

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH

Organizator: Herkules
 Data: 2020-02-09
 Miejsce: Koszalin
 Dystans: 15 km
 Klasyfikacja wg czasów netto.



JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap3	Netto	min/km	km/h
1	JAKUBEK PATRYK	5067	7 DAYS	BYTÓW	POL	M-20	1	M 1	00:17:11.00	00:17:30.00	00:18:20.00	00:53:01.00	3:32	17
2	HUBERT ŁUKASZ	5065	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 2	00:17:32.00	00:17:45.00	00:17:47.00	00:53:04.00	3:32	17
3	ZIEMAN MICHAŁ	5247	404 NOT FOUND	BYTÓW	POL	M-30	2	M 3	00:17:21.00	00:17:38.00	00:18:28.00	00:53:27.00	3:33	16.8
4	RYKIEL MICHAŁ	5193	TAGER SPORT I PRZYJACIELE	BONIN	POL	M-30	3	M 4	00:17:55.00	00:17:55.00	00:18:11.00	00:54:01.00	3:36	16.7
5	DYLEWSKI TOMASZ	5037		MIASTKO	POL	M-20	2	M 5	00:18:56.00	00:18:30.00	00:18:44.00	00:56:10.00	3:44	16
6	PICK TOMASZ	5176	SKSG KORONA SZCZECIN	KOSZALIN	POL	M-50	1	M 6	00:18:42.00	00:19:50.00	00:19:03.00	00:57:35.00	3:50	15.6
7	KAWKA ADRIAN	5088		SŁUPSK	POL	M-30	4	M 7	00:19:21.00	00:19:00.00	00:19:24.00	00:57:45.00	3:51	15.6
8	DUDA GRZEGORZ	5035	BEST BEASTS	BUKÓWKA	POL	M-40	1	M 8	00:19:12.00	00:19:37.00	00:19:19.00	00:58:08.00	3:52	15.5
9	STOLTMAN MARCIN	5205	7 DAYS	BYTÓW	POL	M-20	3	M 9	00:19:15.00	00:19:22.00	00:19:32.00	00:58:09.00	3:52	15.5
10	GOSTKOWSKI ŁUKASZ	5050	404 NOT FOUND	BYTÓW	POL	M-30	5	M 10	00:19:30.00	00:19:34.00	00:19:14.00	00:58:18.00	3:53	15.4
11	KORMAN KAMIL	5100		KOSZALIN	POL	M-20	4	M 11	00:19:27.00	00:19:35.00	00:19:24.00	00:58:26.00	3:53	15.4
12	CICHOSZ-MIELEWCZYK MATEUSZ	5025	POZYTYWNIENIE NAKRĘCENI	RZEPNICA	POL	M-30	6	M 12	00:19:25.00	00:19:42.00	00:19:30.00	00:58:37.00	3:54	15.4
13	LEWANDOWSKI JACEK	5123	TAPETY KOSZALIN MONIUSZKI	STARY BOREK	POL	M-40	2	M 13	00:20:09.00	00:19:37.00	00:19:32.00	00:59:18.00	3:57	15.2
14	TRĘBSKI KRZYSZTOF	5229	#ZABIEGANINOCA	OKONEK	POL	M-40	3	M 14	00:19:54.00	00:20:03.00	00:19:29.00	00:59:26.00	3:57	15.1
15	CHABOWSKI WOJCIECH	5020		RABINO	POL	M-20	5	M 15	00:20:33.00	00:20:48.00	00:19:35.00	01:00:56.00	4:03	14.8
16	JANKOWSKI GRZEGORZ	5069	POZYTYWNIENIE NAKRĘCENI	BYTÓW	POL	M-40	4	M 15	00:19:36.00	00:20:30.00	00:20:50.00	01:00:56.00	4:03	14.8
17	ŁUKAWSKI MARIUSZ	5128	JW 1223	ŚWIESZYNO	POL	M-30	7	M 17	00:19:44.00	00:21:10.00	00:20:29.00	01:01:23.00	4:05	14.7
18	SKROBANEK HANNA	5202	MKP SZCZECINEK	SZCZECINEK	POL	K-14	1	K 1	00:20:10.00	00:20:29.00	00:20:52.00	01:01:31.00	4:06	14.6
19	KONKEL AGNIESZKA	5095	TAGER SPORT I PRZYJACIELE	KOSZALIN	POL	K-30	1	K 2	00:20:17.00	00:20:41.00	00:20:43.00	01:01:41.00	4:06	14.6
20	KOZIEŁ PAWEŁ	5103		RABINO	POL	M-40	5	M 18	00:21:03.00	00:20:34.00	00:20:40.00	01:02:17.00	4:09	14.5
21	KOZIEŁ ADAM	5104		KOSZALIN	POL	M-20	6	M 19	00:20:56.00	00:21:09.00	00:20:39.00	01:02:44.00	4:10	14.3
22	DRAŻKOWSKI TOMASZ	5033	MKP SZCZECINEK	SZCZECINEK	POL	M-14	1	M 20	00:21:16.00	00:20:39.00	00:21:04.00	01:02:59.00	4:11	14.3
23	OLCZAK KRZYSZTOF	5163		SIANÓW	POL	M-30	8	M 21	00:20:41.00	00:21:18.00	00:21:07.00	01:03:06.00	4:12	14.3
24	WEBER PAWEŁ	5230	FPF FUNCTIONAL POLISH PERFORMANCE	KOSZALIN	POL	M-30	9	M 22	00:21:12.00	00:21:01.00	00:21:00.00	01:03:13.00	4:12	14.2
25	BRZEZIŃSKI JAN	5016	TEAM PIOTRUS	BIAŁOGARD	POL	M-50	2	M 23	00:21:00.00	00:21:09.00	00:21:11.00	01:03:20.00	4:13	14.2
26	WIKTOROWSKI MACIEJ	5234		KOSZALIN	POL	M-40	6	M 24	00:20:56.00	00:21:05.00	00:21:34.00	01:03:35.00	4:14	14.2
27	NOWODWORSKA JUSTYNA	5162	7 DAYS	BYTÓW	POL	K-30	2	K 3	00:21:11.00	00:21:04.00	00:21:25.00	01:03:40.00	4:14	14.1
28	KUCAL PAWEŁ	5117		KOSZALIN	POL	M-40	7	M 25	00:21:43.00	00:20:40.00	00:21:26.00	01:03:49.00	4:15	14.1
29	ŁAWNICZAK JUSTYNA	5126	#ZABIEGANINOCA	ZAKRZEWO	POL	K-30	3	K 4	00:21:29.00	00:21:15.00	00:21:12.00	01:03:56.00	4:15	14.1
30	HISZCZYŃSKA ALEKSANDRA	5062	CSSP KOSZALIN	KOSZALIN	POL	K-20	1	K 5	00:21:07.00	00:21:16.00	00:21:37.00	01:04:00.00	4:16	14.1
31	BARGAŃSKA JUSTYNA	5005	404 NOT FOUND	BYTÓW	POL	K-40	1	K 6	00:21:14.00	00:21:22.00	00:21:34.00	01:04:10.00	4:16	14
32	SZCZEK MAŁGORZATA	5214	404 NOT FOUND	SŁUPSK	POL	K-30	4	K 7	00:21:27.00	00:22:00.00	00:21:01.00	01:04:28.00	4:17	14
33	CZYŻYKOWSKI ŁUKASZ	5028		KOSZALIN	POL	M-30	10	M 26	00:21:18.00	00:21:27.00	00:21:53.00	01:04:38.00	4:18	13.9
34	ŻUREK MATEUSZ	5250		KOSZALIN	POL	M-30	11	M 27	00:22:06.00	00:21:17.00	00:21:18.00	01:04:41.00	4:18	13.9
35	HAŁKA JUSTYNA	5056	TRUCHT ŁOBEZ	ŁOBEZ	POL	K-40	2	K 8	00:21:30.00	00:21:28.00	00:21:50.00	01:04:48.00	4:19	13.9
36	BUDZIŃSKI PAWEŁ	5018	TAGER SPORT KOSZALIN / DRUŻYNA SZPIKU	KONIKOWO	POL	M-40	8	M 28	00:22:03.00	00:21:39.00	00:21:08.00	01:04:50.00	4:19	13.9
37	KLUCZEWSKA EMILIA	5094	7 DAYS	BYTÓW	POL	K-30	5	K 9	00:21:39.00	00:21:23.00	00:21:55.00	01:04:57.00	4:19	13.9
38	GAWRYŚIAK PRZEMYSŁAW	5043		WŁODARKA	POL	M-40	9	M 29	00:21:25.00	00:22:03.00	00:22:10.00	01:05:38.00	4:22	13.7
39	PAŁASZEWSKA KAROLINA	5172	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	K-30	6	K 10	00:21:47.00	00:22:03.00	00:21:59.00	01:05:49.00	4:23	13.7
40	KRUPIŃSKI KRZYSZTOF	5112	E-UROLOG.EU	KOSZALIN	POL	M-50	3	M 30	00:22:00.00	00:22:21.00	00:21:47.00	01:06:08.00	4:24	13.6
41	SITARCZYK DAMIAN	5199	FUNDACJA ZASTOPIJ	SIANÓW	POL	M-30	12	M 30	00:23:11.00	00:21:21.00	00:21:36.00	01:06:08.00	4:24	13.6
42	GAWĘŁ ZBIGNIEW	5041	POMERIDERS SŁUPSK	SŁUPSK	POL	M-60	1	M 32	00:22:27.00	00:22:06.00	00:22:11.00	01:06:44.00	4:26	13.5
43	NOSAŁ MARIUSZ	5159		SZCZECINEK	POL	M-30	13	M 33	00:21:25.00	00:22:06.00	00:23:38.00	01:07:09.00	4:28	13.4
44	KRYNICKA MAGDALENA	5113		TRZEBIATÓW	POL	K-20	2	K 11	00:22:28.00	00:22:34.00	00:22:24.00	01:07:26.00	4:29	13.3
45	JOŃCA JAKUB	5076	BEST BEASTS	SŁUPSK	POL	M-14	2	M 34	00:22:38.00	00:21:29.00	00:23:20.00	01:07:27.00	4:29	13.3

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap3	Netto	min/km	km/h
46	KĄZMIERCZAK AGNIESZKA	5089		ŚWIDWINEK	POL	K-40	3	K 12	00:22:28.00	00:22:44.00	00:22:46.00	01:07:58.00	4:31	13.2
47	GÓRA AGNIESZKA	5051	#ZABIEGANINOCA	OKONEK	POL	K-40	4	K 13	00:23:09.00	00:23:30.00	00:22:39.00	01:08:18.00	4:33	13.2
48	PIETRYKA ARTUR	5177	KARLINO BIEGAJ	KARLINO	POL	M-40	10	M 35	00:22:17.00	00:22:58.00	00:23:05.00	01:08:20.00	4:33	13.2
49	NOGA SEBASTIAN	5158	TKKF KOSZALIN	KOSZALIN	POL	M-20	7	M 36	00:20:55.00	00:21:25.00	00:26:05.00	01:08:25.00	4:33	13.2
50	KONKEL ŁUKASZ	5096		KOSZALIN	POL	M-40	11	M 37	00:23:06.00	00:23:26.00	00:22:21.00	01:08:53.00	4:35	13.1
51	NIEMCZUK DARIUSZ	5156	JAMNO	KOSZALIN	POL	M-50	4	M 38	00:23:04.00	00:22:53.00	00:22:59.00	01:08:56.00	4:35	13.1
52	KRZEWIŃSKA MAŁGORZATA	5116	TAGER SPORT I PRZYJACIELE	KOSZALIN	POL	K-60	1	K 14	00:23:19.00	00:23:05.00	00:23:12.00	01:09:36.00	4:38	12.9
53	METEL IZABELA	5138	POZYTYWNIENI NAKRĘCENI	BYTÓW	POL	K-40	5	K 15	00:21:55.00	00:25:08.00	00:23:05.00	01:10:08.00	4:40	12.8
54	HAŁKA ARKADIUSZ	5057	TRUCHT ŁOBEZ	ŁOBEZ	POL	M-40	12	M 39	00:23:36.00	00:23:07.00	00:23:51.00	01:10:34.00	4:42	12.8
55	GIEDROWICZ ALEKSANDRA	5045		KOSZALIN	POL	K-30	7	K 16	00:23:31.00	00:23:39.00	00:23:27.00	01:10:37.00	4:42	12.7
56	NOSAL MARTYNA	5160	PENTATHLON SZCZECINEK	SZCZECINEK	POL	K-14	2	K 17	00:24:07.00	00:23:19.00	00:23:13.00	01:10:39.00	4:42	12.7
57	ANTKOWIAK SEBASTIAN	5002	DB - ACTIVE	KOSZALIN	POL	M-40	13	M 40	00:22:56.00	00:23:52.00	00:24:09.00	01:10:57.00	4:43	12.7
58	MONGIAŁO MARCIN	5148	FAST FEET K-LIN	KOSZALIN	POL	M-40	14	M 41	00:23:37.00	00:23:36.00	00:23:54.00	01:11:07.00	4:44	12.7
59	MICHALCZYK KAMIL	5139		KOSZALIN	POL	M-30	14	M 42	00:22:53.00	00:24:06.00	00:24:41.00	01:11:40.00	4:46	12.6
60	HNATOWSKI ARTUR	5063		KOSZALIN	POL	M-50	5	M 43	00:24:04.00	00:23:55.00	00:24:03.00	01:12:02.00	4:48	12.5
61	HARASIMOWICZ MICHAŁ	5059		SZCZECINEK	POL	M-30	15	M 44	00:23:18.00	00:23:13.00	00:25:32.00	01:12:03.00	4:48	12.5
62	CHUDZIK ZBIGNIEW	5023	TKKF KOSZALIN	KOSZALIN	POL	M-50	6	M 45	00:23:40.00	00:25:08.00	00:23:32.00	01:12:20.00	4:49	12.4
63	DRULIK-HOŁUB MARTA	5034	TORNADO KOSZALIN	KOSZALIN	POL	K-40	6	K 18	00:24:23.00	00:24:02.00	00:24:00.00	01:12:25.00	4:49	12.4
64	LIPNIEWICZ PAWEŁ	5124		KOSZALIN	POL	M-30	16	M 46	00:24:07.00	00:25:20.00	00:23:03.00	01:12:30.00	4:50	12.4
65	SKOKOWSKI MAREK	5201		SZCZECINEK	POL	M-30	17	M 47	00:24:13.00	00:24:15.00	00:24:34.00	01:13:02.00	4:52	12.3
66	DEJNAK MARIOLA	5029		GRYFICE	POL	K-60	2	K 19	00:24:38.00	00:24:39.00	00:24:15.00	01:13:32.00	4:54	12.2
67	MONGIAŁO ALEKSANDRA	5149	FAST FEET K-LIN	KOSZALIN	POL	K-30	8	K 20	00:24:54.00	00:24:48.00	00:23:52.00	01:13:34.00	4:54	12.2
68	OSOBNIAK RYSZARD	5168		KOSZALIN	POL	M-60	2	M 48	00:24:33.00	00:24:39.00	00:24:26.00	01:13:38.00	4:54	12.2
69	KAJKOWSKI RAFAŁ	5084	CSSP KOSZALIN	KOSZALIN	POL	M-40	15	M 49	00:24:54.00	00:24:43.00	00:24:04.00	01:13:41.00	4:54	12.2
70	JASIEK PAWEŁ	5071	#ZABIEGANINOCA	ZAKRZEWO	POL	M-30	18	M 50	00:25:27.00	00:24:23.00	00:24:06.00	01:13:56.00	4:55	12.2
71	KRASIŃSKI WITOLD	5106		KOSZALIN	POL	M-40	16	M 51	00:24:59.00	00:24:10.00	00:24:48.00	01:13:57.00	4:55	12.2
72	DEBSKI DAMIAN	5030	1986.	KOSZALIN	POL	M-30	19	M 52	00:24:57.00	00:24:20.00	00:24:53.00	01:14:10.00	4:56	12.1
73	KRUPIŃSKA BEATA	5111	E-UROLOG.EU	KOSZALIN	POL	K-50	1	K 21	00:24:37.00	00:24:16.00	00:25:59.00	01:14:52.00	4:59	12
74	KACZMARYK JOLANTA	5080		KOSZALIN	POL	K-40	7	K 22	00:24:47.00	00:25:04.00	00:25:21.00	01:15:12.00	5:00	12
75	STALUSZKA DARIUSZ	5203		ŚWIDWIN	POL	M-40	17	M 53	00:25:21.00	00:24:54.00	00:25:32.00	01:15:47.00	5:03	11.9
76	PLATOSZ MAGDA	5179		KARLINO	POL	K-20	3	K 23	00:25:02.00	00:25:57.00	00:24:55.00	01:15:54.00	5:03	11.9
77	KOWALCZYK KAROLINA	5102		NIEKŁONICE	POL	K-40	8	K 24	00:25:49.00	00:25:21.00	00:25:15.00	01:16:25.00	5:05	11.8
78	SUCHODOLSKA ALEKSANDRA	5208	DZIKIE ŻÓŁWIE	ROSNOWO	POL	K-30	9	K 25	00:25:11.00	00:26:08.00	00:25:08.00	01:16:27.00	5:05	11.8
79	GOLEC ANNA	5048		KOSZALIN	POL	K-40	9	K 26	00:26:36.00	00:25:03.00	00:24:56.00	01:16:35.00	5:06	11.8
80	JUSZCZAK KRZYSZTOF	5077		KOSZALIN	POL	M-60	3	M 54	00:25:34.00	00:25:47.00	00:25:21.00	01:16:42.00	5:06	11.7
81	ŁODYGA ŁUKASZ	5127		KOSZALIN	POL	M-30	20	M 55	00:24:30.00	00:26:16.00	00:26:15.00	01:17:01.00	5:08	11.7
82	CIEŚLAK GRZEGORZ	5026		KOŁOBRZEG	POL	M-30	21	M 56	00:26:16.00	00:25:40.00	00:25:25.00	01:17:21.00	5:09	11.6
83	MRUGALSKI STANISŁAW	5151	MTS HAMER	MIASTKO	POL	M-50	7	M 56	00:26:13.00	00:25:59.00	00:25:09.00	01:17:21.00	5:09	11.6
84	MARCINKOWSKI JACEK	5134	SSK ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M-40	18	M 58	00:26:48.00	00:24:10.00	00:26:30.00	01:17:28.00	5:09	11.6
85	KOPEĆ KRZYSZTOF	5097		KOŁOBRZEG	POL	M-40	19	M 59	00:25:24.00	00:25:44.00	00:26:30.00	01:17:38.00	5:10	11.6
86	PACAN MIRA	5169	POZYTYWNIENI NAKRĘCENI	BYTÓW	POL	K-30	10	K 27	00:26:00.00	00:25:08.00	00:26:46.00	01:17:54.00	5:11	11.6
87	GONTEK ŁUKASZ	5049	VW BATORY	SŁUPSK	POL	M-30	22	M 60	00:26:29.00	00:25:12.00	00:26:14.00	01:17:55.00	5:11	11.6
88	SAWIŃSKI JACEK	5197		KOSZALIN	POL	M-40	20	M 61	00:30:12.00	00:23:28.00	00:24:32.00	01:18:12.00	5:12	11.5
89	ROMANOWICZ MONIKA	5189	DZIKIE ŻÓŁWIE	KOSZALIN	POL	K-30	11	K 28	00:25:51.00	00:26:09.00	00:26:20.00	01:18:20.00	5:13	11.5
90	STRZELECKA MAŁGORZATA	5206	SAILING TEAM FERAJNA	PIŁA	POL	K-40	10	K 29	00:26:07.00	00:26:08.00	00:26:32.00	01:18:47.00	5:15	11.4
91	DORAWA-ZIOMEK ANNA	5031	DZIKIE ŻÓŁWIE	KOSZALIN	POL	K-30	12	K 30	00:24:57.00	00:27:10.00	00:27:24.00	01:19:31.00	5:18	11.3
92	JĘDRZEJKO MIROSLAW	5074		NOWE BIELICE	POL	M-40	21	M 62	00:25:03.00	00:26:38.00	00:27:50.00	01:19:31.00	5:18	11.3
93	ŚWIDERSKI MARCIN	5227		KOSZALIN	POL	M-30	23	M 63	00:26:06.00	00:27:33.00	00:26:15.00	01:19:54.00	5:19	11.3
94	PISKÓRZ JUSTYNA	5178		ROSNOWO	POL	K-30	13	K 31	00:25:50.00	00:27:12.00	00:27:23.00	01:20:25.00	5:21	11.2
95	KAMINSKI TOMASZ	5085	WODNA SŁUŻBA RATOWNICZA	KOSZALIN	POL	M-40	22	M 64	00:25:00.00	00:27:27.00	00:27:58.00	01:20:25.00	5:21	11.2
96	BRZozowska BARBARA	5017		TYCHOWO	POL	K-40	11	K 32	00:26:46.00	00:26:38.00	00:27:21.00	01:20:45.00	5:23	11.1
97	SZWEDA MATEUSZ	5220	WATAHA	KOSZALIN	POL	M-30	24	M 65	00:26:34.00	00:26:38.00	00:27:46.00	01:20:58.00	5:23	11.1
98	SZYMAŃSKI PATRYK	5221	1987.	SŁUPSK	POL	M-30	25	M 66	00:26:39.00	00:28:03.00	00:26:18.00	01:21:00.00	5:24	11.1
99	MAŚŁOWSKI ARTUR	5137		ZŁOCENIEC	POL	M-30	26	M 67	00:26:39.00	00:28:04.00	00:26:18.00	01:21:01.00	5:24	11.1
100	MITUNIEWICZ ADRIAN	5147		KOSZALIN	POL	M-30	27	M 68	00:28:07.00	00:27:33.00	00:25:46.00	01:21:26.00	5:25	11.1
101	KARNICKI ZYGMUNT	5087	TKKF KOSZALIN	KOSZALIN	POL	M-60	4	M 69	00:26:26.00	00:27:16.00	00:27:49.00	01:21:31.00	5:26	11
102	ORYSZCZYN ARKADIUSZ	5167	DZIKIE ŻÓŁWIE	KOSZALIN	POL	M-30	28	M 69	00:25:39.00	00:27:46.00	00:28:06.00	01:21:31.00	5:26	11

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap3	Netto	min/km	km/h
103	JUSZCZYK AGNIESZKA	5078	ANOX TEAM	KOSZALIN	POL	K-40	12	K 33	00:29:31.00	00:25:47.00	00:26:15.00	01:21:33.00	5:26	11
104	WIŚNIEWSKI JAROSŁAW	5235		KOŁOBRZEG	POL	M-50	8	M 71	00:26:58.00	00:27:05.00	00:27:32.00	01:21:35.00	5:26	11
105	MARCZAK MAŁGORZATA	5135		ŻELKOWO	POL	K-60	3	K 34	00:27:16.00	00:26:22.00	00:28:29.00	01:22:07.00	5:28	11
106	SZULC MAREK	5217		BIAŁOGARD	POL	M-50	9	M 72	00:28:49.00	00:27:09.00	00:26:16.00	01:22:14.00	5:28	10.9
107	MURAWSKI WALDEMAR	5153	ZKS	KOSZALIN	POL	M-50	10	M 73	00:27:14.00	00:28:29.00	00:26:33.00	01:22:16.00	5:29	10.9
108	TABISZ SŁAWOMIR	5228	12 BBSP	CZAPLINEK	POL	M-30	29	M 74	00:27:19.00	00:28:26.00	00:27:18.00	01:23:03.00	5:32	10.8
109	SARBIEWSKI PRZEMYSŁAW	5196		MRZEŻYNO	POL	M-40	23	M 75	00:32:34.00	00:23:52.00	00:27:03.00	01:23:29.00	5:33	10.8
110	KLONOWSKI ARTUR	5093	KOSPEL	KOSZALIN	POL	M-40	24	M 76	00:25:32.00	00:27:50.00	00:30:31.00	01:23:53.00	5:35	10.7
111	HELLER ZDZISŁAW	5061	HERBMARATONOW.PL	KOSZALIN	POL	M-60	5	M 77	00:28:09.00	00:27:29.00	00:28:22.00	01:24:00.00	5:36	10.7
112	MITUNIEWICZ RENATA	5146		KOSZALIN	POL	K-50	2	K 35	00:26:49.00	00:28:18.00	00:29:16.00	01:24:23.00	5:37	10.7
113	JONÇA KLAUDIA	5075	BEST BEASTS	SŁUPSK	POL	K-14	3	K 36	00:26:37.00	00:27:06.00	00:30:52.00	01:24:35.00	5:38	10.6
114	CHAMERA TOMASZ	5021	WATAHA	KOSZALIN	POL	M-40	25	M 78	00:28:01.00	00:29:27.00	00:27:13.00	01:24:41.00	5:38	10.6
115	STRZELECKI SEBASTIAN 'KASZANA'	5207	SAILING TEAM FERAJNA	PIŁA	POL	M-40	26	M 79	00:27:42.00	00:28:09.00	00:28:51.00	01:24:42.00	5:38	10.6
116	BEDNARZ KATARZYNA	5007	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	K-40	13	K 37	00:27:40.00	00:28:46.00	00:28:16.00	01:24:42.00	5:38	10.6
117	BOKOTA KATARZYNA	5012		BIAŁOGARD	POL	K-40	14	K 38	00:28:15.00	00:28:18.00	00:28:27.00	01:25:00.00	5:40	10.6
118	MALINOWSKA-BURDA ALEKSANDRA	5130		KOSZALIN	POL	K-30	14	K 39	00:29:04.00	00:28:22.00	00:28:01.00	01:25:27.00	5:41	10.5
119	SIGNAROWSKI DAWID	5198	PRESS GLASS - BIEGAMY I WSPIERAMY	NOWOGARD	POL	M-30	30	M 80	00:27:14.00	00:28:17.00	00:30:12.00	01:25:43.00	5:42	10.5
120	GROCHOWSKA AGNIESZKA	5052	SAILING TEAM FERAJNA	PIŁA	POL	K-40	15	K 40	00:28:58.00	00:28:11.00	00:28:51.00	01:26:00.00	5:44	10.5
121	BRZEZIŃSKI PAWEŁ	5015	PAB TRI KOSZALIN	KOSZALIN	POL	M-40	27	M 81	00:27:59.00	00:28:18.00	00:29:44.00	01:26:01.00	5:44	10.5
122	MARCZAK ANDRZEJ	5136		ŻELKOWO	POL	M-60	6	M 82	00:29:05.00	00:27:41.00	00:29:34.00	01:26:20.00	5:45	10.4
123	WOJTKOWIAK WIOLETA	5241		KOSZALIN	POL	K-30	15	K 41	00:29:03.00	00:28:40.00	00:28:42.00	01:26:25.00	5:45	10.4
124	RUSIECKI PAWEŁ	5191	WSPL SPZOZ W KOSZALINIE	BIESIEKIERZ	POL	M-40	28	M 83	00:28:30.00	00:27:55.00	00:30:06.00	01:26:31.00	5:46	10.4
125	HUBKO JANINA	5066	PRESS GLASS - BIEGAMY I WSPIERAMY	NOWOGARD	POL	K-30	16	K 42	00:28:20.00	00:28:01.00	00:30:13.00	01:26:34.00	5:46	10.4
126	HRYNCEWICZ ANNA	5064	SAILING TEAM FERAJNA	PIŁA	POL	K-40	16	K 43	00:28:58.00	00:28:45.00	00:28:55.00	01:26:38.00	5:46	10.4
127	SUDER-MAKSYMOWICZ MONIKA	5209		USTRONIE MORSKIE	POL	K-30	17	K 44	00:29:29.00	00:28:33.00	00:29:36.00	01:27:38.00	5:50	10.3
128	JĄCZKOWSKA WIOLETA	5072		KOSZALIN	POL	K-40	17	K 45	00:29:04.00	00:29:05.00	00:31:01.00	01:29:10.00	5:56	10.1
129	KĘDZIERA IZYDOR	5090		KOSZALIN	POL	M-50	11	M 84	00:28:57.00	00:29:34.00	00:30:48.00	01:29:19.00	5:57	10.1
130	ZBOROWSKA-SKROBANEK JUSTYNA	5245	MKP SZCZECINEK	SZCZECINEK	POL	K-40	18	K 46	00:29:23.00	00:29:27.00	00:30:37.00	01:29:27.00	5:57	10.1
131	BRZEZIŃSKA BEATA	5014	TEAM PIOTRUŚ	BIAŁOGARD	POL	K-50	3	K 47	00:29:18.00	00:29:51.00	00:30:30.00	01:29:39.00	5:58	10
132	WOJANOWSKI ZBIGNIEW	5240	SPORT I REKREACJA DELFIN	GRUDZIĄDZ	POL	M-60	7	M 85	00:29:56.00	00:29:40.00	00:30:17.00	01:29:53.00	5:59	10
133	WENTA MALWINA	5232		KOŁOBRZEG	POL	K-30	18	K 48	00:30:28.00	00:29:16.00	00:30:10.00	01:29:54.00	5:59	10
134	KOPEĆ MAGDALENA	5098		KOŁOBRZEG	POL	K-40	19	K 49	00:30:27.00	00:29:19.00	00:30:10.00	01:29:56.00	5:59	10
135	WOJANOWSKA MARYLA	5239	SPORT I REKREACJA DELFIN	GRUDZIĄDZ	POL	K-60	4	K 50	00:29:57.00	00:29:43.00	00:30:17.00	01:29:57.00	5:59	10
136	SZMYT MARCIN	5215		KOSZALIN	POL	M-30	31	M 86	00:31:40.00	00:32:01.00	00:28:28.00	01:32:09.00	6:08	9.8
137	MOŻEJKO ANNA	5150		KOSZALIN	POL	K-40	20	K 51	00:30:10.00	00:31:10.00	00:31:07.00	01:32:27.00	6:09	9.7
138	STEC EDYTA	5204		KOSZALIN	POL	K-40	21	K 52	00:30:11.00	00:31:09.00	00:31:09.00	01:32:29.00	6:09	9.7
139	KOROL ELŻBIETA	5101		KOSZALIN	POL	K-40	22	K 53	00:30:11.00	00:31:10.00	00:31:09.00	01:32:30.00	6:10	9.7
140	MAŁYSZEWICZ ANDRZEJ	5133		BIAŁY BÓR	POL	M-50	12	M 87	00:28:35.00	00:28:38.00	00:35:21.00	01:32:34.00	6:10	9.7
141	BABIARZ JACEK	5003	PRESS GLASS - BIEGAMY I WSPIERAMY	NOWOGARD	POL	M-40	29	M 88	00:28:48.00	00:32:34.00	00:31:16.00	01:32:38.00	6:10	9.7
142	POLAK MATEUSZ	5182	KOSPEL	WAŁCZ	POL	M-20	8	M 89	00:28:41.00	00:33:34.00	00:30:55.00	01:33:10.00	6:12	9.7
143	KULIGOWSKI MAKSYM	5119	PRESS GLASS - BIEGAMY I WSPIERAMY	NOWOGARD	POL	M-30	32	M 90	00:30:20.00	00:30:53.00	00:32:02.00	01:33:15.00	6:13	9.7
144	KIEDOS DARIUSZ	5091	JW 1223	KOSZALIN	POL	M-30	33	M 91	00:31:24.00	00:32:19.00	00:31:11.00	01:34:54.00	6:19	9.5
145	KOZŁOWIECKA MAŁGORZATA	5105		KOSZALIN	POL	K-60	5	K 54	00:31:39.00	00:32:27.00	00:32:08.00	01:36:14.00	6:24	9.4
146	KRYSTOSIK PAULINA	5115	BIEGAM BO LUBIE, BIEGAM DLA SIEBIE	KOSZALIN	POL	K-20	4	K 55	00:32:18.00	00:31:39.00	00:33:04.00	01:37:01.00	6:28	9.3
147	SARBIEWSKA GABRIELA	5195		MRZEŻYNO	POL	K-40	23	K 56	00:32:33.00	00:32:03.00	00:32:45.00	01:37:21.00	6:29	9.2
148	WEISS-SZULC BARBARA	5231		KOSZALIN	POL	K-40	24	K 57	00:31:14.00	00:32:32.00	00:33:56.00	01:37:42.00	6:30	9.2
149	MAŁYSZEWICZ TERESA	5132		BIAŁY BÓR	POL	K-50	4	K 58	00:34:06.00	00:32:49.00	00:35:21.00	01:42:16.00	6:49	8.8
150	PAŁASZ KAROLINA	5171	FUNDACJA ZASTOPIJ	SIANÓW	POL	K-30	19	K 58	00:33:57.00	00:33:56.00	00:34:23.00	01:42:16.00	6:49	8.8
151	KACZYŃSKI HENRYK	5082		GRYFICE	POL	M-60	8	M 92	00:35:47.00	00:32:24.00	00:38:58.00	01:47:09.00	7:08	8.4