

GLIWICKA DYCHA

Organizator: Fundacja Bieg Rzeźnika

Data: 2019-10-26

Miejsce: Gliwice

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 2000 miejsc wg czasu brutto

GLIWICKA DYCHA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LYSKO JAKUB	2290	WKB META LUBLINIEC	DĄBROWA GÓRNICZA	POL	M-30	1	M 1	00:16:18	00:33:10	00:34:27.05	00:34:28.05	3:16	18.3
2	BABUŁA PRZEMYSŁAW	2001	GKS PIAST GLIWICE	GLIWICE	POL	M-20	1	M 2	00:18:15	00:36:25	00:37:47.75	00:37:49.10	3:36	16.7
3	URBAŃCZYK KAROL	2559		GLIWICE	POL	M-20	2	M 3	00:18:09	00:36:51	00:38:14.95	00:38:16.60	3:38	16.5
4	SLADEK DAWID	2472		RUDA ŚLĄSKA	POL	M-30	2	M 4	00:18:24	00:37:39	00:39:04.15	00:39:07.10	3:43	16.1
5	WYSOCKI MARIUSZ	2600	LECZYM DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 5	00:19:00	00:38:21	00:39:48.45	00:39:51.40	3:47	15.8
6	PISKUŃ PIOTR	2643		KATOWICE	POL	M-20	3	M 6	00:19:06	00:38:49	00:40:19.90	00:40:22.35	3:50	15.6
7	FOLTYN JAKUB	2102	WAY2CHAMP.COM	GLIWICE	POL	M-20	4	M 7	00:19:53	00:39:07	00:40:30.40	00:40:36.45	3:51	15.6
8	OCHMAN PAWEŁ	2351	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	3	M 8	00:19:15	00:39:12	00:40:35.60	00:40:38.15	3:52	15.5
9	KACZOR MARCELI	2190	MAFIA TEAM LUBLINIEC	SADÓW	POL	M-40	2	M 9	00:19:21	00:39:07	00:40:36.15	00:40:40.90	3:52	15.5
10	RODAK PAWEŁ	2428		GLIWICE	POL	M-20	5	M 10	00:19:35	00:39:46	00:41:17.00	00:41:19.90	3:55	15.3
11	NIESŁON MAREK	2341	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	4	M 11	00:18:59	00:39:46	00:41:18.65	00:41:23.10	3:56	15.2
12	PROKOP BARTOSZ	2415	CHOPY Z ŻELAZA	RUDA ŚLĄSKA	POL	M-20	6	M 12	00:19:08	00:39:56	00:41:23.55	00:41:24.65	3:56	15.2
13	ŻERDKA MICHAŁ	2632	VIKING TRAINING CENTER/TEAM PAPRY	BIERUŃ	POL	M-30	5	M 13	00:19:16	00:39:49	00:41:32.35	00:41:32.95	3:57	15.2
14	DZIDA JANUSZ	2096		ŻORY	POL	M-30	6	M 14	00:19:29	00:40:09	00:41:41.75	00:41:44.30	3:58	15.1
15	DOLATA KRZYSZTOF	2077	SOCIOS SILESIA	GLIWICE	POL	M-30	7	M 15	00:19:45	00:40:12	00:41:48.65	00:41:50.00	3:58	15.1
16	POLACZEK ALEXANDER	2654		SMOLNICA	POL	M-40	3	M 16	00:19:36	00:40:23	00:41:58.60	00:42:01.75	3:59	15
17	WIERNEK TOMEK	2571	LC'S	KATOWICE	POL	M-40	4	M 17	00:19:49	00:40:23	00:42:01.95	00:42:07.65	4:00	15
18	SADŁO SEBASTIAN	2684	#SZYMITEAM	RUDY	POL	M-20	7	M 18	00:19:22	00:40:34	00:42:12.30	00:42:14.45	4:01	14.9
19	CHUDY DOMINIK	2056		CZĘSTOCHOWA	POL	M-20	8	M 19	00:20:16	00:40:34	00:42:18.25	00:42:21.30	4:01	14.9
20	BLUS MARCIN	2026		ZABRZE	POL	M-40	5	M 20	00:19:50	00:41:12	00:42:49.80	00:42:53.00	4:04	14.7
21	HALMAN TOMASZ	2150	KLAVA	GLIWICE	POL	M-30	8	M 21	00:19:59	00:41:41	00:43:13.20	00:43:14.85	4:06	14.6
22	CIECIAK GRZEGORZ	2059	MEGAWAT RUNNING TEAM	ŻORY	POL	M-40	6	M 22	00:20:53	00:41:45	00:43:21.50	00:43:29.90	4:07	14.5
23	CZAJA JAROSŁAW	2065	FUTURE PROCESSING RUNNING TEAM	BYTOM	POL	M-40	7	M 23	00:20:53	00:42:13	00:43:49.65	00:43:57.90	4:10	14.4
24	LILLA PIOTR	2281	KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ	JASTRZĘBIE - ZDRÓJ	POL	M-30	10	M 24	00:20:23	00:42:18	00:43:59.15	00:44:01.80	4:11	14.3
25	ZABRZEWSKI PATRYK	2602		ŻORY	POL	M-30	9	M 25	00:20:50	00:42:18	00:43:58.80	00:44:01.85	4:11	14.3
26	KUCHARCZYK JAKUB	3144	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	9	M 26	00:20:00	00:42:44	00:44:16.80	00:44:18.60	4:13	14.2
27	GIEMZA PIOTR	2122	BREMBO	DĄBROWA GÓRNICZA	POL	M-30	12	M 27	00:20:39	00:42:33	00:44:15.85	00:44:19.00	4:12	14.2
28	PODYMA MIKOŁAJ	2406		BYTOM	POL	M-20	10	M 28	00:20:35	00:42:36	00:44:18.85	00:44:23.00	4:13	14.2
29	KUKURBA MIKOŁAJ	2255	ROMET FACTORY TEAM	GLIWICE	POL	M-30	14	M 29	00:20:05	00:42:43	00:44:24.00	00:44:27.25	4:13	14.2
30	NAPIÓRKOWSKI ADAM	2334		GLIWICE	POL	M-30	13	M 30	00:20:53	00:42:45	00:44:19.90	00:44:28.05	4:13	14.2
31	JEZUSEK PIOTR	2181	BENQ - CO JA BIEGNE	GLIWICE	POL	M-30	11	M 31	00:20:51	00:42:36	00:44:15.65	00:44:28.20	4:12	14.2
32	MUCHA MATEUSZ	2331	PARKRUN KATOWICE	SIEMIANOWICE ŚLĄSKIE	POL	M-20	12	M 32	00:20:26	00:42:53	00:44:26.65	00:44:28.50	4:14	14.2
33	BIEDRON DARIUSZ	2019		PANIÓWKI	POL	M-40	8	M 33	00:20:53	00:42:34	00:44:25.95	00:44:33.40	4:13	14.2
34	LEWICKA ELŻBIETA	2279	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 1	00:20:58	00:42:56	00:44:35.75	00:44:37.60	4:14	14.1
35	SKOWRON MARCIN	2466		BYTOM	POL	M-40	9	M 34	00:20:58	00:42:49	00:44:29.35	00:44:37.75	4:14	14.2
36	SĄLAMACHA DAWID	2447	DRIV	GLIWICE	POL	M-20	11	M 35	00:20:40	00:42:46	00:44:26.20	00:45:04.45	4:13	14.2
37	DONIGIEWICZ MARIUSZ	2080		GLIWICE	POL	M-40	10	M 36	00:21:43	00:43:20	00:44:48.40	00:45:07.20	4:16	14.1
38	KONDERAK DAWID	2672		CHORZÓW	POL	M-30	15	M 37	00:21:11	00:43:17	00:45:02.50	00:45:09.20	4:17	14
39	KAMIŃSKI JACEK	2196	ROMET FACTORY TEAM	GLIWICE	POL	M-30	17	M 38	00:20:39	00:43:19	00:45:09.00	00:45:12.55	4:18	14
40	SŁOMKOWSKI MATEUSZ	2476		GDAŃSK	POL	M-20	13	M 39	00:20:55	00:43:42	00:45:20.55	00:45:28.10	4:19	13.9
41	SZCZEPAŃSKI PAWEŁ	2512		ŁAZISKA GÓRNE	POL	M-30	16	M 40	00:21:04	00:43:27	00:45:08.45	00:45:30.90	4:17	14
42	BĄBSKI SZYMON	2012	WYMIATACZE UJSOŁY	UJSOŁY	POL	M-40	11	M 41	00:21:12	00:43:47	00:45:27.45	00:45:34.40	4:19	13.9
43	CZARNOZYŃSKI ALEKSANDER	2067	GTT INTERPROJEKT	GLIWICE	POL	M-50	1	M 42	00:21:55	00:43:53	00:45:31.60	00:45:38.05	4:20	13.8
44	BORYCZKO BARTŁOMIEJ	2030	BARRE STATION FITNESS	GLIWICE	POL	M-40	12	M 43	00:20:45	00:43:59	00:45:40.80	00:45:52.00	4:21	13.8

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
45	KARCHNIWY EWA	2200	NIGHT RUNNERS GLIWICE	SMOLNICA	POL	K-20	2	K 2	00:21:06	00:44:09	00:45:55.60	00:46:04.65	4:22	13.7
46	CZABAŃSKI RAFAŁ	2064	RUNHOGS TYCHY	GLIWICE	POL	M-40	13	M 44	00:22:12	00:44:13	00:45:44.55	00:46:10.05	4:21	13.8
47	CIUPEK ADRIAN	2062		RUDY	POL	M-20	14	M 45	00:21:46	00:44:27	00:46:05.45	00:46:10.80	4:23	13.7
48	GRUDZIŃSKI RADOSŁAW	2143		ZABRZE	POL	M-30	18	M 46	00:21:57	00:44:27	00:46:02.90	00:46:13.75	4:23	13.7
49	KOTRA JACEK	2228		SMOLNICA	POL	M-30	19	M 47	00:21:44	00:44:32	00:46:16.75	00:46:20.55	4:24	13.6
50	ZALESKI MACIEJ	2607		GLIWICE	POL	M-20	15	M 48	00:21:48	00:44:34	00:46:06.70	00:46:21.80	4:23	13.7
51	ŁANGE BEATA	2637	BP RUNNING TEAM	GLIWICE	POL	K-40	2	K 3	00:22:45	00:44:37	00:46:11.05	00:46:23.05	4:23	13.6
52	HAŁKA OLIWIA	2636	BP RUNNING TEAM	GLIWICE	POL	K-20	3	K 4	00:22:47	00:44:38	00:46:11.15	00:46:23.10	4:24	13.6
53	LEBIECKA KAROLINA	2270		KATOWICE	POL	K-20	1	K 5	00:21:51	00:44:09	00:45:45.25	00:46:35.60	4:21	13.8
54	ALKER ZBIGNIEW	2000	ALKER TEAM	GLIWICE	POL	M-50	2	M 49	00:22:18	00:44:54	00:46:38.55	00:46:55.00	4:26	13.5
55	SKOLUDEK ROBERT	2464	KOLEGIUM SĘDZIÓW ZABRZE	PRZECZLEBIE	POL	M-20	17	M 50		00:45:35	00:47:05.30	00:47:05.30	4:29	13.4
56	MICHAŁUSZEK SEBASTIAN	2317	BIEG - UNKA	GLIWICE	POL	M-40	15	M 51	00:22:25	00:45:19	00:47:02.50	00:47:07.35	4:28	13.4
57	SOBOLEWSKI MACIEJ	2664		ZABRZE	POL	M-40	14	M 52	00:22:14	00:45:20	00:46:58.80	00:47:08.65	4:28	13.4
58	WOJAKOWSKI KRZYSZTOF	2585	K&K RUN	GLIWICE	POL	M-40	16	M 53	00:21:22	00:45:40	00:47:24.00	00:47:27.95	4:30	13.3
59	DYRCZ ANNA	2095		KNURÓW	POL	K-40	3	K 6	00:22:37	00:45:26	00:47:13.80	00:47:29.70	4:29	13.3
60	OCZKO DOMINIK	2353		KATOWICE	POL	M-40	17	M 54	00:22:41	00:45:47	00:47:28.35	00:47:33.45	4:31	13.3
61	NIEPOŃ MICHAŁ	2339	FLUOR	GLIWICE	POL	M-30	20	M 55		00:45:11	00:46:46.95	00:47:38.90	4:27	13.5
62	TOWAREK MICHAŁ	3139	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	18	M 56	00:21:53	00:45:38	00:47:31.55	00:47:41.60	4:31	13.3
63	MACIĄZEK MAREK	2667	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M-50	4	M 57	00:22:54	00:45:55	00:47:40.55	00:47:47.40	4:32	13.2
64	GÓRALEWSKI RAFAŁ	2133		GLIWICE	POL	M-20	19	M 58	00:21:52	00:46:07	00:47:46.10	00:47:49.90	4:32	13.2
65	GANSZCZYK RAFAŁ	2116	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	18	M 59	00:22:44	00:45:54	00:47:41.70	00:47:51.25	4:32	13.2
66	SZCZOTKA ANDRZEJ	2516		KATOWICE	POL	M-50	3	M 60	00:22:34	00:45:39	00:47:24.20	00:47:53.20	4:30	13.3
67	JACHYM ARKADIUSZ	2165	SILESIA SOCIOS	GLIWICE	POL	M-40	19	M 61	00:21:39	00:44:53	00:48:01.25	00:48:06.70	4:34	13.1
68	KURZELA KUBA	2263	GIBKIE SZŁAPY	ŚWIĘTOCHŁOWICE	POL	M-30	22	M 62	00:22:05	00:45:56	00:48:05.40	00:48:15.50	4:34	13.1
69	CITUK RAJMUND	2061	BIEGAMNACZTERECHŁAPACH	GLIWICE	POL	M-20	20	M 63	00:23:39	00:46:20	00:48:02.50	00:48:22.55	4:34	13.1
70	BARTNIK NIKODEM	2010		BYTOM	POL	M-20	16	M 64	00:23:04	00:45:26	00:47:02.00	00:48:38.75	4:28	13.4
71	WITEK GRZEGORZ	2580	DAR-BUD TEAM	RACIBÓRZ	POL	M-30	23	M 65	00:23:21	00:46:29	00:48:11.80	00:48:41.40	4:35	13.1
72	DREWUSZEWSKI MACIEJ	2083	4M	PŁAWNIOWICE	POL	M-40	21	M 66	00:22:27	00:46:39	00:48:36.65	00:48:45.30	4:37	13
73	SZYMAŃSKI PIOTR	2534		BYTOM	POL	M-40	22	M 67	00:22:41	00:46:51	00:48:37.35	00:48:46.70	4:37	13
74	ROJCZYK KRZYSZTOF	2432	DRIV	RYBNIK	POL	M-30	21	M 68		00:45:57	00:47:40.35	00:48:48.65	4:32	13.2
75	PROKOPIUK KRZYSZTOF	2416		ORNONTOWICE	POL	M-20	22	M 69	00:23:36	00:46:49	00:48:28.50	00:48:51.15	4:37	13
76	KURCZYK KAMIL	2260		GLIWICE	POL	M-20	21	M 70	00:23:23	00:46:20	00:48:05.50	00:48:51.80	4:34	13.1
77	JASIK GRZEGORZ	2175	SRTG GLIWICE	GLIWICE	POL	M-40	20	M 71	00:23:20	00:46:50	00:48:35.60	00:48:53.40	4:37	13
78	TOMASZEWSKA JOANNA	2548		JELCZ-LASKOWICE	POL	K-30	1	K 7	00:21:52	00:46:53	00:48:51.05	00:48:57.70	4:39	12.9
79	STALMACH DAMIAN	2490	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	23	M 72	00:23:09	00:46:52	00:48:45.85	00:49:02.50	4:38	12.9
80	MIELNIK KRZYSIEK	2323		GLIWICE	POL	M-30	24	M 73	00:23:26	00:46:56	00:48:41.15	00:49:07.25	4:38	12.9
81	FOLTYN PAWEŁ	2103	FOLKI	GLIWICE	POL	M-30	25	M 74	00:23:19	00:47:23	00:49:09.55	00:49:23.75	4:40	12.8
82	PACANA PATRYK	2374	DRUŻYNA ŚWIĘTEGO MARCINA	TARNOWSKIE GÓRY	POL	M-20	23	M 75	00:22:46	00:47:19	00:49:16.25	00:49:27.45	4:41	12.8
83	MIERA WIKTORIA	2681	#SZYMITEAM	RUDA KOZIĘLSKA	POL	K-20	4	K 8	00:22:47	00:47:33	00:49:27.25	00:49:29.80	4:42	12.7
84	KUMOR DAGMARA	2258	RUNNERS TEAM KALKA	WARSZAWA	POL	K-30	2	K 9	00:23:25	00:47:30	00:49:22.30	00:49:31.35	4:42	12.8
85	WOJAKOWSKA KATARZYNA	2584	K&K RUN	ZABRZE	POL	K-40	4	K 10	00:23:19	00:47:46	00:49:34.35	00:49:37.80	4:43	12.7
86	NOWAKOWSKI ZENON	2350		ZABRZE	POL	M-60	1	M 76	00:23:40	00:47:26	00:49:11.35	00:49:48.05	4:41	12.8
87	SZEREMETA MACIEJ	2519		ZABRZE	POL	M-40	24	M 77	00:23:44	00:47:11	00:48:51.50	00:49:50.30	4:39	12.9
88	ULFIK BARTŁOMIEJ	2555		GLIWICE	POL	M-40	26	M 78	00:22:49	00:47:56	00:49:47.35	00:49:54.15	4:44	12.7
89	KRZYMIŃSKA PATRYCJA	2251	MIRAZ RACE TEAM	GLIWICE	POL	K-30	3	K 11	00:23:35	00:47:40	00:49:27.35	00:49:54.55	4:42	12.7
90	BIAŁAS ANDRZEJ	2691		BYTOM	POL	M-40	28	M 79	00:22:45	00:48:01	00:49:53.25	00:49:58.90	4:45	12.6
91	LEMPART TOMASZ	2272		GLIWICE	POL	M-40	27	M 80	00:22:24	00:47:49	00:49:50.75	00:50:01.90	4:44	12.6
92	JAKUBCZYK KRZYSZTOF	2168		BYTOM	POL	M-30	26	M 81	00:23:29	00:47:42	00:49:37.00	00:50:09.95	4:43	12.7
93	HEROK PIOTR	2157		RYBNIK	POL	M-30	29	M 82	00:22:49	00:48:06	00:49:58.95	00:50:10.05	4:45	12.6
94	OLEJNICZAK TOMASZ	2635		BYTOM	POL	M-40	25	M 83	00:24:10	00:47:35	00:49:29.10	00:50:14.20	4:42	12.7
95	ŚMIERCIAK PAWEŁ	2539	DOLINA SPORTOWA	CZESTOCHOWA	POL	M-30	27	M 84	00:23:57	00:47:53	00:49:38.60	00:50:14.85	4:43	12.7
96	HODOR ROBERT	2159		BYTOM	POL	M-40	29	M 85	00:23:41	00:48:07	00:49:53.80	00:50:21.70	4:45	12.6
97	LUKASZCZYK MAREK	2288		RUDA ŚLĄSKA	POL	M-20	24	M 86	00:24:36	00:47:24	00:49:29.05	00:50:23.10	4:42	12.7
98	TIAHNYBOK PAWEŁ	2545	DECATHLON&PRZYJACIELE	KALETY	POL	M-40	32	M 87	00:23:13	00:48:12	00:50:10.70	00:50:25.45	4:46	12.6
99	TURAK RAFAŁ	2554		KATOWICE	POL	M-40	30	M 88	00:23:29	00:48:04	00:49:55.35	00:50:26.70	4:45	12.6
100	WOCHNIK DAWID	2583	CF ZABRZE	GLIWICE	POL	M-30	28	M 89	00:24:27	00:47:55	00:49:43.95	00:50:28.20	4:44	12.7
101	SIKORA KAROLINA	2458		PIEKARY ŚLĄSKIE	POL	K-40	6	K 12	00:23:18	00:48:17	00:50:30.15	00:50:32.20	4:48	12.5

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
102	POGODA KINGA	3137	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	5	K 13	00:22:59	00:48:31	00:50:26.00	00:50:38.00	4:48	12.5
103	WILMA KRZYSZTOF	2575		GLIWICE	POL	M-40	34	M 90	00:23:40	00:48:24	00:50:15.25	00:50:38.80	4:47	12.5
104	JÓZEFOWICZ PIOTR	2183		DZIAŁDOWO	POL	M-40	33	M 91	00:23:17	00:48:21	00:50:14.75	00:50:45.10	4:47	12.5
105	STANISZEWSKI JANUSZ	2492		BYTOM	POL	M-50	5	M 92	00:23:47	00:48:32	00:50:19.70	00:50:48.70	4:47	12.5
106	OGONOWSKI DARIUSZ	2356		SOSNOWIEC	POL	M-30	31	M 93	00:23:55	00:48:33	00:50:26.15	00:50:49.45	4:48	12.5
107	DREWUSZEWSKA EWA	2082		PLAWNIOWICE	POL	K-40	5	K 14	00:24:01	00:48:44	00:50:26.90	00:50:50.55	4:48	12.5
108	BIAŁAS ROBERT	2641		ZABRZE	POL	M-40	31	M 94	00:24:01	00:48:06	00:49:56.60	00:50:53.30	4:45	12.6
109	GĘBCZYŃSKI PAWEŁ	2120		GLIWICE	POL	M-40	35	M 95	00:23:47	00:48:25	00:50:16.20	00:50:54.80	4:47	12.5
110	SOCZAWA WOJCIECH	2484		ZABRZE	POL	M-40	36	M 96	00:24:10	00:48:30	00:50:19.45	00:50:55.25	4:47	12.5
111	KOWALSKI MARCIN	2235		DĄBROWA GÓRNICZA	POL	M-20	25	M 97	00:23:51	00:48:21	00:50:09.90	00:51:12.05	4:46	12.6
112	GODLEWSKI ŁUKASZ	2126	HIRSCHVOGEL	GLIWICE	POL	M-20	27	M 98	00:24:13	00:49:02	00:50:43.30	00:51:14.90	4:49	12.4
113	ŚWIĘTEK MARCIN	2542		RUDA ŚLĄSKA	POL	M-30	30	M 99	00:24:24	00:48:13	00:50:01.45	00:51:16.50	4:45	12.6
114	WATOŁA MAREK	2566	M&M	PYSKOWICE	POL	M-40	38	M 100	00:23:01	00:49:43	00:51:17.00	00:51:24.35	4:53	12.3
115	PAWLINA PIOTR	2387		GLIWICE	POL	M-40	39	M 101	00:25:31	00:49:42	00:51:24.55	00:51:24.55	4:53	12.3
116	MARCZYK DAREK	2311	FLUOR	BYTOM	POL	M-30	34	M 102	00:23:38	00:49:06	00:50:58.45	00:51:30.05	4:51	12.4
117	KRZANOWSKI MARCIN	2249	OASIS TEAM SPORT	ZABRZE	POL	M-30	32	M 103	00:24:16	00:48:53	00:50:40.35	00:51:30.40	4:49	12.4
118	STAROSTA ROBERT	2495		RUDA ŚLĄSKA	POL	M-30	33	M 104	00:24:03	00:48:58	00:50:54.65	00:51:31.10	4:50	12.4
119	ZWOLSKI DYMITER	2628		KNURÓW	POL	M-30	35	M 105	00:24:21	00:49:13	00:51:05.80	00:51:31.80	4:51	12.3
120	GRZEBNIEWSKA JUDYTA	2147		TYCHY	POL	K-30	4	K 15	00:24:26	00:48:58	00:50:49.25	00:51:32.75	4:50	12.4
121	PAROL TOMASZ	2381	PROPOINT	GLIWICE	POL	M-30	36	M 106	00:23:59	00:49:20	00:51:09.90	00:51:39.20	4:52	12.3
122	SZWARCZYŃSKI MICHAŁ	2530		GLIWICE	POL	M-30	43	M 107	00:23:04	00:49:49	00:51:44.15	00:51:51.20	4:55	12.2
123	KŁODA DOROTA	2212		JANKOWICE	POL	K-20	6	K 16	00:22:58	00:49:55	00:51:48.85	00:51:52.30	4:56	12.2
124	KWIATKOWSKI MARCIN	2266		GLIWICE	POL	M-30	39	M 108	00:23:30	00:49:27	00:51:23.05	00:51:55.50	4:53	12.3
125	OCHOJSKI ŁUKASZ	2352		MIKOŁÓW	POL	M-20	26	M 109	00:24:17	00:48:26	00:50:17.60	00:51:55.80	4:47	12.5
126	RUDZIŃSKI JACEK	2440		GLIWICE	POL	M-30	38	M 110	00:25:30	00:49:30	00:51:15.40	00:51:58.20	4:52	12.3
127	RUDZIŃSKI KAMIL	2439		GLIWICE	POL	M-30	37	M 111	00:25:28	00:49:27	00:51:14.10	00:51:58.40	4:52	12.3
128	BORCZ TOMASZ	2028		DĄBROWA GÓRNICZA	POL	M-40	43	M 112	00:23:18	00:49:55	00:51:55.95	00:52:01.60	4:56	12.1
129	GOŹDZIŃSKA MAGDALENA	2130		GLIWICE	POL	K-40	7	K 17	00:24:56	00:49:46	00:51:40.65	00:52:01.90	4:55	12.2
130	PORĘBSKI GRZEŚ	2410		GLIWICE	POL	M-20	30	M 113	00:24:44	00:50:14	00:51:56.80	00:52:06.65	4:56	12.1
131	MACH MARCIN	2297		GLIWICE	POL	M-40	44	M 114	00:24:04	00:50:01	00:51:58.70	00:52:10.95	4:56	12.1
132	KRZYK JAROSŁAW	2250		TYCHY	POL	M-40	41	M 115	00:24:46	00:49:54	00:51:49.15	00:52:12.80	4:56	12.2
133	ŻYWKO KRZYSZTOF	2634		PULAWY	POL	M-20	29	M 116	00:24:22	00:49:48	00:51:48.40	00:52:15.95	4:56	12.2
134	MACIEJEWSKI PAWEŁ	2299		ZABRZE	POL	M-20	28	M 117	00:24:25	00:48:57	00:50:56.20	00:52:19.80	4:51	12.4
135	PILSZYK KAZIMIERZ	2398	SENIORZY	GROJEC	POL	M-60	2	M 118	00:24:39	00:49:29	00:51:21.85	00:52:20.90	4:53	12.3
136	WIETRZYCKI MARIUSZ	2572	MOMO TEAM	GLIWICE	POL	M-30	48	M 119	00:24:05	00:50:15	00:52:16.85	00:52:20.90	4:58	12.1
137	WIETRZYCKI ZENON	2573	MOMO TEAM	GLIWICE	POL	M-60	3	M 120	00:24:16	00:50:15	00:52:16.70	00:52:21.10	4:58	12
138	ZYCHLA GRZEGORZ	2655	SU07	BYTOM	POL	M-30	42	M 121	00:25:41	00:49:59	00:51:43.10	00:52:25.45	4:55	12.2
139	PACAN TOMASZ	2373		BYTOM	POL	M-40	42	M 122	00:24:04	00:49:57	00:51:51.95	00:52:26.30	4:56	12.1
140	KARBOWNIK JOANNA	2665		GLIWICE	POL	K-30	5	K 18	00:24:34	00:50:09	00:52:06.55	00:52:29.35	4:57	12.1
141	LEDWIG IWONA	2271	MAMAX2	GLIWICE	POL	K-30	6	K 19	00:24:08	00:50:20	00:52:23.40	00:52:31.75	4:59	12
142	ROMIK ARTUR	2435		GLIWICE	POL	M-40	37	M 123	00:24:13	00:49:04	00:50:56.95	00:52:39.70	4:51	12.4
143	WARDAK PIOTR	2565		GLIWICE	POL	M-30	47	M 124	00:24:15	00:50:21	00:52:12.25	00:52:39.85	4:58	12.1
144	ZAJĄC MATEUSZ	2604		GLIWICE	POL	M-30	41	M 125	00:25:24	00:50:00	00:51:39.55	00:52:49.35	4:55	12.2
145	FOREMSKI GRZEGORZ	2106	KABANOS RUNNING CREW	BYTOM	POL	M-30	40	M 126	00:24:47	00:49:44	00:51:27.35	00:52:51.90	4:54	12.2
146	NOWAK ŁUKASZ	2347	AVANTOR PERFORMANCE MATERIALS POLAND	RYBNIK	POL	M-30	45	M 127	00:24:52	00:50:06	00:52:00.25	00:52:54.50	4:57	12.1
147	LASIUK PAWEŁ	2268	HIRSCHVOGEL	GLIWICE	POL	M-30	50	M 128	00:25:11	00:50:42	00:52:26.25	00:52:56.80	4:59	12
148	LEWANDERSKI DARIUSZ	2277	HIRSCHVOGEL	BYTOM	POL	M-30	49	M 129	00:25:10	00:50:42	00:52:25.70	00:52:56.90	4:59	12
149	TOKAJ DOMINIK	2546		GLIWICE	POL	M-20	31	M 130	00:24:58	00:50:21	00:52:18.90	00:53:02.05	4:58	12
150	SŁODKIEWICZ GRZEGORZ	2475		GLIWICE	POL	M-40	48	M 131	00:24:34	00:50:46	00:52:49.10	00:53:02.35	5:01	11.9
151	STRZELECKI DANIEL	2503		MIKOŁÓW	POL	M-40	40	M 132	00:24:39	00:49:39	00:51:37.45	00:53:02.50	4:54	12.2
152	JANOSZ SŁAWOMIR	2170	BIURO INŻYNIERSKIE IEC	SZAŁSZA	POL	M-30	53	M 133	00:23:49	00:51:00	00:52:44.25	00:53:08.20	5:01	11.9
153	PIECHOWIAK WOJCIECH	2392		GLIWICE	POL	M-30	52	M 134	00:24:13	00:50:44	00:52:43.70	00:53:09.80	5:01	12
154	PEPEL KATARZYNA	2390	LUXTORPEDA CZERWIONKA	CZERWIONKA-LESZCZYNY	POL	K-30	7	K 20	00:25:02	00:50:32	00:52:24.45	00:53:11.60	4:59	12
155	SZOŁTYSIK ŁUKASZ	2649		GLIWICE	POL	M-30	44	M 135	00:25:11	00:49:57	00:51:54.05	00:53:12.60	4:56	12.1
156	SŁOWIŃSKI JACEK	2478		RYBNIK	POL	M-30	46	M 136	00:25:58	00:50:19	00:52:01.50	00:53:16.25	4:57	12.1
157	ZIOMEK KATARZYNA	2625		BYTOM	POL	K-40	10	K 21	00:24:33	00:51:07	00:53:03.10	00:53:20.95	5:03	11.9

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
158	WÓJCIK ANNA	2595		GLIWICE	POL	K-40	8	K 22	00:25:03	00:50:57	00:52:48.95	00:53:21.10	5:01	11.9
159	DREWNIAK ŁUKASZ	2674		GLIWICE	POL	M-30	54	M 137	00:25:40	00:51:05	00:52:44.35	00:53:27.55	5:01	11.9
160	SEMLA TOMASZ	2454		GLIWICE	POL	M-30	57	M 138	00:24:33	00:50:54	00:52:52.20	00:53:28.10	5:02	11.9
161	WOCH SZYMON	2582	STUDIO ENERGIA TEAM RYBNIK	RYBNIK	POL	M-30	59	M 139	00:25:21	00:51:16	00:53:11.25	00:53:29.90	5:03	11.8
162	EICHHOF JOANNA	2097		GLIWICE	POL	K-40	9	K 23	00:25:17	00:50:57	00:52:54.00	00:53:30.75	5:02	11.9
163	CHEGE DANSON	2048	DECATHLON CAR GLIWICE	GLIWICE	POL	M-30	60	M 140	00:23:51	00:51:35	00:53:15.85	00:53:31.35	5:04	11.8
164	MICHULEC JAKUB	2656	EKO-OKNA RUNNERS	BYTOM	POL	M-30	55	M 141	00:25:41	00:51:07	00:52:48.55	00:53:31.40	5:01	11.9
165	KULA JAN	2256	DECATHLON I PRZYJACIELE	GLIWICE	POL	M-30	61	M 142	00:26:04	00:51:36	00:53:17.80	00:53:31.65	5:04	11.8
166	PIWOWARCZYK AGNIESZKA	2403		ZABRZE	POL	K-30	8	K 24	00:25:24	00:51:10	00:53:04.30	00:53:33.30	5:03	11.9
167	PIOTROWSKI KAJETAN	2401	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	32	M 143	00:25:29	00:50:50	00:52:22.25	00:53:35.75	4:59	12
168	SZULC SEBASTIAN	2527	EXLABS	GLIWICE	POL	M-30	58	M 144	00:23:46	00:50:48	00:52:59.70	00:53:40.95	5:02	11.9
169	ORACZ ARKADIUSZ	2366	PROPOINT	RUDA ŚLĄSKA	POL	M-20	33	M 145	00:25:20	00:50:43	00:52:28.85	00:53:42.65	4:59	12
170	UNIEJEWSKI TOMASZ	2556		KATOWICE	POL	M-40	52	M 146	00:25:09	00:51:00	00:53:03.90	00:53:52.00	5:03	11.9
171	WOJTAS MARCIN	2586	ISTA BIEGAMY	GLIWICE	POL	M-30	56	M 147	00:26:20	00:51:10	00:52:51.00	00:53:55.20	5:02	11.9
172	PIONTEK PIOTR	2399	MEGAWAT RUNNING TEAM	KNURÓW	POL	M-40	47	M 148	00:25:31	00:50:52	00:52:39.85	00:53:58.85	5:00	12
173	BLADYN DAWID	2024	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	34	M 149	00:25:29	00:50:57	00:52:45.90	00:53:59.45	5:01	11.9
174	WIŚNIEWSKI TOMASZ	2577		GLIWICE	POL	M-30	62	M 150	00:25:33	00:51:18	00:53:18.45	00:54:07.10	5:04	11.8
175	IGNACZAK ROBERT	2650		GLIWICE	POL	M-40	49	M 151	00:25:20	00:50:56	00:52:49.60	00:54:07.70	5:01	11.9
176	LASKOWSKI SEBASTIAN	3129	KATA GUROMA	GLIWICE	POL	M-40	45	M 152	00:25:27	00:50:21	00:52:15.25	00:54:08.35	4:58	12.1
177	FABER JACEK	2638		GLIWICE	POL	M-30	63	M 153	00:24:53	00:51:36	00:53:39.65	00:54:09.30	5:06	11.7
178	DWORNICZAK SZYMON	2093	CHAHARY ZE STAREGO	CHORZÓW	POL	M-40	46	M 154	00:26:52	00:50:56	00:52:39.65	00:54:11.80	5:00	12
179	STROJEK PIOTR	2499		BYTOM	POL	M-40	51	M 155	00:25:21	00:51:06	00:53:01.45	00:54:12.60	5:02	11.9
180	MUSIOŁ KRZYSZTOF	2333	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	NIEBOROWICE	POL	M-40	54	M 156	00:24:58	00:51:54	00:53:58.50	00:54:16.20	5:08	11.7
181	OGONOWSKI EDWARD	2355	ŻÓŁWIK OPOLE	OPOLE	POL	M-60	4	M 157	00:25:49	00:51:28	00:53:23.30	00:54:19.15	5:05	11.8
182	SZMIGIEL DANIEL	2520		GLIWICE	POL	M-30	66	M 158	00:25:21	00:51:55	00:53:50.45	00:54:22.80	5:07	11.7
183	SZCZOTKA ILONA	2515		KATOWICE	POL	K-50	1	K 25	00:25:21	00:51:56	00:53:56.25	00:54:25.30	5:08	11.7
184	GOŹDZIŃSKI WOJCIECH	2131		GLIWICE	POL	M-40	57	M 159	00:24:38	00:52:10	00:54:12.55	00:54:33.20	5:09	11.6
185	HEINE ANDRZEJ	2156	PKO BANK POLSKI	RYBNIK	POL	M-30	51	M 160	00:24:49	00:50:42	00:52:36.00	00:54:34.45	5:00	12
186	LISIECKI DAWID	2283	KNURÓW-SIMTECH	KNURÓW	POL	M-30	64	M 161	00:26:04	00:52:01	00:53:41.55	00:54:34.65	5:06	11.7
187	BANIAK PRZEMYSŁAW	2006		ZAWIERCIE	POL	M-40	55	M 162	00:25:38	00:52:07	00:54:08.15	00:54:38.00	5:09	11.6
188	TOMCZAK RAFAŁ	2550	ZABIEGANI NAUCZYCIELE	MIKOŁÓW	POL	M-40	56	M 163	00:25:39	00:52:14	00:54:09.95	00:54:38.60	5:09	11.6
189	JAŚKIEWICZ ŚLAWOMIR	2179		MYŚŁOWICE	POL	M-30	65	M 164	00:24:59	00:51:41	00:53:47.20	00:54:41.05	5:07	11.7
190	STAWARCZYK KRYSZTOF	2646	OPEL ACTIVE TEAM	RYBNIK	POL	M-40	50	M 165	00:26:27	00:51:06	00:52:55.60	00:54:43.00	5:02	11.9
191	WIŚNIEWSKA BEATA	2576		GLIWICE	POL	K-20	8	K 26	00:25:53	00:52:05	00:53:54.30	00:54:43.50	5:08	11.7
192	SOSADA NICOL	2486	ISTA BIEGAMY	ZBROSŁAWICE	POL	K-20	7	K 27	00:25:53	00:51:45	00:53:41.85	00:54:44.40	5:06	11.7
193	DOBOSZ MARIUSZ	2075	GO-LEASING	GLIWICE	POL	M-30	69	M 166	00:25:57	00:52:28	00:54:16.15	00:54:45.95	5:10	11.6
194	ŻAAK MICHAŁ	2629		ZABRZE	POL	M-30	67	M 167	00:25:57	00:52:02	00:53:52.55	00:54:46.85	5:07	11.7
195	CZAŚTKIEWICZ MARCIN	2069		GLIWICE	POL	M-30	74	M 168	00:25:17	00:52:32	00:54:27.20	00:54:53.30	5:11	11.6
196	OGAZA MARIUSZ	2354		KNURÓW	POL	M-30	77	M 169	00:25:35	00:52:46	00:54:50.25	00:54:54.00	5:13	11.5
197	LYSKO AGNIESZKA	2291		DĄBROWA GÓRNICZA	POL	K-30	9	K 28	00:26:13	00:52:16	00:54:07.60	00:54:57.55	5:09	11.6
198	LISOŃ JULIA	2284	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ SPORT WSPIERA(MY) NAUKOWO	KNURÓW	POL	K-20	9	K 29	00:25:57	00:52:27	00:54:27.35	00:54:59.10	5:11	11.6
199	GOLIASZ BARTŁOMIEJ	2127		GLIWICE	POL	M-30	68	M 170	00:26:43	00:52:28	00:54:08.75	00:55:03.65	5:09	11.6
200	DRECHSLER OSKAR	2081		NAKŁO ŚLĄSKIE	POL	M-30	70	M 171	00:25:05	00:52:09	00:54:20.80	00:55:07.65	5:10	11.6
201	NIEMIEC ŚLAWOMIR	2337	INTERGRAFIK POLSKA	GLIWICE	POL	M-30	71	M 172	00:25:50	00:52:25	00:54:22.00	00:55:08.85	5:10	11.6
202	CYROŃ MARCIN	2686		GLIWICE	POL	M-30	76	M 173	00:26:30	00:52:49	00:54:43.45	00:55:16.55	5:12	11.5
203	ZIELIŃSKI WOJCIECH	2619		GLIWICE	POL	M-20	36	M 174	00:23:43	00:52:02	00:54:06.60	00:55:18.35	5:09	11.6
204	SANOCKI JACEK	2453	DRUŻYNA JASNEJ	ZABRZE	POL	M-40	53	M 175	00:26:00	00:52:07	00:53:51.65	00:55:19.40	5:07	11.7
205	PACAN KRZYSZTOF	2372		BYTOM	POL	M-40	58	M 176	00:25:22	00:52:36	00:54:36.30	00:55:20.70	5:12	11.5
206	MAZUR MARCIN	555		KNURÓW	POL	M-20	35	M 177	00:26:21	00:51:44	00:53:51.35	00:55:22.80	5:07	11.7
207	DYMEK DARIUSZ	2094		KNURÓW	POL	M-40	61	M 178	00:26:07	00:53:09	00:55:14.70	00:55:23.10	5:15	11.4
208	SZUMIATA PIOTR	2529		GLIWICE	POL	M-20	39	M 179	00:25:42	00:53:11	00:55:07.50	00:55:26.60	5:14	11.4
209	BALIŃSKA-SANOCKA ANETA	2003	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	11	K 30	00:26:57	00:52:08	00:54:01.70	00:55:27.85	5:08	11.7
210	CHAROWSKI MARCIN	2047		STARGARD	POL	M-30	73	M 180	00:26:40	00:52:35	00:54:26.80	00:55:29.05	5:11	11.6
211	ZAWIERUCHA ALEKSANDER	2611	MARO-TEAM JASTRZĘBIE-ŻORY	ŻORY	POL	M-50	7	M 181	00:26:29	00:53:04	00:54:54.60	00:55:29.05	5:13	11.5
212	SZCZERZEK ZBIGNIEW	2514		ZABRZE	POL	M-60	5	M 182	00:25:24	00:52:28	00:54:47.45	00:55:29.35	5:13	11.5

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
213	WÓJCIAK KATARZYNA	2592		SOŚNICOWICE	POL	K-40	12	K 31	00:26:45	00:52:52	00:54:53.75	00:55:31.20	5:13	11.5
214	DRZYMAŁSKI PRZEMYSŁAW	2088	PROPOINT	GLIWICE	POL	M-30	72	M 183	00:27:01	00:52:21	00:54:22.45	00:55:34.45	5:10	11.6
215	GRUDZIŃSKA MAGDALENA	2142		ZABRZE	POL	K-30	10	K 32	00:26:35	00:52:58	00:54:48.10	00:55:42.20	5:13	11.5
216	ISKRZAK IZABELA	2164		BYTOM	POL	K-30	12	K 33	00:26:08	00:53:02	00:55:12.00	00:55:43.55	5:15	11.4
217	DWORACZEK GRZEGORZ	2092	TRIDIVISION TRIATHLON TEAM	BYTOM	POL	M-40	60	M 184	00:26:24	00:52:56	00:54:56.75	00:55:46.30	5:14	11.5
218	POPLAWSKA-WAL AGATA	2409	ZF	GLIWICE	POL	K-30	11	K 34	00:26:44	00:53:03	00:54:55.80	00:55:49.25	5:13	11.5
219	KOWALCZYK GRZEGORZ	2230		GLIWICE	POL	M-40	64	M 185	00:25:19	00:53:32	00:55:37.10	00:55:53.20	5:17	11.3
220	SERWACH MATEUSZ	2455	FALUSSO BERGAMO	GLIWICE	POL	M-20	43	M 186	00:25:43	00:53:42	00:55:34.40	00:55:53.20	5:17	11.3
221	KOWALCZYK ROBERT	2229	ISTA BIEGAMY	PRZYSZOWICE	POL	M-50	6	M 187	00:25:54	00:52:51	00:54:51.40	00:55:53.85	5:13	11.5
222	KOZIOL RYSZARD	2240	SOSNICA	GLIWICE	POL	M-60	6	M 188	00:25:54	00:53:35	00:55:40.25	00:55:54.75	5:18	11.3
223	GARNCARZ JAKUB	2118		DĄBROWA GÓRNICZA	POL	M-30	78	M 189	00:26:32	00:53:11	00:55:09.20	00:55:55.65	5:15	11.4
224	KOKOT MARCEL	2218	DECATHLON CAR GLIWICE	GLIWICE	POL	M-20	37	M 190	00:25:59	00:52:12	00:54:28.15	00:55:58.20	5:11	11.6
225	PECHERCZYK PIOTR	2391		CZELADŹ	POL	M-50	8	M 191	00:25:52	00:52:59	00:55:03.85	00:55:59.65	5:14	11.4
226	TROSKO ADAM	2552		LIGOTA ŁABĘDZKA	POL	M-40	59	M 192	00:24:39	00:52:59	00:54:51.95	00:56:01.15	5:13	11.5
227	CHĘCIŃSKI TOMASZ	2050		GLIWICE	POL	M-40	63	M 193	00:25:44	00:53:34	00:55:31.80	00:56:05.20	5:17	11.3
228	ZAKRZOWSKI KRZYSZTOF	2606	DRIV	RUDA ŚLĄSKA	POL	M-20	44	M 194	00:25:54	00:53:39	00:55:34.50	00:56:08.20	5:17	11.3
229	CZEPIGA BOŻENA	2070		RUDA ŚLĄSKA	POL	K-40	13	K 35	00:25:54	00:53:55	00:55:59.20	00:56:09.60	5:19	11.3
230	MICHON MACIEJ	2319		GLIWICE	POL	M-20	40	M 195	00:26:52	00:53:14	00:55:14.75	00:56:21.55	5:15	11.4
231	OLEŚ MONIKA	2671		CHORZÓW	POL	K-30	13	K 36	00:27:13	00:53:10	00:55:16.10	00:56:22.30	5:15	11.4
232	URBANIAK DAWID	2558	AVANTOR PERFORMANCE MATERIALS POLAND	GLIWICE	POL	M-20	42	M 196	00:25:39	00:53:39	00:55:29.90	00:56:23.80	5:17	11.4
233	DĘBOWSKI KRZYSZTOF	2074		GLIWICE	POL	M-30	81	M 197	00:26:11	00:53:13	00:55:18.25	00:56:24.60	5:16	11.4
234	BEHERNOT JAN	2680		GLIWICE	POL	M-20	41	M 198	00:26:33	00:53:36	00:55:29.50	00:56:26.45	5:17	11.4
235	PIETRZAK WALDEMAR	2395	GOK PILCHOWICE	GIERAŁTOWICE	POL	M-30	75	M 199	00:26:16	00:52:39	00:54:41.00	00:56:28.70	5:12	11.5
236	SAMOL GRZEGORZ	2448	GLIWICE	GLIWICE	POL	M-50	9	M 200	00:26:07	00:53:50	00:55:51.20	00:56:29.20	5:19	11.3
237	MATULICZ DAMIAN	2313		GLIWICE	POL	M-40	69	M 201	00:25:25	00:53:59	00:56:09.85	00:56:30.00	5:20	11.2
238	OPALIŃSKI TOMASZ	2365	ZF TEAM	GLIWICE	POL	M-30	83	M 202	00:26:43	00:53:35	00:55:36.00	00:56:30.40	5:17	11.3
239	ROLEK MARCIN	2434		GLIWICE	POL	M-30	82	M 203	00:26:41	00:53:34	00:55:35.00	00:56:31.30	5:17	11.3
240	ŻEBROWSKI ŁUKASZ	2630	ZF TEAM	TARNOWSKIE GÓRY	POL	M-30	84	M 204	00:27:04	00:53:46	00:55:39.80	00:56:31.30	5:18	11.3
241	HOMA DOROTA	2161	NOGAMI DO PRZODU	GLIWICE	POL	K-30	14	K 37	00:26:27	00:53:26	00:55:30.40	00:56:37.75	5:17	11.4
242	SMOK WERONIKA	2479		GLIWICE	POL	K-20	10	K 38	00:26:37	00:53:43	00:56:00.05	00:56:37.90	5:20	11.3
243	OLEJNICZAK ALEKSANDRA	2360		KNURÓW	POL	K-20	12	K 39	00:26:14	00:54:17	00:56:16.60	00:56:45.95	5:21	11.2
244	DYTO MICHAŁ	2682		GLIWICE	POL	M-20	38	M 205	00:25:21	00:53:10	00:54:59.95	00:56:48.25	5:14	11.5
245	BAJURA GRZEGORZ	2002		KATOWICE	POL	M-30	79	M 206	00:27:06	00:53:21	00:55:16.55	00:56:56.90	5:15	11.4
246	PREJS KAROL	2413		KATOWICE	POL	M-30	80	M 207	00:27:07	00:53:21	00:55:17.15	00:56:57.00	5:16	11.4
247	SŁOWIŃSKI KAMIL	2477	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ	RYBNIK	POL	M-30	85	M 208	00:26:17	00:53:47	00:55:45.45	00:56:58.50	5:18	11.3
248	KOZŁOWSKI MARIUSZ	2243	KB ODRA OPOLE	OPOLE	POL	M-40	68	M 209	00:27:22	00:54:12	00:56:07.65	00:57:00.20	5:20	11.2
249	GRABCZEWSKI MARCIN	2139		GLIWICE	POL	M-30	87	M 210	00:26:42	00:54:00	00:56:03.50	00:57:07.05	5:20	11.2
250	JARON GRZEGORZ	2174		BYTOM	POL	M-40	66	M 211	00:26:52	00:53:59	00:55:56.55	00:57:07.85	5:19	11.3
251	MARCINIAK PAULINA	2309		GLIWICE	POL	K-30	16	K 40	00:26:34	00:53:48	00:55:53.30	00:57:08.20	5:19	11.3
252	SPYRA JACEK	2488	PROPOINT	PRZYSZOWICE	POL	M-20	46	M 212	00:27:03	00:54:02	00:55:59.00	00:57:08.20	5:19	11.3
253	HEINCE ŁUKASZ	2155	PROPOINT	RUDA ŚLĄSKA	POL	M-20	45	M 213	00:26:40	00:54:04	00:55:53.35	00:57:08.25	5:19	11.3
254	RUDZIŃSKI ŁUKASZ	2438		GLIWICE	POL	M-30	90	M 214	00:26:55	00:54:43	00:56:27.35	00:57:12.00	5:22	11.2
255	BEDNAREK JAKUB	2014		GLIWICE	POL	M-30	89	M 215	00:26:20	00:54:17	00:56:25.75	00:57:12.80	5:22	11.2
256	FIRSZT MARTA	2101		CHORZÓW	POL	K-20	13	K 41	00:26:38	00:54:52	00:56:58.80	00:57:14.30	5:25	11.1
257	URBAŃSKI MACIEJ	2561		CHORZÓW	POL	M-50	10	M 216	00:26:37	00:54:52	00:56:59.90	00:57:15.35	5:25	11.1
258	PAUL VIOLETTA	2382	BPRT	GLIWICE	POL	K-40	14	K 42	00:27:00	00:54:02	00:56:01.10	00:57:15.65	5:20	11.2
259	PAWLETA MICHAŁ	2383	BPRT	GLIWICE	POL	M-40	67	M 217	00:27:00	00:54:01	00:56:01.55	00:57:15.95	5:20	11.2
260	ZIEMBA GRZEGORZ	2620		ZABRZE	POL	M-40	62	M 218	00:26:59	00:53:31	00:55:25.75	00:57:19.80	5:16	11.4
261	SZCZERBAK-RUTA ALEKSANDRA	2513		GLIWICE	POL	K-30	15	K 43	00:27:00	00:53:46	00:55:49.70	00:57:23.85	5:18	11.3
262	SZYMAŃSKI PIOTR	2535		ZABRZE	POL	M-40	65	M 219	00:27:01	00:53:48	00:55:50.95	00:57:23.90	5:19	11.3
263	SALA KATARZYNA	2445		GLIWICE	POL	K-30	17	K 44	00:26:54	00:55:08	00:57:13.30	00:57:25.55	5:26	11.1
264	CHOLEWA GRZEGORZ	2054		PYSKOWICE	POL	M-40	73	M 220	00:26:54	00:55:09	00:57:13.00	00:57:25.70	5:26	11.1
265	WYCIŚLIK MARCIN	2598	HIRSCHVOGEL	GLIWICE	POL	M-30	93	M 221	00:26:26	00:54:44	00:56:54.10	00:57:27.10	5:25	11.1
266	PIETRZAK ŁUKASZ	2396	MECHTAL CITY	BYTOM	POL	M-30	91	M 222	00:26:34	00:54:44	00:56:39.05	00:57:27.45	5:23	11.1
267	PUCHALSKI RAFAŁ	2421	FLUOR	RUDA ŚLĄSKA	POL	M-30	86	M 223	00:27:22	00:54:09	00:55:58.30	00:57:28.60	5:19	11.3
268	SANOCA DOROTA	2452	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	15	K 45	00:26:59	00:54:03	00:56:03.00	00:57:29.25	5:20	11.2

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
269	MAGURNO FRANCO	2677		GLIWICE	POL	M-40	71	M 224	00:26:49	00:54:57	00:56:49.90	00:57:34.50	5:24	11.1
270	DOBROWOLSKA BASIA	2076		BYTOM	POL	K-20	11	K 46	00:27:00	00:54:10	00:56:06.80	00:57:40.35	5:20	11.2
271	STĘPAK PATRYCJA	2497		GLIWICE	POL	K-20	14	K 47	00:27:34	00:55:15	00:57:19.65	00:57:44.50	5:27	11
272	KOZA PAULINA	2236	KJ TRACHY GLIWICE	GLIWICE	POL	K-30	18	K 48	00:26:01	00:55:03	00:57:14.70	00:57:44.90	5:27	11
273	MOĆKO ARTUR	2330		PRZYSZOWICE	POL	M-30	88	M 225	00:27:44	00:54:19	00:56:15.75	00:57:47.00	5:21	11.2
274	BRYLIŃSKI RYSZARD	2038		ZABRZE	POL	M-60	8	M 226	00:27:00	00:55:44	00:57:46.65	00:57:57.85	5:30	10.9
275	WĄTROBA TOMASZ	2567		CHRUSZCZOBROD	POL	M-30	94	M 227	00:26:41	00:54:59	00:57:03.35	00:57:59.65	5:26	11
276	MAŃKA ADAM	2307		GLIWICE	POL	M-40	70	M 228	00:28:04	00:54:46	00:56:43.30	00:58:04.20	5:24	11.1
277	GAJ KAMILA	2112	NIGHT RUNNERS GLIWICE	KNURÓW	POL	K-50	2	K 49	00:27:00	00:55:38	00:57:48.35	00:58:06.70	5:30	10.9
278	SZASTOK KATARZYNA	2509		RADZIONKÓW	POL	K-40	16	K 50	00:28:08	00:55:14	00:57:11.25	00:58:09.05	5:26	11
279	HAŁAKUC JOANNA	2152		GLIWICE	POL	K-20	17	K 51	00:26:59	00:55:54	00:57:59.25	00:58:09.10	5:31	10.9
280	PSIUK PIOTR	2419		ZABRZE	POL	M-30	99	M 229	00:26:16	00:55:22	00:57:42.70	00:58:12.35	5:29	10.9
281	GĘBCZYŃSKI OLIWIER	2121		GLIWICE	POL	M-20	49	M 230	00:25:11	00:55:09	00:57:38.20	00:58:16.30	5:29	10.9
282	DUCH WERONIKA	2089	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K-20	16	K 52	00:28:47	00:56:06	00:57:57.30	00:58:18.75	5:31	10.9
283	KARBOWNIK MARCIN	2666		GLIWICE	POL	M-20	51	M 231	00:26:35	00:55:55	00:58:00.35	00:58:23.20	5:31	10.9
284	OKOŃ ZDZISŁAW	2358		KNURÓW	POL	M-60	7	M 232	00:28:37	00:55:44	00:57:45.95	00:58:27.00	5:30	10.9
285	BOSAKOWSKA ELA	2031		GLIWICE	POL	K-40	18	K 53	00:25:47	00:56:08	00:58:13.75	00:58:27.00	5:32	10.8
286	ZDANOWICZ MICHAŁ	2614		GLIWICE	POL	M-40	75	M 233	00:26:02	00:56:09	00:58:14.20	00:58:27.30	5:32	10.8
287	SOKOŁOWSKI ŁUKASZ	2485		GLIWICE	POL	M-30	97	M 234	00:27:28	00:55:25	00:57:22.75	00:58:27.35	5:27	11
288	SZOPIŃSKI GRZEGORZ	2523	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	47	M 235	00:28:14	00:55:30	00:57:11.40	00:58:28.05	5:26	11
289	HERUD TOMASZ	2663		GLIWICE	POL	M-30	92	M 236	00:27:49	00:54:55	00:56:44.30	00:58:28.85	5:24	11.1
290	KRÓLIK ARKADIUSZ	2246	MARO TEAM JASTRZĘBIE-ŻORY	JASTRZĘBIE-ZDRÓJ	POL	M-40	74	M 237	00:27:32	00:56:02	00:57:58.95	00:58:29.45	5:31	10.9
291	SAFERNA PRZEMEK	2443		GLIWICE	POL	M-30	101	M 238	00:28:12	00:56:10	00:58:04.30	00:58:29.90	5:31	10.8
292	ROSAK-SZYROCKA ASIA	2436	MIELEWCZYK RUNNING TEAM	CZESTOCHOWA	POL	K-40	17	K 54	00:27:34	00:56:10	00:58:04.65	00:58:31.70	5:31	10.8
293	JASTO MATEUSZ	2177		KNURÓW	POL	M-20	48	M 239	00:27:26	00:55:48	00:57:33.95	00:58:36.30	5:28	10.9
294	CZAŚTKIEWICZ ALICJA	2068	POWERGIRLS	GLIWICE	POL	K-30	19	K 55	00:27:32	00:55:33	00:57:30.35	00:58:40.50	5:28	11
295	WIECZOROWSKI KRZYSZTOF	2570	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	M-30	100	M 240	00:26:41	00:55:39	00:57:50.75	00:58:41.40	5:30	10.9
296	SUPERNAK MARCIN	2507		GLIWICE	POL	M-40	72	M 241	00:27:25	00:54:54	00:56:53.65	00:58:41.80	5:25	11.1
297	SŁABOŃ ROMA	2657		GLIWICE	POL	K-30	20	K 56	00:27:32	00:55:34	00:57:34.15	00:58:44.75	5:28	10.9
298	POWROŹNIK PAULINA	2412	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	KATOWICE	POL	K-20	18	K 57	00:26:50	00:55:53	00:58:02.00	00:58:46.30	5:31	10.9
299	ZŁOTEK KATARZYNA	2626	OPEL ACTIVE TEAM	KNURÓW	POL	K-30	24	K 58	00:27:07	00:56:27	00:58:34.75	00:58:54.10	5:34	10.8
300	KOZAK KAMILA	2683		GÓRA SIEWIERSKA	POL	K-20	15	K 59	00:28:02	00:55:35	00:57:38.85	00:59:00.35	5:29	10.9
301	BARCHANOWSKA JOANNA	2008		GLIWICE	POL	K-30	25	K 60	00:26:36	00:56:42	00:58:44.80	00:59:00.50	5:35	10.7
302	KUKLA BARTOSZ	3143	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	50	M 242	00:25:26	00:55:29	00:57:50.10	00:59:03.30	5:30	10.9
303	SZYMOS DAMIAN	2536	RYWAL GLIWICE	GLIWICE	POL	M-30	95	M 243	00:26:44	00:55:08	00:57:03.45	00:59:04.95	5:26	11
304	MARKER-DZIUBOSZ AGNIESZKA	2312		BYTOM	POL	K-40	19	K 61	00:27:16	00:56:14	00:58:25.25	00:59:05.75	5:33	10.8
305	SKURA ADAM	2470	FLUOR	KNURÓW	POL	M-30	98	M 244	00:27:53	00:55:33	00:57:25.45	00:59:05.90	5:28	11
306	MAJEWSKA AGATA	2303		CHORZÓW	POL	K-20	19	K 62	00:28:33	00:56:38	00:58:45.35	00:59:08.00	5:35	10.7
307	MUSIAŁ PIOTR	2332		ZABRZE	POL	M-20	53	M 245	00:28:33	00:56:25	00:58:21.85	00:59:09.50	5:33	10.8
308	KUKUCZKA EWA	2254		GLIWICE	POL	K-30	22	K 63	00:27:13	00:55:54	00:58:04.30	00:59:09.60	5:31	10.8
309	SKULSKI TOMASZ	2469	LILA LOGISTIK	GLIWICE	POL	M-40	77	M 246	00:26:53	00:56:23	00:58:33.30	00:59:11.25	5:34	10.8
310	STUDZIŃSKI GRZEGORZ	2505	ZABRZE CITY M&A	ZABRZE	POL	M-30	96	M 247	00:27:45	00:55:19	00:57:18.65	00:59:12.40	5:27	11
311	BAŃKA JAKUB	2007		GLIWICE	POL	M-30	104	M 248	00:27:10	00:56:23	00:58:32.05	00:59:12.60	5:34	10.8
312	ZACZYŃSKA DAGMARA	2603		BYTOM	POL	K-30	21	K 64	00:28:23	00:56:11	00:58:02.05	00:59:15.05	5:31	10.9
313	OKOŃ MONIKA	2357		KNURÓW	POL	K-40	21	K 65	00:28:38	00:56:32	00:58:40.10	00:59:20.85	5:35	10.7
314	GORELL BOGUMIŁA	2128		PONISZOWICE	POL	K-30	23	K 66	00:27:50	00:56:25	00:58:24.80	00:59:33.95	5:33	10.8
315	KUMOR MARCIN	2259		GLIWICE	POL	M-30	107	M 249	00:26:46	00:57:00	00:59:01.95	00:59:35.10	5:37	10.7
316	KOZŁOWSKI PRZEMYSŁAW	2242	ZACHODNIE GEPARDY	KRAKÓW	POL	M-30	105	M 250	00:26:40	00:56:40	00:58:51.65	00:59:37.15	5:36	10.7
317	OSTROWSKI ZIEMOWIT	2371	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	SMOLNICA	POL	M-40	76	M 251	00:28:08	00:56:19	00:58:19.25	00:59:41.40	5:33	10.8
318	JAROŃ KATARZYNA	2173		BYTOM	POL	K-40	20	K 67	00:27:30	00:56:33	00:58:31.80	00:59:42.95	5:34	10.8
319	TREFON-RADZIEJEWSKA DOMINIKA	2551		RYBNIK	POL	K-30	26	K 68	00:28:45	00:57:01	00:58:59.25	00:59:43.00	5:37	10.7
320	SZWIEC SANDRA	2531	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-30	27	K 69	00:28:10	00:56:54	00:59:05.75	00:59:45.05	5:37	10.7
321	CHOJKOWSKI MICHAŁ	2051		MYŚLOWICE	POL	M-40	78	M 252	00:27:33	00:56:40	00:58:49.75	00:59:47.00	5:36	10.7
322	SZOZDA EWA	2524		SIEDLEC DUŻY	POL	K-30	28	K 70	00:27:10	00:56:53	00:59:07.15	00:59:47.40	5:37	10.7
323	WOJTASIK ADRIAN	2587		GLIWICE	POL	M-20	54	M 253	00:28:06	00:56:31	00:58:32.05	00:59:52.00	5:34	10.8

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
324	KANIA KRYSZYNA	2197		BIELSKO_BIALA	POL	K-60	1	K 71	00:27:50	00:55:57	00:57:57.85	00:59:59.65	5:31	10.9
325	POLEWKA BEATA	3138	UKS KOMETA GLIWICE	GLIWICE	POL	K-40	23	K 72	00:28:10	00:57:18	00:59:23.20	01:00:02.70	5:39	10.6
326	SIODŁAK-BLACHNIO JUSTYNA	2461		GLIWICE	POL	K-40	24	K 73	00:27:33	00:57:26	00:59:33.40	01:00:02.70	5:40	10.6
327	JANOSZKA PIOTR	2172	BANDA Z POŁUDNIA	ZABRZE	POL	M-30	103	M 254	00:28:35	00:56:16	00:58:21.80	01:00:05.90	5:33	10.8
328	KAZIMIERSKI MARTIN	2675	BANDA Z POŁUDNIA	ZABRZE	POL	M-20	52	M 255	00:28:36	00:56:16	00:58:21.40	01:00:06.15	5:33	10.8
329	OLSZEWSKI ŁUKASZ	2361	FLUOR	ZABRZE	POL	M-30	106	M 256	00:28:05	00:56:53	00:58:55.45	01:00:09.75	5:36	10.7
330	KURZYK ELŻBIETA	2264		GLIWICE	POL	K-30	37	K 74	00:29:06	00:57:51	00:59:57.40	01:00:12.40	5:42	10.5
331	KACZMARSKI JACEK	2189		BYTOM	POL	M-30	108	M 257	00:27:58	00:57:02	00:59:02.30	01:00:15.35	5:37	10.7
332	MARYNIAK WOJCIECH	2676		GLIWICE	POL	M-30	102	M 258	00:28:51	00:56:23	00:58:20.15	01:00:17.10	5:33	10.8
333	LEŚNIEWSKI MATEUSZ	2276		KOTULIN	POL	M-30	114	M 259	00:28:30	00:57:33	00:59:36.75	01:00:17.70	5:40	10.6
334	KOWALCZYK KAMILA	2232		GLIWICE	POL	K-30	33	K 75	00:28:30	00:57:35	00:59:37.90	01:00:18.35	5:40	10.6
335	KLONEK-FRYŚ SYLWIA	2211		GLIWICE	POL	K-30	31	K 76	00:27:48	00:57:10	00:59:29.05	01:00:18.90	5:39	10.6
336	BUJNAROWSKA BARBARA	2043		GLIWICE	POL	K-30	32	K 77	00:27:48	00:57:10	00:59:29.90	01:00:19.20	5:40	10.6
337	CZARNECKI MICHAŁ	2066		GLIWICE	POL	M-20	55	M 260	00:28:05	00:56:51	00:58:59.35	01:00:19.80	5:37	10.7
338	KOTLARSKA ANNA	2227		GLIWICE	POL	K-40	22	K 78	00:29:55	00:57:15	00:59:13.55	01:00:24.30	5:38	10.6
339	STANISZ MICHAŁ	2491		GLIWICE	POL	M-30	113	M 261	00:26:39	00:57:15	00:59:36.40	01:00:27.00	5:40	10.6
340	SZOŁTYSIK MARTA	2522		RADZIONKÓW	POL	K-30	35	K 79	00:27:39	00:57:33	00:59:53.65	01:00:30.65	5:42	10.5
341	BOREK WOJCIECH	2029		GLIWICE	POL	M-30	115	M 262	00:27:24	00:57:38	01:00:01.35	01:00:31.25	5:43	10.5
342	DULĘBA JULIUSZ	2090		GLIWICE	POL	M-30	111	M 263	00:30:25	00:57:16	00:59:19.80	01:00:32.05	5:39	10.6
343	GAŁEK ANDRZEJ	2678	ZF TEAM	ZBROSLAWICE	POL	M-30	110	M 264	00:28:00	00:56:57	00:59:19.15	01:00:32.95	5:38	10.6
344	KELLER ANETA	2202		GLIWICE	POL	K-30	39	K 80	00:27:09	00:57:53	01:00:19.50	01:00:35.25	5:44	10.4
345	GŁOWACKA KATARZYNA	2125	K2	KATOWICE	POL	K-30	34	K 81	00:28:36	00:57:30	00:59:39.65	01:00:36.50	5:40	10.6
346	PIERZCHAŁA JACEK	2394		SOSNOWIEC	POL	M-40	84	M 265	00:29:01	00:57:57	01:00:01.45	01:00:43.35	5:43	10.5
347	GRYCMAN MICHAŁ	2145	PROPOINT	CZYŻOWICE	POL	M-20	57	M 266	00:28:26	00:57:43	00:59:34.40	01:00:44.10	5:40	10.6
348	KOWALSKA KAROLINA	2233		TOSZEK	POL	K-30	29	K 82	00:28:18	00:57:12	00:59:07.35	01:00:48.00	5:37	10.7
349	WITKOWSKA NATALIA	2687		GLIWICE	POL	K-30	30	K 83	00:28:26	00:57:05	00:59:16.55	01:00:54.55	5:38	10.6
350	MACHOCZEK PATRYK	2296		GIERAŁTOWICE	POL	M-30	109	M 267	00:28:46	00:57:10	00:59:11.25	01:00:56.20	5:38	10.6
351	MAJCZAK WOJCIECH	2302		JAWORZNO	POL	M-30	118	M 268	00:28:18	00:58:31	01:00:47.70	01:01:03.05	5:47	10.4
352	MACHOŚ ADRIANNA	2685		GLIWICE	POL	K-20	23	K 84	00:27:07	00:58:32	01:00:50.10	01:01:04.50	5:47	10.4
353	STARCZAŁA PIOTR	2494	MEGAWAT RUNNING TEAM	KSIAŻENICE	POL	M-40	82	M 269	00:28:27	00:57:41	00:59:48.40	01:01:07.65	5:41	10.5
354	SOBOLEWSKA STEFANIA	2483		GLIWICE	POL	K-40	25	K 85	00:28:26	00:57:52	01:00:00.25	01:01:07.90	5:42	10.5
355	GAWŁOWSKI PIOTR	2119	PKO BANK POLSKI	GLIWICE	POL	M-20	56	M 270	00:29:04	00:57:21	00:59:12.60	01:01:10.45	5:38	10.6
356	OLEARCZUK GRZEGORZ	2359		MAKOWCZYCE	POL	M-40	79	M 271	00:27:31	00:57:07	00:59:13.70	01:01:12.40	5:38	10.6
357	KACZOROWSKI GRZEGORZ	2191		GLIWICE	POL	M-20	58	M 272	00:28:26	00:57:42	01:00:05.10	01:01:13.10	5:43	10.5
358	ONOPIUK NATALIA	2363		GLIWICE	POL	K-20	21	K 86	00:28:40	00:58:00	01:00:13.10	01:01:14.05	5:44	10.5
359	BRZEZIŃSKA TERESA	2040	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 87	00:28:33	00:58:36	01:00:43.25	01:01:14.05	5:47	10.4
360	MAJ WIKTORIA	2300		GLIWICE	POL	K-20	20	K 88	00:28:19	00:57:02	00:59:51.60	01:01:14.55	5:42	10.5
361	ZALESKI ARKADIUSZ	2608		GLIWICE	POL	M-40	81	M 273	00:27:07	00:57:38	00:59:47.85	01:01:16.90	5:41	10.5
362	GRYBOS PATRYCJA	2144		RADZIONKÓW	POL	K-20	22	K 89	00:29:08	00:58:28	01:00:37.00	01:01:18.30	5:46	10.4
363	PROKOP IWONA	2414	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	RUDA ŚLĄSKA	POL	K-40	30	K 90	00:29:03	00:58:31	01:00:43.50	01:01:21.35	5:47	10.4
364	ZAREMBA TADEUSZ	2609	STARY HANGAR	GLIWICE	POL	M-60	9	M 274	00:28:24	00:58:33	01:00:46.55	01:01:22.80	5:47	10.4
365	SAMOL IWONA	2449		GLIWICE	POL	K-40	28	K 91	00:28:50	00:58:22	01:00:29.00	01:01:23.90	5:45	10.4
366	STRZELCZYK GRAŻYNA	2502		GLIWICE	POL	K-30	42	K 92	00:29:20	00:59:05	01:01:15.10	01:01:28.90	5:50	10.3
367	CIOK ANNA	2060		GLIWICE	POL	K-30	43	K 93	00:29:20	00:59:05	01:01:15.40	01:01:29.10	5:50	10.3
368	MIŁKOWSKI ANDRZEJ	2327		GLIWICE	POL	M-60	10	M 275	00:28:33	00:58:50	01:01:07.65	01:01:33.20	5:49	10.3
369	RYBAK ANDRZEJ	2441	HIRSCHVOGEL	ZABRZE	POL	M-30	119	M 276	00:27:53	00:59:01	01:01:07.20	01:01:38.15	5:49	10.3
370	STROJEK AGNIESZKA	2500		BYTOM	POL	K-40	27	K 94	00:29:03	00:58:20	01:00:26.95	01:01:38.40	5:45	10.4
371	ŚWIDER TOMASZ	2540	LARMO TEAM	BYTOM	POL	M-40	80	M 277	00:28:52	00:57:35	00:59:37.00	01:01:42.05	5:40	10.6
372	HERUD SANDRA	2662		GLIWICE	POL	K-30	38	K 95	00:27:54	00:57:43	00:59:59.80	01:01:42.80	5:42	10.5
373	LINDENBERG JAROSŁAW	2282		GLIWICE	POL	M-30	117	M 278	00:27:26	00:58:17	01:00:21.30	01:01:45.25	5:44	10.4
374	BARTELA ŁUKASZ	2645		GLIWICE	POL	M-30	112	M 279	00:28:30	00:57:14	00:59:33.35	01:01:45.30	5:40	10.6
375	KOŚLACZ KATARZYNA	2226		TYCHY	POL	K-40	26	K 96	00:29:27	00:58:09	01:00:12.95	01:01:49.30	5:44	10.5
376	SOBEL NATALIA	3142	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	24	K 97	00:28:41	00:59:25	01:01:42.25	01:01:54.50	5:52	10.2
377	WYPCHOŁ PIOTR	2599		BARGŁÓWKA	POL	M-50	11	M 280	00:29:52	00:58:24	01:00:30.70	01:01:54.70	5:45	10.4
378	PACZKOWSKI JACEK	2375		ZABRZE	POL	M-40	85	M 281	00:28:41	00:58:25	01:00:34.50	01:01:56.60	5:46	10.4
379	SZCZEGÓLSKA ANNA	2510		ZBROSLAWICE	POL	K-30	36	K 98	00:28:59	00:57:40	00:59:54.05	01:01:57.35	5:42	10.5
380	SZCZEGÓLSKI JAROSŁAW	2511		ZBROSLAWICE	POL	M-40	83	M 282	00:28:59	00:57:40	00:59:53.45	01:01:57.35	5:42	10.5

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
381	KOTOWSKI PIOTR	2658		GLIWICE	POL	M-40	86	M 283	00:28:35	00:58:25	01:00:44.70	01:01:59.80	5:47	10.4
382	STRYSIK-KRĘŻEL IWONA	2501	PROPOINT	GLIWICE	POL	K-30	41	K 99	00:28:48	00:59:00	01:01:12.45	01:02:13.00	5:49	10.3
383	PIÓRKOWSKI TOMASZ	2402		GLIWICE	POL	M-40	94	M 284	00:28:42	00:59:17	01:01:29.20	01:02:14.80	5:51	10.2
384	TABOR ANDRZEJ	2543		GLIWICE	POL	M-30	116	M 285	00:28:08	00:58:08	01:00:16.30	01:02:15.55	5:44	10.5
385	SLUZALEK MAŁGORZATA	2474		GLIWICE	POL	K-40	33	K 100	00:28:42	00:59:17	01:01:30.55	01:02:15.90	5:51	10.2
386	BLAUT-KUBANEK ANNA	2025		RUDA ŚLĄSKA	POL	K-30	44	K 101	00:28:12	00:59:04	01:01:16.55	01:02:16.50	5:50	10.3
387	PAWLIK RAFAŁ	2386	POBORSZÓW	POBORSZÓW	POL	M-20	61	M 286	00:28:41	00:58:56	01:01:12.15	01:02:25.35	5:49	10.3
388	TATUŚ SEBASTIAN	2544		CHORZÓW	POL	M-40	92	M 287	00:29:02	00:58:53	01:01:14.05	01:02:26.10	5:49	10.3
389	MALSKA- WYROZUMSKA MAŁGORZATA	2306		GLIWICE	POL	K-30	40	K 102	00:28:18	00:58:34	01:00:49.80	01:02:30.55	5:47	10.4
390	DRGAS MAŁGORZATA	2084		RUDA ŚLĄSKA	POL	K-30	46	K 103	00:29:28	00:59:35	01:01:45.40	01:02:36.85	5:52	10.2
391	ZDZIEBKO JAKUB	2616		GLIWICE	POL	M-20	59	M 288	00:29:21	00:59:15	01:00:57.15	01:02:38.90	5:48	10.3
392	KORDECKI BARTOSZ	2225		KATOWICE	POL	M-40	87	M 289	00:28:44	00:58:30	01:00:49.85	01:02:39.90	5:47	10.4
393	FABIAN KATARZYNA	2098		CHORZÓW	POL	K-40	31	K 104	00:29:04	00:58:35	01:01:04.80	01:02:40.75	5:49	10.3
394	MALINOWSKI PRZEMYSŁAW	2305		RYBNIK	POL	M-40	98	M 290	00:29:28	00:59:58	01:02:14.65	01:02:42.30	5:55	10.1
395	ZDZIEBKO ARTUR	2615		GLIWICE	POL	M-40	89	M 291	00:29:21	00:59:15	01:01:02.45	01:02:43.90	5:48	10.3
396	FORYCIARZ ROBERT	2107		KNURÓW	POL	M-40	88	M 292	00:29:40	00:58:50	01:01:01.50	01:02:44.10	5:48	10.3
397	BORYCZKA DAWID	2700	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-20	60	M 293	00:30:11	00:59:16	01:01:00.70	01:02:44.75	5:48	10.3
398	WRÓBLEWSKA MAGDALENA	2689		GDYNIA	POL	K-40	34	K 105	00:28:54	00:59:53	01:02:07.65	01:02:45.40	5:55	10.1
399	SKWARA KATARZYNA	2471	HIRSCHVOGEL	ZABRZE	POL	K-30	48	K 106	00:29:27	00:59:35	01:01:57.00	01:02:48.10	5:54	10.2
400	SKOTNICKI MICHAŁ	2642		GLIWICE	POL	M-30	126	M 294	00:29:09	01:00:05	01:02:22.70	01:02:49.40	5:56	10.1
401	WŁACH ANNA	2581		GLIWICE	POL	K-40	32	K 107	00:30:11	00:59:16	01:01:05.50	01:02:49.65	5:49	10.3
402	ROJEK MICHAŁ	2433	WKURW_TEAM	GLIWICE	POL	M-40	96	M 295	00:29:29	00:59:44	01:01:50.35	01:02:50.55	5:53	10.2
403	GÓRA MAREK	2132	DRIV	TARNOWSKIE GÓRY	POL	M-50	12	M 296	00:30:01	01:00:24	01:02:42.45	01:02:50.85	5:58	10
404	MAZUR MAGDA	2315		KATOWICE	POL	K-40	37	K 108	00:28:56	01:00:11	01:02:38.65	01:02:52.50	5:58	10.1
405	FRANIA ANDRZEJ	2109	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-40	90	M 297	00:29:56	00:59:16	01:01:03.80	01:02:55.85	5:48	10.3
406	MIECZNIKOWSKA IDA	2322		KATOWICE	POL	K-20	25	K 109	00:28:29	00:59:26	01:01:51.25	01:02:56.55	5:53	10.2
407	DACZYŃSKI KAJETAN	2073		GLIWICE	POL	M-20	62	M 298	00:29:31	01:00:37	01:01:58.95	01:02:56.95	5:54	10.2
408	LESZKOVEN PIOTR	2274	FLUOR	GLIWICE	POL	M-40	95	M 299	00:30:15	00:59:39	01:01:42.25	01:03:06.20	5:52	10.2
409	KOWALSKI WŁODZIMIERZ	2234	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-30	121	M 300	00:29:57	00:59:17	01:01:19.50	01:03:10.60	5:50	10.3
410	BRUDEK GRZEGORZ	2035		GLIWICE	POL	M-30	122	M 301	00:30:02	00:59:22	01:01:30.45	01:03:12.10	5:51	10.2
411	ŁADA MIREK	2293		GLIWICE	POL	M-40	91	M 302	00:29:02	00:59:07	01:01:12.90	01:03:12.75	5:49	10.3
412	SMUDA GRZEGORZ	2481	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 303	00:29:24	00:58:57	01:01:14.90	01:03:13.20	5:50	10.3
413	WEJNER MARCIN	2568		GLIWICE	POL	M-40	93	M 304	00:28:49	00:59:01	01:01:19.45	01:03:14.40	5:50	10.3
414	BANDURA ALEKSANDRA	2005	EUVIC	SOSNOWIEC	POL	K-20	26	K 110	00:29:48	00:59:32	01:01:51.45	01:03:20.95	5:53	10.2
415	MACIEJEWSKA SIWY ELA	2298		NULL	POL	K-30	51	K 111	00:29:40	01:00:30	01:02:41.35	01:03:22.95	5:58	10.1
416	ORLIICKI IRENEUSZ	2368	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	128	M 305	00:30:07	01:00:28	01:02:37.75	01:03:23.70	5:57	10.1
417	HILDEBRAND JUSTYNA	2158		ZABRZE	POL	K-30	47	K 112	00:28:58	00:59:38	01:01:54.75	01:03:23.95	5:53	10.2
418	KOZŁOWSKI ANDRZEJ JERZY	2241		ZABRZE	POL	M-60	11	M 306	00:29:05	01:00:07	01:02:32.55	01:03:28.15	5:57	10.1
419	KOŁAK ALICJA	2219		GLIWICE	POL	K-30	49	K 113	00:28:48	00:59:45	01:02:10.05	01:03:28.75	5:55	10.1
420	WACŁAWEK TOMEK	2562		GLIWICE	POL	M-20	64	M 307	00:28:38	01:00:32	01:02:50.90	01:03:33.10	5:59	10
421	SKOCZYKŁODA PAWEŁ	2463		ŁAZISKA GÓRNE	POL	M-30	123	M 308	00:29:04	00:59:50	01:02:04.70	01:03:35.50	5:54	10.1
422	MISZCZAK KASIA	2328	EKIPA NA KIJACH	RUDA ŚLĄSKA	POL	K-40	35	K 114	00:28:54	01:00:09	01:02:17.45	01:03:36.70	5:55	10.1
423	MICZKA ŁUKASZ	2320		GLIWICE	POL	M-30	127	M 309	00:28:38	00:59:54	01:02:28.45	01:03:40.20	5:57	10.1
424	MICZKA JUSTYNA	2321		GLIWICE	POL	K-40	36	K 115	00:28:38	00:59:54	01:02:29.20	01:03:40.75	5:57	10.1
425	NIESLER MAGDALENA	2340	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	45	K 116	00:29:44	00:59:33	01:01:41.40	01:03:45.95	5:52	10.2
426	GOWIK AGATA	2129		ZIELONA GÓRA	POL	K-20	28	K 117	00:29:06	01:00:39	01:02:54.25	01:03:47.25	5:59	10
427	WÓJCIK JAKUB	2593		GLIWICE	POL	M-30	136	M 310	00:30:00	01:01:05	01:03:53.05	01:03:53.05	6:05	9.9
428	PANKIEWICZ KATARZYNA	2379		GLIWICE	POL	K-40	39	K 118	00:29:31	01:00:38	01:02:56.25	01:03:54.25	5:59	10
429	ŁĄCKA KAROLINA	2696		GLIWICE	POL	K-30	53	K 119	00:30:41	01:01:08	01:03:07.70	01:03:54.75	6:00	10
430	GRADZIŃSKI ARTUR	2138	FLUOR	GLIWICE	POL	M-40	97	M 311	00:29:57	00:59:55	01:02:12.05	01:03:56.60	5:55	10.1
431	DOLATA MAGDALENA	2078	AVANTOR	GLIWICE	POL	K-30	50	K 120	00:30:10	01:00:26	01:02:27.30	01:03:57.20	5:56	10.1
432	SKÓRA JOANNA	2467		BYTOM	POL	K-40	38	K 121	00:28:59	01:00:14	01:02:46.50	01:03:58.25	5:58	10
433	ZNÓJ-MULARCZYK TERESA	2627	BIEGNIJ LOLA BIEGNIJ	LIBIAŻ	POL	K-60	2	K 122	00:29:39	01:01:22	01:03:43.90	01:03:59.35	6:04	9.9
434	PSIUK-MAKSYMOWICZ KRZYSZTOF	2420	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	124	M 312	00:30:16	00:59:58	01:02:04.70	01:04:05.45	5:54	10.1
435	KARBOWNICZEK DAWID	2199		GLIWICE	POL	M-30	125	M 313	00:31:20	01:00:31	01:02:22.55	01:04:18.05	5:56	10.1

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
436	WOŹNIACKI TOMASZ	2590		GLIWICE	POL	M-20	63	M 314	00:29:28	01:00:19	01:02:33.90	01:04:21.40	5:57	10.1
437	OSTROWSKA ANNA	2647		SMOLNICA	POL	K-40	40	K 123	00:29:40	01:00:49	01:02:59.00	01:04:21.95	5:59	10
438	OLSZOK DAWID	2362	HIRSCHVOGEL	ZABRZE	POL	M-30	137	M 315	00:28:57	01:01:25	01:03:53.75	01:04:27.45	6:05	9.9
439	BARTŁOJEWICZ SYLWIA	2009		GLIWICE	POL	K-30	52	K 124	00:30:09	01:00:32	01:02:58.35	01:04:28.35	5:59	10
440	STANKIEWICZ KAMILA	2493		GLIWICE	POL	K-20	27	K 125	00:29:30	01:00:19	01:02:41.40	01:04:28.90	5:58	10.1
441	KAŁUSKA MAGDALENA	2194		JAWORZNO	POL	K-30	54	K 126	00:30:53	01:02:03	01:04:15.60	01:04:30.80	6:07	9.8
442	GAJEWSKA IZABELA	2113	FRELKA	GLIWICE	POL	K-40	41	K 127	00:29:59	01:01:41	01:04:03.65	01:04:36.40	6:06	9.8
443	STANGEL MICHAŁ	2648		GLIWICE	POL	M-40	100	M 316	00:30:18	01:01:59	01:04:04.40	01:04:36.80	6:06	9.8
444	NARUSZEWICZ KRZYSZTOF	2335		GLIWICE	POL	M-30	130	M 317	00:29:46	01:01:02	01:03:24.20	01:04:38.50	6:02	9.9
445	KLAKLA HENRYK	2208	ZF TEAM	KRAKOW	POL	M-30	133	M 318	00:28:22	01:01:29	01:03:42.85	01:04:39.80	6:04	9.9
446	PALENGA ADRIAN	2378	ZF TEAM	GLIWICE	POL	M-30	134	M 319	00:28:27	01:01:34	01:03:48.75	01:04:40.00	6:04	9.9
447	MALENKA JOLANTA	2304	OAT	GLIWICE	POL	K-40	42	K 128	00:29:53	01:01:58	01:04:20.75	01:04:40.50	6:07	9.8
448	WITAŁA RAFAŁ	2578		GLIWICE	POL	M-30	132	M 320	00:30:05	01:01:28	01:03:40.70	01:04:50.15	6:03	9.9
449	NIWIŃSKI MICHAŁ	2344	PKO BANK POLSKI	GLIWICE	POL	M-30	129	M 321	00:31:18	01:00:35	01:02:51.55	01:04:50.40	5:59	10
450	KOZIEŁ ŁUKASZ	2239	ING	MYSŁOWICE	POL	M-30	131	M 322	00:30:45	01:01:22	01:03:29.80	01:05:04.95	6:02	9.9
451	BAJKACZ TOMASZ	2690		GLIWICE	POL	M-20	65	M 323	00:31:06	01:01:51	01:03:57.20	01:05:06.95	6:05	9.9
452	NIEMIEC RAFAŁ	2338	INTERGRAFIK POLSKA	ZABRZE	POL	M-40	99	M 324	00:30:05	01:01:31	01:03:46.30	01:05:07.95	6:04	9.9
453	HAŁAKUC ALEKSANDRA	2151		GLIWICE	POL	K-20	29	K 129	00:30:01	01:01:17	01:03:38.80	01:05:18.50	6:03	9.9
454	LUKOSZEK WERONIKA	2289		GLIWICE	POL	K-20	30	K 130	00:31:22	01:01:35	01:03:40.40	01:05:25.40	6:03	9.9
455	PAWLUS MARZENA	2388		CZECHOWICE-DZIEDZICE	POL	K-20	31	K 131	00:28:43	01:02:31	01:05:02.15	01:05:26.90	6:11	9.7
456	WERKOWSKI MAREK	2569		KATOWICE	POL	M-40	101	M 325	00:29:05	01:02:31	01:04:51.50	01:05:32.90	6:10	9.7
457	PAPROCKI ROMAN	2380		GLIWICE	POL	M-50	13	M 326	00:31:49	01:01:43	01:03:57.20	01:05:35.65	6:05	9.9
458	STACHOWSKA ALEKSANDRA	2489		GLIWICE	POL	K-40	45	K 132	00:29:47	01:02:42	01:05:00.60	01:05:42.05	6:11	9.7
459	NOWAK EWA	2346		GLIWICE	POL	K-50	3	K 133	00:29:56	01:01:59	01:04:34.05	01:05:44.10	6:08	9.8
460	LUDWIKOWSKA PAULINA	2287	JURASSIC RUNNERS	DĄBROWA GÓRNICZA	POL	K-30	55	K 134	00:29:59	01:02:06	01:04:23.30	01:05:48.25	6:08	9.8
461	LENARTH ALEKSANDRA	2273		GLIWICE	POL	K-30	62	K 135	00:30:44	01:03:21	01:05:29.20	01:05:51.35	6:14	9.6
462	CHEĆIŃSKA AGNIESZKA	2049		GLIWICE	POL	K-40	43	K 136	00:30:15	01:02:08	01:04:23.80	01:05:54.30	6:08	9.8
463	RUDKIEWICZ ANETA	2437	LILA LOGISTIK	ZABRZE	POL	K-30	57	K 137	00:30:26	01:02:20	01:04:42.00	01:05:54.70	6:09	9.7
464	KACZYŃSKI MAREK	2192	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	145	M 327	00:31:07	01:03:04	01:05:29.30	01:05:56.20	6:14	9.6
465	GRABYSZ WITOLD	2137		GLIWICE	POL	M-50	15	M 328	00:31:08	01:03:03	01:05:29.40	01:05:56.60	6:14	9.6
466	KIJANKA DAMIAN	2205	HIRSCHVOGEL COMPONENTS POLAND	GLIWICE	POL	M-30	142	M 329	00:32:16	01:03:11	01:05:23.85	01:06:01.40	6:13	9.6
467	BAL-BURZAWA RENATA	2639	HIRSCHVOGEL	ZYCHY	POL	K-40	47	K 138	00:33:03	01:03:26	01:05:43.75	01:06:01.40	6:15	9.6
468	STANCHLY JAKUB	2668		ZABRZE	POL	M-30	138	M 330	00:31:54	01:02:18	01:04:15.45	01:06:03.15	6:07	9.8
469	KNOPKA MICHAŁ	2644		PYSKOWICE	POL	M-30	135	M 331	00:30:55	01:01:40	01:03:51.55	01:06:04.35	6:04	9.9
470	BISZ MAGDALENA	2023		GLIWICE	POL	K-30	63	K 139	00:30:45	01:03:30	01:05:43.45	01:06:05.65	6:15	9.6
471	PORWOŁ ADAM	2411		GLIWICE	POL	M-20	66	M 332	00:31:06	01:02:40	01:04:58.50	01:06:08.35	6:11	9.7
472	KONIECZNY AGNIESZKA	2221		GLIWICE	POL	K-30	59	K 140	00:30:57	01:02:56	01:05:15.20	01:06:18.15	6:12	9.7
473	BOMASTYK BEATA	2653		GLIWICE	POL	K-40	44	K 141	00:31:13	01:02:25	01:04:45.60	01:06:19.20	6:10	9.7
474	STRASSBERGER KATARZYNA	2652		GLIWICE	POL	K-50	4	K 142	00:31:13	01:02:24	01:04:45.90	01:06:19.35	6:10	9.7
475	GÓRECKA WERONIKA	2134		GLIWICE	POL	K-20	32	K 143	00:30:40	01:02:48	01:05:15.60	01:06:21.80	6:12	9.7
476	GÓRECKI JANUSZ	2135		GLIWICE	POL	M-50	14	M 333	00:30:40	01:02:48	01:05:15.35	01:06:22.30	6:12	9.7
477	PRZYGOCKI ROBERT	2418		GLIWICE	POL	M-40	102	M 334	00:29:50	01:03:26	01:05:55.30	01:06:29.75	6:16	9.6
478	HRYCYSZYN JULIA	2162	AVANTOR	GLIWICE	POL	K-30	61	K 144	00:30:37	01:02:56	01:05:28.50	01:06:30.50	6:14	9.6
479	STASZEWSKA MARZENA	845	PKO BANK POLSKI/ INŻYNIERIA BIEGANIA	RUDA ŚLĄSKA	POL	K-30	58	K 145	00:28:12	01:03:13	01:05:14.40	01:06:31.80	6:12	9.7
480	CICHY AGNIESZKA	2058		RUDA ŚLĄSKA	POL	K-30	60	K 146	00:30:57	01:03:00	01:05:24.65	01:06:32.60	6:13	9.6
481	SIKORSKA KATARZYNA	2460	POPKULTURA RELOKACYJNA W KATOWICACH	GLIWICE	POL	K-30	56	K 147	00:29:51	01:02:08	01:04:31.40	01:06:32.95	6:08	9.8
482	KRYCZAŁO PAULINA	2247		WROCAW	POL	K-40	46	K 148	00:30:56	01:02:34	01:05:11.50	01:06:34.95	6:12	9.7
483	PIENIAK KAROLINA	2393		GLIWICE	POL	K-20	35	K 149	00:30:47	01:04:05	01:06:10.50	01:06:35.65	6:18	9.5
484	WOŹNY REMIGIUSZ	2591	FLUOR	MYSŁOWICE	POL	M-30	140	M 335	00:31:37	01:02:30	01:04:56.00	01:06:37.40	6:11	9.7
485	CHOLEWA MAGDALENA	2052		GLIWICE	POL	K-40	49	K 150	00:30:38	01:03:53	01:06:22.30	01:06:44.80	6:19	9.5
486	DROZD KRZYSZTOF	2085		GLIWICE	POL	M-30	139	M 336	00:29:29	01:01:59	01:04:47.95	01:06:45.05	6:10	9.7
487	KACZMAREK KATARZYNA	2187	SRTG GLIWICE	GLIWICE	POL	K-40	50	K 151	00:35:33	01:04:30	01:06:27.95	01:06:47.55	6:19	9.5
488	KOZIBAŁ TOMASZ	2238	FLUOR	BYTOM	POL	M-30	143	M 337	00:30:20	01:03:06	01:05:25.10	01:06:49.10	6:13	9.6
489	KAPTACZ MAGDALENA	2198		GLIWICE	POL	K-40	48	K 152	00:30:30	01:03:25	01:05:47.20	01:06:49.20	6:15	9.6
490	BEM ANDRZEJ	2015	OAT	GLIWICE	POL	M-50	16	M 338	00:30:30	01:04:05	01:06:35.80	01:06:56.25	6:20	9.5

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
491	ŻYDAK KAMIL	2633	DRIV	GLIWICE	POL	M-30	141	M 339	00:29:24	01:02:50	01:05:17.20	01:07:07.40	6:13	9.7
492	JOOSTBERENS ALEKSANDRA	2182	FLUOR	KNURÓW	POL	K-20	33	K 153	00:31:37	01:03:06	01:05:28.40	01:07:09.50	6:14	9.6
493	KUBICA BOŻENA	2252	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-50	5	K 154	00:31:10	01:04:04	01:06:30.75	01:07:11.05	6:20	9.5
494	KOJ KRZYSZTOF	2217	PPP GLIWICE	GLIWICE	POL	M-30	144	M 340	00:31:38	01:03:15	01:05:25.65	01:07:20.05	6:13	9.6
495	ORLIĆKA MARLENA	2367	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	K-30	65	K 155	00:33:05	01:04:36	01:06:43.50	01:07:28.60	6:21	9.4
496	JUROWICZ DAMIAN	2184		KATOWICE	POL	M-20	67	M 341	00:31:22	01:04:26	01:06:46.95	01:07:33.50	6:21	9.4
497	KOPEĆ MAREK	2673		GLIWICE	POL	M-40	103	M 342	00:30:08	01:04:03	01:06:15.70	01:07:39.15	6:18	9.5
498	GIERCZYCKI MICHAŁ	2123		GLIWICE	POL	M-30	146	M 343	00:32:35	01:04:06	01:06:27.85	01:07:48.85	6:19	9.5
499	CIESZYŃSKI MAREK	2692		KRAKÓW	POL	M-60	12	M 344	00:31:30	01:04:05	01:06:33.20	01:07:58.55	6:20	9.5
500	BILNICKA PAULINA	2022	FLUOR	ZAWIERCIE	POL	K-20	34	K 156	00:31:44	01:03:34	01:06:01.75	01:07:59.95	6:17	9.5
501	MICHAŁUSZEK DOROTA	2318	BIEG - UNKA	GLIWICE	POL	K-30	64	K 157	00:32:24	01:04:08	01:06:21.05	01:08:12.50	6:19	9.5
502	KRYSKA ALEKSANDRA	2248		KNURÓW	POL	K-40	51	K 158	00:31:44	01:04:26	01:06:49.55	01:08:14.30	6:21	9.4
503	FOREMSKI PAWEŁ	2105	RZ 3,21	GLIWICE	POL	M-30	147	M 345	00:29:28	01:04:44	01:06:54.50	01:08:20.15	6:22	9.4
504	ŚWIETLIK JOANNA	2541		BYTOM	POL	K-30	67	K 159	00:30:57	01:04:36	01:07:12.20	01:08:22.95	6:24	9.4
505	RATKA DAWID	2423		WYRY	POL	M-30	149	M 346	00:30:33	01:04:54	01:07:38.80	01:08:25.10	6:26	9.3
506	ZIEMBIŃSKA- BUCZYŃSKA ALEKSANDRA	2621	COMPANEROS ASFALT TEAM	GLIWICE	POL	K-30	66	K 160	00:31:35	01:04:30	01:06:54.50	01:08:26.30	6:22	9.4
507	POPIÓŁ IZABELA	3074		GLIWICE	POL	K-30	69	K 161	00:31:47	01:05:11	01:08:05.40	01:08:27.55	6:29	9.3
508	SKRZYPEK WIOLA	2468	#BIEGACZE	KRAKOW	POL	K-20	37	K 162	00:30:44	01:04:58	01:07:23.80	01:08:29.50	6:25	9.3
509	HOLIK MAREK	2160		CHRUSZCZOBRÓD	POL	M-40	104	M 347	00:29:43	01:03:50	01:06:37.50	01:08:31.00	6:20	9.5
510	REJNAT AGATA	2426		GLIWICE	POL	K-20	38	K 163	00:32:01	01:05:54	01:08:10.90	01:08:33.65	6:29	9.2
511	TIMOFIJCZUK ANNA	2660		RUDNO	POL	K-40	52	K 164	00:32:30	01:04:59	01:07:22.15	01:08:42.90	6:24	9.4
512	GRZONKA MAŁGORZATA	2148		MSZANA	POL	K-20	36	K 165	00:32:05	01:04:42	01:07:17.20	01:08:55.65	6:24	9.4
513	TOKARZ DOMINIK	2547	ENERGY OŚWIĘCIM	OŚWIĘCIM	POL	M-40	107	M 348	00:32:36	01:06:20	01:08:38.35	01:08:57.85	6:32	9.2
514	MICHAŁEK LUKASZ	2316		GLIWICE	POL	M-30	148	M 349	00:31:20	01:04:29	01:07:03.50	01:08:59.00	6:23	9.4
515	KRUCZYŃSKI PAWEŁ	2670	OTK RZEŹNIK	KNURÓW	POL	M-20	68	M 350	00:31:45	01:05:30	01:07:32.15	01:08:59.25	6:25	9.3
516	MAJ MAŁGORZATA	2301	MOSTOSTAL ZABRZE UNITED	ZABRZE	POL	K-40	53	K 166	00:32:31	01:05:48	01:08:09.95	01:09:07.60	6:29	9.2
517	ŻEROMSKI STEFAN	2651		GLIWICE	POL	M-50	17	M 351	00:32:27	01:04:38	01:06:58.70	01:09:08.30	6:22	9.4
518	SZRAJBER ELŻBIETA	2525		SOŚNICOWICE	POL	K-30	68	K 167	00:29:56	01:05:17	01:07:36.70	01:09:12.85	6:26	9.3
519	PŁOSKONKA TOMASZ	2404		KATOWICE	POL	M-30	151	M 352	00:32:06	01:06:27	01:09:02.95	01:09:40.60	6:34	9.1
520	REWERS MARZENA	2427		TARNOWSKIE GÓRY	POL	K-40	57	K 168	00:32:09	01:06:29	01:09:05.10	01:09:40.85	6:34	9.1
521	KOPEĆ-BRUDEK MAGDALENA	2224		GLIWICE	POL	K-30	70	K 169	00:33:04	01:05:46	01:08:08.40	01:09:49.30	6:29	9.2
522	GILLNER RAFAŁ	2124		GLIWICE	POL	M-40	105	M 353	00:32:04	01:05:18	01:07:50.45	01:09:51.55	6:27	9.3
523	SOWA IRENEUSZ	2487	SOWA TEAM	POLE	POL	M-40	106	M 354	00:32:19	01:05:30	01:08:20.90	01:10:03.45	6:30	9.2
524	KĄŻMIERCZAK-BAŁATA ANNA	2201		GLIWICE	POL	K-40	58	K 170	00:33:07	01:06:52	01:09:23.10	01:10:06.70	6:36	9.1
525	JANOSZKA IZABELA	2171	HIRSCHVOGEL	ŚWIBIE	POL	K-20	41	K 171	00:31:47	01:06:45	01:09:17.70	01:10:06.90	6:35	9.1
526	ZAJĄC EWA	2605	RCU UBEZPIECZENIA CIESZANÓW	CIESZANÓW	POL	K-40	54	K 172	00:31:59	01:05:55	01:08:21.90	01:10:12.65	6:30	9.2
527	WÓJCİK AGNIESZKA	2594		ZABRZE	POL	K-20	39	K 173	00:33:29	01:06:16	01:08:51.60	01:10:13.30	6:33	9.1
528	WALCZYK JOANNA	2563	PWC SERVICE DELIVERY CENTER	BYTOM	POL	K-20	40	K 174	00:33:29	01:06:16	01:08:51.75	01:10:13.55	6:33	9.1
529	BENTKOWSKI LESŁAW	2016	DIRTY SPARROWS	GLIWICE	POL	M-60	13	M 355	00:33:26	01:07:29	01:09:59.45	01:10:16.00	6:40	9
530	ZIMNY MARCIN	2623		GLIWICE	POL	M-30	150	M 356	00:31:16	01:05:54	01:08:50.00	01:10:16.80	6:33	9.2
531	JUSZCZAK EWA	2185		GLIWICE	POL	K-50	6	K 175	00:32:39	01:07:01	01:09:29.35	01:10:36.80	6:37	9.1
532	OŚIŃSKI KRZYSZTOF	2369	DTIQ POLAND	GLIWICE	POL	M-40	109	M 357	00:32:43	01:06:28	01:08:56.60	01:10:40.05	6:34	9.1
533	LITWIN-BUCKA DOROTA	2285		GLIWICE	POL	K-40	55	K 176	00:32:38	01:06:02	01:08:34.35	01:10:42.80	6:31	9.2
534	MIGDAŁ GRZEGORZ	2325		GLIWICE	POL	M-40	108	M 358	00:32:09	01:06:14	01:08:50.10	01:10:48.20	6:33	9.2
535	MIGDAŁ IWONA	2324		GLIWICE	POL	K-40	56	K 177	00:32:10	01:06:15	01:08:50.50	01:10:48.25	6:33	9.2
536	KOBIERSKA-SŁADEK ANNA	2214		GLIWICE	POL	K-30	73	K 178	00:33:00	01:07:14	01:09:56.50	01:11:00.05	6:39	9
537	JACHYMOWSKA DOMINIKA	2166		GLIWICE	POL	K-30	71	K 179	00:32:08	01:06:42	01:08:58.95	01:11:08.65	6:34	9.1
538	PAWLIK MICHAŁ	2385		GLIWICE	POL	M-30	152	M 359	00:31:25	01:07:33	01:10:16.15	01:11:27.45	6:41	9
539	KUCZERA-KULAGA MAGDALENAKULAGA	2253		KATOWICE	POL	K-40	60	K 180	00:32:35	01:06:58	01:09:43.90	01:11:35.60	6:38	9
540	BRIANSKA-KORDECKA ALEKSANDRA	2032		KATOWICE	POL	K-30	72	K 181	00:32:34	01:07:00	01:09:43.25	01:11:35.60	6:38	9
541	STRANCZYK ANNA	2498	FLUOR	ZABRZE	POL	K-30	74	K 182	00:33:07	01:07:46	01:10:17.80	01:11:38.55	6:41	9
542	OSOWSKA KATARZYNA	2693		GLIWICE	POL	K-40	59	K 183	00:32:18	01:06:51	01:09:37.20	01:11:42.70	6:37	9
543	BRODIUK NORBERT	70	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	110	M 360	00:31:58	01:08:28	01:10:52.25	01:11:50.90	6:44	8.9
544	WILCZEK MAGDALENA	2574	FLUOR	GLIWICE	POL	K-40	61	K 184	00:32:11	01:07:47	01:10:13.55	01:11:55.10	6:41	9
545	KĄŁUŻYŃSKA MARIOLA	2195		ŁÓDŹ	POL	K-20	43	K 185	00:32:40	01:07:41	01:11:34.70	01:11:55.70	6:48	8.8
546	SUPIŃSKA BEATA	2508	ELZAB ACTIVE TEAM	GLIWICE	POL	K-40	67	K 186	00:32:42	01:07:38	01:11:50.00	01:11:55.75	6:50	8.8

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
547	PAJĄK DOROTA	2377		GLIWICE	POL	K-30	76	K 187	00:31:36	01:08:25	01:10:54.85	01:11:57.00	6:45	8.9
548	JASTO SŁAWOMIR	2176		KNURÓW	POL	M-40	111	M 361	00:33:59	01:08:48	01:11:15.55	01:12:18.30	6:47	8.8
549	STUCHLIK IZABELA	2504		TARNOWSKIE GÓRY	POL	K-40	66	K 188	00:33:45	01:08:53	01:11:42.00	01:12:20.90	6:49	8.8
550	CHWALISZEWSKA AGNIESZKA	107		GLIWICE	POL	K-40	64	K 189	00:32:57	01:08:57	01:11:38.60	01:12:29.90	6:49	8.8
551	OLSZEWSKA IZABELA	2688	OLSZAKTEAM	KRAKÓW	POL	K-30	75	K 190	00:32:23	01:08:09	01:10:48.45	01:12:34.90	6:44	8.9
552	GROS MICHAŁ	2140		ZABRZE	POL	M-20	69	M 362	00:32:16	01:09:58	01:12:20.50	01:12:38.50	6:53	8.7
553	MACHERA KATARZYNA	2295		STARY KONIECPOL	POL	K-20	42	K 191	00:33:26	01:08:37	01:11:21.70	01:12:39.10	6:47	8.8
554	GALICZEK LIDIA	2115	OPEL ACTIVE TEAM	GLIWICE	POL	K-50	7	K 192	00:33:59	01:08:50	01:11:18.70	01:12:44.50	6:47	8.8
555	GALICZEK BRONISŁAW	2114	OPEL ACTIVE TEAM	GLIWICE	POL	M-50	18	M 363	00:33:59	01:08:50	01:11:18.85	01:12:44.65	6:47	8.8
556	SALAMON DAWID	2446		CZERWIONKA-LESZCZYNY	POL	M-30	154	M 364	00:32:16	01:09:05	01:12:18.15	01:12:55.60	6:53	8.7
557	RAŁ ZDZIŚLAWA	2422		GLIWICE	POL	K-40	68	K 193	00:32:38	01:08:57	01:11:57.45	01:13:08.20	6:51	8.8
558	GROSS TERESA	2141		BYTOM	POL	K-40	62	K 194	00:33:21	01:08:57	01:11:21.30	01:13:14.05	6:47	8.8
559	HRYSZKIEWICZ BARBARA	2163	FIS-SST TEAM	MIEDARY	POL	K-40	63	K 195	00:33:21	01:08:57	01:11:22.90	01:13:15.55	6:47	8.8
560	KOZACZKIEWICZ HELENA	2237		KNURÓW	POL	K-60	3	K 196	00:33:50	01:10:16	01:13:05.70	01:13:32.30	6:57	8.6
561	WOJTUKIEWICZ JUSTYNA	2589		GLIWICE	POL	K-30	78	K 197	00:33:52	01:10:33	01:13:08.90	01:13:35.35	6:58	8.6
562	KLAJMON JOANNA	2207		GLIWICE	POL	K-40	65	K 198	00:33:33	01:09:00	01:11:40.75	01:13:36.90	6:49	8.8
563	KOŃCZAK ŁABAS MAGDALENA	2223	HURAGAN LIGOTA	KATOWICE	POL	K-40	70	K 199	00:35:51	01:10:02	01:12:41.35	01:13:46.35	6:55	8.7
564	MIKOŁAJCZYK MICHAŁ	2326		ZABRZE	POL	M-30	153	M 365	00:32:43	01:09:38	01:12:12.80	01:14:06.00	6:52	8.7
565	PROKOPOWICZ ANNA	2417		GLIWICE	POL	K-30	77	K 200	00:33:20	01:10:12	01:12:43.50	01:14:22.00	6:55	8.7
566	POPKO IWONA	2408		ZABRZE	POL	K-30	79	K 201	00:34:12	01:10:45	01:13:27.70	01:14:27.00	6:59	8.6
567	NOGIEĆ JAKUB	2345	PROPOINT	GLIWICE	POL	M-20	70	M 366	00:32:02	01:11:45	01:14:10.65	01:14:33.55	7:03	8.5
568	KOCHANEK ALEKSANDRA	388		GLIWICE	POL	K-40	69	K 202	00:36:12	01:10:04	01:12:32.10	01:14:35.85	6:54	8.7
569	NIEUŻYŁA MARTA	2342		GIERAŁTOWICE	POL	K-30	82	K 203	00:34:57	01:11:06	01:13:42.00	01:14:41.40	7:01	8.5
570	KOŁODZIEJCZAK DOMINIKA	2220		GLIWIC	POL	K-20	45	K 204	00:34:00	01:11:19	01:14:08.25	01:14:50.10	7:03	8.5
571	LYSZCZYK PATRYCJA	2292		GLIWICE	POL	K-20	44	K 205	00:32:36	01:09:57	01:13:25.55	01:14:56.10	6:59	8.6
572	RODEK-NOWAK MAGDALENA	2429		TARNOWSKIE GÓRY	POL	K-30	83	K 206	00:34:04	01:11:37	01:14:25.85	01:15:04.30	7:05	8.5
573	BRYCHLEC RENATA	2037	SZARE MORSY	WIŚLICA	POL	K-50	8	K 207	00:34:07	01:11:13	01:13:37.60	01:15:20.85	7:00	8.6
574	BRYCHLEC-WOŹNIAK JUSTYNA	2036		WIŚLICA	POL	K-30	80	K 208	00:34:08	01:11:13	01:13:37.75	01:15:20.90	7:00	8.6
575	BURKACKA ELIZA	2045		GLIWICE	POL	K-30	81	K 209	00:35:10	01:11:19	01:13:39.20	01:15:44.05	7:00	8.6
576	WYSOCZAŃSKI ANDRZEJ	989		OPOLE	POL	M-30	155	M 367	00:28:51	01:10:04	01:13:57.70	01:15:53.85	7:02	8.5
577	CEBULA WOJCIECH	2046		GLIWICE	POL	M-60	14	M 368	00:32:22	01:10:50	01:14:02.65	01:16:10.05	7:03	8.5
578	BIENIEK BOŻENA	2020		GLIWICE	POL	K-30	86	K 210	00:34:15	01:12:31	01:15:18.15	01:16:17.80	7:10	8.4
579	SZYSZKA BOŻENA	2538		DĄBROWA GÓRNICZA	POL	K-30	84	K 211	00:33:47	01:12:12	01:14:53.15	01:16:18.00	7:08	8.4
580	HANULA BARTŁOMIEJ	2153		GLIWICE	POL	M-20	71	M 369	00:34:50	01:11:41	01:14:12.75	01:16:18.40	7:04	8.5
581	BRATEK MAJA	2669	OTK RZEŹNIK	GLIWICE	POL	K-20	46	K 212	00:33:55	01:12:17	01:14:52.60	01:16:19.60	7:07	8.4
582	SZENDZIELORZ MAREK	2518		GLIWICE	POL	M-40	113	M 370	00:34:53	01:13:08	01:15:48.25	01:16:23.60	7:13	8.3
583	FRYDRYCH PRZEMYSŁAW	2110		GLIWICE	POL	M-30	158	M 371	00:34:53	01:13:08	01:15:48.20	01:16:24.00	7:13	8.3
584	JAŚNIEWICZ SANDRA	2180	DECATHLON&PRZYJACIELE	GLIWICE	POL	K-20	47	K 213	00:34:54	01:13:16	01:16:06.20	01:16:27.35	7:14	8.3
585	ZIĘTEK ANNA	2622	DRIV	GLIWICE	POL	K-30	87	K 214	00:34:35	01:12:32	01:15:18.20	01:16:54.10	7:10	8.4
586	PAWLICZEK ŁUKASZ	2384		GLIWICE	POL	M-30	157	M 372	00:34:34	01:12:31	01:15:17.95	01:16:54.15	7:10	8.4
587	MOCZULSKI WOJCIECH	2659		RUDNO	POL	M-60	15	M 373	00:35:12	01:12:31	01:15:33.80	01:16:54.40	7:11	8.3
588	DROŹDŹ MICHAŁ	2087	RYWAL GLIWICE	GLIWICE	POL	M-30	156	M 374	00:34:07	01:12:21	01:15:02.95	01:17:03.10	7:08	8.4
589	DROŹDŹ ALICJA	2086		GLIWICE	POL	K-30	85	K 215	00:34:09	01:12:22	01:15:03.80	01:17:03.10	7:08	8.4
590	BIENKOWSKA MARIA	2021		GLIWICE	POL	K-30	88	K 216	00:36:07	01:12:48	01:15:21.80	01:17:27.15	7:10	8.4
591	KOCHANEK JAROSŁAW	2215	MOMO TEAM	GLIWICE	POL	M-40	112	M 375	00:37:29	01:12:41	01:15:27.00	01:17:30.95	7:11	8.3
592	ŻELEŻNY TOMASZ	2631		GLIWICE	POL	M-30	159	M 376	00:33:28	01:13:07	01:15:48.55	01:17:50.00	7:13	8.3
593	FRANCZYK KINGA	2108		GLIWICE	POL	K-40	71	K 217	00:33:49	01:12:51	01:15:54.65	01:17:55.60	7:13	8.3
594	JAKSIK MONIKA	2167		KATOWICE	POL	K-40	72	K 218	00:33:48	01:12:51	01:15:54.95	01:17:55.65	7:13	8.3
595	ROGÓŹ SONIA	2430		ŻERNICA	POL	K-40	73	K 219	00:34:44	01:12:57	01:16:05.15	01:18:03.00	7:14	8.3
596	ROGÓŹ MARCIN	2431		ŻERNICA	POL	M-50	19	M 377	00:34:42	01:12:57	01:16:05.60	01:18:03.20	7:14	8.3
597	ZIOŁKOWSKA BASIA	2624	LARMO TEAM	ŚWIĘTOCHŁOWICE	POL	K-40	74	K 220	00:34:08	01:13:21	01:16:10.45	01:18:15.40	7:15	8.3
598	GABOR ALEKSANDRA	2111		CHORZÓW	POL	K-30	89	K 221	00:36:39	01:14:18	01:16:58.80	01:18:47.10	7:19	8.2
599	JANAS-SUCHON AGATA	2169		GLIWICE	POL	K-20	48	K 222	00:35:10	01:14:01	01:16:48.20	01:18:52.70	7:18	8.2
600	PAWŁOWSKA KATARZYNA	2389		GLIWICE	POL	K-30	91	K 223	00:39:25	01:15:14	01:17:28.70	01:18:56.25	7:22	8.1
601	LASAK MONIKA	2267		GLIWICE	POL	K-30	90	K 224	00:39:25	01:15:14	01:17:28.55	01:18:56.45	7:22	8.1
602	KOWALCZYK ANGELIKA	2231		GLIWICE	POL	K-30	92	K 225	00:39:25	01:15:14	01:17:29.20	01:18:57.00	7:22	8.1
603	KONOPACKA KRYSZYNA	2222		GLIWICE	POL	K-60	4	K 226	00:34:50	01:14:56	01:18:02.15	01:19:01.25	7:25	8.1

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
604	SITARZ JOANNA	2462		WROCLAW	POL	K-20	49	K 227	00:34:56	01:14:52	01:17:43.55	01:19:08.70	7:24	8.1
605	KLOC SABINA	2210	STG GLIWICE	GLIWICE	POL	K-20	50	K 228	00:35:36	01:16:05	01:18:50.00	01:19:08.80	7:30	8
606	WRONA BARBARA	2596		GLIWICE	POL	K-30	93	K 229	00:36:33	01:14:49	01:17:31.90	01:19:40.20	7:23	8.1
607	SMOLARSKA PAULINA	2480		TRACHY	POL	K-30	94	K 230	00:36:24	01:15:47	01:18:32.45	01:20:13.20	7:28	8
608	GORAJ-ZAJĄC ALEKSANDRA	2699	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	75	K 231	00:38:09	01:17:45	01:20:32.75	01:20:38.80	7:40	7.8
609	CZULUK GOSIA	2071		GLIWICE	POL	K-30	95	K 232	00:36:13	01:17:05	01:20:04.60	01:22:10.20	7:37	7.9
610	DUNAJ ŁUKASZ	2091	HIRSCHVOGEL	BYTOM	POL	M-30	160	M 378	00:38:03	01:20:08	01:22:30.40	01:23:04.90	7:51	7.6
611	NĘDZA RYSZARD	2336	HIRSCHVOGEL	GLIWICE	POL	M-50	20	M 379	00:38:02	01:20:08	01:22:30.40	01:23:05.20	7:51	7.6
612	URBANIAK ANNA	2557		GLIWICE	POL	K-40	76	K 233	00:38:36	01:19:36	01:22:38.80	01:23:49.45	7:52	7.6
613	STELMASZCZUK DAMIAN	2496		GLIWICE	POL	M-40	114	M 380	00:40:07	01:25:28	01:28:23.20	01:28:34.90	8:25	7.1
614	KULIG MACIEJ	2257		TARNOWSKIE GÓRY	POL	M-30	161	M 381	00:42:10	01:28:04	01:31:28.60	01:33:22.65	8:42	6.9
615	JUSZCZAK - WIŚNIEWSKA AGATA	2186		GLIWICE	POL	K-30	96	K 234	00:44:00	01:30:26	01:33:13.65	01:35:13.50	8:52	6.8
616	ŻOCHOWSKI MIROSŁAW	3127		GLIWICE	POL	M-50	21	M 382	00:41:50	01:33:26	01:36:17.70	01:36:17.70	9:10	6.5
617	ŻOCHOWSKA LILIANA	3128		GLIWICE	POL	K-40	77	K 235	00:41:58		01:36:18.00	01:36:18.00	9:10	6.5
618	REITER DOMINIKA	2425	SLOW JOGGING GLIWICE	GLIWICE	POL	K-20	51	K 236	00:46:22	01:34:20	01:37:56.25	01:39:51.50	9:19	6.4
619	REITER HANNA	2424	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	78	K 237	00:46:22	01:34:20	01:37:56.95	01:39:52.20	9:19	6.4
620	ĆWIK PAWEŁ	2072		TYCHY	POL	M-50	22	M 383	00:28:04	01:53:31	02:00:06.85	02:01:15.55	11:26	5.2
621	MACHEJ REMIGIUSZ	2294	MARO TEAM JASTRZĘBIE - ŻORY	JASTRZĘBIE - ZDRÓJ	POL	M-30	162	M 384		00:43:50			4:23	13.7
622	GARBALA KAMIL	2117		GLIWICE	POL	M-30	163	M 385		00:48:31			4:51	12.4
623	ONYSZKIEWICZ IWONA	2364		KNURÓW	POL	K-30	97	K 238		01:02:29			6:14	9.6
624	ZAWISZA JULIA	2613		GLIWICE	POL	K-20	52	K 239	00:31:57	01:06:06			6:36	9.1
625	DOMAN ŁUKASZ	2079	SOCIOS SILESIA	RUDA ŚLĄSKA	POL	M-40	115	M 386						

GLIWICKA DYCHA, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LEWICKA ELŻBIETA	2279	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 1	00:20:58	00:42:56	00:44:35.75	00:44:37.60	4:14	14.1
2	KARCHNIWY EWA	2200	NIGHT RUNNERS GLIWICE	SMOLNICA	POL	K-20	2	K 2	00:21:06	00:44:09	00:45:55.60	00:46:04.65	4:22	13.7
3	LANGE BEATA	2637	BP RUNNING TEAM	GLIWICE	POL	K-40	2	K 3	00:22:45	00:44:37	00:46:11.05	00:46:23.05	4:23	13.6
4	HAŁKA OLIVIA	2636	BP RUNNING TEAM	GLIWICE	POL	K-20	3	K 4	00:22:47	00:44:38	00:46:11.15	00:46:23.10	4:24	13.6
5	LEBIECKA KAROLINA	2270		KATOWICE	POL	K-20	1	K 5	00:21:51	00:44:09	00:45:45.25	00:46:35.60	4:21	13.8
6	DYRCZ ANNA	2095		KNURÓW	POL	K-40	3	K 6	00:22:37	00:45:26	00:47:13.80	00:47:29.70	4:29	13.3
7	TOMASZEWSKA JOANNA	2548		JELCZ-LASKOWICE	POL	K-30	1	K 7	00:21:52	00:46:53	00:48:51.05	00:48:57.70	4:39	12.9
8	MIERA WIKTORIA	2681	#SZYMITEAM	RUDA KOZIĘLSKA	POL	K-20	4	K 8	00:22:47	00:47:33	00:49:27.25	00:49:29.80	4:42	12.7
9	KUMOR DAGMARA	2258	RUNNERS TEAM KALKA	WARSZAWA	POL	K-30	2	K 9	00:23:25	00:47:30	00:49:22.30	00:49:31.35	4:42	12.8
10	WOJAKOWSKA KATARZYNA	2584	K&K RUN	ZABRZE	POL	K-40	4	K 10	00:23:19	00:47:46	00:49:34.35	00:49:37.80	4:43	12.7
11	KRZYMIŃSKA PATRYCJA	2251	MIRAZ RACE TEAM	GLIWICE	POL	K-30	3	K 11	00:23:35	00:47:40	00:49:27.35	00:49:54.55	4:42	12.7
12	SIKORA KAROLINA	2458		PIEKARY ŚLĄSKIE	POL	K-40	6	K 12	00:23:18	00:48:17	00:50:30.15	00:50:32.20	4:48	12.5
13	POGODA KINGA	3137	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	5	K 13	00:22:59	00:48:31	00:50:26.00	00:50:38.00	4:48	12.5
14	DREWUSZEWSKA EWA	2082		PŁAWNIOWICE	POL	K-40	5	K 14	00:24:01	00:48:44	00:50:26.90	00:50:50.55	4:48	12.5
15	GRZEBNIEWSKA JUDYTA	2147		TYCHY	POL	K-30	4	K 15	00:24:26	00:48:58	00:50:49.25	00:51:32.75	4:50	12.4
16	KŁODA DOROTA	2212		JANKOWICE	POL	K-20	6	K 16	00:22:58	00:49:55	00:51:48.85	00:51:52.30	4:56	12.2
17	GOZDZIŃSKA MAGDALENA	2130		GLIWICE	POL	K-40	7	K 17	00:24:56	00:49:46	00:51:40.65	00:52:01.90	4:55	12.2
18	KARBOWNIK JOANNA	2665		GLIWICE	POL	K-30	5	K 18	00:24:34	00:50:09	00:52:06.55	00:52:29.35	4:57	12.1
19	LEDWIG IWONA	2271	MAMAX2	GLIWICE	POL	K-30	6	K 19	00:24:08	00:50:20	00:52:23.40	00:52:31.75	4:59	12
20	PEPEŁ KATARZYNA	2390	LUXTORPEDA CZERWIONKA	CZERWIONKA-LESZCZYNY	POL	K-30	7	K 20	00:25:02	00:50:32	00:52:24.45	00:53:11.60	4:59	12
21	ZIOMEK KATARZYNA	2625		BYTOM	POL	K-40	10	K 21	00:24:33	00:51:07	00:53:03.10	00:53:20.95	5:03	11.9
22	WÓJCIK ANNA	2595		GLIWICE	POL	K-40	8	K 22	00:25:03	00:50:57	00:52:48.95	00:53:21.10	5:01	11.9
23	EICHHOF JOANNA	2097		GLIWICE	POL	K-40	9	K 23	00:25:17	00:50:57	00:52:54.00	00:53:30.75	5:02	11.9
24	PIWOWARCZYK AGNIESZKA	2403		ZABRZE	POL	K-30	8	K 24	00:25:24	00:51:10	00:53:04.30	00:53:33.30	5:03	11.9
25	SZCZOTKA ILONA	2515		KATOWICE	POL	K-50	1	K 25	00:25:21	00:51:56	00:53:56.25	00:54:25.30	5:08	11.7
26	WIŚNIEWSKA BEATA	2576		GLIWICE	POL	K-20	8	K 26	00:25:53	00:52:05	00:53:54.30	00:54:43.50	5:08	11.7
27	SOSADA NICOL	2486	ISTA BIEGAMY	ZBROŚLAWICE	POL	K-20	7	K 27	00:25:53	00:51:45	00:53:41.85	00:54:44.40	5:06	11.7
28	LYSKO AGNIESZKA	2291		DĄBROWA GÓRNICZA	POL	K-30	9	K 28	00:26:13	00:52:16	00:54:07.60	00:54:57.55	5:09	11.6
29	LISOŃ JULIA	2284	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ SPORT WSPIERA(MY) NAUKOWO	KNURÓW	POL	K-20	9	K 29	00:25:57	00:52:27	00:54:27.35	00:54:59.10	5:11	11.6

GLIWICKA DYCHA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
30	BALIŃSKA-SANOCKA ANETA	2003	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	11	K 30	00:26:57	00:52:08	00:54:01.70	00:55:27.85	5:08	11.7
31	WÓJCIAK KATARZYNA	2592		SOŚNICOWICE	POL	K-40	12	K 31	00:26:45	00:52:52	00:54:53.75	00:55:31.20	5:13	11.5
32	GRUDZIŃSKA MAGDALENA	2142		ZABRZE	POL	K-30	10	K 32	00:26:35	00:52:58	00:54:48.10	00:55:42.20	5:13	11.5
33	ISKRZAK IZABELA	2164		BYTOM	POL	K-30	12	K 33	00:26:08	00:53:02	00:55:12.00	00:55:43.55	5:15	11.4
34	POPLAWSKA-WAL AGATA	2409	ZF	GLIWICE	POL	K-30	11	K 34	00:26:44	00:53:03	00:54:55.80	00:55:49.25	5:13	11.5
35	CZEPIGA BOŻENA	2070		RUDA ŚLĄSKA	POL	K-40	13	K 35	00:25:54	00:53:55	00:55:59.20	00:56:09.60	5:19	11.3
36	OLEŚ MONIKA	2671		CHORZÓW	POL	K-30	13	K 36	00:27:13	00:53:10	00:55:16.10	00:56:22.30	5:15	11.4
37	HOMA DOROTA	2161	NOGAMI DO PRZODU	GLIWICE	POL	K-30	14	K 37	00:26:27	00:53:26	00:55:30.40	00:56:37.75	5:17	11.4
38	SMOK WERONIKA	2479		GLIWICE	POL	K-20	10	K 38	00:26:37	00:53:43	00:56:00.05	00:56:37.90	5:20	11.3
39	OLEJNICZAK ALEKSANDRA	2360		KNURÓW	POL	K-20	12	K 39	00:26:14	00:54:17	00:56:16.60	00:56:45.95	5:21	11.2
40	MARCINIAK PAULINA	2309		GLIWICE	POL	K-30	16	K 40	00:26:34	00:53:48	00:55:53.30	00:57:08.20	5:19	11.3
41	FIRSZT MARTA	2101		CHORZÓW	POL	K-20	13	K 41	00:26:38	00:54:52	00:56:58.80	00:57:14.30	5:25	11.1
42	PAUL VIOLETTA	2382	BPRT	GLIWICE	POL	K-40	14	K 42	00:27:00	00:54:02	00:56:01.10	00:57:15.65	5:20	11.2
43	SZCZERBAK-RUTA ALEKSANDRA	2513		GLIWICE	POL	K-30	15	K 43	00:27:00	00:53:46	00:55:49.70	00:57:23.85	5:18	11.3
44	SALA KATARZYNA	2445		GLIWICE	POL	K-30	17	K 44	00:26:54	00:55:08	00:57:13.30	00:57:25.55	5:26	11.1
45	SANOCKA DOROTA	2452	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	15	K 45	00:26:59	00:54:03	00:56:03.00	00:57:29.25	5:20	11.2
46	DOBROWOLSKA BASIA	2076		BYTOM	POL	K-20	11	K 46	00:27:00	00:54:10	00:56:06.80	00:57:40.35	5:20	11.2
47	STĘPAK PATRYCJA	2497		GLIWICE	POL	K-20	14	K 47	00:27:34	00:55:15	00:57:19.65	00:57:44.50	5:27	11.1
48	KOZA PAULINA	2236	KJ TRACHY GLIWICE	GLIWICE	POL	K-30	18	K 48	00:26:01	00:55:03	00:57:14.70	00:57:44.90	5:27	11.1
49	GAJ KAMILA	2112	NIGHT RUNNERS GLIWICE	KNURÓW	POL	K-50	2	K 49	00:27:00	00:55:38	00:57:48.35	00:58:06.70	5:30	10.9
50	SZASTOK KATARZYNA	2509		RADZIONKÓW	POL	K-40	16	K 50	00:28:08	00:55:14	00:57:11.25	00:58:09.05	5:26	11.1
51	HAŁAKUC JOANNA	2152		GLIWICE	POL	K-20	17	K 51	00:26:59	00:55:54	00:57:59.25	00:58:09.10	5:31	10.9
52	DUCH WERONIKA	2089	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K-20	16	K 52	00:28:47	00:56:06	00:57:57.30	00:58:18.75	5:31	10.9
53	BOSAKOWSKA ELA	2031		GLIWICE	POL	K-40	18	K 53	00:25:47	00:56:08	00:58:13.75	00:58:27.00	5:32	10.8
54	ROSAK-SZYROCKA ASIA	2436	MIELEWCZYK RUNNING TEAM	CZESTOCHOWA	POL	K-40	17	K 54	00:27:34	00:56:10	00:58:04.65	00:58:31.70	5:31	10.8
55	CZAŚKIEWICZ ALICJA	2068	POWERGIRLS	GLIWICE	POL	K-30	19	K 55	00:27:32	00:55:33	00:57:30.35	00:58:40.50	5:28	11.1
56	SŁABOŃ ROMA	2657		GLIWICE	POL	K-30	20	K 56	00:27:32	00:55:34	00:57:34.15	00:58:44.75	5:28	10.9
57	POWROŹNIK PAULINA	2412	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	KATOWICE	POL	K-20	18	K 57	00:26:50	00:55:53	00:58:02.00	00:58:46.30	5:31	10.9
58	ZŁOTEK KATARZYNA	2626	OPEL ACTIVE TEAM	KNURÓW	POL	K-30	24	K 58	00:27:07	00:56:27	00:58:34.75	00:58:54.10	5:34	10.8
59	KOZAK KAMILA	2683		GÓRA SIEWIERSKA	POL	K-20	15	K 59	00:28:02	00:55:35	00:57:38.85	00:59:00.35	5:29	10.9
60	BARCHANOWSKA JOANNA	2008		GLIWICE	POL	K-30	25	K 60	00:26:36	00:56:42	00:58:44.80	00:59:00.50	5:35	10.7
61	MARKER-DZIUBOSZ AGNIESZKA	2312		BYTOM	POL	K-40	19	K 61	00:27:16	00:56:14	00:58:25.25	00:59:05.75	5:33	10.8
62	MAJEWSKA AGATA	2303		CHORZÓW	POL	K-20	19	K 62	00:28:33	00:56:38	00:58:45.35	00:59:08.00	5:35	10.7
63	KUKUCZKA EWA	2254		GLIWICE	POL	K-30	22	K 63	00:27:13	00:55:54	00:58:04.30	00:59:09.60	5:31	10.8
64	ZACZYŃSKA DAGMARA	2603		BYTOM	POL	K-30	21	K 64	00:28:23	00:56:11	00:58:02.05	00:59:15.05	5:31	10.9
65	OKOŃ MONIKA	2357		KNURÓW	POL	K-40	21	K 65	00:28:38	00:56:32	00:58:40.10	00:59:20.85	5:35	10.7
66	GORELL BOGUMIŁA	2128		PONISZOWICE	POL	K-30	23	K 66	00:27:50	00:56:25	00:58:24.80	00:59:33.95	5:33	10.8
67	JAROŃ KATARZYNA	2173		BYTOM	POL	K-40	20	K 67	00:27:30	00:56:33	00:58:31.80	00:59:42.95	5:34	10.8
68	TREFON-RADZIEJEWSKA DOMINIKA	2551		RYBNIK	POL	K-30	26	K 68	00:28:45	00:57:01	00:58:59.25	00:59:43.00	5:37	10.7
69	SZWIEC SANDRA	2531	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-30	27	K 69	00:28:10	00:56:54	00:59:05.75	00:59:45.05	5:37	10.7
70	SZOZDA EWA	2524		SIEDLEC DUŻY	POL	K-30	28	K 70	00:27:10	00:56:53	00:59:07.15	00:59:47.40	5:37	10.7
71	KANIA KRYSZYNA	2197		BIELSKO_BIALA	POL	K-60	1	K 71	00:27:50	00:55:57	00:57:57.85	00:59:59.65	5:31	10.9
72	POLEWKA BEATA	3138	UKS KOMETA GLIWICE	GLIWICE	POL	K-40	23	K 72	00:28:10	00:57:18	00:59:23.20	01:00:02.70	5:39	10.6
73	SIODŁAK-BŁACHNIO JUSTYNA	2461		GLIWICE	POL	K-40	24	K 73	00:27:33	00:57:26	00:59:33.40	01:00:02.70	5:40	10.6
74	KURZYK ELŻBIETA	2264		GLIWICE	POL	K-30	37	K 74	00:29:06	00:57:51	00:59:57.40	01:00:12.40	5:42	10.5
75	KOWALCZYK KAMILA	2232		GLIWICE	POL	K-30	33	K 75	00:28:30	00:57:35	00:59:37.90	01:00:18.35	5:40	10.6
76	KLONEK-FRYŚ SYLWIA	2211		GLIWICE	POL	K-30	31	K 76	00:27:48	00:57:10	00:59:29.05	01:00:18.90	5:39	10.6
77	BUJNAROWSKA BARBARA	2043		GLIWICE	POL	K-30	32	K 77	00:27:48	00:57:10	00:59:29.90	01:00:19.20	5:40	10.6
78	KOTLARSKA ANNA	2227		GLIWICE	POL	K-40	22	K 78	00:29:55	00:57:15	00:59:13.55	01:00:24.30	5:38	10.6
79	SZOŁTYSIK MARTA	2522		RADZIONKÓW	POL	K-30	35	K 79	00:27:39	00:57:33	00:59:53.65	01:00:30.65	5:42	10.5
80	KELLER ANETA	2202		GLIWICE	POL	K-30	39	K 80	00:27:09	00:57:53	01:00:19.50	01:00:35.25	5:44	10.4
81	GŁOWACKA KATARZYNA	2125	K2	KATOWICE	POL	K-30	34	K 81	00:28:36	00:57:30	00:59:39.65	01:00:36.50	5:40	10.6
82	KOWALSKA KAROLINA	2233		TOSZEK	POL	K-30	29	K 82	00:28:18	00:57:12	00:59:07.35	01:00:48.00	5:37	10.7
83	WITKOWSKA NATALIA	2687		GLIWICE	POL	K-30	30	K 83	00:28:26	00:57:05	00:59:16.55	01:00:54.55	5:38	10.6
84	MACHOŚ ADRIANNA	2685		GLIWICE	POL	K-20	23	K 84	00:27:07	00:58:32	01:00:50.10	01:01:04.50	5:47	10.4
85	SOBOLEWSKA STEFANIA	2483		GLIWICE	POL	K-40	25	K 85	00:28:26	00:57:52	01:00:00.25	01:01:07.90	5:42	10.5

GLIWICKA DYCHA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
86	ONOPIUK NATALIA	2363		GLIWICE	POL	K-20	21	K 86	00:28:40	00:58:00	01:00:13.10	01:01:14.05	5:44	10.5
87	BRZEZIŃSKA TERESA	2040	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 87	00:28:33	00:58:36	01:00:43.25	01:01:14.05	5:47	10.4
88	MAJ WIKTORIA	2300		GLIWICE	POL	K-20	20	K 88	00:28:19	00:57:02	00:59:51.60	01:01:14.55	5:42	10.5
89	GRYBOS PATRYCJA	2144		RADZIONKÓW	POL	K-20	22	K 89	00:29:08	00:58:28	01:00:37.00	01:01:18.30	5:46	10.4
90	PROKOP IWONA	2414	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	RUDA ŚLĄSKA	POL	K-40	30	K 90	00:29:03	00:58:31	01:00:43.50	01:01:21.35	5:47	10.4
91	SAMOL IWONA	2449		GLIWICE	POL	K-40	28	K 91	00:28:50	00:58:22	01:00:29.00	01:01:23.90	5:45	10.4
92	STRZELCZYK GRAŻYNA	2502		GLIWICE	POL	K-30	42	K 92	00:29:20	00:59:05	01:01:15.10	01:01:28.90	5:50	10.3
93	CIOK ANNA	2060		GLIWICE	POL	K-30	43	K 93	00:29:20	00:59:05	01:01:15.40	01:01:29.10	5:50	10.3
94	STROJEK AGNIESZKA	2500		BYTOM	POL	K-40	27	K 94	00:29:03	00:58:20	01:00:26.95	01:01:38.40	5:45	10.4
95	HERUD SANDRA	2662		GLIWICE	POL	K-30	38	K 95	00:27:54	00:57:43	00:59:59.80	01:01:42.80	5:42	10.5
96	KOŚLACZ KATARZYNA	2226		TYCHY	POL	K-40	26	K 96	00:29:27	00:58:09	01:00:12.95	01:01:49.30	5:44	10.5
97	SOBEL NATALIA	3142	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	24	K 97	00:28:41	00:59:25	01:01:42.25	01:01:54.50	5:52	10.2
98	SZCZEGÓLSKA ANNA	2510		ZBROSŁAWICE	POL	K-30	36	K 98	00:28:59	00:57:40	00:59:54.05	01:01:57.35	5:42	10.5
99	STRYSIK-KRĘŻEL IWONA	2501	PROPOINT	GLIWICE	POL	K-30	41	K 99	00:28:48	00:59:00	01:01:12.45	01:02:13.00	5:49	10.3
100	SLUZALEK MAŁGORZATA	2474		GLIWICE	POL	K-40	33	K 100	00:28:42	00:59:17	01:01:30.55	01:02:15.90	5:51	10.2
101	BLAUT-KUBANEK ANNA	2025		RUDA ŚLĄSKA	POL	K-30	44	K 101	00:28:12	00:59:04	01:01:16.55	01:02:16.50	5:50	10.3
102	MALSKA- WYROZUMSKA MAŁGORZATA	2306		GLIWICE	POL	K-30	40	K 102	00:28:18	00:58:34	01:00:49.80	01:02:30.55	5:47	10.4
103	DRGAS MAŁGORZATA	2084		RUDA ŚLĄSKA	POL	K-30	46	K 103	00:29:28	00:59:35	01:01:45.40	01:02:36.85	5:52	10.2
104	FABIAN KATARZYNA	2098		CHORZÓW	POL	K-40	31	K 104	00:29:04	00:58:35	01:01:04.80	01:02:40.75	5:49	10.3
105	WRÓBLEWSKA MAGDALENA	2689		GDYŃIA	POL	K-40	34	K 105	00:28:54	00:59:53	01:02:07.65	01:02:45.40	5:55	10.1
106	SKWARA KATARZYNA	2471	HIRSCHVOGEL	ZABRZE	POL	K-30	48	K 106	00:29:27	00:59:35	01:01:57.00	01:02:48.10	5:54	10.2
107	WLACH ANNA	2581		GLIWICE	POL	K-40	32	K 107	00:30:11	00:59:16	01:01:05.50	01:02:49.65	5:49	10.3
108	MAZUR MAGDA	2315		KATOWICE	POL	K-40	37	K 108	00:28:56	01:00:11	01:02:38.65	01:02:52.50	5:58	10.1
109	MIECZNIKOWSKA IDA	2322		KATOWICE	POL	K-20	25	K 109	00:28:29	00:59:26	01:01:51.25	01:02:56.55	5:53	10.2
110	BANDURA ALEKSANDRA	2005	EUVIC	SOSNOWIEC	POL	K-20	26	K 110	00:29:48	00:59:32	01:01:51.45	01:03:20.95	5:53	10.2
111	MACIEJEWSKA SIWY ELA	2298		NULL	POL	K-30	51	K 111	00:29:40	01:00:30	01:02:41.35	01:03:22.95	5:58	10.1
112	HILDEBRAND JUSTYNA	2158		ZABRZE	POL	K-30	47	K 112	00:28:58	00:59:38	01:01:54.75	01:03:23.95	5:53	10.2
113	KOŁAK ALICJA	2219		GLIWICE	POL	K-30	49	K 113	00:28:48	00:59:45	01:02:10.05	01:03:28.75	5:55	10.1
114	MISZCZAK KASIA	2328	EKIPA NA KIJACH	RUDA ŚLĄSKA	POL	K-40	35	K 114	00:28:54	01:00:09	01:02:17.45	01:03:36.70	5:55	10.1
115	MICZKA JUSTYNA	2321		GLIWICE	POL	K-40	36	K 115	00:28:38	00:59:54	01:02:29.20	01:03:40.75	5:57	10.1
116	NIESLER MAGDALENA	2340	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	45	K 116	00:29:44	00:59:33	01:01:41.40	01:03:45.95	5:52	10.2
117	GOWIK AGATA	2129		ZIELONA GÓRA	POL	K-20	28	K 117	00:29:06	01:00:39	01:02:54.25	01:03:47.25	5:59	10
118	PANKIEWICZ KATARZYNA	2379		GLIWICE	POL	K-40	39	K 118	00:29:31	01:00:38	01:02:56.25	01:03:54.25	5:59	10
119	ŁĄCKA KAROLINA	2696			POL	K-30	53	K 119	00:30:41	01:01:08	01:03:07.70	01:03:54.75	6:00	10
120	DOLATA MAGDALENA	2078	AVANTOR	GLIWICE	POL	K-30	50	K 120	00:30:10	01:00:26	01:02:27.30	01:03:57.20	5:56	10.1
121	SKÓRA JOANNA	2467		BYTOM	POL	K-40	38	K 121	00:28:59	01:00:14	01:02:46.50	01:03:58.25	5:58	10
122	ZNÓJ-MULARCZYK TERESA	2627	BIEGNIJ LOLA BIEGNIJ	LIBIAŻ	POL	K-60	2	K 122	00:29:39	01:01:22	01:03:43.90	01:03:59.35	6:04	9.9
123	OSTROWSKA ANNA	2647		SMOLNICA	POL	K-40	40	K 123	00:29:40	01:00:49	01:02:59.00	01:04:21.95	5:59	10
124	BARTŁOJEWICZ SYLWIA	2009		GLIWICE	POL	K-30	52	K 124	00:30:09	01:00:32	01:02:58.35	01:04:28.35	5:59	10
125	STANKIEWICZ KAMILA	2493		GLIWICE	POL	K-20	27	K 125	00:29:30	01:00:19	01:02:41.40	01:04:28.90	5:58	10.1
126	KAŁUSKA MAGDALENA	2194		JAWORZNO	POL	K-30	54	K 126	00:30:53	01:02:03	01:04:15.60	01:04:30.80	6:07	9.8
127	GAJEWSKA IZABELA	2113	FRELKA	GLIWICE	POL	K-40	41	K 127	00:29:59	01:01:41	01:04:03.65	01:04:36.40	6:06	9.8
128	MALEŃKA JOLANTA	2304	OAT	GLIWICE	POL	K-40	42	K 128	00:29:53	01:01:58	01:04:20.75	01:04:40.50	6:07	9.8
129	HAŁAKUC ALEKSANDRA	2151		GLIWICE	POL	K-20	29	K 129	00:30:01	01:01:17	01:03:38.80	01:05:18.50	6:03	9.9
130	LUKOSZEK WERONIKA	2289		GLIWICE	POL	K-20	30	K 130	00:31:22	01:01:35	01:03:40.40	01:05:25.40	6:03	9.9
131	PAWLUS MARZENA	2388		CZECHOWICE-DZIEDZICE	POL	K-20	31	K 131	00:28:43	01:02:31	01:05:02.15	01:05:26.90	6:11	9.7
132	STACHOWSKA ALEKSANDRA	2489		GLIWICE	POL	K-40	45	K 132	00:29:47	01:02:42	01:05:00.60	01:05:42.05	6:11	9.7
133	NOWAK EWA	2346		GLIWICE	POL	K-50	3	K 133	00:29:56	01:01:59	01:04:34.05	01:05:44.10	6:08	9.8
134	LUDWIKOWSKA PAULINA	2287	JURASSIC RUNNERS	DĄBROWA GÓRNICZA	POL	K-30	55	K 134	00:29:59	01:02:06	01:04:23.30	01:05:48.25	6:08	9.8
135	LENARTH ALEKSANDRA	2273		GLIWICE	POL	K-30	62	K 135	00:30:44	01:03:21	01:05:29.20	01:05:51.35	6:14	9.6
136	CHĘCIŃSKA AGNIESZKA	2049		GLIWICE	POL	K-40	43	K 136	00:30:15	01:02:08	01:04:23.80	01:05:54.30	6:08	9.8
137	RUDKIEWICZ ANETA	2437	LILA LOGISTIK	ZABRZE	POL	K-30	57	K 137	00:30:26	01:02:20	01:04:42.00	01:05:54.70	6:09	9.7
138	BAL-BURZAWA RENATA	2639	HIRSCHVOGEL	TYCHY	POL	K-40	47	K 138	00:33:03	01:03:26	01:05:43.75	01:06:01.40	6:15	9.6
139	BISZ MAGDALENA	2023		GLIWICE	POL	K-30	63	K 139	00:30:45	01:03:30	01:05:43.45	01:06:05.65	6:15	9.6
140	KONIECZNY AGNIESZKA	2221		GLIWICE	POL	K-30	59	K 140	00:30:57	01:02:56	01:05:15.20	01:06:18.15	6:12	9.7
141	BOMASTYK BEATA	2653		GLIWICE	POL	K-40	44	K 141	00:31:13	01:02:25	01:04:45.60	01:06:19.20	6:10	9.7
142	STRASSBERGER KATARZYNA	2652		GLIWICE	POL	K-50	4	K 142	00:31:13	01:02:24	01:04:45.90	01:06:19.35	6:10	9.7

GLIWICKA DYCHA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
143	GÓRCKA WERONIKA	2134		GLIWICE	POL	K-20	32	K 143	00:30:40	01:02:48	01:05:15.60	01:06:21.80	6:12	9.7
144	HRYCYSZYŃ JULIA	2162	AVANTOR	GLIWICE	POL	K-30	61	K 144	00:30:37	01:02:56	01:05:28.50	01:06:30.50	6:14	9.6
145	STASZEWSKA MARZENA	845	PKO BANK POLSKI/ INŻYNIERIA BIEGANIA	RUDA ŚLĄSKA	POL	K-30	58	K 145	00:28:12	01:03:13	01:05:14.40	01:06:31.80	6:12	9.7
146	CICHY AGNIESZKA	2058		RUDA ŚLĄSKA	POL	K-30	60	K 146	00:30:57	01:03:00	01:05:24.65	01:06:32.60	6:13	9.6
147	SIKORSKA KATARZYNA	2460	POPKULTURA RELOKACYJNA W KATOWICACH	GLIWICE	POL	K-30	56	K 147	00:29:51	01:02:08	01:04:31.40	01:06:32.95	6:08	9.8
148	KRYCZAŁO PAULINA	2247		WROCAW	POL	K-40	46	K 148	00:30:56	01:02:34	01:05:11.50	01:06:34.95	6:12	9.7
149	PIENIAK KAROLINA	2393		GLIWICE	POL	K-20	35	K 149	00:30:47	01:04:05	01:06:10.50	01:06:35.65	6:18	9.5
150	CHOLEWA MAGDALENA	2052		GLIWICE	POL	K-40	49	K 150	00:30:38	01:03:53	01:06:22.30	01:06:44.80	6:19	9.5
151	KACZMAREK KATARZYNA	2187	SRTG GLIWICE	GLIWICE	POL	K-40	50	K 151	00:35:33	01:04:30	01:06:27.95	01:06:47.55	6:19	9.5
152	KAPTACZ MAGDALENA	2198		GLIWICE	POL	K-40	48	K 152	00:30:30	01:03:25	01:05:47.20	01:06:49.20	6:15	9.6
153	JOOSTBERENS ALEKSANDRA	2182	FLUOR	KNURÓW	POL	K-20	33	K 153	00:31:37	01:03:06	01:05:28.40	01:07:09.50	6:14	9.6
154	KUBICA BOŻENA	2252	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-50	5	K 154	00:31:10	01:04:04	01:06:30.75	01:07:11.05	6:20	9.5
155	ORLICKA MARLENA	2367	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	K-30	65	K 155	00:33:05	01:04:36	01:06:43.50	01:07:28.60	6:21	9.4
156	BILNICKA PAULINA	2022	FLUOR	ZAWIERCIE	POL	K-20	34	K 156	00:31:44	01:03:34	01:06:01.75	01:07:59.95	6:17	9.5
157	MICHAŁUSZEK DOROTA	2318	BIEG - UNKA	GLIWICE	POL	K-30	64	K 157	00:32:24	01:04:08	01:06:21.05	01:08:12.50	6:19	9.5
158	KRYSKA ALEKSANDRA	2248		KNURÓW	POL	K-40	51	K 158	00:31:44	01:04:26	01:06:49.55	01:08:14.30	6:21	9.4
159	ŚWIETLIK JOANNA	2541		BYTOM	POL	K-30	67	K 159	00:30:57	01:04:36	01:07:12.20	01:08:22.95	6:24	9.4
160	ZIEMBIŃSKA- BUCZYŃSKA ALEKSANDRA	2621	COMPANEROS ASFALT TEAM	GLIWICE	POL	K-30	66	K 160	00:31:35	01:04:30	01:06:54.50	01:08:26.30	6:22	9.4
161	POPIÓŁ IZABELA	3074		GLIWICE	POL	K-30	69	K 161	00:31:47	01:05:11	01:08:05.40	01:08:27.55	6:29	9.3
162	SKRZYPEK WIOLA	2468	#BIEGACZE	KRAKÓW	POL	K-20	37	K 162	00:30:44	01:04:58	01:07:23.80	01:08:29.50	6:25	9.3
163	REJNAT AGATA	2426		GLIWICE	POL	K-20	38	K 163	00:32:01	01:05:54	01:08:10.90	01:08:33.65	6:29	9.2
164	TIMOFIEJCZUK ANNA	2660		RUDNO	POL	K-40	52	K 164	00:32:30	01:04:59	01:07:22.15	01:08:42.90	6:24	9.4
165	GRZONKA MAŁGORZATA	2148		MSZANA	POL	K-20	36	K 165	00:32:05	01:04:42	01:07:17.20	01:08:55.65	6:24	9.4
166	MAJ MAŁGORZATA	2301	MOSTOSTAL ZABRZE UNITED	ZABRZE	POL	K-40	53	K 166	00:32:31	01:05:48	01:08:09.95	01:09:07.60	6:29	9.2
167	SZRAJBER ELŻBIETA	2525		SOŚNICOWICE	POL	K-30	68	K 167	00:29:56	01:05:17	01:07:36.70	01:09:12.85	6:26	9.3
168	REWERS MARZENA	2427		TARNOWSKIE GÓRY	POL	K-40	57	K 168	00:32:09	01:06:29	01:09:05.10	01:09:40.85	6:34	9.1
169	KOPEĆ-BRUDEK MAGDALENA	2224		GLIWICE	POL	K-30	70	K 169	00:33:04	01:05:46	01:08:08.40	01:09:49.30	6:29	9.2
170	KĄŻMIERCZAK-BAŁATA ANNA	2201		GLIWICE	POL	K-40	58	K 170	00:33:07	01:06:52	01:09:23.10	01:10:06.70	6:36	9.1
171	JANOSZKA IZABELA	2171	HIRSCHVOGEL	ŚWIBIE	POL	K-20	41	K 171	00:31:47	01:06:45	01:09:17.70	01:10:06.90	6:35	9.1
172	ZAJĄC EWA	2605	RCU UBEZPIECZENIA CIESZANÓW	CIESZANÓW	POL	K-40	54	K 172	00:31:59	01:05:55	01:08:21.90	01:10:12.65	6:30	9.2
173	WÓJCIK AGNIESZKA	2594		ZABRZE	POL	K-20	39	K 173	00:33:29	01:06:16	01:08:51.60	01:10:13.30	6:33	9.1
174	WALCZYK JOANNA	2563	PWC SERVICE DELIVERY CENTER	BYTOM	POL	K-20	40	K 174	00:33:29	01:06:16	01:08:51.75	01:10:13.55	6:33	9.1
175	JUSZCZAK EWA	2185		GLIWICE	POL	K-50	6	K 175	00:32:39	01:07:01	01:09:29.35	01:10:36.80	6:37	9.1
176	LITWIN-BUCKA DOROTA	2285		GLIWICE	POL	K-40	55	K 176	00:32:38	01:06:02	01:08:34.35	01:10:42.80	6:31	9.2
177	MIGDAŁ IWONA	2324		GLIWICE	POL	K-40	56	K 177	00:32:10	01:06:15	01:08:50.50	01:10:48.25	6:33	9.2
178	KOBIERSKA-SŁADEK ANNA	2214		GLIWICE	POL	K-30	73	K 178	00:33:00	01:07:14	01:09:56.50	01:11:00.05	6:39	9
179	JACHYMOWSKA DOMINIKA	2166		GLIWICE	POL	K-30	71	K 179	00:32:08	01:06:42	01:08:58.95	01:11:08.65	6:34	9.1
180	KUCZERA-KULAGA MAGDALENAKULAGA	2253		KATOWICE	POL	K-40	60	K 180	00:32:35	01:06:58	01:09:43.90	01:11:35.60	6:38	9
181	BRIANSKA-KORDECKA ALEKSANDRA	2032		KATOWICE	POL	K-30	72	K 181	00:32:34	01:07:00	01:09:43.25	01:11:35.60	6:38	9
182	STRANCZYK ANNA	2498	FLUOR	ZABRZE	POL	K-30	74	K 182	00:33:07	01:07:46	01:10:17.80	01:11:38.55	6:41	9
183	OSOWSKA KATARZYNA	2693		GLIWICE	POL	K-40	59	K 183	00:32:18	01:06:51	01:09:37.20	01:11:42.70	6:37	9
184	WILCZEK MAGDALENA	2574	FLUOR	GLIWICE	POL	K-40	61	K 184	00:32:11	01:07:47	01:10:13.55	01:11:55.10	6:41	9
185	KĄŁUZYŃSKA MARIOLA	2195		ŁÓDŹ	POL	K-20	43	K 185	00:32:40	01:07:41	01:11:34.70	01:11:55.70	6:48	8.8
186	SUPIŃSKA BEATA	2508	ELZAB ACTIVE TEAM	GLIWICE	POL	K-40	67	K 186	00:32:42	01:07:38	01:11:50.00	01:11:55.75	6:50	8.8
187	PAJĄK DOROTA	2377		GLIWICE	POL	K-30	76	K 187	00:31:36	01:08:25	01:10:54.85	01:11:57.00	6:45	8.9
188	STUCHLIK IZABELA	2504		TARNOWSKIE GÓRY	POL	K-40	66	K 188	00:33:45	01:08:53	01:11:42.00	01:12:20.90	6:49	8.8
189	CHWALISZEWSKA AGNIESZKA	107		GLIWICE	POL	K-40	64	K 189	00:32:57	01:08:57	01:11:38.60	01:12:29.90	6:49	8.8
190	OLSZEWSKA IZABELA	2688	OLSZAKTEAM	KRAKÓW	POL	K-30	75	K 190	00:32:23	01:08:09	01:10:48.45	01:12:34.90	6:44	8.9
191	MACHERA KATARZYNA	2295		STARY KONIECPOL	POL	K-20	42	K 191	00:33:26	01:08:37	01:11:21.70	01:12:39.10	6:47	8.8
192	GALICZEK LIDIA	2115	OPEL ACTIVE TEAM	GLIWICE	POL	K-50	7	K 192	00:33:59	01:08:50	01:11:18.70	01:12:44.50	6:47	8.8
193	RAŁ ZDZISŁAWA	2422		GLIWICE	POL	K-40	68	K 193	00:32:38	01:08:57	01:11:57.45	01:13:08.20	6:51	8.8
194	GROSS TERESA	2141		BYTOM	POL	K-40	62	K 194	00:33:21	01:08:57	01:11:21.30	01:13:14.05	6:47	8.8
195	HRYSZKIEWICZ BARBARA	2163	FIS-SST TEAM	MIEDARY	POL	K-40	63	K 195	00:33:21	01:08:57	01:11:22.90	01:13:15.55	6:47	8.8
196	KOZACZKIEWICZ HELENA	2237		KNURÓW	POL	K-60	3	K 196	00:33:50	01:10:16	01:13:05.70	01:13:32.30	6:57	8.6

GLIWICKA DYCHA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
197	WOJTUKIEWICZ JUSTYNA	2589		GLIWICE	POL	K-30	78	K 197	00:33:52	01:10:33	01:13:08.90	01:13:35.35	6:58	8.6
198	KLAJMON JOANNA	2207		GLIWICE	POL	K-40	65	K 198	00:33:33	01:09:00	01:11:40.75	01:13:36.90	6:49	8.8
199	KOŃCZAK ŁABAS MAGDALENA	2223	HURAGAN LIGOTA	KATOWICE	POL	K-40	70	K 199	00:35:51	01:10:02	01:12:41.35	01:13:46.35	6:55	8.7
200	PROKOPOWICZ ANNA	2417		GLIWICE	POL	K-30	77	K 200	00:33:20	01:10:12	01:12:43.50	01:14:22.00	6:55	8.7
201	POPKO IWONA	2408		ZABRZE	POL	K-30	79	K 201	00:34:12	01:10:45	01:13:27.70	01:14:27.00	6:59	8.6
202	KOCHANEK ALEKSANDRA	388		GLIWICE	POL	K-40	69	K 202	00:36:12	01:10:04	01:12:32.10	01:14:35.85	6:54	8.7
203	NIEUŻYŁA MARTA	2342		GIERAŁTOWICE	POL	K-30	82	K 203	00:34:57	01:11:06	01:13:42.00	01:14:41.40	7:01	8.5
204	KOŁODZIEJCZAK DOMINIKA	2220		GLIWIC	POL	K-20	45	K 204	00:34:00	01:11:19	01:14:08.25	01:14:50.10	7:03	8.5
205	LYSZCZYK PATRYCJA	2292		GLIWICE	POL	K-20	44	K 205	00:32:36	01:13:25.55	01:14:56.10	01:15:50.10	6:59	8.6
206	RODEK-NOWAK MAGDALENA	2429		TARNOWSKIE GÓRY	POL	K-30	83	K 206	00:34:04	01:11:37	01:14:25.85	01:15:04.30	7:05	8.5
207	BRYCHLEC RENATA	2037	SZARE MORSY	WIŚLICA	POL	K-50	8	K 207	00:34:07	01:11:13	01:13:37.60	01:15:20.85	7:00	8.6
208	BRYCHLEC-WOŹNIAK JUSTYNA	2036		WIŚLICA	POL	K-30	80	K 208	00:34:08	01:11:13	01:13:37.75	01:15:20.90	7:00	8.6
209	BURKACKA ELIZA	2045		GLIWICE	POL	K-30	81	K 209	00:35:10	01:11:19	01:13:39.20	01:15:44.05	7:00	8.6
210	BIENIEK BOŻENA	2020		GLIWICE	POL	K-30	86	K 210	00:34:15	01:12:31	01:15:18.15	01:16:17.80	7:10	8.4
211	SZYSZKA BOŻENA	2538		DĄBROWA GÓRNICZA	POL	K-30	84	K 211	00:33:47	01:12:12	01:14:53.15	01:16:18.00	7:08	8.4
212	BRATEK MAJA	2669	OTK RZEŹNIK	GLIWICE	POL	K-20	46	K 212	00:33:55	01:12:17	01:14:52.60	01:16:19.60	7:07	8.4
213	JAŚNIEWICZ SANDRA	2180	DECATHLON&PRZYJACIELE	GLIWICE	POL	K-20	47	K 213	00:34:54	01:13:16	01:16:06.20	01:16:27.35	7:14	8.3
214	ZIĘTEK ANNA	2622	DRIV	GLIWICE	POL	K-30	87	K 214	00:34:35	01:12:32	01:15:18.20	01:16:54.10	7:10	8.4
215	DROŹDŹ ALICJA	2086		GLIWICE	POL	K-30	85	K 215	00:34:09	01:12:22	01:15:03.80	01:17:03.10	7:08	8.4
216	BIENKOWSKA MARIA	2021		GLIWICE	POL	K-30	88	K 216	00:36:07	01:12:48	01:15:21.80	01:17:27.15	7:10	8.4
217	FRANCZYK KINGA	2108		GLIWICE	POL	K-40	71	K 217	00:33:49	01:12:51	01:15:54.65	01:17:55.60	7:13	8.3
218	JAKSIK MONIKA	2167		KATOWICE	POL	K-40	72	K 218	00:33:48	01:12:51	01:15:54.95	01:17:55.65	7:13	8.3
219	ROGÓŻ SONIA	2430		ŻERNICA	POL	K-40	73	K 219	00:34:44	01:12:57	01:16:05.15	01:18:03.00	7:14	8.3
220	ZIOŁKOWSKA BASIA	2624	LARMO TEAM	ŚWIĘTOCHŁOWICE	POL	K-40	74	K 220	00:34:08	01:13:21	01:16:10.45	01:18:15.40	7:15	8.3
221	GABOR ALEKSANDRA	2111		CHORZÓW	POL	K-30	89	K 221	00:36:39	01:14:18	01:16:58.80	01:18:47.10	7:19	8.2
222	JANAS-SUCHON AGATA	2169		GLIWICE	POL	K-20	48	K 222	00:35:10	01:14:01	01:16:48.20	01:18:52.70	7:18	8.2
223	PAWŁOWSKA KATARZYNA	2389		GLIWICE	POL	K-30	91	K 223	00:39:25	01:15:14	01:17:28.70	01:18:56.25	7:22	8.1
224	ŁASAK MONIKA	2267		GLIWICE	POL	K-30	90	K 224	00:39:25	01:15:14	01:17:28.55	01:18:56.45	7:22	8.1
225	KOWALCZYK ANGELIKA	2231		GLIWICE	POL	K-30	92	K 225	00:39:25	01:15:14	01:17:29.20	01:18:57.00	7:22	8.1
226	KONOPACKA KRYSZYNA	2222		GLIWICE	POL	K-60	4	K 226	00:34:50	01:14:56	01:18:02.15	01:19:01.25	7:25	8.1
227	SITARZ JOANNA	2462		WROCLAW	POL	K-20	49	K 227	00:34:56	01:14:52	01:17:43.55	01:19:08.70	7:24	8.1
228	KLOC SABINA	2210	STG GLIWICE	GLIWICE	POL	K-20	50	K 228	00:35:36	01:16:05	01:18:50.00	01:19:08.80	7:30	8
229	WRONA BARBARA	2596		GLIWICE	POL	K-30	93	K 229	00:36:33	01:14:49	01:17:31.90	01:19:40.20	7:23	8.1
230	SMOLARSKA PAULINA	2480		TRACHY	POL	K-30	94	K 230	00:36:24	01:15:47	01:18:32.45	01:20:13.20	7:28	8
231	GORAJ-ZAJĄC ALEKSANDRA	2699	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	75	K 231	00:38:09	01:17:45	01:20:32.75	01:20:38.80	7:40	7.8
232	CZULUK GOSIA	2071		GLIWICE	POL	K-30	95	K 232	00:36:13	01:17:05	01:20:04.60	01:22:10.20	7:37	7.9
233	URBANIAK ANNA	2557		GLIWICE	POL	K-40	76	K 233	00:38:36	01:19:36	01:22:38.80	01:23:49.45	7:52	7.6
234	JUSZCZAK - WIŚNIEWSKA AGATA	2186		GLIWICE	POL	K-30	96	K 234	00:44:00	01:30:26	01:33:13.65	01:35:13.50	8:52	6.8
235	ŻOCHOWSKA LILIANA	3128		GLIWICE	POL	K-40	77	K 235	00:41:58		01:36:18.00	01:36:18.00	9:10	6.5
236	REITER DOMINIKA	2425	SLOW JOGGING GLIWICE	GLIWICE	POL	K-20	51	K 236	00:46:22	01:34:20	01:37:56.25	01:39:51.50	9:19	6.4
237	REITER HANNA	2424	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	78	K 237	00:46:22	01:34:20	01:37:56.95	01:39:52.20	9:19	6.4
238	ONYSZKIEWICZ IWONA	2364		KNURÓW	POL	K-30	97	K 238		01:02:29			6:14	9.6
239	ZAWISZA JULIA	2613		GLIWICE	POL	K-20	52	K 239	00:31:57	01:06:06			6:36	9.1

GLIWICKA DYCHA, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LYSKO JAKUB	2290	WKB META LUBLINIEC	DĄBROWA GÓRNICZA	POL	M-30	1	M 1	00:16:18	00:33:10	00:34:27.05	00:34:28.05	3:16	18.3
2	BABULA PRZEMYSŁAW	2001	GKS PIAST GLIWICE	GLIWICE	POL	M-20	1	M 2	00:18:15	00:36:25	00:37:47.75	00:37:49.10	3:36	16.7
3	URBAŃCZYK KAROL	2559		GLIWICE	POL	M-20	2	M 3	00:18:09	00:36:51	00:38:14.95	00:38:16.60	3:38	16.5
4	SLADEK DAWID	2472		RUDA ŚLĄSKA	POL	M-30	2	M 4	00:18:24	00:37:39	00:39:04.15	00:39:07.10	3:43	16.1
5	WYSOCKI MARIUSZ	2600	LECZYM DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 5	00:19:00	00:38:21	00:39:48.45	00:39:51.40	3:47	15.8
6	PISKUŃ PIOTR	2643		KATOWICE	POL	M-20	3	M 6	00:19:06	00:38:49	00:40:19.90	00:40:22.35	3:50	15.6
7	FOLTYN JAKUB	2102	WAY2CHAMP.COM	GLIWICE	POL	M-20	4	M 7	00:19:53	00:39:07	00:40:30.40	00:40:36.45	3:51	15.6
8	OCHMAN PAWEŁ	2351	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	3	M 8	00:19:15	00:39:12	00:40:35.60	00:40:38.15	3:52	15.5
9	KACZOR MARCELI	2190	MAFIA TEAM LUBLINIEC	SADÓW	POL	M-40	2	M 9	00:19:21	00:39:07	00:40:36.15	00:40:40.90	3:52	15.5

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
10	RODAK PAWEŁ	2428		GLIWICE	POL	M-20	5	M 10	00:19:35	00:39:46	00:41:17.00	00:41:19.90	3:55	15.3
11	NIESLON MAREK	2341	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	4	M 11	00:18:59	00:39:46	00:41:18.65	00:41:23.10	3:56	15.2
12	PROKOP BARTOSZ	2415	CHOPY Z ŻELAZA	RUDA ŚLĄSKA	POL	M-20	6	M 12	00:19:08	00:39:56	00:41:23.55	00:41:24.65	3:56	15.2
13	ŻERDKA MICHAŁ	2632	VIKING TRAINING CENTER/TEAM PAPRY	BIERUŃ	POL	M-30	5	M 13	00:19:16	00:39:49	00:41:32.35	00:41:32.95	3:57	15.2
14	DZIDA JANUSZ	2096		ŻORY	POL	M-30	6	M 14	00:19:29	00:40:09	00:41:41.75	00:41:44.30	3:58	15.1
15	DOLATA KRZYSZTOF	2077	SOCIOS SILESIA	GLIWICE	POL	M-30	7	M 15	00:19:45	00:40:12	00:41:48.65	00:41:50.00	3:58	15.1
16	POLACZEK ALEXANDER	2654		SMOLNICA	POL	M-40	3	M 16	00:19:36	00:40:23	00:41:58.60	00:42:01.75	3:59	15
17	WIERNIEK TOMEK	2571	LC'S	KATOWICE	POL	M-40	4	M 17	00:19:49	00:40:23	00:42:01.95	00:42:07.65	4:00	15
18	SADŁO SEBASTIAN	2684	#SZYMITTEAM	RUDY	POL	M-20	7	M 18	00:19:22	00:40:34	00:42:12.30	00:42:14.45	4:01	14.9
19	CHUDY DOMINIK	2056		CZĘSTOCHOWA	POL	M-20	8	M 19	00:20:16	00:40:34	00:42:18.25	00:42:21.30	4:01	14.9
20	BLUS MARCIN	2026		ZABRZE	POL	M-40	5	M 20	00:19:50	00:41:12	00:42:49.80	00:42:53.00	4:04	14.7
21	HALMAN TOMASZ	2150	KLAVA	GLIWICE	POL	M-30	8	M 21	00:19:59	00:41:41	00:43:13.20	00:43:14.85	4:06	14.6
22	CIECIAK GRZEGORZ	2059	MEGAWAT RUNNING TEAM	ŻORY	POL	M-40	6	M 22	00:20:53	00:41:45	00:43:21.50	00:43:29.90	4:07	14.5
23	CZAJA JAROSŁAW	2065	FUTURE PROCESSING RUNNING TEAM	BYTOM	POL	M-40	7	M 23	00:20:53	00:42:13	00:43:49.65	00:43:57.90	4:10	14.4
24	LILLA PIOTR	2281	KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ	JASTRZĘBIE - ZDRÓJ	POL	M-30	10	M 24	00:20:23	00:42:18	00:43:59.15	00:44:01.80	4:11	14.3
25	ZABRZEWSKI PATRYK	2602		ŻORY	POL	M-30	9	M 25	00:20:50	00:42:18	00:43:58.80	00:44:01.85	4:11	14.3
26	KUCHARCZYK JAKUB	3144	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	9	M 26	00:20:00	00:42:44	00:44:16.80	00:44:18.60	4:13	14.2
27	GIEMZA PIOTR	2122	BREMBO	DĄBROWA GÓRNICZA	POL	M-30	12	M 27	00:20:39	00:42:33	00:44:15.85	00:44:19.00	4:12	14.2
28	PODYMA MIKOŁAJ	2406		BYTOM	POL	M-20	10	M 28	00:20:35	00:42:36	00:44:18.85	00:44:23.00	4:13	14.2
29	KUKURBA MIKOŁAJ	2255	ROMET FACTORY TEAM	GLIWICE	POL	M-30	14	M 29	00:20:05	00:42:43	00:44:24.00	00:44:27.25	4:13	14.2
30	NAPIÓRKOWSKI ADAM	2334		GLIWICE	POL	M-30	13	M 30	00:20:53	00:42:45	00:44:19.90	00:44:28.05	4:13	14.2
31	JEZUSEK PIOTR	2181	BENQ - CO JA BIEGNE	GLIWICE	POL	M-30	11	M 31	00:20:51	00:42:36	00:44:15.65	00:44:28.20	4:12	14.2
32	MUCHA MATEUSZ	2331	PARKRUN KATOWICE	SIEMIANOWICE ŚLĄSKIE	POL	M-20	12	M 32	00:20:26	00:42:53	00:44:26.65	00:44:28.50	4:14	14.2
33	BIEDRON DARIUSZ	2019		PANIÓWKI	POL	M-40	8	M 33	00:20:53	00:42:34	00:44:25.95	00:44:33.40	4:13	14.2
34	SKOWRON MARCIN	2466		BYTOM	POL	M-40	9	M 34	00:20:58	00:42:49	00:44:29.35	00:44:37.75	4:14	14.2
35	SŁAMACHA DAWID	2447	DRIV	GLIWICE	POL	M-20	11	M 35	00:20:40	00:42:46	00:44:26.20	00:45:04.45	4:13	14.2
36	DONIGIEWICZ MARIUSZ	2080		GLIWICE	POL	M-40	10	M 36	00:21:43	00:43:20	00:44:48.40	00:45:07.20	4:16	14.1
37	KONDERAK DAWID	2672		CHORZÓW	POL	M-30	15	M 37	00:21:11	00:43:17	00:45:02.50	00:45:09.20	4:17	14
38	KAMIŃSKI JACEK	2196	ROMET FACTORY TEAM	GLIWICE	POL	M-30	17	M 38	00:20:39	00:43:19	00:45:09.00	00:45:12.55	4:18	14
39	SŁOMKOWSKI MATEUSZ	2476		GDAŃSK	POL	M-20	13	M 39	00:20:55	00:43:42	00:45:20.55	00:45:28.10	4:19	13.9
40	SZCZEPAŃSKI PAWEŁ	2512		ŁAZISKA GÓRNE	POL	M-30	16	M 40	00:21:04	00:43:27	00:45:08.45	00:45:30.90	4:17	14
41	BĄBSKI SZYMON	2012	WYMIATACZE UJSOŁY	UJSOŁY	POL	M-40	11	M 41	00:21:12	00:43:47	00:45:27.45	00:45:34.40	4:19	13.9
42	CZARNOZYŃSKI ALEKSANDER	2067	GTT INTERPROJEKT	GLIWICE	POL	M-50	1	M 42	00:21:55	00:43:53	00:45:31.60	00:45:38.05	4:20	13.8
43	BORYCZKO BARTŁOMIEJ	2030	BARRE STATION FITNESS	GLIWICE	POL	M-40	12	M 43	00:20:45	00:43:59	00:45:40.80	00:45:52.00	4:21	13.8
44	CZABAŃSKI RAFAŁ	2064	RUNHOGS TYCHY	GLIWICE	POL	M-40	13	M 44	00:22:12	00:44:13	00:45:44.55	00:46:10.05	4:21	13.8
45	CIUPEK ADRIAN	2062		RUDY	POL	M-20	14	M 45	00:21:46	00:44:27	00:46:05.45	00:46:10.80	4:23	13.7
46	GRUDZIŃSKI RADOŚLAW	2143		ZABRZE	POL	M-30	18	M 46	00:21:57	00:44:27	00:46:02.90	00:46:13.75	4:23	13.7
47	KOTRA JACEK	2228		SMOLNICA	POL	M-30	19	M 47	00:21:44	00:44:32	00:46:16.75	00:46:20.55	4:24	13.6
48	ZALESKI MACIEJ	2607		GLIWICE	POL	M-20	15	M 48	00:21:48	00:44:34	00:46:06.70	00:46:21.80	4:23	13.7
49	ALKER ZBIGNIEW	2000	ALKER TEAM	GLIWICE	POL	M-50	2	M 49	00:22:18	00:44:54	00:46:38.55	00:46:55.00	4:26	13.5
50	SKOLUDEK ROBERT	2464	KOLEGIUM SĘDZIÓW ZABRZE	PRZECZLEBIE	POL	M-20	17	M 50		00:45:35	00:47:05.30	00:47:05.30	4:29	13.4
51	MICHAŁUSZEK SEBASTIAN	2317	BIEG - UNKA	GLIWICE	POL	M-40	15	M 51	00:22:25	00:45:19	00:47:02.50	00:47:07.35	4:28	13.4
52	SOBOLEWSKI MACIEJ	2664		ZABRZE	POL	M-40	14	M 52	00:22:14	00:45:20	00:46:58.80	00:47:08.65	4:28	13.4
53	WOJAKOWSKI KRZYSZTOF	2585	K&K RUN	GLIWICE	POL	M-40	16	M 53	00:21:22	00:45:40	00:47:24.00	00:47:27.95	4:30	13.3
54	OCZKO DOMINIK	2353		KATOWICE	POL	M-40	17	M 54	00:22:41	00:45:47	00:47:28.35	00:47:33.45	4:31	13.3
55	NIEPOŃ MICHAŁ	2339	FLUOR	GLIWICE	POL	M-30	20	M 55		00:45:11	00:46:46.95	00:47:38.90	4:27	13.5
56	TOWAREK MICHAŁ	3139	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	18	M 56	00:21:53	00:45:38	00:47:31.55	00:47:41.60	4:31	13.3
57	MACIĄZEK MAREK	2667	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M-50	4	M 57	00:22:54	00:45:55	00:47:40.55	00:47:47.40	4:32	13.2
58	GÓRALEWSKI RAFAŁ	2133		GLIWICE	POL	M-20	19	M 58	00:21:52	00:46:07	00:47:46.10	00:47:49.90	4:32	13.2
59	GANSZCZYK RAFAŁ	2116	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	18	M 59	00:22:44	00:45:54	00:47:41.70	00:47:51.25	4:32	13.2
60	SZCZOTKA ANDRZEJ	2516		KATOWICE	POL	M-50	3	M 60	00:22:34	00:45:39	00:47:24.20	00:47:53.20	4:30	13.3
61	JACHYM ARKADIUSZ	2165	SILESIA SOCIOS	GLIWICE	POL	M-40	19	M 61	00:21:39	00:44:53	00:48:01.25	00:48:06.70	4:34	13.1
62	KURZEŁA KUBA	2263	GIBKIE SZŁAPY	ŚWIĘTOCHŁOWICE	POL	M-30	22	M 62	00:22:05	00:45:56	00:48:05.40	00:48:15.50	4:34	13.1
63	CITUK RAJMUND	2061	BIEGAMNACZTERECHŁAPACH	GLIWICE	POL	M-20	20	M 63	00:23:39	00:46:20	00:48:02.50	00:48:22.55	4:34	13.1
64	BARTNIK NIKODEM	2010		BYTOM	POL	M-20	16	M 64	00:23:04	00:45:26	00:47:02.00	00:48:38.75	4:28	13.4

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
65	WITEK GRZEGORZ	2580	DAR-BUD TEAM	RACIBÓRZ	POL	M-30	23	M 65	00:23:21	00:46:29	00:48:11.80	00:48:41.40	4:35	13.1
66	DREWUSZEWSKI MACIEJ	2083	4M	PŁAWNIOWICE	POL	M-40	21	M 66	00:22:27	00:46:39	00:48:36.65	00:48:45.30	4:37	13
67	SZYMAŃSKI PIOTR	2534		BYTOM	POL	M-40	22	M 67	00:22:41	00:46:51	00:48:37.35	00:48:46.70	4:37	13
68	ROJCZYK KRZYSZTOF	2432	DRIV	RYBNIK	POL	M-30	21	M 68		00:45:57	00:47:40.35	00:48:48.65	4:32	13.2
69	PROKOPIUK KRZYSZTOF	2416		ORNONTOWICE	POL	M-20	22	M 69	00:23:36	00:46:49	00:48:28.50	00:48:51.15	4:37	13
70	KURCZYK KAMIL	2260		GLIWICE	POL	M-20	21	M 70	00:23:23	00:46:20	00:48:05.50	00:48:51.80	4:34	13.1
71	JASIK GRZEGORZ	2175	SRTG GLIWICE	GLIWICE	POL	M-40	20	M 71	00:23:20	00:46:50	00:48:35.60	00:48:53.40	4:37	13
72	STALMACH DAMIAN	2490	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	23	M 72	00:23:09	00:46:52	00:48:45.85	00:49:02.50	4:38	12.9
73	MIELNIK KRZYSIEK	2323		GLIWICE	POL	M-30	24	M 73	00:23:26	00:46:56	00:48:41.15	00:49:07.25	4:38	12.9
74	FOLTYN PAWEŁ	2103	FOLKI	GLIWICE	POL	M-30	25	M 74	00:23:19	00:47:23	00:49:09.55	00:49:23.75	4:40	12.8
75	PACANA PATRYK	2374	DRUŻYNA ŚWIĘTEGO MARCINA	TARNOWSKIE GÓRY	POL	M-20	23	M 75	00:22:46	00:47:19	00:49:16.25	00:49:27.45	4:41	12.8
76	NOWAKOWSKI ZENON	2350		ZABRZE	POL	M-60	1	M 76	00:23:40	00:47:26	00:49:11.35	00:49:48.05	4:41	12.8
77	SZEREMETA MACIEJ	2519		ZABRZE	POL	M-40	24	M 77	00:23:44	00:47:11	00:48:51.50	00:49:50.30	4:39	12.9
78	ULFIK BARTŁOMIEJ	2555		GLIWICE	POL	M-40	26	M 78	00:22:49	00:47:56	00:49:47.35	00:49:54.15	4:44	12.7
79	BIAŁAS ANDRZEJ	2691		BYTOM	POL	M-40	28	M 79	00:22:45	00:48:01	00:49:53.25	00:49:58.90	4:45	12.6
80	LEMPART TOMASZ	2272		GLIWICE	POL	M-40	27	M 80	00:22:24	00:47:49	00:49:50.75	00:50:01.90	4:44	12.6
81	JAKUBCZYK KRZYSZTOF	2168		BYTOM	POL	M-30	26	M 81	00:23:29	00:47:42	00:49:37.00	00:50:09.95	4:43	12.7
82	HEROK PIOTR	2157		RYBNIK	POL	M-30	29	M 82	00:22:49	00:48:06	00:49:58.95	00:50:10.05	4:45	12.6
83	OLEJNICZAK TOMASZ	2635		BYTOM	POL	M-40	25	M 83	00:24:10	00:47:35	00:49:29.10	00:50:14.20	4:42	12.7
84	ŚMIERCIAK PAWEŁ	2539	DOLINA SPORTOWA	CZESTOCHOWA	POL	M-30	27	M 84	00:23:57	00:47:53	00:49:38.60	00:50:14.85	4:43	12.7
85	HODOR ROBERT	2159		BYTOM	POL	M-40	29	M 85	00:23:41	00:48:07	00:49:53.80	00:50:21.70	4:45	12.6
86	LUKASZCZYK MAREK	2288		RUDA ŚLĄSKA	POL	M-20	24	M 86	00:24:36	00:47:24	00:49:29.05	00:50:23.10	4:42	12.7
87	TIAHNYBOK PAWEŁ	2545	DECATHLON&PRZYJACIELE	KALETY	POL	M-40	32	M 87	00:23:13	00:48:12	00:50:10.70	00:50:25.45	4:46	12.6
88	TURAK RAFAŁ	2554		KATOWICE	POL	M-40	30	M 88	00:23:29	00:48:04	00:49:55.35	00:50:26.70	4:45	12.6
89	WOCHNIK DAWID	2583	CF ZABRZE	GLIWICE	POL	M-30	28	M 89	00:24:27	00:47:55	00:49:43.95	00:50:28.20	4:44	12.7
90	WILMA KRZYSZTOF	2575		GLIWICE	POL	M-40	34	M 90	00:23:40	00:48:24	00:50:15.25	00:50:38.80	4:47	12.5
91	JÓZEFOWICZ PIOTR	2183		DZIAŁDOWO	POL	M-40	33	M 91	00:23:17	00:48:21	00:50:14.75	00:50:45.10	4:47	12.5
92	STANISZEWSKI JANUSZ	2492		BYTOM	POL	M-50	5	M 92	00:23:47	00:48:32	00:50:19.70	00:50:48.70	4:47	12.5
93	OGONOWSKI DARIUSZ	2356		SOSNOWIEC	POL	M-30	31	M 93	00:23:55	00:48:33	00:50:26.15	00:50:49.45	4:48	12.5
94	BIAŁAS ROBERT	2641		ZABRZE	POL	M-40	31	M 94	00:24:01	00:48:06	00:49:56.60	00:50:53.30	4:45	12.6
95	GĘBCZYŃSKI PAWEŁ	2120		GLIWICE	POL	M-40	35	M 95	00:23:47	00:48:25	00:50:16.20	00:50:54.80	4:47	12.5
96	SOCZAWA WOJCIECH	2484		ZABRZE	POL	M-40	36	M 96	00:24:10	00:48:30	00:50:19.45	00:50:55.25	4:47	12.5
97	KOWALSKI MARCIN	2235		DĄBROWA GÓRNICZA	POL	M-20	25	M 97	00:23:51	00:48:21	00:50:09.90	00:51:12.05	4:46	12.6
98	GODLEWSKI ŁUKASZ	2126	HIRSCHVOGEL	GLIWICE	POL	M-20	27	M 98	00:24:13	00:49:02	00:50:43.30	00:51:14.90	4:49	12.4
99	ŚWIĘTEK MARCIN	2542		RUDA ŚLĄSKA	POL	M-30	30	M 99	00:24:24	00:48:13	00:50:01.45	00:51:16.50	4:45	12.6
100	WATOŁA MAREK	2566	M&M	PYSKOWICE	POL	M-40	38	M 100	00:23:01	00:49:43	00:51:17.00	00:51:24.35	4:53	12.3
101	PAWLINA PIOTR	2387		GLIWICE	POL	M-40	39	M 101	00:25:31	00:49:42	00:51:24.55	00:51:24.55	4:53	12.3
102	MARCZYK DAREK	2311	FLUOR	BYTOM	POL	M-30	34	M 102	00:23:38	00:49:06	00:50:58.45	00:51:30.05	4:51	12.4
103	KRZANOWSKI MARCIN	2249	OASIS TEAM SPORT	ZABRZE	POL	M-30	32	M 103	00:24:16	00:48:53	00:50:40.35	00:51:30.40	4:49	12.4
104	STAROSTA ROBERT	2495		RUDA ŚLĄSKA	POL	M-30	33	M 104	00:24:03	00:48:58	00:50:54.65	00:51:31.10	4:50	12.4
105	ZWOLSKI DYMITR	2628		KNURÓW	POL	M-30	35	M 105	00:24:21	00:49:13	00:51:05.80	00:51:31.80	4:51	12.3
106	PAROL TOMASZ	2381	PROPOINT	GLIWICE	POL	M-30	36	M 106	00:23:59	00:49:20	00:51:09.90	00:51:39.20	4:52	12.3
107	SZWARCZYŃSKI MICHAŁ	2530		GLIWICE	POL	M-30	43	M 107	00:23:04	00:49:49	00:51:44.15	00:51:51.20	4:55	12.2
108	KWIATKOWSKI MARCIN	2266		GLIWICE	POL	M-30	39	M 108	00:23:30	00:49:27	00:51:23.05	00:51:55.50	4:53	12.3
109	OCHOJSKI ŁUKASZ	2352		MIKOŁÓW	POL	M-20	26	M 109	00:24:17	00:48:26	00:50:17.60	00:51:55.80	4:47	12.5
110	RUDZIŃSKI JACEK	2440		GLIWICE	POL	M-30	38	M 110	00:25:30	00:49:30	00:51:15.40	00:51:58.20	4:52	12.3
111	RUDZIŃSKI KAMIL	2439		GLIWICE	POL	M-30	37	M 111	00:25:28	00:49:27	00:51:14.10	00:51:58.40	4:52	12.3
112	BORCZ TOMASZ	2028		DĄBROWA GÓRNICZA	POL	M-40	43	M 112	00:23:18	00:49:55	00:51:55.95	00:52:01.60	4:56	12.1
113	PORĘBSKI GRZEŚ	2410		GLIWICE	POL	M-20	30	M 113	00:24:44	00:50:14	00:51:56.80	00:52:06.65	4:56	12.1
114	MACH MARCIN	2297		GLIWICE	POL	M-40	44	M 114	00:24:04	00:50:01	00:51:58.70	00:52:10.95	4:56	12.1
115	KRZYK JAROSŁAW	2250		TYCHY	POL	M-40	41	M 115	00:24:46	00:49:54	00:51:49.15	00:52:12.80	4:56	12.2
116	ŻYWKO KRZYSZTOF	2634		PUŁAWY	POL	M-20	29	M 116	00:24:22	00:49:48	00:51:48.40	00:52:15.95	4:56	12.2
117	MACIEJEWSKI PAWEŁ	2299		ZABRZE	POL	M-20	28	M 117	00:24:25	00:48:57	00:50:56.20	00:52:19.80	4:51	12.4
118	PILSZYK KAZIMIERZ	2398	SENIORZY	GROJEC	POL	M-60	2	M 118	00:24:39	00:49:29	00:51:21.85	00:52:20.90	4:53	12.3
119	WIETRZYCKI MARIUSZ	2572	MOMO TEAM	GLIWICE	POL	M-30	48	M 119	00:24:05	00:50:15	00:52:16.85	00:52:20.90	4:58	12.1
120	WIETRZYCKI ZENON	2573	MOMO TEAM	GLIWICE	POL	M-60	3	M 120	00:24:16	00:50:15	00:52:16.70	00:52:21.10	4:58	12
121	ZYCHLA GRZEGORZ	2655	SU07	BYTOM	POL	M-30	42	M 121	00:25:41	00:49:59	00:51:43.10	00:52:25.45	4:55	12.2

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
122	PACAN TOMASZ	2373		BYTOM	POL	M-40	42	M 122	00:24:04	00:49:57	00:51:51.95	00:52:26.30	4:56	12.1
123	ROMIK ARTUR	2435		GLIWICE	POL	M-40	37	M 123	00:24:13	00:49:04	00:50:56.95	00:52:39.70	4:51	12.4
124	WARDAK PIOTR	2565		GLIWICE	POL	M-30	47	M 124	00:24:15	00:50:21	00:52:12.25	00:52:39.85	4:58	12.1
125	ZAJĄC MATEUSZ	2604		GLIWICE	POL	M-30	41	M 125	00:25:24	00:50:00	00:51:39.55	00:52:49.35	4:55	12.2
126	FOREMSKI GRZEGORZ	2106	KABANOS RUNNING CREW	BYTOM	POL	M-30	40	M 126	00:24:47	00:49:44	00:51:27.35	00:52:51.90	4:54	12.2
127	NOWAK ŁUKASZ	2347	AVANTOR PERFORMANCE MATERIALS POLAND	RYBNIK	POL	M-30	45	M 127	00:24:52	00:50:06	00:52:00.25	00:52:54.50	4:57	12.1
128	LASIUŁ PAWEŁ	2268		HIRSCHVOGEL	POL	M-30	50	M 128	00:25:11	00:50:42	00:52:26.25	00:52:56.80	4:59	12
129	LEWANDERSKI DARIUSZ	2277		HIRSCHVOGEL	POL	M-30	49	M 129	00:25:10	00:50:42	00:52:25.70	00:52:56.90	4:59	12
130	TOKAJ DOMINIK	2546		GLIWICE	POL	M-20	31	M 130	00:24:58	00:50:21	00:52:18.90	00:53:02.05	4:58	12
131	SŁODKIEWICZ GRZEGORZ	2475		GLIWICE	POL	M-40	48	M 131	00:24:34	00:50:46	00:52:49.10	00:53:02.35	5:01	11.9
132	STRZELECKI DANIEL	2503		MIKOŁÓW	POL	M-40	40	M 132	00:24:39	00:49:39	00:51:37.45	00:53:02.50	4:54	12.2
133	JANOSZ SŁAWOMIR	2170	BIURO INŻYNIERSKIE IEC	SZAŁSZA	POL	M-30	53	M 133	00:23:49	00:51:00	00:52:44.25	00:53:08.20	5:01	11.9
134	PIECHOWIAK WOJCIECH	2392		GLIWICE	POL	M-30	52	M 134	00:24:13	00:50:44	00:52:43.70	00:53:09.80	5:01	12
135	SZOŁTYSIK ŁUKASZ	2649		GLIWICE	POL	M-30	44	M 135	00:25:11	00:49:57	00:51:54.05	00:53:12.60	4:56	12.1
136	SŁOWIŃSKI JACEK	2478		RYBNIK	POL	M-30	46	M 136	00:25:58	00:50:19	00:52:01.50	00:53:16.25	4:57	12.1
137	DREWNIAK ŁUKASZ	2674		GLIWICE	POL	M-30	54	M 137	00:25:40	00:51:05	00:52:44.35	00:53:27.55	5:01	11.9
138	SEMLA TOMASZ	2454		GLIWICE	POL	M-30	57	M 138	00:24:33	00:50:54	00:52:52.20	00:53:28.10	5:02	11.9
139	WOCH SZYMON	2582	STUDIO ENERGIA TEAM RYBNIK	RYBNIK	POL	M-30	59	M 139	00:25:21	00:51:16	00:53:11.25	00:53:29.90	5:03	11.8
140	CHEGE DANSON	2048	DECATHLON CAR GLIWICE	GLIWICE	POL	M-30	60	M 140	00:23:51	00:51:35	00:53:15.85	00:53:31.35	5:04	11.8
141	MICHULEC JAKUB	2656	EKO-OKNA RUNNERS	BYTOM	POL	M-30	55	M 141	00:25:41	00:51:07	00:52:48.55	00:53:31.40	5:01	11.9
142	KULA JAN	2256	DECATHLON I PRZYJACIELE	GLIWICE	POL	M-30	61	M 142	00:26:04	00:51:36	00:53:17.80	00:53:31.65	5:04	11.8
143	PIOTROWSKI KAJETAN	2401	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	32	M 143	00:25:29	00:50:50	00:52:22.25	00:53:35.75	4:59	12
144	SZULC SEBASTIAN	2527	EXLABS	GLIWICE	POL	M-30	58	M 144	00:23:46	00:50:48	00:52:59.70	00:53:40.95	5:02	11.9
145	ORACZ ARKADIUSZ	2366	PROPOINT	RUDA ŚLĄSKA	POL	M-20	33	M 145	00:25:20	00:50:43	00:52:28.85	00:53:42.65	4:59	12
146	UNIEJEWSKI TOMASZ	2556		KATOWICE	POL	M-40	52	M 146	00:25:09	00:51:00	00:53:03.90	00:53:52.00	5:03	11.9
147	WOJTAS MARCIN	2586	ISTA BIEGAMY	GLIWICE	POL	M-30	56	M 147	00:26:20	00:51:10	00:52:51.00	00:53:55.20	5:02	11.9
148	PIONTEK PIOTR	2399	MEGAWAT RUNNING TEAM	KNURÓW	POL	M-40	47	M 148	00:25:31	00:50:52	00:52:39.85	00:53:58.85	5:00	12
149	BLADYN DAWID	2024	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	34	M 149	00:25:29	00:50:57	00:52:45.90	00:53:59.45	5:01	11.9
150	WIŚNIEWSKI TOMASZ	2577		GLIWICE	POL	M-30	62	M 150	00:25:33	00:51:18	00:53:18.45	00:54:07.10	5:04	11.8
151	IGNACZAK ROBERT	2650		GLIWICE	POL	M-40	49	M 151	00:25:20	00:50:56	00:52:49.60	00:54:07.70	5:01	11.9
152	LASKOWSKI SEBASTIAN	3129	KATA GUROMA	GLIWICE	POL	M-40	45	M 152	00:25:27	00:50:21	00:52:15.25	00:54:08.35	4:58	12.1
153	FABER JACEK	2638		GLIWICE	POL	M-30	63	M 153	00:24:53	00:51:36	00:53:39.65	00:54:09.30	5:06	11.7
154	DWORNICZAK SZYMON	2093	CHAHARY ZE STAREGO	CHORZÓW	POL	M-40	46	M 154	00:26:52	00:50:56	00:52:39.65	00:54:11.80	5:00	12
155	STROJEK PIOTR	2499		BYTOM	POL	M-40	51	M 155	00:25:21	00:51:06	00:53:01.45	00:54:12.60	5:02	11.9
156	MUSIOŁ KRZYSZTOF	2333	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	NIEBOROWICE	POL	M-40	54	M 156	00:24:58	00:51:54	00:53:58.50	00:54:16.20	5:08	11.7
157	OGONOWSKI EDWARD	2355	ŻÓŁWIK OPOLE	OPOLE	POL	M-60	4	M 157	00:25:49	00:51:28	00:53:23.30	00:54:19.15	5:05	11.8
158	SZMIGIEL DANIEL	2520		GLIWICE	POL	M-30	66	M 158	00:25:21	00:51:55	00:53:50.45	00:54:22.80	5:07	11.7
159	GOŹDZIŃSKI WOJCIECH	2131		GLIWICE	POL	M-40	57	M 159	00:24:38	00:52:10	00:54:12.55	00:54:33.20	5:09	11.6
160	HEINE ANDRZEJ	2156	PKO BANK POLSKI	RYBNIK	POL	M-30	51	M 160	00:24:49	00:50:42	00:52:36.00	00:54:34.45	5:00	12
161	LISIECKI DAWID	2283	KNURÓW-SIMTECH	KNURÓW	POL	M-30	64	M 161	00:26:04	00:52:01	00:53:41.55	00:54:34.65	5:06	11.7
162	BANIAK PRZEMYSŁAW	2006		ZAWIERCIE	POL	M-40	55	M 162	00:25:38	00:52:07	00:54:08.15	00:54:38.00	5:09	11.6
163	TOMCZAK RAFAŁ	2550	ZABIEGANI NAUCZYCIELE	MIKOŁÓW	POL	M-40	56	M 163	00:25:39	00:52:14	00:54:09.95	00:54:38.60	5:09	11.6
164	JAŚKIEWICZ SŁAWOMIR	2179		MYSŁOWICE	POL	M-30	65	M 164	00:24:59	00:51:41	00:53:47.20	00:54:41.05	5:07	11.7
165	STAWARCZYK KRYSZTOF	2646	OPEL ACTIVE TEAM	RYBNIK	POL	M-40	50	M 165	00:26:27	00:51:06	00:52:55.60	00:54:43.00	5:02	11.9
166	DOBOSZ MARIUSZ	2075	GO-LEASING	GLIWICE	POL	M-30	69	M 166	00:25:57	00:52:28	00:54:16.15	00:54:45.95	5:10	11.6
167	ŻAAK MICHAŁ	2629		ZABRZE	POL	M-30	67	M 167	00:25:57	00:52:02	00:53:52.55	00:54:46.85	5:07	11.7
168	CZAŚTKIEWICZ MARCIN	2069		GLIWICE	POL	M-30	74	M 168	00:25:17	00:52:32	00:54:27.20	00:54:53.30	5:11	11.6
169	OGAZA MARIUSZ	2354		KNURÓW	POL	M-30	77	M 169	00:25:35	00:52:46	00:54:50.25	00:54:54.00	5:13	11.5
170	GOLIASZ BARTŁOMIEJ	2127		GLIWICE	POL	M-30	68	M 170	00:26:43	00:52:28	00:54:08.75	00:55:03.65	5:09	11.6
171	DRECHSLER OSKAR	2081		NAKŁO ŚLĄSKIE	POL	M-30	70	M 171	00:25:05	00:52:09	00:54:20.80	00:55:07.65	5:10	11.6
172	NIEMIEC SŁAWOMIR	2337	INTERGRAFIK POLSKA	GLIWICE	POL	M-30	71	M 172	00:25:50	00:52:25	00:54:22.00	00:55:08.85	5:10	11.6
173	CYROŃ MARCIN	2686		GLIWICE	POL	M-30	76	M 173	00:26:30	00:52:49	00:54:43.45	00:55:16.55	5:12	11.5
174	ZIELIŃSKI WOJCIECH	2619		GLIWICE	POL	M-20	36	M 174	00:23:43	00:52:02	00:54:06.60	00:55:18.35	5:09	11.6
175	SANOCKI JACEK	2453	DRUŻYNA JASNEJ	ZABRZE	POL	M-40	53	M 175	00:26:00	00:52:07	00:53:51.65	00:55:19.40	5:07	11.7
176	PACAN KRZYSZTOF	2372		BYTOM	POL	M-40	58	M 176	00:25:22	00:52:36	00:54:36.30	00:55:20.70	5:12	11.5

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h	
177	MAZUR MARCIN	555		KNURÓW	POL	M-20	35	M 177	00:26:21	00:51:44	00:53:51.35	00:55:22.80	5:07	11.7	
178	DYMEK DARIUSZ	2094		KNURÓW	POL	M-40	61	M 178	00:26:07	00:53:09	00:55:14.70	00:55:23.10	5:15	11.4	
179	SZUMIATA PIOTR	2529		GLIWICE	POL	M-20	39	M 179	00:25:42	00:53:11	00:55:07.50	00:55:26.60	5:14	11.4	
180	CHAROWSKI MARCIN	2047		STARGARD	POL	M-30	73	M 180	00:26:40	00:52:35	00:54:26.80	00:55:29.05	5:11	11.6	
181	ZAWIERUCHA ALEKSANDER	2611	MARO-TEAM	JASTRZĘBIE-ŻORY	POL	M-50	7	M 181	00:26:29	00:53:04	00:54:54.60	00:55:29.05	5:13	11.5	
182	SZCZERZEK ZBIGNIEW	2514		ZABRZE	POL	M-60	5	M 182	00:25:24	00:52:28	00:54:47.45	00:55:29.35	5:13	11.5	
183	DRZYMAŁSKI PRZEMYSŁAW	2088	PROPOINT	GLIWICE	POL	M-30	72	M 183	00:27:01	00:52:21	00:54:22.45	00:55:34.45	5:10	11.6	
184	DWORACZEK GRZEGORZ	2092	TRIDIVISION	TRIATHLON TEAM	BYTOM	POL	M-40	60	M 184	00:26:24	00:52:56	00:54:56.75	00:55:46.30	5:14	11.5
185	KOWALCZYK GRZEGORZ	2230		GLIWICE	POL	M-40	64	M 185	00:25:19	00:53:32	00:55:37.10	00:55:53.20	5:17	11.3	
186	SERWACH MATEUSZ	2455	FALUSSO	BERGAMO	GLIWICE	POL	M-20	43	M 186	00:25:43	00:53:42	00:55:34.40	00:55:53.20	5:17	11.3
187	KOWALCZYK ROBERT	2229	ISTA	BIEGAMY	PRZYSZOWICE	POL	M-50	6	M 187	00:25:54	00:52:51	00:54:51.40	00:55:53.85	5:13	11.5
188	KOZIOL RYSZARD	2240		SOSNICA	GLIWICE	POL	M-60	6	M 188	00:25:54	00:53:35	00:55:40.25	00:55:54.75	5:18	11.3
189	GARNCARZ JAKUB	2118		DĄBROWA	GÓRNICZA	POL	M-30	78	M 189	00:26:32	00:53:11	00:55:09.20	00:55:55.65	5:15	11.4
190	KOKOT MARCEL	2218	DECATHLON	CAR GLIWICE	GLIWICE	POL	M-20	37	M 190	00:25:59	00:52:12	00:54:28.15	00:55:58.20	5:11	11.6
191	PĘCHERCZYK PIOTR	2391		CZELADŹ	POL	M-50	8	M 191	00:25:52	00:52:59	00:55:03.85	00:55:59.65	5:14	11.4	
192	TROSKO ADAM	2552		LIGOTA	ŁABĘDZKA	POL	M-40	59	M 192	00:24:39	00:52:59	00:54:51.95	00:56:01.15	5:13	11.5
193	CHĘCIŃSKI TOMASZ	2050		GLIWICE	POL	M-40	63	M 193	00:25:44	00:53:34	00:55:31.80	00:56:05.20	5:17	11.3	
194	ZAKRZOWSKI KRZYSZTOF	2606	DRIV	RUDA	ŚLĄSKA	POL	M-20	44	M 194	00:25:54	00:53:39	00:55:34.50	00:56:08.20	5:17	11.3
195	MICHON MACIEJ	2319		GLIWICE	POL	M-20	40	M 195	00:26:52	00:53:14	00:55:14.75	00:56:21.55	5:15	11.4	
196	URBANIAK DAWID	2558	AVANTOR	PERFORMANCE MATERIALS POLAND	GLIWICE	POL	M-20	42	M 196	00:25:39	00:53:39	00:55:29.90	00:56:23.80	5:17	11.4
197	DĘBOWSKI KRZYSZTOF	2074		GLIWICE	POL	M-30	81	M 197	00:26:11	00:53:13	00:55:18.25	00:56:24.60	5:16	11.4	
198	BEHERNOT JAN	2680		GLIWICE	POL	M-20	41	M 198	00:26:33	00:53:36	00:55:29.50	00:56:26.45	5:17	11.4	
199	PIETRZAK WALDEMAR	2395	GOK	PILCHOWICE	GIERAŁTOWICE	POL	M-30	75	M 199	00:26:16	00:52:39	00:54:41.00	00:56:28.70	5:12	11.5
200	SAMOL GRZEGORZ	2448		GLIWICE	POL	M-50	9	M 200	00:26:07	00:53:50	00:55:51.20	00:56:29.20	5:19	11.3	
201	MATULICZ DAMIAN	2313		GLIWICE	POL	M-40	69	M 201	00:25:25	00:53:59	00:56:09.85	00:56:30.00	5:20	11.2	
202	OPALIŃSKI TOMASZ	2365	ZF TEAM	GLIWICE	POL	M-30	83	M 202	00:26:43	00:53:35	00:55:36.00	00:56:30.40	5:17	11.3	
203	ROLEK MARCIN	2434		GLIWICE	POL	M-30	82	M 203	00:26:41	00:53:34	00:55:35.00	00:56:31.30	5:17	11.3	
204	ŻEBROWSKI ŁUKASZ	2630	ZF TEAM	TARNOWSKIE	GÓRY	POL	M-30	84	M 204	00:27:04	00:53:46	00:55:39.80	00:56:31.30	5:18	11.3
205	DYTO MICHAŁ	2682		GLIWICE	POL	M-20	38	M 205	00:25:21	00:53:10	00:54:59.95	00:56:48.25	5:14	11.5	
206	BAJURA GRZEGORZ	2002		KATOWICE	POL	M-30	79	M 206	00:27:06	00:53:21	00:55:16.55	00:56:56.90	5:15	11.4	
207	PREJS KAROL	2413		KATOWICE	POL	M-30	80	M 207	00:27:07	00:53:21	00:55:17.15	00:56:57.00	5:16	11.4	
208	SŁOWIŃSKI KAMIL	2477	DRUŻYNA	POLITECHNIKI ŚLĄSKIEJ	RYBNIK	POL	M-30	85	M 208	00:26:17	00:53:47	00:55:45.45	00:56:58.50	5:18	11.3
209	KOZŁOWSKI MARIUSZ	2243	KB	ODRA OPOLE	OPOLE	POL	M-40	68	M 209	00:27:22	00:54:12	00:56:07.65	00:57:00.20	5:20	11.2
210	GRABCZEWSKI MARCIN	2139		GLIWICE	POL	M-30	87	M 210	00:26:42	00:54:00	00:56:03.50	00:57:07.05	5:20	11.2	
211	JARON GRZEGORZ	2174		BYTOM	POL	M-40	66	M 211	00:26:52	00:53:59	00:55:56.55	00:57:07.85	5:19	11.3	
212	SPYRA JACEK	2488	PROPOINT	PRZYSZOWICE	POL	M-20	46	M 212	00:27:03	00:54:02	00:55:59.00	00:57:08.20	5:19	11.3	
213	HEINCE ŁUKASZ	2155	PROPOINT	RUDA	ŚLĄSKA	POL	M-20	45	M 213	00:26:40	00:54:04	00:55:53.35	00:57:08.25	5:19	11.3
214	RUDZIŃSKI ŁUKASZ	2438		GLIWICE	POL	M-30	90	M 214	00:26:55	00:54:43	00:56:27.35	00:57:12.00	5:22	11.2	
215	BEDNAREK JAKUB	2014		GLIWICE	POL	M-30	89	M 215	00:26:20	00:54:17	00:56:25.75	00:57:12.80	5:22	11.2	
216	URBAŃSKI MACIEJ	2561		CHORZÓW	POL	M-50	10	M 216	00:26:37	00:54:52	00:56:59.90	00:57:15.35	5:25	11.1	
217	PAWLETA MICHAŁ	2383	BPR	GLIWICE	POL	M-40	67	M 217	00:27:00	00:54:01	00:56:01.55	00:57:15.95	5:20	11.2	
218	ZIEMBA GRZEGORZ	2620		ZABRZE	POL	M-40	62	M 218	00:26:59	00:53:31	00:55:25.75	00:57:19.80	5:16	11.4	
219	SZYMAŃSKI PIOTR	2535		ZABRZE	POL	M-40	65	M 219	00:27:01	00:53:48	00:55:50.95	00:57:23.90	5:19	11.3	
220	CHOLEWA GRZEGORZ	2054		PYSKOWICE	POL	M-40	73	M 220	00:26:54	00:55:09	00:57:13.00	00:57:25.70	5:26	11.1	
221	WYCIŚLIK MARCIN	2598	HIRSCHVOGEL	GLIWICE	POL	M-30	93	M 221	00:26:26	00:54:44	00:56:54.10	00:57:27.10	5:25	11.1	
222	PIETRZAK ŁUKASZ	2396	MECHTAL	CITY	BYTOM	POL	M-30	91	M 222	00:26:34	00:54:44	00:56:39.05	00:57:27.45	5:23	11.1
223	PUCHAŁSKI RAFAŁ	2421	FLUOR	RUDA	ŚLĄSKA	POL	M-30	86	M 223	00:27:22	00:54:09	00:55:58.30	00:57:28.60	5:19	11.3
224	MAGURNO FRANCO	2677		GLIWICE	POL	M-40	71	M 224	00:26:49	00:54:57	00:56:49.90	00:57:34.50	5:24	11.1	
225	MOĆKO ARTUR	2330		PRZYSZOWICE	POL	M-30	88	M 225	00:27:44	00:54:19	00:56:15.75	00:57:47.00	5:21	11.2	
226	BRYLIŃSKI RYSZARD	2038		ZABRZE	POL	M-60	8	M 226	00:27:00	00:55:44	00:57:46.65	00:57:57.85	5:30	10.9	
227	WĄTROBA TOMASZ	2567		CHRUSZCZOBRÓD	POL	M-30	94	M 227	00:26:41	00:54:59	00:57:03.35	00:57:59.65	5:26	11.1	
228	MANKA ADAM	2307		GLIWICE	POL	M-40	70	M 228	00:28:04	00:54:46	00:56:43.30	00:58:04.20	5:24	11.1	
229	PSIUK PIOTR	2419		ZABRZE	POL	M-30	99	M 229	00:26:16	00:55:22	00:57:42.70	00:58:12.35	5:29	10.9	
230	GĘBCZYŃSKI OLIWIER	2121		GLIWICE	POL	M-20	49	M 230	00:25:11	00:55:09	00:57:38.20	00:58:16.30	5:29	10.9	
231	KARBOWNIK MARCIN	2666		GLIWICE	POL	M-20	51	M 231	00:26:35	00:55:55	00:58:00.35	00:58:23.20	5:31	10.9	
232	OKOŃ ZDZISŁAW	2358		KNURÓW	POL	M-60	7	M 232	00:28:37	00:55:44	00:57:45.95	00:58:27.00	5:30	10.9	

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
233	ZDANOWICZ MICHAŁ	2614		GLIWICE	POL	M-40	75	M 233	00:26:02	00:56:09	00:58:14.20	00:58:27.30	5:32	10.8
234	SOKOŁOWSKI ŁUKASZ	2485		GLIWICE	POL	M-30	97	M 234	00:27:28	00:55:25	00:57:22.75	00:58:27.35	5:27	11
235	SZOPIŃSKI GRZEGORZ	2523	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	47	M 235	00:28:14	00:55:30	00:57:11.40	00:58:28.05	5:26	11
236	HERUD TOMASZ	2663		GLIWICE	POL	M-30	92	M 236	00:27:49	00:54:55	00:56:44.30	00:58:28.85	5:24	11.1
237	KRÓLIK ARKADIUSZ	2246	MARO TEAM JASTRZĘBIE-ŻORY	JASTRZĘBIE-ZDRÓJ	POL	M-40	74	M 237	00:27:32	00:56:02	00:57:58.95	00:58:29.45	5:31	10.9
238	SAFERNA PRZEMEK	2443		GLIWICE	POL	M-30	101	M 238	00:28:12	00:56:10	00:58:04.30	00:58:29.90	5:31	10.8
239	JASTO MATEUSZ	2177		KNURÓW	POL	M-20	48	M 239	00:27:26	00:55:48	00:57:33.95	00:58:36.30	5:28	10.9
240	WIECZOROWSKI KRZYSZTOF	2570	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	M-30	100	M 240	00:26:41	00:55:39	00:57:50.75	00:58:41.40	5:30	10.9
241	SUPERNAK MARCIN	2507		GLIWICE	POL	M-40	72	M 241	00:27:25	00:54:54	00:56:53.65	00:58:41.80	5:25	11.1
242	KUKLA BARTOSZ	3143	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	50	M 242	00:25:26	00:55:29	00:57:50.10	00:59:03.30	5:30	10.9
243	SZYMOS DAMIAN	2536	RYWAŁ GLIWICE	GLIWICE	POL	M-30	95	M 243	00:26:44	00:55:08	00:57:03.45	00:59:04.95	5:26	11
244	SKURĄ ADAM	2470	FLUOR	KNURÓW	POL	M-30	98	M 244	00:27:53	00:55:33	00:57:25.45	00:59:05.90	5:28	11
245	MUSIAŁ PIOTR	2332		ZABRZE	POL	M-20	53	M 245	00:28:33	00:56:25	00:58:21.85	00:59:09.50	5:33	10.8
246	SKUŁSKI TOMASZ	2469	LILA LOGISTIK	GLIWICE	POL	M-40	77	M 246	00:26:53	00:56:23	00:58:33.30	00:59:11.25	5:34	10.8
247	STUZIŃSKI GRZEGORZ	2505	ZABRZE CITY M&A	ZABRZE	POL	M-30	96	M 247	00:27:45	00:55:19	00:57:18.65	00:59:12.40	5:27	11
248	BAŃKA JAKUB	2007		GLIWICE	POL	M-30	104	M 248	00:27:10	00:56:23	00:58:32.05	00:59:12.60	5:34	10.8
249	KUMOR MARCIN	2259		GLIWICE	POL	M-30	107	M 249	00:26:46	00:57:00	00:59:01.95	00:59:35.10	5:37	10.7
250	KOZŁOWSKI PRZEMYSŁAW	2242	ZACHODNIE GEPARDY	KRAKÓW	POL	M-30	105	M 250	00:26:40	00:56:40	00:58:51.65	00:59:37.15	5:36	10.7
251	OSTROWSKI ZIEMOWIT	2371	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	SMOLNICA	POL	M-40	76	M 251	00:28:08	00:56:19	00:58:19.25	00:59:41.40	5:33	10.8
252	CHOJKOWSKI MICHAŁ	2051		MYSŁOWICE	POL	M-40	78	M 252	00:27:33	00:56:40	00:58:49.75	00:59:47.00	5:36	10.7
253	WOJTASIK ADRIAN	2587		GLIWICE	POL	M-20	54	M 253	00:28:06	00:56:31	00:58:32.05	00:59:52.00	5:34	10.8
254	JANOSZKA PIOTR	2172	BANDA Z POŁUDNIA	ZABRZE	POL	M-30	103	M 254	00:28:35	00:56:16	00:58:21.80	01:00:05.90	5:33	10.8
255	KAZIMIERSKI MARTIN	2675	BANDA Z POŁUDNIA	ZABRZE	POL	M-20	52	M 255	00:28:36	00:56:16	00:58:21.40	01:00:06.15	5:33	10.8
256	OLSZEWSKI ŁUKASZ	2361	FLUOR	ZABRZE	POL	M-30	106	M 256	00:28:05	00:56:53	00:58:55.45	01:00:09.75	5:36	10.7
257	KACZMARSKI JACEK	2189		BYTOM	POL	M-30	108	M 257	00:27:58	00:57:02	00:59:02.30	01:00:15.35	5:37	10.7
258	MARYNIAK WOJCIECH	2676		GLIWICE	POL	M-30	102	M 258	00:28:51	00:56:23	00:58:20.15	01:00:17.10	5:33	10.8
259	LEŚNIEWSKI MATEUSZ	2276		KOTULIN	POL	M-30	114	M 259	00:28:30	00:57:33	00:59:36.75	01:00:17.70	5:40	10.6
260	CZARNECKI MICHAŁ	2066		GLIWICE	POL	M-20	55	M 260	00:28:05	00:56:51	00:58:59.35	01:00:19.80	5:37	10.7
261	STANISZ MICHAŁ	2491		GLIWICE	POL	M-30	113	M 261	00:26:39	00:57:15	00:59:36.40	01:00:27.00	5:40	10.6
262	BOREK WOJCIECH	2029		GLIWICE	POL	M-30	115	M 262	00:27:24	00:57:38	01:00:01.35	01:00:31.25	5:43	10.5
263	DULĘBA JULIUSZ	2090		GLIWICE	POL	M-30	111	M 263	00:30:25	00:57:16	00:59:19.80	01:00:32.05	5:39	10.6
264	GAŁEK ANDRZEJ	2678	ZF TEAM	ZBROSŁAWICE	POL	M-30	110	M 264	00:28:00	00:56:57	00:59:19.15	01:00:32.95	5:38	10.6
265	PIERZCHAŁA JACEK	2394		SOSNOWIEC	POL	M-40	84	M 265	00:29:01	00:57:57	01:00:01.45	01:00:43.35	5:43	10.5
266	GRYCMAN MICHAŁ	2145	PROPOINT	CZYŻOWICE	POL	M-20	57	M 266	00:28:26	00:57:43	00:59:34.40	01:00:44.10	5:40	10.6
267	MACHOCZEK PATRYK	2296		GIERAŁTOWICE	POL	M-30	109	M 267	00:28:46	00:57:10	00:59:11.25	01:00:56.20	5:38	10.6
268	MAJCZAK WOJCIECH	2302		JAWORZNO	POL	M-30	118	M 268	00:28:18	00:58:31	01:00:47.70	01:01:03.05	5:47	10.4
269	STARCZAŁA PIOTR	2494	MEGAWAT RUNNING TEAM	KSIĄŻENICE	POL	M-40	82	M 269	00:28:27	00:57:41	00:59:48.40	01:01:07.65	5:41	10.5
270	GAWŁOWSKI PIOTR	2119	PKO BANK POLSKI	GLIWICE	POL	M-20	56	M 270	00:29:04	00:57:21	00:59:12.60	01:01:10.45	5:38	10.6
271	OLEARCZUK GRZEGORZ	2359		MAKOWCZYCE	POL	M-40	79	M 271	00:27:31	00:57:07	00:59:13.70	01:01:12.40	5:38	10.6
272	KACZOROWSKI GRZEGORZ	2191		GLIWICE	POL	M-20	58	M 272	00:28:26	00:57:42	01:00:05.10	01:01:13.10	5:43	10.5
273	ZALESKI ARKADIUSZ	2608		GLIWICE	POL	M-40	81	M 273	00:27:07	00:57:38	00:59:47.85	01:01:16.90	5:41	10.5
274	ZAREMBA TADEUSZ	2609	STARY HANGAR	GLIWICE	POL	M-60	9	M 274	00:28:24	00:58:33	01:00:46.55	01:01:22.80	5:47	10.4
275	MIAŁKOWSKI ANDRZEJ	2327		GLIWICE	POL	M-60	10	M 275	00:28:33	00:58:50	01:01:07.65	01:01:33.20	5:49	10.3
276	RYBAK ANDRZEJ	2441	HIRSCHVOGEL	ZABRZE	POL	M-30	119	M 276	00:27:53	00:59:01	01:01:07.20	01:01:38.15	5:49	10.3
277	ŚWIDER TOMASZ	2540	LARMO TEAM	BYTOM	POL	M-40	80	M 277	00:28:52	00:57:35	00:59:37.00	01:01:42.05	5:40	10.6
278	LINDENBERG JAROSŁAW	2282		GLIWICE	POL	M-30	117	M 278	00:27:26	00:58:17	01:00:21.30	01:01:45.25	5:44	10.4
279	BARTELA ŁUKASZ	2645		GLIWICE	POL	M-30	112	M 279	00:28:30	00:57:14	00:59:33.35	01:01:45.30	5:40	10.6
280	WYPCHOŁ PIOTR	2599		BARGŁÓWKA	POL	M-50	11	M 280	00:29:52	00:58:24	01:00:30.70	01:01:54.70	5:45	10.4
281	PACZKOWSKI JACEK	2375		ZABRZE	POL	M-40	85	M 281	00:28:41	00:58:25	01:00:34.50	01:01:56.60	5:46	10.4
282	SZCZEGÓLSKI JAROSŁAW	2511		ZBROSŁAWICE	POL	M-40	83	M 282	00:28:59	00:57:40	00:59:53.45	01:01:57.35	5:42	10.5
283	KOTOWSKI PIOTR	2658		GLIWICE	POL	M-40	86	M 283	00:28:35	00:58:25	01:00:44.70	01:01:59.80	5:47	10.4
284	PIÓRKOWSKI TOMASZ	2402		GLIWICE	POL	M-40	94	M 284	00:28:42	00:59:17	01:01:29.20	01:02:14.80	5:51	10.2
285	TABOR ANDRZEJ	2543		GLIWICE	POL	M-30	116	M 285	00:28:08	00:58:08	01:00:16.30	01:02:15.55	5:44	10.5
286	PAWLIK RAFAŁ	2386	POBORSZÓW	POBORSZÓW	POL	M-20	61	M 286	00:28:41	00:58:56	01:01:12.15	01:02:25.35	5:49	10.3
287	TATUŚ SEBASTIAN	2544		CHORZÓW	POL	M-40	92	M 287	00:29:02	00:58:53	01:01:14.05	01:02:26.10	5:49	10.3
288	ZDZIEBKO JAKUB	2616		GLIWICE	POL	M-20	59	M 288	00:29:21	00:59:15	01:00:57.15	01:02:38.90	5:48	10.3

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
289	KORDECKI BARTOSZ	2225		KATOWICE	POL	M-40	87	M 289	00:28:44	00:58:30	01:00:49.85	01:02:39.90	5:47	10.4
290	MALINOWSKI PRZEMYSŁAW	2305		RYBNIK	POL	M-40	98	M 290	00:29:28	00:59:58	01:02:14.65	01:02:42.30	5:55	10.1
291	ZDZIEBKO ARTUR	2615		GLIWICE	POL	M-40	89	M 291	00:29:21	00:59:15	01:01:02.45	01:02:43.90	5:48	10.3
292	FORYCIARZ ROBERT	2107		KNURÓW	POL	M-40	88	M 292	00:29:40	00:58:50	01:01:01.50	01:02:44.10	5:48	10.3
293	BORYCZKA DAWID	2700	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-20	60	M 293	00:30:11	00:59:16	01:01:00.70	01:02:44.75	5:48	10.3
294	SKOTNICKI MICHAŁ	2642		GLIWICE	POL	M-30	126	M 294	00:29:09	01:00:05	01:02:22.70	01:02:49.40	5:56	10.1
295	ROJEK MICHAŁ	2433	WKURW_TEAM	GLIWICE	POL	M-40	96	M 295	00:29:29	00:59:44	01:01:50.35	01:02:50.55	5:53	10.2
296	GÓRA MAREK	2132	DRIV	TARNOWSKIE GÓRY	POL	M-50	12	M 296	00:30:01	01:00:24	01:02:42.45	01:02:50.85	5:58	10
297	FRANIA ANDRZEJ	2109	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-40	90	M 297	00:29:56	00:59:16	01:01:03.80	01:02:55.85	5:48	10.3
298	DACZYŃSKI KAJETAN	2073		GLIWICE	POL	M-20	62	M 298	00:29:31	01:00:37	01:01:58.95	01:02:56.95	5:54	10.2
299	LESZKOVEN PIOTR	2274	FLUOR	GLIWICE	POL	M-40	95	M 299	00:30:15	00:59:39	01:01:42.25	01:03:06.20	5:52	10.2
300	KOWALSKI WŁODZIMIERZ	2234	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-30	121	M 300	00:29:57	00:59:17	01:01:19.50	01:03:10.60	5:50	10.3
301	BRUDEK GRZEGORZ	2035		GLIWICE	POL	M-30	122	M 301	00:30:02	00:59:22	01:01:30.45	01:03:12.10	5:51	10.2
302	ŁADA MIREK	2293		GLIWICE	POL	M-40	91	M 302	00:29:02	00:59:07	01:01:12.90	01:03:12.75	5:49	10.3
303	SMUDA GRZEGORZ	2481	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 303	00:29:24	00:58:57	01:01:14.90	01:03:13.20	5:50	10.3
304	WEJNER MARCIN	2568		GLIWICE	POL	M-40	93	M 304	00:28:49	00:59:01	01:01:19.45	01:03:14.40	5:50	10.3
305	ORLIICKI IRENEUSZ	2368	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	128	M 305	00:30:07	01:00:28	01:02:37.75	01:03:23.70	5:57	10.1
306	KOZŁOWSKI ANDRZEJ JERZY	2241		ZABRZE	POL	M-60	11	M 306	00:29:05	01:00:07	01:02:32.55	01:03:28.15	5:57	10.1
307	WACŁAWEK TOMEK	2562		GLIWICE	POL	M-20	64	M 307	00:28:38	01:00:32	01:02:50.90	01:03:33.10	5:59	10
308	SKOCZYKŁODA PAWEŁ	2463		ŁAZISKA GÓRNE	POL	M-30	123	M 308	00:29:04	00:59:50	01:02:04.70	01:03:35.50	5:54	10.1
309	MICZKA ŁUKASZ	2320		GLIWICE	POL	M-30	127	M 309	00:28:38	00:59:54	01:02:28.45	01:03:40.20	5:57	10.1
310	WÓJCIK JAKUB	2593		GLIWICE	POL	M-30	136	M 310	00:30:00	01:01:05	01:03:53.05	01:03:53.05	6:05	9.9
311	GRADZIŃSKI ARTUR	2138	FLUOR	GLIWICE	POL	M-40	97	M 311	00:29:57	00:59:55	01:02:12.05	01:03:56.60	5:55	10.1
312	PSIUK-MAKSYMOWICZ KRZYSZTOF	2420	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	124	M 312	00:30:16	00:59:58	01:02:04.70	01:04:05.45	5:54	10.1
313	KARBOWNICZEK DAWID	2199		GLIWICE	POL	M-30	125	M 313	00:31:20	01:00:31	01:02:22.55	01:04:18.05	5:56	10.1
314	WOŹNIAK TOMASZ	2590		GLIWICE	POL	M-20	63	M 314	00:29:28	01:00:19	01:02:33.90	01:04:21.40	5:57	10.1
315	OLSZOK DAWID	2362	HIRSCHVOGEL	ZABRZE	POL	M-30	137	M 315	00:28:57	01:01:25	01:03:53.75	01:04:27.45	6:05	9.9
316	STANGEL MICHAŁ	2648		GLIWICE	POL	M-40	100	M 316	00:30:18	01:01:59	01:04:04.40	01:04:36.80	6:06	9.8
317	NARUSZEWICZ KRZYSZTOF	2335		GLIWICE	POL	M-30	130	M 317	00:29:46	01:01:02	01:03:24.20	01:04:38.50	6:02	9.9
318	KLAKLA HENRYK	2208	ZF TEAM	KRAKOW	POL	M-30	133	M 318	00:28:22	01:01:29	01:03:42.85	01:04:39.80	6:04	9.9
319	PALENGA ADRIAN	2378	ZF TEAM	GLIWICE	POL	M-30	134	M 319	00:28:27	01:01:34	01:03:48.75	01:04:40.00	6:04	9.9
320	WITAŁA RAFAŁ	2578		GLIWICE	POL	M-30	132	M 320	00:30:05	01:01:28	01:03:40.70	01:04:50.15	6:03	9.9
321	NIWIŃSKI MICHAŁ	2344	PKO BANK POLSKI	GLIWICE	POL	M-30	129	M 321	00:31:18	01:00:35	01:02:51.55	01:04:50.40	5:59	10
322	KOZIEŁ ŁUKASZ	2239	ING	MYSŁOWICE	POL	M-30	131	M 322	00:30:45	01:01:22	01:03:29.80	01:05:04.95	6:02	9.9
323	BAJKACZ TOMASZ	2690		GLIWICE	POL	M-20	65	M 323	00:31:06	01:01:51	01:03:57.20	01:05:06.95	6:05	9.9
324	NIEMIEC RAFAŁ	2338	INTERGRAFIK POLSKA	ZABRZE	POL	M-40	99	M 324	00:30:05	01:01:31	01:03:46.30	01:05:07.95	6:04	9.9
325	WERKOWSKI MAREK	2569		KATOWICE	POL	M-40	101	M 325	00:29:05	01:02:31	01:04:51.50	01:05:32.90	6:10	9.7
326	PAPROCKI ROMAN	2380		GLIWICE	POL	M-50	13	M 326	00:31:49	01:01:43	01:03:57.20	01:05:35.65	6:05	9.9
327	KACZYŃSKI MAREK	2192	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	145	M 327	00:31:07	01:03:04	01:05:29.30	01:05:56.20	6:14	9.6
328	GRABYSZ WITOLD	2137		GLIWICE	POL	M-50	15	M 328	00:31:08	01:03:03	01:05:29.40	01:05:56.60	6:14	9.6
329	KIJANKA DAMIAN	2205	HIRSCHVOGEL COMPONENTS POLAND	GLIWICE	POL	M-30	142	M 329	00:32:16	01:03:11	01:05:23.85	01:06:01.40	6:13	9.6
330	STANCHLY JAKUB	2668		ZABRZE	POL	M-30	138	M 330	00:31:54	01:02:18	01:04:15.45	01:06:03.15	6:07	9.8
331	KNOPKA MICHAŁ	2644		PYSKOWICE	POL	M-30	135	M 331	00:30:55	01:01:40	01:03:51.55	01:06:04.35	6:04	9.9
332	PORWOŁ ADAM	2411		GLIWICE	POL	M-20	66	M 332	00:31:06	01:02:40	01:04:58.50	01:06:08.35	6:11	9.7
333	GÓRECKI JANUSZ	2135		GLIWICE	POL	M-50	14	M 333	00:30:40	01:02:48	01:05:15.35	01:06:22.30	6:12	9.7
334	PRZYGOCKI ROBERT	2418		GLIWICE	POL	M-40	102	M 334	00:29:50	01:03:26	01:05:55.30	01:06:29.75	6:16	9.6
335	WOŹNY REMIGIUSZ	2591	FLUOR	MYSŁOWICE	POL	M-30	140	M 335	00:31:37	01:02:30	01:04:56.00	01:06:37.40	6:11	9.7
336	DROZD KRZYSZTOF	2085		GLIWICE	POL	M-30	139	M 336	00:29:29	01:01:59	01:04:47.95	01:06:45.05	6:10	9.7
337	KOZIBAŁ TOMASZ	2238	FLUOR	BYTOM	POL	M-30	143	M 337	00:30:20	01:03:06	01:05:25.10	01:06:49.10	6:13	9.6
338	BEM ANDRZEJ	2015	OAT	GLIWICE	POL	M-50	16	M 338	00:30:30	01:04:05	01:06:35.80	01:06:56.25	6:20	9.5
339	ŻYDAK KAMIL	2633	DRIV	GLIWICE	POL	M-30	141	M 339	00:29:24	01:02:50	01:05:17.20	01:07:07.40	6:13	9.7
340	KOJ KRZYSZTOF	2217	PPP GLIWICE	GLIWICE	POL	M-30	144	M 340	00:31:38	01:03:15	01:05:25.65	01:07:20.05	6:13	9.6
341	JUROWICZ DAMIAN	2184		KATOWICE	POL	M-20	67	M 341	00:31:22	01:04:26	01:06:46.95	01:07:33.50	6:21	9.4
342	KOPEĆ MAREK	2673		GLIWICE	POL	M-40	103	M 342	00:30:08	01:04:03	01:06:15.70	01:07:39.15	6:18	9.5
343	GIERCZYCKI MICHAŁ	2123		GLIWICE	POL	M-30	146	M 343	00:32:35	01:04:06	01:06:27.85	01:07:48.85	6:19	9.5

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
344	CIESZYŃSKI MAREK	2692		KRAKÓW	POL	M-60	12	M 344	00:31:30	01:04:05	01:06:33.20	01:07:58.55	6:20	9.5
345	FOREMSKI PAWEŁ	2105	RZ 3,21	GLIWICE	POL	M-30	147	M 345	00:29:28	01:04:44	01:06:54.50	01:08:20.15	6:22	9.4
346	RATKA DAWID	2423		WYRY	POL	M-30	149	M 346	00:30:33	01:04:54	01:07:38.80	01:08:25.10	6:26	9.3
347	HOLIK MAREK	2160		CHRUSZCZOBRÓD	POL	M-40	104	M 347	00:29:43	01:03:50	01:06:37.50	01:08:31.00	6:20	9.5
348	TOKARZ DOMINIK	2547	ENERGY OŚWIĘCIM	OŚWIĘCIM	POL	M-40	107	M 348	00:32:36	01:06:20	01:08:38.35	01:08:57.85	6:32	9.2
349	MICHAŁEK LUKASZ	2316		GLIWICE	POL	M-30	148	M 349	00:31:20	01:04:29	01:07:03.50	01:08:59.00	6:23	9.4
350	KRUCZYŃSKI PAWEŁ	2670	OTK RZEŹNIK	KNURÓW	POL	M-20	68	M 350	00:31:45	01:05:30	01:07:32.15	01:08:59.25	6:25	9.3
351	ŻEROMSKI STEFAN	2651		GLIWICE	POL	M-50	17	M 351	00:32:27	01:04:38	01:06:58.70	01:09:08.30	6:22	9.4
352	PŁOSKONKA TOMASZ	2404		KATOWICE	POL	M-30	151	M 352	00:32:06	01:06:27	01:09:02.95	01:09:40.60	6:34	9.1
353	GILLNER RAFAŁ	2124		GLIWICE	POL	M-40	105	M 353	00:32:04	01:05:18	01:07:50.45	01:09:51.55	6:27	9.3
354	SOWA IRENEUSZ	2487	SOWA TEAM	OPOLE	POL	M-40	106	M 354	00:32:19	01:05:30	01:08:20.90	01:10:03.45	6:30	9.2
355	BENTKOWSKI LESŁAW	2016	DIRTY SPARROWS	GLIWICE	POL	M-60	13	M 355	00:33:26	01:07:29	01:09:59.45	01:10:16.00	6:40	9
356	ZIMNY MARCIN	2623		GLIWICE	POL	M-30	150	M 356	00:31:16	01:05:54	01:08:50.00	01:10:16.80	6:33	9.2
357	OŚIŃSKI KRZYSZTOF	2369	DTIQ POLAND	GLIWICE	POL	M-40	109	M 357	00:32:43	01:06:28	01:08:56.60	01:10:40.05	6:34	9.1
358	MIGDAŁ GRZEGORZ	2325		GLIWICE	POL	M-40	108	M 358	00:32:09	01:06:14	01:08:50.10	01:10:48.20	6:33	9.2
359	PAWLIK MICHAŁ	2385		GLIWICE	POL	M-30	152	M 359	00:31:25	01:07:33	01:10:16.15	01:11:27.45	6:41	9
360	BRODIUK NORBERT	70	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	110	M 360	00:31:58	01:08:28	01:10:52.25	01:11:50.90	6:44	8.9
361	JASTO SŁAWOMIR	2176		KNURÓW	POL	M-40	111	M 361	00:33:59	01:08:48	01:11:15.55	01:12:18.30	6:47	8.8
362	GROS MICHAŁ	2140		ZABRZE	POL	M-20	69	M 362	00:32:16	01:09:58	01:12:20.50	01:12:38.50	6:53	8.7
363	GALICZEK BRONISŁAW	2114	OPEL ACTIVE TEAM	GLIWICE	POL	M-50	18	M 363	00:33:59	01:08:50	01:11:18.85	01:12:44.65	6:47	8.8
364	SALAMON DAWID	2446		CZERWIONKA-LESZCZYNY	POL	M-30	154	M 364	00:32:16	01:09:05	01:12:18.15	01:12:55.60	6:53	8.7
365	MIKOŁAJCZYK MICHAŁ	2326		ZABRZE	POL	M-30	153	M 365	00:32:43	01:09:38	01:12:12.80	01:14:06.00	6:52	8.7
366	NOGIEC JAKUB	2345	PROPOINT	GLIWICE	POL	M-20	70	M 366	00:32:02	01:11:45	01:14:10.65	01:14:33.55	7:03	8.5
367	WYSOCCAŃSKI ANDRZEJ	989		OPOLE	POL	M-30	155	M 367	00:28:51	01:10:04	01:13:57.70	01:15:53.85	7:02	8.5
368	CEBULA WOJCIECH	2046		GLIWICE	POL	M-60	14	M 368	00:32:22	01:10:50	01:14:02.65	01:16:10.05	7:03	8.5
369	HANULA BARTŁOMIEJ	2153		GLIWICE	POL	M-20	71	M 369	00:34:50	01:11:41	01:14:12.75	01:16:18.40	7:04	8.5
370	SZENDZIELORZ MAREK	2518		GLIWICE	POL	M-40	113	M 370	00:34:53	01:13:08	01:15:48.25	01:16:23.60	7:13	8.3
371	FRYDRYCH PRZEMYSŁAW	2110		GLIWICE	POL	M-30	158	M 371	00:34:53	01:13:08	01:15:48.20	01:16:24.00	7:13	8.3
372	PAWLICZEK LUKASZ	2384		GLIWICE	POL	M-30	157	M 372	00:34:34	01:12:31	01:15:17.95	01:16:54.15	7:10	8.4
373	MOCZULSKI WOJCIECH	2659		RUDNO	POL	M-60	15	M 373	00:35:12	01:12:31	01:15:33.80	01:16:54.40	7:11	8.3
374	DROŹDŹ MICHAŁ	2087	RYWAL GLIWICE	GLIWICE	POL	M-30	156	M 374	00:34:07	01:12:21	01:15:02.95	01:17:03.10	7:08	8.4
375	KOCHANEK JAROSŁAW	2215	MOMO TEAM	GLIWICE	POL	M-40	112	M 375	00:37:29	01:12:41	01:15:27.00	01:17:30.95	7:11	8.3
376	ŻELEŻNY TOMASZ	2631		GLIWICE	POL	M-30	159	M 376	00:33:28	01:13:07	01:15:48.55	01:17:50.00	7:13	8.3
377	ROGÓŹ MARCIN	2431		ŻERNICA	POL	M-50	19	M 377	00:34:42	01:12:57	01:16:05.60	01:18:03.20	7:14	8.3
378	DUNAJ ŁUKASZ	2091	HIRSCHVOGEL	BYTOM	POL	M-30	160	M 378	00:38:03	01:20:08	01:22:30.40	01:23:04.90	7:51	7.6
379	NĘDZA RYSZARD	2336	HIRSCHVOGEL	GLIWICE	POL	M-50	20	M 379	00:38:02	01:20:08	01:22:30.40	01:23:05.20	7:51	7.6
380	STELMASZCZUK DAMIAN	2496		GLIWICE	POL	M-40	114	M 380	00:40:07	01:25:28	01:28:23.20	01:28:34.90	8:25	7.1
381	KULIG MACIEJ	2257		TARNOWSKIE GÓRY	POL	M-30	161	M 381	00:42:10	01:28:04	01:31:28.60	01:33:22.65	8:42	6.9
382	ŻOCHOWSKI MIROŚŁAW	3127		GLIWICE	POL	M-50	21	M 382	00:41:50	01:33:26	01:36:17.70	01:36:17.70	9:10	6.5
383	ĆWIK PAWEŁ	2072		TYCHY	POL	M-50	22	M 383	00:28:04	01:53:31	02:00:06.85	02:01:15.55	11:26	5.2
384	MACHEJ REMIGIUSZ	2294	MARO TEAM JASTRZĘBIE - ŻORY	JASTRZĘBIE - ZDRÓJ	POL	M-30	162	M 384		00:43:50			4:23	13.7
385	GARBALA KAMIL	2117		GLIWICE	POL	M-30	163	M 385		00:48:31			4:51	12.4
386	DOMAN ŁUKASZ	2079	SOCIOS SILESIA	RUDA ŚLĄSKA	POL	M-40	115	M 386						

GLIWICKA DYCHA, Mieszkancki Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LANGE BEATA	2637	BP RUNNING TEAM	GLIWICE	POL	K-40	2	K 3	00:22:45	00:44:37	00:46:11.05	00:46:23.05	4:23	13.6
2	HAŁKA OLIVIA	2636	BP RUNNING TEAM	GLIWICE	POL	K-20	3	K 4	00:22:47	00:44:38	00:46:11.15	00:46:23.10	4:24	13.6
3	KRZYMIŃSKA PATRYCJA	2251	MIRAZ RACE TEAM	GLIWICE	POL	K-30	3	K 11	00:23:35	00:47:40	00:49:27.35	00:49:54.55	4:42	12.7
4	POGODA KINGA	3137	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	5	K 13	00:22:59	00:48:31	00:50:26.00	00:50:38.00	4:48	12.5
5	GOZDZIŃSKA MAGDALENA	2130		GLIWICE	POL	K-40	7	K 17	00:24:56	00:49:46	00:51:40.65	00:52:01.90	4:55	12.2
6	KARBOWNIK JOANNA	2665		GLIWICE	POL	K-30	5	K 18	00:24:34	00:50:09	00:52:06.55	00:52:29.35	4:57	12.1
7	LEDWIG IWONA	2271	MAMAX2	GLIWICE	POL	K-30	6	K 19	00:24:08	00:50:20	00:52:23.40	00:52:31.75	4:59	12
8	WÓJCIK ANNA	2595		GLIWICE	POL	K-40	8	K 22	00:25:03	00:50:57	00:52:48.95	00:53:21.10	5:01	11.9
9	EICHHOF JOANNA	2097		GLIWICE	POL	K-40	9	K 23	00:25:17	00:50:57	00:52:54.00	00:53:30.75	5:02	11.9

GLIWICKA DYCHA, Mieszkańki Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
10	WIŚNIEWSKA BEATA	2576		GLIWICE	POL	K-20	8	K 26	00:25:53	00:52:05	00:53:54.30	00:54:43.50	5:08	11.7
11	POPLAWSKA-WAL AGATA	2409	ZF	GLIWICE	POL	K-30	11	K 34	00:26:44	00:53:03	00:54:55.80	00:55:49.25	5:13	11.5
12	HOMA DOROTA	2161	NOGAMI DO PRZODU	GLIWICE	POL	K-30	14	K 37	00:26:27	00:53:26	00:55:30.40	00:56:37.75	5:17	11.4
13	SZCZERBAK-RUTA ALEKSANDRA	2513		GLIWICE	POL	K-30	15	K 43	00:27:00	00:53:46	00:55:49.70	00:57:23.85	5:18	11.3
14	MARCINIAK PAULINA	2309		GLIWICE	POL	K-30	16	K 40	00:26:34	00:53:48	00:55:53.30	00:57:08.20	5:19	11.3
15	SMOK WERONIKA	2479		GLIWICE	POL	K-20	10	K 38	00:26:37	00:53:43	00:56:00.05	00:56:37.90	5:20	11.3
16	PAUL VIOLETTA	2382	BPRT	GLIWICE	POL	K-40	14	K 42	00:27:00	00:54:02	00:56:01.10	00:57:15.65	5:20	11.2
17	SALA KATARZYNA	2445		GLIWICE	POL	K-30	17	K 44	00:26:54	00:55:08	00:57:13.30	00:57:25.55	5:26	11
18	KOZA PAULINA	2236	KJ TRACHY GLIWICE	GLIWICE	POL	K-30	18	K 48	00:26:01	00:55:03	00:57:14.70	00:57:44.90	5:27	11
19	STĘPAK PATRYCJA	2497		GLIWICE	POL	K-20	14	K 47	00:27:34	00:55:15	00:57:19.65	00:57:44.50	5:27	11
20	CZĄSTKIEWICZ ALICJA	2068	POWERGIRLS	GLIWICE	POL	K-30	19	K 55	00:27:32	00:55:33	00:57:30.35	00:58:40.50	5:28	11
21	SŁABOŃ ROMA	2657		GLIWICE	POL	K-30	20	K 56	00:27:32	00:55:34	00:57:34.15	00:58:44.75	5:28	10.9
22	HAŁAKUC JOANNA	2152		GLIWICE	POL	K-20	17	K 51	00:26:59	00:55:54	00:57:59.25	00:58:09.10	5:31	10.9
23	KUKUCZKA EWA	2254		GLIWICE	POL	K-30	22	K 63	00:27:13	00:55:54	00:58:04.30	00:59:09.60	5:31	10.8
24	BOSAKOWSKA ELA	2031		GLIWICE	POL	K-40	18	K 53	00:25:47	00:56:08	00:58:13.75	00:58:27.00	5:32	10.8
25	BARCHANOWSKA JOANNA	2008		GLIWICE	POL	K-30	25	K 60	00:26:36	00:56:42	00:58:44.80	00:59:00.50	5:35	10.7
26	KOTLARSKA ANNA	2227		GLIWICE	POL	K-40	22	K 78	00:29:55	00:57:15	00:59:13.55	01:00:24.30	5:38	10.6
27	WITKOWSKA NATALIA	2687		GLIWICE	POL	K-30	30	K 83	00:28:26	00:57:05	00:59:16.55	01:00:54.55	5:38	10.6
28	POLEWKA BEATA	3138	UKS KOMETA GLIWICE	GLIWICE	POL	K-40	23	K 72	00:28:10	00:57:18	00:59:23.20	01:00:02.70	5:39	10.6
29	KLONEK-FRYŚ SYLWIA	2211		GLIWICE	POL	K-30	31	K 76	00:27:48	00:57:10	00:59:29.05	01:00:18.90	5:39	10.6
30	BUJNAROWSKA BARBARA	2043		GLIWICE	POL	K-30	32	K 77	00:27:48	00:57:10	00:59:29.90	01:00:19.20	5:40	10.6
31	SIODŁAK-BŁACHNIO JUSTYNA	2461		GLIWICE	POL	K-40	24	K 73	00:27:33	00:57:26	00:59:33.40	01:00:02.70	5:40	10.6
32	KOWALCZYK KAMILA	2232		GLIWICE	POL	K-30	33	K 75	00:28:30	00:57:35	00:59:37.90	01:00:18.35	5:40	10.6
33	MAJ WIKTORIA	2300		GLIWICE	POL	K-20	20	K 88	00:28:19	00:57:02	00:59:51.60	01:01:14.55	5:42	10.5
34	KURZYK ELŻBIETA	2264		GLIWICE	POL	K-30	37	K 74	00:29:06	00:57:51	00:59:57.40	01:00:12.40	5:42	10.5
35	HERUD SANDRA	2662		GLIWICE	POL	K-30	38	K 95	00:27:54	00:57:43	00:59:59.80	01:01:42.80	5:42	10.5
36	SOBOLEWSKA STEFANIA	2483		GLIWICE	POL	K-40	25	K 85	00:28:26	00:57:52	01:00:00.25	01:01:07.90	5:42	10.5
37	ONOPIUK NATALIA	2363		GLIWICE	POL	K-20	21	K 86	00:28:40	00:58:00	01:00:13.10	01:01:14.05	5:44	10.5
38	KELLER ANETA	2202		GLIWICE	POL	K-30	39	K 80	00:27:09	00:57:53	01:00:19.50	01:00:35.25	5:44	10.4
39	SAMOL IWONA	2449		GLIWICE	POL	K-40	28	K 91	00:28:50	00:58:22	01:00:29.00	01:01:23.90	5:45	10.4
40	BRZEZIŃSKA TERESA	2040	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 87	00:28:33	00:58:36	01:00:43.25	01:01:14.05	5:47	10.4
41	MALSKA- WYROZUMSKA MAŁGORZATA	2306		GLIWICE	POL	K-30	40	K 102	00:28:18	00:58:34	01:00:49.80	01:02:30.55	5:47	10.4
42	MACHOŚ ADRIANNA	2685		GLIWICE	POL	K-20	23	K 84	00:27:07	00:58:32	01:00:50.10	01:01:04.50	5:47	10.4
43	WLACH ANNA	2581		GLIWICE	POL	K-40	32	K 107	00:30:11	00:59:16	01:01:05.50	01:02:49.65	5:49	10.3
44	STRYSIK-KRĘŻEL IWONA	2501	PROPOINT	GLIWICE	POL	K-30	41	K 99	00:28:48	00:59:00	01:01:12.45	01:02:13.00	5:49	10.3
45	STRZELCZYK GRAŻYNA	2502		GLIWICE	POL	K-30	42	K 92	00:29:20	00:59:05	01:01:15.10	01:01:28.90	5:50	10.3
46	CIOK ANNA	2060		GLIWICE	POL	K-30	43	K 93	00:29:20	00:59:05	01:01:15.40	01:01:29.10	5:50	10.3
47	SLUZALEK MAŁGORZATA	2474		GLIWICE	POL	K-40	33	K 100	00:28:42	00:59:17	01:01:30.55	01:02:15.90	5:51	10.2
48	NIESLER MAGDALENA	2340	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	45	K 116	00:29:44	00:59:33	01:01:41.40	01:03:45.95	5:52	10.2
49	SOBEL NATALIA	3142	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	24	K 97	00:28:41	00:59:25	01:01:42.25	01:01:54.50	5:52	10.2
50	KOŁAK ALICJA	2219		GLIWICE	POL	K-30	49	K 113	00:28:48	00:59:45	01:02:10.05	01:03:28.75	5:55	10.1
51	DOLATA MAGDALENA	2078	AVANTOR	GLIWICE	POL	K-30	50	K 120	00:30:10	01:00:26	01:02:27.30	01:03:57.20	5:56	10.1
52	MICZKA JUSTYNA	2321		GLIWICE	POL	K-40	36	K 115	00:28:38	00:59:54	01:02:29.20	01:03:40.75	5:57	10.1
53	STANKIEWICZ KAMILA	2493		GLIWICE	POL	K-20	27	K 125	00:29:30	01:00:19	01:02:41.40	01:04:28.90	5:58	10.1
54	PANKIEWICZ KATARZYNA	2379		GLIWICE	POL	K-40	39	K 118	00:29:31	01:00:38	01:02:56.25	01:03:54.25	5:59	10
55	BARTŁOŃCZYK SYLWIA	2009		GLIWICE	POL	K-30	52	K 124	00:30:09	01:00:32	01:02:58.35	01:04:28.35	5:59	10
56	HAŁAKUC ALEKSANDRA	2151		GLIWICE	POL	K-20	29	K 129	00:30:01	01:01:17	01:03:38.80	01:05:18.50	6:03	9.9
57	LUKOSZEK WERONIKA	2289		GLIWICE	POL	K-20	30	K 130	00:31:22	01:01:35	01:03:40.40	01:05:25.40	6:03	9.9
58	GAJEWSKA IZABELA	2113	FRELKA	GLIWICE	POL	K-40	41	K 127	00:29:59	01:01:41	01:04:03.65	01:04:36.40	6:06	9.8
59	MALEŃKA JOLANTA	2304	OAT	GLIWICE	POL	K-40	42	K 128	00:29:53	01:01:58	01:04:20.75	01:04:40.50	6:07	9.8
60	CHĘCIŃSKA AGNIESZKA	2049		GLIWICE	POL	K-40	43	K 136	00:30:15	01:02:08	01:04:23.80	01:05:54.30	6:08	9.8
61	SIKORSKA KATARZYNA	2460	POPKULTURA RELOKACYJNA W KATOWICACH	GLIWICE	POL	K-30	56	K 147	00:29:51	01:02:08	01:04:31.40	01:06:32.95	6:08	9.8
62	NOWAK EWA	2346		GLIWICE	POL	K-50	3	K 133	00:29:56	01:01:59	01:04:34.05	01:05:44.10	6:08	9.8
63	BOMASTYK BEATA	2653		GLIWICE	POL	K-40	44	K 141	00:31:13	01:02:25	01:04:45.60	01:06:19.20	6:10	9.7
64	STRASSBERGER KATARZYNA	2652		GLIWICE	POL	K-50	4	K 142	00:31:13	01:02:24	01:04:45.90	01:06:19.35	6:10	9.7
65	STACHOWSKA ALEKSANDRA	2489		GLIWICE	POL	K-40	45	K 132	00:29:47	01:02:42	01:05:00.60	01:05:42.05	6:11	9.7

GLIWICKA DYCHA, Mieszkańki Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
66	KONIECZNY AGNIESZKA	2221		GLIWICE	POL	K-30	59	K 140	00:30:57	01:02:56	01:05:15.20	01:06:18.15	6:12	9.7
67	GÓRECKA WERONIKA	2134		GLIWICE	POL	K-20	32	K 143	00:30:40	01:02:48	01:05:15.60	01:06:21.80	6:12	9.7
68	HRYCYSZYN JULIA	2162	AVANTOR	GLIWICE	POL	K-30	61	K 144	00:30:37	01:02:56	01:05:28.50	01:06:30.50	6:14	9.6
69	LENARTH ALEKSANDRA	2273		GLIWICE	POL	K-30	62	K 135	00:30:44	01:03:21	01:05:29.20	01:05:51.35	6:14	9.6
70	BISZ MAGDALENA	2023		GLIWICE	POL	K-30	63	K 139	00:30:45	01:03:30	01:05:43.45	01:06:05.65	6:15	9.6
71	KAPTACZ MAGDALENA	2198		GLIWICE	POL	K-40	48	K 152	00:30:30	01:03:25	01:05:47.20	01:06:49.20	6:15	9.6
72	BILNICKA PAULINA	2022	FLUOR	ZAWIERCIE	POL	K-20	34	K 156	00:31:44	01:03:34	01:06:01.75	01:07:59.95	6:17	9.5
73	PIENIAK KAROLINA	2393		GLIWICE	POL	K-20	35	K 149	00:30:47	01:04:05	01:06:10.50	01:06:35.65	6:18	9.5
74	MICHAŁUSZEK DOROTA	2318	BIEG - UNKA	GLIWICE	POL	K-30	64	K 157	00:32:24	01:04:08	01:06:21.05	01:08:12.50	6:19	9.5
75	CHOLEWA MAGDALENA	2052		GLIWICE	POL	K-40	49	K 150	00:30:38	01:03:53	01:06:22.30	01:06:44.80	6:19	9.5
76	KACZMAREK KATARZYNA	2187	SRTG GLIWICE	GLIWICE	POL	K-40	50	K 151	00:35:33	01:04:30	01:06:27.95	01:06:47.55	6:19	9.5
77	ORLIĆKA MARLENA	2367	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	K-30	65	K 155	00:33:05	01:04:36	01:06:43.50	01:07:28.60	6:21	9.4
78	ZIEMBIŃSKA- BUCZYŃSKA ALEKSANDRA	2621	COMPANEROS ASFALT TEAM	GLIWICE	POL	K-30	66	K 160	00:31:35	01:04:30	01:06:54.50	01:08:26.30	6:22	9.4
79	POPIÓŁ IZABELA	3074		GLIWICE	POL	K-30	69	K 161	00:31:47	01:05:11	01:08:05.40	01:08:27.55	6:29	9.3
80	KOPEĆ-BRUDEK MAGDALENA	2224		GLIWICE	POL	K-30	70	K 169	00:33:04	01:05:46	01:08:08.40	01:09:49.30	6:29	9.2
81	REJNAT AGATA	2426		GLIWICE	POL	K-20	38	K 163	00:32:01	01:05:54	01:08:10.90	01:08:33.65	6:29	9.2
82	LITWIN-BUCKA DOROTA	2285		GLIWICE	POL	K-40	55	K 176	00:32:38	01:06:02	01:08:34.35	01:10:42.80	6:31	9.2
83	MIGDAŁ IWONA	2324		GLIWICE	POL	K-40	56	K 177	00:32:10	01:06:15	01:08:50.50	01:10:48.25	6:33	9.2
84	JACHYMOWSKA DOMINIKA	2166		GLIWICE	POL	K-30	71	K 179	00:32:08	01:06:42	01:08:58.95	01:11:08.65	6:34	9.1
85	KĄŻMIERCZAK-BAŁATA ANNA	2201		GLIWICE	POL	K-40	58	K 170	00:33:07	01:06:52	01:09:23.10	01:10:06.70	6:36	9.1
86	JUSZCZAK EWA	2185		GLIWICE	POL	K-50	6	K 175	00:32:39	01:07:01	01:09:29.35	01:10:36.80	6:37	9.1
87	OSOWSKA KATARZYNA	2693		GLIWICE	POL	K-40	59	K 183	00:32:18	01:06:51	01:09:37.20	01:11:42.70	6:37	9
88	KOBIERSKA-SLADEK ANNA	2214		GLIWICE	POL	K-30	73	K 178	00:33:00	01:07:14	01:09:56.50	01:11:00.05	6:39	9
89	WILCZEK MAGDALENA	2574	FLUOR	GLIWICE	POL	K-40	61	K 184	00:32:11	01:07:47	01:10:13.55	01:11:55.10	6:41	9
90	PAJĄK DOROTA	2377		GLIWICE	POL	K-30	76	K 187	00:31:36	01:08:25	01:10:54.85	01:11:57.00	6:45	8.9
91	GALICZEK LIDIA	2115	OPEL ACTIVE TEAM	GLIWICE	POL	K-50	7	K 192	00:33:59	01:08:50	01:11:18.70	01:12:44.50	6:47	8.8
92	MACHERA KATARZYNA	2295		STARY KONIECPOL	POL	K-20	42	K 191	00:33:26	01:08:37	01:11:21.70	01:12:39.10	6:47	8.8
93	CHWALISZEWSKA AGNIESZKA	107		GLIWICE	POL	K-40	64	K 189	00:32:57	01:08:57	01:11:38.60	01:12:29.90	6:49	8.8
94	KLAJMON JOANNA	2207		GLIWICE	POL	K-40	65	K 198	00:33:33	01:09:00	01:11:40.75	01:13:36.90	6:49	8.8
95	SUPIŃSKA BEATA	2508	ELZAB ACTIVE TEAM	GLIWICE	POL	K-40	67	K 186	00:32:42	01:07:38	01:11:50.00	01:11:55.75	6:50	8.8
96	RAŁ ZDZISŁAWA	2422		GLIWICE	POL	K-40	68	K 193	00:32:38	01:08:57	01:11:57.45	01:13:08.20	6:51	8.8
97	KOCHANEK ALEKSANDRA	388		GLIWICE	POL	K-40	69	K 202	00:36:12	01:10:04	01:12:32.10	01:14:35.85	6:54	8.7
98	PROKOPOWICZ ANNA	2417		GLIWICE	POL	K-30	77	K 200	00:33:20	01:10:12	01:12:43.50	01:14:22.00	6:55	8.7
99	WOJTUKIEWICZ JUSTYNA	2589		GLIWICE	POL	K-30	78	K 197	00:33:52	01:10:33	01:13:08.90	01:13:35.35	6:58	8.6
100	LYSZCZYK PATRYCJA	2292		GLIWICE	POL	K-20	44	K 205	00:32:36	01:09:57	01:13:25.55	01:14:56.10	6:59	8.6
101	BURKACKA ELIZA	2045		GLIWICE	POL	K-30	81	K 209	00:35:10	01:11:19	01:13:39.20	01:15:44.05	7:00	8.6
102	KOŁODZIEJCZAK DOMINIKA	2220		GLIWIC	POL	K-20	45	K 204	00:34:00	01:11:19	01:14:08.25	01:14:50.10	7:03	8.5
103	BRATEK MAJA	2669	OTK RZEŹNIK	GLIWICE	POL	K-20	46	K 212	00:33:55	01:12:17	01:14:52.60	01:16:19.60	7:07	8.4
104	DROŹDŹ ALICJA	2086		GLIWICE	POL	K-30	85	K 215	00:34:09	01:12:22	01:15:03.80	01:17:03.10	7:08	8.4
105	BIENIEK BOZENA	2020		GLIWICE	POL	K-30	86	K 210	00:34:15	01:12:31	01:15:18.15	01:16:17.80	7:10	8.4
106	ZIĘTEK ANNA	2622	DRIV	GLIWICE	POL	K-30	87	K 214	00:34:35	01:12:32	01:15:18.20	01:16:54.10	7:10	8.4
107	BIENKOWSKA MARIA	2021		GLIWICE	POL	K-30	88	K 216	00:36:07	01:12:48	01:15:21.80	01:17:27.15	7:10	8.4
108	FRANCZYK KINGA	2108		GLIWICE	POL	K-40	71	K 217	00:33:49	01:12:51	01:15:54.65	01:17:55.60	7:13	8.3
109	JAKSIK MONIKA	2167		KATOWICE	POL	K-40	72	K 218	00:33:48	01:12:51	01:15:54.95	01:17:55.65	7:13	8.3
110	JAŚNIEWICZ SANDRA	2180	DECATHLON&PRZYJACIELE	GLIWICE	POL	K-20	47	K 213	00:34:54	01:13:16	01:16:06.20	01:16:27.35	7:14	8.3
111	JANAS-SUCHON AGATA	2169		GLIWICE	POL	K-20	48	K 222	00:35:10	01:14:01	01:16:48.20	01:18:52.70	7:18	8.2
112	LASAK MONIKA	2267		GLIWICE	POL	K-30	90	K 224	00:39:25	01:15:14	01:17:28.55	01:18:56.45	7:22	8.1
113	PAWŁOWSKA KATARZYNA	2389		GLIWICE	POL	K-30	91	K 223	00:39:25	01:15:14	01:17:28.70	01:18:56.25	7:22	8.1
114	KOWALCZYK ANGELIKA	2231		GLIWICE	POL	K-30	92	K 225	00:39:25	01:15:14	01:17:29.20	01:18:57.00	7:22	8.1
115	WRONA BARBARA	2596		GLIWICE	POL	K-30	93	K 229	00:36:33	01:14:49	01:17:31.90	01:19:40.20	7:23	8.1
116	SITARZ JOANNA	2462		WROCLAW	POL	K-20	49	K 227	00:34:56	01:14:52	01:17:43.55	01:19:08.70	7:24	8.1
117	KONOPACKA KRYSZYNA	2222		GLIWICE	POL	K-60	4	K 226	00:34:50	01:14:56	01:18:02.15	01:19:01.25	7:25	8.1
118	KLOC SABINA	2210	STG GLIWICE	GLIWICE	POL	K-20	50	K 228	00:35:36	01:16:05	01:18:50.00	01:19:08.80	7:30	8
119	CZULUK GOSIA	2071		GLIWICE	POL	K-30	95	K 232	00:36:13	01:17:05	01:20:04.60	01:22:10.20	7:37	7.9
120	GORAJ-ZAJĄC ALEKSANDRA	2699	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	75	K 231	00:38:09	01:17:45	01:20:32.75	01:20:38.80	7:40	7.8
121	URBANIĄK ANNA	2557		GLIWICE	POL	K-40	76	K 233	00:38:36	01:19:36	01:22:38.80	01:23:49.45	7:52	7.6

GLIWICKA DYCHA, Mieszkańki Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
122	JUSZCZAK - WIŚNIEWSKA AGATA	2186		GLIWICE	POL	K-30	96	K 234	00:44:00	01:30:26	01:33:13.65	01:35:13.50	8:52	6.8
123	ŻOCHOWSKA LILIANA	3128		GLIWICE	POL	K-40	77	K 235	00:41:58		01:36:18.00	01:36:18.00	9:10	6.5
124	REITER DOMINIKA	2425	SLOW JOGGING GLIWICE	GLIWICE	POL	K-20	51	K 236	00:46:22	01:34:20	01:37:56.25	01:39:51.50	9:19	6.4
125	REITER HANNA	2424	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	78	K 237	00:46:22	01:34:20	01:37:56.95	01:39:52.20	9:19	6.4
126	ZAWISZA JULIA	2613		GLIWICE	POL	K-20	52	K 239	00:31:57	01:06:06			6:36	9.1

GLIWICKA DYCHA, Mieszkańcy Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	BABULA PRZEMYSŁAW	2001	GKS PIAST GLIWICE	GLIWICE	POL	M-20	1	M 2	00:18:15	00:36:25	00:37:47.75	00:37:49.10	3:36	16.7
2	URBAŃCZYK KAROL	2559		GLIWICE	POL	M-20	2	M 3	00:18:09	00:36:51	00:38:14.95	00:38:16.60	3:38	16.5
3	FOLTYN JAKUB	2102	WAY2CHAMP.COM	GLIWICE	POL	M-20	4	M 7	00:19:53	00:39:07	00:40:30.40	00:40:36.45	3:51	15.6
4	OCHMAN PAWEŁ	2351	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	3	M 8	00:19:15	00:39:12	00:40:35.60	00:40:38.15	3:52	15.5
5	RODAK PAWEŁ	2428		GLIWICE	POL	M-20	5	M 10	00:19:35	00:39:46	00:41:17.00	00:41:19.90	3:55	15.3
6	NIESLON MAREK	2341	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	4	M 11	00:18:59	00:39:46	00:41:18.65	00:41:23.10	3:56	15.2
7	DOLATA KRZYSZTOF	2077	SOCIOS SILESIA	GLIWICE	POL	M-30	7	M 15	00:19:45	00:40:12	00:41:48.65	00:41:50.00	3:58	15.1
8	HALMAN TOMASZ	2150	KLAVA	GLIWICE	POL	M-30	8	M 21	00:19:59	00:41:41	00:43:13.20	00:43:14.85	4:06	14.6
9	JEZUSEK PIOTR	2181	BENQ - CO JA BIEGNE	GLIWICE	POL	M-30	11	M 31	00:20:51	00:42:36	00:44:15.65	00:44:28.20	4:12	14.2
10	KUCHARCZYK JAKUB	3144	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	9	M 26	00:20:00	00:42:44	00:44:16.80	00:44:18.60	4:13	14.2
11	NAPIÓRKOWSKI ADAM	2334		GLIWICE	POL	M-30	13	M 30	00:20:53	00:42:45	00:44:19.90	00:44:28.05	4:13	14.2
12	KUKURBA MIKOŁAJ	2255	ROMET FACTORY TEAM	GLIWICE	POL	M-30	14	M 29	00:20:05	00:42:43	00:44:24.00	00:44:27.25	4:13	14.2
13	SŁAMACHA DAWID	2447	DRIV	GLIWICE	POL	M-20	11	M 35	00:20:40	00:42:46	00:44:26.20	00:44:28.05	4:13	14.2
14	DONIGIEWICZ MARIUSZ	2080		GLIWICE	POL	M-40	10	M 36	00:21:43	00:43:20	00:44:48.40	00:44:50.70	4:16	14.1
15	KAMIŃSKI JACEK	2196	ROMET FACTORY TEAM	GLIWICE	POL	M-30	17	M 38	00:20:39	00:43:19	00:45:09.00	00:45:12.55	4:18	14
16	CZARNOZYŃSKI ALEKSANDER	2067	GTT INTERPROJEKT	GLIWICE	POL	M-50	1	M 42	00:21:55	00:43:53	00:45:31.60	00:45:38.05	4:20	13.8
17	BORYCZKO BARTŁOMIEJ	2030	BARRE STATION FITNESS	GLIWICE	POL	M-40	12	M 43	00:20:45	00:43:59	00:45:40.80	00:45:52.00	4:21	13.8
18	CZABAŃSKI RAFAŁ	2064	RUNHOGS TYCHY	GLIWICE	POL	M-40	13	M 44	00:22:12	00:44:13	00:45:44.55	00:46:10.05	4:21	13.8
19	ZALESKI MACIEJ	2607		GLIWICE	POL	M-20	15	M 48	00:21:48	00:44:34	00:46:06.70	00:46:21.80	4:23	13.7
20	ALKER ZBIGNIEW	2000	ALKER TEAM	GLIWICE	POL	M-50	2	M 49	00:22:18	00:44:54	00:46:38.55	00:46:55.00	4:26	13.5
21	NIEPOŃ MICHAŁ	2339	FLUOR	GLIWICE	POL	M-30	20	M 55	00:24:11	00:45:11	00:46:46.95	00:47:38.90	4:27	13.5
22	MICHAŁUSZEK SEBASTIAN	2317	BIEG - UNKA	GLIWICE	POL	M-40	15	M 51	00:22:25	00:45:19	00:47:02.50	00:47:07.35	4:28	13.4
23	WOJAKOWSKI KRZYSZTOF	2585	K&K RUN	GLIWICE	POL	M-40	16	M 53	00:21:22	00:45:40	00:47:24.00	00:47:27.95	4:30	13.3
24	TOWAREK MICHAŁ	3139	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	18	M 56	00:21:53	00:45:38	00:47:31.55	00:47:41.60	4:31	13.3
25	GANSZCZYK RAFAŁ	2116	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	18	M 59	00:22:44	00:45:54	00:47:41.70	00:47:51.25	4:32	13.2
26	GÓRALEWSKI RAFAŁ	2133		GLIWICE	POL	M-20	19	M 58	00:21:52	00:46:07	00:47:46.10	00:47:49.90	4:32	13.2
27	JACHYM ARKADIUSZ	2165	SILESIA SOCIOS	GLIWICE	POL	M-40	19	M 61	00:21:39	00:44:53	00:48:01.25	00:48:06.70	4:34	13.1
28	CITUK RAJMUND	2061	BIEGAMNACZTERECHLAPACH	GLIWICE	POL	M-20	20	M 63	00:23:39	00:46:20	00:48:02.50	00:48:22.55	4:34	13.1
29	KURCZYK KAMIL	2260		GLIWICE	POL	M-20	21	M 70	00:23:23	00:46:20	00:48:05.50	00:48:51.80	4:34	13.1
30	JASIK GRZEGORZ	2175	SRTG GLIWICE	GLIWICE	POL	M-40	20	M 71	00:23:20	00:46:50	00:48:35.60	00:48:53.40	4:37	13
31	MIELNIK KRZYSIEK	2323		GLIWICE	POL	M-30	24	M 73	00:23:26	00:46:56	00:48:41.15	00:49:07.25	4:38	12.9
32	FOLTYN PAWEŁ	2103	FOLKI	GLIWICE	POL	M-30	25	M 74	00:23:19	00:47:23	00:49:09.55	00:49:23.75	4:40	12.8
33	WOCHNIK DAWID	2583	CF ZABRZE	GLIWICE	POL	M-30	28	M 89	00:24:27	00:47:55	00:49:43.95	00:50:28.20	4:44	12.7
34	ULFIK BARTŁOMIEJ	2555		GLIWICE	POL	M-40	26	M 78	00:22:49	00:47:56	00:49:47.35	00:49:54.15	4:44	12.7
35	LEMPART TOMASZ	2272		GLIWICE	POL	M-40	27	M 80	00:22:24	00:47:49	00:49:50.75	00:50:01.90	4:44	12.6
36	WILMA KRZYSZTOF	2575		GLIWICE	POL	M-40	34	M 90	00:23:40	00:48:24	00:50:15.25	00:50:38.80	4:47	12.5
37	GĘBCZYŃSKI PAWEŁ	2120		GLIWICE	POL	M-40	35	M 95	00:23:47	00:48:25	00:50:16.20	00:50:54.80	4:47	12.5
38	GODLEWSKI ŁUKASZ	2126	HIRSCHVOGEL	GLIWICE	POL	M-20	27	M 98	00:24:13	00:49:02	00:50:43.30	00:51:14.90	4:49	12.4
39	ROMIK ARTUR	2435		GLIWICE	POL	M-40	37	M 123	00:24:13	00:49:04	00:50:56.95	00:52:39.70	4:51	12.4
40	PAROL TOMASZ	2381	PROPOINT	GLIWICE	POL	M-30	36	M 106	00:23:59	00:49:20	00:51:09.90	00:51:39.20	4:52	12.3
41	RUDZIŃSKI KAMIL	2439		GLIWICE	POL	M-30	37	M 111	00:25:28	00:49:27	00:51:14.10	00:51:58.40	4:52	12.3
42	RUDZIŃSKI JACEK	2440		GLIWICE	POL	M-30	38	M 110	00:25:30	00:49:30	00:51:15.40	00:51:58.20	4:52	12.3
43	KWIATKOWSKI MARCIN	2266		GLIWICE	POL	M-30	39	M 108	00:23:30	00:49:27	00:51:23.05	00:51:55.50	4:53	12.3
44	PAWLINA PIOTR	2387		GLIWICE	POL	M-40	39	M 101	00:25:31	00:49:42	00:51:24.55	00:51:24.55	4:53	12.3
45	ZAJĄC MATEUSZ	2604		GLIWICE	POL	M-30	41	M 125	00:25:24	00:50:00	00:51:39.55	00:52:49.35	4:55	12.2
46	SZWARCZYŃSKI MICHAŁ	2530		GLIWICE	POL	M-30	43	M 107	00:23:04	00:49:49	00:51:44.15	00:51:51.20	4:55	12.2
47	SZOŁTYSIK ŁUKASZ	2649		GLIWICE	POL	M-30	44	M 135	00:25:11	00:49:57	00:51:54.05	00:53:12.60	4:56	12.1

GLIWICKA DYCHA, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
48	PORĘBSKI GRZEŚ	2410		GLIWICE	POL	M-20	30	M 113	00:24:44	00:50:14	00:51:56.80	00:52:06.65	4:56	12.1
49	MACH MARCIN	2297		GLIWICE	POL	M-40	44	M 114	00:24:04	00:50:01	00:51:58.70	00:52:10.95	4:56	12.1
50	WARDAK PIOTR	2565		GLIWICE	POL	M-30	47	M 124	00:24:15	00:50:21	00:52:12.25	00:52:39.85	4:58	12.1
51	LASKOWSKI SEBASTIAN	3129	KATA GUROMA	GLIWICE	POL	M-40	45	M 152	00:25:27	00:50:21	00:52:15.25	00:54:08.35	4:58	12.1
52	WIETRZYCKI ZENON	2573	MOMO TEAM	GLIWICE	POL	M-60	3	M 120	00:24:16	00:50:15	00:52:16.70	00:52:21.10	4:58	12
53	WIETRZYCKI MARIUSZ	2572	MOMO TEAM	GLIWICE	POL	M-30	48	M 119	00:24:05	00:50:15	00:52:16.85	00:52:20.90	4:58	12.1
54	TOKAJ DOMINIK	2546		GLIWICE	POL	M-20	31	M 130	00:24:58	00:50:21	00:52:18.90	00:53:02.05	4:58	12
55	PIOTROWSKI KAJETAN	2401	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	32	M 143	00:25:29	00:50:50	00:52:22.25	00:53:35.75	4:59	12
56	LASIUK PAWEŁ	2268	HIRSCHVOGEL	GLIWICE	POL	M-30	50	M 128	00:25:11	00:50:42	00:52:26.25	00:52:56.80	4:59	12
57	PIECHOWIAK WOJCIECH	2392		GLIWICE	POL	M-30	52	M 134	00:24:13	00:50:44	00:52:43.70	00:53:09.80	5:01	12
58	JANOSZ SŁAWOMIR	2170	BIURO INŻYNIERSKIE IEC	SZAŁSZA	POL	M-30	53	M 133	00:23:49	00:51:00	00:52:44.25	00:53:08.20	5:01	11.9
59	DREWNIAK ŁUKASZ	2674		GLIWICE	POL	M-30	54	M 137	00:25:40	00:51:05	00:52:44.35	00:53:27.55	5:01	11.9
60	BLADYN DAWID	2024	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	34	M 149	00:25:29	00:50:57	00:52:45.90	00:53:59.45	5:01	11.9
61	SŁODKIEWICZ GRZEGORZ	2475		GLIWICE	POL	M-40	48	M 131	00:24:34	00:50:46	00:52:49.10	00:53:02.35	5:01	11.9
62	IGNACZAK ROBERT	2650		GLIWICE	POL	M-40	49	M 151	00:25:20	00:50:56	00:52:49.60	00:54:07.70	5:01	11.9
63	WOJTAS MARCIN	2586	ISTA BIEGAMY	GLIWICE	POL	M-30	56	M 147	00:26:20	00:51:10	00:52:51.00	00:53:55.20	5:02	11.9
64	SEMLA TOMASZ	2454		GLIWICE	POL	M-30	57	M 138	00:24:33	00:50:54	00:52:52.20	00:53:28.10	5:02	11.9
65	SZULC SEBASTIAN	2527	EXLABS	GLIWICE	POL	M-30	58	M 144	00:23:46	00:50:48	00:52:59.70	00:53:40.95	5:02	11.9
66	CHEGE DANSON	2048	DECATHLON CAR GLIWICE	GLIWICE	POL	M-30	60	M 140	00:23:51	00:51:35	00:53:15.85	00:53:31.35	5:04	11.8
67	KULA JAN	2256	DECATHLON I PRZYJACIELE	GLIWICE	POL	M-30	61	M 142	00:26:04	00:51:36	00:53:17.80	00:53:31.65	5:04	11.8
68	WIŚNIEWSKI TOMASZ	2577		GLIWICE	POL	M-30	62	M 150	00:25:33	00:51:18	00:53:18.45	00:54:07.10	5:04	11.8
69	FABER JACEK	2638		GLIWICE	POL	M-30	63	M 153	00:24:53	00:51:36	00:53:39.65	00:54:09.30	5:06	11.7
70	SZMIGIEL DANIEL	2520		GLIWICE	POL	M-30	66	M 158	00:25:21	00:51:55	00:53:50.45	00:54:22.80	5:07	11.7
71	MAZUR MARCIN	555		KNURÓW	POL	M-20	35	M 177	00:26:21	00:51:44	00:53:51.35	00:55:22.80	5:07	11.7
72	ZIELIŃSKI WOJCIECH	2619		GLIWICE	POL	M-20	36	M 174	00:23:43	00:52:02	00:54:06.60	00:55:18.35	5:09	11.6
73	GOLIASZ BARTŁOMIEJ	2127		GLIWICE	POL	M-30	68	M 170	00:26:43	00:52:28	00:54:08.75	00:55:03.65	5:09	11.6
74	GOZDZIŃSKI WOJCIECH	2131		GLIWICE	POL	M-40	57	M 159	00:24:38	00:52:10	00:54:12.55	00:54:33.20	5:09	11.6
75	DOBOSZ MARIUSZ	2075	GO-LEASING	GLIWICE	POL	M-30	69	M 166	00:25:57	00:52:28	00:54:16.15	00:54:45.95	5:10	11.6
76	NIEMIEC SŁAWOMIR	2337	INTERGRAFIK POLSKA	GLIWICE	POL	M-30	71	M 172	00:25:50	00:52:25	00:54:22.00	00:55:08.85	5:10	11.6
77	DRZYMAŁSKI PRZEMYSŁAW	2088	PROPOINT	GLIWICE	POL	M-30	72	M 183	00:27:01	00:52:21	00:54:22.45	00:55:34.45	5:10	11.6
78	CZAŚKIEWICZ MARCIN	2069		GLIWICE	POL	M-30	74	M 168	00:25:17	00:52:32	00:54:27.20	00:54:53.30	5:11	11.6
79	KOKOT MARCEL	2218	DECATHLON CAR GLIWICE	GLIWICE	POL	M-20	37	M 190	00:25:59	00:52:12	00:54:28.15	00:55:58.20	5:11	11.6
80	CYROŃ MARCIN	2686		GLIWICE	POL	M-30	76	M 173	00:26:30	00:52:49	00:54:43.45	00:55:16.55	5:12	11.5
81	DYTO MICHAŁ	2682		GLIWICE	POL	M-20	38	M 205	00:25:21	00:53:10	00:54:59.95	00:56:48.25	5:14	11.5
82	SZUMIATA PIOTR	2529		GLIWICE	POL	M-20	39	M 179	00:25:42	00:53:11	00:55:07.50	00:55:26.60	5:14	11.4
83	MICHOŃ MACIEJ	2319		GLIWICE	POL	M-20	40	M 195	00:26:52	00:53:14	00:55:14.75	00:56:21.55	5:15	11.4
84	DĘBOWSKI KRZYSZTOF	2074		GLIWICE	POL	M-30	81	M 197	00:26:11	00:53:13	00:55:18.25	00:56:24.60	5:16	11.4
85	BEHERNOT JAN	2680		GLIWICE	POL	M-20	41	M 198	00:26:33	00:53:36	00:55:29.50	00:56:26.45	5:17	11.4
86	URBANIAK DAWID	2558	AVANTOR PERFORMANCE MATERIALS POLAND	GLIWICE	POL	M-20	42	M 196	00:25:39	00:53:39	00:55:29.90	00:56:23.80	5:17	11.4
87	CHĘCIŃSKI TOMASZ	2050		GLIWICE	POL	M-40	63	M 193	00:25:44	00:53:34	00:55:31.80	00:56:05.20	5:17	11.3
88	SERWACH MATEUSZ	2455	FALUSSO BERGAMO	GLIWICE	POL	M-20	43	M 186	00:25:43	00:53:42	00:55:34.40	00:55:53.20	5:17	11.3
89	ROLEK MARCIN	2434		GLIWICE	POL	M-30	82	M 203	00:26:41	00:53:34	00:55:35.00	00:56:31.30	5:17	11.3
90	OPALIŃSKI TOMASZ	2365	ZF TEAM	GLIWICE	POL	M-30	83	M 202	00:26:43	00:53:35	00:55:36.00	00:56:30.40	5:17	11.3
91	KOWALCZYK GRZEGORZ	2230		GLIWICE	POL	M-40	64	M 185	00:25:19	00:53:32	00:55:37.10	00:55:53.20	5:17	11.3
92	KOZIOL RYSZARD	2240	SOSNICA	GLIWICE	POL	M-60	6	M 188	00:25:54	00:53:35	00:55:40.25	00:55:54.75	5:18	11.3
93	SAMOL GRZEGORZ	2448	GLIWICE	GLIWICE	POL	M-50	9	M 200	00:26:07	00:53:50	00:55:51.20	00:56:29.20	5:19	11.3
94	PAWLETA MICHAŁ	2383	BPRT	GLIWICE	POL	M-40	67	M 217	00:27:00	00:54:01	00:56:01.55	00:57:15.95	5:20	11.2
95	GRĄBCZEWSKI MARCIN	2139		GLIWICE	POL	M-30	87	M 210	00:26:42	00:54:00	00:56:03.50	00:57:07.05	5:20	11.2
96	MATULICZ DAMIAN	2313		GLIWICE	POL	M-40	69	M 201	00:25:25	00:53:59	00:56:09.85	00:56:30.00	5:20	11.2
97	BEDNAREK JAKUB	2014		GLIWICE	POL	M-30	89	M 215	00:26:20	00:54:17	00:56:25.75	00:57:12.80	5:22	11.2
98	RUDZIŃSKI ŁUKASZ	2438		GLIWICE	POL	M-30	90	M 214	00:26:55	00:54:43	00:56:27.35	00:57:12.00	5:22	11.2
99	MANKA ADAM	2307		GLIWICE	POL	M-40	70	M 228	00:28:04	00:54:46	00:56:43.30	00:58:04.20	5:24	11.1
100	HERUD TOMASZ	2663		GLIWICE	POL	M-30	92	M 236	00:27:49	00:54:55	00:56:44.30	00:58:28.85	5:24	11.1
101	MAGURNO FRANCO	2677		GLIWICE	POL	M-40	71	M 224	00:26:49	00:54:57	00:56:49.90	00:57:34.50	5:24	11.1
102	SUPERNAK MARCIN	2507		GLIWICE	POL	M-40	72	M 241	00:27:25	00:54:54	00:56:53.65	00:58:41.80	5:25	11.1
103	WYCIŚLIK MARCIN	2598	HIRSCHVOGEL	GLIWICE	POL	M-30	93	M 221	00:26:26	00:54:44	00:56:54.10	00:57:27.10	5:25	11.1

GLIWICKA DYCHA, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
104	SZYMOS DAMIAN	2536	RYWAL GLIWICE	GLIWICE	POL	M-30	95	M 243	00:26:44	00:55:08	00:57:03.45	00:59:04.95	5:26	11
105	SZUPIŃSKI GRZEGORZ	2523	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	47	M 235	00:28:14	00:55:30	00:57:11.40	00:58:28.05	5:26	11
106	SOKOŁOWSKI ŁUKASZ	2485		GLIWICE	POL	M-30	97	M 234	00:27:28	00:55:25	00:57:22.75	00:58:27.35	5:27	11
107	GĘBCZYŃSKI OLIWIER	2121		GLIWICE	POL	M-20	49	M 230	00:25:11	00:55:09	00:57:38.20	00:58:16.30	5:29	10.9
108	KUKLA BARTOSZ	3143	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	50	M 242	00:25:26	00:55:29	00:57:50.10	00:59:03.30	5:30	10.9
109	WIECZOROWSKI KRZYSZTOF	2570	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	M-30	100	M 240	00:26:41	00:55:39	00:57:50.75	00:58:41.40	5:30	10.9
110	KARBOWNIK MARCIN	2666		GLIWICE	POL	M-20	51	M 231	00:26:35	00:55:55	00:58:00.35	00:58:23.20	5:31	10.9
111	SAFERNA PRZEMEK	2443		GLIWICE	POL	M-30	101	M 238	00:28:12	00:56:10	00:58:04.30	00:58:29.90	5:31	10.8
112	ZDANOWICZ MICHAŁ	2614		GLIWICE	POL	M-40	75	M 233	00:26:02	00:56:09	00:58:14.20	00:58:27.30	5:32	10.8
113	MARYNIAK WOJCIECH	2676		GLIWICE	POL	M-30	102	M 258	00:28:51	00:56:23	00:58:20.15	01:00:17.10	5:33	10.8
114	BAŃKA JAKUB	2007		GLIWICE	POL	M-30	104	M 248	00:27:10	00:56:23	00:58:32.05	00:59:12.60	5:34	10.8
115	WOJTASIK ADRIAN	2587		GLIWICE	POL	M-20	54	M 253	00:28:06	00:56:31	00:58:32.05	00:59:52.00	5:34	10.8
116	SKULSKI TOMASZ	2469	LILA LOGISTIK	GLIWICE	POL	M-40	77	M 246	00:26:53	00:56:23	00:58:33.30	00:59:11.25	5:34	10.8
117	CZARNECKI MICHAŁ	2066		GLIWICE	POL	M-20	55	M 260	00:28:05	00:56:51	00:58:59.35	01:00:19.80	5:37	10.7
118	KUMOR MARCIN	2259		GLIWICE	POL	M-30	107	M 249	00:26:46	00:57:00	00:59:01.95	00:59:35.10	5:37	10.7
119	GAWŁOWSKI PIOTR	2119	PKO BANK POLSKI	GLIWICE	POL	M-20	56	M 270	00:29:04	00:57:21	00:59:12.60	01:01:10.45	5:38	10.6
120	DULĘBA JULIUSZ	2090		GLIWICE	POL	M-30	111	M 263	00:30:25	00:57:16	00:59:19.80	01:00:32.05	5:39	10.6
121	BARTELA ŁUKASZ	2645		GLIWICE	POL	M-30	112	M 279	00:28:30	00:57:14	00:59:33.35	01:01:45.30	5:40	10.6
122	STANISZ MICHAŁ	2491		GLIWICE	POL	M-30	113	M 261	00:26:39	00:57:15	00:59:36.40	01:00:27.00	5:40	10.6
123	ZALESKI ARKADIUSZ	2608		GLIWICE	POL	M-40	81	M 273	00:27:07	00:57:38	00:59:47.85	01:01:16.90	5:41	10.5
124	BOREK WOJCIECH	2029		GLIWICE	POL	M-30	115	M 262	00:27:24	00:57:38	01:00:01.35	01:00:31.25	5:43	10.5
125	KACZOROWSKI GRZEGORZ	2191		GLIWICE	POL	M-20	58	M 272	00:28:26	00:57:42	01:00:05.10	01:01:13.10	5:43	10.5
126	TABOR ANDRZEJ	2543		GLIWICE	POL	M-30	116	M 285	00:28:08	00:58:08	01:00:16.30	01:02:15.55	5:44	10.5
127	LINDENBERG JAROSŁAW	2282		GLIWICE	POL	M-30	117	M 278	00:27:26	00:58:17	01:00:21.30	01:01:45.25	5:44	10.4
128	KOTOWSKI PIOTR	2658		GLIWICE	POL	M-40	86	M 283	00:28:35	00:58:25	01:00:44.70	01:01:59.80	5:47	10.4
129	ZAREMBA TADEUSZ	2609	STARY HANGAR	GLIWICE	POL	M-60	9	M 274	00:28:24	00:58:33	01:00:46.55	01:01:22.80	5:47	10.4
130	ZDZIEBKO JAKUB	2616		GLIWICE	POL	M-20	59	M 288	00:29:21	00:59:15	01:00:57.15	01:02:38.90	5:48	10.3
131	BORYCZKA DAWID	2700	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-20	60	M 293	00:30:11	00:59:16	01:01:00.70	01:02:44.75	5:48	10.3
132	ZDZIEBKO ARTUR	2615		GLIWICE	POL	M-40	89	M 291	00:29:21	00:59:15	01:01:02.45	01:02:43.90	5:48	10.3
133	FRANIA ANDRZEJ	2109	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-40	90	M 297	00:29:56	00:59:16	01:01:03.80	01:02:55.85	5:48	10.3
134	MIŁKOWSKI ANDRZEJ	2327		GLIWICE	POL	M-60	10	M 275	00:28:33	00:58:50	01:01:07.65	01:01:33.20	5:49	10.3
135	ŁADA MIREK	2293		GLIWICE	POL	M-40	91	M 302	00:29:02	00:59:07	01:01:12.90	01:03:12.75	5:49	10.3
136	SMUDA GRZEGORZ	2481	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 303	00:29:24	00:58:57	01:01:14.90	01:03:13.20	5:50	10.3
137	WEJNER MARCIN	2568		GLIWICE	POL	M-40	93	M 304	00:28:49	00:59:01	01:01:19.45	01:03:14.40	5:50	10.3
138	KOWALSKI WŁODZIMIERZ	2234	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-30	121	M 300	00:29:57	00:59:17	01:01:19.50	01:03:10.60	5:50	10.3
139	PIÓRKOWSKI TOMASZ	2402		GLIWICE	POL	M-40	94	M 284	00:28:42	00:59:17	01:01:29.20	01:02:14.80	5:51	10.2
140	BRUDEK GRZEGORZ	2035		GLIWICE	POL	M-30	122	M 301	00:30:02	00:59:22	01:01:30.45	01:03:12.10	5:51	10.2
141	LESZKOVEN PIOTR	2274	FLUOR	GLIWICE	POL	M-40	95	M 299	00:30:15	00:59:39	01:01:42.25	01:03:06.20	5:52	10.2
142	ROJEK MICHAŁ	2433	WKURW_TEAM	GLIWICE	POL	M-40	96	M 295	00:29:29	00:59:44	01:01:50.35	01:02:50.55	5:53	10.2
143	DACZYŃSKI KAJETAN	2073		GLIWICE	POL	M-20	62	M 298	00:29:31	01:00:37	01:01:58.95	01:02:56.95	5:54	10.2
144	PSIUK-MAKSYMOWICZ KRZYSZTOF	2420	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	124	M 312	00:30:16	00:59:58	01:02:04.70	01:04:05.45	5:54	10.1
145	GRADZIŃSKI ARTUR	2138	FLUOR	GLIWICE	POL	M-40	97	M 311	00:29:57	00:59:55	01:02:12.05	01:03:56.60	5:55	10.1
146	KARBOWNICZEK DAWID	2199		GLIWICE	POL	M-30	125	M 313	00:31:20	01:00:31	01:02:22.55	01:04:18.05	5:56	10.1
147	SKOTNICKI MICHAŁ	2642		GLIWICE	POL	M-30	126	M 294	00:29:09	01:00:05	01:02:22.70	01:02:49.40	5:56	10.1
148	MICZKA ŁUKASZ	2320		GLIWICE	POL	M-30	127	M 309	00:28:38	00:59:54	01:02:28.45	01:03:40.20	5:57	10.1
149	WOŹNIAK TOMASZ	2590		GLIWICE	POL	M-20	63	M 314	00:29:28	01:00:19	01:02:33.90	01:04:21.40	5:57	10.1
150	ORLIKI IRENEUSZ	2368	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	128	M 305	00:30:07	01:00:28	01:02:37.75	01:03:23.70	5:57	10.1
151	WACŁAWEK TOMEK	2562		GLIWICE	POL	M-20	64	M 307	00:28:38	01:00:32	01:02:50.90	01:03:33.10	5:59	10
152	NIWIŃSKI MICHAŁ	2344	PKO BANK POLSKI	GLIWICE	POL	M-30	129	M 321	00:31:18	01:00:35	01:02:51.55	01:04:50.40	5:59	10
153	NARUSZEWICZ KRZYSZTOF	2335		GLIWICE	POL	M-30	130	M 317	00:29:46	01:01:02	01:03:24.20	01:04:38.50	6:02	9.9
154	WITAŁA RAFAŁ	2578		GLIWICE	POL	M-30	132	M 320	00:30:05	01:01:28	01:03:40.70	01:04:50.15	6:03	9.9
155	PALENGA ADRIAN	2378	ZF TEAM	GLIWICE	POL	M-30	134	M 319	00:28:27	01:01:34	01:03:48.75	01:04:40.00	6:04	9.9
156	WÓJCIK JAKUB	2593		GLIWICE	POL	M-30	136	M 310	00:30:00	01:01:05	01:03:53.05	01:03:53.05	6:05	9.9
157	PAPROCKI ROMAN	2380		GLIWICE	POL	M-50	13	M 326	00:31:49	01:01:43	01:03:57.20	01:05:35.65	6:05	9.9
158	BAJKACZ TOMASZ	2690		GLIWICE	POL	M-20	65	M 323	00:31:06	01:01:51	01:03:57.20	01:05:06.95	6:05	9.9

GLIWICKA DYCHA, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
159	STANGEL MICHAŁ	2648		GLIWICE	POL	M-40	100	M 316	00:30:18	01:01:59	01:04:04.40	01:04:36.80	6:06	9.8
160	DROZD KRZYSZTOF	2085		GLIWICE	POL	M-30	139	M 336	00:29:29	01:01:59	01:04:47.95	01:06:45.05	6:10	9.7
161	PORWOŁ ADAM	2411		GLIWICE	POL	M-20	66	M 332	00:31:06	01:02:40	01:04:58.50	01:06:08.35	6:11	9.7
162	GÓRECKI JANUSZ	2135		GLIWICE	POL	M-50	14	M 333	00:30:40	01:02:48	01:05:15.35	01:06:22.30	6:12	9.7
163	ŻYDAK KAMIL	2633	DRIV	GLIWICE	POL	M-30	141	M 339	00:29:24	01:02:50	01:05:17.20	01:07:07.40	6:13	9.7
164	KIJANKA DAMIAN	2205	HIRSCHVOGEL COMPONENTS POLAND	GLIWICE	POL	M-30	142	M 329	00:32:16	01:03:11	01:05:23.85	01:06:01.40	6:13	9.6
165	KOJ KRZYSZTOF	2217	PPP GLIWICE	GLIWICE	POL	M-30	144	M 340	00:31:38	01:03:15	01:05:25.65	01:07:20.05	6:13	9.6
166	GRABYSZ WITOLD	2137		GLIWICE	POL	M-50	15	M 328	00:31:08	01:03:03	01:05:29.40	01:05:56.60	6:14	9.6
167	PRZYGOCKI ROBERT	2418		GLIWICE	POL	M-40	102	M 334	00:29:50	01:03:26	01:05:55.30	01:06:29.75	6:16	9.6
168	KOPEĆ MAREK	2673		GLIWICE	POL	M-40	103	M 342	00:30:08	01:04:03	01:06:15.70	01:07:39.15	6:18	9.5
169	GIERCZYCKI MICHAŁ	2123		GLIWICE	POL	M-30	146	M 343	00:32:35	01:04:06	01:06:27.85	01:07:48.85	6:19	9.5
170	BEM ANDRZEJ	2015	OAT	GLIWICE	POL	M-50	16	M 338	00:30:30	01:04:05	01:06:35.80	01:06:56.25	6:20	9.5
171	FOREMSKI PAWEŁ	2105	RZ 3,21	GLIWICE	POL	M-30	147	M 345	00:29:28	01:04:44	01:06:54.50	01:08:20.15	6:22	9.4
172	ŻEROMSKI STEFAN	2651		GLIWICE	POL	M-50	17	M 351	00:32:27	01:04:38	01:06:58.70	01:09:08.30	6:22	9.4
173	MICHAŁEK LUKASZ	2316		GLIWICE	POL	M-30	148	M 349	00:31:20	01:04:29	01:07:03.50	01:08:59.00	6:23	9.4
174	GILLNER RAFAŁ	2124		GLIWICE	POL	M-40	105	M 353	00:32:04	01:05:18	01:07:50.45	01:09:51.55	6:27	9.3
175	ZIMNY MARCIN	2623		GLIWICE	POL	M-30	150	M 356	00:31:16	01:05:54	01:08:50.00	01:10:16.80	6:33	9.2
176	MIGDAŁ GRZEGORZ	2325		GLIWICE	POL	M-40	108	M 358	00:32:09	01:06:14	01:08:50.10	01:10:48.20	6:33	9.2
177	OSIŃSKI KRZYSZTOF	2369	DTIQ POLAND	GLIWICE	POL	M-40	109	M 357	00:32:43	01:06:28	01:08:56.60	01:10:40.05	6:34	9.1
178	BENTKOWSKI LESŁAW	2016	DIRTY SPARROWS	GLIWICE	POL	M-60	13	M 355	00:33:26	01:07:29	01:09:59.45	01:10:16.00	6:40	9
179	PAWLIK MICHAŁ	2385		GLIWICE	POL	M-30	152	M 359	00:31:25	01:07:33	01:10:16.15	01:11:27.45	6:41	9
180	BRODIUK NORBERT	70	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	110	M 360	00:31:58	01:08:28	01:10:52.25	01:11:50.90	6:44	8.9
181	GALICZEK BRONISŁAW	2114	OPEL ACTIVE TEAM	GLIWICE	POL	M-50	18	M 363	00:33:59	01:08:50	01:11:18.85	01:12:44.65	6:47	8.8
182	CEBULA WOJCIECH	2046		GLIWICE	POL	M-60	14	M 368	00:32:22	01:10:50	01:14:02.65	01:16:10.05	7:03	8.5
183	NOGIEĆ JAKUB	2345	PROPOINT	GLIWICE	POL	M-20	70	M 366	00:32:02	01:11:45	01:14:10.65	01:14:33.55	7:03	8.5
184	HANULA BARTŁOMIEJ	2153		GLIWICE	POL	M-20	71	M 369	00:34:50	01:11:41	01:14:12.75	01:16:18.40	7:04	8.5
185	DROZDZ MICHAŁ	2087	RYWAL GLIWICE	GLIWICE	POL	M-30	156	M 374	00:34:07	01:12:21	01:15:02.95	01:17:03.10	7:08	8.4
186	PAWLICZEK LUKASZ	2384		GLIWICE	POL	M-30	157	M 372	00:34:34	01:12:31	01:15:17.95	01:16:54.15	7:10	8.4
187	KOCHANEK JAROSŁAW	2215	MOMO TEAM	GLIWICE	POL	M-40	112	M 375	00:37:29	01:12:41	01:15:27.00	01:17:30.95	7:11	8.3
188	FRYDRYCH PRZEMYSŁAW	2110		GLIWICE	POL	M-30	158	M 371	00:34:53	01:13:08	01:15:48.20	01:16:24.00	7:13	8.3
189	SZENDZIELORZ MAREK	2518		GLIWICE	POL	M-40	113	M 370	00:34:53	01:13:08	01:15:48.25	01:16:23.60	7:13	8.3
190	ŻELEZNY TOMASZ	2631		GLIWICE	POL	M-30	159	M 376	00:33:28	01:13:07	01:15:48.55	01:17:50.00	7:13	8.3
191	NĘDZA RYSZARD	2336	HIRSCHVOGEL	GLIWICE	POL	M-50	20	M 379	00:38:02	01:20:08	01:22:30.40	01:23:05.20	7:51	7.6
192	STELMASZCZUK DAMIAN	2496		GLIWICE	POL	M-40	114	M 380	00:40:07	01:25:28	01:28:23.20	01:28:34.90	8:25	7.1
193	ŻOCHOWSKI MIROSLAW	3127		GLIWICE	POL	M-50	21	M 382	00:41:50	01:33:26	01:36:17.70	01:36:17.70	9:10	6.5
194	GARBALA KAMIL	2117		GLIWICE	POL	M-30	163	M 385		00:48:31			4:51	12.4

GLIWICKA DYCHA, K-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LEBIECKA KAROLINA	2270		KATOWICE	POL	K-20	1	K 5	00:21:51	00:44:09	00:45:45.25	00:46:35.60	4:21	13.8
2	KARCHNIWY EWA	2200	NIGHT RUNNERS GLIWICE	SMOLNICA	POL	K-20	2	K 2	00:21:06	00:44:09	00:45:55.60	00:46:04.65	4:22	13.7
3	HAŁKA OLIWIA	2636	BP RUNNING TEAM	GLIWICE	POL	K-20	3	K 4	00:22:47	00:44:38	00:46:11.15	00:46:23.10	4:24	13.6
4	MIERA WIKTORIA	2681	#SZYMITEAM	RUDA KOZIŁSKA	POL	K-20	4	K 8	00:22:47	00:47:33	00:49:27.25	00:49:29.80	4:42	12.7
5	POGODA KINGA	3137	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	5	K 13	00:22:59	00:48:31	00:50:26.00	00:50:38.00	4:48	12.5
6	KŁODA DOROTA	2212		JANKOWICE	POL	K-20	6	K 16	00:22:58	00:49:55	00:51:48.85	00:51:52.30	4:56	12.2
7	SOSADA NICOL	2486	ISTA BIEGAMY	ZBROSŁAWICE	POL	K-20	7	K 27	00:25:53	00:51:45	00:53:41.85	00:54:44.40	5:06	11.7
8	WIŚNIEWSKA BEATA	2576		GLIWICE	POL	K-20	8	K 26	00:25:53	00:52:05	00:53:54.30	00:54:43.50	5:08	11.7
9	LISOŃ JULIA	2284	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ SPORT WSPIERA(MY) NAUKOWO	KNURÓW	POL	K-20	9	K 29	00:25:57	00:52:27	00:54:27.35	00:54:59.10	5:11	11.6
10	SMOK WERONIKA	2479		GLIWICE	POL	K-20	10	K 38	00:26:37	00:53:43	00:56:00.05	00:56:37.90	5:20	11.3
11	DOBROWOLSKA BASIA	2076		BYTOM	POL	K-20	11	K 46	00:27:00	00:54:10	00:56:06.80	00:57:40.35	5:20	11.2
12	OLEJNICZAK ALEKSANDRA	2360		KNURÓW	POL	K-20	12	K 39	00:26:14	00:54:17	00:56:16.60	00:56:45.95	5:21	11.2
13	FIRSZT MARTA	2101		CHORZÓW	POL	K-20	13	K 41	00:26:38	00:54:52	00:56:58.80	00:57:14.30	5:25	11.1
14	STĘPAK PATRYCJA	2497		GLIWICE	POL	K-20	14	K 47	00:27:34	00:55:15	00:57:19.65	00:57:44.50	5:27	11
15	KOZAK KAMILA	2683		GÓRA SIEWIERSKA	POL	K-20	15	K 59	00:28:02	00:55:35	00:57:38.85	00:59:00.35	5:29	10.9

GLIWICKA DYCHA, K-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
16	DUCH WERONIKA	2089	DECATHLON CAR ŁÓDŹ	ŁÓDŹ	POL	K-20	16	K 52	00:28:47	00:56:06	00:57:57.30	00:58:18.75	5:31	10.9
17	HAŁAKUC JOANNA	2152		GLIWICE	POL	K-20	17	K 51	00:26:59	00:55:54	00:57:59.25	00:58:09.10	5:31	10.9
18	POWROŹNIK PAULINA	2412	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	KATOWICE	POL	K-20	18	K 57	00:26:50	00:55:53	00:58:02.00	00:58:46.30	5:31	10.9
19	MAJEWSKA AGATA	2303		CHORZÓW	POL	K-20	19	K 62	00:28:33	00:56:38	00:58:45.35	00:59:08.00	5:35	10.7
20	MAJ VIKTORIA	2300		GLIWICE	POL	K-20	20	K 88	00:28:19	00:57:02	00:59:51.60	01:01:14.55	5:42	10.5
21	ONOPIUK NATALIA	2363		GLIWICE	POL	K-20	21	K 86	00:28:40	00:58:00	01:00:13.10	01:01:14.05	5:44	10.5
22	GRYBÓŚ PATRYCJA	2144		RADZIONKÓW	POL	K-20	22	K 89	00:29:08	00:58:28	01:00:37.00	01:01:18.30	5:46	10.4
23	MACHOŚ ADRIANNA	2685		GLIWICE	POL	K-20	23	K 84	00:27:07	00:58:32	01:00:50.10	01:01:04.50	5:47	10.4
24	SOBEL NATALIA	3142	UKS KOMETA GLIWICE	GLIWICE	POL	K-20	24	K 97	00:28:41	00:59:25	01:01:42.25	01:01:54.50	5:52	10.2
25	MIECZNIKOWSKA IDA	2322		KATOWICE	POL	K-20	25	K 109	00:28:29	00:59:26	01:01:51.25	01:02:56.55	5:53	10.2
26	BANDURA ALEKSANDRA	2005	EUVIC	SOSNOWIEC	POL	K-20	26	K 110	00:29:48	00:59:32	01:01:51.45	01:03:20.95	5:53	10.2
27	STANKIEWICZ KAMILA	2493		GLIWICE	POL	K-20	27	K 125	00:29:30	01:00:19	01:02:41.40	01:04:28.90	5:58	10.1
28	GOWIK AGATA	2129		ZIELONA GÓRA	POL	K-20	28	K 117	00:29:06	01:00:39	01:02:54.25	01:03:47.25	5:59	10
29	HAŁAKUC ALEKSANDRA	2151		GLIWICE	POL	K-20	29	K 129	00:30:01	01:01:17	01:03:38.80	01:05:18.50	6:03	9.9
30	LUKOSZEK WERONIKA	2289		GLIWICE	POL	K-20	30	K 130	00:31:22	01:01:35	01:03:40.40	01:05:25.40	6:03	9.9
31	PAWLUS MARZENA	2388		CZECHOWICE-DZIEDZICE	POL	K-20	31	K 131	00:28:43	01:02:31	01:05:02.15	01:05:26.90	6:11	9.7
32	GÓRECKA WERONIKA	2134		GLIWICE	POL	K-20	32	K 143	00:30:40	01:02:48	01:05:15.60	01:06:21.80	6:12	9.7
33	JOOSTBERENS ALEKSANDRA	2182	FLUOR	KNURÓW	POL	K-20	33	K 153	00:31:37	01:03:06	01:05:28.40	01:07:09.50	6:14	9.6
34	BILNICKA PAULINA	2022	FLUOR	ZAWIERCIE	POL	K-20	34	K 156	00:31:44	01:03:34	01:06:01.75	01:07:59.95	6:17	9.5
35	PIENIAK KAROLINA	2393		GLIWICE	POL	K-20	35	K 149	00:30:47	01:04:05	01:06:10.50	01:06:35.65	6:18	9.5
36	GRZONKA MAŁGORZATA	2148		MSZANA	POL	K-20	36	K 165	00:32:05	01:04:42	01:07:17.20	01:08:55.65	6:24	9.4
37	SKRZYPEK WIOLA	2468	#BIEGACZE	KRAKOW	POL	K-20	37	K 162	00:30:44	01:04:58	01:07:23.80	01:08:29.50	6:25	9.3
38	REJNAT AGATA	2426		GLIWICE	POL	K-20	38	K 163	00:32:01	01:05:54	01:08:10.90	01:08:33.65	6:29	9.2
39	WÓJCIK AGNIESZKA	2594		ZABRZE	POL	K-20	39	K 173	00:33:29	01:06:16	01:08:51.60	01:10:13.30	6:33	9.1
40	WALCZYK JOANNA	2563	PWC SERVICE DELIVERY CENTER	BYTOM	POL	K-20	40	K 174	00:33:29	01:06:16	01:08:51.75	01:10:13.55	6:33	9.1
41	JANOSZKA IZABELA	2171	HIRSCHVOGEL	ŚWIBIE	POL	K-20	41	K 171	00:31:47	01:06:45	01:09:17.70	01:10:06.90	6:35	9.1
42	MACHERA KATARZYNA	2295		STARY KONIECPOL	POL	K-20	42	K 191	00:33:26	01:08:37	01:11:21.70	01:12:39.10	6:47	8.8
43	KAŁUŻYŃSKA MARIOLA	2195		ŁÓDŹ	POL	K-20	43	K 185	00:32:40	01:07:41	01:11:34.70	01:11:55.70	6:48	8.8
44	LYSZCZYK PATRYCJA	2292		GLIWICE	POL	K-20	44	K 205	00:32:36	01:09:57	01:13:25.55	01:14:56.10	6:59	8.6
45	KOŁODZIEJCZAK DOMINIKA	2220		GLIWIC	POL	K-20	45	K 204	00:34:00	01:11:19	01:14:08.25	01:14:50.10	7:03	8.5
46	BRATEK MAJA	2669	OTK RZEŹNIK	GLIWICE	POL	K-20	46	K 212	00:33:55	01:12:17	01:14:52.60	01:16:19.60	7:07	8.4
47	JAŚNIEWICZ SANDRA	2180	DECATHLON&PRZYJACIELE	GLIWICE	POL	K-20	47	K 213	00:34:54	01:13:16	01:16:06.20	01:16:27.35	7:14	8.3
48	JANAS-SUCHON AGATA	2169		GLIWICE	POL	K-20	48	K 222	00:35:10	01:14:01	01:16:48.20	01:18:52.70	7:18	8.2
49	SITARZ JOANNA	2462		WROCLAW	POL	K-20	49	K 227	00:34:56	01:14:52	01:17:43.55	01:19:08.70	7:24	8.1
50	KLOC SABINA	2210	STG GLIWICE	GLIWICE	POL	K-20	50	K 228	00:35:36	01:16:05	01:18:50.00	01:19:08.80	7:30	8
51	REITER DOMINIKA	2425	SLOW JOGGING GLIWICE	GLIWICE	POL	K-20	51	K 236	00:46:22	01:34:20	01:37:56.25	01:39:51.50	9:19	6.4
52	ZAWISZA JULIA	2613		GLIWICE	POL	K-20	52	K 239	00:31:57	01:06:06			6:36	9.1

GLIWICKA DYCHA, M-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	BABULA PRZEMYSŁAW	2001	GKS PIAST GLIWICE	GLIWICE	POL	M-20	1	M 2	00:18:15	00:36:25	00:37:47.75	00:37:49.10	3:36	16.7
2	URBAŃCZYK KAROL	2559		GLIWICE	POL	M-20	2	M 3	00:18:09	00:36:51	00:38:14.95	00:38:16.60	3:38	16.5
3	PISKUŃ PIOTR	2643		KATOWICE	POL	M-20	3	M 6	00:19:06	00:38:49	00:40:19.90	00:40:22.35	3:50	15.6
4	FOLTYN JAKUB	2102	WAY2CHAMP.COM	GLIWICE	POL	M-20	4	M 7	00:19:53	00:39:07	00:40:30.40	00:40:36.45	3:51	15.6
5	RODAK PAWEŁ	2428		GLIWICE	POL	M-20	5	M 10	00:19:35	00:39:46	00:41:17.00	00:41:19.90	3:55	15.3
6	PROKOP BARTOSZ	2415	CHOPY Z ŻELAZA	RUDA ŚLĄSKA	POL	M-20	6	M 12	00:19:08	00:39:56	00:41:23.55	00:41:24.65	3:56	15.2
7	SADŁO SEBASTIAN	2684	#SZYMITEAM	RUDY	POL	M-20	7	M 18	00:19:22	00:40:34	00:42:12.30	00:42:14.45	4:01	14.9
8	CHUDY DOMINIK	2056		CZĘSTOCHOWA	POL	M-20	8	M 19	00:20:16	00:40:34	00:42:18.25	00:42:21.30	4:01	14.9
9	KUCHARCZYK JAKUB	3144	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	9	M 26	00:20:00	00:42:44	00:44:16.80	00:44:18.60	4:13	14.2
10	PODYMA MIKOŁAJ	2406		BYTOM	POL	M-20	10	M 28	00:20:35	00:42:36	00:44:18.85	00:44:23.00	4:13	14.2
11	SĄLAMACHA DAWID	2447	DRIV	GLIWICE	POL	M-20	11	M 35	00:20:40	00:42:46	00:44:26.20	00:45:04.45	4:13	14.2
12	MUCHA MATEUSZ	2331	PARKRUN KATOWICE	SIEMIANOWICE ŚLĄSKIE	POL	M-20	12	M 32	00:20:26	00:42:53	00:44:26.65	00:44:28.50	4:14	14.2
13	SŁOMKOWSKI MATEUSZ	2476		GDAŃSK	POL	M-20	13	M 39	00:20:55	00:43:42	00:45:20.55	00:45:28.10	4:19	13.9
14	CIUPEK ADRIAN	2062		RUDY	POL	M-20	14	M 45	00:21:46	00:44:27	00:46:05.45	00:46:10.80	4:23	13.7

GLIWICKA DYCHA, M-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
15	ZALESKI MACIEJ	2607		GLIWICE	POL	M-20	15	M 48	00:21:48	00:44:34	00:46:06.70	00:46:21.80	4:23	13.7
16	BARTNIK NIKODEM	2010		BYTOM	POL	M-20	16	M 64	00:23:04	00:45:26	00:47:02.00	00:48:38.75	4:28	13.4
17	SKOLUDEK ROBERT	2464	KOLEGIUM SĘDZIÓW ZABRZE	PRZEZCHLEBIE	POL	M-20	17	M 50		00:45:35	00:47:05.30	00:47:05.30	4:29	13.4
18	TOWAREK MICHAŁ	3139	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	18	M 56	00:21:53	00:45:38	00:47:31.55	00:47:41.60	4:31	13.3
19	GÓRALEWSKI RAFAŁ	2133		GLIWICE	POL	M-20	19	M 58	00:21:52	00:46:07	00:47:46.10	00:47:49.90	4:32	13.2
20	CITUK RAJMUND	2061	BIEGAMNACZTERECHŁAPACH	GLIWICE	POL	M-20	20	M 63	00:23:39	00:46:20	00:48:02.50	00:48:22.55	4:34	13.1
21	KURCZYK KAMIL	2260		GLIWICE	POL	M-20	21	M 70	00:23:23	00:46:20	00:48:05.50	00:48:51.80	4:34	13.1
22	PROKOPIUK KRZYSZTOF	2416		ORNONTOWICE	POL	M-20	22	M 69	00:23:36	00:46:49	00:48:28.50	00:48:51.15	4:37	13
23	PACANA PATRYK	2374	DRUŻYNA ŚWIĘTEGO MARCINA	TARNOWSKIE GÓRY	POL	M-20	23	M 75	00:22:46	00:47:19	00:49:16.25	00:49:27.45	4:41	12.8
24	LUKASZCZYK MAREK	2288		RUDA ŚLĄSKA	POL	M-20	24	M 86	00:24:36	00:47:24	00:49:29.05	00:50:23.10	4:42	12.7
25	KOWALSKI MARCIN	2235		DĄBROWA GÓRNICZA	POL	M-20	25	M 97	00:23:51	00:48:21	00:50:09.90	00:51:12.05	4:46	12.6
26	OCHOJSKI ŁUKASZ	2352		MIKOŁÓW	POL	M-20	26	M 109	00:24:17	00:48:26	00:50:17.60	00:51:55.80	4:47	12.5
27	GODLEWSKI ŁUKASZ	2126	HIRSCHVOGEL	GLIWICE	POL	M-20	27	M 98	00:24:13	00:49:02	00:50:43.30	00:51:14.90	4:49	12.4
28	MACIEJEWSKI PAWEŁ	2299		ZABRZE	POL	M-20	28	M 117	00:24:25	00:48:57	00:50:56.20	00:52:19.80	4:51	12.4
29	ŻYWKO KRZYSZTOF	2634		PUŁAWY	POL	M-20	29	M 116	00:24:22	00:49:48	00:51:48.40	00:52:15.95	4:56	12.2
30	PORĘBSKI GRZEŚ	2410		GLIWICE	POL	M-20	30	M 113	00:24:44	00:50:14	00:51:56.80	00:52:06.65	4:56	12.1
31	TOKAJ DOMINIK	2546		GLIWICE	POL	M-20	31	M 130	00:24:58	00:50:21	00:52:18.90	00:53:02.05	4:58	12
32	PIOTROWSKI KAJETAN	2401	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	32	M 143	00:25:29	00:50:50	00:52:22.25	00:53:35.75	4:59	12
33	ORACZ ARKADIUSZ	2366		RUDA ŚLĄSKA	POL	M-20	33	M 145	00:25:20	00:50:43	00:52:28.85	00:53:42.65	4:59	12
34	BLADYN DAWID	2024	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	34	M 149	00:25:29	00:50:57	00:52:45.90	00:53:59.45	5:01	11.9
35	MAZUR MARCIN	555		KNURÓW	POL	M-20	35	M 177	00:26:21	00:51:44	00:53:51.35	00:55:22.80	5:07	11.7
36	ZIELIŃSKI WOJCIECH	2619		GLIWICE	POL	M-20	36	M 174	00:23:43	00:52:02	00:54:06.60	00:55:18.35	5:09	11.6
37	KOKOT MARCEL	2218	DECATHLON CAR GLIWICE	GLIWICE	POL	M-20	37	M 190	00:25:59	00:52:12	00:54:28.15	00:55:58.20	5:11	11.6
38	DYTO MICHAŁ	2682		GLIWICE	POL	M-20	38	M 205	00:25:21	00:53:10	00:54:59.95	00:56:48.25	5:14	11.5
39	SZUMIATA PIOTR	2529		GLIWICE	POL	M-20	39	M 179	00:25:42	00:53:11	00:55:07.50	00:55:26.60	5:14	11.4
40	MICHON MACIEJ	2319		GLIWICE	POL	M-20	40	M 195	00:26:52	00:53:14	00:55:14.75	00:56:21.55	5:15	11.4
41	BEHERNOT JAN	2680		GLIWICE	POL	M-20	41	M 198	00:26:33	00:53:36	00:55:29.50	00:56:26.45	5:17	11.4
42	URBANIAK DAWID	2558	AVANTOR PERFORMANCE MATERIALS POLAND	GLIWICE	POL	M-20	42	M 196	00:25:39	00:53:39	00:55:29.90	00:56:23.80	5:17	11.4
43	SERWACH MATEUSZ	2455	FALUSSO BERGAMO	GLIWICE	POL	M-20	43	M 186	00:25:43	00:53:42	00:55:34.40	00:55:53.20	5:17	11.3
44	ZAKRZOWSKI KRZYSZTOF	2606	DRIV	RUDA ŚLĄSKA	POL	M-20	44	M 194	00:25:54	00:53:39	00:55:34.50	00:56:08.20	5:17	11.3
45	HEINCE ŁUKASZ	2155	PROPOINT	RUDA ŚLĄSKA	POL	M-20	45	M 213	00:26:40	00:54:04	00:55:53.35	00:57:08.25	5:19	11.3
46	SPYRA JACEK	2488	PROPOINT	PRZYSZOWICE	POL	M-20	46	M 212	00:27:03	00:54:02	00:55:59.00	00:57:08.20	5:19	11.3
47	SZOPIŃSKI GRZEGORZ	2523	DECATHLON&PRZYJACIELE	GLIWICE	POL	M-20	47	M 235	00:28:14	00:55:30	00:57:11.40	00:58:28.05	5:26	11
48	JĄSTO MATEUSZ	2177		KNURÓW	POL	M-20	48	M 239	00:27:26	00:55:48	00:57:33.95	00:58:36.30	5:28	10.9
49	GĘBCZYŃSKI OLIWIER	2121		GLIWICE	POL	M-20	49	M 230	00:25:11	00:55:09	00:57:38.20	00:58:16.30	5:29	10.9
50	KUKLA BARTOSZ	3143	UKS KOMETA GLIWICE	GLIWICE	POL	M-20	50	M 242	00:25:26	00:55:29	00:57:50.10	00:59:03.30	5:30	10.9
51	KARBOWNIK MARCIN	2666		GLIWICE	POL	M-20	51	M 231	00:26:35	00:55:55	00:58:00.35	00:58:23.20	5:31	10.9
52	KAZIMIERSKI MARTIN	2675	BANDA Z POŁUDNIA	ZABRZE	POL	M-20	52	M 255	00:28:36	00:56:16	00:58:21.40	01:00:06.15	5:33	10.8
53	MUSJAŁ PIOTR	2332		ZABRZE	POL	M-20	53	M 245	00:28:33	00:56:25	00:58:21.85	00:59:09.50	5:33	10.8
54	WOJTASIK ADRIAN	2587		GLIWICE	POL	M-20	54	M 253	00:28:06	00:56:31	00:58:32.05	00:59:52.00	5:34	10.8
55	CZARNECKI MICHAŁ	2066		GLIWICE	POL	M-20	55	M 260	00:28:05	00:56:51	00:58:59.35	01:00:19.80	5:37	10.7
56	GAWŁOWSKI PIOTR	2119	PKO BANK POLSKI	GLIWICE	POL	M-20	56	M 270	00:29:04	00:57:21	00:59:12.60	01:01:10.45	5:38	10.6
57	GRYCMAN MICHAŁ	2145	PROPOINT	CZYŻOWICE	POL	M-20	57	M 266	00:28:26	00:57:43	00:59:34.40	01:00:44.10	5:40	10.6
58	KACZOROWSKI GRZEGORZ	2191		GLIWICE	POL	M-20	58	M 272	00:28:26	00:57:42	01:00:05.10	01:01:13.10	5:43	10.5
59	ZDZIEBKO JAKUB	2616		GLIWICE	POL	M-20	59	M 288	00:29:21	00:59:15	01:00:57.15	01:02:38.90	5:48	10.3
60	BORYCZKA DAWID	2700	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-20	60	M 293	00:30:11	00:59:16	01:01:00.70	01:02:44.75	5:48	10.3
61	PAWLIK RAFAŁ	2386	POBORSZÓW	POBORSZÓW	POL	M-20	61	M 286	00:28:41	00:58:56	01:01:12.15	01:02:25.35	5:49	10.3
62	DACZYŃSKI KAJETAN	2073		GLIWICE	POL	M-20	62	M 298	00:29:31	01:00:37	01:01:58.95	01:02:56.95	5:54	10.2
63	WOŹNIACKI TOMASZ	2590		GLIWICE	POL	M-20	63	M 314	00:29:28	01:00:19	01:02:33.90	01:04:21.40	5:57	10.1
64	WAĆLAWEK TOMEK	2562		GLIWICE	POL	M-20	64	M 307	00:28:38	01:00:32	01:02:50.90	01:03:33.10	5:59	10
65	BAJKACZ TOMASZ	2690		GLIWICE	POL	M-20	65	M 323	00:31:06	01:01:51	01:03:57.20	01:05:06.95	6:05	9.9
66	PORWOŁ ADAM	2411		GLIWICE	POL	M-20	66	M 332	00:31:06	01:02:40	01:04:58.50	01:06:08.35	6:11	9.7
67	JUROWICZ DAMIAN	2184		KATOWICE	POL	M-20	67	M 341	00:31:22	01:04:26	01:06:46.95	01:07:33.50	6:21	9.4
68	KRUCZYŃSKI PAWEŁ	2670	OTK RZEŹNIK	KNURÓW	POL	M-20	68	M 350	00:31:45	01:05:30	01:07:32.15	01:08:59.25	6:25	9.3
69	GROS MICHAŁ	2140		ZABRZE	POL	M-20	69	M 362	00:32:16	01:09:58	01:12:20.50	01:12:38.50	6:53	8.7
70	NOGIEĆ JAKUB	2345	PROPOINT	GLIWICE	POL	M-20	70	M 366	00:32:02	01:11:45	01:14:10.65	01:14:33.55	7:03	8.5

GLIWICKA DYCHA, M-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
71	HANULA BARTŁOMIEJ	2153		GLIWICE	POL	M-20	71	M 369	00:34:50	01:11:41	01:14:12.75	01:16:18.40	7:04	8.5

GLIWICKA DYCHA, K-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	TOMASZEWSKA JOANNA	2548		JELCZ-LASKOWICE	POL	K-30	1	K 7	00:21:52	00:46:53	00:48:51.05	00:48:57.70	4:39	12.9
2	KUMOR DAGMARA	2258	RUNNERS TEAM KALKA	WARSZAWA	POL	K-30	2	K 9	00:23:25	00:47:30	00:49:22.30	00:49:31.35	4:42	12.8
3	KRZYMINSKA PATRYCJA	2251	MIRAZ RACE TEAM	GLIWICE	POL	K-30	3	K 11	00:23:35	00:47:40	00:49:27.35	00:49:54.55	4:42	12.7
4	GRZEBNIEWSKA JUDYTA	2147		TYCHY	POL	K-30	4	K 15	00:24:26	00:48:58	00:50:49.25	00:51:32.75	4:50	12.4
5	KARBOWNIK JOANNA	2665		GLIWICE	POL	K-30	5	K 18	00:24:34	00:50:09	00:52:06.55	00:52:29.35	4:57	12.1
6	LEDWIG IWONA	2271	MAMAX2	GLIWICE	POL	K-30	6	K 19	00:24:08	00:50:20	00:52:23.40	00:52:31.75	4:59	12
7	PEPEL KATARZYNA	2390	LUXTORPEDA CZERWIONKA	CZERWIONKA-LESZCZYNY	POL	K-30	7	K 20	00:25:02	00:50:32	00:52:24.45	00:53:11.60	4:59	12
8	PIWOWARCZYK AGNIESZKA	2403		ZABRZE	POL	K-30	8	K 24	00:25:24	00:51:10	00:53:04.30	00:53:33.30	5:03	11.9
9	LYSKO AGNIESZKA	2291		DĄBROWA GÓRNICZA	POL	K-30	9	K 28	00:26:13	00:52:16	00:54:07.60	00:54:57.55	5:09	11.6
10	GRUDZIŃSKA MAGDALENA	2142		ZABRZE	POL	K-30	10	K 32	00:26:35	00:52:58	00:54:48.10	00:55:42.20	5:13	11.5
11	POPLAWSKA-WAL AGATA	2409	ZF	GLIWICE	POL	K-30	11	K 34	00:26:44	00:53:03	00:54:55.80	00:55:49.25	5:13	11.5
12	ISKRAK IZABELA	2164		BYTOM	POL	K-30	12	K 33	00:26:08	00:53:02	00:55:12.00	00:55:43.55	5:15	11.4
13	OLEŚ MONIKA	2671		CHORZÓW	POL	K-30	13	K 36	00:27:13	00:53:10	00:55:16.10	00:56:22.30	5:15	11.4
14	HOMA DOROTA	2161	NOGAMI DO PRZODU	GLIWICE	POL	K-30	14	K 37	00:26:27	00:53:26	00:55:30.40	00:56:37.75	5:17	11.4
15	SZCZERBAK-RUTA ALEKSANDRA	2513		GLIWICE	POL	K-30	15	K 43	00:27:00	00:53:46	00:55:49.70	00:57:23.85	5:18	11.3
16	MARCINIAK PAULINA	2309		GLIWICE	POL	K-30	16	K 40	00:26:34	00:53:48	00:55:53.30	00:57:08.20	5:19	11.3
17	SALA KATARZYNA	2445		GLIWICE	POL	K-30	17	K 44	00:26:54	00:55:08	00:57:13.30	00:57:25.55	5:26	11
18	KOZA PAULINA	2236	KJ TRACHY GLIWICE	GLIWICE	POL	K-30	18	K 48	00:26:01	00:55:03	00:57:14.70	00:57:44.90	5:27	11
19	CZAŚTKIEWICZ ALICJA	2068	POWERGIRLS	GLIWICE	POL	K-30	19	K 55	00:27:32	00:55:33	00:57:30.35	00:58:40.50	5:28	11
20	SŁABOŃ ROMA	2657		GLIWICE	POL	K-30	20	K 56	00:27:32	00:55:34	00:57:34.15	00:58:44.75	5:28	10.9
21	ZACZYŃSKA DAGMARA	2603		BYTOM	POL	K-30	21	K 64	00:28:23	00:56:11	00:58:02.05	00:59:15.05	5:31	10.9
22	KUKUCZKA EWA	2254		GLIWICE	POL	K-30	22	K 63	00:27:13	00:55:54	00:58:04.30	00:59:09.60	5:31	10.8
23	GORELL BOGUMIŁA	2128		PONISZOWICE	POL	K-30	23	K 66	00:27:50	00:56:25	00:58:24.80	00:59:33.95	5:33	10.8
24	ZŁOTEK KATARZYNA	2626	OPEL ACTIVE TEAM	KNURÓW	POL	K-30	24	K 58	00:27:07	00:56:27	00:58:34.75	00:58:54.10	5:34	10.8
25	BARCHANOWSKA JOANNA	2008		GLIWICE	POL	K-30	25	K 60	00:26:36	00:56:42	00:58:44.80	00:59:00.50	5:35	10.7
26	TREFON-RADZIEJEWSKA DOMINIKA	2551		RYBNIK	POL	K-30	26	K 68	00:28:45	00:57:01	00:58:59.25	00:59:43.00	5:37	10.7
27	SZWIEC SANDRA	2531	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-30	27	K 69	00:28:10	00:56:54	00:59:05.75	00:59:45.05	5:37	10.7
28	SZOZDA EWA	2524		SIEDLEC DUŻY	POL	K-30	28	K 70	00:27:10	00:56:53	00:59:07.15	00:59:47.40	5:37	10.7
29	KOWALSKA KAROLINA	2233		TOSZEK	POL	K-30	29	K 82	00:28:18	00:57:12	00:59:07.35	01:00:48.00	5:37	10.7
30	WITKOWSKA NATALIA	2687		GLIWICE	POL	K-30	30	K 83	00:28:26	00:57:05	00:59:16.55	01:00:54.55	5:38	10.6
31	KLONEK-FRYŚ SYLWIA	2211		GLIWICE	POL	K-30	31	K 76	00:27:48	00:57:10	00:59:29.05	01:00:18.90	5:39	10.6
32	BUJNAROWSKA BARBARA	2043		GLIWICE	POL	K-30	32	K 77	00:27:48	00:57:10	00:59:29.90	01:00:19.20	5:40	10.6
33	KOWALCZYK KAMILA	2232		GLIWICE	POL	K-30	33	K 75	00:28:30	00:57:35	00:59:37.90	01:00:18.35	5:40	10.6
34	GŁOWACKA KATARZYNA	2125	K2	KATOWICE	POL	K-30	34	K 81	00:28:36	00:57:30	00:59:39.65	01:00:36.50	5:40	10.6
35	SZOŁTYSIK MARTA	2522		RADZIONKÓW	POL	K-30	35	K 79	00:27:39	00:57:33	00:59:53.65	01:00:30.65	5:42	10.5
36	SZCZEGÓLSKA ANNA	2510		ZBROSŁAWICE	POL	K-30	36	K 98	00:28:59	00:57:40	00:59:54.05	01:01:57.35	5:42	10.5
37	KURZYK ELŻBIETA	2264		GLIWICE	POL	K-30	37	K 74	00:29:06	00:57:51	00:59:57.40	01:00:12.40	5:42	10.5
38	HERUD SANDRA	2662		GLIWICE	POL	K-30	38	K 95	00:27:54	00:57:43	00:59:59.80	01:01:42.80	5:42	10.5
39	KELLER ANETA	2202		GLIWICE	POL	K-30	39	K 80	00:27:09	00:57:53	01:00:19.50	01:00:35.25	5:44	10.4
40	MALSKA- WYROZUMSKA MAŁGORZATA	2306		GLIWICE	POL	K-30	40	K 102	00:28:18	00:58:34	01:00:49.80	01:02:30.55	5:47	10.4
41	STRYSIK-KRĘŻEL IWONA	2501	PROPOINT	GLIWICE	POL	K-30	41	K 99	00:28:48	00:59:00	01:01:12.45	01:02:13.00	5:49	10.3
42	STRZELCZYK GRAŻYNA	2502		GLIWICE	POL	K-30	42	K 92	00:29:20	00:59:05	01:01:15.10	01:01:28.90	5:50	10.3
43	CIOK ANNA	2060		GLIWICE	POL	K-30	43	K 93	00:29:20	00:59:05	01:01:15.40	01:01:29.10	5:50	10.3
44	BLAUT-KUBANEK ANNA	2025		RUDA ŚLĄSKA	POL	K-30	44	K 101	00:28:12	00:59:04	01:01:16.55	01:02:16.50	5:50	10.3
45	NIESLER MAGDALENA	2340	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	45	K 116	00:29:44	00:59:33	01:01:41.40	01:03:45.95	5:52	10.2
46	DRGAS MAŁGORZATA	2084		RUDA ŚLĄSKA	POL	K-30	46	K 103	00:29:28	00:59:35	01:01:45.40	01:02:36.85	5:52	10.2
47	HILDEBRAND JUSTYNA	2158		ZABRZE	POL	K-30	47	K 112	00:28:58	00:59:38	01:01:54.75	01:03:23.95	5:53	10.2
48	SKWARA KATARZYNA	2471	HIRSCHVOGEL	ZABRZE	POL	K-30	48	K 106	00:29:27	00:59:35	01:01:57.00	01:02:48.10	5:54	10.2
49	KOŁAK ALICJA	2219		GLIWICE	POL	K-30	49	K 113	00:28:48	00:59:45	01:02:10.05	01:03:28.75	5:55	10.1
50	DOLATA MAGDALENA	2078	AVANTOR	GLIWICE	POL	K-30	50	K 120	00:30:10	01:00:26	01:02:27.30	01:03:57.20	5:56	10.1
51	MACIEJEWSKA SIWY ELA	2298		NULL	POL	K-30	51	K 111	00:29:40	01:00:30	01:02:41.35	01:03:22.95	5:58	10.1

GLIWICKA DYCHA, K-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
52	BARTŁOMIEJCZYK SYLWIA	2009		GLIWICE	POL	K-30	52	K 124	00:30:09	01:00:32	01:02:58.35	01:04:28.35	5:59	10
53	ŁĄCKA KAROLINA	2696			POL	K-30	53	K 119	00:30:41	01:01:08	01:03:07.70	01:03:54.75	6:00	10
54	KAŁUSKA MAGDALENA	2194		JAWORZNO	POL	K-30	54	K 126	00:30:53	01:02:03	01:04:15.60	01:04:30.80	6:07	9.8
55	LUDWIKOWSKA PAULINA	2287	JURASSIC RUNNERS	DĄBROWA GÓRNICZA	POL	K-30	55	K 134	00:29:59	01:02:06	01:04:23.30	01:05:48.25	6:08	9.8
56	SIKORSKA KATARZYNA	2460	POPKULTURA RELOKACYJNA W KATOWICACH	GLIWICE	POL	K-30	56	K 147	00:29:51	01:02:08	01:04:31.40	01:06:32.95	6:08	9.8
57	RUDKIEWICZ ANETA	2437	LILA LOGISTIK	ZABRZE	POL	K-30	57	K 137	00:30:26	01:02:20	01:04:42.00	01:05:54.70	6:09	9.7
58	STASZEWSKA MARZENA	845	PKO BANK POLSKI/ INŻYNIERIA BIEGANIA	RUDA ŚLĄSKA	POL	K-30	58	K 145	00:28:12	01:03:13	01:05:14.40	01:06:31.80	6:12	9.7
59	KONIECZNY AGNIESZKA	2221		GLIWICE	POL	K-30	59	K 140	00:30:57	01:02:56	01:05:15.20	01:06:18.15	6:12	9.7
60	CICHY AGNIESZKA	2058		RUDA ŚLĄSKA	POL	K-30	60	K 146	00:30:57	01:03:00	01:05:24.65	01:06:32.60	6:13	9.6
61	HRYCYSZYN JULIA	2162	AVANTOR	GLIWICE	POL	K-30	61	K 144	00:30:37	01:02:56	01:05:28.50	01:06:30.50	6:14	9.6
62	LENARTH ALEKSANDRA	2273		GLIWICE	POL	K-30	62	K 135	00:30:44	01:03:21	01:05:29.20	01:05:51.35	6:14	9.6
63	BISZ MAGDALENA	2023		GLIWICE	POL	K-30	63	K 139	00:30:45	01:03:30	01:05:43.45	01:06:05.65	6:15	9.6
64	MICHAŁUSZEK DOROTA	2318	BIEG - UNKA	GLIWICE	POL	K-30	64	K 157	00:32:24	01:04:08	01:06:21.05	01:08:12.50	6:19	9.5
65	ORLIKA MARLENA	2367	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	K-30	65	K 155	00:33:05	01:04:36	01:06:43.50	01:07:28.60	6:21	9.4
66	ZIEMBIŃSKA- BUCZYŃSKA ALEKSANDRA	2621	COMPANEROS ASFALT TEAM	GLIWICE	POL	K-30	66	K 160	00:31:35	01:04:30	01:06:54.50	01:08:26.30	6:22	9.4
67	ŚWIETLIK JOANNA	2541		BYTOM	POL	K-30	67	K 159	00:30:57	01:04:36	01:07:12.20	01:08:22.95	6:24	9.4
68	SZRAJBER ELŻBIETA	2525		SOŚNICOWICE	POL	K-30	68	K 167	00:29:56	01:05:17	01:07:36.70	01:09:12.85	6:26	9.3
69	POPIÓŁ IZABELA	3074		GLIWICE	POL	K-30	69	K 161	00:31:47	01:05:11	01:08:05.40	01:08:27.55	6:29	9.3
70	KOPEĆ-BRUDEK MAGDALENA	2224		GLIWICE	POL	K-30	70	K 169	00:33:04	01:05:46	01:08:08.40	01:09:49.30	6:29	9.2
71	JACHYMOWSKA DOMINIKA	2166		GLIWICE	POL	K-30	71	K 179	00:32:08	01:06:42	01:08:58.95	01:11:08.65	6:34	9.1
72	BRIANSKA-KORDECKA ALEKSANDRA	2032		KATOWICE	POL	K-30	72	K 181	00:32:34	01:07:00	01:09:43.25	01:11:35.60	6:38	9
73	KOBIERSKA-SŁADEK ANNA	2214		GLIWICE	POL	K-30	73	K 178	00:33:00	01:07:14	01:09:56.50	01:11:00.05	6:39	9
74	STRANCZYK ANNA	2498	FLUOR	ZABRZE	POL	K-30	74	K 182	00:33:07	01:07:46	01:10:17.80	01:11:38.55	6:41	9
75	OLSZEWSKA IZABELA	2688	OLSZAKTEAM	KRAKÓW	POL	K-30	75	K 190	00:32:23	01:08:09	01:10:48.45	01:12:34.90	6:44	8.9
76	PAJĄK DOROTA	2377		GLIWICE	POL	K-30	76	K 187	00:31:36	01:08:25	01:10:54.85	01:11:57.00	6:45	8.9
77	PROKOPOWICZ ANNA	2417		GLIWICE	POL	K-30	77	K 200	00:33:20	01:10:12	01:12:43.50	01:14:22.00	6:55	8.7
78	WOJTUKIEWICZ JUSTYNA	2589		GLIWICE	POL	K-30	78	K 197	00:33:52	01:10:33	01:13:08.90	01:13:35.35	6:58	8.6
79	POPKO IWONA	2408		ZABRZE	POL	K-30	79	K 201	00:34:12	01:10:45	01:13:27.70	01:14:27.00	6:59	8.6
80	BRYCHLEC-WOŹNIAK JUSTYNA	2036		WIŚLICA	POL	K-30	80	K 208	00:34:08	01:11:13	01:13:37.75	01:15:20.90	7:00	8.6
81	BURKACKA ELIZA	2045		GLIWICE	POL	K-30	81	K 209	00:35:10	01:11:19	01:13:39.20	01:15:44.05	7:00	8.6
82	NIEUŻYŁA MARTA	2342		GIERAŁTOWICE	POL	K-30	82	K 203	00:34:57	01:11:06	01:13:42.00	01:14:41.40	7:01	8.5
83	RODEK-NOWAK MAGDALENA	2429		TARNOWSKIE GÓRY	POL	K-30	83	K 206	00:34:04	01:11:37	01:14:25.85	01:15:04.30	7:05	8.5
84	SZYSZKA BOŻENA	2538		DĄBROWA GÓRNICZA	POL	K-30	84	K 211	00:33:47	01:12:12	01:14:53.15	01:16:18.00	7:08	8.4
85	DROŹDŹ ALICJA	2086		GLIWICE	POL	K-30	85	K 215	00:34:09	01:12:22	01:15:03.80	01:17:03.10	7:08	8.4
86	BIENIEK BOŻENA	2020		GLIWICE	POL	K-30	86	K 210	00:34:15	01:12:31	01:15:18.15	01:16:17.80	7:10	8.4
87	ZIĘTEK ANNA	2622	DRIV	GLIWICE	POL	K-30	87	K 214	00:34:35	01:12:32	01:15:18.20	01:16:54.10	7:10	8.4
88	BIENKOWSKA MARIA	2021		GLIWICE	POL	K-30	88	K 216	00:36:07	01:12:48	01:15:21.80	01:17:27.15	7:10	8.4
89	GABOR ALEKSANDRA	2111		CHORZÓW	POL	K-30	89	K 221	00:36:39	01:14:18	01:16:58.80	01:18:47.10	7:19	8.2
90	ŁASAK MONIKA	2267		GLIWICE	POL	K-30	90	K 224	00:39:25	01:15:14	01:17:28.55	01:18:56.45	7:22	8.1
91	PAWŁOWSKA KATARZYNA	2389		GLIWICE	POL	K-30	91	K 223	00:39:25	01:15:14	01:17:28.70	01:18:56.25	7:22	8.1
92	KOWALCZYK ANGELIKA	2231		GLIWICE	POL	K-30	92	K 225	00:39:25	01:15:14	01:17:29.20	01:18:57.00	7:22	8.1
93	WRONA BARBARA	2596		GLIWICE	POL	K-30	93	K 229	00:36:33	01:14:49	01:17:31.90	01:19:40.20	7:23	8.1
94	SMOLARSKA PAULINA	2480		TRACHY	POL	K-30	94	K 230	00:36:24	01:15:47	01:18:32.45	01:20:13.20	7:28	8
95	CZULUK GOSIA	2071		GLIWICE	POL	K-30	95	K 232	00:36:13	01:17:05	01:20:04.60	01:22:10.20	7:37	7.9
96	JUSZCZAK - WIŚNIEWSKA AGATA	2186		GLIWICE	POL	K-30	96	K 234	00:44:00	01:30:26	01:33:13.65	01:35:13.50	8:52	6.8
97	ONYSZKIEWICZ IWONA	2364		KNURÓW	POL	K-30	97	K 238		01:02:29			6:14	9.6

GLIWICKA DYCHA, M-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LYSKO JAKUB	2290	WKB META LUBLINIEC	DĄBROWA GÓRNICZA	POL	M-30	1	M 1	00:16:18	00:33:10	00:34:27.05	00:34:28.05	3:16	18.3
2	SŁADEK DAWID	2472		RUDA ŚLĄSKA	POL	M-30	2	M 4	00:18:24	00:37:39	00:39:04.15	00:39:07.10	3:43	16.1
3	OCHMAN PAWEŁ	2351	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	3	M 8	00:19:15	00:39:12	00:40:35.60	00:40:38.15	3:52	15.5

GLIWICKA DYCHA, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
4	NIESLON MAREK	2341	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	4	M 11	00:18:59	00:39:46	00:41:18.65	00:41:23.10	3:56	15.2
5	ŻERDKA MICHAŁ	2632	VIKING TRAINING CENTER/TEAM PAPRY	BIERUŃ	POL	M-30	5	M 13	00:19:16	00:39:49	00:41:32.35	00:41:32.95	3:57	15.2
6	DZIDA JANUSZ	2096		ŻORY	POL	M-30	6	M 14	00:19:29	00:40:09	00:41:41.75	00:41:44.30	3:58	15.1
7	DOLATA KRZYSZTOF	2077	SOCIOS SILESIA	GLIWICE	POL	M-30	7	M 15	00:19:45	00:40:12	00:41:48.65	00:41:50.00	3:58	15.1
8	HALMAN TOMASZ	2150	KLAVA	GLIWICE	POL	M-30	8	M 21	00:19:59	00:41:41	00:43:13.20	00:43:14.85	4:06	14.6
9	ZABRZEWSKI PATRYK	2602		ŻORY	POL	M-30	9	M 25	00:20:50	00:42:18	00:43:58.80	00:44:01.85	4:11	14.3
10	LILLA PIOTR	2281	KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ	JASTRZĘBIE - ZDRÓJ	POL	M-30	10	M 24	00:20:23	00:42:18	00:43:59.15	00:44:01.80	4:11	14.3
11	JEZUSEK PIOTR	2181	BENQ - CO JA BIEGNE	GLIWICE	POL	M-30	11	M 31	00:20:51	00:42:36	00:44:15.65	00:44:28.20	4:12	14.2
12	GIEMZA PIOTR	2122	BREMBO	DĄBROWA GÓRNICZA	POL	M-30	12	M 27	00:20:39	00:42:33	00:44:15.85	00:44:19.00	4:12	14.2
13	NAPIÓRKOWSKI ADAM	2334		GLIWICE	POL	M-30	13	M 30	00:20:53	00:42:45	00:44:19.90	00:44:28.05	4:13	14.2
14	KUKURBA MIKOŁAJ	2255	ROMET FACTORY TEAM	GLIWICE	POL	M-30	14	M 29	00:20:05	00:42:43	00:44:24.00	00:44:27.25	4:13	14.2
15	KONDERAK DAWID	2672		CHORZÓW	POL	M-30	15	M 37	00:21:11	00:43:17	00:45:02.50	00:45:09.20	4:17	14
16	SZCZEPAŃSKI PAWEŁ	2512		ŁAZISKA GÓRNE	POL	M-30	16	M 40	00:21:04	00:43:27	00:45:08.45	00:45:30.90	4:17	14
17	KAMIŃSKI JACEK	2196	ROMET FACTORY TEAM	GLIWICE	POL	M-30	17	M 38	00:20:39	00:43:19	00:45:09.00	00:45:12.55	4:18	14
18	GRUDZIŃSKI RADOŚLAŃ	2143		ZABRZE	POL	M-30	18	M 46	00:21:57	00:44:27	00:46:02.90	00:46:13.75	4:23	13.7
19	KOTRA JACEK	2228		SMOLNICA	POL	M-30	19	M 47	00:21:44	00:44:32	00:46:16.75	00:46:20.55	4:24	13.6
20	NIEPOŃ MICHAŁ	2339	FLUOR	GLIWICE	POL	M-30	20	M 55	00:45:11	00:46:46.95	00:47:38.90	00:47:38.90	4:27	13.5
21	ROJCZYK KRZYSZTOF	2432	DRIV	RYBNIK	POL	M-30	21	M 68		00:45:57	00:47:40.35	00:48:48.65	4:32	13.2
22	KURZELA KUBA	2263	GIBKIE SZŁAPY	ŚWIĘTOCHŁOWICE	POL	M-30	22	M 62	00:22:05	00:45:56	00:48:05.40	00:48:15.50	4:34	13.1
23	WITEK GRZEGORZ	2580	DAR-BUD TEAM	RACIBÓRZ	POL	M-30	23	M 65	00:23:21	00:46:29	00:48:11.80	00:48:41.40	4:35	13.1
24	MIELNIK KRZYSIEK	2323		GLIWICE	POL	M-30	24	M 73	00:23:26	00:46:56	00:48:41.15	00:49:07.25	4:38	12.9
25	FOLTYN PAWEŁ	2103	FOLKI	GLIWICE	POL	M-30	25	M 74	00:23:19	00:47:23	00:49:09.55	00:49:23.75	4:40	12.8
26	JAKUBCZYK KRZYSZTOF	2168		BYTOM	POL	M-30	26	M 81	00:23:29	00:47:42	00:49:37.00	00:50:09.95	4:43	12.7
27	ŚMIERCIAK PAWEŁ	2539	DOLINA SPORTOWA	CZESTOCHOWA	POL	M-30	27	M 84	00:23:57	00:47:53	00:49:38.60	00:50:14.85	4:43	12.7
28	WOCHNIK DAWID	2583	CF ZABRZE	GLIWICE	POL	M-30	28	M 89	00:24:27	00:47:55	00:49:43.95	00:50:28.20	4:44	12.7
29	HEROK PIOTR	2157		RYBNIK	POL	M-30	29	M 82	00:22:49	00:48:06	00:49:58.95	00:50:10.05	4:45	12.6
30	ŚWIĘTEK MARCIN	2542		RUDA ŚLĄSKA	POL	M-30	30	M 99	00:24:24	00:48:13	00:50:01.45	00:51:16.50	4:45	12.6
31	OGONOWSKI DARIUSZ	2356		SOSNOWIEC	POL	M-30	31	M 93	00:23:55	00:48:33	00:50:26.15	00:50:49.45	4:48	12.5
32	KRZANOWSKI MARCIN	2249	OASIS TEAM SPORT	ZABRZE	POL	M-30	32	M 103	00:24:16	00:48:53	00:50:40.35	00:51:30.40	4:49	12.4
33	STAROSTA ROBERT	2495		RUDA ŚLĄSKA	POL	M-30	33	M 104	00:24:03	00:48:58	00:50:54.65	00:51:31.10	4:50	12.4
34	MARCZYK DAREK	2311	FLUOR	BYTOM	POL	M-30	34	M 102	00:23:38	00:49:06	00:50:58.45	00:51:30.05	4:51	12.4
35	ZWOLSKI DYMITR	2628		KNURÓW	POL	M-30	35	M 105	00:24:21	00:49:13	00:51:05.80	00:51:31.80	4:51	12.3
36	PAROL TOMASZ	2381	PROPOINT	GLIWICE	POL	M-30	36	M 106	00:23:59	00:49:20	00:51:09.90	00:51:39.20	4:52	12.3
37	RUDZIŃSKI KAMIL	2439		GLIWICE	POL	M-30	37	M 111	00:25:28	00:49:27	00:51:14.10	00:51:58.40	4:52	12.3
38	RUDZIŃSKI JACEK	2440		GLIWICE	POL	M-30	38	M 110	00:25:30	00:49:30	00:51:15.40	00:51:58.20	4:52	12.3
39	KWIATKOWSKI MARCIN	2266		GLIWICE	POL	M-30	39	M 108	00:23:30	00:49:27	00:51:23.05	00:51:55.50	4:53	12.3
40	FOREMSKI GRZEGORZ	2106	KABANOS RUNNING CREW	BYTOM	POL	M-30	40	M 126	00:24:47	00:49:44	00:51:27.35	00:52:51.90	4:54	12.2
41	ZAJĄC MATEUSZ	2604		GLIWICE	POL	M-30	41	M 125	00:25:24	00:50:00	00:51:39.55	00:52:49.35	4:55	12.2
42	ZYCHLA GRZEGORZ	2655	SU07	BYTOM	POL	M-30	42	M 121	00:25:41	00:49:59	00:51:43.10	00:52:25.45	4:55	12.2
43	SZWARCZYŃSKI MICHAŁ	2530		GLIWICE	POL	M-30	43	M 107	00:23:04	00:49:49	00:51:44.15	00:51:51.20	4:55	12.2
44	SZOŁTYSIK ŁUKASZ	2649		GLIWICE	POL	M-30	44	M 135	00:25:11	00:49:57	00:51:54.05	00:53:12.60	4:56	12.1
45	NOWAK ŁUKASZ	2347	AVANTOR PERFORMANCE MATERIALS POLAND	RYBNIK	POL	M-30	45	M 127	00:24:52	00:50:06	00:52:00.25	00:52:54.50	4:57	12.1
46	SŁOWIŃSKI JACEK	2478		RYBNIK	POL	M-30	46	M 136	00:25:58	00:50:19	00:52:01.50	00:53:16.25	4:57	12.1
47	WARDAK PIOTR	2565		GLIWICE	POL	M-30	47	M 124	00:24:15	00:50:21	00:52:12.25	00:52:39.85	4:58	12.1
48	WIETRZYCKI MARIUSZ	2572	MOMO TEAM	GLIWICE	POL	M-30	48	M 119	00:24:05	00:50:15	00:52:16.85	00:52:20.90	4:58	12.1
49	LEWANDERSKI DARIUSZ	2277	HIRSCHVOGEL	BYTOM	POL	M-30	49	M 129	00:25:10	00:50:42	00:52:25.70	00:52:56.90	4:59	12
50	LASIUK PAWEŁ	2268	HIRSCHVOGEL	GLIWICE	POL	M-30	50	M 128	00:25:11	00:50:42	00:52:26.25	00:52:56.80	4:59	12
51	HEINE ANDRZEJ	2156	PKO BANK POLSKI	RYBNIK	POL	M-30	51	M 160	00:24:49	00:50:42	00:52:36.00	00:54:34.45	5:00	12
52	PIECHOWIAK WOJCIECH	2392		GLIWICE	POL	M-30	52	M 134	00:24:13	00:50:44	00:52:43.70	00:53:09.80	5:01	12
53	JANOSZ SŁAWOMIR	2170	BIURO INŻYNIERSKIE IEC	SZAŁSZA	POL	M-30	53	M 133	00:23:49	00:51:00	00:52:44.25	00:53:08.20	5:01	11.9
54	DREWNIAK ŁUKASZ	2674		GLIWICE	POL	M-30	54	M 137	00:25:40	00:51:05	00:52:44.35	00:53:27.55	5:01	11.9
55	MICHULEC JAKUB	2656	EKO-OKNA RUNNERS	BYTOM	POL	M-30	55	M 141	00:25:41	00:51:07	00:52:48.55	00:53:31.40	5:01	11.9
56	WOJTAS MARCIN	2586	ISTA BIEGAMY	GLIWICE	POL	M-30	56	M 147	00:26:20	00:51:10	00:52:51.00	00:53:55.20	5:02	11.9
57	SEMLA TOMASZ	2454		GLIWICE	POL	M-30	57	M 138	00:24:33	00:50:54	00:52:52.20	00:53:28.10	5:02	11.9

GLIWICKA DYCHA, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
58	SZULC SEBASTIAN	2527	EXLABS	GLIWICE	POL	M-30	58	M 144	00:23:46	00:50:48	00:52:59.70	00:53:40.95	5:02	11.9
59	WOCH SZYMON	2582	STUDIO ENERGIA TEAM RYBNIK	RYBNIK	POL	M-30	59	M 139	00:25:21	00:51:16	00:53:11.25	00:53:29.90	5:03	11.8
60	CHEGE DANSON	2048	DECATHLON CAR GLIWICE	GLIWICE	POL	M-30	60	M 140	00:23:51	00:51:35	00:53:15.85	00:53:31.35	5:04	11.8
61	KULA JAN	2256	DECATHLON I PRZYJACIELE	GLIWICE	POL	M-30	61	M 142	00:26:04	00:51:36	00:53:17.80	00:53:31.65	5:04	11.8
62	WIŚNIEWSKI TOMASZ	2577		GLIWICE	POL	M-30	62	M 150	00:25:33	00:51:18	00:53:18.45	00:54:07.10	5:04	11.8
63	FABER JACEK	2638		GLIWICE	POL	M-30	63	M 153	00:24:53	00:51:36	00:53:39.65	00:54:09.30	5:06	11.7
64	LISIECKI DAWID	2283	KNURÓW-SIMTECH	KNURÓW	POL	M-30	64	M 161	00:26:04	00:52:01	00:53:41.55	00:54:34.65	5:06	11.7
65	JAŚKIEWICZ SŁAWOMIR	2179		MYSŁOWICE	POL	M-30	65	M 164	00:24:59	00:51:41	00:53:47.20	00:54:41.05	5:07	11.7
66	SZMIGIEL DANIEL	2520		GLIWICE	POL	M-30	66	M 158	00:25:21	00:51:55	00:53:50.45	00:54:22.80	5:07	11.7
67	ŻAAK MICHAŁ	2629		ZABRZE	POL	M-30	67	M 167	00:25:57	00:52:02	00:53:52.55	00:54:46.85	5:07	11.7
68	GOLIASZ BARTŁOMIEJ	2127		GLIWICE	POL	M-30	68	M 170	00:26:43	00:52:28	00:54:08.75	00:55:03.65	5:09	11.6
69	DOBOSZ MARIUSZ	2075	GO-LEASING	GLIWICE	POL	M-30	69	M 166	00:25:57	00:52:28	00:54:16.15	00:54:45.95	5:10	11.6
70	DRECHSLER OSKAR	2081		NAKŁO ŚLĄSKIE	POL	M-30	70	M 171	00:25:05	00:52:09	00:54:20.80	00:55:07.65	5:10	11.6
71	NIEMIEC SŁAWOMIR	2337	INTERGRAFIK POLSKA	GLIWICE	POL	M-30	71	M 172	00:25:50	00:52:25	00:54:22.00	00:55:08.85	5:10	11.6
72	DRZYMAŁSKI PRZEMYSŁAW	2088	PROPOINT	GLIWICE	POL	M-30	72	M 183	00:27:01	00:52:21	00:54:22.45	00:55:34.45	5:10	11.6
73	CHAROWSKI MARCIN	2047		STARGARD	POL	M-30	73	M 180	00:26:40	00:52:35	00:54:26.80	00:55:29.05	5:11	11.6
74	CZAŚTKIEWICZ MARCIN	2069		GLIWICE	POL	M-30	74	M 168	00:25:17	00:52:32	00:54:27.20	00:54:53.30	5:11	11.6
75	PIETRZAK WALDEMAR	2395	GOK PILCHOWICE	GIERAŁTOWICE	POL	M-30	75	M 199	00:26:16	00:52:39	00:54:41.00	00:56:28.70	5:12	11.5
76	CYROŃ MARCIN	2686		GLIWICE	POL	M-30	76	M 173	00:26:30	00:52:49	00:54:43.45	00:55:16.55	5:12	11.5
77	OGAZA MARIUSZ	2354		KNURÓW	POL	M-30	77	M 169	00:25:35	00:52:46	00:54:50.25	00:54:54.00	5:13	11.5
78	GARNCARZ JAKUB	2118		DĄBROWA GÓRNICZA	POL	M-30	78	M 189	00:26:32	00:53:11	00:55:09.20	00:55:55.65	5:15	11.4
79	BAJURA GRZEGORZ	2002		KATOWICE	POL	M-30	79	M 206	00:27:06	00:53:21	00:55:16.55	00:56:56.90	5:15	11.4
80	PREJS KAROL	2413		KATOWICE	POL	M-30	80	M 207	00:27:07	00:53:21	00:55:17.15	00:56:57.00	5:16	11.4
81	DĘBOWSKI KRZYSZTOF	2074		GLIWICE	POL	M-30	81	M 197	00:26:11	00:53:13	00:55:18.25	00:56:24.60	5:16	11.4
82	ROLEK MARCIN	2434		GLIWICE	POL	M-30	82	M 203	00:26:41	00:53:34	00:55:35.00	00:56:31.30	5:17	11.3
83	OPALIŃSKI TOMASZ	2365	ZF TEAM	GLIWICE	POL	M-30	83	M 202	00:26:43	00:53:35	00:55:36.00	00:56:30.40	5:17	11.3
84	ŻEBROWSKI ŁUKASZ	2630	ZF TEAM	TARNOWSKIE GÓRY	POL	M-30	84	M 204	00:27:04	00:53:46	00:55:39.80	00:56:31.30	5:18	11.3
85	SŁOWIŃSKI KAMIL	2477	DRUŻYNA POLITECHNIKI ŚLĄSKIEJ	RYBNIK	POL	M-30	85	M 208	00:26:17	00:53:47	00:55:45.45	00:56:58.50	5:18	11.3
86	PUCHALSKI RAFAŁ	2421	FLUOR	RUDA ŚLĄSKA	POL	M-30	86	M 223	00:27:22	00:54:09	00:55:58.30	00:57:28.60	5:19	11.3
87	GRĄBCZEWSKI MARCIN	2139		GLIWICE	POL	M-30	87	M 210	00:26:42	00:54:00	00:56:03.50	00:57:07.05	5:20	11.2
88	MOĆKO ARTUR	2330		PRZYSZOWICE	POL	M-30	88	M 225	00:27:44	00:54:19	00:56:15.75	00:57:47.00	5:21	11.2
89	BEDNAREK JAKUB	2014		GLIWICE	POL	M-30	89	M 215	00:26:20	00:54:17	00:56:25.75	00:57:12.80	5:22	11.2
90	RUDZIŃSKI ŁUKASZ	2438		GLIWICE	POL	M-30	90	M 214	00:26:55	00:54:43	00:56:27.35	00:57:12.00	5:22	11.2
91	PIETRZAK ŁUKASZ	2396	MECHTAL CITY	BYTOM	POL	M-30	91	M 222	00:26:34	00:54:44	00:56:39.05	00:57:27.45	5:23	11.1
92	HERUD TOMASZ	2663		GLIWICE	POL	M-30	92	M 236	00:27:49	00:54:55	00:56:44.30	00:58:28.85	5:24	11.1
93	WYCIŚLIK MARCIN	2598	HIRSCHVOGEL	GLIWICE	POL	M-30	93	M 221	00:26:26	00:54:44	00:56:54.10	00:57:27.10	5:25	11.1
94	WĄTROBA TOMASZ	2567		CHRUSZCZOBROD	POL	M-30	94	M 227	00:26:41	00:54:59	00:57:03.35	00:57:59.65	5:26	11
95	SZYMOS DAMIAN	2536	RYWAL GLIWICE	GLIWICE	POL	M-30	95	M 243	00:26:44	00:55:08	00:57:03.45	00:59:04.95	5:26	11
96	STUDZIŃSKI GRZEGORZ	2505	ZABRZE CITY M&A	ZABRZE	POL	M-30	96	M 247	00:27:45	00:55:19	00:57:18.65	00:59:12.40	5:27	11
97	SOKOŁOWSKI ŁUKASZ	2485		GLIWICE	POL	M-30	97	M 234	00:27:28	00:55:25	00:57:22.75	00:58:27.35	5:27	11
98	SKURA ADAM	2470	FLUOR	KNURÓW	POL	M-30	98	M 244	00:27:53	00:55:33	00:57:25.45	00:59:05.90	5:28	11
99	PSIUK PIOTR	2419		ZABRZE	POL	M-30	99	M 229	00:26:16	00:55:22	00:57:42.70	00:58:12.35	5:29	10.9
100	WIECZOROWSKI KRZYSZTOF	2570	MOSTOSTAL ZABRZE UNITED	GLIWICE	POL	M-30	100	M 240	00:26:41	00:55:39	00:57:50.75	00:58:41.40	5:30	10.9
101	SAFERNA PRZEMEK	2443		GLIWICE	POL	M-30	101	M 238	00:28:12	00:56:10	00:58:04.30	00:58:29.90	5:31	10.8
102	MARYNIAK WOJCIECH	2676		GLIWICE	POL	M-30	102	M 258	00:28:51	00:56:23	00:58:20.15	01:00:17.10	5:33	10.8
103	JANOSZKA PIOTR	2172	BANDA Z POŁUDNIA	ZABRZE	POL	M-30	103	M 254	00:28:35	00:56:16	00:58:21.80	01:00:05.90	5:33	10.8
104	BAŃKA JAKUB	2007		GLIWICE	POL	M-30	104	M 248	00:27:10	00:56:23	00:58:32.05	00:59:12.60	5:34	10.8
105	KOZŁOWSKI PRZEMYSŁAW	2242	ZACHODNIE GEPARDY	KRAKÓW	POL	M-30	105	M 250	00:26:40	00:56:40	00:58:51.65	00:59:37.15	5:36	10.7
106	OLSZEWSKI ŁUKASZ	2361	FLUOR	ZABRZE	POL	M-30	106	M 256	00:28:05	00:56:53	00:58:55.45	01:00:09.75	5:36	10.7
107	KUMOR MARCIN	2259		GLIWICE	POL	M-30	107	M 249	00:26:46	00:57:00	00:59:01.95	00:59:35.10	5:37	10.7
108	KACZMARSKI JACEK	2189		BYTOM	POL	M-30	108	M 257	00:27:58	00:57:02	00:59:02.30	01:00:15.35	5:37	10.7
109	MACHOCZEK PATRYK	2296		GIERAŁTOWICE	POL	M-30	109	M 267	00:28:46	00:57:10	00:59:11.25	01:00:56.20	5:38	10.6
110	GAŁEK ANDRZEJ	2678	ZF TEAM	ZBROSŁAWICE	POL	M-30	110	M 264	00:28:00	00:56:57	00:59:19.15	01:00:32.95	5:38	10.6
111	DULĘBA JULIUSZ	2090		GLIWICE	POL	M-30	111	M 263	00:30:25	00:57:16	00:59:19.80	01:00:32.05	5:39	10.6
112	BARTELA ŁUKASZ	2645		GLIWICE	POL	M-30	112	M 279	00:28:30	00:57:14	00:59:33.35	01:01:45.30	5:40	10.6
113	STANISZ MICHAŁ	2491		GLIWICE	POL	M-30	113	M 261	00:26:39	00:57:15	00:59:36.40	01:00:27.00	5:40	10.6
114	LEŚNIEWSKI MATEUSZ	2276		KOTULIN	POL	M-30	114	M 259	00:28:30	00:57:33	00:59:36.75	01:00:17.70	5:40	10.6

GLIWICKA DYCHA, M-30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
115	BOREK WOJCIECH	2029		GLIWICE	POL	M-30	115	M 262	00:27:24	00:57:38	01:00:01.35	01:00:31.25	5:43	10.5
116	TABOR ANDRZEJ	2543		GLIWICE	POL	M-30	116	M 285	00:28:08	00:58:08	01:00:16.30	01:02:15.55	5:44	10.5
117	LINDENBERG JAROSŁAW	2282		GLIWICE	POL	M-30	117	M 278	00:27:26	00:58:17	01:00:21.30	01:01:45.25	5:44	10.4
118	MAJCZAK WOJCIECH	2302		JAWORZNO	POL	M-30	118	M 268	00:28:18	00:58:31	01:00:47.70	01:01:03.05	5:47	10.4
119	RYBAK ANDRZEJ	2441	HIRSCHVOGEL	ZABRZE	POL	M-30	119	M 276	00:27:53	00:59:01	01:01:07.20	01:01:38.15	5:49	10.3
120	SMUDA GRZEGORZ	2481	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 303	00:29:24	00:58:57	01:01:14.90	01:03:13.20	5:50	10.3
121	KOWALSKI WŁODZIMIERZ	2234	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-30	121	M 300	00:29:57	00:59:17	01:01:19.50	01:03:10.60	5:50	10.3
122	BRUDEK GRZEGORZ	2035		GLIWICE	POL	M-30	122	M 301	00:30:02	00:59:22	01:01:30.45	01:03:12.10	5:51	10.2
123	SKOCZYŁODA PAWEŁ	2463		ŁAZISKA GÓRNE	POL	M-30	123	M 308	00:29:04	00:59:50	01:02:04.70	01:03:35.50	5:54	10.1
124	PSIUK-MAKSYMOWICZ KRZYSZTOF	2420	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	124	M 312	00:30:16	00:59:58	01:02:04.70	01:04:05.45	5:54	10.1
125	KARBOWNICZEK DAWID	2199		GLIWICE	POL	M-30	125	M 313	00:31:20	01:00:31	01:02:22.55	01:04:18.05	5:56	10.1
126	SKOTNICKI MICHAŁ	2642		GLIWICE	POL	M-30	126	M 294	00:29:09	01:00:05	01:02:22.70	01:02:49.40	5:56	10.1
127	MICZKA ŁUKASZ	2320		GLIWICE	POL	M-30	127	M 309	00:28:38	00:59:54	01:02:28.45	01:03:40.20	5:57	10.1
128	ORLICKI IRENEUSZ	2368	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	GLIWICE	POL	M-30	128	M 305	00:30:07	01:00:28	01:02:37.75	01:03:23.70	5:57	10.1
129	NIWIŃSKI MICHAŁ	2344	PKO BANK POLSKI	GLIWICE	POL	M-30	129	M 321	00:31:18	01:00:35	01:02:51.55	01:04:50.40	5:59	10
130	NARUSZEWICZ KRZYSZTOF	2335		GLIWICE	POL	M-30	130	M 317	00:29:46	01:01:02	01:03:24.20	01:04:38.50	6:02	9.9
131	KOZIEŁ ŁUKASZ	2239	ING	MYSŁOWICE	POL	M-30	131	M 322	00:30:45	01:01:22	01:03:29.80	01:05:04.95	6:02	9.9
132	WITAŁA RAFAŁ	2578		GLIWICE	POL	M-30	132	M 320	00:30:05	01:01:28	01:03:40.70	01:04:50.15	6:03	9.9
133	KLAKLA HENRYK	2208	ZF TEAM	KRAKOW	POL	M-30	133	M 318	00:28:22	01:01:29	01:03:42.85	01:04:39.80	6:04	9.9
134	PALENGA ADRIAN	2378	ZF TEAM	GLIWICE	POL	M-30	134	M 319	00:28:27	01:01:34	01:03:48.75	01:04:40.00	6:04	9.9
135	KNOPKA MICHAŁ	2644		PYSKOWICE	POL	M-30	135	M 331	00:30:55	01:01:40	01:03:51.55	01:06:04.35	6:04	9.9
136	WÓJCIK JAKUB	2593		GLIWICE	POL	M-30	136	M 310	00:30:00	01:01:05	01:03:53.05	01:03:53.05	6:05	9.9
137	OLSZOK DAWID	2362	HIRSCHVOGEL	ZABRZE	POL	M-30	137	M 315	00:28:57	01:01:25	01:03:53.75	01:04:27.45	6:05	9.9
138	STANCHLY JAKUB	2668		ZABRZE	POL	M-30	138	M 330	00:31:54	01:02:18	01:04:15.45	01:06:03.15	6:07	9.8
139	DROZD KRZYSZTOF	2085		GLIWICE	POL	M-30	139	M 336	00:29:29	01:01:59	01:04:47.95	01:06:45.05	6:10	9.7
140	WOŻNY REMIGIUSZ	2591	FLUOR	MYSŁOWICE	POL	M-30	140	M 335	00:31:37	01:02:30	01:04:56.00	01:06:37.40	6:11	9.7
141	ŻYDAK KAMIL	2633	DRIV	GLIWICE	POL	M-30	141	M 339	00:29:24	01:02:50	01:05:17.20	01:07:07.40	6:13	9.7
142	KIJANKA DAMIAN	2205	HIRSCHVOGEL COMPONENTS POLAND	GLIWICE	POL	M-30	142	M 329	00:32:16	01:03:11	01:05:23.85	01:06:01.40	6:13	9.6
143	KOZIBAŃ TOMASZ	2238	FLUOR	BYTOM	POL	M-30	143	M 337	00:30:20	01:03:06	01:05:25.10	01:06:49.10	6:13	9.6
144	KOJ KRZYSZTOF	2217	PPP GLIWICE	GLIWICE	POL	M-30	144	M 340	00:31:38	01:03:15	01:05:25.65	01:07:20.05	6:13	9.6
145	KACZYŃSKI MAREK	2192	MOSTOSTAL ZABRZE UNITED	RYBNIK	POL	M-30	145	M 327	00:31:07	01:03:04	01:05:29.30	01:05:56.20	6:14	9.6
146	GIERCZYCKI MICHAŁ	2123		GLIWICE	POL	M-30	146	M 343	00:32:35	01:04:06	01:06:27.85	01:07:48.85	6:19	9.5
147	FOREMSKI PAWEŁ	2105	RZ 3,21	GLIWICE	POL	M-30	147	M 345	00:29:28	01:04:44	01:06:54.50	01:08:20.15	6:22	9.4
148	MICHAŁEK ŁUKASZ	2316		GLIWICE	POL	M-30	148	M 349	00:31:20	01:04:29	01:07:03.50	01:08:59.00	6:23	9.4
149	RATKA DAWID	2423		WYRY	POL	M-30	149	M 346	00:30:33	01:04:54	01:07:38.80	01:08:25.10	6:26	9.3
150	ZIMNY MARCIN	2623		GLIWICE	POL	M-30	150	M 356	00:31:16	01:05:54	01:08:50.00	01:10:16.80	6:33	9.2
151	PŁOSKONKA TOMASZ	2404		KATOWICE	POL	M-30	151	M 352	00:32:06	01:06:27	01:09:02.95	01:09:40.60	6:34	9.1
152	PAWLIK MICHAŁ	2385		GLIWICE	POL	M-30	152	M 359	00:31:25	01:07:33	01:10:16.15	01:11:27.45	6:41	9
153	MIKOŁAJCZYK MICHAŁ	2326		ZABRZE	POL	M-30	153	M 365	00:32:43	01:09:38	01:12:12.80	01:14:06.00	6:52	8.7
154	SALAMON DAWID	2446		CZERWIONKA-LESZCZYNY	POL	M-30	154	M 364	00:32:16	01:09:05	01:12:18.15	01:12:55.60	6:53	8.7
155	WYSOCHAŃSKI ANDRZEJ	989		OPOLE	POL	M-30	155	M 367	00:28:51	01:10:04	01:13:57.70	01:15:53.85	7:02	8.5
156	DROŹDZ MICHAŁ	2087	RYWAL GLIWICE	GLIWICE	POL	M-30	156	M 374	00:34:07	01:12:21	01:15:02.95	01:17:03.10	7:08	8.4
157	PAWLICZEK ŁUKASZ	2384		GLIWICE	POL	M-30	157	M 372	00:34:34	01:12:31	01:15:17.95	01:16:54.15	7:10	8.4
158	FRYDRYCH PRZEMYSŁAW	2110		GLIWICE	POL	M-30	158	M 371	00:34:53	01:13:08	01:15:48.20	01:16:24.00	7:13	8.3
159	ŻELEZNY TOMASZ	2631		GLIWICE	POL	M-30	159	M 376	00:33:28	01:13:07	01:15:48.55	01:17:50.00	7:13	8.3
160	DUNAJ ŁUKASZ	2091	HIRSCHVOGEL	BYTOM	POL	M-30	160	M 378	00:38:03	01:20:08	01:22:30.40	01:23:04.90	7:51	7.6
161	KULIG MACIEJ	2257		TARNOWSKIE GÓRY	POL	M-30	161	M 381	00:42:10	01:28:04	01:31:28.60	01:33:22.65	8:42	6.9
162	MACHEJ REMIGIUSZ	2294	MARO TEAM JASTRZĘBIE - ŻORY	JASTRZĘBIE - ZDRÓJ	POL	M-30	162	M 384		00:43:50			4:23	13.7
163	GARBALA KAMIL	2117		GLIWICE	POL	M-30	163	M 385		00:48:31			4:51	12.4

GLIWICKA DYCHA, K-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	LEWICKA ELŻBIETA	2279	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 1	00:20:58	00:42:56	00:44:35.75	00:44:37.60	4:14	14.1
2	LANGE BEATA	2637	BP RUNNING TEAM	GLIWICE	POL	K-40	2	K 3	00:22:45	00:44:37	00:46:11.05	00:46:23.05	4:23	13.6
3	DYRCZ ANNA	2095		KNURÓW	POL	K-40	3	K 6	00:22:37	00:45:26	00:47:13.80	00:47:29.70	4:29	13.3
4	WOJAKOWSKA KATARZYNA	2584	K&K RUN	ZABRZE	POL	K-40	4	K 10	00:23:19	00:47:46	00:49:34.35	00:49:37.80	4:43	12.7
5	DREWUSZEWSKA EWA	2082		PLAWNIOWICE	POL	K-40	5	K 14	00:24:01	00:48:44	00:50:26.90	00:50:50.55	4:48	12.5
6	SIKORA KAROLINA	2458		PIEKARY ŚLĄSKIE	POL	K-40	6	K 12	00:23:18	00:48:17	00:50:30.15	00:50:32.20	4:48	12.5
7	GOŹDZIŃSKA MAGDALENA	2130		GLIWICE	POL	K-40	7	K 17	00:24:56	00:49:46	00:51:40.65	00:52:01.90	4:55	12.2
8	WÓJCIK ANNA	2595		GLIWICE	POL	K-40	8	K 22	00:25:03	00:50:57	00:52:48.95	00:53:21.10	5:01	11.9
9	EICHHOF JOANNA	2097		GLIWICE	POL	K-40	9	K 23	00:25:17	00:50:57	00:52:54.00	00:53:30.75	5:02	11.9
10	ZIOMEK KATARZYNA	2625		BYTOM	POL	K-40	10	K 21	00:24:33	00:51:07	00:53:03.10	00:53:20.95	5:03	11.9
11	BALIŃSKA-SANOCKA ANETA	2003	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	11	K 30	00:26:57	00:52:08	00:54:01.70	00:55:27.85	5:08	11.7
12	WÓJCIAK KATARZYNA	2592		SOŚNICOWICE	POL	K-40	12	K 31	00:26:45	00:52:52	00:54:53.75	00:55:31.20	5:13	11.5
13	CZEPIGA BOŻENA	2070		RUDA ŚLĄSKA	POL	K-40	13	K 35	00:25:54	00:53:55	00:55:59.20	00:56:09.60	5:19	11.3
14	PAUL VIOLETTA	2382	BPRT	GLIWICE	POL	K-40	14	K 42	00:27:00	00:54:02	00:56:01.10	00:57:15.65	5:20	11.2
15	SANOCKA DOROTA	2452	DRUŻYNA JASNEJ	ZABRZE	POL	K-40	15	K 45	00:26:59	00:54:03	00:56:03.00	00:57:29.25	5:20	11.2
16	SZASTOK KATARZYNA	2509		RADZIONKÓW	POL	K-40	16	K 50	00:28:08	00:55:14	00:57:11.25	00:58:09.05	5:26	11
17	ROSAK-SZYROCKA ASIA	2436	MIELEWCZYK RUNNING TEAM	CZESTOCHOWA	POL	K-40	17	K 54	00:27:34	00:56:10	00:58:04.65	00:58:31.70	5:31	10.8
18	BOSAKOWSKA ELA	2031		GLIWICE	POL	K-40	18	K 53	00:25:47	00:56:08	00:58:13.75	00:58:27.00	5:32	10.8
19	MARKER-DZIUBOSZ AGNIESZKA	2312		BYTOM	POL	K-40	19	K 61	00:27:16	00:56:14	00:58:25.25	00:59:05.75	5:33	10.8
20	JAROŃ KATARZYNA	2173		BYTOM	POL	K-40	20	K 67	00:27:30	00:56:33	00:58:31.80	00:59:42.95	5:34	10.8
21	OKOŃ MONIKA	2357		KNURÓW	POL	K-40	21	K 65	00:28:38	00:56:32	00:58:40.10	00:59:20.85	5:35	10.7
22	KOTLARSKA ANNA	2227		GLIWICE	POL	K-40	22	K 78	00:29:55	00:57:15	00:59:13.55	01:00:24.30	5:38	10.6
23	POLEWKA BEATA	3138	UKS KOMETA GLIWICE	GLIWICE	POL	K-40	23	K 72	00:28:10	00:57:18	00:59:23.20	01:00:02.70	5:39	10.6
24	SIODŁAK-BLACHNIO JUSTYNA	2461		GLIWICE	POL	K-40	24	K 73	00:27:33	00:57:26	00:59:33.40	01:00:02.70	5:40	10.6
25	SOBOLEWSKA STEFANIA	2483		GLIWICE	POL	K-40	25	K 85	00:28:26	00:57:52	01:00:00.25	01:01:07.90	5:42	10.5
26	KOŚLACZ KATARZYNA	2226		TYCHY	POL	K-40	26	K 96	00:29:27	00:58:09	01:00:12.95	01:01:49.30	5:44	10.5
27	STROJEK AGNIESZKA	2500		BYTOM	POL	K-40	27	K 94	00:29:03	00:58:20	01:00:26.95	01:01:38.40	5:45	10.4
28	SAMOL IWONA	2449		GLIWICE	POL	K-40	28	K 91	00:28:50	00:58:22	01:00:29.00	01:01:23.90	5:45	10.4
29	BRZEZIŃSKA TERESA	2040	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 87	00:28:33	00:58:36	01:00:43.25	01:01:14.05	5:47	10.4
30	PROKOP IWONA	2414	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	RUDA ŚLĄSKA	POL	K-40	30	K 90	00:29:03	00:58:31	01:00:43.50	01:01:21.35	5:47	10.4
31	FABIAN KATARZYNA	2098		CHORZÓW	POL	K-40	31	K 104	00:29:04	00:58:35	01:01:04.80	01:02:40.75	5:49	10.3
32	WLACH ANNA	2581		GLIWICE	POL	K-40	32	K 107	00:30:11	00:59:16	01:01:05.50	01:02:49.65	5:49	10.3
33	SLUZALEK MAŁGORZATA	2474		GLIWICE	POL	K-40	33	K 100	00:28:42	00:59:17	01:01:30.55	01:02:15.90	5:51	10.2
34	WRÓBLEWSKA MAGDALENA	2689		GDYNIA	POL	K-40	34	K 105	00:28:54	00:59:53	01:02:07.65	01:02:45.40	5:55	10.1
35	MISZCZAK KASIA	2328	EKIPA NA KIJACH	RUDA ŚLĄSKA	POL	K-40	35	K 114	00:28:54	01:00:09	01:02:17.45	01:03:36.70	5:55	10.1
36	MICZKA JUSTYNA	2321		GLIWICE	POL	K-40	36	K 115	00:28:38	00:59:54	01:02:29.20	01:03:40.75	5:57	10.1
37	MAZUR MAGDA	2315		KATOWICE	POL	K-40	37	K 108	00:28:56	01:00:11	01:02:38.65	01:02:52.50	5:58	10.1
38	SKÓRA JOANNA	2467		BYTOM	POL	K-40	38	K 121	00:28:59	01:00:14	01:02:46.50	01:03:58.25	5:58	10
39	PANKIEWICZ KATARZYNA	2379		GLIWICE	POL	K-40	39	K 118	00:29:31	01:00:38	01:02:56.25	01:03:54.25	5:59	10
40	OSTROWSKA ANNA	2647		SMOLNICA	POL	K-40	40	K 123	00:29:40	01:00:49	01:02:59.00	01:04:21.95	5:59	10
41	GAJEWSKA IZABELA	2113	FRELKA	GLIWICE	POL	K-40	41	K 127	00:29:59	01:01:41	01:04:03.65	01:04:36.40	6:06	9.8
42	MALEŃKA JOLANTA	2304	OAT	GLIWICE	POL	K-40	42	K 128	00:29:53	01:01:58	01:04:20.75	01:04:40.50	6:07	9.8
43	CHĘCIŃSKA AGNIESZKA	2049		GLIWICE	POL	K-40	43	K 136	00:30:15	01:02:08	01:04:23.80	01:05:54.30	6:08	9.8
44	BOMASTYK BEATA	2653		GLIWICE	POL	K-40	44	K 141	00:31:13	01:02:25	01:04:45.60	01:06:19.20	6:10	9.7
45	STACHOWSKA ALEKSANDRA	2489		GLIWICE	POL	K-40	45	K 132	00:29:47	01:02:42	01:05:00.60	01:05:42.05	6:11	9.7
46	KRYCZAŁO PAULINA	2247		WROCAW	POL	K-40	46	K 148	00:30:56	01:02:34	01:05:11.50	01:06:34.95	6:12	9.7
47	BAL-BURZAWA RENATA	2639	HIRSCHVOGEL	TYCHY	POL	K-40	47	K 138	00:33:03	01:03:26	01:05:43.75	01:06:01.40	6:15	9.6
48	KAPTACZ MAGDALENA	2198		GLIWICE	POL	K-40	48	K 152	00:30:30	01:03:25	01:05:47.20	01:06:49.20	6:15	9.6
49	CHOLEWA MAGDALENA	2052		GLIWICE	POL	K-40	49	K 150	00:30:38	01:03:53	01:06:22.30	01:06:44.80	6:19	9.5
50	KACZMAREK KATARZYNA	2187	SRTG GLIWICE	GLIWICE	POL	K-40	50	K 151	00:35:33	01:04:30	01:06:27.95	01:06:47.55	6:19	9.5
51	KRYSKA ALEKSANDRA	2248		KNURÓW	POL	K-40	51	K 158	00:31:44	01:04:26	01:06:49.55	01:08:14.30	6:21	9.4
52	TIMOFIJCZUK ANNA	2660		RUDNO	POL	K-40	52	K 164	00:32:30	01:04:59	01:07:22.15	01:08:42.90	6:24	9.4
53	MAJ MAŁGORZATA	2301	MOSTOSTAL ZABRZE UNITED	ZABRZE	POL	K-40	53	K 166	00:32:31	01:05:48	01:08:09.95	01:09:07.60	6:29	9.2
54	ZAJĄC EWA	2605	RCU UBEZPIECZENIA CIESZANÓW	CIESZANÓW	POL	K-40	54	K 172	00:31:59	01:05:55	01:08:21.90	01:10:12.65	6:30	9.2
55	LITWIN-BUCKA DOROTA	2285		GLIWICE	POL	K-40	55	K 176	00:32:38	01:06:02	01:08:34.35	01:10:42.80	6:31	9.2
56	MIGDAŁ IWONA	2324		GLIWICE	POL	K-40	56	K 177	00:32:10	01:06:15	01:08:50.50	01:10:48.25	6:33	9.2
57	REWERS MARZENA	2427		TARNOWSKIE GÓRY	POL	K-40	57	K 168	00:32:09	01:06:29	01:09:05.10	01:09:40.85	6:34	9.1

GLIWICKA DYCHA, K-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
58	KĄZMIERCZAK-BALATA ANNA	2201		GLIWICE	POL	K-40	58	K 170	00:33:07	01:06:52	01:09:23.10	01:10:06.70	6:36	9.1
59	OSOWSKA KATARZYNA	2693		GLIWICE	POL	K-40	59	K 183	00:32:18	01:06:51	01:09:37.20	01:11:42.70	6:37	9
60	KUCZERA-KULAGA MAGDALENAKULAGA	2253		KATOWICE	POL	K-40	60	K 180	00:32:35	01:06:58	01:09:43.90	01:11:35.60	6:38	9
61	WILCZEK MAGDALENA	2574	FLUOR	GLIWICE	POL	K-40	61	K 184	00:32:11	01:07:47	01:10:13.55	01:11:55.10	6:41	9
62	GROSS TERESA	2141		BYTOM	POL	K-40	62	K 194	00:33:21	01:08:57	01:11:21.30	01:13:14.05	6:47	8.8
63	HRYSZKIEWICZ BARBARA	2163	FIS-SST TEAM	MIEDARY	POL	K-40	63	K 195	00:33:21	01:08:57	01:11:22.90	01:13:15.55	6:47	8.8
64	CHWALISZEWSKA AGNIESZKA	107		GLIWICE	POL	K-40	64	K 189	00:32:57	01:08:57	01:11:38.60	01:12:29.90	6:49	8.8
65	KLAJMON JOANNA	2207		GLIWICE	POL	K-40	65	K 198	00:33:33	01:09:00	01:11:40.75	01:13:36.90	6:49	8.8
66	STUCHLIK IZABELA	2504		TARNOWSKIE GÓRY	POL	K-40	66	K 188	00:33:45	01:11:42.00	01:12:20.90	01:12:20.90	6:49	8.8
67	SUPIŃSKA BEATA	2508	ELZAB ACTIVE TEAM	GLIWICE	POL	K-40	67	K 186	00:32:42	01:07:38	01:11:50.00	01:11:55.75	6:50	8.8
68	RAŁ ZDZISŁAWA	2422		GLIWICE	POL	K-40	68	K 193	00:32:38	01:08:57	01:11:57.45	01:13:08.20	6:51	8.8
69	KOCHANEK ALEKSANDRA	388		GLIWICE	POL	K-40	69	K 202	00:36:12	01:10:04	01:12:32.10	01:14:35.85	6:54	8.7
70	KOŃCZAK ŁABAS MAGDALENA	2223	HURAGAN LIGOTA	KATOWICE	POL	K-40	70	K 199	00:35:51	01:10:02	01:12:41.35	01:13:46.35	6:55	8.7
71	FRANCZYK KINGA	2108		GLIWICE	POL	K-40	71	K 217	00:33:49	01:12:51	01:15:54.65	01:17:55.60	7:13	8.3
72	JAKSIK MONIKA	2167		KATOWICE	POL	K-40	72	K 218	00:33:48	01:12:51	01:15:54.95	01:17:55.65	7:13	8.3
73	ROGÓŻ SONIA	2430		ŻERNICA	POL	K-40	73	K 219	00:34:44	01:12:57	01:16:05.15	01:18:03.00	7:14	8.3
74	ZIOŁKOWSKA BASIA	2624	LARMO TEAM	ŚWIĘTOCHŁOWICE	POL	K-40	74	K 220	00:34:08	01:13:21	01:16:10.45	01:18:15.40	7:15	8.3
75	GORAJ-ZAJĄC ALEKSANDRA	2699	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	75	K 231	00:38:09	01:17:45	01:20:32.75	01:20:38.80	7:40	7.8
76	URBANIAK ANNA	2557		GLIWICE	POL	K-40	76	K 233	00:38:36	01:19:36	01:22:38.80	01:23:49.45	7:52	7.6
77	ŻOCHOWSKA LILIANA	3128		GLIWICE	POL	K-40	77	K 235	00:41:58		01:36:18.00	01:36:18.00	9:10	6.5
78	REITER HANNA	2424	SLOW JOGGING GLIWICE	GLIWICE	POL	K-40	78	K 237	00:46:22	01:34:20	01:37:56.95	01:39:52.20	9:19	6.4

GLIWICKA DYCHA, M-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	WYSOCKI MARIUSZ	2600	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 5	00:19:00	00:38:21	00:39:48.45	00:39:51.40	3:47	15.8
2	KACZOR MARCELI	2190	MAFIA TEAM LUBLINIEC	SADÓW	POL	M-40	2	M 9	00:19:21	00:39:07	00:40:36.15	00:40:40.90	3:52	15.5
3	POLACZEK ALEXANDER	2654		SMOLNICA	POL	M-40	3	M 16	00:19:36	00:40:23	00:41:58.60	00:42:01.75	3:59	15
4	WIERNEK TOMEK	2571	LC'S	KATOWICE	POL	M-40	4	M 17	00:19:49	00:40:23	00:42:01.95	00:42:07.65	4:00	15
5	BLUS MARCIN	2026		ZABRZE	POL	M-40	5	M 20	00:19:50	00:41:12	00:42:49.80	00:42:53.00	4:04	14.7
6	CIECIAK GRZEGORZ	2059	MEGAWAT RUNNING TEAM	ŻORY	POL	M-40	6	M 22	00:20:53	00:41:45	00:43:21.50	00:43:29.90	4:07	14.5
7	CZAJA JAROSŁAW	2065	FUTURE PROCESSING RUNNING TEAM	BYTOM	POL	M-40	7	M 23	00:20:53	00:42:13	00:43:49.65	00:43:57.90	4:10	14.4
8	BIEDROŃ DARIUSZ	2019		PANIÓWKI	POL	M-40	8	M 33	00:20:53	00:42:34	00:44:25.95	00:44:33.40	4:13	14.2
9	SKOWRON MARCIN	2466		BYTOM	POL	M-40	9	M 34	00:20:58	00:42:49	00:44:29.35	00:44:37.75	4:14	14.2
10	DONIGIEWICZ MARIUSZ	2080		GLIWICE	POL	M-40	10	M 36	00:21:43	00:43:20	00:44:48.40	00:45:07.20	4:16	14.1
11	BĄBSKI SZYMON	2012	WYMIATACZE UJSOŁY	UJSOŁY	POL	M-40	11	M 41	00:21:12	00:43:47	00:45:27.45	00:45:34.40	4:19	13.9
12	BORYCZKO BARTŁOMIEJ	2030	BARRE STATION FITNESS	GLIWICE	POL	M-40	12	M 43	00:20:45	00:43:59	00:45:40.80	00:45:52.00	4:21	13.8
13	CZABAŃSKI RAFAŁ	2064	RUNHOGS TYCHY	GLIWICE	POL	M-40	13	M 44	00:22:12	00:44:13	00:45:44.55	00:46:10.05	4:21	13.8
14	SOBOLEWSKI MACIEJ	2664		ZABRZE	POL	M-40	14	M 52	00:22:14	00:45:20	00:46:58.80	00:47:08.65	4:28	13.4
15	MICHAŁUSZEK SEBASTIAN	2317	BIEG - UNKA	GLIWICE	POL	M-40	15	M 51	00:22:25	00:45:19	00:47:02.50	00:47:07.35	4:28	13.4
16	WOJAKOWSKI KRZYSZTOF	2585	K&K RUN	GLIWICE	POL	M-40	16	M 53	00:21:22	00:45:40	00:47:24.00	00:47:27.95	4:30	13.3
17	OCZKO DOMINIK	2353		KATOWICE	POL	M-40	17	M 54	00:22:41	00:45:47	00:47:28.35	00:47:33.45	4:31	13.3
18	GANSZCZYK RAFAŁ	2116	OPEL ACTIVE TEAM	GLIWICE	POL	M-40	18	M 59	00:22:44	00:45:54	00:47:41.70	00:47:51.25	4:32	13.2
19	JACHYM ARKADIUSZ	2165	SILESIA SOCIOS	GLIWICE	POL	M-40	19	M 61	00:21:39	00:44:53	00:48:01.25	00:48:06.70	4:34	13.1
20	JASIK GRZEGORZ	2175	SRTG GLIWICE	GLIWICE	POL	M-40	20	M 71	00:23:20	00:46:50	00:48:35.60	00:48:53.40	4:37	13
21	DREWUSZEWSKI MACIEJ	2083	4M	PLAWNIOWICE	POL	M-40	21	M 66	00:22:27	00:46:39	00:48:36.65	00:48:45.30	4:37	13
22	SZYMAŃSKI PIOTR	2534		BYTOM	POL	M-40	22	M 67	00:22:41	00:46:51	00:48:37.35	00:48:46.70	4:37	13
23	STALMACH DAMIAN	2490	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	23	M 72	00:23:09	00:46:52	00:48:45.85	00:49:02.50	4:38	12.9
24	SZEREMETA MACIEJ	2519		ZABRZE	POL	M-40	24	M 77	00:23:44	00:47:11	00:48:51.50	00:49:50.30	4:39	12.9
25	OLEJNICZAK TOMASZ	2635		BYTOM	POL	M-40	25	M 83	00:24:10	00:47:35	00:49:29.10	00:50:14.20	4:42	12.7
26	ULFIK BARTŁOMIEJ	2555		GLIWICE	POL	M-40	26	M 78	00:22:49	00:47:56	00:49:47.35	00:49:54.15	4:44	12.7
27	LEMPART TOMASZ	2272		GLIWICE	POL	M-40	27	M 80	00:22:24	00:47:49	00:49:50.75	00:50:01.90	4:44	12.6
28	BIAŁAS ANDRZEJ	2691		BYTOM	POL	M-40	28	M 79	00:22:45	00:48:01	00:49:53.25	00:49:58.90	4:45	12.6
29	HODOR ROBERT	2159		BYTOM	POL	M-40	29	M 85	00:23:41	00:48:07	00:49:53.80	00:50:21.70	4:45	12.6
30	TURAK RAFAŁ	2554		KATOWICE	POL	M-40	30	M 88	00:23:29	00:48:04	00:49:55.35	00:50:26.70	4:45	12.6
31	BIAŁAS ROBERT	2641		ZABRZE	POL	M-40	31	M 94	00:24:01	00:48:06	00:49:56.60	00:50:53.30	4:45	12.6

GLIWICKA DYCHA, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
32	TIAHNYBOK PAWEŁ	2545	DECATHLON&PRZYJACIELE	KALETY	POL	M-40	32	M 87	00:23:13	00:48:12	00:50:10.70	00:50:25.45	4:46	12.6
33	JÓZEFOWICZ PIOTR	2183		DZIAŁDOWO	POL	M-40	33	M 91	00:23:17	00:48:21	00:50:14.75	00:50:45.10	4:47	12.5
34	WILMA KRZYSZTOF	2575		GLIWICE	POL	M-40	34	M 90	00:23:40	00:48:24	00:50:15.25	00:50:38.80	4:47	12.5
35	GĘBCZYŃSKI PAWEŁ	2120		GLIWICE	POL	M-40	35	M 95	00:23:47	00:48:25	00:50:16.20	00:50:54.80	4:47	12.5
36	SOCZAWA WOJCIECH	2484		ZABRZE	POL	M-40	36	M 96	00:24:10	00:48:30	00:50:19.45	00:50:55.25	4:47	12.5
37	ROMIK ARTUR	2435		GLIWICE	POL	M-40	37	M 123	00:24:13	00:49:04	00:50:56.95	00:52:39.70	4:51	12.4
38	WATOŁA MAREK	2566	M&M	PYSKOWICE	POL	M-40	38	M 100	00:23:01	00:49:43	00:51:17.00	00:51:24.35	4:53	12.3
39	PAWLINA PIOTR	2387		GLIWICE	POL	M-40	39	M 101	00:25:31	00:49:42	00:51:24.55	00:51:24.55	4:53	12.3
40	STRZELECKI DANIEL	2503		MIKOŁÓW	POL	M-40	40	M 132	00:24:39	00:49:39	00:51:37.45	00:53:02.50	4:54	12.2
41	KRZYK JAROSŁAW	2250		TYCHY	POL	M-40	41	M 115	00:24:46	00:49:54	00:51:49.15	00:52:12.80	4:56	12.2
42	PACAN TOMASZ	2373		BYTOM	POL	M-40	42	M 122	00:24:04	00:49:57	00:51:51.95	00:52:26.30	4:56	12.1
43	BORCZ TOMASZ	2028		DĄBROWA GÓRNICZA	POL	M-40	43	M 112	00:23:18	00:49:55	00:51:55.95	00:52:01.60	4:56	12.1
44	MACH MARCIN	2297		GLIWICE	POL	M-40	44	M 114	00:24:04	00:50:01	00:51:58.70	00:52:10.95	4:56	12.1
45	LASKOWSKI SEBASTIAN	3129	KATA GUROMA	GLIWICE	POL	M-40	45	M 152	00:25:27	00:50:21	00:52:15.25	00:54:08.35	4:58	12.1
46	DWORNICZAK SZYMON	2093	CHAHARY ZE STAREGO	CHORZÓW	POL	M-40	46	M 154	00:26:52	00:50:56	00:52:39.65	00:54:11.80	5:00	12
47	PIONTEK PIOTR	2399	MEGAWAT RUNNING TEAM	KNURÓW	POL	M-40	47	M 148	00:25:31	00:50:52	00:52:39.85	00:53:58.85	5:00	12
48	SŁODKIEWICZ GRZEGORZ	2475		GLIWICE	POL	M-40	48	M 131	00:24:34	00:50:46	00:52:49.10	00:53:02.35	5:01	11.9
49	IGNACZAK ROBERT	2650		GLIWICE	POL	M-40	49	M 151	00:25:20	00:50:56	00:52:49.60	00:54:07.70	5:01	11.9
50	STAWARCZYK KRYSZTIAN	2646	OPEL ACTIVE TEAM	RYBNIK	POL	M-40	50	M 165	00:26:27	00:51:06	00:52:55.60	00:54:43.00	5:02	11.9
51	STROJEK PIOTR	2499		BYTOM	POL	M-40	51	M 155	00:25:21	00:51:06	00:53:01.45	00:54:12.60	5:02	11.9
52	UNIEJEWSKI TOMASZ	2556		KATOWICE	POL	M-40	52	M 146	00:25:09	00:51:00	00:53:03.90	00:53:52.00	5:03	11.9
53	SANOCKI JACEK	2453	DRUŻYNA JASNEJ	ZABRZE	POL	M-40	53	M 175	00:26:00	00:52:07	00:53:51.65	00:55:19.40	5:07	11.7
54	MUSIOŁ KRZYSZTOF	2333	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	NIEBOROWICE	POL	M-40	54	M 156	00:24:58	00:51:54	00:53:58.50	00:54:16.20	5:08	11.7
55	BANIAK PRZEMYSŁAW	2006		ZAWIERCIE	POL	M-40	55	M 162	00:25:38	00:52:07	00:54:08.15	00:54:38.00	5:09	11.6
56	TOMCZAK RAFAŁ	2550	ZABIEGANI NAUCZYCIELE	MIKOŁÓW	POL	M-40	56	M 163	00:25:39	00:52:14	00:54:09.95	00:54:38.60	5:09	11.6
57	GOZDZIŃSKI WOJCIECH	2131		GLIWICE	POL	M-40	57	M 159	00:24:38	00:52:10	00:54:12.55	00:54:33.20	5:09	11.6
58	PACAN KRZYSZTOF	2372		BYTOM	POL	M-40	58	M 176	00:25:22	00:52:36	00:54:36.30	00:55:20.70	5:12	11.5
59	TROSKO ADAM	2552		LIGOTA ŁĄBĘDZKA	POL	M-40	59	M 192	00:24:39	00:52:59	00:54:51.95	00:56:01.15	5:13	11.5
60	DWORACZEK GRZEGORZ	2092	TRIDIVISION TRIATHLON TEAM	BYTOM	POL	M-40	60	M 184	00:26:24	00:52:56	00:54:56.75	00:55:46.30	5:14	11.5
61	DYMEK DARIUSZ	2094		KNURÓW	POL	M-40	61	M 178	00:26:07	00:53:09	00:55:14.70	00:55:23.10	5:15	11.4
62	ZIEMBA GRZEGORZ	2620		ZABRZE	POL	M-40	62	M 218	00:26:59	00:53:31	00:55:25.75	00:57:19.80	5:16	11.4
63	CHĘCIŃSKI TOMASZ	2050		GLIWICE	POL	M-40	63	M 193	00:25:44	00:53:34	00:55:31.80	00:56:05.20	5:17	11.3
64	KOWALCZYK GRZEGORZ	2230		GLIWICE	POL	M-40	64	M 185	00:25:19	00:53:32	00:55:37.10	00:55:53.20	5:17	11.3
65	SZYMAŃSKI PIOTR	2535		ZABRZE	POL	M-40	65	M 219	00:27:01	00:53:48	00:55:50.95	00:57:23.90	5:19	11.3
66	JARON GRZEGORZ	2174		BYTOM	POL	M-40	66	M 211	00:26:52	00:53:59	00:55:56.55	00:57:07.85	5:19	11.3
67	PAWLETA MICHAŁ	2383	BPRT	GLIWICE	POL	M-40	67	M 217	00:27:00	00:54:01	00:56:01.55	00:57:15.95	5:20	11.2
68	KOZŁOWSKI MARIUSZ	2243	KB ODRA OPOLE	OPOLE	POL	M-40	68	M 209	00:27:22	00:54:12	00:56:07.65	00:57:00.20	5:20	11.2
69	MATULICZ DAMIAN	2313		GLIWICE	POL	M-40	69	M 201	00:25:25	00:53:59	00:56:09.85	00:56:30.00	5:20	11.2
70	MAŃKA ADAM	2307		GLIWICE	POL	M-40	70	M 228	00:28:04	00:54:46	00:56:43.30	00:58:04.20	5:24	11.1
71	MAGURNO FRANCO	2677		GLIWICE	POL	M-40	71	M 224	00:26:49	00:54:57	00:56:49.90	00:57:34.50	5:24	11.1
72	SUPERNAK MARCIN	2507		GLIWICE	POL	M-40	72	M 241	00:27:25	00:54:54	00:56:53.65	00:58:41.80	5:25	11.1
73	CHOLEWA GRZEGORZ	2054		PYSKOWICE	POL	M-40	73	M 220	00:26:54	00:55:09	00:57:13.00	00:57:25.70	5:26	11
74	KRÓLIK ARKADIUSZ	2246	MARO TEAM JASTRZĘBIE-ŻORY	JASTRZĘBIE-ZDRÓJ	POL	M-40	74	M 237	00:27:32	00:56:02	00:57:58.95	00:58:29.45	5:31	10.9
75	ZDANOWICZ MICHAŁ	2614		GLIWICE	POL	M-40	75	M 233	00:26:02	00:56:09	00:58:14.20	00:58:27.30	5:32	10.8
76	OSTROWSKI ZIEMOWIT	2371	POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO	SMOLNICA	POL	M-40	76	M 251	00:28:08	00:56:19	00:58:19.25	00:59:41.40	5:33	10.8
77	SKULSKI TOMASZ	2469	LILA LOGISTIK	GLIWICE	POL	M-40	77	M 246	00:26:53	00:56:23	00:58:33.30	00:59:11.25	5:34	10.8
78	CHOJKOWSKI MICHAŁ	2051		MYSŁOWICE	POL	M-40	78	M 252	00:27:33	00:56:40	00:58:49.75	00:59:47.00	5:36	10.7
79	OLEARCZUK GRZEGORZ	2359		MAKOWCZYCE	POL	M-40	79	M 271	00:27:31	00:57:07	00:59:13.70	01:01:12.40	5:38	10.6
80	ŚWIDER TOMASZ	2540	LARMO TEAM	BYTOM	POL	M-40	80	M 277	00:28:52	00:57:35	00:59:37.00	01:01:42.05	5:40	10.6
81	ZALESKI ARKADIUSZ	2608		GLIWICE	POL	M-40	81	M 273	00:27:07	00:57:38	00:59:47.85	01:01:16.90	5:41	10.5
82	STARCZAŁA PIOTR	2494	MEGAWAT RUNNING TEAM	KSIĄŻENICE	POL	M-40	82	M 269	00:28:27	00:57:41	00:59:48.40	01:01:07.65	5:41	10.5
83	SZCZEGÓLSKI JAROSŁAW	2511		ZBROSŁAWICE	POL	M-40	83	M 282	00:28:59	00:57:40	00:59:53.45	01:01:57.35	5:42	10.5
84	PIERZCHAŁA JACEK	2394		SOSNOWIEC	POL	M-40	84	M 265	00:29:01	00:57:57	01:00:01.45	01:00:43.35	5:43	10.5
85	PACZKOWSKI JACEK	2375		ZABRZE	POL	M-40	85	M 281	00:28:41	00:58:25	01:00:34.50	01:01:56.60	5:46	10.4
86	KOTOWSKI PIOTR	2658		GLIWICE	POL	M-40	86	M 283	00:28:35	00:58:25	01:00:44.70	01:01:59.80	5:47	10.4

GLIWICKA DYCHA, M-40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
87	KORDECKI BARTOSZ	2225		KATOWICE	POL	M-40	87	M 289	00:28:44	00:58:30	01:00:49.85	01:02:39.90	5:47	10.4
88	FORYCIARZ ROBERT	2107		KNURÓW	POL	M-40	88	M 292	00:29:40	00:58:50	01:01:01.50	01:02:44.10	5:48	10.3
89	ZDZIEBKO ARTUR	2615		GLIWICE	POL	M-40	89	M 291	00:29:21	00:59:15	01:01:02.45	01:02:43.90	5:48	10.3
90	FRANIA ANDRZEJ	2109	JUDO TEAM MASTERS GLIWICE	GLIWICE	POL	M-40	90	M 297	00:29:56	00:59:16	01:01:03.80	01:02:55.85	5:48	10.3
91	ŁADA MIREK	2293		GLIWICE	POL	M-40	91	M 302	00:29:02	00:59:07	01:01:12.90	01:03:12.75	5:49	10.3
92	TATUŚ SEBASTIAN	2544		CHORZÓW	POL	M-40	92	M 287	00:29:02	00:58:53	01:01:14.05	01:02:26.10	5:49	10.3
93	WEJNER MARCIN	2568		GLIWICE	POL	M-40	93	M 304	00:28:49	00:59:01	01:01:19.45	01:03:14.40	5:50	10.3
94	PIÓRKOWSKI TOMASZ	2402		GLIWICE	POL	M-40	94	M 284	00:28:42	00:59:17	01:01:29.20	01:02:14.80	5:51	10.2
95	LESZKOVEN PIOTR	2274	FLUOR	GLIWICE	POL	M-40	95	M 299	00:30:15	00:59:39	01:01:42.25	01:03:06.20	5:52	10.2
96	ROJEK MICHAŁ	2433	WKURW_TEAM	GLIWICE	POL	M-40	96	M 295	00:29:29	00:59:44	01:01:50.35	01:02:50.55	5:53	10.2
97	GRADZIŃSKI ARTUR	2138	FLUOR	GLIWICE	POL	M-40	97	M 311	00:29:57	00:59:55	01:02:12.05	01:03:56.60	5:55	10.1
98	MALINOWSKI PRZEMYSŁAW	2305		RYBNIK	POL	M-40	98	M 290	00:29:28	00:59:58	01:02:14.65	01:02:42.30	5:55	10.1
99	NIEMIEC RAFAŁ	2338	INTERGRAFIK POLSKA	ZABRZE	POL	M-40	99	M 324	00:30:05	01:01:31	01:03:46.30	01:05:07.95	6:04	9.9
100	STANGEL MICHAŁ	2648		GLIWICE	POL	M-40	100	M 316	00:30:18	01:01:59	01:04:04.40	01:04:36.80	6:06	9.8
101	WERKOWSKI MAREK	2569		KATOWICE	POL	M-40	101	M 325	00:29:05	01:02:31	01:04:51.50	01:05:32.90	6:10	9.7
102	PRZYGOCKI ROBERT	2418		GLIWICE	POL	M-40	102	M 334	00:29:50	01:03:26	01:05:55.30	01:06:29.75	6:16	9.6
103	KOPEĆ MAREK	2673		GLIWICE	POL	M-40	103	M 342	00:30:08	01:04:03	01:06:15.70	01:07:39.15	6:18	9.5
104	HOLIK MAREK	2160		CHRUSZCZOBRÓD	POL	M-40	104	M 347	00:29:43	01:03:50	01:06:37.50	01:08:31.00	6:20	9.5
105	GILLNER RAFAŁ	2124		GLIWICE	POL	M-40	105	M 353	00:32:04	01:05:18	01:07:50.45	01:09:51.55	6:27	9.3
106	SOWA IRENEUSZ	2487	SOWA TEAM	OPOLE	POL	M-40	106	M 354	00:32:19	01:05:30	01:08:20.90	01:10:03.45	6:30	9.2
107	TOKARZ DOMINIK	2547	ENERGY OŚWIĘCIM	OŚWIĘCIM	POL	M-40	107	M 348	00:32:36	01:06:20	01:08:38.35	01:08:57.85	6:32	9.2
108	MIGDAŁ GRZEGORZ	2325		GLIWICE	POL	M-40	108	M 358	00:32:09	01:06:14	01:08:50.10	01:10:48.20	6:33	9.2
109	OSIŃSKI KRZYSZTOF	2369	DTIQ POLAND	GLIWICE	POL	M-40	109	M 357	00:32:43	01:06:28	01:08:56.60	01:10:40.05	6:34	9.1
110	BRODIUK NORBERT	70	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	110	M 360	00:31:58	01:08:28	01:10:52.25	01:11:50.90	6:44	8.9
111	JASTO SŁAWOMIR	2176		KNURÓW	POL	M-40	111	M 361	00:33:59	01:08:48	01:11:15.55	01:12:18.30	6:47	8.8
112	KOCHANEK JAROSŁAW	2215	MOMO TEAM	GLIWICE	POL	M-40	112	M 375	00:37:29	01:12:41	01:15:27.00	01:17:30.95	7:11	8.3
113	SZENDZIELORZ MAREK	2518		GLIWICE	POL	M-40	113	M 370	00:34:53	01:13:08	01:15:48.25	01:16:23.60	7:13	8.3
114	STELMASZCZUK DAMIAN	2496		GLIWICE	POL	M-40	114	M 380	00:40:07	01:25:28	01:28:23.20	01:28:34.90	8:25	7.1
115	DOMAN ŁUKASZ	2079	SOCIOS SILESIA	RUDA ŚLĄSKA	POL	M-40	115	M 386						

GLIWICKA DYCHA, K-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	SZCZOTKA ILONA	2515		KATOWICE	POL	K-50	1	K 25	00:25:21	00:51:56	00:53:56.25	00:54:25.30	5:08	11.7
2	GAJ KAMILA	2112	NIGHT RUNNERS GLIWICE	KNURÓW	POL	K-50	2	K 49	00:27:00	00:55:38	00:57:48.35	00:58:06.70	5:30	10.9
3	NOWAK EWA	2346		GLIWICE	POL	K-50	3	K 133	00:29:56	01:01:59	01:04:34.05	01:05:44.10	6:08	9.8
4	STRASSBERGER KATARZYNA	2652		GLIWICE	POL	K-50	4	K 142	00:31:13	01:02:24	01:04:45.90	01:06:19.35	6:10	9.7
5	KUBICA BOŻENA	2252	ZABIEGANI NAUCZYCIELE	ORNONTOWICE	POL	K-50	5	K 154	00:31:10	01:04:04	01:06:30.75	01:07:11.05	6:20	9.5
6	JUSZCZAK EWA	2185		GLIWICE	POL	K-50	6	K 175	00:32:39	01:07:01	01:09:29.35	01:10:36.80	6:37	9.1
7	GALICZEK LIDIA	2115	OPEL ACTIVE TEAM	GLIWICE	POL	K-50	7	K 192	00:33:59	01:08:50	01:11:18.70	01:12:44.50	6:47	8.8
8	BRYCHLEC RENATA	2037	SZARE MORSY	WIŚLICA	POL	K-50	8	K 207	00:34:07	01:11:13	01:13:37.60	01:15:20.85	7:00	8.6

GLIWICKA DYCHA, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	CZARNOZYŃSKI ALEKSANDER	2067	GTT INTERPROJEKT	GLIWICE	POL	M-50	1	M 42	00:21:55	00:43:53	00:45:31.60	00:45:38.05	4:20	13.8
2	ALKER ZBIGNIEW	2000	ALKER TEAM	GLIWICE	POL	M-50	2	M 49	00:22:18	00:44:54	00:46:38.55	00:46:55.00	4:26	13.5
3	SZCZOTKA ANDRZEJ	2516		KATOWICE	POL	M-50	3	M 60	00:22:34	00:45:39	00:47:24.20	00:47:53.20	4:30	13.3
4	MACIĄŻEK MAREK	2667	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M-50	4	M 57	00:22:54	00:45:55	00:47:40.55	00:47:47.40	4:32	13.2
5	STANISZEWSKI JANUSZ	2492		BYTOM	POL	M-50	5	M 92	00:23:47	00:48:32	00:50:19.70	00:50:48.70	4:47	12.5
6	KOWALCZYK ROBERT	2229	ISTA BIEGAMY	PRZYSZOWICE	POL	M-50	6	M 187	00:25:54	00:52:51	00:54:51.40	00:55:53.85	5:13	11.5
7	ZAWIERUCHA ALEKSANDER	2611	MARO-TEAM JASTRZĘBIE-ŻORY	ŻORY	POL	M-50	7	M 181	00:26:29	00:53:04	00:54:54.60	00:55:29.05	5:13	11.5
8	PĘCHERCZYK PIOTR	2391		CZELADŹ	POL	M-50	8	M 191	00:25:52	00:52:59	00:55:03.85	00:55:59.65	5:14	11.4
9	SAMOL GRZEGORZ	2448	GLIWICE	GLIWICE	POL	M-50	9	M 200	00:26:07	00:53:50	00:55:51.20	00:56:29.20	5:19	11.3

GLIWICKA DYCHA, M-50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
10	URBAŃSKI MACIEJ	2561		CHORZÓW	POL	M-50	10	M 216	00:26:37	00:54:52	00:56:59.90	00:57:15.35	5:25	11.1
11	WYPCHOŁ PIOTR	2599		BARGŁÓWKA	POL	M-50	11	M 280	00:29:52	00:58:24	01:00:30.70	01:01:54.70	5:45	10.4
12	GÓRA MAREK	2132	DRIV	TARNOWSKIE GÓRY	POL	M-50	12	M 296	00:30:01	01:00:24	01:02:42.45	01:02:50.85	5:58	10
13	PAPROCKI ROMAN	2380		GLIWICE	POL	M-50	13	M 326	00:31:49	01:01:43	01:03:57.20	01:05:35.65	6:05	9.9
14	GÓRECKI JANUSZ	2135		GLIWICE	POL	M-50	14	M 333	00:30:40	01:02:48	01:05:15.35	01:06:22.30	6:12	9.7
15	GRABYSZ WITOLD	2137		GLIWICE	POL	M-50	15	M 328	00:31:08	01:03:03	01:05:29.40	01:05:56.60	6:14	9.6
16	BEM ANDRZEJ	2015	OAT	GLIWICE	POL	M-50	16	M 338	00:30:30	01:04:05	01:06:35.80	01:06:56.25	6:20	9.5
17	ŻEROMSKI STEFAN	2651		GLIWICE	POL	M-50	17	M 351	00:32:27	01:04:38	01:06:58.70	01:09:08.30	6:22	9.4
18	GALICZEK BRONISŁAW	2114	OPEL ACTIVE TEAM	GLIWICE	POL	M-50	18	M 363	00:33:59	01:08:50	01:11:18.85	01:12:44.65	6:47	8.8
19	ROGÓŻ MARCIN	2431		ŻERNICA	POL	M-50	19	M 377	00:34:42	01:12:57	01:16:05.60	01:18:03.20	7:14	8.3
20	NĘDZA RYSZARD	2336	HIRSCHVOGEL	GLIWICE	POL	M-50	20	M 379	00:38:02	01:20:08	01:22:30.40	01:23:05.20	7:51	7.6
21	ŻOCHOWSKI MIROŚLAW	3127		GLIWICE	POL	M-50	21	M 382	00:41:50	01:33:26	01:36:17.70	01:36:17.70	9:10	6.5
22	ĆWIK PAWEŁ	2072		TYCHY	POL	M-50	22	M 383	00:28:04	01:53:31	02:00:06.85	02:01:15.55	11:26	5.2

GLIWICKA DYCHA, K-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	KANIA KRYSZYNA	2197		BIELSKO_BIALA	POL	K-60	1	K 71	00:27:50	00:55:57	00:57:57.85	00:59:59.65	5:31	10.9
2	ZNOJ-MULARCZYK TERESA	2627	BIEGNIJ LOLA BIEGNIJ	LIBIĄŻ	POL	K-60	2	K 122	00:29:39	01:01:22	01:03:43.90	01:03:59.35	6:04	9.9
3	KOZACZKIEWICZ HELENA	2237		KNURÓW	POL	K-60	3	K 196	00:33:50	01:10:16	01:13:05.70	01:13:32.30	6:57	8.6
4	KONOPACKA KRYSZYNA	2222		GLIWICE	POL	K-60	4	K 226	00:34:50	01:14:56	01:18:02.15	01:19:01.25	7:25	8.1

GLIWICKA DYCHA, M-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	10km	Netto	Brutto	min/km	km/h
1	NOWAKOWSKI ZENON	2350		ZABRZE	POL	M-60	1	M 76	00:23:40	00:47:26	00:49:11.35	00:49:48.05	4:41	12.8
2	PILSZYK KAZIMIERZ	2398	SENIORZY	GROJEC	POL	M-60	2	M 118	00:24:39	00:49:29	00:51:21.85	00:52:20.90	4:53	12.3
3	WIETRZYCKI ZENON	2573	MOMO TEAM	GLIWICE	POL	M-60	3	M 120	00:24:16	00:50:15	00:52:16.70	00:52:21.10	4:58	12
4	OGONOWSKI EDWARD	2355	ŻÓŁWIK OPOLE	OPOLE	POL	M-60	4	M 157	00:25:49	00:51:28	00:53:23.30	00:54:19.15	5:05	11.8
5	SZCZERZEK ZBIGNIEW	2514		ZABRZE	POL	M-60	5	M 182	00:25:24	00:52:28	00:54:47.45	00:55:29.35	5:13	11.5
6	KOZIOL RYSZARD	2240	SOSNICA	GLIWICE	POL	M-60	6	M 188	00:25:54	00:53:35	00:55:40.25	00:55:54.75	5:18	11.3
7	OKOŃ ZDZISŁAW	2358		KNURÓW	POL	M-60	7	M 232	00:28:37	00:55:44	00:57:45.95	00:58:27.00	5:30	10.9
8	BRYLIŃSKI RYSZARD	2038		ZABRZE	POL	M-60	8	M 226	00:27:00	00:55:44	00:57:46.65	00:57:57.85	5:30	10.9
9	ZAREMBA TADEUSZ	2609	STARY HANGAR	GLIWICE	POL	M-60	9	M 274	00:28:24	00:58:33	01:00:46.55	01:01:22.80	5:47	10.4
10	MIŁKOWSKI ANDRZEJ	2327		GLIWICE	POL	M-60	10	M 275	00:28:33	00:58:50	01:01:07.65	01:01:33.20	5:49	10.3
11	KOZŁOWSKI ANDRZEJ JERZY	2241		ZABRZE	POL	M-60	11	M 306	00:29:05	01:00:07	01:02:32.55	01:03:28.15	5:57	10.1
12	CIESZYŃSKI MAREK	2692		KRAKÓW	POL	M-60	12	M 344	00:31:30	01:04:05	01:06:33.20	01:07:58.55	6:20	9.5
13	BENTKOWSKI LESŁAW	2016	DIRTY SPARROWS	GLIWICE	POL	M-60	13	M 355	00:33:26	01:07:29	01:09:59.45	01:10:16.00	6:40	9
14	CEBULA WOJCIECH	2046		GLIWICE	POL	M-60	14	M 368	00:32:22	01:10:50	01:14:02.65	01:16:10.05	7:03	8.5
15	MOCZULSKI WOJCIECH	2659		RUDNO	POL	M-60	15	M 373	00:35:12	01:12:31	01:15:33.80	01:16:54.40	7:11	8.3