

# JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH

Organizator: Herkules  
 Data: 2020-02-09  
 Miejsce: Koszalin  
 Dystans: 15 km  
 Klasyfikacja wg czasów netto.



## JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN

| M-ce | Nazwisko i imię            | Nr   | Klub                                  | M-scowość   | Kraj | Kat. | M. kat | K/M  | Etap 1      | Etap 2      | Etap3       | Netto       | min/km | km/h |
|------|----------------------------|------|---------------------------------------|-------------|------|------|--------|------|-------------|-------------|-------------|-------------|--------|------|
| 1    | JAKUBEK PATRYK             | 5067 | 7 DAYS                                | BYTÓW       | POL  | M-20 | 1      | M 1  | 00:17:11.00 | 00:17:30.00 | 00:18:20.00 | 00:53:01.00 | 3:32   | 17   |
| 2    | HUBERT ŁUKASZ              | 5065 | TKKF KOSZALIN                         | KOSZALIN    | POL  | M-30 | 1      | M 2  | 00:17:32.00 | 00:17:45.00 | 00:17:47.00 | 00:53:04.00 | 3:32   | 17   |
| 3    | ZIEMAN MICHAŁ              | 5247 | 404 NOT FOUND                         | BYTÓW       | POL  | M-30 | 2      | M 3  | 00:17:21.00 | 00:17:38.00 | 00:18:28.00 | 00:53:27.00 | 3:33   | 16.8 |
| 4    | RYKIEL MICHAŁ              | 5193 | TAGER SPORT I PRZYJACIELE             | BONIN       | POL  | M-30 | 3      | M 4  | 00:17:55.00 | 00:17:55.00 | 00:18:11.00 | 00:54:01.00 | 3:36   | 16.7 |
| 5    | DYLEWSKI TOMASZ            | 5037 |                                       | MIASTKO     | POL  | M-20 | 2      | M 5  | 00:18:56.00 | 00:18:30.00 | 00:18:44.00 | 00:56:10.00 | 3:44   | 16   |
| 6    | PICK TOMASZ                | 5176 | SKSG KORONA SZCZECIN                  | KOSZALIN    | POL  | M-50 | 1      | M 6  | 00:18:42.00 | 00:19:50.00 | 00:19:03.00 | 00:57:35.00 | 3:50   | 15.6 |
| 7    | KAWKA ADRIAN               | 5088 |                                       | SŁUPSK      | POL  | M-30 | 4      | M 7  | 00:19:21.00 | 00:19:00.00 | 00:19:24.00 | 00:57:45.00 | 3:51   | 15.6 |
| 8    | DUDA GRZEGORZ              | 5035 | BEST BEASTS                           | BUKÓWKA     | POL  | M-40 | 1      | M 8  | 00:19:12.00 | 00:19:37.00 | 00:19:19.00 | 00:58:08.00 | 3:52   | 15.5 |
| 9    | STOLTMAN MARCIN            | 5205 | 7 DAYS                                | BYTÓW       | POL  | M-20 | 3      | M 9  | 00:19:15.00 | 00:19:22.00 | 00:19:32.00 | 00:58:09.00 | 3:52   | 15.5 |
| 10   | GOSTKOWSKI ŁUKASZ          | 5050 | 404 NOT FOUND                         | BYTÓW       | POL  | M-30 | 5      | M 10 | 00:19:30.00 | 00:19:34.00 | 00:19:14.00 | 00:58:18.00 | 3:53   | 15.4 |
| 11   | KORMAN KAMIL               | 5100 |                                       | KOSZALIN    | POL  | M-20 | 4      | M 11 | 00:19:27.00 | 00:19:35.00 | 00:19:24.00 | 00:58:26.00 | 3:53   | 15.4 |
| 12   | CICHOSZ-MIELEWCZYK MATEUSZ | 5025 | POZYTYWNIENIE NAKRĘCENI               | RZEPNICA    | POL  | M-30 | 6      | M 12 | 00:19:25.00 | 00:19:42.00 | 00:19:30.00 | 00:58:37.00 | 3:54   | 15.4 |
| 13   | LEWANDOWSKI JACEK          | 5123 | TAPETY KOSZALIN MONIUSZKI             | STARY BOREK | POL  | M-40 | 2      | M 13 | 00:20:09.00 | 00:19:37.00 | 00:19:32.00 | 00:59:18.00 | 3:57   | 15.2 |
| 14   | TRĘBSKI KRZYSZTOF          | 5229 | #ZABIEGANINOCA                        | OKONEK      | POL  | M-40 | 3      | M 14 | 00:19:54.00 | 00:20:03.00 | 00:19:29.00 | 00:59:26.00 | 3:57   | 15.1 |
| 15   | CHABOWSKI WOJCIECH         | 5020 |                                       | RABINO      | POL  | M-20 | 5      | M 15 | 00:20:33.00 | 00:20:48.00 | 00:19:35.00 | 01:00:56.00 | 4:03   | 14.8 |
| 16   | JANKOWSKI GRZEGORZ         | 5069 | POZYTYWNIENIE NAKRĘCENI               | BYTÓW       | POL  | M-40 | 4      | M 15 | 00:19:36.00 | 00:20:30.00 | 00:20:50.00 | 01:00:56.00 | 4:03   | 14.8 |
| 17   | ŁUKAWSKI MARIUSZ           | 5128 | JW 1223                               | ŚWIESZYNO   | POL  | M-30 | 7      | M 17 | 00:19:44.00 | 00:21:10.00 | 00:20:29.00 | 01:01:23.00 | 4:05   | 14.7 |
| 18   | SKROBANEK HANNA            | 5202 | MKP SZCZECINEK                        | SZCZECINEK  | POL  | K-14 | 1      | K 1  | 00:20:10.00 | 00:20:29.00 | 00:20:52.00 | 01:01:31.00 | 4:06   | 14.6 |
| 19   | KONKEL AGNIESZKA           | 5095 | TAGER SPORT I PRZYJACIELE             | KOSZALIN    | POL  | K-30 | 1      | K 2  | 00:20:17.00 | 00:20:41.00 | 00:20:43.00 | 01:01:41.00 | 4:06   | 14.6 |
| 20   | KOZIEŁ PAWEŁ               | 5103 |                                       | RABINO      | POL  | M-40 | 5      | M 18 | 00:21:03.00 | 00:20:34.00 | 00:20:40.00 | 01:02:17.00 | 4:09   | 14.5 |
| 21   | KOZIEŁ ADAM                | 5104 |                                       | KOSZALIN    | POL  | M-20 | 6      | M 19 | 00:20:56.00 | 00:21:09.00 | 00:20:39.00 | 01:02:44.00 | 4:10   | 14.3 |
| 22   | DRAŻKOWSKI TOMASZ          | 5033 | MKP SZCZECINEK                        | SZCZECINEK  | POL  | M-14 | 1      | M 20 | 00:21:16.00 | 00:20:39.00 | 00:21:04.00 | 01:02:59.00 | 4:11   | 14.3 |
| 23   | OLCZAK KRZYSZTOF           | 5163 |                                       | SIANÓW      | POL  | M-30 | 8      | M 21 | 00:20:41.00 | 00:21:18.00 | 00:21:07.00 | 01:03:06.00 | 4:12   | 14.3 |
| 24   | WEBER PAWEŁ                | 5230 | FPF FUNCTIONAL POLISH PERFORMANCE     | KOSZALIN    | POL  | M-30 | 9      | M 22 | 00:21:12.00 | 00:21:01.00 | 00:21:00.00 | 01:03:13.00 | 4:12   | 14.2 |
| 25   | BRZEZIŃSKI JAN             | 5016 | TEAM PIOTRUS                          | BIAŁOGARD   | POL  | M-50 | 2      | M 23 | 00:21:00.00 | 00:21:09.00 | 00:21:11.00 | 01:03:20.00 | 4:13   | 14.2 |
| 26   | WIKTOROWSKI MACIEJ         | 5234 |                                       | KOSZALIN    | POL  | M-40 | 6      | M 24 | 00:20:56.00 | 00:21:05.00 | 00:21:34.00 | 01:03:35.00 | 4:14   | 14.2 |
| 27   | NOWODWORSKA JUSTYNA        | 5162 | 7 DAYS                                | BYTÓW       | POL  | K-30 | 2      | K 3  | 00:21:11.00 | 00:21:04.00 | 00:21:25.00 | 01:03:40.00 | 4:14   | 14.1 |
| 28   | KUCAL PAWEŁ                | 5117 |                                       | KOSZALIN    | POL  | M-40 | 7      | M 25 | 00:21:43.00 | 00:20:40.00 | 00:21:26.00 | 01:03:49.00 | 4:15   | 14.1 |
| 29   | ŁAWNICZAK JUSTYNA          | 5126 | #ZABIEGANINOCA                        | ZAKRZEWO    | POL  | K-30 | 3      | K 4  | 00:21:29.00 | 00:21:15.00 | 00:21:12.00 | 01:03:56.00 | 4:15   | 14.1 |
| 30   | HISZCZYŃSKA ALEKSANDRA     | 5062 | CSSP KOSZALIN                         | KOSZALIN    | POL  | K-20 | 1      | K 5  | 00:21:07.00 | 00:21:16.00 | 00:21:37.00 | 01:04:00.00 | 4:16   | 14.1 |
| 31   | BARGAŃSKA JUSTYNA          | 5005 | 404 NOT FOUND                         | BYTÓW       | POL  | K-40 | 1      | K 6  | 00:21:14.00 | 00:21:22.00 | 00:21:34.00 | 01:04:10.00 | 4:16   | 14   |
| 32   | SZCZEK MAŁGORZATA          | 5214 | 404 NOT FOUND                         | SŁUPSK      | POL  | K-30 | 4      | K 7  | 00:21:27.00 | 00:22:00.00 | 00:21:01.00 | 01:04:28.00 | 4:17   | 14   |
| 33   | CZYŻYKOWSKI ŁUKASZ         | 5028 |                                       | KOSZALIN    | POL  | M-30 | 10     | M 26 | 00:21:18.00 | 00:21:27.00 | 00:21:53.00 | 01:04:38.00 | 4:18   | 13.9 |
| 34   | ŻUREK MATEUSZ              | 5250 |                                       | KOSZALIN    | POL  | M-30 | 11     | M 27 | 00:22:06.00 | 00:21:17.00 | 00:21:18.00 | 01:04:41.00 | 4:18   | 13.9 |
| 35   | HAŁKA JUSTYNA              | 5056 | TRUCHT ŁOBEZ                          | ŁOBEZ       | POL  | K-40 | 2      | K 8  | 00:21:30.00 | 00:21:28.00 | 00:21:50.00 | 01:04:48.00 | 4:19   | 13.9 |
| 36   | BUDZIŃSKI PAWEŁ            | 5018 | TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU | KONIKOWO    | POL  | M-40 | 8      | M 28 | 00:22:03.00 | 00:21:39.00 | 00:21:08.00 | 01:04:50.00 | 4:19   | 13.9 |
| 37   | KLUCZEWSKA EMILIA          | 5094 | 7 DAYS                                | BYTÓW       | POL  | K-30 | 5      | K 9  | 00:21:39.00 | 00:21:23.00 | 00:21:55.00 | 01:04:57.00 | 4:19   | 13.9 |
| 38   | GAWRYŚIAK PRZEMYSŁAW       | 5043 |                                       | WŁODARKA    | POL  | M-40 | 9      | M 29 | 00:21:25.00 | 00:22:03.00 | 00:22:10.00 | 01:05:38.00 | 4:22   | 13.7 |
| 39   | PAŁASZEWSKA KAROLINA       | 5172 | KOŁOBRZEG BIEGA                       | KOŁOBRZEG   | POL  | K-30 | 6      | K 10 | 00:21:47.00 | 00:22:03.00 | 00:21:59.00 | 01:05:49.00 | 4:23   | 13.7 |
| 40   | KRUPIŃSKI KRZYSZTOF        | 5112 | E-UROLOG.EU                           | KOSZALIN    | POL  | M-50 | 3      | M 30 | 00:22:00.00 | 00:22:21.00 | 00:21:47.00 | 01:06:08.00 | 4:24   | 13.6 |
| 41   | SITARCZYK DAMIAN           | 5199 | FUNDACJA ZASTOPIJ                     | SIANÓW      | POL  | M-30 | 12     | M 30 | 00:23:11.00 | 00:21:21.00 | 00:21:36.00 | 01:06:08.00 | 4:24   | 13.6 |
| 42   | GAWĘŁ ZBIGNIEW             | 5041 | POMERIDERS SŁUPSK                     | SŁUPSK      | POL  | M-60 | 1      | M 32 | 00:22:27.00 | 00:22:06.00 | 00:22:11.00 | 01:06:44.00 | 4:26   | 13.5 |
| 43   | NOSAŁ MARIUSZ              | 5159 |                                       | SZCZECINEK  | POL  | M-30 | 13     | M 33 | 00:21:25.00 | 00:22:06.00 | 00:23:38.00 | 01:07:09.00 | 4:28   | 13.4 |
| 44   | KRYNICKA MAGDALENA         | 5113 |                                       | TRZEBIATÓW  | POL  | K-20 | 2      | K 11 | 00:22:28.00 | 00:22:34.00 | 00:22:24.00 | 01:07:26.00 | 4:29   | 13.3 |
| 45   | JOŃCA JAKUB                | 5076 | BEST BEASTS                           | SŁUPSK      | POL  | M-14 | 2      | M 34 | 00:22:38.00 | 00:21:29.00 | 00:23:20.00 | 01:07:27.00 | 4:29   | 13.3 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr   | Klub                      | M-scowość    | Kraj | Kat. | M. kat | K/M  | Etap 1      | Etap 2      | Etap3       | Netto       | min/km | km/h |
|------|------------------------|------|---------------------------|--------------|------|------|--------|------|-------------|-------------|-------------|-------------|--------|------|
| 46   | KĄZMIERCZAK AGNIESZKA  | 5089 |                           | ŚWIDWINEK    | POL  | K-40 | 3      | K 12 | 00:22:28.00 | 00:22:44.00 | 00:22:46.00 | 01:07:58.00 | 4:31   | 13.2 |
| 47   | GÓRA AGNIESZKA         | 5051 | #ZABIEGANINOCA            | OKONEK       | POL  | K-40 | 4      | K 13 | 00:23:09.00 | 00:23:30.00 | 00:22:39.00 | 01:08:18.00 | 4:33   | 13.2 |
| 48   | PIETRYKA ARTUR         | 5177 | KARLINO BIEGAJ            | KARLINO      | POL  | M-40 | 10     | M 35 | 00:22:17.00 | 00:22:58.00 | 00:23:05.00 | 01:08:20.00 | 4:33   | 13.2 |
| 49   | NOGA SEBASTIAN         | 5158 | TKKF KOSZALIN             | KOSZALIN     | POL  | M-20 | 7      | M 36 | 00:20:55.00 | 00:21:25.00 | 00:26:05.00 | 01:08:25.00 | 4:33   | 13.2 |
| 50   | KONKEL ŁUKASZ          | 5096 |                           | KOSZALIN     | POL  | M-40 | 11     | M 37 | 00:23:06.00 | 00:23:26.00 | 00:22:21.00 | 01:08:53.00 | 4:35   | 13.1 |
| 51   | NIEMCZUK DARIUSZ       | 5156 | JAMNO                     | KOSZALIN     | POL  | M-50 | 4      | M 38 | 00:23:04.00 | 00:22:53.00 | 00:22:59.00 | 01:08:56.00 | 4:35   | 13.1 |
| 52   | KRZEWIŃSKA MAŁGORZATA  | 5116 | TAGER SPORT I PRZYJACIELE | KOSZALIN     | POL  | K-60 | 1      | K 14 | 00:23:19.00 | 00:23:05.00 | 00:23:12.00 | 01:09:36.00 | 4:38   | 12.9 |
| 53   | METEL IZABELA          | 5138 | POZYTYWNIENI NAKRĘCENI    | BYTÓW        | POL  | K-40 | 5      | K 15 | 00:21:55.00 | 00:25:08.00 | 00:23:05.00 | 01:10:08.00 | 4:40   | 12.8 |
| 54   | HAŁKA ARKADIUSZ        | 5057 | TRUCHT ŁOBEZ              | ŁOBEZ        | POL  | M-40 | 12     | M 39 | 00:23:36.00 | 00:23:07.00 | 00:23:51.00 | 01:10:34.00 | 4:42   | 12.8 |
| 55   | GIEDROWICZ ALEKSANDRA  | 5045 |                           | KOSZALIN     | POL  | K-30 | 7      | K 16 | 00:23:31.00 | 00:23:39.00 | 00:23:27.00 | 01:10:37.00 | 4:42   | 12.7 |
| 56   | NOSAL MARTYNA          | 5160 | PENTATHLON SZCZECINEK     | SZCZECINEK   | POL  | K-14 | 2      | K 17 | 00:24:07.00 | 00:23:19.00 | 00:23:13.00 | 01:10:39.00 | 4:42   | 12.7 |
| 57   | ANTKOWIAK SEBASTIAN    | 5002 | DB - ACTIVE               | KOSZALIN     | POL  | M-40 | 13     | M 40 | 00:22:56.00 | 00:23:52.00 | 00:24:09.00 | 01:10:57.00 | 4:43   | 12.7 |
| 58   | MONGIAŁO MARCIN        | 5148 | FAST FEET K-LIN           | KOSZALIN     | POL  | M-40 | 14     | M 41 | 00:23:37.00 | 00:23:36.00 | 00:23:54.00 | 01:11:07.00 | 4:44   | 12.7 |
| 59   | MICHALCZYK KAMIL       | 5139 |                           | KOSZALIN     | POL  | M-30 | 14     | M 42 | 00:22:53.00 | 00:24:06.00 | 00:24:41.00 | 01:11:40.00 | 4:46   | 12.6 |
| 60   | HNATOWSKI ARTUR        | 5063 |                           | KOSZALIN     | POL  | M-50 | 5      | M 43 | 00:24:04.00 | 00:23:55.00 | 00:24:03.00 | 01:12:02.00 | 4:48   | 12.5 |
| 61   | HARASIMOWICZ MICHAŁ    | 5059 |                           | SZCZECINEK   | POL  | M-30 | 15     | M 44 | 00:23:18.00 | 00:23:13.00 | 00:25:32.00 | 01:12:03.00 | 4:48   | 12.5 |
| 62   | CHUDZIK ZBIGNIEW       | 5023 | TKKF KOSZALIN             | KOSZALIN     | POL  | M-50 | 6      | M 45 | 00:23:40.00 | 00:25:08.00 | 00:23:32.00 | 01:12:20.00 | 4:49   | 12.4 |
| 63   | DRULIK-HOŁUB MARTA     | 5034 | TORNADO KOSZALIN          | KOSZALIN     | POL  | K-40 | 6      | K 18 | 00:24:23.00 | 00:24:02.00 | 00:24:00.00 | 01:12:25.00 | 4:49   | 12.4 |
| 64   | LIPNIEWICZ PAWEŁ       | 5124 |                           | KOSZALIN     | POL  | M-30 | 16     | M 46 | 00:24:07.00 | 00:25:20.00 | 00:23:03.00 | 01:12:30.00 | 4:50   | 12.4 |
| 65   | SKOKOWSKI MAREK        | 5201 |                           | SZCZECINEK   | POL  | M-30 | 17     | M 47 | 00:24:13.00 | 00:24:15.00 | 00:24:34.00 | 01:13:02.00 | 4:52   | 12.3 |
| 66   | DEJNAK MARIOLA         | 5029 |                           | GRYFICE      | POL  | K-60 | 2      | K 19 | 00:24:38.00 | 00:24:39.00 | 00:24:15.00 | 01:13:32.00 | 4:54   | 12.2 |
| 67   | MONGIAŁO ALEKSANDRA    | 5149 | FAST FEET K-LIN           | KOSZALIN     | POL  | K-30 | 8      | K 20 | 00:24:54.00 | 00:24:48.00 | 00:23:52.00 | 01:13:34.00 | 4:54   | 12.2 |
| 68   | OSOBNIAK RYSZARD       | 5168 |                           | KOSZALIN     | POL  | M-60 | 2      | M 48 | 00:24:33.00 | 00:24:39.00 | 00:24:26.00 | 01:13:38.00 | 4:54   | 12.2 |
| 69   | KAJKOWSKI RAFAŁ        | 5084 | CSSP KOSZALIN             | KOSZALIN     | POL  | M-40 | 15     | M 49 | 00:24:54.00 | 00:24:43.00 | 00:24:04.00 | 01:13:41.00 | 4:54   | 12.2 |
| 70   | JASIEK PAWEŁ           | 5071 | #ZABIEGANINOCA            | ZAKRZEWO     | POL  | M-30 | 18     | M 50 | 00:25:27.00 | 00:24:23.00 | 00:24:06.00 | 01:13:56.00 | 4:55   | 12.2 |
| 71   | KRASIŃSKI WITOLD       | 5106 |                           | KOSZALIN     | POL  | M-40 | 16     | M 51 | 00:24:59.00 | 00:24:10.00 | 00:24:48.00 | 01:13:57.00 | 4:55   | 12.2 |
| 72   | DEBSKI DAMIAN          | 5030 | 1986.                     | KOSZALIN     | POL  | M-30 | 19     | M 52 | 00:24:57.00 | 00:24:20.00 | 00:24:53.00 | 01:14:10.00 | 4:56   | 12.1 |
| 73   | KRUPIŃSKA BEATA        | 5111 | E-UROLOG.EU               | KOSZALIN     | POL  | K-50 | 1      | K 21 | 00:24:37.00 | 00:24:16.00 | 00:25:59.00 | 01:14:52.00 | 4:59   | 12   |
| 74   | KACZMARYK JOLANTA      | 5080 |                           | KOSZALIN     | POL  | K-40 | 7      | K 22 | 00:24:47.00 | 00:25:04.00 | 00:25:21.00 | 01:15:12.00 | 5:00   | 12   |
| 75   | STALUSZKA DARIUSZ      | 5203 |                           | ŚWIDWIN      | POL  | M-40 | 17     | M 53 | 00:25:21.00 | 00:24:54.00 | 00:25:32.00 | 01:15:47.00 | 5:03   | 11.9 |
| 76   | PLATOSZ MAGDA          | 5179 |                           | KARLINO      | POL  | K-20 | 3      | K 23 | 00:25:02.00 | 00:25:57.00 | 00:24:55.00 | 01:15:54.00 | 5:03   | 11.9 |
| 77   | KOWALCZYK KAROLINA     | 5102 |                           | NIEKLONICE   | POL  | K-40 | 8      | K 24 | 00:25:49.00 | 00:25:21.00 | 00:25:15.00 | 01:16:25.00 | 5:05   | 11.8 |
| 78   | SUCHODOLSKA ALEKSANDRA | 5208 | DZIKIE ŻÓŁWIE             | ROSNOWO      | POL  | K-30 | 9      | K 25 | 00:25:11.00 | 00:26:08.00 | 00:25:08.00 | 01:16:27.00 | 5:05   | 11.8 |
| 79   | GOLEC ANNA             | 5048 |                           | KOSZALIN     | POL  | K-40 | 9      | K 26 | 00:26:36.00 | 00:25:03.00 | 00:24:56.00 | 01:16:35.00 | 5:06   | 11.8 |
| 80   | JUSZCZAK KRZYSZTOF     | 5077 |                           | KOSZALIN     | POL  | M-60 | 3      | M 54 | 00:25:34.00 | 00:25:47.00 | 00:25:21.00 | 01:16:42.00 | 5:06   | 11.7 |
| 81   | ŁODYGA ŁUKASZ          | 5127 |                           | KOSZALIN     | POL  | M-30 | 20     | M 55 | 00:24:30.00 | 00:26:16.00 | 00:26:15.00 | 01:17:01.00 | 5:08   | 11.7 |
| 82   | CIEŚLAK GRZEGORZ       | 5026 |                           | KOŁOBRZEG    | POL  | M-30 | 21     | M 56 | 00:26:16.00 | 00:25:40.00 | 00:25:25.00 | 01:17:21.00 | 5:09   | 11.6 |
| 83   | MRUGALSKI STANISŁAW    | 5151 | MTS HAMER                 | MIASTKO      | POL  | M-50 | 7      | M 56 | 00:26:13.00 | 00:25:59.00 | 00:25:09.00 | 01:17:21.00 | 5:09   | 11.6 |
| 84   | MARCINKOWSKI JACEK     | 5134 | SSK ORZEŁ ŚWIESZYNO       | ŚWIESZYNO    | POL  | M-40 | 18     | M 58 | 00:26:48.00 | 00:24:10.00 | 00:26:30.00 | 01:17:28.00 | 5:09   | 11.6 |
| 85   | KOPEĆ KRZYSZTOF        | 5097 |                           | KOŁOBRZEG    | POL  | M-40 | 19     | M 59 | 00:25:24.00 | 00:25:44.00 | 00:26:30.00 | 01:17:38.00 | 5:10   | 11.6 |
| 86   | PACAN MIRA             | 5169 | POZYTYWNIENI NAKRĘCENI    | BYTÓW        | POL  | K-30 | 10     | K 27 | 00:26:00.00 | 00:25:08.00 | 00:26:46.00 | 01:17:54.00 | 5:11   | 11.6 |
| 87   | GONTEK ŁUKASZ          | 5049 | VW BATORY                 | SŁUPSK       | POL  | M-30 | 22     | M 60 | 00:26:29.00 | 00:25:12.00 | 00:26:14.00 | 01:17:55.00 | 5:11   | 11.6 |
| 88   | SAWIŃSKI JACEK         | 5197 |                           | KOSZALIN     | POL  | M-40 | 20     | M 61 | 00:30:12.00 | 00:23:28.00 | 00:24:32.00 | 01:18:12.00 | 5:12   | 11.5 |
| 89   | ROMANOWICZ MONIKA      | 5189 | DZIKIE ŻÓŁWIE             | KOSZALIN     | POL  | K-30 | 11     | K 28 | 00:25:51.00 | 00:26:09.00 | 00:26:20.00 | 01:18:20.00 | 5:13   | 11.5 |
| 90   | STRZELECKA MAŁGORZATA  | 5206 | SAILING TEAM FERAJNA      | PIŁA         | POL  | K-40 | 10     | K 29 | 00:26:07.00 | 00:26:08.00 | 00:26:32.00 | 01:18:47.00 | 5:15   | 11.4 |
| 91   | DORAWA-ZIOMEK ANNA     | 5031 | DZIKIE ŻÓŁWIE             | KOSZALIN     | POL  | K-30 | 12     | K 30 | 00:24:57.00 | 00:27:10.00 | 00:27:24.00 | 01:19:31.00 | 5:18   | 11.3 |
| 92   | JĘDRZEJKO MIROSLAW     | 5074 |                           | NOWE BIELICE | POL  | M-40 | 21     | M 62 | 00:25:03.00 | 00:26:38.00 | 00:27:50.00 | 01:19:31.00 | 5:18   | 11.3 |
| 93   | ŚWIDERSKI MARCIN       | 5227 |                           | KOSZALIN     | POL  | M-30 | 23     | M 63 | 00:26:06.00 | 00:27:33.00 | 00:26:15.00 | 01:19:54.00 | 5:19   | 11.3 |
| 94   | PISKÓRZ JUSTYNA        | 5178 |                           | ROSNOWO      | POL  | K-30 | 13     | K 31 | 00:25:50.00 | 00:27:12.00 | 00:27:23.00 | 01:20:25.00 | 5:21   | 11.2 |
| 95   | KAMINSKI TOMASZ        | 5085 | WODNA SŁUŻBA RATOWNICZA   | KOSZALIN     | POL  | M-40 | 22     | M 64 | 00:25:00.00 | 00:27:27.00 | 00:27:58.00 | 01:20:25.00 | 5:21   | 11.2 |
| 96   | BRZozowska BARBARA     | 5017 |                           | TYCHOWO      | POL  | K-40 | 11     | K 32 | 00:26:46.00 | 00:26:38.00 | 00:27:21.00 | 01:20:45.00 | 5:23   | 11.1 |
| 97   | SZWEDA MATEUSZ         | 5220 | WATAHA                    | KOSZALIN     | POL  | M-30 | 24     | M 65 | 00:26:34.00 | 00:26:38.00 | 00:27:46.00 | 01:20:58.00 | 5:23   | 11.1 |
| 98   | SZYMAŃSKI PATRYK       | 5221 | 1987.                     | SŁUPSK       | POL  | M-30 | 25     | M 66 | 00:26:39.00 | 00:28:03.00 | 00:26:18.00 | 01:21:00.00 | 5:24   | 11.1 |
| 99   | MASŁOWSKI ARTUR        | 5137 |                           | ZŁOCENIEC    | POL  | M-30 | 26     | M 67 | 00:26:39.00 | 00:28:04.00 | 00:26:18.00 | 01:21:01.00 | 5:24   | 11.1 |
| 100  | MITUNIEWICZ ADRIAN     | 5147 |                           | KOSZALIN     | POL  | M-30 | 27     | M 68 | 00:28:07.00 | 00:27:33.00 | 00:25:46.00 | 01:21:26.00 | 5:25   | 11.1 |
| 101  | KARNICKI ZYGMUNT       | 5087 | TKKF KOSZALIN             | KOSZALIN     | POL  | M-60 | 4      | M 69 | 00:26:26.00 | 00:27:16.00 | 00:27:49.00 | 01:21:31.00 | 5:26   | 11   |
| 102  | ORYSZCZYN ARKADIUSZ    | 5167 | DZIKIE ŻÓŁWIE             | KOSZALIN     | POL  | M-30 | 28     | M 69 | 00:25:39.00 | 00:27:46.00 | 00:28:06.00 | 01:21:31.00 | 5:26   | 11   |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr   | Klub                               | M-scowość        | Kraj | Kat. | M. kat | K/M  | Etap 1      | Etap 2      | Etap3       | Netto       | min/km | km/h |
|------|--------------------------------|------|------------------------------------|------------------|------|------|--------|------|-------------|-------------|-------------|-------------|--------|------|
| 103  | JUSZCZYK AGNIESZKA             | 5078 | ANOX TEAM                          | KOSZALIN         | POL  | K-40 | 12     | K 33 | 00:29:31.00 | 00:25:47.00 | 00:26:15.00 | 01:21:33.00 | 5:26   | 11   |
| 104  | WIŚNIEWSKI JAROSŁAW            | 5235 |                                    | KOŁOBRZEG        | POL  | M-50 | 8      | M 71 | 00:26:58.00 | 00:27:05.00 | 00:27:32.00 | 01:21:35.00 | 5:26   | 11   |
| 105  | MARCZAK MAŁGORZATA             | 5135 |                                    | ŻELKOWO          | POL  | K-60 | 3      | K 34 | 00:27:16.00 | 00:26:22.00 | 00:28:29.00 | 01:22:07.00 | 5:28   | 11   |
| 106  | SZULC MAREK                    | 5217 |                                    | BIAŁOGARD        | POL  | M-50 | 9      | M 72 | 00:28:49.00 | 00:27:09.00 | 00:26:16.00 | 01:22:14.00 | 5:28   | 10.9 |
| 107  | MURAWSKI WALDEMAR              | 5153 | ZKS                                | KOSZALIN         | POL  | M-50 | 10     | M 73 | 00:27:14.00 | 00:28:29.00 | 00:26:33.00 | 01:22:16.00 | 5:29   | 10.9 |
| 108  | TABISZ SŁAWOMIR                | 5228 | 12 BBSP                            | CZAPLINEK        | POL  | M-30 | 29     | M 74 | 00:27:19.00 | 00:28:26.00 | 00:27:18.00 | 01:23:03.00 | 5:32   | 10.8 |
| 109  | SARBIEWSKI PRZEMYSŁAW          | 5196 |                                    | MRZEŻYNO         | POL  | M-40 | 23     | M 75 | 00:32:34.00 | 00:23:52.00 | 00:27:03.00 | 01:23:29.00 | 5:33   | 10.8 |
| 110  | KLONOWSKI ARTUR                | 5093 | KOSPEL                             | KOSZALIN         | POL  | M-40 | 24     | M 76 | 00:25:32.00 | 00:27:50.00 | 00:30:31.00 | 01:23:53.00 | 5:35   | 10.7 |
| 111  | HELLER ZDZIŚLAW                | 5061 | HERBMARATONOW.PL                   | KOSZALIN         | POL  | M-60 | 5      | M 77 | 00:28:09.00 | 00:27:29.00 | 00:28:22.00 | 01:24:00.00 | 5:36   | 10.7 |
| 112  | MITUNIEWICZ RENATA             | 5146 |                                    | KOSZALIN         | POL  | K-50 | 2      | K 35 | 00:26:49.00 | 00:28:18.00 | 00:29:16.00 | 01:24:23.00 | 5:37   | 10.7 |
| 113  | JONÇA KLAUDIA                  | 5075 | BEST BEASTS                        | SŁUPSK           | POL  | K-14 | 3      | K 36 | 00:26:37.00 | 00:27:06.00 | 00:30:52.00 | 01:24:35.00 | 5:38   | 10.6 |
| 114  | CHAMERA TOMASZ                 | 5021 | WATAHA                             | KOSZALIN         | POL  | M-40 | 25     | M 78 | 00:28:01.00 | 00:29:27.00 | 00:27:13.00 | 01:24:41.00 | 5:38   | 10.6 |
| 115  | STRZELECKI SEBASTIAN 'KASZANA' | 5207 | SAILING TEAM FERAJNA               | PIŁA             | POL  | M-40 | 26     | M 79 | 00:27:42.00 | 00:28:09.00 | 00:28:51.00 | 01:24:42.00 | 5:38   | 10.6 |
| 116  | BEDNARZ KATARZYNA              | 5007 | KOŁOBRZEG BIEGA                    | KOŁOBRZEG        | POL  | K-40 | 13     | K 37 | 00:27:40.00 | 00:28:46.00 | 00:28:16.00 | 01:24:42.00 | 5:38   | 10.6 |
| 117  | BOKOTA KATARZYNA               | 5012 |                                    | BIAŁOGARD        | POL  | K-40 | 14     | K 38 | 00:28:15.00 | 00:28:18.00 | 00:28:27.00 | 01:25:00.00 | 5:40   | 10.6 |
| 118  | MALINOWSKA-BURDA ALEKSANDRA    | 5130 |                                    | KOSZALIN         | POL  | K-30 | 14     | K 39 | 00:29:04.00 | 00:28:22.00 | 00:28:01.00 | 01:25:27.00 | 5:41   | 10.5 |
| 119  | SIGNAROWSKI DAWID              | 5198 | PRESS GLASS - BIEGAMY I WSPIERAMY  | NOWOGARD         | POL  | M-30 | 30     | M 80 | 00:27:14.00 | 00:28:17.00 | 00:30:12.00 | 01:25:43.00 | 5:42   | 10.5 |
| 120  | GROCHOWSKA AGNIESZKA           | 5052 | SAILING TEAM FERAJNA               | PIŁA             | POL  | K-40 | 15     | K 40 | 00:28:58.00 | 00:28:11.00 | 00:28:51.00 | 01:26:00.00 | 5:44   | 10.5 |
| 121  | BRZEZIŃSKI PAWEŁ               | 5015 | PAB TRI KOSZALIN                   | KOSZALIN         | POL  | M-40 | 27     | M 81 | 00:27:59.00 | 00:28:18.00 | 00:29:44.00 | 01:26:01.00 | 5:44   | 10.5 |
| 122  | MARCZAK ANDRZEJ                | 5136 |                                    | ŻELKOWO          | POL  | M-60 | 6      | M 82 | 00:29:05.00 | 00:27:41.00 | 00:29:34.00 | 01:26:20.00 | 5:45   | 10.4 |
| 123  | WOJTKOWIAK WIOLETA             | 5241 |                                    | KOSZALIN         | POL  | K-30 | 15     | K 41 | 00:29:03.00 | 00:28:40.00 | 00:28:42.00 | 01:26:25.00 | 5:45   | 10.4 |
| 124  | RUSIECKI PAWEŁ                 | 5191 | WSPL SPZOZ W KOSZALINIE            | BIESIEKIERZ      | POL  | M-40 | 28     | M 83 | 00:28:30.00 | 00:27:55.00 | 00:30:06.00 | 01:26:31.00 | 5:46   | 10.4 |
| 125  | HUBKO JANINA                   | 5066 | PRESS GLASS - BIEGAMY I WSPIERAMY  | NOWOGARD         | POL  | K-30 | 16     | K 42 | 00:28:20.00 | 00:28:01.00 | 00:30:13.00 | 01:26:34.00 | 5:46   | 10.4 |
| 126  | HRYNCEWICZ ANNA                | 5064 | SAILING TEAM FERAJNA               | PIŁA             | POL  | K-40 | 16     | K 43 | 00:28:58.00 | 00:28:45.00 | 00:28:55.00 | 01:26:38.00 | 5:46   | 10.4 |
| 127  | SUDER-MAKSYMOWICZ MONIKA       | 5209 |                                    | USTRONIE MORSKIE | POL  | K-30 | 17     | K 44 | 00:29:29.00 | 00:28:33.00 | 00:29:36.00 | 01:27:38.00 | 5:50   | 10.3 |
| 128  | JĄCZKOWSKA WIOLETA             | 5072 |                                    | KOSZALIN         | POL  | K-40 | 17     | K 45 | 00:29:04.00 | 00:29:05.00 | 00:31:01.00 | 01:29:10.00 | 5:56   | 10.1 |
| 129  | KĘDZIERA IZYDOR                | 5090 |                                    | KOSZALIN         | POL  | M-50 | 11     | M 84 | 00:28:57.00 | 00:29:34.00 | 00:30:48.00 | 01:29:19.00 | 5:57   | 10.1 |
| 130  | ZBOROWSKA-SKROBANEK JUSTYNA    | 5245 | MKP SZCZECINEK                     | SZCZECINEK       | POL  | K-40 | 18     | K 46 | 00:29:23.00 | 00:29:27.00 | 00:30:37.00 | 01:29:27.00 | 5:57   | 10.1 |
| 131  | BRZEZIŃSKA BEATA               | 5014 | TEAM PIOTRUŚ                       | BIAŁOGARD        | POL  | K-50 | 3      | K 47 | 00:29:18.00 | 00:29:51.00 | 00:30:30.00 | 01:29:39.00 | 5:58   | 10   |
| 132  | WOJANOWSKI ZBIGNIEW            | 5240 | SPORT I REKREACJA DELFIN           | GRUDZIĄDZ        | POL  | M-60 | 7      | M 85 | 00:29:56.00 | 00:29:40.00 | 00:30:17.00 | 01:29:53.00 | 5:59   | 10   |
| 133  | WENTA MALWINA                  | 5232 |                                    | KOŁOBRZEG        | POL  | K-30 | 18     | K 48 | 00:30:28.00 | 00:29:16.00 | 00:30:10.00 | 01:29:54.00 | 5:59   | 10   |
| 134  | KOPEC MAGDALENA                | 5098 |                                    | KOŁOBRZEG        | POL  | K-40 | 19     | K 49 | 00:30:27.00 | 00:29:19.00 | 00:30:10.00 | 01:29:56.00 | 5:59   | 10   |
| 135  | WOJANOWSKA MARYLA              | 5239 | SPORT I REKREACJA DELFIN           | GRUDZIĄDZ        | POL  | K-60 | 4      | K 50 | 00:29:57.00 | 00:29:43.00 | 00:30:17.00 | 01:29:57.00 | 5:59   | 10   |
| 136  | SZMYT MARCIN                   | 5215 |                                    | KOSZALIN         | POL  | M-30 | 31     | M 86 | 00:31:40.00 | 00:32:01.00 | 00:28:28.00 | 01:32:09.00 | 6:08   | 9.8  |
| 137  | MOŻEJKO ANNA                   | 5150 |                                    | KOSZALIN         | POL  | K-40 | 20     | K 51 | 00:30:10.00 | 00:31:10.00 | 00:31:07.00 | 01:32:27.00 | 6:09   | 9.7  |
| 138  | STEC EDYTA                     | 5204 |                                    | KOSZALIN         | POL  | K-40 | 21     | K 52 | 00:30:11.00 | 00:31:09.00 | 00:31:09.00 | 01:32:29.00 | 6:09   | 9.7  |
| 139  | KOROL ELŻBIETA                 | 5101 |                                    | KOSZALIN         | POL  | K-40 | 22     | K 53 | 00:30:11.00 | 00:31:10.00 | 00:31:09.00 | 01:32:30.00 | 6:10   | 9.7  |
| 140  | MAŁYSZEWICZ ANDRZEJ            | 5133 |                                    | BIAŁY BÓR        | POL  | M-50 | 12     | M 87 | 00:28:35.00 | 00:28:38.00 | 00:35:21.00 | 01:32:34.00 | 6:10   | 9.7  |
| 141  | BABIARZ JACEK                  | 5003 | PRESS GLASS - BIEGAMY I WSPIERAMY  | NOWOGARD         | POL  | M-40 | 29     | M 88 | 00:28:48.00 | 00:32:34.00 | 00:31:16.00 | 01:32:38.00 | 6:10   | 9.7  |
| 142  | POLAK MATEUSZ                  | 5182 | KOSPEL                             | WAŁCZ            | POL  | M-20 | 8      | M 89 | 00:28:41.00 | 00:33:34.00 | 00:30:55.00 | 01:33:10.00 | 6:12   | 9.7  |
| 143  | KULIGOWSKI MAKSYM              | 5119 | PRESS GLASS - BIEGAMY I WSPIERAMY  | NOWOGARD         | POL  | M-30 | 32     | M 90 | 00:30:20.00 | 00:30:53.00 | 00:32:02.00 | 01:33:15.00 | 6:13   | 9.7  |
| 144  | KIEDOS DARIUSZ                 | 5091 | JW 1223                            | KOSZALIN         | POL  | M-30 | 33     | M 91 | 00:31:24.00 | 00:32:19.00 | 00:31:11.00 | 01:34:54.00 | 6:19   | 9.5  |
| 145  | KOZŁOWIECKA MAŁGORZATA         | 5105 |                                    | KOSZALIN         | POL  | K-60 | 5      | K 54 | 00:31:39.00 | 00:32:27.00 | 00:32:08.00 | 01:36:14.00 | 6:24   | 9.4  |
| 146  | KRYSTOSIK PAULINA              | 5115 | BIEGAM BO LUBIE, BIEGAM DLA SIEBIE | KOSZALIN         | POL  | K-20 | 4      | K 55 | 00:32:18.00 | 00:31:39.00 | 00:33:04.00 | 01:37:01.00 | 6:28   | 9.3  |
| 147  | SARBIEWSKA GABRIELA            | 5195 |                                    | MRZEŻYNO         | POL  | K-40 | 23     | K 56 | 00:32:33.00 | 00:32:03.00 | 00:32:45.00 | 01:37:21.00 | 6:29   | 9.2  |
| 148  | WEISS-SZULC BARBARA            | 5231 |                                    | KOSZALIN         | POL  | K-40 | 24     | K 57 | 00:31:14.00 | 00:32:32.00 | 00:33:56.00 | 01:37:42.00 | 6:30   | 9.2  |
| 149  | MAŁYSZEWICZ TERESA             | 5132 |                                    | BIAŁY BÓR        | POL  | K-50 | 4      | K 58 | 00:34:06.00 | 00:32:49.00 | 00:35:21.00 | 01:42:16.00 | 6:49   | 8.8  |
| 150  | PAŁASZ KAROLINA                | 5171 | FUNDACJA ZASTOPIJ                  | SIANÓW           | POL  | K-30 | 19     | K 58 | 00:33:57.00 | 00:33:56.00 | 00:34:23.00 | 01:42:16.00 | 6:49   | 8.8  |
| 151  | KACZYŃSKI HENRYK               | 5082 |                                    | GRYFICE          | POL  | M-60 | 8      | M 92 | 00:35:47.00 | 00:32:24.00 | 00:38:58.00 | 01:47:09.00 | 7:08   | 8.4  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-OPEN**

| M-ce | Nazwisko i imię     | Nr   | Klub                      | M-scowość  | Kraj | Kat. | M. kat | K/M | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|---------------------|------|---------------------------|------------|------|------|--------|-----|--------|--------|-------|-------------|--------|------|
| 1    | SKROBANEK HANNA     | 5202 | MKP SZCZECINEK            | SZCZECINEK | POL  | K-14 | 1      | K 1 |        |        |       | 01:01:31.00 | 4:06   | 14.6 |
| 2    | KONKEL AGNIESZKA    | 5095 | TAGER SPORT I PRZYJACIELE | KOSZALIN   | POL  | K-30 | 1      | K 2 |        |        |       | 01:01:41.00 | 4:06   | 14.6 |
| 3    | NOWODWORSKA JUSTYNA | 5162 | 7 DAYS                    | BYTÓW      | POL  | K-30 | 2      | K 3 |        |        |       | 01:03:40.00 | 4:14   | 14.1 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr   | Klub                               | M-scowość        | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|-----------------------------|------|------------------------------------|------------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 4    | ŁAWNICZAK JUSTYNA           | 5126 | #ZABIEGANINOCA                     | ZAKRZEWO         | POL  | K-30 | 3      | K 4  |        |        |       | 01:03:56.00 | 4:15   | 14.1 |
| 5    | HISZCZYŃSKA ALEKSANDRA      | 5062 | CSSP KOSZALIN                      | KOSZALIN         | POL  | K-20 | 1      | K 5  |        |        |       | 01:04:00.00 | 4:16   | 14.1 |
| 6    | BARGAŃSKA JUSTYNA           | 5005 | 404 NOT FOUND                      | BYTÓW            | POL  | K-40 | 1      | K 6  |        |        |       | 01:04:10.00 | 4:16   | 14   |
| 7    | SZCZEK MAŁGORZATA           | 5214 | 404 NOT FOUND                      | SŁUPSK           | POL  | K-30 | 4      | K 7  |        |        |       | 01:04:28.00 | 4:17   | 14   |
| 8    | HAŁKA JUSTYNA               | 5056 | TRUCHT ŁOBEZ                       | ŁOBEZ            | POL  | K-40 | 2      | K 8  |        |        |       | 01:04:48.00 | 4:19   | 13.9 |
| 9    | KLUCZEWSKA EMILIA           | 5094 | 7 DAYS                             | BYTÓW            | POL  | K-30 | 5      | K 9  |        |        |       | 01:04:57.00 | 4:19   | 13.9 |
| 10   | PAŁASZEWSKA KAROLINA        | 5172 | KOŁOBRZEG BIEGA                    | KOŁOBRZEG        | POL  | K-30 | 6      | K 10 |        |        |       | 01:05:49.00 | 4:23   | 13.7 |
| 11   | KRYNICKA MAGDALENA          | 5113 |                                    | TRZEBIATÓW       | POL  | K-20 | 2      | K 11 |        |        |       | 01:07:26.00 | 4:29   | 13.3 |
| 12   | KĄZMIERCZAK AGNIESZKA       | 5089 |                                    | ŚWIDWINEK        | POL  | K-40 | 3      | K 12 |        |        |       | 01:07:58.00 | 4:31   | 13.2 |
| 13   | GÓRA AGNIESZKA              | 5051 | #ZABIEGANINOCA                     | OKONEK           | POL  | K-40 | 4      | K 13 |        |        |       | 01:08:18.00 | 4:33   | 13.2 |
| 14   | KRZEWIŃSKA MAŁGORZATA       | 5116 | TAGER SPORT I PRZYJACIELE          | KOSZALIN         | POL  | K-60 | 1      | K 14 |        |        |       | 01:09:36.00 | 4:38   | 12.9 |
| 15   | METEL IZABELA               | 5138 | POZYTYWNIENI NAKRĘCENI             | BYTÓW            | POL  | K-40 | 5      | K 15 |        |        |       | 01:10:08.00 | 4:40   | 12.8 |
| 16   | GIEDROWICZ ALEKSANDRA       | 5045 |                                    | KOSZALIN         | POL  | K-30 | 7      | K 16 |        |        |       | 01:10:37.00 | 4:42   | 12.7 |
| 17   | NOSAL MARTYNA               | 5160 | PENTATHLON SZCZECINEK              | SZCZECINEK       | POL  | K-14 | 2      | K 17 |        |        |       | 01:10:39.00 | 4:42   | 12.7 |
| 18   | DRULIK-HOŁUB MARTA          | 5034 | TORNADO KOSZALIN                   | KOSZALIN         | POL  | K-40 | 6      | K 18 |        |        |       | 01:12:25.00 | 4:49   | 12.4 |
| 19   | DEJNAK MARIOLA              | 5029 |                                    | GRYFICE          | POL  | K-60 | 2      | K 19 |        |        |       | 01:13:32.00 | 4:54   | 12.2 |
| 20   | MONGIAŁO ALEKSANDRA         | 5149 | FAST FEET K-LIN                    | KOSZALIN         | POL  | K-30 | 8      | K 20 |        |        |       | 01:13:34.00 | 4:54   | 12.2 |
| 21   | KRUPIŃSKA BEATA             | 5111 | E-UROLOG.EU                        | KOSZALIN         | POL  | K-50 | 1      | K 21 |        |        |       | 01:14:52.00 | 4:59   | 12   |
| 22   | KACZMARYK JOLANTA           | 5080 |                                    | KOSZALIN         | POL  | K-40 | 7      | K 22 |        |        |       | 01:15:12.00 | 5:00   | 12   |
| 23   | PEATOSZ MAGDA               | 5179 |                                    | KARLINO          | POL  | K-20 | 3      | K 23 |        |        |       | 01:15:54.00 | 5:03   | 11.9 |
| 24   | KOWALCZYK KAROLINA          | 5102 |                                    | NIEKLONICE       | POL  | K-40 | 8      | K 24 |        |        |       | 01:16:25.00 | 5:05   | 11.8 |
| 25   | SUCHODOLSKA ALEKSANDRA      | 5208 | DZIKIE ŻÓŁWIE                      | ROSNOWO          | POL  | K-30 | 9      | K 25 |        |        |       | 01:16:27.00 | 5:05   | 11.8 |
| 26   | GOLEC ANNA                  | 5048 |                                    | KOSZALIN         | POL  | K-40 | 9      | K 26 |        |        |       | 01:16:35.00 | 5:06   | 11.8 |
| 27   | PACAN MIRA                  | 5169 | POZYTYWNIENI NAKRĘCENI             | BYTÓW            | POL  | K-30 | 10     | K 27 |        |        |       | 01:17:54.00 | 5:11   | 11.6 |
| 28   | ROMANOWICZ MONIKA           | 5189 | DZIKIE ŻÓŁWIE                      | KOSZALIN         | POL  | K-30 | 11     | K 28 |        |        |       | 01:18:20.00 | 5:13   | 11.5 |
| 29   | STRZELECKA MAŁGORZATA       | 5206 | SAILING TEAM FERAJNA               | PIŁA             | POL  | K-40 | 10     | K 29 |        |        |       | 01:18:47.00 | 5:15   | 11.4 |
| 30   | DORAWA-ZIOMEK ANNA          | 5031 | DZIKIE ŻÓŁWIE                      | KOSZALIN         | POL  | K-30 | 12     | K 30 |        |        |       | 01:19:31.00 | 5:18   | 11.3 |
| 31   | PISKÓRZ JUSTYNA             | 5178 |                                    | ROSNOWO          | POL  | K-30 | 13     | K 31 |        |        |       | 01:20:25.00 | 5:21   | 11.2 |
| 32   | BRZozowska BARBARA          | 5017 |                                    | TYCHOWO          | POL  | K-40 | 11     | K 32 |        |        |       | 01:20:45.00 | 5:23   | 11.1 |
| 33   | JUSZCZYK AGNIESZKA          | 5078 | ANOX TEAM                          | KOSZALIN         | POL  | K-40 | 12     | K 33 |        |        |       | 01:21:33.00 | 5:26   | 11   |
| 34   | MARCZAK MAŁGORZATA          | 5135 |                                    | ŻELKOWO          | POL  | K-60 | 3      | K 34 |        |        |       | 01:22:07.00 | 5:28   | 11   |
| 35   | MITUNIEWICZ RENATA          | 5146 |                                    | KOSZALIN         | POL  | K-50 | 2      | K 35 |        |        |       | 01:24:23.00 | 5:37   | 10.7 |
| 36   | JOŃCA KLAUDIA               | 5075 | BEST BEASTS                        | SŁUPSK           | POL  | K-14 | 3      | K 36 |        |        |       | 01:24:35.00 | 5:38   | 10.6 |
| 37   | BEDNARZ KATARZYNA           | 5007 | KOŁOBRZEG BIEGA                    | KOŁOBRZEG        | POL  | K-40 | 13     | K 37 |        |        |       | 01:24:42.00 | 5:38   | 10.6 |
| 38   | BOKOTA KATARZYNA            | 5012 |                                    | BIAŁOGARD        | POL  | K-40 | 14     | K 38 |        |        |       | 01:25:00.00 | 5:40   | 10.6 |
| 39   | MALINOWSKA-BURDA ALEKSANDRA | 5130 |                                    | KOSZALIN         | POL  | K-30 | 14     | K 39 |        |        |       | 01:25:27.00 | 5:41   | 10.5 |
| 40   | GROCHOWSKA AGNIESZKA        | 5052 | SAILING TEAM FERAJNA               | PIŁA             | POL  | K-40 | 15     | K 40 |        |        |       | 01:26:00.00 | 5:44   | 10.5 |
| 41   | WOJTKOWIAK WIOLETA          | 5241 |                                    | KOSZALIN         | POL  | K-30 | 15     | K 41 |        |        |       | 01:26:25.00 | 5:45   | 10.4 |
| 42   | HUBKO JANINA                | 5066 | PRESS GLASS - BIEGAMY I WSPIERAMY  | NOWOGARD         | POL  | K-30 | 16     | K 42 |        |        |       | 01:26:34.00 | 5:46   | 10.4 |
| 43   | HRYNCEWICZ ANNA             | 5064 | SAILING TEAM FERAJNA               | PIŁA             | POL  | K-40 | 16     | K 43 |        |        |       | 01:26:38.00 | 5:46   | 10.4 |
| 44   | SUDER-MAKSYMOWICZ MONIKA    | 5209 |                                    | USTRONIE MORSKIE | POL  | K-30 | 17     | K 44 |        |        |       | 01:27:38.00 | 5:50   | 10.3 |
| 45   | JĄCZKOWSKA WIOLETA          | 5072 |                                    | KOSZALIN         | POL  | K-40 | 17     | K 45 |        |        |       | 01:29:10.00 | 5:56   | 10.1 |
| 46   | ZBOROWSKA-SKROBANEK JUSTYNA | 5245 | MKP SZCZECINEK                     | SZCZECINEK       | POL  | K-40 | 18     | K 46 |        |        |       | 01:29:27.00 | 5:57   | 10.1 |
| 47   | BRZEZIŃSKA BEATA            | 5014 | TEAM PIOTRUS                       | BIAŁOGARD        | POL  | K-50 | 3      | K 47 |        |        |       | 01:29:39.00 | 5:58   | 10   |
| 48   | WENTA MALWINA               | 5232 |                                    | KOŁOBRZEG        | POL  | K-30 | 18     | K 48 |        |        |       | 01:29:54.00 | 5:59   | 10   |
| 49   | KOPEC MAGDALENA             | 5098 |                                    | KOŁOBRZEG        | POL  | K-40 | 19     | K 49 |        |        |       | 01:29:56.00 | 5:59   | 10   |
| 50   | WOJANOWSKA MARYLA           | 5239 | SPORT I REKREACJA DELFIN           | GRUDZIĄDZ        | POL  | K-60 | 4      | K 50 |        |        |       | 01:29:57.00 | 5:59   | 10   |
| 51   | MOŻEJKO ANNA                | 5150 |                                    | KOSZALIN         | POL  | K-40 | 20     | K 51 |        |        |       | 01:32:27.00 | 6:09   | 9.7  |
| 52   | STEC EDYTA                  | 5204 |                                    | KOSZALIN         | POL  | K-40 | 21     | K 52 |        |        |       | 01:32:29.00 | 6:09   | 9.7  |
| 53   | KOROL ELŻBIETA              | 5101 |                                    | KOSZALIN         | POL  | K-40 | 22     | K 53 |        |        |       | 01:32:30.00 | 6:10   | 9.7  |
| 54   | KOZŁOWIECKA MAŁGORZATA      | 5105 |                                    | KOSZALIN         | POL  | K-60 | 5      | K 54 |        |        |       | 01:36:14.00 | 6:24   | 9.4  |
| 55   | KRYSTOSIK PAULINA           | 5115 | BIEGAM BO LUBIĘ, BIEGAM DLA SIEBIE | KOSZALIN         | POL  | K-20 | 4      | K 55 |        |        |       | 01:37:01.00 | 6:28   | 9.3  |
| 56   | SARBIEWSKA GABRIELA         | 5195 |                                    | MRZEŻYNO         | POL  | K-40 | 23     | K 56 |        |        |       | 01:37:21.00 | 6:29   | 9.2  |
| 57   | WEISS-SZULC BARBARA         | 5231 |                                    | KOSZALIN         | POL  | K-40 | 24     | K 57 |        |        |       | 01:37:42.00 | 6:30   | 9.2  |
| 58   | MAŁYSZEWICZ TERESA          | 5132 |                                    | BIAŁY BÓR        | POL  | K-50 | 4      | K 58 |        |        |       | 01:42:16.00 | 6:49   | 8.8  |
| 59   | PAŁASZ KAROLINA             | 5171 | FUNDACJA ZASTOPIJ                  | SIANÓW           | POL  | K-30 | 19     | K 58 |        |        |       | 01:42:16.00 | 6:49   | 8.8  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-OPEN**

| M-ce | Nazwisko i imię            | Nr   | Klub                                  | M-scowość   | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|----------------------------|------|---------------------------------------|-------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | JAKUBEK PATRYK             | 5067 | 7 DAYS                                | BYTÓW       | POL  | M-20 | 1      | M 1  |        |        |       | 00:53:01.00 | 3:32   | 17   |
| 2    | HUBERT ŁUKASZ              | 5065 | TKKF KOSZALIN                         | KOSZALIN    | POL  | M-30 | 1      | M 2  |        |        |       | 00:53:04.00 | 3:32   | 17   |
| 3    | ZIEMAN MICHAŁ              | 5247 | 404 NOT FOUND                         | BYTÓW       | POL  | M-30 | 2      | M 3  |        |        |       | 00:53:27.00 | 3:33   | 16.8 |
| 4    | RYKIEL MICHAŁ              | 5193 | TAGER SPORT I PRZYJACIELE             | BONIN       | POL  | M-30 | 3      | M 4  |        |        |       | 00:54:01.00 | 3:36   | 16.7 |
| 5    | DYLEWSKI TOMASZ            | 5037 |                                       | MIASTKO     | POL  | M-20 | 2      | M 5  |        |        |       | 00:56:10.00 | 3:44   | 16   |
| 6    | PICK TOMASZ                | 5176 | SKSG KORONA SZCZECIN                  | KOSZALIN    | POL  | M-50 | 1      | M 6  |        |        |       | 00:57:35.00 | 3:50   | 15.6 |
| 7    | KAWKA ADRIAN               | 5088 |                                       | SŁUPSK      | POL  | M-30 | 4      | M 7  |        |        |       | 00:57:45.00 | 3:51   | 15.6 |
| 8    | DUDA GRZEGORZ              | 5035 | BEST BEASTS                           | BUKÓWKA     | POL  | M-40 | 1      | M 8  |        |        |       | 00:58:08.00 | 3:52   | 15.5 |
| 9    | STOLTMAN MARCIN            | 5205 | 7 DAYS                                | BYTÓW       | POL  | M-20 | 3      | M 9  |        |        |       | 00:58:09.00 | 3:52   | 15.5 |
| 10   | GOSTKOWSKI ŁUKASZ          | 5050 | 404 NOT FOUND                         | BYTÓW       | POL  | M-30 | 5      | M 10 |        |        |       | 00:58:18.00 | 3:53   | 15.4 |
| 11   | KORMAN KAMIL               | 5100 |                                       | KOSZALIN    | POL  | M-20 | 4      | M 11 |        |        |       | 00:58:26.00 | 3:53   | 15.4 |
| 12   | CICHOSZ-MIELEWCZYK MATEUSZ | 5025 | POZYTYWNIENI NAKRĘCENI                | RZEPNICA    | POL  | M-30 | 6      | M 12 |        |        |       | 00:58:37.00 | 3:54   | 15.4 |
| 13   | LEWANDOWSKI JACEK          | 5123 | TAPETY KOSZALIN MONIUSZKI             | STARY BOREK | POL  | M-40 | 2      | M 13 |        |        |       | 00:59:18.00 | 3:57   | 15.2 |
| 14   | TRĘBSKI KRZYSZTOF          | 5229 | #ZABIEGANINOCĄ                        | OKONEK      | POL  | M-40 | 3      | M 14 |        |        |       | 00:59:26.00 | 3:57   | 15.1 |
| 15   | CHABOWSKI WOJCIECH         | 5020 |                                       | RĄBINO      | POL  | M-20 | 5      | M 15 |        |        |       | 01:00:56.00 | 4:03   | 14.8 |
| 16   | JANKOWSKI GRZEGORZ         | 5069 | POZYTYWNIENI NAKRĘCENI                | BYTÓW       | POL  | M-40 | 4      | M 15 |        |        |       | 01:00:56.00 | 4:03   | 14.8 |
| 17   | ŁUKAWSKI MARIUSZ           | 5128 | JW 1223                               | ŚWIESZYNO   | POL  | M-30 | 7      | M 17 |        |        |       | 01:01:23.00 | 4:05   | 14.7 |
| 18   | KOZIEŁ PAWEŁ               | 5103 |                                       | RĄBINO      | POL  | M-40 | 5      | M 18 |        |        |       | 01:02:17.00 | 4:09   | 14.5 |
| 19   | KOZIEŁ ADAM                | 5104 |                                       | KOSZALIN    | POL  | M-20 | 6      | M 19 |        |        |       | 01:02:44.00 | 4:10   | 14.3 |
| 20   | DRAŻKOWSKI TOMASZ          | 5033 | MKP SZCZECINEK                        | SZCZECINEK  | POL  | M-14 | 1      | M 20 |        |        |       | 01:02:59.00 | 4:11   | 14.3 |
| 21   | OLCZAK KRZYSZTOF           | 5163 |                                       | SIANÓW      | POL  | M-30 | 8      | M 21 |        |        |       | 01:03:06.00 | 4:12   | 14.3 |
| 22   | WEBER PAWEŁ                | 5230 | FPP FUNCTIONAL POLISH PERFORMANCE     | KOSZALIN    | POL  | M-30 | 9      | M 22 |        |        |       | 01:03:13.00 | 4:12   | 14.2 |
| 23   | BRZEZIŃSKI JAN             | 5016 | TEAM PIOTRUS                          | BIAŁOGARD   | POL  | M-50 | 2      | M 23 |        |        |       | 01:03:20.00 | 4:13   | 14.2 |
| 24   | WIKTOROWSKI MACIEJ         | 5234 |                                       | KOSZALIN    | POL  | M-40 | 6      | M 24 |        |        |       | 01:03:35.00 | 4:14   | 14.2 |
| 25   | KUCAL PAWEŁ                | 5117 |                                       | KOSZALIN    | POL  | M-40 | 7      | M 25 |        |        |       | 01:03:49.00 | 4:15   | 14.1 |
| 26   | CZYŻYKOWSKI ŁUKASZ         | 5028 |                                       | KOSZALIN    | POL  | M-30 | 10     | M 26 |        |        |       | 01:04:38.00 | 4:18   | 13.9 |
| 27   | ŻUREK MATEUSZ              | 5250 |                                       | KOSZALIN    | POL  | M-30 | 11     | M 27 |        |        |       | 01:04:41.00 | 4:18   | 13.9 |
| 28   | BUDZIŃSKI PAWEŁ            | 5018 | TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU | KONIKOWO    | POL  | M-40 | 8      | M 28 |        |        |       | 01:04:50.00 | 4:19   | 13.9 |
| 29   | GAWRYŚIAK PRZEMYSŁAW       | 5043 |                                       | WŁODARKA    | POL  | M-40 | 9      | M 29 |        |        |       | 01:05:38.00 | 4:22   | 13.7 |
| 30   | KRUPIŃSKI KRZYSZTOF        | 5112 | E-UROLOG.EU                           | KOSZALIN    | POL  | M-50 | 3      | M 30 |        |        |       | 01:06:08.00 | 4:24   | 13.6 |
| 31   | SITARCZYK DAMIAN           | 5199 | FUNDACJA ZASTOPIJ                     | SIANÓW      | POL  | M-30 | 12     | M 30 |        |        |       | 01:06:08.00 | 4:24   | 13.6 |
| 32   | GAWEŁ ZBIGNIEW             | 5041 | POMERIDERS SŁUPSK                     | SŁUPSK      | POL  | M-60 | 1      | M 32 |        |        |       | 01:06:44.00 | 4:26   | 13.5 |
| 33   | NOSAŁ MARIUSZ              | 5159 |                                       | SZCZECINEK  | POL  | M-30 | 13     | M 33 |        |        |       | 01:07:09.00 | 4:28   | 13.4 |
| 34   | JOŃCA JAKUB                | 5076 | BEST BEASTS                           | SŁUPSK      | POL  | M-14 | 2      | M 34 |        |        |       | 01:07:27.00 | 4:29   | 13.3 |
| 35   | PIETRYKA ARTUR             | 5177 | KARLINO BIEGAJ                        | KARLINO     | POL  | M-40 | 10     | M 35 |        |        |       | 01:08:20.00 | 4:33   | 13.2 |
| 36   | NOGA SEBASTIAN             | 5158 | TKKF KOSZALIN                         | KOSZALIN    | POL  | M-20 | 7      | M 36 |        |        |       | 01:08:25.00 | 4:33   | 13.2 |
| 37   | KONKEL ŁUKASZ              | 5096 |                                       | KOSZALIN    | POL  | M-40 | 11     | M 37 |        |        |       | 01:08:53.00 | 4:35   | 13.1 |
| 38   | NIEMCZUK DARIUSZ           | 5156 | JAMNO                                 | KOSZALIN    | POL  | M-50 | 4      | M 38 |        |        |       | 01:08:56.00 | 4:35   | 13.1 |
| 39   | HAŁKA ARKADIUSZ            | 5057 | TRUCHT ŁOBEZ                          | ŁOBEZ       | POL  | M-40 | 12     | M 39 |        |        |       | 01:10:34.00 | 4:42   | 12.8 |
| 40   | ANTKOWIAK SEBASTIAN        | 5002 | DB - ACTIVE                           | KOSZALIN    | POL  | M-40 | 13     | M 40 |        |        |       | 01:10:57.00 | 4:43   | 12.7 |
| 41   | MONGIAŁO MARCIN            | 5148 | FAST FEET K-LIN                       | KOSZALIN    | POL  | M-40 | 14     | M 41 |        |        |       | 01:11:07.00 | 4:44   | 12.7 |
| 42   | MICHALCZYK KAMIL           | 5139 |                                       | KOSZALIN    | POL  | M-30 | 14     | M 42 |        |        |       | 01:11:40.00 | 4:46   | 12.6 |
| 43   | HNATOWSKI ARTUR            | 5063 |                                       | KOSZALIN    | POL  | M-50 | 5      | M 43 |        |        |       | 01:12:02.00 | 4:48   | 12.5 |
| 44   | HARASIMOWICZ MICHAŁ        | 5059 |                                       | SZCZECINEK  | POL  | M-30 | 15     | M 44 |        |        |       | 01:12:03.00 | 4:48   | 12.5 |
| 45   | CHUDZIK ZBIGNIEW           | 5023 | TKKF KOSZALIN                         | KOSZALIN    | POL  | M-50 | 6      | M 45 |        |        |       | 01:12:20.00 | 4:49   | 12.4 |
| 46   | LIPNIEWICZ PAWEŁ           | 5124 |                                       | KOSZALIN    | POL  | M-30 | 16     | M 46 |        |        |       | 01:12:30.00 | 4:50   | 12.4 |
| 47   | SKOKOWSKI MAREK            | 5201 |                                       | SZCZECINEK  | POL  | M-30 | 17     | M 47 |        |        |       | 01:13:02.00 | 4:52   | 12.3 |
| 48   | OSOBNIAK RYSZARD           | 5168 |                                       | KOSZALIN    | POL  | M-60 | 2      | M 48 |        |        |       | 01:13:38.00 | 4:54   | 12.2 |
| 49   | KAJKOWSKI RAFAŁ            | 5084 | CSSP KOSZALIN                         | KOSZALIN    | POL  | M-40 | 15     | M 49 |        |        |       | 01:13:41.00 | 4:54   | 12.2 |
| 50   | JASIEK PAWEŁ               | 5071 | #ZABIEGANINOCĄ                        | ZAKRZEWO    | POL  | M-30 | 18     | M 50 |        |        |       | 01:13:56.00 | 4:55   | 12.2 |
| 51   | KRASIŃSKI WITOLD           | 5106 |                                       | KOSZALIN    | POL  | M-40 | 16     | M 51 |        |        |       | 01:13:57.00 | 4:55   | 12.2 |
| 52   | DĘBSKI DAMIAN              | 5030 | 1986.                                 | KOSZALIN    | POL  | M-30 | 19     | M 52 |        |        |       | 01:14:10.00 | 4:56   | 12.1 |
| 53   | STALUSZKA DARIUSZ          | 5203 |                                       | ŚWIDWIN     | POL  | M-40 | 17     | M 53 |        |        |       | 01:15:47.00 | 5:03   | 11.9 |
| 54   | JUSZCZAK KRZYSZTOF         | 5077 |                                       | KOSZALIN    | POL  | M-60 | 3      | M 54 |        |        |       | 01:16:42.00 | 5:06   | 11.7 |
| 55   | ŁODYGA ŁUKASZ              | 5127 |                                       | KOSZALIN    | POL  | M-30 | 20     | M 55 |        |        |       | 01:17:01.00 | 5:08   | 11.7 |
| 56   | CIEŚLAK GRZEGORZ           | 5026 |                                       | KOŁOBRZEG   | POL  | M-30 | 21     | M 56 |        |        |       | 01:17:21.00 | 5:09   | 11.6 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr   | Klub                              | M-scowość    | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|--------------------------------|------|-----------------------------------|--------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 57   | MRUGALSKI STANISŁAW            | 5151 | MTS HAMER                         | MIASTKO      | POL  | M-50 | 7      | M 56 |        |        |       | 01:17:21.00 | 5:09   | 11.6 |
| 58   | MARCINKOWSKI JACEK             | 5134 | SSK ORZEŁ ŚWIESZYNO               | ŚWIESZYNO    | POL  | M-40 | 18     | M 58 |        |        |       | 01:17:28.00 | 5:09   | 11.6 |
| 59   | KOPEĆ KRZYSZTOF                | 5097 |                                   | KOŁOBRZEG    | POL  | M-40 | 19     | M 59 |        |        |       | 01:17:38.00 | 5:10   | 11.6 |
| 60   | GONTEK ŁUKASZ                  | 5049 | VW BATORY                         | SŁUPSK       | POL  | M-30 | 22     | M 60 |        |        |       | 01:17:55.00 | 5:11   | 11.6 |
| 61   | SAWIŃSKI JACEK                 | 5197 |                                   | KOSZALIN     | POL  | M-40 | 20     | M 61 |        |        |       | 01:18:12.00 | 5:12   | 11.5 |
| 62   | JĘDRZEJKO MIROŚLAW             | 5074 |                                   | NOWE BIELICE | POL  | M-40 | 21     | M 62 |        |        |       | 01:19:31.00 | 5:18   | 11.3 |
| 63   | ŚWIDERSKI MARCIN               | 5227 |                                   | KOSZALIN     | POL  | M-30 | 23     | M 63 |        |        |       | 01:19:54.00 | 5:19   | 11.3 |
| 64   | KAMINSKI TOMASZ                | 5085 | WODNA SŁUŻBA RATOWNICZA           | KOSZALIN     | POL  | M-40 | 22     | M 64 |        |        |       | 01:20:25.00 | 5:21   | 11.2 |
| 65   | SZWEDA MATEUSZ                 | 5220 | WATAHA                            | KOSZALIN     | POL  | M-30 | 24     | M 65 |        |        |       | 01:20:58.00 | 5:23   | 11.1 |
| 66   | SZYMAŃSKI PATRYK               | 5221 | 1987.                             | SŁUPSK       | POL  | M-30 | 25     | M 66 |        |        |       | 01:21:00.00 | 5:24   | 11.1 |
| 67   | MASŁOWSKI ARTUR                | 5137 |                                   | ZŁOCIENIEC   | POL  | M-30 | 26     | M 67 |        |        |       | 01:21:01.00 | 5:24   | 11.1 |
| 68   | MITUNIEWICZ ADRIAN             | 5147 |                                   | KOSZALIN     | POL  | M-30 | 27     | M 68 |        |        |       | 01:21:26.00 | 5:25   | 11.1 |
| 69   | KARNICKI ZYGMUNT               | 5087 | TKKF KOSZALIN                     | KOSZALIN     | POL  | M-60 | 4      | M 69 |        |        |       | 01:21:31.00 | 5:26   | 11   |
| 70   | ORYSZCZYN ARKADIUSZ            | 5167 | DZIKIE ŻÓŁWIE                     | KOSZALIN     | POL  | M-30 | 28     | M 69 |        |        |       | 01:21:31.00 | 5:26   | 11   |
| 71   | WIŚNIEWSKI JAROSŁAW            | 5235 |                                   | KOŁOBRZEG    | POL  | M-50 | 8      | M 71 |        |        |       | 01:21:35.00 | 5:26   | 11   |
| 72   | SZULC MAREK                    | 5217 |                                   | BIAŁOGARD    | POL  | M-50 | 9      | M 72 |        |        |       | 01:22:14.00 | 5:28   | 10.9 |
| 73   | MURAWSKI WALDEMAR              | 5153 | ZKS                               | KOSZALIN     | POL  | M-50 | 10     | M 73 |        |        |       | 01:22:16.00 | 5:29   | 10.9 |
| 74   | TABISZ SŁAWOMIR                | 5228 | 12 BBSP                           | CZAPLINEK    | POL  | M-30 | 29     | M 74 |        |        |       | 01:23:03.00 | 5:32   | 10.8 |
| 75   | SARBIEWSKI PRZEMYSŁAW          | 5196 |                                   | MRZEŻYNO     | POL  | M-40 | 23     | M 75 |        |        |       | 01:23:29.00 | 5:33   | 10.8 |
| 76   | KLONOWSKI ARTUR                | 5093 | KOSPEL                            | KOSZALIN     | POL  | M-40 | 24     | M 76 |        |        |       | 01:23:53.00 | 5:35   | 10.7 |
| 77   | HELLER ZDZISŁAW                | 5061 | HERBMARATONOW.PL                  | KOSZALIN     | POL  | M-60 | 5      | M 77 |        |        |       | 01:24:00.00 | 5:36   | 10.7 |
| 78   | CHAMERA TOMASZ                 | 5021 | WATAHA                            | KOSZALIN     | POL  | M-40 | 25     | M 78 |        |        |       | 01:24:41.00 | 5:38   | 10.6 |
| 79   | STRZELECKI SEBASTIAN 'KASZANA' | 5207 | SAILING TEAM FERAJNA              | PIŁA         | POL  | M-40 | 26     | M 79 |        |        |       | 01:24:42.00 | 5:38   | 10.6 |
| 80   | SIGNAROWSKI DAWID              | 5198 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD     | POL  | M-30 | 30     | M 80 |        |        |       | 01:25:43.00 | 5:42   | 10.5 |
| 81   | BRZEZIŃSKI PAWEŁ               | 5015 | PAB TRI KOSZALIN                  | KOSZALIN     | POL  | M-40 | 27     | M 81 |        |        |       | 01:26:01.00 | 5:44   | 10.5 |
| 82   | MARCZAK ANDRZEJ                | 5136 |                                   | ŻELKOWO      | POL  | M-60 | 6      | M 82 |        |        |       | 01:26:20.00 | 5:45   | 10.4 |
| 83   | RUSIECKI PAWEŁ                 | 5191 | WSPL SPZOZ W KOSZALINIE           | BIESIEKIERZ  | POL  | M-40 | 28     | M 83 |        |        |       | 01:26:31.00 | 5:46   | 10.4 |
| 84   | KĘDZIERA IZYDOR                | 5090 |                                   | KOSZALIN     | POL  | M-50 | 11     | M 84 |        |        |       | 01:29:19.00 | 5:57   | 10.1 |
| 85   | WOJANOWSKI ZBIGNIEW            | 5240 | SPORT I REKREACJA DELFIN          | GRUDZIĄDZ    | POL  | M-60 | 7      | M 85 |        |        |       | 01:29:53.00 | 5:59   | 10   |
| 86   | SZMYT MARCIN                   | 5215 |                                   | KOSZALIN     | POL  | M-30 | 31     | M 86 |        |        |       | 01:32:09.00 | 6:08   | 9.8  |
| 87   | MAŁYSZEWICZ ANDRZEJ            | 5133 |                                   | BIAŁY BÓR    | POL  | M-50 | 12     | M 87 |        |        |       | 01:32:34.00 | 6:10   | 9.7  |
| 88   | BABIARZ JACEK                  | 5003 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD     | POL  | M-40 | 29     | M 88 |        |        |       | 01:32:38.00 | 6:10   | 9.7  |
| 89   | POLAK MATEUSZ                  | 5182 | KOSPEL                            | WAŁCZ        | POL  | M-20 | 8      | M 89 |        |        |       | 01:33:10.00 | 6:12   | 9.7  |
| 90   | KULIGOWSKI MAKSYM              | 5119 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD     | POL  | M-30 | 32     | M 90 |        |        |       | 01:33:15.00 | 6:13   | 9.7  |
| 91   | KIEDOS DARIUSZ                 | 5091 | JW 1223                           | KOSZALIN     | POL  | M-30 | 33     | M 91 |        |        |       | 01:34:54.00 | 6:19   | 9.5  |
| 92   | KACZYŃSKI HENRYK               | 5082 |                                   | GRYFICE      | POL  | M-60 | 8      | M 92 |        |        |       | 01:47:09.00 | 7:08   | 8.4  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-14**

| M-ce | Nazwisko i imię | Nr   | Klub                  | M-scowość  | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|-----------------|------|-----------------------|------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | SKROBANEK HANNA | 5202 | MKP SZCZECINEK        | SZCZECINEK | POL  | K-14 | 1      | K 1  |        |        |       | 01:01:31.00 | 4:06   | 14.6 |
| 2    | NOSAL MARTYNA   | 5160 | PENTATHLON SZCZECINEK | SZCZECINEK | POL  | K-14 | 2      | K 17 |        |        |       | 01:10:39.00 | 4:42   | 12.7 |
| 3    | JOŃCA KLAUDIA   | 5075 | BEST BEASTS           | SŁUPSK     | POL  | K-14 | 3      | K 36 |        |        |       | 01:24:35.00 | 5:38   | 10.6 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-14**

| M-ce | Nazwisko i imię   | Nr   | Klub           | M-scowość  | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|-------------------|------|----------------|------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | DRAŻKOWSKI TOMASZ | 5033 | MKP SZCZECINEK | SZCZECINEK | POL  | M-14 | 1      | M 20 |        |        |       | 01:02:59.00 | 4:11   | 14.3 |
| 2    | JOŃCA JAKUB       | 5076 | BEST BEASTS    | SŁUPSK     | POL  | M-14 | 2      | M 34 |        |        |       | 01:07:27.00 | 4:29   | 13.3 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-20**

| M-ce | Nazwisko i imię        | Nr   | Klub                               | M-scowość  | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|------------------------|------|------------------------------------|------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | HISZCZYŃSKA ALEKSANDRA | 5062 | CSSP KOSZALIN                      | KOSZALIN   | POL  | K-20 | 1      | K 5  |        |        |       | 01:04:00.00 | 4:16   | 14.1 |
| 2    | KRYNICKA MAGDALENA     | 5113 |                                    | TRZEBIATÓW | POL  | K-20 | 2      | K 11 |        |        |       | 01:07:26.00 | 4:29   | 13.3 |
| 3    | PLATOSZ MAGDA          | 5179 |                                    | KARLINO    | POL  | K-20 | 3      | K 23 |        |        |       | 01:15:54.00 | 5:03   | 11.9 |
| 4    | KRYSTOSIK PAULINA      | 5115 | BIEGAM BO LUBIĘ, BIEGAM DLA SIEBIE | KOSZALIN   | POL  | K-20 | 4      | K 55 |        |        |       | 01:37:01.00 | 6:28   | 9.3  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-20**

| M-ce | Nazwisko i imię    | Nr   | Klub          | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|--------------------|------|---------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | JAKUBEK PATRYK     | 5067 | 7 DAYS        | BYTÓW     | POL  | M-20 | 1      | M 1  |        |        |       | 00:53:01.00 | 3:32   | 17   |
| 2    | DYLEWSKI TOMASZ    | 5037 |               | MIASTKO   | POL  | M-20 | 2      | M 5  |        |        |       | 00:56:10.00 | 3:44   | 16   |
| 3    | STOLTMAN MARCIN    | 5205 | 7 DAYS        | BYTÓW     | POL  | M-20 | 3      | M 9  |        |        |       | 00:58:09.00 | 3:52   | 15.5 |
| 4    | KORMAN KAMIL       | 5100 |               | KOSZALIN  | POL  | M-20 | 4      | M 11 |        |        |       | 00:58:26.00 | 3:53   | 15.4 |
| 5    | CHABOWSKI WOJCIECH | 5020 |               | RABINO    | POL  | M-20 | 5      | M 15 |        |        |       | 01:00:56.00 | 4:03   | 14.8 |
| 6    | KOZIEŁ ADAM        | 5104 |               | KOSZALIN  | POL  | M-20 | 6      | M 19 |        |        |       | 01:02:44.00 | 4:10   | 14.3 |
| 7    | NOGA SEBASTIAN     | 5158 | TKKF KOSZALIN | KOSZALIN  | POL  | M-20 | 7      | M 36 |        |        |       | 01:08:25.00 | 4:33   | 13.2 |
| 8    | POLAK MATEUSZ      | 5182 | KOSPEL        | WAŁCZ     | POL  | M-20 | 8      | M 89 |        |        |       | 01:33:10.00 | 6:12   | 9.7  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-30**

| M-ce | Nazwisko i imię             | Nr   | Klub                              | M-scowość        | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|-----------------------------|------|-----------------------------------|------------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | KONKEL AGNIESZKA            | 5095 | TAGER SPORT I PRZYJACIELE         | KOSZALIN         | POL  | K-30 | 1      | K 2  |        |        |       | 01:01:41.00 | 4:06   | 14.6 |
| 2    | NOWODWORSKA JUSTYNA         | 5162 | 7 DAYS                            | BYTÓW            | POL  | K-30 | 2      | K 3  |        |        |       | 01:03:40.00 | 4:14   | 14.1 |
| 3    | ŁAWNICZAK JUSTYNA           | 5126 | #ZABIEGANINOCA                    | ZAKRZEWO         | POL  | K-30 | 3      | K 4  |        |        |       | 01:03:56.00 | 4:15   | 14.1 |
| 4    | SZCZĘK MAŁGORZATA           | 5214 | 404 NOT FOUND                     | SŁUPSK           | POL  | K-30 | 4      | K 7  |        |        |       | 01:04:28.00 | 4:17   | 14   |
| 5    | KLUCZEWSKA EMILIA           | 5094 | 7 DAYS                            | BYTÓW            | POL  | K-30 | 5      | K 9  |        |        |       | 01:04:57.00 | 4:19   | 13.9 |
| 6    | PAŁASZEWSKA KAROLINA        | 5172 | KOŁOBRZEG BIEGA                   | KOŁOBRZEG        | POL  | K-30 | 6      | K 10 |        |        |       | 01:05:49.00 | 4:23   | 13.7 |
| 7    | GIEDROWICZ ALEKSANDRA       | 5045 |                                   | KOSZALIN         | POL  | K-30 | 7      | K 16 |        |        |       | 01:10:37.00 | 4:42   | 12.7 |
| 8    | MONGIAŁO ALEKSANDRA         | 5149 | FAST FEET K-LIN                   | KOSZALIN         | POL  | K-30 | 8      | K 20 |        |        |       | 01:13:34.00 | 4:54   | 12.2 |
| 9    | SUCHODOLSKA ALEKSANDRA      | 5208 | DZIKIE ŻÓŁWIE                     | ROSNOWO          | POL  | K-30 | 9      | K 25 |        |        |       | 01:16:27.00 | 5:05   | 11.8 |
| 10   | PACAN MIRA                  | 5169 | POZYTYWNIENIE NAKRĘCENI           | BYTÓW            | POL  | K-30 | 10     | K 27 |        |        |       | 01:17:54.00 | 5:11   | 11.6 |
| 11   | ROMANOWICZ MONIKA           | 5189 | DZIKIE ŻÓŁWIE                     | KOSZALIN         | POL  | K-30 | 11     | K 28 |        |        |       | 01:18:20.00 | 5:13   | 11.5 |
| 12   | DORAWA-ZIOMEK ANNA          | 5031 | DZIKIE ŻÓŁWIE                     | KOSZALIN         | POL  | K-30 | 12     | K 30 |        |        |       | 01:19:31.00 | 5:18   | 11.3 |
| 13   | PISKÓRZ JUSTYNA             | 5178 |                                   | ROSNOWO          | POL  | K-30 | 13     | K 31 |        |        |       | 01:20:25.00 | 5:21   | 11.2 |
| 14   | MALINOWSKA-BURDA ALEKSANDRA | 5130 |                                   | KOSZALIN         | POL  | K-30 | 14     | K 39 |        |        |       | 01:25:27.00 | 5:41   | 10.5 |
| 15   | WOJTKOWIAK WIOLETA          | 5241 |                                   | KOSZALIN         | POL  | K-30 | 15     | K 41 |        |        |       | 01:26:25.00 | 5:45   | 10.4 |
| 16   | HUBKO JANINA                | 5066 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD         | POL  | K-30 | 16     | K 42 |        |        |       | 01:26:34.00 | 5:46   | 10.4 |
| 17   | SUDER-MAKSYMOWICZ MONIKA    | 5209 |                                   | USTRONIE MORSKIE | POL  | K-30 | 17     | K 44 |        |        |       | 01:27:38.00 | 5:50   | 10.3 |
| 18   | WENTA MALWINA               | 5232 |                                   | KOŁOBRZEG        | POL  | K-30 | 18     | K 48 |        |        |       | 01:29:54.00 | 5:59   | 10   |
| 19   | PAŁASZ KAROLINA             | 5171 | FUNDACJA ZASTOPIJ                 | SIAŃÓW           | POL  | K-30 | 19     | K 58 |        |        |       | 01:42:16.00 | 6:49   | 8.8  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-30**

| M-ce | Nazwisko i imię            | Nr   | Klub                              | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|----------------------------|------|-----------------------------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | HUBERT ŁUKASZ              | 5065 | TKKF KOSZALIN                     | KOSZALIN  | POL  | M-30 | 1      | M 2  |        |        |       | 00:53:04.00 | 3:32   | 17   |
| 2    | ZIEMAN MICHAŁ              | 5247 | 404 NOT FOUND                     | BYTÓW     | POL  | M-30 | 2      | M 3  |        |        |       | 00:53:27.00 | 3:33   | 16.8 |
| 3    | RYKIEL MICHAŁ              | 5193 | TAGER SPORT I PRZYJACIELE         | BONIN     | POL  | M-30 | 3      | M 4  |        |        |       | 00:54:01.00 | 3:36   | 16.7 |
| 4    | KAWKA ADRIAN               | 5088 |                                   | SŁUPSK    | POL  | M-30 | 4      | M 7  |        |        |       | 00:57:45.00 | 3:51   | 15.6 |
| 5    | GOSTKOWSKI ŁUKASZ          | 5050 | 404 NOT FOUND                     | BYTÓW     | POL  | M-30 | 5      | M 10 |        |        |       | 00:58:18.00 | 3:53   | 15.4 |
| 6    | CICHOSZ-MIELEWCZYK MATEUSZ | 5025 | POZYTYWNIENIE NAKRĘCENI           | RZEPNICA  | POL  | M-30 | 6      | M 12 |        |        |       | 00:58:37.00 | 3:54   | 15.4 |
| 7    | ŁUKAWSKI MARIUSZ           | 5128 | JW 1223                           | ŚWIESZYNO | POL  | M-30 | 7      | M 17 |        |        |       | 01:01:23.00 | 4:05   | 14.7 |
| 8    | OLCZAK KRZYSZTOF           | 5163 |                                   | SIAŃÓW    | POL  | M-30 | 8      | M 21 |        |        |       | 01:03:06.00 | 4:12   | 14.3 |
| 9    | WEBER PAWEŁ                | 5230 | FPP FUNCTIONAL POLISH PERFORMANCE | KOSZALIN  | POL  | M-30 | 9      | M 22 |        |        |       | 01:03:13.00 | 4:12   | 14.2 |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-30 c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                              | M-scowość  | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|---------------------|------|-----------------------------------|------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 10   | CZYŻYKOWSKI ŁUKASZ  | 5028 |                                   | KOSZALIN   | POL  | M-30 | 10     | M 26 |        |        |       | 01:04:38.00 | 4:18   | 13.9 |
| 11   | ŻUREK MATEUSZ       | 5250 |                                   | KOSZALIN   | POL  | M-30 | 11     | M 27 |        |        |       | 01:04:41.00 | 4:18   | 13.9 |
| 12   | SITARCZYK DAMIAN    | 5199 | FUNDACJA ZASTOPIJ                 | SIANÓW     | POL  | M-30 | 12     | M 30 |        |        |       | 01:06:08.00 | 4:24   | 13.6 |
| 13   | NOSAL MARIUSZ       | 5159 |                                   | SZCZECINEK | POL  | M-30 | 13     | M 33 |        |        |       | 01:07:09.00 | 4:28   | 13.4 |
| 14   | MICHALCZYK KAMIL    | 5139 |                                   | KOSZALIN   | POL  | M-30 | 14     | M 42 |        |        |       | 01:11:40.00 | 4:46   | 12.6 |
| 15   | HARASIMOWICZ MICHAŁ | 5059 |                                   | SZCZECINEK | POL  | M-30 | 15     | M 44 |        |        |       | 01:12:03.00 | 4:48   | 12.5 |
| 16   | LIPNIEWICZ PAWEŁ    | 5124 |                                   | KOSZALIN   | POL  | M-30 | 16     | M 46 |        |        |       | 01:12:30.00 | 4:50   | 12.4 |
| 17   | SKOKOWSKI MAREK     | 5201 |                                   | SZCZECINEK | POL  | M-30 | 17     | M 47 |        |        |       | 01:13:02.00 | 4:52   | 12.3 |
| 18   | JASIEK PAWEŁ        | 5071 | #ZABIEGANINOCA                    | ZAKRZEWO   | POL  | M-30 | 18     | M 50 |        |        |       | 01:13:56.00 | 4:55   | 12.2 |
| 19   | DĘBSKI DAMIAN       | 5030 | 1986.                             | KOSZALIN   | POL  | M-30 | 19     | M 52 |        |        |       | 01:14:10.00 | 4:56   | 12.1 |
| 20   | ŁODYGA ŁUKASZ       | 5127 |                                   | KOSZALIN   | POL  | M-30 | 20     | M 55 |        |        |       | 01:17:01.00 | 5:08   | 11.7 |
| 21   | CIEŚLAK GRZEGORZ    | 5026 |                                   | KOŁOBRZEG  | POL  | M-30 | 21     | M 56 |        |        |       | 01:17:21.00 | 5:09   | 11.6 |
| 22   | GONTEK ŁUKASZ       | 5049 | VW BATORY                         | SŁUPSK     | POL  | M-30 | 22     | M 60 |        |        |       | 01:17:55.00 | 5:11   | 11.6 |
| 23   | ŚWIDERSKI MARCIN    | 5227 |                                   | KOSZALIN   | POL  | M-30 | 23     | M 63 |        |        |       | 01:19:54.00 | 5:19   | 11.3 |
| 24   | SZWEDA MATEUSZ      | 5220 | WATAHA                            | KOSZALIN   | POL  | M-30 | 24     | M 65 |        |        |       | 01:20:58.00 | 5:23   | 11.1 |
| 25   | SZYMAŃSKI PATRYK    | 5221 | 1987.                             | SŁUPSK     | POL  | M-30 | 25     | M 66 |        |        |       | 01:21:00.00 | 5:24   | 11.1 |
| 26   | MASŁOWSKI ARTUR     | 5137 |                                   | ZŁOCIENIEC | POL  | M-30 | 26     | M 67 |        |        |       | 01:21:01.00 | 5:24   | 11.1 |
| 27   | MITUNIEWICZ ADRIAN  | 5147 |                                   | KOSZALIN   | POL  | M-30 | 27     | M 68 |        |        |       | 01:21:26.00 | 5:25   | 11.1 |
| 28   | ORYSZCZYN ARKADIUSZ | 5167 | DZIKIE ŻÓŁWIE                     | KOSZALIN   | POL  | M-30 | 28     | M 69 |        |        |       | 01:21:31.00 | 5:26   | 11   |
| 29   | TABISZ SŁAWOMIR     | 5228 | 12 BBSP                           | CZAPLINEK  | POL  | M-30 | 29     | M 74 |        |        |       | 01:23:03.00 | 5:32   | 10.8 |
| 30   | SIGNAROWSKI DAWID   | 5198 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD   | POL  | M-30 | 30     | M 80 |        |        |       | 01:25:43.00 | 5:42   | 10.5 |
| 31   | SZMYT MARCIN        | 5215 |                                   | KOSZALIN   | POL  | M-30 | 31     | M 86 |        |        |       | 01:32:09.00 | 6:08   | 9.8  |
| 32   | KULIGOWSKI MAKSYM   | 5119 | PRESS GLASS - BIEGAMY I WSPIERAMY | NOWOGARD   | POL  | M-30 | 32     | M 90 |        |        |       | 01:33:15.00 | 6:13   | 9.7  |
| 33   | KIEDOS DARIUSZ      | 5091 | JW 1223                           | KOSZALIN   | POL  | M-30 | 33     | M 91 |        |        |       | 01:34:54.00 | 6:19   | 9.5  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-40**

| M-ce | Nazwisko i imię             | Nr   | Klub                   | M-scowość  | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|-----------------------------|------|------------------------|------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | BARGAŃSKA JUSTYNA           | 5005 | 404 NOT FOUND          | BYTÓW      | POL  | K-40 | 1      | K 6  |        |        |       | 01:04:10.00 | 4:16   | 14   |
| 2    | HAŁKA JUSTYNA               | 5056 | TRUCHT ŁOBEZ           | ŁOBEZ      | POL  | K-40 | 2      | K 8  |        |        |       | 01:04:48.00 | 4:19   | 13.9 |
| 3    | KĄŻMIERCZAK AGNIESZKA       | 5089 |                        | ŚWIDWINEK  | POL  | K-40 | 3      | K 12 |        |        |       | 01:07:58.00 | 4:31   | 13.2 |
| 4    | GÓRA AGNIESZKA              | 5051 | #ZABIEGANINOCA         | OKONEK     | POL  | K-40 | 4      | K 13 |        |        |       | 01:08:18.00 | 4:33   | 13.2 |
| 5    | METEL IZABELA               | 5138 | POZYTYWNIENI NAKRĘCENI | BYTÓW      | POL  | K-40 | 5      | K 15 |        |        |       | 01:10:08.00 | 4:40   | 12.8 |
| 6    | DRULIK-HOŁUB MARTA          | 5034 | TORNADO KOSZALIN       | KOSZALIN   | POL  | K-40 | 6      | K 18 |        |        |       | 01:12:25.00 | 4:49   | 12.4 |
| 7    | KACZMARYK JOLANTA           | 5080 |                        | KOSZALIN   | POL  | K-40 | 7      | K 22 |        |        |       | 01:15:12.00 | 5:00   | 12   |
| 8    | KOWALCZYK KAROLINA          | 5102 |                        | NIEKLONICE | POL  | K-40 | 8      | K 24 |        |        |       | 01:16:25.00 | 5:05   | 11.8 |
| 9    | GOLEC ANNA                  | 5048 |                        | KOSZALIN   | POL  | K-40 | 9      | K 26 |        |        |       | 01:16:35.00 | 5:06   | 11.8 |
| 10   | STRZELECKA MAŁGORZATA       | 5206 | SAILING TEAM FERAJNA   | PIŁA       | POL  | K-40 | 10     | K 29 |        |        |       | 01:18:47.00 | 5:15   | 11.4 |
| 11   | BRZozowska BARBARA          | 5017 |                        | TYCHOWO    | POL  | K-40 | 11     | K 32 |        |        |       | 01:20:45.00 | 5:23   | 11.1 |
| 12   | JUSZCZYK AGNIESZKA          | 5078 | ANOX TEAM              | KOSZALIN   | POL  | K-40 | 12     | K 33 |        |        |       | 01:21:33.00 | 5:26   | 11   |
| 13   | BEDNARZ KATARZYNA           | 5007 | KOŁOBRZEG BIEGA        | KOŁOBRZEG  | POL  | K-40 | 13     | K 37 |        |        |       | 01:24:42.00 | 5:38   | 10.6 |
| 14   | BOKOTA KATARZYNA            | 5012 |                        | BIAŁOGARD  | POL  | K-40 | 14     | K 38 |        |        |       | 01:25:00.00 | 5:40   | 10.6 |
| 15   | GROCHOWSKA AGNIESZKA        | 5052 | SAILING TEAM FERAJNA   | PIŁA       | POL  | K-40 | 15     | K 40 |        |        |       | 01:26:00.00 | 5:44   | 10.5 |
| 16   | HRYNCEWICZ ANNA             | 5064 | SAILING TEAM FERAJNA   | PIŁA       | POL  | K-40 | 16     | K 43 |        |        |       | 01:26:38.00 | 5:46   | 10.4 |
| 17   | JĄCZKOWSKA WIOLETA          | 5072 |                        | KOSZALIN   | POL  | K-40 | 17     | K 45 |        |        |       | 01:29:10.00 | 5:56   | 10.1 |
| 18   | ZBOROWSKA-SKROBANEK JUSTYNA | 5245 | MKP SZCZECINEK         | SZCZECINEK | POL  | K-40 | 18     | K 46 |        |        |       | 01:29:27.00 | 5:57   | 10.1 |
| 19   | KOPEĆ MAGDALENA             | 5098 |                        | KOŁOBRZEG  | POL  | K-40 | 19     | K 49 |        |        |       | 01:29:56.00 | 5:59   | 10   |
| 20   | MOŻEJKO ANNA                | 5150 |                        | KOSZALIN   | POL  | K-40 | 20     | K 51 |        |        |       | 01:32:27.00 | 6:09   | 9.7  |
| 21   | STEC EDYTA                  | 5204 |                        | KOSZALIN   | POL  | K-40 | 21     | K 52 |        |        |       | 01:32:29.00 | 6:09   | 9.7  |
| 22   | KOROL ELŻBIETA              | 5101 |                        | KOSZALIN   | POL  | K-40 | 22     | K 53 |        |        |       | 01:32:30.00 | 6:10   | 9.7  |
| 23   | SARBIEWSKA GABRIELA         | 5195 |                        | MRZEŻYNO   | POL  | K-40 | 23     | K 56 |        |        |       | 01:37:21.00 | 6:29   | 9.2  |
| 24   | WEISS-SZULC BARBARA         | 5231 |                        | KOSZALIN   | POL  | K-40 | 24     | K 57 |        |        |       | 01:37:42.00 | 6:30   | 9.2  |



**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-40**

| M-ce | Nazwisko i imię                | Nr   | Klub                                  | M-scowość    | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|--------------------------------|------|---------------------------------------|--------------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | DUDA GRZEGORZ                  | 5035 | BEST BEASTS                           | BUKÓWKA      | POL  | M-40 | 1      | M 8  |        |        |       | 00:58:08.00 | 3:52   | 15.5 |
| 2    | LEWANDOWSKI JACEK              | 5123 | TAPETY KOSZALIN MONIUSZKI             | STARY BOREK  | POL  | M-40 | 2      | M 13 |        |        |       | 00:59:18.00 | 3:57   | 15.2 |
| 3    | TRĘBSKI KRZYSZTOF              | 5229 | #ZABIEGANINOCA                        | OKONEK       | POL  | M-40 | 3      | M 14 |        |        |       | 00:59:26.00 | 3:57   | 15.1 |
| 4    | JANKOWSKI GRZEGORZ             | 5069 | POZYTYWNE NAKRĘCENI                   | BYTÓW        | POL  | M-40 | 4      | M 15 |        |        |       | 01:00:56.00 | 4:03   | 14.8 |
| 5    | KOZIEŁ PAWEŁ                   | 5103 |                                       | RAJINO       | POL  | M-40 | 5      | M 18 |        |        |       | 01:02:17.00 | 4:09   | 14.5 |
| 6    | WIKTOROWSKI MACIEJ             | 5234 |                                       | KOSZALIN     | POL  | M-40 | 6      | M 24 |        |        |       | 01:03:35.00 | 4:14   | 14.2 |
| 7    | KUCAL PAWEŁ                    | 5117 |                                       | KOSZALIN     | POL  | M-40 | 7      | M 25 |        |        |       | 01:03:49.00 | 4:15   | 14.1 |
| 8    | BUDZIŃSKI PAWEŁ                | 5018 | TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU | KONIKOWO     | POL  | M-40 | 8      | M 28 |        |        |       | 01:04:50.00 | 4:19   | 13.9 |
| 9    | GAWRYSIAK PRZEMYSŁAW           | 5043 |                                       | WŁODARKA     | POL  | M-40 | 9      | M 29 |        |        |       | 01:05:38.00 | 4:22   | 13.7 |
| 10   | PIETRYKA ARTUR                 | 5177 | KARLINO BIEGAJ                        | KARLINO      | POL  | M-40 | 10     | M 35 |        |        |       | 01:08:20.00 | 4:33   | 13.2 |
| 11   | KONKEL ŁUKASZ                  | 5096 |                                       | KOSZALIN     | POL  | M-40 | 11     | M 37 |        |        |       | 01:08:53.00 | 4:35   | 13.1 |
| 12   | HAŁKA ARKADIUSZ                | 5057 | TRUCHT ŁOBEZ                          | ŁOBEZ        | POL  | M-40 | 12     | M 39 |        |        |       | 01:10:34.00 | 4:42   | 12.8 |
| 13   | ANTKOWIAK SEBASTIAN            | 5002 | DB - ACTIVE                           | KOSZALIN     | POL  | M-40 | 13     | M 40 |        |        |       | 01:10:57.00 | 4:43   | 12.7 |
| 14   | MONGIAŁO MARCIN                | 5148 | FAST FEET K-LIN                       | KOSZALIN     | POL  | M-40 | 14     | M 41 |        |        |       | 01:11:07.00 | 4:44   | 12.7 |
| 15   | KAJKOWSKI RAFAŁ                | 5084 | CSSP KOSZALIN                         | KOSZALIN     | POL  | M-40 | 15     | M 49 |        |        |       | 01:13:41.00 | 4:54   | 12.2 |
| 16   | KRASIŃSKI WITOLD               | 5106 |                                       | KOSZALIN     | POL  | M-40 | 16     | M 51 |        |        |       | 01:13:57.00 | 4:55   | 12.2 |
| 17   | STALUSZKA DARIUSZ              | 5203 |                                       | ŚWIDWIN      | POL  | M-40 | 17     | M 53 |        |        |       | 01:15:47.00 | 5:03   | 11.9 |
| 18   | MARCINKOWSKI JACEK             | 5134 | SSK ORZEŁ ŚWIESZYNO                   | ŚWIESZYNO    | POL  | M-40 | 18     | M 58 |        |        |       | 01:17:28.00 | 5:09   | 11.6 |
| 19   | KOPEĆ KRZYSZTOF                | 5097 |                                       | KOŁBRZEG     | POL  | M-40 | 19     | M 59 |        |        |       | 01:17:38.00 | 5:10   | 11.6 |
| 20   | SAWIŃSKI JACEK                 | 5197 |                                       | KOSZALIN     | POL  | M-40 | 20     | M 61 |        |        |       | 01:18:12.00 | 5:12   | 11.5 |
| 21   | JĘDRZEJKO MIROSŁAW             | 5074 |                                       | NOWE BIELICE | POL  | M-40 | 21     | M 62 |        |        |       | 01:19:31.00 | 5:18   | 11.3 |
| 22   | KAMINSKI TOMASZ                | 5085 | WODNA SŁUŻBA RATOWNICZA               | KOSZALIN     | POL  | M-40 | 22     | M 64 |        |        |       | 01:20:25.00 | 5:21   | 11.2 |
| 23   | SARBIEWSKI PRZEMYSŁAW          | 5196 |                                       | MRZEŻYNO     | POL  | M-40 | 23     | M 75 |        |        |       | 01:23:29.00 | 5:33   | 10.8 |
| 24   | KLONOWSKI ARTUR                | 5093 | KOSPEL                                | KOSZALIN     | POL  | M-40 | 24     | M 76 |        |        |       | 01:23:53.00 | 5:35   | 10.7 |
| 25   | CHAMERA TOMASZ                 | 5021 | WATAHA                                | KOSZALIN     | POL  | M-40 | 25     | M 78 |        |        |       | 01:24:41.00 | 5:38   | 10.6 |
| 26   | STRZELECKI SEBASTIAN 'KASZANA' | 5207 | SAILING TEAM FERAJNA                  | PIŁA         | POL  | M-40 | 26     | M 79 |        |        |       | 01:24:42.00 | 5:38   | 10.6 |
| 27   | BRZEZIŃSKI PAWEŁ               | 5015 | PAB TRI KOSZALIN                      | KOSZALIN     | POL  | M-40 | 27     | M 81 |        |        |       | 01:26:01.00 | 5:44   | 10.5 |
| 28   | RUSIECKI PAWEŁ                 | 5191 | WSPL SPZOZ W KOSZALINIE               | BIESIEKIERZ  | POL  | M-40 | 28     | M 83 |        |        |       | 01:26:31.00 | 5:46   | 10.4 |
| 29   | BABIARZ JACEK                  | 5003 | PRESS GLASS - BIEGAMY I WSPIERAMY     | NOWOGARD     | POL  | M-40 | 29     | M 88 |        |        |       | 01:32:38.00 | 6:10   | 9.7  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-50**

| M-ce | Nazwisko i imię    | Nr   | Klub         | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|--------------------|------|--------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | KRUPIŃSKA BEATA    | 5111 | E-UROLOG.EU  | KOSZALIN  | POL  | K-50 | 1      | K 21 |        |        |       | 01:14:52.00 | 4:59   | 12   |
| 2    | MITUNIEWICZ RENATA | 5146 |              | KOSZALIN  | POL  | K-50 | 2      | K 35 |        |        |       | 01:24:23.00 | 5:37   | 10.7 |
| 3    | BRZEZIŃSKA BEATA   | 5014 | TEAM PIOTRUŚ | BIAŁOGARD | POL  | K-50 | 3      | K 47 |        |        |       | 01:29:39.00 | 5:58   | 10   |
| 4    | MAŁYSZEWICZ TERESA | 5132 |              | BIAŁY BÓR | POL  | K-50 | 4      | K 58 |        |        |       | 01:42:16.00 | 6:49   | 8.8  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-50**

| M-ce | Nazwisko i imię     | Nr   | Klub                 | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|---------------------|------|----------------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | PICK TOMASZ         | 5176 | SKSG KORONA SZCZECIN | KOSZALIN  | POL  | M-50 | 1      | M 6  |        |        |       | 00:57:35.00 | 3:50   | 15.6 |
| 2    | BRZEZIŃSKI JAN      | 5016 | TEAM PIOTRUŚ         | BIAŁOGARD | POL  | M-50 | 2      | M 23 |        |        |       | 01:03:20.00 | 4:13   | 14.2 |
| 3    | KRUPIŃSKI KRZYSZTOF | 5112 | E-UROLOG.EU          | KOSZALIN  | POL  | M-50 | 3      | M 30 |        |        |       | 01:06:08.00 | 4:24   | 13.6 |
| 4    | NIEMCZUK DARIUSZ    | 5156 | JAMNO                | KOSZALIN  | POL  | M-50 | 4      | M 38 |        |        |       | 01:08:56.00 | 4:35   | 13.1 |
| 5    | HNATOWSKI ARTUR     | 5063 |                      | KOSZALIN  | POL  | M-50 | 5      | M 43 |        |        |       | 01:12:02.00 | 4:48   | 12.5 |
| 6    | CHUDZIK ZBIGNIEW    | 5023 | TKKF KOSZALIN        | KOSZALIN  | POL  | M-50 | 6      | M 45 |        |        |       | 01:12:20.00 | 4:49   | 12.4 |
| 7    | MRUGALSKI STANISŁAW | 5151 | MTS HAMER            | MIASTKO   | POL  | M-50 | 7      | M 56 |        |        |       | 01:17:21.00 | 5:09   | 11.6 |
| 8    | WIŚNIEWSKI JAROSŁAW | 5235 |                      | KOŁBRZEG  | POL  | M-50 | 8      | M 71 |        |        |       | 01:21:35.00 | 5:26   | 11   |
| 9    | SZULC MAREK         | 5217 |                      | BIAŁOGARD | POL  | M-50 | 9      | M 72 |        |        |       | 01:22:14.00 | 5:28   | 10.9 |
| 10   | MURAWSKI WALDEMAR   | 5153 | ZKS                  | KOSZALIN  | POL  | M-50 | 10     | M 73 |        |        |       | 01:22:16.00 | 5:29   | 10.9 |
| 11   | KĘDZIERA IZYDOR     | 5090 |                      | KOSZALIN  | POL  | M-50 | 11     | M 84 |        |        |       | 01:29:19.00 | 5:57   | 10.1 |
| 12   | MAŁYSZEWICZ ANDRZEJ | 5133 |                      | BIAŁY BÓR | POL  | M-50 | 12     | M 87 |        |        |       | 01:32:34.00 | 6:10   | 9.7  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, K-60**

| M-ce | Nazwisko i imię        | Nr   | Klub                      | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|------------------------|------|---------------------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | KRZEWIŃSKA MAŁGORZATA  | 5116 | TAGER SPORT I PRZYJACIELE | KOSZALIN  | POL  | K-60 | 1      | K 14 |        |        |       | 01:09:36.00 | 4:38   | 12.9 |
| 2    | DEJNAK MARIOLA         | 5029 |                           | GRYFICE   | POL  | K-60 | 2      | K 19 |        |        |       | 01:13:32.00 | 4:54   | 12.2 |
| 3    | MARCZAK MAŁGORZATA     | 5135 |                           | ŻELKOWO   | POL  | K-60 | 3      | K 34 |        |        |       | 01:22:07.00 | 5:28   | 11   |
| 4    | WOJANOWSKA MARYLA      | 5239 | SPORT I REKREACJA DELFIN  | GRUDZIĄDZ | POL  | K-60 | 4      | K 50 |        |        |       | 01:29:57.00 | 5:59   | 10   |
| 5    | KOZŁOWIECKA MAŁGORZATA | 5105 |                           | KOSZALIN  | POL  | K-60 | 5      | K 54 |        |        |       | 01:36:14.00 | 6:24   | 9.4  |

**JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, M-60**

| M-ce | Nazwisko i imię     | Nr   | Klub                     | M-scowość | Kraj | Kat. | M. kat | K/M  | Etap 1 | Etap 2 | Etap3 | Netto       | min/km | km/h |
|------|---------------------|------|--------------------------|-----------|------|------|--------|------|--------|--------|-------|-------------|--------|------|
| 1    | GAWEŁ ZBIGNIEW      | 5041 | POMERIDERS SŁUPSK        | SŁUPSK    | POL  | M-60 | 1      | M 32 |        |        |       | 01:06:44.00 | 4:26   | 13.5 |
| 2    | OSOBNAK RYSZARD     | 5168 |                          | KOSZALIN  | POL  | M-60 | 2      | M 48 |        |        |       | 01:13:38.00 | 4:54   | 12.2 |
| 3    | JUSZCZAK KRZYSZTOF  | 5077 |                          | KOSZALIN  | POL  | M-60 | 3      | M 54 |        |        |       | 01:16:42.00 | 5:06   | 11.7 |
| 4    | KARNICKI ZYGMUNT    | 5087 | TKKF KOSZALIN            | KOSZALIN  | POL  | M-60 | 4      | M 69 |        |        |       | 01:21:31.00 | 5:26   | 11   |
| 5    | HELLER ZDZISŁAW     | 5061 | HERBMARATONOW.PL         | KOSZALIN  | POL  | M-60 | 5      | M 77 |        |        |       | 01:24:00.00 | 5:36   | 10.7 |
| 6    | MARCZAK ANDRZEJ     | 5136 |                          | ŻELKOWO   | POL  | M-60 | 6      | M 82 |        |        |       | 01:26:20.00 | 5:45   | 10.4 |
| 7    | WOJANOWSKI ZBIGNIEW | 5240 | SPORT I REKREACJA DELFIN | GRUDZIĄDZ | POL  | M-60 | 7      | M 85 |        |        |       | 01:29:53.00 | 5:59   | 10   |
| 8    | KACZYŃSKI HENRYK    | 5082 |                          | GRYFICE   | POL  | M-60 | 8      | M 92 |        |        |       | 01:47:09.00 | 7:08   | 8.4  |