

JASTRZĘBSKA DZIESIĄTKA

Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

Data: 2019-09-21

Miejsce: Jastrzębie-Zdrój

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 6 miejsc wg czasu brutto



JASTRZĘBSKA DZIESIĄTKA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KOSGEI MATHEW	981		ELDORET	KEN	M20-29	1	M 1		00:08:43	00:14:55	00:22:02	00:28:10	00:29:58.35	00:29:59.85	2:59	20
2	CHERUTICH NELSON KIPKOGEI	982		ELDORET	KEN	M20-29	2	M 2		00:08:45	00:14:55	00:22:04	00:28:19	00:30:10.10	00:30:10.95	3:01	19.9
3	KIBIRE MOSES KIPRUTO	335	BENEDEK-TEAM		KEN	M30-39	1	M 3		00:08:44	00:14:55	00:22:12	00:28:36	00:30:25.95	00:30:27.10	3:02	19.7
4	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
5	WAMBUA ELIJAH MUTUKU	983		ELDORET	KEN	M20-29	4	M 5		00:08:44	00:14:56	00:22:36	00:29:24	00:31:23.40	00:31:24.35	3:08	19.1
6	CIEPŁAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
7	CHEMUTAI JOYLINE	984		ELDORET	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9
8	MBATHA RUTH NUNDU	985		ELDORET	KEN	K20-29	2	K 2		00:09:54	00:16:51	00:24:57	00:32:02	00:34:08.10	00:34:09.00	3:24	17.6
9	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
10	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
11	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
12	MICHALAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
13	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
14	DROŹDŹ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
15	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
16	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
17	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
18	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
19	SZRENIAWA PAWEŁ	406		MYŚLOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
20	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
21	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
22	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
23	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
24	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
25	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
26	HATALA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
27	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
28	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
29	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
30	URBANIAK WITEK	407		CZECHOWICE- DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
31	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
32	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
33	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
34	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
35	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
36	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
37	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
38	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
39	JASICA MATEUSZ	371		ŚLAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
40	DUŻNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
41	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
42	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
43	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
44	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
45	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
46	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
47	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
48	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
49	KAŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
50	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
51	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
52	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
53	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
54	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
55	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
56	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
57	NOGA KRYSZTIAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
58	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
59	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
60	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
61	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
62	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
63	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
64	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
65	MAROSZEK SZYMON	480		RYBNIK	POL	M30-39	27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
66	FURMAN DAWID	438		BŁAŻEJOWICE	POL	M30-39	28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
67	NIESŁONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIESŁONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
68	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
69	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
70	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
71	GRUDZIĘŃ KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
72	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
73	TRAFIAŁEK MIŁOSZ	528		KATOWICE	POL	M30-39	29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
74	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
75	ŚLĘZAK SYLWIA	4		CZĘSTOCHOWA	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
76	KAWCZYŃSKI RADOSŁAW	457		SOSNOWIEC	POL	M30-39	30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
77	STUCHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
78	WANTULOK PAWEŁ	531		CIESZYN	POL	M20-29	17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3
79	OLBRICH ARTUR	391		TWORKÓW	POL	M30-39	32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
80	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
81	KILJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
82	BIAŁOŻYT MICHAŁ	422		KAMESZNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
83	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
84	BEZUCH PAWEŁ	421		WODZISŁAW ŚLĄSKI	POL	M20-29	18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1
85	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
86	WOLNY ARIEL	535		ŁUKÓW ŚLĄSKI	POL	M30-39	33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
87	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
88	SKIBA RYSZARD	517		RACIBÓRZ	POL	M40-49	15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
89	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
90	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÓRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
91	LORANC MACIEJ	473		BIELSKO-BIAŁ A	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
92	PAGIEŁA ŁUKASZ	497		POGÓRZE	POL	M30-39	36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
93	KNAPEK ŁUKASZ	603		SIEMIANOWIC E ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
94	SURWIŁO SANDRO	521		TYCHY	POL	M30-39	37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
95	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
96	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
97	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
98	BORCHERT MARCIN	425		ŚWIĘTOCHŁO WICE	POL	M30-39	38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
99	HEJNA MICHAŁ	587		SKRZYSZÓW	POL	M30-39	39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
100	RYCHCZYŃSKI JONATAN	512		WODZISŁAW ŚLĄSKI	POL	M20-29	22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
101	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
102	SPYRKA PIOTR	518		JASTRZĘBIE ZDRÓJ	POL	M30-39	41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
103	MARCZAK PIOTR	478		STRZYŻÓW	POL	M30-39	42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
104	MALINOWSKI KRZYSZTOF	386		GIŁOWICE	POL	M50-59	6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
105	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
106	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
107	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
108	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
109	RESPONDEK LESZEK	673		ŻORY	POL	M30-39	43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
110	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
111	DYBCZYŃSKA JADWIGA	16		GÓRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
112	WOWRY GRZEGORZ	409		CIESZYN	POL	M30-39	45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
113	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
114	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
115	TOKAREWICZ DAMIAN	525		ZEBRZYDOWI CE	POL	M30-39	46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6
116	MARTOWSKI PRZEMYSŁAW	481		ZABRZE	POL	M30-39	47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
117	WRZECIONKOWSKI ADRIAN	536		TYCHY	POL	M30-39	48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
118	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
119	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
120	PALKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
121	HANKUS ŁUKASZ	447		ŻYWIEC	POL	M30-39	50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
122	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
123	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
124	MROWIEC BERNARD	640		TWORKÓW	POL	M50-59	8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
125	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
126	BEREZOWSKI TOMASZ	419		KATOWICE	POL	M30-39	51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
127	NIEŚLONY DOMINIK	389		KOZŁOWICE	POL	M20-29	25	M 112	NIEŚLONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
128	GLAJCAR TOMASZ	582		HARBUTOWIC E	POL	M40-49	23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
129	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
130	PLEWNI DAWID	661		GOGOŁOWA	POL	M20-29	26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
131	PRZYBYŁA TADEUSZ	805		GOŁKOWICE	POL	M30-39	52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
132	PALIGA RAFAŁ	498		TOPOROWICE	POL	M40-49	24	M 107		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4
133	PIĄTOWSKI ANDRZEJ	501		ŁODYGOWICE	POL	M50-59	10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
134	KRUK TOMASZ	462		NYSA	POL	M30-39	53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
135	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
136	TOMCZYK MAURYCY	527		KRAKÓW	POL	M30-39	54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
137	KUŚ TOMASZ	466		MARKŁOWICE	POL	M30-39	55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
138	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
139	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
140	ROEHRICH KRZYSZTOF	509		ŁĄKA	POL	M30-39	56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
141	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
142	ŻUKROWSKI KRZYSZTOF	718		KACZYCE	POL	M30-39	57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
143	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-Z DRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
144	KAWECKI STANISŁAW	601		CIESZYN	POL	M40-49	27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
145	TŁOŁKA MICHAŁ	524		ŻORY	POL	M30-39	58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
146	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
147	BARAN BARTOSZ	417		RACIBÓRZ	POL	M20-29	28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
148	DEJEWSKI JAKUB	433		JASTRZĘBIE-Z DRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
149	GADAJ GRZEGORZ	439		RADLIN	POL	M30-39	60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
150	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
151	ŁATKA ŁUKASZ	626		RYBNIK	POL	M30-39	61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
152	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
153	LAZAR DAMIAN	624		ŻORY	POL	M30-39	62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
154	KUSY RAFAŁ	622		SKOCZÓW	POL	M40-49	28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
155	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
156	ORŁOWSKI GRZEGORZ	646		MAZAŃCOWIC E	POL	M40-49	30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
157	KANCLERZ TOMASZ	455		RACIBÓRZ	POL	M40-49	31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
158	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-Z DRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
159	TOMCZYK LESŁAW	526		CIESZYN	POL	M50-59	13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
160	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
161	WOJCIECHOWSKI MARCIN	833		RADLIN	POL	M30-39	63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
162	SIKORA STEFAN	516		BIELSKO BIALA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
163	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
164	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLĄSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
165	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
166	DUDZIK SEBASTIAN	568		MAZAŃCOWIC E	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
167	OGIERMAN GRZEGORZ	494		CIESZYŃ	POL	M40-49	34	M 147	OLZA CIESZYŃ	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
168	MĘŻYK MATIK	635		ŁAZISKA	POL	M30-39	66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14
169	MICHALSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
170	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
171	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
172	BUĆKO MARCIN	553		JASTRZĘBIE-Z DRÓJ	POL	M40-49	36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
173	GRZONKA ANDRZEJ	446		JASTRZĘBIE-Z DROJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
174	KNYPS ADAM	761		SKOCZÓW	POL	M40-49	38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
175	SZAREK KRZYSZTOF	522		JASIEŃCA 953	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
176	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
177	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
178	ANTONCZYK ADAM	544		JASTRZĘBIE ZDROJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
179	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
180	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
181	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
182	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
183	MUSZEWSKI BARTŁOMIEJ	642		WODZISŁAW ŚLĄSKI	POL	M40-49	42	M 162	FORMA WODZISŁAW ŚLĄSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
184	GLINIECKI BARTŁOMIEJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
185	WIELOPOLSKI MICHAŁ	532		BIELSKO-BIAŁ A	POL	M16-19	7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
186	PAPUGA DARIUSZ	652		JAWISZOWICE	POL	M50-59	16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8
187	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
188	GIGOŃ DARIUSZ	442		JAWORZNO	POL	M50-59	18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
189	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
190	SMYCZEK BARTOSZ	898		RYBNIK	POL	M30-39	71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
191	BIELA RAFAŁ	423		ŻORY	POL	M40-49	44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
192	DOBROWOLSKI SŁAWEK	435		WARSZAWA	POL	M50-59	19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
193	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
194	RZEPczyński WIESŁAW	677		RACIBÓRZ	POL	M70+	2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
195	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-Z DRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
196	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
197	KĄKOL RYSZARD	458		BIELSKO-BIAŁ A	POL	M60-69	3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
198	GAUDYN ANDRZEJ	440		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
199	DANKIEWICZ MICHAŁ	432		CZECHOWICE- DZIEDZICE	POL	M30-39	73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZI CE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
200	GRUDZIŃSKI RADOSŁAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
201	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
202	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
203	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
204	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
205	BAC MICHAŁ	545		JASTRZĘBIE-Z DRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
206	WYREMBELSKI ADAM	713		JASTRZĘBIE-Z DRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
207	PRZYBYSZ RYSZARD	667		ŻORY	POL	M50-59	20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
208	BURYBA JACEK	557		JASTRZĘBIE-Z DRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
209	MAŁECKI JACEK	631		LIGOTA	POL	M30-39	77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
210	STROF MARCIN	683		SYRYNIA	POL	M30-39	78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
211	UCIEKŁAK WALDEMAR	529		CZĘSTOCHOWA	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
212	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
213	PRZELIÓRZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
214	PRZELIÓRZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
215	PAWLAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
216	KUSTRA JÓZEF	771		JASTRZĘBIE-Z DRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
217	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
218	BALICKI PIOTR	546		MYSŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
219	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
220	GÓRNY MIREK	367		BIELSKO-BIAŁA	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
221	OPUHLIK ROMAN	495		ŚWIĘTOCHŁOWICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5
222	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
223	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
224	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
225	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
226	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
227	POŁEDNIK TOMASZ	502		WODZISŁAW ŚLĄSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
228	WIERCIOCH TOMASZ	706		KĘDZIERZYN-KOŹLE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
229	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
230	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
231	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
232	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLĄSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4
233	RĘBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
234	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
235	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
236	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
237	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
238	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
239	NYKIEL MARIUSZ	492		MYSŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
240	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁA	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
241	PIŁATOWSKI MIROSŁAW	660		JASTRZĘBIE-ZDRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
242	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
243	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
244	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
245	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
246	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
247	FROSZTĘGA DANIEL	574		JASTRZĘBIE-ZDRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
248	GÓRECKI WOJCIECH	744		CZERWIONKA-LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
249	BORYCZKA SZYMON	426		MIEDZYRZECZE	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
250	ONAK PAWEŁ	645		JASTRZĘBIE-ZDRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
251	JANECKI MATEUSZ	591		JASTRZĘBIE-ZDRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
252	MIKA ŁUKASZ	637		JASTRZĘBIE-ZDRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
253	KIEPIELA DAWID	941		JASTRZĘBIE-ZDRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
254	DOCZEKALSKI JAREK	565		JASTRZĘBIE-ZDRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
255	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
256	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIEŚŁONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
257	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
258	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANICKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
259	ŻELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
260	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
261	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-ZDRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
262	MALIK RAFAŁ	385		JASTRZEBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
263	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
264	OGRODNIK DAMIAN	644		JASTRZĘBIE-ZDRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
265	TYTKO BARTŁOMEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
266	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁA	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
267	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
268	PIECHOCKI PIOTR	656		JASTRZĘBIE-ZDRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
269	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
270	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
271	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
272	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
273	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
274	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE-DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
275	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
276	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
277	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
278	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
279	WALA MAREK	823		JASTRZĘBIE-Z DRÓJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
280	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
281	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁ A	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
282	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
283	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
284	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
285	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
286	JEZERSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
287	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
288	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
289	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:13:53	00:24:07	00:34:53	00:44:08	00:46:37.05	00:46:57.70	4:39	12.9
290	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
291	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
292	LELENIEWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
293	KURTO GRZEGORZ	621		BIELSKO-BIAŁ A	POL	M40-49	72	M 265		00:13:45	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
294	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
295	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
296	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
297	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
298	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
299	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
300	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
301	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
302	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
303	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
304	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
305	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
306	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
307	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
308	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
309	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
310	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
311	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
312	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
313	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
314	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
315	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
316	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
317	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
318	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
319	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6
320	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
321	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
322	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
323	STUCHLIK MAGDALENA	105		JARZĄBKOWIC E	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
324	KOŹMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6
325	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
326	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
327	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
328	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
329	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
330	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
331	OLSZYNA MIROSLAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
332	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
333	MROCZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
334	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
335	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
336	ZAJĄC ANNA	109		ZEBRZYDOWI CE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
337	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
338	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
339	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
340	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
341	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLĄSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
342	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
343	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
344	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
345	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
346	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
347	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
348	URGACZ MIROSLAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
349	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
350	WASILEWSKI MATEUSZ	702		JASTRZEBIE-Z DROJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
351	KONDZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
352	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
353	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4
354	WAWRÓW MIROSLAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
355	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
356	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
357	PASTWA GRZEGORZ	653		JASIENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
358	SKĘCZEK ARKADIUSZ	680		GIŁOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
359	CIEZAK-RAUSZER MAGDALENA	63		JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
360	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
361	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
362	SIKORA MAGDALENA	177		CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
363	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
364	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3
365	MAZUREK ANNA	92		BIELSKO-BIAŁA	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3
366	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
367	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
368	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
369	WISEŁKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3
370	PAWŁOK ANNA	47		KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
371	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
372	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
373	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
374	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
375	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
376	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
377	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
378	GAWŁAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
379	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
380	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
381	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
382	BURNAGIEL TOMASZ	556		CZERWIONKA- LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
383	SIKORA ALICJA	53		BIELSKO BIAŁA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
384	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
385	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
386	GIERULA ARTUR	740		DZIEGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
387	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
388	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
389	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
390	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
391	DOMAGAŁA KORNELIA	64		RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
392	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
393	SZEREDA ROBERT	687		JASTRZĘBIE-Z DRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
394	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWI CE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1
395	LERCH BOŻENA	86		JASTRZĘBIE-Z DRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
396	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
397	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
398	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
399	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
400	LEISZNER IZABELA	38		BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
401	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
402	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
403	KORBUS PIOTR	764		GOLESZÓW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
404	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
405	JANKO KAMIL	751		MIĘDZYRZECZ E	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
406	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
407	ŚPIEWAK MAREK	691		BUCKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
408	BRZOZOWSKA TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
409	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
410	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
411	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
412	WÓJCIK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-Z DRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
413	ZELENT KAROLINA	201		JASTRZĘBIE-Z DRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
414	POŁEĆ KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
415	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
416	SZCZECH KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
417	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
418	JAKUBOWSKA MAŁGORZATA	134		PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
419	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
420	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁA	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
421	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
422	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
423	GANDZEL SZYMON	581		MAZAŃCOWICE	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
424	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
425	KAZIMIERCZUK MONIKA	78		KĘDZIERZYN-KOŹLE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
426	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
427	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
428	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
429	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
430	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
431	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
432	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
433	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-Z DRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
434	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
435	GWIZDAŁA JOANNA	129		JASTRZĘBIE-Z DRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
436	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
437	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
438	GNAŚ ANNA	71		JASTRZĘBIE-Z DRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
439	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
440	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-Z DRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
441	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
442	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
443	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
444	POŁOMSKI JERZY	887		JASTRZĘBIE-Z DRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
445	SOLICH OLA	104		RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
446	HELIOSZ AGNIESZKA	72		KROSTOSZOW ICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
447	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
448	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
449	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
450	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
451	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
452	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
453	CANIBOL ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
454	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
455	NOWAK AGNIESZKA	96		JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
456	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
457	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
458	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392	JASTRZĘBIE-ŻORY	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
459	SICH-ŚWITAŁA MAŁGORZATA	52		KROSTOSZOW ICE	POL	K40-49	10	K 65	OLZA CIESZYN	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
460	MALIK ALICJA	89		BEŁK	POL	K20-29	16	K 66	KOSZULKA HYNIA	00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
461	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWICE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
462	KIPPING MAGDALENA	140		BIELSKO-BIAŁA	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
463	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
464	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
465	WIEJACZ WIEJACZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
466	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5
467	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
468	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5
469	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
470	WILCZOK DANIEL	831		WODZISŁAW ŚLĄSKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
471	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
472	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
473	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
474	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
475	ĆMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
476	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
477	PASŁAWSKA KATARZYNA	795		JASTRZEBIE ZDROJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
478	KAWIK JANUSZ	759		ZEBRZYDOWICE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
479	KIELKOWSKA MARIA	79		PSZCZYNA	POL	K30-39	34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
480	PAWEŹOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
481	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
482	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
483	POPEK BARBARA	49		JASTRZĘBIE-ZDRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
484	STOCHNIJ KATARZYNA	183		CHORZÓW	POL	K30-39	35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
485	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
486	GORZELAK JOANNA	125		JASTRZĘBIE-ZDRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
487	CHROBOK JÓZEFA	114		CIESZYN	POL	K40-49	15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
488	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-ZDRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
489	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
490	OBROK MARTA	164		WILAMOWICE	POL	K40-49	17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
491	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
492	KLEJNOWSKA KATARZYNA	80		GLIWICE	POL	K30-39	37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
493	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-ZDRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
494	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
495	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
496	PAJESTKA KATARZYNA	97		RUDA ŚLĄSKA	POL	K40-49	18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
497	NOWAK PATRYK	786		JASTRZĘBIE-ZDRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
498	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
499	DURAJ MAGDALENA	119		BYSTRA	POL	K30-39	38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
500	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
501	PYTEL RENATA	100		PIELGRZYMO WICE	POL	K50-59	5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
502	SLADECZEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
503	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
504	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-ZDRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
505	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
506	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
507	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
508	BURAKOWSKA MAŁGORZATA	62		SOSNOWIEC	POL	K40-49	19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
509	LYSKO AGNIESZKA	88		DĄBROWA GÓRNICZA	POL	K30-39	39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
510	BOROWSKA ANETA	215		SOSNOWIEC	POL	K30-39	40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
511	JASIŃSKI KRZYSZTOF	858		BÓJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
512	SKĘCZEK MARCIN	811		CZECHOWICE-DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2
513	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
514	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
515	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
516	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
517	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
518	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
519	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
520	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
521	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
522	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
523	KULA RADOSŁAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1
524	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
525	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
526	GATNER AGNIESZKA	237		JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA)	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
527	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
528	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
529	HERUD MAGDALENA	73		PIETROWICE WIELKIE	POL	K30-39	41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
530	PRZYBYSZ KINGA	170		ŻORY	POL	K20-29	19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
531	ŁATKA DOROTA	264		ŻORY	POL	K40-49	21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
532	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
533	GMYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
534	RYBKA SONIA	297		CHRZANÓW	POL	K30-39	42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
535	BRZUSKA KASIA	113		CIESZYN	POL	K40-49	22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
536	DONOCIK BOGUSŁAWA	230		CIESZYN	POL	K40-49	23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
537	MRÓGAŁA EWA	158		CISOWNICA	POL	K30-39	43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
538	PRZYBYŁA KRYSZTIAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
539	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
540	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
541	LIPKA EDYTA	39		JASTRZĘBIE-Z DRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
542	MALINOWSKA ANETA	153		CIESZYN	POL	K40-49	24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
543	MARCZAK-OLEJNICZAK ANNA	154		TARNOWSKIE GÓRY	POL	K30-39	45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
544	OGERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
545	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
546	JĘDRYKA PATRYCJA	246		JASTRZĘBIE-Z DRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
547	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
548	NALEWAJKA WIOLETA	45		JASTRZĘBIE-Z DRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
549	KIEŁKOWSKA AGNIESZKA	138		JASTRZĘBIE-Z DRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
550	MUSIAŁ MARIA	159		JASTRZĘBIE-Z DRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
551	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
552	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
553	GENSTY KLAUDIA	69		LUBOMIA	POL	K40-49	28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
554	URBAINSKA ILONA	190		ŁĘG	POL	K30-39	47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
555	GÓRA MARTA	126		JASTRZĘBIE ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11
556	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
557	PRZESÓR BARBARA	169		BRZEZINKA	POL	K30-39	49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
558	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
559	CHYTROSZEK ELEONORA	115		ROGÓW	POL	K40-49	29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9
560	PAJĄK PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
561	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
562	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁA	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
563	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
564	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
565	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
566	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
567	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
568	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
569	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
570	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
571	WICKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
572	RAŻNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
573	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
574	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
575	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
576	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
577	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
578	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDRÓJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
579	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
580	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
581	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8
582	DĄBROWSKA-PALUCH ANNA	227		TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
583	MELER EWELINA	155		KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
584	JAGODZIŃSKA MAGDALENA	133		WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
585	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
586	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
587	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
588	KWAŚNY EWA	259		BIELSKO-BIAŁA	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
589	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
590	NIEŚLAŃCZYK BARBARA	163		JASTRZĘBIE-Z DRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
591	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
592	WACHTARCYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
593	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
594	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
595	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
596	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
597	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
598	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
599	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
600	WOLIŃSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
601	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
602	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
603	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
604	GAWĘŁCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
605	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
606	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
607	PĄNTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
608	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
609	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6
610	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
611	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
612	FOJCIK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
613	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
614	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
615	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
616	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
617	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
618	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
619	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
620	DRĄG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
621	DOBRA SZ BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
622	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
623	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5
624	FRAJHOFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
625	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
626	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
627	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
628	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
629	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
630	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
631	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4
632	ĆWIOK BARBARA	226		PANIÓWKI	POL	K40-49	44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
633	HEJNA IZABELA	243		RADLIN	POL	K40-49	45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
634	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
635	KUBICA PATRYCJA	84		CIESZYN	POL	K30-39	67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
636	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
637	PIECHOCKA JADWIGA	285		GLIWICE	POL	K40-49	46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
638	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
639	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
640	BOŚ NATALIA	216		JAWORZNO	POL	K30-39	68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
641	CHOLAJDA MONIKA	220		GOLKOWICE	POL	K30-39	69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
642	KOSOWSKA GRAZYNA	254		JASTRZĘBIE ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
643	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
644	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
645	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
646	NICER-OSIEWACZ MONIKA	161		OPATOW	POL	K20-29	27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
647	SIENIAWSKA JANINA	300		KĘDZIERZYN-KOŹLE	POL	K60-69	3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
648	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
649	JESIONEK MAŁGORZATA	136		IMIELIN	POL	K30-39	70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
650	WOLIŃSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
651	KOŁAK ALICJA	252		GLIWICE	POL	K30-39	71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
652	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
653	SAWICKA AGNIESZKA	298		JASTRZĘBIE-Z DRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
654	SZEFER SYLWIA	312		JASTRZĘBIE-Z DRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
655	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
656	MICUDA JAN	955		MYŚŁOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
657	LACHOWICZ IZABELA	260		RYBNIK-BOGU SZOWICE	POL	K20-29	28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2
658	SITKO DAGMARA	302		JASTRZĘBIE-Z DRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
659	ŚLEZIAK PAULINA	316		JASTRZĘBIE-Z DRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
660	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
661	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
662	KRAUZ SANDRA	146		JASTRZĘBIE-Z DRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
663	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
664	ŻEBROWSKA MATYLDA	333		MYŚŁOWICE	POL	K40-49	49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
665	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
666	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
667	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
668	MUSIOŁ HELENA	94		RYBNIK	POL	K40-49	50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
669	ROZMUS EWA	174		GÓRA	POL	K40-49	51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
670	STOPYRA AGNIESZKA	184		JASTRZĘBIE-Z DRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
671	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
672	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
673	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
674	JAKUBOWSKA AGNIESZKA	245		ŻORY	POL	K40-49	54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
675	SUBIK EDYTA	106		GLIWICE	POL	K30-39	74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
676	KUKLA AGATA	258		BRZESZCZE	POL	K30-39	75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
677	HANDY SAMANTA	34		KĘTY	POL	K30-39	76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
678	HETMANIOK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
679	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-Z DRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
680	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
681	MROWIEC EDYTA	274		RUDA ŚLĄSKA	POL	K20-29	33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
682	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
683	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
684	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
685	LISZOK IWONA	262		JASTRZĘBIE-Z DRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
686	GAŃKO GRAŻYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
687	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
688	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
689	ORŁOWSKA JOANNA	165		MAZAŃCOWICE	POL	K30-39	80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
690	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
691	SŁODZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
692	FECZKO LUCYNA	121		JASTRZĘBIE-Z DRÓJ	POL	K40-49	55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9
693	SZKATUŁA JADWIGA	185		TURZA ŚLĄSKA	POL	K20-29	35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
694	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
695	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
696	KĄLUS JOANNA	250		RYBNIK	POL	K40-49	56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
697	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
698	BARAN IRENA	58		JASTRZĘBIE-Z DRÓJ	POL	K50-59	10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
699	GABRUŚ IWONA	234		CZERWIONKA	POL	K40-49	57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
700	WALA ANNA	191		JASTRZĘBIE-Z DRÓJ	POL	K30-39	81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
701	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
702	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
703	GOIK AGNIESZKA	241		RADLIN	POL	K40-49	58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
704	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
705	WIECZOREK KLAUDIA	194		JASTRZĘBIE-Z DRÓJ	POL	K30-39	82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
706	WYSZYŃSKA KARINA	326		KIETRZ	POL	K30-39	83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7
707	CIEŚLA EDYTA	221		RYBNIK	POL	K40-49	59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
708	FOJCIK GABRIELA	233		RYBNIK	POL	K50-59	11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
709	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
710	ZIĘTARA AGATA	330		JASTRZĘBIE-Z DRÓJ	POL	K40-49	60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
711	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁA	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
712	WAWRZYK IWONA	322		CIESZYN	POL	K50-59	12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
713	PODLEŚNY JUSTYNA	290		ŻORY	POL	K40-49	61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
714	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
715	OLSZEWSKA DOROTA	280		JASTRZĘBIE ZDRÓJ	POL	K40-49	62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
716	PIPIRO GRAŻYNA	287		JASTRZĘBIE-Z DRÓJ	POL	K60-69	4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
717	REYMANN MILENA	172		JASTRZĘBIE-Z DRÓJ	POL	K30-39	84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
718	NIEDZIOŁKO BOŻENA	162		JASTRZĘBIE-Z DRÓJ	POL	K50-59	13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
719	ADAMCZAK RENATA	203		JASTRZĘBIE-Z DRÓJ	POL	K40-49	63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
720	GÓRNY JOLA	127		BIELSKO-BIAŁA	POL	K40-49	64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
721	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
722	TORZEWSKA SANDRA	188		WRZEŚNIA	POL	K20-29	36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
723	HERDUŚ LUCYNA	130		JASTRZĘBIE ZDRÓJ	POL	K30-39	85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
724	KALETA AGNIESZKA	249		BRZESZCZE	POL	K30-39	86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
725	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
726	WALESZ JOANNA	321		JAWORZNO	POL	K40-49	65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
727	BARTNIK JOANNA	208		JASTRZĘBIE-Z DRÓJ	POL	K40-49	66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
728	BRYCHCY ESTERA	112		PAWŁOWICE	POL	K30-39	87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
729	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
730	WIDENKA JOANNA	193		LUBOMIA	POL	K20-29	37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
731	PAJĄK MAŁGORZATA	283		JASTRZĘBIE ZDRÓJ	POL	K50-59	14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
732	BOŻEK DAGMARA	217		JASTRZĘBIE ZDRÓJ	POL	K40-49	67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
733	WÓJCIK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
734	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
735	KUBAS ALINA	256		JASTRZĘBIE-Z DRÓJ	POL	K40-49	68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
736	STEKLA-MAJER ANNA	309		SKOCZÓW	POL	K20-29	38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
737	STEKLA JOANNA	308		SKOCZÓW	POL	K50-59	15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
738	POŁOK ROBERT	801		BIELSKO-BIAŁA	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2
739	MOKRZYCKA JUSTYNA	273		KRAKÓW	POL	K30-39	88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
740	MULKA ULA	276		ŁĘDZINY	POL	K30-39	89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
741	WOJTOŃ-STAWICKA MAŁGORZATA	324		PAWŁOWICE	POL	K50-59	16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1
742	ŁUKASIK ALDONA	151		ŻORY	POL	K30-39	90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
743	GŁÓWCZYK IZABELLA	240		JASTRZĘBIE-Z DRÓJ	POL	K40-49	69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
744	SURY-WOLNIEWICZ KAMILA	310		JASTRZĘBIE-Z DRÓJ	POL	K40-49	70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1
745	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
746	STANUŁA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
747	TRAFIAŁEK MIROSŁAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
748	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
749	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
750	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
751	MAĆKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
752	MYSŁIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
753	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9
754	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
755	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
756	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚLONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
757	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWIC E ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
758	ŚLEDŹ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
759	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
760	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8
761	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
762	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
763	DZIĘCIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
764	PIOTROWSKI MIECZYŚLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
765	SLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
766	URBAŚ MONIKA	319		JASTRZĘBIE-Z DRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
767	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
768	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
769	MAĆKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
770	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
771	POKORA IZABELA	291		BIELSKO-BIAŁA	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
772	PYZIK BARBARA	296		JASTRZĘBIE-Z DRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
773	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
774	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3
775	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
776	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
777	KLACZEK ANNA	251		BUCZKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
778	MŁOCEK EWELINA	271		SAMBOROWICE	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
779	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
780	MAĆZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
781	MYSŁIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
782	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
783	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
784	ŻEBROWSKA WERONIKA	334		MYSŁOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
785	SZCZEGODZINSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5

JASTRZĘBSKA DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
786	WOLNIK JOLKA	325		LIGOTA KSIĘZYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6
787	SIKORA SARA	301		JASTRZEBIE ZDROJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
788	HUBA AGNIESZKA	244		JASTRZEBIE ZDROJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
789	LEDWON PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
790	KOŹMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
791	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
792	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8
793	ZIĘTARA PAULINA	331		JASTRZEBIE-Z DRÓJ	POL	K20-29	47	K 260									
794	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	CHEMUTAI JOYLINE	984		ELDORÉ	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9
2	MBATHA RUTH NUNDU	985		ELDORÉ	KEN	K20-29	2	K 2		00:09:54	00:16:51	00:24:57	00:32:02	00:34:08.10	00:34:09.00	3:24	17.6
3	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
4	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
5	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
6	MICHALAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
7	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
8	ŚLĘZAK SYLWIA	4		CZĘSTOCHOWA	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
9	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
10	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÓRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
11	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
12	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
13	DYBCZYŃSKA JADWIGA	16		GÓRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
14	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
15	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
16	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
17	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
18	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
19	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIEWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
20	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
21	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
22	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
23	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZEBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
24	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
25	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
26	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
27	PIWISZKIS BARBARA	28		JASTRZEBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
28	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
29	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
30	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
31	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
32	STUCHLIK MAGDALENA	105		JARZĄBKOWIC E	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
33	KOŹMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6
34	ZAJĄC ANNA	109		ZEBRZYDOWI CE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
35	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
36	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
37	KONIZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
38	CIEZAK-RAUSZER MAGDALENA	63		JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
39	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
40	SIKORA MAGDALENA	177		CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
41	MAZUREK ANNA	92		BIELKSO-BIAŁ A	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3
42	PAWŁOK ANNA	47		KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
43	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
44	SIKORA ALICJA	53		BIELSKO BIAŁA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
45	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
46	DOMAGAŁA KORNELIA	64		RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
47	LERCH BOŻENA	86		JASTRZĘBIE-Z DRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
48	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
49	LEISZNER IZABELA	38		BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
50	BRZOZOWSKA TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
51	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
52	WÓJCIK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-Z DRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
53	ZELENT KAROLINA	201		JASTRZĘBIE-Z DRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
54	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
55	JAKUBOWSKA MAŁGORZATA	134		PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
56	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
57	KAZIMIERCZUK MONIKA	78		KĘDZIERZYN- KOŹLE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
58	GWIZDAŁA JOANNA	129		JASTRZĘBIE-Z DRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
59	GNAŚ ANNA	71		JASTRZĘBIE-Z DRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
60	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-Z DRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
61	SOLICH OLA	104		RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
62	HELIOSZ AGNIESZKA	72		KROSTOSZOW ICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
63	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
64	CANIBOL ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
65	NOWAK AGNIESZKA	96		JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
66	SICH-SWITAŁA MAŁGORZATA	52		KROSTOSZOW ICE	POL	K40-49	10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
67	MALIK ALICJA	89		BEŁK	POL	K20-29	16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
68	KIPPING MAGDALENA	140		BIELSKO-BIAŁA	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
69	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5
70	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
71	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
72	PASŁAWSKA KATARZYNA	795		JASTRZĘBIE ZDRÓJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
73	KIELKOWSKA MARIA	79		PSZCZYNA	POL	K30-39	34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
74	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
75	POPEK BARBARA	49		JASTRZĘBIE-ZDRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
76	STOCHNIJ KATARZYNA	183		CHORZÓW	POL	K30-39	35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
77	GORZELAK JOANNA	125		JASTRZĘBIE-ZDRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
78	CHROBOK JÓZEFA	114		CIESZYN	POL	K40-49	15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
79	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-ZDRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
80	OBROK MARTA	164		WILAMOWICE	POL	K40-49	17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
81	KLEJNOWSKA KATARZYNA	80		GLIWICE	POL	K30-39	37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
82	PAJESTKA KATARZYNA	97		RUDA ŚLĄSKA	POL	K40-49	18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
83	DURAJ MAGDALENA	119		BYSTRA	POL	K30-39	38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
84	PYTEL RENATA	100		PIELGRZYMO WICE	POL	K50-59	5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
85	BURAKOWSKA MAŁGORZATA	62		SOSNOWIEC	POL	K40-49	19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
86	LYSKO AGNIESZKA	88		DĄBROWA GÓRNICZA	POL	K30-39	39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
87	BOROWSKA ANETA	215		SOSNOWIEC	POL	K30-39	40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
88	GATNER AGNIESZKA	237		JASTRZĘBIE-ZDRÓJ (POCZTA SZEROKA}	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
89	HERUD MAGDALENA	73		PIETROWICE WIELKIE	POL	K30-39	41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
90	PRZYBYSZ KINGA	170		ŻORY	POL	K20-29	19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
91	ŁATKA DOROTA	264		ŻORY	POL	K40-49	21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
92	RYBKA SONIA	297		CHRZANÓW	POL	K30-39	42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
93	BRZUSKA KASIA	113		CIESZYN	POL	K40-49	22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
94	DONOCIK BOGUSŁAWA	230		CIESZYN	POL	K40-49	23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
95	MRÓGAŁA EWA	158		CISOWNICA	POL	K30-39	43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
96	LIPKA EDYTA	39		JASTRZĘBIE-ZDRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
97	MALINOWSKA ANETA	153		CIESZYN	POL	K40-49	24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
98	MARCZAK-OLEJNICZAK ANNA	154		TARNOWSKIE GÓRY	POL	K30-39	45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
99	JĘDRYKA PATRYCJA	246		JASTRZĘBIE-ZDRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
100	NALEWAJKA WIOLETA	45		JASTRZĘBIE-ZDRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
101	KIELKOWSKA AGNIESZKA	138		JASTRZĘBIE-ZDRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
102	MUSIAŁ MARIA	159		JASTRZĘBIE-ZDRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
103	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
104	GENSTY KLAUDIA	69		LUBOMIA	POL	K40-49	28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
105	URBAINSKA ILONA	190		ŁĘG	POL	K30-39	47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11
106	GÓRA MARTA	126		JASTRZĘBIE ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11
107	PRZESÓR BARBARA	169		BRZEZINKA	POL	K30-39	49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
108	CHYTROSZEK ELEONORA	115		ROGÓW	POL	K40-49	29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9
109	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
110	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
111	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
112	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
113	RAŹNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
114	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
115	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
116	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
117	DĄBROWSKA-PALUCH ANNA	227		TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
118	MELER EWELINA	155		KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
119	JĄGODZIŃSKA MAGDALENA	133		WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
120	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
121	KWAŚNY EWA	259		BIELSKO-BIAŁA	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
122	NIEŚLAŃCZYK BARBARA	163		JASTRZĘBIE-Z DRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
123	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
124	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
125	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
126	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
127	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
128	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
129	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
130	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
131	GAWELCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
132	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
133	PAŃTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
134	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
135	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
136	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
137	FOJCIK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
138	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
139	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
140	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
141	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
142	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
143	DOBRA SZ BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
144	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
145	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
146	FRAJHOFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
147	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
148	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
149	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4
150	ĆWIOK BARBARA	226		PANIÓWKI	POL	K40-49	44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
151	HEJNA IZABELA	243		RADLIN	POL	K40-49	45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
152	KUBICA PATRYCJA	84		CIESZYN	POL	K30-39	67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
153	PIECHOCKA JADWIGA	285		GLIWICE	POL	K40-49	46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
154	BOŚ NATALIA	216		JAWORZNO	POL	K30-39	68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
155	CHOLAJD MONIKA	220		GOLKOWICE	POL	K30-39	69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
156	KOSOWSKA GRAŻYNA	254		JASTRZĘBIE ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
157	NICER-OSIEWACZ MONIKA	161		OPATOW	POL	K20-29	27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
158	SIENIAWSKA JANINA	300		KĘDZIERZYN-KOŹLE	POL	K60-69	3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
159	JESIONEK MAŁGORZATA	136		IMIELIN	POL	K30-39	70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
160	KOŁAK ALICJA	252		GLIWICE	POL	K30-39	71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
161	SAWICKA AGNIESZKA	298		JASTRZĘBIE-ZDRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
162	SZEFER SYLWIA	312		JASTRZĘBIE-ZDRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
163	LACHOWICZ IZABELA	260		RYBNIK-BOGU SZOWICE	POL	K20-29	28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2
164	SITKO DAGMARA	302		JASTRZĘBIE-ZDRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
165	ŚLEZIAK PAULINA	316		JASTRZĘBIE-ZDRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
166	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
167	KRAUZ SANDRA	146		JASTRZĘBIE-ZDRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
168	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
169	ŻEBROWSKA MATYLDA	333		MYŚŁOWICE	POL	K40-49	49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
170	MUSIOŁ HELENA	94		RYBNIK	POL	K40-49	50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
171	ROZMUS EWA	174		GÓRA	POL	K40-49	51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
172	STOPYRA AGNIESZKA	184		JASTRZĘBIE-ZDRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
173	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
174	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
175	JAKUBOWSKA AGNIESZKA	245		ŻORY	POL	K40-49	54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
176	SUBIK EDYTA	106		GLIWICE	POL	K30-39	74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
177	KUKLA AGATA	258		BRZESZCZE	POL	K30-39	75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
178	HANDY SAMANTA	34		KĘTY	POL	K30-39	76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
179	HETMANIOK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
180	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-ZDRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
181	MROWIEC EDYTA	274		RUDA ŚLĄSKA	POL	K20-29	33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
182	LISZOK IWONA	262		JASTRZĘBIE-ZDRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
183	GAŃKO GRAŻYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
184	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
185	ORŁOWSKA JOANNA	165		MAZANCOVIC E	POL	K30-39	80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
186	SŁODZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
187	FECZKO LUCYNA	121		JASTRZĘBIE-Z DRÓJ	POL	K40-49	55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9
188	SZKATUŁA JADWIGA	185		TURZA ŚLAŚKA	POL	K20-29	35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
189	KĄŁUS JOANNA	250		RYBNIK	POL	K40-49	56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
190	BARAN IRENA	58		JASTRZĘBIE-Z DRÓJ	POL	K50-59	10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
191	GABRUŚ IWONA	234		CZERWIONKA	POL	K40-49	57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
192	WALA ANNA	191		JASTRZĘBIE-Z DRÓJ	POL	K30-39	81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
193	GOIK AGNIESZKA	241		RADLIN	POL	K40-49	58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
194	WIECZOREK KLAUDIA	194		JASTRZĘBIE-Z DRÓJ	POL	K30-39	82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
195	WYSZYŃSKA KARINA	326		KIETRZ	POL	K30-39	83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7
196	CIEŚLA EDYTA	221		RYBNIK	POL	K40-49	59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
197	FOJCIK GABRIELA	233		RYBNIK	POL	K50-59	11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
198	ZIĘTARA AGATA	330		JASTRZĘBIE-Z DRÓJ	POL	K40-49	60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
199	WAWRZYK IWONA	322		CIESZYN	POL	K50-59	12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
200	PODLEŚNY JUSTYNA	290		ŻORY	POL	K40-49	61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
201	OLSZEWSKA DOROTA	280		JASTRZĘBIE ZDRÓJ	POL	K40-49	62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
202	PIPIRO GRAŻYNA	287		JASTRZĘBIE-Z DRÓJ	POL	K60-69	4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
203	REYMANN MILENA	172		JASTRZĘBIE-Z DRÓJ	POL	K30-39	84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
204	NIEDZIOŁKO BOŻENA	162		JASTRZĘBIE-Z DRÓJ	POL	K50-59	13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
205	ADAMCZAK RENATA	203		JASTRZĘBIE-Z DRÓJ	POL	K40-49	63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
206	GÓRNY JOLA	127		BIELSKO-BIAŁA	POL	K40-49	64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
207	TORZEWSKA SANDRA	188		WRZEŚNIA	POL	K20-29	36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
208	HERDUŚ LUCYNA	130		JASTRZĘBIE ZDRÓJ	POL	K30-39	85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
209	KALETA AGNIESZKA	249		BRZESZCZE	POL	K30-39	86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
210	WALESZ JOANNA	321		JAWORZNO	POL	K40-49	65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
211	BARTNIK JOANNA	208		JASTRZĘBIE-Z DRÓJ	POL	K40-49	66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
212	BRYCHCY ESTERA	112		PAWŁOWICE	POL	K30-39	87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
213	WIDENKA JOANNA	193		LUBOMIA	POL	K20-29	37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
214	PAJĄK MAŁGORZATA	283		JASTRZĘBIE ZDRÓJ	POL	K50-59	14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
215	BOŻEK DAGMARA	217		JASTRZĘBIE ZDRÓJ	POL	K40-49	67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
216	KUBAS ALINA	256		JASTRZĘBIE-Z DRÓJ	POL	K40-49	68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
217	STEKLA-MAJER ANNA	309		SKOCZÓW	POL	K20-29	38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
218	STEKLA JOANNA	308		SKOCZÓW	POL	K50-59	15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
219	MOKRZYCKA JUSTYNA	273		KRAKÓW	POL	K30-39	88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
220	MULKA ULA	276		ŁĘDZINY	POL	K30-39	89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
221	WOJTOŃ-STAWICKA MAŁGORZATA	324		PAWŁOWICE	POL	K50-59	16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
222	ŁUKASIK ALDONA	151		ŻORY	POL	K30-39	90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
223	GŁÓWCZYK IZABELLA	240		JASTRZĘBIE-Z DRÓJ	POL	K40-49	69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
224	SURY-WOLNIEWICZ KAMILA	310		JASTRZĘBIE-Z DRÓJ	POL	K40-49	70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1
225	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
226	STANULA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
227	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
228	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
229	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
230	MAĆKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
231	MYŚLIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
232	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9
233	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
234	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
235	ŚLEDZ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
236	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
237	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
238	DZIĘCIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
239	ŚLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
240	URBAŚ MONIKA	319		JASTRZĘBIE-Z DRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
241	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
242	MAĆKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
243	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
244	POKORA IZABELA	291		BIELSKO-BIAŁ A	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
245	PYZIK BARBARA	296		JASTRZĘBIE-Z DRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
246	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
247	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3
248	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
249	KLACZEK ANNA	251		BUCZKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
250	MŁOCEK EWELINA	271		SAMBOROWIC E	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
251	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
252	MAĆZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
253	MYŚLIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
254	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
255	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
256	ŻEBROWSKA WERONIKA	334		MYSŁOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
257	SZCZEGODZIŃSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
258	WOLNIK JOLKA	325		LIGOTA KSIĘŻYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6

JASTRZĘBSKA DZIESIĄTKA, K-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
259	SIKORA SARA	301		JASTRZEBIE ZDROJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
260	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
261	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KOSGEI MATHEW	981		ELDORET	KEN	M20-29	1	M 1		00:08:43	00:14:55	00:22:02	00:28:10	00:29:58.35	00:29:59.85	2:59	20
2	CHERUTICH NELSON KIPKOGEI	982		ELDORET	KEN	M20-29	2	M 2		00:08:45	00:14:55	00:22:04	00:28:19	00:30:10.10	00:30:10.95	3:01	19.9
3	KIBIRE MOSES KIPRUTO	335	BENEDEK-TEAM		KEN	M30-39	1	M 3		00:08:44	00:14:55	00:22:12	00:28:36	00:30:25.95	00:30:27.10	3:02	19.7
4	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
5	WAMBUA ELIJAH MUTUKU	983		ELDORET	KEN	M20-29	4	M 5		00:08:44	00:14:56	00:22:36	00:29:24	00:31:23.40	00:31:24.35	3:08	19.1
6	CIEPŁAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
7	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
8	DROŹDŹ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
9	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
10	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
11	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
12	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
13	SZRENIAWA PAWEŁ	406		MYŚLOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
14	PIERZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
15	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
16	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
17	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIEŚŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
18	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
19	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
20	HATALA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
21	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
22	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
23	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
24	URBANIAK WITEK	407		CZECHOWICE-DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
25	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
26	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
27	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
28	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
29	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
30	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
31	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
32	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
33	JASIĆA MATEUSZ	371		ŚLAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
34	DUŻYNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
35	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
36	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
37	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
38	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
39	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
40	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
41	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
42	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
43	KAŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
44	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
45	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
46	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
47	REBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
48	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
49	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
50	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
51	NOGA KRYSZTYAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
52	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
53	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
54	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
55	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
56	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
57	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
58	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
59	MAROSZEK SZYMON	480		RYBNIK	POL	M30-39	27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
60	FURMAN DAWID	438		BŁĄŻEJOWICE	POL	M30-39	28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
61	NIEŚŁONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIEŚŁONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
62	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
63	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
64	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
65	GRUDZIEN KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
66	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
67	TRAFIAŁEK MIŁOSZ	528		KATOWICE	POL	M30-39	29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
68	KAWCZYŃSKI RADOSŁAW	457		SOSNOWIEC	POL	M30-39	30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
69	STUCHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
70	WANTULOK PAWEŁ	531		CIESZYN	POL	M20-29	17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3
71	OLBRICH ARTUR	391		TWORKÓW	POL	M30-39	32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
72	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
73	KILJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
74	BIAŁOŻYT MICHAŁ	422		KAMESZNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
75	BEZUCH PAWEŁ	421		WODZISŁAW ŚLĄSKI	POL	M20-29	18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1
76	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
77	WOLNY ARIEL	535		ŁUKÓW ŚLĄSKI	POL	M30-39	33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
78	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
79	SKIBA RYSZARD	517		RACIBÓRZ	POL	M40-49	15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
80	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
81	LORANC MACIEJ	473		BIELSKO-BIAŁ A	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
82	PAGIEŁA ŁUKASZ	497		POGÓRZE	POL	M30-39	36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
83	KNAPEK ŁUKASZ	603		SIEMIANOWIC E ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
84	SURWIŁO SANDRO	521		TYCHY	POL	M30-39	37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
85	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
86	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
87	BORCHERT MARCIN	425		ŚWIĘTOCHŁO WICE	POL	M30-39	38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
88	HEJNA MICHAŁ	587		SKRZYSZÓW	POL	M30-39	39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
89	RYCHCZYŃSKI JONATAN	512		WODZISŁAW ŚLĄSKI	POL	M20-29	22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
90	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
91	SPYRKA PIOTR	518		JASTRZĘBIE ZDRÓJ	POL	M30-39	41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
92	MARCZAK PIOTR	478		STRZYŻÓW	POL	M30-39	42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
93	MALINOWSKI KRZYSZTOF	386		GIŁOWICE	POL	M50-59	6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
94	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
95	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
96	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
97	RESPONDEK LESZEK	673		ŻORY	POL	M30-39	43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
98	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
99	WOWRY GRZEGORZ	409		CIESZYN	POL	M30-39	45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
100	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
101	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
102	TOKAREWICZ DAMIAN	525		ZEBRZYDOWI CE	POL	M30-39	46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6
103	MARTOWSKI PRZEMYSŁAW	481		ZABRZE	POL	M30-39	47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
104	WRZECIONKOWSKI ADRIAN	536		TYCHY	POL	M30-39	48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
105	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
106	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
107	PALKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
108	HANKUS ŁUKASZ	447		ŻYWIEC	POL	M30-39	50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
109	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
110	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
111	MROWIEC BERNARD	640		TWORKÓW	POL	M50-59	8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
112	BEREZOWSKI TOMASZ	419		KATOWICE	POL	M30-39	51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
113	NIESŁONY DOMINIK	389		KOZŁOWICE	POL	M20-29	25	M 112	NIESŁONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
114	GLAJCAR TOMASZ	582		HARBUTOWIC E	POL	M40-49	23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
115	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
116	PLEWNIA DAWID	661		GOGOŁOWA	POL	M20-29	26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
117	PRZYBYŁA TADEUSZ	805		GÓŁKOWICE	POL	M30-39	52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
118	PALIGA RAFAŁ	498		TOPOROWICE	POL	M40-49	24	M 117		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
119	PIŁATOWSKI ANDRZEJ	501		ŁODYGOWICE	POL	M50-59	10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
120	KRUK TOMASZ	462		NYSA	POL	M30-39	53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
121	TOMCZYK MAURYCY	527		KRAKÓW	POL	M30-39	54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
122	KUŚ TOMASZ	466		MARKŁOWICE	POL	M30-39	55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
123	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
124	ROEHRICH KRZYSZTOF	509		ŁĄKA	POL	M30-39	56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
125	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
126	ŻUKROWSKI KRZYSZTOF	718		KACZYCE	POL	M30-39	57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
127	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-Z DRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
128	KAWECKI STANISŁAW	601		CIESZYN	POL	M40-49	27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
129	TŁOŁKA MICHAŁ	524		ŻORY	POL	M30-39	58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
130	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
131	BARAN BARTOSZ	417		RACIBÓRZ	POL	M20-29	28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
132	DEJEWSKI JAKUB	433		JASTRZĘBIE-Z DRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
133	GADAJ GRZEGORZ	439		RADLIN	POL	M30-39	60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
134	ŁATKA ŁUKASZ	626		RYBNIK	POL	M30-39	61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
135	LAZAR DAMIAN	624		ŻORY	POL	M30-39	62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
136	KUSY RAFAŁ	622		SKOCZÓW	POL	M40-49	28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
137	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
138	ORŁOWSKI GRZEGORZ	646		MAZAŃCOWICE	POL	M40-49	30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
139	KANCLERZ TOMASZ	455		RACIBÓRZ	POL	M40-49	31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
140	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-Z DRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
141	TOMCZYK LESŁAW	526		CIESZYN	POL	M50-59	13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
142	WOJCIECHOWSKI MARCIN	833		RADLIN	POL	M30-39	63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
143	SIKORA STEFAN	516		BIELSKO BIALA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
144	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
145	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLAŃSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
146	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
147	DUDZIK SEBASTIAN	568		MAZAŃCOWICE	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
148	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
149	MĘŻYK MATIK	635		ŁAZISKA	POL	M30-39	66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14
150	MICHALSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
151	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
152	BUĆKO MARCIN	553		JASTRZĘBIE-Z DRÓJ	POL	M40-49	36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
153	GRZONKA ANDRZEJ	446		JASTRZĘBIE-Z DRÓJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
154	KNYPS ADAM	761		SKOCZÓW	POL	M40-49	38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
155	SZAREK KRZYSZTOF	522		JASZENICA 953	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
156	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
157	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
158	ANTONCZYK ADAM	544		JASTRZĘBIE ZDRÓJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
159	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
160	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
161	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
162	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
163	MUSZEWSKI BARTŁOMIJ	642		WODZISŁAW ŚLĄSKI	POL	M40-49	42	M 162	FORMA WODZISŁAW ŚLĄSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
164	GLINIECKI BARTLOMIJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
165	WIELOPOLSKI MICHAŁ	532		BIELSKO-BIAŁA	POL	M16-19	7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
166	PAPUGA DARIUSZ	652		JAWISZOWICE	POL	M50-59	16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8
167	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
168	GIGON DARIUSZ	442		JAWORZNO	POL	M50-59	18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
169	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
170	SMYCZEK BARTOSZ	898		RYBNIK	POL	M30-39	71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
171	BIELA RAFAŁ	423		ŻORY	POL	M40-49	44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
172	DOBROWOLSKI SŁAWEK	435		WARSZAWA	POL	M50-59	19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
173	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
174	RZEPczyński Wiesław	677		RACIBÓRZ	POL	M70+	2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
175	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-ZDRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
176	KĄKOL RYSZARD	458		BIELSKO-BIAŁA	POL	M60-69	3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
177	GAUDYN ANDRZEJ	440		SIEMIANOWICE ŚLĄSKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
178	DANIKIEWICZ MICHAŁ	432		CZECHOWICE-DZIEDZICE	POL	M30-39	73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
179	GRUDZIŃSKI RADOŚLAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
180	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
181	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
182	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
183	BAC MICHAŁ	545		JASTRZĘBIE-ZDRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
184	WYREMBELSKI ADAM	713		JASTRZĘBIE-ZDRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
185	PRZYBYSZ RYSZARD	667		ŻORY	POL	M50-59	20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
186	BURYBA JACEK	557		JASTRZĘBIE-ZDRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
187	MAŁECKI JACEK	631		LIGOTA	POL	M30-39	77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
188	STROF MARCIN	683		SYRYNIA	POL	M30-39	78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
189	UCIEKLAK WALDEMAR	529		CZĘSTOCHOWA	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
190	PRZELIORZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
191	PRZELIORZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
192	PAWŁAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
193	KUSTRA JÓZEF	771		JASTRZĘBIE-ZDRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
194	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
195	BALICKI PIOTR	546		MYŚŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
196	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
197	GÓRNY MIREK	367		BIELSKO-BIAŁA	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
198	OPUCHLIK ROMAN	495		ŚWIĘTOCHŁOWICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
199	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
200	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
201	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
202	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
203	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
204	POŁEDNIK TOMASZ	502		WODZISŁAW ŚLĄSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
205	WIERCIOCH TOMASZ	706		KĘDZIERZYN-KOŹLE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
206	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
207	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
208	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
209	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLĄSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4
210	RĘBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
211	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
212	KOLEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
213	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
214	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
215	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
216	NYKIEL MARIUSZ	492		MYŚLOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
217	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁA	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
218	PIĄTOWSKI MIROSLAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
219	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
220	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
221	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
222	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
223	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
224	FROSZTĘGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
225	GÓRECKI WOJCIECH	744		CZERWIONKA-LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
226	BORYCZKA SZYMON	426		MIEDZYRZECZE	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
227	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
228	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
229	MIKA ŁUKASZ	637		JASTRZĘBIE-Z DRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
230	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
231	DOCZEKALSKI JAREK	565		JASTRZĘBIE-Z DRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
232	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
233	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIESŁONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
234	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
235	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
236	ZELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
237	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
238	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-Z DRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
239	MALIK RAFAŁ	385		JASTRZĘBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
240	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
241	OGRODNIK DAMIAN	644		JASTRZĘBIE-Z DRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
242	TYTKO BARTŁOMEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
243	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁ A	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
244	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
245	PIECHOCKI PIOTR	656		JASTRZĘBIE-Z DRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
246	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
247	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
248	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
249	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
250	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE- DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1
251	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
252	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
253	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
254	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
255	WALA MAREK	823		JASTRZĘBIE-Z DROJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
256	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
257	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁ A	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
258	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
259	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
260	JEZIERSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
261	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
262	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
263	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:13:53	00:23:16	00:34:22	00:43:54	00:46:37.05	00:46:57.70	4:39	12.9
264	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
265	LELENIOWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
266	KURTO GRZEGORZ	621		BIELSKO-BIAŁ A	POL	M40-49	72	M 265		00:13:45	00:23:13	00:34:27	00:44:02	00:46:39.70	00:46:48.35	4:40	12.9
267	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
268	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
269	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
270	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
271	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
272	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
273	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
274	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
275	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
276	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
277	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
278	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
279	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
280	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
281	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
282	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
283	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
284	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
285	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
286	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
287	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
288	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
289	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6
290	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
291	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
292	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
293	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
294	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
295	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
296	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
297	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
298	OLSZYNA MIROSLAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
299	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
300	MROCZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
301	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
302	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
303	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
304	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
305	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
306	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLĄSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
307	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
308	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
309	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDZNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
310	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
311	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
312	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
313	URGACZ MIROSLAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
314	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DROJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
315	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
316	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
317	WAWRÓW MIROSŁAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
318	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
319	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
320	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
321	SKĘCZEK ARKADIUSZ	680		GILOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
322	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
323	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
324	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3
325	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
326	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
327	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
328	WISEŁKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3
329	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
330	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
331	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
332	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
333	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
334	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
335	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
336	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
337	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
338	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
339	BURNAGIEL TOMASZ	556		CZERWIONKA- LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
340	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
341	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
342	GIERULA ARTUR	740		DZIĘGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
343	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
344	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
345	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
346	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
347	SZEREDA ROBERT	687		JASTRZĘBIE-Z DRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
348	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWICE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1
349	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
350	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIEŚŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
351	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
352	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
353	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
354	KORBUS PIOTR	764		GOLESZOW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
355	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
356	JANKO KAMIL	751		MIĘDZYRZECZE E	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
357	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
358	SPIEWAK MAREK	691		BUCZKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
359	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
360	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
361	POŁĘC KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
362	SZCZECH KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
363	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
364	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
365	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁA	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
366	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
367	GANDZEL SZYMON	581		MAZAŃCOWICE	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
368	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
369	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
370	JANCZUKOWICZ LUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
371	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
372	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
373	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
374	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
375	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
376	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-Z DRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
377	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
378	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
379	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
380	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8
381	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
382	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
383	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
384	POŁOMSKI JERZY	887		JASTRZĘBIE-Z DRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
385	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
386	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
387	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
388	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
389	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
390	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
391	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
392	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
393	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392		00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
394	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWICE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
395	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
396	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
397	WIEJACZ WIEJACZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
398	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
399	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
400	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
401	WILCZOK DANIEL	831		WODZISŁAW ŚLASKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
402	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
403	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
404	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
405	ĆMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
406	KAWIK JANUSZ	759		ZEBRZYDOWICE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
407	PAWĘZOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
408	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
409	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
410	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
411	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
412	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
413	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
414	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
415	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
416	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
417	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
418	ŚLADECZEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
419	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
420	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
421	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
422	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
423	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
424	JASIŃSKI KRZYSZTOF	858		BOJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
425	SKĘCZEK MARCIN	811		CZECHOWICE-DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2
426	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
427	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
428	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
429	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
430	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
431	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
432	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
433	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
434	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
435	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
436	KULA RADOŚLAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
437	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
438	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
439	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
440	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
441	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
442	GMYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
443	PRZYBYŁA KRYSZTIAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
444	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
445	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
446	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
447	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
448	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
449	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
450	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
451	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
452	PAJĄK PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
453	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
454	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁ A	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
455	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
456	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
457	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
458	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
459	WICZKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
460	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
461	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
462	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDROJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
463	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
464	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
465	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8
466	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
467	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
468	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
469	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
470	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
471	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
472	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
473	WOLINSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
474	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
475	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
476	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
477	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
478	DRAG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
479	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
480	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
481	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
482	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
483	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
484	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
485	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
486	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
487	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
488	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
489	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
490	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
491	WOLIŃSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
492	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
493	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
494	MICUDA JAN	955		MYSŁOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
495	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
496	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
497	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
498	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
499	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
500	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
501	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
502	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
503	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
504	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
505	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
506	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
507	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
508	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
509	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
510	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
511	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
512	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7

JASTRZĘBSKA DZIESIĄTKA, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
513	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁA	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
514	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
515	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
516	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
517	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
518	WÓJCIK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
519	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
520	POŁOK ROBERT	801		BIELSKO-BIAŁA	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2
521	TRAFIAŁEK MIROSLAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
522	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚŁONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
523	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWICE ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
524	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8
525	KUBAS MARIUSZ	949		JASTRZĘBIE-ZDRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
526	PIOTROWSKI MIECZYSLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
527	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
528	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-ZDRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
529	LEDWON PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
530	KOZMIŃSKI JÓZEF	378		KOZOY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
531	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
532	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8
533	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, Bezwzględny zwycięzca

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	CHEMUTA JOYLINE	984		ELDORÉT	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Górnik

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
2	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
3	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
4	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
5	KĄŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
6	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
7	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
8	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-ZDRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
9	STUHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
10	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Górnik c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
11	BRYŁA RAFAŁ	427	JASTRZĘBIE-Z DRÓJ	POL	M30-39		35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
12	SPYRKA PIOTR	518	JASTRZĘBIE ZDRÓJ	POL	M30-39		41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
13	ADAMCZEWSKI WALDEMAR	543	JASTRZĘBIE-Z DRÓJ	POL	M50-59		7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
14	SIEGMUND TADEUSZ	679	JASTRZĘBIE ZDRÓJ	POL	M40-49		17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
15	RESPONDEK LESZEK	673	ŻORY	POL	M30-39		43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
16	WRZECIONKOWSKI ADRIAN	536	TYCHY	POL	M30-39		48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
17	MAJ PRZEMYSŁAW	476	JASTRZĘBIE-Z DRÓJ	POL	M30-39		49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
18	PRZYBYŁA TADEUSZ	805	GOŁKOWICE	POL	M30-39		52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
19	KUŚ TOMASZ	466	MARKLOWICE	POL	M30-39		55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
20	KUNINA PAWEŁ	465	JASTRZĘBIE ZDRÓJ	POL	M40-49		25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
21	GADAJ GRZEGORZ	439	RADLIN	POL	M30-39		60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
22	LAZAR DAMIAN	624	ŻORY	POL	M30-39		62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
23	RUCIŃSKI KRZYSZTOF	676	RYBNIK	POL	M40-49		29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
24	WOJCIECHOWSKI MARCIN	833	RADLIN	POL	M30-39		63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
25	LEŚNIAK KRZYSZTOF	469	WODZISŁAW ŚLAŃSKI	POL	M40-49		33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
26	GRZONKA ANDRZEJ	446	JASTRZĘBIE-Z DROJ	POL	M40-49		37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
27	SZKATUŁA HENRYK	688	WODZISŁAW ŚL.	POL	M50-59		15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
28	ĘDRZEJAK PIOTR	596	JASTRZĘBIE-Z DRÓJ	POL	M40-49		46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
29	PRZYBYSZ RYSZARD	667	ŻORY	POL	M50-59		20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
30	ZIĘTARA PAWEŁ	717	JASTRZĘBIE-Z DRÓJ	POL	M50-59		26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
31	NYKIEL MARIUSZ	492	MYSŁOWICE	POL	M30-39		89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
32	PIŁATOWSKI MIROSŁAW	660	JASTRZĘBIE-Z DRÓJ	POL	M50-59		27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
33	KACZMAREK JACEK	453	CZERWIONKA LESZCZYNY	POL	M30-39		91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
34	KUŚ DAWID	623	KATOWICE	POL	M30-39		92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
35	FROSZTEGA DANIEL	574	JASTRZĘBIE-Z DRÓJ	POL	M30-39		94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
36	ONAK PAWEŁ	645	JASTRZĘBIE-Z DRÓJ	POL	M30-39		97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
37	CHROBOK MICHAŁ	561	GOŁKOWICE	POL	M30-39		100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
38	BAKOWSKI MICHAŁ	547	JASTRZĘBIE-Z DRÓJ	POL	M30-39		103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
39	MALIK RAFAŁ	385	JASTRZĘBIE ZDRÓJ	POL	M30-39		104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
40	PIECZARA BŁAŻEJ	657	JAWORZNO	POL	M40-49		66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
41	WALA MAREK	823	JASTRZĘBIE-Z DROJ	POL	M40-49		68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
42	BURAS ROMAN	555	RYBNIK	POL	M50-59		29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
43	URBASIK MARIUSZ	700	RYDUŁTOWY	POL	M50-59		30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
44	MOTOWIDŁO TOMASZ	638	JASTRZĘBIE-Z DRÓJ	POL	M40-49		73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
45	POJDA GRZEGORZ	664	RYBNIK	POL	M40-49		74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
46	URBASIK DANIEL	909	RYDUŁTOWY	POL	M30-39		117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
47	PIETRASZ KRZYSZTOF	658	RADLIN	POL	M30-39		118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
48	PERLIKOWSKI KAMIL	885	RYBNIK	POL	M20-29		42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Górnik c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
49	WANDZEL TOMASZ	824	RYBNIK	POL	M30-39		121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
50	BYSTRYKOWSKI MARCIN	558	JASTRZĘBIE-Z DRÓJ	POL	M40-49		79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
51	MARON TOMASZ	479	JASTRZĘBIE-Z DRÓJ	POL	M30-39		122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
52	GORZELAK ZBIGNIEW	515	BIELSKO BIAŁA	POL	M40-49		80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
53	KAMIŃSKI ZBIGNIEW	599	CZERWIONKA -LESZCZYNY	POL	M30-39		124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
54	SZYMAŃSKI PIOTR	690	BYTOM	POL	M40-49		81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
55	MARCHEWKA BARTOSZ	632	JASTRZĘBIE ZDRÓJ	POL	M30-39		126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
56	JASIŃSKI MAKSYMILIAN	592	JASTRZĘBIE-Z DRÓJ	POL	M50-59		34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
57	PRZYBYŁA TOMASZ	806	WODZISŁAW ŚLĄSKI	POL	M40-49		86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
58	GAŁKIEWICZ MICHAŁ	577	KATOWICE	POL	M40-49		87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
59	WASILEWSKI MATEUSZ	702	JASTRZĘBIE-Z DROJ	POL	M20-29		48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
60	PETRYKOWSKI GRZEGORZ	654	ŻORY	POL	M50-59		36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
61	BRAUNER WOJCIECH	552	WODZISŁAW ŚLĄSKI	POL	M30-39		133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
62	FOKS MARCIN	573	PIELGRZYMO WICE	POL	M30-39		134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
63	PARTYKA KAROL	794	JASTRZĘBIE ZDRÓJ	POL	M30-39		135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
64	ŻALIŃSKI ZBIGNIEW	835	JAWORZNO	POL	M50-59		37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
65	HEJNA ARTUR	856	RADLIN	POL	M40-49		97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
66	BURNAGIEL TOMASZ	556	CZERWIONKA -LESZCZYNY	POL	M50-59		41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
67	CHOLAJDA ROMAN	733	GOLKOWICE	POL	M40-49		107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
68	JANCZUKOWICZ ŁUKASZ	750	JASTRZĘBIE-Z DRÓJ	POL	M30-39		151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
69	JĘDRYKA SEBASTIAN	595	JASTRZĘBIE-Z DRÓJ	POL	M40-49		112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
70	KRÓLIK ARKADIUSZ	768	JASTRZĘBIE-Z DRÓJ	POL	M40-49		118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
71	BIELICH ADRIAN	728	RYBNIK	POL	M30-39		169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
72	SLADECZEK JAREK	896	PAWŁOWICE	POL	M40-49		125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
73	JASZCZYK ŁUKASZ	937	JASTRZĘBIE - ZDRÓJ	POL	M30-39		173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
74	PIÓR KRZYSZTOF	798	BRENNA	POL	M40-49		133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
75	METLAK PIOTR	980	JASTRZĘBIE-Z DRÓJ	POL	M40-49		134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
76	ZMUDA DARIUSZ	918	JASTRZĘBIE-Z DRÓJ	POL	M40-49		135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
77	KUŚKA TADEUSZ	952	JANKOWICE	POL	M30-39		180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
78	KUBIENIEC GRZEGORZ	769	JASTRZĘBIE-Z DRÓJ	POL	M40-49		139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
79	JESIONEK BOGUSŁAW	939	JASTRZĘBIE-Z DRÓJ	POL	M50-59		53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
80	KONOPKA JAROSŁAW	945	JASTRZEBIE ZDRÓJ	POL	M50-59		54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
81	PAJĄK MARCIN	791	JASTRZĘBIE-Z DRÓJ	POL	M20-29		66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
82	JELEŃ MICHAŁ	938	RYDUŁTOWY	POL	M20-29		67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
83	FLASZ DAWID	738	JASTRZĘBIE-Z DRÓJ	POL	M40-49		148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Górnik c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
84	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
85	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
86	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
87	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
88	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3

JASTRZĘBSKA DZIESIĄTKA, 1 fala

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	CHEMUTAJ JOYLINE	984		ELDORET	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9
2	MBATHA RUTH NUNDU	985		ELDORET	KEN	K20-29	2	K 2		00:09:54	00:16:51	00:24:57	00:32:02	00:34:08.10	00:34:09.00	3:24	17.6
3	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
4	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
5	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
6	MICHAŁAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
7	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
8	ŚLĘZAK SYLWIA	4		CZĘSTOCHOWA	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
9	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
10	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÓRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
11	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
12	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
13	DYBCZYŃSKA JADWIGA	16		GÓRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
14	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
15	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
16	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
17	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
18	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
19	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
20	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
21	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
22	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
23	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
24	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
25	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
26	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
27	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
28	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
29	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
30	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
31	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
32	STUHLIK MAGDALENA	105		JARZĄBKOWICE	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
33	KOZMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6
34	ZAJĄC ANNA	109		ZEBRZYDOWICE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
35	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
36	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
37	KONDZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
38	CIEZAK-RAUSZER MAGDALENA	63		JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
39	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
40	SIKORA MAGDALENA	177		CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
41	MAZUREK ANNA	92		BIELSKO-BIAŁA	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3
42	PAWŁOK ANNA	47		KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
43	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
44	SIKORA ALICJA	53		BIELSKO BIAŁA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
45	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
46	DOMAGAŁA KORNELIA	64		RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
47	LERCH BOŻENA	86		JASTRZĘBIE-ZDRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
48	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
49	LEISZNER IZABELA	38		BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
50	BRZozowska TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
51	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
52	WÓJCIK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-ZDRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
53	ZELENT KAROLINA	201		JASTRZĘBIE-ZDRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
54	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
55	JAKUBOWSKA MAŁGORZATA	134		PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
56	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
57	KAZIMIERCZUK MONIKA	78		KĘDZIERZYN-KOZŁE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
58	GWIZDAŁA JOANNA	129		JASTRZĘBIE-ZDRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
59	GNAŚ ANNA	71		JASTRZĘBIE-ZDRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
60	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-ZDRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
61	SOLICH OLA	104		RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
62	HELIOSZ AGNIESZKA	72		KROSTOSZOWICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
63	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
64	CANIBOŁ ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
65	NOWAK AGNIESZKA	96		JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
66	SICH-ŚWITAŁA MAŁGORZATA	52		KROSTOSZOWICE	POL	K40-49	10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
67	MALIK ALICJA	89		BEŁK	POL	K20-29	16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
68	KIPPING MAGDALENA	140		BIELSKO-BIAŁA	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
69	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
70	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
71	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
72	PASŁAWSKA KATARZYNA	795		JASTRZĘBIE ZDRÓJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
73	KIELKOWSKA MARIA	79		PSZCZYNA	POL	K30-39	34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
74	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
75	POPEK BARBARA	49		JASTRZĘBIE-Z DRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
76	STOCHNIJ KATARZYNA	183		CHORZÓW	POL	K30-39	35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
77	GORZELAK JOANNA	125		JASTRZĘBIE-Z DRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
78	CHROBOK JÓZEFA	114		CIESZYN	POL	K40-49	15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
79	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-Z DRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
80	OBROK MARTA	164		WILAMOWICE	POL	K40-49	17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
81	KLEJNOWSKA KATARZYNA	80		GLIWICE	POL	K30-39	37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
82	PAJESTKA KATARZYNA	97		RUDA ŚLĄSKA	POL	K40-49	18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
83	DURAJ MAGDALENA	119		BYSTRA	POL	K30-39	38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
84	PYTEL RENATA	100		PIELGRZYMO WICE	POL	K50-59	5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
85	BURAKOWSKA MAŁGORZATA	62		SOSNOWIEC	POL	K40-49	19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
86	LYSKO AGNIESZKA	88		DĄBROWA GÓRNICZA	POL	K30-39	39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
87	BOROWSKA ANETA	215		SOSNOWIEC	POL	K30-39	40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
88	GATNER AGNIESZKA	237		JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA}	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
89	HERUD MAGDALENA	73		PIETROWICE WIELKIE	POL	K30-39	41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
90	PRZYBYSZ KINGA	170		ŻORY	POL	K20-29	19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
91	ŁATKA DOROTA	264		ŻORY	POL	K40-49	21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
92	RYBKA SONIA	297		CHRZANÓW	POL	K30-39	42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
93	BRZUSKA KASIA	113		CIESZYN	POL	K40-49	22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
94	DONOCIK BOGUSŁAWA	230		CIESZYN	POL	K40-49	23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
95	MRÓGAŁA EWA	158		CISOWNICA	POL	K30-39	43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
96	LIPKA EDYTA	39		JASTRZĘBIE-Z DRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
97	MALINOWSKA ANETA	153		CIESZYN	POL	K40-49	24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
98	MARCZAK-OLEJNICZAK ANNA	154		TARNOWSKIE GÓRY	POL	K30-39	45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
99	JĘDRYKA PATRYCJA	246		JASTRZĘBIE-Z DRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
100	NALEWAJKA WIOLETA	45		JASTRZĘBIE-Z DRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
101	KIEŁKOWSKA AGNIESZKA	138		JASTRZĘBIE-Z DRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
102	MUSIAŁ MARIA	159		JASTRZĘBIE-Z DRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
103	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
104	GENSTY KLAUDIA	69		LUBOMIA	POL	K40-49	28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
105	URBAINSKA ILONA	190		ŁĘG	POL	K30-39	47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11
106	GÓRA MARTA	126		JASTRZĘBIE ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
107	PRZESÓR BARBARA	169		BRZEZINKA	POL	K30-39	49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
108	CHYTROSZEK ELEONORA	115		ROGÓW	POL	K40-49	29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9
109	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
110	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
111	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
112	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
113	RAŹNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
114	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
115	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
116	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
117	DĄBROWSKA-PALUCH ANNA	227		TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
118	MELER EWELINA	155		KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
119	JAGODZIŃSKA MAGDALENA	133		WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
120	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
121	KWAŚNY EWA	259		BIELSKO-BIAŁA	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
122	NIESŁAŃCZYK BARBARA	163		JASTRZĘBIE-Z DRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
123	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
124	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
125	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
126	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
127	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
128	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
129	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
130	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
131	GAWĘLCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
132	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
133	PAŃTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
134	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
135	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
136	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
137	FOJCİK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
138	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
139	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
140	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
141	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
142	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
143	DOBRASZ BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
144	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
145	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5
146	FRAJHOFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
147	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
148	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
149	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4
150	ĆWIOK BARBARA	226		PANIÓWKI	POL	K40-49	44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
151	HEJNA IZABELA	243		RADLIN	POL	K40-49	45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
152	KUBICA PATRYCJA	84		CIESZYN	POL	K30-39	67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
153	PIECHOCKA JADWIGA	285		GLIWICE	POL	K40-49	46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
154	BOŚ NATALIA	216		JAWORZNO	POL	K30-39	68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
155	CHOLAJDA MONIKA	220		GOLKOWICE	POL	K30-39	69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
156	KOSOWSKA GRAŻYNA	254		JASTRZĘBIE ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
157	NICER-OSIEWACZ MONIKA	161		OPATOW	POL	K20-29	27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
158	SIENIAWSKA JANINA	300		KĘDZIERZYN-KOŹLE	POL	K60-69	3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
159	JESIONEK MAŁGORZATA	136		IMIELIN	POL	K30-39	70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
160	KOŁAK ALICJA	252		GLIWICE	POL	K30-39	71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
161	SAWICKA AGNIESZKA	298		JASTRZĘBIE-ZDRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
162	SZEFER SYLWIA	312		JASTRZĘBIE-ZDRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
163	LACHOWICZ IZABELA	260		RYBNIK-BOGU SZOWICE	POL	K20-29	28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2
164	SITKO DAGMARA	302		JASTRZĘBIE-ZDRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
165	ŚLEZIAK PAULINA	316		JASTRZĘBIE-ZDRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
166	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
167	KRAUZ SANDRA	146		JASTRZĘBIE-ZDRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
168	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
169	ŻEBROWSKA MATYLDA	333		MYSŁOWICE	POL	K40-49	49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
170	MUSIOŁ HELENA	94		RYBNIK	POL	K40-49	50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
171	ROZMUS EWA	174		GÓRA	POL	K40-49	51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
172	STOPYRA AGNIESZKA	184		JASTRZĘBIE-ZDRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
173	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
174	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
175	JAKUBOWSKA AGNIESZKA	245		ŻORY	POL	K40-49	54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
176	SUBIK EDYTA	106		GLIWICE	POL	K30-39	74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
177	KUKLA AGATA	258		BRZESZCZE	POL	K30-39	75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
178	HANDY SAMANTA	34		KĘTY	POL	K30-39	76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
179	HETMANIOK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
180	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-ZDRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
181	MROWIEC EDYTA	274		RUDA ŚLĄSKA	POL	K20-29	33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
182	LISZOK IWONA	262		JASTRZĘBIE-ZDRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
183	GAŃKO GRAŻYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
184	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
185	ORŁOWSKA JOANNA	165		MAZAŃCOWICE	POL	K30-39	80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
186	SŁODZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
187	FECZKO LUCYNA	121		JASTRZĘBIE-ZDRÓJ	POL	K40-49	55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
188	SZKATUŁA JADWIGA	185		TURZA ŚLAŚKA	POL	K20-29	35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
189	KĄŁUS JOANNA	250		RYBNIK	POL	K40-49	56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
190	BARAN IRENA	58		JASTRZĘBIE-Z DRÓJ	POL	K50-59	10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
191	GABRUŚ IWONA	234		CZERWIONKA	POL	K40-49	57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
192	WALA ANNA	191		JASTRZĘBIE-Z DRÓJ	POL	K30-39	81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
193	GOIK AGNIESZKA	241		RADLIN	POL	K40-49	58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
194	WIECZOREK KLAUDIA	194		JASTRZĘBIE-Z DRÓJ	POL	K30-39	82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
195	WYSZYŃSKA KARINA	326		KIETRZ	POL	K30-39	83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7
196	CIEŚLA EDYTA	221		RYBNIK	POL	K40-49	59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
197	FOJCIK GABRIELA	233		RYBNIK	POL	K50-59	11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
198	ZIĘTARA AGATA	330		JASTRZĘBIE-Z DRÓJ	POL	K40-49	60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
199	WAWRZYK IWONA	322		CIESZYN	POL	K50-59	12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
200	PODLEŚNY JUSTYNA	290		ŻORY	POL	K40-49	61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
201	OLSZEWSKA DOROTA	280		JASTRZĘBIE ZDRÓJ	POL	K40-49	62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
202	PIPIRO GRAŻYNA	287		JASTRZĘBIE-Z DRÓJ	POL	K60-69	4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
203	REYMANN MILENA	172		JASTRZĘBIE-Z DRÓJ	POL	K30-39	84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
204	NIEDZIOŁKO BOŻENA	162		JASTRZĘBIE-Z DRÓJ	POL	K50-59	13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
205	ADAMCZAK RENATA	203		JASTRZĘBIE-Z DRÓJ	POL	K40-49	63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
206	GÓRNY JOLA	127		BIELSKO-BIAŁ A	POL	K40-49	64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
207	TORZEWSKA SANDRA	188		WRZEŚNIA	POL	K20-29	36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
208	HERDUŚ LUCYNA	130		JASTRZĘBIE ZDRÓJ	POL	K30-39	85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
209	KALETA AGNIESZKA	249		BRZESZCZE	POL	K30-39	86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
210	WALESZ JOANNA	321		JAWORZNO	POL	K40-49	65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
211	BARTNIK JOANNA	208		JASTRZĘBIE-Z DRÓJ	POL	K40-49	66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
212	BRYCHCY ESTERA	112		PAWŁOWICE	POL	K30-39	87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
213	WIDENKA JOANNA	193		LUBOMIA	POL	K20-29	37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
214	PAJĄK MAŁGORZATA	283		JASTRZĘBIE ZDRÓJ	POL	K50-59	14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
215	BOŻEK DAGMARA	217		JASTRZĘBIE ZDRÓJ	POL	K40-49	67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
216	KUBAS ALINA	256		JASTRZĘBIE-Z DRÓJ	POL	K40-49	68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
217	STEKLA-MAJER ANNA	309		SKOCZÓW	POL	K20-29	38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
218	STEKLA JOANNA	308		SKOCZÓW	POL	K50-59	15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
219	MOKRZYCKA JUSTYNA	273		KRAKÓW	POL	K30-39	88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
220	MULKA ULA	276		ŁĘDZINY	POL	K30-39	89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
221	WOJTOŃ-STAWICKA MAŁGORZATA	324		PAWŁOWICE	POL	K50-59	16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1
222	ŁUKASIK ALDONA	151		ŻORY	POL	K30-39	90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
223	GŁÓWCZYK IZABELLA	240		JASTRZĘBIE-Z DROJ	POL	K40-49	69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
224	SURY-WOLNIEWICZ KAMILA	310		JASTRZĘBIE-Z DRÓJ	POL	K40-49	70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1

JASTRZĘBSKA DZIESIĄTKA, 1 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
225	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
226	STANULA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
227	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
228	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
229	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
230	MAĆKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
231	MYŚLIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
232	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9
233	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
234	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
235	ŚLEDŹ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
236	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
237	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
238	DZIĘCIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
239	SLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
240	URBAŚ MONIKA	319		JASTRZĘBIE-Z DRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
241	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
242	MAĆKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
243	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
244	POKORA IZABELA	291		BIELSKO-BIAŁA	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
245	PYZIK BARBARA	296		JASTRZĘBIE-Z DRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
246	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
247	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3
248	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
249	KLACZEK ANNA	251		BUCKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
250	MŁOCEK EWELINA	271		SAMBOROWICE	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
251	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
252	MAĆZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
253	MYŚLIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
254	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
255	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
256	ŻEBROWSKA WERONIKA	334		MYSŁOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
257	SZCZEGODZIŃSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
258	WOLNIK JOLKA	325		LIGOTA KSIĘŻYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6
259	SIKORA SARA	301		JASTRZĘBIE ZDRÓJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
260	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
261	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, Mistrzyni woj. śląskiego

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	GOLBA KASIA	6	KATOWICE	POL	K30-39		1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
2	MICHAŁAK SANDRA	7	SOSNOWIEC	POL	K30-39		2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
3	GRIMAN JOANNA	17	RYBNIK	POL	K30-39		3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
4	ŚLĘZAK SYLWIA	4	CZĘSTOCHOWA	POL	K20-29		5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
5	PATAS MAGDALENA	12	WODZISŁAW ŚLĄSKI	POL	K20-29		6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
6	MENDECKA-ZEJDLER MICHALINA	8	ŁAZISKA GÓRNE	POL	K20-29		7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
7	GAJ PAULINA	10	JAWORZNO	POL	K20-29		8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
8	LASKOWSKA KATARZYNA	21	GLIWICE	POL	K40-49		1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
9	MENDECKA DARIA	11	RUDA ŚLĄSKA	POL	K20-29		9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
10	STOLORZ KATARZYNA	55	TYCHY	POL	K30-39		5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
11	MROWIEC KINGA	44	RUDA ŚLĄSKA	POL	K16-19		1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
12	CHROMIK JULIA	15	SKOCZÓW	POL	K16-19		2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
13	RENCZ MAŁGORZATA	29	ORZESZE	POL	K40-49		2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
14	MALINA MICHALINA	9	BOJSZOWY	POL	K16-19		3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
15	BIELIŃSKA MONIKA	13	PRZYSZOWICE	POL	K30-39		6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
16	PACAK DOMINIKA	26	RACIBÓRZ	POL	K30-39		7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
17	KANCLERZ-JANUSZEWSKA KATARZYNA	19	JASTRZĘBIE-Z DRÓJ	POL	K50-59		1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
18	BODNAR ANNA	14	CIESZYN	POL	K30-39		8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
19	PIWISZKIS BARBARA	28	JASTRZĘBIE-Z DRÓJ	POL	K30-39		10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
20	JURASZEK ELZBIETA	76	JELEŚNIA	POL	K30-39		11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
21	MENŻYK JOANNA	43	MYSŁOWICE	POL	K40-49		3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
22	STUCHLIK MAGDALENA	105	JARZĄBKOWICE	POL	K30-39		13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
23	POŁOMSKA EDYTA	48	RYDUŁTOWY	POL	K40-49		4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
24	WOWRY SYLWIA	108	CIESZYN	POL	K30-39		16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
25	KONDZIELNIK MAGDALENA	81	PSZCZYNA	POL	K40-49		5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
26	PAWŁOK ANNA	47	KATOWICE	POL	K30-39		20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
27	SIKORA ALICJA	53	BIELSKO BIALA	POL	K60-69		1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
28	WOJAKOWSKA KATARZYNA	31	ZABRZE	POL	K40-49		7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
29	DOMAGAŁA KORNELIA	64	RUDZICA	POL	K30-39		21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
30	HARAZIN ANNA	35	PAWŁOWICE	POL	K20-29		13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
31	BRZozowska TERESA	60	JAWORZNO	POL	K50-59		3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
32	BUDKA AGATA	61	JAWORZNO	POL	K40-49		8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
33	SOLICH OLA	104	RACIBORZ	POL	K30-39		32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
34	SICH-ŚWITAŁA MAŁGORZATA	52	KROSTOSZOWICE	POL	K40-49		10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
35	MALIK ALICJA	89	BEŁK	POL	K20-29		16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
36	KRAUSE SYLWIA	82	RADLIN	POL	K40-49		12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
37	KIELKOWSKA MARIA	79	PSZCZYNA	POL	K30-39		34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
38	POPEK BARBARA	49	JASTRZĘBIE-Z DRÓJ	POL	K40-49		14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
39	CHROBOK JÓZEFA	114	CIESZYN	POL	K40-49		15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
40	PYTEL RENATA	100	PIELGRZYMO WICE	POL	K50-59		5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
41	BURAKOWSKA MAŁGORZATA	62	SOSNOWIEC	POL	K40-49		19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2

JASTRZĘBSKA DZIESIĄTKA, Mistrzyni woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
42	LYSKO AGNIESZKA	88	DĄBROWA GÓRNICZA	POL	K30-39		39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
43	BOROWSKA ANETA	215	SOSNOWIEC	POL	K30-39		40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
44	LERCH EWA	149	JASTRZĘBIE - ZDRÓJ	POL	K20-29		21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
45	DĄBROWSKA-PALUCH ANNA	227	TYCHY	POL	K30-39		51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
46	NIEŚLAŃCZYK BARBARA	163	JASTRZĘBIE-Z DRÓJ	POL	K30-39		54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
47	LERCH MARIA	148	JASTRZĘBIE-Z DRÓJ	POL	K30-39		55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
48	WILSZ EWA	196	PANIÓWKI	POL	K40-49		36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
49	DANKIEWICZ MAGDALENA	117	PAWŁOWICE	POL	K16-19		4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
50	PAŃTAK LIWIA	284	ŻORY	POL	K20-29		24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
51	MANDERA PATRYCJA	42	RYDUŁTOWY	POL	K16-19		5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
52	FRAJHOFFER EWA	68	JASTRZĘBIE ZDRÓJ	POL	K30-39		66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
53	BAJCAR BEATA	206	CHYBIE	POL	K40-49		42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
54	KUBICA PATRYCJA	84	CIESZYN	POL	K30-39		67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
55	BOŚ NATALIA	216	JAWORZNO	POL	K30-39		68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
56	JESIONEK MAŁGORZATA	136	IMIELIN	POL	K30-39		70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
57	TRZCIŃSKA JOANNA	189	JASTRZĘBIE ZDRÓJ	POL	K20-29		30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
58	ŻEBROWSKA MATYLDA	333	MYSŁOWICE	POL	K40-49		49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
59	ROZMUS EWA	174	GÓRA	POL	K40-49		51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
60	SUBIK EDYTA	106	GLIWICE	POL	K30-39		74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
61	HETMANIOK AGNIESZKA	131	JASTRZĘBIE ZDRÓJ	POL	K20-29		32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
62	WIŚNIEWSKA JUSTYNA	323	JASTRZĘBIE-Z DRÓJ	POL	K30-39		77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
63	MROWIEC EDYTA	274	RUDA ŚLĄSKA	POL	K20-29		33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
64	GIŻYŃSKA KATARZYNA	238	JASTRZĘBIE ZDRÓJ	POL	K30-39		79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
65	WALA ANNA	191	JASTRZĘBIE-Z DRÓJ	POL	K30-39		81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
66	WIECZOREK KLAUDIA	194	JASTRZĘBIE-Z DRÓJ	POL	K30-39		82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
67	CIEŚLA EDYTA	221	RYBNIK	POL	K40-49		59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
68	FOJCIK GABRIELA	233	RYBNIK	POL	K50-59		11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
69	PIPIRO GRAŻYNA	287	JASTRZĘBIE-Z DRÓJ	POL	K60-69		4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
70	REYMANN MILENA	172	JASTRZĘBIE-Z DRÓJ	POL	K30-39		84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
71	BARTNIK JOANNA	208	JASTRZĘBIE-Z DRÓJ	POL	K40-49		66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
72	BRYCHCY ESTERA	112	PAWŁOWICE	POL	K30-39		87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
73	MULKA ULA	276	ŁĘDZINY	POL	K30-39		89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
74	MYŚLIWIEC KULCZYKOWA	160	JASTRZĘBIE-Z DRÓJ	POL	K40-49		73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
75	ŚLEDŹ DOROTA	315	ŻORY	POL	K20-29		39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
76	KOWALSKA DOROTA	144	RYBNIK	POL	K50-59		19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
77	DZIĘCIOŁ WANDA	231	GODÓW	POL	K40-49		74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
78	SŁOWIK KORNELIA	303	WOLA	POL	K30-39		99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
79	POKORA IZABELA	291	BIELSKO-BIAŁA	POL	K30-39		100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
80	MYŚLIWIEC BARBARA	277	JASTRZĘBIE-Z DRÓJ	POL	K20-29		42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8

JASTRZĘBSKA DZIESIĄTKA, Mistrzyni woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
81	SIKORA SARA	301		JASTRZEBIE ZDRÓJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
82	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10

JASTRZĘBSKA DZIESIĄTKA, Najlepsza Jastrzębianka

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
2	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
3	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
4	LERCH BOŻENA	86		JASTRZĘBIE-Z DRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
5	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
6	WÓJCIK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-Z DRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
7	ZELENT KAROLINA	201		JASTRZĘBIE-Z DRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
8	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
9	GWIZDAŁA JOANNA	129		JASTRZĘBIE-Z DRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
10	GNAŚ ANNA	71		JASTRZĘBIE-Z DRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
11	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-Z DRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
12	PASŁAWSKA KATARZYNA	795		JASTRZEBIE ZDRÓJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
13	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
14	POPEK BARBARA	49		JASTRZĘBIE-Z DRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
15	GORZELAK JOANNA	125		JASTRZĘBIE-Z DRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
16	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-Z DRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
17	GATNER AGNIESZKA	237		JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA)	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
18	LIPKA EDYTA	39		JASTRZĘBIE-Z DRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
19	JĘDRYKA PATRYCJA	246		JASTRZĘBIE-Z DRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
20	NALEWAJKA WIOLETA	45		JASTRZĘBIE-Z DRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
21	KIEŁKOWSKA AGNIESZKA	138		JASTRZĘBIE-Z DRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
22	MUSIAŁ MARIA	159		JASTRZĘBIE-Z DRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
23	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
24	GÓRA MARTA	126		JASTRZĘBIE ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11

JASTRZĘBSKA DZIESIĄTKA, Najlepsza Jastrzębianka c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
25	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
26	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
27	RAŻNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
28	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
29	NIEŚLAŃCZYK BARBARA	163		JASTRZĘBIE-Z DRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
30	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
31	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
32	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
33	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
34	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
35	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
36	FRAJHOFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
37	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
38	KOSOWSKA GRAŻYNA	254		JASTRZĘBIE ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
39	SAWICKA AGNIESZKA	298		JASTRZĘBIE-Z DRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
40	SZEFER SYLWIA	312		JASTRZĘBIE-Z DRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
41	SITKO DAGMARA	302		JASTRZĘBIE-Z DRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
42	ŚLEZIAK PAULINA	316		JASTRZĘBIE-Z DRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
43	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
44	KRAUZ SANDRA	146		JASTRZĘBIE-Z DRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
45	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
46	STOPYRA AGNIESZKA	184		JASTRZĘBIE-Z DRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
47	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
48	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
49	HETMANIOK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
50	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-Z DRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
51	LISZOK IWONA	262		JASTRZĘBIE-Z DRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
52	GAŃKO GRAŻYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
53	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
54	SŁODZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10

JASTRZĘBSKA DZIESIĄTKA, Najlepsza Jastrzębianka c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
55	FECZKO LUCYNA	121	JASTRZĘBIE-Z DRÓJ	POL	K40-49		55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9
56	BARAN IRENA	58	JASTRZĘBIE-Z DRÓJ	POL	K50-59		10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
57	WALA ANNA	191	JASTRZĘBIE-Z DRÓJ	POL	K30-39		81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
58	WIECZOREK KLAUDIA	194	JASTRZĘBIE-Z DRÓJ	POL	K30-39		82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
59	ZIĘTARA AGATA	330	JASTRZĘBIE-Z DRÓJ	POL	K40-49		60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
60	OLSZEWSKA DOROTA	280	JASTRZĘBIE ZDRÓJ	POL	K40-49		62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
61	PIPIRO GRAŻYNA	287	JASTRZĘBIE-Z DRÓJ	POL	K60-69		4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
62	REYMANN MILENA	172	JASTRZĘBIE-Z DRÓJ	POL	K30-39		84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
63	NIEDZIOŁKO BOŻENA	162	JASTRZĘBIE-Z DRÓJ	POL	K50-59		13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
64	ADAMCZAK RENATA	203	JASTRZĘBIE-Z DRÓJ	POL	K40-49		63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
65	HERDUŚ LUCYNA	130	JASTRZĘBIE ZDRÓJ	POL	K30-39		85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
66	BARTNIK JOANNA	208	JASTRZĘBIE-Z DRÓJ	POL	K40-49		66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
67	PAJĄK MAŁGORZATA	283	JASTRZĘBIE ZDRÓJ	POL	K50-59		14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
68	BOŻEK DAGMARA	217	JASTRZĘBIE ZDRÓJ	POL	K40-49		67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
69	KUBAS ALINA	256	JASTRZĘBIE-Z DRÓJ	POL	K40-49		68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
70	GŁÓWCZYK IZABELLA	240	JASTRZĘBIE-Z DRÓJ	POL	K40-49		69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
71	SURY-WOLNIEWICZ KAMILA	310	JASTRZĘBIE-Z DRÓJ	POL	K40-49		70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1
72	BETLEJ DOROTA	212	JASTRZĘBIE-Z DRÓJ	POL	K30-39		92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
73	BETAŃSKA ANETA	211	JASTRZĘBIE-Z DRÓJ	POL	K40-49		71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
74	MYŚLIWIEC KULCZYKOWA	160	JASTRZĘBIE-Z DRÓJ	POL	K40-49		73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
75	JANCZARA EWA	135	JASTRZĘBIE ZDRÓJ	POL	K30-39		95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
76	URBAŚ MONIKA	319	JASTRZĘBIE-Z DRÓJ	POL	K30-39		98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
77	ZALEWSKA BARBARA	329	JASTRZĘBIE-Z DRÓJ	POL	K40-49		75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
78	PYZIK BARBARA	296	JASTRZĘBIE-Z DRÓJ	POL	K30-39		101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
79	ROTTER HANNA	173	JASTRZĘBIE-Z DRÓJ	POL	K50-59		20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
80	URBACZKA KAROLINA	107	JASTRZĘBIE-Z DRÓJ	POL	K20-29		41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
81	MYŚLIWIEC BARBARA	277	JASTRZĘBIE-Z DRÓJ	POL	K20-29		42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
82	FELSKA WERONIKA	232	JASTRZĘBIE-Z DRÓJ	POL	K20-29		43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
83	PRZYGODA SYLWIA	294	JASTRZĘBIE-Z DRÓJ	POL	K20-29		44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8

JASTRZĘBSKA DZIESIĄTKA, Najlepsza Jastrzębianka c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
84	SZCZEGODZINSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
85	SIKORA SARA	301		JASTRZEBIE ZDROJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
86	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
87	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
2	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
3	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
4	MICHALAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
5	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
6	ŚLĘZAK SYLWIA	4		CZĘSTOCHOWA	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
7	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
8	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÖRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
9	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
10	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
11	DYBCZYŃSKA JADWIGA	16		GÖRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
12	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
13	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
14	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
15	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
16	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
17	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIEWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
18	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
19	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
20	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
21	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
22	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
23	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
24	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
25	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
26	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
27	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
28	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
29	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
30	STUHLIK MAGDALENA	105		JARZĄBKOWICE	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
31	KOŹMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
32	ZAJĄC ANNA	109		ZEBRZYDOWICE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
33	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
34	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
35	KONIZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
36	CIEZAK-RAUSZER MAGDALENA	63		JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
37	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
38	SIKORA MAGDALENA	177		CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
39	MAZUREK ANNA	92		BIELSKO-BIAŁA	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3
40	PAWŁOK ANNA	47		KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
41	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
42	SIKORA ALICJA	53		BIELSKO BIAŁA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
43	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
44	DOMAGAŁA KORNELIA	64		RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
45	LERCH BOŻENA	86		JASTRZĘBIE-ZDRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
46	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
47	LEISZNER IZABELA	38		BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
48	BRZOZOWSKA TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
49	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
50	WÓJCIK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-ZDRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
51	ZELENT KAROLINA	201		JASTRZĘBIE-ZDRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
52	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
53	JAKUBOWSKA MAŁGORZATA	134		PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
54	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
55	KAZIMIERCZUK MONIKA	78		KĘDZIERZYN-KOŹLE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
56	GWIZDAŁA JOANNA	129		JASTRZĘBIE-ZDRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
57	GNAŚ ANNA	71		JASTRZĘBIE-ZDRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
58	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-ZDRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
59	SOLICH OLA	104		RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
60	HELIOSZ AGNIESZKA	72		KROSTOSZOWICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
61	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
62	CANIBOL ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
63	NOWAK AGNIESZKA	96		JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
64	SICH-ŚWITAŁA MAŁGORZATA	52		KROSTOSZOWICE	POL	K40-49	10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
65	MALIK ALICJA	89		BELK	POL	K20-29	16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
66	KIPPING MAGDALENA	140		BIELSKO-BIAŁA	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
67	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5
68	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
69	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
70	PASŁAWSKA KATARZYNA	795	JASTRZEBIE ZDRÓJ	POL	K40-49		13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
71	KIELKOWSKA MARIA	79	PSZCZYNA	POL	K30-39		34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
72	SPYRKA MONIKA	305	JASTRZĘBIE ZDRÓJ	POL	K20-29		18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
73	POPEK BARBARA	49	JASTRZĘBIE-Z DRÓJ	POL	K40-49		14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
74	STOCHNIJ KATARZYNA	183	CHORZÓW	POL	K30-39		35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
75	GORZELAK JOANNA	125	JASTRZĘBIE-Z DRÓJ	POL	K30-39		36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
76	CHROBOK JÓZEFA	114	CIESZYN	POL	K40-49		15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
77	STACHAŃCZYK DOROTA	306	JASTRZĘBIE-Z DRÓJ	POL	K40-49		16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
78	OBROK MARTA	164	WILAMOWICE	POL	K40-49		17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
79	KLEJNOWSKA KATARZYNA	80	GLIWICE	POL	K30-39		37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
80	PAJESTKA KATARZYNA	97	RUDA ŚLĄSKA	POL	K40-49		18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
81	DURAJ MAGDALENA	119	BYSTRA	POL	K30-39		38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
82	PYTEL RENATA	100	PIELGRZYMO WICE	POL	K50-59		5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
83	BURAKOWSKA MAŁGORZATA	62	SOSNOWIEC	POL	K40-49		19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
84	LYSKO AGNIESZKA	88	DĄBROWA GÓRNICZA	POL	K30-39		39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
85	BOROWSKA ANETA	215	SOSNOWIEC	POL	K30-39		40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
86	GATNER AGNIESZKA	237	JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA}	POL	K40-49		20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
87	HERUD MAGDALENA	73	PIETROWICE WIELKIE	POL	K30-39		41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
88	PRZYBYSZ KINGA	170	ŻORY	POL	K20-29		19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
89	ŁATKA DOROTA	264	ŻORY	POL	K40-49		21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
90	RYBKA SONIA	297	CHRZANÓW	POL	K30-39		42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
91	BRZUSKA KASIA	113	CIESZYN	POL	K40-49		22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
92	DONOCIK BOGUSŁAWA	230	CIESZYN	POL	K40-49		23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
93	MRÓGAŁA EWA	158	CISOWNICA	POL	K30-39		43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
94	LIPKA EDYTA	39	JASTRZĘBIE-Z DRÓJ	POL	K30-39		44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
95	MALINOWSKA ANETA	153	CIESZYN	POL	K40-49		24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
96	MARCZAK-OLEJNICZAK ANNA	154	TARNOWSKIE GÓRY	POL	K30-39		45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
97	JĘDRYKA PATRYCJA	246	JASTRZĘBIE-Z DRÓJ	POL	K30-39		46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
98	NALEWAJKA WIOLETA	45	JASTRZĘBIE-Z DRÓJ	POL	K40-49		25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
99	KIELKOWSKA AGNIESZKA	138	JASTRZĘBIE-Z DRÓJ	POL	K40-49		26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
100	MUSIAŁ MARIA	159	JASTRZĘBIE-Z DRÓJ	POL	K50-59		6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
101	DĄBROWSKA EMILIA	33	JASTRZĘBIE ZDRÓJ	POL	K40-49		27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
102	GENSTY KLAUDIA	69	LUBOMIA	POL	K40-49		28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
103	URBAINSKA ILONA	190	ŁĘG	POL	K30-39		47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11
104	GÓRA MARTA	126	JASTRZĘBIE ZDRÓJ	POL	K30-39		48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11
105	PRZESÓR BARBARA	169	BRZEZINKA	POL	K30-39		49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
106	CHYTROSZEK ELEONORA	115	ROGÓW	POL	K40-49		29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
107	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
108	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
109	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
110	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
111	RAŹNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
112	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
113	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
114	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
115	DĄBROWSKA-PALUCH ANNA	227		TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
116	MELER EWELINA	155		KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
117	JAGODZIŃSKA MAGDALENA	133		WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
118	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
119	KWAŚNY EWA	259		BIELSKO-BIAŁA	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
120	NIEŚLAŃCZYK BARBARA	163		JASTRZĘBIE-Z DRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
121	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
122	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
123	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
124	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
125	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
126	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
127	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
128	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
129	GAWĘŁCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
130	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
131	PAŃTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
132	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
133	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
134	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
135	FOJCIK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
136	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
137	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
138	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
139	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
140	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
141	DOBRAZAS BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
142	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
143	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5
144	FRAJHOFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
145	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
146	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
147	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
148	ĆWIOK BARBARA	226	PANIÓWKI	POL	K40-49		44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
149	HEJNA IZABELA	243	RADLIN	POL	K40-49		45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
150	KUBICA PATRYCJA	84	CIESZYN	POL	K30-39		67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
151	PIECHOCKA JADWIGA	285	GLIWICE	POL	K40-49		46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
152	BOŚ NATALIA	216	JAWORZNO	POL	K30-39		68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
153	CHOLAJDA MONIKA	220	GOLKOWICE	POL	K30-39		69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
154	KOSOWSKA GRAŻYNA	254	JASTRZĘBIE ZDRÓJ	POL	K50-59		8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
155	NICER-OSIEWACZ MONIKA	161	OPATOW	POL	K20-29		27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
156	SIENIAWSKA JANINA	300	KĘDZIERZYN-KOZŁE	POL	K60-69		3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
157	JESIONEK MAŁGORZATA	136	IMIELIN	POL	K30-39		70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
158	KOŁAK ALICJA	252	GLIWICE	POL	K30-39		71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
159	SAWICKA AGNIESZKA	298	JASTRZĘBIE-ZDRÓJ	POL	K40-49		47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
160	SZEFER SYLWIA	312	JASTRZĘBIE-ZDRÓJ	POL	K40-49		48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
161	LACHOWICZ IZABELA	260	RYBNIK-BOGU SZOWICE	POL	K20-29		28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2
162	SITKO DAGMARA	302	JASTRZĘBIE-ZDRÓJ	POL	K30-39		72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
163	ŚLEZIAK PAULINA	316	JASTRZĘBIE-ZDRÓJ	POL	K16-19		6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
164	SZYMURA MONIKA	314	ŻORY	POL	K20-29		29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
165	KRAUZ SANDRA	146	JASTRZĘBIE-ZDRÓJ	POL	K30-39		73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
166	TRZCIŃSKA JOANNA	189	JASTRZĘBIE ZDRÓJ	POL	K20-29		30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
167	ŻEBROWSKA MATYLDA	333	MYSŁOWICE	POL	K40-49		49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
168	MUSIOŁ HELENA	94	RYBNIK	POL	K40-49		50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
169	ROZMUS EWA	174	GÓRA	POL	K40-49		51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
170	STOPYRA AGNIESZKA	184	JASTRZĘBIE-ZDRÓJ	POL	K40-49		52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
171	GIERON SYNTIA	70	JASTRZĘBIE - ZDRÓJ	POL	K20-29		31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
172	OSTROWSKA IZABELA	281	JASTRZĘBIE	POL	K40-49		53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
173	JAKUBOWSKA AGNIESZKA	245	ŻORY	POL	K40-49		54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
174	SUBIK EDYTA	106	GLIWICE	POL	K30-39		74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
175	KUKLA AGATA	258	BRZESZCZE	POL	K30-39		75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
176	HANDY SAMANTA	34	KĘTY	POL	K30-39		76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
177	HETMANIOK AGNIESZKA	131	JASTRZĘBIE ZDRÓJ	POL	K20-29		32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
178	WIŚNIEWSKA JUSTYNA	323	JASTRZĘBIE-ZDRÓJ	POL	K30-39		77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
179	MROWIEC EDYTA	274	RUDA ŚLĄSKA	POL	K20-29		33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
180	LISZOK IWONA	262	JASTRZĘBIE-ZDRÓJ	POL	K30-39		78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
181	GAŃKO GRAŻYNA	123	JASTRZĘBIE ZDRÓJ	POL	K50-59		9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
182	GIŻYŃSKA KATARZYNA	238	JASTRZĘBIE ZDRÓJ	POL	K30-39		79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
183	ORŁOWSKA JOANNA	165	MAZAŃCOWICE	POL	K30-39		80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
184	SŁODZIŃSKA MAGDALENA	179	JASTRZĘBIE ZDRÓJ	POL	K20-29		34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
185	FECZKO LUCYNA	121	JASTRZĘBIE-ZDRÓJ	POL	K40-49		55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
186	SZKATUŁA JADWIGA	185	TURZA ŚLAŚKA	POL	K20-29		35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
187	KĄŁUS JOANNA	250	RYBNIK	POL	K40-49		56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
188	BARAN IRENA	58	JASTRZĘBIE-Z DRÓJ	POL	K50-59		10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
189	GABRUŚ IWONA	234	CZERWIONKA	POL	K40-49		57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
190	WALA ANNA	191	JASTRZĘBIE-Z DRÓJ	POL	K30-39		81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
191	GOIK AGNIESZKA	241	RADLIN	POL	K40-49		58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
192	WIECZOREK KLAUDIA	194	JASTRZĘBIE-Z DRÓJ	POL	K30-39		82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
193	WYSZYŃSKA KARINA	326	KIETRZ	POL	K30-39		83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7
194	CIEŚLA EDYTA	221	RYBNIK	POL	K40-49		59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
195	FOJCIK GABRIELA	233	RYBNIK	POL	K50-59		11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
196	ZIĘTARA AGATA	330	JASTRZĘBIE-Z DRÓJ	POL	K40-49		60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
197	WAWRZYK IWONA	322	CIESZYN	POL	K50-59		12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
198	PODLEŚNY JUSTYNA	290	ŻORY	POL	K40-49		61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
199	OLSZEWSKA DOROTA	280	JASTRZĘBIE ZDRÓJ	POL	K40-49		62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
200	PIPIRO GRAŻYNA	287	JASTRZĘBIE-Z DRÓJ	POL	K60-69		4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
201	REYMANN MIŁENA	172	JASTRZĘBIE-Z DRÓJ	POL	K30-39		84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
202	NIEDZIOŁKO BOŻENA	162	JASTRZĘBIE-Z DRÓJ	POL	K50-59		13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
203	ADAMCZAK RENATA	203	JASTRZĘBIE-Z DRÓJ	POL	K40-49		63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
204	GÓRNY JOLA	127	BIELSKO-BIAŁ A	POL	K40-49		64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
205	TORZEWSKA SANDRA	188	WRZEŚNIA	POL	K20-29		36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
206	HERDUŚ LUCYNA	130	JASTRZĘBIE ZDRÓJ	POL	K30-39		85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
207	KALETA AGNIESZKA	249	BRZESZCZE	POL	K30-39		86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
208	WALESZ JOANNA	321	JAWORZNO	POL	K40-49		65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
209	BARTNIK JOANNA	208	JASTRZĘBIE-Z DRÓJ	POL	K40-49		66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
210	BRYCHCY ESTERA	112	PAWŁOWICE	POL	K30-39		87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
211	WIDENKA JOANNA	193	LUBOMIA	POL	K20-29		37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
212	PAJĄK MAŁGORZATA	283	JASTRZĘBIE ZDRÓJ	POL	K50-59		14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
213	BOŻEK DAGMARA	217	JASTRZĘBIE ZDRÓJ	POL	K40-49		67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
214	KUBAS ALINA	256	JASTRZĘBIE-Z DRÓJ	POL	K40-49		68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
215	STEKLA-MAJER ANNA	309	SKOCZÓW	POL	K20-29		38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
216	STEKLA JOANNA	308	SKOCZÓW	POL	K50-59		15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
217	MOKRZYCKA JUSTYNA	273	KRAKÓW	POL	K30-39		88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
218	MULKA ULA	276	ŁĘDZINY	POL	K30-39		89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
219	WOJTOŃ-STAWICKA MAŁGORZATA	324	PAWŁOWICE	POL	K50-59		16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1
220	ŁUKASIK ALDONA	151	ŻORY	POL	K30-39		90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
221	GŁÓWCZYK IZABELLA	240	JASTRZĘBIE-Z DROJ	POL	K40-49		69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
222	SURY-WOLNIEWICZ KAMILA	310	JASTRZĘBIE-Z DRÓJ	POL	K40-49		70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1

JASTRZĘBSKA DZIESIĄTKA, Najlepsze Polki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
223	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
224	STANULA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
225	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
226	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
227	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
228	MAĆKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
229	MYŚLIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
230	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9
231	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
232	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
233	ŚLEDŹ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
234	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
235	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
236	DZIĘCIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
237	SLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
238	URBAŚ MONIKA	319		JASTRZĘBIE-Z DRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
239	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
240	MAĆKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
241	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
242	POKORA IZABELA	291		BIELSKO-BIAŁA	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
243	PYZIK BARBARA	296		JASTRZĘBIE-Z DRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
244	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
245	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3
246	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
247	KLACZEK ANNA	251		BUCZKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
248	MŁOCEK EWELINA	271		SAMBOROWICE	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
249	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
250	MAĆZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
251	MYŚLIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
252	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
253	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
254	ŻEBROWSKA WERONIKA	334		MYSŁOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
255	SZCZEGODZIŃSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
256	WOLNIK JOLKA	325		LIGOTA KSIĘŻYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6
257	SIKORA SARA	301		JASTRZĘBIE ZDRÓJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
258	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
259	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, Półmetek K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	CHEMUTAI JOYLINE	984		ELDORÉ	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9
2	MBATHA RUTH NUNDU	985		ELDORÉ	KEN	K20-29	2	K 2		00:09:54	00:16:51	00:24:57	00:32:02	00:34:08.10	00:34:09.00	3:24	17.6
3	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
4	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
5	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
6	MICHALAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
7	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
8	ŚLĘZAK SYLWIA	4		CZĘSTOCHOWA	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
9	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
10	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÓRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
11	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
12	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
13	DYBCZYŃSKA JADWIGA	16		GÓRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
14	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
15	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
16	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
17	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
18	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
19	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIEWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
20	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
21	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
22	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM O LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
23	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
24	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
25	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
26	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
27	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
28	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
29	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
30	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
31	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
32	STUCHLIK MAGDALENA	105		JARZĄBKOWICE	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
33	KOŹMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6
34	ZAJĄC ANNA	109		ZEBRZYDOWICE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
35	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
36	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4
37	KONDZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
38	CIEZAK-RAUSZER MAGDALENA	63		JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
39	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
40	SIKORA MAGDALENA	177		CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
41	MAZUREK ANNA	92		BIELKSO-BIAŁA	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
42	PAWLOK ANNA	47		KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
43	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
44	SIKORA ALICJA	53		BIELSKO BIALA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
45	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
46	DOMAGAŁA KORNELIA	64		RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
47	LERCH BOŻENA	86		JASTRZĘBIE-Z DRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
48	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
49	LEISZNER IZABELA	38		BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
50	BRZozowska TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12
51	BORKOWSKA PAULINA	59		JASTRZĘBIE ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
52	WÓJCİK-KRZYŻOWSKA BARBARA	198		JASTRZĘBIE-Z DRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
53	ZELENT KAROLINA	201		JASTRZĘBIE-Z DRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
54	FLASZ ANNA	66		JASTRZĘBIE ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
55	JAKUBOWSKA MAŁGORZATA	134		PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
56	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
57	KAZIMIERCZUK MONIKA	78		KĘDZIERZYN- KOZŁE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
58	GWIZDAŁA JOANNA	129		JASTRZĘBIE-Z DRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
59	GNAŚ ANNA	71		JASTRZĘBIE-Z DRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
60	ZHABOTYNSKA MARINA	202		JASTRZĘBIE-Z DRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
61	SOLICH OLA	104		RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
62	HELIOSZ AGNIESZKA	72		KROSTOSZOW ICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
63	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
64	CANIBOŁ ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
65	NOWAK AGNIESZKA	96		JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
66	SICH-ŚWITAŁA MAŁGORZATA	52		KROSTOSZOW ICE	POL	K40-49	10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
67	MALIK ALICJA	89		BEŁK	POL	K20-29	16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
68	KIPPING MAGDALENA	140		BIELSKO-BIAŁ A	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
69	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5
70	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
71	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
72	PASŁAWSKA KATARZYNA	795		JASTRZĘBIE ZDRÓJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
73	KIELKOWSKA MARIA	79		PSZCZYNA	POL	K30-39	34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
74	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
75	POPEK BARBARA	49		JASTRZĘBIE-Z DRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
76	STOCHNIJ KATARZYNA	183		CHORZÓW	POL	K30-39	35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
77	GORZELAK JOANNA	125		JASTRZĘBIE-Z DRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
78	CHROBOK JÓZEFA	114		CIESZYN	POL	K40-49	15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
79	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-Z DRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4
80	OBROK MARTA	164		WILAMOWICE	POL	K40-49	17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
81	KLEJNOWSKA KATARZYNA	80		GLIWICE	POL	K30-39	37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
82	PAJESTKA KATARZYNA	97		RUDA ŚLĄSKA	POL	K40-49	18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
83	DURAJ MAGDALENA	119		BYSTRA	POL	K30-39	38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
84	PYTEL RENATA	100		PIELGRZYMO WICE	POL	K50-59	5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
85	BURAKOWSKA MAŁGORZATA	62		SOSNOWIEC	POL	K40-49	19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
86	LYSKO AGNIESZKA	88		DĄBROWA GÓRNICZA	POL	K30-39	39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
87	BOROWSKA ANETA	215		SOSNOWIEC	POL	K30-39	40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
88	GATNER AGNIESZKA	237		JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA)	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
89	HERUD MAGDALENA	73		PIETROWICE WIELKIE	POL	K30-39	41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
90	PRZYBYSZ KINGA	170		ŻORY	POL	K20-29	19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
91	ŁATKA DOROTA	264		ŻORY	POL	K40-49	21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
92	RYBKA SONIA	297		CHRZANÓW	POL	K30-39	42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
93	BRZUSKA KASIA	113		CIESZYN	POL	K40-49	22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
94	DONOCIK BOGUSŁAWA	230		CIESZYN	POL	K40-49	23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
95	MROGAŁA EWA	158		CISOWNICA	POL	K30-39	43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
96	LIPKA EDYTA	39		JASTRZĘBIE-Z DRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
97	MALINOWSKA ANETA	153		CIESZYN	POL	K40-49	24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
98	MARCZAK-OLEJNICZAK ANNA	154		TARNOWSKIE GÓRY	POL	K30-39	45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
99	JĘDRYKA PATRYCJA	246		JASTRZĘBIE-Z DRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
100	NALEWAJKA WIOLETA	45		JASTRZĘBIE-Z DRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
101	KIEŁKOWSKA AGNIESZKA	138		JASTRZĘBIE-Z DRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
102	MUSIAŁ MARIA	159		JASTRZĘBIE-Z DRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
103	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
104	GENSTY KLAUDIA	69		LUBOMIA	POL	K40-49	28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
105	URBAINSKA ILONA	190		ŁĘG	POL	K30-39	47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11
106	GÓRA MARTA	126		JASTRZĘBIE ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11
107	PRZESÓR BARBARA	169		BRZEZINKA	POL	K30-39	49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
108	CHYTROSZEK ELEONORA	115		ROGÓW	POL	K40-49	29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9
109	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
110	DOMAŃSKA JOANNA	229		JASTRZĘBIE-Z DRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
111	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
112	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
113	RAŹNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
114	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
115	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
116	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
117	DĄBROWSKA-PALUCH ANNA	227		TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
118	MELER EWELINA	155		KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
119	JAGODZIŃSKA MAGDALENA	133		WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
120	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
121	KWAŚNY EWA	259		BIELSKO-BIAŁA	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
122	NIEŚLAŃCZYK BARBARA	163		JASTRZĘBIE-ZDRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7
123	LERCH MARIA	148		JASTRZĘBIE-ZDRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
124	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE-ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
125	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
126	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
127	MALISZEWSKA BEATA	268		JASTRZĘBIE-ZDRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
128	MROZEK ALEKSANDRA	157		JASTRZĘBIE-ZDRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
129	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
130	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
131	GAWELCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
132	PLASKA BARBARA	288		JASTRZĘBIE-ZDRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
133	PAŃTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
134	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
135	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
136	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
137	FOJCIK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
138	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
139	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
140	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
141	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
142	PROKURAT AGNIESZKA	293		JASTRZĘBIE-ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
143	DOBRASZ BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
144	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
145	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5
146	FRAJHOFER EWA	68		JASTRZĘBIE-ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
147	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
148	CZARNOWSKA BEATA	224		JASTRZĘBIE-ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
149	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4
150	ĆWIOK BARBARA	226		PANIÓWKI	POL	K40-49	44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
151	HEJNA IZABELA	243		RADLIN	POL	K40-49	45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
152	KUBICA PATRYCJA	84		CIESZYN	POL	K30-39	67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
153	PIECHOCKA JADWIGA	285		GLIWICE	POL	K40-49	46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
154	BOŚ NATALIA	216		JAWORZNO	POL	K30-39	68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
155	CHOLAJDA MONIKA	220		GÓLKOWICE	POL	K30-39	69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
156	KOSOWSKA GRAŻYNA	254		JASTRZĘBIE-ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
157	NICER-OSIEWACZ MONIKA	161		OPATÓW	POL	K20-29	27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
158	SIENIAWSKA JANINA	300		KĘDZIERZYN-KOŹLE	POL	K60-69	3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
159	JESIONEK MAŁGORZATA	136		IMIELIN	POL	K30-39	70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
160	KOŁAK ALICJA	252		GLIWICE	POL	K30-39	71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
161	SAWICKA AGNIESZKA	298		JASTRZĘBIE-Z DRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
162	SZEFER SYLWIA	312		JASTRZĘBIE-Z DRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
163	LACHOWICZ IZABELA	260		RYBNIK-BOGU SZOWICE	POL	K20-29	28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2
164	SITKO DAGMARA	302		JASTRZĘBIE-Z DRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
165	ŚLEZIAK PAULINA	316		JASTRZĘBIE-Z DRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2
166	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
167	KRAUZ SANDRA	146		JASTRZEBIE-Z DRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
168	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
169	ŻEBROWSKA MATYLDA	333		MYSŁOWICE	POL	K40-49	49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
170	MUSIOŁ HELENA	94		RYBNIK	POL	K40-49	50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
171	ROZMUS EWA	174		GÓRA	POL	K40-49	51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
172	STOPYRA AGNIESZKA	184		JASTRZĘBIE-Z DRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
173	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
174	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
175	JAKUBOWSKA AGNIESZKA	245		ŻORY	POL	K40-49	54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
176	SUBIK EDYTA	106		GLIWICE	POL	K30-39	74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
177	KUKŁA AGATA	258		BRZESZCZE	POL	K30-39	75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
178	HANDY SAMANTA	34		KĘTY	POL	K30-39	76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
179	HETMANIÓK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
180	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-Z DRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
181	MROWIEC EDYTA	274		RUDA ŚLĄSKA	POL	K20-29	33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
182	LISZOK IWONA	262		JASTRZĘBIE-Z DRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
183	GAŃKO GRAZYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
184	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
185	ORŁOWSKA JOANNA	165		MAZAŃCOWICE	POL	K30-39	80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
186	ŚLÓDZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
187	FECZKO LUCYNA	121		JASTRZĘBIE-Z DRÓJ	POL	K40-49	55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9
188	SZKATUŁA JADWIGA	185		TURZA ŚLĄSKA	POL	K20-29	35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
189	KĄŁUS JOANNA	250		RYBNIK	POL	K40-49	56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
190	BARAN IRENA	58		JASTRZĘBIE-Z DRÓJ	POL	K50-59	10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
191	GABRUSI IWONA	234		CZERWIONKA	POL	K40-49	57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
192	WALA ANNA	191		JASTRZĘBIE-Z DRÓJ	POL	K30-39	81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
193	GOIK AGNIESZKA	241		RADLIN	POL	K40-49	58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
194	WIECZOREK KLAUDIA	194		JASTRZĘBIE-Z DRÓJ	POL	K30-39	82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
195	WYSZYŃSKA KARINA	326		KIETRZ	POL	K30-39	83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
196	CIEŚLA EDYTA	221		RYBNIK	POL	K40-49	59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7
197	FOJCIK GABRIELA	233		RYBNIK	POL	K50-59	11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
198	ZIĘTARA AGATA	330		JASTRZĘBIE-Z DRÓJ	POL	K40-49	60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
199	WAWRZYK IWONA	322		CIESZYN	POL	K50-59	12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
200	PODLEŚNY JUSTYNA	290		ŻORY	POL	K40-49	61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
201	OLSZEWSKA DOROTA	280		JASTRZĘBIE ZDRÓJ	POL	K40-49	62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
202	PIPIRO GRAŻYNA	287		JASTRZĘBIE-Z DRÓJ	POL	K60-69	4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6
203	REYMANN MILENA	172		JASTRZĘBIE-Z DRÓJ	POL	K30-39	84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
204	NIEDZIOŁKO BOŻENA	162		JASTRZĘBIE-Z DRÓJ	POL	K50-59	13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
205	ADAMCZAK RENATA	203		JASTRZĘBIE-Z DRÓJ	POL	K40-49	63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
206	GÓRNY JOLA	127		BIELSKO-BIAŁ A	POL	K40-49	64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
207	TORZEWSKA SANDRA	188		WRZEŚNIA	POL	K20-29	36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
208	HERDUŚ LUCYNA	130		JASTRZĘBIE ZDRÓJ	POL	K30-39	85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
209	KALETA AGNIESZKA	249		BRZESZCZE	POL	K30-39	86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
210	WALESZ JOANNA	321		JAWORZNO	POL	K40-49	65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
211	BARTNIK JOANNA	208		JASTRZĘBIE-Z DRÓJ	POL	K40-49	66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
212	BRYCHCY ESTERA	112		PAWŁOWICE	POL	K30-39	87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
213	WIDENKA JOANNA	193		LUBOMIA	POL	K20-29	37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
214	PAJAŁ MAŁGORZATA	283		JASTRZĘBIE ZDRÓJ	POL	K50-59	14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
215	BOŻEK DAGMARA	217		JASTRZĘBIE ZDRÓJ	POL	K40-49	67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
216	KUBAS ALINA	256		JASTRZĘBIE-Z DRÓJ	POL	K40-49	68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
217	STEKLA-MAJER ANNA	309		SKOCZÓW	POL	K20-29	38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
218	STEKLA JOANNA	308		SKOCZÓW	POL	K50-59	15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
219	MOKRZYCKA JUSTYNA	273		KRAKÓW	POL	K30-39	88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
220	MULKA ULA	276		LĘDZINY	POL	K30-39	89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
221	WOJTOŃ-STAWICKA MAŁGORZATA	324		PAWŁOWICE	POL	K50-59	16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1
222	ŁUKASIK ALDONA	151		ŻORY	POL	K30-39	90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
223	GŁÓWCZYK IZABELLA	240		JASTRZĘBIE-Z DRÓJ	POL	K40-49	69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
224	SURY-WOLNIEWICZ KAMILA	310		JASTRZĘBIE-Z DRÓJ	POL	K40-49	70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1
225	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
226	STANULA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
227	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
228	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
229	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
230	MAĆKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
231	MYŚLIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
232	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9
233	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9

JASTRZĘBSKA DZIESIĄTKA, Półmetek K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
234	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
235	ŚLEDZ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
236	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
237	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
238	DZIĘCIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
239	SLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
240	URBAŚ MONIKA	319		JASTRZĘBIE-Z DRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
241	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
242	MACKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
243	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
244	POKORA IZABELA	291		BIELSKO-BIALA	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
245	PYZIK BARBARA	296		JASTRZĘBIE-Z DRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
246	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
247	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3
248	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
249	KLACZEK ANNA	251		BUCZKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
250	MŁOCEK EWELINA	271		SAMBOROWICE	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
251	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
252	MĄCZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
253	MYŚLIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
254	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
255	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
256	ŻEBROWSKA WERONIKA	334		MYŚLOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
257	SZCZEGODZINSKA KASIA	311		JASTRZĘBIE-Z DRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
258	WOLNIK JOLKA	325		LIGOTA KSIĘŻYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6
259	SIKORA SARA	301		JASTRZĘBIE ZDRÓJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
260	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10
261	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, 2 fala

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KOSGEI MATHEW	981		ELDORÉ	KEN	M20-29	1	M 1		00:08:43	00:14:55	00:22:02	00:28:10	00:29:58.35	00:29:59.85	2:59	20
2	CHERUTICH NELSON KIPKOGEI	982		ELDORÉ	KEN	M20-29	2	M 2		00:08:45	00:14:55	00:22:04	00:28:19	00:30:10.10	00:30:10.95	3:01	19.9
3	KIBIRE MOSES KIPRUTO	335	BENEDEK-TEAM		KEN	M30-39	1	M 3		00:08:44	00:14:55	00:22:12	00:28:36	00:30:25.95	00:30:27.10	3:02	19.7
4	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
5	WAMBUA ELIJAH MUTUKU	983		ELDORÉ	KEN	M20-29	4	M 5		00:08:44	00:14:56	00:22:36	00:29:24	00:31:23.40	00:31:24.35	3:08	19.1
6	CIEPLAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
7	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
8	DROŹDŹ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
9	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
10	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
11	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
12	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
13	SZRENIAWA PAWEŁ	406		MYSŁOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
14	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
15	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
16	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
17	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
18	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
19	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
20	HATALA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
21	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
22	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
23	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
24	URBANIAK WITEK	407		CZECHOWICE- DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
25	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
26	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
27	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
28	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
29	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
30	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
31	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
32	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
33	JASICA MATEUSZ	371		SŁAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
34	DUŻNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
35	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
36	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
37	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
38	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
39	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
40	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
41	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
42	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
43	KAŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
44	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
45	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
46	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
47	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
48	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
49	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
50	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
51	NOGA KRYSZTIAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
52	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
53	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
54	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
55	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
56	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
57	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
58	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
59	MAROSZEK SZYMON	480		RYBNIK	POL	M30-39	27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
60	FURMAN DAWID	438		BŁĄŻEJOWICE	POL	M30-39	28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
61	NIEŚLONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIEŚLONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
62	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
63	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
64	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
65	GRUDZIEN KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
66	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
67	TRAFIAŁEK MIŁOSZ	528		KATOWICE	POL	M30-39	29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
68	KAWCZYŃSKI RADOSŁAW	457		SOSNOWIEC	POL	M30-39	30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
69	STUCHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
70	WANTULOK PAWEŁ	531		CIESZYN	POL	M20-29	17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3
71	OLBRICH ARTUR	391		TWORKÓW	POL	M30-39	32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
72	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
73	KIJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
74	BIAŁOŻYT MICHAŁ	422		KAMESZNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
75	BEZUCH PAWEŁ	421		WODZISŁAW ŚLĄSKI	POL	M20-29	18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1
76	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
77	WOLNY ARIEL	535		ŁUKÓW ŚLĄSKI	POL	M30-39	33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
78	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
79	SKIBA RYSZARD	517		RACIBÓRZ	POL	M40-49	15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
80	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
81	LORANC MACIEJ	473		BIELSKO-BIAŁA	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
82	PAGIEŁA ŁUKASZ	497		POGÓRZE	POL	M30-39	36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
83	KNAPEK ŁUKASZ	603		SIEMIANOWICE ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
84	SURWIŁO SANDRO	521		TYCHY	POL	M30-39	37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
85	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
86	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
87	BORCHERT MARCIN	425		ŚWIĘTOCHŁOWICE	POL	M30-39	38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
88	HEJNA MICHAŁ	587		SKRZYSZÓW	POL	M30-39	39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
89	RYCHCZYŃSKI JONATAN	512		WODZISŁAW ŚLĄSKI	POL	M20-29	22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
90	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
91	SPYRKA PIOTR	518		JASTRZĘBIE ZDRÓJ	POL	M30-39	41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
92	MARCZAK PIOTR	478		STRZYŻÓW	POL	M30-39	42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
93	MALINOWSKI KRZYSZTOF	386		GIŁOWICE	POL	M50-59	6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
94	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
95	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
96	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
97	RESPONDEK LESZEK	673		ŻORY	POL	M30-39	43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
98	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
99	WOWRY GRZEGORZ	409		CIESZYN	POL	M30-39	45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
100	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
101	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
102	TOKAREWICZ DAMIAN	525		ZEBRZYDOWICE	POL	M30-39	46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6
103	MARTOWSKI PRZEMYSŁAW	481		ZABRZE	POL	M30-39	47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
104	WRZECIONKOWSKI ADRIAN	536		TYCHY	POL	M30-39	48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
105	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
106	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
107	PÁLKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
108	HANKUS ŁUKASZ	447		ŻYWIEC	POL	M30-39	50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
109	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
110	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
111	MROWIEC BERNARD	640		TWORÓW	POL	M50-59	8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
112	BEREZOWSKI TOMASZ	419		KATOWICE	POL	M30-39	51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
113	NIEŚŁONY DOMINIK	389		KOZŁOWICE	POL	M20-29	25	M 112	NIEŚŁONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
114	GLAJCAR TOMASZ	582		HARBUTOWICE	POL	M40-49	23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
115	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
116	PLEWNIĄ DAWID	661		GOGOŁOWA	POL	M20-29	26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
117	PRZYBYŁA TADEUSZ	805		GOŁKOWICE	POL	M30-39	52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
118	PALIGA RAFAŁ	498		TOPOROWICE	POL	M40-49	24	M 117		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4
119	PIŁATOWSKI ANDRZEJ	501		ŁODYGOWICE	POL	M50-59	10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
120	KRUK TOMASZ	462		NYSA	POL	M30-39	53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
121	TOMCZYK MAURZYCY	527		KRAKÓW	POL	M30-39	54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
122	KUŚ TOMASZ	466		MARKŁOWICE	POL	M30-39	55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
123	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
124	ROEHRICH KRZYSZTOF	509		ŁĄKA	POL	M30-39	56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
125	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
126	ŻUKROWSKI KRZYSZTOF	718		KACZYCE	POL	M30-39	57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
127	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-Z DRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
128	KAWECKI STANISŁAW	601		CIESZYN	POL	M40-49	27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
129	TŁOŁKA MICHAŁ	524		ŻORY	POL	M30-39	58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
130	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
131	BARAN BARTOSZ	417		RACIBÓRZ	POL	M20-29	28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
132	DEJEWSKI JAKUB	433		JASTRZĘBIE-Z DRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
133	GADAJ GRZEGORZ	439		RADLIN	POL	M30-39	60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
134	ŁATKA ŁUKASZ	626		RYBNIK	POL	M30-39	61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
135	LAZAR DAMIAN	624		ŻORY	POL	M30-39	62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
136	KUSY RAFAŁ	622		SKOCZÓW	POL	M40-49	28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
137	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
138	ORŁOWSKI GRZEGORZ	646		MAZAŃCOWIC E	POL	M40-49	30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
139	KANCLERZ TOMASZ	455		RACIBÓRZ	POL	M40-49	31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
140	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-Z DRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
141	TOMCZYK LESŁAW	526		CIESZYN	POL	M50-59	13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
142	WOJCIECHOWSKI MARCIN	833		RADLIN	POL	M30-39	63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
143	SIKORA STEFAN	516		BIELSKO BIAŁA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
144	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
145	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLĄSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
146	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
147	DUDZIK SEBASTIAN	568		MAZAŃCOWIC E	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
148	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
149	MĘŻYK MATIK	635		ŁAZISKA	POL	M30-39	66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14
150	MICHALSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
151	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
152	BUĆKO MARCIN	553		JASTRZĘBIE-Z DRÓJ	POL	M40-49	36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
153	GRZONKA ANDRZEJ	446		JASTRZĘBIE-Z DROJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
154	KNYPS ADAM	761		SKOCZÓW	POL	M40-49	38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
155	SZAREK KRZYSZTOF	522		JASZENICA 953	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
156	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
157	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
158	ANTONCZYK ADAM	544		JASTRZĘBIE ZDROJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
159	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
160	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
161	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
162	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
163	MUSZEWSKI BARTŁOMIEJ	642		WODZISŁAW ŚLĄSKI	POL	M40-49	42	M 162	FORMA WODZISŁAW ŚLĄSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
164	GLINIECKI BARTŁOMIEJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
165	WIELOPOLSKI MICHAŁ	532		BIELSKO-BIAŁ A	POL	M16-19	7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
166	PAPUGA DARIUSZ	652		JAWISZOWICE	POL	M50-59	16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8
167	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
168	GIGON DARIUSZ	442		JAWORZNO	POL	M50-59	18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
169	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
170	SMYCZEK BARTOSZ	898		RYBNIK	POL	M30-39	71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
171	BIELA RAFAŁ	423		ŻORY	POL	M40-49	44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
172	DOBROWOLSKI SŁAWEK	435		WARSZAWA	POL	M50-59	19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
173	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
174	RZEPczyński Wiesław	677		RACIBÓRZ	POL	M70+	2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
175	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-Z DRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
176	KĄKOL RYSZARD	458		BIELSKO-BIAŁ A	POL	M60-69	3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
177	GAUDYN ANDRZEJ	440		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
178	DANIKIEWICZ MICHAŁ	432		CZECHOWICE- DZIEDZICE	POL	M30-39	73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZI CE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
179	GRUDZIŃSKI RADOŚLAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
180	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
181	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
182	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
183	BAC MICHAŁ	545		JASTRZĘBIE-Z DRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
184	WYREMBELSKI ADAM	713		JASTRZĘBIE-Z DRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
185	PRZYBYSZ RYSZARD	667		ŻORY	POL	M50-59	20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
186	BURYBA JACEK	557		JASTRZĘBIE-Z DRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
187	MAŁECKI JACEK	631		LIGOTA	POL	M30-39	77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
188	STROF MARCIN	683		SYRYNIA	POL	M30-39	78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
189	UCIEKLAK WALDEMAR	529		CZEŚTOCHOW A	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
190	PRZELIORZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
191	PRZELIORZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
192	PAWŁAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
193	KUSTRĄ JÓZEF	771		JASTRZĘBIE-Z DRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
194	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
195	BALICKI PIOTR	546		MYŚŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
196	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
197	GÓRNY MIREK	367		BIELSKO-BIAŁ A	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
198	OPUCHLIK ROMAN	495		ŚWIĘTOCHŁO WICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5
199	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
200	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
201	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
202	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
203	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
204	POŁĘDNIK TOMASZ	502		WODZISŁAW ŚLĄSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
205	WIERCIOCH TOMASZ	706		KĘDZIERZYN- KOZŁE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
206	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
207	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
208	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
209	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLĄSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
210	RĘBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
211	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
212	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
213	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
214	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
215	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
216	NYKIEL MARIUSZ	492		MYŚŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
217	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁA	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
218	PIŁATOWSKI MIROŚLAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE GRUBIORZE LOTAJOM	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
219	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218		00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
220	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
221	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
222	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
223	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
224	FROSZTEGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
225	GÓRECKI WOJCIECH	744		CZERWIONKA- LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
226	BORYCZKA SZYMON	426		MIEDZYRZECZ E	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
227	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
228	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
229	MIKA ŁUKASZ	637		JASTRZĘBIE-Z DRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
230	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
231	DOCZEKALSKI JAREK	565		JASTRZĘBIE-Z DRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
232	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
233	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIESŁONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
234	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
235	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIC KI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
236	ŻELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
237	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
238	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-Z DRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
239	MALIK RAFAŁ	385		JASTRZĘBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
240	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
241	OGRODNIK DAMIAN	644		JASTRZĘBIE-Z DRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
242	TYTKO BARTŁOMIEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
243	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁA	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
244	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
245	PIECHOCKI PIOTR	656		JASTRZĘBIE-Z DRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
246	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
247	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
248	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
249	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
250	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE- DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1
251	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
252	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
253	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
254	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
255	WALA MAREK	823		JASTRZĘBIE-Z DRÓJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
256	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
257	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁ A	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
258	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
259	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
260	JEZIEWSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
261	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
262	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
263	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:13:53	00:23:06	00:34:22	00:43:54	00:46:37.05	00:46:57.70	4:39	12.9
264	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
265	LELENIOWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
266	KURTO GRZEGORZ	621		BIELSKO-BIAŁ A	POL	M40-49	72	M 265		00:14:45	00:24:13			00:46:39.70	00:46:48.35	4:40	12.9
267	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
268	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
269	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
270	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
271	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
272	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
273	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
274	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
275	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
276	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
277	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
278	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
279	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
280	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
281	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
282	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
283	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
284	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
285	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
286	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
287	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
288	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
289	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
290	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
291	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
292	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
293	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
294	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
295	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
296	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
297	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
298	OLSZYNA MIROSŁAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
299	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
300	MROCKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
301	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
302	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
303	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
304	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
305	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
306	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLĄSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
307	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
308	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
309	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
310	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
311	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
312	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
313	URGACZ MIROSŁAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
314	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DROJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
315	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
316	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4
317	WAWRÓW MIROSŁAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
318	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
319	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
320	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
321	SKĘCZEK ARKADIUSZ	680		GIŁOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
322	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
323	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
324	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3
325	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
326	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
327	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
328	WISEŁKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
329	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
330	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
331	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
332	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
333	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
334	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
335	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
336	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
337	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
338	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
339	BURNAGIEL TOMASZ	556		CZERWIONKA-LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
340	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
341	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
342	GIERULA ARTUR	740		DZIĘGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
343	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
344	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
345	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
346	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
347	SZEREDA ROBERT	687		JASTRZĘBIE-Z DRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
348	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWICE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1
349	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
350	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
351	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
352	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
353	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
354	KORBUS PIOTR	764		GOLESZOW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
355	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
356	JANKO KAMIL	751		MIĘDZYRZECZE	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
357	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
358	ŚPIEWAK MAREK	691		BUCZKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
359	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
360	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
361	POŁĘC KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
362	SZCZECZ KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
363	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
364	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
365	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁA	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
366	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
367	GANDZEL SZYMON	581		MAZAŃCOWICE	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
368	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
369	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
370	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
371	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
372	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
373	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
374	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
375	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
376	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-Z DRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
377	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
378	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
379	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
380	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8
381	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
382	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
383	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
384	POŁOMSKI JERZY	887		JASTRZĘBIE-Z DRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
385	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
386	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
387	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
388	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
389	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
390	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
391	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
392	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
393	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392	OLZA CIESZYN	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
394	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWICE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
395	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
396	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
397	WIEJACZ WIEJACZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
398	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
399	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5
400	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
401	WILCZOK DANIEL	831		WODZISŁAW ŚLĄSKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
402	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
403	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
404	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
405	ČMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
406	KAWIK JANUSZ	759		ZEBRZYDOWICE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
407	PAWĘZOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
408	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
409	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
410	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
411	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
412	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
413	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
414	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
415	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
416	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
417	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
418	SŁADCEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
419	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
420	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
421	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
422	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
423	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
424	JASIŃSKI KRZYSZTOF	858		BOJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
425	SKĘCZEK MARCIN	811		CZECHOWICE-DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2
426	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
427	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
428	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
429	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
430	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
431	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
432	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
433	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
434	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
435	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
436	KULA RADOSŁAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1
437	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
438	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
439	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
440	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
441	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
442	GYMYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
443	PRZYBYŁA KRYSZTIAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
444	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
445	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
446	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
447	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
448	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
449	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
450	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
451	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
452	PAJĄK PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
453	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
454	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁ A	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
455	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
456	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
457	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
458	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
459	WICZKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
460	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
461	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
462	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDROJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
463	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
464	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
465	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8
466	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
467	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
468	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
469	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
470	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
471	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
472	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
473	WOLIŃSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
474	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
475	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6
476	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
477	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
478	DRĄG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
479	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
480	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
481	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
482	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
483	MROZEK MACIEJ	784		ŁUKÓW ŚLAŃSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
484	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
485	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
486	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
487	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
488	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
489	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
490	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
491	WOLIŃSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
492	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
493	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
494	MICUDA JAN	955		MYŚLOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
495	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
496	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
497	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
498	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
499	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
500	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
501	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
502	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
503	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
504	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
505	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
506	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
507	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
508	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
509	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
510	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
511	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
512	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
513	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁA	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
514	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
515	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
516	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
517	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
518	WÓJCIK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
519	KUCZMIERCZYK JANUSZ	951		MYŚLOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
520	POŁOK ROBERT	801		BIELSKO-BIAŁA	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2
521	TRAFIAŁEK MIROSLAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
522	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚŁONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
523	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWICE ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
524	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8

JASTRZĘBSKA DZIESIĄTKA, 2 fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
525	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
526	PIOTROWSKI MIECZYSLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
527	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
528	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
529	LEDWON PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
530	KOZMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
531	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
532	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8
533	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
2	CIEPŁAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
3	DROŹDŹ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
4	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
5	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
6	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
7	SZRENIAWA PAWEŁ	406		MYSŁOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
8	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
9	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
10	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
11	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
12	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
13	BULIK WITOLD	359		GILOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GILOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
14	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
15	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
16	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
17	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
18	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
19	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
20	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
21	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
22	JASICA MATEUSZ	371		SŁAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
23	DUŻNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
24	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
25	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
26	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
27	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
28	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
29	KĄŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
30	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
31	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
32	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
33	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
34	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
35	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
36	NOGA KRYSZTOF	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
37	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
38	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
39	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
40	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
41	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
42	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
43	GRUDZIEN KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
44	STUHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
45	OLBRICH ARTUR	391		TWORKÓW	POL	M30-39	32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
46	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
47	KILJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
48	BIAŁOŻYT MICHAŁ	422		KAMESZNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
49	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
50	WOLNY ARIEL	535		ŁUKÓW ŚLĄSKI	POL	M30-39	33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
51	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
52	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
53	LORANC MACIEJ	473		BIELSKO-BIAŁA	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
54	PAGIEŁA ŁUKASZ	497		POGÓRZE	POL	M30-39	36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
55	KNAPEK ŁUKASZ	603		SIEMANOWICE ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
56	SURWIŁO SANDRO	521		TYCHY	POL	M30-39	37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
57	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
58	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
59	HEJNA MICHAŁ	587		SKRZYSZÓW	POL	M30-39	39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
60	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
61	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
62	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
63	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
64	RESPONDEK LESZEK	673		ŻORY	POL	M30-39	43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
65	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
66	WOWRY GRZEGORZ	409		CIESZYN	POL	M30-39	45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
67	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
68	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
69	WRZECIONKOWSKI ADRIAN	536		TYCHY	POL	M30-39	48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
70	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
71	PALKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
72	HANKUS ŁUKASZ	447		ZYWIEC	POL	M30-39	50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
73	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
74	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
75	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
76	PRZYBYŁA TADEUSZ	805		GOŁKOWICE	POL	M30-39	52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
77	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
78	ROEHRICH KRZYSZTOF	509		ŁĄKA	POL	M30-39	56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
79	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
80	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
81	DEJEWSKI JAKUB	433		JASTRZĘBIE-ZDRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
82	GADAJ GRZEGORZ	439		RADLIN	POL	M30-39	60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
83	LAZAR DAMIAN	624		ŻORY	POL	M30-39	62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
84	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
85	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-ZDRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
86	WOJCIECHOWSKI MARCIN	833		RADLIN	POL	M30-39	63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
87	SIKORA STEFAN	516		BIELSKO BIAŁA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
88	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
89	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLĄSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
90	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
91	DUDZIK SEBASTIAN	568		MAZAŃCOWICE	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
92	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
93	MICHALSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
94	GRUCEL DAMIAN	445		JASTRZĘBIE-ZDRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
95	SZAREK KRZYSZTOF	522		JASIEŃCOWICE	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
96	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
97	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
98	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
99	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
100	GLINIECKI BARTŁOMIEJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
101	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
102	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
103	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-ZDRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
104	GAUDYN ANDRZEJ	440		SIEMIANOWICE ŚLĄSKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
105	GRUDZIŃSKI RADOSŁAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
106	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
107	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
108	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
109	UCIEKŁAK WALDEMAR	529		CZĘSTOCHOWA	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
110	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
111	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
112	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
113	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
114	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
115	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
116	NYKIEL MARIUSZ	492		MYSŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
117	PIĄTOWSKI MIROSŁAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
118	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
119	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
120	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
121	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
122	BORYCZKA SZYMON	426		MIEDZYRZECZE	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
123	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
124	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
125	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
126	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
127	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
128	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
129	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
130	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
131	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
132	WALA MAREK	823		JASTRZĘBIE-Z DROJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
133	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
134	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
135	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
136	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
137	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:34:53	00:44:07			00:46:37.05	00:46:57.70	4:39	12.9
138	LELENIOWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
139	KURTO GRZEGORZ	621		BIELSKO-BIAŁA	POL	M40-49	72	M 265		00:34:45	00:44:13			00:46:39.70	00:46:48.35	4:40	12.9
140	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
141	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
142	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
143	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
144	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
145	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
146	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
147	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
148	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
149	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
150	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
151	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
152	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
153	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
154	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
155	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
156	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
157	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
158	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
159	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
160	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
161	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
162	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
163	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
164	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
165	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
166	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
167	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
168	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
169	JANKO KAMIL	751		MIĘDZYRZECZ E	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
170	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
171	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
172	GANDZEL SZYMON	581		MAZAŃCOWIC E	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
173	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
174	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
175	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
176	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
177	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392	OLZA CIESZYN	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
178	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
179	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
180	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
181	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
182	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
183	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
184	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
185	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
186	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
187	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
188	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
189	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
190	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11

JASTRZĘBSKA DZIESIĄTKA, Mistrz woj. śląskiego c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
191	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
192	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
193	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
194	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
195	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
196	DRĄG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
197	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
198	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
199	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
200	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
201	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
202	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
203	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
204	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁ A	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
205	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
206	LIZAK ADAM	773		CZĘSTOCHOW A	POL	M40-49	166	M 521	NIESŁONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
207	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
208	LEDWON PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
209	KOŹMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
210	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
211	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
2	CIEPLAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
3	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
4	DROŹDZ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
5	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
6	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
7	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
8	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
9	SZRENIAWA PAWEŁ	406		MYSŁOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
10	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
11	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
12	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
13	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
14	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
15	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
16	HATALA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
17	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
18	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
19	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
20	URBANIAK WITEK	407		CZECHOWICE-DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
21	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
22	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-ZDRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
23	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
24	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
25	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
26	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-ZDRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
27	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
28	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
29	JASICA MATEUSZ	371		SŁAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
30	DUŻNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
31	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
32	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
33	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
34	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
35	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
36	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
37	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
38	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
39	KAŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
40	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
41	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
42	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
43	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
44	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
45	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
46	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
47	NOGA KRYSZTIAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
48	KOGUCIUK KAROL	377		JASTRZĘBIE-ZDRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
49	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
50	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
51	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-ZDRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
52	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
53	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
54	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
55	MAROSZEK SZYMON	480		RYBNIK	POL	M30-39	27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
56	FURMAN DAWID	438		BŁAŻEJOWICE	POL	M30-39	28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
57	NIEŚŁONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIEŚŁONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
58	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
59	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
60	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
61	GRUDZIEŃ KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
62	ALBRECHT ARKADIUSZ	354	JASTRZĘBIE-Z DRÓJ	POL	M40-49		12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
63	TRAFIAŁEK MIŁOSZ	528	KATOWICE	POL	M30-39		29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
64	KAWCZYŃSKI RADOSŁAW	457	SOSNOWIEC	POL	M30-39		30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
65	STUCHLIK MAREK	520	JARZĄBKOWICE	POL	M30-39		31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
66	WANTULOK PAWEŁ	531	CIESZYN	POL	M20-29		17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3
67	OLBRICH ARTUR	391	TWORKÓW	POL	M30-39		32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
68	PALT TOMASZ	499	KATOWICE	POL	M40-49		13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
69	KIJAN MARIUSZ	375	JAWORZNO	POL	M40-49		14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
70	BIĄŁOŻYT MICHAŁ	422	KAMESZNICA	POL	M16-19		6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
71	BEZUCH PAWEŁ	421	WODZISŁAW ŚLĄSKI	POL	M20-29		18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1
72	SZPYRKA SEBASTIAN	523	BIELSKO BIAŁA	POL	M20-29		19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
73	WOLNY ARIEL	535	ŁUKÓW ŚLĄSKI	POL	M30-39		33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
74	MEREDYK ADRIAN	387	JASTRZĘBIE ZDRÓJ	POL	M30-39		34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
75	SKIBA RYSZARD	517	RACIBÓRZ	POL	M40-49		15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
76	BRYŁA RAFAŁ	427	JASTRZĘBIE-Z DRÓJ	POL	M30-39		35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
77	LORANC MACIEJ	473	BIELSKO-BIAŁA	POL	M50-59		5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
78	PAGIEŁA ŁUKASZ	497	POGÓRZE	POL	M30-39		36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
79	KNAPEK ŁUKASZ	603	SIEMIANOWICE ŚLĄSKIE	POL	M20-29		20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
80	SURWIŁO SANDRO	521	TYCHY	POL	M30-39		37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
81	KLYSZCZ PAWEŁ	459	ŁAZISKA GÓRNE	POL	M20-29		21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
82	CIECIAK GRZEGORZ	430	ŻORY	POL	M40-49		16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
83	BORCHERT MARCIN	425	ŚWIĘTOCHŁOWICE	POL	M30-39		38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
84	HEJNA MICHAŁ	587	SKRZYSZÓW	POL	M30-39		39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
85	RYCHCZYŃSKI JONATAN	512	WODZISŁAW ŚLĄSKI	POL	M20-29		22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
86	NOWICKI TOMASZ	491	JASTRZĘBIE-Z DRÓJ	POL	M30-39		40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
87	SPYRKA PIOTR	518	JASTRZĘBIE ZDRÓJ	POL	M30-39		41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
88	MARCZAK PIOTR	478	STRZYŻÓW	POL	M30-39		42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
89	MALINOWSKI KRZYSZTOF	386	GIŁOWICE	POL	M50-59		6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
90	KOWAL ŁUKASZ	609	RYBNIK	POL	M20-29		23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
91	ADAMCZEWSKI WALDEMAR	543	JASTRZĘBIE-Z DRÓJ	POL	M50-59		7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
92	SIEGMUND TADEUSZ	679	JASTRZĘBIE ZDRÓJ	POL	M40-49		17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
93	RESPONDEK LESZEK	673	ŻORY	POL	M30-39		43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
94	RAJWA JAN	508	JASTRZĘBIE-Z DRÓJ	POL	M30-39		44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
95	WOWRY GRZEGORZ	409	CIESZYN	POL	M30-39		45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
96	STACHOWSKI IRENEUSZ	519	WODZISŁAW ŚLĄSKI	POL	M40-49		18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
97	BRZÓSKA RAFAŁ	428	CIESZYN	POL	M40-49		19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
98	TOKAREWICZ DAMIAN	525	ZEBRZYDOWICE	POL	M30-39		46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
99	MARTOWSKI PRZEMYSŁAW	481	ZABRZE	POL	M30-39		47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
100	WRZECIONKOWSKI ADRIAN	536	TYCHY	POL	M30-39		48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
101	BIAŁECKI TOMASZ	548	JASTRZĘBIE-Z DRÓJ	POL	M40-49		20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
102	MAJ PRZEMYSŁAW	476	JASTRZĘBIE-Z DRÓJ	POL	M30-39		49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
103	PALKA DAWID	650	TYCHY	POL	M40-49		21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
104	HANKUS ŁUKASZ	447	ŻYWIEC	POL	M30-39		50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
105	ROMIK KRZYSZTOF	510	PYSKOWICE	POL	M40-49		22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
106	GÓRSKI MICHAŁ	583	RACIBÓRZ	POL	M20-29		24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
107	MROWIEC BERNARD	640	TWORKÓW	POL	M50-59		8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
108	BEREZOWSKI TOMASZ	419	KATOWICE	POL	M30-39		51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
109	NIESŁONY DOMINIK	389	KOZŁOWICE	POL	M20-29		25	M 112	NIESŁONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
110	GLAJCAR TOMASZ	582	HARBUTOWIC E	POL	M40-49		23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
111	SERAFIN DARIUSZ IZABELA	514	JASTRZĘBIE ZDRÓJ	POL	M50-59		9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
112	PLEWNIĄ DAWID	661	GOGOŁOWA	POL	M20-29		26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
113	PRZYBYŁA TADEUSZ	805	GOŁKOWICE	POL	M30-39		52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
114	PALIGA RAFAŁ	498	TOPÓROWICE	POL	M40-49		24	M 117		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4
115	PIŁATOWSKI ANDRZEJ	501	ŁODYGOWICE	POL	M50-59		10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
116	KRUK TOMASZ	462	NYSA	POL	M30-39		53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
117	TOMCZYK MAURZYCY	527	KRAKÓW	POL	M30-39		54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
118	KUŚ TOMASZ	466	MARKŁOWICE	POL	M30-39		55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
119	KUNINA PAWEŁ	465	JASTRZĘBIE ZDRÓJ	POL	M40-49		25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
120	ROEHRICH KRZYSZTOF	509	ŁĄKA	POL	M30-39		56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
121	MAZUR MAREK	482	JASTRZĘBIE - ZDRÓJ	POL	M40-49		26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
122	ŻUKROWSKI KRZYSZTOF	718	KACZYCE	POL	M30-39		57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
123	ZIELIŃSKI IRENEUSZ	540	JASTRZĘBIE-Z DRÓJ	POL	M50-59		11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
124	KAWECKI STANISŁAW	601	CIESZYN	POL	M40-49		27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
125	TŁOŁKA MICHAŁ	524	ŻORY	POL	M30-39		58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
126	SMOLIK ŁUKASZ	897	LESZNA GÓRNA	POL	M20-29		27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
127	BARAN BARTOSZ	417	RACIBÓRZ	POL	M20-29		28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
128	DEJEWSKI JAKUB	433	JASTRZĘBIE-Z DRÓJ	POL	M30-39		59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
129	GADAJ GRZEGORZ	439	RADLIN	POL	M30-39		60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
130	ŁATKA ŁUKASZ	626	RYBNIK	POL	M30-39		61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
131	ŁAZAR DAMIAN	624	ŻORY	POL	M30-39		62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
132	KUSY RAFAŁ	622	SKOCZÓW	POL	M40-49		28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
133	RUCIŃSKI KRZYSZTOF	676	RYBNIK	POL	M40-49		29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
134	ORŁOWSKI GRZEGORZ	646	MAZAŃCOWIC E	POL	M40-49		30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
135	KANCLERZ TOMASZ	455	RACIBÓRZ	POL	M40-49		31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
136	KARPLEWICZ ANDRZEJ	456	JASTRZĘBIE-Z DRÓJ	POL	M50-59		12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
137	TOMCZYK LESŁAW	526	CIESZYN	POL	M50-59		13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
138	WOJCIECHOWSKI MARCIN	833	RADLIN	POL	M30-39		63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
139	SIKORA STEFAN	516	BIELSKO BIAŁA	POL	M70+		1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
140	KAMYCZEK GRZEGORZ	600	SKOCZÓW	POL	M40-49		32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
141	LEŚNIAK KRZYSZTOF	469	WODZISŁAW ŚLĄSKI	POL	M40-49		33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
142	LILLA PIOTR	470	JASTRZĘBIE - ZDRÓJ	POL	M30-39		64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
143	DUDZIK SEBASTIAN	568		MAZAŃCOWIC E	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
144	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
145	MĘŻYK MATIK	635		ŁAZISKA	POL	M30-39	66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14
146	MICHAŁSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
147	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
148	BUĆKO MARCIN	553		JASTRZĘBIE-Z DRÓJ	POL	M40-49	36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
149	GRZONKA ANDRZEJ	446		JASTRZEBIE-Z DROJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
150	KNYPS ADAM	761		SKOCZÓW	POL	M40-49	38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
151	SZAREK KRZYSZTOF	522		JASZENICA 953	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
152	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
153	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
154	ANTONCZYK ADAM	544		JASTRZEBIE ZDROJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
155	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
156	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
157	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
158	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
159	MUSZEWSKI BARTŁOMIEJ	642		WODZISŁAW ŚLAŃSKI	POL	M40-49	42	M 162	FORMA WODZISŁAW ŚLAŃSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
160	GLINIECKI BARTŁOMIEJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
161	WIEŁOPOLSKI MICHAŁ	532		BIELSKO-BIAŁ A	POL	M16-19	7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
162	PAPUGA DARIUSZ	652		JAWISZOWICE	POL	M50-59	16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8
163	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
164	GIGOŃ DARIUSZ	442		JAWORZNO	POL	M50-59	18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
165	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
166	SMYCZEK BARTOSZ	898		RYBNIK	POL	M30-39	71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
167	BIELA RAFAŁ	423		ŻORY	POL	M40-49	44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
168	DOBROWOLSKI SŁAWEK	435		WARSZAWA	POL	M50-59	19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
169	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
170	RZEPczyński WIESŁAW	677		RACIBÓRZ	POL	M70+	2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
171	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-Z DRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
172	KĄKOL RYSZARD	458		BIELSKO-BIAŁ A	POL	M60-69	3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
173	GAUDYN ANDRZEJ	440		SIEMIANOWIC E ŚLAŃKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
174	DANKIEWICZ MICHAŁ	432		CZECHOWICE- DZIEDZICE	POL	M30-39	73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZI CE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
175	GRUDZIŃSKI RADOSŁAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
176	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
177	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
178	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
179	BAC MICHAŁ	545		JASTRZĘBIE-Z DRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
180	WYREMBELSKI ADAM	713		JASTRZĘBIE-Z DRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
181	PRZYBYSZ RYSZARD	667		ŻORY	POL	M50-59	20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
182	BURYBA JACEK	557		JASTRZĘBIE-Z DRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
183	MAŁECKI JACEK	631		LIGOTA	POL	M30-39	77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
184	STROF MARCIN	683		SYRYNIA	POL	M30-39	78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
185	UCIEKLAK WALDEMAR	529		CZĘSTOCHOW A	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
186	PRZELIORZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
187	PRZELIORZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
188	PAWŁAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
189	KUSTRA JÓZEF	771		JASTRZĘBIE-Z DRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
190	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
191	BALICKI PIOTR	546		MYSŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
192	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
193	GÓRNY MIREK	367		BIELSKO-BIAŁ A	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
194	OPUCHLIK ROMAN	495		ŚWIĘTOCHŁO WICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5
195	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
196	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
197	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
198	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
199	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
200	POŁEDNIK TOMASZ	502		WODZISŁAW ŚLĄSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
201	WIERCIOCH TOMASZ	706		KEDZIERZYN- KOŹLE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
202	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
203	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
204	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
205	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLĄSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4
206	RĘBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
207	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
208	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
209	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
210	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
211	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
212	NYKIEL MARIUSZ	492		MYSŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
213	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁ A	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
214	PIŁATOWSKI MIROSLAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
215	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
216	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
217	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
218	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
219	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
220	FROSZTĘGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
221	GÓRECKI WOJCIECH	744		CZERWIONKA-LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
222	BORYCZKA SZYMON	426		MIEDZYRZECZE	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
223	ONAK PAWEŁ	645		JASTRZĘBIE-ZDRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
224	JANECKI MATEUSZ	591		JASTRZĘBIE-ZDRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
225	MIKA ŁUKASZ	637		JASTRZĘBIE-ZDRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
226	KIEPIELA DAWID	941		JASTRZĘBIE-ZDRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
227	DOCZEKALSKI JAREK	565		JASTRZĘBIE-ZDRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
228	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
229	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIEŚLONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
230	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
231	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
232	ŻELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
233	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
234	BĄKOWSKI MICHAŁ	547		JASTRZĘBIE-ZDRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
235	MALIK RAFAŁ	385		JASTRZEBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
236	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
237	OGRODNIK DAMIAN	644		JASTRZĘBIE-ZDRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
238	TYTKO BARTŁOMIEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
239	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁA	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
240	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
241	PIECHOCKI PIOTR	656		JASTRZĘBIE-ZDRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
242	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
243	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
244	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
245	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
246	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE-DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1
247	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
248	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
249	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
250	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
251	WALA MAREK	823		JASTRZĘBIE-ZDRÓJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
252	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
253	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁA	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
254	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
255	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
256	JEZIEŃSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
257	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
258	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
259	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:34:53	00:44:07			00:46:37.05	00:46:57.70	4:39	12.9
260	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
261	LELENIOWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
262	KURTO GRZEGORZ	621		BIELSKO-BIAŁA	POL	M40-49	72	M 265		00:34:45	00:44:13			00:46:39.70	00:46:48.35	4:40	12.9
263	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
264	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
265	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
266	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
267	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
268	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
269	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
270	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
271	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
272	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
273	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
274	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
275	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
276	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
277	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
278	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
279	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
280	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
281	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
282	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
283	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
284	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
285	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6
286	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
287	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
288	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
289	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
290	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
291	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
292	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
293	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
294	OLSZYNA MIROSLAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
295	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
296	MROCZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
297	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
298	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
299	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
300	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
301	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
302	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLAŃSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
303	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
304	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
305	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
306	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
307	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
308	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
309	URGACZ MIROSŁAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
310	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DROJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
311	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
312	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4
313	WAWRÓW MIROSŁAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
314	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
315	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
316	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
317	SKĘCZEK ARKADIUSZ	680		GILOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
318	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
319	BRAUNER WOJCIECH	552		WODZISŁAW ŚLAŃSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
320	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3
321	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
322	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
323	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
324	WISEŁKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3
325	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
326	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
327	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
328	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
329	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
330	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
331	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
332	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
333	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
334	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
335	BURNAGIEL TOMASZ	556		CZERWIONKA- LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
336	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
337	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
338	GIERULA ARTUR	740		DZIEGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
339	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
340	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
341	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
342	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
343	SZEREDA ROBERT	687		JASTRZĘBIE-ZDRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
344	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWICE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1
345	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
346	LIZAK GRZEGORZ	471		JASTRZĘBIE-ZDRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
347	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-ZDRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
348	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
349	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
350	KORBUS PIOTR	764		GOLESZÓW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
351	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
352	JANKO KAMIL	751		MIĘDZYRZECZE	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
353	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
354	ŚPIEWAK MAREK	691		BUCZKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
355	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
356	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
357	POŁĘC KRZYSZTOF	802		JASTRZĘBIE-ZDRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
358	SZCZECZ KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
359	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
360	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
361	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁA	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
362	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
363	GANDZEL SZYMON	581		MAZAŃCOWICE	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
364	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
365	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
366	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-ZDRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
367	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
368	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
369	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
370	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
371	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
372	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-ZDRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
373	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
374	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
375	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
376	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8
377	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
378	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
379	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
380	POŁOMSKI JERZY	887		JASTRZĘBIE-ZDRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
381	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
382	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
383	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
384	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
385	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
386	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
387	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
388	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
389	RASZKA JANUSZ	808		CIESZYŃ	POL	M50-59	47	M 392	OLZA CIESZYŃ	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
390	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWI CE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
391	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
392	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
393	WIEJĄCZ WIEJĄCZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
394	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
395	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5
396	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
397	WILCZOK DANIEL	831		WODZISŁAW ŚLĄSKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
398	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
399	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
400	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
401	ĆMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
402	KAWIK JANUSZ	759		ZEBRZYDOWI CE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
403	PAWEŹOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
404	TOMASICZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
405	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
406	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
407	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
408	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
409	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
410	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
411	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
412	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
413	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
414	ŚLADCECZEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
415	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
416	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
417	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
418	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
419	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZ RÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
420	JASIŃSKI KRZYSZTOF	858		BOJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
421	SKĘCZEK MARCIN	811		CZECHOWICE- DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
422	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
423	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
424	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
425	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
426	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
427	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
428	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
429	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
430	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
431	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
432	KULA RADOSŁAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1
433	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
434	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
435	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
436	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
437	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
438	GYMYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
439	PRZYBYŁA KRYSZTIAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
440	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
441	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
442	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
443	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
444	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
445	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
446	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
447	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
448	PAJĄK PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
449	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
450	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁ A	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
451	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
452	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
453	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
454	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
455	WICZKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
456	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
457	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
458	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDROJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
459	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
460	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
461	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8
462	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
463	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
464	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
465	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
466	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
467	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
468	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
469	WOLIŃSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
470	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
471	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6
472	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
473	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
474	DRAG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
475	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
476	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
477	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
478	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
479	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
480	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
481	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
482	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
483	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
484	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
485	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
486	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
487	WOLIŃSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
488	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
489	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
490	MICUDA JAN	955		MYSŁOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
491	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
492	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
493	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
494	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
495	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
496	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
497	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
498	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
499	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1

JASTRZĘBSKA DZIESIĄTKA, Najlepsi Polacy c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
500	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
501	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
502	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
503	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
504	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
505	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
506	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
507	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
508	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
509	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁA	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
510	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
511	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
512	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
513	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
514	WÓJCİK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
515	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
516	POŁOK ROBERT	801		BIELSKO-BIAŁA	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2
517	TRAFIAŁEK MIROSLAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
518	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚLONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
519	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWIC E ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
520	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8
521	KUBAŚ MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
522	PIOTROWSKI MIECZYSLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
523	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
524	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
525	LEDWON PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
526	KOŹMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
527	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
528	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8
529	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
2	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
3	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
4	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
5	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
6	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
7	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
8	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
9	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
10	SPYRKA PIOTR	518		JASTRZĘBIE ZDRÓJ	POL	M30-39	41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
11	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
12	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
13	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
14	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
15	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
16	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
17	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
18	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
19	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-Z DRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
20	DEJEWSKI JAKUB	433		JASTRZĘBIE-Z DRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
21	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-Z DRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
22	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLAŃSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
23	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
24	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
25	GRZONKA ANDRZEJ	446		JASTRZĘBIE-Z DRÓJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
26	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
27	ANTONCZYK ADAM	544		JASTRZĘBIE ZDRÓJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
28	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
29	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
30	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-Z DRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
31	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
32	BAC MICHAŁ	545		JASTRZĘBIE-Z DRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
33	WYREMBELSKI ADAM	713		JASTRZĘBIE-Z DRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
34	BURYBA JACEK	557		JASTRZĘBIE-Z DRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
35	KUSTRA JÓZEF	771		JASTRZĘBIE-Z DRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
36	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
37	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
38	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
39	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
40	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
41	PIŁATOWSKI MIROSŁAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
42	FROSZTEGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
43	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
44	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
45	MIKA ŁUKASZ	637		JASTRZĘBIE-Z DRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
46	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
47	DOCZEKALSKI JAREK	565		JASTRZĘBIE-Z DRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
48	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-Z DRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
49	MALIK RAFAŁ	385		JASTRZĘBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
50	OGRÓDNIK DAMIAN	644		JASTRZĘBIE-Z DRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
51	PIECHOCKI PIOTR	656		JASTRZĘBIE-Z DRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
52	WALA MAREK	823		JASTRZĘBIE-Z DRÓJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
53	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
54	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
55	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
56	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
57	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
58	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
59	GORZELAK ZBIGNIEW	515		BIELSKO BIALA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
60	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
61	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
62	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
63	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
64	MROCZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
65	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
66	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
67	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
68	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DRÓJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
69	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
70	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
71	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
72	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
73	SZEREDA ROBERT	687		JASTRZĘBIE-Z DRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
74	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
75	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
76	POŁEĆ KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
77	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
78	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-Z DRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
79	POŁOMSKI JERZY	887		JASTRZĘBIE-Z DRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
80	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
81	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
82	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
83	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
84	WIEJACZ WIEJACZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
85	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
86	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
87	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
88	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
89	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
90	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
91	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
92	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
93	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
94	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
95	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
96	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
97	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
98	GYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
99	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
100	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
101	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
102	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
103	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
104	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
105	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
106	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDRÓJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
107	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
108	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
109	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
110	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
111	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
112	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
113	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
114	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
115	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
116	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
117	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
118	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
119	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1

JASTRZĘBSKA DZIESIĄTKA, Najlepszy Jastrzębianin c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
120	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
121	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
122	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
123	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
124	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
125	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
126	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
127	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
128	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3

JASTRZĘBSKA DZIESIĄTKA, Półmetek M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KOSGEI MATHEW	981		ELDORÉ	KEN	M20-29	1	M 1		00:08:43	00:14:55	00:22:02	00:28:10	00:29:58.35	00:29:59.85	2:59	20
2	CHERUTICH NELSON KIPKOGEI	982		ELDORÉ	KEN	M20-29	2	M 2		00:08:45	00:14:55	00:22:04	00:28:19	00:30:10.10	00:30:10.95	3:01	19.9
3	KIBIRE MOSES KIPRUTO	335	BENEDEK-TEAM		KEN	M30-39	1	M 3		00:08:44	00:14:55	00:22:12	00:28:36	00:30:25.95	00:30:27.10	3:02	19.7
4	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
5	WAMBUA ELIJAH MUTUKU	983		ELDORÉ	KEN	M20-29	4	M 5		00:08:44	00:14:56	00:22:36	00:29:24	00:31:23.40	00:31:24.35	3:08	19.1
6	CIEPŁAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
7	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
8	DROŹDŹ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
9	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
10	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
11	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
12	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
13	SZRENIAWA PAWEŁ	406		MYSŁOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
14	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
15	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
16	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
17	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
18	KARDAS ARKADIUSZ	373		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
19	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
20	HATAŁA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
21	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
22	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIETYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
23	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
24	URBANIĄK WITEK	407		CZECHOWICE-DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
25	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
26	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
27	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
28	CICHON ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
29	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
30	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
31	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
32	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
33	JASICA MATEUSZ	371		SŁAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
34	DUŻNIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
35	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
36	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
37	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
38	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
39	JARCO DOMINIK	370		ŻYWIĘC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
40	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
41	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
42	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
43	KAŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
44	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
45	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
46	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
47	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
48	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
49	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
50	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
51	NOGA KRYSZTIAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
52	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAŻI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
53	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
54	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
55	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-Z DRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7
56	JASTRZĘBSKI PIOTR	451		ZABRZE	POL	M30-39	25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
57	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
58	ADAMSKI ROBERT	353		BIERUŃ	POL	M30-39	26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
59	MAROSZEK SZYMON	480		RYBNIK	POL	M30-39	27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
60	FURMAN DAWID	438		BŁĄŻEJOWICE	POL	M30-39	28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
61	NIEŚŁONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIEŚŁONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
62	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
63	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
64	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
65	GRUDZIEN KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
66	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
67	TRAFIAŁEK MIŁOSZ	528		KATOWICE	POL	M30-39	29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
68	KAWCZYŃSKI RADOSŁAW	457		SOSNOWIEC	POL	M30-39	30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
69	STUCHLIK MAREK	520		JARZĄBKOWICE	POL	M30-39	31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
70	WANTULOK PAWEŁ	531		CIESZYN	POL	M20-29	17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
71	OLBRICH ARTUR	391		TWORKÓW	POL	M30-39	32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
72	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
73	KILJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
74	BIAŁOŻYT MICHAŁ	422		KAMESZYNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
75	BEZUCH PAWEŁ	421		WODZISŁAW ŚLĄSKI	POL	M20-29	18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1
76	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
77	WOLNY ARIEL	535		ŁUKÓW ŚLĄSKI	POL	M30-39	33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
78	MEREDYK ADRIAN	387		JASTRZĘBIE ZDRÓJ	POL	M30-39	34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
79	SKIBA RYSZARD	517		RACIBÓRZ	POL	M40-49	15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
80	BRYŁA RAFAŁ	427		JASTRZĘBIE-Z DRÓJ	POL	M30-39	35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
81	LORANC MACIEJ	473		BIELSKO-BIAŁA	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
82	PAGIEŁA ŁUKASZ	497		POGÓRZE	POL	M30-39	36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
83	KNAPEK ŁUKASZ	603		SIEMIANOWIC E ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
84	SURWIŁO SANDRO	521		TYCHY	POL	M30-39	37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
85	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
86	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
87	BORCHERT MARCIN	425		ŚWIĘTOCHŁO WICE	POL	M30-39	38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
88	HEJNA MICHAŁ	587		SKRZYSZÓW	POL	M30-39	39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
89	RYCHCZYŃSKI JONATAN	512		WODZISŁAW ŚLĄSKI	POL	M20-29	22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
90	NOWICKI TOMASZ	491		JASTRZĘBIE-Z DRÓJ	POL	M30-39	40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
91	SPYRKA PIOTR	518		JASTRZĘBIE ZDRÓJ	POL	M30-39	41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
92	MARCZAK PIOTR	478		STRZYŻÓW	POL	M30-39	42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
93	MALINOWSKI KRZYSZTOF	386		GIŁOWICE	POL	M50-59	6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
94	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
95	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
96	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7
97	RESPONDEK LESZEK	673		ŻORY	POL	M30-39	43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
98	RAJWA JAN	508		JASTRZĘBIE-Z DRÓJ	POL	M30-39	44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
99	WOWRY GRZEGORZ	409		CIESZYN	POL	M30-39	45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
100	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
101	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
102	TOKAREWICZ DAMIAN	525		ZEBRZYDOWI CE	POL	M30-39	46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6
103	MARTOWSKI PRZEMYSŁAW	481		ZABRZE	POL	M30-39	47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
104	WRZECIONKOWSKI ADRIAN	536		TYCHY	POL	M30-39	48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
105	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
106	MAJ PRZEMYSŁAW	476		JASTRZĘBIE-Z DRÓJ	POL	M30-39	49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
107	PALKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
108	HANKUS ŁUKASZ	447		ŻYWIEC	POL	M30-39	50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
109	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
110	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
111	MROWIEC BERNARD	640		TWORKÓW	POL	M50-59	8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
112	BEREZOWSKI TOMASZ	419		KATOWICE	POL	M30-39	51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
113	NIESŁONY DOMINIK	389		KOZŁOWICE	POL	M20-29	25	M 112	NIESŁONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
114	GLAJCAR TOMASZ	582		HARBUTOWICE	POL	M40-49	23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
115	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
116	PLEWNI DAWID	661		GOGOŁOWA	POL	M20-29	26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
117	PRZYBYŁA TADEUSZ	805		GOŁKOWICE	POL	M30-39	52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
118	PALIGA RAFAŁ	498		TOPOROWICE	POL	M40-49	24	M 117		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4
119	PIĄTOWSKI ANDRZEJ	501		ŁODYGOWICE	POL	M50-59	10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
120	KRUK TOMASZ	462		NYSA	POL	M30-39	53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
121	TOMCZYK MAURZYCY	527		KRAKÓW	POL	M30-39	54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
122	KUŚ TOMASZ	466		MARKLOWICE	POL	M30-39	55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
123	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
124	ROEHRICH KRZYSZTOF	509		ŁĄKA	POL	M30-39	56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
125	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
126	ŻUKROWSKI KRZYSZTOF	718		KACZYCE	POL	M30-39	57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
127	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-ZDRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
128	KAWECKI STANISŁAW	601		CIESZYN	POL	M40-49	27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
129	TŁOŁKA MICHAŁ	524		ŻORY	POL	M30-39	58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
130	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
131	BARAN BARTOSZ	417		RACIBÓRZ	POL	M20-29	28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
132	DEJEWSKI JAKUB	433		JASTRZĘBIE-ZDRÓJ	POL	M30-39	59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
133	GADAJ GRZEGORZ	439		RADLIN	POL	M30-39	60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
134	ŁATKA ŁUKASZ	626		RYBNIK	POL	M30-39	61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
135	LAZAR DAMIAN	624		ŻORY	POL	M30-39	62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
136	KUSY RAFAŁ	622		SKOCZÓW	POL	M40-49	28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
137	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
138	ORŁOWSKI GRZEGORZ	646		MAZAŃCOWICE	POL	M40-49	30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
139	KANCLERZ TOMASZ	455		RACIBÓRZ	POL	M40-49	31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
140	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-ZDRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
141	TOMCZYK LESŁAW	526		CIESZYN	POL	M50-59	13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
142	WOJCIECHOWSKI MARCIN	833		RADLIN	POL	M30-39	63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
143	SIKORA STEFAN	516		BIELSKO BIAŁA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
144	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
145	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLĄSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
146	LILLA PIOTR	470		JASTRZĘBIE - ZDRÓJ	POL	M30-39	64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
147	DUDZIK SEBASTIAN	568		MAZAŃCOWICE	POL	M30-39	65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
148	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
149	MĘŻYK MATK	635		ŁAZISKA	POL	M30-39	66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14
150	MICHAŁSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
151	GRUCEL DAMIAN	445		JASTRZĘBIE-ZDRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
152	BUĆKO MARCIN	553	JASTRZĘBIE-Z DRÓJ	POL	M40-49		36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
153	GRZONKA ANDRZEJ	446	JASTRZEBIE-Z DROJ	POL	M40-49		37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
154	KNYPS ADAM	761	SKOCZÓW	POL	M40-49		38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
155	SZAREK KRZYSZTOF	522	JASZENICA 953	POL	M30-39		68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
156	KORCZ DANIEL	461	JAWORZNO	POL	M40-49		39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
157	CHRUSZCZ WOJCIECH	429	JASTRZĘBIE-Z DRÓJ	POL	M30-39		69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
158	ANTONCZYK ADAM	544	JASTRZEBIE ZDRÓJ	POL	M50-59		14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
159	WOJAKOWSKI KRZYSZTOF	533	GLIWICE	POL	M40-49		40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
160	SZKATUŁA HENRYK	688	WODZISŁAW ŚL.	POL	M50-59		15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
161	NIEDZIELA STEFAN	486	KNURÓW	POL	M60-69		2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
162	ŁYSEK PAWEŁ	628	JASTRZĘBIE ZDRÓJ	POL	M40-49		41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
163	MUSZEWSKI BARTŁOMIEJ	642	WODZISŁAW ŚLĄSKI	POL	M40-49		42	M 162	FORMA WODZISŁAW ŚLĄSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
164	GLINIECKI BARTŁOMIEJ	443	JAWORZNO	POL	M40-49		43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
165	WIEŁOPOLSKI MICHAŁ	532	BIELSKO-BIAŁA	POL	M16-19		7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
166	PAPUGA DARIUSZ	652	JAWISZOWICE	POL	M50-59		16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8
167	FLORKIEWICZ SŁAWOMIR	571	SOSNOWIEC	POL	M50-59		17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
168	GIGOŃ DARIUSZ	442	JAWORZNO	POL	M50-59		18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
169	MACHEJ REMIGIUSZ	629	JASTRZĘBIE - ZDRÓJ	POL	M30-39		70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
170	SMYCZEK BARTOSZ	898	RYBNIK	POL	M30-39		71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
171	BIELA RAFAŁ	423	ŻORY	POL	M40-49		44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
172	DOBROWOLSKI SŁAWEK	435	WARSZAWA	POL	M50-59		19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
173	BULANDA ANDRZEJ	554	BIERUŃ	POL	M40-49		45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
174	RZEPczyński WIESŁAW	677	RACIBÓRZ	POL	M70+		2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
175	JĘDRZEJAK PIOTR	596	JASTRZĘBIE-Z DRÓJ	POL	M40-49		46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
176	KĄKOL RYSZARD	458	BIELSKO-BIAŁA	POL	M60-69		3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
177	GAUDYN ANDRZEJ	440	SIEMIANOWICE ŚLĄSKIE	POL	M30-39		72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
178	DANIKIEWICZ MICHAŁ	432	CZECHOWICE-DZIEDZICE	POL	M30-39		73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
179	GRUDZIŃSKI RADOSŁAW	584	ZABRZE	POL	M30-39		74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
180	HIMEL ADRIAN	448	KRZANOWICE	POL	M20-29		29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
181	SZAREK RAFAŁ	685	JAWORZNO	POL	M40-49		47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
182	JOCHLIK SZYMON	452	JASTRZĘBIE ZDRÓJ	POL	M30-39		75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
183	BAC MICHAŁ	545	JASTRZĘBIE-Z DRÓJ	POL	M40-49		48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
184	WYREMBELSKI ADAM	713	JASTRZĘBIE-Z DRÓJ	POL	M20-29		30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
185	PRZYBYSZ RYSZARD	667	ŻORY	POL	M50-59		20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
186	BURYBA JACEK	557	JASTRZĘBIE-Z DRÓJ	POL	M30-39		76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
187	MAŁECKI JACEK	631	LIGOTA	POL	M30-39		77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
188	STROF MARCIN	683	SYRYNIA	POL	M30-39		78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
189	UCIEKLAK WALDEMAR	529	CZĘSTOCHOWA	POL	M50-59		21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
190	PRZELIORZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
191	PRZELIORZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
192	PAWLAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
193	KUSTRA JÓZEF	771		JASTRZĘBIE-Z DRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
194	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
195	BALICKI PIOTR	546		MYSŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
196	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
197	GÓRNY MIREK	367		BIELSKO-BIAŁ A	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
198	OPUCHLIK ROMAN	495		ŚWIĘTOCHŁO WICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5
199	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
200	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
201	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
202	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
203	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
204	POŁEDNIK TOMASZ	502		WODZISŁAW ŚLAŃSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
205	WIERCIOCH TOMASZ	706		KĘDZIERZYN- KOŹLE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
206	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
207	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-Z DRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
208	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
209	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLAŃSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4
210	RĘBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
211	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
212	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
213	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4
214	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
215	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
216	NYKIEL MARIUSZ	492		MYSŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
217	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁ A	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
218	PIŁATOWSKI MIROSLAW	660		JASTRZĘBIE-Z DRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
219	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
220	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
221	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
222	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
223	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
224	FROSZTĘGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
225	GÓRECKI WOJCIECH	744		CZERWIONKA- LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
226	BORYCZKA SZYMON	426		MIEDZYRZECZ E	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
227	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
228	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
229	MIKA ŁUKASZ	637		JASTRZĘBIE-Z DRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
230	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
231	DOCZEKALSKI JAREK	565		JASTRZĘBIE-Z DRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
232	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
233	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIESŁONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
234	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
235	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
236	ŻELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
237	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2
238	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-Z DRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
239	MALIK RAFAŁ	385		JASTRZEBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
240	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
241	OGRODNIK DAMIAN	644		JASTRZĘBIE-Z DRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
242	TYTKO BARTŁOMIEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
243	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁA	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
244	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
245	PIECHOCKI PIOTR	656		JASTRZĘBIE-Z DRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
246	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
247	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
248	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
249	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
250	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE-DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1
251	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
252	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
253	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
254	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
255	WALA MAREK	823		JASTRZĘBIE-Z DRÓJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
256	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
257	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁA	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
258	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
259	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
260	JEZIERSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
261	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
262	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
263	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:34:53	00:44:07			00:46:37.05	00:46:57.70	4:39	12.9
264	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
265	LELENIWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
266	KURTO GRZEGORZ	621		BIELSKO-BIAŁA	POL	M40-49	72	M 265		00:34:45	00:44:13			00:46:39.70	00:46:48.35	4:40	12.9

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
267	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
268	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
269	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
270	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
271	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
272	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
273	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
274	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
275	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
276	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
277	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
278	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
279	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
280	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
281	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
282	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
283	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
284	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
285	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
286	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
287	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
288	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
289	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6
290	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
291	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
292	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
293	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
294	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
295	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
296	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
297	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
298	OLSZYNA MIROSLAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
299	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
300	MROCKZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
301	OSZCZĘDA BARTOSZ	790		CZERWIONKA -LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
302	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
303	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
304	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-Z DRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
305	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-Z DRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
306	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLĄSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
307	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
308	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
309	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDZNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
310	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
311	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
312	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
313	URGACZ MIROŚŁAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
314	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DROJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
315	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
316	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4
317	WAWRÓW MIROŚŁAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
318	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
319	GAWLAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
320	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
321	SKĘCZEK ARKADIUSZ	680		GILOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
322	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
323	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
324	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3
325	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
326	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
327	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
328	WISEŁKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3
329	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
330	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
331	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
332	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
333	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
334	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
335	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
336	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁO WICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
337	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2
338	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
339	BURNAGIEL TOMASZ	556		CZERWIONKA-LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
340	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
341	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
342	GIERULA ARTUR	740		DZIĘGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
343	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
344	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
345	KULAWIAK BOGDAN	620		JASTRZĘBIE-Z DRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
346	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
347	SZEREDA ROBERT	687		JASTRZĘBIE-Z DRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
348	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWICE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
349	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
350	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
351	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
352	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
353	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
354	KORBUS PIOTR	764		GOLESZOW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
355	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
356	JANKO KAMIL	751		MIĘDZYRZECZ E	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1
357	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
358	ŚPIEWAK MAREK	691		BUCZKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
359	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
360	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
361	POLEĆ KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
362	SZCZECZ KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
363	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
364	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
365	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁ A	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
366	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
367	GANDZEL SZYMON	581		MAZAŃCOWIC E	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
368	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
369	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
370	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
371	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
372	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
373	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
374	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
375	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
376	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-Z DRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
377	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
378	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
379	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
380	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8
381	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
382	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
383	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
384	POŁOMSKI JERZY	887		JASTRZĘBIE-Z DRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
385	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
386	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
387	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
388	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
389	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
390	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
391	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-Z DRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
392	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-Z DRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
393	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392	OLZA CIESZYN	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
394	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWICE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
395	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
396	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
397	WIEJACZ WIEJACZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
398	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
399	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5
400	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
401	WILCZOK DANIEL	831		WODZISŁAW ŚLĄSKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
402	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
403	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
404	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5
405	ĆMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
406	KAWIK JANUSZ	759		ZEBRZYDOWICE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
407	PAWĘZOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
408	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
409	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
410	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
411	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
412	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
413	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
414	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
415	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
416	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
417	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
418	ŚLADECZEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
419	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
420	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
421	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
422	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
423	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
424	JASIŃSKI KRZYSZTOF	858		BOJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
425	SKĘCZEK MARCIN	811		CZECHOWICE-DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2
426	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
427	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
428	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
429	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
430	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
431	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
432	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
433	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
434	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
435	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
436	KULA RADOSŁAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1
437	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
438	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
439	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
440	METLAK PIOTR	980		JASTRZĘBIE-Z DRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
441	ZMUDA DARIUSZ	918		JASTRZĘBIE-Z DRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
442	GMYREK MICHAŁ	853		JASTRZĘBIE-Z DRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
443	PRZYBYŁA KRYSZTIAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
444	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
445	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
446	OGIERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
447	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
448	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
449	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
450	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
451	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-Z DRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9
452	PAJĄK PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
453	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
454	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁ A	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
455	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
456	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9
457	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
458	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
459	WICZKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
460	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-Z DRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
461	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
462	KONOPKA JAROSŁAW	945		JASTRZEBIE ZDROJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
463	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
464	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
465	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
466	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
467	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
468	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
469	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
470	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
471	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
472	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
473	WOLIŃSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
474	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
475	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6
476	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
477	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
478	DRĄG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
479	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
480	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
481	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
482	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
483	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
484	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
485	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
486	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
487	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
488	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
489	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
490	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
491	WOLIŃSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
492	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
493	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
494	MICUDA JAN	955		MYSŁOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
495	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
496	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
497	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
498	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
499	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
500	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
501	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
502	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
503	GIL KRZYSZTOF	935		JASTRZĘBIE-Z DRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
504	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
505	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10

JASTRZĘBSKA DZIESIĄTKA, Półmetek M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
506	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
507	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
508	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
509	KRAJEWSKI DAMIAN	946		JASTRZĘBIE - ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8
510	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
511	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
512	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
513	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁA	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
514	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
515	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
516	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
517	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4
518	WÓJCIK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
519	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
520	POŁOK ROBERT	801		BIELSKO-BIAŁA	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2
521	TRAFIAŁEK MIROSLAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
522	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚŁONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
523	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWICE ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
524	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8
525	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
526	PIOTROWSKI MIECZYSLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
527	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
528	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
529	LEDWOŃ PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
530	KOŹMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5
531	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6
532	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8
533	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, K16-19

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	MROWIEC KINGA	44		RUDA ŚLĄSKA	POL	K16-19	1	K 15		00:12:35	00:21:23	00:31:09	00:39:23	00:41:46.15	00:41:48.60	4:10	14.4
2	CHROMIK JULIA	15		SKOCZÓW	POL	K16-19	2	K 16		00:12:01	00:20:36	00:30:52	00:39:53	00:42:25.05	00:42:26.85	4:14	14.1
3	MALINA MICHALINA	9		BOJSZOWY	POL	K16-19	3	K 19		00:12:10	00:21:02	00:31:24	00:40:18	00:42:54.10	00:42:55.60	4:17	14
4	DANKIEWICZ MAGDALENA	117		PAWŁOWICE	POL	K16-19	4	K 125	RUNTEAM PAWŁOWICE	00:15:52	00:27:15	00:40:57	00:53:08	00:56:18.55	00:56:25.85	5:37	10.7
5	MANDERA PATRYCJA	42		RYDUŁTOWY	POL	K16-19	5	K 133		00:16:20	00:27:51	00:41:31	00:53:13	00:56:40.25	00:56:47.90	5:40	10.6
6	ŚLEZIAK PAULINA	316		JASTRZĘBIE-Z DRÓJ	POL	K16-19	6	K 164		00:17:32	00:29:25	00:43:30	00:55:29	00:58:46.80	00:59:00.60	5:52	10.2

JASTRZĘBSKA DZIESIĄTKA, M16-19

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KLIMEK WOJCIECH	376		LUBOMIA	POL	M16-19	1	M 20		00:10:41	00:18:07	00:26:42	00:34:09	00:36:16.50	00:36:17.85	3:37	16.5
2	ALBRECHT KRYSZTIAN	355		JASTRZĘBIE-Z DRÓJ	POL	M16-19	2	M 25	GALOPUJĄCE ŚLIMAKI	00:10:37	00:18:09	00:26:55	00:34:27	00:36:31.50	00:36:33.90	3:39	16.4
3	JASICA MATEUSZ	371		SŁAWKÓW	POL	M16-19	3	M 32	KUSY BUKOWNO	00:10:42	00:18:13	00:27:02	00:34:39	00:36:53.10	00:36:54.75	3:41	16.3
4	WOWRY KLAUDIUSZ	410		CIESZYN	POL	M16-19	4	M 43	OLZA CIESZYN	00:10:57	00:18:38	00:27:41	00:35:24	00:37:32.50	00:37:33.35	3:45	16
5	MOLA MATEUSZ	485		WILAMOWICE	POL	M16-19	5	M 48	OLZA CIESZYN	00:11:06	00:18:50	00:28:00	00:35:48	00:37:51.35	00:37:55.40	3:47	15.9
6	BIAŁOŻYT MICHAŁ	422		KAMESZNICA	POL	M16-19	6	M 73		00:11:49	00:19:48	00:29:01	00:37:07	00:39:26.70	00:39:29.85	3:56	15.2
7	WIELOPOLSKI MICHAŁ	532		BIELSKO-BIAŁ A	POL	M16-19	7	M 164		00:32:16	00:41:02			00:43:20.45	00:43:30.40	4:20	13.8
8	SKRZYPCZAK DAWID	895		ŻORY	POL	M16-19	8	M 288		00:14:27	00:24:17	00:35:29	00:44:48	00:47:33.85	00:47:58.90	4:45	12.6
9	KOWAL JAKUB	608		RYBNIK	POL	M16-19	9	M 323		00:13:19	00:23:22	00:35:24	00:45:43	00:48:35.70	00:48:42.60	4:51	12.3

JASTRZĘBSKA DZIESIĄTKA, K20-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	CHEMUTAI JOYLINE	984		ELDORÉ	KEN	K20-29	1	K 1		00:09:40	00:16:30	00:24:42		00:33:32.20	00:33:33.10	3:21	17.9
2	MBATHA RUTH NUNDU	985		ELDORÉ	KEN	K20-29	2	K 2		00:09:54	00:16:51	00:24:57	00:32:02	00:34:08.10	00:34:09.00	3:24	17.6
3	MACH ANGELIKA	2		WARSZAWA	POL	K20-29	3	K 3	1 SECOND TEAM	00:10:08	00:17:17	00:25:45	00:33:19	00:35:32.85	00:35:33.70	3:33	16.9
4	BRONIATOWSKA KATARZYNA	1			POL	K20-29	4	K 4		00:09:58	00:17:21	00:26:02	00:33:35	00:35:40.80	00:35:41.45	3:34	16.8
5	ŚLĘZAK SYLWIA	4		CZĘSTOCHOW A	POL	K20-29	5	K 7	1 SECOND TEAM	00:10:48	00:18:40	00:28:09	00:36:43	00:39:13.75	00:39:15.25	3:55	15.3
6	PATAS MAGDALENA	12		WODZISŁAW ŚLĄSKI	POL	K20-29	6	K 8	FORMA WODZISŁAW ŚLĄSKI	00:11:16	00:19:21	00:28:52	00:37:03	00:39:27.65	00:39:29.00	3:56	15.2
7	MENDECKA-ZEJDLER MICHALINA	8		ŁAZISKA GÓRNE	POL	K20-29	7	K 9	1 SECOND TEAM	00:11:25	00:19:34	00:29:06	00:37:21	00:39:46.35	00:39:47.65	3:58	15.1
8	GAJ PAULINA	10		JAWORZNO	POL	K20-29	8	K 10	KB MCKIS JAWORZNO	00:11:52	00:20:04	00:29:43	00:37:59	00:40:11.35	00:40:12.25	4:01	14.9
9	MENDECKA DARIA	11		RUDA ŚLĄSKA	POL	K20-29	9	K 13	1 SECOND TEAM	00:11:51	00:20:20	00:30:11	00:38:51	00:41:21.85	00:41:22.45	4:08	14.5
10	JANKO ANNA	18		ŻORY	POL	K20-29	10	K 18	NIEWYBIEGANI	00:12:44	00:21:28	00:31:33	00:40:08	00:42:41.20	00:42:43.35	4:16	14.1
11	WOJNAROWICZ IZA	56		KRAKÓW	POL	K20-29	11	K 24		00:13:12	00:22:45	00:33:54	00:43:28	00:46:13.60	00:46:16.25	4:37	13
12	MACHAJSKA PATRYCJA	41		KATOWICE	POL	K20-29	12	K 38		00:13:49	00:23:54	00:35:36	00:45:33	00:48:32.05	00:48:34.70	4:51	12.4
13	HARAZIN ANNA	35		PAWŁOWICE	POL	K20-29	13	K 47		00:14:34	00:24:46	00:36:45	00:46:49	00:49:32.20	00:49:37.95	4:57	12.1
14	ZELENT KAROLINA	201		JASTRZĘBIE-Z DRÓJ	POL	K20-29	14	K 52		00:14:33	00:24:41	00:36:46	00:47:07	00:50:02.95	00:50:13.20	5:00	12
15	CANIBOŁ ANNA	32		GOŁKOWICE	POL	K20-29	15	K 63	RUNTEAM PAWŁOWICE	00:15:09	00:25:29	00:38:03	00:48:45	00:51:30.20	00:51:36.75	5:09	11.7
16	MALIK ALICJA	89		BELK	POL	K20-29	16	K 66		00:15:10	00:25:44	00:38:05	00:48:44	00:51:46.30	00:51:50.55	5:10	11.6
17	RUTYNA JENNIFER	175		PIETROWICE WIELKIE	POL	K20-29	17	K 69	EKO-OKNA RUNNERS	00:14:49	00:25:08	00:37:45	00:49:01	00:52:15.80	00:52:23.10	5:13	11.5
18	SPYRKA MONIKA	305		JASTRZĘBIE ZDRÓJ	POL	K20-29	18	K 73	KLUB BIEGACZA FARTLEK	00:15:18	00:26:09	00:38:57	00:49:42	00:52:37.85	00:52:41.05	5:15	11.4
19	PRZYBYSZ KINGA	170		ŻORY	POL	K20-29	19	K 89		00:16:14	00:27:18	00:40:13	00:51:12	00:54:15.00	00:54:24.35	5:25	11.1
20	GOJOWY MARLENA	242		JASTRZĘBIE-Z DRÓJ	POL	K20-29	20	K 108		00:15:49	00:27:00	00:40:22	00:51:52	00:55:10.15	00:55:24.80	5:31	10.9
21	LERCH EWA	149		JASTRZĘBIE - ZDRÓJ	POL	K20-29	21	K 115	RUNTEAM PAWŁOWICE	00:16:18	00:27:19	00:40:20	00:52:25	00:55:29.45	00:55:40.55	5:32	10.8
22	WACHTARCZYK DOMINIKA	320		JASTRZĘBIE ZDRÓJ	POL	K20-29	22	K 123		00:16:40	00:28:19	00:42:01	00:53:15	00:56:09.50	00:56:25.05	5:37	10.7
23	MROZEK ALEKSANDRA	157		JASTRZĘBIE-Z DRÓJ	POL	K20-29	23	K 127		00:15:06	00:26:55	00:41:28	00:53:06	00:56:23.70	00:56:32.85	5:38	10.6
24	PAŃTAK LIWIA	284		ŻORY	POL	K20-29	24	K 132		00:17:03	00:28:28	00:42:01	00:53:19	00:56:33.70	00:56:45.95	5:39	10.6
25	FOJCIK KATARZYNA	67		PSZÓW	POL	K20-29	25	K 136	YNO ULTRA	00:16:02	00:27:51	00:42:05	00:53:29	00:56:51.80	00:56:56.95	5:41	10.6
26	HYŁA ALEKSANDRA	132		MSZANA	POL	K20-29	26	K 148		00:16:41	00:28:07	00:41:59	00:53:58	00:57:36.05	00:57:44.45	5:45	10.4
27	NICER-OSIEWACZ MONIKA	161		OPATÓW	POL	K20-29	27	K 156		00:17:30	00:29:12	00:43:06	00:54:45	00:57:59.25	00:58:07.75	5:47	10.3
28	LACHOWICZ IZABELA	260		RYBNIK-BOGU SZOWICE	POL	K20-29	28	K 162		00:16:17	00:28:00	00:42:26	00:54:56	00:58:36.00	00:58:46.55	5:51	10.2

JASTRZĘBSKA DZIESIĄTKA, K20-29 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
29	SZYMURA MONIKA	314		ŻORY	POL	K20-29	29	K 165		00:16:46	00:28:54	00:43:27	00:55:16	00:58:47.95	00:59:01.15	5:52	10.2
30	TRZCIŃSKA JOANNA	189		JASTRZĘBIE ZDRÓJ	POL	K20-29	30	K 167	KOBIETY NA 5+	00:16:49	00:29:07	00:43:46	00:55:38	00:58:52.50	00:58:55.70	5:53	10.2
31	GIERON SYNTIA	70		JASTRZĘBIE - ZDRÓJ	POL	K20-29	31	K 172		00:16:59	00:28:58	00:43:11	00:55:32	00:59:06.10	00:59:16.45	5:54	10.2
32	HETMANIOK AGNIESZKA	131		JASTRZĘBIE ZDRÓJ	POL	K20-29	32	K 178		00:16:56	00:29:20	00:44:06	00:55:54	00:59:13.05	00:59:19.95	5:55	10.1
33	MROWIEC EDYTA	274		RUDA ŚLĄSKA	POL	K20-29	33	K 180		00:18:12	00:30:50	00:45:09	00:56:33	00:59:26.75	00:59:35.65	5:56	10.1
34	SŁODZIŃSKA MAGDALENA	179		JASTRZĘBIE ZDRÓJ	POL	K20-29	34	K 185		00:16:47	00:29:11	00:44:33	00:56:41	01:00:16.15	01:00:24.70	6:01	10
35	SZKATUŁA JADWIGA	185		TURZA ŚLĄSKA	POL	K20-29	35	K 187		00:17:38	00:29:46	00:44:16	00:56:54	01:00:30.30	01:00:40.95	6:03	9.9
36	TORZEWSKA SANDRA	188		WRZEŚNIA	POL	K20-29	36	K 206		00:17:45	00:30:25	00:46:07	00:59:27	01:03:14.75	01:03:25.80	6:19	9.5
37	WIDENKA JOANNA	193		LUBOMIA	POL	K20-29	37	K 212		00:18:48	00:31:31	00:46:57	01:00:16	01:04:16.25	01:04:25.10	6:25	9.3
38	STEKLA-MAJER ANNA	309		SKOCZÓW	POL	K20-29	38	K 216		00:17:41	00:30:38	00:47:10	01:01:08	01:05:08.20	01:05:20.60	6:30	9.2
39	ŚLEDZ DOROTA	315		ŻORY	POL	K20-29	39	K 234		00:19:50	00:33:51	00:50:11	01:04:03	01:07:40.10	01:07:54.20	6:46	8.9
40	MAĆKÓW KLAUDIA	266		PAKOSŁAWICE	POL	K20-29	40	K 241		00:20:34	00:35:19	00:52:28	01:07:06	01:11:17.20	01:11:27.35	7:07	8.4
41	URBACZKA KAROLINA	107		JASTRZĘBIE-Z DRÓJ	POL	K20-29	41	K 250		00:21:26	00:36:53	00:54:56	01:10:10	01:14:08.10	01:14:22.55	7:24	8.1
42	MYŚLIWIEC BARBARA	277		JASTRZĘBIE-Z DRÓJ	POL	K20-29	42	K 252	KOBIETY NA 5+	00:21:14	00:36:24	00:54:33	01:10:21	01:14:40.75	01:14:45.25	7:28	8
43	FELSKA WERONIKA	232		JASTRZĘBIE-Z DRÓJ	POL	K20-29	43	K 253		00:20:31	00:36:11	00:54:55	01:10:34	01:14:56.10	01:15:09.15	7:29	8
44	PRZYGODA SYLWIA	294		JASTRZĘBIE-Z DRÓJ	POL	K20-29	44	K 254	MORŚWINY	00:22:28	00:38:48	00:57:52	01:12:51	01:17:02.85	01:17:15.60	7:42	7.8
45	ŻEBROWSKA WERONIKA	334		MYSŁOWICE	POL	K20-29	45	K 255		00:21:10	00:37:13	00:56:57	01:14:21	01:18:50.45	01:19:04.30	7:53	7.6
46	SIKORA SARA	301		JASTRZEBIE ZDROJ	POL	K20-29	46	K 258		00:24:40	00:41:39	01:07:40	01:25:44	01:30:46.20	01:30:56.75	9:04	6.6
47	ZIĘTARA PAULINA	331		JASTRZĘBIE-Z DRÓJ	POL	K20-29	47	K 260									

JASTRZĘBSKA DZIESIĄTKA, M20-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KOSGEI MATHEW	981		ELDORÉ	KEN	M20-29	1	M 1		00:08:43	00:14:55	00:22:02	00:28:10	00:29:58.35	00:29:59.85	2:59	20
2	CHERUTICH NELSON KIPKOGEI	982		ELDORÉ	KEN	M20-29	2	M 2		00:08:45	00:14:55	00:22:04	00:28:19	00:30:10.10	00:30:10.95	3:01	19.9
3	MRÓWKA MATEUSZ	350		RADLIN	POL	M20-29	3	M 4	BZIEGACZE	00:08:45	00:14:56	00:22:11	00:28:38	00:30:29.35	00:30:29.80	3:02	19.7
4	WAMBUA ELIJAH MUTUKU	983		ELDORÉ	KEN	M20-29	4	M 5		00:08:44	00:14:56	00:22:36	00:29:24	00:31:23.40	00:31:24.35	3:08	19.1
5	CIEPŁAK MARCIN	352		RYBNIK	POL	M20-29	5	M 6	INŻYNIERIA BIEGANIA TEAM	00:09:35	00:16:21	00:24:04	00:30:47	00:32:45.25	00:32:45.70	3:16	18.3
6	ZAJĄC BARTOSZ	412		STRUGA	POL	M20-29	6	M 6	KB MCKIS JAWORZNO	00:09:38	00:16:24	00:24:11	00:30:59	00:32:51.30	00:32:51.80	3:17	18.3
7	SZRENIAWA PAWEŁ	406		MYSŁOWICE	POL	M20-29	7	M 12		00:09:52	00:16:57	00:25:11	00:32:15	00:34:14.25	00:34:15.30	3:25	17.5
8	PIEPRZYCKI ROBERT	394		ZALESICE	POL	M20-29	8	M 13		00:10:05	00:17:03	00:25:12	00:32:21	00:34:25.85	00:34:27.35	3:26	17.4
9	CZAPLA PIOTR	362		ZABRZE	POL	M20-29	9	M 15		00:10:14	00:17:25	00:25:42	00:32:51	00:34:53.55	00:34:55.10	3:29	17.2
10	RAJWA ROMAN	397		CHYBIE	POL	M20-29	10	M 26	BZIEGACZE	00:10:31	00:18:06	00:27:03	00:34:33	00:36:34.05	00:36:35.30	3:39	16.4
11	STARZYCKI PRZEMYSŁAW	402		JAWORZNO	POL	M20-29	11	M 35	KB MCKIS JAWORZNO	00:10:34	00:18:17	00:27:13	00:34:57	00:37:08.45	00:37:10.95	3:42	16.2
12	JARCO DOMINIK	370		ŻYWIEC	POL	M20-29	12	M 38		00:10:28	00:18:16	00:27:32	00:35:08	00:37:18.25	00:37:20.05	3:43	16.1
13	ZYGMA KORDIAN	414		LIGOTA	POL	M20-29	13	M 41		00:10:51	00:18:31	00:27:38	00:35:18	00:37:26.70	00:37:28.35	3:44	16
14	KOGUCIUK KAROL	377		JASTRZĘBIE-Z DRÓJ	POL	M20-29	14	M 51	TOMAZI BIKE	00:10:39	00:18:29	00:27:51	00:35:50	00:37:55.45	00:37:57.60	3:47	15.8
15	FILIP BARTOSZ	437		GLIWICE	POL	M20-29	15	M 53	SOCIOS SILESIA	00:10:47	00:18:44	00:28:04	00:35:50	00:37:56.65	00:37:59.05	3:47	15.8
16	NIEŚŁONY FILIP	390		KOZŁOWICE	POL	M20-29	16	M 60	NIEŚŁONY LIZAK	00:11:29	00:19:35	00:28:49	00:36:30	00:38:40.70	00:38:43.30	3:52	15.5
17	WANTULOK PAWEŁ	531		CIESZYN	POL	M20-29	17	M 69		00:11:37	00:19:35	00:29:00	00:37:03	00:39:18.90	00:39:24.20	3:55	15.3
18	BEZUCH PAWEŁ	421		WODZISŁAW ŚLĄSKI	POL	M20-29	18	M 74		00:11:47	00:19:57	00:29:17	00:37:22	00:39:38.05	00:39:44.60	3:57	15.1

JASTRZĘBSKA DZIESIĄTKA, M20-29 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
19	SZPYRKA SEBASTIAN	523		BIELSKO BIAŁA	POL	M20-29	19	M 75		00:11:45	00:19:51	00:29:15	00:37:27	00:39:38.45	00:39:41.35	3:57	15.1
20	KNAPEK ŁUKASZ	603		SIEMIANOWIC E ŚLĄSKIE	POL	M20-29	20	M 82		00:11:58	00:20:07	00:29:35	00:37:44	00:40:07.50	00:40:19.25	4:00	15
21	KLYSZCZ PAWEŁ	459		ŁAZISKA GÓRNE	POL	M20-29	21	M 84		00:11:35	00:19:49	00:29:33	00:37:57	00:40:13.10	00:40:17.60	4:01	14.9
22	RYCHCZYŃSKI JONATAN	512		WODZISŁAW ŚLĄSKI	POL	M20-29	22	M 88		00:11:58	00:20:20	00:30:02	00:38:05	00:40:27.50	00:40:41.30	4:02	14.8
23	KOWAL ŁUKASZ	609		RYBNIK	POL	M20-29	23	M 93		00:12:22	00:20:40	00:30:16	00:38:27	00:40:45.00	00:40:51.95	4:04	14.7
24	GÓRSKI MICHAŁ	583		RACIBÓRZ	POL	M20-29	24	M 109		00:12:24	00:20:50	00:30:40	00:39:07	00:41:20.15	00:41:29.05	4:08	14.5
25	NIEŚLONY DOMINIK	389		KOZŁOWICE	POL	M20-29	25	M 112	NIEŚLONY LIZAK	00:12:05	00:20:38	00:30:34	00:39:07	00:41:26.95	00:41:29.50	4:08	14.5
26	PLEWNIA DAWID	661		GOGOŁOWA	POL	M20-29	26	M 115		00:12:15	00:20:32	00:30:25	00:39:02	00:41:35.40	00:41:53.85	4:09	14.4
27	SMOLIK ŁUKASZ	897		LESZNA GÓRNA	POL	M20-29	27	M 129	OLZA CIESZYN	00:12:30	00:21:04	00:31:20	00:39:53	00:42:17.50	00:42:35.75	4:13	14.2
28	BARAN BARTOSZ	417		RACIBÓRZ	POL	M20-29	28	M 130		00:12:27	00:21:02	00:31:06	00:39:48	00:42:17.95	00:42:30.85	4:13	14.2
29	HIMEL ADRIAN	448		KRZANOWICE	POL	M20-29	29	M 179		00:12:07	00:20:59	00:31:44	00:41:07	00:43:40.35	00:43:44.10	4:22	13.7
30	WYREMBELSKI ADAM	713		JASTRZĘBIE-Z DRÓJ	POL	M20-29	30	M 183		00:13:06	00:21:54	00:32:18	00:41:14	00:43:51.00	00:43:58.10	4:23	13.7
31	PAWLAS DAMIAN	796		ŻORY	POL	M20-29	31	M 191		00:13:27	00:22:34	00:33:06	00:41:50	00:44:15.15	00:44:28.10	4:25	13.6
32	SPRATEK BARTOSZ	814		RYDUŁTOWY	POL	M20-29	32	M 201		00:13:28	00:22:36	00:33:11	00:42:09	00:44:33.20	00:44:57.15	4:27	13.5
33	TIDE KRZYSZTOF	693		ŻORY	POL	M20-29	33	M 213		00:13:29	00:22:43	00:33:25	00:42:31	00:45:03.25	00:45:25.90	4:30	13.3
34	KRZYSTAŁA PAWEŁ	615		CZERWIONKA	POL	M20-29	34	M 219		00:13:46	00:23:09	00:33:51	00:42:52	00:45:16.65	00:45:28.30	4:31	13.2
35	JANECKI MATEUSZ	591		JASTRZĘBIE-Z DRÓJ	POL	M20-29	35	M 227	BZIEGACZE	00:12:31	00:21:51	00:33:15	00:42:48	00:45:27.15	00:45:32.40	4:32	13.2
36	TESSMER TOMASZ	692		WOLA	POL	M20-29	36	M 231		00:13:46	00:22:58	00:33:49	00:43:04	00:45:31.05	00:45:49.70	4:33	13.2
37	GROMEK MICHAŁ	444		KOCIERZ MOSZCZANIKI	POL	M20-29	37	M 234		00:13:03	00:22:33	00:33:35	00:42:55	00:45:32.35	00:45:36.40	4:33	13.2
38	POŁOWCZUK KRZYSZTOF	665		CZECHOWICE-DZIEDZICE	POL	M20-29	38	M 249		00:13:57	00:23:37	00:34:20	00:43:16	00:45:50.15	00:46:03.50	4:35	13.1
39	WOLLNY KAMIL	534		KORNICE	POL	M20-29	39	M 253	EKO-OKNA RUNNERS	00:13:51	00:23:21	00:34:15	00:43:31	00:46:02.20	00:46:12.50	4:36	13
40	WIELOPOLSKI ŁUKASZ	705		BIELSKO-BIAŁA	POL	M20-29	40	M 256		00:14:15	00:23:51	00:34:45	00:43:51	00:46:09.05	00:46:27.95	4:36	13
41	KORZENIOWSKI MATEUSZ	607		BIELSKO BIAŁA	POL	M20-29	41	M 275		00:13:56	00:23:40	00:34:47	00:44:24	00:47:03.80	00:47:17.30	4:42	12.7
42	PERLIKOWSKI KAMIL	885		RYBNIK	POL	M20-29	42	M 277		00:14:05	00:23:43	00:35:00	00:44:28	00:47:04.50	00:47:14.20	4:42	12.7
43	URBAN PATRYK	699		JASTRZĘBIE-Z DRÓJ	POL	M20-29	43	M 280		00:12:33	00:21:53	00:33:31	00:44:10	00:47:08.00	00:47:29.55	4:42	12.7
44	FILUSZ DAWID	737		RYBNIK	POL	M20-29	44	M 294	STUDIO ENERGIA TEAM RYBNIK	00:35:05	00:44:59			00:47:47.95	00:48:07.15	4:46	12.6
45	OSZCZĘDA BARTOSZ	790		CZERWIONKA-LESZCZYNY	POL	M20-29	45	M 300		00:14:32	00:24:22	00:35:53	00:45:24	00:47:57.35	00:48:16.65	4:47	12.5
46	POCZĄTEK DAMIAN	662		OCHABY MAŁE	POL	M20-29	46	M 308	GWIEZDNA FLOTA	00:14:18	00:24:12	00:35:48	00:45:27	00:48:09.10	00:48:18.60	4:48	12.5
47	RAJWA STANISŁAW	807		JASTRZĘBIE-Z DRÓJ	POL	M20-29	47	M 310	BZIEGACZE	00:14:04	00:23:41	00:35:36	00:45:32	00:48:10.35	00:48:29.85	4:49	12.5
48	WASILEWSKI MATEUSZ	702		JASTRZĘBIE-Z DRÓJ	POL	M20-29	48	M 313		00:13:20	00:23:25	00:35:36	00:45:27	00:48:16.40	00:48:21.55	4:49	12.4
49	SZCZEPANIAK KAMIL	817		ŚWIĘTOCHŁOWICE	POL	M20-29	49	M 335		00:14:24	00:24:32	00:36:19	00:46:05	00:48:58.55	00:49:20.75	4:53	12.3
50	DROBINA JAKUB	735		ŻORY	POL	M20-29	50	M 339		00:14:14	00:24:10	00:36:07	00:46:22	00:49:04.15	00:49:26.60	4:54	12.2
51	KROCZEK PRZEMYSŁAW	766		ZEBRZYDOWICE	POL	M20-29	51	M 347		00:14:31	00:24:37	00:36:22	00:46:29	00:49:29.05	00:49:46.95	4:56	12.1
52	SOBAŃSKI MATEUSZ	899		WISŁA WIELKA	POL	M20-29	52	M 387		00:15:21	00:25:48	00:38:12	00:48:24	00:51:22.70	00:51:47.95	5:08	11.7
53	PIŻGAŁA KORDIAN	799		JASTRZĘBIE-Z DRÓJ	POL	M20-29	53	M 394		00:14:23	00:24:53	00:37:46	00:49:00	00:52:02.15	00:52:19.45	5:12	11.5
54	DOMASZK PAWEŁ	566		JASTRZĘBIE-Z DRÓJ	POL	M20-29	54	M 403		00:14:39	00:25:30	00:38:17	00:49:13	00:52:18.95	00:52:33.25	5:13	11.5

JASTRZĘBSKA DZIESIĄTKA, M20-29 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
55	TOMASZCZEK DAWID	972		DANKOWICE	POL	M20-29	55	M 407		00:15:12	00:26:00	00:38:55	00:49:47	00:52:33.90	00:52:55.35	5:15	11.4
56	NOWAK PATRYK	786		JASTRZĘBIE-Z DRÓJ	POL	M20-29	56	M 414	KLUB BIEGACZA FARTLEK	00:15:40	00:26:28	00:39:11	00:49:54	00:52:59.80	00:53:25.95	5:17	11.3
57	GÓRECKI ADAM	743		RACIBÓRZ	POL	M20-29	57	M 425		00:15:35	00:26:37	00:39:44	00:50:32	00:53:28.80	00:53:56.85	5:20	11.2
58	HUCHRO TOMASZ	749		PIEKARY ŚLĄSKIE	POL	M20-29	58	M 428		00:15:39	00:26:41	00:39:41	00:50:51	00:53:39.70	00:53:52.05	5:22	11.2
59	PRZYBYŁA KRYSZTYAN	804		HAŻLACH	POL	M20-29	59	M 442		00:15:53	00:27:07	00:40:33	00:51:15	00:54:28.45	00:54:46.65	5:26	11
60	MAKOWSKI GRZEGORZ	867		JASTRZĘBIE-Z DRÓJ	POL	M20-29	60	M 443		00:16:05	00:27:11	00:40:21	00:51:43	00:54:28.50	00:54:53.25	5:26	11
61	OGERMAN MARIUSZ	876		JASTRZĘBIE-Z DRÓJ	POL	M20-29	61	M 445		00:15:12	00:26:10	00:39:24	00:51:13	00:54:35.55	00:54:56.40	5:27	11
62	GOIK DAMIAN	742		JASTRZĘBIE-Z DRÓJ	POL	M20-29	62	M 449	BZIEGACZE	00:14:30	00:25:45	00:39:53	00:51:32	00:54:53.40	00:55:13.45	5:29	10.9
63	STEKLA BARTŁOMIEJ	904		SKOCZÓW	POL	M20-29	63	M 452		00:15:02	00:26:11	00:39:53	00:51:43	00:55:08.70	00:55:22.75	5:30	10.9
64	GIBAS DAMIAN	852		JASTRZĘBIE-Z DRÓJ	POL	M20-29	64	M 454		00:39:46	00:51:42			00:55:09.75	00:55:24.35	5:31	10.9
65	WICZKOWSKI MICHAŁ	827		ŻORY	POL	M20-29	65	M 458		00:16:53	00:28:11	00:41:23	00:52:30	00:55:22.75	00:55:43.40	5:32	10.8
66	PAJĄK MARCIN	791		JASTRZĘBIE-Z DRÓJ	POL	M20-29	66	M 462		00:15:35	00:26:59	00:40:54	00:52:36	00:55:34.65	00:55:52.05	5:33	10.8
67	JELEŃ MICHAŁ	938		RYDUŁTOWY	POL	M20-29	67	M 469		00:14:57	00:26:22	00:40:28	00:53:05	00:56:16.35	00:56:30.50	5:37	10.7
68	PAWŁOWSKI RAFAŁ	958		ZABRZE	POL	M20-29	68	M 471		00:17:12	00:29:06	00:42:32	00:53:27	00:56:20.75	00:56:47.80	5:38	10.7
69	BARTOS GRZEGORZ	725		RYBNIK	POL	M20-29	69	M 481		00:16:57	00:28:58	00:43:07	00:54:29	00:57:35.05	00:57:56.95	5:45	10.4
70	SOSNA DANIEL	966		JANKOWICE	POL	M20-29	70	M 497		00:18:00	00:29:45	00:44:27	00:55:27	00:59:02.05	00:59:33.90	5:54	10.2
71	MACHEJ PIOTR	776		KOŃCZYCE MAŁE	POL	M20-29	71	M 509	MARO TEAM JASTRZĘBIE-ŻORY	00:16:53	00:29:41	00:44:38	00:58:04	01:01:19.45	01:01:28.50	6:07	9.8
72	WILMANOWICZ RAFAŁ	975		BIELSKO-BIAŁ A	POL	M20-29	72	M 512		00:17:36	00:30:13	00:45:20	00:58:26	01:01:59.40	01:02:19.15	6:12	9.7
73	POŁOK ROBERT	801		BIELSKO-BIAŁ A	POL	M20-29	73	M 519		00:17:02	00:29:56	00:46:17	01:00:56	01:05:20.75	01:05:47.15	6:32	9.2

JASTRZĘBSKA DZIESIĄTKA, K30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	GOLBA KASIA	6		KATOWICE	POL	K30-39	1	K 5	1 SECOND TEAM	00:10:40	00:18:11	00:26:44	00:34:15	00:36:27.45	00:36:28.65	3:38	16.5
2	MICHALAK SANDRA	7		SOSNOWIEC	POL	K30-39	2	K 6	BZIEGACZE	00:10:41	00:18:13	00:26:53	00:34:30	00:36:33.30	00:36:34.20	3:39	16.4
3	GRIMAN JOANNA	17		RYBNIK	POL	K30-39	3	K 6		00:11:27	00:19:30	00:28:54	00:36:57	00:39:13.50	00:39:15.20	3:55	15.3
4	DYBCZYŃSKA JADWIGA	16		GÓRKI WIELKIE	POL	K30-39	4	K 12	BIEGAJĄCY W BRENNEJ	00:11:51	00:20:08	00:30:09	00:38:38	00:41:04.05	00:41:06.10	4:06	14.6
5	STOLORZ KATARZYNA	55		TYCHY	POL	K30-39	5	K 14	INŻYNIERIA BIEGANIA TEAM	00:12:31	00:21:01	00:30:50	00:39:18	00:41:40.50	00:41:44.80	4:10	14.4
6	BIELIŃSKA MONIKA	13		PRZYSZOWICE	POL	K30-39	6	K 20		00:12:15	00:21:10	00:31:47	00:40:55	00:43:37.75	00:43:40.05	4:21	13.8
7	PACAK DOMINIKA	26		RACIBÓRZ	POL	K30-39	7	K 21	KLUB BIEGAM BO LUBIĘ RACIBÓRZ	00:12:58	00:21:52	00:32:19	00:41:12	00:43:46.80	00:43:50.75	4:22	13.7
8	BODNAR ANNA	14		CIESZYN	POL	K30-39	8	K 23	ENDURE TEAM	00:13:18	00:22:46	00:33:41	00:43:04	00:45:44.75	00:45:46.80	4:34	13.1
9	KARLIK-KAŁUSEK AGNIESZKA	77		GASZOWICE	POL	K30-39	9	K 25		00:13:33	00:23:06	00:34:10	00:43:44	00:46:23.65	00:46:28.20	4:38	12.9
10	PIWISZKIS BARBARA	28		JASTRZĘBIE-Z DRÓJ	POL	K30-39	10	K 26	KOBIETY NA 5+	00:13:03	00:22:44	00:34:14	00:43:57	00:46:38.65	00:46:40.45	4:39	12.9
11	JURASZEK ELZBIETA	76		JELEŚNIA	POL	K30-39	11	K 27		00:13:57	00:23:37	00:34:43	00:44:06	00:46:43.30	00:46:45.60	4:40	12.8
12	KOPIEC IZABELA	36		SKRZYSZÓW	POL	K30-39	12	K 29	KOSZULKA HYNIA	00:13:52	00:23:30	00:34:54	00:44:44	00:47:28.75	00:47:30.50	4:44	12.6
13	STUCHLIK MAGDALENA	105		JARZĄBKOWIC E	POL	K30-39	13	K 31	AKTYWNA PSZCZYNA RUNNERS TEAM	00:14:18	00:24:05	00:35:23	00:45:04	00:47:43.70	00:47:46.05	4:46	12.6
14	KOŹMIENKO BEATA	37		JAWORZNO	POL	K30-39	14	K 32	KB MCKIS JAWORZNO	00:13:43	00:23:41	00:35:13	00:45:01	00:47:43.75	00:47:45.95	4:46	12.6
15	ZAJĄC ANNA	109		ZEBRZYDOWI CE	POL	K30-39	15	K 33		00:14:16	00:24:06	00:35:54	00:45:27	00:47:58.90	00:48:00.45	4:47	12.5
16	WOWRY SYLWIA	108		CIESZYN	POL	K30-39	16	K 35	OLZA CIESZYN	00:13:57	00:23:40	00:35:14	00:45:19	00:48:13.85	00:48:16.90	4:49	12.4

JASTRZĘBSKA DZIESIĄTKA, K30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
17	CIEZAK-RAUSZER MAGDALENA	63	JAWORZNO	JAWORZNO	POL	K30-39	17	K 37	KB MCKIS JAWORZNO	00:14:21	00:24:17	00:35:50	00:45:44	00:48:31.60	00:48:37.50	4:51	12.4
18	SIKORA MAGDALENA	177	CIESZYN	CIESZYN	POL	K30-39	18	K 39		00:14:10	00:24:02	00:35:48	00:45:41	00:48:32.50	00:48:39.40	4:51	12.4
19	MAZUREK ANNA	92	BIELKSO-BIAŁA	BIELKSO-BIAŁA	POL	K30-39	19	K 40		00:14:01	00:23:59	00:35:42	00:45:46	00:48:37.10	00:48:43.60	4:51	12.3
20	PAWŁOK ANNA	47	KATOWICE	KATOWICE	POL	K30-39	20	K 41		00:14:27	00:24:20	00:36:09	00:46:05	00:48:46.00	00:48:48.85	4:52	12.3
21	DOMAGAŁA KORNELIA	64	RUDZICA	RUDZICA	POL	K30-39	21	K 45		00:14:13	00:24:09	00:36:04	00:46:18	00:49:20.35	00:49:24.05	4:56	12.2
22	LERCH BOŻENA	86	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	22	K 46	RUNTEAM PAWŁOWICE	00:14:31	00:24:43	00:36:32	00:46:41	00:49:29.15	00:49:34.70	4:56	12.1
23	LEISZNER IZABELA	38	BYTOM	BYTOM	POL	K30-39	23	K 48		00:14:09	00:24:16	00:36:18	00:46:41	00:49:40.65	00:49:42.10	4:58	12.1
24	BORKOWSKA PAULINA	59	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	24	K 50	ZS6 SOBIESKI	00:15:06	00:25:22	00:37:17	00:47:11	00:49:56.50	00:50:06.15	4:59	12
25	WÓJCIK-KRZYŻOWSKA BARBARA	198	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	25	K 51	GB GALOPUJĄCE ŚLIMAKI	00:14:43	00:24:52	00:36:51	00:47:04	00:50:00.65	00:50:07.45	5:00	12
26	FLASZ ANNA	66	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	26	K 53		00:14:21	00:24:37	00:36:42	00:47:10	00:50:04.25	00:50:07.95	5:00	12
27	JAKUBOWSKA MAŁGORZATA	134	PAWŁOWICE	PAWŁOWICE	POL	K30-39	27	K 54		00:14:52	00:25:18	00:37:28	00:47:31	00:50:13.20	00:50:19.75	5:01	11.9
28	KAZIMIERCZUK MONIKA	78	KĘDZIERZYN-KOZŁE	KĘDZIERZYN-KOZŁE	POL	K30-39	28	K 56		00:15:23	00:25:26	00:37:30	00:47:33	00:50:31.35	00:50:36.50	5:03	11.9
29	GWIZDAŁA JOANNA	129	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	29	K 57		00:15:13	00:25:27	00:37:34	00:47:59	00:50:50.95	00:51:00.60	5:05	11.8
30	GNAŚ ANNA	71	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	30	K 58	KOBIETY NA 5+	00:14:40	00:25:05	00:37:29	00:47:58	00:50:56.30	00:50:59.55	5:05	11.8
31	ZHABOTYNSKA MARINA	202	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	31	K 59	FITAQUAMARIN	00:14:43	00:25:09	00:37:32	00:48:09	00:51:02.80	00:51:05.45	5:06	11.8
32	SOLICH OLA	104	RACIBORZ	RACIBORZ	POL	K30-39	32	K 60		00:14:45	00:24:59	00:37:25	00:48:06	00:51:10.15	00:51:14.95	5:07	11.7
33	NOWAK AGNIESZKA	96	JAWORZNO	JAWORZNO	POL	K30-39	33	K 64	KB MCKIS JAWORZNO	00:14:57	00:25:27	00:38:27	00:48:47	00:51:32.20	00:51:39.70	5:09	11.6
34	KIELKOWSKA MARIA	79	PSZCZYNA	PSZCZYNA	POL	K30-39	34	K 72	AKTYWNA PSZCZYNA RUNNERS TEAM	00:15:19	00:25:53	00:38:36	00:49:26	00:52:29.70	00:52:33.95	5:14	11.4
35	STOCHNIJ KATARZYNA	183	CHORZÓW	CHORZÓW	POL	K30-39	35	K 75		00:15:51	00:26:28	00:39:02	00:49:40	00:52:40.90	00:52:50.10	5:16	11.4
36	GORZELAK JOANNA	125	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	36	K 76	KOBIETY NA 5+	00:15:20	00:26:08	00:38:43	00:49:39	00:52:43.55	00:52:47.20	5:16	11.4
37	KLEJNOWSKA KATARZYNA	80	GLIWICE	GLIWICE	POL	K30-39	37	K 80	SOCIOS SILESIA	00:14:47	00:25:38	00:38:57	00:49:46	00:52:46.65	00:52:50.90	5:16	11.4
38	DURAJ MAGDALENA	119	BYSTRA	BYSTRA	POL	K30-39	38	K 82		00:15:24	00:26:05	00:38:42	00:49:52	00:53:01.15	00:53:14.20	5:18	11.3
39	LYSKO AGNIESZKA	88	DĄBROWA GÓRNICZA	DĄBROWA GÓRNICZA	POL	K30-39	39	K 85		00:15:57	00:26:58	00:39:40	00:50:15	00:53:21.90	00:53:31.60	5:20	11.2
40	BOROWSKA ANETA	215	SOSNOWIEC	SOSNOWIEC	POL	K30-39	40	K 86		00:16:06	00:27:02	00:39:40	00:50:24	00:53:23.65	00:53:32.25	5:20	11.2
41	HERUD MAGDALENA	73	PIETROWICE WIELKIE	PIETROWICE WIELKIE	POL	K30-39	41	K 88		00:15:32	00:27:01	00:40:11	00:51:12	00:54:14.30	00:54:21.60	5:25	11.1
42	RYBKA SONIA	297	CHRZANÓW	CHRZANÓW	POL	K30-39	42	K 91		00:15:40	00:26:48	00:40:09	00:51:11	00:54:26.80	00:54:36.75	5:26	11
43	MRÓGAŁA EWA	158	CISOWNICA	CISOWNICA	POL	K30-39	43	K 94		00:16:14	00:27:20	00:40:18	00:51:21	00:54:28.20	00:54:39.65	5:26	11
44	LIPKA EDYTA	39	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	44	K 95		00:15:33	00:26:40	00:39:48	00:51:17	00:54:31.50	00:54:36.30	5:27	11
45	MARCZAK-OLEJNICZAK ANNA	154	TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	K30-39	45	K 97		00:15:53	00:26:43	00:40:04	00:51:19	00:54:32.55	00:54:44.60	5:27	11
46	JĘDRYKA PATRYCJA	246	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	46	K 98		00:16:55	00:27:40	00:40:28	00:51:36	00:54:35.80	00:54:48.65	5:27	11
47	URBAINSKA ILONA	190	ŁĘG	ŁĘG	POL	K30-39	47	K 104		00:15:42	00:27:21	00:40:40	00:51:31	00:54:42.90	00:54:49.95	5:28	11
48	GÓRA MARTA	126	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	48	K 105		00:15:49	00:26:58	00:40:19	00:51:35	00:54:45.55	00:54:55.60	5:28	11
49	PRZESÓR BARBARA	169	BRZEZINKA	BRZEZINKA	POL	K30-39	49	K 106	ZADYSZKA OŚWIĘCIM	00:15:53	00:27:02	00:40:25	00:51:46	00:54:53.90	00:55:00.25	5:29	10.9
50	DOMAŃSKA JOANNA	229	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	50	K 109		00:15:49	00:27:00	00:40:23	00:51:53	00:55:10.40	00:55:25.00	5:31	10.9
51	DĄBROWSKA-PALUCH ANNA	227	TYCHY	TYCHY	POL	K30-39	51	K 116		00:17:13	00:28:43	00:41:55	00:52:39	00:55:43.95	00:55:59.05	5:34	10.8
52	MELER EWELINA	155	KATOWICE	KATOWICE	POL	K30-39	52	K 117		00:15:48	00:27:02	00:40:54	00:52:24	00:55:44.00	00:55:46.45	5:34	10.8
53	JAGODZIŃSKA MAGDALENA	133	WILKOWICE	WILKOWICE	POL	K30-39	53	K 118		00:15:41	00:27:01	00:40:57	00:52:36	00:55:49.90	00:56:03.95	5:34	10.7
54	NIESŁAŃCZYK BARBARA	163	JASTRZĘBIE-ZDRÓJ	JASTRZĘBIE-ZDRÓJ	POL	K30-39	54	K 121	BZIEGACZE	00:16:07	00:27:31	00:41:02	00:52:46	00:56:08.25	00:56:16.00	5:36	10.7

JASTRZĘBSKA DZIESIĄTKA, K30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
55	LERCH MARIA	148		JASTRZĘBIE-Z DRÓJ	POL	K30-39	55	K 122	RUNTEAM PAWŁOWICE	00:15:21	00:26:34	00:40:29	00:52:32	00:56:08.75	00:56:18.20	5:36	10.7
56	MALISZEWSKA BEATA	268		JASTRZĘBIE-Z DRÓJ	POL	K30-39	56	K 126		00:16:24	00:28:26	00:42:01	00:53:04	00:56:20.05	00:56:27.40	5:38	10.7
57	ZAKRZEWSKA SABINA	200		WODZISŁAW ŚLĄSKI	POL	K30-39	57	K 128		00:16:10	00:27:54	00:41:46	00:53:07	00:56:23.80	00:56:35.35	5:38	10.6
58	KAFKA MAGDALENA	137		ŻORY	POL	K30-39	58	K 129	CE PROGRESS	00:17:04	00:28:29	00:42:02	00:53:20	00:56:25.10	00:56:36.90	5:38	10.6
59	GAWELCZYK MARTA	124		ŻORY	POL	K30-39	59	K 130	CE PROGRESS	00:17:03	00:28:28	00:42:01	00:53:19	00:56:25.45	00:56:37.50	5:38	10.6
60	ZAGÓRSKA ANIA	328		RADLIN	POL	K30-39	60	K 135		00:16:48	00:28:37	00:42:05	00:53:37	00:56:51.10	00:57:03.20	5:41	10.6
61	SZOJDA PAULINA	186		TYCHY	POL	K30-39	61	K 137		00:16:23	00:27:56	00:41:49	00:53:32	00:56:53.20	00:57:05.45	5:41	10.5
62	NOWAK MAGDALENA	278		ŻORY	POL	K30-39	62	K 140		00:16:49	00:28:22	00:42:03	00:53:42	00:57:01.45	00:57:09.50	5:42	10.5
63	PROKURAT AGNIESZKA	293		JASTRZĘBIE ZDRÓJ	POL	K30-39	63	K 141		00:16:00	00:28:08	00:41:46	00:53:35	00:57:02.90	00:57:05.25	5:42	10.5
64	DOBRAZS BASIA	228		TYCHY	POL	K30-39	64	K 142		00:17:20	00:28:57	00:42:22	00:53:48	00:57:09.70	00:57:24.25	5:43	10.5
65	CIEŚLAR EWA	222		CIESZYN	POL	K30-39	65	K 143		00:16:29	00:27:58	00:41:45	00:53:48	00:57:13.00	00:57:25.65	5:43	10.5
66	FRAJHOFFER EWA	68		JASTRZĘBIE ZDRÓJ	POL	K30-39	66	K 145	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:16:19	00:28:06	00:42:13	00:54:19	00:57:25.20	00:57:36.35	5:44	10.4
67	KUBICA PATRYCJA	84		CIESZYN	POL	K30-39	67	K 151	OLZA CIESZYN	00:16:50	00:28:41	00:43:06	00:54:50	00:57:41.65	00:57:48.65	5:46	10.4
68	BOŚ NATALIA	216		JAWORZNO	POL	K30-39	68	K 153	KB MCKIS JAWORZNO	00:16:59	00:28:36	00:42:28	00:54:24	00:57:47.05	00:57:54.90	5:46	10.4
69	CHOLAJDA MONIKA	220		GOLKOWICE	POL	K30-39	69	K 154		00:16:53	00:28:34	00:42:32	00:54:25	00:57:47.05	00:57:59.65	5:46	10.4
70	JESIONEK MAŁGORZATA	136		IMIELIN	POL	K30-39	70	K 158		00:16:58	00:28:39	00:42:39	00:54:41	00:58:05.50	00:58:18.75	5:48	10.3
71	KOŁAK ALICJA	252		GLIWICE	POL	K30-39	71	K 159		00:17:09	00:28:50	00:42:41	00:54:52	00:58:20.60	00:58:34.85	5:50	10.3
72	SITKO DAGMARA	302		JASTRZĘBIE-Z DRÓJ	POL	K30-39	72	K 163		00:17:17	00:29:07	00:43:16	00:55:13	00:58:36.00	00:58:51.75	5:51	10.2
73	KRAUZ SANDRA	146		JASTRZEBIE-Z DRÓJ	POL	K30-39	73	K 166		00:16:43	00:28:30	00:42:42	00:55:13	00:58:52.50	00:59:01.55	5:53	10.2
74	SUBIK EDYTA	106		GLIWICE	POL	K30-39	74	K 175		00:16:04	00:28:30	00:43:05	00:55:39	00:59:09.75	00:59:16.40	5:55	10.1
75	KUKLA AGATA	258		BRZESZCZE	POL	K30-39	75	K 176	POWOLI DO CELU	00:17:28	00:29:20	00:43:31	00:55:40	00:59:09.85	00:59:21.00	5:55	10.1
76	HANDY SAMANTA	34		KĘTY	POL	K30-39	76	K 177	POWOLI DO CELU	00:17:29	00:29:21	00:43:32	00:55:39	00:59:10.15	00:59:21.00	5:55	10.1
77	WIŚNIEWSKA JUSTYNA	323		JASTRZĘBIE-Z DRÓJ	POL	K30-39	77	K 179	KOBIETY NA 5+	00:16:47	00:29:00	00:43:27	00:55:54	00:59:21.80	00:59:26.00	5:56	10.1
78	LISZOK IWONA	262		JASTRZĘBIE-Z DRÓJ	POL	K30-39	78	K 181		00:17:09	00:29:18	00:43:39	00:55:58	00:59:32.60	00:59:41.75	5:57	10.1
79	GIŻYŃSKA KATARZYNA	238		JASTRZĘBIE ZDRÓJ	POL	K30-39	79	K 183		00:16:54	00:29:11	00:44:01	00:56:29	00:59:58.95	01:00:03.00	5:59	10
80	ORŁOWSKA JOANNA	165		MAZAŃCOWICE	POL	K30-39	80	K 184		00:17:51	00:30:08	00:44:27	00:56:41	01:00:03.90	01:00:17.85	6:00	10
81	WALA ANNA	191		JASTRZĘBIE-Z DRÓJ	POL	K30-39	81	K 191		00:16:56	00:29:20	00:44:18	00:57:23	01:01:07.50	01:01:14.15	6:06	9.8
82	WIECZOREK KLAUDIA	194		JASTRZĘBIE-Z DRÓJ	POL	K30-39	82	K 193	ALKOTEAM RYBNIK	00:18:25	00:31:11	00:46:08	00:58:19	01:01:40.60	01:01:49.70	6:10	9.7
83	WYSZYŃSKA KARINA	326		KIETRZ	POL	K30-39	83	K 194		00:18:25	00:30:52	00:45:33	00:58:07	01:01:40.85	01:01:54.10	6:10	9.7
84	REYMANN MIŁENA	172		JASTRZĘBIE-Z DRÓJ	POL	K30-39	84	K 202	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:17:41	00:30:24	00:45:40	00:58:49	01:02:37.85	01:02:50.90	6:15	9.6
85	HERDUŚ LUCYNA	130		JASTRZEBIE ZDRÓJ	POL	K30-39	85	K 207		00:18:04	00:30:39	00:45:35	00:59:21	01:03:18.65	01:03:30.10	6:19	9.5
86	KALETA AGNIESZKA	249		BRZESZCZE	POL	K30-39	86	K 208	POWOLI DO CELU	00:18:30	00:31:55	00:47:13	01:00:03	01:03:22.70	01:03:33.75	6:20	9.5
87	BRYCHCY ESTERA	112		PAWŁOWICE	POL	K30-39	87	K 211	RUNTEAM PAWŁOWICE	00:18:49	00:31:50	00:47:17	01:00:10	01:03:46.95	01:04:00.95	6:22	9.4
88	MOKRZYCKA JUSTYNA	273		KRAKÓW	POL	K30-39	88	K 218		00:19:03	00:32:10	00:48:21	01:01:59	01:05:33.70	01:05:49.30	6:33	9.2
89	MULKA ULA	276		ŁĘDZINY	POL	K30-39	89	K 219		00:19:11	00:32:26	00:48:22	01:01:52	01:05:34.80	01:05:48.25	6:33	9.1
90	ŁUKASIK ALDONA	151		ŻORY	POL	K30-39	90	K 221		00:19:03	00:32:17	00:48:28	01:02:10	01:05:59.75	01:06:15.45	6:36	9.1
91	ZAGÓRSKA BEATA	327		GOLESZÓW	POL	K30-39	91	K 224	OLZA CIESZYN	00:19:14	00:32:49	00:49:04	01:02:45	01:06:12.65	01:06:24.20	6:37	9.1
92	BETLEJ DOROTA	212		JASTRZĘBIE-Z DRÓJ	POL	K30-39	92	K 226		00:18:29	00:31:53	00:48:17	01:02:23	01:06:21.10	01:06:36.05	6:38	9
93	GAJ MONIKA	235		KIETRZ	POL	K30-39	93	K 227		00:19:03	00:32:31	00:48:32	01:02:31	01:06:21.10	01:06:34.45	6:38	9
94	BALICKA MAGDALENA	207		OCHABY MAŁE	POL	K30-39	94	K 231		00:19:27	00:32:54	00:49:05	01:03:01	01:06:36.05	01:06:50.50	6:39	9

JASTRZĘBSKA DZIESIĄTKA, K30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
95	JANCZARA EWA	135		JASTRZĘBIE ZDRÓJ	POL	K30-39	95	K 232		00:18:46	00:32:17	00:48:36	01:02:46	01:06:52.75	01:07:01.90	6:41	9
96	BAK KARINA	111		WODZISŁAW ŚLĄSKI	POL	K30-39	96	K 236	RADLINIOKI W BIEGU	00:18:50	00:32:54	00:49:37	01:04:25	01:08:27.75	01:08:39.40	6:50	8.8
97	SLADECZEK IZA	178		PAWŁOWICE	POL	K30-39	97	K 238		00:19:16	00:33:16	00:50:32	01:05:14	01:09:35.40	01:09:42.85	6:57	8.6
98	URBAŚ MONIKA	319		JASTRZĘBIE-ZDRÓJ	POL	K30-39	98	K 239		00:19:17	00:33:18	00:50:33	01:05:15	01:09:36.00	01:09:42.85	6:57	8.6
99	SŁOWIK KORNELIA	303		WOLA	POL	K30-39	99	K 240	POWOLI DO CELU	00:20:13	00:34:23	00:51:51	01:06:35	01:10:45.25	01:10:55.90	7:04	8.5
100	POKORA IZABELA	291		BIELSKO-BIAŁA	POL	K30-39	100	K 243		00:20:11	00:34:49	00:52:35	01:07:45	01:11:55.35	01:12:10.20	7:11	8.3
101	PYZIK BARBARA	296		JASTRZĘBIE-ZDRÓJ	POL	K30-39	101	K 244	KLUB BIEGACZA FARTLEK	00:19:21	00:34:11	00:52:39	01:08:00	01:12:04.05	01:12:14.50	7:12	8.3
102	GŁĄB MARIOLA	239		GLIWICE	POL	K30-39	102	K 247		00:19:41	00:34:30	00:53:22	01:08:25	01:12:20.85	01:12:27.10	7:14	8.3
103	MŁOCEK EWELINA	271		SAMBOROWICE	POL	K30-39	103	K 249		00:21:34	00:36:40	00:54:18	01:09:33	01:13:56.10	01:14:09.55	7:23	8.1
104	SZCZEGODZINSKA KASIA	311		JASTRZĘBIE-ZDRÓJ	POL	K30-39	104	K 256	MORŚWINY	00:22:32	00:38:52	00:58:04	01:15:20	01:20:14.45	01:20:27.05	8:01	7.5
105	HUBA AGNIESZKA	244		JASTRZĘBIE ZDRÓJ	POL	K30-39	105	K 259	KOBIETY NA 5+	00:16:51	00:29:11	00:43:49	00:56:31			6:00	10

JASTRZĘBSKA DZIESIĄTKA, M30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KIBIRE MOSES KIPRUTO	335	BENEDEK-TEAM		KEN	M30-39	1	M 3		00:08:44	00:14:55	00:22:12	00:28:36	00:30:25.95	00:30:27.10	3:02	19.7
2	DROŻDŻ DAMIAN	363		RYBNIK	POL	M30-39	2	M 7	INŻYNIERIA BIEGANIA TEAM	00:09:50	00:16:32	00:24:20	00:31:08	00:33:05.30	00:33:06.45	3:18	18.1
3	LYSKO JAKUB	383		DĄBROWA GÓRNICZA	POL	M30-39	3	M 8		00:09:50	00:16:30	00:24:21	00:31:10	00:33:08.75	00:33:10.25	3:18	18.1
4	ŻURAWIK DANIEL	415		JAWORZNO	POL	M30-39	4	M 9		00:09:50	00:16:46	00:24:53	00:31:46	00:33:47.60	00:33:49.05	3:22	17.8
5	KWESTOROWSKI BARTOSZ	380		ZABRZE	POL	M30-39	5	M 10		00:09:50	00:16:44	00:24:59	00:32:04	00:34:06.60	00:34:08.15	3:24	17.6
6	MUSKIETORZ PIOTR	388		MIKOŁÓW	POL	M30-39	6	M 14	INŻYNIERIA BIEGANIA TEAM	00:10:03	00:17:06	00:25:25	00:32:41	00:34:45.05	00:34:45.75	3:28	17.3
7	LIZAK WOCIECH	381		PAWŁOWICE	POL	M30-39	7	M 16	NIESŁONY LIZAK	00:10:15	00:17:26	00:25:44	00:32:52	00:34:56.75	00:34:57.65	3:29	17.2
8	KARDAS ARKADIUSZ	373		SIEMIANOWICE ŚLĄSKIE	POL	M30-39	8	M 17		00:10:23	00:17:37	00:25:59	00:33:06	00:35:05.10	00:35:06.45	3:30	17.1
9	HATALA PAWEŁ	369		BIELSKO-BIAŁA	POL	M30-39	9	M 19		00:10:38	00:18:06	00:26:42	00:34:09	00:36:16.15	00:36:18.85	3:37	16.5
10	PORĘBA GRZEGORZ	396		ŻORY	POL	M30-39	10	M 21	NIEWYBIEGANI	00:10:24	00:17:44	00:26:39	00:34:13	00:36:21.35	00:36:21.95	3:38	16.5
11	BŁASZCZYK DOMINIK	358		KALETY	POL	M30-39	11	M 22		00:10:32	00:17:51	00:26:49	00:34:19	00:36:28.40	00:36:29.85	3:38	16.5
12	URBANIAK WITEK	407		CZECHOWICE-DZIEDZICE	POL	M30-39	12	M 23		00:10:32	00:18:01	00:26:45	00:34:19	00:36:30.55	00:36:32.35	3:39	16.4
13	BARTOSIK SEBASTIAN	357		WODZISŁAW ŚLĄSKI	POL	M30-39	13	M 28	FORMA WODZISŁAW ŚLĄSKI	00:10:29	00:18:00	00:26:50	00:34:25	00:36:39.20	00:36:41.30	3:39	16.4
14	SEIFFERT MARKUS	400		SKRZYSZÓW	POL	M30-39	14	M 30	KOSZULKA HYNIA	00:10:43	00:18:14	00:27:02	00:34:38	00:36:44.75	00:36:47.75	3:40	16.3
15	DUŻYŃIAK DOMINIK	364		GLIWICE	POL	M30-39	15	M 33		00:10:39	00:18:11	00:27:06	00:34:41	00:36:56.95	00:36:59.05	3:41	16.2
16	WALCZYŃSKI MARIUSZ	408		ŻORY	POL	M30-39	16	M 34	NIEWYBIEGANI	00:10:53	00:18:25	00:27:15	00:34:51	00:37:00.65	00:37:02.90	3:42	16.2
17	GIŻYŃSKI DAMIAN	366		JASTRZĘBIE ZDRÓJ	POL	M30-39	17	M 39	GB GALOPUJĄCE ŚLIMAKI	00:11:16	00:18:57	00:27:44	00:35:11	00:37:18.40	00:37:20.65	3:43	16.1
18	OSETEK PAWEŁ	392		PSZÓW	POL	M30-39	18	M 40	RADLINIOKI W BIEGU	00:10:45	00:18:36	00:27:26	00:35:07	00:37:19.75	00:37:21.10	3:44	16.1
19	KĄŁUŻNY ADAM	372		RUDA ŚLĄSKA	POL	M30-39	19	M 42	SOCIOS SILESIA	00:10:47	00:18:28	00:27:27	00:35:14	00:37:31.75	00:37:34.30	3:45	16
20	SZKODA DARIUSZ	405		RUDA ŚLĄSKA	POL	M30-39	20	M 45	SOCIOS SILESIA	00:10:59	00:18:39	00:27:41	00:35:26	00:37:42.65	00:37:44.90	3:46	15.9
21	CHRAPKIEWICZ MICHAŁ	360		CIESZYN	POL	M30-39	21	M 47	OLZA CIESZYN	00:10:56	00:18:39	00:27:44	00:35:34	00:37:47.70	00:37:50.10	3:46	15.9
22	ŻERDKA MICHAŁ	542		BIERUŃ	POL	M30-39	22	M 49		00:11:04	00:18:49	00:28:06	00:35:48	00:37:51.95	00:37:54.95	3:47	15.9
23	NOGA KRYSZTIAN	488		WODZISŁAW ŚLĄSKI	POL	M30-39	23	M 50	FORMA WODZISŁAW ŚLĄSKI	00:11:11	00:18:59	00:28:05	00:35:51	00:37:54.55	00:37:59.40	3:47	15.8
24	ZIELIŃSKI RAFAŁ	413		JASTRZĘBIE-ZDRÓJ	POL	M30-39	24	M 54	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:10:46	00:18:46	00:28:03	00:35:52	00:38:05.90	00:38:07.50	3:48	15.7

JASTRZĘBSKA DZIESIĄTKA, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
25	JASTRZĘBSKI PIOTR	451	ZABRZE	POL	M30-39		25	M 55		00:11:03	00:18:50	00:27:57	00:35:50	00:38:07.35	00:38:09.95	3:48	15.7
26	ADAMSKI ROBERT	353	BIERUŃ	POL	M30-39		26	M 57	BRYKAJĄCA GRUPA BIEGOWA	00:11:38	00:19:34	00:28:38	00:36:14	00:38:27.00	00:38:30.35	3:50	15.6
27	MAROSZEK SZYMON	480	RYBNIK	POL	M30-39		27	M 58		00:11:22	00:19:13	00:28:28	00:36:14	00:38:27.30	00:38:31.35	3:50	15.6
28	FURMAN DAWID	438	BŁĄŻEJOWICE	POL	M30-39		28	M 59		00:11:31	00:19:26	00:28:38	00:36:21	00:38:37.15	00:38:41.15	3:51	15.5
29	TRAFIAŁEK MIŁOSZ	528	KATOWICE	POL	M30-39		29	M 66		00:11:16	00:19:16	00:28:46	00:36:46	00:39:07.55	00:39:11.90	3:54	15.3
30	KAWCZYŃSKI RADOSŁAW	457	SOSNOWIEC	POL	M30-39		30	M 67	TEAM URODZENI BIEGACZE	00:11:35	00:19:35	00:29:01	00:36:58	00:39:14.50	00:39:19.90	3:55	15.3
31	STUCHLIK MAREK	520	JARZĄBKOWICE	POL	M30-39		31	M 68	AKTYWNA PSZCZYNA RUNNERS TEAM	00:11:35	00:19:39	00:29:01	00:37:00	00:39:17.95	00:39:22.00	3:55	15.3
32	OLBRICH ARTUR	391	TWORKÓW	POL	M30-39		32	M 70		00:11:25	00:19:23	00:28:42	00:36:58	00:39:19.55	00:39:22.80	3:55	15.3
33	WOLNY ARIEL	535	ŁUKÓW	POL	M30-39		33	M 76		00:11:47	00:19:46	00:29:19	00:37:24	00:39:39.80	00:39:45.90	3:57	15.1
34	MEREDYK ADRIAN	387	JASTRZĘBIE ZDRÓJ	POL	M30-39		34	M 77		00:11:17	00:19:26	00:29:05	00:37:30	00:39:41.50	00:39:43.95	3:58	15.1
35	BRYŁA RAFAŁ	427	JASTRZĘBIE-ZDRÓJ	POL	M30-39		35	M 79	KLUB BIEGACZA FARTLEK	00:11:48	00:20:02	00:29:27	00:37:29	00:39:46.15	00:39:51.85	3:58	15.1
36	PAGIEŁA ŁUKASZ	497	POGÓRZE	POL	M30-39		36	M 81	OLZA CIESZYN	00:12:04	00:20:30	00:30:06	00:38:04	00:40:05.95	00:40:07.80	4:00	15
37	SURWIŁO SANDRO	521	TYCHY	POL	M30-39		37	M 83		00:12:04	00:20:25	00:29:59	00:37:59	00:40:10.90	00:40:14.25	4:01	14.9
38	BORCHERT MARCIN	425	ŚWIĘTOCHŁOWICE	POL	M30-39		38	M 86	AKTYWNA PSZCZYNA RUNNERS TEAM	00:12:09	00:20:31	00:29:59	00:38:05	00:40:21.50	00:40:25.55	4:02	14.9
39	HEJNA MICHAŁ	587	SKRZYSZÓW	POL	M30-39		39	M 87	KOSZULKA HYNIA	00:11:57	00:20:10	00:29:44	00:37:59	00:40:21.60	00:40:29.15	4:02	14.9
40	NOWICKI TOMASZ	491	JASTRZĘBIE-ZDRÓJ	POL	M30-39		40	M 89	KLUB BIEGACZA FARTLEK	00:11:46	00:20:00	00:29:40	00:38:08	00:40:30.65	00:40:36.75	4:03	14.8
41	SPYRKA PIOTR	518	JASTRZĘBIE ZDRÓJ	POL	M30-39		41	M 90	KLUB BIEGACZA FARTLEK	00:11:46	00:20:01	00:29:50	00:38:11	00:40:38.50	00:40:44.15	4:03	14.8
42	MARCZAK PIOTR	478	STRZYŻÓW	POL	M30-39		42	M 91		00:11:30	00:19:47	00:29:39	00:38:11	00:40:40.35	00:40:45.45	4:04	14.8
43	RESPONDEK LESZEK	673	ŻORY	POL	M30-39		43	M 96		00:12:09	00:20:30	00:30:13	00:38:38	00:40:59.30	00:41:07.95	4:05	14.6
44	RAJWA JAN	508	JASTRZĘBIE-ZDRÓJ	POL	M30-39		44	M 97	BZIEGACZE	00:11:51	00:20:19	00:30:10	00:38:40	00:41:02.65	00:41:07.95	4:06	14.6
45	WOWRY GRZEGORZ	409	CIESZYN	POL	M30-39		45	M 98	OLZA CIESZYN	00:12:05	00:20:31	00:30:19	00:38:44	00:41:05.55	00:41:06.50	4:06	14.6
46	TOKAREWICZ DAMIAN	525	ZEBRZYDOWICE	POL	M30-39		46	M 101		00:11:55	00:20:08	00:29:54	00:38:38	00:41:10.50	00:41:20.05	4:07	14.6
47	MARTOWSKI PRZEMYSŁAW	481	ZABRZE	POL	M30-39		47	M 102		00:11:52	00:20:12	00:29:59	00:38:38	00:41:11.60	00:41:16.25	4:07	14.6
48	WRZECIONKOWSKI ADRIAN	536	TYCHY	POL	M30-39		48	M 103		00:12:12	00:20:38	00:30:26	00:38:47	00:41:14.85	00:41:25.30	4:07	14.5
49	MAJ PRZEMYSŁAW	476	JASTRZĘBIE-ZDRÓJ	POL	M30-39		49	M 105	KLUB BIEGACZA FARTLEK	00:12:16	00:20:42	00:30:24	00:38:48	00:41:17.35	00:41:25.15	4:07	14.5
50	HANKUS ŁUKASZ	447	ŻYWIEC	POL	M30-39		50	M 107		00:11:49	00:19:52	00:29:43	00:38:37	00:41:18.85	00:41:26.30	4:07	14.5
51	BEREZOWSKI TOMASZ	419	KATOWICE	POL	M30-39		51	M 111		00:12:04	00:20:21	00:30:14	00:38:54	00:41:22.50	00:41:33.05	4:08	14.5
52	PRZYBYŁA TADEUSZ	805	GOŁKOWICE	POL	M30-39		52	M 116		00:12:24	00:21:00	00:30:59	00:39:25	00:41:39.05	00:41:46.10	4:09	14.4
53	KRUK TOMASZ	462	NYSA	POL	M30-39		53	M 119	ATHLETICS NYSA	00:12:07	00:20:25	00:30:30	00:39:14	00:41:40.45	00:41:46.60	4:10	14.4
54	TOMCZYK MAURZYCY	527	KRAKÓW	POL	M30-39		54	M 120		00:12:33	00:21:07	00:31:01	00:39:25	00:41:42.30	00:41:47.15	4:10	14.4
55	KUŚ TOMASZ	466	MARKLOWICE	POL	M30-39		55	M 121		00:12:20	00:20:48	00:30:39	00:39:11	00:41:42.60	00:41:55.00	4:10	14.4
56	ROEHRICH KRZYSZTOF	509	ŁĄKA	POL	M30-39		56	M 123		00:12:15	00:21:01	00:31:11	00:39:43	00:42:00.85	00:42:05.35	4:12	14.3
57	ŻUKROWSKI KRZYSZTOF	718	KACZYCE	POL	M30-39		57	M 125		00:12:23	00:20:54	00:31:03	00:39:44	00:42:07.15	00:42:25.00	4:12	14.2
58	TŁOŁKA MICHAŁ	524	ŻORY	POL	M30-39		58	M 128		00:12:02	00:20:28	00:30:37	00:39:38	00:42:15.15	00:42:22.40	4:13	14.2
59	DEJEWSKI JAKUB	433	JASTRZĘBIE-ZDRÓJ	POL	M30-39		59	M 131	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:50	00:31:01	00:39:48	00:42:18.00	00:42:33.60	4:13	14.2
60	GADAJ GRZEGORZ	439	RADLIN	POL	M30-39		60	M 132		00:12:00	00:20:39	00:31:00	00:39:52	00:42:22.65	00:42:27.50	4:14	14.2
61	ŁATKA ŁUKASZ	626	RYBNIK	POL	M30-39		61	M 133		00:12:34	00:21:09	00:31:22	00:40:03	00:42:27.65	00:42:39.30	4:14	14.1
62	LAZAR DAMIAN	624	ŻORY	POL	M30-39		62	M 134		00:12:40	00:21:17	00:31:22	00:40:05	00:42:32.80	00:42:50.50	4:15	14.1
63	WOJCIECHOWSKI MARCIN	833	RADLIN	POL	M30-39		63	M 141	RADLINIOKI W BIEGU	00:31:22	00:40:11			00:42:41.80	00:42:43.75	4:16	14.1
64	LILLA PIOTR	470	JASTRZĘBIE - ZDRÓJ	POL	M30-39		64	M 145		00:11:52	00:20:50	00:31:19	00:40:07	00:42:48.05	00:42:52.85	4:16	14
65	DUDZIK SEBASTIAN	568	MAZAŃCOWICE	POL	M30-39		65	M 146		00:12:33	00:21:17	00:31:27	00:40:16	00:42:48.95	00:43:04.35	4:16	14
66	MĘŻYK MATIK	635	ŁAZISKA	POL	M30-39		66	M 148	KOSZULKA HYNIA	00:12:04	00:20:45	00:31:11	00:40:15	00:42:50.20	00:42:57.15	4:17	14

JASTRZĘBSKA DZIESIĄTKA, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
67	GRUCEL DAMIAN	445		JASTRZĘBIE-Z DRÓJ	POL	M30-39	67	M 150	KS M.E.T.A.	00:12:26	00:21:09	00:31:28	00:40:19	00:42:53.10	00:43:01.20	4:17	14
68	SZAREK KRZYSZTOF	522		JASZENICA 953	POL	M30-39	68	M 154	BIEG PO ZDRÓJ	00:12:26	00:21:13	00:31:36	00:40:37	00:43:02.80	00:43:11.35	4:18	13.9
69	CHRUSZCZ WOJCIECH	429		JASTRZĘBIE-Z DRÓJ	POL	M30-39	69	M 156	KLUB BIEGACZA FARTLEK	00:12:28	00:21:14	00:31:38	00:40:39	00:43:08.50	00:43:16.60	4:18	13.9
70	MACHEJ REMIGIUSZ	629		JASTRZĘBIE - ZDRÓJ	POL	M30-39	70	M 168	MARO TEAM JASTRZĘBIE-ŻORY	00:12:21	00:21:21	00:31:55	00:40:55	00:43:24.70	00:43:33.90	4:20	13.8
71	SMYCZEK BARTOSZ	898		RYBNIK	POL	M30-39	71	M 169		00:13:13	00:22:00	00:32:15	00:40:54	00:43:26.25	00:43:50.70	4:20	13.8
72	GAUDYN ANDRZEJ	440		SIEMIANOWIC E ŚLĄSKIE	POL	M30-39	72	M 176		00:13:23	00:22:23	00:32:38	00:41:16	00:43:38.40	00:43:50.35	4:21	13.7
73	DANKIEWICZ MICHAŁ	432		CZECHOWICE-DZIEDZICE	POL	M30-39	73	M 177	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE	00:32:28	00:41:24			00:43:39.10	00:43:52.85	4:21	13.7
74	GRUDZIŃSKI RADOSŁAW	584		ZABRZE	POL	M30-39	74	M 178		00:12:54	00:21:54	00:32:20	00:41:09	00:43:40.20	00:43:46.85	4:22	13.7
75	JOCHLIK SZYMON	452		JASTRZĘBIE ZDRÓJ	POL	M30-39	75	M 181		00:12:15	00:21:13	00:32:03	00:41:24	00:43:49.00	00:43:56.85	4:22	13.7
76	BURYBA JACEK	557		JASTRZĘBIE-Z DRÓJ	POL	M30-39	76	M 185	KLUB BIEGACZA FARTLEK	00:13:02	00:22:01	00:32:32	00:41:34	00:43:59.45	00:44:07.50	4:23	13.6
77	MAŁECKI JACEK	631		LIGOTA	POL	M30-39	77	M 186		00:13:16	00:22:23	00:32:46	00:41:29	00:44:01.20	00:44:17.95	4:24	13.6
78	STROF MARCIN	683		SYRYNIA	POL	M30-39	78	M 187		00:13:11	00:22:14	00:32:49	00:41:42	00:44:04.50	00:44:14.50	4:24	13.6
79	PRZELIORZ OKTAWIAN	506		ŻORY	POL	M30-39	79	M 189		00:13:20	00:22:27	00:33:04	00:41:47	00:44:14.30	00:44:28.95	4:25	13.6
80	PRZELIORZ OKTAWIAN	666		ŻORY	POL	M30-39	80	M 190		00:13:20	00:22:27	00:33:04	00:41:48	00:44:14.85	00:44:29.15	4:25	13.6
81	POŁOMSKI GRZEGORZ	503		RYDUŁTOWY	POL	M30-39	81	M 193						00:44:17.45	00:44:17.45	4:25	13.5
82	BALICKI PIOTR	546		MYSŁOWICE	POL	M30-39	82	M 194		00:12:23	00:22:19	00:32:50	00:41:44	00:44:19.80	00:44:35.00	4:26	13.5
83	OPUCHLIK ROMAN	495		ŚWIĘTOCHŁOWICE	POL	M30-39	83	M 197		00:13:18	00:22:45	00:33:40	00:42:02	00:44:23.30	00:44:26.85	4:26	13.5
84	ZIELIŃSKI JACEK	716		BIELSKO BIAŁA	POL	M30-39	84	M 198		00:13:08	00:22:20	00:32:50	00:41:54	00:44:29.95	00:44:44.05	4:27	13.5
85	ŁUSZCZYK SERGIUSZ	627		WODZISŁAW ŚLĄSKI	POL	M30-39	85	M 208		00:12:57	00:22:00	00:32:51	00:42:07	00:44:40.80	00:44:50.55	4:28	13.4
86	WOŹNIAK PRZEMYSŁAW	712		JASTRZĘBIE ZDRÓJ	POL	M30-39	86	M 210		00:13:56	00:23:09	00:33:38	00:42:28	00:44:43.95	00:44:59.70	4:28	13.4
87	KOŁEK MICHAŁ	763		RACIBÓRZ	POL	M30-39	87	M 211		00:13:20	00:22:28	00:33:12	00:42:14	00:44:48.95	00:44:59.25	4:28	13.4
88	FLISZTA MARCIN	570		SOSNOWIEC	POL	M30-39	88	M 214		00:13:00	00:22:26	00:33:13		00:45:03.30	00:45:11.10	4:30	13.3
89	NYKIEL MARIUSZ	492		MYSŁOWICE	POL	M30-39	89	M 215	SOCIOS SILESIA	00:10:46	00:20:39	00:32:36	00:42:27	00:45:14.45	00:45:14.45	4:31	13.3
90	OGIEGŁO ŁUKASZ	493		BIELSKO-BIAŁA	POL	M30-39	90	M 216		00:12:46	00:22:05	00:33:01	00:42:32	00:45:14.85	00:45:24.75	4:31	13.3
91	KACZMAREK JACEK	453		CZERWIONKA LESZCZYNY	POL	M30-39	91	M 218	GRUBIORZE LOTAJOM	00:13:27	00:22:38	00:33:28	00:42:37	00:45:16.20	00:45:28.90	4:31	13.3
92	KUŚ DAWID	623		KATOWICE	POL	M30-39	92	M 221		00:13:20	00:22:29	00:33:20	00:42:44	00:45:22.60	00:45:27.60	4:32	13.2
93	KUBALA JAN	861		PAWŁOWICE	POL	M30-39	93	M 222		00:13:28	00:22:45	00:33:43	00:42:59	00:45:24.45	00:45:39.20	4:32	13.2
94	FROSZTĘGA DANIEL	574		JASTRZĘBIE-Z DRÓJ	POL	M30-39	94	M 223		00:13:24	00:22:32	00:33:26	00:42:47	00:45:25.25	00:45:44.50	4:32	13.2
95	GÓRECKI WOJCIECH	744		CZERWIONKA-LESZCZYNY	POL	M30-39	95	M 224		00:12:53	00:22:04	00:33:20	00:42:39	00:45:25.65	00:45:39.15	4:32	13.2
96	BORYCZKA SZYMON	426		MIEDZYRZECZE	POL	M30-39	96	M 225		00:12:50	00:22:15	00:33:12	00:42:41	00:45:26.40	00:45:37.70	4:32	13.2
97	ONAK PAWEŁ	645		JASTRZĘBIE-Z DRÓJ	POL	M30-39	97	M 226		00:13:13	00:22:38	00:33:42	00:43:05	00:45:26.75	00:45:47.65	4:32	13.2
98	MIKA ŁUKASZ	637		JASTRZĘBIE-Z DRÓJ	POL	M30-39	98	M 228		00:13:21	00:22:41	00:33:37	00:42:56	00:45:28.50	00:45:41.45	4:32	13.2
99	KIEPIELA DAWID	941		JASTRZĘBIE-Z DRÓJ	POL	M30-39	99	M 229	KLUB BIEGACZA FARTLEK	00:13:35	00:22:53	00:33:48	00:42:58	00:45:30.75	00:46:01.20	4:33	13.2
100	CHROBOK MICHAŁ	561		GOŁKOWICE	POL	M30-39	100	M 233	RUNPATOLA	00:13:31	00:22:50	00:33:42	00:43:02	00:45:31.35	00:45:48.05	4:33	13.2
101	ŻELECH GRZEGORZ	920		WOLA	POL	M30-39	101	M 235	POWOLI DO CELU	00:12:50	00:22:19	00:33:34	00:43:05	00:45:34.65	00:45:46.60	4:33	13.2
102	KUBERA DAWID	463		TYCHY	POL	M30-39	102	M 236		00:13:18	00:22:34	00:33:41	00:42:57	00:45:36.65	00:45:47.60	4:33	13.2

JASTRZĘBSKA DZIESIĄTKA, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
103	BAKOWSKI MICHAŁ	547		JASTRZĘBIE-Z DRÓJ	POL	M30-39	103	M 237		00:13:34	00:22:55	00:33:42	00:42:59	00:45:37.85	00:45:54.95	4:33	13.2
104	MALIK RAFAŁ	385		JASTRZEBIE ZDRÓJ	POL	M30-39	104	M 238		00:13:03	00:22:14	00:33:34	00:43:10	00:45:38.55	00:45:43.05	4:33	13.1
105	OGRODNIK DAMIAN	644		JASTRZĘBIE-Z DRÓJ	POL	M30-39	105	M 240		00:13:19	00:22:30	00:33:33	00:43:05	00:45:40.75	00:45:55.40	4:34	13.1
106	HARAZIN JANUSZ	586		PAWŁOWICE	POL	M30-39	106	M 246		00:13:44	00:23:11	00:34:10	00:43:18	00:45:47.85	00:45:59.55	4:34	13.1
107	CHRAPKIEWICZ MAREK	560		PSZCZYNA	POL	M30-39	107	M 248	AKTYWNA PSZCZYNA RUNNERS TEAM	00:13:18	00:22:44	00:33:40	00:43:12	00:45:50.05	00:45:54.15	4:35	13.1
108	MACH SEBASTIAN	866		GOLESZÓW	POL	M30-39	108	M 251		00:13:47	00:23:07	00:34:01	00:43:14	00:45:54.75	00:46:21.35	4:35	13.1
109	CZAPOROWSKI TOMASZ	431		JASTRZĘBIE - ZDRÓJ	POL	M30-39	109	M 255		00:14:11	00:23:44	00:34:39	00:43:44	00:46:03.00	00:46:28.25	4:36	13
110	BRANDYS ADAM	551		PAWŁOWICE	POL	M30-39	110	M 257		00:13:29	00:22:43	00:33:41	00:43:00	00:46:10.40	00:46:23.65	4:37	13
111	MAJKA TOMASZ	777		JAWORZNO	POL	M30-39	111	M 262	KB MCKIS JAWORZNO	00:34:53	00:44:07			00:46:37.05	00:46:57.70	4:39	12.9
112	WIŚNIEWSKI PRZEMYSŁAW	708		ORZESZE	POL	M30-39	112	M 263		00:13:35	00:23:06	00:34:22	00:43:54	00:46:38.40	00:47:02.25	4:39	12.9
113	LELENIWSKI JACEK	625		RYBNIK	POL	M30-39	113	M 264		00:13:42	00:23:11	00:34:19	00:43:58	00:46:39.65	00:46:55.10	4:40	12.9
114	KLINGER ALAN	602		ŻORY	POL	M30-39	114	M 267		00:13:44	00:23:23	00:34:39	00:44:21	00:46:53.15	00:47:12.25	4:41	12.8
115	NIEMCZYK RAFAŁ	643		JAWORZNO	POL	M30-39	115	M 268	KB MCKIS JAWORZNO	00:14:03	00:23:25	00:34:32	00:44:13	00:46:54.90	00:47:03.50	4:41	12.8
116	PETRYNA BARTOSZ	655		RYBNIK	POL	M30-39	116	M 273		00:13:33	00:23:07	00:34:20	00:44:11	00:47:02.40	00:47:13.40	4:42	12.8
117	URBASIK DANIEL	909		RYDUŁTOWY	POL	M30-39	117	M 274		00:14:21	00:24:08	00:34:57	00:44:23	00:47:03.55	00:47:30.95	4:42	12.8
118	PIETRASZ KRZYSZTOF	658		RADLIN	POL	M30-39	118	M 276		00:13:30	00:22:49	00:34:02	00:43:58	00:47:04.25	00:47:21.30	4:42	12.7
119	WOJCIECH JAROSŁAW	832		WOLA	POL	M30-39	119	M 278	POWOLI DO CELU	00:14:02	00:23:44	00:35:02	00:44:29	00:47:04.50	00:47:16.40	4:42	12.7
120	JESIONEK KRZYSZTOF	593		IMIELIN	POL	M30-39	120	M 282		00:14:16	00:23:57	00:35:07	00:44:36	00:47:10.05	00:47:23.90	4:43	12.7
121	WANDZEL TOMASZ	824		RYBNIK	POL	M30-39	121	M 284		00:14:03	00:23:38	00:34:51	00:44:31	00:47:19.15	00:47:32.35	4:43	12.7
122	MARON TOMASZ	479		JASTRZĘBIE-Z DRÓJ	POL	M30-39	122	M 286	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:14:06	00:23:33	00:34:55	00:44:43	00:47:27.50	00:47:51.30	4:44	12.6
123	RYBAK TOMASZ	892		RUDA ŚLĄSKA	POL	M30-39	123	M 289		00:13:44	00:23:29	00:35:07	00:45:01	00:47:40.00	00:47:52.85	4:46	12.6
124	KAMIŃSKI ZBIGNIEW	599		CZERWIONKA -LESZCZYNY	POL	M30-39	124	M 290		00:14:12	00:24:01	00:35:18	00:44:52	00:47:41.35	00:47:54.35	4:46	12.6
125	PIDANTY ŁUKASZ	797		JASTRZĘBIE ZDRÓJ	POL	M30-39	125	M 292		00:14:11	00:24:20	00:35:56	00:45:18	00:47:45.95	00:48:09.50	4:46	12.6
126	MARCHEWKA BARTOSZ	632		JASTRZĘBIE ZDRÓJ	POL	M30-39	126	M 293		00:13:58	00:23:45	00:35:19	00:45:06	00:47:47.25	00:47:59.00	4:46	12.6
127	WOJNAR JANUSZ	711		JASTRZĘBIE-Z DRÓJ	POL	M30-39	127	M 295		00:14:02	00:23:50	00:35:19	00:45:10	00:47:52.70	00:48:15.50	4:47	12.5
128	PODKOWIK MARCIN	663		ŻORY	POL	M30-39	128	M 301		00:14:04	00:23:58	00:35:24	00:45:08	00:47:58.85	00:48:17.15	4:47	12.5
129	BOTOREK MICHAŁ	550		CIESZYN	POL	M30-39	129	M 306		00:14:30	00:24:29	00:36:01	00:45:42	00:48:06.30	00:48:22.30	4:48	12.5
130	WAWRÓW MIROSŁAW	826		BABORÓW	POL	M30-39	130	M 316		00:14:19	00:24:10	00:35:44	00:45:31	00:48:19.70	00:48:41.95	4:49	12.4
131	GAWŁAS KRZYSZTOF	578		GÓRKI WIELKIE	POL	M30-39	131	M 318		00:13:43	00:23:46	00:35:53	00:45:50	00:48:24.90	00:48:42.05	4:50	12.4
132	KUCHARCZYK MATEUSZ	770		ŻORY	POL	M30-39	132	M 321		00:13:47	00:23:45	00:35:32	00:45:39	00:48:31.80	00:48:38.75	4:51	12.4
133	BRAUNER WOJCIECH	552		WODZISŁAW ŚLĄSKI	POL	M30-39	133	M 322		00:14:34	00:24:33	00:36:09	00:45:57	00:48:32.60	00:48:54.35	4:51	12.4
134	FOKS MARCIN	573		PIELGRZYMO WICE	POL	M30-39	134	M 324		00:13:41	00:23:44	00:35:32	00:45:42	00:48:37.95	00:48:50.35	4:51	12.3
135	PARTYKA KAROL	794		JASTRZĘBIE ZDRÓJ	POL	M30-39	135	M 326		00:13:59	00:23:48	00:35:43	00:45:48	00:48:41.90	00:48:55.25	4:52	12.3
136	KAMIŃSKI RADEK	598		POLSKA	POL	M30-39	136	M 328		00:14:53	00:25:00	00:36:40	00:46:11	00:48:46.70	00:49:11.60	4:52	12.3
137	KARAWACKI GRZEGORZ	758		KĘTY	POL	M30-39	137	M 340		00:14:59	00:25:18	00:37:05	00:46:34	00:49:10.00	00:49:32.85	4:55	12.2
138	GIERULA ARTUR	740		DZIĘGIELÓW	POL	M30-39	138	M 341		00:14:34	00:24:38	00:36:39	00:46:26	00:49:13.20	00:49:30.15	4:55	12.2
139	MAZUR DARIUSZ	869		ŻORY	POL	M30-39	139	M 342		00:14:20	00:24:29	00:36:11	00:46:21	00:49:15.00	00:49:34.45	4:55	12.2
140	LIZAK GRZEGORZ	471		JASTRZĘBIE-Z DRÓJ	POL	M30-39	140	M 349	NIESŁONY LIZAK	00:14:09	00:24:05	00:36:01	00:46:33	00:49:39.05	00:49:43.85	4:57	12.1
141	KORBUS PIOTR	764		GOLESZOW	POL	M30-39	141	M 353		00:14:53	00:25:08	00:36:59	00:46:57	00:49:45.35	00:50:11.75	4:58	12.1
142	STARCZEWSKI MARCIN	815		SOSNOWIEC	POL	M30-39	142	M 354		00:14:36	00:24:48	00:36:39	00:46:51	00:49:46.60	00:50:04.55	4:58	12.1
143	JANKO KAMIL	751		MIĘDZYRZECZE	POL	M30-39	143	M 355		00:14:35	00:24:43	00:36:45	00:46:58	00:49:47.00	00:50:03.75	4:58	12.1

JASTRZĘBSKA DZIESIĄTKA, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
144	SPIEWAK MAREK	691		BUCZKOWICE	POL	M30-39	144	M 357		00:14:31	00:24:47	00:36:53	00:47:01	00:49:50.35	00:50:08.10	4:59	12
145	RYBAK REMIGIUSZ	891		RUDA ŚLĄSKA	POL	M30-39	145	M 359		00:14:32	00:24:50	00:36:52	00:47:05	00:49:53.30	00:50:06.00	4:59	12
146	POŁEĆ KRZYSZTOF	802		JASTRZĘBIE-Z DRÓJ	POL	M30-39	146	M 360	GB GALOPUJĄCE ŚLIMAKI	00:14:28	00:24:50	00:36:56	00:47:18	00:50:03.05	00:50:20.65	5:00	12
147	ZIELIŃSKI ANDRZEJ	539		ADAMOWICE	POL	M30-39	147	M 363	EKO-OKNA RUNNERS	00:15:14	00:25:40	00:37:47	00:47:35	00:50:13.20	00:50:32.65	5:01	11.9
148	GAŚOWSKI SZYMON	851		BIELSKO-BIAŁA	POL	M30-39	148	M 364		00:15:18	00:25:35	00:37:26	00:47:33	00:50:16.50	00:50:46.15	5:01	11.9
149	PANNEK MARCIN	793		GODÓW	POL	M30-39	149	M 365		00:15:13	00:25:39	00:37:42	00:47:39	00:50:25.10	00:50:41.45	5:02	11.9
150	GANDZEL SZYMON	581		MAZAŃCOWICE	POL	M30-39	150	M 366		00:14:55	00:25:14	00:37:16	00:47:35	00:50:26.05	00:50:49.10	5:02	11.9
151	JANCZUKOWICZ ŁUKASZ	750		JASTRZĘBIE-Z DRÓJ	POL	M30-39	151	M 369		00:15:58	00:26:18	00:38:18	00:48:04	00:50:39.25	00:51:06.45	5:03	11.8
152	LUBSZCZYK ADRIAN	774		ŚWIERKLANY	POL	M30-39	152	M 370	DECATHLON & PRZYJACIELE	00:15:02	00:25:36	00:37:43	00:47:57	00:50:39.65	00:50:58.80	5:03	11.8
153	WIDENKA ROBERT	704		LUBOMIA	POL	M30-39	153	M 371		00:13:57	00:23:54	00:36:21	00:47:29	00:50:41.65	00:50:56.25	5:04	11.8
154	BILIŃSKI MARCIN	729		PSZCZYNA	POL	M30-39	154	M 378		00:14:58	00:25:23	00:37:41	00:47:57	00:50:51.90	00:51:11.65	5:05	11.8
155	MAZUR MARIUSZ	870		ŻORY	POL	M30-39	155	M 380		00:14:21	00:24:42	00:37:18	00:48:00	00:51:04.25	00:51:24.50	5:06	11.7
156	LANDZIŃSKI JACEK	865		ŻORY	POL	M30-39	156	M 382		00:15:30	00:26:15	00:38:14	00:48:29	00:51:08.25	00:51:23.50	5:06	11.7
157	POŁOMSKI DAWID	803		JASTRZĘBIE ZDRÓJ	POL	M30-39	157	M 386		00:14:40	00:25:14	00:37:47	00:48:10	00:51:20.90	00:51:56.35	5:08	11.7
158	PAJĄCZKOWSKI MICHAŁ	879		MYSŁOWICE	POL	M30-39	158	M 389		00:15:01	00:25:31	00:38:05	00:48:32	00:51:31.80	00:51:47.05	5:09	11.6
159	SKIBA MACIEJ	894		RYBNIK	POL	M30-39	159	M 395		00:15:07	00:26:00	00:38:46	00:49:16	00:52:05.50	00:52:31.95	5:12	11.5
160	WIEJĄCZ WIEJĄCZ	828		JASTRZĘBIE-Z DRÓJ	POL	M30-39	160	M 396		00:15:11	00:25:52	00:38:48	00:49:19	00:52:07.75	00:52:33.55	5:12	11.5
161	GUT ZBIGNIEW	748		WOLA RANIŻOWSKA	POL	M30-39	161	M 397		00:15:19	00:25:52	00:38:37	00:49:12	00:52:10.60	00:52:33.05	5:13	11.5
162	WEYGAND PATRYK	703		JASTRZĘBIE-Z DRÓJ	POL	M30-39	162	M 399	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:14	00:52:11.35	00:52:32.95	5:13	11.5
163	WILCZOK DANIEL	831		WODZISŁAW ŚLASKI	POL	M30-39	163	M 400		00:15:06	00:26:01	00:38:24	00:49:01	00:52:13.40	00:52:30.70	5:13	11.5
164	MUSIAŁ ŁUKASZ	874		JASTRZĘBIE-Z DRÓJ	POL	M30-39	164	M 401	GB GALOPUJĄCE ŚLIMAKI	00:15:29	00:26:14	00:38:45	00:49:18	00:52:14.95	00:52:36.70	5:13	11.5
165	BAJOR PAWEŁ	837		WODZISŁAW ŚLĄSKI	POL	M30-39	165	M 402		00:15:02	00:26:09	00:39:02	00:49:30	00:52:15.35	00:52:31.20	5:13	11.5
166	ANTOŃCZYK PRZEMYSŁAW	720		SYRYNIA	POL	M30-39	166	M 409		00:15:32	00:26:17	00:38:58	00:49:41	00:52:45.80	00:53:05.75	5:16	11.4
167	ZABIEGLIŃSKI ANDRZEJ	714		JASTRZĘBIE-Z DRÓJ	POL	M30-39	167	M 411	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:15:23	00:26:16	00:38:57	00:49:56	00:52:49.80	00:53:03.30	5:17	11.4
168	SŁOWIŃSKI JACEK	963		RYBNIK	POL	M30-39	168	M 413		00:15:57	00:26:42	00:39:34	00:50:13	00:52:51.05	00:53:18.95	5:17	11.4
169	BIELICH ADRIAN	728		RYBNIK	POL	M30-39	169	M 416	ALKOTEAM RYBNIK	00:14:57	00:26:02	00:39:28	00:50:03	00:53:04.95	00:53:12.10	5:18	11.3
170	FRĄTCZAK BARTOSZ	850		JASTRZĘBIE-Z DRÓJ	POL	M30-39	170	M 419	GB GALOPUJĄCE ŚLIMAKI	00:14:50	00:25:34	00:38:39	00:49:55	00:53:16.60	00:53:37.20	5:19	11.3
171	JASIŃSKI KRZYSZTOF	858		BÓJSZOWY NOWE	POL	M30-39	171	M 423		00:15:06	00:26:11	00:39:22	00:50:24	00:53:27.75	00:53:52.45	5:20	11.2
172	PALA MARIUSZ	792		PSZCZYNA	POL	M30-39	172	M 427		00:14:44	00:25:47	00:39:13	00:50:37	00:53:36.35	00:53:51.45	5:21	11.2
173	JASZCZYK ŁUKASZ	937		JASTRZĘBIE - ZDRÓJ	POL	M30-39	173	M 429		00:15:14	00:26:02	00:38:59	00:50:32	00:53:42.45	00:54:01.35	5:22	11.2
174	BOŚ PRZEMYSŁAW	549		JAWORZNO	POL	M30-39	174	M 430	KB MCKIS JAWORZNO	00:15:08	00:25:24	00:38:29	00:50:25	00:53:47.95	00:54:07.60	5:22	11.2
175	MALISZEWSKI MARCIN	779		JASTRZĘBIE-Z DRÓJ	POL	M30-39	175	M 431		00:14:59	00:25:35	00:38:58	00:50:44	00:53:51.10	00:54:13.15	5:23	11.1
176	MALISZEWSKI DARIUSZ	778		JASTRZĘBIE ZDRÓJ	POL	M30-39	176	M 432		00:15:00	00:25:35	00:38:58	00:50:44	00:53:52.50	00:54:14.50	5:23	11.1
177	KULA RADOSŁAW	864		HAŻLACH	POL	M30-39	177	M 435		00:15:02	00:26:07	00:39:39	00:50:51	00:53:59.05	00:54:07.35	5:23	11.1
178	SUBIK TOMASZ	684		GLIWICE	POL	M30-39	178	M 437		00:15:06	00:25:51	00:39:04	00:50:52	00:54:03.50	00:54:22.75	5:24	11.1
179	DURAJ DARIUSZ	848		BYSTRA	POL	M30-39	179	M 446	WKURW_TEAM	00:15:53	00:26:53	00:40:15	00:51:31	00:54:35.80	00:54:52.45	5:27	11
180	KUŚKA TADEUSZ	952		JANKOWICE	POL	M30-39	180	M 447		00:15:45	00:26:57	00:40:12	00:51:35	00:54:37.25	00:55:06.65	5:27	11
181	FELSKI KRZYSZTOF	849		JASTRZĘBIE-Z DRÓJ	POL	M30-39	181	M 455		00:15:37	00:26:58	00:40:35	00:52:00	00:55:16.95	00:55:42.75	5:31	10.9

JASTRZĘBSKA DZIESIĄTKA, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
182	OSIEWACZ ZBIGNIEW	877		OPATOW	POL	M30-39	182	M 456		00:16:03	00:27:18	00:40:44	00:52:09	00:55:18.95	00:55:37.60	5:31	10.8
183	ŻYŁA WOJCIECH	921		KOŃCZYCE WIELKIE	POL	M30-39	183	M 463		00:15:41	00:27:24	00:41:03	00:52:28	00:55:37.80	00:56:02.70	5:33	10.8
184	WOWRA ROBERT	914		JASTRZĘBIE-Z DRÓJ	POL	M30-39	184	M 465		00:16:22	00:27:52	00:41:24	00:52:47	00:55:53.75	00:56:26.60	5:35	10.7
185	BARAN DAWID	838		ĆWIKLICE	POL	M30-39	185	M 466		00:15:20	00:26:47	00:40:43	00:52:45	00:55:56.40	00:56:22.50	5:35	10.7
186	SCHAB PAWEŁ	678		CIESZYN	POL	M30-39	186	M 475		00:20:58	00:30:53	00:43:07	00:53:42	00:56:52.20	00:56:52.20	5:41	10.6
187	SŁOWIŃSKI KAMIL	964		RYBNIK	POL	M30-39	187	M 476		00:17:16	00:29:07	00:42:57	00:53:51	00:57:01.00	00:57:29.00	5:42	10.5
188	DRĄG RAFAŁ	847		BESTWINKA	POL	M30-39	188	M 477		00:16:46	00:28:31	00:42:15	00:53:59	00:57:06.05	00:57:32.80	5:42	10.5
189	CIEŚLA ARTUR	734		JASTRZĘBIE-Z DRÓJ	POL	M30-39	189	M 485		00:15:57	00:27:58	00:42:31	00:54:50	00:57:46.35	00:58:12.95	5:46	10.4
190	BUCZAK ŁUKASZ	926		RYBNIK	POL	M30-39	190	M 486		00:14:45	00:27:26	00:42:23	00:54:34	00:57:55.60	00:58:03.05	5:47	10.4
191	LEJKOWSKI SEBASTIAN	953		JASTRZĘBIE-Z DRÓJ	POL	M30-39	191	M 487		00:17:21	00:29:08	00:42:55	00:54:37	00:57:56.50	00:58:26.75	5:47	10.4
192	SOBEK MARIUSZ	901		WODZISŁAW ŚLĄSKI	POL	M30-39	192	M 491		00:16:24	00:28:02	00:42:18	00:54:46	00:58:21.85	00:58:48.95	5:50	10.3
193	MARON TADEUSZ	633		JASTRZĘBIE-Z DRÓJ	POL	M30-39	193	M 494		00:16:14	00:28:03	00:41:47	00:54:35	00:58:48.85	00:59:12.65	5:52	10.2
194	STOCHNIJ KAROL	905		CHORZÓW	POL	M30-39	194	M 499		00:17:17	00:29:14	00:43:41	00:56:17	00:59:25.10	00:59:51.20	5:56	10.1
195	KRZYSTOLIK DAMIAN	948		JASTRZĘBIE-Z DRÓJ	POL	M30-39	195	M 501		00:17:10	00:29:15	00:43:46	00:56:06	00:59:27.95	00:59:54.05	5:56	10.1
196	OGRODNIK SEBASTIAN	957		JASTRZĘBIE - ZDRÓJ	POL	M30-39	196	M 510		00:17:26	00:30:13	00:45:06	00:57:58	01:01:40.30	01:01:55.05	6:10	9.7
197	BURDA ANDRZEJ	843		RACIBÓRZ	POL	M30-39	197	M 511	EKO-OKNA RUNNERS	00:17:26	00:30:24	00:45:38	00:58:26	01:01:55.40	01:02:23.05	6:11	9.7
198	BALICKI PAWEŁ	923		OCHABY MAŁE	POL	M30-39	198	M 514		00:15:50	00:29:17	00:45:28	00:59:24	01:02:58.25	01:03:03.05	6:17	9.5
199	WARDACH TOMASZ	825		ŻORY	POL	M30-39	199	M 526		00:19:07	00:33:04	00:50:13	01:05:25	01:09:45.70	01:10:12.30	6:58	8.6
200	LEDWOŃ PAWEŁ	468		TYCHY	POL	M30-39	200	M 528		00:11:04	00:18:48	00:27:54				3:49	15.7
201	KOŹMIŃSKI JÓZEF	378		KOZY	POL	M30-39	201	M 529		00:09:55	00:17:07					3:25	17.5

JASTRZĘBSKA DZIESIĄTKA, K40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	LASKOWSKA KATARZYNA	21		GLIWICE	POL	K40-49	1	K 11	INŻYNIERIA BIEGANIA TEAM	00:12:07	00:20:33	00:30:12	00:38:31	00:40:56.45	00:40:58.70	4:05	14.7
2	RENCZ MAŁGORZATA	29		ORZESZE	POL	K40-49	2	K 17		00:12:07	00:20:46	00:31:08	00:39:54	00:42:28.50	00:42:29.85	4:14	14.1
3	MENŻYK JOANNA	43		MYSŁOWICE	POL	K40-49	3	K 30	MORS HUBERTUS MYSŁOWICE	00:13:54	00:23:36	00:35:08	00:44:58	00:47:35.10	00:47:39.00	4:45	12.6
4	POŁOMSKA EDYTA	48		RYDUŁTOWY	POL	K40-49	4	K 34						00:48:03.95	00:48:03.95	4:48	12.5
5	KONDZIELNIK MAGDALENA	81		PSZCZYNA	POL	K40-49	5	K 36		00:14:18	00:24:08	00:35:36	00:45:24	00:48:16.60	00:48:21.60	4:49	12.4
6	LORENZ AGNIESZKA	87		JASTRZĘBIE ZDRÓJ	POL	K40-49	6	K 42	GALOPUJĄCE ŚLIMAKI	00:14:25	00:24:16	00:35:54	00:45:53	00:48:46.40	00:48:52.35	4:52	12.3
7	WOJAKOWSKA KATARZYNA	31		ZABRZE	POL	K40-49	7	K 44		00:14:27	00:24:38	00:36:24	00:46:28	00:49:13.85	00:49:15.90	4:55	12.2
8	BUDKA AGATA	61		JAWORZNO	POL	K40-49	8	K 55	KB MCKIS JAWORZNO	00:14:38	00:25:02	00:37:10	00:47:12	00:50:19.35	00:50:22.30	5:02	11.9
9	HELIOSZ AGNIESZKA	72		KROSTOSZOW ICE	POL	K40-49	9	K 61	KOSZULKA HYNIA	00:14:38	00:25:00	00:37:26	00:48:04	00:51:10.75	00:51:12.45	5:07	11.7
10	SICH-SWITAŁA MAŁGORZATA	52		KROSTOSZOW ICE	POL	K40-49	10	K 65	KOSZULKA HYNIA	00:15:26	00:25:57	00:38:19	00:48:45	00:51:40.00	00:51:42.05	5:10	11.6
11	KIPPING MAGDALENA	140		BIELSKO-BIAŁ A	POL	K40-49	11	K 67		00:15:23	00:26:05	00:38:20	00:48:54	00:51:59.30	00:52:12.45	5:11	11.5
12	KRAUSE SYLWIA	82		RADLIN	POL	K40-49	12	K 70	RADLINIOKI W BIEGU	00:15:59	00:26:42	00:38:57	00:49:25	00:52:23.40	00:52:35.25	5:14	11.5
13	PASŁAWSKA KATARZYNA	795		JASTRZĘBIE ZDRÓJ	POL	K40-49	13	K 71	KOBIETY NA 5+	00:14:55	00:25:21	00:38:18	00:49:15	00:52:23.80	00:52:27.70	5:14	11.5
14	POPEK BARBARA	49		JASTRZĘBIE-Z DRÓJ	POL	K40-49	14	K 74	ZS6 SOBIESKI	00:15:14	00:26:01	00:38:45	00:49:30	00:52:38.15	00:52:44.40	5:15	11.4
15	CHROBOK JÓZEFA	114		CIESZYN	POL	K40-49	15	K 77	OLZA CIESZYN	00:15:18	00:25:59	00:38:43	00:49:36	00:52:44.55	00:52:51.25	5:16	11.4
16	STACHAŃCZYK DOROTA	306		JASTRZĘBIE-Z DRÓJ	POL	K40-49	16	K 78		00:16:07	00:26:43	00:39:26	00:49:41	00:52:45.55	00:53:01.10	5:16	11.4

JASTRZĘBSKA DZIESIĄTKA, K40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
17	OBROK MARTA	164		WILAMOWICE	POL	K40-49	17	K 79		00:15:11	00:25:52	00:38:36	00:49:46	00:52:46.15	00:52:50.20	5:16	11.4
18	PAJESTKA KATARZYNA	97		RUDA ŚLĄSKA	POL	K40-49	18	K 81	WRM MC POLAND	00:15:32	00:26:23	00:39:02	00:49:55	00:52:57.55	00:53:01.85	5:17	11.3
19	BURAKOWSKA MAŁGORZATA	62		SOSNOWIEC	POL	K40-49	19	K 84	ZABIEGANI NAUCZYCIELE	00:15:36	00:26:27	00:39:22	00:50:13	00:53:20.95	00:53:24.70	5:20	11.2
20	GATNER AGNIESZKA	237		JASTRZĘBIE-Z DRÓJ (POCZTA SZEROKA)	POL	K40-49	20	K 87		00:15:02	00:25:55	00:39:49	00:51:04	00:54:09.00	00:54:11.90	5:24	11.1
21	ŁATKA DOROTA	264		ŻORY	POL	K40-49	21	K 90		00:15:35	00:26:27	00:39:43	00:51:03	00:54:20.95	00:54:32.00	5:26	11
22	BRZUSKA KASIA	113		CIESZYN	POL	K40-49	22	K 92	OLZA CIESZYN	00:16:32	00:27:44	00:40:33	00:51:28	00:54:27.95	00:54:40.20	5:26	11
23	DONOCIK BOGUSŁAWA	230		CIESZYN	POL	K40-49	23	K 93	OLZA CIESZYN	00:16:32	00:27:46	00:40:37	00:51:27	00:54:28.15	00:54:40.20	5:26	11
24	MALINOWSKA ANETA	153		CIESZYN	POL	K40-49	24	K 96	OLZA CIESZYN	00:16:43	00:27:44	00:40:40	00:51:28	00:54:32.25	00:54:44.30	5:27	11
25	NALEWAJKA WIOLETA	45		JASTRZĘBIE-Z DRÓJ	POL	K40-49	25	K 99	KOBIETY NA 5+	00:16:06	00:27:18	00:40:23	00:51:35	00:54:38.00	00:54:43.30	5:27	11
26	KIEŁKOWSKA AGNIESZKA	138		JASTRZĘBIE-Z DRÓJ	POL	K40-49	26	K 100	KOBIETY NA 5+	00:16:08	00:27:15	00:40:17	00:51:26	00:54:38.20	00:54:41.85	5:27	11
27	DĄBROWSKA EMILIA	33		JASTRZĘBIE ZDRÓJ	POL	K40-49	27	K 102	KLUB BIEGACZA FARTLEK	00:16:14	00:27:16	00:40:20	00:51:25	00:54:40.45	00:54:49.90	5:28	11
28	GENSTY KLAUDIA	69		LUBOMIA	POL	K40-49	28	K 103	DYSTANS LUBOMIA	00:16:22	00:27:31	00:40:34	00:51:35	00:54:41.35	00:54:55.95	5:28	11
29	CHYTROSZEK ELEONORA	115		ROGÓW	POL	K40-49	29	K 107		00:15:57	00:27:10	00:40:30	00:51:38	00:54:58.70	00:55:13.65	5:29	10.9
30	JURKIEWICZ-FILIKS BASIA	248		ŁODYGOWICE	POL	K40-49	30	K 111		00:16:50	00:28:00	00:41:01	00:52:10	00:55:19.25	00:55:32.10	5:32	10.8
31	RAŻNIAK BEATA	171		JASTRZĘBIE ZDRÓJ	POL	K40-49	31	K 112	KOBIETY NA 5+	00:16:06	00:27:21	00:40:36	00:52:07	00:55:26.80	00:55:30.20	5:32	10.8
32	CZOPEK AGNIESZKA	116		JAWORZNO	POL	K40-49	32	K 113	KB MCKIS JAWORZNO	00:15:42	00:27:03	00:40:47	00:52:12	00:55:27.40	00:55:32.90	5:32	10.8
33	PIECYK ADA	286		ŻORY	POL	K40-49	33	K 114		00:15:42	00:26:54	00:40:47	00:52:13	00:55:27.90	00:55:36.75	5:32	10.8
34	GAŁKIEWICZ MONIKA	236		KATOWICE	POL	K40-49	34	K 119		00:15:54	00:27:12	00:40:53	00:52:43	00:55:55.80	00:56:03.75	5:35	10.7
35	KWAŚNY EWA	259		BIELSKO-BIAŁ A	POL	K40-49	35	K 120		00:16:20	00:27:49	00:41:10	00:52:37	00:55:59.40	00:56:12.05	5:36	10.7
36	WILSZ EWA	196		PANIÓWKI	POL	K40-49	36	K 124		00:16:29	00:27:59	00:41:34	00:53:01	00:56:15.05	00:56:24.80	5:37	10.7
37	PLASKA BARBARA	288		JASTRZĘBIE-Z DRÓJ	POL	K40-49	37	K 131	KOBIETY NA 5+	00:16:04	00:27:30	00:41:21	00:53:11	00:56:30.65	00:56:34.05	5:39	10.6
38	TROJSZCZAK JOANNA	318		RYBNIK	POL	K40-49	38	K 134		00:16:00	00:27:27	00:41:17	00:53:27	00:56:47.75	00:56:50.70	5:40	10.6
39	MISZCZAK KATARZYNA	156		RUDA ŚLĄSKA	POL	K40-49	39	K 138		00:16:45	00:28:29	00:42:12	00:53:32	00:56:54.70	00:57:09.05	5:41	10.5
40	DOBRENIUK AURELIA	118		RYBNIK	POL	K40-49	40	K 139		00:16:15	00:27:51	00:41:45	00:53:33	00:56:58.00	00:57:07.85	5:41	10.5
41	ADAMIAK EDYTA	110		SKOCZÓW	POL	K40-49	41	K 144		00:16:29	00:28:06	00:42:09	00:54:04	00:57:23.90	00:57:29.85	5:44	10.5
42	BAJCAR BEATA	206		CHYBIE	POL	K40-49	42	K 146	KOBIETY NA 5+	00:16:44	00:28:26	00:42:23	00:54:14	00:57:29.85	00:57:33.85	5:44	10.4
43	CZARNOWSKA BEATA	224		JASTRZĘBIE ZDRÓJ	POL	K40-49	43	K 147		00:17:09	00:29:17	00:42:57	00:54:14	00:57:31.00	00:57:40.10	5:45	10.4
44	ĆWIOK BARBARA	226		PANIÓWKI	POL	K40-49	44	K 149		00:16:41	00:28:31	00:42:19	00:54:17	00:57:39.40	00:57:49.45	5:45	10.4
45	HEJNA IZABELA	243		RADLIN	POL	K40-49	45	K 150	RADLINIOKI W BIEGU	00:17:29	00:29:06	00:42:54	00:54:29	00:57:39.45	00:57:51.25	5:46	10.4
46	PIECHOCKA JADWIGA	285		GLIWICE	POL	K40-49	46	K 152		00:17:13	00:28:45	00:42:35	00:54:18	00:57:43.65	00:57:58.90	5:46	10.4
47	SAWICKA AGNIESZKA	298		JASTRZĘBIE-Z DRÓJ	POL	K40-49	47	K 160	KLUB BIEGACZA FARTLEK	00:16:58	00:28:52	00:43:03	00:54:54	00:58:21.85	00:58:31.80	5:50	10.3
48	SZEFER SYLWIA	312		JASTRZĘBIE-Z DRÓJ	POL	K40-49	48	K 161		00:17:15	00:29:20	00:43:18	00:55:14	00:58:23.60	00:58:38.20	5:50	10.3
49	ŻEBROWSKA MATYLDA	333		MYSŁOWICE	POL	K40-49	49	K 168		00:17:02	00:29:16	00:43:28	00:55:26	00:58:54.95	00:59:08.65	5:53	10.2
50	MUSIOŁ HELENA	94		RYBNIK	POL	K40-49	50	K 169		00:16:55	00:29:01	00:43:21	00:55:39	00:59:02.10	00:59:13.75	5:54	10.2
51	ROZMUS EWA	174		GÓRA	POL	K40-49	51	K 170	POWOLI DO CELU	00:17:29	00:29:20	00:43:32	00:55:39	00:59:02.50	00:59:13.05	5:54	10.2
52	STOPYRA AGNIESZKA	184		JASTRZĘBIE-Z DRÓJ	POL	K40-49	52	K 171		00:17:25	00:29:26	00:43:40	00:55:37	00:59:05.40	00:59:14.15	5:54	10.2
53	OSTROWSKA IZABELA	281		JASTRZĘBIE	POL	K40-49	53	K 173	KOBIETY NA 5+	00:16:47	00:29:01	00:43:36	00:55:49	00:59:09.35	00:59:13.05	5:55	10.1
54	JAKUBOWSKA AGNIESZKA	245		ŻORY	POL	K40-49	54	K 174	HRMAX ŻORY	00:17:26	00:29:32	00:43:45	00:55:42	00:59:09.45	00:59:17.75	5:54	10.1
55	FECZKO LUCYNA	121		JASTRZĘBIE-Z DRÓJ	POL	K40-49	55	K 186		00:17:08	00:29:36	00:44:40	00:56:50	01:00:20.10	01:00:26.00	6:02	9.9
56	KĄŁUS JOANNA	250		RYBNIK	POL	K40-49	56	K 188		00:16:58	00:29:22	00:44:17	00:56:59	01:00:45.70	01:00:56.75	6:04	9.9
57	GABRUŚ IWONA	234		CZERWIONKA	POL	K40-49	57	K 190		00:17:26	00:29:34	00:44:24	00:57:11	01:01:00.10	01:01:10.80	6:06	9.8
58	GOIK AGNIESZKA	241		RADLIN	POL	K40-49	58	K 192	RADLINIOKI W BIEGU	00:18:12	00:31:02	00:45:50	00:58:06	01:01:38.40	01:01:50.45	6:09	9.7
59	CIEŚLA EDYTA	221		RYBNIK	POL	K40-49	59	K 195		00:18:19	00:30:55	00:45:36	00:58:13	01:01:50.60	01:02:01.65	6:11	9.7

JASTRZĘBSKA DZIESIĄTKA, K40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
60	ZIĘTARA AGATA	330		JASTRZĘBIE-Z DRÓJ	POL	K40-49	60	K 197		00:17:28	00:30:02	00:45:22	00:58:11	01:01:56.65	01:02:05.10	6:11	9.7
61	PODLEŚNY JUSTYNA	290		ŻORY	POL	K40-49	61	K 199		00:17:48	00:30:21	00:45:33	00:58:29	01:02:20.95	01:02:29.15	6:14	9.6
62	OLSZEWSKA DOROTA	280		JASTRZĘBIE ZDRÓJ	POL	K40-49	62	K 200	KOBIETY NA 5+	00:18:00	00:30:28	00:45:59	00:58:59	01:02:30.60	01:02:38.30	6:15	9.6
63	ADAMCZAK RENATA	203		JASTRZĘBIE-Z DRÓJ	POL	K40-49	63	K 204	YNO ULTRA	00:17:52	00:30:52	00:46:05	00:59:02	01:02:47.70	01:02:52.95	6:16	9.6
64	GÓRNY JOLA	127		BIELSKO-BIAŁA	POL	K40-49	64	K 205		00:18:12	00:30:56	00:46:29	00:59:19	01:02:49.70	01:02:57.50	6:17	9.5
65	WALESZ JOANNA	321		JAWORZNO	POL	K40-49	65	K 209	KB MCKIS JAWORZNO	00:18:20	00:31:14	00:46:46	00:59:51	01:03:31.00	01:03:39.10	6:21	9.4
66	BARTNIK JOANNA	208		JASTRZĘBIE-Z DRÓJ	POL	K40-49	66	K 210		00:18:38	00:31:34	00:47:00	01:00:08	01:03:33.90	01:03:39.00	6:21	9.4
67	BOŻEK DAGMARA	217		JASTRZĘBIE ZDRÓJ	POL	K40-49	67	K 214		00:18:13	00:31:12	00:46:59	01:00:27	01:04:28.15	01:04:34.50	6:26	9.3
68	KUBAS ALINA	256		JASTRZĘBIE-Z DRÓJ	POL	K40-49	68	K 215	KLUB BIEGACZA FARTLEK	00:18:35	00:31:34	00:47:35	01:00:59	01:04:49.65	01:04:59.60	6:29	9.3
69	GLÓWCZYK IZABELLA	240		JASTRZĘBIE-Z DRÓJ	POL	K40-49	69	K 222		00:17:45	00:31:07	00:47:22	01:02:06	01:06:10.60	01:06:16.55	6:37	9.1
70	SURY-WOLNIEWICZ KAMILA	310		JASTRZĘBIE-Z DRÓJ	POL	K40-49	70	K 223	KOBIETY NA 5+	00:19:15	00:32:49	00:48:53	01:02:34	01:06:12.55	01:06:16.60	6:37	9.1
71	BETAŃSKA ANETA	211		JASTRZĘBIE-Z DRÓJ	POL	K40-49	71	K 228	KOBIETY NA 5+	00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.30	01:06:27.00	6:38	9
72	MAČKÓW AGNIESZKA	265		PAKOSŁAWICE	POL	K40-49	72	K 229		00:19:02	00:32:15	00:48:23	01:02:24	01:06:22.60	01:06:32.55	6:38	9
73	MYŚLIWIEC KULCZYKOWA	160		JASTRZĘBIE-Z DRÓJ	POL	K40-49	73	K 230		00:18:59	00:32:39	00:48:51	01:02:34	01:06:22.70	01:06:27.50	6:38	9
74	DZIECIOŁ WANDA	231		GODÓW	POL	K40-49	74	K 237		00:18:59	00:32:54	00:50:05	01:04:53	01:09:10.75	01:09:22.60	6:55	8.7
75	ZALEWSKA BARBARA	329		JASTRZĘBIE-Z DRÓJ	POL	K40-49	75	K 242	KOBIETY NA 5+	00:20:13	00:34:38	00:52:19	01:06:59	01:11:25.65	01:11:30.90	7:08	8.4
76	KLACZEK ANNA	251		BUCKOWICE	POL	K40-49	76	K 248		00:19:50	00:34:45	00:52:47	01:08:18	01:12:36.50	01:12:50.05	7:15	8.3
77	MAČZKA MAŁGORZATA	269		KRAKÓW	POL	K40-49	77	K 251		00:20:50	00:35:46	00:54:10	01:09:52	01:14:13.95	01:14:27.75	7:25	8.1
78	WOLNIK JOLKA	325		LIGOTA KSIĘZYCA	POL	K40-49	78	K 257		00:24:08	00:41:11	01:07:28	01:25:01	01:30:21.95	01:30:29.00	9:02	6.6

JASTRZĘBSKA DZIESIĄTKA, M40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	LUBIENIECKI MACIEJ	382		KRAKÓW	POL	M40-49	1	M 11		00:09:50	00:16:42	00:24:53	00:32:01	00:34:07.20	00:34:08.45	3:24	17.6
2	SOBOL TOMASZ	401		KATOWICE	POL	M40-49	2	M 24		00:10:54	00:18:27	00:27:05	00:34:24	00:36:31.15	00:36:32.95	3:39	16.4
3	CICHOŃ ROMAN	361		MIERZĘCICE	POL	M40-49	3	M 27		00:10:38	00:18:06	00:26:49	00:34:26	00:36:36.50	00:36:39.20	3:39	16.4
4	BARTNIK SEBASTIAN	356	STREET SPIRIT - TEAM NOWAK	JASTRZĘBIE-Z DRÓJ	POL	M40-49	4	M 29		00:10:53	00:18:25	00:27:07	00:34:35	00:36:44.30	00:36:46.50	3:40	16.3
5	KUBIK ARKADIUSZ	464		LUBOMIA	POL	M40-49	5	M 36	DYSTANS LUBOMIA	00:10:46	00:18:23	00:27:17	00:34:58	00:37:10.45	00:37:13.10	3:43	16.1
6	FIRLA ARKADIUSZ	365		CIESZYN	POL	M40-49	6	M 37		00:10:42	00:18:17	00:27:13	00:34:58	00:37:14.90	00:37:17.05	3:43	16.1
7	RĘBISZ MARIUSZ	398		RACIBÓRZ	POL	M40-49	7	M 46		00:11:09	00:18:49	00:27:49	00:35:31	00:37:46.55	00:37:48.15	3:46	15.9
8	PRZYBYŁA PRZEMEK	507		CIESZYN	POL	M40-49	8	M 52		00:11:08	00:18:52	00:27:51	00:35:41	00:37:56.00	00:37:57.85	3:47	15.8
9	MALINA ADAM	477		BOJSZOWY	POL	M40-49	9	M 56		00:11:15	00:19:10	00:28:17	00:36:04	00:38:20.80	00:38:23.65	3:50	15.6
10	MENCEWICZ PAWEŁ	484		GOŁKOWICE	POL	M40-49	10	M 62	FORMA WODZISŁAW ŚLĄSKI	00:11:17	00:19:12	00:28:22	00:36:20	00:38:49.25	00:38:51.95	3:52	15.5
11	GRUDZIEN KRZYSZTOF	368		SKOCZÓW	POL	M40-49	11	M 64		00:11:07	00:19:04	00:28:32	00:36:35	00:38:55.50	00:38:58.70	3:53	15.4
12	ALBRECHT ARKADIUSZ	354		JASTRZĘBIE-Z DRÓJ	POL	M40-49	12	M 65	GALOPUJĄCE ŚLIMAKI	00:11:30	00:19:30	00:28:43	00:36:42	00:38:57.65	00:39:03.30	3:53	15.4
13	PALT TOMASZ	499		KATOWICE	POL	M40-49	13	M 71		00:11:39	00:19:39	00:29:00	00:37:00	00:39:20.10	00:39:24.45	3:56	15.3
14	KILJAN MARIUSZ	375		JAWORZNO	POL	M40-49	14	M 72	KB MCKIS JAWORZNO	00:11:19	00:19:26	00:28:52	00:37:01	00:39:20.55	00:39:23.45	3:56	15.2
15	SKIBA RYSZARD	517		RACIBÓRZ	POL	M40-49	15	M 78		00:11:36	00:19:42	00:29:20	00:37:27	00:39:45.75	00:39:51.10	3:58	15.1
16	CIECIAK GRZEGORZ	430		ŻORY	POL	M40-49	16	M 85		00:11:55	00:20:08	00:29:40	00:37:54	00:40:19.25	00:40:28.40	4:01	14.9
17	SIEGMUND TADEUSZ	679		JASTRZĘBIE ZDRÓJ	POL	M40-49	17	M 95	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:01	00:20:21	00:30:09	00:38:31	00:40:56.55	00:40:59.15	4:05	14.7

JASTRZĘBSKA DZIESIĄTKA, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
18	STACHOWSKI IRENEUSZ	519		WODZISŁAW ŚLĄSKI	POL	M40-49	18	M 99	FORMA WODZISŁAW ŚLĄSKI	00:11:58	00:20:22	00:30:13	00:38:41	00:41:07.45	00:41:09.90	4:06	14.6
19	BRZÓSKA RAFAŁ	428		CIESZYN	POL	M40-49	19	M 100		00:12:10	00:20:42	00:30:33	00:38:51	00:41:08.50	00:41:14.40	4:06	14.6
20	BIAŁECKI TOMASZ	548		JASTRZĘBIE-Z DRÓJ	POL	M40-49	20	M 104	BZIEGACZE	00:12:21	00:20:44	00:30:25	00:38:47	00:41:16.80	00:41:22.50	4:07	14.5
21	PALKA DAWID	650		TYCHY	POL	M40-49	21	M 106	40-LATEK TYCHY	00:11:47	00:20:08	00:30:03	00:38:33	00:41:17.40	00:41:23.00	4:07	14.5
22	ROMIK KRZYSZTOF	510		PYSKOWICE	POL	M40-49	22	M 108		00:12:06	00:20:26	00:30:13	00:38:48	00:41:19.50	00:41:26.50	4:07	14.5
23	GLAJCAR TOMASZ	582		HARBUTOWIC E	POL	M40-49	23	M 113		00:12:29	00:21:05	00:30:56	00:39:24	00:41:33.00	00:41:45.45	4:09	14.4
24	PALIGA RAFAŁ	498		TOPOROWICE	POL	M40-49	24	M 117		00:11:58	00:20:28	00:30:33	00:39:13	00:41:39.50	00:41:45.15	4:10	14.4
25	KUNINA PAWEŁ	465		JASTRZĘBIE ZDRÓJ	POL	M40-49	25	M 122		00:12:40	00:21:43	00:31:27	00:39:44	00:41:56.15	00:41:59.50	4:11	14.3
26	MAZUR MAREK	482		JASTRZĘBIE - ZDRÓJ	POL	M40-49	26	M 124		00:12:12	00:20:48	00:31:09	00:39:37	00:42:05.50	00:42:09.75	4:12	14.3
27	KAWECKI STANISŁAW	601		CIESZYN	POL	M40-49	27	M 127	OLZA CIESZYN	00:12:06	00:20:47	00:31:00	00:39:46	00:42:14.50	00:42:24.50	4:13	14.2
28	KUSY RAFAŁ	622		SKOCZÓW	POL	M40-49	28	M 135	OLZA CIESZYN	00:12:16	00:20:54	00:31:04	00:40:00	00:42:34.65	00:42:42.75	4:15	14.1
29	RUCIŃSKI KRZYSZTOF	676		RYBNIK	POL	M40-49	29	M 136		00:12:00	00:20:50	00:31:09	00:39:49	00:42:37.65	00:42:45.10	4:15	14.1
30	ORŁOWSKI GRZEGORZ	646		MAZAŃCOWIC E	POL	M40-49	30	M 137		00:31:14	00:40:06			00:42:37.65	00:42:44.55	4:15	14.1
31	KANCLERZ TOMASZ	455		RACIBÓRZ	POL	M40-49	31	M 138		00:12:31	00:21:15	00:31:26	00:40:09	00:42:38.65	00:42:45.35	4:15	14.1
32	KAMYCZEK GRZEGORZ	600		SKOCZÓW	POL	M40-49	32	M 143		00:12:53	00:21:37	00:31:44	00:40:27	00:42:45.90	00:43:06.05	4:16	14
33	LEŚNIAK KRZYSZTOF	469		WODZISŁAW ŚLĄSKI	POL	M40-49	33	M 144	RADLINIOKI W BIEGU	00:12:45	00:21:31	00:31:45	00:40:18	00:42:47.95	00:43:03.10	4:16	14
34	OGIERMAN GRZEGORZ	494		CIESZYN	POL	M40-49	34	M 147	OLZA CIESZYN	00:12:27	00:21:14	00:31:39	00:40:27	00:42:49.35	00:42:56.00	4:17	14
35	MICHAŁSKI RAFAŁ	636		JAWORZNO	POL	M40-49	35	M 149	KB MCKIS JAWORZNO	00:12:17	00:21:03	00:31:22	00:40:14	00:42:50.60	00:42:56.50	4:17	14
36	BUĆKO MARCIN	553		JASTRZĘBIE-Z DRÓJ	POL	M40-49	36	M 151	KLUB BIEGACZA FARTLEK	00:12:40	00:21:28	00:31:48	00:40:27	00:42:54.75	00:42:59.00	4:17	14
37	GRZONKA ANDRZEJ	446		JASTRZĘBIE-Z DRÓJ	POL	M40-49	37	M 152	GALOPUJĄCE ŚLIMAKI	00:12:01	00:20:57	00:31:31	00:40:28	00:42:56.65	00:42:59.30	4:17	14
38	KNYPS ADAM	761		SKOCZÓW	POL	M40-49	38	M 153		00:12:55	00:21:39	00:31:46	00:40:29	00:42:56.95	00:43:15.60	4:17	14
39	KORCZ DANIEL	461		JAWORZNO	POL	M40-49	39	M 155	KB MCKIS JAWORZNO	00:12:33	00:21:24	00:31:52	00:40:49	00:43:07.80	00:43:15.40	4:18	13.9
40	WOJAKOWSKI KRZYSZTOF	533		GLIWICE	POL	M40-49	40	M 158		00:12:35	00:21:26	00:31:52	00:40:42	00:43:08.80	00:43:15.05	4:18	13.9
41	ŁYSEK PAWEŁ	628		JASTRZĘBIE ZDRÓJ	POL	M40-49	41	M 161	BZIEGACZE	00:12:29	00:21:30	00:31:57	00:40:47	00:43:12.25	00:43:18.25	4:19	13.9
42	MUSZEWSKI BARTŁOMIEJ	642		WODZISŁAW ŚLĄSKI	POL	M40-49	42	M 162	FORMA WODZISŁAW ŚLĄSKI	00:12:25	00:21:09	00:31:37	00:40:38	00:43:17.60	00:43:28.95	4:19	13.9
43	GLINIECKI BARTŁOMIEJ	443		JAWORZNO	POL	M40-49	43	M 163	KB MCKIS JAWORZNO	00:12:22	00:21:12	00:31:54	00:40:51	00:43:18.40	00:43:23.80	4:19	13.9
44	BIELA RAFAŁ	423		ŻORY	POL	M40-49	44	M 170		00:12:47	00:21:46	00:32:01	00:40:54	00:43:27.00	00:43:36.55	4:20	13.8
45	BULANDA ANDRZEJ	554		BIERUŃ	POL	M40-49	45	M 172		00:12:31	00:21:20	00:32:06	00:40:58	00:43:30.20	00:43:36.10	4:21	13.8
46	JĘDRZEJAK PIOTR	596		JASTRZĘBIE-Z DRÓJ	POL	M40-49	46	M 174		00:12:40	00:21:36	00:32:04	00:41:07	00:43:33.60	00:43:46.35	4:21	13.8
47	SZAREK RAFAŁ	685		JAWORZNO	POL	M40-49	47	M 180	KB MCKIS JAWORZNO	00:13:03	00:21:53	00:32:21	00:41:17	00:43:44.55	00:44:02.70	4:22	13.7
48	BAC MICHAŁ	545		JASTRZĘBIE-Z DRÓJ	POL	M40-49	48	M 182		00:13:03	00:21:57	00:32:24	00:41:17	00:43:49.90	00:44:04.80	4:23	13.7
49	TRAWNICKI MACIEJ	695		JASTRZĘBIE-Z DRÓJ	POL	M40-49	49	M 199		00:12:52	00:21:56	00:32:45	00:42:01	00:44:30.90	00:44:42.15	4:27	13.5
50	RADOMSKI MARIUSZ	670		JASTRZĘBIE-Z DRÓJ	POL	M40-49	50	M 202		00:13:09	00:22:09	00:32:51	00:41:53	00:44:33.60	00:45:10.85	4:27	13.5
51	POŁĘDNIK TOMASZ	502		WODZISŁAW ŚLĄSKI	POL	M40-49	51	M 203		00:12:36	00:21:44	00:32:36	00:41:49	00:44:36.20	00:44:45.85	4:27	13.5
52	WIERCIOCH TOMASZ	706		KĘDZIERZYN-KOŹLE	POL	M40-49	52	M 204		00:13:19	00:22:19	00:32:57	00:41:59	00:44:37.20	00:44:55.20	4:27	13.4
53	IZYDORCZYK ROBERT	588		TYCHY	POL	M40-49	53	M 205		00:12:50	00:21:56	00:32:42	00:41:58	00:44:37.60	00:44:47.35	4:27	13.4
54	DOBRENIUK KRZYSZTOF	434		RYBNIK	POL	M40-49	54	M 207		00:13:03	00:22:16	00:33:07	00:42:13	00:44:40.40	00:44:43.60	4:28	13.4
55	REBISZ PAWEŁ	674		JAWORZNO	POL	M40-49	55	M 209		00:13:40	00:22:56	00:33:26	00:42:13	00:44:42.50	00:45:01.50	4:28	13.4
56	LORENZ MARCIN	474		JASTRZĘBIE ZDRÓJ	POL	M40-49	56	M 212	GB GALOPUJĄCE ŚLIMAKI	00:12:11	00:20:49		00:41:55	00:44:49.35	00:45:05.35	4:28	13.4

JASTRZĘBSKA DZIESIĄTKA, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
57	MAGOŃ MARCIN	630		RYBNIK	POL	M40-49	57	M 220		00:13:12	00:22:29	00:33:26	00:42:42	00:45:22.35	00:45:46.15	4:32	13.2
58	DOCZEKALSKI JAREK	565		JASTRZĘBIE-Z DRÓJ	POL	M40-49	58	M 230	GB GALOPUJĄCE ŚLIMAKI	00:13:23	00:22:44	00:33:43	00:43:02	00:45:30.85	00:45:47.05	4:33	13.2
59	LIZAK KRZYSZTOF	472		ŻORY	POL	M40-49	59	M 232	NIEŚŁONY LIZAK	00:13:13	00:22:36	00:33:34	00:43:01	00:45:31.25	00:45:38.85	4:33	13.2
60	JÓZEFIAK RAFAŁ	597		RACIBÓRZ	POL	M40-49	60	M 239	EKO-OKNA RUNNERS	00:13:50	00:23:21	00:34:14	00:43:17	00:45:40.30	00:45:51.35	4:34	13.1
61	TYTKO BARTŁOMIEJ	698		TYCHY	POL	M40-49	61	M 241		00:12:44	00:22:04	00:33:23	00:42:59	00:45:41.35	00:45:45.45	4:34	13.1
62	OWCZAREK PAWEŁ	648		BIELSKO-BIAŁ A	POL	M40-49	62	M 242		00:13:28	00:22:50	00:33:50	00:43:09	00:45:41.60	00:45:58.85	4:34	13.1
63	WIŚNIEWSKI SZYMON	709		RUDZICZKA	POL	M40-49	63	M 243		00:13:18	00:22:38	00:34:00	00:43:10	00:45:42.15	00:45:54.10	4:34	13.1
64	PIECHOCKI PIOTR	656		JASTRZĘBIE-Z DRÓJ	POL	M40-49	64	M 244		00:13:35	00:22:51	00:33:50	00:43:11	00:45:42.45	00:45:52.70	4:34	13.1
65	NANTKA WITEK	785		RYBNIK	POL	M40-49	65	M 245	INŻYNIERIA BIEGANIA TEAM	00:13:49	00:23:14	00:34:01	00:43:11	00:45:44.40	00:46:04.15	4:34	13.1
66	PIECZARA BŁAŻEJ	657		JAWORZNO	POL	M40-49	66	M 247	KB MCKIS JAWORZNO	00:13:35	00:23:05	00:34:08	00:43:19	00:45:47.90	00:45:54.45	4:34	13.1
67	ZELEK ADAM	979		CIESZYN	POL	M40-49	67	M 252		00:13:32	00:23:06	00:34:03	00:43:31	00:46:00.35	00:46:34.85	4:36	13
68	WALA MAREK	823		JASTRZĘBIE-Z DROJ	POL	M40-49	68	M 254		00:14:01	00:23:21	00:34:15	00:43:30	00:46:02.85	00:46:22.95	4:36	13
69	JEZIERSKI KRZYSZTOF	594		CHRZANÓW	POL	M40-49	69	M 259		00:13:51	00:23:16	00:34:21	00:43:43	00:46:26.15	00:46:45.15	4:38	12.9
70	RUBIN ANDRZEJ	511		JAWORZNO	POL	M40-49	70	M 260	KB MCKIS JAWORZNO	00:13:52	00:23:13	00:34:11	00:43:50	00:46:31.70	00:46:51.10	4:39	12.9
71	JAKUBCZYK JACEK	449		CHORZÓW	POL	M40-49	71	M 261		00:13:24	00:22:48	00:34:08	00:43:49	00:46:36.60	00:46:47.35	4:39	12.9
72	KURTO GRZEGORZ	621		BIELSKO-BIAŁ A	POL	M40-49	72	M 265		00:34:45	00:44:13			00:46:39.70	00:46:48.35	4:40	12.9
73	MOTOWIDŁO TOMASZ	638		JASTRZĘBIE-Z DRÓJ	POL	M40-49	73	M 269		00:13:25	00:23:02	00:34:36	00:44:07	00:46:55.05	00:47:05.80	4:41	12.8
74	POJDA GRZEGORZ	664		RYBNIK	POL	M40-49	74	M 270		00:13:28	00:23:03	00:34:35	00:44:23	00:46:55.55	00:47:10.95	4:41	12.8
75	CEMPA JACEK	559		JASTRZĘBIE-Z DRÓJ	POL	M40-49	75	M 272		00:13:55	00:23:35	00:34:56	00:44:18	00:46:59.75	00:47:20.35	4:42	12.8
76	APOSTOLSKI WOJCIECH	416		SOSNOWIEC	POL	M40-49	76	M 279		00:13:29	00:23:06	00:34:28	00:44:22	00:47:06.10	00:47:15.65	4:42	12.7
77	ZAWADA SEBASTIAN	715		KNURÓW	POL	M40-49	77	M 281		00:13:59	00:23:18	00:34:47	00:44:28	00:47:09.90	00:47:30.95	4:42	12.7
78	KUCZERA MAREK	617		CZERNICA	POL	M40-49	78	M 283	INŻYNIERIA BIEGANIA TEAM	00:14:25	00:24:00	00:35:09	00:44:39	00:47:18.05	00:47:36.70	4:43	12.7
79	BYSTRYKOWSKI MARCIN	558		JASTRZĘBIE-Z DRÓJ	POL	M40-49	79	M 285	KLUB BIEGACZA FARTLEK	00:13:41	00:23:18	00:34:40	00:44:35	00:47:20.55	00:47:34.25	4:44	12.7
80	GORZELAK ZBIGNIEW	515		BIELSKO BIAŁA	POL	M40-49	80	M 287		00:14:28	00:24:13	00:35:43	00:44:52	00:47:27.65	00:47:40.55	4:44	12.6
81	SZYMAŃSKI PIOTR	690		BYTOM	POL	M40-49	81	M 291		00:13:41	00:23:23	00:35:01	00:44:55	00:47:45.20	00:47:56.65	4:46	12.6
82	JACH MAREK	589		JASTRZĘBIE ZDRÓJ	POL	M40-49	82	M 296		00:13:21	00:23:16	00:35:03	00:45:09	00:47:53.50	00:48:02.35	4:47	12.5
83	OLSZYNA MIROSLAW	788		RACIBÓRZ	POL	M40-49	83	M 297		00:14:18	00:24:04	00:35:27	00:45:13	00:47:54.60	00:48:10.75	4:47	12.5
84	MROCZKOWSKI TOMASZ	639		JASTRZĘBIE-Z DRÓJ	POL	M40-49	84	M 299		00:13:55	00:23:39	00:35:09	00:45:07	00:47:56.85	00:48:15.60	4:47	12.5
85	BURDA MARCIN	731		ŻORY	POL	M40-49	85	M 302		00:13:53	00:23:48	00:35:25	00:45:15	00:47:59.60	00:48:10.25	4:48	12.5
86	PRZYBYŁA TOMASZ	806		WODZISŁAW ŚLĄSKI	POL	M40-49	86	M 305		00:14:03	00:24:10	00:35:52	00:45:34	00:48:06.05	00:48:13.80	4:48	12.5
87	GAŁKIEWICZ MICHAŁ	577		KATOWICE	POL	M40-49	87	M 307		00:14:22	00:24:10	00:35:38	00:45:21	00:48:06.65	00:48:15.85	4:48	12.5
88	FILIKS LESZEK	931		ŁODYGOWICE	POL	M40-49	88	M 309		00:14:35	00:24:30	00:35:57	00:45:29	00:48:09.30	00:48:38.05	4:49	12.5
89	URGACZ MIROSLAW	822		CIESZYN	POL	M40-49	89	M 312		00:13:56	00:23:47	00:35:35	00:45:29	00:48:11.25	00:48:22.65	4:49	12.5
90	PAŁKA KRZYSZTOF	651		ŻORY	POL	M40-49	90	M 314		00:14:00	00:23:56	00:35:33	00:45:29	00:48:17.05	00:48:26.95	4:49	12.4
91	ADAMCZYK ANDRZEJ	719		RYDUŁTOWY	POL	M40-49	91	M 315		00:14:10	00:23:57	00:35:45	00:45:37	00:48:18.15	00:48:45.55	4:49	12.4
92	PASTWA GRZEGORZ	653		JASZENICA	POL	M40-49	92	M 319		00:13:12	00:22:30	00:34:46	00:45:20	00:48:25.30	00:48:25.30	4:50	12.4
93	SKĘCZEK ARKADIUSZ	680		GIŁOWICE	POL	M40-49	93	M 320		00:13:51	00:23:44	00:35:22	00:45:29	00:48:29.25	00:48:39.90	4:50	12.4
94	BIŁKO SŁAWEK	730		LESZNA GÓRNA	POL	M40-49	94	M 325		00:14:03	00:23:56	00:35:45	00:45:46	00:48:40.15	00:48:55.85	4:52	12.3
95	WIŚLĘKA ANDRZEJ	707		RYBNIK	POL	M40-49	95	M 327	RADLINIOKI W BIEGU	00:14:42	00:24:45	00:36:37	00:46:08	00:48:43.55	00:48:59.00	4:52	12.3
96	TRZECIAK KRZYSZTOF	696		JASTRZĘBIE-Z DRÓJ	POL	M40-49	96	M 329		00:35:59	00:46:00			00:48:49.65	00:49:13.60	4:53	12.3
97	HEJNA ARTUR	856		RADLIN	POL	M40-49	97	M 336	RADLINIOKI W BIEGU	00:14:20	00:24:24	00:36:15	00:46:10	00:48:59.10	00:49:16.10	4:53	12.2

JASTRZĘBSKA DZIESIĄTKA, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
98	SZCZOTKA ARKADIUSZ	818		JAWORZE	POL	M40-49	98	M 337		00:14:21	00:24:21	00:36:06	00:46:09	00:48:59.15	00:49:22.25	4:53	12.2
99	FURMANIUK ARTUR	576		CIESZYN	POL	M40-49	99	M 343		00:13:42	00:23:51	00:35:51	00:46:27	00:49:15.60	00:49:24.95	4:55	12.2
100	PACH JANUSZ	496		BIELSKO-BIAŁA	POL	M40-49	100	M 345		00:14:32	00:24:29	00:36:35	00:46:26	00:49:23.25	00:49:45.55	4:56	12.1
101	SZEREDA ROBERT	687		JASTRZĘBIE-ZDRÓJ	POL	M40-49	101	M 346		00:13:50	00:24:06	00:36:16	00:46:32	00:49:24.30	00:49:27.20	4:56	12.1
102	STREIT MARIUSZ	682		ŻORY	POL	M40-49	102	M 348		00:14:11	00:24:22	00:36:24	00:46:38	00:49:32.65	00:49:57.55	4:57	12.1
103	PALUCHIEWICZ SZYMON	882		PAWŁOWICE	POL	M40-49	103	M 351		00:14:30	00:24:39	00:36:27	00:46:41	00:49:41.85	00:49:53.15	4:58	12.1
104	MISIAK PIOTR	783		SARNÓW	POL	M40-49	104	M 352		00:14:30	00:24:49	00:36:49	00:46:48	00:49:44.20	00:49:58.00	4:58	12.1
105	SZCZECZ KRZYSZTOF	816		GLIWICE	POL	M40-49	105	M 361		00:14:02	00:24:46	00:37:18	00:47:16	00:50:06.80	00:50:09.05	5:00	12
106	NOWAK KRZYSZTOF	490		SOSNOWIEC	POL	M40-49	106	M 362		00:14:34	00:24:36	00:36:50	00:47:15	00:50:10.45	00:50:16.85	5:01	12
107	CHOLAJDA ROMAN	733		GOLKOWICE	POL	M40-49	107	M 367		00:15:11	00:25:29	00:37:34	00:47:42	00:50:27.60	00:50:50.35	5:02	11.9
108	ZAWADZKI TYBERIUSZ	834		GOLASOWICE	POL	M40-49	108	M 368		00:14:21	00:24:40	00:36:57	00:47:41	00:50:34.35	00:50:47.85	5:03	11.9
109	PASZKOWSKI CEZARY	883		CIESZYN	POL	M40-49	109	M 372	MDM NT TEAM	00:14:56	00:25:15	00:37:25	00:47:42	00:50:42.40	00:51:07.00	5:04	11.8
110	ZAWADA JAKUB	915		CHRZANÓW	POL	M40-49	110	M 373		00:14:56	00:26:13	00:37:52	00:47:50	00:50:42.40	00:51:02.05	5:04	11.8
111	KONCKI ANDRZEJ	605		RYBNIK	POL	M40-49	111	M 374		00:15:07	00:25:36	00:37:39	00:47:47	00:50:44.50	00:51:16.35	5:04	11.8
112	JĘDRYKA SEBASTIAN	595		JASTRZĘBIE-ZDRÓJ	POL	M40-49	112	M 375		00:13:30	00:23:49	00:36:37	00:47:45	00:50:45.80	00:51:02.15	5:04	11.8
113	SOSNA MARIUSZ	903		TURZA ŚLĄSKA	POL	M40-49	113	M 379		00:15:34	00:26:18	00:38:33	00:48:10	00:50:59.35	00:51:14.15	5:06	11.8
114	ROZMUS WOJCIECH	890		GÓRA	POL	M40-49	114	M 381	POWOLI DO CELU	00:14:23	00:24:45	00:37:22	00:48:00	00:51:04.60	00:51:16.25	5:06	11.7
115	POŁOMSKI JERZY	887		JASTRZĘBIE-ZDRÓJ	POL	M40-49	115	M 383		00:14:37	00:24:58	00:37:27	00:48:00	00:51:09.95	00:51:33.55	5:07	11.7
116	ŚWIERKOT PRZEMEK	143		ŻORY	POL	M40-49	116	M 384		00:15:30	00:26:09	00:38:14	00:48:30	00:51:10.85	00:51:25.35	5:07	11.7
117	CZARNOTA LESZEK	845		MARKLOWICE	POL	M40-49	117	M 388		00:15:16	00:25:51	00:38:07	00:48:36	00:51:29.35	00:51:52.75	5:08	11.7
118	KRÓLIK ARKADIUSZ	768		JASTRZĘBIE-ZDRÓJ	POL	M40-49	118	M 391	MARO TEAM JASTRZĘBIE-ŻORY	00:15:12	00:25:49	00:38:09	00:48:42	00:51:36.85	00:51:59.55	5:09	11.6
119	SOJ PRZEMYSŁAW	813		KATOWICE	POL	M40-49	119	M 398		00:15:06	00:25:36	00:38:12	00:49:07	00:52:10.65	00:52:38.85	5:13	11.5
120	ĆMIL MAREK	928		PODBUCZE	POL	M40-49	120	M 404		00:15:02	00:26:15	00:39:03	00:49:22	00:52:21.90	00:52:38.05	5:14	11.5
121	KAWIK JANUSZ	759		ZEBRZYDOWICE	POL	M40-49	121	M 405		00:15:49	00:26:39	00:39:25	00:49:31	00:52:29.35	00:52:36.00	5:15	11.4
122	MATUSZEK TOMASZ	781		TURZA ŚLĄSKA	POL	M40-49	122	M 408	BANK SPÓŁDZIELCZY JASTRZĘBIE	00:15:17	00:26:22	00:39:14	00:49:35	00:52:40.95	00:52:59.05	5:16	11.4
123	WILSZ ADAM	911		PANIÓWKI	POL	M40-49	123	M 412		00:16:22	00:27:22	00:40:16	00:50:08	00:52:50.60	00:53:07.10	5:17	11.4
124	ŚMIETANA GRZEGORZ	819		RACIBÓRZ	POL	M40-49	124	M 415		00:14:56	00:25:34	00:38:59	00:50:21	00:53:00.60	00:53:14.60	5:18	11.3
125	SLADCEK JAREK	896		PAWŁOWICE	POL	M40-49	125	M 417		00:15:10	00:26:09	00:39:29	00:50:18	00:53:13.60	00:53:41.00	5:19	11.3
126	JAGIEŁA MARCIN	857		JASTRZĘBIE - ZDRÓJ	POL	M40-49	126	M 418		00:15:40	00:26:33	00:39:23	00:50:06	00:53:14.55	00:53:36.10	5:19	11.3
127	KUBULUS TOMASZ	863		ĆWIKLICE	POL	M40-49	127	M 420		00:15:10	00:25:57	00:39:05	00:50:08	00:53:18.00	00:53:43.85	5:19	11.3
128	GŁADYSZ LESZEK	741		PANIÓWKI	POL	M40-49	128	M 421		00:16:23	00:27:23	00:40:17	00:50:16	00:53:20.30	00:53:36.05	5:20	11.2
129	SZCZUCHNIAK GRZEGORZ	969		JASTRZĘBIEZDRÓJ	POL	M40-49	129	M 422		00:15:30	00:26:33	00:39:33	00:50:21	00:53:20.85	00:53:39.25	5:20	11.2
130	SKĘCZEK MARCIN	811		CZECHOWICE-DZIEDZICE	POL	M40-49	130	M 424		00:15:25	00:26:19	00:39:15	00:50:22	00:53:28.65	00:53:46.65	5:20	11.2
131	KOZACZKA WŁODZIMIERZ	611		GLIWICE	POL	M40-49	131	M 433		00:16:06	00:27:13	00:40:05	00:50:57	00:53:54.15	00:54:23.15	5:23	11.1
132	BORUCKI DAREK	840		KOŃCZYCE MAŁE	POL	M40-49	132	M 434		00:15:46	00:26:51	00:39:47	00:50:49	00:53:56.35	00:54:21.10	5:23	11.1
133	PIÓR KRZYSZTOF	798		BRENNA	POL	M40-49	133	M 436		00:15:28	00:26:35	00:39:52	00:50:55	00:53:59.90	00:54:16.20	5:24	11.1
134	METLAK PIOTR	980		JASTRZĘBIE-ZDRÓJ	POL	M40-49	134	M 439		00:14:55	00:26:18	00:39:43	00:50:58	00:54:09.60	00:54:10.40	5:25	11.1
135	ZMUDA DARIUSZ	918		JASTRZĘBIE-ZDRÓJ	POL	M40-49	135	M 440		00:16:14	00:27:25	00:40:10	00:51:10	00:54:22.95	00:54:48.65	5:26	11
136	GMYREK MICHAŁ	853		JASTRZĘBIE-ZDRÓJ	POL	M40-49	136	M 441		00:15:18	00:26:42	00:40:17	00:51:17	00:54:23.15	00:54:35.60	5:26	11
137	ĆWIOK MAREK	929		PANIÓWKI	POL	M40-49	137	M 444		00:16:22	00:27:22	00:40:18	00:51:19	00:54:29.25	00:54:45.55	5:26	11
138	SOBIERAJSKI PRZEMEK	812		RACIBÓRZ	POL	M40-49	138	M 448		00:16:05	00:27:11	00:40:22	00:51:43	00:54:40.40	00:55:04.50	5:28	11
139	KUBIENIEC GRZEGORZ	769		JASTRZĘBIE-ZDRÓJ	POL	M40-49	139	M 450		00:15:50	00:27:05	00:40:27	00:51:45	00:54:56.65	00:55:17.30	5:29	10.9

JASTRZĘBSKA DZIESIĄTKA, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
140	PAJAŁ PAWEŁ	880		ŻORY	POL	M40-49	140	M 451		00:15:25	00:26:46	00:40:16	00:51:48	00:55:07.05	00:55:23.85	5:30	10.9
141	BRYŚ SEBASTIAN	842		BIELSKO-BIAŁA	POL	M40-49	141	M 453		00:15:58	00:27:10	00:40:23	00:51:46	00:55:08.75	00:55:29.80	5:30	10.9
142	KMIECIAK BOGDAN	942		RADLIN	POL	M40-49	142	M 457		00:16:21	00:27:14	00:40:33	00:51:54	00:55:20.35	00:55:48.50	5:32	10.8
143	BARANKIEWICZ IREK	724		BIELSKO BIAŁA	POL	M40-49	143	M 460		00:15:50	00:26:59	00:40:42	00:52:15	00:55:29.55	00:55:53.75	5:32	10.8
144	WILCZEK MAREK	830		RYDUŁTOWY	POL	M40-49	144	M 464		00:15:56	00:27:12	00:40:47	00:52:21	00:55:39.70	00:56:01.90	5:33	10.8
145	KRAMER PIOTR	860		JASTRZĘBIE-Z DRÓJ	POL	M40-49	145	M 467		00:16:08	00:27:15	00:40:57	00:52:44	00:56:06.80	00:56:37.30	5:36	10.7
146	PYZIK MARCIN	888		JASTRZĘBIE-Z DRÓJ	POL	M40-49	146	M 470	KLUB BIEGACZA FARTLEK	00:15:50	00:27:23	00:41:22	00:53:06	00:56:20.75	00:56:37.90	5:38	10.7
147	KRÓL MICHAŁ	767		SKRZYSZÓW	POL	M40-49	147	M 479		00:15:28	00:27:13	00:41:43	00:53:52	00:57:29.00	00:57:34.70	5:44	10.4
148	FLASZ DAWID	738		JASTRZĘBIE-Z DRÓJ	POL	M40-49	148	M 480		00:17:19	00:29:16	00:43:02	00:54:27	00:57:32.55	00:57:57.80	5:45	10.4
149	MROZEK MACIEJ	784		ŁUKÓW ŚLĄSKI	POL	M40-49	149	M 482		00:16:16	00:27:30	00:41:52	00:54:07	00:57:39.50	00:58:03.65	5:45	10.4
150	CIEŚLA ADAM	564		RYBNIK	POL	M40-49	150	M 483	NIEFORMALNA GRUPA BIEGOWA RYBNIK	00:15:27	00:26:48	00:41:29	00:54:05	00:57:43.40	00:58:15.00	5:46	10.4
151	MORAWSKI JANUSZ	873		PSZCZYNA	POL	M40-49	151	M 484		00:16:35	00:28:17	00:42:24	00:54:23	00:57:45.80	00:58:11.00	5:46	10.4
152	STEFAŃSKI PIOTR	967		JASTRZĘBIE ZDRÓJ	POL	M40-49	152	M 488		00:16:12	00:27:48	00:42:12	00:54:40	00:57:57.55	00:58:28.25	5:47	10.4
153	ZIMNY IRENEUSZ	917		RYBNIK	POL	M40-49	153	M 489		00:16:52	00:28:59	00:43:05	00:54:44	00:58:00.30	00:58:20.30	5:48	10.3
154	WOLINSKI DARIUSZ	912		ŻORY	POL	M40-49	154	M 490		00:16:40	00:28:48	00:43:06	00:55:06	00:58:19.80	00:58:48.30	5:50	10.3
155	PAJESTKA MAREK	881		RUDA ŚLĄSKA	POL	M40-49	155	M 492	WRM MC POLAND	00:16:34	00:28:37	00:43:14	00:55:11	00:58:25.10	00:58:48.90	5:50	10.3
156	CZAPSKI JANUSZ	927		BIELSKO BIAŁA	POL	M40-49	156	M 495		00:16:29	00:28:23	00:42:51	00:55:20	00:58:56.15	00:59:26.00	5:53	10.2
157	DYL IRENEUSZ	736		CZYŻOWICE	POL	M40-49	157	M 496		00:17:24	00:29:31	00:44:10	00:55:46	00:59:01.25	00:59:22.70	5:54	10.2
158	POSTUPALSKI MARCIN	962		JASTRZĘBIE - ZDRÓJ	POL	M40-49	158	M 498		00:17:30	00:29:41	00:44:03	00:55:59	00:59:06.10	00:59:33.95	5:54	10.2
159	SZEFER BARTŁOMIEJ	970		JASTRZĘBIE-Z DRÓJ	POL	M40-49	159	M 500		00:17:31	00:29:41	00:44:03	00:56:09	00:59:27.30	00:59:54.55	5:56	10.1
160	KRETEK KRZYSZTOF	336	CE PROGRESS			M40-49	160	M 503		00:16:54	00:29:04	00:43:58	00:56:34	00:59:55.65	01:00:23.95	5:59	10
161	UKLEJA SEBASTIAN	821		JASTRZĘBIE-Z DRÓJ	POL	M40-49	161	M 504		00:16:42	00:28:56	00:43:37	00:56:16	01:00:05.00	01:00:14.15	6:00	10
162	MOCHNACZ PATRYK	956		JASTRZĘBIE-Z DRÓJ	POL	M40-49	162	M 505		00:16:55	00:28:58	00:43:52	00:56:55	01:00:31.35	01:00:55.15	6:03	9.9
163	SOBIERAJ PAWEŁ	902		JASTRZĘBIE ZDRÓJ	POL	M40-49	163	M 507		00:16:41	00:29:05	00:44:19	00:57:15	01:00:49.70	01:01:17.35	6:05	9.9
164	MIKODA STANISŁAW	871		NYSA 691270925	POL	M40-49	164	M 513	ATHLETICS NYSA	00:15:30	00:28:15	00:44:24	00:58:25	01:02:24.25	01:02:45.50	6:14	9.6
165	WÓJCIK DARIUSZ	977		ŻORY	POL	M40-49	165	M 517		00:18:24	00:31:48	00:47:45	01:00:53	01:04:30.65	01:04:59.95	6:27	9.3
166	LIZAK ADAM	773		CZĘSTOCHOWA	POL	M40-49	166	M 521	NIEŚŁONY LIZAK	00:18:39	00:32:24	00:50:28	01:03:59	01:07:17.75	01:07:46.05	6:43	8.9
167	KOŁODZIEJCZAK DAMIAN	943		SIEMIANOWICE ŚLĄSKIE	POL	M40-49	167	M 522		00:19:15	00:33:02	00:50:14	01:04:19	01:07:32.55	01:07:46.70	6:45	8.9
168	KUBAS MARIUSZ	949		JASTRZĘBIE-Z DRÓJ	POL	M40-49	168	M 524	KLUB BIEGACZA FARTLEK	00:18:58	00:32:50	00:50:03	01:04:28	01:08:35.15	01:09:05.35	6:51	8.7
169	URBAŚ ROMAN	530		JAWORZE	POL	M40-49	169	M 531		00:13:37						4:41	12.8

JASTRZĘBSKA DZIESIĄTKA, K50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	KANCLERZ-JANUSZEWSKA KATARZYNA	19		JASTRZĘBIE-Z DRÓJ	POL	K50-59	1	K 22	KOBIETY NA 5+	00:12:42	00:21:43	00:32:17	00:41:30	00:44:10.10	00:44:12.35	4:25	13.6
2	PAPUGA IWONA	46		JAWISZOWICE	POL	K50-59	2	K 28	ZADYSZKA OŚWIĘCIM	00:13:42	00:23:29	00:34:49	00:44:21	00:47:04.95	00:47:10.75	4:42	12.7
3	BRZOZOWSKA TERESA	60		JAWORZNO	POL	K50-59	3	K 49	KB MCKIS JAWORZNO	00:15:23	00:25:28	00:37:15	00:47:07	00:49:53.05	00:49:59.80	4:59	12

JASTRZĘBSKA DZIESIĄTKA, K50-59 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
4	PROKOP ELŻBIETA	168		GLIWICE	POL	K50-59	4	K 68		00:15:42	00:26:13	00:38:44	00:49:07	00:52:07.90	00:52:17.45	5:12	11.5
5	PYTEL RENATA	100		PIELGRZYMO WICE	POL	K50-59	5	K 83		00:15:24	00:26:12	00:38:59	00:49:55	00:53:08.15	00:53:13.80	5:18	11.3
6	MUSIAŁ MARIA	159		JASTRZĘBIE-Z DRÓJ	POL	K50-59	6	K 101		00:15:52	00:27:00	00:40:25	00:51:35	00:54:40.15	00:54:47.80	5:28	11
7	SZOZDA TERESA	313		JAWORZNO	POL	K50-59	7	K 110		00:16:16	00:27:21	00:40:27	00:51:47	00:55:14.60	00:55:27.85	5:31	10.9
8	KOSOWSKA GRAŻYNA	254		JASTRZĘBIE ZDRÓJ	POL	K50-59	8	K 155		00:16:47	00:28:40	00:42:30	00:54:27	00:57:48.05	00:57:53.50	5:46	10.4
9	GAŃKO GRAŻYNA	123		JASTRZĘBIE ZDRÓJ	POL	K50-59	9	K 182		00:17:53	00:29:57	00:44:20	00:56:23	00:59:54.50	01:00:00.65	5:59	10
10	BARAN IRENA	58		JASTRZĘBIE-Z DRÓJ	POL	K50-59	10	K 189		00:16:57	00:29:16	00:44:26	00:57:13	01:00:55.90	01:01:02.00	6:05	9.8
11	FOJCIK GABRIELA	233		RYBNIK	POL	K50-59	11	K 196		00:18:20	00:30:55	00:45:36	00:58:13	01:01:50.95	01:02:02.05	6:11	9.7
12	WAWRZYK IWONA	322		CIESZYN	POL	K50-59	12	K 198	OLZA CIESZYN	00:17:45	00:30:09	00:45:09	00:58:18	01:02:15.80	01:02:27.90	6:13	9.6
13	NIEDZIOŁKO BOŻENA	162		JASTRZĘBIE-Z DRÓJ	POL	K50-59	13	K 203	KOBIETY NA 5+	00:18:06	00:30:31	00:46:02	00:59:02	01:02:40.05	01:02:44.40	6:16	9.6
14	PAJĄK MAŁGORZATA	283		JASTRZĘBIE ZDRÓJ	POL	K50-59	14	K 213		00:18:38	00:31:11	00:47:12	01:00:31	01:04:21.30	01:04:28.25	6:26	9.3
15	STEKLA JOANNA	308		SKOCZÓW	POL	K50-59	15	K 217	STEKLOWKI	00:17:47	00:30:55	00:47:09	01:01:15	01:05:12.80	01:05:25.15	6:31	9.2
16	WOJTOŃ-STAWICKA MAŁGORZATA	324		PAWŁOWICE	POL	K50-59	16	K 220	RUNTEAM PAWŁOWICE	00:18:50	00:31:51	00:47:41	01:01:48	01:05:50.00	01:06:04.45	6:35	9.1
17	STANUŁA KINGA	307		PAWŁOWICE	POL	K50-59	17	K 225		00:19:42	00:33:08	00:49:10	01:02:38	01:06:17.75	01:06:31.10	6:37	9
18	ŻALIŃSKA TERESA	332		JAWORZNO	POL	K50-59	18	K 233		00:19:58	00:33:36	00:49:46	01:03:17	01:07:04.55	01:07:18.60	6:42	8.9
19	KOWALSKA DOROTA	144		RYBNIK	POL	K50-59	19	K 235		00:19:10	00:32:57	00:49:40	01:03:47	01:07:40.60	01:07:51.45	6:46	8.9
20	ROTTER HANNA	173		JASTRZĘBIE-Z DRÓJ	POL	K50-59	20	K 245		00:19:48	00:33:45	00:52:22	01:07:57	01:12:17.90	01:12:27.25	7:13	8.3
21	KIERMASZEK BARBARA	139		WODZISŁAW ŚLĄSKI	POL	K50-59	21	K 246		00:19:49	00:33:54	00:52:24	01:07:59	01:12:19.70	01:12:28.45	7:14	8.3

JASTRZĘBSKA DZIESIĄTKA, M50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	BULIK WITOLD	359		GIŁOWICE	POL	M50-59	1	M 18	PKS OLIMPIJCZYK GIŁOWICE	00:10:05	00:17:09	00:25:43	00:33:05	00:35:18.65	00:35:20.60	3:31	17
2	KNESZ MAREK	460		JEJKOWICE	POL	M50-59	2	M 31		00:10:39	00:18:09	00:27:02	00:34:36	00:36:51.70	00:36:53.25	3:41	16.3
3	NIEMIEC MIREK	487		CIESZYN	POL	M50-59	3	M 44	OLZA CIESZYN	00:10:41	00:18:29	00:27:31	00:35:18	00:37:37.90	00:37:39.20	3:45	15.9
4	SAMBAK TADEUSZ	399		BRZESZCZE	POL	M50-59	4	M 61	ZADYSZKA OŚWIĘCIM	00:11:27	00:19:15	00:28:21	00:36:23	00:38:43.60	00:38:47.15	3:52	15.5
5	LORANC MACIEJ	473		BIELSKO-BIAŁ A	POL	M50-59	5	M 80	NUTREND BIEGA	00:12:11	00:20:24	00:29:56	00:37:43	00:39:53.95	00:39:58.60	3:59	15
6	MALINOWSKI KRZYSZTOF	386		GIŁOWICE	POL	M50-59	6	M 92		00:11:45	00:20:07	00:29:57	00:38:20	00:40:40.55	00:40:42.95	4:04	14.8
7	ADAMCZEWSKI WALDEMAR	543		JASTRZĘBIE-Z DRÓJ	POL	M50-59	7	M 94	KLUB BIEGACZA FARTLEK	00:12:07	00:20:29	00:30:13	00:38:34	00:40:53.55	00:41:00.00	4:05	14.7
8	MROWIEC BERNARD	640		TWORKÓW	POL	M50-59	8	M 110		00:12:26	00:20:49	00:30:39	00:39:04	00:41:21.45	00:41:29.40	4:08	14.5
9	SERAFIN DARIUSZ IZABELA	514		JASTRZĘBIE ZDRÓJ	POL	M50-59	9	M 114	KLUB BIEGACZA FARTLEK	00:12:27	00:20:56	00:30:49	00:39:17	00:41:34.15	00:41:37.95	4:09	14.4
10	PIĄTOWSKI ANDRZEJ	501		ŁODYGOWICE	POL	M50-59	10	M 118		00:12:09	00:20:39	00:30:43	00:39:14	00:41:40.40	00:41:44.20	4:10	14.4
11	ZIELIŃSKI IRENEUSZ	540		JASTRZĘBIE-Z DRÓJ	POL	M50-59	11	M 126		00:12:11	00:20:50	00:30:55	00:39:38	00:42:07.20	00:42:11.85	4:12	14.2
12	KARPLEWICZ ANDRZEJ	456		JASTRZĘBIE-Z DRÓJ	POL	M50-59	12	M 139	GB GALOPUJĄCE ŚLIMAKI	00:12:12	00:20:56	00:31:20	00:40:11	00:42:39.65	00:42:48.70	4:15	14.1
13	TOMCZYK LESŁAW	526		CIESZYN	POL	M50-59	13	M 140	OLZA CIESZYN	00:12:29	00:21:08	00:31:23	00:40:06	00:42:40.25	00:42:48.30	4:16	14.1
14	ANTONCZYK ADAM	544		JASTRZĘBIE ZDRÓJ	POL	M50-59	14	M 157		00:12:14	00:20:59	00:31:25	00:40:32	00:43:08.55	00:43:13.40	4:18	13.9
15	SZKATUŁA HENRYK	688		WODZISŁAW ŚL.	POL	M50-59	15	M 159	KOSZULKA HYNIA	00:12:18	00:21:04	00:31:35	00:40:35	00:43:10.20	00:43:13.65	4:19	13.9
16	PAPUGA DARIUSZ	652		JAWISZOWICE	POL	M50-59	16	M 165	ZADYSZKA OŚWIĘCIM	00:12:06	00:21:06	00:31:32	00:40:35	00:43:20.50	00:43:23.70	4:20	13.8

JASTRZĘBSKA DZIESIĄTKA, M50-59 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
17	FLORKIEWICZ SŁAWOMIR	571		SOSNOWIEC	POL	M50-59	17	M 166		00:12:24	00:21:13	00:31:50	00:40:48	00:43:22.95	00:43:31.00	4:20	13.8
18	GIGON DARIUSZ	442		JAWORZNO	POL	M50-59	18	M 167	KB MCKIS JAWORZNO	00:12:29	00:21:30	00:32:07	00:40:50	00:43:24.25	00:43:32.30	4:20	13.8
19	DOBROWOLSKI SŁAWEK	435		WARSZAWA	POL	M50-59	19	M 171		00:13:02	00:21:50	00:32:14	00:41:01	00:43:27.10	00:43:38.35	4:20	13.8
20	PRZYBYSZ RYSZARD	667		ŻORY	POL	M50-59	20	M 184		00:12:40	00:21:40	00:32:12	00:41:17	00:43:52.30	00:44:06.65	4:23	13.7
21	UCIEKŁAK WALDEMAR	529		CZĘSTOCHOWA	POL	M50-59	21	M 188		00:12:40	00:21:41	00:32:31	00:41:38	00:44:09.95	00:44:18.25	4:25	13.6
22	KUSTRA JÓZEF	771		JASTRZĘBIE-ZDRÓJ	POL	M50-59	22	M 192		00:12:35	00:21:36	00:32:30	00:41:43	00:44:16.55	00:44:18.60	4:25	13.6
23	KOWALSKI ROBERT	610		RYBNIK	POL	M50-59	23	M 195		00:12:46	00:21:51	00:32:33	00:41:41	00:44:19.95	00:44:29.85	4:26	13.5
24	GÓRNY MIREK	367		BIELSKO-BIAŁA	POL	M50-59	24	M 196		00:12:08	00:21:04	00:32:02	00:41:34	00:44:21.00	00:44:22.95	4:26	13.5
25	MAZURKIEWICZ JAROSŁAW	483		STRUMIEŃ	POL	M50-59	25	M 200		00:12:53	00:22:05	00:32:47	00:41:52	00:44:32.50	00:44:49.10	4:27	13.5
26	ZIĘTARA PAWEŁ	717		JASTRZĘBIE-ZDRÓJ	POL	M50-59	26	M 206		00:13:05	00:22:10	00:32:54	00:41:53	00:44:39.60	00:44:47.90	4:27	13.4
27	PIŁATOWSKI MIROSLAW	660		JASTRZĘBIE-ZDRÓJ	POL	M50-59	27	M 217	KLUB BIEGACZA MOSIR JASTRZĘBIE	00:12:56	00:22:11	00:33:17	00:42:41	00:45:16.00	00:45:19.65	4:31	13.3
28	FOKS DAMIAN	572		WARSZOWICE	POL	M50-59	28	M 250		00:13:43	00:23:07	00:34:05	00:43:18	00:45:54.10	00:46:06.25	4:35	13.1
29	BURAS ROMAN	555		RYBNIK	POL	M50-59	29	M 258		00:14:58	00:24:32	00:35:24	00:44:06	00:46:25.00	00:46:50.05	4:38	12.9
30	URBASIK MARIUSZ	700		RYDUŁTOWY	POL	M50-59	30	M 266		00:13:42	00:23:13	00:34:27	00:44:02	00:46:47.50	00:46:58.35	4:40	12.8
31	CIESIELSKI DARIUSZ	563		KIETRZ	POL	M50-59	31	M 271		00:13:53	00:23:33	00:34:55	00:44:18	00:46:58.35	00:47:08.70	4:41	12.8
32	BRACHMAŃSKI DARIUSZ	841		MARKLOWICE	POL	M50-59	32	M 298		00:14:23	00:24:07	00:35:43	00:45:12	00:47:56.55	00:48:11.45	4:47	12.5
33	PŁONKA KRZYSZTOF	886		JASTRZĘBIE-ZDRÓJ	POL	M50-59	33	M 303		00:13:58	00:23:50	00:35:19	00:45:09	00:48:03.25	00:48:14.60	4:48	12.5
34	JASIŃSKI MAKSYMILIAN	592		JASTRZĘBIE-ZDRÓJ	POL	M50-59	34	M 304	MARO TEAM JASTRZĘBIE-ŻORY	00:14:07	00:23:57	00:35:35	00:45:18	00:48:03.45	00:48:26.10	4:48	12.5
35	GOTTMAN BOGUSŁAW	854		OŚWIĘCIM	POL	M50-59	35	M 311		00:14:12	00:24:07	00:35:40	00:45:27	00:48:11.20	00:48:36.90	4:49	12.5
36	PETRYKOWSKI GRZEGORZ	654		ŻORY	POL	M50-59	36	M 317		00:14:10	00:24:00	00:35:43	00:45:31	00:48:22.75	00:48:32.50	4:50	12.4
37	ŻALIŃSKI ZBIGNIEW	835		JAWORZNO	POL	M50-59	37	M 331		00:14:33	00:24:33	00:36:12	00:46:05	00:48:55.05	00:49:12.60	4:53	12.3
38	BARAN RYSZARD	722		RACIBÓRZ	POL	M50-59	38	M 332		00:14:25	00:24:16	00:35:47	00:46:01	00:48:55.70	00:49:19.85	4:53	12.3
39	KUBICA TADEUSZ	862		ŻORY	POL	M50-59	39	M 333		00:14:33	00:24:27	00:36:07	00:46:03	00:48:56.55	00:49:21.15	4:53	12.3
40	GAWLAS JAN	739		JASTRZĘBIE	POL	M50-59	40	M 334		00:36:02	00:45:58			00:48:57.25	00:49:15.40	4:53	12.3
41	BURNAGIEL TOMASZ	556		CZERWIONKA-LESZCZYNY	POL	M50-59	41	M 338		00:14:57	00:25:11	00:36:56	00:46:21	00:49:02.30	00:49:16.90	4:54	12.2
42	KULAWIAK BOGDAN	620		JASTRZĘBIE-ZDRÓJ	POL	M50-59	42	M 344		00:14:38	00:24:47	00:36:36	00:46:40	00:49:20.25	00:49:43.55	4:56	12.2
43	SZCZEPANIAK ALEKSANDER	686		CIESZYN	POL	M50-59	43	M 358		00:14:16	00:24:15	00:36:26	00:46:55	00:49:53.30	00:50:03.80	4:59	12
44	TOCHOWICZ BARTOSZ	694		GOLESZÓW	POL	M50-59	44	M 376	OLZA CIESZYN	00:14:46	00:25:18	00:37:29	00:47:57	00:50:46.10	00:51:06.15	5:04	11.8
45	KOZIEŁ DARIUSZ	765		BRENNA	POL	M50-59	45	M 385		00:14:57	00:25:20	00:37:39	00:48:05	00:51:18.25	00:51:47.35	5:07	11.7
46	LECHOWICZ TADEUSZ	772		JASTRZĘBIE-ZDRÓJ	POL	M50-59	46	M 390		00:15:10	00:25:41	00:38:00	00:48:31	00:51:34.00	00:51:54.85	5:09	11.6
47	RASZKA JANUSZ	808		CIESZYN	POL	M50-59	47	M 392	OLZA CIESZYN	00:15:26	00:26:03	00:38:28	00:48:58	00:51:38.55	00:51:59.45	5:09	11.6
48	GRZEŚ KRZYSZTOF	746		ZEBRZYDOWICE	POL	M50-59	48	M 393		00:14:40	00:25:35	00:38:04	00:48:39	00:51:51.35	00:52:06.50	5:11	11.6
49	PAWĘZOWSKI JACEK	884		KATOWICE	POL	M50-59	49	M 406		00:15:04	00:25:34	00:38:22	00:49:17	00:52:33.05	00:52:55.25	5:15	11.4
50	GÓRALSKI JAROSŁAW	855		RACIBÓRZ	POL	M50-59	50	M 410		00:15:06	00:25:58	00:38:54	00:49:35	00:52:46.45	00:52:55.30	5:16	11.4
51	ZAWIERUCHA ALEKSANDER	916		ŻORY	POL	M50-59	51	M 426	MARO TEAM JASTRZĘBIE-ŻORY	00:16:06	00:27:09	00:39:54	00:50:38	00:53:31.45	00:53:53.60	5:21	11.2
52	CHROBOK GERARD	844		CIESZYN	POL	M50-59	52	M 438	OLZA CIESZYN	00:15:44	00:26:58	00:40:00	00:50:57	00:54:09.35	00:54:21.60	5:24	11.1
53	JESIONEK BOGUSŁAW	939		JASTRZĘBIE-ZDRÓJ	POL	M50-59	53	M 459		00:16:22	00:27:47	00:41:08	00:52:08	00:55:27.75	00:55:55.15	5:32	10.8
54	KONOPKA JAROSŁAW	945		JASTRZĘBIE-ZDRÓJ	POL	M50-59	54	M 461		00:16:40	00:28:19	00:41:24	00:52:23	00:55:33.90	00:56:00.85	5:33	10.8
55	WOLIŃSKI JÓZEF	913		GLIWICE	POL	M50-59	55	M 472		00:16:31	00:27:51	00:41:25	00:53:03	00:56:23.25	00:56:46.55	5:38	10.6
56	MARCINIAK ARTUR	780		BRENNA	POL	M50-59	56	M 474		00:16:27	00:28:27	00:41:53	00:53:30	00:56:47.45	00:57:16.75	5:40	10.6
57	GIL KRZYSZTOF	935		JASTRZĘBIE-ZDRÓJ	POL	M50-59	57	M 502		00:17:34	00:29:44	00:44:05	00:56:13	00:59:30.00	00:59:55.65	5:57	10.1
58	KRAJEWSKI DAMIAN	946		JASTRZĘBIE-ZDRÓJ	POL	M50-59	58	M 508	BIEG PO ZDRÓJ	00:17:42	00:30:10	00:45:08	00:57:41	01:01:13.20	01:01:42.65	6:07	9.8

JASTRZĘBSKA DZIESIĄTKA, M50-59 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
59	WIECZOREK HENRYK	142			POL	M50-59	59	M 515		00:18:32	00:31:20	00:46:44	00:59:35	01:03:24.75	01:03:40.70	6:20	9.5
60	TRAFIAŁEK MIROSLAW	973		JAWORZNO	POL	M50-59	60	M 520		00:18:21	00:31:41	00:48:11	01:02:19	01:06:19.50	01:06:43.85	6:37	9
61	KUCHARCZYK MAREK	950		GOŁKOWICE	POL	M50-59	61	M 523		00:18:09	00:32:33	00:50:09	01:03:58	01:07:55.25	01:08:30.70	6:47	8.8
62	PIOTROWICZ RYSIEK	960		JASTRZĘBIE-Z DRÓJ	POL	M50-59	62	M 527		00:17:41	00:30:54	00:54:08	01:08:13	01:12:26.05	01:12:34.55	7:14	8.3
63	FOJCIK PIOTR	932		RYBNIK	POL	M50-59	63	M 530		00:16:19	00:35:03					7:00	8.6

JASTRZĘBSKA DZIESIĄTKA, K60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	SIKORA ALICJA	53		BIELSKO BIAŁA	POL	K60-69	1	K 43		00:14:26	00:24:23	00:36:07	00:46:07	00:49:03.70	00:49:06.65	4:54	12.2
2	MAREK-WRÓBEL EDYTA	90		RYBNIK	POL	K60-69	2	K 62		00:15:04	00:25:25	00:37:46	00:48:21	00:51:29.25	00:51:34.35	5:08	11.7
3	SIENIAWSKA JANINA	300		KĘDZIERZYN- KOZŁE	POL	K60-69	3	K 157		00:16:43	00:28:28	00:42:18	00:54:26	00:58:00.15	00:58:05.25	5:48	10.3
4	PIPIRO GRAŻYNA	287		JASTRZĘBIE-Z DRÓJ	POL	K60-69	4	K 201	KOBIETY NA 5+	00:18:40	00:31:13	00:46:20	00:59:01	01:02:36.25	01:02:40.75	6:15	9.6

JASTRZĘBSKA DZIESIĄTKA, M60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	DZIARSKI WIESŁAW	436		RYBNIK	POL	M60-69	1	M 63		00:11:12	00:19:09	00:28:24	00:36:32	00:38:54.15	00:38:58.20	3:53	15.4
2	NIEDZIELA STEFAN	486		KNURÓW	POL	M60-69	2	M 160		00:12:10	00:21:05	00:31:34	00:40:35	00:43:10.40	00:43:13.85	4:19	13.9
3	KĄKOL RYSZARD	458		BIELSKO-BIAŁ A	POL	M60-69	3	M 175		00:12:23	00:21:23	00:31:54	00:41:01	00:43:38.10	00:43:41.60	4:21	13.8
4	NOWAK RYSZARD	787		SOSNOWIEC	POL	M60-69	4	M 330		00:14:27	00:24:20	00:35:55	00:45:58	00:48:52.40	00:49:14.15	4:53	12.3
5	TORBIŃSKI WIESŁAW	820		JASTRZĘBIE-Z DRÓJ	POL	M60-69	5	M 350		00:14:24	00:24:31	00:36:30	00:46:43	00:49:39.75	00:49:56.70	4:58	12.1
6	ORAWSKI ROBERT	789		SKOCZÓW	POL	M60-69	6	M 377		00:15:09	00:25:19	00:37:30	00:47:54	00:50:51.45	00:51:14.15	5:05	11.8
7	GUJA BOGUSŁAW	747		JAWORZNO	POL	M60-69	7	M 468		00:16:44	00:28:13	00:41:50	00:52:53	00:56:10.40	00:56:23.35	5:37	10.7
8	KOTERZYNA JANUSZ	859		ŻORY	POL	M60-69	8	M 473		00:16:51	00:28:12	00:41:44	00:53:01	00:56:25.85	00:56:49.75	5:38	10.6
9	PIETRZYK MAREK	959		CHYBIE	POL	M60-69	9	M 478		00:17:00	00:28:45	00:42:44	00:54:17	00:57:25.50	00:57:51.45	5:44	10.4
10	MICUDA JAN	955		MYSŁOWICE	POL	M60-69	10	M 493		00:17:01	00:28:56	00:43:05	00:55:10	00:58:33.00	00:59:01.80	5:51	10.2
11	CHMIEL JACEK	732		JASTRZĘBIE-Z DRÓJ	POL	M60-69	11	M 506		00:17:45	00:30:17	00:44:41	00:57:13	01:00:41.35	01:01:09.85	6:04	9.9
12	TRAWNICKI JAN	908		JASTRZĘBIE ZDRÓJ	POL	M60-69	12	M 516		00:17:39	00:30:40	00:46:31	00:59:43	01:03:55.80	01:04:21.05	6:23	9.4

JASTRZĘBSKA DZIESIĄTKA, M70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna	2.9km	5km	7.3km	9.4km	Netto	Brutto	min/km	km/h
1	SIKORA STEFAN	516		BIELSKO BIAŁA	POL	M70+	1	M 142		00:12:43	00:21:25	00:31:34	00:40:12	00:42:42.45	00:42:51.10	4:16	14
2	RZEPczyński WIESŁAW	677		RACIBÓRZ	POL	M70+	2	M 173		00:12:49	00:21:39	00:32:02	00:40:52	00:43:31.05	00:43:44.90	4:21	13.8
3	KAPTUR WOJCIECH	756		WODZISŁAW ŚLĄSKI	POL	M70+	3	M 356		00:14:40	00:24:42	00:36:46	00:46:51	00:49:49.95	00:50:08.15	4:59	12
4	KUCZMIERCZYK JANUSZ	951		MYSŁOWICE	POL	M70+	4	M 518		00:18:44	00:31:58	00:47:35	01:00:50	01:04:35.80	01:05:04.60	6:27	9.3
5	PIOTROWSKI MIECZYSLAW	961		DĄBROWA GÓRNICZA	POL	M70+	5	M 525		00:19:41	00:33:35	00:51:07	01:05:10	01:09:21.15	01:09:38.10	6:56	8.6
6	KONCKI RYSZARD	944		RYBNIK	POL	M70+	6	M 532									

JASTRZĘBSKA DZIESIĄTKA, Klasyfikacja drużynowa

Miejsce	Drużyna	Zawodnicy klasyfikowani	Czas	Czas drużyny
1	INŻYNIERIA BIEGANIA TEAM	MARCIN CIEPŁAKDAMIAN DROŹDŻPIOTR MUSKIETORZKATARZYNA LASKOWSKAKATARZYNA STOLORZWITEK NANTKAMAREK KUCZERA	00:32:45.2500:33:05.3000:34:45.0500:40:56.4500:41:40.5000:45:44.4000:47:18.05	03:03:11
2	BZIEGACZE	MATEUSZ MRÓWKASANDRA MICHALAKROMAN RAJWAJAN RAJWATOMASZ BIAŁECKIPAWEŁ ŁYSEKMATEUSZ JANECKISTANISŁAW RAJWADAMIAN GOIKBARBARA NIEŚLAŃCZYK	00:30:29.3500:36:33.3000:36:34.0500:41:02.6500:41:16.8000:43:12.2500:45:27.1500:48:10.3500:54:53.4000:56:08.25	03:05:54
3	1 SECOND TEAM	ANGELIKA MACHKASIA GOLBASYLWIA ŚLĘZAKMICHALINA MENDECKA-ZEJDLERDARIA MENDECKA	00:35:32.8500:36:27.4500:39:13.7500:39:46.3500:41:21.85	03:12:19
4	KB MCKIS JAWORZNO	BARTOSZ ZAJĄCPRZEMYSŁAW STARZYCKIMARIUSZ KILJANPAULINA GAJRAFAŁ MICHALSKIDANIEL KORCZBARTLOMIEJ GLINIECKIDARIUSZ GIGOŃRAFAŁ SZAREKBŁAŻEJ PIECZARAANDRZEJ RUBINTOMASZ MAJKARAFAL NIEMCZYKBEATA KOŹMIENKOMAGDALENA CIEZAK-RAUSZTERESA BRZOZOWSKAAGATA BUDKAAGNIESZKA NOWAKPRZEMYSŁAW BOŚAGNIESZKA CZOPEKNATALIA BOŚJOANNA WALESZ	00:32:51.3000:37:08.4500:39:20.5500:40:11.3500:42:50.6000:43:07.8000:43:18.4000:43:24.2500:43:44.5500:45:47.9000:46:31.7000:46:37.0500:46:54.9000:47:43.7500:48:31.6000:49:53.0500:50:19.3500:51:32.2000:53:47.9500:55:27.4000:57:47.0501:03:31.00	03:12:20
5	FORMA WODZISŁAW ŚLĄSKI	SEBASTIAN BARTOSIKKRYSZTIAN NOGAPAWEŁ MENCEWICZMAGDALENA PATASIRENEUSZ STACHOWSKIBARTLOMIEJ MUSZEWSKI	00:36:39.2000:37:54.5500:38:49.2500:39:27.6500:41:07.4500:43:17.60	03:13:56
6	OLZA CIESZYN	KLAUDIUSZ WÓWRYMIREK NIEMIECMICHAŁ CHRAPKIEWICZMATEUSZ MOLASYLWIA WÓWRYŁUKASZ PAGIEŁAGRZEGORZ WÓWRYSTANISŁAW KAWECKIŁUKASZ SMOLIKRAFAŁ KUSYLESŁAW TOMCZYKGRZEGORZ OGIERMANBARTOSZ TOCHOWICZJANUSZ RASZKAJÓZEFA CHROBOKGERARD CHROBOKKASIA BRZUSKABOGUSŁAWA DONOCIKANETA MALINOWSKAPATRYCJA KUBICAIWONA WAWRZYKBEATA ZAGÓRSKA	00:37:32.5000:37:37.9000:37:47.7000:37:51.3500:48:13.8500:40:05.9500:41:05.5500:42:14.5000:42:17.5000:42:34.6500:42:40.2500:42:49.3500:50:46.1000:51:38.5500:52:44.5500:54:09.3500:54:27.9500:54:28.1500:54:32.2500:57:41.6501:02:15.8001:06:12.65	03:19:00
7	KOSZULKA HYNIA	MARKUS SEIFFERTMICHAŁ HEJNAMATIK MĘŻYKHENRYK SZKATUŁAIZABELA KOPIECAGNIESZKA HELIOSZMAŁGORZATA SICH-ŚWITAŁA	00:36:44.7500:40:21.6000:42:50.2000:43:10.2000:47:28.7500:51:10.7500:51:40.00	03:30:33
8	SOCIOS SILESIA	ADAM KAŁUŻNYDARIUSZ SZKODABARTOSZ FILIPMARIUSZ NYKIELKATARZYNA KLEJNOWSKA	00:37:31.7500:37:42.6500:37:56.6500:45:14.4500:52:46.65	03:31:09
9	KLUB BIEGACZA FARTLEK	RAFAŁ BRYŁATOMASZ NOWICKIPIOTR SPYRKAWALDEMAR ADAMCZEWSKIMONIKA SPYRKAPRZEMYSŁAW MAJDARIUSZ IZABELA SERAFINMARCIN BUĆKOWOJCIECH CHRUSZCZJACEK BURYBADAWID KIEPIELAMARCIN BYSTRYKOWSKIPATRYK NOWAKEMILIA DĄBROWSKAMARCIN PYZIKAGNIESZKA SAWICKAALINA KUBASMARIUSZ KUBASBARBARA PYZIK	00:39:46.1500:40:30.6500:40:38.5000:40:53.5500:52:37.8500:41:17.3500:41:34.1500:42:54.7500:43:08.5000:43:59.4500:45:30.7500:47:20.5500:52:59.8000:54:40.4500:56:20.7500:58:21.8501:04:49.6501:08:35.1501:12:04.05	03:34:24
10	GB GALOPUJĄCE ŚLIMAKI	DAMIAN GIŻYŃSKIJAKUB DEJEWSKIANDRZEJ KARPLEWICZMARCIN LORENZBARBARA WÓJCIK-KRZYŻOWSKAJAREK DOCZEKALSKIKRZYSZTOF POŁĘCYPATRYK WEYGANDŁUKASZ MUSIAŁBARTOSZ FRĄTCZAK	00:37:18.4000:42:18.0000:42:39.6500:44:49.3500:50:00.6500:45:30.8500:50:03.0500:52:11.3500:52:14.9500:53:16.60	03:37:04
11	RADLINIOKI W BIEGU	PAWEŁ OSETEKMARCIN WOJCIECHOWSKIKRZYSZTOF LEŚNIAKANDRZEJ WISELKASYLWIA KRAUSEARTUR HEJNAIZABELA HEJNAAGNIESZKA GOIKKARINA BĄK	00:37:19.7500:42:41.8000:42:47.9500:48:43.5500:52:23.4000:48:59.1000:57:39.4501:01:38.4001:08:27.75	03:43:53
12	AKTYWNA PSZCZYNA RUNNERS TEAM	MAREK STUHLIKMARCIN BORCHERTMAREK CHRAPKIEWICZMAGDALENA STUHLIKMARIA KIELKOWSKA	00:39:17.9500:40:21.5000:45:50.0500:47:43.7000:52:29.70	03:45:40
13	KOBIETY NA 5+	KATARZYNA KANCLERZ-JANUSZEWSKABARBARA PIWISZKISANNA GNAŠKATARZYNA PASŁAWSKAJOANNA GORZELAKWIOLETA NALEWAJKAAGNIESZKA KIELKOWSKABEATA RAŹNIAKBARBARA PŁASKABEATA BAJCARJOANNA TRZCIŃSKAIZABELA OSTROWSKAJUSTYNA WIŚNIEWSKADOROTA OLSZEWSKAGRAŻYNA PIPIROBOŻENA NIEDZIOŁKOKAMILA SURY-WOLNIEWICZANETA BETAŃSKABARBARA ZALEWSKABARBARA MYŚLIWIEC	00:44:10.1000:46:38.6500:50:56.3000:52:23.8000:52:43.5500:54:38.0000:54:38.2000:55:26.8000:56:30.6500:57:29.8500:58:52.5000:59:09.3500:59:21.8001:02:30.6001:02:36.2501:02:40.0501:06:12.5501:06:22.3001:11:25.6501:14:40.75	04:06:50
14	EKO-OKNA RUNNERS	RAFAŁ JÓZEFIAKKAMIL WOLLNYANDRZEJ ZIELIŃSKIJENNIFER RUTYNAANDRZEJ BURDA	00:45:40.3000:46:02.2000:50:13.2000:52:15.8001:01:55.40	04:16:05
15	POWOLI DO CELU	GRZEGORZ ŻELECHJAROSŁAW WOJCIECHWOJCIECH ROZMUSEWA ROZMUSAGATA KUKLASAMANTA HANDYAGNIESZKA KALETAKORNELIA SŁOWIK	00:45:34.6500:47:04.5000:51:04.6000:59:02.5000:59:09.8500:59:10.1501:03:22.7001:10:45.25	04:21:53
16	RUNTEAM PAWŁOWICE	BOŻENA LERCHANNA CANIBOLEWA LERCHMARIA LERCHMAGDALENA DANKIEWICZESTERA BRYCHCUMAŁGORZATA WOJTOŃ-STAWICKA	00:49:29.1500:51:30.2000:55:29.4500:56:08.7500:56:18.5501:03:46.9501:05:50.00	04:28:54

JASTRZĘBSKA DZIESIĄTKA, najlepsze czasy 22

Miejsce	Drużyna	Zawodnicy klasyfikowani	Czas	Czas drużyny
1	KB MCKIS JAWORZNO	BARTOSZ ZAJĄCPRZEMYSŁAW STARZYCKIMARIUSZ KILJANPAULINA GAJRAFAŁ MICHALSKIDANIEL KORCZBARTLOMIEJ GLINIECKIDARIUSZ GIGOŃRAFAŁ SZAREKBŁAŻEJ PIECZARAANDRZEJ RUBINTOMASZ MAJKARAFAL NIEMCZYKBEATA KOŹMIENKOMAGDALENA CIEZAK-RAUSZTERESA BRZOZOWSKAAGATA BUDKAAGNIESZKA NOWAKPRZEMYSŁAW BOŚAGNIESZKA CZOPEKNATALIA BOŚJOANNA WALESZ	00:32:51.3000:37:08.4500:39:20.5500:40:11.3500:42:50.6000:43:07.8000:43:18.4000:43:24.2500:43:44.5500:45:47.9000:46:31.7000:46:37.0500:46:54.9000:47:43.7500:48:31.6000:49:53.0500:50:19.3500:51:32.2000:53:47.9500:55:27.4000:57:47.0501:03:31.00	17:10:12
2	OLZA CIESZYN	KLAUDIUSZ WÓWRYMIREK NIEMIECMICHAŁ CHRAPKIEWICZMATEUSZ MOLAŁUKASZ PAGIEŁAGRZEGORZ WÓWRYSTANISŁAW KAWECKIŁUKASZ SMOLIKRAFAŁ KUSYLESŁAW TOMCZYKGRZEGORZ OGIERMANSYLWIA WÓWRYBARTOSZ TOCHOWICZJANUSZ RASZKAJÓZEFA CHROBOKGERARD CHROBOKKASIA BRZUSKABOGUSŁAWA DONOCIKANETA MALINOWSKAPATRYCJA KUBICAIWONA WAWRZYKBEATA ZAGÓRSKA	00:37:32.5000:37:37.9000:37:47.7000:37:51.3500:40:05.9500:41:05.5500:42:14.5000:42:17.5000:42:34.6500:42:40.2500:42:49.3500:48:13.8500:50:46.1000:51:38.5500:52:44.5500:54:09.3500:54:27.9500:54:28.1500:54:32.2500:57:41.6501:02:15.8001:06:12.65	17:31:36