

## TRIADA MARATON ŁĄCZNIE

Organizator: Fundacja Kocham Góry  
Data: 2020-01-05  
Miejsce: Krościenko nad Dunajcem  
Dystans: 45 km  
Klasyfikacja wg czasów brutto.



## TRIADA MARATON ŁĄCZNIE, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne	Beskid	Netto	Brutto	min/km	km/h	
											Pieniny	Sądecki				
1	KOŚCIELNIAK KACPER	272	SALCO GARMIN TEAM	RABA NIŻNA	POL	M16-29	1	M 1	01:19:45.00	00:48:45.00	01:50:22.00	03:58:48.00	03:58:52.00	5:18	11.3	
2	FLOREK SEBASTIAN	237	NORAFSPORT / SPORT HG	GABOŃ	POL	M30-39	1	M 2	01:27:25.00	00:52:18.00	01:55:02.00	04:14:41.00	04:14:45.00	5:39	10.6	
3	FABIAN MARCEL	235	SOCIOS SILESIA	PYSKOWICE	POL	M16-29	2	M 3	01:27:12.00	00:53:49.00	01:56:15.00	04:17:13.00	04:17:16.00	5:42	10.5	
4	BEREŚ ARKADIUSZ	203		RZESZÓW	POL	M30-39	2	M 4	01:27:14.00	00:55:33.00	01:55:19.00	04:18:03.00	04:18:06.00	5:44	10.5	
5	GAWLIK SŁAWEK	242		KRAKÓW	POL	M30-39	3	M 5	01:29:15.00	00:53:19.00	01:58:21.00	04:20:51.00	04:20:55.00	5:47	10.4	
6	STROINSKI DANIEL	241		WARSZAWA	POL	M30-39	4	M 6	01:32:25.00	00:54:56.00	02:01:35.00	04:28:51.00	04:28:56.00	5:58	10	
7	CYRAN PIOTR	225	NOA	NYSA	POL	M30-39	5	M 7	01:35:53.00	00:55:52.00	02:04:00.00	04:35:39.00	04:35:45.00	6:07	9.8	
8	KLONOWSKI KAMIL	271	CARBON OCR RACING TEAM	ŁAZISKA GÓRNE	POL	M30-39	6	M 8	01:35:38.00	00:57:07.00	02:06:29.00	04:39:11.00	04:39:14.00	6:12	9.7	
9	TYNUS GRZEGORZ	667	NKK	FRYDMAN		M40-49	1	M 9	01:36:52.00	01:01:17.00	02:15:53.00	04:53:50.00	04:54:02.00	6:31	9.2	
10	RYBAK PRZEMYSŁAW	341	PRZE(W)AGA	PULAWY	POL	M30-39	7	M 10	01:43:21.00	01:03:18.00	02:14:15.00	05:00:46.00	05:00:54.00	6:41	9	
11	SAWA PIOTR	617		LUBLIN	POL	M16-29	3	M 11	01:50:28.00	00:59:49.00	02:19:59.00	05:09:35.00	05:10:16.00	6:52	8.7	
12	OLEJNIK FRANCISZEK	326	INŻYNIERIA BIEGANIA TEAM	IMIELIN	POL	M16-29	4	M 12	01:45:46.00	01:04:22.00	02:24:48.00	05:14:28.00	05:14:56.00	6:59	8.6	
13	CICHOCKI TOMASZ	223	PELETON	ALEKSANDRÓW ŁÓDZKI	POL	M30-39	8	M 13	01:51:51.00	01:07:03.00	02:18:17.00	05:17:07.00	05:17:11.00	7:02	8.5	
14	KUCZYK SZYMON	288	ENDURANCE TEAM	SIEMIENOWICE	POL	M40-49	2	M 14	01:48:26.00	01:07:53.00	02:22:06.00	05:18:06.00	05:18:25.00	7:04	8.5	
15	FEICHTINGER MAREK	236		ŻORY	POL	M40-49	3	M 15	01:47:30.00	01:07:42.00	02:24:09.00	05:19:15.00	05:19:21.00	7:05	8.5	
16	NOWAK LUKASZ	322	NOA / CS RUNNING TEAM	WROCŁAW	POL	M30-39	9	M 16	01:49:17.00	01:04:06.00	02:26:18.00	05:18:57.00	05:19:41.00	7:05	8.5	
17	SZELĄG DARIUSZ	360	LISY PUSTYNI	KLUCZE	POL	M40-49	4	M 17	01:49:36.00	01:06:51.00	02:23:51.00	05:19:53.00	05:20:18.00	7:06	8.4	
18	SOWA GRZEGORZ	353	STG-KRAKÓW ŚRÓDMIEŚCIE	ŚWIDNIK	POL	M30-39	10	M 18	01:50:15.00	01:06:40.00	02:26:50.00	05:23:28.00	05:23:45.00	7:11	8.3	
19	MACIEJEWSKI DANIEL	336		LUBLIN	POL	M30-39	11	M 19	01:51:59.00	01:11:31.00	02:22:37.00	05:25:20.00	05:26:07.00	7:13	8.3	
20	MARCINKOWSKI BARTOSZ	308	SACKY RUNNERS	JAWORZNO	POL	M16-29	5	M 20	01:44:03.00	01:09:46.00	02:33:40.00	05:27:05.00	05:27:29.00	7:16	8.3	
21	JASULEWICZ ANNA	258	BIAŁYSTOK BIEGA TEAM	JÓZEFOSŁAW	POL	K40-49	1	K 1	01:51:47.00	01:07:13.00	02:29:12.00	05:28:03.00	05:28:12.00	7:17	8.2	
22	MICHAŁSKI DAMIAN	313	ALIOR RUNNING TEAM	WARSZAWA	POL	M40-49	5	M 21	01:48:05.00	01:10:01.00	02:30:35.00	05:28:34.00	05:28:41.00	7:18	8.2	
23	BROL DOMINIKA	209	ENDURANCE TEAM	SIEMIENOWICE	POL	K30-39	1	K 2	01:55:13.00	01:07:04.00	02:26:38.00	05:28:47.00	05:28:55.00	7:18	8.2	
24	KOLACHA PATRYK	275	STUDIO GTS	IMIELIN	POL	M16-29	6	M 22	01:52:40.00	01:10:09.00	02:26:15.00	05:28:51.00	05:29:04.00	7:18	8.2	
25	MAŁEK DAREN	307		RUDA ŚLĄSKA	POL	M30-39	12	M 23	01:46:42.00	01:04:18.00	02:38:05.00	05:29:01.00	05:29:05.00	7:18	8.2	
26	KOZIEŁ KRZYSZTOF	282		GLIWICE	POL	M30-39	13	M 24	01:53:32.00	01:11:46.00	02:24:27.00	05:29:14.00	05:29:45.00	7:18	8.2	
27	SZPUNAR MACIEJ	364	ROBIĘ TO DLA SIEBIE	GDYNIA	POL	M40-49	6	M 25	01:53:23.00	01:17:02.00	02:23:01.00	05:31:57.00	05:33:26.00	7:22	8.1	
28	SKORUPKA LESZEK	348	M3 SIEDLCE	SIEDLCE	POL	M40-49	7	M 26	01:57:00.00	01:07:37.00	02:29:04.00	05:33:14.00	05:33:41.00	7:24	8.1	
29	MĘDRYKOWSKI DAMIAN	311		SANDOMIERZ	POL	M30-39	14	M 27	01:52:44.00	01:09:34.00	02:32:09.00	05:33:47.00	05:34:27.00	7:25	8.1	
30	ZIĘCINA SYLWIA	395	ATLANTIC	KRAKÓW	POL	K30-39	2	K 3	01:56:44.00	01:10:46.00	02:26:58.00	05:34:20.00	05:34:28.00	7:25	8.1	
31	WŁOCH SŁAWOMIR	380		KROSNO	POL	M50-59	1	M 28	01:54:25.00	01:11:24.00	02:29:19.00	05:34:51.00	05:35:08.00	7:26	8.1	
32	BYRCZEK MICHAŁ	216	WATAHA	WROCŁAW	POL	M30-39	15	M 29	01:54:13.00	01:09:05.00	02:33:17.00	05:35:24.00	05:36:35.00	7:27	8.1	
33	SOSNOWSKA AGNIESZKA	352	SOSNA RADOSNA	SOSNOWIEC	POL	K40-49	2	K 4	01:55:18.00	01:11:59.00	02:33:02.00	05:40:05.00	05:40:19.00	7:33	7.9	
34	DYLEG ANDRZEJ	669	LIMANOWA FOREST			M40-49	8	M 30	01:58:16.00	01:10:53.00	02:31:15.00	05:39:54.00	05:40:24.00	7:33	7.9	
35	STEFANIUK ROMAN	357		SIEDLCE	POL	M50-59	2	M 31	01:57:46.00	01:14:11.00	02:31:05.00	05:42:39.00	05:43:02.00	7:36	7.9	
36	KRAWCZYK KAROL	283	LENIWY INACZEJ	JAWORZNO	POL	M30-39	16	M 32	01:56:41.00	01:10:45.00	02:35:40.00	05:42:25.00	05:43:06.00	7:36	7.9	
37	JARNOT KONRAD	256	BIEGAM W KATO :)	KATOWICE	POL	M30-39	17	M 33	01:57:27.00	01:06:30.00	02:39:40.00	05:42:20.00	05:43:37.00	7:36	7.9	
38	CHODOWIEC KAROLINA	221	ADIDAS RUNNERS WARSAW	GDYNIA	POL	K30-39	3	K 5	01:58:29.00	01:13:25.00	02:32:38.00	05:44:10.00	05:44:32.00	7:38	7.8	
39	CIERPIOŁ ANDRZEJ	224	SACKY RUNNERS	JAWORZNO	POL	M16-29	7	M 34	01:55:30.00	01:13:00.00	02:37:09.00	05:45:14.00	05:45:39.00	7:40	7.8	
40	GRUSZKA GRZEGORZ	250	ENDURANCE TEAM	SIEMIENOWICE	POL	M40-49	9	M 35	01:50:52.00	01:13:45.00	02:42:54.00	05:47:20.00	05:47:31.00	7:43	7.8	
41	PYTEL WALDEK	340	YULO RANTEAM SIEDLCE	SIEDLCE	POL	M50-59	3	M 36	02:02:31.00	01:14:11.00	02:31:12.00	05:47:41.00	05:47:54.00	7:43	7.8	
42	STANKIEWICZ TOMASZ	355	GT TEAM	KRAKÓW	POL	M30-39	18	M 37	01:57:36.00	01:15:30.00	02:37:45.00	05:49:04.00	05:50:51.00	7:45	7.7	
43	ŁOBODOWSKI MARCIN	299	RACEFIGHTER GOSIR DĘBE WIELKIE	SIENNICA	POL	M30-39	19	M 38	01:53:20.00	01:12:32.00	02:45:28.00	05:51:04.00	05:51:20.00	7:48	7.7	
44	OSIAK ARTUR	327	BIEGUSIEM.PL	GOŁĄB	POL	M30-39	20	M 39	02:04:34.00	01:10:45.00	02:37:24.00	05:52:27.00	05:52:43.00	7:49	7.7	

**TRIADA MARATON ŁĄCZNIE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne	Beskid	Netto	Brutto	min/km	km/h	
											Pieniny	Sądecki				
45	DROŚ ALEKSANDER	228	POWER TRAINING	WARSZAWA	POL	M30-39	21	M 40	02:04:18.00	01:10:45.00	02:39:54.00	05:54:42.00	05:54:57.00	7:52	7.6	
46	SZKODA KASIA	361		POZNAŃ	POL	K16-29	1	K 6	02:04:52.00	01:14:04.00	02:36:23.00	05:54:08.00	05:55:19.00	7:52	7.6	
47	PRZYBYLSKI TOMASZ	339	TRI TOMAJ	POZNAŃ	POL	M40-49	10	M 41	02:02:20.00	01:13:24.00	02:41:22.00	05:56:14.00	05:57:06.00	7:54	7.6	
48	SOBCZYK PIOTR	349		KIELCE	POL	M40-49	11	M 42	01:54:46.00	01:18:04.00	02:49:00.00	06:00:59.00	06:01:50.00	8:01	7.5	
49	CHILICKA MARTA	219	RED LION CLUB	MIĘDZYRZEC PODLASKI	POL	K30-39	4	K 7	02:02:25.00	01:14:46.00	02:44:58.00	06:01:58.00	06:02:09.00	8:02	7.5	
50	GŁOWACKI JERZY	243	JUVENIA KRAKÓW	KRAKÓW	POL	M30-39	22	M 43	02:04:34.00	01:19:19.00	02:39:02.00	06:01:13.00	06:02:55.00	8:01	7.5	
51	KUNA ALEKSANDRA	290		LIPOWIEC	POL	K30-39	5	K 8	02:02:31.00	01:16:55.00	02:43:34.00	06:02:09.00	06:03:00.00	8:02	7.5	
52	SAWCZUK ROBERT	343	PADRE TEAM	NOWA WIOSKA	POL	M30-39	23	M 44	02:00:23.00	01:13:52.00	02:49:09.00	06:02:08.00	06:03:24.00	8:02	7.5	
53	WOLAŃCZUK MARCIN	387		WARSZAWA	POL	M30-39	24	M 45	02:04:25.00	01:15:54.00	02:44:51.00	06:04:53.00	06:05:10.00	8:06	7.4	
54	KALISZAN KRZYSZTOF	263	12 WBOT	ZALASEWO	POL	M16-29	8	M 46	02:04:55.00	01:14:49.00	02:49:39.00	06:08:12.00	06:09:23.00	8:10	7.3	
55	GRABOWSKI DAMIAN	248	-	POZNAŃ	POL	M30-39	25	M 47	02:07:41.00	01:16:44.00	02:45:15.00	06:08:53.00	06:09:40.00	8:11	7.3	
56	BAĆMAGA TOMASZ	202		RADOM	POL	M30-39	26	M 48	02:07:42.00	01:23:14.00	02:38:57.00	06:09:35.00	06:09:53.00	8:12	7.3	
57	KOWALSKI KRZYSZTOF	279	HRMAXCROSSTEAM	SOPOT	POL	M50-59	4	M 49	02:09:33.00	01:17:28.00	02:42:58.00	06:09:35.00	06:09:59.00	8:12	7.3	
58	DZIERŻAK ELŻBIETA	233	HUSARIA RACE TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	3	K 9	02:08:25.00	01:14:28.00	02:47:34.00	06:09:36.00	06:10:27.00	8:12	7.3	
59	NOWICKI ARTUR	323		KONSTANTYNOW	POL	M30-39	27	M 50	02:03:48.00	01:18:43.00	02:49:22.00	06:10:30.00	06:11:53.00	8:14	7.3	
60	LUTEREK MICHAŁ	298		WARSZAWA	POL	M40-49	12	M 51	02:09:49.00	01:15:10.00	02:48:03.00	06:11:40.00	06:13:02.00	8:15	7.3	
61	WIATR WOJCIECH	374	ENDURANCE TEAM	CHORZÓW	POL	M40-49	13	M 52	02:02:23.00	01:21:09.00	02:49:35.00	06:12:52.00	06:13:07.00	8:17	7.2	
62	GOZDZIK TOMEK	244		BYDGOSZCZ	POL	M16-29	9	M 53	02:07:31.00	01:20:37.00	02:45:05.00	06:11:53.00	06:13:13.00	8:15	7.3	
63	ADAMCZAK BARBARA	200	TRAVOIS	KATOWICE	POL	K40-49	4	K 10	02:07:38.00	01:19:19.00	02:46:42.00	06:12:33.00	06:13:39.00	8:16	7.2	
64	KUDZIOR PIOTR	289	PRO366	POZNAŃ	POL	M16-29	10	M 54	02:09:55.00	01:22:06.00	02:42:34.00	06:13:54.00	06:14:35.00	8:18	7.2	
65	CZAPSKI PIOTR	227		WARSZAWA	POL	M50-59	5	M 55	02:11:04.00	01:19:20.00	02:44:57.00	06:13:54.00	06:15:21.00	8:18	7.2	
66	WOLAŃCZUK PIOTR	388		ZAMOŚĆ	POL	M16-29	11	M 56	02:04:34.00	01:15:54.00	02:55:33.00	06:15:45.00	06:16:01.00	8:21	7.2	
67	POŁOM RAFAŁ	335	NOA	WROCLAW	POL	M30-39	28	M 57	02:06:54.00	01:15:33.00	02:54:20.00	06:16:20.00	06:16:47.00	8:21	7.2	
68	WOJTASIK GRZEGORZ	386	STALOWOWOLSKI KLUB BIEGACZA	STALOWA WOLA	POL	M40-49	14	M 58	02:05:06.00	01:19:42.00	02:52:12.00	06:16:28.00	06:17:00.00	8:21	7.2	
69	KOWALSKI ŁUKASZ	281	BYCHAWA RUNNERS	OSMOLICE PIERWSZE	POL	M30-39	29	M 59	02:05:02.00	01:20:40.00	02:51:36.00	06:16:33.00	06:17:18.00	8:22	7.2	
70	SZKUDLAREK ARTUR	362	ANDRYCHÓW RUNNING	ANDRYCHÓW	POL	M30-39	30	M 60	02:05:31.00	01:17:58.00	02:54:11.00	06:16:24.00	06:17:40.00	8:21	7.2	
71	OZGA SEBASTIAN	329		TYCHY	POL	M30-39	31	M 61	02:09:49.00	01:14:11.00	02:54:59.00	06:17:36.00	06:18:59.00	8:23	7.2	
72	GODLEWSKI CEZARY	246		WARSZAWA	POL	M30-39	32	M 62	02:08:44.00	01:29:54.00	02:40:45.00	06:18:11.00	06:19:23.00	8:24	7.1	
73	KOWALSKI SZYMON	280	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49	15	M 63	02:11:29.00	01:21:27.00	02:47:04.00	06:19:21.00	06:20:00.00	8:25	7.1	
74	KITOWSKA ANNA	232	PERFECT RUNNER TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	5	K 11	02:17:58.00	01:15:21.00	02:47:33.00	06:20:03.00	06:20:52.00	8:26	7.1	
75	GOŁÓWSKI CEZARY	245		PIASECZNO	POL	M40-49	16	M 64	02:07:05.00	01:24:57.00	02:50:02.00	06:20:21.00	06:22:04.00	8:27	7.1	
76	ZIELIŃSKA IWONA	394	KUJAWSCY RUNNERS	GDAŃSK	POL	K40-49	6	K 12	02:13:16.00	01:19:02.00	02:50:42.00	06:22:09.00	06:23:00.00	8:29	7.1	
77	KALETA ANNA	262		KRAKÓW	POL	K30-39	6	K 13	02:12:39.00	01:21:06.00	02:49:32.00	06:21:52.00	06:23:17.00	8:29	7.1	
78	WENARSKI GRZEGORZ	626		BEŁŻYCE	POL	M30-39	33	M 65	02:15:45.00	01:17:44.00	02:51:02.00	06:23:42.00	06:24:31.00	8:31	7	
79	JĘZDZIKOWSKI MARCIN	260	RUN TEAM GAŚAWA	GAŚAWA	POL	M40-49	17	M 66	02:07:51.00	01:24:52.00	02:52:12.00	06:23:46.00	06:24:55.00	8:31	7	
80	MICHAŁAK SŁAWOMIR	312	INZYNIER.EU NOSI TRAILOWE BOTKI	PRUSZKÓW	POL	M50-59	6	M 67	02:09:32.00	01:20:45.00	02:54:39.00	06:23:49.00	06:24:56.00	8:31	7	
81	NOWIŃSKI MARCIN	324	HUSARIA RACE TEAM	TARNÓW	POL	M16-29	12	M 68	02:06:23.00	01:15:30.00	03:03:29.00	06:24:42.00	06:25:22.00	8:32	7	
82	WALKOWSKI TOMASZ	370	JACEKBIEGA RUNNING TEAM	NOWA IWICZNA	POL	M50-59	7	M 69	02:12:08.00	01:17:14.00	02:58:16.00	06:26:07.00	06:27:38.00	8:34	7	
83	POGORZELSKA KATARZYNA	333	BWM TEAM	WARSZAWA	POL	K40-49	7	K 14	02:07:52.00	01:27:06.00	02:54:04.00	06:27:30.00	06:29:02.00	8:36	7	
84	SALIŃSKI BARTOSZ	342	WKURW_TEAM	KATOWICE	POL	M30-39	34	M 70	02:21:05.00	01:21:16.00	02:48:20.00	06:29:52.00	06:30:41.00	8:39	6.9	
85	WONKO EWA	389	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	K30-39	7	K 15	02:13:40.00	01:26:10.00	02:51:27.00	06:30:37.00	06:31:17.00	8:40	6.9	
86	WOJAS JAKUB	383	INŻYNIERIA BIEGANIA	MYSŁOWICE	POL	M30-39	35	M 71	02:09:07.00	01:25:58.00	02:57:14.00	06:31:44.00	06:32:19.00	8:42	6.9	
87	NIMSZ KAMILA	206	KB HARCOWNIK JELCZ-LASKOWICE	BRZEG	POL	K30-39	8	K 16	02:13:46.00	01:27:21.00	02:51:26.00	06:31:08.00	06:32:33.00	8:41	6.9	
88	KOCHANOWSKI SEBASTIAN	274	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M40-49	18	M 72	02:14:34.00	01:20:38.00	02:57:41.00	06:31:29.00	06:32:53.00	8:41	6.9	
89	WAŁĘGA MONIKA	371		DĘBICA	POL	K30-39	9	K 17	02:13:14.00	01:25:07.00	02:57:21.00	06:34:10.00	06:35:42.00	8:45	6.8	
90	KOBIĄŁKA IREK	273		DĘBICA	POL	M40-49	19	M 73	02:13:14.00	01:25:08.00	02:57:24.00	06:34:14.00	06:35:46.00	8:45	6.8	
91	SZCZĘSNA EDYTA	359	CARBON OCR RACING TEAM	CZECHOWICE-DZIEDZICE	POL	K30-39	10	K 18	02:13:42.00	01:21:53.00	03:00:19.00	06:34:53.00	06:35:54.00	8:46	6.8	
92	ŁUCZKA SYLWIA	300	KASTYO / VEGE RUNNERS	TOMASZÓW MAZOWIECKI	POL	K16-29	2	K 19	02:14:22.00	01:23:56.00	02:57:38.00	06:34:42.00	06:35:56.00	8:46	6.8	
93	KUŚ TOMASZ	286	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	M30-39	36	M 74	02:19:46.00	01:24:02.00	02:52:22.00	06:35:02.00	06:36:10.00	8:46	6.8	
94	KOPEĆ RENATA	276	KS STASZEWCY	WARSZAWA	POL	K40-49	8	K 20	02:19:07.00	01:21:00.00	02:56:07.00	06:34:58.00	06:36:14.00	8:46	6.8	
95	KACZMARCZYK KRZYSZTOF	261	ŻUBRY BOCHNIA	BOCHNIA	POL	M40-49	20	M 75	02:13:00.00	01:24:06.00	02:59:49.00	06:35:42.00	06:36:55.00	8:47	6.8	
96	KARPIEL MAGDALENA	266	SFITRUN.PL	KRAKÓW	POL	K16-29	3	K 21	02:16:51.00	01:24:21.00	02:56:18.00	06:36:03.00	06:37:30.00	8:48	6.8	
97	NIMSZ BARTOSZ	320		KOŚCIERZYCE	POL	M30-39	37	M 76	02:11:09.00	01:26:16.00	03:00:08.00	06:36:10.00	06:37:33.00	8:48	6.8	

**TRIADA MARATON ŁĄCZNIE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
98	FRĄCKIEWICZ KAROL	240	SCV	ZĄBKI	POL	M40-49	21	M 77	02:08:12.00	01:23:03.00	03:08:19.00	06:38:40.00	06:39:34.00	8:51	6.8
99	NIEDŹWIEDZ TOMASZ	319	RED LION CLUB	ŚWIDNIK	POL	M40-49	22	M 78	02:09:52.00	01:31:24.00	03:00:39.00	06:41:42.00	06:41:55.00	8:55	6.7
100	SOWA-OKRASA SYLWIA	354	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K40-49	9	K 22	02:25:51.00	01:23:46.00	02:55:31.00	06:44:53.00	06:45:08.00	8:59	6.7
101	WALAC JACEK	369	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M30-39	38	M 79	02:25:51.00	01:23:46.00	02:55:32.00	06:44:47.00	06:45:09.00	8:59	6.7
102	BULANDA BARBARA	212	ŻUBRY BOCHNIA	BOCHNIA	POL	K30-39	11	K 23	02:18:51.00	01:23:21.00	03:03:11.00	06:44:10.00	06:45:23.00	8:58	6.7
103	NOWOTARSKI WOJTEK	325		JAWORZNO	POL	M30-39	39	M 80	02:06:42.00	01:27:41.00	03:11:04.00	06:44:26.00	06:45:27.00	8:59	6.7
104	WIECZOREK ŁUKASZ	376	OSP GAŚAWA	GAŚAWA	POL	M30-39	40	M 81	02:16:09.00	01:24:51.00	03:08:01.00	06:47:52.00	06:49:01.00	9:03	6.6
105	BRĘCZEWSKI ANDRZEJ	208	UKS KOPERNIK	BYDGOSZCZ	POL	M50-59	8	M 82	02:18:03.00	01:30:05.00	03:05:38.00	06:52:07.00	06:53:46.00	9:09	6.6
106	NOWAK BEATA	321		LUBLIN	POL	K30-39	12	K 24	02:23:49.00	01:27:17.00	03:03:19.00	06:53:43.00	06:54:25.00	9:11	6.5
107	KURPANIK KAROL	292		WROCŁAW	POL	M30-39	41	M 83	02:11:53.00	01:22:22.00	03:22:47.00	06:56:20.00	06:57:02.00	9:15	6.5
108	STEC IWONA	356		WILKOWICE	POL	K30-39	13	K 25	02:20:46.00	01:27:29.00	03:08:52.00	06:56:08.00	06:57:07.00	9:14	6.5
109	KĘPARA MARCIN	267	ADVA OPTICAL NETWORKING	GDAŃSK	POL	M30-39	42	M 84	02:29:19.00	01:30:56.00	02:57:08.00	06:55:37.00	06:57:23.00	9:14	6.5
110	POGORZELSKI GRZEGORZ	334	BWM TEAM	WARSZAWA	POL	M40-49	23	M 85	02:21:21.00	01:35:24.00	03:01:29.00	06:56:41.00	06:58:14.00	9:15	6.5
111	ZARĘBA BEATA	393	BIEGAM BO LUBIĘ NOCĄ WARSZAWA	PRUSZKÓW	POL	K30-39	14	K 26	02:29:30.00	01:29:54.00	02:59:57.00	06:58:11.00	06:59:21.00	9:17	6.5
112	MASTALERZ MARCIN	597		KARNICE	POL	M50-59	9	M 86	02:20:42.00	01:25:14.00	03:13:52.00	06:58:36.00	06:59:48.00	9:18	6.5
113	TOCZEWSKA ANNA	367	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K50-59	1	K 27	02:23:05.00	01:28:13.00	03:08:50.00	06:58:41.00	07:00:08.00	9:18	6.4
114	SITKOWSKI KAMIL	346		WARSZAWA	POL	M30-39	43	M 87	02:31:34.00	01:26:37.00	03:02:31.00	06:59:43.00	07:00:42.00	9:19	6.4
115	CYWIŃSKI PAWEŁ	226	AKG	ŁÓDŹ	POL	M40-49	24	M 88	02:19:58.00	01:30:23.00	03:12:04.00	07:01:04.00	07:02:25.00	9:21	6.4
116	MAZURKIEWICZ JOLANTA	310	BYCHAWA RUNNERS / NAJWIĘKSZA ARMIA ŚWIATA	BYCHAWA	POL	K30-39	15	K 28	02:22:56.00	01:28:05.00	03:17:09.00	07:07:29.00	07:08:10.00	9:29	6.3
117	MUCHA MAREK	318	APOSTLES OF STARS	KRAKÓW	POL	M30-39	44	M 89	02:23:02.00	01:28:19.00	03:16:50.00	07:06:52.00	07:08:11.00	9:29	6.3
118	CAŁKA AGNIESZKA	217	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	10	K 29	02:31:12.00	01:25:21.00	03:12:20.00	07:07:11.00	07:08:53.00	9:29	6.3
119	CAŁKA GRZEGORZ	218	RADZYMIN RUN TEAM	RADZYMIN	POL	M40-49	25	M 90	02:31:29.00	01:25:22.00	03:12:21.00	07:07:30.00	07:09:12.00	9:30	6.3
120	NOWACZYK ROBERT	455		POZNAŃ	POL	M30-39	45	M 91	02:28:12.00	01:28:30.00	03:16:12.00	07:10:20.00	07:12:54.00	9:33	6.3
121	KOWALSKA-GRZEJDA ANNA	278		WARSZAWA	POL	K40-49	11	K 30	02:29:37.00	01:31:59.00	03:14:14.00	07:14:22.00	07:15:50.00	9:39	6.2
122	KOSMAŁA PRZEMEK	277	MARCINSWIERCTEAM	KRAKÓW	POL	M30-39	46	M 92	02:13:10.00	01:36:13.00	03:27:53.00	07:15:43.00	07:17:16.00	9:40	6.2
123	DZIEWIATOWSKA AGNIESZKA	234		ZŁOTÓW	POL	K40-49	12	K 31	02:35:44.00	01:28:21.00	03:14:51.00	07:17:54.00	07:18:56.00	9:43	6.2
124	KINDRYK TOMASZ	269	ZAGŁĘBIOWSKI KLUB OYAMA KARATE	CHRZANÓW	POL	M40-49	26	M 93	02:30:49.00	01:28:02.00	03:24:09.00	07:21:15.00	07:23:00.00	9:48	6.1
125	BUDNY ALEKSANDRA	211	KRAŚNIK BIEGA	HALINÓW	POL	K40-49	13	K 32	02:35:00.00	01:34:19.00	03:13:43.00	07:22:07.00	07:23:02.00	9:49	6.1
126	WINIARCZYK ADRIAN	379	WIOLAADI	STARY KONIK	POL	M30-39	47	M 94	02:35:00.00	01:35:40.00	03:13:39.00	07:23:21.00	07:24:19.00	9:51	6.1
127	DYDERSKA WIOLETTA	230	WIOLAADI	WARSZAWA	POL	K40-49	14	K 33	02:35:00.00	01:35:40.00	03:13:39.00	07:23:23.00	07:24:19.00	9:51	6.1
128	SZYSZKA MACIEJ	366	KETO KOTY	POZNAŃ	POL	M30-39	48	M 95	02:28:50.00	01:38:30.00	03:17:55.00	07:22:44.00	07:25:15.00	9:50	6.1
129	MORITZ KAROL	315	BIEGIEM DLA MAGDY	MOKRE	POL	M50-59	10	M 96	02:23:20.00	01:41:21.00	03:21:17.00	07:25:08.00	07:25:58.00	9:53	6.1
130	KĄDZIOŁKA ŁUKASZ	285	K2	KATOWICE	POL	M30-39	49	M 97	02:30:59.00	01:35:11.00	03:20:56.00	07:24:52.00	07:27:06.00	9:53	6.1
131	MAKLES WIOLETTA	304	EUROPA UBEZPIECZENIA / NOA	WROCŁAW	POL	K40-49	15	K 34	02:39:05.00	01:34:00.00	03:16:22.00	07:28:45.00	07:29:27.00	9:58	6
132	WOJNO MAŁGORZATA	385	DROGA DO ULTRA	ŁÓDŹ	POL	K30-39	16	K 35	02:31:39.00	01:38:42.00	03:20:18.00	07:29:07.00	07:30:39.00	9:58	6
133	WILK MAGDALENA	378	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40-49	16	K 36	02:29:29.00	01:34:51.00	03:28:02.00	07:31:26.00	07:32:22.00	10:01	6
134	KĄDZIOŁKA JAN	284	K2	GLIWICE	POL	M50-59	11	M 98	02:31:41.00	01:35:11.00	03:25:46.00	07:30:23.00	07:32:38.00	10:00	6
135	MALAWKO ALEKSANDRA	305		WARSZAWA	POL	K40-49	17	K 37	02:43:05.00	01:31:10.00	03:18:46.00	07:31:51.00	07:33:01.00	10:02	6
136	ŻYLSKI JANUSZ	665	DZIADY OCR	WIELICZKA	POL	M50-59	12	M 99	02:37:58.00	01:28:33.00	03:27:05.00	07:32:22.00	07:33:36.00	10:03	6
137	SKŁADANOWSKA BEATA	347	EUROCASH TEAM	WARSZAWA	POL	K30-39	17	K 38	02:44:49.00	01:31:16.00	03:20:45.00	07:35:46.00	07:36:50.00	10:07	5.9
138	WIECHA MARCIN	375		WARSZAWA	POL	M40-49	27	M 100	02:36:55.00	01:38:01.00	03:23:00.00	07:36:45.00	07:37:56.00	10:09	5.9
139	PATEREK ADA	332		WARSZAWA	POL	K40-49	18	K 39	02:35:12.00	01:42:14.00	03:24:07.00	07:39:51.00	07:41:33.00	10:13	5.9
140	PAPROCKI BARTŁOMIEJ	330		RABKA-ZDRÓJ	POL	M40-49	28	M 101	02:25:49.00	01:33:03.00	03:43:59.00	07:41:39.00	07:42:51.00	10:15	5.8
141	ZABŁOCKA MAŁGORZATA	390	NATIONALE-NEDERLANDEN	WARSZAWA	POL	K40-49	19	K 40	02:43:15.00	01:38:49.00	03:21:14.00	07:42:03.00	07:43:18.00	10:16	5.8
142	LUC ADAM	296	BIEGUSIEM.PL	RYKI	POL	M40-49	29	M 102	02:38:26.00	01:39:35.00	03:25:38.00	07:42:43.00	07:43:39.00	10:16	5.8
143	PRZEBINDA RENATA	338	#ADAMCZERWIŃSKITEAM	WOŁOWICE	POL	K40-49	20	K 41	02:28:56.00	01:44:04.00	03:31:35.00	07:43:36.00	07:44:35.00	10:18	5.8
144	BOBINSKA MARTA	207		LOSICE	POL	K30-39	18	K 42	02:39:50.00	01:46:03.00	03:19:27.00	07:43:31.00	07:45:20.00	10:18	5.8
145	MROZIK MAGDALENA	317	POWER TRAINING	WARSZAWA	POL	K30-39	19	K 43	02:39:50.00	01:46:03.00	03:19:28.00	07:43:32.00	07:45:21.00	10:18	5.8
146	MACKIEWICZ DOROTA	301	EAT RUN FUN	WARSZAWA	POL	K40-49	21	K 44	02:40:28.00	01:44:07.00	03:20:52.00	07:44:42.00	07:45:27.00	10:19	5.8
147	JATA MARTA	259	WW TEAM	LUBLIN	POL	K30-39	20	K 45	02:43:25.00	01:43:12.00	03:19:22.00	07:45:12.00	07:45:59.00	10:20	5.8
148	ZACHARA KATARZYNA	391		KRAKÓW	POL	K30-39	21	K 46	02:31:38.00	01:39:05.00	03:35:23.00	07:44:50.00	07:46:06.00	10:19	5.8
149	ŻACZEK ANNA	664	BIEGUSIEM.PL	RYKI	POL	K40-49	22	K 47	02:41:27.00	01:42:01.00	03:25:38.00	07:48:09.00	07:49:06.00	10:24	5.8
150	KĘPKA-WAROWNA WERONIKA	268	BIEGUSIEM.PL	RYKI	POL	K40-49	23	K 48	02:41:58.00	01:42:01.00	03:25:38.00	07:48:42.00	07:49:37.00	10:24	5.8

**TRIADA MARATON ŁĄCZNIE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
151	WEBER AGATA	372	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K40-49	24	K 49	02:46:55.00	01:42:15.00	03:22:18.00	07:50:05.00	07:51:28.00	10:26	5.7
152	ROGUSKA KLAUDIA	666	RADZYMIN RUN TEAM	RADZYMIN		K30-39	22	K 50	02:41:21.00	01:36:12.00	03:35:14.00	07:51:06.00	07:52:47.00	10:28	5.7
153	SZYMAŃSKA AGATA	365	RADZYMIN RUN TEAM	RADZYMIN	POL	K30-39	23	K 51	02:41:48.00	01:36:12.00	03:35:53.00	07:52:12.00	07:53:53.00	10:29	5.7
154	JARZĄBEK AGNIESZKA	257	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	25	K 51	02:41:48.00	01:36:12.00	03:35:53.00	07:52:13.00	07:53:53.00	10:29	5.7
155	GAŚSIOROWSKA DOROTA	251	LADIESLOSTGAŚBAGAŚ	WARSZAWA	POL	K50-59	2	K 53	02:48:28.00	01:34:09.00	03:35:42.00	07:56:35.00	07:58:19.00	10:35	5.7
156	KUBLER ANNA	287		KRAKÓW	POL	K40-49	26	K 54	02:45:13.00	01:42:42.00	03:31:02.00	07:57:14.00	07:58:57.00	10:36	5.7
157	MASTALERZ KATARZYNA	309	SŁONIÓWKA	KARNICE	POL	K40-49	27	K 55	02:31:48.00	01:36:44.00	03:51:10.00	07:58:24.00	07:59:42.00	10:37	5.6
158	WNOROWSKA MAGDALENA	381	RMF4RT GLADIATORS	ŁOMIANKI	POL	K40-49	28	K 56	02:44:56.00	01:39:15.00	03:41:32.00	08:04:21.00	08:05:43.00	10:45	5.6
159	WIŚNIEWSKI PAWEŁ	373	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30-39	50	M 103	02:37:08.00	01:39:03.00	03:51:39.00	08:05:41.00	08:07:50.00	10:47	5.6
160	FRIEZE TATIANA	238	DROGA DO ULTRA	ŁÓDŹ	POL	K40-49	29	K 57	02:49:55.00	01:38:16.00	03:40:59.00	08:07:39.00	08:09:10.00	10:50	5.5
161	MAKARZEC-SURMA AGNIESZKA	303	BIŁGORAJ	BIŁGORAJ	POL	K30-39	24	K 58	02:42:14.00	01:40:26.00	03:48:02.00	08:09:19.00	08:10:42.00	10:52	5.5
162	FRIEZE KRZYSZTOF	239	ORANGE POLSKA	ŁÓDŹ	POL	M40-49	30	M 104	02:49:55.00	01:38:16.00	03:43:17.00	08:09:58.00	08:11:28.00	10:53	5.5
163	MAGNUSZEWSKA IZABELA	302	CARBON OCR RACING TEAM	KNURÓW	POL	K40-49	30	K 59	02:53:09.00	01:36:35.00	03:44:23.00	08:13:19.00	08:14:07.00	10:57	5.5
164	TROJANEK EDYTA	368	SENSORYBEAUTY.PL	WARSZAWA	POL	K40-49	31	K 60	02:49:25.00	01:51:19.00	03:36:05.00	08:15:40.00	08:16:49.00	11:00	5.4
165	LORENC-KRUSZYŃSKA SYLWIA	295	FORDONRUNNERS/WKURW_TEAM	BYDGOSZCZ	POL	K30-39	25	K 61	02:53:01.00	01:39:08.00	03:45:53.00	08:16:08.00	08:18:02.00	11:01	5.4
166	IDZIK ANGELIKA	253	HUSARIA RACE TEAM	POZNAŃ	POL	K16-29	4	K 62	02:51:15.00	01:46:08.00	03:46:43.00	08:23:42.00	08:24:06.00	11:11	5.4
167	WRZEŚIŃSKA JOANNA	252		BYDGOSZCZ	POL	K40-49	32	K 63	03:05:50.00	01:39:08.00	03:45:52.00	08:28:57.00	08:30:50.00	11:18	5.3
168	KAPŁON ANNA	264		WARSZAWA	POL	K40-49	33	K 64	02:41:08.00	01:45:37.00	04:05:23.00	08:31:14.00	08:32:08.00	11:21	5.3
169	SIERECKI ZBIGNIEW	344	TEAM ZABIEGANEDNI // WKURW_TEAM	ŻELECHÓW	POL	M40-49	31	M 105	02:56:51.00	01:52:20.00	03:51:42.00	08:38:54.00	08:40:53.00	11:31	5.2
170	JARACZ-PATEREK ALINA	254	NOA	WROCLAW	POL	K40-49	34	K 65	02:39:06.00	01:43:15.00	04:30:11.00	08:51:50.00	08:52:32.00	11:49	5.1
171	SOKOŁOWSKI ARTUR	350	TEAM ZABIEGANEDNI	OTWOCK	POL	M40-49	32	M 106	02:58:34.00	01:52:40.00	04:06:46.00	08:56:23.00	08:58:00.00	11:55	5
172	MALEWSKI TOMASZ	306		ŁÓDŹ	POL	M40-49	33	M 107	03:09:38.00	01:55:54.00	04:01:09.00	09:04:46.00	09:06:41.00	12:06	5
173	SZLAKOWICZ EWA	363		ŁÓDŹ	POL	K40-49	35	K 66	03:09:38.00	01:55:54.00	04:01:09.00	09:04:45.00	09:06:41.00	12:06	5
174	WITKOWSKA MARIA	668		K60+			1	K 67	03:39:21.00	02:08:55.00	04:30:17.00	10:15:48.00	10:18:33.00	13:41	4.4
175	BUTRYN WOJCIECH	215	BBKTS	KRAKÓW	POL	M40-49	34	M 108	03:39:19.00	02:08:57.00	05:39:26.00	09:50:34.00	11:27:42.00	13:07	4.6
	OTOCKI WOJCIECH	328	NOWAK RUN	POZNAŃ	POL	M40-49			02:13:16.00	00:00:00.00	00:00:00.00	DNF	DNF	-	-
	MICHOŃ KRYSZTOF	314		DĘBICA	POL	M30-39			DNF	DNF	DNF	DNF	DNF	-	-
	SIMANKOWICZ SEBASTIAN	345		KRAKÓW	POL	M40-49			02:41:10.00	00:00:00.00	00:00:00.00	DNF	DNF	-	-
	DUBIŃSKI PRZEMYSŁAW	229	PRZEMEK DUBIŃSKI - BIEGIEMPRZEZŚWIAT	CZĘSTOCHOWA	POL	M40-49			02:50:46.00	00:00:00.00	00:00:00.00	DNF	DNF	-	-
	BIEŃ PRZEMYSŁAW	205	KS RYGLICE- SEKCJA BIEGOWA	JONINY	POL	M30-39			01:44:11.00	01:08:45.00	00:00:00.00	DNF	DNF	-	-
	LUDKA DAGMARA	297		ZŁOTÓW	POL	K40-49			02:57:40.00	00:00:00.00	00:00:00.00	DNF	DNF	-	-
	KLATKA ARLETA	270	BBL TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	K40-49			02:05:05.00	01:20:35.00	00:00:00.00	DNF	DNF	-	-
	GROCHAL MARCIN	249	PSEUDOMOUNTAINRUNNER	WYGIELZÓW	POL	M40-49			02:14:57.00	01:25:36.00	00:00:00.00	DNF	DNF	-	-
	CHRAPLEWSKA KAROLINA	222	PRO366	POZNAŃ	POL	K30-39			02:27:45.00	01:31:57.00	00:00:00.00	DNF	DNF	-	-
	WIELIŃSKA-JACHYMIAK OLGA	377	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	NOWY TARG	POL	K40-49			02:34:39.00	01:35:57.00	00:00:00.00	DNF	DNF	-	-
	KURKUS ALEKSANDER	291	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M40-49			02:36:00.00	01:52:14.00	00:00:00.00	DNF	DNF	-	-
	CHODOWIEC PRZEMYSŁAW	220	ADIDAS RUNNERS WARSAW	SIEDLCE	POL	M30-39			01:58:29.00	00:00:00.00	02:32:39.00	DNF	DNF	-	-
	JARECKA KATARZYNA	255	ALLERGAN RUNNING TEAM	WARSZAWA	POL	K40-49			02:25:53.00	00:00:00.00	03:11:38.00	DNF	DNF	-	-
	PRZEBINDA BOGDAN	337	#ADAMCZERWIŃSKI TEAM	WOŁOWICE	POL	M50-59			02:31:20.00	00:00:00.00	03:31:35.00	DNF	DNF	-	-