

BIEG WEGAŃSKI 5 KM

Organizator: Fundacja Run Vegan
 Data: 2019-05-19
 Miejsce: Warszawa
 Dystans: 5 km
 Klasyfikacja wg czasów netto.

BIEG WEGAŃSKI 5 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|------------------------|-----|-------------------------------|---------------------|------|--------------------------|--------|------|-------------|--------|------|
| 1 | WNOROWSKI STEFAN | 372 | GREY | KONSTANCIN-JEZIORNA | POL | BIEG Z PSEM MĘŻCZYŹNI | 1 | M 1 | 00:17:33.15 | 3:30 | 17.1 |
| 2 | GREGORCZYK ŁUKASZ | 97 | COMPASSION POLSKA | WARSZAWA | POL | M30-49 | 1 | M 2 | 00:17:38.00 | 3:31 | 17 |
| 3 | SŁUPIK TOMASZ | 305 | - | - | POL | M1-29 | 1 | M 3 | 00:17:52.30 | 3:34 | 16.8 |
| 4 | SKORY WOJCIECH | 301 | KRÓLEWSKI KLUB BIEGOWY | WARSZAWA | POL | M30-49 | 2 | M 4 | 00:18:00.35 | 3:36 | 16.7 |
| 5 | GRZYBOWSKI MARIUSZ | 101 | | KOBYŁKA | POL | M50+ | 1 | M 5 | 00:19:10.30 | 3:50 | 15.7 |
| 6 | SUCHY ROBERT | 326 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | M30-49 | 3 | M 6 | 00:19:34.45 | 3:55 | 15.3 |
| 7 | ZYCH ŁUKASZ | 401 | GRZYBKI TEAM | MARKI | POL | M30-49 | 4 | M 7 | 00:19:41.30 | 3:56 | 15.2 |
| 8 | BORAWSKI JULIUSZ | 32 | COMPASSION POLSKA | WYSOKIE MAZOWIECKIE | POL | M30-49 | 5 | M 8 | 00:20:21.40 | 4:04 | 14.7 |
| 9 | BUBEL ROBERT | 40 | | WARSZAWA | POL | M30-49 | 6 | M 9 | 00:20:28.80 | 4:05 | 14.6 |
| 10 | NOWACKA OKTAWIA | 211 | ON WŁĄCZ SIEBIE | ŁOMIANKI | POL | K1-29 | 1 | K 1 | 00:20:29.15 | 4:05 | 14.6 |
| 11 | KORDASIEWICZ STANISŁAW | 156 | | WARSZAWA | POL | M30-49 | 7 | M 10 | 00:20:47.90 | 4:09 | 14.4 |
| 12 | ZDANOWSKI DARIUSZ | 392 | KOSTRZYŃSKA GRUPA BIEGOWA | KOSTRZYN NAD ODRĄ | POL | M30-49 | 8 | M 11 | 00:21:04.75 | 4:13 | 14.2 |
| 13 | PANASIUK ARTUR | 234 | | PRUSZKÓW | POL | M30-49 | 9 | M 12 | 00:21:08.25 | 4:13 | 14.2 |
| 14 | JARMOSZKO MARIAN | 117 | TRIWAWA | WARSZAWA | POL | M30-49 | 10 | M 13 | 00:21:10.20 | 4:14 | 14.2 |
| 15 | SŁOWIŃSKI MICHAŁ | 427 | SBRT ŻOLIBORZ | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 2 | M 14 | 00:21:29.20 | 4:18 | 14 |
| 16 | ROSIŃSKI PATRYK | 282 | | WARSZAWA | POL | M1-29 | 2 | M 15 | 00:21:33.50 | 4:18 | 13.9 |
| 17 | KORSAKOV KONSTANTYN | 433 | | WARSZAWA | POL | M30-49 | 11 | M 16 | 00:21:37.15 | 4:19 | 13.9 |
| 18 | FALKOWSKI BARTEK | 70 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 3 | M 17 | 00:21:39.25 | 4:19 | 13.9 |
| 19 | ZAPALSKI MICHAŁ | 388 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 4 | M 18 | 00:22:05.70 | 4:25 | 13.6 |
| 20 | ZIĘBAKOWSKI MIKOŁAJ | 396 | | RADOM | POL | M1-29 | 3 | M 19 | 00:22:13.15 | 4:26 | 13.5 |
| 21 | KOŚLA ARKADIUSZ | 429 | | WARSZAWA | POL | M30-49 | 12 | M 20 | 00:22:35.75 | 4:31 | 13.3 |
| 22 | BORKOWSKI MARIUSZ | 33 | | WARSZAWA | POL | M30-49 | 13 | M 21 | 00:22:43.80 | 4:32 | 13.2 |
| 23 | TYM JOANNA | 355 | | WARSZAWA | POL | K30-49 | 1 | K 2 | 00:22:57.25 | 4:35 | 13.1 |
| 24 | KRZESZOWSKI DARIUSZ | 170 | VEGE RUNNERS | BŁONIE | POL | M30-49 | 14 | M 22 | 00:22:58.55 | 4:35 | 13.1 |
| 25 | KĄŻUCH OLAF | 144 | | WARSZAWA | POL | M1-29 | 4 | M 23 | 00:22:58.90 | 4:35 | 13.1 |
| 26 | PERCHALUK MAGDALENA | 241 | RUNFOTO TEAM | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 1 | K 3 | 00:23:12.70 | 4:38 | 12.9 |
| 27 | JANECZKO MAŁGORZATA | 114 | | WARSZAWA | POL | K30-49 | 2 | K 4 | 00:23:24.65 | 4:41 | 12.8 |
| 28 | KORYCIŃSKA SYLWIA | 157 | | WARSZAWA | POL | K30-49 | 3 | K 5 | 00:23:58.40 | 4:47 | 12.5 |
| 29 | SWORSKI ROMAN | 327 | VEGAN & VEGE RUNNERS / KASTYO | ŁÓDŹ | POL | M30-49 | 15 | M 24 | 00:24:00.20 | 4:48 | 12.5 |
| 30 | IDSARDI JASMINE | 107 | | WARSAW | POL | K1-29 | 2 | K 6 | 00:24:02.15 | 4:48 | 12.5 |
| 31 | CZAPIEWSKI KRZYSZTOF | 414 | | WARSZAWA | POL | M30-49 | 16 | M 25 | 00:24:03.15 | 4:48 | 12.5 |
| 32 | IWAŃCZYK GRZEGORZ | 109 | | WARSZAWA | POL | M30-49 | 17 | M 26 | 00:24:05.05 | 4:49 | 12.5 |
| 33 | BIENIECKI MIREK | 407 | | GLIWICE | POL | M30-49 | 18 | M 27 | 00:24:41.70 | 4:56 | 12.1 |
| 34 | PAKULSKI PIOTR | 230 | HARD BOX | OTWOCK | POL | M30-49 | 19 | M 28 | 00:24:51.30 | 4:58 | 12.1 |
| 35 | PIWNICKI MATEUSZ | 254 | | WARKA | POL | M1-29 | 5 | M 29 | 00:24:58.65 | 4:59 | 12 |
| 36 | MATYSIAK JULIUSZ | 194 | | SĘKOCIN STARY | POL | M1-29 | 6 | M 30 | 00:25:22.25 | 5:04 | 11.8 |
| 37 | ROSIĄK JACEK | 280 | | RADZYMIN | POL | M30-49 | 20 | M 31 | 00:25:22.50 | 5:04 | 11.8 |
| 38 | PALMER SEAN | 231 | | WARSAW | POL | M30-49 | 21 | M 32 | 00:25:27.60 | 5:05 | 11.8 |
| 39 | KĄŻUCH SŁAWOMIR | 143 | | OTWOCK | POL | M30-49 | 22 | M 33 | 00:25:33.35 | 5:06 | 11.7 |
| 40 | OSIAK JAN | 225 | | WARSZAWA | POL | M1-29 | 7 | M 34 | 00:25:35.30 | 5:07 | 11.7 |
| 41 | GESZPRYCH MAREK | 86 | DRUŻYNA BLANECZKI | ZĄBKI | POL | M30-49 | 23 | M 35 | 00:25:36.45 | 5:07 | 11.7 |
| 42 | BERNAT PAWEŁ | 19 | | WARSZAWA | POL | M30-49 | 24 | M 36 | 00:25:38.60 | 5:07 | 11.7 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------|-----|-------------------------------------|-----------------------|------|--------------------------|--------|------|-------------|--------|------|
| 43 | KORCZYŃSKA BOŻENA | 155 | | ŁÓDŹ | POL | K30-49 | 4 | K 7 | 00:25:48.70 | 5:09 | 11.6 |
| 44 | SADOWSKI MATEUSZ | 288 | | WARSZAWA | POL | M1-29 | 8 | M 37 | 00:25:51.85 | 5:10 | 11.6 |
| 45 | MIEDŹWIEDŹ ŁUKASZ | 199 | | PRUSZKÓW | POL | M30-49 | 25 | M 38 | 00:25:52.45 | 5:10 | 11.6 |
| 46 | WRÓBLEWSKA OLGA | 380 | VEGE RUNNERS | WILCZA GÓRA | POL | K30-49 | 5 | K 8 | 00:25:55.25 | 5:11 | 11.6 |
| 47 | KALINOWSKA ULA | 132 | | WARSZAWA | POL | K1-29 | 3 | K 9 | 00:25:55.65 | 5:11 | 11.6 |
| 48 | NAPIERSKA DOMINIKA | 208 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 6 | K 10 | 00:25:56.25 | 5:11 | 11.6 |
| 49 | FARAT MAGDALENA | 71 | | WARSZAWA | POL | K30-49 | 7 | K 11 | 00:26:03.35 | 5:12 | 11.5 |
| 50 | KŁOK EMIL | 149 | | WARSZAWA | POL | M1-29 | 9 | M 39 | 00:26:19.80 | 5:16 | 11.4 |
| 51 | ŚWIĆ MAŁGORZATA | 345 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 8 | K 12 | 00:27:00.80 | 5:24 | 11.1 |
| 52 | ANTOSZKIEWICZ DOBRAWA | 8 | | - | POL | K30-49 | 9 | K 13 | 00:27:00.90 | 5:24 | 11.1 |
| 53 | KACPRZAK PAULINA | 128 | | WARSZAWA | POL | K30-49 | 10 | K 14 | 00:27:16.15 | 5:27 | 11 |
| 54 | DZIEMBA TOMASZ | 66 | | WARSZAWA | POL | M1-29 | 10 | M 40 | 00:27:21.20 | 5:28 | 11 |
| 55 | ZALEWSKA ZOFIA | 385 | | WARSAW | POL | BIEGI Z PSEM KOBIETY | 2 | K 15 | 00:27:43.05 | 5:32 | 10.8 |
| 56 | MOKRZANOWSKA ANNA | 202 | | WARSZAWA | POL | K1-29 | 4 | K 16 | 00:27:43.65 | 5:32 | 10.8 |
| 57 | ROCKA MAŁGORZATA | 692 | | WARSZAWA | POL | K30-49 | 11 | K 17 | 00:28:01.05 | 5:36 | 10.7 |
| 58 | PTAK MARCIN | 267 | | JÓZEFÓW | POL | M30-49 | 26 | M 41 | 00:28:03.55 | 5:36 | 10.7 |
| 59 | ANIOŁKOWSKI KRZYSZTOF | 6 | | WARSZAWA | POL | M30-49 | 27 | M 42 | 00:28:06.65 | 5:37 | 10.7 |
| 60 | PIEJAK TOMASZ | 418 | | | POL | M1-29 | 11 | M 43 | 00:28:08.00 | 5:37 | 10.7 |
| 61 | KOT ALEKSANDRA | 160 | | WARSZAWA | POL | K1-29 | 5 | K 18 | 00:28:17.80 | 5:39 | 10.6 |
| 62 | DŁUGOSZ DANIEL | 56 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 5 | M 44 | 00:28:23.60 | 5:40 | 10.6 |
| 63 | AKERMAN ADRIAN | 4 | | WARSZAWA | POL | M1-29 | 12 | M 45 | 00:28:25.20 | 5:41 | 10.6 |
| 64 | SENKOWSKI GUSTAW | 292 | TRAWOŻERY | OSTRÓDA | POL | M1-29 | 13 | M 46 | 00:28:27.55 | 5:41 | 10.5 |
| 65 | PARTYKA JUSTYNA | 238 | | MILANÓWEK | POL | K1-29 | 6 | K 19 | 00:28:28.15 | 5:41 | 10.5 |
| 66 | CZERŃIAWSKI BARTOSZ | 49 | | WARSZAWA | POL | M1-29 | 14 | M 47 | 00:28:31.95 | 5:42 | 10.5 |
| 67 | GÓRECKI MICHAŁ | 94 | | BEŁCHATÓW | POL | M30-49 | 28 | M 48 | 00:28:42.80 | 5:44 | 10.4 |
| 68 | CZAPLEWSKA WERONIKA | 423 | | WARSZAWA | POL | K1-29 | 7 | K 20 | 00:28:46.20 | 5:45 | 10.4 |
| 69 | SIEDLECKI EDYTA | 294 | | WARSZAWA | POL | K30-49 | 12 | K 21 | 00:28:46.45 | 5:45 | 10.4 |
| 70 | SUCHODOŁA JUSTYNA | 325 | | WOLA BATORSKA | POL | K30-49 | 13 | K 22 | 00:28:50.20 | 5:46 | 10.4 |
| 71 | BARTCZAK MACIEJ | 426 | | | POL | M1-29 | 15 | M 49 | 00:28:50.25 | 5:46 | 10.4 |
| 72 | PONIEWIERSKI RAFAŁ | 261 | TRICLUB | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 6 | M 50 | 00:28:56.05 | 5:47 | 10.4 |
| 73 | ZIELIŃSKI PIOTR | 394 | | WARSZAWA | POL | M30-49 | 29 | M 51 | 00:28:57.80 | 5:47 | 10.4 |
| 74 | DREWNOWSKA OLGA | 59 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 3 | K 23 | 00:28:57.95 | 5:47 | 10.4 |
| 75 | GUZEWICZ POLA | 103 | SCHRONISKO NA PALUCHU | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 4 | K 24 | 00:28:58.05 | 5:47 | 10.4 |
| 76 | GUZEK MONIKA | 102 | | WARSZAWA | POL | K30-49 | 14 | K 25 | 00:28:58.55 | 5:47 | 10.4 |
| 77 | SNARSKI PIOTR | 309 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 7 | M 52 | 00:29:03.00 | 5:48 | 10.3 |
| 78 | WRÓBLEWSKA MARTYNA | 379 | - | - | POL | K30-49 | 15 | K 26 | 00:29:04.15 | 5:49 | 10.3 |
| 79 | KOBUS KARINA | 150 | SRS KONDYCJA | PIASECZNO | POL | K1-29 | 8 | K 27 | 00:29:04.95 | 5:49 | 10.3 |
| 80 | PAKULSKA EWELINA | 229 | GRAŻYŃKI OCR | OTWOCK | POL | K30-49 | 16 | K 28 | 00:29:06.45 | 5:49 | 10.3 |
| 81 | STACHURSKI PRZEMYSŁAW | 317 | BIEGNIJ Z PROSERVICE | WARSZAWA | POL | M30-49 | 30 | M 53 | 00:29:11.25 | 5:50 | 10.3 |
| 82 | KOSMĘDA ALEKSANDRA | 159 | | WARSZAWA | POL | K30-49 | 17 | K 29 | 00:29:12.00 | 5:50 | 10.3 |
| 83 | HEREC-OLEJNIK EWA | 104 | RUN OLEY/LOMIANKOWSKA GRUPA BIEGOWA | ŁOMIANKI | POL | K30-49 | 18 | K 30 | 00:29:20.15 | 5:52 | 10.2 |
| 84 | NAPIERSKI ŁUKASZ | 209 | | WARSZAWA | POL | M30-49 | 31 | M 54 | 00:29:20.35 | 5:52 | 10.2 |
| 85 | DĄBROWSKA ANNA | 53 | | WARSZAWA | POL | K30-49 | 19 | K 31 | 00:29:26.60 | 5:53 | 10.2 |
| 86 | KALISZ MAŁGORZATA | 135 | | WARSZAWA | POL | K30-49 | 20 | K 32 | 00:29:27.10 | 5:53 | 10.2 |
| 87 | ADAMIEC MONIKA | 3 | | WARSZAWA | POL | K30-49 | 21 | K 33 | 00:29:27.85 | 5:53 | 10.2 |
| 88 | CIERLAK PATRYCJA | 46 | | WARSZAWA | POL | K1-29 | 9 | K 34 | 00:29:30.30 | 5:54 | 10.2 |
| 89 | WYRWICZ MAREK | 383 | | KRAKÓW | POL | M30-49 | 32 | M 55 | 00:29:38.70 | 5:55 | 10.1 |
| 90 | BOROWIK ALEKSANDRA | 428 | | WARSZAWA | POL | K30-49 | 22 | K 35 | 00:29:39.45 | 5:56 | 10.1 |
| 91 | OLSZOWSKI MICHAŁ | 219 | | WARSZAWA | POL | M30-49 | 33 | M 56 | 00:29:40.20 | 5:56 | 10.1 |
| 92 | MŁOCEK PIOTR | 201 | | WARSZAWA | POL | M1-29 | 16 | M 57 | 00:29:41.65 | 5:56 | 10.1 |
| 93 | DZIEKONSKA JOANNA A. | 65 | | WARSZAWA | POL | K30-49 | 23 | K 36 | 00:29:43.25 | 5:56 | 10.1 |
| 94 | SZTYLKO MICHAŁ | 333 | | WARSZAWA | POL | M30-49 | 34 | M 58 | 00:29:43.55 | 5:56 | 10.1 |
| 95 | SIWEK ANNA | 299 | | WARSZAWA | POL | K30-49 | 24 | K 37 | 00:29:43.80 | 5:56 | 10.1 |
| 96 | KAZANOWSKA EWA | 142 | | KONSTANCIN - JEZIORNA | POL | K30-49 | 25 | K 38 | 00:29:44.55 | 5:56 | 10.1 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------|-----|-----------------------|--------------|------|----------------------|--------|------|-------------|--------|------|
| 97 | TADIR HANNA | 346 | | WARSZAWA | POL | K30-49 | 26 | K 39 | 00:29:44.90 | 5:57 | 10.1 |
| 98 | JAROS ARKADIUSZ | 118 | | BRWINÓW | POL | M50+ | 2 | M 59 | 00:29:46.75 | 5:57 | 10.1 |
| 99 | ROSIK ZUZANNA | 281 | | RADZYMIN | POL | K30-49 | 27 | K 40 | 00:29:48.05 | 5:57 | 10.1 |
| 100 | BYCZEWSKA MAGDALENA | 42 | | WARSZAWA | POL | K30-49 | 28 | K 41 | 00:29:48.40 | 5:57 | 10.1 |
| 101 | BIENKOWSKI MATEUSZ | 22 | | WARSZAWA | POL | M30-49 | 35 | M 60 | 00:29:48.60 | 5:57 | 10.1 |
| 102 | BOCIAN KATARZYNA | 28 | COMPASSION POLSKA | WARSZAWA | POL | K1-29 | 10 | K 42 | 00:29:51.40 | 5:58 | 10 |
| 103 | KOZIŃSKA KAMILA | 163 | DRUŻYNA BLANECZKI | ŻYRARDÓW | POL | K30-49 | 29 | K 43 | 00:29:57.60 | 5:59 | 10 |
| 104 | PIĘKOŚ MAGDALENA | 248 | | WARSZAWA | POL | K30-49 | 30 | K 44 | 00:30:04.60 | 6:01 | 10 |
| 105 | RYNKOWSKA KATARZYNA | 286 | | WARSZAWA | POL | K30-49 | 31 | K 45 | 00:30:06.80 | 6:01 | 10 |
| 106 | ZALEWSKA ADRIANNA | 386 | | WARSZAWA | POL | K1-29 | 11 | K 46 | 00:30:17.05 | 6:03 | 9.9 |
| 107 | PIWOWARCZYK AGATA | 255 | | DOB CZYCE | POL | K1-29 | 12 | K 47 | 00:30:18.75 | 6:03 | 9.9 |
| 108 | CEROWSKI STEVE | 43 | | ARLINGTON | USA | M50+ | 3 | M 61 | 00:30:19.60 | 6:04 | 9.9 |
| 109 | CIEŚLAK AGNIESZKA | 47 | | ŁÓDŹ | POL | K30-49 | 32 | K 48 | 00:30:26.55 | 6:05 | 9.9 |
| 110 | SNAKOWSKA PATRYCJA | 308 | BIEGAJĄCE WĘŻE | WARSZAWA | POL | K30-49 | 33 | K 49 | 00:30:27.00 | 6:05 | 9.9 |
| 111 | ŻUŁAWIŃSKA MAGDALENA | 405 | | WROCLAW | POL | K1-29 | 13 | K 50 | 00:30:35.30 | 6:07 | 9.8 |
| 112 | KUDER ANNA | 172 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 5 | K 51 | 00:30:35.45 | 6:07 | 9.8 |
| 113 | STĘPIEŃ LENA | 322 | | WOŁOMIN | POL | K1-29 | 14 | K 52 | 00:30:35.55 | 6:07 | 9.8 |
| 114 | GAJEWSKA KAROLINA | 83 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K30-49 | 34 | K 53 | 00:30:37.60 | 6:07 | 9.8 |
| 115 | LIBERA PAWEŁ | 179 | GRUPA BIEGOWA UM-WWA | WARSZAWA | POL | M30-49 | 36 | M 62 | 00:30:38.90 | 6:07 | 9.8 |
| 116 | ŻOŁCIŃSKI WALDEMAR | 404 | GRUPA BIEGOWA UM W-WA | WARSZAWA | POL | M50+ | 4 | M 63 | 00:30:40.70 | 6:08 | 9.8 |
| 117 | PAŁAMAR KRZYSZTOF | 232 | | SZCZECIN | POL | M50+ | 5 | M 64 | 00:30:43.90 | 6:08 | 9.8 |
| 118 | MAJEWSKI MAREK | 189 | WILANÓW-ZAWADY | WARSZAWA | POL | M50+ | 6 | M 65 | 00:30:47.50 | 6:09 | 9.7 |
| 119 | ORDAK BEATA | 220 | | SIECHNICE | POL | K30-49 | 35 | K 54 | 00:30:48.10 | 6:09 | 9.7 |
| 120 | SZLOSER PIOTR | 330 | | WARSZAWA | POL | M30-49 | 37 | M 66 | 00:30:53.90 | 6:10 | 9.7 |
| 121 | SZAŁAŃSKA AGATA | 329 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 6 | K 55 | 00:30:57.25 | 6:11 | 9.7 |
| 122 | ŚLIWA LILKA | 341 | BEHAVEDOG | LEGIONOWO | POL | BIEGI Z PSEM KOBIETY | 7 | K 56 | 00:30:58.00 | 6:11 | 9.7 |
| 123 | WEJTKO ELA | 363 | | WARSZAWA | POL | K50+ | 1 | K 57 | 00:30:59.70 | 6:12 | 9.7 |
| 124 | MROZCEK MAGDALENA | 203 | | WARSZAWA | POL | K30-49 | 36 | K 58 | 00:31:04.80 | 6:13 | 9.7 |
| 125 | BRZEWIŃSKA NATALIA | 39 | BEHAVEDOG | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 8 | K 59 | 00:31:05.45 | 6:13 | 9.7 |
| 126 | DZIAMENTSYEVA VIYALETA | 63 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 9 | K 60 | 00:31:05.60 | 6:13 | 9.7 |
| 127 | WÓJCIK RAFAŁ | 377 | | WARSZAWA | POL | M30-49 | 38 | M 67 | 00:31:07.35 | 6:13 | 9.6 |
| 128 | KWIECIŃSKA ALICJA | 176 | | WARSZAWA | POL | K30-49 | 37 | K 61 | 00:31:07.35 | 6:13 | 9.6 |
| 129 | MRÓZ SEBASTIAN | 206 | | KOMORÓW | POL | M30-49 | 39 | M 68 | 00:31:08.40 | 6:13 | 9.6 |
| 130 | SERAFIN KATARZYNA | 415 | | WARSZAWA | POL | K30-49 | 38 | K 62 | 00:31:13.95 | 6:14 | 9.6 |
| 131 | STARUCH ANDRZEJ | 320 | | DĘBE WIELKIE | POL | M50+ | 7 | M 69 | 00:31:18.05 | 6:15 | 9.6 |
| 132 | SOBOTA KAMILA | 311 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 10 | K 63 | 00:31:22.20 | 6:16 | 9.6 |
| 133 | SIKORSKA MARYSIA | 296 | | WARSZAWA | POL | K1-29 | 15 | K 64 | 00:31:23.15 | 6:16 | 9.6 |
| 134 | RAFIŃSKA AGNIESZKA | 273 | | WARSZAWA | POL | K30-49 | 39 | K 65 | 00:31:24.00 | 6:16 | 9.6 |
| 135 | GRAF MAGDA | 96 | | WARSZAWA | POL | K30-49 | 40 | K 66 | 00:31:24.65 | 6:17 | 9.5 |
| 136 | KWACZYŃSKA MARZENA | 417 | | WARSZAWA | POL | K50+ | 2 | K 67 | 00:31:26.00 | 6:17 | 9.5 |
| 137 | POLIŃSKA ANIA | 259 | VEGE RUNNERS | WARSZAWA | POL | K50+ | 3 | K 68 | 00:31:26.50 | 6:17 | 9.5 |
| 138 | OSIAK MAGDALENA | 224 | | WARSZAWA | POL | K30-49 | 41 | K 69 | 00:31:27.30 | 6:17 | 9.5 |
| 139 | PAC BARTOSZ | 228 | | WARSZAWA | POL | M30-49 | 40 | M 70 | 00:31:27.60 | 6:17 | 9.5 |
| 140 | ORZECZOWSKA ALEKSANDRA | 223 | | DZIAŁDOWO | POL | K1-29 | 16 | K 70 | 00:31:33.65 | 6:18 | 9.5 |
| 141 | ZIOLKOWSKI IZABELA | 397 | VEGAN RUNNERS | SANDNES | NOR | K30-49 | 42 | K 71 | 00:31:33.95 | 6:18 | 9.5 |
| 142 | ORZECZOWSKA ALICJA | 222 | | DZIAŁDOWO | POL | K1-29 | 17 | K 72 | 00:31:34.15 | 6:19 | 9.5 |
| 143 | STANISZEWSKA PAULINA | 319 | NESSI TEAM | TLUSZCZ | POL | K1-29 | 18 | K 73 | 00:31:37.65 | 6:19 | 9.5 |
| 144 | WDOWIAK POLA | 362 | | WARSZAWA | POL | K1-29 | 19 | K 74 | 00:31:38.20 | 6:19 | 9.5 |
| 145 | KASZYŃSKA KAROLINA | 140 | | WARSZAWA | POL | K30-49 | 43 | K 75 | 00:31:39.10 | 6:19 | 9.5 |
| 146 | DICKHARDT JAGODA | 55 | | POZNAŃ | POL | K1-29 | 20 | K 76 | 00:31:42.65 | 6:20 | 9.5 |
| 147 | BASIŃSKI DAWID | 15 | | RAKONIEWICE | POL | M1-29 | 17 | M 71 | 00:31:42.65 | 6:20 | 9.5 |
| 148 | BIELEC ZUZANNA MAGDALENA | 808 | | WARSZAWA | POL | K1-29 | 21 | K 77 | 00:31:44.10 | 6:20 | 9.5 |
| 149 | BIELAWSKA MONIKA | 20 | | WARSZAWA | POL | K30-49 | 44 | K 78 | 00:31:47.70 | 6:21 | 9.4 |
| 150 | MRÓZ MATEUSZ | 207 | | KOMORÓW | POL | M1-29 | 18 | M 72 | 00:31:52.10 | 6:22 | 9.4 |
| 151 | BIELEC KAROLINA | 21 | MORSY ZIELONKA | WARSZAWA | POL | K30-49 | 45 | K 79 | 00:31:56.20 | 6:23 | 9.4 |
| 152 | BRONSZEWSKA MARTA | 37 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 11 | K 80 | 00:31:58.90 | 6:23 | 9.4 |
| 153 | MAŁEK ALEKSANDRA | 191 | RUN BABYS | KAPINO | POL | BIEGI Z PSEM KOBIETY | 11 | K 80 | 00:31:58.90 | 6:23 | 9.4 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------------|-----|------------------------|-----------|------|--------------------------|--------|-------|-------------|--------|------|
| 154 | GAJDA MAJA | 80 | | WARSZAWA | POL | K1-29 | 22 | K 82 | 00:32:00.50 | 6:24 | 9.4 |
| 155 | KOZIK JOANNA | 422 | | WARSZAW | POL | K1-29 | 23 | K 83 | 00:32:00.80 | 6:24 | 9.4 |
| 156 | SIWEK ALEKSANDRA | 300 | | WARSZAWA | POL | K1-29 | 24 | K 84 | 00:32:04.70 | 6:25 | 9.4 |
| 157 | SILSKA MAGDALENA | 297 | | WARSZAWA | POL | K30-49 | 46 | K 85 | 00:32:11.20 | 6:26 | 9.3 |
| 158 | ZIOŁO KATARZYNA | 399 | - | - | POL | K30-49 | 47 | K 86 | 00:32:17.30 | 6:27 | 9.3 |
| 159 | ZIOŁO JULIA | 398 | | - | POL | K1-29 | 25 | K 87 | 00:32:17.50 | 6:27 | 9.3 |
| 160 | LASKOWSKA IZABELA | 421 | | WARSZAWA | | K30-49 | 48 | K 88 | 00:32:20.10 | 6:28 | 9.3 |
| 161 | TRATSIK VOLHA | 353 | | WARSZAWA | POL | K30-49 | 49 | K 89 | 00:32:23.75 | 6:28 | 9.3 |
| 162 | GRABOWSKI JERZY | 95 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 8 | M 73 | 00:32:24.35 | 6:28 | 9.3 |
| 163 | ZIELIŃSKA MAGDALENA | 395 | | SKRZESZEW | POL | K30-49 | 50 | K 90 | 00:32:35.75 | 6:31 | 9.2 |
| 164 | JÓZWIK-LUPIŃSKA KATARZYNA | 420 | | ZAMBROW | POL | K30-49 | 51 | K 91 | 00:32:38.10 | 6:31 | 9.2 |
| 165 | ROSTOCKA NATASZA | 283 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 13 | K 92 | 00:32:41.95 | 6:32 | 9.2 |
| 166 | MIAKOTA JOANNA | 197 | | WARSZAWA | POL | K30-49 | 52 | K 93 | 00:32:46.60 | 6:33 | 9.2 |
| 167 | UCHRONSKA JUSTYNA | 358 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 53 | K 94 | 00:32:47.55 | 6:33 | 9.2 |
| 168 | GOŁAŚ MAGDALENA | 92 | | WARSZAWA | POL | K1-29 | 26 | K 95 | 00:32:47.80 | 6:33 | 9.1 |
| 169 | DYMEK JUSTYNA | 62 | | WARSZAWA | POL | K30-49 | 54 | K 96 | 00:32:48.95 | 6:33 | 9.1 |
| 170 | GŁOWACKA ALEKSANDRA | 88 | MŁODY VS STARY | LEGIONOWO | POL | BIEGI Z PSEM KOBIETY | 14 | K 97 | 00:32:49.90 | 6:34 | 9.1 |
| 171 | GRONCZEWSKA KAROLINA | 99 | SCHRONISKO NA PALUCHU | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 15 | K 98 | 00:32:56.60 | 6:35 | 9.1 |
| 172 | KĄKOWSKA JULIA | 145 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 16 | K 99 | 00:32:58.25 | 6:35 | 9.1 |
| 173 | OLBORSKA MONIKA | 218 | | WARSZAWA | POL | K30-49 | 55 | K 100 | 00:32:58.70 | 6:35 | 9.1 |
| 174 | ZŁOTNICKI ADAM | 400 | STOWARZYSZENIE EMPATIA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 8 | M 74 | 00:32:59.35 | 6:35 | 9.1 |
| 175 | JACNIAK PAULINA | 406 | | WARSZAWA | POL | K30-49 | 56 | K 101 | 00:32:59.45 | 6:35 | 9.1 |
| 176 | PYTLAS - SIERADZKA DOMINIKA | 271 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 17 | K 102 | 00:33:01.35 | 6:36 | 9.1 |
| 177 | PIERZYŃSKA IRINA | 247 | | WARSZAWA | POL | K30-49 | 57 | K 103 | 00:33:06.05 | 6:37 | 9.1 |
| 178 | PAŁAMAR ANNA | 233 | | SZCZECIN | POL | K1-29 | 27 | K 104 | 00:33:06.25 | 6:37 | 9.1 |
| 179 | IMIĘLA MACIEL | 108 | - | WARSZAWA | POL | M1-29 | 19 | M 75 | 00:33:07.35 | 6:37 | 9.1 |
| 180 | ZAPAŚNIK KATARZYNA | 389 | | WARSZAWA | POL | K1-29 | 28 | K 105 | 00:33:08.35 | 6:37 | 9 |
| 181 | POPŁAWSKA MAGDA | 262 | | WARSZAWA | POL | K30-49 | 58 | K 106 | 00:33:09.05 | 6:37 | 9 |
| 182 | KOWALSKA JOANNA | 161 | | WARSZAWA | POL | K30-49 | 59 | K 107 | 00:33:13.85 | 6:38 | 9 |
| 183 | TYRYŁO KARLA | 357 | | WARSZAWA | POL | K1-29 | 29 | K 108 | 00:33:17.60 | 6:39 | 9 |
| 184 | PIRÓG ALEKSANDRA | 252 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 18 | K 109 | 00:33:20.10 | 6:40 | 9 |
| 185 | BAĆMAGA-ZAPALSKA ANNA | 10 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 19 | K 110 | 00:33:23.15 | 6:40 | 9 |
| 186 | ŚWICARZ JOLANTA | 344 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 20 | K 111 | 00:33:24.25 | 6:41 | 9 |
| 187 | | 432 | | | | | | 1 | 00:33:24.30 | 6:41 | 9 |
| 188 | MAGNOWSKA KAROLINA | 188 | | WARSZAWA | POL | K1-29 | 30 | K 112 | 00:33:24.75 | 6:41 | 9 |
| 189 | HOŁOWACZ TOMASZ | 105 | KONDYCJA | WARSZAWA | POL | M50+ | 9 | M 76 | 00:33:28.80 | 6:41 | 9 |
| 190 | ANTONÓW PIOTR | 7 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 9 | M 77 | 00:33:29.90 | 6:42 | 9 |
| 191 | KWIATKOWSKA MAJA | 175 | | WARSZAWA | POL | K1-29 | 31 | K 113 | 00:33:30.95 | 6:42 | 9 |
| 192 | JEZNACH ANDRZEJ | 122 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 10 | M 78 | 00:33:39.35 | 6:43 | 8.9 |
| 193 | JEZNACH MIKOŁAJ | 121 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 11 | M 79 | 00:33:40.05 | 6:44 | 8.9 |
| 194 | ŻAK ANNA | 402 | | WARSZAWA | POL | K50+ | 4 | K 114 | 00:33:46.25 | 6:45 | 8.9 |
| 195 | WITEK-STACHURSKA ADRIANA | 369 | | WARSZAWA | POL | K30-49 | 60 | K 115 | 00:33:49.55 | 6:46 | 8.9 |
| 196 | GLEBA JEANETTE | 87 | | WARSZAWA | POL | K30-49 | 61 | K 116 | 00:33:51.50 | 6:46 | 8.9 |
| 197 | SHPAK MARYIA | 293 | | LUBLIN | | K1-29 | 32 | K 117 | 00:33:52.80 | 6:46 | 8.9 |
| 198 | KWOLEK ZOFIA | 177 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 21 | K 118 | 00:33:54.55 | 6:47 | 8.8 |
| 199 | BURCZ KAROLINA | 410 | DANONE | WARSZAWA | POL | K1-29 | 33 | K 119 | 00:33:55.60 | 6:47 | 8.8 |
| 200 | PŁOŃSKA AGNIESZKA | 258 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 62 | K 120 | 00:33:56.25 | 6:47 | 8.8 |
| 201 | SKUBISZ MARTA | 303 | | WARSZAWA | POL | K30-49 | 63 | K 121 | 00:33:56.55 | 6:47 | 8.8 |
| 202 | WIĄCEK IZABELA | 364 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 64 | K 122 | 00:33:56.65 | 6:47 | 8.8 |
| 203 | MĄKOSA DANIEL | 196 | | WARSZAWA | POL | M1-29 | 20 | M 80 | 00:34:00.65 | 6:48 | 8.8 |
| 204 | KŁODZIŃSKA SANDRA | 148 | | WARSZAWA | POL | K30-49 | 65 | K 123 | 00:34:01.05 | 6:48 | 8.8 |
| 205 | DZIARNOWSKA MAGDA | 64 | MECHANIKA ZDROWIA | WARSZAWA | POL | K30-49 | 66 | K 124 | 00:34:03.65 | 6:48 | 8.8 |
| 206 | BYCHOWSKA AGNIESZKA | 813 | | WARSZAWA | POL | K30-49 | 67 | K 125 | 00:34:03.90 | 6:48 | 8.8 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------------|-----|------------------------|---------------|------|--------------------------|--------|-------|-------------|--------|------|
| 207 | KWOLEK GRZEGORZ | 178 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 12 | M 81 | 00:34:05.60 | 6:49 | 8.8 |
| 208 | SZUSTAK MAŁGORZATA | 334 | | WARSZAWA | POL | K1-29 | 34 | K 126 | 00:34:05.90 | 6:49 | 8.8 |
| 209 | DELIMAT JOANNA | 54 | | WARSZAWA | POL | K30-49 | 68 | K 127 | 00:34:08.00 | 6:49 | 8.8 |
| 210 | PANEK DOMINIKA | 237 | | - | POL | K1-29 | 35 | K 128 | 00:34:10.80 | 6:50 | 8.8 |
| 211 | JARMOSZKO ANNA | 116 | | WARSZAWA | POL | K30-49 | 69 | K 129 | 00:34:10.85 | 6:50 | 8.8 |
| 212 | KOPYT ANTONINA | 154 | | WARSZAWA | POL | K30-49 | 70 | K 130 | 00:34:23.05 | 6:52 | 8.7 |
| 213 | SĄLKIEWICZ PAULINA | 291 | | WARSZAWA | POL | K30-49 | 71 | K 131 | 00:34:24.40 | 6:53 | 8.7 |
| 214 | WOLSZTYNIAK ADAM | 376 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 13 | M 82 | 00:34:24.50 | 6:52 | 8.7 |
| 215 | -- | 29 | - | - | POL | BIEGI Z PSEM KOBIETY | 22 | K 132 | 00:34:26.10 | 6:53 | 8.7 |
| 216 | ROSA ANNA | 279 | | PRUSZKÓW | POL | K30-49 | 72 | K 133 | 00:34:31.00 | 6:54 | 8.7 |
| 217 | BARTOSIK WOJTEK | 13 | | WARSZAWA | POL | M30-49 | 41 | M 83 | 00:34:31.20 | 6:54 | 8.7 |
| 218 | WALENDZIK ANNA | 359 | | WARSZAWA | POL | K30-49 | 73 | K 134 | 00:34:36.85 | 6:55 | 8.7 |
| 219 | GROMADA KAROLINA | 98 | | WARSZAWA | POL | K1-29 | 36 | K 135 | 00:34:37.70 | 6:55 | 8.7 |
| 220 | KOCHAŃCZYK PAWEŁ | 151 | | RADOM | POL | M30-49 | 42 | M 84 | 00:34:43.05 | 6:56 | 8.6 |
| 221 | MATYSIAK KRZYSZTOF | 193 | POLSOJA | SEKOCIN STARY | POL | M30-49 | 43 | M 85 | 00:34:44.00 | 6:56 | 8.6 |
| 222 | KALINOWSKI ADAM | 134 | 1976 | WARSZAWA | POL | M30-49 | 44 | M 86 | 00:34:45.10 | 6:57 | 8.6 |
| 223 | KACZOCHA AGNIESZKA | 130 | | WARSZAWA | POL | K30-49 | 74 | K 136 | 00:34:45.80 | 6:57 | 8.6 |
| 224 | NIEPORECKA SYLWIA | 424 | | WARSZAWA | POL | K30-49 | 75 | K 137 | 00:34:47.65 | 6:57 | 8.6 |
| 225 | POŚNIK ŁUKASZ | 264 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 14 | M 87 | 00:34:54.40 | 6:58 | 8.6 |
| 226 | PUZIO ALEKSANDRA | 268 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 23 | K 138 | 00:34:56.55 | 6:59 | 8.6 |
| 227 | RUTKA BARBARA | 425 | | | POL | K30-49 | 76 | K 139 | 00:34:57.95 | 6:59 | 8.6 |
| 228 | POTEMPSKI PAWEŁ | 265 | | WARSZAWA | POL | M30-49 | 45 | M 88 | 00:34:59.90 | 7:00 | 8.6 |
| 229 | SZYMANI-WOLIŃSKA GABI | 336 | | WARSZAWA | POL | K30-49 | 77 | K 140 | 00:35:01.45 | 7:00 | 8.6 |
| 230 | PISKORZ IZABELA | 253 | | WARSZAWA | POL | K1-29 | 37 | K 141 | 00:35:01.90 | 7:00 | 8.6 |
| 231 | ORTA—KORZENIEWSKA EDYTA | 221 | | WARSZAWA | POL | K30-49 | 78 | K 142 | 00:35:02.25 | 7:00 | 8.6 |
| 232 | GAGATEK MARITA | 78 | NAJGORSZY SORT BIEGOWY | WARSZAWA | POL | K1-29 | 38 | K 143 | 00:35:04.30 | 7:00 | 8.6 |
| 233 | BRONISZEWSKA MARTA | 36 | | WARSZAWA | POL | K1-29 | 39 | K 144 | 00:35:09.70 | 7:02 | 8.5 |
| 234 | PANASIUK MONIKA | 235 | | PRUSZKÓW | POL | K30-49 | 79 | K 145 | 00:35:09.95 | 7:02 | 8.5 |
| 235 | ŁUKASIK KARINA | 187 | RUNGIRL | WARSZAWA | POL | K30-49 | 80 | K 146 | 00:35:10.20 | 7:02 | 8.5 |
| 236 | ŚCIBOR KATARZYNA | 340 | | WARSZAWA | POL | K30-49 | 81 | K 147 | 00:35:11.50 | 7:02 | 8.5 |
| 237 | PIEC DAGMARA | 246 | | WARSZAWA | POL | K30-49 | 82 | K 148 | 00:35:16.95 | 7:03 | 8.5 |
| 238 | KIERKOWSKA OLGA | 147 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 83 | K 149 | 00:35:21.95 | 7:04 | 8.5 |
| 239 | SZYMOCHA MARTA | 338 | | WARSZAWA | POL | K30-49 | 84 | K 150 | 00:35:25.15 | 7:05 | 8.5 |
| 240 | PIOTROWSKA-KRZAK ELŻBIETA | 251 | | WARSZAWA | POL | K30-49 | 85 | K 151 | 00:35:26.10 | 7:05 | 8.5 |
| 241 | TOMASZEWSKA AGNIESZKA | 349 | | WARSZAWA | POL | K30-49 | 86 | K 152 | 00:35:26.65 | 7:05 | 8.5 |
| 242 | JAKIMOWICZ EWA | 411 | DANONE | WARSZAWA | POL | K1-29 | 40 | K 153 | 00:35:27.60 | 7:05 | 8.5 |
| 243 | BIERNAT JUSTYNA | 24 | - | WARSZAWA | POL | K30-49 | 87 | K 154 | 00:35:30.90 | 7:06 | 8.4 |
| 244 | PIOŁUNOWICZ MACIEJ | 250 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | M30-49 | 46 | M 89 | 00:35:31.25 | 7:06 | 8.4 |
| 245 | ROKICKA MAŁGORZATA | 278 | | WARSZAWA | POL | K30-49 | 88 | K 155 | 00:35:31.65 | 7:06 | 8.4 |
| 246 | SŁONIEWSKA MONIKA | 304 | | WARSZAWA | POL | K50+ | 5 | K 156 | 00:35:40.55 | 7:08 | 8.4 |
| 247 | STELMASZCZYK MARTYNA | 413 | | WARSZAWA | POL | K1-29 | 41 | K 157 | 00:35:41.30 | 7:08 | 8.4 |
| 248 | PERZ MICHAŁ | 242 | FC PERZOWO | WARSZAWA | POL | M50+ | 10 | M 90 | 00:35:41.30 | 7:08 | 8.4 |
| 249 | TYM ALEKSANDRA | 356 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 24 | K 158 | 00:35:43.95 | 7:08 | 8.4 |
| 250 | SALAMOŃCZYK ANNA | 290 | | JÓZEFÓW | POL | K30-49 | 89 | K 159 | 00:35:45.05 | 7:09 | 8.4 |
| 251 | POROMBKA SYLWIA | 263 | | WARSZAWA | POL | K30-49 | 90 | K 160 | 00:35:51.95 | 7:10 | 8.4 |
| 252 | KRAIŃSKI ANTONI | 164 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 11 | M 91 | 00:35:52.55 | 7:10 | 8.4 |
| 253 | SZTEJNERT JAKUB | 331 | | SKIERDY | POL | M30-49 | 47 | M 92 | 00:35:54.10 | 7:10 | 8.4 |
| 254 | WITON OLA | 370 | | WARSZAWA | POL | K1-29 | 42 | K 161 | 00:35:55.10 | 7:11 | 8.4 |
| 255 | RACZYŃSKA AGNIESZKA | 272 | | ŁĘCZYCA | POL | K30-49 | 91 | K 162 | 00:35:55.45 | 7:11 | 8.3 |
| 256 | JAKÓBOWSKA KAROLINA | 112 | | TORUŃ | POL | K30-49 | 92 | K 163 | 00:35:55.65 | 7:11 | 8.3 |
| 257 | POŁOWIANIUK OLGA | 260 | DZIKIE ŻYCIE RUN TEAM | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 25 | K 164 | 00:35:59.10 | 7:11 | 8.3 |
| 258 | KACPRZAK MONIKA | 129 | | WARSZAWA | POL | K30-49 | 93 | K 165 | 00:36:04.55 | 7:13 | 8.3 |
| 259 | GÓRECKA ANNA | 93 | | WARSZAWA | POL | K30-49 | 94 | K 166 | 00:36:06.05 | 7:13 | 8.3 |
| 260 | WASIAK IWONA | 360 | | WARSZAWA | POL | K30-49 | 95 | K 167 | 00:36:10.65 | 7:14 | 8.3 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------------|-----|-----------------------------|---------------------|------|--------------------------|--------|-------|-------------|--------|------|
| 261 | LLKA JADZIU | 184 | | OTWOCK | POL | K1-29 | 43 | K 168 | 00:36:17.05 | 7:15 | 8.3 |
| 262 | PLUTA DANIEL | 256 | | PIASTÓW | POL | M30-49 | 48 | M 93 | 00:36:21.35 | 7:16 | 8.3 |
| 263 | RYNKOWSKA MAGDALENA | 287 | | WARSZAWA | POL | K30-49 | 96 | K 169 | 00:36:29.90 | 7:18 | 8.2 |
| 264 | JANUSZEWSKA OLA | 115 | | WARSZAWA | POL | K1-29 | 44 | K 170 | 00:36:31.65 | 7:18 | 8.2 |
| 265 | WAWRZONEK KAROLINA | 361 | | WARSZAWA | POL | K30-49 | 97 | K 171 | 00:36:35.80 | 7:19 | 8.2 |
| 266 | FIJAŁKOWSKA JOLANTA | 74 | FITBODY24 | WARSZAWA | POL | K50+ | 6 | K 172 | 00:36:44.80 | 7:21 | 8.2 |
| 267 | JIN DAN | 123 | | WARSZAWA | POL | K30-49 | 98 | K 173 | 00:36:49.95 | 7:22 | 8.1 |
| 268 | ADAMCZYK ELŻBIETA | 1 | AMATORKA BIEGANIA | WARSZAWA | POL | K50+ | 7 | K 174 | 00:37:06.85 | 7:25 | 8.1 |
| 269 | KRZESZOWSKI PIOTR | 169 | | BIENIEWICE | POL | M1-29 | 21 | M 94 | 00:37:16.75 | 7:27 | 8 |
| 270 | PIASECKA WERONIKA | 245 | | WARSZAWA | POL | K30-49 | 99 | K 175 | 00:37:17.40 | 7:27 | 8 |
| 271 | KRZESZOWSKA JAGODA | 167 | | BIENIEWICE | POL | K1-29 | 45 | K 176 | 00:37:18.80 | 7:27 | 8 |
| 272 | CHUDZIK MAGDALENA | 44 | | WARSZAWA | POL | K30-49 | 100 | K 177 | 00:37:38.20 | 7:31 | 8 |
| 273 | DUCZYŃSKI MACIEJ | 61 | VEGE RUNNERS | PRUSZKÓW | POL | M30-49 | 49 | M 95 | 00:37:40.65 | 7:32 | 8 |
| 274 | DUCZYŃSKA KAROLINA | 60 | VEGE RUNNERS | PRUSZKÓW | POL | K30-49 | 101 | K 178 | 00:37:41.70 | 7:32 | 8 |
| 275 | SZUSZKIEWICZ MARZENA | 335 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 26 | K 179 | 00:37:50.90 | 7:34 | 7.9 |
| 276 | KRZESZOWSKA MARTA | 168 | | BIENIEWICE | POL | K30-49 | 102 | K 180 | 00:37:51.10 | 7:34 | 7.9 |
| 277 | FURMAN DOROTA | 77 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 27 | K 181 | 00:37:52.55 | 7:34 | 7.9 |
| 278 | GOŁASZEWSKA KARINA | 90 | | GRODZISK MAZOWIECKI | POL | K1-29 | 46 | K 182 | 00:38:01.75 | 7:36 | 7.9 |
| 279 | BURDA KATARZYNA | 41 | BORÓWKI | WARSZAWA | POL | K30-49 | 103 | K 183 | 00:38:03.20 | 7:36 | 7.9 |
| 280 | GAŚOWSKA MARYSIA | 85 | | SULEJÓWEK | POL | K30-49 | 104 | K 184 | 00:38:04.10 | 7:36 | 7.9 |
| 281 | GOŁACKA-PIOTOWSKA BEATA | 89 | | WARSZAWA | POL | K30-49 | 105 | K 185 | 00:38:04.45 | 7:37 | 7.9 |
| 282 | KIEŁBASIŃSKA OLGA | 146 | BIEGI GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K1-29 | 47 | K 186 | 00:38:05.25 | 7:37 | 7.9 |
| 283 | OSTAPOWICZ JAROSŁAW | 226 | | WARSZAWA | POL | M50+ | 12 | M 96 | 00:38:06.45 | 7:37 | 7.9 |
| 284 | TOWAREK MONIKA | 352 | | RADOM | POL | K30-49 | 106 | K 187 | 00:38:08.05 | 7:37 | 7.9 |
| 285 | KOCHAŃCZYK ANIA | 152 | | RADOM | POL | K1-29 | 48 | K 188 | 00:38:08.60 | 7:37 | 7.9 |
| 286 | MALCZYK MAGDA | 190 | FUNDACJA SOS DALMATYŃCZYKI | WARSZAWA | POL | K30-49 | 107 | K 189 | 00:38:15.50 | 7:39 | 7.8 |
| 287 | FALKOWSKA DOMINIKA | 69 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 28 | K 190 | 00:38:16.55 | 7:39 | 7.8 |
| 288 | GOŁASZEWSKA LENA | 91 | | GRODZISK MAZOWIECKI | POL | K30-49 | 108 | K 191 | 00:38:19.70 | 7:40 | 7.8 |
| 289 | KUBRYN AGNIESZKA | 171 | | WARSZAWA | POL | K30-49 | 109 | K 192 | 00:38:22.05 | 7:40 | 7.8 |
| 290 | OWCZAREK IZABELA | 227 | | WARSZAWA | POL | K30-49 | 110 | K 193 | 00:38:26.25 | 7:41 | 7.8 |
| 291 | AKIDA MIRIAM | 5 | | WARSZAWA | POL | K1-29 | 49 | K 194 | 00:38:34.00 | 7:42 | 7.8 |
| 292 | DOBRZYŃSKA AGNIESZKA | 57 | DOGOŃ GRODZISK MAZOWIECKI | TRUSKAW | POL | K30-49 | 111 | K 195 | 00:38:35.75 | 7:43 | 7.8 |
| 293 | DAWES SAMANTHA | 51 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 29 | K 196 | 00:39:14.10 | 7:50 | 7.6 |
| 294 | SZYSZKOWSKA MAŁGORZATA A. | 339 | | WARSZAW | POL | K30-49 | 112 | K 197 | 00:39:14.85 | 7:51 | 7.6 |
| 295 | MICHALAK ANNA | 198 | | WARSZAWA | POL | K30-49 | 113 | K 198 | 00:39:15.00 | 7:51 | 7.6 |
| 296 | SOCHACZEWSKA-GRALAK MAGDALENA | 312 | GRALAKI5 | SOCHACZEW | POL | K30-49 | 114 | K 199 | 00:39:23.70 | 7:52 | 7.6 |
| 297 | KALATA-ZAWŁOCKA ALEKSANDRA | 131 | | WARSZAWA | POL | K30-49 | 115 | K 200 | 00:39:35.70 | 7:55 | 7.6 |
| 298 | FIGIEL WOJCIECH | 73 | | WARSZAWA | POL | M30-49 | 50 | M 97 | 00:39:35.95 | 7:55 | 7.6 |
| 299 | FABISZEWSKA DOROTA | 551 | | WARSZAWA | POL | K30-49 | 116 | K 201 | 00:39:48.00 | 7:57 | 7.5 |
| 300 | BEK JOANNA | 17 | | WARSZAWA | POL | K30-49 | 117 | K 202 | 00:39:57.90 | 7:59 | 7.5 |
| 301 | PŁOCICA MAGDA | 257 | TRACKX | WARSZAWA | POL | K30-49 | 118 | K 203 | 00:39:58.45 | 7:59 | 7.5 |
| 302 | NOWAKOWSKA NATALIA | 213 | | ŁOMIANKI | POL | K1-29 | 50 | K 204 | 00:40:00.40 | 8:00 | 7.5 |
| 303 | ROGIŃSKI MELISSA | 277 | | WARSZAW | POL | K1-29 | 51 | K 205 | 00:40:15.65 | 8:03 | 7.5 |
| 304 | BARTOSIK KRYSZYNA | 12 | | ZGIERZ | POL | K50+ | 8 | K 206 | 00:40:29.60 | 8:06 | 7.4 |
| 305 | PERZAK RAMI | 244 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 15 | M 98 | 00:40:31.05 | 8:06 | 7.4 |
| 306 | PERZAK KATARZYNA | 243 | | WARSZAW | POL | K30-49 | 119 | K 207 | 00:40:32.65 | 8:06 | 7.4 |
| 307 | GAJDA ADAM | 79 | | WARSZAWA | POL | M50+ | 13 | M 99 | 00:40:51.10 | 8:10 | 7.3 |
| 308 | GAJDA MAGDALENA | 81 | | WARSZAWA | POL | K30-49 | 120 | K 208 | 00:40:51.70 | 8:10 | 7.3 |
| 309 | BEDNARSKA JOLANTA | 16 | | TARNOBRZEG | POL | K30-49 | 121 | K 209 | 00:40:53.50 | 8:10 | 7.3 |
| 310 | NOWORYTA JACEK | 214 | ASA TEAM BIEGIEM PO ZDROWIE | WARSZAWA | POL | M50+ | 14 | M 100 | 00:41:05.40 | 8:13 | 7.3 |
| 311 | JASIŃSKA GABRIELA | 119 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 30 | K 210 | 00:41:30.05 | 8:18 | 7.2 |
| 312 | WOJCIECHOWSKA NATALIA | 373 | | WARSZAWA | POL | K1-29 | 52 | K 211 | 00:41:35.95 | 8:19 | 7.2 |
| 313 | KASZCZUK MAGDALENA | 139 | | WARSZAWA | POL | K30-49 | 122 | K 212 | 00:41:54.50 | 8:22 | 7.2 |
| 314 | MĄLEK ANDRZEJ | 192 | | KAPINO | POL | M50+ | 15 | M 101 | 00:42:03.10 | 8:24 | 7.1 |
| 315 | SOCHOCKI DARIUSZ | 313 | | LEGIONOWO | POL | M50+ | 16 | M 102 | 00:42:05.55 | 8:25 | 7.1 |
| 316 | OGOŃCZYK DONATA | 217 | | LEGIONOWO | POL | K1-29 | 53 | K 213 | 00:42:05.75 | 8:25 | 7.1 |

BIEG WEGAŃSKI 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------------|-----|------------------------|-----------|------|--------------------------|--------|-------|-------------|--------|------|
| 317 | BOGUSZ HONORATA | 30 | | ŁOMIANKI | POL | K1-29 | 54 | K 214 | 00:42:14.00 | 8:26 | 7.1 |
| 318 | NOWAKOWSKA ANNA | 212 | TEAM VINARIAMS | WARSZAWA | POL | K30-49 | 123 | K 215 | 00:42:57.85 | 8:35 | 7 |
| 319 | JOB MARIKA | 124 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 31 | K 216 | 00:43:18.65 | 8:39 | 6.9 |
| 320 | CYGAN DARIUSZ | 48 | | WARSZAWA | POL | M1-29 | 22 | M 103 | 00:43:19.05 | 8:39 | 6.9 |
| 321 | FRYBES AGNIESZKA | 444 | | BIAŁYSTOK | POL | K30-49 | 124 | K 217 | 00:43:19.95 | 8:40 | 6.9 |
| 322 | STOKOWSKA KINGA | 323 | | WARSZAWA | POL | K30-49 | 125 | K 218 | 00:43:23.10 | 8:40 | 6.9 |
| 323 | BARANOWSKA EWELINA | 416 | | WARSZAWA | POL | K30-49 | 126 | K 219 | 00:43:38.35 | 8:43 | 6.9 |
| 324 | ZAWALSKA ANNA | 391 | | TARCZYN | POL | K50+ | 9 | K 220 | 00:43:39.10 | 8:43 | 6.9 |
| 325 | BEREZA ANNA | 18 | | WARSZAWA | POL | K30-49 | 127 | K 221 | 00:43:54.05 | 8:46 | 6.8 |
| 326 | SZTORC JOANNA | 332 | | WARSZAWA | POL | K30-49 | 128 | K 222 | 00:43:54.35 | 8:46 | 6.8 |
| 327 | JOB IWONA | 126 | | WARSZAWA | POL | K50+ | 10 | K 223 | 00:44:51.50 | 8:58 | 6.7 |
| 328 | KRAWCZYK MAŁGORZATA | 14 | | WARSZAWA | POL | K30-49 | 129 | K 224 | 00:44:55.15 | 8:59 | 6.7 |
| 329 | KOWALSKA-NOWAK JOANNA | 162 | NUTRILITE TEEM | PIASECZNO | POL | K50+ | 11 | K 225 | 00:44:55.20 | 8:59 | 6.7 |
| 330 | SOJKA JOANNA | 314 | ZLOT ABSOLWENTÓW | WARSZAWA | POL | K30-49 | 130 | K 226 | 00:44:55.35 | 8:59 | 6.7 |
| 331 | KASIERSKA EWA KATARZYNA | 138 | WKB META LUBLINIEC | POZNAŃ | POL | K50+ | 12 | K 227 | 00:44:56.10 | 8:59 | 6.7 |
| 332 | WŁODARZ ALEKSANDER | 371 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 16 | M 104 | 00:44:56.70 | 8:59 | 6.7 |
| 333 | RATAJCZAK ANNA | 274 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 32 | K 228 | 00:44:59.80 | 9:00 | 6.7 |
| 334 | PANASIUK STEFAN | 236 | | PRUSZKÓW | POL | M50+ | 17 | M 105 | 00:46:46.90 | 9:21 | 6.4 |
| 335 | BANDURSKA EWA | 11 | | WARSZAWA | POL | K30-49 | 131 | K 229 | 00:46:51.10 | 9:22 | 6.4 |
| 336 | BLICHARZ ANNA | 27 | | REGUŁY | POL | K30-49 | 132 | K 230 | 00:48:16.30 | 9:39 | 6.2 |
| 337 | LIPOV MARINA | 180 | | WARSZAWA | POL | K1-29 | 55 | K 231 | 00:48:39.45 | 9:44 | 6.2 |
| 338 | LIPOV KALINA | 181 | | WARSZAWA | POL | K1-29 | 56 | K 232 | 00:48:40.10 | 9:44 | 6.2 |
| 339 | KOŁECZEK ALEKSANDRA | 153 | | WARSZAWA | POL | K30-49 | 133 | K 233 | 00:48:56.65 | 9:47 | 6.1 |
| 340 | SMOCZYK MIROSLAWA | 306 | | WARSZAWA | POL | K30-49 | 134 | K 234 | 00:50:11.90 | 10:02 | 6 |
| 341 | MROCZKOWSKA TERESA | 204 | | WARSZAWA | POL | K50+ | 13 | K 235 | 00:50:13.20 | 10:02 | 6 |
| 342 | MROCZKOWSKI ZDZISŁAW | 205 | | WARSZAWA | POL | M50+ | 18 | M 106 | 00:50:14.15 | 10:02 | 6 |
| 343 | KRAWCZYK MONIKA | 165 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 33 | K 236 | 00:50:27.90 | 10:05 | 5.9 |
| 344 | KRYWULT OLIWIA | 166 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 34 | K 237 | 00:51:06.90 | 10:13 | 5.9 |
| 345 | JASIŃSKA WANDA | 120 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 35 | K 238 | 00:52:37.60 | 10:31 | 5.7 |
| 346 | FILIPOWCZ PATRYCJA | 75 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 36 | K 239 | 00:52:38.80 | 10:31 | 5.7 |
| 347 | LIPOV LUBKA | 183 | | WARSZAWA | POL | K1-29 | 57 | K 240 | 00:55:09.70 | 11:01 | 5.4 |
| 348 | LIPOV BEATA | 182 | | WARSZAWA | POL | K30-49 | 135 | K 241 | 00:56:22.05 | 11:16 | 5.3 |
| 349 | SMOLIŃSKA MARZENA | 307 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K30-49 | 136 | K 242 | 00:56:23.70 | 11:16 | 5.3 |
| 350 | BRZĄKAŁA RENATA | 38 | | WARSZAWA | POL | K30-49 | 137 | K 243 | 00:56:26.85 | 11:17 | 5.3 |
| 351 | WUS BEATA | 382 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K50+ | 14 | K 244 | 00:56:27.20 | 11:17 | 5.3 |
| 352 | BRZEJWAK IWONA | 431 | | | POL | K50+ | 15 | K 245 | 00:56:28.05 | 11:17 | 5.3 |
| 353 | KAMIŃSKI WALDEMAR | 137 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | M50+ | 19 | M 107 | 00:56:29.05 | 11:17 | 5.3 |
| 354 | CICHOCKA RENATA | 45 | | WARSZAWA | POL | K30-49 | 138 | K 246 | 00:56:30.85 | 11:18 | 5.3 |
| 355 | WUS ZENON | 381 | | WARSZAWA | POL | M50+ | 20 | M 108 | 00:56:30.90 | 11:18 | 5.3 |
| 356 | BREJKOL WOJCIECH | 430 | SLOW JOGGING BIAŁOLEKA | | POL | M50+ | 21 | M 109 | 00:56:31.25 | 11:18 | 5.3 |
| 357 | SKRZYDŁOWSKA-KALUKIN KATARZYNA | 302 | SLOW JOGGING BIAŁOLEKA | WARSZAWA | POL | K50+ | 16 | K 247 | 00:56:33.20 | 11:18 | 5.3 |
| 358 | CIOK KATARZYNA | 412 | | WARSZAWA | POL | K1-29 | 58 | K 248 | | | |
| 359 | JANCZ MACIEJ | 438 | | | | | | 2 | | | |
| | | 113 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | | | DNF | - | - |
| | BIRSKI PIOTR | 26 | | ŁÓDŹ | POL | M30-49 | | | DNF | - | - |
| | TYLMANN MONIKA | 354 | SCHRONISKO WILKI | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | | | DNF | - | - |
| | SIENKIEWICZ PIOTR | 295 | | WARSZAWA | POL | M30-49 | | | DNF | - | - |

BIEG WEGAŃSKI 5 KM, Biegi z psem Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------|-----|--------------|-----------|------|----------------------|--------|------|-------------|--------|------|
| 1 | PERCHALUK MAGDALENA | 241 | RUNFOTO TEAM | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 1 | K 3 | 00:23:12.70 | 4:38 | 12.9 |
| 2 | ZALEWSKA ZOFIA | 385 | | WARSAW | POL | BIEGI Z PSEM KOBIETY | 2 | K 15 | 00:27:43.05 | 5:32 | 10.8 |
| 3 | DREWNOWSKA OLGA | 59 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 3 | K 23 | 00:28:57.95 | 5:47 | 10.4 |

BIEG WEGAŃSKI 5 KM, Biegi z psem Kobiety c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------------|-----|-----------------------|-----------|------|----------------------|--------|-------|-------------|--------|------|
| 4 | GUZEWICZ POLA | 103 | SCHRONISKO NA PALUCHU | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 4 | K 24 | 00:28:58.05 | 5:47 | 10.4 |
| 5 | KUDER ANNA | 172 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 5 | K 51 | 00:30:35.45 | 6:07 | 9.8 |
| 6 | SZAŁAŃSKA AGATA | 329 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 6 | K 55 | 00:30:57.25 | 6:11 | 9.7 |
| 7 | ŚLIWA LILKA | 341 | BEHAVEDOG | LEGIONOWO | POL | BIEGI Z PSEM KOBIETY | 7 | K 56 | 00:30:58.00 | 6:11 | 9.7 |
| 8 | BRZEWIŃSKA NATALIA | 39 | BEHAVEDOG | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 8 | K 59 | 00:31:05.45 | 6:13 | 9.7 |
| 9 | DZIAMENTSYEVA VIYALETA | 63 | | WARSZAWA | | BIEGI Z PSEM KOBIETY | 9 | K 60 | 00:31:05.60 | 6:13 | 9.7 |
| 10 | SOBOTA KAMILA | 311 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 10 | K 63 | 00:31:22.20 | 6:16 | 9.6 |
| 11 | BRONSZEWSKA MARTA | 37 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 11 | K 80 | 00:31:58.90 | 6:23 | 9.4 |
| 12 | MAŁEK ALEKSANDRA | 191 | RUN BABYS | KAPINO | POL | BIEGI Z PSEM KOBIETY | 11 | K 80 | 00:31:58.90 | 6:23 | 9.4 |
| 13 | ROSTOCKA NATASZA | 283 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 13 | K 92 | 00:32:41.95 | 6:32 | 9.2 |
| 14 | GŁOWACKA ALEKSANDRA | 88 | MŁODY VS STARY | LEGIONOWO | POL | BIEGI Z PSEM KOBIETY | 14 | K 97 | 00:32:49.90 | 6:34 | 9.1 |
| 15 | GRONCZEWSKA KAROLINA | 99 | SCHRONISKO NA PALUCHU | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 15 | K 98 | 00:32:56.60 | 6:35 | 9.1 |
| 16 | KĄKOWSKA JULIA | 145 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 16 | K 99 | 00:32:58.25 | 6:35 | 9.1 |
| 17 | PYTLAS - SIERADZKA DOMINIKA | 271 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 17 | K 102 | 00:33:01.35 | 6:36 | 9.1 |
| 18 | PIRÓG ALEKSANDRA | 252 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 18 | K 109 | 00:33:20.10 | 6:40 | 9 |
| 19 | BAĆMAGA-ZAPALSKA ANNA | 10 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 19 | K 110 | 00:33:23.15 | 6:40 | 9 |
| 20 | ŚWICARZ JOLANTA | 344 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 20 | K 111 | 00:33:24.25 | 6:41 | 9 |
| 21 | KWOLEK ZOFIA | 177 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 21 | K 118 | 00:33:54.55 | 6:47 | 8.8 |
| 22 | - - | 29 | - | - | POL | BIEGI Z PSEM KOBIETY | 22 | K 132 | 00:34:26.10 | 6:53 | 8.7 |
| 23 | PUZIO ALEKSANDRA | 268 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 23 | K 138 | 00:34:56.55 | 6:59 | 8.6 |
| 24 | TYM ALEKSANDRA | 356 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 24 | K 158 | 00:35:43.95 | 7:08 | 8.4 |
| 25 | POŁOWIANIUK OLGA | 260 | DZIKIE ŻYCIE RUN TEAM | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 25 | K 164 | 00:35:59.10 | 7:11 | 8.3 |
| 26 | SZUSZKIEWICZ MARZENA | 335 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 26 | K 179 | 00:37:50.90 | 7:34 | 7.9 |
| 27 | FURMAN DOROTA | 77 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 27 | K 181 | 00:37:52.55 | 7:34 | 7.9 |
| 28 | FALKOWSKA DOMINIKA | 69 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 28 | K 190 | 00:38:16.55 | 7:39 | 7.8 |
| 29 | DAWES SAMANTHA | 51 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 29 | K 196 | 00:39:14.10 | 7:50 | 7.6 |
| 30 | JASIŃSKA GABRIELA | 119 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 30 | K 210 | 00:41:30.05 | 8:18 | 7.2 |
| 31 | JOB MARIKA | 124 | | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 31 | K 216 | 00:43:18.65 | 8:39 | 6.9 |
| 32 | RATAJCZAK ANNA | 274 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 32 | K 228 | 00:44:59.80 | 9:00 | 6.7 |
| 33 | KRAWCZYK MONIKA | 165 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 33 | K 236 | 00:50:27.90 | 10:05 | 5.9 |
| 34 | KRYWULT OLIVIA | 166 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 34 | K 237 | 00:51:06.90 | 10:13 | 5.9 |
| 35 | JASIŃSKA WANDA | 120 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 35 | K 238 | 00:52:37.60 | 10:31 | 5.7 |
| 36 | FILIPOWCZ PATRYCJA | 75 | WILKI Z PALUCHA | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | 36 | K 239 | 00:52:38.80 | 10:31 | 5.7 |
| | TYLMANN MONIKA | 354 | SCHRONISKO WILKI | WARSZAWA | POL | BIEGI Z PSEM KOBIETY | | | DNF | - | - |

BIEG WEGAŃSKI 5 KM, Kobiety Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------|-----|-----------------|-------------|------|--------|--------|------|-------------|--------|------|
| 1 | NOWACKA OKTAWIA | 211 | ON WŁĄCZ SIEBIE | ŁOMIANKI | POL | K1-29 | 1 | K 1 | 00:20:29.15 | 4:05 | 14.6 |
| 2 | TYM JOANNA | 355 | | WARSZAWA | POL | K30-49 | 1 | K 2 | 00:22:57.25 | 4:35 | 13.1 |
| 3 | JANECZKO MAŁGORZATA | 114 | | WARSZAWA | POL | K30-49 | 2 | K 4 | 00:23:24.65 | 4:41 | 12.8 |
| 4 | KORYCIŃSKA SYLWIA | 157 | | WARSZAWA | POL | K30-49 | 3 | K 5 | 00:23:58.40 | 4:47 | 12.5 |
| 5 | IDSARDI JASMINE | 107 | | WARSAW | POL | K1-29 | 2 | K 6 | 00:24:02.15 | 4:48 | 12.5 |
| 6 | KORCZYŃSKA BOŻENA | 155 | | ŁÓDŹ | POL | K30-49 | 4 | K 7 | 00:25:48.70 | 5:09 | 11.6 |
| 7 | WRÓBLEWSKA OLGA | 380 | VEGE RUNNERS | WILCZA GÓRA | POL | K30-49 | 5 | K 8 | 00:25:55.25 | 5:11 | 11.6 |
| 8 | KALINOWSKA ULA | 132 | | WARSZAWA | POL | K1-29 | 3 | K 9 | 00:25:55.65 | 5:11 | 11.6 |
| 9 | NAPIERSKA DOMINIKA | 208 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 6 | K 10 | 00:25:56.25 | 5:11 | 11.6 |
| 10 | FARAT MAGDALENA | 71 | | WARSZAWA | POL | K30-49 | 7 | K 11 | 00:26:03.35 | 5:12 | 11.5 |
| 11 | ŚWIĆ MAŁGORZATA | 345 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 8 | K 12 | 00:27:00.80 | 5:24 | 11.1 |
| 12 | ANTOSZKIEWICZ DOBRAWA | 8 | | - | POL | K30-49 | 9 | K 13 | 00:27:00.90 | 5:24 | 11.1 |
| 13 | KACPRZAK PAULINA | 128 | | WARSZAWA | POL | K30-49 | 10 | K 14 | 00:27:16.15 | 5:27 | 11 |
| 14 | MOKRZANOWSKA ANNA | 202 | | WARSZAWA | POL | K1-29 | 4 | K 16 | 00:27:43.65 | 5:32 | 10.8 |
| 15 | ROCKA MAŁGORZATA | 692 | | WARSZAWA | POL | K30-49 | 11 | K 17 | 00:28:01.05 | 5:36 | 10.7 |
| 16 | KOT ALEKSANDRA | 160 | | WARSZAWA | POL | K1-29 | 5 | K 18 | 00:28:17.80 | 5:39 | 10.6 |
| 17 | PARTYKA JUSTYNA | 238 | | MILANÓWEK | POL | K1-29 | 6 | K 19 | 00:28:28.15 | 5:41 | 10.5 |
| 18 | CZAPLEWSKA WERONIKA | 423 | | WARSZAWA | POL | K1-29 | 7 | K 20 | 00:28:46.20 | 5:45 | 10.4 |

BIEG WEGAŃSKI 5 KM, Kobiety Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------|-----|-------------------------------------|-----------------------|------|--------|--------|------|-------------|--------|------|
| 19 | SIEDLECKI EDYTA | 294 | | WARSZAWA | POL | K30-49 | 12 | K 21 | 00:28:46.45 | 5:45 | 10.4 |
| 20 | SUCHODOŁA JUSTYNA | 325 | | WOLA BATORSKA | POL | K30-49 | 13 | K 22 | 00:28:50.20 | 5:46 | 10.4 |
| 21 | GUZEK MONIKA | 102 | | WARSZAWA | POL | K30-49 | 14 | K 25 | 00:28:58.55 | 5:47 | 10.4 |
| 22 | WRÓBLEWSKA MARTYNA | 379 | - | - | POL | K30-49 | 15 | K 26 | 00:29:04.15 | 5:49 | 10.3 |
| 23 | KOBUS KARINA | 150 | SRS KONDYCJA | PIASECZNO | POL | K1-29 | 8 | K 27 | 00:29:04.95 | 5:49 | 10.3 |
| 24 | PAKULSKA EWELINA | 229 | GRAŻYŃKI OCR | OTWOCK | POL | K30-49 | 16 | K 28 | 00:29:06.45 | 5:49 | 10.3 |
| 25 | KOSMĘDA ALEKSANDRA | 159 | | WARSZAWA | POL | K30-49 | 17 | K 29 | 00:29:12.00 | 5:50 | 10.3 |
| 26 | HEREĆ-OLEJNIK EWA | 104 | RUN OLEY/ŁOMIANKOWSKA GRUPA BIEGOWA | ŁOMIANKI | POL | K30-49 | 18 | K 30 | 00:29:20.15 | 5:52 | 10.2 |
| 27 | DĄBROWSKA ANNA | 53 | | WARSZAWA | POL | K30-49 | 19 | K 31 | 00:29:26.60 | 5:53 | 10.2 |
| 28 | KALISZ MAŁGORZATA | 135 | | WARSZAWA | POL | K30-49 | 20 | K 32 | 00:29:27.10 | 5:53 | 10.2 |
| 29 | ADAMIEC MONIKA | 3 | | WARSZAWA | POL | K30-49 | 21 | K 33 | 00:29:27.85 | 5:53 | 10.2 |
| 30 | CIERLAK PATRYCJA | 46 | | WARSZAWA | POL | K1-29 | 9 | K 34 | 00:29:30.30 | 5:54 | 10.2 |
| 31 | BOROWIK ALEKSANDRA | 428 | | WARSZAWA | POL | K30-49 | 22 | K 35 | 00:29:39.45 | 5:56 | 10.1 |
| 32 | DZIEKONSKA JOANNA A. | 65 | | WARSZAWA | POL | K30-49 | 23 | K 36 | 00:29:43.25 | 5:56 | 10.1 |
| 33 | SIWEK ANNA | 299 | | WARSZAWA | POL | K30-49 | 24 | K 37 | 00:29:43.80 | 5:56 | 10.1 |
| 34 | KAZANOWSKA EWA | 142 | | KONSTANCIN - JEZIORNA | POL | K30-49 | 25 | K 38 | 00:29:44.55 | 5:56 | 10.1 |
| 35 | TADIR HANNA | 346 | | WARSZAWA | POL | K30-49 | 26 | K 39 | 00:29:44.90 | 5:57 | 10.1 |
| 36 | ROSIAK ZUZANNA | 281 | | RADZYMIN | POL | K30-49 | 27 | K 40 | 00:29:48.05 | 5:57 | 10.1 |
| 37 | BYCZEWSKA MAGDALENA | 42 | | WARSZAWA | POL | K30-49 | 28 | K 41 | 00:29:48.40 | 5:57 | 10.1 |
| 38 | BOCIAN KATARZYNA | 28 | COMPASSION POLSKA | WARSZAWA | POL | K1-29 | 10 | K 42 | 00:29:51.40 | 5:58 | 10 |
| 39 | KOZIŃSKA KAMILA | 163 | DRUŻYNA BLANECZKI | ŻYRARDÓW | POL | K30-49 | 29 | K 43 | 00:29:57.60 | 5:59 | 10 |
| 40 | PIĘKOŚ MAGDALENA | 248 | | WARSZAWA | POL | K30-49 | 30 | K 44 | 00:30:04.60 | 6:01 | 10 |
| 41 | RYNKOWSKA KATARZYNA | 286 | | WARSZAWA | POL | K30-49 | 31 | K 45 | 00:30:06.80 | 6:01 | 10 |
| 42 | ZALEWSKA ADRIANNA | 386 | | WARSZAWA | POL | K1-29 | 11 | K 46 | 00:30:17.05 | 6:03 | 9.9 |
| 43 | PIWOWARZYK AGATA | 255 | | DOB CZYCE | POL | K1-29 | 12 | K 47 | 00:30:18.75 | 6:03 | 9.9 |
| 44 | CIEŚLAK AGNIESZKA | 47 | | ŁÓDŹ | POL | K30-49 | 32 | K 48 | 00:30:26.55 | 6:05 | 9.9 |
| 45 | SNAKOWSKA PATRYCJA | 308 | BIEGAJĄCE WĘŻE | WARSZAWA | POL | K30-49 | 33 | K 49 | 00:30:27.00 | 6:05 | 9.9 |
| 46 | ŻUŁAWIŃSKA MAGDALENA | 405 | | WROCLAW | POL | K1-29 | 13 | K 50 | 00:30:35.30 | 6:07 | 9.8 |
| 47 | STĘPIEŃ LENA | 322 | | WOŁOMIN | POL | K1-29 | 14 | K 52 | 00:30:35.55 | 6:07 | 9.8 |
| 48 | GAJEWSKA KAROLINA | 83 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K30-49 | 34 | K 53 | 00:30:37.60 | 6:07 | 9.8 |
| 49 | ORDAK BEATA | 220 | | SIECHNICE | POL | K30-49 | 35 | K 54 | 00:30:48.10 | 6:09 | 9.7 |
| 50 | WEJTKO ELA | 363 | | WARSZAWA | POL | K50+ | 1 | K 57 | 00:30:59.70 | 6:12 | 9.7 |
| 51 | MROCZEK MAGDALENA | 203 | | WARSZAWA | POL | K30-49 | 36 | K 58 | 00:31:04.80 | 6:13 | 9.7 |
| 52 | KWIECIŃSKA ALICJA | 176 | | WARSZAWA | POL | K30-49 | 37 | K 61 | 00:31:07.35 | 6:13 | 9.6 |
| 53 | SERAFIN KATARZYNA | 415 | | WARSZAWA | POL | K30-49 | 38 | K 62 | 00:31:13.95 | 6:14 | 9.6 |
| 54 | SIKORSKA MARYSIA | 296 | | WARSZAWA | POL | K1-29 | 15 | K 64 | 00:31:23.15 | 6:16 | 9.6 |
| 55 | RAFIŃSKA AGNIESZKA | 273 | | WARSZAWA | POL | K30-49 | 39 | K 65 | 00:31:24.00 | 6:16 | 9.6 |
| 56 | GRAF MAGDA | 96 | | WARSZAWA | POL | K30-49 | 40 | K 66 | 00:31:24.65 | 6:17 | 9.5 |
| 57 | KWACZYŃSKA MARZENA | 417 | | WARSZAWA | POL | K50+ | 2 | K 67 | 00:31:26.00 | 6:17 | 9.5 |
| 58 | POLIŃSKA ANIA | 259 | VEGE RUNNERS | WARSZAWA | POL | K50+ | 3 | K 68 | 00:31:26.50 | 6:17 | 9.5 |
| 59 | OSIAK MAGDALENA | 224 | | WARSZAWA | POL | K30-49 | 41 | K 69 | 00:31:27.30 | 6:17 | 9.5 |
| 60 | ORZECHOWSKA ALEKSANDRA | 223 | | DZIAŁDOWO | POL | K1-29 | 16 | K 70 | 00:31:33.65 | 6:18 | 9.5 |
| 61 | ZIOLKOWSKI IZABELA | 397 | VEGAN RUNNERS | SANDNES | NOR | K30-49 | 42 | K 71 | 00:31:33.95 | 6:18 | 9.5 |
| 62 | ORZECHOWSKA ALICJA | 222 | | DZIAŁDOWO | POL | K1-29 | 17 | K 72 | 00:31:34.15 | 6:19 | 9.5 |
| 63 | STANISZEWSKA PAULINA | 319 | NESSI TEAM | TŁUSZCZ | POL | K1-29 | 18 | K 73 | 00:31:37.65 | 6:19 | 9.5 |
| 64 | WDOWIAK POLA | 362 | | WARSZAWA | POL | K1-29 | 19 | K 74 | 00:31:38.20 | 6:19 | 9.5 |
| 65 | KASZYŃSKA KAROLINA | 140 | | WARSZAWA | POL | K30-49 | 43 | K 75 | 00:31:39.10 | 6:19 | 9.5 |
| 66 | DICKHARDT JAGODA | 55 | | POZNAŃ | POL | K1-29 | 20 | K 76 | 00:31:42.65 | 6:20 | 9.5 |
| 67 | BIELEC ZUZANNA MAGDALENA | 808 | | WARSZAWA | POL | K1-29 | 21 | K 77 | 00:31:44.10 | 6:20 | 9.5 |
| 68 | BIELAWSKA MONIKA | 20 | | WARSZAWA | POL | K30-49 | 44 | K 78 | 00:31:47.70 | 6:21 | 9.4 |
| 69 | BIELEC KAROLINA | 21 | MORSY ZIELONKA | WARSZAWA | POL | K30-49 | 45 | K 79 | 00:31:56.20 | 6:23 | 9.4 |
| 70 | GAJDA MAJA | 80 | | WARSZAWA | POL | K1-29 | 22 | K 82 | 00:32:00.50 | 6:24 | 9.4 |
| 71 | KOZIK JOANNA | 422 | | WARSZAWA | POL | K1-29 | 23 | K 83 | 00:32:00.80 | 6:24 | 9.4 |
| 72 | SIWEK ALEKSANDRA | 300 | | WARSZAWA | POL | K1-29 | 24 | K 84 | 00:32:04.70 | 6:25 | 9.4 |
| 73 | SILSKA MAGDALENA | 297 | | WARSZAWA | POL | K30-49 | 46 | K 85 | 00:32:11.20 | 6:26 | 9.3 |
| 74 | ZIOŁO KATARZYNA | 399 | - | - | POL | K30-49 | 47 | K 86 | 00:32:17.30 | 6:27 | 9.3 |
| 75 | ZIOŁO JULIA | 398 | - | - | POL | K1-29 | 25 | K 87 | 00:32:17.50 | 6:27 | 9.3 |

BIEG WEGAŃSKI 5 KM, Kobiety Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------------|-----|------------------------|-----------|------|--------|--------|-------|-------------|--------|------|
| 76 | LASKOWSKA IZABELA | 421 | | WARSZAWA | | K30-49 | 48 | K 88 | 00:32:20.10 | 6:28 | 9.3 |
| 77 | TRATSIK VOLHA | 353 | | WARSZAWA | POL | K30-49 | 49 | K 89 | 00:32:23.75 | 6:28 | 9.3 |
| 78 | ZIELIŃSKA MAGDALENA | 395 | | SKRZESZEW | POL | K30-49 | 50 | K 90 | 00:32:35.75 | 6:31 | 9.2 |
| 79 | JÓZWIK-ŁUPIŃSKA KATARZYNA | 420 | | ZAMBRÓW | POL | K30-49 | 51 | K 91 | 00:32:38.10 | 6:31 | 9.2 |
| 80 | MIAKOTA JOANNA | 197 | | WARSZAWA | POL | K30-49 | 52 | K 93 | 00:32:46.60 | 6:33 | 9.2 |
| 81 | UCHROŃSKA JUSTYNA | 358 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 53 | K 94 | 00:32:47.55 | 6:33 | 9.2 |
| 82 | GOŁAŚ MAGDALENA | 92 | | WARSZAWA | POL | K1-29 | 26 | K 95 | 00:32:47.80 | 6:33 | 9.1 |
| 83 | DYMEK JUSTYNA | 62 | | WARSZAWA | POL | K30-49 | 54 | K 96 | 00:32:48.95 | 6:33 | 9.1 |
| 84 | OLBORSKA MONIKA | 218 | | WARSZAWA | POL | K30-49 | 55 | K 100 | 00:32:58.70 | 6:35 | 9.1 |
| 85 | JACNIAK PAULINA | 406 | | WARSZAWA | POL | K30-49 | 56 | K 101 | 00:32:59.45 | 6:35 | 9.1 |
| 86 | PIERZYŃSKA IRINA | 247 | | WARSZAWA | POL | K30-49 | 57 | K 103 | 00:33:06.05 | 6:37 | 9.1 |
| 87 | PAŁAMAR ANNA | 233 | | SZCZECIN | POL | K1-29 | 27 | K 104 | 00:33:06.25 | 6:37 | 9.1 |
| 88 | ZAPASNIK KATARZYNA | 389 | | WARSZAWA | POL | K1-29 | 28 | K 105 | 00:33:08.35 | 6:37 | 9 |
| 89 | POPEŁAWSKA MAGDA | 262 | | WARSZAWA | POL | K30-49 | 58 | K 106 | 00:33:09.05 | 6:37 | 9 |
| 90 | KOWALSKA JOANNA | 161 | | WARSZAWA | POL | K30-49 | 59 | K 107 | 00:33:13.85 | 6:38 | 9 |
| 91 | TYRYŁO KARLA | 357 | | WARSZAWA | POL | K1-29 | 29 | K 108 | 00:33:17.60 | 6:39 | 9 |
| 92 | MAGNOWSKA KAROLINA | 188 | | WARSZAWA | POL | K1-29 | 30 | K 112 | 00:33:24.75 | 6:41 | 9 |
| 93 | KWIATKOWSKA MAJA | 175 | | WARSZAWA | POL | K1-29 | 31 | K 113 | 00:33:30.95 | 6:42 | 9 |
| 94 | ŻAK ANNA | 402 | | WARSZAWA | POL | K50+ | 4 | K 114 | 00:33:46.25 | 6:45 | 8.9 |
| 95 | WITEK-STACHURSKA ADRIANA | 369 | | WARSZAWA | POL | K30-49 | 60 | K 115 | 00:33:49.55 | 6:46 | 8.9 |
| 96 | GLEBA JEANETTE | 87 | | WARSZAWA | POL | K30-49 | 61 | K 116 | 00:33:51.50 | 6:46 | 8.9 |
| 97 | SHPAK MARYIA | 293 | | LUBLIN | | K1-29 | 32 | K 117 | 00:33:52.80 | 6:46 | 8.9 |
| 98 | BURCZ KAROLINA | 410 | DANONE | WARSZAWA | POL | K1-29 | 33 | K 119 | 00:33:55.60 | 6:47 | 8.8 |
| 99 | PŁOŃSKA AGNIESZKA | 258 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 62 | K 120 | 00:33:56.25 | 6:47 | 8.8 |
| 100 | SKUBISZ MARTA | 303 | | WARSZAWA | POL | K30-49 | 63 | K 121 | 00:33:56.55 | 6:47 | 8.8 |
| 101 | WIĄCEK IZABELA | 364 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 64 | K 122 | 00:33:56.65 | 6:47 | 8.8 |
| 102 | KŁODZIŃSKA SANDRA | 148 | | WARSZAWA | POL | K30-49 | 65 | K 123 | 00:34:01.05 | 6:48 | 8.8 |
| 103 | DZIARNOWSKA MAGDA | 64 | MECHANIKA ZDROWIA | WARSZAWA | POL | K30-49 | 66 | K 124 | 00:34:03.65 | 6:48 | 8.8 |
| 104 | BYCHOWSKA AGNIESZKA | 813 | | WARSZAWA | POL | K30-49 | 67 | K 125 | 00:34:03.90 | 6:48 | 8.8 |
| 105 | SZUSTAK MAŁGORZATA | 334 | | WARSZAWA | POL | K1-29 | 34 | K 126 | 00:34:05.90 | 6:49 | 8.8 |
| 106 | DELIMAT JOANNA | 54 | | WARSZAWA | POL | K30-49 | 68 | K 127 | 00:34:08.00 | 6:49 | 8.8 |
| 107 | PANEK DOMINIKA | 237 | | - | POL | K1-29 | 35 | K 128 | 00:34:10.80 | 6:50 | 8.8 |
| 108 | JARMOSZKO ANNA | 116 | | WARSZAWA | POL | K30-49 | 69 | K 129 | 00:34:10.85 | 6:50 | 8.8 |
| 109 | KOPYT ANTONINA | 154 | | WARSZAWA | POL | K30-49 | 70 | K 130 | 00:34:23.05 | 6:52 | 8.7 |
| 110 | SĄLKIEWICZ PAULINA | 291 | | WARSZAWA | POL | K30-49 | 71 | K 131 | 00:34:24.40 | 6:53 | 8.7 |
| 111 | ROSA ANNA | 279 | | PRUSZKÓW | POL | K30-49 | 72 | K 133 | 00:34:31.00 | 6:54 | 8.7 |
| 112 | WALENDZIK ANNA | 359 | | WARSZAWA | POL | K30-49 | 73 | K 134 | 00:34:36.85 | 6:55 | 8.7 |
| 113 | GROMADA KAROLINA | 98 | | WARSZAWA | POL | K1-29 | 36 | K 135 | 00:34:37.70 | 6:55 | 8.7 |
| 114 | KACZOCHA AGNIESZKA | 130 | | WARSZAWA | POL | K30-49 | 74 | K 136 | 00:34:45.80 | 6:57 | 8.6 |
| 115 | NIEPORĘCKA SYLWIA | 424 | | WARSZAWA | POL | K30-49 | 75 | K 137 | 00:34:47.65 | 6:57 | 8.6 |
| 116 | RUTKA BARBARA | 425 | | | POL | K30-49 | 76 | K 139 | 00:34:57.95 | 6:59 | 8.6 |
| 117 | SZYMANI-WOLIŃSKA GABI | 336 | | WARSZAWA | POL | K30-49 | 77 | K 140 | 00:35:01.45 | 7:00 | 8.6 |
| 118 | PISKORZ IZABELA | 253 | | WARSZAWA | POL | K1-29 | 37 | K 141 | 00:35:01.90 | 7:00 | 8.6 |
| 119 | ORTA—KORZENIEWSKA EDYTA | 221 | | WARSZAWA | POL | K30-49 | 78 | K 142 | 00:35:02.25 | 7:00 | 8.6 |
| 120 | GAGATEK MARITA | 78 | NAJGORSZY SORT BIEGOWY | WARSZAWA | POL | K1-29 | 38 | K 143 | 00:35:04.30 | 7:00 | 8.6 |
| 121 | BRONISZEWSKA MARTA | 36 | | WARSZAWA | POL | K1-29 | 39 | K 144 | 00:35:09.70 | 7:02 | 8.5 |
| 122 | PANASIUK MONIKA | 235 | | PRUSZKÓW | POL | K30-49 | 79 | K 145 | 00:35:09.95 | 7:02 | 8.5 |
| 123 | ŁUKASIK KARINA | 187 | RUNGIRL | WARSZAWA | POL | K30-49 | 80 | K 146 | 00:35:10.20 | 7:02 | 8.5 |
| 124 | ŚCIBOR KATARZYNA | 340 | | WARSZAWA | POL | K30-49 | 81 | K 147 | 00:35:11.50 | 7:02 | 8.5 |
| 125 | PIEC DAGMARA | 246 | | WARSZAWA | POL | K30-49 | 82 | K 148 | 00:35:16.95 | 7:03 | 8.5 |
| 126 | KIERKOWSKA OLGA | 147 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 83 | K 149 | 00:35:21.95 | 7:04 | 8.5 |
| 127 | SZYMOCHA MARTA | 338 | | WARSZAWA | POL | K30-49 | 84 | K 150 | 00:35:25.15 | 7:05 | 8.5 |
| 128 | PIOTROWSKA-KRZAK ELŻBIETA | 251 | | WARSZAWA | POL | K30-49 | 85 | K 151 | 00:35:26.10 | 7:05 | 8.5 |
| 129 | TOMASZEWSKA AGNIESZKA | 349 | | WARSZAWA | POL | K30-49 | 86 | K 152 | 00:35:26.65 | 7:05 | 8.5 |
| 130 | JAKIMOWICZ EWA | 411 | DANONE | WARSZAWA | POL | K1-29 | 40 | K 153 | 00:35:27.60 | 7:05 | 8.5 |
| 131 | BIERNAT JUSTYNA | 24 | - | WARSZAWA | POL | K30-49 | 87 | K 154 | 00:35:30.90 | 7:06 | 8.4 |
| 132 | ROKICKA MAŁGORZATA | 278 | | WARSZAWA | POL | K30-49 | 88 | K 155 | 00:35:31.65 | 7:06 | 8.4 |

BIEG WEGAŃSKI 5 KM, Kobiety Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------------|-----|----------------------------|---------------------|------|--------|--------|-------|-------------|--------|------|
| 133 | SŁONIEWSKA MONIKA | 304 | | WARSZAWA | POL | K50+ | 5 | K 156 | 00:35:40.55 | 7:08 | 8.4 |
| 134 | STELMASZCZYK MARTYNA | 413 | | WARSZAWA | POL | K1-29 | 41 | K 157 | 00:35:41.30 | 7:08 | 8.4 |
| 135 | SALAMOŃCZYK ANNA | 290 | | JÓZEFÓW | POL | K30-49 | 89 | K 159 | 00:35:45.05 | 7:09 | 8.4 |
| 136 | POROMBKA SYLWIA | 263 | | WARSZAWA | POL | K30-49 | 90 | K 160 | 00:35:51.95 | 7:10 | 8.4 |
| 137 | WITON OLA | 370 | | WARSZAWA | POL | K1-29 | 42 | K 161 | 00:35:55.10 | 7:11 | 8.4 |
| 138 | RACZYŃSKA AGNIESZKA | 272 | | ŁĘCZYCA | POL | K30-49 | 91 | K 162 | 00:35:55.45 | 7:11 | 8.3 |
| 139 | JAKÓBOWSKA KAROLINA | 112 | | TORUŃ | POL | K30-49 | 92 | K 163 | 00:35:55.65 | 7:11 | 8.3 |
| 140 | KACPRZAK MONIKA | 129 | | WARSZAWA | POL | K30-49 | 93 | K 165 | 00:36:04.55 | 7:13 | 8.3 |
| 141 | GÓRECKA ANNA | 93 | | WARSZAWA | POL | K30-49 | 94 | K 166 | 00:36:06.05 | 7:13 | 8.3 |
| 142 | WASIAK IWONA | 360 | | WARSZAWA | POL | K30-49 | 95 | K 167 | 00:36:10.65 | 7:14 | 8.3 |
| 143 | LLKA JADZIU | 184 | | OTWOCK | POL | K1-29 | 43 | K 168 | 00:36:17.05 | 7:15 | 8.3 |
| 144 | RYNKOWSKA MAGDALENA | 287 | | WARSZAWA | POL | K30-49 | 96 | K 169 | 00:36:29.90 | 7:18 | 8.2 |
| 145 | JANUSZEWSKA OLA | 115 | | WARSZAWA | POL | K1-29 | 44 | K 170 | 00:36:31.65 | 7:18 | 8.2 |
| 146 | WAWRZONEK KAROLINA | 361 | | WARSZAWA | POL | K30-49 | 97 | K 171 | 00:36:35.80 | 7:19 | 8.2 |
| 147 | FIJAŁKOWSKA JOLANTA | 74 | FITBODY24 | WARSZAWA | POL | K50+ | 6 | K 172 | 00:36:44.80 | 7:21 | 8.2 |
| 148 | JIN DAN | 123 | | WARSZAWA | POL | K30-49 | 98 | K 173 | 00:36:49.95 | 7:22 | 8.1 |
| 149 | ADAMCZYK ELŻBIETA | 1 | AMATORKA BIEGANIA | WARSZAWA | POL | K50+ | 7 | K 174 | 00:37:06.85 | 7:25 | 8.1 |
| 150 | PIASECKA WERONIKA | 245 | | WARSZAWA | POL | K30-49 | 99 | K 175 | 00:37:17.40 | 7:27 | 8 |
| 151 | KRZESZOWSKA JAGODA | 167 | | BIENIEWICE | POL | K1-29 | 45 | K 176 | 00:37:18.80 | 7:27 | 8 |
| 152 | CHUDZIK MAGDALENA | 44 | | WARSZAWA | POL | K30-49 | 100 | K 177 | 00:37:38.20 | 7:31 | 8 |
| 153 | DUCZYŃSKA KAROLINA | 60 | VEGE RUNNERS | PRUSZKÓW | POL | K30-49 | 101 | K 178 | 00:37:41.70 | 7:32 | 8 |
| 154 | KRZESZOWSKA MARTA | 168 | | BIENIEWICE | POL | K30-49 | 102 | K 180 | 00:37:51.10 | 7:34 | 7.9 |
| 155 | GOŁASZEWSKA KARINA | 90 | | GORDZISK MAZOWIECKI | POL | K1-29 | 46 | K 182 | 00:38:01.75 | 7:36 | 7.9 |
| 156 | BURDA KATARZYNA | 41 | BORÓWKI | WARSZAWA | POL | K30-49 | 103 | K 183 | 00:38:03.20 | 7:36 | 7.9 |
| 157 | GAŚOWSKA MARYSIA | 85 | | SULEJÓWEK | POL | K30-49 | 104 | K 184 | 00:38:04.10 | 7:36 | 7.9 |
| 158 | GOŁACKA-PIOTOWSKA BEATA | 89 | | WARSZAWA | POL | K30-49 | 105 | K 185 | 00:38:04.45 | 7:37 | 7.9 |
| 159 | KIEŁBASIŃSKA OLGA | 146 | BIEGI GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K1-29 | 47 | K 186 | 00:38:05.25 | 7:37 | 7.9 |
| 160 | TOWAREK MONIKA | 352 | | RADOM | POL | K30-49 | 106 | K 187 | 00:38:08.05 | 7:37 | 7.9 |
| 161 | KOCHAŃCZYK ANIA | 152 | | RADOM | POL | K1-29 | 48 | K 188 | 00:38:08.60 | 7:37 | 7.9 |
| 162 | MALCZYK MAGDA | 190 | FUNDACJA SOS DALMATYŃCZYKI | WARSZAWA | POL | K30-49 | 107 | K 189 | 00:38:15.50 | 7:39 | 7.8 |
| 163 | GOŁASZEWSKA LENA | 91 | | GRODZISK MAZOWIECKI | POL | K30-49 | 108 | K 191 | 00:38:19.70 | 7:40 | 7.8 |
| 164 | KUBRYN AGNIESZKA | 171 | | WARSZAWA | POL | K30-49 | 109 | K 192 | 00:38:22.05 | 7:40 | 7.8 |
| 165 | OWCZAREK IZABELA | 227 | | WARSZAWA | POL | K30-49 | 110 | K 193 | 00:38:26.25 | 7:41 | 7.8 |
| 166 | AKIDA MIRIAM | 5 | | WARSZAWA | POL | K1-29 | 49 | K 194 | 00:38:34.00 | 7:42 | 7.8 |
| 167 | DOBRYŃSKA AGNIESZKA | 57 | DOGOŃ GRODZISK MAZOWIECKI | TRUSKAW | POL | K30-49 | 111 | K 195 | 00:38:35.75 | 7:43 | 7.8 |
| 168 | SZYSZKOWSKA MAŁGORZATA A. | 339 | | WARSZAWA | POL | K30-49 | 112 | K 197 | 00:39:14.85 | 7:51 | 7.6 |
| 169 | MICHAŁAK ANNA | 198 | | WARSZAWA | POL | K30-49 | 113 | K 198 | 00:39:15.00 | 7:51 | 7.6 |
| 170 | SOCHACZEWSKA-GRALAK MAGDALENA | 312 | GRALAKI5 | SOCHACZEW | POL | K30-49 | 114 | K 199 | 00:39:23.70 | 7:52 | 7.6 |
| 171 | KALATA-ZAWŁOCKA ALEKSANDRA | 131 | | WARSZAWA | POL | K30-49 | 115 | K 200 | 00:39:35.70 | 7:55 | 7.6 |
| 172 | FABISZEWSKA DOROTA | 551 | | WARSZAWA | POL | K30-49 | 116 | K 201 | 00:39:48.00 | 7:57 | 7.5 |
| 173 | BEK JOANNA | 17 | | WARSZAWA | POL | K30-49 | 117 | K 202 | 00:39:57.90 | 7:59 | 7.5 |
| 174 | PŁOCICA MAGDA | 257 | TRACKX | WARSZAWA | POL | K30-49 | 118 | K 203 | 00:39:58.45 | 7:59 | 7.5 |
| 175 | NOWAKOWSKA NATALIA | 213 | | ŁOMIANKI | POL | K1-29 | 50 | K 204 | 00:40:00.40 | 8:00 | 7.5 |
| 176 | ROGINSKI MELISSA | 277 | | WARSZAWA | POL | K1-29 | 51 | K 205 | 00:40:15.65 | 8:03 | 7.5 |
| 177 | BARTOSIK KRYSZYNA | 12 | | ZGIERZ | POL | K50+ | 8 | K 206 | 00:40:29.60 | 8:06 | 7.4 |
| 178 | PERZAK KATARZYNA | 243 | | WARSZAWA | POL | K30-49 | 119 | K 207 | 00:40:32.65 | 8:06 | 7.4 |
| 179 | GAJDA MAGDALENA | 81 | | WARSZAWA | POL | K30-49 | 120 | K 208 | 00:40:51.70 | 8:10 | 7.3 |
| 180 | BEDNARSKA JOLANTA | 16 | | TARNOBRZEG | POL | K30-49 | 121 | K 209 | 00:40:53.50 | 8:10 | 7.3 |
| 181 | WOJCIECHOWSKA NATALIA | 373 | | WARSZAWA | POL | K1-29 | 52 | K 211 | 00:41:35.95 | 8:19 | 7.2 |
| 182 | KASZCZUK MAGDALENA | 139 | | WARSZAWA | POL | K30-49 | 122 | K 212 | 00:41:54.50 | 8:22 | 7.2 |
| 183 | OGOŃCZYK DONATA | 217 | | LEGIONOWO | POL | K1-29 | 53 | K 213 | 00:42:05.75 | 8:25 | 7.1 |
| 184 | BOGUSZ HONORATA | 30 | | ŁOMIANKI | POL | K1-29 | 54 | K 214 | 00:42:14.00 | 8:26 | 7.1 |
| 185 | NOWAKOWSKA ANNA | 212 | TEAM VINARIAMS | WARSZAWA | POL | K30-49 | 123 | K 215 | 00:42:57.85 | 8:35 | 7 |
| 186 | FRYBES AGNIESZKA | 444 | | BIAŁYSTOK | POL | K30-49 | 124 | K 217 | 00:43:19.95 | 8:40 | 6.9 |
| 187 | STOKOWSKA KINGA | 323 | | WARSZAWA | POL | K30-49 | 125 | K 218 | 00:43:23.10 | 8:40 | 6.9 |
| 188 | BARANOWSKA EWELINA | 416 | | WARSZAWA | POL | K30-49 | 126 | K 219 | 00:43:38.35 | 8:43 | 6.9 |
| 189 | ZAWALSKA ANNA | 391 | | TARCZYN | POL | K50+ | 9 | K 220 | 00:43:39.10 | 8:43 | 6.9 |

BIEG WEGAŃSKI 5 KM, Kobiety Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------------|-----|------------------------|-----------|------|--------|--------|-------|-------------|--------|------|
| 190 | BEREZA ANNA | 18 | | WARSZAWA | POL | K30-49 | 127 | K 221 | 00:43:54.05 | 8:46 | 6.8 |
| 191 | SZTORC JOANNA | 332 | | WARSZAWA | POL | K30-49 | 128 | K 222 | 00:43:54.35 | 8:46 | 6.8 |
| 192 | JOB IWONA | 126 | | WARSZAWA | POL | K50+ | 10 | K 223 | 00:44:51.50 | 8:58 | 6.7 |
| 193 | KRAWCZYK MAŁGORZATA | 14 | | WARSZAWA | POL | K30-49 | 129 | K 224 | 00:44:55.15 | 8:59 | 6.7 |
| 194 | KOWALSKA-NOWAK JOANNA | 162 | NUTRILITE TEEM | PIASECZNO | POL | K50+ | 11 | K 225 | 00:44:55.20 | 8:59 | 6.7 |
| 195 | SOJKA JOANNA | 314 | ZŁOT ABSOLWENTÓW | WARSZAWA | POL | K30-49 | 130 | K 226 | 00:44:55.35 | 8:59 | 6.7 |
| 196 | KASIERSKA EWA KATARZYNA | 138 | WKB META LUBLINIEC | POZNAŃ | POL | K50+ | 12 | K 227 | 00:44:56.10 | 8:59 | 6.7 |
| 197 | BANDURSKA EWA | 11 | | WARSZAWA | POL | K30-49 | 131 | K 229 | 00:46:51.10 | 9:22 | 6.4 |
| 198 | BLICHARZ ANNA | 27 | | REGUŁY | POL | K30-49 | 132 | K 230 | 00:48:16.30 | 9:39 | 6.2 |
| 199 | LIPOV MARINA | 180 | | WARSZAWA | POL | K1-29 | 55 | K 231 | 00:48:39.45 | 9:44 | 6.2 |
| 200 | LIPOV KALINA | 181 | | WARSZAWA | POL | K1-29 | 56 | K 232 | 00:48:40.10 | 9:44 | 6.2 |
| 201 | KOŁECZEK ALEKSANDRA | 153 | | WARSZAWA | POL | K30-49 | 133 | K 233 | 00:48:56.65 | 9:47 | 6.1 |
| 202 | SMOCZYK MIROŚLAWA | 306 | | WARSZAWA | POL | K30-49 | 134 | K 234 | 00:50:11.90 | 10:02 | 6 |
| 203 | MROCZKOWSKA TERESA | 204 | | WARSZAWA | POL | K50+ | 13 | K 235 | 00:50:13.20 | 10:02 | 6 |
| 204 | LIPOV LUBKA | 183 | | WARSZAWA | POL | K1-29 | 57 | K 240 | 00:55:09.70 | 11:01 | 5.4 |
| 205 | LIPOV BEATA | 182 | | WARSZAWA | POL | K30-49 | 135 | K 241 | 00:56:22.05 | 11:16 | 5.3 |
| 206 | SMOLIŃSKA MARZENA | 307 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K30-49 | 136 | K 242 | 00:56:23.70 | 11:16 | 5.3 |
| 207 | BRZĄKAŁA RENATA | 38 | | WARSZAWA | POL | K30-49 | 137 | K 243 | 00:56:26.85 | 11:17 | 5.3 |
| 208 | WUS BEATA | 382 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K50+ | 14 | K 244 | 00:56:27.20 | 11:17 | 5.3 |
| 209 | BRZEJWAK IWONA | 431 | | WARSZAWA | POL | K50+ | 15 | K 245 | 00:56:28.05 | 11:17 | 5.3 |
| 210 | CICHOCKA RENATA | 45 | | WARSZAWA | POL | K30-49 | 138 | K 246 | 00:56:30.85 | 11:18 | 5.3 |
| 211 | SKRZYDŁOWSKA-KALUKIN KATARZYNA | 302 | SLOW JOGGING BIAŁOŁĘKA | WARSZAWA | POL | K50+ | 16 | K 247 | 00:56:33.20 | 11:18 | 5.3 |
| 212 | CIOK KATARZYNA | 412 | | WARSZAWA | POL | K1-29 | 58 | K 248 | | | |

BIEG WEGAŃSKI 5 KM, Bieg z psem Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------|-----|------------------------|---------------------|------|--------------------------|--------|------|-------------|--------|------|
| 1 | WNOROWSKI STEFAN | 372 | GREY | KONSTANCIN-JEZIORNA | POL | BIEG Z PSEM MĘŻCZYŃNI | 1 | M 1 | 00:17:33.15 | 3:30 | 17.1 |
| 2 | SŁOWIŃSKI MICHAŁ | 427 | SBRT ŻOLIBORZ | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 2 | M 14 | 00:21:29.20 | 4:18 | 14 |
| 3 | FALKOWSKI BARTEK | 70 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 3 | M 17 | 00:21:39.25 | 4:19 | 13.9 |
| 4 | ZAPALSKI MICHAŁ | 388 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 4 | M 18 | 00:22:05.70 | 4:25 | 13.6 |
| 5 | DŁUGOSZ DANIEL | 56 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 5 | M 44 | 00:28:23.60 | 5:40 | 10.6 |
| 6 | PONIEWIERSKI RAFAŁ | 261 | TRICLUB | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 6 | M 50 | 00:28:56.05 | 5:47 | 10.4 |
| 7 | SNARSKI PIOTR | 309 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 7 | M 52 | 00:29:03.00 | 5:48 | 10.3 |
| 8 | ZŁOTNICKI ADAM | 400 | STOWARZYSZENIE EMPATIA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 8 | M 74 | 00:32:59.35 | 6:35 | 9.1 |
| 9 | ANTONÓW PIOTR | 7 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 9 | M 77 | 00:33:29.90 | 6:42 | 9 |
| 10 | JEZNACH ANDRZEJ | 122 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 10 | M 78 | 00:33:39.35 | 6:43 | 8.9 |
| 11 | JEZNACH MIKOŁAJ | 121 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 11 | M 79 | 00:33:40.05 | 6:44 | 8.9 |
| 12 | KWOLEK GRZEGORZ | 178 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 12 | M 81 | 00:34:05.60 | 6:49 | 8.8 |
| 13 | WOLSZTYNIAK ADAM | 376 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 13 | M 82 | 00:34:24.50 | 6:52 | 8.7 |
| 14 | POŚNIK ŁUKASZ | 264 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 14 | M 87 | 00:34:54.40 | 6:58 | 8.6 |
| 15 | PERZAK RAMI | 244 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŃNI | 15 | M 98 | 00:40:31.05 | 8:06 | 7.4 |

BIEG WEGAŃSKI 5 KM, Bieg z psem Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------|-----|-----------------|-----------|------|--------------------------|--------|-------|-------------|--------|------|
| 16 | WŁODARZ ALEKSANDER | 371 | WILKI Z PALUCHA | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | 16 | M 104 | 00:44:56.70 | 8:59 | 6.7 |
| | JANCZ MACIEJ | 113 | | WARSZAWA | POL | BIEG Z PSEM MĘŻCZYŹNI | | | DNF | - | - |

BIEG WEGAŃSKI 5 KM, Mężczyźni Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|------------------------|-----|-------------------------------|---------------------|------|--------|--------|------|-------------|--------|------|
| 1 | GREGORCZYK ŁUKASZ | 97 | COMPASSION POLSKA | WARSZAWA | POL | M30-49 | 1 | M 2 | 00:17:38.00 | 3:31 | 17 |
| 2 | SŁUPIK TOMASZ | 305 | - | - | POL | M1-29 | 1 | M 3 | 00:17:52.30 | 3:34 | 16.8 |
| 3 | SKORY WOJCIECH | 301 | KRÓLEWSKI KLUB BIEGOWY | WARSZAWA | POL | M30-49 | 2 | M 4 | 00:18:00.35 | 3:36 | 16.7 |
| 4 | GRZYBOWSKI MARIUSZ | 101 | | KOBYŁKA | POL | M50+ | 1 | M 5 | 00:19:10.30 | 3:50 | 15.7 |
| 5 | SUCHY ROBERT | 326 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | M30-49 | 3 | M 6 | 00:19:34.45 | 3:55 | 15.3 |
| 6 | ZYCH ŁUKASZ | 401 | GRZYBKI TEAM | MARKI | POL | M30-49 | 4 | M 7 | 00:19:41.30 | 3:56 | 15.2 |
| 7 | BORAWSKI JULIUSZ | 32 | COMPASSION POLSKA | WYSOKIE MAZOWIECKIE | POL | M30-49 | 5 | M 8 | 00:20:21.40 | 4:04 | 14.7 |
| 8 | BUBEL ROBERT | 40 | | WARSZAWA | POL | M30-49 | 6 | M 9 | 00:20:28.80 | 4:05 | 14.6 |
| 9 | KORDASIEWICZ STANISŁAW | 156 | | WARSZAWA | POL | M30-49 | 7 | M 10 | 00:20:47.90 | 4:09 | 14.4 |
| 10 | ZDANOWSKI DARIUSZ | 392 | KOSTRZYŃSKA GRUPA BIEGOWA | KOSTRZYN NAD ODRĄ | POL | M30-49 | 8 | M 11 | 00:21:04.75 | 4:13 | 14.2 |
| 11 | PANASIUK ARTUR | 234 | | PRUSZKÓW | POL | M30-49 | 9 | M 12 | 00:21:08.25 | 4:13 | 14.2 |
| 12 | JARMOSZKO MARIAN | 117 | TRIWAWA | WARSZAWA | POL | M30-49 | 10 | M 13 | 00:21:10.20 | 4:14 | 14.2 |
| 13 | ROSIŃSKI PATRYK | 282 | | WARSZAWA | POL | M1-29 | 2 | M 15 | 00:21:33.50 | 4:18 | 13.9 |
| 14 | KORSAKOV KONSTANTYN | 433 | | WARSZAWA | POL | M30-49 | 11 | M 16 | 00:21:37.15 | 4:19 | 13.9 |
| 15 | ZIĘBAKOWSKI MIKOŁAJ | 396 | | RADOM | POL | M1-29 | 3 | M 19 | 00:22:13.15 | 4:26 | 13.5 |
| 16 | KOŚLA ARKADIUSZ | 429 | | WARSZAWA | POL | M30-49 | 12 | M 20 | 00:22:35.75 | 4:31 | 13.3 |
| 17 | BORKOWSKI MARIUSZ | 33 | | WARSZAWA | POL | M30-49 | 13 | M 21 | 00:22:43.80 | 4:32 | 13.2 |
| 18 | KRZESZOWSKI DARIUSZ | 170 | VEGE RUNNERS | BŁONIE | POL | M30-49 | 14 | M 22 | 00:22:58.55 | 4:35 | 13.1 |
| 19 | KĄŻUCH OLAF | 144 | | WARSZAWA | POL | M1-29 | 4 | M 23 | 00:22:58.90 | 4:35 | 13.1 |
| 20 | SWORSKI ROMAN | 327 | VEGAN & VEGE RUNNERS / KASTYO | ŁÓDŹ | POL | M30-49 | 15 | M 24 | 00:24:00.20 | 4:48 | 12.5 |
| 21 | CZAPIEWSKI KRZYSZTOF | 414 | | WARSZAWA | POL | M30-49 | 16 | M 25 | 00:24:03.15 | 4:48 | 12.5 |
| 22 | IWAŃCZYK GRZEGORZ | 109 | | WARSZAWA | POL | M30-49 | 17 | M 26 | 00:24:05.05 | 4:49 | 12.5 |
| 23 | BIENIECKI MIREK | 407 | | GLIWICE | POL | M30-49 | 18 | M 27 | 00:24:41.70 | 4:56 | 12.1 |
| 24 | PAKULSKI PIOTR | 230 | HARD BOX | OTWOCK | POL | M30-49 | 19 | M 28 | 00:24:51.30 | 4:58 | 12.1 |
| 25 | PIWNICKI MATEUSZ | 254 | | WARKA | POL | M1-29 | 5 | M 29 | 00:24:58.65 | 4:59 | 12 |
| 26 | MATYSIAK JULIUSZ | 194 | | SEKOCIN STARY | POL | M1-29 | 6 | M 30 | 00:25:22.25 | 5:04 | 11.8 |
| 27 | ROSIĄK JACEK | 280 | | RADZYMIN | POL | M30-49 | 20 | M 31 | 00:25:22.50 | 5:04 | 11.8 |
| 28 | PALMER SEAN | 231 | | WARSAW | POL | M30-49 | 21 | M 32 | 00:25:27.60 | 5:05 | 11.8 |
| 29 | KĄŻUCH SŁAWOMIR | 143 | | OTWOCK | POL | M30-49 | 22 | M 33 | 00:25:33.35 | 5:06 | 11.7 |
| 30 | OSIAK JAN | 225 | | WARSZAWA | POL | M1-29 | 7 | M 34 | 00:25:35.30 | 5:07 | 11.7 |
| 31 | GESZPRYCH MAREK | 86 | DRUŻYNA BLANECZKI | ZĄBKI | POL | M30-49 | 23 | M 35 | 00:25:36.45 | 5:07 | 11.7 |
| 32 | BERNAT PAWEŁ | 19 | | WARSZAWA | POL | M30-49 | 24 | M 36 | 00:25:38.60 | 5:07 | 11.7 |
| 33 | SADOWSKI MATEUSZ | 288 | | WARSZAWA | POL | M1-29 | 8 | M 37 | 00:25:51.85 | 5:10 | 11.6 |
| 34 | MIEDŹWIEDŹ ŁUKASZ | 199 | | PRUSZKÓW | POL | M30-49 | 25 | M 38 | 00:25:52.45 | 5:10 | 11.6 |
| 35 | KŁOK EMIL | 149 | | WARSZAWA | POL | M1-29 | 9 | M 39 | 00:26:19.80 | 5:16 | 11.4 |
| 36 | DZIEMBA TOMASZ | 66 | | WARSZAWA | POL | M1-29 | 10 | M 40 | 00:27:21.20 | 5:28 | 11 |
| 37 | PTAK MARCIN | 267 | | JÓZEFÓW | POL | M30-49 | 26 | M 41 | 00:28:03.55 | 5:36 | 10.7 |
| 38 | ANIÓŁKOWSKI KRZYSZTOF | 6 | | WARSZAWA | POL | M30-49 | 27 | M 42 | 00:28:06.65 | 5:37 | 10.7 |
| 39 | PIEJAK TOMASZ | 418 | | | POL | M1-29 | 11 | M 43 | 00:28:08.00 | 5:37 | 10.7 |
| 40 | AKERMAN ADRIAN | 4 | | WARSZAWA | POL | M1-29 | 12 | M 45 | 00:28:25.20 | 5:41 | 10.6 |
| 41 | SENKOWSKI GUSTAW | 292 | TRAWOŻERCY | OSTRÓDA | POL | M1-29 | 13 | M 46 | 00:28:27.55 | 5:41 | 10.5 |
| 42 | CZERNIAWSKI BARTOSZ | 49 | | WARSZAWA | POL | M1-29 | 14 | M 47 | 00:28:31.95 | 5:42 | 10.5 |
| 43 | GÓRECKI MICHAŁ | 94 | | BEŁCHATÓW | POL | M30-49 | 28 | M 48 | 00:28:42.80 | 5:44 | 10.4 |
| 44 | BARTCZAK MACIEJ | 426 | | | POL | M1-29 | 15 | M 49 | 00:28:50.25 | 5:46 | 10.4 |
| 45 | ZIELIŃSKI PIOTR | 394 | | WARSZAWA | POL | M30-49 | 29 | M 51 | 00:28:57.80 | 5:47 | 10.4 |
| 46 | STACHURSKI PRZEMYSŁAW | 317 | BIEGNIJ Z PROSERVICE | WARSZAWA | POL | M30-49 | 30 | M 53 | 00:29:11.25 | 5:50 | 10.3 |
| 47 | NAPIERSKI ŁUKASZ | 209 | | WARSZAWA | POL | M30-49 | 31 | M 54 | 00:29:20.35 | 5:52 | 10.2 |
| 48 | WYRWICZ MAREK | 383 | | KRAKÓW | POL | M30-49 | 32 | M 55 | 00:29:38.70 | 5:55 | 10.1 |

BIEG WEGAŃSKI 5 KM, Mężczyźni Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------|-----|-----------------------------|---------------|------|--------|--------|-------|-------------|--------|------|
| 49 | OLSZOWSKI MICHAŁ | 219 | | WARSZAWA | POL | M30-49 | 33 | M 56 | 00:29:40.20 | 5:56 | 10.1 |
| 50 | MŁOCEK PIOTR | 201 | | WARSZAWA | POL | M1-29 | 16 | M 57 | 00:29:41.65 | 5:56 | 10.1 |
| 51 | SZTYLKO MICHAŁ | 333 | | WARSZAWA | POL | M30-49 | 34 | M 58 | 00:29:43.55 | 5:56 | 10.1 |
| 52 | JAROS ARKADIUSZ | 118 | | BRWINÓW | POL | M50+ | 2 | M 59 | 00:29:46.75 | 5:57 | 10.1 |
| 53 | BIENKOWSKI MATEUSZ | 22 | | WARSZAWA | POL | M30-49 | 35 | M 60 | 00:29:48.60 | 5:57 | 10.1 |
| 54 | CEROWSKI STEVE | 43 | | ARLINGTON | USA | M50+ | 3 | M 61 | 00:30:19.60 | 6:04 | 9.9 |
| 55 | LIBERA PAWEŁ | 179 | GRUPA BIEGOWA UM-WWA | WARSZAWA | POL | M30-49 | 36 | M 62 | 00:30:38.90 | 6:07 | 9.8 |
| 56 | ŻÓŁCIŃSKI WALDEMAR | 404 | GRUPA BIEGOWA UM W-WA | WARSZAWA | POL | M50+ | 4 | M 63 | 00:30:40.70 | 6:08 | 9.8 |
| 57 | PAŁAMAR KRZYSZTOF | 232 | | SZCZECIN | POL | M50+ | 5 | M 64 | 00:30:43.90 | 6:08 | 9.8 |
| 58 | MAJEWSKI MAREK | 189 | WILANÓW-ZAWADY | WARSZAWA | POL | M50+ | 6 | M 65 | 00:30:47.50 | 6:09 | 9.7 |
| 59 | SZŁOSER PIOTR | 330 | | WARSZAWA | POL | M30-49 | 37 | M 66 | 00:30:53.90 | 6:10 | 9.7 |
| 60 | WÓJCIK RAFAŁ | 377 | | WARSZAWA | POL | M30-49 | 38 | M 67 | 00:31:07.35 | 6:13 | 9.6 |
| 61 | MRÓZ SEBASTIAN | 206 | | KOMORÓW | POL | M30-49 | 39 | M 68 | 00:31:08.40 | 6:13 | 9.6 |
| 62 | STARUCH ANDRZEJ | 320 | | DĘBE WIELKIE | POL | M50+ | 7 | M 69 | 00:31:18.05 | 6:15 | 9.6 |
| 63 | PAC BARTOSZ | 228 | | WARSZAWA | POL | M30-49 | 40 | M 70 | 00:31:27.60 | 6:17 | 9.5 |
| 64 | BASIŃSKI DAWID | 15 | | RAKONIEWICE | POL | M1-29 | 17 | M 71 | 00:31:42.65 | 6:20 | 9.5 |
| 65 | MRÓZ MATEUSZ | 207 | | KOMORÓW | POL | M1-29 | 18 | M 72 | 00:31:52.10 | 6:22 | 9.4 |
| 66 | GRABOWSKI JERZY | 95 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 8 | M 73 | 00:32:24.35 | 6:28 | 9.3 |
| 67 | IMIELA MACIEL | 108 | - | WARSZAWA | POL | M1-29 | 19 | M 75 | 00:33:07.35 | 6:37 | 9.1 |
| 68 | HOŁOWACZ TOMASZ | 105 | KONDYCJA | WARSZAWA | POL | M50+ | 9 | M 76 | 00:33:28.80 | 6:41 | 9 |
| 69 | MĄKOSA DANIEL | 196 | | WARSZAWA | POL | M1-29 | 20 | M 80 | 00:34:00.65 | 6:48 | 8.8 |
| 70 | BARTOSIK WOJTEK | 13 | | WARSZAWA | POL | M30-49 | 41 | M 83 | 00:34:31.20 | 6:54 | 8.7 |
| 71 | KOCHAŃCZYK PAWEŁ | 151 | | RADOM | POL | M30-49 | 42 | M 84 | 00:34:43.05 | 6:56 | 8.6 |
| 72 | MATYSIAK KRZYSZTOF | 193 | POLSOJA | SEKOCIN STARY | POL | M30-49 | 43 | M 85 | 00:34:44.00 | 6:56 | 8.6 |
| 73 | KALINOWSKI ADAM | 134 | 1976 | WARSZAWA | POL | M30-49 | 44 | M 86 | 00:34:45.10 | 6:57 | 8.6 |
| 74 | POTEMPSKI PAWEŁ | 265 | | WARSZAWA | POL | M30-49 | 45 | M 88 | 00:34:59.90 | 7:00 | 8.6 |
| 75 | PIOŁUNOWICZ MACIEJ | 250 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | M30-49 | 46 | M 89 | 00:35:31.25 | 7:06 | 8.4 |
| 76 | PERZ MICHAŁ | 242 | FC PERZOWO | WARSZAWA | POL | M50+ | 10 | M 90 | 00:35:41.30 | 7:08 | 8.4 |
| 77 | KRAIŃSKI ANTONI | 164 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 11 | M 91 | 00:35:52.55 | 7:10 | 8.4 |
| 78 | SZTEJNERT JAKUB | 331 | | SKIERDY | POL | M30-49 | 47 | M 92 | 00:35:54.10 | 7:10 | 8.4 |
| 79 | PLUTA DANIEL | 256 | | PIASTÓW | POL | M30-49 | 48 | M 93 | 00:36:21.35 | 7:16 | 8.3 |
| 80 | KRZESZOWSKI PIOTR | 169 | | BIENIEWICE | POL | M1-29 | 21 | M 94 | 00:37:16.75 | 7:27 | 8 |
| 81 | DU CZYŃSKI MACIEJ | 61 | VEGE RUNNERS | PRUSZKÓW | POL | M30-49 | 49 | M 95 | 00:37:40.65 | 7:32 | 8 |
| 82 | OSTAPOWICZ JAROSŁAW | 226 | | WARSZAWA | POL | M50+ | 12 | M 96 | 00:38:06.45 | 7:37 | 7.9 |
| 83 | FIGIEL WOJCIECH | 73 | | WARSZAWA | POL | M30-49 | 50 | M 97 | 00:39:35.95 | 7:55 | 7.6 |
| 84 | GAJDA ADAM | 79 | | WARSZAWA | POL | M50+ | 13 | M 99 | 00:40:51.10 | 8:10 | 7.3 |
| 85 | NOWORYTA JACEK | 214 | ASA TEAM BIEGIEM PO ZDROWIE | WARSZAWA | POL | M50+ | 14 | M 100 | 00:41:05.40 | 8:13 | 7.3 |
| 86 | MAŁEK ANDRZEJ | 192 | | KAPINO | POL | M50+ | 15 | M 101 | 00:42:03.10 | 8:24 | 7.1 |
| 87 | SOCHOCKI DARIUSZ | 313 | | LEGIONOWO | POL | M50+ | 16 | M 102 | 00:42:05.55 | 8:25 | 7.1 |
| 88 | CYGAN DARIUSZ | 48 | | WARSZAWA | POL | M1-29 | 22 | M 103 | 00:43:19.05 | 8:39 | 6.9 |
| 89 | PANASIUK STEFAN | 236 | | PRUSZKÓW | POL | M50+ | 17 | M 105 | 00:46:46.90 | 9:21 | 6.4 |
| 90 | MROCZKOWSKI ZDZISŁAW | 205 | | WARSZAWA | POL | M50+ | 18 | M 106 | 00:50:14.15 | 10:02 | 6 |
| 91 | KAMIŃSKI WALDEMAR | 137 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | M50+ | 19 | M 107 | 00:56:29.05 | 11:17 | 5.3 |
| 92 | WUS ZENON | 381 | | WARSZAWA | POL | M50+ | 20 | M 108 | 00:56:30.90 | 11:18 | 5.3 |
| 93 | BREJKOL WOJCIECH | 430 | SLOW JOGGING BIAŁOLEKA | | POL | M50+ | 21 | M 109 | 00:56:31.25 | 11:18 | 5.3 |
| | BIRSKI PIOTR | 26 | | ŁÓDŹ | POL | M30-49 | | | DNF | - | - |
| | SIENKIEWICZ PIOTR | 295 | | WARSZAWA | POL | M30-49 | | | DNF | - | - |

BIEG WEGAŃSKI 5 KM, K1-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------|-----|-----------------|-----------|------|-------|--------|------|-------------|--------|------|
| 1 | NOWACKA OKTAWIA | 211 | ON WŁĄCZ SIEBIE | ŁOMIANKI | POL | K1-29 | 1 | K 1 | 00:20:29.15 | 4:05 | 14.6 |
| 2 | IDSARDI JASMINE | 107 | | WARSAW | POL | K1-29 | 2 | K 6 | 00:24:02.15 | 4:48 | 12.5 |
| 3 | KALINOWSKA ULA | 132 | | WARSZAWA | POL | K1-29 | 3 | K 9 | 00:25:55.65 | 5:11 | 11.6 |
| 4 | MOKRZANOWSKA ANNA | 202 | | WARSZAWA | POL | K1-29 | 4 | K 16 | 00:27:43.65 | 5:32 | 10.8 |
| 5 | KOT ALEKSANDRA | 160 | | WARSZAWA | POL | K1-29 | 5 | K 18 | 00:28:17.80 | 5:39 | 10.6 |

BIEG WEGAŃSKI 5 KM, K1-29 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------|-----|---------------------------|---------------------|------|-------|--------|-------|-------------|--------|------|
| 6 | PARTYKA JUSTYNA | 238 | | MILANÓWEK | POL | K1-29 | 6 | K 19 | 00:28:28.15 | 5:41 | 10.5 |
| 7 | CZAPLEWSKA WERONIKA | 423 | | WARSZAWA | POL | K1-29 | 7 | K 20 | 00:28:46.20 | 5:45 | 10.4 |
| 8 | KOBUS KARINA | 150 | SRS KONDYCJA | PIASECZNO | POL | K1-29 | 8 | K 27 | 00:29:04.95 | 5:49 | 10.3 |
| 9 | CIERLAK PATRYCJA | 46 | | WARSZAWA | POL | K1-29 | 9 | K 34 | 00:29:30.30 | 5:54 | 10.2 |
| 10 | BOCIAN KATARZYNA | 28 | COMPASSION POLSKA | WARSZAWA | POL | K1-29 | 10 | K 42 | 00:29:51.40 | 5:58 | 10 |
| 11 | ZALEWSKA ADRIANNA | 386 | | WARSZAWA | POL | K1-29 | 11 | K 46 | 00:30:17.05 | 6:03 | 9.9 |
| 12 | PIWOWARCZYK AGATA | 255 | | DOB CZYCE | POL | K1-29 | 12 | K 47 | 00:30:18.75 | 6:03 | 9.9 |
| 13 | ŻUŁAWIŃSKA MAGDALENA | 405 | | WROCLAW | POL | K1-29 | 13 | K 50 | 00:30:35.30 | 6:07 | 9.8 |
| 14 | STĘPIEŃ LENA | 322 | | WOŁOMIN | POL | K1-29 | 14 | K 52 | 00:30:35.55 | 6:07 | 9.8 |
| 15 | SIKORSKA MARYSIA | 296 | | WARSZAWA | POL | K1-29 | 15 | K 64 | 00:31:23.15 | 6:16 | 9.6 |
| 16 | ORZECHOWSKA ALEKSANDRA | 223 | | DZIAŁDOWO | POL | K1-29 | 16 | K 70 | 00:31:33.65 | 6:18 | 9.5 |
| 17 | ORZECHOWSKA ALICJA | 222 | | DZIAŁDOWO | POL | K1-29 | 17 | K 72 | 00:31:34.15 | 6:19 | 9.5 |
| 18 | STANISZEWSKA PAULINA | 319 | NESSI TEAM | TLUSZCZ | POL | K1-29 | 18 | K 73 | 00:31:37.65 | 6:19 | 9.5 |
| 19 | WDOWIAK POLA | 362 | | WARSZAWA | POL | K1-29 | 19 | K 74 | 00:31:38.20 | 6:19 | 9.5 |
| 20 | DICKHARDT JAGODA | 55 | | POZNAŃ | POL | K1-29 | 20 | K 76 | 00:31:42.65 | 6:20 | 9.5 |
| 21 | BIELEC ZUZANNA MAGDALENA | 808 | | WARSZAWA | POL | K1-29 | 21 | K 77 | 00:31:44.10 | 6:20 | 9.5 |
| 22 | GAJDA MAJA | 80 | | WARSZAWA | POL | K1-29 | 22 | K 82 | 00:32:00.50 | 6:24 | 9.4 |
| 23 | KOZIK JOANNA | 422 | | WARSZAW | POL | K1-29 | 23 | K 83 | 00:32:00.80 | 6:24 | 9.4 |
| 24 | SIWEK ALEKSANDRA | 300 | | WARSZAWA | POL | K1-29 | 24 | K 84 | 00:32:04.70 | 6:25 | 9.4 |
| 25 | ZIOŁO JULIA | 398 | | - | POL | K1-29 | 25 | K 87 | 00:32:17.50 | 6:27 | 9.3 |
| 26 | GOŁAŚ MAGDALENA | 92 | | WARSZAWA | POL | K1-29 | 26 | K 95 | 00:32:47.80 | 6:33 | 9.1 |
| 27 | PAŁAMAR ANNA | 233 | | SZCZECIN | POL | K1-29 | 27 | K 104 | 00:33:06.25 | 6:37 | 9.1 |
| 28 | ZAPAŚNIK KATARZYNA | 389 | | WARSZAWA | POL | K1-29 | 28 | K 105 | 00:33:08.35 | 6:37 | 9 |
| 29 | TYRYŁO KARLA | 357 | | WARSZAWA | POL | K1-29 | 29 | K 108 | 00:33:17.60 | 6:39 | 9 |
| 30 | MAGNOWSKA KAROLINA | 188 | | WARSZAWA | POL | K1-29 | 30 | K 112 | 00:33:24.75 | 6:41 | 9 |
| 31 | KWIATKOWSKA MAJA | 175 | | WARSZAWA | POL | K1-29 | 31 | K 113 | 00:33:30.95 | 6:42 | 9 |
| 32 | SHPAK MARYIA | 293 | | LUBLIN | | K1-29 | 32 | K 117 | 00:33:52.80 | 6:46 | 8.9 |
| 33 | BURCZ KAROLINA | 410 | DANONE | WARSZAWA | POL | K1-29 | 33 | K 119 | 00:33:55.60 | 6:47 | 8.8 |
| 34 | SZUSTAK MAŁGORZATA | 334 | | WARSZAWA | POL | K1-29 | 34 | K 126 | 00:34:05.90 | 6:49 | 8.8 |
| 35 | PANEK DOMINIKA | 237 | | - | POL | K1-29 | 35 | K 128 | 00:34:10.80 | 6:50 | 8.8 |
| 36 | GROMADA KAROLINA | 98 | | WARSZAWA | POL | K1-29 | 36 | K 135 | 00:34:37.70 | 6:55 | 8.7 |
| 37 | PISKORZ IZABELA | 253 | | WARSZAWA | POL | K1-29 | 37 | K 141 | 00:35:01.90 | 7:00 | 8.6 |
| 38 | GAGATEK MARITA | 78 | NAJGORSZY SORT BIEGOWY | WARSZAWA | POL | K1-29 | 38 | K 143 | 00:35:04.30 | 7:00 | 8.6 |
| 39 | BRONISZEWSKA MARTA | 36 | | WARSZAWA | POL | K1-29 | 39 | K 144 | 00:35:09.70 | 7:02 | 8.5 |
| 40 | JAKIMOWICZ EWA | 411 | DANONE | WARSZAWA | POL | K1-29 | 40 | K 153 | 00:35:27.60 | 7:05 | 8.5 |
| 41 | STELMASZCZYK MARTYNA | 413 | | WARSZAWA | POL | K1-29 | 41 | K 157 | 00:35:41.30 | 7:08 | 8.4 |
| 42 | WITON OLA | 370 | | WARSZAWA | POL | K1-29 | 42 | K 161 | 00:35:55.10 | 7:11 | 8.4 |
| 43 | LLKA JADZIU | 184 | | OTWOCK | POL | K1-29 | 43 | K 168 | 00:36:17.05 | 7:15 | 8.3 |
| 44 | JANUSZEWSKA OLA | 115 | | WARSZAWA | POL | K1-29 | 44 | K 170 | 00:36:31.65 | 7:18 | 8.2 |
| 45 | KRZESZEWSKA JAGODA | 167 | | BIENIEWICE | POL | K1-29 | 45 | K 176 | 00:37:18.80 | 7:27 | 8 |
| 46 | GOŁASZEWSKA KARINA | 90 | | GORDZISK MAZOWIECKI | POL | K1-29 | 46 | K 182 | 00:38:01.75 | 7:36 | 7.9 |
| 47 | KIEŁBASIŃSKA OLGA | 146 | BIEGI GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K1-29 | 47 | K 186 | 00:38:05.25 | 7:37 | 7.9 |
| 48 | KOCHAŃCZYK ANIA | 152 | | RADOM | POL | K1-29 | 48 | K 188 | 00:38:08.60 | 7:37 | 7.9 |
| 49 | AKIDA MIRIAM | 5 | | WARSZAWA | POL | K1-29 | 49 | K 194 | 00:38:34.00 | 7:42 | 7.8 |
| 50 | NOWAKOWSKA NATALIA | 213 | | ŁOMIANKI | POL | K1-29 | 50 | K 204 | 00:40:00.40 | 8:00 | 7.5 |
| 51 | ROGIŃSKI MELISSA | 277 | | WARSAW | POL | K1-29 | 51 | K 205 | 00:40:15.65 | 8:03 | 7.5 |
| 52 | WOJCIECHOWSKA NATALIA | 373 | | WARSZAWA | POL | K1-29 | 52 | K 211 | 00:41:35.95 | 8:19 | 7.2 |
| 53 | OGOŃCZYK DONATA | 217 | | LEGIONOWO | POL | K1-29 | 53 | K 213 | 00:42:05.75 | 8:25 | 7.1 |
| 54 | BOGUSZ HONORATA | 30 | | ŁOMIANKI | POL | K1-29 | 54 | K 214 | 00:42:14.00 | 8:26 | 7.1 |
| 55 | LIPOV MARINA | 180 | | WARSZAWA | POL | K1-29 | 55 | K 231 | 00:48:39.45 | 9:44 | 6.2 |
| 56 | LIPOV KALINA | 181 | | WARSZAWA | POL | K1-29 | 56 | K 232 | 00:48:40.10 | 9:44 | 6.2 |
| 57 | LIPOV LUBKA | 183 | | WARSZAWA | POL | K1-29 | 57 | K 240 | 00:55:09.70 | 11:01 | 5.4 |
| 58 | CIOK KATARZYNA | 412 | | WARSZAWA | POL | K1-29 | 58 | K 248 | | | |

BIEG WEGAŃSKI 5 KM, M1-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------|-----|------------|---------------|------|-------|--------|-------|-------------|--------|------|
| 1 | SŁUPIK TOMASZ | 305 | - | - | POL | M1-29 | 1 | M 3 | 00:17:52.30 | 3:34 | 16.8 |
| 2 | ROSIŃSKI PATRYK | 282 | | WARSZAWA | POL | M1-29 | 2 | M 15 | 00:21:33.50 | 4:18 | 13.9 |
| 3 | ZIĘBAKOWSKI MIKOŁAJ | 396 | | RADOM | POL | M1-29 | 3 | M 19 | 00:22:13.15 | 4:26 | 13.5 |
| 4 | KĄZUCH OLAF | 144 | | WARSZAWA | POL | M1-29 | 4 | M 23 | 00:22:58.90 | 4:35 | 13.1 |
| 5 | PIWNICKI MATEUSZ | 254 | | WARKA | POL | M1-29 | 5 | M 29 | 00:24:58.65 | 4:59 | 12 |
| 6 | MATYSIAK JULIUSZ | 194 | | SEKOCIN STARY | POL | M1-29 | 6 | M 30 | 00:25:22.25 | 5:04 | 11.8 |
| 7 | OSIAK JAN | 225 | | WARSZAWA | POL | M1-29 | 7 | M 34 | 00:25:35.30 | 5:07 | 11.7 |
| 8 | SADOWSKI MATEUSZ | 288 | | WARSZAWA | POL | M1-29 | 8 | M 37 | 00:25:51.85 | 5:10 | 11.6 |
| 9 | KŁOK EMIL | 149 | | WARSZAWA | POL | M1-29 | 9 | M 39 | 00:26:19.80 | 5:16 | 11.4 |
| 10 | DZIEMBA TOMASZ | 66 | | WARSZAWA | POL | M1-29 | 10 | M 40 | 00:27:21.20 | 5:28 | 11 |
| 11 | PIEJAK TOMASZ | 418 | | WARSZAWA | POL | M1-29 | 11 | M 43 | 00:28:08.00 | 5:37 | 10.7 |
| 12 | AKERMAN ADRIAN | 4 | | WARSZAWA | POL | M1-29 | 12 | M 45 | 00:28:25.20 | 5:41 | 10.6 |
| 13 | SENKOWSKI GUSTAW | 292 | TRAWOŻERCY | OSTRÓDA | POL | M1-29 | 13 | M 46 | 00:28:27.55 | 5:41 | 10.5 |
| 14 | CZERNIAWSKI BARTOSZ | 49 | | WARSZAWA | POL | M1-29 | 14 | M 47 | 00:28:31.95 | 5:42 | 10.5 |
| 15 | BARTCZAK MACIEJ | 426 | | WARSZAWA | POL | M1-29 | 15 | M 49 | 00:28:50.25 | 5:46 | 10.4 |
| 16 | MŁOCEK PIOTR | 201 | | WARSZAWA | POL | M1-29 | 16 | M 57 | 00:29:41.65 | 5:56 | 10.1 |
| 17 | BASIŃSKI DAWID | 15 | | RAKONIEWICE | POL | M1-29 | 17 | M 71 | 00:31:42.65 | 6:20 | 9.5 |
| 18 | MRÓZ MATEUSZ | 207 | | KOMORÓW | POL | M1-29 | 18 | M 72 | 00:31:52.10 | 6:22 | 9.4 |
| 19 | IMIELA MACIEL | 108 | - | WARSZAWA | POL | M1-29 | 19 | M 75 | 00:33:07.35 | 6:37 | 9.1 |
| 20 | MAKOSA DANIEL | 196 | | WARSZAWA | POL | M1-29 | 20 | M 80 | 00:34:00.65 | 6:48 | 8.8 |
| 21 | KRZESZOWSKI PIOTR | 169 | | BIENIEWICE | POL | M1-29 | 21 | M 94 | 00:37:16.75 | 7:27 | 8 |
| 22 | CYGAN DARIUSZ | 48 | | WARSZAWA | POL | M1-29 | 22 | M 103 | 00:43:19.05 | 8:39 | 6.9 |

BIEG WEGAŃSKI 5 KM, K30-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------|-----|-------------------------------------|-----------------------|------|--------|--------|------|-------------|--------|------|
| 1 | TYM JOANNA | 355 | | WARSZAWA | POL | K30-49 | 1 | K 2 | 00:22:57.25 | 4:35 | 13.1 |
| 2 | JANECZKO MAŁGORZATA | 114 | | WARSZAWA | POL | K30-49 | 2 | K 4 | 00:23:24.65 | 4:41 | 12.8 |
| 3 | KORYCIŃSKA SYLWIA | 157 | | WARSZAWA | POL | K30-49 | 3 | K 5 | 00:23:58.40 | 4:47 | 12.5 |
| 4 | KORCZYŃSKA BOŻENA | 155 | | ŁÓDŹ | POL | K30-49 | 4 | K 7 | 00:25:48.70 | 5:09 | 11.6 |
| 5 | WRÓBLEWSKA OLGA | 380 | VEGE RUNNERS | WILCZA GÓRA | POL | K30-49 | 5 | K 8 | 00:25:55.25 | 5:11 | 11.6 |
| 6 | NAPIERSKA DOMINIKA | 208 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 6 | K 10 | 00:25:56.25 | 5:11 | 11.6 |
| 7 | FARAT MAGDALENA | 71 | | WARSZAWA | POL | K30-49 | 7 | K 11 | 00:26:03.35 | 5:12 | 11.5 |
| 8 | ŚWIĆ MAŁGORZATA | 345 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 8 | K 12 | 00:27:00.80 | 5:24 | 11.1 |
| 9 | ANTOSZKIEWICZ DOBRAWA | 8 | | - | POL | K30-49 | 9 | K 13 | 00:27:00.90 | 5:24 | 11.1 |
| 10 | KACPRZAK PAULINA | 128 | | WARSZAWA | POL | K30-49 | 10 | K 14 | 00:27:16.15 | 5:27 | 11 |
| 11 | ROCKA MAŁGORZATA | 692 | | WARSZAWA | POL | K30-49 | 11 | K 17 | 00:28:01.05 | 5:36 | 10.7 |
| 12 | SIEDLECKI EDYTA | 294 | | WARSZAWA | POL | K30-49 | 12 | K 21 | 00:28:46.45 | 5:45 | 10.4 |
| 13 | SUCHODOŁA JUSTYNA | 325 | | WOLA BATORSKA | POL | K30-49 | 13 | K 22 | 00:28:50.20 | 5:46 | 10.4 |
| 14 | GUZEK MONIKA | 102 | | WARSZAWA | POL | K30-49 | 14 | K 25 | 00:28:58.55 | 5:47 | 10.4 |
| 15 | WRÓBLEWSKA MARTYNA | 379 | - | - | POL | K30-49 | 15 | K 26 | 00:29:04.15 | 5:49 | 10.3 |
| 16 | PAKULSKA EWELINA | 229 | GRAŻYŃKI OCR | OTWOCK | POL | K30-49 | 16 | K 28 | 00:29:06.45 | 5:49 | 10.3 |
| 17 | KOSMĘDA ALEKSANDRA | 159 | | WARSZAWA | POL | K30-49 | 17 | K 29 | 00:29:12.00 | 5:50 | 10.3 |
| 18 | HEREĆ-OLEJNIK EWA | 104 | RUN OLEY/ŁOMIANKOWSKA GRUPA BIEGOWA | ŁOMIANKI | POL | K30-49 | 18 | K 30 | 00:29:20.15 | 5:52 | 10.2 |
| 19 | DĄBROWSKA ANNA | 53 | | WARSZAWA | POL | K30-49 | 19 | K 31 | 00:29:26.60 | 5:53 | 10.2 |
| 20 | KALISZ MAŁGORZATA | 135 | | WARSZAWA | POL | K30-49 | 20 | K 32 | 00:29:27.10 | 5:53 | 10.2 |
| 21 | ADAMIEC MONIKA | 3 | | WARSZAWA | POL | K30-49 | 21 | K 33 | 00:29:27.85 | 5:53 | 10.2 |
| 22 | BOROWIK ALEKSANDRA | 428 | | WARSZAWA | POL | K30-49 | 22 | K 35 | 00:29:39.45 | 5:56 | 10.1 |
| 23 | DZIEKONSKA JOANNA A. | 65 | | WARSZAWA | POL | K30-49 | 23 | K 36 | 00:29:43.25 | 5:56 | 10.1 |
| 24 | SIWEK ANNA | 299 | | WARSZAWA | POL | K30-49 | 24 | K 37 | 00:29:43.80 | 5:56 | 10.1 |
| 25 | KAZANOWSKA EWA | 142 | | KONSTANCIN - JEZIORNA | POL | K30-49 | 25 | K 38 | 00:29:44.55 | 5:56 | 10.1 |
| 26 | TADIR HANNA | 346 | | WARSZAWA | POL | K30-49 | 26 | K 39 | 00:29:44.90 | 5:57 | 10.1 |
| 27 | ROSIK ZUZANNA | 281 | | RADZYMIN | POL | K30-49 | 27 | K 40 | 00:29:48.05 | 5:57 | 10.1 |
| 28 | BYCZEWSKA MAGDALENA | 42 | | WARSZAWA | POL | K30-49 | 28 | K 41 | 00:29:48.40 | 5:57 | 10.1 |
| 29 | KOZIŃSKA KAMILA | 163 | DRUŻYNA BLANECZKI | ŻYRARDÓW | POL | K30-49 | 29 | K 43 | 00:29:57.60 | 5:59 | 10 |
| 30 | PIĘKOŚ MAGDALENA | 248 | | WARSZAWA | POL | K30-49 | 30 | K 44 | 00:30:04.60 | 6:01 | 10 |

BIEG WEGAŃSKI 5 KM, K30-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|---------------------------|-----|-----------------------|-----------|------|--------|--------|-------|-------------|--------|------|
| 31 | RYNKOWSKA KATARZYNA | 286 | | WARSZAWA | POL | K30-49 | 31 | K 45 | 00:30:06.80 | 6:01 | 10 |
| 32 | CIEŚLAK AGNIESZKA | 47 | | ŁÓDŹ | POL | K30-49 | 32 | K 48 | 00:30:26.55 | 6:05 | 9.9 |
| 33 | SNAKOWSKA PATRYCJA | 308 | BIEGAJĄCE WĘŻE | WARSZAWA | POL | K30-49 | 33 | K 49 | 00:30:27.00 | 6:05 | 9.9 |
| 34 | GAJEWSKA KAROLINA | 83 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K30-49 | 34 | K 53 | 00:30:37.60 | 6:07 | 9.8 |
| 35 | ORDAK BEATA | 220 | | SIECHNICE | POL | K30-49 | 35 | K 54 | 00:30:48.10 | 6:09 | 9.7 |
| 36 | MROCZEK MAGDALENA | 203 | | WARSZAWA | POL | K30-49 | 36 | K 58 | 00:31:04.80 | 6:13 | 9.7 |
| 37 | KWIECIŃSKA ALICJA | 176 | | WARSZAWA | POL | K30-49 | 37 | K 61 | 00:31:07.35 | 6:13 | 9.6 |
| 38 | SERAFIN KATARZYNA | 415 | | WARSZAWA | POL | K30-49 | 38 | K 62 | 00:31:13.95 | 6:14 | 9.6 |
| 39 | RAFIŃSKA AGNIESZKA | 273 | | WARSZAWA | POL | K30-49 | 39 | K 65 | 00:31:24.00 | 6:16 | 9.6 |
| 40 | GRAF MAGDA | 96 | | WARSZAWA | POL | K30-49 | 40 | K 66 | 00:31:24.65 | 6:17 | 9.5 |
| 41 | OSIAK MAGDALENA | 224 | | WARSZAWA | POL | K30-49 | 41 | K 69 | 00:31:27.30 | 6:17 | 9.5 |
| 42 | ZIOLKOWSKI IZABELA | 397 | VEGAN RUNNERS | SANDNES | NOR | K30-49 | 42 | K 71 | 00:31:33.95 | 6:18 | 9.5 |
| 43 | KASZYŃSKA KAROLINA | 140 | | WARSZAWA | POL | K30-49 | 43 | K 75 | 00:31:39.10 | 6:19 | 9.5 |
| 44 | BIELAWSKA MONIKA | 20 | | WARSZAWA | POL | K30-49 | 44 | K 78 | 00:31:47.70 | 6:21 | 9.4 |
| 45 | BIELEC KAROLINA | 21 | MORSY ZIELONKA | WARSZAWA | POL | K30-49 | 45 | K 79 | 00:31:56.20 | 6:23 | 9.4 |
| 46 | SILSKA MAGDALENA | 297 | | WARSZAWA | POL | K30-49 | 46 | K 85 | 00:32:11.20 | 6:26 | 9.3 |
| 47 | ZIOŁO KATARZYNA | 399 | - | - | POL | K30-49 | 47 | K 86 | 00:32:17.30 | 6:27 | 9.3 |
| 48 | LASKOWSKA IZABELA | 421 | | WARSZAWA | | K30-49 | 48 | K 88 | 00:32:20.10 | 6:28 | 9.3 |
| 49 | TRATSIAK VOLHA | 353 | | WARSZAWA | POL | K30-49 | 49 | K 89 | 00:32:23.75 | 6:28 | 9.3 |
| 50 | ZIELIŃSKA MAGDALENA | 395 | | SKRZESZEW | POL | K30-49 | 50 | K 90 | 00:32:35.75 | 6:31 | 9.2 |
| 51 | JÓŻWIK-ŁUPIŃSKA KATARZYNA | 420 | | ZAMBRÓW | POL | K30-49 | 51 | K 91 | 00:32:38.10 | 6:31 | 9.2 |
| 52 | MIAKOTA JOANNA | 197 | | WARSZAWA | POL | K30-49 | 52 | K 93 | 00:32:46.60 | 6:33 | 9.2 |
| 53 | UCHROŃSKA JUSTYNA | 358 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 53 | K 94 | 00:32:47.55 | 6:33 | 9.2 |
| 54 | DYMEK JUSTYNA | 62 | | WARSZAWA | POL | K30-49 | 54 | K 96 | 00:32:48.95 | 6:33 | 9.1 |
| 55 | OLBORSKA MONIKA | 218 | | WARSZAWA | POL | K30-49 | 55 | K 100 | 00:32:58.70 | 6:35 | 9.1 |
| 56 | JACNIAK PAULINA | 406 | | WARSZAWA | POL | K30-49 | 56 | K 101 | 00:32:59.45 | 6:35 | 9.1 |
| 57 | PIERZYŃSKA IRINA | 247 | | WARSZAWA | POL | K30-49 | 57 | K 103 | 00:33:06.05 | 6:37 | 9.1 |
| 58 | POPEŁAWSKA MAGDA | 262 | | WARSZAWA | POL | K30-49 | 58 | K 106 | 00:33:09.05 | 6:37 | 9 |
| 59 | KOWALSKA JOANNA | 161 | | WARSZAWA | POL | K30-49 | 59 | K 107 | 00:33:13.85 | 6:38 | 9 |
| 60 | WITEK-STACHURSKA ADRIANA | 369 | | WARSZAWA | POL | K30-49 | 60 | K 115 | 00:33:49.55 | 6:46 | 8.9 |
| 61 | GLEBA JEANETTE | 87 | | WARSZAWA | POL | K30-49 | 61 | K 116 | 00:33:51.50 | 6:46 | 8.9 |
| 62 | PEŁOŃSKA AGNIESZKA | 258 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 62 | K 120 | 00:33:56.25 | 6:47 | 8.8 |
| 63 | SKUBISZ MARTA | 303 | | WARSZAWA | POL | K30-49 | 63 | K 121 | 00:33:56.55 | 6:47 | 8.8 |
| 64 | WIĄCEK IZABELA | 364 | ROZPĘDZONA | WARSZAWA | POL | K30-49 | 64 | K 122 | 00:33:56.65 | 6:47 | 8.8 |
| 65 | KŁODZIŃSKA SANDRA | 148 | | WARSZAWA | POL | K30-49 | 65 | K 123 | 00:34:01.05 | 6:48 | 8.8 |
| 66 | DZIARNOWSKA MAGDA | 64 | MECHANIKA ZDROWIA | WARSZAWA | POL | K30-49 | 66 | K 124 | 00:34:03.65 | 6:48 | 8.8 |
| 67 | BYCHOWSKA AGNIESZKA | 813 | | WARSZAWA | POL | K30-49 | 67 | K 125 | 00:34:03.90 | 6:48 | 8.8 |
| 68 | DELIMAT JOANNA | 54 | | WARSZAWA | POL | K30-49 | 68 | K 127 | 00:34:08.00 | 6:49 | 8.8 |
| 69 | JARMOSZKO ANNA | 116 | | WARSZAWA | POL | K30-49 | 69 | K 129 | 00:34:10.85 | 6:50 | 8.8 |
| 70 | KOPYT ANTONINA | 154 | | WARSZAWA | POL | K30-49 | 70 | K 130 | 00:34:23.05 | 6:52 | 8.7 |
| 71 | SĄŁKIEWICZ PAULINA | 291 | | WARSZAWA | POL | K30-49 | 71 | K 131 | 00:34:24.40 | 6:53 | 8.7 |
| 72 | ROSA ANNA | 279 | | PRUSZKÓW | POL | K30-49 | 72 | K 133 | 00:34:31.00 | 6:54 | 8.7 |
| 73 | WALENDZIK ANNA | 359 | | WARSZAWA | POL | K30-49 | 73 | K 134 | 00:34:36.85 | 6:55 | 8.7 |
| 74 | KACZOCHA AGNIESZKA | 130 | | WARSZAWA | POL | K30-49 | 74 | K 136 | 00:34:45.80 | 6:57 | 8.6 |
| 75 | NIEPORĘCKA SYLWIA | 424 | | WARSZAWA | POL | K30-49 | 75 | K 137 | 00:34:47.65 | 6:57 | 8.6 |
| 76 | RUTKA BARBARA | 425 | | WARSZAWA | POL | K30-49 | 76 | K 139 | 00:34:57.95 | 6:59 | 8.6 |
| 77 | SZYMANI-WOLIŃSKA GABI | 336 | | WARSZAWA | POL | K30-49 | 77 | K 140 | 00:35:01.45 | 7:00 | 8.6 |
| 78 | ORTA—KORZENIEWSKA EDYTA | 221 | | WARSZAWA | POL | K30-49 | 78 | K 142 | 00:35:02.25 | 7:00 | 8.6 |
| 79 | PANASIUK MONIKA | 235 | | PRUSZKÓW | POL | K30-49 | 79 | K 145 | 00:35:09.95 | 7:02 | 8.5 |
| 80 | ŁUKASIK KARINA | 187 | RUNGIRL | WARSZAWA | POL | K30-49 | 80 | K 146 | 00:35:10.20 | 7:02 | 8.5 |
| 81 | ŚCIBOR KATARZYNA | 340 | | WARSZAWA | POL | K30-49 | 81 | K 147 | 00:35:11.50 | 7:02 | 8.5 |
| 82 | PIEC DAGMARA | 246 | | WARSZAWA | POL | K30-49 | 82 | K 148 | 00:35:16.95 | 7:03 | 8.5 |
| 83 | KIERKOWSKA OLGA | 147 | VEGE RUNNERS | WARSZAWA | POL | K30-49 | 83 | K 149 | 00:35:21.95 | 7:04 | 8.5 |
| 84 | SZYMOCHA MARTA | 338 | | WARSZAWA | POL | K30-49 | 84 | K 150 | 00:35:25.15 | 7:05 | 8.5 |
| 85 | PIOTROWSKA-KRZAK ELŻBIETA | 251 | | WARSZAWA | POL | K30-49 | 85 | K 151 | 00:35:26.10 | 7:05 | 8.5 |
| 86 | TOMASZEWSKA AGNIESZKA | 349 | | WARSZAWA | POL | K30-49 | 86 | K 152 | 00:35:26.65 | 7:05 | 8.5 |
| 87 | BIERNAT JUSTYNA | 24 | - | WARSZAWA | POL | K30-49 | 87 | K 154 | 00:35:30.90 | 7:06 | 8.4 |

BIEG WEGAŃSKI 5 KM, K30-49 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------------|-----|----------------------------|---------------------|------|--------|--------|-------|-------------|--------|------|
| 88 | ROKICKA MAŁGORZATA | 278 | | WARSZAWA | POL | K30-49 | 88 | K 155 | 00:35:31.65 | 7:06 | 8.4 |
| 89 | SALAMOŃCZYK ANNA | 290 | | JÓZEFÓW | POL | K30-49 | 89 | K 159 | 00:35:45.05 | 7:09 | 8.4 |
| 90 | POROMBKA SYLWIA | 263 | | WARSZAWA | POL | K30-49 | 90 | K 160 | 00:35:51.95 | 7:10 | 8.4 |
| 91 | RACZYŃSKA AGNIESZKA | 272 | | ŁĘCZYCA | POL | K30-49 | 91 | K 162 | 00:35:55.45 | 7:11 | 8.3 |
| 92 | JAKÓBOWSKA KAROLINA | 112 | | TORUŃ | POL | K30-49 | 92 | K 163 | 00:35:55.65 | 7:11 | 8.3 |
| 93 | KACPRZAK MONIKA | 129 | | WARSZAWA | POL | K30-49 | 93 | K 165 | 00:36:04.55 | 7:13 | 8.3 |
| 94 | GÓRECKA ANNA | 93 | | WARSZAWA | POL | K30-49 | 94 | K 166 | 00:36:06.05 | 7:13 | 8.3 |
| 95 | WASIAK IWONA | 360 | | WARSZAWA | POL | K30-49 | 95 | K 167 | 00:36:10.65 | 7:14 | 8.3 |
| 96 | RYNKOWSKA MAGDALENA | 287 | | WARSZAWA | POL | K30-49 | 96 | K 169 | 00:36:29.90 | 7:18 | 8.2 |
| 97 | WAWRZONEK KAROLINA | 361 | | WARSZAWA | POL | K30-49 | 97 | K 171 | 00:36:35.80 | 7:19 | 8.2 |
| 98 | JIN DAN | 123 | | WARSZAWA | POL | K30-49 | 98 | K 173 | 00:36:49.95 | 7:22 | 8.1 |
| 99 | PIASECKA WERONIKA | 245 | | WARSZAWA | POL | K30-49 | 99 | K 175 | 00:37:17.40 | 7:27 | 8 |
| 100 | CHUDZIK MAGDALENA | 44 | | WARSZAWA | POL | K30-49 | 100 | K 177 | 00:37:38.20 | 7:31 | 8 |
| 101 | DU CZYŃSKA KAROLINA | 60 | VEGE RUNNERS | PRUSZKÓW | POL | K30-49 | 101 | K 178 | 00:37:41.70 | 7:32 | 8 |
| 102 | KRZESZOWSKA MARTA | 168 | | BIENIEWICE | POL | K30-49 | 102 | K 180 | 00:37:51.10 | 7:34 | 7.9 |
| 103 | BURDA KATARZYNA | 41 | BORÓWKI | WARSZAWA | POL | K30-49 | 103 | K 183 | 00:38:03.20 | 7:36 | 7.9 |
| 104 | GAŚOWSKA MARYSIA | 85 | | SULEJÓWEK | POL | K30-49 | 104 | K 184 | 00:38:04.10 | 7:36 | 7.9 |
| 105 | GOŁACKA-PIOTOWSKA BEATA | 89 | | WARSZAWA | POL | K30-49 | 105 | K 185 | 00:38:04.45 | 7:37 | 7.9 |
| 106 | TOWAREK MONIKA | 352 | | RADOM | POL | K30-49 | 106 | K 187 | 00:38:08.05 | 7:37 | 7.9 |
| 107 | MALCZYK MAGDA | 190 | FUNDACJA SOS DALMATYŃCZYKI | WARSZAWA | POL | K30-49 | 107 | K 189 | 00:38:15.50 | 7:39 | 7.8 |
| 108 | GOŁASZEWSKA LENA | 91 | | GRODZISK MAZOWIECKI | POL | K30-49 | 108 | K 191 | 00:38:19.70 | 7:40 | 7.8 |
| 109 | KUBRYN AGNIESZKA | 171 | | WARSZAWA | POL | K30-49 | 109 | K 192 | 00:38:22.05 | 7:40 | 7.8 |
| 110 | OWCZAREK IZABELA | 227 | | WARSZAWA | POL | K30-49 | 110 | K 193 | 00:38:26.25 | 7:41 | 7.8 |
| 111 | DOBRZYŃSKA AGNIESZKA | 57 | DOGOŃ GRODZISK MAZOWIECKI | TRUSKAW | POL | K30-49 | 111 | K 195 | 00:38:35.75 | 7:43 | 7.8 |
| 112 | SZYSZKOWSKA MAŁGORZATA A. | 339 | | WARSAW | POL | K30-49 | 112 | K 197 | 00:39:14.85 | 7:51 | 7.6 |
| 113 | MICHALAK ANNA | 198 | | WARSZAWA | POL | K30-49 | 113 | K 198 | 00:39:15.00 | 7:51 | 7.6 |
| 114 | SOCHACZEWSKA-GRALAK MAGDALENA | 312 | GRALAKI5 | SOCHACZEW | POL | K30-49 | 114 | K 199 | 00:39:23.70 | 7:52 | 7.6 |
| 115 | KALATA-ZAWŁOCKA ALEKSANDRA | 131 | | WARSZAWA | POL | K30-49 | 115 | K 200 | 00:39:35.70 | 7:55 | 7.6 |
| 116 | FABISZEWSKA DOROTA | 551 | | WARSZAWA | POL | K30-49 | 116 | K 201 | 00:39:48.00 | 7:57 | 7.5 |
| 117 | BEK JOANNA | 17 | | WARSZAWA | POL | K30-49 | 117 | K 202 | 00:39:57.90 | 7:59 | 7.5 |
| 118 | PŁOCICA MAGDA | 257 | TRACKX | WARSZAWA | POL | K30-49 | 118 | K 203 | 00:39:58.45 | 7:59 | 7.5 |
| 119 | PERZAK KATARZYNA | 243 | | WARSAW | POL | K30-49 | 119 | K 207 | 00:40:32.65 | 8:06 | 7.4 |
| 120 | GAJDA MAGDALENA | 81 | | WARSZAWA | POL | K30-49 | 120 | K 208 | 00:40:51.70 | 8:10 | 7.3 |
| 121 | BEDNARSKA JOLANTA | 16 | | TARNOBRZEG | POL | K30-49 | 121 | K 209 | 00:40:53.50 | 8:10 | 7.3 |
| 122 | KASZCZUK MAGDALENA | 139 | | WARSZAWA | POL | K30-49 | 122 | K 212 | 00:41:54.50 | 8:22 | 7.2 |
| 123 | NOWAKOWSKA ANNA | 212 | TEAM VINARIAMS | WARSZAWA | POL | K30-49 | 123 | K 215 | 00:42:57.85 | 8:35 | 7 |
| 124 | FRYBES AGNIESZKA | 444 | | BIAŁYSTOK | POL | K30-49 | 124 | K 217 | 00:43:19.95 | 8:40 | 6.9 |
| 125 | STOKOWSKA KINGA | 323 | | WARSZAWA | POL | K30-49 | 125 | K 218 | 00:43:23.10 | 8:40 | 6.9 |
| 126 | BARANOWSKA EWELINA | 416 | | WARSZAWA | POL | K30-49 | 126 | K 219 | 00:43:38.35 | 8:43 | 6.9 |
| 127 | BEREZA ANNA | 18 | | WARSZAWA | POL | K30-49 | 127 | K 221 | 00:43:54.05 | 8:46 | 6.8 |
| 128 | SZTORC JOANNA | 332 | | WARSZAWA | POL | K30-49 | 128 | K 222 | 00:43:54.35 | 8:46 | 6.8 |
| 129 | KRAWCZYK MAŁGORZATA | 14 | | WARSZAWA | POL | K30-49 | 129 | K 224 | 00:44:55.15 | 8:59 | 6.7 |
| 130 | SOJKA JOANNA | 314 | ZLOT ABSOLWENTÓW | WARSZAWA | POL | K30-49 | 130 | K 226 | 00:44:55.35 | 8:59 | 6.7 |
| 131 | BANDURSKA EWA | 11 | | WARSZAWA | POL | K30-49 | 131 | K 229 | 00:46:51.10 | 9:22 | 6.4 |
| 132 | BLICHARZ ANNA | 27 | | REGUŁY | POL | K30-49 | 132 | K 230 | 00:48:16.30 | 9:39 | 6.2 |
| 133 | KOŁECZEK ALEKSANDRA | 153 | | WARSZAWA | POL | K30-49 | 133 | K 233 | 00:48:56.65 | 9:47 | 6.1 |
| 134 | SMOCZYK MIROSLAWA | 306 | | WARSZAWA | POL | K30-49 | 134 | K 234 | 00:50:11.90 | 10:02 | 6 |
| 135 | LIPOV BEATA | 182 | | WARSZAWA | POL | K30-49 | 135 | K 241 | 00:56:22.05 | 11:16 | 5.3 |
| 136 | SMOLIŃSKA MARZENA | 307 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K30-49 | 136 | K 242 | 00:56:23.70 | 11:16 | 5.3 |
| 137 | BRZĄKAŁA RENATA | 38 | | WARSZAWA | POL | K30-49 | 137 | K 243 | 00:56:26.85 | 11:17 | 5.3 |
| 138 | CICHOCKA RENATA | 45 | | WARSZAWA | POL | K30-49 | 138 | K 246 | 00:56:30.85 | 11:18 | 5.3 |

BIEG WEGAŃSKI 5 KM, M30-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|------------------------|-----|-------------------------------|---------------------|------|--------|--------|------|-------------|--------|------|
| 1 | GREGORCZYK ŁUKASZ | 97 | COMPASSION POLSKA | WARSZAWA | POL | M30-49 | 1 | M 2 | 00:17:38.00 | 3:31 | 17 |
| 2 | SKORY WOJCIECH | 301 | KRÓLEWSKI KLUB BIEGOWY | WARSZAWA | POL | M30-49 | 2 | M 4 | 00:18:00.35 | 3:36 | 16.7 |
| 3 | SUCHY ROBERT | 326 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | M30-49 | 3 | M 6 | 00:19:34.45 | 3:55 | 15.3 |
| 4 | ZYCH ŁUKASZ | 401 | GRZYBK TEAM | MARKI | POL | M30-49 | 4 | M 7 | 00:19:41.30 | 3:56 | 15.2 |
| 5 | BORAWSKI JULIUSZ | 32 | COMPASSION POLSKA | WYSOKIE MAZOWIECKIE | POL | M30-49 | 5 | M 8 | 00:20:21.40 | 4:04 | 14.7 |
| 6 | BUBEL ROBERT | 40 | | WARSZAWA | POL | M30-49 | 6 | M 9 | 00:20:28.80 | 4:05 | 14.6 |
| 7 | KORDASIEWICZ STANISŁAW | 156 | | WARSZAWA | POL | M30-49 | 7 | M 10 | 00:20:47.90 | 4:09 | 14.4 |
| 8 | ZDANOWSKI DARIUSZ | 392 | KOSTRZYŃSKA GRUPA BIEGOWA | KOSTRZYN NAD ODRĄ | POL | M30-49 | 8 | M 11 | 00:21:04.75 | 4:13 | 14.2 |
| 9 | PANASIUK ARTUR | 234 | | PRUSZKÓW | POL | M30-49 | 9 | M 12 | 00:21:08.25 | 4:13 | 14.2 |
| 10 | JARMOSZKO MARIAN | 117 | TRIWAWA | WARSZAWA | POL | M30-49 | 10 | M 13 | 00:21:10.20 | 4:14 | 14.2 |
| 11 | KORSAKOV KONSTANTYN | 433 | | WARSZAWA | POL | M30-49 | 11 | M 16 | 00:21:37.15 | 4:19 | 13.9 |
| 12 | KOŚLA ARKADIUSZ | 429 | | WARSZAWA | POL | M30-49 | 12 | M 20 | 00:22:35.75 | 4:31 | 13.3 |
| 13 | BORKOWSKI MARIUSZ | 33 | | WARSZAWA | POL | M30-49 | 13 | M 21 | 00:22:43.80 | 4:32 | 13.2 |
| 14 | KRZESZOWSKI DARIUSZ | 170 | VEGE RUNNERS | BLONIE | POL | M30-49 | 14 | M 22 | 00:22:58.55 | 4:35 | 13.1 |
| 15 | SWORSKI ROMAN | 327 | VEGAN & VEGE RUNNERS / KASTYO | ŁÓDŹ | POL | M30-49 | 15 | M 24 | 00:24:00.20 | 4:48 | 12.5 |
| 16 | CZAPIEWSKI KRZYSZTOF | 414 | | WARSZAWA | POL | M30-49 | 16 | M 25 | 00:24:03.15 | 4:48 | 12.5 |
| 17 | IWAŃCZYK GRZEGORZ | 109 | | WARSZAWA | POL | M30-49 | 17 | M 26 | 00:24:05.05 | 4:49 | 12.5 |
| 18 | BIENIECKI MIREK | 407 | | GLIWICE | POL | M30-49 | 18 | M 27 | 00:24:41.70 | 4:56 | 12.1 |
| 19 | PAKULSKI PIOTR | 230 | HARD BOX | OTWOCK | POL | M30-49 | 19 | M 28 | 00:24:51.30 | 4:58 | 12.1 |
| 20 | ROSIĄK JACEK | 280 | | RADZYMIN | POL | M30-49 | 20 | M 31 | 00:25:22.50 | 5:04 | 11.8 |
| 21 | PALMER SEAN | 231 | | WARSAW | POL | M30-49 | 21 | M 32 | 00:25:27.60 | 5:05 | 11.8 |
| 22 | KĄZUCH SŁAWOMIR | 143 | | OTWOCK | POL | M30-49 | 22 | M 33 | 00:25:33.35 | 5:06 | 11.7 |
| 23 | GESZPRYCH MAREK | 86 | DRUŻYNA BLANECZKI | ZĄBK | POL | M30-49 | 23 | M 35 | 00:25:36.45 | 5:07 | 11.7 |
| 24 | BERNAT PAWEŁ | 19 | | WARSZAWA | POL | M30-49 | 24 | M 36 | 00:25:38.60 | 5:07 | 11.7 |
| 25 | MIEDŹWIEDŹ ŁUKASZ | 199 | | PRUSZKÓW | POL | M30-49 | 25 | M 38 | 00:25:52.45 | 5:10 | 11.6 |
| 26 | PTAK MARCIN | 267 | | JÓZEFÓW | POL | M30-49 | 26 | M 41 | 00:28:03.55 | 5:36 | 10.7 |
| 27 | ANIOŁKOWSKI KRZYSZTOF | 6 | | WARSZAWA | POL | M30-49 | 27 | M 42 | 00:28:06.65 | 5:37 | 10.7 |
| 28 | GÓRECKI MICHAŁ | 94 | | BEŁCHATÓW | POL | M30-49 | 28 | M 48 | 00:28:42.80 | 5:44 | 10.4 |
| 29 | ZIELIŃSKI PIOTR | 394 | | WARSZAWA | POL | M30-49 | 29 | M 51 | 00:28:57.80 | 5:47 | 10.4 |
| 30 | STACHURSKI PRZEMYSŁAW | 317 | BIEGNIJ Z PROSERVICE | WARSZAWA | POL | M30-49 | 30 | M 53 | 00:29:11.25 | 5:50 | 10.3 |
| 31 | NAPIERSKI ŁUKASZ | 209 | | WARSZAWA | POL | M30-49 | 31 | M 54 | 00:29:20.35 | 5:52 | 10.2 |
| 32 | WYRWICZ MAREK | 383 | | KRAKÓW | POL | M30-49 | 32 | M 55 | 00:29:38.70 | 5:55 | 10.1 |
| 33 | OLSZOWSKI MICHAŁ | 219 | | WARSZAWA | POL | M30-49 | 33 | M 56 | 00:29:40.20 | 5:56 | 10.1 |
| 34 | SZTYLKO MICHAŁ | 333 | | WARSZAWA | POL | M30-49 | 34 | M 58 | 00:29:43.55 | 5:56 | 10.1 |
| 35 | BIENKOWSKI MATEUSZ | 22 | | WARSZAWA | POL | M30-49 | 35 | M 60 | 00:29:48.60 | 5:57 | 10.1 |
| 36 | LIBERA PAWEŁ | 179 | GRUPA BIEGOWA UM-WWA | WARSZAWA | POL | M30-49 | 36 | M 62 | 00:30:38.90 | 6:07 | 9.8 |
| 37 | SZLOSER PIOTR | 330 | | WARSZAWA | POL | M30-49 | 37 | M 66 | 00:30:53.90 | 6:10 | 9.7 |
| 38 | WÓJCIK RAFAŁ | 377 | | WARSZAWA | POL | M30-49 | 38 | M 67 | 00:31:07.35 | 6:13 | 9.6 |
| 39 | MRÓZ SEBASTIAN | 206 | | KOMORÓW | POL | M30-49 | 39 | M 68 | 00:31:08.40 | 6:13 | 9.6 |
| 40 | PAC BARTOSZ | 228 | | WARSZAWA | POL | M30-49 | 40 | M 70 | 00:31:27.60 | 6:17 | 9.5 |
| 41 | BARTOSIK WOJTEK | 13 | | WARSZAWA | POL | M30-49 | 41 | M 83 | 00:34:31.20 | 6:54 | 8.7 |
| 42 | KOCHAŃCZYK PAWEŁ | 151 | | RADOM | POL | M30-49 | 42 | M 84 | 00:34:43.05 | 6:56 | 8.6 |
| 43 | MATYSIAK KRZYSZTOF | 193 | POLSOJA | SĘKOCIN STARY | POL | M30-49 | 43 | M 85 | 00:34:44.00 | 6:56 | 8.6 |
| 44 | KALINOWSKI ADAM | 134 | 1976 | WARSZAWA | POL | M30-49 | 44 | M 86 | 00:34:45.10 | 6:57 | 8.6 |
| 45 | POTEMPSKI PAWEŁ | 265 | | WARSZAWA | POL | M30-49 | 45 | M 88 | 00:34:59.90 | 7:00 | 8.6 |
| 46 | PIOŁUNOWICZ MACIEJ | 250 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | M30-49 | 46 | M 89 | 00:35:31.25 | 7:06 | 8.4 |
| 47 | SZTEJNERT JAKUB | 331 | | SKIERDY | POL | M30-49 | 47 | M 92 | 00:35:54.10 | 7:10 | 8.4 |
| 48 | PLUTA DANIEL | 256 | | PIASTÓW | POL | M30-49 | 48 | M 93 | 00:36:21.35 | 7:16 | 8.3 |
| 49 | DU CZYŃSKI MACIEJ | 61 | VEGE RUNNERS | PRUSZKÓW | POL | M30-49 | 49 | M 95 | 00:37:40.65 | 7:32 | 8 |
| 50 | FIGIEL WOJCIECH | 73 | | WARSZAWA | POL | M30-49 | 50 | M 97 | 00:39:35.95 | 7:55 | 7.6 |
| | BIRSKI PIOTR | 26 | | ŁÓDŹ | POL | M30-49 | | | DNF | - | - |
| | SIENKIEWICZ PIOTR | 295 | | WARSZAWA | POL | M30-49 | | | DNF | - | - |

BIEG WEGAŃSKI 5 KM, M50+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------|-----|-----------------------------|--------------|------|------|--------|-------|-------------|--------|------|
| 1 | GRZYBOWSKI MARIUSZ | 101 | | KOBYŁKA | POL | M50+ | 1 | M 5 | 00:19:10.30 | 3:50 | 15.7 |
| 2 | JAROS ARKADIUSZ | 118 | | BRWINÓW | POL | M50+ | 2 | M 59 | 00:29:46.75 | 5:57 | 10.1 |
| 3 | CEROWSKI STEVE | 43 | | ARLINGTON | USA | M50+ | 3 | M 61 | 00:30:19.60 | 6:04 | 9.9 |
| 4 | ŻÓŁCIŃSKI WALDEMAR | 404 | GRUPA BIEGOWA UM W-WA | WARSZAWA | POL | M50+ | 4 | M 63 | 00:30:40.70 | 6:08 | 9.8 |
| 5 | PAŁAMAR KRZYSZTOF | 232 | | SZCZECIN | POL | M50+ | 5 | M 64 | 00:30:43.90 | 6:08 | 9.8 |
| 6 | MAJEWSKI MAREK | 189 | WILANÓW-ZAWADY | WARSZAWA | POL | M50+ | 6 | M 65 | 00:30:47.50 | 6:09 | 9.7 |
| 7 | STARUCH ANDRZEJ | 320 | | DĘBE WIELKIE | POL | M50+ | 7 | M 69 | 00:31:18.05 | 6:15 | 9.6 |
| 8 | GRABOWSKI JERZY | 95 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 8 | M 73 | 00:32:24.35 | 6:28 | 9.3 |
| 9 | HOŁOWACZ TOMASZ | 105 | KONDYCJA | WARSZAWA | POL | M50+ | 9 | M 76 | 00:33:28.80 | 6:41 | 9 |
| 10 | PERZ MICHAŁ | 242 | FC PERZOWO | WARSZAWA | POL | M50+ | 10 | M 90 | 00:35:41.30 | 7:08 | 8.4 |
| 11 | KRAIŃSKI ANTONI | 164 | NIEZRZESZONY | WARSZAWA | POL | M50+ | 11 | M 91 | 00:35:52.55 | 7:10 | 8.4 |
| 12 | OSTAPOWICZ JAROSŁAW | 226 | | WARSZAWA | POL | M50+ | 12 | M 96 | 00:38:06.45 | 7:37 | 7.9 |
| 13 | GAJDA ADAM | 79 | | WARSZAWA | POL | M50+ | 13 | M 99 | 00:40:51.10 | 8:10 | 7.3 |
| 14 | NOWORYTA JACEK | 214 | ASA TEAM BIEGIEM PO ZDROWIE | WARSZAWA | POL | M50+ | 14 | M 100 | 00:41:05.40 | 8:13 | 7.3 |
| 15 | MAŁEK ANDRZEJ | 192 | | KAPINO | POL | M50+ | 15 | M 101 | 00:42:03.10 | 8:24 | 7.1 |
| 16 | SOCHOCKI DARIUSZ | 313 | | LEGIONOWO | POL | M50+ | 16 | M 102 | 00:42:05.55 | 8:25 | 7.1 |
| 17 | PANASIUK STEFAN | 236 | | PRUSZKÓW | POL | M50+ | 17 | M 105 | 00:46:46.90 | 9:21 | 6.4 |
| 18 | MROCZKOWSKI ZDZIŚŁAW | 205 | | WARSZAWA | POL | M50+ | 18 | M 106 | 00:50:14.15 | 10:02 | 6 |
| 19 | KAMIŃSKI WALDEMAR | 137 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | M50+ | 19 | M 107 | 00:56:29.05 | 11:17 | 5.3 |
| 20 | WUS ZENON | 381 | | WARSZAWA | POL | M50+ | 20 | M 108 | 00:56:30.90 | 11:18 | 5.3 |
| 21 | BREJKOL WOJCIECH | 430 | SLOW JOGGING BIAŁOLEKA | | POL | M50+ | 21 | M 109 | 00:56:31.25 | 11:18 | 5.3 |

BIEG WEGAŃSKI 5 KM, K50+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|--------------------------------|-----|------------------------|-----------|------|------|--------|-------|-------------|--------|------|
| 1 | WEJTKO ELA | 363 | | WARSZAWA | POL | K50+ | 1 | K 57 | 00:30:59.70 | 6:12 | 9.7 |
| 2 | KWACZYŃSKA MARZENA | 417 | | WARSZAWA | POL | K50+ | 2 | K 67 | 00:31:26.00 | 6:17 | 9.5 |
| 3 | POLIŃSKA ANIA | 259 | VEGE RUNNERS | WARSZAWA | POL | K50+ | 3 | K 68 | 00:31:26.50 | 6:17 | 9.5 |
| 4 | ŻAK ANNA | 402 | | WARSZAWA | POL | K50+ | 4 | K 114 | 00:33:46.25 | 6:45 | 8.9 |
| 5 | SŁONIEWSKA MONIKA | 304 | | WARSZAWA | POL | K50+ | 5 | K 156 | 00:35:40.55 | 7:08 | 8.4 |
| 6 | FIJAŁKOWSKA JOLANTA | 74 | FITBODY24 | WARSZAWA | POL | K50+ | 6 | K 172 | 00:36:44.80 | 7:21 | 8.2 |
| 7 | ADAMCZYK ELŻBIETA | 1 | AMATORKA BIEGANIA | WARSZAWA | POL | K50+ | 7 | K 174 | 00:37:06.85 | 7:25 | 8.1 |
| 8 | BARTOSIK KRYSZYNA | 12 | | ZGIERZ | POL | K50+ | 8 | K 206 | 00:40:29.60 | 8:06 | 7.4 |
| 9 | ZAWALSKA ANNA | 391 | | TARCZYN | POL | K50+ | 9 | K 220 | 00:43:39.10 | 8:43 | 6.9 |
| 10 | JOB IWONA | 126 | | WARSZAWA | POL | K50+ | 10 | K 223 | 00:44:51.50 | 8:58 | 6.7 |
| 11 | KOWALSKA-NOWAK JOANNA | 162 | NUTRILITE TEEM | PIASECZNO | POL | K50+ | 11 | K 225 | 00:44:55.20 | 8:59 | 6.7 |
| 12 | KASIERSKA EWA KATARZYNA | 138 | WKB META LUBLINIEC | POZNAŃ | POL | K50+ | 12 | K 227 | 00:44:56.10 | 8:59 | 6.7 |
| 13 | MROCZKOWSKA TERESA | 204 | | WARSZAWA | POL | K50+ | 13 | K 235 | 00:50:13.20 | 10:02 | 6 |
| 14 | WUS BEATA | 382 | SLOW JOGGING WARSZAWA | WARSZAWA | POL | K50+ | 14 | K 244 | 00:56:27.20 | 11:17 | 5.3 |
| 15 | BRZEJWAK IWONA | 431 | | | POL | K50+ | 15 | K 245 | 00:56:28.05 | 11:17 | 5.3 |
| 16 | SKRZYDŁOWSKA-KALUKIN KATARZYNA | 302 | SLOW JOGGING BIAŁOLEKA | WARSZAWA | POL | K50+ | 16 | K 247 | 00:56:33.20 | 11:18 | 5.3 |

BIEG WEGAŃSKI 5 KM,

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------|-----|------|-----------|------|------|--------|-----|-------------|--------|------|
| 1 | | 432 | | | | | | 1 | 00:33:24.30 | 6:41 | 9 |
| 2 | | 438 | | | | | | 2 | | | |