

## TRIADA MARATON NOCNE PIENINY

Organizator: Fundacja Kocham Góry  
Data: 2020-01-04  
Miejsce: Krościenko nad Dunajcem  
Dystans: 11 km  
Klasyfikacja wg czasów brutto.



### TRIADA MARATON NOCNE PIENINY, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	Netto	Brutto	min/km	km/h
1	KOŚCIELNIAK KACPER	272	SALCO GARMIN TEAM	RABA NIŻNA	POL	M16-29	1	M 1	00:24:31	00:48:44.40	00:48:45.35	4:25	13.5
2	FLOREK SEBASTIAN	237	NORAFSPORT / SPORT HG	GABOŃ	POL	M30-39	1	M 2	00:25:28	00:52:17.30	00:52:18.65	4:45	12.6
3	GAWLIK SŁAWEK	242		KRAKÓW	POL	M30-39	2	M 3	00:26:08	00:53:17.80	00:53:19.35	4:50	12.4
4	FABIAN MARCEL	235	SOCIOS SILESIA	PYSKOWICE	POL	M16-29	2	M 4	00:25:43	00:53:48.20	00:53:49.95	4:53	12.3
5	STROINSKI DANIEL	241		WARSZAWA	POL	M30-39	3	M 5	00:26:41	00:54:54.80	00:54:56.75	4:59	12
6	BEREŚ ARKADIUSZ	203		RZESZÓW	POL	M30-39	4	M 6	00:27:18	00:55:32.30	00:55:33.35	5:02	11.9
7	CYRAN PIOTR	225	NOA	NYSA	POL	M30-39	5	M 7	00:27:27	00:55:50.45	00:55:52.90	5:04	11.8
8	KLONOWSKI KAMIL	271	CARBON OCR RACING TEAM	ŁAZISKA GÓRNE	POL	M30-39	6	M 8	00:27:52	00:57:06.20	00:57:07.25	5:11	11.6
9	SAWA PIOTR	617		LUBLIN	POL	M16-29	3	M 9	00:28:51	00:59:29.10	00:59:49.85	5:24	11.1
10	TYNUS GRZEGORZ	667	NKK	FRYDMAN		M40-49	1	M 10	00:29:24	01:01:15.20	01:01:17.15	5:34	10.8
11	RYBAK PRZEMYSŁAW	341	PRZE(W)AGA	PULAWY	POL	M30-39	7	M 11	00:30:25	01:03:16.70	01:03:18.95	5:45	10.4
12	NOWAK LUKASZ	322	NOA / CS RUNNING TEAM	WROCŁAW	POL	M30-39	8	M 12	00:30:51	01:03:35.45	01:04:06.25	5:46	10.4
13	MAŁEK DAREN	307		RUDA ŚLĄSKA	POL	M30-39	9	M 13	00:30:21	01:04:17.10	01:04:18.45	5:50	10.3
14	OLEJNIK FRANCISZEK	326	INŻYNIERIA BIEGANIA TEAM	IMIELIN	POL	M16-29	4	M 14	00:30:25	01:04:05.60	01:04:22.65	5:49	10.3
15	JARNOT KONRAD	256	BIEGAM W KATO :)	KATOWICE	POL	M30-39	10	M 15	00:32:36	01:06:09.85	01:06:30.00	6:00	10
16	SOWA GRZEGORZ	353	STG-KRAKÓW ŚRÓDMIEŚCIE	ŚWIDNIK	POL	M30-39	11	M 16	00:32:19	01:06:34.45	01:06:40.45	6:03	9.9
17	SZELAĞ DARIUSZ	360	LISY PUSTYNI	KLUCZE	POL	M40-49	2	M 17	00:32:02	01:06:37.90	01:06:51.25	6:03	9.9
18	CICHOCKI TOMASZ	223	PELETON	ALEKSANDRÓW ŁÓDZKI	POL	M30-39	12	M 18	00:32:42	01:07:01.60	01:07:03.65	6:05	9.8
19	BROL DOMINIKA	209	ENDURANCE TEAM	SIEMIANOWICE	POL	K30-39	1	K 1	00:32:57	01:07:01.45	01:07:04.70	6:05	9.8
20	JASIULEWICZ ANNA	258	BIAŁYSTOK BIEGA TEAM	JÓZEFOSŁAW	POL	K40-49	1	K 2	00:32:43	01:07:11.45	01:07:13.00	6:06	9.8
21	SKORUPKA LESZEK	348	M3 SIEDLCE	SIEDLCE	POL	M40-49	3	M 19	00:33:29	01:07:30.10	01:07:37.90	6:08	9.8
22	FEICHTINGER MAREK	236		ŻORY	POL	M40-49	4	M 20	00:32:15	01:07:38.90	01:07:42.15	6:09	9.8
23	KUCZYK SZYMON	288	ENDURANCE TEAM	SIEMIANOWICE	POL	M40-49	5	M 21	00:33:18	01:07:50.00	01:07:53.95	6:10	9.7
24	BIEŃ PRZEMYSŁAW	205	KS RYGLICE- SEKCJA BIEGOWA	JONINY	POL	M30-39	13	M 22	00:31:11	01:08:45.35	01:08:45.35	6:15	9.6
25	BYRCZEK MICHAŁ	216	WATAHA	WROCŁAW	POL	M30-39	14	M 23	00:34:36	01:08:48.25	01:09:05.50	6:15	9.6
26	MĘDRYKOWSKI DAMIAN	311		SANDOMIERZ	POL	M30-39	15	M 24	00:33:56	01:09:27.95	01:09:34.70	6:18	9.5
27	MARCINKOWSKI BARTOSZ	308	SACKY RUNNERS	JAWORZNO	POL	M16-29	5	M 25	00:32:57	01:09:36.50	01:09:46.45	6:19	9.5
28	MICHAŁSKI DAMIAN	313	ALIOR RUNNING TEAM	WARSZAWA	POL	M40-49	6	M 26	00:32:14	01:09:59.05	01:10:01.45	6:21	9.4
29	KOLACHA PATRYK	275	STUDIO GTS	IMIELIN	POL	M16-29	6	M 27	00:33:29	01:10:05.25	01:10:09.25	6:22	9.4
30	KRAWCZYK KAROL	283	LENIWY INACZEJ	JAWORZNO	POL	M30-39	16	M 28	00:34:37	01:10:40.75	01:10:45.00	6:25	9.3
31	DROŚ ALEKSANDER	228	POWER TRAINING	WARSZAWA	POL	M30-39	17	M 29	00:33:58	01:10:37.75	01:10:45.30	6:25	9.3
32	OSIAK ARTUR	327	BIEGUSIEM.PL	GOŁĄB	POL	M30-39	18	M 30	00:33:58	01:10:37.30	01:10:45.40	6:25	9.3
33	ZIĘCINA SYLWIA	395	ATLANTIC	KRAKÓW	POL	K30-39	2	K 3	00:34:23	01:10:44.90	01:10:46.65	6:25	9.3
34	DYLEG ANDRZEJ	669	LIMANOWA FOREST			M40-49	7	M 31	00:33:41	01:10:27.30	01:10:53.75	6:24	9.4
35	WŁOCH SŁAWOMIR	380		KROSNO	POL	M50-59	1	M 32	00:34:25	01:11:16.00	01:11:24.75	6:28	9.3
36	MACIEJEWSKI DANIEL	336		LUBLIN	POL	M30-39	19	M 33	00:33:20	01:11:10.95	01:11:31.75	6:28	9.3
37	KOZIEŁ KRZYSZTOF	282		GLIWICE	POL	M30-39	20	M 34	00:33:37	01:11:31.60	01:11:46.10	6:30	9.2
38	SOSNOWSKA AGNIESZKA	352	SOSNA RADOSNA	SOSNOWIEC	POL	K40-49	2	K 4	00:34:40	01:11:57.10	01:11:59.75	6:32	9.2
39	ŁOBODOWSKI MARCIN	299	RACEFIGHTER GOSIR DĘBE WIELKIE	SIENICA	POL	M30-39	21	M 35	00:34:12	01:12:27.95	01:12:32.95	6:35	9.1
40	CIERPIOŁ ANDRZEJ	224	SACKY RUNNERS	JAWORZNO	POL	M16-29	7	M 36	00:36:45	01:12:50.65	01:13:00.45	6:37	9.1
41	PRZYBYLSKI TOMASZ	339	TRI TOMAJ	POZNAŃ	POL	M40-49	8	M 37	00:37:05	01:13:06.05	01:13:24.55	6:38	9
42	CHODOWIEC KAROLINA	221	ADIDAS RUNNERS WARSAW	GDYNIA	POL	K30-39	3	K 5	00:35:50	01:13:14.60	01:13:25.20	6:39	9
43	GRUSZKA GRZEGORZ	250	ENDURANCE TEAM	SIEMIANOWICE	POL	M40-49	9	M 38	00:35:28	01:13:40.95	01:13:45.25	6:41	9
44	SAWCZUK ROBERT	343	PADRE TEAM	NOWA WIOSKA	POL	M30-39	22	M 39	00:37:47	01:13:24.45	01:13:52.10	6:40	9
45	SZKODA KASIA	361		POZNAŃ	POL	K16-29	1	K 6	00:36:14	01:13:49.90	01:14:04.80	6:42	8.9
46	OŻGA SEBASTIAN	329		TYCHY	POL	M30-39	23	M 40	00:36:45	01:13:57.70	01:14:11.05	6:43	8.9

**TRIADA MARATON NOCNE PIENINY, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	Netto	Brutto	min/km	km/h
47	STEFANIUK ROMAN	357		SIEDLCE	POL	M50-59	2	M 41	00:35:44	01:14:03.75	01:14:11.70	6:44	8.9
48	PYTEL WALDEK	340	YULO RANTEAM SIEDLCE	SIEDLCE	POL	M50-59	3	M 42	00:36:56	01:14:02.30	01:14:11.75	6:43	8.9
49	DZIERŻAK ELŻBIETA	233	HUSARIA RACE TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	3	K 7	00:36:55	01:14:11.10	01:14:28.05	6:44	8.9
50	CHILICKA MARTA	219	RED LION CLUB	MIĘDZYRZEC PODLASKI	POL	K30-39	4	K 8	00:35:41	01:14:42.85	01:14:46.80	6:47	8.8
51	KALISZAN KRZYSZTOF	263	12 WBOT	ZALASEWO	POL	M16-29	8	M 43	00:36:15	01:14:35.55	01:14:49.75	6:46	8.8
52	LUTEREK MICHAŁ	298		WARSZAWA	POL	M40-49	10	M 44	00:36:34	01:14:58.90	01:15:10.65	6:49	8.8
53	KITOWSKA ANNA	232	PERFECT RUNNER TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	4	K 9	00:36:55	01:15:04.70	01:15:21.05	6:49	8.8
54	NOWIŃSKI MARCIN	324	HUSARIA RACE TEAM	TARNÓW	POL	M16-29	9	M 45	00:36:34	01:15:12.80	01:15:30.20	6:50	8.8
55	STANKIEWICZ TOMASZ	355	GT TEAM	KRAKÓW	POL	M30-39	24	M 46	00:37:29	01:15:07.10	01:15:30.85	6:49	8.8
56	POŁOM RAFAŁ	335	NOA	WROCŁAW	POL	M30-39	25	M 47	00:37:19	01:15:21.10	01:15:33.65	6:51	8.8
57	WOLAŃCZUK PIOTR	388		ZAMOŚĆ	POL	M16-29	10	M 48	00:36:04	01:15:48.95	01:15:54.65	6:53	8.7
58	WOLAŃCZUK MARCIN	387		WARSZAWA	POL	M30-39	26	M 49	00:36:02	01:15:48.40	01:15:54.95	6:53	8.7
59	GRABOWSKI DAMIAN	248	-	POZNAŃ	POL	M30-39	27	M 50	00:37:14	01:16:30.70	01:16:44.30	6:57	8.6
60	KUNA ALEKSANDRA	290		LIPOWIEC	POL	K30-39	5	K 10	00:37:16	01:16:35.90	01:16:55.05	6:57	8.6
61	SZPUNAR MACIEJ	364	ROBIĘ TO DLA SIEBIE	GDYNIA	POL	M40-49	11	M 51	00:38:08	01:16:08.30	01:17:02.85	6:55	8.7
62	WALKOWSKI TOMASZ	370	JACEKBIEGA RUNNING TEAM	NOWA IWICZNA	POL	M50-59	4	M 52	00:38:16	01:16:59.70	01:17:14.05	7:00	8.6
63	KOWALSKI KRZYSZTOF	279	HRMAXCROSSTEAM	SOPOT	POL	M50-59	5	M 53	00:37:50	01:17:18.20	01:17:28.30	7:01	8.5
64	WENARSKI GRZEGORZ	626		BELŻYCE	POL	M30-39	28	M 54	00:38:20	01:17:23.50	01:17:44.30	7:02	8.5
65	SZKUDLAREK ARTUR	362	ANDRYCHÓW RUNNING	ANDRYCHÓW	POL	M30-39	29	M 55	00:37:10	01:17:34.30	01:17:58.80	7:03	8.5
66	SOBCZYK PIOTR	349		KIELCE	POL	M40-49	12	M 56	00:37:46	01:17:49.50	01:18:04.00	7:04	8.5
67	NOWICKI ARTUR	323		KONSTANTYNÓW	POL	M30-39	30	M 57	00:38:59	01:18:14.95	01:18:43.30	7:06	8.4
68	ZIELIŃSKA IWONA	394	KUJAWSCY RUNNERS	GDAŃSK	POL	K40-49	5	K 11	00:40:04	01:18:45.00	01:19:02.65	7:09	8.4
69	GŁOWACKI JERZY	243	JUVENIA KRAKÓW	KRAKÓW	POL	M30-39	31	M 58	00:40:01	01:18:46.35	01:19:19.20	7:09	8.4
70	ADAMCZAK BARBARA	200	TRAVOIS	KATOWICE	POL	K40-49	6	K 12	00:39:21	01:19:08.10	01:19:19.65	7:11	8.3
71	CZAPSKI PIOTR	227		WARSZAWA	POL	M50-59	6	M 59	00:39:41	01:19:03.45	01:19:20.70	7:11	8.3
72	WOJTASIK GRZEGORZ	386	STALOWOWOLSKI KLUB BIEGACZA	STALOWA WOLA	POL	M40-49	13	M 60	00:39:44	01:19:33.35	01:19:42.40	7:13	8.3
73	KLATKA ARLETA	270	BBL TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	K40-49	7	K 13	00:38:08	01:20:23.55	01:20:35.00	7:18	8.2
74	GOŹDZIK TOMEK	244		BYDGOSZCZ	POL	M16-29	11	M 61	00:37:14	01:20:19.25	01:20:37.45	7:18	8.2
75	KOCHANOWSKI SEBASTIAN	274	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M40-49	14	M 62	00:39:08	01:20:10.60	01:20:38.55	7:17	8.2
76	KOWALSKI ŁUKASZ	281	BYCHAWA RUNNERS	OSMOLICE PIERWSZE	POL	M30-39	32	M 63	00:37:54	01:20:19.65	01:20:40.65	7:18	8.2
77	MICHAŁAK SŁAWOMIR	312	INZYNIER.EU NOSI TRAILOWE BOTKI	PRUSZKÓW	POL	M50-59	7	M 64	00:39:36	01:20:45.20	01:20:45.20	7:20	8.2
78	KOPEC RENATA	276	KS STASZEWSKY	WARSZAWA	POL	K40-49	8	K 14	00:40:02	01:20:31.05	01:21:00.05	7:19	8.2
79	KALETA ANNA	262		KRAKÓW	POL	K30-39	6	K 15	00:40:34	01:20:45.15	01:21:06.30	7:20	8.2
80	WIATR WOJCIECH	374	ENDURANCE TEAM	CHORZÓW	POL	M40-49	15	M 65	00:39:53	01:21:03.25	01:21:09.00	7:22	8.1
81	SALIŃSKI BARTOSZ	342	WKURW_TEAM	KATOWICE	POL	M30-39	33	M 66	00:39:52	01:21:05.85	01:21:16.40	7:22	8.1
82	KOWALSKI SZYMON	280	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49	16	M 67	00:40:55	01:21:05.20	01:21:27.15	7:22	8.1
83	SZCZĘSNA EDYTA	359	CARBON OCR RACING TEAM	CZECHOWICE-DZIEDZICE	POL	K30-39	7	K 16	00:41:02	01:21:26.05	01:21:53.15	7:24	8.1
84	KUDZIOR PIOTR	289	PRO366	POZNAŃ	POL	M16-29	12	M 68	00:40:22	01:21:58.60	01:22:06.85	7:27	8.1
85	KURPANIK KAROL	292		WROCŁAW	POL	M30-39	34	M 69	00:39:12	01:22:03.45	01:22:22.35	7:27	8
86	FRĄCKIEWICZ KAROL	240	SCV	ZĄBKI	POL	M40-49	17	M 70	00:41:03	01:22:53.40	01:23:03.35	7:32	8
87	BAĆMAGA TOMASZ	202		RADOM	POL	M30-39	35	M 71	00:41:19	01:23:09.20	01:23:14.70	7:33	7.9
88	BULANDA BARBARA	212	ŻUBRY BOCHNIA	BOCHNIA	POL	K30-39	8	K 17	00:40:31	01:23:03.90	01:23:21.90	7:33	7.9
89	SOWA-OKRASA SYLWIA	354	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K40-49	9	K 18	00:39:47	01:23:42.25	01:23:46.35	7:36	7.9
90	WALACJ JACEK	369	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M30-39	36	M 72	00:40:41	01:23:39.20	01:23:46.65	7:36	7.9
91	ŁUCZKA SYLWIA	300	KASTYO / VEGE RUNNERS	TOMASZÓW MAZOWIECKI	POL	K16-29	2	K 19	00:40:55	01:23:25.15	01:23:56.15	7:35	7.9
92	KUŚ TOMASZ	286	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	M30-39	37	M 73	00:42:00	01:23:28.00	01:24:02.85	7:35	7.9
93	KACZMARCZYK KRZYSZTOF	261	ŻUBRY BOCHNIA	BOCHNIA	POL	M40-49	18	M 74	00:40:34	01:23:48.50	01:24:06.85	7:37	7.9
94	KARPIEL MAGDALENA	266	SFITRUN.PL	KRAKÓW	POL	K16-29	3	K 20	00:41:18	01:23:55.90	01:24:21.90	7:37	7.9
95	WIECZOREK ŁUKASZ	376	OSP GAŚAWA	GAŚAWA	POL	M30-39	38	M 75	00:38:44	01:24:22.65	01:24:51.30	7:40	7.8
96	JĘDZIKOWSKI MARCIN	260	RUN TEAM GAŚAWA	GAŚAWA	POL	M40-49	19	M 76	00:38:44	01:24:23.50	01:24:52.40	7:40	7.8
97	GOCLÓWSKI CEZARY	245		PIASECZNO	POL	M40-49	20	M 77	00:39:11	01:24:25.60	01:24:57.90	7:40	7.8
98	WAŁĘGA MONIKA	371		DĘBICA	POL	K30-39	9	K 21	00:42:46	01:24:27.45	01:25:07.65	7:40	7.8
99	KOBIALKA IREK	273		DĘBICA	POL	M40-49	21	M 78	00:42:50	01:24:28.05	01:25:08.10	7:40	7.8
100	MASTALERZ MARCIN	597		KARNICE	POL	M50-59	8	M 79	00:41:20	01:25:09.30	01:25:14.40	7:44	7.8
101	CAŁKA AGNIESZKA	217	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	10	K 22	00:43:08	01:24:41.10	01:25:21.80	7:41	7.8
102	CAŁKA GRZEGORZ	218	RADZYMIN RUN TEAM	RADZYMIN	POL	M40-49	22	M 80	00:43:09	01:24:42.35	01:25:22.05	7:42	7.8
103	GROCHAŁ MARCIN	249	PSEUDOMOUNTAINRUNNER	WYGIELZÓW	POL	M40-49	23	M 81	00:41:54	01:25:09.40	01:25:36.45	7:44	7.8

**TRIADA MARATON NOCNE PIENINY, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	Netto	Brutto	min/km	km/h
104	WOJAS JAKUB	383	INŻYNIERIA BIEGANIA	MYSŁOWICE	POL	M30-39	39	M 82	00:41:51	01:25:35.70	01:25:58.55	7:46	7.7
105	WONKO EWA	389	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	K30-39	10	K 23	00:42:34	01:25:47.50	01:26:10.05	7:48	7.7
106	NIMSZ BARTOSZ	320		KOŚCIERZYCE	POL	M30-39	40	M 83	00:43:47	01:25:56.25	01:26:16.75	7:48	7.7
107	SITKOWSKI KAMIL	346		WARSZAWA	POL	M30-39	41	M 84	00:44:00	01:26:16.10	01:26:37.95	7:50	7.7
108	POGORZELSKA KATARZYNA	333	BWM TEAM	WARSZAWA	POL	K40-49	11	K 24	00:43:35	01:26:27.90	01:27:06.25	7:51	7.6
109	NOWAK BEATA	321		LUBLIN	POL	K30-39	11	K 25	00:41:13	01:27:01.00	01:27:17.35	7:54	7.6
110	NIMSZ KAMILA	206	KB HARCOWNIK JELCZ-LASKOWICE	BRZEG	POL	K30-39	12	K 26	00:44:37	01:26:59.80	01:27:21.55	7:54	7.6
111	STEC IWONA	356		WILKOWICE	POL	K30-39	13	K 27	00:43:22	01:26:59.05	01:27:29.20	7:54	7.6
112	NOWOTARSKI WOJTEK	325		JAWORZNO	POL	M30-39	42	M 85	00:39:32	01:27:32.75	01:27:41.00	7:57	7.5
113	KINDRYK TOMASZ	269	ZAGŁĘBIOWSKI KLUB OYAMA KARATE	CHRZANÓW	POL	M40-49	24	M 86	00:43:02	01:27:34.85	01:28:02.80	7:57	7.5
114	MAZURKIEWICZ JOLANTA	310	BYCHAWA RUNNERS / NAJWIĘKSZA ARMIA ŚWIATA	BYCHAWA	POL	K30-39	14	K 28	00:43:12	01:27:49.05	01:28:05.70	7:59	7.5
115	TOCZEWSKA ANNA	367	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K50-59	1	K 29	00:42:29	01:28:00.00	01:28:13.90	8:00	7.5
116	MUCHA MAREK	318	APOSTLES OF STARS	KRAKÓW	POL	M30-39	43	M 87	00:42:51	01:27:37.00	01:28:19.35	7:57	7.5
117	DZIEWIATOWSKA AGNIESZKA	234		ZŁOTÓW	POL	K40-49	12	K 30	00:43:34	01:27:59.20	01:28:21.85	7:59	7.5
118	NOWACZYK ROBERT	455		POZNAŃ	POL	M30-39	44	M 88	00:44:22	01:27:47.90	01:28:30.75	7:58	7.5
119	ŻYLSKI JANUSZ	665	DZIADY OCR	WIELICZKA	POL	M50-59	9	M 89	00:42:00	01:28:22.30	01:28:33.55	8:02	7.5
120	ZARĘBA BEATA	393	BIEGAM BO LUBIĘ NOCĄ WARSZAWA	PRUSZKÓW	POL	K30-39	15	K 31	00:43:34	01:29:30.25	01:29:54.10	8:08	7.4
121	GODLEWSKI CEZARY	246		WARSZAWA	POL	M30-39	45	M 90	00:43:33	01:29:30.90	01:29:54.75	8:08	7.4
122	BRĘCZEWSKI ANDRZEJ	208	UKS KOPERNIK	BYDGOSZCZ	POL	M50-59	10	M 91	00:44:19	01:29:30.85	01:30:05.90	8:08	7.4
123	CYWIŃSKI PAWEŁ	226	AKG	ŁÓDŹ	POL	M40-49	25	M 92	00:43:35	01:29:59.95	01:30:23.35	8:10	7.3
124	KĘPARA MARCIN	267	ADVA OPTICAL NETWORKING	GDAŃSK	POL	M30-39	46	M 93	00:44:44	01:30:17.50	01:30:56.95	8:12	7.3
125	MALAWKO ALEKSANDRA	305		WARSZAWA	POL	K40-49	13	K 32	00:44:13	01:30:55.25	01:31:10.95	8:15	7.3
126	SKŁADANOWSKA BEATA	347	EUROCASH TEAM	WARSZAWA	POL	K30-39	16	K 33	00:44:01	01:30:49.35	01:31:16.00	8:15	7.3
127	NIEDŹWIEDZ TOMASZ	319	RED LION CLUB	ŚWIDNIK	POL	M40-49	26	M 94	00:41:23	01:31:19.65	01:31:24.40	8:18	7.2
128	CHRAPLEWSKA KAROLINA	222	PRO366	POZNAŃ	POL	K30-39	17	K 34	00:45:03	01:31:43.35	01:31:57.30	8:20	7.2
129	KOWALSKA-GRZEJDA ANNA	278		WARSZAWA	POL	K40-49	14	K 35	00:44:20	01:31:35.40	01:31:59.45	8:19	7.2
130	PAPROCKI BARTŁOMIEJ	330		RABKA-ZDRÓJ	POL	M40-49	27	M 95	00:43:56	01:32:20.50	01:33:03.45	8:23	7.1
131	MAKLES WIOLETTA	304	EUROPA UBEZPIECZENIA / NOA	WROCLAW	POL	K40-49	15	K 36	00:49:02	01:33:31.50	01:34:00.55	8:30	7.1
132	GAŚSIOROWSKA DOROTA	251	LADIESLOSTGAŚBAGAS	WARSZAWA	POL	K50-59	2	K 37	00:46:16	01:33:33.50	01:34:09.45	8:30	7.1
133	BUDNY ALEKSANDRA	211	KRAŚNIK BIEGA	HALINÓW	POL	K40-49	16	K 38	00:47:01	01:33:59.05	01:34:19.85	8:32	7
134	WILK MAGDALENA	378	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40-49	17	K 39	00:46:35	01:34:35.90	01:34:51.95	8:35	7
135	KĄDZIOŁKA JAN	284	K2	GLIWICE	POL	M50-59	11	M 96	00:44:14	01:34:27.35	01:35:11.40	8:35	7
136	KĄDZIOŁKA ŁUKASZ	285	K2	KATOWICE	POL	M30-39	47	M 97	00:44:12	01:34:28.05	01:35:11.70	8:35	7
137	POGORZELSKI GRZEGORZ	334	BWM TEAM	WARSZAWA	POL	M40-49	28	M 98	00:44:51	01:34:46.70	01:35:24.95	8:36	7
138	DYDERSKA WIOLETTA	230	WIOLAADI	WARSZAWA	POL	K40-49	18	K 40	00:47:50	01:35:19.00	01:35:40.15	8:39	6.9
139	WINIARCZYK ADRIAN	379	WIOLAADI	STARY KONIK	POL	M30-39	48	M 99	00:47:50	01:35:20.10	01:35:40.75	8:40	6.9
140	WIELIŃSKA-JACHYMIAK OLGA	377	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	NOWY TARG	POL	K40-49	19	K 41	00:46:17	01:35:16.65	01:35:57.90	8:39	6.9
141	ROGUSKA KLAUDIA	666	RADZYMIN RUN TEAM	RADZYMIN		K30-39	18	K 42	00:47:45	01:35:34.20	01:36:12.25	8:41	6.9
142	JARZĄBEK AGNIESZKA	257	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	20	K 43	00:47:45	01:35:34.35	01:36:12.55	8:41	6.9
143	SZYMAŃSKA AGATA	365	RADZYMIN RUN TEAM	RADZYMIN	POL	K30-39	19	K 44	00:47:44	01:35:33.55	01:36:12.65	8:41	6.9
144	KOSMAŁA PRZEMEK	277	MARCINSWIERCTEAM	KRAKÓW	POL	M30-39	49	M 100	00:42:12	01:35:56.40	01:36:13.50	8:43	6.9
145	MAGNUSZEWSKA IZABELA	302	CARBON OCR RACING TEAM	KNURÓW	POL	K40-49	21	K 45	00:46:21	01:36:18.05	01:36:35.50	8:45	6.9
146	MASTALERZ KATARZYNA	309	SŁONIÓWKA	KARNICE	POL	K40-49	22	K 46	00:46:35	01:36:34.85	01:36:44.35	8:46	6.8
147	WIECHA MARCIN	375		WARSZAWA	POL	M40-49	29	M 101	00:47:25	01:37:28.55	01:38:01.40	8:51	6.8
148	FRIEZE KRZYSZTOF	239	ORANGE POLSKA	ŁÓDŹ	POL	M40-49	30	M 102	00:49:29	01:37:53.85	01:38:16.70	8:54	6.7
149	FRIEZE TATIANA	298	DROGA DO ULTRA	ŁÓDŹ	POL	K40-49	23	K 47	00:49:29	01:37:54.05	01:38:16.70	8:54	6.7
150	SZYSZKA MACIEJ	366	KETO KOTY	POZNAŃ	POL	M30-39	50	M 103	00:49:02	01:37:48.35	01:38:30.40	8:53	6.7
151	WOJNO MAŁGORZATA	385	DROGA DO ULTRA	ŁÓDŹ	POL	K30-39	20	K 48	00:44:34	01:38:18.90	01:38:42.45	8:56	6.7
152	ZABŁOCKA MAŁGORZATA	390	NATIONALE-NEDERLANDEN	WARSZAWA	POL	K40-49	24	K 49	00:49:02	01:38:21.80	01:38:49.85	8:56	6.7
153	WIŚNIEWSKI PAWEŁ	373	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30-39	51	M 104	00:45:17	01:38:29.30	01:39:03.45	8:57	6.7
154	ZACHARA KATARZYNA	391		KRAKÓW	POL	K30-39	21	K 50	00:48:44	01:38:28.15	01:39:05.00	8:57	6.7
155	WRZESIŃSKA JOANNA	252		BYDGOSZCZ	POL	K40-49	25	K 51	00:50:13	01:38:37.00	01:39:08.10	8:57	6.7
156	LORENC-KRUSZYŃSKA SYLWIA	295	FORDONRUNNERS/WKURW_TEAM	BYDGOSZCZ	POL	K30-39	22	K 52	00:50:12	01:38:36.45	01:39:08.45	8:57	6.7
157	WNOROWSKA MAGDALENA	381	RMF4RT GLADIATORS	ŁOMIANKI	POL	K40-49	26	K 53	00:46:13	01:39:02.55	01:39:15.10	9:00	6.7
158	LUC ADAM	296	BIEGUSIEM.PL	RYKI	POL	M40-49	31	M 105	00:48:59	01:39:23.10	01:39:35.85	9:02	6.6

**TRIADA MARATON NOCNE PIENINY, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	Netto	Brutto	min/km	km/h
159	MAKARZEC-SURMA AGNIESZKA	303	BIŁGORAJ	BIŁGORAJ	POL	K30-39	23	K 54	00:48:09	01:39:52.95	01:40:26.30	9:04	6.6
160	MORITZ KAROL	315	BIEGIEM DLA MAGDY	MOKRE	POL	M50-59	12	M 106	00:50:00	01:40:56.45	01:41:21.35	9:10	6.5
161	ŻACZEK ANNA	664	BIEGUSIEM.PL	RYKI	POL	K40-49	27	K 55	00:50:03	01:41:50.60	01:42:01.35	9:15	6.5
162	KĘPKA-WAROWNA WERONIKA	268	BIEGUSIEM.PL	RYKI	POL	K40-49	28	K 56	00:50:02	01:41:50.60	01:42:01.75	9:15	6.5
163	PATEREK ADA	332		WARSZAWA	POL	K40-49	29	K 57	00:49:25	01:41:50.00	01:42:14.65	9:15	6.5
164	WEBER AGATA	372	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K40-49	30	K 58	00:49:32	01:42:07.90	01:42:15.70	9:17	6.5
165	KUBLER ANNA	287		KRAKÓW	POL	K40-49	31	K 59	00:51:26	01:42:06.75	01:42:42.65	9:17	6.5
166	JATA MARTA	259	WW TEAM	LUBLIN	POL	K30-39	24	K 60	00:50:52	01:42:55.70	01:43:12.25	9:21	6.4
167	JARACZ-PATEREK ALINA	254	NOA	WROCŁAW	POL	K40-49	32	K 61	00:50:29	01:42:46.25	01:43:15.75	9:20	6.4
168	PRZEBINDA RENATA	338	#ADAMCZERWIŃSKITEAM	WOŁOWICE	POL	K40-49	33	K 62	00:51:48	01:43:40.25	01:44:04.85	9:25	6.4
169	MACKIEWICZ DOROTA	301	EAT RUN FUN	WARSZAWA	POL	K40-49	34	K 63	00:51:22	01:43:49.10	01:44:07.30	9:26	6.4
170	KAPŁON ANNA	264		WARSZAWA	POL	K40-49	35	K 64	00:51:27	01:45:19.05	01:45:37.35	9:34	6.3
171	BOBINSKA MARTA	207		LOSICE	POL	K30-39	25	K 65	00:51:49	01:45:25.95	01:46:03.30	9:35	6.3
172	MROZIK MAGDALENA	317	POWER TRAINING	WARSZAWA	POL	K30-39	26	K 66	00:51:50	01:45:26.30	01:46:03.45	9:35	6.3
173	IDZIK ANGELIKA	253	HUSARIA RACE TEAM	POZNAŃ	POL	K16-29	4	K 67	00:51:01	01:45:52.55	01:46:08.95	9:37	6.2
174	TROJANEK EDYTA	368	SENSORYBEAUTY.PL	WARSZAWA	POL	K40-49	36	K 68	00:54:01	01:50:50.20	01:51:19.40	10:04	6
175	KURKUS ALEKSANDER	291	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M40-49	32	M 107	00:51:56	01:51:41.35	01:52:14.90	10:09	5.9
176	SIERECKI ZBIGNIEW	344	TEAM ZABIEGANEDNI // WKURW_TEAM	ŻELECHÓW	POL	M40-49	33	M 108	00:51:00	01:51:38.60	01:52:20.00	10:09	5.9
177	SOKOŁOWSKI ARTUR	350	TEAM ZABIEGANEDNI	OTWOCK	POL	M40-49	34	M 109	00:51:40	01:52:14.70	01:52:40.90	10:12	5.9
178	SZLAKOWICZ EWA	363		ŁÓDŹ	POL	K40-49	37	K 69	00:57:11	01:55:19.85	01:55:54.25	10:29	5.7
179	MALEWSKI TOMASZ	306		ŁÓDŹ	POL	M40-49	35	M 110	00:57:11	01:55:20.15	01:55:54.55	10:29	5.7
180	WITKOWSKA MARIA	668		K60+			1	K 70	00:58:21	02:07:59.65	02:08:55.15	11:38	5.2
181	BUTRYN WOJCIECH	215	BBKTS	KRAKÓW	POL	M40-49	36	M 111	00:59:37	02:08:01.80	02:08:57.00	11:38	5.2
182	MICHOŃ KRYSZTIAN	314		DĘBICA	POL	M30-39	52	M 112	00:43:55			8:47	6.8
183	JARECKA KATARZYNA	255	ALLERGAN RUNNING TEAM	WARSZAWA	POL	K40-49	38	K 71	00:44:46			8:57	6.7