

TRIATHLONOWA CZWÓRKA

Organizator: MCL SPORT
 Data: 2019-08-25
 Miejsce: Frombork
 Dystans: 44.4 km
 Klasyfikacja wg czasów brutto.


TRIATHLONOWA CZWÓRKA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.3km	T1	Rower 39.9km	T2	Bieg 3.9km	Kar/Bon	Netto	Brutto
1	GWIZDAŁA KAROL	403	SPORTEVO / ADVA OPTICAL NETWORKING	GDAŃSK	POL	M20/M30	1	M 1	00:08:53 (2)	00:00:45	01:04:09 (1)	00:00:43	00:18:09 (5)		01:32:39.60	01:32:39.60
2	LEWANDOWSKI TOMASZ	418		BYDGOSZCZ	POL	M20/M30	2	M 2	00:09:00 (3)	00:01:03	01:12:00 (2)	00:00:44	00:16:29 (2)		01:39:16.45	01:39:16.45
3	KUŚKA ADAM	409	AZS AWF KATOWICE / YNOTRENER	RYBNIK	POL	M20/M30	3	M 3	00:08:31 (1)	00:00:52	01:14:12 (3)	00:00:32	00:15:58 (1)	00:05:00	01:40:05.00	01:40:05.00
4	URBANIAK DANIEL	415		GDYNIA	POL	M40	1	M 4	00:11:49 (13)	00:02:00	01:15:34 (4)	00:01:03	00:16:55 (3)		01:47:21.50	01:47:21.50
5	JABLONOWSKI WOJCIECH	404	TEAM KARASZ ELBLĄG	ELBLĄG	POL	M40	2	M 5	00:11:37 (11)	00:01:27	01:18:53 (5)	00:00:52	00:18:07 (4)		01:50:56.70	01:50:56.70
6	BOGDAŃSKI ŁUKASZ	401	REFINITIV TRIATHLON TEAM	GDYNIA	POL	M20/M30	4	M 6	00:10:41 (6)	00:01:36	01:23:12 (8)	00:00:56	00:19:34 (6)		01:55:59.25	01:55:59.25
7	WOJTOWICZ JAROSŁAW	416		ELBLĄG	POL	M20/M30	5	M 7	00:09:43 (4)	00:02:28	01:21:13 (6)	00:01:16	00:22:19 (11)		01:56:59.15	01:56:59.15
8	KARABIN PAWEŁ	406		GDAŃSK	POL	M40	3	M 8	00:11:22 (10)	00:01:01	01:22:15 (7)	00:01:03	00:21:49 (9)		01:57:30.10	01:57:30.10
9	PAWŁAK DEZYDERIA	412	CTS	GDYNIA	POL	K20/K30	1	K 1	00:10:19 (5)	00:01:59	01:28:20 (9)	00:01:09	00:20:56 (7)		02:02:43.45	02:02:43.45
10	GAZARKIEWICZ ANTONI	402	BHMW_GDYNIA	GDAŃSK	POL	M50/M60	1	M 9	00:12:03 (16)	00:03:02	01:28:30 (10)	00:02:44	00:22:40 (12)		02:08:59.25	02:08:59.25
11	JASZCZUK JAROSŁAW	405		BRANIEWO	POL	M40	4	M 10	00:10:54 (8)	00:01:50	01:36:10 (14)	00:01:31	00:21:29 (8)		02:11:54.90	02:11:54.90
12	KOWALEWSKA DARIA	407		GDAŃSK	POL	K20/K30	2	K 2	00:10:55 (9)	00:01:56	01:32:49 (11)	00:01:06	00:25:10 (15)		02:11:56.05	02:11:56.05
13	ZYHATYŃSKI MACIEJ	417	WILANOW	WARSZAWA	POL	M50/M60	2	M 11	00:11:56 (15)	00:02:36	01:33:25 (12)	00:02:06	00:23:26 (14)		02:13:29.05	02:13:29.05
14	PAWŁOWSKA BASIA	413		GDYNIA	POL	K20/K30	3	K 3	00:10:43 (7)	00:02:06	01:36:09 (13)	00:01:28	00:23:24 (13)		02:13:50.50	02:13:50.50
15	UCIECHOWSKI SŁAWOMIR	414		MALBORK	POL	M50/M60	3	M 12	00:12:31 (17)	00:03:20	01:38:11 (15)	00:01:34	00:26:26 (16)		02:22:02.45	02:22:02.45
16	MICHAŁSKI PRZEMYSŁAW	411	2 MORSKI PUŁK STRZELCÓW	GDAŃSK	POL	M40	5	M 13	00:11:39 (12)	00:02:02	01:50:33 (17)	00:00:58	00:22:12 (10)		02:27:24.40	02:27:24.40
17	KOWALEWSKI DARIUSZ	408		GDAŃSK	POL	M50/M60	4	M 14	00:11:52 (14)	00:02:37	01:47:36 (16)	00:02:04	00:31:56 (17)		02:36:05.40	02:36:05.40
0	GWIZDAŁA KAROL	403	SPORTEVO / ADVA OPTICAL NETWORKING	GDAŃSK	POL	M20/M30	1	M 1	00:08:53	00:00:45	01:04:09	00:00:43	00:18:09		01:32:39.60	01:32:39.60
1	LEWANDOWSKI TOMASZ	418		BYDGOSZCZ	POL	M20/M30	2	M 2	00:09:00	00:01:03	01:12:00	00:00:44	00:16:29		01:39:16.45	01:39:16.45
2	KUŚKA ADAM	409	AZS AWF KATOWICE / YNOTRENER	RYBNIK	POL	M20/M30	3	M 3	00:08:31	00:00:52	01:14:12	00:00:32	00:15:58	00:05:00	01:40:05.00	01:40:05.00
3	URBANIAK DANIEL	415		GDYNIA	POL	M40	1	M 4	00:11:49	00:02:00	01:15:34	00:01:03	00:16:55		01:47:21.50	01:47:21.50
4	JABLONOWSKI WOJCIECH	404	TEAM KARASZ ELBLĄG	ELBLĄG	POL	M40	2	M 5	00:11:37	00:01:27	01:18:53	00:00:52	00:18:07		01:50:56.70	01:50:56.70
5	BOGDAŃSKI ŁUKASZ	401	REFINITIV TRIATHLON TEAM	GDYNIA	POL	M20/M30	4	M 6	00:10:41	00:01:36	01:23:12	00:00:56	00:19:34		01:55:59.25	01:55:59.25
6	WOJTOWICZ JAROSŁAW	416		ELBLĄG	POL	M20/M30	5	M 7	00:09:43	00:02:28	01:21:13	00:01:16	00:22:19		01:56:59.15	01:56:59.15
7	KARABIN PAWEŁ	406		GDAŃSK	POL	M40	3	M 8	00:11:22	00:01:01	01:22:15	00:01:03	00:21:49		01:57:30.10	01:57:30.10
8	PAWŁAK DEZYDERIA	412	CTS	GDYNIA	POL	K20/K30	1	K 1	00:10:19	00:01:59	01:28:20	00:01:09	00:20:56		02:02:43.45	02:02:43.45
9	GAZARKIEWICZ ANTONI	402	BHMW_GDYNIA	GDAŃSK	POL	M50/M60	1	M 9	00:12:03	00:03:02	01:28:30	00:02:44	00:22:40		02:08:59.25	02:08:59.25
10	JASZCZUK JAROSŁAW	405		BRANIEWO	POL	M40	4	M 10	00:10:54	00:01:50	01:36:10	00:01:31	00:21:29		02:11:54.90	02:11:54.90
11	KOWALEWSKA DARIA	407		GDAŃSK	POL	K20/K30	2	K 2	00:10:55	00:01:56	01:32:49	00:01:06	00:25:10		02:11:56.05	02:11:56.05
12	ZYHATYŃSKI MACIEJ	417	WILANOW	WARSZAWA	POL	M50/M60	2	M 11	00:11:56	00:02:36	01:33:25	00:02:06	00:23:26		02:13:29.05	02:13:29.05
13	PAWŁOWSKA BASIA	413		GDYNIA	POL	K20/K30	3	K 3	00:10:43	00:02:06	01:36:09	00:01:28	00:23:24		02:13:50.50	02:13:50.50
14	UCIECHOWSKI SŁAWOMIR	414		MALBORK	POL	M50/M60	3	M 12	00:12:31	00:03:20	01:38:11	00:01:34	00:26:26		02:22:02.45	02:22:02.45
15	MICHAŁSKI PRZEMYSŁAW	411	2 MORSKI PUŁK STRZELCÓW	GDAŃSK	POL	M40	5	M 13	00:11:39	00:02:02	01:50:33	00:00:58	00:22:12		02:27:24.40	02:27:24.40
16	KOWALEWSKI DARIUSZ	408		GDAŃSK	POL	M50/M60	4	M 14	00:11:52	00:02:37	01:47:36	00:02:04	00:31:56		02:36:05.40	02:36:05.40

TRIATHLONOWA CZWÓRKA, OPEN - K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.3km	T1	Rower 39.9km	T2	Bieg 3.9km	Kar/Bon	Netto	Brutto
1	PAWŁAK DEZYDERIA	412	CTS	GDYNIA	POL	K20/K30	1	K 1	00:10:19	00:01:59	01:28:20	00:01:09	00:20:56		02:02:43.45	02:02:43.45
2	KOWALEWSKA DARIA	407		GDAŃSK	POL	K20/K30	2	K 2	00:10:55	00:01:56	01:32:49	00:01:06	00:25:10		02:11:56.05	02:11:56.05
3	PAWŁOWSKA BASIA	413		GDYNIA	POL	K20/K30	3	K 3	00:10:43	00:02:06	01:36:09	00:01:28	00:23:24		02:13:50.50	02:13:50.50

TRIATHLONOWA CZWÓRKA, OPEN - M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.3km	T1	Rower 39.9km	T2	Bieg 3.9km	Kar/Bon	Netto	Brutto
1	GWIZDAŁA KAROL	403	SPORTEVO / ADVA OPTICAL NETWORKING	GDAŃSK	POL	M20/M30	1	M 1	00:08:53	00:00:45	01:04:09	00:00:43	00:18:09		01:32:39.60	01:32:39.60
2	LEWANDOWSKI TOMASZ	418		BYDGOSZCZ	POL	M20/M30	2	M 2	00:09:00	00:01:03	01:12:00	00:00:44	00:16:29		01:39:16.45	01:39:16.45
3	KUŚKA ADAM	409	AZS AWF KATOWICE / YNOTRENER	RYBNIK	POL	M20/M30	3	M 3	00:08:31	00:00:52	01:14:12	00:00:32	00:15:58	00:05:00	01:40:05.00	01:40:05.00
4	URBANIAK DANIEL	415		GDYNIA	POL	M40	1	M 4	00:11:49	00:02:00	01:15:34	00:01:03	00:16:55		01:47:21.50	01:47:21.50
5	JABŁONOWSKI WOJCIECH	404	TEAM KARAŚ ELBLĄG	ELBLĄG	POL	M40	2	M 5	00:11:37	00:01:27	01:18:53	00:00:52	00:18:07		01:50:56.70	01:50:56.70
6	BOGDAŃSKI ŁUKASZ	401	REFINITIV TRIATHLON TEAM	GDYNIA	POL	M20/M30	4	M 6	00:10:41	00:01:36	01:23:12	00:00:56	00:19:34		01:55:59.25	01:55:59.25
7	WOJTOWICZ JAROSŁAW	416		ELBLĄG	POL	M20/M30	5	M 7	00:09:43	00:02:28	01:21:13	00:01:16	00:22:19		01:56:59.15	01:56:59.15
8	KARABIN PAWEŁ	406		GDAŃSK	POL	M40	3	M 8	00:11:22	00:01:01	01:22:15	00:01:03	00:21:49		01:57:30.10	01:57:30.10
9	GAZARKIEWICZ ANTONI	402	BHMW_GDYNIA	GDAŃSK	POL	M50/M60	1	M 9	00:12:03	00:03:02	01:28:30	00:02:44	00:22:40		02:08:59.25	02:08:59.25
10	JASZCZUK JAROSŁAW	405		BRANIEWO	POL	M40	4	M 10	00:10:54	00:01:50	01:36:10	00:01:31	00:21:29		02:11:54.90	02:11:54.90
11	ZYHATYŃSKI MACIEJ	417	WILANOW	WARSZAWA	POL	M50/M60	2	M 11	00:11:56	00:02:36	01:33:25	00:02:06	00:23:26		02:13:29.05	02:13:29.05
12	UCIECHOWSKI SŁAWOMIR	414		MALBORK	POL	M50/M60	3	M 12	00:12:31	00:03:20	01:38:11	00:01:34	00:26:26		02:22:02.45	02:22:02.45
13	MICHAŁSKI PRZEMYSŁAW	411	2 MORSKI PUŁK STRZELCÓW	GDAŃSK	POL	M40	5	M 13	00:11:39	00:02:02	01:50:33	00:00:58	00:22:12		02:27:24.40	02:27:24.40
14	KOWALEWSKI DARIUSZ	408		GDAŃSK	POL	M50/M60	4	M 14	00:11:52	00:02:37	01:47:36	00:02:04	00:31:56		02:36:05.40	02:36:05.40

TRIATHLONOWA CZWÓRKA, Mieszkancka Fromborka

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.3km	T1	Rower 39.9km	T2	Bieg 3.9km	Kar/Bon	Netto	Brutto
1	PAWŁAK DEZYDERIA	412	CTS	GDYNIA	POL	K20/K30	1	K 1	00:10:19	00:01:59	01:28:20	00:01:09	00:20:56		02:02:43.45	02:02:43.45
2	KOWALEWSKA DARIA	407		GDAŃSK	POL	K20/K30	2	K 2	00:10:55	00:01:56	01:32:49	00:01:06	00:25:10		02:11:56.05	02:11:56.05
3	PAWŁOWSKA BASIA	413		GDYNIA	POL	K20/K30	3	K 3	00:10:43	00:02:06	01:36:09	00:01:28	00:23:24		02:13:50.50	02:13:50.50

TRIATHLONOWA CZWÓRKA, Mieszkaniec Fromborka

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.3km	T1	Rower 39.9km	T2	Bieg 3.9km	Kar/Bon	Netto	Brutto
1	GWIZDAŁA KAROL	403	SPORTEVO / ADVA OPTICAL NETWORKING	GDAŃSK	POL	M20/M30	1	M 1	00:08:53	00:00:45	01:04:09	00:00:43	00:18:09		01:32:39.60	01:32:39.60
2	LEWANDOWSKI TOMASZ	418		BYDGOSZCZ	POL	M20/M30	2	M 2	00:09:00	00:01:03	01:12:00	00:00:44	00:16:29		01:39:16.45	01:39:16.45
3	KUŚKA ADAM	409	AZS AWF KATOWICE / YNOTRENER	RYBNIK	POL	M20/M30	3	M 3	00:08:31	00:00:52	01:14:12	00:00:32	00:15:58	00:05:00	01:40:05.00	01:40:05.00
4	URBANIAK DANIEL	415		GDYNIA	POL	M40	1	M 4	00:11:49	00:02:00	01:15:34	00:01:03	00:16:55		01:47:21.50	01:47:21.50
5	JABŁONOWSKI WOJCIECH	404	TEAM KARAŚ ELBLĄG	ELBLĄG	POL	M40	2	M 5	00:11:37	00:01:27	01:18:53	00:00:52	00:18:07		01:50:56.70	01:50:56.70
6	BOGDAŃSKI ŁUKASZ	401	REFINITIV TRIATHLON TEAM	GDYNIA	POL	M20/M30	4	M 6	00:10:41	00:01:36	01:23:12	00:00:56	00:19:34		01:55:59.25	01:55:59.25
7	WOJTOWICZ JAROSŁAW	416		ELBLĄG	POL	M20/M30	5	M 7	00:09:43	00:02:28	01:21:13	00:01:16	00:22:19		01:56:59.15	01:56:59.15
8	KARABIN PAWEŁ	406		GDAŃSK	POL	M40	3	M 8	00:11:22	00:01:01	01:22:15	00:01:03	00:21:49		01:57:30.10	01:57:30.10

TRIATHLONOWA CZWÓRKA, Mieszkaniec Fromborka c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Kar/Bon	Netto	Brutto	
									0.3km								
									39.9km								
									3.9km								
9	GAZARKIEWICZ ANTONI	402	BHMW_GDYNIA	GDAŃSK	POL	M50/M60	1	M 9	00:12:03	00:03:02	01:28:30	00:02:44	00:22:40		02:08:59.25	02:08:59.25	
10	JASZCZUK JAROSŁAW	405		BRANIEWO	POL	M40	4	M 10	00:10:54	00:01:50	01:36:10	00:01:31	00:21:29		02:11:54.90	02:11:54.90	
11	ZYHATYNSKI MACIEJ	417	WILANOW	WARSZAWA	POL	M50/M60	2	M 11	00:11:56	00:02:36	01:33:25	00:02:06	00:23:26		02:13:29.05	02:13:29.05	
12	UCIECHOWSKI SŁAWOMIR	414		MALBORK	POL	M50/M60	3	M 12	00:12:31	00:03:20	01:38:11	00:01:34	00:26:26		02:22:02.45	02:22:02.45	
13	MICHAŁSKI PRZEMYSŁAW	411	2 MORSKI PUŁK STRZELCÓW	GDAŃSK	POL	M40	5	M 13	00:11:39	00:02:02	01:50:33	00:00:58	00:22:12		02:27:24.40	02:27:24.40	
14	KOWALEWSKI DARIUSZ	408		GDAŃSK	POL	M50/M60	4	M 14	00:11:52	00:02:37	01:47:36	00:02:04	00:31:56		02:36:05.40	02:36:05.40	

TRIATHLONOWA CZWÓRKA, K20/K30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Kar/Bon	Netto	Brutto	
									0.3km								
									39.9km								
									3.9km								
1	PAWLAK DEZYDERIA	412	CTS	GDYNIA	POL	K20/K30	1	K 1	00:10:19	00:01:59	01:28:20	00:01:09	00:20:56		02:02:43.45	02:02:43.45	
2	KOWALEWSKA DARIA	407		GDAŃSK	POL	K20/K30	2	K 2	00:10:55	00:01:56	01:32:49	00:01:06	00:25:10		02:11:56.05	02:11:56.05	
3	PAWŁOWSKA BASIA	413		GDYNIA	POL	K20/K30	3	K 3	00:10:43	00:02:06	01:36:09	00:01:28	00:23:24		02:13:50.50	02:13:50.50	

TRIATHLONOWA CZWÓRKA, M20/M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Kar/Bon	Netto	Brutto	
									0.3km								
									39.9km								
									3.9km								
1	GWIZDAŁA KAROL	403	SPORTEVO / ADVA OPTICAL NETWORKING	GDAŃSK	POL	M20/M30	1	M 1	00:08:53	00:00:45	01:04:09	00:00:43	00:18:09		01:32:39.60	01:32:39.60	
2	LEWANDOWSKI TOMASZ	418		BYDGOSZCZ	POL	M20/M30	2	M 2	00:09:00	00:01:03	01:12:00	00:00:44	00:16:29		01:39:16.45	01:39:16.45	
3	KUŚKA ADAM	409	AZS AWF KATOWICE / YNOTRENER	RYBNIK	POL	M20/M30	3	M 3	00:08:31	00:00:52	01:14:12	00:00:32	00:15:58	00:05:00	01:40:05.00	01:40:05.00	
4	BOGDAŃSKI ŁUKASZ	401	REFINITIV TRIATHLON TEAM	GDYNIA	POL	M20/M30	4	M 6	00:10:41	00:01:36	01:23:12	00:00:56	00:19:34		01:55:59.25	01:55:59.25	
5	WOJTOWICZ JAROSŁAW	416		ELBLĄG	POL	M20/M30	5	M 7	00:09:43	00:02:28	01:21:13	00:01:16	00:22:19		01:56:59.15	01:56:59.15	

TRIATHLONOWA CZWÓRKA, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Kar/Bon	Netto	Brutto	
									0.3km								
									39.9km								
									3.9km								
1	URBANIAK DANIEL	415		GDYNIA	POL	M40	1	M 4	00:11:49	00:02:00	01:15:34	00:01:03	00:16:55		01:47:21.50	01:47:21.50	
2	JABŁONOWSKI WOJCIECH	404	TEAM KARAS ELBLĄG	ELBLĄG	POL	M40	2	M 5	00:11:37	00:01:27	01:18:53	00:00:52	00:18:07		01:50:56.70	01:50:56.70	
3	KARABIN PAWEŁ	406		GDAŃSK	POL	M40	3	M 8	00:11:22	00:01:01	01:22:15	00:01:03	00:21:49		01:57:30.10	01:57:30.10	
4	JASZCZUK JAROSŁAW	405		BRANIEWO	POL	M40	4	M 10	00:10:54	00:01:50	01:36:10	00:01:31	00:21:29		02:11:54.90	02:11:54.90	
5	MICHAŁSKI PRZEMYSŁAW	411	2 MORSKI PUŁK STRZELCÓW	GDAŃSK	POL	M40	5	M 13	00:11:39	00:02:02	01:50:33	00:00:58	00:22:12		02:27:24.40	02:27:24.40	

TRIATHLONOWA CZWÓRKA, M50/M60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Kar/Bon	Netto	Brutto	
									0.3km								
									39.9km								
									3.9km								
1	GAZARKIEWICZ ANTONI	402	BHMW_GDYNIA	GDAŃSK	POL	M50/M60	1	M 9	00:12:03	00:03:02	01:28:30	00:02:44	00:22:40		02:08:59.25	02:08:59.25	
2	ZYHATYNSKI MACIEJ	417	WILANOW	WARSZAWA	POL	M50/M60	2	M 11	00:11:56	00:02:36	01:33:25	00:02:06	00:23:26		02:13:29.05	02:13:29.05	
3	UCIECHOWSKI SŁAWOMIR	414		MALBORK	POL	M50/M60	3	M 12	00:12:31	00:03:20	01:38:11	00:01:34	00:26:26		02:22:02.45	02:22:02.45	
4	KOWALEWSKI DARIUSZ	408		GDAŃSK	POL	M50/M60	4	M 14	00:11:52	00:02:37	01:47:36	00:02:04	00:31:56		02:36:05.40	02:36:05.40	