

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM

 Organizator: Polanica Zdrój
 Data: 2019-07-06
 Miejsce: Polanica Zdrój
 Dystans: 21.1 km

Wyniki dla punktu pomiaru: 16.1 km

Klasyfikacja wg czasów netto.

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|-----------------------|-----|------------------------------|----------------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KORDOWSKI PIOTR | 317 | LUX TORPEDA MAŁOPOLSKA | KRAKÓW | POL | M40-49 | | | 00:59:34 | 01:16:16 | 01:33:05 | 01:50:27 | 02:08:05 |
| 2 | HAŁAS MARCIN | 308 | UNIA MIAST | CZECHOWICE-DZIEDZICE | POL | M30-39 | | | 00:59:47 | 01:17:06 | 01:34:18 | 01:51:49 | 02:09:22 |
| 3 | KNITTER TOMASZ | 313 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 00:59:37 | 01:16:35 | 01:34:07 | 01:52:13 | 02:10:44 |
| 4 | KUBISZYN MIROSŁAW | 321 | KS METRACO POLKOWICE | LUBACZÓW | POL | M30-39 | | | 00:59:48 | 01:17:18 | 01:35:04 | 01:52:23 | 02:10:46 |
| 5 | BARCZYK BOGDAN | 301 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | | | 00:59:47 | 01:17:14 | 01:34:57 | 01:53:03 | 02:11:42 |
| 6 | KLIMSIĄK SEBASTIAN | 312 | KS METRACO POLKOWICE | STRZEGOM | POL | M40-49 | | | 00:59:52 | 01:17:24 | 01:35:06 | 01:53:10 | 02:11:43 |
| 7 | WILCZEK KRZYSZTOF | 344 | UNIA MIAST | ZĘBOWICE | POL | M40-49 | | | 01:00:03 | 01:18:04 | 01:36:28 | 01:55:06 | 02:14:18 |
| 8 | KOŁODZIEJ JOANNA | 315 | STADION ŚLĄSKI | RUDA ŚLĄSKI | POL | K50-59 | | | 01:01:40 | 01:19:32 | 01:37:56 | 01:56:33 | 02:15:32 |
| 9 | ŻYDACZEWSKI RYSZARD | 349 | KS METRACO POLKOWICE | LUBIN | POL | M50-59 | | | 01:01:04 | 01:19:24 | 01:37:58 | 01:56:48 | 02:15:48 |
| 10 | KUŚMIEREK PATRYK | 322 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 01:02:15 | 01:20:59 | 01:39:42 | 01:58:25 | 02:17:42 |
| 11 | SPYCHAŁA MARZENA | 336 | CKZIU NYSA MECHANIK | BIAŁA | POL | K40-49 | | | 01:03:04 | 01:21:40 | 01:40:23 | 01:59:20 | 02:18:36 |
| 12 | KOWALSKI MAREK | 319 | UNIA MIAST | STRZEBIŃ | POL | M50-59 | | | 01:02:29 | 01:21:11 | 01:40:13 | 01:59:28 | 02:18:50 |
| 13 | KOLMETZ KATARZYNA | 314 | POLIPACK TEAM GWE | GOŚCICINO | POL | K40-49 | | | 01:04:27 | 01:23:39 | 01:43:06 | 02:02:53 | 02:23:02 |
| 14 | STĘPIEŃ LUCYNA | 337 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 2 | | 01:04:42 | 01:24:36 | 01:44:59 | 02:04:51 | 02:24:31 |
| 15 | GOŁĘBIOWSKI KRZYSZTOF | 306 | ZAWSZE MŁODZI NORDIC WALKING | ŁÓDŹ | POL | M50-59 | 1 | | 01:05:26 | 01:25:11 | 01:45:00 | 02:04:55 | 02:25:05 |
| 16 | BADECKI RYSZARD | 350 | KS METRACO POLKOWICE | NIESZCZYCE | POL | M50-59 | 1 | | 01:05:28 | 01:25:06 | 01:45:21 | 02:05:28 | 02:26:40 |
| 17 | RAKOWIECKI ZBIGNIEW | 332 | FACE NORDIC WALKING TEAM | GDĄŃSK | POL | M50-59 | | | 01:05:33 | 01:25:20 | 01:45:15 | 02:05:30 | 02:25:50 |
| 18 | NOWICZ MARIUSZ | 328 | CIDRY LOTAJOM | KSIĘŻY LAS | POL | M18-29 | | | 01:06:51 | 01:26:35 | 01:46:22 | 02:06:07 | 02:25:42 |
| 19 | ŻAMOJCIN MAREK | 348 | NORDICLUB SZCZECIN | SZCZECIN | POL | M50-59 | | | 01:05:24 | 01:25:09 | 01:48:16 | 02:06:14 | 02:28:49 |
| 20 | GROS AGNIESZKA | 307 | STADION ŚLĄSKI | KATOWICE | POL | K40-49 | | | 01:05:30 | 01:25:44 | 01:46:18 | 02:07:14 | 02:27:59 |
| 21 | ŚCIBUT ANIA | 340 | FORMA NA PIĄKĘ NW | PABIANICE | POL | K40-49 | | | 01:06:06 | 01:26:31 | 01:47:25 | 02:08:03 | 02:29:04 |
| 22 | JANOSZKA IRENA | 309 | CIDRY LOTAJOM | RADZIONKÓW | POL | K50-59 | | | 01:06:30 | 01:26:50 | 01:47:42 | 02:08:16 | 02:28:53 |
| 23 | GODAWA IRENEUSZ | 394 | STADION ŚLĄSKI | KATOWICE | POL | M50-59 | | | 01:06:37 | 01:27:09 | 01:48:17 | 02:09:52 | 02:32:15 |
| 24 | LIGEZA JANUSZ | 324 | | TYCHY | POL | M50-59 | 1 | | 01:07:33 | 01:28:05 | 01:48:51 | 02:10:01 | 02:32:01 |
| 25 | SŁOMIŃSKA MARTA | 334 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:08:13 | 01:28:52 | 01:49:55 | 02:11:22 | 02:33:36 |
| 26 | STACHOWICZ JOANNA | 338 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:08:12 | 01:28:51 | 01:49:45 | 02:11:22 | 02:33:35 |
| 27 | PAPROTNA AGNIESZKA | 329 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K30-39 | | | 01:08:35 | 01:29:36 | 01:50:33 | 02:11:53 | 02:32:58 |
| 28 | WIEŃSKO RYSZARD | 343 | | PULAWY | POL | M60+ | | | 01:08:14 | 01:29:14 | 01:50:31 | 02:11:54 | 02:33:37 |
| 29 | SOBAŃSKA GRAŻYNA | 335 | | DRUŻBICE | POL | K60+ | | | 01:10:38 | 01:31:23 | 01:52:27 | 02:13:38 | 02:35:04 |
| 30 | KORDOWSKA BOGUSŁAWA | 316 | LUX TORPEDA MAŁOPOLSKA | KRAKÓW | POL | K40-49 | 1 | | 01:10:53 | 01:31:43 | 01:52:58 | 02:14:39 | 02:36:19 |
| 31 | DANKIEWICZ BARBARA | 304 | ZAWSZE MŁODZI NORDIC WALKING | ŁOWICZ | POL | K40-49 | | | 01:11:09 | 01:31:54 | 01:53:18 | 02:14:43 | 02:37:22 |
| 32 | BUCZKOWSKA WIESŁAWA | 302 | FACE NORDIC WALKING TEAM | GDNIA | POL | K60+ | 1 | | 01:09:07 | 01:30:29 | 01:52:37 | 02:15:08 | 02:38:08 |
| 33 | ZAWADZKA MARIA | 347 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 1 | | 01:14:38 | 01:36:32 | 01:58:41 | 02:21:02 | 02:43:38 |
| 34 | DUSZA ANNA | 305 | NORDICLUB SZCZECIN | SZCZECIN | POL | K50-59 | | | 01:12:09 | 01:34:43 | 01:57:51 | 02:21:25 | 02:45:46 |
| 35 | KRZEMIŃSKI RAFAŁ | 320 | SANTANDER CONSUMER BANK | KĄTY WROCŁAWSKIE | POL | M30-39 | 1 | | 01:12:27 | 01:35:15 | 01:58:20 | 02:22:41 | 02:48:53 |
| 36 | NIETRZEBKA PAWEŁ | 327 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | M30-39 | | | 01:12:53 | 01:35:17 | 01:58:21 | 02:22:41 | 02:48:55 |
| 37 | MALINOWSKA KATARZYNA | 326 | LECYMY DURŚ | PIEKARY ŚLĄSKIE | POL | K30-39 | | | 01:15:31 | 01:38:12 | 02:01:19 | 02:24:59 | 02:49:20 |
| 38 | ROZMUS JOLANTA | 333 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:17:22 | 01:41:18 | 02:05:34 | 02:29:16 | 02:52:54 |
| 39 | KARASIEWICZ IWONA | 310 | NORDICLUB SZCZECIN | WARSZAWA | POL | K30-39 | | | 01:22:09 | 01:46:48 | 02:11:53 | 02:37:35 | 03:04:45 |
| | POSTEK DANUTA | 331 | MARSZ PO ZDROWIE | POZNAŃ | POL | K50-59 | | | 01:13:06 | 01:36:02 | 01:59:19 | 02:23:25 | DNF |
| | | | | | | | | | DNF | DNF | DNF | DNF | |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|-------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | SŁOMIŃSKA MARTA | 334 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:08:13 | 01:28:52 | 01:49:55 | 02:11:22 | 02:33:36 |
| 2 | STACHOWICZ JOANNA | 338 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | K18-29 | | | 01:08:12 | 01:28:51 | 01:49:45 | 02:11:22 | 02:33:35 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|------------------|-----|-----------------------|------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KNITTER TOMASZ | 313 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 00:59:37 | 01:16:35 | 01:34:07 | 01:52:13 | 02:10:44 |
| 2 | KUŚMIEREK PATRYK | 322 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL | M18-29 | | | 01:02:15 | 01:20:59 | 01:39:42 | 01:58:25 | 02:17:42 |
| 3 | NOWICZ MARIUSZ | 328 | CIDRY LOTAJOM | KSIĘŻY LAS | POL | M18-29 | | | 01:06:51 | 01:26:35 | 01:46:22 | 02:06:07 | 02:25:42 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|----------------------|-----|-------------------------|-----------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | PAPROTNA AGNIESZKA | 329 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K30-39 | | | 01:08:35 | 01:29:36 | 01:50:33 | 02:11:53 | 02:32:58 |
| 2 | MALINOWSKA KATARZYNA | 326 | LECZYMY DURŚ | PIEKARY ŚLĄSKIE | POL | K30-39 | | | 01:15:31 | 01:38:12 | 02:01:19 | 02:24:59 | 02:49:20 |
| 3 | KARASIEWICZ IWONA | 310 | NORDICLUB SZCZECIN | WARSZAWA | POL | K30-39 | | | 01:22:09 | 01:46:48 | 02:11:53 | 02:37:35 | 03:04:45 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|----------------------|-----|-------------------------|----------------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | HAŁAS MARCIN | 308 | UNIA MIAST | CZECHOWICE-DZIEDZICE | POL | M30-39 | | | 00:59:47 | 01:17:06 | 01:34:18 | 01:51:49 | 02:09:22 |
| 2 | KUBISZYŃSKI MIROŚLAW | 321 | KS METRACO POLKOWICE | LUBACZÓW | POL | M30-39 | | | 00:59:48 | 01:17:18 | 01:35:04 | 01:52:23 | 02:10:46 |
| 3 | NIETRZEBKA PAWEŁ | 327 | MIĘDZYBORÓW | MIĘDZYBORÓW | POL | M30-39 | | | 01:12:53 | 01:35:17 | 01:58:21 | 02:22:41 | 02:48:55 |
| 4 | KRZEMIŃSKI RAFAŁ | 320 | SANTANDER CONSUMER BANK | KĄTY WROCŁAWSKIE | POL | M30-39 | 1 | | 01:12:27 | 01:35:15 | 01:58:20 | 02:22:41 | 02:48:53 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|---------------------|-----|------------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | SPYCHAŁA MARZENA | 336 | CKZIU NYSZA MECHANIK | BIAŁA | POL | K40-49 | | | 01:03:04 | 01:21:40 | 01:40:23 | 01:59:20 | 02:18:36 |
| 2 | KOLMETZ KATARZYNA | 314 | POLIPACK TEAM GWE | GOŚCICINO | POL | K40-49 | | | 01:04:27 | 01:23:39 | 01:43:06 | 02:02:53 | 02:23:02 |
| 3 | GROS AGNIESZKA | 307 | STADION ŚLĄSKI | KATOWICE | POL | K40-49 | | | 01:05:30 | 01:25:44 | 01:46:18 | 02:07:14 | 02:27:59 |
| 4 | ŚCIBUT ANIA | 340 | FORMA NA PIĄKĘ NW | PABIANICE | POL | K40-49 | | | 01:06:06 | 01:26:31 | 01:47:25 | 02:08:03 | 02:29:04 |
| 5 | KORDOWSKA BOGUSŁAWA | 316 | LUX TORPEDA MAŁOPOLSKA | KRAKÓW | POL | K40-49 | 1 | | 01:10:53 | 01:31:43 | 01:52:58 | 02:14:39 | 02:36:19 |
| 6 | DANKIEWICZ BARBARA | 304 | ZAWSZE MŁODZI NORDIC WALKING | ŁÓWICZ | POL | K40-49 | | | 01:11:09 | 01:31:54 | 01:53:18 | 02:14:43 | 02:37:22 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|--------------------|-----|------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KORDOWSKI PIOTR | 317 | LUX TORPEDA MAŁOPOLSKA | KRAKÓW | POL | M40-49 | | | 00:59:34 | 01:16:16 | 01:33:05 | 01:50:27 | 02:08:05 |
| 2 | KLIMSIĄK SEBASTIAN | 312 | KS METRACO POLKOWICE | STRZEGOM | POL | M40-49 | | | 00:59:52 | 01:17:24 | 01:35:06 | 01:53:10 | 02:11:43 |
| 3 | WILCZEK KRZYSZTOF | 344 | UNIA MIAST | ZĘBOWICE | POL | M40-49 | | | 01:00:03 | 01:18:04 | 01:36:28 | 01:55:06 | 02:14:18 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|------------------|-----|--------------------|-------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | KOŁODZIEJ JOANNA | 315 | STADION ŚLĄSKI | RUDA ŚLĄSKI | POL | K50-59 | | | 01:01:40 | 01:19:32 | 01:37:56 | 01:56:33 | 02:15:32 |
| 2 | JANOSZKA IRENA | 309 | CIDRY LOTAJOM | RADZIONKÓW | POL | K50-59 | | | 01:06:30 | 01:26:50 | 01:47:42 | 02:08:16 | 02:28:53 |
| 3 | DUSZA ANNA | 305 | NORDICLUB SZCZECIN | SZCZECIN | POL | K50-59 | | | 01:12:09 | 01:34:43 | 01:57:51 | 02:21:25 | 02:45:46 |
| | POSTEK DANUTA | 331 | MARSZ PO ZDROWIE | POZNAŃ | POL | K50-59 | | | 01:13:06 | 01:36:02 | 01:59:19 | 02:23:25 | DNF |
| | | | | | | | | | DNF | DNF | DNF | DNF | |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|-----------------------|-----|------------------------------|-------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | BARCZYK BOGDAN | 301 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M50-59 | | | 00:59:47 | 01:17:14 | 01:34:57 | 01:53:03 | 02:11:42 |
| 2 | ŻYDACZEWSKI RYSZARD | 349 | KS METRACO POLKOWICE | LUBIN | POL | M50-59 | | | 01:01:04 | 01:19:24 | 01:37:58 | 01:56:48 | 02:15:48 |
| 3 | KOWALSKI MAREK | 319 | UNIA MIAST | STRZEBIŃ | POL | M50-59 | | | 01:02:29 | 01:21:11 | 01:40:13 | 01:59:28 | 02:18:50 |
| 4 | GOŁĘBIEWSKI KRZYSZTOF | 306 | ZAWSZE MŁODZI NORDIC WALKING | ŁÓDŹ | POL | M50-59 | 1 | | 01:05:26 | 01:25:11 | 01:45:00 | 02:04:55 | 02:25:05 |
| 5 | BADECKI RYSZARD | 350 | KS METRACO POLKOWICE | NIESZCZYCE | POL | M50-59 | 1 | | 01:05:28 | 01:25:06 | 01:45:21 | 02:05:28 | 02:26:40 |
| 6 | RAKOWIECKI ZBIGNIEW | 332 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M50-59 | | | 01:05:33 | 01:25:20 | 01:45:15 | 02:05:30 | 02:25:50 |
| 7 | ŻAMOJCIN MAREK | 348 | NORDICLUB SZCZECIN | SZCZECIN | POL | M50-59 | | | 01:05:24 | 01:25:09 | 01:48:16 | 02:06:14 | 02:28:49 |
| 8 | GODAWA IRENEUSZ | 394 | STADION ŚLĄSKI | KATOWICE | POL | M50-59 | | | 01:06:37 | 01:27:09 | 01:48:17 | 02:09:52 | 02:32:15 |
| 9 | LIGĘZA JANUSZ | 324 | | TYCHY | POL | M50-59 | 1 | | 01:07:33 | 01:28:05 | 01:48:51 | 02:10:01 | 02:32:01 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, K60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|---------------------|-----|--------------------------|-----------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | STĘPIEŃ LUCYNA | 337 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 2 | | 01:04:42 | 01:24:36 | 01:44:59 | 02:04:51 | 02:24:31 |
| 2 | SOBAŃSKA GRAŻYNA | 335 | | DRUŻBICE | POL | K60+ | | | 01:10:38 | 01:31:23 | 01:52:27 | 02:13:38 | 02:35:04 |
| 3 | BUCZKOWSKA WIESŁAWA | 302 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | 1 | | 01:09:07 | 01:30:29 | 01:52:37 | 02:15:08 | 02:38:08 |
| 4 | ZAWADZKA MARIA | 347 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 1 | | 01:14:38 | 01:36:32 | 01:58:41 | 02:21:02 | 02:43:38 |
| 5 | ROZMUS JOLANTA | 333 | FACE NORDIC WALKING TEAM | GDYNIA | POL | K60+ | | | 01:17:22 | 01:41:18 | 02:05:34 | 02:29:16 | 02:52:54 |

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING 2019 - 21.1 KM, M60+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km | 11.1km | 13.6km | 16.1km | 18.6km |
|------|-----------------|-----|------|-----------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1 | WIEŃSKO RYSZARD | 343 | | PULAWY | POL | M60+ | | | 01:08:14 | 01:29:14 | 01:50:31 | 02:11:54 | 02:33:37 |