

TROPĘM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10 KM

Organizator: Fundacja Wolność i Demokracja, KTKKF, Fundacja Herkules All Sports

Data: 2020-03-01

Miejsce: Koszalin

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 30 miejsc wg czasu brutto


TROPĘM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
1	BRAUN GRZEGORZ	168	DRACZYŃSKI RUNNING TEAM	GRZYFICE	POL	M18-29	1	M 1	00:05:18	00:10:42	00:16:06	00:21:32	00:26:57	00:32:15.45	00:32:18.30	3:13	18.6
2	GAWRON PIOTR	190	ULKS TALEX BORZYTUCHOM	KOSZALIN	POL	M18-29	2	M 2	00:05:38	00:11:35	00:17:35	00:23:38	00:29:47	00:35:50.30	00:35:53.15	3:35	16.7
3	HUBERT ŁUKASZ	207	TKKF KOSZALIN	KOSZALIN	POL	M30-39	1	M 3	00:05:38	00:11:35	00:17:40	00:23:48	00:30:02	00:36:10.85	00:36:13.90	3:37	16.6
4	SIADAK ARKADIUSZ	303		KOSZALIN	POL	M40-49	1	M 4	00:05:58	00:11:58	00:18:08	00:24:17	00:30:39	00:36:36.80	00:36:40.35	3:39	16.4
5	ŁUKASZEWSKI SEBASTIAN	249	STARGARDZKI ZWIĄZEK WETERANÓW LEKKIEJ ATLETYKI	STARGARD	POL	M40-49	2	M 5	00:05:57	00:12:07	00:18:23	00:24:38	00:30:51	00:36:44.75	00:36:47.70	3:40	16.3
6	ZABORSKI RYSZARD	340	TKKF KOSZALIN	KOSZALIN	POL	M40-49	3	M 6	00:05:55	00:11:56	00:18:03	00:24:17	00:30:39	00:36:50.75	00:36:54.25	3:41	16.3
7	ROSZKOWSKI DAMIAN	294	BAGNA IZBICKIE	SŁUPSK	POL	M30-39	2	M 7	00:06:00	00:12:12	00:18:27	00:24:44	00:30:57	00:36:56.75	00:37:00.85	3:41	16.2
8	RYBACZEK SEBASTIAN	350	JW 1223	ROSNOWO	POL	M40-49	4	M 8	00:05:58	00:12:06	00:18:22	00:24:38	00:30:53	00:36:59.20	00:37:02.50	3:41	16.2
9	MACKOJCŃ KRZYSZTOF	255	EL-MACKOJCŃ	KOŁOBRZEG	POL	M40-49	5	M 9	00:06:00	00:12:12	00:18:29	00:24:54	00:31:17	00:37:30.60	00:37:34.70	3:45	16
10	RYKIEL MICHAŁ	301	DĄBROWSKI TEAM	BONIN	POL	M30-39	3	M 10	00:05:55	00:12:10	00:18:28	00:24:54	00:31:18	00:37:32.25	00:37:35.50	3:45	16
11	RUDNIKOWSKI MACIEJ	297	BIEGUZDROWISKOWY. PL / DARŁOWSKIE CHARTY	DARŁOWO	POL	M40-49	6	M 11	00:05:58	00:12:19	00:18:42	00:25:10	00:31:39	00:37:59.00	00:38:03.10	3:47	15.8
12	SITOWSKI MARCIN	305	HOMOSAPIE	KOSZALIN	POL	M18-29	3	M 12	00:06:23	00:12:50	00:19:21	00:25:50	00:32:14	00:38:29.50	00:38:34.70	3:50	15.6
13	PICK TOMASZ	283	SKSG KORONA SZCZECIN	KOSZALIN	POL	M50-59	1	M 13	00:06:10	00:12:37	00:19:10	00:25:42	00:31:58	00:38:33.00	00:38:36.85	3:51	15.6
14	WALCZAK PAWEŁ	52		KOSZALIN	POL	M30-39	4	M 14	00:05:54	00:12:11	00:18:57	00:26:51	00:33:18	00:39:42.90	00:39:45.75	3:58	15.1
15	WOJCIECHOWICZ JACEK	334	WWW.STUDIOTANCAP ASJA.PL	KOSZALIN	POL	M40-49	7	M 15	00:06:16	00:12:56	00:19:40	00:26:27	00:33:09	00:39:43.10	00:39:46.90	3:58	15.1
16	LEWANDOWSKI JACEK	248	TAPETY KOSZALIN MONIUSZKI	STARY BOREK	POL	M40-49	8	M 16	00:06:23	00:13:02	00:19:46	00:26:33	00:33:21	00:39:56.90	00:40:01.75	3:59	15
17	BIEDRZYCKI KRZYSZTOF	165		KOŁOBRZEG	POL	M40-49	9	M 17	00:06:26	00:13:08	00:19:49	00:26:36	00:33:26	00:39:59.55	00:40:02.80	3:59	15
18	BURDA ROBERT	170	KOSPEL	KOSZALIN	POL	M40-49	10	M 18	00:06:38	00:13:22	00:20:08	00:26:59	00:33:42	00:40:07.05	00:40:11.90	4:00	15
19	GIERLACH JACEK	192	STOPA SŁUPSK	SŁUPSK	POL	M30-39	5	M 19	00:06:11	00:12:55	00:19:51	00:26:55	00:34:07	00:41:03.55	00:41:07.95	4:06	14.6
20	SZYSZKA KONRAD	322	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	M40-49	11	M 20	00:06:31	00:13:28	00:20:30	00:27:30	00:34:31	00:41:20.75	00:41:24.65	4:08	14.5
21	WIECZOREK ŁUKASZ	332	CSSP KOSZALIN	KOSZALIN	POL	M30-39	6	M 21	00:06:38	00:13:37	00:20:34	00:27:38	00:34:42	00:41:27.70	00:41:32.90	4:08	14.5
22	CHABOWSKI WOJCIECH	174	PROFESJONALNI AMATORZY	RĄBINO	POL	M18-29	4	M 22	00:06:11	00:13:20	00:20:41	00:27:44	00:34:43	00:41:29.25	00:41:37.60	4:08	14.5
23	NOWICKI MICHAŁ	274	KB WYGAN	KOŁOBRZEG	POL	M30-39	7	M 23	00:06:52	00:13:40	00:20:32	00:27:31	00:34:36	00:41:33.45	00:41:40.10	4:09	14.4
24	KAWKA ADRIAN	223		SŁUPSK	POL	M30-39	8	M 24	00:06:15	00:13:17	00:20:23	00:27:33	00:34:41	00:41:42.15	00:41:46.55	4:10	14.4
25	KOZIEŁ ADAM	236	PROFESJONALNI AMATORZY	KOSZALIN	POL	M18-29	5	M 25	00:06:25	00:13:19	00:20:27	00:27:42	00:34:56	00:41:51.80	00:41:56.25	4:11	14.3
26	PLUTA KAMIL	4		NIEMICA	POL	M18-29	6	M 26	00:06:46	00:13:52	00:20:57	00:28:02	00:35:12	00:42:02.10	00:42:07.45	4:12	14.3
27	ZWOLIŃSKI JAN	346	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	2	M 27	00:06:45	00:13:46	00:20:52	00:28:04	00:35:13	00:42:16.70	00:42:20.50	4:13	14.2
28	KOZIEŁ PAWEŁ	235	PROFESJONALNI AMATORZY	RĄBINO	POL	M40-49	12	M 28	00:06:38	00:13:45	00:20:58	00:28:09	00:35:25	00:42:22.70	00:42:27.15	4:14	14.2
29	KONKEL AGNIESZKA	228		KOSZALIN	POL	K30-39	1	K 1	00:06:58	00:14:03	00:21:00	00:28:16	00:35:32	00:42:31.50	00:42:37.55	4:15	14.1
30	BARANOWSKI PIOTR	162		KOSZALIN	POL	M40-49	13	M 29	00:06:51	00:13:50	00:20:57	00:28:09	00:35:28	00:42:43.50	00:42:49.00	4:16	14
31	RUBASZNIK RADOSŁAW	296		KOSZALIN	POL	M30-39	9	M 30	00:06:43	00:13:51	00:21:04	00:28:29	00:35:51	00:42:57.60	00:43:05.05	4:17	14
32	URBAŃSKI TOMASZ	327		BIAŁOGARD	POL	M40-49	14	M 31	00:07:07	00:14:09	00:21:23	00:28:35	00:35:49	00:42:58.65	00:43:10.20	4:17	14

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
136	ROMANOWICZ MONIKA	293	DZIKIE ŻÓŁWIE	KOSZALIN	POL	K30-39	14	K 22	00:08:48	00:18:03	00:27:28	00:36:59	00:46:04	00:54:37.70	00:54:55.55	5:27	11
137	SUCHODOLSKA ALEKSANDRA	316		ROSNOWO	POL	K30-39	15	K 23	00:09:08	00:18:18	00:27:32	00:36:59	00:46:04	00:54:38.45	00:54:55.45	5:27	11
138	KEŚIK MICHAŁ	226	ZDARTE PODESZWY	KOSZALIN	POL	M40-49	50	M 115	00:08:59	00:18:13	00:27:27	00:36:57	00:46:02	00:54:38.90	00:54:58.90	5:27	11
139	JASIENIECKI PIOTR	213	KP ZEFIR WYSZEWO	KOSZALIN	POL	M50-59	11	M 116	00:09:08	00:18:06	00:27:23	00:36:36	00:45:58	00:54:49.30	00:55:04.70	5:28	10.9
140	CHRUŚLAK DAWID	175		NOWOGARD	POL	M30-39	34	M 117	00:08:30	00:17:33	00:26:41	00:35:59	00:45:27	00:54:50.10	00:55:02.05	5:29	10.9
141	SZUDERA KAMILA	320		SZCZECIN	POL	K30-39	16	K 24	00:08:59	00:18:15	00:27:33	00:36:51	00:46:08	00:55:13.85	00:55:21.70	5:31	10.9
142	CIECHAŃSKI MICHAŁ	177	1979	ZAJĄCZKOWO	POL	M40-49	51	M 118	00:08:58	00:18:13	00:27:28	00:37:01	00:46:14	00:55:31.80	00:55:49.45	5:33	10.8
143	KARNICKI ZYGMUNT	221	TKKF KOSZALIN	KOSZALIN	POL	M60-69	6	M 119	00:08:29	00:17:35	00:27:03	00:36:38	00:46:28	00:55:45.65	00:55:53.40	5:34	10.8
144	MAJ AGNIESZKA	256		SŁAWNO	POL	K40-49	6	K 25	00:08:59	00:18:11	00:27:33	00:36:57	00:46:28	00:55:51.65	00:56:02.45	5:35	10.7
145	WOLF BEATA	9	TKKF KOSZALIN	KOSZALIN	POL	K40-49	7	K 26	00:08:39	00:18:13	00:27:45	00:37:15	00:46:42	00:56:09.50	00:56:21.75	5:36	10.7
146	HELLER ZDZISŁAW	205	HERMARATONOW.PL	KOSZALIN	POL	M60-69	7	M 120	00:09:02	00:18:29	00:27:53	00:37:17	00:46:48	00:56:16.25	00:56:30.90	5:37	10.7
147	BORYS JUSTYNA	167	JEDWABIŚCI	KOSZALIN	POL	K30-39	17	K 27	00:09:10	00:18:35	00:28:00	00:37:24	00:46:55	00:56:22.95	00:56:30.85	5:38	10.6
148	NOWAK ANIA	273	JEDWABIŚCI	KOSZALIN	POL	K40-49	8	K 28	00:09:10	00:18:35	00:27:59	00:37:24	00:46:55	00:56:23.25	00:56:30.85	5:38	10.6
149	PISKÓRZ JUSTYNA	286		ROSNOWO	POL	K30-39	18	K 29	00:09:24	00:18:36	00:28:09	00:37:52	00:47:19	00:56:31.30	00:56:48.60	5:39	10.6
150	MICHALUK AMADEUSZ	263	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-29	17	M 121	00:08:25	00:17:11	00:26:20	00:36:52	00:45:43	00:56:43.65	00:56:47.80	5:40	10.6
151	WESOŁOWSKI ŁUKASZ	331	KOSZALIN	KOSZALIN	POL	M30-39	35	M 122	00:08:46	00:18:21	00:28:07	00:37:59	00:47:45	00:56:48.40	00:56:56.75	5:40	10.6
152	MICHALAK MICHAŁ	260	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-29	18	M 123	00:08:19	00:17:45	00:27:58	00:38:12	00:47:59	00:57:04.25	00:57:08.15	5:42	10.5
153	SADOWSKA JUSTYNA	302		MANOWO	POL	K30-39	19	K 30	00:08:46	00:18:21	00:28:08	00:38:00	00:47:46	00:57:07.95	00:57:16.45	5:42	10.5
154	POŁOZCZAŃSKI PIOTR	287	SZWAGRY BIEGAJĄ	KOSZALIN	POL	M30-39	36	M 124	00:08:21	00:17:10	00:27:30	00:38:02	00:48:06	00:57:11.30	00:57:25.80	5:43	10.5
155	SZMYT MARCIN	319		KOSZALIN	POL	M30-39	37	M 125	00:08:21	00:17:11	00:27:31	00:38:02	00:48:06	00:57:11.35	00:57:25.60	5:43	10.5
156	DORAWA-ZIOMEK ANNA	185	DZIKIE ŻÓŁWIE	KOSZALIN	POL	K30-39	20	K 31	00:09:54	00:19:56	00:29:56	00:39:15	00:48:46	00:57:46.90	00:58:03.90	5:46	10.4
157	MALINOWSKA-BURDA ALEKSANDRA	257		KOSZALIN	POL	K30-39	21	K 32	00:08:53	00:18:24	00:28:16	00:38:16	00:48:19	00:57:55.55	00:58:06.85	5:47	10.4
158	PIETRZYK RAFAŁ	284		KALISZ POMORSKI	POL	M30-39	38	M 126	00:08:51	00:18:15	00:28:01	00:38:01	00:48:11	00:58:16.65	00:58:29.40	5:49	10.3
159	MITUNIEWICZ RENATA	264		KOSZALIN	POL	K50-59	2	K 33	00:09:22	00:18:59	00:29:03	00:39:02	00:49:21	00:59:18.65	00:59:37.20	5:55	10.1
160	TREJDER MARIA	326	BAJADERKI KOSZALIN	KOSZALIN	POL	K40-49	9	K 34	00:09:45	00:19:33	00:29:32	00:39:35	00:49:39	00:59:36.95	00:59:50.90	5:57	10.1
161	KSIĄŻEK TERESA	241	1960	ZŁOCIENIEC	POL	K60+	2	K 35	00:09:41	00:19:32	00:29:34	00:39:49	00:50:18	01:00:25.55	01:00:39.55	6:02	9.9
162	BORKOWSKA ALICJA	166		ZŁOCIENIEC	POL	K40-49	10	K 36	00:09:43	00:19:33	00:29:35	00:39:51	00:50:18	01:00:25.55	01:00:39.50	6:02	9.9
163	RADOMSKA KATARZYNA	290		SZCZECINEK	POL	K18-29	2	K 37	00:08:26	00:18:03	00:28:19	00:38:57	00:49:44	01:00:38.25	01:00:46.10	6:03	9.9
164	MARTYNIUK MICHAŁ	258		MANOWO	POL	M18-29	19	M 127	00:09:25	00:19:00	00:29:15	00:39:50	00:50:32	01:00:46.75	01:01:02.55	6:04	9.9
165	WACHHOLZ BEATA	329	KB BRYZA POSTOMINO	SŁAWNO	POL	K50-59	3	K 38	00:09:37	00:19:36	00:29:49	00:40:12	00:50:49	01:01:11.70	01:01:24.80	6:07	9.8
166	KOPEĆ MAGDALENA	230		KOŁOBRZEG	POL	K40-49	11	K 39	00:09:47	00:19:56	00:30:09	00:40:40	00:51:05	01:01:16.35	01:01:28.10	6:07	9.8
167	JEWUŁA AGATA	215	DRUŻYNA SZPIKU	KOSZALIN	POL	K30-39	22	K 40	00:09:47	00:19:56	00:30:09	00:40:40	00:51:05	01:01:16.50	01:01:28.25	6:07	9.8
168	KRAWCZUK ALEKSANDRA	239		GLEŻNOWO	POL	K30-39	23	K 41	00:09:59	00:20:10	00:30:31	00:41:10	00:51:59	01:02:15.95	01:02:32.30	6:13	9.6
169	NEUBAUER ADRIANNA	270		KOSZALIN	POL	K40-49	12	K 42	00:09:56	00:20:07	00:30:14	00:40:45	00:51:36	01:02:24.85	01:02:34.75	6:14	9.6
170	ŻERAŃSKA IWONA	47		KOSZALIN	POL	K18-29	3	K 43	00:10:05	00:20:13	00:30:31	00:41:01	00:51:50	01:02:26.65	01:02:36.45	6:14	9.6
171	ROGUCKA-KOPIJ KLAUDIA	48		KOSZALIN	POL	K18-29	4	K 44	00:10:06	00:20:13	00:30:31	00:41:01	00:51:51	01:02:27.15	01:02:36.55	6:14	9.6
172	HARASYM DANIEL	203	FUNDACJA ZASTOPIJ	SIANÓW	POL	M40-49	52	M 128	00:09:33	00:19:30	00:29:58	00:41:01	00:51:58	01:02:36.60	01:02:53.05	6:15	9.6
173	KAPCIO MICHAŁ	220	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-29	20	M 129	00:08:01	00:19:35	00:30:21	00:40:51	00:52:07	01:02:50.95	01:02:54.75	6:17	9.5
174	ZAKOŚCIELNA KATARZYNA	341	DZIKIE ŻÓŁWIE	KOSZALIN	POL	K30-39	24	K 45	00:09:55	00:19:57	00:29:57	00:40:38	00:51:54	01:03:03.60	01:03:20.55	6:18	9.5
175	PEŁKA IWONA	281		KOSZALIN	POL	K50-59	4	K 46	00:10:51	00:21:47	00:32:51	00:44:15	00:55:25	01:06:00.95	01:06:14.30	6:36	9.1
176	OLCZYKOWSKI BARTOSZ	275		DĄBKI	POL	M40-49	53	M 130	00:10:11	00:20:54	00:32:03	00:43:27	00:55:15	01:06:48.20	01:07:06.25	6:40	9
177	GRABSKA NATALIA	197		KISZKOWO	POL	K18-29	5	K 47	00:10:25	00:21:55	00:33:42	00:46:11	00:58:38	01:11:38.55	01:11:48.15	7:09	8.4
178	STRUSIŃSKA PAULINA	314		KOSZALIN	POL	K18-29	6	K 48	00:09:46	00:20:16	00:31:40	00:43:11	00:54:51			6:36	9.1
179	HEDDERGOTT KATARZYNA	204		KOSZALIN	POL	K40-49	13	K 49	00:10:30	00:21:53	00:33:28	00:45:18	00:57:31			6:55	8.7
180	RYHANYCZ PAWEŁ	300		KOSZALIN	POL	M40-49	54	M 131	00:10:30	00:21:53	00:33:28	00:45:18	00:57:31			6:55	8.7