

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING

 Organizator: PFNW
 Data: 2016-04-23
 Miejsce: Osielsko
 Dystans: 42.195 km
 Klasyfikacja wg czasów netto.

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owoś ć | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|-----------------|------|----------------|-------------|------|------|--------|-----|-------------|--------------|------------|-----------|------------|-----------|------------|-------------|--------|------|
| 1 | SKIBA | 9/2 | METRACO 1 | | | | | 1 | | | 02:16:03 | 02:45:43 | 03:14:46 | 03:44:24 | 04:11:32 | 04:39:01.00 | 6:36 | 9.1 |
| | KRZYSZTOF | 9/5 | | | | | | | | | | | | | | | | |
| | LUBIATOWSKI | 9/1 | | | | | | | | | | | | | | | | |
| | IRENEUSZ | 9/4 | | | | | | | | | | | | | | | | |
| | ZACZYŃSKA | 9/3 | | | | | | | | | | | | | | | | |
| | ANNA | | | | | | | | | | | | | | | | | |
| | SIWAK PIOTR | | | | | | | | | | | | | | | | | |
| | JĘDRASIAK | | | | | | | | | | | | | | | | | |
| | RENATA | | | | | | | | | | | | | | | | | |
| 2 | GAJEWSKI | 10/5 | METRACO 2 | | | | | 2 | | | 02:22:47 | 02:52:36 | 03:18:57 | 03:46:10 | 04:13:19 | 04:41:38.05 | 6:40 | 9 |
| | EUGENIUSZ | 10/3 | | | | | | | | | | | | | | | | |
| | LESIŃSKA | 10/2 | | | | | | | | | | | | | | | | |
| | MARZENNA | 10/1 | | | | | | | | | | | | | | | | |
| | KASPRZYK | 10/4 | | | | | | | | | | | | | | | | |
| | LILIANA | | | | | | | | | | | | | | | | | |
| | HELWIH | | | | | | | | | | | | | | | | | |
| | STEFAN | | | | | | | | | | | | | | | | | |
| | WOROCH | | | | | | | | | | | | | | | | | |
| | ROMAN | | | | | | | | | | | | | | | | | |
| 3 | DRAWC | 7/5 | FACE NORDIC | | | | | 3 | | | 02:27:02 | 02:56:05 | 03:22:55 | 03:49:51 | 04:15:42 | 04:41:56.30 | 6:40 | 9 |
| | MIECZYŚLAW | 7/2 | WALKING TEAM 3 | | | | | | | | | | | | | | | |
| | SZPILMAN | 7/1 | | | | | | | | | | | | | | | | |
| | MARTA | 7/3 | | | | | | | | | | | | | | | | |
| | JASTRZĘBSKA | 7/4 | | | | | | | | | | | | | | | | |
| | EMILIA | | | | | | | | | | | | | | | | | |
| | GRZEGORY | | | | | | | | | | | | | | | | | |
| | MAREK | | | | | | | | | | | | | | | | | |
| | PIOTROWSKI | | | | | | | | | | | | | | | | | |
| | MICHAŁ | | | | | | | | | | | | | | | | | |
| 4 | BIŁEK ARTUR | 31/5 | NORDIC TEAM | CZEŚT | | | | 4 | | | 02:21:20 | 02:49:56 | 03:20:47 | 03:51:57 | 04:18:01 | 04:44:27.20 | 6:44 | 8.9 |
| | WOJTASIŃSKI | 31/1 | CZEŚTOCHOWA | OCHO | | | | | | | | | | | | | | |
| | DANIEL | 31/2 | | WA | | | | | | | | | | | | | | |
| | RE CZULSKA | 31/3 | | | | | | | | | | | | | | | | |
| | KATARZYNA | 31/4 | | | | | | | | | | | | | | | | |
| | RE CZULSKI | | | | | | | | | | | | | | | | | |
| | MARIUSZ | | | | | | | | | | | | | | | | | |
| | DUSIEL EWA | | | | | | | | | | | | | | | | | |
| 5 | WALENDZIAK | 35/1 | POCHODZĘ Z | MALBO | | | | 5 | | | 02:26:09 | 02:56:41 | 03:25:44 | 03:55:05 | 04:21:43 | 04:49:06.35 | 6:51 | 8.8 |
| | RYSZARD | 35/2 | MALBORKA | RK | | | | | | | | | | | | | | |
| | WALENDZIAK | 35/3 | | | | | | | | | | | | | | | | |
| | ALICJA JUSTYNA | 35/4 | | | | | | | | | | | | | | | | |
| | KONKULEWSKA | 35/5 | | | | | | | | | | | | | | | | |
| | DANIEL | | | | | | | | | | | | | | | | | |
| | TARAS MAREK | | | | | | | | | | | | | | | | | |
| | MARCINKOWSKI | | | | | | | | | | | | | | | | | |
| | I | | | | | | | | | | | | | | | | | |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owość | Kraj | Kat. | M. kat | K/M | Żóf. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|---|--------------------------------------|-------------------------------|------------|------|------|--------|-----|-------------|--------------|---------------|--------------|---------------|--------------|---------------|-------------|--------|------|
| 6 | KRZYŻANOWSKI ROBERT BŁĘDOWSKA AGATA MIELECKA AGNIESZKA KRYCH WŁODZIMIERZ UKLEJEWSKI KACPER | 27/2 27/3 27/1 27/5 27/4 | GOSIR OSIELSKO- WYMIATACZE | OSIELSKO | | | | 6 | | | 02:23:18 | 02:54:26 | 03:22:26 | 03:52:48 | 04:21:30 | 04:49:39.25 | 6:51 | 8.7 |
| 7 | KOPEĆ DOROTA KNITTER TOMASZ KUŚMIEREK PATRYK KUŚMIEREK JAN ŚLEWIŃSKA EDYTA | 14/1 14/2 14/3 14/4 14/5 | BŁĘKITNI DZIEMIANY | DZIEMIANY | | | | 7 | | | 02:30:05 | 03:01:45 | 03:29:47 | 03:57:57 | 04:26:16 | 04:54:54.60 | 6:59 | 8.6 |
| 8 | ŚWISŁOCKI BOGDAN DREWA MARIAN ROSZMAN MACIEJ SZPILMAN KATARZYNA KOŁOSZ-PERZ MONIKA KAROLINA | 11/4 11/2 11/5 11/1 11/3 | FACE NORDIC WALKING TEAM 6 | | | | | 8 | | | 02:27:02 | 02:56:37 | 03:26:02 | 03:56:10 | 04:25:41 | 04:55:15.85 | 6:59 | 8.6 |
| 9 | GAŁĄZKA PAWEŁ WOLEK WALDEMAR KAŻMIERCZAK PUĆKA MONIKA MOTYLSKA ALEXA CIESIELSKI KRZYSZTOF | 3/1 3/2 3/3 3/4 3/5 | NORDIC TEAM GNIEZNO | GNIEZNO | | | | 9 | | | 02:28:19 | 03:00:15 | 03:31:05 | 04:01:38 | 04:31:05 | 05:00:46.70 | 7:07 | 8.4 |
| 10 | DROZD MARIA ŚLUSARCZYK GRZEGORZ ŚLUSARCZYK ANDRZEJ PARTYKA TERESA GAPIŃSKI LESZEK | 5/3 5/2 5/1 5/5 5/4 | WESOŁY BORSUK TEAM | | | | | 10 | | | 02:35:43 | 03:08:00 | 03:37:35 | 04:08:37 | 04:37:43 | 05:06:30.75 | 7:15 | 8.3 |
| 11 | BARTOSIEWICZ ŁUKASZ BARTOSIEWICZ WŁODZIMIERZ BOROWSKA-ST AŃCZUK KAROLINA SZYMCZYK MAGDALENA WITCZUK | 34/1 34/2 34/3 34/4 34/5 | LUKI TEAM SIEDLCE | | | | | 11 | | | 02:36:00 | 03:09:08 | 03:43:00 | 04:16:47 | 04:43:33 | 05:09:59.75 | 7:20 | 8.2 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|---|--------------------------------------|---|---------------|------|------|--------|-----|-------------|--------------|---------------|--------------|---------------|--------------|---------------|-------------|--------|------|
| 12 | DUBAJ GRZEGORZ KORDECKA HENRYKA KULIG BOŻENA KAPTEINA ROBERT KOLENKIEWICZ DARIUSZ | 12/1 12/2 12/4 12/3 12/5 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄ G | | | | 12 | | | 02:34:00 | 03:05:37 | 03:39:00 | 04:13:27 | 04:42:09 | 05:11:19.90 | 7:22 | 8.1 |
| 13 | BURDANOWSKI ANDRZEJ ZDZIEBŁO ANNA MOTOCZYŃSKI KRZYSZTOF KĘDZIERSKA AGNIESZKA KAŻMIERCZAK SEBASTIAN | 28/5 28/1 28/2 28/3 28/4 | GOSIR OSIELSKO -ŻÓŁTKI | OSIELS KO | | | | 13 | | | 02:38:02 | 03:09:18 | 03:40:25 | 04:11:35 | 04:41:47 | 05:12:07.10 | 7:23 | 8.1 |
| 14 | WYSOCKI MARCIN GRONALEWSKI KRZYSZTOF KNITTER MICHAŁ SŁOMIŃSKA MARTA STOLTMANN HELENA | 15/1 15/2 15/3 15/4 15/5 | BŁĘKITNI DZIEMIANY II | DZIEMI ANY | | | | 14 | | | 02:41:05 | 03:11:47 | 03:43:55 | 04:16:12 | 04:46:50 | 05:18:26.05 | 7:32 | 8 |
| 15 | WITKOWSKI JACEK BALCERAK-KOL ASA JOANNA BAKALARZ ALEKSANDRA KACZMAREK WŁODZIMIERZ MROCZKOWSKI JANUSZ | 21/5 21/1 21/3 21/2 21/4 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | | | | 15 | | | 02:37:47 | 03:11:53 | 03:44:49 | 04:17:49 | 04:48:05 | 05:18:34.45 | 7:32 | 7.9 |
| 16 | GOLIK PIOTR RAJEWSKI SEBASTIAN JANECKI DARIUSZ JANECKA AGNIESZKA SZCZEPANIAK LUCYNA | 22/1 22/3 22/5 22/4 22/2 | JEZIORKI - AKTYWNA WIEŚ 'A' | JEZIOR KI | | | | 16 | | | 02:40:31 | 03:07:59 | 03:40:55 | 04:14:38 | 04:46:54 | 05:19:47.70 | 7:34 | 7.9 |
| 17 | KUTNIEWSKA MARIA FOLWARSKA MAŁGORZATA HINC IWONA FORMELA SEBASTIAN KOWALCZUK ROBERT | 8/1 8/2 8/3 8/4 8/5 | FACE NORDIC WALKING TEAM 5 | ŻUKO WO | | | | 17 | | | 02:49:20 | 03:22:41 | 03:54:53 | 04:26:17 | 04:55:10 | 05:25:43.75 | 7:43 | 7.8 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|--|--------------------------------------|----------------------------|--------------------|------|------|--------|-----|-------------|--------------|---------------|--------------|---------------|--------------|---------------|-------------|--------|------|
| 18 | SŁYSZ ARKADIUSZ RATUSZNA IWONA POLASIK BEATA BAUMGART JACEK WIEKIERAK ANDRZEJ | 26/2 26/4 26/1 26/5 26/3 | RADNI GMINY OSIELSKO | OSIELSKO | | | | 18 | | | 02:42:09 | 03:17:27 | 03:52:18 | 04:27:57 | 04:56:54 | 05:26:23.90 | 7:44 | 7.8 |
| 19 | NOWICKI RYSZARD PAWŁOWSKI ROMAN MUSZYŃSKA LIDIA EWERTOWSKA DOROTA SZYGENDA WALDEMAR | 32/1 32/2 32/3 32/4 32/5 | ŁAKINA TEAM | WĄGR OWIEC | | | | 19 | | | 02:40:01 | 03:13:44 | 03:47:22 | 04:22:14 | 04:58:57 | 05:33:49.05 | 7:54 | 7.6 |
| 20 | SZCZEPAŃSKI RAFAŁ TKOCZ ADAM TKOCZ ALICJA SZENDZIELORZ ILONA SZCZEPAŃSKA ANNA | 20/1 20/2 20/3 20/4 20/5 | FABRIKANORDIKA | RUDA ŚLĄSK A | | | | 20 | | | 02:44:14 | 03:21:44 | 03:55:13 | 04:29:20 | 05:01:56 | 05:33:52.35 | 7:54 | 7.6 |
| 21 | KARCZEWSKI KAROL LEWANDOWSKI ROBERT DROŻYŃSKA MARLENA CIECHANOWSKA A MAŁGORZATA PERLIK WIESŁAW | 30/2 30/3 30/4 30/5 30/1 | GOSIR OSIELSKO- NW TEAM | OSIELSKO | | | | 21 | | | 02:42:23 | 03:16:48 | 03:52:19 | 04:29:34 | 05:09:33 | 05:42:08.05 | 8:06 | 7.4 |
| 22 | KUŚMIEREK MATEUSZ WRÓŃSKA WIESŁAWA RADOMSKA WERONIKA DZIEMIŃSKA MAGDA KOBIELA DARIA | 16/1 16/2 16/3 16/4 16/5 | BŁĘKITNI DZIEMIANY III | DZIEMI ANY | | | | 22 | | | 02:52:11 | 03:27:35 | 04:00:14 | 04:32:54 | 05:06:46 | 05:42:08.60 | 8:06 | 7.4 |
| 23 | RYCHEL GRAŻYNA ŚLIŻEWSKA SYLWIA ŻUBEREK ALEKSANDRA HEIGELMANN SARA PISKORSKI HENRYK | 29/4 29/1 29/2 29/3 29/5 | GOSIR OSIELSKO- CAMEL | OSIELSKO | | | | 23 | | | 02:53:39 | 03:29:22 | 04:04:37 | 04:40:40 | 05:12:16 | 05:44:49.30 | 8:10 | 7.3 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owość | Kraj | Kat. | M. kat | K/M | Żóf. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|---|--------------------------------------|--------------------------------|--------------|------|------|--------|-----|-------------|--------------|---------------|--------------|---------------|--------------|---------------|-------------|--------|------|
| 24 | GIERWIATOWSKA NATALIA WIERESZKO-CZYŻ REGINA KRZYNÓWEK KRZYSTYNA BOROWIK BOŻENA WASZCZUK ZOFIA | 6/5 6/2 6/4 6/3 6/1 | POZYTYWNA GRUPA NORDIC WALKING | DOBRE MIASTO | | | | 24 | | | 02:50:01 | 03:23:33 | 03:59:24 | 04:36:18 | 05:11:13 | 05:45:10.70 | 8:10 | 7.3 |
| 25 | WYSOCKA BERNADETA ŻYWICKA IRENA KNITTER AGATA TURZYŃSKA-STOPA MARIA LEHMANN TERESA | 25/4 25/5 25/1 25/2 25/3 | BŁĘKITNI DZIEMIANY IV | DZIEMIANY | | | | 25 | | | 02:49:55 | 03:26:04 | 04:00:50 | 04:36:41 | 05:11:29 | 05:46:50.60 | 8:13 | 7.3 |
| 26 | FAJNAS RYSZARD BIERNAT LUCYNA WASIELA BEATA WAWRZYŃIAK ANNA MARCZYK JERZY PAWEŁ | 4/5 4/1 4/3 4/2 4/4 | FACE NORDIC WALKING TEAM | | | | | 26 | | | 02:51:37 | 03:26:42 | 04:01:27 | 04:36:56 | 05:11:42 | 05:47:23.65 | 8:13 | 7.3 |
| 27 | JASOŃ GRAŻYNA NOWAKOWSKI RAFAŁ ZDRADA SŁAWOMIR RAJEWSKA BEATA CZAJA ANETA | 23/2 23/5 23/4 23/3 23/1 | JEZIORKI - AKTYWNA WIEŚ 'B' | JEZIORKI | | | | 27 | | | 02:53:01 | 03:28:56 | 04:06:08 | 04:43:41 | 05:16:50 | 05:49:39.35 | 8:17 | 7.2 |
| 28 | SZEWCZYK AGNIESZKA SZEWCZYK MAREK PIECZKA MONIKA STEFAŃSKI ANDRZEJ NOWALIŃSKI PIOTR | 1/1 1/2 1/3 1/4 1/5 | FACE NORDIC WALKING TEAM 1 | | | | | 28 | | | 03:03:55 | 03:39:17 | 04:12:35 | 04:46:40 | 05:20:00 | 05:54:06.20 | 8:23 | 7.2 |
| 29 | JARYSZ AGNIESZKA KOZŁOWSKA JAGODA KOZŁOWSKA JULIA ZIELIŃSKA KAMILA TYLUTKI ANDRZEJ | 33/1 33/2 33/3 33/4 33/5 | FACE NORDIC WALKING TEAM 4 | | | | | 29 | | | 03:00:57 | 03:35:07 | 04:09:34 | 04:44:14 | 05:26:37 | 06:05:54.45 | 8:40 | 6.9 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sc owość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975k m | 25.317k m | 29.5365k m | 33.756k m | 37.9755k m | Netto | min/km | km/h |
|------|--|--------------------------------------|-----------------------------------|------------------------|------|------|--------|-----|-------------|--------------|----------------|----------------|----------------|----------------|---------------|-------------|--------|------|
| 30 | MAĆKOWIAK KRYSTYNA GIERSZENDOR F MONIKA GIERSZENDOR F ROMAN BOROWSKI MARCIN KOZŁOWSKA AGNIESZKA | 2/3 2/1 2/2 2/4 2/5 | FACE NORDIC WALKING TEAM 2 | DŁUGA GOŚLI NA | | | | 30 | | | 03:20:06 | 03:55:16 | 04:29:45 | 05:04:18 | 05:36:30 | 06:09:13.60 | 8:44 | 6.9 |
| 31 | KĄCKOWSKA BEATA BUDASZ KRZYSZTOF BUDASZ GRAŻYNA BONZEL DOROTA KĄCKOWSKI MAREK | 24/3 24/1 24/2 24/4 24/5 | JEZIORKI - AKTYWNA WIEŚ 'C' | JEZIOR KI | | | | 31 | | | 03:12:55 | 03:49:27 | 04:24:43 | 05:00:25 | 05:37:56 | 06:15:35.10 | 8:54 | 6.7 |
| 32 | KRYGIEL MARIA KRYGIEL IRENA WEIMAN VIOLETTA SZYFFER ALEKSANDRA SZOBER KAROLINA | 13/5 13/2 13/4 13/1 13/3 | MB-KOLEŻANKI | MAKSY MILIAN OWO | | | | 32 | | | 03:12:08 | 03:50:50 | 04:30:01 | 05:10:21 | 05:46:17 | 06:23:51.45 | 9:05 | 6.6 |
| DQ | MÓL WIOLETTA SCHRÖDER KAROL CYRUS BOGDAN DUDA KRZYSZTOF ZIĘTEK SYLWIA | 17/1 17/2 17/3 17/4 17/5 | SILESIA NORDIC TEAM | KATO WICE | | | | DQ | DQ | | 02:26:15 DQ | 02:56:26 DQ | 03:22:07 DQ | 03:49:38 DQ | DQ | DQ | - | - |
| DQ | GRYGOROWICZ BOGDAN KALISZ KRZYSZTOF SKRYCKA KATARZYNA STARZYŃSKA EWA STAWNIAK KAROL | 19/5 19/1 19/2 19/3 19/4 | KS-METRACO-POL KOWICE | LUBIN | | | | DQ | DQ | | DQ | DQ | DQ | DQ | DQ | DQ | - | - |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING,

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h | |
|------|------------------------|------|-----------------|------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|--|
| 1 | SKIBA | 9/2 | METRACO 1 | | | | | 1 | | | 02:16:03 | 02:45:43 | 03:14:46 | 03:44:24 | 04:11:32 | 04:39:01.00 | 6:36 | 9.1 | |
| | KRZYSZTOF LUBIATOWSKI | 9/5 | | | | | | | | | | | | | | | | | |
| | IRENEUSZ ZACZYŃSKA | 9/1 | | | | | | | | | | | | | | | | | |
| | ANNA SIWAK PIOTR | 9/4 | | | | | | | | | | | | | | | | | |
| | JĘDRASIAK RENATA | 9/3 | | | | | | | | | | | | | | | | | |
| 2 | GAJEWSKI | 10/5 | METRACO 2 | | | | | 2 | | | 02:22:47 | 02:52:36 | 03:18:57 | 03:46:10 | 04:13:19 | 04:41:38.05 | 6:40 | 9 | |
| | EUGENIUSZ LESIŃSKA | 10/3 | | | | | | | | | | | | | | | | | |
| | MARZENNA KASPRZYK | 10/2 | | | | | | | | | | | | | | | | | |
| | LILIANA HELWIH | 10/1 | | | | | | | | | | | | | | | | | |
| | STEFAN WOROCH | 10/4 | | | | | | | | | | | | | | | | | |
| | ROMAN | | | | | | | | | | | | | | | | | | |
| 3 | DRAWC | 7/5 | FACE NORDIC | | | | | 3 | | | 02:27:02 | 02:56:05 | 03:22:55 | 03:49:51 | 04:15:42 | 04:41:56.30 | 6:40 | 9 | |
| | MIECZYŚLAW SZPILMAN | 7/2 | WALKING TEAM 3 | | | | | | | | | | | | | | | | |
| | MARTA JASTRZĘBSKA | 7/1 | | | | | | | | | | | | | | | | | |
| | EMILIA GRZEGORY | 7/3 | | | | | | | | | | | | | | | | | |
| | MAREK PIOTROWSKI | 7/4 | | | | | | | | | | | | | | | | | |
| | MICHAŁ | | | | | | | | | | | | | | | | | | |
| 4 | BIŁEK ARTUR | 31/5 | NORDIC TEAM | CZĘST | | | | 4 | | | 02:21:20 | 02:49:56 | 03:20:47 | 03:51:57 | 04:18:01 | 04:44:27.20 | 6:44 | 8.9 | |
| | WOJTASIŃSKI DANIEL | 31/1 | CZĘSTOCHOWA | OCHO | | | | | | | | | | | | | | | |
| | RECZULSKA KATARZYNA | 31/2 | | WA | | | | | | | | | | | | | | | |
| | RECZULSKI MARIUSZ | 31/3 | | | | | | | | | | | | | | | | | |
| | DUSIEL EWA | 31/4 | | | | | | | | | | | | | | | | | |
| 5 | WALENDZIAK | 35/1 | POCHODZĘ Z | MALBO | | | | 5 | | | 02:26:09 | 02:56:41 | 03:25:44 | 03:55:05 | 04:21:43 | 04:49:06.35 | 6:51 | 8.8 | |
| | RYSZARD WALENDZIAK | 35/2 | MALBORKA | RK | | | | | | | | | | | | | | | |
| | ALICJA JUSTYNA | 35/3 | | | | | | | | | | | | | | | | | |
| | KONKULEWSKA DANIEL | 35/4 | | | | | | | | | | | | | | | | | |
| | TARAS MAREK | 35/5 | | | | | | | | | | | | | | | | | |
| | MARCINKOWSKI | | | | | | | | | | | | | | | | | | |
| | I | | | | | | | | | | | | | | | | | | |
| 6 | KRZYŻANOWSKI | 27/2 | GOSIR OSIELSKO- | OSIELS | | | | 6 | | | 02:23:18 | 02:54:26 | 03:22:26 | 03:52:48 | 04:21:30 | 04:49:39.25 | 6:51 | 8.7 | |
| | ROBERT BŁĘDOWSKA | 27/3 | WYMIATACZE | KO | | | | | | | | | | | | | | | |
| | AGATA MIELECKA | 27/1 | | | | | | | | | | | | | | | | | |
| | AGNIESZKA KRYCH | 27/5 | | | | | | | | | | | | | | | | | |
| | WŁODZIMIERZ UKLEJEWSKI | 27/4 | | | | | | | | | | | | | | | | | |
| | KACPER | | | | | | | | | | | | | | | | | | |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h |
|------|--|--------------------------------------|---|---------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|
| 7 | KOPEĆ DOROTA KNITTER TOMASZ KUŚMIEREK PATRYK KUŚMIEREK JAN ŚLEWIŃSKA EDYTA | 14/1 14/2 14/3 14/4 14/5 | BŁĘKITNI DZIEMIANY | DZIEMI ANY | | | | 7 | | | 02:30:05 | 03:01:45 | 03:29:47 | 03:57:57 | 04:26:16 | 04:54:54.60 | 6:59 | 8.6 |
| 8 | ŚWISŁOCKI BOGDAN DREWA MARIAN ROZSMAN MACIEJ SZPILMAN KATARZYNA KOŁOSZ-PERZ MONIKA KAROLINA | 11/4 11/2 11/5 11/1 11/3 | FACE NORDIC WALKING TEAM 6 | | | | | 8 | | | 02:27:02 | 02:56:37 | 03:26:02 | 03:56:10 | 04:25:41 | 04:55:15.85 | 6:59 | 8.6 |
| 9 | GAŁĄZKA PAWEŁ WOLEK WALDEMAR KAŻMIERCZAK PUĆKA MONIKA MOTYLSKA ALEXA CIESIELSKI KRZYSZTOF | 3/1 3/2 3/3 3/4 3/5 | NORDIC TEAM GNIEZNO | GNIEZ NO | | | | 9 | | | 02:28:19 | 03:00:15 | 03:31:05 | 04:01:38 | 04:31:05 | 05:00:46.70 | 7:07 | 8.4 |
| 10 | DROZD MARIA ŚLUSARCZYK GRZEGORZ ŚLUSARCZYK ANDRZEJ PARTYKA TERESA GAPIŃSKI LESZEK | 5/3 5/2 5/1 5/5 5/4 | WESOŁY BORSUK TEAM | | | | | 10 | | | 02:35:43 | 03:08:00 | 03:37:35 | 04:08:37 | 04:37:43 | 05:06:30.75 | 7:15 | 8.3 |
| 11 | BARTOSIEWICZ ŁUKASZ BARTOSIEWICZ WŁODZIMIERZ BOROWSKA-ST AŃCZUK KAROLINA SZYMCZYK MAGDALENA WITCZUK ŁUKASZ | 34/1 34/2 34/3 34/4 34/5 | LUKI TEAM SIEDLCE | | | | | 11 | | | 02:36:00 | 03:09:08 | 03:43:00 | 04:16:47 | 04:43:33 | 05:09:59.75 | 7:20 | 8.2 |
| 12 | DUBAJ GRZEGORZ KORDECKA HENRYKA KULIG BOŻENA KAPTEINA ROBERT KOLENKIEWICZ DARIUSZ | 12/1 12/2 12/4 12/3 12/5 | KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE' | ELBLĄ G | | | | 12 | | | 02:34:00 | 03:05:37 | 03:39:00 | 04:13:27 | 04:42:09 | 05:11:19.90 | 7:22 | 8.1 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h |
|------|---|--------------------------------------|-------------------------------|---------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|
| 13 | BURDANOWSKI ANDRZEJ ZDZIEBŁO ANNA MOTOCZYŃSKI KRZYSZTOF KĘDZIEJSKA AGNIESZKA KAŻMIERCZAK SEBASTIAN | 28/5 28/1 28/2 28/3 28/4 | GOSIR OSIELSKO -ŻÓŁTKI | OSIELS KO | | | | 13 | | | 02:38:02 | 03:09:18 | 03:40:25 | 04:11:35 | 04:41:47 | 05:12:07.10 | 7:23 | 8.1 |
| 14 | WYSOCKI MARCIN GRONALEWSKI KRZYSZTOF KNITTER MICHAŁ SŁOMIŃSKA MARTA STOLTMANN HELENA | 15/1 15/2 15/3 15/4 15/5 | BŁĘKITNI DZIEMIANY II | DZIEMI ANY | | | | 14 | | | 02:41:05 | 03:11:47 | 03:43:55 | 04:16:12 | 04:46:50 | 05:18:26.05 | 7:32 | 8 |
| 15 | WITKOWSKI JACEK BALCERAK-KOL ASA JOANNA BAKALARZ ALEKSANDRA KACZMAREK WŁODZIMIERZ MROCZKOWSKI JANUSZ | 21/5 21/1 21/3 21/2 21/4 | EPOKA NORDICA ŁÓDŹ | ŁÓDŹ | | | | 15 | | | 02:37:47 | 03:11:53 | 03:44:49 | 04:17:49 | 04:48:05 | 05:18:34.45 | 7:32 | 7.9 |
| 16 | GOLIK PIOTR RAJEWSKI SEBASTIAN JANECKI DARIUSZ JANECKA AGNIESZKA SZCZEPANIAK LUCYNA | 22/1 22/3 22/5 22/4 22/2 | JEZIORKI - AKTYWNA WIEŚ | JEZIOR KI | | | | 16 | | | 02:40:31 | 03:07:59 | 03:40:55 | 04:14:38 | 04:46:54 | 05:19:47.70 | 7:34 | 7.9 |
| 17 | KUTNIEWSKA MARIA FOLWARSKA MAŁGORZATA HINC IWONA FORMELA SEBASTIAN KOWALCZUK ROBERT | 8/1 8/2 8/3 8/4 8/5 | FACE NORDIC WALKING TEAM 5 | ŻUKO WO | | | | 17 | | | 02:49:20 | 03:22:41 | 03:54:53 | 04:26:17 | 04:55:10 | 05:25:43.75 | 7:43 | 7.8 |
| 18 | SŁYSZ ARKADIUSZ RATUSZNA IWONA POLASIK BEATA BAUMGART JACEK WIEKIERAK ANDRZEJ | 26/2 26/4 26/1 26/5 26/3 | RADNI GMINY OSIELSKO | OSIELS KO | | | | 18 | | | 02:42:09 | 03:17:27 | 03:52:18 | 04:27:57 | 04:56:54 | 05:26:23.90 | 7:44 | 7.8 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h |
|------|-----------------|------|-----------------|------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|
| 19 | NOWICKI | 32/1 | ŁAKINA TEAM | WĄGR | | | | 19 | | | 02:40:01 | 03:13:44 | 03:47:22 | 04:22:14 | 04:58:57 | 05:33:49.05 | 7:54 | 7.6 |
| | RYSZARD | 32/2 | | OWIEC | | | | | | | | | | | | | | |
| | PAWŁOWSKI | 32/3 | | | | | | | | | | | | | | | | |
| | ROMAN | 32/4 | | | | | | | | | | | | | | | | |
| | MUSZYŃSKA | 32/5 | | | | | | | | | | | | | | | | |
| | LIDIA | | | | | | | | | | | | | | | | | |
| | EWERTOWSKA | | | | | | | | | | | | | | | | | |
| | DOROTA | | | | | | | | | | | | | | | | | |
| | SZYGENDA | | | | | | | | | | | | | | | | | |
| | WALDEMAR | | | | | | | | | | | | | | | | | |
| 20 | SZCZEPAŃSKI | 20/1 | FABRIKANORDIKA | RUDA | | | | 20 | | | 02:44:14 | 03:21:44 | 03:55:13 | 04:29:20 | 05:01:56 | 05:33:52.35 | 7:54 | 7.6 |
| | RAFAŁ | 20/2 | | ŚLĄSK | | | | | | | | | | | | | | |
| | TKOCZ ADAM | 20/3 | | A | | | | | | | | | | | | | | |
| | TKOCZ ALICJA | 20/4 | | | | | | | | | | | | | | | | |
| | SZENDZIELORZ | 20/5 | | | | | | | | | | | | | | | | |
| | ILONA | | | | | | | | | | | | | | | | | |
| | SZCZEPAŃSKA | | | | | | | | | | | | | | | | | |
| | ANNA | | | | | | | | | | | | | | | | | |
| 21 | KARCZEWSKI | 30/2 | GOSIR OSIELSKO- | OSIELS | | | | 21 | | | 02:42:23 | 03:16:48 | 03:52:19 | 04:29:34 | 05:09:33 | 05:42:08.05 | 8:06 | 7.4 |
| | KAROL | 30/3 | NW TEAM | KO | | | | | | | | | | | | | | |
| | LEWANDOWSKI | 30/4 | | | | | | | | | | | | | | | | |
| | ROBERT | 30/5 | | | | | | | | | | | | | | | | |
| | DROŻYŃSKA | 30/1 | | | | | | | | | | | | | | | | |
| | MARLENA | | | | | | | | | | | | | | | | | |
| | CIECHANOWSK | | | | | | | | | | | | | | | | | |
| | A | | | | | | | | | | | | | | | | | |
| | MAŁGORZATA | | | | | | | | | | | | | | | | | |
| | PERLIK | | | | | | | | | | | | | | | | | |
| | WIESŁAW | | | | | | | | | | | | | | | | | |
| 22 | KUŚMIEREK | 16/1 | BŁĘKITNI | DZIEMI | | | | 22 | | | 02:52:11 | 03:27:35 | 04:00:14 | 04:32:54 | 05:06:46 | 05:42:08.60 | 8:06 | 7.4 |
| | MATEUSZ | 16/2 | DZIEMIANY III | ANY | | | | | | | | | | | | | | |
| | WROŃSKA | 16/3 | | | | | | | | | | | | | | | | |
| | WIESŁAWA | 16/4 | | | | | | | | | | | | | | | | |
| | RADOMSKA | 16/5 | | | | | | | | | | | | | | | | |
| | WERONIKA | | | | | | | | | | | | | | | | | |
| | DZIEMIŃSKA | | | | | | | | | | | | | | | | | |
| | MAGDA | | | | | | | | | | | | | | | | | |
| | KOBIELA DARIA | | | | | | | | | | | | | | | | | |
| 23 | RYCHEL | 29/4 | GOSIR OSIELSKO- | OSIELS | | | | 23 | | | 02:53:39 | 03:29:22 | 04:04:37 | 04:40:40 | 05:12:16 | 05:44:49.30 | 8:10 | 7.3 |
| | GRAŻYNA | 29/1 | CAMEL | KO | | | | | | | | | | | | | | |
| | ŚLIŻEWSKA | 29/2 | | | | | | | | | | | | | | | | |
| | SYLWIA | 29/3 | | | | | | | | | | | | | | | | |
| | ŻUBEREK | 29/5 | | | | | | | | | | | | | | | | |
| | ALEKSANDRA | | | | | | | | | | | | | | | | | |
| | HEIGELMANN | | | | | | | | | | | | | | | | | |
| | SARA | | | | | | | | | | | | | | | | | |
| | PISKORSKI | | | | | | | | | | | | | | | | | |
| | HENRYK | | | | | | | | | | | | | | | | | |
| 24 | GIERWIATOWS | 6/5 | POZYTYWNA | DOBRE | | | | 24 | | | 02:50:01 | 03:23:33 | 03:59:24 | 04:36:18 | 05:11:13 | 05:45:10.70 | 8:10 | 7.3 |
| | KA NATALIA | 6/2 | GRUPA NORDIC | MIAST | | | | | | | | | | | | | | |
| | WIERESZKO-CZ | 6/4 | WALKING | O | | | | | | | | | | | | | | |
| | YŻ REGINA | 6/3 | | | | | | | | | | | | | | | | |
| | KRZYNÓWEK | 6/1 | | | | | | | | | | | | | | | | |
| | KRYSTYNA | | | | | | | | | | | | | | | | | |
| | BOROWIK | | | | | | | | | | | | | | | | | |
| | BOŻENA | | | | | | | | | | | | | | | | | |
| | WASZCZUK | | | | | | | | | | | | | | | | | |
| | ZOFIA | | | | | | | | | | | | | | | | | |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h |
|------|--|--------------------------------------|-----------------------------------|----------------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|
| 25 | WYSOCKA BERNADETA ŻYWICKA IRENA KNITTER AGATA TURZYŃSKA-ST OPA MARIA LEHMANN TERESA | 25/4 25/5 25/1 25/2 25/3 | BŁĘKITNI DZIEMIANY IV | DZIEMI ANY | | | | 25 | | | 02:49:55 | 03:26:04 | 04:00:50 | 04:36:41 | 05:11:29 | 05:46:50.60 | 8:13 | 7.3 |
| 26 | FAJNAS RYSZARD BIERNAT LUCYNA WASIELA BEATA WAWRZYŃIAK ANNA MARCZYK JERZY PAWEŁ | 4/5 4/1 4/3 4/2 4/4 | FACE NORDIC WALKING TEAM | | | | | 26 | | | 02:51:37 | 03:26:42 | 04:01:27 | 04:36:56 | 05:11:42 | 05:47:23.65 | 8:13 | 7.3 |
| 27 | JASOŃ GRAŻYNA NOWAKOWSKI RAFAŁ ZDRADA SŁAWOMIR RAJEWSKA BEATA CZAJA ANETA | 23/2 23/5 23/4 23/3 23/1 | JEZIORKI - AKTYWNA WIEŚ 'B' | JEZIOR KI | | | | 27 | | | 02:53:01 | 03:28:56 | 04:06:08 | 04:43:41 | 05:16:50 | 05:49:39.35 | 8:17 | 7.2 |
| 28 | SZEW CZYK AGNIESZKA SZEW CZYK MAREK PIECZKA MONIKA STEF AŃSKI ANDRZEJ NOWALIŃSKI PIOTR | 1/1 1/2 1/3 1/4 1/5 | FACE NORDIC WALKING TEAM 1 | | | | | 28 | | | 03:03:55 | 03:39:17 | 04:12:35 | 04:46:40 | 05:20:00 | 05:54:06.20 | 8:23 | 7.2 |
| 29 | JARYSZ AGNIESZKA KOZŁOWSKA JAGODA KOZŁOWSKA JULIA ZIELIŃSKA KAMILA TYLUTKI ANDRZEJ | 33/1 33/2 33/3 33/4 33/5 | FACE NORDIC WALKING TEAM 4 | | | | | 29 | | | 03:00:57 | 03:35:07 | 04:09:34 | 04:44:14 | 05:26:37 | 06:05:54.45 | 8:40 | 6.9 |
| 30 | MAĆKOWIAK KRYSZYNA GIERSZENDOR F MONIKA GIERSZENDOR F ROMAN BOROWSKI MARCIN KOZŁOWSKA AGNIESZKA | 2/3 2/1 2/2 2/4 2/5 | FACE NORDIC WALKING TEAM 2 | DŁUGA GOŚLI NA | | | | 30 | | | 03:20:06 | 03:55:16 | 04:29:45 | 05:04:18 | 05:36:30 | 06:09:13.60 | 8:44 | 6.9 |

OSIELSKO - V SZTAFETOWE MISTRZOSTWA POLSKI NORDIC WALKING, c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-sco wość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 21.0975km | 25.317km | 29.5365km | 33.756km | 37.9755km | Netto | min/km | km/h |
|------|--------------------|------|-------------------------|--------------|------|------|--------|-----|-------------|--------------|-----------|----------|-----------|----------|-----------|-------------|--------|------|
| 31 | KĄCKOWSKA BEATA | 24/3 | JEZIORKI - AKTYWNA WIEŚ | JEZIOR KI | | | | 31 | | | 03:12:55 | 03:49:27 | 04:24:43 | 05:00:25 | 05:37:56 | 06:15:35.10 | 8:54 | 6.7 |
| | BUDASZ KRZYSZTOF | 24/2 | 'C' | | | | | | | | | | | | | | | |
| | BUDASZ GRAŻYNA | 24/4 | | | | | | | | | | | | | | | | |
| | BONZEL DOROTA | 24/5 | | | | | | | | | | | | | | | | |
| | KĄCKOWSKI MAREK | | | | | | | | | | | | | | | | | |
| 32 | KRYGIEL MARIA | 13/5 | MB-KOLEŻANKI | MAKSY MILIAN | | | | 32 | | | 03:12:08 | 03:50:50 | 04:30:01 | 05:10:21 | 05:46:17 | 06:23:51.45 | 9:05 | 6.6 |
| | KRYGIEL IRENA | 13/2 | | OWO | | | | | | | | | | | | | | |
| | WEIMAN VIOLETTA | 13/4 | | | | | | | | | | | | | | | | |
| | SZYFFER ALEKSANDRA | 13/1 | | | | | | | | | | | | | | | | |
| | SZOBER KAROLINA | 13/3 | | | | | | | | | | | | | | | | |
| DQ | MÓL WIOLETTA | 17/1 | SILESIA NORDIC TEAM | KATO WICE | | | DQ | DQ | | | 02:26:15 | 02:56:26 | 03:22:07 | 03:49:38 | DQ | DQ | - | - |
| | SCHRÖDER KAROL | 17/2 | | | | | | | | | DQ | DQ | DQ | DQ | | | | |
| | CYRUS BOGDAN | 17/3 | | | | | | | | | | | | | | | | |
| | DUDA KRZYSZTOF | 17/4 | | | | | | | | | | | | | | | | |
| | ZIĘTEK SYLWIA | 17/5 | | | | | | | | | | | | | | | | |
| DQ | GRYGOROWICZ BOGDAN | 19/5 | KS-METRACO-POL KOWICE | LUBIN | | | DQ | DQ | | | DQ | DQ | DQ | DQ | DQ | DQ | - | - |
| | KALISZ KRZYSZTOF | 19/1 | | | | | | | | | | | | | | | | |
| | SKRYCKA KATARZYNA | 19/2 | | | | | | | | | | | | | | | | |
| | STARZYŃSKA EWA | 19/3 | | | | | | | | | | | | | | | | |
| | STAWNIAK KAROL | 19/4 | | | | | | | | | | | | | | | | |