

DOBRA PIĄTKA - NW

Organizator: Stowarzyszenie BiegamBoLubię Team Police
 Data: 2019-04-27
 Miejsce: Dobra
 Dystans: 5nw km
 Klasyfikacja wg czasów brutto.

**DOBRA PIĄTKA - NW, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------------|-----|----------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | NAKONIECZNY GRZEGORZ | 224 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M40 | 1 | M 1 | 00:30:28.75 | 00:30:48.25 | 6:05 | 9.8 |
| 2 | LIPIŃSKI KAROL | 178 | | SZCZECIN | POL | M40 | 2 | M 2 | 00:30:54.35 | 00:31:17.45 | 6:10 | 9.7 |
| 3 | ZDANUK ARTUR | 360 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | PRZĘSOCIN | POL | M40 | 3 | M 3 | 00:30:58.55 | 00:31:23.30 | 6:11 | 9.7 |
| 4 | KĄŻMIERCZAK NORBERT | 132 | TUPTUP TEAM | STARGARD | POL | M40 | 4 | M 4 | 00:32:29.05 | 00:32:54.95 | 6:29 | 9.2 |
| 5 | SZYMSKA MAŁGORZATA | 323 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | K30 | 1 | K 1 | 00:32:47.55 | 00:33:09.50 | 6:33 | 9.1 |
| 6 | GŁADZIK ALEKSANDER | 82 | KOMPAS TEAM | SZCZECIN | POL | M30 | 1 | M 5 | 00:33:08.45 | 00:33:32.20 | 6:37 | 9 |
| 7 | ŁEMPKOWSKI JANUSZ | 188 | BBL POLICE | POLICE | POL | M40 | 5 | M 6 | 00:34:11.85 | 00:34:18.55 | 6:50 | 8.8 |
| 8 | LIPIŃSKA KAROLINA | 177 | | SZCZECIN | POL | K30 | 2 | K 2 | 00:34:03.25 | 00:34:29.30 | 6:48 | 8.8 |
| 9 | PALIWODA KASIA | 240 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | MIERZYN | POL | K40 | 1 | K 3 | 00:34:20.35 | 00:34:41.10 | 6:52 | 8.7 |
| 10 | LENER SŁAWOMIR | 174 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50 | 1 | M 7 | 00:34:17.85 | 00:34:42.40 | 6:51 | 8.7 |
| 11 | GUZIKOWSKI TOMASZ | 100 | GUZIK TEAM SZCZECIN | SZCZECIN | POL | M40 | 6 | M 8 | 00:34:27.30 | 00:34:50.85 | 6:53 | 8.7 |
| 12 | KAMIŃSKA MAGDALENA | 125 | PUM SZCZECIN | SZCZECIN | POL | K30 | 3 | K 4 | 00:34:29.80 | 00:34:51.75 | 6:54 | 8.7 |
| 13 | STACHOWICZ-HAWRYŁAK SYLWIA | 293 | ZACHODNIOPM.CENTRUM ONKOLOGII | SZCZECIN | POL | K40 | 2 | K 5 | 00:35:24.10 | 00:35:44.55 | 7:04 | 8.5 |
| 14 | CHOJNACKI PAWEŁ | 377 | | | | M40 | 7 | M 9 | 00:35:33.45 | 00:36:01.00 | 7:06 | 8.4 |
| 15 | KUPNIEWSKA ALEKSANDRA | 166 | KOMPAS TEAM | POLICE | POL | K30 | 4 | K 6 | 00:36:20.15 | 00:36:47.75 | 7:16 | 8.3 |
| 16 | PARCHIMOWICZ JANUSZ | 242 | | SZCZECIN | POL | M50 | 2 | M 10 | 00:36:41.70 | 00:36:56.40 | 7:20 | 8.2 |
| 17 | WOŹNIEWSKA GRAŻYNA | 350 | NORDICOWELOVE POLICE | POLICE | POL | K50 | 1 | K 7 | 00:36:35.95 | 00:36:56.55 | 7:19 | 8.2 |
| 18 | MADRAK ANNA | 193 | | POLICE | POL | K40 | 3 | K 8 | 00:37:19.00 | 00:37:19.00 | 7:27 | 8 |
| 19 | GÓRSKA DOROTA | 90 | | BEZRZECZE | POL | K50 | 2 | K 9 | 00:36:59.85 | 00:37:25.55 | 7:24 | 8.1 |
| 20 | GÓRSKA AGNIESZKA | 89 | NORDICOWE LOVE POLICE | POLICE | POL | K40 | 4 | K 10 | 00:37:34.65 | 00:37:57.60 | 7:31 | 8 |
| 21 | NIEZGODA ADAM | 228 | KOMPAS TEAM | POLICE | POL | M40 | 8 | M 11 | 00:37:39.20 | 00:38:04.90 | 7:31 | 8 |
| 22 | BIELAWA ANNA | 21 | | MIERZYN | POL | K40 | 5 | K 11 | 00:37:55.90 | 00:38:28.40 | 7:35 | 7.9 |
| 23 | LITWINIAK KLAUDIA | 180 | | SZCZECIN | POL | K20 | 1 | K 12 | 00:38:12.35 | 00:38:28.80 | 7:38 | 7.9 |
| 24 | SOCHACKA SYLWIA | 288 | | SZCZECIN | POL | K20 | 2 | K 13 | 00:38:38.55 | 00:38:59.70 | 7:43 | 7.8 |
| 25 | RYBCZYK PAWEŁ | 276 | KOMPAS TEAM | TRZEBIEŻ | POL | M40 | 9 | M 12 | 00:39:01.40 | 00:39:27.20 | 7:48 | 7.7 |
| 26 | WALENT MARTA | 334 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | K30 | 5 | K 14 | 00:39:15.55 | 00:39:36.90 | 7:51 | 7.6 |
| 27 | LATAŃSKA-WALENT MAŁGORZATA | 173 | | MIERZYN | POL | K50 | 3 | K 15 | 00:39:13.75 | 00:39:37.35 | 7:50 | 7.6 |
| 28 | WYSOCKA IZABELA | 353 | | STARGARD | POL | K40 | 6 | K 16 | 00:39:19.85 | 00:39:40.60 | 7:52 | 7.6 |
| 29 | BOROWSKA MAGDALENA | 27 | | SZCZECIN | POL | K40 | 7 | K 17 | 00:39:36.30 | 00:39:59.50 | 7:55 | 7.6 |
| 30 | KOTARSKA MAŁGORZATA | 145 | NORDICOWELOVEPOLICE | POLICE | POL | K50 | 4 | K 18 | 00:39:49.50 | 00:40:08.70 | 7:57 | 7.5 |
| 31 | ROSNER BOŻENA | 270 | ALS SZCZECIN | SZCZECIN | POL | K50 | 5 | K 19 | 00:39:41.35 | 00:40:11.45 | 7:56 | 7.6 |
| 32 | RUBAJ- FIEDZIUSZKO ANNA | 271 | | SZCZECIN | POL | K30 | 6 | K 20 | 00:39:52.00 | 00:40:16.05 | 7:58 | 7.5 |
| 33 | SIENKIEWICZ MAŁGORZATA | 283 | ROZBIEGANY ZAŁOM | SZCZECIN | POL | K20 | 3 | K 21 | 00:40:03.60 | 00:40:19.10 | 8:00 | 7.5 |
| 34 | JAWORSKA JUSTYNA | 113 | JUSTYNA JAWORSKA | POLICE | POL | K30 | 7 | K 22 | 00:40:13.00 | 00:40:27.70 | 8:02 | 7.5 |
| 35 | BIELECKA MONIKA | 22 | TUPTUP TEAM | STARGARD | POL | K40 | 8 | K 23 | 00:40:10.15 | 00:40:29.15 | 8:02 | 7.5 |
| 36 | FALEŃSKI RAFAŁ | 72 | | SZCZECIN | POL | M40 | 10 | M 13 | 00:40:04.55 | 00:40:31.95 | 8:00 | 7.5 |
| 37 | KACA JAROSŁAW | 120 | SKB DZIK | POLICE | POL | M20 | 1 | M 14 | 00:40:16.25 | 00:40:42.25 | 8:03 | 7.5 |
| 38 | MICHALCZYK KATARZYNA | 213 | | POLICE | POL | K30 | 8 | K 24 | 00:40:17.25 | 00:40:42.40 | 8:03 | 7.4 |
| 39 | SZWICHTENBERG ANDRZEJ | 321 | DKKS | DOLUJE | POL | M40 | 11 | M 15 | 00:40:33.15 | 00:40:52.15 | 8:06 | 7.4 |
| 40 | FUTYMA KAROLINA | 76 | | POLICE | POL | K30 | 9 | K 25 | 00:40:42.15 | 00:40:59.80 | 8:08 | 7.4 |
| 41 | CEBEREK - PŁOJCZYK MARCELINA | 395 | | SZCZECIN | POL | K50 | 6 | K 26 | 00:40:47.70 | 00:41:14.60 | 8:09 | 7.4 |
| 42 | ŻABOKLIICKA MONIKA | 366 | | SZCZECIN | POL | K40 | 9 | K 27 | 00:40:56.45 | 00:41:26.85 | 8:11 | 7.3 |
| 43 | MALICKA MARZENA | 204 | | POLICE | POL | K30 | 10 | K 28 | 00:41:18.85 | 00:41:39.75 | 8:15 | 7.3 |
| 44 | DASZKIEWICZ BEATA | 53 | | SZCZECIN | POL | K40 | 10 | K 29 | 00:41:22.05 | 00:41:42.60 | 8:16 | 7.3 |
| 45 | DOBROWOLSKA DOROTA | 60 | ALS SZCZECIN | SZCZECIN | POL | K50 | 7 | K 30 | 00:41:28.10 | 00:41:56.55 | 8:17 | 7.2 |
| 46 | FRONTCZAK IRENEUSZ | 75 | | MIERZYN | POL | M40 | 12 | M 16 | 00:41:32.30 | 00:41:56.80 | 8:18 | 7.2 |

DOBRA PIĄTKA - NW, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|----------------------------------|-------------|------|------|--------|------|-------------|-------------|--------|------|
| 47 | JANOWSKA CZESŁAWA URSZULA | 109 | | POLICE | POL | K50 | 8 | K 31 | 00:41:46.15 | 00:42:14.30 | 8:21 | 7.2 |
| 48 | JANOWSKA-SZYBIAK KAROLINA | 110 | | POLICE | POL | K30 | 11 | K 32 | 00:41:45.10 | 00:42:14.40 | 8:21 | 7.2 |
| 49 | MAIK MAGDALENA | 195 | DKS POZIOMKOWA | DOBRA | POL | K40 | 11 | K 33 | 00:42:32.85 | 00:42:46.90 | 8:30 | 7.1 |
| 50 | KLITYŃSKA AGNIESZKA | 137 | | DOBRA | POL | K30 | 12 | K 34 | 00:42:23.25 | 00:42:54.40 | 8:28 | 7.1 |
| 51 | SZUĆKO ILONA | 318 | | SZCZECIN | POL | K30 | 13 | K 35 | 00:42:28.05 | 00:42:54.85 | 8:29 | 7.1 |
| 52 | GŁADZIK ANNA | 83 | KOMPAS TEAM | SZCZECIN | POL | K30 | 14 | K 36 | 00:42:39.80 | 00:42:55.95 | 8:31 | 7 |
| 53 | ŻARCZYŃSKA IWONA | 368 | | SZCZECIN | POL | K40 | 12 | K 37 | 00:42:48.35 | 00:43:09.50 | 8:33 | 7 |
| 54 | LITWINIAK PATRYCJA | 181 | | SZCZECIN | POL | K20 | 4 | K 38 | 00:42:48.75 | 00:43:10.20 | 8:33 | 7 |
| 55 | KARCZEWSKA DANUTA | 128 | | MIERZYN | POL | K40 | 13 | K 39 | 00:42:52.90 | 00:43:18.00 | 8:34 | 7 |
| 56 | KARCZEWSKI JAROSŁAW | 129 | | MIERZYN | POL | M50 | 3 | M 17 | 00:42:53.25 | 00:43:18.40 | 8:34 | 7 |
| 57 | ZAGRODZKA MAGDALENA | 356 | STOWARZYSZENIE MY W GMINIE DOBRA | MIERZYN | POL | K40 | 14 | K 40 | 00:42:58.90 | 00:43:21.40 | 8:35 | 7 |
| 58 | SZULC MAGDALENA | 319 | | SZCZECIN | POL | K50 | 9 | K 41 | 00:42:53.55 | 00:43:23.00 | 8:34 | 7 |
| 59 | SZCZUROWSKI ŁUKASZ | 309 | | SZCZECIN | POL | M20 | 2 | M 18 | 00:43:03.55 | 00:43:32.15 | 8:36 | 7 |
| 60 | ŁABĘDŹ MAŁGORZATA | 172 | | DOBRA | POL | K40 | 15 | K 42 | 00:43:01.60 | 00:43:33.90 | 8:36 | 7 |
| 61 | WRÓBEL KAROLINA | 352 | | DOBRA | POL | K30 | 15 | K 43 | 00:43:04.15 | 00:43:34.05 | 8:37 | 7 |
| 62 | SIBILA ANETA | 280 | | MOCZYŁY | POL | K30 | 16 | K 44 | 00:43:22.85 | 00:43:48.50 | 8:40 | 6.9 |
| 63 | MOTYL OLGA | 220 | | SZCZECIN | POL | K30 | 17 | K 45 | 00:43:29.40 | 00:43:49.65 | 8:41 | 6.9 |
| 64 | CEGLARSKA-ZACHA LILIANA | 290 | | DOBRA | POL | K50 | 10 | K 46 | 00:43:29.90 | 00:43:50.00 | 8:42 | 6.9 |
| 65 | DROZD-DĄBROWSKA MARZENA | 67 | | DOBRA | POL | K40 | 16 | K 47 | 00:43:31.65 | 00:43:50.50 | 8:42 | 6.9 |
| 66 | CZUDEK AGNIESZKA | 49 | | SZCZECIN | POL | K30 | 18 | K 48 | 00:43:59.90 | 00:44:20.15 | 8:48 | 6.8 |
| 67 | ZIÓŁKO EWELINA | 365 | | - | POL | K20 | 5 | K 49 | 00:43:47.65 | 00:44:20.95 | 8:45 | 6.9 |
| 68 | KOWALEWSKA KINGA | 149 | | - | POL | K20 | 6 | K 50 | 00:43:48.05 | 00:44:21.15 | 8:45 | 6.8 |
| 69 | PIECHOTA KATARZYNA | 246 | ZMĘCZONA SEZONEM | SZCZECIN | POL | K40 | 17 | K 51 | 00:44:01.40 | 00:44:25.55 | 8:48 | 6.8 |
| 70 | SZKUDLAREK ELŻBIETA | 311 | | SZCZECIN | POL | K50 | 11 | K 52 | 00:44:04.20 | 00:44:26.65 | 8:48 | 6.8 |
| 71 | DĄBKOWSKA EWA | 54 | | - | POL | K40 | 18 | K 53 | 00:44:00.65 | 00:44:27.40 | 8:48 | 6.8 |
| 72 | GRZYBOWSKA AGNIESZKA | 98 | | SZCZECIN | POL | K30 | 19 | K 54 | 00:44:07.00 | 00:44:34.80 | 8:49 | 6.8 |
| 73 | MILEWSKA GOSIA | 217 | 1979 | BEZRZECZE | POL | K40 | 19 | K 55 | 00:44:13.45 | 00:44:41.15 | 8:50 | 6.8 |
| 74 | WOJTAŁ ANNA | 348 | NORDICOWELOVE | POLICE | POL | K50 | 12 | K 56 | 00:44:27.45 | 00:44:44.15 | 8:53 | 6.7 |
| 75 | SZCZUROWSKA JOANNA | 308 | | SZCZECIN | POL | K40 | 20 | K 57 | 00:44:17.90 | 00:44:46.30 | 8:51 | 6.8 |
| 76 | JUCHA IZA | 116 | | POLICE | POL | K50 | 13 | K 58 | 00:44:16.60 | 00:44:47.25 | 8:51 | 6.8 |
| 77 | KOWALEWSKA BEATA | 150 | | - | POL | K50 | 14 | K 59 | 00:44:34.35 | 00:45:04.45 | 8:54 | 6.7 |
| 78 | ŻARCZYŃSKA KLAUDIA | 367 | | SZCZECIN | POL | K20 | 7 | K 60 | 00:44:57.35 | 00:45:17.45 | 8:59 | 6.7 |
| 79 | SZWICHTENBERG EWA | 320 | | DOBRA | POL | K40 | 21 | K 61 | 00:45:04.00 | 00:45:22.10 | 9:00 | 6.7 |
| 80 | ANTOSIK RENATA | 8 | | MIERZYN | POL | K50 | 15 | K 62 | 00:45:53.95 | 00:46:16.85 | 9:10 | 6.5 |
| 81 | TATYS KATARZYNA | 329 | | POLICE | POL | K30 | 20 | K 63 | 00:46:17.70 | 00:46:45.10 | 9:15 | 6.5 |
| 82 | GRALAK JOANNA | 91 | | POLICE | POL | K30 | 21 | K 64 | 00:46:18.55 | 00:46:45.60 | 9:15 | 6.5 |
| 83 | SIENKIEWICZ JOLANTA | 284 | ROZBIEGANY ZAŁOM | ZAŁOM | POL | K50 | 16 | K 65 | 00:46:53.55 | 00:47:09.55 | 9:22 | 6.4 |
| 84 | SZLARB ZOFIA | 315 | | SZCZECIN | POL | K50 | 17 | K 66 | 00:46:51.70 | 00:47:14.60 | 9:22 | 6.4 |
| 85 | NIJAK MONIKA | 229 | DZIEWCZYNY Z KOSODRZEWINY | DOBRA | POL | K30 | 22 | K 67 | 00:46:55.35 | 00:47:26.05 | 9:23 | 6.4 |
| 86 | PUCHAŁA MARTA | 258 | | DOBRA | POL | K20 | 8 | K 68 | 00:47:50.55 | 00:48:20.90 | 9:34 | 6.3 |
| 87 | BUDEK URSZULA | 30 | | DOBRA | POL | K50 | 18 | K 69 | 00:47:51.80 | 00:48:21.20 | 9:34 | 6.3 |
| 88 | MĄDRASZEWSKA WIOLETTA | 211 | | SZCZECIN | POL | K50 | 19 | K 70 | 00:48:04.60 | 00:48:33.90 | 9:36 | 6.2 |
| 89 | ANTCZAK MATEUSZ | 7 | | POLICE | POL | M20 | 3 | M 19 | 00:48:32.65 | 00:48:48.30 | 9:42 | 6.2 |
| 90 | WIOLETA RECKO WIOLETA | 345 | | SZCZECIN | POL | K30 | 23 | K 71 | 00:48:26.60 | 00:48:48.90 | 9:41 | 6.2 |
| 91 | MIKUŁA BOGUMIŁA | 216 | | - | POL | K50 | 20 | K 72 | 00:48:25.55 | 00:48:56.50 | 9:41 | 6.2 |
| 92 | ANTOSIK JOANNA | 9 | | MIERZYN | POL | K30 | 24 | K 73 | 00:50:03.70 | 00:50:25.20 | 10:00 | 6 |
| 93 | SZYSZKOWSKA KATARZYNA | 324 | KALMAR RUNNERS | SZCZECIN | POL | K30 | 25 | K 74 | 00:50:41.45 | 00:51:13.35 | 10:08 | 5.9 |
| 94 | GAĞALSKA WERONIKA | 81 | | DOBRA | POL | K30 | 26 | K 75 | 00:50:42.85 | 00:51:13.65 | 10:08 | 5.9 |
| 95 | KROTECKA ANNA | 156 | 1986 | POLICE | POL | K30 | 27 | K 76 | 00:50:41.35 | 00:51:13.65 | 10:08 | 5.9 |
| 96 | KIELISZEK GABRIELA | 136 | | CZARNA ŁĄKA | POL | K50 | 21 | K 77 | 00:51:08.50 | 00:51:37.40 | 10:13 | 5.9 |
| 97 | DĄBROWSKA EDYTA | 55 | STOWARZYSZENIE MY W GMINIE DOBRA | MIERZYN | POL | K40 | 22 | K 78 | | | | |
| 98 | PUCHAŁA HALINA | 259 | | DOBRA | POL | K40 | 23 | K 79 | | | | |