

SGS LIGHT PÓLMARATON 23KM

Organizator: Fundacja Maratony Górskie
Data: 2020-06-28
Miejsce: Karlów
Dystans: 23 km
Klasyfikacja wg czasów netto.



SGS LIGHT PÓLMARATON 23KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|---|------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | BRYDL PAVEL | 201 | SALOMON CZ/WILLA SPA SCALIANO | TRUTNOV | CZE | M-40 | 1 | M 1 | 01:05:06 | 01:57:16.85 | 4:58 | 12.1 |
| 2 | KLIMCZAK MIKOŁAJ | 330 | PRZEDWOJEWSKI MOUNTAIN TEAM | WROCLAW | POL | M-20 | 1 | M 2 | 01:07:31 | 02:00:38.20 | 5:06 | 11.7 |
| 3 | NORBERT MICHAŁ | 1 | KB SOBÓTKA | ŚWIDNICA | POL | M-30 | 1 | M 3 | 01:11:00 | 02:06:04.75 | 5:20 | 11.2 |
| 4 | KRUPA MARCIN | 2 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 2 | M 4 | 01:13:40 | 02:15:47.95 | 5:45 | 10.4 |
| 5 | KWARTA MACIEJ | 460 | 1BPANC K\$M | WARSZAWA | POL | M-30 | 2 | M 5 | 01:12:52 | 02:17:38.30 | 5:49 | 10.3 |
| 6 | KMIECIK TOMASZ | 379 | | ŁĘŻYCE | POL | M-40 | 3 | M 6 | 01:18:07 | 02:18:06.75 | 5:51 | 10.3 |
| 7 | KOZIEŁ TOMASZ | 260 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 7 | 01:16:52 | 02:19:43.10 | 5:55 | 10.1 |
| 8 | ZATOŃ CEZARY | 73 | TRIACTIV RIDLEY | WROCLAW | POL | M-30 | 3 | M 8 | 01:21:06 | 02:25:03.55 | 6:08 | 9.8 |
| 9 | BALWIERCZAK PIOTR | 91 | NIGHT RUNNERS WROCLAW / RATEMYTRAIL.COM | WROCLAW | POL | M-30 | 4 | M 9 | 01:21:23 | 02:25:06.10 | 6:08 | 9.8 |
| 10 | KARWACKI MACIEJ | 407 | | KAMIENNA GÓRA | POL | M-20 | 2 | M 10 | 01:19:04 | 02:27:00.30 | 6:13 | 9.6 |
| 11 | ZAKOWICZ PAWEŁ | 389 | | HALINÓW | POL | M-30 | 5 | M 11 | 01:24:34 | 02:27:25.10 | 6:14 | 9.6 |
| 12 | WIŚNIEWSKI PAWEŁ | 465 | KARKONOSZ RUNNING TEAM . | JELENIA GÓRA | POL | M-30 | 6 | M 12 | 01:19:00 | 02:27:48.60 | 6:15 | 9.6 |
| 13 | SZCZĘŚNIAK PIOTR | 533 | GVT | STRZELIN | POL | M-40 | 5 | M 13 | 01:19:22 | 02:28:37.15 | 6:17 | 9.5 |
| 14 | PRZYBYSZEWSKI ŁUKASZ | 375 | | BIELAWA | POL | M-30 | 7 | M 14 | 01:22:56 | 02:29:57.95 | 6:21 | 9.4 |
| 15 | NEHRING KAROL | 394 | | SULEJÓWEK | POL | M-20 | 3 | M 15 | 01:24:40 | 02:30:58.55 | 6:23 | 9.4 |
| 16 | GORCZYŃSKI NORBERT | 215 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 4 | M 16 | 01:21:13 | 02:31:06.45 | 6:24 | 9.4 |
| 17 | FALANA SEBASTIAN | 270 | | WARSZAWA | POL | M-30 | 8 | M 17 | 01:18:46 | 02:31:07.40 | 6:24 | 9.4 |
| 18 | KOKOCIŃSKI DARIUSZ | 497 | | GDAŃSK | POL | M-40 | 6 | M 18 | 01:24:07 | 02:31:32.40 | 6:25 | 9.3 |
| 19 | KINAL PIOTR | 486 | | KŁODZKO | POL | M-40 | 7 | M 19 | 01:23:27 | 02:31:32.80 | 6:25 | 9.3 |
| 20 | STANKIEWICZ TOMASZ | 121 | PLANYBIEGOWE.PL | SREBRNA GÓRA | POL | M-30 | 9 | M 20 | 01:23:06 | 02:31:42.15 | 6:25 | 9.3 |
| 21 | ŁĄTKA PIOTR | 100 | | OBORNIKI ŚLĄSKIE | GBR | M-30 | 10 | M 21 | 01:23:29 | 02:32:26.15 | 6:27 | 9.3 |
| 22 | GŁÓD MATEUSZ | 78 | | WROCLAW | POL | M-40 | 8 | M 22 | 01:25:14 | 02:32:50.60 | 6:28 | 9.3 |
| 23 | NIEZGÓDKA TOMASZ | 537 | ZĄŁOGA GÓRSKA | WROCLAW | POL | M-50 | 1 | M 23 | 01:25:22 | 02:33:21.10 | 6:29 | 9.2 |
| 24 | SWORSKI ROMAN | 508 | KASTYO / VEGE RUNNERS | ŁÓDŹ | POL | M-30 | 11 | M 24 | 01:23:31 | 02:33:30.20 | 6:30 | 9.2 |
| 25 | KORCZ DANIEL | 470 | | JAWORZNO | POL | M-40 | 9 | M 25 | 01:25:40 | 02:33:41.20 | 6:30 | 9.2 |
| 26 | FRANCZAK MARIUSZ | 502 | DTR BIEGA / MARIO TEAM | TRZEBNICA | POL | M-40 | 10 | M 26 | 01:23:48 | 02:33:45.75 | 6:30 | 9.2 |
| 27 | MAJCHRZAK MACIEJ | 10 | | WROCLAW | POL | M-30 | 12 | M 27 | 01:27:12 | 02:35:27.85 | 6:35 | 9.1 |
| 28 | TRZECIAKIEWICZ MIECZYŚLAW | 68 | MLKS RADKÓW | MYSŁOWICE | POL | M-50 | 2 | M 28 | 01:25:59 | 02:36:06.80 | 6:36 | 9.1 |
| 29 | KUBICKI MARIUSZ | 44 | | KLUCZBORK | POL | M-40 | 11 | M 29 | 01:26:28 | 02:36:48.30 | 6:38 | 9 |
| 30 | CYRAN PIOTR | 288 | | NYSA | POL | M-30 | 13 | M 30 | 01:24:57 | 02:37:15.25 | 6:39 | 9 |
| 31 | ŻURAWSKI KAMIL | 75 | ENTRE.PL TEAM | WARSZAWA | POL | M-20 | 5 | M 31 | 01:24:55 | 02:37:58.85 | 6:41 | 9 |
| 32 | KULIK IWONA | 439 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-20 | 1 | K 1 | 01:28:16 | 02:38:06.35 | 6:41 | 9 |
| 33 | PIETRZAK DANIEL | 518 | DOGOŃ GRODZISK MAZOWIECKI | PRUSZKÓW | POL | M-30 | 14 | M 32 | 01:31:27 | 02:38:35.35 | 6:43 | 8.9 |
| 34 | NOWACKI MATEUSZ | 479 | | STRONIE ŚLĄSKIE | POL | M-30 | 15 | M 33 | 01:27:24 | 02:38:56.10 | 6:44 | 8.9 |
| 35 | STARUCH ROBERT | 117 | | KUDOWA-ZDROJ | POL | M-30 | 16 | M 34 | 01:28:23 | 02:39:01.30 | 6:44 | 8.9 |
| 36 | BRONISZEWSKI ŁUKASZ | 443 | POWER TRAINING | WARSZAWA | POL | M-30 | 17 | M 35 | 01:28:53 | 02:39:22.95 | 6:45 | 8.9 |
| 37 | PEONOWSKI MACIEJ | 189 | | WROCLAW | POL | M-30 | 18 | M 36 | 01:26:33 | 02:41:04.10 | 6:49 | 8.8 |
| 38 | GRAD ADAM | 257 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-30 | 19 | M 37 | 01:33:22 | 02:41:20.00 | 6:50 | 8.8 |
| 39 | MEZYŃSKI SZYMON | 296 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 6 | M 38 | 01:26:22 | 02:41:40.60 | 6:51 | 8.8 |
| 40 | NAWROT WOJCIECH NAWROT | 4 | | WROCLAW | POL | M-30 | 20 | M 39 | 01:31:41 | 02:41:44.40 | 6:51 | 8.8 |
| 41 | BEKAS MARCIN | 424 | | KRAKÓW | POL | M-40 | 12 | M 40 | 01:31:09 | 02:42:07.80 | 6:52 | 8.7 |
| 42 | BOSAKIEWICZ TOMASZ | 47 | OLAWS | ZŁOTORYJA | POL | M-30 | 21 | M 41 | 01:29:41 | 02:42:47.75 | 6:53 | 8.7 |
| 43 | PIKOS PATRYK | 127 | | POLSKA NOWA WIEŚ | POL | M-30 | 22 | M 42 | 01:27:54 | 02:43:14.05 | 6:55 | 8.7 |
| 44 | OSICKI DAWID | 520 | | LUBAWA | POL | M-20 | 7 | M 43 | 01:27:40 | 02:43:21.65 | 6:55 | 8.7 |
| 45 | HOJĄ JOANNA | 491 | ALPIN SPORT HOKA ONE ONE TEAM | WAŁBRZYCH | POL | K-30 | 1 | K 2 | 01:29:19 | 02:43:25.10 | 6:55 | 8.7 |
| 46 | GILEWSKI ARTUR | 453 | | KUDOWA ZDRÓJ | POL | M-40 | 13 | M 44 | 01:31:31 | 02:43:50.10 | 6:56 | 8.6 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|-------------------------------------|--------------|------|------|--------|------|----------|-------------|--------|------|
| 47 | KUJDA ARKADIUSZ | 473 | 1 BRYGADA LOGISTYCZNA | OSIELSKO | POL | M-40 | 14 | M 45 | 01:30:36 | 02:44:19.40 | 6:57 | 8.6 |
| 48 | WRÓBLEWSKI KONRAD | 469 | | WARSZAWA | POL | M-40 | 15 | M 46 | 01:30:37 | 02:44:23.20 | 6:57 | 8.6 |
| 49 | BRZOZOWSKI FILIP | 471 | SPARTA RUNNERS | ZALASEWO | POL | M-30 | 23 | M 47 | 01:22:10 | 02:45:17.00 | 7:00 | 8.6 |
| 50 | KRZYSZTOFIK PIOTR | 205 | CROSSFIT ETERNIA | MALIN | POL | M-40 | 16 | M 48 | 01:31:24 | 02:45:19.10 | 7:00 | 8.6 |
| 51 | WINIECKI TOMASZ | 244 | | WŁOCLAWEK | POL | M-40 | 17 | M 49 | 01:31:20 | 02:45:30.45 | 7:00 | 8.6 |
| 52 | KOPCZYŃSKI ŁUKASZ | 511 | K-TEAM | WROCLAW | POL | M-30 | 24 | M 50 | 01:28:29 | 02:45:51.00 | 7:01 | 8.5 |
| 53 | TOMCZAK KRYSZTIAN | 435 | | POZNAŃ | POL | M-20 | 8 | M 51 | 01:31:52 | 02:46:44.00 | 7:03 | 8.5 |
| 54 | NOWACKA MARLENA | 538 | | PIASKI | POL | K-40 | 1 | K 3 | 01:32:23 | 02:46:52.95 | 7:04 | 8.5 |
| 55 | KUKUC - KWAPISZEWSKA ANNA | 369 | | ELBLĄG | POL | K-40 | 2 | K 4 | 01:32:21 | 02:47:56.10 | 7:06 | 8.4 |
| 56 | KOTYRBA TOMASZ | 284 | K_T_R_B | KATOWICE | POL | M-30 | 25 | M 52 | 01:33:18 | 02:48:12.60 | 7:07 | 8.4 |
| 57 | ŚWIĄTEK JULIA | 456 | IMMABEE | CHYBY | POL | K-30 | 2 | K 5 | 01:32:25 | 02:48:14.00 | 7:07 | 8.4 |
| 58 | WOJTIS ARKADIUSZ | 258 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-40 | 18 | M 53 | 01:32:07 | 02:48:24.40 | 7:08 | 8.4 |
| 59 | WIERZBICKI WITOLD | 500 | | WROCLAW | POL | M-30 | 26 | M 54 | 01:29:40 | 02:48:44.95 | 7:09 | 8.4 |
| 60 | MAJCHRZAK MARCIN | 484 | DELOITTE ADVENTURE TEAM | SWARZEDZ | POL | M-40 | 19 | M 55 | 01:29:28 | 02:49:26.35 | 7:10 | 8.4 |
| 61 | OLKIS RAFAŁ | 345 | RMT TEAM / RATEMYTRAIL.COM | WROCLAW | POL | M-30 | 27 | M 56 | 01:28:21 | 02:49:33.65 | 7:11 | 8.4 |
| 62 | MICHAŁKIEWICZ WOJCIECH | 403 | AKADEMIA WOJSK ŁĄDOWYCH | WROCLAW | POL | M-50 | 3 | M 57 | 01:31:58 | 02:49:53.75 | 7:11 | 8.3 |
| 63 | LUBAŃSKI ROBERT | 481 | | BUKOWICE | POL | M-50 | 4 | M 58 | 01:31:46 | 02:49:56.70 | 7:12 | 8.3 |
| 64 | GRZĄBA SZYMON | 107 | | MIKOŁÓW | POL | M-40 | 20 | M 59 | 01:31:00 | 02:50:14.65 | 7:12 | 8.3 |
| 65 | KOLEŚNIK KAMIL | 240 | | GŁĘBOWICE | POL | M-30 | 28 | M 60 | 01:35:12 | 02:50:39.05 | 7:13 | 8.3 |
| 66 | GÓRKA ARKADIUSZ | 150 | | WARSZAWA | POL | M-20 | 9 | M 61 | 01:33:33 | 02:50:52.50 | 7:14 | 8.3 |
| 67 | OPAŁKA DAMIAN | 129 | MYRACE | WARSZAWA | POL | M-30 | 29 | M 62 | 01:27:10 | 02:51:13.00 | 7:15 | 8.3 |
| 68 | BRUS MARCIN | 22 | | WARSZAWA | POL | M-40 | 21 | M 63 | 01:32:42 | 02:51:21.10 | 7:15 | 8.3 |
| 69 | KRAJKA JAROSŁAW | 342 | UMCS BIEGA | LUBLIN | POL | M-40 | 22 | M 64 | 01:34:42 | 02:52:15.65 | 7:17 | 8.2 |
| 70 | BRODA DOMINIK | 455 | | WROCLAW | POL | M-30 | 30 | M 65 | 01:32:15 | 02:52:25.80 | 7:18 | 8.2 |
| 71 | BIAŁOŁOCKA ALICJA | 19 | | WROCLAW | POL | K-30 | 3 | K 6 | 01:31:48 | 02:52:34.45 | 7:18 | 8.2 |
| 72 | ZAWADA MICHAŁ | 398 | SPRYTNE WIEWIÓRKI | TORUN | POL | M-40 | 23 | M 66 | 01:34:09 | 02:52:34.55 | 7:18 | 8.2 |
| 73 | WIERZCHOWSKA IZABELA | 335 | BASTER TEAM | KALISZ | POL | K-30 | 4 | K 7 | 01:32:47 | 02:53:03.40 | 7:19 | 8.2 |
| 74 | KARATKÓW EWA | 462 | | RADKÓW | POL | K-40 | 3 | K 8 | 01:32:52 | 02:53:55.95 | 7:22 | 8.1 |
| 75 | ZIELIŃSKI DOMINIK | 466 | | ŚREM | POL | M-30 | 31 | M 67 | 01:33:18 | 02:54:05.85 | 7:22 | 8.1 |
| 76 | SWORNOWSKA ANNA | 84 | | POZNAŃ | POL | K-20 | 2 | K 9 | 01:35:33 | 02:54:43.30 | 7:24 | 8.1 |
| 77 | GONCZAR SZYMON | 411 | | RYBNIK | POL | M-30 | 32 | M 68 | | 02:54:49.00 | 7:24 | 8.1 |
| 78 | SZARANIEC SEBASTIAN | 410 | T-MOBILE SPORT TEAM | WARSZAWA | POL | M-40 | 24 | M 69 | 01:33:40 | 02:55:11.90 | 7:25 | 8.1 |
| 79 | PIECUCH KAROLINA | 46 | LACHO TEAM | PRZEWORSK | POL | K-30 | 5 | K 10 | 01:37:16 | 02:55:44.75 | 7:26 | 8.1 |
| 80 | ŚLEZIAK JAROSŁAW | 489 | RUNNING MATNER TEAM | ZŁOTY STOK | POL | M-40 | 25 | M 70 | 01:29:12 | 02:55:59.45 | 7:27 | 8 |
| 81 | NARUCKI WOJCIECH | 184 | | WARZENKO | POL | M-40 | 26 | M 71 | 01:39:19 | 02:56:02.40 | 7:27 | 8 |
| 82 | PAŻUCHA WOJCIECH | 354 | ACID MANIAXXX | LUSÓWKO | POL | M-40 | 27 | M 72 | 01:35:01 | 02:56:34.15 | 7:28 | 8 |
| 83 | GROCHECKA JOANNA | 86 | | MIKOŁÓW | POL | K-30 | 6 | K 11 | 01:37:14 | 02:56:41.95 | 7:29 | 8 |
| 84 | RATYMIRSKI WOJCIECH | 463 | #SOBASTEAM | WROCLAW | POL | M-40 | 28 | M 73 | 01:33:56 | 02:56:45.45 | 7:29 | 8 |
| 85 | HACUŚ TOMASZ | 110 | | WROCLAW | POL | M-40 | 29 | M 74 | 01:38:52 | 02:57:26.30 | 7:31 | 8 |
| 86 | BIŁAN PAWEŁ | 283 | | GUBIN | POL | M-40 | 30 | M 75 | 01:30:51 | 02:58:04.70 | 7:32 | 8 |
| 87 | SURGIENIEWICZ MARCIN | 130 | DZIKI WORKOUT CZARNY BÓR | CZARNY BÓR | POL | M-40 | 31 | M 76 | 01:36:59 | 02:59:14.35 | 7:35 | 7.9 |
| 88 | SUCHOWIECKI WOJCIECH | 147 | ORTOEYETEAM | STAWIGUDA | POL | M-40 | 32 | M 77 | 01:34:25 | 02:59:22.10 | 7:36 | 7.9 |
| 89 | ANDRZEJEWSKI PRZEMYSŁAW | 76 | WK POZNAŃ | POZNAŃ | POL | M-40 | 33 | M 78 | 01:36:11 | 03:00:04.15 | 7:37 | 7.9 |
| 90 | KANCERSKI KRZYSZTOF | 326 | | ŁÓDŹ | POL | M-50 | 5 | M 79 | 01:37:45 | 03:00:36.70 | 7:39 | 7.8 |
| 91 | SALWA EMIL | 514 | | ZAWONIA | POL | M-30 | 33 | M 80 | 01:37:16 | 03:01:01.25 | 7:40 | 7.8 |
| 92 | ŁASKOWSKA MARZENA | 24 | WKURW_TEAM | OLECKO | POL | K-40 | 4 | K 12 | 01:41:17 | 03:01:02.75 | 7:40 | 7.8 |
| 93 | JĘZEWSKI SŁAWOMIR | 344 | GRZMOT KOMORNIKI | ROSNOŃKO | POL | M-40 | 34 | M 81 | 01:38:47 | 03:01:26.25 | 7:41 | 7.8 |
| 94 | BIECUSZEK TOMASZ | 457 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 35 | M 82 | 01:35:56 | 03:01:56.05 | 7:42 | 7.8 |
| 95 | WITKOWSKI MIKOŁAJ | 120 | | PRUSZKÓW | POL | M-20 | 10 | M 83 | 01:37:56 | 03:02:27.10 | 7:43 | 7.8 |
| 96 | JAWORSKA MAGDALENA | 224 | GB WIELKOPOLSCY BIEGACZE / TEAM KGB | POZNAŃ | POL | K-40 | 5 | K 13 | 01:40:55 | 03:02:28.80 | 7:43 | 7.8 |
| 97 | MARUSZAK DAREK | 216 | DOGOŃ GRODZISK MAZOWIECKI | JAKTORÓW | POL | M-40 | 36 | M 84 | 01:41:41 | 03:03:01.60 | 7:45 | 7.7 |
| 98 | ŁĄZNIEWSKI DARIUSZ | 101 | OLSZYNA BIEGA | WYSOKA | POL | M-30 | 34 | M 85 | 01:39:00 | 03:03:21.95 | 7:46 | 7.7 |
| 99 | TRELA JACEK | 228 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | M-60 | 1 | M 86 | 01:42:02 | 03:03:36.25 | 7:46 | 7.7 |
| 100 | LAZAROWICZ KRZYSZTOF | 65 | | PACZKÓW | POL | M-30 | 35 | M 87 | 01:39:46 | 03:04:06.20 | 7:48 | 7.7 |
| 101 | BRONCZAK TOMASZ | 64 | | ZBĄSZYŃ | POL | M-40 | 37 | M 88 | 01:41:47 | 03:05:53.45 | 7:52 | 7.6 |
| 102 | CZAJKOWSKA SYLWIA | 142 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | K-40 | 6 | K 14 | 01:38:10 | 03:06:11.50 | 7:53 | 7.6 |
| 103 | BOĆKO EWA | 33 | DTR BIEGA/MARIO TEAM | TRZEBNICA | POL | K-30 | 7 | K 15 | 01:40:51 | 03:06:25.30 | 7:53 | 7.6 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|------------------------|-----|---------------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 104 | ZATOŃ ADRIAN | 81 | | WROCLAW | POL | M-40 | 38 | M 89 | 01:43:27 | 03:06:32.00 | 7:54 | 7.6 |
| 105 | TATKA MARCIN | 526 | | WOJBÓRZ | POL | M-40 | 39 | M 90 | 01:41:25 | 03:06:33.50 | 7:54 | 7.6 |
| 106 | KOZŁOWSKA IWONA | 488 | LESZNO LIMITS RUNNERS | LESZNO | POL | K-40 | 7 | K 16 | 01:43:05 | 03:07:00.35 | 7:55 | 7.6 |
| 107 | GAJEWSKI JACEK | 377 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-40 | 40 | M 91 | 01:42:22 | 03:07:12.35 | 7:55 | 7.6 |
| 108 | LASZEWSKI MATEUSZ | 467 | | DUSZNIKI ZDRÓJ | POL | M-20 | 11 | M 92 | 01:37:45 | 03:07:34.95 | 7:56 | 7.5 |
| 109 | CHMURA JAROSŁAW | 393 | | RASZKÓW | POL | M-40 | 41 | M 93 | 01:41:51 | 03:08:02.75 | 7:58 | 7.5 |
| 110 | MÓLL MATEUSZ | 11 | | WROCLAW | POL | M-20 | 12 | M 94 | 01:30:32 | 03:08:25.95 | 7:59 | 7.5 |
| 111 | GŁUCHY MAREK | 322 | OBORNICKI KLUB LEKKOATLETYCZNY | OBORNICKI | POL | M-30 | 36 | M 95 | 01:42:21 | 03:08:34.85 | 7:59 | 7.5 |
| 112 | MIĘSOWICZ MIROSLAW | 301 | | WARSZAWA | POL | M-30 | 37 | M 96 | 01:40:32 | 03:09:10.65 | 8:00 | 7.5 |
| 113 | JABŁOŃSKA DOROTA | 163 | OUTDOOR TRAINING | BIALYSTOK | POL | K-20 | 3 | K 17 | 01:44:35 | 03:10:11.70 | 8:03 | 7.4 |
| 114 | ANDRZEJEWSKI KRYSZTIAN | 308 | MOGILNO TEAM | GĘBICE | POL | M-40 | 42 | M 97 | 01:46:32 | 03:10:22.00 | 8:03 | 7.4 |
| 115 | ROSZCZYK MICHAŁ | 143 | ORTOEYETEAM | BRASWAŁD 22A | POL | M-40 | 43 | M 98 | 01:38:18 | 03:10:56.30 | 8:05 | 7.4 |
| 116 | DOLATA MACIEJ | 83 | | SKÓRZEWO | POL | M-40 | 44 | M 99 | 01:46:53 | 03:11:11.15 | 8:06 | 7.4 |
| 117 | PACIOREK EWA | 513 | | MARKI | POL | K-30 | 8 | K 18 | 01:44:19 | 03:11:21.20 | 8:06 | 7.4 |
| 118 | MARTEKLAS JAN | 139 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | M-30 | 38 | M 100 | 01:43:35 | 03:11:25.05 | 8:06 | 7.4 |
| 119 | GRAD IDALIA | 256 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | K-30 | 9 | K 19 | 01:49:17 | 03:11:47.60 | 8:07 | 7.4 |
| 120 | TOPOROWSKI KAMIL | 85 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | M-30 | 39 | M 101 | 01:43:37 | 03:11:54.55 | 8:07 | 7.4 |
| 121 | STĘPEL MAREK | 442 | GRUPA NOMAX | SIEMIANOWICE ŚLĄSKIE | POL | M-30 | 40 | M 102 | 01:40:40 | 03:12:16.10 | 8:08 | 7.4 |
| 122 | PANKOWSKI JERZY | 324 | | SZCZECIN | POL | M-30 | 41 | M 103 | 01:52:28 | 03:12:50.10 | 8:10 | 7.3 |
| 123 | SZYMAŃSKA BRYGIDA | 279 | STRZEGOMSKA DWUNASTKA | JAROSZÓW | POL | K-30 | 10 | K 20 | 01:46:56 | 03:12:59.95 | 8:10 | 7.3 |
| 124 | DOMAGAŁA GRAŻYNA | 167 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 11 | K 21 | 01:43:37 | 03:13:02.50 | 8:10 | 7.3 |
| 125 | STANKIEWICZ ANNA | 370 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-30 | 12 | K 22 | 01:47:24 | 03:13:14.25 | 8:11 | 7.3 |
| 126 | ČERVENÝ DAVID | 157 | | STÁRKOV | CZE | M-40 | 45 | M 104 | 01:46:11 | 03:13:19.25 | 8:11 | 7.3 |
| 127 | KUCZYŃSKI SZYMON | 429 | ZAWONIA | ZAWONIA | POL | M-40 | 46 | M 105 | 01:43:27 | 03:13:21.95 | 8:11 | 7.3 |
| 128 | BADOWSKI SEBASTIAN | 417 | ZAWONIA TEAM | ZAWONIA | POL | M-40 | 47 | M 106 | 01:43:35 | 03:13:55.90 | 8:13 | 7.3 |
| 129 | WIERZCHOWSKI ADAM | 336 | BASTER TEAM | KALISZ | POL | M-40 | 48 | M 107 | 01:45:40 | 03:15:46.75 | 8:17 | 7.2 |
| 130 | SZAŁ MAŁGORZATA | 161 | TENIS CENTRUM AS | POLANICA ZDRÓJ | POL | K-30 | 13 | K 23 | 01:47:45 | 03:16:05.30 | 8:18 | 7.2 |
| 131 | GNITECKA KATARZYNA | 540 | | KUDOWA ZDRÓJ | POL | K-20 | 4 | K 24 | 01:47:03 | 03:16:10.65 | 8:18 | 7.2 |
| 132 | SOBKOWIAK MARCIN | 454 | | POZNAŃ | POL | M-30 | 42 | M 108 | 01:44:03 | 03:16:15.05 | 8:18 | 7.2 |
| 133 | GÓRKA PIOTR | 259 | | ZASAŃ | POL | M-30 | 43 | M 109 | 01:47:46 | 03:17:20.70 | 8:21 | 7.2 |
| 134 | KAPAŁKA ADRIAN | 382 | NATALIA TOMASIAK GÓRSKI STYL | MIKOŁÓW | POL | M-40 | 49 | M 110 | 01:48:52 | 03:17:25.70 | 8:21 | 7.2 |
| 135 | DOLIWKA PAWEŁ | 74 | LUBAWA KOCHA BIEGAĆ | LUBAWA | POL | M-40 | 50 | M 111 | 01:44:55 | 03:17:35.45 | 8:22 | 7.2 |
| 136 | SURGIEL DARIUSZ | 123 | | CZESTOCHOWA | POL | M-50 | 6 | M 112 | 01:45:06 | 03:18:26.25 | 8:24 | 7.1 |
| 137 | ULIKOWSKA MARTYNA | 87 | ZAŁOGA GÓRSKA | GOŚCINO | POL | K-20 | 5 | K 25 | 01:49:33 | 03:19:09.50 | 8:26 | 7.1 |
| 138 | BABIŃSKA EWELINA | 77 | | RADKÓW | POL | K-30 | 14 | K 26 | 01:43:57 | 03:19:15.80 | 8:26 | 7.1 |
| 139 | BOCHAN LIDIA | 426 | | PIŁA | POL | K-40 | 8 | K 27 | 01:50:35 | 03:19:16.00 | 8:26 | 7.1 |
| 140 | TRZEPACZ DOROTA | 359 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 9 | K 28 | 01:47:21 | 03:19:20.30 | 8:26 | 7.1 |
| 141 | CHLEWIŃSKI ŁUKASZ | 182 | | STARGARD | POL | M-30 | 44 | M 113 | 01:37:03 | 03:20:21.80 | 8:29 | 7.1 |
| 142 | WIERTEL ŁUKASZ | 430 | DIETETYK ŁUKASZ WIERTEL | KAMIONKI | POL | M-30 | 45 | M 114 | 01:44:49 | 03:21:42.60 | 8:32 | 7 |
| 143 | WIERZBIŃSKA EDYTA | 69 | LATYFUNDYŚCI BIEGAJĄ | PIASECZNO | POL | K-40 | 10 | K 29 | 01:52:04 | 03:22:28.95 | 8:34 | 7 |
| 144 | MARKOWSKI ZBIGNIEW | 124 | BIEGAMDLAZDROWIA.PL | JELENIA GÓRA | POL | M-50 | 7 | M 115 | 01:46:38 | 03:22:53.65 | 8:35 | 7 |
| 145 | SZUBARSKI KRZYSZTOF | 378 | PARKRUN CIESZYN | POGWIZDÓW | POL | M-40 | 51 | M 116 | 01:48:36 | 03:22:56.95 | 8:35 | 7 |
| 146 | ŁASKOWSKI TOMASZ | 13 | WKURW_TEAM | OLECKO | POL | M-50 | 8 | M 117 | 01:47:57 | 03:23:51.90 | 8:38 | 6.9 |
| 147 | WITOR MARCIN | 295 | CZERWONAK BIEGA | POZNAŃ | POL | M-30 | 46 | M 118 | 01:43:39 | 03:24:21.50 | 8:39 | 6.9 |
| 148 | SZMAGIEREWSKI WOJCIECH | 380 | TRENUJZNAMI.PL | WROCLAW | POL | M-50 | 9 | M 119 | 01:48:22 | 03:24:26.80 | 8:39 | 6.9 |
| 149 | GRABIAS-MAZUR KRYSZYNA | 321 | TKKF TRIATHLON DĄBROWA GÓRNICZA | PSARY | POL | K-30 | 15 | K 30 | 01:52:08 | 03:24:56.10 | 8:41 | 6.9 |
| 150 | WALA PATRYK | 536 | BIEG OPOLSKI / ZAŁOGA GÓRSKA | ZABKOWICE SLASKIE | POL | M-20 | 13 | M 120 | 01:51:48 | 03:24:56.55 | 8:41 | 6.9 |
| 151 | PAWIŃSKI ARTUR | 402 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | M-40 | 52 | M 121 | 01:47:17 | 03:24:56.85 | 8:41 | 6.9 |
| 152 | WOLNY MARCIN | 185 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 47 | M 122 | 01:51:04 | 03:25:00.95 | 8:41 | 6.9 |
| 153 | MAKLES PAWEŁ | 217 | BBLGUBIN | GUBIN | POL | M-20 | 14 | M 123 | 01:56:09 | 03:25:10.05 | 8:41 | 6.9 |
| 154 | ŁUĆJANEK JUSTYNA | 464 | KAJATEAM | WARSZAWA | POL | K-30 | 16 | K 31 | 01:53:38 | 03:25:33.05 | 8:42 | 6.9 |
| 155 | BABINEK ADAM | 406 | | GDAŃSK | POL | M-40 | 53 | M 124 | 01:45:48 | 03:25:50.15 | 8:43 | 6.9 |
| 156 | POŁOM RAFAŁ | 289 | NOA | WROCLAW | POL | M-30 | 48 | M 125 | 01:45:43 | 03:25:55.80 | 8:43 | 6.9 |
| 157 | KRUPIEŃCZYK MICHAŁ | 459 | | SZCZECIN | POL | M-30 | 49 | M 126 | 01:49:08 | 03:26:34.95 | 8:45 | 6.9 |
| 158 | GAŚIOROWSKI GRZEGORZ | 306 | ;)) | LEGNICA | POL | M-30 | 50 | M 127 | 01:57:20 | 03:26:55.80 | 8:46 | 6.8 |
| 159 | SZANIEWSKI MIROSLAW | 504 | BIEGAMDLAZDROWIA.PL | JELENIA GÓRA | POL | M-40 | 54 | M 128 | 01:48:37 | 03:27:02.60 | 8:46 | 6.8 |
| 160 | SMUDA RYSZARD | 318 | | TYCHY | POL | M-60 | 2 | M 129 | 01:56:08 | 03:27:17.60 | 8:46 | 6.8 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|------------------------|-----|--------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 161 | WOLSKI KAMIL | 272 | RACEFIGHTER GOSIR DĘBE WIELKIE | DĘBE WIELKIE | POL | M-30 | 51 | M 130 | 01:53:31 | 03:27:19.85 | 8:47 | 6.8 |
| 162 | STEMMACH MARIUSZ | 146 | | SZCZECIN | POL | M-30 | 52 | M 131 | 01:52:16 | 03:28:20.20 | 8:49 | 6.8 |
| 163 | MARCINKIEWICZ JERZY | 367 | ŁEMKO TEAM | ELBLĄG | POL | M-50 | 10 | M 132 | 01:47:13 | 03:28:31.95 | 8:50 | 6.8 |
| 164 | PAŹDZIÓR WOJCIECH | 229 | ACTIVE STRATEGY | WROCŁAW | POL | M-30 | 53 | M 133 | 01:47:21 | 03:28:45.00 | 8:50 | 6.8 |
| 165 | BRUCH KATARZYNA | 384 | | WOŹNIKI | POL | K-30 | 17 | K 32 | 01:53:25 | 03:28:51.05 | 8:50 | 6.8 |
| 166 | DURMAN SŁAWOMIR | 207 | ZW DWKP-W | STARGARD | POL | M-30 | 54 | M 134 | 01:56:07 | 03:29:04.05 | 8:51 | 6.8 |
| 167 | MACIĄG MARIAN | 447 | SZOSZONI | BYDGOSZCZ | POL | M-50 | 11 | M 135 | 01:52:20 | 03:29:24.65 | 8:52 | 6.8 |
| 168 | ŁĄŻEWSKI MARCIN | 452 | | CHWAŁĘCICE | POL | M-40 | 55 | M 136 | 01:57:41 | 03:29:26.10 | 8:52 | 6.8 |
| 169 | ŁĄŻEWSKA SYLWIA | 12 | | CHWAŁĘCICE | POL | K-40 | 11 | K 33 | 01:57:52 | 03:29:36.80 | 8:52 | 6.8 |
| 170 | GAŚSIOROWSKA AGNIESZKA | 368 | EVERRUN | ŁÓDŹ | POL | K-30 | 18 | K 34 | 01:53:12 | 03:30:12.30 | 8:54 | 6.7 |
| 171 | BUSS KONRAD | 35 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 55 | M 137 | 01:59:12 | 03:30:57.40 | 8:56 | 6.7 |
| 172 | BUSS JAKUB | 30 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 56 | M 138 | 01:59:24 | 03:31:04.85 | 8:56 | 6.7 |
| 173 | MARCINKOWSKA JADWIGA | 408 | | ROZGARTY | POL | K-50 | 1 | K 35 | 01:57:52 | 03:31:11.00 | 8:56 | 6.7 |
| 174 | LESZCZYŃSKA WERONIKA | 506 | | DESZCZNO | POL | K-30 | 19 | K 36 | 01:51:50 | 03:31:15.05 | 8:57 | 6.7 |
| 175 | DUDEK PRZEMYSŁAW | 512 | PARKRUN SŁODOWO WŁOCLAWEK | WŁOCLAWEK | POL | M-40 | 57 | M 139 | 01:51:33 | 03:31:19.15 | 8:57 | 6.7 |
| 176 | BUGANIK MAGDALENA | 480 | 23 ŚLAŚKI PUŁK ARTYLERII | OSIECZNICA | POL | K-40 | 12 | K 37 | 01:53:37 | 03:31:23.10 | 8:57 | 6.7 |
| 177 | ŚWITAŁA MARCIN | 300 | KB SPARTAKUS | BEŁCHATÓW | POL | M-40 | 58 | M 140 | 01:52:50 | 03:31:40.80 | 8:58 | 6.7 |
| 178 | BARCZAK TOMASZ | 478 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 59 | M 141 | 01:51:07 | 03:31:54.30 | 8:58 | 6.7 |
| 179 | BARCZAK KATARZYNA | 477 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 13 | K 38 | 01:51:20 | 03:32:01.40 | 8:59 | 6.7 |
| 180 | TOMASZEWSKI WOJCIECH | 458 | | KUDOWA ZDRÓJ | POL | M-20 | 15 | M 142 | 01:56:05 | 03:32:02.95 | 8:59 | 6.7 |
| 181 | KUDŁA JAKUB | 507 | | WROCŁAW | POL | M-30 | 56 | M 143 | 01:51:29 | 03:32:14.10 | 8:59 | 6.7 |
| 182 | PIÓRKO PIOTR | 128 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M-30 | 57 | M 144 | 01:51:52 | 03:32:18.70 | 8:59 | 6.7 |
| 183 | KAPUSCIK JAKUB | 254 | | KATOWICE | POL | M-20 | 16 | M 145 | 02:02:15 | 03:32:33.65 | 9:00 | 6.7 |
| 184 | KUROWSKA MARLENA | 487 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | K-30 | 20 | K 39 | 01:52:20 | 03:32:36.90 | 9:00 | 6.7 |
| 185 | ZĄŃKO RAFAŁ | 169 | | RZESZÓW | POL | M-30 | 58 | M 146 | 01:54:27 | 03:32:39.30 | 9:00 | 6.7 |
| 186 | MHADHBI HATEM | 293 | | WARSZAWA | POL | M-30 | 59 | M 147 | 01:51:23 | 03:32:47.85 | 9:01 | 6.7 |
| 187 | KACZMARZ KATARZYNA | 26 | | KOSZALIN | POL | K-30 | 21 | K 40 | 01:56:55 | 03:33:28.25 | 9:02 | 6.6 |
| 188 | KRAWIEC PIOTR | 181 | KOTWICA BRZEG | ŻŁOBIZNA | POL | M-30 | 60 | M 148 | 01:51:37 | 03:33:46.55 | 9:03 | 6.6 |
| 189 | BARANSKA MONIKA | 425 | | KRAKÓW | POL | K-50 | 2 | K 41 | 01:58:10 | 03:33:59.95 | 9:04 | 6.6 |
| 190 | GABRYSIAK MARIUSZ | 422 | WIELUŃ BIEGA | WIELUŃ | POL | M-40 | 60 | M 149 | 01:51:14 | 03:34:07.55 | 9:04 | 6.6 |
| 191 | GÓRECKI RAFAŁ | 250 | | GDAŃSK | POL | M-40 | 61 | M 150 | 01:54:49 | 03:34:16.55 | 9:04 | 6.6 |
| 192 | ŁUKASZCZYK ŁUKASZ | 198 | 4FITER | POZNAŃ | GBR | M-30 | 61 | M 151 | 01:53:28 | 03:34:20.30 | 9:04 | 6.6 |
| 193 | SZŁOSEK ŁUKASZ | 519 | | SZCZECIN | POL | M-30 | 62 | M 152 | 01:52:26 | 03:34:24.35 | 9:05 | 6.6 |
| 194 | JAGIEŁŁO KONRAD | 476 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 62 | M 153 | 01:48:15 | 03:35:11.00 | 9:07 | 6.6 |
| 195 | JAGIEŁŁO JOANNA | 475 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 14 | K 42 | 01:48:26 | 03:35:18.35 | 9:07 | 6.6 |
| 196 | KARKOSZ AURELIA | 434 | | MIEJSKA GÓRKA | POL | K-30 | 22 | K 43 | 01:57:25 | 03:35:38.60 | 9:08 | 6.6 |
| 197 | KRZEŚNIEWSKI MARCIN | 539 | | SZCZECIN | POL | M-40 | 63 | M 154 | 01:57:03 | 03:35:50.00 | 9:08 | 6.6 |
| 198 | ODZIMKOWSKI MARCIN | 364 | | MROWINY | POL | M-30 | 63 | M 155 | 01:49:48 | 03:35:53.95 | 9:08 | 6.6 |
| 199 | KRZYŻYŃSKA SYLWIA | 505 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 15 | K 44 | 01:59:15 | 03:36:02.85 | 9:09 | 6.6 |
| 200 | MAZUREK MARITA | 361 | | KŁODZKO | POL | K-30 | 23 | K 45 | 01:59:08 | 03:36:08.75 | 9:09 | 6.6 |
| 201 | WĘŻYK KAMILA | 431 | | BEDŃ | POL | K-30 | 24 | K 46 | 01:58:57 | 03:36:09.45 | 9:09 | 6.6 |
| 202 | KAMIŃSKI WIESŁAW | 524 | | WROCŁAW | POL | M-50 | 12 | M 156 | 01:52:02 | 03:36:23.60 | 9:10 | 6.5 |
| 203 | POPEK MACIEJ | 515 | ANETA TEAM | WŁOCLAWEK | POL | M-40 | 64 | M 157 | 01:54:46 | 03:37:10.05 | 9:12 | 6.5 |
| 204 | SIENKIEWICZ PAWEŁ | 521 | DECEPTICON GYM | WARSZAWA | POL | M-40 | 65 | M 158 | 02:00:36 | 03:38:11.25 | 9:14 | 6.5 |
| 205 | KAWA MICHAŁ | 418 | | KRAKÓW | POL | M-30 | 64 | M 159 | 01:55:42 | 03:38:22.00 | 9:15 | 6.5 |
| 206 | CZOSKA PRZEMYSŁAW | 249 | JARBUD | POGÓRZE | POL | M-30 | 65 | M 160 | 01:55:45 | 03:38:25.75 | 9:15 | 6.5 |
| 207 | GÓRNIK JAROSŁAW | 242 | JARBUD | POGÓRZE | POL | M-30 | 66 | M 161 | 01:55:45 | 03:38:30.05 | 9:15 | 6.5 |
| 208 | KARWACKI SZYMON | 334 | | OLSZTYN | POL | M-30 | 67 | M 162 | 01:56:17 | 03:38:57.15 | 9:16 | 6.5 |
| 209 | ŁĘGA WIESŁAW | 421 | K.S. TĘCZA | ŚWIDNICA | POL | M-40 | 66 | M 163 | 01:49:26 | 03:39:42.90 | 9:18 | 6.4 |
| 210 | ROLIŃSKI RADOSŁAW | 29 | | OLEŚNICA | POL | M-40 | 67 | M 164 | 01:54:54 | 03:39:47.80 | 9:18 | 6.4 |
| 211 | SOKÓLSKA KATARZYNA | 166 | OUTDOOR TRAINING | DOBRZYŃ WIEWO DUŻE | POL | K-30 | 25 | K 47 | 01:58:30 | 03:40:00.50 | 9:19 | 6.4 |
| 212 | SERAFIN EWELINA | 23 | | RADKÓW | POL | K-40 | 16 | K 48 | 01:52:43 | 03:40:36.55 | 9:20 | 6.4 |
| 213 | JANUS MARCIN | 404 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 68 | M 165 | 01:53:37 | 03:40:50.80 | 9:21 | 6.4 |
| 214 | SZYLBURG PIOTR | 173 | TEAM ZABIEGANEDNI | WARSZAWA | POL | M-30 | 69 | M 166 | 02:00:44 | 03:40:56.65 | 9:21 | 6.4 |
| 215 | SZYLBURG ALEKSANDRA | 172 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 26 | K 49 | 02:00:55 | 03:41:04.35 | 9:22 | 6.4 |
| 216 | SOBCZYK GRZESIU | 154 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 70 | M 167 | 01:53:54 | 03:41:15.75 | 9:22 | 6.4 |
| 217 | BARTMAŃSKA MIROSLAWA | 517 | | BIELANY WROCŁAWSKIE | POL | K-40 | 17 | K 50 | 01:57:59 | 03:41:48.85 | 9:23 | 6.4 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|---|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 218 | FILIPIAK MICHAŁ | 32 | WIELKOPOLSKI KLUB TATERNICTWA JASKINIOWEGO | POZNAŃ | POL | M-40 | 68 | M 168 | 01:58:34 | 03:41:53.15 | 9:24 | 6.4 |
| 219 | KÓŁKIEWICZ JAKUB | 252 | | GRODZISK MAZOWIECKI | POL | M-40 | 69 | M 169 | 02:03:58 | 03:42:16.90 | 9:25 | 6.4 |
| 220 | ZIMA RYSZARD | 253 | | GRODZISK MAZOWIECKI | POL | M-60 | 3 | M 170 | 02:03:57 | 03:42:18.15 | 9:25 | 6.4 |
| 221 | ŁASKAWSKA JUSTYNA | 492 | | WARSZAWA | POL | K-40 | 18 | K 51 | 01:58:27 | 03:42:28.35 | 9:25 | 6.4 |
| 222 | BABICKA SYLWIA | 440 | BIEGAM Z RADOŚCI | WARSZAWA | POL | K-40 | 19 | K 52 | 01:58:15 | 03:42:37.80 | 9:26 | 6.4 |
| 223 | GAŚSIOROWSKA DOROTA | 474 | VELO ŁOSIE NA SZOSIE | WARSZAWA | POL | K-50 | 3 | K 53 | 02:01:36 | 03:42:42.10 | 9:26 | 6.4 |
| 224 | BALKIEWICZ MARLENA | 372 | | ELBLĄG | POL | K-50 | 4 | K 54 | 01:56:53 | 03:43:10.30 | 9:27 | 6.3 |
| 225 | BISKUPSKI JAKUB | 290 | | WROCŁAW | POL | M-40 | 70 | M 171 | 02:03:32 | 03:43:30.20 | 9:28 | 6.3 |
| 226 | MAZUR KATARZYNA | 27 | UMLAUT | KROSNO ODRZAŃSKIE | POL | K-40 | 20 | K 55 | 01:59:40 | 03:43:35.85 | 9:28 | 6.3 |
| 227 | POCHWAŁA JUSTYNA | 67 | NATALIA TOMASIAK GÓRSKI STYL TEAM | ŁOWICZ | POL | K-30 | 27 | K 56 | 02:00:51 | 03:43:41.85 | 9:28 | 6.3 |
| 228 | PRZYBYŁ TOMASZ | 496 | NIGHT RUNNERS | OSTRÓW WIELKOPOLSKI | POL | M-40 | 71 | M 172 | 01:59:54 | 03:44:13.45 | 9:30 | 6.3 |
| 229 | MODERACKA MAŁGORZATA | 337 | | POZNAŃ | POL | K-30 | 28 | K 57 | 02:00:48 | 03:44:18.80 | 9:30 | 6.3 |
| 230 | SMUSZ GRZEGORZ | 352 | | STRONIE ŚLASKIE | POL | M-40 | 72 | M 173 | 01:56:03 | 03:44:20.45 | 9:30 | 6.3 |
| 231 | DZIARKOWSKA EDYTA | 338 | #TEAMDKMS | CZARNE BŁOTO | POL | K-30 | 29 | K 58 | 01:55:51 | 03:44:35.10 | 9:30 | 6.3 |
| 232 | KACZOREK RENATA | 160 | | WARSZAWA | POL | K-30 | 30 | K 59 | 01:58:22 | 03:44:59.35 | 9:32 | 6.3 |
| 233 | GRUDZIEN-JURKOWSKA MALGORZATA | 485 | | ZABKOWICE ŚL | POL | K-30 | 31 | K 60 | 01:56:45 | 03:45:20.70 | 9:32 | 6.3 |
| 234 | JARMUDA JUSTYNA | 327 | | POZNAŃ | POL | K-30 | 32 | K 61 | 02:01:14 | 03:46:01.50 | 9:34 | 6.3 |
| 235 | DYKTYŃSKI KRZYSZTOF | 433 | VEOLIA | ŁÓDŹ | POL | M-50 | 13 | M 174 | 01:48:22 | 03:46:19.50 | 9:35 | 6.3 |
| 236 | WIŚNIEWSKI TOMASZ | 348 | | ALEKSANDRÓW KUJAWSKI | POL | M-40 | 73 | M 175 | 02:02:00 | 03:46:40.35 | 9:36 | 6.2 |
| 237 | PULKOWSKI DARIUSZ | 97 | OSTRÓDA RUNNERS | OSTRÓDA | POL | M-50 | 14 | M 176 | 02:02:10 | 03:46:52.70 | 9:36 | 6.2 |
| 238 | MAZIAREK ADELA | 210 | | NIEMODLIN | POL | K-30 | 33 | K 62 | 01:59:40 | 03:47:28.05 | 9:38 | 6.2 |
| 239 | PISUŁA ŁUKASZ | 383 | | KUDOWA-ZDRÓJ | POL | M-30 | 71 | M 177 | 02:08:55 | 03:47:29.55 | 9:38 | 6.2 |
| 240 | MIERNICKI TOMASZ | 209 | GRUPA BIEGOWA CHTMO | JABŁONNA | POL | M-50 | 15 | M 178 | 01:59:52 | 03:47:52.80 | 9:39 | 6.2 |
| 241 | SUDÓŁ ROBERT | 115 | KOTWICA BRZEG | BRZEG | POL | M-30 | 72 | M 179 | 01:59:37 | 03:48:03.95 | 9:39 | 6.2 |
| 242 | KADŁUBOWSKI PIOTR | 55 | SRC TEAM KOTWICA BRZEG | BRZEG | POL | M-40 | 74 | M 180 | 02:00:21 | 03:48:18.05 | 9:40 | 6.2 |
| 243 | ORŁOWSKI DANIEL | 141 | | DEBRZNO | POL | M-40 | 75 | M 181 | 02:01:24 | 03:48:18.85 | 9:40 | 6.2 |
| 244 | ILNICKI BRONISŁAW | 164 | | LEGNICA | POL | M-30 | 73 | M 182 | 01:43:08 | 03:48:25.75 | 9:40 | 6.2 |
| 245 | FEDOROWICZ JOWITA | 62 | KOTWICA BRZEG | BRZEG | POL | K-30 | 34 | K 63 | 02:01:02 | 03:48:28.45 | 9:40 | 6.2 |
| 246 | SEMENIUK MARZENA | 436 | KOTWICA BRZEG | KARLOWICE | POL | K-30 | 35 | K 64 | 02:00:22 | 03:48:37.00 | 9:41 | 6.2 |
| 247 | JANUSZEWSKI KAROL | 373 | BIEGAM U KOLESI | GRODZICZNO | POL | M-30 | 74 | M 183 | 02:02:55 | 03:48:49.85 | 9:41 | 6.2 |
| 248 | JANUSZEWSKA IZABELA | 374 | BIEGAM U KOLESI | MONTOWO | POL | K-30 | 36 | K 65 | 02:03:06 | 03:48:58.35 | 9:42 | 6.2 |
| 249 | LE FELIC MONIKA | 510 | | WARSZAWA | POL | K-40 | 21 | K 66 | 02:04:51 | 03:49:12.55 | 9:42 | 6.2 |
| 250 | BRUZI KACPER | 461 | | KRAKÓW | POL | M-30 | 75 | M 184 | 01:56:04 | 03:49:28.40 | 9:43 | 6.2 |
| 251 | GUZIŃSKA OLA | 234 | BIEGAM BO LUBIĘ ZĄBK TEAM | ZĄBKI | POL | K-40 | 22 | K 67 | 02:05:01 | 03:49:35.85 | 9:43 | 6.2 |
| 252 | WRÓBLEWSKI JAROSŁAW | 225 | RAZ SZCZECIN | SZCZECIN | POL | M-40 | 76 | M 185 | 01:56:56 | 03:50:02.60 | 9:44 | 6.2 |
| 253 | OKRASKA GRZEGORZ | 90 | | BEDZIN | POL | M-30 | 76 | M 186 | 01:59:56 | 03:50:08.25 | 9:45 | 6.2 |
| 254 | JARECKA KATARZYNA | 532 | | WARSZAWA | POL | K-40 | 23 | K 68 | 02:07:06 | 03:50:42.00 | 9:46 | 6.1 |
| 255 | MORAWSKI RYSZARD | 197 | RMT | WROCŁAW | POL | M-30 | 77 | M 187 | 02:02:07 | 03:50:59.35 | 9:47 | 6.1 |
| 256 | WRZESIŃSKI PIOTR | 174 | GAPPAG TEAM | CZĘSTOCHOWA | POL | M-40 | 77 | M 188 | 01:56:15 | 03:51:14.60 | 9:47 | 6.1 |
| 257 | RADAJEWSKI ARKADIUSZ | 390 | CROSS KRAPKOWICE | KRAPKOWICE | POL | M-40 | 78 | M 189 | 02:00:53 | 03:52:17.15 | 9:50 | 6.1 |
| 258 | WOŁOWIEC KRZYSZTOF | 280 | LABORATORYJNIE.PL | KIELCE | POL | M-40 | 79 | M 190 | 02:02:56 | 03:52:25.90 | 9:50 | 6.1 |
| 259 | SKRZYPIŃSKA AGNIESZKA | 214 | | LESZNO | POL | K-30 | 37 | K 69 | 02:02:45 | 03:52:43.20 | 9:51 | 6.1 |
| 260 | GANC MARCIN | 307 | | TORUŃ | POL | M-40 | 80 | M 191 | 02:09:54 | 03:52:59.55 | 9:52 | 6.1 |
| 261 | BEDNAREK DARIUSZ | 315 | PLAN EMERYTALNY | KONSTANCIN-JEZIORNA | POL | M-40 | 81 | M 192 | 02:02:20 | 03:53:12.10 | 9:52 | 6.1 |
| 262 | MAKARENKOV SERGIJ | 211 | DOGOŃ GRODZISK MAZOWIECKI | MILANÓWEK | POL | M-30 | 78 | M 193 | 02:01:17 | 03:53:19.35 | 9:53 | 6.1 |
| 263 | LUBAŃSKA ALICJA | 482 | | BUKOWICE | POL | K-50 | 5 | K 70 | 02:02:14 | 03:53:26.60 | 9:53 | 6.1 |
| 264 | WOJCIECHOWSKA DOROTA | 82 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 24 | K 71 | 02:01:26 | 03:53:29.15 | 9:53 | 6.1 |
| 265 | KOZDROJ WIOLETTA | 79 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 25 | K 72 | 02:00:54 | 03:53:33.60 | 9:53 | 6.1 |
| 266 | CHĘC TOMASZ | 317 | | WARSZAWA | POL | M-30 | 79 | M 194 | 01:58:44 | 03:53:34.75 | 9:53 | 6.1 |
| 267 | MARCZEWSKI MARCIN | 235 | RESILIA BEMOWO GROTY | WARSZAWA | POL | M-40 | 82 | M 195 | 02:02:43 | 03:53:44.80 | 9:54 | 6.1 |
| 268 | NOSARZEWSKI MARIUSZ | 309 | GB PRESS | TRZCIANY | POL | M-40 | 83 | M 196 | 01:58:57 | 03:53:44.95 | 9:54 | 6.1 |
| 269 | BOŹKIEWICZ JACEK | 103 | | MUROWANA GOŚLINA | POL | M-40 | 84 | M 197 | 02:05:08 | 03:53:45.15 | 9:54 | 6.1 |
| 270 | KUBACZKA-LIGENZA SYLWIA | 186 | #CZELADZBIEGA | CZELADŹ | POL | K-30 | 38 | K 73 | 02:08:11 | 03:53:47.85 | 9:54 | 6.1 |
| 271 | GODLEWSKI ADAM | 180 | | WOŁOMIN | POL | M-40 | 85 | M 198 | 01:57:14 | 03:53:51.95 | 9:54 | 6.1 |
| 272 | RATAJSKA MONIKA | 494 | | POZNAŃ | POL | K-20 | 6 | K 74 | 02:04:31 | 03:53:53.75 | 9:54 | 6.1 |
| 273 | BOŹKIEWICZ PATRYCJA | 3 | PIEKIELNIE ZGRANI | MUROWANA GOŚLINA | POL | K-40 | 26 | K 75 | 02:05:21 | 03:53:55.75 | 9:54 | 6.1 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------|-----|-----------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 274 | ZELICHOWSKA IZABELA | 145 | KĘCKIE HARPAGANY | KĘTY | POL | K-40 | 27 | K 76 | 02:04:44 | 03:53:57.55 | 9:54 | 6.1 |
| 275 | KURKUS ALEKSANDER | 391 | DOGOŃ GRODZISK MAZOWIECKI | WARSZAWA | POL | M-40 | 86 | M 199 | 02:07:18 | 03:54:24.15 | 9:55 | 6 |
| 276 | NIEDŹWIEDŹ GRZEGORZ | 237 | STS BIEGATON | ŁAZISKA GÓRNE | POL | M-40 | 87 | M 200 | 02:03:26 | 03:54:51.90 | 9:57 | 6 |
| 277 | KLIMECKI MICHAŁ | 349 | ZABIEGANI GOLENIÓW | GOLENIÓW | POL | M-30 | 80 | M 201 | 02:03:08 | 03:54:58.90 | 9:57 | 6 |
| 278 | WOJCIECHOWSKA ANNA | 148 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | K-40 | 28 | K 77 | 02:03:02 | 03:55:01.00 | 9:57 | 6 |
| 279 | KRZESIMOWSKI DAMIAN | 271 | | KIELCE | POL | M-30 | 81 | M 202 | 02:00:33 | 03:55:07.85 | 9:57 | 6 |
| 280 | STRZELCZYK PAULINA | 54 | NESSI LESZNO | MOROWNICA | POL | K-30 | 39 | K 78 | 02:07:57 | 03:55:51.95 | 9:59 | 6 |
| 281 | KOSIŃSKI ALEKSANDER | 441 | | PIASECZNO | POL | M-30 | 82 | M 203 | 01:59:00 | 03:55:52.55 | 9:59 | 6 |
| 282 | GIDASZEWSKA JOLANTA | 38 | NESSI LESZNO | LESZNO | POL | K-40 | 29 | K 79 | 02:07:59 | 03:55:56.85 | 9:59 | 6 |
| 283 | KOZIOŁ PAWEŁ | 20 | | DĄBROWA GÓRNICZA | POL | M-30 | 83 | M 204 | 02:08:35 | 03:56:04.35 | 10:00 | 6 |
| 284 | BAJOŁEK ALEKSANDRA | 119 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | K-50 | 6 | K 80 | 02:13:13 | 03:56:18.35 | 10:00 | 6 |
| 285 | PAPROCKA NATALIA | 95 | | POLKOWICE | POL | K-40 | 30 | K 81 | 02:06:41 | 03:56:19.35 | 10:00 | 6 |
| 286 | DZIWIĘC-GUZIŃ JUSTYNA | 21 | MARELLI SOSNOWIEC POLAND | DĄBROWA GÓRNICZA | POL | K-40 | 31 | K 82 | 02:09:03 | 03:56:31.25 | 10:01 | 6 |
| 287 | RESPONDEK DARIUSZ | 261 | | WROCŁAW | POL | M-40 | 88 | M 205 | 02:04:50 | 03:57:52.35 | 10:04 | 6 |
| 288 | MIELNIK NATALIA | 490 | | KUDOWA-ZDRÓJ | POL | K-40 | 32 | K 83 | 02:09:11 | 03:58:07.70 | 10:05 | 5.9 |
| 289 | SZYSZKA MAREK | 304 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POL | M-30 | 84 | M 206 | 02:02:04 | 03:58:23.50 | 10:06 | 5.9 |
| 290 | KWIATKOWSKA ZUZANNA | 409 | | SZCZYTNA | POL | K-40 | 33 | K 84 | 02:06:57 | 03:58:26.70 | 10:06 | 5.9 |
| 291 | ORACKA MARTA | 239 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-30 | 40 | K 85 | 02:14:15 | 03:58:37.45 | 10:06 | 5.9 |
| 292 | SERWADZAK PIOTR | 266 | P+E | LUBSZA | POL | M-40 | 89 | M 207 | 02:01:54 | 03:58:45.65 | 10:07 | 5.9 |
| 293 | POCHWAŁA ADAM | 325 | | ŁOWICZ | POL | M-20 | 17 | M 208 | 02:07:08 | 03:58:53.10 | 10:07 | 5.9 |
| 294 | MAGDZIAK IWONA | 493 | NOA | WROCŁAW | POL | K-30 | 41 | K 86 | 02:05:49 | 03:58:56.80 | 10:07 | 5.9 |
| 295 | SIKORA DAWID | 168 | | ŁOWICZ | POL | M-20 | 18 | M 209 | 02:07:15 | 03:59:00.60 | 10:07 | 5.9 |
| 296 | SERAFIN ROBERT | 41 | | RADKÓW | POL | M-40 | 90 | M 210 | 02:01:00 | 04:00:36.60 | 10:11 | 5.9 |
| 297 | TYCHOWICZ ROBERT | 414 | BUTTON'S TEAM | ŻARY | POL | M-40 | 91 | M 211 | 02:03:10 | 04:00:50.60 | 10:12 | 5.9 |
| 298 | ŻYTNIK PIOTR | 413 | BUTTON'S TEAM | ŻARY | POL | M-40 | 92 | M 212 | 02:03:17 | 04:00:58.65 | 10:12 | 5.9 |
| 299 | PERKA BARBARA | 71 | | PRÓSZKÓW | POL | K-40 | 34 | K 87 | 02:11:42 | 04:01:30.00 | 10:13 | 5.9 |
| 300 | STAMM TOMASZ | 528 | | POZNAŃ | POL | M-40 | 93 | M 213 | 02:08:44 | 04:01:32.15 | 10:14 | 5.9 |
| 301 | KRYSZAK DOROTA | 450 | MARMEL TORUŃ | TORUŃ | POL | K-30 | 42 | K 88 | 02:09:44 | 04:01:34.95 | 10:14 | 5.9 |
| 302 | ZAKRZEWSKI MAREK | 445 | MARMEL TORUŃ | TORUŃ | POL | M-50 | 16 | M 214 | 02:09:39 | 04:01:36.45 | 10:14 | 5.9 |
| 303 | PLASZCZAK JAROSŁAW | 6 | | TULCE | POL | M-40 | 94 | M 215 | 02:09:23 | 04:02:08.55 | 10:15 | 5.8 |
| 304 | STOLARSKI JANUSZ | 298 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | M-60 | 4 | M 216 | 01:59:22 | 04:02:10.00 | 10:15 | 5.8 |
| 305 | JURAS-KMIEC MARZENA | 136 | BIEGAM SOBIE | LUBLIN | POL | K-40 | 35 | K 89 | 02:10:35 | 04:02:30.80 | 10:16 | 5.8 |
| 306 | ZACHCIAŁ ANNA | 346 | | RATAJE | POL | K-30 | 43 | K 90 | 02:08:00 | 04:02:41.40 | 10:16 | 5.8 |
| 307 | PRZESPOLEWSKI RAFAŁ | 341 | WRZOSOWA STUDZIENIEC | CHODZIEŻ | POL | M-40 | 95 | M 217 | 02:08:13 | 04:02:48.35 | 10:17 | 5.8 |
| 308 | SIWIASZCZYK TOMASZ | 236 | | POZNAŃ | POL | M-40 | 96 | M 218 | 02:03:54 | 04:02:56.00 | 10:17 | 5.8 |
| 309 | WYRWICKI PRZEMEK | 112 | | ZIELONA GÓRA | POL | M-40 | 97 | M 219 | 02:07:41 | 04:03:08.85 | 10:18 | 5.8 |
| 310 | HENSZKE WALDEMAR | 66 | | KRAKÓW | POL | M-30 | 85 | M 220 | 02:00:03 | 04:03:10.85 | 10:18 | 5.8 |
| 311 | ŚWIDER MAŁGORZATA | 196 | | OLSZTYN | POL | K-30 | 44 | K 91 | 02:06:36 | 04:04:10.80 | 10:20 | 5.8 |
| 312 | PYTA GRZEGORZ | 171 | NIEZRZESZONY | GRODZISK WLKP. | POL | M-60 | 5 | M 221 | 02:02:51 | 04:05:23.90 | 10:23 | 5.8 |
| 313 | FISZER JAKUB | 339 | #TEAMDKMS | CZARNE BŁOTO | POL | M-40 | 98 | M 222 | 02:22:32 | 04:06:21.10 | 10:26 | 5.7 |
| 314 | POCHWAŁA MACIEJ | 88 | | ŁOWICZ | POL | M-20 | 19 | M 223 | 02:05:55 | 04:06:30.50 | 10:26 | 5.7 |
| 315 | GAŁUS ANGELIKA | 385 | NOVEMBER RUNNING TEAM | LUBLIN | POL | K-30 | 45 | K 92 | 02:10:08 | 04:06:43.50 | 10:27 | 5.7 |
| 316 | SKOWRONEK TOMASZ | 7 | | POZNAŃ | POL | M-30 | 86 | M 224 | 02:01:11 | 04:07:14.55 | 10:28 | 5.7 |
| 317 | BEDNARSKA KOZIOŁ DANUTA | 509 | WKURW_TEAM | ZIELEŃCICE | POL | K-40 | 36 | K 93 | 02:15:20 | 04:07:20.25 | 10:28 | 5.7 |
| 318 | RATAJCZAK KAROLINA | 218 | | GORZÓW WLKP | POL | K-20 | 7 | K 94 | 02:08:47 | 04:07:27.85 | 10:29 | 5.7 |
| 319 | KRAWIEC MARCIN | 183 | | GOSTYŃ | POL | M-30 | 87 | M 225 | 02:11:08 | 04:08:07.85 | 10:30 | 5.7 |
| 320 | MALINOWSKI PAWEŁ | 243 | MPK-ŁÓDŹ | SZCZAWIN DUŻY | POL | M-40 | 99 | M 226 | 02:01:01 | 04:08:11.35 | 10:30 | 5.7 |
| 321 | OLSZANKA ANNA | 310 | OTWOCK BIEGA | OTWOCK | POL | K-40 | 37 | K 95 | 02:12:57 | 04:09:34.45 | 10:34 | 5.7 |
| 322 | SZYMAŃSKI JACEK | 534 | | SKÓRKA | POL | M-50 | 17 | M 227 | 02:12:38 | 04:09:44.15 | 10:34 | 5.7 |
| 323 | SZYMAŃSKA HANNA | 498 | | SKÓRKA | POL | K-40 | 38 | K 96 | 02:12:43 | 04:09:45.45 | 10:34 | 5.7 |
| 324 | GROSKOP GRZEGORZ | 232 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | SĘPÓLNO KRAJEŃSKIE | GBR | M-20 | 20 | M 228 | 02:10:38 | 04:09:56.05 | 10:35 | 5.7 |
| 325 | BŁACHNIO KRZYSZTOF | 159 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 18 | M 229 | 01:57:59 | 04:09:56.40 | 10:35 | 5.7 |
| 326 | STAWICKA EWELINA | 233 | AKTYWNE LISEWO | LISEWO | GBR | K-20 | 8 | K 97 | 02:10:58 | 04:10:03.80 | 10:35 | 5.7 |
| 327 | SWICARZ MONIKA | 221 | | PŁOCK | POL | K-40 | 39 | K 98 | 02:10:32 | 04:10:04.90 | 10:35 | 5.7 |
| 328 | ŁADOŃSKA AGATA | 405 | | WROCŁAW | POL | K-30 | 46 | K 99 | 02:11:23 | 04:10:17.55 | 10:36 | 5.7 |
| 329 | RATAJCZAK GRZEGORZ | 219 | | GORZÓW WLKP | POL | M-50 | 19 | M 230 | 02:08:25 | 04:10:45.25 | 10:37 | 5.6 |
| 330 | KOWNACKA MAGDALENA | 162 | | JÓZEFÓW | POL | K-40 | 40 | K 100 | 02:16:40 | 04:11:18.30 | 10:38 | 5.6 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|------------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 331 | SŁONECKA ANNA | 399 | BRAVEHEARTS LEGIONOWO | WARSZAWA | POL | K-30 | 47 | K 101 | 02:11:45 | 04:12:03.45 | 10:40 | 5.6 |
| 332 | GIBEK PAWEŁ | 503 | | KRAKÓW | POL | M-30 | 88 | M 231 | 02:06:33 | 04:12:07.85 | 10:41 | 5.6 |
| 333 | GAWROŃSKA AGATA | 401 | BRAVEHARDS LEGIONOWO | JABŁONNA | POL | K-30 | 48 | K 102 | 02:11:59 | 04:12:21.05 | 10:41 | 5.6 |
| 334 | KARAMON MAGDALENA | 227 | | OPOLE | POL | K-40 | 41 | K 103 | 02:12:39 | 04:12:21.50 | 10:41 | 5.6 |
| 335 | CICHOMSKA MARZENA | 58 | BIEGAM BO MUSZĘ INACZEJ SIĘ UDUSZĘ | KĘTRZYN | POL | K-30 | 49 | K 104 | 02:14:11 | 04:12:46.65 | 10:42 | 5.6 |
| 336 | SIBILA DAWID | 94 | | KALISZ | POL | M-30 | 89 | M 232 | 02:09:40 | 04:13:04.15 | 10:43 | 5.6 |
| 337 | ADAMIAK MARTA | 165 | RUN4GOLD | ZLOTY STOK | POL | K-30 | 50 | K 105 | 02:14:40 | 04:13:41.25 | 10:45 | 5.6 |
| 338 | CZEKAŁSKA MAGDALENA | 245 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-30 | 51 | K 106 | 02:04:58 | 04:14:00.20 | 10:45 | 5.6 |
| 339 | CZEKAŁSKI TOMASZ | 246 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 100 | M 233 | 02:05:33 | 04:14:08.90 | 10:46 | 5.6 |
| 340 | BZOWSKI MARCIN | 360 | | ŚWIDNIK | POL | M-30 | 90 | M 234 | 02:09:09 | 04:14:34.30 | 10:47 | 5.6 |
| 341 | PLASZCZAK BOGUMIŁA | 93 | PIEKIELNIE ZGRANI | TULCE | POL | K-40 | 42 | K 107 | 02:11:02 | 04:14:47.20 | 10:47 | 5.6 |
| 342 | LUPA MIROŚLAW | 255 | | ŚCINAWA | POL | M-50 | 20 | M 235 | 02:14:18 | 04:14:57.05 | 10:48 | 5.6 |
| 343 | ZIELIŃSKA KATARZYNA | 99 | | KŁODZKO | POL | K-30 | 52 | K 108 | 02:27:26 | 04:15:26.10 | 10:49 | 5.5 |
| 344 | KWIATKOWSKA MARTA | 158 | | WROCŁAW | POL | K-40 | 43 | K 109 | 02:05:14 | 04:16:29.90 | 10:52 | 5.5 |
| 345 | PISOWŁODZKA DAGMARA | 177 | | DĄBROWA GÓRNICZA | POL | K-40 | 44 | K 110 | 02:18:19 | 04:17:09.70 | 10:53 | 5.5 |
| 346 | KRAIŃSKI PIOTR | 114 | #CZELADZBIEGA | CZELADZ | POL | M-40 | 101 | M 236 | 02:09:12 | 04:17:13.45 | 10:53 | 5.5 |
| 347 | DOMINIAK KATARZYNA | 355 | TIGERS TEAM | ŁÓDŹ | POL | K-30 | 53 | K 111 | 02:20:23 | 04:17:14.40 | 10:54 | 5.5 |
| 348 | KOWALCZYK ANNA | 472 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 45 | K 112 | 02:12:53 | 04:17:15.00 | 10:54 | 5.5 |
| 349 | MARCINKOWSKI PIOTR | 363 | | ROZGARTY | POL | M-50 | 21 | M 237 | 02:19:47 | 04:17:32.15 | 10:54 | 5.5 |
| 350 | MZYK FABIAN | 305 | STS BIEGATON | ORZESZE | POL | M-40 | 102 | M 238 | 02:13:29 | 04:17:40.80 | 10:55 | 5.5 |
| 351 | BARTOSZEWSKA KATARZYNA | 156 | WATAHA | DŁUGOŁĘKA | POL | K-30 | 54 | K 113 | 02:17:57 | 04:18:00.45 | 10:55 | 5.5 |
| 352 | SKARŻEŃSKA JAGODA | 527 | | ŁADEK -ZDRÓJ | POL | K-30 | 55 | K 114 | 02:11:47 | 04:18:53.50 | 10:58 | 5.5 |
| 353 | SZCZEPKOWSKI PAWEŁ | 523 | ARTEQUIPMENT | WARSZAWA | POL | M-60 | 6 | M 239 | 02:15:02 | 04:18:58.55 | 10:58 | 5.5 |
| 354 | WITKOWSKA-KOPKA KAJA | 43 | | WARSZAWA | POL | K-30 | 56 | K 115 | 02:18:02 | 04:19:09.30 | 10:58 | 5.5 |
| 355 | OGÓREK ARTUR | 268 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | M-40 | 103 | M 240 | 02:19:55 | 04:19:15.95 | 10:59 | 5.5 |
| 356 | SADURSKA KASJA | 319 | | WARSZAWA | POL | K-30 | 57 | K 116 | 02:16:38 | 04:19:22.85 | 10:59 | 5.5 |
| 357 | SIDORCZUK KATARZYNA | 269 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 46 | K 117 | 02:20:04 | 04:19:26.15 | 10:59 | 5.5 |
| 358 | GAJEWSKI JACEK | 195 | KURCZAK I AGATKA | GLIWICE | POL | M-50 | 22 | M 241 | 02:12:53 | 04:19:38.15 | 11:00 | 5.5 |
| 359 | KUJAWA KATARZYNA | 187 | KURCZAK I AGATKA | GDYNIA | POL | K-40 | 47 | K 118 | 02:13:01 | 04:19:46.55 | 11:00 | 5.5 |
| 360 | SOWIŃSKA MAGDALENA | 206 | DOGOŃ GRODZISK MAZOWIECKI | BRWINÓW | POL | K-40 | 48 | K 119 | 02:13:22 | 04:19:58.40 | 11:00 | 5.4 |
| 361 | KACZMAREK KRZYSZTOF | 52 | K2 | KALISZ | POL | M-40 | 104 | M 242 | 02:14:54 | 04:20:35.05 | 11:02 | 5.4 |
| 362 | BRODAWKA OLGA | 72 | | WARSZAWA | POL | K-30 | 58 | K 120 | 02:19:40 | 04:20:36.25 | 11:02 | 5.4 |
| 363 | POKROP AGNIESZKA | 48 | GÓRSKI STYL TEAM | SKIERNIEWICE | POL | K-30 | 59 | K 121 | 02:19:52 | 04:20:36.80 | 11:02 | 5.4 |
| 364 | POWAŁA JANUSZ | 170 | JIL | LUBIN | POL | M-60 | 7 | M 243 | 02:11:39 | 04:22:04.25 | 11:06 | 5.4 |
| 365 | DUNAL TOMASZ | 116 | SZ JAK GEPARD | GORZÓW WLKP. | POL | M-30 | 91 | M 244 | 02:08:30 | 04:22:57.30 | 11:08 | 5.4 |
| 366 | SAWICKA IZABELA | 14 | PARKRUN | GORZÓW WIELKOPOLSKI | POL | K-30 | 60 | K 122 | 02:16:49 | 04:23:05.15 | 11:08 | 5.4 |
| 367 | KRYSIAK ŁUKASZ | 8 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-40 | 105 | M 245 | 02:06:14 | 04:23:36.05 | 11:10 | 5.4 |
| 368 | RUDAWSKA KAROLINA | 137 | | OLKUSZ | POL | K-20 | 9 | K 123 | 02:19:58 | 04:24:52.80 | 11:13 | 5.3 |
| 369 | BOSY JOANNA | 222 | | WROCŁAW | POL | K-30 | 61 | K 124 | 02:15:59 | 04:24:57.80 | 11:13 | 5.3 |
| 370 | PIETROWSKA HALLIK | 45 | | POZNAŃ | POL | K-50 | 7 | K 125 | 02:21:45 | 04:24:58.80 | 11:13 | 5.3 |
| 371 | BŁASZCZAK KATARZYNA | 92 | DOGOŃ GRODZISK MAZOWIECKI | JANINÓW | POL | K-30 | 62 | K 126 | 02:22:17 | 04:25:31.90 | 11:15 | 5.3 |
| 372 | BAK BOGDAN | 340 | | DĘBNO | POL | M-40 | 106 | M 246 | 02:16:04 | 04:25:51.05 | 11:15 | 5.3 |
| 373 | PAWŁOWSKI ZBIGNIEW | 501 | | MIERZYN | POL | M-50 | 23 | M 247 | 02:19:56 | 04:26:36.65 | 11:17 | 5.3 |
| 374 | MALISZAK AGNIESZKA | 152 | | LEGNICA | POL | K-30 | 63 | K 127 | 02:23:47 | 04:27:06.65 | 11:19 | 5.3 |
| 375 | STACHURSKA MONIKA | 17 | | DRUŻBICE | POL | K-50 | 8 | K 128 | 02:18:28 | 04:27:18.95 | 11:19 | 5.3 |
| 376 | CELICHOWSKI STANISŁAW | 451 | | POZNAŃ | POL | M-30 | 92 | M 248 | 02:24:18 | 04:27:55.00 | 11:21 | 5.3 |
| 377 | MAJ MAGDALENA | 16 | GRAŻYŃKI OCR | ROKIETNICA | POL | K-30 | 64 | K 129 | 02:24:27 | 04:28:03.50 | 11:21 | 5.3 |
| 378 | SZYMCZAK ANNA | 311 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 49 | K 130 | 02:24:40 | 04:29:47.05 | 11:25 | 5.2 |
| 379 | SIERANT MARIAN | 176 | | BYDGOSZCZ | POL | M-60 | 8 | M 249 | 02:15:38 | 04:30:19.60 | 11:27 | 5.2 |
| 380 | JARZĘBSKA-MAJCHRZAK AGNIESZKA | 34 | TU INTER POLSKA SA | WROCŁAW | POL | K-20 | 10 | K 131 | 02:27:29 | 04:31:04.90 | 11:29 | 5.2 |
| 381 | CZUCHWICKI MAREK | 15 | | WROCŁAW | POL | M-40 | 107 | M 250 | 02:17:36 | 04:31:15.40 | 11:29 | 5.2 |
| 382 | DUDEK MARIOLA | 36 | STRZEGOMSKA DWUNASTKA | UDANIN | POL | K-40 | 50 | K 132 | 02:19:56 | 04:31:37.05 | 11:30 | 5.2 |
| 383 | STRZECHOWSKI DARIUSZ | 108 | RAJSPOORT ACTIVE | BEDOŃ | POL | M-30 | 93 | M 251 | 02:27:17 | 04:32:55.90 | 11:33 | 5.2 |
| 384 | BANASZCZAK KARINA | 60 | OFIARY SPORTU | KOLUSZKI | POL | K-20 | 11 | K 133 | 02:27:31 | 04:33:11.80 | 11:34 | 5.2 |
| 385 | JANKOWIAK PIOTR | 291 | SPARTA RUNNERS | PIŁA | POL | M-20 | 21 | M 252 | 02:15:36 | 04:33:31.15 | 11:35 | 5.2 |
| 386 | FILIPOWIAK BARTOSZ | 294 | SPARTA TEAM | ROKIETNICA | POL | M-40 | 108 | M 253 | 02:15:33 | 04:33:39.70 | 11:35 | 5.2 |
| 387 | KOCZOROWSKI MARCIN | 314 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | M-40 | 109 | M 254 | 02:23:25 | 04:33:46.40 | 11:36 | 5.2 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------------|-----|----------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 388 | ADAMSKI ADAM | 356 | BIERUTOWSKA GRUPA BIEGOWA | BIERUTÓW | POL | M-50 | 24 | M 255 | 02:19:18 | 04:33:48.80 | 11:36 | 5.2 |
| 389 | KOCZOROWSKA ANNA | 313 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | K-30 | 65 | K 134 | 02:23:31 | 04:33:54.35 | 11:36 | 5.2 |
| 390 | MITEK MARTA | 194 | | JÓZEFÓW | POL | K-30 | 66 | K 135 | 02:24:57 | 04:34:45.85 | 11:38 | 5.2 |
| 391 | PAWLAK KRZYSZTOF | 286 | | GNIEZNO | POL | M-40 | 110 | M 256 | 02:21:05 | 04:35:14.75 | 11:39 | 5.1 |
| 392 | PAWLAK MAŁGORZATA | 287 | | GNIEZNO | POL | K-40 | 51 | K 136 | 02:21:07 | 04:35:22.30 | 11:40 | 5.1 |
| 393 | KOZIEŁ PIOTR | 365 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-30 | 94 | M 257 | 02:21:11 | 04:35:46.95 | 11:41 | 5.1 |
| 394 | ZAWADZKA MAGDALENA | 25 | AKS POLONIA WARSZAWA | WARSZAWA | POL | K-30 | 67 | K 137 | 02:21:20 | 04:35:50.15 | 11:41 | 5.1 |
| 395 | KORNACKA HANNA | 200 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | GBR | K-40 | 52 | K 138 | 02:21:26 | 04:36:05.65 | 11:41 | 5.1 |
| 396 | MAJEROWSKI MATEUSZ | 285 | | WOLSZTYN | POL | M-30 | 95 | M 258 | 02:18:54 | 04:37:32.50 | 11:45 | 5.1 |
| 397 | PAWLIK ANNA | 106 | OSTRÓDA RUNNERS | OSTRÓDA | POL | K-40 | 53 | K 139 | 02:25:26 | 04:40:53.50 | 11:54 | 5 |
| 398 | WITKOWSKA ANIA | 18 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 68 | K 140 | 02:31:29 | 04:41:00.20 | 11:54 | 5 |
| 399 | MACKIEWICZ KATARZYNA | 122 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 69 | K 141 | 02:31:26 | 04:41:09.00 | 11:54 | 5 |
| 400 | SZYKLEWSKI MACIEJ | 522 | | POZNAŃ | POL | M-50 | 25 | M 259 | 02:27:07 | 04:41:38.45 | 11:56 | 5 |
| 401 | POCHWAŁA PIOTR | 56 | | ŁÓWICZ | POL | M-50 | 26 | M 260 | 02:19:08 | 04:41:40.40 | 11:56 | 5 |
| 402 | REMBOWSKA NATALIA | 282 | | POZNAŃ | POL | K-40 | 54 | K 142 | 02:27:16 | 04:41:48.00 | 11:56 | 5 |
| 403 | MIERZEJEWSKA MARTYNA | 316 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 70 | K 143 | 02:33:15 | 04:41:49.85 | 11:56 | 5 |
| 404 | STOLARSKA DANUTA | 299 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | K-60 | 1 | K 144 | 02:34:01 | 04:46:11.50 | 12:07 | 4.9 |
| 405 | WITKOWSKA MARIA | 59 | KLUB KRÓLIKA STEFANA | KATOWICE | POL | K-60 | 2 | K 145 | 02:41:18 | 04:46:28.95 | 12:08 | 4.9 |
| 406 | WRZOSEK KAROLINA | 483 | | CZELADŹ | POL | K-30 | 71 | K 146 | 02:29:57 | 04:46:39.75 | 12:08 | 4.9 |
| 407 | WIŚNIEWSKA DOROTA | 350 | | ALEKSANDRÓW KUJAWSKI | POL | K-40 | 55 | K 147 | 02:34:58 | 04:48:00.25 | 12:12 | 4.9 |
| 408 | LEWANDOWSKA EWELINA | 333 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 72 | K 148 | 02:35:01 | 04:48:10.60 | 12:12 | 4.9 |
| 409 | FURTACZ ANNA | 427 | | PIŁA | POL | K-40 | 56 | K 149 | 02:30:58 | 04:48:46.75 | 12:14 | 4.9 |
| 410 | LATOS JOANNA | 347 | | ZIELONA GÓRA | POL | K-40 | 57 | K 150 | 02:28:54 | 04:49:19.85 | 12:15 | 4.9 |
| 411 | KSIĘŻAK JOLANTA | 320 | | WARSZAWA | POL | K-40 | 58 | K 151 | 02:32:34 | 04:50:25.50 | 12:18 | 4.9 |
| 412 | KRZYKWA AGNIESZKA | 241 | | LEGIONOWO | POL | K-50 | 9 | K 152 | 02:32:40 | 04:50:36.45 | 12:18 | 4.9 |
| 413 | CZYŻEWSKA MARLENA | 238 | | LEGIONOWO | POL | K-50 | 10 | K 153 | 02:32:53 | 04:50:45.95 | 12:19 | 4.9 |
| 414 | ADAMCZUK PIOTR | 371 | | LEGNICA | POL | M-40 | 111 | M 261 | 02:20:52 | 04:51:21.10 | 12:20 | 4.9 |
| 415 | MHADHBI JOANNA | 292 | | WARSZAWA | POL | K-30 | 73 | K 154 | 02:28:47 | 04:51:56.80 | 12:22 | 4.9 |
| 416 | PERZ KACPER | 303 | | BUKOWIEC | POL | M-20 | 22 | M 262 | 02:39:54 | 04:52:54.40 | 12:24 | 4.8 |
| 417 | MORAWSKA KATARZYNA | 251 | FUCK THE PESEL | WŁOCLAWEK | POL | K-40 | 59 | K 155 | 02:30:38 | 04:53:17.00 | 12:25 | 4.8 |
| 418 | JEŻEWSKA SYLWIA | 343 | DRUŻYNA SZPIKU | ROSNÓWKO | POL | K-40 | 60 | K 156 | 02:31:53 | 04:53:56.45 | 12:27 | 4.8 |
| 419 | HEIMOWSKA BEATA | 446 | | RĘBIECHOWO | POL | K-30 | 74 | K 157 | 02:39:22 | 04:55:54.85 | 12:32 | 4.8 |
| 420 | BLICHERT ANNA | 57 | I DON'T KURWA CARE | GAJKÓW | POL | K-30 | 75 | K 158 | 02:32:02 | 04:55:56.05 | 12:32 | 4.8 |
| 421 | ZABOROWSKA ALEKSANDRA | 395 | | WARSZAWA | POL | K-40 | 61 | K 159 | 02:37:09 | 04:58:21.80 | 12:38 | 4.7 |
| 422 | MARYNIAK KATARZYNA | 386 | WYBIEGAJ SIEBIE | LEGIONOWO | POL | K-40 | 62 | K 160 | 02:31:36 | 05:00:52.95 | 12:44 | 4.7 |
| 423 | GAGASZKA AGNIESZKA | 104 | | WARSZAWA | POL | K-30 | 76 | K 161 | 02:38:04 | 05:02:53.05 | 12:50 | 4.7 |
| 424 | MARCINKOWSKA BEATA | 178 | #CZELADZBIEGA | CZELADŹ | POL | K-50 | 11 | K 162 | 02:37:41 | 05:06:21.65 | 12:58 | 4.6 |
| 425 | BARTOSZEWICZ MARTA | 192 | | OLSZTYN | POL | K-30 | 77 | K 163 | 02:43:09 | 05:06:58.60 | 13:00 | 4.6 |
| 426 | ROGOWSKA-ROSZCZYK MAGDALENA | 199 | | BRASWAŁD | POL | K-40 | 63 | K 164 | 02:43:30 | 05:07:10.25 | 13:00 | 4.6 |
| 427 | WRÓBEL MARZENA | 231 | | PSZCZEW | POL | K-40 | 64 | K 165 | 02:40:46 | 05:08:57.40 | 13:05 | 4.6 |
| 428 | SZOTOWICZ EWA | 151 | | STARGARD | POL | K-30 | 78 | K 166 | 02:43:13 | 05:09:49.15 | 13:07 | 4.6 |
| 429 | ŁAŻNIAK-PFAJFER AGATA | 226 | CARDIORUNNERS | POZNAŃ | POL | K-30 | 79 | K 167 | 02:19:27 | 05:10:44.65 | 13:10 | 4.6 |
| 430 | PRZYŁUSKA MIROSLAWA | 223 | RAZ SZCZECIN | SZCZECIN | CZE | K-60 | 3 | K 168 | 02:44:48 | 05:15:45.05 | 13:22 | 4.5 |
| 431 | KLOC ADAM | 265 | | KRAMSK | POL | M-50 | 27 | M 263 | 02:47:15 | 05:18:25.35 | 13:29 | 4.4 |
| 432 | WALCZAK FAUSTYNA | 264 | | KONIN | POL | K-30 | 80 | K 169 | 02:47:21 | 05:18:30.85 | 13:29 | 4.4 |
| 433 | MATEJKA ŁUKASZ | 273 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | M-30 | 96 | M 264 | 02:46:43 | 05:19:26.35 | 13:32 | 4.4 |
| 434 | MATEJKA MAŁGORZATA | 274 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 81 | K 170 | 02:46:52 | 05:19:33.85 | 13:32 | 4.4 |
| 435 | KASZUBA KATARZYNA | 105 | #CZELADZBIEGA | CZELADŹ | POL | K-40 | 65 | K 171 | 02:52:13 | 05:21:09.75 | 13:36 | 4.4 |
| 436 | STRZELCZYK EDYTA | 267 | P+E | BRZEG | POL | K-40 | 66 | K 172 | 02:48:06 | 05:21:25.60 | 13:37 | 4.4 |
| 437 | KORNILUK IZABELA | 135 | | ZIELONA GÓRA | POL | K-40 | 67 | K 173 | 02:55:06 | 05:22:01.65 | 13:38 | 4.4 |
| 438 | JASIUL MARIOLA | 111 | | LEGIONOWO | POL | K-40 | 68 | K 174 | 02:52:43 | 05:22:47.20 | 13:40 | 4.4 |
| 439 | TOMALAK ANNA | 529 | | OSTRÓW WLKP | POL | K-30 | 82 | K 175 | 02:57:43 | 05:28:18.70 | 13:54 | 4.3 |
| 440 | FORMELA JUSTYNA | 530 | | OSTRÓW WLKP | POL | K-40 | 69 | K 176 | 02:57:23 | 05:28:36.55 | 13:55 | 4.3 |
| 441 | MIŚKIEWICZ WOJCIECH | 531 | | ZGIERZ | POL | M-30 | 97 | M 265 | 02:57:15 | 05:28:45.00 | 13:55 | 4.3 |
| 442 | DULIASZ CEZARY | 134 | NIGHT RUNNERS KRAKÓW | WIELICZKA | POL | M-50 | 28 | M 266 | 02:56:46 | 05:35:05.05 | 14:11 | 4.2 |
| 443 | WOZOWCZYK-LESZKO ELA | 133 | | ZIELONA GÓRA | POL | K-50 | 12 | K 177 | 03:00:10 | 05:35:35.80 | 14:13 | 4.2 |
| 444 | FURTACZ MAREK | 428 | | PIŁA | POL | M-60 | 9 | M 267 | 02:56:10 | 05:36:23.20 | 14:15 | 4.2 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|---|------------------|------|------|--------|-------|----------|-------------|--------|------|
| 445 | CHWIAŁKOWSKA ELŻBIETA | 53 | | SIEROSŁAW POZNAŃ | POL | K-50 | 13 | K 178 | 02:56:54 | 05:39:25.25 | 14:22 | 4.2 |
| 0 | BRÝDL PAVEL | 201 | SALOMON CZ/WILLA SPA SCALIANO | TRUTNOV | CZE | M-40 | 1 | M 1 | 01:05:06 | 01:57:16.85 | 4:58 | 12.1 |
| 1 | KLIMCZAK MIKOŁAJ | 330 | PRZEDWOJEWSKI MOUNTAIN TEAM | WROCŁAW | POL | M-20 | 1 | M 2 | 01:07:31 | 02:00:38.20 | 5:06 | 11.7 |
| 2 | NORBERT MICHAŁ | 1 | KB SOBÓTKA | ŚWIDNICA | POL | M-30 | 1 | M 3 | 01:11:00 | 02:06:04.75 | 5:20 | 11.2 |
| 3 | KRUPA MARCIN | 2 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 2 | M 4 | 01:13:40 | 02:15:47.95 | 5:45 | 10.4 |
| 4 | KWARTA MACIEJ | 460 | 1BPANC K\$M | WARSZAWA | POL | M-30 | 2 | M 5 | 01:12:52 | 02:17:38.30 | 5:49 | 10.3 |
| 5 | KMIECIK TOMASZ | 379 | | ŁĘŻYCE | POL | M-40 | 3 | M 6 | 01:18:07 | 02:18:06.75 | 5:51 | 10.3 |
| 6 | KOZIEŁ TOMASZ | 260 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 7 | 01:16:52 | 02:19:43.10 | 5:55 | 10.1 |
| 7 | ZATOŃ CEZARY | 73 | TRIACTIV RIDLEY | WROCŁAW | POL | M-30 | 3 | M 8 | 01:21:06 | 02:25:03.55 | 6:08 | 9.8 |
| 8 | BALWIERCZAK PIOTR | 91 | NIGHT RUNNERS WROCŁAW / RATEMYTRAIL.COM | WROCŁAW | POL | M-30 | 4 | M 9 | 01:21:23 | 02:25:06.10 | 6:08 | 9.8 |
| 9 | KARWACKI MACIEJ | 407 | | KAMIENNA GÓRA | POL | M-20 | 2 | M 10 | 01:19:04 | 02:27:00.30 | 6:13 | 9.6 |
| 10 | ZAKOWICZ PAWEŁ | 389 | | HALINÓW | POL | M-30 | 5 | M 11 | 01:24:34 | 02:27:25.10 | 6:14 | 9.6 |
| 11 | WIŚNIEWSKI PAWEŁ | 465 | KARKONOSZ RUNNING TEAM . | JELEŃ GÓRA | POL | M-30 | 6 | M 12 | 01:19:00 | 02:27:48.60 | 6:15 | 9.6 |
| 12 | SZCZĘŚNIAK PIOTR | 533 | GVT | STRZELIN | POL | M-40 | 5 | M 13 | 01:19:22 | 02:28:37.15 | 6:17 | 9.5 |
| 13 | PRZYBYSZEWSKI ŁUKASZ | 375 | | BIELAWA | POL | M-30 | 7 | M 14 | 01:22:56 | 02:29:57.95 | 6:21 | 9.4 |
| 14 | NEHRING KAROL | 394 | | SULEJÓWEK | POL | M-20 | 3 | M 15 | 01:24:40 | 02:30:58.55 | 6:23 | 9.4 |
| 15 | GORCZYŃSKI NORBERT | 215 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 4 | M 16 | 01:21:13 | 02:31:06.45 | 6:24 | 9.4 |
| 16 | FALANA SEBASTIAN | 270 | | WARSZAWA | POL | M-30 | 8 | M 17 | 01:18:46 | 02:31:07.40 | 6:24 | 9.4 |
| 17 | KOKOCIŃSKI DARIUSZ | 497 | | GDAŃSK | POL | M-40 | 6 | M 18 | 01:24:07 | 02:31:32.40 | 6:25 | 9.3 |
| 18 | KINAL PIOTR | 486 | | KŁODZKO | POL | M-40 | 7 | M 19 | 01:23:27 | 02:31:32.80 | 6:25 | 9.3 |
| 19 | STANKIEWICZ TOMASZ | 121 | PLANYBIEGOWE.PL | SREBRNA GÓRA | POL | M-30 | 9 | M 20 | 01:23:06 | 02:31:42.15 | 6:25 | 9.3 |
| 20 | ŁĄTKA PIOTR | 100 | | OBORNIKI ŚLĄSKIE | GBR | M-30 | 10 | M 21 | 01:23:29 | 02:32:26.15 | 6:27 | 9.3 |
| 21 | GŁÓD MATEUSZ | 78 | | WROCŁAW | POL | M-40 | 8 | M 22 | 01:25:14 | 02:32:50.60 | 6:28 | 9.3 |
| 22 | NIEZGÓDKA TOMASZ | 537 | ZAŁOGA GÓRSKA | WROCŁAW | POL | M-50 | 1 | M 23 | 01:25:22 | 02:33:21.10 | 6:29 | 9.2 |
| 23 | SWORSKI ROMAN | 508 | KASTYO / VEGE RUNNERS | ŁÓDŹ | POL | M-30 | 11 | M 24 | 01:23:31 | 02:33:30.20 | 6:30 | 9.2 |
| 24 | KORCZ DANIEL | 470 | | JAWORZNO | POL | M-40 | 9 | M 25 | 01:25:40 | 02:33:41.20 | 6:30 | 9.2 |
| 25 | FRANCZAK MARIUSZ | 502 | DTR BIEGA / MARIO TEAM | TRZEBNICA | POL | M-40 | 10 | M 26 | 01:23:48 | 02:33:45.75 | 6:30 | 9.2 |
| 26 | MAJCHRZAK MACIEJ | 10 | | WROCŁAW | POL | M-30 | 12 | M 27 | 01:27:12 | 02:35:27.85 | 6:35 | 9.1 |
| 27 | TRZECIAKIEWICZ MIECZYŚLAW | 68 | MLKS RADKÓW | MYSŁOWICE | POL | M-50 | 2 | M 28 | 01:25:59 | 02:36:06.80 | 6:36 | 9.1 |
| 28 | KUBICKI MARIUSZ | 44 | | KLUCZBORK | POL | M-40 | 11 | M 29 | 01:26:28 | 02:36:48.30 | 6:38 | 9 |
| 29 | CYRAN PIOTR | 288 | | NYSA | POL | M-30 | 13 | M 30 | 01:24:57 | 02:37:15.25 | 6:39 | 9 |
| 30 | ŻURAWSKI KAMIL | 75 | ENTRE.PL TEAM | WARSZAWA | POL | M-20 | 5 | M 31 | 01:24:55 | 02:37:58.85 | 6:41 | 9 |
| 31 | KULIK IWONA | 439 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-20 | 1 | K 1 | 01:28:16 | 02:38:06.35 | 6:41 | 9 |
| 32 | PIETRZAK DANIEL | 518 | DOGOŃ GRODZISK MAZOWIECKI | PRUSZKÓW | POL | M-30 | 14 | M 32 | 01:31:27 | 02:38:35.35 | 6:43 | 8.9 |
| 33 | NOWACKI MATEUSZ | 479 | | STRONIE ŚLĄSKIE | POL | M-30 | 15 | M 33 | 01:27:24 | 02:38:56.10 | 6:44 | 8.9 |
| 34 | STARUCH ROBERT | 117 | | KUDOWA-ZDROJ | POL | M-30 | 16 | M 34 | 01:28:23 | 02:39:01.30 | 6:44 | 8.9 |
| 35 | BRONISZEWSKI ŁUKASZ | 443 | POWER TRAINING | WARSZAWA | POL | M-30 | 17 | M 35 | 01:28:53 | 02:39:22.95 | 6:45 | 8.9 |
| 36 | PŁONOWSKI MACIEJ | 189 | | WROCŁAW | POL | M-30 | 18 | M 36 | 01:26:33 | 02:41:04.10 | 6:49 | 8.8 |
| 37 | GRAD ADAM | 257 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-30 | 19 | M 37 | 01:33:22 | 02:41:20.00 | 6:50 | 8.8 |
| 38 | MEZYŃSKI SZYMON | 296 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 6 | M 38 | 01:26:22 | 02:41:40.60 | 6:51 | 8.8 |
| 39 | NAWROT WOJCIECH NAWROT | 4 | | WROCŁAW | POL | M-30 | 20 | M 39 | 01:31:41 | 02:41:44.40 | 6:51 | 8.8 |
| 40 | BEKAS MARCIN | 424 | | KRAKÓW | POL | M-40 | 12 | M 40 | 01:31:09 | 02:42:07.80 | 6:52 | 8.7 |
| 41 | BOSAKIEWICZ TOMASZ | 47 | OLAWS | ZŁOTORYJA | POL | M-30 | 21 | M 41 | 01:29:41 | 02:42:47.75 | 6:53 | 8.7 |
| 42 | PIKOS PATRYK | 127 | | POLSKA NOWA WIEŚ | POL | M-30 | 22 | M 42 | 01:27:54 | 02:43:14.05 | 6:55 | 8.7 |
| 43 | OSICKI DAWID | 520 | | LUBAWA | POL | M-20 | 7 | M 43 | 01:27:40 | 02:43:21.65 | 6:55 | 8.7 |
| 44 | HOJA JOANNA | 491 | ALPIN SPORT HOKA ONE ONE TEAM | WAŁBRZYCH | POL | K-30 | 1 | K 2 | 01:29:19 | 02:43:25.10 | 6:55 | 8.7 |
| 45 | GILEWSKI ARTUR | 453 | | KUDOWA ZDRÓJ | POL | M-40 | 13 | M 44 | 01:31:31 | 02:43:50.10 | 6:56 | 8.6 |
| 46 | KUJDA ARKADIUSZ | 473 | 1 BRYGADA LOGISTYCZNA | OSIELSKO | POL | M-40 | 14 | M 45 | 01:30:36 | 02:44:19.40 | 6:57 | 8.6 |
| 47 | WRÓBLEWSKI KONRAD | 469 | | WARSZAWA | POL | M-40 | 15 | M 46 | 01:30:37 | 02:44:23.20 | 6:57 | 8.6 |
| 48 | BRZOZOWSKI FILIP | 471 | SPARTA RUNNERS | ZALASEWO | POL | M-30 | 23 | M 47 | 01:22:10 | 02:45:17.00 | 7:00 | 8.6 |
| 49 | KRZYSZTOFIK PIOTR | 205 | CROSSFIT ETERNIA | MALIN | POL | M-40 | 16 | M 48 | 01:31:24 | 02:45:19.10 | 7:00 | 8.6 |
| 50 | WINIECKI TOMASZ | 244 | | WŁOCŁAWEK | POL | M-40 | 17 | M 49 | 01:31:20 | 02:45:30.45 | 7:00 | 8.6 |
| 51 | KOPCZYŃSKI ŁUKASZ | 511 | K-TEAM | WROCŁAW | POL | M-30 | 24 | M 50 | 01:28:29 | 02:45:51.00 | 7:01 | 8.5 |
| 52 | TOMCZAK KRYSZTOF | 435 | | POZNAŃ | POL | M-20 | 8 | M 51 | 01:31:52 | 02:46:44.00 | 7:03 | 8.5 |
| 53 | NOWACKA MARLENA | 538 | | PIASKI | POL | K-40 | 1 | K 3 | 01:32:23 | 02:46:52.95 | 7:04 | 8.5 |
| 54 | KUKUĆ - KWAPISZEWSKA ANNA | 369 | | ELBLĄG | POL | K-40 | 2 | K 4 | 01:32:21 | 02:47:56.10 | 7:06 | 8.4 |
| 55 | KOTYRBA TOMASZ | 284 | K_T_R_B | KATOWICE | POL | M-30 | 25 | M 52 | 01:33:18 | 02:48:12.60 | 7:07 | 8.4 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------|-----|-------------------------------------|---------------------|------|------|--------|------|----------|-------------|--------|------|
| 56 | ŚWIĄTEK JULIA | 456 | IMMABEE | CHYBY | POL | K-30 | 2 | K 5 | 01:32:25 | 02:48:14.00 | 7:07 | 8.4 |
| 57 | WOJTIS ARKADIUSZ | 258 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-40 | 18 | M 53 | 01:32:07 | 02:48:24.40 | 7:08 | 8.4 |
| 58 | WIERZBICKI WITOLD | 500 | | WROCŁAW | POL | M-30 | 26 | M 54 | 01:29:40 | 02:48:44.95 | 7:09 | 8.4 |
| 59 | MAJCHRZAK MARCIN | 484 | DELOITTE ADVENTURE TEAM | SWARZĘDZ | POL | M-40 | 19 | M 55 | 01:29:28 | 02:49:26.35 | 7:10 | 8.4 |
| 60 | OLKIS RAFAŁ | 345 | RMT TEAM / RATEMYTRAIL.COM | WROCŁAW | POL | M-30 | 27 | M 56 | 01:28:21 | 02:49:33.65 | 7:11 | 8.4 |
| 61 | MICHAŁKIEWICZ WOJCIECH | 403 | AKADEMIA WOJSK ŁĄDOWYCH | WROCŁAW | POL | M-50 | 3 | M 57 | 01:31:58 | 02:49:53.75 | 7:11 | 8.3 |
| 62 | LUBAŃSKI ROBERT | 481 | | BUKOWICE | POL | M-50 | 4 | M 58 | 01:31:46 | 02:49:56.70 | 7:12 | 8.3 |
| 63 | GRZĄBA SZYMON | 107 | | MIKOŁÓW | POL | M-40 | 20 | M 59 | 01:31:00 | 02:50:14.65 | 7:12 | 8.3 |
| 64 | KOLEŚNIK KAMIL | 240 | | GLEBOWICE | POL | M-30 | 28 | M 60 | 01:35:12 | 02:50:39.05 | 7:13 | 8.3 |
| 65 | GÓRKA ARKADIUSZ | 150 | | WARSZAWA | POL | M-20 | 9 | M 61 | 01:33:33 | 02:50:52.50 | 7:14 | 8.3 |
| 66 | OPAŁKA DAMIAN | 129 | MYRACE | WARSZAWA | POL | M-30 | 29 | M 62 | 01:27:10 | 02:51:13.00 | 7:15 | 8.3 |
| 67 | BRUS MARCIN | 22 | | WARSZAWA | POL | M-40 | 21 | M 63 | 01:32:42 | 02:51:21.10 | 7:15 | 8.3 |
| 68 | KRAJKA JAROSŁAW | 342 | UMCS BIEGA | LUBLIN | POL | M-40 | 22 | M 64 | 01:34:42 | 02:52:15.65 | 7:17 | 8.2 |
| 69 | BRODA DOMINIK | 455 | | WROCŁAW | POL | M-30 | 30 | M 65 | 01:32:15 | 02:52:25.80 | 7:18 | 8.2 |
| 70 | BIAŁOŁOCKA ALICJA | 19 | | WROCŁAW | POL | K-30 | 3 | K 6 | 01:31:48 | 02:52:34.45 | 7:18 | 8.2 |
| 71 | ZAWADA MICHAŁ | 398 | SPRYTNE WIEWIÓRKI | TORUN | POL | M-40 | 23 | M 66 | 01:34:09 | 02:52:34.55 | 7:18 | 8.2 |
| 72 | WIERZCHOWSKA IZABELA | 335 | BASTER TEAM | KALISZ | POL | K-30 | 4 | K 7 | 01:32:47 | 02:53:03.40 | 7:19 | 8.2 |
| 73 | KARATKÓW EWA | 462 | | RADKÓW | POL | K-40 | 3 | K 8 | 01:32:52 | 02:53:55.95 | 7:22 | 8.1 |
| 74 | ZIELIŃSKI DOMINIK | 466 | | ŚREM | POL | M-30 | 31 | M 67 | 01:33:18 | 02:54:05.85 | 7:22 | 8.1 |
| 75 | SWORNOWSKA ANNA | 84 | | POZNAŃ | POL | K-20 | 2 | K 9 | 01:35:33 | 02:54:43.30 | 7:24 | 8.1 |
| 76 | GONCZAR SZYMON | 411 | | RYBNIK | POL | M-30 | 32 | M 68 | | 02:54:49.00 | 7:24 | 8.1 |
| 77 | SZARANIEC SEBASTIAN | 410 | T-MOBILE SPORT TEAM | WARSZAWA | POL | M-40 | 24 | M 69 | 01:33:40 | 02:55:11.90 | 7:25 | 8.1 |
| 78 | PIECUCH KAROLINA | 46 | LACHO TEAM | PRZEWORSK | POL | K-30 | 5 | K 10 | 01:37:16 | 02:55:44.75 | 7:26 | 8.1 |
| 79 | ŚLEZIAK JAROSŁAW | 489 | RUNNING MATNER TEAM | ZŁOTY STOK | POL | M-40 | 25 | M 70 | 01:29:12 | 02:55:59.45 | 7:27 | 8 |
| 80 | NARUCKI WOJCIECH | 184 | | WARZENKO | POL | M-40 | 26 | M 71 | 01:39:19 | 02:56:02.40 | 7:27 | 8 |
| 81 | PAŻUCHA WOJCIECH | 354 | ACID MANIAXXX | LUSÓWKO | POL | M-40 | 27 | M 72 | 01:35:01 | 02:56:34.15 | 7:28 | 8 |
| 82 | GROCHECKA JOANNA | 86 | | MIKOŁÓW | POL | K-30 | 6 | K 11 | 01:37:14 | 02:56:41.95 | 7:29 | 8 |
| 83 | RATYMIŃSKI WOJCIECH | 463 | #SOBASTEAM | WROCŁAW | POL | M-40 | 28 | M 73 | 01:33:56 | 02:56:45.45 | 7:29 | 8 |
| 84 | HACUŚ TOMASZ | 110 | | WROCŁAW | POL | M-40 | 29 | M 74 | 01:38:52 | 02:57:26.30 | 7:31 | 8 |
| 85 | BIŁAN PAWEŁ | 283 | | GUBIN | POL | M-40 | 30 | M 75 | 01:30:51 | 02:58:04.70 | 7:32 | 8 |
| 86 | SURGIENIEWICZ MARCIN | 130 | DZIKI WORKOUT CZARNY BÓR | CZARNY BÓR | POL | M-40 | 31 | M 76 | 01:36:59 | 02:59:14.35 | 7:35 | 7.9 |
| 87 | SUCHOWIECKI WOJCIECH | 147 | ORTOEYETEAM | STAWIGUDA | POL | M-40 | 32 | M 77 | 01:34:25 | 02:59:22.10 | 7:36 | 7.9 |
| 88 | ANDRZEJEWSKI PRZEMYSŁAW | 76 | WK POZNAŃ | POZNAŃ | POL | M-40 | 33 | M 78 | 01:36:11 | 03:00:04.15 | 7:37 | 7.9 |
| 89 | KANCERSKI KRZYSZTOF | 326 | | ŁÓDŹ | POL | M-50 | 5 | M 79 | 01:37:45 | 03:00:36.70 | 7:39 | 7.8 |
| 90 | SALWA EMIL | 514 | | ZAWONIA | POL | M-30 | 33 | M 80 | 01:37:16 | 03:01:01.25 | 7:40 | 7.8 |
| 91 | ŁASKOWSKA MARZENA | 24 | WKURW_TEAM | OLECKO | POL | K-40 | 4 | K 12 | 01:41:17 | 03:01:02.75 | 7:40 | 7.8 |
| 92 | JEŻEWSKI SŁAWOMIR | 344 | GRZMOT KOMORNIKI | ROSNOŃKO | POL | M-40 | 34 | M 81 | 01:38:47 | 03:01:26.25 | 7:41 | 7.8 |
| 93 | BIECUSZEK TOMASZ | 457 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 35 | M 82 | 01:35:56 | 03:01:56.05 | 7:42 | 7.8 |
| 94 | WITKOWSKI MIKOŁAJ | 120 | | PRUSZKÓW | POL | M-20 | 10 | M 83 | 01:37:56 | 03:02:27.10 | 7:43 | 7.8 |
| 95 | JAWORSKA MAGDALENA | 224 | GB WIELKOPOLSCY BIEGACZE / TEAM KGB | POZNAŃ | POL | K-40 | 5 | K 13 | 01:40:55 | 03:02:28.80 | 7:43 | 7.8 |
| 96 | MARUSZAK DAREK | 216 | DOGOŃ GRODZISK MAZOWIECKI | JAKTORÓW | POL | M-40 | 36 | M 84 | 01:41:41 | 03:03:01.60 | 7:45 | 7.7 |
| 97 | ŁAŻNIEWSKI DARIUSZ | 101 | OLSZYNA BIEGA | WYSOKA | POL | M-30 | 34 | M 85 | 01:39:00 | 03:03:21.95 | 7:46 | 7.7 |
| 98 | TRELA JACEK | 228 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | M-60 | 1 | M 86 | 01:42:02 | 03:03:36.25 | 7:46 | 7.7 |
| 99 | ŁAZAROWICZ KRZYSZTOF | 65 | | PACZKÓW | POL | M-30 | 35 | M 87 | 01:39:46 | 03:04:06.20 | 7:48 | 7.7 |
| 100 | BRONCZAK TOMASZ | 64 | | ZBĄSZYŃ | POL | M-40 | 37 | M 88 | 01:41:47 | 03:05:53.45 | 7:52 | 7.6 |
| 101 | CZAJKOWSKA SYLWIA | 142 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | K-40 | 6 | K 14 | 01:38:10 | 03:06:11.50 | 7:53 | 7.6 |
| 102 | BOCKO EWA | 33 | DTR BIEGA/MARIO TEAM | TRZEBNICA | POL | K-30 | 7 | K 15 | 01:40:51 | 03:06:25.30 | 7:53 | 7.6 |
| 103 | ZATOŃ ADRIAN | 81 | | WROCŁAW | POL | M-40 | 38 | M 89 | 01:43:27 | 03:06:32.00 | 7:54 | 7.6 |
| 104 | TATKA MARCIN | 526 | | WOJBÓRZ | POL | M-40 | 39 | M 90 | 01:41:25 | 03:06:33.50 | 7:54 | 7.6 |
| 105 | KOZŁOWSKA IWONA | 488 | LESZNO LIMITS RUNNERS | LESZNO | POL | K-40 | 7 | K 16 | 01:43:05 | 03:07:00.35 | 7:55 | 7.6 |
| 106 | GAJEWSKI JACEK | 377 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-40 | 40 | M 91 | 01:42:22 | 03:07:12.35 | 7:55 | 7.6 |
| 107 | ŁASZEWSKI MATEUSZ | 467 | | DUSZNIKI ZDRÓJ | POL | M-20 | 11 | M 92 | 01:37:45 | 03:07:34.95 | 7:56 | 7.5 |
| 108 | CHMURA JAROSŁAW | 393 | | RASZKÓW | POL | M-40 | 41 | M 93 | 01:41:51 | 03:08:02.75 | 7:58 | 7.5 |
| 109 | MÓLL MATEUSZ | 11 | | WROCŁAW | POL | M-20 | 12 | M 94 | 01:30:32 | 03:08:25.95 | 7:59 | 7.5 |
| 110 | GLUCHY MAREK | 322 | OBORNICKI KLUB LEKKOATLETYCZNY | OBORNIKI | POL | M-30 | 36 | M 95 | 01:42:21 | 03:08:34.85 | 7:59 | 7.5 |
| 111 | MIĘSOWICZ MIROSLAW | 301 | | WARSZAWA | POL | M-30 | 37 | M 96 | 01:40:32 | 03:09:10.65 | 8:00 | 7.5 |
| 112 | JABŁOŃSKA DOROTA | 163 | OUTDOOR TRAINING | BIAŁYSTOK | POL | K-20 | 3 | K 17 | 01:44:35 | 03:10:11.70 | 8:03 | 7.4 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|------------------------|-----|---------------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 113 | ANDRZEJEWSKI KRYSZTIAN | 308 | MOGILNO TEAM | GĘBICE | POL | M-40 | 42 | M 97 | 01:46:32 | 03:10:22.00 | 8:03 | 7.4 |
| 114 | ROSZCZYK MICHAŁ | 143 | ORTOEYETEAM | BRASWAŁD 22A | POL | M-40 | 43 | M 98 | 01:38:18 | 03:10:56.30 | 8:05 | 7.4 |
| 115 | DOLATA MACIEJ | 83 | | SKÓRZEWO | POL | M-40 | 44 | M 99 | 01:46:53 | 03:11:11.15 | 8:06 | 7.4 |
| 116 | PACIOREK EWA | 513 | | MARKI | POL | K-30 | 8 | K 18 | 01:44:19 | 03:11:21.20 | 8:06 | 7.4 |
| 117 | MARTEKLAS JAN | 139 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | M-30 | 38 | M 100 | 01:43:35 | 03:11:25.05 | 8:06 | 7.4 |
| 118 | GRAD IDALIA | 256 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | K-30 | 9 | K 19 | 01:49:17 | 03:11:47.60 | 8:07 | 7.4 |
| 119 | TOPOROWSKI KAMIL | 85 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | M-30 | 39 | M 101 | 01:43:37 | 03:11:54.55 | 8:07 | 7.4 |
| 120 | STĘPEL MAREK | 442 | GRUPA NOMAX | SIEMIANOWICE ŚLĄSKIE | POL | M-30 | 40 | M 102 | 01:40:40 | 03:12:16.10 | 8:08 | 7.4 |
| 121 | PANKOWSKI JERZY | 324 | | SZCZECIN | POL | M-30 | 41 | M 103 | 01:52:28 | 03:12:50.10 | 8:10 | 7.3 |
| 122 | SZYMAŃSKA BRYGIDA | 279 | STRZEGOMSKA DWUNASTKA | JAROSZÓW | POL | K-30 | 10 | K 20 | 01:46:56 | 03:12:59.95 | 8:10 | 7.3 |
| 123 | DOMAGAŁA GRAZYNA | 167 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 11 | K 21 | 01:43:37 | 03:13:02.50 | 8:10 | 7.3 |
| 124 | STANKIEWICZ ANNA | 370 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-30 | 12 | K 22 | 01:47:24 | 03:13:14.25 | 8:11 | 7.3 |
| 125 | ČERVENÝ DAVID | 157 | | STÁRKOV | CZE | M-40 | 45 | M 104 | 01:46:11 | 03:13:19.25 | 8:11 | 7.3 |
| 126 | KUCZYŃSKI SZYMON | 429 | ZAWONIA | ZAWONIA | POL | M-40 | 46 | M 105 | 01:43:27 | 03:13:21.95 | 8:11 | 7.3 |
| 127 | BADOWSKI SEBASTIAN | 417 | ZAWONIA TEAM | ZAWONIA | POL | M-40 | 47 | M 106 | 01:43:35 | 03:13:55.90 | 8:13 | 7.3 |
| 128 | WIERZCHOWSKI ADAM | 336 | BASTER TEAM | KALISZ | POL | M-40 | 48 | M 107 | 01:45:40 | 03:15:46.75 | 8:17 | 7.2 |
| 129 | SZAL MAŁGORZATA | 161 | TENIS CENTRUM AS | POLANICA ZDRÓJ | POL | K-30 | 13 | K 23 | 01:47:45 | 03:16:05.30 | 8:18 | 7.2 |
| 130 | GNITECKA KATARZYNA | 540 | | KUDOWA ZDRÓJ | POL | K-20 | 4 | K 24 | 01:47:03 | 03:16:10.65 | 8:18 | 7.2 |
| 131 | SOBKOWIAK MARCIN | 454 | | POZNAŃ | POL | M-30 | 42 | M 108 | 01:44:03 | 03:16:15.05 | 8:18 | 7.2 |
| 132 | GÓRKA PIOTR | 259 | | ZASAŃ | POL | M-30 | 43 | M 109 | 01:47:46 | 03:17:20.70 | 8:21 | 7.2 |
| 133 | KAPAŁKA ADRIAN | 382 | NATALIA TOMASIAK GÓRSKI STYL | MIKOŁÓW | POL | M-40 | 49 | M 110 | 01:48:52 | 03:17:25.70 | 8:21 | 7.2 |
| 134 | DOLIWKA PAWEŁ | 74 | LUBAWA KOCHA BIEGAĆ | LUBAWA | POL | M-40 | 50 | M 111 | 01:44:55 | 03:17:35.45 | 8:22 | 7.2 |
| 135 | SURGIEL DARIUSZ | 123 | | CZESTOCHOWA | POL | M-50 | 6 | M 112 | 01:45:06 | 03:18:26.25 | 8:24 | 7.1 |
| 136 | ULIKOWSKA MARTYNA | 87 | ZAŁOGA GÓRSKA | GOŚCINO | POL | K-20 | 5 | K 25 | 01:49:33 | 03:19:09.50 | 8:26 | 7.1 |
| 137 | BABIŃSKA EWELINA | 77 | | RADKÓW | POL | K-30 | 14 | K 26 | 01:43:57 | 03:19:15.80 | 8:26 | 7.1 |
| 138 | BOCHAN LIDIA | 426 | | PIŁA | POL | K-40 | 8 | K 27 | 01:50:35 | 03:19:16.00 | 8:26 | 7.1 |
| 139 | TRZEPACZ DOROTA | 359 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 9 | K 28 | 01:47:21 | 03:19:20.30 | 8:26 | 7.1 |
| 140 | CHLEWIŃSKI ŁUKASZ | 182 | | STARGARD | POL | M-30 | 44 | M 113 | 01:37:03 | 03:20:21.80 | 8:29 | 7.1 |
| 141 | WIERTEL ŁUKASZ | 430 | DIETETYK ŁUKASZ WIERTEL | KAMIONKI | POL | M-30 | 45 | M 114 | 01:44:49 | 03:21:42.60 | 8:32 | 7 |
| 142 | WIERZBIŃSKA EDYTA | 69 | LATYFUNDYŚCI BIEGAJĄ | PIASECZNO | POL | K-40 | 10 | K 29 | 01:52:04 | 03:22:28.95 | 8:34 | 7 |
| 143 | MARKOWSKI ZBIGNIEW | 124 | BIEGAMDLAZDROWIA.PL | JELENIA GÓRA | POL | M-50 | 7 | M 115 | 01:46:38 | 03:22:53.65 | 8:35 | 7 |
| 144 | SZUBARSKI KRZYSZTOF | 378 | PARKRUN CIESZYN | POGWIZDÓW | POL | M-40 | 51 | M 116 | 01:48:36 | 03:22:56.95 | 8:35 | 7 |
| 145 | ŁASKOWSKI TOMASZ | 13 | WKURW_TEAM | OLECKO | POL | M-50 | 8 | M 117 | 01:47:57 | 03:23:51.90 | 8:38 | 6.9 |
| 146 | WITOR MARCIN | 295 | CZERWONAK BIEGA | POZNAŃ | POL | M-30 | 46 | M 118 | 01:43:39 | 03:24:21.50 | 8:39 | 6.9 |
| 147 | SZMAGIEREWSKI WOJCIECH | 380 | TRENUJZNA.MI.PL | WROCLAW | POL | M-50 | 9 | M 119 | 01:48:22 | 03:24:26.80 | 8:39 | 6.9 |
| 148 | GRABIAS-MAZUR KRYSZYNA | 321 | TKKF TRIATHLON DĄBROWA GÓRNICZA | PSARY | POL | K-30 | 15 | K 30 | 01:52:08 | 03:24:56.10 | 8:41 | 6.9 |
| 149 | WALA PATRYK | 536 | BIEG OPOLSKI / ZAŁOGA GÓRSKA | ZABKOWICE SLASKIE | POL | M-20 | 13 | M 120 | 01:51:48 | 03:24:56.55 | 8:41 | 6.9 |
| 150 | PAWIŃSKI ARTUR | 402 | ADIDAS RUNNERS WARSAW | WARSAWA | POL | M-40 | 52 | M 121 | 01:47:17 | 03:24:56.85 | 8:41 | 6.9 |
| 151 | WOLNY MARCIN | 185 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 47 | M 122 | 01:51:04 | 03:25:00.95 | 8:41 | 6.9 |
| 152 | MAKLES PAWEŁ | 217 | BBLGUBIN | GUBIN | POL | M-20 | 14 | M 123 | 01:56:09 | 03:25:10.05 | 8:41 | 6.9 |
| 153 | ŁUCJANEK JUSTYNA | 464 | KAJATEAM | WARSAWA | POL | K-30 | 16 | K 31 | 01:53:38 | 03:25:33.05 | 8:42 | 6.9 |
| 154 | BABINEK ADAM | 406 | | GDAŃSK | POL | M-40 | 53 | M 124 | 01:45:48 | 03:25:50.15 | 8:43 | 6.9 |
| 155 | POŁOM RAFAŁ | 289 | NOA | WROCLAW | POL | M-30 | 48 | M 125 | 01:45:43 | 03:25:55.80 | 8:43 | 6.9 |
| 156 | KRUPIEŃCZYK MICHAŁ | 459 | | SZCZECIN | POL | M-30 | 49 | M 126 | 01:49:08 | 03:26:34.95 | 8:45 | 6.9 |
| 157 | GAŚIOROWSKI GRZEGORZ | 306 | ;)) | LEGNICA | POL | M-30 | 50 | M 127 | 01:57:20 | 03:26:55.80 | 8:46 | 6.8 |
| 158 | SZANIEWSKI MIROSŁAW | 504 | BIEGAMDLAZDROWIA.PL | JELENIA GÓRA | POL | M-40 | 54 | M 128 | 01:48:37 | 03:27:02.60 | 8:46 | 6.8 |
| 159 | SMUDA RYSZARD | 318 | | TYCHY | POL | M-60 | 2 | M 129 | 01:56:08 | 03:27:17.60 | 8:46 | 6.8 |
| 160 | WOLSKI KAMIL | 272 | RACEFIGHTER GOSIR DĘBE WIELKIE | DĘBE WIELKIE | POL | M-30 | 51 | M 130 | 01:53:31 | 03:27:19.85 | 8:47 | 6.8 |
| 161 | STELMACH MARIUSZ | 146 | | SZCZECIN | POL | M-30 | 52 | M 131 | 01:52:16 | 03:28:20.20 | 8:49 | 6.8 |
| 162 | MARCINKIEWICZ JERZY | 367 | ŁEMKO TEAM | ELBLĄG | POL | M-50 | 10 | M 132 | 01:47:13 | 03:28:31.95 | 8:50 | 6.8 |
| 163 | PAŹDZIOR WOJCIECH | 229 | ACTIVE STRATEGY | WROCLAW | POL | M-30 | 53 | M 133 | 01:47:21 | 03:28:45.00 | 8:50 | 6.8 |
| 164 | BRUCH KATARZYNA | 384 | | WOŹNIKI | POL | K-30 | 17 | K 32 | 01:53:25 | 03:28:51.05 | 8:50 | 6.8 |
| 165 | DURMAN SŁAWOMIR | 207 | ZW DWKP-W | STARGARD | POL | M-30 | 54 | M 134 | 01:56:07 | 03:29:04.05 | 8:51 | 6.8 |
| 166 | MACIĄG MARIAN | 447 | SZOSZONI | BYDGOSZCZ | POL | M-50 | 11 | M 135 | 01:52:20 | 03:29:24.65 | 8:52 | 6.8 |
| 167 | ŁĄŻEWSKI MARCIN | 452 | | CHWAŁĘCICE | POL | M-40 | 55 | M 136 | 01:57:41 | 03:29:26.10 | 8:52 | 6.8 |
| 168 | ŁĄŻEWSKA SYLWIA | 12 | | CHWAŁĘCICE | POL | K-40 | 11 | K 33 | 01:57:52 | 03:29:36.80 | 8:52 | 6.8 |
| 169 | GAŚIOROWSKA AGNIESZKA | 368 | EVERRUN | ŁÓDŹ | POL | K-30 | 18 | K 34 | 01:53:12 | 03:30:12.30 | 8:54 | 6.7 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|----------------------|-----|--|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 170 | BUSS KONRAD | 35 | KUDOWIANA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 55 | M 137 | 01:59:12 | 03:30:57.40 | 8:56 | 6.7 |
| 171 | BUSS JAKUB | 30 | KUDOWIANA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 56 | M 138 | 01:59:24 | 03:31:04.85 | 8:56 | 6.7 |
| 172 | MARCINKOWSKA JADWIGA | 408 | | ROZGARTY | POL | K-50 | 1 | K 35 | 01:57:52 | 03:31:11.00 | 8:56 | 6.7 |
| 173 | LESZCZYŃSKA WERONIKA | 506 | | DESZCZNO | POL | K-30 | 19 | K 36 | 01:51:50 | 03:31:15.05 | 8:57 | 6.7 |
| 174 | DUDEK PRZEMYSŁAW | 512 | PARKRUN SŁODOWO WŁOCLAWEK | WŁOCLAWEK | POL | M-40 | 57 | M 139 | 01:51:33 | 03:31:19.15 | 8:57 | 6.7 |
| 175 | BUGANIK MAGDALENA | 480 | 23 ŚLĄSKI PUŁK ARTYLERII | OSIECZNICA | POL | K-40 | 12 | K 37 | 01:53:37 | 03:31:23.10 | 8:57 | 6.7 |
| 176 | ŚWITŁAŁA MARCIN | 300 | KB SPARTAKUS | BEŁCHATÓW | POL | M-40 | 58 | M 140 | 01:52:50 | 03:31:40.80 | 8:58 | 6.7 |
| 177 | BARCZAK TOMASZ | 478 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 59 | M 141 | 01:51:07 | 03:31:54.30 | 8:58 | 6.7 |
| 178 | BARCZAK KATARZYNA | 477 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 13 | K 38 | 01:51:20 | 03:32:01.40 | 8:59 | 6.7 |
| 179 | TOMASZEWSKI WOJCIECH | 458 | | KUDOWA ZDRÓJ | POL | M-20 | 15 | M 142 | 01:56:05 | 03:32:02.95 | 8:59 | 6.7 |
| 180 | KUDŁA JAKUB | 507 | | WROCLAW | POL | M-30 | 56 | M 143 | 01:51:29 | 03:32:14.10 | 8:59 | 6.7 |
| 181 | PIÓRKO PIOTR | 128 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M-30 | 57 | M 144 | 01:51:52 | 03:32:18.70 | 8:59 | 6.7 |
| 182 | KAPUSCII JAKUB | 254 | | KATOWICE | POL | M-20 | 16 | M 145 | 02:02:15 | 03:32:33.65 | 9:00 | 6.7 |
| 183 | KUROWSKA MARLENA | 487 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | K-30 | 20 | K 39 | 01:52:20 | 03:32:36.90 | 9:00 | 6.7 |
| 184 | ZĄŃKO RAFAŁ | 169 | | RZESZÓW | POL | M-30 | 58 | M 146 | 01:54:27 | 03:32:39.30 | 9:00 | 6.7 |
| 185 | MHADHBI HATEM | 293 | | WARSZAWA | POL | M-30 | 59 | M 147 | 01:51:23 | 03:32:47.85 | 9:01 | 6.7 |
| 186 | KACZMARZ KATARZYNA | 26 | | KOSZALIN | POL | K-30 | 21 | K 40 | 01:56:55 | 03:33:28.25 | 9:02 | 6.6 |
| 187 | KRAWIEC PIOTR | 181 | KOTWICA BRZEG | ŻLOBIZNA | POL | M-30 | 60 | M 148 | 01:51:37 | 03:33:46.55 | 9:03 | 6.6 |
| 188 | BARANSKA MONIKA | 425 | | KRAKÓW | POL | K-50 | 2 | K 41 | 01:58:10 | 03:33:59.95 | 9:04 | 6.6 |
| 189 | GABRYSIAK MARIUSZ | 422 | WIELUŃ BIEGA | WIELUŃ | POL | M-40 | 60 | M 149 | 01:51:14 | 03:34:07.55 | 9:04 | 6.6 |
| 190 | GÓRECKI RAFAŁ | 250 | | GDAŃSK | POL | M-40 | 61 | M 150 | 01:54:49 | 03:34:16.55 | 9:04 | 6.6 |
| 191 | ŁUKASZCZYK ŁUKASZ | 198 | 4FITER | POZNAŃ | GBR | M-30 | 61 | M 151 | 01:53:28 | 03:34:20.30 | 9:04 | 6.6 |
| 192 | SZŁOSEK ŁUKASZ | 519 | | SZCZECIN | POL | M-30 | 62 | M 152 | 01:52:26 | 03:34:24.35 | 9:05 | 6.6 |
| 193 | JAGIEŁŁO KONRAD | 476 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 62 | M 153 | 01:48:15 | 03:35:11.00 | 9:07 | 6.6 |
| 194 | JAGIEŁŁO JOANNA | 475 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 14 | K 42 | 01:48:26 | 03:35:18.35 | 9:07 | 6.6 |
| 195 | KARKOSZ AURELIA | 434 | | MIEJSKA GÓRKA | POL | K-30 | 22 | K 43 | 01:57:25 | 03:35:38.60 | 9:08 | 6.6 |
| 196 | KRZEŚNIEWSKI MARCIN | 539 | | SZCZECIN | POL | M-40 | 63 | M 154 | 01:57:03 | 03:35:50.00 | 9:08 | 6.6 |
| 197 | ODZIMKOWSKI MARCIN | 364 | | MROWINY | POL | M-30 | 63 | M 155 | 01:49:48 | 03:35:53.95 | 9:08 | 6.6 |
| 198 | KRZYŻIŃSKA SYLWIA | 505 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 15 | K 44 | 01:59:15 | 03:36:02.85 | 9:09 | 6.6 |
| 199 | MAZUREK MARITA | 361 | | KŁODZKO | POL | K-30 | 23 | K 45 | 01:59:08 | 03:36:08.75 | 9:09 | 6.6 |
| 200 | WĘŻYK KAMILA | 431 | | BEDOŃ | POL | K-30 | 24 | K 46 | 01:58:57 | 03:36:09.45 | 9:09 | 6.6 |
| 201 | KAMIŃSKI WIESŁAW | 524 | | WROCLAW | POL | M-50 | 12 | M 156 | 01:52:02 | 03:36:23.60 | 9:10 | 6.5 |
| 202 | POPEK MACIEJ | 515 | ANETA TEAM | WŁOCLAWEK | POL | M-40 | 64 | M 157 | 01:54:46 | 03:37:10.05 | 9:12 | 6.5 |
| 203 | SIENKIEWICZ PAWEŁ | 521 | DECEPTICON GYM | WARSZAWA | POL | M-40 | 65 | M 158 | 02:00:36 | 03:38:11.25 | 9:14 | 6.5 |
| 204 | KAWA MICHAŁ | 418 | | KRAKÓW | POL | M-30 | 64 | M 159 | 01:55:42 | 03:38:22.00 | 9:15 | 6.5 |
| 205 | CZOSKA PRZEMYSŁAW | 249 | JARBUD | POGÓRZE | POL | M-30 | 65 | M 160 | 01:55:45 | 03:38:25.75 | 9:15 | 6.5 |
| 206 | GÓRNIK JAROSŁAW | 242 | JARBUD | POGÓRZE | POL | M-30 | 66 | M 161 | 01:55:45 | 03:38:30.05 | 9:15 | 6.5 |
| 207 | KARWACKI SZYMON | 334 | | OLSZTYN | POL | M-30 | 67 | M 162 | 01:56:17 | 03:38:57.15 | 9:16 | 6.5 |
| 208 | ŁĘGA WIESŁAW | 421 | K.S. TĘCZA | ŚWIDNICA | POL | M-40 | 66 | M 163 | 01:49:26 | 03:39:42.90 | 9:18 | 6.4 |
| 209 | ROLIŃSKI RADOŚLAW | 29 | | OLEŚNICA | POL | M-40 | 67 | M 164 | 01:54:54 | 03:39:47.80 | 9:18 | 6.4 |
| 210 | SOKÓLSKA KATARZYNA | 166 | OUTDOOR TRAINING | DOBRZYŃ WIEW DUŻE | POL | K-30 | 25 | K 47 | 01:58:30 | 03:40:00.50 | 9:19 | 6.4 |
| 211 | SERAFIN EWELINA | 23 | | RADKÓW | POL | K-40 | 16 | K 48 | 01:52:43 | 03:40:36.55 | 9:20 | 6.4 |
| 212 | JANUS MARCIN | 404 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 68 | M 165 | 01:53:37 | 03:40:50.80 | 9:21 | 6.4 |
| 213 | SZYLBERG PIOTR | 173 | TEAM ZABIEGANEDNI | WARSZAWA | POL | M-30 | 69 | M 166 | 02:00:44 | 03:40:56.65 | 9:21 | 6.4 |
| 214 | SZYLBERG ALEKSANDRA | 172 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 26 | K 49 | 02:00:55 | 03:41:04.35 | 9:22 | 6.4 |
| 215 | SOBCZYK GRZESIU | 154 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 70 | M 167 | 01:53:54 | 03:41:15.75 | 9:22 | 6.4 |
| 216 | BARTMAŃSKA MIROŚLAWA | 517 | | BIELANY WROCLAWSKIE | POL | K-40 | 17 | K 50 | 01:57:59 | 03:41:48.85 | 9:23 | 6.4 |
| 217 | FILIPIAK MICHAŁ | 32 | WIELKOPOLSKI KLUB TATERNICTWA JASKINIOWEGO | POZNAŃ | POL | M-40 | 68 | M 168 | 01:58:34 | 03:41:53.15 | 9:24 | 6.4 |
| 218 | KÓŁKIEWICZ JAKUB | 252 | | GRODZISK MAZOWIECKI | POL | M-40 | 69 | M 169 | 02:03:58 | 03:42:16.90 | 9:25 | 6.4 |
| 219 | ZIMA RYSZARD | 253 | | GRODZISK MAZOWIECKI | POL | M-60 | 3 | M 170 | 02:03:57 | 03:42:18.15 | 9:25 | 6.4 |
| 220 | ŁASKAWSKA JUSTYNA | 492 | | WARSZAWA | POL | K-40 | 18 | K 51 | 01:58:27 | 03:42:28.35 | 9:25 | 6.4 |
| 221 | BABICKA SYLWIA | 440 | BIEGAM Z RADOŚCI | WARSZAWA | POL | K-40 | 19 | K 52 | 01:58:15 | 03:42:37.80 | 9:26 | 6.4 |
| 222 | GAŚSIOROWSKA DOROTA | 474 | VELO ŁOSIE NA SZOSIE | WARSZAWA | POL | K-50 | 3 | K 53 | 02:01:36 | 03:42:42.10 | 9:26 | 6.4 |
| 223 | BALKIEWICZ MARLENA | 372 | | ELBLĄG | POL | K-50 | 4 | K 54 | 01:56:53 | 03:43:10.30 | 9:27 | 6.3 |
| 224 | BISKUPSKI JAKUB | 290 | | WROCLAW | POL | M-40 | 70 | M 171 | 02:03:32 | 03:43:30.20 | 9:28 | 6.3 |
| 225 | MAZUR KATARZYNA | 27 | UMLAUT | KROSNO ODRZAŃSKIE | POL | K-40 | 20 | K 55 | 01:59:40 | 03:43:35.85 | 9:28 | 6.3 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|-----------------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 226 | POCHWAŁA JUSTYNA | 67 | NATALIA TOMASIAK GÓRSKI STYL TEAM | ŁOWICZ | POL | K-30 | 27 | K 56 | 02:00:51 | 03:43:41.85 | 9:28 | 6.3 |
| 227 | PRZYBYŁ TOMASZ | 496 | NIGHT RUNNERS | OSTRÓW WIELKOPOLSKI | POL | M-40 | 71 | M 172 | 01:59:54 | 03:44:13.45 | 9:30 | 6.3 |
| 228 | MODERACKA MAŁGORZATA | 337 | | POZNAŃ | POL | K-30 | 28 | K 57 | 02:00:48 | 03:44:18.80 | 9:30 | 6.3 |
| 229 | SMUSZ GRZEGORZ | 352 | | STRONIE ŚLASKIE | POL | M-40 | 72 | M 173 | 01:56:03 | 03:44:20.45 | 9:30 | 6.3 |
| 230 | DZIARKOWSKA EDYTA | 338 | #TEAMDKMS | CZARNE BŁOTO | POL | K-30 | 29 | K 58 | 01:55:51 | 03:44:35.10 | 9:30 | 6.3 |
| 231 | KACZÓREK RENATA | 160 | | WARSZAWA | POL | K-30 | 30 | K 59 | 01:58:22 | 03:44:59.35 | 9:32 | 6.3 |
| 232 | GRUDZIEŃ-JURKOWSKA MALGORZATA | 485 | | ZABKOWICE ŚL | POL | K-30 | 31 | K 60 | 01:56:45 | 03:45:20.70 | 9:32 | 6.3 |
| 233 | JARMUDA JUSTYNA | 327 | | POZNAŃ | POL | K-30 | 32 | K 61 | 02:01:14 | 03:46:01.50 | 9:34 | 6.3 |
| 234 | DYKTYŃSKI KRZYSZTOF | 433 | VEOLIA | ŁÓDŹ | POL | M-50 | 13 | M 174 | 01:48:22 | 03:46:19.50 | 9:35 | 6.3 |
| 235 | WIŚNIEWSKI TOMASZ | 348 | | ALEKSANDRÓW KUJAWSKI | POL | M-40 | 73 | M 175 | 02:02:00 | 03:46:40.35 | 9:36 | 6.2 |
| 236 | PULKOWSKI DARIUSZ | 97 | OSTRÓDA RUNNERS | OSTRÓDA | POL | M-50 | 14 | M 176 | 02:02:10 | 03:46:52.70 | 9:36 | 6.2 |
| 237 | MAZIAREK ADELA | 210 | | NIEMODLIN | POL | K-30 | 33 | K 62 | 01:59:40 | 03:47:28.05 | 9:38 | 6.2 |
| 238 | PISULA ŁUKASZ | 383 | | KUDOWA-ZDRÓJ | POL | M-30 | 71 | M 177 | 02:08:55 | 03:47:29.55 | 9:38 | 6.2 |
| 239 | MIERNICKI TOMASZ | 209 | GRUPA BIEGOWA CHTMO | JABŁONNA | POL | M-50 | 15 | M 178 | 01:59:52 | 03:47:52.80 | 9:39 | 6.2 |
| 240 | SUDÓŁ ROBERT | 115 | KOTWICA BRZEG | BRZEG | POL | M-30 | 72 | M 179 | 01:59:37 | 03:48:03.95 | 9:39 | 6.2 |
| 241 | KADŁUBOWSKI PIOTR | 55 | SRC TEAM KOTWICA BRZEG | BRZEG | POL | M-40 | 74 | M 180 | 02:00:21 | 03:48:18.05 | 9:40 | 6.2 |
| 242 | ORŁOWSKI DANIEL | 141 | | DEBRZNO | POL | M-40 | 75 | M 181 | 02:01:24 | 03:48:18.85 | 9:40 | 6.2 |
| 243 | ILNICKI BRONISŁAW | 164 | | LEGNICA | POL | M-30 | 73 | M 182 | 01:43:08 | 03:48:25.75 | 9:40 | 6.2 |
| 244 | FEDOROWICZ JOWITA | 62 | KOTWICA BRZEG | BRZEG | POL | K-30 | 34 | K 63 | 02:01:02 | 03:48:28.45 | 9:40 | 6.2 |
| 245 | SEMENIUK MARZENA | 436 | KOTWICA BRZEG | KARLOWICE | POL | K-30 | 35 | K 64 | 02:00:22 | 03:48:37.00 | 9:41 | 6.2 |
| 246 | JANUSZEWSKI KAROL | 373 | BIEGAM U KOLESI | GRODZICZNO | POL | M-30 | 74 | M 183 | 02:02:55 | 03:48:49.85 | 9:41 | 6.2 |
| 247 | JANUSZEWSKA IZABELA | 374 | BIEGAM U KOLESI | MONTOWO | POL | K-30 | 36 | K 65 | 02:03:06 | 03:48:58.35 | 9:42 | 6.2 |
| 248 | LE FELIC MONIKA | 510 | | WARSZAWA | POL | K-40 | 21 | K 66 | 02:04:51 | 03:49:12.55 | 9:42 | 6.2 |
| 249 | BRUZI KACPER | 461 | | KRAKÓW | POL | M-30 | 75 | M 184 | 01:56:04 | 03:49:28.40 | 9:43 | 6.2 |
| 250 | GUZIŃSKA OLA | 234 | BIEGAM BO LUBIĘ ZĄBKI TEAM | ZĄBKI | POL | K-40 | 22 | K 67 | 02:05:01 | 03:49:35.85 | 9:43 | 6.2 |
| 251 | WRÓBLEWSKI JAROSŁAW | 225 | RAZ SZCZECIN | SZCZECIN | POL | M-40 | 76 | M 185 | 01:56:56 | 03:50:02.60 | 9:44 | 6.2 |
| 252 | OKRASKA GRZEGORZ | 90 | | BEDZIN | POL | M-30 | 76 | M 186 | 01:59:56 | 03:50:08.25 | 9:45 | 6.2 |
| 253 | JARECKA KATARZYNA | 532 | | WARSZAWA | POL | K-40 | 23 | K 68 | 02:07:06 | 03:50:42.00 | 9:46 | 6.1 |
| 254 | MORAWSKI RYSZARD | 197 | RMT | WROCŁAW | POL | M-30 | 77 | M 187 | 02:02:07 | 03:50:59.35 | 9:47 | 6.1 |
| 255 | WRZESIŃSKI PIOTR | 174 | GAPPAG TEAM | CZĘSTOCHOWA | POL | M-40 | 77 | M 188 | 01:56:15 | 03:51:14.60 | 9:47 | 6.1 |
| 256 | RADAJEWSKI ARKADIUSZ | 390 | CROSS KRAPKOWICE | KRAPKOWICE | POL | M-40 | 78 | M 189 | 02:00:53 | 03:52:17.15 | 9:50 | 6.1 |
| 257 | WOŁOWIEC KRZYSZTOF | 280 | LABORATORYJNIE.PL | KIELCE | POL | M-40 | 79 | M 190 | 02:02:56 | 03:52:25.90 | 9:50 | 6.1 |
| 258 | SKRZYPIŃSKA AGNIESZKA | 214 | | LESZNO | POL | K-30 | 37 | K 69 | 02:02:45 | 03:52:43.20 | 9:51 | 6.1 |
| 259 | GANC MARCIN | 307 | | TORUŃ | POL | M-40 | 80 | M 191 | 02:09:54 | 03:52:59.55 | 9:52 | 6.1 |
| 260 | BEDNAREK DARIUSZ | 315 | PLAN EMERYTALNY | KONSTANCIN-JEZIORNA | POL | M-40 | 81 | M 192 | 02:02:20 | 03:53:12.10 | 9:52 | 6.1 |
| 261 | MAKARENKOV SERGIJ | 211 | DOGOŃ GRODZISK MAZOWIECKI | MILANÓWEK | POL | M-30 | 78 | M 193 | 02:01:17 | 03:53:19.35 | 9:53 | 6.1 |
| 262 | LUBAŃSKA ALICJA | 482 | | BUKOWICE | POL | K-50 | 5 | K 70 | 02:02:14 | 03:53:26.60 | 9:53 | 6.1 |
| 263 | WOJCIECHOWSKA DOROTA | 82 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 24 | K 71 | 02:01:26 | 03:53:29.15 | 9:53 | 6.1 |
| 264 | KOZDROJ WIOLETTA | 79 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 25 | K 72 | 02:00:54 | 03:53:33.60 | 9:53 | 6.1 |
| 265 | CHĘC TOMASZ | 317 | | WARSZAWA | POL | M-30 | 79 | M 194 | 01:58:44 | 03:53:34.75 | 9:53 | 6.1 |
| 266 | MARCZEWSKI MARCIN | 235 | RESILIA BEMOWO GROTY | WARSZAWA | POL | M-40 | 82 | M 195 | 02:02:43 | 03:53:44.80 | 9:54 | 6.1 |
| 267 | NOSARZEWSKI MARIUSZ | 309 | GB PRESS | TRZCIANY | POL | M-40 | 83 | M 196 | 01:58:57 | 03:53:44.95 | 9:54 | 6.1 |
| 268 | BOŹKIEWICZ JACEK | 103 | | MUROWANA GOŚLINA | POL | M-40 | 84 | M 197 | 02:05:08 | 03:53:45.15 | 9:54 | 6.1 |
| 269 | KUBACZKA-LIGENZA SYLWIA | 186 | #CZELADZBIEGA | CZELADŹ | POL | K-30 | 38 | K 73 | 02:08:11 | 03:53:47.85 | 9:54 | 6.1 |
| 270 | GODLEWSKI ADAM | 180 | | WOŁOMIN | POL | M-40 | 85 | M 198 | 01:57:14 | 03:53:51.95 | 9:54 | 6.1 |
| 271 | RATAJSKA MONIKA | 494 | | POZNAŃ | POL | K-20 | 6 | K 74 | 02:04:31 | 03:53:53.75 | 9:54 | 6.1 |
| 272 | BOŹKIEWICZ PATRYCJA | 3 | PIEKIENIE ZGRANI | MUROWANA GOŚLINA | POL | K-40 | 26 | K 75 | 02:05:21 | 03:53:55.75 | 9:54 | 6.1 |
| 273 | ZELICHOWSKA IZABELA | 145 | KĘCKIE HARPAGANY | KĘTY | POL | K-40 | 27 | K 76 | 02:04:44 | 03:53:57.55 | 9:54 | 6.1 |
| 274 | KURKUS ALEKSANDER | 391 | DOGOŃ GRODZISK MAZOWIECKI | WARSZAWA | POL | M-40 | 86 | M 199 | 02:07:18 | 03:54:24.15 | 9:55 | 6 |
| 275 | NIEDŹWIEDŹ GRZEGORZ | 237 | STS BIEGATON | ŁAZISKA GÓRNE | POL | M-40 | 87 | M 200 | 02:03:26 | 03:54:51.90 | 9:57 | 6 |
| 276 | KLIMECKI MICHAŁ | 349 | ZABIEGANI GOLENIÓW | GOLENIÓW | POL | M-30 | 80 | M 201 | 02:03:08 | 03:54:58.90 | 9:57 | 6 |
| 277 | WOJCIECHOWSKA ANNA | 148 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | K-40 | 28 | K 77 | 02:03:02 | 03:55:01.00 | 9:57 | 6 |
| 278 | KRZESIMOWSKI DAMIAN | 271 | | KIELCE | POL | M-30 | 81 | M 202 | 02:00:33 | 03:55:07.85 | 9:57 | 6 |
| 279 | STRZELCZYK PAULINA | 54 | NESSI LESZNO | MOROWNICA | POL | K-30 | 39 | K 78 | 02:07:57 | 03:55:51.95 | 9:59 | 6 |
| 280 | KOSIŃSKI ALEKSANDER | 441 | | PIASECZNO | POL | M-30 | 82 | M 203 | 01:59:00 | 03:55:52.55 | 9:59 | 6 |
| 281 | GIDASZEWSKA JOLANTA | 38 | NESSI LESZNO | LESZNO | POL | K-40 | 29 | K 79 | 02:07:59 | 03:55:56.85 | 9:59 | 6 |
| 282 | KOZIÓŁ PAWEŁ | 20 | | DĄBROWA GÓRNICZA | POL | M-30 | 83 | M 204 | 02:08:35 | 03:56:04.35 | 10:00 | 6 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------|-----|------------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 283 | BAJOLEK ALEKSANDRA | 119 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | K-50 | 6 | K 80 | 02:13:13 | 03:56:18.35 | 10:00 | 6 |
| 284 | PAPROCKA NATALIA | 95 | | POLKOWICE | POL | K-40 | 30 | K 81 | 02:06:41 | 03:56:19.35 | 10:00 | 6 |
| 285 | DZIWIEC-GUZIK JUSTYNA | 21 | MARELLI SOSNOWIEC POLAND | DĄBROWA GÓRNICZA | POL | K-40 | 31 | K 82 | 02:09:03 | 03:56:31.25 | 10:01 | 6 |
| 286 | RESPONDEK DARIUSZ | 261 | | WROCLAW | POL | M-40 | 88 | M 205 | 02:04:50 | 03:57:52.35 | 10:04 | 6 |
| 287 | MIELNIK NATALIA | 490 | | KUDOWA-ZDRÓJ | POL | K-40 | 32 | K 83 | 02:09:11 | 03:58:07.70 | 10:05 | 5.9 |
| 288 | SZYSZKA MAREK | 304 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POL | M-30 | 84 | M 206 | 02:02:04 | 03:58:23.50 | 10:06 | 5.9 |
| 289 | KWIATKOWSKA ZUZANNA | 409 | | SZCZYTNA | POL | K-40 | 33 | K 84 | 02:06:57 | 03:58:26.70 | 10:06 | 5.9 |
| 290 | ORACKA MARTA | 239 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-30 | 40 | K 85 | 02:14:15 | 03:58:37.45 | 10:06 | 5.9 |
| 291 | SERWADZAK PIOTR | 266 | P+E | LUBSZA | POL | M-40 | 89 | M 207 | 02:01:54 | 03:58:45.65 | 10:07 | 5.9 |
| 292 | POCHWAŁA ADAM | 325 | | ŁOWICZ | POL | M-20 | 17 | M 208 | 02:07:08 | 03:58:53.10 | 10:07 | 5.9 |
| 293 | MAGDZIAK IWONA | 493 | NOA | WROCLAW | POL | K-30 | 41 | K 86 | 02:05:49 | 03:58:56.80 | 10:07 | 5.9 |
| 294 | SIKORA DAWID | 168 | | ŁOWICZ | POL | M-20 | 18 | M 209 | 02:07:15 | 03:59:00.60 | 10:07 | 5.9 |
| 295 | SERAFIN ROBERT | 41 | | RADKÓW | POL | M-40 | 90 | M 210 | 02:01:00 | 04:00:36.60 | 10:11 | 5.9 |
| 296 | TYCHOWICZ ROBERT | 414 | BUTTON'S TEAM | ŻARY | POL | M-40 | 91 | M 211 | 02:03:10 | 04:00:50.60 | 10:12 | 5.9 |
| 297 | ŻYTNIK PIOTR | 413 | BUTTON'S TEAM | ŻARY | POL | M-40 | 92 | M 212 | 02:03:17 | 04:00:58.65 | 10:12 | 5.9 |
| 298 | PERKA BARBARA | 71 | | PRÓSZKÓW | POL | K-40 | 34 | K 87 | 02:11:42 | 04:01:30.00 | 10:13 | 5.9 |
| 299 | STAMM TOMASZ | 528 | | POZNAŃ | POL | M-40 | 93 | M 213 | 02:08:44 | 04:01:32.15 | 10:14 | 5.9 |
| 300 | KRYSAK DOROTA | 450 | MARMEL TORUŃ | TORUŃ | POL | K-30 | 42 | K 88 | 02:09:44 | 04:01:34.95 | 10:14 | 5.9 |
| 301 | ZAKRZEWSKI MAREK | 445 | MARMEL TORUŃ | TORUŃ | POL | M-50 | 16 | M 214 | 02:09:39 | 04:01:36.45 | 10:14 | 5.9 |
| 302 | PLASZCZAK JAROSŁAW | 6 | | TULCE | POL | M-40 | 94 | M 215 | 02:09:23 | 04:02:08.55 | 10:15 | 5.8 |
| 303 | STOLARSKI JANUSZ | 298 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | M-60 | 4 | M 216 | 01:59:22 | 04:02:10.00 | 10:15 | 5.8 |
| 304 | JURAS-KMIEĆ MARZENA | 136 | BIEGAM SOBIE | LUBLIN | POL | K-40 | 35 | K 89 | 02:10:35 | 04:02:30.80 | 10:16 | 5.8 |
| 305 | ZACHCIAŁ ANNA | 346 | | RATAJE | POL | K-30 | 43 | K 90 | 02:08:00 | 04:02:41.40 | 10:16 | 5.8 |
| 306 | PRZESPOLEWSKI RAFAŁ | 341 | WRZOSOWA STUDZIENIEC | CHODZIEŻ | POL | M-40 | 95 | M 217 | 02:08:13 | 04:02:48.35 | 10:17 | 5.8 |
| 307 | SIWIASZCZYK TOMASZ | 236 | | POZNAŃ | POL | M-40 | 96 | M 218 | 02:03:54 | 04:02:56.00 | 10:17 | 5.8 |
| 308 | WYRWICKI PRZEMEK | 112 | | ZIELONA GÓRA | POL | M-40 | 97 | M 219 | 02:07:41 | 04:03:08.85 | 10:18 | 5.8 |
| 309 | HENSZKE WALDEMAR | 66 | | KRAKÓW | POL | M-30 | 85 | M 220 | 02:00:03 | 04:03:10.85 | 10:18 | 5.8 |
| 310 | ŚWIDER MAŁGORZATA | 196 | | OLSZTYN | POL | K-30 | 44 | K 91 | 02:06:36 | 04:04:10.80 | 10:20 | 5.8 |
| 311 | PYTA GRZEGORZ | 171 | NIEZRZESZONY | GRODZISK WLKP. | POL | M-60 | 5 | M 221 | 02:02:51 | 04:05:23.90 | 10:23 | 5.8 |
| 312 | FISZER JAKUB | 339 | #TEAMDKMS | CZARNE BŁOTO | POL | M-40 | 98 | M 222 | 02:22:32 | 04:06:21.10 | 10:26 | 5.7 |
| 313 | POCHWAŁA MACIEJ | 88 | | ŁOWICZ | POL | M-20 | 19 | M 223 | 02:05:55 | 04:06:30.50 | 10:26 | 5.7 |
| 314 | GAŁUS ANGELIKA | 385 | NOVEMBER RUNNING TEAM | LUBLIN | POL | K-30 | 45 | K 92 | 02:10:08 | 04:06:43.50 | 10:27 | 5.7 |
| 315 | SKOWRONEK TOMASZ | 7 | | POZNAŃ | POL | M-30 | 86 | M 224 | 02:01:11 | 04:07:14.55 | 10:28 | 5.7 |
| 316 | BEDNARSKA KOZIOŁ DANUTA | 509 | WKURW_TEAM | ZIELEŃCICE | POL | K-40 | 36 | K 93 | 02:15:20 | 04:07:20.25 | 10:28 | 5.7 |
| 317 | RATAJCZAK KAROLINA | 218 | | GORZÓW WLKP | POL | K-20 | 7 | K 94 | 02:08:47 | 04:07:27.85 | 10:29 | 5.7 |
| 318 | KRAWIEC MARCIN | 183 | | GOSTYŃ | POL | M-30 | 87 | M 225 | 02:11:08 | 04:08:07.85 | 10:30 | 5.7 |
| 319 | MALINOWSKI PAWEŁ | 243 | MPK-ŁÓDŹ | SZCZAWIN DUŻY | POL | M-40 | 99 | M 226 | 02:01:01 | 04:08:11.35 | 10:30 | 5.7 |
| 320 | OLSZANKA ANNA | 310 | OTWOCK BIEGA | OTWOCK | POL | K-40 | 37 | K 95 | 02:12:57 | 04:09:34.45 | 10:34 | 5.7 |
| 321 | SZYMAŃSKI JACEK | 534 | | SKÓRKA | POL | M-50 | 17 | M 227 | 02:12:38 | 04:09:44.15 | 10:34 | 5.7 |
| 322 | SZYMAŃSKA HANNA | 498 | | SKÓRKA | POL | K-40 | 38 | K 96 | 02:12:43 | 04:09:45.45 | 10:34 | 5.7 |
| 323 | GROSKOP GRZEGORZ | 232 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | SĘPÓLNO KRAJEŃSKIE | GBR | M-20 | 20 | M 228 | 02:10:38 | 04:09:56.05 | 10:35 | 5.7 |
| 324 | BŁACHNIO KRZYSZTOF | 159 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 18 | M 229 | 01:57:59 | 04:09:56.40 | 10:35 | 5.7 |
| 325 | STAWICKA EWELINA | 233 | AKTYWNE LISEWO | LISEWO | GBR | K-20 | 8 | K 97 | 02:10:58 | 04:10:03.80 | 10:35 | 5.7 |
| 326 | SWICARZ MONIKA | 221 | | PŁOCK | POL | K-40 | 39 | K 98 | 02:10:32 | 04:10:04.90 | 10:35 | 5.7 |
| 327 | ŁADOŃSKA AGATA | 405 | | WROCLAW | POL | K-30 | 46 | K 99 | 02:11:23 | 04:10:17.55 | 10:36 | 5.7 |
| 328 | RATAJCZAK GRZEGORZ | 219 | | GORZÓW WLKP | POL | M-50 | 19 | M 230 | 02:08:25 | 04:10:45.25 | 10:37 | 5.6 |
| 329 | KOWNACKA MAGDALENA | 162 | | JÓZEFÓW | POL | K-40 | 40 | K 100 | 02:16:40 | 04:11:18.30 | 10:38 | 5.6 |
| 330 | SŁONECKA ANNA | 399 | BRAVEHEARTS LEGIONOWO | WARSZAWA | POL | K-30 | 47 | K 101 | 02:11:45 | 04:12:03.45 | 10:40 | 5.6 |
| 331 | GIBEK PAWEŁ | 503 | | KRAKÓW | POL | M-30 | 88 | M 231 | 02:06:33 | 04:12:07.85 | 10:41 | 5.6 |
| 332 | GAWROŃSKA AGATA | 401 | BRAVEHARDS LEGIONOWO | JABŁONNA | POL | K-30 | 48 | K 102 | 02:11:59 | 04:12:21.05 | 10:41 | 5.6 |
| 333 | KARAMON MAGDALENA | 227 | | OPOLE | POL | K-40 | 41 | K 103 | 02:12:39 | 04:12:21.50 | 10:41 | 5.6 |
| 334 | CICHOMSKA MARZENA | 58 | BIEGAM BO MUSZĘ INACZEJ SIĘ UDUSZĘ | KĘTRZYN | POL | K-30 | 49 | K 104 | 02:14:11 | 04:12:46.65 | 10:42 | 5.6 |
| 335 | SIBILA DAWID | 94 | | KALISZ | POL | M-30 | 89 | M 232 | 02:09:40 | 04:13:04.15 | 10:43 | 5.6 |
| 336 | ADAMIAK MARTA | 165 | RUN4GOLD | ZLOTY STOK | POL | K-30 | 50 | K 105 | 02:14:40 | 04:13:41.25 | 10:45 | 5.6 |
| 337 | CZEKAŁSKA MAGDALENA | 245 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-30 | 51 | K 106 | 02:04:58 | 04:14:00.20 | 10:45 | 5.6 |
| 338 | CZEKAŁSKI TOMASZ | 246 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 100 | M 233 | 02:05:33 | 04:14:08.90 | 10:46 | 5.6 |
| 339 | BZOWSKI MARCIN | 360 | | ŚWIDNIK | POL | M-30 | 90 | M 234 | 02:09:09 | 04:14:34.30 | 10:47 | 5.6 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|---------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 340 | PLASZCZAK BOGUMIŁA | 93 | PIEKIELNIE ZGRANI | TULCE | POL | K-40 | 42 | K 107 | 02:11:02 | 04:14:47.20 | 10:47 | 5.6 |
| 341 | LUPA MIROSLAW | 255 | | ŚCINAWA | POL | M-50 | 20 | M 235 | 02:14:18 | 04:14:57.05 | 10:48 | 5.6 |
| 342 | ZIELIŃSKA KATARZYNA | 99 | | KŁODZKO | POL | K-30 | 52 | K 108 | 02:27:26 | 04:15:26.10 | 10:49 | 5.5 |
| 343 | KWIATKOWSKA MARTA | 158 | | WROCŁAW | POL | K-40 | 43 | K 109 | 02:05:14 | 04:16:29.90 | 10:52 | 5.5 |
| 344 | PISOWŁODZKA DAGMARA | 177 | | DĄBROWA GÓRNICZA | POL | K-40 | 44 | K 110 | 02:18:19 | 04:17:09.70 | 10:53 | 5.5 |
| 345 | KRAIŃSKI PIOTR | 114 | #CZELADZBIEGA | CZELADZ | POL | M-40 | 101 | M 236 | 02:09:12 | 04:17:13.45 | 10:53 | 5.5 |
| 346 | DOMINIAK KATARZYNA | 355 | TIGERS TEAM | ŁÓDŹ | POL | K-30 | 53 | K 111 | 02:20:23 | 04:17:14.40 | 10:54 | 5.5 |
| 347 | KOWALCZYK ANNA | 472 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 45 | K 112 | 02:12:53 | 04:17:15.00 | 10:54 | 5.5 |
| 348 | MARCINKOWSKI PIOTR | 363 | | ROZGARTY | POL | M-50 | 21 | M 237 | 02:19:47 | 04:17:32.15 | 10:54 | 5.5 |
| 349 | MZYK FABIAN | 305 | STS BIEGATON | ORZESZE | POL | M-40 | 102 | M 238 | 02:13:29 | 04:17:40.80 | 10:55 | 5.5 |
| 350 | BARTOSZEWSKA KATARZYNA | 156 | WATAHA | DLUGOŁĘKA | POL | K-30 | 54 | K 113 | 02:17:57 | 04:18:00.45 | 10:55 | 5.5 |
| 351 | SKARŻEŃSKA JAGODA | 527 | | LADEK -ZDRÓJ | POL | K-30 | 55 | K 114 | 02:11:47 | 04:18:53.50 | 10:58 | 5.5 |
| 352 | SZCZEPKOWSKI PAWEŁ | 523 | ARTEQUIPMENT | WARSZAWA | POL | M-60 | 6 | M 239 | 02:15:02 | 04:18:58.55 | 10:58 | 5.5 |
| 353 | WITKOWSKA-KOPKA KAJA | 43 | | WARSZAWA | POL | K-30 | 56 | K 115 | 02:18:02 | 04:19:09.30 | 10:58 | 5.5 |
| 354 | OGÓREK ARTUR | 268 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | M-40 | 103 | M 240 | 02:19:55 | 04:19:15.95 | 10:59 | 5.5 |
| 355 | SADURSKA KASIA | 319 | | WARSZAWA | POL | K-30 | 57 | K 116 | 02:16:38 | 04:19:22.85 | 10:59 | 5.5 |
| 356 | SIDORCZUK KATARZYNA | 269 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 46 | K 117 | 02:20:04 | 04:19:26.15 | 10:59 | 5.5 |
| 357 | GAJEWSKI JACEK | 195 | KURCZAK I AGATKA | GLIWICE | POL | M-50 | 22 | M 241 | 02:12:53 | 04:19:38.15 | 11:00 | 5.5 |
| 358 | KUJAWA KATARZYNA | 187 | KURCZAK I AGATKA | GDYNIA | POL | K-40 | 47 | K 118 | 02:13:01 | 04:19:46.55 | 11:00 | 5.5 |
| 359 | SOWIŃSKA MAGDALENA | 206 | DOGOŃ GRODZISK MAZOWIECKI | BRWINÓW | POL | K-40 | 48 | K 119 | 02:13:22 | 04:19:58.40 | 11:00 | 5.4 |
| 360 | KACZMAREK KRZYSZTOF | 52 | K2 | KALISZ | POL | M-40 | 104 | M 242 | 02:14:54 | 04:20:35.05 | 11:02 | 5.4 |
| 361 | BRODAWKA OLGA | 72 | | WARSZAWA | POL | K-30 | 58 | K 120 | 02:19:40 | 04:20:36.25 | 11:02 | 5.4 |
| 362 | POKROP AGNIESZKA | 48 | GÓRSKI STYL TEAM | SKIERNIEWICE | POL | K-30 | 59 | K 121 | 02:19:52 | 04:20:36.80 | 11:02 | 5.4 |
| 363 | POWAŁA JANUSZ | 170 | JIL | LUBIN | POL | M-60 | 7 | M 243 | 02:11:39 | 04:22:04.25 | 11:06 | 5.4 |
| 364 | DUNAL TOMASZ | 116 | SZ JAK GEPARD | GORZÓW WLKP. | POL | M-30 | 91 | M 244 | 02:08:30 | 04:22:57.30 | 11:08 | 5.4 |
| 365 | SAWICKA IZABELA | 14 | PARKRUN | GORZÓW WIELKOPOLSKI | POL | K-30 | 60 | K 122 | 02:16:49 | 04:23:05.15 | 11:08 | 5.4 |
| 366 | KRYSIAK ŁUKASZ | 8 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-40 | 105 | M 245 | 02:06:14 | 04:23:36.05 | 11:10 | 5.4 |
| 367 | RUDAWSKA KAROLINA | 137 | | OLKUSZ | POL | K-20 | 9 | K 123 | 02:19:58 | 04:24:52.80 | 11:13 | 5.3 |
| 368 | BOSY JOANNA | 222 | | WROCŁAW | POL | K-30 | 61 | K 124 | 02:15:59 | 04:24:57.80 | 11:13 | 5.3 |
| 369 | PIETROWSKA HALLIK | 45 | | POZNAŃ | POL | K-50 | 7 | K 125 | 02:21:45 | 04:24:58.80 | 11:13 | 5.3 |
| 370 | BŁASZCZAK KATARZYNA | 92 | DOGOŃ GRODZISK MAZOWIECKI | JANINÓW | POL | K-30 | 62 | K 126 | 02:22:17 | 04:25:31.90 | 11:15 | 5.3 |
| 371 | BAK BOGDAN | 340 | | DĘBNO | POL | M-40 | 106 | M 246 | 02:16:04 | 04:25:51.05 | 11:15 | 5.3 |
| 372 | PAWŁOWSKI ZBIGNIEW | 501 | | MIERZYN | POL | M-50 | 23 | M 247 | 02:19:56 | 04:26:36.65 | 11:17 | 5.3 |
| 373 | MALISZAK AGNIESZKA | 152 | | LEGNICA | POL | K-30 | 63 | K 127 | 02:23:47 | 04:27:06.65 | 11:19 | 5.3 |
| 374 | STACHURSKA MONIKA | 17 | | DRUŻBICE | POL | K-50 | 8 | K 128 | 02:18:28 | 04:27:18.95 | 11:19 | 5.3 |
| 375 | CELICHOWSKI STANISŁAW | 451 | | POZNAŃ | POL | M-30 | 92 | M 248 | 02:24:18 | 04:27:55.00 | 11:21 | 5.3 |
| 376 | MAJ MAGDALENA | 16 | GRAŻYŃKI OCR | ROKIETNICA | POL | K-30 | 64 | K 129 | 02:24:27 | 04:28:03.50 | 11:21 | 5.3 |
| 377 | SZYMCAK ANNA | 311 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 49 | K 130 | 02:24:40 | 04:29:47.05 | 11:25 | 5.2 |
| 378 | SIERANT MARIAN | 176 | | BYDGOSZCZ | POL | M-60 | 8 | M 249 | 02:15:38 | 04:30:19.60 | 11:27 | 5.2 |
| 379 | JARZĘBSKA-MAJCHRZAK AGNIESZKA | 34 | TU INTER POLSKA SA | WROCŁAW | POL | K-20 | 10 | K 131 | 02:27:29 | 04:31:04.90 | 11:29 | 5.2 |
| 380 | CZUCHWICKI MAREK | 15 | | WROCŁAW | POL | M-40 | 107 | M 250 | 02:17:36 | 04:31:15.40 | 11:29 | 5.2 |
| 381 | DUDEK MARIOLA | 36 | STRZEGOMSKA DWUNASTKA | UDANIN | POL | K-40 | 50 | K 132 | 02:19:56 | 04:31:37.05 | 11:30 | 5.2 |
| 382 | STRZECHOWSKI DARIUSZ | 108 | RAJSPOORT ACTIVE | BEDOŃ | POL | M-30 | 93 | M 251 | 02:27:17 | 04:32:55.90 | 11:33 | 5.2 |
| 383 | BANASZCZAK KARINA | 60 | OFIARY SPORTU | KOLUSZKI | POL | K-20 | 11 | K 133 | 02:27:31 | 04:33:11.80 | 11:34 | 5.2 |
| 384 | JANKOWIAK PIOTR | 291 | SPARTA RUNNERS | PIŁA | POL | M-20 | 21 | M 252 | 02:15:36 | 04:33:31.15 | 11:35 | 5.2 |
| 385 | FILIPOWIAK BARTOSZ | 294 | SPARTA TEAM | ROKIETNICA | POL | M-40 | 108 | M 253 | 02:15:33 | 04:33:39.70 | 11:35 | 5.2 |
| 386 | KOCZOROWSKI MARCIN | 314 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | M-40 | 109 | M 254 | 02:23:25 | 04:33:46.40 | 11:36 | 5.2 |
| 387 | ADAMSKI ADAM | 356 | BIERUTOWSKA GRUPA BIEGOWA | BIERUTÓW | POL | M-50 | 24 | M 255 | 02:19:18 | 04:33:48.80 | 11:36 | 5.2 |
| 388 | KOCZOROWSKA ANNA | 313 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | K-30 | 65 | K 134 | 02:23:31 | 04:33:54.35 | 11:36 | 5.2 |
| 389 | MITEK MARTA | 194 | | JÓZEFÓW | POL | K-30 | 66 | K 135 | 02:24:57 | 04:34:45.85 | 11:38 | 5.2 |
| 390 | PAWŁAK KRZYSZTOF | 286 | | GNIEZNO | POL | M-40 | 110 | M 256 | 02:21:05 | 04:35:14.75 | 11:39 | 5.1 |
| 391 | PAWŁAK MAŁGORZATA | 287 | | GNIEZNO | POL | K-40 | 51 | K 136 | 02:21:07 | 04:35:22.30 | 11:40 | 5.1 |
| 392 | KOZIEŁ PIOTR | 365 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-30 | 94 | M 257 | 02:21:11 | 04:35:46.95 | 11:41 | 5.1 |
| 393 | ZAWADZKA MAGDALENA | 25 | AKS POLONIA WARSZAWA | WARSZAWA | POL | K-30 | 67 | K 137 | 02:21:20 | 04:35:50.15 | 11:41 | 5.1 |
| 394 | KORNACKA HANNA | 200 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | GBR | K-40 | 52 | K 138 | 02:21:26 | 04:36:05.65 | 11:41 | 5.1 |
| 395 | MAJEROWSKI MATEUSZ | 285 | | WOLSZTYN | POL | M-30 | 95 | M 258 | 02:18:54 | 04:37:32.50 | 11:45 | 5.1 |
| 396 | PAWLIK ANNA | 106 | OSTRÓDA RUNNERS | OSTRÓDA | POL | K-40 | 53 | K 139 | 02:25:26 | 04:40:53.50 | 11:54 | 5 |

SGS LIGHT PÓLMARATON 23KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------------|-----|----------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 397 | WITKOWSKA ANIA | 18 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 68 | K 140 | 02:31:29 | 04:41:00.20 | 11:54 | 5 |
| 398 | MACKIEWICZ KATARZYNA | 122 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 69 | K 141 | 02:31:26 | 04:41:09.00 | 11:54 | 5 |
| 399 | SZYNKLEWSKI MACIEJ | 522 | | POZNAŃ | POL | M-50 | 25 | M 259 | 02:27:07 | 04:41:38.45 | 11:56 | 5 |
| 400 | POCHWAŁA PIOTR | 56 | | ŁOWICZ | POL | M-50 | 26 | M 260 | 02:19:08 | 04:41:40.40 | 11:56 | 5 |
| 401 | REMBOWSKA NATALIA | 282 | | POZNAŃ | POL | K-40 | 54 | K 142 | 02:27:16 | 04:41:48.00 | 11:56 | 5 |
| 402 | MIERZEJEWSKA MARTYNA | 316 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 70 | K 143 | 02:33:15 | 04:41:49.85 | 11:56 | 5 |
| 403 | STOLARSKA DANUTA | 299 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | K-60 | 1 | K 144 | 02:34:01 | 04:46:11.50 | 12:07 | 4.9 |
| 404 | WITKOWSKA MARIA | 59 | KLUB KRÓLIKA STEFANA | KATOWICE | POL | K-60 | 2 | K 145 | 02:41:18 | 04:46:28.95 | 12:08 | 4.9 |
| 405 | WRZOSEK KAROLINA | 483 | | CZELADŹ | POL | K-30 | 71 | K 146 | 02:29:57 | 04:46:39.75 | 12:08 | 4.9 |
| 406 | WIŚNIEWSKA DOROTA | 350 | | ALEKSANDRÓW KUJAWSKI | POL | K-40 | 55 | K 147 | 02:34:58 | 04:48:00.25 | 12:12 | 4.9 |
| 407 | LEWANDOWSKA EWELINA | 333 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 72 | K 148 | 02:35:01 | 04:48:10.60 | 12:12 | 4.9 |
| 408 | FURTACZ ANNA | 427 | | PIŁA | POL | K-40 | 56 | K 149 | 02:30:58 | 04:48:46.75 | 12:14 | 4.9 |
| 409 | LATOS JOANNA | 347 | | ZIELONA GÓRA | POL | K-40 | 57 | K 150 | 02:28:54 | 04:49:19.85 | 12:15 | 4.9 |
| 410 | KSIĘŻAK JOLANTA | 320 | | WARSZAWA | POL | K-40 | 58 | K 151 | 02:32:34 | 04:50:25.50 | 12:18 | 4.9 |
| 411 | KRZYKWA AGNIESZKA | 241 | | LEGIONOWO | POL | K-50 | 9 | K 152 | 02:32:40 | 04:50:36.45 | 12:18 | 4.9 |
| 412 | CZYŻEWSKA MARLENA | 238 | | LEGIONOWO | POL | K-50 | 10 | K 153 | 02:32:53 | 04:50:45.95 | 12:19 | 4.9 |
| 413 | ADAMCZUK PIOTR | 371 | | LEGNICA | POL | M-40 | 111 | M 261 | 02:20:52 | 04:51:21.10 | 12:20 | 4.9 |
| 414 | MHADHBI JOANNA | 292 | | WARSZAWA | POL | K-30 | 73 | K 154 | 02:28:47 | 04:51:56.80 | 12:22 | 4.9 |
| 415 | PERZ KACPER | 303 | | BUKOWIEC | POL | M-20 | 22 | M 262 | 02:39:54 | 04:52:54.40 | 12:24 | 4.8 |
| 416 | MORAWSKA KATARZYNA | 251 | FUCK THE PESEL | WŁOCŁAWEK | POL | K-40 | 59 | K 155 | 02:30:38 | 04:53:17.00 | 12:25 | 4.8 |
| 417 | JĘŻEWSKA SYLWIA | 343 | DRUŻYNA SZPIKU | ROSNÓWKO | POL | K-40 | 60 | K 156 | 02:31:53 | 04:53:56.45 | 12:27 | 4.8 |
| 418 | HEIMOWSKA BEATA | 446 | | REBIECHOWO | POL | K-30 | 74 | K 157 | 02:39:22 | 04:55:54.85 | 12:32 | 4.8 |
| 419 | BLICHERT ANNA | 57 | I DON'T KURWA CARE | GAJKÓW | POL | K-30 | 75 | K 158 | 02:32:02 | 04:55:56.05 | 12:32 | 4.8 |
| 420 | ZABOROWSKA ALEKSANDRA | 395 | | WARSZAWA | POL | K-40 | 61 | K 159 | 02:37:09 | 04:58:21.80 | 12:38 | 4.7 |
| 421 | MARYNIAK KATARZYNA | 386 | WYBIEGAJ SIEBIE | LEGIONOWO | POL | K-40 | 62 | K 160 | 02:31:36 | 05:00:52.95 | 12:44 | 4.7 |
| 422 | GAGASZKA AGNIESZKA | 104 | | WARSZAWA | POL | K-30 | 76 | K 161 | 02:38:04 | 05:02:53.05 | 12:50 | 4.7 |
| 423 | MARCINKOWSKA BEATA | 178 | #CZELADZBIEGA | CZELADZ | POL | K-50 | 11 | K 162 | 02:37:41 | 05:06:21.65 | 12:58 | 4.6 |
| 424 | BARTOSZEWICZ MARTA | 192 | | OLSZTYN | POL | K-30 | 77 | K 163 | 02:43:09 | 05:06:58.60 | 13:00 | 4.6 |
| 425 | ROGOWSKA-ROSZCZYK MAGDALENA | 199 | | BRASWAŁD | POL | K-40 | 63 | K 164 | 02:43:30 | 05:07:10.25 | 13:00 | 4.6 |
| 426 | WRÓBEL MARZENA | 231 | | PSZCZEW | POL | K-40 | 64 | K 165 | 02:40:46 | 05:08:57.40 | 13:05 | 4.6 |
| 427 | SZOTOWICZ EWA | 151 | | STARGARD | POL | K-30 | 78 | K 166 | 02:43:13 | 05:09:49.15 | 13:07 | 4.6 |
| 428 | ŁAŹNIAK-PFAJFER AGATA | 226 | CARDIORUNNERS | POZNAŃ | POL | K-30 | 79 | K 167 | 02:19:27 | 05:10:44.65 | 13:10 | 4.6 |
| 429 | PRZYŁUSKA MIROSLAWA | 223 | RAZ SZCZECIN | SZCZECIN | CZE | K-60 | 3 | K 168 | 02:44:48 | 05:15:45.05 | 13:22 | 4.5 |
| 430 | KLOC ADAM | 265 | | KRAMSK | POL | M-50 | 27 | M 263 | 02:47:15 | 05:18:25.35 | 13:29 | 4.4 |
| 431 | WALCZAK FAUSTYNA | 264 | | KONIN | POL | K-30 | 80 | K 169 | 02:47:21 | 05:18:30.85 | 13:29 | 4.4 |
| 432 | MATEJKA ŁUKASZ | 273 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | M-30 | 96 | M 264 | 02:46:43 | 05:19:26.35 | 13:32 | 4.4 |
| 433 | MATEJKA MAŁGORZATA | 274 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 81 | K 170 | 02:46:52 | 05:19:33.85 | 13:32 | 4.4 |
| 434 | KASZUBA KATARZYNA | 105 | #CZELADZBIEGA | CZELADZ | POL | K-40 | 65 | K 171 | 02:52:13 | 05:21:09.75 | 13:36 | 4.4 |
| 435 | STRZELCZYK EDYTA | 267 | P+E | BRZEG | POL | K-40 | 66 | K 172 | 02:48:06 | 05:21:25.60 | 13:37 | 4.4 |
| 436 | KORNILUK IZABELA | 135 | | ZIELONA GÓRA | POL | K-40 | 67 | K 173 | 02:55:06 | 05:22:01.65 | 13:38 | 4.4 |
| 437 | JASIUL MARIOLA | 111 | | LEGIONOWO | POL | K-40 | 68 | K 174 | 02:52:43 | 05:22:47.20 | 13:40 | 4.4 |
| 438 | TOMALAK ANNA | 529 | | OSTRÓW WLKP | POL | K-30 | 82 | K 175 | 02:57:43 | 05:28:18.70 | 13:54 | 4.3 |
| 439 | FORMELA JUSTYNA | 530 | | OSTRÓW WLKP | POL | K-40 | 69 | K 176 | 02:57:23 | 05:28:36.55 | 13:55 | 4.3 |
| 440 | MISKIEWICZ WOJCIECH | 531 | | ZGIERZ | POL | M-30 | 97 | M 265 | 02:57:15 | 05:28:45.00 | 13:55 | 4.3 |
| 441 | DULIASZ CEZARY | 134 | NIGHT RUNNERS KRAKÓW | WIELICZKA | POL | M-50 | 28 | M 266 | 02:56:46 | 05:35:05.05 | 14:11 | 4.2 |
| 442 | WOZOWCZYK-LESZKO ELA | 133 | | ZIELONA GÓRA | POL | K-50 | 12 | K 177 | 03:00:10 | 05:35:35.80 | 14:13 | 4.2 |
| 443 | FURTACZ MAREK | 428 | | PIŁA | POL | M-60 | 9 | M 267 | 02:56:10 | 05:36:23.20 | 14:15 | 4.2 |
| 444 | CHWIAŁKOWSKA ELŻBIETA | 53 | | SIEROŚLAW POZNAŃ | POL | K-50 | 13 | K 178 | 02:56:54 | 05:39:25.25 | 14:22 | 4.2 |

SGS LIGHT PÓLMARATON 23KM, OPEN KOBIEC

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|-------------------------------|--------------|------|------|--------|-----|----------|-------------|--------|------|
| 1 | KULIK IWONA | 439 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-20 | 1 | K 1 | 01:28:16 | 02:38:06.35 | 6:41 | 9 |
| 2 | HOJA JOANNA | 491 | ALPIN SPORT HOKA ONE ONE TEAM | WAŁBRZYCH | POL | K-30 | 1 | K 2 | 01:29:19 | 02:43:25.10 | 6:55 | 8.7 |
| 3 | NOWACKA MARLENA | 538 | | PIASKI | POL | K-40 | 1 | K 3 | 01:32:23 | 02:46:52.95 | 7:04 | 8.5 |
| 4 | KUKUĆ - KWAPISZEWSKA ANNA | 369 | | ELBLĄG | POL | K-40 | 2 | K 4 | 01:32:21 | 02:47:56.10 | 7:06 | 8.4 |

SGS LIGHT PÓLMARATON 23KM, OPEN KOBIEC c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|-------------------------------------|---------------------|------|------|--------|------|----------|-------------|--------|------|
| 5 | ŚWIĄTEK JULIA | 456 | IMMABEE | CHYBY | POL | K-30 | 2 | K 5 | 01:32:25 | 02:48:14.00 | 7:07 | 8.4 |
| 6 | BIAŁOŁOCKA ALICJA | 19 | | WROCLAW | POL | K-30 | 3 | K 6 | 01:31:48 | 02:52:34.45 | 7:18 | 8.2 |
| 7 | WIERZCHOWSKA IZABELA | 335 | BASTER TEAM | KALISZ | POL | K-30 | 4 | K 7 | 01:32:47 | 02:53:03.40 | 7:19 | 8.2 |
| 8 | KARATKÓW EWA | 462 | | RADKÓW | POL | K-40 | 3 | K 8 | 01:32:52 | 02:53:55.95 | 7:22 | 8.1 |
| 9 | SWORNOWSKA ANNA | 84 | | POZNAŃ | POL | K-20 | 2 | K 9 | 01:35:33 | 02:54:43.30 | 7:24 | 8.1 |
| 10 | PIECUCH KAROLINA | 46 | LACHO TEAM | PRZEWORSK | POL | K-30 | 5 | K 10 | 01:37:16 | 02:55:44.75 | 7:26 | 8.1 |
| 11 | GROCHECKA JOANNA | 86 | | MIKOŁÓW | POL | K-30 | 6 | K 11 | 01:37:14 | 02:56:41.95 | 7:29 | 8 |
| 12 | ŁASKOWSKA MARZENA | 24 | WKURW_TEAM | OLECKO | POL | K-40 | 4 | K 12 | 01:41:17 | 03:01:02.75 | 7:40 | 7.8 |
| 13 | JAWORSKA MAGDALENA | 224 | GB WIELKOPOLSCY BIEGACZE / TEAM KGB | POZNAŃ | POL | K-40 | 5 | K 13 | 01:40:55 | 03:02:28.80 | 7:43 | 7.8 |
| 14 | CZAJKOWSKA SYLWIA | 142 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | K-40 | 6 | K 14 | 01:38:10 | 03:06:11.50 | 7:53 | 7.6 |
| 15 | BOCKO EWA | 33 | DTR BIEGA/MARIO TEAM | TRZEBNICA | POL | K-30 | 7 | K 15 | 01:40:51 | 03:06:25.30 | 7:53 | 7.6 |
| 16 | KOZŁOWSKA IWONA | 488 | LESZNO LIMITS RUNNERS | LESZNO | POL | K-40 | 7 | K 16 | 01:43:05 | 03:07:00.35 | 7:55 | 7.6 |
| 17 | JABŁONSKA DOROTA | 163 | OUTDOOR TRAINING | BIAŁYSTOK | POL | K-20 | 3 | K 17 | 01:44:35 | 03:10:11.70 | 8:03 | 7.4 |
| 18 | PACIOREK EWA | 513 | | MARKI | POL | K-30 | 8 | K 18 | 01:44:19 | 03:11:21.20 | 8:06 | 7.4 |
| 19 | GRAD IDALIA | 256 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | K-30 | 9 | K 19 | 01:49:17 | 03:11:47.60 | 8:07 | 7.4 |
| 20 | SZYMAŃSKA BRYGIDA | 279 | STRZEGOMSKA DWUNASTKA | JAROSZÓW | POL | K-30 | 10 | K 20 | 01:46:56 | 03:12:59.95 | 8:10 | 7.3 |
| 21 | DOMAGAŁA GRAŻYNA | 167 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 11 | K 21 | 01:43:37 | 03:13:02.50 | 8:10 | 7.3 |
| 22 | STANKIEWICZ ANNA | 370 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-30 | 12 | K 22 | 01:47:24 | 03:13:14.25 | 8:11 | 7.3 |
| 23 | SZAL MAŁGORZATA | 161 | TENIS CENTRUM AS | POLANICA ZDRÓJ | POL | K-30 | 13 | K 23 | 01:47:45 | 03:16:05.30 | 8:18 | 7.2 |
| 24 | GNITECKA KATARZYNA | 540 | | KUDÓWA ZDRÓJ | POL | K-20 | 4 | K 24 | 01:47:03 | 03:16:10.65 | 8:18 | 7.2 |
| 25 | ULIKOWSKA MARTYNA | 87 | ZAŁOGA GÓRSKA | GOŚCINO | POL | K-20 | 5 | K 25 | 01:49:33 | 03:19:09.50 | 8:26 | 7.1 |
| 26 | BABIŃSKA EWELINA | 77 | | RADKÓW | POL | K-30 | 14 | K 26 | 01:43:57 | 03:19:15.80 | 8:26 | 7.1 |
| 27 | BOCHAN LIDIA | 426 | | PIŁA | POL | K-40 | 8 | K 27 | 01:50:35 | 03:19:16.00 | 8:26 | 7.1 |
| 28 | TRZEPACZ DOROTA | 359 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 9 | K 28 | 01:47:21 | 03:19:20.30 | 8:26 | 7.1 |
| 29 | WIERZBIŃSKA EDYTA | 69 | LATYFUNDYŚCI BIEGAJĄ | PIASECZNO | POL | K-40 | 10 | K 29 | 01:52:04 | 03:22:28.95 | 8:34 | 7 |
| 30 | GRABIAS-MAZUR KRYSZYNA | 321 | TKKF TRIATHLON DĄBROWA GÓRNICZA | PSARY | POL | K-30 | 15 | K 30 | 01:52:08 | 03:24:56.10 | 8:41 | 6.9 |
| 31 | ŁUCJANEK JUSTYNA | 464 | KAJATEAM | WARSZAWA | POL | K-30 | 16 | K 31 | 01:53:38 | 03:25:33.05 | 8:42 | 6.9 |
| 32 | BRUCH KATARZYNA | 384 | | WOŹNIKI | POL | K-30 | 17 | K 32 | 01:53:25 | 03:28:51.05 | 8:50 | 6.8 |
| 33 | ŁĄZEWSKA SYLWIA | 12 | | CHWAŁĘCICE | POL | K-40 | 11 | K 33 | 01:57:52 | 03:29:36.80 | 8:52 | 6.8 |
| 34 | GAŚSIOROWSKA AGNIESZKA | 368 | EVERRUN | ŁÓDŹ | POL | K-30 | 18 | K 34 | 01:53:12 | 03:30:12.30 | 8:54 | 6.7 |
| 35 | MARCINKOWSKA JADWIGA | 408 | | ROZGARTY | POL | K-50 | 1 | K 35 | 01:57:52 | 03:31:11.00 | 8:56 | 6.7 |
| 36 | LESZCZYŃSKA WERONIKA | 506 | | DESZCZNO | POL | K-30 | 19 | K 36 | 01:51:50 | 03:31:15.05 | 8:57 | 6.7 |
| 37 | BUGANIK MAGDALENA | 480 | 23 ŚLAŚKI PUŁK ARTYLERII | OSIECZNICA | POL | K-40 | 12 | K 37 | 01:53:37 | 03:31:23.10 | 8:57 | 6.7 |
| 38 | BARCZAK KATARZYNA | 477 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 13 | K 38 | 01:51:20 | 03:32:01.40 | 8:59 | 6.7 |
| 39 | KUROWSKA MARLENA | 487 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | K-30 | 20 | K 39 | 01:52:20 | 03:32:36.90 | 9:00 | 6.7 |
| 40 | KACZMARZ KATARZYNA | 26 | | KOSZALIN | POL | K-30 | 21 | K 40 | 01:56:55 | 03:33:28.25 | 9:02 | 6.6 |
| 41 | BARANSKA MONIKA | 425 | | KRAKÓW | POL | K-50 | 2 | K 41 | 01:58:10 | 03:33:59.95 | 9:04 | 6.6 |
| 42 | JAGIEŁŁO JOANNA | 475 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 14 | K 42 | 01:48:26 | 03:35:18.35 | 9:07 | 6.6 |
| 43 | KARKOSZ AURELIA | 434 | | MIEJSKA GÓRKA | POL | K-30 | 22 | K 43 | 01:57:25 | 03:35:38.60 | 9:08 | 6.6 |
| 44 | KRZYŻYŃSKA SYLWIA | 505 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 15 | K 44 | 01:59:15 | 03:36:02.85 | 9:09 | 6.6 |
| 45 | MAZUREK MARITA | 361 | | KŁODZKO | POL | K-30 | 23 | K 45 | 01:59:08 | 03:36:08.75 | 9:09 | 6.6 |
| 46 | WĘŻYK KAMILA | 431 | | BEDOŃ | POL | K-30 | 24 | K 46 | 01:58:57 | 03:36:09.45 | 9:09 | 6.6 |
| 47 | SOKÓLSKA KATARZYNA | 166 | OUTDOOR TRAINING | DOBRYNIEWO DUŻE | POL | K-30 | 25 | K 47 | 01:58:30 | 03:40:00.50 | 9:19 | 6.4 |
| 48 | SERAFIN EWELINA | 23 | | RADKÓW | POL | K-40 | 16 | K 48 | 01:52:43 | 03:40:36.55 | 9:20 | 6.4 |
| 49 | SZYLBERG ALEKSANDRA | 172 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 26 | K 49 | 02:00:55 | 03:41:04.35 | 9:22 | 6.4 |
| 50 | BARTMAŃSKA MIROSLAWA | 517 | | BIELANY WROCLAWSKIE | POL | K-40 | 17 | K 50 | 01:57:59 | 03:41:48.85 | 9:23 | 6.4 |
| 51 | ŁASKAWSKA JUSTYNA | 492 | | WARSZAWA | POL | K-40 | 18 | K 51 | 01:58:27 | 03:42:28.35 | 9:25 | 6.4 |
| 52 | BABICKA SYLWIA | 440 | BIEGAM Z RADOŚCI | WARSZAWA | POL | K-40 | 19 | K 52 | 01:58:15 | 03:42:37.80 | 9:26 | 6.4 |
| 53 | GAŚSIOROWSKA DOROTA | 474 | VELO ŁOSIE NA SZOSIE | WARSZAWA | POL | K-50 | 3 | K 53 | 02:01:36 | 03:42:42.10 | 9:26 | 6.4 |
| 54 | BALKIEWICZ MARLENA | 372 | | ELBLĄG | POL | K-50 | 4 | K 54 | 01:56:53 | 03:43:10.30 | 9:27 | 6.3 |
| 55 | MAZUR KATARZYNA | 27 | UMLAUT | KROSNO ODRZAŃSKIE | POL | K-40 | 20 | K 55 | 01:59:40 | 03:43:35.85 | 9:28 | 6.3 |
| 56 | POCHWAŁA JUSTYNA | 67 | NATALIA TOMASIAK GÓRSKI STYL TEAM | ŁOWICZ | POL | K-30 | 27 | K 56 | 02:00:51 | 03:43:41.85 | 9:28 | 6.3 |
| 57 | MODERACKA MAŁGORZATA | 337 | | POZNAŃ | POL | K-30 | 28 | K 57 | 02:00:48 | 03:44:18.80 | 9:30 | 6.3 |
| 58 | DZIARKOWSKA EDYTA | 338 | #TEAMDKMS | CZARNE BŁOTO | POL | K-30 | 29 | K 58 | 01:55:51 | 03:44:35.10 | 9:30 | 6.3 |
| 59 | KACZOREK RENATA | 160 | | WARSZAWA | POL | K-30 | 30 | K 59 | 01:58:22 | 03:44:59.35 | 9:32 | 6.3 |
| 60 | GRUDZIEŃ-JURKOWSKA MALGORZATA | 485 | | ZABKÓWICE SL | POL | K-30 | 31 | K 60 | 01:56:45 | 03:45:20.70 | 9:32 | 6.3 |
| 61 | JARMUDA JUSTYNA | 327 | | POZNAŃ | POL | K-30 | 32 | K 61 | 02:01:14 | 03:46:01.50 | 9:34 | 6.3 |

SGS LIGHT PÓLMARATON 23KM, OPEN KOBIEC c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------|-----|------------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 62 | MAZIAREK ADELA | 210 | | NIEMODLIN | POL | K-30 | 33 | K 62 | 01:59:40 | 03:47:28.05 | 9:38 | 6.2 |
| 63 | FEDOROWICZ JOWITA | 62 | KOTWICA BRZEG | BRZEG | POL | K-30 | 34 | K 63 | 02:01:02 | 03:48:28.45 | 9:40 | 6.2 |
| 64 | SEMENIUK MARZENA | 436 | KOTWICA BRZEG | KARLOWICE | POL | K-30 | 35 | K 64 | 02:00:22 | 03:48:37.00 | 9:41 | 6.2 |
| 65 | JANUSZEWSKA IZABELA | 374 | BIEGAM U KOLESI | MONTOWO | POL | K-30 | 36 | K 65 | 02:03:06 | 03:48:58.35 | 9:42 | 6.2 |
| 66 | LE FELIC MONIKA | 510 | | WARSZAWA | POL | K-40 | 21 | K 66 | 02:04:51 | 03:49:12.55 | 9:42 | 6.2 |
| 67 | GUZIŃSKA OLA | 234 | BIEGAM BO LUBIĘ ZĄBKI TEAM | ZĄBKI | POL | K-40 | 22 | K 67 | 02:05:01 | 03:49:35.85 | 9:43 | 6.2 |
| 68 | JARECKA KATARZYNA | 532 | | WARSZAWA | POL | K-40 | 23 | K 68 | 02:07:06 | 03:50:42.00 | 9:46 | 6.1 |
| 69 | SKRZYPIŃSKA AGNIESZKA | 214 | | LESZNO | POL | K-30 | 37 | K 69 | 02:02:45 | 03:52:43.20 | 9:51 | 6.1 |
| 70 | LUBAŃSKA ALICJA | 482 | | BUKOWICE | POL | K-50 | 5 | K 70 | 02:02:14 | 03:53:26.60 | 9:53 | 6.1 |
| 71 | WOJCIECHOWSKA DOROTA | 82 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 24 | K 71 | 02:01:26 | 03:53:29.15 | 9:53 | 6.1 |
| 72 | KOZDROJ WIOLETTA | 79 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 25 | K 72 | 02:00:54 | 03:53:33.60 | 9:53 | 6.1 |
| 73 | KUBACZKA-LIGENZA SYLWIA | 186 | #CZELADZBIEGA | CZELADŹ | POL | K-30 | 38 | K 73 | 02:08:11 | 03:53:47.85 | 9:54 | 6.1 |
| 74 | RATAJSKA MONIKA | 494 | | POZNAŃ | POL | K-20 | 6 | K 74 | 02:04:31 | 03:53:53.75 | 9:54 | 6.1 |
| 75 | BOŹKIEWICZ PATRYCJA | 3 | PIEKIELNIE ZGRANI | MUROWANA GOŚLINA | POL | K-40 | 26 | K 75 | 02:05:21 | 03:53:55.75 | 9:54 | 6.1 |
| 76 | ZELICHOWSKA IZABELA | 145 | KĘCKIE HARPAGANY | KĘTY | POL | K-40 | 27 | K 76 | 02:04:44 | 03:53:57.55 | 9:54 | 6.1 |
| 77 | WOJCIECHOWSKA ANNA | 148 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | K-40 | 28 | K 77 | 02:03:02 | 03:55:01.00 | 9:57 | 6 |
| 78 | STRZELCZYK PAULINA | 54 | NESSI LESZNO | MOROWNICA | POL | K-30 | 39 | K 78 | 02:07:57 | 03:55:51.95 | 9:59 | 6 |
| 79 | GIDASZEWSKA JOLANTA | 38 | NESSI LESZNO | LESZNO | POL | K-40 | 29 | K 79 | 02:07:59 | 03:55:56.85 | 9:59 | 6 |
| 80 | BAJOŁEK ALEKSANDRA | 119 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | K-50 | 6 | K 80 | 02:13:13 | 03:56:18.35 | 10:00 | 6 |
| 81 | PAPROCKA NATALIA | 95 | | POLKOWICE | POL | K-40 | 30 | K 81 | 02:06:41 | 03:56:19.35 | 10:00 | 6 |
| 82 | DZIWIEC-GUZIK JUSTYNA | 21 | MARELLI SOSNOWIEC POLAND | DĄBROWA GÓRNICZA | POL | K-40 | 31 | K 82 | 02:09:03 | 03:56:31.25 | 10:01 | 6 |
| 83 | MIELNIK NATALIA | 490 | | KUDOWA-ZDRÓJ | POL | K-40 | 32 | K 83 | 02:09:11 | 03:58:07.70 | 10:05 | 5.9 |
| 84 | KWIATKOWSKA ZUZANNA | 409 | | SZCZYTNA | POL | K-40 | 33 | K 84 | 02:06:57 | 03:58:26.70 | 10:06 | 5.9 |
| 85 | ORACKA MARTA | 239 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-30 | 40 | K 85 | 02:14:15 | 03:58:37.45 | 10:06 | 5.9 |
| 86 | MAGDZIAK IWONA | 493 | NOA | WROCLAW | POL | K-30 | 41 | K 86 | 02:05:49 | 03:58:56.80 | 10:07 | 5.9 |
| 87 | PERKA BARBARA | 71 | | PRÓSZKÓW | POL | K-40 | 34 | K 87 | 02:11:42 | 04:01:30.00 | 10:13 | 5.9 |
| 88 | KRYSAK DOROTA | 450 | MARMEL TORUŃ | TORUŃ | POL | K-30 | 42 | K 88 | 02:09:44 | 04:01:34.95 | 10:14 | 5.9 |
| 89 | JURAS-KMIEC MARZENA | 136 | BIEGAM SOBIE | LUBLIN | POL | K-40 | 35 | K 89 | 02:10:35 | 04:02:30.80 | 10:16 | 5.8 |
| 90 | ZACHCIAŁ ANNA | 346 | | RATAJE | POL | K-30 | 43 | K 90 | 02:08:00 | 04:02:41.40 | 10:16 | 5.8 |
| 91 | ŚWIDER MAŁGORZATA | 196 | | OLSZTYN | POL | K-30 | 44 | K 91 | 02:06:36 | 04:04:10.80 | 10:20 | 5.8 |
| 92 | GAŁUS ANGELIKA | 385 | NOVEMBER RUNNING TEAM | LUBLIN | POL | K-30 | 45 | K 92 | 02:10:08 | 04:06:43.50 | 10:27 | 5.7 |
| 93 | BEDNARSKA KOZIOŁ DANUTA | 509 | WKURW_TEAM | ZIELEŃCICE | POL | K-40 | 36 | K 93 | 02:15:20 | 04:07:20.25 | 10:28 | 5.7 |
| 94 | RATAJCZAK KAROLINA | 218 | | GORZÓW WLKP | POL | K-20 | 7 | K 94 | 02:08:47 | 04:07:27.85 | 10:29 | 5.7 |
| 95 | OLSZANKA ANNA | 310 | OTWOCK BIEGA | OTWOCK | POL | K-40 | 37 | K 95 | 02:12:57 | 04:09:34.45 | 10:34 | 5.7 |
| 96 | SZYMAŃSKA HANNA | 498 | | SKÓRKA | POL | K-40 | 38 | K 96 | 02:12:43 | 04:09:45.45 | 10:34 | 5.7 |
| 97 | STAWICKA EWELINA | 233 | AKTYWNE LISEWO | LISEWO | GBR | K-20 | 8 | K 97 | 02:10:58 | 04:10:03.80 | 10:35 | 5.7 |
| 98 | SWICARZ MONIKA | 221 | | PŁOCK | POL | K-40 | 39 | K 98 | 02:10:32 | 04:10:04.90 | 10:35 | 5.7 |
| 99 | ŁADOŃSKA AGATA | 405 | | WROCLAW | POL | K-30 | 46 | K 99 | 02:11:23 | 04:10:17.55 | 10:36 | 5.7 |
| 100 | KOWNACKA MAGDALENA | 162 | | JÓZEFÓW | POL | K-40 | 40 | K 100 | 02:16:40 | 04:11:18.30 | 10:38 | 5.6 |
| 101 | SŁONECKA ANNA | 399 | BRAVEHEARTS LEGIONOWO | WARSZAWA | POL | K-30 | 47 | K 101 | 02:11:45 | 04:12:03.45 | 10:40 | 5.6 |
| 102 | GAWROŃSKA AGATA | 401 | BRAVEHARDS LEGIONOWO | JABŁONNA | POL | K-30 | 48 | K 102 | 02:11:59 | 04:12:21.05 | 10:41 | 5.6 |
| 103 | KARAMON MAGDALENA | 227 | | OPOLE | POL | K-40 | 41 | K 103 | 02:12:39 | 04:12:21.50 | 10:41 | 5.6 |
| 104 | CICHOMSKA MARZENA | 58 | BIEGAM BO MUSZĘ INACZEJ SIĘ UDUSZĘ | KĘTRZYN | POL | K-30 | 49 | K 104 | 02:14:11 | 04:12:46.65 | 10:42 | 5.6 |
| 105 | ADAMIAK MARTA | 165 | RUN4GOLD | ZLOTY STOK | POL | K-30 | 50 | K 105 | 02:14:40 | 04:13:41.25 | 10:45 | 5.6 |
| 106 | CZEKAŁSKA MAGDALENA | 245 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-30 | 51 | K 106 | 02:04:58 | 04:14:00.20 | 10:45 | 5.6 |
| 107 | PLASZCZAK BOGUMIŁA | 93 | PIEKIELNIE ZGRANI | TULCE | POL | K-40 | 42 | K 107 | 02:11:02 | 04:14:47.20 | 10:47 | 5.6 |
| 108 | ZIELIŃSKA KATARZYNA | 99 | | KŁODZKO | POL | K-30 | 52 | K 108 | 02:27:26 | 04:15:26.10 | 10:49 | 5.5 |
| 109 | KWIATKOWSKA MARTA | 158 | | WROCLAW | POL | K-40 | 43 | K 109 | 02:05:14 | 04:16:29.90 | 10:52 | 5.5 |
| 110 | PISOWŁODZKA DAGMARA | 177 | | DĄBROWA GÓRNICZA | POL | K-40 | 44 | K 110 | 02:18:19 | 04:17:09.70 | 10:53 | 5.5 |
| 111 | DOMINIAK KATARZYNA | 355 | TIGERS TEAM | ŁÓDŹ | POL | K-30 | 53 | K 111 | 02:20:23 | 04:17:14.40 | 10:54 | 5.5 |
| 112 | KOWALCZYK ANNA | 472 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 45 | K 112 | 02:12:53 | 04:17:15.00 | 10:54 | 5.5 |
| 113 | BARTOSZEWSKA KATARZYNA | 156 | WATAHA | DŁUGOŁĘKA | POL | K-30 | 54 | K 113 | 02:17:57 | 04:18:00.45 | 10:55 | 5.5 |
| 114 | SKARZEŃSKA JAGODA | 527 | | LADEK -ZDRÓJ | POL | K-30 | 55 | K 114 | 02:11:47 | 04:18:53.50 | 10:58 | 5.5 |
| 115 | WITKOWSKA-KOPKA KAJA | 43 | | WARSZAWA | POL | K-30 | 56 | K 115 | 02:18:02 | 04:19:09.30 | 10:58 | 5.5 |
| 116 | SADURSKA KASIA | 319 | | WARSZAWA | POL | K-30 | 57 | K 116 | 02:16:38 | 04:19:22.85 | 10:59 | 5.5 |
| 117 | SIDORCZUK KATARZYNA | 269 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 46 | K 117 | 02:20:04 | 04:19:26.15 | 10:59 | 5.5 |
| 118 | KUJAWA KATARZYNA | 187 | KURCZAK I AGATKA | GDYNIA | POL | K-40 | 47 | K 118 | 02:13:01 | 04:19:46.55 | 11:00 | 5.5 |

SGS LIGHT PÓLMARATON 23KM, OPEN Kobiet c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|----------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 119 | SOWIŃSKA MAGDALENA | 206 | DOGOŃ GRODZISK MAZOWIECKI | BRWINÓW | POL | K-40 | 48 | K 119 | 02:13:22 | 04:19:58.40 | 11:00 | 5.4 |
| 120 | BRODAWA OLGA | 72 | | WARSZAWA | POL | K-30 | 58 | K 120 | 02:19:40 | 04:20:36.25 | 11:02 | 5.4 |
| 121 | POKROP AGNIESZKA | 48 | GÓRSKI STYL TEAM | SKIERNIEWICE | POL | K-30 | 59 | K 121 | 02:19:52 | 04:20:36.80 | 11:02 | 5.4 |
| 122 | SAWICKA IZABELA | 14 | PARKRUN | GORZÓW WIELKOPOLSKI | POL | K-30 | 60 | K 122 | 02:16:49 | 04:23:05.15 | 11:08 | 5.4 |
| 123 | RUDAWSKA KAROLINA | 137 | | OLKUSZ | POL | K-20 | 9 | K 123 | 02:19:58 | 04:24:52.80 | 11:13 | 5.3 |
| 124 | BOSY JOANNA | 222 | | WROCLAW | POL | K-30 | 61 | K 124 | 02:15:59 | 04:24:57.80 | 11:13 | 5.3 |
| 125 | PIETROWSKA HALLIK | 45 | | POZNAŃ | POL | K-50 | 7 | K 125 | 02:21:45 | 04:24:58.80 | 11:13 | 5.3 |
| 126 | BŁASZCZAK KATARZYNA | 92 | DOGOŃ GRODZISK MAZOWIECKI | JANINÓW | POL | K-30 | 62 | K 126 | 02:22:17 | 04:25:31.90 | 11:15 | 5.3 |
| 127 | MALISZAK AGNIESZKA | 152 | | LEGNICA | POL | K-30 | 63 | K 127 | 02:23:47 | 04:27:06.65 | 11:19 | 5.3 |
| 128 | STACHURSKA MONIKA | 17 | | DRUŻBICE | POL | K-50 | 8 | K 128 | 02:18:28 | 04:27:18.95 | 11:19 | 5.3 |
| 129 | MAJ MAGDALENA | 16 | GRAŻYŃKI OCR | ROKIETNICA | POL | K-30 | 64 | K 129 | 02:24:27 | 04:28:03.50 | 11:21 | 5.3 |
| 130 | SZYMCZAK ANNA | 311 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 49 | K 130 | 02:24:40 | 04:29:47.05 | 11:25 | 5.2 |
| 131 | JARZĘBSKA-MAJCHRZAK AGNIESZKA | 34 | TU INTER POLSKA SA | WROCLAW | POL | K-20 | 10 | K 131 | 02:27:29 | 04:31:04.90 | 11:29 | 5.2 |
| 132 | DUDEK MARIOLA | 36 | STRZEGOMSKA DWUNASTKA | UDANIN | POL | K-40 | 50 | K 132 | 02:19:56 | 04:31:37.05 | 11:30 | 5.2 |
| 133 | BANASZCZAK KARINA | 60 | OFIARY SPORTU | KOLUSZKI | POL | K-20 | 11 | K 133 | 02:27:31 | 04:33:11.80 | 11:34 | 5.2 |
| 134 | KOCZOROWSKA ANNA | 313 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | K-30 | 65 | K 134 | 02:23:31 | 04:33:54.35 | 11:36 | 5.2 |
| 135 | MITEK MARTA | 194 | | JÓZEFÓW | POL | K-30 | 66 | K 135 | 02:24:57 | 04:34:45.85 | 11:38 | 5.2 |
| 136 | PAWLAK MAŁGORZATA | 287 | | GNIEZNO | POL | K-40 | 51 | K 136 | 02:21:07 | 04:35:22.30 | 11:40 | 5.1 |
| 137 | ZAWADZKA MAGDALENA | 25 | AKS POLONIA WARSZAWA | WARSZAWA | POL | K-30 | 67 | K 137 | 02:21:20 | 04:35:50.15 | 11:41 | 5.1 |
| 138 | KORNACKA HANNA | 200 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | GBR | K-40 | 52 | K 138 | 02:21:26 | 04:36:05.65 | 11:41 | 5.1 |
| 139 | PAWLIK ANNA | 106 | OSTRÓDA RUNNERS | OSTRÓDA | POL | K-40 | 53 | K 139 | 02:25:26 | 04:40:53.50 | 11:54 | 5 |
| 140 | WITKOWSKA ANIA | 18 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 68 | K 140 | 02:31:29 | 04:41:00.20 | 11:54 | 5 |
| 141 | MACKIEWICZ KATARZYNA | 122 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 69 | K 141 | 02:31:26 | 04:41:09.00 | 11:54 | 5 |
| 142 | REMBOWSKA NATALIA | 282 | | POZNAŃ | POL | K-40 | 54 | K 142 | 02:27:16 | 04:41:48.00 | 11:56 | 5 |
| 143 | MIERZEJEWSKA MARTYNA | 316 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 70 | K 143 | 02:33:15 | 04:41:49.85 | 11:56 | 5 |
| 144 | STOLARSKA DANUTA | 299 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | K-60 | 1 | K 144 | 02:34:01 | 04:46:11.50 | 12:07 | 4.9 |
| 145 | WITKOWSKA MARIA | 59 | KLUB KRÓLIKA STEFANA | KATOWICE | POL | K-60 | 2 | K 145 | 02:41:18 | 04:46:28.95 | 12:08 | 4.9 |
| 146 | WRZOSEK KAROLINA | 483 | | CZELADŹ | POL | K-30 | 71 | K 146 | 02:29:57 | 04:46:39.75 | 12:08 | 4.9 |
| 147 | WIŚNIEWSKA DOROTA | 350 | | ALEKSANDRÓW KUJAWSKI | POL | K-40 | 55 | K 147 | 02:34:58 | 04:48:00.25 | 12:12 | 4.9 |
| 148 | LEWANDOWSKA EWELINA | 333 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 72 | K 148 | 02:35:01 | 04:48:10.60 | 12:12 | 4.9 |
| 149 | FURTACZ ANNA | 427 | | PIŁA | POL | K-40 | 56 | K 149 | 02:30:58 | 04:48:46.75 | 12:14 | 4.9 |
| 150 | LATOS JOANNA | 347 | | ZIELONA GÓRA | POL | K-40 | 57 | K 150 | 02:28:54 | 04:49:19.85 | 12:15 | 4.9 |
| 151 | KSIĘŻAK JOLANTA | 320 | | WARSZAWA | POL | K-40 | 58 | K 151 | 02:32:34 | 04:50:25.50 | 12:18 | 4.9 |
| 152 | KRZYKWA AGNIESZKA | 241 | | LEGIONOWO | POL | K-50 | 9 | K 152 | 02:32:40 | 04:50:36.45 | 12:18 | 4.9 |
| 153 | CZYŻEWSKA MARLENA | 238 | | LEGIONOWO | POL | K-50 | 10 | K 153 | 02:32:53 | 04:50:45.95 | 12:19 | 4.9 |
| 154 | MHADHBI JOANNA | 292 | | WARSZAWA | POL | K-30 | 73 | K 154 | 02:28:47 | 04:51:56.80 | 12:22 | 4.9 |
| 155 | MORAWSKA KATARZYNA | 251 | FUCK THE PESEL | WŁOCLAWEK | POL | K-40 | 59 | K 155 | 02:30:38 | 04:53:17.00 | 12:25 | 4.8 |
| 156 | JEŻEWSKA SYLWIA | 343 | DRUŻYNA SZPIKU | ROSNÓWKO | POL | K-40 | 60 | K 156 | 02:31:53 | 04:53:56.45 | 12:27 | 4.8 |
| 157 | HEIMOWSKA BEATA | 446 | | RĘBIECHOWO | POL | K-30 | 74 | K 157 | 02:39:22 | 04:55:54.85 | 12:32 | 4.8 |
| 158 | BLICHERT ANNA | 57 | I DON'T KURWA CARE | GAJKÓW | POL | K-30 | 75 | K 158 | 02:32:02 | 04:55:56.05 | 12:32 | 4.8 |
| 159 | ZABOROWSKA ALEKSANDRA | 395 | | WARSZAWA | POL | K-40 | 61 | K 159 | 02:37:09 | 04:58:21.80 | 12:38 | 4.7 |
| 160 | MARYŃIAK KATARZYNA | 386 | WYBIEGAJ SIEBIE | LEGIONOWO | POL | K-40 | 62 | K 160 | 02:31:36 | 05:00:52.95 | 12:44 | 4.7 |
| 161 | GAGASZKA AGNIESZKA | 104 | | WARSZAWA | POL | K-30 | 76 | K 161 | 02:38:04 | 05:02:53.05 | 12:50 | 4.7 |
| 162 | MARCINKOWSKA BEATA | 178 | #CZELADZBIEGA | CZELADŹ | POL | K-50 | 11 | K 162 | 02:37:41 | 05:06:21.65 | 12:58 | 4.6 |
| 163 | BARTOSZEWICZ MARTA | 192 | | OLSZTYN | POL | K-30 | 77 | K 163 | 02:43:09 | 05:06:58.60 | 13:00 | 4.6 |
| 164 | ROGOWSKA-ROSZCZYK MAGDALENA | 199 | | BRASWAŁD | POL | K-40 | 63 | K 164 | 02:43:30 | 05:07:10.25 | 13:00 | 4.6 |
| 165 | WRÓBEL MARZENA | 231 | | PSZCZEW | POL | K-40 | 64 | K 165 | 02:40:46 | 05:08:57.40 | 13:05 | 4.6 |
| 166 | SZOTOWICZ EWA | 151 | | STARGARD | POL | K-30 | 78 | K 166 | 02:43:13 | 05:09:49.15 | 13:07 | 4.6 |
| 167 | ŁAŻŃIAK-PFAJFER AGATA | 226 | CARDIORUNNERS | POZNAŃ | POL | K-30 | 79 | K 167 | 02:19:27 | 05:10:44.65 | 13:10 | 4.6 |
| 168 | PRZYŁUSKA MIROSLAWA | 223 | RAZ SZCZECIN | SZCZECIN | CZE | K-60 | 3 | K 168 | 02:44:48 | 05:15:45.05 | 13:22 | 4.5 |
| 169 | WALCZAK FAUSTYNA | 264 | | KONIN | POL | K-30 | 80 | K 169 | 02:47:21 | 05:18:30.85 | 13:29 | 4.4 |
| 170 | MATEJKA MAŁGORZATA | 274 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 81 | K 170 | 02:46:52 | 05:19:33.85 | 13:32 | 4.4 |
| 171 | KASZUBA KATARZYNA | 105 | #CZELADZBIEGA | CZELADŹ | POL | K-40 | 65 | K 171 | 02:52:13 | 05:21:09.75 | 13:36 | 4.4 |
| 172 | STRZELCZYK EDYTA | 267 | P+E | BRZEG | POL | K-40 | 66 | K 172 | 02:48:06 | 05:21:25.60 | 13:37 | 4.4 |
| 173 | KORNILUK IZABELA | 135 | | ZIELONA GÓRA | POL | K-40 | 67 | K 173 | 02:55:06 | 05:22:01.65 | 13:38 | 4.4 |
| 174 | JASIUL MARIOLA | 111 | | LEGIONOWO | POL | K-40 | 68 | K 174 | 02:52:43 | 05:22:47.20 | 13:40 | 4.4 |
| 175 | TOMALAK ANNA | 529 | | OSTRÓW WLKP | POL | K-30 | 82 | K 175 | 02:57:43 | 05:28:18.70 | 13:54 | 4.3 |

SGS LIGHT PÓLMARATON 23KM, OPEN KOBIEC c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------|-----|------|------------------|------|------|--------|-------|----------|-------------|--------|------|
| 176 | FORMELA JUSTYNA | 530 | | OSTRÓW WLKP | POL | K-40 | 69 | K 176 | 02:57:23 | 05:28:36.55 | 13:55 | 4.3 |
| 177 | WOZOWCZYK-LESZKO ELA | 133 | | ZIELONA GÓRA | POL | K-50 | 12 | K 177 | 03:00:10 | 05:35:35.80 | 14:13 | 4.2 |
| 178 | CHWIAŁKOWSKA ELŻBIETA | 53 | | SIEROŚLAW POZNAŃ | POL | K-50 | 13 | K 178 | 02:56:54 | 05:39:25.25 | 14:22 | 4.2 |

SGS LIGHT PÓLMARATON 23KM, K-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|--------------------|--------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | KULIK IWONA | 439 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-20 | 1 | K 1 | 01:28:16 | 02:38:06.35 | 6:41 | 9 |
| 2 | SWORNOWSKA ANNA | 84 | | POZNAŃ | POL | K-20 | 2 | K 9 | 01:35:33 | 02:54:43.30 | 7:24 | 8.1 |
| 3 | JABŁOŃSKA DOROTA | 163 | OUTDOOR TRAINING | BIAŁYSTOK | POL | K-20 | 3 | K 17 | 01:44:35 | 03:10:11.70 | 8:03 | 7.4 |
| 4 | GNITECKA KATARZYNA | 540 | | KUDOWA ZDRÓJ | POL | K-20 | 4 | K 24 | 01:47:03 | 03:16:10.65 | 8:18 | 7.2 |
| 5 | ULIKOWSKA MARTYNA | 87 | ZAŁOGA GÓRSKA | GOŚCINO | POL | K-20 | 5 | K 25 | 01:49:33 | 03:19:09.50 | 8:26 | 7.1 |
| 6 | RATAJSKA MONIKA | 494 | | POZNAŃ | POL | K-20 | 6 | K 74 | 02:04:31 | 03:53:53.75 | 9:54 | 6.1 |
| 7 | RATAJCZAK KAROLINA | 218 | | GORZÓW WLKP | POL | K-20 | 7 | K 94 | 02:08:47 | 04:07:27.85 | 10:29 | 5.7 |
| 8 | STAWICKA EWELINA | 233 | AKTYWNE LISEWO | LISEWO | GBR | K-20 | 8 | K 97 | 02:10:58 | 04:10:03.80 | 10:35 | 5.7 |
| 9 | RUDAWSKA KAROLINA | 137 | | OLKUSZ | POL | K-20 | 9 | K 123 | 02:19:58 | 04:24:52.80 | 11:13 | 5.3 |
| 10 | JARZĘBSKA-MAJCHRZAK AGNIESZKA | 34 | TU INTER POLSKA SA | WROCŁAW | POL | K-20 | 10 | K 131 | 02:27:29 | 04:31:04.90 | 11:29 | 5.2 |
| 11 | BANASZCZAK KARINA | 60 | OFIARY SPORTU | KOLUSZKI | POL | K-20 | 11 | K 133 | 02:27:31 | 04:33:11.80 | 11:34 | 5.2 |

SGS LIGHT PÓLMARATON 23KM, M-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------------|--------------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | KLIMCZAK MIKOŁAJ | 330 | PRZEDWOJEWSKI MOUNTAIN TEAM | WROCŁAW | POL | M-20 | 1 | M 2 | 01:07:31 | 02:00:38.20 | 5:06 | 11.7 |
| 2 | KARWACKI MACIEJ | 407 | | KAMIENNA GÓRA | POL | M-20 | 2 | M 10 | 01:19:04 | 02:27:00.30 | 6:13 | 9.6 |
| 3 | NEHRING KAROL | 394 | | SULEJÓWEK | POL | M-20 | 3 | M 15 | 01:24:40 | 02:30:58.55 | 6:23 | 9.4 |
| 4 | GORCZYŃSKI NORBERT | 215 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 4 | M 16 | 01:21:13 | 02:31:06.45 | 6:24 | 9.4 |
| 5 | ŻURAWSKI KAMIL | 75 | ENTRE.PL TEAM | WARSZAWA | POL | M-20 | 5 | M 31 | 01:24:55 | 02:37:58.85 | 6:41 | 9 |
| 6 | MEZYŃSKI SZYMON | 296 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL | M-20 | 6 | M 38 | 01:26:22 | 02:41:40.60 | 6:51 | 8.8 |
| 7 | OSICKI DAWID | 520 | | LUBAWA | POL | M-20 | 7 | M 43 | 01:27:40 | 02:43:21.65 | 6:55 | 8.7 |
| 8 | TOMCZAK KRYSZTIAN | 435 | | POZNAŃ | POL | M-20 | 8 | M 51 | 01:31:52 | 02:46:44.00 | 7:03 | 8.5 |
| 9 | GÓRKA ARKADIUSZ | 150 | | WARSZAWA | POL | M-20 | 9 | M 61 | 01:33:33 | 02:50:52.50 | 7:14 | 8.3 |
| 10 | WITKOWSKI MIKOŁAJ | 120 | | PRUSZKÓW | POL | M-20 | 10 | M 83 | 01:37:56 | 03:02:27.10 | 7:43 | 7.8 |
| 11 | ŁASZEWSKI MATEUSZ | 467 | | DUSZNIKI ZDRÓJ | POL | M-20 | 11 | M 92 | 01:37:45 | 03:07:34.95 | 7:56 | 7.5 |
| 12 | MÓLL MATEUSZ | 11 | | WROCŁAW | POL | M-20 | 12 | M 94 | 01:30:32 | 03:08:25.95 | 7:59 | 7.5 |
| 13 | WALA PATRYK | 536 | BIEG OPOLSKI / ZAŁOGA GÓRSKA | ZABKOWICE SLASKIE | POL | M-20 | 13 | M 120 | 01:51:48 | 03:24:56.55 | 8:41 | 6.9 |
| 14 | MAKLES PAWEŁ | 217 | BBLGUBIN | GUBIN | POL | M-20 | 14 | M 123 | 01:56:09 | 03:25:10.05 | 8:41 | 6.9 |
| 15 | TOMASZEWSKI WOJCIECH | 458 | | KUDOWA ZDRÓJ | POL | M-20 | 15 | M 142 | 01:56:05 | 03:32:02.95 | 8:59 | 6.7 |
| 16 | KAPUSCIK JAKUB | 254 | | KATOWICE | POL | M-20 | 16 | M 145 | 02:02:15 | 03:32:33.65 | 9:00 | 6.7 |
| 17 | POCHWAŁA ADAM | 325 | | ŁOWICZ | POL | M-20 | 17 | M 208 | 02:07:08 | 03:58:53.10 | 10:07 | 5.9 |
| 18 | SIKORA DAWID | 168 | | ŁOWICZ | POL | M-20 | 18 | M 209 | 02:07:15 | 03:59:00.60 | 10:07 | 5.9 |
| 19 | POCHWAŁA MACIEJ | 88 | | ŁOWICZ | POL | M-20 | 19 | M 223 | 02:05:55 | 04:06:30.50 | 10:26 | 5.7 |
| 20 | GROSKOP GRZEGORZ | 232 | RUN TEAM SĘPÓLNO KRAJEŃSKIE | SĘPÓLNO KRAJEŃSKIE | GBR | M-20 | 20 | M 228 | 02:10:38 | 04:09:56.05 | 10:35 | 5.7 |
| 21 | JANKOWIAK PIOTR | 291 | SPARTA RUNNERS | PIŁA | POL | M-20 | 21 | M 252 | 02:15:36 | 04:33:31.15 | 11:35 | 5.2 |
| 22 | PERZ KACPER | 303 | | BUKOWIEC | POL | M-20 | 22 | M 262 | 02:39:54 | 04:52:54.40 | 12:24 | 4.8 |

SGS LIGHT PÓLMARATON 23KM, K-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|----------------------|-----|-------------------------------|-----------|------|------|--------|-----|----------|-------------|--------|------|
| 1 | HOJA JOANNA | 491 | ALPIN SPORT HOKA ONE ONE TEAM | WAŁBRZYCH | POL | K-30 | 1 | K 2 | 01:29:19 | 02:43:25.10 | 6:55 | 8.7 |
| 2 | ŚWIĄTEK JULIA | 456 | IMMABEE | CHYBY | POL | K-30 | 2 | K 5 | 01:32:25 | 02:48:14.00 | 7:07 | 8.4 |
| 3 | BIAŁOŁOCKA ALICJA | 19 | | WROCŁAW | POL | K-30 | 3 | K 6 | 01:31:48 | 02:52:34.45 | 7:18 | 8.2 |
| 4 | WIERZCHOWSKA IZABELA | 335 | BASTER TEAM | KALISZ | POL | K-30 | 4 | K 7 | 01:32:47 | 02:53:03.40 | 7:19 | 8.2 |

SGS LIGHT PÓLMARATON 23KM, K-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------------|-----|------------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 5 | PIECUCH KAROLINA | 46 | LACHO TEAM | PRZEWORSK | POL | K-30 | 5 | K 10 | 01:37:16 | 02:55:44.75 | 7:26 | 8.1 |
| 6 | GROCHECKA JOANNA | 86 | | MIKŁÓW | POL | K-30 | 6 | K 11 | 01:37:14 | 02:56:41.95 | 7:29 | 8 |
| 7 | BOCKO EWA | 33 | DTR BIEGA/MARIO TEAM | TRZEBNICA | POL | K-30 | 7 | K 15 | 01:40:51 | 03:06:25.30 | 7:53 | 7.6 |
| 8 | PACIOREK EWA | 513 | | MARKI | POL | K-30 | 8 | K 18 | 01:44:19 | 03:11:21.20 | 8:06 | 7.4 |
| 9 | GRAD IDALIA | 256 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | K-30 | 9 | K 19 | 01:49:17 | 03:11:47.60 | 8:07 | 7.4 |
| 10 | SZYMAŃSKA BRYGIDA | 279 | STRZEGOMSKA DWUNASTKA | JAROSZÓW | POL | K-30 | 10 | K 20 | 01:46:56 | 03:12:59.95 | 8:10 | 7.3 |
| 11 | DOMAGAŁA GRAZYNA | 167 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 11 | K 21 | 01:43:37 | 03:13:02.50 | 8:10 | 7.3 |
| 12 | STANKIEWICZ ANNA | 370 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-30 | 12 | K 22 | 01:47:24 | 03:13:14.25 | 8:11 | 7.3 |
| 13 | SZAL MAŁGORZATA | 161 | TENIS CENTRUM AS | POLANICA ZDRÓJ | POL | K-30 | 13 | K 23 | 01:47:45 | 03:16:05.30 | 8:18 | 7.2 |
| 14 | BABIŃSKA EWELINA | 77 | | RADKÓW | POL | K-30 | 14 | K 26 | 01:43:57 | 03:19:15.80 | 8:26 | 7.1 |
| 15 | GRABIAS-MAZUR KRYSZYNA | 321 | TKKF TRIATHLON DĄBROWA GÓRNICZA | PSARY | POL | K-30 | 15 | K 30 | 01:52:08 | 03:24:56.10 | 8:41 | 6.9 |
| 16 | ŁUCJANEK JUSTYNA | 464 | KAJATEAM | WARSZAWA | POL | K-30 | 16 | K 31 | 01:53:38 | 03:25:33.05 | 8:42 | 6.9 |
| 17 | BRUCH KATARZYNA | 384 | | WOŹNIKI | POL | K-30 | 17 | K 32 | 01:53:25 | 03:28:51.05 | 8:50 | 6.8 |
| 18 | GAŚSIOROWSKA AGNIESZKA | 368 | EVERRUN | ŁÓDŹ | POL | K-30 | 18 | K 34 | 01:53:12 | 03:30:12.30 | 8:54 | 6.7 |
| 19 | LESZCZYŃSKA WERONIKA | 506 | | DESZCZNO | POL | K-30 | 19 | K 36 | 01:51:50 | 03:31:15.05 | 8:57 | 6.7 |
| 20 | KUROWSKA MARLENA | 487 | KAMIENNOGÓRSKA GRUPA BIEGOWA | KAMIENNA GÓRA | POL | K-30 | 20 | K 39 | 01:52:20 | 03:32:36.90 | 9:00 | 6.7 |
| 21 | KACZMARZ KATARZYNA | 26 | | KOSZALIN | POL | K-30 | 21 | K 40 | 01:56:55 | 03:33:28.25 | 9:02 | 6.6 |
| 22 | KARKOSZ AURELIA | 434 | | MIEJSKA GÓRKA | POL | K-30 | 22 | K 43 | 01:57:25 | 03:35:38.60 | 9:08 | 6.6 |
| 23 | MAZUREK MARITA | 361 | | KŁODZKO | POL | K-30 | 23 | K 45 | 01:59:08 | 03:36:08.75 | 9:09 | 6.6 |
| 24 | WĘZYK KAMILA | 431 | | BEDŃ | POL | K-30 | 24 | K 46 | 01:58:57 | 03:36:09.45 | 9:09 | 6.6 |
| 25 | SOKÓLSKA KATARZYNA | 166 | OUTDOOR TRAINING | DOBRZYŃIEWO DUŻE | POL | K-30 | 25 | K 47 | 01:58:30 | 03:40:00.50 | 9:19 | 6.4 |
| 26 | SZYLBURG ALEKSANDRA | 172 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 26 | K 49 | 02:00:55 | 03:41:04.35 | 9:22 | 6.4 |
| 27 | POCHWAŁA JUSTYNA | 67 | NATALIA TOMASIAK GÓRSKI STYL TEAM | ŁÓWICZ | POL | K-30 | 27 | K 56 | 02:00:51 | 03:43:41.85 | 9:28 | 6.3 |
| 28 | MODERACKA MAŁGORZATA | 337 | | POZNAŃ | POL | K-30 | 28 | K 57 | 02:00:48 | 03:44:18.80 | 9:30 | 6.3 |
| 29 | DZIARKOWSKA EDYTA | 338 | #TEAMDKMS | CZARNE BŁOTO | POL | K-30 | 29 | K 58 | 01:55:51 | 03:44:35.10 | 9:30 | 6.3 |
| 30 | KACZOREK RENATA | 160 | | WARSZAWA | POL | K-30 | 30 | K 59 | 01:58:22 | 03:44:59.35 | 9:32 | 6.3 |
| 31 | GRUDZIEN-JURKOWSKA MALGORZATA | 485 | | ZABKOWICE SL | POL | K-30 | 31 | K 60 | 01:56:45 | 03:45:20.70 | 9:32 | 6.3 |
| 32 | JARMUDA JUSTYNA | 327 | | POZNAŃ | POL | K-30 | 32 | K 61 | 02:01:14 | 03:46:01.50 | 9:34 | 6.3 |
| 33 | MAZIAREK ADELA | 210 | | NIEMODLIN | POL | K-30 | 33 | K 62 | 01:59:40 | 03:47:28.05 | 9:38 | 6.2 |
| 34 | FEDOROWICZ JOWITA | 62 | KOTWICA BRZEG | BRZEG | POL | K-30 | 34 | K 63 | 02:01:02 | 03:48:28.45 | 9:40 | 6.2 |
| 35 | SEMENIUK MARZENA | 436 | KOTWICA BRZEG | KARLOWICE | POL | K-30 | 35 | K 64 | 02:00:22 | 03:48:37.00 | 9:41 | 6.2 |
| 36 | JANUSZEWSKA IZABELA | 374 | BIEGAM U KOLESI | MONTOWO | POL | K-30 | 36 | K 65 | 02:03:06 | 03:48:58.35 | 9:42 | 6.2 |
| 37 | SKRZYPIŃSKA AGNIESZKA | 214 | | LESZNO | POL | K-30 | 37 | K 69 | 02:02:45 | 03:52:43.20 | 9:51 | 6.1 |
| 38 | KUBACZKA-LIGENZA SYLWIA | 186 | #CZELADZBIEGA | CZELADŹ | POL | K-30 | 38 | K 73 | 02:08:11 | 03:53:47.85 | 9:54 | 6.1 |
| 39 | STRZELCZYK PAULINA | 54 | NESSI LESZNO | MOROWNICA | POL | K-30 | 39 | K 78 | 02:07:57 | 03:55:51.95 | 9:59 | 6 |
| 40 | ORACKA MARTA | 239 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-30 | 40 | K 85 | 02:14:15 | 03:58:37.45 | 10:06 | 5.9 |
| 41 | MAGDZIAK IWONA | 493 | NOA | WROCLAW | POL | K-30 | 41 | K 86 | 02:05:49 | 03:58:56.80 | 10:07 | 5.9 |
| 42 | KRYSZAK DOROTA | 450 | MARMEL TORUŃ | TORUŃ | POL | K-30 | 42 | K 88 | 02:09:44 | 04:01:34.95 | 10:14 | 5.9 |
| 43 | ZACHCIAŁ ANNA | 346 | | RATAJE | POL | K-30 | 43 | K 90 | 02:08:00 | 04:02:41.40 | 10:16 | 5.8 |
| 44 | ŚWIDER MAŁGORZATA | 196 | | OLSZTYN | POL | K-30 | 44 | K 91 | 02:06:36 | 04:04:10.80 | 10:20 | 5.8 |
| 45 | GAŁUS ANGELIKA | 385 | NOVEMBER RUNNING TEAM | LUBLIN | POL | K-30 | 45 | K 92 | 02:10:08 | 04:06:43.50 | 10:27 | 5.7 |
| 46 | ŁADOŃSKA AGATA | 405 | | WROCLAW | POL | K-30 | 46 | K 99 | 02:11:23 | 04:10:17.55 | 10:36 | 5.7 |
| 47 | SŁONECKA ANNA | 399 | BRAVEHEARTS LEGIONOWO | WARSZAWA | POL | K-30 | 47 | K 101 | 02:11:45 | 04:12:03.45 | 10:40 | 5.6 |
| 48 | GAWROŃSKA AGATA | 401 | BRAVEHARDS LEGIONOWO | JABŁONNA | POL | K-30 | 48 | K 102 | 02:11:59 | 04:12:21.05 | 10:41 | 5.6 |
| 49 | CICHOMSKA MARZENA | 58 | BIEGAM BO MUSZĘ INACZEJ SIĘ UDUSZĘ | KĘTRZYN | POL | K-30 | 49 | K 104 | 02:14:11 | 04:12:46.65 | 10:42 | 5.6 |
| 50 | ADAMIAK MARTA | 165 | RUN4GOLD | ZŁOTY STOK | POL | K-30 | 50 | K 105 | 02:14:40 | 04:13:41.25 | 10:45 | 5.6 |
| 51 | CZEKAŁSKA MAGDALENA | 245 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-30 | 51 | K 106 | 02:04:58 | 04:14:00.20 | 10:45 | 5.6 |
| 52 | ZIELIŃSKA KATARZYNA | 99 | | KŁODZKO | POL | K-30 | 52 | K 108 | 02:27:26 | 04:15:26.10 | 10:49 | 5.5 |
| 53 | DOMINIAK KATARZYNA | 355 | TIGERS TEAM | ŁÓDŹ | POL | K-30 | 53 | K 111 | 02:20:23 | 04:17:14.40 | 10:54 | 5.5 |
| 54 | BARTOSZEWSKA KATARZYNA | 156 | WATAHA | DŁUGOŁĘKA | POL | K-30 | 54 | K 113 | 02:17:57 | 04:18:00.45 | 10:55 | 5.5 |
| 55 | SKARŻEŃSKA JAGODA | 527 | | ŁĄDEK -ZDRÓJ | POL | K-30 | 55 | K 114 | 02:11:47 | 04:18:53.50 | 10:58 | 5.5 |
| 56 | WITKOWSKA-KOPKA KAJA | 43 | | WARSZAWA | POL | K-30 | 56 | K 115 | 02:18:02 | 04:19:09.30 | 10:58 | 5.5 |
| 57 | SADURSKA KASIA | 319 | | WARSZAWA | POL | K-30 | 57 | K 116 | 02:16:38 | 04:19:22.85 | 10:59 | 5.5 |
| 58 | BRODAWKA OLGA | 72 | | WARSZAWA | POL | K-30 | 58 | K 120 | 02:19:40 | 04:20:36.25 | 11:02 | 5.4 |
| 59 | POKROP AGNIESZKA | 48 | GÓRSKI STYL TEAM | SKIERNIEWICE | POL | K-30 | 59 | K 121 | 02:19:52 | 04:20:36.80 | 11:02 | 5.4 |
| 60 | SAWICKA IZABELA | 14 | PARKRUN | GORZÓW WIELKOPOLSKI | POL | K-30 | 60 | K 122 | 02:16:49 | 04:23:05.15 | 11:08 | 5.4 |
| 61 | BOSY JOANNA | 222 | | WROCLAW | POL | K-30 | 61 | K 124 | 02:15:59 | 04:24:57.80 | 11:13 | 5.3 |

SGS LIGHT PÓLMARATON 23KM, K-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------|-----|---------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 62 | BŁASZCZAK KATARZYNA | 92 | DOGOŃ GRODZISK MAZOWIECKI | JANINÓW | POL | K-30 | 62 | K 126 | 02:22:17 | 04:25:31.90 | 11:15 | 5.3 |
| 63 | MALISZAK AGNIESZKA | 152 | | LEGNICA | POL | K-30 | 63 | K 127 | 02:23:47 | 04:27:06.65 | 11:19 | 5.3 |
| 64 | MAJ MAGDALENA | 16 | GRAŻYŃKI OCR | ROKIETNICA | POL | K-30 | 64 | K 129 | 02:24:27 | 04:28:03.50 | 11:21 | 5.3 |
| 65 | KOCZOROWSKA ANNA | 313 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | K-30 | 65 | K 134 | 02:23:31 | 04:33:54.35 | 11:36 | 5.2 |
| 66 | MITEK MARTA | 194 | | JÓZEFÓW | POL | K-30 | 66 | K 135 | 02:24:57 | 04:34:45.85 | 11:38 | 5.2 |
| 67 | ZAWADZKA MAGDALENA | 25 | AKS POLONIA WARSZAWA | WARSZAWA | POL | K-30 | 67 | K 137 | 02:21:20 | 04:35:50.15 | 11:41 | 5.1 |
| 68 | WITKOWSKA ANIA | 18 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 68 | K 140 | 02:31:29 | 04:41:00.20 | 11:54 | 5 |
| 69 | MACKIEWICZ KATARZYNA | 122 | | GORZÓW WIELKOPOLSKI | POL | K-30 | 69 | K 141 | 02:31:26 | 04:41:09.00 | 11:54 | 5 |
| 70 | MIERZEJEWSKA MARTYNA | 316 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 70 | K 143 | 02:33:15 | 04:41:49.85 | 11:56 | 5 |
| 71 | WRZOSEK KAROLINA | 483 | | CZELADŹ | POL | K-30 | 71 | K 146 | 02:29:57 | 04:46:39.75 | 12:08 | 4.9 |
| 72 | LEWANDOWSKA EWELINA | 333 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | K-30 | 72 | K 148 | 02:35:01 | 04:48:10.60 | 12:12 | 4.9 |
| 73 | MHADHBI JOANNA | 292 | | WARSZAWA | POL | K-30 | 73 | K 154 | 02:28:47 | 04:51:56.80 | 12:22 | 4.9 |
| 74 | HEIMOWSKA BEATA | 446 | | REBIECHOWO | POL | K-30 | 74 | K 157 | 02:39:22 | 04:55:54.85 | 12:32 | 4.8 |
| 75 | Blichert ANNA | 57 | I DON'T KURWA CARE | GAJKÓW | POL | K-30 | 75 | K 158 | 02:32:02 | 04:55:56.05 | 12:32 | 4.8 |
| 76 | GAGASZKA AGNIESZKA | 104 | | WARSZAWA | POL | K-30 | 76 | K 161 | 02:38:04 | 05:02:53.05 | 12:50 | 4.7 |
| 77 | BARTOSZEWICZ MARTA | 192 | | OLSZTYN | POL | K-30 | 77 | K 163 | 02:43:09 | 05:06:58.60 | 13:00 | 4.6 |
| 78 | SZOTOWICZ EWA | 151 | | STARGARD | POL | K-30 | 78 | K 166 | 02:43:13 | 05:09:49.15 | 13:07 | 4.6 |
| 79 | ŁAŻNIAK-PFAJFER AGATA | 226 | CARDIORUNNERS | POZNAŃ | POL | K-30 | 79 | K 167 | 02:19:27 | 05:10:44.65 | 13:10 | 4.6 |
| 80 | WALCZAK FAUSTYNA | 264 | | KONIN | POL | K-30 | 80 | K 169 | 02:47:21 | 05:18:30.85 | 13:29 | 4.4 |
| 81 | MATEJKA MAŁGORZATA | 274 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | K-30 | 81 | K 170 | 02:46:52 | 05:19:33.85 | 13:32 | 4.4 |
| 82 | TOMALAK ANNA | 529 | | OSTRÓW WLKP | POL | K-30 | 82 | K 175 | 02:57:43 | 05:28:18.70 | 13:54 | 4.3 |

SGS LIGHT PÓLMARATON 23KM, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|------------------------|-----|---|------------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | NORBERT MICHAŁ | 1 | KB SOBÓTKA | ŚWIDNICA | POL | M-30 | 1 | M 3 | 01:11:00 | 02:06:04.75 | 5:20 | 11.2 |
| 2 | KWARTA MACIEJ | 460 | 1BPANC K\$M | WARSZAWA | POL | M-30 | 2 | M 5 | 01:12:52 | 02:17:38.30 | 5:49 | 10.3 |
| 3 | ZATOŃ CEZARY | 73 | TRIACTIV RIDLEY | WROCLAW | POL | M-30 | 3 | M 8 | 01:21:06 | 02:25:03.55 | 6:08 | 9.8 |
| 4 | BALWIERCZAK PIOTR | 91 | NIGHT RUNNERS WROCLAW / RATEMYTRAIL.COM | WROCLAW | POL | M-30 | 4 | M 9 | 01:21:23 | 02:25:06.10 | 6:08 | 9.8 |
| 5 | ZAKOWICZ PAWEŁ | 389 | | HALINÓW | POL | M-30 | 5 | M 11 | 01:24:34 | 02:27:25.10 | 6:14 | 9.6 |
| 6 | WIŚNIEWSKI PAWEŁ | 465 | KARKONOSZ RUNNING TEAM . | JELEŃ GÓRA | POL | M-30 | 6 | M 12 | 01:19:00 | 02:27:48.60 | 6:15 | 9.6 |
| 7 | PRZYBYSZEWSKI ŁUKASZ | 375 | | BIELAWA | POL | M-30 | 7 | M 14 | 01:22:56 | 02:29:57.95 | 6:21 | 9.4 |
| 8 | FALANA SEBASTIAN | 270 | | WARSZAWA | POL | M-30 | 8 | M 17 | 01:18:46 | 02:31:07.40 | 6:24 | 9.4 |
| 9 | STANKIEWICZ TOMASZ | 121 | PLANYBIEGOWE.PL | SREBRNA GÓRA | POL | M-30 | 9 | M 20 | 01:23:06 | 02:31:42.15 | 6:25 | 9.3 |
| 10 | ŁĄTKA PIOTR | 100 | | OBORNIKI ŚLĄSKIE | GBR | M-30 | 10 | M 21 | 01:23:29 | 02:32:26.15 | 6:27 | 9.3 |
| 11 | SWORSKI ROMAN | 508 | KASTYO / VEGE RUNNERS | ŁÓDŹ | POL | M-30 | 11 | M 24 | 01:23:31 | 02:33:30.20 | 6:30 | 9.2 |
| 12 | MAJCHRZAK MACIEJ | 10 | | WROCLAW | POL | M-30 | 12 | M 27 | 01:27:12 | 02:35:27.85 | 6:35 | 9.1 |
| 13 | CYRAN PIOTR | 288 | | NYSA | POL | M-30 | 13 | M 30 | 01:24:57 | 02:37:15.25 | 6:39 | 9 |
| 14 | PIETRZAK DANIEL | 518 | DOGOŃ GRODZISK MAZOWIECKI | PRUSZKÓW | POL | M-30 | 14 | M 32 | 01:31:27 | 02:38:35.35 | 6:43 | 8.9 |
| 15 | NOWACKI MATEUSZ | 479 | | STRONIE ŚLĄSKIE | POL | M-30 | 15 | M 33 | 01:27:24 | 02:38:56.10 | 6:44 | 8.9 |
| 16 | STARUCH ROBERT | 117 | | KUDOWA-ZDROJ | POL | M-30 | 16 | M 34 | 01:28:23 | 02:39:01.30 | 6:44 | 8.9 |
| 17 | BRONISZEWSKI ŁUKASZ | 443 | POWER TRAINING | WARSZAWA | POL | M-30 | 17 | M 35 | 01:28:53 | 02:39:22.95 | 6:45 | 8.9 |
| 18 | PEONOWSKI MACIEJ | 189 | | WROCLAW | POL | M-30 | 18 | M 36 | 01:26:33 | 02:41:04.10 | 6:49 | 8.8 |
| 19 | GRAD ADAM | 257 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-30 | 19 | M 37 | 01:33:22 | 02:41:20.00 | 6:50 | 8.8 |
| 20 | NAWROT WOJCIECH NAWROT | 4 | | WROCLAW | POL | M-30 | 20 | M 39 | 01:31:41 | 02:41:44.40 | 6:51 | 8.8 |
| 21 | BOSAKIEWICZ TOMASZ | 47 | OLAWS | ZŁOTORYJA | POL | M-30 | 21 | M 41 | 01:29:41 | 02:42:47.75 | 6:53 | 8.7 |
| 22 | PIKOS PATRYK | 127 | | POLSKA NOWA WIEŚ | POL | M-30 | 22 | M 42 | 01:27:54 | 02:43:14.05 | 6:55 | 8.7 |
| 23 | BRZozowski FILIP | 471 | SPARTA RUNNERS | ZALASEWO | POL | M-30 | 23 | M 47 | 01:22:10 | 02:45:17.00 | 7:00 | 8.6 |
| 24 | KOPCZYŃSKI ŁUKASZ | 511 | K-TEAM | WROCLAW | POL | M-30 | 24 | M 50 | 01:28:29 | 02:45:51.00 | 7:01 | 8.5 |
| 25 | KOTYRBA TOMASZ | 284 | K_T_R_B | KATOWICE | POL | M-30 | 25 | M 52 | 01:33:18 | 02:48:12.60 | 7:07 | 8.4 |
| 26 | WIERZBICKI WITOLD | 500 | | WROCLAW | POL | M-30 | 26 | M 54 | 01:29:40 | 02:48:44.95 | 7:09 | 8.4 |
| 27 | OLKIS RAFAŁ | 345 | RMT TEAM / RATEMYTRAIL.COM | WROCLAW | POL | M-30 | 27 | M 56 | 01:28:21 | 02:49:33.65 | 7:11 | 8.4 |
| 28 | KOLEŚNIK KAMIL | 240 | | GLEBOWICE | POL | M-30 | 28 | M 60 | 01:35:12 | 02:50:39.05 | 7:13 | 8.3 |
| 29 | OPAŁKA DAMIAN | 129 | MYRACE | WARSZAWA | POL | M-30 | 29 | M 62 | 01:27:10 | 02:51:13.00 | 7:15 | 8.3 |
| 30 | BRODA DOMINIK | 455 | | WROCLAW | POL | M-30 | 30 | M 65 | 01:32:15 | 02:52:25.80 | 7:18 | 8.2 |
| 31 | ZIELIŃSKI DOMINIK | 466 | | ŚREM | POL | M-30 | 31 | M 67 | 01:33:18 | 02:54:05.85 | 7:22 | 8.1 |

SGS LIGHT PÓLMARATON 23KM, M-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|----------------------|-----|--------------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 32 | GONCZAR SZYMON | 411 | | RYBNIK | POL | M-30 | 32 | M 68 | | 02:54:49.00 | 7:24 | 8.1 |
| 33 | SALWA EMIL | 514 | | ZAWONIA | POL | M-30 | 33 | M 80 | 01:37:16 | 03:01:01.25 | 7:40 | 7.8 |
| 34 | ŁĄŻNIEWSKI DARIUSZ | 101 | OLSZYNA BIEGA | WYSOKA | POL | M-30 | 34 | M 85 | 01:39:00 | 03:03:21.95 | 7:46 | 7.7 |
| 35 | LAZAROWICZ KRZYSZTOF | 65 | | PACZKÓW | POL | M-30 | 35 | M 87 | 01:39:46 | 03:04:06.20 | 7:48 | 7.7 |
| 36 | GLUCHY MAREK | 322 | OBORNICKI KLUB LEKKOATLETYCZNY | OBORNIKI | POL | M-30 | 36 | M 95 | 01:42:21 | 03:08:34.85 | 7:59 | 7.5 |
| 37 | MIĘSOWICZ MIROSLAW | 301 | | WARSZAWA | POL | M-30 | 37 | M 96 | 01:40:32 | 03:09:10.65 | 8:00 | 7.5 |
| 38 | MARTEKLAS JAN | 139 | NIGHT RUNNERS WROCLAW | WROCLAW | POL | M-30 | 38 | M 100 | 01:43:35 | 03:11:25.05 | 8:06 | 7.4 |
| 39 | TOPOROWSKI KAMIL | 85 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | M-30 | 39 | M 101 | 01:43:37 | 03:11:54.55 | 8:07 | 7.4 |
| 40 | STĘPEL MAREK | 442 | GRUPA NOMAX | SIEMIANOWICE ŚLĄSKIE | POL | M-30 | 40 | M 102 | 01:40:40 | 03:12:16.10 | 8:08 | 7.4 |
| 41 | PANKOWSKI JERZY | 324 | | SZCZECIN | POL | M-30 | 41 | M 103 | 01:52:28 | 03:12:50.10 | 8:10 | 7.3 |
| 42 | SOBKOWIAK MARCIN | 454 | | POZNAŃ | POL | M-30 | 42 | M 108 | 01:44:03 | 03:16:15.05 | 8:18 | 7.2 |
| 43 | GÓRKA PIOTR | 259 | | ZASAŃ | POL | M-30 | 43 | M 109 | 01:47:46 | 03:17:20.70 | 8:21 | 7.2 |
| 44 | CHELEWIŃSKI ŁUKASZ | 182 | | STARGARD | POL | M-30 | 44 | M 113 | 01:37:03 | 03:20:21.80 | 8:29 | 7.1 |
| 45 | WIERTEL ŁUKASZ | 430 | DIETETYK ŁUKASZ WIERTEL | KAMIONKI | POL | M-30 | 45 | M 114 | 01:44:49 | 03:21:42.60 | 8:32 | 7 |
| 46 | WITOR MARCIN | 295 | CZERWONAK BIEGA | POZNAŃ | POL | M-30 | 46 | M 118 | 01:43:39 | 03:24:21.50 | 8:39 | 6.9 |
| 47 | WOLNY MARCIN | 185 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 47 | M 122 | 01:51:04 | 03:25:00.95 | 8:41 | 6.9 |
| 48 | POŁOM RAFAŁ | 289 | NOA | WROCLAW | POL | M-30 | 48 | M 125 | 01:45:43 | 03:25:55.80 | 8:43 | 6.9 |
| 49 | KRUPIEŃCZYK MICHAŁ | 459 | | SZCZECIN | POL | M-30 | 49 | M 126 | 01:49:08 | 03:26:34.95 | 8:45 | 6.9 |
| 50 | GAŚIOROWSKI GRZEGORZ | 306 |) | LEGNICA | POL | M-30 | 50 | M 127 | 01:57:20 | 03:26:55.80 | 8:46 | 6.8 |
| 51 | WOLSKI KAMIL | 272 | RACEFIGHTER GOSIR DĘBE WIELKIE | DĘBE WIELKIE | POL | M-30 | 51 | M 130 | 01:53:31 | 03:27:19.85 | 8:47 | 6.8 |
| 52 | STELMACH MARIUSZ | 146 | | SZCZECIN | POL | M-30 | 52 | M 131 | 01:52:16 | 03:28:20.20 | 8:49 | 6.8 |
| 53 | PAŹDZIÓR WOJCIECH | 229 | ACTIVE STRATEGY | WROCLAW | POL | M-30 | 53 | M 133 | 01:47:21 | 03:28:45.00 | 8:50 | 6.8 |
| 54 | DURMAN SŁAWOMIR | 207 | ZW DWKP-W | STARGARD | POL | M-30 | 54 | M 134 | 01:56:07 | 03:29:04.05 | 8:51 | 6.8 |
| 55 | BUSS KONRAD | 35 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-30 | 55 | M 137 | 01:59:12 | 03:30:57.40 | 8:56 | 6.7 |
| 56 | KUDŁA JAKUB | 507 | | WROCLAW | POL | M-30 | 56 | M 143 | 01:51:29 | 03:32:14.10 | 8:59 | 6.7 |
| 57 | PIÓRKO PIOTR | 128 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M-30 | 57 | M 144 | 01:51:52 | 03:32:18.70 | 8:59 | 6.7 |
| 58 | ZAŃKO RAFAŁ | 169 | | RZESZÓW | POL | M-30 | 58 | M 146 | 01:54:27 | 03:32:39.30 | 9:00 | 6.7 |
| 59 | MHADHBI HATEM | 293 | | WARSZAWA | POL | M-30 | 59 | M 147 | 01:51:23 | 03:32:47.85 | 9:01 | 6.7 |
| 60 | KRAWIEC PIOTR | 181 | KOTWICA BRZEG | ŻŁOBIZNA | POL | M-30 | 60 | M 148 | 01:51:37 | 03:33:46.55 | 9:03 | 6.6 |
| 61 | ŁUKASZCZYK ŁUKASZ | 198 | 4FITER | POZNAŃ | GBR | M-30 | 61 | M 151 | 01:53:28 | 03:34:20.30 | 9:04 | 6.6 |
| 62 | SZLOSEK ŁUKASZ | 519 | | SZCZECIN | POL | M-30 | 62 | M 152 | 01:52:26 | 03:34:24.35 | 9:05 | 6.6 |
| 63 | ODZIMKOWSKI MARCIN | 364 | | MROWINY | POL | M-30 | 63 | M 155 | 01:49:48 | 03:35:53.95 | 9:08 | 6.6 |
| 64 | KAWA MICHAŁ | 418 | | KRAKÓW | POL | M-30 | 64 | M 159 | 01:55:42 | 03:38:22.00 | 9:15 | 6.5 |
| 65 | CZOSKA PRZEMYSŁAW | 249 | JARBUD | POGÓRZE | POL | M-30 | 65 | M 160 | 01:55:45 | 03:38:25.75 | 9:15 | 6.5 |
| 66 | GÓRNIK JAROSŁAW | 242 | JARBUD | POGÓRZE | POL | M-30 | 66 | M 161 | 01:55:45 | 03:38:30.05 | 9:15 | 6.5 |
| 67 | KARWACKI SZYMON | 334 | | OLSZTYN | POL | M-30 | 67 | M 162 | 01:56:17 | 03:38:57.15 | 9:16 | 6.5 |
| 68 | JANUS MARCIN | 404 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 68 | M 165 | 01:53:37 | 03:40:50.80 | 9:21 | 6.4 |
| 69 | SZYLBURG PIOTR | 173 | TEAM ZABIEGANEDNI | WARSZAWA | POL | M-30 | 69 | M 166 | 02:00:44 | 03:40:56.65 | 9:21 | 6.4 |
| 70 | SOBCZYK GRZESIU | 154 | WIELUŃ BIEGA | WIELUŃ | POL | M-30 | 70 | M 167 | 01:53:54 | 03:41:15.75 | 9:22 | 6.4 |
| 71 | PISULA ŁUKASZ | 383 | | KUDOWA-ZDRÓJ | POL | M-30 | 71 | M 177 | 02:08:55 | 03:47:29.55 | 9:38 | 6.2 |
| 72 | SUDÓŁ ROBERT | 115 | KOTWICA BRZEG | BRZEG | POL | M-30 | 72 | M 179 | 01:59:37 | 03:48:03.95 | 9:39 | 6.2 |
| 73 | ILNICKI BRONISŁAW | 164 | | LEGNICA | POL | M-30 | 73 | M 182 | 01:43:08 | 03:48:25.75 | 9:40 | 6.2 |
| 74 | JANUSZEWSKI KAROL | 373 | BIEGAM U KOLESI | GRODZICZNO | POL | M-30 | 74 | M 183 | 02:02:55 | 03:48:49.85 | 9:41 | 6.2 |
| 75 | BRUZI KACPER | 461 | | KRAKÓW | POL | M-30 | 75 | M 184 | 01:56:04 | 03:49:28.40 | 9:43 | 6.2 |
| 76 | OKRASKA GRZEGORZ | 90 | | BEDZIN | POL | M-30 | 76 | M 186 | 01:59:56 | 03:50:08.25 | 9:45 | 6.2 |
| 77 | MORAWSKI RYSZARD | 197 | RMT | WROCLAW | POL | M-30 | 77 | M 187 | 02:02:07 | 03:50:59.35 | 9:47 | 6.1 |
| 78 | MAKARENKOV SERGII | 211 | DOGOŃ GRODZISK MAZOWIECKI | MILANÓWEK | POL | M-30 | 78 | M 193 | 02:01:17 | 03:53:19.35 | 9:53 | 6.1 |
| 79 | CHĘC TOMASZ | 317 | | WARSZAWA | POL | M-30 | 79 | M 194 | 01:58:44 | 03:53:34.75 | 9:53 | 6.1 |
| 80 | KLIMECKI MICHAŁ | 349 | ZABIEGANI GOLENIÓW | GOLENIÓW | POL | M-30 | 80 | M 201 | 02:03:08 | 03:54:58.90 | 9:57 | 6 |
| 81 | KRZESIMOWSKI DAMIAN | 271 | | KIELCE | POL | M-30 | 81 | M 202 | 02:00:33 | 03:55:07.85 | 9:57 | 6 |
| 82 | KOSIŃSKI ALEKSANDER | 441 | | PIASECZNO | POL | M-30 | 82 | M 203 | 01:59:00 | 03:55:52.55 | 9:59 | 6 |
| 83 | KOZIOŁ PAWEŁ | 20 | | DĄBROWA GÓRNICZA | POL | M-30 | 83 | M 204 | 02:08:35 | 03:56:04.35 | 10:00 | 6 |
| 84 | SZYSZKA MAREK | 304 | STS BIEGATON MIKOŁÓW | MIKOŁÓW | POL | M-30 | 84 | M 206 | 02:02:04 | 03:58:23.50 | 10:06 | 5.9 |
| 85 | HENSZKE WALDEMAR | 66 | | KRAKÓW | POL | M-30 | 85 | M 220 | 02:00:03 | 04:03:10.85 | 10:18 | 5.8 |
| 86 | SKOWRONEK TOMASZ | 7 | | POZNAŃ | POL | M-30 | 86 | M 224 | 02:01:11 | 04:07:14.55 | 10:28 | 5.7 |
| 87 | KRAWIEC MARCIN | 183 | | GOSTYŃ | POL | M-30 | 87 | M 225 | 02:11:08 | 04:08:07.85 | 10:30 | 5.7 |
| 88 | GIBEK PAWEŁ | 503 | | KRAKÓW | POL | M-30 | 88 | M 231 | 02:06:33 | 04:12:07.85 | 10:41 | 5.6 |

SGS LIGHT PÓLMARATON 23KM, M-30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------|-----|---------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 89 | SIBILA DAWID | 94 | | KALISZ | POL | M-30 | 89 | M 232 | 02:09:40 | 04:13:04.15 | 10:43 | 5.6 |
| 90 | BZOWSKI MARCIN | 360 | | ŚWIDNIK | POL | M-30 | 90 | M 234 | 02:09:09 | 04:14:34.30 | 10:47 | 5.6 |
| 91 | DUNAL TOMASZ | 116 | SZ JAK GEPARD | GORZÓW WLKP. | POL | M-30 | 91 | M 244 | 02:08:30 | 04:22:57.30 | 11:08 | 5.4 |
| 92 | CELICHOWSKI STANISŁAW | 451 | | POZNAŃ | POL | M-30 | 92 | M 248 | 02:24:18 | 04:27:55.00 | 11:21 | 5.3 |
| 93 | STRZECHOWSKI DARIUSZ | 108 | RAJSPOORT ACTIVE | BEDŃ | POL | M-30 | 93 | M 251 | 02:27:17 | 04:32:55.90 | 11:33 | 5.2 |
| 94 | KOZIEŁ PIOTR | 365 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-30 | 94 | M 257 | 02:21:11 | 04:35:46.95 | 11:41 | 5.1 |
| 95 | MAJEROWSKI MATEUSZ | 285 | | WOLSZTYN | POL | M-30 | 95 | M 258 | 02:18:54 | 04:37:32.50 | 11:45 | 5.1 |
| 96 | MATEJKA ŁUKASZ | 273 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | M-30 | 96 | M 264 | 02:46:43 | 05:19:26.35 | 13:32 | 4.4 |
| 97 | MISKIEWICZ WOJCIECH | 531 | | ZGIERZ | POL | M-30 | 97 | M 265 | 02:57:15 | 05:28:45.00 | 13:55 | 4.3 |

SGS LIGHT PÓLMARATON 23KM, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|-------------------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | NOWACKA MARLENA | 538 | | PIASKI | POL | K-40 | 1 | K 3 | 01:32:23 | 02:46:52.95 | 7:04 | 8.5 |
| 2 | KUKUC - KWAPISZEWSKA ANNA | 369 | | ELBLĄG | POL | K-40 | 2 | K 4 | 01:32:21 | 02:47:56.10 | 7:06 | 8.4 |
| 3 | KARATKÓW EWA | 462 | | RADKÓW | POL | K-40 | 3 | K 8 | 01:32:52 | 02:53:55.95 | 7:22 | 8.1 |
| 4 | ŁASKOWSKA MARZENA | 24 | WKURW_TEAM | OLECKO | POL | K-40 | 4 | K 12 | 01:41:17 | 03:01:02.75 | 7:40 | 7.8 |
| 5 | JAWORSKA MAGDALENA | 224 | GB WIELKOPOLSCY BIEGACZE / TEAM KGB | POZNAŃ | POL | K-40 | 5 | K 13 | 01:40:55 | 03:02:28.80 | 7:43 | 7.8 |
| 6 | CZAJKOWSKA SYLWIA | 142 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | K-40 | 6 | K 14 | 01:38:10 | 03:06:11.50 | 7:53 | 7.6 |
| 7 | KOZŁOWSKA IWONA | 488 | LESZNO LIMITS RUNNERS | LESZNO | POL | K-40 | 7 | K 16 | 01:43:05 | 03:07:00.35 | 7:55 | 7.6 |
| 8 | BOCHAN LIDIA | 426 | | PIŁA | POL | K-40 | 8 | K 27 | 01:50:35 | 03:19:16.00 | 8:26 | 7.1 |
| 9 | TRZEPACZ DOROTA | 359 | KB LUPUS OLEŚNICA | OLEŚNICA | POL | K-40 | 9 | K 28 | 01:47:21 | 03:19:20.30 | 8:26 | 7.1 |
| 10 | WIERZBIŃSKA EDYTA | 69 | LATYFUNDYŚCI BIEGAJĄ | PIASECZNO | POL | K-40 | 10 | K 29 | 01:52:04 | 03:22:28.95 | 8:34 | 7 |
| 11 | ŁĄŻEWSKA SYLWIA | 12 | | CHWAŁĘCICE | POL | K-40 | 11 | K 33 | 01:57:52 | 03:29:36.80 | 8:52 | 6.8 |
| 12 | BUGANIK MAGDALENA | 480 | 23 ŚLĄSKI PUŁK ARTYLERII | OSIECZNICA | POL | K-40 | 12 | K 37 | 01:53:37 | 03:31:23.10 | 8:57 | 6.7 |
| 13 | BARCZAK KATARZYNA | 477 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 13 | K 38 | 01:51:20 | 03:32:01.40 | 8:59 | 6.7 |
| 14 | JĄGIEŁO JOANNA | 475 | RUN TEAM MILEJÓW | MILEJÓW | POL | K-40 | 14 | K 42 | 01:48:26 | 03:35:18.35 | 9:07 | 6.6 |
| 15 | KRZYŻYŃSKA SYLWIA | 505 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 15 | K 44 | 01:59:15 | 03:36:02.85 | 9:09 | 6.6 |
| 16 | SERAFIN EWELINA | 23 | | RADKÓW | POL | K-40 | 16 | K 48 | 01:52:43 | 03:40:36.55 | 9:20 | 6.4 |
| 17 | BARTMAŃSKA MIROSLAWA | 517 | | BIELANY WROCŁAWSKIE | POL | K-40 | 17 | K 50 | 01:57:59 | 03:41:48.85 | 9:23 | 6.4 |
| 18 | ŁASKAWSKA JUSTYNA | 492 | | WARSZAWA | POL | K-40 | 18 | K 51 | 01:58:27 | 03:42:28.35 | 9:25 | 6.4 |
| 19 | BABICKA SYLWIA | 440 | BIEGAM Z RADOŚCI | WARSZAWA | POL | K-40 | 19 | K 52 | 01:58:15 | 03:42:37.80 | 9:26 | 6.4 |
| 20 | MAZUR KATARZYNA | 27 | UMLAUT | KROSNO ODRZAŃSKIE | POL | K-40 | 20 | K 55 | 01:59:40 | 03:43:35.85 | 9:28 | 6.3 |
| 21 | LE FELIC MONIKA | 510 | | WARSZAWA | POL | K-40 | 21 | K 66 | 02:04:51 | 03:49:12.55 | 9:42 | 6.2 |
| 22 | GUZIŃSKA OLA | 234 | BIEGAM BO LUBIĘ ZĄBKI TEAM | ZĄBKI | POL | K-40 | 22 | K 67 | 02:05:01 | 03:49:35.85 | 9:43 | 6.2 |
| 23 | JARECKA KATARZYNA | 532 | | WARSZAWA | POL | K-40 | 23 | K 68 | 02:07:06 | 03:50:42.00 | 9:46 | 6.1 |
| 24 | WOJCIECHOWSKA DOROTA | 82 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 24 | K 71 | 02:01:26 | 03:53:29.15 | 9:53 | 6.1 |
| 25 | KOZDROJ WIOLETTA | 79 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | K-40 | 25 | K 72 | 02:00:54 | 03:53:33.60 | 9:53 | 6.1 |
| 26 | BOŹKIEWICZ PATRYCJA | 3 | PIEKIELNIE ZGRANI | MUROWANA GOŚLINA | POL | K-40 | 26 | K 75 | 02:05:21 | 03:53:55.75 | 9:54 | 6.1 |
| 27 | ZELICHOWSKA IZABELA | 145 | KĘCKIE HARPAGANY | KĘTY | POL | K-40 | 27 | K 76 | 02:04:44 | 03:53:57.55 | 9:54 | 6.1 |
| 28 | WOJCIECHOWSKA ANNA | 148 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | K-40 | 28 | K 77 | 02:03:02 | 03:55:01.00 | 9:57 | 6 |
| 29 | GIDASZEWSKA JOLANTA | 38 | NESSI LESZNO | LESZNO | POL | K-40 | 29 | K 79 | 02:07:59 | 03:55:56.85 | 9:59 | 6 |
| 30 | PAPROCKA NATALIA | 95 | | POLKOWICE | POL | K-40 | 30 | K 81 | 02:06:41 | 03:56:19.35 | 10:00 | 6 |
| 31 | DZIWIEC-GUZIK JUSTYNA | 21 | MARELLI SOSNOWIEC POLAND | DĄBROWA GÓRNICZA | POL | K-40 | 31 | K 82 | 02:09:03 | 03:56:31.25 | 10:01 | 6 |
| 32 | MIELNIK NATALIA | 490 | | KUDOWA-ZDRÓJ | POL | K-40 | 32 | K 83 | 02:09:11 | 03:58:07.70 | 10:05 | 5.9 |
| 33 | KWIATKOWSKA ZUZANNA | 409 | | SZCZYTNA | POL | K-40 | 33 | K 84 | 02:06:57 | 03:58:26.70 | 10:06 | 5.9 |
| 34 | PERKA BARBARA | 71 | | PRÓSZKÓW | POL | K-40 | 34 | K 87 | 02:11:42 | 04:01:30.00 | 10:13 | 5.9 |
| 35 | JURAS-KMIEC MARZENA | 136 | BIEGAM SOBIE | LUBLIN | POL | K-40 | 35 | K 89 | 02:10:35 | 04:02:30.80 | 10:16 | 5.8 |
| 36 | BEDNARSKA KOZIOŁ DANUTA | 509 | WKURW_TEAM | ZIELĘCICE | POL | K-40 | 36 | K 93 | 02:15:20 | 04:07:20.25 | 10:28 | 5.7 |
| 37 | OLSZANKA ANNA | 310 | OTWOCK BIEGA | OTWOCK | POL | K-40 | 37 | K 95 | 02:12:57 | 04:09:34.45 | 10:34 | 5.7 |
| 38 | SZYMAŃSKA HANNA | 498 | | SKÓRKA | POL | K-40 | 38 | K 96 | 02:12:43 | 04:09:45.45 | 10:34 | 5.7 |
| 39 | SWICARZ MONIKA | 221 | | PŁOCK | POL | K-40 | 39 | K 98 | 02:10:32 | 04:10:04.90 | 10:35 | 5.7 |
| 40 | KOWNACKA MAGDALENA | 162 | | JÓZEFÓW | POL | K-40 | 40 | K 100 | 02:16:40 | 04:11:18.30 | 10:38 | 5.6 |
| 41 | KARAMON MAGDALENA | 227 | | OPOLE | POL | K-40 | 41 | K 103 | 02:12:39 | 04:12:21.50 | 10:41 | 5.6 |
| 42 | PLASZCZAK BOGUMIŁA | 93 | PIEKIELNIE ZGRANI | TULCE | POL | K-40 | 42 | K 107 | 02:11:02 | 04:14:47.20 | 10:47 | 5.6 |
| 43 | KWIATKOWSKA MARTA | 158 | | WROCŁAW | POL | K-40 | 43 | K 109 | 02:05:14 | 04:16:29.90 | 10:52 | 5.5 |

SGS LIGHT PÓLMARATON 23KM, K-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------------|-----|---------------------------|----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 44 | PISOWŁODZKA DAGMARA | 177 | | DĄBROWA GÓRNICZA | POL | K-40 | 44 | K 110 | 02:18:19 | 04:17:09.70 | 10:53 | 5.5 |
| 45 | KOWALCZYK ANNA | 472 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 45 | K 112 | 02:12:53 | 04:17:15.00 | 10:54 | 5.5 |
| 46 | SIDORCZUK KATARZYNA | 269 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 46 | K 117 | 02:20:04 | 04:19:26.15 | 10:59 | 5.5 |
| 47 | KUJAWA KATARZYNA | 187 | KURCZAK I AGATKA | GDYNIA | POL | K-40 | 47 | K 118 | 02:13:01 | 04:19:46.55 | 11:00 | 5.5 |
| 48 | SOWIŃSKA MAGDALENA | 206 | DOGOŃ GRODZISK MAZOWIECKI | BRWINÓW | POL | K-40 | 48 | K 119 | 02:13:22 | 04:19:58.40 | 11:00 | 5.4 |
| 49 | SZYMCZAK ANNA | 311 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | K-40 | 49 | K 130 | 02:24:40 | 04:29:47.05 | 11:25 | 5.2 |
| 50 | DUDEK MARIOLA | 36 | STRZEGOMSKA DWUNASTKA | UDANIN | POL | K-40 | 50 | K 132 | 02:19:56 | 04:31:37.05 | 11:30 | 5.2 |
| 51 | PAWLAK MAŁGORZATA | 287 | | GNIEZNO | POL | K-40 | 51 | K 136 | 02:21:07 | 04:35:22.30 | 11:40 | 5.1 |
| 52 | KORNACKA HANNA | 200 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | GBR | K-40 | 52 | K 138 | 02:21:26 | 04:36:05.65 | 11:41 | 5.1 |
| 53 | PAWLIK ANNA | 106 | OSTRÓDA RUNNERS | OSTRÓDA | POL | K-40 | 53 | K 139 | 02:25:26 | 04:40:53.50 | 11:54 | 5 |
| 54 | REMBOWSKA NATALIA | 282 | | POZNAŃ | POL | K-40 | 54 | K 142 | 02:27:16 | 04:41:48.00 | 11:56 | 5 |
| 55 | WIŚNIEWSKA DOROTA | 350 | | ALEKSANDRÓW KUJAWSKI | POL | K-40 | 55 | K 147 | 02:34:58 | 04:48:00.25 | 12:12 | 4.9 |
| 56 | FURTACZ ANNA | 427 | | PIŁA | POL | K-40 | 56 | K 149 | 02:30:58 | 04:48:46.75 | 12:14 | 4.9 |
| 57 | LATOŚ JOANNA | 347 | | ZIELONA GÓRA | POL | K-40 | 57 | K 150 | 02:28:54 | 04:49:19.85 | 12:15 | 4.9 |
| 58 | KSIĘŻAK JOLANTA | 320 | | WARSZAWA | POL | K-40 | 58 | K 151 | 02:32:34 | 04:50:25.50 | 12:18 | 4.9 |
| 59 | MORAWSKA KATARZYNA | 251 | FUCK THE PESEL | WŁOCŁAWEK | POL | K-40 | 59 | K 155 | 02:30:38 | 04:53:17.00 | 12:25 | 4.8 |
| 60 | JEŻEWSKA SYLWIA | 343 | DRUŻYNA SZPIKU | ROSNOŃKO | POL | K-40 | 60 | K 156 | 02:31:53 | 04:53:56.45 | 12:27 | 4.8 |
| 61 | ZABOROWSKA ALEKSANDRA | 395 | | WARSZAWA | POL | K-40 | 61 | K 159 | 02:37:09 | 04:58:21.80 | 12:38 | 4.7 |
| 62 | MARYNIAK KATARZYNA | 386 | WYBIEGAJ SIEBIE | LEGIONOWO | POL | K-40 | 62 | K 160 | 02:31:36 | 05:00:52.95 | 12:44 | 4.7 |
| 63 | ROGOWSKA-ROSZCZYK MAGDALENA | 199 | | BRASWAŁD | POL | K-40 | 63 | K 164 | 02:43:30 | 05:07:10.25 | 13:00 | 4.6 |
| 64 | WRÓBEL MARZENA | 231 | | PSZCZEW | POL | K-40 | 64 | K 165 | 02:40:46 | 05:08:57.40 | 13:05 | 4.6 |
| 65 | KASZUBA KATARZYNA | 105 | #CZELADZBIEGA | CZELADŹ | POL | K-40 | 65 | K 171 | 02:52:13 | 05:21:09.75 | 13:36 | 4.4 |
| 66 | STRZELCZYK EDYTA | 267 | P+E | BRZEG | POL | K-40 | 66 | K 172 | 02:48:06 | 05:21:25.60 | 13:37 | 4.4 |
| 67 | KORNILUK IZABELA | 135 | | ZIELONA GÓRA | POL | K-40 | 67 | K 173 | 02:55:06 | 05:22:01.65 | 13:38 | 4.4 |
| 68 | JASIUL MARIOLA | 111 | | LEGIONOWO | POL | K-40 | 68 | K 174 | 02:52:43 | 05:22:47.20 | 13:40 | 4.4 |
| 69 | FORMEŁA JUSTYNA | 530 | | OSTRÓW WLKP | POL | K-40 | 69 | K 176 | 02:57:23 | 05:28:36.55 | 13:55 | 4.3 |

SGS LIGHT PÓLMARATON 23KM, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------|-----|-------------------------------|--------------|------|------|--------|------|----------|-------------|--------|------|
| 1 | BRÝDL PAVEL | 201 | SALOMON CZ/WILLA SPA SCALIANO | TRUTNOV | CZE | M-40 | 1 | M 1 | 01:05:06 | 01:57:16.85 | 4:58 | 12.1 |
| 2 | KRÚPA MARCIN | 2 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 2 | M 4 | 01:13:40 | 02:15:47.95 | 5:45 | 10.4 |
| 3 | KMICIK TOMASZ | 379 | | ŁĘŻYCE | POL | M-40 | 3 | M 6 | 01:18:07 | 02:18:06.75 | 5:51 | 10.3 |
| 4 | KOZIEŁ TOMASZ | 260 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 4 | M 7 | 01:16:52 | 02:19:43.10 | 5:55 | 10.1 |
| 5 | SZCZĘŚNIAK PIOTR | 533 | GVT | STRZELIN | POL | M-40 | 5 | M 13 | 01:19:22 | 02:28:37.15 | 6:17 | 9.5 |
| 6 | KOKOCIŃSKI DARIUSZ | 497 | | GDAŃSK | POL | M-40 | 6 | M 18 | 01:24:07 | 02:31:32.40 | 6:25 | 9.3 |
| 7 | KINAL PIOTR | 486 | | KŁODZKO | POL | M-40 | 7 | M 19 | 01:23:27 | 02:31:32.80 | 6:25 | 9.3 |
| 8 | GŁÓD MATEUSZ | 78 | | WROCŁAW | POL | M-40 | 8 | M 22 | 01:25:14 | 02:32:50.60 | 6:28 | 9.3 |
| 9 | KORCZ DANIEL | 470 | | JAWORZNO | POL | M-40 | 9 | M 25 | 01:25:40 | 02:33:41.20 | 6:30 | 9.2 |
| 10 | FRANCZAK MARIUSZ | 502 | DTR BIEGA / MARIO TEAM | TRZEBNICA | POL | M-40 | 10 | M 26 | 01:23:48 | 02:33:45.75 | 6:30 | 9.2 |
| 11 | KUBICKI MARIUSZ | 44 | | KLUCZBORK | POL | M-40 | 11 | M 29 | 01:26:28 | 02:36:48.30 | 6:38 | 9 |
| 12 | BEKAS MARCIN | 424 | | KRAKÓW | POL | M-40 | 12 | M 40 | 01:31:09 | 02:42:07.80 | 6:52 | 8.7 |
| 13 | GILEWSKI ARTUR | 453 | | KUDOWA ZDRÓJ | POL | M-40 | 13 | M 44 | 01:31:31 | 02:43:50.10 | 6:56 | 8.6 |
| 14 | KUJDA ARKADIUSZ | 473 | 1 BRYGADA LOGISTYCZNA | OSIELSKO | POL | M-40 | 14 | M 45 | 01:30:36 | 02:44:19.40 | 6:57 | 8.6 |
| 15 | WRÓBLEWSKI KONRAD | 469 | | WARSZAWA | POL | M-40 | 15 | M 46 | 01:30:37 | 02:44:23.20 | 6:57 | 8.6 |
| 16 | KRZYSZTOFIK PIOTR | 205 | CROSSFIT ETERNIA | MALIN | POL | M-40 | 16 | M 48 | 01:31:24 | 02:45:19.10 | 7:00 | 8.6 |
| 17 | WINIECKI TOMASZ | 244 | | WŁOCŁAWEK | POL | M-40 | 17 | M 49 | 01:31:20 | 02:45:30.45 | 7:00 | 8.6 |
| 18 | WOJTIS ARKADIUSZ | 258 | DZIKA BANDA ŁAKOMCZUCHÓW | ZIELONA GÓRA | POL | M-40 | 18 | M 53 | 01:32:07 | 02:48:24.40 | 7:08 | 8.4 |
| 19 | MAJCHRZAK MARCIN | 484 | DELOITTE ADVENTURE TEAM | SWARZĘDZ | POL | M-40 | 19 | M 55 | 01:29:28 | 02:49:26.35 | 7:10 | 8.4 |
| 20 | GRZĄBA SZYMON | 107 | | MIKOŁÓW | POL | M-40 | 20 | M 59 | 01:31:00 | 02:50:14.65 | 7:12 | 8.3 |
| 21 | BRUS MARCIN | 22 | | WARSZAWA | POL | M-40 | 21 | M 63 | 01:32:42 | 02:51:21.10 | 7:15 | 8.3 |
| 22 | KRAJKA JAROSŁAW | 342 | UMCS BIEGA | LUBLIN | POL | M-40 | 22 | M 64 | 01:34:42 | 02:52:15.65 | 7:17 | 8.2 |
| 23 | ZAWADA MICHAŁ | 398 | SPRYTNE WIEWIÓRKI | TORUN | POL | M-40 | 23 | M 66 | 01:34:09 | 02:52:34.55 | 7:18 | 8.2 |
| 24 | SZARANIEC SEBASTIAN | 410 | T-MOBILE SPORT TEAM | WARSZAWA | POL | M-40 | 24 | M 69 | 01:33:40 | 02:55:11.90 | 7:25 | 8.1 |
| 25 | ŚLEZIAK JAROSŁAW | 489 | RUNNING MATNER TEAM | ZŁOTY STOK | POL | M-40 | 25 | M 70 | 01:29:12 | 02:55:59.45 | 7:27 | 8 |
| 26 | NARUCKI WOJCIECH | 184 | | WARZENKO | POL | M-40 | 26 | M 71 | 01:39:19 | 02:56:02.40 | 7:27 | 8 |

SGS LIGHT PÓLMARATON 23KM, M-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-------------------------|-----|--|-----------------------|------|------|--------|-------|----------|-------------|--------|------|
| 27 | PAŻUCHA WOJCIECH | 354 | ACID MANIAXXX | LUSÓWKO | POL | M-40 | 27 | M 72 | 01:35:01 | 02:56:34.15 | 7:28 | 8 |
| 28 | RATYMIŃSKI WOJCIECH | 463 | #SOBASTEAM | WROCŁAW | POL | M-40 | 28 | M 73 | 01:33:56 | 02:56:45.45 | 7:29 | 8 |
| 29 | HACUŚ TOMASZ | 110 | | WROCŁAW | POL | M-40 | 29 | M 74 | 01:38:52 | 02:57:26.30 | 7:31 | 8 |
| 30 | BIŁAN PAWEŁ | 283 | | GUBIN | POL | M-40 | 30 | M 75 | 01:30:51 | 02:58:04.70 | 7:32 | 8 |
| 31 | SURGIENIEWICZ MARCIN | 130 | DZIKI WORKOUT CZARNY BÓR | CZARNY BÓR | POL | M-40 | 31 | M 76 | 01:36:59 | 02:59:14.35 | 7:35 | 7.9 |
| 32 | SUCHOWIECKI WOJCIECH | 147 | ORTOEYETEAM | STAWIGUDA | POL | M-40 | 32 | M 77 | 01:34:25 | 02:59:22.10 | 7:36 | 7.9 |
| 33 | ANDRZEJEWSKI PRZEMYSŁAW | 76 | WK POZNAŃ | POZNAŃ | POL | M-40 | 33 | M 78 | 01:36:11 | 03:00:04.15 | 7:37 | 7.9 |
| 34 | JEŻEWSKI SŁAWOMIR | 344 | GRZMOT KOMORNIKI | ROSNOŃKO | POL | M-40 | 34 | M 81 | 01:38:47 | 03:01:26.25 | 7:41 | 7.8 |
| 35 | BIECUSZEK TOMASZ | 457 | AKTYWNA NOWA RUDA | NOWA RUDA | POL | M-40 | 35 | M 82 | 01:35:56 | 03:01:56.05 | 7:42 | 7.8 |
| 36 | MARUSZAK DAREK | 216 | DOGOŃ GRODZISK MAZOWIECKI | JAKTORÓW | POL | M-40 | 36 | M 84 | 01:41:41 | 03:03:01.60 | 7:45 | 7.7 |
| 37 | BRONCZAK TOMASZ | 64 | | ZBAŚZYŃ | POL | M-40 | 37 | M 88 | 01:41:47 | 03:05:53.45 | 7:52 | 7.6 |
| 38 | ZATOŃ ADRIAN | 81 | | WROCŁAW | POL | M-40 | 38 | M 89 | 01:43:27 | 03:06:32.00 | 7:54 | 7.6 |
| 39 | TATKA MARCIN | 526 | | WOJBÓRZ | POL | M-40 | 39 | M 90 | 01:41:25 | 03:06:33.50 | 7:54 | 7.6 |
| 40 | GAJEWSKI JACEK | 377 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-40 | 40 | M 91 | 01:42:22 | 03:07:12.35 | 7:55 | 7.6 |
| 41 | CHMURA JAROSŁAW | 393 | | RASZKÓW | POL | M-40 | 41 | M 93 | 01:41:51 | 03:08:02.75 | 7:58 | 7.5 |
| 42 | ANDRZEJEWSKI KRYSZTIAN | 308 | MOGILNO TEAM | GĘBICE | POL | M-40 | 42 | M 97 | 01:46:32 | 03:10:22.00 | 8:03 | 7.4 |
| 43 | ROSZCZYK MICHAŁ | 143 | ORTOEYETEAM | BRASWAŁD 22A | POL | M-40 | 43 | M 98 | 01:38:18 | 03:10:56.30 | 8:05 | 7.4 |
| 44 | DOLATA MACIEJ | 83 | | SKÓRZEWO | POL | M-40 | 44 | M 99 | 01:46:53 | 03:11:11.15 | 8:06 | 7.4 |
| 45 | ČERVENÝ DAVID | 157 | | STÁRKOV | CZE | M-40 | 45 | M 104 | 01:46:11 | 03:13:19.25 | 8:11 | 7.3 |
| 46 | KUCZYŃSKI SZYMON | 429 | ZAWONIA | ZAWONIA | POL | M-40 | 46 | M 105 | 01:43:27 | 03:13:21.95 | 8:11 | 7.3 |
| 47 | BADOWSKI SEBASTIAN | 417 | ZAWONIA TEAM | ZAWONIA | POL | M-40 | 47 | M 106 | 01:43:35 | 03:13:55.90 | 8:13 | 7.3 |
| 48 | WIERZCHOWSKI ADAM | 336 | BASTER TEAM | KALISZ | POL | M-40 | 48 | M 107 | 01:45:40 | 03:15:46.75 | 8:17 | 7.2 |
| 49 | KAPAŁKA ADRIAN | 382 | NATALIA TOMASIAK GÓRSKI STYL | MIKOŁÓW | POL | M-40 | 49 | M 110 | 01:48:52 | 03:17:25.70 | 8:21 | 7.2 |
| 50 | DOLIWKA PAWEŁ | 74 | LUBAWA KOCHA BIEGAĆ | LUBAWA | POL | M-40 | 50 | M 111 | 01:44:55 | 03:17:35.45 | 8:22 | 7.2 |
| 51 | SZUBARSKI KRZYSZTOF | 378 | PARKRUN CIESZYŃ | POGWIZDÓW | POL | M-40 | 51 | M 116 | 01:48:36 | 03:22:56.95 | 8:35 | 7 |
| 52 | PAWIŃSKI ARTUR | 402 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | M-40 | 52 | M 121 | 01:47:17 | 03:24:56.85 | 8:41 | 6.9 |
| 53 | BABINEK ADAM | 406 | | GDAŃSK | POL | M-40 | 53 | M 124 | 01:45:48 | 03:25:50.15 | 8:43 | 6.9 |
| 54 | SZANIEWSKI MIROSLAW | 504 | BIEGAMDLAZDROWIA.PL | JELEŃ GÓRA | POL | M-40 | 54 | M 128 | 01:48:37 | 03:27:02.60 | 8:46 | 6.8 |
| 55 | ŁĄZEWSKI MARCIN | 452 | | CHWAŁĘCICE | POL | M-40 | 55 | M 136 | 01:57:41 | 03:29:26.10 | 8:52 | 6.8 |
| 56 | BUSS JAKUB | 30 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | M-40 | 56 | M 138 | 01:59:24 | 03:31:04.85 | 8:56 | 6.7 |
| 57 | DUDEK PRZEMYSŁAW | 512 | PARKRUN SŁODOWO WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 57 | M 139 | 01:51:33 | 03:31:19.15 | 8:57 | 6.7 |
| 58 | ŚWITAŁA MARCIN | 300 | KB SPARTAKUS | BEŁCHATÓW | POL | M-40 | 58 | M 140 | 01:52:50 | 03:31:40.80 | 8:58 | 6.7 |
| 59 | BARCZAK TOMASZ | 478 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 59 | M 141 | 01:51:07 | 03:31:54.30 | 8:58 | 6.7 |
| 60 | GABRYSIAK MARIUSZ | 422 | WIELUŃ BIEGA | WIELUŃ | POL | M-40 | 60 | M 149 | 01:51:14 | 03:34:07.55 | 9:04 | 6.6 |
| 61 | GÓRECKI RAFAŁ | 250 | | GDAŃSK | POL | M-40 | 61 | M 150 | 01:54:49 | 03:34:16.55 | 9:04 | 6.6 |
| 62 | JAGIEŁO KONRAD | 476 | RUN TEAM MILEJÓW | MILEJÓW | POL | M-40 | 62 | M 153 | 01:48:15 | 03:35:11.00 | 9:07 | 6.6 |
| 63 | KRZEŚNIEWSKI MARCIN | 539 | | SZCZECIN | POL | M-40 | 63 | M 154 | 01:57:03 | 03:35:50.00 | 9:08 | 6.6 |
| 64 | POPEK MACIEJ | 515 | ANETA TEAM | WŁOCŁAWEK | POL | M-40 | 64 | M 157 | 01:54:46 | 03:37:10.05 | 9:12 | 6.5 |
| 65 | SIENKIEWICZ PAWEŁ | 521 | DECEPTICON GYM | WARSZAWA | POL | M-40 | 65 | M 158 | 02:00:36 | 03:38:11.25 | 9:14 | 6.5 |
| 66 | LĘGA WIESŁAW | 421 | K.S. TĘCZA | ŚWIDNICA | POL | M-40 | 66 | M 163 | 01:49:26 | 03:39:42.90 | 9:18 | 6.4 |
| 67 | ROLIŃSKI RADOSŁAW | 29 | | OLEŚNICA | POL | M-40 | 67 | M 164 | 01:54:54 | 03:39:47.80 | 9:18 | 6.4 |
| 68 | FILIPAK MICHAŁ | 32 | WIELKOPOLSKI KLUB TATERNICTWA JASKINIOWEGO | POZNAŃ | POL | M-40 | 68 | M 168 | 01:58:34 | 03:41:53.15 | 9:24 | 6.4 |
| 69 | KÓŁKIEWICZ JAKUB | 252 | | GRODZISK MAZOWIECKI | POL | M-40 | 69 | M 169 | 02:03:58 | 03:42:16.90 | 9:25 | 6.4 |
| 70 | BISKUPSKI JAKUB | 290 | | WROCŁAW | POL | M-40 | 70 | M 171 | 02:03:32 | 03:43:30.20 | 9:28 | 6.3 |
| 71 | PRZYBYŁ TOMASZ | 496 | NIGHT RUNNERS | OSTRÓW WIELKOPOLSKI | POL | M-40 | 71 | M 172 | 01:59:54 | 03:44:13.45 | 9:30 | 6.3 |
| 72 | SMUSZ GRZEGORZ | 352 | | STRONIE ŚLASKIE | POL | M-40 | 72 | M 173 | 01:56:03 | 03:44:20.45 | 9:30 | 6.3 |
| 73 | WIŚNIEWSKI TOMASZ | 348 | | ALEKSANDRÓW KUJAWSKI | POL | M-40 | 73 | M 175 | 02:02:00 | 03:46:40.35 | 9:36 | 6.2 |
| 74 | KADŁUBOWSKI PIOTR | 55 | SRC TEAM KOTWICA BRZEG | BRZEG | POL | M-40 | 74 | M 180 | 02:00:21 | 03:48:18.05 | 9:40 | 6.2 |
| 75 | ORŁOWSKI DANIEL | 141 | | DEBRZNO | POL | M-40 | 75 | M 181 | 02:01:24 | 03:48:18.85 | 9:40 | 6.2 |
| 76 | WRÓBLEWSKI JAROSŁAW | 225 | RAZ SZCZECIN | SZCZECIN | POL | M-40 | 76 | M 185 | 01:56:56 | 03:50:02.60 | 9:44 | 6.2 |
| 77 | WRZESIŃSKI PIOTR | 174 | GAPPAG TEAM | CZĘSTOCHOWA | POL | M-40 | 77 | M 188 | 01:56:15 | 03:51:14.60 | 9:47 | 6.1 |
| 78 | RADAJEWSKI ARKADIUSZ | 390 | CROSS KRAPKOWICE | KRAPKOWICE | POL | M-40 | 78 | M 189 | 02:00:53 | 03:52:17.15 | 9:50 | 6.1 |
| 79 | WOŁOWIEC KRZYSZTOF | 280 | LABORATORYJNIE.PL | KIELCE | POL | M-40 | 79 | M 190 | 02:02:56 | 03:52:25.90 | 9:50 | 6.1 |
| 80 | GANC MARCIN | 307 | | TORUŃ | POL | M-40 | 80 | M 191 | 02:09:54 | 03:52:59.55 | 9:52 | 6.1 |
| 81 | BEDNAREK DARIUSZ | 315 | PLAN EMERYTALNY | KONSTANCYNIE-JEZIORNA | POL | M-40 | 81 | M 192 | 02:02:20 | 03:53:12.10 | 9:52 | 6.1 |
| 82 | MARCZEWSKI MARCIN | 235 | RESILIA BEMOWO GROTY | WARSZAWA | POL | M-40 | 82 | M 195 | 02:02:43 | 03:53:44.80 | 9:54 | 6.1 |

SGS LIGHT PÓLMARATON 23KM, M-40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------|-----|---------------------------|------------------|------|------|--------|-------|----------|-------------|--------|------|
| 83 | NOSARZEWSKI MARIUSZ | 309 | GB PRESS | TRZCIANY | POL | M-40 | 83 | M 196 | 01:58:57 | 03:53:44.95 | 9:54 | 6.1 |
| 84 | BOŹKIEWICZ JACEK | 103 | | MUROWANA GOŚLINA | POL | M-40 | 84 | M 197 | 02:05:08 | 03:53:45.15 | 9:54 | 6.1 |
| 85 | GODLEWSKI ADAM | 180 | | WOŁOMIN | POL | M-40 | 85 | M 198 | 01:57:14 | 03:53:51.95 | 9:54 | 6.1 |
| 86 | KURKUS ALEKSANDER | 391 | DOGOŃ GRODZISK MAZOWIECKI | WARSZAWA | POL | M-40 | 86 | M 199 | 02:07:18 | 03:54:24.15 | 9:55 | 6 |
| 87 | NIEDŹWIEDŹ GRZEGORZ | 237 | STS BIEGATON | ŁAZISKA GÓRNE | POL | M-40 | 87 | M 200 | 02:03:26 | 03:54:51.90 | 9:57 | 6 |
| 88 | RESPONDEK DARIUSZ | 261 | | WROCLAW | POL | M-40 | 88 | M 205 | 02:04:50 | 03:57:52.35 | 10:04 | 6 |
| 89 | SERWADZAK PIOTR | 266 | P+E | LUBSZA | POL | M-40 | 89 | M 207 | 02:01:54 | 03:58:45.65 | 10:07 | 5.9 |
| 90 | SERAFIN ROBERT | 41 | | RADKÓW | POL | M-40 | 90 | M 210 | 02:01:00 | 04:00:36.60 | 10:11 | 5.9 |
| 91 | TYCHOWICZ ROBERT | 414 | BUTTON'S TEAM | ŻARY | POL | M-40 | 91 | M 211 | 02:03:10 | 04:00:50.60 | 10:12 | 5.9 |
| 92 | ŻYTNIK PIOTR | 413 | BUTTON'S TEAM | ŻARY | POL | M-40 | 92 | M 212 | 02:03:17 | 04:00:58.65 | 10:12 | 5.9 |
| 93 | STAMM TOMASZ | 528 | | POZNAŃ | POL | M-40 | 93 | M 213 | 02:08:44 | 04:01:32.15 | 10:14 | 5.9 |
| 94 | PLASZCZAK JAROSŁAW | 6 | | TULCE | POL | M-40 | 94 | M 215 | 02:09:23 | 04:02:08.55 | 10:15 | 5.8 |
| 95 | PRZESPOLEWSKI RAFAŁ | 341 | WRZOSOWA STUDZIENIEC | CHODZIEŻ | POL | M-40 | 95 | M 217 | 02:08:13 | 04:02:48.35 | 10:17 | 5.8 |
| 96 | SIWIASZCZYK TOMASZ | 236 | | POZNAŃ | POL | M-40 | 96 | M 218 | 02:03:54 | 04:02:56.00 | 10:17 | 5.8 |
| 97 | WYRWICKI PRZEMEK | 112 | | ZIELONA GÓRA | POL | M-40 | 97 | M 219 | 02:07:41 | 04:03:08.85 | 10:18 | 5.8 |
| 98 | FISZER JAKUB | 339 | #TEAMDKMS | CZARNE BŁOTO | POL | M-40 | 98 | M 222 | 02:22:32 | 04:06:21.10 | 10:26 | 5.7 |
| 99 | MALINOWSKI PAWEŁ | 243 | MPK-ŁÓDŹ | SZCZAWIN DUŻY | POL | M-40 | 99 | M 226 | 02:01:01 | 04:08:11.35 | 10:30 | 5.7 |
| 100 | CZEKAŁSKI TOMASZ | 246 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 100 | M 233 | 02:05:33 | 04:14:08.90 | 10:46 | 5.6 |
| 101 | KRAIŃSKI PIOTR | 114 | #CZELADZBIEGA | CZELADZ | POL | M-40 | 101 | M 236 | 02:09:12 | 04:17:13.45 | 10:53 | 5.5 |
| 102 | MZYK FABIAN | 305 | STS BIEGATON | ORZESZE | POL | M-40 | 102 | M 238 | 02:13:29 | 04:17:40.80 | 10:55 | 5.5 |
| 103 | OGÓREK ARTUR | 268 | KB SPARTAKUS BEŁCHATÓW | BEŁCHATÓW | POL | M-40 | 103 | M 240 | 02:19:55 | 04:19:15.95 | 10:59 | 5.5 |
| 104 | KACZMAREK KRZYSZTOF | 52 | K2 | KALISZ | POL | M-40 | 104 | M 242 | 02:14:54 | 04:20:35.05 | 11:02 | 5.4 |
| 105 | KRYSIAK ŁUKASZ | 8 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-40 | 105 | M 245 | 02:06:14 | 04:23:36.05 | 11:10 | 5.4 |
| 106 | BAK BOGDAN | 340 | | DĘBNO | POL | M-40 | 106 | M 246 | 02:16:04 | 04:25:51.05 | 11:15 | 5.3 |
| 107 | CZUCHWICKI MAREK | 15 | | WROCLAW | POL | M-40 | 107 | M 250 | 02:17:36 | 04:31:15.40 | 11:29 | 5.2 |
| 108 | FILIPOWIAK BARTOSZ | 294 | SPARTA TEAM | ROKIETNICA | POL | M-40 | 108 | M 253 | 02:15:33 | 04:33:39.70 | 11:35 | 5.2 |
| 109 | KOCZOROWSKI MARCIN | 314 | TEAM ZABIEGANEDNI | RADIÓWEK | POL | M-40 | 109 | M 254 | 02:23:25 | 04:33:46.40 | 11:36 | 5.2 |
| 110 | PAWLAK KRZYSZTOF | 286 | | GNIEZNO | POL | M-40 | 110 | M 256 | 02:21:05 | 04:35:14.75 | 11:39 | 5.1 |
| 111 | ADAMCZUK PIOTR | 371 | | LEGNICA | POL | M-40 | 111 | M 261 | 02:20:52 | 04:51:21.10 | 12:20 | 4.9 |

SGS LIGHT PÓLMARATON 23KM, K-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|-----------------------|-----|------------------------|------------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | MARCINKOWSKA JADWIGA | 408 | | ROZGARTY | POL | K-50 | 1 | K 35 | 01:57:52 | 03:31:11.00 | 8:56 | 6.7 |
| 2 | BARANSKA MONIKA | 425 | | KRAKÓW | POL | K-50 | 2 | K 41 | 01:58:10 | 03:33:59.95 | 9:04 | 6.6 |
| 3 | GAŚSIOROWSKA DOROTA | 474 | VELO ŁOSIE NA SZOSIE | WARSZAWA | POL | K-50 | 3 | K 53 | 02:01:36 | 03:42:42.10 | 9:26 | 6.4 |
| 4 | BALKIEWICZ MARLENA | 372 | | ELBLĄG | POL | K-50 | 4 | K 54 | 01:56:53 | 03:43:10.30 | 9:27 | 6.3 |
| 5 | LUBAŃSKA ALICJA | 482 | | BUKOWICE | POL | K-50 | 5 | K 70 | 02:02:14 | 03:53:26.60 | 9:53 | 6.1 |
| 6 | BAJÓŁEK ALEKSANDRA | 119 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | K-50 | 6 | K 80 | 02:13:13 | 03:56:18.35 | 10:00 | 6 |
| 7 | PIETROWSKA HALLIK | 45 | | POZNAŃ | POL | K-50 | 7 | K 125 | 02:21:45 | 04:24:58.80 | 11:13 | 5.3 |
| 8 | STACHURSKA MONIKA | 17 | | DRUŻBICE | POL | K-50 | 8 | K 128 | 02:18:28 | 04:27:18.95 | 11:19 | 5.3 |
| 9 | KRZYKWA AGNIESZKA | 241 | | LEGIONOWO | POL | K-50 | 9 | K 152 | 02:32:40 | 04:50:36.45 | 12:18 | 4.9 |
| 10 | CZYŻEWSKA MARLENA | 238 | | LEGIONOWO | POL | K-50 | 10 | K 153 | 02:32:53 | 04:50:45.95 | 12:19 | 4.9 |
| 11 | MARCINKOWSKA BEATA | 178 | #CZELADZBIEGA | CZELADŹ | POL | K-50 | 11 | K 162 | 02:37:41 | 05:06:21.65 | 12:58 | 4.6 |
| 12 | WOZOWCZYK-LESZKO ELA | 133 | | ZIELONA GÓRA | POL | K-50 | 12 | K 177 | 03:00:10 | 05:35:35.80 | 14:13 | 4.2 |
| 13 | CHWIAŁKOWSKA ELŻBIETA | 53 | | SIEROŚLAW POZNAŃ | POL | K-50 | 13 | K 178 | 02:56:54 | 05:39:25.25 | 14:22 | 4.2 |

SGS LIGHT PÓLMARATON 23KM, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------------|-----|-------------------------|-----------|------|------|--------|------|----------|-------------|--------|------|
| 1 | NIEZGÓDKA TOMASZ | 537 | ZĄŁOGA GÓRSKA | WROCLAW | POL | M-50 | 1 | M 23 | 01:25:22 | 02:33:21.10 | 6:29 | 9.2 |
| 2 | TRZECIAKIEWICZ MIECZYŚLAW | 68 | MLKS RADKÓW | MYSŁOWICE | POL | M-50 | 2 | M 28 | 01:25:59 | 02:36:06.80 | 6:36 | 9.1 |
| 3 | MICHAŁKIEWICZ WOJCIECH | 403 | AKADEMIA WOJSK ŁĄDOWYCH | WROCLAW | POL | M-50 | 3 | M 57 | 01:31:58 | 02:49:53.75 | 7:11 | 8.3 |
| 4 | LUBAŃSKI ROBERT | 481 | | BUKOWICE | POL | M-50 | 4 | M 58 | 01:31:46 | 02:49:56.70 | 7:12 | 8.3 |

SGS LIGHT PÓLMARATON 23KM, M-50 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|------------------------|-----|---------------------------|-------------|------|------|--------|-------|----------|-------------|--------|------|
| 5 | KANCERSKI KRZYSZTOF | 326 | | ŁÓDŹ | POL | M-50 | 5 | M 79 | 01:37:45 | 03:00:36.70 | 7:39 | 7.8 |
| 6 | SURGIEL DARIUSZ | 123 | | CZESTOCHOWA | POL | M-50 | 6 | M 112 | 01:45:06 | 03:18:26.25 | 8:24 | 7.1 |
| 7 | MARKOWSKI ZBIGNIEW | 124 | BIEGAMDLAZDROWIA.PL | JELEŃ GÓRA | POL | M-50 | 7 | M 115 | 01:46:38 | 03:22:53.65 | 8:35 | 7 |
| 8 | ŁASKOWSKI TOMASZ | 13 | WKURW_TEAM | OLECKO | POL | M-50 | 8 | M 117 | 01:47:57 | 03:23:51.90 | 8:38 | 6.9 |
| 9 | SZMAGIEREWSKI WOJCIECH | 380 | TRENUJZNAMI.PL | WROCŁAW | POL | M-50 | 9 | M 119 | 01:48:22 | 03:24:26.80 | 8:39 | 6.9 |
| 10 | MARCINKIEWICZ JERZY | 367 | ŁEMKO TEAM | ELBLĄG | POL | M-50 | 10 | M 132 | 01:47:13 | 03:28:31.95 | 8:50 | 6.8 |
| 11 | MACIĄG MARIAN | 447 | SZOSZONI | BYDGOSZCZ | POL | M-50 | 11 | M 135 | 01:52:20 | 03:29:24.65 | 8:52 | 6.8 |
| 12 | KAMIŃSKI WIESŁAW | 524 | | WROCŁAW | POL | M-50 | 12 | M 156 | 01:52:02 | 03:36:23.60 | 9:10 | 6.5 |
| 13 | DYKTYŃSKI KRZYSZTOF | 433 | VEOLIA | ŁÓDŹ | POL | M-50 | 13 | M 174 | 01:48:22 | 03:46:19.50 | 9:35 | 6.3 |
| 14 | PULKOWSKI DARIUSZ | 97 | OSTRÓDA RUNNERS | OSTRÓDA | POL | M-50 | 14 | M 176 | 02:02:10 | 03:46:52.70 | 9:36 | 6.2 |
| 15 | MIERNICKI TOMASZ | 209 | GRUPA BIEGOWA CHTMO | JABŁONNA | POL | M-50 | 15 | M 178 | 01:59:52 | 03:47:52.80 | 9:39 | 6.2 |
| 16 | ZAKRZEWSKI MAREK | 445 | MARMEL TORUŃ | TORUŃ | POL | M-50 | 16 | M 214 | 02:09:39 | 04:01:36.45 | 10:14 | 5.9 |
| 17 | SZYMAŃSKI JACEK | 534 | | SKÓRKA | POL | M-50 | 17 | M 227 | 02:12:38 | 04:09:44.15 | 10:34 | 5.7 |
| 18 | BŁACHNIO KRZYSZTOF | 159 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 18 | M 229 | 01:57:59 | 04:09:56.40 | 10:35 | 5.7 |
| 19 | RATAJCZAK GRZEGORZ | 219 | | GORZÓW WLKP | POL | M-50 | 19 | M 230 | 02:08:25 | 04:10:45.25 | 10:37 | 5.6 |
| 20 | LUPA MIROSLAW | 255 | | ŚCINAWA | POL | M-50 | 20 | M 235 | 02:14:18 | 04:14:57.05 | 10:48 | 5.6 |
| 21 | MARCINKOWSKI PIOTR | 363 | | ROZGARTY | POL | M-50 | 21 | M 237 | 02:19:47 | 04:17:32.15 | 10:54 | 5.5 |
| 22 | GAJEWSKI JACEK | 195 | KURCZAK I AGATKA | GLIWICE | POL | M-50 | 22 | M 241 | 02:12:53 | 04:19:38.15 | 11:00 | 5.5 |
| 23 | PAWŁOWSKI ZBIGNIEW | 501 | | MIERZYN | POL | M-50 | 23 | M 247 | 02:19:56 | 04:26:36.65 | 11:17 | 5.3 |
| 24 | ADAMSKI ADAM | 356 | BIERUTOWSKA GRUPA BIEGOWA | BIERUTÓW | POL | M-50 | 24 | M 255 | 02:19:18 | 04:33:48.80 | 11:36 | 5.2 |
| 25 | SZYŃKLEWSKI MACIEJ | 522 | | POZNAŃ | POL | M-50 | 25 | M 259 | 02:27:07 | 04:41:38.45 | 11:56 | 5 |
| 26 | POCHWAŁA PIOTR | 56 | | ŁOWICZ | POL | M-50 | 26 | M 260 | 02:19:08 | 04:41:40.40 | 11:56 | 5 |
| 27 | KLOC ADAM | 265 | | KRAMSK | POL | M-50 | 27 | M 263 | 02:47:15 | 05:18:25.35 | 13:29 | 4.4 |
| 28 | DULIASZ CEZARY | 134 | NIGHT RUNNERS KRAKÓW | WIELICZKA | POL | M-50 | 28 | M 266 | 02:56:46 | 05:35:05.05 | 14:11 | 4.2 |

SGS LIGHT PÓLMARATON 23KM, K-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|---------------------|-----|----------------------------|-----------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | STOLARSKA DANUTA | 299 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | K-60 | 1 | K 144 | 02:34:01 | 04:46:11.50 | 12:07 | 4.9 |
| 2 | WITKOWSKA MARIA | 59 | KLUB KRÓLIKA STEFANA | KATOWICE | POL | K-60 | 2 | K 145 | 02:41:18 | 04:46:28.95 | 12:08 | 4.9 |
| 3 | PRZYŁUSKA MIROSLAWA | 223 | RAZ SZCZECIN | SZCZECIN | CZE | K-60 | 3 | K 168 | 02:44:48 | 05:15:45.05 | 13:22 | 4.5 |

SGS LIGHT PÓLMARATON 23KM, M-60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 14.4km | Netto | min/km | km/h |
|------|--------------------|-----|----------------------------|---------------------|------|------|--------|-------|----------|-------------|--------|------|
| 1 | TRELA JACEK | 228 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | M-60 | 1 | M 86 | 01:42:02 | 03:03:36.25 | 7:46 | 7.7 |
| 2 | SMUDA RYSZARD | 318 | | TYCHY | POL | M-60 | 2 | M 129 | 01:56:08 | 03:27:17.60 | 8:46 | 6.8 |
| 3 | ZIMA RYSZARD | 253 | | GRODZISK MAZOWIECKI | POL | M-60 | 3 | M 170 | 02:03:57 | 03:42:18.15 | 9:25 | 6.4 |
| 4 | STOLARSKI JANUSZ | 298 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | M-60 | 4 | M 216 | 01:59:22 | 04:02:10.00 | 10:15 | 5.8 |
| 5 | PYTA GRZEGORZ | 171 | NIEZRZESZONY | GRODZISK WLKP. | POL | M-60 | 5 | M 221 | 02:02:51 | 04:05:23.90 | 10:23 | 5.8 |
| 6 | SZCZEPKOWSKI PAWEŁ | 523 | ARTEQUIPMENT | WARSZAWA | POL | M-60 | 6 | M 239 | 02:15:02 | 04:18:58.55 | 10:58 | 5.5 |
| 7 | POWAŁA JANUSZ | 170 | JIL | LUBIN | POL | M-60 | 7 | M 243 | 02:11:39 | 04:22:04.25 | 11:06 | 5.4 |
| 8 | SIERANT MARIAN | 176 | | BYDGOSZCZ | POL | M-60 | 8 | M 249 | 02:15:38 | 04:30:19.60 | 11:27 | 5.2 |
| 9 | FURTACZ MAREK | 428 | | PIŁA | POL | M-60 | 9 | M 267 | 02:56:10 | 05:36:23.20 | 14:15 | 4.2 |