

III DECARUN KOSZALIN 10 KM

Organizator: Spółka Decathlon sp. z o.o. z siedzibą w Warszawie
 Data: 2019-08-15
 Miejsce: Koszalin
 Dystans: 10 km
 Klasyfikacja wg czasów netto.


III DECARUN KOSZALIN 10 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	BORYCHOWSKI MARIUSZ	220	HERKULES	KOBYLNICA	POL	M-40	1	M 1	00:08:01	00:16:08	00:24:23	00:32:36.55	3:15	18.4
2	GAWRON PIOTR	66	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M-20	1	M 2	00:08:28	00:17:27	00:26:33	00:35:37.20	3:33	16.8
3	WOJTALIK ŁUKASZ	306	POŁCZYN BIEGA	POŁCZYN ZDRÓJ	POL	M-30	1	M 3	00:08:49	00:18:06	00:27:36	00:37:05.25	3:42	16.2
4	GOLIŃSKI ŁUKASZ	71	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-40	2	M 4	00:09:12	00:18:42	00:28:13	00:37:40.35	3:46	15.9
5	RUDNIKOWSKI MACIEJ	236	KLUB BIEGACZA DARŁOWSKIE CHARTY / BIEGZROWISKOWY.PL	DARŁOWO	POL	M-40	3	M 5	00:09:23	00:18:56	00:28:33	00:38:01.45	3:48	15.8
6	DUDA GRZEGORZ	54	BEST BEASTS	BUKÓWKA	POL	M-40	4	M 6	00:09:09	00:18:51	00:28:47	00:38:39.25	3:51	15.5
7	IGNACZAK PIOTR	92	KB.10.BIAŁOGARD	BIAŁOGARD	POL	M-20	2	M 7	00:09:17	00:19:07	00:28:59	00:38:46.20	3:52	15.5
8	WITKIEWICZ ERYK	303	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M-40	5	M 8	00:09:16	00:19:02	00:28:57	00:38:52.90	3:53	15.4
9	ZIENOWICZ MICHAŁ	322		KOSZALIN	POL	M-20	3	M 9	00:09:30	00:19:21	00:29:08	00:38:53.65	3:53	15.4
10	CZAPLIŃSKI JACEK	42	TAGER SPORT	KOSZALIN	POL	M-30	2	M 10	00:09:35	00:19:23	00:29:14	00:39:00.20	3:54	15.4
11	PICK TOMASZ	215	SKSG KORONA SZCZECIN	KOSZALIN	POL	M-40	6	M 11	00:09:32	00:19:26	00:29:26	00:39:01.70	3:54	15.4
12	ZWOLIŃSKI JAN	326	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 12	00:09:44	00:19:40	00:29:53	00:39:57.60	3:59	15
13	SITOWSKI MARCIN	253	FC RYSIEK	KOSZALIN	POL	M-20	4	M 13	00:09:42	00:19:40	00:29:55	00:40:01.65	4:00	15
14	KLIMOWICZ MICHAŁ	124		WARSZAWA	POL	M-30	3	M 14	00:09:42	00:19:43	00:29:58	00:40:03.30	4:00	15
15	SOMINKA PAWEŁ	259	BAŁTYK-TRANS-SPEDITION	KOSZALIN	POL	M-30	4	M 15	00:09:43	00:19:43	00:30:01	00:40:05.65	4:00	15
16	CHRAPEK JANUSZ	36	BONVM KLUB SPORTOWY	WARSZAWA	POL	M-30	5	M 16	00:09:03	00:20:25	00:30:49	00:40:51.15	4:05	14.7
17	WALEŃSKI MICHAŁ	155		SKIBIENKO	POL	M-40	7	M 17	00:09:45	00:19:58	00:30:36	00:41:13.70	4:07	14.6
18	SMAGOWSKI WOJCIECH	256	KB SPRINT ŚWIDWIN	RĄBINO	POL	M-40	8	M 18	00:09:47	00:20:01	00:30:38	00:41:27.50	4:08	14.5
19	OLECH ADAM	199	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	5	M 19	00:08:53	00:19:24	00:31:29	00:41:34.60	4:09	14.4
20	DZIADEK KRZYSZTOF	56		KOSZALIN	POL	M-30	6	M 20	00:10:04	00:20:28	00:31:11	00:41:42.35	4:10	14.4
21	TARNOŃSKI MARIUSZ	280		KOSZALIN	POL	M-30	7	M 21	00:09:33	00:20:02	00:30:52	00:42:02.30	4:12	14.3
22	MAĆKOWIAK KRZYSZTOF	164	HEIZZENTRALEN24.DE	KOSZALIN	POL	M-40	9	M 22	00:10:05	00:20:38	00:31:30	00:42:05.60	4:12	14.3
23	STAŃCZYK SŁAWOMIR	264		STARGARD	POL	M-30	8	M 23	00:10:09	00:20:37	00:31:22	00:42:09.90	4:13	14.2
24	MICHNOWICZ EWELINA	178		KROSNO ODRZAŃSKIE	POL	K-20	1	K 1	00:09:57	00:20:33	00:31:21	00:42:22.95	4:14	14.2
25	RETKA BARTOSZ	335		POL	POL	M-30	9	M 24	00:10:43	00:21:42	00:32:45	00:43:16.70	4:19	13.9
26	CHUPTYŚ ADRIAN	37	RUNDORFINA	CZAPLINEK	POL	M-30	10	M 25	00:10:10	00:21:03	00:32:17	00:43:19.50	4:19	13.9
27	KOZIEŁ PAWEŁ	140		RĄBINO	POL	M-40	10	M 26	00:10:22	00:21:18	00:32:25	00:43:31.55	4:21	13.8
28	CYGAN MAŁGORZATA	41		SZCZECINEK	POL	K-30	1	K 2	00:10:40	00:21:34	00:32:34	00:43:41.90	4:22	13.7
29	RUBASZNIK RADOSŁAW	235		KOSZALIN	POL	M-30	11	M 27	00:10:46	00:21:48	00:33:02	00:43:58.05	4:23	13.6
30	SZYMAŃSKI PIOTR	276		ROSNOWO	POL	M-40	11	M 28	00:11:10	00:22:09	00:33:10	00:44:11.90	4:25	13.6
31	BURDZIK MICHAŁ	31		KOSZALIN	POL	M-20	6	M 29	00:09:45	00:20:57	00:33:05	00:44:42.60	4:28	13.4
32	MOKSA DARIUSZ	185		KOSZALIN	POL	M-20	7	M 30	00:10:15	00:21:43	00:33:11	00:44:49.00	4:28	13.4
33	KORMAN KAMIL	134		KOSZALIN	POL	M-20	8	M 31	00:10:13	00:21:26	00:33:13	00:44:55.80	4:29	13.4
34	LITWIEJKO PRZEMYSŁAW	337		PIŁA	POL	M-20	9	M 32	00:11:03	00:22:22	00:33:56	00:45:05.20	4:30	13.3
35	ŁAWNICZAK JUSTYNA	160	#ZABIEGANINOCA	ZAKRZEWO	POL	K-30	2	K 3	00:10:59	00:22:15	00:33:37	00:45:06.05	4:30	13.3
36	ŁOPIŃSKI PIOTR	161	FSD	DREZDENKO	POL	M-30	12	M 33	00:11:05	00:22:30	00:34:03	00:45:37.70	4:33	13.1
37	KASZUBSKI BARTŁOMIEJ	112		KOSZALIN	POL	M-20	10	M 34	00:10:58	00:22:28	00:34:12	00:45:41.25	4:34	13.1
38	KWIETNIEWSKI DANIEL	153		KOSZALIN	POL	M-40	12	M 35	00:11:00	00:22:35	00:34:14	00:45:42.65	4:34	13.1
39	SOCHACKA MARTA	257		KOŁOBRZEG	POL	K-30	3	K 4	00:11:23	00:23:10	00:34:34	00:45:48.45	4:34	13.1
40	WĘSEK MACIEJ	296		SIAŃÓW	POL	M-20	11	M 36	00:11:31	00:22:56	00:34:36	00:45:51.45	4:35	13.1
41	KRUPIŃSKI KRZYSZTOF	146	E-UROLOG.EU	KOSZALIN	POL	M-50	2	M 37	00:11:28	00:22:48	00:34:26	00:45:55.55	4:35	13.1
42	KONKEL AGNIESZKA	130		KOSZALIN	POL	K-30	4	K 5	00:10:43	00:22:10	00:34:01	00:46:01.10	4:36	13
43	KUBIŚ PAWEŁ	149	RUNDORFINA	SZCZECINEK	POL	M-30	13	M 38	00:11:53	00:23:36	00:35:01	00:46:02.80	4:36	13
44	NOGA SEBASTIAN	197	TKKF KOSZALIN	KOSZALIN	POL	M-20	12	M 39	00:10:44	00:21:58	00:34:11	00:46:12.20	4:37	13
45	WĄSOWSKI ROBERT	291	BIURO PODRÓŻY PARADISE TOUR	NOWE BIELICE	POL	M-20	13	M 40	00:11:09	00:22:51	00:34:44	00:46:28.50	4:38	12.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
46	PAWŁOWSKI MACIEJ	211		SIANÓW	POL	M-50	3	M 41	00:11:16	00:22:52	00:34:45	00:46:28.80	4:38	12.9
47	ŻURAWIK PIOTR	327		KĘPICE	POL	M-40	13	M 42	00:11:23	00:23:05	00:34:56	00:46:33.50	4:39	12.9
48	STRZELECKI ZBIGNIEW	267	KORZYBSKIE REKINY	KORZYBIE	POL	M-60+	1	M 43	00:11:27	00:23:09	00:34:58	00:46:35.15	4:39	12.9
49	GÓRA ROMAN	76	BIEGOLASKOSZALIN	KOSZALIN	POL	M-50	4	M 44	00:11:48	00:23:43	00:35:28	00:46:39.65	4:39	12.9
50	OLEARCZUK ARKADIUSZ	136		BOBOLICE	POL	M-40	14	M 45	00:10:50	00:22:35	00:34:52	00:46:43.15	4:40	12.8
51	WOŁYŃSKA WIOLETTA	309	TKKF KOSZALIN	KOSZALIN	POL	K-40	1	K 6	00:11:37	00:23:19	00:35:04	00:46:43.35	4:40	12.8
52	OLSZAR GRZEGORZ	200	DARŁOWSKIE CHARTY/POLICJA	DARŁOWO	POL	M-30	14	M 46	00:11:23	00:22:57	00:34:50	00:46:48.85	4:40	12.8
53	RACISZ MATEUSZ	72	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	14	M 47	00:11:05	00:22:33	00:34:29	00:46:51.05	4:41	12.8
54	ZAGALSKA PAULINA	349		POŁCZYN-ZDRÓJ	POL	K-30	5	K 7	00:11:24	00:23:12	00:35:10	00:47:15.35	4:43	12.7
55	BARUTOWICZ GRZEGORZ	6		KOSZALIN	POL	M-30	15	M 48	00:11:37	00:23:25	00:35:22	00:47:18.65	4:43	12.7
56	JÓZEFIAK ADRIAN	101		RYMAŃ	POL	M-30	16	M 49	00:11:32	00:23:18	00:35:13	00:47:19.90	4:44	12.7
57	ROGOŻA IRENEUSZ	233		KOSZALIN	POL	M-40	15	M 50	00:11:37	00:23:29	00:35:27	00:47:22.35	4:44	12.7
58	PILAREK IRENEUSZ	221		KOSZALIN	POL	M-30	17	M 51	00:11:38	00:23:23	00:35:19	00:47:27.60	4:44	12.6
59	KUROWSKA IZABELA	206	UKL FENIKS ŚWIDWIN	ŚWIDWIN	POL	K-40	2	K 8	00:11:10	00:22:59	00:35:03	00:47:28.10	4:44	12.6
60	GROCHOWALSKI RAFAŁ	77	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-40	16	M 52	00:11:09	00:22:58	00:35:02	00:47:30.05	4:45	12.6
61	KOCLEJDA GRZEGORZ	127	RUNDORFINA	CZAPLINEK	POL	M-40	17	M 53	00:11:59	00:23:48	00:35:41	00:47:37.75	4:45	12.6
62	KARASIUK ADAM	106	AUTOSTORE	KOSZALIN	POL	M-30	18	M 54	00:11:16	00:23:05	00:35:17	00:47:40.85	4:46	12.6
63	GUDANIEC KATARZYNA	328	TRIATHLON TKKF KOSZALIN	KOSZALIN	POL	K-30	6	K 9	00:10:49	00:22:40	00:35:06	00:47:42.85	4:46	12.6
64	KOZIEŁ ADAM	139		RĄBINO	POL	M-20	15	M 55	00:10:39	00:22:39	00:35:09	00:47:43.55	4:46	12.6
65	KOPACZ RAFAŁ	132		KOSZALIN	POL	M-30	19	M 56	00:11:36	00:23:12	00:35:26	00:47:59.10	4:47	12.5
66	DERLIŃSKI ADAM	51	TORNADO KOSZALIN	KOSZALIN	POL	M-40	18	M 57	00:11:07	00:23:05	00:35:33	00:47:59.10	4:47	12.5
67	BUDZIŃSKI PAWEŁ	29	DRUŻYNA SZPIKU	KONIKOWO	POL	M-40	19	M 58	00:11:58	00:24:14	00:36:31	00:48:08.00	4:48	12.5
68	SPOLSKA WERONIKA	262		ŚWIESZYNO	POL	K-20	2	K 10	00:11:33	00:23:39	00:36:03	00:48:08.75	4:48	12.5
69	WILIŃSKI MAREK	300	KB SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-50	5	M 59	00:11:56	00:23:55	00:36:03	00:48:10.50	4:49	12.5
70	BROCA JAROSŁAW	26	FOREST RUN KOSZALIN	KOSZALIN	POL	M-40	20	M 60	00:11:46	00:23:38	00:35:55	00:48:11.55	4:49	12.5
71	FIGARSKI LESZEK	57		KOSZALIN	POL	M-30	20	M 61	00:11:56	00:23:55	00:36:05	00:48:12.50	4:49	12.4
72	RUSINEK DAWID	338		BIAŁOGARD	POL	M-20	16	M 62	00:11:23	00:23:35	00:36:15	00:48:13.15	4:49	12.4
73	CZERNIAK GRACJAN	44		KOSZALIN	POL	M-30	21	M 63	00:11:43	00:23:49	00:36:06	00:48:14.35	4:49	12.4
74	ANTKOWIAK SEBASTIAN	1	DB - ACTIVE	KOSZALIN	POL	M-40	21	M 64	00:11:17	00:23:10	00:35:39	00:48:19.65	4:50	12.4
75	ZIELIŃSKI MACIEJ	321	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	17	M 65	00:11:29	00:23:58	00:36:51	00:48:23.00	4:50	12.4
76	KĄZMIERCZAK ANDRZEJ	116		KOSZALIN	POL	M-50	6	M 66	00:11:44	00:23:36	00:36:03	00:48:26.05	4:50	12.4
77	RODZIEWICZ- CZAPLIŃSKA AGNIESZKA	336		KOSZALIN	POL	K-40	3	K 11	00:11:49	00:23:41	00:35:58	00:48:26.95	4:50	12.4
78	WIATRZYK KRZYSZTOF	297	DARŁOWO	DARŁOWO	POL	M-40	22	M 67	00:11:25	00:23:19	00:35:56	00:48:28.40	4:50	12.4
79	RUTKOWSKI ARTUR	239	RUNKING	SIANÓW	POL	M-20	18	M 68	00:11:15	00:23:35	00:36:22	00:49:02.30	4:54	12.2
80	MISZCZYK JAN	183	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-30	22	M 69	00:11:40	00:24:03	00:36:39	00:49:02.30	4:54	12.2
81	BAWOŁ ANDRZEJ	9	-)	KRĘPA	POL	M-40	23	M 70	00:11:33	00:23:33	00:36:00	00:49:02.60	4:54	12.2
82	PIECHOTA ROBERT	217	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	24	M 71	00:11:22	00:23:29	00:36:40	00:49:06.30	4:54	12.2
83	REMPLAKOWSKI KRZYSZTOF	232	WE RUN	ROSNOWO	POL	M-40	25	M 72	00:11:47	00:23:52	00:36:22	00:49:10.25	4:55	12.2
84	WOJCIECHOWSKI ANDRZEJ	305		KOSZALIN	POL	M-40	26	M 73	00:12:06	00:24:18	00:36:55	00:49:24.55	4:56	12.1
85	KRASIŃSKI WITOLD	144		KOSZALIN	POL	M-40	27	M 74	00:11:40	00:24:06	00:36:54	00:49:33.10	4:57	12.1
86	SZCZUBLEWSKI MARTIN	272	KAMIEŃ RYMAŃSKI	KOLOBRZEG	POL	M-20	19	M 75	00:11:04	00:23:26	00:36:13	00:49:38.35	4:57	12.1
87	GARNCAREK PAWEŁ	61	ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M-30	23	M 76	00:12:06	00:24:33	00:37:10	00:49:38.50	4:57	12.1
88	PIĘTKO JOANNA	219		KOSZALIN	POL	K-50	1	K 12	00:11:50	00:24:15	00:37:10	00:49:48.80	4:58	12
89	ZIELIŃSKI MACIEJ	320		ŚWIDWIN	POL	M-30	24	M 77	00:11:51	00:24:14	00:37:03	00:49:53.65	4:59	12
90	CHABOWSKI WOJCIECH	33		RĄBINO	POL	M-20	20	M 78	00:11:17	00:23:32	00:36:45	00:50:06.45	5:00	12
91	SPECJAŁ DOMINIK	261	DECATHLON PRZYMORZE TEAM	GDAŃSK	POL	M-20	21	M 79	00:11:19	00:24:27	00:37:40	00:50:15.15	5:01	11.9
92	MIELCZAREK MACIEJ	179	M&M	KOSZALIN	POL	M-40	28	M 80	00:11:42	00:24:09	00:37:09	00:50:17.30	5:01	11.9
93	KOZŁOWIECKI WALDEMAR	142	TKKF KOSZALIN	KOSZALIN	POL	M-60+	2	M 81	00:12:14	00:24:42	00:37:27	00:50:17.35	5:01	11.9
94	GUDANIEC RADOŚLAW	329	TRIATHLON TKKF KOSZALIN	KOSZALIN	POL	M-50	7	M 82	00:12:07	00:24:34	00:37:23	00:50:18.75	5:01	11.9
95	KUSZYŃSKI DARIUSZ	152	CASTORAMA KOSZALIN	KOSZALIN	POL	M-40	29	M 83	00:12:27	00:25:07	00:37:49	00:50:27.25	5:02	11.9
96	KOWALCZYK PIOTR	137	FOR-REST-RUN	KOSZALIN	POL	M-30	25	M 84	00:11:49	00:24:22	00:37:32	00:50:52.35	5:05	11.8
97	KNUT-POTOCZNIK GABRIELA	126	STOWARZYSZENIE KIERUNEK POLANÓW	POLANÓW	POL	K-30	7	K 13	00:11:54	00:24:35	00:37:45	00:50:57.20	5:05	11.8
98	GAJEK ARTUR	59	KORZYBSKIE REKINY	KEPICE	POL	M-40	30	M 85	00:11:47	00:24:26	00:37:37	00:51:06.50	5:06	11.7
99	BODNAR RADOŚLAW	15	POŁCZYN BIEGA	POŁCZYN-ZDRÓJ	POL	M-30	26	M 86	00:12:29	00:25:15	00:38:11	00:51:07.50	5:06	11.7
100	ZIÓŁKOWSKA GOSIA	323		KOSZALIN	POL	K-30	8	K 14	00:11:45	00:24:45	00:38:06	00:51:18.65	5:07	11.7
101	DRABKOWSKA AGNIESZKA	345		BIAŁOGARD	POL	K-40	4	K 15	00:12:41	00:25:27	00:38:22	00:51:19.40	5:08	11.7
102	STALUSZKA DARIUSZ	263	21.BLT	ŚWIDWIN	POL	M-40	31	M 87	00:12:32	00:25:18	00:38:17	00:51:21.55	5:08	11.7

III DECARUN KOSZALIN 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
103	DRULIK-HOŁUB MARTA	53	TORNADO KOSZALIN	KOSZALIN	POL	K-40	5	K 16	00:12:07	00:24:51	00:38:01	00:51:34.15	5:09	11.6
104	KAZIMIEROWICZ RADOSŁAW	113	VTT KOSZALIN	KOSZALIN	POL	M-30	27	M 88	00:12:20	00:25:01	00:38:21	00:51:41.30	5:10	11.6
105	CHMARA GRZEGORZ	34	STM TEAM	POŁCZYN ZDRÓJ	POL	M-50	8	M 89	00:12:30	00:25:17	00:38:16	00:51:51.45	5:11	11.6
106	BOŚ GRZEGORZ	24	SUBVENTUM TEAM	SŁUPSK	POL	M-30	28	M 90	00:12:40	00:25:14	00:37:45	00:51:56.65	5:11	11.5
107	ORLIKOWSKI ROBERT	203	POŁCZYN BIEGA	POŁCZYN-ZDRÓJ	POL	M-30	29	M 91	00:12:40	00:25:26	00:38:21	00:52:01.90	5:12	11.5
108	GROMADA BARTOSZ	78		ŚWIDWIN	POL	M-30	30	M 92	00:11:53	00:25:03	00:38:18	00:52:04.80	5:12	11.5
109	SZYSZKOWSKI TOMASZ	277		KOSZALIN	POL	M-30	31	M 93	00:12:07	00:25:12	00:38:38	00:52:06.65	5:12	11.5
110	FORST FILIP	58	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	22	M 94	00:11:04	00:24:16	00:37:56	00:52:06.85	5:12	11.5
111	BOJANOWSKI MIHAŁ	20	KOŁOBRZESKI KLUB MORSÓW	KOŁOBRZEG	POL	M-40	32	M 95	00:11:28	00:24:28	00:38:22	00:52:21.65	5:14	11.5
112	SZYMEN KAROL	330		KOSZALIN	POL	M-30	32	M 96	00:11:16	00:24:36	00:38:25	00:52:26.05	5:14	11.4
113	JUSZCZAK KRZYSZTOF	102		KOSZALIN	POL	M-60+	3	M 97	00:12:23	00:25:38	00:39:14	00:52:44.40	5:16	11.4
114	DĘBEK MICHAŁ	52		KARLINO	POL	M-30	33	M 98	00:12:39	00:25:46	00:39:19	00:52:51.45	5:17	11.4
115	STUBIEDA ROBERT	268	KARLINO BIEGAJ !	BIAŁOGARD	POL	M-30	34	M 99	00:12:38	00:25:45	00:39:18	00:52:51.65	5:17	11.4
116	MALESZA-HOUSIN JOANNA	166	FORRESTRUN	KOSZALIN	POL	K-40	6	K 17	00:12:35	00:25:23	00:39:01	00:52:51.90	5:17	11.3
117	RZESZUTEK MICHAŁ	244	KAMIEŃ RYMAŃSKI	SŁUPSK	POL	M-30	35	M 100	00:12:02	00:25:02	00:38:58	00:53:04.00	5:18	11.3
118	SUDOL MATEUSZ	332	WYPISZ WYMALUJ	KOSZALIN	POL	M-20	23	M 101	00:12:12	00:25:30	00:39:08	00:53:04.30	5:18	11.3
119	GALICKI ROBERT	60		BOBOLICE	POL	M-40	33	M 102	00:12:47	00:26:29	00:39:51	00:53:04.55	5:18	11.3
120	USTJANOWSKA KATARZYNA	287		DRZONOWO	POL	K-30	9	K 18	00:13:04	00:26:12	00:39:29	00:53:05.10	5:18	11.3
121	GASEK WIESŁAW	62	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M-50	9	M 103	00:12:43	00:26:05	00:39:39	00:53:08.70	5:18	11.3
122	PANCERZYŃSKI ŁUKASZ	207		KOSZALIN	POL	M-40	34	M 104	00:12:59	00:26:14	00:39:44	00:53:11.35	5:19	11.3
123	MONGIAŁO MARCIN	189	FAST FEET K-LIN	KOSZALIN	POL	M-40	35	M 105	00:12:21	00:25:17	00:38:57	00:53:24.50	5:20	11.2
124	DANIUK KASIA	46		POZNAŃ	POL	K-40	7	K 19	00:12:25	00:25:56	00:39:48	00:53:31.15	5:21	11.2
125	BORUC BARBARA	22	PARKRUN SZCZECINEK	SZCZECINEK	POL	K-50	2	K 20	00:13:02	00:26:29	00:40:02	00:53:33.85	5:21	11.2
126	WALCZAK MAGDALENA	288		BARWICE	POL	K-40	8	K 21	00:12:35	00:25:24	00:39:36	00:53:39.20	5:21	11.2
127	LENIK HUBERT	154	JW 1223	BIESIEKIERZ	POL	M-30	36	M 106	00:11:27	00:24:55	00:39:20	00:53:45.40	5:22	11.2
128	ZAKUTYŃSKA-KOWALCZYK KAROLINA	317		NIEKŁONICE	POL	K-40	9	K 22	00:12:53	00:26:13	00:40:04	00:53:57.55	5:23	11.1
129	KAMINSKI TOMASZ	104	JEDNOSTKA WOJSKOWA 1223	KOSZALIN	POL	M-40	36	M 107	00:11:27	00:24:57	00:39:58	00:53:59.20	5:23	11.1
130	WILCZYŃSKI PIOTR	299		JEZIERZYCE	POL	M-30	37	M 108	00:12:33	00:25:54	00:39:39	00:54:01.90	5:24	11.1
131	OLSZEWSKA NINA	201	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	K-20	3	K 23	00:12:38	00:25:59	00:40:02	00:54:02.45	5:24	11.1
132	BARSZCZEWSKI SEBASTIAN	4	BŁĘKITNY PATROL WWF	MILENKO	POL	M-40	37	M 109	00:12:29	00:26:01	00:40:19	00:54:37.30	5:27	11
133	BODO RAFAŁ	17	ZOKOSZ KOSZALIN	KOSZALIN	POL	M-30	38	M 110	00:12:27	00:25:53	00:40:02	00:54:57.05	5:29	10.9
134	WRÓBLEWSKA MARTA	310		KOSZALIN	POL	K-40	10	K 24	00:13:02	00:26:39	00:40:46	00:54:57.85	5:29	10.9
135	KOLIGAT ANNA	128		KOSZALIN	POL	K-30	10	K 25	00:13:23	00:27:02	00:40:55	00:54:58.85	5:29	10.9
136	PISKORZ-WILCZAK IWONA	222	NKD	KONIKOWO	POL	K-40	11	K 26	00:13:06	00:26:29	00:40:51	00:55:30.10	5:33	10.8
137	MICHALIK AGNIESZKA	177		KŁOS	POL	K-20	4	K 27	00:13:58	00:28:01	00:42:08	00:55:32.20	5:33	10.8
138	SZYMAŃSKI PATRYK	275		SŁUPSK	POL	M-30	39	M 111	00:13:57	00:28:01	00:42:08	00:55:32.60	5:33	10.8
139	KONKEL ŁUKASZ	341		KOSZALIN	POL	M-30	40	M 112	00:12:27	00:25:46	00:40:13	00:55:33.20	5:33	10.8
140	KISIELIŃSKI IGOR	120	TKKF KOSZALIN	KOSZALIN	POL	M-50	10	M 113	00:12:24	00:25:13	00:39:50	00:55:33.65	5:33	10.8
141	ŁANGOWSKI PAWEŁ	158		KOSZALIN	POL	M-20	24	M 114	00:13:07	00:26:25	00:40:21	00:55:34.40	5:33	10.8
142	MONGIAŁO ALEKSANDRA	188	FAST FEET K-LIN	KOSZALIN	POL	K-30	11	K 28	00:13:21	00:27:17	00:41:20	00:55:37.15	5:33	10.8
143	SZABŁOWIŃSKI MACIEJ	331		KOSZALIN	POL	M-20	25	M 115	00:11:38	00:26:13	00:41:42	00:55:50.70	5:35	10.7
144	KARNICKI ZYGMUNT	108	TKKF KOSZALIN	KOSZALIN	POL	M-60+	4	M 116	00:13:11	00:27:34	00:41:57	00:56:24.20	5:38	10.6
145	DUDZIAK PIOTR	55		KOSZALIN	POL	M-40	38	M 117	00:12:50	00:27:24	00:42:09	00:56:30.60	5:39	10.6
146	MICHAŁAK MICHAŁ	176	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	26	M 118	00:12:56	00:27:45	00:42:24	00:56:32.40	5:39	10.6
147	MIKOŁAJCZAK LUIZA	180	FSD	BOBOLICE	POL	K-30	12	K 29	00:13:20	00:27:22	00:41:57	00:56:34.15	5:39	10.6
148	ZANDER JAKUB	150	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M-20	27	M 119	00:13:20	00:27:44	00:42:24	00:56:36.40	5:39	10.6
149	NAWROCKA ANNA	194		KOSZALIN	POL	K-30	13	K 30	00:12:47	00:27:01	00:41:39	00:56:38.15	5:39	10.6
150	PIECHOCKI ROBERT	216		KOSZALIN	POL	M-50	11	M 120	00:13:14	00:27:23	00:41:54	00:56:49.60	5:40	10.6
151	JAROSZEWICZ MIROSLAW	96		SŁUPSK	POL	M-40	39	M 121	00:12:56	00:27:02	00:41:36	00:57:02.65	5:42	10.5
152	KLONOWSKI ARTUR	125	KOSPEL	KOSZALIN	POL	M-40	40	M 122	00:13:16	00:27:15	00:41:54	00:57:14.95	5:43	10.5
153	MURAWSKI RAFAŁ	192		SŁUPSK	POL	M-30	41	M 123	00:13:13	00:27:30	00:42:21	00:57:26.00	5:44	10.4
154	TUROWSKI MICHAŁ	286	DECATHLON SŁUPSK	SŁUPSK	POL	M-20	28	M 124	00:13:16	00:27:31	00:42:21	00:57:29.75	5:44	10.4
155	TRZEŚNIEWSKI ZBIGNIEW	284		KOSZALIN	POL	M-50	12	M 125	00:13:23	00:27:34	00:42:32	00:58:29.35	5:50	10.3
156	WALCZAK ADAM	289		BARWICE	POL	M-50	13	M 126	00:13:44	00:28:37	00:44:03	00:59:45.00	5:58	10
157	KISIEL RADEK	119		KOSZALIN	POL	M-30	42	M 127	00:13:35	00:28:36	00:44:07	00:59:48.55	5:58	10
158	PRZYBYŁ KRZYSZTOF	228		KOSZALIN	POL	M-30	43	M 128	00:13:57	00:28:01	00:43:57	01:00:16.60	6:01	10
159	SZWEDA MATEUSZ	273	JW	KOSZALIN	POL	M-30	44	M 129	00:13:57	00:28:01	00:43:58	01:00:17.60	6:01	10

III DECARUN KOSZALIN 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
160	BUDZYŃSKA ELŻBIETA	30		SŁUPSK	POL	K-50	3	K 31	00:14:33	00:29:51	00:45:58	01:02:14.15	6:13	9.6
161	POLAK MATEUSZ	333		WAŁCZ	POL	M-20	29	M 130	00:13:36	00:28:50	00:44:59	01:02:15.40	6:13	9.6
162	MURAWSKA KATARZYNA	191		SŁUPSK	POL	K-30	14	K 32	00:14:39	00:30:01	00:46:07	01:02:28.90	6:14	9.6
163	HELLER ZDZISŁAW	88	NIEZRZESZONY	KOSZALIN	POL	M-60+	5	M 131	00:14:40	00:30:17	00:46:24	01:02:29.25	6:14	9.6
164	BAJ NORBERT	2	AUTOSTORE	KOSZALIN	POL	M-30	45	M 132	00:13:40	00:30:13	00:47:44	01:05:26.95	6:32	9.2
165	KRAUZE DAWID	156		RUMIA	POL	M-20	30	M 133	00:14:07	00:30:17	00:47:36	01:05:58.35	6:35	9.1
166	KOZŁOWIECKA MAŁGORZATA	141		KOSZALIN	POL	K-50	4	K 33	00:15:24	00:31:40	00:48:46	01:06:08.60	6:36	9.1
167	KOŁODZIEJCZAK ARTUR	129	NIGHT RUNNERS NEKLA	NEKLA	POL	M-40	41	M 134	00:14:25	00:31:16	00:48:39	01:06:33.15	6:39	9
168	PEŁKA IWONA	212		KOSZALIN	POL	K-50	5	K 34	00:16:25	00:33:34	00:50:58	01:07:24.80	6:44	8.9
169	SZYMANOWICZ MARCIN	274		KOSZALIN	POL	M-30	46	M 135	00:15:38	00:32:32	00:49:42	01:07:53.95	6:47	8.8
170	STRZELECKA AGNIESZKA	266		SŁAWNO	POL	K-30	15	K 35	00:15:41	00:32:34	00:49:45	01:07:56.10	6:47	8.8
171	CIŻMOWSKA BARBARA	40	MTS HAMER MIASTKO	KĘPICE	POL	K-60+	1	K 36	00:15:44	00:32:50	00:50:16	01:08:00.70	6:48	8.8
172	HARASIM EMILA	84		SŁUPSK	POL	K-30	16	K 37	00:15:33	00:32:55	00:50:37	01:08:03.20	6:48	8.8
173	KARASIUK RENATA	107		KOSZALIN	POL	K-30	17	K 38	00:16:17	00:33:41	00:51:27	01:09:09.05	6:54	8.7
	CHORAŻY KAROLINA	339	LEO TEAM	KOSZALIN	POL	K-30			00:11:21	00:22:50	DNF	DNF	-	-
									DNF	DNF				
	RADOMSKA KATARZYNA	230		RACINIEWO	POL	K-20			00:13:08	DNF	DNF	DNF	-	-
									DNF					