

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-12-28
Miejsce: Koszalin
Dystans: 5 km
Klasyfikacja wg czasów netto.



XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	min/km	km/h
1	PYSHNIAK KOSTANTYN	269	TKKF KOSZALIN	KOSZALIN	POL	M18-29	1	M 1	00:05:26	00:10:55	00:16:22.76	3:16	18.3
2	WRÓBEL JABUB	560		KOSZALIN	POL	M18-29	2	M 2	00:05:27	00:11:19	00:16:50.13	3:22	17.8
3	PERLIK TOMASZ	305		MIASTKO	POL	M30-39	1	M 3	00:05:33	00:11:20	00:16:58.25	3:23	17.7
4	KĘPKA ADRIAN	157		WIEKOWO	POL	M18-29	3	M 4	00:05:38	00:11:32	00:17:02.83	3:24	17.6
5	WENT JAKUB	408		ŁEBA	POL	M30-39	2	M 5	00:05:56	00:11:49	00:17:05.17	3:25	17.6
6	LEWINSKI KONRAD	222		CZŁUCHÓW	POL	M18-29	4	M 6	00:05:32	00:11:42	00:17:39.54	3:31	17
7	SZUPIŃSKI TOMASZ	381		NACMIERZ	POL	M30-39	3	M 7	00:05:54	00:12:01	00:17:42.56	3:32	16.9
8	HUBERT ŁUKASZ	117		KOSZALIN	POL	M30-39	4	M 8	00:05:53	00:12:00	00:17:49.46	3:33	16.8
9	MAJKOWICZ RAFAL	112		KOSZALIN	POL	M30-39	5	M 9	00:05:51	00:12:12	00:18:14.02	3:38	16.5
10	GUZOWSKI DARIUSZ	103		TRZEBIELINO	POL	M50-59	1	M 10	00:06:10	00:12:30	00:18:27.05	3:41	16.3
11	RUDNIKOWSKI MACIEJ	342		DARŁOWO	POL	M40-49	1	M 11	00:06:07	00:12:34	00:18:34.63	3:43	16.1
12	CZAPLIŃSKI JACEK	50		KOSZALIN	POL	M30-39	6	M 12	00:05:57	00:12:26	00:18:34.97	3:42	16.2
13	DYLIK WOJCIECH	65		ŚWINOUJŚCIE	POL	M30-39	7	M 13	00:06:10	00:12:48	00:18:57.06	3:47	15.8
14	PICK TOMASZ	307		KOSZALIN	POL	M40-49	2	M 14	00:06:28	00:13:05	00:19:02.27	3:48	15.8
15	DORSZYŃSKI GRZEGORZ	61		CZŁUCHÓW	POL	M30-39	8	M 15	00:06:13	00:12:49	00:19:08.14	3:49	15.7
16	RODZIEWICZ MARCIN	336		POZNAŃ	POL	M30-39	9	M 16	00:06:28	00:13:00	00:19:12.92	3:50	15.6
17	ŻMUDA TOMASZ	554		SARBIA/KOŁOBRZEG	POL	M40-49	3	M 17	00:06:34	00:13:10	00:19:13.32	3:50	15.6
18	GRALAK ARKADIUSZ	96		KOŁOBRZEG	POL	M50-59	2	M 18	00:06:32	00:13:08	00:19:14.74	3:51	15.6
19	WALENSKI MICHAŁ	402		SKIBIENKO	POL	M40-49	4	M 19	00:06:19	00:12:56	00:19:16.67	3:51	15.6
20	BIEDRZYCKI ANDRZEJ	20		STARY BOREK	POL	M60-69	1	M 20	00:06:38	00:13:14	00:19:27.41	3:53	15.4
21	SZULC AREK	386		KOSZALIN	POL	M40-49	5	M 21	00:06:48	00:13:37	00:19:39.32	3:55	15.3
22	ZAWADZKI ADRIAN	441		TRZEBIATÓW	POL	M18-29	5	M 22	00:06:06	00:13:17	00:19:44.89	3:57	15.2
23	WIRKUS KACPER	419		CZŁUCHÓW	POL	M18-29	6	M 23	00:06:30	00:13:28	00:19:45.68	3:57	15.2
24	NOWACKI RAFAŁ	283		PRZECHELEWO	POL	M40-49	6	M 24	00:06:36	00:13:26	00:19:46.73	3:57	15.2
25	ZYGMUNT KRZYSZTOF	551		KÄVLINGE	SWE	M30-39	10	M 25	00:06:33	00:13:26	00:19:47.87	3:57	15.2
26	KORMAN KAMIL	180		KOSZALIN	POL	M18-29	7	M 26	00:06:23	00:13:27	00:19:48.80	3:57	15.2
27	SÓJKA KLAUDIA	366		CZŁUCHÓW	POL	K18-29	1	K 1	00:06:32	00:13:30	00:19:51.11	3:58	15.1
28	MACHNICKI RAFAŁ	231		RYKI	POL	M30-39	11	M 27	00:06:26	00:13:24	00:19:55.33	3:59	15.1
29	LEWANDOWSKI JACEK	220		STARY BOREK	POL	M40-49	7	M 28	00:06:45	00:13:33	00:19:58.12	3:59	15
30	GOSTKOWSKI ŁUKASZ	92		BYTÓW	POL	M30-39	12	M 29	00:06:23	00:13:17	00:20:04.02	4:00	15
31	KOWALIK NATALIA	188		PARSĘCKO	POL	K18-29	2	K 2	00:06:46	00:13:34	00:20:05.29	4:01	14.9
32	KISIELEWICZ KRZYSZTOF	162		KORZYBIE	POL	M18-29	8	M 30	00:06:43	00:13:35	00:20:06.60	4:01	14.9
33	ZWOLIŃSKI JAN	450		WIERCISZEWO	POL	M50-59	3	M 31	00:06:57	00:13:57	00:20:23.34	4:04	14.7
34	BARANOWSKI PIOTR	10		KOSZALIN	POL	M40-49	8	M 32	00:06:51	00:13:56	00:20:35.60	4:07	14.6
35	KRYNICKA-GRZYB MAŁGORZATA	202		TRZEBIATÓW	POL	K30-39	1	K 3	00:06:32	00:13:36	00:20:40.67	4:08	14.5
36	CAŁA BARTOSZ	33		BYTÓW	POL	M40-49	9	M 33	00:07:17	00:14:21	00:20:47.30	4:09	14.4
37	ZATON OLGA	440		ŚWIDWIN	POL	K18-29	3	K 4	00:06:50	00:14:04	00:21:02.03	4:12	14.3
38	RACISZ MATEUSZ	328		KAMIEN RYMAŃSKI	POL	M18-29	9	M 34	00:06:45	00:13:42	00:21:02.61	4:12	14.3
39	KUCAL PAWEŁ	208		KOSZALIN	POL	M40-49	10	M 35	00:06:42	00:14:08	00:21:02.65	4:12	14.3
40	SZYMAŃSKI PIOTR	389		ROSNOWO	POL	M40-49	11	M 36	00:06:55	00:14:09	00:21:03.87	4:12	14.3
41	GACIA MACIEJ	76		KOSZALIN	POL	M18-29	10	M 37	00:06:48	00:14:10	00:21:04.53	4:12	14.2
42	SZAMOTULSKI HENRYK	379		GABIN	POL	M40-49	12	M 38	00:06:51	00:14:04	00:21:05.67	4:13	14.2
43	BAJGERT ROBERT	7		KOŁOBRZEG	POL	M40-49	13	M 39	00:07:12	00:14:26	00:21:07.92	4:13	14.2
44	GAWEL MARCIN	78		KOSZALIN	POL	M18-29	11	M 40	00:06:46	00:14:05	00:21:10.66	4:14	14.2
45	KOZIEŁ PAWEŁ	191		RABINO	POL	M40-49	14	M 41	00:06:56	00:14:22	00:21:12.31	4:14	14.2
46	KUŁAKOWSKI DAWID	209		KOSZALIN	POL	M40-49	15	M 42	00:07:14	00:14:29	00:21:12.84	4:14	14.1

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47	HELMAN FILIP	113		WARSZAWA	POL	M14-17	1	M 43	00:06:44	00:14:13	00:21:14.87	4:15	14.1
48	ZAKRZEWSKA SARA	437		CZŁUCHÓW	POL	K18-29	4	K 5	00:06:51	00:14:18	00:21:16.48	4:15	14.1
49	WIKTOROWSKI MACIEJ	415	TAGER SPORT	KOSZALIN	POL	M40-49	16	M 44	00:06:49	00:14:25	00:21:23.68	4:16	14
50	IGNACZYŃSKI DARIUSZ	118		KADZIELNO	POL	M30-39	13	M 45	00:07:02	00:14:32	00:21:23.89	4:16	14
51	KONKEL AGNIESZKA	559		KOSZALIN	POL	K30-39	2	K 6	00:07:00	00:14:28	00:21:24.73	4:16	14
52	KALETA SEBASTIAN	144		KOSZALIN	POL	M40-49	17	M 46	00:06:55	00:14:23	00:21:26.19	4:17	14
53	MISZCZYŹYŃ BARTOSZ	263		ŚWIDWIN	POL	M30-39	14	M 47	00:06:54	00:14:22	00:21:27.60	4:17	14
54	MORĄGIEWICZ PIOTR	422		GRYFICE	POL	M30-39	15	M 48	00:07:03	00:14:27	00:21:31.96	4:18	13.9
55	GAWRON PIOTR	81		BYTÓW	POL	M40-49	18	M 49	00:07:20	00:14:38	00:21:33.64	4:18	13.9
56	MARKIEWICZ PAULINA	247		CZŁUCHÓW	POL	K14-17	1	K 7	00:06:53	00:14:27	00:21:34.65	4:18	13.9
57	OLCZAK KRZYSZTOF	287		SIANÓW	POL	M30-39	16	M 50	00:07:16	00:14:40	00:21:37.34	4:19	13.9
58	ŻUREK MATEUSZ	557		KOSZALIN	POL	M30-39	17	M 51	00:07:01	00:14:30	00:21:39.06	4:19	13.9
59	BARAN KRZYSZTOF	9		ZŁOCIEŃCIEC	POL	M30-39	18	M 52	00:07:06	00:14:37	00:21:40.08	4:20	13.8
60	KRYNICKA MAGDALENA	203		TRZEBIATÓW	POL	K18-29	5	K 8	00:06:34	00:14:24	00:21:40.47	4:20	13.8
61	KARASIUK ADAM	148		KOSZALIN	POL	M30-39	19	M 53	00:07:28	00:14:50	00:21:41.35	4:20	13.8
62	NIEWIADA MAREK	278		ŚWINOUJŚCIE	POL	M30-39	20	M 54	00:07:14	00:14:44	00:21:42.35	4:20	13.8
63	PLAŻAŁSKI PRZEMYSŁAW	318		BROJCE	POL	M30-39	21	M 55	00:07:24	00:14:50	00:21:50.20	4:22	13.7
64	HAŁKA JUSTYNA	107		ŁOBEZ	POL	K30-39	3	K 9	00:07:18	00:14:49	00:21:50.55	4:22	13.7
65	DRAŻKOWSKI TOMASZ	63		SZCZECINEK	POL	M14-17	2	M 56	00:07:05	00:14:41	00:21:51.25	4:22	13.7
66	NOGA SEBASTIAN	279		KOSZALIN	POL	M18-29	12	M 57	00:07:20	00:14:56	00:21:53.68	4:22	13.7
67	ZIELIŃSKI MACIEJ	445		KAMIEN RYMAŃSKI	POL	M18-29	13	M 58	00:06:38	00:14:33	00:21:55.65	4:23	13.7
68	IWANIEC DARIUSZ	1		SIERAKOWO	POL	M40-49	19	M 59	00:07:20	00:14:51	00:21:56.42	4:23	13.7
69	NIEDBAŁSKI OKTAWIAN	277		KAMIEN RYMAŃSKI	POL	M18-29	14	M 60	00:06:50	00:14:31	00:21:57.31	4:23	13.7
70	BIAŁECKA PAULA	19		KOSZALIN	POL	K18-29	6	K 10	00:07:16	00:14:54	00:22:00.15	4:24	13.6
71	PERLIK KATARZYNA	304		MIASTKO	POL	K18-29	7	K 11	00:07:24	00:14:58	00:22:00.43	4:24	13.6
72	CZERŃNIAK GRACJAN	51		KOSZALIN	POL	M30-39	22	M 61	00:07:25	00:15:08	00:22:04.63	4:24	13.6
73	SITARCZYK DAMIAN	356		SIANÓW	POL	M30-39	23	M 62	00:06:58	00:14:53	00:22:05.33	4:25	13.6
74	WAŚOWSKI ROBERT	406		NOWE BIELICE	POL	M18-29	15	M 63	00:07:18	00:14:55	00:22:07.54	4:25	13.6
75	MAJCHRZAK PAWEŁ	235		KARLINO	POL	M40-49	20	M 64	00:07:23	00:14:57	00:22:08.43	4:25	13.6
76	MALINOWSKI MARIUSZ	241		KOSZALIN	POL	M30-39	24	M 65	00:07:20	00:15:02	00:22:09.40	4:26	13.5
77	JABŁOŃSKA-KIERSZK BEATA	121		PRZECHELEWO	POL	K40-49	1	K 12	00:07:27	00:15:02	00:22:10.02	4:26	13.5
78	ROGOŻA IRENEUSZ	339		KOSZALIN	POL	M40-49	21	M 66	00:07:13	00:14:59	00:22:12.13	4:26	13.5
79	JARZYŃA ROMAN	129		STARGARD	POL	M40-49	22	M 67	00:07:25	00:15:05	00:22:14.17	4:26	13.5
80	KRAWCZYK TOMASZ	199		BIESKIERZ	POL	M30-39	25	M 68	00:07:45	00:15:29	00:22:16.15	4:27	13.5
81	SKOWROŃSKI TOMASZ	358		CHAŁUPY	POL	M30-39	26	M 69	00:07:49	00:15:24	00:22:16.36	4:27	13.5
82	KRUPIŃSKI KRZYSZTOF	201		KOSZALIN	POL	M50-59	4	M 70	00:07:25	00:15:08	00:22:16.40	4:27	13.5
83	FAJGIER TOMASZ	70		MANOWO	POL	M50-59	5	M 71	00:07:10	00:14:46	00:22:17.21	4:27	13.5
84	OTTO MICHAŁ	294		BONIN	POL	M30-39	27	M 72	00:07:32	00:15:11	00:22:18.73	4:27	13.4
85	GAWEŁ ZBIGNIEW	79		SŁUPSK	POL	M60-69	2	M 73	00:07:25	00:15:05	00:22:19.76	4:28	13.4
86	MAZUREK MARCIN	250		WARSZAWA	POL	M40-49	23	M 74	00:07:28	00:15:13	00:22:20.11	4:28	13.4
87	GAWRYSIAK PRZEMYSŁAW	82		WŁODARKA	POL	M40-49	24	M 75	00:07:23	00:15:01	00:22:20.89	4:28	13.4
88	BUDZIŃSKI PAWEŁ	29		KONIKOWO	POL	M40-49	25	M 76	00:07:28	00:15:10	00:22:23.76	4:28	13.4
89	OBARA ŻANETA	285		NEKLA	POL	K40-49	2	K 13	00:07:19	00:15:04	00:22:24.67	4:29	13.4
90	PEKAŁA PIOTR	306		KOSZALIN	POL	M40-49	26	M 77	00:08:22	00:15:42	00:22:26.08	4:29	13.4
91	WILKOWSKI KRZYSZTOF	418		KOSZALIN	POL	M40-49	27	M 78	00:07:32	00:15:15	00:22:27.37	4:29	13.4
92	GÓRA ROMAN	93		KOSZALIN	POL	M50-59	6	M 79	00:07:50	00:15:31	00:22:30.61	4:30	13.3
93	RASZPLA RADOSŁAW	332		KOSZALIN	POL	M40-49	28	M 80	00:07:49	00:15:23	00:22:33.90	4:30	13.3
94	POMORSKI ŁUKASZ	322		KOSZALIN	POL	M18-29	16	M 81	00:07:33	00:15:29	00:22:51.99	4:34	13.1
95	KAŻMIERCZAK AGNIESZKA	155		ŚWIDWINEK	POL	K40-49	3	K 14	00:07:31	00:15:30	00:22:58.91	4:35	13.1
96	PIETRYKA ARTUR	311		KARLINO	POL	M40-49	29	M 82	00:07:28	00:15:20	00:22:59.26	4:36	13
97	OPALIŃSKI STANISŁAW	289		KOŁOBRZEG	POL	M60-69	3	M 83	00:07:33	00:15:40	00:23:01.55	4:36	13
98	BASSEL MARCIN	448		KOSZALIN	POL	M30-39	28	M 84	00:08:24	00:16:25	00:23:08.81	4:37	13
99	SAWIŃSKI JACEK	351		KOSZALIN	POL	M40-49	30	M 85	00:07:55	00:15:48	00:23:09.66	4:38	12.9
100	KLENIEWSKI PIOTR	163		KOSZALIN	POL	M50-59	7	M 86	00:07:41	00:15:41	00:23:14.96	4:39	12.9
101	PIECHOTA ROBERT	308		KOSZALIN	POL	M40-49	31	M 87	00:07:49	00:16:00	00:23:17.83	4:39	12.9
102	POLAŃSKI NORBERT	320		ŚWIDWIN	POL	M40-49	32	M 88	00:08:02	00:16:04	00:23:17.93	4:39	12.9
103	STANKIEWICZ WIESŁAW	373		KOSZALIN	POL	M50-59	8	M 89	00:07:45	00:15:50	00:23:18.86	4:39	12.9

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104	PILAREK IRENEUSZ	313		KOSZALIN	POL	M30-39	29	M 90	00:07:56	00:15:50	00:23:21.91	4:40	12.8
105	BARTHA ADRIAN	12		KOŁOBRZEG	POL	M30-39	30	M 91	00:07:36	00:15:46	00:23:23.39	4:40	12.8
106	SARAPUK PIOTR	348		KOSZALIN	POL	M40-49	33	M 92	00:08:00	00:15:58	00:23:24.95	4:41	12.8
107	DĄBROWSKI GRZEGORZ	53		KOSZALIN	POL	M40-49	34	M 93	00:07:59	00:16:01	00:23:25.97	4:41	12.8
108	LITWIN BARBARA	225		SŁUPSK	POL	K30-39	4	K 15	00:07:55	00:16:06	00:23:27.00	4:41	12.8
109	WOŹNIECKA KAROLINA	431		KOŁOBRZEG	POL	K30-39	5	K 16	00:07:53	00:16:00	00:23:28.10	4:41	12.8
110	KACZMAREK MARTA	139		SŁAWNO	POL	K30-39	6	K 17	00:07:33	00:15:50	00:23:29.71	4:42	12.8
111	RUTKOWSKI ARTUR	344		KOSZALIN	POL	M18-29	17	M 94	00:07:41	00:15:52	00:23:29.72	4:42	12.8
112	KOPYNIAK ADRIAN	178		LWÓW	POL	M18-29	18	M 95	00:08:12	00:16:00	00:23:35.42	4:43	12.7
113	KRZEWIŃSKA MAŁGORZATA	205		KOSZALIN	POL	K60+	1	K 18	00:08:06	00:16:07	00:23:35.48	4:43	12.7
114	BAGNIUK PIOTR	5		DOBIEŚLAWIEC	POL	M30-39	31	M 96	00:07:44	00:15:47	00:23:36.28	4:43	12.7
115	RELUGA MAŁGORZATA	334		WARSZAWA	POL	K50-59	1	K 19	00:07:49	00:15:56	00:23:38.03	4:43	12.7
116	RELUGA GRZEGORZ	333		WARSZAWA	POL	M40-49	35	M 97	00:07:49	00:15:55	00:23:39.12	4:43	12.7
117	GIEDROWICZ ALEKSANDRA	83		KOSZALIN	POL	K30-39	7	K 20	00:07:32	00:15:52	00:23:39.27	4:44	12.7
118	LIPNIEWICZ PAWEŁ	224		KOSZALIN	POL	M30-39	32	M 98	00:07:52	00:15:52	00:23:39.67	4:44	12.7
119	KOZŁOWSKI RAFAŁ	194		PIŁA	POL	M40-49	36	M 99	00:07:57	00:15:59	00:23:42.73	4:44	12.7
120	SZCZUBLEWSKI MARTIN	380		KAMIEN RYMAŃSKI	POL	M18-29	19	M 100	00:07:31	00:15:45	00:23:42.81	4:44	12.6
121	SPOLSKA WERONIKA	368		KAMIEN RYMAŃSKI	POL	K18-29	8	K 21	00:08:09	00:16:17	00:23:43.99	4:44	12.6
122	WOJCIECHOWSKI ANDRZEJ	425		KOSZALIN	POL	M40-49	37	M 101	00:08:00	00:16:18	00:23:46.89	4:45	12.6
123	TOMASZEWICZ MAGDALENA	396		KINOWO	POL	K40-49	4	K 22	00:07:31	00:15:52	00:23:47.55	4:45	12.6
124	GLEWICZ SYLWIA	85		KOSZALIN	POL	K30-39	8	K 23	00:08:06	00:16:12	00:23:50.97	4:46	12.6
125	KIERSZTYN ROBERT	161		KOSZALIN	POL	M50-59	9	M 102	00:07:35	00:16:00	00:23:51.59	4:46	12.6
126	SKOWYRSKI JANUSZ	359		BIESIEKIERZ	POL	M50-59	10	M 103	00:08:01	00:16:11	00:23:51.95	4:46	12.6
127	MISZCZYK JAN	261	KOSZALIN	KOSZALIN	POL	M30-39	33	M 104	00:08:04	00:16:22	00:23:52.99	4:46	12.6
128	MONGIAŁO MARCIN	267		KOSZALIN	POL	M40-49	38	M 105	00:08:08	00:16:19	00:23:55.85	4:47	12.5
129	SKIBA ARTUR	357		ŚWIDWIN	POL	M40-49	39	M 106	00:08:02	00:16:10	00:23:59.70	4:48	12.5
130	CHOŁUJ JAREK	40		KOSZALIN	POL	M40-49	40	M 107	00:08:42	00:16:50	00:24:00.32	4:48	12.5
131	ŻEBROWSKI IGOR	553		KARLINO	POL	M14-17	3	M 108	00:07:41	00:16:01	00:24:00.37	4:48	12.5
132	BURKIET MAREK	31		ROSNOWO	POL	M40-49	41	M 109	00:08:14	00:16:20	00:24:00.66	4:48	12.5
133	BODO RAFAŁ	21		KOSZALIN	POL	M30-39	34	M 110	00:08:05	00:16:19	00:24:01.74	4:48	12.5
134	MICERSKI TOMASZ	253		KOSZALIN	POL	M40-49	42	M 111	00:07:54	00:16:19	00:24:02.92	4:48	12.5
135	CHUDZIK ZBIGNIEW	44		KOSZALIN	POL	M50-59	11	M 112	00:08:19	00:16:32	00:24:04.21	4:48	12.5
136	SOROCZYŃSKI CEZARY	365		NIEKŁONICE	POL	M40-49	43	M 113	00:08:10	00:16:29	00:24:09.14	4:49	12.4
137	MOSIOŁEK PIOTR	268		KOSZALIN	POL	M40-49	44	M 114	00:08:01	00:16:17	00:24:12.47	4:50	12.4
138	MAZUR MIROŚLAW	229		KOSZALIN	POL	M40-49	45	M 115	00:08:21	00:16:36	00:24:19.37	4:52	12.3
139	HAŁKA ARKADIUSZ	108		ŁOBEZ	POL	M40-49	46	M 116	00:08:17	00:16:37	00:24:20.87	4:52	12.3
140	RODZIEWICZ-CZAPLIŃSKA AGNIESZKA	338		KOSZALIN	POL	K40-49	5	K 24	00:08:02	00:16:25	00:24:21.73	4:52	12.3
141	KOSIARKIEWICZ MARTYNA	186		CZŁUCHÓW	POL	K14-17	2	K 25	00:07:48	00:16:18	00:24:21.81	4:52	12.3
142	PAWŁOWSKI GRZEGORZ	302		MIELNO	POL	M40-49	47	M 117	00:08:07	00:16:27	00:24:22.06	4:52	12.3
143	MARCINKOWSKI JACEK	243		ŚWIESZYNO	POL	M40-49	48	M 118	00:08:33	00:16:51	00:24:25.14	4:53	12.3
144	HOREGLAD PAWEŁ	115		KOSZALIN	POL	M18-29	20	M 119	00:08:31	00:16:57	00:24:25.34	4:53	12.3
145	ŻUKOWSKI CEZARY	556		KOSZALIN	POL	M30-39	35	M 120	00:08:37	00:16:47	00:24:25.58	4:53	12.3
146	MAZURSKI PAWEŁ	251		GRYFICE	POL	M30-39	36	M 121	00:07:39	00:16:18	00:24:27.58	4:53	12.3
147	KRASIŃSKI WITOLD	195		KOSZALIN	POL	M40-49	49	M 122	00:08:04	00:16:30	00:24:27.88	4:53	12.3
148	WAŚOWICZ ANNA	405		KOŁOBRZEG	POL	K30-39	9	K 26	00:08:26	00:16:44	00:24:29.76	4:54	12.2
149	DĘBSKI DAMIAN	59		KOSZALIN	POL	M30-39	37	M 123	00:08:06	00:16:33	00:24:30.00	4:54	12.2
150	MUCHA KRZYSZTOF	271		KOSZALIN	POL	M40-49	50	M 124	00:08:07	00:16:33	00:24:30.04	4:54	12.2
151	ZIELIŃSKI MACIEJ	443		ŚWIDWIN	POL	M30-39	38	M 125	00:08:00	00:16:31	00:24:32.94	4:54	12.2
152	MICKIEWICZ MAJA	257		WARSZAWA	POL	K14-17	3	K 27	00:07:39	00:16:23	00:24:33.50	4:54	12.2
153	SEKRECKI MICHAŁ	354		POZNAŃ	POL	M18-29	21	M 126	00:07:39	00:16:23	00:24:33.50	4:54	12.2
154	ANTKOWIAK SEBASTIAN	3		KOSZALIN	POL	M40-49	51	M 127	00:07:56	00:16:26	00:24:33.59	4:54	12.2
155	GAWEŁ STANISŁAW	80		TRZEBISZYN	POL	M50-59	12	M 128	00:08:35	00:16:51	00:24:35.85	4:55	12.2
156	FRĄCZKOWIAK MATEUSZ	2		WIELEŃ	POL	M14-17	4	M 129	00:07:27	00:16:05	00:24:37.07	4:55	12.2
157	DRABKOWSKA AGNIESZKA	62		BIAŁOGARD	POL	K40-49	6	K 28	00:08:02	00:16:33	00:24:38.62	4:55	12.2
158	BOGACKI TOMASZ	23		KOSZALIN	POL	M60-69	4	M 130	00:08:24	00:16:49	00:24:41.65	4:56	12.2
159	SCHWAB THOMAS	352		ZURICH		M40-49	52	M 131	00:08:22	00:16:50	00:24:41.81	4:56	12.1
160	DRULIK-HOŁUB MARTA	64		KOSZALIN	POL	K40-49	7	K 29	00:08:14	00:16:45	00:24:45.46	4:57	12.1

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	min/km	km/h
161	GONTARZ WOJCIECH	90	DARŁOWO	DARŁOWO	POL	M18-29	22	M 132	00:08:16	00:16:46	00:24:45.85	4:57	12.1
162	KNUT POTOCZNIK GABRIELA	165	POLANÓW	POLANÓW	POL	K30-39	10	K 30	00:08:38	00:17:00	00:24:50.48	4:58	12.1
163	KONKEL ŁUKASZ	174	KOSZALIN	KOSZALIN	POL	M40-49	53	M 133	00:08:03	00:16:26	00:24:50.71	4:58	12.1
164	KAZIMIEROWICZ RADOSŁAW	154	KOSZALIN	KOSZALIN	POL	M30-39	39	M 134	00:08:25	00:16:54	00:24:52.55	4:58	12.1
165	MICHALAK MICHAŁ	255	KAMIEN RYMAŃSKI	KAMIEN RYMAŃSKI	POL	M18-29	23	M 135	00:07:43	00:16:50	00:24:55.15	4:59	12
166	SARAPUK GABRIELA	347	KOSZALIN	KOSZALIN	POL	K40-49	8	K 31	00:08:39	00:17:04	00:24:59.11	4:59	12
167	KOŁODZIEJCZYK DANUTA	172	BIESOWICE	BIESOWICE	POL	K50-59	2	K 32	00:08:21	00:16:59	00:25:06.46	5:01	12
168	NOSAL MARTYNA	280	SZCZECINEK	SZCZECINEK	POL	K14-17	4	K 33	00:08:40	00:17:23	00:25:07.72	5:01	11.9
169	MUERAU-NOWICKA HANNA	272	BYTÓW	BYTÓW	POL	K50-59	3	K 34	00:08:39	00:17:21	00:25:10.24	5:02	11.9
170	NOSAL MARIUSZ	281	SZCZECINEK	SZCZECINEK	POL	M30-39	40	M 136	00:08:40	00:17:23	00:25:10.34	5:02	11.9
171	NOWICKA NATALIA	284	BYTÓW	BYTÓW	POL	K18-29	9	K 35	00:08:39	00:17:21	00:25:10.70	5:02	11.9
172	WIDZINIOWICZ JAROSŁAW	442	RADOM	RADOM	POL	M40-49	54	M 137	00:08:49	00:17:25	00:25:12.87	5:02	11.9
173	WIŚNIEWSKI ŁUKASZ	421	KOŁOBRZEG	KOŁOBRZEG	POL	M18-29	24	M 138	00:09:08	00:17:28	00:25:13.01	5:02	11.9
174	PISKORZ-WILCZAK IWONA	314	KONIKOWO	KONIKOWO	POL	K40-49	9	K 36	00:08:30	00:16:56	00:25:14.53	5:02	11.9
175	DEJNAK MARIOLA	54	GRYFICE	GRYFICE	POL	K60+	2	K 37	00:08:27	00:17:07	00:25:18.73	5:03	11.8
176	KACZMARYK JOLANTA	140	KOSZALIN	KOSZALIN	POL	K40-49	10	K 38	00:08:19	00:17:05	00:25:21.28	5:04	11.8
177	KAMYK PIOTR	147	KOSZALIN	KOSZALIN	POL	M30-39	41	M 139	00:08:23	00:17:19	00:25:22.49	5:04	11.8
178	WOŹNIAK MONIKA	428	SIEMIANICE	SIEMIANICE	POL	K30-39	11	K 39	00:08:39	00:17:25	00:25:25.76	5:05	11.8
179	HAKKARAINEN JOUNI	104	ESPOO	ESPOO	FIN	M40-49	55	M 140	00:08:29	00:17:15	00:25:26.01	5:05	11.8
180	NADOLNY KRZYSZTOF	275	KOSZALIN	KOSZALIN	POL	M30-39	42	M 141	00:08:44	00:17:20	00:25:26.86	5:05	11.8
181	SZOT EWA	382	KOSZALIN	KOSZALIN	POL	K40-49	11	K 40	00:08:19	00:16:58	00:25:26.88	5:05	11.8
182	LIGOCKI PAWEŁ	223	BIAŁOGARD	BIAŁOGARD	POL	M18-29	25	M 142	00:08:29	00:17:23	00:25:33.16	5:06	11.7
183	GRABOWSKA-LESISZ ANETA	94	KOSZALIN	KOSZALIN	POL	K40-49	12	K 41	00:08:25	00:17:17	00:25:40.52	5:08	11.7
184	WRÓBLEWSKI MATEUSZ	433	KOSZALIN	KOSZALIN	POL	M14-17	5	M 143	00:08:58	00:17:35	00:25:41.89	5:08	11.7
185	SUCHODOLSKA ALEKSANDRA	376	ROSNOWO	ROSNOWO	POL	K30-39	12	K 42	00:09:20	00:18:01	00:25:42.19	5:08	11.7
186	REMPŁAKOWSKI KRZYSZTOF	335	ROSNOWO	ROSNOWO	POL	M40-49	56	M 144	00:09:02	00:17:43	00:25:43.10	5:08	11.7
187	SZYDŁO PIOTR	388	KAMIEN RYMAŃSKI	KAMIEN RYMAŃSKI	POL	M30-39	43	M 145	00:07:55	00:17:15	00:25:45.02	5:09	11.7
188	KOWALCZYK KAROLINA	187	NIEKŁONICE	NIEKŁONICE	POL	K40-49	13	K 43	00:08:42	00:17:28	00:25:45.12	5:09	11.7
189	MONGIAŁO ALEKSANDRA	266	KOSZALIN	KOSZALIN	POL	K30-39	13	K 44	00:08:53	00:17:37	00:25:47.15	5:09	11.6
190	MRUGALSKI STANISŁAW	270	MIASTKO	MIASTKO	POL	M50-59	13	M 146	00:08:37	00:17:29	00:25:48.80	5:09	11.6
191	KAJKOWSKI RAFAŁ	143	KOSZALIN	KOSZALIN	POL	M40-49	57	M 147	00:08:34	00:17:20	00:25:52.46	5:10	11.6
192	BOGACKA LUCYNA	22	KOSZALIN	KOSZALIN	POL	K60+	3	K 45	00:08:44	00:17:30	00:25:53.51	5:10	11.6
193	KOLIGAT ANNA	168	KOSZALIN	KOSZALIN	POL	K30-39	14	K 46	00:09:01	00:17:40	00:25:53.62	5:10	11.6
194	PISKÓRZ RADOSŁAW	316	ROSNOWO	ROSNOWO	POL	M30-39	44	M 148	00:08:28	00:17:25	00:25:55.53	5:11	11.6
195	BARTON KRYSZYNA	14	PRZECHELEWO	PRZECHELEWO	POL	K50-59	4	K 47	00:08:26	00:17:25	00:25:57.79	5:11	11.6
196	BOJAR NATALIA	24	ŚWIELINO	ŚWIELINO	POL	K30-39	15	K 48	00:08:55	00:17:39	00:25:58.65	5:11	11.6
197	CIEŚLAK GRZEGORZ	47	KOŁOBRZEG	KOŁOBRZEG	POL	M30-39	45	M 149	00:08:50	00:17:51	00:26:00.36	5:12	11.5
198	FRIESKE ANNA	75	CZŁUCHÓW	CZŁUCHÓW	POL	K14-17	5	K 49	00:07:42	00:16:34	00:26:00.91	5:12	11.5
199	PODSIADŁO MARCIN	319	KOSZALIN	KOSZALIN	POL	M40-49	58	M 150	00:08:31	00:17:24	00:26:01.04	5:12	11.5
200	FIERKA TOMASZ	71	ŁĘBORK	ŁĘBORK	POL	M30-39	46	M 151	00:08:31	00:17:29	00:26:01.20	5:12	11.5
201	PAWŁOWSKA ANNA	301	ŁĘBORK	ŁĘBORK	POL	K30-39	16	K 50	00:08:32	00:17:30	00:26:01.70	5:12	11.5
202	WRÓBLEWSKA MARTA	432	KOSZALIN	KOSZALIN	POL	K40-49	14	K 51	00:08:56	00:17:46	00:26:02.84	5:12	11.5
203	PAPIERNIK BŁAŻEJ	298	KOSZALIN	KOSZALIN	POL	M18-29	26	M 152	00:08:24	00:17:30	00:26:06.81	5:13	11.5
204	WYGANOWSKI ANDRZEJ	435	KOŁOBRZEG	KOŁOBRZEG	POL	M70+	1	M 153	00:09:00	00:17:59	00:26:07.70	5:13	11.5
205	GOLUBSKI CEZARY	88	KAMIEN RYMAŃSKI	KAMIEN RYMAŃSKI	POL	M18-29	27	M 154	00:07:52	00:17:35	00:26:08.00	5:13	11.5
206	CZUCZAK TOMASZ	439	KOSZALIN	KOSZALIN	POL	M40-49	59	M 155	00:09:02	00:17:54	00:26:09.97	5:14	11.5
207	KUŻAJ SŁAWOMIR	214	PIŁA	PIŁA	POL	M50-59	14	M 156	00:08:39	00:17:52	00:26:10.14	5:14	11.5
208	KALOCIŃSKI KRZYSZTOF	146	KOSZALIN	KOSZALIN	POL	M30-39	47	M 157	00:09:05	00:17:55	00:26:11.15	5:14	11.5
209	MICHALUK AMADEUSZ	256	KAMIEN RYMAŃSKI	KAMIEN RYMAŃSKI	POL	M18-29	28	M 158	00:08:05	00:17:17	00:26:11.41	5:14	11.5
210	POŁOCHAŃSKI PIOTR	321	KOSZALIN	KOSZALIN	POL	M30-39	48	M 159	00:08:16	00:17:16	00:26:12.22	5:14	11.4
211	SŁUPECKA ANETA	363	KOSZALIN	KOSZALIN	POL	K30-39	17	K 52	00:09:03	00:18:00	00:26:13.62	5:14	11.4
212	BRZOSKOWSKI ARTUR	27	KOSZALIN	KOSZALIN	POL	M30-39	49	M 160	00:08:51	00:17:36	00:26:15.76	5:15	11.4
213	MACHNICKI ROBERT	230	RYKI	RYKI	POL	M30-39	50	M 161	00:08:25	00:17:34	00:26:16.07	5:15	11.4
214	STANIUK BARTOSZ	371	SLUPSK	SLUPSK	POL	M30-39	51	M 162	00:08:38	00:17:45	00:26:22.33	5:16	11.4
215	HAŁAJKO MAGDALENA	106	KOSZALIN	KOSZALIN	POL	K30-39	18	K 53	00:09:07	00:17:52	00:26:27.71	5:17	11.3
216	OWCZARKA-TUCKA MONIKA	295	KOSZALIN	KOSZALIN	POL	K40-49	15	K 54	00:09:01	00:18:02	00:26:27.99	5:17	11.3
217	MILLENNIUM MILENA PIĘTA	260	KOSZALIN	KOSZALIN	POL	K30-39	19	K 55	00:09:01	00:18:02	00:26:28.29	5:17	11.3

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	min/km	km/h
218	CYGAN ADAM	49		SIECIEMIN	POL	M50-59	15	M 163	00:09:20	00:18:27	00:26:29.03	5:17	11.3
219	KOBUS PIOTR	167		KOSZALIN	POL	M30-39	52	M 164	00:08:19	00:17:53	00:26:33.29	5:18	11.3
220	SKRZYPCZAK BOGUSŁAW	361		KOSZALIN	POL	M40-49	60	M 165	00:09:06	00:18:11	00:26:37.18	5:19	11.3
221	MARCZAK MAŁGORZATA	245		ŻELKOWO	POL	K50-59	5	K 56	00:08:54	00:18:00	00:26:48.18	5:21	11.2
222	SŁOMSKA DOROTA	362		KOSZALIN	POL	K30-39	20	K 57	00:09:28	00:18:36	00:26:48.30	5:21	11.2
223	SZYMAŃSKI PATRYK	390		SĘLPSK	POL	M30-39	53	M 166	00:09:44	00:19:37	00:26:48.94	5:21	11.2
224	PISKÓRZ JUSTYNA	315		ROSNOWO	POL	K30-39	21	K 58	00:08:41	00:18:07	00:26:48.98	5:21	11.2
225	CIECHAŃSKI MICHAŁ	46		ZAJĄCZKOWO	POL	M40-49	61	M 167	00:09:08	00:18:22	00:26:49.75	5:22	11.2
226	KOPIEC-PARYSIAK IWONA	177		DOBRZYCA	POL	K30-39	22	K 59	00:09:10	00:18:20	00:26:54.73	5:23	11.1
227	KACZOROWSKI MAREK	141		SIANÓW	POL	M18-29	29	M 168	00:08:55	00:17:54	00:26:55.17	5:23	11.1
228	ŚWITON MAGDALENA	394		GRYFICE	POL	K30-39	23	K 60	00:09:05	00:18:12	00:26:55.56	5:23	11.1
229	SZYSZKOWSKI TOMASZ	391		KOSZALIN	POL	M30-39	54	M 169	00:09:14	00:18:28	00:26:56.30	5:23	11.1
230	JUSZCZYK AGNIESZKA	137		KOSZALIN	POL	K30-39	24	K 61	00:09:23	00:18:30	00:26:56.62	5:23	11.1
231	JĄROSIK MARIUSZ	128		MANOWO	POL	M40-49	62	M 170	00:09:20	00:18:43	00:26:58.31	5:23	11.1
232	CYGAN MARTA	48		SIECIEMIN	POL	K18-29	10	K 62	00:09:21	00:18:28	00:26:58.46	5:23	11.1
233	OSOWSKI ANDRZEJ	292		WARSZAWA	POL	M40-49	63	M 171	00:08:49	00:18:02	00:27:00.21	5:24	11.1
234	PIETRZYK RAFAŁ	312		KALISZ POMORSKI	POL	M30-39	55	M 172	00:09:04	00:18:18	00:27:01.63	5:24	11.1
235	KĘSIK MICHAŁ	158		KOSZALIN	POL	M40-49	64	M 173	00:09:13	00:18:28	00:27:04.56	5:25	11.1
236	JUSZCZAK KRZYSZTOF	136		KOSZALIN	POL	M60-69	5	M 174	00:08:42	00:17:57	00:27:06.31	5:25	11.1
237	KOZŁOWIECKI WALDEMAR	193		KOSZALIN	POL	M60-69	6	M 175	00:09:21	00:18:24	00:27:06.54	5:25	11.1
238	LEWANDOWSKI MARIAN	221		BIAŁOGARD	POL	M70+	2	M 176	00:09:12	00:18:24	00:27:06.99	5:25	11.1
239	JUSIŃSKI SEBASTIAN	135		SŁAWOBORZE	POL	M40-49	65	M 177	00:09:04	00:18:19	00:27:10.89	5:26	11
240	MILAS WIKTORIA	259		GOŚCINO	POL	K14-17	6	K 63	00:09:00	00:18:14	00:27:11.88	5:26	11
241	JUSIŃSKA ANNA	134		SŁAWOBORZE	POL	K40-49	16	K 64	00:09:05	00:18:20	00:27:11.98	5:26	11
242	BRZOZOWSKA BARBARA	28		TYCHOWO	POL	K40-49	17	K 65	00:09:17	00:18:34	00:27:15.38	5:27	11
243	MAJEWSKI KAMIL	236		GDAŃSK	POL	M30-39	56	M 178	00:09:17	00:18:34	00:27:15.72	5:27	11
244	URBANOWICZ MICHAŁ	399		KOSZALIN	POL	M40-49	66	M 179	00:08:45	00:18:07	00:27:18.77	5:27	11
245	ROMANOWICZ MONIKA	340		KOSZALIN	POL	K30-39	25	K 66	00:09:18	00:18:40	00:27:19.79	5:28	11
246	KUNYSZ TOMASZ	210		BYDLINO	POL	M50-59	16	M 180	00:08:48	00:18:28	00:27:20.41	5:28	11
247	NAWROCKA ANNA	276		KOSZALIN	POL	K30-39	26	K 67	00:09:00	00:18:27	00:27:20.62	5:28	11
248	DEJNAK DAGMARA	55		BONIN	POL	K30-39	27	K 68	00:09:33	00:18:40	00:27:21.32	5:28	11
249	KARNICKI ZYGMUNT	150		KOSZALIN	POL	M60-69	7	M 181	00:08:49	00:18:16	00:27:27.45	5:29	10.9
250	BAJ NORBERT	6		KOSZALIN	POL	M30-39	57	M 182	00:08:44	00:18:04	00:27:27.71	5:29	10.9
251	MAJSIUK AGNIESZKA	238		KOSZALIN	POL	K40-49	18	K 69	00:09:20	00:18:45	00:27:30.95	5:30	10.9
252	DYMEK REMEK	66		HAMELN	GER	M40-49	67	M 183	00:08:51	00:18:31	00:27:32.31	5:30	10.9
253	HAKKARAINEN ROBERT	105		ESPOO	FIN	M14-17	6	M 184	00:09:06	00:18:43	00:27:32.73	5:30	10.9
254	HOC DARIUSZ	114		KOŁOBRZEG	POL	M40-49	68	M 185	00:09:59	00:19:20	00:27:33.66	5:30	10.9
255	WIŚNIEWSKI JAROSŁAW	420		KOŁOBRZEG	POL	M50-59	17	M 186	00:09:19	00:18:48	00:27:33.96	5:30	10.9
256	SCHWAB OLIVER	353		ZURICH		M14-17	7	M 187	00:09:14	00:18:43	00:27:35.91	5:31	10.9
257	JĘDRZEJKO MIROŚLAW	133		NOWE BIELICE	POL	M40-49	69	M 188	00:09:21	00:19:00	00:27:36.79	5:31	10.9
258	RASZPLA ILONA	331		KOSZALIN	POL	K40-49	19	K 70	00:09:24	00:18:43	00:27:37.37	5:31	10.9
259	GŁOWACKI WŁODZIMIERZ	86		KOSZALIN	POL	M70+	3	M 189	00:08:56	00:18:33	00:27:37.77	5:31	10.9
260	DERLIŃSKA KASIA	57		KOSZALIN	POL	K30-39	28	K 71	00:09:09	00:18:40	00:27:38.86	5:31	10.8
261	MITUNIEWICZ RENATA	264		KOSZALIN	POL	K50-59	6	K 72	00:09:07	00:18:47	00:27:46.26	5:33	10.8
262	SADOWSKA JUSTYNA	346		MANOWO	POL	K30-39	29	K 73	00:09:29	00:19:03	00:27:49.21	5:33	10.8
263	OSTROWSKI MARIAN	293		ZŁOCIEŃCIEC	POL	M60-69	8	M 190	00:07:11	00:14:38	00:27:51.15	5:34	10.8
264	PLAŻAŁSKA SYLWIA	317		BROJCE	POL	K30-39	30	K 74	00:09:28	00:19:22	00:27:51.95	5:34	10.8
265	KOBUS MACIEJ	166		KOSZALIN	POL	M30-39	58	M 191	00:08:07	00:18:06	00:27:55.22	5:35	10.7
266	ŻMUDA MONIKA	555		SARBIA/KOŁOBRZEG	POL	K40-49	20	K 75	00:09:37	00:19:16	00:27:58.38	5:35	10.7
267	RADZIŃSKI MARCEL	330		ŚWIEMINO	POL	M14-17	8	M 192	00:07:03	00:17:22	00:27:58.40	5:35	10.7
268	POTYRAŁA ANNA	325		WŁOCLAWEK	POL	K18-29	11	K 76	00:09:17	00:18:50	00:27:59.34	5:36	10.7
269	MODRZYŃSKI MARCIN	265		KOSZALIN	POL	M18-29	30	M 193	00:09:17	00:18:50	00:28:00.26	5:36	10.7
270	DORAWA-ZIOMEK ANNA	60		KOSZALIN	POL	K30-39	31	K 77	00:09:55	00:19:35	00:28:01.59	5:36	10.7
271	STALUSZKA MARTA	370		ŚWIDWIN	POL	K18-29	12	K 78	00:09:20	00:18:52	00:28:02.64	5:36	10.7
272	STALUSZKA DARIUSZ	369		ŚWIDWIN	POL	M40-49	70	M 194	00:09:21	00:18:54	00:28:04.06	5:36	10.7
273	KOPEĆ KRZYSZTOF	176		KOŁOBRZEG	POL	M30-39	59	M 195	00:09:16	00:18:51	00:28:04.37	5:36	10.7
274	KEPKA MIROŚLAW	156		ŚWIDWIN	POL	M40-49	71	M 196	00:09:23	00:18:57	00:28:07.00	5:37	10.7

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	min/km	km/h
275	GUTOWSKI SEBASTIAN	102		ŚWIDWIN	POL	M40-49	72	M 197	00:09:24	00:18:58	00:28:07.35	5:37	10.7
276	WOLF BEATA	427		KOSZALIN	POL	K40-49	21	K 79	00:09:44	00:19:09	00:28:08.68	5:37	10.7
277	KOŁAKOWSKI DARIUSZ	169		ŚWIDWIN	POL	M40-49	73	M 198	00:09:23	00:18:56	00:28:08.77	5:37	10.7
278	WILIŃSKI MAREK	416		ŚWIDWIN	POL	M50-59	18	M 199	00:09:25	00:18:59	00:28:09.31	5:37	10.7
279	MARZAŁKOWSKI RADOSŁAW	248		PRZYBRDA	POL	M30-39	60	M 200	00:09:35	00:19:19	00:28:19.59	5:40	10.6
280	ORYSZCZYN ARKADIUSZ	290		KOSZALIN	POL	M30-39	61	M 201	00:09:53	00:19:33	00:28:20.04	5:40	10.6
281	RADOSZ KATARZYNA	329		KOSZALIN	POL	K40-49	22	K 80	00:09:41	00:19:12	00:28:20.23	5:40	10.6
282	MALINOWSKA-BURDA ALEKSANDRA	239		KOSZALIN	POL	K30-39	32	K 81	00:09:14	00:19:07	00:28:20.81	5:40	10.6
283	SPICA ŁUKASZ	367		KOSZALIN	POL	M30-39	62	M 202	00:09:22	00:19:08	00:28:24.49	5:41	10.6
284	GRZYBOWSKI PIOTR	100		SZCZEGLIÑO NOWE 6	POL	M40-49	74	M 203	00:09:44	00:19:39	00:28:27.24	5:41	10.5
285	BEDNARZ KATARZYNA	16		KOŁOBRZEG	POL	K40-49	23	K 82	00:09:38	00:19:18	00:28:28.56	5:41	10.5
286	ZAKOŚCIELNA KATARZYNA	436		KOSZALIN	POL	K30-39	33	K 83	00:09:57	00:19:36	00:28:28.58	5:41	10.5
287	BRZEZIŃSKI PAWEŁ	26		KOSZALIN	POL	M30-39	63	M 204	00:08:37	00:18:42	00:28:32.06	5:42	10.5
288	LAL MONIKA	216		GRYFICE	POL	K50-59	7	K 84	00:09:14	00:19:08	00:28:37.73	5:43	10.5
289	MARCZAK ANDRZEJ	244		ŻELKOWO	POL	M60-69	9	M 205	00:09:55	00:19:36	00:28:37.77	5:43	10.5
290	FRASZKIEWICZ JAROSŁAW	72		KOSZALIN	POL	M40-49	75	M 206	00:09:31	00:19:24	00:28:39.00	5:43	10.5
291	MICHAŁAK ANNA	254		KOSZALIN	POL	K30-39	34	K 85	00:09:36	00:19:37	00:28:50.66	5:46	10.4
292	WESOŁOWSKI ŁUKASZ	411		KOSZALIN	POL	M30-39	64	M 207	00:09:17	00:19:46	00:29:02.04	5:48	10.3
293	WESOŁOWSKA JUSTYNA	410		KOSZALIN	POL	K30-39	35	K 86	00:09:17	00:19:46	00:29:02.43	5:48	10.3
294	KOROL DOMINIKA	182		BERLIN	GER	K18-29	13	K 87	00:09:59	00:20:04	00:29:07.34	5:49	10.3
295	SZWEDA MATEUSZ	387		KOSZALIN	POL	M30-39	65	M 208	00:09:44	00:19:37	00:29:10.54	5:50	10.3
296	BARSKA BARBARA	11		KOSZALIN	POL	K18-29	14	K 88	00:09:55	00:19:55	00:29:10.62	5:50	10.3
297	NOSAL ANNA	282		SZCZECINEK	POL	K30-39	36	K 89	00:10:10	00:20:13	00:29:15.69	5:51	10.3
298	SERAFIN ASIA	355		KOSZALIN	POL	K40-49	24	K 90	00:09:29	00:19:44	00:29:15.75	5:51	10.3
299	SWOROWSKA KATARZYNA	378		KOSZALIN	POL	K30-39	37	K 91	00:09:30	00:19:30	00:29:17.88	5:51	10.2
300	BORSUK DOROTA	25		KOSZALIN	POL	K40-49	25	K 92	00:10:06	00:20:07	00:29:19.31	5:52	10.2
301	ZIĘBA PAWEŁ	446		KOSZALIN	POL	M40-49	76	M 209	00:09:42	00:19:54	00:29:24.77	5:52	10.2
302	WENTA MALWINA	409		KOSZALIN	POL	K30-39	38	K 93	00:09:46	00:19:52	00:29:29.78	5:54	10.2
303	JEWUŁA AGATA	132		KOSZALIN	POL	K30-39	39	K 94	00:09:45	00:19:51	00:29:29.85	5:54	10.2
304	KOPEĆ MAGDALENA	175		KOŁOBRZEG	POL	K40-49	26	K 95	00:09:45	00:19:52	00:29:30.11	5:54	10.2
305	KOZACZUK JAROSŁAW	189		SŁUPSK	POL	M40-49	77	M 210	00:09:51	00:20:04	00:29:31.04	5:54	10.2
306	KOROL ELŻBIETA	181		KOSZALIN	POL	K40-49	27	K 96	00:09:59	00:20:07	00:29:31.95	5:54	10.2
307	MISZCZYŹYŃ IŁONA	262		SWIDWIN	POL	K40-49	28	K 97	00:09:53	00:19:55	00:29:33.37	5:54	10.2
308	CHAMERA TOMASZ	38		KOSZALIN	POL	M40-49	78	M 211	00:09:44	00:19:42	00:29:38.25	5:55	10.1
309	TRZESNIEWSKI ZBIGNIEW	397		KOSZALIN	POL	M50-59	19	M 212	00:09:40	00:19:54	00:29:54.77	5:59	10
310	HARASYM DANIEL	110		SIANOW	POL	M40-49	79	M 213	00:09:48	00:19:59	00:29:55.82	5:59	10
311	KRYSZEWSKA MAGDALENA	204		KOSZALIN	POL	K30-39	40	K 98	00:09:59	00:20:15	00:30:07.34	6:01	10
312	WOJANOWSKI ZBIGNIEW	424		GRUDZIADZ	POL	M60-69	10	M 214	00:09:46	00:20:09	00:30:10.12	6:02	9.9
313	WOJANOWSKA MARYLA	423		GRUDZIADZ	POL	K60+	4	K 99	00:09:46	00:20:09	00:30:10.17	6:02	9.9
314	CHREBOR JOANNA	41		KOSZALIN	POL	K30-39	41	K 100	00:09:18	00:19:41	00:30:10.90	6:02	9.9
315	GRUDZIŃSKI ARKADIUSZ	98		KOSZALIN	POL	M30-39	66	M 215	00:09:22	00:20:03	00:30:12.19	6:02	9.9
316	GRAJCZAK DAGMARA	95		SŁUPSK	POL	K40-49	29	K 101	00:10:30	00:20:41	00:30:16.87	6:03	9.9
317	BUDZYŃSKA ELŻBIETA	30		SŁUPSK	POL	K50-59	8	K 102	00:09:58	00:20:30	00:30:16.99	6:03	9.9
318	SUDER-MAKSYMOWICZ MONIKA	377		USTRONIE MORSKIE	POL	K30-39	42	K 103	00:10:20	00:20:46	00:30:22.07	6:04	9.9
319	GAPIŃSKA AGNIESZKA	77		PIŁA	POL	K30-39	43	K 104	00:10:23	00:21:21	00:30:27.76	6:05	9.9
320	PAWELEC MARTA	300		KOSZALIN	POL	K30-39	44	K 105	00:09:50	00:20:46	00:30:36.29	6:07	9.8
321	MAJKOWSKI BŁAŻEJ	237		KOSZALIN	POL	M18-29	31	M 216	00:10:33	00:21:06	00:30:41.08	6:08	9.8
322	WAGA ŻANETA	400		KAMIEN POMORSKI	POL	K40-49	30	K 106	00:09:58	00:20:32	00:30:42.41	6:08	9.8
323	MERKIS MAŁGORZATA	252		KOSZALIN	POL	K40-49	31	K 107	00:10:33	00:21:06	00:30:42.81	6:08	9.8
324	DZIADEK KRZYSZTOF	68		KOSZALIN	POL	M30-39	67	M 217	00:10:33	00:21:06	00:30:45.66	6:09	9.8
325	STANKIEWICZ JOANNA	372		KOSZALIN	POL	K40-49	32	K 108	00:10:34	00:21:07	00:30:46.34	6:09	9.8
326	CICHOSZ JERZY	45		KOSZALIN	POL	M70+	4	M 218	00:10:00	00:20:50	00:30:58.05	6:11	9.7
327	KARASIUŃ RENATA	149		KOSZALIN	POL	K30-39	45	K 109	00:09:52	00:20:41	00:30:59.65	6:11	9.7
328	IWANIAK DARIUSZ	120		MIROŚLAW	POL	M40-49	80	M 219	00:10:01	00:20:44	00:31:02.17	6:12	9.7
329	GIL BEATA	84		UJŚCIE	POL	K40-49	33	K 110	00:10:01	00:20:44	00:31:02.42	6:12	9.7
330	PEŁKA IWONA	303		KOSZALIN	POL	K50-59	9	K 111	00:10:46	00:21:28	00:31:02.96	6:12	9.7
331	SOBKA MONIKA	364		KOSZALIN	POL	K40-49	34	K 112	00:10:23	00:21:10	00:31:07.02	6:13	9.6

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	min/km	km/h
332	STRZELECKA-DRAGUN HALINA	375	SŁUPSK		POL	K60+	5	K 113	00:10:15	00:20:54	00:31:12.05	6:14	9.6
333	MACIEJCZAK KAROLINA	232	PIŁA		POL	K40-49	35	K 114	00:10:23	00:21:21	00:31:20.98	6:16	9.6
334	BANACH ANDRZEJ	8	GRYFICE		POL	M50-59	20	M 220	00:10:36	00:21:39	00:31:27.05	6:17	9.5
335	WEISS-SZULC BARBARA	407	KOSZALIN		POL	K40-49	36	K 115	00:10:14	00:20:59	00:31:30.40	6:18	9.5
336	KORUBA ROBERT	184	NIEKŁONICE		POL	M50-59	21	M 221	00:10:30	00:21:41	00:31:36.41	6:19	9.5
337	KWOLEK MACIEJ	215	KOSZALIN		POL	M40-49	81	M 222	00:09:58	00:21:17	00:31:36.73	6:19	9.5
338	ZANDER JAKUB	438	KAMIEN RYMAŃSKI		POL	M18-29	32	M 223	00:09:42	00:21:28	00:31:37.76	6:19	9.5
339	FRASZKIEWICZ KACPER	73	KOSZALIN		POL	M18-29	33	M 224	00:09:25	00:20:24	00:31:51.33	6:22	9.4
340	ZIMNY DARIUSZ	447	KOSZALIN		POL	M50-59	22	M 225	00:11:20	00:21:25	00:31:56.35	6:23	9.4
341	KOPEĆ DAGMARA	58	LUBIN		POL	K30-39	46	K 116	00:09:57	00:21:20	00:31:58.44	6:23	9.4
342	KOZŁOWIECKA MAŁGORZATA	192	KOSZALIN		POL	K50-59	10	K 117	00:10:25	00:21:31	00:32:00.28	6:24	9.4
343	SZUDOBAJ HANNA	385	SŁUPSK		POL	K50-59	11	K 118	00:10:18	00:20:32	00:32:03.95	6:24	9.4
344	BADZIAĞ WALDEMAR	4	SŁUPSK		POL	M50-59	23	M 226	00:10:18	00:21:37	00:32:04.38	6:24	9.4
345	PACYNA IZABELA	296	KOSZALIN		POL	K30-39	47	K 119	00:10:45	00:21:43	00:32:18.77	6:27	9.3
346	KRAWCZUK JOANNA	197	WIERZCHOWO DWORZEC		POL	K30-39	48	K 120	00:10:52	00:22:05	00:32:22.37	6:28	9.3
347	LENIK HUBERT	219	BIESIEKIERZ		POL	M30-39	68	M 227	00:10:40	00:22:08	00:32:22.43	6:28	9.3
348	KRAWCZUK MACIEJ	196	WIERZCHOWO DWORZEC		POL	M30-39	69	M 228	00:10:52	00:22:05	00:32:22.74	6:28	9.3
349	KIEDOS DARIUSZ	159	KOSZALIN		POL	M30-39	70	M 229	00:10:48	00:22:09	00:32:24.15	6:28	9.3
350	ZIELIŃSKI TOMASZ	444	KOŁOBRZEG		POL	M50-59	24	M 230	00:10:23	00:21:46	00:32:25.45	6:29	9.2
351	KORUBA MONIKA	183	NIEKŁONICE		POL	K40-49	37	K 121	00:10:40	00:21:41	00:32:26.53	6:29	9.2
352	HRYCIÓW PAWEŁ	116	BIAŁOGARD		POL	M30-39	71	M 231	00:10:46	00:22:07	00:32:27.34	6:29	9.2
353	KIERSZK GRZEGORZ	160	PRZECHELEWO		POL	M40-49	82	M 232	00:10:21	00:21:47	00:32:35.69	6:31	9.2
354	NADER BOGUSŁAW	274	KOSZALIN		POL	M40-49	83	M 233	00:10:28	00:21:51	00:32:44.08	6:32	9.2
355	WOŹNIAK STANISŁAW	429	KOŁOBRZEG		POL	M70+	5	M 234	00:10:19	00:21:45	00:32:46.63	6:33	9.2
356	BYSTROŃ KRZYSZTOF	32	SIANÓW		POL	M18-29	34	M 235	00:09:00	00:20:07	00:32:49.12	6:33	9.1
357	MALISZEWSKI ŁUKASZ	242	SIANÓW		POL	M18-29	35	M 236	00:10:03	00:20:29	00:32:52.86	6:34	9.1
358	OSIEWICZ DAWID	291	GRYFICE		POL	M18-29	36	M 237	00:10:36	00:21:38	00:32:55.83	6:35	9.1
359	KOŁODZIEJCZAK JOANNA	171	KOSZALIN		POL	K40-49	38	K 122	00:11:00	00:22:20	00:33:02.53	6:36	9.1
360	OLESIŃSKA PATRYCJA	288	KOŁOBRZEG		POL	K18-29	15	K 123	00:09:30	00:21:30	00:33:12.89	6:38	9
361	WALCZAK AGNIESZKA	401	KOSZALIN		POL	K40-49	39	K 124	00:11:01	00:22:39	00:33:21.34	6:40	9
362	SARBIEWSKA GABRIELA	349	SZCZECIN		POL	K30-39	49	K 125	00:10:58	00:22:47	00:33:40.16	6:44	8.9
363	SARBIEWSKI PRZEMYSŁAW	350	SZCZECIN		POL	M30-39	72	M 238	00:10:59	00:22:46	00:33:40.42	6:44	8.9
364	PAŁASZ KAROLINA	297	SIANÓW		POL	K30-39	50	K 126	00:10:51	00:22:51	00:33:50.46	6:46	8.9
365	KARNICKI ARTUR	52	KOSZALIN		POL	M40-49	84	M 239	00:10:50	00:22:43	00:34:14.40	6:51	8.8
366	KAZIMIERCZAK IZABELA	153	NIEKŁONICE		POL	K30-39	51	K 127	00:11:00	00:23:12	00:34:38.44	6:55	8.7
367	JANAS KAROLINA	124	KOSZALIN		POL	K18-29	16	K 128	00:11:02	00:23:15	00:35:10.95	7:02	8.5
368	KARWAN KRYSZTIAN	151	KOSZALIN		POL	M30-39	73	M 240	00:11:52	00:25:21	00:35:16.69	7:03	8.5
369	BENEWIAT ZENON	18	SŁUPSK		POL	M50-59	25	M 241	00:11:38	00:23:57	00:35:25.81	7:05	8.5
370	BENEWIAT ALEKSANDRA	17	SŁUPSK		POL	K50-59	12	K 129	00:11:38	00:23:58	00:35:26.91	7:05	8.5
371	ZUBEL BEATA	449	SŁUPSK		POL	K50-59	13	K 130	00:11:38	00:23:58	00:35:26.94	7:05	8.5
372	MACIEJEWSKA AGNIESZKA	233	KOŁOBRZEG		POL	K18-29	17	K 131	00:11:26	00:24:23	00:35:39.29	7:08	8.4
373	HEDDERGOTT KATARZYNA	111	KOSZALIN		POL	K40-49	40	K 132	00:11:38	00:24:18	00:35:50.86	7:10	8.4
374	RYHANYCZ PAWEŁ	345	KOSZALIN		POL	M40-49	85	M 242	00:11:38	00:24:18	00:35:51.69	7:10	8.4
375	JEZIOWSKA DANUTA	87	KOSZALIN		POL	K50-59	14	K 133	00:11:47	00:24:18	00:36:11.22	7:14	8.3
376	SIENKIEWICZ MONIKA	89	KOSZALLIN		POL	K50-59	15	K 134	00:11:48	00:24:18	00:36:11.60	7:14	8.3
377	SIENKIEWICZ EWELINA	343	KOSZALIN		POL	K30-39	52	K 135	00:11:48	00:24:18	00:36:12.58	7:14	8.3
378	WYDERKA AGNIESZKA	434	KOBYLNICZA		POL	K18-29	18	K 136	00:11:38	00:24:16	00:36:40.67	7:20	8.2
379	WOJTYNA JERZY	426	KOSZALIN		POL	M60-69	11	M 243	00:11:43	00:24:45	00:36:40.70	7:20	8.2
380	ŚCIEPLEK MATEUSZ	392	SIANÓW		POL	M30-39	74	M 244	00:11:16	00:25:12	00:37:38.11	7:31	8
381	PASEK JAN	299	KLUB BIEGOWY JANTAR ŚWIESZYNO		POL	M60-69	12	M 245	00:12:17	00:25:42	00:38:19.48	7:39	7.8
382	LUBIERSKI MARCIN	227	KOSZALIN		POL	M40-49	86	M 246	00:12:43	00:27:46	00:41:16.93	8:15	7.3
383	LUBIERSKA EWA	226	KOSZALIN		POL	K40-49	41	K 137	00:12:43	00:27:46	00:41:17.08	8:15	7.3
384	WOŹNIAK IWONA	430	RESKO		POL	K40-49	42	K 138	00:13:20	00:27:20	00:41:45.99	8:21	7.2
DNC	KACZYŃSKI HENRYK	142	GRYFICE		POL	M60-69	DNC	DNC	00:11:07		00:22:47.29	0:00	13.2