

SIEDEMDZIESIĄT Z HAKIEM

Organizator: FUNDACJA PROFIT MARATON
 Data: 2019-07-13
 Miejsce: Sobieszów
 Dystans: 71 km
 Klasyfikacja wg czasów brutto.



SIEDEMDZIESIĄT Z HAKIEM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|---|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | WITEK ANDRZEJ | 1433 | 140MINUT.PL / WROCLAWSKIE ITEN | WROCLAW | POL | M20 | 1 | M 1 | 01:49:39 | 02:51:45 | | 03:52:48 | 05:48:29 | 07:14:06.10 | 07:14:08.70 | 6:06 | 9.8 |
| 2 | WŁODARKIEWICZ DOMINIK | 1457 | DYNAFIT POLSKA | POZNAŃ | POL | M40 | 1 | M 2 | 01:50:36 | 02:55:41 | 03:36:06 | 04:03:47 | 06:11:50 | 07:40:51.40 | 07:40:54.00 | 6:29 | 9.2 |
| 3 | KOBYŁECKI MICHAŁ | 1332 | PROCOSM SYSTEM TEAM | SZCZERCÓW | POL | M20 | 2 | M 3 | 01:56:10 | 03:06:44 | 03:51:10 | 04:17:05 | 06:26:52 | 07:53:16.95 | 07:53:21.35 | 6:39 | 9 |
| 4 | SADOWSKI PAWEŁ | 1396 | HUSARIA ZNAD BOBRU | JANOWICE WIELKIE | POL | M20 | 3 | M 4 | 01:50:33 | 02:58:25 | | 04:14:37 | 06:31:39 | 07:58:35.05 | 07:58:40.75 | 6:44 | 8.9 |
| 5 | STOLARZ PIOTR | 1472 | AKYWNA DĄBROWA | DĄBROWA GÓRNICZA | POL | M40 | 2 | M 5 | 01:56:56 | 03:11:09 | 04:02:03 | 04:31:04 | 06:56:27 | 08:38:21.25 | 08:38:25.55 | 7:18 | 8.2 |
| 6 | MIEDZIEJEWSKI ANDRZEJ | 1379 | WPRUNNING PRUSZKÓW | PRUSZKÓW | POL | M30 | 1 | M 6 | 02:01:53 | 03:19:00 | | 04:40:21 | 07:04:08 | 08:40:43.65 | 08:40:46.60 | 7:20 | 8.2 |
| 7 | BARCZYK MARIUSZ | 1461 | OLKUSZBIEGA | OLKUSZ | POL | M40 | 3 | M 7 | 02:01:18 | 03:19:07 | 04:06:55 | 04:38:26 | 07:12:49 | 08:58:39.30 | 08:58:43.35 | 7:35 | 7.9 |
| 8 | ŁYJAK BŁAŻEJ | 1467 | RATEMYTRAIL | WROCLAW | POL | M40 | 4 | M 8 | 02:03:08 | 03:21:02 | 04:08:08 | 04:40:07 | 07:07:26 | 08:59:11.50 | 08:59:15.80 | 7:35 | 7.9 |
| 9 | NIEZGÓDKA TOMASZ | 1462 | ZALOGA GÓRSKA | WROCLAW | POL | M40 | 5 | M 9 | 02:13:12 | 03:34:02 | 04:26:42 | 04:54:42 | 07:28:35 | 09:06:49.05 | 09:06:53.95 | 7:42 | 7.8 |
| 10 | KRAKOWIAK RAFAŁ | 1342 | KRAKOWIAKTEAM | MOSINA | POL | M30 | 2 | M 10 | 02:03:41 | 03:24:37 | 04:13:37 | 04:48:32 | 07:23:33 | 09:13:52.90 | 09:13:57.50 | 7:48 | 7.7 |
| 11 | SZABŁOWSKA IWONA | 1416 | STRASZYN ULTRA TEAM | JUSZKOWO | POL | K30 | 1 | K 1 | 02:05:32 | 03:26:25 | 04:16:30 | 04:51:29 | 07:29:32 | 09:14:24.05 | 09:14:27.70 | 7:48 | 7.7 |
| 12 | WIŚNIEWSKI PAWEŁ | 1346 | KARKONOSZ RUNNING TEAM | JELENIA GÓRA | POL | M30 | 3 | M 11 | 02:02:56 | 03:23:14 | 04:14:32 | 04:49:06 | 07:26:50 | 09:15:14.00 | 09:15:19.15 | 7:49 | 7.7 |
| 13 | NAJBERG MICHAŁ | 1443 | BYLEDOBIEC ANIN | WARSZAWA | POL | M30 | 4 | M 12 | 02:05:08 | 03:25:20 | 04:16:25 | 04:50:16 | 07:30:31 | 09:16:54.20 | 09:16:57.05 | 7:50 | 7.6 |
| 14 | BIENIEK GRZEGORZ | 1360 | APEX.INFO | LUBAWKA | POL | M30 | 5 | M 13 | 02:13:59 | | 04:24:25 | 04:55:38 | 07:33:47 | 09:18:17.95 | 09:18:22.45 | 7:51 | 7.6 |
| 15 | MADAJ ZUZANNA | 1344 | MADGOLD TEAM | POZNAŃ | POL | K20 | 1 | K 2 | 02:11:36 | 03:34:58 | 04:22:52 | 04:57:16 | 07:28:29 | 09:18:35.75 | 09:18:44.95 | 7:52 | 7.6 |
| 16 | MOCZULSKA MAŁGORZATA | 1336 | KARKONOSZ RUNNING TEAM | ŻARÓW | POL | K40 | 1 | K 3 | 02:10:26 | 03:31:54 | 04:20:32 | 04:54:47 | 07:36:07 | 09:21:15.65 | 09:21:18.60 | 7:54 | 7.6 |
| 17 | KOGUT STANISŁAW | 1430 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | M30 | 6 | M 14 | 02:10:25 | 03:32:14 | 04:23:12 | 04:52:07 | 07:36:02 | 09:21:16.65 | 09:21:19.80 | 7:54 | 7.6 |
| 18 | JANUSZKO KRZYSZTOF | 1408 | ŻELAZNA ŚWIDNICA | ŚWIDNICA | POL | M30 | 7 | M 15 | 02:14:01 | | | 04:54:43 | 07:31:54 | 09:29:16.75 | 09:29:19.65 | 8:01 | 7.5 |
| 19 | ŻEGOTA ŁUKASZ | 1338 | RAZEM TRENUJEMY SPORT | ŁÓDŹ | POL | M30 | 8 | M 16 | 01:59:58 | 03:18:38 | 04:07:03 | 04:44:16 | 07:33:23 | 09:29:40.15 | 09:29:55.75 | 8:01 | 7.5 |
| 20 | TOPOLSKI MARCIN | 1392 | CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA | JADOWNIKI | POL | M40 | 6 | M 17 | 02:09:20 | 03:32:02 | 04:21:16 | 04:56:49 | 07:37:32 | 09:30:45.20 | 09:30:49.90 | 8:02 | 7.5 |
| 21 | BIEGASIEWICZ MONIKA | 1454 | | SZCZECIN | POL | K40 | 2 | K 4 | 02:11:21 | 03:40:24 | | 05:08:55 | 07:46:01 | 09:35:42.15 | 09:35:45.30 | 8:06 | 7.4 |
| 22 | NOWACKA MARLENA | 1419 | JAN-MAR.PL | PIASKI | POL | K40 | 3 | K 5 | 02:12:14 | 03:40:47 | 04:33:02 | 05:07:07 | 07:51:43 | 09:39:24.15 | 09:39:28.55 | 8:09 | 7.4 |
| 23 | ROSZAK ROBERT | 1399 | OSP ŚREM | PYSZACA | POL | M40 | 7 | M 18 | 02:10:00 | | | 05:03:18 | 07:44:09 | 09:48:26.95 | 09:48:29.45 | 8:17 | 7.2 |
| 24 | WOJTASZEK JACEK | 1366 | BERSERKER'S TEAM | PIECHOWICE | POL | M40 | 8 | M 19 | 02:04:31 | 03:27:42 | | 04:56:15 | 07:51:01 | 09:49:59.85 | 09:50:06.75 | 8:18 | 7.2 |
| 25 | CHOROSTKOWSKI BARTOSZ | 1303 | CHATA BIEGACZA K34 ZAKAOPANE | WROCLAW | POL | M30 | 9 | M 20 | 02:15:07 | 03:40:16 | 04:33:47 | 05:06:26 | 07:59:44 | 09:51:46.30 | 09:51:51.20 | 8:20 | 7.2 |
| 26 | MATYJA ADAM | 1388 | | STARA HUTA | POL | M30 | 10 | M 21 | 02:19:17 | 03:43:13 | 04:35:18 | 05:08:18 | 07:59:37 | 10:03:16.60 | 10:03:20.25 | 8:29 | 7.1 |
| 27 | SZYNWELSKI TOMASZ | 1387 | | ŚRODA WIELKOPOLSKA | POL | M40 | 9 | M 22 | 02:11:40 | 03:39:44 | | 05:14:33 | 08:19:09 | 10:06:22.15 | 10:06:28.55 | 8:32 | 7 |
| 28 | GRABOŚ NINA | 1394 | | WARSZAWA | POL | K40 | 4 | K 6 | 02:28:05 | 03:57:46 | 04:54:49 | 05:30:53 | 08:19:42 | 10:09:19.85 | 10:09:26.75 | 8:34 | 7 |
| 29 | MRÓWKA LESZEK | 1300 | | BRALIN | POL | M40 | 10 | M 23 | 02:18:42 | 03:48:59 | 04:44:41 | 05:20:43 | 08:17:49 | 10:16:34.60 | 10:16:42.25 | 8:41 | 6.9 |
| 30 | SIWOŃ EWA | 1368 | SMASHING PĄPKINS | WARSZAWA | POL | K40 | 5 | K 7 | 02:20:36 | 03:53:30 | 04:47:24 | 05:26:57 | 08:24:27 | 10:23:48.60 | 10:23:56.15 | 8:47 | 6.8 |
| 31 | MENDYKA ŁUKASZ | 1445 | KB AKTYWNI ŚRODA WLKP. | ŚRODA WLKP. | POL | M30 | 11 | M 24 | 02:24:08 | 03:57:14 | 04:53:20 | 05:30:41 | 08:35:07 | 10:28:33.45 | 10:28:40.35 | 8:51 | 6.8 |
| 32 | ZIMNY TOMASZ | 1321 | | SZCZECIN | POL | M60 | 1 | M 25 | 02:19:02 | 03:52:20 | 04:50:15 | 05:30:42 | 08:34:44 | 10:31:57.65 | 10:32:02.95 | 8:54 | 6.7 |

SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|---|-----------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 81 | LANGE SZYMON | 1313 | RUNNER'S POWER | SREM | POL | M40 | 26 | M 67 | 02:33:30 | 04:16:08 | 05:16:06 | 05:58:55 | 09:36:34 | 12:01:15.80 | 12:01:23.35 | 10:09 | 5.9 |
| 82 | JAKUSZEK KRZYSZTOF | 1356 | CEGIELNIA PIASKI | PIASKI | POL | M40 | 27 | M 69 | 02:23:54 | 04:12:51 | 05:19:54 | 06:00:48 | 09:28:17 | 12:02:54.20 | 12:03:12.20 | 10:10 | 5.9 |
| 83 | JAKUSZEK PAWEŁ | 1358 | CEGIELNIA PIASKI | PIASKI | POL | M40 | 28 | M 70 | 02:23:53 | 04:13:01 | 05:19:58 | 06:00:45 | 09:28:18 | 12:02:55.10 | 12:03:12.55 | 10:10 | 5.9 |
| 84 | WUJEK MARCIN | 1447 | MUAY RUNNING TEAM | GOSTYŃ | POL | M40 | 29 | M 71 | 02:23:54 | 04:12:56 | 05:20:34 | 06:00:44 | 09:28:17 | 12:02:56.10 | 12:03:13.25 | 10:10 | 5.9 |
| 85 | SZKOP WOJCIECH | 1402 | BLACK LABRADOR TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40 | 30 | M 72 | 02:22:32 | 04:00:29 | 05:12:15 | 05:58:28 | 09:37:42 | 12:05:36.70 | 12:05:39.90 | 10:13 | 5.9 |
| 86 | BEDNARCZYK BOGUSŁAW | 1442 | PRO-RUN WROCLAW | WROCLAW | POL | M50 | 4 | M 73 | 02:36:24 | 03:42:54 | | 06:24:23 | 09:36:31 | 12:05:48.50 | 12:06:00.15 | 10:13 | 5.9 |
| 87 | LECH PAWEŁ | 1382 | | WŁOSZCZOWA | POL | M30 | 32 | M 74 | 02:43:45 | 04:24:50 | 05:26:22 | 06:07:05 | 09:56:59 | 12:11:24.75 | 12:11:39.20 | 10:18 | 5.8 |
| 88 | KUBOWICZ ZBIGNIEW | 1412 | | OŁAWA | POL | M50 | 5 | M 75 | 02:37:28 | 04:26:12 | | 06:13:52 | 09:51:00 | 12:13:03.15 | 12:13:23.70 | 10:19 | 5.8 |
| 89 | GRZEGRZÓŁKA MARIUSZ | 1362 | | LUBAŃ | POL | M30 | 33 | M 76 | 02:40:23 | 04:27:32 | | 06:26:37 | 10:07:02 | 12:20:21.75 | 12:20:33.45 | 10:25 | 5.8 |
| 90 | LEWANDOWSKI PAWEŁ | 1331 | WPIP | LUBOŃ | POL | M30 | 34 | M 77 | 02:29:00 | 04:10:30 | 05:12:09 | 05:56:27 | 09:34:29 | 12:27:04.50 | 12:27:22.90 | 10:31 | 5.7 |
| 91 | GROCHOWSKI WOJCIECH | 1469 | KW WARSZAWA | WARSZAWA | POL | M30 | 35 | M 78 | 02:38:50 | 04:25:53 | | 06:07:22 | 09:42:37 | 12:32:32.65 | 12:32:54.65 | 10:35 | 5.7 |
| 92 | NOSZCZYK TOMASZ | 1390 | #ULTRARUNNINGTOMMY | NOWA RUDA | POL | M20 | 6 | M 79 | 02:36:38 | 04:25:47 | 05:32:07 | 06:24:23 | 10:00:41 | 12:42:27.50 | 12:42:35.15 | 10:44 | 5.6 |
| 93 | MUSIAL RADOSŁAW | 1301 | | WROCLAW | POL | M40 | 31 | M 80 | 02:36:36 | 04:26:44 | | 06:44:37 | 10:12:31 | 12:42:48.50 | 12:42:59.45 | 10:44 | 5.6 |
| 94 | TREGUB IGOR | 1446 | KUKURUDZA | WROCLAW | POL | M30 | 36 | M 81 | 02:34:34 | 04:21:23 | 05:27:10 | 06:10:22 | 10:07:38 | 12:46:28.40 | 12:46:36.45 | 10:47 | 5.6 |
| 95 | MELNYK IVAN | 1452 | KUKURUDZA | WROCLAW | UKR | M30 | 37 | M 82 | 02:34:35 | 04:21:31 | 05:27:20 | 06:10:25 | 10:07:38 | 12:46:29.20 | 12:46:36.70 | 10:47 | 5.6 |
| 96 | PRZERWA-BECH JOLANTA | 1335 | | MOSINA | POL | K40 | 10 | K 14 | 03:05:09 | 04:50:05 | | 06:32:16 | 10:20:52 | 12:46:37.55 | 12:46:50.85 | 10:47 | 5.6 |
| 97 | BOCIĄGA PAWEŁ | 1328 | SZWAGRY. PL | ŁÓDŹ | POL | M40 | 32 | M 83 | 02:38:59 | 04:45:28 | | 06:35:26 | 10:19:01 | 12:52:33.55 | 12:52:48.15 | 10:52 | 5.5 |
| 98 | SYNOWIEC GRZEGORZ | 1361 | | WROCLAW, POLSKA | POL | M40 | 33 | M 84 | 02:36:54 | 04:33:55 | 05:35:12 | 06:24:06 | 10:17:50 | 12:55:06.75 | 12:55:20.30 | 10:55 | 5.5 |
| 99 | KŁOCZKO MARCIN | 1386 | | POZNAŃ | POL | M30 | 38 | M 85 | 02:33:25 | 04:25:30 | 05:33:24 | 06:24:57 | 10:19:01 | 12:56:07.00 | 12:56:20.30 | 10:55 | 5.5 |
| 100 | IZDEBSKI MARIUSZ | 1456 | OSV TEAM | OLKUSZ | POL | M40 | 34 | M 86 | 02:46:02 | 04:40:25 | | 06:37:42 | 10:31:59 | 13:05:14.90 | 13:05:19.70 | 11:03 | 5.4 |
| 101 | DREJARZ-KACZMAREK ANNA | 1426 | | WARSZAWA | POL | K40 | 11 | K 15 | 02:50:07 | 04:54:05 | | 07:05:59 | 11:07:45 | 13:17:01.15 | 13:17:05.15 | 11:13 | 5.3 |
| 102 | KOISZEWSKI KRZYSZTOF | 1364 | STOWARZYSZENIE 42,2 LĘBORK | LĘBORK | POL | M40 | 35 | M 87 | 02:34:52 | 04:38:31 | | 06:32:51 | 10:39:31 | 13:17:29.70 | 13:17:39.15 | 11:13 | 5.3 |
| 103 | WĄTROBA MAREK | 1322 | | LĘBORK | POL | M30 | 39 | M 88 | 02:34:53 | 04:38:35 | | 06:30:39 | 10:39:31 | 13:17:30.75 | 13:17:39.40 | 11:13 | 5.3 |
| 104 | KOZYCZKOWSKI MARCIN | 1411 | 42,2 | MOSTY | POL | M30 | 40 | M 89 | 02:36:40 | 04:38:40 | | 06:30:39 | 10:39:31 | 13:17:30.30 | 13:17:39.90 | 11:13 | 5.3 |
| 105 | WYSOCKI TOMASZ | 1323 | OCHAJORUN&FRIENDS | RYBNIK | POL | M40 | 36 | M 90 | 02:45:27 | 04:45:34 | | 06:49:22 | 10:40:00 | 13:18:24.15 | 13:18:27.85 | 11:14 | 5.3 |
| 106 | ARENDT MICHAŁ | 1465 | | GDYNIA | POL | M30 | 41 | M 91 | 02:37:23 | 04:34:52 | 05:35:04 | 06:30:36 | 10:23:17 | 13:24:42.05 | 13:24:51.35 | 11:20 | 5.3 |
| 107 | OSTASZEWSKI ARKADIUSZ | 1384 | | LUBIN | POL | M40 | 37 | M 92 | 02:32:23 | 04:24:06 | 05:30:33 | 06:34:06 | 10:24:22 | 13:26:05.10 | 13:26:11.65 | 11:21 | 5.3 |
| 108 | KAMZOL ROMAN | 1440 | | BABIMOST | POL | M50 | 6 | M 93 | 02:43:39 | 04:38:43 | | 06:38:52 | 10:40:22 | 13:33:33.25 | 13:33:47.90 | 11:27 | 5.2 |
| 109 | WOJCIECHOWSKI WALDEMAR | 1374 | KB BRZEZIŃSKIE DZIKI | BRZEZINY | POL | M40 | 38 | M 94 | 02:47:26 | 04:48:44 | | 06:48:24 | 10:44:26 | 13:37:23.35 | 13:37:33.85 | 11:30 | 5.2 |
| 110 | ARKUSZYŃSKA BEATA | 1306 | TIME4RUNNING | TOMASZÓW MAZOWIECKI | POL | K40 | 12 | K 16 | 02:45:58 | 04:58:07 | | 07:00:28 | 10:46:58 | 13:37:35.20 | 13:37:43.75 | 11:30 | 5.2 |
| 111 | ULATOWSKI ANDRZEJ | 1365 | | TORUŃ | POL | M40 | 39 | M 95 | 02:43:36 | 04:44:39 | | 06:45:07 | 10:51:24 | 13:37:43.15 | 13:37:53.25 | 11:31 | 5.2 |
| 112 | TRZECIAK ANDRZEJ | 1349 | KGHM COPI RUN | LEGNICA | POL | M40 | 40 | M 96 | 02:39:14 | 04:39:33 | | 06:41:49 | 10:52:36 | 13:43:25.20 | 13:43:37.20 | 11:35 | 5.2 |
| 113 | JĘDRZEJCZAK ARTUR | 1463 | | SOLEC WLKP | POL | M30 | 42 | M 97 | 02:38:25 | 04:29:04 | 05:33:13 | 06:25:06 | 10:25:05 | 13:44:40.15 | 13:44:46.85 | 11:36 | 5.2 |
| 114 | WITKA PIOTR | 1327 | ŁEBA MORS POLAND | GARCZEGORZE | POL | M50 | 7 | M 98 | 02:45:25 | 04:51:19 | | 07:00:05 | 10:53:09 | 13:47:29.80 | 13:47:38.00 | 11:39 | 5.1 |
| 115 | WITKA GRAŻYNA | 1314 | AGOGA-GYM LĘBORK | GARCZEGORZE | POL | K50 | 1 | K 17 | 02:45:26 | 04:51:28 | | 07:00:04 | 10:53:10 | 13:47:29.60 | 13:47:38.05 | 11:39 | 5.1 |
| 116 | KUBIAK JAROSŁAW | 1312 | | BYDGOSZCZ | POL | M40 | 41 | M 99 | 02:39:05 | 04:41:52 | | 06:38:04 | 10:49:50 | 13:51:40.85 | 13:51:53.15 | 11:42 | 5.1 |
| 117 | MOŻUCH MACIEJ | 1376 | | BYDGOSZCZ | POL | M40 | 42 | M 100 | 02:39:04 | 04:41:44 | | 06:38:03 | 10:49:49 | 13:51:39.50 | 13:51:53.45 | 11:42 | 5.1 |
| 118 | ŁUCZAK PRZEMEK | 1305 | | SZCZECIN | POL | M40 | 43 | M 101 | 02:29:13 | 04:18:08 | 05:23:26 | 06:15:08 | 10:23:41 | 13:56:00.15 | 13:56:09.65 | 11:46 | 5.1 |
| 119 | KWAŚNIEWSKI RAFAŁ | 1429 | SZWLA STARGARD | STARGARD | POL | M30 | 43 | M 102 | 02:40:34 | 04:27:11 | | 06:15:12 | 10:13:05 | 13:56:23.65 | 13:56:34.25 | 11:46 | 5.1 |
| 120 | BUKOWY BŁAŻEJ | 1471 | ABSOLUTNI AMATORZY | WROCLAW | POL | M30 | 44 | M 103 | 02:48:04 | 04:52:41 | | 06:54:10 | 11:07:03 | 13:57:17.55 | 13:57:37.95 | 11:47 | 5.1 |
| 121 | BUKOWY MARTA | 1466 | ABSOLUTNI AMATORZY | WROCLAW | POL | K30 | 3 | K 18 | 02:48:23 | 04:52:54 | | 06:54:21 | 11:07:13 | 13:57:17.05 | 13:57:38.15 | 11:47 | 5.1 |
| 122 | PROŃCZUK ADAM | 1439 | WEHICOOL | CZECHOWICE-DZI EDZICE | POL | M50 | 8 | M 104 | 02:58:14 | 04:58:51 | | 07:01:46 | 11:03:08 | 13:58:24.50 | 13:58:42.50 | 11:48 | 5.1 |
| 123 | CZERWIŃSKI WOJCIECH | 1372 | | CIECHANÓW | POL | M30 | 45 | M 105 | 02:48:14 | 04:48:10 | | 06:55:44 | 11:12:42 | 13:59:25.85 | 13:59:38.25 | 11:49 | 5.1 |
| 124 | KOTYNIA KRZYSZTOF | 1393 | KLUB BIEGACZA BRZEZIŃSKIE DZIKI/PIETRZYK RUNNING TEAM | BRZEZINY | POL | M50 | 9 | M 106 | 02:49:19 | 05:04:10 | | 07:24:25 | 11:24:30 | 14:04:08.00 | 14:04:18.70 | 11:53 | 5 |
| 125 | ERNANDES KAMILA | 1350 | | ŚWIEBIDZIN | POL | K40 | 13 | K 19 | 02:54:20 | 05:03:18 | | 07:16:28 | 11:30:54 | 14:12:21.45 | 14:12:36.60 | 12:00 | 5 |
| 126 | MACKIEWICZ KATARZYNA | 1326 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | K40 | 14 | K 20 | 02:54:27 | 05:03:25 | | 07:22:42 | 11:31:07 | 14:12:24.55 | 14:12:38.80 | 12:00 | 5 |

SIEDEMDZIESIĄT Z HAKIEM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-------------------------|------|---|------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 127 | CHELIŃSKA MAGDALENA | 1432 | | OLEŚNICA | POL | K30 | 4 | K 21 | 03:01:41 | 05:17:09 | | 07:32:26 | 11:23:51 | 14:15:50.75 | 14:15:57.25 | 12:03 | 5 |
| 128 | GARAS ELIZA | 1417 | KB GEPARD MUROWANA GOŚLINA | POZNAŃ | POL | K30 | 5 | K 22 | 03:01:41 | 05:17:28 | | 07:32:24 | 11:23:53 | 14:17:26.30 | 14:17:32.90 | 12:04 | 5 |
| 129 | ANDRZEJEWICZ PAWEŁ | 1340 | | ŻARY | POL | M40 | 44 | M 107 | 03:03:14 | 05:17:09 | | 07:25:59 | 11:40:09 | 14:24:13.15 | 14:24:26.70 | 12:10 | 4.9 |
| 130 | NOWAKOWSKI SŁAWOMIR | 1414 | SKARYMAKERSI SKARYSZEWSKIE CIACHA | HIPOLITÓW | POL | M40 | 45 | M 108 | 03:03:20 | 05:17:16 | | 07:26:01 | 11:40:12 | 14:24:15.75 | 14:24:27.15 | 12:10 | 4.9 |
| 131 | SZYMAŃSKI JACEK | 1458 | PARKRUN SKIERNIEWICE | SKIERNIEWICE | POL | M40 | 46 | M 109 | 02:51:44 | 04:58:09 | | 07:02:32 | 11:23:48 | 14:36:51.25 | 14:37:04.00 | 12:21 | 4.9 |
| 132 | AUGUSTYNIAK JAKUB | 1318 | | RAWICZ | POL | M30 | 46 | M 110 | 02:51:49 | 05:06:31 | | 07:26:11 | 11:44:32 | 14:37:58.65 | 14:38:14.75 | 12:21 | 4.9 |
| 133 | BEDNARCZYK DARIA | 1355 | | POZNAŃ | POL | K40 | 15 | K 23 | 03:01:04 | 05:02:43 | | 07:08:55 | 11:26:33 | 14:38:25.35 | 14:38:33.60 | 12:22 | 4.8 |
| 134 | MAŚLANKIEWICZ KATARZYNA | 1352 | | POZNAŃ | POL | K40 | 16 | K 24 | 02:52:26 | 04:59:39 | | 07:15:59 | 11:25:18 | 14:46:35.75 | 14:46:46.10 | 12:29 | 4.8 |
| 135 | NAWROT ARTUR | 1420 | | TRZEBNICA | POL | M30 | 47 | M 111 | 02:52:26 | 05:03:01 | | 07:29:19 | 12:01:19 | 14:49:55.80 | 14:50:00.85 | 12:32 | 4.8 |
| 136 | IWAN KRZYSZTOF | 1391 | | LEGNICA | POL | M40 | 47 | M 112 | 02:59:46 | 05:19:33 | | 07:34:57 | 11:49:54 | 14:55:56.10 | 14:56:08.40 | 12:37 | 4.8 |
| 137 | KITA EWA | 1369 | | KĘDZIERZYN-KOŻŁ E | POL | K50 | 2 | K 25 | 03:22:49 | 05:39:19 | | 07:52:06 | 12:06:28 | 15:00:46.00 | 15:00:56.05 | 12:41 | 4.7 |
| 138 | CATALIN CIRSTEA | 1468 | | FREDERICA | DEN | M20 | 7 | M 113 | 03:05:32 | 05:25:57 | | 07:36:04 | 11:33:19 | 15:09:08.70 | 15:09:08.70 | 12:48 | 4.7 |
| 139 | TUTAK TOMASZ | 1324 | KLUB 42,2 LĘBORK | LĘBORK | POL | M40 | 48 | M 114 | 03:01:33 | 05:23:20 | | 07:53:55 | 12:08:50 | 15:11:48.05 | 15:11:56.50 | 12:50 | 4.7 |
| 140 | RYCHLIKOWSKI PAWEŁ | 1413 | | WROCŁAW | POL | M40 | 49 | M 115 | 03:06:33 | 05:22:28 | | 07:41:51 | 12:08:52 | 15:31:34.95 | 15:31:45.20 | 13:07 | 4.6 |
| 141 | CAL PIOTR | 1377 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | M50 | 10 | M 116 | 02:41:00 | 04:32:58 | | 07:04:18 | 11:54:28 | 15:32:48.20 | 15:33:06.60 | 13:08 | 4.6 |
| 142 | ZYWERT MATEUSZ | 1348 | | ROKITNICA | POL | M30 | 48 | M 117 | 02:40:55 | 04:32:51 | | 07:04:01 | 11:54:28 | 15:32:47.20 | 15:33:07.15 | 13:08 | 4.6 |
| 143 | SOKOŁOWSKI ARTUR | 1371 | DZIADY OCR | OTWOCK | POL | M40 | 50 | M 118 | 03:08:01 | 05:32:17 | | 07:53:37 | 12:25:54 | 15:40:27.75 | 15:40:34.35 | 13:14 | 4.5 |
| 144 | JEKOT MARTA | 1395 | | KOMMETJIE | | K30 | 6 | K 26 | 02:22:26 | 03:53:26 | 04:43:36 | 05:20:39 | 08:15:48 | | | 9:11 | 6.5 |
| 145 | WIECZOREK OLA | 1370 | | WROCŁAW | POL | K20 | 3 | K 27 | 02:36:38 | 04:25:41 | 05:32:19 | 06:24:24 | | | | 10:23 | 5.8 |
| 146 | KUCZ TOMASZ | 1310 | | JELENIA GÓRA | POL | M40 | 51 | M 119 | 02:48:45 | 04:49:50 | | 07:09:04 | | | | 11:35 | 5.2 |
| 147 | MARCINOWSKI AREK | 1407 | FUNDACJA PAŁAC STRUGA | WARSZAWA | POL | M50 | 11 | M 120 | 03:48:08 | 06:11:37 | | 08:31:27 | | | | 13:49 | 4.3 |
| 148 | OLSZEWSKI KRZYSZTOF | 1401 | | JELENIA GÓRA | POL | M50 | 12 | M 121 | 03:59:41 | 06:25:40 | | 09:18:02 | | | | 15:04 | 4 |
| | KOLANKO MATEUSZ | 1357 | SOBAS TEAM | GLIWICE | POL | M30 | | | 01:57:19 | 03:11:19 | 04:03:15 | 04:35:13 | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | DNF | | | | | |
| | ZALEWSKI KAROL | 1449 | JA TRENUJE | RUMIA | POL | M40 | | | 02:04:02 | 03:24:49 | 04:20:19 | 05:01:56 | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | DNF | | | | | |
| | TERZONI CHRISTIAN | 1431 | MARCIN ŚWIERC TEAM | CASTELNOVO NE MONTI | ITA | M30 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

SIEDEMDZIESIĄT Z HAKIEM, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|--------------------------|------|--------------------------------|-----------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | SZABŁOWSKA IWONA | 1416 | STRASZYN ULTRA TEAM | JUSZKOWO | POL | K30 | 1 | K 1 | 02:05:32 | 03:26:25 | 04:16:30 | 04:51:29 | 07:29:32 | 09:14:24.05 | 09:14:27.70 | 7:48 | 7.7 |
| 2 | MADAJ ZUZANNA | 1344 | MADGOLD TEAM | POZNAŃ | POL | K20 | 1 | K 2 | 02:11:36 | 03:34:58 | 04:22:52 | 04:57:16 | 07:28:29 | 09:18:35.75 | 09:18:44.95 | 7:52 | 7.6 |
| 3 | MOCZULSKA MAŁGORZATA | 1336 | KARKONOSZ RUNNING TEAM | ZARÓW | POL | K40 | 1 | K 3 | 02:10:26 | 03:31:54 | 04:20:32 | 04:54:47 | 07:36:07 | 09:21:15.65 | 09:21:18.60 | 7:54 | 7.6 |
| 4 | BIEGASIEWICZ MONIKA | 1454 | | SZCZECIN | POL | K40 | 2 | K 4 | 02:11:21 | 03:40:24 | | 05:08:55 | 07:46:01 | 09:35:42.15 | 09:35:45.30 | 8:06 | 7.4 |
| 5 | NOWACKA MARLENA | 1419 | JAN-MAR.PL | PIASKI | POL | K40 | 3 | K 5 | 02:12:14 | 03:40:47 | 04:33:02 | 05:07:07 | 07:51:43 | 09:39:24.15 | 09:39:28.55 | 8:09 | 7.4 |
| 6 | GRABOŚ NINA | 1394 | | WARSZAWA | POL | K40 | 4 | K 6 | 02:28:05 | 03:57:46 | 04:54:49 | 05:30:53 | 08:19:42 | 10:09:19.85 | 10:09:26.75 | 8:34 | 7 |
| 7 | SIWON EWA | 1368 | SMASHING PĄPKINS | WARSZAWA | POL | K40 | 5 | K 7 | 02:20:36 | 03:53:30 | 04:47:24 | 05:26:57 | 08:24:27 | 10:23:48.60 | 10:23:56.15 | 8:47 | 6.8 |
| 8 | SKÓRA ANASTAZJA | 1385 | | WROCŁAW | POL | K20 | 2 | K 8 | 02:29:42 | 04:10:07 | 05:07:36 | 05:41:54 | 08:36:56 | 10:32:23.55 | 10:32:23.55 | 8:54 | 6.7 |
| 9 | KUKUC- KWAPISZEWSKA ANNA | 1455 | | ELBLĄG | POL | K40 | 6 | K 9 | 02:25:56 | 04:02:51 | 04:56:50 | 05:42:10 | 08:49:54 | 10:55:56.05 | 10:56:02.50 | 9:14 | 6.5 |
| 10 | SZMECHTIG-GAUDEN EWA | 1421 | PODGÓRZ TORUŃ | TORUŃ | POL | K40 | 7 | K 10 | 02:24:43 | 03:57:41 | 04:55:14 | 05:40:08 | 08:55:21 | 11:18:23.95 | 11:18:28.60 | 9:33 | 6.3 |
| 11 | SKRZYPIŃSKA OLGA | 1302 | CHATA BIEGACZA K34 ZAKOPANE | WROCŁAW | POL | K30 | 2 | K 11 | 02:26:56 | 04:10:16 | 05:12:59 | 05:58:47 | 09:16:11 | 11:23:35.90 | 11:23:41.90 | 9:37 | 6.2 |
| 12 | GRUMBIAŃSKA PAULINA | 1451 | | PRUSZKÓW | POL | K40 | 8 | K 12 | 02:32:21 | 04:15:38 | 05:17:00 | 06:00:08 | 09:27:07 | 11:38:53.35 | 11:38:57.55 | 9:50 | 6.1 |
| 13 | PIASECKA MONIKA | 1359 | DREAM RUN | WARSZAWA | POL | K40 | 9 | K 13 | 02:37:01 | 04:27:48 | 05:28:30 | 06:15:25 | 09:36:32 | 11:42:31.75 | 11:42:40.20 | 9:53 | 6.1 |
| 14 | PRZERWA-BECH JOLANTA | 1335 | | MOSINA | POL | K40 | 10 | K 14 | 03:05:09 | 04:50:05 | | 06:32:16 | 10:20:52 | 12:46:37.55 | 12:46:50.85 | 10:47 | 5.6 |

SIEDEMDZIESIĄT Z HAKIEM, K-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-------------------------|------|----------------------------|---------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 15 | DREJARZ-KACZMAREK ANNA | 1426 | | WARSZAWA | POL | K40 | 11 | K 15 | 02:50:07 | 04:54:05 | | 07:05:59 | 11:07:45 | 13:17:01.15 | 13:17:05.15 | 11:13 | 5.3 |
| 16 | ARKUSZYŃSKA BEATA | 1306 | TIME4RUNNING | TOMASZÓW MAZOWIECKI | POL | K40 | 12 | K 16 | 02:45:58 | 04:58:07 | | 07:00:28 | 10:46:58 | 13:37:35.20 | 13:37:43.75 | 11:30 | 5.2 |
| 17 | WITKA GRAŻYNA | 1314 | AGOGA-GYM LĘBORK | GARCZEGORZE | POL | K50 | 1 | K 17 | 02:45:26 | 04:51:28 | | 07:00:04 | 10:53:10 | 13:47:29.60 | 13:47:38.05 | 11:39 | 5.1 |
| 18 | BUKOWY MARTA | 1466 | ABSOLUTNI AMATORZY | WROCŁAW | POL | K30 | 3 | K 18 | 02:48:23 | 04:52:54 | | 06:54:21 | 11:07:13 | 13:57:17.05 | 13:57:38.15 | 11:47 | 5.1 |
| 19 | ERNANDES KAMILA | 1350 | | ŚWIEBODZIN | POL | K40 | 13 | K 19 | 02:54:20 | 05:03:18 | | 07:16:28 | 11:30:54 | 14:12:21.45 | 14:12:36.60 | 12:00 | 5 |
| 20 | MACKIEWICZ KATARZYNA | 1326 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | K40 | 14 | K 20 | 02:54:27 | 05:03:25 | | 07:22:42 | 11:31:07 | 14:12:24.55 | 14:12:38.80 | 12:00 | 5 |
| 21 | CHELIŃSKA MAGDALENA | 1432 | | OLEŚNICA | POL | K30 | 4 | K 21 | 03:01:41 | 05:17:09 | | 07:32:26 | 11:23:51 | 14:15:50.75 | 14:15:57.25 | 12:03 | 5 |
| 22 | GARAS ELIZA | 1417 | KB GEPARD MUROWANA GOŚLINA | POZNAŃ | POL | K30 | 5 | K 22 | 03:01:41 | 05:17:28 | | 07:32:24 | 11:23:53 | 14:17:26.30 | 14:17:32.90 | 12:04 | 5 |
| 23 | BEDNARCZYK DARIA | 1355 | | POZNAŃ | POL | K40 | 15 | K 23 | 03:01:04 | 05:02:43 | | 07:08:55 | 11:26:33 | 14:38:25.35 | 14:38:33.60 | 12:22 | 4.8 |
| 24 | MAŚLANKIEWICZ KATARZYNA | 1352 | | POZNAŃ | POL | K40 | 16 | K 24 | 02:52:26 | 04:59:39 | | 07:15:59 | 11:25:18 | 14:46:35.75 | 14:46:46.10 | 12:29 | 4.8 |
| 25 | KITA EWA | 1369 | | KĘDZIERZYN-KOZŁE | POL | K50 | 2 | K 25 | 03:22:49 | 05:39:19 | | 07:52:06 | 12:06:28 | 15:00:46.00 | 15:00:56.05 | 12:41 | 4.7 |
| 26 | JEKOT MARTA | 1395 | | KOMMETJIE | | K30 | 6 | K 26 | 02:22:26 | 03:53:26 | 04:43:36 | 05:20:39 | 08:15:48 | | | 9:11 | 6.5 |
| 27 | WIECZOREK OLA | 1370 | | WROCŁAW | POL | K20 | 3 | K 27 | 02:36:38 | 04:25:41 | 05:32:19 | 06:24:24 | | | | 10:23 | 5.8 |

SIEDEMDZIESIĄT Z HAKIEM, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|---|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | WITEK ANDRZEJ | 1433 | 140MINUT.PL / WROCŁAWSKIE ITEN | WROCŁAW | POL | M20 | 1 | M 1 | 01:49:39 | 02:51:45 | | 03:52:48 | 05:48:29 | 07:14:06.10 | 07:14:08.70 | 6:06 | 9.8 |
| 2 | WŁODARKIEWICZ DOMINIK | 1457 | DYNAFIT POLSKA | POZNAŃ | POL | M40 | 1 | M 2 | 01:50:36 | 02:55:41 | 03:36:06 | 04:03:47 | 06:11:50 | 07:40:51.40 | 07:40:54.00 | 6:29 | 9.2 |
| 3 | KOBYŁECKI MICHAŁ | 1332 | PROCOM SYSTEM TEAM | SZCZERCÓW | POL | M20 | 2 | M 3 | 01:56:10 | 03:06:44 | 03:51:10 | 04:17:05 | 06:26:52 | 07:53:16.95 | 07:53:21.35 | 6:39 | 9 |
| 4 | SADOWSKI PAWEŁ | 1396 | HUSARIA ZNAD BOBRU | JANOWICE WIELKIE | POL | M20 | 3 | M 4 | 01:50:33 | 02:58:25 | | 04:14:37 | 06:31:39 | 07:58:35.05 | 07:58:40.75 | 6:44 | 8.9 |
| 5 | STOLARZ PIOTR | 1472 | AKYWNA DĄBROWA | DĄBROWA GÓRNICZA | POL | M40 | 2 | M 5 | 01:56:56 | 03:11:09 | 04:02:03 | 04:31:04 | 06:56:27 | 08:38:21.25 | 08:38:25.55 | 7:18 | 8.2 |
| 6 | MIEDZIEJEWSKI ANDRZEJ | 1379 | WPRUNNING PRUSZKÓW | PRUSZKÓW | POL | M30 | 1 | M 6 | 02:01:53 | 03:19:00 | | 04:40:21 | 07:04:08 | 08:40:43.65 | 08:40:46.60 | 7:20 | 8.2 |
| 7 | BARCZYK MARIUSZ | 1461 | OLKUSZBIEGA | OLKUSZ | POL | M40 | 3 | M 7 | 02:01:18 | 03:19:07 | 04:06:55 | 04:38:26 | 07:12:49 | 08:58:39.30 | 08:58:43.35 | 7:35 | 7.9 |
| 8 | ŁYJAK BŁAŻEJ | 1467 | RATEMYTRAIL | WROCŁAW | POL | M40 | 4 | M 8 | 02:03:08 | 03:21:02 | 04:08:08 | 04:40:07 | 07:07:26 | 08:59:11.50 | 08:59:15.80 | 7:35 | 7.9 |
| 9 | NIEZGÓDKA TOMASZ | 1462 | ZALOGA GÓRSKA | WROCŁAW | POL | M40 | 5 | M 9 | 02:13:12 | 03:34:02 | 04:26:42 | 04:54:42 | 07:28:35 | 09:06:49.05 | 09:06:53.95 | 7:42 | 7.8 |
| 10 | KRAKOWIAK RAFAŁ | 1342 | KRAKOWIAKTEAM | MOSINA | POL | M30 | 2 | M 10 | 02:03:41 | 03:24:37 | 04:13:37 | 04:48:32 | 07:23:33 | 09:13:52.90 | 09:13:57.50 | 7:48 | 7.7 |
| 11 | WIŚNIEWSKI PAWEŁ | 1346 | KARKONOSZ RUNNING TEAM | JELENIA GÓRA | POL | M30 | 3 | M 11 | 02:02:56 | 03:23:14 | 04:14:32 | 04:49:06 | 07:26:50 | 09:15:14.00 | 09:15:19.15 | 7:49 | 7.7 |
| 12 | NAJBERG MICHAŁ | 1443 | BYLEDOBIEC ANIN | WARSZAWA | POL | M30 | 4 | M 12 | 02:05:08 | 03:25:20 | 04:16:25 | 04:50:16 | 07:30:31 | 09:16:54.20 | 09:16:57.05 | 7:50 | 7.6 |
| 13 | BIENIEK GRZEGORZ | 1360 | APEX.INFO | LUBAWKA | POL | M30 | 5 | M 13 | 02:13:59 | | 04:24:25 | 04:55:38 | 07:33:47 | 09:18:17.95 | 09:18:22.45 | 7:51 | 7.6 |
| 14 | KOGUT STANISŁAW | 1430 | BIEGOWA ŚWIDNICA | ŚWIDNICA | POL | M30 | 6 | M 14 | 02:10:25 | 03:32:14 | 04:23:12 | 04:52:07 | 07:36:02 | 09:21:16.65 | 09:21:19.80 | 7:54 | 7.6 |
| 15 | JANUSZKO KRZYSZTOF | 1408 | ŻELAZNA ŚWIDNICA | ŚWIDNICA | POL | M30 | 7 | M 15 | 02:14:01 | | | 04:54:43 | 07:31:54 | 09:29:16.75 | 09:29:19.65 | 8:01 | 7.5 |
| 16 | ŻEGOTA ŁUKASZ | 1338 | RAZEM TRENUJEMY SPORT | ŁÓDŹ | POL | M30 | 8 | M 16 | 01:59:58 | 03:18:38 | 04:07:03 | 04:44:16 | 07:33:23 | 09:29:40.15 | 09:29:55.75 | 8:01 | 7.5 |
| 17 | TOPOLSKI MARCIN | 1392 | CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA | JADOWNIKI | POL | M40 | 6 | M 17 | 02:09:20 | 03:32:02 | 04:21:16 | 04:56:49 | 07:37:32 | 09:30:45.20 | 09:30:49.90 | 8:02 | 7.5 |
| 18 | ROSZAK ROBERT | 1399 | OSP ŚREM | PYSZACA | POL | M40 | 7 | M 18 | 02:10:00 | | | 05:03:18 | 07:44:09 | 09:48:26.95 | 09:48:29.45 | 8:17 | 7.2 |
| 19 | WOJTASZEK JACEK | 1366 | BERSERKER'S TEAM | PIECHOWICE | POL | M40 | 8 | M 19 | 02:04:31 | 03:27:42 | | 04:56:15 | 07:51:01 | 09:49:59.85 | 09:50:06.75 | 8:18 | 7.2 |
| 20 | CHOROSTKOWSKI BARTOSZ | 1303 | CHATA BIEGACZA K34 ZAKAOPANE | WROCŁAW | POL | M30 | 9 | M 20 | 02:15:07 | 03:40:16 | 04:33:47 | 05:06:26 | 07:59:44 | 09:51:46.30 | 09:51:51.20 | 8:20 | 7.2 |
| 21 | MATYJA ADAM | 1388 | | STARA HUTA | POL | M30 | 10 | M 21 | 02:19:17 | 03:43:13 | 04:35:18 | 05:08:18 | 07:59:37 | 10:03:16.60 | 10:03:20.25 | 8:29 | 7.1 |
| 22 | SZYNWELSKI TOMASZ | 1387 | | ŚRODA WIELKOPOLSKA | POL | M40 | 9 | M 22 | 02:11:40 | 03:39:44 | | 05:14:33 | 08:19:09 | 10:06:22.15 | 10:06:28.55 | 8:32 | 7 |
| 23 | MRÓWKA LESZEK | 1300 | | BRALIN | POL | M40 | 10 | M 23 | 02:18:42 | 03:48:59 | 04:44:41 | 05:20:43 | 08:17:49 | 10:16:34.60 | 10:16:42.25 | 8:41 | 6.9 |

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|--|--------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 72 | SZKOP WOJCIECH | 1402 | BLACK LABRADOR TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40 | 30 | M 72 | 02:22:32 | 04:00:29 | 05:12:15 | 05:58:28 | 09:37:42 | 12:05:36.70 | 12:05:39.90 | 10:13 | 5.9 |
| 73 | BEDNARCZYK BOGUSŁAW | 1442 | PRO-RUN WROCLAW | WROCLAW | POL | M50 | 4 | M 73 | 02:36:24 | 03:42:54 | | 06:24:23 | 09:36:31 | 12:05:48.50 | 12:06:00.15 | 10:13 | 5.9 |
| 74 | LECH PAWEŁ | 1382 | | WŁOSZCZOWA | POL | M30 | 32 | M 74 | 02:43:45 | 04:24:50 | 05:26:22 | 06:07:05 | 09:56:59 | 12:11:24.75 | 12:11:39.20 | 10:18 | 5.8 |
| 75 | KUBOWICZ ZBIGNIEW | 1412 | | OLAWA | POL | M50 | 5 | M 75 | 02:37:28 | 04:26:12 | | 06:13:52 | 09:51:00 | 12:13:03.15 | 12:13:23.70 | 10:19 | 5.8 |
| 76 | GRZEGRZÓŁKA MARIUSZ | 1362 | | LUBAŃ | POL | M30 | 33 | M 76 | 02:40:23 | 04:27:32 | | 06:26:37 | 10:07:02 | 12:20:21.75 | 12:20:33.45 | 10:25 | 5.8 |
| 77 | LEWANDOWSKI PAWEŁ | 1331 | WPIP | LUBOŃ | POL | M30 | 34 | M 77 | 02:29:00 | 04:10:30 | 05:12:09 | 05:56:27 | 09:34:29 | 12:27:04.50 | 12:27:22.90 | 10:31 | 5.7 |
| 78 | GROCHOWSKI WOJCIECH | 1469 | KW WARSZAWA | WARSZAWA | POL | M30 | 35 | M 78 | 02:38:50 | 04:25:53 | | 06:07:22 | 09:42:37 | 12:32:32.65 | 12:32:54.65 | 10:35 | 5.7 |
| 79 | NOSZCZYK TOMASZ | 1390 | #ULTRARUNNINGTOM MY | NOWA RUDA | POL | M20 | 6 | M 79 | 02:36:38 | 04:25:47 | 05:32:07 | 06:24:23 | 10:00:41 | 12:42:27.50 | 12:42:35.15 | 10:44 | 5.6 |
| 80 | MUSIAL RADOSŁAW | 1301 | | WROCLAW | POL | M40 | 31 | M 80 | 02:36:36 | 04:26:44 | | 06:44:37 | 10:12:31 | 12:42:48.50 | 12:42:59.45 | 10:44 | 5.6 |
| 81 | TREGUB IGOR | 1446 | KUKURUDZA | WROCLAW | POL | M30 | 36 | M 81 | 02:34:34 | 04:21:23 | 05:27:10 | 06:10:22 | 10:07:38 | 12:46:28.40 | 12:46:36.45 | 10:47 | 5.6 |
| 82 | MELNYK IVAN | 1452 | KUKURUDZA | WROCLAW | UKR | M30 | 37 | M 82 | 02:34:35 | 04:21:31 | 05:27:20 | 06:10:25 | 10:07:38 | 12:46:29.20 | 12:46:36.70 | 10:47 | 5.6 |
| 83 | BOCIAGA PAWEŁ | 1328 | SZWAGRY. PL | ŁÓDŹ | POL | M40 | 32 | M 83 | 02:38:59 | 04:45:28 | | 06:35:26 | 10:19:01 | 12:52:33.55 | 12:52:48.15 | 10:52 | 5.5 |
| 84 | SYNOWIEC GRZEGORZ | 1361 | | WROCLAW, POLSKA | POL | M40 | 33 | M 84 | 02:36:54 | 04:33:55 | 05:35:12 | 06:24:06 | 10:17:50 | 12:55:06.75 | 12:55:20.30 | 10:55 | 5.5 |
| 85 | KŁOCZKO MARCIN | 1386 | | POZNAŃ | POL | M30 | 38 | M 85 | 02:33:25 | 04:25:30 | 05:33:24 | 06:24:57 | 10:19:01 | 12:56:07.00 | 12:56:20.30 | 10:55 | 5.5 |
| 86 | IZDEBSKI MARIUSZ | 1456 | OSV TEAM | OLKUSZ | POL | M40 | 34 | M 86 | 02:46:02 | 04:40:25 | | 06:37:42 | 10:31:59 | 13:05:14.90 | 13:05:19.70 | 11:03 | 5.4 |
| 87 | KOISZEWSKI KRZYSZTOF | 1364 | STOWARZYSZENIE 42,2 LĘBORK | LĘBORK | POL | M40 | 35 | M 87 | 02:34:52 | 04:38:31 | | 06:32:51 | 10:39:31 | 13:17:29.70 | 13:17:39.15 | 11:13 | 5.3 |
| 88 | WĄTROBA MAREK | 1322 | | LĘBORK | POL | M30 | 39 | M 88 | 02:34:53 | 04:38:35 | | 06:30:39 | 10:39:31 | 13:17:30.75 | 13:17:39.40 | 11:13 | 5.3 |
| 89 | KOŹYCKOWSKI MARCIN | 1411 | 42,2 | MOSTY | POL | M30 | 40 | M 89 | 02:36:40 | 04:38:40 | | 06:30:39 | 10:39:31 | 13:17:30.30 | 13:17:39.90 | 11:13 | 5.3 |
| 90 | WYSOCKI TOMASZ | 1323 | OCHAJORUN&FRIENDS | RYBNIK | POL | M40 | 36 | M 90 | 02:45:27 | 04:45:34 | | 06:49:22 | 10:40:00 | 13:18:24.15 | 13:18:27.85 | 11:14 | 5.3 |
| 91 | ARENDT MICHAŁ | 1465 | | GDYNIA | POL | M30 | 41 | M 91 | 02:37:23 | 04:34:52 | 05:35:04 | 06:30:36 | 10:23:17 | 13:24:42.05 | 13:24:51.35 | 11:20 | 5.3 |
| 92 | OSTASZEWSKI ARKADIUSZ | 1384 | | LUBIN | POL | M40 | 37 | M 92 | 02:32:23 | 04:24:06 | 05:30:33 | 06:34:06 | 10:24:22 | 13:26:05.10 | 13:26:11.65 | 11:21 | 5.3 |
| 93 | KAMZOL ROMAN | 1440 | | BABIMOST | POL | M50 | 6 | M 93 | 02:43:39 | 04:38:43 | | 06:38:52 | 10:40:22 | 13:33:33.25 | 13:33:47.90 | 11:27 | 5.2 |
| 94 | WOJCIECHOWSKI WALDEMAR | 1374 | KB BRZEZIŃSKIE DZIKI | BRZEZINY | POL | M40 | 38 | M 94 | 02:47:26 | 04:48:44 | | 06:48:24 | 10:44:26 | 13:37:23.35 | 13:37:33.85 | 11:30 | 5.2 |
| 95 | ULATOWSKI ANDRZEJ | 1365 | | TORUŃ | POL | M40 | 39 | M 95 | 02:43:36 | 04:44:39 | | 06:45:07 | 10:51:24 | 13:37:43.15 | 13:37:53.25 | 11:31 | 5.2 |
| 96 | TRZECIĄK ANDRZEJ | 1349 | KGHM COPI RUN | LEGNICA | POL | M40 | 40 | M 96 | 02:39:14 | 04:39:33 | | 06:41:49 | 10:52:36 | 13:43:25.20 | 13:43:37.20 | 11:35 | 5.2 |
| 97 | JĘDRZEJCZAK ARTUR | 1463 | | SOLEC WLKP | POL | M30 | 42 | M 97 | 02:38:25 | 04:29:04 | 05:33:13 | 06:25:06 | 10:25:05 | 13:44:40.15 | 13:44:46.85 | 11:36 | 5.2 |
| 98 | WITKA PIOTR | 1327 | ŁEBA MORS POLAND | GARCZEGORZE | POL | M50 | 7 | M 98 | 02:45:25 | 04:51:19 | | 07:00:05 | 10:53:09 | 13:47:29.80 | 13:47:38.00 | 11:39 | 5.1 |
| 99 | KUBIAK JAROSŁAW | 1312 | | BYDGOSZCZ | POL | M40 | 41 | M 99 | 02:39:05 | 04:41:52 | | 06:38:04 | 10:49:50 | 13:51:40.85 | 13:51:53.15 | 11:42 | 5.1 |
| 100 | MOŻUCH MACIEJ | 1376 | | BYDGOSZCZ | POL | M40 | 42 | M 100 | 02:39:04 | 04:41:44 | | 06:38:03 | 10:49:49 | 13:51:39.50 | 13:51:53.45 | 11:42 | 5.1 |
| 101 | ŁUCZAK PRZEMEK | 1305 | | SZCZECIN | POL | M40 | 43 | M 101 | 02:29:13 | 04:18:08 | 05:23:26 | 06:15:08 | 10:23:41 | 13:56:00.15 | 13:56:09.65 | 11:46 | 5.1 |
| 102 | KWAŚNIEWSKI RAFAŁ | 1429 | SZWLA STARGARD | STARGARD | POL | M30 | 43 | M 102 | 02:40:34 | 04:27:11 | | 06:15:12 | 10:13:05 | 13:56:23.65 | 13:56:34.25 | 11:46 | 5.1 |
| 103 | BUKOWY BŁAŻEJ | 1471 | ABSOLUTNI AMATORZY | WROCLAW | POL | M30 | 44 | M 103 | 02:48:04 | 04:52:41 | | 06:54:10 | 11:07:03 | 13:57:17.55 | 13:57:37.95 | 11:47 | 5.1 |
| 104 | PROŃCZUK ADAM | 1439 | WEHICOOL | CZECHOWICE-DZI EDZICE | POL | M50 | 8 | M 104 | 02:58:14 | 04:58:51 | | 07:01:46 | 11:03:08 | 13:58:24.50 | 13:58:42.50 | 11:48 | 5.1 |
| 105 | CZERWIŃSKI WOJCIECH | 1372 | | CIECHANÓW | POL | M30 | 45 | M 105 | 02:48:14 | 04:48:10 | | 06:55:44 | 11:12:42 | 13:59:25.85 | 13:59:38.25 | 11:49 | 5.1 |
| 106 | KOTYŃNIA KRZYSZTOF | 1393 | KLUB BIEGACZA BRZEZIŃSKIE DZIKI/PIETRZYK RUNNING TEAM | BRZEZINY | POL | M50 | 9 | M 106 | 02:49:19 | 05:04:10 | | 07:24:25 | 11:24:30 | 14:04:08.00 | 14:04:18.70 | 11:53 | 5 |
| 107 | ANDRZEJEWICZ PAWEŁ | 1340 | | ŻARY | POL | M40 | 44 | M 107 | 03:03:14 | 05:17:09 | | 07:25:59 | 11:40:09 | 14:24:13.15 | 14:24:26.70 | 12:10 | 4.9 |
| 108 | NOWAKOWSKI SŁAWOMIR | 1414 | SKARYMAKERSI SKARYSZEWSKIE CIACHA | HIPOLITÓW | POL | M40 | 45 | M 108 | 03:03:20 | 05:17:16 | | 07:26:01 | 11:40:12 | 14:24:15.75 | 14:24:27.15 | 12:10 | 4.9 |
| 109 | SZYMAŃSKI JACEK | 1458 | PARKRUN SKIERNIEWICE | SKIERNIEWICE | POL | M40 | 46 | M 109 | 02:51:44 | 04:58:09 | | 07:02:32 | 11:23:48 | 14:36:51.25 | 14:37:04.00 | 12:21 | 4.9 |
| 110 | AUGUSTYNIAK JAKUB | 1318 | | RAWICZ | POL | M30 | 46 | M 110 | 02:51:49 | 05:06:31 | | 07:26:11 | 11:44:32 | 14:37:58.65 | 14:38:14.75 | 12:21 | 4.9 |
| 111 | NAWROT ARTUR | 1420 | | TRZEBNICA | POL | M30 | 47 | M 111 | 02:52:26 | 05:03:01 | | 07:29:19 | 12:01:19 | 14:49:55.80 | 14:50:00.85 | 12:32 | 4.8 |
| 112 | IWAN KRZYSZTOF | 1391 | | LEGNICA | POL | M40 | 47 | M 112 | 02:59:46 | 05:19:33 | | 07:34:57 | 11:49:54 | 14:55:56.10 | 14:56:08.40 | 12:37 | 4.8 |
| 113 | CATALIN CIRSTEA | 1468 | | FREDERICIA | DEN | M20 | 7 | M 113 | 03:05:32 | 05:25:57 | | 07:36:04 | 11:33:19 | 15:09:08.70 | 15:09:08.70 | 12:48 | 4.7 |
| 114 | TUTAK TOMASZ | 1324 | KLUB 42,2 LĘBORK | LĘBORK | POL | M40 | 48 | M 114 | 03:01:33 | 05:23:20 | | 07:53:55 | 12:08:50 | 15:11:48.05 | 15:11:56.50 | 12:50 | 4.7 |
| 115 | RYCHLIKOWSKI PAWEŁ | 1413 | | WROCLAW | POL | M40 | 49 | M 115 | 03:06:33 | 05:22:28 | | 07:41:51 | 12:08:52 | 15:31:34.95 | 15:31:45.20 | 13:07 | 4.6 |
| 116 | CAL PIOTR | 1377 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | M50 | 10 | M 116 | 02:41:00 | 04:32:58 | | 07:04:18 | 11:54:28 | 15:32:48.20 | 15:33:06.60 | 13:08 | 4.6 |

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|---------------------|------|-----------------------|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 117 | ZYWERT MATEUSZ | 1348 | | ROKITNICA | POL | M30 | 48 | M 117 | 02:40:55 | 04:32:51 | | 07:04:01 | 11:54:28 | 15:32:47.20 | 15:33:07.15 | 13:08 | 4.6 |
| 118 | SOKOŁOWSKI ARTUR | 1371 | DZIADY OCR | OTWOCK | POL | M40 | 50 | M 118 | 03:08:01 | 05:32:17 | | 07:53:37 | 12:25:54 | 15:40:27.75 | 15:40:34.35 | 13:14 | 4.5 |
| 119 | KUCZ TOMASZ | 1310 | | JELEŃ GÓRA | POL | M40 | 51 | M 119 | 02:48:45 | 04:49:50 | | 07:09:04 | | | | 11:35 | 5.2 |
| 120 | MARCINOWSKI AREK | 1407 | FUNDACJA PAŁAC STRUGA | WARSZAWA | POL | M50 | 11 | M 120 | 03:48:08 | 06:11:37 | | 08:31:27 | | | | 13:49 | 4.3 |
| 121 | OLSZEWSKI KRZYSZTOF | 1401 | | JELEŃ GÓRA | POL | M50 | 12 | M 121 | 03:59:41 | 06:25:40 | | 09:18:02 | | | | 15:04 | 4 |
| | KOLANKO MATEUSZ | 1357 | SOBAS TEAM | GLIWICE | POL | M30 | | | 01:57:19 | 03:11:19 | 04:03:15 | 04:35:13 | DNF | DNF | DNF | - | - |
| | ZALEWSKI KAROL | 1449 | JA TRENUJE | RUMIA | POL | M40 | | | DNF | DNF | DNF | DNF | | | | - | - |
| | TERZONI CHRISTIAN | 1431 | MARCIN ŚWIERC TEAM | CASTELNOVO NE MONTI | ITA | M30 | | | 02:04:02 | 03:24:49 | 04:20:19 | 05:01:56 | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

SIEDEMDZIESIĄT Z HAKIEM, K20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------|------|--------------|-----------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | MADAJ ZUZANNA | 1344 | MADGOLD TEAM | POZNAŃ | POL | K20 | 1 | K 2 | 02:11:36 | 03:34:58 | 04:22:52 | 04:57:16 | 07:28:29 | 09:18:35.75 | 09:18:44.95 | 7:52 | 7.6 |
| 2 | SKÓRA ANASTAZJA | 1385 | | WROCLAW | POL | K20 | 2 | K 8 | 02:29:42 | 04:10:07 | 05:07:36 | 05:41:54 | 08:36:56 | 10:32:23.55 | 10:32:23.55 | 8:54 | 6.7 |
| 3 | WIECZOREK OLA | 1370 | | WROCLAW | POL | K20 | 3 | K 27 | 02:36:38 | 04:25:41 | 05:32:19 | 06:24:24 | | | | 10:23 | 5.8 |

SIEDEMDZIESIĄT Z HAKIEM, M20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|------------------|------|--------------------------------|------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | WITEK ANDRZEJ | 1433 | 140MINUT.PL / WROCLAWSKIE ITEN | WROCLAW | POL | M20 | 1 | M 1 | 01:49:39 | 02:51:45 | | 03:52:48 | 05:48:29 | 07:14:06.10 | 07:14:08.70 | 6:06 | 9.8 |
| 2 | KOBYLECKI MICHAŁ | 1332 | PROCOM SYSTEM TEAM | SZCZERCÓW | POL | M20 | 2 | M 3 | 01:56:10 | 03:06:44 | 03:51:10 | 04:17:05 | 06:26:52 | 07:53:16.95 | 07:53:21.35 | 6:39 | 9 |
| 3 | SADOWSKI PAWEŁ | 1396 | HUSARIA ZNAD BOBRU | JANOWICE WIELKIE | POL | M20 | 3 | M 4 | 01:50:33 | 02:58:25 | | 04:14:37 | 06:31:39 | 07:58:35.05 | 07:58:40.75 | 6:44 | 8.9 |
| 4 | CIEPLIK DAWID | 1367 | | RAWICZ | POL | M20 | 4 | M 32 | 02:18:18 | 03:51:00 | | 05:32:23 | 08:54:14 | 10:58:27.80 | 10:58:36.40 | 9:16 | 6.5 |
| 5 | ADAMUS JAKUB | 1378 | | CZEŃSTOCHOWA | POL | M20 | 5 | M 64 | 02:31:32 | 04:16:42 | 05:17:51 | 06:01:31 | 09:36:38 | 11:54:03.00 | 11:54:08.40 | 10:03 | 6 |
| 6 | NOSZCZYK TOMASZ | 1390 | #ULTRARUNNINGTOMMY | NOWA RUDA | POL | M20 | 6 | M 79 | 02:36:38 | 04:25:47 | 05:32:07 | 06:24:23 | 10:00:41 | 12:42:27.50 | 12:42:35.15 | 10:44 | 5.6 |
| 7 | CATALIN CIRSTEA | 1468 | | FREDERICIA | DEN | M20 | 7 | M 113 | 03:05:32 | 05:25:57 | | 07:36:04 | 11:33:19 | 15:09:08.70 | 15:09:08.70 | 12:48 | 4.7 |

SIEDEMDZIESIĄT Z HAKIEM, K30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|---------------------|------|-----------------------------|-----------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | SZABŁOWSKA IWONA | 1416 | STRASZYN ULTRA TEAM | JUSZKOWO | POL | K30 | 1 | K 1 | 02:05:32 | 03:26:25 | 04:16:30 | 04:51:29 | 07:29:32 | 09:14:24.05 | 09:14:27.70 | 7:48 | 7.7 |
| 2 | SKRZYPIŃSKA OLGA | 1302 | CHATA BIEGACZA K34 ZAKOPANE | WROCLAW | POL | K30 | 2 | K 11 | 02:26:56 | 04:10:16 | 05:12:59 | 05:58:47 | 09:16:11 | 11:23:35.90 | 11:23:41.90 | 9:37 | 6.2 |
| 3 | BUKOWY MARTA | 1466 | ABSOLUTNI AMATORZY | WROCLAW | POL | K30 | 3 | K 18 | 02:48:23 | 04:52:54 | | 06:54:21 | 11:07:13 | 13:57:17.05 | 13:57:38.15 | 11:47 | 5.1 |
| 4 | CHELIŃSKA MAGDALENA | 1432 | | OLEŚNICA | POL | K30 | 4 | K 21 | 03:01:41 | 05:17:09 | | 07:32:26 | 11:23:51 | 14:15:50.75 | 14:15:57.25 | 12:03 | 5 |
| 5 | GARAS ELIZA | 1417 | KB GEPARD MUROWANA GOŚLINA | POZNAŃ | POL | K30 | 5 | K 22 | 03:01:41 | 05:17:28 | | 07:32:24 | 11:23:53 | 14:17:26.30 | 14:17:32.90 | 12:04 | 5 |
| 6 | JEKOT MARTA | 1395 | | KOMMETJIE | | K30 | 6 | K 26 | 02:22:26 | 03:53:26 | 04:43:36 | 05:20:39 | 08:15:48 | | | 9:11 | 6.5 |

SIEDEMDZIESIĄT Z HAKIEM, M30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-------------------|------|--------------------|---------------------|------|------|--------|-----|----------|----------|----------|----------|--------|-------|--------|--------|------|
| | KOLANKO MATEUSZ | 1357 | SOBAS TEAM | GLIWICE | POL | M30 | | | 01:57:19 | 03:11:19 | 04:03:15 | 04:35:13 | DNF | DNF | DNF | - | - |
| | TERZONI CHRISTIAN | 1431 | MARCIN ŚWIERC TEAM | CASTELNOVO NE MONTI | ITA | M30 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

SIEDEMDZIESIĄT Z HAKIEM, K40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|--------------------------|------|--------------------------|---------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | MOCZULSKA MAŁGORZATA | 1336 | KARKONOSZ RUNNING TEAM | ŻARÓW | POL | K40 | 1 | K 3 | 02:10:26 | 03:31:54 | 04:20:32 | 04:54:47 | 07:36:07 | 09:21:15.65 | 09:21:18.60 | 7:54 | 7.6 |
| 2 | BIEGASIEWICZ MONIKA | 1454 | | SZCZECIN | POL | K40 | 2 | K 4 | 02:11:21 | 03:40:24 | | 05:08:55 | 07:46:01 | 09:35:42.15 | 09:35:45.30 | 8:06 | 7.4 |
| 3 | NOWACKA MARLENA | 1419 | JAN-MAR.PL | PIASKI | POL | K40 | 3 | K 5 | 02:12:14 | 03:40:47 | 04:33:02 | 05:07:07 | 07:51:43 | 09:39:24.15 | 09:39:28.55 | 8:09 | 7.4 |
| 4 | GRABOŚ NINA | 1394 | | WARSZAWA | POL | K40 | 4 | K 6 | 02:28:05 | 03:57:46 | 04:54:49 | 05:30:53 | 08:19:42 | 10:09:19.85 | 10:09:26.75 | 8:34 | 7 |
| 5 | SIWOŃ EWA | 1368 | SMASHING PĄPKINS | WARSZAWA | POL | K40 | 5 | K 7 | 02:20:36 | 03:53:30 | 04:47:24 | 05:26:57 | 08:24:27 | 10:23:48.60 | 10:23:56.15 | 8:47 | 6.8 |
| 6 | KUKUC- KWAPISZEWSKA ANNA | 1455 | | ELBLĄG | POL | K40 | 6 | K 9 | 02:25:56 | 04:02:51 | 04:56:50 | 05:42:10 | 08:49:54 | 10:55:56.05 | 10:56:02.50 | 9:14 | 6.5 |
| 7 | SZMECHTIG-GAUDEN EWA | 1421 | PODGÓRZ TORUŃ | TORUŃ | POL | K40 | 7 | K 10 | 02:24:43 | 03:57:41 | 04:55:14 | 05:40:08 | 08:55:21 | 11:18:23.95 | 11:18:28.60 | 9:33 | 6.3 |
| 8 | GRUMBANIN PAULINA | 1451 | | PRUSZKÓW | POL | K40 | 8 | K 12 | 02:32:21 | 04:15:38 | 05:17:00 | 06:00:08 | 09:27:07 | 11:38:53.35 | 11:38:57.55 | 9:50 | 6.1 |
| 9 | PIASECKA MONIKA | 1359 | DREAM RUN | WARSZAWA | POL | K40 | 9 | K 13 | 02:37:01 | 04:27:48 | 05:28:30 | 06:15:25 | 09:36:32 | 11:42:31.75 | 11:42:40.20 | 9:53 | 6.1 |
| 10 | PRZERWA-BECH JOLANTA | 1335 | | MOSINA | POL | K40 | 10 | K 14 | 03:05:09 | 04:50:05 | | 06:32:16 | 10:20:52 | 12:46:37.55 | 12:46:50.85 | 10:47 | 5.6 |
| 11 | DREJARZ-KACZMAREK ANNA | 1426 | | WARSZAWA | POL | K40 | 11 | K 15 | 02:50:07 | 04:54:05 | | 07:05:59 | 11:07:45 | 13:17:01.15 | 13:17:05.15 | 11:13 | 5.3 |
| 12 | ARKUSZYŃSKA BEATA | 1306 | TIME4RUNNING | TOMASZÓW MAZOWIECKI | POL | K40 | 12 | K 16 | 02:45:58 | 04:58:07 | | 07:00:28 | 10:46:58 | 13:37:35.20 | 13:37:43.75 | 11:30 | 5.2 |
| 13 | ERNANDES KAMILA | 1350 | | ŚWIEBIDZIN | POL | K40 | 13 | K 19 | 02:54:20 | 05:03:18 | | 07:16:28 | 11:30:54 | 14:12:21.45 | 14:12:36.60 | 12:00 | 5 |
| 14 | MACKIEWICZ KATARZYNA | 1326 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | K40 | 14 | K 20 | 02:54:27 | 05:03:25 | | 07:22:42 | 11:31:07 | 14:12:24.55 | 14:12:38.80 | 12:00 | 5 |
| 15 | BEDNARCZYK DARIA | 1355 | | POZNAŃ | POL | K40 | 15 | K 23 | 03:01:04 | 05:02:43 | | 07:08:55 | 11:26:33 | 14:38:25.35 | 14:38:33.60 | 12:22 | 4.8 |
| 16 | MAŚLANKIEWICZ KATARZYNA | 1352 | | POZNAŃ | POL | K40 | 16 | K 24 | 02:52:26 | 04:59:39 | | 07:15:59 | 11:25:18 | 14:46:35.75 | 14:46:46.10 | 12:29 | 4.8 |

SIEDEMDZIESIĄT Z HAKIEM, M40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|---|--------------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | WŁODARKIEWICZ DOMINIK | 1457 | DYNAFIT POLSKA | POZNAŃ | POL | M40 | 1 | M 2 | 01:50:36 | 02:55:41 | 03:36:06 | 04:03:47 | 06:11:50 | 07:40:51.40 | 07:40:54.00 | 6:29 | 9.2 |
| 2 | STOLARZ PIOTR | 1472 | AKYWNA DĄBROWA | DĄBROWA GÓRNICZA | POL | M40 | 2 | M 5 | 01:56:56 | 03:11:09 | 04:02:03 | 04:31:04 | 06:56:27 | 08:38:21.25 | 08:38:25.55 | 7:18 | 8.2 |
| 3 | BARCZYK MARIUSZ | 1461 | OLKUSZBIEGA | OLKUSZ | POL | M40 | 3 | M 7 | 02:01:18 | 03:19:07 | 04:06:55 | 04:38:26 | 07:12:49 | 08:58:39.30 | 08:58:43.35 | 7:35 | 7.9 |
| 4 | ŁYJAK BŁAŻEJ | 1467 | RATEMYTRAIL | WROCLAW | POL | M40 | 4 | M 8 | 02:03:08 | 03:21:02 | 04:08:08 | 04:40:07 | 07:07:26 | 08:59:11.50 | 08:59:15.80 | 7:35 | 7.9 |
| 5 | NIEZGÓDKA TOMASZ | 1462 | ZALOGA GÓRSKA | WROCLAW | POL | M40 | 5 | M 9 | 02:13:12 | 03:34:02 | 04:26:42 | 04:54:42 | 07:28:35 | 09:06:49.05 | 09:06:53.95 | 7:42 | 7.8 |
| 6 | TOPOLSKI MARCIN | 1392 | CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA | JADOWNIKI | POL | M40 | 6 | M 17 | 02:09:20 | 03:32:02 | 04:21:16 | 04:56:49 | 07:37:32 | 09:30:45.20 | 09:30:49.90 | 8:02 | 7.5 |
| 7 | ROSZAK ROBERT | 1399 | OSP ŚREM | PYSZACA | POL | M40 | 7 | M 18 | 02:10:00 | | | 05:03:18 | 07:44:09 | 09:48:26.95 | 09:48:29.45 | 8:17 | 7.2 |
| 8 | WOJTASZEK JACEK | 1366 | BERSERKER'S TEAM | PIECHOWICE | POL | M40 | 8 | M 19 | 02:04:31 | 03:27:42 | | 04:56:15 | 07:51:01 | 09:49:59.85 | 09:50:06.75 | 8:18 | 7.2 |
| 9 | SZYNWELSKI TOMASZ | 1387 | | ŚRODA WIELKOPOLSKA | POL | M40 | 9 | M 22 | 02:11:40 | 03:39:44 | | 05:14:33 | 08:19:09 | 10:06:22.15 | 10:06:28.55 | 8:32 | 7 |
| 10 | MRÓWKA LESZEK | 1300 | | BRALIN | POL | M40 | 10 | M 23 | 02:18:42 | 03:48:59 | 04:44:41 | 05:20:43 | 08:17:49 | 10:16:34.60 | 10:16:42.25 | 8:41 | 6.9 |
| 11 | NOWAKOWSKI PAWEŁ | 1339 | SAINT-GOBAIN SQUAD | JANKOWA ŻAGANSKA | POL | M40 | 11 | M 27 | 02:11:56 | 03:42:30 | 04:45:45 | 05:24:11 | 08:28:50 | 10:41:44.30 | 10:41:54.90 | 9:02 | 6.6 |
| 12 | OSOWSKI WOJTEK | 1329 | | ZACHEŁMIE | POL | M40 | 12 | M 28 | 02:14:55 | 03:44:27 | 04:42:05 | 05:24:35 | 08:28:42 | 10:44:16.20 | 10:44:26.70 | 9:04 | 6.6 |
| 13 | SIEKLUCKI ROBERT | 1400 | KREATIVSPORT | ŁĘBORK | POL | M40 | 13 | M 29 | 02:17:06 | 03:56:00 | | 05:32:23 | 08:32:31 | 10:48:04.65 | 10:48:16.05 | 9:07 | 6.6 |
| 14 | KUBIAK MARCIN | 1354 | | ZIELONA GÓRA | POL | M40 | 14 | M 36 | 02:17:49 | 03:50:02 | 04:53:04 | 05:29:27 | 08:56:45 | 11:06:25.20 | 11:06:32.25 | 9:23 | 6.4 |
| 15 | SWIERK SEWERYN | 1405 | DRÄXLMAIER | JANOWICE WIELKIE | POL | M40 | 15 | M 37 | 02:18:16 | 03:56:08 | 04:56:29 | 05:37:16 | 08:53:32 | 11:07:10.60 | 11:07:20.40 | 9:23 | 6.4 |
| 16 | MEDEJSZO MARIUSZ | 1435 | NOWOSOLSKA GRUPA BIEGOWA | NOWA SÓL | POL | M40 | 16 | M 39 | 02:33:36 | 04:26:58 | | 06:04:14 | 09:16:18 | 11:16:58.70 | 11:17:03.20 | 9:32 | 6.3 |

SIEDEMDZIESIĄT Z HAKIEM, M40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|---|---------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 17 | RYŻEWSKI KRZYSZTOF | 1453 | QUADIMODO RACING | MIRKÓW | POL | M40 | 17 | M 40 | 02:26:07 | 04:06:57 | 05:09:01 | 05:54:15 | 09:11:21 | 11:17:11.90 | 11:17:18.45 | 9:32 | 6.3 |
| 18 | KUCZYŃSKI RAFAŁ | 1311 | LUBIŃSKIE CHARAKTERY | LUBIN | POL | M40 | 18 | M 42 | 02:15:09 | 03:53:17 | 04:48:13 | 05:34:52 | 08:55:24 | 11:19:06.05 | 11:19:12.00 | 9:33 | 6.3 |
| 19 | KASZKOWIAK BOGUMIL | 1389 | WRONKI | WRONKI | POL | M40 | 19 | M 46 | 02:36:23 | 04:16:54 | | 06:01:30 | 09:05:03 | 11:21:11.25 | 11:21:22.65 | 9:35 | 6.3 |
| 20 | KOŚLACZ TOMASZ | 1450 | | TYCHY | POL | M40 | 20 | M 47 | 02:26:50 | 04:07:06 | 05:03:06 | 05:41:57 | 09:03:36 | 11:22:17.20 | 11:22:24.10 | 9:36 | 6.2 |
| 21 | AZAREWICZ GRZEGORZ | 1448 | | GDAŃSK | POL | M40 | 21 | M 49 | 02:22:32 | 04:04:56 | 04:26:40 | 05:41:29 | 09:04:47 | 11:27:51.55 | 11:28:01.45 | 9:41 | 6.2 |
| 22 | ŚWIERK PRZEMYSŁAW | 1373 | ULTRA DIABŁY TEAM | ŚWIEBODZIN | POL | M40 | 22 | M 55 | 02:39:55 | 04:24:05 | | 06:07:13 | 09:26:01 | 11:37:54.40 | 11:38:12.75 | 9:49 | 6.1 |
| 23 | URBAN RAFAŁ | 1423 | | WROCŁAW | POL | M40 | 23 | M 59 | 02:34:17 | 04:17:22 | 05:20:47 | 06:06:56 | 09:26:25 | 11:41:33.05 | 11:41:48.95 | 9:52 | 6.1 |
| 24 | SĄDEL BOGDAN | 1464 | PULSARSPORT.PL | ZIELONA GÓRA | POL | M40 | 24 | M 61 | 02:24:13 | 04:02:15 | 05:03:11 | 05:47:48 | 09:22:05 | 11:49:40.15 | 11:49:48.80 | 9:59 | 6 |
| 25 | LACHOWICZ JACEK | 1444 | | SZKLARSKA PORĘBA | POL | M40 | 25 | M 65 | 02:38:25 | 04:25:32 | | 06:05:54 | 09:30:06 | 11:54:30.95 | 11:54:36.10 | 10:03 | 6 |
| 26 | LANGE SZYMON | 1313 | RUNNER'S POWER | SREM | POL | M40 | 26 | M 67 | 02:33:30 | 04:16:08 | 05:16:06 | 05:58:55 | 09:36:34 | 12:01:15.80 | 12:01:23.35 | 10:09 | 5.9 |
| 27 | JAKUSZEK KRZYSZTOF | 1356 | CEGIELNIA PIASKI | PIASKI | POL | M40 | 27 | M 69 | 02:23:54 | 04:12:51 | 05:19:54 | 06:00:48 | 09:28:17 | 12:02:54.20 | 12:03:12.20 | 10:10 | 5.9 |
| 28 | JAKUSZEK PAWEŁ | 1358 | CEGIELNIA PIASKI | PIASKI | POL | M40 | 28 | M 70 | 02:23:53 | 04:13:01 | 05:19:58 | 06:00:45 | 09:28:18 | 12:02:55.10 | 12:03:12.55 | 10:10 | 5.9 |
| 29 | WUJEK MARCIN | 1447 | MUAY RUNING TEAM | GOSTYŃ | POL | M40 | 29 | M 71 | 02:23:54 | 04:12:56 | 05:20:34 | 06:00:44 | 09:28:17 | 12:02:56.10 | 12:03:13.25 | 10:10 | 5.9 |
| 30 | SZKOP WOJCIECH | 1402 | BLACK LABRADOR TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40 | 30 | M 72 | 02:22:32 | 04:00:29 | 05:12:15 | 05:58:28 | 09:37:42 | 12:05:36.70 | 12:05:39.90 | 10:13 | 5.9 |
| 31 | MUSIAŁ RADOSŁAW | 1301 | | WROCŁAW | POL | M40 | 31 | M 80 | 02:36:36 | 04:26:44 | | 06:44:37 | 10:12:31 | 12:42:48.50 | 12:42:59.45 | 10:44 | 5.6 |
| 32 | BOCIĄGA PAWEŁ | 1328 | SZWAGRY. PL | ŁÓDŹ | POL | M40 | 32 | M 83 | 02:38:59 | 04:45:28 | | 06:35:26 | 10:19:01 | 12:52:33.55 | 12:52:48.15 | 10:52 | 5.5 |
| 33 | SYNOWIEC GRZEGORZ | 1361 | | WROCŁAW, POLSKA | POL | M40 | 33 | M 84 | 02:36:54 | 04:33:55 | 05:35:12 | 06:24:06 | 10:17:50 | 12:55:06.75 | 12:55:20.30 | 10:55 | 5.5 |
| 34 | IZDEBSKI MARIUSZ | 1456 | OSV TEAM | OLKUSZ | POL | M40 | 34 | M 86 | 02:46:02 | 04:40:25 | | 06:37:42 | 10:31:59 | 13:05:14.90 | 13:05:19.70 | 11:03 | 5.4 |
| 35 | KOISZEWSKI KRZYSZTOF | 1364 | STOWARZYSZENIE 42,2 LĘBORK | LĘBORK | POL | M40 | 35 | M 87 | 02:34:52 | 04:38:31 | | 06:32:51 | 10:39:31 | 13:17:29.70 | 13:17:39.15 | 11:13 | 5.3 |
| 36 | WYSOCKI TOMASZ | 1323 | OCHAJORUN&FRIENDS | RYBNIK | POL | M40 | 36 | M 90 | 02:45:27 | 04:45:34 | | 06:49:22 | 10:40:00 | 13:18:24.15 | 13:18:27.85 | 11:14 | 5.3 |
| 37 | OSTASZEWSKI ARKADIUSZ | 1384 | | LUBIN | POL | M40 | 37 | M 92 | 02:32:23 | 04:24:06 | 05:30:33 | 06:34:06 | 10:24:22 | 13:26:05.10 | 13:26:11.65 | 11:21 | 5.3 |
| 38 | WOJCIECHOWSKI WALDEMAR | 1374 | KB BRZEZIŃSKIE DZIKI | BRZEZINY | POL | M40 | 38 | M 94 | 02:47:26 | 04:48:44 | | 06:48:24 | 10:44:26 | 13:37:23.35 | 13:37:33.85 | 11:30 | 5.2 |
| 39 | ULATOWSKI ANDRZEJ | 1365 | | TORUŃ | POL | M40 | 39 | M 95 | 02:43:36 | 04:44:39 | | 06:45:07 | 10:51:24 | 13:37:43.15 | 13:37:53.25 | 11:31 | 5.2 |
| 40 | TRZECIAK ANDRZEJ | 1349 | KGHM COPI RUN | LEGNICA | POL | M40 | 40 | M 96 | 02:39:14 | 04:39:33 | | 06:41:49 | 10:52:36 | 13:43:25.20 | 13:43:37.20 | 11:35 | 5.2 |
| 41 | KUBIAK JAROSŁAW | 1312 | | BYDGOSZCZ | POL | M40 | 41 | M 99 | 02:39:05 | 04:41:52 | | 06:38:04 | 10:49:50 | 13:51:40.85 | 13:51:53.15 | 11:42 | 5.1 |
| 42 | MOŻUCH MACIEJ | 1376 | | BYDGOSZCZ | POL | M40 | 42 | M 100 | 02:39:04 | 04:41:44 | | 06:38:03 | 10:49:49 | 13:51:39.50 | 13:51:53.45 | 11:42 | 5.1 |
| 43 | ŁUCZAK PRZEMEK | 1305 | | SZCZECIN | POL | M40 | 43 | M 101 | 02:29:13 | 04:18:08 | 05:23:26 | 06:15:08 | 10:23:41 | 13:56:00.15 | 13:56:09.65 | 11:46 | 5.1 |
| 44 | ANDRZEJEWICZ PAWEŁ | 1340 | | ŻARY | POL | M40 | 44 | M 107 | 03:03:14 | 05:17:09 | | 07:25:59 | 11:40:09 | 14:24:13.15 | 14:24:26.70 | 12:10 | 4.9 |
| 45 | NOWAKOWSKI SŁAWOMIR | 1414 | SKARYMAKERSI SKARYSZEWSKIE CIACHA | HIPOLITÓW | POL | M40 | 45 | M 108 | 03:03:20 | 05:17:16 | | 07:26:01 | 11:40:12 | 14:24:15.75 | 14:24:27.15 | 12:10 | 4.9 |
| 46 | SZYMAŃSKI JACEK | 1458 | PARKRUN SKIERNIEWICE | SKIERNIEWICE | POL | M40 | 46 | M 109 | 02:51:44 | 04:58:09 | | 07:02:32 | 11:23:48 | 14:36:51.25 | 14:37:04.00 | 12:21 | 4.9 |
| 47 | IWAN KRZYSZTOF | 1391 | | LEGNICA | POL | M40 | 47 | M 112 | 02:59:46 | 05:19:33 | | 07:34:57 | 11:49:54 | 14:55:56.10 | 14:56:08.40 | 12:37 | 4.8 |
| 48 | TUTAK TOMASZ | 1324 | KLUB 42,2 LĘBORK | LĘBORK | POL | M40 | 48 | M 114 | 03:01:33 | 05:23:20 | | 07:53:55 | 12:08:50 | 15:11:48.05 | 15:11:56.50 | 12:50 | 4.7 |
| 49 | RYCHLIKOWSKI PAWEŁ | 1413 | | WROCŁAW | POL | M40 | 49 | M 115 | 03:06:33 | 05:22:28 | | 07:41:51 | 12:08:52 | 15:31:34.95 | 15:31:45.20 | 13:07 | 4.6 |
| 50 | SOKOŁOWSKI ARTUR | 1371 | DZIADY OCR | OTWOCK | POL | M40 | 50 | M 118 | 03:08:01 | 05:32:17 | | 07:53:37 | 12:25:54 | 15:40:27.75 | 15:40:34.35 | 13:14 | 4.5 |
| 51 | KUCZ TOMASZ | 1310 | | JELEŃ GÓRA | POL | M40 | 51 | M 119 | 02:48:45 | 04:49:50 | | 07:09:04 | | | | 11:35 | 5.2 |
| | ZALEWSKI KAROL | 1449 | JA TRENUJE | RUMIA | POL | M40 | | | 02:04:02 | 03:24:49 | 04:20:19 | 05:01:56 | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | DNF | | | | | |

SIEDEMDZIESIĄT Z HAKIEM, K50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------|------|------------------|----------------------|------|------|--------|------|----------|----------|------|----------|----------|-------------|-------------|--------|------|
| 1 | WITKA GRAŻYNA | 1314 | AGOGA-GYM LĘBORK | GARCZEGORZE | POL | K50 | 1 | K 17 | 02:45:26 | 04:51:28 | | 07:00:04 | 10:53:10 | 13:47:29.60 | 13:47:38.05 | 11:39 | 5.1 |
| 2 | KITA EWA | 1369 | | KĘDZIERZYN-KOZŁ E | POL | K50 | 2 | K 25 | 03:22:49 | 05:39:19 | | 07:52:06 | 12:06:28 | 15:00:46.00 | 15:00:56.05 | 12:41 | 4.7 |

SIEDEMDZIESIĄT Z HAKIEM, M50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|---------------------|------|--|--------------------------|------|------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | ŚPICA LESZEK | 1380 | RECEPTA NA ZDROWIE | BYDGOSZCZ | POL | M50 | 1 | M 51 | 02:24:14 | 04:06:27 | 05:10:51 | 05:57:47 | 09:16:19 | 11:30:05.30 | 11:30:14.50 | 9:43 | 6.2 |
| 2 | WOŁOSZYN MARIUSZ | 1341 | | JELEŃ GÓRA | POL | M50 | 2 | M 52 | 02:31:14 | 04:11:50 | 05:14:04 | 05:54:43 | 09:04:50 | 11:32:15.20 | 11:32:23.60 | 9:45 | 6.2 |
| 3 | KOZŁOWSKI WOJCIECH | 1470 | | LISOWOCE | POL | M50 | 3 | M 56 | 02:27:56 | 04:05:27 | | 05:53:33 | 09:10:30 | 11:38:34.20 | 11:38:40.35 | 9:50 | 6.1 |
| 4 | BEDNARCZYK BOGUSŁAW | 1442 | PRO-RUN WROCŁAW | WROCŁAW | POL | M50 | 4 | M 73 | 02:36:24 | 03:42:54 | | 06:24:23 | 09:36:31 | 12:05:48.50 | 12:06:00.15 | 10:13 | 5.9 |
| 5 | KUBOWICZ ZBIGNIEW | 1412 | | OŁAWA | POL | M50 | 5 | M 75 | 02:37:28 | 04:26:12 | | 06:13:52 | 09:51:00 | 12:13:03.15 | 12:13:23.70 | 10:19 | 5.8 |
| 6 | KAMZOL ROMAN | 1440 | | BABIMÓST | POL | M50 | 6 | M 93 | 02:43:39 | 04:38:43 | | 06:38:52 | 10:40:22 | 13:33:33.25 | 13:33:47.90 | 11:27 | 5.2 |
| 7 | WITKA PIOTR | 1327 | ŁEBA MORS POLAND | GARCZEGORZE | POL | M50 | 7 | M 98 | 02:45:25 | 04:51:19 | | 07:00:05 | 10:53:09 | 13:47:29.80 | 13:47:38.00 | 11:39 | 5.1 |
| 8 | PROŃCZUK ADAM | 1439 | WEHICOOL | CZECHOWICE-DZI EDZICE | POL | M50 | 8 | M 104 | 02:58:14 | 04:58:51 | | 07:01:46 | 11:03:08 | 13:58:24.50 | 13:58:42.50 | 11:48 | 5.1 |
| 9 | KOTYŃNIA KRZYSZTOF | 1393 | KLUB BIEGACZA BRZEZIŃSKIE DZIKI/PIETRZYK RUNNING TEAM | BRZEZINY | POL | M50 | 9 | M 106 | 02:49:19 | 05:04:10 | | 07:24:25 | 11:24:30 | 14:04:08.00 | 14:04:18.70 | 11:53 | 5 |
| 10 | CAL PIOTR | 1377 | ULTRA DIABŁY TEAM LUBRZA | ŚWIEBODZIN | POL | M50 | 10 | M 116 | 02:41:00 | 04:32:58 | | 07:04:18 | 11:54:28 | 15:32:48.20 | 15:33:06.60 | 13:08 | 4.6 |
| 11 | MARCINOWSKI AREK | 1407 | FUNDACJA PAŁAC STRUGA | WARSZAWA | POL | M50 | 11 | M 120 | 03:48:08 | 06:11:37 | | 08:31:27 | | | | 13:49 | 4.3 |
| 12 | OLSZEWSKI KRZYSZTOF | 1401 | | JELEŃ GÓRA | POL | M50 | 12 | M 121 | 03:59:41 | 06:25:40 | | 09:18:02 | | | | 15:04 | 4 |

SIEDEMDZIESIĄT Z HAKIEM, M60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 16.1km | 27.5km | 32km | 37km | 53.9km | Netto | Brutto | min/km | km/h |
|------|-----------------|------|------|-----------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | ZIMNY TOMASZ | 1321 | | SZCZECIN | POL | M60 | 1 | M 25 | 02:19:02 | 03:52:20 | 04:50:15 | 05:30:42 | 08:34:44 | 10:31:57.65 | 10:32:02.95 | 8:54 | 6.7 |
| 2 | MIROŚLAW KOPACZ | 1436 | | POZNAN | POL | M60 | 2 | M 62 | 02:31:32 | 04:21:14 | | 06:07:14 | 09:30:50 | 11:52:51.35 | 11:53:03.65 | 10:02 | 6 |
| 3 | TURLEJ DARIUSZ | 1304 | | WARSZAWA | POL | M60 | 3 | M 63 | 02:44:33 | 04:36:11 | | 06:23:51 | 09:47:11 | 11:53:51.00 | 11:53:59.60 | 10:03 | 6 |