

BIEG SUPER TRAIL - 130 KM

Organizator: Fundacja MARATONY GÓRSKIE
 Data: 2020-07-16
 Miejsce: Łądek-Zdrój
 Dystans: 130 km
 Klasyfikacja wg czasów netto.



BIEG SUPER TRAIL - 130 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	47km	64km	81km	100km	112km	Netto	min/km	km/h
1	KUPCZAK MARIUSZ	2085	MPK WROCŁAW	ROGÓW SOBÓCKI	POL	MASTERS M - 40	1	M 1	05:52:28	07:59:40	09:56:30	12:00:59	13:14:55	15:15:53.55	7:02	8.5
2	KOCIÓŁOWICZ PIOTR	2058	BIEGAM W GÓRACH BARDZKICH	JANOWIEC	POL	SENIOR II M - 30	1	M 2	05:45:14	07:41:09	09:42:54	12:00:12	13:17:11	15:17:04.95	7:03	8.5
3	FRĄCZ TOMASZ	2177	INEE INDUSTRY TEAM	WAPIENICA	POL	SENIOR II M - 30	2	M 3	06:14:56	08:05:34	10:02:56	12:07:57	13:19:49	15:19:16.25	7:04	8.5
4	MAŁYGA GRZEGORZ	2055		WROCŁAW	POL	SENIOR II M - 30	3	M 4	05:33:38	07:16:48	09:29:00	12:00:27	13:13:57	15:26:35.55	7:07	8.4
5	MARZEC GRZEGORZ	2093	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	MASTERS M - 40	2	M 5	05:57:28	07:56:59	10:23:04	12:34:47	13:44:48	15:47:07.85	7:17	8.2
6	WAWRZYŃIAK ŁUKASZ	2116	RONAL RUN POLSKA	WAŁBRZYCH	POL	SENIOR II M - 30	4	M 6	05:43:56	07:33:07	09:29:39	12:03:59	13:24:44	15:49:27.90	7:18	8.2
7	WŁOCHAL ROBERT	2039		WAŁBRZYCH	POL	SENIOR II M - 30	5	M 7	06:09:10	08:12:44	10:14:25	12:42:46	13:56:42	16:18:26.45	7:31	8
8	GAŁUSZKA RAFAŁ	2149		GUBIN	POL	MASTERS M - 40	3	M 8	06:31:14	08:38:45	10:53:26	13:22:23	14:37:00	16:56:21.20	7:49	7.7
9	PAZDA-POZORSKA MAŁGORZATA	2124	POLTAREX	KOBYLNICA	POL	SENIOR II K - 30	1	K 1	06:18:42	08:15:13	10:20:28	12:38:21	14:28:08	16:57:24.35	7:49	7.7
10	KRAKOWCZYK MARTA	2016	PIERUNSKIE CANGÓRY	WODZISŁAW ŚLĄSKI	POL	SENIOR I K - 20	1	K 2	06:14:52	08:10:16	10:27:21	13:06:19	14:25:31	17:13:06.85	7:56	7.5
11	KOTARBA WOJCIECH	2131	TAKEDA FIT	KIELCE	POL	SENIOR II M - 30	6	M 9	06:40:56	08:42:05	10:59:08	13:25:37	14:47:02	17:13:42.45	7:57	7.5
12	ZAGÓRSKI MARIUSZ	2125		GOLESZÓW	POL	MASTERS M - 40	4	M 10	06:57:24	09:03:30	11:17:21	13:41:19	14:55:45	17:14:24.50	7:57	7.5
13	SPRENGER MIROSŁAW	2067	TRAWERS TEAM NAKŁO	NAKŁO	POL	MASTERS M - 40	5	M 11	06:33:23	08:27:29	10:59:26	13:35:05	14:56:47	17:15:45.70	7:58	7.5
14	FURMAN SŁAWOMIR	2022		SZCZEPANÓW	POL	MASTERS M - 40	6	M 12	06:40:54	08:40:23	11:00:48	13:28:43	14:58:40	17:17:37.45	7:58	7.5
15	TWARDOWSKI TOMASZ	2166		STRAŻÓW	POL	MASTERS M - 40	7	M 13	06:41:37	08:56:37	11:14:33	13:33:37	14:58:32	17:19:15.55	7:59	7.5
16	ŻYŻA PIOTR	2150	MAAGNUS TEAM SKOKOWA	SKOKOWA	POL	MASTERS M - 40	8	M 14	06:44:35	08:47:54	11:07:08	13:37:47	15:01:26	17:22:50.65	8:01	7.5
17	NESTOROWICZ MAREK	2064	KLUB BIEGACZA JURUND SZCZYTNO	KĘTRZYN	POL	MASTERS M - 40	9	M 15	06:49:04	09:00:18	11:22:01	13:53:04	15:14:00	17:34:36.00	8:06	7.4
18	REJ MIROSŁAW	2010	BARTOSZ GORCZYCA TEAM	MIELEC	POL	SENIOR II M - 30	7	M 16	06:57:24	09:05:13	11:32:42	13:54:41	15:19:29	17:40:19.95	8:09	7.4
19	ADLER ŁUKASZ	2121	LESZ NO LIMITS RUNNERS	WILKOWICE	POL	SENIOR II M - 30	8	M 17	06:46:50	08:55:23	11:25:07	13:48:52	15:18:47	17:56:20.25	8:16	7.2
20	KLUSEK MATEUSZ	2036	SKLEP BIEGACZA KRAKÓW	KRAKÓW	POL	SENIOR II M - 30	9	M 18	06:20:33	08:38:59	11:06:13	13:43:50	15:09:34	18:10:56.75	8:23	7.1
21	DĄBKOWSKI WOJCIECH	2021	RAFAKO E-BUS	SOLEC KUJAWSKI	POL	MASTERS M - 40	10	M 19	06:54:13	09:11:29	11:35:56	14:14:51	15:49:34	18:25:41.35	8:30	7.1
22	CIURASZKIEWICZ ANDRZEJ	2174		WROCŁAW	POL	MASTERS M - 40	11	M 20	06:39:35	08:55:19	11:31:32	14:29:47	16:00:59	18:34:58.35	8:34	7
23	TRZASKA MARCIN	2068		KRAKÓW	POL	SENIOR II M - 30	10	M 21	07:06:47	09:19:13	11:40:15	14:21:14	15:49:21	18:40:36.90	8:37	7
24	POCHYLSKI PRZEMYSŁAW	2112	ZGRUPKA TEAM	LUBOŃ	POL	MASTERS M - 40	12	M 22	07:35:36	09:52:15	12:23:18	14:54:21	16:14:48	18:45:37.25	8:39	6.9
25	JAZŁOCKI ŁUKASZ	2042	TWDW	WARSZAWA	POL	SENIOR II M - 30	11	M 23	07:06:22	09:31:08	12:06:24	14:58:47	16:33:39	19:08:01.30	8:49	6.8
26	ZAWOJAK ALEKSANDER	2023	RONAL POLSKA RUN	WAŁBRZYCH	POL	SENIOR II M - 30	12	M 24	07:07:53	09:34:46	11:55:50	14:44:22	16:23:42	19:08:34.90	8:50	6.8
27	CAŁY PATRYK	2126	#KFD FALLOUT TEAM	WROCŁAW	POL	MASTERS M - 40	13	M 25	06:59:05	09:17:05	11:56:10	14:48:00	16:21:13	19:09:45.50	8:50	6.8
28	POMAGRUK KATARZYNA	2137	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ.	KIELCE	POL	MASTERS K - 40	1	K 3	07:12:58	09:35:57	12:15:51	15:07:15	16:36:43	19:16:49.55	8:53	6.7
29	LEŚNIAK ANNA	2143	SALT RUNNERS BOCHNIA	BOCHNIA	POL	SENIOR II K - 30	2	K 4	07:26:34	09:41:58	12:05:03	14:57:38	16:36:38	19:21:20.95	8:56	6.7
30	KĄŻMIERCZAK KRZYSZTOF	2051		WILKOWICE	POL	SENIOR II M - 30	13	M 26	07:06:01	09:31:53	12:13:08	15:17:13	16:49:48	19:31:22.25	9:00	6.7
31	TARGIEL DAMIAN	2113	INVICTUS 3CITY	GDAŃSK	POL	SENIOR II M - 30	14	M 27	07:13:44	09:30:55	12:18:49	15:19:00	16:54:00	19:41:25.35	9:05	6.6
32	BAR STANISŁAW	2087	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40	14	M 28	07:23:07	09:50:40	12:48:57	15:41:14	17:08:55	19:43:42.55	9:06	6.6
33	LATAK MICHAŁ	2048	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	15	M 29	07:23:05	09:59:17	12:33:56	15:27:35	17:00:46	19:55:26.30	9:11	6.5
34	IWANOWICZ ANNA	2163		CHRZANÓW	POL	MASTERS K - 40	2	K 5	07:43:19	10:19:57	12:50:05	15:42:52	17:17:25	20:11:06.45	9:18	6.4
35	KOCIUMBAS BARTOSZ	2099	KB SOBÓTKA	SOBÓTKA	POL	MASTERS M - 40	16	M 30	07:30:52	09:50:36	12:47:04	15:45:59	17:26:25	20:19:02.25	9:22	6.4
36	SIWEK JAREK	2025		SZCZECIN	POL	MASTERS M - 40	17	M 31	07:26:54	09:57:50	12:53:24	15:52:05	17:32:08	20:31:16.40	9:28	6.3
37	PŁOCH SEBASTIAN	2180		WROCŁAW	POL	MASTERS M - 40	18	M 32	07:42:01	10:16:34	12:59:55	16:04:02	17:42:09	20:42:38.30	9:33	6.3
38	PIEUCH MARCIN	2070		KRAKÓW	POL	SENIOR II M - 30	15	M 33	07:24:53	09:40:19	12:51:37	15:56:42	17:39:02	20:43:43.90	9:34	6.3
39	SIKORA MICHAŁ	2127	BLUSZCZA	NIEBOROWICE	POL	MASTERS M - 40	19	M 34	07:35:07	10:04:51	13:07:49	16:12:43	17:51:32	20:57:12.20	9:40	6.2
40	BOGDANOWICZ BEATA	2059	ULTRAKREW	GDAŃSK	POL	MASTERS K - 40	3	K 6	07:51:28	10:20:12	13:13:07	16:27:18	18:02:47	21:06:10.10	9:44	6.2
41	DUDEK REMIGIUSZ	2033	KALINKA ULTRA TEAM	ZIEBICE	POL	SENIOR II M - 30	16	M 35	08:02:43	10:34:27	13:18:02	16:11:48	17:49:52	21:08:52.45	9:45	6.1
42	DARMETKO RAFAŁ	2118		KAMIŃSKO	POL	SENIOR II M - 30	17	M 36	07:04:02	09:33:12	12:38:08	15:49:15	17:49:12	21:13:29.90	9:47	6.1
43	ŚWIŚT JOANNA	2009	NESSI TEAM	GARDNO	POL	SENIOR II K - 30	3	K 7	08:06:52	10:32:07	13:18:50	16:25:09	18:02:32	21:14:04.50	9:48	6.1

BIEG SUPER TRAIL - 130 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	47km	64km	81km	100km	112km	Netto	min/km	km/h
44	ŁAMPIKA KINGA	2035	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	MASTERS K - 40	4	K 8	07:33:35	10:09:36	12:45:30	15:52:30	17:51:58	21:14:11.60	9:48	6.1
45	JAGIELA RAFAŁ	2013	KB ODRA OPOLE	OPOLE	POL	SENIOR II M - 30	18	M 37	07:13:28	09:39:44	12:14:53	15:43:32	17:35:33	21:20:51.45	9:51	6.1
46	HRYCAJ MARCIN	2063	KB ODRA OPOLE	OPOLE	POL	MASTERS M - 40	20	M 38	07:13:40	09:39:53	12:14:40	15:42:15	17:35:07	21:21:00.65	9:51	6.1
47	CIEMBOROWICZ KAROL	2071	#KFD	KATOWICE	POL	SENIOR II M - 30	19	M 39	07:51:58	10:24:07	13:04:11	16:04:45	17:46:11	21:21:07.00	9:51	6.1
48	KLIMCZAK JACEK	2006	FIZJOTERAPIA „DLA CIEBIE I RODZINY” ŻERKÓW	ŻERKÓW	POL	SENIOR II M - 30	20	M 40	07:10:42	09:39:41	13:02:06	16:33:41	18:37:38	21:21:24.25	9:51	6.1
49	KOWALEWSKI KRZYSZTOF	2147		WARSZAWA	POL	SENIOR II M - 30	21	M 41	07:47:23	10:25:20	13:33:39	16:49:30	18:24:10	21:35:54.55	9:58	6
50	PRZERWA ANDRZEJ	2134	KOCHAM IZE, MAJE I BORYSIAKA SUPER CHŁOPAKA	DZIERŻONIÓW	POL	MASTERS M - 40	21	M 42	07:56:21	10:29:47	13:45:43	16:58:49	18:39:43	21:36:11.60	9:58	6
51	BEŚ MARCIN	2098		JORDANÓW ŚLĄSKI	POL	MASTERS M - 40	22	M 43	07:38:46	10:03:24	13:04:07	16:36:41	18:32:16	21:42:16.65	10:01	6
52	PRZYBYŁ PIOTR	2108	EASY RUNNERS	GOSTYŃ	POL	MASTERS M - 40	23	M 44	08:15:56	10:54:52	13:54:29	17:03:53	18:50:24	21:46:28.50	10:02	6
53	ZAWORSKI TOMASZ	2084		WROCŁAW	POL	SENIOR II M - 30	22	M 45	07:40:08	10:25:05	13:18:07	17:00:40	18:56:44	21:57:49.40	10:08	5.9
54	SZUBA TEOFIL	2175	MARATOŃCZYK SCZECIN	SZCZECIN	POL	MASTERS M - 40	24	M 46	08:28:57	11:09:22	14:08:29	17:18:18	19:04:03	22:05:22.30	10:11	5.9
55	KOWAL WIESŁAW	2159		ZIĘBICE	POL	MASTERS M - 40	25	M 47	07:49:06	10:34:18	13:34:56	16:42:05	18:32:29	22:05:31.25	10:11	5.9
56	DERMINE NICOLAS	2040		NYSA	POL	MASTERS M - 40	26	M 48	08:11:03	10:36:21	13:45:29	16:37:46	18:47:36	22:13:24.60	10:15	5.8
57	JARUS ANDRZEJ	2018	WKURW_TEAM	GALLSPACH	AUT	MASTERS M - 40	27	M 49	07:25:03	09:52:36	12:54:30	16:11:35	18:18:41	22:17:35.35	10:17	5.8
58	SZCZEPANIK ROBERT	2092		DZIERŻONIÓW	POL	MASTERS M - 40	28	M 50	07:25:13	09:52:43	12:54:36	16:11:01	18:18:41	22:17:44.95	10:17	5.8
59	SZUBA TADEUSZ	2107	TRUCHT ŁOBEZ	ŁOBEZ	POL	WETERAN II M - 60	1	M 51	08:30:11	11:09:14	14:08:25	17:20:43	19:03:57	22:21:53.25	10:19	5.8
60	POTOCKI MACIEJ	2097	ORANGE POLSKA	BIERNATKI	POL	WETERAN I M - 50	1	M 52	08:10:58	11:00:15	13:57:18	17:12:16	19:00:14	22:22:03.85	10:19	5.8
61	PAWELEC MARIUSZ	2005	KUDOWIANKA RUN	KUDOWA- ZDRÓJ	POL	MASTERS M - 40	29	M 53	08:24:40	11:17:04	14:21:01	17:36:16	19:26:46	22:25:28.60	10:20	5.8
62	GIERADA MATEUSZ	2004		GLIWICE	POL	SENIOR I M - 20	1	M 54	07:55:06	10:32:22	13:46:43	17:21:23	19:28:51	22:35:35.30	10:25	5.8
63	WESOŁOWSKI MACIEJ	2132	WKS B WYZNAWCY KOŃCA SEZONU BIEGOWEGO	GRODZISK MAZOWIECKI	POL	MASTERS M - 40	30	M 55	08:20:30	10:59:35	14:07:22	17:38:03	19:34:29	22:35:50.60	10:25	5.8
64	NIEDŹWIECKI MAREK	2091	SKIPARK- WYSOWA	WYSOWA-ZDRÓJ	POL	WETERAN II M - 60	2	M 56	08:22:31	11:17:39	14:36:32	17:45:09	19:32:12	22:37:19.30	10:26	5.7
65	GABRYSIAK GRZEGORZ	2062		RUDA ŚLĄSKA	POL	MASTERS M - 40	31	M 57	08:31:48	11:13:11	14:25:01	17:39:30	19:28:53	22:38:17.15	10:26	5.7
66	ZGAGACZ PAWEŁ	2080		WROCŁAW	POL	WETERAN I M - 50	2	M 58	07:58:39	10:33:09	13:39:05	17:01:14	19:01:52	22:39:13.65	10:27	5.7
67	KOSMOWSKI WIESŁAW	2030		RYDZYNA	POL	SENIOR II M - 30	23	M 59	08:28:02	11:14:28	14:30:20	17:38:58	19:37:23	22:39:20.90	10:27	5.7
68	NIEMAS MARIUSZ	2154	KP PSP WADOWICE	BŁĄŻĘJOWICE	POL	WETERAN I M - 50	3	M 60	08:18:02	11:04:45	14:11:46	17:46:10	19:28:14	22:44:41.05	10:29	5.7
69	GOLON MARLENA	2164		SICIENKO	POL	MASTERS K - 40	5	K 9	09:02:23	11:56:42	14:55:58	18:10:21	19:56:02	22:47:06.95	10:30	5.7
70	PATYK MIREK	2038		WIŚNIOWA	POL	MASTERS M - 40	32	M 61	07:39:25	10:22:12	13:38:59	17:16:56	19:24:19	22:52:48.30	10:33	5.7
71	POSMAN RAFAŁ	2129		WARSZAWA	POL	MASTERS M - 40	33	M 62	08:25:11	11:14:35	14:02:14	17:27:22	19:24:00	22:53:13.35	10:33	5.7
72	ZIEMKIEWICZ JAREK	2049	2 KROKI DO METY	LUBIN	AUT	MASTERS M - 40	34	M 63	08:15:18	11:06:08	14:28:05	18:00:29	19:50:33	22:58:12.40	10:36	5.7
73	MROZIAK MACIEK	2007	RUNPASSION. PL TEAM	GDYNIA	POL	WETERAN I M - 50	4	M 64	09:02:14	11:56:30	14:55:46	18:10:16	19:55:56	23:02:33.95	10:38	5.6
74	PROZOROWSKI WIESŁAW	2024	MARATON LESZNO	LESZNO	POL	WETERAN I M - 50	5	M 65	08:33:43	11:09:02	14:15:49	17:25:40	19:30:26	23:05:57.90	10:39	5.6
75	GIBAŁA MARCIN	2095	BIEGAM POMAGAM	MIELEC	POL	MASTERS M - 40	35	M 66	08:23:55	11:20:54	14:12:30	17:38:36	19:38:51	23:09:54.10	10:41	5.6
76	CHRZANOWSKI PIOTR	2052	SPELEOKLUB WARSZAWSKI	WARSZAWA	POL	MASTERS M - 40	36	M 67	07:57:29	10:37:38	13:43:44	17:15:46	19:27:41	23:10:35.10	10:41	5.6
77	JAWORSKI PRZEMYSŁAW	2109		SMOLEC	POL	MASTERS M - 40	37	M 68	08:46:09	11:38:09	14:39:51	17:54:00	19:48:36	23:14:13.70	10:43	5.6
78	GÓRECZNY RAFAŁ	2002		CHWASZCZYNO	POL	MASTERS M - 40	38	M 69	08:07:49	10:37:57	13:51:54	17:24:04	19:35:53	23:22:55.70	10:47	5.6
79	HETMAŃSKI FILIP	2008	KUDWIANKA RUN	KUDOWA -ZDRÓJ	POL	MASTERS M - 40	39	M 70	08:24:19	11:16:44	14:20:41	17:35:58	19:43:51	23:26:04.65	10:48	5.5
80	KRUSZEWSKI FILIP	2027		POZNAŃ	POL	SENIOR II M - 30	24	M 71	08:14:41	10:55:17	14:02:52	17:41:50	19:55:59	23:31:19.50	10:51	5.5
81	STODOLNY KRZYSZTOF	2032		WORZYTY	POL	WETERAN I M - 50	6	M 72	08:39:30	11:20:52	14:11:29	17:35:21	19:36:26	23:38:14.45	10:54	5.5
82	KUGLARZ SZYMON	2145		WODZISŁAW ŚL.	POL	MASTERS M - 40	40	M 73	08:39:21	11:32:48	14:47:17	18:04:38	19:57:56	23:42:14.45	10:56	5.5
83	JURZYSTA GRZEGORZ	2053		WARSZAWA	POL	MASTERS M - 40	41	M 74	08:00:13	10:44:10	13:43:53	17:20:49	19:27:55	23:42:39.40	10:56	5.5
84	MARCELA MARCIN	2088	FAT MAMA'S SPORT CLUB	TARNOWSKIE GÓRY	POL	MASTERS M - 40	42	M 75	07:56:29	10:52:29	14:28:41	18:01:14	20:00:35	23:43:49.35	10:57	5.5
85	KRÓL MARCIN	2181		OBORNIKI ŚLĄSKIE	POL	MASTERS M - 40	43	M 76	07:55:10	10:37:40	13:47:10	17:21:10	19:32:21	23:49:22.10	10:59	5.5
86	GOLA RADOSŁAW	2104		ZABIERZÓW	POL	MASTERS M - 40	44	M 77	07:57:17	10:41:15	13:19:49	17:06:53	19:23:12	23:51:27.35	11:00	5.4
87	MICHALSKI DAWID	2003	KLUB PRZYJACIOŁ MYSZKI MIKI	WARLUBIE	POL	SENIOR II M - 30	25	M 78	08:04:17	10:47:32	13:49:37	17:32:48	19:46:12	24:11:03.10	11:09	5.4
88	SOWA DARIUSZ	2066	RZESZOWSKIE GAZELE I GEPARDY/CZARNECKI RUN TEAM	RZESZÓW	POL	WETERAN I M - 50	7	M 79	08:50:51	11:54:43	14:53:19	18:11:21	20:22:33	24:12:22.60	11:10	5.4
89	JASKULA BARTOSZ	2182		WARSZAWA	POL	SENIOR II M - 30	26	M 80	09:01:28	12:03:30	15:39:32	19:14:10	21:13:37	24:12:28.45	11:10	5.4
90	JANUSZ TOMASZ	2065		WROCŁAW	POL	MASTERS M - 40	45	M 81	08:12:30	11:05:02	14:21:00	17:58:52	20:10:43	24:14:44.35	11:11	5.4
91	BORECKI DANIEL	2158		BRZEZINA	POL	MASTERS M - 40	46	M 82	08:12:39	11:05:12	14:21:08	17:58:58	20:10:52	24:14:46.20	11:11	5.4
92	STRUSIŃSKA KATARZYNA	2156		MIŃSK MAZOWIECKI	POL	SENIOR II K - 30	4	K 10	09:02:21	12:01:02	15:02:16	18:33:40	20:33:28	24:15:14.15	11:11	5.4
93	HOFSTRA TSJEARD	2151	FRYSMAN	WOMMELS	NED	SENIOR II M - 30	27	M 83	08:03:36	10:47:25	14:00:59	17:28:26	19:46:37	24:26:35.30	11:16	5.3
94	POTERSKI MATEUSZ	2135	MJP DRUKARNIA	LUBOŃ	POL	MASTERS M - 40	47	M 84	08:37:25	11:32:22	15:17:47	18:56:14	20:57:16	24:30:01.80	11:18	5.3

BIEG SUPER TRAIL - 130 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	47km	64km	81km	100km	112km	Netto	min/km	km/h
95	SERAFIN ROBERT	2136		SWARZĘDZ	POL	SENIOR II M - 30	28	M 85	08:37:39	11:32:34	15:17:54	18:56:28	20:57:56	24:30:12.40	11:18	5.3
96	KOWALCZYK MARCIN	2171		IWINY	POL	SENIOR II M - 30	29	M 86	07:46:22	10:35:04	14:10:49	17:48:25	20:03:06	24:35:06.60	11:20	5.3
97	PIETRZYKOWSKI KATARZYNA	2153		PRZECZÓD	POL	SENIOR II K - 30	5	K 11	09:03:33	11:50:08	14:41:50	18:12:40	20:18:05	24:37:40.05	11:22	5.3
98	MARGASIŃSKI MICHAŁ	2028		ŚWIDNICA	POL	SENIOR II M - 30	30	M 87	08:18:19	11:11:09	14:33:10	18:05:57	20:26:38	24:49:59.15	11:27	5.2
99	SMOLAK AGATA	2102		WOLSZTYN	POL	SENIOR II K - 30	6	K 12	09:20:56	12:11:36	15:03:02	18:40:44	20:44:35	24:51:30.05	11:28	5.2
100	GAŁEK WOJCIECH	2140		WROCLAW	POL	MASTERS M - 40	48	M 88	08:51:05	11:49:15	15:08:30	18:39:46	20:48:43	24:59:57.75	11:32	5.2
101	GONCHAROV ANDREI	2111		WROCLAW	POL	MASTERS M - 40	49	M 89	09:21:21	12:28:47	15:29:46	19:02:31	21:09:41	25:08:56.25	11:36	5.2
102	MOREVA DARIA	2110		WROCLAW	POL	SENIOR II K - 30	7	K 13	09:21:29	12:29:03	15:30:01	19:02:45	21:09:52	25:09:07.15	11:36	5.2
103	LANGE SZYMON	2043	RUNNER'S POWER	ŚREM	POL	MASTERS M - 40	50	M 90	07:58:06	10:49:56	14:28:46	18:29:32	20:48:46	25:10:34.25	11:37	5.2
104	KOZIOŁ KRZYSZTOF	2161	MLB SUPPORT TEAM	SZCZECIN	POL	SENIOR II M - 30	31	M 91	08:54:45	12:02:42	15:11:06	18:54:06	21:09:01	25:14:53.05	11:39	5.1
105	BRUSZEWSKA- GŁOMBIOWSKA MONIKA	2178	RUNPASSION.PL TEAM / ULTRAŻÓŁWIK	GDYNIA	POL	MASTERS K - 40	6	K 14	09:30:05	12:31:06	15:21:25	19:02:25	21:10:06	25:23:31.10	11:43	5.1
106	SZANDAŁA JACEK	2165	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	51	M 92	09:27:25	12:37:09	15:57:20	19:39:00	21:50:43	25:25:04.15	11:43	5.1
107	DEC RAFAŁ	2074	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	MASTERS M - 40	52	M 93	09:27:31	12:37:19	15:57:32	19:39:14	21:50:57	25:25:14.55	11:43	5.1
108	MACHALICA AGNIESZKA	2047	ULTRAKREW	GDAŃSK	POL	MASTERS K - 40	7	K 15	09:12:10	12:20:11	15:33:27	19:19:27	21:35:06	25:29:54.50	11:46	5.1
109	ŁUCHNIAK KUBA	2122	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR I M - 20	2	M 94	09:13:58	12:32:00	16:02:05	19:40:08	22:01:44	25:36:59.15	11:49	5.1
110	BAKOWSKI MARCIN	2120	KLUB ŚLIMAKA TORPEDY	POZNAŃ	POL	MASTERS M - 40	53	M 95	09:54:28	13:05:39	16:04:07	19:38:15	21:53:51	25:39:13.10	11:50	5.1
111	SOBCZAK KATARZYNA	2123		GARBY	POL	WETERAN K - 50	1	K 16	09:54:48	13:05:47	16:04:18	19:38:22	21:54:04	25:39:23.00	11:50	5.1
112	WILK WIKTORIA	2072	WILKI:)	KRAKÓW	POL	SENIOR II K - 30	8	K 17	08:09:42	11:02:53	14:47:11	18:44:56	21:05:40	25:42:59.10	11:52	5.1
113	WILK KRZYSZTOF	2069		KRAKÓW	POL	SENIOR II M - 30	32	M 96	08:09:53	11:03:03	14:47:22	18:45:02	21:05:45	25:43:09.65	11:52	5.1
114	FILIPIAK SEBASTIAN	2031	LZS LIPA	LIPA	POL	MASTERS M - 40	54	M 97	08:52:57	11:50:00	15:21:19	19:13:42	21:36:02	25:44:03.20	11:52	5.1
115	KRAWIETZ TOMASZ	2114	IZERSKI NIEDZWIEDŹ	SZKLARSKA POREBA	POL	MASTERS M - 40	55	M 98	09:32:13	12:41:17	16:00:42	19:47:33	22:01:13	25:48:35.55	11:54	5
116	BAKOWICZ KAMIL	2075	AKTYWNI KAMIENSK	KAMIENSK	POL	SENIOR II M - 30	33	M 99	08:02:04	11:17:54	14:36:46	19:07:23	21:40:56	25:56:32.95	11:58	5
117	BAREJKA RAFAŁ	2157		ŁÓDŹ	POL	MASTERS M - 40	56	M 100	09:23:51	12:20:03	15:36:45	19:28:48	21:55:25	25:59:30.65	11:59	5
118	SZPYT ANDRZEJ	2115		GUBIN	POL	MASTERS M - 40	57	M 101	08:42:46	11:33:30	15:00:33	18:57:33	21:48:35	25:59:58.40	11:59	5
119	RYCZYŃSKI JACEK	2026		OLEŚNICA	POL	MASTERS M - 40	58	M 102	09:18:21	12:21:56	15:58:21	19:47:27	22:07:20	26:05:05.80	12:02	5
120	BAŁAGA MARCIN	2001	KTO DOGONI PSA?	KRAKÓW	POL	MASTERS M - 40	59	M 103	09:12:49	12:28:53	15:31:29	19:37:29	22:21:14	26:13:12.70	12:06	5
121	LUBOCH KRZYSZTOF	2073	KW OPOLE	SZYDŁÓW	POL	MASTERS M - 40	60	M 104	09:02:13	12:10:43	15:40:29	19:45:30	22:11:05	26:24:47.15	12:11	4.9
122	GUZIK ROBERT	2105	PEDRAFORCA	WIĘCKOWICE	POL	MASTERS M - 40	61	M 105	08:42:21	11:54:52	15:40:52	19:19:29	21:51:22	26:25:10.55	12:11	4.9
123	NIZIOŁEK MAREK	2106	PEDRAFORCA	ZABORZE	POL	MASTERS M - 40	62	M 106	09:48:47	12:57:50	16:28:53	20:18:09	22:24:48	26:25:19.75	12:11	4.9
124	JADACH GRZEGORZ	2142	VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	34	M 107	09:17:15	12:33:28	16:25:33	20:06:32	22:06:13	26:40:35.95	12:18	4.9
125	SIENICKI PIOTR	2130		KOSZALIN	POL	MASTERS M - 40	63	M 108	10:14:51	13:24:23	16:45:39	20:36:58	23:04:15	26:46:47.80	12:21	4.9
126	WOLF WERONIKA	2044	POZYTYWNE ZABIEGANI SANOK/3PBOT	SANOK	POL	MASTERS K - 40	8	K 18	10:14:45	13:24:19	16:42:02	20:36:52	23:04:07	26:46:47.90	12:21	4.9
127	ŁĄCKA ILONA	2128	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	9	K 19	10:13:23	13:20:33	16:50:22	20:35:24	22:51:35	26:55:35.65	12:25	4.8
128	SŁAWIŃSKI KAZIMIERZ	2167		KIELCE	POL	MASTERS M - 40	64	M 109	09:44:29	14:07:24	17:06:52	21:19:56	23:12:54	26:57:46.35	12:26	4.8
129	POCHYLSKI DOMINIK	2141	TEAM GUTO / WLKP MOUNTAINS ULTRA / FREE RUN	LUBOŃ	POL	MASTERS M - 40	65	M 110	10:57:11	14:15:35	17:28:41	21:38:34	23:25:53	27:14:03.60	12:34	4.8
	KUPCZYK JACEK	2076	MOL RUNNERS	BYTKOW	POL	MASTERS M - 40			07:56:59	10:35:03	13:17:39	16:51:47	18:54:53	DNF	-	-
	SZARF PAWEŁ	2050	ZALOGA GÓRSKA	KĘDZIERZYN-KOŹLE	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BERNERT STEFAN	2100		MONACHIUM	GER	SENIOR I M - 20			08:17:57	11:31:25	14:56:40	19:50:17	DNF	DNF	-	-
	MILCZAREK PAWEŁ	2169	ROAD TO UTMB	DOBZYCA	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DABKOWSKI KAMIL	2179	BLACK HAT TEAM	WARSZAWA	POL	MASTERS M - 40			07:12:17	09:37:07	12:21:45	DNF	DNF	DNF	-	-
	KUJAWA MAREK	2014	SZCZYTNA BIEGA	SZCZYTNA	POL	MASTERS M - 40			10:38:17	14:04:07	17:19:38	DNF	DNF	DNF	-	-
	WALEK PIOTR	2017	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40			10:24:30	13:50:26	17:21:10	DNF	DNF	DNF	-	-
	GAŚSIOROWSKA DOROTA	2012	VELO ŁOSIE NA SZOSIE	WARSZAWA	POL	WETERAN K - 50			10:24:38	13:50:35	17:21:16	DNF	DNF	DNF	-	-
	SZURKOWSKI MICHAŁ	2103	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30			09:46:59	13:11:39	17:21:32	DNF	DNF	DNF	-	-

BIEG SUPER TRAIL - 130 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	47km	64km	81km	100km	112km	Netto	min/km	km/h
	KOZIEŁ TOMASZ	2015	KUDOWIANKA RUN	KUDOWA-ZDRÓJ	POL	MASTERS M - 40			06:16:04 DNF	08:21:41 DNF	DNF	DNF	DNF	DNF	-	-
	GAIK ANDRZEJ	2139	PODGÓRZ TORUŃ - DŁUGOPOLE ZDRÓJ	TORUŃ	POL	WETERAN I M - 50			07:00:41 DNF	09:18:58 DNF	DNF	DNF	DNF	DNF	-	-
	SŁOWIŃSKI GRZEGORZ	2079		IWINY	POL	SENIOR II M - 30			09:15:45 DNF	12:05:11 DNF	DNF	DNF	DNF	DNF	-	-
	DĄBROWSKI JACEK	2056		WILCZYCE	POL	SENIOR II M - 30			08:48:18 DNF	12:24:54 DNF	DNF	DNF	DNF	DNF	-	-
	ARENDT MICHAŁ	2170		GDYNIA	POL	SENIOR II M - 30			08:52:53 DNF	12:29:57 DNF	DNF	DNF	DNF	DNF	-	-
	NAWROT ARTUR	2146	DTR BIEGA/MARIO TEAM	TRZEBNICA	POL	SENIOR II M - 30			09:23:23 DNF	12:30:29 DNF	DNF	DNF	DNF	DNF	-	-
	GRZELAK DANIEL	2172	MARATON LESZNO	LESZNO	POL	MASTERS M - 40			09:43:23 DNF	12:46:56 DNF	DNF	DNF	DNF	DNF	-	-
	GRZELAK JUSTYNA	2162	MARATON LESZNO	LESZNO	POL	MASTERS K - 40			09:43:31 DNF	12:47:05 DNF	DNF	DNF	DNF	DNF	-	-
	PYSZKA REMIGIUSZ	2037		KRAKÓW	POL	MASTERS M - 40			09:13:54 DNF	13:04:31 DNF	DNF	DNF	DNF	DNF	-	-
	WOJNO MAŁGORZATA	2176	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II K - 30			10:21:48 DNF	13:47:06 DNF	DNF	DNF	DNF	DNF	-	-
	MYRCIK PAWEŁ	2081		BORONÓW	POL	SENIOR II M - 30			10:21:47 DNF	13:48:06 DNF	DNF	DNF	DNF	DNF	-	-
	GRZYBOWSKA KAROLINA	2173		CZERMIN	POL	MASTERS K - 40			08:01:24 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JAROSŁAWSKI MARCIN	2011		JELCZ-LASKOWICE	POL	SENIOR II M - 30			08:30:24 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WOŹNIAK RYSZARD	2078	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	WETERAN I M - 50			09:27:43 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KŁATKA ARLETA	2034	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	MASTERS K - 40			09:37:48 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BOKSA MAŁGORZATA	2020	NIE	ZIĘBICE	POL	WETERAN II K - 60			11:42:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CINCIO ROBERT	2148	TKKF TRIATHLON KOSZALIN	BIESIEKIERZ	POL	MASTERS M - 40			11:46:02 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIEMBA DAMIAN	2117	HRT/ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LECHOWSKI BARTŁOMIEJ	2133	WKURW_TEAM	WROCŁAW	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BOCHENEK JANUSZ	2060	WKURW-TEAM	KIELCE	POL	WETERAN II M - 60			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BUBEL SEBASTIAN	2061	JW 3390	TWARDOWICE	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MAJKA LESZEK	2019	X-TEAM SPECIAL FORCES	SKIERNIEWICE	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	-	-