

**BIEG K-B-L - 110 KM**

Organizator: Fundacja MARATONY GÓRSKIE  
 Data: 2019-07-18  
 Miejsce: Łądek-Zdrój  
 Dystans: 110 km  
 Klasyfikacja wg czasów brutto.

**BIEG K-B-L - 110 KM, OPEN**

| M-ce | Nazwisko i imię            | Nr   | Klub                                       | M-scowość        | Kraj | Kat.             | M. kat | K/M  | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|--|------------------|------|------------------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | UZNAŃSKI PIOTR             | 3228 | PAMTRANS / EUROCLEAR RUNNING TEAM          | KRAKÓW           | POL  | SENIOR II M - 30 | 1      | M 1  | 03:35:48 | 05:36:43 | 06:43:18 | 08:11:40 | 09:34:22 | 10:36:24.75 | 10:36:26.35 | 5:47   | 10.4 |
| 2    | FRANKOWSKI MICHAŁ          | 3262 |  | STOCKHOLM        | SWE  | SENIOR II M - 30 | 2      | M 2  | 03:40:55 | 06:01:09 | 07:17:42 | 08:50:59 | 10:15:42 | 11:28:04.05 | 11:28:04.05 | 6:15   | 9.6  |
| 3    | KOCIOŁOWICZ PIOTR          | 3084 | BIEGAM W GÓRACH BARDZKICH / WKURW_TEAM     | BARDO            | POL  | SENIOR II M - 30 | 3      | M 3  | 03:48:34 | 06:05:03 | 07:18:49 | 09:00:18 | 10:30:33 | 11:35:20.45 | 11:35:22.70 | 6:19   | 9.5  |
| 4    | GONCZARENKO JAREK          | 3281 |  | ŻYWIEC           | POL  | SENIOR II M - 30 | 4      | M 4  | 03:38:37 | 06:00:12 | 07:18:42 | 08:58:39 | 10:27:02 | 11:38:47.00 | 11:38:48.80 | 6:21   | 9.4  |
| 5    | MARCINIAK PRZEMYSŁAW       | 3211 | ATHLETICS NYSA                             | PRUDNIK          | POL  | SENIOR II M - 30 | 5      | M 5  | 03:58:12 | 06:10:17 | 07:24:22 | 09:05:11 | 10:32:20 | 11:44:37.10 | 11:44:39.95 | 6:24   | 9.4  |
| 6    | PIĄTEK MATEUSZ             | 3079 | SM KAMOS/ HERCOG RUNNING TEAM              | BUKOWNO          | POL  | SENIOR I M - 20  | 1      | M 6  | 03:58:08 | 06:14:51 | 07:30:24 | 09:10:22 | 10:38:55 | 11:53:09.75 | 11:53:13.10 | 6:29   | 9.3  |
| 7    | SZCZEPANIAK ANGELIKA       | 3174 | CERI/AKADEMIABIEGA CZA.PL S.L. SALOS-WODNA | RĄBIEŃ           | POL  | SENIOR II K - 30 | 1      | K 1  | 04:13:45 | 06:37:34 | 07:58:09 | 09:47:53 | 11:23:49 | 12:42:32.20 | 12:42:35.55 | 6:55   | 8.7  |
| 8    | KOMZA RADOŚLAW             | 3210 |  | WROCLAW          | POL  | MASTERS M - 40   | 1      | M 7  | 04:04:57 | 06:30:51 | 07:55:46 | 09:48:21 | 11:32:16 | 12:49:00.95 | 12:49:11.10 | 6:59   | 8.6  |
| 9    | DYJAK ROBERT               | 3111 |  | STRONIE ŚLĄSKIE  | POL  | SENIOR II M - 30 | 6      | M 8  | 04:13:47 | 06:43:42 | 08:08:00 | 09:55:31 | 11:34:03 | 12:49:23.50 | 12:49:28.10 | 6:59   | 8.6  |
| 10   | STAŃCZAK PIOTR             | 3225 | CZERWONAK BIEGA                            | KOZIEGŁOWY       | POL  | SENIOR II M - 30 | 7      | M 9  | 04:13:44 | 06:46:05 | 08:07:53 | 09:55:21 | 11:33:58 | 12:49:18.40 | 12:49:28.25 | 6:59   | 8.6  |
| 11   | KUŹNIAK MARCIN             | 3261 |  | WARSZAWA         | POL  | MASTERS M - 40   | 2      | M 10 | 04:11:09 | 06:37:42 | 07:58:33 | 09:51:28 | 11:32:42 | 12:54:29.05 | 12:54:32.65 | 7:02   | 8.5  |
| 12   | GOŚCINIEWICZ PAWEŁ         | 3282 | ZIEMOWIT TEAM                              | KATOWICE         | POL  | MASTERS M - 40   | 3      | M 11 | 04:12:27 | 06:41:38 | 08:01:42 | 09:57:21 | 11:41:29 | 13:14:47.05 | 13:14:53.70 | 7:13   | 8.3  |
| 13   | STOKŁOSA SEBASTIAN         | 3257 | LESZ NO LIMITS RUNNERS                     | LESZNO           | POL  | SENIOR II M - 30 | 8      | M 12 | 04:17:28 | 06:53:01 | 08:21:56 | 10:14:21 | 11:56:47 | 13:17:33.10 | 13:17:38.85 | 7:15   | 8.3  |
| 14   | BŁACHUT RADOŚLAW           | 3280 | ML TEAM                                    | BIELSKO-BIAŁA    | POL  | MASTERS M - 40   | 4      | M 13 | 04:13:44 | 06:43:47 | 08:08:02 | 10:04:54 | 11:56:55 | 13:18:47.60 | 13:18:50.60 | 7:15   | 8.3  |
| 15   | GRZELAK KAMILA             | 3249 | TEAM ALTRA RED                             | IWONICZ-ZDRÓJ    | POL  | SENIOR I K - 20  | 1      | K 2  | 04:19:10 | 06:54:27 | 08:21:48 | 10:13:30 | 11:59:35 | 13:22:11.30 | 13:22:16.75 | 7:17   | 8.2  |
| 16   | OSTAPSKI KAMIL             | 3306 | TC WROCLAW / VEGE RUNNERS                  | WROCLAW          | POL  | SENIOR II M - 30 | 9      | M 14 | 04:00:31 | 06:51:12 | 08:20:45 | 10:14:13 | 11:59:37 | 13:26:33.10 | 13:26:37.40 | 7:19   | 8.2  |
| 17   | GRZELAK ADRIAN             | 3258 |  | MĘCINA           | POL  | SENIOR II M - 30 | 10     | M 15 | 04:26:52 | 07:07:21 | 08:36:54 | 10:33:30 | 12:16:42 | 13:40:08.55 | 13:40:14.40 | 7:27   | 8    |
| 18   | KAROLAK ANIA               | 3303 | MUAY RUNNING TEAM                          | SLUPSK           | POL  | SENIOR II K - 30 | 2      | K 3  | 04:22:04 | 07:07:20 | 08:44:31 | 10:38:19 | 12:21:42 | 13:43:56.45 | 13:43:59.30 | 7:29   | 8    |
| 19   | MAKOWSKI MATEUSZ           | 3263 |  | WARSZAWA         | POL  | SENIOR I M - 20  | 2      | M 16 | 04:19:37 | 07:07:27 | 08:57:19 | 10:46:17 | 12:33:58 | 13:54:25.35 | 13:54:29.45 | 7:35   | 7.9  |
| 20   | REJ MIROŚLAW               | 3076 | M & T WYJADACZE PARÓWKÓW                   | MIELEC           | POL  | SENIOR II M - 30 | 11     | M 17 | 04:28:59 | 07:16:49 | 08:46:51 | 10:46:42 | 12:30:44 | 13:54:52.80 | 13:54:57.45 | 7:35   | 7.9  |
| 21   | DZIUBIŃSKI MICHAŁ          | 3142 | FAMILY EXTREME                             | NADARZYN         | POL  | SENIOR II M - 30 | 12     | M 18 | 04:19:37 | 07:07:30 | 08:57:20 | 11:01:37 | 12:44:45 | 14:09:33.80 | 14:09:38.20 | 7:43   | 7.8  |
| 22   | CAŁY PATRYK                | 3307 | #KFD FALLOUT TEAM                          | WROCLAW          | POL  | SENIOR II M - 30 | 13     | M 19 | 04:37:02 | 07:23:50 | 08:47:47 | 10:48:55 | 12:40:26 | 14:10:57.60 | 14:11:14.20 | 7:44   | 7.8  |
| 23   | KIELASZEWSKI KAROL         | 3273 | LESZNO LIMITS RUNNERS                      | LESZNO           | POL  | SENIOR II M - 30 | 14     | M 20 | 04:32:28 | 07:32:56 | 08:55:41 | 10:54:46 | 12:47:34 | 14:20:27.60 | 14:20:39.15 | 7:49   | 7.7  |
| 24   | ADLER ŁUKASZ               | 3214 | LESZNO LIMITS RUNNERS                      | WILKOWICE        | POL  | SENIOR II M - 30 | 15     | M 21 | 04:51:03 | 07:33:14 | 09:01:05 | 10:57:34 | 12:47:40 | 14:20:33.00 | 14:20:39.65 | 7:49   | 7.7  |
| 25   | GÓRNIK-ANTKOWIAK AGNIESZKA | 3122 | GSM OBORNIKI ŚLĄSKIE                       | OBORNIKI ŚLĄSKIE | POL  | MASTERS K - 40   | 1      | K 4  | 04:32:31 | 07:22:30 | 08:53:54 | 10:56:38 | 12:51:33 | 14:22:54.80 | 14:23:04.35 | 7:50   | 7.6  |
| 26   | KONIECZNY SZYMON           | 3135 | CHOSZCZENSKA 10                            | CHOSZCZNO        | POL  | SENIOR II M - 30 | 16     | M 22 | 04:38:18 | 07:33:44 | 09:06:48 | 11:12:08 | 13:00:04 | 14:24:40.35 | 14:25:05.65 | 7:51   | 7.6  |
| 27   | MARZEC GRZEGORZ            | 3276 | GMINA STRZELCE OPOLSKIE                    | SZCZEPANEK       | POL  | MASTERS M - 40   | 5      | M 23 | 04:18:12 | 07:07:04 | 08:44:05 | 10:39:18 | 12:38:36 | 14:26:09.60 | 14:26:18.90 | 7:52   | 7.6  |
| 28   | BALWIERCZAK PIOTR          | 3053 | HERCOG RUNNING TEAM                        | WROCLAW          | POL  | SENIOR I M - 20  | 3      | M 24 | 04:32:36 | 07:22:40 | 08:53:59 | 10:58:45 | 12:52:44 | 14:27:19.70 | 14:27:25.25 | 7:53   | 7.6  |
| 29   | PAWLIK JAKUB               | 3045 | 1X1  | KRAKÓW           | POL  | SENIOR II M - 30 | 17     | M 25 | 04:48:47 | 07:34:01 | 09:07:09 | 11:12:45 | 13:00:25 | 14:28:25.70 | 14:28:28.35 | 7:53   | 7.6  |
| 30   | KRAKOWCZYK MARTA           | 3234 |  | WODZISŁAW ŚLĄSKI | POL  | SENIOR I K - 20  | 2      | K 5  | 04:34:11 | 07:25:25 | 08:49:27 | 11:05:20 | 13:03:11 | 14:29:43.60 | 14:29:58.20 | 7:54   | 7.6  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr   | Klub                            | M-scowość         | Kraj | Kat.              | M. kat | K/M  | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|---------------------------------|-------------------|------|-------------------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 31   | FURMAN SŁAWOMIR      | 3088 |                                 | SZCZEPANÓW        | POL  | MASTERS M - 40    | 6      | M 26 | 04:31:36 | 07:25:43 | 09:04:31 | 11:14:56 | 13:03:39 | 14:33:30.70 | 14:33:35.80 | 7:56   | 7.6  |
| 32   | GAJDA SEBASTIAN      | 3139 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN          | POL  | MASTERS M - 40    | 7      | M 27 | 04:37:12 | 07:48:04 | 09:22:06 | 11:19:52 | 13:09:28 | 14:35:14.55 | 14:35:31.00 | 7:57   | 7.5  |
| 33   | BORÓWKA RYSZARD      | 3082 |                                 | GDYNIA            | POL  | MASTERS M - 40    | 8      | M 28 | 04:34:26 | 07:22:01 | 08:54:00 | 11:02:30 | 13:04:13 | 14:36:51.80 | 14:36:55.50 | 7:58   | 7.5  |
| 34   | KOWALIK ANDRZEJ      | 3219 | BIEG OPOLSKI                    | OPOLE             | POL  | MASTERS M - 40    | 9      | M 29 | 04:03:53 | 06:59:32 | 08:51:45 | 11:02:33 | 13:04:13 | 14:36:56.25 | 14:37:00.15 | 7:58   | 7.5  |
| 35   | WYLEGAŁA MICHAŁ      | 3017 | PCH_RUN                         | RATAJE            | POL  | MASTERS M - 40    | 10     | M 30 | 04:34:55 | 07:33:24 | 09:01:56 | 11:13:57 | 13:09:50 | 14:43:44.30 | 14:43:52.05 | 8:02   | 7.5  |
| 36   | LONC TOMASZ          | 3078 |                                 | RZESZÓW           | POL  | MASTERS M - 40    | 11     | M 31 | 04:37:10 | 07:42:07 | 09:12:13 | 11:20:59 | 13:09:52 | 14:46:51.25 | 14:46:56.70 | 8:03   | 7.4  |
| 37   | ANUSZ ADAM           | 3066 | ŻARÓW BIEGA                     | IMBRAMOWICE       | POL  | SENIOR II M - 30  | 18     | M 32 | 04:49:09 | 07:56:44 | 09:29:14 | 11:25:27 | 13:15:01 | 14:49:23.95 | 14:49:41.30 | 8:05   | 7.4  |
| 38   | ZIMKOWSKI MARCIN     | 3298 | KGHM ZG RUN                     | GŁOGÓW            | POL  | SENIOR II M - 30  | 19     | M 33 | 04:21:52 | 07:25:42 | 09:04:33 | 11:20:47 | 13:19:20 | 14:50:10.80 | 14:50:13.15 | 8:05   | 7.4  |
| 39   | BAR STANISŁAW        | 3275 | GMINA STRZELCE OPOLSKIE         | STRZELCE OPOLSKIE | POL  | MASTERS M - 40    | 12     | M 34 | 04:42:04 | 07:39:13 | 09:36:30 | 11:39:10 | 13:27:33 | 14:52:33.55 | 14:52:42.45 | 8:06   | 7.4  |
| 40   | BIENIECKA ANNA       | 3309 |                                 | GLIWICE           | POL  | MASTERS K - 40    | 2      | K 6  | 04:51:45 | 07:47:32 | 09:24:34 | 11:25:05 | 13:20:24 | 14:53:30.10 | 14:53:33.20 | 8:07   | 7.4  |
| 41   | SZEMIEL MACIEJ       | 3154 |                                 | WROCLAW           | POL  | SENIOR II M - 30  | 20     | M 35 | 04:43:56 | 07:49:41 | 09:34:09 | 11:36:13 | 13:24:10 | 14:53:58.50 | 14:54:04.25 | 8:07   | 7.4  |
| 42   | ORACZ MATEUSZ        | 3251 | BEZ LITOŚCI                     | ZALASEWO          | POL  | SENIOR II M - 30  | 21     | M 36 | 04:37:21 | 07:41:45 | 09:22:55 | 11:41:04 | 13:33:38 | 14:54:24.25 | 14:54:27.60 | 8:07   | 7.4  |
| 43   | SIKORA MICHAŁ        | 3207 | BLUSZCZA                        | GLIWICE           | POL  | MASTERS M - 40    | 13     | M 37 | 04:40:26 | 07:39:54 | 09:14:56 | 11:26:31 | 13:22:47 | 15:01:28.60 | 15:01:36.00 | 8:11   | 7.3  |
| 44   | SCHWITALLA ADRIAN    | 3130 | MKS SIECHNICE                   | SIECHNICE         | POL  | MASTERS M - 40    | 14     | M 38 | 04:53:22 | 07:56:50 | 09:37:12 | 11:51:53 | 13:40:13 | 15:11:03.50 | 15:11:11.70 | 8:16   | 7.2  |
| 45   | POBORSKI DARIUSZ     | 3026 |                                 | JANKOWICE         | POL  | MASTERS M - 40    | 15     | M 39 | 04:41:30 | 07:46:54 | 09:24:19 | 11:40:18 | 13:39:52 | 15:14:29.60 | 15:14:44.00 | 8:18   | 7.2  |
| 46   | OBIDOWSKI ŁUKASZ     | 3080 | NARAMOWICE BIEGAJĄ              | POZNAŃ            | POL  | SENIOR II M - 30  | 22     | M 40 | 04:45:31 | 07:38:50 | 09:11:46 | 11:25:05 | 13:28:59 | 15:14:54.90 | 15:15:01.10 | 8:19   | 7.2  |
| 47   | MIGACZ DAWID         | 3022 | 1X1                             | KRAKÓW            | POL  | SENIOR II M - 30  | 23     | M 41 | 05:07:08 | 08:00:41 | 09:26:12 | 11:26:40 | 13:25:21 | 15:17:38.70 | 15:17:41.40 | 8:20   | 7.2  |
| 48   | SIKORSKI MARCIN      | 3116 | TT SZCZECIN                     | SZCZECIN          | POL  | MASTERS M - 40    | 16     | M 42 | 04:58:05 | 08:02:25 | 09:42:15 | 12:04:46 | 13:56:59 | 15:21:17.15 | 15:21:31.45 | 8:22   | 7.2  |
| 49   | MILEWSKI MACIEK      | 3208 | SAMOTNY WILK                    | LEGIONOWO         | POL  | MASTERS M - 40    | 17     | M 43 | 04:19:35 | 07:35:34 | 09:33:28 | 11:55:51 | 13:52:36 | 15:22:27.35 | 15:22:35.35 | 8:23   | 7.2  |
| 50   | PRZYSIWEK PATRYK     | 3109 |                                 | POZNAŃ            | POL  | SENIOR II M - 30  | 24     | M 44 | 05:06:59 | 08:16:20 | 09:49:53 | 11:58:23 | 13:53:28 | 15:24:30.15 | 15:24:38.65 | 8:24   | 7.1  |
| 51   | KAROLAK ASIA         | 3301 | MUAY RUNNING TEAM               | SŁUPSK            | POL  | SENIOR II K - 30  | 3      | K 7  | 04:53:38 | 07:51:10 | 09:22:21 | 11:37:47 | 13:47:49 | 15:25:22.35 | 15:25:27.80 | 8:24   | 7.1  |
| 52   | SZCZEPAŃSKI NORMAN   | 3288 | AS-PL                           | GDANSK            | POL  | SENIOR I M - 20   | 4      | M 45 | 04:34:15 | 07:47:13 | 09:22:32 | 11:36:39 | 13:47:43 | 15:25:18.00 | 15:25:30.35 | 8:24   | 7.1  |
| 53   | KURPIEWSKI ANNA      | 3223 | GT RAT                          | WROCLAW           | POL  | MASTERS K - 40    | 3      | K 8  | 04:58:04 | 08:02:19 | 09:42:10 | 12:04:49 | 13:57:03 | 15:26:22.80 | 15:26:37.10 | 8:25   | 7.1  |
| 54   | SOIŃSKI PRZEMYSŁAW   | 3131 | KB MANIAC POZNAŃ                | POZNAŃ            | POL  | MASTERS M - 40    | 18     | M 46 | 05:09:24 | 08:28:57 | 09:55:31 | 11:58:01 | 13:52:57 | 15:27:14.50 | 15:27:42.00 | 8:25   | 7.1  |
| 55   | TOMICZEK TOMASZ      | 3238 | ZDYSKWALIFIKOWANI               | WROCLAW           | POL  | SENIOR II M - 30  | 25     | M 47 | 05:13:02 | 08:12:01 | 09:47:15 | 12:06:07 | 14:01:12 | 15:39:01.00 | 15:39:35.50 | 8:32   | 7    |
| 56   | MIKOŁAJCZYK MARCIN   | 3124 | DROGA DO ULTRA                  | ŁÓDŹ              | POL  | SENIOR II M - 30  | 26     | M 48 | 04:41:14 | 07:37:32 | 09:33:52 | 11:54:09 | 13:58:24 | 15:40:23.80 | 15:40:29.25 | 8:32   | 7    |
| 57   | FRĄCZKOWIAK MICHAŁ   | 3179 | CZERWONAK BIEGA                 | POTASZE           | POL  | MASTERS M - 40    | 19     | M 49 | 05:13:42 | 08:47:05 | 10:14:40 | 12:21:55 | 14:10:41 | 15:40:42.10 | 15:40:51.25 | 8:33   | 7    |
| 58   | HUEBNER MARIA        | 3008 |                                 | KRAKÓW            | POL  | SENIOR I K - 20   | 3      | K 9  | 05:04:18 | 07:52:43 | 09:34:10 | 12:05:44 | 14:12:45 | 15:41:08.60 | 15:41:22.40 | 8:33   | 7    |
| 59   | KUPCZYK JACEK        | 3181 | MOL RUNNERS                     | ROKIETNICA        | POL  | MASTERS M - 40    | 20     | M 50 | 05:01:35 | 08:03:44 | 09:44:22 | 11:59:46 | 13:56:57 | 15:41:24.25 | 15:41:30.60 | 8:33   | 7    |
| 60   | KOWALSKI MACIEJ      | 3216 | LOTOS RUNNING TEAM              | GDAŃSK            | POL  | MASTERS M - 40    | 21     | M 51 | 04:57:13 | 07:51:57 | 09:35:08 | 11:54:22 | 13:59:09 | 15:41:32.35 | 15:41:45.40 | 8:33   | 7    |
| 61   | PANEK KRZYSZTOF      | 3296 | RZYĆ CHYŻA                      | POZNAŃ            | POL  | MASTERS M - 40    | 22     | M 52 | 04:45:52 | 07:49:52 | 09:36:58 | 12:01:35 | 14:07:43 | 15:42:45.10 | 15:42:55.80 | 8:34   | 7    |
| 62   | JĘDRZEJEWSKI ŁUKASZ  | 3039 | WATAHA                          | SŁAWA             | POL  | MASTERS M - 40    | 23     | M 53 | 04:56:28 | 07:57:01 | 09:44:01 | 11:59:31 | 14:02:24 | 15:49:18.20 | 15:49:29.00 | 8:37   | 7    |
| 63   | KRUPA PIOTR          | 3030 | PCH-RUN                         | CHODZIEŻ          | POL  | MASTERS M - 40    | 24     | M 54 | 05:13:50 | 08:23:45 | 09:59:19 | 12:13:27 | 14:16:03 | 15:51:39.80 | 15:51:50.10 | 8:39   | 6.9  |
| 64   | KRUPA SŁAWOMIR       | 3107 | PCH_RUN                         | CHODZIEŻ          | POL  | SENIOR II M - 30  | 27     | M 55 | 05:13:55 | 08:23:44 | 09:59:21 | 12:13:21 | 14:16:01 | 15:51:42.15 | 15:51:50.40 | 8:39   | 6.9  |
| 65   | CIEMBOROWICZ KAROL   | 3101 | #KFD                            | KATOWICE          | POL  | SENIOR II M - 30  | 28     | M 56 | 05:00:05 | 08:06:05 | 09:42:29 | 11:57:06 | 14:08:08 | 15:55:07.60 | 15:55:23.30 | 8:40   | 6.9  |
| 66   | BOROWCZYK MARCIN     | 3037 |                                 | CZMOŃ             | POL  | MASTERS M - 40    | 25     | M 57 | 05:04:26 | 08:19:03 | 09:59:39 | 12:19:49 | 14:20:51 | 16:01:30.55 | 16:01:39.40 | 8:44   | 6.9  |
| 67   | KNAPIK PIOTR         | 3217 | KURORT ŁĄDEK ZDRÓJ TEAM         | WROCLAW           | POL  | MASTERS M - 40    | 26     | M 58 | 05:15:44 | 08:19:42 | 09:59:15 | 12:22:24 | 14:20:47 | 16:01:23.55 | 16:01:39.70 | 8:44   | 6.9  |
| 68   | ZWOŁIŃSKI ŁUKASZ     | 3148 | KASZUBSKA PONIEWIERKA           | GDAŃSK            | POL  | SENIOR II M - 30  | 29     | M 59 | 04:43:56 | 07:36:53 | 10:04:19 | 11:57:04 | 14:11:23 | 16:06:33.40 | 16:06:37.00 | 8:47   | 6.8  |
| 69   | RAJTAR ZBIGNIEW      | 3086 | RONTEL - COMPASS                | KRAKÓW            | POL  | WETERAN II M - 60 | 1      | M 60 | 04:39:58 | 07:52:29 | 09:43:34 | 12:24:56 | 14:31:52 | 16:08:22.55 | 16:08:26.45 | 8:48   | 6.8  |
| 70   | KUBICA BARTOSZ       | 3149 |                                 | WISŁA WIELKA      | POL  | MASTERS M - 40    | 27     | M 61 | 05:03:09 | 08:07:52 | 10:04:27 | 12:20:29 | 14:30:26 | 16:16:30.35 | 16:16:41.05 | 8:52   | 6.8  |
| 71   | WŁODARCZYK MICHAŁ    | 3176 | EVERRUN                         | ŁÓDŹ              | POL  | SENIOR II M - 30  | 30     | M 62 | 04:40:15 | 07:47:34 | 09:33:21 | 12:11:58 | 14:29:35 | 16:16:37.15 | 16:16:42.25 | 8:52   | 6.8  |
| 72   | KOSTRZEWSKI SŁAWOMIR | 3065 |                                 | OPOLE             | POL  | MASTERS M - 40    | 28     | M 63 | 04:55:03 | 09:47:34 | 10:43:21 | 12:15:37 | 14:30:47 | 16:18:33.95 | 16:18:41.95 | 8:53   | 6.7  |
| 73   | ZGRAJ LESZEK         | 3266 | STS BIEGATON MIKOŁÓW            | MIKOŁÓW           | POL  | MASTERS M - 40    | 29     | M 64 | 05:03:17 | 08:13:40 | 09:52:33 | 12:17:26 | 14:29:24 | 16:19:11.50 | 16:19:16.80 | 8:54   | 6.7  |
| 74   | KUTYBA MARIUSZ       | 3155 | WOLNE ŚLIMAKI                   | POZNAŃ            | POL  | SENIOR II M - 30  | 31     | M 65 | 04:39:15 | 07:49:22 | 09:36:49 | 12:10:25 | 14:34:39 | 16:20:03.80 | 16:20:16.85 | 8:54   | 6.7  |
| 75   | GOLA DANIEL          | 3237 |                                 | GLIWICE           | POL  | SENIOR I M - 20   | 5      | M 66 | 04:46:11 | 07:52:00 | 09:39:13 | 12:24:38 | 14:46:35 | 16:20:39.50 | 16:20:46.00 | 8:54   | 6.7  |
| 76   | BANACH MAGDA         | 3236 |                                 | GLIWICE           | POL  | SENIOR I K - 20   | 4      | K 10 | 04:46:06 | 07:51:57 | 09:39:12 | 12:24:48 | 14:46:34 | 16:20:38.85 | 16:20:46.20 | 8:54   | 6.7  |
| 77   | STOLIŃSKI PRZEMYSŁAW | 3092 |                                 | OZORKÓW           | POL  | SENIOR II M - 30  | 32     | M 67 | 04:44:57 | 08:00:44 | 09:33:37 | 12:15:35 | 14:33:48 | 16:27:33.35 | 16:27:38.45 | 8:58   | 6.7  |
| 78   | PIECUCH KAROLINA     | 3190 | LACHO TEAM                      | PRZEWORSK         | POL  | SENIOR II K - 30  | 4      | K 11 | 05:03:21 | 08:29:04 | 10:14:35 | 12:41:39 | 14:51:35 | 16:31:09.10 | 16:31:14.05 | 9:00   | 6.7  |
| 79   | MAJKOWSKI JACEK      | 3129 |                                 | WROCLAW           | POL  | SENIOR II M - 30  | 33     | M 68 | 05:50:09 | 09:02:30 | 10:43:11 | 12:50:51 | 14:51:06 | 16:33:23.20 | 16:33:51.75 | 9:01   | 6.6  |
| 80   | LIPIŃSKI MAREK       | 3098 |                                 | BORZYGNIEW        | POL  | MASTERS M - 40    | 30     | M 69 | 05:01:15 | 08:09:52 | 10:00:24 | 12:20:49 | 14:51:08 | 16:40:30.45 | 16:41:01.40 | 9:05   | 6.6  |
| 81   | JACKOWICZ RAFAŁ      | 3157 | JACKOWICZ TEAM                  | SOBÓTKA           | POL  | MASTERS M - 40    | 31     | M 70 | 05:31:47 | 08:48:24 | 10:40:29 | 12:54:46 | 14:58:34 | 16:42:09.10 | 16:42:29.20 | 9:06   | 6.6  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr   | Klub  | M-scowość             | Kraj | Kat.              | M. kat | K/M   | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|----------------------|------|---|-----------------------|------|-------------------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 82   | MARCINIAK JANUSZ     | 3046 | NIGHT RUNNERS   | POZNAŃ                | POL  | MASTERS M - 40    | 32     | M 71  | 05:24:57 | 08:56:28 | 10:35:44 | 13:09:19 | 15:14:16 | 16:52:51.85 | 16:53:10.50 | 9:12   | 6.5  |
| 83   | MATCZAK MACIEJ       | 3242 | KLUB SPORTOWY<br>FABRYKA BIEGANIA<br>OSTRÓW<br>WIELKOPOLSKI | ODOLANÓW              | POL  | SENIOR II M - 30  | 34     | M 72  | 05:11:37 | 08:38:00 | 10:23:30 | 12:48:48 | 14:59:18 | 16:55:22.75 | 16:55:40.90 | 9:13   | 6.5  |
| 84   | PIECUCH MARCIN       | 3182 | LACHO TEAM  | KRAKÓW                | POL  | SENIOR II M - 30  | 35     | M 73  | 05:10:04 | 08:29:07 | 10:07:22 | 12:50:35 | 14:58:13 | 16:56:09.20 | 16:56:15.25 | 9:14   | 6.5  |
| 85   | LEWANDOWSKI FILIP    | 3284 |   | BYDGOSZCZ             | POL  | SENIOR II M - 30  | 36     | M 74  | 05:54:32 | 09:22:28 | 11:01:03 | 13:15:19 | 15:23:07 | 17:02:47.10 | 17:02:51.70 | 9:17   | 6.5  |
| 86   | DUDEK REMIGIUSZ      | 3077 | ZIĘBICE   | ZIĘBICE               | POL  | SENIOR II M - 30  | 37     | M 75  | 05:41:40 | 09:11:28 | 10:56:16 | 13:14:22 | 15:19:15 | 17:05:19.20 | 17:05:40.65 | 9:19   | 6.4  |
| 87   | JAROSŁAWSKI MARCIN   | 3229 | KB-HARCOWNIK  | JELCZ-<br>LASKOWICE   | POL  | SENIOR II M - 30  | 38     | M 76  | 04:54:53 | 08:17:44 | 10:16:06 | 13:04:15 | 15:28:22 | 17:08:40.15 | 17:08:57.50 | 9:21   | 6.4  |
| 88   | BUK SŁAWOMIR         | 3040 | LESZ NO LIMITS<br>RUNNERS                                   | ŚRODA<br>WIELKOPOLSKA | POL  | SENIOR II M - 30  | 39     | M 77  | 05:25:22 | 08:53:53 | 10:36:34 | 13:03:29 | 15:15:14 | 17:11:50.90 | 17:12:03.50 | 9:22   | 6.4  |
| 89   | NOWICKI ZBIGNIEW     | 3145 |   | GAŁKÓW MAŁY           | POL  | MASTERS M - 40    | 33     | M 78  | 04:53:38 | 08:25:19 | 10:15:57 | 12:59:32 | 15:24:35 | 17:13:47.50 | 17:13:50.15 | 9:23   | 6.4  |
| 90   | MACKIEWICZ ARTUR     | 3042 | DŁUGOBIEGANIE   | SZCZECIN              | POL  | MASTERS M - 40    | 34     | M 79  | 05:05:13 | 08:39:16 | 10:30:18 | 13:08:11 | 15:27:17 | 17:14:22.10 | 17:14:27.30 | 9:24   | 6.4  |
| 91   | MROZIAK MACIEK       | 3230 | RUNPASSION.PLTEAM   | GDYNIA                | POL  | MASTERS M - 40    | 35     | M 80  | 05:05:13 | 08:39:07 | 10:30:18 | 13:08:07 | 15:27:05 | 17:14:21.40 | 17:14:27.45 | 9:24   | 6.4  |
| 92   | LECHOWSKI BARTŁOMIEJ | 3004 | WKURW_TEAM  | WROCŁAW               | POL  | SENIOR II M - 30  | 40     | M 81  | 05:14:23 | 08:25:06 | 10:17:08 | 13:03:38 | 15:17:35 | 17:15:56.30 | 17:16:08.05 | 9:25   | 6.4  |
| 93   | PROZOROWSKI WIESŁAW  | 3094 | MARATON LESZNO  | LESZNO                | POL  | WETERAN I M - 50  | 1      | M 82  | 05:11:51 | 08:31:08 | 10:20:14 | 13:03:30 | 15:40:59 | 17:16:12.35 | 17:16:26.70 | 9:25   | 6.4  |
| 94   | DYDUCH MACIEJ        | 3232 | KB ORANGE   | KANIE                 | POL  | MASTERS M - 40    | 36     | M 83  | 05:06:52 | 08:45:57 | 10:35:24 | 13:09:11 | 15:29:18 | 17:16:59.50 | 17:17:20.55 | 9:25   | 6.4  |
| 95   | GŁOWACKA EDYTA       | 3057 | MATNER RUNNING<br>TEAM                                      | WILKSZYN              | POL  | MASTERS K - 40    | 4      | K 12  | 05:25:19 | 08:52:22 | 10:38:03 | 13:12:59 | 15:37:09 | 17:21:27.10 | 17:21:40.30 | 9:28   | 6.3  |
| 96   | KOSZAREK MACIEJ      | 3300 |   | POZNAŃ                | POL  | WETERAN I M - 50  | 2      | M 84  | 05:25:19 | 08:52:30 | 10:38:04 | 13:12:57 | 15:37:09 | 17:23:32.90 | 17:23:46.25 | 9:29   | 6.3  |
| 97   | HADAŁA IGNACY        | 3185 |   | GDAŃSK                | POL  | SENIOR II M - 30  | 41     | M 85  | 05:49:09 | 09:16:52 | 11:04:45 | 13:41:15 | 15:54:10 | 17:38:45.90 | 17:39:09.65 | 9:37   | 6.2  |
| 98   | SIWEK JAREK          | 3060 | RAZ SZCZECIN  | SZCZECIN              | POL  | MASTERS M - 40    | 37     | M 86  | 05:29:37 | 08:56:10 | 10:42:26 | 13:38:34 | 15:56:16 | 17:40:02.00 | 17:40:20.90 | 9:38   | 6.2  |
| 99   | SUSMARSKA EWA        | 3299 | MUAY RUNNING TEAM   | POZNAŃ                | POL  | SENIOR I K - 20   | 5      | K 13  | 06:03:56 | 09:44:25 | 11:32:25 | 13:52:18 | 16:02:36 | 17:41:39.15 | 17:41:59.15 | 9:39   | 6.2  |
| 100  | JAZŁOCKI ŁUKASZ      | 3048 | TWDW  | WARSZAWA              | POL  | SENIOR II M - 30  | 42     | M 87  | 06:03:49 | 09:44:14 | 11:32:16 | 13:50:55 | 16:02:15 | 17:41:33.10 | 17:42:00.30 | 9:39   | 6.2  |
| 101  | ROSA JAROSŁAW        | 3075 | NATURAL BORN<br>RUNNERS                                     | POZNAŃ                | POL  | MASTERS M - 40    | 38     | M 88  | 05:57:47 | 09:21:53 | 11:04:32 | 13:50:18 | 15:57:46 | 17:43:04.35 | 17:43:25.20 | 9:39   | 6.2  |
| 102  | PIETRASZEWSKI WITOLD | 3099 | GOSTYŃ EASY TRAIL   | GOSTYŃ                | POL  | SENIOR II M - 30  | 43     | M 89  | 05:34:02 | 09:05:18 | 10:51:31 | 13:18:16 | 15:37:07 | 17:43:38.85 | 17:43:52.20 | 9:40   | 6.2  |
| 103  | KACZMAREK MARIA      | 3245 |   | KRAKOW                | POL  | SENIOR II K - 30  | 5      | K 14  | 06:15:15 | 09:36:26 | 11:22:00 | 13:54:38 | 16:04:52 | 17:44:56.85 | 17:45:18.80 | 9:40   | 6.2  |
| 104  | GRYCMAN MAGDA        | 3270 | SPARTA ULTRA TEAM   | TRZCINICA             | POL  | MASTERS K - 40    | 5      | K 15  | 05:56:17 | 09:27:45 | 11:22:51 | 13:54:22 | 16:07:20 | 17:47:24.10 | 17:47:41.75 | 9:42   | 6.2  |
| 105  | OSAKOWICZ MATEUSZ    | 3191 |   | WARSZAWA              | POL  | SENIOR II M - 30  | 44     | M 90  | 05:17:06 | 08:36:28 | 10:23:30 | 13:10:57 | 15:37:53 | 17:52:23.65 | 17:52:52.75 | 9:44   | 6.2  |
| 106  | MOSIEK ANDRZEJ       | 3193 |   | RAWICZ                | POL  | SENIOR II M - 30  | 45     | M 91  | 05:24:03 | 08:49:18 | 10:44:24 | 13:30:21 | 15:56:41 | 17:52:41.75 | 17:52:54.70 | 9:45   | 6.2  |
| 107  | ŁAMPIKA KINGA        | 3052 |   | SMOLEC                | POL  | SENIOR II K - 30  | 6      | K 16  | 05:39:54 | 09:10:19 | 10:52:40 | 13:36:08 | 16:00:53 | 17:56:15.50 | 17:56:38.85 | 9:47   | 6.1  |
| 108  | SZUBA TADEUSZ        | 3302 |   | ŁOBEZ                 | POL  | WETERAN II M - 60 | 2      | M 92  | 05:44:36 | 09:15:41 | 11:03:19 | 13:45:39 | 16:03:04 | 18:10:28.90 | 18:10:33.55 | 9:54   | 6.1  |
| 109  | SZUBA TEOFIL         | 3290 | MARATOŃCZYK<br>SZCZECIN                                     | SZCZECIN              | POL  | MASTERS M - 40    | 39     | M 93  | 05:44:38 | 09:15:49 | 11:03:20 | 13:45:24 | 16:02:52 | 18:10:30.10 | 18:10:34.00 | 9:54   | 6.1  |
| 110  | POTOCKI MACIEJ       | 3265 | ORANGE POLSKA   | KÓRNIK -<br>BIERNATKI | POL  | MASTERS M - 40    | 40     | M 94  | 05:55:11 | 09:29:31 | 11:19:25 | 13:56:49 | 16:22:41 | 18:17:48.30 | 18:18:04.75 | 9:58   | 6    |
| 111  | SULIN MAREK          | 3100 | SPARTANIE DZIECIOM  | GLIWICE               | POL  | MASTERS M - 40    | 41     | M 95  | 05:55:21 | 09:22:04 | 11:05:31 | 13:56:55 | 16:32:11 | 18:22:53.35 | 18:23:06.20 | 10:01  | 6    |
| 112  | ZAKRZEWSKI MAREK     | 3248 | EKOBIEGI  | WARSZAWA              | POL  | MASTERS M - 40    | 42     | M 96  | 05:28:51 | 08:54:38 | 10:49:55 | 13:45:32 | 16:24:12 | 18:24:30.00 | 18:24:36.05 | 10:02  | 6    |
| 113  | BRZOZOWSKI RAFAŁ     | 3313 |   | KŁODZKO               | POL  | MASTERS M - 40    | 43     | M 97  | 05:54:57 | 09:21:57 | 11:06:05 | 13:56:49 | 16:32:24 | 18:24:27.75 | 18:24:50.60 | 10:02  | 6    |
| 114  | DADAŚ JANUSZ         | 3083 | NIGHT RUNNERS<br>GLIWICE                                    | GLIWICE               | POL  | MASTERS M - 40    | 44     | M 98  | 05:19:25 | 08:45:49 | 10:44:04 | 13:28:09 | 16:11:34 | 18:30:01.30 | 18:30:13.95 | 10:05  | 5.9  |
| 115  | PAŚ TOMASZ           | 3183 | PASJOL TEAM<br>WROCŁAW                                      | WROCŁAW               | POL  | MASTERS M - 40    | 45     | M 99  | 05:49:46 | 09:18:31 | 11:09:00 | 14:06:24 | 16:32:48 | 18:30:22.95 | 18:30:33.25 | 10:05  | 5.9  |
| 116  | KWIECIEŃ MICHAŁ      | 3103 |   | BIERUTÓW              | POL  | SENIOR II M - 30  | 46     | M 100 | 05:58:22 | 09:33:47 | 11:32:26 | 14:01:41 | 16:25:59 | 18:34:03.15 | 18:34:24.65 | 10:07  | 5.9  |
| 117  | DERMINE NICOLAS      | 3243 |   | NYSA                  | POL  | SENIOR II M - 30  | 47     | M 101 | 04:52:49 | 09:25:44 | 10:55:34 | 13:14:18 | 15:55:21 | 18:35:21.90 | 18:35:52.70 | 10:08  | 5.9  |
| 118  | SMOLAK AGATA         | 3285 |   | WOLSZTYN              | POL  | SENIOR II K - 30  | 7      | K 17  | 05:59:59 | 09:28:41 | 11:22:45 | 13:57:26 | 16:34:26 | 18:43:12.30 | 18:43:35.50 | 10:12  | 5.9  |
| 119  | BĘDŹKOWSKI MAREK     | 3197 | MORSY OSTROŁĘKA   | OSTROŁĘKA             | POL  | WETERAN I M - 50  | 3      | M 102 | 06:19:03 | 09:48:59 | 11:34:34 | 14:19:58 | 16:33:01 | 18:43:57.05 | 18:44:09.35 | 10:13  | 5.9  |
| 120  | TÓRZ PAWEŁ           | 3250 |   | ŚWIECIECHOWA          | POL  | SENIOR I M - 20   | 6      | M 103 | 06:02:41 | 09:38:49 | 11:44:51 | 14:15:40 | 16:46:41 | 18:45:48.25 | 18:46:09.95 | 10:14  | 5.9  |
| 121  | ANDRZEJEWSKI PAWEŁ   | 3093 |   | NOWA WIEŚ<br>WIELKA   | POL  | MASTERS M - 40    | 46     | M 104 | 05:55:19 | 09:36:48 | 11:28:08 | 14:37:01 | 17:01:59 | 18:52:40.85 | 18:52:44.65 | 10:17  | 5.8  |
| 122  | MALIŃSKI MAREK       | 3027 |   | GDYNIA                | POL  | WETERAN I M - 50  | 4      | M 105 | 06:25:25 | 10:10:18 | 12:02:51 | 14:48:57 | 17:01:53 | 18:55:06.30 | 18:55:30.40 | 10:19  | 5.8  |
| 123  | SMOLEŃ TOMASZ        | 3260 | TMTEAM  | KOBIERZYCE            | POL  | MASTERS M - 40    | 47     | M 106 | 05:48:35 | 09:18:26 | 11:17:42 | 14:11:38 | 16:55:49 | 18:55:29.35 | 18:55:49.85 | 10:19  | 5.8  |
| 124  | HRAB WOJCIECH        | 3246 |   | POZNAŃ                | POL  | SENIOR II M - 30  | 48     | M 107 | 05:25:31 | 09:01:07 | 11:01:59 | 14:11:59 | 16:53:32 | 18:55:53.55 | 18:56:13.15 | 10:19  | 5.8  |
| 125  | KOSMOWSKI WIESŁAW    | 3049 |   | RYDZYNA               | POL  | SENIOR II M - 30  | 49     | M 108 | 05:47:17 | 09:15:21 | 11:01:21 | 13:57:40 | 16:53:16 | 18:56:57.40 | 18:57:25.80 | 10:20  | 5.8  |
| 126  | POPRAWSKI MATEUSZ    | 3015 | MUKS SZOK<br>BOJANOWO                                       | BOJANOWO              | POL  | SENIOR II M - 30  | 50     | M 109 | 05:47:17 | 09:15:29 | 11:01:23 | 13:57:44 | 16:53:24 | 18:56:59.60 | 18:57:27.35 | 10:20  | 5.8  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr   | Klub                             | M-scowość            | Kraj | Kat.             | M. kat | K/M   | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|----------------------------------|----------------------|------|------------------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 127  | KUNKE TOMASZ               | 3156 | 13WOG GRUDZIĄDZ                  | GRUDZIĄDZ            | POL  | MASTERS M - 40   | 48     | M 110 | 05:16:17 | 08:48:28 | 10:56:18 | 13:54:25 | 16:38:37 | 18:57:58.85 | 18:58:18.40 | 10:20  | 5.8  |
| 128  | SOKOŁOWSKA ADRIANA         | 3029 | VEGE RUNNERS                     | CHODZIEŻ             | POL  | SENIOR II K - 30 | 8      | K 18  | 06:11:22 | 09:48:39 | 11:42:41 | 14:33:48 | 17:08:10 | 19:08:55.55 | 19:09:04.10 | 10:26  | 5.7  |
| 129  | PAWŁOWSKI ROBERT           | 3023 | VEGE RUNNERS                     | CHODZIEŻ             | POL  | MASTERS M - 40   | 49     | M 111 | 06:11:24 | 09:48:33 | 11:42:41 | 14:33:42 | 17:08:10 | 19:08:55.80 | 19:09:04.60 | 10:26  | 5.7  |
| 130  | KŁOPOTEK MARCIN            | 3144 | EXTREME FAMILY                   | BARTKOWO             | POL  | MASTERS M - 40   | 50     | M 112 | 05:04:54 | 08:31:23 | 10:56:15 | 14:10:34 | 16:54:55 | 19:09:59.95 | 19:10:04.60 | 10:27  | 5.7  |
| 131  | TUCHOŁKA MARTA             | 3316 | POCO LOCO/ZUK                    | KRAKÓW               |      | SENIOR II K - 30 | 9      | K 19  | 05:49:24 | 09:20:20 | 11:22:07 | 14:26:18 | 17:07:08 | 19:13:48.20 | 19:13:58.95 | 10:29  | 5.7  |
| 132  | GAWŁAS PRZEMYŚLAW          | 3315 |                                  | KŁODZKO              |      | MASTERS M - 40   | 51     | M 113 | 05:41:10 | 09:18:41 | 11:17:41 | 14:12:00 | 16:55:58 | 19:13:49.85 | 19:13:59.05 | 10:29  | 5.7  |
| 133  | KRAWIŚZ MACIEJ             | 3221 | LP500                            | BYDGOSZCZ            | POL  | MASTERS M - 40   | 52     | M 114 | 04:50:21 | 08:09:54 | 10:10:49 | 13:15:27 | 16:30:43 | 19:14:36.55 | 19:14:43.80 | 10:29  | 5.7  |
| 134  | KRZEMIŃSKI JACEK           | 3205 | KW OPOLE                         | OPOLE                | POL  | SENIOR II M - 30 | 51     | M 115 | 05:42:17 | 09:17:13 | 11:20:17 | 14:15:38 | 17:04:21 | 19:21:12.65 | 19:21:22.95 | 10:33  | 5.7  |
| 135  | KRZEMIŃSKA ALEKSANDRA      | 3206 | KW OPOLE                         | OPOLE                | POL  | SENIOR II K - 30 | 10     | K 20  | 05:42:19 | 09:17:18 | 11:20:19 | 14:15:35 | 17:04:10 | 19:21:14.15 | 19:21:24.45 | 10:33  | 5.7  |
| 136  | KRUPIŃSKI TADEUSZ          | 3200 |                                  | LIGOTA PIĘKNA        | POL  | WETERAN I M - 50 | 5      | M 116 | 06:01:07 | 09:34:33 | 11:21:34 | 14:38:26 | 17:11:03 | 19:21:05.95 | 19:21:41.45 | 10:33  | 5.7  |
| 137  | WOŹNIAK RYSZARD            | 3062 | BIERUTOWSKA GRUPA BIEGOWA        | BIERUTÓW             | POL  | WETERAN I M - 50 | 6      | M 117 | 05:58:22 | 09:38:30 | 11:37:32 | 14:33:15 | 17:00:25 | 19:21:24.45 | 19:21:46.45 | 10:33  | 5.7  |
| 138  | DEC RAFAŁ                  | 3003 | BIERUTOWSKA GRUPA BIEGOWA        | BIERUTÓW             | POL  | MASTERS M - 40   | 53     | M 118 | 05:58:25 | 09:33:52 | 11:32:28 | 14:11:15 | 17:00:26 | 19:21:25.95 | 19:21:46.50 | 10:33  | 5.7  |
| 139  | SZANDAŁA JACEK             | 3089 | CAŁA OLEŚNICA BIEGA              | OLEŚNICA             | POL  | MASTERS M - 40   | 54     | M 119 | 05:58:29 | 09:38:36 | 11:37:33 | 14:33:02 | 17:00:36 | 19:21:25.15 | 19:21:46.50 | 10:33  | 5.7  |
| 140  | KONIECZNY TOMASZ           | 3050 | TEAM KTW                         | SIEMIANOWICE ŚLĄSKIE | POL  | SENIOR II M - 30 | 52     | M 120 | 06:01:15 | 09:45:28 | 11:47:08 | 14:48:57 | 17:16:35 | 19:22:34.25 | 19:22:52.95 | 10:34  | 5.7  |
| 141  | NARECKI JAROSŁAW           | 3272 |                                  | KRUSZYN              | POL  | MASTERS M - 40   | 55     | M 121 | 05:41:45 | 09:22:26 | 11:17:06 | 14:18:28 | 17:15:45 | 19:24:03.65 | 19:24:30.50 | 10:34  | 5.7  |
| 142  | SIECZKOWSKI ARTUR          | 3058 | NATURAL BORN RUNNERS TEAM        | KOSTRZYN NAD ODRĄ    | POL  | MASTERS M - 40   | 56     | M 122 | 06:17:33 | 09:51:35 | 11:56:03 | 14:47:06 | 17:20:01 | 19:25:06.30 | 19:25:34.10 | 10:35  | 5.7  |
| 143  | PEKAŁA PAWEŁ               | 3072 | AMATOR RYTWIANY                  | RYTWIANY             | POL  | MASTERS M - 40   | 57     | M 123 | 06:08:12 | 09:44:16 | 11:46:45 | 14:46:16 | 17:15:46 | 19:25:48.00 | 19:26:10.15 | 10:35  | 5.7  |
| 144  | BIAŁEK OLAF                | 3177 | MEGATEL.COM.PL                   | KRAKÓW               | POL  | WETERAN I M - 50 | 7      | M 124 | 06:03:42 | 09:34:56 | 11:34:19 | 14:31:25 | 17:19:54 | 19:30:05.25 | 19:30:37.30 | 10:38  | 5.6  |
| 145  | KWIECIEŃ - LIPIŃSKA KAMILA | 3227 | TIGERS TEAM                      | ŁÓDŹ                 | POL  | MASTERS K - 40   | 6      | K 21  | 06:09:31 | 09:51:56 | 11:46:47 | 14:45:37 | 17:26:29 | 19:32:56.85 | 19:33:05.95 | 10:39  | 5.6  |
| 146  | BIAŁECKI ZBIGNIEW          | 3226 | ŁÓDŹ RUNNING TEAM                | ŁÓDŹ                 | POL  | WETERAN I M - 50 | 8      | M 125 | 06:09:37 | 09:52:00 | 11:47:06 | 14:45:03 | 17:26:32 | 19:32:57.70 | 19:33:07.00 | 10:39  | 5.6  |
| 147  | GODLEWSKI JAKUB            | 3158 | RUNNERS TEAM QUIBL               | WARSZAWA             | POL  | SENIOR II M - 30 | 53     | M 126 | 06:25:22 | 10:09:03 | 11:55:13 | 15:01:47 | 17:48:42 | 19:33:51.25 | 19:34:22.80 | 10:40  | 5.6  |
| 148  | PIŁAT JAROSŁAW             | 3153 | CH10                             | CHOSZCZNO            | POL  | MASTERS M - 40   | 58     | M 127 | 05:55:16 | 09:26:54 | 11:23:13 | 14:22:32 | 17:13:33 | 19:34:49.60 | 19:35:14.60 | 10:40  | 5.6  |
| 149  | KONIECZNA PAULINA          | 3134 | CH10                             | CHOSZCZNO            | POL  | SENIOR II K - 30 | 11     | K 22  | 05:55:20 | 09:26:59 | 11:23:16 | 14:22:40 | 17:13:37 | 19:34:50.30 | 19:35:14.75 | 10:40  | 5.6  |
| 150  | CZAJKOWSKI RAFAŁ           | 3180 | EKOBIEGI                         | WARSZAWA             | POL  | MASTERS M - 40   | 59     | M 128 | 06:05:25 | 09:53:09 | 11:52:16 | 14:48:29 | 17:19:37 | 19:36:20.90 | 19:36:29.90 | 10:41  | 5.6  |
| 151  | APANOWICZ ANGELIKA         | 3173 | EKOBIEGI                         | WARSZAWA             | POL  | MASTERS K - 40   | 7      | K 23  | 06:05:24 | 09:53:09 | 11:52:23 | 14:48:35 | 17:19:37 | 19:36:22.55 | 19:36:29.95 | 10:41  | 5.6  |
| 152  | BUCHALSKA EWA              | 3108 | EKOBIEGI                         | WARSZAWA             | POL  | MASTERS K - 40   | 8      | K 24  | 06:05:33 | 09:53:15 | 11:52:30 | 14:48:39 | 17:19:38 | 19:36:22.70 | 19:36:30.25 | 10:41  | 5.6  |
| 153  | KOCIOŁEK ZBIGNIEW          | 3239 |                                  | WOŁÓW                | POL  | MASTERS M - 40   | 60     | M 129 | 05:41:26 | 09:20:39 | 11:46:14 | 14:51:01 | 17:39:58 | 19:36:28.90 | 19:36:39.40 | 10:41  | 5.6  |
| 154  | PRZYBYŁ TOMASZ             | 3070 |                                  | OSTRÓW WIELKOPOLSKI  | POL  | MASTERS M - 40   | 61     | M 130 | 05:41:07 | 09:17:55 | 11:17:39 | 14:11:46 | 16:56:19 | 19:37:27.10 | 19:37:46.40 | 10:42  | 5.6  |
| 155  | LASZCZYŃSKI TOMASZ         | 3188 | TATA. NATALKI                    | STRZELIN             | POL  | MASTERS M - 40   | 62     | M 131 | 06:43:26 | 10:34:21 | 12:31:59 | 15:28:01 | 17:49:15 | 19:37:35.40 | 19:37:52.60 | 10:42  | 5.6  |
| 156  | WOSZCZAK JOLANTA           | 3090 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN             | POL  | WETERAN K - 50   | 1      | K 25  | 06:43:32 | 10:34:32 | 12:32:14 | 15:28:09 | 17:49:21 | 19:37:36.40 | 19:37:52.90 | 10:42  | 5.6  |
| 157  | ZIEMKIEWICZ JAREK          | 3033 | UKS RUNNING TEAM                 | LUBIN                | POL  | MASTERS M - 40   | 63     | M 132 | 05:56:10 | 09:47:55 | 11:54:00 | 14:58:43 | 17:41:49 | 19:38:19.25 | 19:38:41.50 | 10:42  | 5.6  |
| 158  | LIPSKI KRZYSZTOF           | 3091 |                                  | BYDGOSZCZ            | POL  | MASTERS M - 40   | 64     | M 133 | 06:04:38 | 09:46:17 | 11:48:20 | 15:03:07 | 17:39:46 | 19:40:19.10 | 19:40:25.75 | 10:43  | 5.6  |
| 159  | BAK ANDRZEJ                | 3117 | SPC                              | LUBICZ               | POL  | MASTERS M - 40   | 65     | M 134 | 06:32:40 | 10:06:30 | 12:01:47 | 14:58:06 | 17:35:42 | 19:41:44.30 | 19:42:09.70 | 10:44  | 5.6  |
| 160  | WŁODARCZYK TERESA          | 3120 | SPC                              | TORUŃ                | POL  | WETERAN K - 50   | 2      | K 26  | 06:32:37 | 10:06:34 | 12:01:47 | 14:58:04 | 17:35:41 | 19:41:43.85 | 19:42:09.75 | 10:44  | 5.6  |
| 161  | SZULC-ŁĄTKOWSKA URSZULA    | 3305 | KB MANIAC POZNAŃ                 | POZNAŃ               | POL  | MASTERS K - 40   | 9      | K 27  | 06:27:17 | 10:03:14 | 12:05:46 | 15:04:23 | 17:42:33 | 19:43:44.45 | 19:44:10.50 | 10:45  | 5.6  |
| 162  | ŁĄTKOWSKI MACIEJ           | 3032 | KB MANIAC POZNAŃ                 | POZNAŃ               | POL  | MASTERS M - 40   | 66     | M 135 | 06:27:21 | 10:03:19 | 12:05:48 | 15:04:41 | 17:42:32 | 19:43:46.60 | 19:44:11.80 | 10:45  | 5.6  |
| 163  | WEISSENSTEINER DAWID       | 3186 |                                  | SKOROSZYCE           | POL  | SENIOR II M - 30 | 54     | M 136 | 05:41:44 | 09:27:34 | 11:44:47 | 14:57:02 | 17:28:53 | 19:44:22.40 | 19:44:48.00 | 10:46  | 5.6  |
| 164  | ROSZAK WALDEMAR            | 3095 | BIEGAM NA ZIELONEJ BIAŁOŁĘCE     | WARSZAWA             | POL  | WETERAN I M - 50 | 9      | M 137 | 06:42:43 | 10:32:54 | 12:36:59 | 15:40:50 | 17:59:33 | 19:46:51.75 | 19:47:01.90 | 10:47  | 5.6  |
| 165  | ZYCH MICHAŁ                | 3291 | KLUB BIEGACZA RTVEUROAGD         | WARSZAWA             | POL  | SENIOR II M - 30 | 55     | M 138 | 05:52:45 | 09:40:12 | 11:47:38 | 14:49:18 | 17:29:29 | 19:37:02.20 | 19:48:48.10 | 10:42  | 5.6  |
| 166  | KLATKA ARLETA              | 3071 | BIEGAM BO LUBIĘ                  | TOMASZÓW MAZOWIECKI  | POL  | MASTERS K - 40   | 10     | K 28  | 06:04:43 | 09:56:56 | 12:01:30 | 15:31:46 | 17:58:40 | 19:49:18.85 | 19:49:41.00 | 10:48  | 5.5  |
| 167  | KWIATKOWSKA ALEKSANDRA     | 3069 | WIECZORNE BIEGANIE W SZCZECINIE  | SZCZECIN             | POL  | SENIOR I K - 20  | 6      | K 29  | 05:22:37 | 08:54:36 | 10:45:50 | 13:50:54 | 16:20:07 | 19:50:40.20 | 19:50:56.15 | 10:49  | 5.5  |
| 168  | LIPERTOWICZ SEBASTIAN      | 3169 | LOVELASY                         | POLICE               | POL  | SENIOR II M - 30 | 56     | M 139 | 05:22:48 | 08:54:47 | 10:45:51 | 13:50:50 | 16:20:08 | 19:50:39.55 | 19:50:56.20 | 10:49  | 5.5  |
| 169  | MARGASIŃSKI MICHAŁ         | 3035 |                                  | ZĄBKOWICE ŚLĄSKIE    | POL  | SENIOR II M - 30 | 57     | M 140 | 06:08:12 | 09:56:13 | 12:00:46 | 15:02:16 | 17:50:03 | 19:51:56.40 | 19:52:11.75 | 10:50  | 5.5  |
| 170  | ZYDORCZAK MATEUSZ          | 3295 | REMOVE                           | WROCLAW              | POL  | SENIOR II M - 30 | 58     | M 141 | 06:14:51 | 10:44:14 | 12:33:53 | 15:24:43 | 18:01:41 | 19:53:14.60 | 19:53:25.65 | 10:50  | 5.5  |
| 171  | MOREVA DARIA               | 3195 |                                  | WROCLAW              | POL  | SENIOR II K - 30 | 12     | K 30  | 06:20:56 | 10:08:26 | 12:00:59 | 15:08:54 | 17:51:41 | 19:54:33.65 | 19:54:43.45 | 10:51  | 5.5  |
| 172  | BURDAJEWICZ MAGDALENA      | 3264 |                                  | MOSINA               | POL  | SENIOR II K - 30 | 13     | K 31  | 06:20:23 | 10:17:09 | 12:06:10 | 15:03:59 | 17:51:59 | 19:56:48.20 | 19:57:14.75 | 10:52  | 5.5  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr   | Klub  | M-scowość              | Kraj | Kat.             | M. kat | K/M   | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|------|---|------------------------|------|------------------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 173  | TOMCZAK MARIUSZ             | 3292 |   | MOSINA                 | POL  | MASTERS M - 40   | 67     | M 142 | 06:08:16 | 09:56:12 | 12:00:47 | 15:02:40 | 17:49:39 | 19:57:01.25 | 19:57:15.05 | 10:52  | 5.5  |
| 174  | RELEWICZ MACIEJ             | 3168 | WOLNE ŚLIMAKI                               | POZNAŃ                 | POL  | MASTERS M - 40   | 68     | M 143 | 06:08:13 | 09:56:07 | 12:00:45 | 15:02:21 | 17:50:15 | 19:57:02.30 | 19:57:17.50 | 10:52  | 5.5  |
| 175  | KROLS HILDE                 | 3119 | VOS SCHAFFEN                                | MOL                    | BEL  | WETERAN K - 50   | 3      | K 32  | 06:20:05 | 10:17:28 | 12:29:20 |          | 18:14:16 | 20:06:32.00 | 20:06:55.65 | 10:58  | 5.5  |
| 176  | FILIPAK SEBASTIAN           | 3056 | LZS LIPA                                    | LIPA                   | POL  | MASTERS M - 40   | 69     | M 144 | 05:53:19 | 09:48:53 | 11:46:37 | 14:51:54 | 17:37:54 | 20:07:29.85 | 20:07:55.15 | 10:58  | 5.5  |
| 177  | KONIECZNY ANDRZEJ KONIECZNY | 3034 |   | GOSTYŃ                 | POL  | MASTERS M - 40   | 70     | M 145 | 06:39:48 | 10:18:35 | 12:12:13 | 15:11:53 | 17:51:51 | 20:07:42.55 | 20:07:55.40 | 10:58  | 5.5  |
| 178  | RYTYCH GRZEGORZ             | 3097 | DROGA DO ULTRA                              | ŁÓDŹ                   | POL  | SENIOR II M - 30 | 59     | M 146 | 06:18:00 | 09:54:54 | 11:53:06 | 14:45:41 | 17:30:08 | 20:07:49.30 | 20:08:03.90 | 10:58  | 5.5  |
| 179  | KLATE ŁUKASZ                | 3068 | DROGA DO ULTRA                              | ŁÓDŹ                   | POL  | MASTERS M - 40   | 71     | M 147 | 06:03:15 | 09:54:58 | 11:53:05 | 14:45:38 | 17:30:05 | 20:07:49.50 | 20:08:04.40 | 10:58  | 5.5  |
| 180  | GULCZYŃSKI TOMASZ           | 3317 |   | ZIELONKA               |      | SENIOR II M - 30 | 60     | M 148 | 06:12:26 | 10:06:37 | 12:07:36 | 15:38:55 | 18:20:18 | 20:13:50.70 | 20:14:02.45 | 11:02  | 5.4  |
| 181  | BUDA MARZENA                | 3231 | ALPACA TEAM                                 | RZESZÓW                | POL  | SENIOR I K - 20  | 7      | K 33  | 06:05:33 | 09:53:22 | 12:00:13 | 15:39:38 | 18:43:11 | 20:28:49.45 | 20:29:06.80 | 11:10  | 5.4  |
| 182  | WYLEGAŁA IZABELA            | 3024 | PCH_RUN                                     | RATAJE                 | POL  | SENIOR II K - 30 | 14     | K 34  | 06:34:25 | 10:18:00 | 12:28:07 | 15:31:25 | 18:23:30 | 20:29:45.60 | 20:29:53.25 | 11:10  | 5.4  |
| 183  | WYKA ANGELIKA               | 3001 | PCH_RUN                                     | CHODZIEŻ               | POL  | SENIOR II K - 30 | 15     | K 35  | 06:34:24 | 10:18:04 | 12:28:08 | 15:31:20 | 18:23:30 | 20:29:45.75 | 20:29:53.30 | 11:10  | 5.4  |
| 184  | CELEJEWSKI PRZEMYSŁAW       | 3192 |   | GRÓJEC                 | POL  | SENIOR II M - 30 | 61     | M 149 | 06:05:33 | 09:46:18 | 12:01:06 | 15:16:08 | 18:08:03 | 20:35:51.80 | 20:36:15.35 | 11:14  | 5.3  |
| 185  | KARCZ ANNA                  | 3222 |   | BYDGOSZCZ              | POL  | SENIOR I K - 20  | 8      | K 36  | 06:48:44 | 10:52:42 | 13:23:37 | 16:27:27 | 18:59:44 | 20:47:07.80 | 20:47:37.10 | 11:20  | 5.3  |
| 186  | SERWADCZAK MAREK            | 3259 |   | DROGOSZOWICE           | POL  | WETERAN I M - 50 | 10     | M 150 | 06:15:03 | 10:02:17 | 12:16:37 | 15:20:29 | 18:18:48 | 20:48:33.55 | 20:49:05.65 | 11:21  | 5.3  |
| 187  | SZERSZENIEWSKI MAREK        | 3199 | ŻÓRAWSKI TEAM                               | WARSZAWA               | POL  | WETERAN I M - 50 | 11     | M 151 | 06:33:00 | 10:19:21 | 12:09:10 | 15:01:18 | 18:21:26 | 20:51:21.90 | 20:51:47.95 | 11:22  | 5.3  |
| 188  | LUBIK ADAM                  | 3184 | KSE ON-SIGHT/<br>SPUHLAKI TEAM              | POZNAŃ                 | POL  | SENIOR II M - 30 | 62     | M 152 | 06:12:23 | 10:06:32 | 12:07:36 | 15:38:04 | 18:25:59 | 20:52:22.40 | 20:52:35.05 | 11:23  | 5.3  |
| 189  | NAMIOTA URSZULA             | 3171 | KB MARATOŃCZYK                              | DĘBICA                 | POL  | WETERAN K - 50   | 4      | K 37  | 06:34:19 | 10:36:52 | 12:42:09 | 16:05:26 | 18:43:20 | 20:53:09.65 | 20:53:36.20 | 11:23  | 5.3  |
| 190  | OPALIŃSKI MICHAŁ            | 3172 | DĘBICKI KLUB<br>BIEGACZA<br>MARATOŃCZYK     | DĘBICA                 | POL  | SENIOR II M - 30 | 63     | M 153 | 07:00:41 | 11:13:26 | 13:13:54 | 16:10:05 | 18:33:39 | 20:53:11.70 | 20:53:38.90 | 11:23  | 5.3  |
| 191  | KAWA BARBARA                | 3170 | KB MARATOŃCZYK                              | ŻYRAKÓW                | POL  | SENIOR II K - 30 | 16     | K 38  | 07:00:41 | 11:13:20 | 13:13:55 | 16:10:02 | 18:33:41 | 20:53:13.05 | 20:53:39.70 | 11:23  | 5.3  |
| 192  | STAWSKI MICHAŁ              | 3220 | TRUCHT.COM                                  | ŁÓDŹ                   | POL  | SENIOR II M - 30 | 64     | M 154 | 04:49:45 | 08:41:58 | 11:18:46 | 15:02:18 | 18:16:04 | 20:55:44.80 | 20:55:49.75 | 11:24  | 5.3  |
| 193  | JĘDRYCHA ARTUR              | 3085 |   | DĄBROWA<br>GÓRNICZA    | POL  | MASTERS M - 40   | 72     | M 155 | 06:08:43 | 10:07:42 | 12:36:39 | 15:52:24 | 18:40:34 | 21:04:11.15 | 21:04:45.10 | 11:29  | 5.2  |
| 194  | OSTACH DARIA                | 3009 |   | OSTRÓW<br>WIELKOPOLSKI | POL  | MASTERS K - 40   | 11     | K 39  | 06:49:02 | 10:36:04 | 12:31:50 | 15:34:39 | 18:22:07 | 21:06:18.65 | 21:06:34.50 | 11:30  | 5.2  |
| 195  | PRUSIEWICZ BEATA            | 3018 |   | OSTRÓW<br>WIELKOPOLSKI | POL  | WETERAN K - 50   | 5      | K 40  | 06:52:36 | 10:36:06 | 12:31:52 | 15:34:55 | 18:28:27 | 21:06:18.35 | 21:06:34.80 | 11:30  | 5.2  |
| 196  | WASIL JOANNA                | 3021 |   | ZABRZE                 | POL  | SENIOR II K - 30 | 17     | K 41  | 06:52:36 | 10:49:16 | 12:53:05 | 16:09:41 | 18:55:41 | 21:16:05.35 | 21:16:17.55 | 11:36  | 5.2  |
| 197  | SAMOLAK ŁUKASZ              | 3002 | 22 KARPACI<br>BATALION PIECHOTY<br>GÓRSKIEJ | ŁĄDEK ZDRÓJ            | POL  | SENIOR II M - 30 | 65     | M 156 | 06:49:45 | 10:52:15 | 13:05:05 | 16:13:27 | 19:01:36 | 21:16:48.50 | 21:17:22.15 | 11:36  | 5.2  |
| 198  | SAMOLAK MACIEK              | 3141 | PREDATORS<br>WAŁBRZYCH                      | WAŁBRZYCH              | POL  | MASTERS M - 40   | 73     | M 157 | 06:49:47 | 10:52:24 | 13:05:05 | 16:13:32 | 19:08:35 | 21:19:35.80 | 21:20:08.80 | 11:37  | 5.2  |
| 199  | MOŃKA ŁUKASZ                | 3278 | SPARTA ULTRA TEAM                           | WIERUSZÓW              | POL  | SENIOR II M - 30 | 66     | M 158 | 06:02:59 | 09:53:37 | 12:16:40 | 15:59:14 | 18:59:43 | 21:31:35.90 | 21:31:54.00 | 11:44  | 5.1  |
| 200  | ŁĄCZA ILONA                 | 3096 | EKOBIEGI                                    | WARSZAWA               | POL  | MASTERS K - 40   | 12     | K 42  | 06:42:42 | 10:35:58 | 12:50:47 | 16:17:26 | 19:14:07 | 21:32:09.85 | 21:32:18.40 | 11:44  | 5.1  |
| 201  | SIKORSKA AGNIESZKA          | 3189 | EKBIEGI                                     | WARSZAWA               | POL  | MASTERS K - 40   | 13     | K 43  | 06:27:16 | 10:33:50 | 12:50:55 | 16:18:03 | 19:14:23 | 21:32:08.85 | 21:32:18.55 | 11:44  | 5.1  |
| 202  | KOREK KRYSZTOF              | 3213 |   | POZNAŃ                 | POL  | MASTERS M - 40   | 74     | M 159 | 06:50:13 | 11:06:24 | 13:26:17 | 16:44:48 | 19:24:46 | 21:40:32.85 | 21:41:02.65 | 11:49  | 5.1  |
| 203  | KRANZ GRZEGORZ              | 3212 |   | CZAPURY                | POL  | MASTERS M - 40   | 75     | M 160 | 06:52:05 | 11:05:02 | 13:26:17 | 16:45:12 | 19:24:54 | 21:40:33.05 | 21:41:02.65 | 11:49  | 5.1  |
| 204  | PIETRZAK TOMASZ             | 3198 | WILD TRAIL RUNNER                           | KSIĄŻ<br>WIELKOPOLSKI  | POL  | SENIOR II M - 30 | 67     | M 161 | 06:02:28 | 10:07:42 | 12:12:45 | 15:51:56 | 19:01:29 | 21:43:21.40 | 21:43:48.40 | 11:50  | 5.1  |
| 205  | JANUĆ WOJCIECH              | 3110 | ARKA LEŚNA                                  | PUSZCZYKOWO            | POL  | SENIOR I M - 20  | 7      | M 162 | 06:02:28 | 10:07:40 | 12:12:47 | 15:52:00 | 19:01:41 | 21:43:23.90 | 21:43:50.60 | 11:50  | 5.1  |
| 206  | KRAWCZYK JAKUB              | 3055 |   | KRAKÓW                 | POL  | SENIOR I M - 20  | 8      | M 163 | 05:23:37 | 08:59:11 | 11:28:10 | 14:57:28 | 18:12:23 | 21:47:13.10 | 21:47:17.50 | 11:53  | 5    |
| 207  | GRUSZCZYŃSKI MARCIN         | 3287 | GRUSZKOWYTEAM                               | BYDGOSZCZ              | POL  | MASTERS M - 40   | 76     | M 164 | 06:18:05 | 10:58:03 | 13:25:21 | 16:38:04 | 19:43:21 | 21:47:17.65 | 21:47:29.65 | 11:53  | 5    |
| 208  | GMAJ KAROLINA               | 3126 |   | GRÓJEC                 | POL  | SENIOR II K - 30 | 18     | K 44  | 06:21:18 | 10:29:02 | 12:45:12 | 16:23:58 | 19:30:23 | 21:51:14.25 | 21:51:37.25 | 11:55  | 5    |
| 209  | GMAJ DANIEL                 | 3127 | 1983  | GRÓJEC                 | POL  | SENIOR II M - 30 | 68     | M 165 | 06:21:17 | 10:29:06 | 12:45:12 | 16:23:52 | 19:30:30 | 21:51:14.10 | 21:51:37.70 | 11:55  | 5    |
| 210  | KÓZKA PRZEMO                | 3133 | BIEGAM, BO NIE LUBIĘ                        | SKÓRZEWO               | POL  | MASTERS M - 40   | 77     | M 166 | 06:18:37 | 10:43:55 | 13:15:10 | 16:22:11 | 19:32:12 | 21:51:18.05 | 21:51:39.40 | 11:55  | 5    |
| 211  | ROSA BARTOSZ                | 3152 | SMASHING PÄPKINS                            | TORUŃ                  | POL  | SENIOR II M - 30 | 69     | M 167 | 06:49:35 | 10:43:52 | 12:59:30 | 16:27:50 | 19:30:38 | 21:59:06.80 | 21:59:34.90 | 11:59  | 5    |
| 212  | SULIMA JANUSZ               | 3311 |   | MILANÓWEK              | POL  | WETERAN I M - 50 | 12     | M 168 | 06:15:39 | 10:38:11 | 12:56:05 | 16:50:52 | 19:43:01 | 22:00:17.40 | 22:00:21.90 | 12:00  | 5    |
| 213  | SZURKOWSKI MICHAŁ           | 3160 | GRUNWALD TEAM                               | POZNAŃ                 | POL  | SENIOR II M - 30 | 70     | M 169 | 06:12:19 | 10:38:08 | 13:05:38 | 16:50:43 | 19:50:48 | 22:01:43.15 | 22:02:04.20 | 12:00  | 5    |
| 214  | BAKOWICZ KAMIL              | 3044 | AKTYWNI KAMIENSK                            | BARCZKOWICE            | POL  | SENIOR II M - 30 | 71     | M 170 | 06:12:27 | 10:38:19 | 13:06:00 | 16:51:06 | 19:51:10 | 22:03:34.70 | 22:03:51.60 | 12:01  | 5    |
| 215  | ZIEMNIAK MARCIN             | 3140 |   | WARSZAWA               | POL  | SENIOR II M - 30 | 72     | M 171 | 06:35:47 | 11:03:22 | 13:38:57 | 16:57:47 | 19:45:44 | 22:05:44.80 | 22:06:04.00 | 12:03  | 5    |
| 216  | WAŁEK PIOTR                 | 3020 | RUNNERS TEAM QUIBL                          | WARSZAWA               | POL  | MASTERS M - 40   | 78     | M 172 | 07:12:27 | 11:23:20 | 13:45:06 |          | 19:56:51 | 22:13:11.65 | 22:13:41.90 | 12:07  | 5    |
| 217  | GAŚSIOROWSKA DOROTA         | 3054 | MPK WYBIEGANIE /<br>ŚNIĘTY SUM              | WARSZAWA               | POL  | WETERAN K - 50   | 6      | K 45  | 07:12:30 | 11:23:16 | 13:44:07 | 17:04:32 | 19:56:28 | 22:13:12.35 | 22:13:42.05 | 12:07  | 5    |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr   | Klub                                  | M-scowość           | Kraj | Kat.              | M. kat | K/M   | 40km     | 61km     | 70km     | 85km     | 98km     | Netto       | Brutto      | min/km | km/h |
|------|------------------------|------|---------------------------------------|---------------------|------|-------------------|--------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 218  | MARKOWSKI PIOTR        | 3087 | MARKOTNYSKOWRON EK                    | WROCŁAW             | POL  | MASTERS M - 40    | 79     | M 173 | 06:25:14 | 10:28:55 | 12:53:10 | 16:28:05 | 19:35:14 | 22:16:41.40 | 22:17:01.50 | 12:09  | 4.9  |
| 219  | STAWSKA ANNA           | 3241 | WKURW_TEAM                            | LUXEMBOURG          | LUX  | MASTERS K - 40    | 14     | K 46  | 06:36:20 | 10:37:54 | 13:12:46 | 16:39:23 | 19:35:31 | 22:17:20.50 | 22:17:27.35 | 12:09  | 4.9  |
| 220  | SKOWRONEK ARTUR        | 3132 | MARKOTNYSKOWRON EK                    | ŁADEK ZDRÓJ         | POL  | MASTERS M - 40    | 80     | M 174 | 06:25:17 | 10:29:21 | 12:59:16 | 16:36:41 | 19:43:21 | 22:21:18.75 | 22:21:38.30 | 12:11  | 4.9  |
| 221  | FRĄCZKOWIAK JACEK      | 3136 | RUNNER'S POWER ŚREM                   | ŚREM                | POL  | MASTERS M - 40    | 81     | M 175 | 06:15:53 | 10:15:22 | 12:36:38 | 16:17:09 | 19:47:34 | 22:27:23.35 | 22:27:38.40 | 12:14  | 4.9  |
| 222  | DĘBEK PIOTR            | 3064 | PRZEDWOJEWSKI MOUNTAIN TEAM           | ŚWIDNICA            | POL  | MASTERS M - 40    | 82     | M 176 | 06:15:55 | 10:15:28 | 12:36:39 | 16:17:00 | 19:53:14 | 22:27:24.50 | 22:27:39.30 | 12:14  | 4.9  |
| 223  | SZACHEWICZ SŁAWEK      | 3143 | JEŻOZWIERZE GROUP                     | WROCŁAW             | POL  | MASTERS M - 40    | 83     | M 177 | 06:25:18 | 10:38:18 | 13:16:28 | 17:13:16 | 20:23:48 | 22:34:08.50 | 22:34:39.30 | 12:18  | 4.9  |
| 224  | GRYGIER ROBERT         | 3215 |                                       | ŚREM                | POL  | SENIOR I M - 20   | 9      | M 178 | 06:20:27 | 10:13:31 | 12:32:40 | 16:02:28 | 19:32:59 | 22:36:49.30 | 22:36:56.15 | 12:20  | 4.9  |
| 225  | STOLPE MACIEJ          | 3028 |                                       | LUBOŃ               | POL  | WETERAN I M - 50  | 13     | M 179 | 07:00:12 |          | 13:35:19 | 17:05:05 | 20:05:53 | 22:39:18.15 | 22:39:47.80 | 12:21  | 4.9  |
| 226  | HOFFMANN GRZEGORZ      | 3036 |                                       | CZEMPIŃ             | POL  | MASTERS M - 40    | 84     | M 180 | 07:00:12 | 11:04:39 | 13:35:21 | 17:07:05 | 20:06:43 | 22:40:02.65 | 22:40:31.20 | 12:21  | 4.9  |
| 227  | SIELUTIN WADIM         | 3297 | KB LEW LEGNICA 2000                   | LEGNICA             | POL  | WETERAN II M - 60 | 3      | M 181 | 06:49:25 | 11:02:53 | 13:26:27 | 17:25:23 | 20:22:28 | 22:40:49.65 | 22:41:14.25 | 12:22  | 4.8  |
| 228  | KAMROWSKI DAWID        | 3102 | ROCHE RUNNERS                         | POZNAŃ              | POL  | SENIOR II M - 30  | 73     | M 182 | 07:37:27 | 12:02:29 | 14:39:10 | 17:37:10 | 20:27:08 | 22:51:30.60 | 22:52:02.45 | 12:28  | 4.8  |
| 229  | RECZUCH ADAM           | 3194 |                                       | WROCŁAW             | POL  | MASTERS M - 40    | 85     | M 183 | 06:18:18 |          | 12:10:28 |          | 19:45:35 | 22:51:50.30 | 22:52:21.40 | 12:28  | 4.8  |
| 230  | CIECIELĄG PIOTR        | 3006 |                                       | PIASECZNO           | POL  | MASTERS M - 40    | 86     | M 184 | 05:53:44 | 09:49:32 | 12:10:27 | 16:10:07 | 20:21:36 | 23:00:56.65 | 23:01:10.95 | 12:33  | 4.8  |
| 231  | KONOWROCKA WIOLETTA    | 3012 | SEE YOU LATER TEAM                    | ZYRARDÓW            | POL  | MASTERS K - 40    | 15     | K 47  | 06:18:18 | 10:15:32 | 12:33:12 | 15:59:51 | 19:36:23 | 23:03:04.20 | 23:03:29.20 | 12:34  | 4.8  |
| 232  | BIELSKI JANUSZ         | 3010 | SEE YOU LATER TEAM                    | WARSZAWA            | POL  | SENIOR II M - 30  | 74     | M 185 | 06:18:05 | 10:15:25 | 12:33:00 | 15:59:05 | 19:35:17 | 23:03:05.40 | 23:03:29.80 | 12:34  | 4.8  |
| 233  | RYCHŁOWSKA MAGDALENA   | 3067 |                                       | PIŁA                | POL  | MASTERS K - 40    | 16     | K 48  | 06:45:27 | 10:59:08 | 13:27:56 | 17:21:06 | 20:28:13 | 23:07:36.05 | 23:07:54.95 | 12:36  | 4.8  |
| 234  | KALBARCZYK BEATA       | 3162 | ORANGE POLSKA                         | OTWOCK              | POL  | WETERAN K - 50    | 7      | K 49  | 06:52:05 | 11:30:14 | 14:05:13 | 17:38:17 | 20:39:03 | 23:07:44.25 | 23:08:03.75 | 12:36  | 4.8  |
| 235  | WRZESIŃSKA JOANNA      | 3115 |                                       | BYDGOSZCZ           | POL  | MASTERS K - 40    | 17     | K 50  | 06:14:36 | 10:04:12 | 12:23:02 | 15:50:42 | 19:21:19 | 23:10:14.00 | 23:10:22.20 | 12:38  | 4.7  |
| 236  | BORIS ANETA            | 3016 | EL - AKTYWNI                          | ELBLĄG              | POL  | SENIOR II K - 30  | 19     | K 51  | 07:48:11 | 12:08:25 | 14:32:48 | 18:07:39 | 21:08:49 | 23:16:13.50 | 23:16:33.60 | 12:41  | 4.7  |
| 237  | MARCINEK ŁUKASZ        | 3007 | NIE TERAZ, POTEM                      | SIEMIENOWICE ŚL.    | POL  | SENIOR II M - 30  | 75     | M 186 | 06:38:16 | 10:52:30 | 13:43:32 | 17:14:41 | 20:50:52 | 23:31:02.90 | 23:31:13.85 | 12:49  | 4.7  |
| 238  | HANGIEL URSZULA        | 3318 |                                       | WARSZAWA            |      | SENIOR II K - 30  | 20     | K 52  | 07:48:39 | 12:08:19 | 14:37:17 | 18:06:07 | 21:08:41 | 23:31:54.55 | 23:32:25.35 | 12:50  | 4.7  |
| 239  | SOSZYŃSKA MAŁGORZATA   | 3314 |                                       | WARSZAWA            |      | WETERAN K - 50    | 8      | K 53  | 07:48:38 | 12:08:10 | 14:37:17 | 18:06:03 | 21:08:41 | 23:31:55.05 | 23:32:25.55 | 12:50  | 4.7  |
| 240  | GRZESIAK RAFAŁ         | 3081 |                                       | GŁOGÓW              | POL  | MASTERS M - 40    | 87     | M 187 | 07:31:40 | 12:02:59 | 14:41:31 | 17:35:36 | 20:41:07 | 23:52:03.65 | 23:52:17.05 | 13:01  | 4.6  |
| 241  | KOSMIDER TOMASZ        | 3209 | SPARTANIE DZIECIOM                    | WROCŁAW             | POL  | MASTERS M - 40    | 88     | M 188 | 06:47:58 | 11:02:40 | 13:58:31 | 17:37:19 | 20:56:39 | 23:58:28.15 | 23:58:59.90 | 13:04  | 4.6  |
| 242  | OHLA JUSTYNA           | 3112 | BIEGAM, BO NIE LUBIĘ...               | POZNAŃ              | POL  | MASTERS K - 40    | 18     | K 54  | 06:18:40 | 10:50:55 | 13:42:41 | 17:41:24 | 21:14:27 | 23:58:57.60 | 23:59:17.20 | 13:04  | 4.6  |
| 243  | MADAJ PAWEŁ            | 3118 | BIEGAM, BO NIE LUBIĘ                  | POZNAŃ              | POL  | MASTERS M - 40    | 89     | M 189 | 06:18:41 | 10:51:02 | 13:42:42 | 17:41:29 | 21:14:30 | 23:58:57.70 | 23:59:17.20 | 13:04  | 4.6  |
| 244  | ZACHARZYŃSKA KATARZYNA | 3161 | ORANGE POLSKA                         | LUBLIN              | POL  | SENIOR II K - 30  | 21     | K 55  | 06:51:21 | 11:30:18 | 14:06:19 | 17:57:30 | 21:18:47 | 24:05:21.50 | 24:05:41.75 | 13:08  | 4.6  |
| 245  | CECUEŁA ANDRZEJ        | 3202 |                                       | GŁOGÓW              | POL  | SENIOR I M - 20   | 10     | M 190 | 07:31:37 | 12:02:51 | 14:41:31 | 17:35:30 | 20:41:23 | 24:13:18.50 | 24:13:32.80 | 13:12  | 4.5  |
| 246  | PIKUSA MICHAŁ          | 3104 |                                       | POZNAŃ              | POL  | SENIOR II M - 30  | 76     | M 191 | 07:37:25 | 12:03:00 | 14:45:50 | 18:15:23 | 21:29:03 | 24:14:58.10 | 24:15:30.50 | 13:13  | 4.5  |
| 247  | HAUTON MONIKA          | 3013 | NIE TERAZ, POTEM                      | SOSNOWIEC           | POL  | MASTERS K - 40    | 19     | K 56  | 08:11:19 | 12:30:25 | 15:12:51 | 18:44:59 | 21:57:02 | 24:18:45.85 | 24:18:57.10 | 13:15  | 4.5  |
| 248  | WITECKA MILENA         | 3312 |                                       | POBIEROWO           |      | SENIOR II K - 30  | 22     | K 57  | 07:13:55 | 12:32:37 | 15:12:29 | 18:54:22 | 22:00:39 | 24:29:57.30 | 24:30:21.60 | 13:21  | 4.5  |
| 249  | RURKA GRZEGORZ         | 3146 | SAMBIEGAM                             | WARSZAWA            | POL  | WETERAN I M - 50  | 14     | M 192 | 07:16:42 | 11:46:50 | 14:39:59 | 19:04:05 | 22:15:43 | 24:31:49.40 | 24:32:17.45 | 13:22  | 4.5  |
| 250  | ŻRÓDLEWSKA ANNA        | 3308 |                                       | OSTRÓW WIELKOPOLSKI | POL  | SENIOR II K - 30  | 23     | K 58  | 07:04:26 | 12:03:11 | 14:56:31 | 18:42:18 | 21:56:51 | 24:36:58.50 | 24:37:13.90 | 13:25  | 4.5  |
| 251  | KAPA PATRYCJA          | 3310 | K.S. MARATON OSTRÓW WIELKOPOLSKI      | BIEGANIN            | POL  | SENIOR I K - 20   | 9      | K 59  | 07:04:24 | 12:03:03 | 14:56:28 | 18:43:23 | 21:56:53 | 24:36:59.75 | 24:37:14.95 | 13:25  | 4.5  |
| 252  | ŚWITALSKI ANDRZEJ      | 3166 | KAPITAN POLSKA/ŻYCIE CZĘSTOCHOWY TEAM | CZĘSTOCHOWA         | POL  | SENIOR II M - 30  | 77     | M 193 | 07:04:24 | 12:03:10 | 14:56:30 | 18:45:27 | 22:01:06 | 24:42:26.10 | 24:42:44.40 | 13:28  | 4.5  |
| 253  | STEFANOWSKI MARCIN     | 3019 | ŻARÓW BIEGA                           | ŻARÓW               | POL  | MASTERS M - 40    | 90     | M 194 | 07:50:28 | 12:38:40 | 15:15:02 | 18:42:40 | 21:56:02 | 24:43:42.65 | 24:44:01.65 | 13:29  | 4.4  |
| 254  | ZIEMKOWSKA MONIKA      | 3014 |                                       | ŻARÓW               | POL  | MASTERS K - 40    | 20     | K 60  | 07:50:33 | 12:39:07 | 15:15:06 | 18:42:51 | 21:56:03 | 24:43:44.40 | 24:44:01.95 | 13:29  | 4.4  |
| 255  | WYSTRYCHOWSKI MARCIN   | 3121 | BFAGENCJA.PL                          | WARSZAWA            | POL  | SENIOR II M - 30  | 78     | M 195 | 07:59:55 | 12:21:47 | 15:04:08 | 19:24:02 | 22:24:55 | 24:55:44.70 | 24:56:03.25 | 13:35  | 4.4  |
| 256  | TALARCZYK MIKOŁAJ      | 3254 |                                       | ŁOPUCHOWO           | POL  | MASTERS M - 40    | 91     | M 196 | 06:25:10 | 10:19:09 | 12:57:13 | 17:01:37 | 21:46:09 | 25:21:10.30 | 25:21:39.40 | 13:49  | 4.3  |
| 257  | BOHDZIEWICZ IZABELA    | 3283 | WKURW_TEAM                            | WARSZAWA            | POL  | SENIOR I K - 20   | 10     | K 61  | 09:14:00 | 13:34:33 | 16:43:56 | 20:49:04 | 23:54:02 | 25:22:14.55 | 25:22:36.55 | 13:50  | 4.3  |
| 258  | OBARSKA MAŁGORZATA     | 3031 |                                       | STARACHOWICE        | POL  | WETERAN K - 50    | 9      | K 62  | 08:11:32 | 12:34:40 | 15:19:36 | 19:26:47 | 22:41:11 | 25:23:46.00 | 25:24:08.75 | 13:51  | 4.3  |
| 259  | OBARSKI NORBERT        | 3043 |                                       | KIELCE              | POL  | WETERAN I M - 50  | 15     | M 197 | 08:11:08 | 12:34:36 | 15:19:34 | 19:26:42 | 22:41:11 | 25:23:46.90 | 25:24:09.90 | 13:51  | 4.3  |
| 260  | BOCHENEK JANUSZ        | 3063 | WKURW_TEAM                            | KIELCE              | POL  | WETERAN II M - 60 | 4      | M 198 | 09:13:59 | 13:13:03 | 16:01:00 | 19:31:07 | 22:48:10 | 25:31:47.65 | 25:32:09.50 | 13:55  | 4.3  |
| 261  | MAŁEK TOMASZ           | 3269 |                                       | GOSTYŃ              | POL  | SENIOR I M - 20   | 11     | M 199 |          |          |          |          |          |             |             | 6:33   | 9.2  |
|      | KAMIŃSKI BARTOSZ       | 3204 |                                       | ZIELONA GÓRA        | POL  | MASTERS M - 40    |        |       | 06:00:25 | 09:47:34 | 12:19:17 | 15:13:14 | 18:21:31 | DNF         | DNF         | -      | -    |
|      | MULARCZYK MARTA        | 3165 | WKURW_TEAM                            | POZNAŃ              | POL  | SENIOR I K - 20   |        |       | DNF      | DNF      | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr   | Klub   | M-scość                | Kraj | Kat.             | M. kat | K/M | 40km            | 61km            | 70km            | 85km            | 98km            | Netto | Brutto | min/km | km/h |
|------|------------------------|------|--|------------------------|------|------------------|--------|-----|-----------------|-----------------|-----------------|-----------------|-----------------|-------|--------|--------|------|
|      | GNIELKA DAWID          | 3286 | ZAMKOWIEC TOSZEK                                 | TOSZEK                 | POL  | SENIOR I M - 20  |        |     | 06:51:06<br>DNF | 11:40:36<br>DNF | 14:39:38<br>DNF | 19:00:13<br>DNF | 23:58:18<br>DNF | DNF   | DNF    | -      | -    |
|      | ŚWIERAD DARIUSZ        | 3279 | ASICS FRONTRUNNER<br>POLAND / CAMELBAK<br>POLSKA | KRAKÓW                 | POL  | SENIOR II M - 30 |        |     | 04:13:09<br>DNF | 06:43:52<br>DNF | 08:07:45<br>DNF | 10:04:47<br>DNF | DNF             | DNF   | DNF    | -      | -    |
|      | PIETRASZEWSKI ROBERT   | 3106 | BIEGAM BO LUBIĘ -<br>TOMASZÓW<br>MAZOWIECKI      | TOMASZÓW<br>MAZOWIECKI | POL  | MASTERS M - 40   |        |     | 06:04:57<br>DNF | 09:57:46<br>DNF | 12:01:29<br>DNF | 15:41:41<br>DNF | DNF             | DNF   | DNF    | -      | -    |
|      | DROŹDZIEL MARIUSZ      | 3247 |  | WARSZAWA               | POL  | SENIOR II M - 30 |        |     | 04:57:54<br>DNF | 08:15:22<br>DNF | 11:01:15<br>DNF | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | MACHUL EWA             | 3293 | DREAM RUN  | WARSZAWA               | POL  | SENIOR II K - 30 |        |     | 05:05:49<br>DNF | 09:03:47<br>DNF | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | CHRZAN ANDRZEJ         | 3323 | AA TARNÓW  |                        |      | SENIOR I M - 20  |        |     | 05:40:50<br>DNF | 09:30:16<br>DNF | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | TALAGA DAWID           | 3061 | OLKUSZBIEGA.PL                                   | OLKUSZ                 | POL  | SENIOR II M - 30 |        |     | 05:25:25<br>DNF | 09:47:45<br>DNF | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | PISKORZ IRENEUSZ       | 3277 |  | KODEŃ                  | POL  | SENIOR II M - 30 |        |     | 05:45:30<br>DNF | 10:02:07<br>DNF | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | WERNER KAMIL           | 3164 | BIEGAM NA<br>TARCHOMINIE/ULTRA<br>PASTERZE       | WARSZAWA               | POL  | SENIOR II M - 30 |        |     | 04:13:45<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | JĘDZURA DANIEL         | 3255 | NIGHT RUNNERS<br>GLIWICE                         | GLIWICE                | POL  | SENIOR II M - 30 |        |     | 04:49:17<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | JANIK RAFAŁ            | 3167 | GMINA STRZELCE<br>OPOLSKIE                       | STRZELCE<br>OPOLSKIE   | POL  | MASTERS M - 40   |        |     | 04:51:21<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | PIASECKA - WSZOŁA ANNA | 3304 | MUAY RUNNING TEAM                                | BĘDZIN                 | POL  | SENIOR II K - 30 |        |     | 04:58:07<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | SLOWINSKI GRZEGORZ     | 3175 |  | IWINY                  | POL  | SENIOR II M - 30 |        |     | 05:13:32<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | ŁĘCKI PIOTRUŚ          | 3252 | NIGHT RUNNERS<br>GLIWICE                         | GLIWICE                | POL  | SENIOR II M - 30 |        |     | 05:22:18<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | CHRZAN DANIEL          | 3322 |  | TARNÓW                 |      | SENIOR II M - 30 |        |     | 05:25:16<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | BOREJSZO KAROL         | 3274 |  | ŻARY                   | POL  | SENIOR I M - 20  |        |     | 05:34:18<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | FIJAŁKOWSKI ARTUR      | 3159 | EKOBIEGI   | RADZYMIN               | POL  | SENIOR II M - 30 |        |     | 05:40:13<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | REJMAN GRZEGORZ        | 3138 | DREAM RUN  | WAŁBRZYCH              | POL  | SENIOR II M - 30 |        |     | 05:48:32<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | KOZŁOWSKI BARTŁOMIEJ   | 3320 |  | TRZEBIESZOWICE         |      | MASTERS M - 40   |        |     | 06:17:03<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | NOJSZEWSKA ANIKA       | 3319 |  | WARSZAWA               |      | SENIOR II K - 30 |        |     | 06:17:06<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | LIEBCHEN PIOTR         | 3187 |  | ŁOMIANKI               | POL  | MASTERS M - 40   |        |     | 06:17:07<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | ARMATYS GRZEGORZ       | 3253 | ORANGE POLSKA                                    | DĄBROWA<br>GÓRNICZA    | POL  | WETERAN I M - 50 |        |     | 07:55:17<br>DNF | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | RUTKOWSKI ŁUKASZ       | 3051 |  | WARSZAWA               | POL  | MASTERS M - 40   |        |     | DNF             | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | GÓRA MARCIN            | 3244 | TWM-TERMO MARCIN<br>GÓRA, JANUSZ SZUBA<br>SP.J.  | WARSZAWA               | POL  | MASTERS M - 40   |        |     | DNF             | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |
|      | CZERNIAK TOBIASZ       | 3240 |  | KRAPKOWICE             | POL  | SENIOR II M - 30 |        |     | DNF             | DNF             | DNF             | DNF             | DNF             | DNF   | DNF    | -      | -    |