

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM**

Organizator: Fundacja Bieg Rzeźnika  
 Data: 2020-01-25  
 Miejsce: Cisna  
 Dystans: 44 km  
 Klasyfikacja wg czasów brutto.


**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
1	ZIEJEWSKI GRZEGORZ	552				M40	1	M 1	01:16:40	01:55:05	02:26:03	02:52:15	03:06:44.35	03:06:45.35	4:14	14.1
2	ZUCHOWSKI DANIEL	3	MUAY RUNNING TEAM	KRAKÓW	POL	M30	1	M 2	01:15:48	01:55:06	02:26:03	02:53:43	03:07:42.10	03:07:43.40	4:15	14.1
3	KOT RAFAŁ	562	MUAY RUNNING TEAM	SZCZYTNO	POL	M40	2	M 3	01:16:44	01:55:13	02:26:14	02:53:25	03:07:42.95	03:07:44.75	4:15	14.1
4	ZIAJKA KAROL	524	FINISZ RYMANÓW	RYMANÓW	POL	M20	1	M 4	01:16:33	01:55:34	02:26:38	02:54:02	03:07:38.95	03:07:46.15	4:15	14.1
5	KRUBA MARCIN	5	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	CIESZACIN WIELKI	POL	M30	2	M 5	01:16:53	01:55:31	02:26:28	02:54:15	03:08:29.55	03:08:31.45	4:17	14
6	SEDLAK MICHAŁ	391		GIERASZOWICE	POL	M40	3	M 6	01:16:39	01:56:29	02:29:16	02:59:24	03:15:14.00	03:15:15.00	4:26	13.5
7	SZWAJA MATEUSZ	7	OTK RZEŹNIK & T.S. AKS CHORZÓW	GLIWICE	POL	M20	2	M 7	01:16:35	01:56:17	02:31:09	03:02:08	03:17:08.60	03:17:10.00	4:28	13.4
8	FLISIŃSKI ŁUKASZ	101		SOSNOWIEC	POL	M30	3	M 8	01:16:39	01:57:21	02:31:28	03:03:05	03:19:32.70	03:19:33.60	4:32	13.2
9	SYCHOWICZ DANIEL	432		OTWOCK	POL	M40	4	M 9	01:18:01	01:59:23	02:33:06	03:03:40	03:19:57.65	03:19:59.35	4:32	13.2
10	KOBIERSKI PIOTR	213	UKA ULTRAS RUNNERS	WARSZAWA	POL	M40	5	M 10	01:20:43	02:02:17	02:37:07	03:08:19	03:25:26.55	03:25:32.00	4:40	12.8
11	MARZEC GRZEGORZ	289	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	M40	6	M 11	01:25:07	02:09:02	02:42:57	03:12:49	03:28:26.95	03:28:30.40	4:44	12.7
12	KUDŁAK PAWEŁ	250	PORANNY PATROL	KRAKÓW	POL	M30	4	M 12	01:20:56	02:04:13	02:40:04	03:13:48	03:30:50.55	03:30:56.25	4:47	12.5
13	BRZAŃKALSKI KRZYSIEK	47	TEAM EAZYMUT.PL	PŁOCK	POL	M20	3	M 13	01:21:13	02:04:29	02:40:44	03:14:11	03:33:18.30	03:33:22.85	4:50	12.4
14	STROIŃSKI DANIEL	423		WARSZAWA	POL	M30	5	M 14	01:25:11	02:09:33	02:46:35	03:20:05	03:37:04.85	03:37:07.05	4:56	12.2
15	KUBASIK ŁUKASZ	246		PRZEWORSK	POL	M30	6	M 15	01:30:23	02:15:50	02:51:50	03:22:25	03:37:26.00	03:37:37.10	4:56	12.1
16	SZCZEPANIAK WITOLD	439		OSTRÓW WIELKOPOLSKI	POL	M40	7	M 16	01:28:06	02:12:49	02:48:34	03:21:43	03:38:47.10	03:38:49.30	4:58	12.1
17	KRZEMIŃSKI MARCIN	241	SPRINT GORZYCE	GORZYCE	POL	M40	8	M 17	01:27:35	02:12:58	02:48:40	03:21:10	03:38:35.85	03:38:50.90	4:58	12.1
18	DYREK MICHAŁ	88	MOK MSZANA DOLNA	MSZANA GÓRNA	POL	M30	7	M 18	01:26:31	02:12:38	02:49:12	03:22:27	03:40:04.55	03:40:09.65	5:00	12
19	WILK KATARZYNA	555		PLEŚNA	POL	K30	1	K 1	01:27:06	02:13:18	02:51:11	03:23:59	03:41:52.05	03:41:54.70	5:02	11.9
20	MORAWA MATEUSZ	308	LACHO TEAM	RADZISZÓW	POL	M40	9	M 19	01:22:33	02:08:24	02:44:23	03:21:27	03:41:36.45	03:41:56.25	5:02	11.9
21	MEISSNER PAWEŁ	297	TIGERS TEAM / REEBOKRUNCREWLDZ	ŁÓDŹ	POL	M30	8	M 20	01:26:49	02:15:38	02:52:21	03:26:02	03:42:22.25	03:42:22.25	5:03	11.9
22	DOMISZEWSKA MARIA	2		USTRZYKI DOLNE	POL	K50	1	K 2	01:28:38	02:15:07	02:52:59	03:25:43	03:43:15.85	03:43:18.45	5:04	11.8
23	PRUCNAL ZBIGNIEW	365	JASIELSKIE PIORUNY	JASŁO	POL	M40	10	M 21	01:34:06	02:18:52	02:54:45	03:27:33	03:44:49.05	03:45:14.00	5:06	11.7
24	ŁĘCKI PIOTR	273	BP RUNNING TEAM GLIWICE	GLIWICE	POL	M30	9	M 22	01:27:37	02:13:27	02:52:05	03:28:38	03:47:03.00	03:47:18.05	5:09	11.6
25	TKACZEWSKI PIOTR	456		MIECHÓW	POL	M40	11	M 23	01:31:38	02:18:32	02:56:01	03:29:35	03:47:01.30	03:47:24.35	5:09	11.6
26	DYREK MATEUSZ	89		MSZANA GÓRNA	POL	M30	10	M 24	01:27:53	02:16:22	02:54:23	03:29:41	03:47:41.15	03:47:45.65	5:10	11.6
27	SZAPAR PRZEMYSŁAW	6		GDYNIA	POL	M40	12	M 25	01:24:16	02:07:03	02:48:27	03:26:56	03:47:46.55	03:48:06.55	5:10	11.6
28	FELUCH KRZYSZTOF	95	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	M40	13	M 26	01:30:37	02:16:23	02:54:56	03:30:28	03:47:57.35	03:48:15.50	5:10	11.6
29	BAR STANISŁAW	21	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M40	14	M 27	01:26:19	02:13:16	02:51:46	03:27:46	03:48:17.80	03:48:22.15	5:11	11.6
30	KONKEL KATARZYNA	221	DECATHLON LUBLIN CZECHÓW / MAJA TEAM	LUBLIN	POL	K20	1	K 3	01:27:43	02:14:54	02:53:30	03:29:58	03:50:07.75	03:50:10.65	5:13	11.5
31	URBANEK PATRYK	469		MYSŁOWICE	POL	M20	4	M 28	01:30:49	02:18:11	02:57:58	03:32:26	03:50:56.95	03:51:08.35	5:14	11.4
32	MIELCZAREK DAWID	302	DAVID_STEP_BY_STEP / OBOZYGORSKIE.PLL	KĘPNO	POL	M30	11	M 29	01:28:41	02:16:39	02:58:06	03:33:41	03:51:10.40	03:51:16.50	5:15	11.4
33	SMOLEŃ JANUSZ	405	FOXTEAM	GDAŃSK	POL	M40	15	M 30	01:32:53	02:20:24	02:59:20	03:34:14	03:51:46.35	03:52:31.60	5:16	11.4
34	JASŁOWSKA JUSTYNA	1	SCOTT TEAM	WARSZAWA	POL	K30	2	K 4	01:31:44	02:20:25	02:59:43	03:34:47	03:53:09.00	03:53:12.45	5:17	11.3
35	KĄKOL MICHAŁ	195	RACEFIGHTER GOSIR DĘBE WIELKIE	KAROLINA	POL	M30	12	M 31	01:35:16	02:24:28	03:03:25	03:36:43	03:53:12.20	03:53:19.80	5:18	11.3
36	GIERSZEWski JAROSŁAW	125	ZAŁOGA G	CIECHOCINEK	POL	M40	16	M 32	01:29:16	02:19:01	02:59:49	03:35:47	03:54:20.95	03:54:23.45	5:19	11.3
37	JUSZCZAK MARCIN	176		CEGLÓW	POL	M30	13	M 33	01:35:16	02:24:28	03:03:30	03:36:48	03:54:30.70	03:54:37.00	5:19	11.3
38	BAJOREK JAN	19		OLSZYNY	POL	M40	17	M 34	01:37:13	02:28:57	03:08:28	03:39:17	03:55:37.00	03:55:51.00	5:21	11.2

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
39	ZIEBA TOMEK	525	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M40	18	M 35	01:30:31	02:19:00	02:57:13	03:34:40	03:55:50.85	03:56:03.15	5:21	11.2
40	JĘDZURA DANIEL	168	BP RUNNING TEAM GLIWICE	GLIWICE	POL	M40	19	M 36	01:33:15	02:23:47	03:03:39	03:38:15	03:56:10.55	03:56:26.30	5:22	11.2
41	ŻYWICKI MACIEJ	538	DROGA DO ULTRA	ŁÓDŹ	POL	M30	14	M 37	01:33:25	02:21:49	03:01:42	03:37:36	03:56:03.15	03:56:54.35	5:21	11.2
42	MATYSIAK BARTŁOMIEJ	294	JACEKBIEGA RUNNING TEAM	CZACHÓWEK	POL	M40	20	M 38	01:29:10	02:19:48	03:02:10	03:38:36	03:56:57.80	03:57:09.65	5:23	11.1
43	JOŃCZYK RAFAŁ	169	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M40	21	M 39	01:33:15	02:21:34	03:01:30	03:37:24	03:56:49.45	03:57:45.30	5:22	11.1
44	NIEZNAJSKI ADRIAN	325		WARSZAWA	POL	M30	15	M 40	01:39:34	02:28:31	03:06:25	03:39:16	03:57:06.10	03:58:48.10	5:23	11.1
45	STAŃKO PAWEŁ	419	BIESY I CZORTY	LUTOWISKA	POL	M40	22	M 41	01:33:39	02:23:50	03:05:18	03:41:08	03:58:59.50	03:59:15.90	5:25	11
46	PETRYNA JAGODA	8	NOA	WROCŁAW	POL	K30	3	K 5	01:36:22	02:25:52	03:06:19	03:41:17	03:59:13.90	03:59:17.65	5:26	11
47	PIASECZNY MARCIN	355	RUN-G	KRAKÓW	POL	M40	23	M 42	01:33:28	02:23:06	03:05:12	03:40:37	03:57:53.50	03:59:26.60	5:24	11.1
48	BUŁAWA FILIP	551	UKS KOMETA	GLIWICE	POL	M20	5	M 43	01:34:33	02:23:31	03:04:05	03:40:13	03:59:26.00	03:59:31.05	5:26	11
49	KMAK SŁAWEK	212		GRYBÓW	POL	M40	24	M 44	01:30:35	02:19:19	02:59:31	03:37:34	03:59:29.50	03:59:33.40	5:26	11
50	FLĄDRO DANIEL	100		WOKOWICE	POL	M40	25	M 45	01:30:24	02:20:36	03:02:36	03:40:28	03:59:34.45	03:59:36.85	5:26	11
51	DRABIŃSKI MARIUSZ	78	KB MCKIS JAWORZNO	JAWORZNO	POL	M30	16	M 46	01:28:57	02:19:24	03:03:32	03:41:02	04:00:19.25	04:00:24.25	5:27	11
52	WEREMKO GRZEGORZ	485	MULTIMEDIA RUNNERS PUŁAWY	PUŁAWY	POL	M40	26	M 47	01:35:05		03:06:02		03:59:59.20	04:00:26.35	5:27	11
53	FORREITER OSKAR	104		BOJSZOWY	POL	M20	6	M 48	01:29:20	02:23:01	03:08:15	03:43:39	04:00:49.40	04:00:52.85	5:28	11
54	ZIĘBA SABINA	529	FOREVER TEAM	ŚWILCZA	POL	K30	4	K 6	01:37:10	02:27:08	03:07:43	03:43:51	04:02:03.20	04:02:10.20	5:30	10.9
55	PACHO SYLWESTER	342	PAPIKI	GRYBÓW	POL	M40	27	M 49	01:36:39	02:28:19	03:10:08	03:47:53	04:06:22.95	04:06:31.05	5:35	10.7
56	JANDZIŚ WIESŁAW	156	AKTYWNY DYNÓW	DYNÓW	POL	M40	28	M 50	01:36:35	02:29:45	03:10:37	03:48:17	04:06:12.65	04:06:40.95	5:35	10.7
57	WIERZBIŃSKI TOMASZ	488		BOGUCHWAŁA	POL	M40	29	M 51	01:36:06	02:30:03	03:10:48	03:46:22	04:05:39.35	04:06:42.85	5:34	10.7
58	KOCOŃ MARIUSZ	559	10BLOG	OPOLE	POL	M50	1	M 52	01:38:41	02:29:16	03:10:57	03:46:42	04:05:02.45	04:06:51.35	5:34	10.8
59	KARPIŃSKI TOMASZ	189		RZESZÓW	POL	M40	30	M 53	01:36:43	02:27:48	03:09:07	03:47:12	04:07:15.65	04:07:25.05	5:37	10.7
60	BARAN BERNARD	23	OCR TEAM DĘBICA	DĘBICA	POL	M40	31	M 54	01:37:06	02:27:32	03:09:53	03:46:26	04:05:51.00	04:07:29.45	5:35	10.7
61	RYCHTER KAROL	549	THE RYCHTERS	BYDGOSZCZ	POL	M40	32	M 55	01:24:47	02:39:21	03:20:36	03:51:42	04:07:38.50	04:07:42.10	5:37	10.7
62	BORYS ANDRZEJ	556		ŁĄZY	POL	M40	33	M 56	01:31:44	02:26:55	03:07:48	03:46:14	04:08:39.65	04:08:52.30	5:39	10.6
63	POTONIEC GRZEGORZ	363	RODZENSTO	WARSZAWA	POL	M30	17	M 57	01:29:20	02:20:07	03:06:04	03:47:00	04:08:48.00	04:09:10.85	5:39	10.6
64	WADAS GRZEGORZ	474		KRAKÓW	POL	M40	34	M 58	01:34:08	02:26:42	03:11:45	03:48:37	04:08:53.15	04:09:19.65	5:39	10.6
65	KAJA GRACJAN	557	BYDGOŚCIE	NOWY BUCZEK	POL	M40	35	M 59	01:35:24	02:27:14	03:11:19	03:50:30	04:09:39.55	04:10:06.55	5:40	10.6
66	RUTA JAROMIR	381	KLUB POD WISIENKĄ	KRAKÓW	POL	M30	18	M 60	01:46:31	02:36:00	03:15:38	03:50:43	04:09:13.95	04:10:25.05	5:39	10.6
67	STACHURSKI AREK	417		WARSZAWA	POL	M30	19	M 61	01:39:55	02:32:23	03:14:19	03:49:16	04:08:29.05	04:10:41.35	5:38	10.6
68	DONIEC SEBASTIAN	76	MARCIN ŚWIERC TEAM	JASŁO	POL	M40	36	M 62	01:34:39	02:27:23	03:14:55	03:52:15	04:10:38.40	04:11:03.55	5:41	10.5
69	WOŹNIAK ŁUKASZ	507	PORANNY PATROL	KRAKÓW	POL	M40	37	M 63	01:40:15	02:34:43	03:19:30	03:52:53	04:09:37.70	04:11:04.60	5:40	10.6
70	WOŹNIAK DAWID	508		RUDAWA	POL	M30	20	M 64	01:39:56	02:33:24	03:15:41	03:52:23	04:10:54.55	04:11:37.15	5:42	10.5
71	PECIO MARIUSZ	353	SGSP	WARSZAWA	POL	M40	38	M 65	01:33:12	02:23:03	03:14:01	03:51:33	04:11:59.45	04:12:09.70	5:43	10.5
72	BIESZCZAD MATEUSZ	9	NOWY STYL GROUP RUNNING TEAM	WOJASZÓWKA	POL	M30	21	M 66	01:31:20	02:23:51	03:08:28	03:50:55	04:13:18.90	04:13:25.85	5:45	10.4
73	DRAŃKO PIOTR	79		OTWOCK	POL	M30	22	M 67	01:35:09	02:26:18	03:12:33	03:53:03	04:13:19.80	04:13:35.80	5:45	10.4
74	DĄBROWSKI TOMASZ	72	CARPATHIAN RUNNERS	RZESZÓW	POL	M30	23	M 68	01:34:50	02:28:47	03:11:37	03:51:17	04:13:56.00	04:14:16.55	5:46	10.4
75	MESJASZ MAREK	298	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	POL	M30	24	M 69	01:40:48	02:35:36	03:19:02	03:55:23	04:13:54.55	04:14:42.75	5:46	10.4
76	JASTRZĄB PIOTR	163	DEKAN LESKO	LESKO	POL	M50	2	M 70	01:36:43	02:28:39	03:14:40	03:54:43	04:15:13.05	04:15:23.10	5:48	10.3
77	FRYSIAK ARTUR	107	WIELUŃ ULTRA	WIELUŃ	POL	M50	3	M 71	01:35:17	02:27:43	03:13:54	03:53:43	04:15:47.55	04:15:58.45	5:48	10.3
78	MISZTAŁ RAFAŁ	307	LOS PANTALONES ROJOS	CHRZANÓW	POL	M40	39	M 72	01:34:39	02:28:08	03:16:05	03:57:07	04:16:17.45	04:16:22.70	5:49	10.3
79	KOLANO AGNIESZKA	217	WAY2CHAMP/KUŹNIA TRIATHLONU	WARSZAWA	POL	K30	5	K 7	01:40:42	02:34:48	03:17:36	03:56:10	04:16:32.85	04:16:41.20	5:49	10.3
80	SIWAK RYSZARD	398	TEAM RYŚ SKI	WĘGRZCE	POL	M40	40	M 73	01:41:36	02:35:16	03:19:22	03:55:44	04:15:43.40	04:17:07.15	5:48	10.3
81	ŁĘCKA AGNIESZKA	272	JACEKBIEGA RUNNING TEAM	GOLUB-DOBRYŃ	POL	K30	6	K 8	01:36:58	02:29:34	03:16:14	03:56:47	04:17:17.90	04:17:30.60	5:50	10.3
82	JÓŹWIAK RAFAŁ	172	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M30	25	M 74	01:35:29	02:27:28	03:14:50	03:56:48	04:17:26.55	04:17:38.25	5:51	10.3
83	PELA DARIUSZ	541	TMT TORUŃ	TORUŃ	POL	M30	26	M 75	01:42:55	02:38:34	03:21:09	03:57:39	04:17:07.85	04:18:03.35	5:50	10.3
84	AŚLANOWICZ MARCIN	17		WARSZAWA	POL	M40	41	M 76	01:38:18	02:33:14	03:19:57	03:58:13	04:18:01.20	04:18:14.00	5:51	10.2
85	PSIUCH BARTOSZ	367	WM TRISELF	KRAKÓW	POL	M30	27	M 77	01:38:05	02:30:44	03:18:30	03:58:22	04:18:12.60	04:18:25.40	5:52	10.2
86	KASKA-ŁOBODOWSKA EWELINA	191	RACE FIGHTER GOSIR DĘBE WIELKIE	SIENNICA	POL	K30	7	K 9	01:41:49	02:38:24	03:22:11	03:59:42	04:18:24.95	04:18:31.45	5:52	10.2

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87	KIERNICKI ŁUKASZ	197	FUN&RUN	CZUDEK	POL	M30	28	M 78	01:37:17	02:30:55	03:18:54	03:58:24	04:18:48.45	04:18:58.50	5:52	10.2
88	KANTOROWSKI PIOTR	185		RZESZÓW	POL	M30	29	M 79	01:37:06	02:31:17	03:19:16	03:59:08	04:18:44.15	04:19:06.05	5:52	10.2
89	MAKSELON ANNA	281		SZCZECINEK	POL	K40	1	K 10	01:43:32	02:39:24	03:22:17	04:00:18	04:19:13.50	04:19:48.55	5:53	10.2
90	GARCZYŃSKI DAREK	116		KATOWICE	POL	M40	42	M 80	01:36:38	02:28:03	03:14:56	03:57:01	04:19:43.30	04:20:00.50	5:54	10.2
91	STANKIEWICZ ANNA	418	DOGOŃ GRODZISK MAZOWIECKI	CZARNY LAS	POL	K30	8	K 11	01:44:00	02:38:20	03:21:58	03:59:59	04:19:52.75	04:20:07.25	5:54	10.2
92	CHOWANIEC SEBASTIAN	59	DOGOŃ GRODZISK MAZOWIECKI	NOWY DWÓR MAZOWIECKI	POL	M30	30	M 81	01:44:00	02:38:21	03:22:13	04:00:09	04:19:53.50	04:20:08.30	5:54	10.2
93	GOTFRYD ADAM	133		JASŁO	POL	M40	43	M 82	01:47:23	02:42:38	03:25:26	04:01:57	04:20:05.60	04:20:31.70	5:54	10.2
94	TERLECKI KRZYSZTOF	455	CHEŁ BIEGA	CHEŁM	POL	M50	4	M 83	01:42:57	02:36:39	03:20:55	04:00:28	04:20:37.95	04:21:02.70	5:55	10.1
95	CHILICKA MARTA	55	RED LION CLUB	MIĘDZYRZEC PODLASKI	POL	K30	9	K 12	01:42:51	02:37:46	03:22:27	04:01:16	04:20:56.90	04:21:05.00	5:55	10.1
96	ROŻNIATA IWONA	378	SNG WILD DUCKS	GŁOWNO	POL	K40	2	K 13	01:42:57	02:39:33	03:23:33	04:01:37	04:20:57.55	04:21:22.60	5:55	10.1
97	STROIŃSKI MACIEJ	424		BIAŁYSTOK	POL	M30	31	M 84	01:43:28	02:37:13	03:20:03	03:59:18	04:21:14.35	04:22:09.25	5:56	10.1
98	GEŚICH KAMIL	123	KS ZIELONO - CZARNI	SZCZAWIN	POL	M30	32	M 85	01:35:12	02:29:38	03:16:38	04:00:38	04:21:44.50	04:22:25.35	5:56	10.1
99	NEUFELD MARCIN	319	INTEL RUNNERS / RUN-PASSION.PL	GDYNIA	POL	M40	44	M 86	01:33:37	02:27:16	03:16:42	04:01:23	04:22:44.65	04:22:53.90	5:58	10
100	WOJTOWICZ EMIL	503	PGE OBRÓT RUN	WŁADYSŁAWÓW	POL	M40	45	M 87	01:48:58	02:42:31	03:25:46	04:03:31	04:22:38.70	04:23:26.40	5:58	10.1
101	PANTOŁ MIROSŁAW	343		RZESZÓW	POL	M40	46	M 88	01:38:28	02:32:51	03:21:36	04:02:29	04:23:40.80	04:23:50.35	5:59	10
102	OLEŚ DANIEL	335		BYDGOSZCZ	POL	M30	33	M 89	01:37:10	02:36:04	03:21:48	04:03:00	04:24:52.75	04:25:01.55	6:01	10
103	SERAFIN ROBERT	394		GRYBÓW	POL	M40	47	M 90	01:39:45	02:33:49	03:20:52	04:03:53	04:25:00.30	04:25:07.70	6:01	10
104	BEDNARSKA KATARZYNA	29	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ/SIEBIEGA	KIELCE	POL	K40	3	K 14	01:46:43	02:44:24	03:28:01	04:05:43	04:26:31.85	04:26:50.60	6:03	9.9
105	ZAJĄC GRZEGORZ	518		ŁĘCZNA	POL	M40	48	M 91	01:40:53	02:38:14	03:23:44	04:05:11	04:27:05.20	04:27:24.95	6:04	9.9
106	PYRKOSZ DAMIAN	369	AMBASADOR FESTIWALU BIEGÓW KRYNICA	RZESZÓW	POL	M40	49	M 92	01:41:21	02:35:03	03:20:22	04:04:19	04:26:31.80	04:27:33.70	6:03	9.9
107	JANERKA MARZKA	157	DZIABNIĘCI	CHORZÓW	POL	K40	4	K 15	01:45:15	02:41:01	03:26:06	04:06:17	04:27:45.60	04:27:51.60	6:05	9.9
108	KIRILENKO ANETA	199		MARKI	POL	K40	5	K 16	01:41:09	02:38:13	03:26:19	04:06:55	04:27:25.60	04:27:55.70	6:04	9.9
109	KIRILENKO MARCIN	200		MARKI	POL	M40	50	M 93	01:41:09	02:38:14	03:26:19	04:06:59	04:27:27.95	04:27:57.90	6:04	9.9
110	BARĆ PIOTR	26	PLANETA NISKO	WOLINA	POL	M50	5	M 94	01:41:36	02:36:12	03:22:39	04:05:30	04:27:33.75	04:27:59.75	6:04	9.9
111	MAJEWICZ GRZEGORZ	277		MIECHÓW	POL	M40	51	M 95	01:43:53	02:41:09	03:26:04	04:06:24	04:27:55.35	04:28:19.00	6:05	9.9
112	JANIK PIOTR	159		KOSZALIN	POL	M40	52	M 96	01:46:43	02:40:03	03:26:20	04:07:03	04:27:37.20	04:28:43.70	6:04	9.9
113	KRAUZE TOMASZ	236	GB WROCŁAWSKIE MORSY	WROCŁAW	POL	M50	6	M 97	01:45:44	02:42:30	03:27:31	04:08:03	04:27:51.60	04:28:50.15	6:05	9.9
114	KALISZ JAKUB	179		WARSZAWA	POL	M30	34	M 98	01:45:21	02:41:00	03:29:58	04:09:11	04:28:22.15	04:28:50.55	6:05	9.8
115	GRZYBOWSKI RAFAŁ	139		WARSZAWA	POL	M40	53	M 99	01:44:49	02:40:32	03:26:34	04:08:10	04:27:27.85	04:28:02.65	6:04	9.9
116	PAŁKA TOMASZ	545			POL	M40	54	M 100	01:42:53	02:40:43	03:27:49	04:07:44	04:29:00.75	04:29:14.60	6:06	9.8
117	BORUSZEWSKA BEATA	44		SIEMIANOWICE ŚLĄSKIE	POL	K40	6	K 17	01:47:08	02:45:22	03:30:22	04:09:18	04:28:51.00	04:30:02.15	6:06	9.8
118	BŁĘDOWSKI MARIUSZ	39	AAC FORD AUTO STYL WŁOCŁAWEK TEAM	WŁOCŁAWEK	POL	M40	55	M 101	01:40:56	02:38:26	03:26:01	04:09:04	04:29:24.25	04:30:06.45	6:07	9.8
119	OSZCZĘDA WOJCIECH	341	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M40	56	M 102	01:43:25	02:38:35	03:27:46	04:09:51	04:29:09.80	04:30:42.20	6:07	9.8
120	KLAMUT RYSZARD	203	KGB KORCZYNA	HACZÓW	POL	M60	1	M 103	01:46:58	02:41:17	03:27:10	04:08:52	04:30:53.55	04:31:01.75	6:09	9.7
121	JUREK PRZEMYSŁAW	174	KS STASZEWCY	WARSZAWA	POL	M40	57	M 104	01:43:58	02:40:22	03:25:28	04:08:41	04:31:02.55	04:31:27.25	6:09	9.7
122	SUWEZDA JACEK	431	DZIKA CZEWA	CZĘSTOCHOWA	POL	M50	7	M 105	01:40:36	02:35:49	03:25:47	04:09:08	04:31:03.00	04:31:41.95	6:09	9.7
123	LANGER WALDEMAR	258		LESZNO	POL	M50	8	M 106	01:43:15	02:42:20	03:28:45	04:10:29	04:31:22.85	04:31:52.65	6:10	9.7
124	CHOŁKA MICHAŁ	58		RZESZÓW	POL	M30	35	M 107	01:44:54	02:39:29	03:28:25	04:10:02	04:31:45.10	04:32:26.55	6:10	9.7
125	KOLACHA PATRYK	216	STUDIO GTS	IMIELIN	POL	M20	7	M 108	01:39:06	02:35:08	03:25:24	04:08:58	04:32:37.80	04:32:49.30	6:11	9.7
126	GAŚIÓR KAMIL	122	UNDEFEATED RUNNING TEAM	WOLA RZĘDZIŃSKA	POL	M30	36	M 109	01:33:49	02:29:21	03:30:38	04:13:04	04:32:47.15	04:33:18.50	6:11	9.7
127	KALTENBERG JANUSZ	180		JAROSŁAW	POL	M50	9	M 110	01:52:07	02:47:52	03:30:49	04:12:00	04:32:28.15	04:33:21.30	6:11	9.7
128	WALKOWSKI TOMASZ	477	JACEKBIEGA RUNNING TEAM	NOWA IWICZNA	POL	M50	10	M 111	01:43:31	02:42:48	03:32:18	04:13:07	04:33:03.10	04:34:28.40	6:12	9.7
129	NICGORSKI PIOTR	320		RZESZÓW	POL	M40	58	M 112	01:45:40	02:39:16	03:26:13	04:12:22	04:32:26.20	04:34:37.10	6:11	9.7
130	SKORUPKA LESZEK	400	M3 SIEDLCE	NOWE IGANIE	POL	M40	59	M 113	01:45:43	02:41:30	03:31:34	04:11:20	04:33:39.40	04:34:41.50	6:13	9.6
131	SZPOTON MONIKA	444	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K30	10	K 18	01:46:32	02:44:21	03:32:55	04:13:44	04:34:20.65	04:35:07.95	6:14	9.6
132	OLSZEWSKI JAKUB	337	MAFIA TEAM LUBLINIEC	POCZESNA	POL	M30	37	M 114	01:43:06	02:42:06	03:32:02	04:13:40	04:35:13.70	04:35:50.60	6:15	9.6
133	KOSIN PAWEŁ	544	WKURW_TEAM	KIELCE	POL	M40	60	M 115	01:45:38	02:43:27	03:28:04	04:10:52	04:35:44.35	04:36:03.00	6:16	9.6
134	SKUBIS WOJCIECH	402	SKUBIS ŻĄDZI	RZESZÓW	POL	M40	61	M 116	01:41:26	02:37:12	03:25:02	04:10:20	04:34:38.55	04:36:42.25	6:14	9.6
135	ŚWIERCZEWSKI MARCIN	450		SIERAKÓW	POL	M20	8	M 117	01:40:48	02:36:30	03:33:01	04:17:06	04:36:51.40	04:37:02.20	6:17	9.5

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
136	GÓRNY ROBERT	135	JUMP_IN_THE_FIRE	OZIMEK	POL	M40	62	M 118	01:45:25	02:43:50	03:33:00	04:16:02	04:37:18.55	04:37:31.95	6:18	9.5
137	GODLEWSKA MARTA	129	FITSMILE	BIELSKO BIALA	POL	K30	11	K 19	01:50:47	02:47:54	03:34:20	04:15:53	04:36:16.65	04:37:40.30	6:16	9.6
138	KUŚ JAN	255		JAWORZE	POL	M20	9	M 119	01:52:16	02:48:10	03:35:43	04:15:33	04:35:47.80	04:37:51.65	6:16	9.6
139	SADY SEBASTIAN	388	OBY2	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	63	M 120	01:48:42	02:47:06	03:36:58	04:17:20	04:37:00.95	04:38:03.85	6:17	9.5
140	URACZ ŁUKASZ	468	HARPAGAN SOSNOWIEC	SIEMIANOWICE ŚLĄSKIE	POL	M40	64	M 121	01:49:12	02:50:14	03:37:43	04:17:17	04:37:49.05	04:39:00.75	6:18	9.5
141	ŚWIGOŃSKI PIOTR	451		SZCZECINEK	POL	M30	38	M 122	01:41:05	02:39:40	03:34:36	04:17:10	04:38:35.65	04:39:10.75	6:19	9.5
142	CZAJA ALICJA	64	RODZENSTWO	LIMANOWA	POL	K40	7	K 20	01:42:58	02:40:47	03:33:38	04:17:12	04:39:37.85	04:39:59.65	6:21	9.4
143	FILIPEK PRZEMYSŁAW	98	KB MCKIS JAWORZNO	JAWORZNO	POL	M40	65	M 123	01:44:39	02:43:44	03:34:34	04:18:02	04:39:49.60	04:40:28.75	6:21	9.4
144	DUPLA KONRAD	86		WROCŁAW	POL	M40	66	M 124	01:52:43	02:49:50	03:38:30	04:19:45	04:40:18.05	04:40:51.70	6:22	9.4
145	WIÓREK MACIEJ	497	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M30	39	M 125	01:44:29	02:39:58	03:34:34	04:17:30	04:41:05.55	04:41:41.15	6:23	9.4
146	DORDZIK KATARZYNA	77		GDYNIA	POL	K30	12	K 21	01:47:29	02:45:50	03:37:19	04:20:56	04:41:37.30	04:41:48.30	6:24	9.4
147	BARDAN MICHAŁ	27	ŻELAZO NIE KLĘKA	WARSZAWA	POL	M30	40	M 126	01:43:31	02:42:48	03:34:02	04:19:39	04:40:29.45	04:41:54.60	6:22	9.4
148	JURCZAK ROMAN	173	GEFARDY I GAZELE RZESZÓW	RZESZÓW	POL	M60	2	M 127	01:39:05	02:37:06	03:27:30	04:17:14	04:42:02.60	04:42:06.70	6:24	9.4
149	TOMAS DARIUSZ	462	TRIATHLON JAROSŁAW	JAROSŁAW	POL	M50	11	M 128	01:52:21	02:50:59	03:38:01	04:19:15	04:41:15.75	04:42:08.35	6:23	9.4
150	BARTKOWIAK RAFAŁ	28	ORTIMED RUNNERS TEAM	BYDGOSZCZ	POL	M40	67	M 129	01:47:35	02:50:09	03:40:51	04:21:14	04:41:22.55	04:42:08.45	6:23	9.4
151	PAWELEC PIOTR	351		JASŁO	POL	M50	12	M 130	01:39:04	02:39:13	03:39:54	04:20:47	04:41:51.40	04:42:16.75	6:24	9.4
152	MICHALIK MICHAŁ	300	NOWA HUTA TEAM	KRAKÓW	POL	M20	10	M 131	01:47:55	02:44:37	03:39:40	04:21:04	04:41:36.30	04:42:36.80	6:24	9.4
153	KANCLERZ-MAZURCZUK MONIKA	182	CROSSFITTER BOX CHEŁM	WÓLKA CZULCZYCKA	POL	K40	8	K 22	01:50:32	02:50:28	03:39:46	04:19:41	04:42:01.70	04:42:38.65	6:24	9.4
154	BIERNAT AGNIESZKA	35	KOSMICZNE MUMINKI	WARSZAWA	POL	K20	2	K 23	01:43:48	02:43:31	03:36:02	04:18:45	04:42:26.25	04:42:44.15	6:25	9.3
155	SACHANBINSKI OLEK	387	LABOSPORT POLSKA	OZIMEK	POL	M50	13	M 132	01:45:44	02:44:25	03:36:38	04:19:01	04:41:31.00	04:42:46.05	6:23	9.4
156	GAWRON TOMASZ	120		LUBSKO	POL	M30	41	M 133	01:47:52	02:47:23	03:39:22	04:22:19	04:41:38.05	04:42:53.45	6:24	9.4
157	TUTAJ KRZYSZTOF	467		ZBYLITOWSKA GÓRA	POL	M50	14	M 134	01:55:54	02:56:13	03:42:06	04:21:46	04:42:00.85	04:43:00.05	6:24	9.4
158	MICHALAK KATARZYNA	299	ORANGE POLSKA	LUBLIN	POL	K40	9	K 24	01:52:07	02:51:43	03:39:24	04:21:20	04:42:57.25	04:43:18.35	6:25	9.3
159	RADWAŃSKA JUSTYNA	371		ŁÓDŹ	POL	K30	13	K 25	01:49:02	02:46:04	03:38:16	04:20:01	04:42:01.00	04:43:20.50	6:24	9.4
160	CHLUPKA KRZYSZTOF	56		DĘBNO	POL	M30	42	M 135	01:45:59	02:47:15	03:42:25	04:22:17	04:42:27.20	04:43:31.25	6:25	9.3
161	WAŻNY ANDRZEJ	483	TYNEXPOL	RZESZÓW	POL	M40	68	M 136	01:54:42	02:51:27	03:37:59	04:20:02	04:41:40.65	04:43:48.65	6:24	9.4
162	CWIĄKAŁA HALINA	69	ATHLETIC ZRĘCIN	KROSNO	POL	K40	10	K 26	01:47:44	02:47:28	03:40:30	04:23:05	04:44:03.30	04:44:10.50	6:27	9.3
163	KOZŁOWSKI TOMASZ	233	PIASECZNO RUNNING	KONSTANCIN-JEZIORNA	POL	M60	3	M 137	01:48:46	02:47:47	03:38:14	04:21:36	04:45:01.75	04:45:38.35	6:28	9.3
164	BIGAJCZYK BARTOSZ	37		MYSZKÓW	POL	M30	43	M 138	01:47:25	02:45:15	03:37:47	04:20:18	04:44:14.95	04:45:54.85	6:27	9.3
165	GARNCARZ PAWEŁ	118		WROCŁAW	POL	M40	69	M 139	01:43:20	02:42:06	03:38:01	04:22:29	04:45:17.15	04:45:56.10	6:29	9.3
166	BIEL SEBASTIAN	32	BIEGANIE SZYDERCÓW	TARNÓW	POL	M30	44	M 140	01:49:48	02:55:08	03:46:53	04:25:55	04:45:12.65	04:46:16.75	6:28	9.3
167	POREBA EUGENIUSZ	362	MIECHÓW	MIECHÓW	POL	M50	15	M 141	01:47:19	02:47:28	03:39:26	04:22:43	04:46:10.15	04:46:32.95	6:30	9.2
168	TOKARZ KRZYSZTOF	460	SSW TEAM KROŚNICE	KROŚNICE	POL	M30	45	M 142	01:44:41	02:48:40	03:45:09	04:24:26	04:46:15.30	04:46:34.05	6:30	9.2
169	FALKOWSKI PIOTR	550	KS PEGAZ PIASECZNO	PIASECZNO	POL	M50	16	M 143	01:47:45	02:48:42	03:44:11	04:25:02	04:45:00.10	04:46:44.10	6:28	9.3
170	STEPANIAK GRZEGORZ	421	SWOBODA	GRUSZOWA	POL	M40	70	M 144	01:49:33	02:50:03	03:43:29	04:23:53	04:45:01.70	04:47:14.35	6:28	9.3
171	WOLANIN TOMASZ	504		SZCZECINEK	POL	M40	71	M 145	01:45:13	02:44:27	03:39:23	04:23:54	04:47:11.65	04:47:45.85	6:31	9.2
172	GIERSZEWSKI CZAREK	124	ZALOGA G	OLECKO	POL	M50	17	M 146	01:51:27	02:50:48	03:42:09	04:25:55	04:47:42.20	04:47:58.10	6:32	9.2
173	MASŁOŃ STANISŁAW	290	DĘBNO	DĘBNO	POL	M30	46	M 147	01:43:44	02:42:04	03:40:10	04:22:54	04:47:47.00	04:48:51.40	6:32	9.2
174	JASNOWSKI MICHAŁ	162		WARSZAWA	POL	M40	72	M 148	01:45:56	02:47:24	03:41:45	04:25:04	04:48:25.20	04:48:55.25	6:33	9.2
175	BOGDAŃSKA KATARZYNA	40	SMASHING PÄPKINS	WARSZAWA	POL	K20	3	K 27	01:46:37	02:47:29	03:41:45	04:26:07	04:48:25.85	04:48:56.65	6:33	9.2
176	KWIECIŃSKA MAŁGORZATA	257	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K30	14	K 28	01:52:45	02:52:33	03:44:43	04:27:54	04:47:48.50	04:49:06.95	6:32	9.2
177	KAZIMIERZ RAFAŁ	194	NOA	WROCŁAW	POL	M30	47	M 149	01:45:57	02:47:37	03:39:24	04:24:59	04:48:46.10	04:49:11.95	6:33	9.1
178	FRĄCZKOWIAK EWELINA	105	AMAT*ORKA	ROSZKÓW	POL	K40	11	K 29	01:52:50	02:52:59	03:45:47	04:27:15	04:48:02.10	04:49:12.95	6:32	9.2
179	FURTEK IWONA	108		KRAKÓW	POL	K30	15	K 30	01:47:14	02:50:49	03:45:13	04:26:42	04:49:06.95	04:49:26.15	6:34	9.1
180	GARBOWSKA MONIKA	114	COMPAÑEROS ASFALT TEAM	GLIWICE	POL	K40	12	K 31	01:52:52	02:55:28	03:48:30	04:28:02	04:47:59.55	04:49:33.15	6:32	9.2
181	RYKOWSKI GRZEGORZ	386	DARK SIDE	OSTROŁĘKA	POL	M40	73	M 150	01:46:53	02:48:56	03:49:51	04:29:23	04:49:28.90	04:49:36.95	6:34	9.1
182	WILK PAWEŁ	494		MIECHÓW	POL	M40	74	M 151	01:54:32	02:57:08	03:48:55	04:28:57	04:49:31.55	04:49:56.40	6:34	9.1
183	GORCZYŃSKI WOJCIECH	131	AIRBUS	WARSZAWA	POL	M30	48	M 152	01:52:07	02:53:42	03:45:13	04:27:29	04:47:38.10	04:49:59.15	6:32	9.2
184	POREMSKI LESZEK	361		WARSZAWA	POL	M50	18	M 153	01:48:26	02:48:59	03:43:48	04:27:03	04:50:01.15	04:50:38.55	6:35	9.1
185	KANTOROWSKI MARCIN	184		WARSZAWA	POL	M40	75	M 154	01:52:11	02:54:30	03:44:47	04:27:53	04:49:07.00	04:50:39.80	6:34	9.1
186	ROGACZEWSKI KAMIL	375		RZAŚNIA	POL	M20	11	M 155	01:55:01	02:57:16	03:50:56	04:30:23	04:49:01.55	04:50:40.20	6:34	9.1
187	PAŚNICKA MARTA	348		WARSZAWA	POL	K40	13	K 32	01:52:13	02:54:30	03:46:44	04:28:14	04:49:15.55	04:50:45.30	6:34	9.1
188	GÓRECZNY RAFAŁ	134		CHWASZCZYNO	POL	M40	76	M 156	01:46:33	02:51:12	03:49:41	04:30:12	04:50:20.00	04:50:48.05	6:35	9.1

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
189	LEŚNIAK DARIUSZ	261		SZCZECIN	POL	M50	19	M 157	01:49:08	02:52:30	03:45:39	04:27:51	04:50:18.45	04:50:58.50	6:35	9.1
190	KOŁODZIEJCZYK MACIEJ	220	FIZJO-SPORT	ŁĘCZNA	POL	M40	77	M 158	01:47:44	02:48:01	03:40:38	04:25:39	04:50:11.30	04:51:02.25	6:35	9.1
191	SOWA-OKRASA SYLWIA	412	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K40	14	K 33	01:53:07	02:56:46	03:49:14	04:30:11	04:50:44.80	04:51:11.65	6:36	9.1
192	MACKO MARIUSZ	276	MORSY OSTROŁĘKA	BIAŁOBIEL	POL	M40	78	M 159	01:47:26	02:48:55	03:49:50	04:30:38	04:51:06.40	04:51:14.75	6:36	9.1
193	RADYK JAKUB	372	PRZEMYSKI KLUB BIEGACZA	PRZEMYSŁ	POL	M30	49	M 160	01:49:48	02:54:24	03:44:45	04:28:03	04:49:46.25	04:51:16.30	6:35	9.1
194	KUCHARSKI PAWEŁ	248	PLANETA NISKO	NISKO	POL	M40	79	M 161	01:44:42	02:53:48	03:46:52	04:30:22	04:50:52.50	04:51:19.50	6:36	9.1
195	MAKUCH MARCIN	283		WARSZAWA	POL	M30	50	M 162	01:47:45	02:49:05	03:45:41	04:28:10	04:50:17.75	04:51:23.95	6:35	9.1
196	KLUBA MAGDALENA	206	FALSTART RUDNIKI	RUDNIKI	POL	K20	4	K 34	01:53:08	02:54:35	03:46:12	04:28:53	04:50:46.25	04:51:33.95	6:36	9.1
197	WŁOCH MARIUSZ	540	5 BSP	ORZECHOWCE	POL	M20	12	M 163	01:47:30	02:46:44	03:39:18	04:27:21	04:50:44.30	04:52:00.80	6:36	9.1
198	HOŁÓWKA SŁAWOMIR	149		KRAKÓW	POL	M40	80	M 164	01:46:09	02:50:55	03:40:52	04:27:32	04:52:08.00	04:52:28.05	6:38	9
199	BOROWIECKI ŁUKASZ	43		KRAKÓW	POL	M30	51	M 165	01:51:23	02:52:21	03:43:25	04:28:17	04:51:12.35	04:52:33.20	6:37	9.1
200	GRANDA PAWEŁ	137	21 DAPLOT	ZARZECZE	POL	M30	52	M 166	01:52:51	02:54:13	03:46:33	04:29:45	04:51:35.30	04:52:34.50	6:37	9.1
201	SOWIŃSKI KAMIL	413		BRZEG DOLNY	POL	M30	53	M 167	01:50:12	02:53:21	03:47:20	04:30:07	04:51:34.10	04:52:36.15	6:37	9.1
202	GWIZDAK BARTOSZ	141	PIJEBIMBERNONSTOP	BOGUCHWAŁA	POL	M30	54	M 168	01:43:47	02:48:02	03:43:12	04:28:37	04:51:42.65	04:52:46.45	6:37	9
203	PĄNTAK SŁAWOMIR	344	21DAPLOT JAROSŁAW	BIAŁOBRZEGI	POL	M40	81	M 169	01:52:57	02:54:13	03:46:30	04:29:44	04:51:57.90	04:52:58.05	6:38	9
204	KARUŚ WALDEMAR	190	14 DAS JAROSŁAW IM.GEN. BRYG. WACŁAWA WIECZORKIEWICZA	ZADĄBROWIE	POL	M40	82	M 170	01:52:56	02:54:20	03:46:31	04:29:45	04:51:59.05	04:52:59.40	6:38	9
205	ŻUREK ANDRZEJ	537		MIECHÓW	POL	M40	83	M 171	01:52:44	02:55:27	03:47:20	04:28:37	04:50:54.65	04:53:04.50	6:36	9.1
206	JEDLIŃSKI BARTOSZ	165	MARATOŃCZYK DĘBICA	BRZEŹNICA	POL	M40	84	M 172	01:51:50	02:58:13	03:50:37	04:32:22	04:52:43.05	04:53:09.90	6:39	9
207	RENKIEL TOMASZ	543		GLIWICE	POL	M40	85	M 173	01:49:05	02:54:33	03:48:33	04:29:58	04:52:18.55	04:53:50.55	6:38	9
208	STĘPIEŃ WOJCIECH	422	COMPANEROS ASFALT TEAM	GLIWICE	POL	M40	86	M 174	01:49:05	02:54:35	03:48:33	04:29:58	04:52:22.90	04:53:55.85	6:38	9
209	LIK MAREK	265	CHEŁM BIEGA	CHEŁM	POL	M50	20	M 175	01:52:03	02:51:05	03:43:24	04:28:17	04:53:24.95	04:53:57.30	6:40	9
210	OLEJNIK KRZYSZTOF	333	ROZBIEGAMY NOWY DWÓR MAZOWIECKI	NOWY DWÓR MAZOWIECKI	POL	M50	21	M 176	02:03:41	03:04:39	03:51:43	04:31:24	04:52:02.30	04:54:01.90	6:38	9
211	DUDEK ŁUKASZ	84		RZESZÓW	POL	M30	55	M 177	01:41:04	02:45:56	03:46:09	04:30:38	04:53:36.70	04:54:14.10	6:40	9
212	TOMCZYK GRZEGORZ	463	AIRBUS	WARSZAWA	POL	M20	13	M 178	01:49:17	02:48:13	03:44:15	04:29:07	04:52:35.50	04:54:56.05	6:39	9
213	WINIARSKI KRYSZTIAN	496	WSD RZESZÓW	RZESZÓW	POL	M30	56	M 179	01:46:14	02:47:01	03:42:36	04:29:25	04:53:42.55	04:55:03.70	6:40	9
214	GRYZ JACEK	138	BRAVEHEARTS LEGIONOWO	JANÓWEK PIERWSZY	POL	M40	87	M 180	01:48:42	02:52:31	03:42:08	04:28:15	04:54:38.90	04:55:57.20	6:41	9
215	FLOREK TOMASZ	102	BIEGANIE SZYDERCÓW	TARNÓW	POL	M40	88	M 181	01:49:55	02:55:07	03:46:21	04:31:52	04:54:58.75	04:56:02.20	6:42	8.9
216	KOSZOREK MAREK	228		RZESZÓW	POL	M40	89	M 182	01:47:42	02:53:25	03:50:09	04:32:42	04:56:15.25	04:56:26.95	6:43	8.9
217	KRUKAR ADAM	548	FINISZ RYMANÓW	IWONICZ	POL	M40	90	M 183	01:50:40	02:54:32	03:49:02	04:33:29	04:55:23.60	04:56:40.30	6:42	8.9
218	PASZKIEL ARTUR	347		SZCZECINK	POL	M50	22	M 184	01:53:21	02:55:27	03:49:51	04:33:06	04:55:23.45	04:56:44.40	6:42	8.9
219	HAŁACZKIEWICZ ADAM	144	EXTREMEWOLF	SZCZECIN	POL	M40	91	M 185	01:57:26	02:55:09	03:48:52	04:34:31	04:55:45.05	04:56:47.25	6:43	8.9
220	KRASOWSKI MATEUSZ	235	PROSWIM	LEŻAJSK	POL	M30	57	M 186	01:48:08	02:53:01	03:49:09	04:33:41	04:56:37.50	04:56:57.05	6:44	8.9
221	KRASOWSKI ŁUKASZ	234	PROSWIM	RZESZÓW	POL	M30	58	M 187	01:48:09	02:53:02	03:49:02	04:33:23	04:56:39.10	04:56:58.15	6:44	8.9
222	BOKŁAK MARIUSZ	42	KLUB BIEGACZA FARTLEK	PAWŁOWICE	POL	M40	92	M 188	01:46:41	02:55:48	03:50:35	04:34:55	04:56:19.50	04:56:59.65	6:44	8.9
223	ŻEBROWSKA JOLANTA	536	POTRNUJEMY?, CHEMIK NOXY PUŁAWY	PUŁAWY	POL	K50	2	K 35	01:49:17	02:56:14	03:52:43	04:36:26	04:56:52.50	04:57:20.10	6:44	8.9
224	URBANEK DARIUSZ	470	OBY PRZED LIMITEM	SKIERNIEWICE	POL	M40	93	M 189	01:48:48	02:53:56	03:49:59	04:34:45	04:55:50.60	04:57:24.65	6:43	8.9
225	KOWALCZYK MARIUSZ	230	WOLFPACK	ŻÓŁWIN	POL	M40	94	M 190	01:50:24	02:53:20	03:43:12	04:28:51	04:55:06.15	04:57:36.80	6:42	8.9
226	KAMIŃSKI BARTOSZ	181		ZIELONA GORA	POL	M40	95	M 191	01:59:36	03:03:36	03:51:50	04:35:09	04:56:40.40	04:57:41.70	6:44	8.9
227	KŁOCEK KONRAD	205		ŁĘŻYNY	POL	M30	59	M 192	01:51:59	02:51:45	03:51:08	04:34:07	04:57:22.70	04:57:52.20	6:45	8.9
228	PODPŁOMYK ANDRZEJ	360	SPORTCZESNA	BARGLY	POL	M40	96	M 193	01:41:13	02:42:07	03:31:59	04:23:27	04:57:33.00	04:58:09.60	6:45	8.9
229	SUŁKOWSKI MACIEJ	429	TRIATHLON JAROSŁAW	JAROSŁAW	POL	M40	97	M 194	01:52:22	02:50:11	03:47:25	04:34:57	04:57:43.85	04:58:35.65	6:46	8.9
230	ŻARCZYŃSKI MARIUSZ	535	3:33 TEAM	WARSZAWA	POL	M50	23	M 195	01:58:04	03:00:40	03:50:21	04:35:37	04:58:00.15	04:58:46.50	6:46	8.9
231	SIEMIENIŃCZUK ROBERT	395		WARSZAWA	POL	M50	24	M 196	01:58:04	03:00:40	03:53:15	04:34:59	04:58:00.45	04:58:47.10	6:46	8.9
232	BEHRENDT BARTEK	554		GLIWICE	POL	M50	25	M 197	02:02:32	03:07:35	03:55:43	04:36:55	04:57:43.75	04:59:21.05	6:46	8.9
233	SZUBARTOWSKI PAWEŁ	445	BEŁŻYCE I OKOLICE BIEGAJĄ	BEŁŻYCE	POL	M20	14	M 198	01:49:12	02:56:12	03:54:03	04:36:38	04:59:06.40	04:59:34.00	6:47	8.8
234	GARBARCZYK DANIEL	113	1 BATALION KAWALERII POWIETRZNEJ	ZDUŃSKA WOLA	POL	M20	15	M 199	01:55:00	02:57:14	03:50:41	04:34:32	04:58:00.55	04:59:39.80	6:46	8.9
235	TOCZEWSKA ANNA	457	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K50	3	K 36	01:55:16	02:58:39	03:54:05	04:36:48	04:59:02.20	04:59:58.05	6:47	8.8
236	LEWCZUK NORBERT	264	BIEGACZE POMAGACZE	ŁOSICE	POL	M30	60	M 200	01:46:10	02:50:19	03:48:41	04:34:13	04:58:16.85	04:59:59.75	6:46	8.9

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
237	KOCHANIEC WALDEMAR	214	TKKF SOKÓŁ GŁOGÓW MAŁOPOLSKI	GŁOGÓW MAŁOPOLSKI	POL	M50	26	M 201	01:46:51	02:51:18	03:51:05	04:36:14	04:59:00.40	05:00:08.40	6:47	8.8
238	LASEK JOANNA	259		KRAKÓW	POL	K30	16	K 37	01:48:21	02:54:23	03:51:28	04:37:23	05:00:15.30	05:00:29.50	6:49	8.8
239	JAMA RAFAŁ	155	WATER TEAM	TRZEBOWNISKO	POL	M40	98	M 202	01:48:05	02:55:38	03:52:10	04:37:03	04:59:50.65	05:00:54.45	6:48	8.8
240	KRAWCZYK JAN	237	KLUB POD WISIENKĄ	KRAKÓW	POL	M30	61	M 203	01:53:02	03:00:27	03:58:12	04:40:08	04:59:44.20	05:00:56.10	6:48	8.8
241	FEDAK BOHDAN	93		ZAGÓRZ	POL	M40	99	M 203	01:53:01	03:00:27	03:58:04	04:40:08	04:59:44.70	05:00:56.10	6:48	8.8
242	PISKORZ IRENEUSZ	359		KODEŃ	POL	M30	62	M 205	01:42:46	02:48:48	03:45:08	04:34:12	05:01:19.10	05:01:40.30	6:50	8.8
243	GAWROŃSKI HUBERT	121	HUGO	KOSTRZYŃ	POL	M40	100	M 206	01:53:33	02:54:29	03:49:32	04:35:37	05:00:57.45	05:02:11.05	6:50	8.8
244	MROTEK KATARZYNA	312	ON THE MOVE	KRUSZYŃ KRAJEŃSKI	POL	K30	17	K 38	01:52:53	03:03:43	04:02:21	04:41:48	05:01:02.25	05:02:22.50	6:50	8.8
245	DŁUGOSZ-SAWICKA MARTA	74	ON THE MOVE	ŁÓDŹ	POL	K30	17	K 38	01:52:53	03:03:39	04:02:23	04:41:47	05:01:01.75	05:02:22.50	6:50	8.8
246	PESZEK BOGDAN	354	ULTRA PRZESILENIE	DYNÓW	POL	M40	101	M 207	01:57:02	03:02:38	03:54:37	04:38:52	05:02:11.50	05:02:40.10	6:52	8.7
247	PIEKARSKI WOJCIECH	357		AUGUSTÓW	POL	M50	27	M 208	01:55:57	03:00:27	03:57:01	04:39:53	05:01:42.00	05:02:44.80	6:51	8.8
248	KARKUT MICHAŁ	188	FUN&RUN	STRZYŻÓW	POL	M30	63	M 209	01:56:30	03:03:33	03:59:59	04:41:58	05:02:43.80	05:02:55.35	6:52	8.7
249	STELMACH DARIUSZ	420	BIEGANIE SZYDERCÓW	TARNÓW	POL	M30	64	M 210	01:49:52	02:57:00	03:56:18	04:41:44	05:02:11.15	05:03:15.50	6:52	8.7
250	KOCZUR KAMILA	215		WARSZAWA	POL	K30	19	K 40	02:00:05	03:06:23	03:59:26	04:41:20	05:01:54.80	05:03:27.40	6:51	8.7
251	GARCZYŃSKA ANIA	117		KATOWICE	POL	K40	15	K 41	01:55:08	02:59:59	03:54:12	04:39:44	05:02:40.50	05:03:40.95	6:52	8.7
252	SYDOR PIOTR	433		WROCŁAW	POL	M30	65	M 211	01:52:46	03:04:48	04:03:51	04:43:31	05:03:09.40	05:03:50.00	6:53	8.7
253	BILSKI MAREK	38	VEGEDOG	WARSZAWA	POL	M40	102	M 212	01:52:17	02:56:33	03:53:44	04:38:39	05:03:33.60	05:04:11.95	6:53	8.7
254	SROKA KRZYSZTOF	414		KRAKÓW	POL	M40	103	M 213	01:54:55	02:56:20	03:53:09	04:39:32	05:01:58.95	05:04:17.95	6:51	8.7
255	MROTEK MICHAŁ	313	ATG - QUAPRO	KRUSZYŃ KRAJEŃSKI	POL	M40	104	M 214	01:52:54	03:03:43	04:02:32	04:42:04	05:04:01.95	05:05:22.10	6:54	8.7
256	APOLLO MICHAŁ	15	KMW ZAKOPANE	KRAKÓW	POL	M30	66	M 215	01:52:23	02:57:47	03:55:27	04:41:09	05:04:43.75	05:06:26.85	6:55	8.7
257	MOSTOWSKA JOANNA	311		WARSZAWA	POL	K30	20	K 42	01:52:53	02:57:48	03:55:29	04:41:09	05:04:44.10	05:06:26.85	6:55	8.7
258	BRUSIŁO BARTOSZ	45	MAMY RUSZAMY	WARSZAWA	POL	M30	67	M 216	01:54:49	03:05:29	04:00:09	04:41:38	05:05:13.80	05:06:36.35	6:56	8.6
259	WARZYCHA KRZYSZTOF	481	MAXEL	BYTOM	POL	M50	28	M 217	01:59:32	03:05:25	03:58:11	04:43:21	05:05:46.90	05:06:45.20	6:56	8.6
260	WARZYCHA DAWID	480	PKP INTERCITY	BYTOM	POL	M20	16	M 218	01:59:35	03:05:28	03:58:11	04:43:22	05:05:47.45	05:06:45.55	6:56	8.6
261	ZMYJ DANUTA	532	LACHO TEAM	WIELICZKA	POL	K40	16	K 43	01:56:06	03:02:28	04:02:38	04:43:52	05:07:06.05	05:07:26.30	6:58	8.6
262	WACH ZDZIŚŁAW	472		AUGUSTÓW	POL	M60	4	M 219	01:56:11	03:00:27	03:57:00	04:42:47	05:06:23.30	05:07:26.45	6:57	8.6
263	KUCIA ŁUKASZ	249	BIEGACZE TUREK	TUREK	POL	M30	68	M 220	01:58:47	03:06:44	04:06:08	04:47:57	05:05:54.60	05:07:41.20	6:57	8.6
264	KANDEFER BEATA	183	KB „ATHLETIC”ZRĘCIN	KORCZYNA	POL	K40	17	K 44	01:50:03	02:53:28	03:59:41	04:43:27	05:08:04.20	05:08:10.60	7:00	8.6
265	BIESZCZAD IŁONA	36	KB ATHLETIC ZRĘCIN	WOJASZÓWKA	POL	K30	21	K 45	01:50:06	02:53:42	03:54:37	04:43:35	05:08:04.55	05:08:11.10	7:00	8.6
266	ZIELIŃSKI ŁUKASZ	527	J&Ł	ŚWIĘTOCHŁOWICE	POL	M40	105	M 221	02:01:44	03:07:06	03:58:18	04:44:34	05:08:16.65	05:08:59.40	7:00	8.6
267	PATRZYK JACEK	349	J&Ł	ŚWIĘTOCHŁOWICE	POL	M40	106	M 222	02:01:25	03:07:05	03:59:09	04:44:33	05:08:17.90	05:09:01.00	7:00	8.6
268	WOLF WERONIKA	505	3PBOT POZYTYWNE ZABIEGANI SANOK	SANOK	POL	K40	18	K 46	02:02:19	03:12:32	04:02:02	04:46:00	05:07:58.00	05:09:25.40	6:59	8.6
269	HETMAN MACIEJ	148	KONKURS BIEGAMBOLUBIĘ	KLESZCZÓW	POL	M30	69	M 223	01:55:05	03:01:50	04:01:11	04:45:59	05:07:22.70	05:09:27.80	6:59	8.6
270	MAJTYKA TOMASZ	279	LOS TREPOS COMPANIEROS	KRAKÓW	POL	M50	29	M 224	02:01:48	03:08:44	04:07:16	04:48:16	05:08:12.50	05:09:39.85	7:00	8.6
271	SYGIET ANDRZEJ	434		GLIWICE	POL	M40	107	M 225	01:54:04	03:04:55	04:03:51	04:47:27	05:09:18.70	05:09:58.40	7:01	8.5
272	SAWICKI ROBERT	390	BEE RUNS WITH RUN4FUN WARYJOTY TEAM	GORLICE	POL	M40	108	M 226	01:57:05	03:07:22	04:03:21	04:47:26	05:08:18.60	05:10:11.30	7:00	8.6
273	KOŁODZIEJ JACEK	219	COMPANEROS ASFALT TEAM	GLIWICE	POL	M40	109	M 227	01:52:51	02:58:30	03:54:35	04:42:28	05:08:46.30	05:10:20.40	7:01	8.6
274	MALETA MARCIN	285	LPP TEAM	MIECHÓW	POL	M30	70	M 228	01:56:29	03:05:40	03:59:50	04:47:02	05:09:57.30	05:10:21.90	7:02	8.5
275	SIENNICA JOANNA	396	ŚWIDNICKA GRUPA BIEGOWA	ŚWIDNICA	POL	K40	19	K 47	01:54:53	03:02:56	04:01:10	04:46:14	05:09:36.15	05:10:26.85	7:02	8.5
276	ZŁOTNICKA OLGA	530	ŚWIDNICKA GRUPA BIEGOWA	ŚWIDNICA	POL	K40	20	K 48	01:54:54	03:02:58	04:02:12	04:46:16	05:09:36.45	05:10:27.10	7:02	8.5
277	BRYŚ RAFAŁ	46	ŚWIDNICKA GRUPA BIEGOWA	ŚWIDNICA	POL	M40	110	M 229	01:54:54	03:02:57	04:02:19	04:46:16	05:09:37.80	05:10:29.05	7:02	8.5
278	BIENKOWSKI STANISŁAW	33	WODNIAK	OBÓRKI	POL	M40	111	M 230	01:58:22	03:04:37	03:59:45	04:44:17	05:10:27.05	05:10:51.60	7:03	8.5
279	BAJUR BARBARA	20		KRAKÓW	POL	K30	22	K 49	02:01:43	03:04:53	03:58:22	04:46:05	05:09:26.30	05:10:54.85	7:01	8.5
280	KŁOSEK JACEK	209	INSTAL-TECH TEAM	RACIBÓRZ	POL	M30	71	M 231	02:03:16	03:09:53	04:03:54	04:47:23	05:09:34.50	05:10:58.20	7:02	8.5
281	RYCHLIK ZBIGNIEW	385	MIŁOŚĆ JEST CIERPLIWA	BYTOM	POL	M50	30	M 232	01:52:25	02:59:32	04:01:57	04:47:57	05:09:37.35	05:11:00.50	7:02	8.5
282	KARCZ ANNA	187	PIES TO BIEGAŁ	BYDGOSZCZ	POL	K20	5	K 50	02:00:02	03:10:35	04:04:38	04:48:49	05:11:08.00	05:11:29.20	7:04	8.5
283	ANTOSZ MATEUSZ	14	ŚMIGAJĄCEZIOME CZKI	LUBACZÓW	POL	M20	17	M 233	01:54:22	03:04:35	04:02:47	04:46:01	05:09:30.25	05:11:32.35	7:02	8.5
284	TEPER BARTOSZ	454	ŚMIGAJĄCEZIOME CZKI	STRZYŻÓW	POL	M20	18	M 234	01:54:22	03:04:36	04:02:48	04:46:03	05:09:33.20	05:11:34.45	7:02	8.5
285	PAPROCKA KAMILA	553		RZESZÓW	POL	K20	6	K 51	01:54:42	03:07:34	04:03:36	04:48:05	05:10:15.95	05:12:23.95	7:03	8.5
286	MATERNIA KAROLINA	291		RZESZÓW	POL	K30	23	K 52	01:59:53	03:08:09	04:04:16	04:48:16	05:11:02.80	05:12:29.00	7:04	8.5

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
287	DERLAGA WOJCIECH	73		MILÓWKA	POL	M30	72	M 235	01:55:57	03:03:36	04:04:28	04:48:28	05:11:30.90	05:12:29.75	7:04	8.5
288	WANDZEL TOMASZ	478		RYBNIK	POL	M40	112	M 236	01:57:06	03:05:36	04:08:27	04:48:29	05:11:00.40	05:12:30.45	7:04	8.5
289	NIEDŹWIEDŹ TOMASZ	322		ŚWIDNIK	POL	M40	113	M 237	01:52:16	03:01:12	03:58:54	04:48:24	05:12:48.40	05:12:56.60	7:06	8.4
290	DYREK MARCIN	90		MSZANA GÓRNA	POL	M30	73	M 238	01:55:07	03:06:46	04:04:23	04:48:57	05:12:57.45	05:13:14.25	7:06	8.4
291	OKON MICHAŁ	331	SPORT PASJE - MICHAŁ OKON	JULIANÓW	POL	M40	114	M 239	02:03:55	03:23:51	04:12:37	04:51:38	05:12:28.00	05:14:36.90	7:06	8.4
292	SZALACHA KATARZYNA	437		KIELANÓWKA	POL	K30	24	K 53	01:57:39	03:04:27	04:03:06	04:48:17	05:13:14.25	05:14:40.75	7:07	8.4
293	WRÓBEL SEBASTIAN	512	APTEKA GEMINI TEAM	GDYNIA	POL	M40	115	M 240	02:01:13	03:11:01	04:03:18	04:48:48	05:13:10.50	05:14:42.70	7:07	8.4
294	WEREMJEWICZ MARCIN WIKTOR	484	SZAPAR RUN & EXPEDITION	GDYNIA	POL	M40	115	M 240	01:57:30	03:01:58	04:00:23	04:47:21	05:12:26.30	05:14:42.70	7:06	8.4
295	WOJCIESZEK ANDRZEJ	502	GEMINI POLSKA TEAM	SOPOT	POL	M40	117	M 242	01:44:09	02:50:34	03:51:17	04:44:45	05:14:23.85	05:14:43.20	7:08	8.4
296	WACŁAWIK JAN	473		SANOK	POL	M40	118	M 243	01:58:41	03:06:39	04:06:07	04:48:26	05:13:17.70	05:15:08.75	7:07	8.4
297	MYGA MICHAŁ	315	HEARTLESS	KATOWICE	POL	M30	74	M 244	02:04:15	03:14:11	04:09:13	04:53:05	05:13:19.15	05:15:14.05	7:07	8.4
298	MYGA ANNA	316	HEARTLESS	KATOWICE	POL	K30	25	K 54	02:04:15	03:14:11	04:05:48	04:53:06	05:13:24.25	05:15:19.10	7:07	8.4
299	DZIEWA PRZEMYSŁAW	92	ATS WHEELS	BRANDWICA	POL	M40	119	M 245	01:55:42	02:58:28	03:55:39	04:45:02	05:13:57.60	05:15:28.45	7:08	8.4
300	KRUPA JACEK	239	ATS WHEELS	RUDA	POL	M40	120	M 246	01:55:45	02:58:26	03:55:37	04:45:01	05:13:57.60	05:15:28.85	7:08	8.4
301	BARAŃSKI MICHAŁ	25		WARSZAWA	POL	M50	31	M 247	01:59:51	03:06:40	04:05:34	04:51:11	05:15:26.60	05:15:44.75	7:10	8.4
302	MALINOWSKI MARCIN	286		SIEDLISKA	POL	M40	121	M 248	01:55:52	03:03:30	04:02:50	04:50:33	05:14:42.70	05:15:52.25	7:09	8.4
303	PAUL VIOLETTA	350	BPRT	GLIWICE	POL	K40	21	K 55	02:04:09	03:11:15	04:07:52	04:51:59	05:15:30.50	05:16:20.50	7:10	8.4
304	SEKUŁA MIREK	392	INFINITY RUNNER'S TEAM GRYBÓW	GRYBÓW	POL	M40	122	M 249	01:53:21	03:06:48	04:11:24	04:56:04	05:18:22.10	05:18:31.05	7:14	8.3
305	GWOŹDZIOWSKI MARCIN	142		TARNOBRZEG	POL	M40	123	M 250	01:57:26	03:12:19	04:08:54	04:53:30	05:18:41.95	05:19:09.25	7:14	8.3
306	LISAK KRZYSZTOF	269		OTWOCK	POL	M30	75	M 251	01:41:26	02:40:02	04:29:14	05:01:39	05:19:06.05	05:19:29.50	7:15	8.3
307	CZENCZEK KRYSZTIAN	67		RZESZÓW	POL	M40	124	M 252	01:55:14	03:07:31	04:03:32	04:51:20	05:17:22.55	05:19:33.75	7:12	8.3
308	ROSIK ROBERT	377	LUMBERJACKS	KOSZALIN	POL	M30	76	M 253	01:53:57	03:03:26	04:03:41	04:51:23	05:19:07.75	05:20:02.45	7:15	8.3
309	KOPISZKA TOMASZ	223	STOWARZYSZENIE KULTURY FIZYCZNEJ KLUB PIŁKARSKI HUBERTUS	BIAŁY BÓR	POL	M40	125	M 254	01:54:23	03:03:27	04:03:58	04:51:20	05:19:10.35	05:20:05.25	7:15	8.3
310	TUROSZ ZBIGNIEW	466		LEŻAJSK	POL	M60	5	M 255	01:55:08	03:03:56	04:04:43	04:53:55	05:19:49.70	05:20:22.65	7:16	8.3
311	KRZYŻEWSKI ROGER	243		KRAKÓW	POL	M30	77	M 256	01:56:44	03:06:31	04:05:55	04:53:57	05:19:50.85	05:20:24.50	7:16	8.3
312	LORISZ DAMIAN	270	BPRT GLIWICE, OPP KATOWICE	CHORZÓW	POL	M30	78	M 257	01:57:59	03:12:01	04:09:44	04:56:10	05:19:41.55	05:20:31.20	7:15	8.3
313	HEBDA-OLSZÓWKA ALEKSANDRA	146	BP RUNNING TEAM GLIWICE	CHORZÓW	POL	K30	26	K 56	01:57:59	03:12:03	04:09:41	04:56:06	05:19:41.95	05:20:32.10	7:15	8.3
314	GAŁEK GRZEGORZ	112		SZCZECIN	POL	M40	126	M 258	01:59:53	03:08:09	04:05:33	04:54:20	05:20:07.15	05:21:33.60	7:16	8.2
315	WALECZEK SŁAWOMIR	476		BRZEZINKA ŚREDZKA	POL	M40	127	M 259	01:52:57	03:04:52	04:08:06	04:55:21	05:21:23.60	05:22:04.45	7:18	8.2
316	MAJKOWSKI MARCIN	278		GDYNIA	POL	M40	128	M 260	01:55:31	03:05:38	04:04:17	04:54:45	05:20:43.90	05:22:07.00	7:17	8.2
317	WALAC JACEK	475	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M30	79	M 261	01:58:52	03:09:26	04:05:20	04:55:14	05:21:40.50	05:22:09.55	7:18	8.2
318	LATO-KSIAŻEK KAROLINA	260	LUBLIN BIEGA	LUBLIN	POL	K30	27	K 57	02:09:22	03:21:42	04:17:06	04:59:22	05:21:12.45	05:22:22.15	7:18	8.2
319	KSIAŻEK DAWID	244	LUBLIN BIEGA	LUBLIN	POL	M30	80	M 262	02:09:24	03:21:44	04:17:08	04:59:25	05:21:13.65	05:22:22.60	7:18	8.2
320	SMOCZYK WOJCIECH	404	SSW TEAM KROŚNICE	KROŚNICE	POL	M20	19	M 263	01:55:09	03:09:39	04:07:49	04:56:42	05:22:40.70	05:22:59.15	7:20	8.2
321	JEZIEŃSKI JAKUB	166	ORANGE POLSKA	WARSZAWA	POL	M40	129	M 264	01:59:23	03:10:02	04:10:19	04:56:40	05:21:46.85	05:23:56.85	7:18	8.2
322	KIN RAFAŁ	198	AZS PWSZ KROSNO	ODRZYKÓŃ	POL	M40	130	M 265	02:04:12	03:12:45	04:10:32	04:57:15	05:23:10.65	05:24:10.10	7:20	8.2
323	JUROSZEK JÓZEF	175		PAWŁOWICE	POL	M40	131	M 266	01:46:42	02:49:05	03:42:55	04:22:58	05:23:33.00	05:24:12.00	6:26	9.3
324	PAROL PAWEŁ	345		STANISŁAWÓW	POL	M40	132	M 267	01:53:21	03:01:09	04:09:05	04:57:12	05:22:38.35	05:24:13.90	7:19	8.2
325	JARZEMBOWSKI TOMASZ	160	WLKP MOUNTAINS ULTRA	PLEWISKA	POL	M40	133	M 268	02:03:25	03:13:20	04:11:13	05:00:04	05:24:05.65	05:24:21.10	7:21	8.1
326	DUCH EMIL	81	JB WARSAW	WARSZAWA	POL	M30	81	M 269	02:02:36	03:13:49	04:09:52	04:57:17	05:22:31.55	05:24:28.00	7:19	8.2
327	SOBCZAK MIKOŁAJ	409	WLKP ULTRA MOUNTAINS	SKÓRZEWÓ	POL	M40	134	M 270	02:03:27	03:13:23	04:11:15	05:00:09	05:24:12.85	05:24:28.25	7:22	8.1
328	KOTOWSKI ANDRZEJ	229		WROCLAW	POL	M50	32	M 271	01:53:02	03:04:50	04:08:50	04:56:49	05:23:48.35	05:24:29.55	7:21	8.2
329	FRĄC DARIUSZ	106	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	135	M 272	02:00:45	03:09:23	04:09:17	04:57:48	05:24:45.20	05:25:51.05	7:22	8.1
330	KŁAWIKOWSKI MATEUSZ	204	JACEKBIEGA RUNNIG TEAM	WARSZAWA	POL	M20	20	M 273	01:55:57	03:05:10	04:04:30	04:55:14	05:25:57.25	05:26:11.25	7:24	8.1
331	JAKUBOWSKA RENATA	154		BIELSKO -BIAŁA	POL	K60	1	K 58	02:03:03	03:14:14	04:13:32	05:00:33	05:25:15.70	05:26:13.75	7:23	8.1
332	NAZIMEK LILIANNA	318	SUO TEMPORE	NOWY SĄCZ	POL	K40	22	K 59	01:59:36	03:11:12	04:10:58	04:59:24	05:25:08.30	05:26:28.75	7:23	8.1
333	TUCHOWSKI JANUSZ	465		DEBICA	POL	M40	136	M 274	01:50:54	03:02:34	04:09:10	04:59:47	05:26:19.90	05:27:02.65	7:25	8.1
334	SURDAK MATEUSZ	430		NALECZOW	POL	M30	82	M 275	01:55:20	03:08:23	04:07:27	04:52:38	05:25:14.30	05:27:12.65	7:23	8.1
335	ROŹNIATA ANDRZEJ	379	SNG WILD DUCKS	GLOWNO	POL	M40	137	M 276	01:55:56	03:09:13	04:12:40	05:02:03	05:27:17.95	05:27:44.15	7:26	8.1
336	KŁOSOK ADAM	210	INŻYNIERIA BIEGANIA	MARKLOWICE	POL	M40	138	M 277	01:54:51	03:08:07	04:10:33	05:03:11	05:27:59.35	05:28:40.15	7:27	8
337	MAKSELON MACIEJ	280	TORPEDO SZCZECINEK	SZCZECINEK	POL	M30	83	M 278	01:54:58	03:08:13	04:06:53	05:03:16	05:28:05.10	05:28:40.70	7:27	8

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
338	SALIŃSKI BARTOSZ	389	WKURW_TEAM	KATOWICE	POL	M30	84	M 279	01:57:27	03:13:03	04:16:09	05:03:46	05:28:47.35	05:29:03.25	7:28	8
339	LIK MICHAŁ	266		RYBNIK	POL	M30	85	M 280	01:55:01	03:03:03	04:00:18	04:57:54	05:27:21.95	05:29:24.55	7:26	8.1
340	KRZEPKOWSKI RADOŚLAW	242	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M40	139	M 281	02:01:41	03:13:57	04:16:31	05:03:59	05:27:48.30	05:29:25.85	7:27	8.1
341	JEZIORNY RYSZARD	167	WIELUŃ BIEGA	WIELUŃ	POL	M50	33	M 282	02:04:52	03:18:59	04:21:54	05:06:49	05:28:37.60	05:29:33.70	7:28	8
342	KULAKOWSKI PIOTR	251	CZŁAPACZE	KONSTANCIN-JEZIORNA	POL	M60	6	M 283	02:09:10	03:20:40	04:19:03	05:05:46	05:28:18.20	05:30:37.20	7:27	8
343	RĘKOSIEWICZ-TOKARZ MONIKA	373	TKKF SOKOŁ	GŁOGÓW MAŁOPOLSKI	POL	K40	23	K 60	02:07:13	03:17:50	04:16:30	05:05:20	05:29:55.40	05:31:03.40	7:29	8
344	JOZEFIAK MARTA	170	1992	LIPNICA WIELKA	POL	K20	7	K 61	02:00:30	03:15:54	04:13:55	05:02:58	05:29:36.65	05:31:22.20	7:29	8
345	ZWAAN JOHAN	534	LOS AFRICANOS	KRAKÓW	POL	M30	86	M 284	02:00:14	03:15:56	04:13:55	05:03:01	05:29:41.55	05:31:26.60	7:29	8
346	KUSZTAL JUSTYNA	254	ESKADRA KRAKÓW	KRAKÓW	POL	K40	24	K 62	02:02:12	03:10:10	04:14:38	05:05:30	05:31:06.20	05:31:30.15	7:31	8
347	BEŁKOT ARKADIUSZ	30		ŚWIĘTOCHŁOWICE	POL	M40	140	M 285	02:01:52	03:09:50	04:14:18	05:05:10	05:30:47.30	05:31:30.30	7:31	8
348	ZAJĄC MARZENA	520		ŁĘCZNA	POL	K40	25	K 63	02:01:15	03:12:00	04:14:54	05:06:10	05:32:21.20	05:32:41.65	7:33	7.9
349	WILECZEK ANTONI	489		JUROWCE	POL	M30	87	M 286	02:09:12	03:17:32	04:15:33	05:05:51	05:30:25.20	05:32:42.75	7:30	8
350	ROCH KAMIL	374	WAT	WARSZAWA	POL	M20	21	M 287	01:52:48	03:05:35	04:10:21	05:02:59	05:32:38.10	05:33:03.55	7:33	7.9
351	CZUBA MICHAŁ	68		LIGOTA ZAMECKA 70A	POL	M30	88	M 288	02:05:15	03:19:36	04:20:22	05:08:53	05:32:52.05	05:33:27.10	7:33	7.9
352	OLESAK GRZEGORZ	334		BIAŁA PODLASKA	POL	M30	89	M 289	01:55:26	03:08:47	04:19:12	05:09:07	05:33:13.90	05:33:46.90	7:34	7.9
353	BURY MAREK	51		SOSNOWIEC	POL	M50	34	M 290	02:05:15	03:14:17	04:17:56	05:07:58	05:32:40.20	05:33:52.80	7:33	7.9
354	PYZEL AGNIESZKA	370	KS PEGAZ	KONSTANCIN JEZIORNA	POL	K50	4	K 64	02:13:05	03:23:50	04:22:33	05:10:13	05:32:12.35	05:33:54.75	7:33	7.9
355	DZIERGAS TERESA	91	IPA PAŁAC MOSTOWSKICH KSP	TWARDORZECZKA	POL	K30	28	K 65	02:06:49	03:18:59	04:15:43	05:06:44	05:31:50.70	05:33:58.90	7:32	8
356	MIKOŁAJCZYK MARIUSZ	304	IPA PAŁAC MOSTOWSKICH KSP	WYSZKÓW	POL	M40	141	M 291	02:06:46	03:18:56	04:15:44	05:06:42	05:31:48.55	05:33:59.05	7:32	8
357	ZAJĄC PAWEŁ	521	CROSS HEROES - OGIENI!	KRAKÓW	POL	M30	90	M 292	01:58:02	03:14:24	04:22:30	05:10:59	05:33:53.80	05:34:38.30	7:35	7.9
358	CICHORACKI PATRYK	61	INTO THE WILD	GRUDZIĄDZ	POL	M30	91	M 293	01:56:57	03:06:20	04:11:49	05:05:49	05:34:23.30	05:34:54.50	7:35	7.9
359	ZIELONKA MARIUSZ	528	CENTRUM SZKOLENIA WOJSK LĄDOWYCH POZNAŃ	POZNAŃ	POL	M50	35	M 294	02:12:04	03:23:04	04:18:52	05:08:25	05:33:51.50	05:35:44.10	7:35	7.9
360	KAJA ROBERT	178		WIELUŃ BIEGA	POL	M50	36	M 295	02:04:52	03:19:14	04:20:02	05:09:21	05:34:50.80	05:35:47.65	7:36	7.9
361	ZAJĄC ŁUKASZ	519	KOMPARIO TEAM	KRAKÓW	POL	M30	92	M 296	01:55:21	03:12:53	04:18:34	05:08:20	05:35:43.20	05:35:56.90	7:37	7.9
362	KLUS PIOTR	207	PIĘKNE I BRODACZE	RZESZÓW	POL	M30	93	M 297	01:58:29	03:09:46	04:12:25	05:04:45	05:33:59.00	05:36:13.10	7:35	7.9
363	MISZCZYK MARCIN	306		KRAKÓW	POL	M40	142	M 298	02:06:23	03:17:15	04:18:02	05:07:41	05:34:22.50	05:36:25.90	7:35	7.9
364	DYLEWSKI PAWEŁ	87	FIZJO-SPORT	ŁĘCZNA	POL	M40	143	M 299	02:03:04	03:12:18	04:16:37	05:09:28	05:35:53.15	05:36:43.90	7:38	7.9
365	PRZYGODA MICHAŁ	366		MALINIE	POL	M30	94	M 300	01:57:40	03:09:39	04:11:17	05:05:58	05:36:12.45	05:36:53.90	7:38	7.9
366	KIDA ANDRZEJ	4	LOS TREPOS COMPANIEROS	KRAKÓW W	POL	M40	144	M 301	02:06:09	03:14:19	04:13:29	05:06:37	05:35:39.25	05:37:07.45	7:37	7.9
367	ZAKRZEWSKI SZYMON	522		ŁĄPY	POL	M30	95	M 302	01:56:07	03:06:25	04:15:14	05:12:51	05:37:09.10	05:37:28.85	7:39	7.8
368	MICHALSKA KLEMENTYNA	301		SZCZYTNO	POL	K30	29	K 66	02:10:40	03:25:44	04:24:01	05:13:47	05:37:18.70	05:38:16.65	7:39	7.8
369	KOSZAŁKA MARCIN	226	FUN&RUN!	BIELINIEC	POL	M20	22	M 303	02:03:59	03:09:56	04:14:39	05:12:34	05:37:34.00	05:38:27.10	7:40	7.8
370	BAR ALEKSANDRA	22	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	K40	26	K 67	02:03:24	03:21:23	04:24:46	05:13:07	05:36:58.80	05:38:30.60	7:39	7.8
371	NITSCH TOMASZ	326	UNTS	WARSZAWA (WESOŁA)	POL	M40	145	M 304	02:12:06	03:28:34	04:33:14	05:17:42	05:37:40.70	05:39:24.85	7:40	7.8
372	WĘDRYCHOWICZ GRZEGORZ	486	RUN4FUN WARYJOTY TEAM	GORLICE	POL	M40	146	M 305	01:57:05	03:13:05	04:16:46	05:09:19	05:37:59.10	05:39:51.90	7:40	7.8
373	ZBICIAK GRZEGORZ	523	ŁĘCZNA BIEGA	SPICZYN	POL	M40	147	M 306	02:09:40	03:24:48	04:24:42	05:14:23	05:40:02.10	05:40:53.35	7:43	7.8
374	GŁÓWKA ALFRED	126	KARCZMA U FREDA	KĘDZIERZYN-KOŹLE	POL	M50	37	M 307	02:02:31	03:19:03	04:24:42	05:15:37	05:40:20.15	05:41:05.25	7:44	7.8
375	MARKIEWICZ RAFAL	287		WARSZAWA	POL	M40	148	M 308	02:03:56	03:23:51	04:26:33	05:15:21	05:39:11.45	05:41:21.45	7:42	7.8
376	RYBAK ŁUKASZ	383		WIELICZKA	POL	M40	149	M 309	01:58:01	03:14:26	04:22:33	05:13:38	05:40:41.70	05:41:24.35	7:44	7.7
377	KISIŃSKI JAROSŁAW	202	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	M40	150	M 310	01:59:58	03:12:49	04:17:44	05:14:02	05:41:53.30	05:42:44.05	7:46	7.7
378	KISIŃSKA IRENA	201	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	K50	5	K 68	02:00:01	03:12:52	04:17:46	05:14:29	05:42:01.30	05:42:51.75	7:46	7.7
379	HALMANN MIROSLAW	143	PGB SPORTOWA PACZKA	WEJHEROWO	POL	M30	96	M 311	02:04:36	03:19:18	04:30:51	05:17:24	05:43:50.75	05:44:02.35	7:48	7.7
380	ADAMSKA AGNIESZKA	11	AKTYWNY OSTRZESZÓW: KS STASZEWSKY	WROCLAW	POL	K40	27	K 69	02:01:27	03:19:21	04:35:33	05:22:22	05:43:25.10	05:44:12.60	7:48	7.7
381	BEDNARCZYK DARIUSZ	542		ŚWIDNIK	POL	M40	151	M 312	01:57:11	03:07:23	04:18:31	05:10:16	05:43:23.35	05:44:21.95	7:48	7.7
382	JADESZKO MICHAŁ	153		STRADUNY	POL	M20	23	M 313	02:05:42	03:21:09	04:25:56	05:15:56	05:42:34.00	05:44:41.10	7:47	7.7
383	ŁACHACZ ROBERT	271		SZCZYTNO	POL	M40	152	M 314	02:05:37	03:21:13	04:24:38	05:15:57	05:42:34.85	05:44:41.40	7:47	7.7
384	KOSECKA JUSTYNA	224	ORTIMED RUNNERS TEAM	BYDGOSZCZ	POL	K40	28	K 70	02:16:05	03:31:49	04:28:02	05:17:56	05:44:04.30	05:44:49.20	7:49	7.7
385	ARENT-STEFANASKA JOLANTA	16		WARSZAWA	POL	K40	29	K 71	02:11:09	03:23:07	04:25:33	05:17:11	05:44:11.10	05:44:55.25	7:49	7.7
386	TRETER SEBASTIAN	464		KRAKÓW	POL	M20	24	M 315	02:01:02	03:16:40	04:20:44	05:13:01	05:43:01.65	05:45:21.95	7:47	7.7
387	JÓZEFIAK JAKUB	171	BOKONIONI	NOWY SĄCZ	POL	M50	38	M 316	02:08:08	03:28:14	04:29:11	05:19:25	05:43:49.15	05:45:34.05	7:48	7.7
388	BARANOWSKI ŁUKASZ	24		BIAŁACZÓW	POL	M30	97	M 317	02:04:19	03:18:07	04:25:13	05:15:09	05:44:14.90	05:45:35.55	7:49	7.7



**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
389	WILK WIKTORIA	492	WILKI	KRAKÓW	POL	K30	30	K 72	02:09:28	03:26:28	04:30:36	05:19:49	05:44:11.25	05:45:42.85	7:49	7.7
390	WILK KRZYSZTOF	493	WILKI :)	KRAKÓW	POL	M30	98	M 318	02:09:28	03:26:31	04:30:36	05:19:49	05:44:13.85	05:45:45.20	7:49	7.7
391	SUCHOWIECKA SABINA	427		POLAŃCZYK	POL	K20	8	K 73	02:05:27	03:22:28	04:24:47	05:14:31	05:45:14.00	05:45:59.65	7:50	7.6
392	ZIELIŃSKI GRZEGORZ	526		WARSZAWA	POL	M40	153	M 319	02:01:22	03:19:21	04:35:35	05:22:23	05:45:14.05	05:46:01.25	7:50	7.6
393	DUCZMAŁ WOJCIECH	82		OPOLE	POL	M40	154	M 320	02:04:23	03:19:01	04:19:36	05:14:04	05:44:07.70	05:46:11.90	7:49	7.7
394	NIEZNAŁSKA EWELINA	324		WARSZAWA	POL	K30	31	K 74	02:09:03	03:22:34	04:25:15	05:17:39	05:45:40.05	05:47:21.00	7:51	7.6
395	FERTACZ SZYMON	96		CZESTOCHOWA	POL	M30	99	M 321	02:09:04	03:22:32	04:25:31	05:19:29	05:45:42.70	05:47:23.55	7:51	7.6
396	PUZIO WALDEMAR	368	MARATOŃCZYK DĘBICA	DĘBICA	POL	M60	7	M 322	02:07:43	03:27:40	04:30:34	05:21:01	05:46:44.65	05:48:10.85	7:52	7.6
397	LEWANDOWSKI PAWEŁ	263		WARSZAWA	POL	M30	100	M 323	02:11:53	03:26:44	04:33:31	05:22:06	05:47:07.35	05:48:40.25	7:53	7.6
398	LEWANDOWSKA OLGA	262		WARSZAWA	POL	K30	32	K 75	02:11:54	03:26:44	04:33:34	05:22:07	05:47:27.15	05:48:59.35	7:53	7.6
399	KOWALEWSKA DOROTA	231	SPARTANIE DZIECIOM	ZGORZAŁA	POL	K50	6	K 76	02:15:09	03:29:48	04:31:44	05:20:50	05:48:31.40	05:50:13.10	7:55	7.6
400	PARYSZ ANNA	346	STARE BABICE BIEGAJĄ	BLIZNE JASIŃSKIEGO	POL	K50	7	K 77	02:11:08	03:27:27	04:32:00	05:23:41	05:50:34.60	05:51:33.25	7:58	7.5
401	BAC ŻANETA	18	JACEKBIEGA TRAINERS TEAM	PYSKOWICE	POL	K30	33	K 78	01:56:01	03:08:44	04:11:09	05:16:20	05:51:46.55	05:51:50.05	7:59	7.5
402	GÓRZYŃSKI PIOTR	136		KOŃSKOWOLA	POL	M40	155	M 324	02:01:01	03:24:55	04:29:43	05:23:54	05:52:19.25	05:52:39.95	8:00	7.5
403	KUBASIEWICZ PAWEŁ	245		JÓZEFOSŁAW	POL	M50	39	M 325	01:59:47	03:24:54	04:31:18	05:23:55	05:52:20.05	05:52:40.20	8:00	7.5
404	KOSEWSKA MONIKA	225	BRAVEHEARTS LEGIONOWO	ŁĄJSKI	POL	K40	30	K 79	02:08:34	03:27:43	04:32:51	05:21:57	05:51:26.60	05:52:44.70	7:59	7.5
405	RYBICKI TOMASZ	384	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	M40	156	M 326	02:04:46	03:27:44	04:28:37	05:21:57	05:51:28.05	05:52:45.40	7:59	7.5
406	SZEWCZYK ARTUR	441	DOKĄD TAK CIĄGLE BIEGNĘ?	CIEPIELÓW	POL	M40	157	M 327	02:08:46	03:26:52	04:26:58	05:22:13	05:51:29.50	05:52:49.80	7:59	7.5
407	STUSIŃSKI MARIUSZ	426		MINSK MAZOWIECKI	POL	M40	158	M 328	02:12:07	03:28:25	04:33:14	05:24:50	05:51:09.80	05:52:53.00	7:58	7.5
408	CHRUŚCIEL DOROTA	60		NOWY SĄCZ	POL	K50	8	K 80	02:13:25	03:29:29	04:37:58	05:27:04	05:51:55.70	05:53:15.40	7:59	7.5
409	BOHDZIEWICZ IZABELA	41	WKURW_TEAM	WARSZAWA	POL	K30	34	K 81	02:08:17	03:21:35	04:29:51	05:23:12	05:52:07.30	05:53:47.45	8:00	7.5
410	GALUŚ JACEK	111		TARNÓW	POL	M40	159	M 329	02:13:50	03:30:52	04:36:23	05:28:23	05:53:32.75	05:54:05.45	8:02	7.5
411	GARCZARZ MONIKA	115		LIMANOWA	POL	K40	31	K 82	02:11:58	03:29:23	04:33:12	05:28:43	05:55:11.70	05:55:25.85	8:04	7.4
412	DRABIK JACEK	558		KRAKÓW	POL	M50	40	M 330	02:04:09	03:23:34	04:33:14	05:28:00	05:55:07.45	05:55:36.90	8:04	7.4
413	WOŁODKO MICHAŁ	506	FORM FITNESS	RADZYŃ PODLASKI	POL	M30	101	M 331	01:55:42	03:14:20	04:37:20	05:31:22	05:55:39.50	05:57:54.00	8:05	7.4
414	GESING JACEK	539	5 BSP	TUSZÓW NARODOWY	POL	M20	25	M 332	02:06:36	03:28:46	04:35:25	05:28:40	05:57:00.05	05:58:17.25	8:06	7.4
415	NIEMCZAK BASIA	323	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	K30	35	K 83	02:13:05	03:31:43	04:36:18	05:28:46	05:56:22.25	05:58:29.95	8:05	7.4
416	MOREK KRZYSZTOF	310		KRAKÓW	POL	M50	41	M 333	02:08:15	03:28:45	04:34:51	05:29:21	05:59:10.00	05:59:19.60	8:09	7.4
417	WYSOKIŃSKI JERZY	516	ORANGE POLSKA	BIAŁA PODLASKA	POL	M50	42	M 334	02:14:51	03:32:34	04:48:48	05:37:09	05:57:23.15	05:59:25.55	8:07	7.4
418	WITCZAK PAWEŁ	499	WIELUŃ BIEGA	WIELUŃ	POL	M40	160	M 335	02:08:46	03:29:05	04:33:10	05:31:26	05:59:09.55	06:00:06.55	8:09	7.4
419	TOMAKA AGNIESZKA	461		TRZEBOWNISKO	POL	K40	32	K 84	02:04:16	03:18:49	04:29:56	05:29:27	05:59:50.55	06:00:46.95	8:10	7.3
420	SKAŁA SABINA	399	THE FORT	LONDON	GBR	K40	33	K 85	02:11:49	03:25:58	04:31:07	05:29:28	06:00:03.30	06:00:59.05	8:11	7.3
421	GAJDA JACEK	110		LUBSKO	POL	M40	161	M 336	02:08:56	03:23:09	04:33:22	05:28:48	05:59:45.60	06:01:01.65	8:10	7.3
422	KWIECIEŃ ZBIGNIEW	256	FAUDANA	TUCHY	POL	M60	8	M 337	02:14:59	03:32:20	04:39:10	05:35:12	06:01:24.70	06:02:48.20	8:12	7.3
423	ORMAN KAMIL	339		GRÓJEC	POL	M30	102	M 338	02:05:43	03:25:25	04:35:29	05:31:10	06:02:23.00	06:03:01.40	8:14	7.3
424	ADAMSKI BARTŁOMIEJ	12		MODLNICA	POL	M40	162	M 339	02:09:00	03:29:48	04:40:22	05:35:18	06:02:01.55	06:03:40.65	8:13	7.3
425	ZACHARZYŃSKA KATARZYNA	517	ORANGE POLSKA	LUBLIN	POL	K30	36	K 86	02:14:49	03:32:34	04:45:45	05:37:10	06:02:50.75	06:04:52.20	8:14	7.3
426	IBRAHIM SHADI	150		LUBLIN	POL	M30	103	M 340	02:11:54	03:26:50	04:33:32	05:31:30	06:03:48.25	06:05:21.70	8:16	7.3
427	KOLASA ANDRZEJ	218	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	M60	9	M 341	02:06:13	03:24:41	04:48:12	05:40:21	06:06:01.30	06:06:40.55	8:19	7.2
428	FORMA BARTOSZ	103		PROSZOWICE	POL	M30	104	M 342	02:05:01	03:31:53	04:44:11	05:38:46	06:05:14.90	06:06:52.00	8:18	7.2
429	BUJAKOWSKI PATRYK	49		PROSZOWICE	POL	M40	163	M 343	02:06:49	03:32:12	04:44:13	05:38:51	06:05:25.15	06:07:00.10	8:18	7.2
430	KAWA BARBARA	192	MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	K30	37	K 87	02:16:30	03:41:36	04:47:40	05:40:24	06:05:59.75	06:07:25.20	8:19	7.2
431	DOBROWOLSKA GRAŻYNA	75	MARATONCZYK DĘBICA	DĘBICA	POL	K40	34	K 88	02:16:03	03:41:34	04:47:40	05:40:09	06:05:58.50	06:07:25.50	8:19	7.2
432	WRZOSEK JUSTYNA	513	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	38	K 89	02:12:11	03:31:42	04:48:05	05:42:42	06:07:15.10	06:08:03.55	8:20	7.2
433	PAWELEC JUSTYNA	352	TSA SANDOMIERZ	SANDOMIERZ	POL	K30	39	K 90	02:12:11	03:31:43	04:47:59	05:42:42	06:07:15.40	06:08:04.15	8:20	7.2
434	JASIŃSKI BARTŁOMIEJ	161		IWONICZ	POL	M30	105	M 344	02:08:00	03:20:59	04:30:02	05:32:17	06:05:49.70	06:08:05.65	8:18	7.2
435	KUC MAŁGORZATA	247		RZESZOTARY	POL	K40	35	K 91	02:06:50	03:26:34	04:40:24	05:37:37	06:08:59.00	06:10:24.95	8:23	7.2
436	KICWAK KRZYSZTOF	196	WILCZY DUCH	SĘKOWA	POL	M30	106	M 345	01:58:14	03:03:26	04:05:49	04:55:56	06:08:29.00	06:10:40.00	7:27	8
437	GLUCHOWSKA NATALIA	127		KOWALA	POL	K20	9	K 92	02:07:49	03:31:29	04:39:32	05:41:19	06:11:05.25	06:11:41.45	8:26	7.1
438	SIKORSKA AGNIESZKA	397	EKOBIEGI WARSZAWA	WARSZAWA	POL	K40	36	K 93	02:18:49	03:36:14	04:47:37	05:41:40	06:11:11.90	06:12:48.05	8:26	7.1
439	URBANOWICZ ŁUKASZ	471		KRAKÓW	POL	M40	164	M 346	02:09:25	03:31:28	04:42:01	05:39:12	06:12:56.60	06:12:56.60	8:28	7.1
440	TOKARSKA BOŻENA	458	#ADAMCZERWIŃSKITEAM	KRAKÓW	POL	K40	37	K 94	02:10:43	03:34:43	04:51:22	05:42:07	06:12:17.25	06:13:13.75	8:27	7.1
441	CAPINSKA ANNA	53		KLAJ	POL	K40	38	K 95	02:10:54	03:34:40	04:51:23	05:42:16	06:12:17.70	06:13:14.70	8:27	7.1
442	TOKARSKI RAFAŁ	459		KRAKÓW	POL	M40	165	M 347	02:10:43	03:34:43	04:51:23	05:42:08	06:12:20.70	06:13:18.95	8:27	7.1

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
443	WYDRO RAFAŁ	514	FUN&RUN	STRZYŻÓW	POL	M40	166	M 348	02:16:04	03:45:06	04:58:03	05:47:35	06:13:18.40	06:14:11.50	8:29	7.1
444	WYDRO AGATA	515	FUN & RUN	STRZYŻÓW	POL	K40	39	K 96	02:13:20	03:37:23	04:58:02	05:47:30	06:13:18.95	06:14:11.50	8:29	7.1
445	SZPAKOWSKI ANDRZEJ	442	FUN&RUN	NIEWODNA	POL	M40	166	M 348	02:13:18	03:37:24	04:58:04	05:47:31	06:13:20.00	06:14:11.50	8:29	7.1
446	ORNACKA MAGDALENA	340		KRAKOW	POL	K30	40	K 97	02:16:34	03:43:17	04:53:13	05:46:37	06:15:34.25	06:15:49.65	8:32	7
447	SZEWCZYK KATARZYNA	440	MONKEYS' TEAM	KRAŚNIK	POL	K40	40	K 98	02:21:18	03:45:44	04:53:02	05:46:19	06:15:16.35	06:16:29.90	8:31	7
448	SZUMNA ALEKSANDRA	447	MONKEYS' TEAM	SUCHYŃNIA, KRAŚNIK	POL	K30	41	K 99	02:21:18	03:45:44	04:53:02	05:46:20	06:15:17.35	06:16:30.60	8:31	7
449	WARDA AGNIESZKA	479		LUBLIN	POL	K30	42	K 100	02:23:09	03:45:52	04:56:02	05:48:41	06:16:48.40	06:17:31.95	8:33	7
450	MALEC BASIA	284		LUBLIN	POL	K50	9	K 101	02:23:00	03:45:50	04:56:02	05:48:41	06:16:53.05	06:17:36.95	8:33	7
451	DANIŁ MONIKA	71		LUBARTÓW	POL	K40	41	K 102	02:16:30	03:44:47	04:57:18	05:47:59	06:16:46.20	06:18:02.30	8:33	7
452	CHODOROWSKI ARKADIUSZ	57	IPA PAŁAC MOSTOWSKICH KSP	ALEKSANDRÓW	POL	M40	168	M 350	02:19:06	03:41:10	04:45:42	05:42:24	06:16:57.25	06:19:09.95	8:34	7
453	ZNAMIEC MARCIN	533	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M40	169	M 351	02:19:12	03:40:52	04:45:46	05:42:28	06:17:04.65	06:19:12.35	8:34	7
454	KRÓL MICHAŁ	238	IPA PAŁAC MOSTOWSKICH KSP	NOWY JADÓW	POL	M30	107	M 352	02:19:09	03:40:51	04:47:12	05:43:03	06:17:04.60	06:19:14.15	8:34	7
455	WÓJCIK MONIKA	511		KRAKÓW	POL	K40	42	K 103	02:13:58	03:40:34	04:59:47	05:52:39	06:19:12.70	06:19:20.45	8:37	7
456	WILIMSKI TOMASZ	490	NIGHT RUNNERS GLIWICE	ZABRZE	POL	M40	170	M 353	02:14:39	03:38:00	04:55:38	05:52:46	06:18:40.85	06:19:47.35	8:36	7
457	FIDALI BEATA	97	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	RZESZOTARY	POL	K30	43	K 104	02:19:31	03:42:16	04:51:02	05:46:36	06:18:37.75	06:20:02.90	8:36	7
458	ZMYJ MARIUSZ	531	#ADAMCZERWIŃSKITEAM	PAWLIKOWICE 407	POL	M50	43	M 354	02:07:17	03:27:51	04:43:49	05:42:09	06:20:15.50	06:20:37.10	8:38	6.9
459	KARBOWSKA BEATA	186		KRAKÓW	POL	K40	43	K 105	02:14:44	03:40:28	04:59:44	05:53:05	06:21:48.35	06:21:55.90	8:40	6.9
460	SZCZEPANIAK AGNIESZKA	438		LUBARTÓW	POL	K40	44	K 106	02:16:32	03:44:48	04:57:20	05:52:15	06:23:07.55	06:24:22.75	8:42	6.9
461	MATYSEK IRENEUSZ	293	KOMANDOS WAŁECKI	WAŁCZ	POL	M60	10	M 355	02:04:46	03:18:36	04:25:40	05:15:37	06:25:05.00	06:25:58.00	7:50	7.7
462	MIKOWSKI GRZEGORZ	305	NIEZRZESZONY	WARSZAWA	POL	M40	171	M 356	02:16:17	03:39:37	04:58:27	05:54:01	06:24:17.60	06:26:12.30	8:44	6.9
463	KŁOPOTOWSKA- SOSNA KATARZYNA	208	UNLIMITED TRIATHLON TEAM	KRAKÓW	POL	K50	10	K 107	02:18:43	03:40:37	04:59:39	05:55:03	06:26:30.30	06:26:39.10	8:47	6.8
464	DUDEK DOMINIK	83		BIELSKO-BIAŁA	POL	M40	172	M 357	02:29:05	03:53:21	05:02:20	06:00:13	06:28:27.10	06:28:46.60	8:49	6.8
465	SYGULA KATARZYNA	435	WKURW_TEAM	JAWORZNO	POL	K40	45	K 108	02:19:33	03:39:35	04:59:01	05:59:40	06:27:24.90	06:28:53.85	8:48	6.8
466	KACZKIEWICZ DAMIAN	177	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	173	M 358	02:09:29	03:37:59	04:55:43	05:58:52	06:28:30.00	06:29:37.20	8:49	6.8
467	OKSIEJUK-WASILEWSKA ANNA	332		WARSZAWA	POL	K40	46	K 109	02:26:52	03:46:54	05:05:15	06:01:35	06:30:57.10	06:32:55.75	8:53	6.8
468	WASILEWSKI GRZEGORZ	482	ACCENTURE RUNNERS CLUB	WARSZAWA	POL	M40	174	M 359	02:26:53	03:46:56	05:05:15	06:01:35	06:30:59.65	06:32:58.00	8:53	6.8
469	WINIARSKA IZABELA	495	EKOBIEGI	WARSZAWA	POL	K40	47	K 110	02:18:56	03:54:42	05:10:16	06:03:31	06:31:48.45	06:33:25.85	8:54	6.7
470	JAWORSKI PIOTR	164	EKOBIEGI	WARSZAWA	POL	M40	175	M 360	02:18:55	03:54:43	05:10:14	06:03:31	06:31:49.90	06:33:27.45	8:54	6.7
471	ROPEL MIROSŁAW	376	KIS TRANSPORT	WEJHEROWO	POL	M60	11	M 361	02:14:23	03:39:12	04:58:38	06:00:46	06:34:31.40	06:34:42.50	8:57	6.7
472	ADAMCZYK WOJCIECH	10	WEST COAST RUNNERS CYPRUS	BRZEZINY	POL	M50	44	M 362	02:17:11	03:43:14	05:08:44	06:06:57	06:37:07.90	06:38:36.75	9:01	6.6
473	ANDRZEJEWSKI MACIEJ	13		WARSZAWA	POL	M30	108	M 363	02:19:57	03:46:32	05:04:59	06:08:19	06:39:30.65	06:41:07.15	9:04	6.6
474	GŁUSZCZAK JERZY	128		ŁÓDŹ	POL	M60	12	M 364	02:26:08	03:52:14	05:04:46	06:05:53	06:39:39.55	06:41:09.00	9:05	6.6
475	OBARSKI NORBERT	329		KIELCE	POL	M50	45	M 365	02:18:03	03:48:04	05:04:26	06:05:24	06:39:26.85	06:41:24.45	9:04	6.6
476	MARONDEL KATARZYNA	288	FESTIWAL BIEGOWY	BYTOM	POL	K30	44	K 111	02:28:32	03:52:49	05:08:51	06:10:43	06:41:34.55	06:42:48.10	9:07	6.6
477	KAZANOWSKI MARCIN	193	OFIARY KAMIENCA	KAMIENIEC	POL	M40	176	M 366	02:28:32	03:52:39	05:08:54	06:10:45	06:41:35.10	06:42:49.85	9:07	6.6
478	JEDLIŃSKA IZABELA	547	MARATOŃCZYK DĘBICA	BRZEŹNICA	POL	K40	48	K 112	02:23:44	03:48:20	05:02:06	06:08:54	06:41:10.50	06:43:25.85	9:07	6.6
479	ŁUCHNIAK KUBA	274	DROGA DO ULTRA	ŁÓDŹ	POL	M20	26	M 367	02:05:47	03:34:49	05:11:00	06:17:11	06:52:31.35	06:53:21.00	9:22	6.4
480	CYMBORSKA JOLANTA	63	WARSAW RUN CLUB	WARSZAWA	POL	K30	45	K 113	02:19:19	03:58:59	05:29:02	06:24:17	06:52:53.80	06:54:09.50	9:23	6.4
481	SOBOTKA MONIKA	411	WARSAW RUN CLUB	WARSZAWA	POL	K40	49	K 114	02:19:21	03:58:59	05:29:03	06:24:17	06:52:55.15	06:54:11.35	9:23	6.4
482	OLSZAK ZENON	336		WARSZAWA	POL	M50	46	M 368	02:19:18	03:58:59	05:29:02	06:24:15	06:52:54.00	06:54:12.10	9:23	6.4
483	BIERNACKI TOMASZ	34	FREE HUNTERS POLAND & ADVENTURE SEEKERS	ŁÓDŹ	POL	M50	47	M 369	02:31:06	03:54:47	05:10:41	06:18:16	06:54:19.90	06:56:07.80	9:25	6.4
484	SZUKALSKI MACIEJ	446		OZORKÓW	POL	M20	27	M 370	02:05:31	03:34:44	05:11:08	06:17:06	06:59:32.50	07:00:25.30	9:32	6.3
485	FEDOR ALICJA	94	FITSMILE	BIELSKO BIALA	POL	K30	46	K 115	02:38:31	04:03:15	05:23:56	06:23:57	07:03:04.35	07:04:27.85	9:36	6.2
486	OKARMA WOJTEK	330	BESKID.TV	JASŁO	POL	M30	109	M 371	02:31:53	03:58:53	05:22:15	06:31:02	07:09:39.25	07:11:22.90	9:45	6.1
487	WOŹNIAK SYLWIA	510		ZĄBKI	POL	K30	47	K 116	02:43:34	04:03:15	05:39:44	06:43:22	07:16:34.70	07:18:47.20	9:55	6
488	WOŹNIAK MICHAŁ	509		BIAŁOBRZEZI	POL	M40	177	M 372	02:43:35	04:03:14	05:39:49	06:43:21	07:16:33.90	07:18:47.20	9:55	6
489	CHABROS JACEK	54	ETREMEWOLF	SZCZECIN	POL	M50	48	M 373	02:34:31	04:00:20	05:42:18	06:48:19	07:21:30.50	07:22:30.30	10:02	6
490	ŚWISZCZ SYLWIA	452	EXTREME WOLF	SZCZECIN	POL	K30	48	K 117	02:34:33	04:01:35	05:42:13	06:48:19	07:21:30.85	07:22:30.30	10:02	6
491	KURKUS ALEKSANDER	253	DOGOŃ GRODZISK MAZOWIECKI	WARSZAWA	POL	M40	178	M 374	02:18:43	03:31:26	05:52:52	07:04:26	07:42:00.70	07:43:54.70	10:30	5.7

**VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18km	27.6km	34.4km	40.5km	Netto	Brutto	min/km	km/h
492	SZYMANIAK PAWEŁ	449	DANFOSS / GRODZISK	GRODZISK MAZOWIECKI	POL	M40	178	M 374	02:25:33	03:54:06	05:52:55	07:04:28	07:42:01.50	07:43:54.70	10:30	5.7
493	ŁYSUNIAK-STRAUCH ALEKSANDRA	275	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K30	49	K 118	02:25:33	03:54:08	05:53:39	07:04:28	07:42:01.10	07:43:54.80	10:30	5.7
494	DUNIEC MAŁGORZATA	85	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K30	50	K 119	02:25:30	03:54:02	05:52:50	07:04:26	07:42:01.20	07:43:54.85	10:30	5.7
495	FUS MACIEJ	109		RZESZÓW	POL	M30	110	M 376								
	SUDACKI SEBASTIAN	428		CZUDEC	POL	M20			01:19:53 DNF	02:04:40 DNF	03:01:16 DNF	DNF	DNF	DNF	-	-
	LATUSEK WIOLETTA	560		BYTOM	POL	K30			02:57:30 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIELIŃSKA EWELINA	561		ZABRZE	POL	K30			02:57:32 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LECKI SEWERYN	546	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	-	-