

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6

Organizator: Towarzystwo Sportowe TRI-SPORT  
 Data: 2019-08-17  
 Miejsce: Bydgoszcz  
 Dystans: 226 km  
 Klasyfikacja wg czasów brutto.



## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	Pływanie 3.8km	T1	Rower 180km	T2	Bieg 42.37km	Netto	Brutto
1	KOWALCZYK MAREK	94		BYDGOSZCZ	POL	M40-44	1	M 1		01:03:22 (12)	00:02:42	04:55:27 (2)	00:01:21	03:08:57 (2)	09:11:49.35	09:11:49.35
2	MAZUR PAWEŁ	131	UKS TRS SUSZ/AGROLOK SPORT TEAM	GRUDZIĄDZ	POL	M30-34	1	M 2		00:59:41 (4)	00:02:20	05:00:14 (6)	00:01:29	03:08:42 (1)	09:12:26.70	09:12:26.70
3	SOWA MICHAŁ	191	DECATHLON TRIATHLON TEAM	WARSZAWA	POL	M30-34	2	M 3		01:03:18 (10)	00:02:55	04:46:49 (1)	00:02:37	03:24:20 (8)	09:19:59.60	09:19:59.60
4	BOROWIAK RAFAŁ	18	JOKS TEAM	SŁUBICE	POL	M35-39	1	M 4		01:05:30 (18)	00:02:57	05:04:27 (7)	00:02:01	03:16:34 (3)	09:31:29.70	09:31:29.70
5	SZYSZKA ŁUKASZ	233	TVN MEDIA			M25-29	1	M 5		01:00:48 (7)	00:02:17	05:05:08 (8)	00:02:09	03:22:15 (6)	09:32:37.10	09:32:37.10
6	PLUTA GNIEWOMIR	164	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39	2	M 6		00:59:42 (5)	00:02:25	05:00:07 (5)	00:01:49	03:29:49 (11)	09:33:52.50	09:33:52.50
7	GOZDALSKI JAROSŁAW	56	WITKOWO BIEGA	GNIEZNO	POL	M45-49	1	M 7		01:08:21 (34)	00:02:54	05:11:44 (15)	00:01:39	03:24:06 (7)	09:48:44.70	09:48:44.70
8	MAZUREK MICHAŁ	132	EUROSOFT	KONSTANCIN-JE ZIORNA	POL	M40-44	2	M 8		01:13:32 (53)	00:02:34	05:08:20 (11)	00:01:30	03:24:25 (9)	09:50:21.50	09:50:21.50
9	LEWANDOWSKI MACIEJ	115	#DASHRADE TEAM	WROCLAW	POL	M30-34	3	M 9	#DASHRADE TEAM	01:06:08 (23)	00:02:53	05:08:43 (12)	00:02:17	03:30:40 (13)	09:50:41.20	09:50:41.20
10	MROCZKOWSKI KAROL	144	#DASHRADE TEAM	WROCLAW	POL	M25-29	2	M 10	#DASHRADE TEAM	00:59:08 (1)	00:03:15	05:21:53 (24)	00:03:58	03:27:37 (10)	09:55:51.30	09:55:51.30
11	PLICHTA ANDRZEJ	162	PIASECKI CONCEPT	LONDON	GBR	M30-34	4	M 11		01:14:27 (57)	00:03:39	05:05:24 (9)	00:01:57	03:32:12 (14)	09:57:39.75	09:57:39.75
12	MICHALSKI ANDRZEJ	135	BIKE BROTHERS TARNOW	TARNÓW	POL	M30-34	5	M 12		01:06:38 (25)	00:03:34	05:27:23 (32)	00:03:12	03:18:20 (4)	09:59:07.85	09:59:07.85
13	JURJEVIC MARINA	69	TK ZADAR	ZADAR	CRO	K35-39	1	K 1		01:06:01 (19)	00:03:33	05:15:31 (17)	00:02:12	03:33:57 (17)	10:01:14.65	10:01:14.65
14	GNIOT JACEK	53	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	GRUDZIĄDZ	POL	M45-49	2	M 13		01:18:20 (81)	00:02:27	05:05:34 (10)	00:02:50	03:37:06 (19)	10:06:17.15	10:06:17.15
15	PLUCINSKI MICHAŁ	163	TMT	TROUN	POL	M35-39	3	M 14		01:03:16 (9)	00:04:10	05:28:33 (33)	00:02:45	03:30:02 (12)	10:08:46.50	10:08:46.50
16	ROSIŃSKI JAROSŁAW	177	GDAŃSK		POL	M40-44	3	M 15		01:12:16 (44)	00:04:27	05:11:03 (14)	00:01:51	03:41:39 (23)	10:11:16.50	10:11:16.50
17	CHMEL SERGIY	22	BORYS RUNNING CLUB	IVANO-FRANKIV SK	UKR	M35-39	4	M 16		01:24:16 (126)	00:05:51	05:20:04 (21)	00:03:43	03:21:26 (5)	10:15:20.00	10:15:20.00
18	ERMANIS GINTS	44	IRONMAN.LV	ADAZI	POL	M40-44	4	M 17		01:21:23 (108)	00:02:14	05:00:07 (4)	00:02:09	03:51:45 (36)	10:17:38.40	10:17:38.40
19	SERGEJEVS JEVGENIJS	186	IRONMAN.LV	RIGA	LAT	M40-44	5	M 18		01:12:11 (43)	00:05:16	05:18:09 (18)	00:02:55	03:47:22 (29)	10:25:53.00	10:25:53.00
20	KUŹMA ADAM	107	FAR KUBA TEAM	POZNAŃ	POL	M30-34	6	M 19		01:20:43 (99)	00:05:08	05:19:21 (19)	00:03:42	03:38:57 (20)	10:27:51.35	10:27:51.35
21	KRZEMIŃSKI MARCIN	101	SPRINT GORZYCE	GORZYCE	POL	M40-44	6	M 20		01:07:10 (28)	00:06:02	05:23:35 (27)	00:03:43	03:48:23 (34)	10:28:53.00	10:28:53.00
22	KOCENDA WOJCIECH	85	PRO-TRI.PL	ZDZIESZOWICE	POL	M30-34	7	M 21		01:18:11 (80)	00:05:05	05:33:11 (42)	00:03:56	03:33:46 (16)	10:34:09.75	10:34:09.75
23	LIPUTA GRZEGORZ	117	#DASHRADE TEAM	WROCLAW	POL	M30-34	8	M 22	#DASHRADE TEAM	01:17:44 (77)	00:05:08	05:31:44 (36)	00:03:00	03:36:54 (18)	10:34:30.25	10:34:30.25
24	SZTENDEREWICZ RAFAŁ	202	SPORTEVO	WŁOCŁAWEK	POL	M40-44	7	M 23		01:16:19 (66)	00:03:09	05:23:18 (26)	00:03:25	03:48:41 (35)	10:34:52.35	10:34:52.35
25	SZYMKOWIAK NORBERT	204	R-TEAM RYDZYNA	PONIEC	POL	M25-29	3	M 24		01:13:55 (55)	00:04:30	05:09:24 (13)	00:02:34	04:05:16 (56)	10:35:39.35	10:35:39.35
26	NOSOWSKI JACEK	148		WARSZAWA	POL	M45-49	3	M 25		01:07:07 (27)	00:06:03	05:37:21 (47)	00:04:59	03:41:31 (22)	10:37:01.50	10:37:01.50
27	LEPCZYŃSKI LESŁAW	113		RYBNIK	POL	M40-44	8	M 26		01:20:03 (92)	00:06:57	05:33:24 (44)	00:03:33	03:40:52 (21)	10:44:49.95	10:44:49.95
28	SZCZYRBOWSKI MICHAŁ	199	YOOBEE. PL	RYBNIK	POL	M35-39	5	M 27		01:11:20 (42)	00:03:46	05:36:19 (46)	00:02:03	03:52:46 (41)	10:46:14.35	10:46:14.35
29	CZARNECKI PAWEŁ	33	WARSAW MASTERS TEAM	WARSZAWA	POL	M30-34	9	M 28		00:59:58 (6)	00:04:03	05:56:16 (101)	00:04:49	03:48:08 (32)	10:53:14.85	10:53:14.85
30	MAZANKA JAKUB	129		BORÓWIEC	POL	M40-44	9	M 29		01:16:04 (64)	00:04:56	05:42:50 (66)	00:04:55	03:44:37 (25)	10:53:22.35	10:53:22.35
31	KALIN WŁADYSŁAW	72	TAEKWON-DO GROMOWSKI	UNISŁAW	POL	M35-39	6	M 30		01:15:10 (59)	00:06:47	05:41:41 (64)	00:04:46	03:45:10 (26)	10:53:34.00	10:53:34.00
32	STUDNIAK MATEUSZ	195	GDYŃSKI TRIATHLON	GDYNIA	POL	M30-34	10	M 31		01:06:04 (20)	00:03:42	05:53:47 (97)	00:03:09	03:48:10 (33)	10:54:52.70	10:54:52.70
33	SUPERSON WOJTEK	197		KRAKÓW	POL	M45-49	4	M 32		01:07:44 (32)	00:03:29	05:40:21 (58)	00:02:39	04:00:44 (49)	10:54:57.35	10:54:57.35
34	WALUKIEWICZ DARIUSZ	213		SIEMIANOWICE ŚLĄSKIE	POL	M40-44	10	M 33		01:23:09 (117)	00:04:15	05:33:18 (43)	00:02:45	03:52:06 (38)	10:55:33.30	10:55:33.30
35	KLUŹNIAK WOJCIECH	83		KIELCE	POL	M35-39	7	M 34		01:06:05 (21)	00:04:22	05:44:21 (70)	00:02:08	03:58:45 (46)	10:55:41.75	10:55:41.75

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	Pływianie 3.8km	T1	Rower 180km	T2	Bieg 42.37km	Netto	Brutto
36	KAMIŃSKI MAREK	75		POZNAŃ	POL	M30-34	11	M 35		01:23:57 (122)	00:04:28	05:39:19 (52)	00:02:31	04:47:57 (30)	10:58:12.50	10:58:12.50
37	KITA TOMEK	167	SPECSHOP TEAM	POZNAŃ	POL	M40-44	11	M 36		01:04:58 (16)	00:02:21	05:38:34 (50)	00:02:29	04:09:55 (61)	10:58:17.75	10:58:17.75
38	JABŁOŃSKI MARCIN	227	KRYSPORT TEAM	BYDGOSZCZ	POL	M45-49	5	M 37		01:24:43 (131)	00:07:30	05:31:46 (37)	00:04:37	03:52:04 (37)	11:00:40.90	11:00:40.90
39	KAMIŃSKI TOMASZ	74	AMS TRIATHLON	MROCSZA	POL	M35-39	8	M 38	AMS	01:32:39 (177)	00:07:08	05:13:05 (16)	00:05:53	04:02:33 (51)	11:01:18.55	11:01:18.55
40	POCENTEK KRZYSZTOF ROBERT	166	POCENTTEAM	RAWA MAZOWIECKA	POL	M45-49	6	M 39		01:13:30 (52)	00:04:31	05:38:32 (49)	00:02:25	04:02:55 (53)	11:01:53.50	11:01:53.50
41	SZCZEPAŃSKI ADAM	198	KB PIONIER SZCZECIN	SZCZECIN	POL	M30-34	12	M 40		01:17:25 (72)	00:11:50	05:51:00 (84)	00:09:02	03:32:52 (15)	11:02:09.85	11:02:09.85
42	KARALIUK ANDREI	77		BREST	BLR	M35-39	9	M 41		01:17:29 (73)	00:04:29	05:52:27 (92)	00:02:09	03:46:47 (28)	11:03:21.60	11:03:21.60
43	CUBER PIOTR	32	CTS	WARSZAWA	POL	M40-44	12	M 42		01:23:56 (121)	00:05:23	05:45:46 (74)	00:03:47	03:46:03 (27)	11:04:55.30	11:04:55.30
44	KALISZEWSKI DANIEL	73		TRYSZCZYN	POL	M40-44	13	M 43		01:24:40 (130)	00:04:24	05:42:54 (67)	00:05:22	03:48:08 (31)	11:05:28.35	11:05:28.35
45	JANKOWSKI TOMASZ	60	TRISPACE	BYDGOSZCZ	POL	M45-49	7	M 44	TRISPACE	01:16:13 (65)	00:06:04	05:41:10 (60)	00:04:08	03:58:29 (45)	11:06:04.45	11:06:04.45
46	SMANTSEROV MYKOLA	188	DELIVERO.UA	LVIV	POL	M40-44	14	M 45		01:10:17 (39)	00:05:11	05:53:27 (94)	00:04:19	03:53:44 (42)	11:06:58.10	11:06:58.10
47	PRZYBYLSKI MACIEJ	172		PRZYŁĘKI	POL	M40-44	15	M 46		01:30:48 (164)	00:05:46	05:23:11 (25)	00:05:12	04:02:41 (52)	11:07:38.75	11:07:38.75
48	MÍŚ WALDEMAR	138	ALIOR RUNNING TEAM	GDAŃSK	POL	M40-44	16	M 47		01:26:47 (144)	00:04:04	05:42:31 (65)	00:02:55	03:52:07 (39)	11:08:24.00	11:08:24.00
49	JAROŃ TOMASZ	62	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49	8	M 48		01:01:20 (8)	00:04:31	05:41:19 (63)	00:04:49	04:17:11 (72)	11:09:10.45	11:09:10.45
50	ĆWIK DARIUSZ	35	HUSSE TEAM	BIELSKO-BIAŁA	POL	M45-49	9	M 49		01:17:33 (74)	00:05:17	05:52:13 (88)	00:03:27	03:52:36 (40)	11:11:06.40	11:11:06.40
51	JĘDRZEJCZYK PIOTR	68		PIASECZNO	POL	M45-49	10	M 50		01:21:18 (107)	00:05:41	05:58:20 (116)	00:03:21	03:44:32 (24)	11:13:12.60	11:13:12.60
52	BARTECKA SABINA	9	RÓŻOWETRI/HMAX ŻORY	ŻORY	POL	K40-44	1	K 2		01:18:55 (84)	00:05:17	05:38:13 (48)	00:03:18	04:07:57 (60)	11:13:40.75	11:13:40.75
53	MARTYNOWSKI ŁUKASZ	127		OPOLE	POL	M35-39	10	M 51		01:16:31 (68)	00:03:59	05:52:21 (90)	00:02:50	04:00:03 (48)	11:15:44.20	11:15:44.20
54	SOSNOWSKI JAROSLAW	190	PTT DELTA	PŁOCK	POL	M35-39	11	M 52		00:59:28 (2)	00:02:36	05:32:39 (40)	00:02:32	04:42:05 (109)	11:19:20.40	11:19:20.40
55	RYBAK REMIGIUSZ	181		BIAŁE BŁOTA	POL	M40-44	17	M 53		01:20:11 (93)	00:05:31	05:25:48 (30)	00:02:52	04:25:47 (83)	11:20:09.30	11:20:09.30
56	LUBOWICKI ŁUKASZ	120	40-LATEK TYCHY	TYCHY	POL	M40-44	18	M 54		01:16:41 (69)	00:07:23	05:47:13 (77)	00:05:39	04:06:00 (57)	11:22:56.25	11:22:56.25
57	SEVASTSYANAU SIARHEI	187	SEVASTSYANAU TEAM	MINSK	BLR	M40-44	19	M 55		01:43:18 (205)	00:04:26	05:32:04 (38)	00:04:17	03:59:34 (47)	11:23:39.35	11:23:39.35
58	MAKOWSKI SŁAWOMIR	126	RUN BYDGOSZCZ	BYDGOSZCZ	POL	M50-54	1	M 56		01:35:56 (186)	00:04:59			03:58:13 (44)	11:25:00.40	11:25:00.40
59	WILICKI TOMASZ	208	DELL RUNNING TEAM	ŁÓDŹ	POL	M40-44	20	M 57		01:20:34 (95)	00:07:14	05:39:28 (54)	00:05:27	04:12:28 (66)	11:25:11.55	11:25:11.55
60	LASSOTA ARTUR	112	1969	BEDZIN	POL	M50-54	2	M 58		01:20:36 (97)	00:04:22	05:30:12 (35)	00:03:34	04:26:28 (87)	11:25:12.60	11:25:12.60
61	BIELIŃSKI PIOTR	16	KUŹNIA TRIATHLONU	SKIERNIEWICE	POL	M25-29	4	M 59		01:09:18 (35)	00:04:49	05:39:22 (53)	00:02:11	04:30:01 (95)	11:25:41.80	11:25:41.80
62	FARAN GRZEGORZ	46	GTSULMIN	SULMIN	POL	M45-49	11	M 60		01:10:19 (40)	00:04:15	05:52:23 (91)	00:02:51	04:16:11 (71)	11:25:59.10	11:25:59.10
63	BARTECKI ALEKSANDER	10	HMAX ŻORY	ŻORY	POL	M45-49	12	M 61		01:36:20 (189)	00:03:02	05:43:51 (69)	00:02:36	04:02:13 (50)	11:28:02.85	11:28:02.85
64	PRYK RAFAŁ	171	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M40-44	21	M 62		01:24:31 (129)	00:05:32	05:49:15 (80)	00:03:13	04:07:55 (59)	11:30:26.90	11:30:26.90
65	RUSIN JAKUB	180		IWINY	POL	M30-34	13	M 63		01:15:46 (63)	00:04:21	05:57:22 (108)	00:03:13	04:10:26 (62)	11:31:08.75	11:31:08.75
66	KUNECKI MARCIN	104	HILLINGDON TRIATHLETES	LONDYN	GBR	M35-39	12	M 64		01:19:31 (90)	00:02:51	05:24:21 (28)	00:02:38	04:42:41 (112)	11:32:02.85	11:32:02.85
67	CIBOROWSKI DAMIAN	28	SPEED JASŁO	JASŁO	POL	M45-49	13	M 65	CIBOR IRON TEAM	01:06:14 (24)	00:03:16	05:21:52 (23)	00:03:03	04:58:35 (141)	11:33:00.10	11:33:00.10
68	MOZLER JERZY	143		ERLENMOOS	GER	M45-49	14	M 66		01:08:11 (33)	00:10:50	05:57:30 (110)	00:06:06	04:11:44 (64)	11:34:21.35	11:34:21.35
69	GÓRECKI TOMASZ	57	PTT DELTA	PŁOCK	POL	M30-34	14	M 67		01:03:38 (13)	00:04:12	05:32:54 (41)	00:02:10	04:53:47 (129)	11:36:41.95	11:36:41.95
70	MONAGHAN SŁAWYNA	142	ABCPURE	LONDON	GBR	K35-39	2	K 3		01:12:53 (50)	00:04:31	05:45:51 (75)	00:02:31	04:31:00 (96)	11:36:46.25	11:36:46.25
71	LIZIK RADOSŁAW	119	TRISPACE	BYDGOSZCZ	POL	M40-44	22	M 68	TRISPACE	01:23:43 (120)	00:08:03	05:45:31 (73)	00:05:26	04:14:28 (69)	11:37:11.50	11:37:11.50
72	LETKOWSKI DARIUSZ	114	GAPMONT RUNNING TEAM	WARSZAWA	POL	M40-44	23	M 69		01:12:47 (49)	00:05:46	05:55:26 (100)	00:03:40	04:20:17 (79)	11:37:56.25	11:37:56.25
73	GOSTOMSKI MARIUSZ	55	TRI STAROGARD GDAŃSKI	STAROGARD GDAŃSKI	POL	M50-54	3	M 70		01:20:14 (94)	00:05:06	05:52:19 (89)	00:06:22	04:15:51 (70)	11:39:52.95	11:39:52.95
74	JAŚKIEWICZ MARCIN	64	MOGILNO TEAM	MOGILNO	POL	M30-34	15	M 71		01:07:30 (29)	00:03:46	05:21:36 (22)	00:01:58	05:05:07 (151)	11:39:57.70	11:39:57.70
75	CHYLARECKI ROBERT	25	GVT	WROCLAW	POL	M50-54	4	M 72		01:17:13 (71)	00:06:23	05:38:48 (51)	00:07:52	04:31:40 (97)	11:41:56.20	11:41:56.20
76	KOSMACZEWSKI IRENEUSZ	91	KODRUK.NET	POBIEDZISKA	POL	M40-44	24	M 73		01:15:12 (60)	00:06:37	05:49:12 (79)	00:04:35	04:27:27 (90)	11:43:03.95	11:43:03.95
77	NIEMCZYK KAZIMIERZ	147		MILANÓWEK	POL	M55-59	1	M 74		01:28:45 (156)	00:09:18	05:41:17 (62)	00:04:28	04:19:18 (76)	11:43:06.25	11:43:06.25
78	EDWARD KALICKI	43		POBIEDZISKA	POL	M50-54	5	M 75		01:17:35 (75)	00:09:08	05:29:11 (34)	00:06:13	04:44:41 (117)	11:46:48.80	11:46:48.80
79	RZEPKA TOMASZ	185	HTF LUDWIK SIKORSKI	ALEKSANDRÓW ŁÓDZKI	POL	M40-44	25	M 76		01:24:17 (127)	00:09:17	05:56:32 (102)	00:03:09	04:13:42 (67)	11:46:57.25	11:46:57.25
80	CIMACHOWSKI JAKUB	31	CIMATECH	SOLEC KUJAWSKI	POL	M35-39	13	M 77		01:09:45 (36)	00:08:33	06:14:27 (146)	00:04:24	04:10:50 (63)	11:47:59.45	11:47:59.45
81	MØLLER GERT	141		BILLUND	POL	M55-59	2	M 78		01:07:02 (26)	00:03:58	05:50:33 (82)	00:04:01	04:43:20 (116)	11:48:54.55	11:48:54.55

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	Pływanie 3.8km	T1	Rower 180km	T2	Bieg 42.37km	Netto	Brutto
82	KOLMAJER RAFAŁ	86	ROWERTOUR	BYDGOSZCZ	POL	M35-39	14	M 79		01:35:51 (185)	00:07:23			03:55:26 (43)	11:50:13.25	11:50:13.25
83	LISIECKI JACEK	118		NIEMCZ	POL	M45-49	15	M 80		01:39:42 (201)	00:08:51	05:32:11 (39)	00:04:24	04:26:08 (86)	11:51:16.80	11:51:16.80
84	KOZAKOVSKY DMITRY	96	TRI.BY	MINSK	BEL	M45-49	16	M 81		01:27:30 (148)	00:04:44	05:57:31 (111)	00:04:10	04:19:25 (77)	11:53:20.70	11:53:20.70
85	AUGUSTYNIAK GRZEGORZ	5	PTTDELTA	PŁOCK	POL	M45-49	17	M 82		01:13:50 (54)	00:05:47	06:02:36 (126)	00:05:34	04:25:44 (82)	11:53:31.10	11:53:31.10
86	CZECHOWSKA-MADEJ KATARZYNA	34		IWANOWICE	POL	K35-39	3	K 4		01:20:35 (96)	00:04:08	06:09:01 (139)	00:03:08	04:18:02 (74)	11:54:54.85	11:54:54.85
87	OMELIANENKO YAROSLAV OMELIANENKO	154		KYIV	UKR	M25-29	5	M 83		01:23:09 (116)	00:05:39	05:40:49 (59)	00:02:20	04:43:00 (114)	11:54:57.85	11:54:57.85
88	POREBSKI PAWEŁ	168	SPRINT GORZYCE	TARNOBRZEG	POL	M40-44	26	M 84		01:24:46 (132)	00:06:09	05:53:33 (95)	00:03:48	04:26:57 (89)	11:55:13.55	11:55:13.55
89	VASILII ANTON	212		DNIPRO	UKR	M30-34	16	M 85		01:27:32 (149)	00:07:08	06:06:22 (133)	00:03:29	04:12:23 (65)	11:56:54.85	11:56:54.85
90	ŁĄCZKA TOMASZ	123		WARSZAWA	POL	M40-44	27	M 86		01:32:11 (173)	00:11:54	05:26:30 (31)	00:04:57	04:41:54 (108)	11:57:26.55	11:57:26.55
91	PIASEK PIOTR	159	TRIUNLIMITED	OSTROŁĘKA	POL	M50-54	6	M 87		01:26:41 (143)	00:06:40	05:50:34 (83)	00:05:11	04:28:40 (93)	11:57:46.40	11:57:46.40
92	MELLER MICHAŁ	133	TRI STAROGARD GDAŃSKI	STAROGARD GDAŃSKI	POL	M45-49	18	M 88		01:10:01 (38)	00:04:22	06:12:09 (142)	00:05:47	04:25:52 (84)	11:58:11.05	11:58:11.05
93	MICHALAK MICHAŁ	134	DZIKI KOSZALIN	KOSZALIN	POL	M35-39	15	M 89		01:09:58 (37)	00:04:56	05:19:48 (20)	00:04:42	05:19:27 (167)	11:58:51.15	11:58:51.15
94	BARANOWSKI ROMAN	8	FOREVER TEAM	BYDGOSZCZ	POL	M45-49	19	M 90		01:05:06 (17)	00:09:44	06:01:51 (125)	00:08:42	04:34:19 (102)	11:59:42.40	11:59:42.40
95	BEDYK IRENEUSZ	13	PTT DELTA	CEKANOWO	POL	M60-64	1	M 91		01:34:16 (181)	00:05:45	06:03:06 (129)	00:03:16	04:14:07 (68)	12:00:30.55	12:00:30.55
96	ŁUCYSZYŃ ROBERT	124		DOBROSZÓW OLEŚNICKI	POL	M40-44	28	M 92		01:12:38 (48)	00:08:49	05:43:13 (68)	00:03:19	04:54:03 (130)	12:02:02.10	12:02:02.10
97	BANACH JAN	7	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M25-29	6	M 93		00:59:32 (3)	00:04:30	05:33:38 (45)	00:02:04	05:22:41 (175)	12:02:25.65	12:02:25.65
98	ŚLIWIŃSKI JAKUB	207	JOLKA JOLKA TEAM	ŚRODA WLKP	POL	M25-29	7	M 94		01:21:34 (109)	00:04:07	06:06:22 (134)	00:03:45	04:28:19 (92)	12:04:07.90	12:04:07.90
99	OLENDER PAWEŁ	151	CAR4PARTS MRĄGOWO	WARSZAWA	POL	M40-44	29	M 95		01:20:44 (100)	00:03:39	06:04:10 (131)	00:03:51	04:33:28 (101)	12:05:52.70	12:05:52.70
100	PIECHACZYK SŁAWOMIR	160		WARSZAWA	POL	M35-39	16	M 96		01:20:51 (102)	00:06:53	05:53:46 (96)	00:03:31	04:41:32 (107)	12:06:33.35	12:06:33.35
101	LASSAK BARTOSZ	111	CHŁOPAKI TO MY	STRZELCE GÓRNE	POL	M40-44	30	M 97		01:21:52 (111)	00:05:23	06:13:57 (145)	00:03:31	04:23:38 (80)	12:08:21.70	12:08:21.70
102	BETLEJ HUBERT	14	ESKADRA KRAKÓW	KRAKÓW	POL	M35-39	17	M 98		01:36:38 (190)	00:04:10	05:44:46 (71)	00:03:04	04:40:22 (105)	12:09:00.10	12:09:00.10
103	KRYSIĄK ROBERT	100		BORZĘCIN MAŁY	POL	M50-54	7	M 99		01:23:58 (123)	00:06:36	06:09:32 (140)	00:03:37	04:25:56 (85)	12:09:39.90	12:09:39.90
104	SZPITER TOMASZ	201	OLAWS ZŁOTORYJA	ZŁOTORYJA	POL	M50-54	8	M 100		01:20:47 (101)	00:05:14	05:46:34 (76)	00:04:12	04:54:40 (133)	12:11:27.45	12:11:27.45
105	AUGUSTYNIAK ARTUR	6	FUJITSU RUNNING TEAM ŁÓDŹ	PABIANICE	POL	M35-39	18	M 101		01:19:40 (91)	00:04:28	05:52:03 (87)	00:03:49	04:51:50 (123)	12:11:50.30	12:11:50.30
106	CIBOROWSKI SEBASTIAN	29	SEBA SPORT PISZ	PISZ	POL	M45-49	20	M 102	CIBOR IRON TEAM	01:12:23 (46)	00:07:59	05:52:37 (93)	00:06:24	04:52:35 (126)	12:11:58.95	12:11:58.95
107	KRÓLCZYŃSKI MACIEJ	98		GRODZISK MAZOWIECKI	POL	M35-39	19	M 103		01:18:24 (83)	00:03:51	05:57:07 (105)	00:02:56	04:50:14 (122)	12:12:32.95	12:12:32.95
108	WOBY AMANDA	219	GREENWICH TRITONS	LONDON	POL	K30-34	1	K 5		01:10:41 (41)	00:05:55	06:47:30 (185)	00:02:50	04:06:08 (58)	12:13:04.15	12:13:04.15
109	ŻYCHLIŃSKI MIŁOSZ	226	KS CELIRONMAN	ŁÓDŹ	POL	M45-49	21	M 104		01:38:03 (194)	00:09:50	05:57:04 (104)	00:04:41	04:25:31 (81)	12:15:09.75	12:15:09.75
110	PRUSACZYK MARCIN	169		WARSZAWA	POL	M45-49	22	M 105		01:20:57 (104)	00:07:29	06:38:09 (179)	00:05:00	04:03:40 (54)	12:15:15.60	12:15:15.60
111	WOLUSZEWSKI REMIGIUSZ	221	ALIOR RUNNING TEAM	TORUŃ	POL	M30-34	17	M 106		01:39:32 (199)	00:05:20	06:07:19 (136)	00:04:39	04:18:30 (75)	12:15:20.65	12:15:20.65
112	MACIULEVICIUS ARUNAS	200	TRITONAS	VILNIUS	LTU	M45-49	23	M 107		01:18:21 (82)	00:04:53	05:55:25 (99)	00:02:58	04:55:08 (134)	12:16:45.20	12:16:45.20
113	KOWALSKI KRZYSZTOF	95	TRENUJ Z NAJLEPSZYMI	BYDGOSZCZ	POL	M40-44	31	M 108		01:06:05 (22)	00:04:20	05:40:10 (57)	00:02:47	05:23:35 (180)	12:16:57.75	12:16:57.75
114	BIAŁOBLOCKI TOMASZ	15		KIEKRZ	POL	M50-54	9	M 109		01:30:38 (162)	00:07:39	06:18:49 (151)	00:04:09	04:17:55 (73)	12:19:10.60	12:19:10.60
115	FEDYNA IGOR	48	SHYPHYNA RUN CLUB	LVIV	UKR	M40-44	32	M 110		01:23:39 (119)	00:06:29	05:51:35 (86)	00:03:06	04:55:35 (136)	12:20:24.75	12:20:24.75
116	ŚCIGAŁA WALDEMAR	206	JELENIA PLAST SPORT TEAM	JELENIA GÓRA	POL	M45-49	24	M 111		01:07:39 (31)	00:05:49	06:25:48 (160)	00:04:55	04:36:33 (104)	12:20:44.90	12:20:44.90
117	DĘBICKI ARTUR	38		GDYNIA	POL	M50-54	10	M 112		01:07:37 (30)	00:06:59	06:30:11 (168)	00:04:55	04:33:07 (100)	12:22:49.25	12:22:49.25
118	PEŁANT RYSZARD	158	WICHER ROSNÓWKO	ROSNÓWKO	POL	M40-44	33	M 113		01:19:14 (87)	00:06:49	05:57:57 (113)	00:06:17	04:53:25 (127)	12:23:42.05	12:23:42.05
119	RYGIEL ROBERT	182		GDAŃSK	POL	M55-59	3	M 114		01:24:11 (125)	00:07:16	06:06:27 (135)	00:05:01	04:43:01 (115)	12:25:56.35	12:25:56.35
120	MOJSIEWICZ SŁAWOMIR	139		WARSZAWA	POL	M40-44	34	M 115		01:23:05 (115)	00:04:31	05:49:31 (81)	00:05:57	05:03:06 (149)	12:26:10.75	12:26:10.75
121	SOKOŁOWSKI TOMASZ	189	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M30-34	18	M 116		01:20:41 (98)	00:03:49	06:03:03 (128)	00:02:09	04:58:22 (140)	12:28:04.05	12:28:04.05
122	DASZEWSKI FILIP	36		DEBNO	POL	M18-24	1	M 117		01:12:27 (47)	00:04:06	05:45:18 (72)	00:04:18	05:22:04 (174)	12:28:13.50	12:28:13.50
123	CHOJNOWSKI ANDRZEJ	24		IŁAWA	POL	M50-54	11	M 118		01:30:41 (163)	00:04:45	05:58:17 (115)	00:03:02	04:52:08 (125)	12:28:53.75	12:28:53.75
124	WILK ŁUKASZ	217		JAWORZNO	POL	M40-44	35	M 119		01:19:22 (88)	00:09:49	06:37:51 (178)	00:04:38	04:19:40 (78)	12:31:20.20	12:31:20.20
125	KUĆ JAROSŁAW	103	TRI TEAM LUBAŃ	LUBAŃ	POL	M35-39	20	M 120		01:34:39 (182)	00:05:47	06:16:12 (149)	00:05:36	04:31:53 (98)	12:34:07.95	12:34:07.95
126	OLSZEWSKI ŁUKASZ	153	ROZBEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M40-44	36	M 121		01:23:24 (118)	00:04:44	05:55:19 (98)	00:02:04	05:09:13 (155)	12:34:44.15	12:34:44.15

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	Pływanie 3.8km	T1	Rower 180km	T2	Bieg 42.37km	Netto	Brutto
127	GOŁDYŃ MAREK	54	TKKF KOSZALIN	KOSZALIN	POL	M35-39	21	M 122		01:16:29 (67)	00:09:01	06:26:24 (162)	00:06:32	04:36:32 (103)	12:34:58.55	12:34:58.55
128	KLOCKIEWICZ ZBYSZKO	82	PLONĄCE RACICE	SZAMOTUŁY	POL	M25-29	8	M 123		01:15:28 (62)	00:04:47	06:27:22 (164)	00:06:35	04:41:16 (106)	12:35:28.50	12:35:28.50
129	CICHOSZ ARKADIUSZ	30		WROCLAW	POL	M45-49	25	M 124		01:18:05 (79)	00:04:24	05:59:41 (119)	00:03:41	05:11:11 (158)	12:37:02.80	12:37:02.80
130	MRÓZ MICHAŁ	145	DAREDEVILS TRIATHLON TEAM	BIBICE	POL	M35-39	22	M 125		01:17:11 (70)	00:07:02	06:20:28 (154)	00:05:32	04:47:21 (120)	12:37:34.00	12:37:34.00
131	KOZŁOWSKI TOMASZ	97	MII	KATOWICE	POL	M35-39	23	M 126		01:24:09 (124)	00:07:31	06:08:11 (137)	00:05:46	04:53:39 (128)	12:39:16.10	12:39:16.10
132	KUPISZ DOMINIK	105	HERNIK TEAM	POZNAŃ	POL	M40-44	37	M 127		01:17:53 (78)	00:04:37	06:29:31 (167)	00:05:11	04:42:33 (111)	12:39:45.20	12:39:45.20
133	RICKENBACHER NICOLE	176	WILDCATS	BASEL	SUI	K50-54	1	K 6		01:25:11 (133)	00:07:18	06:03:26 (130)	00:06:39	04:57:48 (139)	12:40:22.10	12:40:22.10
134	JAGIEŁŁO ALBERT	59		POZNAŃ	POL	M25-29	9	M 128		01:28:03 (150)	00:05:21	05:57:08 (106)	00:04:22	05:07:16 (154)	12:42:10.35	12:42:10.35
135	ANDRUSZKIEWICZ ARKADIUSZ	3		TYCHY	POL	M40-44	38	M 129		01:44:41 (208)	00:11:43	06:10:28 (141)	00:08:24	04:26:56 (88)	12:42:12.50	12:42:12.50
136	PRUSIK BARTOSZ	170	COZMOBIKE	ŁOMIANKI	POL	M25-29	10	M 130		01:25:29 (136)	00:05:49	05:41:13 (61)	00:06:59	05:23:24 (178)	12:42:54.50	12:42:54.50
137	LUTOWSKI WOJCIECH	122	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	M30-34	19	M 131		01:36:15 (187)	00:05:21	06:48:13 (186)	00:09:22	04:03:55 (55)	12:43:06.00	12:43:06.00
138	MATERNA ROMAN	128	SPAR POLSKA	RZESZÓW	POL	M50-54	12	M 132		01:14:17 (56)	00:04:59	06:01:11 (122)	00:03:01	05:19:47 (168)	12:43:15.65	12:43:15.65
139	WŁODARCZAK WITOLD	218	TRISPACE	BYDGOSZCZ	POL	M55-59	4	M 133	TRISPACE	01:28:33 (153)	00:03:42	06:08:29 (138)	00:03:05	05:00:50 (145)	12:44:39.45	12:44:39.45
140	SZWEDA TOMASZ	203	MEBŁOBYSK CZERNICE	ZŁOTÓW	POL	M35-39	24	M 134		01:35:41 (183)	00:05:13	05:39:30 (55)	00:03:12	05:21:14 (172)	12:44:50.95	12:44:50.95
141	LEWARDOWSKI KONRAD	116	KTB KUNY STRZESZYN	POZNAŃ	POL	M45-49	26	M 135		01:32:09 (172)	00:15:48			04:57:12 (138)	12:45:38.35	12:45:38.35
142	LUCHOWSKI RAFAŁ	121	12TRI.PL / SPARTANIE DZIECIOM	NADARZYN	POL	M50-54	13	M 136		01:26:53 (146)	00:10:36	06:33:07 (171)	00:07:16	04:28:42 (94)	12:46:34.85	12:46:34.85
143	WOJCIECHOWSKI ADAM	220		GDAŃSK	POL	M50-54	14	M 137		01:26:40 (142)	00:04:58	05:57:12 (107)	00:07:13	05:10:38 (156)	12:46:41.10	12:46:41.10
144	REPKA MAREK	174	LUPUS TEAM	BYDGOSZCZ	POL	M45-49	27	M 138		01:38:12 (196)	00:04:35	06:01:43 (123)	00:03:24	04:58:50 (142)	12:46:44.10	12:46:44.10
145	KUCIŃSKI ARTUR	102		DOBRZCZ	POL	M40-44	39	M 139		01:12:16 (45)	00:08:11	05:58:16 (114)	00:07:50	05:20:39 (171)	12:47:12.20	12:47:12.20
146	BUTRYM PIOTR	21	FORREST	BYDGOSZCZ	POL	M35-39	25	M 140		01:29:23 (158)	00:06:34	06:34:30 (173)	00:05:20	04:32:25 (99)	12:48:12.00	12:48:12.00
147	MAJEWSKA KINGA	125		GRÓJEC	POL	K40-44	2	K 7		01:29:01 (157)	00:05:34	06:27:40 (165)	00:04:40	04:42:21 (110)	12:49:16.85	12:49:16.85
148	TYMIŃSKI DARIUSZ	210	PTT DELTA	BRWIŁNO	POL	M50-54	15	M 141		01:26:50 (145)	00:05:33	06:12:23 (143)	00:03:31	05:01:11 (147)	12:49:28.55	12:49:28.55
149	ADAMOWICZ ANDRZEJ	1		BRISTOL	GBR	M50-54	16	M 142		01:33:43 (180)	00:07:04	06:00:34 (120)	00:07:11	05:02:25 (148)	12:50:57.65	12:50:57.65
150	KONIECZNY KAROL	89		PASIKONIE	POL	M35-39	26	M 143		01:37:12 (192)	00:07:27	05:59:33 (118)	00:07:03	05:00:05 (144)	12:51:20.35	12:51:20.35
151	KOŁODZIEJSKI TOMASZ	87	GINASO	POZNAŃ	POL	M50-54	17	M 144		01:44:39 (207)	00:07:56	05:56:53 (103)	00:09:53	04:52:01 (124)	12:51:22.70	12:51:22.70
152	KACZOR PIOTR	70	TRIMANITA RATUSZ MASZEWO	MASZEWO	POL	M40-44	40	M 145		01:14:56 (58)	00:06:16	06:15:14 (147)	00:03:27	05:12:11 (162)	12:52:04.70	12:52:04.70
153	KOWALCZYK WOJCIECH	93	ARNIE TEAM	GDAŃSK	POL	M25-29	11	M 146		01:25:47 (138)	00:10:54	06:21:29 (155)	00:09:40	04:45:18 (118)	12:53:08.05	12:53:08.05
154	KEMNITZ MARCIN	78	3GRAVITY	BYDGOSZCZ	POL	M35-39	27	M 147	3GRAVITY	01:44:49 (209)	00:03:37	05:47:48 (78)	00:06:16	05:12:07 (160)	12:54:37.55	12:54:37.55
155	NAROJCZYK KRZYSZTOF	146	TRI MASTERS PIASECZNO	NOWA IWICZNA	POL	M45-49	28	M 148		01:19:08 (86)	00:05:01	06:02:54 (127)	00:04:55	05:23:17 (177)	12:55:15.85	12:55:15.85
156	SZYNDLAREWICZ PAWEŁ	205		WROCLAW	POL	M35-39	28	M 149		01:31:38 (169)	00:05:52	06:25:00 (159)	00:05:36	04:47:46 (121)	12:55:52.00	12:56:14.55
157	KALICH TOMASZ	71	CYKLIŚCI RYPIN	RYPIN	POL	M30-34	20	M 150		01:30:15 (160)	00:08:57	05:51:01 (85)	00:05:15	05:23:48 (181)	12:59:16.20	12:59:16.20
158	MIKOŁAJCZYK RAFAŁ	136	THC PROMIL	ZGORZELEC	POL	M40-44	41	M 151		01:22:59 (114)	00:08:30	06:01:11 (121)	00:04:30	05:22:49 (176)	12:59:59.65	12:59:59.65
159	CIBOROWSKA ANETA	27	SEBA SPORT PISZ	PISZ	POL	K40-44	3	K 8	CIBOR IRON TEAM	01:32:07 (170)	00:04:56	06:27:09 (163)	00:09:42	04:46:21 (119)	13:00:15.25	13:00:15.25
160	TRYT MACIEJ	209	RUN BYDGOSZCZ	BYDGOSZCZ	POL	M35-39	29	M 152		01:21:15 (105)	00:07:05	06:28:52 (166)	00:08:05	04:56:50 (137)	13:02:07.15	13:02:07.15
161	KĘPIŃSKI HENRYK	79	KB SPARTAKUS BEŁCHATÓW	BEŁCHATÓW	POL	M65-69	1	M 153		01:43:01 (204)	00:06:49	06:13:47 (144)	00:04:58	04:54:29 (131)	13:03:04.55	13:03:04.55
162	REZA MAREK	175		OLSZTYN	POL	M50-54	18	M 154		01:38:13 (197)	00:07:58	06:16:24 (150)	00:05:00	04:59:16 (143)	13:06:51.20	13:06:51.20
163	WÓJCİK ŁUKASZ	223	CELIRONMAN/OLEJNIK RUNNING TEAM	PABIANICE	POL	M30-34	21	M 155		01:19:30 (89)	00:05:42	06:24:03 (158)	00:05:05	05:13:51 (164)	13:08:11.15	13:08:11.15
164	GACKOWSKI KRZYSZTOF	50	IRON & ONE TEAM	BYDGOSZCZ	POL	M45-49	29	M 156		01:20:54 (103)	00:05:52	06:23:58 (157)	00:05:23	05:15:59 (165)	13:12:06.35	13:12:06.35
165	NOWARA ANDRZEJ	149		RZECZYCE	POL	M50-54	19	M 157		01:32:20 (175)	00:10:36	06:05:33 (132)	00:04:02	05:20:05 (169)	13:12:36.10	13:12:36.10
166	OLEŹDKI JANUSZ	152	WUM	WARSZAWA	POL	M60-64	2	M 158		01:28:13 (151)	00:06:06	06:26:09 (161)	00:06:00	05:06:31 (153)	13:12:59.85	13:12:59.85
167	JENDERNALIK ŁUKASZ	67		CZELADŹ	POL	M35-39	30	M 159		01:31:18 (168)	00:08:56	06:31:50 (169)	00:06:18	04:54:40 (132)	13:13:02.65	13:13:02.65
168	KITKOWSKI PIOTR	81		BYDGOSZCZ	POL	M40-44	42	M 160		01:21:16 (106)	00:03:43	06:01:46 (124)	00:03:47	05:43:28 (192)	13:14:00.45	13:14:00.45
169	SROKA JERZY	192	TRI STAROGARD GDAŃSKI	BORZECHOWO	POL	M50-54	20	M 161		01:33:39 (179)	00:04:31	06:35:18 (174)	00:03:12	05:00:57 (146)	13:17:37.70	13:17:37.70
170	CHMIEŁ DARIUSZ	23	PTT DELTA	KRAŚNIK	POL	M55-59	5	M 162		01:38:03 (193)	00:08:21	06:46:18 (184)	00:05:34	04:42:59 (113)	13:21:15.65	13:21:15.65
171	DOMAGAŁA DARIUSZ	39	WWW.GYMLAB.PL	ŁÓDŹ	POL	M30-34	22	M 163		01:22:51 (113)	00:06:26	06:37:11 (176)	00:03:08	05:12:11 (161)	13:21:47.10	13:21:47.10
172	GŁADYSZ GRZEGORZ	52		DOBRE	POL	M30-34	23	M 164		01:32:23 (176)	00:05:18	06:15:47 (148)	00:04:22	05:27:46 (183)	13:25:36.35	13:25:36.35
173	WOŁOWSKI LECH	222		WARSZAWA	POL	M40-44	43	M 165		01:32:17 (174)	00:07:56	06:19:53 (152)	00:06:53	05:20:27 (170)	13:27:26.90	13:27:26.90

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS PEŁNY 140.6, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	Pływanie 3.8km	T1	Rower 180km	T2	Bieg 42.37km	Netto	Brutto
174	KORSAKOV KOSTIANTYN	90	-	WARSZAWA	POL	M45-49	30	M 166		01:21:38 (110)	00:09:12	06:23:10 (156)	00:05:31	05:28:55 (184)	13:28:26.85	13:28:26.85
175	STASIEWSKI MARIUSZ	194	TRISPACE	BYDGOSZCZ	POL	M40-44	44	M 167	TRISPACE	01:25:12 (134)	00:04:30	06:34:05 (172)	00:03:57	05:21:40 (173)	13:29:24.00	13:29:24.00
176	JARECKI PAWEŁ	61		CZĘSTOCHOWA	POL	M40-44	45	M 168		01:17:38 (76)	00:09:20	06:35:43 (175)	00:07:13	05:23:34 (179)	13:33:28.10	13:33:28.10
177	BUCZKOWSKI JAROSŁAW	19	PRO EVO TRI CLUB	SZEROKIE	POL	M45-49	31	M 169		01:32:41 (178)	00:21:58	07:12:15 (198)	00:05:23	04:27:32 (91)	13:39:49.80	13:39:49.80
178	PANASIUK MACIEJ	155	LEASEPLAN TRIATHLON TEAM	BIAŁA PODLASKA	POL	M25-29	12	M 170		01:26:33 (141)	00:09:52	06:32:31 (170)	00:07:19	05:26:15 (182)	13:42:30.20	13:42:30.20
179	BECLA LESZEK	12	HETEROMASTERS	NOWOGRODZIE C	POL	M25-29	13	M 171		01:39:33 (200)	00:06:59	06:37:37 (177)	00:05:12	05:13:25 (163)	13:42:46.60	13:42:46.60
180	LARSEN-KONIECZNY CHARLOTTE	110		PASIKONIE	POL	K30-34	2	K 9		01:30:02 (159)	00:07:32	06:45:30 (183)	00:04:14	05:16:37 (166)	13:43:55.45	13:43:55.45
181	MACHAJ TOMASZ	228		NOWY SĄCZ	POL	M45-49	32	M 172		01:28:40 (155)	00:14:26	06:56:38 (189)	00:10:01	04:55:28 (135)	13:45:13.30	13:45:13.30
182	WRZOSEK DOMINIK	224	ZPIT PW	WARSZAWA	POL	M25-29	14	M 173		01:41:03 (202)	00:08:48	06:20:09 (153)	00:06:17	05:30:05 (185)	13:46:22.55	13:46:22.55
183	DUDEK ADAM	42		ŚLĘŻA	POL	M18-24	2	M 174		01:03:19 (11)	00:15:10	07:12:14 (197)	00:07:59	05:10:58 (157)	13:49:40.90	13:49:40.90
184	WSZEBOROWSKI DARIUSZ	225	SBR EŁK	EŁK	POL	M50-54	21	M 175		01:31:03 (167)	00:11:17	07:00:30 (190)	00:11:41	05:03:51 (150)	13:58:22.30	13:58:22.30
185	RYKOWSKI ANDRZEJ	183		STARY LUBOTYŃ	POL	M25-29	15	M 176		01:35:49 (184)	00:06:03	07:09:18 (195)	00:09:37	05:05:17 (152)	14:06:04.15	14:06:04.15
186	KUZIEMSKI TOMASZ	106	KS MARATON OSTRÓW WLKP	OSTRÓW WLKP	POL	M30-34	24	M 177		01:28:37 (154)	00:07:59	06:51:29 (187)	00:05:18	05:41:52 (191)	14:15:15.85	14:15:15.85
187	JASIŃSKI BOGUSŁAW	63		KARPACZ	POL	M65-69	2	M 178		01:28:33 (152)	00:10:04	07:03:37 (193)	00:07:01	05:31:33 (186)	14:20:48.55	14:20:48.55
188	STANKOWSKI DAWID	193	PŁONAĆE RACICE	POZNAŃ	POL	M25-29	16	M 179		01:25:44 (137)	00:07:23	07:29:46 (202)	00:06:57	05:11:56 (159)	14:21:46.55	14:21:46.55
189	MOLENDĄ PATRYCJA	140	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	K25-29	1	K 10		01:26:00 (139)	00:11:20	06:54:23 (188)	00:08:42	05:47:40 (193)	14:28:05.05	14:28:05.05
190	RAK AGATA	173		GDAŃSK	POL	K30-34	3	K 11		01:30:57 (166)	00:06:07	07:15:27 (199)	00:03:47	05:36:57 (188)	14:33:15.35	14:33:15.35
191	WŁODARCZYK MARIUSZ	229		ŁÓDŹ	POL	M35-39	31	M 180		01:19:07 (85)	00:08:33	07:17:27 (200)	00:12:19	05:38:16 (189)	14:35:42.80	14:35:42.80
192	PAWLAK PIOTR	156	PKO BANK POLSKI	POZNAŃ	POL	M40-44	46	M 181		01:36:55 (191)	00:08:26	06:38:43 (181)	00:03:54	06:11:39 (197)	14:39:37.80	14:39:37.80
193	KRÓLIK ZENON	99	SAM SOBIE STEREM	OSTRÓW WIELKOPOLSKI	POL	M70-74	1	M 182		01:50:29 (210)	00:12:25	07:01:16 (191)	00:11:10	05:31:50 (187)	14:47:10.15	14:47:10.15
194	TACZAREK MARLENA	230		WELLINGTON	GBR	K40-44	4	K 12		01:25:24 (135)	00:12:04	07:11:54 (196)	00:06:54	05:53:20 (194)	14:49:36.45	14:49:36.45
195	CIBOROWSKA KATARZYNA	26	SPEED JASŁO	JASŁO	POL	K40-44	5	K 13	CIBOR IRON TEAM	01:38:08 (195)	00:09:22	07:02:02 (192)	00:05:49	05:54:20 (196)	14:49:41.05	14:49:41.05
196	DĄBROWSKI JAREK	37	ŁOMIANKOWSKA GRUPA BIEGOWA TRI	ŁOMIANKI	POL	M45-49	33	M 183		01:30:31 (161)	00:10:26	07:04:53 (194)	00:10:34	05:54:01 (195)	14:50:25.70	14:50:25.70
197	ANDRZEJEWSKI ADRIAN	4	TEAMKARAŚ	OSIELSKO	POL	M25-29	17	M 184		01:27:05 (147)	00:08:28	07:48:01 (203)	00:03:42	05:41:02 (190)	15:08:18.85	15:08:18.85
198	KIRKLAND JIM	80	GREENWICH TRITONS	LONDON	GBR	M60-64	3	M 185		01:39:32 (198)	00:11:46	07:22:31 (201)	00:07:31	06:13:40 (198)	15:35:00.00	15:35:00.00
	KOT REMIGIUSZ	92	RM TRI TEAM	BIELSKO-BIAŁA	POL	M45-49				01:04:37 DNF (15)	00:02:37	04:59:25 (3)	00:02:26	00:00:00 ()	DNF	DNF
	FAJOK SZYMON	45		OBORNIKI	POL	M18-24				01:36:18 DNF (188)	00:07:12	06:41:00 (182)	00:09:01	00:00:00 ()	DNF	DNF
	DOODY PATRICK	40		PETERBOROUGH	LAT	M50-54				01:22:19 DNF (112)	00:05:48	05:57:26 (109)	00:04:00	00:00:00 ()	DNF	DNF
	BŁASZCZYK BORYS	17	AZS PP	DOBRCZ	POL	M25-29				01:43:19 DNF (206)	00:08:11	06:38:35 (180)	00:09:26	00:00:00 ()	DNF	DNF
	OIKONOMOU ALEXANDROS	150	TRIAS	HERAKLION	GRE	M45-49				01:13:01 DNF (51)	00:06:02		07:13:26	00:00:00 ()	DNF	DNF
	PŁÓCIENNIK DOMINIK	165		LUTOMIERSK	POL	M25-29				01:15:19 DNF (61)	00:04:04	05:39:51 (56)	00:03:20	00:00:00 ()	DNF	DNF
	DROHOJOWSKI RAFAŁ	41		KAMIONKI	POL	M45-49				01:26:22 DNF (140)	00:07:06	05:57:37 (112)	00:03:17	00:00:00 ()	DNF	DNF
	WIECHNA KRZYSZTOF	215		ŁÓDŹ	POL	M40-44				DNF (0)	00:00:00	00:00:00 (0)	10:24:55	00:00:00 (0)	DNF	DNF
	LODEWIJKS MARK	232		M50-54	NED	M50-54				01:04:09 DNF (14)	00:05:40	05:25:36 (29)		00:00:00 ()	DNF	DNF
	MAZUR MARIUSZ	130	TRI TEAM LUBAŃ	LUBAŃ	POL	M35-39				01:30:50 DNF (165)	00:05:03	05:58:53 (117)		00:00:00 ()	DNF	DNF
	KAMIŃSKI MICHAŁ	76	DELL RUNNING TEAM	ŁÓDŹ	POL	M25-29				01:32:07 DNF (171)	00:05:11		00:00:00	00:00:00 ()	DNF	DNF
	SUDAKOWSKI TOMASZ	196	KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49				01:42:46 DNF (203)	00:03:32		00:00:00	00:00:00 ()	DNF	DNF
	JAWORSKI ARTUR	65		POZNAŃ	POL	M30-34				01:24:26 DNF (128)	00:10:08		00:00:00	00:00:00 ()	DNF	DNF