

## LETNIA MILA BIEGOWA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
Data: 2019-08-08  
Miejsce: Koszalin  
Dystans: 1.609 km  
Klasyfikacja wg czasów brutto.



### LETNIA MILA BIEGOWA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	PYSHNIAK KOSTIANTYN	345	TKKF KOSZALIN	DVORICHNA	UKR	M-OPEN	1	M 1	00:00:02	00:01:05	00:02:14	00:03:25	00:04:35.03	00:04:35.03	2:50	21.1
2	ORZECHOWSKI KAMIL	337	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	2	M 2	00:00:02	00:01:12	00:02:28	00:03:46	00:04:56.09	00:04:56.09	3:03	19.6
3	KEPKA ADRIAN	404	DECATHLON KOSZALIN	KOSZALIN	POL	M-OPEN	3	M 3	00:00:02	00:01:12	00:02:28	00:03:46	00:04:57.31	00:04:57.31	3:04	19.5
4	GAWRON PIOTR	311	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M-OPEN	4	M 4	00:00:02	00:01:10	00:02:27	00:03:45	00:05:00.39	00:05:00.39	3:06	19.3
5	KASZUBIAK KLAUDIUSZ	320		KOSZALIN	POL	M-OPEN	5	M 5	00:00:02	00:01:15	00:02:33	00:03:54	00:05:07.46	00:05:07.46	3:10	18.9
6	HUBERT ŁUKASZ	313	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	6	M 6	00:00:02	00:01:18	00:02:38	00:03:28	00:05:10.36	00:05:10.36	3:12	18.7
7	RYKIEL MICHAŁ	451		KOSZALIN	POL	M-OPEN	7	M 7	00:00:02	00:01:18	00:02:36	00:04:00	00:05:18.00	00:05:18.00	3:17	18.2
8	MAJKOWICZ RAFAŁ	332		KOSZALIN	POL	M-OPEN	8	M 8	00:00:02	00:01:15	00:02:36	00:04:00	00:05:23.14	00:05:23.14	3:20	17.9
9	DOBOSZ MICHAŁ	393		KOSZALIN	POL	M-OPEN	9	M 9	00:00:02	00:01:14	00:02:41	00:04:12	00:05:33.49	00:05:33.49	3:26	17.4
10	JABŁOŃSKI TOMASZ	315	KB SPOKO SŁAWNO	SŁAWNO	POL	M-OPEN	10	M 10	00:00:02	00:01:28	00:02:42	00:04:14	00:05:40.48	00:05:40.48	3:31	17
11	CZAPLIŃSKI JACEK	399		KOSZALIN	POL	M-OPEN	11	M 11	00:00:02	00:01:18	00:02:46	00:04:17	00:05:42.01	00:05:42.01	3:32	16.9
12	CHRAPEK JANUSZ	307	BONVM KLUB SPORTOWY	WARSZAWA	POL	M-OPEN	12	M 12	00:00:03	00:01:21	00:02:49	00:04:20	00:05:44.43	00:05:44.43	3:33	16.8
13	ZWOLIŃSKI JAN	364	TKKF KOSZALIN	WIERCISZEWO	POL	M-OPEN	13	M 13	00:00:03	00:01:23	00:02:52	00:04:23	00:05:50.16	00:05:50.16	3:37	16.6
14	BIENKOWSKI TOMASZ	414		KOSZALIN	POL	M-OPEN	14	M 14	00:00:03	00:01:26	00:02:55	00:03:58	00:05:59.95	00:05:59.95	3:42	16.1
15	ZUKAL PIOTR	362		KOSZALIN	POL	M-OPEN	15	M 15	00:00:03	00:01:35	00:03:09	00:04:41	00:06:05.84	00:06:05.84	3:46	15.9
16	WEBER PAWEŁ	357	FPP	KOSZALIN	POL	M-OPEN	16	M 16	00:00:03	00:01:24	00:02:56	00:04:35	00:06:05.90	00:06:05.90	3:46	15.9
17	RYNARZEWSKA ANNA	344		KOSZALIN	POL	M-OPEN	17	M 17	00:00:03	00:01:25	00:02:56	00:04:36	00:06:12.49	00:06:12.49	3:51	15.6
18	LIChOTA PRZEMYSŁAW	467		KOSZALIN	POL	M-OPEN	18	M 18	00:00:03	00:01:28	00:02:58	00:04:36	00:06:12.66	00:06:12.66	3:51	15.6
19	BARUTOWICZ GRZEGORZ	302		KOSZALIN	POL	M-OPEN	19	M 19	00:00:04	00:01:26	00:02:59	00:04:41	00:06:14.37	00:06:14.37	3:52	15.5
20	SZNYTER SABINA	394		KOSZALIN	POL	K-OPEN	1	K 1	00:00:03	00:01:31	00:03:07	00:04:43	00:06:14.53	00:06:14.53	3:52	15.5
21	WIKTOROWSKI MACIEJ	358		KOSZALIN	POL	M-OPEN	20	M 20	00:00:02	00:01:24	00:03:00	00:04:41	00:06:16.00	00:06:16.00	3:53	15.4
22	CHORAŻY KAROLINA	305	LEO-TEAM	KOSZALIN	POL	K-OPEN	2	K 2	00:00:04	00:01:32	00:03:08	00:04:45	00:06:25.23	00:06:25.23	3:59	15.1
23	BASSEL MARCIN	303		KOSZALIN	POL	M-OPEN	21	M 21	00:00:03	00:01:28	00:03:08	00:04:54	00:06:30.25	00:06:30.25	4:02	14.9
24	ROGOŻA IRENEUSZ	346		KOSZALIN	POL	M-OPEN	22	M 22	00:00:04	00:01:37	00:03:16	00:04:59	00:06:30.31	00:06:30.31	4:02	14.9
25	MICERSKI TOMASZ	333		KOSZALIN	POL	M-OPEN	23	M 23	00:00:04	00:01:37	00:03:16	00:04:59	00:06:34.83	00:06:34.83	4:04	14.7
26	RUTKOWSKI ARTUR	348	RUNKING	SIANÓW	POL	M-OPEN	24	M 24	00:00:03	00:01:34	00:03:15	00:05:01	00:06:37.90	00:06:37.90	4:06	14.6
27	DOBOSZ JAROSŁAW	310		KOSZALIN	POL	M-OPEN	25	M 25	00:00:04	00:01:32	00:03:10	00:04:57	00:06:46.84	00:06:46.84	4:12	14.3
28	PERKOWSKA OKTAWIA	340		KOSZALIN	POL	K-OPEN	3	K 3	00:00:04	00:01:38	00:03:22	00:05:09	00:06:50.00	00:06:50.00	4:14	14.1
29	PUSCIAN KRZYSZTOF	343	SP MANOWO	MANOWO	POL	M-OPEN	26	M 26	00:00:04	00:01:40	00:03:29	00:05:18	00:06:58.59	00:06:58.59	4:19	13.9
30	NOREK TOMEK	336		KOSZALIN	POL	M-OPEN	27	M 27	00:00:05	00:01:48	00:03:32	00:05:19	00:07:04.62	00:07:04.62	4:23	13.7
31	MAZUR MIROSLAW	453		KOSZALIN	POL	M-OPEN	28	M 28	00:00:04	00:01:41	00:03:30	00:05:20	00:07:07.35	00:07:07.35	4:25	13.6
32	KRZEWIŃSKA MAŁGORZATA	327	TKKF KOSZALIN	KOSZALIN	POL	K-OPEN	4	K 4	00:00:04	00:01:42	00:03:36	00:05:29	00:07:20.57	00:07:20.57	4:33	13.2
33	OSOBNIAK RYSZARD	338		KOSZALIN	POL	M-OPEN	29	M 29	00:00:05	00:01:46	00:03:38	00:05:33	00:07:20.85	00:07:20.85	4:33	13.2
34	MIKOŁAJCZYK HUBERT	334		KOSZALIN	POL	M-OPEN	30	M 30	00:00:04	00:01:38	00:03:34	00:05:40	00:07:43.73	00:07:43.73	4:47	12.5
35	KARNICKI ZYGMUNT	318	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	31	M 31	00:00:04	00:01:46	00:03:48	00:05:50	00:07:50.88	00:07:50.88	4:51	12.3
36	TRZCIŃSKA-CHRAPEK AGNIESZKA	355		WARSZAWA	POL	K-OPEN	5	K 5	00:00:04	00:01:54	00:04:13	00:06:47	00:09:26.75	00:09:26.75	5:51	10.2
37	CICHOSZ JERZY	308		KOSZALIN	POL	M-OPEN	32	M 32	00:00:05	00:02:13	00:04:38	00:07:05	00:09:29.15	00:09:29.15	5:53	10.2
38	KARNICKI ARTUR	319		KOSZALIN	POL	M-OPEN	33	M 33	00:00:06	00:02:25	00:04:46	00:07:25	00:09:50.56	00:09:50.56	6:06	9.8