

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Organiser: Towarzystwo Sportowe TRI-SPORT  
 Date: 2020-08-22  
 Place: Bydgoszcz  
 Distance: 113 km



**Results for the split 106.682 km**

Klasyfikacja wg czasów netto.

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19 (2)	00:02:00	02:12:21 (1)	00:01:02	01:17:50 (2)
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCŁAW	POL	M25-29		00:23:18 (1)	00:02:29	02:16:17 (3)	00:01:34	01:23:35 (7)
3	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59 (28)	00:02:34	02:14:00 (2)	00:01:52	01:29:09 (15)
4	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCŁAW	POL	M40-44		00:32:18 (51)	00:03:32	02:16:29 (4)	00:02:19	01:26:07 (10)
5	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42 (39)	00:02:38	02:19:44 (8)	00:01:35	01:23:31 (5)
6	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23 (5)	00:02:33	02:21:02 (11)	00:01:32	01:30:15 (18)
7	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14 (89)	00:02:27	02:25:23 (24)	00:01:29	01:16:46 (1)
8	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55 (27)	00:02:57	02:18:49 (6)	00:01:24	01:30:32 (19)
9	PIOSIK EMIL	736		POZNAŃ	POL	M30-34		00:33:08 (68)	00:03:24	02:20:29 (10)	00:01:40	01:22:55 (4)
10	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17 (32)	00:02:47	02:17:21 (5)	00:02:02	01:31:20 (21)
11	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50 (6)	00:02:34	02:24:09 (17)	00:02:16	01:27:28 (13)
12	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUN	POL	M40-44		00:34:33 (95)	00:02:11	02:19:02 (7)	00:01:32	01:26:45 (11)
13	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18 (52)	00:02:36	02:22:05 (13)	00:02:07	01:25:36 (8)
14	GRYCZ KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56 (44)	00:03:13	02:21:42 (12)	00:01:55	01:27:25 (12)
15	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25 (8)	00:02:32	02:24:59 (21)	00:01:41	01:29:18 (16)
16	MAZUR PAWEŁ	687	NAJMOWICZ TRIATHLON/TRS SUSZ	GRUDZIĄDZ	POL	M30-34		00:28:20 (7)	00:02:38	02:28:12 (36)	00:02:08	01:26:06 (9)
17	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24 (71)	00:02:48	02:25:57 (29)	00:02:07	01:23:34 (6)
18	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39 (37)	00:02:27	02:23:10 (16)	00:01:28	01:33:07 (26)
19	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25 (56)	00:02:40	02:25:40 (26)	00:02:04	01:31:07 (20)
20	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32 (36)	00:02:14	02:25:50 (28)	00:01:17	01:36:06 (37)
21	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53 (10)	00:02:31	02:25:31 (25)	00:02:17	01:40:40 (58)
22	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCŁAW	POL	M30-34		00:29:27 (16)	00:02:28	02:24:55 (20)	00:01:34	01:39:01 (48)
23	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYNIA	POL	M50-54		00:31:12 (29)	00:02:42	02:28:38 (37)	00:03:01	01:33:11 (27)
24	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43 (40)	00:02:43	02:23:01 (15)	00:01:31	01:41:30 (66)
25	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19 (110)	00:05:00	02:24:59 (22)	00:02:40	01:28:55 (14)
26	MALICKI MICHAŁ	681		WARSZAWA	POL	M30-34		00:29:05 (14)	00:03:05	02:24:47 (19)	00:02:03	01:40:45 (59)
27	RYNKO PAWEŁ	759	NAJMOWICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36 (79)	00:02:32	02:30:07 (42)	00:01:57	01:29:48 (17)
28	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24 (55)	00:02:26	02:27:24 (35)	00:01:40	01:37:28 (42)
29	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33 (77)	00:03:53	02:22:26 (14)	00:02:48	01:41:08 (63)
30	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYŚL	POL	M40-44		00:35:48 (116)	00:02:21	02:26:30 (31)	00:01:37	01:36:33 (40)
31	HELAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44 (58)	00:03:08	02:30:44 (46)	00:01:53	01:33:41 (29)
32	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYN	POL	M45-49		00:33:24 (70)	00:04:08	02:27:18 (34)	00:02:01	01:35:14 (34)
33	SOCHA TOMASZ	775	TRINERGY TEAM	WARSAW	POL	M50-54		00:32:19 (54)	00:03:13	02:31:23 (48)	00:02:32	01:33:20 (28)
34	LESIŃSKI JAROSŁAW	663	POBIEDZISKA	POBIEDZISKA	POL	M40-44		00:28:58 (12)	00:03:06	02:30:04 (41)	00:01:43	01:42:22 (70)
35	JARON TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03 (13)	00:03:46	02:29:31 (38)	00:02:17	01:41:07 (61)
36	KILJANCZYK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29 (76)	00:02:32	02:32:57 (55)	00:01:43	01:32:20 (23)
37	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13 (31)	00:03:15	02:25:46 (27)	00:02:22	01:48:24 (110)
38	HAJNOS-MAŁECKA MARIA	507	CTS	SZAFLARY	POL	K35-39		00:30:33 (23)	00:02:41	02:35:11 (68)	00:01:57	01:36:09 (38)
39	MIZERIA PRZEMYSŁAW	699		DZIAŁDOWO	POL	M25-29		00:31:45 (41)	00:03:51	02:26:22 (30)	00:02:20	01:46:27 (95)
40	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09 (15)	00:02:52	02:30:12 (44)	00:02:51	01:44:43 (87)
41	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15 (69)	00:02:33	02:30:12 (43)	00:02:08	01:41:07 (62)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
42	GACKA RAFAL	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07 (106)	00:03:16	02:34:27 (63)	00:02:07	01:32:57 (25)
43	NAFALSKI RAJMUND	703	TEAMKARAS	WARSAW	POL	M45-49		00:33:03 (65)	00:03:08	02:35:34 (69)	00:01:56	01:37:23 (41)
44	FIOŁEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSAWA	POL	K45-49		00:39:20 (191)	00:03:47	02:29:34 (39)	00:02:08	01:33:53 (32)
45	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICE	POL	M35-39	TRIZARZA	00:31:12 (30)	00:03:16	02:29:58 (40)	00:02:20	01:48:06 (106)
46	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39 (113)	00:02:44	02:27:06 (32)	00:02:05	01:47:06 (98)
47	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16 (107)	00:03:17	02:32:12 (52)	00:02:16	01:39:52 (53)
48	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57 (62)	00:03:21	02:33:43 (58)	00:02:22	01:40:50 (60)
49	OSOWSKI ADAM	716	ROZBIEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39 (129)	00:03:36	02:27:15 (33)	00:03:06	01:44:10 (83)
50	RYBAK REMIGIUSZ	756	BIKE U UP	BIĄŁEBŁOTA	POL	M40-44		00:37:01 (141)	00:03:13	02:25:07 (23)	00:01:46	01:47:30 (102)
51	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54 (85)	00:02:32	02:30:39 (45)	00:02:29	01:46:13 (93)
52	PIETROWSKI SZYMON	734	KS KONIEC KIEPSZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28 (74)	00:04:44	02:32:31 (54)	00:02:47	01:41:28 (65)
53	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07 (88)	00:02:27	02:39:12 (91)	00:01:20	01:42:44 (73)
54	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53 (42)	00:03:47	02:39:06 (90)	00:02:04	01:39:20 (51)
55	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSAW	POL	K35-39		00:34:41 (97)	00:03:22	02:41:14 (101)	00:02:21	01:32:37 (24)
56	WYSOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35 (78)	00:03:03	02:33:49 (60)	00:02:49	01:45:13 (92)
57	SOBCZAK MARCIN	772	TRISPACE/TREK	ZOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51 (83)	00:03:04	02:37:35 (79)	00:02:50	01:39:27 (52)
58	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39 (17)	00:04:56	02:38:25 (86)	00:02:43	01:42:21 (69)
59	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07 (67)	00:03:10	02:30:45 (47)	00:04:35	01:47:36 (103)
60	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54 (43)	00:03:02	02:40:26 (96)	00:01:28	01:41:20 (64)
61	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51 (60)	00:02:50	02:33:19 (56)	00:02:11	01:49:43 (122)
62	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28 (195)	00:04:32	02:35:05 (67)	00:03:28	01:33:52 (31)
63	CHMIEL PIOTR	536	PTT DELTA	WARSAWA	POL	M30-34	PTT DELTA	00:35:48 (114)	00:05:41	02:34:51 (66)	00:02:29	01:38:13 (45)
64	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAS	ELBLAG	POL	M40-44		00:33:57 (87)	00:03:25	02:34:48 (65)	00:01:59	01:44:28 (86)
65	KRYGIELSKI KRZYSZTOF	651	CRYOSPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33 (125)	00:04:01	02:41:12 (100)	00:02:43	01:31:20 (22)
66	PATALON PIOTR	721	ORKAMASTERS IŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46 (98)	00:02:50	02:37:48 (83)	00:01:59	01:41:55 (68)
67	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32 (94)	00:03:34	02:38:51 (88)	00:03:05	01:38:59 (47)
68	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25 (72)	00:03:40	02:36:08 (71)	00:02:28	01:43:56 (80)
69	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58 (104)	00:03:46	02:31:53 (50)	00:01:24	01:54:32 (158)
70	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38 (81)	00:02:44	02:44:09 (117)	00:02:17	01:36:32 (39)
71	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56 (164)	00:04:25	02:36:19 (72)	00:02:32	01:38:26 (46)
72	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47 (99)	00:03:01	02:39:01 (89)	00:01:31	01:43:20 (78)
73	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20 (33)	00:03:58	02:39:47 (95)	00:02:20	01:44:18 (84)
74	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	ITORUŃ	POL	M45-49		00:37:29 (152)	00:03:46	02:32:01 (51)	00:03:57	01:47:09 (100)
75	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37 (57)	00:04:12	02:36:37 (74)	00:02:19	01:48:22 (109)
76	KOWALSKI MICHAŁ	645	TRIWISE/POLKAS	KRAKÓW	POL	M30-34		00:35:18 (109)	00:03:41	02:44:16 (118)	00:02:18	01:34:25 (33)
77	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06 (120)	00:03:28	02:38:45 (87)	00:02:40	01:43:02 (76)
78	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58 (63)	00:03:33	02:39:15 (92)	00:02:04	01:48:41 (111)
79	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50 (100)	00:02:59	02:41:14 (102)	00:03:02	01:42:36 (72)
80	JOACHIMIAK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCŁAW	POL	M25-29		00:41:38 (222)	00:02:56	02:39:24 (93)	00:02:11	01:35:33 (35)
81	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25 (73)	00:03:22	02:33:30 (57)	00:01:46	01:59:17 (183)
82	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23 (122)	00:03:27	02:35:41 (70)	00:01:55	01:49:01 (114)
83	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57 (103)	00:04:10	02:36:20 (73)	00:02:16	01:51:11 (134)
84	PIEKARSKI MAREK	679		GRUDZIĄDZ	POL	M45-49		00:36:59 (140)	00:04:31	02:37:35 (80)	00:02:28	01:49:13 (117)
85	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01 (4)	00:04:19	02:52:34 (174)	00:02:45	01:39:01 (49)
86	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54 (182)	00:04:05	02:41:01 (98)	00:02:21	01:38:10 (44)
87	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSAWA	JABLONNA	POL	M35-39		00:37:31 (154)	00:04:02	02:33:47 (59)	00:02:23	01:51:22 (135)
88	IDZIKOWSKI MACIEJ	592		WROCŁAW	POL	M30-34		00:32:08 (50)	00:03:45	02:42:23 (107)	00:02:21	01:49:12 (115)
89	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45 (19)	00:03:17	02:43:52 (115)	00:02:11	01:51:01 (131)
90	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07 (21)	00:04:26	02:48:11 (146)	00:02:52	01:40:18 (56)
91	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25 (150)	00:03:15	02:37:26 (78)	00:03:02	01:48:11 (107)
92	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45 (9)	00:03:16	02:33:57 (61)	00:01:52	02:07:12 (209)
93	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25 (92)	00:03:37	02:41:07 (99)	00:03:21	01:50:51 (128)
94	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59 (45)	00:03:42	02:40:46 (97)	00:01:55	01:53:18 (154)
95	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28 (34)	00:03:34	02:44:20 (119)	00:03:57	01:46:31 (96)
96	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38 (128)	00:04:05	02:41:37 (103)	00:02:27	01:43:15 (77)
97	CHRAPKOWSKI MARCEL	541	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M35-39		00:33:41 (82)	00:03:29	02:45:46 (131)	00:03:03	01:42:35 (71)

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								1.9km		89.9km		20.849km
98	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23 (149)	00:04:17	02:46:59 (135)	00:03:17	01:33:42 (30)
99	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38 (80)	00:03:02	02:43:16 (110)	00:02:34	01:51:36 (137)
100	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29 (75)	00:03:52	02:42:32 (108)	00:02:16	01:51:33 (136)
101	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12 (224)	00:04:23	02:31:52 (49)	00:03:39	01:57:49 (176)
102	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17 (108)	00:03:23	02:43:18 (111)	00:02:10	01:49:36 (120)
103	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21 (121)	00:03:11	02:32:24 (53)	00:02:06	01:35:58 (36)
104	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41 (207)	00:06:48	02:37:08 (77)	00:03:05	01:47:08 (99)
105	KONIAIEW VOLODYMYR	827			UKR	M35-39		00:35:25 (112)	00:04:39	02:36:43 (76)	00:02:56	01:59:04 (181)
106	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56 (86)	00:02:54	02:38:10 (84)	00:01:51	02:03:57 (198)
107	CIASTO SEBASTIAN	542		PRZEZCHLEBIE	POL	M35-39		00:29:44 (18)	00:03:11	02:46:18 (132)	00:02:52	01:58:57 (180)
108	SKROK KRZYSZTOF	769	RYKOWISKO	ŁŁOCK	POL	M50-54		00:41:07 (213)	00:03:53	02:44:47 (123)	00:02:53	01:41:33 (67)
109	MAŚKIEWICZ MICHAŁ	685	ORKA MASTERS IŁAWA	IŁAWA	POL	M35-39		00:35:48 (115)	00:02:37	02:44:55 (126)	00:02:07	01:52:03 (143)
110	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19 (90)	00:03:41	02:45:23 (130)	00:02:38	01:51:01 (132)
111	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34 (197)	00:03:55	02:44:01 (116)	00:04:10	01:42:46 (74)
112	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17 (174)	00:03:41	02:47:09 (136)	00:02:20	01:42:47 (75)
113	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19 (148)	00:03:34	02:44:48 (124)	00:02:16	01:46:21 (94)
114	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53 (61)	00:03:49	02:46:34 (134)	00:02:45	01:51:52 (141)
115	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59 (166)	00:04:07	02:47:27 (141)	00:04:03	01:39:58 (54)
116	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24 (123)	00:05:32	02:44:28 (120)	00:02:35	01:49:24 (118)
117	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52 (163)	00:02:59	02:42:10 (105)	00:03:05	01:58:18 (178)
118	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21 (240)	00:03:55	02:36:39 (75)	00:04:56	01:49:33 (119)
119	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53 (102)	00:03:20	02:50:43 (159)	00:02:17	01:47:42 (104)
120	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31 (22)	00:05:20	02:34:27 (64)	00:02:55	02:13:31 (223)
121	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47 (237)	00:04:35	02:45:02 (127)	00:03:35	01:39:17 (50)
122	KĄŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29 (93)	00:03:23	02:39:44 (94)	00:02:35	02:04:02 (201)
123	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38 (24)	00:03:46	02:54:00 (179)	00:02:14	01:50:53 (129)
124	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22 (111)	00:04:07	02:53:32 (178)	00:02:53	01:44:45 (89)
125	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04 (187)	00:04:44	02:47:34 (142)	00:02:57	01:46:43 (97)
126	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50 (160)	00:03:17	02:45:22 (129)	00:02:39	01:54:11 (157)
127	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05 (211)	00:04:12	02:48:40 (150)	00:03:20	01:40:07 (55)
128	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55 (208)	00:04:19	02:46:34 (133)	00:01:52	01:44:44 (88)
129	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03 (169)	00:04:43	02:43:48 (113)	00:02:13	01:55:24 (163)
130	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39 (25)	00:03:09	02:54:29 (183)	00:02:20	01:52:12 (146)
131	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58 (139)	00:03:28	02:50:56 (161)	00:04:02	01:52:10 (145)
132	LINDNER MAREK	669	FANDOM	WROCŁAW	POL	M40-44		00:39:05 (188)	00:04:48	02:49:56 (154)	00:05:00	01:37:55 (43)
133	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZŁOTOW	POL	M40-44		00:37:26 (151)	00:04:11	02:42:17 (106)	00:02:33	02:01:48 (193)
134	WAŁĘZA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52 (117)	00:03:26	02:51:40 (167)	00:02:24	01:52:47 (153)
135	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16 (147)	00:04:24	02:47:13 (137)	00:04:32	01:52:01 (142)
136	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22 (192)	00:05:26	02:44:39 (121)	00:04:28	01:50:01 (123)
137	KMICIEK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46 (132)	00:03:35	02:56:53 (192)	00:02:46	01:43:56 (81)
138	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08 (143)	00:05:45	02:47:22 (140)	00:04:00	01:50:13 (124)
139	KASTRU TOMASZ	618	PĘDZĄCY ŻÓŁW	MUROWANIEC	POL	M35-39		00:32:19 (53)	00:04:53	02:51:52 (170)	00:03:57	01:52:29 (149)
140	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35 (198)	00:03:56	02:50:16 (156)	00:02:26	01:48:42 (112)
141	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45 (131)	00:05:22	02:48:48 (151)	00:03:13	01:51:49 (140)
142	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48 (136)	00:04:07	02:51:20 (163)	00:03:25	01:51:48 (139)
143	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44 (252)	00:05:42	02:37:41 (82)	00:04:10	01:53:52 (155)
144	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42 (236)	00:03:31	02:50:18 (157)	00:03:23	01:43:36 (79)
145	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50 (162)	00:04:34	02:54:54 (184)	00:02:31	01:55:23 (162)
146	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59 (244)	00:04:39	02:47:53 (144)	00:03:08	01:44:58 (90)
147	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26 (234)	00:04:54	02:43:28 (112)	00:03:07	01:55:37 (165)
148	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57 (165)	00:04:11	02:50:12 (155)	00:03:06	01:52:04 (144)
149	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02 (167)	00:04:03	02:55:00 (185)	00:02:49	01:50:33 (125)
150	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20 (91)	00:04:01	02:49:51 (153)	00:02:39	02:08:12 (213)
151	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46 (133)	00:03:35	02:44:52 (125)	00:01:22	02:06:38 (207)
152	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40 (241)	00:04:36	02:43:51 (114)	00:02:36	01:56:23 (167)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
153	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15 (205)	00:04:42	02:48:11 (147)	00:04:54	01:52:34 (151)
154	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32 (226)	00:05:31	02:47:18 (138)	00:03:19	01:52:22 (148)
155	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47 (134)	00:03:35	02:51:48 (169)	00:03:14	01:57:18 (173)
156	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51 (137)	00:04:54	02:51:38 (166)	00:02:26	01:57:10 (171)
157	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25 (124)	00:04:25	02:51:28 (164)	00:02:53	01:57:11 (172)
158	MUCHA ALEKSANDER	700	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M30-34		00:35:59 (119)	00:04:29	02:50:51 (160)	00:04:50	01:55:11 (160)
159	RADZIK TOMASZ	752	FITNATION	NOWY SĄCZ	POL	M40-44		00:41:11 (215)	00:04:02	02:48:19 (149)	00:03:21	01:55:18 (161)
160	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCLAW	POL	M40-44		00:38:16 (172)	00:03:50	02:44:43 (122)	00:02:37	02:06:53 (208)
161	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05 (189)	00:04:06	02:47:36 (143)	00:03:31	02:01:47 (192)
162	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52 (229)	00:03:16	02:59:03 (203)	00:02:09	01:40:30 (57)
163	BLÁHA JAN	527		PARDUBICE	CZE	M45-49		00:41:02 (210)	00:04:03	02:52:22 (173)	00:02:20	01:52:30 (150)
164	BUCHAL GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16 (146)	00:06:13	02:49:31 (152)	00:04:04	01:59:45 (188)
165	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31 (266)	00:04:39	02:42:06 (104)	00:03:05	01:58:12 (177)
166	ROGALSKI RADOSŁAW	753		MORZEWIEC	POL	M35-39		00:37:46 (159)	00:05:54	02:55:35 (188)	00:03:02	01:54:33 (159)
167	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01 (142)	00:06:12	02:51:00 (162)	00:02:47	02:00:06 (189)
168	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35 (221)	00:04:06	02:50:40 (158)	00:02:28	01:58:21 (179)
169	WIŚNIEWSKI PIOTR	822		ZIELONKA	POL	M35-39		00:38:18 (175)	00:04:03	02:51:47 (168)	00:03:39	02:02:06 (194)
170	CZEKAŁSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02 (185)	00:04:08	02:56:56 (193)	00:02:41	01:55:36 (164)
171	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49 (59)	00:03:50	03:06:13 (223)	00:02:50	01:51:00 (130)
172	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41 (96)	00:02:32	02:56:31 (191)	00:02:35	02:02:21 (196)
173	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44 (157)	00:08:41	02:53:28 (177)	00:06:24	01:50:50 (127)
174	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42 (200)	00:03:54	02:57:12 (194)	00:05:39	01:49:13 (116)
175	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14 (204)	00:04:37	02:58:00 (198)	00:02:02	01:57:27 (175)
176	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04 (49)	00:04:41	03:03:16 (217)	00:03:25	01:56:50 (168)
177	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45 (158)	00:03:42	02:51:57 (172)	00:02:43	02:10:58 (217)
178	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26 (194)	00:06:32	02:45:22 (128)	00:03:34	02:13:34 (224)
179	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22 (177)	00:04:03	03:00:18 (206)	00:02:50	01:55:44 (166)
180	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36 (126)	00:06:39	03:01:59 (212)	00:02:34	01:52:12 (147)
181	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32 (249)	00:03:02	02:57:41 (197)	00:02:39	01:52:37 (152)
182	KORSAKOV KOSTIANTYN	641	-	WARSZAWA	UKR	M45-49		00:37:35 (155)	00:06:30	03:02:10 (214)	00:03:59	01:48:22 (108)
183	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11 (170)	00:04:55	02:51:38 (165)	00:05:11	02:08:04 (212)
184	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11 (231)	00:04:46	02:55:38 (189)	00:03:03	01:57:06 (170)
185	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06 (190)	00:03:55	03:00:21 (207)	00:01:57	01:59:42 (186)
186	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16 (217)	00:04:22	02:48:16 (148)	00:03:53	02:13:28 (222)
187	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30 (225)	00:03:10	02:59:29 (205)	00:02:33	01:59:43 (187)
188	POMASTOWSKI DARIUSZ	742		WĄBRZEŹNO	POL	M40-44		00:44:55 (243)	00:05:46	02:58:45 (202)	00:04:00	01:59:20 (184)
189	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53 (238)	00:05:38	03:02:05 (213)	00:03:37	01:48:58 (113)
190	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01 (209)	00:04:39	03:04:54 (220)	00:03:46	01:50:41 (126)
191	JARMUŻEK MIKOŁAJ	600	APTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10 (144)	00:04:31	02:47:20 (139)	00:04:08	02:26:36 (250)
192	PELAN RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48 (135)	00:05:06	02:57:35 (195)	00:03:32	02:06:07 (204)
193	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07 (247)	00:05:54	03:00:22 (208)	00:02:25	01:51:10 (133)
194	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13 (203)	00:03:14	02:55:23 (187)	00:02:41	02:14:14 (227)
195	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46 (180)	00:04:41	02:55:14 (186)	00:03:31	02:06:11 (205)
196	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56 (118)	00:04:16	03:01:53 (211)	00:03:19	02:03:57 (199)
197	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BEŁCHATÓW	POL	M40-44		00:46:22 (255)	00:05:04	02:53:10 (176)	00:04:12	02:00:34 (190)
198	BARANOWSKA KORNELIA	514		GDAŃSK	POL	K45-49		00:39:38 (199)	00:05:13	02:58:18 (199)	00:03:03	02:05:14 (203)
199	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16 (173)	00:03:49	02:58:23 (200)	00:03:08	02:08:37 (214)
200	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57 (11)	00:04:03	03:11:33 (232)	00:02:13	02:06:36 (206)
201	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16 (171)	00:04:55	02:51:54 (171)	00:03:24	02:23:43 (244)
202	CHALAMOŃSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49 (202)	00:04:00	02:57:37 (196)	00:04:06	02:08:48 (215)
203	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20 (248)	00:06:04	02:54:15 (182)	00:03:31	02:02:10 (195)
204	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49 (20)	00:04:51	02:58:25 (201)	00:02:58	02:23:11 (242)
205	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46 (201)	00:06:00	03:14:13 (239)	00:04:01	01:44:05 (82)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
206	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21 (206)	00:04:39	02:56:28 (190)	00:04:17	02:09:35 (216)
207	KROPIDLOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05 (212)	00:06:00	02:54:07 (180)	00:04:23	02:16:02 (232)
208	WITCZAK DARIUSZ	824	ROSZPUNEK	KRAPLEWICE	POL	M45-49		00:45:39 (251)	00:04:34	03:00:54 (209)	00:02:32	01:59:15 (182)
209	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57 (183)	00:04:45	02:59:18 (204)	00:03:46	02:12:33 (221)
210	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19 (219)	00:04:05	03:08:26 (226)	00:02:34	01:56:51 (169)
211	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30 (267)	00:04:38	03:03:01 (216)	00:03:52	01:49:37 (121)
212	KONIEC PIOTR	637	IRONATA	BYDGOSZCZ	POL	M40-44		00:38:58 (184)	00:03:00	02:52:59 (175)	00:03:08	02:22:55 (241)
213	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01 (223)	00:04:21	02:48:01 (145)	00:03:38	02:25:19 (248)
214	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18 (176)	00:03:31	03:05:04 (221)	00:02:43	02:11:13 (219)
215	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25 (260)	00:05:10	03:08:46 (227)	00:03:40	01:47:27 (101)
216	BRZOZOWSKI ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52 (181)	00:06:51	03:01:35 (210)	00:02:24	02:15:54 (231)
217	SZYMCZAK JAKUB	790		GDYNIA	POL	M30-34		00:35:04 (105)	00:04:53	03:10:38 (230)	00:03:36	02:17:55 (233)
218	KAZIMIERCZYK ADAM	620	PTT DELTA	PŁOCK	POL	M40-44	PTT DELTA	00:34:51 (101)	00:04:47	03:25:09 (257)	00:02:46	01:54:00 (156)
219	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42 (130)	00:05:19	03:02:53 (215)	00:03:50	02:22:05 (239)
220	DAWID ŁUKASZ	551	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M30-34		00:39:34 (196)	00:03:52	03:04:50 (219)	00:03:37	02:18:50 (236)
221	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35 (262)	00:04:53	03:19:27 (249)	00:02:10	01:44:27 (85)
222	PACZKOWSKI MIROSŁAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17 (239)	00:05:30	03:07:31 (224)	00:04:58	02:01:29 (191)
223	KLEIBER PIOTR	629	WUEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02 (168)	00:05:02	03:13:01 (234)	00:04:18	02:04:01 (200)
224	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38 (250)	00:06:09	03:24:03 (254)	00:03:10	01:47:44 (105)
225	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59 (64)	00:05:10	03:13:59 (238)	00:03:45	02:26:41 (251)
226	KĘDZERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40 (242)	00:05:35	03:13:16 (235)	00:04:45	02:07:52 (211)
227	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻĄZNA	POL	M55-59		00:39:03 (186)	00:05:26	03:10:15 (229)	00:04:30	02:18:43 (235)
228	LIPIŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13 (265)	00:05:20	03:09:25 (228)	00:04:04	02:07:50 (210)
229	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38 (127)	00:05:01	03:20:09 (250)	00:04:38	02:11:02 (218)
230	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15 (254)	00:03:04	03:12:16 (233)	00:03:34	02:15:07 (229)
231	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48 (275)	00:03:57	03:17:31 (243)	00:03:24	01:51:36 (138)
232	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04 (259)	00:04:23	03:08:19 (225)	00:02:40	02:24:27 (246)
233	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27 (220)	00:05:52	03:30:07 (262)	00:04:19	01:57:26 (174)
234	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15 (216)	00:04:44	03:24:14 (256)	00:04:00	02:04:41 (202)
235	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13 (232)	00:07:15	03:17:49 (244)	00:03:33	02:15:19 (230)
236	LIPIŃSKA KINGA	670		GRUDZIĄDZ	POL	K30-34		00:43:26 (235)	00:04:57	03:13:45 (237)	00:02:53	02:27:08 (252)
237	KLAWIE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32 (227)	00:07:33	03:05:14 (222)	00:06:05	02:34:56 (255)
238	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25 (193)	00:02:58	03:27:47 (259)	00:02:43	02:13:53 (226)
239	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05 (245)	00:05:28	03:22:27 (252)	00:03:04	02:14:23 (228)
240	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02 (258)	00:08:57	03:13:27 (236)	00:05:09	02:20:35 (238)
241	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11 (268)	00:05:59	03:23:34 (253)	00:03:36	01:59:38 (185)
242	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16 (233)	00:06:07	03:16:57 (242)	00:06:23	02:19:10 (237)
243	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04 (253)	00:05:43	03:03:32 (218)	00:03:30	02:36:34 (257)
244	ILLEK ARKAJUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58 (230)	00:06:28	03:19:16 (248)	00:05:43	02:22:24 (240)
245	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13 (271)	00:04:54	03:11:28 (231)	00:03:30	02:24:32 (247)
246	KRYSPIN MARTA	652	NIE PAŁAM ZAPALEM	GRUDZIĄDZ	POL	K30-34		00:51:17 (269)	00:06:28	03:14:22 (240)	00:05:48	02:23:33 (243)
247	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07 (246)	00:05:58	03:14:54 (241)	00:05:19	02:44:19 (258)
248	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48 (263)	00:04:28	03:22:20 (251)	00:03:08	02:28:32 (254)
249	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42 (273)	00:07:03	03:19:02 (246)	00:04:55	02:24:11 (245)
250	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19 (264)	00:10:24	03:29:46 (261)	00:05:09	02:13:47 (225)
251	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39 (274)	00:05:14	03:27:42 (258)	00:04:27	02:18:28 (234)
252	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38 (228)	00:03:18	03:44:03 (266)	00:03:15	02:11:35 (220)
253	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40 (179)	00:05:41	03:29:32 (260)	00:05:43	02:36:22 (256)
254	DOŁHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28 (178)	00:04:47	03:24:13 (255)	00:04:15	02:46:16 (259)
255	ZUPA MARTYNA	841	SISU-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	K18-24		00:37:30 (153)	00:03:59	03:32:52 (264)	00:02:17	02:51:22 (261)
256	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30 (270)	00:05:57	03:18:07 (245)	00:04:24	02:47:27 (260)
257	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54 (257)	00:06:15	03:31:53 (263)	00:07:04	02:27:20 (253)
258	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09 (214)	00:08:31	03:19:14 (247)	00:07:05	03:01:34 (262)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
259	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38 (276)	00:05:06	03:34:35 (265)	00:03:08	02:26:33 (249)
260	MIELCAREK MATEUSZ	690	MIELCARCS TEAM	GDAŃSK	POL	M30-34	MIELCARCS TEAM	00:41:19 (218)				
261	MAĆZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31 (261)				02:03:15 (197)
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39 (38)	00:04:28	02:54:14 (181)	00:05:51	01:21:57 (3)
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40 (256)	00:04:28			01:45:03 (91)
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50 DNF (161)	00:03:35		00:00:00	00:00:00 ()
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02 DNF (48)		00:00:00 ()	00:00:00	00:00:00 ()
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05 DNF (66)	00:02:22	02:24:19 (18)	00:01:49	00:00:00 ()
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31 DNF (35)	00:03:02	02:42:48 (109)	00:02:19	00:00:00 ()
	ŚMIGLAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00 DNF (46)	00:02:13	02:19:46 (9)	00:01:42	00:00:00 ()
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53 DNF (84)	00:02:59	02:38:14 (85)	00:02:38	00:00:00 ()
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF (145)	00:03:13		00:00:00	00:00:00 ()
	JAUMIEŃ ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48 DNF (26)	00:03:13		00:00:00	00:00:00 ()
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13 DNF (272)	00:06:20		00:00:00	00:00:00 ()
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44 DNF (156)	00:05:49		00:00:00	00:00:00 ()
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01 DNF (3)	00:02:46		00:00:00	00:00:00 ()
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56 DNF (138)	00:02:59	02:37:36 (81)	00:02:14	00:00:00 ()
	POROSŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF (0)	00:00:00	00:00:00 (0)	00:00:00	00:00:00 (0)
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02 DNF (47)	00:03:20	02:34:14 (62)	00:01:59	00:00:00 ()

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	HAJNOS-MAŁECKA MARIA	507	CTS	SZAFLARY	POL	K35-39		00:30:33	00:02:41	02:35:11	00:01:57	01:36:09
2	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15	00:02:33	02:30:12	00:02:08	01:41:07
3	FIJOLEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSZAWA	POL	K45-49		00:39:20	00:03:47	02:29:34	00:02:08	01:33:53
4	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57	00:03:21	02:33:43	00:02:22	01:40:50
5	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSAW	POL	K35-39		00:34:41	00:03:22	02:41:14	00:02:21	01:32:37
6	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54	00:03:02	02:40:26	00:01:28	01:41:20
7	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51	00:02:50	02:33:19	00:02:11	01:49:43
8	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50	00:02:59	02:41:14	00:03:02	01:42:36
9	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17	00:03:23	02:43:18	00:02:10	01:49:36
10	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38	00:03:46	02:54:00	00:02:14	01:50:53
11	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39	00:03:09	02:54:29	00:02:20	01:52:12
12	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35	00:03:56	02:50:16	00:02:26	01:48:42
13	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02	00:04:03	02:55:00	00:02:49	01:50:33
14	CZEKAŁSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02	00:04:08	02:56:56	00:02:41	01:55:36
15	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49	00:03:50	03:06:13	00:02:50	01:51:00
16	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11	00:04:46	02:55:38	00:03:03	01:57:06

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
17	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06	00:03:55	03:00:21	00:01:57	01:59:42
18	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01	00:04:39	03:04:54	00:03:46	01:50:41
19	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56	00:04:16	03:01:53	00:03:19	02:03:57
20	BARANOWSKA KORNELIA	514		GDAŃSK	POL	K45-49		00:39:38	00:05:13	02:58:18	00:03:03	02:05:14
21	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25	00:05:10	03:08:46	00:03:40	01:47:27
22	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38	00:05:01	03:20:09	00:04:38	02:11:02
23	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48	00:03:57	03:17:31	00:03:24	01:51:36
24	LIPIŃSKA KINGA	670		GRUDZIĄDZ	POL	K30-34		00:43:26	00:04:57	03:13:45	00:02:53	02:27:08
25	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05	00:05:28	03:22:27	00:03:04	02:14:23
26	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16	00:06:07	03:16:57	00:06:23	02:19:10
27	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13	00:04:54	03:11:28	00:03:30	02:24:32
28	KRYSPIN MARTA	652	NIE PAŁAM ZAPALEM	GRUDZIĄDZ	POL	K30-34		00:51:17	00:06:28	03:14:22	00:05:48	02:23:33
29	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48	00:04:28	03:22:20	00:03:08	02:28:32
30	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38	00:03:18	03:44:03	00:03:15	02:11:35
31	ZUPA MARTYNA	841	SISU-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	K18-24		00:37:30	00:03:59	03:32:52	00:02:17	02:51:22
32	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38	00:05:06	03:34:35	00:03:08	02:26:33
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF	00:03:13		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19	00:02:00	02:12:21	00:01:02	01:17:50
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCŁAW	POL	M25-29		00:23:18	00:02:29	02:16:17	00:01:34	01:23:35
3	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59	00:02:34	02:14:00	00:01:52	01:29:09
4	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCŁAW	POL	M40-44		00:32:18	00:03:32	02:16:29	00:02:19	01:26:07
5	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42	00:02:38	02:19:44	00:01:35	01:23:31
6	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23	00:02:33	02:21:02	00:01:32	01:30:15
7	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14	00:02:27	02:25:23	00:01:29	01:16:46
8	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55	00:02:57	02:18:49	00:01:24	01:30:32
9	PIOSIK EMIL	736		POZNAŃ	POL	M30-34		00:33:08	00:03:24	02:20:29	00:01:40	01:22:55
10	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17	00:02:47	02:17:21	00:02:02	01:31:20
11	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50	00:02:34	02:24:09	00:02:16	01:27:28
12	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUN	POL	M40-44		00:34:33	00:02:11	02:19:02	00:01:32	01:26:45
13	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18	00:02:36	02:22:05	00:02:07	01:25:36
14	GRYCH KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56	00:03:13	02:21:42	00:01:55	01:27:25
15	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25	00:02:32	02:24:59	00:01:41	01:29:18
16	MAZUR PAWEŁ	687	NAJMOWICZ TRIATHLON/TRS SUSZ	GRUDZIĄDZ	POL	M30-34		00:28:20	00:02:38	02:28:12	00:02:08	01:26:06
17	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24	00:02:48	02:25:57	00:02:07	01:23:34
18	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39	00:02:27	02:23:10	00:01:28	01:33:07
19	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25	00:02:40	02:25:40	00:02:04	01:31:07
20	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32	00:02:14	02:25:50	00:01:17	01:36:06
21	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53	00:02:31	02:25:31	00:02:17	01:40:40
22	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCŁAW	POL	M30-34		00:29:27	00:02:28	02:24:55	00:01:34	01:39:01
23	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYNIA	POL	M50-54		00:31:12	00:02:42	02:28:38	00:03:01	01:33:11
24	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43	00:02:43	02:23:01	00:01:31	01:41:30
25	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19	00:05:00	02:24:59	00:02:40	01:28:55
26	MALICKI MICHAŁ	681		WARSZAWA	POL	M30-34		00:29:05	00:03:05	02:24:47	00:02:03	01:40:45
27	RYNKO PAWEŁ	759	NAJMOWICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36	00:02:32	02:30:07	00:01:57	01:29:48
28	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24	00:02:26	02:27:24	00:01:40	01:37:28
29	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33	00:03:53	02:22:26	00:02:48	01:41:08

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
30	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYŚL	POL	M40-44		00:35:48	00:02:21	02:26:30	00:01:37	01:36:33
31	HELAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44	00:03:08	02:30:44	00:01:53	01:33:41
32	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYN	POL	M45-49		00:33:24	00:04:08	02:27:18	00:02:01	01:35:14
33	SOCHA TOMASZ	775	TRINERGY TEAM	WARSAW	POL	M50-54		00:32:19	00:03:13	02:31:23	00:02:32	01:33:20
34	LESINSKI JAROSŁAW	663	POBIEDZISKA	POBIEDZISKA	POL	M40-44		00:28:58	00:03:06	02:30:04	00:01:43	01:42:22
35	JARON TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03	00:03:46	02:29:31	00:02:17	01:41:07
36	KILJANCZYK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29	00:02:32	02:32:57	00:01:43	01:32:20
37	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13	00:03:15	02:25:46	00:02:22	01:48:24
38	MIZERIA PRZEMYSŁAW	699	DZIAŁDOWO	DZIAŁDOWO	POL	M25-29		00:31:45	00:03:51	02:26:22	00:02:20	01:46:27
39	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09	00:02:52	02:30:12	00:02:51	01:44:43
40	GACKA RAFAL	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07	00:03:16	02:34:27	00:02:07	01:32:57
41	NAFALSKI RAJMUND	703	TEAMKARAŚ	WARSAW	POL	M45-49		00:33:03	00:03:08	02:35:34	00:01:56	01:37:23
42	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICE	POL	M35-39	TRIZARZA	00:31:12	00:03:16	02:29:58	00:02:20	01:48:06
43	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39	00:02:44	02:27:06	00:02:05	01:47:06
44	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16	00:03:17	02:32:12	00:02:16	01:39:52
45	OSOWSKI ADAM	716	ROZBIEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39	00:03:36	02:27:15	00:03:06	01:44:10
46	RYBAK REMIGIUSZ	756	BIKE U UP	BIAŁEBŁOTA	POL	M40-44		00:37:01	00:03:13	02:25:07	00:01:46	01:47:30
47	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54	00:02:32	02:30:39	00:02:29	01:46:13
48	PIETROWSKI SZYMON	734	KS KONIEC KIEPSZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28	00:04:44	02:32:31	00:02:47	01:41:28
49	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07	00:02:27	02:39:12	00:01:20	01:42:44
50	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53	00:03:47	02:39:06	00:02:04	01:39:20
51	WYSMOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35	00:03:03	02:33:49	00:02:49	01:45:13
52	SOBCZAK MARCIN	772	TRISPACE/TREK	ŻOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51	00:03:04	02:37:35	00:02:50	01:39:27
53	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39	00:04:56	02:38:25	00:02:43	01:42:21
54	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07	00:03:10	02:30:45	00:04:35	01:47:36
55	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28	00:04:32	02:35:05	00:03:28	01:33:52
56	CHMIEL PIOTR	536	PTT DELTA	WARSZAWA	POL	M30-34	PTT DELTA	00:35:48	00:05:41	02:34:51	00:02:29	01:38:13
57	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAŚ	ELBLAG	POL	M40-44		00:33:57	00:03:25	02:34:48	00:01:59	01:44:28
58	KRYGIELSKI KRZYSZTOF	651	CRYOSPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33	00:04:01	02:41:12	00:02:43	01:31:20
59	PATALON PIOTR	721	ORKAMASTERS ŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46	00:02:50	02:37:48	00:01:59	01:41:55
60	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32	00:03:34	02:38:51	00:03:05	01:38:59
61	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25	00:03:40	02:36:08	00:02:28	01:43:56
62	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58	00:03:46	02:31:53	00:01:24	01:54:32
63	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38	00:02:44	02:44:09	00:02:17	01:36:32
64	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56	00:04:25	02:36:19	00:02:32	01:38:26
65	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47	00:03:01	02:39:01	00:01:31	01:43:20
66	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20	00:03:58	02:39:47	00:02:20	01:44:18
67	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	TORUŃ	POL	M45-49		00:37:29	00:03:46	02:32:01	00:03:57	01:47:09
68	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37	00:04:12	02:36:37	00:02:19	01:48:22
69	KOWALSKI MICHAŁ	645	TRIWISPOLKAS	KRAKÓW	POL	M30-34		00:35:18	00:03:41	02:44:16	00:02:18	01:34:25
70	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06	00:03:28	02:38:45	00:02:40	01:43:02
71	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58	00:03:33	02:39:15	00:02:04	01:48:41
72	JOACHIMIAK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCLAW	POL	M25-29		00:41:38	00:02:56	02:39:24	00:02:11	01:35:33
73	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23	00:03:27	02:35:41	00:01:55	01:49:01
74	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25	00:03:22	02:33:30	00:01:46	01:59:17
75	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57	00:04:10	02:36:20	00:02:16	01:51:11
76	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01	00:04:19	02:52:34	00:02:45	01:39:01
77	PIEKARSKI MAREK	679		GRUDZIĄDZ	POL	M45-49		00:36:59	00:04:31	02:37:35	00:02:28	01:49:13
78	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54	00:04:05	02:41:01	00:02:21	01:38:10
79	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSZAWA	JABLONNA	POL	M35-39		00:37:31	00:04:02	02:33:47	00:02:23	01:51:22
80	IDZIKOWSKI MACIEJ	592		WROCLAW	POL	M30-34		00:32:08	00:03:45	02:42:23	00:02:21	01:49:12
81	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45	00:03:17	02:43:52	00:02:11	01:51:01
82	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07	00:04:26	02:48:11	00:02:52	01:40:18
83	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25	00:03:15	02:37:26	00:03:02	01:48:11
84	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45	00:03:16	02:33:57	00:01:52	02:07:12



**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
85	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25	00:03:37	02:41:07	00:03:21	01:50:51
86	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59	00:03:42	02:40:46	00:01:55	01:53:18
87	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28	00:03:34	02:44:20	00:03:57	01:46:31
88	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38	00:04:05	02:41:37	00:02:27	01:43:15
89	CHRAPKOWSKI MARCEL	541	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M35-39		00:33:41	00:03:29	02:45:46	00:03:03	01:42:35
90	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23	00:04:17	02:46:59	00:03:17	01:33:42
91	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38	00:03:02	02:43:16	00:02:34	01:51:36
92	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29	00:03:52	02:42:32	00:02:16	01:51:33
93	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12	00:04:23	02:31:52	00:03:39	01:57:49
94	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21	00:03:11	02:32:24	00:02:06	01:35:58
95	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41	00:06:48	02:37:08	00:03:05	01:47:08
96	KONIAIEW WOŁODYMYR	827			UKR	M35-39		00:35:25	00:04:39	02:36:43	00:02:56	01:59:04
97	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56	00:02:54	02:38:10	00:01:51	02:03:57
98	CIASTO SEBASTIAN	542		PRZECZLEBIE	POL	M35-39		00:29:44	00:03:11	02:46:18	00:02:52	01:58:57
99	SKROK KRZYSZTOF	769	RYKOWISKO	PŁOCK	POL	M50-54		00:41:07	00:03:53	02:44:47	00:02:53	01:41:33
100	MAŚKIEWICZ MICHAŁ	685	ORKA MASTERS IŁAWA	IŁAWA	POL	M35-39		00:35:48	00:02:37	02:44:55	00:02:07	01:52:03
101	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19	00:03:41	02:45:23	00:02:38	01:51:01
102	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34	00:03:55	02:44:01	00:04:10	01:42:46
103	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17	00:03:41	02:47:09	00:02:20	01:42:47
104	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19	00:03:34	02:44:48	00:02:16	01:46:21
105	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53	00:03:49	02:46:34	00:02:45	01:51:52
106	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59	00:04:07	02:47:27	00:04:03	01:39:58
107	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24	00:05:32	02:44:28	00:02:35	01:49:24
108	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52	00:02:59	02:42:10	00:03:05	01:58:18
109	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21	00:03:55	02:36:39	00:04:56	01:49:33
110	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53	00:03:20	02:50:43	00:02:17	01:47:42
111	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31	00:05:20	02:34:27	00:02:55	02:13:31
112	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47	00:04:35	02:45:02	00:03:35	01:39:17
113	KĄŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29	00:03:23	02:39:44	00:02:35	02:04:02
114	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22	00:04:07	02:53:32	00:02:53	01:44:45
115	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04	00:04:44	02:47:34	00:02:57	01:46:43
116	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50	00:03:17	02:45:22	00:02:39	01:54:11
117	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05	00:04:12	02:48:40	00:03:20	01:40:07
118	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55	00:04:19	02:46:34	00:01:52	01:44:44
119	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03	00:04:43	02:43:48	00:02:13	01:55:24
120	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58	00:03:28	02:50:56	00:04:02	01:52:10
121	LINDNER MAREK	669	FANDOM	WROCLAW	POL	M40-44		00:39:05	00:04:48	02:49:56	00:05:00	01:37:55
122	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZLOTOW	POL	M40-44		00:37:26	00:04:11	02:42:17	00:02:33	02:01:48
123	WAŁĘZA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52	00:03:26	02:51:40	00:02:24	01:52:47
124	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16	00:04:24	02:47:13	00:04:32	01:52:01
125	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22	00:05:26	02:44:39	00:04:28	01:50:01
126	KMIECIK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46	00:03:35	02:56:53	00:02:46	01:43:56
127	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08	00:05:45	02:47:22	00:04:00	01:50:13
128	KASTRU TOMASZ	618	PĘDZĄCY ŻÓŁW	MUROWANIEC	POL	M35-39		00:32:19	00:04:53	02:51:52	00:03:57	01:52:29
129	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45	00:05:22	02:48:48	00:03:13	01:51:49
130	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48	00:04:07	02:51:20	00:03:25	01:51:48
131	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44	00:05:42	02:37:41	00:04:10	01:53:52
132	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42	00:03:31	02:50:18	00:03:23	01:43:36
133	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50	00:04:34	02:54:54	00:02:31	01:55:23
134	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59	00:04:39	02:47:53	00:03:08	01:44:58
135	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26	00:04:54	02:43:28	00:03:07	01:55:37
136	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57	00:04:11	02:50:12	00:03:06	01:52:04
137	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20	00:04:01	02:49:51	00:02:39	02:08:12
138	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46	00:03:35	02:44:52	00:01:22	02:06:38
139	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40	00:04:36	02:43:51	00:02:36	01:56:23

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
140	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15	00:04:42	02:48:11	00:04:54	01:52:34
141	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32	00:05:31	02:47:18	00:03:19	01:52:22
142	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47	00:03:35	02:51:48	00:03:14	01:57:18
143	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51	00:04:54	02:51:38	00:02:26	01:57:10
144	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25	00:04:25	02:51:28	00:02:53	01:57:11
145	MUCHA ALEKSANDER	700	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M30-34		00:35:59	00:04:29	02:50:51	00:04:50	01:55:11
146	RADZIK TOMASZ	752	FITNATION	NOWY SĄCZ	POL	M40-44		00:41:11	00:04:02	02:48:19	00:03:21	01:55:18
147	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCLAW	POL	M40-44		00:38:16	00:03:50	02:44:43	00:02:37	02:06:53
148	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05	00:04:06	02:47:36	00:03:31	02:01:47
149	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52	00:03:16	02:59:03	00:02:09	01:40:30
150	BLÁHA JAN	527		PARDUBICE	CZE	M45-49		00:41:02	00:04:03	02:52:22	00:02:20	01:52:30
151	BUCHAL GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16	00:06:13	02:49:31	00:04:04	01:59:45
152	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31	00:04:39	02:42:06	00:03:05	01:58:12
153	ROGALSKI RADOSŁAW	753		MORZEWIEC	POL	M35-39		00:37:46	00:05:54	02:55:35	00:03:02	01:54:33
154	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01	00:06:12	02:51:00	00:02:47	02:00:06
155	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35	00:04:06	02:50:40	00:02:28	01:58:21
156	WIŚNIEWSKI PIOTR	822		ZIELONKA	POL	M35-39		00:38:18	00:04:03	02:51:47	00:03:39	02:02:06
157	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41	00:02:32	02:56:31	00:02:35	02:02:21
158	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44	00:08:41	02:53:28	00:06:24	01:50:50
159	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42	00:03:54	02:57:12	00:05:39	01:49:13
160	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14	00:04:37	02:58:00	00:02:02	01:57:27
161	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04	00:04:41	03:03:16	00:03:25	01:56:50
162	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45	00:03:42	02:51:57	00:02:43	02:10:58
163	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26	00:06:32	02:45:22	00:03:34	02:13:34
164	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22	00:04:03	03:00:18	00:02:50	01:55:44
165	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36	00:06:39	03:01:59	00:02:34	01:52:12
166	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32	00:03:02	02:57:41	00:02:39	01:52:37
167	KORSAKOV KOSTIANTYN	641	-	WARSZAWA	UKR	M45-49		00:37:35	00:06:30	03:02:10	00:03:59	01:48:22
168	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11	00:04:55	02:51:38	00:05:11	02:08:04
169	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16	00:04:22	02:48:16	00:03:53	02:13:28
170	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30	00:03:10	02:59:29	00:02:33	01:59:43
171	POMASTOWSKI DARIUSZ	742		WĄBRZEŻNO	POL	M40-44		00:44:55	00:05:46	02:58:45	00:04:00	01:59:20
172	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53	00:05:38	03:02:05	00:03:37	01:48:58
173	JARMUŻEK MIKOŁAJ	600	APPTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10	00:04:31	02:47:20	00:04:08	02:26:36
174	PELANT RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48	00:05:06	02:57:35	00:03:32	02:06:07
175	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07	00:05:54	03:00:22	00:02:25	01:51:10
176	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13	00:03:14	02:55:23	00:02:41	02:14:14
177	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46	00:04:41	02:55:14	00:03:31	02:06:11
178	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BEŁCHATÓW	POL	M40-44		00:46:22	00:05:04	02:53:10	00:04:12	02:00:34
179	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16	00:03:49	02:58:23	00:03:08	02:08:37
180	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57	00:04:03	03:11:33	00:02:13	02:06:36
181	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16	00:04:55	02:51:54	00:03:24	02:23:43
182	CHALAMONSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49	00:04:00	02:57:37	00:04:06	02:08:48
183	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20	00:06:04	02:54:15	00:03:31	02:02:10
184	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49	00:04:51	02:58:25	00:02:58	02:23:11
185	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46	00:06:00	03:14:13	00:04:01	01:44:05
186	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21	00:04:39	02:56:28	00:04:17	02:09:35
187	KROPIDŁOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05	00:06:00	02:54:07	00:04:23	02:16:02
188	WITCZAK DARIUSZ	824	ROSZPUNEK	KRAPLEWICE	POL	M45-49		00:45:39	00:04:34	03:00:54	00:02:32	01:59:15
189	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57	00:04:45	02:59:18	00:03:46	02:12:33
190	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19	00:04:05	03:08:26	00:02:34	01:56:51
191	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30	00:04:38	03:03:01	00:03:52	01:49:37
192	KONIEC PIOTR	637	IRON TATA	BYDGOSZCZ	POL	M40-44		00:38:58	00:03:00	02:52:59	00:03:08	02:22:55

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
193	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01	00:04:21	02:48:01	00:03:38	02:25:19
194	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18	00:03:31	03:05:04	00:02:43	02:11:13
195	BRZOZOWSKI ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52	00:06:51	03:01:35	00:02:24	02:15:54
196	SZYMCZAK JAKUB	790		GDYNIA	POL	M30-34		00:35:04	00:04:53	03:10:38	00:03:36	02:17:55
197	KAZIMIERCZYK ADAM	620	PTT DELTA	ŁÓDŹ	POL	M40-44	PTT DELTA	00:34:51	00:04:47	03:25:09	00:02:46	01:54:00
198	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42	00:05:19	03:02:53	00:03:50	02:22:05
199	DAWID ŁUKASZ	551	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M30-34		00:39:34	00:03:52	03:04:50	00:03:37	02:18:50
200	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35	00:04:53	03:19:27	00:02:10	01:44:27
201	PACZKOWSKI MIROSŁAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17	00:05:30	03:07:31	00:04:58	02:01:29
202	KLEIBER PIOTR	629	WUEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02	00:05:02	03:13:01	00:04:18	02:04:01
203	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38	00:06:09	03:24:03	00:03:10	01:47:44
204	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59	00:05:10	03:13:59	00:03:45	02:26:41
205	KĘDZIERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40	00:05:35	03:13:16	00:04:45	02:07:52
206	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻAZNA	POL	M55-59		00:39:03	00:05:26	03:10:15	00:04:30	02:18:43
207	LIPIŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13	00:05:20	03:09:25	00:04:04	02:07:50
208	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15	00:03:04	03:12:16	00:03:34	02:15:07
209	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04	00:04:23	03:08:19	00:02:40	02:24:27
210	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27	00:05:52	03:30:07	00:04:19	01:57:26
211	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15	00:04:44	03:24:14	00:04:00	02:04:41
212	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13	00:07:15	03:17:49	00:03:33	02:15:19
213	KLAWIE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32	00:07:33	03:05:14	00:06:05	02:34:56
214	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25	00:02:58	03:27:47	00:02:43	02:13:53
215	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02	00:08:57	03:13:27	00:05:09	02:20:35
216	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11	00:05:59	03:23:34	00:03:36	01:59:38
217	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04	00:05:43	03:03:32	00:03:30	02:36:34
218	ILLEK ARKAJUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58	00:06:28	03:19:16	00:05:43	02:22:24
219	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07	00:05:58	03:14:54	00:05:19	02:44:19
220	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42	00:07:03	03:19:02	00:04:55	02:24:11
221	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19	00:10:24	03:29:46	00:05:09	02:13:47
222	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39	00:05:14	03:27:42	00:04:27	02:18:28
223	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40	00:05:41	03:29:32	00:05:43	02:36:22
224	DOŁHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28	00:04:47	03:24:13	00:04:15	02:46:16
225	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30	00:05:57	03:18:07	00:04:24	02:47:27
226	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54	00:06:15	03:31:53	00:07:04	02:27:20
227	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09	00:08:31	03:19:14	00:07:05	03:01:34
228	MAĆZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31				02:03:15
229	MIELCAREK MATEUSZ	690	MIELCARKS TEAM	GDAŃSK	POL	M30-34	MIELCARKS TEAM	00:41:19				
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39	00:04:28	02:54:14	00:05:51	01:21:57
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40	00:04:28			01:45:03
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01	DNF	00:02:46	00:00:00	00:00:00
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31	DNF	00:03:02	02:42:48	00:02:19
	JAUMIEN ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48	DNF	00:03:13	00:00:00	00:00:00
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13	DNF	00:06:20	00:00:00	00:00:00
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56	DNF	00:02:59	02:37:36	00:02:14
	POROSŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF	00:00:00	00:00:00	00:00:00	00:00:00
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02	DNF	00:03:20	02:34:14	00:01:59
	ŚMIGLAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00	DNF	00:02:13	02:19:46	00:01:42
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50	DNF	00:03:35	00:00:00	00:00:00
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02	DNF		00:00:00	00:00:00
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44	DNF	00:05:49	00:00:00	00:00:00
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05	DNF	00:02:22	02:24:19	00:01:49
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53	DNF	00:02:59	02:38:14	00:02:38

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K18-24**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54	00:03:02	02:40:26	00:01:28	01:41:20
2	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38	00:03:46	02:54:00	00:02:14	01:50:53
3	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56	00:04:16	03:01:53	00:03:19	02:03:57
4	ZUPA MARTYNA	841	SISU-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	K18-24		00:37:30	00:03:59	03:32:52	00:02:17	02:51:22

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M18-24**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25	00:02:40	02:25:40	00:02:04	01:31:07
2	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57	00:04:03	03:11:33	00:02:13	02:06:36
3	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20	00:06:04	02:54:15	00:03:31	02:02:10
4	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49	00:04:51	02:58:25	00:02:58	02:23:11
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40	00:04:28			01:45:03

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K25-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17	00:03:23	02:43:18	00:02:10	01:49:36
2	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39	00:03:09	02:54:29	00:02:20	01:52:12
3	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49	00:03:50	03:06:13	00:02:50	01:51:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M25-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19	00:02:00	02:12:21	00:01:02	01:17:50
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCŁAW	POL	M25-29		00:23:18	00:02:29	02:16:17	00:01:34	01:23:35
3	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14	00:02:27	02:25:23	00:01:29	01:16:46
4	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24	00:02:48	02:25:57	00:02:07	01:23:34
5	MIZERIA PRZEMYSŁAW	699		DZIAŁDOWO	POL	M25-29		00:31:45	00:03:51	02:26:22	00:02:20	01:46:27
6	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54	00:02:32	02:30:39	00:02:29	01:46:13
7	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32	00:03:34	02:38:51	00:03:05	01:38:59
8	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20	00:03:58	02:39:47	00:02:20	01:44:18
9	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37	00:04:12	02:36:37	00:02:19	01:48:22
10	JOACHIMIAK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCŁAW	POL	M25-29		00:41:38	00:02:56	02:39:24	00:02:11	01:35:33
11	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25	00:03:22	02:33:30	00:01:46	01:59:17
12	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29	00:03:52	02:42:32	00:02:16	01:51:33
13	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53	00:03:20	02:50:43	00:02:17	01:47:42
14	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58	00:03:28	02:50:56	00:04:02	01:52:10
15	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04	00:04:41	03:03:16	00:03:25	01:56:50
16	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36	00:06:39	03:01:59	00:02:34	01:52:12
17	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13	00:03:14	02:55:23	00:02:41	02:14:14
18	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16	00:04:55	02:51:54	00:03:24	02:23:43
19	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21	00:04:39	02:56:28	00:04:17	02:09:35
20	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19	00:04:05	03:08:26	00:02:34	01:56:51
21	BRZOZOWSKI ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52	00:06:51	03:01:35	00:02:24	02:15:54
22	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27	00:05:52	03:30:07	00:04:19	01:57:26

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K30-34**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15	00:02:33	02:30:12	00:02:08	01:41:07
2	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25	00:05:10	03:08:46	00:03:40	01:47:27
3	LIPiŃSKA KINGA	670		GRUDZIADZ	POL	K30-34		00:43:26	00:04:57	03:13:45	00:02:53	02:27:08
4	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05	00:05:28	03:22:27	00:03:04	02:14:23
5	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16	00:06:07	03:16:57	00:06:23	02:19:10
6	KRYSPIN MARTA	652	NIE PAŁAM ZAPALEM	GRUDZIADZ	POL	K30-34		00:51:17	00:06:28	03:14:22	00:05:48	02:23:33

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M30-34**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	PIOSIK EMIL	736		POZNAŃ	POL	M30-34		00:33:08	00:03:24	02:20:29	00:01:40	01:22:55
2	GRYCYZ KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56	00:03:13	02:21:42	00:01:55	01:27:25
3	MAZUR PAWEŁ	687	NAJMOWICZ TRIATHLON/TRS SUSZ	GRUDZIADZ	POL	M30-34		00:28:20	00:02:38	02:28:12	00:02:08	01:26:06
4	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32	00:02:14	02:25:50	00:01:17	01:36:06
5	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCLAW	POL	M30-34		00:29:27	00:02:28	02:24:55	00:01:34	01:39:01
6	MALICKI MICHAŁ	681		WARSZAWA	POL	M30-34		00:29:05	00:03:05	02:24:47	00:02:03	01:40:45
7	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24	00:02:26	02:27:24	00:01:40	01:37:28
8	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33	00:03:53	02:22:26	00:02:48	01:41:08
9	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16	00:03:17	02:32:12	00:02:16	01:39:52
10	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53	00:03:47	02:39:06	00:02:04	01:39:20
11	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07	00:03:10	02:30:45	00:04:35	01:47:36
12	CHMIEL PIOTR	536	PTT DELTA	WARSZAWA	POL	M30-34	PTT DELTA	00:35:48	00:05:41	02:34:51	00:02:29	01:38:13
13	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58	00:03:46	02:31:53	00:01:24	01:54:32
14	KOWALSKI MICHAŁ	645	TRIWISE\POLKAS	KRAKÓW	POL	M30-34		00:35:18	00:03:41	02:44:16	00:02:18	01:34:25
15	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57	00:04:10	02:36:20	00:02:16	01:51:11
16	IDZIKOWSKI MACIEJ	592		WROCLAW	POL	M30-34		00:32:08	00:03:45	02:42:23	00:02:21	01:49:12
17	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45	00:03:17	02:43:52	00:02:11	01:51:01
18	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45	00:03:16	02:33:57	00:01:52	02:07:12
19	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17	00:03:41	02:47:09	00:02:20	01:42:47
20	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22	00:04:07	02:53:32	00:02:53	01:44:45
21	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50	00:03:17	02:45:22	00:02:39	01:54:11
22	WAŁĘZA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52	00:03:26	02:51:40	00:02:24	01:52:47
23	KMIECIK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46	00:03:35	02:56:53	00:02:46	01:43:56
24	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45	00:05:22	02:48:48	00:03:13	01:51:49
25	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20	00:04:01	02:49:51	00:02:39	02:08:12
26	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46	00:03:35	02:44:52	00:01:22	02:06:38
27	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51	00:04:54	02:51:38	00:02:26	01:57:10
28	MUCHA ALEKSANDER	700	WŁOCŁAWEK TRIATHLON TEAM	WŁOCŁAWEK	POL	M30-34		00:35:59	00:04:29	02:50:51	00:04:50	01:55:11
29	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45	00:03:42	02:51:57	00:02:43	02:10:58
30	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16	00:04:22	02:48:16	00:03:53	02:13:28
31	JARMUŻEK MIKOŁAJ	600	APPTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10	00:04:31	02:47:20	00:04:08	02:26:36
32	SZYMCZAK JAKUB	790		GDYŃIA	POL	M30-34		00:35:04	00:04:53	03:10:38	00:03:36	02:17:55
33	DAWID ŁUKASZ	551	ROZBIEGANY GOLEŃIÓW	GOLEŃIÓW	POL	M30-34		00:39:34	00:03:52	03:04:50	00:03:37	02:18:50
34	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38	00:06:09	03:24:03	00:03:10	01:47:44
35	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13	00:07:15	03:17:49	00:03:33	02:15:19
36	KLAWE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32	00:07:33	03:05:14	00:06:05	02:34:56
37	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42	00:07:03	03:19:02	00:04:55	02:24:11
38	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19	00:10:24	03:29:46	00:05:09	02:13:47
39	MIELCAREK MATEUSZ	690	MIELCARKS TEAM	GDAŃSK	POL	M30-34	MIELCARKS TEAM	00:41:19				

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M30-34 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56 DNF	00:02:59	02:37:36	00:02:14	00:00:00
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02 DNF		00:00:00	00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K35-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	HAJNOS-MAŁECKA MARIA	507	CTS	SZAFŁARY	POL	K35-39		00:30:33	00:02:41	02:35:11	00:01:57	01:36:09
2	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSZAWA	POL	K35-39		00:34:41	00:03:22	02:41:14	00:02:21	01:32:37
3	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51	00:02:50	02:33:19	00:02:11	01:49:43
4	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50	00:02:59	02:41:14	00:03:02	01:42:36
5	CZEKALSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02	00:04:08	02:56:56	00:02:41	01:55:36
6	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38	00:05:01	03:20:09	00:04:38	02:11:02
7	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38	00:05:06	03:34:35	00:03:08	02:26:33
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF	00:03:13		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M35-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59	00:02:34	02:14:00	00:01:52	01:29:09
2	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23	00:02:33	02:21:02	00:01:32	01:30:15
3	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55	00:02:57	02:18:49	00:01:24	01:30:32
4	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50	00:02:34	02:24:09	00:02:16	01:27:28
5	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18	00:02:36	02:22:05	00:02:07	01:25:36
6	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25	00:02:32	02:24:59	00:01:41	01:29:18
7	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICE	POL	M35-39	TRIZARZA	00:31:12	00:03:16	02:29:58	00:02:20	01:48:06
8	OSOWSKI ADAM	716	ROZBIEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39	00:03:36	02:27:15	00:03:06	01:44:10
9	PIETROWSKI SZYMON	734	KS KONIEC KIEPSZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28	00:04:44	02:32:31	00:02:47	01:41:28
10	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38	00:02:44	02:44:09	00:02:17	01:36:32
11	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06	00:03:28	02:38:45	00:02:40	01:43:02
12	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23	00:03:27	02:35:41	00:01:55	01:49:01
13	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSZAWA	JABLONNA	POL	M35-39		00:37:31	00:04:02	02:33:47	00:02:23	01:51:22
14	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07	00:04:26	02:48:11	00:02:52	01:40:18
15	CHRAPKOWSKI MARCEL	541	WŁOCŁAWEK TRIATHLON TEAM	WŁOCŁAWEK	POL	M35-39		00:33:41	00:03:29	02:45:46	00:03:03	01:42:35
16	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38	00:03:02	02:43:16	00:02:34	01:51:36
17	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21	00:03:11	02:32:24	00:02:26	01:35:58
18	KONIAIEV VOŁODYMYR	827			UKR	M35-39		00:35:25	00:04:39	02:36:43	00:02:56	01:59:04
19	CIASTO SEBASTIAN	542		PRZYZCHLEBIE	POL	M35-39		00:29:44	00:03:11	02:46:18	00:02:52	01:58:57
20	MASKIEWICZ MICHAŁ	685	ORKA MASTERS IŁAWA	IŁAWA	POL	M35-39		00:35:48	00:02:37	02:44:55	00:02:07	01:52:03
21	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53	00:03:49	02:46:34	00:02:45	01:51:52
22	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59	00:04:07	02:47:27	00:04:03	01:39:58
23	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24	00:05:32	02:44:28	00:02:35	01:49:24
24	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31	00:05:20	02:34:27	00:02:55	02:13:31
25	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04	00:04:44	02:47:34	00:02:57	01:46:43
26	KASTRU TOMASZ	618	PĘDZĄCY ŻÓŁW	MUROWANIEC	POL	M35-39		00:32:19	00:04:53	02:51:52	00:03:57	01:52:29
27	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57	00:04:11	02:50:12	00:03:06	01:52:04
28	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47	00:03:35	02:51:48	00:03:14	01:57:18
29	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52	00:03:16	02:59:03	00:02:09	01:40:30
30	ROGALSKI RADOŚŁAW	753		MORZEWIEC	POL	M35-39		00:37:46	00:05:54	02:55:35	00:03:02	01:54:33
31	WIŚNIEWSKI PIOTR	822		ZIELONKA	POL	M35-39		00:38:18	00:04:03	02:51:47	00:03:39	02:02:06
32	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14	00:04:37	02:58:00	00:02:02	01:57:27

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M35-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race	
								1.9km		89.9km		20.849km	
33	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26	00:06:32	02:45:22	00:03:34	02:13:34	
34	KROPIDLOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05	00:06:00	02:54:07	00:04:23	02:16:02	
35	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01	00:04:21	02:48:01	00:03:38	02:25:19	
36	KĘDZIERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40	00:05:35	03:13:16	00:04:45	02:07:52	
37	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04	00:04:23	03:08:19	00:02:40	02:24:27	
	JAUMIEN ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48	DNF	00:03:13	00:00:00	00:00:00	
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02	DNF	00:03:20	02:34:14	00:01:59	00:00:00
	ŚMIGLAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00	DNF	00:02:13	02:19:46	00:01:42	00:00:00
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50	DNF	00:03:35	00:00:00	00:00:00	
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44	DNF	00:05:49	00:00:00	00:00:00	

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K40-44**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57	00:03:21	02:33:43	00:02:22	01:40:50
2	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35	00:03:56	02:50:16	00:02:26	01:48:42
3	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06	00:03:55	03:00:21	00:01:57	01:59:42
4	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01	00:04:39	03:04:54	00:03:46	01:50:41
5	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48	00:03:57	03:17:31	00:03:24	01:51:36
6	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13	00:04:54	03:11:28	00:03:30	02:24:32
7	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48	00:04:28	03:22:20	00:03:08	02:28:32
8	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38	00:03:18	03:44:03	00:03:15	02:11:35

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M40-44**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCŁAW	POL	M40-44		00:32:18	00:03:32	02:16:29	00:02:19	01:26:07
2	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUN	POL	M40-44		00:34:33	00:02:11	02:19:02	00:01:32	01:26:45
3	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39	00:02:27	02:23:10	00:01:28	01:33:07
4	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43	00:02:43	02:23:01	00:01:31	01:41:30
5	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19	00:05:00	02:24:59	00:02:40	01:28:55
6	RYNKO PAWEŁ	759	NAJMOWICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36	00:02:32	02:30:07	00:01:57	01:29:48
7	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYŚL	POL	M40-44		00:35:48	00:02:21	02:26:30	00:01:37	01:36:33
8	HEŁAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44	00:03:08	02:30:44	00:01:53	01:33:41
9	LESIŃSKI JAROSŁAW	663		POBIEDZISKA	POL	M40-44		00:28:58	00:03:06	02:30:04	00:01:43	01:42:22
10	KILJANCIK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29	00:02:32	02:32:57	00:01:43	01:32:20
11	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09	00:02:52	02:30:12	00:02:51	01:44:43
12	GACKA RAFAŁ	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07	00:03:16	02:34:27	00:02:07	01:32:57
13	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39	00:02:44	02:27:06	00:02:05	01:47:06
14	RYBAK REMIGIUSZ	756	BIKE U UP	BIAŁEBŁOTA	POL	M40-44		00:37:01	00:03:13	02:25:07	00:01:46	01:47:30
15	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07	00:02:27	02:39:12	00:01:20	01:42:44
16	WYSMOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35	00:03:03	02:33:49	00:02:49	01:45:13
17	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39	00:04:56	02:38:25	00:02:43	01:42:21
18	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28	00:04:32	02:35:05	00:03:28	01:33:52
19	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAS	ELBLAG	POL	M40-44		00:33:57	00:03:25	02:34:48	00:01:59	01:44:28
20	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58	00:03:33	02:39:15	00:02:04	01:48:41
21	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01	00:04:19	02:52:34	00:02:45	01:39:01

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M40-44 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race	
								1.9km		89.9km		20.849km	
22	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54	00:04:05	02:41:01	00:02:21	01:38:10	
23	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25	00:03:15	02:37:26	00:03:02	01:48:11	
24	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25	00:03:37	02:41:07	00:03:21	01:50:51	
25	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59	00:03:42	02:40:46	00:01:55	01:53:18	
26	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23	00:04:17	02:46:59	00:03:17	01:33:42	
27	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41	00:06:48	02:37:08	00:03:05	01:47:08	
28	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56	00:02:54	02:38:10	00:01:51	02:03:57	
29	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19	00:03:41	02:45:23	00:02:38	01:51:01	
30	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19	00:03:34	02:44:48	00:02:16	01:46:21	
31	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05	00:04:12	02:48:40	00:03:20	01:40:07	
32	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55	00:04:19	02:46:34	00:01:52	01:44:44	
33	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03	00:04:43	02:43:48	00:02:13	01:55:24	
34	LINDNER MAREK	669	FANDOM	WROCŁAW	POL	M40-44		00:39:05	00:04:48	02:49:56	00:05:00	01:37:55	
35	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZLOTOW	POL	M40-44		00:37:26	00:04:11	02:42:17	00:02:33	02:01:48	
36	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08	00:05:45	02:47:22	00:04:00	01:50:13	
37	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15	00:04:42	02:48:11	00:04:54	01:52:34	
38	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25	00:04:25	02:51:28	00:02:53	01:57:11	
39	RADZIK TOMASZ	752	FITNATION	NOWY SĄCZ	POL	M40-44		00:41:11	00:04:02	02:48:19	00:03:21	01:55:18	
40	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCŁAW	POL	M40-44		00:38:16	00:03:50	02:44:43	00:02:37	02:06:53	
41	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05	00:04:06	02:47:36	00:03:31	02:01:47	
42	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01	00:06:12	02:51:00	00:02:47	02:00:06	
43	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42	00:03:54	02:57:12	00:05:39	01:49:13	
44	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22	00:04:03	03:00:18	00:02:50	01:55:44	
45	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30	00:03:10	02:59:29	00:02:33	01:59:43	
46	POMASTOWSKI DARIUSZ	742		WĄBRZEŻNO	POL	M40-44		00:44:55	00:05:46	02:58:45	00:04:00	01:59:20	
47	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07	00:05:54	03:00:22	00:02:25	01:51:10	
48	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BEŁCHATÓW	POL	M40-44		00:46:22	00:05:04	02:53:10	00:04:12	02:00:34	
49	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30	00:04:38	03:03:01	00:03:52	01:49:37	
50	KONIEC PIOTR	637	IRONTATA	BYDGOSZCZ	POL	M40-44		00:38:58	00:03:00	02:52:59	00:03:08	02:22:55	
51	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18	00:03:31	03:05:04	00:02:43	02:11:13	
52	KAZIMIERCZYK ADAM	620	PTT DELTA	PŁOCK	POL	M40-44	PTT DELTA	00:34:51	00:04:47	03:25:09	00:02:46	01:54:00	
53	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42	00:05:19	03:02:53	00:03:50	02:22:05	
54	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35	00:04:53	03:19:27	00:02:10	01:44:27	
55	KLEIBER PIOTR	629	WUEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02	00:05:02	03:13:01	00:04:18	02:04:01	
56	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59	00:05:10	03:13:59	00:03:45	02:26:41	
57	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04	00:05:43	03:03:32	00:03:30	02:36:34	
58	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39	00:05:14	03:27:42	00:04:27	02:18:28	
59	DOLHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28	00:04:47	03:24:13	00:04:15	02:46:16	
60	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09	00:08:31	03:19:14	00:07:05	03:01:34	
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01	DNF	00:02:46	00:00:00	00:00:00	
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05	DNF	00:02:22	02:24:19	00:01:49	00:00:00
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53	DNF	00:02:59	02:38:14	00:02:38	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K45-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	FIJOLEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSZAWA	POL	K45-49		00:39:20	00:03:47	02:29:34	00:02:08	01:33:53
2	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02	00:04:03	02:55:00	00:02:49	01:50:33
3	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11	00:04:46	02:55:38	00:03:03	01:57:06
4	BARANOWSKA KORNELIA	514		GDAŃSK	POL	K45-49		00:39:38	00:05:13	02:58:18	00:03:03	02:05:14



**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M45-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42	00:02:38	02:19:44	00:01:35	01:23:31
2	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17	00:02:47	02:17:21	00:02:02	01:31:20
3	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53	00:02:31	02:25:31	00:02:17	01:40:40
4	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYN	POL	M45-49		00:33:24	00:04:08	02:27:18	00:02:01	01:35:14
5	JAROŃ TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03	00:03:46	02:29:31	00:02:17	01:41:07
6	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13	00:03:15	02:25:46	00:02:22	01:48:24
7	NAFALSKI RAJMUND	703	TEAMKARAS	WARSAW	POL	M45-49		00:33:03	00:03:08	02:35:34	00:01:56	01:37:23
8	SOBCZAK MARCIN	772	TRISPACE/TREK	ŻOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51	00:03:04	02:37:35	00:02:50	01:39:27
9	KRYGIELSKI KRZYSZTOF	651	CRYOSPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33	00:04:01	02:41:12	00:02:43	01:31:20
10	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25	00:03:40	02:36:08	00:02:28	01:43:56
11	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56	00:04:25	02:36:19	00:02:32	01:38:26
12	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47	00:03:01	02:39:01	00:01:31	01:43:20
13	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	ĮTORUŃ	POL	M45-49		00:37:29	00:03:46	02:32:01	00:03:57	01:47:09
14	PIEKARSKI MAREK	679		GRUDZIADZ	POL	M45-49		00:36:59	00:04:31	02:37:35	00:02:28	01:49:13
15	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28	00:03:34	02:44:20	00:03:57	01:46:31
16	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38	00:04:05	02:41:37	00:02:27	01:43:15
17	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34	00:03:55	02:44:01	00:04:10	01:42:46
18	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52	00:02:59	02:42:10	00:03:05	01:58:18
19	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21	00:03:55	02:36:39	00:04:56	01:49:33
20	KĄŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29	00:03:23	02:39:44	00:02:35	02:04:02
21	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16	00:04:24	02:47:13	00:04:32	01:52:01
22	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22	00:05:26	02:44:39	00:04:28	01:50:01
23	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44	00:05:42	02:37:41	00:04:10	01:53:52
24	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50	00:04:34	02:54:54	00:02:31	01:55:23
25	BLÁHA JAN	527		PARDOBICE	CZE	M45-49		00:41:02	00:04:03	02:52:22	00:02:20	01:52:30
26	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31	00:04:39	02:42:06	00:03:05	01:58:12
27	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35	00:04:06	02:50:40	00:02:28	01:58:21
28	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41	00:02:32	02:56:31	00:02:35	02:02:21
29	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32	00:03:02	02:57:41	00:02:39	01:52:37
30	KORSAKOV KOSTIANTYN	641	-	WARSAWA	UKR	M45-49		00:37:35	00:06:30	03:02:10	00:03:59	01:48:22
31	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53	00:05:38	03:02:05	00:03:37	01:48:58
32	PELANT RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48	00:05:06	02:57:35	00:03:32	02:06:07
33	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46	00:04:41	02:55:14	00:03:31	02:06:11
34	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16	00:03:49	02:58:23	00:03:08	02:08:37
35	CHALAMOŃSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49	00:04:00	02:57:37	00:04:06	02:08:48
36	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46	00:06:00	03:14:13	00:04:01	01:44:05
37	WITCZAK DARIUSZ	824	ROSZPUNEK	KRĄPLEWICE	POL	M45-49		00:45:39	00:04:34	03:00:54	00:02:32	01:59:15
38	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57	00:04:45	02:59:18	00:03:46	02:12:33
39	LIPŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13	00:05:20	03:09:25	00:04:04	02:07:50
40	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15	00:03:04	03:12:16	00:03:34	02:15:07
41	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15	00:04:44	03:24:14	00:04:00	02:04:41
42	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25	00:02:58	03:27:47	00:02:43	02:13:53
43	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02	00:08:57	03:13:27	00:05:09	02:20:35
44	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30	00:05:57	03:18:07	00:04:24	02:47:27
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39	00:04:28	02:54:14	00:05:51	01:21:57
	POROŚŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF	00:00:00	00:00:00	00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M50-54**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYNIA	POL	M50-54		00:31:12	00:02:42	02:28:38	00:03:01	01:33:11
2	SOCHA TOMASZ	775	TRINERGY TEAM	WARSAW	POL	M50-54		00:32:19	00:03:13	02:31:23	00:02:32	01:33:20

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M50-54 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
3	PATALON PIOTR	721	ORKAMASTERS IŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46	00:02:50	02:37:48	00:01:59	01:41:55
4	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12	00:04:23	02:31:52	00:03:39	01:57:49
5	SKROK KRZYSZTOF	769	RYKOWISKO	PŁOCK	POL	M50-54		00:41:07	00:03:53	02:44:47	00:02:53	01:41:33
6	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47	00:04:35	02:45:02	00:03:35	01:39:17
7	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48	00:04:07	02:51:20	00:03:25	01:51:48
8	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42	00:03:31	02:50:18	00:03:23	01:43:36
9	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59	00:04:39	02:47:53	00:03:08	01:44:58
10	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40	00:04:36	02:43:51	00:02:36	01:56:23
11	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32	00:05:31	02:47:18	00:03:19	01:52:22
12	BUCHAL GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16	00:06:13	02:49:31	00:04:04	01:59:45
13	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44	00:08:41	02:53:28	00:06:24	01:50:50
14	PACZKOWSKI MIROŚŁAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17	00:05:30	03:07:31	00:04:58	02:01:29
15	ILLEK ARKAJUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58	00:06:28	03:19:16	00:05:43	02:22:24
16	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07	00:05:58	03:14:54	00:05:19	02:44:19
17	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54	00:06:15	03:31:53	00:07:04	02:27:20
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13 DNF	00:06:20		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M55-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻAZNA	POL	M55-59		00:39:03	00:05:26	03:10:15	00:04:30	02:18:43
2	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11	00:05:59	03:23:34	00:03:36	01:59:38
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31 DNF	00:03:02	02:42:48	00:02:19	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M60-64**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26	00:04:54	02:43:28	00:03:07	01:55:37
2	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11	00:04:55	02:51:38	00:05:11	02:08:04
3	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40	00:05:41	03:29:32	00:05:43	02:36:22

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M65-69**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MĄCZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31				02:03:15