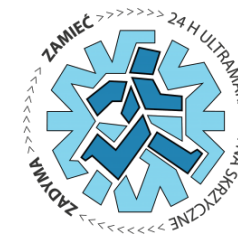


## ZADYMA

Organizator: FUNDACJA AKTYWNE BESKIDY  
Data: 2020-01-25  
Miejsce: Szczyrk  
Dystans: 13.5 km  
Klasyfikacja wg czasów brutto.



### ZADYMA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	Netto	Brutto	min/km	km/h
1	JAWORSKI ZBIGNIEW	423			POL	OPEN M	1	M 1	00:51:55	01:20:28.15	01:20:29.05	5:57	10.1
2	MIŚKIEWICZ MARIUSZ	421		CIESZYN	POL	OPEN M	2	M 2	00:57:28	01:25:48.15	01:25:48.90	6:21	9.4
3	SIKORA MIECZYSLAW	388	SURFIN POLSKA	USTROŃ	POL	OPEN M	3	M 3	00:55:08	01:30:38.85	01:30:39.60	6:42	8.9
4	HAZUKA IRENEUSZ	330		SZARE	POL	OPEN M	4	M 4	01:00:12	01:35:17.50	01:35:19.75	7:03	8.5
5	CAPUTA SZYMON	312	K+S	GODZISZKA	POL	OPEN M	5	M 5	01:04:48	01:38:32.70	01:38:33.25	7:18	8.2
6	SOBOLA GRZEGORZ	392	EKO-OKNA RUNNERS	RACIBÓRZ	POL	OPEN M	6	M 6	01:04:58	01:38:42.90	01:38:44.35	7:18	8.2
7	SAMORAŃSKI KRZYSZTOF	384	ULTRA-SZCZĘSCIE	WYMYSŁÓW	POL	OPEN M	7	M 7	01:08:12	01:42:52.05	01:42:54.40	7:37	7.9
8	ADAMUS-KOWALSKA JUSTYNA	300		IMIELIN	POL	OPEN K	1	K 1	01:08:11	01:44:34.00	01:44:35.15	7:44	7.7
9	KRZYSZTOF KOZIEŁ	350		GLIWICE	POL	OPEN M	8	M 8	01:05:39	01:45:00.10	01:45:01.60	7:46	7.7
10	KONSEK PAWEŁ	343	ŻORY - KLESZCZÓWKA	ŻORY	POL	OPEN M	9	M 9	01:08:18	01:46:05.75	01:46:13.80	7:51	7.6
11	MAGNUCKI ADAM	429		MYSŁOWICE	POL	OPEN M	10	M 10	01:08:00	01:46:16.10	01:46:17.45	7:52	7.6
12	JUREWICZ PIOTR	415	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	OPEN M	11	M 11	01:08:19	01:46:52.05	01:46:54.00	7:55	7.6
13	KLAPPHOLZ ADRIANA	420		CIESZYN	POL	OPEN K	2	K 2	01:11:24	01:47:12.35	01:47:13.55	7:56	7.6
14	BANASZCZYK MARIUSZ	301	EDC.TEAM	KASZEWICE	POL	OPEN M	12	M 12	01:13:32	01:51:26.15	01:51:32.55	8:15	7.3
15	JĘDRZEJAK PIOTR	335		JASTRZĘBIE-ZDRÓJ	POL	OPEN M	13	M 13	01:11:12	01:52:28.55	01:52:31.60	8:19	7.2
16	WAWRZYŃSKI MARIUSZ	407		LESZCZYNY	POL	OPEN M	14	M 14	01:13:25	01:53:20.10	01:53:22.15	8:23	7.1
17	ŁOPATOWSKI MICHAŁ	354	KANAPOWI BIEGACZE KRAKÓW	KRAKÓW	POL	OPEN M	15	M 15	01:14:04	01:53:44.40	01:53:46.35	8:25	7.1
18	WÓJCIK JACEK	410		BYTOM	POL	OPEN M	16	M 16	01:13:31	01:55:25.90	01:55:27.05	8:33	7
19	ŁUSIAK MARIUSZ	355	WAY2CHAMP	GLIWICE	POL	OPEN M	17	M 17	01:13:12	01:56:18.80	01:56:24.15	8:36	7
20	RUSIN ANNA	379	KĘCKIE HARPAGANY	PORĄBKA	POL	OPEN K	3	K 3	01:15:52	01:57:31.30	01:57:34.90	8:42	6.9
21	LASSOTA-BUJAK MARIOLA	351	#CZELADZBIEGA	CZELADŹ	POL	OPEN K	4	K 4	01:13:54	01:58:49.45	01:58:53.80	8:48	6.8
22	KLIMKOWSKI TOMASZ	417		BYTOM	POL	OPEN M	18	M 18	01:15:27	01:58:35.05	01:58:56.15	8:47	6.8
23	JELONEK LUKAS	334		TARNOWSKIE GÓRY	POL	OPEN M	19	M 19	01:14:30	02:00:08.05	02:00:12.40	8:53	6.7
24	WOŹNIAKOWSKI JAN	409	OPEL ACTIVE TEAM	GLIWICE	POL	OPEN M	20	M 20	01:23:00	02:00:53.70	02:00:58.80	8:57	6.7
25	BAK PIOTR	302	WILD BUCHAYS	ŁODYGOWICE	POL	OPEN M	21	M 21	01:18:45	02:01:26.65	02:01:28.30	8:59	6.7
26	KLAG MARIAN	340	TOP-33	RYBARZOWICE	POL	OPEN M	22	M 22	01:18:24	02:01:47.65	02:01:52.10	9:01	6.7
27	RYPUŁA MARIA	381	ZEN RUNNING TEAM	BOJSZOWY	POL	OPEN K	5	K 5	01:21:06	02:06:24.80	02:06:30.95	9:21	6.4
28	RYPUŁA JACEK	382	ZEN RUNNING TEAM	BOJSZOWY	POL	OPEN M	23	M 23	01:21:09	02:06:25.95	02:06:32.35	9:21	6.4
29	KUŁAKOWSKA MONIKA	422			POL	OPEN K	6	K 6	01:18:34	02:07:01.65	02:07:06.00	9:24	6.4
30	ZNYK ADAM	414		KRAKÓW	POL	OPEN M	24	M 24	01:20:12	02:08:29.40	02:08:35.80	9:31	6.3
31	RYMARCZYK PAULINA	380		LUBLIN	POL	OPEN K	7	K 7	01:16:27	02:08:58.80	02:09:01.95	9:33	6.3
32	CABAŁA ADAM	311		MARKLOWICE	POL	OPEN M	25	M 25	01:21:13	02:09:09.60	02:09:17.00	9:34	6.3
33	STOŃ LESZEK	395		WARSZAWA	POL	OPEN M	26	M 26	01:22:28	02:11:33.95	02:11:39.90	9:44	6.2
34	PYŁAK KRZYSZTOF	376	OCR LUBIN	ŁOPIENNIK GÓRNY	POL	OPEN M	27	M 27	01:28:45	02:13:51.75	02:13:55.05	9:54	6.1
35	KIEŁBASA ARTUR	338		RYBNIK KAMIEN	POL	OPEN M	28	M 28	01:29:31	02:14:39.40	02:14:42.00	9:58	6
36	GÓRECKI WOJCIECH	372		CZERWIONKA LESZCZYNY	POL	OPEN M	29	M 29	01:23:06	02:15:48.90	02:15:54.60	10:03	6
37	WROŻYNA ADAM	375	PĘDZĄCE ŻÓŁWIE, AV TEAM	RYBNIK	POL	OPEN M	30	M 30	01:23:09	02:15:50.25	02:15:56.00	10:03	6
38	PAWLICKI PAWEŁ	370		POZNAŃ	POL	OPEN M	31	M 31	01:23:14	02:16:03.10	02:16:07.00	10:04	6
39	TYSZKIEWICZ KRZYSZTOF	402		SZCZECIN	POL	OPEN M	32	M 32	01:19:46	02:17:15.70	02:17:36.45	10:10	5.9
40	JARUGA DAMIAN	332	TEAM JARUGA	RYBNIK KAMIEN	GER	OPEN M	33	M 33	01:25:23	02:17:33.55	02:17:36.55	10:11	5.9
41	KOSNO PIOTR	419				OPEN M	34	M 34	01:25:35	02:19:57.20	02:20:07.15	10:22	5.8
42	KORDALEWSKA ANNA	345	OSTRÓDA RUNNERS	OSTRÓDA	POL	OPEN K	8	K 8	01:25:09	02:20:03.65	02:20:08.50	10:22	5.8
43	SIEMION ARTUR	387		KATOWICE	POL	OPEN M	35	M 35	01:29:58	02:20:42.00	02:20:43.95	10:25	5.8
44	BLACHE CYRILLE	308		ASPREMONT	FRA	OPEN M	36	M 36	01:33:20	02:21:08.35	02:21:20.75	10:27	5.7
45	PASIERB ARKADIUSZ	369		CZELADŹ	POL	OPEN M	37	M 37	01:24:12	02:21:25.50	02:21:34.55	10:28	5.7
46	TERESHCHENKO GANNA	399	HUTINPUJ	WROCLAW	POL	OPEN K	9	K 9	01:28:49	02:22:34.60	02:22:39.40	10:33	5.7

**ZADYMA, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	Netto	Brutto	min/km	km/h
47	BAKOWSKI WŁODZIMIERZ	304		WARSZAWA	POL	OPEN M	38	M 38	01:30:19	02:23:16.00	02:23:32.00	10:36	5.7
48	BAKOWSKI DANIEL	306		WARSZAWA	POL	OPEN M	39	M 39	01:33:03	02:25:16.90	02:25:33.30	10:45	5.6
49	JÓZWIK RAFAŁ	336		KAMIENICA POLSKA	POL	OPEN M	40	M 40	01:32:11	02:26:06.15	02:26:13.55	10:49	5.5
50	RICHTER JACEK	377	JAJ-POL	STANOWICE	POL	OPEN M	41	M 41	01:31:33	02:27:25.10	02:27:28.15	10:55	5.5
51	KOPOCIŃSKI MICHAŁ	344		GLIWICE	POL	OPEN M	42	M 42	01:31:55	02:30:32.85	02:30:35.75	11:09	5.4
52	KILIANEK RAFAŁ	339	BIEG Z CHRYSYSEM	TURZA ŚLĄSKA	POL	OPEN M	43	M 43	01:29:09	02:30:49.45	02:31:07.90	11:10	5.4
53	BRZEZIŃSKA TERESA	310	BP RUNNING TEAM GLIWICE	GLIWICE	POL	OPEN K	10	K 10	01:36:22	02:31:01.55	02:31:13.30	11:11	5.4
54	RUNOWICZ MAGDALENA	378		KŁODZKO	POL	OPEN K	11	K 11	01:34:17	02:31:08.25	02:31:14.30	11:11	5.4
55	DUDEK DONATA	318	NEVER TOO LATE / UKS ORZEŁ KATOWICE	CHORZÓW	POL	OPEN K	12	K 12	01:37:03	02:31:38.75	02:31:49.50	11:14	5.3
56	CERKASKI TOMASZ	313	CEBULION 303	GODZISZKA	POL	OPEN M	44	M 44	01:33:43	02:32:02.45	02:32:12.35	11:15	5.3
57	SANOCA DOROTA	385		ZABRZE	POL	OPEN K	13	K 13	01:34:43	02:33:22.40	02:33:33.30	11:21	5.3
58	HADAM PRZEMEK	329		TYCHY	POL	OPEN M	45	M 45	01:36:11	02:34:50.70	02:35:04.30	11:28	5.2
59	GRADZIEL JAKUB	328		BYTOM	POL	OPEN M	46	M 46	01:34:30	02:35:01.10	02:35:05.00	11:29	5.2
60	LEGIEĆ-KWAŚNY MONIKA	352		BUCZKOWICE	POL	OPEN K	14	K 14	01:36:19	02:35:38.25	02:35:47.90	11:31	5.2
61	TOMASZEWSKI BORYS	400	AMARENA	ŚREM	POL	OPEN M	47	M 47	01:36:59	02:36:00.00	02:36:17.00	11:33	5.2
62	HOLECZKI ROMAN	331		RYBNIK KAMIEŃ	POL	OPEN M	48	M 48	01:36:58	02:39:38.00	02:39:41.50	11:49	5.1
63	GONSIOR ZBIGNIEW	325		BYTOM	POL	OPEN M	49	M 49	01:36:01	02:41:50.10	02:41:57.20	11:59	5
64	GABRYŚ NATALIA	424		OSTRZESZÓW	POL	OPEN K	15	K 15	01:43:45	02:43:12.95	02:43:27.90	12:05	5
65	SLUZALEK MAŁGORZATA	391		GLIWICE	POL	OPEN K	16	K 16	01:36:49	02:45:47.35	02:45:51.80	12:16	4.9
66	CHOLEWIŃSKI PAWEŁ	314	HARCIOLE	CHORZÓW	POL	OPEN M	50	M 50	01:36:57	02:46:29.10	02:46:38.30	12:19	4.9
67	FILIPIAK BEATA	353		BYTOM	POL	OPEN K	17	K 17	01:34:53	02:46:24.65	02:46:38.70	12:19	4.9
68	KORUS MARCIN	346	GANG BULIKA	ŁAZISKA GÓRNE	POL	OPEN M	51	M 51	01:43:41	02:48:34.85	02:48:50.15	12:29	4.8
69	SIWIŃSKA GOSIA	389		TYCHY	POL	OPEN K	18	K 18	01:43:50	02:48:37.35	02:48:50.35	12:29	4.8
70	DĘBEK PIOTR	316	AMARENA	ŚWIDNICA	POL	OPEN M	52	M 52	01:38:45	02:51:05.55	02:51:23.45	12:40	4.7
71	PŁOŃSKA JULIA	373		WARSZAWA	POL	OPEN K	19	K 19	01:32:33	02:51:41.90	02:51:51.40	12:43	4.7
72	JARUGA GRZEGORZ	333		RYBNIK KAMIEŃ	POL	OPEN M	53	M 53	01:22:29	02:52:11.55	02:52:14.30	12:45	4.7
73	GORAUS KRZYSZTOF	326		CZERWIONKA LESZCZYNY	POL	OPEN M	54	M 54	01:22:27	02:52:16.00	02:52:18.85	12:45	4.7
74	FIRLA MATEUSZ	319		RYBNIK KAMIEŃ	POL	OPEN M	55	M 55	01:37:00	02:52:20.85	02:52:24.60	12:46	4.7
75	MARCINIAK DAMIAN	359	AMARENA	RUSOCIN	POL	OPEN M	56	M 56	01:37:39	02:52:44.80	02:53:01.05	12:47	4.7
76	MĄDRZYK EWELINA	418		SOSNOWIEC	POL	OPEN K	20	K 20	01:50:46	02:53:17.00	02:53:24.90	12:50	4.7
77	UDRO PRZEMYSŁAW	403	BIGYELLOWFOOT ADVENTURE TEAM	PYSKOWICE	POL	OPEN M	57	M 57	01:49:44	02:53:23.65	02:53:25.60	12:50	4.7
78	MĄDRZYK DANIEL	583		SOSNOWIEC	POL	OPEN M	58	M 58	01:50:39	02:53:18.85	02:53:26.85	12:50	4.7
79	MIĘTKA KRZYSZTOF	362		KRAKÓW	POL	OPEN M	59	M 59	01:44:02	02:53:28.20	02:53:36.80	12:50	4.7
80	KASZTELAN-HUNIA EWA	337		BYTOM	POL	OPEN K	21	K 21	01:51:07	02:53:48.80	02:53:59.55	12:52	4.7
81	MANIURA ADAM	358		BYTOM	POL	OPEN M	60	M 60	01:52:10	02:54:15.90	02:54:26.80	12:54	4.6
82	TRZCIŃA AGATA	401	AMARENA	ŚWIDNICA	POL	OPEN K	22	K 22		02:55:16.05	02:55:35.10	12:58	4.6
83	MICHAŁSKA EWA	361	MELA TEAM	TYCHY	POL	OPEN K	23	K 23	01:43:52	02:57:04.30	02:57:18.80	13:06	4.6
84	KUŚMIEREK TOMASZ	570		SZCZERCÓW	POL	OPEN M	61	M 61	01:49:51	02:57:29.40	02:57:34.95	13:08	4.6
85	NOWAKOWSKI MICHAŁ	364	BEZ KLUBOWY	CZĘSTOCHOWA	POL	OPEN M	62	M 62	01:49:53	03:05:41.50	03:05:41.50	13:45	4.4
86	SZENDZIELORZ PATRYK	396	SZWAGRY TEAM	CZECHOWICE-DZIEDZICE	POL	OPEN M	63	M 63	01:44:04	03:08:30.20	03:08:45.35	13:57	4.3
87	SOLTYS ANIA	393		DEN HAAG	NED	OPEN K	24	K 24	01:52:41	03:10:21.70	03:10:32.80	14:06	4.3
88	BAKOWSKA ANNA	303	KLUB ŚLIMAKA TORPEDY	POZNAŃ	POL	OPEN K	25	K 25	01:52:35	03:10:19.35	03:10:32.85	14:05	4.3
89	MALEWSKI TOMASZ	357		ŁÓDŹ	POL	OPEN M	64	M 64	01:58:30	03:13:04.40	03:13:14.85	14:18	4.2
90	SZLAKOWICZ EWA	397		ŁÓDŹ	POL	OPEN K	26	K 26	01:58:33	03:13:04.65	03:13:14.95	14:18	4.2
91	PABICH HONORATA	365	MAM_NA_WSZYSTKO_WYBIEGANE	WROCLAW	POL	OPEN K	27	K 27	02:10:56	03:15:49.50	03:15:56.70	14:30	4.1
92	SCHULC GRZEGORZ	386	POKOJOWY PATROL	ŁAZISKA GÓRNE	POL	OPEN M	65	M 65	02:00:52	03:19:26.05	03:19:49.70	14:46	4.1
93	FRANKOWSKA ANIA	320	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	OPEN K	28	K 28	02:06:34	03:22:36.45	03:22:50.65	15:00	4
94	KROES ERWIN	349		VOORBURG	NED	OPEN M	66	M 66	02:05:22	03:23:03.40	03:23:15.40	15:02	4
95	DOBROSZ - KRAKOWCZYK JOANNA	317	SISTARS	WROCLAW	POL	OPEN K	29	K 29	02:12:17	03:23:28.65	03:23:36.10	15:04	4
96	WALCZYŃSKA KAROLINA	405	RUNHOGS TYCHY	TYCHY	POL	OPEN K	30	K 30	02:06:55	03:23:44.70	03:23:56.95	15:05	4
97	FRĄCKOWIAK ELŻBIETA	323	AMARENA	ŚREM	POL	OPEN K	31	K 31	01:59:30	03:32:11.30	03:32:31.30	15:43	3.8
98	ZIMOWSKI DAMIAN	412	AMARENA	ŚREM	POL	OPEN M	67	M 67	02:11:35	03:38:33.95	03:38:48.95	16:11	3.7
99	NOWAK BARTOSZ	363	AMARENA	ŚREM	POL	OPEN M	68	M 68	02:11:26	03:38:32.75	03:38:49.00	16:11	3.7
100	ULMAN MIKOŁAJ	404	AMARENA	ŚREM	POL	OPEN M	69	M 69	02:12:05	03:38:39.70	03:38:55.05	16:11	3.7
101	WALKOWIAK TYMOTEUZ	406	AMARENS	ŚREM	POL	OPEN M	70	M 70	02:11:24	03:38:40.45	03:38:56.00	16:11	3.7
102	SERWATKA ANGELIKA	613	KOBIETY WATAHY	ZABRZE	POL	OPEN K	32	K 32	02:18:42	03:42:52.55	03:43:01.25	16:30	3.6
103	RYŚ KATARZYNA	383		WROCLAW	POL	OPEN K	33	K 33	02:13:12	03:46:44.15	03:46:51.35	16:47	3.6

**ZADYMA, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	Netto	Brutto	min/km	km/h
104	KOLAKOWSKA ANIA	342	BPRUNNINGTEAM	VOORBURG	NED	OPEN K	34	K 34	02:22:38	03:52:16.25	03:52:27.70	17:12	3.5
105	PIETRASZEK EWA	602	KOBIETY WATAHY	CHORZÓW	POL	OPEN K	35	K 35	02:28:29	03:57:49.30	03:57:57.90	17:36	3.4
106	MACHOCZEK KRYSZYNA	356		RYBNIK	POL	OPEN K	36	K 36	02:19:38	04:00:12.60	04:00:18.80	17:47	3.4
107	ZIÓŁKOWSKA PATRYCJA	413		ZERNIKI WROCŁAWSKIE	POL	OPEN K	37	K 37	02:28:36	04:14:14.95	04:14:18.75	18:50	3.2
108	BIELUCH MATEUSZ	307	AMARENA	ŚREM	POL	OPEN M	71	M 71	02:23:26	04:20:50.90	04:21:07.10	19:19	3.1
109	OKONIEWSKA JULIA	416	AMARENA	MANIECZKI	POL	OPEN K	38	K 38	02:36:48	04:29:47.60	04:30:06.35	19:59	3
110	SKRZYPCZAK SZYMON	390	AMARENA	ŚREM	POL	OPEN M	72	M 72	02:23:25	04:31:00.50	04:31:16.10	20:04	3
111	BAKOWSKI MACIEJ	305	AMARENA	MANIECZKI	POL	OPEN M	73	M 73	02:36:46	04:31:03.40	04:31:21.20	20:04	3
112	BOHUN-PRZYLUCKA KORNELIA	309	AMARENA	ŚREM	POL	OPEN K	39	K 39	02:42:56	04:31:05.70	04:31:24.60	20:04	3
113	FUJAK MACIEJ	324	AMARENA	ŚREM	POL	OPEN M	74	M 74	02:42:54	04:31:05.00	04:31:24.70	20:04	3
114	FRĄCKOWIAK JACEK	321	AMARENA	ŚREM	POL	OPEN M	75	M 75	02:42:54	04:31:38.45	04:31:55.45	20:07	3
115	WOŹNIAK ANNA	644	KOBIETY WATAHY	BYTOM	POL	OPEN K	40	K 40	02:43:01	04:32:44.95	04:32:53.85	20:12	3
116	WRZOSEK BARBARA	411	TNT MOTOCROSS	WARSZAWA	POL	OPEN K	41	K 41	02:42:55	05:16:05.35	05:16:17.80	23:24	2.6
117	FRĄCKOWIAK PRZEMYSŁAW	322	AMARENA	ŚREM	POL	OPEN M	76	M 76	03:02:45	05:20:15.95	05:20:34.15	23:43	2.5
118	MICHALAK ZUZANNA	360	AMARENA	ŚREM	POL	OPEN K	42	K 42	03:10:19	05:20:15.00	05:20:34.20	23:43	2.5
119	PABISIAK BARTOSZ	367	AMARENA	MANIECZKI	POL	OPEN M	77	M 77	03:10:16	05:20:15.30	05:20:34.35	23:43	2.5
120	PABISIAK MARIKA	366	AMARENA	ŚREM	POL	OPEN K	43	K 43	03:02:49	05:20:15.75	05:20:34.35	23:43	2.5
	SPYCHALSKI ROMUALD	394		WARSZAWA	POL	OPEN M			01:17:01	DNF	DNF	-	-