

**BIEG K-B-L - 110 KM**

Organizator: Fundacja MARATONY GÓRSKIE  
 Data: 2020-07-16  
 Miejsce: Łądek-Zdrój  
 Dystans: 110 km  
 Klasyfikacja wg czasów netto.


**BIEG K-B-L - 110 KM, OPEN**

| M-ce | Nazwisko i imię      | Nr   | Klub  | M-scowość        | Kraj | Kat.             | M. kat | K/M  | 15km     | 40km     | 70km     | 85km     | 98km     | Netto       | min/km | km/h |
|------|----------------------|------|---|------------------|------|------------------|--------|------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1    | KASZUBA MICHAŁ       | 3254 | GRUPA NOMAX                                     | PIEKARY ŚLĄSKIE  | POL  | MASTERS M - 40   | 1      | M 1  | 01:29:32 | 03:46:03 | 07:22:39 | 09:10:45 | 10:40:00 | 11:46:42.20 | 6:25   | 9.3  |
| 2    | PRZYBYLSKI ŁUKASZ    | 3332 | KS IDMAR  | MOSINA           | POL  | MASTERS M - 40   | 2      | M 2  | 01:28:42 | 03:51:54 | 07:37:48 | 09:16:55 | 10:43:08 | 11:49:41.95 | 6:27   | 9.3  |
| 3    | WILK MACIEJ          | 3144 | RAMBO 3   | BYTOM            | POL  | MASTERS M - 40   | 3      | M 3  | 01:24:51 | 03:42:42 | 07:30:58 | 09:19:59 | 10:57:21 | 12:06:42.65 | 6:36   | 9.1  |
| 4    | ŚCIESZKA WOJCIECH    | 3133 | 13 ELT KRAKÓW-BALICE                            | KRAKÓW           | POL  | MASTERS M - 40   | 4      | M 4  | 01:32:27 | 04:05:13 | 07:47:56 | 09:35:29 | 11:09:22 | 12:18:05.50 | 6:42   | 8.9  |
| 5    | CZERBIAK NORBERT     | 3176 | TARNOWO PODGÓRNE BIEGA                          | SKÓRZEWO         | POL  | MASTERS M - 40   | 5      | M 5  | 01:33:43 | 04:09:38 | 07:45:48 | 09:35:54 | 11:07:13 | 12:25:03.55 | 6:46   | 8.9  |
| 6    | DOSTAL JAN           | 3301 | BEZECKY KLUB NACHOD,<br>VELLA NACHOD            | NACHOD           | CZE  | SENIOR II M - 30 | 1      | M 6  | 01:24:25 | 03:54:08 | 07:51:33 | 09:43:30 | 11:16:29 | 12:27:39.45 | 6:47   | 8.8  |
| 7    | KIELASZEWSKI KAROL   | 3233 | LESZNO LIMITS RUNNERS                           | LESZNO           | POL  | SENIOR II M - 30 | 2      | M 7  | 01:41:10 | 04:20:19 | 08:03:14 | 09:51:58 | 11:30:21 | 12:49:06.10 | 6:59   | 8.6  |
| 8    | ZIENTARA ADRIAN      | 3206 | KGHM ZG RUN                                     | LEGNICA          | POL  | SENIOR II M - 30 | 3      | M 8  | 01:40:06 | 04:18:22 | 08:04:52 | 10:04:46 | 11:45:55 | 13:03:28.95 | 7:07   | 8.4  |
| 9    | KROSNY SEBASTIAN     | 3281 | STS BIEGATON MIKOŁÓW /<br>ZAŁOGA GÓRSKA         | MIKOŁÓW          | POL  | SENIOR II M - 30 | 4      | M 9  | 01:34:13 | 04:03:50 | 08:00:20 | 10:10:36 | 11:49:01 | 13:04:03.90 | 7:07   | 8.4  |
| 10   | PILARSKI TOMASZ      | 3275 | IZERY BOGATYNIA                                 | BOGATYNIA        | POL  | SENIOR II M - 30 | 5      | M 10 | 01:38:45 | 04:06:25 | 08:02:24 | 10:02:02 | 11:45:38 | 13:04:09.05 | 7:07   | 8.4  |
| 11   | JĘDRYKA PRZEMYSŁAW   | 3298 | SPARTA ULTRA TEAM                               | LASKI            | POL  | MASTERS M - 40   | 6      | M 11 | 01:38:13 | 04:22:36 | 08:14:55 | 10:14:36 | 11:53:46 | 13:13:01.00 | 7:12   | 8.3  |
| 12   | BARTYZEL MAREK       | 3185 |   | ZAWOJA           | POL  | MASTERS M - 40   | 7      | M 12 | 01:32:38 | 04:04:55 | 08:01:23 | 09:58:26 | 11:48:36 | 13:13:13.05 | 7:12   | 8.3  |
| 13   | MOCZULSKA MAŁGORZATA | 3278 |   | ŻARÓW            | POL  | MASTERS K - 40   | 1      | K 1  | 01:33:38 | 04:17:38 | 08:20:20 | 10:25:51 | 12:03:04 | 13:18:59.65 | 7:15   | 8.3  |
| 14   | JOKIEL WOJCIECH      | 3293 | SPARTA ULTRA TEAM                               | GRANICE          | POL  | SENIOR I M - 20  | 1      | M 13 | 01:38:23 | 04:18:58 | 08:27:42 | 10:21:22 | 12:11:37 | 13:38:42.55 | 7:26   | 8.1  |
| 15   | GRUSZKA ALEKSANDRA   | 3299 | WILD ULTRA WARRIORS                             | BOGUSZÓW - GORCE | POL  | SENIOR II K - 30 | 1      | K 2  | 01:49:16 | 04:35:32 | 08:48:11 | 10:45:57 | 12:26:59 | 13:44:36.80 | 7:29   | 8    |
| 16   | ZARCZUK PAWEŁ        | 3337 |   | OLEWA            | POL  | SENIOR II M - 30 | 6      | M 14 | 01:56:41 | 04:52:24 | 08:52:23 | 10:46:53 | 12:29:03 | 13:45:45.25 | 7:30   | 8    |
| 17   | KYCIA PIOTR          | 3138 |   | RAWICZ           | POL  | MASTERS M - 40   | 8      | M 15 | 01:51:14 | 04:38:06 | 08:45:29 | 10:47:33 | 12:34:25 | 13:52:33.70 | 7:34   | 7.9  |
| 18   | KOŚCIELNIK WIOLETTA  | 3323 | RUNNERS TEAM NYSA                               | NYSA             | POL  | MASTERS K - 40   | 2      | K 3  | 01:47:34 | 04:55:59 | 08:58:26 | 10:55:12 | 12:40:06 | 14:03:33.00 | 7:40   | 7.8  |
| 19   | KALINOWSKI TOMASZ    | 3085 |   | WODZISŁAW ŚLĄSKI | POL  | MASTERS M - 40   | 9      | M 16 | 01:53:15 | 04:51:50 | 08:53:46 | 10:54:06 | 12:40:11 | 14:05:38.90 | 7:41   | 7.8  |
| 20   | PAPRZYCKI RAFAŁ      | 3267 | NBR TEAM  | POZNAŃ           | POL  | MASTERS M - 40   | 10     | M 17 | 01:45:29 | 04:40:17 | 08:44:52 | 10:49:52 | 12:40:36 | 14:08:09.85 | 7:42   | 7.8  |
| 21   | DYRKA KRZYSZTOF      | 3141 | POLITECHNIKA POZNAŃSKA                          | POZNAŃ           | POL  | MASTERS M - 40   | 11     | M 18 | 01:55:08 | 04:54:31 | 08:56:29 | 10:57:06 | 12:42:51 | 14:08:20.30 | 7:42   | 7.8  |
| 22   | POLAK STANISŁAW      | 3330 | SBG PODBIEG                                     | KRAKÓW           | POL  | MASTERS M - 40   | 12     | M 19 | 01:40:40 | 04:33:32 | 08:59:24 | 11:04:36 | 12:55:00 | 14:22:39.55 | 7:50   | 7.7  |
| 23   | KRAWCZYK KAROL       | 3140 | LENIWI INACZEJ                                  | JAWORZNO         | POL  | SENIOR II M - 30 | 7      | M 20 | 01:41:18 | 04:53:12 | 09:23:25 | 11:32:29 | 13:23:38 | 14:43:48.50 | 8:02   | 7.5  |
| 24   | SKORCZYK ADRIAN      | 3078 | SPEED FEET '16                                  | KOŚCIAN          | POL  | SENIOR II M - 30 | 8      | M 21 | 01:58:11 | 05:07:06 | 09:32:46 | 11:35:22 | 13:26:24 | 14:44:11.80 | 8:02   | 7.5  |
| 25   | MICHALSKI PIOTR      | 3018 |   | WROCŁAW          | POL  | SENIOR II M - 30 | 9      | M 22 | 01:47:40 | 04:56:23 | 09:24:06 | 11:32:15 | 13:23:52 | 14:47:56.70 | 8:04   | 7.4  |
| 26   | MICHAŁOWSKI MARCIN   | 3034 | #MARCINSWIERTTEAM                               | ŚWIĘTOSZÓW       | POL  | MASTERS M - 40   | 13     | M 23 | 01:49:29 | 04:47:28 | 09:21:33 | 11:32:22 | 13:23:46 | 14:51:45.20 | 8:06   | 7.4  |
| 27   | JACHYMIAK ROBERT     | 3154 | SPECJALISTYCZNY GABINET<br>REHABILITACJI DZIECI | NOWY TARG        | POL  | MASTERS M - 40   | 14     | M 24 | 01:44:48 | 04:46:22 | 09:34:03 | 11:42:19 | 13:33:31 | 14:53:21.30 | 8:07   | 7.4  |
| 28   | LONC TOMASZ          | 3145 |   | RZESZÓW          | POL  | MASTERS M - 40   | 15     | M 25 | 02:03:22 | 05:23:01 | 09:47:52 | 11:56:21 | 13:35:54 | 14:56:07.25 | 8:08   | 7.4  |
| 29   | WOJDANOWSKI JAN      | 3243 | KB HARCOWNIK<br>JELCZ-LASKOWICE                 | JELCZ-LASKOWICE  | POL  | WETERAN I M - 50 | 1      | M 26 | 01:57:18 | 05:07:57 | 09:42:12 | 11:47:45 | 13:30:01 | 14:58:43.90 | 8:10   | 7.3  |
| 30   | KOLMAN PIOTR         | 3256 | ENDORFINA WSCHOWA                               | WSCHOWA          | POL  | MASTERS M - 40   | 16     | M 27 | 02:00:11 | 05:10:52 | 09:40:47 | 11:53:31 | 13:47:34 | 14:59:07.80 | 8:10   | 7.3  |
| 31   | DARCHUK OLEKSANDR    | 3285 | DRPT  | WĘGRZCE          | UKR  | MASTERS M - 40   | 17     | M 28 | 01:54:37 | 05:05:28 | 09:39:06 | 11:42:06 | 13:38:15 | 15:05:08.95 | 8:13   | 7.3  |
| 32   | LORENC JOANNA        | 3313 | ENDORFINY WAŚOSZ                                | WAŚOSZ           | POL  | SENIOR II K - 30 | 2      | K 4  | 01:48:59 | 04:47:32 | 09:09:22 | 11:26:21 | 13:36:30 | 15:07:07.95 | 8:14   | 7.3  |
| 33   | MILEWICZ DANIEL      | 3311 | KB BOLESŁAWIEC                                  | BOLESŁAWIEC      | POL  | SENIOR II M - 30 | 10     | M 29 | 01:53:36 | 04:55:04 | 09:30:55 | 11:41:14 | 13:38:26 | 15:09:10.45 | 8:15   | 7.3  |
| 34   | SZRAMOWIAT MAREK     | 3329 | BRITA   | LWÓWEK ŚLĄSKI    | POL  | MASTERS M - 40   | 18     | M 30 | 01:54:48 | 04:55:07 | 09:30:58 | 11:41:12 | 13:38:30 | 15:09:12.85 | 8:15   | 7.3  |
| 35   | DETLAUF PATRYCJA     | 3306 | WILD ULTRA WARRIORS                             | NOWA IWICZNA     | POL  | SENIOR II K - 30 | 3      | K 5  | 01:49:49 | 04:55:27 | 09:40:10 | 11:45:48 | 13:44:36 | 15:09:24.00 | 8:16   | 7.3  |
| 36   | MARSAŁKOWSKI ŁUKASZ  | 3290 | GET ACTIVE                                      | GDAŃSK           | POL  | SENIOR II M - 30 | 11     | M 31 | 01:51:56 | 04:59:58 | 09:35:16 | 11:51:54 | 13:49:23 | 15:16:38.45 | 8:19   | 7.2  |
| 37   | SCHWITALLA ADRIAN    | 3188 | MKS SIECHNICE                                   | SIECHNICE        | POL  | MASTERS M - 40   | 19     | M 32 | 01:51:02 | 05:09:05 | 09:43:15 | 11:55:19 | 13:48:05 | 15:16:59.20 | 8:20   | 7.2  |
| 38   | GAWLIK MARCIN        | 3113 | MKS SIECHNICE                                   | SIECHNICE        | POL  | MASTERS M - 40   | 20     | M 33 | 01:51:14 | 05:09:15 | 09:43:26 | 11:55:37 | 13:48:15 | 15:17:07.15 | 8:20   | 7.2  |
| 39   | GRZYBOWSKI RAFAŁ     | 3012 |   | WARSZAWA         | POL  | MASTERS M - 40   | 21     | M 34 | 01:53:00 | 05:05:14 | 09:37:51 | 11:51:30 | 13:51:03 | 15:17:19.35 | 8:20   | 7.2  |
| 40   | CHOŁKA MICHAŁ        | 3143 |   | RZESZÓW          | POL  | SENIOR II M - 30 | 12     | M 35 | 01:58:53 | 05:07:44 | 09:37:39 | 11:50:17 | 13:47:46 | 15:19:41.25 | 8:21   | 7.2  |
| 41   | PRZYBYLSKA KATARZYNA | 3246 |   | OPOLE            | POL  | SENIOR II K - 30 | 4      | K 6  | 02:05:59 | 05:18:21 | 09:40:41 | 11:51:39 | 13:51:01 | 15:24:08.35 | 8:24   | 7.1  |
| 42   | CATTI ROBERTO        | 3200 |   | WROCŁAW          | ITA  | SENIOR II M - 30 | 13     | M 36 | 01:50:57 | 05:12:26 | 09:34:36 | 11:47:38 | 13:53:41 | 15:24:39.35 | 8:24   | 7.1  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr   | Klub                           | M-scowość       | Kraj | Kat.              | M. kat | K/M  | 15km     | 40km     | 70km     | 85km     | 98km     | Netto       | min/km | km/h |
|------|---------------------------|------|--------------------------------|-----------------|------|-------------------|--------|------|----------|----------|----------|----------|----------|-------------|--------|------|
| 43   | RÓŻAŃSKI MATEUSZ          | 3295 |                                | KATOWICE        | POL  | SENIOR II M - 30  | 14     | M 37 | 02:00:39 | 05:12:43 | 09:54:00 | 11:57:38 | 14:02:17 | 15:25:04.90 | 8:24   | 7.1  |
| 44   | ZAJĄC LESZEK              | 3178 | L.O.T.A.Z/SOKOŁ BUKÓWIEC GÓRNY | WŁOSZAKOWICE    | POL  | MASTERS M - 40    | 22     | M 38 | 02:00:15 | 05:20:13 | 10:00:31 | 12:05:25 | 14:01:36 | 15:25:14.55 | 8:24   | 7.1  |
| 45   | GALUSKIN ALEXEY           | 3294 | GRUPA NOMAX                    | TARNOWSKIE GÓRY | POL  | SENIOR II M - 30  | 15     | M 39 | 02:01:11 | 05:13:02 | 09:54:13 | 11:58:57 | 14:02:29 | 15:25:19.45 | 8:24   | 7.1  |
| 46   | SLOTWIŃSKI ADAM           | 3217 |                                | EŁK             | POL  | MASTERS M - 40    | 23     | M 40 | 01:55:46 | 05:11:27 | 09:54:08 | 12:13:22 | 14:02:13 | 15:34:22.45 | 8:29   | 7.1  |
| 47   | KROK SŁAWOMIR             | 3333 |                                | JĘDRZYCHÓW      | POL  | MASTERS M - 40    | 24     | M 41 | 01:48:12 | 04:55:31 | 09:36:49 | 11:52:42 | 14:02:51 | 15:34:31.90 | 8:29   | 7.1  |
| 48   | HARĘŻŁAK KRZYSZTOF        | 3148 | AGB TORFY                      | ŁÓDŹ            | POL  | MASTERS M - 40    | 25     | M 42 | 01:46:09 | 04:45:06 | 09:37:45 | 12:10:20 | 14:09:46 | 15:34:55.65 | 8:29   | 7.1  |
| 49   | WINIARSKI ANDRZEJ         | 3110 | DXTREEM RUNNING                | WARSZAWA        | POL  | MASTERS M - 40    | 26     | M 43 | 01:48:55 | 04:50:23 | 09:28:21 | 11:59:48 | 14:00:59 | 15:35:32.80 | 8:30   | 7.1  |
| 50   | TOMCZAK WALDEK            | 3152 |                                | KŁODZKO         | POL  | MASTERS M - 40    | 27     | M 44 | 01:56:34 | 05:16:27 | 09:57:48 | 12:02:40 | 14:00:58 | 15:37:16.25 | 8:31   | 7    |
| 51   | MATUSIAK MICHAŁ           | 3282 | ROWERY MAŁGOŚKA                | POZNAŃ          | POL  | SENIOR II M - 30  | 16     | M 45 | 01:59:20 | 05:03:08 | 09:37:56 | 11:58:20 | 14:08:11 | 15:39:24.15 | 8:32   | 7    |
| 52   | PRAŁAT TOMASZ             | 3062 | MARATON LESZNO                 | LIPNO           | POL  | MASTERS M - 40    | 28     | M 46 | 01:53:42 | 05:10:00 | 09:45:01 | 12:06:16 | 14:08:17 | 15:40:43.40 | 8:33   | 7    |
| 53   | CIEPLIK DAWID             | 3083 | LESZNO LIMITS RUNNERS          | RYDZYNA         | POL  | SENIOR II M - 30  | 17     | M 47 | 01:54:42 | 05:11:38 | 09:50:59 | 12:08:05 | 14:10:34 | 15:45:27.90 | 8:35   | 7    |
| 54   | GOSTYŃSKI KRZYSZTOF       | 3196 |                                | KRAKÓW          | POL  | MASTERS M - 40    | 29     | M 48 | 01:53:11 | 05:08:05 | 09:57:45 | 12:08:56 | 14:18:14 | 15:47:21.90 | 8:36   | 7    |
| 55   | SPECJALSKI PRZEMYSŁAW     | 3046 |                                | GDAŃSK          | POL  | WETERAN I M - 50  | 2      | M 49 | 01:56:30 | 05:12:20 | 09:43:56 | 12:08:14 | 14:15:07 | 15:51:11.45 | 8:38   | 6.9  |
| 56   | PAWŁOWSKI PIOTR           | 3124 |                                | SIEDLCE         | POL  | MASTERS M - 40    | 30     | M 50 | 01:42:13 | 04:24:40 | 08:41:18 | 12:08:12 | 14:14:11 | 15:51:35.85 | 8:39   | 6.9  |
| 57   | SAWICKI KRZYSZTOF         | 3059 | KOŁO BIEGA                     | KOŚCIELEC       | POL  | SENIOR II M - 30  | 18     | M 51 | 01:59:29 | 05:06:43 | 09:49:24 | 12:14:44 | 14:18:25 | 15:52:35.45 | 8:39   | 6.9  |
| 58   | GRODZKI TOMASZ            | 3017 | ULTRAS Z NAD MORZA             | DARŁOWO         | POL  | MASTERS M - 40    | 31     | M 52 | 01:49:18 | 04:45:27 | 09:45:31 | 12:16:51 | 14:17:17 | 15:54:16.45 | 8:40   | 6.9  |
| 59   | WOJCIECHOWICZ JACEK       | 3248 | WWW.STUDIOTANCAPASJA.PL        | KOSZALIN        | POL  | MASTERS M - 40    | 32     | M 53 | 01:49:42 | 04:51:55 | 09:45:38 | 12:17:09 | 14:17:28 | 15:54:26.20 | 8:40   | 6.9  |
| 60   | ZIMNY TOMASZ              | 3025 |                                | SZCZECIN        | POL  | WETERAN II M - 60 | 1      | M 54 | 01:54:47 | 05:18:10 | 09:46:33 | 12:18:08 | 14:25:02 | 15:57:46.55 | 8:42   | 6.9  |
| 61   | DWORNIK MACIEJ            | 3005 | WARCZĄCE SZPRYCHY              | KRAKÓW          | POL  | SENIOR II M - 30  | 19     | M 55 | 01:45:08 | 04:40:39 | 09:22:49 | 12:03:36 | 14:20:14 | 16:00:10.70 | 8:43   | 6.9  |
| 62   | PIECUCH KAROLINA          | 3335 |                                | PRZEWORSK       | POL  | SENIOR II K - 30  | 5      | K 7  | 01:56:02 | 05:09:26 | 09:57:08 | 12:21:31 | 14:26:10 | 16:03:19.70 | 8:45   | 6.9  |
| 63   | TONDER FILIP              | 3250 | WLKP MOUNTAINS ULTRA           | POZNAŃ          | POL  | SENIOR II M - 30  | 20     | M 56 | 01:55:29 | 05:17:18 | 09:54:16 | 12:17:03 | 14:23:06 | 16:03:44.75 | 8:45   | 6.8  |
| 64   | KONIECZNY MACIEJ          | 3024 | MK-CONNECT                     | POZNAŃ          | POL  | MASTERS M - 40    | 33     | M 57 | 01:42:59 | 04:47:34 | 09:43:05 | 12:16:14 | 14:23:42 | 16:06:51.70 | 8:47   | 6.8  |
| 65   | STRAMOWSKI RAFAŁ          | 3105 |                                | ŁĘKA OPATOWSKA  | POL  | SENIOR II M - 30  | 21     | M 58 | 01:49:50 | 04:55:31 | 09:43:18 | 12:11:42 | 14:24:44 | 16:07:25.10 | 8:47   | 6.8  |
| 66   | KOSIOREK ADAM             | 3184 | BCAC MOKOBODY                  | MOKOBODY        | POL  | WETERAN I M - 50  | 3      | M 59 | 02:01:10 | 05:29:53 | 10:18:47 | 12:42:26 | 14:45:13 | 16:08:05.90 | 8:48   | 6.8  |
| 67   | STOBIŃSKI PIOTR           | 3247 | RUNEDA                         | REDA            | POL  | SENIOR II M - 30  | 22     | M 60 | 01:55:23 | 05:13:57 | 10:03:26 | 12:30:16 | 14:34:02 | 16:08:59.75 | 8:48   | 6.8  |
| 68   | PUCHACZ PIOTR             | 3180 | MPK WYBIEGANIE                 | WARSZAWA        | POL  | MASTERS M - 40    | 34     | M 61 | 02:02:36 | 05:17:53 | 10:13:25 | 12:35:02 | 14:42:12 | 16:17:08.30 | 8:52   | 6.8  |
| 69   | GUZERA JUSTYNA            | 3114 |                                | WROCŁAW         | POL  | SENIOR II K - 30  | 6      | K 8  | 01:57:37 | 05:14:05 | 09:59:41 | 12:22:59 | 14:31:38 | 16:17:41.15 | 8:53   | 6.8  |
| 70   | FUDALI JAKUB              | 3261 |                                | KRAKÓW          | POL  | SENIOR I M - 20   | 2      | M 62 | 01:58:28 | 05:27:06 | 10:16:57 | 12:39:08 | 14:51:45 | 16:18:19.95 | 8:53   | 6.7  |
| 71   | POLIWKI MARIUSZ           | 3319 | FITNES PIEKARY LEGNICA         | SPALONA         | POL  | MASTERS M - 40    | 35     | M 63 | 01:59:50 | 05:19:23 | 10:04:48 | 12:21:24 | 14:38:16 | 16:20:24.75 | 8:54   | 6.7  |
| 72   | STYPEREK JAKUB            | 3167 | VEGE RUNNERS                   | PSARSKIE        | POL  | SENIOR II M - 30  | 23     | M 64 | 01:54:48 | 05:10:50 | 10:10:07 | 12:29:16 | 14:41:01 | 16:21:16.40 | 8:55   | 6.7  |
| 73   | PAWLUCZUK TOMEK           | 3227 | WŚCIEKŁE PIĘŚCI WĘŻA           | EŁK             | POL  | MASTERS M - 40    | 36     | M 65 | 01:55:51 | 05:13:43 | 10:13:22 | 12:32:04 | 14:44:00 | 16:24:11.80 | 8:56   | 6.7  |
| 74   | GONCZAR SZYMON            | 3218 |                                | RYBNIK          | POL  | SENIOR II M - 30  | 24     | M 66 | 01:53:58 | 05:03:52 | 09:37:03 | 12:09:14 | 14:23:24 | 16:28:37.60 | 8:59   | 6.7  |
| 75   | GRAMACKI MACIEJ           | 3284 | WINTERCAMP.PL                  | RAKOWNIA        | POL  | MASTERS M - 40    | 37     | M 67 | 01:56:37 | 05:23:31 | 10:22:43 | 12:53:21 | 15:01:46 | 16:35:51.45 | 9:03   | 6.6  |
| 76   | BIERNACKI BENOIT          | 3303 |                                | MOUVAUX         | FRA  | SENIOR II M - 30  | 25     | M 68 | 02:00:23 | 05:28:43 | 10:23:37 | 12:52:47 | 14:59:11 | 16:36:54.00 | 9:03   | 6.6  |
| 77   | CIEŚLAK JAKUB             | 3258 |                                | RZEPIN          | POL  | SENIOR II M - 30  | 26     | M 69 | 01:59:35 | 05:23:15 | 10:13:45 | 12:45:18 | 14:58:05 | 16:38:51.30 | 9:04   | 6.6  |
| 78   | KŁOŚ ARTUR                | 3026 | STAY INSANE                    | LUBLIN          | POL  | SENIOR II M - 30  | 27     | M 70 | 01:57:22 | 05:10:12 | 09:44:45 | 12:23:55 | 14:48:35 | 16:39:57.85 | 9:05   | 6.6  |
| 79   | ZYGRY-WIŚNIEWSKA KAROLINA | 3197 | GEMINI POLSKA TEAM             | GDAŃSK          | POL  | MASTERS K - 40    | 3      | K 9  | 02:04:25 | 05:42:18 | 10:41:33 | 13:02:57 | 15:08:34 | 16:41:47.75 | 9:06   | 6.6  |
| 80   | TALAGA DAWID              | 3287 | OLKUSZBIEGA.PL                 | OLKUSZ          | POL  | SENIOR II M - 30  | 28     | M 71 | 01:56:17 | 05:11:23 | 10:41:30 | 13:17:17 | 15:17:24 | 16:42:38.95 | 9:06   | 6.6  |
| 81   | PRZYBYLSKI PIOTR          | 3245 |                                | OPOLE           | POL  | MASTERS M - 40    | 38     | M 72 | 02:06:06 | 05:33:52 | 10:33:58 | 13:00:34 | 15:06:39 | 16:44:19.25 | 9:07   | 6.6  |
| 82   | ZAKRZEWSKI KRZYSZTOF      | 3312 | 3:33 TEAM                      | PAŁĘDZIE        | POL  | MASTERS M - 40    | 39     | M 73 | 02:01:52 | 05:31:10 | 10:32:33 | 13:09:07 | 15:17:55 | 16:45:25.60 | 9:08   | 6.6  |
| 83   | KOWALEWSKI MARCIN         | 3210 | CRIM                           | GDYNIA          | POL  | MASTERS M - 40    | 40     | M 74 | 02:00:41 | 05:32:43 | 10:36:24 | 12:50:08 | 14:59:55 | 16:45:27.25 | 9:08   | 6.6  |
| 84   | HOFMAŃSKI RAFAŁ           | 3129 |                                | KOTLIN          | POL  | SENIOR II M - 30  | 29     | M 75 | 01:59:20 | 05:19:29 | 10:05:34 | 12:43:33 | 15:01:49 | 16:48:53.50 | 9:10   | 6.5  |
| 85   | RATAJCZAK MARCIN          | 3112 |                                | KOTLIN          | POL  | SENIOR II M - 30  | 30     | M 76 | 01:59:46 | 05:19:40 | 10:05:27 | 12:43:52 | 15:02:03 | 16:49:03.50 | 9:10   | 6.5  |
| 86   | PARA JAKUB                | 3226 | LESZ NO LIMITS RUNNERS         | LESZNO          | POL  | MASTERS M - 40    | 41     | M 77 | 01:58:19 | 05:19:41 | 10:39:53 | 13:10:03 | 15:21:27 | 16:50:06.25 | 9:10   | 6.5  |
| 87   | MORCINEK MARCIN           | 3277 | BLUSZCZA                       | KATOWICE        | POL  | MASTERS M - 40    | 42     | M 78 | 02:02:52 | 05:34:19 | 10:45:34 | 13:18:38 | 15:20:15 | 16:55:18.70 | 9:13   | 6.5  |
| 88   | SZUBA TOMASZ              | 3191 |                                | WROCŁAW         | POL  | SENIOR I M - 20   | 3      | M 79 | 01:50:50 | 04:52:28 | 09:45:07 | 12:36:28 | 15:09:18 | 16:56:15.85 | 9:14   | 6.5  |
| 89   | ŁASEK MIKOŁAJ             | 3231 | PAN WUEFISTA                   | CZMOŃ           | POL  | SENIOR II M - 30  | 31     | M 80 | 02:07:28 | 05:34:53 | 10:52:59 | 13:29:09 | 15:25:10 | 16:57:03.25 | 9:14   | 6.5  |
| 90   | LIC JANUSZ                | 3240 | BISKUPICE ULTRARUN             | ZABRZE          | POL  | WETERAN I M - 50  | 4      | M 81 | 02:10:05 | 05:50:49 | 10:45:35 | 13:16:10 | 15:25:23 | 17:00:30.20 | 9:16   | 6.5  |
| 91   | KOSTERA TOMASZ            | 3060 | VEGE RUNNERS                   | WARSZAWA        | POL  | MASTERS M - 40    | 43     | M 82 | 02:02:55 | 05:39:30 | 10:46:50 | 13:18:20 | 15:30:24 | 17:03:43.10 | 9:18   | 6.4  |
| 92   | KONIK GRZEGORZ            | 3131 | OKB ZADYSZKA / KS KANDAHAR     | PRZECISZÓW      | POL  | WETERAN I M - 50  | 5      | M 83 | 02:00:22 | 05:38:09 | 10:16:57 | 12:48:52 | 15:16:44 | 17:05:50.20 | 9:19   | 6.4  |
| 93   | TRĄBICKI ADAM             | 3203 |                                | WARSZAWA        | POL  | SENIOR II M - 30  | 32     | M 84 | 01:59:39 | 05:21:04 | 10:20:34 | 13:07:57 | 15:18:10 | 17:07:14.15 | 9:20   | 6.4  |
| 94   | GRUBICH DAMIAN            | 3014 |                                | GRUDZIĄDZ       | POL  | MASTERS M - 40    | 44     | M 85 | 02:00:45 | 05:49:05 | 10:55:44 | 13:17:54 | 15:30:50 | 17:07:17.45 | 9:20   | 6.4  |
| 95   | SOBASZEK MARCIN           | 3155 |                                | KROTOSZYCE      | POL  | SENIOR II M - 30  | 33     | M 86 | 02:07:01 | 05:37:32 | 10:50:44 | 13:29:35 | 15:36:44 | 17:10:40.05 | 9:22   | 6.4  |
| 96   | PASTWA MAREK              | 3343 | OHIZUZA.COM                    | ŁÓDŹ            | POL  | WETERAN I M - 50  | 6      | M 87 | 02:20:59 | 06:18:12 | 11:09:37 | 13:30:22 | 15:45:26 | 17:17:39.00 | 9:25   | 6.4  |
| 97   | ODIJA LESZEK              | 3249 |                                | WIRY            | POL  | MASTERS M - 40    | 45     | M 88 | 02:03:56 | 05:25:30 | 10:08:21 | 13:08:20 | 15:27:18 | 17:18:08.70 | 9:26   | 6.4  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr   | Klub                                    | M-scowość           | Kraj | Kat.              | M. kat | K/M   | 15km     | 40km     | 70km     | 85km     | 98km     | Netto       | min/km | km/h |
|------|---------------------------|------|---|---------------------|------|-------------------|--------|-------|----------|----------|----------|----------|----------|-------------|--------|------|
| 98   | KOWALCZYK PAWEŁ           | 3305 | KEĆKIE HARPAGANY                        | KEŹY                | POL  | MASTERS M - 40    | 46     | M 89  | 02:00:27 | 05:22:14 | 10:24:31 | 13:08:47 | 15:30:04 | 17:21:01.05 | 9:27   | 6.3  |
| 99   | BRZOZOWSKI RAFAŁ          | 3328 |   | KŁODZKO             | POL  | MASTERS M - 40    | 47     | M 90  | 02:07:58 | 05:55:14 | 11:00:06 | 13:27:40 | 15:44:49 | 17:22:29.30 | 9:28   | 6.3  |
| 100  | TONDYTKO PIOTR            | 3327 |   | KŁODZKO             | POL  | WETERAN I M - 50  | 7      | M 91  | 02:08:05 | 05:55:19 | 11:00:12 | 13:27:38 | 15:44:56 | 17:22:35.15 | 9:28   | 6.3  |
| 101  | GRABICKI SEBASTIAN        | 3069 |   | WAŃGROWIEC          | POL  | MASTERS M - 40    | 48     | M 92  | 02:02:06 | 05:29:23 | 10:47:11 | 13:33:13 | 15:52:27 | 17:26:04.80 | 9:30   | 6.3  |
| 102  | GILEWICZ-RACHOWSKA JAGODA | 3028 | DGR KANCELARIA RADCÓW PRAWNYCH          | POZNAŃ              | POL  | SENIOR II K - 30  | 7      | K 10  | 02:04:28 | 05:39:56 | 10:49:10 | 13:27:58 | 15:51:41 | 17:28:18.40 | 9:31   | 6.3  |
| 103  | ZAWROTNIK PAWEŁ           | 3239 |   | KRAKÓW              | POL  | SENIOR I M - 20   | 4      | M 93  | 01:50:04 | 05:18:18 | 10:35:09 | 13:26:24 | 15:55:24 | 17:31:42.85 | 9:33   | 6.3  |
| 104  | CHOJNOWSKI ANDRZEJ        | 3019 |   | ŁAWA                | POL  | WETERAN I M - 50  | 8      | M 94  | 02:00:14 | 05:23:28 | 10:35:50 | 13:15:58 | 15:43:14 | 17:32:07.90 | 9:33   | 6.3  |
| 105  | SZALA KRZYSZTOF           | 3082 | BIEGAMGDZIEHCHE.PL                      | ŁAZISKA GÓRNE       | POL  | SENIOR II M - 30  | 34     | M 95  | 01:52:57 | 05:19:54 | 10:45:18 | 13:30:31 | 15:53:04 | 17:32:46.30 | 9:34   | 6.3  |
| 106  | FIUK MIROSLAW             | 3042 |   | MILICZ              | POL  | SENIOR II M - 30  | 35     | M 96  | 01:58:22 | 05:26:42 | 10:53:33 | 13:38:42 | 15:57:25 | 17:33:38.40 | 9:34   | 6.3  |
| 107  | HARKIEWICZ WIOLA          | 3103 | ODDYCHAJSWOBODNIE.PL NARAMOWICE BIEGAJĄ | POZNAŃ              | POL  | SENIOR II K - 30  | 8      | K 11  | 02:07:55 | 05:52:51 | 11:06:37 | 13:34:00 | 15:44:01 | 17:34:39.90 | 9:35   | 6.3  |
| 108  | NOWAK NATALIA             | 3074 | EKIPA Z TARNOWA                         | TARNÓW              | POL  | SENIOR II K - 30  | 9      | K 12  | 02:09:32 | 05:41:20 | 11:15:44 | 13:52:11 | 15:53:13 | 17:35:05.35 | 9:35   | 6.3  |
| 109  | IZYDORSKI MARCIN          | 3202 |   | WROCLAW             | POL  | SENIOR II M - 30  | 36     | M 97  | 02:09:26 | 05:58:23 | 11:14:24 | 13:47:14 | 16:02:57 | 17:38:35.45 | 9:37   | 6.2  |
| 110  | LEWANDOWSKI JANUSZ        | 3076 |   | TARNOWSKIE GÓRY     | POL  | MASTERS M - 40    | 49     | M 98  | 02:05:33 | 05:53:19 | 11:04:25 | 13:44:58 | 16:03:02 | 17:44:00.65 | 9:40   | 6.2  |
| 111  | ZAKRZYŃSKI FRANCISZEK     | 3101 |   | BOLECHOWICE         | POL  | MASTERS M - 40    | 50     | M 99  | 02:01:24 | 05:35:00 | 11:15:06 | 13:44:57 | 16:07:47 | 17:46:22.80 | 9:41   | 6.2  |
| 112  | RUSZCZEWSKI ANDRZEJ       | 3001 | VEGE RUNNERS                            | WARSZAWA            | POL  | SENIOR II M - 30  | 37     | M 100 | 02:05:18 | 05:40:52 | 10:33:31 | 13:14:02 | 15:58:08 | 17:47:05.15 | 9:42   | 6.2  |
| 113  | LIPCZAK AMADEUSZ          | 3104 |   | OPOLE               | POL  | MASTERS M - 40    | 51     | M 101 | 02:03:59 | 05:52:02 | 11:07:46 | 13:35:52 | 15:58:59 | 17:48:25.70 | 9:42   | 6.2  |
| 114  | JANKOWSKI MARCIN          | 3109 | FU FU FU TEAM                           | GŁOGÓW              | POL  | SENIOR II M - 30  | 38     | M 102 | 01:59:08 | 06:33:34 | 12:28:56 | 14:36:21 | 16:29:12 | 17:53:40.35 | 9:45   | 6.1  |
| 115  | MARCINKOWSKA JADWIGA      | 3189 |   | ROZGARTY            | POL  | WETERAN K - 50    | 1      | K 13  | 02:08:54 | 05:55:16 | 11:21:55 | 13:49:24 | 16:09:03 | 17:54:35.05 | 9:46   | 6.1  |
| 116  | WIŚNIEWSKI MICHAŁ         | 3198 | INVICTA POWER TEAM                      | GDAŃSK              | POL  | MASTERS M - 40    | 52     | M 103 | 02:10:49 | 05:46:26 | 11:40:49 | 14:10:43 | 16:31:03 | 17:56:55.95 | 9:47   | 6.1  |
| 117  | TYŚ RADEK                 | 3030 | NOWA RUDA BIEGA                         | NOWA RUDA           | POL  | SENIOR II M - 30  | 39     | M 104 | 02:09:43 | 06:00:26 | 11:19:26 | 13:51:00 | 16:03:28 | 17:59:03.20 | 9:48   | 6.1  |
| 118  | PAWLAK JAROSŁAW           | 3039 | KOŁO BIEGA                              | KOŁO                | POL  | SENIOR II M - 30  | 40     | M 105 | 02:02:23 | 05:40:36 | 11:04:32 | 13:44:25 | 16:14:49 | 18:04:34.05 | 9:51   | 6.1  |
| 119  | MIKRUT REMIGIUSZ          | 3087 |   | CHEŁMNO             | POL  | MASTERS M - 40    | 53     | M 106 | 02:00:42 | 05:32:53 | 10:36:38 | 13:46:18 | 16:22:07 | 18:06:06.10 | 9:52   | 6.1  |
| 120  | KACZMAREK JĘDRZEJ         | 3052 | KP PSP MILICZ                           | KOWALEW             | POL  | SENIOR I M - 20   | 5      | M 107 | 02:07:49 | 05:51:52 | 11:02:58 | 13:40:30 | 15:59:37 | 18:06:54.95 | 9:52   | 6.1  |
| 121  | KAMIŃSKI MAREK            | 3092 |   | WARSZAWA            | POL  | MASTERS M - 40    | 54     | M 108 | 02:07:30 | 05:49:59 | 11:04:50 | 13:58:19 | 16:24:38 | 18:07:58.35 | 9:53   | 6.1  |
| 122  | DEINIUK ROMAN             | 3321 |   | WARSZAWA            | UKR  | SENIOR I M - 20   | 6      | M 109 | 01:53:34 | 05:32:28 | 11:11:40 | 14:03:27 | 16:34:46 | 18:10:12.20 | 9:54   | 6.1  |
| 123  | ŁUSZCZAKIEWICZ TOMASZ     | 3032 | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA      | LUBIN               | POL  | MASTERS M - 40    | 55     | M 110 | 02:09:41 | 05:56:58 | 11:24:36 | 14:09:00 | 16:32:47 | 18:10:27.15 | 9:54   | 6.1  |
| 124  | PITON PAWEŁ               | 3080 | #ULTRARODZINKA                          | SZKLARY             | POL  | SENIOR II M - 30  | 41     | M 111 | 02:10:06 | 05:50:21 | 11:33:14 | 14:11:14 | 16:30:01 | 18:10:49.25 | 9:54   | 6.1  |
| 125  | RUDY MACIEJ               | 3117 | #ULTRARODZINKA                          | ZĄBKOWICE ŚLĄSKIE   | POL  | SENIOR I M - 20   | 7      | M 112 | 02:10:18 | 05:50:30 | 11:33:23 | 14:11:21 | 16:30:14 | 18:10:58.85 | 9:55   | 6    |
| 126  | IWASZCZYŹYŃ TOMASZ        | 3230 | RATEMYTRAIL.COM / RMT TEAM              | WROCLAW             | POL  | SENIOR II M - 30  | 42     | M 113 | 01:55:21 | 05:15:21 | 10:47:24 | 13:53:34 | 16:25:20 | 18:14:47.60 | 9:57   | 6    |
| 127  | FALKENBERG LUDWIK         | 3044 | WARIAT BIEGA.                           | KRAPKOWICE          | POL  | MASTERS M - 40    | 56     | M 114 | 01:52:16 | 05:18:37 | 11:32:34 | 14:29:21 | 16:47:14 | 18:15:12.90 | 9:57   | 6    |
| 128  | ZAJĄC LESZEK              | 3079 |   | ŚWIEBODZICE         | POL  | SENIOR II M - 30  | 43     | M 115 | 01:49:55 | 05:08:29 | 10:08:38 | 13:10:53 | 15:45:19 | 18:16:11.85 | 9:57   | 6    |
| 129  | MATYSZCZAK WŁODZIMIERZ    | 3279 |   | BRZEG               | POL  | WETERAN II M - 60 | 2      | M 116 | 02:04:23 | 05:44:03 | 11:00:34 | 13:52:37 | 16:19:35 | 18:16:37.75 | 9:58   | 6    |
| 130  | KORECKI ANDRZEJ           | 3336 |   | MUROWANIEC          | POL  | MASTERS M - 40    | 57     | M 117 | 01:57:49 | 06:30:20 | 11:59:10 | 14:33:20 | 16:41:51 | 18:19:54.60 | 9:59   | 6    |
| 131  | BILSKI PRZEMYSŁAW         | 3177 | KS MARATON OSTRÓW WLKP.                 | OSTRÓW WIELKOPOLSKI | POL  | SENIOR II M - 30  | 44     | M 118 | 02:03:51 | 05:44:16 | 10:57:46 | 13:37:42 | 16:11:53 | 18:20:23.35 | 10:00  | 6    |
| 132  | CHUDA ANETA               | 3013 |   | WROCLAW             | POL  | MASTERS K - 40    | 4      | K 14  | 02:09:54 | 05:59:11 | 11:26:56 | 14:09:42 | 16:36:31 | 18:20:47.60 | 10:00  | 6    |
| 133  | KOSZAREK MACIEJ           | 3264 |   | POZNAŃ              | POL  | WETERAN I M - 50  | 9      | M 119 | 01:59:58 | 05:59:04 | 11:25:48 | 14:14:26 | 16:46:09 | 18:26:44.35 | 10:03  | 6    |
| 134  | GRZYWIŃSKI BARTOSZ        | 3161 |   | TORUŃ               | POL  | MASTERS M - 40    | 58     | M 120 | 02:04:01 | 05:57:46 | 11:26:55 | 14:15:42 | 16:42:04 | 18:27:27.75 | 10:04  | 6    |
| 135  | FLORKIEWICZ SŁAWOMIR      | 3049 |   | SOSNOWIEC           | POL  | WETERAN I M - 50  | 10     | M 121 | 02:05:31 | 05:56:06 | 11:18:01 | 14:02:36 | 16:41:07 | 18:28:23.05 | 10:04  | 6    |
| 136  | FRĄCZKOWIAK JACEK         | 3289 | PRZEDWOJEWSKI MOUNTAIN TEAM             | KRZYŻANOWO          | POL  | MASTERS M - 40    | 59     | M 122 | 02:06:28 | 05:53:30 | 11:26:12 | 14:17:20 | 16:46:19 | 18:28:37.60 | 10:04  | 6    |
| 137  | SURKÓW ADRIAN             | 3047 | MUAY RUNNING TEAM                       | SWARZĘDZ            | POL  | SENIOR II M - 30  | 45     | M 123 | 02:18:46 | 06:01:39 | 11:10:54 | 14:04:59 | 16:38:48 | 18:28:46.85 | 10:04  | 6    |
| 138  | ROSZAK-SURKÓW SYLWIA      | 3045 | MUAY RUNNING TEAM                       | SWARZĘDZ            | POL  | MASTERS K - 40    | 5      | K 15  | 02:18:42 | 06:01:47 | 11:11:03 | 14:05:05 | 16:36:59 | 18:28:58.45 | 10:04  | 6    |
| 139  | TOJZA TOMASZ              | 3150 |   | DOBRZYCA            | POL  | MASTERS M - 40    | 60     | M 124 | 02:01:14 | 05:51:21 | 11:25:44 | 14:19:01 | 16:41:26 | 18:31:59.85 | 10:06  | 5.9  |
| 140  | KWIKERT ADRIAN            | 3274 |   | KOBYLA GÓRA         | POL  | SENIOR II M - 30  | 46     | M 125 | 02:11:01 | 06:20:40 | 11:30:24 | 14:17:19 | 17:01:00 | 18:32:43.05 | 10:06  | 5.9  |
| 141  | KRUPIANIK TOMASZ          | 3214 |   | WROCLAW             | POL  | SENIOR II M - 30  | 47     | M 126 | 02:15:15 | 05:51:48 | 11:25:12 | 14:17:39 | 16:38:01 | 18:33:16.75 | 10:07  | 5.9  |
| 142  | PTAK ADAM                 | 3123 | PIĄTKOWO NA BIEGOWO                     | POZNAŃ              | POL  | MASTERS M - 40    | 61     | M 127 | 02:12:55 | 06:05:53 | 11:14:47 | 14:08:49 | 16:36:21 | 18:33:54.45 | 10:07  | 5.9  |
| 143  | HACUŚ TOMASZ              | 3063 |   | WROCLAW             | POL  | MASTERS M - 40    | 62     | M 128 | 02:11:49 | 06:04:10 | 11:11:17 | 14:03:54 | 16:32:17 | 18:33:58.75 | 10:07  | 5.9  |
| 144  | WOJTKOWIAK RENATA         | 3054 | PIĄTKOWO NA BIEGOWO                     | POZNAŃ              | POL  | MASTERS K - 40    | 6      | K 16  | 02:13:11 | 06:06:16 | 11:15:16 | 14:09:08 | 16:41:37 | 18:34:17.55 | 10:07  | 5.9  |
| 145  | KACZOR ŁUKASZ             | 3300 | WILD BUCHAYS                            | BUCCZKOWICE         | POL  | SENIOR II M - 30  | 48     | M 129 | 02:07:05 | 05:50:28 | 11:27:18 | 14:11:15 | 16:32:21 | 18:34:20.30 | 10:07  | 5.9  |
| 146  | TOMCZAK DARIUSZ           | 3265 | HELL'S GYM OCR PĘPOWO                   | GOSTYŃ              | POL  | SENIOR II M - 30  | 49     | M 130 | 02:03:13 | 05:47:48 | 11:14:28 | 13:51:30 | 16:26:31 | 18:34:21.45 | 10:07  | 5.9  |
| 147  | RATAJCZAK JOANNA          | 3283 | PIĄTKOWO NA BIEGOWO                     | POZNAŃ              | POL  | MASTERS K - 40    | 7      | K 17  | 02:13:17 | 06:06:24 | 11:15:23 | 14:09:11 | 16:41:04 | 18:34:24.55 | 10:07  | 5.9  |
| 148  | LORANC PAWEŁ              | 3304 | WILD BUCHAYS                            | KOZY                | POL  | MASTERS M - 40    | 63     | M 131 | 02:07:10 | 05:50:38 | 11:27:24 | 14:12:03 | 16:32:36 | 18:34:25.55 | 10:07  | 5.9  |
| 149  | JĘDRZEJCZAK WOJCIECH      | 3126 |   | ŁÓDŹ                | POL  | WETERAN I M - 50  | 11     | M 132 | 02:13:28 | 06:06:30 | 11:15:19 | 14:09:10 | 16:41:44 | 18:34:26.40 | 10:07  | 5.9  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię               | Nr   | Klub                             | M-scowość            | Kraj | Kat.             | M. kat | K/M   | 15km     | 40km     | 70km     | 85km     | 98km     | Netto       | min/km | km/h |
|------|-------------------------------|------|----------------------------------|----------------------|------|------------------|--------|-------|----------|----------|----------|----------|----------|-------------|--------|------|
| 150  | KOŁODZIJSKI JAREK             | 3068 | NWZNBHC                          | POZNAN               | POL  | MASTERS M - 40   | 64     | M 133 | 02:13:17 | 06:06:37 | 11:15:26 | 14:09:09 | 16:36:56 | 18:34:44.45 | 10:08  | 5.9  |
| 151  | GASIECKI ANDRZEJ              | 3004 |                                  | SZCZECIN             | POL  | WETERAN I M - 50 | 12     | M 134 | 02:11:27 | 05:56:47 | 11:22:16 | 14:12:50 | 16:43:37 | 18:35:39.20 | 10:08  | 5.9  |
| 152  | BĘDŹKOWSKI MAREK              | 3317 | MORSY OSTROŁĘKA                  | OSTROŁĘKA            | POL  | WETERAN I M - 50 | 13     | M 135 | 02:13:18 | 06:10:59 | 11:54:05 | 14:34:29 | 16:50:25 | 18:36:36.55 | 10:09  | 5.9  |
| 153  | DZIENISZEWSKI MICHAŁ          | 3232 |                                  | KONSTANCIN-JEZIORNA  | POL  | SENIOR II M - 30 | 50     | M 136 | 02:07:30 | 06:10:04 | 11:40:11 | 14:33:32 | 16:55:29 | 18:41:17.70 | 10:11  | 5.9  |
| 154  | DZIUBEK MICHAŁ                | 3171 | W POGONI ZA DUCHEM               | DĄBROWA GÓRNICZA     | POL  | MASTERS M - 40   | 65     | M 137 | 01:56:50 | 05:11:47 | 10:37:42 | 13:39:47 | 16:31:07 | 18:43:43.05 | 10:12  | 5.9  |
| 155  | SKRZEK MARCIN                 | 3190 | PRO-RUN WROCŁAW                  | WROCŁAW              | POL  | MASTERS M - 40   | 66     | M 138 | 02:09:26 | 05:58:20 | 11:22:07 | 14:25:21 | 17:00:51 | 18:43:58.35 | 10:13  | 5.9  |
| 156  | NAPIERAŁA MARCIN              | 3002 | PIĄTKOWO NA BIEGOWO              | KOZIEGŁOWY           | POL  | MASTERS M - 40   | 67     | M 139 | 02:07:52 | 05:53:08 | 11:14:56 | 14:17:33 | 16:54:32 | 18:44:21.50 | 10:13  | 5.9  |
| 157  | JERCZYŃSKI TOMASZ             | 3106 | GRUPA BIEGOWA ŁĘKA OPATOWSKA     | ŁĘKA OPATOWSKA       | POL  | MASTERS M - 40   | 68     | M 140 | 02:07:35 | 06:22:06 | 12:33:14 | 15:01:34 | 17:08:38 | 18:45:01.80 | 10:13  | 5.9  |
| 158  | LENART-KŁOŚ KATARZYNA         | 3015 | STAY INSANE                      | LUBLIN               | POL  | SENIOR II K - 30 | 10     | K 18  | 02:01:59 | 05:40:35 | 11:18:59 | 14:20:24 | 16:56:27 | 18:45:19.90 | 10:13  | 5.9  |
| 159  | GAŚSIOR PAWEŁ                 | 3173 |                                  | OŁAWA                | POL  | SENIOR II M - 30 | 51     | M 141 | 02:00:25 | 06:10:56 | 11:40:09 | 14:33:50 | 16:54:04 | 18:45:26.75 | 10:13  | 5.9  |
| 160  | JANKOWSKI ŁUKASZ              | 3102 | 1987                             | OLSZANKA             | POL  | SENIOR II M - 30 | 52     | M 142 | 02:02:10 | 05:40:46 | 11:19:09 | 14:20:38 | 16:56:38 | 18:45:30.25 | 10:13  | 5.9  |
| 161  | ADAMSKI KRZYSZTOF             | 3194 | JM                               | PRZYSZOWICE          | POL  | SENIOR II M - 30 | 53     | M 143 | 02:06:39 | 06:11:54 | 11:56:41 | 14:49:50 | 17:10:30 | 18:45:31.50 | 10:13  | 5.9  |
| 162  | BARCZYK AGNIESZKA             | 3307 |                                  | WOLBROM              | POL  | MASTERS K - 40   | 8      | K 19  | 02:16:29 | 06:13:53 | 11:51:39 | 14:49:20 | 17:03:16 | 18:47:05.25 | 10:14  | 5.9  |
| 163  | MODLISZEWSKI DARIUSZ          | 3119 | ORANGE POLSKA                    | SUCHY LAS            | POL  | MASTERS M - 40   | 69     | M 144 | 02:03:54 | 05:55:24 | 11:26:01 | 14:15:46 | 16:53:14 | 18:50:45.75 | 10:16  | 5.8  |
| 164  | DĘBICKI MARIUSZ               | 3122 | LOTTO                            | WRZEŚNIA             | POL  | MASTERS M - 40   | 70     | M 145 | 02:03:45 | 05:55:19 | 11:25:55 | 14:36:27 | 17:04:55 | 18:50:56.45 | 10:16  | 5.8  |
| 165  | TRZECIAK ANDRZEJ              | 3165 | KGHM COPI RUN                    | LEGNICA              | POL  | MASTERS M - 40   | 71     | M 146 | 02:05:41 | 05:48:53 | 11:32:21 | 14:38:09 | 17:14:58 | 18:54:31.05 | 10:18  | 5.8  |
| 166  | BOROWSKA-NAJDEREK PAULINA     | 3022 | WLKP MOUNTAINS ULTRA             | ROKIETNICA           | POL  | MASTERS K - 40   | 9      | K 20  | 01:58:32 | 05:54:00 | 11:33:08 | 14:28:27 | 16:56:12 | 18:55:17.50 | 10:19  | 5.8  |
| 167  | JAMROZIAK GRZEGORZ            | 3086 | AARSLEFF.BIZ RUNNING TEAM        | KAMIEŃ POMORSKI      | POL  | SENIOR II M - 30 | 54     | M 147 | 02:08:08 | 05:43:36 | 11:12:26 | 14:05:23 | 17:02:21 | 18:56:15.05 | 10:19  | 5.8  |
| 168  | MAZEPA TOMASZ                 | 3224 | TOMEKM.SKÓRA                     | OŁAWA                | POL  | MASTERS M - 40   | 72     | M 148 | 02:08:40 | 06:04:43 | 11:40:56 | 14:39:02 | 17:15:57 | 18:57:28.80 | 10:20  | 5.8  |
| 169  | ROSPOND PIOTR                 | 3166 | TKKF MPK POZNAŃ                  | POZNAŃ               | POL  | WETERAN I M - 50 | 14     | M 149 | 02:02:57 | 05:56:57 | 11:09:23 | 13:53:17 | 16:54:21 | 18:57:52.20 | 10:20  | 5.8  |
| 170  | WOJTASZEK MARCIN              | 3118 | MUCHY NA ZĘBACH                  | WĄGROWIEC            | POL  | SENIOR II M - 30 | 55     | M 150 | 02:12:12 | 06:02:03 | 11:56:41 | 14:53:11 | 17:15:25 | 18:59:12.95 | 10:21  | 5.8  |
| 171  | CHOMICZ TOMASZ                | 3345 | JĄCWIŃGOWIE ZAPOMNIANI WOJOWNICY | SUWAŁKI              | POL  | MASTERS M - 40   | 73     | M 151 | 02:01:03 | 06:16:07 | 12:08:21 | 14:57:49 | 17:10:48 | 19:00:00.60 | 10:21  | 5.8  |
| 172  | BUDKOWSKI KAMIL               | 3008 |                                  | SIECHNICE            | POL  | SENIOR II M - 30 | 56     | M 152 | 02:08:37 | 06:04:32 | 11:42:10 | 14:44:22 | 17:12:00 | 19:00:50.95 | 10:22  | 5.8  |
| 173  | NIESPODZIANA ANNA             | 3339 | ROGOZIŃSKI KLUB BIEGACZA         | ROGOŹNO              | POL  | SENIOR II K - 30 | 11     | K 21  | 02:21:09 | 06:33:15 | 12:18:53 | 14:56:00 | 17:19:03 | 19:03:36.85 | 10:23  | 5.8  |
| 174  | GRABIŃSKI WALDEMAR            | 3340 | ROGOZIŃSKI KLUB BIEGACZA         | ROGOŹNO              | POL  | MASTERS M - 40   | 74     | M 153 | 02:21:12 | 06:33:22 | 12:18:58 | 14:56:03 | 17:18:47 | 19:03:42.20 | 10:23  | 5.8  |
| 175  | BORSZYŃSKI KUBA               | 3229 | KC INK/NIGHT RUNNERS             | POZNAŃ               | POL  | SENIOR II M - 30 | 57     | M 154 | 02:10:32 | 06:04:17 | 11:28:29 | 14:19:59 | 17:07:48 | 19:06:06.40 | 10:25  | 5.8  |
| 176  | ZAJĄC ŁUKASZ                  | 3070 | KOMPARIO TEAM                    | KRAKÓW               | POL  | SENIOR II M - 30 | 58     | M 155 | 02:07:26 | 05:58:10 | 11:25:34 | 14:27:40 | 17:07:30 | 19:06:09.55 | 10:25  | 5.8  |
| 177  | ZABOROWSKI KAMIL              | 3223 | NIGHT RUNNERS                    | POZNAŃ               | POL  | SENIOR II M - 30 | 59     | M 156 | 02:10:41 | 06:04:26 | 11:28:39 | 14:20:11 | 17:08:23 | 19:06:10.90 | 10:25  | 5.8  |
| 178  | PSZENNY ŁUKASZ                | 3010 | ULTRINO AMATEUR                  | LUBLIN               | POL  | SENIOR II M - 30 | 60     | M 157 | 02:11:08 | 06:08:53 | 11:44:29 | 14:43:39 | 17:20:44 | 19:09:02.80 | 10:26  | 5.7  |
| 179  | SZAFRAN ŁUKASZ                | 3007 | ULTRINO AMATEUR                  | OPOLE LUBELSKIE      | POL  | SENIOR I M - 20  | 8      | M 158 | 02:11:13 | 06:09:01 | 11:44:36 | 14:43:22 | 17:20:49 | 19:09:04.20 | 10:26  | 5.7  |
| 180  | POMIANOWSKI SZYMON            | 3164 | KURACJUSZE                       | WROCŁAW              | POL  | SENIOR II M - 30 | 61     | M 159 | 02:00:00 | 05:53:09 | 11:46:59 | 15:02:27 | 17:23:10 | 19:09:34.65 | 10:27  | 5.7  |
| 181  | KARAWACKI GRZEGORZ            | 3320 | KĘCKIE HARPAGANY                 | KĘTY                 | POL  | SENIOR II M - 30 | 62     | M 160 | 02:13:30 | 05:44:23 | 11:45:20 | 14:37:12 | 17:21:40 | 19:10:20.75 | 10:27  | 5.7  |
| 182  | KARCZMIT DANIEL               | 3179 |                                  | WROCŁAW              | POL  | SENIOR II M - 30 | 63     | M 161 | 02:14:02 | 05:41:00 | 11:14:37 | 14:02:57 | 16:57:00 | 19:13:24.20 | 10:29  | 5.7  |
| 183  | LEWANDOWSKI WOJCIECH          | 3199 | TMTEAM                           | ŻERNIKI WROCŁAWSKIE  | POL  | SENIOR II M - 30 | 64     | M 162 | 02:22:13 | 06:22:13 | 11:53:01 | 14:38:11 | 17:13:11 | 19:14:17.00 | 10:29  | 5.7  |
| 184  | WODZIŃSKA DANUTA              | 3107 | INSTRUKTOR BIEGANIA TEAM         | KRAPKOWICE           | POL  | MASTERS K - 40   | 10     | K 22  | 02:02:22 | 05:46:23 | 12:04:46 | 14:59:28 | 17:26:11 | 19:15:58.55 | 10:30  | 5.7  |
| 185  | PRUSIK PAWEŁ                  | 3168 |                                  | BARANOWO             | POL  | SENIOR I M - 20  | 9      | M 163 | 02:06:06 | 05:55:41 | 11:10:44 | 14:23:53 | 17:11:20 | 19:16:39.60 | 10:30  | 5.7  |
| 186  | PRUSIK TOMASZ                 | 3170 |                                  | ŻAGAŃ                | POL  | SENIOR I M - 20  | 10     | M 164 | 02:06:34 | 05:56:13 | 11:11:11 | 14:24:27 | 17:11:14 | 19:17:10.80 | 10:31  | 5.7  |
| 187  | GRZESIAK MATEUSZ              | 3182 | KLUB AA                          | KĘPNO                | POL  | SENIOR II M - 30 | 65     | M 165 | 02:11:20 | 06:25:12 | 12:19:15 | 15:11:27 | 17:39:50 | 19:17:41.00 | 10:31  | 5.7  |
| 188  | KUDELSKI IRENEUSZ             | 3259 | ROZBIEGANI CHOJNÓW               | OSETNICA             | POL  | WETERAN I M - 50 | 15     | M 166 | 02:06:24 | 05:59:27 | 11:56:51 | 14:58:45 | 17:24:29 | 19:21:04.90 | 10:33  | 5.7  |
| 189  | SAMBORSKI BARTOSZ             | 3037 | WKURW_TEAM                       | WARSZAWA             | POL  | MASTERS M - 40   | 75     | M 167 | 02:08:29 | 06:14:25 | 12:40:36 | 15:44:25 | 17:48:06 | 19:22:36.00 | 10:34  | 5.7  |
| 190  | GROCHOWSKI TOMASZ             | 3055 | SPARTA RUNNERS                   | POZNAŃ               | POL  | MASTERS M - 40   | 76     | M 168 | 02:05:22 | 05:33:41 | 11:36:04 | 14:42:59 | 17:21:21 | 19:23:34.65 | 10:34  | 5.7  |
| 191  | OSICA ŁUKASZ                  | 3207 |                                  | ŚWIĘTOCHŁOWICE       | POL  | SENIOR II M - 30 | 66     | M 169 | 02:15:41 | 06:20:56 | 11:56:27 | 14:52:02 | 17:28:21 | 19:24:12.80 | 10:35  | 5.7  |
| 192  | ŚLUZEK MIROSLAW               | 3064 |                                  | WARSZAWA             | POL  | WETERAN I M - 50 | 16     | M 170 | 02:08:03 | 06:04:15 | 11:33:48 | 14:26:54 | 17:13:44 | 19:25:19.80 | 10:35  | 5.7  |
| 193  | DWORNICKI TOMASZ              | 3338 | RYBNICKA GRUPA BIEGOWA           | RYBNIK               | POL  | MASTERS M - 40   | 77     | M 171 | 02:13:05 | 06:08:57 | 11:57:53 | 14:54:27 | 17:28:41 | 19:26:33.40 | 10:36  | 5.7  |
| 194  | CHOMIAK KATARZYNA             | 3315 | BIEGAJ W JEDLINIE                | JEDLINA-ZDRÓJ        | POL  | MASTERS K - 40   | 11     | K 23  | 02:20:07 | 06:03:57 | 11:32:21 | 14:32:04 | 16:57:15 | 19:28:58.40 | 10:37  | 5.7  |
| 195  | KOVÁCS ÁRPÁD                  | 3195 | DUV                              | GRABEN               | GER  | SENIOR I M - 20  | 11     | M 172 | 02:13:26 | 06:14:25 | 12:03:33 | 14:41:35 | 17:24:24 | 19:32:57.55 | 10:39  | 5.6  |
| 196  | WIŚNIEWSKI MARIUSZ            | 3071 |                                  | DĄBROWA NIEMODLIŃSKA | POL  | MASTERS M - 40   | 78     | M 173 | 02:05:34 | 05:58:14 | 11:38:15 | 14:40:45 | 17:31:35 | 19:34:17.65 | 10:40  | 5.6  |
| 197  | BORKO RYSZARD                 | 3146 | KS PIDRINA GDYNIA                | GDYNIA               | POL  | MASTERS M - 40   | 79     | M 174 | 02:20:49 | 06:33:42 | 12:21:46 | 14:59:38 | 17:32:04 | 19:37:09.80 | 10:42  | 5.6  |
| 198  | JASICKI KRZYSZTOF             | 3040 |                                  | TYCHY                | POL  | MASTERS M - 40   | 80     | M 175 | 02:15:10 | 06:23:22 | 12:10:14 | 14:55:46 | 17:29:21 | 19:40:02.10 | 10:43  | 5.6  |
| 199  | WIŚNIEWSKA BARBARA            | 3061 | SPARTA RUNNERS                   | KAZIMIERZ BISKUPI    | POL  | SENIOR II K - 30 | 12     | K 24  | 02:21:59 | 06:27:41 | 11:59:31 | 14:55:34 | 17:30:39 | 19:41:58.00 | 10:44  | 5.6  |
| 200  | WIELGAT-KOJDECKA MAGDALENA    | 3035 | CARBON OCR RACING TEAM           | TYCHY                | POL  | SENIOR II K - 30 | 13     | K 25  | 02:14:28 | 06:02:20 | 11:35:37 | 14:35:34 | 17:29:14 | 19:45:49.75 | 10:46  | 5.6  |
| 201  | STAŁA-KONDRACIEWICZ KATARZYNA | 3048 | KB HARCOWNIK JELCZ-LASKOWICE     | MŁOSZYCE             | POL  | SENIOR II K - 30 | 14     | K 26  | 02:34:04 | 06:51:54 | 12:27:34 | 15:30:41 | 17:57:22 | 19:45:57.05 | 10:46  | 5.6  |
| 202  | ŁOPOKA PRZEMYSŁAW             | 3116 |                                  | ZIĘBICE              | POL  | SENIOR I M - 20  | 12     | M 176 | 02:10:52 | 05:55:08 | 11:53:01 | 15:08:10 | 18:00:10 | 19:50:44.55 | 10:49  | 5.5  |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr   | Klub                          | M-scowość            | Kraj | Kat.              | M. kat | K/M   | 15km     | 40km     | 70km     | 85km     | 98km     | Netto       | min/km | km/h |
|------|----------------------------|------|-------------------------------|----------------------|------|-------------------|--------|-------|----------|----------|----------|----------|----------|-------------|--------|------|
| 203  | BUTRYN WOJCIECH            | 3270 | BEZ PRZYNALEŻNOŚCI            | KRAKÓW               | POL  | MASTERS M - 40    | 81     | M 177 | 02:11:17 | 05:44:53 | 11:38:28 | 14:40:59 | 17:33:46 | 19:51:59.90 | 10:50  | 5.5  |
| 204  | CZUBA ROBERT               | 3127 | ORANGE POLSKA                 | PUSZCZYKOWO          | POL  | WETERAN I M - 50  | 17     | M 178 | 02:09:31 | 06:08:20 | 12:00:15 | 15:21:42 | 17:53:09 | 19:52:47.50 | 10:50  | 5.5  |
| 205  | GALASIŃSKI ANDRZEJ         | 3099 | GRUPA SIGMEO                  | LUBOŃ                | POL  | WETERAN I M - 50  | 18     | M 179 | 02:10:06 | 06:08:52 | 12:07:36 | 15:00:40 | 17:54:30 | 19:52:55.70 | 10:50  | 5.5  |
| 206  | WYRWAS-ZYGARŁOWSKA IZABELA | 3098 | KOBIETY BIEGAJĄ               | POZNAŃ               | POL  | MASTERS K - 40    | 12     | K 27  | 02:11:17 | 06:08:57 | 12:08:31 | 15:00:42 | 17:50:52 | 19:53:03.45 | 10:50  | 5.5  |
| 207  | KASPRZYK ADRIAN            | 3344 | LESZ NO LIMITS RUNNERS        | LESZNO               | POL  | MASTERS M - 40    | 82     | M 180 | 02:18:09 | 06:45:22 | 12:38:15 | 15:32:01 | 18:00:22 | 19:55:09.35 | 10:51  | 5.5  |
| 208  | BANAŚ MICHAŁ               | 3051 | IPA WROCŁAW                   | WROCŁAW              | POL  | SENIOR II M - 30  | 67     | M 181 | 02:05:50 | 05:48:46 | 11:32:47 | 14:43:24 | 17:44:48 | 20:01:43.90 | 10:55  | 5.5  |
| 209  | SIKORA GRZEGORZ            | 3219 | MCBIEGACZE                    | WARSZAWA             | POL  | MASTERS M - 40    | 83     | M 182 | 02:06:13 | 05:55:17 | 12:05:01 | 15:25:55 | 18:14:36 | 20:04:20.45 | 10:56  | 5.5  |
| 210  | BABIRECKI KRZYSZTOF        | 3108 | FU FU FU TEAM                 | GŁOGÓW               | POL  | MASTERS M - 40    | 84     | M 183 | 01:59:03 | 06:33:32 | 13:16:26 | 16:12:55 | 18:34:15 | 20:06:44.20 | 10:58  | 5.5  |
| 211  | MOLENDNA MICHAŁ            | 3135 |                               | WROCŁAW              | POL  | MASTERS M - 40    | 85     | M 184 | 02:19:31 | 06:44:13 | 12:55:52 | 16:02:43 | 18:29:34 | 20:08:32.80 | 10:59  | 5.5  |
| 212  | MIKOŁAJCZYK-SOWA MONIKA    | 3139 | SZAKALE BAŁUT ŁÓDŹ            | JUSTYNÓW             | POL  | MASTERS K - 40    | 13     | K 28  | 02:17:06 | 06:41:14 | 12:48:10 | 15:33:21 | 18:03:41 | 20:09:26.20 | 10:59  | 5.5  |
| 213  | ODWAŻNY MAGDALENA          | 3073 | ODWAŻNYTEAM.PL                | STRONIE ŚLASKIE      | POL  | MASTERS K - 40    | 14     | K 29  | 02:18:11 | 06:42:17 | 12:49:27 | 15:34:28 | 18:04:44 | 20:10:29.25 | 11:00  | 5.5  |
| 214  | KAROLCZAK ALEKSANDER       | 3273 | WKURW_TEAM                    | WARSZAWA             | POL  | SENIOR I M - 20   | 13     | M 185 | 02:01:33 | 05:18:07 | 10:29:47 | 13:22:46 | 17:21:01 | 20:10:32.35 | 11:00  | 5.5  |
| 215  | TOWASIK MIETEK             | 3346 |                               | DUSZNIKI ZDRÓJ       | POL  | WETERAN I M - 50  | 19     | M 186 | 02:14:21 | 06:31:04 | 12:27:26 | 15:21:01 | 17:56:07 | 20:11:06.15 | 11:00  | 5.4  |
| 216  | NOWOSŁAWSKI KRZYSZTOF      | 3169 | IRRACJONALNIE MASZERUJĄCY     | WROCŁAW              | POL  | MASTERS M - 40    | 86     | M 187 | 02:16:19 | 06:43:41 | 12:39:15 | 15:31:46 | 18:06:01 | 20:12:35.10 | 11:01  | 5.4  |
| 217  | LATANOWICZ BERNARD         | 3331 |                               | POZNAŃ               | POL  | SENIOR II M - 30  | 68     | M 188 | 02:12:05 | 05:48:05 | 11:17:17 | 15:47:56 | 18:36:13 | 20:13:13.80 | 11:01  | 5.4  |
| 218  | BORC PIOTR                 | 3111 | AKADEMIA BIEGANIA GRUDZIĄDZ   | GRUDZIĄDZ            | POL  | WETERAN I M - 50  | 20     | M 189 | 02:10:45 | 06:18:59 | 12:09:36 | 14:59:57 | 17:33:14 | 20:15:05.90 | 11:02  | 5.4  |
| 219  | NIEMCZAK BASIA             | 3266 | ULTRA KSP                     | WARSZAWA             | POL  | SENIOR II K - 30  | 15     | K 30  | 02:18:34 | 06:24:42 | 12:23:06 | 15:30:53 | 18:14:39 | 20:15:50.85 | 11:03  | 5.4  |
| 220  | WRONKA TYMOTEUSZ           | 3192 | IRRACJONALNIE MASZERUJĄCY     | WARSZAWA             | POL  | SENIOR II M - 30  | 69     | M 190 | 02:24:35 | 07:10:55 | 13:03:29 | 16:00:02 | 18:23:37 | 20:21:31.10 | 11:06  | 5.4  |
| 221  | JOVANOVIĆ MARKO            | 3269 |                               | ALEKSINAC            | SRB  | SENIOR I M - 20   | 14     | M 191 | 02:22:43 | 06:18:44 | 12:51:06 | 16:13:33 | 18:47:26 | 20:21:53.85 | 11:06  | 5.4  |
| 222  | LESZCZYŃSKI PAWEŁ          | 3318 | LASY WAWERSKIE                | WARSZAWA             | POL  | WETERAN II M - 60 | 3      | M 192 | 02:17:56 | 06:28:09 | 12:40:15 | 15:52:17 | 18:26:33 | 20:22:14.35 | 11:06  | 5.4  |
| 223  | JARZEMBOWSKI TOMASZ        | 3020 | WLKP MOUNTAINS ULTRA          | PLEWISKA             | POL  | MASTERS M - 40    | 87     | M 193 | 02:12:11 | 06:13:10 | 12:21:00 | 15:35:57 | 18:20:56 | 20:26:30.05 | 11:09  | 5.4  |
| 224  | SOBCZAK MIKOŁAJ            | 3031 | WLKP MOUNTAINS ULTRA          | SKÓRZEWO             | POL  | MASTERS M - 40    | 88     | M 194 | 02:12:31 | 06:13:18 | 12:21:11 | 15:37:42 | 18:21:03 | 20:26:38.40 | 11:09  | 5.4  |
| 225  | TOMASZEWSKI DAWID          | 3252 | WLKP MOUNTAINS ULTRA          | KOMORNIKI            | POL  | MASTERS M - 40    | 89     | M 195 | 02:12:35 | 06:13:34 | 12:21:30 | 15:38:07 | 18:21:19 | 20:26:56.90 | 11:09  | 5.4  |
| 226  | ROŚLICKI JAROSŁAW          | 3072 | UBEZPIECZENIA DLA AKTYWNYCH   | OZOROWICE            | POL  | MASTERS M - 40    | 90     | M 196 | 02:10:47 | 06:16:45 | 12:29:58 | 15:39:32 | 18:19:02 | 20:29:01.70 | 11:10  | 5.4  |
| 227  | ZNAMIEC MARCIN             | 3268 | ULTRA KSP                     | WARSZAWA             | POL  | MASTERS M - 40    | 91     | M 197 | 02:14:52 | 06:23:36 | 12:21:54 | 15:30:03 | 18:19:52 | 20:29:21.65 | 11:10  | 5.4  |
| 228  | WOJTANOWICZ MARCIN         | 3325 | BRUBECK / GUMOWE KACZKI TEAM  | ZDUŃSKA WOLA         | POL  | MASTERS M - 40    | 92     | M 198 | 02:10:47 | 06:02:41 | 12:34:42 | 15:46:53 | 18:30:10 | 20:33:37.75 | 11:12  | 5.4  |
| 229  | OŚRÓDEK PIOTR              | 3324 | BRUBECK / GUMOWE KACZKI TEAM  | ZDUŃSKA WOLA         | POL  | MASTERS M - 40    | 93     | M 199 | 02:10:49 | 06:02:45 | 12:34:46 | 15:46:01 | 18:30:18 | 20:33:41.35 | 11:12  | 5.3  |
| 230  | LIS TOMASZ                 | 3220 | MCBIEGACZE                    | WARSZAWA             | POL  | MASTERS M - 40    | 94     | M 200 | 02:06:29 | 05:55:23 | 12:05:15 | 15:26:39 | 18:24:03 | 20:35:50.35 | 11:14  | 5.3  |
| 231  | KRÓLICKI ZBIGNIEW          | 3183 |                               | LUTOMIA              | POL  | MASTERS M - 40    | 95     | M 201 | 02:23:12 | 06:46:13 | 12:54:06 | 15:53:57 | 18:35:57 | 20:40:28.80 | 11:16  | 5.3  |
| 232  | MEDUNA ZBIGNIEW            | 3172 |                               | POZNAŃ               | POL  | MASTERS M - 40    | 96     | M 202 | 02:14:55 | 06:18:04 | 11:57:09 | 15:08:25 | 18:15:00 | 20:41:34.15 | 11:17  | 5.3  |
| 233  | KACZMAREK MIROŚŁAW         | 3297 | RUNNER'S POWER ŚREM           | ŚREM                 | POL  | SENIOR I M - 20   | 15     | M 203 | 02:22:55 | 06:39:26 | 12:54:14 | 15:55:55 | 18:49:48 | 20:44:26.30 | 11:18  | 5.3  |
| 234  | MATUSZEWSKA MAŁGORZATA     | 3296 | RUNNER'S POWER ŚREM           | ŚREM                 | POL  | MASTERS K - 40    | 15     | K 31  | 02:23:01 | 06:39:32 | 12:54:19 | 15:55:55 | 18:49:53 | 20:44:33.35 | 11:18  | 5.3  |
| 235  | DZIERGAS TERESA            | 3225 | ULTRA KSP                     | TWARDORZECZKA        | POL  | SENIOR II K - 30  | 16     | K 32  | 02:23:51 | 06:26:04 | 12:58:54 | 15:55:51 | 18:45:13 | 20:50:04.90 | 11:21  | 5.3  |
| 236  | PROŃCZUK ADAM              | 3130 | WEHICOOLL                     | CZECHOWICE-DZIEDZICE | POL  | WETERAN I M - 50  | 21     | M 204 | 02:36:27 | 07:09:29 | 13:15:54 | 16:13:10 | 18:42:57 | 20:51:29.75 | 11:22  | 5.3  |
| 237  | MASZEWSKA-WACH MARIOLA     | 3309 | RAWA TIM ZAWSZE SLIM          | RAWA MAZOWIECKA      | POL  | SENIOR II K - 30  | 17     | K 33  | 02:36:38 | 07:09:37 | 13:16:03 | 16:12:59 | 18:43:14 | 20:51:35.65 | 11:22  | 5.3  |
| 238  | DOLIŃSKI TOMASZ            | 3075 | UMAWIANIENABIEGANIE           | WROCŁAW              | POL  | WETERAN I M - 50  | 22     | M 205 | 02:22:58 | 06:58:38 | 13:06:10 | 16:10:26 | 18:56:12 | 20:53:39.40 | 11:23  | 5.3  |
| 239  | FICNER IWONA               | 3021 | FSD RUN DREZDENKO             | STARÉ KUROWO         | POL  | MASTERS K - 40    | 16     | K 34  | 02:17:56 | 06:45:08 | 13:06:07 | 16:18:05 | 19:00:13 | 21:03:01.15 | 11:28  | 5.2  |
| 240  | KARKOWSKA WIESŁAWA         | 3341 |                               | BARANOWO             | POL  | WETERAN II K - 60 | 1      | K 35  | 02:18:11 | 06:45:21 | 13:06:20 | 16:18:26 | 19:00:28 | 21:03:14.35 | 11:29  | 5.2  |
| 241  | PAROL PAWEŁ                | 3084 |                               | SZYMANKOWSZCZYŻNA    | POL  | MASTERS M - 40    | 97     | M 206 | 02:11:37 | 06:54:56 | 13:21:04 | 16:15:10 | 18:50:56 | 21:04:01.35 | 11:29  | 5.2  |
| 242  | MERTAS DOMINIK             | 3096 |                               | BABICE GM. NĘDZA     | POL  | MASTERS M - 40    | 98     | M 207 | 02:18:19 | 06:47:48 | 12:55:49 | 15:45:55 | 18:43:09 | 21:06:23.45 | 11:30  | 5.2  |
| 243  | OCHNIO EWA                 | 3006 |                               | BOLESŁAWIEC          | POL  | MASTERS K - 40    | 17     | K 36  | 02:32:25 | 06:49:54 | 13:09:32 | 16:12:51 | 19:04:00 | 21:09:43.10 | 11:32  | 5.2  |
| 244  | LADENBERGER MATEUSZ        | 3211 | WAWRZYNTTEAM                  | JACZKÓW              | POL  | SENIOR II M - 30  | 70     | M 208 |          | 07:23:51 | 13:16:32 | 16:05:24 | 19:08:44 | 21:12:40.20 | 11:34  | 5.2  |
| 245  | KUBERSKI ANDRZEJ           | 3156 |                               | SOSNOWIE             | POL  | MASTERS M - 40    | 99     | M 209 | 02:07:00 | 06:04:10 | 11:59:46 | 15:36:08 | 18:40:22 | 21:16:57.75 | 11:36  | 5.2  |
| 246  | JERCZYŃSKI RADOŚLAW        | 3204 |                               | ŁĘKA OPATOWSKA       | POL  | MASTERS M - 40    | 100    | M 210 | 02:19:57 | 07:23:36 | 13:46:51 | 16:46:01 | 19:17:06 | 21:22:56.00 | 11:39  | 5.1  |
| 247  | BONTOVICS TIMEA            | 3193 | DUV                           | GRABEN               | GER  | WETERAN K - 50    | 2      | K 37  | 02:31:00 | 07:17:58 | 13:44:12 | 16:38:34 | 19:22:13 | 21:27:06.95 | 11:42  | 5.1  |
| 248  | WACHOWSKA ALINA            | 3157 | SMOK TRÓJGŁOWY                | POZNAŃ               | POL  | WETERAN II K - 60 | 2      | K 38  | 02:26:58 | 07:17:51 | 13:36:49 | 16:59:11 | 19:57:50 | 21:55:19.30 | 11:57  | 5    |
| 249  | OLESZCZAK PIOTR            | 3147 | BIEGAM BO SA TACY CO NIE MOGA | POZNAŃ               | POL  | MASTERS M - 40    | 101    | M 211 | 02:04:44 | 05:52:50 | 12:52:31 | 16:20:58 | 19:38:10 | 21:57:40.70 | 11:58  | 5    |
| 250  | SERWADCZAK MAREK           | 3272 |                               | DROGOSZOWICE         | POL  | WETERAN I M - 50  | 23     | M 212 | 02:32:30 | 07:02:42 | 13:38:58 | 16:57:57 | 19:57:50 | 22:03:51.60 | 12:02  | 5    |
| 251  | HETMAŃSKI AREK             | 3056 | LOVELASY                      | BARTOSZEWO           | POL  | SENIOR II M - 30  | 71     | M 213 | 02:08:18 | 06:12:05 | 12:37:40 | 16:04:52 | 19:24:55 | 22:08:16.65 | 12:04  | 5    |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                      | M-scowość        | Kraj | Kat.              | M. kat | K/M   | 15km     | 40km     | 70km     | 85km     | 98km        | Netto       | min/km | km/h |
|------|-----------------------|------|---------------------------|------------------|------|-------------------|--------|-------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 252  | ZAWADZKI STANISŁAW    | 3234 | IRRACJONALNIE MASZERUJĄCY | WARSZAWA         | POL  | SENIOR II M - 30  | 72     | M 214 | 02:25:04 | 07:02:11 | 13:52:58 | 17:05:50 | 19:44:54    | 22:10:10.35 | 12:05  | 5    |
| 253  | WRUK REMIGIUSZ        | 3153 | BIEG OPOLSKI              | OPOLE            | POL  | MASTERS M - 40    | 102    | M 215 | 02:06:46 | 06:56:05 | 13:37:42 | 16:58:34 | 19:33:21    | 22:13:56.10 | 12:07  | 4.9  |
| 254  | KWINTA MACIEJ         | 3276 |                           | WROCŁAW          | POL  | MASTERS M - 40    | 103    | M 216 | 02:16:19 | 06:47:21 | 13:10:46 | 16:46:01 | 19:52:38    | 22:16:12.80 | 12:08  | 4.9  |
| 255  | RUTKOWSKI JANUSZ      | 3213 | LESZNO TEAM               | LESZNO           | POL  | WETERAN I M - 50  | 24     | M 217 | 07:10:36 | 13:38:24 | 16:53:09 | 20:06:51 | 22:19:06.00 | 12:10       | 4.9    |      |
| 256  | PTASZYŃSKA ANNA       | 3077 | SPEED FEET '16            | KOŚCIAN          | POL  | WETERAN K - 50    | 3      | K 39  | 02:27:01 | 07:13:57 | 13:33:04 | 16:58:15 | 20:06:24    | 22:21:10.10 | 12:11  | 4.9  |
| 257  | STROIŃSKA IWONA       | 3029 | C&C SPORTS TEAM           | WILKOWICE        | POL  | MASTERS K - 40    | 18     | K 40  | 02:24:28 | 06:47:16 | 12:59:45 | 16:30:19 | 19:37:46    | 22:22:47.40 | 12:12  | 4.9  |
| 258  | STROIŃSKI WOJCIECH    | 3027 | C&C SPORTS TEAM           | WILKOWICE        | POL  | MASTERS M - 40    | 104    | M 218 | 02:24:39 | 06:47:21 | 12:59:47 | 16:30:33 | 19:37:45    | 22:22:57.50 | 12:12  | 4.9  |
| 259  | KROLS HILDE           | 3212 | VOS SCHAFFEN              | MOL              | BEL  | WETERAN K - 50    | 4      | K 41  | 02:23:06 | 07:14:54 | 13:50:02 | 17:15:43 | 20:15:46    | 22:27:03.40 | 12:14  | 4.9  |
| 260  | SILSKA SYLWIA         | 3209 | ATRAKCYJNE TOWARZYSTWO    | POTASZE          | POL  | MASTERS K - 40    | 19     | K 42  | 02:24:17 | 07:27:55 | 13:51:06 | 18:01:43 | 20:36:46    | 22:34:10.80 | 12:18  | 4.9  |
| 261  | MARCINKOWSKI PIOTR    | 3115 |                           | ROZGARTY         | POL  | WETERAN I M - 50  | 25     | M 219 | 02:25:12 | 06:45:05 | 13:30:14 | 16:52:31 | 20:22:16    | 22:43:27.95 | 12:23  | 4.8  |
| 262  | LEWANDOWSKI RAFAŁ     | 3023 | SPC                       | TORUŃ            | POL  | SENIOR II M - 30  | 73     | M 220 | 02:06:09 | 06:20:23 | 12:48:39 | 16:43:06 | 20:08:29    | 22:48:12.45 | 12:26  | 4.8  |
| 263  | OLESEK MAGDALENA      | 3088 | BIEGOWA KUŹNIA            | CZELADŹ          | POL  | SENIOR II K - 30  | 18     | K 43  | 02:26:01 | 07:01:28 | 13:42:45 | 16:55:54 | 20:12:11    | 22:52:11.25 | 12:28  | 4.8  |
| 264  | KURKOWIAK KRZYSZTOF   | 3128 | WKURW_TEAM / #TEAMNICPOŃ  | WROCŁAW          | GER  | SENIOR II M - 30  | 74     | M 221 | 02:08:40 | 06:14:29 | 12:40:44 | 16:28:49 | 20:10:04    | 23:09:26.50 | 12:37  | 4.8  |
| 265  | KOZŁOWSKA KAROLINA    | 3120 |                           | BYDGOSZCZ        | POL  | MASTERS K - 40    | 20     | K 44  | 02:24:45 | 07:34:48 | 14:34:36 | 18:37:45 | 21:35:34    | 23:37:30.25 | 12:53  | 4.7  |
| 266  | GUŹDZIOL JAREK        | 3221 | TBKM WILK SOLEC KUJAWSKI  | SOLEC KUJAWSKI   | POL  | MASTERS M - 40    | 105    | M 222 | 02:25:01 | 07:34:57 | 14:34:46 | 18:38:05 | 21:35:44    | 23:37:39.60 | 12:53  | 4.7  |
| 267  | GRZELCZAK TOMASZ      | 3286 |                           | ŁÓDŹ             | POL  | WETERAN I M - 50  | 26     | M 223 | 02:39:24 | 07:43:44 | 14:16:28 | 17:44:51 | 20:57:15    | 23:38:27.70 | 12:53  | 4.7  |
| 268  | JASIŃSKI MIKOŁAJ      | 3241 | UKA WARSZAWA              | WARSZAWA         | POL  | WETERAN I M - 50  | 27     | M 224 | 02:28:45 | 07:37:35 | 14:06:05 | 17:49:12 | 21:29:26    | 23:40:45.55 | 12:54  | 4.6  |
| 269  | KLAR MAREK            | 3151 | BEZ                       | ŁAZISKA GÓRNE    | POL  | WETERAN I M - 50  | 28     | M 225 | 02:35:15 | 08:01:21 | 14:47:34 | 18:06:35 | 21:27:15    | 23:45:40.30 | 12:57  | 4.6  |
| 270  | STRZELECKI KRZYSZTOF  | 3253 | LEŚNE DZIADY              | WROCŁAW          | POL  | MASTERS M - 40    | 106    | M 226 | 02:16:32 | 06:57:01 | 13:57:08 | 17:28:06 | 21:09:59    | 23:46:52.15 | 12:58  | 4.6  |
| 271  | GARBACZ MAREK         | 3251 | LEŚNE DZIADY              | OŁAWA            | POL  | MASTERS M - 40    | 107    | M 227 | 02:16:44 | 06:57:10 | 13:57:13 | 17:28:01 | 21:11:17    | 23:46:53.35 | 12:58  | 4.6  |
| 272  | RYCHŁOWSKA MAGDALENA  | 3091 |                           | PIŁA             | POL  | MASTERS K - 40    | 21     | K 45  | 02:22:20 | 07:18:56 | 14:57:15 | 18:30:29 | 21:35:40    | 23:47:27.30 | 12:58  | 4.6  |
| 273  | BŁASZCZYK LUIZA       | 3090 |                           | ŚREM             | POL  | SENIOR I K - 20   | 1      | K 46  | 02:20:44 | 07:19:02 | 14:57:21 | 18:30:28 | 21:35:53    | 23:47:33.30 | 12:58  | 4.6  |
| 274  | DURA PIOTR            | 3322 | PKB ENDORFINA             | RAKÓW            | POL  | WETERAN I M - 50  | 29     | M 228 | 02:39:43 | 07:24:22 | 14:26:00 | 18:27:04 | 21:29:06    | 23:51:29.10 | 13:00  | 4.6  |
| 275  | KRYCH RAFAŁ           | 3121 | CZMOŃ                     | WARSZAWA         | POL  | MASTERS M - 40    | 108    | M 229 | 02:17:47 | 07:29:01 | 14:59:19 | 18:32:33 | 21:43:57    | 23:55:42.60 | 13:03  | 4.6  |
| 276  | ŁOZIŃSKI WOJCIECH     | 3326 |                           | ZŁOTORYJA        | POL  | MASTERS M - 40    | 109    | M 230 | 02:13:19 | 06:42:08 | 13:41:19 | 17:42:53 | 21:21:05    | 23:58:58.25 | 13:04  | 4.6  |
| 277  | MRÓZ JACEK            | 3302 |                           | ZŁOTORYJA        | POL  | WETERAN I M - 50  | 30     | M 231 | 02:13:19 | 06:42:13 | 13:41:22 | 17:42:51 | 21:21:07    | 23:59:03.80 | 13:04  | 4.6  |
| 278  | TRZPIOLA TYCJAN       | 3041 | KURACJUSZE                | WROCŁAW          | POL  | SENIOR II M - 30  | 75     | M 232 | 02:20:27 | 07:17:35 | 14:47:59 | 18:21:21 | 21:32:40    | 24:06:08.20 | 13:08  | 4.6  |
| 279  | RZESZOWSKI PAWEŁ      | 3011 |                           | WIELUŃ           | POL  | WETERAN I M - 50  | 31     | M 233 | 02:38:03 | 07:53:27 | 14:43:43 | 18:19:14 | 21:51:05    | 24:07:22.80 | 13:09  | 4.6  |
| 280  | KANIA KRYSZTIAN       | 3201 |                           | MESSSTETTEN      | GER  | MASTERS M - 40    | 110    | M 234 | 02:13:24 | 06:56:49 | 14:24:09 | 18:10:33 | 21:40:01    | 24:08:03.55 | 13:09  | 4.6  |
| 281  | FUNKA ANDRZEJ         | 3057 | NKB CHYŻY NOWY TOMYŚL     | NOWY TOMYŚL      | POL  | WETERAN II M - 60 | 4      | M 235 | 02:46:59 | 08:05:58 | 14:59:32 | 18:22:33 | 21:52:01    | 24:10:08.20 | 13:10  | 4.6  |
| 282  | PACANOWSKI ROBERT     | 3095 | WEŁNICA BIEGA             | WEŁNICA          | POL  | WETERAN I M - 50  | 32     | M 236 | 02:46:58 | 08:06:00 | 14:59:37 | 18:22:30 | 21:51:51    | 24:10:13.50 | 13:11  | 4.6  |
| 283  | CHODOROWSKI ARKADIUSZ | 3262 | ULTRA KSP                 | ALEKSANDRÓW      | POL  | MASTERS M - 40    | 111    | M 237 | 02:29:43 | 07:18:07 | 15:11:59 | 18:50:21 | 22:21:49    | 24:35:25.15 | 13:24  | 4.5  |
| 284  | RUTKOWSKI KAZIMIERZ   | 3149 | KUSY I SPÓŁKA             | ŚLIWNO           | POL  | WETERAN II M - 60 | 5      | M 238 | 02:34:45 | 08:02:10 | 15:10:06 | 19:20:35 | 22:34:38    | 24:58:51.10 | 13:37  | 4.4  |
| 285  | DOWNAR-ZAPOLSKA RITA  | 3097 | MOM&DAUGHTER RUN          | WROCŁAW          | POL  | MASTERS K - 40    | 22     | K 47  | 02:40:03 | 08:17:13 | 15:42:31 | 20:00:17 | 22:45:49    | 25:08:14.25 | 13:42  | 4.4  |
| 286  | ARMATYS GRZEGORZ      | 3244 |                           | DĄBROWA GÓRNICZA | POL  | WETERAN I M - 50  | 33     | M 239 | 02:24:10 | 07:15:30 | 15:01:09 | 19:13:22 | 22:48:54    | 25:08:17.20 | 13:42  | 4.4  |
| 287  | NORKOWSKA ALEKSANDRA  | 3162 | ORANGE POLSKA             | WARSZAWA         | POL  | MASTERS K - 40    | 23     | K 48  | 02:24:00 | 07:15:20 | 15:02:40 | 19:13:22 | 22:48:48    | 25:17:22.35 | 13:47  | 4.3  |
| 288  | KALBARCZYK BEATA      | 3163 | ORANGE POLSKA             | OTWOCK           | POL  | WETERAN K - 50    | 5      | K 49  | 02:24:15 | 07:15:34 | 15:02:55 | 19:13:43 | 22:49:01    | 25:17:36.95 | 13:47  | 4.3  |
| 289  | MICHNIEWSKI PIOTR     | 3316 | GIT EKIPA!                | ZAWIERCIE        | POL  | SENIOR II M - 30  | 76     | M 240 | 03:22:17 | 10:32:34 | 17:31:11 | 21:11:42 | 24:12:25    | 26:09:10.80 | 14:15  | 4.2  |
| 290  | GNIELKA DAWID         | 3242 | ZAKOWIEC TOSZEK           | TOSZEK           | POL  | SENIOR I M - 20   | 16     | M 241 | 02:33:38 | 07:36:09 | 15:36:28 | 19:53:04 | 23:43:44    | 26:40:10.60 | 14:32  | 4.1  |
| 291  | OBARSKI NORBERT       | 3065 |                           | KIELCE           | POL  | WETERAN I M - 50  | 34     | M 242 | 03:04:39 | 09:12:15 | 16:40:06 | 20:40:08 | 24:39:01    | 26:58:38.70 | 14:42  | 4.1  |
| 292  | OBARSKA MAŁGORZATA    | 3067 |                           | STARACHOWICE     | POL  | WETERAN K - 50    | 6      | K 50  | 03:04:49 | 09:12:18 | 16:40:16 | 20:40:18 | 24:39:01    | 26:58:43.80 | 14:42  | 4.1  |
| 293  | OLECHNOWICZ MACIEJ    | 3142 |                           | BIĄŁYSTOK        | POL  | SENIOR II M - 30  | 77     | M 243 | 02:46:21 | 08:01:59 | 15:47:28 | 20:37:11 | 24:22:50    | 27:19:30.30 | 14:54  | 4    |
| 294  | SKARŻYŃSKI WOJCIECH   | 3175 | 1973                      | SIECHNICE        | POL  | MASTERS M - 40    | 112    | M 244 | 02:56:22 | 08:42:22 | 16:37:09 | 20:40:40 | 24:30:12    | 27:26:56.80 | 14:58  | 4    |
| 295  | GRZELCZAK BARBARA     | 3174 |                           | SIECHNICE        | POL  | MASTERS K - 40    | 24     | K 51  | 02:56:27 | 08:42:31 | 16:37:16 | 20:40:42 | 24:30:21    | 27:27:02.05 | 14:58  | 4    |
|      | MAŁOLEPSZY WALDEMAR   | 3263 | SPARTA ULTRA TEAM         | BARANÓW          | POL  | SENIOR II M - 30  |        |       | 01:38:56 | 04:19:11 | 08:27:33 | 10:43:35 | DNF         | DNF         | -      | -    |
|      | CZERWIECKI MARCIN     | 3271 |                           | STRZEGOM         | POL  | SENIOR II M - 30  |        |       | DNF      | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | ŁACH SEWERYN          | 3342 | _SEWLAC_                  | WIELICZKA        | POL  | SENIOR II M - 30  |        |       | 01:48:53 | 05:06:07 | 10:38:53 | 13:46:18 | DNF         | DNF         | -      | -    |
|      | SILSKI MAREK          | 3208 | ATRAKCYJNE TOWARZYSTWO    | POTASZE          | POL  | WETERAN I M - 50  |        |       | DNF      | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | DOWNAR-ZAPOLSKA LAURA | 3160 | MOM&DAUGHTER RUN          | WROCŁAW          | POL  | SENIOR I K - 20   |        |       | 02:40:07 | 08:17:14 | 15:42:30 | 20:00:23 | DNF         | DNF         | -      | -    |
|      | MAŚLANIK PIOTR        | 3033 | QCE SPARTY                | SCHWEDT/ODER     | GER  | MASTERS M - 40    |        |       | 02:56:21 | 08:14:18 | 15:39:53 | 21:22:25 | DNF         | DNF         | -      | -    |

**BIEG K-B-L - 110 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                             | M-scowość   | Kraj | Kat.             | M. kat | K/M | 15km            | 40km            | 70km            | 85km | 98km | Netto | min/km | km/h |
|------|-----------------------|------|----------------------------------|-------------|------|------------------|--------|-----|-----------------|-----------------|-----------------|------|------|-------|--------|------|
|      | KRZOS PIOTR           | 3100 |                                  | ZABRZE      | POL  | SENIOR II M - 30 |        |     | 02:10:38<br>DNF | 05:53:26<br>DNF | 11:31:24<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | WOSZCZAK ZBIGNIEW     | 3137 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN    | POL  | WETERAN I M - 50 |        |     | 02:28:12<br>DNF | 06:50:38<br>DNF | 12:54:40<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | WOSZCZAK JOLANTA      | 3136 | STRZELIŃSKI KLUB BIEGACZA GRANIT | STRZELIN    | POL  | WETERAN K - 50   |        |     | 02:28:13<br>DNF | 06:50:44<br>DNF | 12:55:28<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | ŚWIĘTEK-OZDOBA SYLWIA | 3003 |                                  | WROCŁAW     | POL  | MASTERS K - 40   |        |     | 02:10:15<br>DNF | 06:15:57<br>DNF | 13:00:20<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | FIGAS SEBASTIAN       | 3016 |                                  | WROCŁAW     | POL  | MASTERS M - 40   |        |     | 02:10:38<br>DNF | 06:16:07<br>DNF | 13:00:30<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | FRANEK SEBASTIAN      | 3291 | WLKP MOUNTAINS ULTRA             | LUBOŃ       | POL  | MASTERS M - 40   |        |     | 02:13:57<br>DNF | 06:39:12<br>DNF | 14:27:56<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | CHOPKOWICZ PIOTR      | 3094 |                                  | PACZKÓW     | POL  | MASTERS M - 40   |        |     | 02:36:08<br>DNF | 07:58:40<br>DNF | 16:36:41<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | ŻAK MARCIN            | 3093 |                                  | PACZKÓW     | POL  | MASTERS M - 40   |        |     | 02:36:12<br>DNF | 07:58:47<br>DNF | 16:36:46<br>DNF | DNF  | DNF  | DNF   | -      | -    |
|      | DYBEK PAWEŁ           | 3308 | SALOMON SUUNTO TEAM              | MIELEC      | POL  | MASTERS M - 40   |        |     | 01:27:21<br>DNF | 03:54:50<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | SOCHA SEWERYN         | 3280 | STR POZNAŃ/DZIKIE BOBRY          | POZNAŃ      | POL  | SENIOR II M - 30 |        |     | 01:36:09<br>DNF | 04:40:08<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | ĆWIKLIŃSKI ROBERT     | 3158 | IZERSKA GRUPA BIEGOWA            | KOLONOWSKIE | POL  | SENIOR I M - 20  |        |     | 02:01:42<br>DNF | 05:29:05<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | KISIAŁA FILIP         | 3159 | LACHO TEAM                       | KRAKÓW      | POL  | MASTERS M - 40   |        |     | 01:56:52<br>DNF | 05:30:58<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | DAUKSZO MACIEJ        | 3238 | SBRT WARSZAWA                    | WARSZAWA    | POL  | SENIOR I M - 20  |        |     | 02:00:44<br>DNF | 05:33:06<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | DAWIDZIAK JAROSŁAW    | 3036 | MARATON LESZNO                   | LESZNO      | POL  | MASTERS M - 40   |        |     | 02:07:57<br>DNF | 06:09:26<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | STAJER MARIUSZ        | 3288 | AMBIT RACE TEAM                  | LESZNO      | POL  | MASTERS M - 40   |        |     | 02:07:53<br>DNF | 06:09:32<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | PIORKOWSKI MICHAŁ     | 3237 | IRRACJONALNIE MASZERUJĄCY        | WARSZAWA    | POL  | SENIOR II M - 30 |        |     | 02:16:16<br>DNF | 06:48:39<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | MARCHEWKA ANDRZEJ     | 3235 |                                  | CZERNICHÓW  | POL  | MASTERS M - 40   |        |     | 02:28:34<br>DNF | 07:06:45<br>DNF | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | KOŚCIELNIAK MAREK     | 3334 | MUAY RUNNING TEAM                | POZNAŃ      | POL  | MASTERS M - 40   |        |     | 01:57:46<br>DNF | DNF             | DNF             | DNF  | DNF  | DNF   | -      | -    |
|      | KRUZEL JOANNA         | 3310 | BIEGOWE MISIE                    | LEGNICA     | POL  | SENIOR II K - 30 |        |     | DNF             | DNF             | DNF             | DNF  | DNF  | DNF   | -      | -    |