

LETNIA MILA BIEGOWA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-08-22
Miejsce: Koszalin
Dystans: 1.609 km
Klasyfikacja wg czasów brutto.



LETNIA MILA BIEGOWA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	PYSHNIAK KOSTIANTYN	448	TKKF KOSZALIN	DVORICHNA	UKR	M-OPEN	1	M 1	00:00:02	00:01:04	00:02:13	00:03:22	00:04:30.12	00:04:30.12	2:47	21.5
2	GAWRON PIOTR	412	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M-OPEN	2	M 2	00:00:02	00:01:08	00:02:22	00:03:39	00:04:54.20	00:04:54.20	3:02	19.7
3	HUBERT ŁUKASZ	416	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	3	M 3	00:00:02	00:01:11	00:02:28	00:03:47	00:04:58.79	00:04:58.79	3:05	19.4
4	RYKIEL MICHAŁ	453	DĄBROWSKI TEAM	BONIN	POL	M-OPEN	4	M 4	00:00:02	00:01:14	00:02:33	00:03:54	00:05:10.96	00:05:10.96	3:12	18.7
5	MAJKOWICZ RAFAŁ	434		KOSZALIN	POL	M-OPEN	5	M 5	00:00:03	00:01:13	00:02:33	00:03:54	00:05:14.30	00:05:14.30	3:15	18.5
6	ROKOSZ RADOŚLAW	450	JW 1223 KOSZALIN	KOSZALIN	POL	M-OPEN	6	M 6	00:00:03	00:01:18	00:02:42	00:04:06	00:05:22.97	00:05:22.97	3:20	18
7	DOBOSZ MICHAŁ	411	KL BAŁTYK	KOSZALIN	POL	M-OPEN	7	M 7	00:00:04	00:01:16	00:02:41	00:04:06	00:05:23.48	00:05:23.48	3:20	17.9
8	JABŁOŃSKI TOMASZ	418	KB SPOKO SŁAWNO	SŁAWNO	POL	M-OPEN	8	M 8	00:00:03	00:01:20	00:02:43	00:04:08	00:05:24.12	00:05:24.12	3:21	17.9
9	SITOWSKI MARCIN	454		KOSZALIN	POL	M-OPEN	9	M 9	00:00:02	00:01:17	00:02:42	00:04:06	00:05:27.70	00:05:27.70	3:23	17.7
10	ZWOLIŃSKI JAN	472	TKKF KOSZALIN	WIERCISZEWO	POL	M-OPEN	10	M 10	00:00:02	00:01:19	00:02:43	00:04:05	00:05:27.88	00:05:27.88	3:23	17.7
11	CZAPLICKI JACEK	474	TAGER SPORT	KOSZALIN	POL	M-OPEN	11	M 11	00:00:02	00:01:17	00:02:42	00:04:09	00:05:28.56	00:05:28.56	3:23	17.7
12	ZUKAL PIOTR	470		KOSZALIN	POL	M-OPEN	12	M 12	00:00:03	00:01:26	00:02:51	00:04:16	00:05:35.05	00:05:35.05	3:28	17.3
13	BIŃKOWSKI TOMASZ	483		NIKŁONICE	POL	M-OPEN	13	M 13	00:00:03	00:01:21	00:02:46	00:04:15	00:05:37.44	00:05:37.44	3:29	17.2
14	WALEŃSKI MICHAŁ	485		SKIBIENKO	POL	M-OPEN	14	M 14	00:00:02	00:01:20	00:02:46	00:04:14	00:05:38.54	00:05:38.54	3:29	17.1
15	WEBER PAWEŁ	463	FPP	KOSZALIN	POL	M-OPEN	15	M 15	00:00:02	00:01:20	00:02:49	00:04:23	00:05:50.06	00:05:50.06	3:37	16.6
16	GAWROŃSKI MAREK	413	\$\$\$	KOSZALIN	POL	M-OPEN	16	M 16	00:00:04	00:01:27	00:02:53	00:04:25	00:05:51.38	00:05:51.38	3:38	16.5
17	GAWROŃSKI BARTOSZ	414		KOSZALIN	POL	M-OPEN	17	M 17	00:00:04	00:01:28	00:02:53	00:04:24	00:05:52.09	00:05:52.09	3:38	16.5
18	BARUTOWICZ GRZEGORZ	402		KOSZALIN	POL	M-OPEN	18	M 18	00:00:04	00:01:30	00:03:01	00:04:32	00:05:59.54	00:05:59.54	3:42	16.1
19	WIKTOROWSKI MACIEJ	465		KOSZALIN	POL	M-OPEN	19	M 19	00:00:03	00:01:21	00:02:53	00:04:30	00:06:01.18	00:06:01.18	3:44	16.1
20	KONKEL AGNIESZKA	426		KOSZALIN	POL	K-OPEN	1	K 1	00:00:05	00:01:29	00:02:58	00:04:31	00:06:01.94	00:06:01.94	3:44	16.1
21	ROGOŻA IRENEUSZ	449		KOSZALIN	POL	M-OPEN	20	M 20	00:00:04	00:01:30	00:03:03	00:04:38	00:06:04.74	00:06:04.74	3:46	15.9
22	WĘSEK MACIEJ	464		SIANÓW	POL	M-OPEN	21	M 21	00:00:04	00:01:31	00:03:03	00:04:39	00:06:07.36	00:06:07.36	3:47	15.8
23	SZOSTAK PIOTR	459		BONIN	POL	M-OPEN	22	M 22	00:00:04	00:01:30	00:03:04	00:04:41	00:06:12.52	00:06:12.52	3:51	15.6
24	LIPNIEWICZ PAWEŁ	432	LIPNE MUMIE	KOSZALIN	POL	M-OPEN	23	M 23	00:00:05	00:01:30	00:03:02	00:04:42	00:06:12.95	00:06:12.95	3:51	15.6
25	PUSCIAN KRZYSZTOF	447	SP MANOWO	MANOWO	POL	M-OPEN	24	M 24	00:00:04	00:01:31	00:03:05	00:04:43	00:06:13.95	00:06:13.95	3:51	15.5
26	CHORAŻY KAROLINA	405	LEO-TEAM	KOSZALIN	POL	K-OPEN	2	K 2	00:00:05	00:01:37	00:03:09	00:04:43	00:06:15.95	00:06:15.95	3:52	15.5
27	MICERSKI TOMASZ	435		KOSZALIN	POL	M-OPEN	25	M 25	00:00:04	00:01:32	00:03:10	00:04:50	00:06:21.58	00:06:21.58	3:56	15.2
28	PIECHOTA ROBERT	443	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-OPEN	26	M 26	00:00:03	00:01:25	00:03:04	00:04:52	00:06:22.95	00:06:22.95	3:57	15.2
29	RUTKOWSKI ARTUR	451	RUNKING	SIANÓW	POL	M-OPEN	27	M 27	00:00:03	00:01:38	00:03:17	00:04:58	00:06:23.19	00:06:23.19	3:57	15.1
30	RASZPŁA RADEK	478		KOSZALIN	POL	M-OPEN	28	M 28	00:00:04	00:01:31	00:03:09	00:04:50	00:06:27.88	00:06:27.88	4:00	15
31	KONKEL ŁUKASZ	427		KOSZALIN	POL	M-OPEN	29	M 29	00:00:04	00:01:36	00:03:15	00:04:58	00:06:36.06	00:06:36.06	4:05	14.6
32	NOREK TOMEK	438		KOSZALIN	POL	M-OPEN	30	M 30	00:00:05	00:01:41	00:03:19	00:05:00	00:06:38.67	00:06:38.67	4:07	14.6
33	MARZEC ŁUKASZ	479		KOSZALIN	POL	M-OPEN	31	M 31	00:00:06	00:01:38	00:03:18	00:05:01	00:06:40.94	00:06:40.94	4:08	14.5
34	PANCERZYŃSKI ŁUKASZ	475		KOSZALIN	POL	M-OPEN	32	M 32	00:00:05	00:01:37	00:03:18	00:05:05	00:06:45.89	00:06:45.89	4:11	14.3
35	DOBOSZ JAROSŁAW	410		KOSZALIN	POL	M-OPEN	33	M 33	00:00:06	00:01:43	00:03:24	00:05:07	00:06:47.35	00:06:47.35	4:12	14.2
36	JANOWICZ PRZEMYSŁAW	419	FPP	KOSZALIN	POL	M-OPEN	34	M 34	00:00:03	00:01:33	00:03:17	00:05:07	00:06:57.05	00:06:57.05	4:19	13.9
37	WRÓBEL MATEUSZ	486		KOSÓW LACKI	POL	M-OPEN	35	M 35	00:00:07	00:01:57	00:03:44	00:05:30	00:07:00.37	00:07:00.37	4:20	13.8
38	KURŁOWICZ KRZYSZTOF	482		KOSZALIN	POL	M-OPEN	36	M 36	00:00:03	00:01:30	00:03:06	00:05:11	00:07:00.93	00:07:00.93	4:20	13.8
39	OSOBNIAK RYSZARD	440		KOSZALIN	POL	M-OPEN	37	M 37	00:00:04	00:01:42	00:03:26	00:05:17	00:07:02.69	00:07:02.69	4:22	13.7
40	MAZUR MIROSLAW	481		KOSZALIN	POL	M-OPEN	38	M 38	00:00:04	00:01:43	00:03:27	00:05:19	00:07:10.07	00:07:10.07	4:27	13.5
41	ZARZYCKI JAKUB	484		KOSZALIN	POL	M-OPEN	39	M 39	00:00:03	00:01:44	00:03:36	00:05:29	00:07:11.45	00:07:11.45	4:27	13.4
42	MACIEJEWSKI MACIEJ	433	FPP	KOSZALIN	POL	M-OPEN	40	M 40	00:00:05	00:01:44	00:03:35	00:05:34	00:07:13.05	00:07:13.05	4:28	13.4
43	KOWALEWSKI BARTOSZ	460		PIASTÓW	POL	M-OPEN	41	M 41	00:00:07	00:01:53	00:03:48	00:05:43	00:07:28.24	00:07:28.24	4:38	12.9
44	KARNICKI ZYGMUNT	430	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	42	M 42	00:00:04	00:01:48	00:03:46	00:05:47	00:07:43.07	00:07:43.07	4:47	12.5
45	GAWROŃSKI PAWEŁ	480		KOSZALIN	POL	M-OPEN	43	M 43	00:00:06	00:01:47	00:03:53	00:06:24	00:08:36.13	00:08:36.13	5:20	11.2

LETNIA MILA BIEGOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
46	CICHOSZ JERZY	408		KOSZALIN	POL	M-OPEN	44	M 44	00:00:05	00:02:12	00:04:23	00:06:37	00:08:47.69	00:08:47.69	5:27	11
47	ZUKAL ALEKSANDRA	471		KOSZALIN	POL	K-OPEN	3	K 3	00:00:06	00:02:21	00:04:36	00:06:53	00:09:04.11	00:09:04.11	5:37	10.7
48	KARNICKI ARTUR	422		KOSZALIN	POL	M-OPEN	45	M 45	00:00:08	00:02:47	00:05:18	00:07:43	00:09:56.79	00:09:56.79	6:10	9.7
49	BARTNIK MARIAN	490	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	46	M 46	00:00:07	00:03:26	00:06:57	00:10:29	00:14:04.82	00:14:04.82	8:44	6.9
50	LINOWIECKI CEZARY	431	BAŁTYK KOSZALIN	KOSZALIN	POL	M-OPEN	47	M 47	00:00:03	00:01:24	00:02:51				3:31	17.1

LETNIA MILA BIEGOWA, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	KONKEL AGNIESZKA	426		KOSZALIN	POL	K-OPEN	1	K 1	00:00:05	00:01:29	00:02:58	00:04:31	00:06:01.94	00:06:01.94	3:44	16.1
2	CHORAŻY KAROLINA	405	LEO-TEAM	KOSZALIN	POL	K-OPEN	2	K 2	00:00:05	00:01:37	00:03:09	00:04:43	00:06:15.95	00:06:15.95	3:52	15.5
3	ZUKAL ALEKSANDRA	471		KOSZALIN	POL	K-OPEN	3	K 3	00:00:06	00:02:21	00:04:36	00:06:53	00:09:04.11	00:09:04.11	5:37	10.7

LETNIA MILA BIEGOWA, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	PYSHNIAK KOSTIANTYN	448	TKKF KOSZALIN	DVORICHNA	UKR	M-OPEN	1	M 1	00:00:02	00:01:04	00:02:13	00:03:22	00:04:30.12	00:04:30.12	2:47	21.5
2	GAWRON PIOTR	412	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M-OPEN	2	M 2	00:00:02	00:01:08	00:02:22	00:03:39	00:04:54.20	00:04:54.20	3:02	19.7
3	HUBERT ŁUKASZ	416	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	3	M 3	00:00:02	00:01:11	00:02:28	00:03:47	00:04:58.79	00:04:58.79	3:05	19.4
4	RYKIEL MICHAŁ	453	DĄBROWSKI TEAM	BONIN	POL	M-OPEN	4	M 4	00:00:02	00:01:14	00:02:33	00:03:54	00:05:10.96	00:05:10.96	3:12	18.7
5	MAJKOWICZ RAFAŁ	434		KOSZALIN	POL	M-OPEN	5	M 5	00:00:03	00:01:13	00:02:33	00:03:54	00:05:14.30	00:05:14.30	3:15	18.5
6	ROKOSZ RADOSŁAW	450	JW 1223 KOSZALIN	KOSZALIN	POL	M-OPEN	6	M 6	00:00:03	00:01:18	00:02:42	00:04:06	00:05:22.97	00:05:22.97	3:20	18
7	DOBOSZ MICHAŁ	411	KL BAŁTYK	KOSZALIN	POL	M-OPEN	7	M 7	00:00:04	00:01:16	00:02:41	00:04:06	00:05:23.48	00:05:23.48	3:20	17.9
8	JABŁOŃSKI TOMASZ	418	KB SPOKO SŁAWNO	SŁAWNO	POL	M-OPEN	8	M 8	00:00:03	00:01:20	00:02:43	00:04:08	00:05:24.12	00:05:24.12	3:21	17.9
9	SITOWSKI MARCIN	454		KOSZALIN	POL	M-OPEN	9	M 9	00:00:02	00:01:17	00:02:42	00:04:06	00:05:27.70	00:05:27.70	3:23	17.7
10	ZWOLIŃSKI JAN	472	TKKF KOSZALIN	WIERCISZEWO	POL	M-OPEN	10	M 10	00:00:02	00:01:19	00:02:43	00:04:05	00:05:27.88	00:05:27.88	3:23	17.7
11	CZAPLIKI JACEK	474	TAGER SPORT	KOSZALIN	POL	M-OPEN	11	M 11	00:00:02	00:01:17	00:02:42	00:04:09	00:05:28.56	00:05:28.56	3:23	17.7
12	ZUKAL PIOTR	470		KOSZALIN	POL	M-OPEN	12	M 12	00:00:03	00:01:26	00:02:51	00:04:16	00:05:35.05	00:05:35.05	3:28	17.3
13	BIŃKOWSKI TOMASZ	483		NIKŁONICE	POL	M-OPEN	13	M 13	00:00:03	00:01:21	00:02:46	00:04:15	00:05:37.44	00:05:37.44	3:29	17.2
14	WALEŃSKI MICHAŁ	485		SKBIENKO	POL	M-OPEN	14	M 14	00:00:02	00:01:20	00:02:46	00:04:14	00:05:38.54	00:05:38.54	3:29	17.1
15	WEBER PAWEŁ	463	FPP	KOSZALIN	POL	M-OPEN	15	M 15	00:00:02	00:01:20	00:02:49	00:04:23	00:05:50.06	00:05:50.06	3:37	16.6
16	GAWROŃSKI MAREK	413	\$\$\$	KOSZALIN	POL	M-OPEN	16	M 16	00:00:04	00:01:27	00:02:53	00:04:25	00:05:51.38	00:05:51.38	3:38	16.5
17	GAWROŃSKI BARTOSZ	414		KOSZALIN	POL	M-OPEN	17	M 17	00:00:04	00:01:28	00:02:53	00:04:24	00:05:52.09	00:05:52.09	3:38	16.5
18	BARUTOWICZ GRZEGORZ	402		KOSZALIN	POL	M-OPEN	18	M 18	00:00:04	00:01:30	00:03:01	00:04:32	00:05:59.54	00:05:59.54	3:42	16.1
19	WIKTOROWSKI MACIEJ	465		KOSZALIN	POL	M-OPEN	19	M 19	00:00:03	00:01:21	00:02:53	00:04:30	00:06:01.18	00:06:01.18	3:44	16.1
20	ROGOŻA IRENEUSZ	449		KOSZALIN	POL	M-OPEN	20	M 20	00:00:04	00:01:30	00:03:03	00:04:38	00:06:04.74	00:06:04.74	3:46	15.9
21	WĘSEK MACIEJ	464		SIANÓW	POL	M-OPEN	21	M 21	00:00:04	00:01:31	00:03:03	00:04:39	00:06:07.36	00:06:07.36	3:47	15.8
22	SZOSTAK PIOTR	459		BONIN	POL	M-OPEN	22	M 22	00:00:04	00:01:30	00:03:04	00:04:41	00:06:12.52	00:06:12.52	3:51	15.6
23	LIPNIEWICZ PAWEŁ	432	LIPNE MUMIE	KOSZALIN	POL	M-OPEN	23	M 23	00:00:05	00:01:30	00:03:02	00:04:42	00:06:12.95	00:06:12.95	3:51	15.6
24	PUŚCIAN KRZYSZTOF	447	SP MANOWO	MANOWO	POL	M-OPEN	24	M 24	00:00:04	00:01:31	00:03:05	00:04:43	00:06:13.95	00:06:13.95	3:51	15.5
25	MICERSKI TOMASZ	435		KOSZALIN	POL	M-OPEN	25	M 25	00:00:04	00:01:32	00:03:10	00:04:50	00:06:21.58	00:06:21.58	3:56	15.2
26	PIECHOTA ROBERT	443	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-OPEN	26	M 26	00:00:03	00:01:25	00:03:04	00:04:52	00:06:22.95	00:06:22.95	3:57	15.2
27	RUTKOWSKI ARTUR	451	RUNKING	SIANÓW	POL	M-OPEN	27	M 27	00:00:03	00:01:38	00:03:17	00:04:58	00:06:23.19	00:06:23.19	3:57	15.1
28	RASZPLA RADEK	478		KOSZALIN	POL	M-OPEN	28	M 28	00:00:04	00:01:31	00:03:09	00:04:50	00:06:27.88	00:06:27.88	4:00	15
29	KONKEL ŁUKASZ	427		KOSZALIN	POL	M-OPEN	29	M 29	00:00:04	00:01:36	00:03:15	00:04:58	00:06:36.06	00:06:36.06	4:05	14.6
30	NOREK TOMEK	438		KOSZALIN	POL	M-OPEN	30	M 30	00:00:05	00:01:41	00:03:19	00:05:00	00:06:38.67	00:06:38.67	4:07	14.6
31	MARZEC ŁUKASZ	479		KOSZALIN	POL	M-OPEN	31	M 31	00:00:06	00:01:38	00:03:18	00:05:01	00:06:40.94	00:06:40.94	4:08	14.5
32	PANCERZYŃSKI ŁUKASZ	475		KOSZALIN	POL	M-OPEN	32	M 32	00:00:05	00:01:37	00:03:18	00:05:05	00:06:45.89	00:06:45.89	4:11	14.3
33	DOBOSZ JAROSŁAW	410		KOSZALIN	POL	M-OPEN	33	M 33	00:00:06	00:01:43	00:03:24	00:05:07	00:06:47.35	00:06:47.35	4:12	14.2
34	JANOWICZ PRZEMYSŁAW	419	FPP	KOSZALIN	POL	M-OPEN	34	M 34	00:00:03	00:01:33	00:03:17	00:05:07	00:06:57.05	00:06:57.05	4:19	13.9
35	WRÓBEL MATEUSZ	486		KOSÓW LACKI	POL	M-OPEN	35	M 35	00:00:07	00:01:57	00:03:44	00:05:30	00:07:00.37	00:07:00.37	4:20	13.8
36	KURŁOWICZ KRZYSZTOF	482		KOSZALIN	POL	M-OPEN	36	M 36	00:00:03	00:01:30	00:03:06	00:05:11	00:07:00.93	00:07:00.93	4:20	13.8
37	OSOBNAK RYSZARD	440		KOSZALIN	POL	M-OPEN	37	M 37	00:00:04	00:01:42	00:03:26	00:05:17	00:07:02.69	00:07:02.69	4:22	13.7

LETNIA MILA BIEGOWA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
38	MAZUR MIROSLAW	481		KOSZALIN	POL	M-OPEN	38	M 38	00:00:04	00:01:43	00:03:27	00:05:19	00:07:10.07	00:07:10.07	4:27	13.5
39	ZARZYCKI JAKUB	484		KOSZALIN	POL	M-OPEN	39	M 39	00:00:03	00:01:44	00:03:36	00:05:29	00:07:11.45	00:07:11.45	4:27	13.4
40	MACIEJEWSKI MACIEJ	433	FPP	KOSZALIN	POL	M-OPEN	40	M 40	00:00:05	00:01:44	00:03:35	00:05:34	00:07:13.05	00:07:13.05	4:28	13.4
41	KOWALEWSKI BARTOSZ	460		PIASTÓW	POL	M-OPEN	41	M 41	00:00:07	00:01:53	00:03:48	00:05:43	00:07:28.24	00:07:28.24	4:38	12.9
42	KARNICKI ZYGMUNT	430	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	42	M 42	00:00:04	00:01:48	00:03:46	00:05:47	00:07:43.07	00:07:43.07	4:47	12.5
43	GAWROŃSKI PAWEŁ	480		KOSZALIN	POL	M-OPEN	43	M 43	00:00:06	00:01:47	00:03:53	00:06:24	00:08:36.13	00:08:36.13	5:20	11.2
44	CICHOSZ JERZY	408		KOSZALIN	POL	M-OPEN	44	M 44	00:00:05	00:02:12	00:04:23	00:06:37	00:08:47.69	00:08:47.69	5:27	11
45	KARNICKI ARTUR	422		KOSZALIN	POL	M-OPEN	45	M 45	00:00:08	00:02:47	00:05:18	00:07:43	00:09:56.79	00:09:56.79	6:10	9.7
46	BARTNIK MARIAN	490	TKKF KOSZALIN	KOSZALIN	POL	M-OPEN	46	M 46	00:00:07	00:03:26	00:06:57	00:10:29	00:14:04.82	00:14:04.82	8:44	6.9
47	LINOWIECKI CEZARY	431	BAŁTYK KOSZALIN	KOSZALIN	POL	M-OPEN	47	M 47	00:00:03	00:01:24	00:02:51				3:31	17.1