

**DYCHA NA JELENI SKOK 2019**

Organizator: Fundacja Bieg Rzeźnika  
 Data: 2019-06-22  
 Miejsce: Cisna  
 Dystans: 10.8 km  
 Klasyfikacja wg czasów brutto.


**DYCHA NA JELENI SKOK 2019, OPEN**

| M-ce | Nazwisko i imię       | Nr   | Klub                           | M-scowość      | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|--------------------------------|----------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | GRZĄDZIEL DOMINIK     | 5447 | ATTIQ                          | KRAKÓW         | POL  | M30  | 1      | M 1  |          | 00:46:08.75 | 00:46:10.85 | 4:11   | 14.3 |
| 2    | DOMISZEWSKI IGNACY    | 4965 |                                | USTRZYKI DOLNE | POL  | M20  | 1      | M 2  | 00:01:00 | 00:50:00.25 | 00:50:01.90 | 4:27   | 13.5 |
| 3    | SZWAJA MATEUSZ        | 5376 |                                | GLIWICE        | POL  | M20  | 2      | M 3  |          | 00:51:39.65 | 00:51:42.05 | 4:41   | 12.8 |
| 4    | HUZIOR PIOTR          | 5448 | ATTIQ                          | NOWY TARG      | POL  | M40  | 1      | M 4  |          | 00:52:25.35 | 00:52:28.15 | 4:46   | 12.6 |
| 5    | CHOJNACKI WIKTOR      | 5041 |                                | LUTOWISKA      | POL  | M30  | 2      | M 5  |          | 00:55:57.00 | 00:55:59.40 | 5:05   | 11.8 |
| 6    | ZYGMUNT TOMASZ        | 5372 |                                | LEŻAJSK        | POL  | M20  | 3      | M 6  | 00:01:00 | 00:56:17.70 | 00:56:21.85 | 5:01   | 11.9 |
| 7    | ZĄBCZYŃSKI DOMINIK    | 6000 |                                |                | POL  | M40  | 2      | M 7  | 00:01:00 | 00:56:26.00 | 00:56:28.20 | 5:02   | 11.9 |
| 8    | GÓRYŃSKI RAFAŁ        | 5454 |                                | RYBNIK         | POL  | M20  | 4      | M 8  |          | 00:56:43.60 | 00:56:46.45 | 5:09   | 11.6 |
| 9    | BRENDZOWSKI ADAM      | 5030 | SOLINATEAM / RUNONLINE.PL TEAM | SOLINA         | POL  | M30  | 3      | M 9  |          | 00:57:23.80 | 00:57:25.60 | 5:13   | 11.5 |
| 10   | BOGUCKI PIOTR         | 5026 | SCHR                           | WARSZAWA       | POL  | M30  | 4      | M 10 | 00:01:00 | 00:57:29.75 | 00:57:32.45 | 5:08   | 11.7 |
| 11   | KOWALEWSKA ELŻBIETA   | 5154 | EDI TEAM ZGORZELEC             | ZGORZELEC      | POL  | K30  | 1      | K 1  |          | 00:57:32.75 | 00:57:32.75 | 5:13   | 11.5 |
| 12   | JÓŹWIĄK TOMASZ        | 5417 |                                | SIERAKÓW       | POL  | M20  | 5      | M 11 |          | 00:58:41.65 | 00:58:49.35 | 5:20   | 11.2 |
| 13   | DOMISZEWSKA MARIA     | 4967 |                                | USTRZYKI DOLNE | POL  | K50  | 1      | K 2  | 00:01:00 | 00:59:14.40 | 00:59:17.40 | 5:17   | 11.3 |
| 14   | STOLARCZYK TOMASZ     | 5308 | BIEGAM BO LUBIĘ OSTROŁĘKA      | OSTROŁĘKA      | POL  | M40  | 3      | M 12 |          | 00:59:20.85 | 00:59:28.60 | 5:23   | 11.1 |
| 15   | FRAĆKOWIAK PRZEMYSŁAW | 5440 |                                | KRZYŻAKOWA     | POL  | M20  | 6      | M 13 | 00:01:00 | 01:00:55.70 | 01:01:07.50 | 5:26   | 11   |
| 16   | HACZ PAWEŁ            | 5094 |                                | KROSNO         | POL  | M30  | 5      | M 14 |          | 01:01:14.15 | 01:01:17.45 | 5:34   | 10.8 |
| 17   | SZCZEPANIAK ANGELIKA  | 5452 | AKADEMIA BIEGANIA              |                | POL  | K30  | 2      | K 3  |          | 01:01:21.65 | 01:01:27.10 | 5:34   | 10.8 |
| 18   | KISIELEWSKI KONRAD    | 5442 |                                | KIELCE         | POL  | M40  | 4      | M 15 |          | 01:01:01.95 | 01:01:29.05 | 5:32   | 10.8 |
| 19   | BERLIŃSKI DOMINIK     | 5221 |                                |                | POL  | M40  | 5      | M 16 |          | 01:01:24.25 | 01:01:29.30 | 5:34   | 10.7 |
| 20   | ZATORSKA IZABELA      | 5411 |                                |                |      | K50  | 2      | K 4  |          | 01:01:39.40 | 01:01:42.70 | 5:36   | 10.7 |
| 21   | JELSKA ELŻBIETA       | 5115 |                                | BIAŁYSTOK      | POL  | K30  | 3      | K 5  | 00:00:30 | 01:01:46.85 | 01:01:54.70 | 5:34   | 10.8 |
| 22   | CEGIEŁKO MACIEJ       | 5445 |                                |                | POL  | M14  | 1      | M 17 |          | 01:02:34.80 | 01:02:37.30 | 5:41   | 10.5 |
| 23   | KŁOSIŃSKI RAFAŁ       | 5138 | RACEFIGHTER GOSIR DĘBE WLK.    | DĘBE WIELKIE   | POL  | M40  | 6      | M 18 |          | 01:02:37.25 | 01:02:40.75 | 5:41   | 10.5 |
| 24   | SZCZEPANIAK MICHAŁ    | 5318 | RAZEM TRENUJEMY SPORT          | RABIEŃ         | POL  | M40  | 7      | M 19 |          | 01:02:40.45 | 01:02:45.35 | 5:41   | 10.5 |
| 25   | BRÓG WOJCIECH         | 5032 |                                | OLKUSZ         | POL  | M40  | 8      | M 20 | 00:01:00 | 01:02:45.85 | 01:02:47.75 | 5:36   | 10.7 |
| 26   | RZĘSA ŁUKASZ          | 5271 |                                | ŚWIDNICA       | POL  | M30  | 6      | M 21 |          | 01:02:46.45 | 01:02:51.15 | 5:42   | 10.5 |
| 27   | PITAS ANDRZEJ         | 4966 |                                |                |      | M40  | 9      | M 22 |          | 01:02:48.05 | 01:02:53.00 | 5:42   | 10.5 |
| 28   | KUNDRACIK MIROSLAV    | 4958 |                                |                |      | M30  | 7      | M 23 |          | 01:02:20.40 | 01:02:55.45 | 5:40   | 10.6 |
| 29   | BRZĘCZEK MICHAŁ       | 4956 | EXTREMALNE OTK                 |                |      | M40  | 10     | M 24 | 00:01:00 | 01:03:34.20 | 01:03:36.30 | 5:41   | 10.5 |
| 30   | LANGE BEATA           | 5171 | BIŁGORAJ BIEGA - OTK RZEŹNIK   | BIŁGORAJ       | POL  | K40  | 1      | K 6  |          | 01:03:51.95 | 01:03:56.30 | 5:48   | 10.3 |
| 31   | DRZEWIECKI MICHAŁ     | 4976 |                                |                | POL  | M30  | 8      | M 25 |          | 01:03:53.60 | 01:04:03.10 | 5:48   | 10.3 |
| 32   | GRONIECKI MIKOŁAJ     | 5441 |                                | WARSZAWA       | POL  | M30  | 9      | M 26 | 00:01:00 | 01:04:05.20 | 01:04:12.40 | 5:44   | 10.5 |
| 33   | SMOLARKIEWICZ DAWID   | 5298 | WIELUŃ BIEGA                   | OSTRÓWEK       | POL  | M30  | 10     | M 27 |          | 01:04:13.65 | 01:04:28.15 | 5:50   | 10.3 |
| 34   | PONIEWOZIK IRENEUSZ   | 1498 |                                | LUBLIN         | GBR  | M40  | 11     | M 28 |          | 01:04:29.00 | 01:04:34.95 | 5:51   | 10.2 |
| 35   | PAPROCKA ULA          | 4973 |                                | KRAKÓW         | POL  | K20  | 1      | K 7  |          | 01:04:39.10 | 01:04:44.60 | 5:52   | 10.2 |
| 36   | KOWALCZUK PAWEŁ       | 5151 |                                | WARSZAWA       | POL  | M40  | 12     | M 29 |          | 01:04:30.50 | 01:04:48.05 | 5:51   | 10.2 |
| 37   | WILK JAKUB            | 5381 | HAPPY SCHOOL                   | NADARZYN       | POL  | M14  | 2      | M 30 |          | 01:04:52.45 | 01:04:55.00 | 5:53   | 10.2 |
| 38   | RONDUDA OSKAR         | 5428 |                                | GDYNIA         | POL  | M20  | 7      | M 31 | 00:01:00 | 01:05:16.30 | 01:05:33.30 | 5:50   | 10.3 |
| 39   | UBYCH MARIUSZ         | 5434 |                                | ŁÓDŹ           | POL  | M30  | 11     | M 32 |          | 01:05:36.30 | 01:05:52.95 | 5:57   | 10.1 |
| 40   | DERYŁO MATEUSZ        | 5056 |                                | KRAKÓW         | POL  | M20  | 8      | M 33 | 00:00:30 | 01:06:06.10 | 01:06:08.50 | 5:57   | 10.1 |
| 41   | WALEŃSKA EWA          | 5389 |                                | WROCLAW        | POL  | K40  | 2      | K 8  |          | 01:06:30.15 | 01:06:30.15 | 6:02   | 9.9  |
| 42   | KOZIARSKI PIOTR       | 5156 | PO LINIE - PIOTR KOZIARSKI     | WARSAW         | POL  | M30  | 12     | M 34 |          | 01:06:08.00 | 01:06:30.55 | 6:00   | 10   |
| 43   | ZIELONKA MICHAŁ       | 5385 |                                | HABKOWCE       | POL  | M14  | 3      | M 35 |          | 01:06:30.60 | 01:06:32.85 | 6:02   | 9.9  |
| 44   | ŚWIERCZYŃSKI NORBERT  | 5331 | RACEFIGHTER GOSIR DĘBE WLK.    | DĘBE WIELKIE   | POL  | M20  | 9      | M 36 | 00:01:00 | 01:06:31.30 | 01:06:33.20 | 5:57   | 10.1 |
| 45   | FOREMSKI SŁAWOMIR     | 5073 |                                | TORUN          | POL  | M50  | 1      | M 37 |          | 01:06:38.60 | 01:06:42.15 | 6:03   | 9.9  |
| 46   | HRYSZKO ROBERT        | 5097 | TRAIN FOR SKILLS               | SANOK          | POL  | M50  | 2      | M 38 |          | 01:06:38.55 | 01:06:53.90 | 6:03   | 9.9  |

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| M-ce | Nazwisko i imię            | Nr   | Klub                        | M-scowość            | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|-----------------------------|----------------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 47   | DĄBROWSKI MACIEJ           | 5055 |                             | OSTRÓW WIELKOPOLSKI  | POL  | M30  | 13     | M 39 |          | 01:07:01.95 | 01:07:01.95 | 6:05   | 9.8  |
| 48   | KANDEFER BEATA             | 5128 | AKTYWNAKORCZYNA.PL          | KORCZYNA             | POL  | K40  | 3      | K 9  |          | 01:07:04.75 | 01:07:07.75 | 6:05   | 9.8  |
| 49   | DACYK SYLWESTER            | 4970 | SAINT GOBAIN SQUAD          | DĄBROWA GÓRNICZA     | POL  | M40  | 13     | M 40 | 00:00:30 | 01:07:15.40 | 01:07:24.10 | 6:04   | 9.9  |
| 50   | JASNOWSKI MICHAŁ           | 5436 |                             | PIASECZNO            | POL  | M30  | 14     | M 41 |          | 01:07:25.70 | 01:07:35.20 | 6:07   | 9.8  |
| 51   | DOBROWOLSKA AGNIESZKA      | 5061 | HEROBOX                     | ŚWIECIE              | POL  | K40  | 4      | K 10 |          | 01:07:48.50 | 01:07:53.25 | 6:09   | 9.7  |
| 52   | BARTKOWSKI TOBIASZ         | 5379 | BOLT TRZEMESZNO             | TRZEMESZNO           | POL  | M30  | 15     | M 42 |          | 01:07:49.80 | 01:07:53.40 | 6:10   | 9.7  |
| 53   | RONDUDA JAKUB              | 5421 |                             | GDYNIA               | POL  | M20  | 10     | M 43 | 00:00:30 | 01:08:01.60 | 01:08:16.85 | 6:08   | 9.8  |
| 54   | ZWOLIŃSKI ŁUKASZ           | 5423 | KASZUBSKA PONIEWIERKA       | GDĄŃSK               | POL  | M30  | 16     | M 44 | 00:01:00 | 01:08:42.40 | 01:08:47.75 | 6:09   | 9.7  |
| 55   | ŁOBODOWSKI MARCIN          | 5182 | RACEFIGHTER GOSIR DĘBE WLK. | SIENNICA             | POL  | M30  | 17     | M 45 | 00:01:00 | 01:09:00.95 | 01:09:04.25 | 6:11   | 9.7  |
| 56   | RUS MARTA                  | 4971 |                             | SŁAWKÓW              | POL  | K40  | 5      | K 11 | 00:00:30 | 01:08:58.95 | 01:09:07.95 | 6:13   | 9.6  |
| 57   | MILCZAREK MARCIN           | 5201 | DRUŻYNA ORZECHA ŻYRARDÓW    | ŻYRARDÓW             | POL  | M30  | 18     | M 46 |          | 01:08:51.15 | 01:09:08.30 | 6:15   | 9.6  |
| 58   | SADOWSKI ANDRZEJ           | 5388 | 3TBIAŁYSTOK                 | BIAŁYSTOK            | POL  | M40  | 14     | M 47 | 00:00:30 | 01:09:06.20 | 01:09:15.50 | 6:14   | 9.6  |
| 59   | WOJNAROWSKA WERONIKA       | 5351 |                             | GDYNIA               | POL  | K30  | 4      | K 12 |          | 01:09:06.25 | 01:09:16.05 | 6:17   | 9.5  |
| 60   | GAWLIK MARCIN              | 5155 |                             | KRAKÓW               | POL  | M40  | 15     | M 48 | 00:01:00 | 01:09:23.15 | 01:09:40.90 | 6:13   | 9.7  |
| 61   | SCHWITALLA ADRIAN          | 5007 |                             | SIECHNICE            | POL  | M40  | 16     | M 49 | 00:01:00 | 01:09:24.90 | 01:09:41.10 | 6:13   | 9.6  |
| 62   | BAKA MATEUSZ               | 5412 |                             | GRODZISK MAZOWIECKI  | POL  | M20  | 11     | M 50 |          | 01:09:15.90 | 01:09:41.25 | 6:17   | 9.5  |
| 63   | MOLSA KONRAD               | 5203 |                             | NOWY DWÓR MAZOWIECKI | POL  | M20  | 12     | M 51 |          | 01:09:16.45 | 01:09:42.15 | 6:17   | 9.5  |
| 64   | BORGOSZ ERYK               | 5446 |                             | CISNA                |      | M14  | 4      | M 52 | 00:00:30 | 01:09:43.80 | 01:09:46.20 | 6:17   | 9.5  |
| 65   | GUBERNIAK RENATA           | 5091 |                             | KRAKÓW               | POL  | K30  | 5      | K 13 |          | 01:09:46.75 | 01:10:05.70 | 6:20   | 9.5  |
| 66   | WALNIK RAFAŁ               | 5437 |                             | KRAKÓW               | POL  | M40  | 17     | M 53 |          | 01:09:47.95 | 01:10:07.30 | 6:20   | 9.5  |
| 67   | SIWIEC STANISŁAW           | 5289 |                             | RZESZÓW              | POL  | M60  | 1      | M 54 |          | 01:10:17.80 | 01:10:20.55 | 6:23   | 9.4  |
| 68   | RONDUDA JANUSZ             | 5429 |                             | GDYNIA               | POL  | M40  | 18     | M 55 | 00:00:30 | 01:10:11.55 | 01:10:27.95 | 6:20   | 9.5  |
| 69   | KUS KRZYSZTOF              | 5168 |                             | RZESZÓW              | POL  | M20  | 13     | M 56 |          | 01:10:21.45 | 01:10:33.60 | 6:23   | 9.4  |
| 70   | WOŹNIAK JANUSZ             | 5353 | PORMAT JEDLICZE BIEGA       | SKOŁYSZYN            | POL  | M50  | 3      | M 57 |          | 01:10:27.45 | 01:10:34.70 | 6:24   | 9.4  |
| 71   | ZYGMUNT PAWEŁ              | 5373 |                             | GIEDLAROWA           | POL  | M40  | 19     | M 58 | 00:00:30 | 01:10:34.15 | 01:10:39.35 | 6:22   | 9.4  |
| 72   | SZYBIAK MACIEJ             | 5326 | AGONA W&M                   | KRZYWCZA             | POL  | M14  | 5      | M 59 |          | 01:10:37.55 | 01:10:43.05 | 6:25   | 9.3  |
| 73   | WRÓBLEWSKI ŁUKASZ          | 5433 |                             | KRAKÓW               | POL  | M30  | 19     | M 60 |          | 01:10:56.30 | 01:11:12.95 | 6:26   | 9.3  |
| 74   | ŁYKO MARCIN                | 5438 |                             | WROCŁAW              | POL  | M30  | 20     | M 61 |          | 01:10:53.30 | 01:11:13.05 | 6:26   | 9.3  |
| 75   | JAGODA MATEUSZ             | 4975 |                             | SIEMIANOWICE ŚLĄSKIE | POL  | M50  | 4      | M 62 |          | 01:11:13.10 | 01:11:28.45 | 6:28   | 9.3  |
| 76   | MELON EMILIA               | 5397 |                             | ŻYRARDÓW             | POL  | K20  | 2      | K 14 |          | 01:11:29.90 | 01:11:45.55 | 6:30   | 9.2  |
| 77   | ZEMŁA MAJA                 | 5418 |                             | WARSZAWA             | POL  | K30  | 6      | K 15 | 00:00:30 | 01:11:41.35 | 01:11:48.15 | 6:28   | 9.3  |
| 78   | BINIECKI JAKUB             | 5023 | EMBORDIU                    | CHORZÓW              | POL  | M14  | 6      | M 63 | 00:00:30 | 01:11:52.20 | 01:11:58.50 | 6:29   | 9.2  |
| 79   | ŁĘPA MARCIN                | 5181 |                             | DĘBICA               | POL  | M30  | 21     | M 64 |          | 01:12:06.30 | 01:12:09.75 | 6:33   | 9.2  |
| 80   | KOŁOSOWSKI PIOTR           | 5410 |                             | WARSZAWA             | POL  | M30  | 22     | M 65 |          | 01:12:15.30 | 01:12:27.45 | 6:34   | 9.1  |
| 81   | URBANEK MAŁGORZATA         | 5395 |                             | BIELSKO-BIAŁA        | POL  | K40  | 6      | K 16 | 00:01:00 | 01:12:42.40 | 01:12:55.35 | 6:31   | 9.2  |
| 82   | ZAMĘTA JAKUB               | 5360 |                             | ŁAPCZYCA             | POL  | M20  | 14     | M 66 |          | 01:13:09.20 | 01:13:17.60 | 6:39   | 9    |
| 83   | SENDER ANDRZEJ             | 5278 | TRIATHLON LUBLIN TEAM       | LUBLIN               | POL  | M40  | 20     | M 67 | 00:00:30 | 01:13:18.55 | 01:13:24.55 | 6:37   | 9.1  |
| 84   | MOSÓR MARIUSZ              | 5207 | LISY PUSTYNI                | KLUCZE               | POL  | M40  | 21     | M 68 |          | 01:13:23.15 | 01:13:36.75 | 6:40   | 9    |
| 85   | SŁOWIK ADAM                | 5295 |                             | WARSZAWA             | POL  | M30  | 23     | M 69 |          | 01:13:14.90 | 01:13:38.05 | 6:39   | 9    |
| 86   | DŁUGOSZ-STĘPNIAK AGNIESZKA | 5060 |                             | LUBLIN               | POL  | K30  | 7      | K 17 |          | 01:13:36.90 | 01:13:41.30 | 6:41   | 9    |
| 87   | DOMISZEWSKI WOJCIECH       | 4968 |                             | USTRZYKI DOLNE       | POL  | M50  | 5      | M 70 |          | 01:14:16.80 | 01:14:22.20 | 6:45   | 8.9  |
| 88   | HEJNAR DOMINIK             | 5386 |                             |                      | POL  | M20  | 15     | M 71 |          | 01:13:58.75 | 01:14:26.65 | 6:43   | 8.9  |
| 89   | SPORNIAK KRZYSZTOF         | 5302 |                             | TARGOWISKA           | POL  | M30  | 24     | M 72 |          | 01:14:21.60 | 01:14:30.45 | 6:45   | 8.9  |
| 90   | ANDRZEJEWSKI MACIEJ        | 4964 |                             | WARSZAWA             | POL  | M30  | 25     | M 73 |          | 01:14:30.95 | 01:14:37.85 | 6:46   | 8.9  |
| 91   | SMOLARKIEWICZ DARIA        | 5297 | WIELUŃ BIEGA                | CZARNOŻYŁY           | POL  | K20  | 3      | K 18 |          | 01:14:37.45 | 01:14:52.40 | 6:47   | 8.8  |
| 92   | BARADZIN ALIAKSANDR        | 5009 |                             | WARSZAWA             | POL  | M20  | 16     | M 74 |          | 01:14:53.05 | 01:15:02.15 | 6:48   | 8.8  |
| 93   | SANDOMIERSKI KRZYSZTOF     | 4972 |                             |                      | POL  | M40  | 22     | M 75 |          | 01:14:54.00 | 01:15:04.90 | 6:48   | 8.8  |
| 94   | SERAFIN BARTEOMIĘJ         | 5279 |                             | ELBLĄG               | POL  | M30  | 26     | M 76 |          | 01:14:48.20 | 01:15:07.35 | 6:48   | 8.8  |
| 95   | MAŚLANKA MICHAŁ            | 5194 | BKS WATAHA                  | ŁOMIANKI DOLNE       | POL  | M30  | 27     | M 77 |          | 01:14:59.40 | 01:15:09.15 | 6:49   | 8.8  |
| 96   | RZEPKA ALEKSANDRA          | 5270 | WKURW_TEAM                  | WARSZAWA             | POL  | K20  | 4      | K 19 |          | 01:15:09.15 | 01:15:12.45 | 6:49   | 8.8  |
| 97   | KOWALCZYK MARIUSZ          | 5424 |                             | ŻÓŁWIN               | POL  | M40  | 23     | M 78 |          | 01:15:15.95 | 01:15:19.85 | 6:50   | 8.8  |
| 98   | KOPACKA ELIZA              | 5146 |                             | WAŁBRZYCH            | POL  | K30  | 8      | K 20 | 00:00:30 | 01:15:37.10 | 01:15:44.85 | 6:49   | 8.8  |
| 99   | KOWALCZYK ALAN             | 5152 |                             | SHIREBROOK           | GBR  | M30  | 28     | M 79 |          | 01:15:44.25 | 01:15:54.55 | 6:53   | 8.7  |
| 100  | ROLIŃSKI RADOŚLAW          | 5260 |                             | OLEŚNICA             | POL  | M40  | 24     | M 80 |          | 01:15:50.25 | 01:15:56.75 | 6:53   | 8.7  |
| 101  | WAWRZENIUK EMILIA          | 5344 |                             | WROCŁAW              | POL  | K30  | 9      | K 21 |          | 01:15:52.15 | 01:15:57.15 | 6:53   | 8.7  |
| 102  | GÓRA BARTOSZ               | 5083 |                             | ZAMOŚĆ               | POL  | M20  | 17     | M 81 |          | 01:15:31.75 | 01:15:58.10 | 6:52   | 8.7  |
| 103  | KUS ANDRZEJ                | 5167 |                             | RZESZÓW              | POL  | M40  | 25     | M 82 |          | 01:15:59.40 | 01:16:11.55 | 6:54   | 8.7  |

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| M-ce | Nazwisko i imię          | Nr   | Klub                      | M-scowość          | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|------|---------------------------|--------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 104  | FIRAZA ŁUKASZ            | 5383 |                           | ŁÓDŹ               | POL  | M30  | 29     | M 83  |          | 01:15:51.50 | 01:16:12.60 | 6:53   | 8.7  |
| 105  | BIELECKI KRYSZTIAN       | 5392 |                           | CZĘSTOCHOWA        | POL  | M14  | 7      | M 84  |          | 01:16:11.05 | 01:16:25.60 | 6:55   | 8.7  |
| 106  | DRABCZYK MACIEJ          | 5063 |                           | RADOM              | POL  | M30  | 30     | M 85  |          | 01:16:21.35 | 01:16:38.50 | 6:56   | 8.6  |
| 107  | LEWANDOWSKI PRZEMYSŁAW   | 5174 | 42                        | RZESZÓW            | POL  | M30  | 31     | M 86  |          | 01:16:34.35 | 01:16:45.25 | 6:57   | 8.6  |
| 108  | ZAJĄC MONIKA             | 5359 | ELECTROLUX                | KRAKÓW             | POL  | K30  | 10     | K 22  |          | 01:16:38.35 | 01:16:51.95 | 6:58   | 8.6  |
| 109  | BARAN BARTEK             | 5010 | BOLT TRZEMESZNO           | TRZEMESZNO         | POL  | M40  | 26     | M 87  |          | 01:16:27.25 | 01:16:52.50 | 6:57   | 8.6  |
| 110  | JANOWSKI TOMASZ          | 5109 | ŁĘCZNA BIEGA              | ŁĘCZNA             | POL  | M30  | 32     | M 88  | 00:01:00 | 01:16:49.15 | 01:16:53.20 | 6:53   | 8.7  |
| 111  | ZGÓRSKI MATEUSZ          | 5366 |                           | NIECHOBURZ         | POL  | M30  | 33     | M 89  |          | 01:16:43.10 | 01:16:53.50 | 6:58   | 8.6  |
| 112  | SOSIŃSKI TOMASZ          | 5384 |                           | ŁÓDŹ               | POL  | M30  | 34     | M 90  | 00:00:30 | 01:16:40.80 | 01:17:01.60 | 6:55   | 8.7  |
| 113  | KRAWCZYK KAMIL           | 5453 | BIEGUSIEM.PL              | DĘBLIN             | POL  | M20  | 18     | M 91  | 00:01:00 | 01:16:54.65 | 01:17:03.10 | 6:54   | 8.7  |
| 114  | DZIARKOWSKA EDYTA        | 5067 | #TEAMDKMS                 | CZARNE BŁOTO       | POL  | K30  | 11     | K 23  |          | 01:16:47.60 | 01:17:05.15 | 6:58   | 8.6  |
| 115  | STOLARCZYK JOANNA        | 5309 | BIEGAM BO LUBIĘ OSTROŁĘKA | OSTROŁĘKA          | POL  | K40  | 7      | K 24  |          | 01:16:56.50 | 01:17:10.65 | 6:59   | 8.6  |
| 116  | CZEKAŁSKI MARIUSZ        | 5391 |                           | BIAŁOBIEL          | POL  | M40  | 27     | M 92  |          | 01:17:04.55 | 01:17:11.65 | 7:00   | 8.6  |
| 117  | UJMA STANISŁAW           | 5341 | INTERAUTO                 | JAROSŁAW           | POL  | M60  | 2      | M 93  |          | 01:17:04.05 | 01:17:14.95 | 7:00   | 8.6  |
| 118  | PODWYSOCKI WOJCIECH      | 5449 |                           | PRUSZCZ GDAŃSKI    | POL  | M40  | 28     | M 94  | 00:00:30 | 01:16:57.30 | 01:17:21.60 | 6:57   | 8.6  |
| 119  | DĘBOWSKA KATARZYNA       | 5057 |                           | SZCZECIN           | POL  | K30  | 12     | K 25  |          | 01:17:26.75 | 01:17:34.15 | 7:02   | 8.5  |
| 120  | SZEWczyk JAKUB           | 5322 |                           | NOWY SĄCZ          | POL  | M30  | 35     | M 95  | 00:00:30 | 01:17:09.70 | 01:17:39.65 | 6:58   | 8.6  |
| 121  | WAŁĘGA-ROSTEK MAŁGORZATA | 5342 |                           | KOSZYCE WIEKIE     | POL  | K40  | 8      | K 26  |          | 01:17:32.95 | 01:17:40.65 | 7:03   | 8.5  |
| 122  | SIELICKI KRZYSZTOF       | 5284 |                           | MYSIADŁO           | POL  | M30  | 36     | M 96  | 00:01:00 | 01:17:31.30 | 01:17:49.90 | 6:57   | 8.6  |
| 123  | ŚWIĘCH ADAM              | 5332 | IDE NA MISTRZA            | ZABIEŻKI           | POL  | M40  | 29     | M 97  | 00:00:30 | 01:17:14.05 | 01:18:02.45 | 6:58   | 8.6  |
| 124  | SZOPIŃSKA JUSTYNA        | 5323 |                           | SEROCK             | POL  | K30  | 13     | K 27  | 00:00:30 | 01:17:42.50 | 01:18:03.65 | 7:01   | 8.5  |
| 125  | JAGODZIŃSKI HUBERT       | 5101 | DZIK KOMANDO              | MOSZCZENICA        | POL  | M20  | 19     | M 98  |          | 01:18:04.50 | 01:18:09.20 | 7:05   | 8.5  |
| 126  | KUBASIEWICZ ARTUR        | 5165 |                           | WARSZAWA           | POL  | M50  | 6      | M 99  | 00:01:00 | 01:18:13.75 | 01:18:23.65 | 7:01   | 8.5  |
| 127  | BOROWSKI PIOTR           | 5029 | IDE NA MISTRZA            | OTWOCK             | POL  | M30  | 37     | M 100 |          | 01:17:57.70 | 01:18:47.75 | 7:05   | 8.5  |
| 128  | DROSIO KLAUDIA           | 5065 | KASZANKI                  | WARSZAWA           | POL  | K30  | 14     | K 28  |          | 01:18:40.60 | 01:18:49.90 | 7:09   | 8.4  |
| 129  | DUDKO MIKALAI            | 5066 | JACEKBIEGA RUNNING TEAM   | WARSZAWA           | POL  | M30  | 38     | M 101 | 00:01:00 | 01:18:34.25 | 01:18:53.40 | 7:03   | 8.5  |
| 130  | PRZYBYLSKI WITEK         | 5455 |                           | GLIWICE            | POL  | M30  | 39     | M 102 |          | 01:19:03.95 | 01:19:09.65 | 7:11   | 8.3  |
| 131  | WILK JAN                 | 5382 | HAPPY SCHOOL              | NADARZYN           | POL  | M14  | 8      | M 103 |          | 01:19:13.45 | 01:19:16.30 | 7:12   | 8.3  |
| 132  | ABULEWICZ WOJCIECH       | 5456 | TRENING STUDIO 17         | WROCŁAW            | POL  | M50  | 7      | M 104 |          | 01:19:14.80 | 01:19:20.75 | 7:12   | 8.3  |
| 133  | MILCZAREK MAGDALENA      | 5202 | DRUŻYNA ORZECHA ŻYRARDÓW  | ŻYRARDÓW           | POL  | K30  | 15     | K 29  |          | 01:19:06.25 | 01:19:22.90 | 7:11   | 8.3  |
| 134  | JAMROZIK KONRAD          | 5102 |                           | DYNÓW              | POL  | M30  | 40     | M 105 |          | 01:19:25.55 | 01:19:29.45 | 7:13   | 8.3  |
| 135  | WOLSKI KAMIL             | 4977 |                           |                    | POL  | M30  | 41     | M 106 |          | 01:19:31.00 | 01:19:34.90 | 7:13   | 8.3  |
| 136  | POKRYWKA STEFAN          | 5387 |                           | CISNA              | POL  | M60  | 3      | M 107 |          | 01:19:12.00 | 01:19:48.30 | 7:12   | 8.3  |
| 137  | JAŻOWNIK SYLWIA          | 5114 |                           | WRZEŚNIA           | POL  | K40  | 9      | K 30  | 00:00:30 | 01:19:44.35 | 01:19:50.85 | 7:12   | 8.3  |
| 138  | CIEPLA MAGDA             | 5045 |                           | WILCZYN            | POL  | K20  | 5      | K 31  | 00:00:30 | 01:19:45.20 | 01:19:54.85 | 7:12   | 8.3  |
| 139  | MACIOROWSKI MICHAŁ       | 5186 |                           | BIAŁYSTOK          | POL  | M30  | 42     | M 108 |          | 01:20:06.25 | 01:20:14.70 | 7:16   | 8.2  |
| 140  | CZARTORYJSKI JAKUB       | 5048 |                           | WARSZAWA           | POL  | M20  | 20     | M 109 |          | 01:20:17.35 | 01:20:35.80 | 7:17   | 8.2  |
| 141  | HABRAT PAWEŁ             | 5093 |                           | WARSZAWA           | POL  | M30  | 43     | M 110 |          | 01:20:09.90 | 01:20:37.50 | 7:17   | 8.2  |
| 142  | JĘDRZEJOWSKA - DEC ANNA  | 4962 |                           |                    |      | K40  | 10     | K 32  |          | 01:20:47.95 | 01:20:47.95 | 7:20   | 8.2  |
| 143  | MAĆZKA BRONISŁAW         | 4955 |                           |                    |      | M60  | 4      | M 111 |          | 01:20:43.60 | 01:20:48.20 | 7:20   | 8.2  |
| 144  | KŁODZIŃSKA BARBARA       | 5137 | ULTRAMEKI                 | TARNÓW             | POL  | K40  | 11     | K 33  |          | 01:20:50.85 | 01:20:59.10 | 7:21   | 8.2  |
| 145  | BARSZCZ MAREK            | 5012 | BARANOWRUN                | WOLA BARANOWSKA    | POL  | M40  | 30     | M 112 |          | 01:20:37.80 | 01:21:02.15 | 7:19   | 8.2  |
| 146  | DŁUGOSZ KASIA            | 5059 | STAY INSANE               | LUBLIN             | POL  | K30  | 16     | K 34  |          | 01:20:58.50 | 01:21:02.65 | 7:21   | 8.2  |
| 147  | GRUSZECKA ANNA           | 5089 |                           | RYBARZOWICE        | POL  | K40  | 12     | K 35  |          | 01:21:04.10 | 01:21:09.35 | 7:22   | 8.1  |
| 148  | KUBASIEWICZ WOJCIECH     | 5164 |                           | WARSZAWA           | POL  | M20  | 21     | M 113 |          | 01:21:03.80 | 01:21:14.20 | 7:22   | 8.1  |
| 149  | SZAFRAŃSKI TOMASZ        | 5317 | WKURW_TEAM                | WARSZAWA           | POL  | M20  | 22     | M 114 | 00:00:30 | 01:20:46.60 | 01:21:23.70 | 7:17   | 8.2  |
| 150  | SUCHOWIECKA SABINA       | 5312 |                           | POLAŃCZYK          | POL  | K20  | 6      | K 36  |          | 01:21:20.20 | 01:21:41.55 | 7:23   | 8.1  |
| 151  | WOJNAROWSKA MARCELINA    | 5350 |                           | GDYNIA             | POL  | K30  | 17     | K 37  |          | 01:21:33.05 | 01:21:43.15 | 7:24   | 8.1  |
| 152  | ZUKOWSKI ŁUKASZ          | 5370 | SUUNTO RUN TEAM           | RADOMSKO           | POL  | M20  | 23     | M 115 | 00:00:30 | 01:21:28.40 | 01:21:44.50 | 7:21   | 8.2  |
| 153  | AMBROZIAK ANNA           | 5003 |                           | RZEKUŃ             | POL  | K20  | 7      | K 38  |          | 01:21:24.10 | 01:21:44.85 | 7:24   | 8.1  |
| 154  | SZUMIŃSKI PAWEŁ          | 5325 |                           | ALEKSANDRÓW ŁÓDZKI | POL  | M40  | 31     | M 116 | 00:00:30 | 01:21:22.90 | 01:21:53.05 | 7:21   | 8.2  |
| 155  | GOLON LESZEK             | 5080 |                           | SICIENKO           | POL  | M30  | 44     | M 117 |          | 01:21:33.90 | 01:21:54.05 | 7:24   | 8.1  |
| 156  | JANAS SZYMON             | 5104 | 3PBOT / 35BLP SANOK       | BÓBRKA             | POL  | M20  | 24     | M 118 |          | 01:21:58.05 | 01:22:06.25 | 7:27   | 8.1  |
| 157  | KOCHAŃSKA JOANNA         | 5141 | RUN PASJA                 | SICIENKO           | POL  | K40  | 13     | K 39  |          | 01:21:53.65 | 01:22:12.00 | 7:26   | 8.1  |
| 158  | WAWRZKO KATARZYNA        | 5345 |                           | ŁÓDŹ               | POL  | K20  | 8      | K 40  |          | 01:21:50.45 | 01:22:14.55 | 7:26   | 8.1  |
| 159  | HERTEL MICHAŁ            | 5394 |                           | ŁÓDŹ               | POL  | M40  | 32     | M 119 | 00:00:30 | 01:21:52.50 | 01:22:15.05 | 7:23   | 8.1  |
| 160  | FONAŁ LUCYNA             | 5399 |                           | WROCŁAW            | POL  | K30  | 18     | K 41  |          | 01:22:25.55 | 01:22:34.40 | 7:29   | 8    |

**DYCHA NA JELENI SKOK 2019, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr   | Klub                             | M-scowość   | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|------|----------------------------------|-------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 161  | KRZYMOWSKI PIOTR         | 5431 |                                  | LUBLIN      | POL  | M30  | 45     | M 120 |          | 01:22:30.75 | 01:22:44.45 | 7:30   | 8    |
| 162  | FUDAL JACEK              | 5074 | INTERAUTO                        | JAROSŁAW    | POL  | M30  | 46     | M 121 |          | 01:22:43.90 | 01:22:54.85 | 7:31   | 8    |
| 163  | MACHUCKA EWELINA         | 5369 |                                  |             | POL  | K30  | 19     | K 42  | 00:01:00 | 01:22:25.75 | 01:22:55.30 | 7:24   | 8.1  |
| 164  | SŁABOWSKA MONIKA         | 5292 |                                  | WIELGIE     | POL  | K20  | 9      | K 43  |          | 01:22:48.70 | 01:23:04.35 | 7:31   | 8    |
| 165  | SALA MACHA IZABELA       | 5273 | ŻÓRAWSKI TEAM                    | WARSZAWA    | POL  | K30  | 20     | K 44  |          | 01:23:01.20 | 01:23:23.40 | 7:32   | 8    |
| 166  | KORAB GRZEGORZ           | 5147 | IDE NA MISTRZA                   | OTWOCK      | POL  | M40  | 33     | M 122 |          | 01:22:42.10 | 01:23:33.90 | 7:31   | 8    |
| 167  | ANDRASZ PAWEŁ            | 5005 | KMP ŁÓDŹ                         | PRZEMYŚL    | POL  | M20  | 25     | M 123 | 00:00:30 | 01:24:08.20 | 01:24:17.55 | 7:36   | 7.9  |
| 168  | CICHOCKI BARTŁOMIEJ      | 5044 |                                  | RADOMSKO    | POL  | M20  | 26     | M 124 |          | 01:24:32.40 | 01:24:48.95 | 7:41   | 7.8  |
| 169  | ŻBIK NATALIA             | 5374 |                                  | PLEWISKA    | POL  | K20  | 10     | K 45  |          | 01:24:35.85 | 01:25:02.40 | 7:41   | 7.8  |
| 170  | KUREK MAŁGORZATA         | 4963 |                                  |             | POL  | K30  | 21     | K 46  |          | 01:24:33.40 | 01:25:13.25 | 7:41   | 7.8  |
| 171  | DOMAŁACNY JAREK          | 4954 |                                  |             |      | M30  | 47     | M 125 |          | 01:24:34.15 | 01:25:14.20 | 7:41   | 7.8  |
| 172  | JANOWSKI MATEUSZ         | 5108 |                                  | WROCLAW     | POL  | M30  | 48     | M 126 |          | 01:24:58.05 | 01:25:14.35 | 7:43   | 7.8  |
| 173  | MARKOWSKA KAROLINA       | 5189 | EUROPA UBEZPIECZENIA/NOA         | WROCLAW     | POL  | K30  | 22     | K 47  |          | 01:24:57.85 | 01:25:14.50 | 7:43   | 7.8  |
| 174  | HODUR KAROLINA           | 5096 |                                  | WSCHOWA     | POL  | K30  | 23     | K 48  |          | 01:25:06.85 | 01:25:27.30 | 7:44   | 7.8  |
| 175  | JASTRZĄBEK AGNIESZKA     | 4969 |                                  | ŁÓDŹ        | POL  | K30  | 24     | K 49  |          | 01:25:03.45 | 01:25:27.45 | 7:43   | 7.8  |
| 176  | SIEDLEC WIESŁAW          | 5282 | LIONS                            | PRZEWORSK   | POL  | M40  | 34     | M 127 |          | 01:25:25.10 | 01:25:39.10 | 7:45   | 7.7  |
| 177  | WÓJCICKA JUSTYNA         | 5393 |                                  | WARSZAWA    | POL  | K30  | 25     | K 50  |          | 01:25:21.25 | 01:25:43.05 | 7:45   | 7.7  |
| 178  | PLUCIENNIK KRZYSZTOF     | 5377 |                                  | ŁÓDŹ        | POL  | M30  | 49     | M 128 |          | 01:25:18.95 | 01:25:45.80 | 7:45   | 7.7  |
| 179  | FIKAS KRZYSZTOF          | 5071 |                                  | MYŚLENICE   | POL  | M60  | 5      | M 129 | 00:00:30 | 01:25:43.00 | 01:25:47.35 | 7:44   | 7.7  |
| 180  | TOKARZ KRZYSZTOF         | 5337 | SSW TEAM KROŚNICE                | KROŚNICE    | POL  | M30  | 50     | M 130 |          | 01:25:36.85 | 01:25:52.00 | 7:47   | 7.7  |
| 181  | JARZABSKA JUSTYNA        | 5110 |                                  | WARSZAWA    | POL  | K30  | 26     | K 51  |          | 01:25:29.00 | 01:25:52.30 | 7:46   | 7.7  |
| 182  | KUŚPIET SYLWIA           | 5169 | 6 BATALION POWIETRZNO-DESANTOWY  | KNURÓW      | POL  | K20  | 11     | K 52  | 00:01:00 | 01:25:41.45 | 01:25:57.25 | 7:42   | 7.8  |
| 183  | DUDEK MARCIN             | 5398 |                                  | KNURÓW      | POL  | M30  | 51     | M 131 | 00:01:00 | 01:25:41.70 | 01:25:57.45 | 7:42   | 7.8  |
| 184  | UBYCH MARCIN             | 5430 |                                  | ŁÓDŹ        | POL  | M40  | 35     | M 132 |          | 01:25:36.60 | 01:25:58.10 | 7:47   | 7.7  |
| 185  | SZAFRAŃSKA ALEKSANDRA    | 5316 | WKURW_TEAM                       | PIASTÓW     | POL  | K20  | 12     | K 53  | 00:00:30 | 01:25:25.85 | 01:26:02.65 | 7:43   | 7.8  |
| 186  | SIEDLEC KAROLINA         | 5283 | LIONS                            | PRZEWORSK   | POL  | K20  | 13     | K 54  | 00:00:30 | 01:25:54.90 | 01:26:09.10 | 7:45   | 7.7  |
| 187  | GOŁĄBOWSKI JAREK         | 5081 | BIEGACZE ŚWINOUJŚCIE/ WKURW-TEAM | ŚWINOUJŚCIE | POL  | M50  | 8      | M 133 | 00:00:30 | 01:25:44.55 | 01:26:17.10 | 7:45   | 7.7  |
| 188  | TOKARZ MAGDALENA         | 5336 | SSW TEAM KROŚNICE                | KROŚNICE    | POL  | K30  | 27     | K 55  | 00:00:30 | 01:26:06.45 | 01:26:21.25 | 7:47   | 7.7  |
| 189  | ROSIŃSKA MAGDALENA       | 5265 | BOLT TRZEMESZNO                  | TRZEMESZNO  | POL  | K30  | 28     | K 56  |          | 01:26:06.10 | 01:26:27.25 | 7:49   | 7.7  |
| 190  | CHABROS MAŁGORZATA       | 5040 | THE RUNNERS ŚWECIE               | ŚWECIE      | POL  | K20  | 14     | K 57  |          | 01:26:27.50 | 01:26:37.80 | 7:51   | 7.6  |
| 191  | MASZKOWSKA ANNA          | 5191 |                                  | LUBLIN      | POL  | K40  | 14     | K 58  |          | 01:26:13.55 | 01:26:46.25 | 7:50   | 7.7  |
| 192  | ENGEL-ABULEWICZ ELŻBIETA | 5069 | TRENING STUDIO17                 | WROCLAW     | POL  | K50  | 3      | K 59  |          | 01:26:42.35 | 01:26:48.55 | 7:52   | 7.6  |
| 193  | MASZKOWSKI RAFAŁ         | 5192 |                                  | LUBLIN      | POL  | M40  | 36     | M 134 |          | 01:26:28.05 | 01:27:00.25 | 7:51   | 7.6  |
| 194  | JAGODA ADAM              | 4974 |                                  | CHORZÓW     | POL  | M50  | 9      | M 135 |          | 01:26:26.05 | 01:27:01.00 | 7:51   | 7.6  |
| 195  | STYKOWSKA WIOLETTA       | 5311 |                                  | WARSZAWA    | POL  | K40  | 15     | K 60  |          | 01:26:49.30 | 01:27:01.55 | 7:53   | 7.6  |
| 196  | WOŹNIAK LIDIA            | 5354 | PORMAT JEDLICZE BIEGA            | SKOŁYSZYN   | POL  | K50  | 4      | K 61  |          | 01:26:54.65 | 01:27:01.85 | 7:54   | 7.6  |
| 197  | BUGAŁA ROBERT            | 5035 | SOLID HOUSE LUBLIN               | LUBLIN      | POL  | M50  | 10     | M 136 |          | 01:26:33.00 | 01:27:02.85 | 7:52   | 7.6  |
| 198  | MARAS LADISLAV           | 5457 | MARAS TEAM                       |             |      | M50  | 11     | M 137 |          | 01:26:31.00 | 01:27:05.65 | 7:51   | 7.6  |
| 199  | KOTOWSKA SYLWIA          | 5150 |                                  | OLSZTYN     | POL  | K30  | 29     | K 62  |          | 01:26:43.55 | 01:27:08.65 | 7:53   | 7.6  |
| 200  | CZUBEK OLA               | 5050 | ALEKSANDRA CZUBEK IP LEGAL       | WARSZAWA    | POL  | K20  | 15     | K 63  | 00:00:30 | 01:26:29.85 | 01:27:08.95 | 7:49   | 7.7  |
| 201  | JARZĘBOWICZ MAGDALENA    | 5111 | DTR                              | TRZEBNICA   | POL  | K30  | 30     | K 64  | 00:00:30 | 01:26:53.10 | 01:27:16.10 | 7:51   | 7.6  |
| 202  | JABŁOŃSKA JUSTYNA        | 5098 | SSW TEAM KROŚNICE                | WROCLAW     | POL  | K30  | 31     | K 65  |          | 01:27:25.05 | 01:27:39.40 | 7:56   | 7.6  |
| 203  | LOMBARSKI ŁUKASZ         | 5180 | SSW TEAM KROŚNICE                | KROŚNICE    | POL  | M30  | 52     | M 138 |          | 01:27:25.55 | 01:27:40.05 | 7:56   | 7.5  |
| 204  | NISZCZAK BEATA           | 5213 |                                  | LUBASZ      | POL  | K30  | 32     | K 66  |          | 01:27:52.25 | 01:27:56.85 | 7:59   | 7.5  |
| 205  | KOŁODZIEJ MAGDA          | 5145 |                                  | GRZYBOWO    | POL  | K20  | 16     | K 67  |          | 01:27:51.55 | 01:27:56.90 | 7:59   | 7.5  |
| 206  | PAWŁOWSKI KRZYSZTOF      | 5415 |                                  | NISKO       | POL  | M20  | 27     | M 139 | 00:00:30 | 01:27:33.80 | 01:27:58.60 | 7:54   | 7.6  |
| 207  | SZYMCZAK ŁUKASZ          | 5329 | SSW TEAM KROŚNICE                | MILICZ      | POL  | M30  | 53     | M 140 |          | 01:27:42.45 | 01:27:59.15 | 7:58   | 7.5  |
| 208  | BŁOŃSKA MARZENA          | 5024 | SPARK TEAM                       | SMOLEC      | POL  | K50  | 5      | K 68  |          | 01:27:39.60 | 01:28:00.95 | 7:58   | 7.5  |
| 209  | WOJDA DARIUSZ            | 5349 | DZIKIE DZIKI                     | JÓZEFÓW     | POL  | M40  | 37     | M 141 |          | 01:27:40.25 | 01:28:01.10 | 7:58   | 7.5  |
| 210  | DARŁAK MAREK             | 5419 |                                  | LUBACZÓW    | POL  | M20  | 28     | M 142 |          | 01:27:28.55 | 01:28:02.15 | 7:57   | 7.5  |
| 211  | WEISMAN WIKTORIA         | 5347 |                                  | ŻORY        | POL  | K20  | 17     | K 69  |          | 01:27:43.70 | 01:28:02.25 | 7:58   | 7.5  |
| 212  | DARŁAK JOANNA            | 5052 |                                  | WARSZAWA    | POL  | K30  | 33     | K 70  |          | 01:27:29.70 | 01:28:03.55 | 7:57   | 7.5  |
| 213  | DZIEDZINA TOMASZ         | 5068 | MUAY RUNNING TEAM                | KRAKÓW      | POL  | M40  | 38     | M 143 | 00:01:00 | 01:27:35.10 | 01:28:07.80 | 7:52   | 7.6  |
| 214  | ZYGMUNT MONIKA           | 5371 |                                  | LEŻAJSK     | POL  | K40  | 16     | K 71  | 00:00:30 | 01:27:55.80 | 01:28:16.55 | 7:56   | 7.5  |
| 215  | MAJERNIK MILAH           | 5458 |                                  |             | SVK  | M40  | 39     | M 144 |          | 01:27:42.25 | 01:28:16.90 | 7:58   | 7.5  |
| 216  | KAMIŃSKA BEATA           | 5127 | MYSZKÓW BIEGA                    | MYSZKÓW     | POL  | K50  | 6      | K 72  |          | 01:28:10.85 | 01:28:17.35 | 8:01   | 7.5  |
| 217  | POWIERZA ADRIAN          | 5252 | KOTEŁ TEAM                       | BORZYMY     | POL  | M20  | 29     | M 145 | 00:00:30 | 01:28:00.50 | 01:28:23.55 | 7:57   | 7.5  |

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| M-ce | Nazwisko i imię           | Nr   | Klub                         | M-scowość         | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------------|------|------------------------------|-------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 218  | SANDOMIERSKA KARINA       | 5276 |                              | WARSZAWA          | POL  | K40  | 17     | K 73  |          | 01:28:27.60 | 01:28:38.25 | 8:02   | 7.5  |
| 219  | PAWŁOWSKI JACEK           | 5232 |                              | NISKO             | POL  | M20  | 30     | M 146 | 00:00:30 | 01:28:16.90 | 01:28:41.65 | 7:58   | 7.5  |
| 220  | MAZUR MAGDALENA           | 5196 | HEROBOX                      | ŚWIECIE           | POL  | K40  | 18     | K 74  |          | 01:28:34.95 | 01:28:46.35 | 8:03   | 7.5  |
| 221  | WAŚOWICZ MARTYNA          | 5346 |                              | ZALASEWO          | POL  | K20  | 18     | K 75  |          | 01:28:41.80 | 01:28:47.60 | 8:03   | 7.4  |
| 222  | JAGODZIŃSKA JUSTYNA       | 5100 | BOLT TRZEMESZNO              | TRZEMESZNO        | POL  | K20  | 19     | K 76  |          | 01:28:38.40 | 01:29:04.30 | 8:03   | 7.4  |
| 223  | KIELIŃSKA KAMILA          | 5134 |                              | BOLSZEWO          | POL  | K30  | 34     | K 77  | 00:00:30 | 01:28:59.65 | 01:29:10.85 | 8:02   | 7.5  |
| 224  | ZIELIŃSKA IGNASZAK IWONA  | 5368 | HEROBOX                      | ŚWIECIE           | POL  | K40  | 19     | K 78  |          | 01:29:25.00 | 01:29:35.90 | 8:07   | 7.4  |
| 225  | GUŹDZIOŁ JAROSŁAW         | 5443 |                              | SOLEC KUJAWSKI    | POL  | M40  | 40     | M 147 |          | 01:29:12.85 | 01:29:43.55 | 8:06   | 7.4  |
| 226  | PIETRZAK SYLWIA           | 5238 |                              | WARSZAWA          | POL  | K30  | 35     | K 79  |          | 01:29:39.65 | 01:29:47.35 | 8:09   | 7.4  |
| 227  | ADAMKIEWICZ DOROTA        | 5001 |                              | TRZEMESZNO        | POL  | K30  | 36     | K 80  |          | 01:29:30.15 | 01:29:56.05 | 8:08   | 7.4  |
| 228  | TUROCZY VOJTECH           | 5339 | ACTIVE LIFE KOSICE           | KOSICE            | SVK  | M40  | 41     | M 148 |          | 01:30:11.50 | 01:30:24.00 | 8:12   | 7.3  |
| 229  | LIPTAKOVA ADELKA          | 5177 | ACTIVE LIFE KOSICE           | KOSICE            | SVK  | K40  | 20     | K 81  |          | 01:30:11.40 | 01:30:24.20 | 8:12   | 7.3  |
| 230  | SZYIŃSKA ALICJA           | 5327 | NOA                          | WROCŁAW           | POL  | K30  | 37     | K 82  |          | 01:30:15.30 | 01:30:31.25 | 8:12   | 7.3  |
| 231  | ADAMKIEWICZ ANDRZEJ       | 5400 |                              | TRZEMESZNO        | POL  | M30  | 54     | M 149 |          | 01:30:06.05 | 01:30:32.05 | 8:11   | 7.3  |
| 232  | CYRAN MONIKA              | 5159 |                              | WARSZAWA          | POL  | K30  | 38     | K 83  |          | 01:30:09.70 | 01:30:32.45 | 8:11   | 7.3  |
| 233  | SWOBODA JAROSŁAW          | 5315 | NIGHT RUNNERS GLIWICE        | GLIWICE           | POL  | M40  | 42     | M 150 |          | 01:30:33.75 | 01:30:38.35 | 8:14   | 7.3  |
| 234  | MAĆZKA KRYSZYNA           | 5444 | EKSTREMALNE OTK NA RELAKSIE  | GLIWICE           | POL  | K60  | 1      | K 84  |          | 01:30:33.45 | 01:30:38.40 | 8:14   | 7.3  |
| 235  | GIRASEK PETER             | 4959 |                              |                   |      | M20  | 31     | M 151 |          | 01:30:03.30 | 01:30:38.65 | 8:11   | 7.3  |
| 236  | SEPELAKOVA LUCIA          | 4961 |                              |                   |      | K30  | 39     | K 85  |          | 01:30:04.85 | 01:30:39.80 | 8:11   | 7.3  |
| 237  | ZAJĄC ŁUKASZ              | 5390 |                              | GLIWICE           | POL  | M20  | 32     | M 152 | 00:00:30 | 01:31:08.50 | 01:31:15.05 | 8:14   | 7.3  |
| 238  | CHOŁUJ IWONA              | 5042 | WARIATKI I HISTRYCZKI        | GÓRA KALWARIA     | POL  | K40  | 21     | K 86  |          | 01:31:03.45 | 01:31:16.65 | 8:16   | 7.2  |
| 239  | CHOŁUJ ALEKSANDRA         | 5043 | WARIATKI I HISTRYCZKI        | GÓRA KALWARIA     | POL  | K14  | 1      | K 87  | 00:00:30 | 01:31:33.20 | 01:31:46.65 | 8:16   | 7.2  |
| 240  | TOMASZEWSKA MAGDALENA     | 5338 |                              | WODZISŁAW SŁĄSKI  | POL  | K40  | 22     | K 88  |          | 01:31:21.35 | 01:31:49.90 | 8:18   | 7.2  |
| 241  | OSIŃSKA SYLWIA            | 5222 |                              | WARSZAWA          | POL  | K40  | 23     | K 89  |          | 01:31:35.90 | 01:31:54.45 | 8:19   | 7.2  |
| 242  | SEBZDA MAŁGORZATA         | 5277 | HUSARIA RACE TEAM            | BŁĘDOWA TYCZYŃSKA | POL  | K40  | 24     | K 90  |          | 01:31:52.10 | 01:31:55.60 | 8:21   | 7.2  |
| 243  | ZARZECZNA HALINA          | 5432 |                              | SZCZECIN          | POL  | K50  | 7      | K 91  |          | 01:31:43.35 | 01:32:00.00 | 8:20   | 7.2  |
| 244  | JABŁOŃSKI KAZIMIERZ       | 5099 |                              | PRĄDY K/OPOLA     | POL  | M60  | 6      | M 153 | 00:00:30 | 01:31:36.90 | 01:32:13.85 | 8:17   | 7.2  |
| 245  | SETA WIKTORIA             | 5281 | PADŁ NA RYJ                  | GDYNIA            | POL  | K30  | 40     | K 92  |          | 01:31:59.75 | 01:32:21.60 | 8:21   | 7.2  |
| 246  | BURA ŁUKASZ               | 5422 |                              | WARSZAWA          | POL  | M40  | 43     | M 154 |          | 01:32:06.60 | 01:32:23.85 | 8:22   | 7.2  |
| 247  | GADAMSKA-KABATA PAULINA   | 5439 |                              | GDAŃSK            | POL  | K30  | 41     | K 93  |          | 01:32:09.75 | 01:32:43.60 | 8:22   | 7.2  |
| 248  | NIEMCZUK-WARNECKE JUSTYNA | 5212 |                              | WETLINA           | POL  | K30  | 42     | K 94  |          | 01:32:33.95 | 01:32:44.85 | 8:24   | 7.1  |
| 249  | OLESZEK TOMASZ            | 5220 |                              | STAŁOWA WOLA      | POL  | M30  | 55     | M 155 |          | 01:32:41.10 | 01:32:48.50 | 8:25   | 7.1  |
| 250  | ANCUKIEWICZ MAGDALENA     | 5004 |                              | POZNAŃ            | POL  | K30  | 43     | K 95  |          | 01:33:28.55 | 01:33:35.35 | 8:29   | 7.1  |
| 251  | SITAREK IWONA             | 5288 |                              | GRÓJEC            | POL  | K50  | 8      | K 96  |          | 01:33:23.20 | 01:33:41.05 | 8:29   | 7.1  |
| 252  | JANASZ ANDRZEJ            | 5105 |                              | BRWINÓW           | POL  | M40  | 44     | M 156 |          | 01:33:23.05 | 01:33:41.15 | 8:29   | 7.1  |
| 253  | SĘPKOWSKI GRZEGORZ        | 5161 | KASZANKI                     | WARSZAWA          | POL  | M40  | 45     | M 157 |          | 01:33:35.70 | 01:33:52.75 | 8:30   | 7.1  |
| 254  | NIEGŁOS KAROLINA          | 5211 |                              | KATOWICE          | POL  | K30  | 44     | K 97  |          | 01:33:44.45 | 01:33:54.90 | 8:31   | 7    |
| 255  | MASZOTA BARTEK            | 5193 |                              | GDYNIA            | POL  | M30  | 56     | M 158 | 00:00:30 | 01:33:45.85 | 01:33:56.85 | 8:28   | 7.1  |
| 256  | KOSZYKA WERONIKA          | 5149 | CONSTRAVIA                   | POZNAŃ            | POL  | K20  | 20     | K 98  |          | 01:33:46.45 | 01:34:07.95 | 8:31   | 7    |
| 257  | BERNAT AGNIESZKA          | 5015 |                              | ZAMOŚĆ            | POL  | K20  | 21     | K 99  |          | 01:33:46.45 | 01:34:13.15 | 8:31   | 7    |
| 258  | STĘPIEŃ JUSTYNA           | 5305 |                              | ŁÓDŹ              | POL  | K30  | 45     | K 100 | 00:00:30 | 01:33:46.45 | 01:34:14.10 | 8:28   | 7.1  |
| 259  | STEFANIUK TOMASZ          | 5304 |                              | WARSZAWA          | POL  | M40  | 46     | M 159 |          | 01:34:06.20 | 01:34:14.75 | 8:33   | 7    |
| 260  | DOBRYNIECKA MAGDALENA     | 5062 |                              | CHORZÓW           | POL  | K40  | 25     | K 101 | 00:00:30 | 01:34:10.65 | 01:34:17.30 | 8:31   | 7    |
| 261  | ŁUCJANEK JUSTYNA          | 5183 |                              | WARSZAWA          | POL  | K30  | 46     | K 102 |          | 01:34:14.20 | 01:34:26.20 | 8:34   | 7    |
| 262  | BOGUSZ EMILIA             | 5027 |                              | WARSZAWA          | POL  | K30  | 47     | K 103 | 00:00:30 | 01:34:12.85 | 01:34:26.25 | 8:31   | 7    |
| 263  | WÓJTOWICZ PAWEŁ           | 5011 |                              | KURÓW             | POL  | M40  | 47     | M 160 |          | 01:34:29.40 | 01:34:59.90 | 8:35   | 7    |
| 264  | GAJEWSKA MAGDALENA        | 5401 |                              | ŁÓDŹ              | POL  | K40  | 26     | K 104 |          | 01:34:57.80 | 01:35:27.75 | 8:38   | 6.9  |
| 265  | PALUSZKIEWICZ KAROLINA    | 5226 | ŚREMSKI KLUB MORSÓW 'MROZIK' | ŚREM              | POL  | K40  | 27     | K 105 |          | 01:35:27.90 | 01:35:30.35 | 8:40   | 6.9  |
| 266  | SADDOCH MARCIN            | 5272 |                              | WARSZAWA          | POL  | M40  | 48     | M 161 |          | 01:34:43.35 | 01:35:31.95 | 8:36   | 7    |
| 267  | FĄFARA AGNIESZKA          | 5070 |                              | ŁÓDŹ              | POL  | K40  | 28     | K 106 |          | 01:35:12.85 | 01:35:51.20 | 8:39   | 6.9  |
| 268  | JASIŃSKA JUSTYNA          | 5113 | KOTEŁ TEAM                   | KAMIONNA          | POL  | K20  | 22     | K 107 | 00:00:30 | 01:35:54.00 | 01:36:17.45 | 8:40   | 6.9  |
| 269  | ULICNY PAVOL              | 4957 |                              |                   |      | M40  | 49     | M 162 |          | 01:35:43.75 | 01:36:20.20 | 8:42   | 6.9  |
| 270  | BRZEWIŃSKA MARZENA        | 5033 | BOLT TRZEMESZNO              | TRZEMESZNO        | POL  | K40  | 29     | K 108 |          | 01:36:22.95 | 01:36:47.75 | 8:45   | 6.8  |
| 271  | BOJANOWSKI ALEX           | 5064 | TEAMDKMS                     | WARSZAWA          | POL  | M20  | 33     | M 163 |          | 01:36:42.95 | 01:37:00.40 | 8:47   | 6.8  |
| 272  | JEZIERSKA KARINA          | 5116 | PĘDZĄCE LASSO                | WARSZAWA          | POL  | K40  | 30     | K 109 |          | 01:37:15.35 | 01:37:44.10 | 8:50   | 6.8  |
| 273  | BIENIECKI MAREK           | 5407 |                              | GLIWICE           | POL  | M60  | 7      | M 164 |          | 01:37:54.15 | 01:38:08.35 | 8:54   | 6.7  |
| 274  | JAMRÓZ JOANNA             | 5103 | JAMERKI                      | MUROWANIEC        | POL  | K40  | 31     | K 110 |          | 01:38:01.20 | 01:38:20.05 | 8:54   | 6.7  |

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| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość              | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|------|------------------------------|------------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 275  | JAROSZ GRZEGORZ               | 4370 |                              | ŁÓDŹ                   | POL  | M50  | 12     | M 165 | 00:00:30 | 01:38:23.05 | 01:38:46.50 | 8:53   | 6.7  |
| 276  | DUSRACALK MILAN               | 5459 | MARAS TEAM                   |                        |      | M50  | 13     | M 166 |          | 01:38:40.30 | 01:39:15.20 | 8:58   | 6.7  |
| 277  | MOSÓR LILLA                   | 5206 | LISY PUSTYNI                 | KLUCZE                 | POL  | K40  | 32     | K 111 |          | 01:39:03.90 | 01:39:18.95 | 9:00   | 6.7  |
| 278  | KOCHAN GRZEGORZ               | 5140 |                              | KRAKÓW                 | POL  | M30  | 57     | M 167 | 00:00:30 | 01:39:21.50 | 01:39:51.50 | 8:59   | 6.7  |
| 279  | LEPIARZ BEATA                 | 5173 |                              | KRAKÓW                 | POL  | K40  | 33     | K 112 | 00:00:30 | 01:39:22.15 | 01:39:51.60 | 8:59   | 6.7  |
| 280  | ZGORZELSKA ANIA               | 5365 |                              | PŁOCK                  | POL  | K30  | 48     | K 113 |          | 01:39:42.55 | 01:39:55.65 | 9:03   | 6.6  |
| 281  | SIERPOWSKA-BARTOSIK AGNIESZKA | 5287 | VEGE RUNNERS                 | ŁÓDŹ                   | POL  | K40  | 34     | K 114 |          | 01:39:38.00 | 01:40:00.75 | 9:03   | 6.6  |
| 282  | RONDUDA MAŁGORZATA            | 5263 |                              | GDYNIA                 | POL  | K40  | 35     | K 115 |          | 01:39:28.50 | 01:40:07.25 | 9:02   | 6.6  |
| 283  | KACZYŃSKA JULIA               | 5120 |                              | WARSZAWA               | POL  | K14  | 2      | K 116 |          | 01:40:01.75 | 01:40:25.80 | 9:05   | 6.6  |
| 284  | BAŁAGA MARCIN                 | 5405 |                              | KRAKÓW                 | POL  | M40  | 50     | M 168 | 00:01:00 | 01:39:58.80 | 01:40:27.55 | 8:59   | 6.7  |
| 285  | KASZUBA RYSZARD               | 5132 | KLUB SPORTOWY PRESTIGE       | RZESZÓW                | POL  | M60  | 8      | M 169 |          | 01:40:32.45 | 01:40:35.45 | 9:08   | 6.6  |
| 286  | KOCHAŃSKI BARTOSZ             | 5142 |                              | SICIENKO               | POL  | M30  | 58     | M 170 |          | 01:40:22.85 | 01:40:42.60 | 9:07   | 6.6  |
| 287  | PRZYCHODZIEN GABRIELA         | 5255 | MORDECZKI                    | BIAŁA PODLASKA         | POL  | K20  | 23     | K 117 |          | 01:40:24.55 | 01:40:52.40 | 9:07   | 6.6  |
| 288  | KOLAJ HANNA                   | 5143 |                              | OLSZTYN                | POL  | K30  | 49     | K 118 |          | 01:40:23.70 | 01:40:52.55 | 9:07   | 6.6  |
| 289  | KOLAJ KRZYSZTOF               | 5144 |                              | WARSZAWA               | POL  | M30  | 59     | M 171 |          | 01:40:23.95 | 01:40:52.70 | 9:07   | 6.6  |
| 290  | ŻOŁNA JAKUB                   | 5375 | FULFILL DREAMS TEAM PSZCZYNA | TYCHY                  | POL  | M20  | 34     | M 172 |          | 01:40:24.40 | 01:40:53.35 | 9:07   | 6.6  |
| 291  | MROZIŃSKI ANDRZEJ             | 5427 |                              | TARNOBRZEG             | POL  | M50  | 14     | M 173 | 00:00:30 | 01:40:43.30 | 01:40:55.60 | 9:06   | 6.6  |
| 292  | BUŚ GRZEGORZ                  | 5038 |                              | WARSZAWA               | POL  | M60  | 9      | M 174 | 00:00:30 | 01:40:56.60 | 01:41:06.20 | 9:07   | 6.6  |
| 293  | SYGUŁA DOMINIKA               | 5406 |                              | BOCHNIA                | POL  | K30  | 50     | K 119 | 00:00:30 | 01:40:51.95 | 01:41:08.00 | 9:07   | 6.6  |
| 294  | KOWALCZYK-CHRZUSZCZ KATARZYNA | 5153 | SLOW JOGGING ŁÓDŹ            | ŁÓDŹ                   | POL  | K50  | 9      | K 120 |          | 01:41:05.05 | 01:41:27.60 | 9:11   | 6.5  |
| 295  | GASIK WIOLETTA                | 5380 | HUMAN&HUNTER RUNNERS TEAM    | OLSZTYN K. CZĘSTOCHOWY | POL  | K40  | 36     | K 121 |          | 01:41:17.45 | 01:41:31.90 | 9:12   | 6.5  |
| 296  | BAKALARZ ALEKSANDRA           | 5008 | EPOKA NOEDICA ŁÓDŹ           | ŁÓDŹ                   | POL  | K50  | 10     | K 122 |          | 01:41:21.30 | 01:41:43.35 | 9:12   | 6.5  |
| 297  | SZCZEPAŃSKI MARCIN            | 5396 |                              | ŁÓDŹ                   | POL  | M40  | 51     | M 175 |          | 01:41:21.90 | 01:41:43.65 | 9:12   | 6.5  |
| 298  | MACIEJAK LECHOWSKA KAMILA     | 5184 | WKURW_TEAM                   | WROCŁAW                | POL  | K30  | 51     | K 123 |          | 01:41:42.20 | 01:42:09.20 | 9:14   | 6.5  |
| 299  | TOCZEK KATARZYNA              | 5335 |                              | WROCŁAW                | POL  | K30  | 52     | K 124 |          | 01:41:43.20 | 01:42:10.35 | 9:14   | 6.5  |
| 300  | TATARSKI RAFAŁ                | 5334 |                              | PRUSZKÓW               | POL  | M20  | 35     | M 176 |          | 01:41:52.20 | 01:42:10.85 | 9:15   | 6.5  |
| 301  | SZYMAŁA KAROLINA              | 5328 | #NIUŃKOWABIEGA               | KLUCZBORK              | POL  | K14  | 3      | K 125 |          | 01:42:07.10 | 01:42:26.95 | 9:17   | 6.5  |
| 302  | MONKIEWICZ-OBZRUT AGATA       | 5204 |                              | LUBOŃ                  | POL  | K30  | 53     | K 126 |          | 01:42:35.15 | 01:42:56.30 | 9:19   | 6.4  |
| 303  | OBZRUT BARTEK                 | 5217 |                              | LUBOŃ                  | POL  | M30  | 60     | M 177 |          | 01:42:34.55 | 01:42:56.40 | 9:19   | 6.4  |
| 304  | PARADOWSKI PAWEŁ              | 5227 |                              | RZESZÓW                | POL  | M50  | 15     | M 178 |          | 01:42:43.65 | 01:43:01.85 | 9:20   | 6.4  |
| 305  | JEZIOREK JOZI                 | 5117 |                              | ŁAPCZYCA               | POL  | M40  | 52     | M 179 |          | 01:42:34.70 | 01:43:05.25 | 9:19   | 6.4  |
| 306  | ŚCISŁY MALWINA                | 5413 |                              | PŁAWNO                 | POL  | K20  | 24     | K 127 |          | 01:42:44.25 | 01:43:12.40 | 9:20   | 6.4  |
| 307  | GÓRKA BOGUSŁAW                | 5084 |                              | SUCHA BESKIDZKA        | POL  | M40  | 53     | M 180 |          | 01:43:07.25 | 01:43:13.20 | 9:22   | 6.4  |
| 308  | GÓRKA JOLANTA                 | 5085 |                              | SUCHA BESKIDZKA        | POL  | K40  | 37     | K 128 |          | 01:43:07.45 | 01:43:13.40 | 9:22   | 6.4  |
| 309  | SZELA KAMIL                   | 5320 |                              | UHERCE MINERALNE       | POL  | M20  | 36     | M 181 | 00:00:30 | 01:42:46.45 | 01:43:16.25 | 9:17   | 6.5  |
| 310  | BIESZCZ JAKUB                 | 5021 |                              | TRZYDNIK DUŻY          | POL  | M14  | 9      | M 182 |          | 01:42:57.15 | 01:43:20.95 | 9:21   | 6.4  |
| 311  | BIESZCZ ROBERT                | 5020 |                              | TRZYDNIK DUŻY          | POL  | M40  | 54     | M 183 |          | 01:42:57.55 | 01:43:21.60 | 9:21   | 6.4  |
| 312  | BIEL AGNIESZKA                | 5018 |                              | KATOWICE               | POL  | K40  | 38     | K 129 |          | 01:43:30.75 | 01:43:38.75 | 9:24   | 6.4  |
| 313  | ZACHAREK EWELINA              | 5358 |                              | CHELMNO                | POL  | K40  | 39     | K 130 |          | 01:43:36.30 | 01:43:48.90 | 9:25   | 6.4  |
| 314  | FILEWSKA IZABELA              | 5072 | HEROBOX                      | ŚWIECIE                | POL  | K40  | 40     | K 131 |          | 01:43:37.55 | 01:43:49.10 | 9:25   | 6.4  |
| 315  | PEKAŁSKA ANNA                 | 5234 |                              | NIEPORĘT               | POL  | K40  | 41     | K 132 | 00:00:30 | 01:43:29.85 | 01:43:58.45 | 9:21   | 6.4  |
| 316  | BURZ JOWITA                   | 5037 |                              | RZESZÓW                | POL  | K40  | 42     | K 133 |          | 01:43:58.40 | 01:44:16.70 | 9:27   | 6.3  |
| 317  | ZATORSKI JERZY                | 5362 |                              | ŁÓDŹ                   | POL  | M60  | 10     | M 184 | 00:00:30 | 01:44:24.00 | 01:44:33.00 | 9:26   | 6.4  |
| 318  | CZYŻEWSKA-MAŁŻ EWELINA        | 5051 |                              | WARSZAWA               | POL  | K30  | 54     | K 134 |          | 01:44:55.75 | 01:45:20.35 | 9:32   | 6.3  |
| 319  | MAŁŻ DANIEL                   | 5187 |                              | JAKTORÓW               | POL  | M30  | 61     | M 185 |          | 01:44:55.35 | 01:45:20.40 | 9:32   | 6.3  |
| 320  | BILSKI MAREK                  | 5022 | VEGEDOG                      | WARSZAWA               | POL  | M40  | 55     | M 186 |          | 01:44:50.95 | 01:45:30.05 | 9:31   | 6.3  |
| 321  | NIZIK MAGDALENA               | 5214 | VEGEDOG                      | WARSZAWA               | POL  | K40  | 43     | K 135 |          | 01:45:06.00 | 01:45:30.10 | 9:33   | 6.3  |
| 322  | LEŚNIEWSKI TOMASZ             | 5402 |                              | ŁÓDŹ                   | POL  | M40  | 56     | M 187 |          | 01:45:05.25 | 01:45:34.45 | 9:33   | 6.3  |
| 323  | BODULSKA IZABELA              | 5025 |                              | SKARŻYSKO-KAMIENNA     | POL  | K40  | 44     | K 136 |          | 01:45:51.30 | 01:45:54.35 | 9:37   | 6.2  |
| 324  | STANKIEWICZ EWA               | 5303 |                              | KONSTANCIN-JEZIORNA    | POL  | K30  | 55     | K 137 |          | 01:45:24.50 | 01:45:58.20 | 9:35   | 6.3  |
| 325  | KRAJEWSKI RAFAŁ               | 5158 | KOTEŁ TEAM                   | ŁOCHÓW                 | POL  | M20  | 37     | M 188 | 00:00:30 | 01:45:35.80 | 01:45:59.50 | 9:33   | 6.3  |
| 326  | RADKOWSKI DARIUSZ             | 5450 |                              | BYDGOSZCZ              | POL  | M40  | 57     | M 189 |          | 01:45:47.15 | 01:46:00.00 | 9:37   | 6.2  |
| 327  | WYLĘGAŁA ANNA                 | 5357 | LAMA&SPÓŁKA                  | CZELADŹ                | POL  | K20  | 25     | K 138 |          | 01:45:41.25 | 01:46:03.80 | 9:36   | 6.2  |
| 328  | ROMANOWSKA MAGDALENA          | 5261 |                              | WARSZAWA               | POL  | K20  | 26     | K 139 |          | 01:45:59.25 | 01:46:11.75 | 9:38   | 6.2  |
| 329  | ROMANOWSKA MARTA              | 5262 |                              | WARSZAWA               | POL  | K30  | 56     | K 140 |          | 01:45:59.20 | 01:46:12.00 | 9:38   | 6.2  |
| 330  | LEWIŃSKA ALEKSANDRA           | 5451 |                              | BYDGOSZCZ              | POL  | K30  | 57     | K 141 | 00:00:30 | 01:46:17.85 | 01:46:30.00 | 9:37   | 6.2  |
| 331  | BĘDŹKOWSKI MAREK              | 5017 | MORSY OSTROŁĘKA              | OSTROŁĘKA              | POL  | M50  | 16     | M 190 |          | 01:46:05.25 | 01:46:32.05 | 9:38   | 6.2  |

**DYCHA NA JELENI SKOK 2019, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr   | Klub                             | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|------|----------------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 332  | SULEWSKI MACIEJ             | 5314 | BIEGAM BO LUBIĘ OSTROŁĘKA        | OSTROŁĘKA            | POL  | M40  | 58     | M 190 |          | 01:46:07.15 | 01:46:32.05 | 9:38   | 6.2  |
| 333  | SULEWSKA KASJA              | 5313 | BIEGAM BO LUBIĘ OSTROŁĘKA        | OSTROŁĘKA            | POL  | K40  | 45     | K 142 |          | 01:46:06.45 | 01:46:32.35 | 9:38   | 6.2  |
| 334  | MARCINIAK MAGDALENA         | 5188 |                                  | KRAKOW               | POL  | K30  | 58     | K 143 |          | 01:46:27.65 | 01:46:33.90 | 9:40   | 6.2  |
| 335  | PAWLIK AGNIESZKA            | 5231 | CAŁA OLEŚNICA BIEGA              | OLEŚNICA             | POL  | K40  | 46     | K 144 |          | 01:46:03.65 | 01:46:35.00 | 9:38   | 6.2  |
| 336  | PODBIELSKA ANNA             | 5246 | KAJA TEAM                        | WARSZAWA             | POL  | K40  | 47     | K 145 |          | 01:46:33.75 | 01:46:44.95 | 9:41   | 6.2  |
| 337  | KALINOWSKI KRZYSZTOF        | 5125 |                                  | ŁÓDŹ                 | POL  | M30  | 62     | M 192 |          | 01:47:00.65 | 01:47:38.70 | 9:43   | 6.2  |
| 338  | RYZYŃSKA AGNIESZKA          | 5268 | CHEŁM BIEGA                      | CHEŁM                | POL  | K40  | 48     | K 146 |          | 01:47:26.40 | 01:47:47.85 | 9:46   | 6.1  |
| 339  | SIERECKI ZBIGNIEW           | 5408 | DZIADY OCR // PIĘKNI I BESTIE    | ZELECHÓW             | POL  | M40  | 59     | M 193 |          | 01:48:05.75 | 01:48:21.30 | 9:49   | 6.1  |
| 340  | BRATEK MAJA                 | 5435 | BIŁGORAJ BIEGA - OTK RZEŹNIK     | GLIWICE              | POL  | K14  | 4      | K 147 |          | 01:48:20.65 | 01:48:58.05 | 9:51   | 6.1  |
| 341  | KALINOWSKI JANUSZ           | 5124 |                                  | ŁÓDŹ                 | POL  | M60  | 11     | M 194 |          | 01:48:31.90 | 01:49:10.55 | 9:52   | 6.1  |
| 342  | GAŁKA ALEKSANDRA            | 5076 | KB SUKCES ŻMIGRÓD                | ŻMIGRÓD              | POL  | K40  | 49     | K 148 |          | 01:48:58.70 | 01:49:29.80 | 9:54   | 6.1  |
| 343  | GAŁKA JACEK                 | 5077 | VEGE RUNNERS / KB SUKCES ŻMIGRÓD | ŻMIGRÓD              | POL  | M40  | 60     | M 195 |          | 01:48:59.20 | 01:49:30.95 | 9:54   | 6.1  |
| 344  | MIERZWA LAURA               | 5197 |                                  | CISNA                | POL  | K20  | 27     | K 149 |          | 01:49:03.65 | 01:49:32.40 | 9:54   | 6.1  |
| 345  | POROWSKI WALDEK             | 5251 | TTT                              | WARSZAWA             | POL  | M40  | 61     | M 196 | 00:00:30 | 01:49:11.00 | 01:49:48.25 | 9:52   | 6.1  |
| 346  | PIETRZAK-POROWSKA AGNIESZKA | 5239 |                                  | WARSZAWA             | POL  | K40  | 59     | K 150 | 00:01:00 | 01:49:41.10 | 01:50:18.35 | 9:52   | 6.1  |
| 347  | MIKSZA ANETA                | 5199 |                                  | CHEŁM                | POL  | K30  | 50     | K 151 |          | 01:50:08.65 | 01:50:20.15 | 10:00  | 6    |
| 348  | SIMKO RADOSLAV              | 4960 |                                  |                      |      | M30  | 63     | M 197 |          | 01:49:50.55 | 01:50:26.10 | 9:59   | 6    |
| 349  | SMUG EWELINA                | 5299 |                                  | KAZIMIERZ BISKUPI    | POL  | K30  | 60     | K 152 |          | 01:50:33.85 | 01:50:40.15 | 10:03  | 6    |
| 350  | MIKSZA KAROL                | 5198 | CROSSFITER BOX CHEŁM             | CHEŁM                | POL  | M50  | 17     | M 198 | 00:00:30 | 01:50:38.10 | 01:50:49.95 | 10:00  | 6    |
| 351  | KANIEWSKI MICHAŁ            | 5130 | DZIKI DZIK TEAM                  | KOSOWO               | POL  | M20  | 38     | M 199 |          | 01:50:55.90 | 01:51:23.50 | 10:05  | 5.9  |
| 352  | KANIEWSKA JUSTYNA           | 5129 | DZIKI DZIK TEAM                  | KOSOWO               | POL  | K20  | 28     | K 153 |          | 01:50:56.30 | 01:51:23.55 | 10:05  | 5.9  |
| 353  | RYZYŃSKI TOMASZ             | 5269 | CHEŁM BIEGA                      | CHEŁM                | POL  | M40  | 62     | M 200 | 00:00:30 | 01:51:50.50 | 01:52:12.65 | 10:07  | 5.9  |
| 354  | MIKUŚKIEWICZ PIOTR          | 5200 | WKURW_TEAM                       | CHMIELNIK            | POL  | M30  | 64     | M 201 |          | 01:51:45.25 | 01:52:16.70 | 10:09  | 5.9  |
| 355  | KĘTRZYŃSKI RYSZARD          | 5133 | ZABIEGANI MIELEC / WKURW_TEAM    | KROSNO               | POL  | M40  | 63     | M 202 |          | 01:51:46.80 | 01:52:18.85 | 10:09  | 5.9  |
| 356  | BRODIUK NORBERT             | 5031 | NIGHT RUNNERS GLIWICE            | GLIWICE              | POL  | M40  | 64     | M 203 |          | 01:52:14.00 | 01:52:20.85 | 10:12  | 5.9  |
| 357  | SOKOŁOWSKI ARTUR            | 5300 | WKURW_TEAM                       | OTWOCK               | POL  | M40  | 65     | M 204 |          | 01:51:48.85 | 01:52:21.00 | 10:09  | 5.9  |
| 358  | GOŁĘBIEWSKA MARTA           | 5082 |                                  | WARSZAWA             | POL  | K30  | 61     | K 154 |          | 01:52:08.25 | 01:52:22.10 | 10:11  | 5.9  |
| 359  | WILK MAGDALENA              | 5348 | WKURW_TEAM                       | WARSZAWA             | POL  | K40  | 51     | K 155 |          | 01:51:49.90 | 01:52:22.15 | 10:10  | 5.9  |
| 360  | BUBICZ KRZYSZTOF            | 5034 | WKURW_TAM                        | ŚWIDNIK              | POL  | M30  | 65     | M 205 |          | 01:51:49.15 | 01:52:22.55 | 10:09  | 5.9  |
| 361  | SOŁKIEWICZ MARTA            | 5301 | WKURW_TEAM                       | KIELCE               | POL  | K40  | 52     | K 156 |          | 01:51:49.55 | 01:52:22.80 | 10:09  | 5.9  |
| 362  | SAMBORSKI BARTOSZ           | 5274 | WKURW_TEAM                       | WARSZAWA             | POL  | M40  | 66     | M 206 |          | 01:51:52.20 | 01:52:23.45 | 10:10  | 5.9  |
| 363  | SMOGORZEWSKI MICHAŁ         | 5296 | WKURW_TEAM                       | WARSZAWA             | POL  | M30  | 66     | M 207 |          | 01:51:51.95 | 01:52:24.65 | 10:10  | 5.9  |
| 364  | LAZAROWICZ PIOTR            | 5172 | WKURW_TEAM                       | KROSNO               | POL  | M30  | 67     | M 208 |          | 01:51:53.25 | 01:52:24.85 | 10:10  | 5.9  |
| 365  | BŁAŻEJEWSKA-RUPIŃSKA ANNA   | 5416 |                                  | KONSTANCIN-JEZIORNA  | POL  | K50  | 11     | K 157 |          | 01:52:23.40 | 01:52:42.55 | 10:13  | 5.9  |
| 366  | LEDWON JAKUB                | 5409 |                                  | GLIWICE              | POL  | M40  | 67     | M 209 | 00:00:30 | 01:52:15.85 | 01:52:47.70 | 10:09  | 5.9  |
| 367  | MACIEJEWSKA ANGELIKA        | 5185 | WKURW_TEAM                       | WSCHOWA              | POL  | K30  | 62     | K 158 | 00:00:30 | 01:52:19.95 | 01:52:54.50 | 10:10  | 5.9  |
| 368  | STRADZA KATARZYNA           | 5310 | ROZBIEGAMY NOWY DWÓR             | NOWY DWÓR MAZOWIECKI | POL  | K50  | 12     | K 159 |          | 01:53:03.00 | 01:53:21.20 | 10:16  | 5.8  |
| 369  | GRZESKOWIAK ANNA            | 5090 |                                  | WARSAW               | POL  | K40  | 53     | K 160 |          | 01:53:10.40 | 01:53:41.10 | 10:17  | 5.8  |
| 370  | PILECKA JOANNA              | 5241 |                                  | WARSZAWA             | POL  | K40  | 54     | K 161 |          | 01:53:11.30 | 01:53:41.85 | 10:17  | 5.8  |
| 371  | OKRASA SYLWIA               | 5219 |                                  | WARSZAWA             | POL  | K20  | 29     | K 162 |          | 01:53:29.80 | 01:53:50.15 | 10:19  | 5.8  |
| 372  | WANOWSKI ANDRZEJ            | 5343 |                                  | NOWY DWÓR MAZOWIECKI | POL  | M60  | 12     | M 210 | 00:00:30 | 01:53:32.60 | 01:53:51.15 | 10:16  | 5.8  |
| 373  | ZEMŁA DOROTA                | 5363 |                                  | GLIWICE              | POL  | K20  | 30     | K 163 | 00:00:30 | 01:53:45.10 | 01:54:21.10 | 10:17  | 5.8  |
| 374  | DASZCZYŃSKA IWONA           | 5053 |                                  | KOSOWO               | POL  | K40  | 55     | K 164 |          | 01:54:19.75 | 01:54:47.30 | 10:23  | 5.8  |
| 375  | DASZCZYŃSKI ADAM            | 5054 |                                  | KOSOWO               | POL  | M40  | 68     | M 211 |          | 01:54:20.80 | 01:54:47.45 | 10:23  | 5.8  |
| 376  | KAJEWSKI TADEUSZ            | 5122 |                                  | ŚWINOUJŚCIE          | POL  | M60  | 13     | M 212 |          | 01:54:55.00 | 01:55:17.00 | 10:26  | 5.7  |
| 377  | GUT LEOPOLD                 | 5092 | WKURW_TEAM                       | POZEZDRZE            | POL  | M20  | 39     | M 213 | 00:01:00 | 01:55:30.25 | 01:56:06.05 | 10:24  | 5.8  |
| 378  | LIMAN DOROTA                | 5175 |                                  | BIAŁYSTOK            | POL  | K40  | 56     | K 165 |          | 01:56:05.45 | 01:56:19.05 | 10:33  | 5.7  |
| 379  | CYMMER MARTA                | 5046 |                                  | OZORKÓW              | POL  | K30  | 63     | K 166 |          | 01:56:28.35 | 01:56:45.00 | 10:35  | 5.7  |
| 380  | GRINIG MIRELA               | 5087 |                                  | WODZISŁAW ŚLĄSKI     | POL  | K40  | 57     | K 167 |          | 01:56:42.60 | 01:57:10.85 | 10:36  | 5.7  |
| 381  | ROSINSKA BARBARA            | 5264 | BOLT TRZEMESZNO                  | TRZEMESZNO           | POL  | K30  | 64     | K 168 |          | 01:57:58.15 | 01:58:23.70 | 10:43  | 5.6  |
| 382  | BEDNAREK IRENA              | 5014 | BOLT TRZEMESZNO                  | TRZEMESZNO           | POL  | K50  | 13     | K 169 |          | 01:57:57.85 | 01:58:24.10 | 10:43  | 5.6  |
| 383  | ANDRZEJEWSKA ZUZANNA        | 5006 |                                  | POZNAŃ               | POL  | K20  | 31     | K 170 |          | 01:59:09.60 | 01:59:15.60 | 10:49  | 5.5  |
| 384  | NAWROCKA KAROLINA           | 5425 |                                  | LUBLIN               | POL  | K30  | 65     | K 171 | 00:00:30 | 01:59:16.00 | 01:59:50.10 | 10:47  | 5.6  |
| 385  | NAWROCKA MAŁGORZATA         | 5210 | CF Z16                           | LUBLIN               | POL  | K40  | 58     | K 172 | 00:00:30 | 01:59:17.40 | 01:59:51.70 | 10:47  | 5.6  |
| 386  | ŚCISŁY ALEKSANDRA           | 5414 |                                  | PŁAWNO               | POL  | K40  | 59     | K 173 |          | 01:59:45.15 | 02:00:13.50 | 10:53  | 5.5  |
| 387  | NOWORYTA JACEK              | 5215 | ASA TEAM BIEGIEM PO ZDROWIE      | WARSZAWA             | POL  | M60  | 14     | M 214 |          | 02:00:00.10 | 02:00:13.50 | 10:54  | 5.5  |
| 388  | PUKOCZ KATARZYNA            | 5256 |                                  | ŚWIĘTOCHŁOWICE       | POL  | K30  | 66     | K 174 |          | 01:59:44.25 | 02:00:13.65 | 10:53  | 5.5  |

**DYCHA NA JELENI SKOK 2019, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                        | M-scowość | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|-----------------------------|-----------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 389  | WOROSZYŁO AGNIESZKA | 5352 |                             | WARSZAWA  | POL  | K20  | 32     | K 175 | 00:00:30 | 02:00:15.85 | 02:00:25.75 | 10:53  | 5.5  |
| 390  | BOROWIAK PATRYCJA   | 5028 | WKURW_TEAM                  | WSCHOWA   | POL  | K30  | 67     | K 176 | 00:00:30 | 02:02:21.70 | 02:02:56.75 | 11:04  | 5.4  |
| 391  | ZWYDAK ANNA         | 5403 | WKURW_TEAM                  | KIEŁCZÓW  | POL  | K30  | 68     | K 177 |          | 02:04:54.25 | 02:05:27.75 | 11:21  | 5.3  |
| 392  | MIRSKI JERZY        | 5404 |                             | WROCŁAW   | POL  | M20  | 40     | M 215 |          | 02:04:55.05 | 02:05:28.05 | 11:21  | 5.3  |
| 393  | BOROWIK AGATA       | 5378 | CAŁA OLEŚNICA BIEGA         | OLEŚNICA  | POL  | K30  | 69     | K 178 |          | 02:10:22.35 | 02:10:30.55 | 11:51  | 5.1  |
| 394  | KAJEWSKA KATARZYNA  | 5121 |                             | ŚREM      | POL  | K40  | 60     | K 179 |          | 02:14:24.25 | 02:14:44.90 | 12:13  | 4.9  |
| 395  | KAJEWSKI RAFAŁ      | 5123 | MIGRENA TEAM                | ŚREM      | POL  | M40  | 69     | M 216 |          | 02:14:24.55 | 02:14:45.00 | 12:13  | 4.9  |
| 396  | SKOMOROWSKA MONIKA  | 5290 | TEAMZABIEGANEDNI/WKURW-TEAM | WARSZAWA  | POL  | K40  | 61     | K 180 |          | 02:14:38.80 | 02:14:56.05 | 12:14  | 4.9  |

**DYCHA NA JELENI SKOK 2019, K-OPEN**

| M-ce | Nazwisko i imię            | Nr   | Klub                         | M-scowość      | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|------------------------------|----------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | KOWALEWSKA ELŻBIETA        | 5154 | EDI TEAM ZGORZELEC           | ZGORZELEC      | POL  | K30  | 1      | K 1  |          | 00:57:32.75 | 00:57:32.75 | 5:13   | 11.5 |
| 2    | DOMISZEWSKA MARIA          | 4967 |                              | USTRZYKI DOLNE | POL  | K50  | 1      | K 2  | 00:01:00 | 00:59:14.40 | 00:59:17.40 | 5:17   | 11.3 |
| 3    | SZCZEPANIAK ANGELIKA       | 5452 | AKADEMIA BIEGANIA            |                | POL  | K30  | 2      | K 3  |          | 01:01:21.65 | 01:01:27.10 | 5:34   | 10.8 |
| 4    | ZATORSKA IZABELA           | 5411 |                              |                |      | K50  | 2      | K 4  |          | 01:01:39.40 | 01:01:42.70 | 5:36   | 10.7 |
| 5    | JELSKA ELŻBIETA            | 5115 |                              | BIĄŁYSTOK      | POL  | K30  | 3      | K 5  | 00:00:30 | 01:01:46.85 | 01:01:54.70 | 5:34   | 10.8 |
| 6    | LANGE BEATA                | 5171 | BIŁGORAJ BIEGA - OTK RZEŹNIK | BIŁGORAJ       | POL  | K40  | 1      | K 6  |          | 01:03:51.95 | 01:03:56.30 | 5:48   | 10.3 |
| 7    | PAPROCKA ULA               | 4973 |                              | KRAKÓW         | POL  | K20  | 1      | K 7  |          | 01:04:39.10 | 01:04:44.60 | 5:52   | 10.2 |
| 8    | WALEŃSKA EWA               | 5389 |                              | WROCŁAW        | POL  | K40  | 2      | K 8  |          | 01:06:30.15 | 01:06:30.15 | 6:02   | 9.9  |
| 9    | KANDEFER BEATA             | 5128 | AKTYWNAKORCZYNA.PL           | KORCZYNA       | POL  | K40  | 3      | K 9  |          | 01:07:04.75 | 01:07:07.75 | 6:05   | 9.8  |
| 10   | DOBROWOLSKA AGNIESZKA      | 5061 | HEROBOX                      | ŚWIECIE        | POL  | K40  | 4      | K 10 |          | 01:07:48.50 | 01:07:53.25 | 6:09   | 9.7  |
| 11   | RUS MARTA                  | 4971 |                              | SŁAWKÓW        | POL  | K40  | 5      | K 11 | 00:00:30 | 01:08:58.95 | 01:09:07.95 | 6:13   | 9.6  |
| 12   | WOJNAROWSKA WERONIKA       | 5351 |                              | GDYNIA         | POL  | K30  | 4      | K 12 |          | 01:09:06.25 | 01:09:16.05 | 6:17   | 9.5  |
| 13   | GUBERNIAK RENATA           | 5091 |                              | KRAKÓW         | POL  | K30  | 5      | K 13 |          | 01:09:46.75 | 01:10:05.70 | 6:20   | 9.5  |
| 14   | MELON EMILIA               | 5397 |                              | ŻYRARDÓW       | POL  | K20  | 2      | K 14 |          | 01:11:29.90 | 01:11:45.55 | 6:30   | 9.2  |
| 15   | ZEMŁA MAJA                 | 5418 |                              | WARSZAWA       | POL  | K30  | 6      | K 15 | 00:00:30 | 01:11:41.35 | 01:11:48.15 | 6:28   | 9.3  |
| 16   | URBANEK MAŁGORZATA         | 5395 |                              | BIELSKO-BIAŁA  | POL  | K40  | 6      | K 16 | 00:01:00 | 01:12:42.40 | 01:12:55.35 | 6:31   | 9.2  |
| 17   | DŁUGOSZ-STĘPNIAK AGNIESZKA | 5060 |                              | LUBLIN         | POL  | K30  | 7      | K 17 |          | 01:13:36.90 | 01:13:41.30 | 6:41   | 9    |
| 18   | SMOLARKIEWICZ DARIA        | 5297 | WIELUŃ BIEGA                 | CZARNOŻYŁY     | POL  | K20  | 3      | K 18 |          | 01:14:37.45 | 01:14:52.40 | 6:47   | 8.8  |
| 19   | RZEPKA ALEKSANDRA          | 5270 | WKURW_TEAM                   | WARSZAWA       | POL  | K20  | 4      | K 19 |          | 01:15:09.15 | 01:15:12.45 | 6:49   | 8.8  |
| 20   | KOPACKA ELIZA              | 5146 |                              | WAŁBRZYCH      | POL  | K30  | 8      | K 20 | 00:00:30 | 01:15:37.10 | 01:15:44.85 | 6:49   | 8.8  |
| 21   | WAWRZENIUK EMILIA          | 5344 |                              | WROCŁAW        | POL  | K30  | 9      | K 21 |          | 01:15:52.15 | 01:15:57.15 | 6:53   | 8.7  |
| 22   | ZAJĄC MONIKA               | 5359 | ELECTROLUX                   | KRAKÓW         | POL  | K30  | 10     | K 22 |          | 01:16:38.35 | 01:16:51.95 | 6:58   | 8.6  |
| 23   | DZIARKOWSKA EDYTA          | 5067 | #TEAMDKMS                    | CZARNE BŁOTO   | POL  | K30  | 11     | K 23 |          | 01:16:47.60 | 01:17:05.15 | 6:58   | 8.6  |
| 24   | STOLARCZYK JOANNA          | 5309 | BIEGAM BO LUBIĘ OSTROŁĘKA    | OSTROŁĘKA      | POL  | K40  | 7      | K 24 |          | 01:16:56.50 | 01:17:10.65 | 6:59   | 8.6  |
| 25   | DĘBOWSKA KATARZYNA         | 5057 |                              | SZCZECIN       | POL  | K30  | 12     | K 25 |          | 01:17:26.75 | 01:17:34.15 | 7:02   | 8.5  |
| 26   | WAŁĘGA-ROSTEK MAŁGORZATA   | 5342 |                              | KOSZYCE WIEKIE | POL  | K40  | 8      | K 26 |          | 01:17:32.95 | 01:17:40.65 | 7:03   | 8.5  |
| 27   | SZOPINSKA JUSTYNA          | 5323 |                              | SEROCK         | POL  | K30  | 13     | K 27 | 00:00:30 | 01:17:42.50 | 01:18:03.65 | 7:01   | 8.5  |
| 28   | DROSIO KLAUDIA             | 5065 | KASZANKI                     | WARSZAWA       | POL  | K30  | 14     | K 28 |          | 01:18:40.60 | 01:18:49.90 | 7:09   | 8.4  |
| 29   | MILCZAREK MAGDALENA        | 5202 | DRUŻYNA ORZECHA ŻYRARDÓW     | ŻYRARDÓW       | POL  | K30  | 15     | K 29 |          | 01:19:06.25 | 01:19:22.90 | 7:11   | 8.3  |
| 30   | JAŻOWNIK SYLWIA            | 5114 |                              | WRZEŚNIA       | POL  | K40  | 9      | K 30 | 00:00:30 | 01:19:44.35 | 01:19:50.85 | 7:12   | 8.3  |
| 31   | CIEPLA MAGDA               | 5045 |                              | WILCZYN        | POL  | K20  | 5      | K 31 | 00:00:30 | 01:19:45.20 | 01:19:54.85 | 7:12   | 8.3  |
| 32   | JĘDRZEJOWSKA - DEC ANNA    | 4962 |                              |                |      | K40  | 10     | K 32 |          | 01:20:47.95 | 01:20:47.95 | 7:20   | 8.2  |
| 33   | KŁODZIŃSKA BARBARA         | 5137 | ULTRAMEKI                    | TARNÓW         | POL  | K40  | 11     | K 33 |          | 01:20:50.85 | 01:20:59.10 | 7:21   | 8.2  |
| 34   | DŁUGOSZ KASIA              | 5059 | STAY INSANE                  | LUBLIN         | POL  | K30  | 16     | K 34 |          | 01:20:58.50 | 01:21:02.65 | 7:21   | 8.2  |
| 35   | GRUSZECKA ANNA             | 5089 |                              | RYBARZOWICE    | POL  | K40  | 12     | K 35 |          | 01:21:04.10 | 01:21:09.35 | 7:22   | 8.1  |
| 36   | SUCHOWIECKA SABINA         | 5312 |                              | POLAŃCZYK      | POL  | K20  | 6      | K 36 |          | 01:21:20.20 | 01:21:41.55 | 7:23   | 8.1  |
| 37   | WOJNAROWSKA MARCELINA      | 5350 |                              | GDYNIA         | POL  | K30  | 17     | K 37 |          | 01:21:33.05 | 01:21:43.15 | 7:24   | 8.1  |
| 38   | AMBROZIAK ANNA             | 5003 |                              | RZEKUŃ         | POL  | K20  | 7      | K 38 |          | 01:21:24.10 | 01:21:44.85 | 7:24   | 8.1  |
| 39   | KOCHAŃSKA JOANNA           | 5141 | RUN PASJA                    | SICIENKO       | POL  | K40  | 13     | K 39 |          | 01:21:53.65 | 01:22:12.00 | 7:26   | 8.1  |
| 40   | WAWRZKO KATARZYNA          | 5345 |                              | ŁÓDŹ           | POL  | K20  | 8      | K 40 |          | 01:21:50.45 | 01:22:14.55 | 7:26   | 8.1  |
| 41   | FONAŁ LUCYNA               | 5399 |                              | WROCŁAW        | POL  | K30  | 18     | K 41 |          | 01:22:25.55 | 01:22:34.40 | 7:29   | 8    |
| 42   | MACHUCKA EWELINA           | 5369 |                              |                | POL  | K30  | 19     | K 42 | 00:01:00 | 01:22:25.75 | 01:22:55.30 | 7:24   | 8.1  |
| 43   | SŁABOWSKA MONIKA           | 5292 |                              | WIELGIE        | POL  | K20  | 9      | K 43 |          | 01:22:48.70 | 01:23:04.35 | 7:31   | 8    |
| 44   | SALA MACHA IZABELA         | 5273 | ŻÓRAWSKI TEAM                | WARSZAWA       | POL  | K30  | 20     | K 44 |          | 01:23:01.20 | 01:23:23.40 | 7:32   | 8    |



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| M-ce | Nazwisko i imię           | Nr   | Klub                            | M-scowość         | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------------|------|---------------------------------|-------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 45   | ŻBIK NATALIA              | 5374 |                                 | PLEWISKA          | POL  | K20  | 10     | K 45  |          | 01:24:35.85 | 01:25:02.40 | 7:41   | 7.8  |
| 46   | KUREK MAŁGORZATA          | 4963 |                                 |                   | POL  | K30  | 21     | K 46  |          | 01:24:33.40 | 01:25:13.25 | 7:41   | 7.8  |
| 47   | MARKOWSKA KAROLINA        | 5189 | EUROPA UBEZPIECZENIA/NOA        | WROCLAW           | POL  | K30  | 22     | K 47  |          | 01:24:57.85 | 01:25:14.50 | 7:43   | 7.8  |
| 48   | HODUR KAROLINA            | 5096 |                                 | WSCHOWA           | POL  | K30  | 23     | K 48  |          | 01:25:06.85 | 01:25:27.30 | 7:44   | 7.8  |
| 49   | JASTRZĄBEK AGNIESZKA      | 4969 |                                 | ŁÓDŹ              | POL  | K30  | 24     | K 49  |          | 01:25:03.45 | 01:25:27.45 | 7:43   | 7.8  |
| 50   | WÓJCICKA JUSTYNA          | 5393 |                                 | WARSZAWA          | POL  | K30  | 25     | K 50  |          | 01:25:21.25 | 01:25:43.05 | 7:45   | 7.7  |
| 51   | JARZABSKA JUSTYNA         | 5110 |                                 | WARSZAWA          | POL  | K30  | 26     | K 51  |          | 01:25:29.00 | 01:25:52.30 | 7:46   | 7.7  |
| 52   | KUŚPIET SYLWIA            | 5169 | 6 BATALION POWIETRZNO-DESANTOWY | KNURÓW            | POL  | K20  | 11     | K 52  | 00:01:00 | 01:25:41.45 | 01:25:57.25 | 7:42   | 7.8  |
| 53   | SZAFRAŃSKA ALEKSANDRA     | 5316 | WKURW_TEAM                      | PIASTÓW           | POL  | K20  | 12     | K 53  | 00:00:30 | 01:25:25.85 | 01:26:02.65 | 7:43   | 7.8  |
| 54   | SIEDLEC KAROLINA          | 5283 | LIONS                           | PRZEWORSK         | POL  | K20  | 13     | K 54  | 00:00:30 | 01:25:54.90 | 01:26:09.10 | 7:45   | 7.7  |
| 55   | TOKARZ MAGDALENA          | 5336 | SSW TEAM KROŚNICE               | KROŚNICE          | POL  | K30  | 27     | K 55  | 00:00:30 | 01:26:06.45 | 01:26:21.25 | 7:47   | 7.7  |
| 56   | ROSIŃSKA MAGDALENA        | 5265 | BOLT TRZEMESZNO                 | TRZEMESZNO        | POL  | K30  | 28     | K 56  |          | 01:26:06.10 | 01:26:27.25 | 7:49   | 7.7  |
| 57   | CHABROS MAŁGORZATA        | 5040 | THE RUNNERS SWECIE              | ŚWIECIE           | POL  | K20  | 14     | K 57  |          | 01:26:27.50 | 01:26:37.80 | 7:51   | 7.6  |
| 58   | MASZKOWSKA ANNA           | 5191 |                                 | LUBLIN            | POL  | K40  | 14     | K 58  |          | 01:26:13.55 | 01:26:46.25 | 7:50   | 7.7  |
| 59   | ENGEL-ABULEWICZ ELŻBIETA  | 5069 | TRENING STUDIO17                | WROCLAW           | POL  | K50  | 3      | K 59  |          | 01:26:42.35 | 01:26:48.55 | 7:52   | 7.6  |
| 60   | STYKOWSKA WIOLETTA        | 5311 |                                 | WARSZAWA          | POL  | K40  | 15     | K 60  |          | 01:26:49.30 | 01:27:01.55 | 7:53   | 7.6  |
| 61   | WOŹNIAK LIDIA             | 5354 | PORMAT JEDLICZE BIEGA           | SKOŁYSZYN         | POL  | K50  | 4      | K 61  |          | 01:26:54.65 | 01:27:01.85 | 7:54   | 7.6  |
| 62   | KOTOWSKA SYLWIA           | 5150 |                                 | OLSZTYN           | POL  | K30  | 29     | K 62  |          | 01:26:43.55 | 01:27:08.65 | 7:53   | 7.6  |
| 63   | CZUBEK OLA                | 5050 | ALEKSANDRA CZUBEK IP LEGAL      | WARSZAWA          | POL  | K20  | 15     | K 63  | 00:00:30 | 01:26:29.85 | 01:27:08.95 | 7:49   | 7.7  |
| 64   | JARZĘBOWICZ MAGDALENA     | 5111 | DTR                             | TRZEBNICA         | POL  | K30  | 30     | K 64  | 00:00:30 | 01:26:53.10 | 01:27:16.10 | 7:51   | 7.6  |
| 65   | JABŁOŃSKA JUSTYNA         | 5098 | SSW TEAM KROŚNICE               | WROCLAW           | POL  | K30  | 31     | K 65  |          | 01:27:25.05 | 01:27:39.40 | 7:56   | 7.6  |
| 66   | NISZCZAK BEATA            | 5213 |                                 | LUBASZ            | POL  | K30  | 32     | K 66  |          | 01:27:52.25 | 01:27:56.85 | 7:59   | 7.5  |
| 67   | KOŁODZIEJ MAGDA           | 5145 |                                 | GRZYBOWO          | POL  | K20  | 16     | K 67  |          | 01:27:51.55 | 01:27:56.90 | 7:59   | 7.5  |
| 68   | BŁOŃSKA MARZENA           | 5024 | SPARK TEAM                      | SMOLEC            | POL  | K50  | 5      | K 68  |          | 01:27:39.60 | 01:28:00.95 | 7:58   | 7.5  |
| 69   | WEISMAN WIKTORIA          | 5347 |                                 | ŻORY              | POL  | K20  | 17     | K 69  |          | 01:27:43.70 | 01:28:02.25 | 7:58   | 7.5  |
| 70   | DARŁAK JOANNA             | 5052 |                                 | WARSZAWA          | POL  | K30  | 33     | K 70  |          | 01:27:29.70 | 01:28:03.55 | 7:57   | 7.5  |
| 71   | ZYGMUNT MONIKA            | 5371 |                                 | LEŻAJSK           | POL  | K40  | 16     | K 71  | 00:00:30 | 01:27:55.80 | 01:28:16.55 | 7:56   | 7.5  |
| 72   | KAMIŃSKA BEATA            | 5127 | MYSZKÓW BIEGA                   | MYSZKÓW           | POL  | K50  | 6      | K 72  |          | 01:28:10.85 | 01:28:17.35 | 8:01   | 7.5  |
| 73   | SANDOMIERSKA KARINA       | 5276 |                                 | WARSZAWA          | POL  | K40  | 17     | K 73  |          | 01:28:27.60 | 01:28:38.25 | 8:02   | 7.5  |
| 74   | MAZUR MAGDALENA           | 5196 | HEROBOX                         | ŚWIECIE           | POL  | K40  | 18     | K 74  |          | 01:28:34.95 | 01:28:46.35 | 8:03   | 7.5  |
| 75   | WAŚOWICZ MARTYNA          | 5346 |                                 | ZALASEWO          | POL  | K20  | 18     | K 75  |          | 01:28:41.80 | 01:28:47.60 | 8:03   | 7.4  |
| 76   | JAGODZIŃSKA JUSTYNA       | 5100 | BOLT TRZEMESZNO                 | TRZEMESZNO        | POL  | K20  | 19     | K 76  |          | 01:28:38.40 | 01:29:04.30 | 8:03   | 7.4  |
| 77   | KIELIŃSKA KAMILA          | 5134 | BOLSZEWO                        | BOLSZEWO          | POL  | K30  | 34     | K 77  | 00:00:30 | 01:28:59.65 | 01:29:10.85 | 8:02   | 7.5  |
| 78   | ZIELIŃSKA IGNASZAK IWONA  | 5368 | HEROBOX                         | ŚWIECIE           | POL  | K40  | 19     | K 78  |          | 01:29:25.00 | 01:29:35.90 | 8:07   | 7.4  |
| 79   | PIETRZAK SYLWIA           | 5238 |                                 | WARSZAWA          | POL  | K30  | 35     | K 79  |          | 01:29:39.65 | 01:29:47.35 | 8:09   | 7.4  |
| 80   | ADAMKIEWICZ DOROTA        | 5001 |                                 | TRZEMESZNO        | POL  | K30  | 36     | K 80  |          | 01:29:30.15 | 01:29:56.05 | 8:08   | 7.4  |
| 81   | LIPTAKOVA ADELKA          | 5177 | ACTIVE LIFE KOSICE              | KOSICE            | SVK  | K40  | 20     | K 81  |          | 01:30:11.40 | 01:30:24.20 | 8:12   | 7.3  |
| 82   | SZYIŃSKA ALICJA           | 5327 | NOA                             | WROCLAW           | POL  | K30  | 37     | K 82  |          | 01:30:15.30 | 01:30:31.25 | 8:12   | 7.3  |
| 83   | CYRAN MONIKA              | 5159 |                                 | WARSZAWA          | POL  | K30  | 38     | K 83  |          | 01:30:09.70 | 01:30:32.45 | 8:11   | 7.3  |
| 84   | MAĆZKA KRYSZYNA           | 5444 | EKSTREMALNE OTK NA RELAKSIE     | GLIWICE           | POL  | K60  | 1      | K 84  |          | 01:30:33.45 | 01:30:38.40 | 8:14   | 7.3  |
| 85   | SEPELAKOVA LUCIA          | 4961 |                                 |                   |      | K30  | 39     | K 85  |          | 01:30:04.85 | 01:30:39.80 | 8:11   | 7.3  |
| 86   | CHOŁUJ IWONA              | 5042 | WARIATKI I HISTRYCZKI           | GÓRA KALWARIA     | POL  | K40  | 21     | K 86  |          | 01:31:03.45 | 01:31:16.65 | 8:16   | 7.2  |
| 87   | CHOŁUJ ALEKSANDRA         | 5043 | WARIATKI I HISTRYCZKI           | GÓRA KALWARIA     | POL  | K14  | 1      | K 87  | 00:00:30 | 01:31:33.20 | 01:31:46.65 | 8:16   | 7.2  |
| 88   | TOMASZEWSKA MAGDALENA     | 5338 |                                 | WODZISŁAW ŚLĄSKI  | POL  | K40  | 22     | K 88  |          | 01:31:21.35 | 01:31:49.90 | 8:18   | 7.2  |
| 89   | OSIŃSKA SYLWIA            | 5222 |                                 | WARSZAWA          | POL  | K40  | 23     | K 89  |          | 01:31:35.90 | 01:31:54.45 | 8:19   | 7.2  |
| 90   | SEBZDA MAŁGORZATA         | 5277 | HUSARIA RACE TEAM               | BŁĘDOWA TYCZYŃSKA | POL  | K40  | 24     | K 90  |          | 01:31:52.10 | 01:31:55.60 | 8:21   | 7.2  |
| 91   | ZARZECZNA HALINA          | 5432 |                                 | SZCZECIN          | POL  | K50  | 7      | K 91  |          | 01:31:43.35 | 01:32:00.00 | 8:20   | 7.2  |
| 92   | SETA WIKTORIA             | 5281 | PADŁ NA RYJ                     | GDYNIA            | POL  | K30  | 40     | K 92  |          | 01:31:59.75 | 01:32:21.60 | 8:21   | 7.2  |
| 93   | GADAMSKA-KABATA PAULINA   | 5439 |                                 | GDAŃSK            | POL  | K30  | 41     | K 93  |          | 01:32:09.75 | 01:32:43.60 | 8:22   | 7.2  |
| 94   | NIEMCZUK-WARNECKE JUSTYNA | 5212 |                                 | WETLINA           | POL  | K30  | 42     | K 94  |          | 01:32:33.95 | 01:32:44.85 | 8:24   | 7.1  |
| 95   | ANCUKIEWICZ MAGDALENA     | 5004 |                                 | POZNAŃ            | POL  | K30  | 43     | K 95  |          | 01:33:28.55 | 01:33:35.35 | 8:29   | 7.1  |
| 96   | SITAREK IWONA             | 5288 |                                 | GRÓJEC            | POL  | K50  | 8      | K 96  |          | 01:33:23.20 | 01:33:41.05 | 8:29   | 7.1  |
| 97   | NIEGŁOS KAROLINA          | 5211 |                                 | KATOWICE          | POL  | K30  | 44     | K 97  |          | 01:33:44.45 | 01:33:54.90 | 8:31   | 7    |
| 98   | KOSZYKA WERONIKA          | 5149 | CONSTRAVIA                      | POZNAŃ            | POL  | K20  | 20     | K 98  |          | 01:33:46.45 | 01:34:07.95 | 8:31   | 7    |
| 99   | BERNAT AGNIESZKA          | 5015 |                                 | ZAMOŚĆ            | POL  | K20  | 21     | K 99  |          | 01:33:46.45 | 01:34:13.15 | 8:31   | 7    |
| 100  | STĘPIEŃ JUSTYNA           | 5305 |                                 | ŁÓDŹ              | POL  | K30  | 45     | K 100 | 00:00:30 | 01:33:46.45 | 01:34:14.10 | 8:28   | 7.1  |
| 101  | DOBRZYŃNIECKA MAGDALENA   | 5062 |                                 | CHORZÓW           | POL  | K40  | 25     | K 101 | 00:00:30 | 01:34:10.65 | 01:34:17.30 | 8:31   | 7    |

**DYCHA NA JELENI SKOK 2019, K-OPEN c.d.**

| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość              | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|------|------------------------------|------------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 102  | ŁUCJANEK JUSTYNA              | 5183 |                              | WARSZAWA               | POL  | K30  | 46     | K 102 |          | 01:34:14.20 | 01:34:26.20 | 8:34   | 7    |
| 103  | BOGUSZ EMILIA                 | 5027 |                              | WARSZAWA               | POL  | K30  | 47     | K 103 | 00:00:30 | 01:34:12.85 | 01:34:26.25 | 8:31   | 7    |
| 104  | GAJEWSKA MAGDALENA            | 5401 |                              | ŁÓDŹ                   | POL  | K40  | 26     | K 104 |          | 01:34:57.80 | 01:35:27.75 | 8:38   | 6.9  |
| 105  | PALUSZKIEWICZ KAROLINA        | 5226 | ŚREMSKI KLUB MORSÓW 'MROZIK' | ŚREM                   | POL  | K40  | 27     | K 105 |          | 01:35:27.90 | 01:35:30.35 | 8:40   | 6.9  |
| 106  | FAFARA AGNIESZKA              | 5070 |                              | ŁÓDŹ                   | POL  | K40  | 28     | K 106 |          | 01:35:12.85 | 01:35:51.20 | 8:39   | 6.9  |
| 107  | JASIŃSKA JUSTYNA              | 5113 | KOTEŁ TEAM                   | KAMIONNA               | POL  | K20  | 22     | K 107 | 00:00:30 | 01:35:54.00 | 01:36:17.45 | 8:40   | 6.9  |
| 108  | BRZEWIŃSKA MARZENA            | 5033 | BOLT TRZEMESZNO              | TRZEMESZNO             | POL  | K40  | 29     | K 108 |          | 01:36:22.95 | 01:36:47.75 | 8:45   | 6.8  |
| 109  | JEZIERSKA KARINA              | 5116 | PĘDZĄCE LASSO                | WARSZAWA               | POL  | K40  | 30     | K 109 |          | 01:37:15.35 | 01:37:44.10 | 8:50   | 6.8  |
| 110  | JAMRÓZ JOANNA                 | 5103 | JAMERKI                      | MUROWANIEC             | POL  | K40  | 31     | K 110 |          | 01:38:01.20 | 01:38:20.05 | 8:54   | 6.7  |
| 111  | MOSÓR LILLA                   | 5206 | LISY PUSTYNI                 | KLUCZE                 | POL  | K40  | 32     | K 111 |          | 01:39:03.90 | 01:39:18.95 | 9:00   | 6.7  |
| 112  | LEPIARZ BEATA                 | 5173 |                              | KRAKÓW                 | POL  | K40  | 33     | K 112 | 00:00:30 | 01:39:22.15 | 01:39:51.60 | 8:59   | 6.7  |
| 113  | ZGORZELSKA ANIA               | 5365 |                              | PŁOCK                  | POL  | K30  | 48     | K 113 |          | 01:39:42.55 | 01:39:55.65 | 9:03   | 6.6  |
| 114  | SIERPOWSKA-BARTOSIK AGNIESZKA | 5287 | VEGE RUNNERS                 | ŁÓDŹ                   | POL  | K40  | 34     | K 114 |          | 01:39:38.00 | 01:40:00.75 | 9:03   | 6.6  |
| 115  | RONDUDA MAŁGORZATA            | 5263 |                              | GDYNIA                 | POL  | K40  | 35     | K 115 |          | 01:39:28.50 | 01:40:07.25 | 9:02   | 6.6  |
| 116  | KACZYŃSKA JULIA               | 5120 |                              | WARSZAWA               | POL  | K14  | 2      | K 116 |          | 01:40:01.75 | 01:40:25.80 | 9:05   | 6.6  |
| 117  | PRZYCHODZIEŃ GABRIELA         | 5255 | MORDECZKI                    | BIAŁA PODLASKA         | POL  | K20  | 23     | K 117 |          | 01:40:24.55 | 01:40:52.40 | 9:07   | 6.6  |
| 118  | KOLAJ HANNA                   | 5143 |                              | OLSZTYN                | POL  | K30  | 49     | K 118 |          | 01:40:23.70 | 01:40:52.55 | 9:07   | 6.6  |
| 119  | SYGULA DOMINIKA               | 5406 |                              | BOCHNIA                | POL  | K30  | 50     | K 119 | 00:00:30 | 01:40:51.95 | 01:41:08.00 | 9:07   | 6.6  |
| 120  | KOWALCZYK-CHRZUSZCZ KATARZYNA | 5153 | SLOW JOGGING ŁÓDŹ            | ŁÓDŹ                   | POL  | K50  | 9      | K 120 |          | 01:41:05.05 | 01:41:27.60 | 9:11   | 6.5  |
| 121  | GASIK WIOLETTA                | 5380 | HUMAN&HUNTER RUNNERS TEAM    | OLSZTYN K. CZĘSTOCHOWY | POL  | K40  | 36     | K 121 |          | 01:41:17.45 | 01:41:31.90 | 9:12   | 6.5  |
| 122  | BAKALARZ ALEKSANDRA           | 5008 | EPOKA NOEDICA ŁÓDŹ           | ŁÓDŹ                   | POL  | K50  | 10     | K 122 |          | 01:41:21.30 | 01:41:43.35 | 9:12   | 6.5  |
| 123  | MACIEJAK LECHOWSKA KAMILA     | 5184 | WKURW_TEAM                   | WROCŁAW                | POL  | K30  | 51     | K 123 |          | 01:41:42.20 | 01:42:09.20 | 9:14   | 6.5  |
| 124  | TOCZEK KATARZYNA              | 5335 |                              | WROCŁAW                | POL  | K30  | 52     | K 124 |          | 01:41:43.20 | 01:42:10.35 | 9:14   | 6.5  |
| 125  | SZYMAŁA KAROLINA              | 5328 | #NIUŃKOWABIEGA               | KLUCZBORK              | POL  | K14  | 3      | K 125 |          | 01:42:07.10 | 01:42:26.95 | 9:17   | 6.5  |
| 126  | MONKIEWICZ-OBZUT AGATA        | 5204 |                              | LUBOŃ                  | POL  | K30  | 53     | K 126 |          | 01:42:35.15 | 01:42:56.30 | 9:19   | 6.4  |
| 127  | ŚCISŁY MALWINA                | 5413 |                              | PŁAWNO                 | POL  | K20  | 24     | K 127 |          | 01:42:44.25 | 01:43:12.40 | 9:20   | 6.4  |
| 128  | GÓRKA JOLANTA                 | 5085 |                              | SUCHA BESKIDZKA        | POL  | K40  | 37     | K 128 |          | 01:43:07.45 | 01:43:13.40 | 9:22   | 6.4  |
| 129  | BIEL AGNIESZKA                | 5018 |                              | KATOWICE               | POL  | K40  | 38     | K 129 |          | 01:43:30.75 | 01:43:38.75 | 9:24   | 6.4  |
| 130  | ZACHAREK EWELINA              | 5358 |                              | CHEŁMNO                | POL  | K40  | 39     | K 130 |          | 01:43:36.30 | 01:43:48.90 | 9:25   | 6.4  |
| 131  | FILEWSKA IZABELA              | 5072 | HEROBOX                      | ŚWIECIE                | POL  | K40  | 40     | K 131 |          | 01:43:37.55 | 01:43:49.10 | 9:25   | 6.4  |
| 132  | PEKAŁSKA ANNA                 | 5234 |                              | NIEPORĘT               | POL  | K40  | 41     | K 132 | 00:00:30 | 01:43:29.85 | 01:43:58.45 | 9:21   | 6.4  |
| 133  | BURZ JOWITA                   | 5037 |                              | RZESZÓW                | POL  | K40  | 42     | K 133 |          | 01:43:58.40 | 01:44:16.70 | 9:27   | 6.3  |
| 134  | CZYŻEWSKA-MAŁŻ EWELINA        | 5051 |                              | WARSZAWA               | POL  | K30  | 54     | K 134 |          | 01:44:55.75 | 01:45:20.35 | 9:32   | 6.3  |
| 135  | NIZIK MAGDALENA               | 5214 | VEGEDOG                      | WARSZAWA               | POL  | K40  | 43     | K 135 |          | 01:45:06.00 | 01:45:30.10 | 9:33   | 6.3  |
| 136  | BODULSKA IZABELA              | 5025 |                              | SKARŻYSKO-KAMIENNA     | POL  | K40  | 44     | K 136 |          | 01:45:51.30 | 01:45:54.35 | 9:37   | 6.2  |
| 137  | STANKIEWICZ EWA               | 5303 |                              | KONSTANCIN-JEJIORNA    | POL  | K30  | 55     | K 137 |          | 01:45:24.50 | 01:45:58.20 | 9:35   | 6.3  |
| 138  | WYLĘGAŁA ANNA                 | 5357 | LAMA&SPÓŁKA                  | CZELADŹ                | POL  | K20  | 25     | K 138 |          | 01:45:41.25 | 01:46:03.80 | 9:36   | 6.2  |
| 139  | ROMANOWSKA MAGDALENA          | 5261 |                              | WARSZAWA               | POL  | K20  | 26     | K 139 |          | 01:45:59.25 | 01:46:11.75 | 9:38   | 6.2  |
| 140  | ROMANOWSKA MARTA              | 5262 |                              | WARSZAWA               | POL  | K30  | 56     | K 140 |          | 01:45:59.20 | 01:46:12.00 | 9:38   | 6.2  |
| 141  | LEWIŃSKA ALEKSANDRA           | 5451 |                              | BYDGOSZCZ              | POL  | K30  | 57     | K 141 | 00:00:30 | 01:46:17.85 | 01:46:30.00 | 9:37   | 6.2  |
| 142  | SULEWSKA KASIA                | 5313 | BIEGAM BO LUBIĘ OSTROŁĘKA    | OSTROŁĘKA              | POL  | K40  | 45     | K 142 |          | 01:46:06.45 | 01:46:32.35 | 9:38   | 6.2  |
| 143  | MARCINIAK MAGDALENA           | 5188 |                              | KRAKOW                 | POL  | K30  | 58     | K 143 |          | 01:46:27.65 | 01:46:33.90 | 9:40   | 6.2  |
| 144  | PAWLIK AGNIESZKA              | 5231 | CAŁA OLEŚNICA BIEGA          | OLEŚNICA               | POL  | K40  | 46     | K 144 |          | 01:46:03.65 | 01:46:35.00 | 9:38   | 6.2  |
| 145  | PODBIELSKA ANNA               | 5246 | KAJA TEAM                    | WARSZAWA               | POL  | K40  | 47     | K 145 |          | 01:46:33.75 | 01:46:44.95 | 9:41   | 6.2  |
| 146  | RYŻYŃSKA AGNIESZKA            | 5268 | CHEŁM BIEGA                  | CHEŁM                  | POL  | K40  | 48     | K 146 |          | 01:47:26.40 | 01:47:47.85 | 9:46   | 6.1  |
| 147  | BRATEK MAJA                   | 5435 | BIŁGORAJ BIEGA - OTK RZEŹNIK | GLIWICE                | POL  | K14  | 4      | K 147 |          | 01:48:20.65 | 01:48:58.05 | 9:51   | 6.1  |
| 148  | GAŁKA ALEKSANDRA              | 5076 | KB SUKCES ŻMIGRÓD            | ŻMIGRÓD                | POL  | K40  | 49     | K 148 |          | 01:48:58.70 | 01:49:29.80 | 9:54   | 6.1  |
| 149  | MIERZWA LAURA                 | 5197 |                              | CISNA                  | POL  | K20  | 27     | K 149 |          | 01:49:03.65 | 01:49:32.40 | 9:54   | 6.1  |
| 150  | PIETRZAK-POROWSKA AGNIESZKA   | 5239 |                              | WARSZAWA               | POL  | K30  | 59     | K 150 | 00:01:00 | 01:49:41.10 | 01:50:18.35 | 9:52   | 6.1  |
| 151  | MIKSZA ANETA                  | 5199 |                              | CHEŁM                  | POL  | K40  | 50     | K 151 |          | 01:50:08.65 | 01:50:20.15 | 10:00  | 6    |
| 152  | SMUG EWELINA                  | 5299 |                              | KAZIMIERZ BISKUPI      | POL  | K30  | 60     | K 152 |          | 01:50:33.85 | 01:50:40.15 | 10:03  | 6    |
| 153  | KANIEWSKA JUSTYNA             | 5129 | DZIKI DZIK TEAM              | KOSOWO                 | POL  | K20  | 28     | K 153 |          | 01:50:56.30 | 01:51:23.55 | 10:05  | 5.9  |
| 154  | GOŁĘBIEWSKA MARTA             | 5082 |                              | WARSZAWA               | POL  | K30  | 61     | K 154 |          | 01:52:08.25 | 01:52:22.10 | 10:11  | 5.9  |
| 155  | WILK MAGDALENA                | 5348 | WKURW_TEAM                   | WARSZAWA               | POL  | K40  | 51     | K 155 |          | 01:51:49.90 | 01:52:22.15 | 10:10  | 5.9  |
| 156  | SOŁKIEWICZ MARTA              | 5301 | WKURW_TEAM                   | KIELCE                 | POL  | K40  | 52     | K 156 |          | 01:51:49.55 | 01:52:22.80 | 10:09  | 5.9  |
| 157  | BŁĄŻEJEWSKA-RUPIŃSKA ANNA     | 5416 |                              | KONSTANCIN-JEJIORNA    | POL  | K50  | 11     | K 157 |          | 01:52:23.40 | 01:52:42.55 | 10:13  | 5.9  |
| 158  | MACIEJEWSKA ANGELIKA          | 5185 | WKURW_TEAM                   | WSCHOWA                | POL  | K30  | 62     | K 158 | 00:00:30 | 01:52:19.95 | 01:52:54.50 | 10:10  | 5.9  |

**DYCHA NA JELENI SKOK 2019, K-OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr   | Klub                        | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|-----------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 159  | STRADZA KATARZYNA    | 5310 | ROZBIEGAMY NOWY DWÓR        | NOWY DWÓR MAZOWIECKI | POL  | K50  | 12     | K 159 |          | 01:53:03.00 | 01:53:21.20 | 10:16  | 5.8  |
| 160  | GRZESKOWIAK ANNA     | 5090 |                             | WARSZAWA             | POL  | K40  | 53     | K 160 |          | 01:53:10.40 | 01:53:41.10 | 10:17  | 5.8  |
| 161  | PILECKA JOANNA       | 5241 |                             | WARSZAWA             | POL  | K40  | 54     | K 161 |          | 01:53:11.30 | 01:53:41.85 | 10:17  | 5.8  |
| 162  | OKRASA SYLWIA        | 5219 |                             | WARSZAWA             | POL  | K20  | 29     | K 162 |          | 01:53:29.80 | 01:53:50.15 | 10:19  | 5.8  |
| 163  | ZEMŁA DOROTA         | 5363 |                             | GLIWICE              | POL  | K20  | 30     | K 163 | 00:00:30 | 01:53:45.10 | 01:54:21.10 | 10:17  | 5.8  |
| 164  | DASZCZYŃSKA IWONA    | 5053 |                             | KOSOWO               | POL  | K40  | 55     | K 164 |          | 01:54:19.75 | 01:54:47.30 | 10:23  | 5.8  |
| 165  | LIMAN DOROTA         | 5175 |                             | BIAŁYSTOK            | POL  | K40  | 56     | K 165 |          | 01:56:05.45 | 01:56:19.05 | 10:33  | 5.7  |
| 166  | CYMMER MARTA         | 5046 |                             | OZORKÓW              | POL  | K30  | 63     | K 166 |          | 01:56:28.35 | 01:56:45.00 | 10:35  | 5.7  |
| 167  | GRINIG MIRELA        | 5087 |                             | WODZISŁAW ŚLĄSKI     | POL  | K40  | 57     | K 167 |          | 01:56:42.60 | 01:57:10.85 | 10:36  | 5.7  |
| 168  | ROSINSKA BARBARA     | 5264 | BOLT TRZEMESZNO             | TRZEMESZNO           | POL  | K30  | 64     | K 168 |          | 01:57:58.15 | 01:58:23.70 | 10:43  | 5.6  |
| 169  | BEDNAREK IRENA       | 5014 | BOLT TRZEMESZNO             | TRZEMESZNO           | POL  | K50  | 13     | K 169 |          | 01:57:57.85 | 01:58:24.10 | 10:43  | 5.6  |
| 170  | ANDRZEJEWSKA ZUZANNA | 5006 |                             | POZNAŃ               | POL  | K20  | 31     | K 170 |          | 01:59:09.60 | 01:59:15.60 | 10:49  | 5.5  |
| 171  | NAWROCKA KAROLINA    | 5425 |                             | LUBLIN               | POL  | K30  | 65     | K 171 | 00:00:30 | 01:59:16.00 | 01:59:50.10 | 10:47  | 5.6  |
| 172  | NAWROCKA MAŁGORZATA  | 5210 | CF Z16                      | LUBLIN               | POL  | K40  | 58     | K 172 | 00:00:30 | 01:59:17.40 | 01:59:51.70 | 10:47  | 5.6  |
| 173  | ŚCISŁY ALEKSANDRA    | 5414 |                             | PLAWNO               | POL  | K40  | 59     | K 173 |          | 01:59:45.15 | 02:00:13.50 | 10:53  | 5.5  |
| 174  | PUKOCZ KATARZYNA     | 5256 |                             | ŚWIĘTOCHŁOWICE       | POL  | K30  | 66     | K 174 |          | 01:59:44.25 | 02:00:13.65 | 10:53  | 5.5  |
| 175  | WOROSZYŁO AGNIESZKA  | 5352 |                             | WARSZAWA             | POL  | K20  | 32     | K 175 | 00:00:30 | 02:00:15.85 | 02:00:25.75 | 10:53  | 5.5  |
| 176  | BOROWIAK PATRYCJA    | 5028 | WKURW_TEAM                  | WSCHOWA              | POL  | K30  | 67     | K 176 | 00:00:30 | 02:02:21.70 | 02:02:56.75 | 11:04  | 5.4  |
| 177  | ZWYDAK ANNA          | 5403 | WKURW_TEAM                  | KIEŁCZÓW             | POL  | K30  | 68     | K 177 |          | 02:04:54.25 | 02:05:27.75 | 11:21  | 5.3  |
| 178  | BOROWIK AGATA        | 5378 | CAŁA OLEŚNICA BIEGA         | OLEŚNICA             | POL  | K30  | 69     | K 178 |          | 02:10:22.35 | 02:10:30.55 | 11:51  | 5.1  |
| 179  | KAJEWSKA KATARZYNA   | 5121 |                             | ŚREM                 | POL  | K40  | 60     | K 179 |          | 02:14:24.25 | 02:14:44.90 | 12:13  | 4.9  |
| 180  | SKOMOROWSKA MONIKA   | 5290 | TEAMZABIEGANEDNI/WKURW-TEAM | WARSZAWA             | POL  | K40  | 61     | K 180 |          | 02:14:38.80 | 02:14:56.05 | 12:14  | 4.9  |

**DYCHA NA JELENI SKOK 2019, M-OPEN**

| M-ce | Nazwisko i imię       | Nr   | Klub                           | M-scowość      | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|--------------------------------|----------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | GRZĄDZIEL DOMINIK     | 5447 | ATTIQ                          | KRAKÓW         | POL  | M30  | 1      | M 1  |          | 00:46:08.75 | 00:46:10.85 | 4:11   | 14.3 |
| 2    | DOMISZEWSKI IGNACY    | 4965 |                                | USTRZYKI DOLNE | POL  | M20  | 1      | M 2  | 00:01:00 | 00:50:00.25 | 00:50:01.90 | 4:27   | 13.5 |
| 3    | SZWAJA MATEUSZ        | 5376 |                                | GLIWICE        | POL  | M20  | 2      | M 3  |          | 00:51:39.65 | 00:51:42.05 | 4:41   | 12.8 |
| 4    | HUZIOR PIOTR          | 5448 | ATTIQ                          | NOWY TARG      | POL  | M40  | 1      | M 4  |          | 00:52:25.35 | 00:52:28.15 | 4:46   | 12.6 |
| 5    | CHOJNACKI WIKTOR      | 5041 |                                | LUTOWISKA      | POL  | M30  | 2      | M 5  |          | 00:55:57.00 | 00:55:59.40 | 5:05   | 11.8 |
| 6    | ZYGMUNT TOMASZ        | 5372 |                                | LEŻAJSK        | POL  | M20  | 3      | M 6  | 00:01:00 | 00:56:17.70 | 00:56:21.85 | 5:01   | 11.9 |
| 7    | ZĄBCZYŃSKI DOMINIK    | 6000 |                                |                | POL  | M40  | 2      | M 7  | 00:01:00 | 00:56:26.00 | 00:56:28.20 | 5:02   | 11.9 |
| 8    | GÓRYŃSKI RAFAŁ        | 5454 |                                | RYBNIK         | POL  | M20  | 4      | M 8  |          | 00:56:43.60 | 00:56:46.45 | 5:09   | 11.6 |
| 9    | BRENDZOWSKI ADAM      | 5030 | SOLINATEAM / RUNONLINE.PL TEAM | SOLINA         | POL  | M30  | 3      | M 9  |          | 00:57:23.80 | 00:57:25.60 | 5:13   | 11.5 |
| 10   | BOGUCKI PIOTR         | 5026 | SCHR                           | WARSZAWA       | POL  | M30  | 4      | M 10 | 00:01:00 | 00:57:29.75 | 00:57:32.45 | 5:08   | 11.7 |
| 11   | JÓŹWIAK TOMASZ        | 5417 |                                | SIERAKÓW       | POL  | M20  | 5      | M 11 |          | 00:58:41.65 | 00:58:49.35 | 5:20   | 11.2 |
| 12   | STOLARCZYK TOMASZ     | 5308 | BIEGAM BO LUBIĘ OSTROŁĘKA      | OSTROŁĘKA      | POL  | M40  | 3      | M 12 |          | 00:59:20.85 | 00:59:28.60 | 5:23   | 11.1 |
| 13   | FRAĆKOWIAK PRZEMYSŁAW | 5440 |                                | KRZYŻAKOWA     | POL  | M20  | 6      | M 13 | 00:01:00 | 01:00:55.70 | 01:01:07.50 | 5:26   | 11   |
| 14   | HACZ PAWEŁ            | 5094 |                                | KROSNO         | POL  | M30  | 5      | M 14 |          | 01:01:14.15 | 01:01:17.45 | 5:34   | 10.8 |
| 15   | KISIELEWSKI KONRAD    | 5442 |                                | KIELCE         | POL  | M40  | 4      | M 15 |          | 01:01:01.95 | 01:01:29.05 | 5:32   | 10.8 |
| 16   | BERLIŃSKI DOMINIK     | 5221 |                                |                | POL  | M40  | 5      | M 16 |          | 01:01:24.25 | 01:01:29.30 | 5:34   | 10.7 |
| 17   | CEGIEŁKO MACIEJ       | 5445 |                                |                | POL  | M14  | 1      | M 17 |          | 01:02:34.80 | 01:02:37.30 | 5:41   | 10.5 |
| 18   | KŁOSIŃSKI RAFAŁ       | 5138 | RACEFIGHTER GOSIR DĘBE WLK.    | DĘBE WIELKIE   | POL  | M40  | 6      | M 18 |          | 01:02:37.25 | 01:02:40.75 | 5:41   | 10.5 |
| 19   | SZCZEPANIAK MICHAŁ    | 5318 | RAZEM TRENUJEMY SPORT          | RĄBIEŃ         | POL  | M40  | 7      | M 19 |          | 01:02:40.45 | 01:02:45.35 | 5:41   | 10.5 |
| 20   | BRÓG WOJCIECH         | 5032 |                                | OLKUSZ         | POL  | M40  | 8      | M 20 | 00:01:00 | 01:02:45.85 | 01:02:47.75 | 5:36   | 10.7 |
| 21   | RZĘSA ŁUKASZ          | 5271 |                                | ŚWIDNICA       | POL  | M30  | 6      | M 21 |          | 01:02:46.45 | 01:02:51.15 | 5:42   | 10.5 |
| 22   | PITAS ANDRZEJ         | 4966 |                                |                | M40  | M40  | 9      | M 22 |          | 01:02:48.05 | 01:02:53.00 | 5:42   | 10.5 |
| 23   | KUNDRACIK MIROSLAV    | 4958 |                                |                | M30  | M30  | 7      | M 23 |          | 01:02:20.40 | 01:02:55.45 | 5:40   | 10.6 |
| 24   | BRZĘCZEK MICHAŁ       | 4956 | EXTREMALNE OTK                 |                | M40  | M40  | 10     | M 24 | 00:01:00 | 01:03:34.20 | 01:03:36.30 | 5:41   | 10.5 |
| 25   | DRZEWIECKI MICHAŁ     | 4976 |                                |                | POL  | M30  | 8      | M 25 |          | 01:03:53.60 | 01:04:03.10 | 5:48   | 10.3 |
| 26   | GRONIECKI MIKOŁAJ     | 5441 |                                | WARSZAWA       | POL  | M30  | 9      | M 26 | 00:01:00 | 01:04:05.20 | 01:04:12.40 | 5:44   | 10.5 |
| 27   | SMOLARKIEWICZ DAWID   | 5298 | WIELUŃ BIEGA                   | OSTRÓWEK       | POL  | M30  | 10     | M 27 |          | 01:04:13.65 | 01:04:28.15 | 5:50   | 10.3 |
| 28   | PONIEWOZIŁK IRENEUSZ  | 1498 |                                | LUBLIN         | GBR  | M40  | 11     | M 28 |          | 01:04:29.00 | 01:04:34.95 | 5:51   | 10.2 |
| 29   | KOWALCZUK PAWEŁ       | 5151 |                                | WARSZAWA       | POL  | M40  | 12     | M 29 |          | 01:04:30.50 | 01:04:48.05 | 5:51   | 10.2 |
| 30   | WILK JAKUB            | 5381 | HAPPY SCHOOL                   | NADARZYN       | POL  | M14  | 2      | M 30 |          | 01:04:52.45 | 01:04:55.00 | 5:53   | 10.2 |

**DYCHA NA JELENI SKOK 2019, M-OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr   | Klub                        | M-scowość            | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|------|-----------------------------|----------------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 31   | RONDUDA OSKAR          | 5428 |                             | GDYNIA               | POL  | M20  | 7      | M 31 | 00:01:00 | 01:05:16.30 | 01:05:33.30 | 5:50   | 10.3 |
| 32   | UBYCH MARIUSZ          | 5434 |                             | ŁÓDŹ                 | POL  | M30  | 11     | M 32 |          | 01:05:36.30 | 01:05:52.95 | 5:57   | 10.1 |
| 33   | DERYŁO MATEUSZ         | 5056 |                             | KRAKÓW               | POL  | M20  | 8      | M 33 | 00:00:30 | 01:06:06.10 | 01:06:08.50 | 5:57   | 10.1 |
| 34   | KOZIARSKI PIOTR        | 5156 | PO LINIE - PIOTR KOZIARSKI  | WARSAW               | POL  | M30  | 12     | M 34 |          | 01:06:08.00 | 01:06:30.55 | 6:00   | 10.0 |
| 35   | ZIELONKA MICHAŁ        | 5385 |                             | HABKOWCE             | POL  | M14  | 3      | M 35 |          | 01:06:30.60 | 01:06:32.85 | 6:02   | 9.9  |
| 36   | ŚWIERCZYŃSKI NORBERT   | 5331 | RACEFIGHTER GOSIR DĘBE WLK. | DĘBE WIELKIE         | POL  | M20  | 9      | M 36 | 00:01:00 | 01:06:31.30 | 01:06:33.20 | 5:57   | 10.1 |
| 37   | FOREMSKI SŁAWOMIR      | 5073 |                             | TORUN                | POL  | M50  | 1      | M 37 |          | 01:06:38.60 | 01:06:42.15 | 6:03   | 9.9  |
| 38   | HRYSZKO ROBERT         | 5097 | TRAIN FOR SKILLS            | SANOK                | POL  | M50  | 2      | M 38 |          | 01:06:38.55 | 01:06:53.90 | 6:03   | 9.9  |
| 39   | DAJBROWSKI MACIEJ      | 5055 |                             | OSTRÓW WIELKOPOLSKI  | POL  | M30  | 13     | M 39 |          | 01:07:01.95 | 01:07:01.95 | 6:05   | 9.8  |
| 40   | DACYK SYLWESTER        | 4970 | SAINT GOBAIN SQUAD          | DĄBROWA GÓRNICZA     | POL  | M40  | 13     | M 40 | 00:00:30 | 01:07:15.40 | 01:07:24.10 | 6:04   | 9.9  |
| 41   | JASNOWSKI MICHAŁ       | 5436 |                             | PIASECZNO            | POL  | M30  | 14     | M 41 |          | 01:07:25.70 | 01:07:35.20 | 6:07   | 9.8  |
| 42   | BARTKOWSKI TOBIASZ     | 5379 | BOLT TRZEMESZNO             | TRZEMESZNO           | POL  | M30  | 15     | M 42 |          | 01:07:49.80 | 01:07:53.40 | 6:10   | 9.7  |
| 43   | RONDUDA JAKUB          | 5421 |                             | GDYNIA               | POL  | M20  | 10     | M 43 | 00:00:30 | 01:08:01.60 | 01:08:16.85 | 6:08   | 9.8  |
| 44   | ZWOLIŃSKI ŁUKASZ       | 5423 | KASZUBSKA PONIEWIERKA       | GDAŃSK               | POL  | M30  | 16     | M 44 | 00:01:00 | 01:08:42.40 | 01:08:47.75 | 6:09   | 9.7  |
| 45   | ŁOBODOWSKI MARCIN      | 5182 | RACEFIGHTER GOSIR DĘBE WLK. | SIENNICA             | POL  | M30  | 17     | M 45 | 00:01:00 | 01:09:00.95 | 01:09:04.25 | 6:11   | 9.7  |
| 46   | MILCZAREK MARCIN       | 5201 | DRUŻYNA ORZECHA ŻYRARDÓW    | ŻYRARDÓW             | POL  | M30  | 18     | M 46 |          | 01:08:51.15 | 01:09:08.30 | 6:15   | 9.6  |
| 47   | SADOWSKI ANDRZEJ       | 5388 | 3TBIAŁYSTOK                 | BIAŁYSTOK            | POL  | M40  | 14     | M 47 | 00:00:30 | 01:09:06.20 | 01:09:15.50 | 6:14   | 9.6  |
| 48   | GAWLIK MARCIN          | 5155 |                             | KRAKÓW               | POL  | M40  | 15     | M 48 | 00:01:00 | 01:09:23.15 | 01:09:40.90 | 6:13   | 9.7  |
| 49   | SCHWITALLA ADRIAN      | 5007 |                             | SIECHNICE            | POL  | M40  | 16     | M 49 | 00:01:00 | 01:09:24.90 | 01:09:41.10 | 6:13   | 9.6  |
| 50   | BAKA MATEUSZ           | 5412 |                             | GRODZISK MAZOWIECKI  | POL  | M20  | 11     | M 50 |          | 01:09:15.90 | 01:09:41.25 | 6:17   | 9.5  |
| 51   | MOLSA KONRAD           | 5203 |                             | NOWY DWÓR MAZOWIECKI | POL  | M20  | 12     | M 51 |          | 01:09:16.45 | 01:09:42.15 | 6:17   | 9.5  |
| 52   | BORGOSZ ERYK           | 5446 |                             | CISNA                |      | M14  | 4      | M 52 | 00:00:30 | 01:09:43.80 | 01:09:46.20 | 6:17   | 9.5  |
| 53   | WALNIK RAFAŁ           | 5437 |                             | KRAKÓW               | POL  | M40  | 17     | M 53 |          | 01:09:47.95 | 01:10:07.30 | 6:20   | 9.5  |
| 54   | SIWIEC STANISŁAW       | 5289 |                             | RZESZÓW              | POL  | M60  | 1      | M 54 |          | 01:10:17.80 | 01:10:20.55 | 6:23   | 9.4  |
| 55   | RONDUDA JANUSZ         | 5429 |                             | GDYNIA               | POL  | M40  | 18     | M 55 | 00:00:30 | 01:10:11.55 | 01:10:27.95 | 6:20   | 9.5  |
| 56   | KUS KRZYSZTOF          | 5168 |                             | RZESZÓW              | POL  | M20  | 13     | M 56 |          | 01:10:21.45 | 01:10:33.60 | 6:23   | 9.4  |
| 57   | WOŹNIAK JANUSZ         | 5353 | PORMAT JEDLICZE BIEGA       | SKOŁYSZYN            | POL  | M50  | 3      | M 57 |          | 01:10:27.45 | 01:10:34.70 | 6:24   | 9.4  |
| 58   | ZYGMUNT PAWEŁ          | 5373 |                             | GIEDLAROWA           | POL  | M40  | 19     | M 58 | 00:00:30 | 01:10:34.15 | 01:10:39.35 | 6:22   | 9.4  |
| 59   | SZYBIAK MACIEJ         | 5326 | AGONA W&M                   | KRZYWCZA             | POL  | M14  | 5      | M 59 |          | 01:10:37.55 | 01:10:43.05 | 6:25   | 9.3  |
| 60   | WRÓBLEWSKI ŁUKASZ      | 5433 |                             | KRAKÓW               | POL  | M30  | 19     | M 60 |          | 01:10:56.30 | 01:11:12.95 | 6:26   | 9.3  |
| 61   | ŁYKO MARCIN            | 5438 |                             | WROCŁAW              | POL  | M30  | 20     | M 61 |          | 01:10:53.30 | 01:11:13.05 | 6:26   | 9.3  |
| 62   | JAGODA MATEUSZ         | 4975 |                             | SIEMIANOWICE ŚLĄSKIE | POL  | M50  | 4      | M 62 |          | 01:11:13.10 | 01:11:28.45 | 6:28   | 9.3  |
| 63   | BINIECKI JAKUB         | 5023 | EMBORDIU                    | CHORZÓW              | POL  | M14  | 6      | M 63 | 00:00:30 | 01:11:52.20 | 01:11:58.50 | 6:29   | 9.2  |
| 64   | ŁĘPA MARCIN            | 5181 |                             | DĘBICA               | POL  | M30  | 21     | M 64 |          | 01:12:06.30 | 01:12:09.75 | 6:33   | 9.2  |
| 65   | KOŁOŚOWSKI PIOTR       | 5410 |                             | WARSZAWA             | POL  | M30  | 22     | M 65 |          | 01:12:15.30 | 01:12:27.45 | 6:34   | 9.1  |
| 66   | ZAMĘTA JAKUB           | 5360 |                             | ŁAPCZYCA             | POL  | M20  | 14     | M 66 |          | 01:13:09.20 | 01:13:17.60 | 6:39   | 9    |
| 67   | SENDER ANDRZEJ         | 5278 | TRIATHLON LUBLIN TEAM       | LUBLIN               | POL  | M40  | 20     | M 67 | 00:00:30 | 01:13:18.55 | 01:13:24.55 | 6:37   | 9.1  |
| 68   | MOSÓR MARIUSZ          | 5207 | LISY PUSTYNI                | KLUCZE               | POL  | M40  | 21     | M 68 |          | 01:13:23.15 | 01:13:36.75 | 6:40   | 9    |
| 69   | SŁOWIK ADAM            | 5295 |                             | WARSZAWA             | POL  | M30  | 23     | M 69 |          | 01:13:14.90 | 01:13:38.05 | 6:39   | 9    |
| 70   | DOMISZEWSKI WOJCIECH   | 4968 |                             | USTRZYKI DOLNE       | POL  | M50  | 5      | M 70 |          | 01:14:16.80 | 01:14:22.20 | 6:45   | 8.9  |
| 71   | HEJNAR DOMINIK         | 5386 |                             |                      | POL  | M20  | 15     | M 71 |          | 01:13:58.75 | 01:14:26.65 | 6:43   | 8.9  |
| 72   | SPORNIAK KRZYSZTOF     | 5302 |                             | TARGOWISKA           | POL  | M30  | 24     | M 72 |          | 01:14:21.60 | 01:14:30.45 | 6:45   | 8.9  |
| 73   | ANDRZEJEWSKI MACIEJ    | 4964 |                             | WARSZAWA             | POL  | M30  | 25     | M 73 |          | 01:14:30.95 | 01:14:37.85 | 6:46   | 8.9  |
| 74   | BARADZIN ALIAKSANDR    | 5009 |                             | WARSZAWA             | POL  | M20  | 16     | M 74 |          | 01:14:53.05 | 01:15:02.15 | 6:48   | 8.8  |
| 75   | SANDOMIERSKI KRZYSZTOF | 4972 |                             |                      | POL  | M40  | 22     | M 75 |          | 01:14:54.00 | 01:15:04.90 | 6:48   | 8.8  |
| 76   | SERAFIN BARTŁOMIEJ     | 5279 |                             | ELBLĄG               | POL  | M30  | 26     | M 76 |          | 01:14:48.20 | 01:15:07.35 | 6:48   | 8.8  |
| 77   | MAŚLANKA MICHAŁ        | 5194 | BKS WATAHA                  | ŁOMIANKI DOLNE       | POL  | M30  | 27     | M 77 |          | 01:14:59.40 | 01:15:09.15 | 6:49   | 8.8  |
| 78   | KOWALCZYK MARIUSZ      | 5424 |                             | ŻÓŁWIN               | POL  | M40  | 23     | M 78 |          | 01:15:15.95 | 01:15:19.85 | 6:50   | 8.8  |
| 79   | KOWALCZYK ALAN         | 5152 |                             | SHIREBROOK           | GBR  | M30  | 28     | M 79 |          | 01:15:44.25 | 01:15:54.55 | 6:53   | 8.7  |
| 80   | ROLIŃSKI RADOŚLAW      | 5260 |                             | OLEŚNICA             | POL  | M40  | 24     | M 80 |          | 01:15:50.25 | 01:15:56.75 | 6:53   | 8.7  |
| 81   | GÓRA BARTOSZ           | 5083 |                             | ZAMOŚĆ               | POL  | M20  | 17     | M 81 |          | 01:15:31.75 | 01:15:58.10 | 6:52   | 8.7  |
| 82   | KUS ANDRZEJ            | 5167 |                             | RZESZÓW              | POL  | M40  | 25     | M 82 |          | 01:15:59.40 | 01:16:11.55 | 6:54   | 8.7  |
| 83   | FIRAZA ŁUKASZ          | 5383 |                             | ŁÓDŹ                 | POL  | M30  | 29     | M 83 |          | 01:15:51.50 | 01:16:12.60 | 6:53   | 8.7  |
| 84   | BIELECKI KRYSZTIAN     | 5392 |                             | CZĘSTOCHOWA          | POL  | M14  | 7      | M 84 |          | 01:16:11.05 | 01:16:25.60 | 6:55   | 8.7  |
| 85   | DRABCZYK MACIEJ        | 5063 |                             | RADOM                | POL  | M30  | 30     | M 85 |          | 01:16:21.35 | 01:16:38.50 | 6:56   | 8.6  |
| 86   | LEWANDOWSKI PRZEMYSŁAW | 5174 | 42                          | RZESZÓW              | POL  | M30  | 31     | M 86 |          | 01:16:34.35 | 01:16:45.25 | 6:57   | 8.6  |
| 87   | BARAN BARTEK           | 5010 | BOLT TRZEMESZNO             | TRZEMESZNO           | POL  | M40  | 26     | M 87 |          | 01:16:27.25 | 01:16:52.50 | 6:57   | 8.6  |

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| M-ce | Nazwisko i imię      | Nr   | Klub                             | M-scowość          | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|----------------------------------|--------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 88   | JANOWSKI TOMASZ      | 5109 | ŁĘCZNA BIEGA                     | ŁĘCZNA             | POL  | M30  | 32     | M 88  | 00:01:00 | 01:16:49.15 | 01:16:53.20 | 6:53   | 8.7  |
| 89   | ZGÓRSKI MATEUSZ      | 5366 |                                  | NIECHOBURZ         | POL  | M30  | 33     | M 89  |          | 01:16:43.10 | 01:16:53.50 | 6:58   | 8.6  |
| 90   | SOSIŃSKI TOMASZ      | 5384 |                                  | ŁÓDŹ               | POL  | M30  | 34     | M 90  | 00:00:30 | 01:16:40.80 | 01:17:01.60 | 6:55   | 8.7  |
| 91   | KRAWCZYK KAMIL       | 5453 | BIEGUSIEM.PL                     | DĘBLIN             | POL  | M20  | 18     | M 91  | 00:01:00 | 01:16:54.65 | 01:17:03.10 | 6:54   | 8.7  |
| 92   | CZEKAŁSKI MARIUSZ    | 5391 |                                  | BIAŁOBIEL          | POL  | M40  | 27     | M 92  |          | 01:17:04.55 | 01:17:11.65 | 7:00   | 8.6  |
| 93   | UJMA STANISŁAW       | 5341 | INTERAUTO                        | JAROSŁAW           | POL  | M60  | 2      | M 93  |          | 01:17:04.05 | 01:17:14.95 | 7:00   | 8.6  |
| 94   | PODWYSOCKI WOJCIECH  | 5449 |                                  | PRUSZCZ GDĄSKI     | POL  | M40  | 28     | M 94  | 00:00:30 | 01:16:57.30 | 01:17:21.60 | 6:57   | 8.6  |
| 95   | SZEWCZYK JAKUB       | 5322 |                                  | NOWY SĄCZ          | POL  | M30  | 35     | M 95  | 00:00:30 | 01:17:09.70 | 01:17:39.65 | 6:58   | 8.6  |
| 96   | SIELICKI KRZYSZTOF   | 5284 |                                  | MYSIADŁO           | POL  | M30  | 36     | M 96  | 00:01:00 | 01:17:31.30 | 01:17:49.90 | 6:57   | 8.6  |
| 97   | ŚWIĘCH ADAM          | 5332 | IDE NA MISTRZA                   | ZABIEŻKI           | POL  | M40  | 29     | M 97  | 00:00:30 | 01:17:14.05 | 01:18:02.45 | 6:58   | 8.6  |
| 98   | JAGODZIŃSKI HUBERT   | 5101 | DZIK KOMANDO                     | MOSZCZENICA        | POL  | M20  | 19     | M 98  |          | 01:18:04.50 | 01:18:09.20 | 7:05   | 8.5  |
| 99   | KUBASIEWICZ ARTUR    | 5165 |                                  | WARSZAWA           | POL  | M50  | 6      | M 99  | 00:01:00 | 01:18:13.75 | 01:18:23.65 | 7:01   | 8.5  |
| 100  | BOROWSKI PIOTR       | 5029 | IDE NA MISTRZA                   | OTWOCK             | POL  | M30  | 37     | M 100 |          | 01:17:57.70 | 01:18:47.75 | 7:05   | 8.5  |
| 101  | DUDKO MIKAŁAJ        | 5066 | JACEKBIEGA RUNNING TEAM          | WARSZAWA           | POL  | M30  | 38     | M 101 | 00:01:00 | 01:18:34.25 | 01:18:53.40 | 7:03   | 8.5  |
| 102  | PRZYBYLSKI WITEK     | 5455 |                                  | GLIWICE            | POL  | M30  | 39     | M 102 |          | 01:19:03.95 | 01:19:09.65 | 7:11   | 8.3  |
| 103  | WILK JAN             | 5382 | HAPPY SCHOOL                     | NADARZYN           | POL  | M14  | 8      | M 103 |          | 01:19:13.45 | 01:19:16.30 | 7:12   | 8.3  |
| 104  | ABULEWICZ WOJCIECH   | 5456 | TRENING STUDIO 17                | WROCLAW            | POL  | M50  | 7      | M 104 |          | 01:19:14.80 | 01:19:20.75 | 7:12   | 8.3  |
| 105  | JAMROZIK KONRAD      | 5102 |                                  | DYNÓW              | POL  | M30  | 40     | M 105 |          | 01:19:25.55 | 01:19:29.45 | 7:13   | 8.3  |
| 106  | WOLSKI KAMIL         | 4977 |                                  |                    | POL  | M30  | 41     | M 106 |          | 01:19:31.00 | 01:19:34.90 | 7:13   | 8.3  |
| 107  | POKRYWKA STEFAN      | 5387 |                                  | CISNA              | POL  | M60  | 3      | M 107 |          | 01:19:12.00 | 01:19:48.30 | 7:12   | 8.3  |
| 108  | MACIOROWSKI MICHAŁ   | 5186 |                                  | BIAŁYSTOK          | POL  | M30  | 42     | M 108 |          | 01:20:06.25 | 01:20:14.70 | 7:16   | 8.2  |
| 109  | CZARTORYJSKI JAKUB   | 5048 |                                  | WARSZAWA           | POL  | M20  | 20     | M 109 |          | 01:20:17.35 | 01:20:35.80 | 7:17   | 8.2  |
| 110  | HABRAT PAWEŁ         | 5093 |                                  | WARSZAWA           | POL  | M30  | 43     | M 110 |          | 01:20:09.90 | 01:20:37.50 | 7:17   | 8.2  |
| 111  | MAĆZKA BRONISŁAW     | 4955 |                                  |                    |      | M60  | 4      | M 111 |          | 01:20:43.60 | 01:20:48.20 | 7:20   | 8.2  |
| 112  | BARSZCZ MAREK        | 5012 | BARANOWRUN                       | WOLA BARANOWSKA    | POL  | M40  | 30     | M 112 |          | 01:20:37.80 | 01:21:02.15 | 7:19   | 8.2  |
| 113  | KUBASIEWICZ WOJCIECH | 5164 |                                  | WARSZAWA           | POL  | M20  | 21     | M 113 |          | 01:21:03.80 | 01:21:14.20 | 7:22   | 8.1  |
| 114  | SZAFRAŃSKI TOMASZ    | 5317 | WKURW_TEAM                       | WARSZAWA           | POL  | M20  | 22     | M 114 | 00:00:30 | 01:20:46.60 | 01:21:23.70 | 7:17   | 8.2  |
| 115  | ZUKOWSKI LUKASZ      | 5370 | SUUNTO RUN TEAM                  | RADOMSKO           | POL  | M20  | 23     | M 115 | 00:00:30 | 01:21:28.40 | 01:21:44.50 | 7:21   | 8.2  |
| 116  | SZUMIŃSKI PAWEŁ      | 5325 |                                  | ALEKSANDRÓW ŁÓDZKI | POL  | M40  | 31     | M 116 | 00:00:30 | 01:21:22.90 | 01:21:53.05 | 7:21   | 8.2  |
| 117  | GOLON LESZEK         | 5080 |                                  | SICIENKO           | POL  | M30  | 44     | M 117 |          | 01:21:33.90 | 01:21:54.05 | 7:24   | 8.1  |
| 118  | JANAS SZYMON         | 5104 | 3PBOT / 35BLP SANOK              | BÓBRKA             | POL  | M20  | 24     | M 118 |          | 01:21:58.05 | 01:22:06.25 | 7:27   | 8.1  |
| 119  | HERTEL MICHAŁ        | 5394 |                                  | ŁÓDŹ               | POL  | M40  | 32     | M 119 | 00:00:30 | 01:21:52.50 | 01:22:15.05 | 7:23   | 8.1  |
| 120  | KRZYMOWSKI PIOTR     | 5431 |                                  | LUBLIN             | POL  | M30  | 45     | M 120 |          | 01:22:30.75 | 01:22:44.45 | 7:30   | 8    |
| 121  | FUDALI JACEK         | 5074 | INTERAUTO                        | JAROSŁAW           | POL  | M30  | 46     | M 121 |          | 01:22:43.90 | 01:22:54.85 | 7:31   | 8    |
| 122  | KORAB GRZEGORZ       | 5147 | IDE NA MISTRZA                   | OTWOCK             | POL  | M40  | 33     | M 122 |          | 01:22:42.10 | 01:23:33.90 | 7:31   | 8    |
| 123  | ANDRASZ PAWEŁ        | 5005 | KMP ŁÓDŹ                         | PRZEMYŚL           | POL  | M20  | 25     | M 123 | 00:00:30 | 01:24:08.20 | 01:24:17.55 | 7:36   | 7.9  |
| 124  | CICHOCKI BARTLOMIEJ  | 5044 |                                  | RADOMSKO           | POL  | M20  | 26     | M 124 |          | 01:24:32.40 | 01:24:48.95 | 7:41   | 7.8  |
| 125  | DOMAŁACNY JAREK      | 4954 |                                  |                    |      | M30  | 47     | M 125 |          | 01:24:34.15 | 01:25:14.20 | 7:41   | 7.8  |
| 126  | JANOWSKI MATEUSZ     | 5108 |                                  | WROCLAW            | POL  | M30  | 48     | M 126 |          | 01:24:58.05 | 01:25:14.35 | 7:43   | 7.8  |
| 127  | SIEDLEC WIESŁAW      | 5282 | LIONS                            | PRZEWORSK          | POL  | M40  | 34     | M 127 |          | 01:25:25.10 | 01:25:39.10 | 7:45   | 7.7  |
| 128  | PLUCIENNIK KRZYSZTOF | 5377 |                                  | ŁÓDŹ               | POL  | M30  | 49     | M 128 |          | 01:25:18.95 | 01:25:45.80 | 7:45   | 7.7  |
| 129  | FIKAS KRZYSZTOF      | 5071 |                                  | MYŚLENICE          | POL  | M60  | 5      | M 129 | 00:00:30 | 01:25:43.00 | 01:25:47.35 | 7:44   | 7.7  |
| 130  | TOKARZ KRZYSZTOF     | 5337 | SSW TEAM KROŚNICE                | KROŚNICE           | POL  | M30  | 50     | M 130 |          | 01:25:36.85 | 01:25:52.00 | 7:47   | 7.7  |
| 131  | DUDEK MARCIN         | 5398 |                                  | KNURÓW             | POL  | M30  | 51     | M 131 | 00:01:00 | 01:25:41.70 | 01:25:57.45 | 7:42   | 7.8  |
| 132  | UBYCH MARCIN         | 5430 |                                  | ŁÓDŹ               | POL  | M40  | 35     | M 132 |          | 01:25:36.60 | 01:25:58.10 | 7:47   | 7.7  |
| 133  | GOLĄBOWSKI JAREK     | 5081 | BIEGACZE ŚWINOUJŚCIE/ WKURW-TEAM | ŚWINOUJŚCIE        | POL  | M50  | 8      | M 133 | 00:00:30 | 01:25:44.55 | 01:26:17.10 | 7:45   | 7.7  |
| 134  | MASZKOWSKI RAFAŁ     | 5192 |                                  | LUBLIN             | POL  | M40  | 36     | M 134 |          | 01:26:28.05 | 01:27:00.25 | 7:51   | 7.6  |
| 135  | JAGODA ADAM          | 4974 |                                  | CHORZÓW            | POL  | M50  | 9      | M 135 |          | 01:26:26.05 | 01:27:01.00 | 7:51   | 7.6  |
| 136  | BUGAŁA ROBERT        | 5035 | SOLID HOUSE LUBLIN               | LUBLIN             | POL  | M50  | 10     | M 136 |          | 01:26:33.00 | 01:27:02.85 | 7:52   | 7.6  |
| 137  | MARAS LADISLAV       | 5457 | MARAS TEAM                       |                    |      | M50  | 11     | M 137 |          | 01:26:31.00 | 01:27:05.65 | 7:51   | 7.6  |
| 138  | LOMBARSKI LUKASZ     | 5180 | SSW TEAM KROŚNICE                | KROŚNICE           | POL  | M30  | 52     | M 138 |          | 01:27:25.55 | 01:27:40.05 | 7:56   | 7.5  |
| 139  | PAWŁOWSKI KRZYSZTOF  | 5415 |                                  | NISKO              | POL  | M20  | 27     | M 139 | 00:00:30 | 01:27:33.80 | 01:27:58.60 | 7:54   | 7.6  |
| 140  | SZYM CZAK ŁUKASZ     | 5329 | SSW TEAM KROŚNICE                | MILICZ             | POL  | M30  | 53     | M 140 |          | 01:27:42.45 | 01:27:59.15 | 7:58   | 7.5  |
| 141  | WOJDA DARIUSZ        | 5349 | DZIKIE DZIKI                     | JÓZEFÓW            | POL  | M40  | 37     | M 141 |          | 01:27:40.25 | 01:28:01.10 | 7:58   | 7.5  |
| 142  | DARŁAK MAREK         | 5419 |                                  | LUBACZÓW           | POL  | M20  | 28     | M 142 |          | 01:27:28.55 | 01:28:02.15 | 7:57   | 7.5  |
| 143  | DZIEDZIŃA TOMASZ     | 5068 | MUAY RUNNING TEAM                | KRAKÓW             | POL  | M40  | 38     | M 143 | 00:01:00 | 01:27:35.10 | 01:28:07.80 | 7:52   | 7.6  |
| 144  | MAJERNIK MILAH       | 5458 |                                  |                    | SVK  | M40  | 39     | M 144 |          | 01:27:42.25 | 01:28:16.90 | 7:58   | 7.5  |

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| M-ce | Nazwisko i imię      | Nr   | Klub                             | M-scowość        | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|----------------------------------|------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 145  | POWIERŻA ADRIAN      | 5252 | KOTEŁ TEAM                       | BORZYMY          | POL  | M20  | 29     | M 145 | 00:00:30 | 01:28:00.50 | 01:28:23.55 | 7:57   | 7.5  |
| 146  | PAWŁOWSKI JACEK      | 5232 |                                  | NISKO            | POL  | M20  | 30     | M 146 | 00:00:30 | 01:28:16.90 | 01:28:41.65 | 7:58   | 7.5  |
| 147  | GUZDZIOŁ JAROSŁAW    | 5443 |                                  | SOLEC KUJAWSKI   | POL  | M40  | 40     | M 147 |          | 01:29:12.85 | 01:29:43.55 | 8:06   | 7.4  |
| 148  | TUROCZY VOJTECH      | 5339 | ACTIVE LIFE KOSICE               | KOSICE           | SVK  | M40  | 41     | M 148 |          | 01:30:11.50 | 01:30:24.00 | 8:12   | 7.3  |
| 149  | ADAMKIEWICZ ANDRZEJ  | 5400 |                                  | TRZEMESZNO       | POL  | M30  | 54     | M 149 |          | 01:30:06.05 | 01:30:32.05 | 8:11   | 7.3  |
| 150  | SWOBODA JAROSŁAW     | 5315 | NIGHT RUNNERS GLIWICE            | GLIWICE          | POL  | M40  | 42     | M 150 |          | 01:30:33.75 | 01:30:38.35 | 8:14   | 7.3  |
| 151  | GIRASEK PETER        | 4959 |                                  |                  |      | M20  | 31     | M 151 |          | 01:30:03.30 | 01:30:38.65 | 8:11   | 7.3  |
| 152  | ZAJĄC ŁUKASZ         | 5390 |                                  | GLIWICE          | POL  | M20  | 32     | M 152 | 00:00:30 | 01:31:08.50 | 01:31:15.05 | 8:14   | 7.3  |
| 153  | JABŁOŃSKI KAZIMIERZ  | 5099 |                                  | PRĄDY K/OPOLA    | POL  | M60  | 6      | M 153 | 00:00:30 | 01:31:36.90 | 01:32:13.85 | 8:17   | 7.2  |
| 154  | BURA ŁUKASZ          | 5422 |                                  | WARSZAWA         | POL  | M40  | 43     | M 154 |          | 01:32:06.60 | 01:32:23.85 | 8:22   | 7.2  |
| 155  | OLESZEK TOMASZ       | 5220 |                                  | STAŁOWA WOLA     | POL  | M30  | 55     | M 155 |          | 01:32:41.10 | 01:32:48.50 | 8:25   | 7.1  |
| 156  | JANASZ ANDRZEJ       | 5105 |                                  | BRWINÓW          | POL  | M40  | 44     | M 156 |          | 01:33:23.05 | 01:33:41.15 | 8:29   | 7.1  |
| 157  | SĘPKOWSKI GRZEGORZ   | 5161 | KASZANKI                         | WARSZAWA         | POL  | M40  | 45     | M 157 |          | 01:33:35.70 | 01:33:52.75 | 8:30   | 7.1  |
| 158  | MASZOTA BARTEK       | 5193 |                                  | GDYNIA           | POL  | M30  | 56     | M 158 | 00:00:30 | 01:33:45.85 | 01:33:56.85 | 8:28   | 7.1  |
| 159  | STEFANIUK TOMASZ     | 5304 |                                  | WARSZAWA         | POL  | M40  | 46     | M 159 |          | 01:34:06.20 | 01:34:14.75 | 8:33   | 7    |
| 160  | WÓJCIOWICZ PAWEŁ     | 5011 |                                  | KURÓW            | POL  | M40  | 47     | M 160 |          | 01:34:29.40 | 01:34:59.90 | 8:35   | 7    |
| 161  | SADOCH MARCIN        | 5272 |                                  | WARSZAWA         | POL  | M40  | 48     | M 161 |          | 01:34:43.35 | 01:35:31.95 | 8:36   | 7    |
| 162  | ULICNY PAVOL         | 4957 |                                  |                  |      | M40  | 49     | M 162 |          | 01:35:43.75 | 01:36:20.20 | 8:42   | 6.9  |
| 163  | BOJANOWSKI ALEX      | 5064 | TEAMDKMS                         | WARSZAWA         | POL  | M20  | 33     | M 163 |          | 01:36:42.95 | 01:37:00.40 | 8:47   | 6.8  |
| 164  | BIENIECKI MAREK      | 5407 |                                  | GLIWICE          | POL  | M60  | 7      | M 164 |          | 01:37:54.15 | 01:38:08.35 | 8:54   | 6.7  |
| 165  | JAROSZ GRZEGORZ      | 4370 |                                  | ŁÓDŹ             | POL  | M50  | 12     | M 165 | 00:00:30 | 01:38:23.05 | 01:38:46.50 | 8:53   | 6.7  |
| 166  | DUSRACALK MILAN      | 5459 | MARAS TEAM                       |                  |      | M50  | 13     | M 166 |          | 01:38:40.30 | 01:39:15.20 | 8:58   | 6.7  |
| 167  | KOCHAN GRZEGORZ      | 5140 |                                  | KRAKÓW           | POL  | M30  | 57     | M 167 | 00:00:30 | 01:39:21.50 | 01:39:51.50 | 8:59   | 6.7  |
| 168  | BAŁAGA MARCIN        | 5405 |                                  | KRAKÓW           | POL  | M40  | 50     | M 168 | 00:01:00 | 01:39:58.80 | 01:40:27.55 | 8:59   | 6.7  |
| 169  | KASZUBA RYSZARD      | 5132 | KLUB SPORTOWY PRESTIGE           | RZESZÓW          | POL  | M60  | 8      | M 169 |          | 01:40:32.45 | 01:40:35.45 | 9:08   | 6.6  |
| 170  | KOCHAŃSKI BARTOSZ    | 5142 |                                  | SICIENKO         | POL  | M30  | 58     | M 170 |          | 01:40:22.85 | 01:40:42.60 | 9:07   | 6.6  |
| 171  | KOLAJ KRZYSZTOF      | 5144 |                                  | WARSZAWA         | POL  | M30  | 59     | M 171 |          | 01:40:23.95 | 01:40:52.70 | 9:07   | 6.6  |
| 172  | ŻOŁNA JAKUB          | 5375 | FULFILL DREAMS TEAM PSZCZYNA     | TYCHY            | POL  | M20  | 34     | M 172 |          | 01:40:24.40 | 01:40:53.35 | 9:07   | 6.6  |
| 173  | MROZIŃSKI ANDRZEJ    | 5427 |                                  | TARNOBRZEG       | POL  | M50  | 14     | M 173 | 00:00:30 | 01:40:43.30 | 01:40:55.60 | 9:06   | 6.6  |
| 174  | BUŚ GRZEGORZ         | 5038 |                                  | WARSZAWA         | POL  | M60  | 9      | M 174 | 00:00:30 | 01:40:56.60 | 01:41:06.20 | 9:07   | 6.6  |
| 175  | SZCZEPAŃSKI MARCIN   | 5396 |                                  | ŁÓDŹ             | POL  | M40  | 51     | M 175 |          | 01:41:21.90 | 01:41:43.65 | 9:12   | 6.5  |
| 176  | TATARSKI RAFAŁ       | 5334 |                                  | PRUSZKÓW         | POL  | M20  | 35     | M 176 |          | 01:41:52.20 | 01:42:10.85 | 9:15   | 6.5  |
| 177  | OBRZUT BARTEK        | 5217 |                                  | LUBOŃ            | POL  | M30  | 60     | M 177 |          | 01:42:34.55 | 01:42:56.40 | 9:19   | 6.4  |
| 178  | PARADOWSKI PAWEŁ     | 5227 |                                  | RZESZÓW          | POL  | M50  | 15     | M 178 |          | 01:42:43.65 | 01:43:01.85 | 9:20   | 6.4  |
| 179  | JEZIOREK JOZI        | 5117 |                                  | ŁAPCZYCA         | POL  | M40  | 52     | M 179 |          | 01:42:34.70 | 01:43:05.25 | 9:19   | 6.4  |
| 180  | GÓRKA BOGUSŁAW       | 5084 |                                  | SUCHA BESKIDZKA  | POL  | M40  | 53     | M 180 |          | 01:43:07.25 | 01:43:13.20 | 9:22   | 6.4  |
| 181  | SZELA KAMIL          | 5320 |                                  | UHERCE MINERALNE | POL  | M20  | 36     | M 181 | 00:00:30 | 01:42:46.45 | 01:43:16.25 | 9:17   | 6.5  |
| 182  | BIESZCZ JAKUB        | 5021 |                                  | TRZYDNIK DUŻY    | POL  | M14  | 9      | M 182 |          | 01:42:57.15 | 01:43:20.95 | 9:21   | 6.4  |
| 183  | BIESZCZ ROBERT       | 5020 |                                  | TRZYDNIK DUŻY    | POL  | M40  | 54     | M 183 |          | 01:42:57.55 | 01:43:21.60 | 9:21   | 6.4  |
| 184  | ZATORSKI JERZY       | 5362 |                                  | ŁÓDŹ             | POL  | M60  | 10     | M 184 | 00:00:30 | 01:44:24.00 | 01:44:33.00 | 9:26   | 6.4  |
| 185  | MAŁŻ DANIEL          | 5187 |                                  | JAKTORÓW         | POL  | M30  | 61     | M 185 |          | 01:44:55.35 | 01:45:20.40 | 9:32   | 6.3  |
| 186  | BILSKI MAREK         | 5022 | VEGEDOG                          | WARSZAWA         | POL  | M40  | 55     | M 186 |          | 01:44:50.95 | 01:45:30.05 | 9:31   | 6.3  |
| 187  | LEŚNIEWSKI TOMASZ    | 5402 |                                  | ŁÓDŹ             | POL  | M40  | 56     | M 187 |          | 01:45:05.25 | 01:45:34.45 | 9:33   | 6.3  |
| 188  | KRAJEWSKI RAFAŁ      | 5158 | KOTEŁ TEAM                       | ŁOCHÓW           | POL  | M20  | 37     | M 188 | 00:00:30 | 01:45:35.80 | 01:45:59.50 | 9:33   | 6.3  |
| 189  | RADKOWSKI DARIUSZ    | 5450 |                                  | BYDGOSZCZ        | POL  | M40  | 57     | M 189 |          | 01:45:47.15 | 01:46:00.00 | 9:37   | 6.2  |
| 190  | BĘDŹKOWSKI MAREK     | 5017 | MORSY OSTROŁĘKA                  | OSTROŁĘKA        | POL  | M50  | 16     | M 190 |          | 01:46:05.25 | 01:46:32.05 | 9:38   | 6.2  |
| 191  | SULEWSKI MACIEJ      | 5314 | BIEGAM BO LUBIE OSTROŁĘKA        | OSTROŁĘKA        | POL  | M40  | 58     | M 190 |          | 01:46:07.15 | 01:46:32.05 | 9:38   | 6.2  |
| 192  | KALINOWSKI KRZYSZTOF | 5125 |                                  | ŁÓDŹ             | POL  | M30  | 62     | M 192 |          | 01:47:00.65 | 01:47:38.70 | 9:43   | 6.2  |
| 193  | SIERECKI ZBIGNIEW    | 5408 | DZIADY OCR // PIĘKNI I BESTIE    | ZELECHÓW         | POL  | M40  | 59     | M 193 |          | 01:48:05.75 | 01:48:21.30 | 9:49   | 6.1  |
| 194  | KALINOWSKI JANUSZ    | 5124 |                                  | ŁÓDŹ             | POL  | M60  | 11     | M 194 |          | 01:48:31.90 | 01:49:10.55 | 9:52   | 6.1  |
| 195  | GAŁKA JACEK          | 5077 | VEGE RUNNERS / KB SUKCES ŻMIGRÓD | ŻMIGRÓD          | POL  | M40  | 60     | M 195 |          | 01:48:59.20 | 01:49:30.95 | 9:54   | 6.1  |
| 196  | POROWSKI WALDEK      | 5251 | TTT                              | WARSZAWA         | POL  | M40  | 61     | M 196 | 00:00:30 | 01:49:11.00 | 01:49:48.25 | 9:52   | 6.1  |
| 197  | SIMKO RADOSLAV       | 4960 |                                  |                  |      | M30  | 63     | M 197 |          | 01:49:50.55 | 01:50:26.10 | 9:59   | 6    |
| 198  | MIKSZA KAROL         | 5198 | CROSSFITER BOX CHEŁM             | CHEŁM            | POL  | M50  | 17     | M 198 | 00:00:30 | 01:50:38.10 | 01:50:49.95 | 10:00  | 6    |
| 199  | KANIEWSKI MICHAŁ     | 5130 | DZIKI DZIK TEAM                  | KOSOWO           | POL  | M20  | 38     | M 199 |          | 01:50:55.90 | 01:51:23.50 | 10:05  | 5.9  |
| 200  | RYŻYŃSKI TOMASZ      | 5269 | CHEŁM BIEGA                      | CHEŁM            | POL  | M40  | 62     | M 200 | 00:00:30 | 01:51:50.50 | 01:52:12.65 | 10:07  | 5.9  |
| 201  | MIKUŚKIEWICZ PIOTR   | 5200 | WKURW_TEAM                       | CHMIELNIK        | POL  | M30  | 64     | M 201 |          | 01:51:45.25 | 01:52:16.70 | 10:09  | 5.9  |

**DYCHA NA JELENI SKOK 2019, M-OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                          | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|-------------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 202  | KĘTRZYŃSKI RYSZARD  | 5133 | ZABIEGANI MIELEC / WKURW_TEAM | KROSNO               | POL  | M40  | 63     | M 202 |          | 01:51:46.80 | 01:52:18.85 | 10:09  | 5.9  |
| 203  | BRODIUK NORBERT     | 5031 | NIGHT RUNNERS GLIWICE         | GLIWICE              | POL  | M40  | 64     | M 203 |          | 01:52:14.00 | 01:52:20.85 | 10:12  | 5.9  |
| 204  | SOKOŁOWSKI ARTUR    | 5300 | WKURW_TEAM                    | OTWOCK               | POL  | M40  | 65     | M 204 |          | 01:51:48.85 | 01:52:21.00 | 10:09  | 5.9  |
| 205  | BUBICZ KRZYSZTOF    | 5034 | WKURW_TEAM                    | ŚWIDNIK              | POL  | M30  | 65     | M 205 |          | 01:51:49.15 | 01:52:22.55 | 10:09  | 5.9  |
| 206  | SAMBORSKI BARTOSZ   | 5274 | WKURW_TEAM                    | WARSZAWA             | POL  | M40  | 66     | M 206 |          | 01:51:52.20 | 01:52:23.45 | 10:10  | 5.9  |
| 207  | SMOGORZEWSKI MICHAŁ | 5296 | WKURW_TEAM                    | WARSZAWA             | POL  | M30  | 66     | M 207 |          | 01:51:51.95 | 01:52:24.65 | 10:10  | 5.9  |
| 208  | LAZAROWICZ PIOTR    | 5172 | WKURW_TEAM                    | KROSNO               | POL  | M30  | 67     | M 208 |          | 01:51:53.25 | 01:52:24.85 | 10:10  | 5.9  |
| 209  | LEDWON JAKUB        | 5409 |                               | GLIWICE              | POL  | M40  | 67     | M 209 | 00:00:30 | 01:52:15.85 | 01:52:47.70 | 10:09  | 5.9  |
| 210  | WANOWSKI ANDRZEJ    | 5343 |                               | NOWY DWÓR MAZOWIECKI | POL  | M60  | 12     | M 210 | 00:00:30 | 01:53:32.60 | 01:53:51.15 | 10:16  | 5.8  |
| 211  | DASZCZYŃSKI ADAM    | 5054 |                               | KOSOWO               | POL  | M40  | 68     | M 211 |          | 01:54:20.80 | 01:54:47.45 | 10:23  | 5.8  |
| 212  | KAJEWSKI TADEUSZ    | 5122 |                               | ŚWINOUJŚCIE          | POL  | M60  | 13     | M 212 |          | 01:54:55.00 | 01:55:17.00 | 10:26  | 5.7  |
| 213  | GUT LEOPOLD         | 5092 | WKURW_TEAM                    | POZEZRZE             | POL  | M20  | 39     | M 213 | 00:01:00 | 01:55:30.25 | 01:56:06.05 | 10:24  | 5.8  |
| 214  | NOWORYTA JACEK      | 5215 | ASA TEAM BIEGIEM PO ZDROWIE   | WARSZAWA             | POL  | M60  | 14     | M 214 |          | 02:00:00.10 | 02:00:13.50 | 10:54  | 5.5  |
| 215  | MIRSKI JERZY        | 5404 |                               | WROCŁAW              | POL  | M20  | 40     | M 215 |          | 02:04:55.05 | 02:05:28.05 | 11:21  | 5.3  |
| 216  | KAJEWSKI RAFAŁ      | 5123 | MIGRENA TEAM                  | ŚREM                 | POL  | M40  | 69     | M 216 |          | 02:14:24.55 | 02:14:45.00 | 12:13  | 4.9  |

**DYCHA NA JELENI SKOK 2019, Pracownik lasów**

| M-ce | Nazwisko i imię   | Nr   | Klub              | M-scowość         | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------|------|-------------------|-------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | CHOJNACKI WIKTOR  | 5041 |                   | LUTOWISKA         | POL  | M30  | 2      | M 5   |          | 00:55:57.00 | 00:55:59.40 | 5:05   | 11.8 |
| 2    | SEBZDA MAŁGORZATA | 5277 | HUSARIA RACE TEAM | BŁĘDOWA TYCZYŃSKA | POL  | K40  | 24     | K 90  |          | 01:31:52.10 | 01:31:55.60 | 8:21   | 7.2  |
| 3    | KOCHAN GRZEGORZ   | 5140 |                   | KRAKÓW            | POL  | M30  | 57     | M 167 | 00:00:30 | 01:39:21.50 | 01:39:51.50 | 8:59   | 6.7  |

**DYCHA NA JELENI SKOK 2019, K14**

| M-ce | Nazwisko i imię   | Nr   | Klub                         | M-scowość     | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------|------|------------------------------|---------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | CHOŁUJ ALEKSANDRA | 5043 | WARIATKI I HISTRYCZKI        | GÓRA KALWARIA | POL  | K14  | 1      | K 87  | 00:00:30 | 01:31:33.20 | 01:31:46.65 | 8:16   | 7.2  |
| 2    | KACZYŃSKA JULIA   | 5120 |                              | WARSZAWA      | POL  | K14  | 2      | K 116 |          | 01:40:01.75 | 01:40:25.80 | 9:05   | 6.6  |
| 3    | SZYMAŁA KAROLINA  | 5328 | #NIUŃKOWABIEGA               | KLUCZBORK     | POL  | K14  | 3      | K 125 |          | 01:42:07.10 | 01:42:26.95 | 9:17   | 6.5  |
| 4    | BRATEK MAJA       | 5435 | BIŁGORAJ BIEGA - OTK RZEŹNIK | GLIWICE       | POL  | K14  | 4      | K 147 |          | 01:48:20.65 | 01:48:58.05 | 9:51   | 6.1  |

**DYCHA NA JELENI SKOK 2019, M14**

| M-ce | Nazwisko i imię   | Nr   | Klub         | M-scowość      | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------|------|--------------|----------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | CEGIEŁKO MACIEJ   | 5445 |              |                | POL  | M14  | 1      | M 17  |          | 01:02:34.80 | 01:02:37.30 | 5:41   | 10.5 |
| 2    | WILK JAKUB        | 5381 | HAPPY SCHOOL | NADARZYN       | POL  | M14  | 2      | M 30  |          | 01:04:52.45 | 01:04:55.00 | 5:53   | 10.2 |
| 3    | ZIELONKA MICHAŁ   | 5385 |              | HABKOWCE       | POL  | M14  | 3      | M 35  |          | 01:06:30.60 | 01:06:32.85 | 6:02   | 9.9  |
| 4    | BORGOSZ ERYK      | 5446 |              | CISNA          |      | M14  | 4      | M 52  | 00:00:30 | 01:09:43.80 | 01:09:46.20 | 6:17   | 9.5  |
| 5    | SZYBIAK MACIEJ    | 5326 | AGONA W&M    | KRZYWCZA       | POL  | M14  | 5      | M 59  |          | 01:10:37.55 | 01:10:43.05 | 6:25   | 9.3  |
| 6    | BINIECKI JAKUB    | 5023 | EMBORDIU     | CHORZÓW        | POL  | M14  | 6      | M 63  | 00:00:30 | 01:11:52.20 | 01:11:58.50 | 6:29   | 9.2  |
| 7    | BIELECKI KRYSZTOF | 5392 |              | CZĘSTOCHOWA    | POL  | M14  | 7      | M 84  |          | 01:16:11.05 | 01:16:25.60 | 6:55   | 8.7  |
| 8    | WILK JAN          | 5382 | HAPPY SCHOOL | NADARZYN       | POL  | M14  | 8      | M 103 |          | 01:19:13.45 | 01:19:16.30 | 7:12   | 8.3  |
| 9    | BIESZCZ JAKUB     | 5021 |              | TRZYDNIAK DUŻY | POL  | M14  | 9      | M 182 |          | 01:42:57.15 | 01:43:20.95 | 9:21   | 6.4  |

**DYCHA NA JELENI SKOK 2019, K20**

| M-ce | Nazwisko i imię     | Nr   | Klub         | M-scowość  | Kraj | Kat. | M. kat | K/M  | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|--------------|------------|------|------|--------|------|---------|-------------|-------------|--------|------|
| 1    | PAPROCKA ULA        | 4973 |              | KRAKÓW     | POL  | K20  | 1      | K 7  |         | 01:04:39.10 | 01:04:44.60 | 5:52   | 10.2 |
| 2    | MELON EMILIA        | 5397 |              | ŻYRARDÓW   | POL  | K20  | 2      | K 14 |         | 01:11:29.90 | 01:11:45.55 | 6:30   | 9.2  |
| 3    | SMOLARKIEWICZ DARIA | 5297 | WIELUŃ BIEGA | CZARNOŻYŁY | POL  | K20  | 3      | K 18 |         | 01:14:37.45 | 01:14:52.40 | 6:47   | 8.8  |
| 4    | RZEPKA ALEKSANDRA   | 5270 | WKURW_TEAM   | WARSZAWA   | POL  | K20  | 4      | K 19 |         | 01:15:09.15 | 01:15:12.45 | 6:49   | 8.8  |

**DYCHA NA JELENI SKOK 2019, K20 c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                            | M-scowość      | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|---------------------------------|----------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 5    | CIEPLA MAGDA          | 5045 |                                 | WILCZYŃ        | POL  | K20  | 5      | K 31  | 00:00:30 | 01:19:45.20 | 01:19:54.85 | 7:12   | 8.3  |
| 6    | SUCHOWIECKA SABINA    | 5312 |                                 | POLAŃCZYK      | POL  | K20  | 6      | K 36  |          | 01:21:20.20 | 01:21:41.55 | 7:23   | 8.1  |
| 7    | AMBROZIAK ANNA        | 5003 |                                 | RZEKUŃ         | POL  | K20  | 7      | K 38  |          | 01:21:24.10 | 01:21:44.85 | 7:24   | 8.1  |
| 8    | WAWRZKO KATARZYNA     | 5345 |                                 | ŁÓDŹ           | POL  | K20  | 8      | K 40  |          | 01:21:50.45 | 01:22:14.55 | 7:26   | 8.1  |
| 9    | SŁABOWSKA MONIKA      | 5292 |                                 | WIELGIE        | POL  | K20  | 9      | K 43  |          | 01:22:48.70 | 01:23:04.35 | 7:31   | 8    |
| 10   | ŻBIK NATALIA          | 5374 |                                 | PLEWISKA       | POL  | K20  | 10     | K 45  |          | 01:24:35.85 | 01:25:02.40 | 7:41   | 7.8  |
| 11   | KUŚPIET SYLWIA        | 5169 | 6 BATALION POWIETRZNO-DESANTOWY | KNURÓW         | POL  | K20  | 11     | K 52  | 00:01:00 | 01:25:41.45 | 01:25:57.25 | 7:42   | 7.8  |
| 12   | SZAFRAŃSKA ALEKSANDRA | 5316 | WKURW_TEAM                      | PIASTÓW        | POL  | K20  | 12     | K 53  | 00:00:30 | 01:25:25.85 | 01:26:02.65 | 7:43   | 7.8  |
| 13   | SIEDLEC KAROLINA      | 5283 | LIONS                           | PRZEWORSK      | POL  | K20  | 13     | K 54  | 00:00:30 | 01:25:54.90 | 01:26:09.10 | 7:45   | 7.7  |
| 14   | CHABROS MAŁGORZATA    | 5040 | THE RUNNERS ŚWECIE              | ŚWIECIE        | POL  | K20  | 14     | K 57  |          | 01:26:27.50 | 01:26:37.80 | 7:51   | 7.6  |
| 15   | CZUBEK OLA            | 5050 | ALEKSANDRA CZUBEK IP LEGAL      | WARSZAWA       | POL  | K20  | 15     | K 63  | 00:00:30 | 01:26:29.85 | 01:27:08.95 | 7:49   | 7.7  |
| 16   | KOŁODZIEJ MAGDA       | 5145 |                                 | GRZYBOWO       | POL  | K20  | 16     | K 67  |          | 01:27:51.55 | 01:27:56.90 | 7:59   | 7.5  |
| 17   | WEISMAN WIKTORIA      | 5347 |                                 | ŻORY           | POL  | K20  | 17     | K 69  |          | 01:27:43.70 | 01:28:02.25 | 7:58   | 7.5  |
| 18   | WAŚOWICZ MARTYNA      | 5346 |                                 | ZALASEWO       | POL  | K20  | 18     | K 75  |          | 01:28:41.80 | 01:28:47.60 | 8:03   | 7.4  |
| 19   | JAGODZIŃSKA JUSTYNA   | 5100 | BOLT TRZEMESZNO                 | TRZEMESZNO     | POL  | K20  | 19     | K 76  |          | 01:28:38.40 | 01:29:04.30 | 8:03   | 7.4  |
| 20   | KOSZYKA WERONIKA      | 5149 | CONSTRAVIA                      | POZNAŃ         | POL  | K20  | 20     | K 98  |          | 01:33:46.45 | 01:34:07.95 | 8:31   | 7    |
| 21   | BERNAT AGNIESZKA      | 5015 |                                 | ZAMOŚĆ         | POL  | K20  | 21     | K 99  |          | 01:33:46.45 | 01:34:13.15 | 8:31   | 7    |
| 22   | JASIŃSKA JUSTYNA      | 5113 | KOTEŁ TEAM                      | KAMIONNA       | POL  | K20  | 22     | K 107 | 00:00:30 | 01:35:54.00 | 01:36:17.45 | 8:40   | 6.9  |
| 23   | PRZYCHODZIEN GABRIELA | 5255 | MORDECZKI                       | BIAŁA PODLASKA | POL  | K20  | 23     | K 117 |          | 01:40:24.55 | 01:40:52.40 | 9:07   | 6.6  |
| 24   | ŚCISŁY MALWINA        | 5413 |                                 | PŁAWNO         | POL  | K20  | 24     | K 127 |          | 01:42:44.25 | 01:43:12.40 | 9:20   | 6.4  |
| 25   | WYLĘGAŁA ANNA         | 5357 | LAMA&SPÓŁKA                     | CZELADŹ        | POL  | K20  | 25     | K 138 |          | 01:45:41.25 | 01:46:03.80 | 9:36   | 6.2  |
| 26   | ROMANOWSKA MAGDALENA  | 5261 |                                 | WARSZAWA       | POL  | K20  | 26     | K 139 |          | 01:45:59.25 | 01:46:11.75 | 9:38   | 6.2  |
| 27   | MIERZWA LAURA         | 5197 |                                 | CISNA          | POL  | K20  | 27     | K 149 |          | 01:49:03.65 | 01:49:32.40 | 9:54   | 6.1  |
| 28   | KANIEWSKA JUSTYNA     | 5129 | DZIKI DZIK TEAM                 | KOSOWO         | POL  | K20  | 28     | K 153 |          | 01:50:56.30 | 01:51:23.55 | 10:05  | 5.9  |
| 29   | OKRASA SYLWIA         | 5219 |                                 | WARSZAWA       | POL  | K20  | 29     | K 162 |          | 01:53:29.80 | 01:53:50.15 | 10:19  | 5.8  |
| 30   | ZEMŁA DOROTA          | 5363 |                                 | GLIWICE        | POL  | K20  | 30     | K 163 | 00:00:30 | 01:53:45.10 | 01:54:21.10 | 10:17  | 5.8  |
| 31   | ANDRZEJEWSKA ZUZANNA  | 5006 |                                 | POZNAŃ         | POL  | K20  | 31     | K 170 |          | 01:59:09.60 | 01:59:15.60 | 10:49  | 5.5  |
| 32   | WOROSZYŁO AGNIESZKA   | 5352 |                                 | WARSZAWA       | POL  | K20  | 32     | K 175 | 00:00:30 | 02:00:15.85 | 02:00:25.75 | 10:53  | 5.5  |

**DYCHA NA JELENI SKOK 2019, M20**

| M-ce | Nazwisko i imię       | Nr   | Klub                        | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|-----------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | DOMISZEWSKI IGNACY    | 4965 |                             | USTRZYKI DOLNE       | POL  | M20  | 1      | M 2   | 00:01:00 | 00:50:00.25 | 00:50:01.90 | 4:27   | 13.5 |
| 2    | SZWAJA MATEUSZ        | 5376 |                             | GLIWICE              | POL  | M20  | 2      | M 3   |          | 00:51:39.65 | 00:51:42.05 | 4:41   | 12.8 |
| 3    | ZYGMUNT TOMASZ        | 5372 |                             | LEŻAJSK              | POL  | M20  | 3      | M 6   | 00:01:00 | 00:56:17.70 | 00:56:21.85 | 5:01   | 11.9 |
| 4    | GÓRYŃSKI RAFAŁ        | 5454 |                             | RYBNIK               | POL  | M20  | 4      | M 8   |          | 00:56:43.60 | 00:56:46.45 | 5:09   | 11.6 |
| 5    | JÓŹWIAK TOMASZ        | 5417 |                             | SIERAKÓW             | POL  | M20  | 5      | M 11  |          | 00:58:41.65 | 00:58:49.35 | 5:20   | 11.2 |
| 6    | FRAĆKOWIAK PRZEMYSŁAW | 5440 |                             | KRZYŻAKOWA           | POL  | M20  | 6      | M 13  | 00:01:00 | 01:00:55.70 | 01:01:07.50 | 5:26   | 11   |
| 7    | RONDUDA OSKAR         | 5428 |                             | GDYNIA               | POL  | M20  | 7      | M 31  | 00:01:00 | 01:05:16.30 | 01:05:33.30 | 5:50   | 10.3 |
| 8    | DERYŁO MATEUSZ        | 5056 |                             | KRAKÓW               | POL  | M20  | 8      | M 33  | 00:00:30 | 01:06:06.10 | 01:06:08.50 | 5:57   | 10.1 |
| 9    | ŚWIERCZYŃSKI NORBERT  | 5331 | RACEFIGHTER GOSIR DĘBE WLK. | DĘBE WIELKIE         | POL  | M20  | 9      | M 36  | 00:01:00 | 01:06:31.30 | 01:06:33.20 | 5:57   | 10.1 |
| 10   | RONDUDA JAKUB         | 5421 |                             | GDYNIA               | POL  | M20  | 10     | M 43  | 00:00:30 | 01:08:01.60 | 01:08:16.85 | 6:08   | 9.8  |
| 11   | BAKA MATEUSZ          | 5412 |                             | GRODZISK MAZOWIECKI  | POL  | M20  | 11     | M 50  |          | 01:09:15.90 | 01:09:41.25 | 6:17   | 9.5  |
| 12   | MOLSA KONRAD          | 5203 |                             | NOWY DWÓR MAZOWIECKI | POL  | M20  | 12     | M 51  |          | 01:09:16.45 | 01:09:42.15 | 6:17   | 9.5  |
| 13   | KUS KRZYSZTOF         | 5168 |                             | RZESZÓW              | POL  | M20  | 13     | M 56  |          | 01:10:21.45 | 01:10:33.60 | 6:23   | 9.4  |
| 14   | ZAMĘTA JAKUB          | 5360 |                             | ŁAPCZYCA             | POL  | M20  | 14     | M 66  |          | 01:13:09.20 | 01:13:17.60 | 6:39   | 9    |
| 15   | HEJNAR DOMINIK        | 5386 |                             |                      | POL  | M20  | 15     | M 71  |          | 01:13:58.75 | 01:14:26.65 | 6:43   | 8.9  |
| 16   | BARADZIN ALIAKSANDR   | 5009 |                             | WARSZAWA             | POL  | M20  | 16     | M 74  |          | 01:14:53.05 | 01:15:02.15 | 6:48   | 8.8  |
| 17   | GÓRA BARTOSZ          | 5083 |                             | ZAMOŚĆ               | POL  | M20  | 17     | M 81  |          | 01:15:31.75 | 01:15:58.10 | 6:52   | 8.7  |
| 18   | KRAWCZYK KAMIL        | 5453 | BIEGUSIEM.PL                | DĘBLIN               | POL  | M20  | 18     | M 91  | 00:01:00 | 01:16:54.65 | 01:17:03.10 | 6:54   | 8.7  |
| 19   | JAGODZIŃSKI HUBERT    | 5101 | DZIK KOMANDO                | MOSZCZENICA          | POL  | M20  | 19     | M 98  |          | 01:18:04.50 | 01:18:09.20 | 7:05   | 8.5  |
| 20   | CZARTORYJSKI JAKUB    | 5048 |                             | WARSZAWA             | POL  | M20  | 20     | M 109 |          | 01:20:17.35 | 01:20:35.80 | 7:17   | 8.2  |
| 21   | KUBASIEWICZ WOJCIECH  | 5164 |                             | WARSZAWA             | POL  | M20  | 21     | M 113 |          | 01:21:03.80 | 01:21:14.20 | 7:22   | 8.1  |
| 22   | SZAFRAŃSKI TOMASZ     | 5317 | WKURW_TEAM                  | WARSZAWA             | POL  | M20  | 22     | M 114 | 00:00:30 | 01:20:46.60 | 01:21:23.70 | 7:17   | 8.2  |
| 23   | ZUKOWSKI LUKASZ       | 5370 | SUUNTO RUN TEAM             | RADOMSKO             | POL  | M20  | 23     | M 115 | 00:00:30 | 01:21:28.40 | 01:21:44.50 | 7:21   | 8.2  |
| 24   | JANAS SZYMON          | 5104 | 3PBOT / 35BLP SANOK         | BÓBRKA               | POL  | M20  | 24     | M 118 |          | 01:21:58.05 | 01:22:06.25 | 7:27   | 8.1  |



**DYCHA NA JELENI SKOK 2019, M20 c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                      | M-scowość        | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|---------------------------|------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 25   | ANDRASZ PAWEŁ       | 5005 | KMP ŁÓDŹ                  | PRZEMYŚL         | POL  | M20  | 25     | M 123 | 00:00:30 | 01:24:08.20 | 01:24:17.55 | 7:36   | 7.9  |
| 26   | CICHOCKI BARTLOMIEJ | 5044 |                           | RADOMSKO         | POL  | M20  | 26     | M 124 |          | 01:24:32.40 | 01:24:48.95 | 7:41   | 7.8  |
| 27   | PAWŁOWSKI KRZYSZTOF | 5415 |                           | NISKO            | POL  | M20  | 27     | M 139 | 00:00:30 | 01:27:33.80 | 01:27:58.60 | 7:54   | 7.6  |
| 28   | DARŁAK MAREK        | 5419 |                           | LUBACZÓW         | POL  | M20  | 28     | M 142 |          | 01:27:28.55 | 01:28:02.15 | 7:57   | 7.5  |
| 29   | POWIERZA ADRIAN     | 5252 | KOTEŁ TEAM                | BORZYMY          | POL  | M20  | 29     | M 145 | 00:00:30 | 01:28:00.50 | 01:28:23.55 | 7:57   | 7.5  |
| 30   | PAWŁOWSKI JACEK     | 5232 |                           | NISKO            | POL  | M20  | 30     | M 146 | 00:00:30 | 01:28:16.90 | 01:28:41.65 | 7:58   | 7.5  |
| 31   | GIRASEK PETER       | 4959 |                           |                  |      | M20  | 31     | M 151 |          | 01:30:03.30 | 01:30:38.65 | 8:11   | 7.3  |
| 32   | ZAJĄC ŁUKASZ        | 5390 |                           | GLIWICE          | POL  | M20  | 32     | M 152 | 00:00:30 | 01:31:08.50 | 01:31:15.05 | 8:14   | 7.3  |
| 33   | BOJANOWSKI ALEX     | 5064 | TEAMDKMS                  | WARSZAWA         | POL  | M20  | 33     | M 163 |          | 01:36:42.95 | 01:37:00.40 | 8:47   | 6.8  |
| 34   | ŻOŁNA JAKUB         | 5375 | FULL DREAMS TEAM PSZCZYNA | TYCHY            | POL  | M20  | 34     | M 172 |          | 01:40:24.40 | 01:40:53.35 | 9:07   | 6.6  |
| 35   | TATARSKI RAFAŁ      | 5334 |                           | PRUSZKÓW         | POL  | M20  | 35     | M 176 |          | 01:41:52.20 | 01:42:10.85 | 9:15   | 6.5  |
| 36   | SZELA KAMIL         | 5320 |                           | UHERCE MINERALNE | POL  | M20  | 36     | M 181 | 00:00:30 | 01:42:46.45 | 01:43:16.25 | 9:17   | 6.5  |
| 37   | KRAJEWSKI RAFAŁ     | 5158 | KOTEŁ TEAM                | ŁOCHÓW           | POL  | M20  | 37     | M 188 | 00:00:30 | 01:45:35.80 | 01:45:59.50 | 9:33   | 6.3  |
| 38   | KANIEWSKI MICHAŁ    | 5130 | DZIKI DZIK TEAM           | KOSOWO           | POL  | M20  | 38     | M 199 |          | 01:50:55.90 | 01:51:23.50 | 10:05  | 5.9  |
| 39   | GUT LEOPOLD         | 5092 | WKURW_TEAM                | POZEZRZE         | POL  | M20  | 39     | M 213 | 00:01:00 | 01:55:30.25 | 01:56:06.05 | 10:24  | 5.8  |
| 40   | MIRSKI JERZY        | 5404 |                           | WROCŁAW          | POL  | M20  | 40     | M 215 |          | 02:04:55.05 | 02:05:28.05 | 11:21  | 5.3  |

**DYCHA NA JELENI SKOK 2019, K30**

| M-ce | Nazwisko i imię            | Nr   | Klub                     | M-scowość    | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|--------------------------|--------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | KOWALEWSKA ELŻBIETA        | 5154 | EDI TEAM ZGORZELEC       | ZGORZELEC    | POL  | K30  | 1      | K 1  |          | 00:57:32.75 | 00:57:32.75 | 5:13   | 11.5 |
| 2    | SZCZEPANIAK ANGELIKA       | 5452 | AKADEMIA BIEGANIA        |              | POL  | K30  | 2      | K 3  |          | 01:01:21.65 | 01:01:27.10 | 5:34   | 10.8 |
| 3    | JELSKA ELŻBIETA            | 5115 |                          | BIAŁYSTOK    | POL  | K30  | 3      | K 5  | 00:00:30 | 01:01:46.85 | 01:01:54.70 | 5:34   | 10.8 |
| 4    | WOJNAROWSKA WERONIKA       | 5351 |                          | GDYNIA       | POL  | K30  | 4      | K 12 |          | 01:09:06.25 | 01:09:16.05 | 6:17   | 9.5  |
| 5    | GUBERNIAK RENATA           | 5091 |                          | KRAKÓW       | POL  | K30  | 5      | K 13 |          | 01:09:46.75 | 01:10:05.70 | 6:20   | 9.5  |
| 6    | ZEMŁA MAJA                 | 5418 |                          | WARSZAWA     | POL  | K30  | 6      | K 15 | 00:00:30 | 01:11:41.35 | 01:11:48.15 | 6:28   | 9.3  |
| 7    | DŁUGOSZ-STĘPNIAK AGNIESZKA | 5060 |                          | LUBLIN       | POL  | K30  | 7      | K 17 |          | 01:13:36.90 | 01:13:41.30 | 6:41   | 9    |
| 8    | KOPACKA ELIZA              | 5146 |                          | WAŁBRZYCH    | POL  | K30  | 8      | K 20 | 00:00:30 | 01:15:37.10 | 01:15:44.85 | 6:49   | 8.8  |
| 9    | WAWRZENIUK EMILIA          | 5344 |                          | WROCŁAW      | POL  | K30  | 9      | K 21 |          | 01:15:52.15 | 01:15:57.15 | 6:53   | 8.7  |
| 10   | ZAJĄC MONIKA               | 5359 | ELECTROLUX               | KRAKÓW       | POL  | K30  | 10     | K 22 |          | 01:16:38.35 | 01:16:51.95 | 6:58   | 8.6  |
| 11   | DZIARKOWSKA EDYTA          | 5067 | #TEAMDKMS                | CZARNE BŁOTO | POL  | K30  | 11     | K 23 |          | 01:16:47.60 | 01:17:05.15 | 6:58   | 8.6  |
| 12   | DĘBOWSKA KATARZYNA         | 5057 |                          | SZCZECIN     | POL  | K30  | 12     | K 25 |          | 01:17:26.75 | 01:17:34.15 | 7:02   | 8.5  |
| 13   | SZOPINSKA JUSTYNA          | 5323 |                          | SEROCK       | POL  | K30  | 13     | K 27 | 00:00:30 | 01:17:42.50 | 01:18:03.65 | 7:01   | 8.5  |
| 14   | DROSIO KLAUDIA             | 5065 | KASZANKI                 | WARSZAWA     | POL  | K30  | 14     | K 28 |          | 01:18:40.60 | 01:18:49.90 | 7:09   | 8.4  |
| 15   | MILCZAREK MAGDALENA        | 5202 | DRUŻYNA ORZECHA ŻYRARDÓW | ŻYRARDÓW     | POL  | K30  | 15     | K 29 |          | 01:19:06.25 | 01:19:22.90 | 7:11   | 8.3  |
| 16   | DŁUGOSZ KASIA              | 5059 | STAY INSANE              | LUBLIN       | POL  | K30  | 16     | K 34 |          | 01:20:58.50 | 01:21:02.65 | 7:21   | 8.2  |
| 17   | WOJNAROWSKA MARCELINA      | 5350 |                          | GDYNIA       | POL  | K30  | 17     | K 37 |          | 01:21:33.05 | 01:21:43.15 | 7:24   | 8.1  |
| 18   | FONAŁ LUCYNA               | 5399 |                          | WROCŁAW      | POL  | K30  | 18     | K 41 |          | 01:22:25.55 | 01:22:34.40 | 7:29   | 8    |
| 19   | MACHUCKA EWELINA           | 5369 |                          |              | POL  | K30  | 19     | K 42 | 00:01:00 | 01:22:25.75 | 01:22:55.30 | 7:24   | 8.1  |
| 20   | SALAMACHA IZABELA          | 5273 | ŻÓRAWSKI TEAM            | WARSZAWA     | POL  | K30  | 20     | K 44 |          | 01:23:01.20 | 01:23:23.40 | 7:32   | 8    |
| 21   | KUREK MAŁGORZATA           | 4963 |                          |              | POL  | K30  | 21     | K 46 |          | 01:24:33.40 | 01:25:13.25 | 7:41   | 7.8  |
| 22   | MARKOWSKA KAROLINA         | 5189 | EUROPA UBEZPIECZENIA/NOA | WROCŁAW      | POL  | K30  | 22     | K 47 |          | 01:24:57.85 | 01:25:14.50 | 7:43   | 7.8  |
| 23   | HODUR KAROLINA             | 5096 |                          | WSCHOWA      | POL  | K30  | 23     | K 48 |          | 01:25:06.85 | 01:25:27.30 | 7:44   | 7.8  |
| 24   | JASTRZĄBEK AGNIESZKA       | 4969 |                          | ŁÓDŹ         | POL  | K30  | 24     | K 49 |          | 01:25:03.45 | 01:25:27.45 | 7:43   | 7.8  |
| 25   | WÓJCICKA JUSTYNA           | 5393 |                          | WARSZAWA     | POL  | K30  | 25     | K 50 |          | 01:25:21.25 | 01:25:43.05 | 7:45   | 7.7  |
| 26   | JARZABSKA JUSTYNA          | 5110 |                          | WARSZAWA     | POL  | K30  | 26     | K 51 |          | 01:25:29.00 | 01:25:52.30 | 7:46   | 7.7  |
| 27   | TOKARZ MAGDALENA           | 5336 | SSW TEAM KROŚNICE        | KROŚNICE     | POL  | K30  | 27     | K 55 | 00:00:30 | 01:26:06.45 | 01:26:21.25 | 7:47   | 7.7  |
| 28   | ROSIŃSKA MAGDALENA         | 5265 | BOLT TRZEMESZNO          | TRZEMESZNO   | POL  | K30  | 28     | K 56 |          | 01:26:06.10 | 01:26:27.25 | 7:49   | 7.7  |
| 29   | KOTOWSKA SYLWIA            | 5150 |                          | OLSZTYN      | POL  | K30  | 29     | K 62 |          | 01:26:43.55 | 01:27:08.65 | 7:53   | 7.6  |
| 30   | JARZĘBOWICZ MAGDALENA      | 5111 | DTR                      | TRZEBNICA    | POL  | K30  | 30     | K 64 | 00:00:30 | 01:26:53.10 | 01:27:16.10 | 7:51   | 7.6  |
| 31   | JABŁOŃSKA JUSTYNA          | 5098 | SSW TEAM KROŚNICE        | WROCŁAW      | POL  | K30  | 31     | K 65 |          | 01:27:25.05 | 01:27:39.40 | 7:56   | 7.6  |
| 32   | NISZCZAK BEATA             | 5213 |                          | LUBASZ       | POL  | K30  | 32     | K 66 |          | 01:27:52.25 | 01:27:56.85 | 7:59   | 7.5  |
| 33   | DARŁAK JOANNA              | 5052 |                          | WARSZAWA     | POL  | K30  | 33     | K 70 |          | 01:27:29.70 | 01:28:03.55 | 7:57   | 7.5  |
| 34   | KIELIŃSKA KAMILA           | 5134 |                          | BOLSZEWO     | POL  | K30  | 34     | K 77 | 00:00:30 | 01:28:59.65 | 01:29:10.85 | 8:02   | 7.5  |
| 35   | PIETRZAK SYLWIA            | 5238 |                          | WARSZAWA     | POL  | K30  | 35     | K 79 |          | 01:29:39.65 | 01:29:47.35 | 8:09   | 7.4  |
| 36   | ADAMKIEWICZ DOROTA         | 5001 |                          | TRZEMESZNO   | POL  | K30  | 36     | K 80 |          | 01:29:30.15 | 01:29:56.05 | 8:08   | 7.4  |

**DYCHA NA JELENI SKOK 2019, K30 c.d.**

| M-ce | Nazwisko i imię             | Nr   | Klub                | M-scowość           | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|------|---------------------|---------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 37   | SZYŃSKA ALICJA              | 5327 | NOA                 | WROCŁAW             | POL  | K30  | 37     | K 82  |          | 01:30:15.30 | 01:30:31.25 | 8:12   | 7.3  |
| 38   | CYRAN MONIKA                | 5159 |                     | WARSZAWA            | POL  | K30  | 38     | K 83  |          | 01:30:09.70 | 01:30:32.45 | 8:11   | 7.3  |
| 39   | SEPELAKOVA LUCIA            | 4961 |                     |                     |      | K30  | 39     | K 85  |          | 01:30:04.85 | 01:30:39.80 | 8:11   | 7.3  |
| 40   | SETA WIKTORIA               | 5281 | PADŁ NA RYJ         | GDYNIA              | POL  | K30  | 40     | K 92  |          | 01:31:59.75 | 01:32:21.60 | 8:21   | 7.2  |
| 41   | GADAMSKA-KABATA PAULINA     | 5439 |                     | GDĄSK               | POL  | K30  | 41     | K 93  |          | 01:32:09.75 | 01:32:43.60 | 8:22   | 7.2  |
| 42   | NIEMCZUK-WARNECKE JUSTYNA   | 5212 |                     | WETLINA             | POL  | K30  | 42     | K 94  |          | 01:32:33.95 | 01:32:44.85 | 8:24   | 7.1  |
| 43   | ANCUKIEWICZ MAGDALENA       | 5004 |                     | POZNAŃ              | POL  | K30  | 43     | K 95  |          | 01:33:28.55 | 01:33:35.35 | 8:29   | 7.1  |
| 44   | NIEGŁOS KAROLINA            | 5211 |                     | KATOWICE            | POL  | K30  | 44     | K 97  |          | 01:33:44.45 | 01:33:54.90 | 8:31   | 7    |
| 45   | STĘPIEŃ JUSTYNA             | 5305 |                     | ŁÓDŹ                | POL  | K30  | 45     | K 100 | 00:00:30 | 01:33:46.45 | 01:34:14.10 | 8:28   | 7.1  |
| 46   | ŁUCJANEK JUSTYNA            | 5183 |                     | WARSZAWA            | POL  | K30  | 46     | K 102 |          | 01:34:14.20 | 01:34:26.20 | 8:34   | 7    |
| 47   | BOGUSZ EMILIA               | 5027 |                     | WARSZAWA            | POL  | K30  | 47     | K 103 | 00:00:30 | 01:34:12.85 | 01:34:26.25 | 8:31   | 7    |
| 48   | ZGORZEŁSKA ANIA             | 5365 |                     | PŁOCK               | POL  | K30  | 48     | K 113 |          | 01:39:42.55 | 01:39:55.65 | 9:03   | 6.6  |
| 49   | KOLAJ HANNA                 | 5143 |                     | OLSZTYN             | POL  | K30  | 49     | K 118 |          | 01:40:23.70 | 01:40:52.55 | 9:07   | 6.6  |
| 50   | SYGUŁA DOMINIKA             | 5406 |                     | BOCHNIA             | POL  | K30  | 50     | K 119 | 00:00:30 | 01:40:51.95 | 01:41:08.00 | 9:07   | 6.6  |
| 51   | MACIEJAK LECHOWSKA KAMILA   | 5184 | WKURW_TEAM          | WROCŁAW             | POL  | K30  | 51     | K 123 |          | 01:41:42.20 | 01:42:09.20 | 9:14   | 6.5  |
| 52   | TOCZEK KATARZYNA            | 5335 |                     | WROCŁAW             | POL  | K30  | 52     | K 124 |          | 01:41:43.20 | 01:42:10.35 | 9:14   | 6.5  |
| 53   | MONKIEWICZ-OBZUT AGATA      | 5204 |                     | LUBOŃ               | POL  | K30  | 53     | K 126 |          | 01:42:35.15 | 01:42:56.30 | 9:19   | 6.4  |
| 54   | CZYŻEWSKA-MAŁŻ EWELINA      | 5051 |                     | WARSZAWA            | POL  | K30  | 54     | K 134 |          | 01:44:55.75 | 01:45:20.35 | 9:32   | 6.3  |
| 55   | STANKIEWICZ EWA             | 5303 |                     | KONSTANCIN-JEZIORNA | POL  | K30  | 55     | K 137 |          | 01:45:24.50 | 01:45:58.20 | 9:35   | 6.3  |
| 56   | ROMANOWSKA MARTA            | 5262 |                     | WARSZAWA            | POL  | K30  | 56     | K 140 |          | 01:45:59.20 | 01:46:12.00 | 9:38   | 6.2  |
| 57   | LEWIŃSKA ALEKSANDRA         | 5451 |                     | BYDGOSZCZ           | POL  | K30  | 57     | K 141 | 00:00:30 | 01:46:17.85 | 01:46:30.00 | 9:37   | 6.2  |
| 58   | MARCINIAK MAGDALENA         | 5188 |                     | KRAKOW              | POL  | K30  | 58     | K 143 |          | 01:46:27.65 | 01:46:33.90 | 9:40   | 6.2  |
| 59   | PIETRZAK-POROWSKA AGNIESZKA | 5239 |                     | WARSZAWA            | POL  | K30  | 59     | K 150 | 00:01:00 | 01:49:41.10 | 01:50:18.35 | 9:52   | 6.1  |
| 60   | SMUG EWELINA                | 5299 |                     | KAZIMIERZ BISKUPI   | POL  | K30  | 60     | K 152 |          | 01:50:33.85 | 01:50:40.15 | 10:03  | 6    |
| 61   | GOŁĘBIEWSKA MARTA           | 5082 |                     | WARSZAWA            | POL  | K30  | 61     | K 154 |          | 01:52:08.25 | 01:52:22.10 | 10:11  | 5.9  |
| 62   | MACIEJEWSKA ANGELIKA        | 5185 | WKURW_TEAM          | WSCHOWA             | POL  | K30  | 62     | K 158 | 00:00:30 | 01:52:19.95 | 01:52:54.50 | 10:10  | 5.9  |
| 63   | CYMMER MARTA                | 5046 |                     | OZORKÓW             | POL  | K30  | 63     | K 166 |          | 01:56:28.35 | 01:56:45.00 | 10:35  | 5.7  |
| 64   | ROSINSKA BARBARA            | 5264 | BOLT TRZEMESZNO     | TRZEMESZNO          | POL  | K30  | 64     | K 168 |          | 01:57:58.15 | 01:58:23.70 | 10:43  | 5.6  |
| 65   | NAWROCKA KAROLINA           | 5425 |                     | LUBLIN              | POL  | K30  | 65     | K 171 | 00:00:30 | 01:59:16.00 | 01:59:50.10 | 10:47  | 5.6  |
| 66   | PUKOCZ KATARZYNA            | 5256 |                     | ŚWIĘTOCHŁOWICE      | POL  | K30  | 66     | K 174 |          | 01:59:44.25 | 02:00:13.65 | 10:53  | 5.5  |
| 67   | BOROWIAK PATRYCJA           | 5028 | WKURW_TEAM          | WSCHOWA             | POL  | K30  | 67     | K 176 | 00:00:30 | 02:02:21.70 | 02:02:56.75 | 11:04  | 5.4  |
| 68   | ZWYDAK ANNA                 | 5403 | WKURW_TEAM          | KIEŁCZÓW            | POL  | K30  | 68     | K 177 |          | 02:04:54.25 | 02:05:27.75 | 11:21  | 5.3  |
| 69   | BOROWIK AGATA               | 5378 | CAŁA OLEŚNICA BIEGA | OLEŚNICA            | POL  | K30  | 69     | K 178 |          | 02:10:22.35 | 02:10:30.55 | 11:51  | 5.1  |

**DYCHA NA JELENI SKOK 2019, M30**

| M-ce | Nazwisko i imię     | Nr   | Klub                           | M-scowość           | Kraj | Kat. | M. kat | K/M  | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|--------------------------------|---------------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | GRZĄDZIEL DOMINIK   | 5447 | ATTIQ                          | KRAKÓW              | POL  | M30  | 1      | M 1  |          | 00:46:08.75 | 00:46:10.85 | 4:11   | 14.3 |
| 2    | CHOJNACKI WIKTOR    | 5041 |                                | LUTOWISKA           | POL  | M30  | 2      | M 5  |          | 00:55:57.00 | 00:55:59.40 | 5:05   | 11.8 |
| 3    | BRENDZOWSKI ADAM    | 5030 | SOLINATEAM / RUNONLINE.PL TEAM | SOLINA              | POL  | M30  | 3      | M 9  |          | 00:57:23.80 | 00:57:25.60 | 5:13   | 11.5 |
| 4    | BOGUCKI PIOTR       | 5026 | SCHR                           | WARSZAWA            | POL  | M30  | 4      | M 10 | 00:01:00 | 00:57:29.75 | 00:57:32.45 | 5:08   | 11.7 |
| 5    | HACZ PAWEŁ          | 5094 |                                | KROSNO              | POL  | M30  | 5      | M 14 |          | 01:01:14.15 | 01:01:17.45 | 5:34   | 10.8 |
| 6    | RZEŚA ŁUKASZ        | 5271 |                                | ŚWIDNICA            | POL  | M30  | 6      | M 21 |          | 01:02:46.45 | 01:02:51.15 | 5:42   | 10.5 |
| 7    | KUNDRACIK MIROSLAV  | 4958 |                                |                     |      | M30  | 7      | M 23 |          | 01:02:20.40 | 01:02:55.45 | 5:40   | 10.6 |
| 8    | DRZEWIECKI MICHAŁ   | 4976 |                                |                     | POL  | M30  | 8      | M 25 |          | 01:03:53.60 | 01:04:03.10 | 5:48   | 10.3 |
| 9    | GRONIECKI MIKOŁAJ   | 5441 |                                | WARSZAWA            | POL  | M30  | 9      | M 26 | 00:01:00 | 01:04:05.20 | 01:04:12.40 | 5:44   | 10.5 |
| 10   | SMOLARKIEWICZ DAWID | 5298 | WIELUŃ BIEGA                   | OSTRÓWEK            | POL  | M30  | 10     | M 27 |          | 01:04:13.65 | 01:04:28.15 | 5:50   | 10.3 |
| 11   | UBYCH MARIUSZ       | 5434 |                                | ŁÓDŹ                | POL  | M30  | 11     | M 32 |          | 01:05:36.30 | 01:05:52.95 | 5:57   | 10.1 |
| 12   | KOZIARSKI PIOTR     | 5156 | PO LINIE - PIOTR KOZIARSKI     | WARSAW              | POL  | M30  | 12     | M 34 |          | 01:06:08.00 | 01:06:30.55 | 6:00   | 10   |
| 13   | DĄBROWSKI MACIEJ    | 5055 |                                | OSTRÓW WIELKOPOLSKI | POL  | M30  | 13     | M 39 |          | 01:07:01.95 | 01:07:01.95 | 6:05   | 9.8  |
| 14   | JASNOWSKI MICHAŁ    | 5436 |                                | PIASECZNO           | POL  | M30  | 14     | M 41 |          | 01:07:25.70 | 01:07:35.20 | 6:07   | 9.8  |
| 15   | BARTKOWSKI TOBIASZ  | 5379 | BOLT TRZEMESZNO                | TRZEMESZNO          | POL  | M30  | 15     | M 42 |          | 01:07:49.80 | 01:07:53.40 | 6:10   | 9.7  |
| 16   | ZWOLIŃSKI ŁUKASZ    | 5423 | KASZUBSKA PONIEWIERKA          | GDĄSK               | POL  | M30  | 16     | M 44 | 00:01:00 | 01:08:42.40 | 01:08:47.75 | 6:09   | 9.7  |
| 17   | ŁOBODOWSKI MARCIN   | 5182 | RACEFIGHTER GOSIR DĘBE WLK.    | SIENNICA            | POL  | M30  | 17     | M 45 | 00:01:00 | 01:09:00.95 | 01:09:04.25 | 6:11   | 9.7  |
| 18   | MILCZAREK MARCIN    | 5201 | DRUŻYNA ORZECHA ŻYRARDÓW       | ŻYRARDÓW            | POL  | M30  | 18     | M 46 |          | 01:08:51.15 | 01:09:08.30 | 6:15   | 9.6  |
| 19   | WRÓBLEWSKI ŁUKASZ   | 5433 |                                | KRAKÓW              | POL  | M30  | 19     | M 60 |          | 01:10:56.30 | 01:11:12.95 | 6:26   | 9.3  |

**DYCHA NA JELENI SKOK 2019, M30 c.d.**

| M-ce | Nazwisko i imię        | Nr   | Klub                    | M-scowość      | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|------|-------------------------|----------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 20   | LYKO MARCIN            | 5438 |                         | WROCLAW        | POL  | M30  | 20     | M 61  |          | 01:10:53.30 | 01:11:13.05 | 6:26   | 9.3  |
| 21   | LEPA MARCIN            | 5181 |                         | DĘBICA         | POL  | M30  | 21     | M 64  |          | 01:12:06.30 | 01:12:09.75 | 6:33   | 9.2  |
| 22   | KOŁOSOWSKI PIOTR       | 5410 |                         | WARSZAWA       | POL  | M30  | 22     | M 65  |          | 01:12:15.30 | 01:12:27.45 | 6:34   | 9.1  |
| 23   | SŁOWIK ADAM            | 5295 |                         | WARSZAWA       | POL  | M30  | 23     | M 69  |          | 01:13:14.90 | 01:13:38.05 | 6:39   | 9    |
| 24   | SPORNIAK KRZYSZTOF     | 5302 |                         | TARGOWISKA     | POL  | M30  | 24     | M 72  |          | 01:14:21.60 | 01:14:30.45 | 6:45   | 8.9  |
| 25   | ANDRZEJEWSKI MACIEJ    | 4964 |                         | WARSZAWA       | POL  | M30  | 25     | M 73  |          | 01:14:30.95 | 01:14:37.85 | 6:46   | 8.9  |
| 26   | SERAFIN BARTŁOMIEJ     | 5279 |                         | ELBLĄG         | POL  | M30  | 26     | M 76  |          | 01:14:48.20 | 01:15:07.35 | 6:48   | 8.8  |
| 27   | MAŚLANKA MICHAŁ        | 5194 | BKS WATAHA              | ŁOMIANKI DOLNE | POL  | M30  | 27     | M 77  |          | 01:14:59.40 | 01:15:09.15 | 6:49   | 8.8  |
| 28   | KOWALCZYK ALAN         | 5152 |                         | SHIREBROOK     | GBR  | M30  | 28     | M 79  |          | 01:15:44.25 | 01:15:54.55 | 6:53   | 8.7  |
| 29   | FIRAZA ŁUKASZ          | 5383 |                         | ŁÓDŹ           | POL  | M30  | 29     | M 83  |          | 01:15:51.50 | 01:16:12.60 | 6:53   | 8.7  |
| 30   | DRABCZYK MACIEJ        | 5063 |                         | RADOM          | POL  | M30  | 30     | M 85  |          | 01:16:21.35 | 01:16:38.50 | 6:56   | 8.6  |
| 31   | LEWANDOWSKI PRZEMYSŁAW | 5174 | 42                      | RZESZÓW        | POL  | M30  | 31     | M 86  |          | 01:16:34.35 | 01:16:45.25 | 6:57   | 8.6  |
| 32   | JANOWSKI TOMASZ        | 5109 | ŁĘCZNA BIEGA            | ŁĘCZNA         | POL  | M30  | 32     | M 88  | 00:01:00 | 01:16:49.15 | 01:16:53.20 | 6:53   | 8.7  |
| 33   | ZGÓRSKI MATEUSZ        | 5366 |                         | NIECHOBURZ     | POL  | M30  | 33     | M 89  |          | 01:16:43.10 | 01:16:53.50 | 6:58   | 8.6  |
| 34   | SOSIŃSKI TOMASZ        | 5384 |                         | ŁÓDŹ           | POL  | M30  | 34     | M 90  | 00:00:30 | 01:16:40.80 | 01:17:01.60 | 6:55   | 8.7  |
| 35   | SZEWCZYK JAKUB         | 5322 |                         | NOWY SĄCZ      | POL  | M30  | 35     | M 95  | 00:00:30 | 01:17:09.70 | 01:17:39.65 | 6:58   | 8.6  |
| 36   | SIELICKI KRZYSZTOF     | 5284 |                         | MYSIADŁO       | POL  | M30  | 36     | M 96  | 00:01:00 | 01:17:31.30 | 01:17:49.90 | 6:57   | 8.6  |
| 37   | BOROWSKI PIOTR         | 5029 | IDE NA MISTRZA          | OTWOCK         | POL  | M30  | 37     | M 100 |          | 01:17:57.70 | 01:18:47.75 | 7:05   | 8.5  |
| 38   | DUDKO MIKALAI          | 5066 | JACEKBIEGA RUNNING TEAM | WARSZAWA       | POL  | M30  | 38     | M 101 | 00:01:00 | 01:18:34.25 | 01:18:53.40 | 7:03   | 8.5  |
| 39   | PRZYBYLSKI WITEK       | 5455 |                         | GLIWICE        | POL  | M30  | 39     | M 102 |          | 01:19:03.95 | 01:19:09.65 | 7:11   | 8.3  |
| 40   | JAMROZIK KONRAD        | 5102 |                         | DYNÓW          | POL  | M30  | 40     | M 105 |          | 01:19:25.55 | 01:19:29.45 | 7:13   | 8.3  |
| 41   | WOLSKI KAMIL           | 4977 |                         |                | POL  | M30  | 41     | M 106 |          | 01:19:31.00 | 01:19:34.90 | 7:13   | 8.3  |
| 42   | MACIOROWSKI MICHAŁ     | 5186 |                         | BIALYSTOK      | POL  | M30  | 42     | M 108 |          | 01:20:06.25 | 01:20:14.70 | 7:16   | 8.2  |
| 43   | HABRAT PAWEŁ           | 5093 |                         | WARSZAWA       | POL  | M30  | 43     | M 110 |          | 01:20:09.90 | 01:20:37.50 | 7:17   | 8.2  |
| 44   | GOLON LESZEK           | 5080 |                         | SICIENKO       | POL  | M30  | 44     | M 117 |          | 01:21:33.90 | 01:21:54.05 | 7:24   | 8.1  |
| 45   | KRZYMOWSKI PIOTR       | 5431 |                         | LUBLIN         | POL  | M30  | 45     | M 120 |          | 01:22:30.75 | 01:22:44.45 | 7:30   | 8    |
| 46   | FUDALI JACEK           | 5074 | INTERAUTO               | JAROSŁAW       | POL  | M30  | 46     | M 121 |          | 01:22:43.90 | 01:22:54.85 | 7:31   | 8    |
| 47   | DOMAŁĄCNY JAREK        | 4954 |                         |                |      | M30  | 47     | M 125 |          | 01:24:34.15 | 01:25:14.20 | 7:41   | 7.8  |
| 48   | JANOWSKI MATEUSZ       | 5108 |                         | WROCLAW        | POL  | M30  | 48     | M 126 |          | 01:24:58.05 | 01:25:14.35 | 7:43   | 7.8  |
| 49   | PLUCIENNIK KRZYSZTOF   | 5377 |                         | ŁÓDŹ           | POL  | M30  | 49     | M 128 |          | 01:25:18.95 | 01:25:45.80 | 7:45   | 7.7  |
| 50   | TOKARZ KRZYSZTOF       | 5337 | SSW TEAM KROŚNICE       | KROŚNICE       | POL  | M30  | 50     | M 130 |          | 01:25:36.85 | 01:25:52.00 | 7:47   | 7.7  |
| 51   | DUDEK MARCIN           | 5398 |                         | KNURÓW         | POL  | M30  | 51     | M 131 | 00:01:00 | 01:25:41.70 | 01:25:57.45 | 7:42   | 7.8  |
| 52   | LOMBARSKI ŁUKASZ       | 5180 | SSW TEAM KROŚNICE       | KROŚNICE       | POL  | M30  | 52     | M 138 |          | 01:27:25.55 | 01:27:40.05 | 7:56   | 7.5  |
| 53   | SZYMCZAK ŁUKASZ        | 5329 | SSW TEAM KROŚNICE       | MILICZ         | POL  | M30  | 53     | M 140 |          | 01:27:42.45 | 01:27:59.15 | 7:58   | 7.5  |
| 54   | ADAMKIEWICZ ANDRZEJ    | 5400 |                         | TRZEMESZNO     | POL  | M30  | 54     | M 149 |          | 01:30:06.05 | 01:30:32.05 | 8:11   | 7.3  |
| 55   | OLESZEK TOMASZ         | 5220 |                         | STAŁOWA WOLA   | POL  | M30  | 55     | M 155 |          | 01:32:41.10 | 01:32:48.50 | 8:25   | 7.1  |
| 56   | MASZOTA BARTEK         | 5193 |                         | GDYNIA         | POL  | M30  | 56     | M 158 | 00:00:30 | 01:33:45.85 | 01:33:56.85 | 8:28   | 7.1  |
| 57   | KOCHAN GRZEGORZ        | 5140 |                         | KRAKÓW         | POL  | M30  | 57     | M 167 | 00:00:30 | 01:39:21.50 | 01:39:51.50 | 8:59   | 6.7  |
| 58   | KOCHAŃSKI BARTOSZ      | 5142 |                         | SICIENKO       | POL  | M30  | 58     | M 170 |          | 01:40:22.85 | 01:40:42.60 | 9:07   | 6.6  |
| 59   | KOLAJ KRZYSZTOF        | 5144 |                         | WARSZAWA       | POL  | M30  | 59     | M 171 |          | 01:40:23.95 | 01:40:52.70 | 9:07   | 6.6  |
| 60   | OBRZUT BARTEK          | 5217 |                         | LUBOŃ          | POL  | M30  | 60     | M 177 |          | 01:42:34.55 | 01:42:56.40 | 9:19   | 6.4  |
| 61   | MAŁŻ DANIEL            | 5187 |                         | JAKTORÓW       | POL  | M30  | 61     | M 185 |          | 01:44:55.35 | 01:45:20.40 | 9:32   | 6.3  |
| 62   | KALINOWSKI KRZYSZTOF   | 5125 |                         | ŁÓDŹ           | POL  | M30  | 62     | M 192 |          | 01:47:00.65 | 01:47:38.70 | 9:43   | 6.2  |
| 63   | SIMKO RADOŠLAV         | 4960 |                         |                |      | M30  | 63     | M 197 |          | 01:49:50.55 | 01:50:26.10 | 9:59   | 6    |
| 64   | MIKUŠKIEWICZ PIOTR     | 5200 | WKURW_TEAM              | CHMIELNIK      | POL  | M30  | 64     | M 201 |          | 01:51:45.25 | 01:52:16.70 | 10:09  | 5.9  |
| 65   | BUBICZ KRZYSZTOF       | 5034 | WKURW_TEAM              | ŚWIDNIK        | POL  | M30  | 65     | M 205 |          | 01:51:49.15 | 01:52:22.55 | 10:09  | 5.9  |
| 66   | SMOGORZEWSKI MICHAŁ    | 5296 | WKURW_TEAM              | WARSZAWA       | POL  | M30  | 66     | M 207 |          | 01:51:51.95 | 01:52:24.65 | 10:10  | 5.9  |
| 67   | LAZAROWICZ PIOTR       | 5172 | WKURW_TEAM              | KROSNO         | POL  | M30  | 67     | M 208 |          | 01:51:53.25 | 01:52:24.85 | 10:10  | 5.9  |

**DYCHA NA JELENI SKOK 2019, K40**

| M-ce | Nazwisko i imię       | Nr   | Klub                         | M-scowość | Kraj | Kat. | M. kat | K/M  | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|------------------------------|-----------|------|------|--------|------|---------|-------------|-------------|--------|------|
| 1    | LANGE BEATA           | 5171 | BIŁGORAJ BIEGA - OTK RZEŹNIK | BIŁGORAJ  | POL  | K40  | 1      | K 6  |         | 01:03:51.95 | 01:03:56.30 | 5:48   | 10.3 |
| 2    | WALEŃSKA EWA          | 5389 |                              | WROCLAW   | POL  | K40  | 2      | K 8  |         | 01:06:30.15 | 01:06:30.15 | 6:02   | 9.9  |
| 3    | KANDEFER BEATA        | 5128 | AKTYWNAKORCZYNA.PL           | KORCZYNA  | POL  | K40  | 3      | K 9  |         | 01:07:04.75 | 01:07:07.75 | 6:05   | 9.8  |
| 4    | DOBROWOLSKA AGNIESZKA | 5061 | HEROBOX                      | ŚWIECIE   | POL  | K40  | 4      | K 10 |         | 01:07:48.50 | 01:07:53.25 | 6:09   | 9.7  |

## DYCHA NA JELENI SKOK 2019, K40 c.d.

| M-ce | Nazwisko i imię               | Nr   | Klub                         | M-scowość              | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|------|------------------------------|------------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 5    | RUS MARTA                     | 4971 |                              | SŁAWKÓW                | POL  | K40  | 5      | K 11  | 00:00:30 | 01:08:58.95 | 01:09:07.95 | 6:13   | 9.6  |
| 6    | URBANEK MAŁGORZATA            | 5395 |                              | BIELSKO-BIAŁA          | POL  | K40  | 6      | K 16  | 00:01:00 | 01:12:42.40 | 01:12:55.35 | 6:31   | 9.2  |
| 7    | STOLARCZYK JOANNA             | 5309 | BIEGAM BO LUBIĘ OSTROŁĘKA    | OSTROŁĘKA              | POL  | K40  | 7      | K 24  |          | 01:16:56.50 | 01:17:10.65 | 6:59   | 8.6  |
| 8    | WAŁĘGA-ROSTEK MAŁGORZATA      | 5342 |                              | KOSZYCE WIEKIE         | POL  | K40  | 8      | K 26  |          | 01:17:32.95 | 01:17:40.65 | 7:03   | 8.5  |
| 9    | JAŻOWNIK SYLWIA               | 5114 |                              | WRZEŚNIA               | POL  | K40  | 9      | K 30  | 00:00:30 | 01:19:44.35 | 01:19:50.85 | 7:12   | 8.3  |
| 10   | JĘDRZEJOWSKA - DEC ANNA       | 4962 |                              |                        |      | K40  | 10     | K 32  |          | 01:20:47.95 | 01:20:47.95 | 7:20   | 8.2  |
| 11   | KŁODZIŃSKA BARBARA            | 5137 | ULTRAMĘKI                    | TARNÓW                 | POL  | K40  | 11     | K 33  |          | 01:20:50.85 | 01:20:59.10 | 7:21   | 8.2  |
| 12   | GRUSZECKA ANNA                | 5089 |                              | RYBARZOWICE            | POL  | K40  | 12     | K 35  |          | 01:21:04.10 | 01:21:09.35 | 7:22   | 8.1  |
| 13   | KOCHAŃSKA JOANNA              | 5141 | RUN PASJA                    | SICIENKO               | POL  | K40  | 13     | K 39  |          | 01:21:53.65 | 01:22:12.00 | 7:26   | 8.1  |
| 14   | MASZKOWSKA ANNA               | 5191 |                              | LUBLIN                 | POL  | K40  | 14     | K 58  |          | 01:26:13.55 | 01:26:46.25 | 7:50   | 7.7  |
| 15   | STYKOWSKA WIOLETTA            | 5311 |                              | WARSZAWA               | POL  | K40  | 15     | K 60  |          | 01:26:49.30 | 01:27:01.55 | 7:53   | 7.6  |
| 16   | ZYGMUNT MONIKA                | 5371 |                              | LEŻAJSK                | POL  | K40  | 16     | K 71  | 00:00:30 | 01:27:55.80 | 01:28:16.55 | 7:56   | 7.5  |
| 17   | SANDOMIERSKA KARINA           | 5276 |                              | WARSZAWA               | POL  | K40  | 17     | K 73  |          | 01:28:27.60 | 01:28:38.25 | 8:02   | 7.5  |
| 18   | MAZUR MAGDALENA               | 5196 | HEROBOX                      | ŚWIECIE                | POL  | K40  | 18     | K 74  |          | 01:28:34.95 | 01:28:46.35 | 8:03   | 7.5  |
| 19   | ZIELIŃSKA IGNASZAK IWONA      | 5368 | HEROBOX                      | ŚWIECIE                | POL  | K40  | 19     | K 78  |          | 01:29:25.00 | 01:29:35.90 | 8:07   | 7.4  |
| 20   | LIPTAKOVA ADELKA              | 5177 | ACTIVE LIFE KOSICE           | KOSICE                 | SVK  | K40  | 20     | K 81  |          | 01:30:11.40 | 01:30:24.20 | 8:12   | 7.3  |
| 21   | CHOŁUJ IWONA                  | 5042 | WARIATKI I HISTRYCZKI        | GÓRA KALWARIA          | POL  | K40  | 21     | K 86  |          | 01:31:03.45 | 01:31:16.65 | 8:16   | 7.2  |
| 22   | TOMASZEWSKA MAGDALENA         | 5338 |                              | WODZISŁAW ŚLĄSKI       | POL  | K40  | 22     | K 88  |          | 01:31:21.35 | 01:31:49.90 | 8:18   | 7.2  |
| 23   | OSIŃSKA SYLWIA                | 5222 |                              | WARSZAWA               | POL  | K40  | 23     | K 89  |          | 01:31:35.90 | 01:31:54.45 | 8:19   | 7.2  |
| 24   | SEBZDA MAŁGORZATA             | 5277 | HUSARIA RACE TEAM            | BŁĘDOWA TYCZYŃSKA      | POL  | K40  | 24     | K 90  |          | 01:31:52.10 | 01:31:55.60 | 8:21   | 7.2  |
| 25   | DOBRZYŃECKA MAGDALENA         | 5062 |                              | CHORZÓW                | POL  | K40  | 25     | K 101 | 00:00:30 | 01:34:10.65 | 01:34:17.30 | 8:31   | 7    |
| 26   | GAJEWSKA MAGDALENA            | 5401 |                              | ŁÓDŹ                   | POL  | K40  | 26     | K 104 |          | 01:34:57.80 | 01:35:27.75 | 8:38   | 6.9  |
| 27   | PALUSZKIEWICZ KAROLINA        | 5226 | ŚREMSKI KLUB MORSÓW 'MROZIK' | ŚREM                   | POL  | K40  | 27     | K 105 |          | 01:35:27.90 | 01:35:30.35 | 8:40   | 6.9  |
| 28   | FAFARA AGNIESZKA              | 5070 |                              | ŁÓDŹ                   | POL  | K40  | 28     | K 106 |          | 01:35:12.85 | 01:35:51.20 | 8:39   | 6.9  |
| 29   | BRZEWIŃSKA MARZENA            | 5033 | BOLT TRZEMESZNO              | TRZEMESZNO             | POL  | K40  | 29     | K 108 |          | 01:36:22.95 | 01:36:47.75 | 8:45   | 6.8  |
| 30   | JEZIERSKA KARINA              | 5116 | PĘDZĄCE LASSO                | WARSZAWA               | POL  | K40  | 30     | K 109 |          | 01:37:15.35 | 01:37:44.10 | 8:50   | 6.8  |
| 31   | JAMRÓZ JOANNA                 | 5103 | JAMERKI                      | MUROWANIEC             | POL  | K40  | 31     | K 110 |          | 01:38:01.20 | 01:38:20.05 | 8:54   | 6.7  |
| 32   | MOSÓR LILLA                   | 5206 | LISY PUSTYNI                 | KLUCZE                 | POL  | K40  | 32     | K 111 |          | 01:39:03.90 | 01:39:18.95 | 9:00   | 6.7  |
| 33   | LEPIARZ BEATA                 | 5173 |                              | KRAKÓW                 | POL  | K40  | 33     | K 112 | 00:00:30 | 01:39:22.15 | 01:39:51.60 | 8:59   | 6.7  |
| 34   | SIERPOWSKA-BARTOSIK AGNIESZKA | 5287 | VEGE RUNNERS                 | ŁÓDŹ                   | POL  | K40  | 34     | K 114 |          | 01:39:38.00 | 01:40:00.75 | 9:03   | 6.6  |
| 35   | RONDUDA MAŁGORZATA            | 5263 |                              | GDYNIA                 | POL  | K40  | 35     | K 115 |          | 01:39:28.50 | 01:40:07.25 | 9:02   | 6.6  |
| 36   | GASIK WIOLETTA                | 5380 | HUMAN&HUNTER RUNNERS TEAM    | OLSZTYN K. CZĘSTOCHOWY | POL  | K40  | 36     | K 121 |          | 01:41:17.45 | 01:41:31.90 | 9:12   | 6.5  |
| 37   | GÓRKA JOLANTA                 | 5085 |                              | SUCHA BESKIDZKA        | POL  | K40  | 37     | K 128 |          | 01:43:07.45 | 01:43:13.40 | 9:22   | 6.4  |
| 38   | BIEL AGNIESZKA                | 5018 |                              | KATOWICE               | POL  | K40  | 38     | K 129 |          | 01:43:30.75 | 01:43:38.75 | 9:24   | 6.4  |
| 39   | ZACHAREK EWELINA              | 5358 |                              | CHEŁMNO                | POL  | K40  | 39     | K 130 |          | 01:43:36.30 | 01:43:48.90 | 9:25   | 6.4  |
| 40   | FILEWSKA IZABELA              | 5072 | HEROBOX                      | ŚWIECIE                | POL  | K40  | 40     | K 131 |          | 01:43:37.55 | 01:43:49.10 | 9:25   | 6.4  |
| 41   | PEKAŁSKA ANNA                 | 5234 |                              | NIEPORĘT               | POL  | K40  | 41     | K 132 | 00:00:30 | 01:43:29.85 | 01:43:58.45 | 9:21   | 6.4  |
| 42   | BURZ JOWITA                   | 5037 |                              | RZESZÓW                | POL  | K40  | 42     | K 133 |          | 01:43:58.40 | 01:44:16.70 | 9:27   | 6.3  |
| 43   | NIZIK MAGDALENA               | 5214 | VEGEDOG                      | WARSZAWA               | POL  | K40  | 43     | K 135 |          | 01:45:06.00 | 01:45:30.10 | 9:33   | 6.3  |
| 44   | BODULSKA IZABELA              | 5025 |                              | SKARŻYSKO-KAMIENNA     | POL  | K40  | 44     | K 136 |          | 01:45:51.30 | 01:45:54.35 | 9:37   | 6.2  |
| 45   | SULEWSKA KASIA                | 5313 | BIEGAM BO LUBIĘ OSTROŁĘKA    | OSTROŁĘKA              | POL  | K40  | 45     | K 142 |          | 01:46:06.45 | 01:46:32.35 | 9:38   | 6.2  |
| 46   | PAWLIK AGNIESZKA              | 5231 | CAŁA OLEŚNICA BIEGA          | OLEŚNICA               | POL  | K40  | 46     | K 144 |          | 01:46:03.65 | 01:46:35.00 | 9:38   | 6.2  |
| 47   | PODBIELSKA ANNA               | 5246 | KAJA TEAM                    | WARSZAWA               | POL  | K40  | 47     | K 145 |          | 01:46:33.75 | 01:46:44.95 | 9:41   | 6.2  |
| 48   | RYŻYŃSKA AGNIESZKA            | 5268 | CHEŁM BIEGA                  | CHEŁM                  | POL  | K40  | 48     | K 146 |          | 01:47:26.40 | 01:47:47.85 | 9:46   | 6.1  |
| 49   | GAŁKA ALEKSANDRA              | 5076 | KB SUKCES ŻMIGRÓD            | ŻMIGRÓD                | POL  | K40  | 49     | K 148 |          | 01:48:58.70 | 01:49:29.80 | 9:54   | 6.1  |
| 50   | MIKSZA ANETA                  | 5199 |                              | CHEŁM                  | POL  | K40  | 50     | K 151 |          | 01:50:08.65 | 01:50:20.15 | 10:00  | 6    |
| 51   | WILK MAGDALENA                | 5348 | WKURW_TEAM                   | WARSZAWA               | POL  | K40  | 51     | K 155 |          | 01:51:49.90 | 01:52:22.15 | 10:10  | 5.9  |
| 52   | SOŁKIEWICZ MARTA              | 5301 | WKURW_TEAM                   | KIELCE                 | POL  | K40  | 52     | K 156 |          | 01:51:49.55 | 01:52:22.80 | 10:09  | 5.9  |
| 53   | GRZESKOWIAK ANNA              | 5090 |                              | WARSAW                 | POL  | K40  | 53     | K 160 |          | 01:53:10.40 | 01:53:41.10 | 10:17  | 5.8  |
| 54   | PILECKA JOANNA                | 5241 |                              | WARSZAWA               | POL  | K40  | 54     | K 161 |          | 01:53:11.30 | 01:53:41.85 | 10:17  | 5.8  |
| 55   | DASZCZYŃSKA IWONA             | 5053 |                              | KOSOWO                 | POL  | K40  | 55     | K 164 |          | 01:54:19.75 | 01:54:47.30 | 10:23  | 5.8  |
| 56   | LIMAN DOROTA                  | 5175 |                              | BIAŁYSTOK              | POL  | K40  | 56     | K 165 |          | 01:56:05.45 | 01:56:19.05 | 10:33  | 5.7  |
| 57   | GRINIG MIRELA                 | 5087 |                              | WODZISŁAW ŚLĄSKI       | POL  | K40  | 57     | K 167 |          | 01:56:42.60 | 01:57:10.85 | 10:36  | 5.7  |
| 58   | NAWROCKA MAŁGORZATA           | 5210 | CF Z16                       | LUBLIN                 | POL  | K40  | 58     | K 172 | 00:00:30 | 01:59:17.40 | 01:59:51.70 | 10:47  | 5.6  |
| 59   | ŚCISŁY ALEKSANDRA             | 5414 |                              | PŁAWNO                 | POL  | K40  | 59     | K 173 |          | 01:59:45.15 | 02:00:13.50 | 10:53  | 5.5  |
| 60   | KAJEWSKA KATARZYNA            | 5121 |                              | ŚREM                   | POL  | K40  | 60     | K 179 |          | 02:14:24.25 | 02:14:44.90 | 12:13  | 4.9  |
| 61   | SKOMOROWSKA MONIKA            | 5290 | TEAMZABIEGANEDNI/WKURW-TEAM  | WARSZAWA               | POL  | K40  | 61     | K 180 |          | 02:14:38.80 | 02:14:56.05 | 12:14  | 4.9  |

## DYCHA NA JELENI SKOK 2019, M40

| M-ce | Nazwisko i imię        | Nr   | Klub                        | M-scowość          | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|------|-----------------------------|--------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | HUZIOR PIOTR           | 5448 | ATTIQ                       | NOWY TARG          | POL  | M40  | 1      | M 4   |          | 00:52:25.35 | 00:52:28.15 | 4:46   | 12.6 |
| 2    | ZĄBCZYŃSKI DOMINIK     | 6000 |                             |                    | POL  | M40  | 2      | M 7   | 00:01:00 | 00:56:26.00 | 00:56:28.20 | 5:02   | 11.9 |
| 3    | STOLARCZYK TOMASZ      | 5308 | BIEGAM BO LUBIĘ OSTROŁĘKA   | OSTROŁĘKA          | POL  | M40  | 3      | M 12  |          | 00:59:20.85 | 00:59:28.60 | 5:23   | 11.1 |
| 4    | KISIELEWSKI KONRAD     | 5442 |                             | KIELCE             | POL  | M40  | 4      | M 15  |          | 01:01:01.95 | 01:01:29.05 | 5:32   | 10.8 |
| 5    | BERLIŃSKI DOMINIK      | 5221 |                             |                    | POL  | M40  | 5      | M 16  |          | 01:01:24.25 | 01:01:29.30 | 5:34   | 10.7 |
| 6    | KŁOSIŃSKI RAFAŁ        | 5138 | RACEFIGHTER GOSIR DĘBE WLK. | DĘBE WIELKIE       | POL  | M40  | 6      | M 18  |          | 01:02:37.25 | 01:02:40.75 | 5:41   | 10.5 |
| 7    | SZCZEPANIAK MICHAŁ     | 5318 | RAZEM TRENUJEMY SPORT       | RABIEŃ             | POL  | M40  | 7      | M 19  |          | 01:02:40.45 | 01:02:45.35 | 5:41   | 10.5 |
| 8    | BRÓG WOJCIECH          | 5032 |                             | OLKUSZ             | POL  | M40  | 8      | M 20  | 00:01:00 | 01:02:45.85 | 01:02:47.75 | 5:36   | 10.7 |
| 9    | PITAS ANDRZEJ          | 4966 |                             |                    | M40  |      | 9      | M 22  |          | 01:02:48.05 | 01:02:53.00 | 5:42   | 10.5 |
| 10   | BRZĘCZEK MICHAŁ        | 4956 | EXTREMALNE OTK              |                    | M40  |      | 10     | M 24  | 00:01:00 | 01:03:34.20 | 01:03:36.30 | 5:41   | 10.5 |
| 11   | PONIEWOZIK IRENEUSZ    | 1498 |                             | LUBLIN             | GBR  | M40  | 11     | M 28  |          | 01:04:29.00 | 01:04:34.95 | 5:51   | 10.2 |
| 12   | KOWALCZUK PAWEŁ        | 5151 |                             | WARSZAWA           | POL  | M40  | 12     | M 29  |          | 01:04:30.50 | 01:04:48.05 | 5:51   | 10.2 |
| 13   | DACYK SYLWESTER        | 4970 | SAINT GOBAIN SQUAD          | DĄBROWA GÓRNICZA   | POL  | M40  | 13     | M 40  | 00:00:30 | 01:07:15.40 | 01:07:24.10 | 6:04   | 9.9  |
| 14   | SADOWSKI ANDRZEJ       | 5388 | 3TBIAŁYSTOK                 | BIAŁYSTOK          | POL  | M40  | 14     | M 47  | 00:00:30 | 01:09:06.20 | 01:09:15.50 | 6:14   | 9.6  |
| 15   | GAWLIK MARCIN          | 5155 |                             | KRAKÓW             | POL  | M40  | 15     | M 48  | 00:01:00 | 01:09:23.15 | 01:09:40.90 | 6:13   | 9.7  |
| 16   | SCHWITALLA ADRIAN      | 5007 |                             | SIECHNICE          | POL  | M40  | 16     | M 49  | 00:01:00 | 01:09:24.90 | 01:09:41.10 | 6:13   | 9.6  |
| 17   | WALNIK RAFAŁ           | 5437 |                             | KRAKÓW             | POL  | M40  | 17     | M 53  |          | 01:09:47.95 | 01:10:07.30 | 6:20   | 9.5  |
| 18   | RONDUDA JANUSZ         | 5429 |                             | GDYNIA             | POL  | M40  | 18     | M 55  | 00:00:30 | 01:10:11.55 | 01:10:27.95 | 6:20   | 9.5  |
| 19   | ZYGMUNT PAWEŁ          | 5373 |                             | GIEDLAROWA         | POL  | M40  | 19     | M 58  | 00:00:30 | 01:10:34.15 | 01:10:39.35 | 6:22   | 9.4  |
| 20   | SENDER ANDRZEJ         | 5278 | TRIATHLON LUBLIN TEAM       | LUBLIN             | POL  | M40  | 20     | M 67  | 00:00:30 | 01:13:18.55 | 01:13:24.55 | 6:37   | 9.1  |
| 21   | MOSÓR MARIUSZ          | 5207 | LISY PUSTYNI                | KLUCZE             | POL  | M40  | 21     | M 68  |          | 01:13:23.15 | 01:13:36.75 | 6:40   | 9    |
| 22   | SANDOMIERSKI KRZYSZTOF | 4972 |                             |                    | POL  | M40  | 22     | M 75  |          | 01:14:54.00 | 01:15:04.90 | 6:48   | 8.8  |
| 23   | KOWALCZYK MARIUSZ      | 5424 |                             | ŻÓŁWIN             | POL  | M40  | 23     | M 78  |          | 01:15:15.95 | 01:15:19.85 | 6:50   | 8.8  |
| 24   | ROLIŃSKI RADOSŁAW      | 5260 |                             | OLEŚNICA           | POL  | M40  | 24     | M 80  |          | 01:15:50.25 | 01:15:56.75 | 6:53   | 8.7  |
| 25   | KUS ANDRZEJ            | 5167 |                             | RZESZÓW            | POL  | M40  | 25     | M 82  |          | 01:15:59.40 | 01:16:11.55 | 6:54   | 8.7  |
| 26   | BARAN BARTEK           | 5010 | BOLT TRZEMESZNO             | TRZEMESZNO         | POL  | M40  | 26     | M 87  |          | 01:16:27.25 | 01:16:52.50 | 6:57   | 8.6  |
| 27   | CZEKAŁSKI MARIUSZ      | 5391 |                             | BIAŁOBIEL          | POL  | M40  | 27     | M 92  |          | 01:17:04.55 | 01:17:11.65 | 7:00   | 8.6  |
| 28   | PODWYSOCKI WOJCIECH    | 5449 |                             | PRUSZCZ GDAŃSKI    | POL  | M40  | 28     | M 94  | 00:00:30 | 01:16:57.30 | 01:17:21.60 | 6:57   | 8.6  |
| 29   | ŚWIĘCH ADAM            | 5332 | IDE NA MISTRZA              | ZABIEŻKI           | POL  | M40  | 29     | M 97  | 00:00:30 | 01:17:14.05 | 01:18:02.45 | 6:58   | 8.6  |
| 30   | BARSZCZ MAREK          | 5012 | BARANOWRUN                  | WOLA BARANOWSKA    | POL  | M40  | 30     | M 112 |          | 01:20:37.80 | 01:21:02.15 | 7:19   | 8.2  |
| 31   | SZUMIŃSKI PAWEŁ        | 5325 |                             | ALEKSANDRÓW ŁÓDZKI | POL  | M40  | 31     | M 116 | 00:00:30 | 01:21:22.90 | 01:21:53.05 | 7:21   | 8.2  |
| 32   | HERTEL MICHAŁ          | 5394 |                             | ŁÓDŹ               | POL  | M40  | 32     | M 119 | 00:00:30 | 01:21:52.50 | 01:22:15.05 | 7:23   | 8.1  |
| 33   | KORAB GRZEGORZ         | 5147 | IDE NA MISTRZA              | OTWOCK             | POL  | M40  | 33     | M 122 |          | 01:22:42.10 | 01:23:33.90 | 7:31   | 8    |
| 34   | SIEDLEC WIESŁAW        | 5282 | LIONS                       | PRZEWORSK          | POL  | M40  | 34     | M 127 |          | 01:25:25.10 | 01:25:39.10 | 7:45   | 7.7  |
| 35   | UBYCH MARCIN           | 5430 |                             | ŁÓDŹ               | POL  | M40  | 35     | M 132 |          | 01:25:36.60 | 01:25:58.10 | 7:47   | 7.7  |
| 36   | MASZKOWSKI RAFAŁ       | 5192 |                             | LUBLIN             | POL  | M40  | 36     | M 134 |          | 01:26:28.05 | 01:27:00.25 | 7:51   | 7.6  |
| 37   | WOJDA DARIUSZ          | 5349 | DZIKIE DZIKI                | JÓZEFÓW            | POL  | M40  | 37     | M 141 |          | 01:27:40.25 | 01:28:01.10 | 7:58   | 7.5  |
| 38   | DZIEDZINA TOMASZ       | 5068 | MUAY RUNNING TEAM           | KRAKÓW             | POL  | M40  | 38     | M 143 | 00:01:00 | 01:27:35.10 | 01:28:07.80 | 7:52   | 7.6  |
| 39   | MAJERNIK MILAH         | 5458 |                             |                    | SVK  | M40  | 39     | M 144 |          | 01:27:42.25 | 01:28:16.90 | 7:58   | 7.5  |
| 40   | GUŹDZIOŁ JAROSŁAW      | 5443 |                             | SOLEC KUJAWSKI     | POL  | M40  | 40     | M 147 |          | 01:29:12.85 | 01:29:43.55 | 8:06   | 7.4  |
| 41   | TUROCZY VOJTECH        | 5339 | ACTIVE LIFE KOSICE          | KOSICE             | SVK  | M40  | 41     | M 148 |          | 01:30:11.50 | 01:30:24.00 | 8:12   | 7.3  |
| 42   | SWOBODA JAROSŁAW       | 5315 | NIGHT RUNNERS GLIWICE       | GLIWICE            | POL  | M40  | 42     | M 150 |          | 01:30:33.75 | 01:30:38.35 | 8:14   | 7.3  |
| 43   | BURA ŁUKASZ            | 5422 |                             | WARSZAWA           | POL  | M40  | 43     | M 154 |          | 01:32:06.60 | 01:32:23.85 | 8:22   | 7.2  |
| 44   | JANASZ ANDRZEJ         | 5105 |                             | BRWINÓW            | POL  | M40  | 44     | M 156 |          | 01:33:23.05 | 01:33:41.15 | 8:29   | 7.1  |
| 45   | SĘPKOWSKI GRZEGORZ     | 5161 | KASZANKI                    | WARSZAWA           | POL  | M40  | 45     | M 157 |          | 01:33:35.70 | 01:33:52.75 | 8:30   | 7.1  |
| 46   | STEFANIUK TOMASZ       | 5304 |                             | WARSZAWA           | POL  | M40  | 46     | M 159 |          | 01:34:06.20 | 01:34:14.75 | 8:33   | 7    |
| 47   | WÓJTOWICZ PAWEŁ        | 5011 |                             | KURÓW              | POL  | M40  | 47     | M 160 |          | 01:34:29.40 | 01:34:59.90 | 8:35   | 7    |
| 48   | SADOCH MARCIN          | 5272 |                             | WARSZAWA           | POL  | M40  | 48     | M 161 |          | 01:34:43.35 | 01:35:31.95 | 8:36   | 7    |
| 49   | ULICNY PAVOL           | 4957 |                             |                    | M40  |      | 49     | M 162 |          | 01:35:43.75 | 01:36:20.20 | 8:42   | 6.9  |
| 50   | BAŁAGA MARCIN          | 5405 |                             | KRAKÓW             | POL  | M40  | 50     | M 168 | 00:01:00 | 01:39:58.80 | 01:40:27.55 | 8:59   | 6.7  |
| 51   | SZCZEPAŃSKI MARCIN     | 5396 |                             | ŁÓDŹ               | POL  | M40  | 51     | M 175 |          | 01:41:21.90 | 01:41:43.65 | 9:12   | 6.5  |
| 52   | JEZIOREK JOZI          | 5117 |                             | ŁAPCZYCA           | POL  | M40  | 52     | M 179 |          | 01:42:34.70 | 01:43:05.25 | 9:19   | 6.4  |
| 53   | GÓRKA BOGUSŁAW         | 5084 |                             | SUCHA BESKIDZKA    | POL  | M40  | 53     | M 180 |          | 01:43:07.25 | 01:43:13.20 | 9:22   | 6.4  |
| 54   | BIESZCZ ROBERT         | 5020 |                             | TRZYDNIK DUŻY      | POL  | M40  | 54     | M 183 |          | 01:42:57.55 | 01:43:21.60 | 9:21   | 6.4  |
| 55   | BILSKI MAREK           | 5022 | VEGEDOG                     | WARSZAWA           | POL  | M40  | 55     | M 186 |          | 01:44:50.95 | 01:45:30.05 | 9:31   | 6.3  |
| 56   | LEŚNIEWSKI TOMASZ      | 5402 |                             | ŁÓDŹ               | POL  | M40  | 56     | M 187 |          | 01:45:05.25 | 01:45:34.45 | 9:33   | 6.3  |
| 57   | RADKOWSKI DARIUSZ      | 5450 |                             | BYDGOSZCZ          | POL  | M40  | 57     | M 189 |          | 01:45:47.15 | 01:46:00.00 | 9:37   | 6.2  |

**DYCHA NA JELENI SKOK 2019, M40 c.d.**

| M-ce | Nazwisko i imię    | Nr   | Klub                             | M-scowość | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|--------------------|------|----------------------------------|-----------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 58   | SULEWSKI MACIEJ    | 5314 | BIEGAM BO LUBIĘ OSTROŁĘKA        | OSTROŁĘKA | POL  | M40  | 58     | M 190 |          | 01:46:07.15 | 01:46:32.05 | 9:38   | 6.2  |
| 59   | SIERECKI ZBIGNIEW  | 5408 | DZIADY OCR // PIĘKNI I BESTIE    | ZELECHÓW  | POL  | M40  | 59     | M 193 |          | 01:48:05.75 | 01:48:21.30 | 9:49   | 6.1  |
| 60   | GAŁKA JACEK        | 5077 | VEGE RUNNERS / KB SUKCES ŻMIGRÓD | ŻMIGRÓD   | POL  | M40  | 60     | M 195 |          | 01:48:59.20 | 01:49:30.95 | 9:54   | 6.1  |
| 61   | POROWSKI WALDEK    | 5251 | TTT                              | WARSZAWA  | POL  | M40  | 61     | M 196 | 00:00:30 | 01:49:11.00 | 01:49:48.25 | 9:52   | 6.1  |
| 62   | RYŻYŃSKI TOMASZ    | 5269 | CHEŁM BIEGA                      | CHEŁM     | POL  | M40  | 62     | M 200 | 00:00:30 | 01:51:50.50 | 01:52:12.65 | 10:07  | 5.9  |
| 63   | KĘTRZYŃSKI RYSZARD | 5133 | ZABIEGANI MIELEC / WKURW_TEAM    | KROSNO    | POL  | M40  | 63     | M 202 |          | 01:51:46.80 | 01:52:18.85 | 10:09  | 5.9  |
| 64   | BRODIUK NORBERT    | 5031 | NIGHT RUNNERS GLIWICE            | GLIWICE   | POL  | M40  | 64     | M 203 |          | 01:52:14.00 | 01:52:20.85 | 10:12  | 5.9  |
| 65   | SOKOŁOWSKI ARTUR   | 5300 | WKURW_TEAM                       | OTWOCK    | POL  | M40  | 65     | M 204 |          | 01:51:48.85 | 01:52:21.00 | 10:09  | 5.9  |
| 66   | SAMBORSKI BARTOSZ  | 5274 | WKURW_TEAM                       | WARSZAWA  | POL  | M40  | 66     | M 206 |          | 01:51:52.20 | 01:52:23.45 | 10:10  | 5.9  |
| 67   | LEDWOŃ JAKUB       | 5409 |                                  | GLIWICE   | POL  | M40  | 67     | M 209 | 00:00:30 | 01:52:15.85 | 01:52:47.70 | 10:09  | 5.9  |
| 68   | DASZCZYŃSKI ADAM   | 5054 |                                  | KOSOWO    | POL  | M40  | 68     | M 211 |          | 01:54:20.80 | 01:54:47.45 | 10:23  | 5.8  |
| 69   | KAJEWSKI RAFAŁ     | 5123 | MIGRENA TEAM                     | ŚREM      | POL  | M40  | 69     | M 216 |          | 02:14:24.55 | 02:14:45.00 | 12:13  | 4.9  |

**DYCHA NA JELENI SKOK 2019, K50**

| M-ce | Nazwisko i imię               | Nr   | Klub                  | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|------|-----------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | DOMISZEWSKA MARIA             | 4967 |                       | USTRZYKI DOLNE       | POL  | K50  | 1      | K 2   | 00:01:00 | 00:59:14.40 | 00:59:17.40 | 5:17   | 11.3 |
| 2    | ZATORSKA IZABELA              | 5411 |                       |                      |      | K50  | 2      | K 4   |          | 01:01:39.40 | 01:01:42.70 | 5:36   | 10.7 |
| 3    | ENGEL-ABULEWICZ ELŻBIETA      | 5069 | TRENING STUDIO17      | WROCŁAW              | POL  | K50  | 3      | K 59  |          | 01:26:42.35 | 01:26:48.55 | 7:52   | 7.6  |
| 4    | WOŹNIAK LIDIA                 | 5354 | PORMAT JEDLICZE BIEGA | SKOŁYSZYN            | POL  | K50  | 4      | K 61  |          | 01:26:54.65 | 01:27:01.85 | 7:54   | 7.6  |
| 5    | BŁOŃSKA MARZENA               | 5024 | SPARK TEAM            | SMOLEC               | POL  | K50  | 5      | K 68  |          | 01:27:39.60 | 01:28:00.95 | 7:58   | 7.5  |
| 6    | KAMIŃSKA BEATA                | 5127 | MYSZKÓW BIEGA         | MYSZKÓW              | POL  | K50  | 6      | K 72  |          | 01:28:10.85 | 01:28:17.35 | 8:01   | 7.5  |
| 7    | ZARZECZNA HALINA              | 5432 |                       | SZCZECIN             | POL  | K50  | 7      | K 91  |          | 01:31:43.35 | 01:32:00.00 | 8:20   | 7.2  |
| 8    | SITAREK IWONA                 | 5288 |                       | GRÓJEC               | POL  | K50  | 8      | K 96  |          | 01:33:23.20 | 01:33:41.05 | 8:29   | 7.1  |
| 9    | KOWALCZYK-CHRZUSZCZ KATARZYNA | 5153 | SLOW JOGGING ŁÓDŹ     | ŁÓDŹ                 | POL  | K50  | 9      | K 120 |          | 01:41:05.05 | 01:41:27.60 | 9:11   | 6.5  |
| 10   | BAKALARZ ALEKSANDRA           | 5008 | EPOKA NOEDICA ŁÓDŹ    | ŁÓDŹ                 | POL  | K50  | 10     | K 122 |          | 01:41:21.30 | 01:41:43.35 | 9:12   | 6.5  |
| 11   | BŁAŻEJEWSKA-RUPIŃSKA ANNA     | 5416 |                       | KONSTANCIN-JEZIORNA  | POL  | K50  | 11     | K 157 |          | 01:52:23.40 | 01:52:42.55 | 10:13  | 5.9  |
| 12   | STRADZA KATARZYNA             | 5310 | ROZBIEGAMY NOWY DWÓR  | NOWY DWÓR MAZOWIECKI | POL  | K50  | 12     | K 159 |          | 01:53:03.00 | 01:53:21.20 | 10:16  | 5.8  |
| 13   | BEDNAREK IRENA                | 5014 | BOLT TRZEMESZNO       | TRZEMESZNO           | POL  | K50  | 13     | K 169 |          | 01:57:57.85 | 01:58:24.10 | 10:43  | 5.6  |

**DYCHA NA JELENI SKOK 2019, M50**

| M-ce | Nazwisko i imię      | Nr   | Klub                             | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|----------------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | FOREMSKI SŁAWOMIR    | 5073 |                                  | TORUN                | POL  | M50  | 1      | M 37  |          | 01:06:38.60 | 01:06:42.15 | 6:03   | 9.9  |
| 2    | HRYSZKO ROBERT       | 5097 | TRAIN FOR SKILLS                 | SANOK                | POL  | M50  | 2      | M 38  |          | 01:06:38.55 | 01:06:53.90 | 6:03   | 9.9  |
| 3    | WOŹNIAK JANUSZ       | 5353 | PORMAT JEDLICZE BIEGA            | SKOŁYSZYN            | POL  | M50  | 3      | M 57  |          | 01:10:27.45 | 01:10:34.70 | 6:24   | 9.4  |
| 4    | JAGODA MATEUSZ       | 4975 |                                  | SIEMIANOWICE ŚLĄSKIE | POL  | M50  | 4      | M 62  |          | 01:11:13.10 | 01:11:28.45 | 6:28   | 9.3  |
| 5    | DOMISZEWSKI WOJCIECH | 4968 |                                  | USTRZYKI DOLNE       | POL  | M50  | 5      | M 70  |          | 01:14:16.80 | 01:14:22.20 | 6:45   | 8.9  |
| 6    | KUBASIEWICZ ARTUR    | 5165 |                                  | WARSZAWA             | POL  | M50  | 6      | M 99  | 00:01:00 | 01:18:13.75 | 01:18:23.65 | 7:01   | 8.5  |
| 7    | ABULEWICZ WOJCIECH   | 5456 | TRENING STUDIO 17                | WROCŁAW              | POL  | M50  | 7      | M 104 |          | 01:19:14.80 | 01:19:20.75 | 7:12   | 8.3  |
| 8    | GOŁĄBIOWSKI JAREK    | 5081 | BIEGACZE ŚWINOUJŚCIE/ WKURW-TEAM | ŚWINOUJŚCIE          | POL  | M50  | 8      | M 133 | 00:00:30 | 01:25:44.55 | 01:26:17.10 | 7:45   | 7.7  |
| 9    | JAGODA ADAM          | 4974 |                                  | CHORZÓW              | POL  | M50  | 9      | M 135 |          | 01:26:26.05 | 01:27:01.00 | 7:51   | 7.6  |
| 10   | BUGAŁA ROBERT        | 5035 | SOLID HOUSE LUBLIN               | LUBLIN               | POL  | M50  | 10     | M 136 |          | 01:26:33.00 | 01:27:02.85 | 7:52   | 7.6  |
| 11   | MARAS LADISLAV       | 5457 | MARAS TEAM                       |                      |      | M50  | 11     | M 137 |          | 01:26:31.00 | 01:27:05.65 | 7:51   | 7.6  |
| 12   | JAROSZ GRZEGORZ      | 4370 |                                  | ŁÓDŹ                 | POL  | M50  | 12     | M 165 | 00:00:30 | 01:38:23.05 | 01:38:46.50 | 8:53   | 6.7  |
| 13   | DUSRACALK MILAN      | 5459 | MARAS TEAM                       |                      |      | M50  | 13     | M 166 |          | 01:38:40.30 | 01:39:15.20 | 8:58   | 6.7  |
| 14   | MROZIŃSKI ANDRZEJ    | 5427 |                                  | TARNOBRZEG           | POL  | M50  | 14     | M 173 | 00:00:30 | 01:40:43.30 | 01:40:55.60 | 9:06   | 6.6  |
| 15   | PARADOWSKI PAWEŁ     | 5227 |                                  | RZESZÓW              | POL  | M50  | 15     | M 178 |          | 01:42:43.65 | 01:43:01.85 | 9:20   | 6.4  |
| 16   | BĘDŹKOWSKI MAREK     | 5017 | MORSY OSTROŁĘKA                  | OSTROŁĘKA            | POL  | M50  | 16     | M 190 |          | 01:46:05.25 | 01:46:32.05 | 9:38   | 6.2  |
| 17   | MIKSZA KAROL         | 5198 | CROSSFITER BOX CHEŁM             | CHEŁM                | POL  | M50  | 17     | M 198 | 00:00:30 | 01:50:38.10 | 01:50:49.95 | 10:00  | 6    |

**DYCHA NA JELENI SKOK 2019, K60**

| M-ce | Nazwisko i imię | Nr   | Klub                        | M-scowość | Kraj | Kat. | M. kat | K/M  | Kar/Bon | Netto       | Brutto      | min/km | km/h |
|------|-----------------|------|-----------------------------|-----------|------|------|--------|------|---------|-------------|-------------|--------|------|
| 1    | MAĆZKA KRYSZYNA | 5444 | EKSTREMALNE OTK NA RELAKSIE | GLIWICE   | POL  | K60  | 1      | K 84 |         | 01:30:33.45 | 01:30:38.40 | 8:14   | 7.3  |

**DYCHA NA JELENI SKOK 2019, M60**

| M-ce | Nazwisko i imię     | Nr   | Klub                        | M-scowość            | Kraj | Kat. | M. kat | K/M   | Kar/Bon  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|-----------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 1    | SIWIEC STANISŁAW    | 5289 |                             | RZESZÓW              | POL  | M60  | 1      | M 54  |          | 01:10:17.80 | 01:10:20.55 | 6:23   | 9.4  |
| 2    | UJMA STANISŁAW      | 5341 | INTERAUTO                   | JAROSŁAW             | POL  | M60  | 2      | M 93  |          | 01:17:04.05 | 01:17:14.95 | 7:00   | 8.6  |
| 3    | POKRYWKA STEFAN     | 5387 |                             | CISNA                | POL  | M60  | 3      | M 107 |          | 01:19:12.00 | 01:19:48.30 | 7:12   | 8.3  |
| 4    | MAĆZKA BRONISŁAW    | 4955 |                             |                      |      | M60  | 4      | M 111 |          | 01:20:43.60 | 01:20:48.20 | 7:20   | 8.2  |
| 5    | FIKAS KRZYSZTOF     | 5071 |                             | MYŚLENICE            | POL  | M60  | 5      | M 129 | 00:00:30 | 01:25:43.00 | 01:25:47.35 | 7:44   | 7.7  |
| 6    | JABŁOŃSKI KAZIMIERZ | 5099 |                             | PRĄDY K/OPOLA        | POL  | M60  | 6      | M 153 | 00:00:30 | 01:31:36.90 | 01:32:13.85 | 8:17   | 7.2  |
| 7    | BIENIECKI MAREK     | 5407 |                             | GLIWICE              | POL  | M60  | 7      | M 164 |          | 01:37:54.15 | 01:38:08.35 | 8:54   | 6.7  |
| 8    | KASZUBA RYSZARD     | 5132 | KLUB SPORTOWY PRESTIGE      | RZESZÓW              | POL  | M60  | 8      | M 169 |          | 01:40:32.45 | 01:40:35.45 | 9:08   | 6.6  |
| 9    | BUŚ GRZEGORZ        | 5038 |                             | WARSZAWA             | POL  | M60  | 9      | M 174 | 00:00:30 | 01:40:56.60 | 01:41:06.20 | 9:07   | 6.6  |
| 10   | ZATORSKI JERZY      | 5362 |                             | ŁÓDŹ                 | POL  | M60  | 10     | M 184 | 00:00:30 | 01:44:24.00 | 01:44:33.00 | 9:26   | 6.4  |
| 11   | KALINOWSKI JANUSZ   | 5124 |                             | ŁÓDŹ                 | POL  | M60  | 11     | M 194 |          | 01:48:31.90 | 01:49:10.55 | 9:52   | 6.1  |
| 12   | WANOWSKI ANDRZEJ    | 5343 |                             | NOWY DWÓR MAZOWIECKI | POL  | M60  | 12     | M 210 | 00:00:30 | 01:53:32.60 | 01:53:51.15 | 10:16  | 5.8  |
| 13   | KAJEWSKI TADEUSZ    | 5122 |                             | ŚWINOUJŚCIE          | POL  | M60  | 13     | M 212 |          | 01:54:55.00 | 01:55:17.00 | 10:26  | 5.7  |
| 14   | NOWORYTA JACEK      | 5215 | ASA TEAM BIEGIEM PO ZDROWIE | WARSZAWA             | POL  | M60  | 14     | M 214 |          | 02:00:00.10 | 02:00:13.50 | 10:54  | 5.5  |