

**BIAŁOŁĘCKI BIEG WOLNOŚCI**

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa

Data: 2019-12-14

Miejsce: Warszawa

Dystans: 13 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 64 miejsc wg czasu brutto


**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKI ŁUKASZ	277	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:00:16	00:14:15	00:28:26	00:42:46.20	00:42:48.15	3:17	18.2
2	SŁUPIK TOMASZ	455		WARSZAWA	POL	M1 < 29 LAT	1	M 2	00:00:15	00:14:15	00:28:39	00:43:19.00	00:43:20.50	3:19	18
3	FALKOWSKI BARTEK	77	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	2	M 3	00:00:16	00:14:44	00:29:30	00:44:14.55	00:44:16.10	3:24	17.6
4	BĘTKOWSKI PIOTR	475		WARSZAWA	POL	M2 30-39 LAT	3	M 4	00:00:17	00:14:45	00:29:35	00:44:50.75	00:44:52.20	3:27	17.4
5	JOSYPENKO JĘDRZEJ	487	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	4	M 5	00:00:16	00:14:44	00:30:01	00:45:51.60	00:45:53.70	3:31	17
6	TABER KONRAD	371	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	BRWINÓW	POL	M1 < 29 LAT	2	M 6	00:00:16	00:15:23	00:30:52	00:46:30.85	00:46:31.95	3:34	16.8
7	MASIAREK MACIEJ	227		PIOTRKÓW TRYBUNALSKI	POL	M1 < 29 LAT	3	M 7	00:00:15	00:15:08	00:30:57	00:46:53.85	00:46:57.05	3:36	16.6
8	FIODOROW TOMASZ	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	5	M 8	00:00:15	00:15:32	00:31:42	00:47:35.10	00:47:36.85	3:39	16.4
9	URMANOWSKI DANIEL	386	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:00:16	00:15:23	00:31:27	00:47:37.75	00:47:40.35	3:39	16.4
10	HILDEBRAND MARCIN	127	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	7	M 10	00:00:19	00:16:05	00:32:03	00:48:04.55	00:48:06.85	3:41	16.2
11	KIELAK LESZEK	488	ENTRE RUNNING	SULEJÓWEK	POL	M2 30-39 LAT	8	M 11	00:00:22	00:16:10	00:32:19	00:48:22.10	00:48:22.10	3:43	16.1
12	ŁĄBĘDZKI KONRAD	520	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	9	M 12	00:00:18	00:16:29	00:32:29	00:48:37.10	00:48:39.45	3:44	16
13	GRZYBOWSKI PAWEŁ	119	TEAM PARSZCZYŃSKICH	GOLENIOWO	POL	M2 30-39 LAT	10	M 13	00:00:16	00:15:39	00:32:16	00:48:49.10	00:48:51.05	3:45	16
14	GOZDEK SCYZORYK	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	1	M 14	00:00:18	00:16:19	00:32:46	00:49:11.15	00:49:13.45	3:47	15.9
15	WERNER KAMIL	394	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGT EAM	WARSZAWA	POL	M2 30-39 LAT	11	M 15	00:00:17	00:16:08	00:32:49	00:49:27.45	00:49:30.45	3:48	15.8
16	NOWOSIELSKI GRZEGORZ	448	ŻÓRAWSKI TEAM	WARSZAWA	POL	M1 < 29 LAT	4	M 16	00:00:20	00:16:46	00:33:20	00:49:32.30	00:49:34.70	3:48	15.7
17	GAŁUSZKA FILIP	92	KOKOSZKA36TEAM	WARSZAWA	POL	M2 30-39 LAT	12	M 17	00:00:20	00:16:53	00:33:39	00:50:11.85	00:50:15.50	3:51	15.5
18	PRZYBYŁA KRZYSZTOF	499	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	13	M 18	00:00:18	00:16:37	00:33:21	00:50:23.95	00:50:26.35	3:52	15.5
19	MIELCZAREK KRZYSZTOF	236	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	2	M 19	00:00:18	00:16:26	00:33:27	00:50:23.40	00:50:27.60	3:52	15.5
20	BIAŁEK PIOTR	476	3BRO	OLSZTYN	POL	M2 30-39 LAT	14	M 20	00:00:18	00:16:53	00:33:54	00:50:48.10	00:50:50.85	3:54	15.4
21	MAJCHRZAK SŁAWOMIR	218	UKS TYCHOW STARY	STARACHOWICE	POL	M4 50-59	1	M 21	00:00:18	00:16:52	00:33:53	00:50:51.20	00:50:54.20	3:54	15.3
22	KOTLENGA PRZEMYSŁAW	180		IŁAWA	POL	M2 30-39 LAT	15	M 22	00:00:18	00:16:46	00:34:05	00:50:59.65	00:51:02.60	3:55	15.3
23	KRÓL DARIUSZ	534	ZABIEGANY WOŁOMIN	WOŁOMIN		M4 50-59	2	M 23	00:00:21	00:17:07	00:34:14	00:51:11.45	00:51:14.35	3:56	15.2
24	PARSZCZYŃSKA IZABELA	276	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:00:19	00:16:52	00:34:14	00:51:36.55	00:51:38.85	3:58	15.1
25	TOMCZAK MARCIN	377	1980	CIECHANÓW	POL	M2 30-39 LAT	16	M 24	00:00:20	00:17:07	00:34:41	00:52:18.30	00:52:21.50	4:01	14.9
26	KUBERA PIOTR	194	ADIDAS RUNNERS WARSAW	JÓZEFÓW	POL	M3 40-49 LAT	3	M 25	00:00:22	00:17:21	00:35:04	00:52:36.00	00:52:36.00	4:02	14.8
27	STRADOMSKI ARTUR	345	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	4	M 26	00:00:20	00:17:33	00:35:05	00:52:38.75	00:52:42.70	4:03	14.8
28	SAWICKA ANNA	502	DREAM RUN	WARSZAWA	POL	K2 30-39 LAT	2	K 2	00:00:21	00:17:32	00:35:06	00:52:46.55	00:52:50.35	4:03	14.8
29	ANUSIEWICZ ROBERT	474		WARSZAWA	POL	M3 40-49 LAT	5	M 27	00:00:21	00:17:55	00:35:41	00:52:55.95	00:53:00.45	4:04	14.7
30	PYTLIŃSKI RAFAŁ	298		JÓZEFÓW	POL	M3 40-49 LAT	6	M 28	00:00:20	00:17:53	00:35:38	00:53:03.30	00:53:06.55	4:04	14.7
31	SZMIGIELSKI MATEUSZ	531		CHOTOMÓW		M1 < 29 LAT	5	M 29	00:00:27	00:17:33	00:35:01	00:53:16.40	00:53:24.95	4:05	14.6
32	GAJEK IRENEUSZ	89		CIECHANÓW	POL	M3 40-49 LAT	7	M 30	00:00:25	00:18:02	00:35:42	00:53:28.15	00:53:38.75	4:06	14.6
33	NOWOCIEŃ JACEK	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 31	00:00:21	00:17:57	00:35:44	00:53:40.80	00:53:44.60	4:07	14.5
34	GOŁYŃSKI TOMASZ	483		WARSZAWA	POL	M2 30-39 LAT	17	M 32	00:00:24	00:17:32	00:35:47	00:54:06.35	00:54:15.40	4:09	14.4
35	UGRYN MACIEJ	384	WWW.RUNISMYFUN.COM	WARSZAWA	POL	M2 30-39 LAT	19	M 33	00:00:20	00:17:34	00:35:28	00:54:42.15	00:54:44.75	4:12	14.3
36	TARAS MARCIN	372		WARSZAWA	POL	M2 30-39 LAT	18	M 34	00:00:25	00:17:48	00:36:17	00:54:40.35	00:54:48.45	4:12	14.3
37	ROWIŃSKI TOMASZ	307	PIASECZNO	PIASECZNO	POL	M3 40-49 LAT	8	M 35	00:00:17	00:17:43	00:36:46	00:54:55.50	00:54:57.55	4:13	14.2
38	BRODACKI WALDEMAR	36	CHEMIK NOXY PUŁAWY	PUŁAWY	POL	M5 60+	2	M 36	00:00:26	00:18:34	00:36:34	00:54:50.05	00:54:58.60	4:13	14.2
39	TURSKI MACIEJ	511	MMA, TYLKO MMA	PIONKI	POL	M1 < 29 LAT	6	M 37	00:00:21	00:18:07	00:36:17	00:54:56.50	00:55:03.05	4:13	14.2
40	MIELCZAREK MAREK	235	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	10	M 38	00:00:19	00:18:12	00:36:42	00:55:00.30	00:55:05.35	4:13	14.2

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
41	SIERZPUTOWSKI ROBERT	453	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	11	M 39	00:00:20	00:18:18	00:36:40	00:55:02.80	00:55:06.30	4:14	14.2
42	MANELSKI ARTUR	442	DOBRZYNSKI KLUB ZEGLARSKI	URSZULEWO	POL	M2 30-39 LAT	20	M 40	00:00:21	00:18:35	00:37:06	00:55:06.40	00:55:10.80	4:14	14.2
43	KOŚCIK JAKUB	436		WARSZAWA	POL	M2 30-39 LAT	21	M 41	00:00:30	00:19:03	00:37:08	00:55:07.00	00:55:12.95	4:14	14.2
44	OCZKOWSKI MATEUSZ	264	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M3 40-49 LAT	9	M 42	00:00:34	00:18:44	00:36:48	00:54:58.60	00:55:16.20	4:13	14.2
45	NIEZGODA PRZEMYSŁAW	250		WARSZAWA	POL	M2 30-39 LAT	22	M 43	00:00:26	00:18:40	00:37:16	00:55:11.15	00:55:18.65	4:14	14.1
46	SZWARC SZYMON	364		WARSZAWA	POL	M1 < 29 LAT	7	M 44	00:00:23	00:17:51	00:36:22	00:55:13.05	00:55:19.05	4:14	14.1
47	KALINOWSKI ŁUKASZ	148		WARSZAWA	POL	M2 30-39 LAT	23	M 45	00:00:24	00:19:05	00:37:30	00:55:19.10	00:55:26.15	4:15	14.1
48	TYMICKI ZBIGNIEW	382	ENTRE.PL TEAM	WARSZAWA	POL	M4 50-59	3	M 46	00:00:27	00:19:02	00:37:19	00:55:33.80	00:55:42.50	4:16	14
49	ZIÓŁKOWSKI JACEK	420		WARSZAWA	POL	M4 50-59	4	M 47	00:00:21	00:18:35	00:37:28	00:55:59.55	00:56:01.40	4:18	13.9
50	DĄBROWSKI MICHAŁ	63		PUŁTUSK	POL	M2 30-39 LAT	24	M 48	00:00:23	00:18:22	00:37:12	00:56:03.00	00:56:09.55	4:18	13.9
51	GWIZDAŁA Cezary	122	KUŹNIA TRIATHLONU	WARSZAWA	POL	M3 40-49 LAT	12	M 49	00:00:22	00:18:40	00:37:23	00:56:06.95	00:56:12.30	4:19	13.9
52	KOWALEWSKI ŁUKASZ	491	BISKUPIEC BIEGA	BISKUPIEC	POL	M2 30-39 LAT	25	M 50	00:01:48	00:18:55	00:37:33	00:56:24.00	00:56:24.00	4:20	13.8
53	SARZAŁA DARIUSZ	315	AKS POLONIA WARSZAWA	WARSZAWA	POL	M5 60+	3	M 51	00:00:20	00:18:52	00:37:43	00:56:28.45	00:56:30.75	4:20	13.8
54	JASKÓŁOWSKI WALDEMAR	135	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M4 50-59	5	M 52	00:00:41	00:19:15	00:38:02	00:56:51.55	00:56:51.55	4:22	13.7
55	SKOTNICKI PIOTR	325		KRAKÓW	POL	M2 30-39 LAT	26	M 53	00:00:25	00:18:47	00:37:58	00:56:44.80	00:56:54.00	4:21	13.7
56	KORKOSZ ANDRZEJ	174		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	13	M 54	00:00:24	00:19:14	00:38:06	00:56:51.80	00:56:57.05	4:22	13.7
57	JAWORSKI PIOTR	137	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	15	M 55	00:00:19	00:18:15	00:37:34	00:56:54.80	00:56:58.90	4:22	13.7
58	MICHNOWSKI SEBASTIAN	233		WARSZAWA	POL	M3 40-49 LAT	14	M 56	00:00:27	00:18:58	00:38:02	00:56:53.45	00:57:02.30	4:22	13.7
59	WASZKIEWICZ ARIEL	465	WASZKA TEAM	MROZY WIELKIE	POL	M3 40-49 LAT	16	M 57	00:00:30	00:19:42	00:38:30	00:57:14.05	00:57:25.90	4:24	13.6
60	GĘBALA WOJTEK	94		WARSZAWA	POL	M3 40-49 LAT	17	M 58	00:00:24	00:19:04	00:38:25	00:57:21.70	00:57:27.75	4:24	13.6
61	FILIPCZUK DARIUSZ	83		ZIELONKA	POL	M4 50-59	6	M 59	00:00:23	00:19:05	00:38:23	00:57:32.95	00:57:38.95	4:25	13.6
62	PUTON MICHAŁ	295		LIPSKO	POL	M2 30-39 LAT	27	M 60	00:00:25	00:18:30	00:37:30	00:57:34.30	00:57:43.20	4:25	13.5
63	SMORAWSKI WODZISŁAW	331		WARSZAWA	POL	M2 30-39 LAT	30	M 61	00:00:48	00:19:57	00:38:48	00:57:57.00	00:57:57.00	4:27	13.5
64	OCHENKOWSKI SEBASTIAN	263		WARSZAWA	POL	M2 30-39 LAT	29	M 62	00:00:24	00:19:05	00:38:26	00:57:53.35	00:57:57.80	4:27	13.5
65	MACANDER JAKUB	496		SKIERNIEWICE	POL	M1 < 29 LAT	8	M 63	00:00:17	00:18:38	00:37:35	00:56:38.25	01:01:12.45	4:21	13.8
66	WITKOWSKI ŁUKASZ	405	NASIELSK BASZTA TEAM	NASIELSK	POL	M2 30-39 LAT	28	M 64	00:00:35	00:19:31	00:38:46	00:57:37.30	00:57:58.05	4:26	13.5
67	MISZTA BARBARA	240	KS STASZEWCY	ZĄBKI	POL	K3 40-49 LAT	1	K 3	00:00:22	00:19:30	00:38:51	00:57:57.40	00:58:01.40	4:27	13.5
68	WIŚNIEWSKI KRZYSZTOF	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	OSTROŁĘKA	POL	M3 40-49 LAT	18	M 65	00:00:25	00:19:20	00:38:39	00:57:58.30	00:58:04.45	4:27	13.5
69	TROJANOWSKI RAFAŁ	379	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M1 < 29 LAT	9	M 66	00:00:22	00:19:05	00:38:32	00:58:06.90	00:58:11.45	4:28	13.4
70	BRODZIK ARKADIUSZ	426		KUFLEW	POL	M2 30-39 LAT	19	M 67	00:00:16	00:18:16	00:38:04	00:58:07.00	00:58:09.65	4:28	13.4
71	MAMLA ZBIGNIEW	221	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	31	M 68	00:00:26	00:18:40	00:38:18	00:58:11.85	00:58:21.55	4:28	13.4
72	KALKO VITALII	149		WARSZAWA	POL	M2 30-39 LAT	32	M 69	00:00:24	00:18:34	00:38:39	00:58:20.10	00:58:24.85	4:29	13.4
73	RESZCZYK MARCIN	302		WARSZAWA	POL	M3 40-49 LAT	20	M 70	00:00:33	00:19:56	00:39:17	00:58:21.80	00:58:55.15	4:29	13.4
74	PUCHACZ PIOTR	294	MPK	WARSZAWA	POL	M3 40-49 LAT	21	M 71	00:00:36	00:19:20	00:38:45	00:58:25.35	00:58:40.90	4:29	13.4
75	KSIEL ARTUR	192		WARSZAWA	POL	M2 30-39 LAT	33	M 72	00:00:27	00:19:36	00:39:06	00:58:39.70	00:58:47.20	4:30	13.3
76	MICHALSKI RYSZARD	445	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	M2 30-39 LAT	34	M 73	00:00:23	00:19:31	00:39:32	00:58:47.30	00:58:56.45	4:31	13.3
77	SYGOCKI KONRAD	352	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	22	M 74	00:00:35	00:19:25	00:38:56	00:58:48.25	00:59:08.65	4:31	13.3
78	GÓRAL TADEUSZ	540	KKB	WARSZAWA	POL	M3 40-49 LAT	23	M 75	00:00:23	00:19:25	00:39:05	00:58:49.40	00:58:52.30	4:31	13.3
79	KANIA PAWEŁ	153	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	24	M 76	00:00:23	00:18:57	00:38:55	00:58:53.40	00:59:00.05	4:31	13.2
80	NAPIÓRKOWSKI GRZEGORZ	246	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI DOLNE	POL	M3 40-49 LAT	25	M 77	00:00:27	00:19:04	00:39:04	00:58:58.30	00:59:04.75	4:32	13.2
81	ŚMIETAŃSKI PIOTR	459	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI	POL	M3 40-49 LAT	26	M 78	00:00:29	00:19:34	00:38:50	00:59:02.95	00:59:19.70	4:32	13.2
82	SERAFIN TOMASZ	503		WARSZAWA	POL	M3 40-49 LAT	27	M 79	00:00:25	00:19:08	00:39:20	00:59:13.80	00:59:20.65	4:33	13.2
83	PLATEK TOMASZ	529		WARSZAWA	POL	M2 30-39 LAT	35	M 80	00:00:26	00:19:45	00:39:41	00:59:15.20	00:59:20.25	4:33	13.2
84	ROPIAK PAWEŁ	305		WARSZAWA	POL	M1 < 29 LAT	10	M 81	00:01:02	00:20:04	00:39:27	00:59:24.10	00:59:24.10	4:34	13.1
85	RYMKIEWICZ ZBIGNIEW	312		ZĄBKI	POL	M2 30-39 LAT	36	M 82	00:00:25	00:19:35	00:39:33	00:59:26.05	00:59:33.30	4:34	13.1
86	WISZOWATY PIOTR	401		WARSZAWA	POL	M2 30-39 LAT	37	M 83	00:00:28	00:19:52	00:39:44	00:59:30.50	00:59:37.85	4:34	13.1
87	STĘPIEŃ ADAM	342		WARSZAWA	POL	M2 30-39 LAT	38	M 84	00:00:26	00:20:01	00:40:05	00:59:41.00	00:59:47.85	4:35	13.1
88	RZEPLIŃSKI JACEK	501		RUNÓW	POL	M4 50-59	7	M 85	00:00:27	00:19:38	00:39:36	00:59:41.15	00:59:53.30	4:35	13.1
89	HAJKOWICZ ADAM	528		WARSZAWA	POL	M4 50-59	8	M 86	00:00:25	00:19:45	00:39:43	00:59:51.35	00:59:56.90	4:36	13
90	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	28	M 87	00:00:26	00:19:53	00:40:02	00:59:53.15	01:00:02.65	4:36	13
91	KACZMAREK JAKUB	144		WARSZAWA	POL	M1 < 29 LAT	11	M 88	00:00:20	00:18:03	00:40:25	01:00:02.20	01:00:02.20	4:37	13
92	CNOTA MACIEK	55		WARSZAWA	POL	M2 30-39 LAT	39	M 89	00:00:27	00:19:49	00:39:57	01:00:17.10	01:00:28.15	4:38	12.9
93	OPIATOWSKI RYSZARD	269		KOBYŁKA	POL	M4 50-59	9	M 90	00:00:28	00:20:11	00:40:22	01:00:22.60	01:00:33.95	4:38	12.9

**BIĄŁOLEŃSKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
94	FRE LUIS	430	WOLNA WENEZUELA	MARKI	POL	M4 50-59	10	M 91	00:00:22	00:20:18	00:40:30	01:00:27.85	01:00:32.15	4:39	12.9
95	DĄBROWSKI DANIEL	61	FARMACJA TARCHOMIN	WARSZAWA	POL	M1 < 29 LAT	12	M 92	00:00:35	00:20:21	00:41:12	01:00:28.00	01:00:44.05	4:39	12.9
96	FRANK MICHAŁ	85	JW 2414	LEGIONOWO	POL	M2 30-39 LAT	40	M 93	00:00:27	00:19:53	00:39:52	01:00:30.35	01:00:38.25	4:39	12.9
97	STAŃCZUK LESZEK	505	YULO RUN TEAM SIEDLCE	CHODÓW	POL	M4 50-59	11	M 94	00:00:26	00:20:15	00:40:26	01:00:48.95	01:00:59.05	4:40	12.8
98	MAZUR PIOTR	228	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	41	M 95	00:00:33	00:20:50	00:40:44	01:00:49.00	01:01:16.05	4:40	12.8
99	GLINKA KAROL	97	PUŁTUSK	PUŁTUSK	POL	M2 30-39 LAT	42	M 96	00:00:36	00:20:35	00:40:40	01:00:49.95	01:01:22.50	4:40	12.8
100	ŚWIERCZ ANDRZEJ	509	KB IM. PIOTRA SĘKOWSKIEGO	PLOŃSK	POL	M4 50-59	12	M 97	00:00:26	00:20:01	00:40:19	01:00:50.65	01:01:00.75	4:40	12.8
101	ORLIŃSKI KRZYSZTOF	498	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	43	M 98	00:00:35	00:20:44	00:40:49	01:00:55.30	01:01:32.85	4:41	12.8
102	DERESZEWSKI PIOTR	64	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	29	M 99	00:00:30	00:21:11	00:41:25	01:01:00.60	01:01:16.45	4:41	12.8
103	WINKOWSKA-STRUZIK MAGDALENA	400	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	3	K 4	00:00:27	00:19:48	00:40:21	01:01:01.05	01:01:09.35	4:41	12.8
104	BYSTRY GRZEGORZ	41	KS LENIWIEC	BARANÓW	POL	M3 40-49 LAT	30	M 100	00:00:30	00:20:30	00:40:37	01:01:04.45	01:01:28.60	4:41	12.8
105	CHARLEJ IRENEUSZ	45	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	31	M 101	00:00:26	00:19:57	00:40:42	01:01:06.10	01:01:15.55	4:42	12.8
106	GÓJSKI MIROSLAW	107	HYDROMIR	WARSZAWA	POL	M4 50-59	13	M 102	00:00:28	00:20:00	00:40:19	01:01:12.40	01:01:28.05	4:42	12.7
107	KOŁODZIEJCZYK KRZYSZTOF	170	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	32	M 103	00:00:36	00:19:31	00:40:26	01:01:12.45	01:01:31.45	4:42	12.7
108	KUSY MARCIN	493	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	33	M 104	00:00:29	00:20:47	00:41:26	01:01:13.25	01:01:26.90	4:42	12.7
109	MOSUR KAMIL	242	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	34	M 105	00:00:30	00:21:05	00:41:25	01:01:21.40	01:01:36.50	4:43	12.7
110	SZYSZKO EWA	368	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	4	K 5	00:00:23	00:20:25	00:41:03	01:01:34.60	01:01:39.30	4:44	12.7
111	CIMOCHOWSKI MIECZYSLAW	53	MC SERWIS	KANIE	POL	M3 40-49 LAT	35	M 106	00:00:28	00:20:06	00:40:55	01:01:46.90	01:01:56.80	4:45	12.6
112	MORELowska MARIA	241	WALHALLA FIGHT CLUB	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	2	K 6	00:00:25	00:20:27	00:41:02	01:01:49.60	01:01:53.30	4:45	12.6
113	SZACHNA PIOTR	354	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	36	M 107	00:00:36	00:22:45	00:42:49	01:01:50.60	01:02:08.65	4:45	12.6
114	LUBIŃSKI KRZYSZTOF	495	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	37	M 108	00:00:35	00:20:35	00:40:59	01:01:51.75	01:02:16.20	4:45	12.6
115	HELMAN FILIP	432	FR WARSZAWA	WARSZAWA	POL	M1 < 29 LAT	13	M 109	00:00:25	00:19:43	00:40:26	01:01:56.60	01:02:10.85	4:45	12.6
116	GRUMBANIN PAULINA	115	LOGWIN	PRUSZKÓW	POL	K3 40-49 LAT	3	K 7	00:00:25	00:20:26	00:41:04	01:01:57.30	01:02:03.55	4:45	12.6
117	TENDERENDA KAMIL	460	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	44	M 110	00:00:33	00:21:03	00:41:34	01:01:58.60	01:02:47.70	4:46	12.6
118	ŁATKOWSKI ŁUKASZ	209	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	38	M 111	00:00:34	00:21:37	00:42:18	01:02:05.40	01:02:30.30	4:46	12.6
119	KOWALSKA KASIA	184	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:00:29	00:20:18	00:41:03	01:02:06.40	01:02:20.70	4:46	12.6
120	SUCHODOLSKI MARIUSZ	349	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	39	M 112	00:00:27	00:21:19	00:42:11	01:02:08.55	01:02:22.35	4:46	12.6
121	CAŁKA MAREK	480	PIASECZNO	PIASECZNO	POL	M3 40-49 LAT	40	M 113	00:00:35	00:20:56	00:41:37	01:02:15.45	01:02:37.00	4:47	12.5
122	IWANIUK TOMASZ	486	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	45	M 114	00:00:27	00:19:46	00:40:23	01:02:30.75	01:02:41.60	4:48	12.5
123	SUTUŁA DARIUSZ	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M3 40-49 LAT	41	M 115	00:00:33	00:21:00	00:41:31	01:02:33.30	01:02:54.55	4:48	12.5
124	BIALOKOS KAMIL	29	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	42	M 116	00:00:35	00:21:38	00:42:18	01:02:33.90	01:02:59.20	4:48	12.5
125	OLSZANKA ARKADIUSZ	266	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	43	M 117	00:00:30	00:21:10	00:41:55	01:02:35.75	01:02:50.75	4:48	12.5
126	KUBAN SEBASTIAN	193	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	44	M 118	00:00:33	00:20:50	00:41:22	01:02:36.60	01:02:56.95	4:48	12.5
127	CZAJKOWSKI MARCIN	59	OMB OŻARÓW MAZOWIECKI	OŻARÓW MAZOWIECKI	POL	M3 40-49 LAT	45	M 119	00:00:37	00:21:48	00:42:56	01:03:00.30	01:03:25.60	4:50	12.4
128	LEWANDOWSKI ROBERT	207	NASIELSK	NASIELSK	POL	M3 40-49 LAT	46	M 120	00:00:34	00:20:50	00:41:43	01:03:03.55	01:03:17.35	4:51	12.4
129	ROKITA ANDRZEJ	304	RUDA KOŚCIELNA	RUDA KOŚCIELNA	POL	M3 40-49 LAT	47	M 121	00:00:35	00:21:46	00:42:36	01:03:11.30	01:03:45.45	4:51	12.3
130	NOWAK JAKUB	101	DOBRYŃSKI KLUB ŻEGLARSKI	INOWROCŁAW	POL	M3 40-49 LAT	48	M 122	00:00:22	00:20:39	00:41:48	01:03:22.15	01:03:24.75	4:52	12.3
131	POPOWICZ BARTŁOMIEJ	291	WATRASZEW	WATRASZEW	POL	M1 < 29 LAT	14	M 123	00:00:30	00:21:40	00:43:35	01:03:29.70	01:04:01.75	4:53	12.3
132	MIĘTEK ARTUR	237	III ZKSS SR LEGIONOWO	ŁĄJSKI	POL	M3 40-49 LAT	49	M 124	00:00:34	00:21:24	00:42:29	01:03:29.80	01:03:42.50	4:53	12.3
133	PISAREK NORBERT	289	POPOWO	POPOWO	POL	M3 40-49 LAT	50	M 125	00:00:35	00:22:16	00:43:34	01:03:32.75	01:04:22.45	4:53	12.3
134	CELIŃSKI TOMASZ	43	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	14	M 126	00:00:25	00:21:18	00:42:23	01:03:38.90	01:03:44.55	4:53	12.3
135	STRÓŻYK PIOTREK	346	GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	51	M 127	00:00:33	00:21:17	00:42:20	01:03:44.25	01:04:09.30	4:54	12.2
136	GOŁASZEWSKI MARCIN	103	WOŁOMIN	WOŁOMIN	POL	M3 40-49 LAT	52	M 128	00:00:28	00:21:28	00:42:54	01:03:52.50	01:04:03.25	4:54	12.2
137	TWORZEWSKI PIOTR	523	OSTROBIEC / SEKcja BOKSERSKA KSZO	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M1 < 29 LAT	15	M 129	00:00:36	00:21:30	00:42:42	01:04:00.45	01:04:38.35	4:55	12.2
138	FRĄCKIEWICZ DARIUSZ	86	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	53	M 130	00:00:35	00:21:05	00:42:19	01:04:00.60	01:04:24.00	4:55	12.2
139	WYDRA MARIUSZ	469	STARE BABICE	STARE BABICE	POL	M3 40-49 LAT	54	M 131	00:00:37	00:22:11	00:43:02	01:04:02.35	01:04:37.20	4:55	12.2
140	CEGIEŁKA DAWID	42	KS BACHMATY	WARSZAWA	POL	M2 30-39 LAT	46	M 132	00:00:32	00:20:49	00:42:12	01:04:05.80	01:04:47.15	4:55	12.2
141	MUSIAŁ KRZYSZTOF	243	WARSZAWA	WARSZAWA	POL	M1 < 29 LAT	16	M 133	00:00:30	00:20:48	00:42:43	01:04:06.20	01:04:28.35	4:55	12.2
142	POTRZEBOWSKI DOMINIK	292	MARKI	MARKI	POL	M2 30-39 LAT	47	M 134	00:00:35	00:22:06	00:43:21	01:04:06.45	01:04:30.45	4:55	12.2
143	STĘPIEŃ PAULINA	507	WARSZAWA	WARSZAWA	POL	K2 30-39 LAT	5	K 9	00:00:32	00:21:30	00:42:50	01:04:12.20	01:04:35.00	4:56	12.1
144	GAJEWSKI MARIUSZ	90	PUŁTUSK	PUŁTUSK	POL	M3 40-49 LAT	55	M 135	00:00:35	00:20:49	00:42:34	01:04:16.00	01:04:49.70	4:56	12.1
145	PAZIEWSKI ANDRZEJ	281	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 136	00:00:35	00:22:05	00:43:37	01:04:18.95	01:04:39.90	4:56	12.1
146	STACHOWICZ PAWEŁ	458	RADOM	RADOM	POL	M1 < 29 LAT	17	M 137	00:00:33	00:21:46	00:43:12	01:04:21.00	01:04:52.10	4:57	12.1
147	SZYMCZAK JACEK	367	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	48	M 138	00:00:28	00:20:45	00:41:24	01:04:21.10	01:04:27.55	4:57	12.1
148	SŁOWIŃSKI MARCIN	328	I.OREL	MIROWICE	POL	M2 30-39 LAT	49	M 139	00:00:35	00:21:48	00:43:15	01:04:27.40	01:05:03.15	4:57	12.1

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
149	STYKOWSKI MICHAŁ	348	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	50	M 140	00:00:28	00:20:19	00:41:21	01:04:28.95	01:04:47.45	4:57	12.1
150	LEWANDOWSKI PIOTR	206	TRUCH TARCHOMINTEAM	WARSZAWA	POL	M3 40-49 LAT	57	M 141	00:00:26	00:20:16	00:42:20	01:04:30.15	01:04:40.20	4:57	12.1
151	CZAJKOWSKI MAREK	58	---	GÓRA KALWARIA	POL	M3 40-49 LAT	58	M 142	00:00:35	00:21:50	00:42:58	01:04:30.45	01:04:53.65	4:57	12.1
152	PIOTROWSKI ARTUR	521	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	59	M 143	00:00:35	00:21:06	00:42:58	01:04:33.20	01:04:57.05	4:58	12.1
153	KOŚCIUK MACIEK	179	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	60	M 144	00:00:33	00:20:58	00:42:40	01:04:35.15	01:04:35.15	4:58	12.1
154	PIERAŃSKI ADAM	284	VEGE RUNNERS	JABŁONNA	POL	M4 50-59	15	M 145	00:00:33	00:22:04	00:43:36	01:04:38.75	01:04:50.00	4:58	12.1
155	URBANIAK MICHAŁ	385	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	51	M 146	00:00:28	00:21:28	00:43:19	01:04:39.10	01:04:46.60	4:58	12.1
156	ZAJAC BARTOSZ	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	KIERZLINY	POL	M2 30-39 LAT	52	M 147	00:00:32	00:21:17	00:42:26	01:04:42.75	01:04:57.40	4:58	12.1
157	DZIARNOWSKI WŁODEK	73	BIEGAMPŁOCK TEAM	PŁOCK	POL	M4 50-59	16	M 148	00:00:30	00:21:11	00:42:41	01:04:45.85	01:05:00.70	4:58	12
158	MAGOT TOMASZ	497	PIASECZNO	PIASECZNO	POL	M2 30-39 LAT	53	M 149	00:00:37	00:22:15	00:43:30	01:04:47.80	01:05:19.25	4:59	12
159	NADOBNIK KONRAD	245	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBKI	POL	M2 30-39 LAT	54	M 150	00:00:27	00:21:14	00:42:56	01:04:52.85	01:04:58.25	4:59	12
160	MYSTKOWSKI MIECZYŚLAW	447	PŁĘTUSK	PŁĘTUSK	POL	M4 50-59	17	M 151	00:00:33	00:21:09	00:43:10	01:04:57.65	01:05:14.20	4:59	12
161	JANECKI PRZEMYSŁAW	131	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	55	M 152	00:00:34	00:21:09	00:43:10	01:04:58.00	01:05:14.35	4:59	12
162	SĄGOL SYLWESTER	316	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	61	M 153	00:00:33	00:21:52	00:43:21	01:05:04.95	01:05:57.00	5:00	12
163	RUDNIK JAROSŁAW	309	ZABIEGANY WÓŁOMIN	PASEK	POL	M3 40-49 LAT	62	M 154	00:00:28	00:21:13	00:43:24	01:05:08.40	01:05:19.05	5:00	12
164	BUCHALSKA EWA	478	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	5	K 10	00:00:34	00:21:36	00:43:24	01:05:16.00	01:05:36.05	5:01	12
165	GOLIASZ PAWEŁ	102	BIEGAM I JUŻ	WARSZAWA	POL	M3 40-49 LAT	63	M 155	00:00:32	00:21:09	00:42:52	01:05:17.80	01:05:37.50	5:01	11.9
166	TEJCHMA NATALIA	373	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	6	K 11	00:00:36	00:22:51	00:44:06	01:05:26.60	01:05:49.90	5:02	11.9
167	GULCZ KATARZYNA	120	SR GDAŃSK-PÓŁNOCKUJAWSCY RUNNERS	BANINO	POL	K3 40-49 LAT	7	K 12	00:00:27	00:21:36	00:43:19	01:05:33.65	01:05:40.20	5:02	11.9
168	STEMPEL TOMASZ	341	MARYSIN WAWERSKI BIEGA	WARSZAWA	POL	M3 40-49 LAT	64	M 156	00:00:31	00:21:29	00:43:26	01:05:38.00	01:05:54.85	5:02	11.9
169	KUREK WOJCEICH	202	1 BAZA LOTNICTWA TRANSPORTOWEGO	KWIDZYN	POL	M2 30-39 LAT	56	M 157	00:00:36	00:21:48	00:42:50	01:05:41.30	01:06:07.50	5:03	11.9
170	ŚCISŁOWICZ KRZYSZTOF	369	STOMILEX	WARSZAWA	POL	M2 30-39 LAT	57	M 158	00:00:25	00:21:40	00:43:46	01:05:42.30	01:05:47.20	5:03	11.9
171	OCHAB JANUSZ	261	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	65	M 159	00:00:35	00:22:37	00:44:38	01:05:47.30	01:06:14.05	5:03	11.9
172	KOPER SEBASTIAN	173	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	66	M 160	00:00:23	00:21:27	00:43:34	01:05:54.35	01:05:58.75	5:04	11.8
173	ZRAZEK PIOTR	421	ŁOWICZ	ŁOWICZ	POL	M3 40-49 LAT	67	M 161	00:00:39	00:21:37	00:43:20	01:05:58.05	01:06:32.90	5:04	11.8
174	BABIUCH MAREK	18	WARSZAWA	WARSZAWA	POL	M4 50-59	18	M 162	00:00:27	00:22:02	00:43:46	01:06:03.55	01:06:12.85	5:04	11.8
175	KWIATKOWSKI TOMASZ	204	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	68	M 163	00:00:37	00:22:43	00:45:31	01:06:04.40	01:06:48.30	5:05	11.8
176	STANKOWSKI PAWEŁ	337	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	58	M 164	00:00:31	00:21:47	00:43:38	01:06:08.70	01:06:19.85	5:05	11.8
177	SZYMAŃSKI ROBERT	366	KREWKI URSYNÓW HDK	WARSZAWA	POL	M3 40-49 LAT	69	M 165	00:00:32	00:21:42	00:43:39	01:06:14.65	01:06:46.60	5:05	11.8
178	PIOTROWSKI KAMIL	287	NOWY DWÓR MAZOWIECKI	NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	59	M 166	00:00:37	00:23:12	00:45:07	01:06:16.05	01:06:42.30	5:05	11.8
179	KALICZYŃSKA WIOLETTA	147	CYTRYNOWI STUDENCI / RUNEDA	GDYNIA	POL	K3 40-49 LAT	8	K 13	00:00:28	00:21:47	00:43:50	01:06:16.25	01:06:25.65	5:05	11.8
180	MANCZENKO EUGENIUSZ	222	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	60	M 167	00:00:31	00:21:23	00:44:39	01:06:29.00	01:06:51.15	5:06	11.7
181	SZELAĞ TOMASZ	360	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M3 40-49 LAT	70	M 168	00:00:34	00:21:42	00:43:40	01:06:33.35	01:07:09.05	5:07	11.7
182	SOBCZAK BOGUSŁAW	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	M3 40-49 LAT	71	M 169	00:00:33	00:21:53	00:43:51	01:06:44.00	01:07:15.80	5:08	11.7
183	TOMCZAK KAROL	510	WARSZAWA	WARSZAWA	POL	M1 < 29 LAT	18	M 170	00:00:30	00:22:10	00:44:55	01:06:44.30	01:06:55.45	5:08	11.7
184	CZAJKA PIOTR	56	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	61	M 171	00:00:37	00:22:34	00:44:48	01:06:44.80	01:07:04.20	5:08	11.7
185	FIRYSIUK TOMASZ	84	ZĄBKI	ZĄBKI	POL	M3 40-49 LAT	72	M 172	00:00:38	00:22:11	00:43:19	01:06:48.10	01:07:21.00	5:08	11.7
186	BRONISZEWSKI JAKUB	477	ZĄBKI	ZĄBKI	POL	M3 40-49 LAT	73	M 173	00:00:36	00:22:23	00:44:54	01:06:51.00	01:07:31.25	5:08	11.7
187	KSENIAK SZYMON	191	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	74	M 174	00:00:34	00:22:40	00:45:08	01:06:53.65	01:07:16.75	5:08	11.7
188	GRZECHNIK RENATA	431	MIŃSK MAZOWIECKI	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	9	K 14	00:00:31	00:22:43	00:45:12	01:07:01.00	01:07:18.30	5:09	11.6
189	KUCKI KAMIL	197	MAZOVIA PROACTIV CIECHANÓW	NARZYM	POL	M2 30-39 LAT	62	M 175	00:00:37	00:22:42	00:44:51	01:07:02.20	01:07:35.75	5:09	11.6
190	WIERBIŁOWICZ DARIUSZ	397	WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	75	M 176	00:00:34	00:22:33	00:44:54	01:07:02.35	01:07:32.50	5:09	11.6
191	TYMIŃSKI MARIUSZ	383	ZIELONKA	ZIELONKA	POL	M2 30-39 LAT	63	M 177	00:00:37	00:22:35	00:45:07	01:07:08.35	01:07:40.40	5:09	11.6
192	KOSIŃSKI ALEKSANDER	177	PIASECZNO	PIASECZNO	POL	M2 30-39 LAT	64	M 178	00:00:38	00:22:45	00:45:02	01:07:10.55	01:07:47.10	5:10	11.6
193	MILANIAK BOGDAN	446	ZĄBKI	ZĄBKI	POL	M3 40-49 LAT	76	M 179	00:00:37	00:22:06	00:44:08	01:07:13.30	01:07:46.20	5:10	11.6
194	WILEŃSKI ZBIGNIEW	398	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M4 50-59	19	M 180	00:00:36	00:22:58	00:45:28	01:07:15.20	01:07:42.75	5:10	11.6
195	MUSIAŁ MARCIN	538	PRUSZKÓW	PRUSZKÓW	POL	M2 30-39 LAT	65	M 181	00:00:35	00:22:02	00:44:30	01:07:17.10	01:07:38.45	5:10	11.6
196	WYSOCKI ROBERT	408	GRUPA BIEGOWA UM WA-WA	CHOTOMOW	POL	M3 40-49 LAT	77	M 182	00:00:35	00:22:35	00:45:06	01:07:18.00	01:07:43.45	5:10	11.6
197	GONTARZ MATEUSZ	484	WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	66	M 183	00:00:36	00:23:32	00:45:33	01:07:21.75	01:08:03.20	5:10	11.6
198	SIEDLACZEK ZBIGNIEW	321	LUBLIN	LUBLIN	POL	M5 60+	4	M 184	00:00:36	00:22:17	00:45:08	01:07:25.05	01:07:49.50	5:11	11.6
199	KUFWOWSKI ARTUR	199	JW.3411	GRÓJEC	POL	M3 40-49 LAT	78	M 185	00:00:37	00:22:52	00:45:22	01:07:37.90	01:08:06.55	5:12	11.5
200	SCHINDLER ŻANETA	318	WARSZAWA	WARSZAWA	POL	K3 40-49 LAT	10	K 15	00:00:27	00:22:12	00:44:58	01:07:40.10	01:07:47.90	5:12	11.5
201	WIŚNIEWSKI TOMASZ	403	KPMG RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	79	M 186	00:00:34	00:23:09	00:45:48	01:07:51.55	01:08:17.30	5:13	11.5

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
202	KOSMALA DARIUSZ	178		WARSZAWA	POL	M4 50-59	20	M 187	00:00:32	00:21:44	00:44:27	01:07:52.55	01:08:04.10	5:13	11.5
203	SOPYŁO STEFAN	334		WARSZAWA	POL	M2 30-39 LAT	67	M 188	00:00:35	00:23:59	00:47:04	01:07:54.55	01:08:21.30	5:13	11.5
204	ZIELIŃSKI ŁUKASZ	471	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M2 30-39 LAT	68	M 189	00:00:25	00:21:00	00:42:12	01:07:56.95	01:08:01.80	5:13	11.5
205	GRZEGORSKI ARKADIUSZ	117	KB FOLIE	NOWY DWÓR MAZOWIECKI	POL	M4 50-59	21	M 190	00:00:36	00:22:10	00:44:35	01:08:00.60	01:08:35.30	5:13	11.5
206	TRZASKOWSKI DARIUSZ	381	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	80	M 191	00:00:29	00:22:34	00:45:17	01:08:03.55	01:08:16.55	5:14	11.5
207	KILIAŃSKI RAFAŁ	162	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	81	M 192	00:00:30	00:22:34	00:45:19	01:08:04.05	01:08:16.45	5:14	11.5
208	SMOLEŃSKI PIOTR	330	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M4 50-59	22	M 193	00:00:29	00:22:34	00:45:16	01:08:04.70	01:08:16.75	5:14	11.5
209	CICHOŃSKA ELŻBIETA	49	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K4 50-59 LAT	1	K 16	00:00:31	00:22:35	00:45:18	01:08:05.00	01:08:16.65	5:14	11.5
210	FILC ŁUKASZ	82		WARSZAWA	POL	M2 30-39 LAT	69	M 194	00:00:35	00:22:29	00:45:14	01:08:07.70	01:08:34.55	5:14	11.4
211	TODORSKI TOMASZ	375		WARSZAWA	POL	M3 40-49 LAT	82	M 195	00:00:33	00:23:07	00:45:28	01:08:09.25	01:08:28.85	5:14	11.4
212	RUSIN BARTOSZ	310	KS STASZEWCY	JABŁONNA	POL	M3 40-49 LAT	83	M 196	00:00:34	00:22:18	00:45:11	01:08:11.70	01:08:30.40	5:14	11.4
213	WOJCIECHOWSKA KLAUDIA	468	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	11	K 17	00:00:30	00:22:49	00:45:15	01:08:11.70	01:08:19.55	5:14	11.4
214	KONARSKI MACIEJ	490	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M2 30-39 LAT	70	M 197	00:00:29	00:22:48	00:45:15	01:08:11.75	01:08:20.60	5:14	11.4
215	BARAN PRZEMYSŁAW	23		WOŁOMIN	POL	M1 < 29 LAT	19	M 198	00:00:34	00:22:55	00:45:40	01:08:16.15	01:08:52.75	5:15	11.4
216	KASKA MATEUSZ	158		WOŁOMIN	POL	M2 30-39 LAT	71	M 199	00:00:37	00:23:26	00:45:52	01:08:16.85	01:08:51.85	5:15	11.4
217	WACH MICHAŁ	387	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	84	M 200	00:00:36	00:23:12	00:45:38	01:08:19.45	01:08:41.60	5:15	11.4
218	TRZASKOWSKA JUSTYNA	462		WARSZAWA	POL	K2 30-39 LAT	6	K 18	00:00:35	00:23:15	00:45:38	01:08:20.50	01:09:04.45	5:15	11.4
219	STARZYŃSKI PIOTR	506		WARSZAWA	POL	M2 30-39 LAT	72	M 201	00:00:34	00:23:22	00:45:51	01:08:21.85	01:08:52.90	5:15	11.4
220	GÓRECKI KRZYSZTOF	110		PIASECZNO	POL	M3 40-49 LAT	85	M 202	00:00:38	00:23:06	00:45:40	01:08:22.35	01:09:05.65	5:15	11.4
221	DALECKI ŁUKASZ	536	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI	POL	M2 30-39 LAT	73	M 203	00:00:35	00:22:47	00:45:32	01:08:22.45	01:09:45.10	5:15	11.4
222	GRZESZCZYK MICHAŁ	118	EKOBIEGI	WARSZAWA	POL	M2 30-39 LAT	74	M 204	00:00:38	00:23:10	00:46:12	01:08:26.25	01:08:44.15	5:15	11.4
223	NIEDZIELA DOMINIK	249		WARSZAWA	POL	M3 40-49 LAT	86	M 205	00:00:37	00:24:28	00:47:14	01:08:42.55	01:09:33.05	5:17	11.4
224	BORAWSKA EMILIA	34		WARSZAWA	POL	K2 30-39 LAT	7	K 19	00:00:34	00:23:06	00:46:07	01:08:46.15	01:09:15.10	5:17	11.3
225	BAK ŁUKASZ	25	AGD WRONIAK	WARSZAWA	POL	M2 30-39 LAT	75	M 206	00:00:32	00:23:15	00:46:04	01:08:47.35	01:09:20.55	5:17	11.3
226	EWERTOWSKI PIOTR	76	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 207	00:00:37	00:22:33	00:44:21	01:08:56.30	01:09:23.15	5:18	11.3
227	SZULAWSKI ROBERT	363	GSD. ŻOLIBORZ.	WARSZAWA	POL	M4 50-59	24	M 208	00:00:30	00:22:39	00:45:22	01:08:58.20	01:09:07.10	5:18	11.3
228	KUCHTA PAWEŁ	195		MACIEJOWICE	POL	M2 30-39 LAT	76	M 209	00:00:28	00:20:54	00:44:05	01:09:03.05	01:09:11.80	5:18	11.3
229	JABŁONKA RADOSŁAW	128	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 210	00:00:34	00:23:04	00:46:14	01:09:05.40	01:09:25.75	5:18	11.3
230	MYŚLIŃSKA ANNA	1	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	12	K 20	00:00:32	00:23:05	00:46:14	01:09:07.55	01:09:23.05	5:19	11.3
231	MALINOWSKI MIKOŁAJ	530		WARSZAWA	POL	M3 40-49 LAT	88	M 211	00:00:25	00:22:54	00:45:35	01:09:10.65	01:09:15.65	5:19	11.3
232	GÓRECKI RAJMUND	109		WARSZAWA	POL	M3 40-49 LAT	89	M 212	00:00:36	00:23:19	00:46:27	01:09:14.75	01:09:50.80	5:19	11.3
233	KADUK ŁUKASZ	542	CEZAR	WARSZAWA	POL	M2 30-39 LAT	77	M 213	00:00:51	00:23:00	00:45:41	01:09:16.85	01:09:16.85	5:19	11.3
234	MALINOWSKI MARIUSZ	220		WARSZAWA	POL	M2 30-39 LAT	78	M 214	00:00:36	00:23:40	00:46:40	01:09:19.10	01:09:58.15	5:19	11.3
235	ZWOLIŃSKI GRZEGORZ	422	REEBOK RUN CREW	WARSZAWA	POL	M3 40-49 LAT	90	M 215	00:00:34	00:23:11	00:45:53	01:09:21.20	01:09:52.65	5:20	11.2
236	DOMAŃSKI PIOTR	428		MIĘDZYBORÓW	POL	M2 30-39 LAT	79	M 216	00:00:30	00:24:15	00:47:36	01:09:26.10	01:09:31.65	5:20	11.2
237	NOGAL ROBERT	253		IŁŻA	POL	M2 30-39 LAT	80	M 217	00:00:35	00:22:08	00:45:35	01:09:32.20	01:09:56.20	5:20	11.2
238	PLÓCIENNIK RENATA	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OSTRÓW WIELKOPOLSKI	POL	K4 50-59 LAT	2	K 21	00:00:33	00:22:52	00:46:00	01:09:42.80	01:10:08.75	5:21	11.2
239	SYPNIEWSKI TOMASZ	353	EMO OI	WARSZAWA	POL	M2 30-39 LAT	81	M 218	00:00:37	00:22:29	00:45:35	01:09:45.20	01:10:22.75	5:21	11.2
240	STASIAK PIOTR	340		WARSZAWA	POL	M2 30-39 LAT	82	M 219	00:00:36	00:23:41	00:46:40	01:09:49.60	01:10:28.15	5:22	11.2
241	FIGIEL MICHAŁ	80	AMATORSKI KLUB ŻUŻLOWY	PIASTÓW	POL	M1 < 29 LAT	20	M 220	00:00:32	00:22:09	00:45:40	01:09:54.30	01:10:13.10	5:22	11.2
242	SUCHOCKA MONIKA	525		DOBRE	POL	K2 30-39 LAT	8	K 22	00:00:27	00:23:04	00:46:46	01:09:59.20	01:10:02.10	5:23	11.1
243	PYTKA ANDRZEJ	297		WARSZAWA	POL	M4 50-59	25	M 221	00:00:36	00:22:43	00:45:30	01:10:03.45	01:10:47.65	5:23	11.1
244	KULESZA AGNIESZKA	439	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K1 < 29 LAT	1	K 23	00:00:34	00:23:50	00:47:11	01:10:15.20	01:10:30.85	5:24	11.1
245	SKOWRON WOJCIECH	543		WARSZAWA	POL	M4 50-59	26	M 222	00:00:39	00:24:06	00:47:08	01:10:15.35	01:11:02.10	5:24	11.1
246	TOMCZAK ANDRZEJ	522		WARSZAWA	POL	M1 < 29 LAT	21	M 223	00:00:27	00:22:08	00:45:24	01:10:18.45	01:10:31.90	5:24	11.1
247	SKRZYŃSKI ADAM	327		PLOŃSK	POL	M1 < 29 LAT	22	M 224	00:00:39	00:24:13	00:47:36	01:10:22.30	01:10:55.00	5:24	11.1
248	JARON JAROSŁAW	133	KOKOSZKA36TEAM	ŻYRARDÓW	POL	M3 40-49 LAT	91	M 225	00:00:35	00:22:59	00:46:13	01:10:24.45	01:10:42.65	5:24	11.1
249	LEŃCZUK ANDRZEJ	440		WARSZAWA	POL	M4 50-59	27	M 226	00:00:33	00:22:25	00:45:23	01:10:25.10	01:10:48.25	5:25	11.1
250	ZDUNIAK MARCIN	516	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	83	M 227	00:00:36	00:24:18	00:47:50	01:10:30.60	01:11:13.35	5:25	11.1
251	PARADOWSKI ANDRZEJ	275		WARSZAWA	POL	M3 40-49 LAT	92	M 228	00:00:33	00:23:31	00:47:04	01:10:36.00	01:11:28.75	5:25	11
252	KORYCKI KAROL	175		NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	84	M 229	00:00:45	00:26:11	00:47:21	01:10:36.50	01:10:58.25	5:25	11
253	AMROZIK ANNA	13		LEGIONOWO	POL	K2 30-39 LAT	9	K 24	00:00:38	00:23:44	00:47:15	01:10:47.00	01:11:19.45	5:26	11
254	KULIK KAROL	539		SIEDLCE	POL	M3 40-49 LAT	93	M 230	00:00:37	00:25:09	00:48:20	01:10:48.60	01:11:26.35	5:26	11
255	BARTNIK RAFAŁ	24		WARSZAWA	POL	M3 40-49 LAT	94	M 231	00:00:31	00:22:30	00:46:12	01:10:55.60	01:11:11.80	5:27	11
256	GRYCNER PAWEŁ	116		WARSZAWA	POL	M2 30-39 LAT	85	M 232	00:00:34	00:22:50	00:46:35	01:10:58.65	01:11:22.25	5:27	11
257	RODAK ZBIGNIEW	303		WARSZAWA	POL	M4 50-59	28	M 233	00:00:36	00:24:26	00:47:30	01:10:59.35	01:11:24.35	5:27	11

**BIĄŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
258	MEDEL MARTA	231		KOSZALIN	POL	K3 40-49 LAT	13	K 25	00:00:37	00:24:12	00:47:49	01:11:09.85	01:11:28.35	5:28	11
259	MEDEL CEZARY	230		KOSZALIN	POL	M3 40-49 LAT	95	M 234	00:00:37	00:24:11	00:47:48	01:11:11.60	01:11:30.90	5:28	11
260	BAKUŁA WIESŁAW	517	WAMPIR	WACH 140A	POL	M4 50-59	29	M 235	00:00:27	00:23:19	00:46:52	01:11:15.95	01:11:20.80	5:28	10.9
261	WIŚNIEWSKI PAWEŁ	404	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M3 40-49 LAT	96	M 236	00:00:27	00:22:01	00:45:58	01:11:27.90	01:11:35.25	5:29	10.9
262	OLESIAK ARKADIUSZ	265	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	97	M 237	00:00:37	00:24:36	00:48:13	01:11:28.15	01:11:47.90	5:29	10.9
263	GODLEWSKI DANIEL	99		WARSZAWA	POL	M2 30-39 LAT	86	M 238	00:00:37	00:23:11	00:47:20	01:11:29.45	01:12:10.80	5:29	10.9
264	MĘDRZYCKI MIROSLAW	232	PARKRUN BRÓDNO	WARSZAWA	POL	M4 50-59	30	M 239	00:00:22	00:23:00	00:46:33	01:11:39.80	01:11:41.75	5:30	10.9
265	NOWAK KAROLINA	255		INOWROCŁAW	POL	K2 30-39 LAT	10	K 26	00:00:28	00:23:46	00:47:53	01:11:47.40	01:11:50.90	5:31	10.9
266	BORUSZEWSKI MACIEJ	35		WARSZAWA	POL	M3 40-49 LAT	98	M 240	00:00:34	00:24:00	00:47:40	01:11:56.20	01:12:09.95	5:32	10.8
267	SOCHACKI MARIUSZ	332		WARSZAWA	POL	M3 40-49 LAT	99	M 241	00:00:32	00:23:25	00:47:13	01:11:56.65	01:12:12.15	5:32	10.8
268	CHOJNOWSKI ANDRZEJ	47	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	100	M 242	00:00:35	00:24:23	00:48:03	01:11:57.00	01:12:20.30	5:32	10.8
269	KARWOWSKA MARIUSZ	156	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	101	M 243	00:00:35	00:24:24	00:48:25	01:12:02.50	01:12:28.95	5:32	10.8
270	ANDRUKIEWICZ ANITA	14	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	K2 30-39 LAT	11	K 27	00:00:37	00:24:25	00:48:26	01:12:03.40	01:12:28.95	5:32	10.8
271	MAJEWSKA HANNA	219	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	12	K 28	00:00:34	00:23:39	00:48:01	01:12:04.05	01:12:25.20	5:32	10.8
272	HARTMAN ŁUKASZ	123	OFF-ROAD RUNNERS BENEFIT SYSTEMS	WARSZAWA	POL	M2 30-39 LAT	87	M 244	00:00:36	00:23:16	00:47:10	01:12:16.45	01:12:41.40	5:33	10.8
273	JAROSZ-PIWONSKA ALDONA	134		GÓRA KALWARIA, POW. PIASECZYŃSKI	POL	K3 40-49 LAT	14	K 29	00:00:33	00:23:52	00:48:12	01:12:35.45	01:13:27.05	5:35	10.7
274	ŻAK OLIWIA	423	PIASECZNO RUNNING	JASTRZĘBIE	POL	K2 30-39 LAT	13	K 30	00:00:37	00:24:00	00:48:20	01:12:42.10	01:13:25.40	5:35	10.7
275	PIRÓG KAMIL	288	1. OREL	GRÓJEC	POL	M2 30-39 LAT	88	M 245	00:00:38	00:25:38	00:49:47	01:12:51.70	01:13:20.20	5:36	10.7
276	KOSEWSKA DOROTA	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:00:36	00:24:35	00:48:50	01:13:10.95	01:13:33.85	5:37	10.7
277	GALIŃSKA MAGDALENA	91	WARSZAWSKI ZAULEK	LEGIONOWO	POL	K2 30-39 LAT	14	K 32	00:00:36	00:23:54	00:47:58	01:13:15.15	01:13:56.00	5:38	10.6
278	KUNKA PIOTR	201	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	89	M 246	00:00:34	00:25:00	00:49:27	01:13:16.50	01:13:37.15	5:38	10.6
279	SMOCZYK HUBERT	329	WARSZAWSKI ZAULEK	WARSZAWA	POL	M2 30-39 LAT	90	M 247	00:00:37	00:23:54	00:47:58	01:13:17.10	01:13:57.95	5:38	10.6
280	DZIDECZEK MARCIN	74	TEAM ZABIEGANEDNI	WARSZAWA	POL	M2 30-39 LAT	91	M 248	00:00:33	00:25:00	00:49:27	01:13:17.10	01:13:37.15	5:38	10.6
281	RYBARCZYK KAMIL	311		MNISZEW	POL	M2 30-39 LAT	92	M 249	00:00:38	00:26:15	00:50:12	01:13:23.00	01:14:09.55	5:38	10.6
282	NOSARZEWSKI MARIUSZ	254		TRZCIANY	POL	M3 40-49 LAT	102	M 250	00:00:37	00:24:10	00:48:16	01:13:29.70	01:13:49.85	5:39	10.6
283	MARCZAK GRAŻYNA	223	LECZO TEAM	WARSZAWA	POL	K5 60 +	1	K 33	00:00:36	00:24:27	00:48:39	01:13:31.85	01:14:08.20	5:39	10.6
284	KARASIEWICZ KATARZYNA	154		KULIGÓW	POL	K3 40-49 LAT	15	K 34	00:00:34	00:24:15	00:48:40	01:13:34.70	01:13:52.35	5:39	10.6
285	BRZOSKA MAŁGORZATA	427	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	16	K 35	00:00:28	00:23:42	00:48:21	01:13:35.05	01:13:39.75	5:39	10.6
286	HERNIK JACEK	126	BABABARANEK RUNNERS	WARSZAWA	POL	M5 60+	5	M 251	00:00:38	00:25:02	00:49:23	01:13:36.55	01:14:20.25	5:39	10.6
287	STĘPIŃSKA ANNA	343		WARSZAWA	POL	K1 < 29 LAT	2	K 36	00:00:35	00:24:45	00:48:46	01:13:46.85	01:14:13.10	5:40	10.6
288	MATWIEJ ADAM	443	ADAM MATWIEJ	WARSZAWA	POL	M2 30-39 LAT	93	M 252	00:00:37	00:24:55	00:49:21	01:13:48.60	01:14:33.30	5:40	10.6
289	CZAJKA JUSTYNA	57		PRUSZKÓW	POL	K3 40-49 LAT	17	K 37	00:00:36	00:22:57	00:46:08	01:13:51.55	01:14:12.80	5:40	10.6
290	CIERNIAK MICHAŁ	50	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M3 40-49 LAT	103	M 253	00:00:36	00:25:02	00:49:14	01:13:51.70	01:14:37.75	5:40	10.6
291	KOZIATEK MARIUSZ	186		WARSZAWA	POL	M3 40-49 LAT	104	M 254	00:00:36	00:24:54	00:48:55	01:14:06.85	01:14:30.60	5:42	10.5
292	REGUCKI RYSZARD	301		WARSZAWA	POL	M3 40-49 LAT	105	M 255	00:00:31	00:24:34	00:49:42	01:14:18.20	01:14:54.45	5:42	10.5
293	WALIGÓRSKI KRZYSZTOF	463	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	31	M 256	00:00:37	00:26:05	00:50:43	01:14:21.55	01:14:49.25	5:43	10.5
294	KRZYSIAK ANECZKA	190		OWCZARNIA	POL	K3 40-49 LAT	18	K 38	00:00:38	00:24:13	00:49:36	01:14:25.15	01:15:05.05	5:43	10.5
295	TRZASKOWSKA JOANNA	380	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:00:38	00:24:34	00:49:21	01:14:31.60	01:15:06.00	5:44	10.5
296	ADAMCZUK AGNIESZKA	11	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	19	K 40	00:00:37	00:26:05	00:50:43	01:14:35.15	01:15:02.70	5:44	10.5
297	BUKOWSKI JANUSZ	5	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M5 60+	6	M 257	00:00:31	00:24:10	00:49:10	01:14:53.65	01:14:56.85	5:45	10.4
298	LACH ADRIAN	205	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	106	M 258	00:00:33	00:23:02	00:49:18	01:14:55.35	01:15:07.60	5:45	10.4
299	WIDERA TOMASZ	395	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	94	M 259	00:00:35	00:25:21	00:50:11	01:14:58.50	01:15:38.70	5:46	10.4
300	SALAJCZYK SYLWESTER	452		WARSZAWA	POL	M4 50-59	32	M 260	00:00:38	00:25:08	00:49:49	01:15:00.00	01:15:34.10	5:46	10.4
301	KONIECZNY PIOTR	172		WARSZAWA	POL	M2 30-39 LAT	95	M 261	00:00:37	00:24:52	00:49:32	01:15:01.05	01:15:45.70	5:46	10.4
302	SKIBIŃSKA MAŁGORZATA	454	ZOLWIKIERSI	WARSZAWA	POL	K3 40-49 LAT	20	K 41	00:00:36	00:25:50	00:50:43	01:15:03.65	01:15:42.80	5:46	10.4
303	ZDUŃSKI JAROSŁAW	414		WARSZAWA	POL	M4 50-59	33	M 262	00:00:38	00:24:29	00:49:52	01:15:09.10	01:15:31.45	5:46	10.4
304	BOJAR PAWEŁ	33		WARSZAWA	POL	M3 40-49 LAT	107	M 263	00:00:36	00:25:21	00:50:01	01:15:12.00	01:15:35.20	5:47	10.4
305	ŁOZIŃSKI PIOTR	494	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	108	M 264	00:00:34	00:25:17	00:50:14	01:15:26.50	01:15:38.40	5:48	10.3
306	GADOMSKA MAŁGORZATA	88	NW CZŁAPSKI TEAM	WARSZAWA	POL	K3 40-49 LAT	21	K 42	00:00:36	00:24:56	00:49:54	01:15:31.25	01:15:46.15	5:48	10.3
307	WEBER AGATA	393	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 43	00:01:03	00:24:46	00:49:49	01:15:31.85	01:15:31.85	5:48	10.3
308	KOMOROWSKI PIOTREK	435		WARSZAWA	POL	M2 30-39 LAT	96	M 265	00:00:29	00:24:47	00:50:26	01:15:37.60	01:15:48.15	5:49	10.3
309	KOLAŚA PAULINA	168	KLUB GORDONA I GINY	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:00:35	00:24:37	00:49:51	01:15:43.20	01:16:21.30	5:49	10.3
310	PEPŁAWSKA MAŁGORZATA	282	III ZKSS SR LEGIONOWO	WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:00:29	00:24:40	00:50:14	01:15:52.20	01:16:01.80	5:50	10.3

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
311	FABISIAK DAMIAN	429		WARSZAWA	POL	M2 30-39 LAT	97	M 266	00:00:32	00:23:26	00:49:37	01:16:00.85	01:16:15.75	5:50	10.3
312	SZYMAŃSKI PAWEŁ	365		WARSZAWA	POL	M2 30-39 LAT	98	M 267	00:00:36	00:25:08	00:50:48	01:16:05.05	01:16:44.80	5:51	10.3
313	KRÓLIK TOMASZ	188		WARSZAWA	POL	M3 40-49 LAT	109	M 268	00:00:35	00:25:36	00:50:45	01:16:05.25	01:16:39.10	5:51	10.2
314	KŁOS ANNA	166	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	23	K 46	00:00:38	00:26:38	00:51:40	01:16:12.15	01:16:54.40	5:51	10.2
315	FIJĄKOWSKI MICHAŁ	81	PO PROSTU MY	WARSZAWA	POL	M3 40-49 LAT	110	M 269	00:00:38	00:26:39	00:51:40	01:16:12.45	01:16:54.65	5:51	10.2
316	CIEŚLIŃSKI DARIUSZ	52	DARIOS	WARSZAWA	POL	M3 40-49 LAT	111	M 270	00:00:37	00:24:24	00:50:19	01:16:13.20	01:16:31.60	5:51	10.2
317	KOWALCZYK MATEUSZ	183		SULEJÓWEK	POL	M1 < 29 LAT	23	M 271	00:00:34	00:24:42	00:49:40	01:16:15.85	01:16:56.35	5:52	10.2
318	SELERSKI KRZYSZTOF	319	MARCIN.BIZ	WARSZAWA	POL	M4 50-59	34	M 272	00:00:28	00:24:33	00:49:59	01:16:17.70	01:17:15.95	5:52	10.2
319	KWIATEK JACEK	203		SIEMIANICE	POL	M4 50-59	35	M 273	00:00:37	00:25:28	00:51:04	01:16:31.15	01:17:06.15	5:53	10.2
320	CHADZYŃSKI MARCIN	46		WARSZAWA	POL	M2 30-39 LAT	99	M 274	00:00:38	00:25:41	00:50:51	01:16:33.05	01:17:06.55	5:53	10.2
321	ŁOZOWSKA ANETA	212		WARSZAWA	POL	K3 40-49 LAT	24	K 47	00:00:38	00:26:00	00:51:25	01:16:38.35	01:17:08.05	5:53	10.2
322	DZIEPAK PIOTR	75	1. BLTR	WOLA MROKOWSKA	POL	M2 30-39 LAT	100	M 275	00:00:36	00:24:35	00:49:37	01:16:41.55	01:17:08.00	5:54	10.2
323	BARAN WOJCIECH	22		WOŁOMIN	POL	M1 < 29 LAT	24	M 276	00:00:35	00:25:52	00:51:37	01:16:44.10	01:17:20.25	5:54	10.2
324	ZARĘBA JAROSŁAW	410		WARSZAWA	POL	M3 40-49 LAT	112	M 277	00:00:37	00:25:14	00:50:47	01:16:44.20	01:17:14.85	5:54	10.2
325	KRÓL RYSZARD	187	LUBLIN BIEGA	LUBLIN	POL	M4 50-59	36	M 278	00:00:36	00:25:32	00:51:04	01:16:44.75	01:17:09.80	5:54	10.2
326	GONET KATARZYNA	105		WARSZAWA	POL	K3 40-49 LAT	25	K 48	00:00:38	00:26:00	00:51:25	01:16:46.20	01:17:14.70	5:54	10.2
327	MAZUR JOWITA	229	FUNKCJONUJ	WARSZAWA	POL	K3 40-49 LAT	26	K 49	00:00:39	00:26:01	00:51:25	01:16:46.55	01:17:15.45	5:54	10.2
328	WAŚIK IZABELA	392		WARSZAWA	POL	K3 40-49 LAT	27	K 50	00:00:37	00:25:59	00:51:23	01:16:50.90	01:17:22.05	5:54	10.1
329	KOTLENGA MONIKA	181		IŁAWA	POL	K3 40-49 LAT	28	K 51	00:00:33	00:25:24	00:51:09	01:16:54.80	01:17:07.85	5:54	10.1
330	TELAKOWSKA ANITA	374		WARSZAWA	POL	K2 30-39 LAT	18	K 52	00:00:36	00:24:31	00:50:51	01:16:59.80	01:17:12.95	5:55	10.1
331	ŁUCAK PIOTR	213	OSTRÓW BIEGA	ŁOCHÓW	POL	M2 30-39 LAT	101	M 279	00:00:35	00:26:16	00:51:34	01:17:02.00	01:17:21.20	5:55	10.1
332	SWIETLIK MAGDALENA	351		WARSZAWA	POL	K2 30-39 LAT	19	K 53	00:00:38	00:26:09	00:51:44	01:17:02.35	01:17:31.85	5:55	10.1
333	KMIEĆ AGNIESZKA	489		LEŻAJSK	POL	K2 30-39 LAT	20	K 54	00:00:38	00:25:58	00:51:46	01:17:10.30	01:17:42.85	5:56	10.1
334	TROJANEK EDYTA	378	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	K3 40-49 LAT	29	K 55	00:00:35	00:26:10	00:51:47	01:17:10.45	01:17:27.25	5:56	10.1
335	NOWAKOWSKI CZESŁAW	257	KLUB. BIEGACZAGOCH	WARSZAWA	POL	M5 60+	7	M 280	00:00:34	00:25:03	00:51:04	01:17:22.25	01:17:47.30	5:57	10.1
336	RZEPIŃSKA DOROTA	500		RUNÓW	POL	K3 40-49 LAT	30	K 56	00:00:31	00:25:33	00:51:29	01:17:24.40	01:17:36.15	5:57	10.1
337	GROBEREK MONIKA	113		WARSZAWA	POL	K3 40-49 LAT	31	K 57	00:00:34	00:25:49	00:51:13	01:17:31.95	01:17:54.55	5:57	10.1
338	NOBERT MARTA	252	CYTRYNOWI STUDENCI	SOKÓŁKA	POL	K3 40-49 LAT	32	K 58	00:00:34	00:25:39	00:51:23	01:18:01.10	01:18:11.00	6:00	10
339	WALCZAK DARIUSZ	389	CYTRYNOWI STUDENCI	CEREKWICA	POL	M3 40-49 LAT	113	M 281	00:00:35	00:25:39	00:51:23	01:18:12.30	01:18:21.35	6:00	10
340	KLUZIAK JAROSŁAW	165		MIŃSK MAZOWIECKI	POL	M2 30-39 LAT	102	M 282	00:00:36	00:24:57	00:50:53	01:18:22.05	01:18:49.80	6:01	10
341	PANCEROW MARCIN	449		WARSZAWA	POL	M3 40-49 LAT	114	M 283	00:00:33	00:24:38	00:50:56	01:18:25.30	01:18:35.85	6:01	9.9
342	DĘBSKA JOANNA	65		PŁOŃSK	POL	K2 30-39 LAT	21	K 59	00:00:39	00:25:37	00:51:15	01:18:30.00	01:19:02.65	6:02	9.9
343	RZEPKA MIREK	313	AKTYWNI BIEGACZE	WARSZAWA	POL	M4 50-59	37	M 284	00:00:34	00:25:48	00:52:18	01:18:59.40	01:19:30.45	6:04	9.9
344	ADAMOWSKA BARBARA	12		WARSZAWA	POL	K3 40-49 LAT	33	K 60	00:00:36	00:26:04	00:52:08	01:19:00.45	01:19:24.50	6:04	9.9
345	GÓRSKI KRZYSZTOF	111		WARSZAWA	POL	M3 40-49 LAT	115	M 285	00:00:33	00:25:13	00:51:42	01:19:01.00	01:19:14.30	6:04	9.9
346	JERZAK ERYK	139		WARSZAWA	POL	M4 50-59	38	M 286	00:00:36	00:25:36	00:51:30	01:19:12.10	01:19:57.10	6:05	9.8
347	GOLENIEWSKI PATRYK	482	1992	OSSÓW	POL	M1 < 29 LAT	25	M 287	00:00:33	00:25:17	00:51:52	01:19:36.10	01:19:52.45	6:07	9.8
348	BRZEZICKI MICHAŁ	39		WARSZAWA	POL	M2 30-39 LAT	103	M 288	00:00:36	00:26:24	00:53:16	01:19:46.15	01:20:25.15	6:08	9.8
349	SIKORSKI MICHAŁ	535	EKO BIEGI	WARSZAWA	POL	M3 40-49 LAT	116	M 289	00:00:37	00:26:32	00:52:51	01:19:49.60	01:20:40.85	6:08	9.8
350	SIKORSKA AGNIESZKA	504	EKO BIEGI	WARSZAWA	POL	K3 40-49 LAT	34	K 61	00:00:37	00:26:33	00:52:54	01:19:55.45	01:20:46.25	6:08	9.8
351	DŁUŻNIEWSKI TOMASZ	66		LEGIONOWO	POL	M3 40-49 LAT	117	M 290	00:00:37	00:26:56	00:53:57	01:19:57.15	01:20:43.80	6:09	9.8
352	ŚWISTOWSKA ANNA	370		WARSZAWA	POL	K2 30-39 LAT	22	K 62	00:00:34	00:25:50	00:52:34	01:20:22.80	01:20:40.10	6:11	9.7
353	NIEZGODA EWA	251	NIEZGODNIKI	WARSZAWA	POL	K3 40-49 LAT	35	K 63	00:00:32	00:26:50	00:53:54	01:20:51.60	01:20:59.50	6:13	9.6
354	SIERZPUTOWSKA EWA	323	SIE_BIEGA	WARSZAWA	POL	K4 50-59 LAT	4	K 64	00:00:37	00:26:40	00:53:39	01:21:54.80	01:21:29.20	6:13	9.6
355	TOMASZEWSKA MARIOLA	376	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K4 50-59 LAT	5	K 65	00:00:38	00:26:46	00:53:51	01:21:00.50	01:21:29.40	6:13	9.6
356	KULAK PAWEŁ	200		PRUSZKÓW	POL	M3 40-49 LAT	118	M 291	00:00:38	00:26:49	00:54:03	01:21:15.40	01:21:47.20	6:15	9.6
357	BEDNARZAK TADEUSZ	28	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M5 60+	8	M 292	00:00:37	00:26:42	00:53:40	01:21:21.75	01:21:59.00	6:15	9.6
358	STANKIEWICZ MAŁGORZATA	336		NIEPORĘT	POL	K2 30-39 LAT	23	K 66	00:00:38	00:26:35	00:53:55	01:21:41.70	01:22:13.85	6:17	9.5
359	SOBCZAK ANNA	456	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	K3 40-49 LAT	36	K 67	00:00:36	00:26:55	00:54:27	01:22:07.95	01:22:46.10	6:19	9.5
360	JACHOWICZ ŁUKASZ	129		LEGIONOWO	POL	M2 30-39 LAT	104	M 293	00:00:37	00:26:35	00:53:57	01:22:10.55	01:22:56.95	6:19	9.5
361	JERUZAL JACEK	138	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	39	M 294	00:00:32	00:26:39	00:53:59	01:22:23.40	01:22:29.35	6:20	9.5
362	STRACHOCKA ANNA	344	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K5 60 +	2	K 68	00:00:36	00:27:15	00:54:31	01:22:41.30	01:23:23.35	6:21	9.4
363	BAK HUBERT	27		WARSZAWA	POL	M1 < 29 LAT	26	M 295	00:00:38	00:26:07	00:52:58	01:23:04.05	01:23:35.00	6:23	9.4
364	BAK ANDRZEJ	26		STARE GRALEWO	POL	M4 50-59	40	M 296	00:00:38	00:26:07	00:53:05	01:23:04.10	01:23:34.75	6:23	9.4
365	RUCIŃSKA JOLANTA	308	NASIELSK BASZTA TEAM	NASIELSK	POL	K2 30-39 LAT	24	K 69	00:00:35	00:27:41	00:54:51	01:24:04.70	01:24:27.00	6:28	9.3
366	KAWKA ANDRZEJ	159		WARSZAWA	POL	M5 60+	9	M 297	00:00:38	00:27:49	00:55:47	01:24:05.00	01:24:50.55	6:28	9.3

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
367	STAŃCZYK ZOFIA	339		ZIELONKA	POL	K1 < 29 LAT	3	K 70	00:00:37	00:27:17	00:54:55	01:24:07.30	01:24:56.75	6:28	9.3
368	ROMANOWSKA EWA	451	KUNGFU PANDA	ŁYSOMICE	POL	K2 30-39 LAT	25	K 71	00:00:38	00:28:03	00:56:28	01:24:22.50	01:25:02.40	6:29	9.2
369	ZYGMUNT NATALIA	473		PRUSZKÓW	POL	K1 < 29 LAT	4	K 72	00:00:36	00:27:14	00:55:42	01:24:29.50	01:24:42.55	6:29	9.2
370	ROSZAK WALDEMAR	306	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M4 50-59	41	M 298	00:00:27	00:27:26	00:56:47	01:24:50.85	01:25:52.75	6:31	9.2
371	ŁĄCZA ILONA	210	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	37	K 73	00:00:37	00:28:15	00:57:31	01:25:34.45	01:25:52.35	6:35	9.1
372	PAWELEK KRZYSZTOF	279	PO PROSTU MY	MARKI	POL	M3 40-49 LAT	119	M 299	00:00:37	00:28:14	00:57:07	01:25:53.90	01:25:37.35	6:36	9.1
373	STAŃCZYK GRZEGORZ	338		ZIELONKA	POL	M4 50-59	42	M 300	00:00:37	00:28:27	00:57:15	01:26:54.90	01:27:44.50	6:41	9
374	HAJKOWICZ DOROTA	541		WARSZAWA		K3 40-49 LAT	38	K 74	00:00:36	00:26:58	00:57:11	01:27:12.85	01:27:12.85	6:42	8.9
375	ŁUCZAK PIOTR	214	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	120	M 301	00:00:39	00:28:50	00:58:21	01:27:32.85	01:28:07.75	6:44	8.9
376	ŁUCZAK MAŁGORZATA	215	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	39	K 75	00:00:39	00:28:50	00:58:20	01:27:33.55	01:28:08.00	6:44	8.9
377	WINDER AGNIESZKA	399		WARSZAWA	POL	K2 30-39 LAT	26	K 76	00:00:36	00:27:39	00:56:53	01:27:33.70	01:28:02.90	6:44	8.9
378	CHOŁUJ AGATA	48	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	40	K 77	00:00:37	00:28:15	00:57:19	01:27:42.75	01:28:25.70	6:44	8.9
379	WASZKIEWICZ MARTA	464	WASZKA TEAM	MROZY WIELKIE	POL	K3 40-49 LAT	41	K 78	00:00:36	00:28:41	00:58:38	01:28:09.60	01:28:21.75	6:46	8.8
380	ŁUKASIEWICZ ROBERT	216	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	121	M 302	00:00:36	00:28:18	00:58:05	01:28:52.80	01:29:33.05	6:50	8.8
381	CIEŚLAK PAWEŁ	51	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	43	M 303	00:00:42	00:35:43	01:01:19	01:29:11.65	01:30:17.00	6:51	8.7
382	KOCHAN PIOTR	167	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	M2 30-39 LAT	105	M 304	00:00:37	00:29:59	00:59:45	01:29:24.10	01:30:03.85	6:52	8.7
383	SOJKA ŁUKASZ	333		WARSZAWA	POL	M2 30-39 LAT	106	M 305	00:00:38	00:28:44	00:58:55	01:30:49.15	01:31:22.15	6:59	8.6
384	GŁOWACKA ELŻBIETA	98	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	3	K 79	00:00:39	00:29:07	00:59:51	01:31:30.60	01:32:01.35	7:02	8.5
385	DOBOSZ MAREK	67		WARSZAWA	POL	M3 40-49 LAT	122	M 306	00:00:36	00:31:31	01:05:13	01:32:54.40	01:33:49.50	7:08	8.4
386	KASIERSKA EWA KATARZYNA	157	WKB META LUBLINIEC	POZNAŃ	POL	K5 60 +	4	K 80	00:00:38	00:30:13	01:01:14	01:32:59.45	01:33:33.00	7:09	8.4
387	GOJAN JOANNA	537	VEGE RUNNERS	ŁOMIANKI		K1 < 29 LAT	5	K 81	00:00:38	00:30:49	01:02:03	01:34:33.30	01:35:15.05	7:16	8.2
388	LEZNER KAROLINA	208	KURATOR ZAWODOWY	WARSZAWA	POL	K1 < 29 LAT	6	K 82	00:00:37	00:28:40	01:00:13	01:34:43.45	01:35:20.00	7:17	8.2
389	NASKRĘT MARIUSZ	247		RACOT	POL	M3 40-49 LAT	123	M 307	00:00:39	00:32:16	01:05:01	01:39:43.40	01:40:28.80	7:40	7.8
390	JURKOWSKA IRENA	526		WARSZAWA	POL	K5 60 +	5	K 83	00:00:39	00:32:15	01:04:50	01:40:00.75	01:40:37.80	7:41	7.8
391	WIŚNIEWSKA KATARZYNA	402	INDYWIDUALISTKA	WARSZAWA	POL	K3 40-49 LAT	42	K 84	00:00:36	00:32:28	01:05:32	01:40:14.85	01:40:29.05	7:42	7.8
392	WOŹNIAK BARBARA	524	KS LIMANOWA FORREST	LIMANOWA	POL	K5 60 +	6	K 85	00:00:40	00:32:45	01:05:19	01:40:29.45	01:40:37.65	7:43	7.8
393	DUDA KAMIL	70		ŁOMŻA	POL	M1 < 29 LAT	27	M 308	00:00:38	00:31:42	01:05:48	01:40:30.95	01:41:10.45	7:43	7.8
394	KACZMARZYK HUBERT	146	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M1 < 29 LAT	28	M 309	00:00:33	00:18:34	00:37:54			4:21	13.8
395	KRUPIŃSKI MAREK	437	1995	OSTROŁĘKA	POL	M1 < 29 LAT	29	M 310	00:00:18	00:18:56	00:40:11			4:37	13
396	KUSY MARCIN	493		WARSZAWA	POL	M3 40-49 LAT	124	M 311	00:00:29	00:20:47	00:41:26			4:45	12.6
397	KAROLAK RAFAŁ	155	STOMILEX	PRUSZKÓW	POL	M3 40-49 LAT	125	M 312	00:00:37	00:21:09	00:42:27			4:52	12.3
398	BIEDKA ROBERT	533	REBOOK RUN CREW	OSTROŁĘKA		M3 40-49 LAT	126	M 313	00:00:29	00:21:47	00:43:51			5:02	11.9
399	ZUBELEWICZ-JERUZALSKA ANNA	472		WARSZAWA	POL	K2 30-39 LAT	27	K 86	00:00:34	00:22:34	00:45:22			5:12	11.5
400	JĘDRACHOWICZ AGNIESZKA	140		WARSZAWA	POL	K2 30-39 LAT	28	K 87	00:00:35	00:23:05	00:45:26			5:13	11.5
401	ŁĘCKI TOMASZ	211		WARSZAWA	POL	M3 40-49 LAT	127	M 314	00:00:32	00:23:06	00:47:00			5:24	11.1
402	ANTONOWICZ MACIEK	15	DEAF RUNNING	KOSEWKO	POL	M2 30-39 LAT	107	M 315	00:00:37	00:25:13	00:48:35			5:35	10.7
403	BIDZINSKI KRZYSZTOF	31	LEBIEGI	WARSZAWA	POL	M3 40-49 LAT	128	M 316	00:00:38	00:25:14	00:50:35			5:48	10.3
404	OSUCH DOROTA	273	NWST	WARSZAWA	POL	K3 40-49 LAT	43	K 88	00:00:37	00:25:33	00:51:04			5:52	10.2
405	DĄBROWSKI ANDRZEJ	62		JÓZEFÓW	POL	M5 60+	10	M 317	00:00:36	00:25:39	00:51:25			5:54	10.2
406	NOWOSIELSKI TOMASZ	260	HERO	WARSZAWA	POL	M4 50-59	44	M 318	00:00:39	00:25:24	00:52:24			6:01	10
407	ZIEN AGNIESZKA	419		KRĘCZKI	POL	K2 30-39 LAT	29	K 89	00:00:40	00:26:39	00:52:33			6:02	9.9
408	RACZKOWSKA DOROTA	299	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	44	K 90	00:00:33	00:26:07	00:53:00			6:05	9.8
409	GRACZYK ROMAN	112		WARSZAWA	POL	M3 40-49 LAT	129	M 319	00:00:38	00:26:09	00:53:11			6:06	9.8
410	KOWALSKI KAMIL	185	CYTRYNOWI STUDENCI	BRANIEWO	POL	M2 30-39 LAT	108	M 320	00:00:39	00:27:29	00:54:10			6:13	9.6
411	PAWŁOWSKI JAKUB	280	CYTRYNOWI STUDENCI	OLSZTYN	POL	M2 30-39 LAT	109	M 321	00:00:39	00:27:29	00:54:11			6:13	9.6
412	FRENKEL MAREK	87		WARSZAWA	POL	M4 50-59	45	M 322	00:00:39	00:27:31	00:54:29			6:15	9.6
413	PETRYCKI MARCIN	283	PUMPIT	MARKÓW ŚWINICE	POL	M3 40-49 LAT	130	M 323	00:00:35	00:27:59	00:54:43			6:17	9.5
414	ZAWADKA AGNIESZKA	411		STARE BABICE	POL	K3 40-49 LAT	45	K 91	00:00:38	00:27:31	00:55:06			6:20	9.5
415	JAWORSKA JOANNA	136		MARKI	POL	K2 30-39 LAT	30	K 92	00:00:38	00:26:47	00:55:28			6:22	9.4
416	KAMIONOWSKI MARIUSZ-JACEK	152	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	M4 50-59	46	M 324	00:00:32	00:25:45	00:56:40			6:30	9.2
417	SZAFRAN BEATA	355	PUMPIT	MARKÓW ŚWINICE	POL	K3 40-49 LAT	46	K 93	00:00:36	00:28:09	00:56:55			6:32	9.2
418	KUCICKI KRZYSZTOF	196		WARSZAWA	POL	M3 40-49 LAT	131	M 325	00:00:26	00:26:22	00:57:23			6:35	9.1
419	SIEKIERKO ŁUKASZ	322		ŚLUPNO	POL	M2 30-39 LAT	110	M 326	00:00:26	00:39:35	00:58:59			6:46	8.8
420	SALAMON KINGA	314		WARSZAWA	POL	K2 30-39 LAT	31	K 94	00:00:36	00:27:43	00:59:43			6:51	8.7
421	CZARNECKI PIOTR	60	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	111	M 327	00:00:33	00:29:08	01:00:26			6:56	8.6
422	GÓRZECKA ANNA	108		WARSZAWA	POL	K3 40-49 LAT	47	K 95	00:00:36	00:30:09	01:01:15			7:02	8.5



**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
423	JANKOWSKA AGNIESZKA	132	NASIELSK BASZTA TEAM	NASIELSK	POL	K3 40-49 LAT	48	K 96	00:21:59	00:43:30	01:04:47			7:26	8.1
424	WARZECHA JOLANTA	390	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	32	K 97	00:00:36	00:31:31	01:05:12			7:29	8
425	MADEJEK JACEK	441	ZABIEGANI PO USZY	KRAŚNIK	POL	M2 30-39 LAT	112	M 328	00:00:37	00:32:23	01:07:51			7:47	7.7
426	TENDERENDA NATALIA	461		WARSZAWA	POL	K2 30-39 LAT	33	K 98	00:00:38	00:35:10	01:11:27			8:12	7.3
427	KOZŁOWSKI ROBERT	519	CHUDY BYK	ŻYRARDÓW	POL	M1 < 29 LAT	30	M 329	00:00:39	00:46:52	01:13:14			8:25	7.1
428	MAREK ROMAN	225		WARSZAWA	POL	M4 50-59	47	M 330	00:00:29	00:23:21				5:18	11.3
429	OSTASZEWSKI WOJCIECH	271	WERKUS RUNNERS	WARSZAWA	POL	M2 30-39 LAT	113	M 331	00:00:37	00:23:39				5:22	11.2
430	DUCH EMIL	69	JB WARSAW	WARSZAWA	POL	M2 30-39 LAT	114	M 332	00:00:38	00:23:48				5:24	11.1
431	PIETRAS TOMASZ	285	NASIELSK BASZTA TEAM	ŻABICZYN	POL	M3 40-49 LAT	132	M 333	00:00:38	00:24:38				5:35	10.7
432	KILKOWSKI JAROSŁAW	164		TORUŃ	POL	M4 50-59	48	M 334	00:00:31	00:26:37				6:02	9.9
433	MIKULIK PIOTR	239		WARSZAWA	POL	M2 30-39 LAT	115	M 335	00:00:35	00:27:26				6:14	9.6
434	KOMOŃ MACIEJ	171		LEGIONOWO	POL	M2 30-39 LAT	116	M 336	00:00:38	00:27:46				6:18	9.5
435	MIŚTA GRZEGORZ	100	FRONTIS	WROCLAW	POL	M3 40-49 LAT	133	M 337	00:00:35	00:28:05				6:22	9.4
436	BAJOREK JACEK	19	MARKOWI BIEGACZE	WYSZKÓW	POL	M3 40-49 LAT	134	M 338	00:00:37	00:28:05				6:22	9.4
437	NACZULSKI WITOLD	244	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	117	M 339	00:00:39	00:28:17				6:25	9.3
438	DYMEL PIOTR	481	12TRI.PL	WARSZAWA	POL	M5 60+	11	M 340	00:00:37	00:28:18				6:25	9.3
439	MIKOŁAJCZYK MAŁGORZATA	238		WARSZAWA	POL	K3 40-49 LAT	49	K 99	00:00:37	00:28:38				6:30	9.2
440	KILKOWSKA JOANNA	163		WARSZAWA	POL	K4 50-59 LAT	6	K 100	00:00:31	00:28:41				6:31	9.2
441	STYKOWSKA ZOSIA	546	TARKOŚWIRY	WARSZAWA	POL	K1 < 29 LAT	7	K 101	00:00:36	00:29:09				6:37	9.1
442	ARTYMIUK OLAF	17		LEGIONOWO	POL	M2 30-39 LAT	118	M 341	00:00:38	00:29:10				6:37	9.1
443	ZYGMUNT KAMIL	527		WARSZAWA	POL	M2 30-39 LAT	119	M 342	00:00:40	00:29:30				6:42	8.9
444	UCHROŃSKA JUSTYNA	512		WARSZAWA	POL	K2 30-39 LAT	34	K 102	00:00:42	00:29:32				6:42	8.9
445	ZIELIŃSKI PAWEŁ	417	BRAK	WARSZAWA	POL	M2 30-39 LAT	120	M 343	00:00:37	00:29:50				6:46	8.8
446	DYMEL ANDRZEJ	72	MARKOWI BIEGACZE	WARSZAWA	POL	M5 60+	12	M 344	00:00:37	00:30:00				6:49	8.8
447	KEPCZYŃSKI JANUSZ	161	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M5 60+	13	M 345	00:00:38	00:30:20				6:53	8.7
448	NOWORYTA JACEK	259	ASA TEAM BIEGIEM PO ZDROWIE	WARSZAWA	POL	M5 60+	14	M 346	00:00:36	00:30:46				6:59	8.6
449	STYKOWSKA BEATA	347	TARCHOŚFIRY	WARSZAWA	POL	K2 30-39 LAT	35	K 103	00:00:36	00:31:02				7:03	8.5
450	STYKOWSKA WIKTORIA	547	TARKOŚWIRY	WARSZAWA	POL	K1 < 29 LAT	8	K 104	00:00:36	00:31:03				7:03	8.5
451	SOSNÓWKA MAGDALENA	335		WARSZAWA	POL	K3 40-49 LAT	50	K 105	00:00:39	00:32:17				7:20	8.2
452	RADWAN-PYTLEWSKI PAWEŁ	300	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	MARKI	POL	M2 30-39 LAT	121	M 347	00:00:37	00:33:20				7:34	7.9
453	KOLEBSKA MIROŚLAWA	169		KĘPNO	POL	K4 50-59 LAT	7	K 106	00:00:38	00:33:40				7:39	7.8
454	KAMIŃSKI WALDEMAR	433		WARSZAWA	POL	M4 50-59	49	M 348	00:00:39	00:35:42				8:06	7.4
455	SKRZYDŁOWSKA-KALUKIN KATARZYNA	326	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	8	K 107	00:00:41	00:35:43				8:07	7.4
456	ANUSZKIEWICZ WŁODZIMIERZ	16		WARSZAWA	POL	M4 50-59	50	M 349	00:00:32	00:36:39				8:19	7.2
457	SZOT AGNIESZKA	362	CYTRYNOWI STUDENCI	ŁÓDŹ	POL	K3 40-49 LAT	51	K 108	00:00:36	00:39:54				9:04	6.6
458	BOGUSZ AGNIESZKA	32	CYTRYNOWI STUDENCI	KRAKÓW	POL	K3 40-49 LAT	52	K 109	00:00:37	00:39:55				9:04	6.6
459	NOWAK BARTŁOMIEJ	256		INOWROCLAW	POL	M3 40-49 LAT	135	M 350	00:00:27	00:43:14				9:49	6.1
460	KRAWCZYK KAROLINA	544		WARSZAWA	POL	K2 30-39 LAT	36	K 110	00:00:38	00:43:42				9:55	6
461	WILCZYŃSKA MAŁGORZATA	545		WARSZAWA	POL	K3 40-49 LAT	53	K 111	00:00:38	00:43:42				9:55	6
462	SZCZEPKOWSKI PRZEMYSŁAW	508		KABATY	POL	M2 30-39 LAT	122	M 351	00:39:17					392:50	0.2
	FICEK ŁUKASZ	78	CYTRYNOWI STUDENCI	CHORZELOW	POL	M2 30-39 LAT			00:00:38	00:32:14	00:41:15	DNF	DNF	-	-
									DNF	DNF	DNF			-	-
	KOŁOSOWSKI PIOTR	434	KUNGFU PANDA TEAM	WARSZAWA	POL	M2 30-39 LAT			00:00:38	00:23:17	00:46:12	DNF	DNF	-	-
									DNF	DNF	DNF			-	-
	OSTASZEWSKI MARCIN	272		WARSZAWA	POL	M2 30-39 LAT			00:00:37	00:23:03	DNF	DNF	DNF	-	-
									DNF	DNF				-	-
	BANAŚ MALWINA	20	PUSTELNIK	WARSZAWA	POL	K2 30-39 LAT			00:00:33	00:23:04	DNF	DNF	DNF	-	-
									DNF	DNF				-	-
	OSTASZEWSKI MAREK	270		WARSZAWA	POL	M2 30-39 LAT			00:00:37	00:23:37	DNF	DNF	DNF	-	-
									DNF	DNF				-	-
	TERZONI KARINA	600	VIRTUAL RUNNERS CLUB	WARSZAWA	POL	K2 30-39 LAT			00:00:33	00:23:42	DNF	DNF	DNF	-	-
									DNF	DNF				-	-
	JÓZWIK ROBERT	142	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT			00:00:36	00:24:17	DNF	DNF	DNF	-	-
									DNF	DNF				-	-
	ZIELIŃSKA ALEKSANDRA	470	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37	00:25:48	DNF	DNF	DNF	-	-
									DNF	DNF				-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
	GAŁUSZKA KATARZYNA	93	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37 DNF	00:26:15 DNF	DNF	DNF	DNF	-	-
	OLSZEWSKA MARIOLA	268	RAZEM DLA BIAŁOŁĘKI	WARSZAWA	POL	K3 40-49 LAT			00:00:36 DNF	00:26:17 DNF	DNF	DNF	DNF	-	-
	SZCZEPAŃSKA DUDA MONIKA	358		WARSZAWA	POL	K3 40-49 LAT			00:00:36 DNF	00:26:17 DNF	DNF	DNF	DNF	-	-
	PYL KAROLINA	296		BŁONIE	POL	K1 < 29 LAT			00:00:44 DNF	00:26:19 DNF	DNF	DNF	DNF	-	-
	ŻÓŁCIŃSKI WALDEMAR	424	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+			00:00:37 DNF	00:27:04 DNF	DNF	DNF	DNF	-	-
	KERNER AGNIESZKA	160	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K4 50-59 LAT			00:00:37 DNF	00:27:16 DNF	DNF	DNF	DNF	-	-
	SCHILLER MONIKA	317	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT			00:00:37 DNF	00:28:37 DNF	DNF	DNF	DNF	-	-
	BUDNIK STANISŁAW	479	NASIELSK BASZTA TEAM	NASIELSK	POL	M1 < 29 LAT			00:00:39 DNF	00:30:00 DNF	DNF	DNF	DNF	-	-
	NIWCZAS ZDZIŚLAW	532		WARSZAWA	POL	M5 60+			00:00:32 DNF	00:38:02 DNF	DNF	DNF	DNF	-	-
	DOMAŃSKI JACEK EXPEDYT	68	WKB META LUBLINIEC	WARSZAWA	POL	M5 60+			00:00:52 DNF	00:41:24 DNF	DNF	DNF	DNF	-	-
	UZIĘBŁO WIESŁAW	555	SDP	WARSZAWA		M5 60+			00:00:48 DNF	01:24:06 DNF	DNF	DNF	DNF	-	-
	TYBURC PAWEŁ	548		WARSZAWA		M3 40-49 LAT			01:09:11 DNF	DNF	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKA IZABELA	276	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:00:19	00:16:52	00:34:14	00:51:36.55	00:51:38.85	3:58	15.1
2	SAWICKA ANNA	502	DREAM RUN	WARSZAWA	POL	K2 30-39 LAT	2	K 2	00:00:21	00:17:32	00:35:06	00:52:46.55	00:52:50.35	4:03	14.8
3	MISZTA BARBARA	240	KS STASZEWSKY	ZABKI	POL	K3 40-49 LAT	1	K 3	00:00:22	00:19:30	00:38:51	00:57:57.40	00:58:01.40	4:27	13.5
4	WINKOWSKA-STRUZIK MAGDALENA	400	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	3	K 4	00:00:27	00:19:48	00:40:21	01:01:01.05	01:01:09.35	4:41	12.8
5	SZYSZKO EWA	368	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	4	K 5	00:00:23	00:20:25	00:41:03	01:01:34.60	01:01:39.30	4:44	12.7
6	MORELOWSKA MARIA	241	WALHALLA FIGHT CLUB	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	2	K 6	00:00:25	00:20:27	00:41:02	01:01:49.60	01:01:53.30	4:45	12.6
7	GRUMBANIN PAULINA	115	LOGWIN	PRUSZKÓW	POL	K3 40-49 LAT	3	K 7	00:00:25	00:20:26	00:41:04	01:01:57.30	01:02:03.55	4:45	12.6
8	KOWALSKA KASIA	184	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:00:29	00:20:18	00:41:03	01:02:06.40	01:02:20.70	4:46	12.6
9	STĘPIEŃ PAULINA	507		WARSZAWA	POL	K2 30-39 LAT	5	K 9	00:00:32	00:21:30	00:42:50	01:04:12.20	01:04:35.00	4:56	12.1
10	BUCHAŁSKA EWA	478	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	5	K 10	00:00:34	00:21:36	00:43:24	01:05:16.00	01:05:36.05	5:01	12
11	TEJCHMA NATALIA	373	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	6	K 11	00:00:36	00:22:51	00:44:06	01:05:26.60	01:05:49.90	5:02	11.9
12	GULCZ KATARZYNA	120	SR GDAŃSK-PÓŁNOC/KUJAWSKY RUNNERS	BANINO	POL	K3 40-49 LAT	7	K 12	00:00:27	00:21:36	00:43:19	01:05:33.65	01:05:40.20	5:02	11.9
13	KALICZYŃSKA WIOLETTA	147	CYTRYNOWI STUDENCI / RUNEDA	GDYNIA	POL	K3 40-49 LAT	8	K 13	00:00:28	00:21:47	00:43:50	01:06:16.25	01:06:25.65	5:05	11.8
14	GRZECHNIK RENATA	431		MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	9	K 14	00:00:31	00:22:43	00:45:12	01:07:01.00	01:07:18.30	5:09	11.6
15	SCHINDLER ŻANETA	318		WARSZAWA	POL	K3 40-49 LAT	10	K 15	00:00:27	00:22:12	00:44:58	01:07:40.10	01:07:47.90	5:12	11.5
16	CICHOŃSKA ELŻBIETA	49	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K4 50-59 LAT	1	K 16	00:00:31	00:22:35	00:45:18	01:08:05.00	01:08:16.65	5:14	11.5
17	WOJCIECHOWSKA KLAUDIA	468	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	11	K 17	00:00:30	00:22:49	00:45:15	01:08:11.70	01:08:19.55	5:14	11.4
18	TRZASKOWSKA JUSTYNA	462		WARSZAWA	POL	K2 30-39 LAT	6	K 18	00:00:35	00:23:15	00:45:38	01:08:20.50	01:09:04.45	5:15	11.4
19	BORAWSKA EMILIA	34		WARSZAWA	POL	K2 30-39 LAT	7	K 19	00:00:34	00:23:06	00:46:07	01:08:46.15	01:09:15.10	5:17	11.3
20	MYŚLIŃSKA ANNA	1	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	12	K 20	00:00:32	00:23:05	00:46:14	01:09:07.55	01:09:23.05	5:19	11.3
21	PLÓCIENNIK RENATA	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OSTRÓW WIELKOPOLSKI	POL	K4 50-59 LAT	2	K 21	00:00:33	00:22:52	00:46:00	01:09:42.80	01:10:08.75	5:21	11.2
22	SUCHOCKA MONIKA	525		DOBRE	POL	K2 30-39 LAT	8	K 22	00:00:27	00:23:04	00:46:46	01:09:59.20	01:10:02.10	5:23	11.1
23	KULESZA AGNIESZKA	439	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K1 < 29 LAT	1	K 23	00:00:34	00:23:50	00:47:11	01:10:15.20	01:10:30.85	5:24	11.1
24	AMROZIK ANNA	13		LEGIONOWO	POL	K2 30-39 LAT	9	K 24	00:00:38	00:23:44	00:47:15	01:10:47.00	01:11:19.45	5:26	11
25	MĘDEL MARTA	231		KOSZALIN	POL	K3 40-49 LAT	13	K 25	00:00:37	00:24:12	00:47:49	01:11:09.85	01:11:28.35	5:28	11
26	NOWAK KAROLINA	255		INOWROCŁAW	POL	K2 30-39 LAT	10	K 26	00:00:28	00:23:46	00:47:53	01:11:47.40	01:11:50.90	5:31	10.9

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
27	ANDRUKIEWICZ ANITA	14	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	K2 30-39 LAT	11	K 27	00:00:37	00:24:25	00:48:26	01:12:03.40	01:12:28.95	5:32	10.8
28	MAJEWSKA HANNA	219	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	12	K 28	00:00:34	00:23:39	00:48:01	01:12:04.05	01:12:25.20	5:32	10.8
29	JAROSZ-PIWONSKA ALDONA	134		GÓRA KALWARIA, POW. PIASECZYŃSKI	POL	K3 40-49 LAT	14	K 29	00:00:33	00:23:52	00:48:12	01:12:35.45	01:13:27.05	5:35	10.7
30	ŻAK OLIVIA	423	PIASECZNO RUNNING	JASTRZĘBIE	POL	K2 30-39 LAT	13	K 30	00:00:37	00:24:00	00:48:20	01:12:42.10	01:13:25.40	5:35	10.7
31	KOSEWSKA DOROTA	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:00:36	00:24:35	00:48:50	01:13:10.95	01:13:33.85	5:37	10.7
32	GALIŃSKA MAGDALENA	91	WARSZAWSKI ZAŁĘK	LEGIONOWO	POL	K2 30-39 LAT	14	K 32	00:00:36	00:23:54	00:47:58	01:13:15.15	01:13:56.00	5:38	10.6
33	MARCZAK GRAŻYNA	223	LECZO TEAM	WARSZAWA	POL	K5 60 +	1	K 33	00:00:36	00:24:27	00:48:39	01:13:31.85	01:14:08.20	5:39	10.6
34	KARASIEWICZ KATARZYNA	154		KULIGÓW	POL	K3 40-49 LAT	15	K 34	00:00:34	00:24:15	00:48:40	01:13:34.70	01:13:52.35	5:39	10.6
35	BRZOSKA MAŁGORZATA	427	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	16	K 35	00:00:28	00:23:42	00:48:21	01:13:35.05	01:13:39.75	5:39	10.6
36	STĘPIŃSKA ANNA	343		WARSZAWA	POL	K1 < 29 LAT	2	K 36	00:00:35	00:24:45	00:48:46	01:13:46.85	01:14:13.10	5:40	10.6
37	CZAJKA JUSTYNA	57		PRUSZKÓW	POL	K3 40-49 LAT	17	K 37	00:00:36	00:22:57	00:46:08	01:13:51.55	01:14:12.80	5:40	10.6
38	KRZYŚIAK ANECZKA	190		OWCZARNIA	POL	K3 40-49 LAT	18	K 38	00:00:38	00:24:13	00:49:36	01:14:25.15	01:15:05.05	5:43	10.5
39	TRZASKOWSKA JOANNA	380	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:00:38	00:24:34	00:49:21	01:14:31.60	01:15:06.00	5:44	10.5
40	ADAMCZUK AGNIESZKA	11	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	19	K 40	00:00:37	00:26:05	00:50:43	01:14:35.15	01:15:02.70	5:44	10.5
41	SKIBIŃSKA MAŁGORZATA	454	ZOLWIKIERSI	WARSZAWA	POL	K3 40-49 LAT	20	K 41	00:00:36	00:25:50	00:50:43	01:15:03.65	01:15:42.80	5:46	10.4
42	GADOMSKA MAŁGORZATA	88	NW CZŁAPSKI TEAM	WARSZAWA	POL	K3 40-49 LAT	21	K 42	00:00:36	00:24:56	00:49:54	01:15:31.25	01:15:46.15	5:48	10.3
43	WEBER AGATA	393	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 43	00:01:03	00:24:46	00:49:49	01:15:31.85	01:15:31.85	5:48	10.3
44	KOLASA PAULINA	168	KLUB GORDONA I GINY	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:00:35	00:24:37	00:49:51	01:15:43.20	01:16:21.30	5:49	10.3
45	PEPŁAWSKA MAŁGORZATA	282	III ZKSS SR LEGIONOWO	WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:00:29	00:24:40	00:50:14	01:15:52.20	01:16:01.80	5:50	10.3
46	KŁOS ANNA	166	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	23	K 46	00:00:38	00:26:38	00:51:40	01:16:12.15	01:16:54.40	5:51	10.2
47	ŁOZOWSKA ANETA	212		WARSZAWA	POL	K3 40-49 LAT	24	K 47	00:00:38	00:26:00	00:51:25	01:16:38.35	01:17:08.05	5:53	10.2
48	GONET KATARZYNA	105		WARSZAWA	POL	K3 40-49 LAT	25	K 48	00:00:38	00:26:00	00:51:25	01:16:46.20	01:17:14.70	5:54	10.2
49	MAZUR JOWITA	229	FUNKCJONUJ	WARSZAWA	POL	K3 40-49 LAT	26	K 49	00:00:39	00:26:01	00:51:25	01:16:46.55	01:17:15.45	5:54	10.2
50	WAŚK IZABELA	392		WARSZAWA	POL	K3 40-49 LAT	27	K 50	00:00:37	00:25:59	00:51:23	01:16:50.90	01:17:22.05	5:54	10.1
51	KOTLENGA MONIKA	181		IŁAWA	POL	K3 40-49 LAT	28	K 51	00:00:33	00:25:24	00:51:09	01:16:54.80	01:17:07.85	5:54	10.1
52	TEŁAKOWSKA ANITA	374		WARSZAWA	POL	K2 30-39 LAT	18	K 52	00:00:36	00:24:31	00:50:51	01:16:59.80	01:17:12.95	5:55	10.1
53	ŚWIETLIK MAGDALENA	351		WARSZAWA	POL	K2 30-39 LAT	19	K 53	00:00:38	00:26:09	00:51:44	01:17:02.35	01:17:31.85	5:55	10.1
54	KMIĘC AGNIESZKA	489		LEŻAJSK	POL	K2 30-39 LAT	20	K 54	00:00:38	00:25:58	00:51:46	01:17:10.30	01:17:42.85	5:56	10.1
55	TROJANEK EDYTA	378	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	K3 40-49 LAT	29	K 55	00:00:35	00:26:10	00:51:47	01:17:10.45	01:17:27.25	5:56	10.1
56	RZEPLIŃSKA DOROTA	500		RUNÓW	POL	K3 40-49 LAT	30	K 56	00:00:31	00:25:33	00:51:29	01:17:24.40	01:17:36.15	5:57	10.1
57	GROBEREK MONIKA	113		WARSZAWA	POL	K3 40-49 LAT	31	K 57	00:00:34	00:25:49	00:51:13	01:17:31.95	01:17:54.55	5:57	10.1
58	NOBERT MARTA	252	CYTRYNOWI STUDENCI	SOKÓŁKA	POL	K3 40-49 LAT	32	K 58	00:00:34	00:25:39	00:51:23	01:18:01.10	01:18:11.00	6:00	10
59	DĘBSKA JOANNA	65		PŁOŃSK	POL	K2 30-39 LAT	21	K 59	00:00:39	00:25:37	00:51:15	01:18:30.00	01:19:02.65	6:02	9.9
60	ADAMOWSKA BARBARA	12		WARSZAWA	POL	K3 40-49 LAT	33	K 60	00:00:36	00:26:04	00:52:08	01:19:00.45	01:19:24.50	6:04	9.9
61	SIKORSKA AGNIESZKA	504	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	34	K 61	00:00:37	00:26:33	00:52:54	01:19:55.45	01:20:46.25	6:08	9.8
62	ŚWISTOWSKA ANNA	370		WARSZAWA	POL	K2 30-39 LAT	22	K 62	00:00:34	00:25:50	00:52:34	01:20:22.80	01:20:40.10	6:11	9.7
63	NIEZGODA EWA	251	NIEZGODNIKI	WARSZAWA	POL	K3 40-49 LAT	35	K 63	00:00:32	00:26:50	00:53:54	01:20:51.60	01:20:59.50	6:13	9.6
64	SIERZPUTOWSKA EWA	323	SIE_BIEGA	WARSZAWA	POL	K4 50-59 LAT	4	K 64	00:00:37	00:26:40	00:53:39	01:20:54.80	01:21:29.20	6:13	9.6
65	TOMASZEWSKA MARIOLA	376	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K4 50-59 LAT	5	K 65	00:00:38	00:26:46	00:53:51	01:21:00.50	01:21:29.40	6:13	9.6
66	STANKIEWICZ MAŁGORZATA	336		NIEPORĘT	POL	K2 30-39 LAT	23	K 66	00:00:38	00:26:35	00:53:55	01:21:41.70	01:22:13.85	6:17	9.5
67	SOBCZAK ANNA	456	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	K3 40-49 LAT	36	K 67	00:00:36	00:26:55	00:54:27	01:22:07.95	01:22:46.10	6:19	9.5
68	STRACHOCKA ANNA	344	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K5 60 +	2	K 68	00:00:36	00:27:15	00:54:31	01:22:41.30	01:23:23.35	6:21	9.4
69	RUCIŃSKA JOLANTA	308	NASIELSK BASZTA TEAM	NASIELSK	POL	K2 30-39 LAT	24	K 69	00:00:35	00:27:41	00:54:51	01:24:04.70	01:24:27.00	6:28	9.3
70	STAŃCZYK ZOFIA	339		ZIELONKA	POL	K1 < 29 LAT	3	K 70	00:00:37	00:27:17	00:54:55	01:24:07.30	01:24:56.75	6:28	9.3
71	ROMANOWSKA EWA	451	KUNGFU PANDA	ŁYSOMICE	POL	K2 30-39 LAT	25	K 71	00:00:38	00:28:03	00:56:28	01:24:22.50	01:25:02.40	6:29	9.2
72	ZYGMUNT NATALIA	473		PRUSZKÓW	POL	K1 < 29 LAT	4	K 72	00:00:36	00:27:14	00:55:42	01:24:29.50	01:24:42.55	6:29	9.2
73	ŁĄCZA ILONA	210	BLAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	37	K 73	00:00:37	00:28:15	00:57:31	01:25:34.45	01:25:52.35	6:35	9.1
74	HĄJKOWICZ DOROTA	541		WARSZAWA	POL	K3 40-49 LAT	38	K 74	00:00:36	00:26:58	00:57:11	01:27:12.85	01:27:12.85	6:42	8.9
75	ŁUCZAK MAŁGORZATA	215	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	39	K 75	00:00:39	00:28:50	00:58:20	01:27:33.55	01:28:08.00	6:44	8.9
76	WINDER AGNIESZKA	399		WARSZAWA	POL	K2 30-39 LAT	26	K 76	00:00:36	00:27:39	00:56:53	01:27:33.70	01:28:02.90	6:44	8.9
77	CHOŁUJ AGATA	48	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	40	K 77	00:00:37	00:28:15	00:57:19	01:27:42.75	01:28:25.70	6:44	8.9
78	WASZKIEWICZ MARTA	464	WASZKA TEAM	MROZY WIELKIE	POL	K3 40-49 LAT	41	K 78	00:00:36	00:28:41	00:58:38	01:28:09.60	01:28:21.75	6:46	8.8
79	GŁOWACKA ELŻBIETA	98	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	3	K 79	00:00:39	00:29:07	00:59:51	01:31:30.60	01:32:01.35	7:02	8.5
80	KASIEWSKA EWA KATARZYNA	157	WKB META LUBLINIEC	POZNAŃ	POL	K5 60 +	4	K 80	00:00:38	00:30:13	01:01:14	01:32:59.45	01:33:33.00	7:09	8.4
81	GOJAN JOANNA	537	VEGE RUNNERS	ŁOMIANKI	POL	K1 < 29 LAT	5	K 81	00:00:38	00:30:49	01:02:03	01:34:33.30	01:35:15.05	7:16	8.2

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
82	LEZNER KAROLINA	208	KURATOR ZAWODOWY	WARSZAWA	POL	K1 < 29 LAT	6	K 82	00:00:37	00:28:40	01:00:13	01:34:43.45	01:35:20.00	7:17	8.2
83	JURKOWSKA IRENA	526		WARSZAWA	POL	K5 60 +	5	K 83	00:00:39	00:32:15	01:04:50	01:40:00.75	01:40:37.80	7:41	7.8
84	WIŚNIEWSKA KATARZYNA	402	INDYWIDUALISTKA	WARSZAWA	POL	K3 40-49 LAT	42	K 84	00:00:36	00:32:28	01:05:32	01:40:14.85	01:40:29.05	7:42	7.8
85	WOŹNIAK BARBARA	524	KS LIMANOWA FORREST	LIMANOWA	POL	K5 60 +	6	K 85	00:00:40	00:32:45	01:05:19	01:40:29.45	01:40:37.65	7:43	7.8
86	ZUBELEWICZ-JERUZALSKA ANNA	472		WARSZAWA	POL	K2 30-39 LAT	27	K 86	00:00:34	00:22:34	00:45:22			5:12	11.5
87	JĘDRACHOWICZ AGNIESZKA	140		WARSZAWA	POL	K2 30-39 LAT	28	K 87	00:00:35	00:23:05	00:45:26			5:13	11.5
88	OSUCH DOROTA	273	NWST	WARSZAWA	POL	K3 40-49 LAT	43	K 88	00:00:37	00:25:33	00:51:04			5:52	10.2
89	ZIEŃ AGNIESZKA	419		KRĘCZKI	POL	K2 30-39 LAT	29	K 89	00:00:40	00:26:39	00:52:33			6:02	9.9
90	RACZKOWSKA DOROTA	299	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	44	K 90	00:00:33	00:26:07	00:53:00			6:05	9.8
91	ZAWADKA AGNIESZKA	411		STARE BABICE	POL	K3 40-49 LAT	45	K 91	00:00:38	00:27:31	00:55:06			6:20	9.5
92	JAWORSKA JOANNA	136		MARKI	POL	K2 30-39 LAT	30	K 92	00:00:38	00:26:47	00:55:28			6:22	9.4
93	SZAFRAN BEATA	355	PUMP'IT	MARKÓW ŚWINICE	POL	K3 40-49 LAT	46	K 93	00:00:36	00:28:09	00:56:55			6:32	9.2
94	SALAMON KINGA	314		WARSZAWA	POL	K2 30-39 LAT	31	K 94	00:00:36	00:27:43	00:59:43			6:51	8.7
95	GÓRECKA ANNA	108		WARSZAWA	POL	K3 40-49 LAT	47	K 95	00:00:36	00:30:09	01:01:15			7:02	8.5
96	JANKOWSKA AGNIESZKA	132	NASIELSK BASZTA TEAM	NASIELSK	POL	K3 40-49 LAT	48	K 96	00:21:59	00:43:30	01:04:47			7:26	8.1
97	WARZECHA JOLANTA	390	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	32	K 97	00:00:36	00:31:31	01:05:12			7:29	8
98	TENDERENDA NATALIA	461		WARSZAWA	POL	K2 30-39 LAT	33	K 98	00:00:38	00:35:10	01:11:27			8:12	7.3
99	MIKOŁAJCZYK MAŁGORZATA	238		WARSZAWA	POL	K3 40-49 LAT	49	K 99	00:00:37	00:28:38				6:30	9.2
100	KILKOWSKA JOANNA	163		WARSZAWA	POL	K4 50-59 LAT	6	K 100	00:00:31	00:28:41				6:31	9.2
101	STYKOWSKA ZOSIA	546	TARKOŚWIRY	WARSZAWA	POL	K1 < 29 LAT	7	K 101	00:00:36	00:29:09				6:37	9.1
102	UCHROŃSKA JUSTYNA	512		WARSZAWA	POL	K2 30-39 LAT	34	K 102	00:00:42	00:29:32				6:42	8.9
103	STYKOWSKA BEATA	347	TARCHOŚFIRY	WARSZAWA	POL	K2 30-39 LAT	35	K 103	00:00:36	00:31:02				7:03	8.5
104	STYKOWSKA WIKTORIA	547	TARKOŚWIRY	WARSZAWA	POL	K1 < 29 LAT	8	K 104	00:00:36	00:31:03				7:03	8.5
105	SOSNÓWKA MAGDALENA	335		WARSZAWA	POL	K3 40-49 LAT	50	K 105	00:00:39	00:32:17				7:20	8.2
106	KOLEBSKA MIROŚLAWA	169		KEPNO	POL	K4 50-59 LAT	7	K 106	00:00:38	00:33:40				7:39	7.8
107	SKRZYDŁOWSKA-KALUKIN KATARZYNA	326	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	8	K 107	00:00:41	00:35:43				8:07	7.4
108	SZOT AGNIESZKA	362	CYTRYNOWI STUDENCI	ŁÓDŹ	POL	K3 40-49 LAT	51	K 108	00:00:36	00:39:54				9:04	6.6
109	BOGUSZ AGNIESZKA	32	CYTRYNOWI STUDENCI	KRAKÓW	POL	K3 40-49 LAT	52	K 109	00:00:37	00:39:55				9:04	6.6
110	KRAWCZYK KAROLINA	544		WARSZAWA	POL	K2 30-39 LAT	36	K 110	00:00:38	00:43:42				9:55	6
111	WILCZYŃSKA MAŁGORZATA	545		WARSZAWA	POL	K3 40-49 LAT	53	K 111	00:00:38	00:43:42				9:55	6
	BANAŚ MALWINA	20	PUSTELNIK	WARSZAWA	POL	K2 30-39 LAT			00:00:33	00:23:04	DNF	DNF	DNF	-	-
	TERZONI KARINA	600	VIRTUAL RUNNERS CLUB	WARSZAWA		K2 30-39 LAT			DNF	DNF	DNF	DNF	DNF	-	-
	ZIELIŃSKA ALEKSANDRA	470	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37	00:25:48	DNF	DNF	DNF	-	-
	GAŁUSZKA KATARZYNA	93	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37	00:26:15	DNF	DNF	DNF	-	-
	OLSZEWSKA MARIOLA	268	RAZEM DLA BIAŁOŁĘKI	WARSZAWA	POL	K3 40-49 LAT			00:00:36	00:26:17	DNF	DNF	DNF	-	-
	SZCZEPAŃSKA DUDA MONIKA	358		WARSZAWA	POL	K3 40-49 LAT			00:00:36	00:26:17	DNF	DNF	DNF	-	-
	PYL KAROLINA	296		BŁONIE	POL	K1 < 29 LAT			00:00:44	00:26:19	DNF	DNF	DNF	-	-
	KERNER AGNIESZKA	160	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K4 50-59 LAT			00:00:37	00:27:16	DNF	DNF	DNF	-	-
	SCHILLER MONIKA	317	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT			00:00:37	00:28:37	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKI ŁUKASZ	277	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:00:16	00:14:15	00:28:26	00:42:46.20	00:42:48.15	3:17	18.2
2	SŁUPIK TOMASZ	455		WARSZAWA	POL	M1 < 29 LAT	1	M 2	00:00:15	00:14:15	00:28:39	00:43:19.00	00:43:20.50	3:19	18
3	FALKOWSKI BARTEK	77	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	2	M 3	00:00:16	00:14:44	00:29:30	00:44:14.55	00:44:16.10	3:24	17.6
4	BĘTKOWSKI PIOTR	475		WARSZAWA	POL	M2 30-39 LAT	3	M 4	00:00:17	00:14:45	00:29:35	00:44:50.75	00:44:52.20	3:27	17.4

**BIĄŁOLEŃSKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
5	JOSYPENKO JĘDRZEJ	487	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	4	M 5	00:00:16	00:14:44	00:30:01	00:45:51.60	00:45:53.70	3:31	17
6	TABER KONRAD	371	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	BRWINÓW	POL	M1 < 29 LAT	2	M 6	00:00:16	00:15:23	00:30:52	00:46:30.85	00:46:31.95	3:34	16.8
7	MASIAREK MACIEJ	227		PIOTRKÓW TRYBUNALSKI	POL	M1 < 29 LAT	3	M 7	00:00:15	00:15:08	00:30:57	00:46:53.85	00:46:57.05	3:36	16.6
8	FIEDOROW TOMASZ	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	5	M 8	00:00:15	00:15:32	00:31:42	00:47:35.10	00:47:36.85	3:39	16.4
9	URMANOWSKI DANIEL	386	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:00:16	00:15:23	00:31:27	00:47:37.75	00:47:40.35	3:39	16.4
10	HILDEBRAND MARCIN	127	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	7	M 10	00:00:19	00:16:05	00:32:03	00:48:04.55	00:48:06.85	3:41	16.2
11	KIELAK LESZEK	488	ENTRE RUNNING	SULEJÓWEK	POL	M2 30-39 LAT	8	M 11	00:00:22	00:16:10	00:32:19	00:48:22.10	00:48:22.10	3:43	16.1
12	ŁABĘDKI KONRAD	520	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	9	M 12	00:00:18	00:16:29	00:32:29	00:48:37.10	00:48:39.45	3:44	16
13	GRZYBOWSKI PAWEŁ	119	TEAM PARSZCZYŃSKICH	GOLENIOWO	POL	M2 30-39 LAT	10	M 13	00:00:16	00:15:39	00:32:16	00:48:49.10	00:48:51.05	3:45	16
14	GOZDEK SCYZORYK	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	1	M 14	00:00:18	00:16:19	00:32:46	00:49:11.15	00:49:13.45	3:47	15.9
15	WERNER KAMIL	394	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM	WARSZAWA	POL	M2 30-39 LAT	11	M 15	00:00:17	00:16:08	00:32:49	00:49:27.45	00:49:30.45	3:48	15.8
16	NOWOSIELSKI GRZEGORZ	448	ŻÓRAWSKI TEAM	WARSZAWA	POL	M1 < 29 LAT	4	M 16	00:00:20	00:16:46	00:33:20	00:49:32.30	00:49:34.70	3:48	15.7
17	GAŁUSZKA FILIP	92	KOKOSZKA36TEAM	WARSZAWA	POL	M2 30-39 LAT	12	M 17	00:00:20	00:16:53	00:33:39	00:50:11.85	00:50:15.50	3:51	15.5
18	PRZYBYŁA KRZYSZTOF	499	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	13	M 18	00:00:18	00:16:37	00:33:21	00:50:23.95	00:50:26.35	3:52	15.5
19	MIELCZAREK KRZYSZTOF	236	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	2	M 19	00:00:18	00:16:26	00:33:27	00:50:23.40	00:50:27.60	3:52	15.5
20	BIAŁEK PIOTR	476	3BRO	OLSZTYN	POL	M2 30-39 LAT	14	M 20	00:00:18	00:16:53	00:33:54	00:50:48.10	00:50:50.85	3:54	15.4
21	MAJCHRZAK SŁAWOMIR	218	UKS TYCHOW STARY	STARACHOWICE	POL	M4 50-59	1	M 21	00:00:18	00:16:52	00:33:53	00:50:51.20	00:50:54.20	3:54	15.3
22	KOTLENGA PRZEMYSŁAW	180		ŁAWA	POL	M2 30-39 LAT	15	M 22	00:00:18	00:16:46	00:34:05	00:50:59.65	00:51:02.60	3:55	15.3
23	KRÓL DARIUSZ	534	ZABIEGANY WOŁOMIN	WOŁOMIN		M4 50-59	2	M 23	00:00:21	00:17:07	00:34:14	00:51:11.45	00:51:14.35	3:56	15.2
24	TOMCZAK MARCIN	377	1980	CIECHANÓW	POL	M2 30-39 LAT	16	M 24	00:00:20	00:17:07	00:34:41	00:52:18.30	00:52:21.50	4:01	14.9
25	KUBERA PIOTR	194	ADIDAS RUNNERS WARSAW	JÓZEFÓW	POL	M3 40-49 LAT	3	M 25	00:00:22	00:17:21	00:35:04	00:52:36.00	00:52:36.00	4:02	14.8
26	STRADOMSKI ARTUR	345	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	4	M 26	00:00:20	00:17:33	00:35:05	00:52:38.75	00:52:42.70	4:03	14.8
27	ANUSIEWICZ ROBERT	474		WARSZAWA	POL	M3 40-49 LAT	5	M 27	00:00:21	00:17:55	00:35:41	00:52:55.95	00:53:00.45	4:04	14.7
28	PYTLINSKI RAFAŁ	298		JÓZEFÓW	POL	M3 40-49 LAT	6	M 28	00:00:20	00:17:53	00:35:38	00:53:03.30	00:53:06.55	4:04	14.7
29	SZMIGIELSKI MATEUSZ	531		CHOTOMÓW		M1 < 29 LAT	5	M 29	00:00:27	00:17:33	00:35:01	00:53:16.40	00:53:24.95	4:05	14.6
30	GAJEK IRENEUSZ	89		CIECHANÓW	POL	M3 40-49 LAT	7	M 30	00:00:25	00:18:02	00:35:42	00:53:28.15	00:53:38.75	4:06	14.6
31	NOWOCIEN JACEK	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 31	00:00:21	00:17:57	00:35:44	00:53:40.80	00:53:44.60	4:07	14.5
32	GOŁYŃSKI TOMASZ	483		WARSZAWA	POL	M2 30-39 LAT	17	M 32	00:00:24	00:17:32	00:35:47	00:54:06.35	00:54:15.40	4:09	14.4
33	UGRYN MACIEJ	384	WWW.RUNISMYFUN.COM	WARSZAWA	POL	M2 30-39 LAT	19	M 33	00:00:20	00:17:34	00:35:28	00:54:42.15	00:54:44.75	4:12	14.3
34	TARAS MARCIN	372		WARSZAWA	POL	M2 30-39 LAT	18	M 34	00:00:25	00:17:48	00:36:17	00:54:40.35	00:54:48.45	4:12	14.3
35	ROWIŃSKI TOMASZ	307		PIASECZNO	POL	M3 40-49 LAT	8	M 35	00:00:17	00:17:43	00:36:46	00:54:55.50	00:54:57.55	4:13	14.2
36	BRODAK WALDEMAR	36	CHEMIK NOXY PUŁAWY	PUŁAWY	POL	M5 60+	2	M 36	00:00:26	00:18:34	00:36:34	00:54:50.05	00:54:58.60	4:13	14.2
37	TURSKI MACIEJ	511	MMA, TYLKO MMA	PIONKI	POL	M1 < 29 LAT	6	M 37	00:00:21	00:18:07	00:36:17	00:54:56.50	00:55:03.05	4:13	14.2
38	MIELCZAREK MAREK	235	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	10	M 38	00:00:19	00:18:12	00:36:42	00:55:00.30	00:55:05.35	4:13	14.2
39	SIERZPUTOWSKI ROBERT	453	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	11	M 39	00:00:20	00:18:18	00:36:40	00:55:02.80	00:55:06.30	4:14	14.2
40	MANELSKI ARTUR	442	DOBRZYŃSKI KLUB ZEGLARSKI	URSZULEWO	POL	M2 30-39 LAT	20	M 40	00:00:21	00:18:35	00:37:06	00:55:06.40	00:55:10.80	4:14	14.2
41	KOŚCIK JAKUB	436		WARSZAWA	POL	M2 30-39 LAT	21	M 41	00:00:30	00:19:03	00:37:08	00:55:07.00	00:55:12.95	4:14	14.2
42	OCZKOWSKI MATEUSZ	264	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M3 40-49 LAT	9	M 42	00:00:34	00:18:44	00:36:48	00:54:58.60	00:55:16.20	4:13	14.2
43	NIEZGODA PRZEMYSŁAW	250		WARSZAWA	POL	M2 30-39 LAT	22	M 43	00:00:26	00:18:40	00:37:16	00:55:11.15	00:55:18.65	4:14	14.1
44	SZWARC SZYMON	364		WARSZAWA	POL	M1 < 29 LAT	7	M 44	00:00:23	00:17:51	00:36:22	00:55:13.05	00:55:19.05	4:14	14.1
45	KALINOWSKI ŁUKASZ	148		WARSZAWA	POL	M2 30-39 LAT	23	M 45	00:00:24	00:19:05	00:37:30	00:55:19.10	00:55:26.15	4:15	14.1
46	TYMICKI ZBIGNIEW	382	ENTRE.PL TEAM	WARSZAWA	POL	M4 50-59	3	M 46	00:00:27	00:19:02	00:37:19	00:55:33.80	00:55:42.50	4:16	14
47	ZIÓLKOWSKI JACEK	420		WARSZAWA	POL	M4 50-59	4	M 47	00:00:21	00:18:35	00:37:28	00:55:59.55	00:56:01.40	4:18	13.9
48	DĄBROWSKI MICHAŁ	63		PUŁTUSK	POL	M2 30-39 LAT	24	M 48	00:00:23	00:18:22	00:37:12	00:56:03.00	00:56:09.55	4:18	13.9
49	GWIZDAŁA CEZARY	122	KUŹNIA TRIATHLONU	WARSZAWA	POL	M3 40-49 LAT	12	M 49	00:00:22	00:18:40	00:37:23	00:56:06.95	00:56:12.30	4:19	13.9
50	KOWALEWSKI ŁUKASZ	491	BISKUPIEC BIEGA	BISKUPIEC	POL	M2 30-39 LAT	25	M 50	00:01:48	00:18:55	00:37:33	00:56:24.00	00:56:24.00	4:20	13.8
51	SARZAŁA DARIUSZ	315	AKS POLONIA WARSZAWA	WARSZAWA	POL	M5 60+	3	M 51	00:00:20	00:18:52	00:37:43	00:56:28.45	00:56:30.75	4:20	13.8
52	JASKÓŁOWSKI WALDEMAR	135	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M4 50-59	5	M 52	00:00:41	00:19:15	00:38:02	00:56:51.55	00:56:51.55	4:22	13.7
53	SKOTNICKI PIOTR	325		KRAKÓW	POL	M2 30-39 LAT	26	M 53	00:00:25	00:18:47	00:37:58	00:56:44.80	00:56:54.00	4:21	13.7
54	KORKOSZ ANDRZEJ	174		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	13	M 54	00:00:24	00:19:14	00:38:06	00:56:51.80	00:56:57.05	4:22	13.7

**BIĄŁOLEŃSKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
55	JAWORSKI PIOTR	137	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	15	M 55	00:00:19	00:18:15	00:37:34	00:56:54.80	00:56:58.90	4:22	13.7
56	MICHNOWSKI SEBASTIAN	233		WARSZAWA	POL	M3 40-49 LAT	14	M 56	00:00:27	00:18:58	00:38:02	00:56:53.45	00:57:02.30	4:22	13.7
57	WASZKIEWICZ ARIEL	465	WASZKA TEAM	MROZY WIELKIE	POL	M3 40-49 LAT	16	M 57	00:00:30	00:19:42	00:38:30	00:57:14.05	00:57:25.90	4:24	13.6
58	GĘBALA WOJTEK	94		WARSZAWA	POL	M3 40-49 LAT	17	M 58	00:00:24	00:19:04	00:38:25	00:57:21.70	00:57:27.75	4:24	13.6
59	FILIPCZUK DARIUSZ	83		ZIELONKA	POL	M4 50-59	6	M 59	00:00:23	00:19:05	00:38:23	00:57:32.95	00:57:38.95	4:25	13.6
60	PUTON MICHAŁ	295		LIPSKO	POL	M2 30-39 LAT	27	M 60	00:00:25	00:18:30	00:37:30	00:57:34.30	00:57:43.20	4:25	13.5
61	SMORAWSKI WODZISŁAW	331		WARSZAWA	POL	M2 30-39 LAT	30	M 61	00:00:48	00:19:57	00:38:48	00:57:57.00	00:57:57.00	4:27	13.5
62	OCHENKOWSKI SEBASTIAN	263		WARSZAWA	POL	M2 30-39 LAT	29	M 62	00:00:24	00:19:05	00:38:26	00:57:53.35	00:57:57.80	4:27	13.5
63	MACANDER JAKUB	496		SKIERNIEWICE	POL	M1 < 29 LAT	8	M 63	00:00:17	00:18:38	00:37:35	00:56:38.25	01:01:12.45	4:21	13.8
64	WITKOWSKI ŁUKASZ	405	NASIELSK BASZTA TEAM	NASIELSK	POL	M2 30-39 LAT	28	M 64	00:00:35	00:19:31	00:38:46	00:57:37.30	00:57:58.05	4:26	13.5
65	WIŚNIEWSKI KRZYSZTOF	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	OSTROŁĘKA	POL	M3 40-49 LAT	18	M 65	00:00:25	00:19:20	00:38:39	00:57:58.30	00:58:04.45	4:27	13.5
66	TROJANOWSKI RAFAŁ	379	BIEGAM BO LUBIĘ ŻĄBKI TEAM	ŻĄBKI	POL	M1 < 29 LAT	9	M 66	00:00:22	00:19:05	00:38:32	00:58:06.90	00:58:11.45	4:28	13.4
67	BRODZIK ARKADIUSZ	426		KUFLEW	POL	M2 30-39 LAT	31	M 67	00:00:16	00:18:16	00:38:04	00:58:07.00	00:58:09.65	4:28	13.4
68	MAMLA ZBIGNIEW	221	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	19	M 68	00:00:26	00:18:40	00:38:18	00:58:11.85	00:58:21.55	4:28	13.4
69	KALKO VITALII	149		WARSZAWA	POL	M2 30-39 LAT	32	M 69	00:00:24	00:18:34	00:38:39	00:58:20.10	00:58:24.85	4:29	13.4
70	RESZCZYK MARCIN	302		WARSZAWA	POL	M3 40-49 LAT	20	M 70	00:00:33	00:19:56	00:39:17	00:58:21.80	00:58:55.15	4:29	13.4
71	PUCHACZ PIOTR	294	MPK	WARSZAWA	POL	M3 40-49 LAT	21	M 71	00:00:36	00:19:20	00:38:45	00:58:25.35	00:58:40.90	4:29	13.4
72	KSIEL ARTUR	192		WARSZAWA	POL	M2 30-39 LAT	33	M 72	00:00:27	00:19:36	00:39:06	00:58:39.70	00:58:47.20	4:30	13.3
73	MICHALSKI RYSZARD	445	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	M2 30-39 LAT	34	M 73	00:00:23	00:19:31	00:39:32	00:58:47.30	00:58:56.45	4:31	13.3
74	SYGOCKI KONRAD	352	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	22	M 74	00:00:35	00:19:25	00:38:56	00:58:48.25	00:59:08.65	4:31	13.3
75	GÓRAL TADEUSZ	540	KKB	WARSZAWA	POL	M3 40-49 LAT	23	M 75	00:00:23	00:19:25	00:39:05	00:58:49.40	00:58:52.30	4:31	13.3
76	KANIA PAWEŁ	153	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	24	M 76	00:00:23	00:18:57	00:38:55	00:58:53.40	00:59:00.05	4:31	13.2
77	NAPIÓRKOWSKI GRZEGORZ	246	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI DOLNE	POL	M3 40-49 LAT	25	M 77	00:00:27	00:19:04	00:39:04	00:58:58.30	00:59:04.75	4:32	13.2
78	ŚMIETĄNSKI PIOTR	459	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI	POL	M3 40-49 LAT	26	M 78	00:00:29	00:19:34	00:38:50	00:59:02.95	00:59:19.70	4:32	13.2
79	SERAFIN TOMASZ	503		WARSZAWA	POL	M3 40-49 LAT	27	M 79	00:00:25	00:19:08	00:39:20	00:59:13.80	00:59:20.65	4:33	13.2
80	PLATEK TOMASZ	529		WARSZAWA	POL	M2 30-39 LAT	35	M 80	00:00:26	00:19:45	00:39:41	00:59:15.20	00:59:20.25	4:33	13.2
81	ROPIAK PAWEŁ	305		WARSZAWA	POL	M1 < 29 LAT	10	M 81	00:01:02	00:20:04	00:39:27	00:59:24.10	00:59:24.10	4:34	13.1
82	RYMKIEWICZ ZBIGNIEW	312		ŻĄBKI	POL	M2 30-39 LAT	36	M 82	00:00:25	00:19:35	00:39:33	00:59:26.05	00:59:33.30	4:34	13.1
83	WISZOWATY PIOTR	401		WARSZAWA	POL	M2 30-39 LAT	37	M 83	00:00:28	00:19:52	00:39:44	00:59:30.50	00:59:37.85	4:34	13.1
84	STĘPIEŃ ADAM	342		WARSZAWA	POL	M2 30-39 LAT	38	M 84	00:00:26	00:20:01	00:40:05	00:59:41.00	00:59:47.85	4:35	13.1
85	RZEPLŃSKI JACEK	501		RUNÓW	POL	M4 50-59	7	M 85	00:00:27	00:19:38	00:39:36	00:59:41.15	00:59:53.30	4:35	13.1
86	HAJKOWICZ ADAM	528		WARSZAWA	POL	M4 50-59	8	M 86	00:00:25	00:19:45	00:39:43	00:59:51.35	00:59:56.90	4:36	13
87	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	28	M 87	00:00:26	00:19:53	00:40:02	00:59:53.15	01:00:02.65	4:36	13
88	KACZMAREK JAKUB	144		WARSZAWA	POL	M1 < 29 LAT	11	M 88	00:00:20	00:18:03	00:40:25	01:00:02.20	01:00:02.20	4:37	13
89	CNOTA MACIEK	55		WARSZAWA	POL	M2 30-39 LAT	39	M 89	00:00:27	00:19:49	00:39:57	01:00:17.10	01:00:28.15	4:38	12.9
90	OPIATOWSKI RYSZARD	269		KOBYŁKA	POL	M4 50-59	9	M 90	00:00:28	00:20:11	00:40:22	01:00:22.60	01:00:33.95	4:38	12.9
91	FRE LUIS	430	WOLNA WENEZUELA	MARKI	POL	M4 50-59	10	M 91	00:00:22	00:20:18	00:40:30	01:00:27.85	01:00:32.15	4:39	12.9
92	DĄBROWSKI DANIEL	61	FARMACJA TARCHOMIN	WARSZAWA	POL	M1 < 29 LAT	12	M 92	00:00:35	00:20:21	00:41:12	01:00:28.00	01:00:44.05	4:39	12.9
93	FRANK MICHAŁ	85	JW 2414	LEGIONOWO	POL	M2 30-39 LAT	40	M 93	00:00:27	00:19:53	00:39:52	01:00:30.35	01:00:38.25	4:39	12.9
94	STAŃCZUK LESZEK	505	YULO RUN TEAM SIEDLCE	CHODÓW	POL	M4 50-59	11	M 94	00:00:26	00:20:15	00:40:26	01:00:48.95	01:00:59.05	4:40	12.8
95	MAZUR PIOTR	228		WARSZAWA	POL	M2 30-39 LAT	41	M 95	00:00:33	00:20:50	00:40:44	01:00:49.00	01:01:16.05	4:40	12.8
96	GLINKA KAROL	97		PUŁTUSK	POL	M2 30-39 LAT	42	M 96	00:00:36	00:20:35	00:40:40	01:00:49.95	01:01:22.50	4:40	12.8
97	ŚWIERCZ ANDRZEJ	509	KB IM. PIOTRA SĘKOWSKIEGO	PŁOŃSK	POL	M4 50-59	12	M 97	00:00:26	00:20:01	00:40:19	01:00:50.65	01:01:00.75	4:40	12.8
98	ORLIŃSKI KRZYSZTOF	498		WARSZAWA	POL	M2 30-39 LAT	43	M 98	00:00:35	00:20:44	00:40:49	01:00:55.30	01:01:32.85	4:41	12.8
99	DERESZEWSKI PIOTR	64	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	29	M 99	00:00:30	00:21:11	00:41:25	01:01:00.60	01:01:16.45	4:41	12.8
100	BYSTRY GRZEGORZ	41	KS LENIWIEC	BARANÓW	POL	M3 40-49 LAT	30	M 100	00:00:30	00:20:30	00:40:37	01:01:04.45	01:01:28.60	4:41	12.8
101	CHARLEJ IRENEUSZ	45	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	31	M 101	00:00:26	00:19:57	00:40:42	01:01:06.10	01:01:15.55	4:42	12.8
102	GÓJSKI MIROSŁAW	107	HYDROMIR	WARSZAWA	POL	M4 50-59	13	M 102	00:00:28	00:20:00	00:40:19	01:01:12.40	01:01:28.05	4:42	12.7
103	KOŁODZIEJCZYK KRZYSZTOF	170	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	32	M 103	00:00:36	00:19:31	00:40:26	01:01:12.45	01:01:31.45	4:42	12.7
104	KUSY MARCIN	493		WARSZAWA	POL	M3 40-49 LAT	33	M 104	00:00:29	00:20:47	00:41:26	01:01:13.25	01:01:26.90	4:42	12.7
105	MOSUR KAMIL	242		WARSZAWA	POL	M3 40-49 LAT	34	M 105	00:00:30	00:21:05	00:41:25	01:01:21.40	01:01:36.50	4:43	12.7
106	CIMOCHOWSKI MIECZYŚLAW	53	MC SERWIS	KANIE	POL	M3 40-49 LAT	35	M 106	00:00:28	00:20:06	00:40:55	01:01:46.90	01:01:56.80	4:45	12.6
107	SZACHNA PIOTR	354	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	36	M 107	00:00:36	00:22:45	00:42:49	01:01:50.60	01:02:08.65	4:45	12.6

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
108	LUBIŃSKI KRZYSZTOF	495		WARSZAWA	POL	M3 40-49 LAT	37	M 108	00:00:35	00:20:35	00:40:59	01:01:51.75	01:02:16.20	4:45	12.6
109	HELMAN FILIP	432	FR WARSZAWA	WARSZAWA	POL	M1 < 29 LAT	13	M 109	00:00:25	00:19:43	00:40:26	01:01:56.60	01:02:10.85	4:45	12.6
110	TENDERENDA KAMIL	460		WARSZAWA	POL	M2 30-39 LAT	44	M 110	00:00:33	00:21:03	00:41:34	01:01:58.60	01:02:47.70	4:46	12.6
111	ŁATKOWSKI LUKASZ	209	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	38	M 111	00:00:34	00:21:37	00:42:18	01:02:05.40	01:02:30.30	4:46	12.6
112	SUCHODOLSKI MARIUSZ	349	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	39	M 112	00:00:27	00:21:19	00:42:11	01:02:08.55	01:02:22.35	4:46	12.6
113	CAŁKA MAREK	480		PIASECZNO	POL	M3 40-49 LAT	40	M 113	00:00:35	00:20:56	00:41:37	01:02:15.45	01:02:37.00	4:47	12.5
114	IWANIUK TOMASZ	486	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	45	M 114	00:00:27	00:19:46	00:40:23	01:02:30.75	01:02:41.60	4:48	12.5
115	SUTUŁA DARIUSZ	350	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M3 40-49 LAT	41	M 115	00:00:33	00:21:00	00:41:31	01:02:33.30	01:02:54.55	4:48	12.5
116	BIAŁOKOS KAMIL	29	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	42	M 116	00:00:35	00:21:38	00:42:18	01:02:33.90	01:02:59.20	4:48	12.5
117	OLSZANKA ARKADIUSZ	266		WARSZAWA	POL	M3 40-49 LAT	43	M 117	00:00:30	00:21:10	00:41:55	01:02:35.75	01:02:50.75	4:48	12.5
118	KUBAN SEBASTIAN	193		WARSZAWA	POL	M3 40-49 LAT	44	M 118	00:00:33	00:20:50	00:41:22	01:02:36.60	01:02:56.95	4:48	12.5
119	CZAJKOWSKI MARCIN	59	OMB OŻARÓW MAZOWIECKI	OŻARÓW MAZOWIECKI	POL	M3 40-49 LAT	45	M 119	00:00:37	00:21:48	00:42:56	01:03:00.30	01:03:25.60	4:50	12.4
120	LEWANDOWSKI ROBERT	207		NASIELSK	POL	M3 40-49 LAT	46	M 120	00:00:34	00:20:50	00:41:43	01:03:03.55	01:03:17.35	4:51	12.4
121	ROKITA ANDRZEJ	304		RUDA KOŚCIELNA	POL	M3 40-49 LAT	47	M 121	00:00:35	00:21:46	00:42:36	01:03:11.30	01:03:45.45	4:51	12.3
122	NOWAK JAKUB	101	DOBRZYŃSKI KLUB ŻEGLARSKI	INOWROCŁAW	POL	M3 40-49 LAT	48	M 122	00:00:22	00:20:39	00:41:48	01:03:22.15	01:03:24.75	4:52	12.3
123	POPOWICZ BARTŁOMIEJ	291		WATRASZEW	POL	M1 < 29 LAT	14	M 123	00:00:30	00:21:40	00:43:35	01:03:29.70	01:04:01.75	4:53	12.3
124	MIĘTEK ARTUR	237	III ZKSS SR LEGIONOWO	ŁĄJSKI	POL	M3 40-49 LAT	49	M 124	00:00:34	00:21:24	00:42:29	01:03:29.80	01:03:42.50	4:53	12.3
125	PISAREK NORBERT	289		POPOWO	POL	M3 40-49 LAT	50	M 125	00:00:35	00:22:16	00:43:34	01:03:32.75	01:04:22.45	4:53	12.3
126	CELIŃSKI TOMASZ	43	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	14	M 126	00:00:25	00:21:18	00:42:23	01:03:38.90	01:03:44.55	4:53	12.3
127	STRÓZYK PIOTREK	346		GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	51	M 127	00:00:33	00:21:17	00:42:20	01:03:44.25	01:04:09.30	4:54	12.2
128	GOŁASZEWski MARCIN	103		WOŁOMIN	POL	M3 40-49 LAT	52	M 128	00:00:28	00:21:28	00:42:54	01:03:52.50	01:04:03.25	4:54	12.2
129	TWORZEWSKK PIOTR	523	OSTROBIEC / SEKCJA BOKSERSKA KSZO	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M1 < 29 LAT	15	M 129	00:00:36	00:21:30	00:42:42	01:04:00.45	01:04:38.35	4:55	12.2
130	FRĄCKIEWICZ DARIUSZ	86	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	53	M 130	00:00:35	00:21:05	00:42:19	01:04:00.60	01:04:24.00	4:55	12.2
131	WYDRA MARIUSZ	469		STARE BABICE	POL	M3 40-49 LAT	54	M 131	00:00:37	00:22:11	00:43:02	01:04:02.35	01:04:37.20	4:55	12.2
132	CEGIEŁKA DAWID	42	KS BACHMATY	WARSZAWA	POL	M2 30-39 LAT	46	M 132	00:00:32	00:20:49	00:42:12	01:04:05.80	01:04:47.15	4:55	12.2
133	MUSIAŁ KRZYSZTOF	243		WARSZAWA	POL	M1 < 29 LAT	16	M 133	00:00:30	00:20:48	00:42:43	01:04:06.20	01:04:28.35	4:55	12.2
134	POTRZEBOWSKI DOMINIK	292		MARKI	POL	M2 30-39 LAT	47	M 134	00:00:35	00:22:06	00:43:21	01:04:06.45	01:04:30.45	4:55	12.2
135	GAJEWSKI MARIUSZ	90		PUŁTUSK	POL	M3 40-49 LAT	55	M 135	00:00:35	00:20:49	00:42:34	01:04:16.00	01:04:49.70	4:56	12.1
136	PAZIEWSKI ANDRZEJ	281	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 136	00:00:35	00:22:05	00:43:37	01:04:18.95	01:04:39.90	4:56	12.1
137	STACHOWICZ PAWEŁ	458		RADOM	POL	M1 < 29 LAT	17	M 137	00:00:33	00:21:46	00:43:12	01:04:21.00	01:04:52.10	4:57	12.1
138	SZYMCZAK JACEK	367	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	48	M 138	00:00:28	00:20:45	00:41:24	01:04:21.10	01:04:27.55	4:57	12.1
139	SŁOWIŃSKI MARCIN	328	1.OREL	MIROWICE	POL	M2 30-39 LAT	49	M 139	00:00:35	00:21:48	00:43:15	01:04:27.40	01:05:03.15	4:57	12.1
140	STYKOWSKI MICHAŁ	348	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	50	M 140	00:00:28	00:20:19	00:41:21	01:04:28.95	01:04:47.45	4:57	12.1
141	LEWANDOWSKI PIOTR	206	TRUCH TARCHOMINTEAM	WARSZAWA	POL	M3 40-49 LAT	57	M 141	00:00:26	00:20:16	00:42:20	01:04:30.15	01:04:40.20	4:57	12.1
142	CZAJKOWSKI MAREK	58	---	GÓRA KALWARIA	POL	M3 40-49 LAT	58	M 142	00:00:35	00:21:50	00:42:58	01:04:30.45	01:04:53.65	4:57	12.1
143	PIOTROWSKI ARTUR	521	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	59	M 143	00:00:35	00:21:06	00:42:58	01:04:33.20	01:04:57.05	4:58	12.1
144	KOŚCIUK MACIEK	179		WARSZAWA	POL	M3 40-49 LAT	60	M 144	00:00:33	00:20:58	00:42:40	01:04:35.15	01:04:35.15	4:58	12.1
145	PIERAŃSKI ADAM	284	VEGE RUNNERS	JABŁONNA	POL	M4 50-59	15	M 145	00:00:33	00:22:04	00:43:36	01:04:38.75	01:04:50.00	4:58	12.1
146	URBANIĄK MICHAŁ	385		WARSZAWA	POL	M2 30-39 LAT	51	M 146	00:00:28	00:21:28	00:43:19	01:04:39.10	01:04:46.60	4:58	12.1
147	ZAJAC BARTOSZ	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	KIERZLINY	POL	M2 30-39 LAT	52	M 147	00:00:32	00:21:17	00:42:26	01:04:42.75	01:04:57.40	4:58	12.1
148	DZIARNOWSKI WŁODEK	73	BIEGAMPŁOCK TEAM	PLÓCK	POL	M4 50-59	16	M 148	00:00:30	00:21:11	00:42:41	01:04:45.85	01:05:00.70	4:58	12
149	MAGOT TOMASZ	497		PIASECZNO	POL	M2 30-39 LAT	53	M 149	00:00:37	00:22:15	00:43:30	01:04:47.80	01:05:19.25	4:59	12
150	NADOBNIK KONRAD	245	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	54	M 150	00:00:27	00:21:14	00:42:56	01:04:52.85	01:04:58.25	4:59	12
151	MYSTKOWSKI MIECZYŚLAW	447		PUŁTUSK	POL	M4 50-59	17	M 151	00:00:33	00:21:09	00:43:10	01:04:57.65	01:05:14.20	4:59	12
152	JANECKI PRZEMYSŁAW	131		WARSZAWA	POL	M2 30-39 LAT	55	M 152	00:00:34	00:21:09	00:43:10	01:04:58.00	01:05:14.35	4:59	12
153	SĄGOL SYLWESTER	316		WARSZAWA	POL	M3 40-49 LAT	61	M 153	00:00:33	00:21:52	00:43:21	01:05:04.95	01:05:57.00	5:00	12
154	RUDNIK JAROSŁAW	309	ZABIEGANI WOŁOMIN	PASEK	POL	M3 40-49 LAT	62	M 154	00:00:28	00:21:13	00:43:24	01:05:08.40	01:05:19.05	5:00	12
155	GOLIASZ PAWEŁ	102	BIEGAM I JUŻ	WARSZAWA	POL	M3 40-49 LAT	63	M 155	00:00:32	00:21:09	00:42:52	01:05:17.80	01:05:37.50	5:01	11.9
156	STEMPEL TOMASZ	341	MARYSIN WAWERSKI BIEGA	WARSZAWA	POL	M3 40-49 LAT	64	M 156	00:00:31	00:21:29	00:43:26	01:05:38.00	01:05:54.85	5:02	11.9
157	KUREK WOJCIECH	202	1 BAZA LOTNICTWA TRANSPORTOWEGO	KWIDZYN	POL	M2 30-39 LAT	56	M 157	00:00:36	00:21:48	00:42:50	01:05:41.30	01:06:07.50	5:03	11.9
158	ŚCISŁOWICZ KRZYSZTOF	369	STOMILEX	WARSZAWA	POL	M2 30-39 LAT	57	M 158	00:00:25	00:21:40	00:43:46	01:05:42.30	01:05:47.20	5:03	11.9
159	OCHAB JANUSZ	261		WARSZAWA	POL	M3 40-49 LAT	65	M 159	00:00:35	00:22:37	00:44:38	01:05:47.30	01:06:14.05	5:03	11.9
160	KOPER SEBASTIAN	173	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	66	M 160	00:00:23	00:21:27	00:43:34	01:05:54.35	01:05:58.75	5:04	11.8
161	ZRAZEK PIOTR	421		ŁOWICZ	POL	M3 40-49 LAT	67	M 161	00:00:39	00:21:37	00:43:20	01:05:58.05	01:06:32.90	5:04	11.8

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
162	BABIUCH MAREK	18		WARSZAWA	POL	M4 50-59	18	M 162	00:00:27	00:22:02	00:43:46	01:06:03.55	01:06:12.85	5:04	11.8
163	KWIATKOWSKI TOMASZ	204		WARSZAWA	POL	M3 40-49 LAT	68	M 163	00:00:37	00:22:43	00:45:31	01:06:04.40	01:06:48.30	5:05	11.8
164	STANKOWSKI PAWEŁ	337		WARSZAWA	POL	M2 30-39 LAT	58	M 164	00:00:31	00:21:47	00:43:38	01:06:08.70	01:06:19.85	5:05	11.8
165	SZYMAŃSKI ROBERT	366	KREWKI URSYNÓW HDK	WARSZAWA	POL	M3 40-49 LAT	69	M 165	00:00:32	00:21:42	00:43:39	01:06:14.65	01:06:46.60	5:05	11.8
166	PIOTROWSKI KAMIL	287		NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	59	M 166	00:00:37	00:23:12	00:45:07	01:06:16.05	01:06:42.30	5:05	11.8
167	MANCZENKO EUGENIUSZ	222		WARSZAWA	POL	M2 30-39 LAT	60	M 167	00:00:31	00:21:23	00:44:39	01:06:29.00	01:06:51.15	5:06	11.7
168	SZELAĞ TOMASZ	360	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M3 40-49 LAT	70	M 168	00:00:34	00:21:42	00:43:40	01:06:33.35	01:07:09.05	5:07	11.7
169	SOBCZAK BOGUSŁAW	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	M3 40-49 LAT	71	M 169	00:00:33	00:21:53	00:43:51	01:06:44.00	01:07:15.80	5:08	11.7
170	TOMCZAK KAROL	510		WARSZAWA	POL	M1 < 29 LAT	18	M 170	00:00:30	00:22:10	00:44:55	01:06:44.30	01:06:55.45	5:08	11.7
171	CZAJKA PIOTR	56	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	61	M 171	00:00:37	00:22:34	00:44:48	01:06:44.80	01:07:04.20	5:08	11.7
172	FIRYSIUK TOMASZ	84		ZĄBKI	POL	M3 40-49 LAT	72	M 172	00:00:38	00:22:11	00:43:19	01:06:48.10	01:07:21.00	5:08	11.7
173	BRONISZEWSKI JAKUB	477		ZĄBKI	POL	M3 40-49 LAT	73	M 173	00:00:36	00:22:23	00:44:54	01:06:51.00	01:07:31.25	5:08	11.7
174	KSENIĄK SZYMON	191		WARSZAWA	POL	M3 40-49 LAT	74	M 174	00:00:34	00:22:40	00:45:08	01:06:53.65	01:07:16.75	5:08	11.7
175	KUCKI KAMIL	197	MAZOVIA PROACTIV CIECHANÓW	NARZYM	POL	M2 30-39 LAT	62	M 175	00:00:37	00:22:42	00:44:51	01:07:02.20	01:07:35.75	5:09	11.6
176	WIERBIŁOWICZ DARIUSZ	397		WARSZAWA	POL	M3 40-49 LAT	75	M 176	00:00:34	00:22:33	00:44:54	01:07:02.35	01:07:32.50	5:09	11.6
177	TYMIŃSKI MARIUSZ	383		ZIELONKA	POL	M2 30-39 LAT	63	M 177	00:00:37	00:22:35	00:45:07	01:07:08.35	01:07:40.40	5:09	11.6
178	KOSIŃSKI ALEKSANDER	177		PIASECZNO	POL	M2 30-39 LAT	64	M 178	00:00:38	00:22:45	00:45:02	01:07:10.55	01:07:47.10	5:10	11.6
179	MILANIAK BOGDAN	446		ZĄBKI	POL	M3 40-49 LAT	76	M 179	00:00:37	00:22:06	00:44:08	01:07:13.30	01:07:46.20	5:10	11.6
180	WILEŃSKI ZBIGNIEW	398	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M4 50-59	19	M 180	00:00:36	00:22:58	00:45:28	01:07:15.20	01:07:42.75	5:10	11.6
181	MUSIAŁ MARCIN	538		PRUSZKÓW		M2 30-39 LAT	65	M 181	00:00:35	00:22:02	00:44:30	01:07:17.10	01:07:38.45	5:10	11.6
182	WYSOCKI ROBERT	408	GRUPA BIEGOWA UM WA-WA	CHOTOMÓW	POL	M3 40-49 LAT	77	M 182	00:00:35	00:22:35	00:45:06	01:07:18.00	01:07:43.45	5:10	11.6
183	GONTARZ MATEUSZ	484		WARSAW	POL	M2 30-39 LAT	66	M 183	00:00:36	00:23:32	00:45:33	01:07:21.75	01:08:03.20	5:10	11.6
184	SIEDLACZEK ZBIGNIEW	321		LUBLIN	POL	M5 60+	4	M 184	00:00:36	00:22:17	00:45:08	01:07:25.05	01:07:49.50	5:11	11.6
185	KUFWOŁSKI ARTUR	199	JW.3411	GRÓJEC	POL	M3 40-49 LAT	78	M 185	00:00:37	00:22:52	00:45:22	01:07:37.90	01:08:06.55	5:12	11.5
186	WIŚNIEWSKI TOMASZ	403	KPMG RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	79	M 186	00:00:34	00:23:09	00:45:48	01:07:51.55	01:08:17.30	5:13	11.5
187	KOSMAŁA DARIUSZ	178		WARSZAWA	POL	M4 50-59	20	M 187	00:00:32	00:21:44	00:44:27	01:07:52.55	01:08:04.10	5:13	11.5
188	SOPYŁO STEFAN	334		WARSZAWA	POL	M2 30-39 LAT	67	M 188	00:00:35	00:23:59	00:47:04	01:07:54.55	01:08:21.30	5:13	11.5
189	ZIELIŃSKI ŁUKASZ	471	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M2 30-39 LAT	68	M 189	00:00:25	00:21:00	00:42:12	01:07:56.95	01:08:01.80	5:13	11.5
190	GRZEGORSKI ARKADIUSZ	117	KB FOLIE	NOWY DWÓR MAZOWIECKI	POL	M4 50-59	21	M 190	00:00:36	00:22:10	00:44:35	01:08:00.60	01:08:35.30	5:13	11.5
191	TRZASKOWSKI DARIUSZ	381	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	80	M 191	00:00:29	00:22:34	00:45:17	01:08:03.55	01:08:16.55	5:14	11.5
192	KILIAŃSKI RAFAŁ	162	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	81	M 192	00:00:30	00:22:34	00:45:19	01:08:04.05	01:08:16.45	5:14	11.5
193	SMOLEŃSKI PIOTR	330	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M4 50-59	22	M 193	00:00:29	00:22:34	00:45:16	01:08:04.70	01:08:16.75	5:14	11.5
194	FILC ŁUKASZ	82		WARSZAWA	POL	M2 30-39 LAT	69	M 194	00:00:35	00:22:29	00:45:14	01:08:07.70	01:08:34.55	5:14	11.4
195	TODORSKI TOMASZ	375		WARSZAWA	POL	M3 40-49 LAT	82	M 195	00:00:33	00:23:07	00:45:28	01:08:09.25	01:08:28.85	5:14	11.4
196	RUSIN BARTOSZ	310	KS STASZEWCY	JABŁONNA	POL	M3 40-49 LAT	83	M 196	00:00:34	00:22:18	00:45:11	01:08:11.70	01:08:30.40	5:14	11.4
197	KONARSKI MACIEJ	490	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M2 30-39 LAT	70	M 197	00:00:29	00:22:48	00:45:15	01:08:11.75	01:08:20.60	5:14	11.4
198	BARAN PRZEMYSŁAW	23		WOŁOMIN	POL	M1 < 29 LAT	19	M 198	00:00:34	00:22:55	00:45:40	01:08:16.15	01:08:52.75	5:15	11.4
199	KASKA MATEUSZ	158		WOŁOMIN	POL	M2 30-39 LAT	71	M 199	00:00:37	00:23:26	00:45:52	01:08:16.85	01:08:51.85	5:15	11.4
200	WACH MICHAŁ	387	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	84	M 200	00:00:36	00:23:12	00:45:38	01:08:19.45	01:08:41.60	5:15	11.4
201	STARZYŃSKI PIOTR	506		WARSZAWA	POL	M2 30-39 LAT	72	M 201	00:00:34	00:23:22	00:45:51	01:08:21.85	01:08:52.90	5:15	11.4
202	GÓRECKI KRZYSZTOF	110		PIASECZNO	POL	M3 40-49 LAT	85	M 202	00:00:38	00:23:06	00:45:40	01:08:22.35	01:09:05.65	5:15	11.4
203	DALECKI ŁUKASZ	536	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI		M2 30-39 LAT	73	M 203	00:00:35	00:22:47	00:45:32	01:08:22.45	01:08:45.10	5:15	11.4
204	GRZESZCZYK MICHAŁ	118	EKOBIEGI	WARSZAWA	POL	M2 30-39 LAT	74	M 204	00:00:38	00:23:10	00:46:12	01:08:26.25	01:08:44.15	5:15	11.4
205	NIEDZIELA DOMINIK	249		WARSZAWA	POL	M3 40-49 LAT	86	M 205	00:00:37	00:24:28	00:47:14	01:08:42.55	01:09:33.05	5:17	11.4
206	BAK ŁUKASZ	25	AGD WRONIAK	WARSZAWA	POL	M2 30-39 LAT	75	M 206	00:00:32	00:23:15	00:46:04	01:08:47.35	01:09:20.55	5:17	11.3
207	EWERTOWSKI PIOTR	76	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 207	00:00:37	00:22:33	00:44:21	01:08:56.30	01:09:23.15	5:18	11.3
208	SZULAWSKI ROBERT	363	GSD. ZOLIBORZ.	WARSZAWA	POL	M4 50-59	24	M 208	00:00:30	00:22:39	00:45:22	01:08:58.20	01:09:07.10	5:18	11.3
209	KUCHTA PAWEŁ	195		MACIEJOWICE	POL	M2 30-39 LAT	76	M 209	00:00:28	00:20:54	00:44:05	01:09:03.05	01:09:11.80	5:18	11.3
210	JABŁONKA RADOSŁAW	128	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 210	00:00:34	00:23:04	00:46:14	01:09:05.40	01:09:25.75	5:18	11.3
211	MALINOWSKI MIKOŁAJ	530		WARSZAWA		M3 40-49 LAT	88	M 211	00:00:25	00:22:54	00:45:35	01:09:10.65	01:09:15.65	5:19	11.3
212	GÓRECKI RAJMUND	109		WARSZAWA	POL	M3 40-49 LAT	89	M 212	00:00:36	00:23:19	00:46:27	01:09:14.75	01:09:50.80	5:19	11.3
213	KADUK ŁUKASZ	542	CEZAR	WARSZAWA		M2 30-39 LAT	77	M 213	00:00:51	00:23:00	00:45:41	01:09:16.85	01:09:16.85	5:19	11.3
214	MALINOWSKI MARIUSZ	220		WARSZAWA	POL	M2 30-39 LAT	78	M 214	00:00:36	00:23:40	00:46:40	01:09:19.10	01:09:58.15	5:19	11.3
215	ZWOLIŃSKI GRZEGORZ	422	REEBOK RUN CREW	WARSZAWA	POL	M3 40-49 LAT	90	M 215	00:00:34	00:23:11	00:45:53	01:09:21.20	01:09:52.65	5:20	11.2
216	DOMAŃSKI PIOTR	428		MIĘDZYBORÓW	POL	M2 30-39 LAT	79	M 216	00:00:30	00:24:15	00:47:36	01:09:26.10	01:09:31.65	5:20	11.2
217	NOGAL ROBERT	253		IŁŻA	POL	M2 30-39 LAT	80	M 217	00:00:35	00:22:08	00:45:35	01:09:32.20	01:09:56.20	5:20	11.2



**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
218	SYPIEWSKI TOMASZ	353	EMO OI	WARSZAWA	POL	M2 30-39 LAT	81	M 218	00:00:37	00:22:29	00:45:35	01:09:45.20	01:10:22.75	5:21	11.2
219	STASIAK PIOTR	340		WARSZAWA	POL	M2 30-39 LAT	82	M 219	00:00:36	00:23:41	00:46:40	01:09:49.60	01:10:28.15	5:22	11.2
220	FIGIEL MICHAŁ	80	AMATORSKI KLUB ŻUŻLOWY	PIASTÓW	POL	M1 < 29 LAT	20	M 220	00:00:32	00:22:09	00:45:40	01:09:54.30	01:10:13.10	5:22	11.2
221	PYTKA ANDRZEJ	297		WARSZAWA	POL	M4 50-59	25	M 221	00:00:36	00:22:43	00:45:30	01:10:03.45	01:10:47.65	5:23	11.1
222	SKOWRON WOJCIECH	543		WARSZAWA		M4 50-59	26	M 222	00:00:39	00:24:06	00:47:08	01:10:15.35	01:11:02.10	5:24	11.1
223	TOMCZAK ANDRZEJ	522		WARSZAWA	POL	M1 < 29 LAT	21	M 223	00:00:27	00:22:08	00:45:24	01:10:18.45	01:10:31.90	5:24	11.1
224	SKRZYŃSKI ADAM	327		PŁOŃSK	POL	M1 < 29 LAT	22	M 224	00:00:39	00:24:13	00:47:36	01:10:22.30	01:10:55.00	5:24	11.1
225	JARON JAROSŁAW	133	KOKOSZKA36TEAM	ŻYRARDÓW	POL	M3 40-49 LAT	91	M 225	00:00:35	00:22:59	00:46:13	01:10:24.45	01:10:42.65	5:24	11.1
226	LEŃCZUK ANDRZEJ	440		WARSZAWA	POL	M4 50-59	27	M 226	00:00:33	00:22:25	00:45:23	01:10:25.10	01:10:48.25	5:25	11.1
227	ZDUNIAK MARCIN	516	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	83	M 227	00:00:36	00:24:18	00:47:50	01:10:30.60	01:11:13.35	5:25	11.1
228	PARADOWSKI ANDRZEJ	275		WARSZAWA	POL	M3 40-49 LAT	92	M 228	00:00:33	00:23:31	00:47:04	01:10:36.00	01:11:28.75	5:25	11
229	KORYCKI KAROL	175		NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	84	M 229	00:00:45	00:26:11	00:47:21	01:10:36.50	01:10:58.25	5:25	11
230	KULIK KAROL	539		SIEDLCE		M3 40-49 LAT	93	M 230	00:00:37	00:25:09	00:48:20	01:10:48.60	01:11:26.35	5:26	11
231	BARTNIK RAFAŁ	24		WARSZAWA	POL	M3 40-49 LAT	94	M 231	00:00:31	00:22:30	00:46:12	01:10:55.60	01:11:11.80	5:27	11
232	GRYCNER PAWEŁ	116		WARSZAWA	POL	M2 30-39 LAT	85	M 232	00:00:34	00:22:50	00:46:35	01:10:58.65	01:11:22.25	5:27	11
233	RODAK ZBIGNIEW	303		WARSZAWA	POL	M4 50-59	28	M 233	00:00:36	00:24:26	00:47:30	01:10:59.35	01:11:24.35	5:27	11
234	MĘDEL CEZARY	230		KOSZALIN	POL	M3 40-49 LAT	95	M 234	00:00:37	00:24:11	00:47:48	01:11:11.60	01:11:30.90	5:28	11
235	BAKUŁA WIESŁAW	517	WAMPIR	WACH 140A	POL	M4 50-59	29	M 235	00:00:27	00:23:19	00:46:52	01:11:15.95	01:11:20.80	5:28	10.9
236	WIŚNIEWSKI PAWEŁ	404	ŁOMIAŃKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M3 40-49 LAT	96	M 236	00:00:27	00:22:01	00:45:58	01:11:27.90	01:11:35.25	5:29	10.9
237	OLEŚIAK ARKADIUSZ	265	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	97	M 237	00:00:37	00:24:36	00:48:13	01:11:28.15	01:11:47.90	5:29	10.9
238	GODLEWSKI DANIEL	99		WARSZAWA	POL	M2 30-39 LAT	86	M 238	00:00:37	00:23:11	00:47:20	01:11:29.45	01:12:10.80	5:29	10.9
239	MĘDRZYCKI MIROSŁAW	232	PARKRUN BRÓDNO	WARSZAWA	POL	M4 50-59	30	M 239	00:00:22	00:23:00	00:46:33	01:11:39.80	01:11:41.75	5:30	10.9
240	BORUSZEWSKI MACIEJ	35		WARSZAWA	POL	M3 40-49 LAT	98	M 240	00:00:34	00:24:00	00:47:40	01:11:56.20	01:12:09.95	5:32	10.8
241	SOCHACKI MARIUSZ	332		WARSZAWA	POL	M3 40-49 LAT	99	M 241	00:00:32	00:23:25	00:47:13	01:11:56.65	01:12:12.15	5:32	10.8
242	CHOJNOWSKI ANDRZEJ	47	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	100	M 242	00:00:35	00:24:23	00:48:03	01:11:57.00	01:12:20.30	5:32	10.8
243	KARWOWSKA MARIUSZ	156	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	101	M 243	00:00:35	00:24:24	00:48:25	01:12:02.50	01:12:28.95	5:32	10.8
244	HARTMAN ŁUKASZ	123	OFF-ROAD RUNNERS BENEFIT SYSTEMS	WARSZAWA	POL	M2 30-39 LAT	87	M 244	00:00:36	00:23:16	00:47:10	01:12:16.45	01:12:41.40	5:33	10.8
245	PIRÓG KAMIL	288	1. OREL	GRÓJEC	POL	M2 30-39 LAT	88	M 245	00:00:38	00:25:38	00:49:47	01:12:51.70	01:13:20.20	5:36	10.7
246	KUNKA PIOTR	201	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	89	M 246	00:00:34	00:25:00	00:49:27	01:13:16.50	01:13:37.15	5:38	10.6
247	SMOCZYK HUBERT	329	WARSZAWSKI ZAULEK	WARSZAWA	POL	M2 30-39 LAT	90	M 247	00:00:37	00:23:54	00:47:58	01:13:17.10	01:13:57.95	5:38	10.6
248	DZIDECZEK MARCIN	74	TEAM ZABIEGANEDNI	WARSZAWA	POL	M2 30-39 LAT	91	M 248	00:00:33	00:25:00	00:49:27	01:13:17.10	01:13:37.15	5:38	10.6
249	RYBARCZYK KAMIL	311		MNISZEW	POL	M2 30-39 LAT	92	M 249	00:00:38	00:26:15	00:50:12	01:13:23.00	01:14:09.55	5:38	10.6
250	NOSARZEWSKI MARIUSZ	254		TRZCIANY	POL	M3 40-49 LAT	102	M 250	00:00:37	00:24:10	00:48:16	01:13:29.70	01:13:49.85	5:39	10.6
251	HERNIK JACEK	126	BABABARANEK RUNNERS	WARSZAWA	POL	M5 60+	5	M 251	00:00:38	00:25:02	00:49:23	01:13:36.55	01:14:20.25	5:39	10.6
252	MATWIEJ ADAM	443	ADAM MATWIEJ	WARSZAWA	POL	M2 30-39 LAT	93	M 252	00:00:37	00:24:55	00:49:21	01:13:48.60	01:14:33.30	5:40	10.6
253	CIERNIAK MICHAŁ	50	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M3 40-49 LAT	103	M 253	00:00:36	00:25:02	00:49:14	01:13:51.70	01:14:37.75	5:40	10.6
254	KOZIATEK MARIUSZ	186		WARSZAWA	POL	M3 40-49 LAT	104	M 254	00:00:36	00:24:54	00:48:55	01:14:06.85	01:14:30.60	5:42	10.5
255	REGUCKI RYSZARD	301		WARSZAWA	POL	M3 40-49 LAT	105	M 255	00:00:31	00:24:34	00:49:42	01:14:18.20	01:14:54.45	5:42	10.5
256	WALIGÓRSKI KRZYSZTOF	463	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	31	M 256	00:00:37	00:26:05	00:50:43	01:14:21.55	01:14:49.25	5:43	10.5
257	BUKOWSKI JANUSZ	5	STOWARZYSZENIE DAĆ SOBIE INNYM	WARSZAWA	POL	M5 60+	6	M 257	00:00:31	00:24:10	00:49:10	01:14:53.65	01:14:56.85	5:45	10.4
258	LACH ADRIAN	205	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	106	M 258	00:00:33	00:23:02	00:49:18	01:14:55.35	01:15:07.60	5:45	10.4
259	WIDERA TOMASZ	395	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	94	M 259	00:00:35	00:25:21	00:50:11	01:14:58.50	01:15:38.70	5:46	10.4
260	SĄŁAJCZYK SYLWESTER	452		WARSZAWA	POL	M4 50-59	32	M 260	00:00:38	00:25:08	00:49:49	01:15:00.00	01:15:34.10	5:46	10.4
261	KONIECZNY PIOTR	172		WARSZAWA	POL	M2 30-39 LAT	95	M 261	00:00:37	00:24:52	00:49:32	01:15:01.05	01:15:45.70	5:46	10.4
262	ZDUŃSKI JAROSŁAW	414		WARSZAWA	POL	M4 50-59	33	M 262	00:00:38	00:24:29	00:49:52	01:15:09.10	01:15:31.45	5:46	10.4
263	BOJAR PAWEŁ	33		WARSZAWA	POL	M3 40-49 LAT	107	M 263	00:00:36	00:25:21	00:50:01	01:15:12.00	01:15:35.20	5:47	10.4
264	ŁOZIŃSKI PIOTR	494	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	108	M 264	00:00:34	00:25:17	00:50:14	01:15:26.50	01:15:38.40	5:48	10.3
265	KOMOROWSKI PIOTREK	435		WARSZAWA	POL	M2 30-39 LAT	96	M 265	00:00:29	00:24:47	00:50:26	01:15:37.60	01:15:48.15	5:49	10.3
266	FABISIAK DAMIAN	429		WARSZAWA	POL	M2 30-39 LAT	97	M 266	00:00:32	00:23:26	00:49:37	01:16:00.85	01:16:15.75	5:50	10.3
267	SZYMAŃSKI PAWEŁ	365		WARSZAWA	POL	M2 30-39 LAT	98	M 267	00:00:36	00:25:08	00:50:48	01:16:05.05	01:16:44.80	5:51	10.3
268	KRÓLIK TOMASZ	188		WARSZAWA	POL	M3 40-49 LAT	109	M 268	00:00:35	00:25:36	00:50:45	01:16:05.25	01:16:39.10	5:51	10.2
269	FIAŁKOWSKI MICHAŁ	81	PO PROSTU MY	WARSZAWA	POL	M3 40-49 LAT	110	M 269	00:00:38	00:26:39	00:51:40	01:16:12.45	01:16:54.65	5:51	10.2
270	CIEŚLIŃSKI DARIUSZ	52	DARIOS	WARSZAWA	POL	M3 40-49 LAT	111	M 270	00:00:37	00:24:24	00:50:19	01:16:13.20	01:16:31.60	5:51	10.2
271	KOWALCZYK MATEUSZ	183		SULEJÓWEK	POL	M1 < 29 LAT	23	M 271	00:00:34	00:24:42	00:49:40	01:16:15.85	01:16:56.35	5:52	10.2

**BIĄŁOLEŃSKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
272	SELSKI KRZYSZTOF	319	MARCIN.BIZ	WARSZAWA	POL	M4 50-59	34	M 272	00:00:28	00:24:33	00:49:59	01:16:17.70	01:17:15.95	5:52	10.2
273	KWIATEK JACEK	203		SIEMIANICE	POL	M4 50-59	35	M 273	00:00:37	00:25:28	00:51:04	01:16:31.15	01:17:06.15	5:53	10.2
274	CHADZYŃSKI MARCIN	46		WARSZAWA	POL	M2 30-39 LAT	99	M 274	00:00:38	00:25:41	00:50:51	01:16:33.05	01:17:06.55	5:53	10.2
275	DZIEPAK PIOTR	75	1. BLTR	WOLA MROKOWSKA	POL	M2 30-39 LAT	100	M 275	00:00:36	00:24:35	00:49:37	01:16:41.55	01:17:08.00	5:54	10.2
276	BARAN WOJCIECH	22		WOŁOMIN	POL	M1 < 29 LAT	24	M 276	00:00:35	00:25:52	00:51:37	01:16:44.10	01:17:20.25	5:54	10.2
277	ZARĘBA JAROSŁAW	410		WARSZAWA	POL	M3 40-49 LAT	112	M 277	00:00:37	00:25:14	00:50:47	01:17:14.42	01:17:14.85	5:54	10.2
278	KRÓL RYSZARD	187	LUBLIN BIEGA	LUBLIN	POL	M4 50-59	36	M 278	00:00:36	00:25:32	00:51:04	01:16:44.75	01:17:09.80	5:54	10.2
279	ŁUCAK PIOTR	213	OSTRÓW BIEGA	ŁOCHÓW	POL	M2 30-39 LAT	101	M 279	00:00:35	00:26:16	00:51:34	01:17:02.00	01:17:21.20	5:55	10.1
280	NOWAKOWSKI CZESŁAW	257	KLUB. BIEGACZAGOCH	WARSZAWA	POL	M5 60+	7	M 280	00:00:34	00:25:03	00:51:04	01:17:22.25	01:17:47.30	5:57	10.1
281	WALCZAK DARIUSZ	389	CYTRYNOWI STUDENCI	CEREKWICA	POL	M3 40-49 LAT	113	M 281	00:00:35	00:25:39	00:51:23	01:18:12.30	01:18:21.35	6:00	10
282	KLUZIAK JAROSŁAW	165		MIŃSK MAZOWIECKI	POL	M2 30-39 LAT	102	M 282	00:00:36	00:24:57	00:50:53	01:18:22.05	01:18:49.80	6:01	10
283	PANCERÓW MARCIN	449		WARSZAWA	POL	M3 40-49 LAT	114	M 283	00:00:33	00:24:38	00:50:56	01:18:25.30	01:18:35.85	6:01	9.9
284	RZEPKA MIREK	313	AKTYWNI BIEGACZE	WARSZAWA	POL	M4 50-59	37	M 284	00:00:34	00:25:48	00:52:18	01:18:59.40	01:19:30.45	6:04	9.9
285	GÓRSKI KRZYSZTOF	111		WARSZAWA	POL	M3 40-49 LAT	115	M 285	00:00:33	00:25:13	00:51:42	01:19:01.00	01:19:14.30	6:04	9.9
286	JERZAK ERYK	139		WARSZAWA	POL	M4 50-59	38	M 286	00:00:36	00:25:36	00:51:30	01:19:12.10	01:19:57.10	6:05	9.8
287	GOLENIEWSKI PATRYK	482	1992	OSSÓW	POL	M1 < 29 LAT	25	M 287	00:00:33	00:25:17	00:51:52	01:19:36.10	01:19:52.45	6:07	9.8
288	BRZEZICKI MICHAŁ	39		WARSZAWA	POL	M2 30-39 LAT	103	M 288	00:00:36	00:26:24	00:53:16	01:19:46.15	01:20:25.15	6:08	9.8
289	SIKORSKI MICHAŁ	535	EKO BIEGI	WARSZAWA		M3 40-49 LAT	116	M 289	00:00:37	00:26:32	00:52:51	01:19:49.60	01:20:40.85	6:08	9.8
290	DŁUŻNIEWSKI TOMASZ	66		LEGIONOWO	POL	M3 40-49 LAT	117	M 290	00:00:37	00:26:56	00:53:57	01:19:57.15	01:20:43.80	6:09	9.8
291	KULAK PAWEŁ	200		PRUSZKÓW	POL	M3 40-49 LAT	118	M 291	00:00:38	00:26:49	00:54:03	01:21:15.40	01:21:47.20	6:15	9.6
292	BEDNARZAK TADEUSZ	28	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M5 60+	8	M 292	00:00:37	00:26:42	00:53:40	01:21:21.75	01:21:59.00	6:15	9.6
293	JACHOWICZ ŁUKASZ	129		LEGIONOWO	POL	M2 30-39 LAT	104	M 293	00:00:37	00:26:35	00:53:57	01:22:10.55	01:22:56.95	6:19	9.5
294	JERUZAL JACEK	138	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	39	M 294	00:00:32	00:26:39	00:53:59	01:22:23.40	01:22:29.35	6:20	9.5
295	BAK HUBERT	27		WARSZAWA	POL	M1 < 29 LAT	26	M 295	00:00:38	00:26:07	00:52:58	01:23:04.05	01:23:35.00	6:23	9.4
296	BAK ANDRZEJ	26		STARE GRALEWO	POL	M4 50-59	40	M 296	00:00:38	00:26:07	00:53:05	01:23:04.10	01:23:34.75	6:23	9.4
297	KAWKA ANDRZEJ	159		WARSZAWA	POL	M5 60+	9	M 297	00:00:38	00:27:49	00:55:47	01:24:05.00	01:24:50.55	6:28	9.3
298	ROSZAK WALDEMAR	306	BIEGAM NA ZIELONEJ BIAŁOLEŃCE	WARSZAWA	POL	M4 50-59	41	M 298	00:00:27	00:27:26	00:56:47	01:24:50.85	01:25:52.75	6:31	9.2
299	PAWEŁEK KRZYSZTOF	279	PO PROSTU MY	MARKI	POL	M3 40-49 LAT	119	M 299	00:00:37	00:28:14	00:57:07	01:25:53.90	01:26:37.35	6:36	9.1
300	STAŃCZYK GRZEGORZ	338		ZIELONKA	POL	M4 50-59	42	M 300	00:00:37	00:28:27	00:57:15	01:26:54.90	01:27:44.50	6:41	9
301	ŁUCZAK PIOTR	214	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	120	M 301	00:00:39	00:28:50	00:58:21	01:27:32.85	01:28:07.75	6:44	8.9
302	ŁUKASIEWICZ ROBERT	216	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	121	M 302	00:00:36	00:28:18	00:58:05	01:28:52.80	01:29:33.05	6:50	8.8
303	CIEŚLAK PAWEŁ	51	SLOWJOGGING BIAŁOLEKA	WARSZAWA	POL	M4 50-59	43	M 303	00:00:42	00:35:43	01:01:19	01:29:11.65	01:30:17.00	6:51	8.7
304	KOCHAN PIOTR	167	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	M2 30-39 LAT	105	M 304	00:00:37	00:29:59	00:59:45	01:29:24.10	01:30:03.85	6:52	8.7
305	SOJKA ŁUKASZ	333		WARSZAWA	POL	M2 30-39 LAT	106	M 305	00:00:38	00:28:44	00:58:55	01:30:49.15	01:31:22.15	6:59	8.6
306	DOBOSZ MAREK	67		WARSZAWA	POL	M3 40-49 LAT	122	M 306	00:00:36	00:31:31	01:05:13	01:32:54.40	01:33:49.50	7:08	8.4
307	NASKRĘT MARIUSZ	247		RACOT	POL	M3 40-49 LAT	123	M 307	00:00:39	00:32:16	01:05:01	01:39:43.40	01:40:28.80	7:40	7.8
308	DUDA KAMIL	70		ŁOMŻA	POL	M1 < 29 LAT	27	M 308	00:00:38	00:31:42	01:05:48	01:40:30.95	01:41:10.45	7:43	7.8
309	KACZMARZYK HUBERT	146	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M1 < 29 LAT	28	M 309	00:00:33	00:18:34	00:37:54			4:21	13.8
310	KRUPIŃSKI MAREK	437	1995	OSTROŁĘKA	POL	M1 < 29 LAT	29	M 310	00:00:18	00:18:56	00:40:11			4:37	13
311	KUSY MARCIN	493		WARSZAWA	POL	M3 40-49 LAT	124	M 311	00:00:29	00:20:47	00:41:26			4:45	12.6
312	KAROLAK RAFAŁ	155	STOMILEX	PRUSZKÓW	POL	M3 40-49 LAT	125	M 312	00:00:37	00:21:09	00:42:27			4:52	12.3
313	BIEDKA ROBERT	533	REBOOK RUN CREW	OSTROŁĘKA		M3 40-49 LAT	126	M 313	00:00:29	00:21:47	00:43:51			5:02	11.9
314	ŁĘCKI TOMASZ	211		WARSZAWA	POL	M3 40-49 LAT	127	M 314	00:00:32	00:23:06	00:47:00			5:24	11.1
315	ANTONOWICZ MACIEK	15	DEAF RUNNING	KOŚCIBÓRO	POL	M2 30-39 LAT	107	M 315	00:00:37	00:25:13	00:48:35			5:35	10.7
316	BIDZIŃSKI KRZYSZTOF	31	LEBIEGI	WARSZAWA	POL	M3 40-49 LAT	128	M 316	00:00:38	00:25:14	00:50:35			5:48	10.3
317	DĄBROWSKI ANDRZEJ	62		JÓZEFÓW	POL	M5 60+	10	M 317	00:00:36	00:25:39	00:51:25			5:54	10.2
318	NOWOSIELSKI TOMASZ	260	HERO	WARSZAWA	POL	M4 50-59	44	M 318	00:00:39	00:25:24	00:52:24			6:01	10
319	GRACZYK ROMAN	112		WARSZAWA	POL	M3 40-49 LAT	129	M 319	00:00:38	00:26:09	00:53:11			6:06	9.8
320	KOWALSKI KAMIL	185	CYTRYNOWI STUDENCI	BRANIEWO	POL	M2 30-39 LAT	108	M 320	00:00:39	00:27:29	00:54:10			6:13	9.6
321	PAWŁOWSKI JAKUB	280	CYTRYNOWI STUDENCI	OLSZTYN	POL	M2 30-39 LAT	109	M 321	00:00:39	00:27:29	00:54:11			6:13	9.6
322	FRENKEL MAREK	87		WARSZAWA	POL	M4 50-59	45	M 322	00:00:39	00:27:31	00:54:29			6:15	9.6
323	PETRYCKI MARCIN	283	PUMPIT	MARKÓW ŚWINICE	POL	M3 40-49 LAT	130	M 323	00:00:35	00:27:59	00:54:43			6:17	9.5
324	KAMIONOWSKI MARIUSZ-JACEK	152	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	M4 50-59	46	M 324	00:00:32	00:25:45	00:56:40			6:30	9.2
325	KUCICKI KRZYSZTOF	196		WARSZAWA	POL	M3 40-49 LAT	131	M 325	00:00:26	00:26:22	00:57:23			6:35	9.1
326	SEKIERKO ŁUKASZ	322		ŚLUPNO	POL	M2 30-39 LAT	110	M 326	00:00:26	00:39:35	00:58:59			6:46	8.8
327	CZARNECKI PIOTR	60	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	111	M 327	00:00:33	00:29:08	01:00:26			6:56	8.6

**BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
328	MADEJEK JACEK	441	ZABIEGANI PO USZY	KRAŚNIK	POL	M2 30-39 LAT	112	M 328	00:00:37	00:32:23	01:07:51			7:47	7.7
329	KOZŁOWSKI ROBERT	519	CHUDY BYK	ŻYRARDÓW	POL	M1 < 29 LAT	30	M 329	00:00:39	00:46:52	01:13:14			8:25	7.1
330	MAREK ROMAN	225		WARSZAWA	POL	M4 50-59	47	M 330	00:00:29	00:23:21				5:18	11.3
331	OSTASZEWSKI WOJCIECH	271	WERKUS RUNNERS	WARSZAWA	POL	M2 30-39 LAT	113	M 331	00:00:37	00:23:39				5:22	11.2
332	DUCH EMIL	69	JB WARSAW	WARSZAWA	POL	M2 30-39 LAT	114	M 332	00:00:38	00:23:48				5:24	11.1
333	PIETRAS TOMASZ	285	NASIELSK BASZTA TEAM	ŻABICZYN	POL	M3 40-49 LAT	132	M 333	00:00:38	00:24:38				5:35	10.7
334	KILKOWSKI JAROSŁAW	164		TORUŃ	POL	M4 50-59	48	M 334	00:00:31	00:26:37				6:02	9.9
335	MIKULIK PIOTR	239		WARSZAWA	POL	M2 30-39 LAT	115	M 335	00:00:35	00:27:26				6:14	9.6
336	KOMOŃ MACIEJ	171		LEGIONOWO	POL	M2 30-39 LAT	116	M 336	00:00:38	00:27:46				6:18	9.5
337	MIŚTA GRZEGORZ	100	FRONTIS	WROCLAW	POL	M3 40-49 LAT	133	M 337	00:00:35	00:28:05				6:22	9.4
338	BAJOREK JACEK	19	MARKOWI BIEGACZE	WYSZKÓW	POL	M3 40-49 LAT	134	M 338	00:00:37	00:28:05				6:22	9.4
339	NACZULSKI WITOLD	244	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	117	M 339	00:00:39	00:28:17				6:25	9.3
340	DYMEL PIOTR	481	12TRI.PL	WARSZAWA	POL	M5 60+	11	M 340	00:00:37	00:28:18				6:25	9.3
341	ARTYMIUK OLAF	17		LEGIONOWO	POL	M2 30-39 LAT	118	M 341	00:00:38	00:29:10				6:37	9.1
342	ZYGMUNT KAMIL	527		WARSZAWA	POL	M2 30-39 LAT	119	M 342	00:00:40	00:29:30				6:42	8.9
343	ZIELIŃSKI PAWEŁ	417	BRAK	WARSZAWA	POL	M2 30-39 LAT	120	M 343	00:00:37	00:29:50				6:46	8.8
344	DYMEL ANDRZEJ	72	MARKOWI BIEGACZE	WARSZAWA	POL	M5 60+	12	M 344	00:00:37	00:30:00				6:49	8.8
345	KĘPCZYŃSKI JANUSZ	161	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M5 60+	13	M 345	00:00:38	00:30:20				6:53	8.7
346	NOWORYTA JACEK	259	ASA TEAM BIEGIEM PO ZDROWIE	WARSZAWA	POL	M5 60+	14	M 346	00:00:36	00:30:46				6:59	8.6
347	RADWAN-PYTLEWSKI PAWEŁ	300	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	MARKI	POL	M2 30-39 LAT	121	M 347	00:00:37	00:33:20				7:34	7.9
348	KAMIŃSKI WALDEMAR	433		WARSZAWA	POL	M4 50-59	49	M 348	00:00:39	00:35:42				8:06	7.4
349	ANUSZKIEWICZ WŁODZIMIERZ	16		WARSZAWA	POL	M4 50-59	50	M 349	00:00:32	00:36:39				8:19	7.2
350	NOWAK BARTŁOMIEJ	256		INOWROCLAW	POL	M3 40-49 LAT	135	M 350	00:00:27	00:43:14				9:49	6.1
351	SZCZEPKOWSKI PRZEMYSŁAW	508		KABATY	POL	M2 30-39 LAT	122	M 351	00:39:17					392:50	0.2
	FICEK ŁUKASZ	78	CYTRYNOWI STUDENCI	CHORZELOW	POL	M2 30-39 LAT			00:00:38 DNF	00:32:14 DNF	00:41:15 DNF	DNF	DNF	-	-
	KOŁOSOWSKI PIOTR	434	KUNGFU PANDA TEAM	WARSZAWA	POL	M2 30-39 LAT			00:00:38 DNF	00:23:17 DNF	00:46:12 DNF	DNF	DNF	-	-
	OSTASZEWSKI MARCIN	272		WARSZAWA	POL	M2 30-39 LAT			00:00:37 DNF	00:23:03 DNF	DNF	DNF	DNF	-	-
	OSTASZEWSKI MAREK	270		WARSZAWA	POL	M2 30-39 LAT			00:00:37 DNF	00:23:37 DNF	DNF	DNF	DNF	-	-
	JÓZWIK ROBERT	142	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT			00:00:36 DNF	00:24:17 DNF	DNF	DNF	DNF	-	-
	ŻÓŁCIŃSKI WALDEMAR	424	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+			00:00:37 DNF	00:27:04 DNF	DNF	DNF	DNF	-	-
	BUDNIK STANISŁAW	479	NASIELSK BASZTA TEAM	NASIELSK	POL	M1 < 29 LAT			00:00:39 DNF	00:30:00 DNF	DNF	DNF	DNF	-	-
	NIEWCZAS ZDZISŁAW	532		WARSZAWA	POL	M5 60+			00:00:32 DNF	00:38:02 DNF	DNF	DNF	DNF	-	-
	DOMAŃSKI JACEK EXPEDYT	68	WKB META LUBLINIEC	WARSZAWA	POL	M5 60+			00:00:52 DNF	00:41:24 DNF	DNF	DNF	DNF	-	-
	UZIĘBŁO WIESŁAW	555	SDP	WARSZAWA		M5 60+			00:00:48 DNF	01:24:06 DNF	DNF	DNF	DNF	-	-
	TYBURC PAWEŁ	548		WARSZAWA		M3 40-49 LAT			01:09:11 DNF	DNF	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, Osadzeni w jednostkach penitencjarnych**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	BRODZIK ARKADIUSZ	426		KUFLEW	POL	M2 30-39 LAT	31	M 67	00:00:16	00:18:16	00:38:04	00:58:07.00	00:58:09.65	4:28	13.4
2	FABISIAK DAMIAN	429		WARSZAWA	POL	M2 30-39 LAT	97	M 266	00:00:32	00:23:26	00:49:37	01:16:00.85	01:16:15.75	5:50	10.3

**BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - kobiety**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	GULCZ KATARZYNA	120	SR GDANSK-PÓLNOĆ/KUJAWSKY RUNNERS	BANINO	POL	K3 40-49 LAT	7	K 12	00:00:27	00:21:36	00:43:19	01:05:33.65	01:05:40.20	5:02	11.9
2	KALICZYŃSKA WIOLETTA	147	CYTRYNOWI STUDENCI / RUNEDA	GDYNIA	POL	K3 40-49 LAT	8	K 13	00:00:28	00:21:47	00:43:50	01:06:16.25	01:06:25.65	5:05	11.8
3	MYŚLIŃSKA ANNA	1	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	12	K 20	00:00:32	00:23:05	00:46:14	01:09:07.55	01:09:23.05	5:19	11.3
4	PŁOCIENNIK RENATA	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OSTRÓW WIELKOPOLSKI	POL	K4 50-59 LAT	2	K 21	00:00:33	00:22:52	00:46:00	01:09:42.80	01:10:08.75	5:21	11.2
5	AMROZIK ANNA	13		LEGIONOWO	POL	K2 30-39 LAT	9	K 24	00:00:38	00:23:44	00:47:15	01:10:47.00	01:11:19.45	5:26	11
6	PEPŁAWSKA MAŁGORZATA	282	III ZKSS SR LEGIONOWO	WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:00:29	00:24:40	00:50:14	01:15:52.20	01:16:01.80	5:50	10.3
7	ŁOZOWSKA ANETA	212		WARSZAWA	POL	K3 40-49 LAT	24	K 47	00:00:38	00:26:00	00:51:25	01:16:38.35	01:17:08.05	5:53	10.2
8	KOTLENGA MONIKA	181		IŁAWA	POL	K3 40-49 LAT	28	K 51	00:00:33	00:25:24	00:51:09	01:16:54.80	01:17:07.85	5:54	10.1
9	NOBERT MARTA	252	CYTRYNOWI STUDENCI	SOKÓŁKA	POL	K3 40-49 LAT	32	K 58	00:00:34	00:25:39	00:51:23	01:18:01.10	01:18:11.00	6:00	10
10	DĘBSKA JOANNA	65		PŁOŃSK	POL	K2 30-39 LAT	21	K 59	00:00:39	00:25:37	00:51:15	01:18:30.00	01:19:02.65	6:02	9.9
11	STANKIEWICZ MAŁGORZATA	336		NIEPORĘT	POL	K2 30-39 LAT	23	K 66	00:00:38	00:26:35	00:53:55	01:21:41.70	01:22:13.85	6:17	9.5
12	LEZNER KAROLINA	208	KURATOR ZAWODOWY	WARSZAWA	POL	K1 < 29 LAT	6	K 82	00:00:37	00:28:40	01:00:13	01:34:43.45	01:35:20.00	7:17	8.2
13	KOLEBSKA MIROŚŁAWA	169		KĘPNO	POL	K4 50-59 LAT	7	K 106	00:00:38	00:33:40				7:39	7.8
14	BOGUSZ AGNIESZKA	32	CYTRYNOWI STUDENCI	KRAKÓW	POL	K3 40-49 LAT	52	K 109	00:00:37	00:39:55				9:04	6.6

**BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - mężczyźni**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	FIEDOROW TOMASZ	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	5	M 8	00:00:15	00:15:32	00:31:42	00:47:35.10	00:47:36.85	3:39	16.4
2	BIAŁEK PIOTR	476	3BRO	OLSZTYN	POL	M2 30-39 LAT	14	M 20	00:00:18	00:16:53	00:33:54	00:50:48.10	00:50:50.85	3:54	15.4
3	TOMCZAK MARCIN	377	1980	CIECHANÓW	POL	M2 30-39 LAT	16	M 24	00:00:20	00:17:07	00:34:41	00:52:18.30	00:52:21.50	4:01	14.9
4	DĄBROWSKI MICHAŁ	63		PUŁTUSK	POL	M2 30-39 LAT	24	M 48	00:00:23	00:18:22	00:37:12	00:56:03.00	00:56:09.55	4:18	13.9
5	KOWALEWSKI ŁUKASZ	491	BISKUPIEC BIEGA	BISKUPIEC	POL	M2 30-39 LAT	25	M 50	00:01:48	00:18:55	00:37:33	00:56:24.00	00:56:24.00	4:20	13.8
6	SARZAŁA DARIUSZ	315	AKS POLONIA WARSZAWA	WARSZAWA	POL	M5 60+	3	M 51	00:00:20	00:18:52	00:37:43	00:56:28.45	00:56:30.75	4:20	13.8
7	WIŚNIEWSKI KRZYSZTOF	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	OSTROŁĘKA	POL	M3 40-49 LAT	18	M 65	00:00:25	00:19:20	00:38:39	00:57:58.30	00:58:04.45	4:27	13.5
8	BRODZIK ARKADIUSZ	426		KUFLEW	POL	M2 30-39 LAT	31	M 67	00:00:16	00:18:16	00:38:04	00:58:07.00	00:58:09.65	4:28	13.4
9	RESZCZYK MARCIN	302		WARSZAWA	POL	M3 40-49 LAT	20	M 70	00:00:33	00:19:56	00:39:17	00:58:21.80	00:58:55.15	4:29	13.4
10	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	28	M 87	00:00:26	00:19:53	00:40:02	00:59:53.15	01:00:02.65	4:36	13
11	GLINKA KAROL	97		PUŁTUSK	POL	M2 30-39 LAT	42	M 96	00:00:36	00:20:35	00:40:40	01:00:49.95	01:01:22.50	4:40	12.8
12	BYSTRY GRZEGORZ	41	KS LENIWIEC	BARANÓW	POL	M3 40-49 LAT	30	M 100	00:00:30	00:20:30	00:40:37	01:01:04.45	01:01:28.60	4:41	12.8
13	NOWAK JAKUB	101	DOBRYŃSKI KLUB ŻEGLARSKI	INOWROCŁAW	POL	M3 40-49 LAT	48	M 122	00:00:22	00:20:39	00:41:48	01:03:22.15	01:03:24.75	4:52	12.3
14	MIĘTEK ARTUR	237	III ZKSS SR LEGIONOWO	ŁAJSKI	POL	M3 40-49 LAT	49	M 124	00:00:34	00:21:24	00:42:29	01:03:29.80	01:03:42.50	4:53	12.3
15	PISAREK NORBERT	289		POPOWO	POL	M3 40-49 LAT	50	M 125	00:00:35	00:22:16	00:43:34	01:03:32.75	01:04:22.45	4:53	12.3
16	GAJEWSKI MARIUSZ	90		PUŁTUSK	POL	M3 40-49 LAT	55	M 135	00:00:35	00:20:49	00:42:34	01:04:16.00	01:04:49.70	4:56	12.1
17	ZAJAC BARTOSZ	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	KIERZLINY	POL	M2 30-39 LAT	52	M 147	00:00:32	00:21:17	00:42:26	01:04:42.75	01:04:57.40	4:58	12.1
18	MYSTKOWSKI MIECZYŚŁAW	447		PUŁTUSK	POL	M4 50-59	17	M 151	00:00:33	00:21:09	00:43:10	01:04:57.65	01:05:14.20	4:59	12
19	JANECKI PRZEMYSŁAW	131		WARSZAWA	POL	M2 30-39 LAT	55	M 152	00:00:34	00:21:09	00:43:10	01:04:58.00	01:05:14.35	4:59	12
20	BABIUCH MAREK	18		WARSZAWA	POL	M4 50-59	18	M 162	00:00:27	00:22:02	00:43:46	01:06:03.55	01:06:12.85	5:04	11.8
21	TYMIŃSKI MARIUSZ	383		ZIELONKA	POL	M2 30-39 LAT	63	M 177	00:00:37	00:22:35	00:45:07	01:07:08.35	01:07:40.40	5:09	11.6
22	ZIELIŃSKI ŁUKASZ	471	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M2 30-39 LAT	68	M 189	00:00:25	00:21:00	00:42:12	01:07:56.95	01:08:01.80	5:13	11.5
23	SKRZYŃSKI ADAM	327		PŁOŃSK	POL	M1 < 29 LAT	22	M 224	00:00:39	00:24:13	00:47:36	01:10:22.30	01:10:55.00	5:24	11.1
24	LEŃCZUK ANDRZEJ	440		WARSZAWA	POL	M4 50-59	27	M 226	00:00:33	00:22:25	00:45:23	01:10:25.10	01:10:48.25	5:25	11.1
25	KULIK KAROL	539		SIEDLCE		M3 40-49 LAT	93	M 230	00:00:37	00:25:09	00:48:20	01:10:48.60	01:11:26.35	5:26	11
26	SĄŁAJCZYK SYLWESTER	452		WARSZAWA	POL	M4 50-59	32	M 260	00:00:38	00:25:08	00:49:49	01:15:00.00	01:15:34.10	5:46	10.4
27	KWIATEK JACEK	203		SIEMIANICE	POL	M4 50-59	35	M 273	00:00:37	00:25:28	00:51:04	01:16:31.15	01:17:06.15	5:53	10.2
28	WALCZAK DARIUSZ	389	CYTRYNOWI STUDENCI	CEREKWICA	POL	M3 40-49 LAT	113	M 281	00:00:35	00:25:39	00:51:23	01:18:12.30	01:18:21.35	6:00	10
29	SOJKA ŁUKASZ	333		WARSZAWA	POL	M2 30-39 LAT	106	M 305	00:00:38	00:28:44	00:58:55	01:30:49.15	01:31:22.15	6:59	8.6
30	KRUPIŃSKI MAREK	437	1995	OSTROŁĘKA	POL	M1 < 29 LAT	29	M 310	00:00:18	00:18:56	00:40:11			4:37	13
31	BIEDKA ROBERT	533	REBOOK RUN CREW	OSTROŁĘKA		M3 40-49 LAT	126	M 313	00:00:29	00:21:47	00:43:51			5:02	11.9
32	KOWALSKI KAMIL	185	CYTRYNOWI STUDENCI	BRANIEWO	POL	M2 30-39 LAT	108	M 320	00:00:39	00:27:29	00:54:10			6:13	9.6

**BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
33	MIĘTA GRZEGORZ	100	FRONTIS	WROCŁAW	POL	M3 40-49 LAT	133	M 337	00:00:35	00:28:05				6:22	9.4
34	NOWAK BARTŁOMIEJ FICEK ŁUKASZ	256 78		INOWROCŁAW CHORZELOW	POL	M3 40-49 LAT M2 30-39 LAT	135	M 350	00:00:27 00:00:38 DNF	00:43:14 00:32:14 DNF	00:41:15 DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K1 < 29 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	KULESZA AGNIESZKA	439	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K1 < 29 LAT	1	K 23	00:00:34	00:23:50	00:47:11	01:10:15.20	01:10:30.85	5:24	11.1
2	STĘPIŃSKA ANNA	343		WARSZAWA	POL	K1 < 29 LAT	2	K 36	00:00:35	00:24:45	00:48:46	01:13:46.85	01:14:13.10	5:40	10.6
3	STAŃCZYK ZOFIA	339		ZIELONKA	POL	K1 < 29 LAT	3	K 70	00:00:37	00:27:17	00:54:55	01:24:07.30	01:24:56.75	6:28	9.3
4	ZYGMUNT NATALIA	473		PRUSZKÓW	POL	K1 < 29 LAT	4	K 72	00:00:36	00:27:14	00:55:42	01:24:29.50	01:24:42.55	6:29	9.2
5	GOJAN JOANNA	537	VEGE RUNNERS	ŁOMIAŃKI		K1 < 29 LAT	5	K 81	00:00:38	00:30:49	01:02:03	01:34:33.30	01:35:15.05	7:16	8.2
6	LEZNER KAROLINA	208	KURATOR ZAWODOWY	WARSZAWA	POL	K1 < 29 LAT	6	K 82	00:00:37	00:28:40	01:00:13	01:34:43.45	01:35:20.00	7:17	8.2
7	STYKOWSKA ZOSIA	546	TARKOŚWIRY	WARSZAWA		K1 < 29 LAT	7	K 101	00:00:36	00:29:09				6:37	9.1
8	STYKOWSKA WIKTORIA PYL KAROLINA	547 296		WARSZAWA BŁONIE	POL	K1 < 29 LAT K1 < 29 LAT	8	K 104	00:00:36 00:00:44 DNF	00:31:03 00:26:19 DNF	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M1 < 29 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	SŁUPIK TOMASZ	455		WARSZAWA	POL	M1 < 29 LAT	1	M 2	00:00:15	00:14:15	00:28:39	00:43:19.00	00:43:20.50	3:19	18
2	TABER KONRAD	371	ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK	BRWINÓW	POL	M1 < 29 LAT	2	M 6	00:00:16	00:15:23	00:30:52	00:46:30.85	00:46:31.95	3:34	16.8
3	MASIAREK MACIEJ	227		PIOTRKÓW TRYBUNALSKI	POL	M1 < 29 LAT	3	M 7	00:00:15	00:15:08	00:30:57	00:46:53.85	00:46:57.05	3:36	16.6
4	NOWOSIELSKI GRZEGORZ	448	ŻÓRAWSKI TEAM	WARSZAWA	POL	M1 < 29 LAT	4	M 16	00:00:20	00:16:46	00:33:20	00:49:32.30	00:49:34.70	3:48	15.7
5	SZMIGIELSKI MATEUSZ	531		CHOTOMÓW		M1 < 29 LAT	5	M 29	00:00:27	00:17:33	00:35:01	00:53:16.40	00:53:24.95	4:05	14.6
6	TURSKI MACIEJ	511	MMA, TYLKO MMA	PIONKI	POL	M1 < 29 LAT	6	M 37	00:00:21	00:18:07	00:36:17	00:54:56.50	00:55:03.05	4:13	14.2
7	SZWARC SZYMON	364		WARSZAWA	POL	M1 < 29 LAT	7	M 44	00:00:23	00:17:51	00:36:22	00:55:13.05	00:55:19.05	4:14	14.1
8	MACANDER JAKUB	496		SKIERNIEWICE	POL	M1 < 29 LAT	8	M 63	00:00:17	00:18:38	00:37:35	00:56:38.25	01:01:12.45	4:21	13.8
9	TROJANOWSKI RAFAŁ	379	BIEGAM BO LUBIĘ ŻĄBK TEAM	ŻĄBK	POL	M1 < 29 LAT	9	M 66	00:00:22	00:19:05	00:38:32	00:58:06.90	00:58:11.45	4:28	13.4
10	ROPIAK PAWEŁ	305		WARSZAWA	POL	M1 < 29 LAT	10	M 81	00:01:02	00:20:04	00:39:27	00:59:24.10	00:59:24.10	4:34	13.1
11	KACZMAREK JAKUB	144		WARSZAWA	POL	M1 < 29 LAT	11	M 88	00:00:20	00:18:03	00:40:25	01:00:02.20	01:00:02.20	4:37	13
12	DĄBROWSKI DANIEL	61	FARMACJA TARCHOMIN	WARSZAWA	POL	M1 < 29 LAT	12	M 92	00:00:35	00:20:21	00:41:12	01:00:28.00	01:00:44.05	4:39	12.9
13	HELMAN FILIP	432	FR WARSZAWA	WARSZAWA	POL	M1 < 29 LAT	13	M 109	00:00:25	00:19:43	00:40:26	01:01:56.60	01:02:10.85	4:45	12.6
14	POPOWICZ BARTŁOMIEJ	291		WATRASZEW	POL	M1 < 29 LAT	14	M 123	00:00:30	00:21:40	00:43:35	01:03:29.70	01:04:01.75	4:53	12.3
15	TWORZEWSKI PIOTR	523	OSTROBIEC / SEKCJA BOKSERSKA KSZO	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M1 < 29 LAT	15	M 129	00:00:36	00:21:30	00:42:42	01:04:00.45	01:04:38.35	4:55	12.2
16	MUSIAŁ KRZYSZTOF	243		WARSZAWA	POL	M1 < 29 LAT	16	M 133	00:00:30	00:20:48	00:42:43	01:04:06.20	01:04:28.35	4:55	12.2
17	STACHOWICZ PAWEŁ	458		RADOM	POL	M1 < 29 LAT	17	M 137	00:00:33	00:21:46	00:43:12	01:04:21.00	01:04:52.10	4:57	12.1
18	TOMCZAK KAROL	510		WARSZAWA	POL	M1 < 29 LAT	18	M 170	00:00:30	00:22:10	00:44:55	01:06:44.30	01:06:55.45	5:08	11.7
19	BARAN PRZEMYSŁAW	23		WOŁOMIN	POL	M1 < 29 LAT	19	M 198	00:00:34	00:22:55	00:45:40	01:08:16.15	01:08:52.75	5:15	11.4
20	FIGIEL MICHAŁ	80	AMATORSKI KLUB ŻUŻLOWY	PIASTÓW	POL	M1 < 29 LAT	20	M 220	00:00:32	00:22:09	00:45:40	01:09:54.30	01:10:13.10	5:22	11.2
21	TOMCZAK ANDRZEJ	522		WARSZAWA	POL	M1 < 29 LAT	21	M 223	00:00:27	00:22:08	00:45:24	01:10:18.45	01:10:31.90	5:24	11.1
22	SKRZYŃSKI ADAM	327		PEŁŃSK	POL	M1 < 29 LAT	22	M 224	00:00:39	00:24:13	00:47:36	01:10:22.30	01:10:55.00	5:24	11.1
23	KOWALCZYK MATEUSZ	183		SULEJÓWEK	POL	M1 < 29 LAT	23	M 271	00:00:34	00:24:42	00:49:40	01:16:15.85	01:16:56.35	5:52	10.2
24	BARAN WOJCIECH	22		WOŁOMIN	POL	M1 < 29 LAT	24	M 276	00:00:35	00:25:52	00:51:37	01:16:44.10	01:17:20.25	5:54	10.2
25	GOLENIEWSKI PATRYK	482	1992	OSSÓW	POL	M1 < 29 LAT	25	M 287	00:00:33	00:25:17	00:51:52	01:19:36.10	01:19:52.45	6:07	9.8
26	BAK HUBERT	27		WARSZAWA	POL	M1 < 29 LAT	26	M 295	00:00:38	00:26:07	00:52:58	01:23:04.05	01:23:35.00	6:23	9.4
27	DUDA KAMIL	70		ŁOMŻA	POL	M1 < 29 LAT	27	M 308	00:00:38	00:31:42	01:05:48	01:40:30.95	01:41:10.45	7:43	7.8
28	KACZMARZYK HUBERT	146	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M1 < 29 LAT	28	M 309	00:00:33	00:18:34	00:37:54			4:21	13.8
29	KRUPIŃSKI MAREK	437	1995	OSTROŁĘKA	POL	M1 < 29 LAT	29	M 310	00:00:18	00:18:56	00:40:11			4:37	13

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M1 < 29 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
30	KOZŁOWSKI ROBERT	519	CHUDY BYK	ŻYRARDÓW	POL	M1 < 29 LAT	30	M 329	00:00:39	00:46:52	01:13:14			8:25	7.1
	BUDNIK STANISŁAW	479	NASIELSK BASZTA TEAM	NASIELSK	POL	M1 < 29 LAT			00:00:39	00:30:00	DNF	DNF	DNF	-	-
									DNF	DNF					

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K2 30-39 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKA IZABELA	276	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:00:19	00:16:52	00:34:14	00:51:36.55	00:51:38.85	3:58	15.1
2	SAWICKA ANNA	502	DREAM RUN	WARSZAWA	POL	K2 30-39 LAT	2	K 2	00:00:21	00:17:32	00:35:06	00:52:46.55	00:52:50.35	4:03	14.8
3	WINKOWSKA-STRUZIK MAGDALENA	400	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	3	K 4	00:00:27	00:19:48	00:40:21	01:01:01.05	01:01:09.35	4:41	12.8
4	SZYSZKO EWA	368	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	4	K 5	00:00:23	00:20:25	00:41:03	01:01:34.60	01:01:39.30	4:44	12.7
5	STĘPIEŃ PAULINA	507		WARSZAWA	POL	K2 30-39 LAT	5	K 9	00:00:32	00:21:30	00:42:50	01:04:12.20	01:04:35.00	4:56	12.1
6	TRZASKOWSKA JUSTYNA	462		WARSZAWA	POL	K2 30-39 LAT	6	K 18	00:00:35	00:23:15	00:45:38	01:08:20.50	01:09:04.45	5:15	11.4
7	BORAWSKA EMILIA	34		WARSZAWA	POL	K2 30-39 LAT	7	K 19	00:00:34	00:23:06	00:46:07	01:08:46.15	01:09:15.10	5:17	11.3
8	SUCHOCKA MONIKA	525		DOBRE	POL	K2 30-39 LAT	8	K 22	00:00:27	00:23:04	00:46:46	01:09:59.20	01:10:02.10	5:23	11.1
9	AMROZIK ANNA	13		LEGIONOWO	POL	K2 30-39 LAT	9	K 24	00:00:38	00:23:44	00:47:15	01:10:47.00	01:11:19.45	5:26	11
10	NOWAK KAROLINA	255		INOWROCŁAW	POL	K2 30-39 LAT	10	K 26	00:00:28	00:23:46	00:47:53	01:11:47.40	01:11:50.90	5:31	10.9
11	ANDRUKIEWICZ ANITA	14	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	K2 30-39 LAT	11	K 27	00:00:37	00:24:25	00:48:26	01:12:03.40	01:12:28.95	5:32	10.8
12	MAJEWSKA HANNA	219	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	12	K 28	00:00:34	00:23:39	00:48:01	01:12:04.05	01:12:25.20	5:32	10.8
13	ŻAK OLIVIA	423	PIASECZNO RUNNING	JASTRZĘBIE	POL	K2 30-39 LAT	13	K 30	00:00:37	00:24:00	00:48:20	01:12:42.10	01:13:25.40	5:35	10.7
14	GALIŃSKA MAGDALENA	91	WARSZAWSKI ZAULĘK	LEGIONOWO	POL	K2 30-39 LAT	14	K 32	00:00:36	00:23:54	00:47:58	01:13:15.15	01:13:56.00	5:38	10.6
15	TRZASKOWSKA JOANNA	380	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:00:38	00:24:34	00:49:21	01:14:31.60	01:15:06.00	5:44	10.5
16	KOLAŚA PAULINA	168	KLUB GORDONA I GINY	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:00:35	00:24:37	00:49:51	01:15:43.20	01:16:21.30	5:49	10.3
17	PEPŁAWSKA MAŁGORZATA	282	III ZKSS SR LEGIONOWO	WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:00:29	00:24:40	00:50:14	01:15:52.20	01:16:01.80	5:50	10.3
18	TEŁAKOWSKA ANITA	374		WARSZAWA	POL	K2 30-39 LAT	18	K 52	00:00:36	00:24:31	00:50:51	01:16:59.80	01:17:12.95	5:55	10.1
19	SWIETLIK MAGDALENA	351		WARSZAWA	POL	K2 30-39 LAT	19	K 53	00:00:38	00:26:09	00:51:44	01:17:02.35	01:17:31.85	5:55	10.1
20	KMIEĆ AGNIESZKA	489		LEŻAJSK	POL	K2 30-39 LAT	20	K 54	00:00:38	00:25:58	00:51:46	01:17:10.30	01:17:42.85	5:56	10.1
21	DĘBSKA JOANNA	65		PŁOŃSK	POL	K2 30-39 LAT	21	K 59	00:00:39	00:25:37	00:51:15	01:18:30.00	01:19:02.65	6:02	9.9
22	ŚWISTOWSKA ANNA	370		WARSZAWA	POL	K2 30-39 LAT	22	K 62	00:00:34	00:25:50	00:52:34	01:20:22.80	01:20:40.10	6:11	9.7
23	STANKIEWICZ MAŁGORZATA	336		NIEPORĘT	POL	K2 30-39 LAT	23	K 66	00:00:38	00:26:35	00:53:55	01:21:41.70	01:22:13.85	6:17	9.5
24	RUCIŃSKA JOLANTA	308	NASIELSK BASZTA TEAM	NASIELSK	POL	K2 30-39 LAT	24	K 69	00:00:35	00:27:41	00:54:51	01:24:04.70	01:24:27.00	6:28	9.3
25	ROMANOWSKA EWA	451	KUNGFU PANDA	ŁYSOMICIE	POL	K2 30-39 LAT	25	K 71	00:00:38	00:28:03	00:56:28	01:24:22.50	01:25:02.40	6:29	9.2
26	WINDER AGNIESZKA	399		WARSZAWA	POL	K2 30-39 LAT	26	K 76	00:00:36	00:27:39	00:56:53	01:27:33.70	01:28:02.90	6:44	8.9
27	ZUBELEWICZ-JERUZALSKA ANNA	472		WARSZAWA	POL	K2 30-39 LAT	27	K 86	00:00:34	00:22:34	00:45:22			5:12	11.5
28	JĘDRACHOWICZ AGNIESZKA	140		WARSZAWA	POL	K2 30-39 LAT	28	K 87	00:00:35	00:23:05	00:45:26			5:13	11.5
29	ZIEN AGNIESZKA	419		KRĘCZKI	POL	K2 30-39 LAT	29	K 89	00:00:40	00:26:39	00:52:33			6:02	9.9
30	JAWORSKA JOANNA	136		MARKI	POL	K2 30-39 LAT	30	K 92	00:00:38	00:26:47	00:55:28			6:22	9.4
31	SALAMON KINGA	314		WARSZAWA	POL	K2 30-39 LAT	31	K 94	00:00:36	00:27:43	00:59:43			6:51	8.7
32	WARZECHA JOLANTA	390	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	32	K 97	00:00:36	00:31:31	01:05:12			7:29	8
33	TENDERENDA NATALIA	461		WARSZAWA	POL	K2 30-39 LAT	33	K 98	00:00:38	00:35:10	01:11:27			8:12	7.3
34	UCHROŃSKA JUSTYNA	512		WARSZAWA	POL	K2 30-39 LAT	34	K 102	00:00:42	00:29:32				6:42	8.9
35	STYKOWSKA BEATA	347	TARCHOŚFIRY	WARSZAWA	POL	K2 30-39 LAT	35	K 103	00:00:36	00:31:02				7:03	8.5
36	KRAWCZYK KAROLINA	544		WARSZAWA		K2 30-39 LAT	36	K 110	00:00:38	00:43:42				9:55	6
	BANAŚ MALWINA	20	PUSTELNIK	WARSZAWA	POL	K2 30-39 LAT			00:00:33	00:23:04	DNF	DNF	DNF	-	-
									DNF	DNF					
	TERZONI KARINA	600	VIRTUAL RUNNERS CLUB	WARSZAWA		K2 30-39 LAT			00:00:33	00:23:42	DNF	DNF	DNF	-	-
									DNF	DNF					
	ZIELIŃSKA ALEKSANDRA	470	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37	00:25:48	DNF	DNF	DNF	-	-
									DNF	DNF					
	GAŁUSZKA KATARZYNA	93	KOKOSZKA36TEAM	WARSZAWA	POL	K2 30-39 LAT			00:00:37	00:26:15	DNF	DNF	DNF	-	-
									DNF	DNF					

**BIĄŁOŁĘCKI BIEG WOLNOŚCI, M2 30-39 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKI ŁUKASZ	277	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:00:16	00:14:15	00:28:26	00:42:46.20	00:42:48.15	3:17	18.2
2	FALKOWSKI BARTEK	77	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	2	M 3	00:00:16	00:14:44	00:29:30	00:44:14.55	00:44:16.10	3:24	17.6
3	BĘTKOWSKI PIOTR	475		WARSZAWA	POL	M2 30-39 LAT	3	M 4	00:00:17	00:14:45	00:29:35	00:44:50.75	00:44:52.20	3:27	17.4
4	JOSYPENKO JĘDRZEJ	487	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	4	M 5	00:00:16	00:14:44	00:30:01	00:45:51.60	00:45:53.70	3:31	17
5	FIEDOROW TOMASZ	79	BSB BARCZEWO BIEGA/ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	5	M 8	00:00:15	00:15:32	00:31:42	00:47:35.10	00:47:36.85	3:39	16.4
6	URMANOWSKI DANIEL	386	DREAM RUN	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:00:16	00:15:23	00:31:27	00:47:37.75	00:47:40.35	3:39	16.4
7	HILDEBRAND MARCIN	127	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	7	M 10	00:00:19	00:16:05	00:32:03	00:48:04.55	00:48:06.85	3:41	16.2
8	KIELAK LESZEK	488	ENTRE RUNNING	SULEJÓWEK	POL	M2 30-39 LAT	8	M 11	00:00:22	00:16:10	00:32:19	00:48:22.10	00:48:22.10	3:43	16.1
9	ŁABĘDZKI KONRAD	520	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	9	M 12	00:00:18	00:16:29	00:32:29	00:48:37.10	00:48:39.45	3:44	16
10	GRZYBOWSKI PAWEŁ	119	TEAM PARSZCZYŃSKICH	GOLENIOWO	POL	M2 30-39 LAT	10	M 13	00:00:16	00:15:39	00:32:16	00:48:49.10	00:48:51.05	3:45	16
11	WERNER KAMIL	394	BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGT EAM	WARSZAWA	POL	M2 30-39 LAT	11	M 15	00:00:17	00:16:08	00:32:49	00:49:27.45	00:49:30.45	3:48	15.8
12	GAŁUSZKA FILIP	92	KOKOSZKA36TEAM	WARSZAWA	POL	M2 30-39 LAT	12	M 17	00:00:20	00:16:53	00:33:39	00:50:11.85	00:50:15.50	3:51	15.5
13	PRZYBYŁA KRZYSZTOF	499	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M2 30-39 LAT	13	M 18	00:00:18	00:16:37	00:33:21	00:50:23.95	00:50:26.35	3:52	15.5
14	BIĄŁEK PIOTR	476	3BRO	OLSZTYN	POL	M2 30-39 LAT	14	M 20	00:00:18	00:16:53	00:33:54	00:50:48.10	00:50:50.85	3:54	15.4
15	KOTLENGA PRZEMYSŁAW	180		ŁAWA	POL	M2 30-39 LAT	15	M 22	00:00:18	00:16:46	00:34:05	00:50:59.65	00:51:02.60	3:55	15.3
16	TOMCZAK MARCIN	377	1980	CIECHANÓW	POL	M2 30-39 LAT	16	M 24	00:00:20	00:17:07	00:34:41	00:52:18.30	00:52:21.50	4:01	14.9
17	GOŁYŃSKI TOMASZ	483		WARSZAWA	POL	M2 30-39 LAT	17	M 32	00:00:24	00:17:32	00:35:47	00:54:06.35	00:54:15.40	4:09	14.4
18	TARAŚ MARCIN	372		WARSZAWA	POL	M2 30-39 LAT	18	M 34	00:00:25	00:17:48	00:36:17	00:54:40.35	00:54:48.45	4:12	14.3
19	UGRYN MACIEJ	384	WWW.RUNISMYFUN.COM	WARSZAWA	POL	M2 30-39 LAT	19	M 33	00:00:20	00:17:34	00:35:28	00:54:42.15	00:54:44.75	4:12	14.3
20	MANELSKI ARTUR	442	DOBRYŃSKI KLUB ZEGLARSKI	URSZULEWO	POL	M2 30-39 LAT	20	M 40	00:00:21	00:18:35	00:37:06	00:55:06.40	00:55:10.80	4:14	14.2
21	KOŚCIK JAKUB	436		WARSZAWA	POL	M2 30-39 LAT	21	M 41	00:00:30	00:19:03	00:37:08	00:55:07.00	00:55:12.95	4:14	14.2
22	NIEZGODA PRZEMYSŁAW	250		WARSZAWA	POL	M2 30-39 LAT	22	M 43	00:00:26	00:18:40	00:37:16	00:55:11.15	00:55:18.65	4:14	14.1
23	KALINOWSKI ŁUKASZ	148		WARSZAWA	POL	M2 30-39 LAT	23	M 45	00:00:24	00:19:05	00:37:30	00:55:19.10	00:55:26.15	4:15	14.1
24	DĄBROWSKI MICHAŁ	63		PUŁTUSK	POL	M2 30-39 LAT	24	M 48	00:00:23	00:18:22	00:37:12	00:56:03.00	00:56:09.55	4:18	13.9
25	KOWALEWSKI ŁUKASZ	491	BISKUPIEC BIEGA	BISKUPIEC	POL	M2 30-39 LAT	25	M 50	00:01:48	00:18:55	00:37:33	00:56:24.00	00:56:24.00	4:20	13.8
26	SKOTNICKI PIOTR	325		KRAKÓW	POL	M2 30-39 LAT	26	M 53	00:00:25	00:18:47	00:37:58	00:56:44.80	00:56:54.00	4:21	13.7
27	PUTON MICHAŁ	295		LIPSKO	POL	M2 30-39 LAT	27	M 60	00:00:25	00:18:30	00:37:30	00:57:34.30	00:57:43.20	4:25	13.5
28	WITKOWSKI ŁUKASZ	405	NASIELSK BASZTA TEAM	NASIELSK	POL	M2 30-39 LAT	28	M 64	00:00:35	00:19:31	00:38:46	00:57:37.30	00:57:58.05	4:26	13.5
29	OCHENKOWSKI SEBASTIAN	263		WARSZAWA	POL	M2 30-39 LAT	29	M 62	00:00:24	00:19:05	00:38:26	00:57:53.35	00:57:57.80	4:27	13.5
30	SMORAWSKI WODZISŁAW	331		WARSZAWA	POL	M2 30-39 LAT	30	M 61	00:00:48	00:19:57	00:38:48	00:57:57.00	00:57:57.00	4:27	13.5
31	BRODZIK ARKADIUSZ	426		KUFLEW	POL	M2 30-39 LAT	31	M 67	00:00:16	00:18:16	00:38:04	00:58:07.00	00:58:09.65	4:28	13.4
32	KALKO VITALII	149		WARSZAWA	POL	M2 30-39 LAT	32	M 69	00:00:24	00:18:34	00:38:39	00:58:20.10	00:58:24.85	4:29	13.4
33	KSIEL ARTUR	192		WARSZAWA	POL	M2 30-39 LAT	33	M 72	00:00:27	00:19:36	00:39:06	00:58:39.70	00:58:47.20	4:30	13.3
34	MICHAŁSKI RYSZARD	445	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	M2 30-39 LAT	34	M 73	00:00:23	00:19:31	00:39:32	00:58:47.30	00:58:56.45	4:31	13.3
35	PLATEK TOMASZ	529		WARSZAWA		M2 30-39 LAT	35	M 80	00:00:26	00:19:45	00:39:41	00:59:15.20	00:59:20.25	4:33	13.2
36	RYMKIEWICZ ZBIGNIEW	312		ZĄBKI	POL	M2 30-39 LAT	36	M 82	00:00:25	00:19:35	00:39:33	00:59:26.05	00:59:33.30	4:34	13.1
37	WISZOWATY PIOTR	401		WARSZAWA	POL	M2 30-39 LAT	37	M 83	00:00:28	00:19:52	00:39:44	00:59:30.50	00:59:37.85	4:34	13.1
38	STĘPIEŃ ADAM	342		WARSZAWA	POL	M2 30-39 LAT	38	M 84	00:00:26	00:20:01	00:40:05	00:59:41.00	00:59:47.85	4:35	13.1
39	CNOTA MACIEK	55		WARSZAWA	POL	M2 30-39 LAT	39	M 89	00:00:27	00:19:49	00:39:57	01:00:17.10	01:00:28.15	4:38	12.9
40	FRANK MICHAŁ	85	JW 2414	LEGIONOWO	POL	M2 30-39 LAT	40	M 93	00:00:27	00:19:53	00:39:52	01:00:30.35	01:00:38.25	4:39	12.9
41	MAZUR PIOTR	228		WARSZAWA	POL	M2 30-39 LAT	41	M 95	00:00:33	00:20:50	00:40:44	01:00:49.00	01:01:16.05	4:40	12.8
42	GLINKA KAROL	97		PUŁTUSK	POL	M2 30-39 LAT	42	M 96	00:00:36	00:20:35	00:40:40	01:00:49.95	01:01:22.50	4:40	12.8
43	ORLIŃSKI KRZYSZTOF	498		WARSZAWA	POL	M2 30-39 LAT	43	M 98	00:00:35	00:20:44	00:40:49	01:00:55.30	01:01:32.85	4:41	12.8
44	TENDERENDA KAMIL	460		WARSZAWA	POL	M2 30-39 LAT	44	M 110	00:00:33	00:21:03	00:41:34	01:01:58.60	01:02:47.70	4:46	12.6
45	IWANUK TOMASZ	486	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	45	M 114	00:00:27	00:19:46	00:40:23	01:02:30.75	01:02:41.60	4:48	12.5
46	CEGIEŁKA DAWID	42	KS BACHMATY	WARSZAWA	POL	M2 30-39 LAT	46	M 132	00:00:32	00:20:49	00:42:12	01:04:05.80	01:04:47.15	4:55	12.2
47	POTRZEBOWSKI DOMINIK	292		MARKI	POL	M2 30-39 LAT	47	M 134	00:00:35	00:22:06	00:43:21	01:04:06.45	01:04:30.45	4:55	12.2
48	SZYMCZAK JACEK	367	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBK	POL	M2 30-39 LAT	48	M 138	00:00:28	00:20:45	00:41:24	01:04:21.10	01:04:27.55	4:57	12.1
49	SŁOWIŃSKI MARCIN	328	1.OREL	MIROWICE	POL	M2 30-39 LAT	49	M 139	00:00:35	00:21:48	00:43:15	01:04:27.40	01:05:03.15	4:57	12.1
50	STYKOWSKI MICHAŁ	348	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	50	M 140	00:00:28	00:20:19	00:41:21	01:04:28.95	01:04:47.45	4:57	12.1
51	URBANIAK MICHAŁ	385		WARSZAWA	POL	M2 30-39 LAT	51	M 146	00:00:28	00:21:28	00:43:19	01:04:39.10	01:04:46.60	4:58	12.1
52	ZAJAC BARTOSZ	514	BSB BARCZEWO BIEGA/ ZK BARCZEWO	KIERZLINY	POL	M2 30-39 LAT	52	M 147	00:00:32	00:21:17	00:42:26	01:04:42.75	01:04:57.40	4:58	12.1
53	MAGOT TOMASZ	497		PIASECZNO	POL	M2 30-39 LAT	53	M 149	00:00:37	00:22:15	00:43:30	01:04:47.80	01:05:19.25	4:59	12

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M2 30-39 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
54	NADOBNIK KONRAD	245	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	54	M 150	00:00:27	00:21:14	00:42:56	01:04:52.85	01:04:58.25	4:59	12
55	JANECKI PRZEMYSŁAW	131		WARSZAWA	POL	M2 30-39 LAT	55	M 152	00:00:34	00:21:09	00:43:10	01:04:58.00	01:05:14.35	4:59	12
56	KUREK WOJCEICH	202	1 BAZA LOTNICTWA TRANSPORTOWEGO	KWIDZYN	POL	M2 30-39 LAT	56	M 157	00:00:36	00:21:48	00:42:50	01:05:41.30	01:06:07.50	5:03	11.9
57	ŚCISŁOWICZ KRZYSZTOF	369	STOMILEX	WARSZAWA	POL	M2 30-39 LAT	57	M 158	00:00:25	00:21:40	00:43:46	01:05:42.30	01:05:47.20	5:03	11.9
58	STANKOWSKI PAWEŁ	337		WARSZAWA	POL	M2 30-39 LAT	58	M 164	00:00:31	00:21:47	00:43:38	01:06:08.70	01:06:19.85	5:05	11.8
59	PIOTROWSKI KAMIL	287		NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	59	M 166	00:00:37	00:23:12	00:45:07	01:06:16.05	01:06:42.30	5:05	11.8
60	MANCZENKO EUGENIUSZ	222		WARSZAWA	POL	M2 30-39 LAT	60	M 167	00:00:31	00:21:23	00:44:39	01:06:29.00	01:06:51.15	5:06	11.7
61	CZAJKA PIOTR	56	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	61	M 171	00:00:37	00:22:34	00:44:48	01:06:44.80	01:07:04.20	5:08	11.7
62	KUCKI KAMIL	197	MAZOVIA PROACTIV CIECHANÓW	NARZYM	POL	M2 30-39 LAT	62	M 175	00:00:37	00:22:42	00:44:51	01:07:02.20	01:07:35.75	5:09	11.6
63	TYMIŃSKI MARIUSZ	383		ZIELONKA	POL	M2 30-39 LAT	63	M 177	00:00:37	00:22:35	00:45:07	01:07:08.35	01:07:40.40	5:09	11.6
64	KOSIŃSKI ALEKSANDER	177		PIASECZNO	POL	M2 30-39 LAT	64	M 178	00:00:38	00:22:45	00:45:02	01:07:10.55	01:07:47.10	5:10	11.6
65	MUSIAŁ MARCIN	538		PRUSZKÓW		M2 30-39 LAT	65	M 181	00:00:35	00:22:02	00:44:30	01:07:17.10	01:07:38.45	5:10	11.6
66	GONTARZ MATEUSZ	484		WARSAW	POL	M2 30-39 LAT	66	M 183	00:00:36	00:23:32	00:45:33	01:07:21.75	01:08:03.20	5:10	11.6
67	SOPYŁO STEFAN	334		WARSZAWA	POL	M2 30-39 LAT	67	M 188	00:00:35	00:23:59	00:47:04	01:07:54.55	01:08:21.30	5:13	11.5
68	ZIELIŃSKI ŁUKASZ	471	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	POL	M2 30-39 LAT	68	M 189	00:00:25	00:21:00	00:42:12	01:07:56.95	01:08:01.80	5:13	11.5
69	FILC ŁUKASZ	82		WARSZAWA	POL	M2 30-39 LAT	69	M 194	00:00:35	00:22:29	00:45:14	01:08:07.70	01:08:34.55	5:14	11.4
70	KONARSKI MACIEJ	490	DOGOŃ GRODZISK MAZOWIECKI	PODKOWA LEŚNA	POL	M2 30-39 LAT	70	M 197	00:00:29	00:22:48	00:45:15	01:08:11.75	01:08:20.60	5:14	11.4
71	KASKA MATEUSZ	158		WOŁOMIN	POL	M2 30-39 LAT	71	M 199	00:00:37	00:23:26	00:45:52	01:08:16.85	01:08:51.85	5:15	11.4
72	STARZYŃSKI PIOTR	506		WARSZAWA	POL	M2 30-39 LAT	72	M 201	00:00:34	00:23:22	00:45:51	01:08:21.85	01:08:52.90	5:15	11.4
73	DALECKI ŁUKASZ	536	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI		M2 30-39 LAT	73	M 203	00:00:35	00:22:47	00:45:32	01:08:22.45	01:08:45.10	5:15	11.4
74	GRZESZCZYK MICHAŁ	118	EKOBIEGI	WARSZAWA	POL	M2 30-39 LAT	74	M 204	00:00:38	00:23:10	00:46:12	01:08:26.25	01:08:44.15	5:15	11.4
75	BAK ŁUKASZ	25	AGD WRONIAK	WARSZAWA	POL	M2 30-39 LAT	75	M 206	00:00:32	00:23:15	00:46:04	01:08:47.35	01:09:20.55	5:17	11.3
76	KUCHTA PAWEŁ	195		MACIEJOWICE	POL	M2 30-39 LAT	76	M 209	00:00:28	00:20:54	00:44:05	01:09:03.05	01:09:11.80	5:18	11.3
77	KADUK ŁUKASZ	542	CEZAR	WARSZAWA		M2 30-39 LAT	77	M 213	00:00:51	00:23:00	00:45:41	01:09:16.85	01:09:16.85	5:19	11.3
78	MALINOWSKI MARIUSZ	220		WARSZAWA	POL	M2 30-39 LAT	78	M 214	00:00:36	00:23:40	00:46:40	01:09:19.10	01:09:58.15	5:19	11.3
79	DOMAŃSKI PIOTR	428		MIĘDZYBORÓW	POL	M2 30-39 LAT	79	M 216	00:00:30	00:24:15	00:47:36	01:09:26.10	01:09:31.65	5:20	11.2
80	NOGAL ROBERT	253		IŁŻA	POL	M2 30-39 LAT	80	M 217	00:00:35	00:22:08	00:45:35	01:09:32.20	01:09:56.20	5:20	11.2
81	SYPIŃSKI TOMASZ	353	EMO OI	WARSZAWA	POL	M2 30-39 LAT	81	M 218	00:00:37	00:22:29	00:45:35	01:09:45.20	01:10:22.75	5:21	11.2
82	STASIAK PIOTR	340		WARSZAWA	POL	M2 30-39 LAT	82	M 219	00:00:36	00:23:41	00:46:40	01:09:49.60	01:10:28.15	5:22	11.2
83	ZDUNIAK MARCIN	516	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M2 30-39 LAT	83	M 227	00:00:36	00:24:18	00:47:50	01:10:30.60	01:11:13.35	5:25	11.1
84	KORYCKI KAROL	175		NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	84	M 229	00:00:45	00:26:11	00:47:21	01:10:36.50	01:10:58.25	5:25	11
85	GRYCNER PAWEŁ	116		WARSZAWA	POL	M2 30-39 LAT	85	M 232	00:00:34	00:22:50	00:46:35	01:10:58.65	01:11:22.25	5:27	11
86	GODLEWSKI DANIEL	99		WARSZAWA	POL	M2 30-39 LAT	86	M 238	00:00:37	00:23:11	00:47:20	01:11:29.45	01:12:10.80	5:29	10.9
87	HARTMAN ŁUKASZ	123	OFF-ROAD RUNNERS BENEFIT SYSTEMS	WARSZAWA	POL	M2 30-39 LAT	87	M 244	00:00:36	00:23:16	00:47:10	01:12:16.45	01:12:41.40	5:33	10.8
88	PIRÓG KAMIL	288	1. OREL	GRÓJEC	POL	M2 30-39 LAT	88	M 245	00:00:38	00:25:38	00:49:47	01:12:51.70	01:13:20.20	5:36	10.7
89	KUNKA PIOTR	201	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	89	M 246	00:00:34	00:25:00	00:49:27	01:13:16.50	01:13:37.15	5:38	10.6
90	SMOCZYK HUBERT	329	WARSAWSKI ZAULEK	WARSZAWA	POL	M2 30-39 LAT	90	M 247	00:00:37	00:23:54	00:47:58	01:13:17.10	01:13:57.95	5:38	10.6
91	DZIDECZEK MARCIN	74	TEAM ZABIEGANEDNI	WARSZAWA	POL	M2 30-39 LAT	91	M 248	00:00:33	00:25:00	00:49:27	01:13:17.10	01:13:37.15	5:38	10.6
92	RYBARCZYK KAMIL	311		MNISZEW	POL	M2 30-39 LAT	92	M 249	00:00:38	00:26:15	00:50:12	01:13:23.00	01:14:09.55	5:38	10.6
93	MATWIEJ ADAM	443	ADAM MATWIEJ	WARSZAWA	POL	M2 30-39 LAT	93	M 252	00:00:37	00:24:55	00:49:21	01:13:48.60	01:14:33.30	5:40	10.6
94	WIDERA TOMASZ	395	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	94	M 259	00:00:35	00:25:21	00:50:11	01:14:58.50	01:15:38.70	5:46	10.4
95	KONIECZNY PIOTR	172		WARSZAWA	POL	M2 30-39 LAT	95	M 261	00:00:37	00:24:52	00:49:32	01:15:01.05	01:15:45.70	5:46	10.4
96	KOMOROWSKI PIOTREK	435		WARSZAWA	POL	M2 30-39 LAT	96	M 265	00:00:29	00:24:47	00:50:26	01:15:37.60	01:15:48.15	5:49	10.3
97	FABISIAK DAMIAN	429		WARSZAWA	POL	M2 30-39 LAT	97	M 266	00:00:32	00:23:26	00:49:37	01:16:00.85	01:16:15.75	5:50	10.3
98	SZYMAŃSKI PAWEŁ	365		WARSZAWA	POL	M2 30-39 LAT	98	M 267	00:00:36	00:25:08	00:50:48	01:16:05.05	01:16:44.80	5:51	10.3
99	CHADZYŃSKI MARCIN	46		WARSZAWA	POL	M2 30-39 LAT	99	M 274	00:00:38	00:25:41	00:50:51	01:16:33.05	01:17:06.55	5:53	10.2
100	DZIEPAK PIOTR	75	1. BLTR	WOLA MROKOWSKA	POL	M2 30-39 LAT	100	M 275	00:00:36	00:24:35	00:49:37	01:16:41.55	01:17:08.00	5:54	10.2
101	ŁUCAK PIOTR	213	OSTRÓW BIEGA	ŁOCHÓW	POL	M2 30-39 LAT	101	M 279	00:00:35	00:26:16	00:51:34	01:17:02.00	01:17:21.20	5:55	10.1
102	KLUZIAK JAROSŁAW	165		MIŃSK MAZOWIECKI	POL	M2 30-39 LAT	102	M 282	00:00:36	00:24:57	00:50:53	01:18:22.05	01:18:49.80	6:01	10
103	BRZEZICKI MICHAŁ	39		WARSZAWA	POL	M2 30-39 LAT	103	M 288	00:00:36	00:26:24	00:53:16	01:19:46.15	01:20:25.15	6:08	9.8
104	JACHOWICZ ŁUKASZ	129		LEGIONOWO	POL	M2 30-39 LAT	104	M 293	00:00:37	00:26:35	00:53:57	01:22:10.55	01:22:56.95	6:19	9.5
105	KOCHAN PIOTR	167	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	M2 30-39 LAT	105	M 304	00:00:37	00:29:59	00:59:45	01:29:24.10	01:30:03.85	6:52	8.7
106	SOJKA ŁUKASZ	333		WARSZAWA	POL	M2 30-39 LAT	106	M 305	00:00:38	00:28:44	00:58:55	01:30:49.15	01:31:22.15	6:59	8.6
107	ANTONOWICZ MACIEK	15	DEAF RUNNING	KOSEWKO	POL	M2 30-39 LAT	107	M 315	00:00:37	00:25:13	00:48:35			5:35	10.7
108	KOWALSKI KAMIL	185	CYTRYNOWI STUDENCI	BRANIEWO	POL	M2 30-39 LAT	108	M 320	00:00:39	00:27:29	00:54:10			6:13	9.6



**BIAŁOŁĘCKI BIEG WOLNOŚCI, M2 30-39 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
109	PAWŁOWSKI JAKUB	280	CYTRYNOWI STUDENCI	OLSZTYN	POL	M2 30-39 LAT	109	M 321	00:00:39	00:27:29	00:54:11			6:13	9.6
110	SIEKIERKO ŁUKASZ	322		SŁUPNO	POL	M2 30-39 LAT	110	M 326	00:00:26	00:39:35	00:58:59			6:46	8.8
111	CZARNECKI PIOTR	60	TARCHOŚFIRY	WARSZAWA	POL	M2 30-39 LAT	111	M 327	00:00:33	00:29:08	01:00:26			6:56	8.6
112	MADEJEK JACEK	441	ZABIEGANI PO USZY	KRAŚNIK	POL	M2 30-39 LAT	112	M 328	00:00:37	00:32:23	01:07:51			7:47	7.7
113	OSTASZEWSKI WOJCIECH	271	WERKUS RUNNERS	WARSZAWA	POL	M2 30-39 LAT	113	M 331	00:00:37	00:23:39				5:22	11.2
114	DUCH EMIL	69	JB WARSAW	WARSZAWA	POL	M2 30-39 LAT	114	M 332	00:00:38	00:23:48				5:24	11.1
115	MIKULIK PIOTR	239		WARSZAWA	POL	M2 30-39 LAT	115	M 335	00:00:35	00:27:26				6:14	9.6
116	KOMOŃ MACIEJ	171		LEGIONOWO	POL	M2 30-39 LAT	116	M 336	00:00:38	00:27:46				6:18	9.5
117	NACZULSKI WITOLD	244	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	117	M 339	00:00:39	00:28:17				6:25	9.3
118	ARTYMIUK OLAF	17		LEGIONOWO	POL	M2 30-39 LAT	118	M 341	00:00:38	00:29:10				6:37	9.1
119	ZYGMUNT KAMIL	527		WARSZAWA	POL	M2 30-39 LAT	119	M 342	00:00:40	00:29:30				6:42	8.9
120	ZIELIŃSKI PAWEŁ	417	BRAK	WARSZAWA	POL	M2 30-39 LAT	120	M 343	00:00:37	00:29:50				6:46	8.8
121	RADWAN-PYTLEWSKI PAWEŁ	300	FUNDACJA MORSY WOŁOMIN-KOBYŁKA	MARKI	POL	M2 30-39 LAT	121	M 347	00:00:37	00:33:20				7:34	7.9
122	SZCZEPKOWSKI PRZEMYSŁAW	508		KABATY	POL	M2 30-39 LAT	122	M 351	00:39:17					392:50	0.2
	FICEK ŁUKASZ	78	CYTRYNOWI STUDENCI	CHORZELOW	POL	M2 30-39 LAT			00:00:38	00:32:14	00:41:15	DNF	DNF	-	-
									DNF	DNF	DNF				
	KOŁOSOWSKI PIOTR	434	KUNGFU PANDA TEAM	WARSZAWA	POL	M2 30-39 LAT			00:00:38	00:23:17	00:46:12	DNF	DNF	-	-
									DNF	DNF	DNF				
	OSTASZEWSKI MARCIN	272		WARSZAWA	POL	M2 30-39 LAT			00:00:37	00:23:03	DNF	DNF	DNF	-	-
									DNF	DNF					
	OSTASZEWSKI MAREK	270		WARSZAWA	POL	M2 30-39 LAT			00:00:37	00:23:37	DNF	DNF	DNF	-	-
									DNF	DNF					

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K3 40-49 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	MISZTA BARBARA	240	KS STASZEWSKY	ZABKI	POL	K3 40-49 LAT	1	K 3	00:00:22	00:19:30	00:38:51	00:57:57.40	00:58:01.40	4:27	13.5
2	MORELOWSKA MARIA	241	WALHALLA FIGHT CLUB	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	2	K 6	00:00:25	00:20:27	00:41:02	01:01:49.60	01:01:53.30	4:45	12.6
3	GRUMBANIN PAULINA	115	LOGWIN	PRUSZKÓW	POL	K3 40-49 LAT	3	K 7	00:00:25	00:20:26	00:41:04	01:01:57.30	01:02:03.55	4:45	12.6
4	KOWALSKA KASIA	184	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:00:29	00:20:18	00:41:03	01:02:06.40	01:02:20.70	4:46	12.6
5	BUCHALSKA EWA	478	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	5	K 10	00:00:34	00:21:36	00:43:24	01:05:16.00	01:05:36.05	5:01	12
6	TEJCHMA NATALIA	373	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	6	K 11	00:00:36	00:22:51	00:44:06	01:05:26.60	01:05:49.90	5:02	11.9
7	GULCZ KATARZYNA	120	SR GDAŃSK-PÓŁNOC/KUJAWSKY RUNNERS	BANINO	POL	K3 40-49 LAT	7	K 12	00:00:27	00:21:36	00:43:19	01:05:33.65	01:05:40.20	5:02	11.9
8	KALICZYŃSKA WIOLETTA	147	CYTRYNOWI STUDENCI / RUNEDA	GDYNIA	POL	K3 40-49 LAT	8	K 13	00:00:28	00:21:47	00:43:50	01:06:16.25	01:06:25.65	5:05	11.8
9	GRZECHNIK RENATA	431		MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	9	K 14	00:00:31	00:22:43	00:45:12	01:07:01.00	01:07:18.30	5:09	11.6
10	SCHINDLER ZANETA	318		WARSZAWA	POL	K3 40-49 LAT	10	K 15	00:00:27	00:22:12	00:44:58	01:07:40.10	01:07:47.90	5:12	11.5
11	WOJCIECHOWSKA KLAUDIA	468	TEAM ZABIEGANEDNI	WARSZAWA	POL	K3 40-49 LAT	11	K 17	00:00:30	00:22:49	00:45:15	01:08:11.70	01:08:19.55	5:14	11.4
12	MYŚLIŃSKA ANNA	1	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	12	K 20	00:00:32	00:23:05	00:46:14	01:09:07.55	01:09:23.05	5:19	11.3
13	MĘDEL MARTA	231		KOSZALIN	POL	K3 40-49 LAT	13	K 25	00:00:37	00:24:12	00:47:49	01:11:09.85	01:11:28.35	5:28	11
14	JAROSZ-PIWONSKA ALDONA	134		GÓRA KALWARIA, POW. PIASECZYŃSKI	POL	K3 40-49 LAT	14	K 29	00:00:33	00:23:52	00:48:12	01:12:35.45	01:13:27.05	5:35	10.7
15	KARASIEWICZ KATARZYNA	154		KULIGÓW	POL	K3 40-49 LAT	15	K 34	00:00:34	00:24:15	00:48:40	01:13:34.70	01:13:52.35	5:39	10.6
16	BRZOSKA MAŁGORZATA	427	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	16	K 35	00:00:28	00:23:42	00:48:21	01:13:35.05	01:13:39.75	5:39	10.6
17	CZAJKA JUSTYNA	57		PRUSZKÓW	POL	K3 40-49 LAT	17	K 37	00:00:36	00:22:57	00:46:08	01:13:51.55	01:14:12.80	5:40	10.6
18	KRZYŚIAK ANECCZA	190		OWCZARNIA	POL	K3 40-49 LAT	18	K 38	00:00:38	00:24:13	00:49:36	01:14:25.15	01:15:05.05	5:43	10.5
19	ADAMCZUK AGNIESZKA	11	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	19	K 40	00:00:37	00:26:05	00:50:43	01:14:35.15	01:15:02.70	5:44	10.5
20	SKIBIŃSKA MAŁGORZATA	454	ZOLWIKIERSI	WARSZAWA	POL	K3 40-49 LAT	20	K 41	00:00:36	00:25:50	00:50:43	01:15:03.65	01:15:42.80	5:46	10.4
21	GADOMSKA MAŁGORZATA	88	NW CZŁAPSKI TEAM	WARSZAWA	POL	K3 40-49 LAT	21	K 42	00:00:36	00:24:56	00:49:54	01:15:31.25	01:15:46.15	5:48	10.3
22	WEBER AGATA	393	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 43	00:01:03	00:24:46	00:49:49	01:15:31.85	01:15:31.85	5:48	10.3
23	KŁOS ANNA	166	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	23	K 46	00:00:38	00:26:38	00:51:40	01:16:12.15	01:16:54.40	5:51	10.2
24	ŁOZOWSKA ANETA	212		WARSZAWA	POL	K3 40-49 LAT	24	K 47	00:00:38	00:26:00	00:51:25	01:16:38.35	01:17:08.05	5:53	10.2
25	GONET KATARZYNA	105		WARSZAWA	POL	K3 40-49 LAT	25	K 48	00:00:38	00:26:00	00:51:25	01:16:46.20	01:17:14.70	5:54	10.2
26	MAZUR JOWITA	229	FUNKCJONUJ	WARSZAWA	POL	K3 40-49 LAT	26	K 49	00:00:39	00:26:01	00:51:25	01:16:46.55	01:17:15.45	5:54	10.2
27	WAŚIK IZABELA	392		WARSZAWA	POL	K3 40-49 LAT	27	K 50	00:00:37	00:25:59	00:51:23	01:16:50.90	01:17:22.05	5:54	10.1

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K3 40-49 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
28	KOTLENGA MONIKA	181		IŁAWA	POL	K3 40-49 LAT	28	K 51	00:00:33	00:25:24	00:51:09	01:16:54.80	01:17:07.85	5:54	10.1
29	TROJANEK EDYTA	378	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	K3 40-49 LAT	29	K 55	00:00:35	00:26:10	00:51:47	01:17:10.45	01:17:27.25	5:56	10.1
30	RZEPLIŃSKA DOROTA	500		RUNÓW	POL	K3 40-49 LAT	30	K 56	00:00:31	00:25:33	00:51:29	01:17:24.40	01:17:36.15	5:57	10.1
31	GROBEREK MONIKA	113		WARSZAWA	POL	K3 40-49 LAT	31	K 57	00:00:34	00:25:49	00:51:13	01:17:31.95	01:17:54.55	5:57	10.1
32	NOBERT MARTA	252	CYTRYNOWI STUDENCI	SOKÓŁKA	POL	K3 40-49 LAT	32	K 58	00:00:34	00:25:39	00:51:23	01:18:01.10	01:18:11.00	6:00	10
33	ADAMOWSKA BARBARA	12		WARSZAWA	POL	K3 40-49 LAT	33	K 60	00:00:36	00:26:04	00:52:08	01:19:00.45	01:19:24.50	6:04	9.9
34	SIKORSKA AGNIESZKA	504	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	34	K 61	00:00:37	00:26:33	00:52:54	01:19:55.45	01:20:46.25	6:08	9.8
35	NIEZGODA EWA	251	NIEZGODNIKI	WARSZAWA	POL	K3 40-49 LAT	35	K 63	00:00:32	00:26:50	00:53:54	01:20:51.60	01:20:59.50	6:13	9.6
36	SOBCZAK ANNA	456	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	K3 40-49 LAT	36	K 67	00:00:36	00:26:55	00:54:27	01:22:07.95	01:22:46.10	6:19	9.5
37	ŁĄCKA ILONA	210	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	37	K 73	00:00:37	00:28:15	00:57:31	01:25:34.45	01:25:52.35	6:35	9.1
38	HĄJKOWICZ DOROTA	541		WARSZAWA	POL	K3 40-49 LAT	38	K 74	00:00:36	00:26:58	00:57:11	01:27:12.85	01:27:12.85	6:42	8.9
39	ŁUCZAK MAŁGORZATA	215	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	39	K 75	00:00:39	00:28:50	00:58:20	01:27:33.55	01:28:08.00	6:44	8.9
40	CHOŁUJ AGATA	48	PO PROSTU MY	WARSZAWA	POL	K3 40-49 LAT	40	K 77	00:00:37	00:28:15	00:57:19	01:27:42.75	01:28:25.70	6:44	8.9
41	WASZKIEWICZ MARTA	464	WASZKA TEAM	MROZY WIELKIE	POL	K3 40-49 LAT	41	K 78	00:00:36	00:28:41	00:58:38	01:28:09.60	01:28:21.75	6:46	8.8
42	WIŚNIEWSKA KATARZYNA	402	INDYWIDUALISTKA	WARSZAWA	POL	K3 40-49 LAT	42	K 84	00:00:36	00:32:28	01:05:32	01:40:14.85	01:40:29.05	7:42	7.8
43	OSUCH DOROTA	273	NWST	WARSZAWA	POL	K3 40-49 LAT	43	K 88	00:00:37	00:25:33	00:51:04			5:52	10.2
44	RACZKOWSKA DOROTA	299	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K3 40-49 LAT	44	K 90	00:00:33	00:26:07	00:53:00			6:05	9.8
45	ZAWADKA AGNIESZKA	411		STARE BABICE	POL	K3 40-49 LAT	45	K 91	00:00:38	00:27:31	00:55:06			6:20	9.5
46	SZAFRAN BEATA	355	PUMPIT	MARKÓW ŚWINICE	POL	K3 40-49 LAT	46	K 93	00:00:36	00:28:09	00:56:55			6:32	9.2
47	GÓRECKA ANNA	108		WARSZAWA	POL	K3 40-49 LAT	47	K 95	00:00:36	00:30:09	01:01:15			7:02	8.5
48	JANKOWSKA AGNIESZKA	132	NASIELSK BASZTA TEAM	NASIELSK	POL	K3 40-49 LAT	48	K 96	00:21:59	00:43:30	01:04:47			7:26	8.1
49	MIKOŁAJCZYK MAŁGORZATA	238		WARSZAWA	POL	K3 40-49 LAT	49	K 99	00:00:37	00:28:38				6:30	9.2
50	SOSNÓWKA MAGDALENA	335		WARSZAWA	POL	K3 40-49 LAT	50	K 105	00:00:39	00:32:17				7:20	8.2
51	SZOT AGNIESZKA	362	CYTRYNOWI STUDENCI	ŁÓDŹ	POL	K3 40-49 LAT	51	K 108	00:00:36	00:39:54				9:04	6.6
52	BOGUSZ AGNIESZKA	32	CYTRYNOWI STUDENCI	KRAKÓW	POL	K3 40-49 LAT	52	K 109	00:00:37	00:39:55				9:04	6.6
53	WILCZYŃSKA MAŁGORZATA	545		WARSZAWA	POL	K3 40-49 LAT	53	K 111	00:00:38	00:43:42				9:55	6
	OLSZEWSKA MARIOLA	268	RAZEM DLA BIAŁOŁĘKI	WARSZAWA	POL	K3 40-49 LAT			00:00:36	00:26:17	DNF	DNF	DNF	-	-
	SZCZEPAŃSKA DUDA MONIKA	358		WARSZAWA	POL	K3 40-49 LAT			DNF	DNF	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M3 40-49 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	GOZDEK SCYZORYK	106	TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	1	M 14	00:00:18	00:16:19	00:32:46	00:49:11.15	00:49:13.45	3:47	15.9
2	MIELCZAREK KRZYSZTOF	236	BIEGAN NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	2	M 19	00:00:18	00:16:26	00:33:27	00:50:23.40	00:50:27.60	3:52	15.5
3	KUBERA PIOTR	194	ADIDAS RUNNERS WARSAW	JÓZEFÓW	POL	M3 40-49 LAT	3	M 25	00:00:22	00:17:21	00:35:04	00:52:36.00	00:52:36.00	4:02	14.8
4	STRADOMSKI ARTUR	345	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	4	M 26	00:00:20	00:17:33	00:35:05	00:52:38.75	00:52:42.70	4:03	14.8
5	ANUSIEWICZ ROBERT	474		WARSZAWA	POL	M3 40-49 LAT	5	M 27	00:00:21	00:17:55	00:35:41	00:52:55.95	00:53:00.45	4:04	14.7
6	PYTLINSKI RAFAŁ	298		JÓZEFÓW	POL	M3 40-49 LAT	6	M 28	00:00:20	00:17:53	00:35:38	00:53:03.30	00:53:06.55	4:04	14.7
7	GAJEK IRENEUSZ	89		CIECHANÓW	POL	M3 40-49 LAT	7	M 30	00:00:25	00:18:02	00:35:42	00:53:28.15	00:53:38.75	4:06	14.6
8	ROWIŃSKI TOMASZ	307		PIASECZNO	POL	M3 40-49 LAT	8	M 35	00:00:17	00:17:43	00:36:46	00:54:55.50	00:54:57.55	4:13	14.2
9	OCZKOWSKI MATEUSZ	264	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M3 40-49 LAT	9	M 42	00:00:34	00:18:44	00:36:48	00:54:58.60	00:55:16.20	4:13	14.2
10	MIELCZAREK MAREK	235	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	10	M 38	00:00:19	00:18:12	00:36:42	00:55:00.30	00:55:05.35	4:13	14.2
11	SIERZPUTOWSKI ROBERT	453	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	11	M 39	00:00:20	00:18:18	00:36:40	00:55:02.80	00:55:06.30	4:14	14.2
12	GWIZDAŁA CEZARY	122	KUŹNIA TRIATHLONU	WARSZAWA	POL	M3 40-49 LAT	12	M 49	00:00:22	00:18:40	00:37:23	00:56:06.95	00:56:12.30	4:19	13.9
13	KORKOSZ ANDRZEJ	174		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	13	M 54	00:00:24	00:19:14	00:38:06	00:56:51.80	00:56:57.05	4:22	13.7
14	MICHNOWSKI SEBASTIAN	233		WARSZAWA	POL	M3 40-49 LAT	14	M 56	00:00:27	00:18:58	00:38:02	00:56:53.45	00:57:02.30	4:22	13.7
15	JAWORSKI PIOTR	137	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	15	M 55	00:00:19	00:18:15	00:37:34	00:56:54.80	00:56:58.90	4:22	13.7
16	WASZKIEWICZ ARIEL	465	WASZKA TEAM	MROZY WIELKIE	POL	M3 40-49 LAT	16	M 57	00:00:30	00:19:42	00:38:30	00:57:14.05	00:57:25.90	4:24	13.6
17	GĘBALA WOJTEK	94		WARSZAWA	POL	M3 40-49 LAT	17	M 58	00:00:24	00:19:04	00:38:25	00:57:21.70	00:57:27.75	4:24	13.6
18	WIŚNIEWSKI KRZYSZTOF	467	ZAKŁAD KARNY W PRZYTUŁACH STARYCH	OSTROŁĘKA	POL	M3 40-49 LAT	18	M 65	00:00:25	00:19:20	00:38:39	00:57:58.30	00:58:04.45	4:27	13.5
19	MAMLA ZBIGNIEW	221	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	19	M 68	00:00:26	00:18:40	00:38:18	00:58:11.85	00:58:21.55	4:28	13.4

**BIĄŁOLEŃSKI BIEG WOLNOŚCI, M3 40-49 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
20	RESZCZYK MARCIN	302		WARSZAWA	POL	M3 40-49 LAT	20	M 70	00:00:33	00:19:56	00:39:17	00:58:21.80	00:58:55.15	4:29	13.4
21	PUCHACZ PIOTR	294	MPK	WARSZAWA	POL	M3 40-49 LAT	21	M 71	00:00:36	00:19:20	00:38:45	00:58:25.35	00:58:40.90	4:29	13.4
22	SYGOCKI KONRAD	352	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	22	M 74	00:00:35	00:19:25	00:38:56	00:58:48.25	00:59:08.65	4:31	13.3
23	GÓRAL TADEUSZ	540	KKB	WARSZAWA	POL	M3 40-49 LAT	23	M 75	00:00:23	00:19:25	00:39:05	00:58:49.40	00:58:52.30	4:31	13.3
24	KANIA PAWEŁ	153	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	24	M 76	00:00:23	00:18:57	00:38:55	00:58:53.40	00:59:00.05	4:31	13.2
25	NAPIÓRKOWSKI GRZEGORZ	246	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI DOLNE	POL	M3 40-49 LAT	25	M 77	00:00:27	00:19:04	00:39:04	00:58:58.30	00:59:04.75	4:32	13.2
26	ŚMIETAŃSKI PIOTR	459	NASIELSK BASZTA TEAM	NOWE PIEŚCIROGI	POL	M3 40-49 LAT	26	M 78	00:00:29	00:19:34	00:38:50	00:59:02.95	00:59:19.70	4:32	13.2
27	SERAFIN TOMASZ	503		WARSZAWA	POL	M3 40-49 LAT	27	M 79	00:00:25	00:19:08	00:39:20	00:59:13.80	00:59:20.65	4:33	13.2
28	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	28	M 87	00:00:26	00:19:53	00:40:02	00:59:53.15	01:00:02.65	4:36	13
29	DERESZEWSKI PIOTR	64	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	29	M 99	00:00:30	00:21:11	00:41:25	01:01:00.60	01:01:16.45	4:41	12.8
30	BYSTRY GRZEGORZ	41	KS LENIWIEC	BARANÓW	POL	M3 40-49 LAT	30	M 100	00:00:30	00:20:30	00:40:37	01:01:04.45	01:01:28.60	4:41	12.8
31	CHARLEJ IRENEUSZ	45	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	31	M 101	00:00:26	00:19:57	00:40:42	01:01:06.10	01:01:15.55	4:42	12.8
32	KOŁODZIEJCZYK KRZYSZTOF	170	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	32	M 103	00:00:36	00:19:31	00:40:26	01:01:12.45	01:01:31.45	4:42	12.7
33	KUSY MARCIN	493		WARSZAWA	POL	M3 40-49 LAT	33	M 104	00:00:29	00:20:47	00:41:26	01:01:13.25	01:01:26.90	4:42	12.7
34	MOSUR KAMIL	242		WARSZAWA	POL	M3 40-49 LAT	34	M 105	00:00:30	00:21:05	00:41:25	01:01:21.40	01:01:36.50	4:43	12.7
35	CIMOCHOWSKI MIECZYŚLAW	53	MC SERWIS	KANIE	POL	M3 40-49 LAT	35	M 106	00:00:28	00:20:06	00:40:55	01:01:46.90	01:01:56.80	4:45	12.6
36	SZACHNA PIOTR	354	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	36	M 107	00:00:36	00:22:45	00:42:49	01:01:50.60	01:02:08.65	4:45	12.6
37	ŁUBIŃSKI KRZYSZTOF	495		WARSZAWA	POL	M3 40-49 LAT	37	M 108	00:00:35	00:20:35	00:40:59	01:01:51.75	01:02:16.20	4:45	12.6
38	ŁATKOWSKI ŁUKASZ	209	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	38	M 111	00:00:34	00:21:37	00:42:18	01:02:05.40	01:02:30.30	4:46	12.6
39	SUCHODOLSKI MARIUSZ	349	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	39	M 112	00:00:27	00:21:19	00:42:11	01:02:08.55	01:02:22.35	4:46	12.6
40	CAŁKA MAREK	480		PIASECZNO	POL	M3 40-49 LAT	40	M 113	00:00:35	00:20:56	00:41:37	01:02:15.45	01:02:37.00	4:47	12.5
41	SUTUŁA DARIUSZ	350	BIEGAM BO LUBIĘ ŻĄBK TEAM	ŻĄBK	POL	M3 40-49 LAT	41	M 115	00:00:33	00:21:00	00:41:31	01:02:33.30	01:02:54.55	4:48	12.5
42	BIALOKOS KAMIL	29	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	42	M 116	00:00:35	00:21:38	00:42:18	01:02:33.90	01:02:59.20	4:48	12.5
43	OLSZANKA ARKADIUSZ	266		WARSZAWA	POL	M3 40-49 LAT	43	M 117	00:00:30	00:21:10	00:41:55	01:02:35.75	01:02:50.75	4:48	12.5
44	KUBAN SEBASTIAN	193		WARSZAWA	POL	M3 40-49 LAT	44	M 118	00:00:33	00:20:50	00:41:22	01:02:36.60	01:02:56.95	4:48	12.5
45	CZAJKOWSKI MARCIN	59	OMB OŻARÓW MAZOWIECKI	OŻARÓW MAZOWIECKI	POL	M3 40-49 LAT	45	M 119	00:00:37	00:21:48	00:42:56	01:03:00.30	01:03:25.60	4:50	12.4
46	LEWANDOWSKI ROBERT	207		NASIELSK	POL	M3 40-49 LAT	46	M 120	00:00:34	00:20:50	00:41:43	01:03:03.55	01:03:17.35	4:51	12.4
47	ROKITA ANDRZEJ	304		RUDA KOŚCIELNA	POL	M3 40-49 LAT	47	M 121	00:00:35	00:21:46	00:42:36	01:03:11.30	01:03:45.45	4:51	12.3
48	NOWAK JAKUB	101	DOBRYŃSKI KLUB ŻEGLARSKI	INOWROCLAW	POL	M3 40-49 LAT	48	M 122	00:00:22	00:20:39	00:41:48	01:03:22.15	01:03:24.75	4:52	12.3
49	MIĘTEK ARTUR	237	III ZKSS SR LEGIONOWO	ŁĄJSKI	POL	M3 40-49 LAT	49	M 124	00:00:34	00:21:24	00:42:29	01:03:29.80	01:03:42.50	4:53	12.3
50	PISAREK NORBERT	289		POPOWO	POL	M3 40-49 LAT	50	M 125	00:00:35	00:22:16	00:43:34	01:03:32.75	01:04:22.45	4:53	12.3
51	STRÓŻYK PIOTREK	346		GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	51	M 127	00:00:33	00:21:17	00:42:20	01:03:44.25	01:04:09.30	4:54	12.2
52	GOŁASZEWSKI MARCIN	103		WOŁOMIN	POL	M3 40-49 LAT	52	M 128	00:00:28	00:21:28	00:42:54	01:03:52.50	01:04:03.25	4:54	12.2
53	FRĄCKIEWICZ DARIUSZ	86	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	53	M 130	00:00:35	00:21:05	00:42:19	01:04:00.60	01:04:24.00	4:55	12.2
54	WYDRA MARIUSZ	469		STARE BABICE	POL	M3 40-49 LAT	54	M 131	00:00:37	00:22:11	00:43:02	01:04:02.35	01:04:37.20	4:55	12.2
55	GAJEWSKI MARIUSZ	90		PUŁTUSK	POL	M3 40-49 LAT	55	M 135	00:00:35	00:20:49	00:42:34	01:04:16.00	01:04:49.70	4:56	12.1
56	PAZIEWSKI ANDRZEJ	281	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 136	00:00:35	00:22:05	00:43:37	01:04:18.95	01:04:39.90	4:56	12.1
57	LEWANDOWSKI PIOTR	206	TRUCH TARCHOMINTEAM	WARSZAWA	POL	M3 40-49 LAT	57	M 141	00:00:26	00:20:16	00:42:20	01:04:30.15	01:04:40.20	4:57	12.1
58	CZAJKOWSKI MAREK	58	---	GÓRA KALWARIA	POL	M3 40-49 LAT	58	M 142	00:00:35	00:21:50	00:42:58	01:04:30.45	01:04:53.65	4:57	12.1
59	PIOTROWSKI ARTUR	521	NASIELSK BASZTA TEAM	NASIELSK	POL	M3 40-49 LAT	59	M 143	00:00:35	00:21:06	00:42:58	01:04:33.20	01:04:57.05	4:58	12.1
60	KOŚCIUK MACIEK	179		WARSZAWA	POL	M3 40-49 LAT	60	M 144	00:00:33	00:20:58	00:42:40	01:04:35.15	01:04:35.15	4:58	12.1
61	SĄGOL SYLWESTER	316		WARSZAWA	POL	M3 40-49 LAT	61	M 153	00:00:33	00:21:52	00:43:21	01:05:04.95	01:05:57.00	5:00	12
62	RUDNIK JAROSŁAW	309	ZABIEGANY WOŁOMIN	PASEK	POL	M3 40-49 LAT	62	M 154	00:00:28	00:21:13	00:43:24	01:05:08.40	01:05:19.05	5:00	12
63	GOLIASZ PAWEŁ	102	BIEGAM I JUŻ	WARSZAWA	POL	M3 40-49 LAT	63	M 155	00:00:32	00:21:09	00:42:52	01:05:17.80	01:05:37.50	5:01	11.9
64	STEMPEL TOMASZ	341	MARYSIN WAWERSKI BIEGA	WARSZAWA	POL	M3 40-49 LAT	64	M 156	00:00:31	00:21:29	00:43:26	01:05:38.00	01:05:54.85	5:02	11.9
65	OCHAB JANUSZ	261		WARSZAWA	POL	M3 40-49 LAT	65	M 159	00:00:35	00:22:37	00:44:38	01:05:47.30	01:06:14.05	5:03	11.9
66	KOPER SEBASTIAN	173	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	66	M 160	00:00:23	00:21:27	00:43:34	01:05:54.35	01:05:58.75	5:04	11.8
67	ZRAZEK PIOTR	421		ŁOWICZ	POL	M3 40-49 LAT	67	M 161	00:00:39	00:21:37	00:43:20	01:05:58.05	01:06:32.90	5:04	11.8
68	KWIATKOWSKI TOMASZ	204		WARSZAWA	POL	M3 40-49 LAT	68	M 163	00:00:37	00:22:43	00:45:31	01:06:04.40	01:06:48.30	5:05	11.8
69	SZYMAŃSKI ROBERT	366	KREWKI URSYNÓW HDK	WARSZAWA	POL	M3 40-49 LAT	69	M 165	00:00:32	00:21:42	00:43:39	01:06:14.65	01:06:46.60	5:05	11.8
70	SZELĄG TOMASZ	360	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M3 40-49 LAT	70	M 168	00:00:34	00:21:42	00:43:40	01:06:33.35	01:07:09.05	5:07	11.7
71	SOBCZAK BOGUSŁAW	457	M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	M3 40-49 LAT	71	M 169	00:00:33	00:21:53	00:43:51	01:06:44.00	01:07:15.80	5:08	11.7
72	FIRYSIUK TOMASZ	84		ŻĄBK	POL	M3 40-49 LAT	72	M 172	00:00:38	00:22:11	00:43:19	01:06:48.10	01:07:21.00	5:08	11.7

**BIĄŁOŁĘCKI BIEG WOLNOŚCI, M3 40-49 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
73	BRONISZEWSKI JAKUB	477		ZĄBKI	POL	M3 40-49 LAT	73	M 173	00:00:36	00:22:23	00:44:54	01:06:51.00	01:07:31.25	5:08	11.7
74	KSENIAK SZYMON	191		WARSZAWA	POL	M3 40-49 LAT	74	M 174	00:00:34	00:22:40	00:45:08	01:06:53.65	01:07:16.75	5:08	11.7
75	WIERBIŁOWICZ DARIUSZ	397		WARSZAWA	POL	M3 40-49 LAT	75	M 176	00:00:34	00:22:33	00:44:54	01:07:02.35	01:07:32.50	5:09	11.6
76	MILANIAK BOGDAN	446		ZĄBKI	POL	M3 40-49 LAT	76	M 179	00:00:37	00:22:06	00:44:08	01:07:13.30	01:07:46.20	5:10	11.6
77	WYSOCKI ROBERT	408	GRUPA BIEGOWA UM WA-WA	CHOTOMOW	POL	M3 40-49 LAT	77	M 182	00:00:35	00:22:35	00:45:06	01:07:18.00	01:07:43.45	5:10	11.6
78	KUFLOWSKI ARTUR	199	JW.3411	GRÓJEC	POL	M3 40-49 LAT	78	M 185	00:00:37	00:22:52	00:45:22	01:07:37.90	01:08:06.55	5:12	11.5
79	WIŚNIEWSKI TOMASZ	403	KPMG RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	79	M 186	00:00:34	00:23:09	00:45:48	01:07:51.55	01:08:17.30	5:13	11.5
80	TRZASKOWSKI DARIUSZ	381	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	80	M 191	00:00:29	00:22:34	00:45:17	01:08:03.55	01:08:16.55	5:14	11.5
81	KILIAŃSKI RAFAŁ	162	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M3 40-49 LAT	81	M 192	00:00:30	00:22:34	00:45:19	01:08:04.05	01:08:16.45	5:14	11.5
82	TODORSKI TOMASZ	375		WARSZAWA	POL	M3 40-49 LAT	82	M 195	00:00:33	00:23:07	00:45:28	01:08:09.25	01:08:28.85	5:14	11.4
83	RUSIN BARTOSZ	310	KS STASZEWSKY	JABŁONNA	POL	M3 40-49 LAT	83	M 196	00:00:34	00:22:18	00:45:11	01:08:11.70	01:08:30.40	5:14	11.4
84	WACH MICHAŁ	387	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	84	M 200	00:00:36	00:23:12	00:45:38	01:08:19.45	01:08:41.60	5:15	11.4
85	GÓRECKI KRZYSZTOF	110		PIASECZNO	POL	M3 40-49 LAT	85	M 202	00:00:38	00:23:06	00:45:40	01:08:22.35	01:09:05.65	5:15	11.4
86	NIEDZIELA DOMINIK	249		WARSZAWA	POL	M3 40-49 LAT	86	M 205	00:00:37	00:24:28	00:47:14	01:08:42.55	01:09:33.05	5:17	11.4
87	JABŁONKA RADOSŁAW	128	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 210	00:00:34	00:23:04	00:46:14	01:09:05.40	01:09:25.75	5:18	11.3
88	MALINOWSKI MIKOŁAJ	530		WARSZAWA		M3 40-49 LAT	88	M 211	00:00:25	00:22:54	00:45:35	01:09:10.65	01:09:15.65	5:19	11.3
89	GÓRECKI RAJMUND	109		WARSZAWA	POL	M3 40-49 LAT	89	M 212	00:00:36	00:23:19	00:46:27	01:09:14.75	01:09:50.80	5:19	11.3
90	ZWOLIŃSKI GRZEGORZ	422	REEBOK RUN CREW	WARSZAWA	POL	M3 40-49 LAT	90	M 215	00:00:34	00:23:11	00:45:53	01:09:21.20	01:09:52.65	5:20	11.2
91	JAROŃ JAROSŁAW	133	KOKOSZKA36TEAM	ŻYRARDÓW	POL	M3 40-49 LAT	91	M 225	00:00:35	00:22:59	00:46:13	01:10:24.45	01:10:42.65	5:24	11.1
92	PARADOWSKI ANDRZEJ	275		WARSZAWA	POL	M3 40-49 LAT	92	M 228	00:00:33	00:23:31	00:47:04	01:10:36.00	01:11:28.75	5:25	11
93	KULIK KAROL	539		SIEDLCE		M3 40-49 LAT	93	M 230	00:00:37	00:25:09	00:48:20	01:10:48.60	01:11:26.35	5:26	11
94	BARTNIK RAFAŁ	24		WARSZAWA	POL	M3 40-49 LAT	94	M 231	00:00:31	00:22:30	00:46:12	01:10:55.60	01:11:11.80	5:27	11
95	MĘDEL CEZARY	230		KOSZALIN	POL	M3 40-49 LAT	95	M 234	00:00:37	00:24:11	00:47:48	01:11:11.60	01:11:30.90	5:28	11
96	WIŚNIEWSKI PAWEŁ	404	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M3 40-49 LAT	96	M 236	00:00:27	00:22:01	00:45:58	01:11:27.90	01:11:35.25	5:29	10.9
97	OLESIAK ARKADIUSZ	265	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	97	M 237	00:00:37	00:24:36	00:48:13	01:11:28.15	01:11:47.90	5:29	10.9
98	BORUSZEWSKI MACIEJ	35		WARSZAWA	POL	M3 40-49 LAT	98	M 240	00:00:34	00:24:00	00:47:40	01:11:56.20	01:12:09.95	5:32	10.8
99	SOCHACKI MARIUSZ	332		WARSZAWA	POL	M3 40-49 LAT	99	M 241	00:00:32	00:23:25	00:47:13	01:11:56.65	01:12:12.15	5:32	10.8
100	CHOJNOWSKI ANDRZEJ	47	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	100	M 242	00:00:35	00:24:23	00:48:03	01:11:57.00	01:12:20.30	5:32	10.8
101	KARWOWSKA MARIUSZ	156	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M3 40-49 LAT	101	M 243	00:00:35	00:24:24	00:48:25	01:12:02.50	01:12:28.95	5:32	10.8
102	NOSARZEWSKI MARIUSZ	254		TRZCIANY	POL	M3 40-49 LAT	102	M 250	00:00:37	00:24:10	00:48:16	01:13:29.70	01:13:49.85	5:39	10.6
103	CIERNIAK MICHAŁ	50	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M3 40-49 LAT	103	M 253	00:00:36	00:25:02	00:49:14	01:13:51.70	01:14:37.75	5:40	10.6
104	KOZIATEK MARIUSZ	186		WARSZAWA	POL	M3 40-49 LAT	104	M 254	00:00:36	00:24:54	00:48:55	01:14:06.85	01:14:30.60	5:42	10.5
105	REGUICKI RYSZARD	301		WARSZAWA	POL	M3 40-49 LAT	105	M 255	00:00:31	00:24:34	00:49:42	01:14:18.20	01:14:54.45	5:42	10.5
106	LACH ADRIAN	205	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	106	M 258	00:00:33	00:23:02	00:49:18	01:14:55.35	01:15:07.60	5:45	10.4
107	BOJAR PAWEŁ	33		WARSZAWA	POL	M3 40-49 LAT	107	M 263	00:00:36	00:25:21	00:50:01	01:15:12.00	01:15:35.20	5:47	10.4
108	ŁOZIŃSKI PIOTR	494	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	108	M 264	00:00:34	00:25:17	00:50:14	01:15:26.50	01:15:38.40	5:48	10.3
109	KRÓLIK TOMASZ	188		WARSZAWA	POL	M3 40-49 LAT	109	M 268	00:00:35	00:25:36	00:50:45	01:16:05.25	01:16:39.10	5:51	10.2
110	FIJAŁKOWSKI MICHAŁ	81	PO PROSTU MY	WARSZAWA	POL	M3 40-49 LAT	110	M 269	00:00:38	00:26:39	00:51:40	01:16:12.45	01:16:54.65	5:51	10.2
111	CIEŚLIŃSKI DARIUSZ	52	DARIOS	WARSZAWA	POL	M3 40-49 LAT	111	M 270	00:00:37	00:24:24	00:50:19	01:16:13.20	01:16:31.60	5:51	10.2
112	ZARĘBA JAROSŁAW	410		WARSZAWA	POL	M3 40-49 LAT	112	M 277	00:00:37	00:25:14	00:50:47	01:16:44.20	01:17:14.85	5:54	10.2
113	WALCZAK DARIUSZ	389	CYTRYNOWI STUDENCI	CEREKWICA	POL	M3 40-49 LAT	113	M 281	00:00:35	00:25:39	00:51:23	01:18:12.30	01:18:21.35	6:00	10
114	PANCEROW MARCIN	449		WARSZAWA	POL	M3 40-49 LAT	114	M 283	00:00:33	00:24:38	00:50:56	01:18:25.30	01:18:35.85	6:01	9.9
115	GÓRSKI KRZYSZTOF	111		WARSZAWA	POL	M3 40-49 LAT	115	M 285	00:00:33	00:25:13	00:51:42	01:19:01.00	01:19:14.30	6:04	9.9
116	SIKORSKI MICHAŁ	535	EKO BIEGI	WARSZAWA		M3 40-49 LAT	116	M 289	00:00:37	00:26:32	00:52:51	01:19:49.60	01:20:40.85	6:08	9.8
117	DŁUŻNIEWSKI TOMASZ	66		LEGIONOWO	POL	M3 40-49 LAT	117	M 290	00:00:37	00:26:56	00:53:57	01:19:57.15	01:20:43.80	6:09	9.8
118	KULAK PAWEŁ	200		PRUSZKÓW	POL	M3 40-49 LAT	118	M 291	00:00:38	00:26:49	00:54:03	01:21:15.40	01:21:47.20	6:15	9.6
119	PAWELEK KRZYSZTOF	279	PO PROSTU MY	MARKI	POL	M3 40-49 LAT	119	M 299	00:00:37	00:28:14	00:57:07	01:25:53.90	01:26:37.35	6:36	9.1
120	ŁUCZAK PIOTR	214	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	120	M 301	00:00:39	00:28:50	00:58:21	01:27:32.85	01:28:07.75	6:44	8.9
121	ŁUKASIEWICZ ROBERT	216	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	121	M 302	00:00:36	00:28:18	00:58:05	01:28:52.80	01:29:33.05	6:50	8.8
122	DOBOSZ MAREK	67		WARSZAWA	POL	M3 40-49 LAT	122	M 306	00:00:36	00:31:31	01:05:13	01:32:54.40	01:33:49.50	7:08	8.4
123	NASKRĘT MARIUSZ	247		RACOT	POL	M3 40-49 LAT	123	M 307	00:00:39	00:32:16	01:05:01	01:39:43.40	01:40:28.80	7:40	7.8
124	KUSY MARCIN	493		WARSZAWA	POL	M3 40-49 LAT	124	M 311	00:00:29	00:20:47	00:41:26			4:45	12.6
125	KAROLAK RAFAŁ	155	STOMILEX	PRUSZKÓW	POL	M3 40-49 LAT	125	M 312	00:00:37	00:21:09	00:42:27			4:52	12.3
126	BIEDKA ROBERT	533	REBOOK RUN CREW	OSTROŁĘKA		M3 40-49 LAT	126	M 313	00:00:29	00:21:47	00:43:51			5:02	11.9
127	ŁĘCKI TOMASZ	211		WARSZAWA	POL	M3 40-49 LAT	127	M 314	00:00:32	00:23:06	00:47:00			5:24	11.1
128	BIDZINSKI KRZYSZTOF	31	LEBIEGI	WARSZAWA	POL	M3 40-49 LAT	128	M 316	00:00:38	00:25:14	00:50:35			5:48	10.3

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M3 40-49 lat c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
129	GRACZYK ROMAN	112		WARSZAWA	POL	M3 40-49 LAT	129	M 319	00:00:38	00:26:09	00:53:11			6:06	9.8
130	PETRYCKI MARCIN	283	PUMPIT	MARKÓW SWINICE	POL	M3 40-49 LAT	130	M 323	00:00:35	00:27:59	00:54:43			6:17	9.5
131	KUCICKI KRZYSZTOF	196		WARSZAWA	POL	M3 40-49 LAT	131	M 325	00:00:26	00:26:22	00:57:23			6:35	9.1
132	PIETRAS TOMASZ	285	NASIELSK BASZTA TEAM	ŻABICZYN	POL	M3 40-49 LAT	132	M 333	00:00:38	00:24:38				5:35	10.7
133	MIASTA GRZEGORZ	100	FRONTIS	WROCŁAW	POL	M3 40-49 LAT	133	M 337	00:00:35	00:28:05				6:22	9.4
134	BAJOREK JACEK	19	MARKOWI BIEGACZE	WYSZKÓW	POL	M3 40-49 LAT	134	M 338	00:00:37	00:28:05				6:22	9.4
135	NOWAK BARTŁOMIEJ	256		INOWROCŁAW	POL	M3 40-49 LAT	135	M 350	00:00:27	00:43:14				9:49	6.1
	JÓZWIK ROBERT	142	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT			00:00:36	00:24:17	DNF	DNF	DNF	-	-
									DNF	DNF					
	TYBURC PAWEŁ	548		WARSZAWA		M3 40-49 LAT			01:09:11	DNF	DNF	DNF	DNF	-	-
									DNF						

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K4 50-59 lat**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	CICHOŃSKA ELŻBIETA	49	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K4 50-59 LAT	1	K 16	00:00:31	00:22:35	00:45:18	01:08:05.00	01:08:16.65	5:14	11.5
2	PLÓCIENNIK RENATA	290	NIGHT RUNNERS OSTRÓW WIELKOPOLSKI	OSTRÓW WIELKOPOLSKI	POL	K4 50-59 LAT	2	K 21	00:00:33	00:22:52	00:46:00	01:09:42.80	01:10:08.75	5:21	11.2
3	KOSEWSKA DOROTA	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:00:36	00:24:35	00:48:50	01:13:10.95	01:13:33.85	5:37	10.7
4	SIERZPUTOWSKA EWA	323	SIE_BIEGA	WARSZAWA	POL	K4 50-59 LAT	4	K 64	00:00:37	00:26:40	00:53:39	01:20:54.80	01:21:29.20	6:13	9.6
5	TOMASZEWSKA MARIOLA	376	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K4 50-59 LAT	5	K 65	00:00:38	00:26:46	00:53:51	01:21:00.50	01:21:29.40	6:13	9.6
6	KILKOWSKA JOANNA	163		WARSZAWA	POL	K4 50-59 LAT	6	K 100	00:00:31	00:28:41				6:31	9.2
7	KOLEBSKA MIROŚLAWA	169		KĘPNO	POL	K4 50-59 LAT	7	K 106	00:00:38	00:33:40				7:39	7.8
8	SKRZYDŁOWSKA-KALUKIN KATARZYNA	326	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	8	K 107	00:00:41	00:35:43				8:07	7.4
	KERNER AGNIESZKA	160	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K4 50-59 LAT			00:00:37	00:27:16	DNF	DNF	DNF	-	-
									DNF	DNF					
	SCHILLER MONIKA	317	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT			00:00:37	00:28:37	DNF	DNF	DNF	-	-
									DNF	DNF					

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M4 50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	MAJCHRZAK SŁAWOMIR	218	UKS TYCHOW STARY	STARACHOWICE	POL	M4 50-59	1	M 21	00:00:18	00:16:52	00:33:53	00:50:51.20	00:50:54.20	3:54	15.3
2	KRÓL DARIUSZ	534	ZABIEGANI WOŁOMIN	WOŁOMIN		M4 50-59	2	M 23	00:00:21	00:17:07	00:34:14	00:51:11.45	00:51:14.35	3:56	15.2
3	TYMICKI ZBIGNIEW	382	ENTRE.PL TEAM	WARSZAWA	POL	M4 50-59	3	M 46	00:00:27	00:19:02	00:37:19	00:55:33.80	00:55:42.50	4:16	14
4	ZIÓŁKOWSKI JACEK	420		WARSZAWA	POL	M4 50-59	4	M 47	00:00:21	00:18:35	00:37:28	00:55:59.55	00:56:01.40	4:18	13.9
5	JASKÓŁOWSKI WALDEMAR	135	WOJSKOWA AKADEMIA TECHNICZNA	WARSZAWA	POL	M4 50-59	5	M 52	00:00:41	00:19:15	00:38:02	00:56:51.55	00:56:51.55	4:22	13.7
6	FILIPCZUK DARIUSZ	83		ZIELONKA	POL	M4 50-59	6	M 59	00:00:23	00:19:05	00:38:23	00:57:32.95	00:57:38.95	4:25	13.6
7	RZEPLIŃSKI JACEK	501		RUNÓW	POL	M4 50-59	7	M 85	00:00:27	00:19:38	00:39:36	00:59:41.15	00:59:53.30	4:35	13.1
8	HAJKOWICZ ADAM	528		WARSZAWA	POL	M4 50-59	8	M 86	00:00:25	00:19:45	00:39:43	00:59:51.35	00:59:56.90	4:36	13
9	OPIATOWSKI RYSZARD	269		KOBYŁKA	POL	M4 50-59	9	M 90	00:00:28	00:20:11	00:40:22	01:00:22.60	01:00:33.95	4:38	12.9
10	FRE LUIS	430	WOLNA WENEZUELA	MARKI	POL	M4 50-59	10	M 91	00:00:22	00:20:18	00:40:30	01:00:27.85	01:00:32.15	4:39	12.9
11	STAŃCZUK LESZEK	505	YULO RUN TEAM SIEDLCE	CHODÓW	POL	M4 50-59	11	M 94	00:00:26	00:20:15	00:40:26	01:00:48.95	01:00:59.05	4:40	12.8
12	ŚWIERCZ ANDRZEJ	509	KB IM. PIOTRA SĘKOWSKIEGO	PŁOŃSK	POL	M4 50-59	12	M 97	00:00:26	00:20:01	00:40:19	01:00:50.65	01:01:00.75	4:40	12.8
13	GÓJSKI MIROŚLAW	107	HYDROMIR	WARSZAWA	POL	M4 50-59	13	M 102	00:00:28	00:20:00	00:40:19	01:01:12.40	01:01:28.05	4:42	12.7
14	CELIŃSKI TOMASZ	43	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	14	M 126	00:00:25	00:21:18	00:42:23	01:03:38.90	01:03:44.55	4:53	12.3
15	PIERAŃSKI ADAM	284	VEGE RUNNERS	JABŁONNA	POL	M4 50-59	15	M 145	00:00:33	00:22:04	00:43:36	01:04:38.75	01:04:50.00	4:58	12.1
16	DZIARNOWSKI WŁODEK	73	BIEGAMPŁOCK TEAM	PŁOCK	POL	M4 50-59	16	M 148	00:00:30	00:21:11	00:42:41	01:04:45.85	01:05:00.70	4:58	12
17	MYSTKOWSKI MIECZYSLAW	447		PUŁTUSK	POL	M4 50-59	17	M 151	00:00:33	00:21:09	00:43:10	01:04:57.65	01:05:14.20	4:59	12
18	BABIUCH MAREK	18		WARSZAWA	POL	M4 50-59	18	M 162	00:00:27	00:22:02	00:43:46	01:06:03.55	01:06:12.85	5:04	11.8
19	WILEŃSKI ZBIGNIEW	398	GRUPA BIEGOWA UM W-WA	DAJBROWA CHOTOMOWSKA	POL	M4 50-59	19	M 180	00:00:36	00:22:58	00:45:28	01:07:15.20	01:07:42.75	5:10	11.6
20	KOSMAŁA DARIUSZ	178		WARSZAWA	POL	M4 50-59	20	M 187	00:00:32	00:21:44	00:44:27	01:07:52.55	01:08:04.10	5:13	11.5
21	GRZEGORSKI ARKADIUSZ	117	KB FOLIE	NOWY DWÓR MAZOWIECKI	POL	M4 50-59	21	M 190	00:00:36	00:22:10	00:44:35	01:08:00.60	01:08:35.30	5:13	11.5

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M4 50-59 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
22	SMOLEŃSKI PIOTR	330	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M4 50-59	22	M 193	00:00:29	00:22:34	00:45:16	01:08:04.70	01:08:16.75	5:14	11.5
23	EWERTOWSKI PIOTR	76	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 207	00:00:37	00:22:33	00:44:21	01:08:56.30	01:09:23.15	5:18	11.3
24	SZULAWSKI ROBERT	363	GSD. ŻOLIBORZ.	WARSZAWA	POL	M4 50-59	24	M 208	00:00:30	00:22:39	00:45:22	01:08:58.20	01:09:07.10	5:18	11.3
25	PYTKA ANDRZEJ	297		WARSZAWA	POL	M4 50-59	25	M 221	00:00:36	00:22:43	00:45:30	01:10:03.45	01:10:47.65	5:23	11.1
26	SKOWRON WOJCIECH	543		WARSZAWA		M4 50-59	26	M 222	00:00:39	00:24:06	00:47:08	01:10:15.35	01:11:02.10	5:24	11.1
27	LEŃCZUK ANDRZEJ	440		WARSZAWA	POL	M4 50-59	27	M 226	00:00:33	00:22:25	00:45:23	01:10:25.10	01:10:48.25	5:25	11.1
28	RODAK ZBIGNIEW	303		WARSZAWA	POL	M4 50-59	28	M 233	00:00:36	00:24:26	00:47:30	01:10:59.35	01:11:24.35	5:27	11
29	BAKUŁA WIESŁAW	517	WAMPIR	WACH 140A	POL	M4 50-59	29	M 235	00:00:27	00:23:19	00:46:52	01:11:15.95	01:11:20.80	5:28	10.9
30	MĘDRZYCKI MIROŚLAW	232	PARKRUN BRÓDNO	WARSZAWA	POL	M4 50-59	30	M 239	00:00:22	00:23:00	00:46:33	01:11:39.80	01:11:41.75	5:30	10.9
31	WALIGÓRSKI KRZYSZTOF	463	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	31	M 256	00:00:37	00:26:05	00:50:43	01:14:21.55	01:14:49.25	5:43	10.5
32	SŁAJCZYK SYLWESTER	452		WARSZAWA	POL	M4 50-59	32	M 260	00:00:38	00:25:08	00:49:49	01:15:00.00	01:15:34.10	5:46	10.4
33	ZDUŃSKI JAROSŁAW	414		WARSZAWA	POL	M4 50-59	33	M 262	00:00:38	00:24:29	00:49:52	01:15:09.10	01:15:31.45	5:46	10.4
34	SELEŃSKI KRZYSZTOF	319	MARCIN.BIZ	WARSZAWA	POL	M4 50-59	34	M 272	00:00:28	00:24:33	00:49:59	01:16:17.70	01:17:15.95	5:52	10.2
35	KWIATEK JACEK	203		SIEMIANICE	POL	M4 50-59	35	M 273	00:00:37	00:25:28	00:51:04	01:16:31.15	01:17:06.15	5:53	10.2
36	KRÓL RYSZARD	187	LUBLIN BIEGA	LUBLIN	POL	M4 50-59	36	M 278	00:00:36	00:25:32	00:51:04	01:16:44.75	01:17:09.80	5:54	10.2
37	RZEPKA MIREK	313	AKTYWNI BIEGACZE	WARSZAWA	POL	M4 50-59	37	M 284	00:00:34	00:25:48	00:52:18	01:18:59.40	01:19:30.45	6:04	9.9
38	JERZAK ERYK	139		WARSZAWA	POL	M4 50-59	38	M 286	00:00:36	00:25:36	00:51:30	01:19:12.10	01:19:57.10	6:05	9.8
39	JERUZAL JACEK	138	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	39	M 294	00:00:32	00:26:39	00:53:59	01:22:23.40	01:22:29.35	6:20	9.5
40	BAK ANDRZEJ	26		STARE GRALEWO	POL	M4 50-59	40	M 296	00:00:38	00:26:07	00:53:05	01:23:04.10	01:23:34.75	6:23	9.4
41	ROSZAK WALDEMAR	306	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M4 50-59	41	M 298	00:00:27	00:27:26	00:56:47	01:24:50.85	01:25:52.75	6:31	9.2
42	STAŃCZYK GRZEGORZ	338		ZIELONKA	POL	M4 50-59	42	M 300	00:00:37	00:28:27	00:57:15	01:26:54.90	01:27:44.50	6:41	9
43	CIEŚLAK PAWEŁ	51	SLOWJOGGING BIAŁOLEKA	WARSZAWA	POL	M4 50-59	43	M 303	00:00:42	00:35:43	01:01:19	01:29:11.65	01:30:17.00	6:51	8.7
44	NOWOSIELSKI TOMASZ	260	HERO	WARSZAWA	POL	M4 50-59	44	M 318	00:00:39	00:25:24	00:52:24			6:01	10
45	FRENKEL MAREK	87		WARSZAWA	POL	M4 50-59	45	M 322	00:00:39	00:27:31	00:54:29			6:15	9.6
46	KAMIONOWSKI MARIUSZ-JACEK	152	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	M4 50-59	46	M 324	00:00:32	00:25:45	00:56:40			6:30	9.2
47	MAREK ROMAN	225		WARSZAWA	POL	M4 50-59	47	M 330	00:00:29	00:23:21				5:18	11.3
48	KILKOWSKI JAROSŁAW	164		TORUŃ	POL	M4 50-59	48	M 334	00:00:31	00:26:37				6:02	9.9
49	KAMIŃSKI WALDEMAR	433		WARSZAWA	POL	M4 50-59	49	M 348	00:00:39	00:35:42				8:06	7.4
50	ANUSZKIEWICZ WŁODZIMIERZ	16		WARSZAWA	POL	M4 50-59	50	M 349	00:00:32	00:36:39				8:19	7.2

**BIAŁOŁĘCKI BIEG WOLNOŚCI, K5 60 +**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	MARCZAK GRAŻYNA	223	LECZO TEAM	WARSZAWA	POL	K5 60 +	1	K 33	00:00:36	00:24:27	00:48:39	01:13:31.85	01:14:08.20	5:39	10.6
2	STRACHOCKA ANNA	344	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K5 60 +	2	K 68	00:00:36	00:27:15	00:54:31	01:22:41.30	01:23:23.35	6:21	9.4
3	GŁOWACKA ELŻBIETA	98	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	3	K 79	00:00:39	00:29:07	00:59:51	01:31:30.60	01:32:01.35	7:02	8.5
4	KASIEŃSKA EWA KATARZYNA	157	WKB META LUBLINIEC	POZNAŃ	POL	K5 60 +	4	K 80	00:00:38	00:30:13	01:01:14	01:32:59.45	01:33:33.00	7:09	8.4
5	JURKOWSKA IRENA	526		WARSZAWA	POL	K5 60 +	5	K 83	00:00:39	00:32:15	01:04:50	01:40:00.75	01:40:37.80	7:41	7.8
6	WOŹNIAK BARBARA	524	KS LIMANOWA FORREST	LIMANOWA	POL	K5 60 +	6	K 85	00:00:40	00:32:45	01:05:19	01:40:29.45	01:40:37.65	7:43	7.8

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M5 60+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	NOWOCIEŃ JACEK	258	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 31	00:00:21	00:17:57	00:35:44	00:53:40.80	00:53:44.60	4:07	14.5
2	BRODAK WALDEMAR	36	CHEMIK NOXY PUŁAWY	PUŁAWY	POL	M5 60+	2	M 36	00:00:26	00:18:34	00:36:34	00:54:50.05	00:54:58.60	4:13	14.2
3	SARZAŁA DARIUSZ	315	AKS POLONIA WARSZAWA	WARSZAWA	POL	M5 60+	3	M 51	00:00:20	00:18:52	00:37:43	00:56:28.45	00:56:30.75	4:20	13.8
4	SIEDLACZEK ZBIGNIEW	321		LUBLIN	POL	M5 60+	4	M 184	00:00:36	00:22:17	00:45:08	01:07:25.05	01:07:49.50	5:11	11.6
5	HERNIK JACEK	126	BABABARANEK RUNNERS	WARSZAWA	POL	M5 60+	5	M 251	00:00:38	00:25:02	00:49:23	01:13:36.55	01:14:20.25	5:39	10.6
6	BUKOWSKI JANUSZ	5	STOWARZYSZENIE DAĆ SOBIE INNYM	WARSZAWA	POL	M5 60+	6	M 257	00:00:31	00:24:10	00:49:10	01:14:53.65	01:14:56.85	5:45	10.4
7	NOWAKOWSKI CZESŁAW	257	KLUB. BIEGACZAGÓCH	WARSZAWA	POL	M5 60+	7	M 280	00:00:34	00:25:03	00:51:04	01:17:22.25	01:17:47.30	5:57	10.1
8	BEDNARZAK TADEUSZ	28	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M5 60+	8	M 292	00:00:37	00:26:42	00:53:40	01:21:21.75	01:21:59.00	6:15	9.6
9	KAWKA ANDRZEJ	159		WARSZAWA	POL	M5 60+	9	M 297	00:00:38	00:27:49	00:55:47	01:24:05.00	01:24:50.55	6:28	9.3

**BIAŁOŁĘCKI BIEG WOLNOŚCI, M5 60+ c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
10	DĄBROWSKI ANDRZEJ	62		JÓZEFÓW	POL	M5 60+	10	M 317	00:00:36	00:25:39	00:51:25			5:54	10.2
11	DYMEL PIOTR	481	12TRI.PL	WARSZAWA	POL	M5 60+	11	M 340	00:00:37	00:28:18				6:25	9.3
12	DYMEL ANDRZEJ	72	MARKOWI BIEGACZE	WARSZAWA	POL	M5 60+	12	M 344	00:00:37	00:30:00				6:49	8.8
13	KĘPCZYŃSKI JANUSZ	161	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M5 60+	13	M 345	00:00:38	00:30:20				6:53	8.7
14	NOWORYTA JACEK	259	ASA TEAM BIEGIEM PO ZDROWIE	WARSZAWA	POL	M5 60+	14	M 346	00:00:36	00:30:46				6:59	8.6
	ŻÓŁCIŃSKI WALDEMAR	424	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+			00:00:37 DNF	00:27:04 DNF	DNF	DNF	DNF	-	-
	NIEWCZAS ZDZISŁAW	532		WARSZAWA	POL	M5 60+			00:00:32 DNF	00:38:02 DNF	DNF	DNF	DNF	-	-
	DOMAŃSKI JACEK EXPEDYT	68	WKB META LUBLINIEC	WARSZAWA	POL	M5 60+			00:00:52 DNF	00:41:24 DNF	DNF	DNF	DNF	-	-
	UZIĘBŁO WIESŁAW	555	SDP	WARSZAWA		M5 60+			00:00:48 DNF	01:24:06 DNF	DNF	DNF	DNF	-	-

**BIAŁOŁĘCKI BIEG WOLNOŚCI, 70+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.1km	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	NOWAKOWSKI CZESŁAW	257	KLUB. BIEGACZAGOCH	WARSZAWA	POL	M5 60+	7	M 280	00:00:34	00:25:03	00:51:04	01:17:22.25	01:17:47.30	5:57	10.1
2	KASIERSKA EWA KATARZYNA	157	WKB META LUBLINIEC	POZNAŃ	POL	K5 60 +	4	K 80	00:00:38	00:30:13	01:01:14	01:32:59.45	01:33:33.00	7:09	8.4
3	JURKOWSKA IRENA	526		WARSZAWA	POL	K5 60 +	5	K 83	00:00:39	00:32:15	01:04:50	01:40:00.75	01:40:37.80	7:41	7.8
4	DYMEL PIOTR	481	12TRI.PL	WARSZAWA	POL	M5 60+	11	M 340	00:00:37	00:28:18				6:25	9.3
5	KĘPCZYŃSKI JANUSZ	161	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M5 60+	13	M 345	00:00:38	00:30:20				6:53	8.7
6	NOWORYTA JACEK	259	ASA TEAM BIEGIEM PO ZDROWIE	WARSZAWA	POL	M5 60+	14	M 346	00:00:36	00:30:46				6:59	8.6
	NIEWCZAS ZDZISŁAW	532		WARSZAWA	POL	M5 60+			00:00:32 DNF	00:38:02 DNF	DNF	DNF	DNF	-	-
	DOMAŃSKI JACEK EXPEDYT	68	WKB META LUBLINIEC	WARSZAWA	POL	M5 60+			00:00:52 DNF	00:41:24 DNF	DNF	DNF	DNF	-	-