13:03	02:44:04	03:52:28	04:39:33	05:06:09.65	05:06:09.65	6:51	8.7
49	SERZYSKO BARTOSZ	562	AKTYWNA STRONA ŻYCIA	KRAKÓW	POL	M20	49	M 355	00:12:21	02:50:06	03:55:27	04:40:13	05:06:45.50	05:06:45.50	6:52	8.7
50	ANDRES KAMIL	148	TRUSOX	LEŻAJSK	POL	M20	50	M 357	00:12:26	02:48:46	03:54:41	04:41:24	05:07:02.20	05:07:02.20	6:53	8.7
51	URBAŃCZYK KAROL	137	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M20	51	M 365	00:12:25	02:49:28	03:55:19	04:43:25	05:10:08.45	05:10:08.45	6:57	8.6
52	WINIECKI MATEUSZ	553	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	M20	52	M 395	00:13:18	02:58:29	03:57:35	04:48:03	05:16:13.40	05:16:13.40	7:05	8.5
53	ZIEMNIAK MARCIN	437		WARSZAWA	POL	M20	53	M 406	00:13:55	02:59:47	04:04:15	04:52:48	05:19:46.05	05:19:46.05	7:10	8.4
54	NAWARA ARKADIUSZ	575		RUDA ŚLĄSKA	POL	M20	54	M 410	00:12:31	02:50:54	03:55:43	04:49:42	05:20:54.90	05:20:54.90	7:11	8.3
55	MALEC DAWID	396	NIGHT RUNNERS	WOŁCZYN	POL	M20	55	M 411	00:13:30	02:58:11	04:02:21	04:52:42	05:21:07.85	05:21:07.85	7:11	8.3
56	KUROWSKI MICHAŁ	615	NIGHT RUNNERS GLIWICE	RUDA ŚLĄSKA	POL	M20	56	M 420	00:12:55	03:02:25	04:06:17	04:55:23	05:24:50.30	05:24:50.30	7:16	8.2
57	NESTOROWICZ MAKSYMILIAN	297	NESTOR & ZAWADA CLUB	RZEPEDŹ	POL	M20	57	M 431	00:14:50	03:03:58	04:04:24	04:58:37	05:29:13.60	05:29:13.60	7:22	8.1
58	GARGAS MAREK	423		WARSZAWA	POL	M20	58	M 440	00:15:28	03:03:59	04:20:28	05:08:18	05:32:52.90	05:32:52.90	7:27	8
59	PAWLICA PAWEŁ	229	POLSKIE RADIO	LIBIAŹ	POL	M20	59	M 449	02:59:57	04:02:33	05:02:21	05:36:10.25	05:36:10.25	7:32	8	
60	BOROWIECKI ŁUKASZ	104		KRAKÓW	POL	M20	60	M 460	00:13:44	03:08:42	04:15:45	05:09:30	05:41:34.05	05:41:34.05	7:39	7.8
61	ADAMCZEWSKI JAKUB	608	NIGHT RUNNERS	POZNAŃ	POL	M20	61	M 488	00:13:18	03:12:42	04:37:31	05:28:52	05:58:36.75	05:58:36.75	8:02	7.5
62	KĘDZIOR MICHAŁ	521	DRUŻYNA SZPIKU	RZESZÓW	POL	M20	62	M 496	00:15:04	03:27:55	04:38:28	05:33:32	06:02:56.15	06:02:56.15	8:08	7.4
63	GŁUSZEK MICHAŁ	703		KIELCE	POL	M20	63	M 506	00:09:38	03:08:25	04:29:49	05:33:42	06:08:12.80	06:08:12.80	8:15	7.3
64	CIEŚLIK SEBA	662	TRI ENGINES KRAKÓW	SŁOMNIKI	POL	M20	64	M 512	00:13:54	03:24:13	04:37:17	05:36:31	06:10:47.65	06:10:47.65	8:18	7.2
65	WARYKIEWICZ GAWEŁ	603	TRI ENGINES	KRAKÓW	POL	M20	65	M 513	00:13:54	03:24:17	04:37:17	05:37:19	06:10:48.05	06:10:48.05	8:18	7.2
	TOMCZYK GRZEGORZ	599		RZESZÓW	POL	M20			00:12:28	02:42:16	04:12:24	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	BARCEWICZ MARTA	255	12TRI.PL DRUŻYNA WILKA	OLSZTYN	POL	K30	1	K 1	00:08:20	02:07:45	02:44:11	03:15:20	03:33:32.40	03:33:32.40	4:47	12.5
2	ARSENIUK ANNA	2	T.S. OPATRUNKI TORUŃ	GÓRSK, ŻŁAWIEŚ WIELKA	POL	K30	2	K 2	00:08:45	02:07:45	02:46:01	03:19:06	03:37:13.95	03:37:13.95	4:52	12.3
3	PAZDA-POZORSKA GOSIUNIA	400	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K30	3	K 3	00:09:16	02:07:08	02:46:02	03:21:52	03:41:54.20	03:41:54.20	4:58	12.1
4	FARON AGNIESZKA	69	NORAFSPORT	KRAKÓW	POL	K30	4	K 7	00:10:31	02:21:11	03:04:49	03:43:14	04:04:16.00	04:04:16.00	5:28	11
5	ZAJĄC KATARZYNA	686	4K	TARNÓW	POL	K30	5	K 9	00:12:33	02:30:01	03:11:14	03:47:14	04:07:16.40	04:07:16.40	5:32	10.8
6	MAKOWSKA OLGA	735	JACEKBIEGA	WARSZAWA	POL	K30	6	K 10	00:11:26	02:29:51	03:11:43	03:47:51	04:08:35.25	04:08:35.25	5:34	10.8
7	LANGE BEATA-AGATA	487	BIŁGORAJ BIEGA	BIŁGORAJ	POL	K30	7	K 16	00:12:59	02:44:26	03:30:30	04:10:48	04:32:21.00	04:32:21.00	6:06	9.8
8	JANOWSKA ANNA	623	12TRI.PL DRUŻYNA WILKA	OLSZTYN	POL	K30	8	K 17	00:13:38	02:41:30	03:30:24	04:10:49	04:33:02.80	04:33:02.80	6:07	9.8
9	GWIZDAK JUSTYNA	203	WATER TEAM	RZESZÓW	POL	K30	9	K 18	00:10:38	02:31:28	03:27:27	04:09:28	04:34:12.80	04:34:12.80	6:08	9.8
10	ZAKRZEWSKA DOROTA	395	SPELEOKLUB WARSZAWSKI/ATOMÓWKI	WARSZAWA	POL	K30	10	K 19	00:12:02	02:42:43	03:31:41	04:16:43	04:40:45.85	04:40:45.85	6:17	9.5
11	JANERKA MOROŃ MARZKA	401	DZIABNIĘCI	CHORZÓW	POL	K30	11	K 21	00:13:23	02:44:03	03:36:29	04:18:59	04:43:10.20	04:43:10.20	6:20	9.5
12	SZYMURA KAROLINA	736	4K	TARNÓW	POL	K30	12	K 22	00:12:34	02:41:13	03:33:37	04:19:49	04:44:31.35	04:44:31.35	6:22	9.4
13	GRUSZKO ALICJA	528	AKTYWNA STRONA ŻYCIA	KRAKÓW	POL	K30	13	K 23	00:12:37	02:45:15	03:37:55	04:21:27	04:46:09.85	04:46:09.85	6:24	9.4
14	BYLICA PAULINA	83	PGB SPORTOWA PACZKA	KRAKÓW	POL	K30	14	K 24	00:12:37	02:44:14	03:40:48	04:24:34	04:48:34.85	04:48:34.85	6:28	9.3
15	GAJEWSKA MONIKA	35		TORUN	POL	K30	15	K 27	00:12:33	02:55:12	03:45:49	04:27:52	04:51:16.60	04:51:16.60	6:31	9.2
16	WOJCIESZAK EWA	273	BIEGIEM PRZEZ GÓRY	SOSNOWIEC	POL	K30	16	K 30	00:10:43	02:44:39	03:41:18	04:28:49	04:55:57.50	04:55:57.50	6:38	9
17	PAŁACHA ANIA	127	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	17	K 31	00:13:15	02:55:31	03:50:16	04:33:17	04:57:31.50	04:57:31.50	6:40	9
18	ROSZKOWSKA JULITA	265	GRUPA SZALONYCH ROWERZYSTÓW BIAŁYSTOK	BIAŁYSTOK	POL	K30	18	K 33	00:13:12	02:48:13	03:44:30	04:33:57	04:59:19.85	04:59:19.85	6:42	8.9
19	MIERZWA KATARZYNA	756		RZESZÓW	POL	K30	19	K 35	00:12:43	02:54:00	03:48:26	04:34:21	05:00:11.25	05:00:11.25	6:43	8.9
20	KACPERSKA DAGMARA	634	JAKAŚ MASAKRA	ŁÓDŹ	POL	K30	20	K 37	00:14:15	02:56:02	03:51:04	04:38:34	05:01:32.85	05:01:32.85	6:45	8.9
21	DZIAŁABIJ BEATA	649		OLKUSZ	POL	K30	21	K 38	00:11:45	02:56:14	03:51:27	04:37:39	05:01:57.80	05:01:57.80	6:46	8.9
22	SZCZOTKA KATARZYNA	522		PSZCZYNA	POL	K30	22	K 40	00:11:21	02:50:54	03:47:06	04:36:02	05:03:33.55	05:03:33.55	6:48	8.8
23	ZARZYCKA-JASIK MAGDALENA	524	BABY-DOLL.PL	BEDZIN	POL	K30	23	K 41	00:11:55	02:54:37	03:52:17	04:39:08	05:03:58.20	05:03:58.20	6:48	8.8
24	PIEKARSKA ALEKSANDRA	417		OPOCZNO	POL	K30	24	K 43	00:12:43	02:49:12	03:52:44	04:42:21	05:06:36.00	05:06:36.00	6:52	8.7
25	BAJAK MAŁGORZATA	147	ŻYWCEM ZABIEGANI	KRAKÓW	POL	K30	25	K 44	00:12:33	03:00:56	03:58:28	04:42:26	05:07:11.75	05:07:11.75	6:53	8.7
26	WOJCIECHOWSKA KATARZYNA	658	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	26	K 48	00:13:16	02:55:34	03:54:23	04:42:28	05:10:19.80	05:10:19.80	6:57	8.6
27	KAMIŃSKA KAMILA	204		KRAKÓW	POL	K30	27	K 49	00:13:37	03:03:12	04:01:57	04:45:19	05:10:40.25	05:10:40.25	6:57	8.6
28	KOKOSZKA MAGDALENA	305		MIELEC	POL	K30	28	K 54	00:13:11	03:02:48	04:06:29	04:50:44	05:14:46.95	05:14:46.95	7:03	8.5
29	KRAJEWSKA JOANNA	201	ZAPOROWY MARATON	ORELEC	POL	K30	29	K 55	00:12:07	02:59:21	03:59:19	04:49:07	05:15:46.10	05:15:46.10	7:04	8.5
30	CZERWIONKA LIDIA	783		KRAKÓW	POL	K30	30	K 57	00:11:10	02:57:24	03:55:20	04:47:04	05:16:38.00	05:16:38.00	7:05	8.5
31	CZYZEWSKA MARIOLA	602	12TRI.PL DRYZYNA WILKA	OLSZTYN	POL	K30	31	K 59	00:14:05	03:03:02	04:05:35	04:53:32	05:18:42.05	05:18:42.05	7:08	8.4
32	CIEŚLAK DOMINIKA	473		WROCŁAW	POL	K30	32	K 60	00:12:09	03:07:40	04:04:54	04:53:16	05:18:57.85	05:18:57.85	7:09	8.4
33	WOLAŃSKA JOANNA	345	ATOMÓWKI/SPELEOKLUB WARSZAWSKI	WARSZAWA	POL	K30	33	K 67	00:13:27	03:07:51	04:11:17	04:59:57	05:25:59.95	05:25:59.95	7:18	8.2
34	KAMIŃSKA KAROLINA	370	SHELL SBO KRAKÓW / LES FMMES COURANT DANS LES FORETS	KRAKÓW	POL	K30	34	K 68	00:14:31	03:10:49	04:07:59	04:58:56	05:26:42.85	05:26:42.85	7:19	8.2
35	ŻOŁĄDEK ANNA	407		OTWOCK	POL	K30	35	K 69	00:13:01	03:05:15	04:10:41	04:58:33	05:27:04.00	05:27:04.00	7:20	8.2
36	MALICKA ANGELIKA	269		ROKITNO SZLACHECKIE	POL	K30	36	K 70	00:12:45	03:03:04	04:10:40	05:00:13	05:30:38.65	05:30:38.65	7:24	8.1
37	KLUS ANNA	30		RZESZÓW	POL	K30	37	K 73	00:12:36	03:06:38	04:14:07	05:04:46	05:31:07.95	05:31:07.95	7:25	8.1
38	MARSZAŁEK-KOKOT KATARZYNA	410	AKTYWNY DYNÓW	DYNÓW	POL	K30	38	K 74	00:13:59	03:04:47	04:21:34	05:08:00	05:32:51.15	05:32:51.15	7:27	8
39	KALINOWSKA DOROTA	518		WARSZAWA	POL	K30	39	K 76	00:15:09	03:10:32	04:18:39	05:07:35	05:32:56.80	05:32:56.80	7:27	8
40	PORCZYŃSKA PATRYCJA	289	SPOT PSZCZYNA	PSZCZYNA	POL	K30	40	K 79	00:14:27	03:09:45	04:15:13	05:04:11	05:34:15.65	05:34:15.65	7:29	8
41	SKOTNICA KAROLINA	288	SPOT PSZCZYNA	PSZCZYNA	POL	K30	41	K 80	00:14:28	03:09:46	04:15:12	05:04:11	05:34:16.05	05:34:16.05	7:29	8
42	STEFANIĄCZYK MONIKA	366	LES FEMMES COURANT DANS LES FOR?TS	KRAKÓW	POL	K30	42	K 81	00:14:31	03:14:49	04:16:38	05:07:51	05:36:23.05	05:36:23.05	7:32	8
43	KONDZIELNIK MAGDALENA	778		PSZCZYNA	POL	K30	43	K 82	00:11:43	03:06:26	04:14:56	05:08:01	05:36:42.20	05:36:42.20	7:32	7.9
44	FOJCIK ASIA	338	SBD ENERGETYK RYBNIK	RYBNIK	POL	K30	44	K 85	00:15:22	03:13:25	04:18:38	05:10:39	05:38:33.00	05:38:33.00	7:35	7.9
45	LENART IWA	733		KONSTANCJA JEZIORNA	POL	K30	45	K 86	00:14:30	03:12:17	04:18:45	05:09:27	05:38:48.10	05:38:48.10	7:35	7.9
46	DOBRYŃSKA DARIA	360	BBL	RZESZÓW	POL	K30	46	K 90	00:12:47	03:11:53	04:23:41	05:16:00	05:43:57.75	05:43:57.75	7:42	7.8
47	DZIAŁO AGNIESZKA	301		MIELEC	POL	K30	47	K 92	00:13:27	03:22:25	04:23:53	05:15:58	05:46:04.50	05:46:04.50	7:45	7.7
48	JAROSZ-PIWONSKA ALDONA	50		GÓRA KALWARIA	POL	K30	48	K 94	00:13:59	02:59:11	04:16:41	05:18:06	05:46:41.85	05:46:41.85	7:46	7.7
49	OKAPIEC ALEKSANDRA	737	AXA RUNNING TEAM	WARSZAWA	POL	K30	49	K 95	00:12:32	03:15:41	04:22:54	05:19:51	05:50:59.30	05:50:59.30	7:52	7.6
50	DOMINIK MONIKA	253		BIŁGORAJ	POL	K30	50	K 97	00:13:38	03:15:12	04:27:51	05:20:44	05:52:37.60	05:52:37.60	7:54	7.6



## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
51	MARCINIAK JULIA	88	NIGHT RUNNERS	POZNAŃ	POL	K30	51	K 99	00:13:18	03:12:40	04:37:30	05:28:53	05:58:36.85	05:58:36.85	8:02	7.5
52	WYŻYKOWSKA AGNIESZKA	329		KRAKÓW	POL	K30	52	K 101	00:14:16	03:26:13	04:41:41	05:31:11	05:59:13.60	05:59:13.60	8:03	7.4
53	GABRIEL ALEKSANDRA	453	NOWA HUTA TEAM	KRAKÓW	POL	K30	53	K 102	00:14:16	03:26:11	04:41:40	05:31:10	05:59:13.80	05:59:13.80	8:03	7.4
54	DZIEPAK DOROTA	387		RZESZÓW	POL	K30	54	K 103	00:15:04	03:27:55	04:38:28	05:33:37	06:02:56.45	06:02:56.45	8:08	7.4
55	WŁODARSKA MAGDALENA	78		TARNÓW	POL	K30	55	K 105	00:13:39	03:24:50	04:40:44	05:34:32	06:05:39.85	06:05:39.85	8:11	7.3
56	GEMZIK AGATA	176		KRAKÓW	POL	K30	56	K 109	00:13:50	03:30:34	04:52:23	05:44:03	06:09:56.75	06:09:56.75	8:17	7.2
57	SASIN ANNA	508	RUN VEGAN TEAM	WARSZAWA	POL	K30	57	K 110	00:13:33	03:22:07	04:46:48	05:40:43	06:11:24.45	06:11:24.45	8:19	7.2
58	GORZUCH JUSTYNA	151	KLUB WYSOKOGÓRSKI WARSZAWA	WARSZAWA	POL	K30	58	K 111	00:13:33	03:22:05	04:46:47	05:40:44	06:11:25.05	06:11:25.05	8:19	7.2
59	MARZAŁKIEWICZ JOANNA	729	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	K30	59	K 116	00:14:03	03:30:43	04:49:04	05:44:43	06:17:58.30	06:17:58.30	8:28	7.1
60	NOWAK JOANNA	145		KRAKÓW	POL	K30	60	K 120	00:14:37	03:32:02	04:58:46	05:57:38	06:32:31.35	06:32:31.35	8:48	6.8

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	LACHOWSKI ANDRZEJ	9	LACHO TEAM	KRAKÓW	POL	M30	1	M 1	00:07:51	01:47:24	02:18:36	02:47:06	03:04:46.30	03:04:46.30	4:08	14.5
2	DZIEWIŃSKI DAMIAN	660	TG „SOKÓŁ” SANOK	SANOK	POL	M30	2	M 3	00:07:59	01:50:56	02:24:27	02:54:10	03:12:53.65	03:12:53.65	4:19	13.9
3	KRAWCZYK PAWEŁ	3	DARE 2B TEAM	KRAKÓW	POL	M30	3	M 4	00:07:52	01:47:26	02:18:37	02:52:23	03:14:00.95	03:14:00.95	4:20	13.8
4	KOCZWARA TOMEK	264		RADOMYŚL WIELKI	POL	M30	4	M 7	00:08:42	01:56:21	02:30:39	03:01:46	03:18:54.70	03:18:54.70	4:27	13.5
5	CISZCZONIK SEBASTIAN	730	SPORTIVA.PL	RZESZÓW	POL	M30	5	M 8	00:08:32	01:58:07	02:32:22	03:02:10	03:19:19.35	03:19:19.35	4:28	13.4
6	PASIECZNY ROBERT	155	SPRINT GORZYCE	GORZYCE	POL	M30	6	M 10	00:08:54	02:01:32	02:36:40	03:08:02	03:26:01.40	03:26:01.40	4:37	13
7	GAWLIK SŁAWEK	257	MAM-W	KRAKÓW	POL	M30	7	M 12	00:09:55	02:05:03	02:39:40	03:11:13	03:28:33.35	03:28:33.35	4:40	12.8
8	KRZYSZTOŃ MARCIN	10	GMP LASZY / KRAŚNIK	LASY	POL	M30	8	M 13	00:08:53	02:02:04	02:38:42	03:11:06	03:29:04.60	03:29:04.60	4:41	12.8
9	POŻAK GRZEGORZ	455	LUBARTÓWBIEGA.PL	LUBARTÓW	POL	M30	9	M 14	00:09:06	02:03:56	02:40:04	03:11:45	03:30:32.05	03:30:32.05	4:43	12.7
10	GURGUŁ SEBASTIAN	447	AROMAT NÓG	KRAKÓW	POL	M30	10	M 15	00:09:40	02:04:39	02:42:11	03:14:46	03:33:14.75	03:33:14.75	4:46	12.5
11	WALASZCZYK SŁAWOMIR	741		JASŁO	POL	M30	11	M 17	00:08:45	02:04:13	02:42:17	03:15:11	03:34:21.60	03:34:21.60	4:48	12.5
12	ZIOŁO JAROSŁAW	665	SANOK	SANOK	POL	M30	12	M 18	00:09:50	02:06:36	02:44:11	03:16:31	03:35:05.15	03:35:05.15	4:49	12.4
13	PAJDOSZ RAFAŁ	111	KB BIAŁA BIEGA	BIAŁA PODLASKA	POL	M30	13	M 19	00:09:17	02:05:23	02:44:10	03:17:09	03:35:39.05	03:35:39.05	4:50	12.4
14	NITKIEWICZ MARCIN	564	TASOWANIE	PRUSZKÓW	POL	M30	14	M 23	00:09:17	02:07:41	02:45:57	03:19:22	03:38:43.80	03:38:43.80	4:54	12.2
15	ZWIERZCHOWSKI ANDRZEJ	460	BIEGUNKA TEAM	GŁOGÓW MAŁOPOLSKI	POL	M30	15	M 25	00:09:27	02:07:43	02:44:53	03:19:13	03:39:38.75	03:39:38.75	4:55	12.2
16	GIŻA GRZEGORZ	726		RADOMYŚL WIELKI	POL	M30	16	M 26	00:10:09	02:12:43	02:49:13	03:21:07	03:40:02.75	03:40:02.75	4:56	12.2
17	SŁUPEK TOMASZ	114	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M30	17	M 27	00:09:17	02:10:16	02:49:53	03:23:12	03:41:26.05	03:41:26.05	4:57	12.1
18	PAŁKA TOMASZ	195	LUZYX	RZESZÓW	POL	M30	18	M 30	00:11:34	02:07:57	02:46:11	03:22:23	03:43:41.50	03:43:41.50	5:00	12
19	MIEDZIEJEWSKI ANDRZEJ	611	WKURW_TEAM	PRUSZKÓW	POL	M30	19	M 31	00:09:31	02:13:04	02:52:27	03:26:09	03:44:05.85	03:44:05.85	5:01	11.9
20	SADOWSKI KUBA	681		WARSZAWA	POL	M30	20	M 35	00:10:00	02:11:48	02:51:21	03:26:13	03:46:43.55	03:46:43.55	5:05	11.8
21	SŁĘCZKA DAMIAN	220	DIT PRO	RZESZÓW	POL	M30	21	M 36	00:09:15	02:11:28	02:51:55	03:27:33	03:47:20.55	03:47:20.55	5:05	11.8
22	WASYŁÓW JACEK	734	KB IC PRZEMYŚL	PRZEMYŚL	POL	M30	22	M 41	00:11:00	02:13:18	02:55:00	03:29:24	03:49:00.00	03:49:00.00	5:08	11.7
23	PRĘTNIK SŁAWOMIR	554		JEDLICZE	POL	M30	23	M 44	00:10:36	02:13:11	02:53:47	03:30:49	03:51:41.05	03:51:41.05	5:11	11.6
24	SZYMAŃSKI ARKADIUSZ	120		WARSZAWA	POL	M30	24	M 45	00:12:30	02:18:09	02:56:50	03:32:40	03:51:43.90	03:51:43.90	5:11	11.5
25	KRZYCH PIOTR	167	LO LUBACZÓW-BIEGAMY AKADEMIA SPORTU	PIASTOWO	POL	M30	25	M 47	00:12:27	02:20:23	03:00:13	03:33:35	03:52:11.65	03:52:11.65	5:12	11.5
26	JASKÓLSKI PIOTR	349	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M30	26	M 49	00:09:20	02:14:42	02:56:08	03:32:13	03:52:31.75	03:52:31.75	5:12	11.5
27	TYBUREK MICHAŁ	93	BIEGAJĄCY ŚWIDNIK	LUBLIN	POL	M30	27	M 50	00:09:39	02:14:04	02:55:22	03:32:42	03:53:03.25	03:53:03.25	5:13	11.5
28	JANISZEWSKI ARTUR	215	WEŻ NIEPIERDOL	KATOWICE	POL	M30	28	M 55	00:10:35	02:20:02	03:00:49	03:34:21	03:54:00.90	03:54:00.90	5:14	11.4
29	GRYGIERZEC GRZEGORZ	115		KRAKÓW	POL	M30	29	M 56	00:09:51	02:15:23	02:56:57	03:33:22	03:54:27.75	03:54:27.75	5:15	11.4
30	PRĘDKI MIROŚLAW	748		PRZYSIEKI	POL	M30	30	M 57	00:12:25	02:20:22	03:02:50	03:35:42	03:54:32.90	03:54:32.90	5:15	11.4
31	KRZEMIŃSKI MARCIN	482	SPRINT GORZYCE	GORZYCE	POL	M30	31	M 61	00:10:23	02:17:54	02:58:37	03:35:12	03:55:34.40	03:55:34.40	5:16	11.4
32	KOT RAFAŁ	251	WAY BEHIND HORIZON	SZCZYTNÓ	POL	M30	32	M 62	00:10:48	02:19:21	03:00:10	03:35:20	03:55:52.95	03:55:52.95	5:17	11.3
33	SZWAGIERCZAK ANDRZEJ	485	BIEGUSIEM. PL	RUDKI	POL	M30	33	M 64	00:12:40	02:24:22	03:03:47	03:37:52	03:56:38.65	03:56:38.65	5:18	11.3
34	GRĘBOWIEC MATEUSZ	278	TSA SANDOMIERZ	SANDOMIERZ	POL	M30	34	M 65	00:10:44	02:16:59	02:58:38	03:35:31	03:56:46.45	03:56:46.45	5:18	11.3
35	DZIUBAN ŁUKASZ	314	ZAPOROWY MARATOM TEAM	ORELEC	POL	M30	35	M 66	00:09:19	02:17:24	02:59:57	03:36:40	03:56:48.70	03:56:48.70	5:18	11.3
36	POBORCA ŁUKASZ	375		KOLBUSZOWA	POL	M30	36	M 69	00:08:58	02:11:46	02:56:13	03:35:12	03:57:05.70	03:57:05.70	5:18	11.3
37	SZPINDA SEBASTIAN	95	BIŁGORAJ ULTRA TRAIL	BIŁGORAJ	POL	M30	37	M 72	00:10:42	02:16:47	02:57:58	03:36:11	03:58:26.60	03:58:26.60	5:20	11.2
38	KOBIERSKI PIOTR	359	UNIWERSYTECKI KLUB ALPINISTYCZNY	WARSZAWA	POL	M30	38	M 73	00:11:41	02:19:15	03:00:23	03:36:41	03:58:32.05	03:58:32.05	5:20	11.2

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
39	JÓZEFczyk JAKUB	218	FINISZ RYMANÓW	RYMANÓW	POL	M30	39	M 77	00:11:00	02:18:11	03:01:29	03:38:28	04:00:14.20	04:00:14.20	5:23	11.1
40	RYBITWA JAROSŁAW	421		GRODZISK MAZOWIECKI	POL	M30	40	M 78	00:11:11	02:20:26	03:02:23	03:39:27	04:00:26.45	04:00:26.45	5:23	11.1
41	KILIAN MATEUSZ	576	JÓZEFIŃSKA TEAM	KRAKÓW	POL	M30	41	M 79	00:10:13	02:18:54	03:00:03	03:38:40	04:00:34.35	04:00:34.35	5:23	11.1
42	ŁAGOŻNY ŁUKASZ	43	BRUBECK TEAM	SANOK	POL	M30	42	M 80	00:10:59	02:20:40	03:02:46	03:41:04	04:01:19.65	04:01:19.65	5:24	11.1
43	KORZONEK MARCIN	503	SPRINT GORZYCE	GORZYCE	POL	M30	43	M 81	00:09:57	02:18:03	02:58:53	03:39:04	04:01:26.70	04:01:26.70	5:24	11.1
44	WÓJCIK TOMASZ	343	SPRINT GORZYCE	GORZYCE	POL	M30	44	M 88	00:09:57	02:18:47	03:03:04	03:41:10	04:03:04.25	04:03:04.25	5:26	11
45	DUCKI PIOTR	788	OTK	POLKOWICE		M30	45	M 94	00:10:31	02:21:13	03:04:53	03:42:41	04:04:16.05	04:04:16.05	5:28	11
46	KOWALSKI - BARYSZNIKOW MIKOŁAJ	671	KINGRUNNER.COM	PRZYSŁUP	POL	M30	46	M 99	00:10:26	02:20:46	03:06:54	03:45:08	04:05:33.15	04:05:33.15	5:30	10.9
47	PAWŁOWSKI ARKADIUSZ	351		WARSZAWA	POL	M30	47	M 103	00:13:26	02:22:31	03:05:32	03:45:00	04:06:34.40	04:06:34.40	5:31	10.9
48	MICHAŁAK ARTUR	696	PGB SPORTOWA PACZKA	BLONIE	POL	M30	48	M 104	00:10:14	02:16:53	03:00:29	03:43:19	04:06:39.30	04:06:39.30	5:31	10.8
49	WAŁCZYK KRZYSZTOF	724		ŁÓWCE	POL	M30	49	M 107	00:11:52	02:24:32	03:06:52	03:45:48	04:07:18.35	04:07:18.35	5:32	10.8
50	KNOPEK ROBERT	693	KNEDEL BIEGA W GÓRAK	GLIWICE	POL	M30	50	M 108	00:10:01	02:20:30	03:06:29	03:46:31	04:07:57.75	04:07:57.75	5:33	10.8
51	WIECZOREK PIOTR	537		PIOTRKÓW TRYBUNALSKI	POL	M30	51	M 109	00:12:29	02:25:49	03:09:34	03:47:02	04:08:09.45	04:08:09.45	5:33	10.8
52	TRACZ ŁUKASZ	198	AQUAREH WWW.STYLSPA.COM.PL	RADYMNO	POL	M30	52	M 113	00:11:52	02:28:33	03:11:08	03:48:24	04:08:35.60	04:08:35.60	5:34	10.8
53	SKUBIDA ADAM	712		GORZYCE	POL	M30	53	M 115	00:09:56	02:18:06	03:08:23	03:48:16	04:08:42.55	04:08:42.55	5:34	10.8
54	POPIEL ANDRZEJ	545		KRAKÓW	POL	M30	54	M 117	00:09:55	02:18:08	03:08:48	03:47:53	04:09:51.65	04:09:51.65	5:36	10.7
55	ZYGMUNT MARCIN	589	ZYGABIEGA.BLOGSPOT.COM	GRUDZIĄDZ	POL	M30	55	M 119	00:10:30	02:23:56	03:08:31	03:47:44	04:10:21.85	04:10:21.85	5:36	10.7
56	SOBLIK ŁUKASZ	328		RUDA ŚLĄSKA	POL	M30	56	M 120	00:12:30	02:30:05	03:11:32	03:48:21	04:10:42.75	04:10:42.75	5:37	10.7
57	PALUCH TOBIASZ	561	RUNFORFUN RYGLICE	RYGLICE	POL	M30	57	M 123	00:11:12	02:23:05	03:07:33	03:47:47	04:11:02.50	04:11:02.50	5:37	10.7
58	CZWERENKO WOJCIECH	452	SANOK	SANOK	POL	M30	58	M 127	00:11:27	02:22:16	03:08:34	03:49:23	04:11:56.35	04:11:56.35	5:38	10.6
59	KRAJEWSKI JAKUB	200	ZAPOROWY MARATON	ORELEC	POL	M30	58	M 127	00:11:27	02:22:16	03:08:34	03:49:24	04:11:56.35	04:11:56.35	5:38	10.6
60	SMUDA GRZEGORZ	684	POGOŃ ZA CHLEBEM	KATOWICE	POL	M30	60	M 132	00:10:32	02:19:58	03:06:54	03:49:49	04:12:28.85	04:12:28.85	5:39	10.6
61	MYSZKOWSKI SEBASTIAN	637	KALIŃSKATEAM	KONSTANCIN	POL	M30	61	M 134	00:12:39	02:37:04	03:21:35	03:56:03	04:13:20.35	04:13:20.35	5:40	10.6
62	NIŻNIK MARCIN	183	NOWY STYL RUNNING TEAM	MIĘJSCE PIASTOWE	POL	M30	62	M 135	00:09:38	02:20:56	03:06:26	03:51:53	04:13:36.85	04:13:36.85	5:41	10.6
63	BOROWIK TOMASZ	695	ATOM	KRAKÓW	POL	M30	63	M 138	00:12:17	02:26:04	03:11:11	03:53:00	04:15:41.00	04:15:41.00	5:43	10.5
64	PARZYSZEK MARCIN	355	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M30	64	M 143	00:10:16	02:20:38	03:10:54	03:53:33	04:16:34.60	04:16:34.60	5:45	10.4
65	FIJAŁKOWSKI RADOSŁAW	142	CROSSFIT GCW	WARSZAWA	POL	M30	65	M 149	00:10:03	02:23:29	03:13:15	03:55:11	04:17:32.10	04:17:32.10	5:46	10.4
66	PILECKI MACIEJ	750		WROCŁAW	POL	M30	66	M 152	00:15:10	02:30:12	03:16:13	03:56:13	04:18:11.70	04:18:11.70	5:47	10.4
67	CZELEJ RAFAŁ	61	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M30	67	M 153	00:10:57	02:23:44	03:09:51	03:53:34	04:18:13.80	04:18:13.80	5:47	10.4
68	REJ MIROSŁAW	140		MIELEC	POL	M30	68	M 154	00:13:57	02:38:06	03:21:55	03:58:37	04:18:16.40	04:18:16.40	5:47	10.4
69	LONC TOMASZ	139		RZESZÓW	POL	M30	69	M 155	00:13:57	02:38:08	03:21:55	03:58:37	04:18:34.85	04:18:34.85	5:47	10.3
70	MAŚLANKA PIOTR	168		BYDGOSZCZ	POL	M30	70	M 157	00:11:06	02:27:42	03:16:23	03:55:48	04:19:04.40	04:19:04.40	5:48	10.3
71	TURCZANIK FABIAN	344	BIEGUSIEM.PL	ZAMOŚĆ	POL	M30	71	M 159	00:12:35	02:35:16	03:20:36	03:58:58	04:19:36.05	04:19:36.05	5:49	10.3
72	KUSZ TOMASZ	331		JASŁO	POL	M30	72	M 162	00:10:45	02:24:33	03:12:47	03:54:56	04:20:23.25	04:20:23.25	5:50	10.3
73	WIĄCEK MARCIN	317	JSC JASŁO	JASŁO	POL	M30	73	M 164	00:12:02	02:28:08	03:14:12	03:56:00	04:20:26.55	04:20:26.55	5:50	10.3
74	KAMIŃSKI KRZYSZTOF	37	PŁOCK BIEGA NO AGE LIMIT	PŁOCK	POL	M30	74	M 165	00:13:23	02:36:50	03:21:00	03:58:56	04:20:29.45	04:20:29.45	5:50	10.3
75	FIGURA MARCIN	132	KWIDZYN RUN	KWIDZYN	POL	M30	75	M 166	00:12:34	02:37:39	03:21:06	04:00:05	04:20:30.10	04:20:30.10	5:50	10.3
76	FILIPOWICZ JAKUB	368		WYSZKÓW	POL	M30	76	M 168	00:13:25	02:35:04	03:20:58	03:58:57	04:20:39.55	04:20:39.55	5:50	10.3
77	SZCZYRBOWSKI MICHAŁ	385	AKADEMIAROLKARZA.PL	RYBNIK	POL	M30	77	M 169	00:12:31	02:29:55	03:17:32	03:57:54	04:21:09.20	04:21:09.20	5:51	10.2
78	JAWORSKI ŁUKASZ	535		WARSZAWA	POL	M30	78	M 170	00:13:11	02:31:06	03:17:20	03:57:30	04:21:12.00	04:21:12.00	5:51	10.2
79	PLUTA PAWEŁ	394	AKADEMIAROLKARZA MICHAŁ	RYBNIK	POL	M30	79	M 171	00:12:30	02:30:14	03:17:33	03:57:41	04:21:19.20	04:21:19.20	5:51	10.2
80	MILEWSKI MATEUSZ	350	KRAINA WIECZNYCH MROZÓW	MROZY	POL	M30	80	M 175	00:12:09	02:31:29	03:21:29	04:00:19	04:21:55.70	04:21:55.70	5:52	10.2
81	BERGAŃSKI MICHAŁ	614		GRYBÓW	POL	M30	81	M 177	00:13:04	02:31:45	03:17:57	03:58:53	04:22:11.30	04:22:11.30	5:52	10.2
82	KWAS AUGUST	184		RYKI	POL	M30	82	M 179	00:12:09	02:28:56	03:19:44	04:00:35	04:22:25.50	04:22:25.50	5:53	10.2
83	ŁOCHAŃSKI GRZEGORZ	550	BRYŚIE	WARSZAWA	POL	M30	83	M 180	00:11:00	02:26:05	03:16:42		04:23:11.35	04:23:11.35	5:54	10.2
84	WENTLAND TOMASZ	63	NOWA HUTA TEAM	KRAKÓW	POL	M30	84	M 181	00:13:05	02:28:41	03:16:42	04:00:18	04:23:16.40	04:23:16.40	5:54	10.2
85	ROWIŃSKI MICHAŁ	181	LUBAWA KOCHA BIEGAĆ	LUBAWA	POL	M30	85	M 182	00:12:48	02:44:38	03:29:22	04:04:18	04:23:30.30	04:23:30.30	5:54	10.2
86	SKRZYPCZAK PIOTR	721	OTK RZEŃNIK	LUBLIN	POL	M30	86	M 192	00:10:36	02:32:39	03:20:23	04:02:27	04:27:18.65	04:27:18.65	5:59	10
87	URBASEK ŁUKASZ	678		GLIWICE	POL	M30	87	M 195	00:12:50	02:41:59	03:29:00	04:06:25	04:27:32.90	04:27:32.90	5:59	10
88	KIEPIELA DAWID	403	KLUB BIEGACZA FARTLEK	JASTRZĘBIE-ZDRÓJ	POL	M30	88	M 199	00:10:43	02:28:52	03:25:45	04:08:09	04:30:04.25	04:30:04.25	6:03	9.9

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
89	KAZUBSKI PIOTR	714		KRAKÓW	POL	M30	89	M 200	00:13:04	02:28:20	03:17:07	04:03:39	04:30:05.35	04:30:05.35	6:03	9.9
90	KWIATKOWSKI WOJCIECH	92	TSA SANDOMIERZ	SZCZYTNIKI	POL	M30	90	M 201	00:11:10	02:29:11	03:20:04	04:06:38	04:31:15.30	04:31:15.30	6:04	9.9
91	FOLAND BOGUMIŁ	342	SPARTA	WARSZAWA	POL	M30	91	M 205	00:09:05	02:25:59	03:21:26	04:06:13	04:32:08.70	04:32:08.70	6:06	9.8
92	PLOMIŃSKI MARCIN	546	ŁÓDŹ RUNNING TEAM/WKURW_TEAM	SKOTNIKI	POL	M30	92	M 206	00:13:18	02:36:58	03:27:23	04:08:47	04:32:13.35	04:32:13.35	6:06	9.8
93	DZIAŁABIJ KRZYSZTOF	650		OLKUSZ	POL	M30	93	M 208	00:11:45	02:39:55	03:28:04	04:10:07	04:32:20.65	04:32:20.65	6:06	9.8
94	TYLEK KONRAD	267	CRAZY DRAGONS	KRAKÓW	POL	M30	94	M 210	00:13:50	02:38:54	03:29:21	04:10:15	04:32:33.10	04:32:33.10	6:06	9.8
95	RIJ TOMASZ	256	FINISZ RYMANÓW	RYMANÓW ZDRÓJ	POL	M30	95	M 211	00:12:03	02:36:58	03:27:36		04:32:50.80	04:32:50.80	6:07	9.8
96	GWIZDAŁA ŁUKASZ	472	THENATURAT	KRZESZOWICE	POL	M30	96	M 212	00:11:45	02:35:13	03:27:00	04:10:25	04:33:35.10	04:33:35.10	6:08	9.8
97	FLOREK SEBASTIAN	334	NORAFSPORT	GABOŃ	POL	M30	97	M 214	00:13:13	02:37:29	03:27:08	04:09:23	04:34:01.80	04:34:01.80	6:08	9.8
98	SZCZYPIORKOWSKI EMIL	468	GOOD LIFE FITNESS	LUBARTÓW	POL	M30	98	M 219	00:13:31	02:34:38	03:25:05	04:10:29	04:34:35.75	04:34:35.75	6:09	9.7
99	WOJCIESZAK MARCIN	346		ZAGÓRZ	POL	M30	99	M 220	00:12:06	02:37:25	03:27:28	04:11:07	04:35:21.75	04:35:21.75	6:10	9.7
100	PASELA BARTOSZ	699	SMASHING PAPKINS	RZESZÓW	POL	M30	100	M 221	00:12:42	02:36:18	03:27:26	04:11:11	04:35:41.35	04:35:41.35	6:10	9.7
101	HERBA KRYSZTIAN	704	DAR-BUD TEAM	RZESZÓW	POL	M30	101	M 223	00:11:58	02:44:38	03:34:08	04:15:08	04:35:53.95	04:35:53.95	6:11	9.7
102	MATUSIAK MICHAŁ	672	ROWERY MAŁGOŚKA	POZNAŃ	POL	M30	102	M 224	00:13:40	02:44:40	03:33:31	04:14:13	04:35:55.85	04:35:55.85	6:11	9.7
103	GURAZDA KAMIL	495	KLUB (SPORTING CLUB NAME)	PABIANICE	POL	M30	103	M 231	00:14:08	02:42:27	03:32:49	04:13:46	04:37:26.35	04:37:26.35	6:13	9.6
104	KOZERA WALDEMAR	96		KRAKÓW	POL	M30	104	M 233	00:11:24	02:32:38	03:24:57	04:10:42	04:37:34.90	04:37:34.90	6:13	9.6
105	BEDNARCZYK PAWEŁ	406		SANOK	POL	M30	105	M 237	00:12:01	02:33:37	03:23:13	04:10:43	04:38:10.20	04:38:10.20	6:14	9.6
106	BOGACZYK KRZYSZTOF	196	RÓWNE	RÓWNE	POL	M30	106	M 238	00:12:32	02:34:19	03:30:31	04:14:37	04:38:19.15	04:38:19.15	6:14	9.6
107	STOBRAWA RAFAŁ	292	DART BLACHOWNIA	BLACHOWNIA	POL	M30	107	M 243	00:14:01	02:44:52	03:33:13	04:15:05	04:40:30.75	04:40:30.75	6:17	9.5
108	STASZEWSKI MACIEJ	245	JANOWIANKA	JANÓW LUBELSKI	POL	M30	108	M 245	00:12:18	02:26:47	03:35:37	04:17:37	04:41:01.75	04:41:01.75	6:18	9.5
109	WÓJTOWICZ PAFCIO	402	BIEGAJZNA.MI.PL	JANÓW LUBELSKI	POL	M30	109	M 246	00:12:18	02:26:30	03:35:36	04:17:36	04:41:02.00	04:41:02.00	6:18	9.5
110	PSZENICZKA GRZEGORZ	594		NOWY KRĘPIEC	POL	M30	110	M 247	00:11:23	02:36:03	03:30:40	04:14:39	04:41:22.70	04:41:22.70	6:18	9.5
111	KRZYSZTOŃ PIOTR	365	GMP LASY / KRAŚNIK	LASY	POL	M30	111	M 252	00:11:35	02:38:12	03:30:02	04:15:27	04:41:25.70	04:41:25.70	6:18	9.5
112	GAJEWSKI MICHAŁ	552	WET ZA WET	SANOK	POL	M30	112	M 253	00:13:28	02:41:31	03:30:23	04:14:50	04:41:30.05	04:41:30.05	6:18	9.5
113	ŚLIWIŃSKI PAWEŁ	252		MIECHÓW	POL	M30	113	M 254	00:14:30	02:45:59	03:41:47	04:22:19	04:42:44.15	04:42:44.15	6:20	9.5
114	KRAWCZAK KAMIL	515	BIEGUSIEM.PL	DEBLIN	POL	M30	114	M 258	00:12:35	02:40:48	03:36:48	04:19:37	04:43:20.50	04:43:20.50	6:21	9.4
115	KAWĘCKI ŁUKASZ	771		WARSZAWA	POL	M30	115	M 259	00:11:12	02:35:58	03:36:02	04:19:16	04:43:33.30	04:43:33.30	6:21	9.4
116	MIELCZAREK WOJTEK	39		TYCHY	POL	M30	116	M 260	00:13:12	02:46:52	03:38:01	04:20:38	04:44:23.00	04:44:23.00	6:22	9.4
117	HUSZCZO ALEKSANDER	113	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M30	117	M 264	00:13:29	02:42:48	03:37:11	04:20:31	04:45:13.20	04:45:13.20	6:23	9.4
118	DAWID MARIUSZ	109		KADZIDŁO	POL	M30	118	M 274	00:12:42	02:42:31	03:34:22	04:19:14	04:48:07.10	04:48:07.10	6:27	9.3
119	WAWRZYŃIAK MICHAŁ	492	KLUB BIEGACZA WARTA	PAJĘCZNO	POL	M30	119	M 276	00:12:48	02:42:56	03:37:52	04:23:16	04:48:13.95	04:48:13.95	6:27	9.3
120	KACZMARCZYK PIOTR	358	UKS SZKOŁA RAJSKA W KRAKOWIE	KRAKÓW	POL	M30	120	M 279	00:13:19	02:41:26	03:38:00	04:23:41	04:48:48.65	04:48:48.65	6:28	9.3
121	GALUSKIN ALEXEY	652	GRUPA NOMAX	PIEKARY ŚLĄSKIE	RUS	M30	121	M 280	00:12:39	02:42:52	03:39:41	04:27:47	04:48:49.85	04:48:49.85	6:28	9.3
122	MŁODOŻENIEC MIROSŁAW	51	REMBERTÓW TEAM	SOBÓTKA	POL	M30	122	M 282	00:12:36	02:35:43	03:29:01	04:20:08	04:49:00.15	04:49:00.15	6:28	9.3
123	GOLBA ŁUKASZ	11		MIELEC	POL	M30	123	M 284	00:13:29	02:47:41	03:39:11	04:25:17	04:49:50.70	04:49:50.70	6:29	9.2
124	ANTONIAK MICHAŁ	483	PWC	ŁÓDŹ	POL	M30	124	M 286	00:13:43	03:00:06	03:47:54	04:29:25	04:51:52.25	04:51:52.25	6:32	9.2
125	GONTARZ JAROSŁAW	669	TRI ENGINES	KOZIENCE	POL	M30	125	M 287	00:11:09	02:28:19	03:23:43	04:24:47	04:52:04.90	04:52:04.90	6:32	9.2
126	GUT PAWEŁ	464	KB LOK BOCHNIA	BOREK	POL	M30	126	M 288	00:13:21	02:56:32	03:50:33	04:30:02	04:52:11.95	04:52:11.95	6:33	9.2
127	OBROŚLAK GRZEGORZ	715	TRAPER LUBACZÓW	LUBACZÓW	POL	M30	127	M 290	00:12:27	02:38:23	03:36:28	04:25:22	04:53:29.50	04:53:29.50	6:34	9.1
128	STOJANOWSKI DAWID	309	RUNHOGS	TYCHY	POL	M30	128	M 291	00:13:51	02:53:38	03:45:59	04:29:06	04:53:31.80	04:53:31.80	6:34	9.1
129	LEPIARZ MARCIN	781		KRAKÓW	POL	M30	129	M 292		02:43:38	03:40:01	04:27:10	04:53:37.35	04:53:37.35	6:35	9.1
130	KULCZYŃSKI RAFAŁ	502	ROZBIEGANI BUDOWLANI	WARSZAWA	POL	M30	130	M 294	00:12:51	02:46:38	03:43:42	04:27:59	04:53:46.00	04:53:46.00	6:35	9.1
131	ŚLĄCZKA ARKADIUSZ	242	FINISZ RYMANÓW	KROSNO	POL	M30	131	M 298	00:13:16	02:47:22	03:45:20	04:30:11	04:55:08.40	04:55:08.40	6:37	9.1
132	GOSTKOWSKI BARTEK	551		KRAKÓW	POL	M30	132	M 299	00:12:16	02:45:21	03:45:01	04:30:27	04:55:09.50	04:55:09.50	6:37	9.1
133	CHMIEL MICHAŁ	170	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M30	133	M 300	00:12:45	02:47:34	03:44:33	04:31:04	04:55:12.20	04:55:12.20	6:37	9.1
134	ZAWIŚLAK KAZIMIERZ	337		TOMASZÓW LUBELSKI	POL	M30	134	M 305	00:12:08	02:52:46	03:48:50	04:32:33	04:55:52.65	04:55:52.65	6:38	9
135	NALEPKA ZDZISŁAW	272	BIEGIEM PRZEZ GÓRY	SOSNOWIEC	POL	M30	135	M 306	00:10:43	02:44:39	03:41:22	04:28:45	04:55:57.80	04:55:57.80	6:38	9
136	BIEDROŃ WOJCIECH	300	NOWA HUTA TEAM	KRAKÓW	POL	M30	136	M 312	00:13:22	02:48:23	03:43:22	04:30:49	04:57:08.75	04:57:08.75	6:39	9
137	STRZECHA TOMASZ	450	GOŃ ZAJĄCZKA SQAD	CHMIELNIK	POL	M30	137	M 313	00:13:58	02:49:41	03:44:27	04:31:54	04:57:25.35	04:57:25.35	6:40	9
138	GROMADA PIOTR	685	TSA SANDOMIERZ	SANDOMIERZ	POL	M30	138	M 314	00:12:59	02:42:00	03:51:09	04:33:08	04:57:31.35	04:57:31.35	6:40	9
139	OLCZYK CEZARY	45		TYCHY	POL	M30	139	M 315	00:13:12	02:50:20	03:49:01	04:33:28	04:57:34.65	04:57:34.65	6:40	9
140	SIKORSKI PIOTR	755	WF SPORTRUN TEAM	TYCHY	POL	M30	140	M 316	00:13:12	02:49:47	03:48:38	04:33:10	04:57:43.15	04:57:43.15	6:40	9
141	MAKOWSKI MAREK	318	SUPER WTP/PPP	PRUSZKÓW	POL	M30	141	M 324	00:12:57	02:57:26	03:52:26	04:36:27	04:59:51.50	04:59:51.50	6:43	8.9

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
142	MAZUR SŁAWOMIR	389	GRUPETTO GORLICE	GŁOGÓW MAŁOPOLSKI	POL	M30	142	M 325	00:12:43	02:54:02	03:48:25	04:34:15	05:00:11.15	05:00:11.15	6:43	8.9
143	CHARCHUT ROMAN	103		RZESZÓW	POL	M30	143	M 326	00:13:37	02:57:12	03:50:51	04:36:26	05:00:11.55	05:00:11.55	6:43	8.9
144	KOKOT ROMAN	217	AKTYWNY DYNÓW	DYNÓW	POL	M30	144	M 327	00:13:58	02:55:44	03:47:57	04:35:04	05:00:14.20	05:00:14.20	6:43	8.9
145	KOZIÓŁKO TOMASZ	531		SIENIAWA	POL	M30	145	M 328	00:13:12	02:48:23	03:44:21	04:31:47	05:00:14.50	05:00:14.50	6:43	8.9
146	MUNIAK KAMIL	76	KUKUCZSPORT.PL	STALOWA WOLA	POL	M30	146	M 329	00:12:16	02:49:07	03:50:34	04:35:08	05:00:20.80	05:00:20.80	6:44	8.9
147	BUTNY RAFAŁ	411	COMPLEXSPORTS TRIATHLON TEAM	GDYNIA	POL	M30	147	M 331	00:14:46	02:53:58	03:52:12	04:36:20	05:00:26.95	05:00:26.95	6:44	8.9
148	GRUCHAŁA PIOTR	414	POINT	GDYNIA	POL	M30	148	M 332	00:14:47	02:53:59	03:52:13	04:36:27	05:00:27.05	05:00:27.05	6:44	8.9
149	MIROCHA ŁUKASZ	467	UKASZ TEAM	MUCHARZ	POL	M30	149	M 335	00:13:14	02:53:33	03:48:43	04:35:44	05:01:07.45	05:01:07.45	6:45	8.9
150	PIETRYSZYN MARIUSZ	202		KRASICZYN	POL	M30	150	M 337	00:13:46	02:53:58	03:49:27	04:36:33	05:01:22.85	05:01:22.85	6:45	8.9
151	SWACHA PIOTR	567	BIŁGORAJ BIEGA	BIŁGORAJ	POL	M30	151	M 338	00:13:26	02:57:04	03:52:53	04:36:44	05:01:28.15	05:01:28.15	6:45	8.9
152	POPLAWSKI PIOTR	670	PGB SPORTOWA PACZKA	WARSZAWA	POL	M30	152	M 343	00:13:04	03:03:18	04:00:08	04:42:08	05:03:31.75	05:03:31.75	6:48	8.8
153	ORZECHOWSKI BARTOSZ	321	KW WARSZAWA	WARSZAWA	POL	M30	153	M 344	00:12:30	02:47:41	03:48:01	04:38:14	05:03:37.60	05:03:37.60	6:48	8.8
154	WIŚNIEWSKI KRZYSZTOF	210	KEREZA TEAM	ĆMIŁÓW	POL	M30	154	M 348	00:12:56	02:55:38	03:55:03	04:40:05	05:05:31.05	05:05:31.05	6:51	8.8
155	ZYGADLEWICZ GRZEGORZ	418	BIEGAJĄCY ŚWIDNIK	WARSZAWA	POL	M30	155	M 349	00:13:54	02:49:40	03:51:38	04:40:51	05:05:51.40	05:05:51.40	6:51	8.7
156	KOSACKI JACEK	785	GOOD LIFE FITNESS	LUBARTÓW	POL	M30	156	M 350	00:13:33	02:53:08	03:50:48	04:38:21	05:05:55.00	05:05:55.00	6:51	8.7
157	PŁONKA PAWEŁ	761	ŻYWCEM ZABIEGANI	ANDRYCHÓW	POL	M30	157	M 352	00:11:31	02:47:24	03:45:03	04:36:04	05:06:24.85	05:06:24.85	6:52	8.7
158	DYMEK PAWEŁ	779	MIELECKIE BIEGACZE	MIELEC	POL	M30	158	M 353	00:12:51	02:50:29	03:49:15	04:37:17	05:06:35.00	05:06:35.00	6:52	8.7
159	TROJNAR DAMIAN	131	JURZENKA DĘBNO	ŁAŃCUT	POL	M30	159	M 358	00:12:27	02:48:47	03:54:41	04:41:24	05:07:02.35	05:07:02.35	6:53	8.7
160	MĘŻYŃSKI MICHAŁ	619		WARSZAWA	POL	M30	160	M 359	00:14:38	02:53:02	03:55:14	04:40:54	05:07:37.60	05:07:37.60	6:53	8.7
161	BAK MARCIN MICHAŁ	787	ŚWIĘTY SPOKÓJ SANOK	SANOK	POL	M30	161	M 361	00:13:54	02:56:09	03:54:06	04:41:53	05:08:25.50	05:08:25.50	6:54	8.7
162	WOŹNIAK MICHAŁ	688	BANDA GRUDNIA	LUBLIN	POL	M30	162	M 363	00:13:12	02:51:31	03:58:29		05:08:57.95	05:08:57.95	6:55	8.7
163	WISZNIEWSKI KAROL	505	AKS POLONIA WARSZAWA	WARSZAWA	POL	M30	163	M 370	00:13:22	02:52:17	04:04:59	04:49:28	05:11:16.00	05:11:16.00	6:58	8.6
164	RAMM ALEKSANDER	382	SMILEY ULTRAS :)	KRAKÓW	POL	M30	164	M 372	00:12:22	03:00:09	03:59:28	04:47:16	05:11:50.85	05:11:50.85	6:59	8.6
165	KEŚA ANDRZEJ	399		POZNAŃ	POL	M30	165	M 376	00:12:03	02:56:50	03:55:22	04:44:59	05:12:37.35	05:12:37.35	7:00	8.6
166	ARENTEWICZ GRZEGORZ	136	TORUN MULTISPORT TEAM	TORUN	POL	M30	166	M 378	00:14:26	02:55:34	03:54:18	04:42:17	05:12:48.00	05:12:48.00	7:00	8.6
167	PEŁA DARIUSZ	134	TMT SKY-TRANS	TORUŃ	POL	M30	167	M 379	00:14:26	02:55:35	03:54:18	04:42:16	05:12:48.15	05:12:48.15	7:00	8.6
168	JURCZAK DANIEL	214	MIŃSKA GRUPA ROWEROWA	MIŃSK MAZOWIECKI	POL	M30	168	M 383	00:12:09	02:53:25	03:53:59	04:45:38	05:13:46.40	05:13:46.40	7:02	8.5
169	KWARTA TOMASZ	565		JASIONKA	POL	M30	169	M 384	00:12:47	02:50:13	03:52:50	04:43:35	05:14:16.30	05:14:16.30	7:02	8.5
170	ADAMSKI MICHAŁ	36	WOP	JASIONKA	POL	M30	170	M 385	00:12:47	02:49:16	03:52:49	04:44:09	05:14:16.50	05:14:16.50	7:02	8.5
171	SĄŁACIAK MARCIN	332	GLKS RZEPEDŹ	RZEPEDŹ	POL	M30	171	M 386	00:14:49	02:52:38	03:55:04	04:42:20	05:14:40.40	05:14:40.40	7:03	8.5
172	MAZIARZ JAKUB	798	ZABIEGANI MIELEC	MIELEC	M30		172	M 388	00:13:10	03:02:51	04:06:41	04:50:07	05:14:46.95	05:14:46.95	7:03	8.5
173	ZIOŁO PAWEŁ	87	WATRA TEAM	GLIWICE	POL	M30	173	M 389	00:14:34	02:54:43	03:57:33	04:48:07	05:15:20.00	05:15:20.00	7:04	8.5
174	PRZYGÓRZEWSKI JAROSŁAW	792	LESKO	LESKO	POL	M30	174	M 390	00:13:57	02:53:44	03:54:05	04:46:16	05:15:28.95	05:15:28.95	7:04	8.5
175	ZMYSŁOWSKI ŁUKASZ	597		MOTYCZ	POL	M30	175	M 391	00:12:46	02:42:26	03:58:36	04:47:39	05:15:32.45	05:15:32.45	7:04	8.5
176	SMOLIŃSKI PAWEŁ	197	RUGBY KLUB SANOK / SMASHING PAPKINS	SANOK	POL	M30	176	M 393	00:12:07	02:59:22	03:59:19	04:49:05	05:15:46.00	05:15:46.00	7:04	8.5
177	SĄŁAPA KAMIL	494	KLUB (SPORTING CLUB NAME)	GDYNIA	POL	M30	177	M 397	00:13:17	03:04:03	04:03:25	04:50:06	05:16:27.15	05:16:27.15	7:05	8.5
178	NOWAK ŁUKASZ	605		GNIEZNO	POL	M30	178	M 400	00:14:35	03:01:42	04:01:22	04:49:23	05:16:52.15	05:16:52.15	7:06	8.4
179	GÓRNIOWICZ MARCIN	461	MBANK	WARSZAWA	POL	M30	179	M 401	00:13:58	03:07:42	04:08:55	04:53:36	05:17:06.75	05:17:06.75	7:06	8.4
180	MISKÓW MARCIN	79	BIEGAMY Z SERCEM.PL	ŻORY	POL	M30	180	M 404	00:11:45	02:57:26	04:00:15	04:50:06	05:18:34.95	05:18:34.95	7:08	8.4
181	KORBUT RADOŚLAW	280		SIEDLCE	POL	M30	181	M 405	00:14:50	03:03:42	04:06:34	04:53:30	05:19:09.65	05:19:09.65	7:09	8.4
182	SALWA SZYMON	613	SEAAT	STRZYŻÓW	POL	M30	182	M 407	00:14:02	02:56:58	04:04:50	04:53:13	05:20:27.80	05:20:27.80	7:11	8.4
183	DONIEC SEBASTIAN	22	WWW.ADWOKATDONIEC.PL	JASŁO	POL	M30	183	M 412	00:13:18	03:06:09	04:06:30	04:54:11	05:21:22.75	05:21:22.75	7:12	8.3
184	BUCZYŃSKI RADOŚLAW	240	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30	184	M 416	00:12:33	03:00:00	04:04:16	04:55:11	05:22:29.65	05:22:29.65	7:13	8.3
185	FIDOR MICHAŁ	276	RUNHOGS TYCHY	TYCHY	POL	M30	185	M 419	00:13:50	02:56:11	04:02:04	04:54:31	05:24:41.95	05:24:41.95	7:16	8.2
186	KOPCZYŃSKI MACIEJ	558		GDYNIA	POL	M30	186	M 424	00:14:01	03:02:43	04:04:53	04:58:33	05:25:58.05	05:25:58.05	7:18	8.2
187	BARAN JAKUB	299		WARSZAWA	POL	M30	187	M 427	00:15:55	03:07:42	04:07:57	05:01:04	05:27:45.70	05:27:45.70	7:20	8.2
188	ZAKRZEWSKI SZYMON	504		ŁAPY	POL	M30	188	M 428	00:11:40	02:58:09	04:02:36	04:52:30	05:28:48.15	05:28:48.15	7:22	8.1
189	KRASOWSKI ŁUKASZ	130		LEŻAJSK	POL	M30	189	M 429	00:12:38	03:08:17	04:15:02	05:02:48	05:28:54.80	05:28:54.80	7:22	8.1
190	TUTKA MAKSYMILIAN	443	LEŻAJSK	LEŻAJSK	POL	M30	190	M 430	00:12:37	03:08:18	04:15:04	05:02:49	05:28:55.75	05:28:55.75	7:22	8.1
191	KRASOŃ JANUSZ	177	RKM 'SOPELEK'	GŁOGÓW MŁP	POL	M30	191	M 434	00:14:04	03:05:09	04:10:47	05:02:40	05:31:20.35	05:31:20.35	7:25	8.1
192	SOWA JACEK	720	RZESZOWSKI KLUB MORSÓW SOPELEK	RZESZÓW	POL	M30	191	M 434	00:14:04	03:05:08	04:10:48	05:02:37	05:31:20.35	05:31:20.35	7:25	8.1
193	SZEFER WIKTOR	760	CRAZY DRAGONS	RUDA ŚLĄSKA	POL	M30	193	M 439	00:14:00	03:06:52	04:18:43	05:07:11	05:32:27.10	05:32:27.10	7:27	8

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
194	THIER DOMINIK J.	287	PZSF	WARSZAWA	POL	M30	194	M 441	00:15:09	03:10:30	04:18:36	05:07:33	05:32:56.45	05:32:56.45	7:27	8
195	HIPNER MARCIN	398	SPOT PSZCZYNA	BABICE	POL	M30	195	M 445	00:14:28	03:09:44	04:15:13	05:04:11	05:34:15.45	05:34:15.45	7:29	8
196	NIEDZIELA MICHAŁ	282		JAROSŁAW	POL	M30	196	M 446	00:14:43	03:13:06	04:17:46	05:06:54	05:34:20.35	05:34:20.35	7:29	8
197	GRYSZKO PIOTR	540	1,2 TRI DRUŻYNA WILKA	OLSZTYN	POL	M30	197	M 450	00:14:17	03:10:08	04:16:44	05:08:22	05:36:20.95	05:36:20.95	7:32	8
198	WAKULSKI ANDRZEJ	705	KEREZA LUBLIN	LUBLIN	POL	M30	198	M 451	00:13:31	03:02:59	04:18:48	05:10:05	05:36:46.30	05:36:46.30	7:33	7.9
199	PRZYBYŁ ZBIGNIEW	152	SZURKOWO	MOSINA	POL	M30	199	M 454	00:15:43	03:09:43	04:17:23	05:08:52	05:37:41.95	05:37:41.95	7:34	7.9
200	STASZEWSKI KAMIL	40		LUBLIN	POL	M30	200	M 455	00:14:51	03:12:52	04:16:46	05:08:40	05:37:45.35	05:37:45.35	7:34	7.9
201	PIOTROWSKI MICHAŁ	647		WARSZAWA	POL	M30	201	M 457	00:13:07	02:59:15	04:10:39	05:06:54	05:39:02.45	05:39:02.45	7:36	7.9
202	CHODOROWSKI ARKADIUSZ	533		ALEKSANDRÓW	POL	M30	202	M 462	00:13:14	03:11:50	04:14:37	05:11:53	05:43:22.30	05:43:22.30	7:41	7.8
203	GÓRCZYŃSKI PRZEMYSŁAW	433	DREAMTEAM	TUREK	POL	M30	203	M 464	00:15:42	03:12:19	04:26:04	05:15:25	05:44:06.65	05:44:06.65	7:42	7.8
204	JANIK PAWEŁ	725		CHORKÓWKA	POL	M30	204	M 470	00:12:46	02:49:14	04:05:04	05:12:47	05:46:31.90	05:46:31.90	7:46	7.7
205	BODNIAK TOMASZ	15		USTRZYKI DOLNE	POL	M30	205	M 478	00:13:38	03:22:20	04:32:07	05:22:04	05:52:28.65	05:52:28.65	7:54	7.6
206	WALASZEK PAWEŁ	609	AGB TORFY	WOLA GRZYMKOWA	POL	M30	206	M 480	00:13:38	03:24:37	04:35:40	05:26:21	05:53:26.85	05:53:26.85	7:55	7.6
207	SIWIEC TOMASZ	590	BIEGNĘ DLA MARCINA	RZESZÓW	POL	M30	207	M 481	00:12:40	03:24:18	04:34:15	05:27:05	05:56:46.35	05:56:46.35	7:59	7.5
208	BANASIEWICZ PAWEŁ	325		SANOK	POL	M30	208	M 484	00:12:28	02:54:09	04:19:43	05:22:36	05:57:47.85	05:57:47.85	8:01	7.5
209	SZWARCZYŃSKI ŁUKASZ	165		POZNAŃ	POL	M30	209	M 485	00:09:35	03:41:20	04:39:37	05:29:35	05:58:14.55	05:58:14.55	8:01	7.5
210	CWOJDZIŃSKI PIOTR	592	NIGHT RUNNERS	POZNAŃ	POL	M30	210	M 487	00:13:18	03:12:42	04:37:30	05:28:52	05:58:36.60	05:58:36.60	8:02	7.5
211	BURACZYŃSKI MICHAŁ	486		POZNAŃ	POL	M30	211	M 489	00:14:38	03:24:34	04:40:34	05:30:24	05:58:53.40	05:58:53.40	8:02	7.5
212	ADAMOWSKI JACEK	260	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30	212	M 491	00:14:28	03:14:52	04:35:43	05:33:06	05:59:26.80	05:59:26.80	8:03	7.4
213	JAŁKIEWICZ JULIUSZ	128		WARSZAWA	POL	M30	213	M 492	00:16:18	03:20:30	04:30:50	05:28:51	05:59:52.60	05:59:52.60	8:04	7.4
214	MACIECHOWSKI ŁUKASZ	501	SPOREST	JASŁO	POL	M30	214	M 493	00:14:12	03:15:43	04:40:20	05:33:16	06:02:06.90	06:02:06.90	8:07	7.4
215	OKARMA WOJCIECH	454	SPOREST	WARZYCE	POL	M30	215	M 494	00:14:11	03:15:47	04:40:16	05:33:11	06:02:10.15	06:02:10.15	8:07	7.4
216	CICH KAMIL	82		PRZEMYSŁ	POL	M30	216	M 499	00:13:59	02:58:32	04:16:41	05:21:45	06:04:04.55	06:04:04.55	8:09	7.4
217	ZIELIŃSKI MATEUSZ	259	RUN SPACE BYDGOSZCZ	BYDGOSZCZ	POL	M30	217	M 500	00:14:41	03:28:55	04:32:42	05:32:21	06:04:41.15	06:04:41.15	8:10	7.3
218	APANASIEWICZ BARTOSZ	397	RUNSPACE.PL	BYDGOSZCZ	POL	M30	217	M 500	00:14:41	03:28:53	04:32:39	05:32:20	06:04:41.15	06:04:41.15	8:10	7.3
219	PUTAJ RAFAŁ	702	PGB SPORTOWA PACZKA	KRAKÓW	POL	M30	219	M 502	00:14:31	03:28:27	04:48:15	05:38:46	06:05:29.55	06:05:29.55	8:11	7.3
220	KILIAN MARCIN	579		KRAKÓW	POL	M30	220	M 508	00:12:16	03:12:33	04:25:23	05:31:35	06:09:01.95	06:09:01.95	8:16	7.3
221	GROCHOWSKI WOJCIECH	512	KW WARSZAWA	WARSZAWA	POL	M30	221	M 514	00:13:33	03:24:00	04:46:47	05:41:56	06:11:25.45	06:11:25.45	8:19	7.2
222	ZALEWSKI KAROL	488	KOLEBA LUBARTÓW	LUBARTÓW	POL	M30	222	M 517	00:14:15	03:23:59	04:45:23	05:40:19	06:12:27.45	06:12:27.45	8:21	7.2
223	OSIŃSKI ROBERT	55	NIGHT RUNNERS GLIWICE	ZABRZE	POL	M30	223	M 518	00:14:07	03:14:50	04:48:16	05:41:49	06:12:40.80	06:12:40.80	8:21	7.2
224	OBRZUT BARTOSZ	208	ŚREMSKA GRUPA NIEUSTANYCH OPTYMISTÓW	ŚREM	POL	M30	224	M 520	00:15:44	03:22:37	04:41:46	05:38:08	06:15:16.40	06:15:16.40	8:24	7.1
225	KORNET JAKUB	228		ŁOMIANKI	POL	M30	225	M 522	00:13:31	03:13:05	04:35:52	05:36:31	06:18:15.05	06:18:15.05	8:28	7.1
226	MAZIEC DARIUSZ	105	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	M30	226	M 524	00:14:03	03:33:58	04:47:40	05:48:54	06:25:31.40	06:25:31.40	8:38	6.9
227	BUSZKIEWICZ MIROSLAW	442	KGB OSTROWIEC ŚWIETOKRZYSKI	SIENNO	POL	M30	227	M 525	00:15:23	03:37:51	05:00:21	05:54:58	06:25:42.40	06:25:42.40	8:38	6.9
228	GEMZIK JACEK	175	NIGHT RUNNERS	KRAKÓW	POL	M30	228	M 529	00:13:50	03:30:35	04:52:24	05:56:38	06:33:15.05	06:33:15.05	8:49	6.8
229	CAGARA PAWEŁ	171		STALOWA WOLA	POL	M30	229	M 530	00:14:36	03:35:19	04:54:24	05:55:45	06:35:22.20	06:35:22.20	8:51	6.8
230	ŚNIEŻKO EUGENIUSZ	738	TEAM AKTYWNI Z CUKRZYCĄ	WARSZAWA	POL	M30	230	M 531	00:16:38	03:48:44	05:07:28	06:06:43	06:45:26.90	06:45:26.90	9:05	6.6
	ROBEL WOJCIECH	630	TG SOKÓŁ SANOK	SANOK, PODKARPACKIE	POL	M30			00:09:39 DNF	02:11:45 DNF	02:54:18 DNF	DNF	DNF	DNF	-	-
	ZIĘBA MARCIN	621		KRAKÓW	POL	M30			00:12:13 DNF	02:51:33 DNF	04:13:28 DNF	DNF	DNF	DNF	-	-

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	OLCHAWA JOANNA	776	N	KRAKÓW	POL	K40	1	K 5	00:08:54	02:11:55	02:52:10	03:27:48	03:47:39.30	03:47:39.30	5:06	11.8
2	DESSAUER WIOLETTA	5	LUBARTOWBEGA	LUBARTÓW	POL	K40	2	K 6	00:09:40	02:14:00	02:53:58	03:28:58	03:48:14.55	03:48:14.55	5:07	11.7
3	MALINOWSKA IWONA	294		BYTOM	POL	K40	3	K 11	00:12:34	02:28:37	03:14:50	03:54:57	04:17:47.05	04:17:47.05	5:46	10.4
4	ZĄBIK DANA	90		TORUŃ	POL	K40	4	K 20	00:12:29	02:45:06	03:34:29	04:17:33	04:41:30.30	04:41:30.30	6:18	9.5
5	ORACZ SYLWIA	122		TARNÓW	POL	K40	5	K 25	00:13:39	02:48:18	03:41:04	04:25:41	04:50:56.20	04:50:56.20	6:31	9.2
6	BOROWSKA-PAWLUŚ EWELINA	277	JSC JASŁO	JASŁO	POL	K40	6	K 26	00:12:24	02:45:41	03:40:30	04:26:24	04:50:57.65	04:50:57.65	6:31	9.2
7	JĘDRZEJOWSKA-DEC ANNA	763	OTK RZEŹNIK	GLIWICE	POL	K40	7	K 28	00:12:15	02:44:41	03:40:53	04:27:09	04:52:37.70	04:52:37.70	6:33	9.1

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
8	BOROWIEC JOANNA	635	NIGHT RUNNERS	KRAKÓW	POL	K40	8	K 29	00:12:28	02:49:26	03:44:26	04:29:00	04:55:39.50	04:55:39.50	6:37	9.1
9	SZWAJKA ANETA	435	SZWAJKOZAZAJEBIOZA	STALOWA WOLA	POL	K40	9	K 32	00:12:21	02:49:22	03:46:40	04:32:37	04:59:04.60	04:59:04.60	6:42	8.9
10	KOSSAKOWSKA KATARZYNA	123		WARSZAWA	POL	K40	10	K 36	00:12:31	02:55:29	03:49:28	04:35:56	05:00:36.85	05:00:36.85	6:44	8.9
11	KASZYCKA RENATA	14		USTRZYKI DOLNE	POL	K40	11	K 39	00:13:00	02:53:10	03:55:52	04:38:50	05:02:11.05	05:02:11.05	6:46	8.9
12	SARAT EWA	125		TARNÓW	POL	K40	12	K 51	00:13:39	03:03:49	04:01:32	04:46:27	05:13:14.60	05:13:14.60	7:01	8.5
13	LESZCZYŃSKA IWONA	585	AIR CONSULTING	CELESTYNÓW	POL	K40	13	K 61	00:14:46	03:03:47	04:06:09	04:53:22	05:20:50.75	05:20:50.75	7:11	8.3
14	SAKOWSKA ANETA	154	MARATONKA GRAJEWO	WARSZAWA	POL	K40	14	K 66	00:13:14	03:02:33	04:10:10	04:58:09	05:24:58.30	05:24:58.30	7:17	8.2
15	SZUSZKIEWICZ MARZENA	419		WARSZAWA	POL	K40	15	K 71	00:14:28	03:05:18	04:15:08	05:02:41	05:30:43.80	05:30:43.80	7:24	8.1
16	ŻACZEK ANNA	578	BIEGUSIEM.PL	RYKI	POL	K40	16	K 72	00:12:40	03:06:37	04:14:07	05:04:45	05:31:07.65	05:31:07.65	7:25	8.1
17	GARGAS-MARUT MAŁGORZATA	559	PZU SPORT TEAM	JÓZEFOSŁAW	POL	K40	17	K 75	00:15:28	03:03:57	04:20:28	05:08:17	05:32:51.25	05:32:51.25	7:27	8
18	KRAUSE SYLWIA	26	RADLIM MIASTO Z SERCEM	RADLIN	POL	K40	18	K 77	00:12:08	03:04:55	04:17:48	05:07:09	05:34:04.65	05:34:04.65	7:29	8
19	BANAŚ MAŁGORZATA	374	RZESZOWSKIE GEPARDY I GAZELE	RZESZÓW	POL	K40	19	K 83	00:14:23	03:14:07	04:16:11	05:08:52	05:37:41.80	05:37:41.80	7:34	7.9
20	MARCHEWKA ELŻBIETA	479	BRAK	JASŁO	POL	K40	20	K 84	00:12:55	03:07:47	04:13:36	05:07:32	05:37:53.90	05:37:53.90	7:34	7.9
21	KOSNOWSKA KATARZYNA	743		WARSZAWA	POL	K40	21	K 87	00:14:31	03:12:17	04:18:48	05:09:29	05:38:48.40	05:38:48.40	7:35	7.9
22	RUTKOWSKA MAŁGORZATA	759		GOLUB-DOBRYŃ	POL	K40	22	K 88	00:14:45	03:13:39	04:19:59	05:13:25	05:43:34.75	05:43:34.75	7:42	7.8
23	SIKORSKA AGNIESZKA	768		WARSZAWA	POL	K40	23	K 89	00:15:27	03:21:41	04:23:23	05:15:33	05:43:48.30	05:43:48.30	7:42	7.8
24	HYJEK ELŻBIETA	302		MIELEC	POL	K40	24	K 93	00:13:27	03:22:22	04:23:54	05:15:57	05:46:04.65	05:46:04.65	7:45	7.7
25	DOMARADZKA EWA	753		PYSKOWICE	POL	K40	25	K 96	00:14:29	03:18:56	04:28:16	05:21:52	05:51:42.40	05:51:42.40	7:53	7.6
26	BUGAJSKA-JUCHA RENATA	448	CA AKTYWNI/CA BROKER	GOCZAŁKOWICE ZDRÓJ	POL	K40	26	K 104	00:15:24	03:27:32	04:37:28	05:31:37	06:03:08.50	06:03:08.50	8:08	7.4
27	JACKOWSKA EWA	28	JGB 'SOKÓL'	JAROSŁAW	POL	K40	27	K 106	00:14:10	03:19:25	04:35:50	05:34:53	06:06:48.20	06:06:48.20	8:13	7.3
28	KUNKEL ANNA	677	PGB SPORTOWA PACZKA	GDAŃSK	POL	K40	28	K 107	00:13:10	03:28:27	04:48:08	05:39:52	06:09:33.65	06:09:33.65	8:17	7.2
29	KŁOPOTOWSKA SOSNA KAŚKA	731		KRAKÓW	POL	K40	29	K 108	00:13:49	03:23:32	04:42:32	05:36:47	06:09:41.45	06:09:41.45	8:17	7.2
30	BOGUCA JOANNA	770	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	30	K 112	00:14:07	03:14:51	04:48:15	05:41:49	06:12:39.55	06:12:39.55	8:21	7.2
31	SEREMET BOŻENA	97	BBL KRAKÓW	KRAKÓW	POL	K40	31	K 117	00:13:51	03:28:04	04:45:29	05:45:37	06:19:54.55	06:19:54.55	8:31	7
32	KOPER JOANNA	221		ŁÓDŹ	POL	K40	32	K 118	00:13:51	03:28:04	04:45:31	05:45:35	06:19:54.85	06:19:54.85	8:31	7
33	SZULC JOANNA	307	NIGHT RUNNERS	WARSZAWA	POL	K40	33	K 119	00:15:32	03:39:28	04:58:25	05:54:07	06:25:37.20	06:25:37.20	8:38	6.9
34	CUDZIŁO JOANNA	174	PKO BP	STALOWA WOLA	POL	K40	34	K 121	00:14:36	03:35:22	04:54:22	05:56:21	06:35:22.35	06:35:22.35	8:51	6.8
35	WITKOWSKA JOLANTA	624		WARSZAWA	POL	K40	35	K 122	00:16:33	03:52:09	05:08:29	06:05:04	06:40:20.70	06:40:20.70	8:58	6.7
36	GAŚIOWSKA DOROTA	316	WARSZAWA	WARSZAWA	POL	K40	36	K 123	00:16:14	03:37:26	05:04:37	06:41:01.60	06:41:01.60	8:59	6.7	
37	BAKA ELŻBIETA	333	FLY MEYSI	WARSZAWA	POL	K40	37	K 124	00:16:14	03:48:46	05:04:37	06:04:59	06:41:01.80	06:41:01.80	8:59	6.7

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	CZYŻ GRZEGORZ	7	GRUPA AZOTY -AUTOMATYKA TARNÓW	BOGUMIŁOWICE	POL	M40	1	M 2	00:08:04	01:50:52	02:22:13	02:49:27	03:05:51.50	03:05:51.50	4:10	14.4
2	WIERNUSZ KRZYSZTOF	499	FINISZ RYMANÓW	POSADA GÓRNA	POL	M40	2	M 6	00:08:37	01:57:55	02:32:20	03:01:41	03:17:44.20	03:17:44.20	4:26	13.5
3	ŚLASKI RADOŚLAW	542	WKURW_TEAM	STRZYŻÓW	POL	M40	3	M 11	00:09:22	02:04:44	02:39:57	03:10:19	03:27:40.35	03:27:40.35	4:39	12.9
4	HADAM JACEK	94	PRZEMYSKI KLUB BIEGACZA	CIESZANÓW	POL	M40	4	M 16	00:09:51	02:06:57	02:44:11	03:16:04	03:33:26.65	03:33:26.65	4:47	12.5
5	KOZŁOWSKI GABRIEL	339	BOBR TŁUSZCZ	TŁUSZCZ	POL	M40	5	M 20	00:08:52	02:02:02	02:39:50	03:15:47	03:37:02.25	03:37:02.25	4:51	12.3
6	GOŁEMBIEWSKI MAREK	680	MUKS PIĘTNASTKA/B4SPORT	BYDGOSZCZ	POL	M40	6	M 21	00:09:33	02:10:09	02:47:34	03:20:36	03:38:09.40	03:38:09.40	4:53	12.3
7	TYLEK RAFAŁ	236		KRAKÓW	POL	M40	7	M 22	00:12:04	02:13:00	02:48:39	03:20:26	03:38:19.95	03:38:19.95	4:53	12.3
8	KUCZOK MIROŚLAW	16	FORMA WODZISŁAW ŚLĄSKI/MARATONY POLSKIE	WODZISŁAW ŚLĄSKI	POL	M40	8	M 28	00:09:16	02:07:12	02:46:05	03:22:39	03:41:49.60	03:41:49.60	4:58	12.1
9	PORĘBSKI RAFAŁ	62	PORANNY PATROL	ZAWADA	POL	M40	9	M 32	00:08:39	02:09:57	02:48:35	03:23:31	03:44:21.05	03:44:21.05	5:01	11.9
10	CICHOŃ MACIEJ	144	42.195 WEJHEROWO	REDA	POL	M40	10	M 33	00:09:40	02:10:52	02:50:32	03:25:12	03:44:50.60	03:44:50.60	5:02	11.9
11	BIAŁECKI KRZYSZTOF	102	BARLINEK	MYŚLIBÓRZ	POL	M40	11	M 37	00:10:20	02:12:13	02:50:55	03:27:52	03:48:06.45	03:48:06.45	5:06	11.7
12	POLAK STANISŁAW	75	MBANK	KRAKÓW	POL	M40	12	M 38	00:09:50	02:15:22	02:54:35	03:29:22	03:48:19.70	03:48:19.70	5:07	11.7
13	SLADCEK ANDRZEJ	582		CZECHOWICE-DZIEDZIC E	POL	M40	13	M 40	00:09:19	02:11:39	02:52:02	03:27:52	03:48:53.85	03:48:53.85	5:07	11.7
14	GOTFRYD ADAM	683		JASŁO	POL	M40	14	M 43	00:10:10	02:13:59	02:54:07	03:29:11	03:49:37.30	03:49:37.30	5:08	11.7
15	LESZCZYŃSKI ANDRZEJ	191	BODY CLUB MŁAWA	MŁAWA	POL	M40	15	M 52	00:11:47	02:16:11	02:56:58	03:33:24	03:53:17.05	03:53:17.05	5:13	11.5
16	JĄSTRZĄB PIOTR	187	DEKAN LESKO	LESKO	POL	M40	16	M 53	00:09:16	02:12:56	02:53:45	03:32:22	03:53:24.60	03:53:24.60	5:13	11.5
17	BEDNARZ BOGDAN	762	ŻYWCEM ZABIEGANI	ŻYWIEC	POL	M40	17	M 63	00:11:01	02:19:48	03:01:05	03:36:42	03:56:05.85	03:56:05.85	5:17	11.3

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
18	MAZURKIEWICZ TOMASZ	642	ZAPOROWY MARATON TEAM	SANOK	POL	M40	18	M 67	00:09:19	02:17:25	02:59:56	03:36:39	03:56:48.90	03:56:48.90	5:18	11.3
19	LESIK KRZYSZTOF	89	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚLĄSKI	POL	M40	19	M 68	00:09:16	02:12:36	03:00:16	03:36:18	03:57:02.40	03:57:02.40	5:18	11.3
20	MURAK ROBERT	38		ŁĘCZNA	POL	M40	20	M 70	00:11:48	02:19:46	03:01:04	03:38:02	03:57:31.90	03:57:31.90	5:19	11.3
21	MAŚLANKA JACEK	372	JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓŁ'	JAROSŁAW	POL	M40	21	M 71	00:11:54	02:21:23	03:03:04	03:38:03	03:58:06.05	03:58:06.05	5:20	11.2
22	ZAMOJSKI ROBERT	392		GLIWICE	POL	M40	22	M 74	00:10:38	02:21:57	03:02:22	03:38:23	03:58:44.40	03:58:44.40	5:21	11.2
23	JANDZIŚ WIESŁAW	352	AKTYWNY DYNÓW	DYNÓW	POL	M40	23	M 75	00:12:50	02:20:03	03:01:03	03:38:48	03:58:49.65	03:58:49.65	5:21	11.2
24	KACZOREK MARCIN	117	VW GRUPA KACZOREK	JÓZEFÓW	POL	M40	24	M 82	00:10:54	02:19:31	03:03:24	03:40:58	04:01:42.90	04:01:42.90	5:25	11.1
25	SUŁKOWSKI MACIEJ	238		JAROSŁAW	POL	M40	25	M 85	00:11:52	02:24:00	03:05:22	03:41:10	04:02:22.50	04:02:22.50	5:26	11.1
26	NIESYN ADAM	383	SPRINT GORZYCE	GORZYCE	POL	M40	26	M 89	00:09:57	02:17:43	03:03:03	03:41:09	04:03:04.45	04:03:04.45	5:26	11.1
27	SZWAJKA ROBERT	434		STALOWA WOLA	POL	M40	27	M 92	00:11:06	02:20:24	03:03:28	03:42:32	04:03:49.90	04:03:49.90	5:28	11.1
28	SMOLUCH RYSZARD	489		ZAMOŚĆ	POL	M40	28	M 93	00:11:08	02:19:55	03:01:32	03:42:33	04:04:12.80	04:04:12.80	5:28	11.1
29	MAJEWSKI PIOTR	784	MELEX TEAM	JASŁO	POL	M40	29	M 95	00:11:22	02:23:10	03:06:30	03:43:21	04:04:17.20	04:04:17.20	5:28	11.1
30	DWORAKOWSKI ANDRZEJ	384	ŁAPSCY LAJTOWCY	ŁAPY	POL	M40	30	M 97	00:11:40	02:20:57	03:03:31	03:42:34	04:04:53.25	04:04:53.25	5:29	10.9
31	PASTWA GRZEGORZ	797	ULTRA BESKID SPORT	JASZENICA	POL	M40	31	M 98	00:10:28	02:22:34	03:08:47	03:44:43	04:04:59.70	04:04:59.70	5:29	10.9
32	WÓJCIK TOMASZ	529	ATYWNA STRONA ŻYCIA	KRAKÓW	POL	M40	32	M 101	00:12:21	02:30:20	03:11:14	03:46:56	04:06:19.30	04:06:19.30	5:31	10.9
33	SZYK ARTUR	237	JGB SOKÓŁ JAROSŁAW	JAROSŁAW	POL	M40	33	M 105	00:11:53	02:23:14	03:06:53	03:45:03	04:06:51.95	04:06:51.95	5:32	10.8
34	PACHO SYLWESTER	219	PAPIKI	GRYBÓW	POL	M40	34	M 110	00:10:32	02:25:28	03:11:57	03:48:04	04:08:13.05	04:08:13.05	5:33	10.8
35	KONIAK MICHAŁ	68		BRZEG	POL	M40	35	M 111	00:10:17	02:24:10	03:07:48	03:47:39	04:08:17.45	04:08:17.45	5:34	10.8
36	PINDUR GRZEGORZ	268		POZNAŃ	POL	M40	36	M 116	00:10:24	02:21:37	03:07:13	03:47:15	04:09:22.95	04:09:22.95	5:35	10.7
37	GOSTYŃSKI KRZYSZTOF	675	GOSTYŃSCY TEAM	KRAKÓW	POL	M40	37	M 121	00:12:41	02:24:37	03:10:26	03:49:25	04:10:51.00	04:10:51.00	5:37	10.7
38	KRUPA GRZEGORZ	774	KB SOBÓTKA	STRZEGOMIANY	POL	M40	38	M 122	00:14:37	02:27:28	03:11:17	03:49:45	04:10:56.40	04:10:56.40	5:37	10.7
39	RAMS TADEUSZ	604	TEAM WOLBROM	WOLBROM	POL	M40	39	M 130	00:13:51	02:26:23	03:12:28	03:51:14	04:12:08.55	04:12:08.55	5:39	10.6
40	AUGUSTYNIAK MARIUSZ	231	UKS TRS SUSZ	SUSZ	POL	M40	40	M 131	00:11:16	02:24:41	03:10:13	03:51:12	04:12:26.90	04:12:26.90	5:39	10.6
41	MIEKUS HUBERT	369	ACCENTURE	WARSZAWA	POL	M40	41	M 142	00:11:41	02:27:27	03:12:46	03:52:47	04:16:33.10	04:16:33.10	5:45	10.4
42	ZGIET RADOŚLAW	555		CZARTAJEW	POL	M40	42	M 144	00:10:30	02:25:16	03:12:25	03:53:30	04:16:45.10	04:16:45.10	5:45	10.4
43	POLAK GRZEGORZ	101	KEREZA TEAM	LUBLIN	POL	M40	43	M 148	00:12:33	02:27:36	03:12:23	03:53:33	04:17:17.85	04:17:17.85	5:46	10.4
44	WISZOWATY MARIUSZ	527	AMATOR	PABIANICE	POL	M40	44	M 150	00:09:38	02:26:43	03:14:45	03:54:36	04:17:36.65	04:17:36.65	5:46	10.4
45	CZUBA ADAM	44	BOOT CAMP POLSKA/TORUŃ	TORUŃ	POL	M40	45	M 158	00:12:48	02:26:47	03:12:50	03:55:31	04:19:12.45	04:19:12.45	5:48	10.3
46	POLAK JACEK	381	BIEGUSIEM.PL	PIASECZNO	POL	M40	46	M 160	00:12:35	02:35:15	03:20:35	03:58:59	04:19:36.20	04:19:36.20	5:49	10.3
47	NIEMCZEWSKI BORYS	67	TIMEBANDIT CORPS	RACŁAWÓWKA	POL	M40	47	M 161	00:10:58	02:27:38	03:17:42	03:58:38	04:20:02.55	04:20:02.55	5:49	10.3
48	GOTOWIEC DAREK	296	BÓBR TŁUSZCZ	TŁUSZCZ	POL	M40	48	M 163	00:13:11	02:31:31	03:16:17	03:56:30	04:20:24.75	04:20:24.75	5:50	10.3
49	SOKALSKI GRZEGORZ	682	PARKRUN KONSTANCIN	KONSTANCIN-JEZIORNA	POL	M40	49	M 167	00:11:57	02:27:38	03:16:39	03:57:26	04:20:37.20	04:20:37.20	5:50	10.3
50	ABEL KRZYSIEK	570	BIEGAM BO LUBIĘ	ŁÓDŹ	POL	M40	50	M 173	00:12:52	02:29:37	03:17:05	03:57:39	04:21:51.15	04:21:51.15	5:52	10.2
51	AKSTINAS PETRAS	722	VILNIUS	VILNIUS	LTU	M40	51	M 174	00:09:17	02:17:56	03:09:24	03:56:59	04:21:53.35	04:21:53.35	5:52	10.2
52	BRYNDZA KRZYSZTOF	466	SPEED TEAM	MAKÓW PODHALAŃSKI	POL	M40	52	M 184	00:13:15	02:39:42	03:24:55	04:03:41	04:24:30.65	04:24:30.65	5:55	10.1
53	CIESLAK MAREK	85		WARSZAWA	POL	M40	53	M 185	00:12:08	02:27:59	03:15:25	03:59:49	04:24:58.40	04:24:58.40	5:56	10.1
54	MAŁYSZA SŁAWOMIR	235		KRAKÓW	POL	M40	54	M 186	00:13:07	02:32:00	03:20:59	04:01:41	04:25:03.55	04:25:03.55	5:56	10.1
55	WOJCIECHOWSKI KRZYSZTOF	490	RADLINIOKI W BIEGU	RADLIN	POL	M40	55	M 188	00:12:08	02:33:04	03:22:08	04:04:16	04:26:29.50	04:26:29.50	5:58	10.0
56	ZAJĄCZKOWSKI JERZY	205		PRZEMYSŁ	POL	M40	56	M 189	00:11:07	02:25:49	03:14:00	04:00:13	04:26:49.85	04:26:49.85	5:58	10.0
57	KMAK SŁAWOMIR	413	PAPIKI	GRYBÓW	POL	M40	57	M 190	00:10:32	02:25:31	03:18:02	04:03:13	04:27:02.25	04:27:02.25	5:59	10.0
58	PAWLUŚ MIROŚLAW	279	JSC JASŁO	JASŁO	POL	M40	58	M 191	00:12:02	02:26:44	03:20:33	04:03:40	04:27:08.65	04:27:08.65	5:59	10.0
59	STĘPIEŃ WOJCIECH	118	JM RUNNING TEAM / NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	59	M 194	00:12:10	02:31:31	03:22:36	04:04:42	04:27:28.15	04:27:28.15	5:59	10.0
60	DERSLEY STEPHEN	77		POZNAŃ	GBR	M40	60	M 196	00:11:28	02:33:18	03:21:33	04:05:00	04:28:34.10	04:28:34.10	6:01	10.0
61	MŁODOŻENIEC JACEK	48	REMBERTÓW TEAM	WARSZAWA	POL	M40	61	M 197	00:12:36	02:35:36	03:20:30	04:03:39	04:29:15.45	04:29:15.45	6:02	9.9
62	BIELEC ARTUR	80	REMBERTÓW TEAM	WARSZAWA	POL	M40	62	M 198	00:12:35	02:34:39	03:20:30	04:03:35	04:29:15.65	04:29:15.65	6:02	9.9
63	KOCIEMBA DARIUSZ	710	W TRI TEAM / LABOSPORT TEAM	POZNAŃ	POL	M40	63	M 202	00:10:47	02:37:51	03:26:19	04:08:33	04:31:16.85	04:31:16.85	6:04	9.9
64	IDZIK DARIUSZ	661		NAKŁO ŚLĄSKIE	POL	M40	64	M 203	00:11:40	02:30:00	03:21:17	04:06:15	04:31:28.85	04:31:28.85	6:05	9.9
65	GŁADYSZ RAFAŁ	639	WKURW_TEAM	KROSNO	POL	M40	65	M 204	00:12:21	02:33:15	03:21:42	04:08:04	04:31:34.15	04:31:34.15	6:05	9.9
66	SZPYT RYSZARD	310	BIŁGORAJ BIEGA	BIŁGORAJ	POL	M40	66	M 209	00:12:59	02:44:28	03:30:30	04:10:48	04:32:23.45	04:32:23.45	6:06	9.8
67	SIKORA JACEK	157	WATER TEAM	WYŻNE	POL	M40	67	M 215	00:10:37	02:31:26	03:27:29	04:09:27	04:34:12.55	04:34:12.55	6:08	9.8
68	CETNAROWSKI MARCIN	758		SZYMBARK 29	POL	M40	68	M 216	00:12:12	02:33:20	03:28:12	04:08:35	04:34:14.15	04:34:14.15	6:08	9.8
69	CHOJECKI DARIUSZ	116	KEREZA LUBLIN	LUBLIN	POL	M40	69	M 217	00:12:34	02:38:55	03:29:52	04:13:25	04:34:20.25	04:34:20.25	6:09	9.8

**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
70	DROZD MACIEJ	457		WARSZAWA	POL	M40	70	M 218	00:12:44	02:44:10	03:32:22	04:12:35	04:34:26.05	04:34:26.05	6:09	9.8
71	SAPIŃSKI MARIUSZ	363	OSTOYA RYNNING TEAM	WARSZAWA	POL	M40	71	M 226	00:12:40	02:42:36	03:30:50	04:12:33	04:36:29.65	04:36:29.65	6:11	9.7
72	LEGUTKO WŁODZIMIERZ	362	OSTOYA RUNNING TEAM	WARSZAWA	POL	M40	72	M 227	00:12:40	02:42:36	03:30:51	04:12:34	04:36:29.75	04:36:29.75	6:11	9.7
73	SUCHODOLSKI JERZY	172		RADLIN	POL	M40	73	M 229	00:12:03	02:43:11	03:29:23	04:11:15	04:37:09.90	04:37:09.90	6:12	9.7
74	MAJKUCIŃSKI MAREK	188	BIEGIEM RADOM!	RADOM	POL	M40	74	M 230	00:11:11	02:37:25	03:30:52	04:13:08	04:37:20.10	04:37:20.10	6:13	9.6
75	GRZANECKI RAFAL	13	PIER...NIEBIEGAM:)	WARSZAWA	POL	M40	75	M 232	00:12:15	02:40:06	03:27:10	04:12:11	04:37:28.75	04:37:28.75	6:13	9.6
76	JACHYM MARCIN	571	KLUB BIEGAJĄCYCH LEŚNIKÓW	LIBERTÓW	POL	M40	76	M 234	00:10:29	02:38:51	03:28:56	04:13:05	04:37:40.95	04:37:40.95	6:13	9.6
77	WRÓBEL GRZEGORZ	584		ŻARÓWKA	POL	M40	77	M 236	00:13:22	02:31:11	03:31:56	04:13:43	04:38:08.70	04:38:08.70	6:14	9.6
78	PIETRASZEK MIREK	732		KONSTANCJA JEZIORNA	POL	M40	78	M 241	00:12:19	02:37:40	03:29:29	04:15:04	04:39:32.05	04:39:32.05	6:16	9.6
79	CHODKIEWICZ TOMASZ	653	PEUGEOT POLSKA	PIASECZNO	POL	M40	79	M 242	00:12:18	02:40:04	03:31:20	04:15:48	04:39:40.55	04:39:40.55	6:16	9.6
80	PLEWA TOMASZ	24	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	KIELCE	POL	M40	80	M 244	00:10:55	02:34:28	03:33:00	04:16:09	04:40:43.75	04:40:43.75	6:17	9.5
81	PILICHOWSKI WOJCIECH	266	GRUPA SZALONYCH ROWERZYSTÓW	BIAŁYSTOK	POL	M40	81	M 248	00:11:08	02:35:28	03:30:48	04:14:12	04:41:22.75	04:41:22.75	6:18	9.5
82	CHABROWSKI PAWEŁ	588		WARSZAWA	POL	M40	81	M 248	00:11:23	02:35:32	03:30:42	04:14:36	04:41:22.75	04:41:22.75	6:18	9.5
83	FELIŃSKI TOMASZ	593		OTWOCK	POL	M40	83	M 250	00:11:25	02:35:59	03:30:43	04:15:18	04:41:23.15	04:41:23.15	6:18	9.5
84	KULESZA ROBERT	706		WARSZAWA	POL	M40	84	M 251	00:11:24	02:35:45	03:32:02	04:14:32	04:41:23.30	04:41:23.30	6:18	9.5
85	SMYK ROBERT	766	OTK RZEŹNIK	GLIWICE	M40		85	M 255	00:13:19	02:44:06	03:38:28	04:17:31	04:43:08.55	04:43:08.55	6:20	9.5
86	CISKI PIOTR	598		WARSZAWA	POL	M40	86	M 256	00:13:35	02:42:39	03:35:01	04:18:08	04:43:13.30	04:43:13.30	6:21	9.4
87	MAZUREK KRZYSZTOF	373		ZAMOŚĆ	POL	M40	87	M 257	00:12:36	02:40:49	03:36:48	04:19:38	04:43:20.10	04:43:20.10	6:21	9.4
88	SROKA ZBIGNIEW	739		SKRZYSZÓW	POL	M40	88	M 270	00:13:05	02:47:25	03:36:40	04:21:20	04:47:14.90	04:47:14.90	6:26	9.3
89	SKRZESZEWSKI HENRYK P.	156	I-BS.PL SPORT TEAM	STALOWA WOLA	POL	M40	89	M 271	00:12:30	02:35:15	03:31:15	04:22:08	04:47:22.05	04:47:22.05	6:26	9.3
90	PIKOR JACEK	199		ZAMOŚĆ	POL	M40	90	M 273	00:13:06	02:41:49	03:39:35	04:22:24	04:48:04.40	04:48:04.40	6:27	9.3
91	ORZECH ARTUR	376	KROKODYLE	KOLBUSZOWA	POL	M40	91	M 281	00:11:10	02:49:04	03:43:39	04:26:08	04:48:57.30	04:48:57.30	6:28	9.3
92	BATKO MARCIN	353	UKS SZKOŁA RAJSKA	KRAKÓW	POL	M40	92	M 285	00:12:22	02:41:28	03:37:59	04:25:16	04:51:50.85	04:51:50.85	6:32	9.2
93	ŚWIDZIŃSKI TOMASZ	645	VEGE RUNNERS	KRAKÓW	POL	M40	93	M 293	00:13:43	02:55:29	03:46:31	04:30:28	04:53:44.60	04:53:44.60	6:35	9.1
94	RZĄDKOWSKI KRZYSZTOF	431	KWW	LUBLIN	POL	M40	94	M 295	00:14:08	02:53:56	03:44:13	04:29:36	04:54:00.05	04:54:00.05	6:35	9.1
95	DZIEKAN KRZYSZTOF	243		PRUSZKÓW	POL	M40	95	M 302	00:12:57	02:57:27	03:48:34	04:31:49	04:55:28.65	04:55:28.65	6:37	9.1
96	MISIAK MIREK	644	WIDŁOROGI	KORYTÓW A	POL	M40	96	M 303	00:13:11	02:43:07	03:44:25	04:30:00	04:55:33.60	04:55:33.60	6:37	9.1
97	WOJDA DARIUSZ	32	DZIKIE DZIKI	JÓZEFÓW	POL	M40	97	M 304	00:12:07	02:52:44	03:48:49	04:32:32	04:55:52.50	04:55:52.50	6:38	9
98	OLESZCZUK ZBIGNIEW	99	KRASNYSTAW BIEGA	KRASNYSTAW	POL	M40	98	M 309	00:11:59	02:52:57	03:54:38	04:36:36	04:56:53.55	04:56:53.55	6:39	9
99	RYCYK GRZEGORZ	53	KRASNYSTAW BIEGA	KRASNYSTAW	POL	M40	99	M 310	00:11:59	02:52:57	03:54:38	04:36:34	04:56:53.60	04:56:53.60	6:39	9
100	SZYMIK MARCIN	476	RATOWNIK GÓRNICZY	CHORZÓW	POL	M40	100	M 311	00:12:08	02:45:00	03:40:37	04:29:33	04:56:56.95	04:56:56.95	6:39	9
101	ĆWIEK DARIUSZ	657	DARIUS	STANISŁAWÓW PIERWSZY	POL	M40	101	M 317	00:15:12	02:53:39	03:47:20	04:31:33	04:57:57.00	04:57:57.00	6:40	9
102	DZIADOSZ JERZY	666	ONEMANTEAM	DĘBICA	POL	M40	102	M 320	00:13:50	02:45:50	03:46:33	04:33:27	04:59:13.00	04:59:13.00	6:42	8.9
103	HOWIL WALDEMAR	143	KAIZEN	GRYFINO	POL	M40	103	M 322	00:12:41	02:41:01	03:43:15	04:32:44	04:59:29.65	04:59:29.65	6:42	8.9
104	GRENDZIŃSKI ANDRZEJ	664	PGB SPORTOWA PACZKA	OSTRÓDA	POL	M40	104	M 323	00:13:10	02:53:00	03:47:23	04:35:17	04:59:43.70	04:59:43.70	6:43	8.9
105	KWATERA TOMASZ	659	KB LOK BOCHNIA	BOCHNIA	POL	M40	105	M 333	00:13:21	02:56:34	03:51:17	04:36:53	05:00:49.95	05:00:49.95	6:44	8.9
106	BOLANOWSKI PIOTR	225	POSADA GÓRNA	DOMARADZ	POL	M40	106	M 334	00:11:08	02:47:49	03:52:19	04:36:37	05:01:03.80	05:01:03.80	6:45	8.9
107	SZULC KRZYSZTOF	308	JOCKER TEAM	WARSZAWA	POL	M40	107	M 336	00:13:07	02:48:15	03:48:31	04:36:06	05:01:08.85	05:01:08.85	6:45	8.9
108	HERMANOWSKI ROBERT	164	W4TEAM	JÓZEFOSŁAW	POL	M40	108	M 340	00:12:06	02:58:16	03:55:11	04:37:33	05:01:56.65	05:01:56.65	6:46	8.9
109	TOMASZEWSKI WOJTEK	511	BRACIAT	WARSZAWA	POL	M40	109	M 341	00:12:16	02:48:24	03:55:18	04:38:36	05:02:22.40	05:02:22.40	6:46	8.9
110	KOWALCZYK GRZESIEK	628		LUBLIN	POL	M40	110	M 342	00:11:50	02:48:45	03:48:48	04:35:51	05:03:06.00	05:03:06.00	6:47	8.8
111	LUPA ADAM	517	NTT TRIADA NAMYSŁÓW	NAMYSŁÓW	POL	M40	111	M 345	00:14:06	02:50:32	03:51:52	04:38:35	05:03:51.95	05:03:51.95	6:48	8.8
112	SIEKIERSKI KRZYSZTOF	709	KEREZA LUBLIN	MOTYCZ	POL	M40	112	M 346	00:13:31	02:48:01	03:46:14	04:36:08	05:04:09.60	05:04:09.60	6:49	8.8
113	DRAPAŁA JAN	377	KROKODYLE	KOLBUSZOWA	POL	M40	113	M 354	00:11:10	02:49:06	03:50:18	04:37:56	05:06:36.85	05:06:36.85	6:52	8.7
114	PESZEK BOGDAN	209	AKTYWNY DYNÓW	DYNÓW	POL	M40	114	M 360	00:13:58	02:57:44	03:55:35	04:42:18	05:08:12.25	05:08:12.25	6:54	8.7
115	SIÓDZIAK CEZARY	33		WARSZAWA	POL	M40	115	M 362	00:13:43	02:59:49	03:55:57	04:42:17	05:08:34.95	05:08:34.95	6:55	8.7
116	ZIELONKA BOGUMIŁ	507	PIOTRKOWSKI KLUB BIEGACZA ' ENDORFINA'	PIOTRKÓW TRYB	POL	M40	116	M 366	00:15:18	03:05:54	04:01:19	04:46:15	05:10:19.20	05:10:19.20	6:57	8.6
117	SEWERYN TOMASZ	539		KRAKÓW	POL	M40	117	M 367	00:13:55	02:57:23	03:56:01	04:44:31	05:10:29.45	05:10:29.45	6:57	8.6
118	SIDOR PAWEŁ	163	W4TEAM	JÓZEFOSŁAW	POL	M40	118	M 368	00:12:05	03:03:47	03:59:39	04:46:58	05:11:12.20	05:11:12.20	6:58	8.6
119	ZDULSKI BARTOSZ	64		JÓZEFOSŁAW	POL	M40	119	M 369	00:12:05	03:04:11	03:59:48	04:46:58	05:11:12.40	05:11:12.40	6:58	8.6
120	KWIECIEŃ KRZYSZTOF	663	RUNSHOP.PL	TARNÓW	POL	M40	120	M 371	00:13:05	03:03:50	04:03:13	04:45:40	05:11:34.80	05:11:34.80	6:59	8.6
121	HYZIAK JAKUB	112	JJ.RUNNERS GORLICE	SEKOWA	POL	M40	121	M 373	00:13:18	03:05:21	03:59:23	04:46:17	05:11:59.35	05:11:59.35	6:59	8.6



**II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
122	DOMBROWSKI WOJCIECH	91		GOLUB-DOBRZYŃ	POL	M40	122	M 374	00:14:45	03:01:04	04:01:23	04:45:04	05:12:06.80	05:12:06.80	6:59	8.6
123	GAŚCZYK GRZEGORZ	74	NOWA HUTA TEAM	KRAKÓW	POL	M40	123	M 375	00:13:22	02:52:17	04:05:01	04:49:27	05:12:21.25	05:12:21.25	7:00	8.6
124	MUCHA TOMASZ	439		JANÓW LUBELSKI	POL	M40	124	M 377	00:14:33	02:58:47	04:00:28	04:45:10	05:12:42.95	05:12:42.95	7:00	8.6
125	SIENKIEWICZ WOJCIECH	463		WARSZAWA	POL	M40	125	M 380	00:12:37	02:48:05	03:53:21	04:43:36	05:12:53.10	05:12:53.10	7:00	8.6
126	GAŁUSZKA BOGDAN	73	JGB 'SOKÓŁ'	JAROSŁAW	POL	M40	126	M 381	00:14:10	03:01:02	03:58:12	04:47:05	05:13:00.95	05:13:00.95	7:01	8.5
127	STEC SEBASTIAN	793	SIEMUSZOWA	PRZEMYSL		M40	127	M 382	00:13:53	02:59:24	03:56:39	04:46:24	05:13:45.65	05:13:45.65	7:02	8.5
128	LAUER JAROSŁAW	59		PABIANICE	POL	M40	128	M 387	00:14:08	02:55:10	03:57:38	04:46:21	05:14:42.65	05:14:42.65	7:03	8.5
129	WAJCOWICZ WITOLD	98		SANOK	POL	M40	129	M 392	00:12:07	02:59:21	03:59:17	04:49:05	05:15:45.95	05:15:45.95	7:04	8.5
130	HRYSZKIEWICZ JANUSZ	234	UNISONO FLOW / AKMB PEDZIWIATR GLIWICE	GLIWICE	POL	M40	130	M 394	00:15:14	03:08:19	04:06:26	04:51:57	05:15:59.25	05:15:59.25	7:05	8.5
131	KOPER JACEK	222		ALEKSANDRÓW ŁÓDZKI	POL	M40	131	M 396	00:12:52	03:05:48	04:03:10	04:49:43	05:16:13.70	05:16:13.70	7:05	8.5
132	PAPIERSKI LESZEK	667	PGB SPORTOWA PACZKA	SPYTKOWICE	POL	M40	132	M 398	00:13:04	03:02:52	04:05:14	04:51:05	05:16:28.30	05:16:28.30	7:05	8.5
133	LOREK MAREK	239		DĘBICA	POL	M40	133	M 403	00:11:30	02:58:33	03:58:13	04:50:27	05:18:31.40	05:18:31.40	7:08	8.4
134	LESZCZYŃSKI RADOSŁAW	586	AIR CONSULTING	CELESTYNÓW	POL	M40	134	M 409	00:14:46	03:03:46	04:06:09	04:53:23	05:20:50.70	05:20:50.70	7:11	8.3
135	ARGALSKI GRZEGORZ	769	KW TRÓJMIASTO	GDYNIA	POL	M40	135	M 417	00:12:33	02:55:36	04:07:21	04:56:32	05:23:01.50	05:23:01.50	7:14	8.3
136	CHWALISZEWSKI JAROSŁAW	121	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	136	M 418	00:12:33	02:59:37	04:03:46	04:55:14	05:24:40.45	05:24:40.45	7:16	8.2
137	CEGLIŃSKI SEBASTIAN	711	JAKOBCYCLES	KAROLINA	POL	M40	137	M 421	00:14:06	02:57:58	04:03:58	04:56:42	05:25:12.90	05:25:12.90	7:17	8.2
138	SKONECZNY ARTUR	192	OPL	TOMASZÓW MAZOWIECKI	POL	M40	138	M 422	00:14:28	03:04:50	04:09:02	04:57:10	05:25:21.55	05:25:21.55	7:17	8.2
139	KAPELKO BOGDAN	616		ZALESIE GÓRNE	POL	M40	139	M 423	00:14:17	02:57:10	04:01:59	04:53:18	05:25:50.20	05:25:50.20	7:18	8.2
140	REKAWEK ARTUR	412	TRUCHTACZ.PL	GARWOLIN	POL	M40	140	M 425	00:13:00	03:05:30	04:10:37	04:58:31	05:27:03.85	05:27:03.85	7:19	8.2
141	RUPIK PIOTR	159		STARA IWICZNA	POL	M40	141	M 426	00:12:45	03:07:33	04:10:32	04:59:44	05:27:17.00	05:27:17.00	7:20	8.2
142	BŁACHOWICZ RAFAŁ	497	ZABIEGANI MIELEC	MIELEC	POL	M40	142	M 432	00:13:27	03:11:42	04:17:44	05:05:30	05:30:11.20	05:30:11.20	7:24	8.1
143	RESZYTYŁO GRZEGORZ	641		ŁAŃCUT	POL	M40	143	M 438	00:14:24	03:11:58	04:16:45	05:06:02	05:32:12.80	05:32:12.80	7:26	8.1
144	DROŻDŻ WITOLD	295	POLSKIE HIMALAJE 2018	WARSZAWA	POL	M40	144	M 442	00:12:10	03:01:06	04:04:50	05:02:25	05:33:32.75	05:33:32.75	7:28	8
145	KRAUSE DARIUSZ	25	FORMA WODZISŁAW ŚLĄSKI/ RADLIN	RADLIN	POL	M40	145	M 443	00:12:09	03:04:58	04:17:49	05:07:11	05:34:04.85	05:34:04.85	7:29	8
146	WIŚNIEWSKI MARCIN	544	JANO TECHNIKA SANITARNA	OSTRÓWIEC ŚWIĘTOKRZYSKI	POL	M40	146	M 444	00:13:48	03:03:53	04:12:05	05:04:26	05:34:10.60	05:34:10.60	7:29	8
147	JAKUBOWSKI WOJCIECH	72	KB GEOTERMIA UNIEJÓW	UNIEJÓW	POL	M40	147	M 447	00:14:30	03:16:39	04:23:33	05:10:07	05:34:21.95	05:34:21.95	7:29	8
148	PACZKOWSKI BARTOSZ	510	218CREW	SZAMOTUŁY	POL	M40	148	M 448	00:14:18	03:00:57	04:08:17	05:03:29	05:35:27.30	05:35:27.30	7:31	8
149	ZAMOJSKI ADAM	126	ICHTIS	CHMIELNIK	POL	M40	149	M 452	00:13:34	03:04:54	04:22:43	05:10:33	05:36:51.55	05:36:51.55	7:33	7.9
150	FRUCZ JACEK	348		SOSNOWIEC	POL	M40	150	M 453	00:14:35	03:14:10	04:18:50	05:08:53	05:37:01.75	05:37:01.75	7:33	7.9
151	ŁĄBĘDZKI BOGUSŁAW	336	SBD ENERGETYK RYBNIK	RYBNIK	POL	M40	151	M 456	00:15:22	03:13:25	04:18:38	05:10:39	05:38:33.00	05:38:33.00	7:35	7.9
152	BISKUP RAFAŁ	633		WARSZAWA	POL	M40	152	M 458	00:10:46	03:05:40	04:21:06	05:12:02	05:40:21.70	05:40:21.70	7:37	7.9
153	MARECKI PIOTR	462	KB LOK BOCHNIA	BOCHNIA	POL	M40	153	M 459	00:14:27	03:22:21	04:30:23	05:16:25	05:40:26.75	05:40:26.75	7:37	7.9
154	CEMPURA LECH	632	CEMPURA LECH	POZNAŃ	POL	M40	154	M 461	00:14:05	03:12:59	04:18:30	05:13:15	05:41:58.25	05:41:58.25	7:40	7.8
155	GRZYBEK PIOTR	765	KEREZA LUBLIN	LUBLIN		M40	155	M 467	00:13:56	03:13:10	04:22:36	05:14:30	05:45:43.85	05:45:43.85	7:45	7.7
156	BATOR MAREK	393		WARSZAWA	POL	M40	156	M 469	00:15:15	03:16:29	04:21:58	05:17:36	05:46:29.30	05:46:29.30	7:46	7.7
157	HEJMAN MACIEJ	780	WKURW_TEAM	KRAKÓW	POL	M40	157	M 471	00:13:57	03:15:33	04:25:37	05:18:23	05:48:44.10	05:48:44.10	7:49	7.7
158	ŁUKASIEWICZ MARCIN	500	KS START PUŁASKI WARKA	WARKA	POL	M40	158	M 473	00:12:49	03:13:34	04:30:20	05:20:41	05:49:35.65	05:49:35.65	7:50	7.7
159	SIDOROWICZ GRZEGORZ	697	AXA RUNNING TEAM	MARKI	POL	M40	159	M 475	00:12:32	03:15:40	04:22:51	05:19:50	05:50:59.25	05:50:59.25	7:52	7.6
160	WESTER MIECZYSLAW	612	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	160	M 476	00:14:48	03:24:24	04:32:17	05:21:53	05:52:03.10	05:52:03.10	7:53	7.6
161	NIEDZWIEDZKI TOMASZ	626		KATOWICE	POL	M40	161	M 483	00:11:45	03:17:16	04:38:30	05:29:06	05:57:31.30	05:57:31.30	8:00	7.5
162	SPYRA ZDZISŁAW	261	ŚLĄSKA OFICYNA DRUKARSKA	PSZCZYNA	POL	M40	162	M 497	00:15:01	03:21:05	04:36:34	05:31:37	06:03:08.05	06:03:08.05	8:08	7.4
163	JUCHA JACEK	46	CA BROKER/ CA AKTYWNI	GOCZAŁKOWICE	POL	M40	163	M 498	00:15:24	03:27:30	04:37:27	05:31:30	06:03:08.30	06:03:08.30	8:08	7.4
164	ŚWIĘTOCHOWSKI ARKADIUSZ	84	GRUPA SKROMNYCH BIEGACZY	TARNÓW	POL	M40	164	M 503	00:13:39	03:13:39	04:40:48	05:34:33	06:05:39.65	06:05:39.65	8:11	7.3
165	ZDYBEL TOMASZ	509	BADASS RUNNERS	GDAŃSK	POL	M40	165	M 504	00:15:06	03:22:41	04:36:31	05:33:36	06:05:56.85	06:05:56.85	8:12	7.3
166	JACKOWSKI JACEK	27	JGB 'SOKÓŁ'	JAROSŁAW	POL	M40	166	M 505	00:14:10	03:19:16	04:35:49	05:34:44	06:06:48.65	06:06:48.65	8:13	7.3
167	DURA PIOTR	789	WKURW_TEAM	RAKÓW		M40	167	M 507	00:15:19	03:32:24	04:39:12	05:34:21	06:08:59.05	06:08:59.05	8:16	7.3
168	PIĄTEK ROMAN	701	PGB SPORTOWA PACZKA	KRAKÓW	POL	M40	168	M 509	00:14:34	03:28:26	04:48:12	05:39:51	06:09:38.60	06:09:38.60	8:17	7.2
169	KONIECZNY JACEK	530	DRUŻYNA SZPIKU	MOSINA	POL	M40	169	M 510	00:15:43	03:09:42	04:41:46	05:37:38	06:10:05.55	06:10:05.55	8:17	7.2
170	KRYGOWSKI ZBIGNIEW	638	BIEGAM AS LUBACZÓW	LUBACZÓW	POL	M40	170	M 511	00:13:34	03:26:04	04:40:59	05:39:55	06:10:33.35	06:10:33.35	8:18	7.2
171	KOWALCZYK MARIUSZ	47		WARSZAWA	POL	M40	171	M 523	00:13:47	03:07:44	04:45:33	05:45:35	06:19:54.70	06:19:54.70	8:31	7
DQ	LIPUS ANDRZEJ	327		KSIAŻENICE	POL	M40	DQ	DQ	DQ	DQ	DQ	DQ	DQ	DQ	0:00	43.7

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
	JEŹ MARCIN	388		JEDLICZE	POL	M40			00:09:52 DNF	02:24:34 DNF	03:39:48 DNF	DNF	DNF	DNF	-	-
	KOCIOŁEK ANDRZEJ	110	KANCELARIA SPORTOWA STASZEWSKY	OSOWIEC-TRZĘSINA	POL	M40			00:14:45 DNF	03:01:17 DNF	DNF	DNF	DNF	DNF	-	-

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	DOMISZEWSKA MARIA	323		USTRZYKI DOLNE	POL	K50	1	K 12	00:11:02	02:47:07	03:27:24	04:03:14	04:23:52.35	04:23:52.35	5:54	10.1
2	WAGNER JOLANTA	248		WARSZAWA	POL	K50	2	K 34	00:12:48	02:54:16	03:48:04	04:35:05	04:59:23.55	04:59:23.55	6:42	8.9
3	GŁADYSZ JADWIGA	106	ZABIEGANI MIELEC	MIELEC	POL	K50	3	K 53	00:13:10	03:02:48	04:06:38	04:50:42	05:14:46.65	05:14:46.65	7:03	8.5
4	ZARĘBA JOLANTA	428	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	K50	4	K 56	00:13:15	03:01:37	03:59:38	04:48:16	05:16:28.60	05:16:28.60	7:05	8.5
5	MATUSZEWICZ EWA	312	KONDYCJA	PIASECZNO	POL	K50	5	K 62	00:13:12	03:08:33	04:07:35	04:54:43	05:21:20.25	05:21:20.25	7:12	8.3
6	SMOLIŃSKA BEATA	194	OBOZYBIEGOWE.PL	WARSZAWA	POL	K50	6	K 98	00:14:47	03:27:22	04:39:11	05:29:54	05:57:17.60	05:57:17.60	8:00	7.5

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	KORNAGA JAN	640	HORYNIEC ZDRÓJLUBACZÓW	LUBACZÓW	POL	M50	1	M 24	00:09:30	02:07:57	02:45:16	03:19:13	03:39:36.25	03:39:36.25	4:55	12.2
2	SMOLAK PIOTR	772	MOSIR DUKLA	PORAJ - 45	POL	M50	2	M 29	00:08:46	02:07:56	02:47:39	03:22:59	03:43:01.35	03:43:01.35	5:00	12
3	GARDENER JACEK	6	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M50	3	M 34	00:09:46	02:12:42	02:52:26	03:27:00	03:46:27.25	03:46:27.25	5:04	11.8
4	LUBAŃSKI ROBERT	420	NIE	BUKOWICE	POL	M50	4	M 54	00:12:22	02:20:15	02:59:35	03:33:09	03:53:54.90	03:53:54.90	5:14	11.4
5	KUSTROŃ ADAM	241		KROSNO	POL	M50	5	M 59	00:12:39	02:23:38	03:02:34	03:35:32	03:54:39.30	03:54:39.30	5:15	11.4
6	ŚLIWIŃSKI ANDRZEJ	182		MIECHÓW	POL	M50	6	M 86	00:12:42	02:24:21	03:05:16	03:41:09	04:02:35.00	04:02:35.00	5:26	11
7	BAK ADAM	367	KKL KIELCE	KIELCE	POL	M50	7	M 96	00:10:47	02:23:45	03:07:40	03:44:25	04:04:32.25	04:04:32.25	5:28	10.9
8	WĘGRZYŃ KRZYSZTOF	426	RZESZOWSKIE GAZELE I GEPARDY	KRASNE	POL	M50	8	M 106	00:10:32	02:24:25	03:07:05	03:46:36	04:07:08.15	04:07:08.15	5:32	10.8
9	JUSZKIEWICZ ZBIGNIEW	415	EŁK	EŁK	POL	M50	9	M 124	00:10:07	02:21:36	03:08:37	03:48:14	04:11:15.45	04:11:15.45	5:38	10.7
10	WITEK BOGDAN	560	WATER TEAM	BARYCZKA	POL	M50	10	M 133	00:10:38	02:24:05	03:09:07	03:49:20	04:12:36.60	04:12:36.60	5:39	10.6
11	GIERULA ROBERT	674	UBS KRAKOW RUNNING TEAM	KRAKOW	POL	M50	11	M 136	00:12:37	02:30:33	03:13:09	03:52:10	04:14:12.95	04:14:12.95	5:41	10.5
12	KLIMCZEWSKI ANDRZEJ	107	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	M50	12	M 137	00:09:46	02:27:44	03:13:22	03:52:28	04:14:28.55	04:14:28.55	5:42	10.5
13	BEDNARZ KRZYSZTOF	728	3K	TARNÓW	POL	M50	13	M 140	00:12:34	02:31:13	03:15:39	03:53:50	04:16:18.80	04:16:18.80	5:44	10.4
14	WÓJCIK MIROSLAW	71	TIME4RUNNING	TOMASZÓW MAZOWIECKI	POL	M50	14	M 141	00:11:26	02:28:00	03:13:44	03:54:17	04:16:23.35	04:16:23.35	5:44	10.4
15	WOROBIEC JÓZEF	216	UMKS NADIR JĘDRZEJÓW	JĘDRZEJÓW	POL	M50	15	M 146	00:09:58	02:24:22	03:13:09	03:53:51	04:17:03.95	04:17:03.95	5:45	10.4
16	GÓRALCZYK STANISŁAW	767	BUNGEE JUMPING MARIO	HAJNÓWKA	POL	M50	16	M 193			03:24:00		04:27:25.20	04:27:25.20	5:59	10
17	MACKIEWICZ ROMAN	513	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	M50	17	M 207	00:13:18	02:36:59	03:27:23	04:08:48	04:32:13.40	04:32:13.40	6:06	9.8
18	STENCEL ZBIGNIEW	60	FORMA WODZISŁAW ŚLĄSKI	MARKLOWICE	POL	M50	18	M 222	00:12:08	02:42:20	03:29:39	04:10:17	04:35:47.05	04:35:47.05	6:11	9.7
19	PAPROCKI WIESŁAW	791	KB MCKIS JAWORZNO	JAWORZNO	POL	M50	19	M 225	00:11:28	02:34:06	03:25:43	04:10:11	04:36:17.95	04:36:17.95	6:11	9.7
20	NIZIOŁ MARIAN	166		PIASECZNO	POL	M50	20	M 235	00:11:29	02:39:54	03:30:48	04:14:05	04:37:51.35	04:37:51.35	6:13	9.6
21	AUGUŚCIK MARIUSZ	56		MYSIADŁO	POL	M50	21	M 240	00:12:36	02:41:24	03:30:17	04:13:21	04:38:51.75	04:38:51.75	6:15	9.6
22	MROZEK ROMAN	557		KATOWICE	POL	M50	22	M 261	00:11:29	02:42:55	03:38:14	04:20:39	04:44:27.15	04:44:27.15	6:22	9.4
23	TURLEJ DARIUSZ	230	KONDYCJA	WARSZAWA	POL	M50	23	M 262	00:12:17	02:44:10	03:36:31	04:19:41	04:44:38.05	04:44:38.05	6:22	9.4
24	JURCZAK ROMAN	150	VITAMINS FOR YOU	RZESZÓW	POL	M50	24	M 266	00:11:46	02:40:50	03:32:54	04:20:00	04:46:21.85	04:46:21.85	6:25	9.3
25	SZYBIAK WALDEMAR	378		PRZEMYSŁ	POL	M50	25	M 267	00:12:41	02:41:10	03:36:25	04:21:05	04:46:25.65	04:46:25.65	6:25	9.3
26	KONIECZNY MARIUSZ	379		ŁAŃCUT	POL	M50	26	M 268	00:12:41	02:41:11	03:36:26	04:21:08	04:46:25.90	04:46:25.90	6:25	9.3
27	CAMPS ALMI?ANA JAIME	427	ATLETISMO BOSTON	WARSZAWA	ESP	M50	27	M 269	00:11:43	02:38:01	03:32:41	04:19:39	04:47:09.90	04:47:09.90	6:26	9.3
28	TUROSZ ZBIGNIEW	493	LEŻAJSK	LEŻAJSK	POL	M50	28	M 277	00:11:55	02:38:34	03:31:39	04:21:07	04:48:27.20	04:48:27.20	6:28	9.3
29	DZIADOSZ ARTUR	459	SAM LATAM	RZESZÓW	POL	M50	29	M 308	00:13:04	02:54:45	03:51:53	04:34:58	04:56:46.15	04:56:46.15	6:39	9
30	KUCIŃSKI ANDRZEJ	438	BAZA ZDROWIA	WARSZAWA	POL	M50	30	M 356	00:14:33	02:58:41	03:54:50	04:42:33	05:06:47.05	05:06:47.05	6:52	8.7

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
31	PODOLAK ZBIGNIEW	186	PRZEMYŚL	PRZEMYŚL	POL	M50	31	M 364	00:13:01	02:54:50	03:54:25	04:41:54	05:10:05.65	05:10:05.65	6:57	8.6
32	KROCZEK JANUSZ	441	FORMA WODZISŁAW ŚL	WODZISŁAW ŚLĄSKI	POL	M50	32	M 399	00:13:56	03:05:51	04:07:33	04:52:53	05:16:39.85	05:16:39.85	7:05	8.5
33	DOMISZEWSKI WOJCIECH	324		USTRZYKI DOLNE	POL	M50	33	M 402	00:11:02	02:50:46	03:59:07	04:49:34	05:18:08.90	05:18:08.90	7:07	8.4
34	URBAŃSKI JÓZEF	313	KKB MOSIR KROSNO	KROSNO	POL	M50	34	M 414	00:12:18	03:03:32	04:08:03	04:54:45	05:21:24.15	05:21:24.15	7:12	8.3
35	FIEGA RYSZARD	631	MARATON GORLICE	GORLICE	POL	M50	34	M 414	00:12:12	03:02:53	04:05:16	04:54:43	05:21:24.15	05:21:24.15	7:12	8.3
36	ZIEMIAN KRZYSZTOF	786		TARNÓW	POL	M50	36	M 433	00:14:05	03:04:31	04:10:18	05:02:36	05:31:18.55	05:31:18.55	7:25	8.1
37	GOMÓŁKA WIESŁAW	474		GŁOGÓW MŁP	POL	M50	37	M 436	00:14:04	03:05:45	04:10:49	05:02:36	05:31:20.70	05:31:20.70	7:25	8.1
38	MICUŁA ZBIGNIEW	690	WOLBROM TEAM	WOLBROM	POL	M50	38	M 437	00:13:52	03:01:02	04:15:35	05:03:44	05:31:24.70	05:31:24.70	7:25	8.1
39	ZATORSKI ANDRZEJ	694		STARACHOWICE	POL	M50	39	M 463	00:14:25	03:04:36	04:19:21	05:13:46	05:44:02.15	05:44:02.15	7:42	7.8
40	GRZĘDA KRZYSZTOF	54	KALIŃSKA TEAM	NOWA WOLA	POL	M50	40	M 465	00:13:55	03:19:32	04:32:49	05:19:10	05:44:22.75	05:44:22.75	7:43	7.8
41	SŁOMIAK MARIAN	478		GRUDZIĄDZ	POL	M50	41	M 466	00:14:24	02:58:48	04:19:28	05:14:58	05:44:59.15	05:44:59.15	7:44	7.8
42	FANSLAU MAREK	717	NIEZRZESZONY	STAROGARD GDAŃSKI	POL	M50	42	M 472	00:12:48	03:17:00	04:28:48	05:18:05	05:49:26.30	05:49:26.30	7:50	7.7
43	SUWALD ANDRZEJ	754	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M50	43	M 477	00:14:05	03:13:12	04:28:22	05:25:15	05:52:24.15	05:52:24.15	7:54	7.6
44	OBARSKI NORBERT	119		KIELCE	POL	M50	44	M 482	00:12:58	03:24:03	04:33:02	05:26:05	05:57:06.65	05:57:06.65	8:00	7.5
45	NOWICKI JACEK	108	GOREDA	REDA	POL	M50	45	M 486	00:12:56	03:22:48	04:35:18	05:29:13	05:58:29.45	05:58:29.45	8:02	7.5
46	GŁUSZCZAK JERZY	481		ŁÓDŹ	POL	M50	46	M 495	00:13:48	03:20:16	04:34:55	05:31:19	06:02:25.55	06:02:25.55	8:07	7.4
47	ŚRODA JANUSZ	178	SPARTANIE DZIECIOM	TARNOWSKIE GÓRY	POL	M50	47	M 515	00:14:49	03:29:48	04:42:27	05:38:48	06:11:47.15	06:11:47.15	8:20	7.2
48	PYSIEWICZ KRZYSZTOF	190	NIEZRZESZONY	KATOWICE	POL	M50	48	M 516	00:13:43	03:32:08	04:41:19	05:39:46	06:11:56.05	06:11:56.05	8:20	7.2
49	FUNKA ANDRZEJ	58	NKB CHYŻY NOWY TOMYŚL, OTK RZEŹNIK ( ZGŁOSZENIE )	NOWY TOMYŚL	POL	M50	49	M 521	00:14:03	03:31:24	04:44:22	05:44:31	06:17:58.05	06:17:58.05	8:28	7.1
50	KOZIOŁ WITOLD	425	KGB OSTROWIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M50	50	M 526	00:15:21	03:38:13	05:00:16	05:54:56	06:25:42.60	06:25:42.60	8:38	6.9
51	GAWROŃSKI GRZEGORZ	655	KGB OSTROWIEC ŚWIĘTOKRZYSKI	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M50	50	M 526	00:15:19	03:37:50	05:00:19	05:54:55	06:25:42.60	06:25:42.60	8:38	6.9
52	POKRYWKA STEFAN	790	OTK RZEŹNIK	CISNA	M50		52	M 528	00:09:04	03:27:42	04:59:03	05:57:34	06:32:31.40	06:32:31.40	8:48	6.8

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, K60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	KROENKE BARBARA	477	OBOZYBIEGOWE.PL	WARSZAWA	POL	K60	1	K 62	00:13:12	03:08:33	04:07:32	04:54:44	05:21:20.25	05:21:20.25	7:12	8.3
2	DOBKOWSKA ANNA	496	KB GALERIA WARSZAWA	WARSZAWA	POL	K60	2	K 91	00:12:55	03:14:16	04:22:04	05:14:05	05:44:04.80	05:44:04.80	7:42	7.8
3	MORAWSKA ANNA	20		WARSZAWA	POL	K60	3	K 113	00:12:47	03:36:38	04:43:34	05:40:58	06:12:47.80	06:12:47.80	8:21	7.2

## II ZIMOWY MARATON BIESZCZADZKI 2016 - 44,6KM, M60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	26.5km	34.2km	40.7km	M42km	Brutto	min/km	km/h
1	WOSIK MAREK	498	SZYBKĄ MAŁPA	WARSZAWA	POL	M60	1	M 151	00:10:44	02:28:06	03:16:33	03:55:53	04:17:57.60	04:17:57.60	5:47	10.4
2	KLAMUT RYSZARD	315	JABŁONICA POLSKA	JABŁONICA POLSKA	POL	M60	2	M 213	00:12:29	02:34:55	03:24:37	04:08:55	04:33:58.95	04:33:58.95	6:08	9.8
3	MROŹEK ANDRZEJ	206	KKB DYSTANS KRAKÓW	KRAKÓW	POL	M60	3	M 263	00:14:48	02:47:47	03:37:33	04:21:00	04:44:57.55	04:44:57.55	6:23	9.4
4	MAĆCZKA BRONISŁAW	777	OTK RZEŹNIK	GLIWICE	POL	M60	4	M 289	00:12:15	02:44:40	03:40:53	04:27:12	04:52:37.90	04:52:37.90	6:33	9.1
5	SAMOLEWICZ JANUSZ	679	HANDLOPEX	RZESZÓW	POL	M60	5	M 296	00:10:26	02:37:59	03:36:26	04:26:42	04:54:25.30	04:54:25.30	6:36	9.1
6	KACPROWSKI TADEUSZ	541		WARSZAWA	POL	M60	6	M 319	02:53:01	02:53:01	03:46:05	04:32:38	04:58:18.50	04:58:18.50	6:41	9
7	KLONOWSKI JERZY	514		PIASECZNO	POL	M60	7	M 408	00:13:24	03:00:20	04:00:53	04:50:08	05:20:41.40	05:20:41.40	7:11	8.3
8	KWAŚNIK ANDRZEJ	283		WARSZAWA	POL	M60	8	M 413	00:12:45	02:59:44	04:01:38	04:54:08	05:21:24.00	05:21:24.00	7:12	8.3
9	DUDEK JAN	625	AGRICOMM TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M60	9	M 468	00:14:48	03:15:22	04:23:02	05:15:57	05:45:53.45	05:45:53.45	7:45	7.7
10	CZERNIK ANDRZEJ	179		ZABRZE	POL	M60	10	M 474	00:14:37	03:03:08	04:26:23	05:20:24	05:50:06.90	05:50:06.90	7:50	7.6
11	SZEWIC MARIAN	458	BILGORAJ BIEGA	BILGORAJ	POL	M60	11	M 479	00:13:38	03:15:12	04:27:54	05:20:37	05:52:37.85	05:52:37.85	7:54	7.6
12	KNAPIK JERZY	23	DYSTAS KRAKÓW	KRAKÓW	POL	M60	12	M 490	00:14:22	03:20:18	04:30:57	05:28:52	05:59:24.25	05:59:24.25	8:03	7.4
13	JABŁOŃSKI KAZIMIERZ	212		PRĄDY	POL	M60	13	M 519	00:12:59	03:31:57	04:47:33	05:42:36	06:13:13.35	06:13:13.35	8:22	7.2