

# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Organiser: Towarzystwo Sportowe TRI-SPORT  
 Date: 2020-08-22  
 Place: Bydgoszcz  
 Distance: 113 km



## Results for the split 77.15 km

Klasyfikacja wg czasów netto.

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming 1.9km	T1	Cycling 89.9km	T2	Race 20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19 (2)	00:02:00	02:12:21 (1)	00:01:02	01:17:50 (2)
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCŁAW	POL	M25-29		00:23:18 (1)	00:02:29	02:16:17 (3)	00:01:34	01:23:35 (7)
3	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59 (28)	00:02:34	02:14:00 (2)	00:01:52	01:29:09 (15)
4	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23 (5)	00:02:33	02:21:02 (11)	00:01:32	01:30:15 (18)
5	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17 (32)	00:02:47	02:17:21 (5)	00:02:02	01:31:20 (21)
6	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCŁAW	POL	M40-44		00:32:18 (51)	00:03:32	02:16:29 (4)	00:02:19	01:26:07 (10)
7	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55 (27)	00:02:57	02:18:49 (6)	00:01:24	01:30:32 (19)
8	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42 (39)	00:02:38	02:19:44 (8)	00:01:35	01:23:31 (5)
9	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53 (10)	00:02:31	02:25:31 (25)	00:02:17	01:40:40 (58)
10	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50 (6)	00:02:34	02:24:09 (17)	00:02:16	01:27:28 (13)
11	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25 (8)	00:02:32	02:24:59 (21)	00:01:41	01:29:18 (16)
12	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUŃ	POL	M40-44		00:34:33 (95)	00:02:11	02:19:02 (7)	00:01:32	01:26:45 (11)
13	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCŁAW	POL	M30-34		00:29:27 (16)	00:02:28	02:24:55 (20)	00:01:34	01:39:01 (48)
14	MALICKI MICHAŁ	681	WARSZAWA	WARSZAWA	POL	M30-34		00:29:05 (14)	00:03:05	02:24:47 (19)	00:02:03	01:40:45 (59)
15	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18 (52)	00:02:36	02:22:05 (13)	00:02:07	01:25:36 (8)
16	MAZUR PAWEŁ	687	NAJMOWICZ TRIATHLON/TRS SUSZ	GRUDZIĄDZ	POL	M30-34		00:28:20 (7)	00:02:38	02:28:12 (36)	00:02:08	01:26:06 (9)
17	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43 (40)	00:02:43	02:23:01 (15)	00:01:31	01:41:30 (66)
18	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39 (37)	00:02:27	02:23:10 (16)	00:01:28	01:33:07 (26)
19	GRYCZ KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56 (44)	00:03:13	02:21:42 (12)	00:01:55	01:27:25 (12)
20	PIOSIK EMIL	736		POZNAŃ	POL	M30-34		00:33:08 (68)	00:03:24	02:20:29 (10)	00:01:40	01:22:55 (4)
21	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13 (31)	00:03:15	02:25:46 (27)	00:02:22	01:48:24 (110)
22	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32 (36)	00:02:14	02:25:50 (28)	00:01:17	01:36:06 (37)
23	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33 (77)	00:03:53	02:22:26 (14)	00:02:48	01:41:08 (63)
24	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25 (56)	00:02:40	02:25:40 (26)	00:02:04	01:31:07 (20)
25	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYŃIA	POL	M50-54		00:31:12 (29)	00:02:42	02:28:38 (37)	00:03:01	01:33:11 (27)
26	MIZERIA PRZEMYSŁAW	699		DZIAŁDOWO	POL	M25-29		00:31:45 (41)	00:03:51	02:26:22 (30)	00:02:20	01:46:27 (95)
27	LESIŃSKI JAROSŁAW	663		POBIEDZISKA	POL	M40-44		00:28:58 (12)	00:03:06	02:30:04 (41)	00:01:43	01:42:22 (70)
28	JAROŃ TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03 (13)	00:03:46	02:29:31 (38)	00:02:17	01:41:07 (61)
29	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14 (89)	00:02:27	02:25:23 (24)	00:01:29	01:16:46 (1)
30	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24 (55)	00:02:26	02:27:24 (35)	00:01:40	01:37:28 (42)
31	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09 (15)	00:02:52	02:30:12 (44)	00:02:51	01:44:43 (87)
32	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24 (71)	00:02:48	02:25:57 (29)	00:02:07	01:23:34 (6)
33	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45 (9)	00:03:16	02:33:57 (61)	00:01:52	02:07:12 (209)
34	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICIE	POL	M35-39	TRIZARZA	00:31:12 (30)	00:03:16	02:29:58 (40)	00:02:20	01:48:06 (106)
35	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYSŁ	POL	M40-44		00:35:48 (116)	00:02:21	02:26:30 (31)	00:01:37	01:36:33 (40)
36	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYŃ	POL	M45-49		00:33:24 (70)	00:04:08	02:27:18 (34)	00:02:01	01:35:14 (34)
37	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19 (110)	00:05:00	02:24:59 (22)	00:02:40	01:28:55 (14)
38	RYŃKO PAWEŁ	759	NAJMOWICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36 (79)	00:02:32	02:30:07 (42)	00:01:57	01:29:48 (17)
39	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07 (67)	00:03:10	02:30:45 (47)	00:04:35	01:47:36 (103)
40	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15 (69)	00:02:33	02:30:12 (43)	00:02:08	01:41:07 (62)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
41	HELAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44 (58)	00:03:08	02:30:44 (46)	00:01:53	01:33:41 (29)
42	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39 (113)	00:02:44	02:27:06 (32)	00:02:05	01:47:06 (98)
43	RYBAK REMIGIUSZ	756	BIKE U UP	BIAŁEBŁOTA	POL	M40-44		00:37:01 (141)	00:03:13	02:25:07 (23)	00:01:46	01:47:30 (102)
44	SOCHA TOMASZ	775	TRINERGY TEAM	WARSAW	POL	M50-54		00:32:19 (54)	00:03:13	02:31:23 (48)	00:02:32	01:33:20 (28)
45	HAJNOS-MĄŁECKA MARIA	507	CTS	SZAFLARY	POL	K35-39		00:30:33 (23)	00:02:41	02:35:11 (68)	00:01:57	01:36:09 (38)
46	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54 (85)	00:02:32	02:30:39 (45)	00:02:29	01:46:13 (93)
47	OSOWSKI ADAM	716	ROZBIEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39 (129)	00:03:36	02:27:15 (33)	00:03:06	01:44:10 (83)
48	KILIJANČZYK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29 (76)	00:02:32	02:32:57 (55)	00:01:43	01:32:20 (23)
49	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51 (60)	00:02:50	02:33:19 (56)	00:02:11	01:49:43 (122)
50	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25 (73)	00:03:22	02:33:30 (57)	00:01:46	01:59:17 (183)
51	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58 (104)	00:03:46	02:31:53 (50)	00:01:24	01:54:32 (158)
52	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57 (62)	00:03:21	02:33:43 (58)	00:02:22	01:40:50 (60)
53	WYSMOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35 (78)	00:03:03	02:33:49 (60)	00:02:49	01:45:13 (92)
54	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31 (22)	00:05:20	02:34:27 (64)	00:02:55	02:13:31 (223)
55	PIETROWSKI SZYMON	734	KS KONIEC KIEPSZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28 (74)	00:04:44	02:32:31 (54)	00:02:47	01:41:28 (65)
56	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16 (107)	00:03:17	02:32:12 (52)	00:02:16	01:39:52 (53)
57	NAFALSKI RAJMUND	703	TEAMKARAŚ	WARSAW	POL	M45-49		00:33:03 (65)	00:03:08	02:35:34 (69)	00:01:56	01:37:23 (41)
58	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAŚ	ELBLAG	POL	M40-44		00:33:57 (87)	00:03:25	02:34:48 (65)	00:01:59	01:44:28 (86)
59	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37 (57)	00:04:12	02:36:37 (74)	00:02:19	01:48:22 (109)
60	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39 (17)	00:04:56	02:38:25 (86)	00:02:43	01:42:21 (69)
61	GACKA RAFAL	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07 (106)	00:03:16	02:34:27 (63)	00:02:07	01:32:57 (25)
62	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25 (72)	00:03:40	02:36:08 (71)	00:02:28	01:43:56 (80)
63	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	ŁTORUŃ	POL	M45-49		00:37:29 (152)	00:03:46	02:32:01 (51)	00:03:57	01:47:09 (100)
64	SOBCZAK MARCIN	772	TRISPACE/TREK	ŻOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51 (83)	00:03:04	02:37:35 (79)	00:02:50	01:39:27 (52)
65	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53 (42)	00:03:47	02:39:06 (90)	00:02:04	01:39:20 (51)
66	FIJOLEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSZAWA	POL	K45-49		00:39:20 (191)	00:03:47	02:29:34 (39)	00:02:08	01:33:53 (32)
67	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56 (86)	00:02:54	02:38:10 (84)	00:01:51	02:03:57 (198)
68	PATALON PIOTR	721	ORKAMASTERS ŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46 (98)	00:02:50	02:37:48 (83)	00:01:59	01:41:55 (68)
69	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54 (43)	00:03:02	02:40:26 (96)	00:01:28	01:41:20 (64)
70	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20 (33)	00:03:58	02:39:47 (95)	00:02:20	01:44:18 (84)
71	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58 (63)	00:03:33	02:39:15 (92)	00:02:04	01:48:41 (111)
72	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57 (103)	00:04:10	02:36:20 (73)	00:02:16	01:51:11 (134)
73	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07 (88)	00:02:27	02:39:12 (91)	00:01:20	01:42:44 (73)
74	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23 (122)	00:03:27	02:35:41 (70)	00:01:55	01:49:01 (114)
75	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59 (45)	00:03:42	02:40:46 (97)	00:01:55	01:53:18 (154)
76	IDZIKOWSKI MACIEJ	592		WROCŁAW	POL	M30-34		00:32:08 (50)	00:03:45	02:42:23 (107)	00:02:21	01:49:12 (115)
77	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45 (19)	00:03:17	02:43:52 (115)	00:02:11	01:51:01 (131)
78	CHMIEL PIOTR	536	PTT DELTA	WARSZAWA	POL	M30-34	PTT DELTA	00:35:48 (114)	00:05:41	02:34:51 (66)	00:02:29	01:38:13 (45)
79	KONIAJEW WOŁODYMYR	827			UKR	M35-39		00:35:25 (112)	00:04:39	02:36:43 (76)	00:02:56	01:59:04 (181)
80	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32 (94)	00:03:34	02:38:51 (88)	00:03:05	01:38:59 (47)
81	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSZAWA	JABLONNA	POL	M35-39		00:37:31 (154)	00:04:02	02:33:47 (59)	00:02:23	01:51:22 (135)
82	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47 (99)	00:03:01	02:39:01 (89)	00:01:31	01:43:20 (78)
83	CIASTO SEBASTIAN	542		PRZECZLEBIE	POL	M35-39		00:29:44 (18)	00:03:11	02:46:18 (132)	00:02:52	01:58:57 (180)
84	KĄŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29 (93)	00:03:23	02:39:44 (94)	00:02:35	02:04:02 (201)
85	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28 (34)	00:03:34	02:44:20 (119)	00:03:57	01:46:31 (96)
86	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25 (150)	00:03:15	02:37:26 (78)	00:03:02	01:48:11 (107)
87	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06 (120)	00:03:28	02:38:45 (87)	00:02:40	01:43:02 (76)
88	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSAW	POL	K35-39		00:34:41 (97)	00:03:22	02:41:14 (101)	00:02:21	01:32:37 (24)
89	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29 (75)	00:03:52	02:42:32 (108)	00:02:16	01:51:33 (136)
90	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50 (100)	00:02:59	02:41:14 (102)	00:03:02	01:42:36 (72)
91	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25 (92)	00:03:37	02:41:07 (99)	00:03:21	01:50:51 (128)
92	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38 (81)	00:02:44	02:44:09 (117)	00:02:17	01:36:32 (39)
93	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38 (80)	00:03:02	02:43:16 (110)	00:02:34	01:51:36 (137)
94	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12 (224)	00:04:23	02:31:52 (49)	00:03:39	01:57:49 (176)
95	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28 (195)	00:04:32	02:35:05 (67)	00:03:28	01:33:52 (31)

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POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
96	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56 (164)	00:04:25	02:36:19 (72)	00:02:32	01:38:26 (46)
97	PIEKARSKI MAREK	679		GRUDZIĄDZ	POL	M45-49		00:36:59 (140)	00:04:31	02:37:35 (80)	00:02:28	01:49:13 (117)
98	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01 (4)	00:04:19	02:52:34 (174)	00:02:45	01:39:01 (49)
99	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17 (108)	00:03:23	02:43:18 (111)	00:02:10	01:49:36 (120)
100	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19 (90)	00:03:41	02:45:23 (130)	00:02:38	01:51:01 (132)
101	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07 (21)	00:04:26	02:48:11 (146)	00:02:52	01:40:18 (56)
102	KRYGIELSKI KRZYSZTOF	651	CRYSOPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33 (125)	00:04:01	02:41:12 (100)	00:02:43	01:31:20 (22)
103	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38 (128)	00:04:05	02:41:37 (103)	00:02:27	01:43:15 (77)
104	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53 (61)	00:03:49	02:46:34 (134)	00:02:45	01:51:52 (141)
105	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39 (25)	00:03:09	02:54:29 (183)	00:02:20	01:52:12 (146)
106	CHRAPKOWSKI MARCEL	541	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M35-39		00:33:41 (82)	00:03:29	02:45:46 (131)	00:03:03	01:42:35 (71)
107	MAŚKIEWICZ MICHAŁ	685	ORKA MASTERS ŁAWA	ŁAWA	POL	M35-39		00:35:48 (115)	00:02:37	02:44:55 (126)	00:02:07	01:52:03 (143)
108	KOWALSKI MICHAŁ	645	TRIWIS\POLKAS	KRAKÓW	POL	M30-34		00:35:18 (109)	00:03:41	02:44:16 (118)	00:02:18	01:34:25 (33)
109	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52 (163)	00:02:59	02:42:10 (105)	00:03:05	01:58:18 (178)
110	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZŁOTOW	POL	M40-44		00:37:26 (151)	00:04:11	02:42:17 (106)	00:02:33	02:01:48 (193)
111	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54 (182)	00:04:05	02:41:01 (98)	00:02:21	01:38:10 (44)
112	JOACHIMIAK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCLAW	POL	M25-29		00:41:38 (222)	00:02:56	02:39:24 (93)	00:02:11	01:35:33 (35)
113	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46 (133)	00:03:35	02:44:52 (125)	00:01:22	02:06:38 (207)
114	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50 (160)	00:03:17	02:45:22 (129)	00:02:39	01:54:11 (157)
115	KASTRAU TOMASZ	618	PĘDZĄCY ŻÓŁW	MUROWANIEC	POL	M35-39		00:32:19 (53)	00:04:53	02:51:52 (170)	00:03:57	01:52:29 (149)
116	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24 (123)	00:05:32	02:44:28 (120)	00:02:35	01:49:24 (118)
117	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41 (207)	00:06:48	02:37:08 (77)	00:03:05	01:47:08 (99)
118	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21 (240)	00:03:55	02:36:39 (75)	00:04:56	01:49:33 (119)
119	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19 (148)	00:03:34	02:44:48 (124)	00:02:16	01:46:21 (94)
120	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCLAW	POL	M40-44		00:38:16 (172)	00:03:50	02:44:43 (122)	00:02:37	02:06:53 (208)
121	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03 (169)	00:04:43	02:43:48 (113)	00:02:13	01:55:24 (163)
122	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53 (102)	00:03:20	02:50:43 (159)	00:02:17	01:47:42 (104)
123	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38 (24)	00:03:46	02:54:00 (179)	00:02:14	01:50:53 (129)
124	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20 (91)	00:04:01	02:49:51 (153)	00:02:39	02:08:12 (213)
125	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23 (149)	00:04:17	02:46:59 (135)	00:03:17	01:33:42 (30)
126	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59 (166)	00:04:07	02:47:27 (141)	00:04:03	01:39:58 (54)
127	JARMUŻEK MIKOŁAJ	600	APPTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10 (144)	00:04:31	02:47:20 (139)	00:04:08	02:26:36 (250)
128	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58 (139)	00:03:28	02:50:56 (161)	00:04:02	01:52:10 (145)
129	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16 (147)	00:04:24	02:47:13 (137)	00:04:32	01:52:01 (142)
130	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34 (197)	00:03:55	02:44:01 (116)	00:04:10	01:42:46 (74)
131	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17 (174)	00:03:41	02:47:09 (136)	00:02:20	01:42:47 (75)
132	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21 (121)	00:03:11	02:32:24 (53)	00:02:26	01:35:58 (36)
133	SKROK KRZYSZTOF	769	RYKOWISKO	PŁOCK	POL	M50-54		00:41:07 (213)	00:03:53	02:44:47 (123)	00:02:53	01:41:33 (67)
134	WAŁĘŻA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52 (117)	00:03:26	02:51:40 (167)	00:02:24	01:52:47 (153)
135	MUCHA ALEKSANDER	700	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M30-34		00:35:59 (119)	00:04:29	02:50:51 (160)	00:04:50	01:55:11 (160)
136	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57 (165)	00:04:11	02:50:12 (155)	00:03:06	01:52:04 (144)
137	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22 (192)	00:05:26	02:44:39 (121)	00:04:28	01:50:01 (123)
138	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08 (143)	00:05:45	02:47:22 (140)	00:04:00	01:50:13 (124)
139	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45 (131)	00:05:22	02:48:48 (151)	00:03:13	01:51:49 (140)
140	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44 (252)	00:05:42	02:37:41 (82)	00:04:10	01:53:52 (155)
141	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47 (134)	00:03:35	02:51:48 (169)	00:03:14	01:57:18 (173)
142	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05 (189)	00:04:06	02:47:36 (143)	00:03:31	02:01:47 (192)
143	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41 (96)	00:02:32	02:56:31 (191)	00:02:35	02:02:21 (196)
144	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49 (20)	00:04:51	02:58:25 (201)	00:02:58	02:23:11 (242)
145	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26 (234)	00:04:54	02:43:28 (112)	00:03:07	01:55:37 (165)
146	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04 (187)	00:04:44	02:47:34 (142)	00:02:57	01:46:43 (97)
147	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26 (194)	00:06:32	02:45:22 (128)	00:03:34	02:13:34 (224)
148	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22 (111)	00:04:07	02:53:32 (178)	00:02:53	01:44:45 (89)
149	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48 (136)	00:04:07	02:51:20 (163)	00:03:25	01:51:48 (139)
150	BUCHAŁ GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16 (146)	00:06:13	02:49:31 (152)	00:04:04	01:59:45 (188)
151	RADZIK TOMASZ	752	FITNATION	NOWY SĄCZ	POL	M40-44		00:41:11 (215)	00:04:02	02:48:19 (149)	00:03:21	01:55:18 (161)

OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
152	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40 (241)	00:04:36	02:43:51 (114)	00:02:36	01:56:23 (167)
153	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55 (208)	00:04:19	02:46:34 (133)	00:01:52	01:44:44 (88)
154	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11 (170)	00:04:55	02:51:38 (165)	00:05:11	02:08:04 (212)
155	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25 (124)	00:04:25	02:51:28 (164)	00:02:53	01:57:11 (172)
156	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15 (205)	00:04:42	02:48:11 (147)	00:04:54	01:52:34 (151)
157	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51 (137)	00:04:54	02:51:38 (166)	00:02:26	01:57:10 (171)
158	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45 (158)	00:03:42	02:51:57 (172)	00:02:43	02:10:58 (217)
159	KONIEC PIOTR	637	IRONTATA	BYDGOSZCZ	POL	M40-44		00:38:58 (184)	00:03:00	02:52:59 (175)	00:03:08	02:22:55 (241)
160	WIŚNIEWSKI PIOTR	822	ZIELONKA	ZIELONKA	POL	M35-39		00:38:18 (175)	00:04:03	02:51:47 (168)	00:03:39	02:02:06 (194)
161	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35 (198)	00:03:56	02:50:16 (156)	00:02:26	01:48:42 (112)
162	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16 (171)	00:04:55	02:51:54 (171)	00:03:24	02:23:43 (244)
163	KMIECIK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46 (132)	00:03:35	02:56:53 (192)	00:02:46	01:43:56 (81)
164	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01 (142)	00:06:12	02:51:00 (162)	00:02:47	02:00:06 (189)
165	LINDNER MAREK	669	FANDOM	WROCŁAW	POL	M40-44		00:39:05 (188)	00:04:48	02:49:56 (154)	00:05:00	01:37:55 (43)
166	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16 (217)	00:04:22	02:48:16 (148)	00:03:53	02:13:28 (222)
167	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47 (237)	00:04:35	02:45:02 (127)	00:03:35	01:39:17 (50)
168	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05 (211)	00:04:12	02:48:40 (150)	00:03:20	01:40:07 (55)
169	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01 (223)	00:04:21	02:48:01 (145)	00:03:38	02:25:19 (248)
170	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32 (226)	00:05:31	02:47:18 (138)	00:03:19	01:52:22 (148)
171	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35 (221)	00:04:06	02:50:40 (158)	00:02:28	01:58:21 (179)
172	BLÁHA JAN	527		PARDUBICE	CZE	M45-49		00:41:02 (210)	00:04:03	02:52:22 (173)	00:02:20	01:52:30 (150)
173	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50 (162)	00:04:34	02:54:54 (184)	00:02:31	01:55:23 (162)
174	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04 (49)	00:04:41	03:03:16 (217)	00:03:25	01:56:50 (168)
175	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13 (203)	00:03:14	02:55:23 (187)	00:02:41	02:14:14 (227)
176	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02 (167)	00:04:03	02:55:00 (185)	00:02:49	01:50:33 (125)
177	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42 (236)	00:03:31	02:50:18 (157)	00:03:23	01:43:36 (79)
178	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31 (266)	00:04:39	02:42:06 (104)	00:03:05	01:58:12 (177)
179	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46 (180)	00:04:41	02:55:14 (186)	00:03:31	02:06:11 (205)
180	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49 (59)	00:03:50	03:06:13 (223)	00:02:50	01:51:00 (130)
181	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59 (244)	00:04:39	02:47:53 (144)	00:03:08	01:44:58 (90)
182	ROGAŁSKI RADOSŁAW	753		MORZEWIEC	POL	M35-39		00:37:46 (159)	00:05:54	02:55:35 (188)	00:03:02	01:54:33 (159)
183	CZEKAŁSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02 (185)	00:04:08	02:56:56 (193)	00:02:41	01:55:36 (164)
184	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42 (200)	00:03:54	02:57:12 (194)	00:05:39	01:49:13 (116)
185	PELANT RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48 (135)	00:05:06	02:57:35 (195)	00:03:32	02:06:07 (204)
186	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22 (177)	00:04:03	03:00:18 (206)	00:02:50	01:55:44 (166)
187	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16 (173)	00:03:49	02:58:23 (200)	00:03:08	02:08:37 (214)
188	CHALAMOŃSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49 (202)	00:04:00	02:57:37 (196)	00:04:06	02:08:48 (215)
189	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14 (204)	00:04:37	02:58:00 (198)	00:02:02	01:57:27 (175)
190	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57 (183)	00:04:45	02:59:18 (204)	00:03:46	02:12:33 (221)
191	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56 (118)	00:04:16	03:01:53 (211)	00:03:19	02:03:57 (199)
192	KROPIDŁOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05 (212)	00:06:00	02:54:07 (180)	00:04:23	02:16:02 (232)
193	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21 (206)	00:04:39	02:56:28 (190)	00:04:17	02:09:35 (216)
194	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06 (190)	00:03:55	03:00:21 (207)	00:01:57	01:59:42 (186)
195	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44 (157)	00:08:41	02:53:28 (177)	00:06:24	01:50:50 (127)
196	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42 (130)	00:05:19	03:02:53 (215)	00:03:50	02:22:05 (239)
197	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57 (11)	00:04:03	03:11:33 (232)	00:02:13	02:06:36 (206)
198	BARANOWSKA KORNELIA	514		GDĄŃSK	POL	K45-49		00:39:38 (199)	00:05:13	02:58:18 (199)	00:03:03	02:05:14 (203)
199	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11 (231)	00:04:46	02:55:38 (189)	00:03:03	01:57:06 (170)
200	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52 (229)	00:03:16	02:59:03 (203)	00:02:09	01:40:30 (57)
201	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BELCHATÓW	POL	M40-44		00:46:22 (255)	00:05:04	02:53:10 (176)	00:04:12	02:00:34 (190)
202	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30 (225)	00:03:10	02:59:29 (205)	00:02:33	01:59:43 (187)
203	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36 (126)	00:06:39	03:01:59 (212)	00:02:34	01:52:12 (147)
204	KORSAKOV KOSTIANTYN	641	-	WARSZAWA	UKR	M45-49		00:37:35 (155)	00:06:30	03:02:10 (214)	00:03:59	01:48:22 (108)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
205	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20 (248)	00:06:04	02:54:15 (182)	00:03:31	02:02:10 (195)
206	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18 (176)	00:03:31	03:05:04 (221)	00:02:43	02:11:13 (219)
207	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32 (249)	00:03:02	02:57:41 (197)	00:02:39	01:52:37 (152)
208	SZYMCZAK JAKUB	790		GDYNIA	POL	M30-34		00:35:04 (105)	00:04:53	03:10:38 (230)	00:03:36	02:17:55 (233)
209	DAWID ŁUKASZ	551	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M30-34		00:39:34 (196)	00:03:52	03:04:50 (219)	00:03:37	02:18:50 (236)
210	BRZOZOWSKI ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52 (181)	00:06:51	03:01:35 (210)	00:02:24	02:15:54 (231)
211	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59 (64)	00:05:10	03:13:59 (238)	00:03:45	02:26:41 (251)
212	POMASTOWSKI DARIUSZ	742		WĄBRZEŻNO	POL	M40-44		00:44:55 (243)	00:05:46	02:58:45 (202)	00:04:00	01:59:20 (184)
213	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01 (209)	00:04:39	03:04:54 (220)	00:03:46	01:50:41 (126)
214	KLEIBER PIOTR	629	WUFEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02 (168)	00:05:02	03:13:01 (234)	00:04:18	02:04:01 (200)
215	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07 (247)	00:05:54	03:00:22 (208)	00:02:25	01:51:10 (133)
216	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53 (238)	00:05:38	03:02:05 (213)	00:03:37	01:48:58 (113)
217	WITCZAK DARIUSZ	824	ROSZPUNEK	KRAPLEWICE	POL	M45-49		00:45:39 (251)	00:04:34	03:00:54 (209)	00:02:32	01:59:15 (182)
218	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19 (219)	00:04:05	03:08:26 (226)	00:02:34	01:56:51 (169)
219	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻĄNA	POL	M55-59		00:39:03 (186)	00:05:26	03:10:15 (229)	00:04:30	02:18:43 (235)
220	KLAWIE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32 (227)	00:07:33	03:05:14 (222)	00:06:05	02:34:56 (255)
221	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04 (253)	00:05:43	03:03:32 (218)	00:03:30	02:36:34 (257)
222	PACZKOWSKI MIROŚLAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17 (239)	00:05:30	03:07:31 (224)	00:04:58	02:01:29 (191)
223	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46 (201)	00:06:00	03:14:13 (239)	00:04:01	01:44:05 (82)
224	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40 (179)	00:05:41	03:29:32 (260)	00:05:43	02:36:22 (256)
225	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38 (127)	00:05:01	03:20:09 (250)	00:04:38	02:11:02 (218)
226	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30 (267)	00:04:38	03:03:01 (216)	00:03:52	01:49:37 (121)
227	LIPIŃSKA KINGA	670		GRUDZIĄDZ	POL	K30-34		00:43:26 (235)	00:04:57	03:13:45 (237)	00:02:53	02:27:08 (252)
228	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04 (259)	00:04:23	03:08:19 (225)	00:02:40	02:24:27 (246)
229	KĘDZIERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40 (242)	00:05:35	03:13:16 (235)	00:04:45	02:07:52 (211)
230	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25 (260)	00:05:10	03:08:46 (227)	00:03:40	01:47:27 (101)
231	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15 (254)	00:03:04	03:12:16 (233)	00:03:34	02:15:07 (229)
232	LIPIŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13 (265)	00:05:20	03:09:25 (228)	00:04:04	02:07:50 (210)
233	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07 (246)	00:05:58	03:14:54 (241)	00:05:19	02:44:19 (258)
234	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16 (233)	00:06:07	03:16:57 (242)	00:06:23	02:19:10 (237)
235	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25 (193)	00:02:58	03:27:47 (259)	00:02:43	02:13:53 (226)
236	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13 (232)	00:07:15	03:17:49 (244)	00:03:33	02:15:19 (230)
237	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09 (214)	00:08:31	03:19:14 (247)	00:07:05	03:01:34 (262)
238	DOŁHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28 (178)	00:04:47	03:24:13 (255)	00:04:15	02:46:16 (259)
239	ILLEK ARKAIUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58 (230)	00:06:28	03:19:16 (248)	00:05:43	02:22:24 (240)
240	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15 (216)	00:04:44	03:24:14 (256)	00:04:00	02:04:41 (202)
241	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13 (271)	00:04:54	03:11:28 (231)	00:03:30	02:24:32 (247)
242	KAZIMIERCZYK ADAM	620	PTT DELTA	PŁOCK	POL	M40-44	PTT DELTA	00:34:51 (101)	00:04:47	03:25:09 (257)	00:02:46	01:54:00 (156)
243	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02 (258)	00:08:57	03:13:27 (236)	00:05:09	02:20:35 (238)
244	ZUPA MARTYNA	841	SISU-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	K18-24		00:37:30 (153)	00:03:59	03:32:52 (264)	00:02:17	02:51:22 (261)
245	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05 (245)	00:05:28	03:22:27 (252)	00:03:04	02:14:23 (228)
246	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35 (262)	00:04:53	03:19:27 (249)	00:02:10	01:44:27 (85)
247	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48 (263)	00:04:28	03:22:20 (251)	00:03:08	02:28:32 (254)
248	KRYSPIN MARTA	652	NIE PAŁAM ZAPĄŁEM	GRUDZIĄDZ	POL	K30-34		00:51:17 (269)	00:06:28	03:14:22 (240)	00:05:48	02:23:33 (243)
249	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30 (270)	00:05:57	03:18:07 (245)	00:04:24	02:47:27 (260)
250	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38 (250)	00:06:09	03:24:03 (254)	00:03:10	01:47:44 (105)
251	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48 (275)	00:03:57	03:17:31 (243)	00:03:24	01:51:36 (138)
252	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42 (273)	00:07:03	03:19:02 (246)	00:04:55	02:24:11 (245)
253	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27 (220)	00:05:52	03:30:07 (262)	00:04:19	01:57:26 (174)
254	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11 (268)	00:05:59	03:23:34 (253)	00:03:36	01:59:38 (185)
255	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54 (257)	00:06:15	03:31:53 (263)	00:07:04	02:27:20 (253)
256	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38 (228)	00:03:18	03:44:03 (266)	00:03:15	02:11:35 (220)
257	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19 (264)	00:10:24	03:29:46 (261)	00:05:09	02:13:47 (225)

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
258	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39 (274)	00:05:14	03:27:42 (258)	00:04:27	02:18:28 (234)
259	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38 (276)	00:05:06	03:34:35 (265)	00:03:08	02:26:33 (249)
260	MIELCAREK MATEUSZ	690	MIELCARKS TEAM	GDAŃSK	POL	M30-34	MIELCARKS TEAM	00:41:19 (218)				
261	MAĆCZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31 (261)				02:03:15 (197)
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39 (38)	00:04:28	02:54:14 (181)	00:05:51	01:21:57 (3)
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40 (256)	00:04:28			01:45:03 (91)
	ŚMIGLAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00 DNF (46)	00:02:13	02:19:46 (9)	00:01:42	00:00:00 ()
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05 DNF (66)	00:02:22	02:24:19 (18)	00:01:49	00:00:00 ()
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02 DNF (47)	00:03:20	02:34:14 (62)	00:01:59	00:00:00 ()
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53 DNF (84)	00:02:59	02:38:14 (85)	00:02:38	00:00:00 ()
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31 DNF (35)	00:03:02	02:42:48 (109)	00:02:19	00:00:00 ()
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56 DNF (138)	00:02:59	02:37:36 (81)	00:02:14	00:00:00 ()
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02 DNF (48)		00:00:00 ()	00:00:00	00:00:00 ()
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01 DNF (3)	00:02:46		00:00:00	00:00:00 ()
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50 DNF (161)	00:03:35		00:00:00	00:00:00 ()
	POROŚŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF (0)	00:00:00	00:00:00 (0)	00:00:00	00:00:00 (0)
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF (145)	00:03:13		00:00:00	00:00:00 ()
	JAUMIEŃ ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48 DNF (26)	00:03:13		00:00:00	00:00:00 ()
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13 DNF (272)	00:06:20		00:00:00	00:00:00 ()
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44 DNF (156)	00:05:49		00:00:00	00:00:00 ()

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15	00:02:33	02:30:12	00:02:08	01:41:07
2	HAJNOS-MAŁECKA MARIA	507	CTS	SZAFLARY	POL	K35-39		00:30:33	00:02:41	02:35:11	00:01:57	01:36:09
3	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51	00:02:50	02:33:19	00:02:11	01:49:43
4	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57	00:03:21	02:33:43	00:02:22	01:40:50
5	FJOLEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSZAWA	POL	K45-49		00:39:20	00:03:47	02:29:34	00:02:08	01:33:53
6	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54	00:03:02	02:40:26	00:01:28	01:41:20
7	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSAW	POL	K35-39		00:34:41	00:03:22	02:41:14	00:02:21	01:32:37
8	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50	00:02:59	02:41:14	00:03:02	01:42:36
9	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17	00:03:23	02:43:18	00:02:10	01:49:36
10	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39	00:03:09	02:54:29	00:02:20	01:52:12
11	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38	00:03:46	02:54:00	00:02:14	01:50:53
12	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35	00:03:56	02:50:16	00:02:26	01:48:42
13	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02	00:04:03	02:55:00	00:02:49	01:50:33
14	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49	00:03:50	03:06:13	00:02:50	01:51:00
15	CZEKALSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02	00:04:08	02:56:56	00:02:41	01:55:36

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Kobiety c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
16	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56	00:04:16	03:01:53	00:03:19	02:03:57
17	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06	00:03:55	03:00:21	00:01:57	01:59:42
18	BARANOWSKA KORNELIA	514		GDAŃSK	POL	K45-49		00:39:38	00:05:13	02:58:18	00:03:03	02:05:14
19	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11	00:04:46	02:55:38	00:03:03	01:57:06
20	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01	00:04:39	03:04:54	00:03:46	01:50:41
21	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38	00:05:01	03:20:09	00:04:38	02:11:02
22	LIPIŃSKA KINGA	670		GRUDZIĄDZ	POL	K30-34		00:43:26	00:04:57	03:13:45	00:02:53	02:27:08
23	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25	00:05:10	03:08:46	00:03:40	01:47:27
24	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16	00:06:07	03:16:57	00:06:23	02:19:10
25	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13	00:04:54	03:11:28	00:03:30	02:24:32
26	ZUPA MARTYNA	841	SISU-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	K18-24		00:37:30	00:03:59	03:32:52	00:02:17	02:51:22
27	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05	00:05:28	03:22:27	00:03:04	02:14:23
28	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48	00:04:28	03:22:20	00:03:08	02:28:32
29	KRYSPIŃ MARTA	652	NIE PAŁAM ZAPALEM	GRUDZIĄDZ	POL	K30-34		00:51:17	00:06:28	03:14:22	00:05:48	02:23:33
30	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48	00:03:57	03:17:31	00:03:24	01:51:36
31	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38	00:03:18	03:44:03	00:03:15	02:11:35
32	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38	00:05:06	03:34:35	00:03:08	02:26:33
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF	00:03:13		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19	00:02:00	02:12:21	00:01:02	01:17:50
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCLAW	POL	M25-29		00:23:18	00:02:29	02:16:17	00:01:34	01:23:35
3	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59	00:02:34	02:14:00	00:01:52	01:29:09
4	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23	00:02:33	02:21:02	00:01:32	01:30:15
5	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17	00:02:47	02:17:21	00:02:02	01:31:20
6	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCLAW	POL	M40-44		00:32:18	00:03:32	02:16:29	00:02:19	01:26:07
7	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55	00:02:57	02:18:49	00:01:24	01:30:32
8	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42	00:02:38	02:19:44	00:01:35	01:23:31
9	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53	00:02:31	02:25:31	00:02:17	01:40:40
10	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50	00:02:34	02:24:09	00:02:16	01:27:28
11	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25	00:02:32	02:24:59	00:01:41	01:29:18
12	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUN	POL	M40-44		00:34:33	00:02:11	02:19:02	00:01:32	01:26:45
13	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCLAW	POL	M30-34		00:29:27	00:02:28	02:24:55	00:01:34	01:39:01
14	MALICKI MICHAŁ	681		WARSZAWA	POL	M30-34		00:29:05	00:03:05	02:24:47	00:02:03	01:40:45
15	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18	00:02:36	02:22:05	00:02:07	01:25:36
16	MAZUR PAWEŁ	687	NAJMOVICZ TRIATHLON/TRS SUSZ	GRUDZIĄDZ	POL	M30-34		00:28:20	00:02:38	02:28:12	00:02:08	01:26:06
17	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43	00:02:43	02:23:01	00:01:31	01:41:30
18	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39	00:02:27	02:23:10	00:01:28	01:33:07
19	GRYCZ KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56	00:03:13	02:21:42	00:01:55	01:27:25
20	PIOSIK EMIL	736	POZNAŃ	POZNAŃ	POL	M30-34		00:33:08	00:03:24	02:20:29	00:01:40	01:22:55
21	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13	00:03:15	02:25:46	00:02:22	01:48:24
22	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32	00:02:14	02:25:50	00:01:17	01:36:06
23	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33	00:03:53	02:22:26	00:02:48	01:41:08
24	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25	00:02:40	02:25:40	00:02:04	01:31:07
25	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYNIA	POL	M50-54		00:31:12	00:02:42	02:28:38	00:03:01	01:33:11
26	MIZERIA PRZEMYSŁAW	699		DZIAŁDOWO	POL	M25-29		00:31:45	00:03:51	02:26:22	00:02:20	01:46:27
27	LESIŃSKI JAROSŁAW	663		POBIEDZISKA	POL	M40-44		00:28:58	00:03:06	02:30:04	00:01:43	01:42:22
28	JAROŃ TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03	00:03:46	02:29:31	00:02:17	01:41:07
29	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14	00:02:27	02:25:23	00:01:29	01:16:46

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
30	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24	00:02:26	02:27:24	00:01:40	01:37:28
31	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09	00:02:52	02:30:12	00:02:51	01:44:43
32	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24	00:02:48	02:25:57	00:02:07	01:23:34
33	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45	00:03:16	02:33:57	00:01:52	02:07:12
34	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICE	POL	M35-39	TRIZARZA	00:31:12	00:03:16	02:29:58	00:02:20	01:48:06
35	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYŚL	POL	M40-44		00:35:48	00:02:21	02:26:30	00:01:37	01:36:33
36	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYN	POL	M45-49		00:33:24	00:04:08	02:27:18	00:02:01	01:35:14
37	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19	00:05:00	02:24:59	00:02:40	01:28:55
38	RYNKO PAWEŁ	759	NAJMOVICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36	00:02:32	02:30:07	00:01:57	01:29:48
39	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07	00:03:10	02:30:45	00:04:35	01:47:36
40	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39	00:02:44	02:27:06	00:02:05	01:47:06
41	HEŁAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44	00:03:08	02:30:44	00:01:53	01:33:41
42	RYBAK REMIGIUSZ	756	BIKE U UP	BIAŁEBŁOTA	POL	M40-44		00:37:01	00:03:13	02:25:07	00:01:46	01:47:30
43	SOCHA TOMASZ	775	TRINERGY TEAM	WARSZAW	POL	M50-54		00:32:19	00:03:13	02:31:23	00:02:32	01:33:20
44	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54	00:02:32	02:30:39	00:02:29	01:46:13
45	OSOWSKI ADAM	716	ROZBIEGANE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39	00:03:36	02:27:15	00:03:06	01:44:10
46	KILJAŃCZYK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29	00:02:32	02:32:57	00:01:43	01:32:20
47	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25	00:03:22	02:33:30	00:01:46	01:59:17
48	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58	00:03:46	02:31:53	00:01:24	01:54:32
49	WYSMOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35	00:03:03	02:33:49	00:02:49	01:45:13
50	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31	00:05:20	02:34:27	00:02:55	02:13:31
51	PIETROWSKI SZYMON	734	KS KONIEC KIEPSCZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28	00:04:44	02:32:31	00:02:47	01:41:28
52	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16	00:03:17	02:32:12	00:02:16	01:39:52
53	NAFALSKI RAJMUND	703	TEAMKARAŚ	WARSZAW	POL	M45-49		00:33:03	00:03:08	02:35:34	00:01:56	01:37:23
54	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAŚ	ELBLAG	POL	M40-44		00:33:57	00:03:25	02:34:48	00:01:59	01:44:28
55	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37	00:04:12	02:36:37	00:02:19	01:48:22
56	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39	00:04:56	02:38:25	00:02:43	01:42:21
57	GACKA RAFAL	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07	00:03:16	02:34:27	00:02:07	01:32:57
58	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25	00:03:40	02:36:08	00:02:28	01:43:56
59	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	ŹTORUŃ	POL	M45-49		00:37:29	00:03:46	02:32:01	00:03:57	01:47:09
60	SOBCZAK MARCIN	772	TRISPACE/TREK	ZOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51	00:03:04	02:37:35	00:02:50	01:39:27
61	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53	00:03:47	02:39:06	00:02:04	01:39:20
62	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56	00:02:54	02:38:10	00:01:51	02:03:57
63	PATALON PIOTR	721	ORKAMASTERS IŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46	00:02:50	02:37:48	00:01:59	01:41:55
64	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20	00:03:58	02:39:47	00:02:20	01:44:18
65	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58	00:03:33	02:39:15	00:02:04	01:48:41
66	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57	00:04:10	02:36:20	00:02:16	01:51:11
67	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07	00:02:27	02:39:12	00:01:20	01:42:44
68	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23	00:03:27	02:35:41	00:01:55	01:49:01
69	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59	00:03:42	02:40:46	00:01:55	01:53:18
70	IDZIKOWSKI MACIEJ	592		WROCŁAW	POL	M30-34		00:32:08	00:03:45	02:42:23	00:02:21	01:49:12
71	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45	00:03:17	02:43:52	00:02:11	01:51:01
72	CHMIEL PIOTR	536	PTT DELTA	WARSZAWA	POL	M30-34	PTT DELTA	00:35:48	00:05:41	02:34:51	00:02:29	01:38:13
73	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32	00:03:34	02:38:51	00:03:05	01:38:59
74	KONIAIEV VOŁODYMYR	827			UKR	M35-39		00:35:25	00:04:39	02:36:43	00:02:56	01:59:04
75	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSZAWA	JABLONNA	POL	M35-39		00:37:31	00:04:02	02:33:47	00:02:23	01:51:22
76	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47	00:03:01	02:39:01	00:01:31	01:43:20
77	CIASTO SEBASTIAN	542		PRZEZCHLEBIE	POL	M35-39		00:29:44	00:03:11	02:46:18	00:02:52	01:58:57
78	KAŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29	00:03:23	02:39:44	00:02:35	02:04:02
79	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28	00:03:34	02:44:20	00:03:57	01:46:31
80	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25	00:03:15	02:37:26	00:03:02	01:48:11
81	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06	00:03:28	02:38:45	00:02:40	01:43:02
82	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29	00:03:52	02:42:32	00:02:16	01:51:33
83	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25	00:03:37	02:41:07	00:03:21	01:50:51



**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
84	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38	00:02:44	02:44:09	00:02:17	01:36:32
85	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38	00:03:02	02:43:16	00:02:34	01:51:36
86	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12	00:04:23	02:31:52	00:03:39	01:57:49
87	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28	00:04:32	02:35:05	00:03:28	01:33:52
88	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56	00:04:25	02:36:19	00:02:32	01:38:26
89	PIEKARSKI MAREK	679		GRUDZIĄDZ	POL	M45-49		00:36:59	00:04:31	02:37:35	00:02:28	01:49:13
90	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01	00:04:19	02:52:34	00:02:45	01:39:01
91	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19	00:03:41	02:45:23	00:02:38	01:51:01
92	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07	00:04:26	02:48:11	00:02:52	01:40:18
93	KRYGIELSKI KRZYSZTOF	651	CRYOSPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33	00:04:01	02:41:12	00:02:43	01:31:20
94	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38	00:04:05	02:41:37	00:02:27	01:43:15
95	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53	00:03:49	02:46:34	00:02:45	01:51:52
96	CHRAPKOWSKI MARCEL	541	WŁOCŁAWEK TRIATHLON TEAM	WŁOCŁAWEK	POL	M35-39		00:33:41	00:03:29	02:45:46	00:03:03	01:42:35
97	MAŚKIEWICZ MICHAŁ	685	ORKA MASTERS IŁAWA	IŁAWA	POL	M35-39		00:35:48	00:02:37	02:44:55	00:02:07	01:52:03
98	KOWALSKI MICHAŁ	645	TRIWISE\POLKAS	KRAKÓW	POL	M30-34		00:35:18	00:03:41	02:44:16	00:02:18	01:34:25
99	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52	00:02:59	02:42:10	00:03:05	01:58:18
100	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZŁOTOW	POL	M40-44		00:37:26	00:04:11	02:42:17	00:02:33	02:01:48
101	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54	00:04:05	02:41:01	00:02:21	01:38:10
102	JOACHIMIAK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCŁAW	POL	M25-29		00:41:38	00:02:56	02:39:24	00:02:11	01:35:33
103	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46	00:03:35	02:44:52	00:01:22	02:06:38
104	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50	00:03:17	02:45:22	00:02:39	01:54:11
105	KASTRAU TOMASZ	618	PĘDZĄCY ŻÓŁW	MUROWANIEC	POL	M35-39		00:32:19	00:04:53	02:51:52	00:03:57	01:52:29
106	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41	00:06:48	02:37:08	00:03:05	01:47:08
107	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24	00:05:32	02:44:28	00:02:35	01:49:24
108	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21	00:03:55	02:36:39	00:04:56	01:49:33
109	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19	00:03:34	02:44:48	00:02:16	01:46:21
110	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCŁAW	POL	M40-44		00:38:16	00:03:50	02:44:43	00:02:37	02:06:53
111	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03	00:04:43	02:43:48	00:02:13	01:55:24
112	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53	00:03:20	02:50:43	00:02:17	01:47:42
113	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20	00:04:01	02:49:51	00:02:39	02:08:12
114	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23	00:04:17	02:46:59	00:03:17	01:33:42
115	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59	00:04:07	02:47:27	00:04:03	01:39:58
116	JARMUŻEK MIKOŁAJ	600	APPTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10	00:04:31	02:47:20	00:04:08	02:26:36
117	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58	00:03:28	02:50:56	00:04:02	01:52:10
118	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16	00:04:24	02:47:13	00:04:32	01:52:01
119	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34	00:03:55	02:44:01	00:04:10	01:42:46
120	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17	00:03:41	02:47:09	00:02:20	01:42:47
121	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21	00:03:11	02:32:24	00:02:06	01:35:58
122	SKROK KRZYSZTOF	769	RYKOWISKO	PŁOCK	POL	M50-54		00:41:07	00:03:53	02:44:47	00:02:53	01:41:33
123	WAŁĘZA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52	00:03:26	02:51:40	00:02:24	01:52:47
124	MUCHA ALEKSANDER	700	WŁOCŁAWEK TRIATHLON TEAM	WŁOCŁAWEK	POL	M30-34		00:35:59	00:04:29	02:50:51	00:04:50	01:55:11
125	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57	00:04:11	02:50:12	00:03:06	01:52:04
126	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22	00:05:26	02:44:39	00:04:28	01:50:01
127	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08	00:05:45	02:47:22	00:04:00	01:50:13
128	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45	00:05:22	02:48:48	00:03:13	01:51:49
129	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44	00:05:42	02:37:41	00:04:10	01:53:52
130	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47	00:03:35	02:51:48	00:03:14	01:57:18
131	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05	00:04:06	02:47:36	00:03:31	02:01:47
132	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41	00:02:32	02:56:31	00:02:35	02:02:21
133	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49	00:04:51	02:58:25	00:02:58	02:23:11
134	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26	00:04:54	02:43:28	00:03:07	01:55:37
135	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04	00:04:44	02:47:34	00:02:57	01:46:43
136	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26	00:05:32	02:45:22	00:03:34	02:13:34
137	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22	00:04:07	02:53:32	00:02:53	01:44:45
138	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48	00:04:07	02:51:20	00:03:25	01:51:48

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
139	BUCHAL GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16	00:06:13	02:49:31	00:04:04	01:59:45
140	RADZIK TOMASZ	752	FITNATION	NOWY SACZ	POL	M40-44		00:41:11	00:04:02	02:48:19	00:03:21	01:55:18
141	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40	00:04:36	02:43:51	00:02:36	01:56:23
142	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55	00:04:19	02:46:34	00:01:52	01:44:44
143	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11	00:04:55	02:51:38	00:05:11	02:08:04
144	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25	00:04:25	02:51:28	00:02:53	01:57:11
145	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15	00:04:42	02:48:11	00:04:54	01:52:34
146	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51	00:04:54	02:51:38	00:02:26	01:57:10
147	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45	00:03:42	02:51:57	00:02:43	02:10:58
148	KONIEC PIOTR	637	IRON TATA	BYDGOSZCZ	POL	M40-44		00:38:58	00:03:00	02:52:59	00:03:08	02:22:55
149	WIŚNIEWSKI PIOTR	822		ZIELONKA	POL	M35-39		00:38:18	00:04:03	02:51:47	00:03:39	02:02:06
150	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16	00:04:55	02:51:54	00:03:24	02:23:43
151	KMIECIK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46	00:03:35	02:56:53	00:02:46	01:43:56
152	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01	00:06:12	02:51:00	00:02:47	02:00:06
153	LINDNER MAREK	669	FANDOM	WROCŁAW	POL	M40-44		00:39:05	00:04:48	02:49:56	00:05:00	01:37:55
154	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16	00:04:22	02:48:16	00:03:53	02:13:28
155	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47	00:04:35	02:45:02	00:03:35	01:39:17
156	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05	00:04:12	02:48:40	00:03:20	01:40:07
157	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01	00:04:21	02:48:01	00:03:38	02:25:19
158	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32	00:05:31	02:47:18	00:03:19	01:52:22
159	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35	00:04:06	02:50:40	00:02:28	01:58:21
160	BLÁHA JAN	527		PARDUBICE	CZE	M45-49		00:41:02	00:04:03	02:52:22	00:02:20	01:52:30
161	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50	00:04:34	02:54:54	00:02:31	01:55:23
162	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04	00:04:41	03:03:16	00:03:25	01:56:50
163	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13	00:03:14	02:55:23	00:02:41	02:14:14
164	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42	00:03:31	02:50:18	00:03:23	01:43:36
165	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31	00:04:39	02:42:06	00:03:05	01:58:12
166	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46	00:04:41	02:55:14	00:03:31	02:06:11
167	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59	00:04:39	02:47:53	00:03:08	01:44:58
168	ROGALSKI RADOŚLAW	753		MORZEWIEC	POL	M35-39		00:37:46	00:05:54	02:55:35	00:03:02	01:54:33
169	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42	00:03:54	02:57:12	00:05:39	01:49:13
170	PELANT RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48	00:05:06	02:57:35	00:03:32	02:06:07
171	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22	00:04:03	03:00:18	00:02:50	01:55:44
172	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16	00:03:49	02:58:23	00:03:08	02:08:37
173	CHALAMOŃSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49	00:04:00	02:57:37	00:04:06	02:08:48
174	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14	00:04:37	02:58:00	00:02:02	01:57:27
175	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57	00:04:45	02:59:18	00:03:46	02:12:33
176	KROPIDŁOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05	00:06:00	02:54:07	00:04:23	02:16:02
177	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21	00:04:39	02:56:28	00:04:17	02:09:35
178	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44	00:08:41	02:53:28	00:06:24	01:50:50
179	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42	00:05:19	03:02:53	00:03:50	02:22:05
180	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57	00:04:03	03:11:33	00:02:13	02:06:36
181	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52	00:03:16	02:59:03	00:02:09	01:40:30
182	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BELCHATÓW	POL	M40-44		00:46:22	00:05:04	02:53:10	00:04:12	02:00:34
183	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30	00:03:10	02:59:29	00:02:33	01:59:43
184	KORSAKOV KOSTIANTYN	641	-	WARSZAWA	UKR	M45-49		00:37:35	00:06:30	03:02:10	00:03:59	01:48:22
185	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36	00:06:39	03:01:59	00:02:34	01:52:12
186	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20	00:06:04	02:54:15	00:03:31	02:02:10
187	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18	00:03:31	03:05:04	00:02:43	02:11:13
188	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32	00:03:02	02:57:41	00:02:39	01:52:37
189	SZYMCZAK JAKUB	790		GDYNIA	POL	M30-34		00:35:04	00:04:53	03:10:38	00:03:36	02:17:55
190	DAWID ŁUKASZ	551	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M30-34		00:39:34	00:03:52	03:04:50	00:03:37	02:18:50
191	BRZozowski ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52	00:06:51	03:01:35	00:02:24	02:15:54

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, Mężczyźni c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race	
								1.9km		89.9km		20.849km	
192	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59	00:05:10	03:13:59	00:03:45	02:26:41	
193	POMASTOWSKI DARIUSZ	742		WĄBRZEŻNO	POL	M40-44		00:44:55	00:05:46	02:58:45	00:04:00	01:59:20	
194	KLEIBER PIOTR	629	WUEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02	00:05:02	03:13:01	00:04:18	02:04:01	
195	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07	00:05:54	03:00:22	00:02:25	01:51:10	
196	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53	00:05:38	03:02:05	00:03:37	01:48:58	
197	WITCZAK DARIUSZ	824	ROSZPUNEK	KRAPLEWICE	POL	M45-49		00:45:39	00:04:34	03:00:54	00:02:32	01:59:15	
198	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19	00:04:05	03:08:26	00:02:34	01:56:51	
199	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻAZNA	POL	M55-59		00:39:03	00:05:26	03:10:15	00:04:30	02:18:43	
200	KLAWIE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32	00:07:33	03:05:14	00:06:05	02:34:56	
201	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04	00:05:43	03:03:32	00:03:30	02:36:34	
202	PACZKOWSKI MIROŚŁAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17	00:05:30	03:07:31	00:04:58	02:01:29	
203	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46	00:06:00	03:14:13	00:04:01	01:44:05	
204	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40	00:05:41	03:29:32	00:05:43	02:36:22	
205	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30	00:04:38	03:03:01	00:03:52	01:49:37	
206	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04	00:04:23	03:08:19	00:02:40	02:24:27	
207	KĘDZIERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40	00:05:35	03:13:16	00:04:45	02:07:52	
208	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15	00:03:04	03:12:16	00:03:34	02:15:07	
209	LIPŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13	00:05:20	03:09:25	00:04:04	02:07:50	
210	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07	00:05:58	03:14:54	00:05:19	02:44:19	
211	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25	00:02:58	03:27:47	00:02:43	02:13:53	
212	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13	00:07:15	03:17:49	00:03:33	02:15:19	
213	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09	00:08:31	03:19:14	00:07:05	03:01:34	
214	DOŁHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28	00:04:47	03:24:13	00:04:15	02:46:16	
215	ILLEK ARKAJUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58	00:06:28	03:19:16	00:05:43	02:22:24	
216	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15	00:04:44	03:24:14	00:04:00	02:04:41	
217	KAZIMIERCZYK ADAM	620	PTT DELTA	PŁOCK	POL	M40-44	PTT DELTA	00:34:51	00:04:47	03:25:09	00:02:46	01:54:00	
218	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02	00:08:57	03:13:27	00:05:09	02:20:35	
219	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35	00:04:53	03:19:27	00:02:10	01:44:27	
220	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30	00:05:57	03:18:07	00:04:24	02:47:27	
221	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38	00:06:09	03:24:03	00:03:10	01:47:44	
222	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42	00:07:03	03:19:02	00:04:55	02:24:11	
223	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27	00:05:52	03:30:07	00:04:19	01:57:26	
224	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11	00:05:59	03:23:34	00:03:36	01:59:38	
225	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54	00:06:15	03:31:53	00:07:04	02:27:20	
226	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19	00:10:24	03:29:46	00:05:09	02:13:47	
227	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39	00:05:14	03:27:42	00:04:27	02:18:28	
228	MĄCZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31				02:03:15	
229	MIELCAREK MATEUSZ	690	MIELCARKS TEAM	GDAŃSK	POL	M30-34	MIELCARKS TEAM	00:41:19					
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39	00:04:28	02:54:14	00:05:51	01:21:57	
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40	00:04:28			01:45:03	
	ŚMIGŁAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00	DNF	00:02:13	02:19:46	00:01:42	00:00:00
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05	DNF	00:02:22	02:24:19	00:01:49	00:00:00
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02	DNF	00:03:20	02:34:14	00:01:59	00:00:00
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53	DNF	00:02:59	02:38:14	00:02:38	00:00:00
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31	DNF	00:03:02	02:42:48	00:02:19	00:00:00
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56	DNF	00:02:59	02:37:36	00:02:14	00:00:00
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01	DNF	00:02:46		00:00:00	00:00:00
	JAUMIEN ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48	DNF	00:03:13		00:00:00	00:00:00
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13	DNF	00:06:20		00:00:00	00:00:00
	POROSŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF	00:00:00	00:00:00		00:00:00	00:00:00
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50	DNF	00:03:35		00:00:00	00:00:00
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02	DNF		00:00:00	00:00:00	00:00:00
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44	DNF	00:05:49		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K18-24**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	GIBIEC WIKTORIA	577	SIOSTRY GIBIEC - GIBIEC TEAM	CIESZYN	POL	K18-24		00:31:54	00:03:02	02:40:26	00:01:28	01:41:20
2	JADCZAK MONIKA	596		KROTOSZYN	POL	K18-24		00:30:38	00:03:46	02:54:00	00:02:14	01:50:53
3	KRZYSTOLIK MARTA	654	BODYDRY/FIFAN.PL	KATOWICE	POL	K18-24		00:35:56	00:04:16	03:01:53	00:03:19	02:03:57
4	ZUPA MARTYNA	841	SISU-OWB ROWERTOURL.COM	BYDGOSZCZ	POL	K18-24		00:37:30	00:03:59	03:32:52	00:02:17	02:51:22

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M18-24**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	PORZYCH RAFAŁ	744	RAFSON.TV	NIEMCZ	POL	M18-24		00:32:25	00:02:40	02:25:40	00:02:04	01:31:07
2	WIROWSKI SZYMON	819		BYDGOSZCZ	POL	M18-24		00:29:49	00:04:51	02:58:25	00:02:58	02:23:11
3	STASZKIEWICZ JAKUB	778	STASHKY TEAM	BYDGOSZCZ	POL	M18-24		00:28:57	00:04:03	03:11:33	00:02:13	02:06:36
4	NOVGORODTSEV IVAN	706		DOPIEWIEC	POL	M18-24		00:45:20	00:06:04	02:54:15	00:03:31	02:02:10
DNC	BEJFUS MATEUSZ	520		BYDGOSZCZ	POL	M18-24		00:46:40	00:04:28			01:45:03

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K25-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MENDEL MAGDALENA	689	TRIZARZA / ATHLETICOMED	BYDGOSZCZ	POL	K25-29	TRIZARZA	00:35:17	00:03:23	02:43:18	00:02:10	01:49:36
2	GIBIEC KINGA	575	SIOSTRY GIBIEC	CIESZYN	POL	K25-29		00:30:39	00:03:09	02:54:29	00:02:20	01:52:12
3	JASIŃSKA PATRYCJA	602		TYCHY	POL	K25-29		00:32:49	00:03:50	03:06:13	00:02:50	01:51:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M25-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MARCINEK TOMASZ	503	IRON TEAM TOMASZ MARCINEK	RACIBÓRZ	POL	M25-29	IRON TEAM TOMASZ MARCINEK	00:23:19	00:02:00	02:12:21	00:01:02	01:17:50
2	ADAM KACPER	502	OLIMPIUS/PCG/THESPORT	WROCŁAW	POL	M25-29		00:23:18	00:02:29	02:16:17	00:01:34	01:23:35
3	MIZERIA PRZEMYSŁAW	699		DZIAŁDOWO	POL	M25-29		00:31:45	00:03:51	02:26:22	00:02:20	01:46:27
4	WITKOWSKI MATEUSZ	826	JW 1223	KOSZALIN	POL	M25-29		00:34:14	00:02:27	02:25:23	00:01:29	01:16:46
5	GRACZYK FILIP	582	UKS CITYZEN POZNAŃ/PWC	NEKLA	POL	M25-29		00:33:24	00:02:48	02:25:57	00:02:07	01:23:34
6	BICZKOWSKI KAJETAN	522	ALE TEAM	POZNAŃ	POL	M25-29		00:33:54	00:02:32	02:30:39	00:02:29	01:46:13
7	KURAJ ROBERT	656	UNLIMITED SPORT & LIFESTYLE KRAKÓW	BIELSKO-BIAŁA	POL	M25-29		00:33:25	00:03:22	02:33:30	00:01:46	01:59:17
8	SZYMAŃSKI PIOTR	789	MIELCARKS TEAM	GDAŃSK	POL	M25-29	MIELCARKS TEAM	00:32:37	00:04:12	02:36:37	00:02:19	01:48:22
9	SOBOTA MATEUSZ	774	AUTO - ROBO TEAM	TARNOWSKIE GÓRY	POL	M25-29		00:31:20	00:03:58	02:39:47	00:02:20	01:44:18
10	PIASECKI RADOŚLAW	725		BYDGOSZCZ	POL	M25-29		00:34:32	00:03:34	02:38:51	00:03:05	01:38:59
11	TERPIŁOWSKI MICHAŁ	797		WARSZAWA	POL	M25-29		00:33:29	00:03:52	02:42:32	00:02:16	01:51:33
12	JOACHIMIĄK MAREK	607	TRITOGO / SPRAWNE ŻYWIENIE	INOWROCŁAW	POL	M25-29		00:41:38	00:02:56	02:39:24	00:02:11	01:35:33
13	PIC DAWID	726	KLINIKA TRIATHLONU	OSIELSKO	POL	M25-29	KLINIKA TRIATHLONU	00:34:53	00:03:20	02:50:43	00:02:17	01:47:42
14	NIEDZIAŁKOWSKI PATRYK	704	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	M25-29		00:36:58	00:03:28	02:50:56	00:04:02	01:52:10
15	MIELCAREK JĘDRZEJ	692	MIELCARKS TEAM	POZNAŃ	POL	M25-29	MIELCARKS TEAM	00:38:16	00:04:55	02:51:54	00:03:24	02:23:43
16	SARNECKI PAWEŁ	763		WARSZAWA	POL	M25-29		00:32:04	00:04:41	03:03:16	00:03:25	01:56:50
17	GREJCZYK ALAN	583	CAR GVARANTI	BYDGOSZCZ	POL	M25-29		00:40:13	00:03:14	02:55:23	00:02:41	02:14:14
18	LIBRONT DAWID	667		BYDGOSZCZ	POL	M25-29		00:40:21	00:04:39	02:56:28	00:04:17	02:09:35
19	JOVANOVIĆ MARKO	609	PSK BRDJANKA	ALEKSINAC	SRB	M25-29		00:36:36	00:06:39	03:01:59	00:02:34	01:52:12
20	BRZOZOWSKI ŁUKASZ	529		BYDGOSZCZ	POL	M25-29		00:38:52	00:06:51	03:01:35	00:02:24	02:15:54
21	RYBCZYŃSKI ŁUKASZ	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	BARCIN	POL	M25-29		00:41:19	00:04:05	03:08:26	00:02:34	01:56:51
22	DUDEK ARTUR	557		DOBRCZ	POL	M25-29		00:41:27	00:05:52	03:30:07	00:04:19	01:57:26

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K30-34**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	BISKUPSKA RITA	526	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	K30-34	IRON TEAM TOMASZ MARCINEK	00:33:15	00:02:33	02:30:12	00:02:08	01:41:07
2	LIPIŃSKA KINGA	670		GRUDZIĄDZ	POL	K30-34		00:43:26	00:04:57	03:13:45	00:02:53	02:27:08
3	KAWIK-BARTOSIK ANNA	619		KRAKÓW	POL	K30-34		00:47:25	00:05:10	03:08:46	00:03:40	01:47:27
4	LARSEN-KONIECZNY CHARLOTTE	659		PASIKONIE	POL	K30-34		00:43:16	00:06:07	03:16:57	00:06:23	02:19:10
5	WEBER AGNIESZKA	807		KOZIEGŁOWY	POL	K30-34		00:45:05	00:05:28	03:22:27	00:03:04	02:14:23
6	KRYSPIN MARTA	652	NIE PAŁAM ZAPALEM	GRUDZIĄDZ	POL	K30-34		00:51:17	00:06:28	03:14:22	00:05:48	02:23:33

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M30-34**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	OLSZEWSKI ALEKSANDER	715	TRINERGY TEAM	WROCLAW	POL	M30-34		00:29:27	00:02:28	02:24:55	00:01:34	01:39:01
2	MALICKI MICHAŁ	681		WARSZAWA	POL	M30-34		00:29:05	00:03:05	02:24:47	00:02:03	01:40:45
3	MAZUR PAWEŁ	687	NAJMOWICZ TRIATHLON/TRS SUSZ	GRUDZIĄDZ	POL	M30-34		00:28:20	00:02:38	02:28:12	00:02:08	01:26:06
4	GRYCZ KAMIL	586	TRIZARZA	CIECHANÓW	POL	M30-34	TRIZARZA	00:31:56	00:03:13	02:21:42	00:01:55	01:27:25
5	PIOSIK EMIL	736		POZNAŃ	POL	M30-34		00:33:08	00:03:24	02:20:29	00:01:40	01:22:55
6	STACHURA MATEUSZ	777		ZABRZE	POL	M30-34		00:31:32	00:02:14	02:25:50	00:01:17	01:36:06
7	LIGENZA KAMIL	668	NEON	ŁÓDŹ	POL	M30-34		00:33:33	00:03:53	02:22:26	00:02:48	01:41:08
8	KOWALIKOWSKI DANIEL	642	IRON TEAM TOMASZ MARCINEK	CHOJNICE	POL	M30-34	IRON TEAM TOMASZ MARCINEK	00:32:24	00:02:26	02:27:24	00:01:40	01:37:28
9	PIEKARSKI PAWEŁ	727		BYDGOSZCZ	POL	M30-34		00:28:45	00:03:16	02:33:57	00:01:52	02:07:12
10	WENDA DAWID	809	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:33:07	00:03:10	02:30:45	00:04:35	01:47:36
11	SOBCZAK MATEUSZ	770		ŁÓDŹ	POL	M30-34		00:34:58	00:03:46	02:31:53	00:01:24	01:54:32
12	PIESIK DAWID	731	ARRK	BYDGOSZCZ	POL	M30-34		00:35:16	00:03:17	02:32:12	00:02:16	01:39:52
13	ZBORAŁA DAWID	836	SZKOŁA JAZDY TOMAS	BYDGOSZCZ	POL	M30-34		00:31:53	00:03:47	02:39:06	00:02:04	01:39:20
14	PIESZAŁA MACIEJ	733		POZNAŃ	POL	M30-34		00:34:57	00:04:10	02:36:20	00:02:16	01:51:11
15	IDZIKOWSKI MACIEJ	592		WROCLAW	POL	M30-34		00:32:08	00:03:45	02:42:23	00:02:21	01:49:12
16	GÓRECKI TOMASZ	581	PTT DELTA	PŁOCK	POL	M30-34		00:29:45	00:03:17	02:43:52	00:02:11	01:51:01
17	CHMIEL PIOTR	536	PTT DELTA	WARSZAWA	POL	M30-34	PTT DELTA	00:35:48	00:05:41	02:34:51	00:02:29	01:38:13
18	KOWALSKI MICHAŁ	645	TRIWISE/POLKAS	KRAKÓW	POL	M30-34		00:35:18	00:03:41	02:44:16	00:02:18	01:34:25
19	ZŁOCKI MARCIN	839	BESKID TRI TEAM	KĘTY	POL	M30-34		00:36:46	00:03:35	02:44:52	00:01:22	02:06:38
20	WIECZOREK ŁUKASZ	814		BYDGOSZCZ	POL	M30-34		00:37:50	00:03:17	02:45:22	00:02:39	01:54:11
21	MIELCAREK MACIEJ	691	MIELCARKS TEAM	BARCELONA	ESP	M30-34	MIELCARKS TEAM	00:34:20	00:04:01	02:49:51	00:02:39	02:08:12
22	JARMUŻEK MIKOŁAJ	600	APPTENSION SPORT TEAM	SKRZYŃKI	POL	M30-34		00:37:10	00:04:31	02:47:20	00:04:08	02:26:36
23	KŁOPOCKI JAKUB	631		KOMORNIKI	POL	M30-34		00:38:17	00:03:41	02:47:09	00:02:20	01:42:47
24	WAŁĘZA HUBERT	803	KANAŁOWA TRITEAM	BYDGOSZCZ	POL	M30-34		00:35:52	00:03:26	02:51:40	00:02:24	01:52:47
25	MUCHA ALEKSANDER	700	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M30-34		00:35:59	00:04:29	02:50:51	00:04:50	01:55:11
26	WESOŁOWSKI MARCIN	812		WARSZAWA	POL	M30-34		00:36:45	00:05:22	02:48:48	00:03:13	01:51:49
27	NOWAK JAKUB	707	SWIMTRI RZESZÓW	RZESZÓW	POL	M30-34		00:35:22	00:04:07	02:53:32	00:02:53	01:44:45
28	MIKOŁAJCZAK TOMEK	696	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:36:51	00:04:54	02:51:38	00:02:26	01:57:10
29	MAJDA ADRIAN	678	DZIK SQUAD	BYDGOSZCZ	POL	M30-34		00:37:45	00:03:42	02:51:57	00:02:43	02:10:58
30	KMIECIK PAWEŁ	633	AKADEMIA TRIATHLONU JAROSŁAW	PAWŁOSIÓW	POL	M30-34		00:36:46	00:03:35	02:56:53	00:02:46	01:43:56
31	ETTINGER DARIUSZ	564		NOWA WIEŚ WIELKA	POL	M30-34		00:41:16	00:04:22	02:48:16	00:03:53	02:13:28
32	SZYMCZAK JAKUB	790		GDYŃIA	POL	M30-34		00:35:04	00:04:53	03:10:38	00:03:36	02:17:55
33	DAWID ŁUKASZ	551	ROZBIEGANY GOLENIÓW	GOLENIÓW	POL	M30-34		00:39:34	00:03:52	03:04:50	00:03:37	02:18:50
34	KŁAWIE FILIP	628		HEIDELBERG	GER	M30-34		00:42:32	00:07:33	03:05:14	00:06:05	02:34:56
35	BOROWIEC ŁUKASZ	528	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M30-34	CREATIVE BOCHNIA BIEGA TEAM	00:43:13	00:07:15	03:17:49	00:03:33	02:15:19
36	WERNER MICHAŁ	811	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	ŁABISZYN	POL	M30-34		00:45:38	00:06:09	03:24:03	00:03:10	01:47:44
37	MIKOŁAJSKI KRZYSZTOF	697		BYDGOSZCZ	POL	M30-34		00:52:42	00:07:03	03:19:02	00:04:55	02:24:11
38	WIŚNIEWSKI PIOTR	821		BYDGOSZCZ	POL	M30-34		00:48:19	00:10:24	03:29:46	00:05:09	02:13:47
39	MIELCAREK MATEUSZ	690	MIELCARKS TEAM	GDAŃSK	POL	M30-34	MIELCARKS TEAM	00:41:19				

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M30-34 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
	OLSZEWSKI BŁAŻEJ	714		MASZEWO	POL	M30-34		00:36:56 DNF	00:02:59	02:37:36	00:02:14	00:00:00
	BENTKOWSKI MARCIN	521	TRIPower	BYDGOSZCZ	POL	M30-34		00:32:02 DNF		00:00:00	00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K35-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	HAJNOS-MAŁECKA MARIA	507	CTS	SZAFŁARY	POL	K35-39		00:30:33	00:02:41	02:35:11	00:01:57	01:36:09
2	W..... M.....	805	T.....	W.....	POL	K35-39	TRINERGY TEAM	00:32:51	00:02:50	02:33:19	00:02:11	01:49:43
3	PRUGAR FUKOWSKA PAULINA	747	NEON TEAM	WARSZAWA	POL	K35-39		00:34:41	00:03:22	02:41:14	00:02:21	01:32:37
4	ZAWIEROWSKA EWELINA	835	SOBCZAKTEAM	USTKA	POL	K35-39		00:34:50	00:02:59	02:41:14	00:03:02	01:42:36
5	CZEKALSKA MARIA	550		POZNAŃ	POL	K35-39		00:39:02	00:04:08	02:56:56	00:02:41	01:55:36
6	DULIBAN ANNA	559	AKADEMIA TRIATHLONU JAROSŁAW	PRZEWORSK	POL	K35-39		00:36:38	00:05:01	03:20:09	00:04:38	02:11:02
7	PACHCIAREK MAGDALENA	717		PIASTÓW	POL	K35-39		00:56:38	00:05:06	03:34:35	00:03:08	02:26:33
	KACZKOWSKA KATARZYNA	612	KLUB CTS	STRASZYN	POL	K35-39		00:37:11 DNF	00:03:13		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M35-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	ANDRZEJEWSKI MARCIN	512	8 BREM KOŁOBRZEG	BYDGOSZCZ	POL	M35-39		00:30:59	00:02:34	02:14:00	00:01:52	01:29:09
2	KALINOWSKI PAWEŁ	613	TRIZARZA	WARSZAWA	POL	M35-39	TRIZARZA	00:27:23	00:02:33	02:21:02	00:01:32	01:30:15
3	CIEMIELEWSKI PIOTR	544	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M35-39		00:30:55	00:02:57	02:18:49	00:01:24	01:30:32
4	FABISZEWSKI MARCIN	566	TRIWAWA	WARSZAWA	POL	M35-39		00:27:50	00:02:34	02:24:09	00:02:16	01:27:28
5	PLUTA GNIEWOMIR	738	UKS TRS SUSZ	BYDGOSZCZ	POL	M35-39		00:28:25	00:02:32	02:24:59	00:01:41	01:29:18
6	FABISZEWSKI RAFAŁ	565	KAZIKI / TRIWAWA	WARSZAWA	POL	M35-39		00:32:18	00:02:36	02:22:05	00:02:07	01:25:36
7	POLICZKIEWICZ MACIEJ	741	TRIZARZA TEAM	WARZYMICE	POL	M35-39	TRIZARZA	00:31:12	00:03:16	02:29:58	00:02:20	01:48:06
8	OSOWSKI ADAM	716	ROZBIEGANIE DZIAŁDOWO	DZIAŁDOWO	POL	M35-39		00:36:39	00:03:26	02:27:15	00:03:06	01:44:10
9	LUBARSKI MARCIN	673	SZTAFLONIŚCI	POZNAŃ	POL	M35-39		00:30:31	00:05:20	02:34:27	00:02:55	02:13:31
10	PIETROWSKI SZYMON	734	KS KONIEC KIEPSZCZENIA	ALEKSANDRÓW ŁÓDZKI	POL	M35-39		00:33:28	00:04:44	02:32:31	00:02:47	01:41:28
11	IGNACZAK JAROSŁAW	593	3GRAVITY	BYDGOSZCZ	POL	M35-39		00:36:23	00:03:27	02:35:41	00:01:55	01:49:01
12	KONIAIEV WOŁODYMYR	827			UKR	M35-39		00:35:25	00:04:39	02:36:43	00:02:56	01:59:04
13	PANUFNIK TOMASZ	719	NEON / AKS POLONIA WARSZAWA	JABLONNA	POL	M35-39		00:37:31	00:04:02	02:33:47	00:02:23	01:51:22
14	CIASTO SEBASTIAN	542		PRZEZCHLEBIE	POL	M35-39		00:29:44	00:03:11	02:46:18	00:02:52	01:58:57
15	KRAUSE SZYMON	646		TARNOWSKIE GÓRY	POL	M35-39		00:36:06	00:03:28	02:38:45	00:02:40	01:43:02
16	GACZKOWSKI JACEK	572		POZNAŃ	POL	M35-39		00:33:38	00:02:44	02:44:09	00:02:17	01:36:32
17	PESZT MAREK	724	MAGAZYN TRIATHLON	KRAKÓW	POL	M35-39		00:33:38	00:03:02	02:43:16	00:02:34	01:51:36
18	SZYDŁOWSKI MAREK	786	CYTADELA BY NIGHT TRI TEAM	POZNAŃ	POL	M35-39		00:30:07	00:04:26	02:48:11	00:02:52	01:40:18
19	LEWAK MARCIN	665	NEON TEAM	WARSZAWA	POL	M35-39		00:32:53	00:03:49	02:46:34	00:02:45	01:51:52
20	CHRAPKOWSKI MARCEL	541	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M35-39		00:33:41	00:03:29	02:45:46	00:03:03	01:42:35
21	MAŚKIEWICZ MICHAŁ	685	ORKA MASTERS IŁAWA	IŁAWA	POL	M35-39		00:35:48	00:02:37	02:44:55	00:02:07	01:52:03
22	KASTRUU TOMASZ	618	PĘDZĄCY ŻOŁW	MUROWANIEC	POL	M35-39		00:32:19	00:04:53	02:51:52	00:03:57	01:52:29
23	ŚLEDZIEWSKI KAROL	793		WARSZAWA	POL	M35-39		00:36:24	00:05:32	02:44:28	00:02:35	01:49:24
24	CZAPIEWSKI KRZYSZTOF	549		WARSZAWA	POL	M35-39		00:37:59	00:04:07	02:47:27	00:04:03	01:39:58
25	KRUPIŃSKI JAKUB	649	EDI-TEAM	ZGORZELEC	POL	M35-39		00:36:21	00:03:11	02:32:24	00:02:06	01:35:58
26	GILL DANIEL	578	LKS BOGMAR OSTROMECKO	BYDGOSZCZ	POL	M35-39		00:37:57	00:04:11	02:50:12	00:03:06	01:52:04
27	STACHERA PIOTR	776	JELCZ TRIATHLON PROJECT	JELCZ-LASKOWICE	POL	M35-39		00:36:47	00:03:35	02:51:48	00:03:14	01:57:18
28	WITKOWSKI TOMASZ	825	VIVA LA VIDA	BYDGOSZCZ	POL	M35-39		00:39:04	00:04:44	02:47:34	00:02:57	01:46:43
29	KONIECZNY KAROL	638		PASIKONIE	POL	M35-39		00:39:26	00:06:32	02:45:22	00:03:34	02:13:34
30	WIŚNIEWSKI PIOTR	822		ZIELONKA	POL	M35-39		00:38:18	00:04:03	02:51:47	00:03:39	02:02:06
31	ŚMIGOCKI PIOTR	796	NIEZRZESZONY	BYDGOSZCZ	POL	M35-39		00:42:01	00:04:21	02:48:01	00:03:38	02:25:19
32	ROGALSKI RADOŚLAW	753		MORZEWIEC	POL	M35-39		00:37:46	00:05:54	02:55:35	00:03:02	01:54:33

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M35-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
33	RYCHARSKI BARTOSZ	757		BYDGOSZCZ	POL	M35-39		00:40:14	00:04:37	02:58:00	00:02:02	01:57:27
34	KROPIDLOWSKI MARCJUSZ	647	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M35-39	CREATIVE BOCHNIA BIEGA TEAM	00:41:05	00:06:00	02:54:07	00:04:23	02:16:02
35	ARISMENDI JEAN-PAUL	513		MILANOWEK	POL	M35-39		00:42:52	00:03:16	02:59:03	00:02:09	01:40:30
36	SZUKAJ KAROL	785	KANAŁOWATRITTEAM	BYDGOSZCZ	POL	M35-39		00:47:04	00:04:23	03:08:19	00:02:40	02:24:27
37	KĘDZIERSKI MICHAŁ	623	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M35-39		00:44:40	00:05:35	03:13:16	00:04:45	02:07:52
	ŚMIGŁAK KRZYSZTOF	795	SAUERLAND TEAM	BREMEN	GER	M35-39		00:32:00 DNF	00:02:13	02:19:46	00:01:42	00:00:00
	SZARMACHER SEBASTIAN	783		DZIAŁDOWO	POL	M35-39		00:32:02 DNF	00:03:20	02:34:14	00:01:59	00:00:00
	JAUMIEN ŁUKASZ	604		WARSZAWA	POL	M35-39		00:30:48 DNF	00:03:13		00:00:00	00:00:00
	ZOBER MAREK	840	CHOP ZE ŻELAZA TRI TEAM	RUDA ŚLĄSKA	POL	M35-39		00:37:50 DNF	00:03:35		00:00:00	00:00:00
	FABROWSKI DAWID	567	TRITATA	BYDGOSZCZ	POL	M35-39		00:37:44 DNF	00:05:49		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K40-44**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	JASKOWSKA BOŻENA	603	NEON TEAM	RZESZÓW	POL	K40-44		00:32:57	00:03:21	02:33:43	00:02:22	01:40:50
2	MIKA AMELIA	695	GT TEAM	PIASECZNO	POL	K40-44		00:39:35	00:03:56	02:50:16	00:02:26	01:48:42
3	DROŹDŹ MAŁGORZATA	555	AMS TRIATHLON BYDGOSZCZ	SADKI	POL	K40-44	AMS TRIATHLON BYDGOSZCZ	00:39:06	00:03:55	03:00:21	00:01:57	01:59:42
4	PIGUŁA AGNIESZKA	735	UAM TRIATHLON POZNAŃ	POZNAŃ	POL	K40-44		00:41:01	00:04:39	03:04:54	00:03:46	01:50:41
5	LEPA-ROMAN MAGDALENA	662	PRZECINAK77	BOLSZEWO	POL	K40-44		00:52:13	00:04:54	03:11:28	00:03:30	02:24:32
6	JEDYNAK-DOROSZ IZABELKA	605	KB MANIAC POZNAŃ/CITYZEN	TULCE	POL	K40-44		00:47:48	00:04:28	03:22:20	00:03:08	02:28:32
7	KRUCZKOWSKA-LASSAK ANITA	648		STRZELCE GÓRNE	POL	K40-44		00:55:48	00:03:57	03:17:31	00:03:24	01:51:36
8	GAŁOWSKA AGNIESZKA	573	INPOWER JACEK NAJDER	WĄGROWIEC	POL	K40-44		00:42:38	00:03:18	03:44:03	00:03:15	02:11:35

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M40-44**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	JURKIEWICZ MARIUSZ	611	KOBYLARNIA/BIKEBOYS	INOWROCŁAW	POL	M40-44		00:32:18	00:03:32	02:16:29	00:02:19	01:26:07
2	WOJNAR ROBERT	845	PACIFIC NESTLE TORUN	TORUN	POL	M40-44		00:34:33	00:02:11	02:19:02	00:01:32	01:26:45
3	HERMELIN WOJCIECH	591	KANCELARIA HMM	BYDGOSZCZ	POL	M40-44		00:31:43	00:02:43	02:23:01	00:01:31	01:41:30
4	TOPCZEWSKI GRACJAN	505	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44	TRISPACE/TREK	00:31:39	00:02:27	02:23:10	00:01:28	01:33:07
5	LESINSKI JAROSŁAW	663		POBIEDZISKA	POL	M40-44		00:28:58	00:03:06	02:30:04	00:01:43	01:42:22
6	WIĘCKOWSKI DARIUSZ	818	AMS TRIATHLON BYDGOSZCZ	BYDGOSZCZ	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:29:09	00:02:52	02:30:12	00:02:51	01:44:43
7	BISKUP ŁUKASZ	525	POLONIA ŚRODA	ZANIEMYŚL	POL	M40-44		00:35:48	00:02:21	02:26:30	00:01:37	01:36:33
8	MUCHA ROBERT	701	MUCHA SPORTOWA / KAZIKI	ZALESIE GÓRNE	POL	M40-44		00:35:19	00:05:00	02:24:59	00:02:40	01:28:55
9	RYNKO PAWEŁ	759	NAJMOWICZ TRIATHLON	GRONITY	POL	M40-44		00:33:36	00:02:32	02:30:07	00:01:57	01:29:48
10	KLONOWSKI TOMASZ	630	PLATAN	ŚWIECIE	POL	M40-44		00:35:39	00:02:44	02:27:06	00:02:05	01:47:06
11	HEŁAK PAWEŁ	590	TRINERGY	WARSZAWA	POL	M40-44		00:32:44	00:03:08	02:30:44	00:01:53	01:33:41
12	RYBAK REMIGIUSZ	756	BIKE U UP	BIAŁEBŁOTA	POL	M40-44		00:37:01	00:03:13	02:25:07	00:01:46	01:47:30
13	KILJAŃCZYK PIOTR	625	PEKRAPOLTEAM	NEKLA	POL	M40-44		00:33:29	00:02:32	02:32:57	00:01:43	01:32:20
14	WYSMOLIŃSKI RAFAŁ	833		BIERNATKI	POL	M40-44		00:33:35	00:03:03	02:33:49	00:02:49	01:45:13
15	ŁUKIEWICZ ŁUKASZ	676	TEAM KARAŚ	ELBLAG	POL	M40-44		00:33:57	00:03:25	02:34:48	00:01:59	01:44:28
16	PARTYKA RAFAŁ	720		BYDGOSZCZ	POL	M40-44		00:29:39	00:04:56	02:38:25	00:02:43	01:42:21
17	GACKA RAFAL	571	LUPUS TEAM	SICIENKO	POL	M40-44		00:35:07	00:03:16	02:34:27	00:02:07	01:32:57
18	FIEGEL WOJCIECH	569	TRISPACE/TREK	BYDGOSZCZ	POL	M40-44		00:33:56	00:02:54	02:38:10	00:01:51	02:03:57
19	KLAPUCH MICHAŁ	627	FIZJO-MAT	GLIWICE	POL	M40-44		00:32:58	00:03:33	02:39:15	00:02:04	01:48:41
20	STWORA DAWID	781	REPREZENTACJA KGP W TRIATHLONIE	BIELSKO-BIAŁA	POL	M40-44		00:34:07	00:02:27	02:39:12	00:01:20	01:42:44
21	POWALISZ DAREK	745	TRISPACE TREK	BYDGOSZCZ	POL	M40-44		00:31:59	00:03:42	02:40:46	00:01:55	01:53:18

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M40-44 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race	
								1.9km		89.9km		20.849km	
22	WRÓBLEWSKI WOJCIECH	831	SNG WILD DUCKS	ZGIERZ	POL	M40-44		00:37:25	00:03:15	02:37:26	00:03:02	01:48:11	
23	ROSIŃSKI SŁAWOMIR	754	WICHER SIEKIERKI	SIEKIERKI WIELKIE	POL	M40-44		00:34:25	00:03:37	02:41:07	00:03:21	01:50:51	
24	SZELC MIKOŁAJ	784	ORT ŁOMIANKI	ŁOMIANKI	POL	M40-44		00:39:28	00:04:32	02:35:05	00:03:28	01:33:52	
25	GOGACZ SEBASTIAN	579	UKS TRÓJKA PUŁAWY	PUŁAWY	POL	M40-44		00:26:01	00:04:19	02:52:34	00:02:45	01:39:01	
26	SOBIK ANDRZEJ	773		CZYŻOWICE	POL	M40-44		00:34:19	00:03:41	02:45:23	00:02:38	01:51:01	
27	ŁUSZCZEWSKI KRZYSZTOF	677	ZYTANIA TEAM	ZLOTOW	POL	M40-44		00:37:26	00:04:11	02:42:17	00:02:33	02:01:48	
28	NIR ŁUKASZ	705	WARSZTAT FORMY	TYCHY	POL	M40-44		00:38:54	00:04:05	02:41:01	00:02:21	01:38:10	
29	MUCHA GRZEGORZ	702	AKADEMIA TRIATHLONU JAROSŁAW	CHŁOPICE	POL	M40-44		00:40:41	00:06:48	02:37:08	00:03:05	01:47:08	
30	BUGALSKI WOJCIECH	532	ARRK	BYDGOSZCZ	POL	M40-44		00:37:19	00:03:34	02:44:48	00:02:16	01:46:21	
31	LESZCZYŃSKI MARIUSZ	664	K.S. RADOSNA	INOWROCŁAW	POL	M40-44		00:38:16	00:03:50	02:44:43	00:02:37	02:06:53	
32	NUSBAUM PIOTR	710	BIKE U UP	POZNAŃ	POL	M40-44		00:38:03	00:04:43	02:43:48	00:02:13	01:55:24	
33	LEKI KRZYSZTOF	661		GARBY	POL	M40-44		00:37:23	00:04:17	02:46:59	00:03:17	01:33:42	
34	BIRONT KRZYSZTOF	524	BIELAWSKA AKADEMIA BIEGANIA	DZIERŻONIÓW	POL	M40-44		00:37:08	00:05:45	02:47:22	00:04:00	01:50:13	
35	SANECKI ROBERT	761	SPRINT GORZYCE	GORZYCE	POL	M40-44		00:39:05	00:04:06	02:47:36	00:03:31	02:01:47	
36	RADZIK TOMASZ	752	FITNATION	NOWY SĄCZ	POL	M40-44		00:41:11	00:04:02	02:48:19	00:03:21	01:55:18	
37	WACHOWSKI KAROL	683	AMS TRIATHLON	OPOLE	POL	M40-44		00:40:55	00:04:19	02:46:34	00:01:52	01:44:44	
38	PIEKARSKI WOJCIECH	728	TMS GLOBART	BYDGOSZCZ	POL	M40-44		00:36:25	00:04:25	02:51:28	00:02:53	01:57:11	
39	JON MARCIN	608	MMK JONKI	SIECHNICE	POL	M40-44		00:40:15	00:04:42	02:48:11	00:04:54	01:52:34	
40	KONIEC PIOTR	637	IRONATA	BYDGOSZCZ	POL	M40-44		00:38:58	00:03:00	02:52:59	00:03:08	02:22:55	
41	STĘPNIAK KRZYSZTOF	779	RUN4FUN	BYDGOSZCZ	POL	M40-44		00:37:01	00:06:12	02:51:00	00:02:47	02:00:06	
42	LINDNER MAREK	669	FANDOM	WROCŁAW	POL	M40-44		00:39:05	00:04:48	02:49:56	00:05:00	01:37:55	
43	TOMASZEWICZ KRZYSZTOF	799	TRIATHLON TEAM TYCHY	TYCHY	POL	M40-44		00:41:05	00:04:12	02:48:40	00:03:20	01:40:07	
44	ZIELIŃSKI ROBERT	837	LUBOŃSKI KLUB BIEGACZA	LUBOŃ	POL	M40-44		00:39:42	00:03:54	02:57:12	00:05:39	01:49:13	
45	LASSAK BARTOSZ	660	AMS TRIATHLON BYDGOSZCZ	STRZELCE GÓRNE	POL	M40-44	AMS TRIATHLON BYDGOSZCZ	00:38:22	00:04:03	03:00:18	00:02:50	01:55:44	
46	WERMIŃSKI MARIUSZ	810	FALA SWARZĘDZ	SWARZĘDZ	POL	M40-44		00:36:42	00:05:19	03:02:53	00:03:50	02:22:05	
47	STOLECKI PIOTR	780	DRUŻYNA SZPIKU	BEŁCHATÓW	POL	M40-44		00:46:22	00:05:04	02:53:10	00:04:12	02:00:34	
48	GRUBICH ARKADIUSZ	585		NIEMCZ	POL	M40-44		00:42:30	00:03:10	02:59:29	00:02:33	01:59:43	
49	KONCKI ANDRZEJ	636		RYBNIK	POL	M40-44		00:38:18	00:03:31	03:05:04	00:02:43	02:11:13	
50	PAWLIK MARIUSZ	722	DRUŻYNA SZPIKU	KROTOSZYN	POL	M40-44		00:32:59	00:05:10	03:13:59	00:03:45	02:26:41	
51	POMASTOWSKI DARIUSZ	742		WĄBRZEŻNO	POL	M40-44		00:44:55	00:05:46	02:58:45	00:04:00	01:59:20	
52	KLEIBER PIOTR	629	WUEFTRI TEAM	LUSÓWKO	POL	M40-44		00:38:02	00:05:02	03:13:01	00:04:18	02:04:01	
53	ANDRZEJAK ROBERT	511	DRONE & MORE	POZNAŃ	POL	M40-44		00:45:07	00:05:54	03:00:22	00:02:25	01:51:10	
54	KĘDZIA JAROSŁAW	622		BYDGOSZCZ	POL	M40-44		00:46:04	00:05:43	03:03:32	00:03:30	02:36:34	
55	MASTALERZ TOMASZ	684		KIELCE	POL	M40-44		00:50:30	00:04:38	03:03:01	00:03:52	01:49:37	
56	LUFTMANN CEZARY	674		SZCZECIN	POL	M40-44		00:41:09	00:08:31	03:19:14	00:07:05	03:01:34	
57	DOLHUN ADAM	554	RUN PASJA BYDGOSZCZ	BYDGOSZCZ	POL	M40-44		00:38:28	00:04:47	03:24:13	00:04:15	02:46:16	
58	KAZIMIERCZYK ADAM	620	PTT DELTA	PŁOCK	POL	M40-44	PTT DELTA	00:34:51	00:04:47	03:25:09	00:02:46	01:54:00	
59	KRUSZKA ŁUKASZ	650		BYDGOSZCZ	POL	M40-44		00:47:35	00:04:53	03:19:27	00:02:10	01:44:27	
60	BATOREK BOGDAN	516	RAWA TIM ZAWSZE SLIM	RAWA MAZOWIECKA	POL	M40-44		00:55:39	00:05:14	03:27:42	00:04:27	02:18:28	
	WARCZAK PIOTR	804	TEAMOCHAL	BYDGOSZCZ	POL	M40-44		00:33:05	DNF	00:02:22	02:24:19	00:01:49	00:00:00
	DAWIDOWICZ MACIEJ	552	TRISPACE/TREK	BRZOZA	POL	M40-44		00:33:53	DNF	00:02:59	02:38:14	00:02:38	00:00:00
	TRACZYK PAWEŁ	506	TRI TEAM RUMIA	SUSZ	POL	M40-44		00:25:01	DNF	00:02:46	00:00:00	00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, K45-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	FIOLEK-WARSZEWSKA AGNIESZKA	570	KUŹNIA TRIATHLONU	WARSZAWA	POL	K45-49		00:39:20	00:03:47	02:29:34	00:02:08	01:33:53
2	HADASZ EWA	589		ZABRZE	POL	K45-49		00:38:02	00:04:03	02:55:00	00:02:49	01:50:33
3	BARANOWSKA KORNELIA	514		GDAŃSK	POL	K45-49		00:39:38	00:05:13	02:58:18	00:03:03	02:05:14
4	CICHOŃSKA-BAZAK MARZENA	543		BYDGOSZCZ	POL	K45-49		00:43:11	00:04:46	02:55:38	00:03:03	01:57:06



**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M45-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	P..... A.....	740	T.....	W....	POL	M45-49	TRINERGY TEAM	00:31:17	00:02:47	02:17:21	00:02:02	01:31:20
2	ZIĘBA ADAM	509	TRISPACE/TREK	BYDGOSZCZ	POL	M45-49	TRISPACE/TREK	00:31:42	00:02:38	02:19:44	00:01:35	01:23:31
3	RUCIŃSKI MARCIN	755	TRIBA BOSIR BARCIN	BARCIN	POL	M45-49		00:28:53	00:02:31	02:25:31	00:02:17	01:40:40
4	SOBCZAK MARCIN	771	SOBCZAKTEAM	RUMIA	POL	M45-49		00:31:13	00:03:15	02:25:46	00:02:22	01:48:24
5	JAROŃ TOMASZ	601	AKADEMIA TRIATHLONU JAROSŁAW	WIDNA GÓRA	POL	M45-49		00:29:03	00:03:46	02:29:31	00:02:17	01:41:07
6	GIBIEC SEBASTIAN	576	GIBIEC TEAM	CIESZYN	POL	M45-49		00:33:24	00:04:08	02:27:18	00:02:01	01:35:14
7	NAFALSKI RAJMUND	703	TEAMKARAS	WARSAW	POL	M45-49		00:33:03	00:03:08	02:35:34	00:01:56	01:37:23
8	JANKOWSKI TOMASZ	599	TRISPACE TREK	BYDGOSZCZ	POL	M45-49		00:33:25	00:03:40	02:36:08	00:02:28	01:43:56
9	CUPA IRENEUSZ	546	TRIATHLON KONSULTING	TORUŃ	POL	M45-49		00:37:29	00:03:46	02:32:01	00:03:57	01:47:09
10	SOBCZAK MARCIN	772	TRISPACE/TREK	ŻOŁĘDOWO	POL	M45-49	TRISPACE/TREK	00:33:51	00:03:04	02:37:35	00:02:50	01:39:27
11	CHŁOSTA MAREK	534		MYŚLENICE	POL	M45-49		00:34:47	00:03:01	02:39:01	00:01:31	01:43:20
12	KĄŁEK ARTUR	615	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:34:29	00:03:23	02:39:44	00:02:35	02:04:02
13	SZYNALIK SŁAWOMIR	792	KIKA TEAM	KRAKÓW	POL	M45-49		00:31:28	00:03:34	02:44:20	00:03:57	01:46:31
14	BARCZAK ADAM	515		OLSZTYN	POL	M45-49		00:37:56	00:04:25	02:36:19	00:02:32	01:38:26
15	PIEKARSKI MAREK	679		GRUDZIĄDZ	POL	M45-49		00:36:59	00:04:31	02:37:35	00:02:28	01:49:13
16	KRYGIELSKI KRZYSZTOF	651	CRYOSPACE OLSZTYN	WÓJTOWO	POL	M45-49		00:36:33	00:04:01	02:41:12	00:02:43	01:31:20
17	WOREK PAWEŁ	830	GIBIEC TEAM	CIESZYN	POL	M45-49		00:36:38	00:04:05	02:41:37	00:02:27	01:43:15
18	ECHAUST MACIEJ	563	CFP	LUSÓWKO	POL	M45-49		00:37:52	00:02:59	02:42:10	00:03:05	01:58:18
19	KOPPLINGER GRZEGORZ	640	ASSECO ACTIVE TEAM	RZESZÓW	POL	M45-49		00:44:21	00:03:55	02:36:39	00:04:56	01:49:33
20	CHMURA SZCZEPAN	538		TARNOWIEC	POL	M45-49		00:37:16	00:04:24	02:47:13	00:04:32	01:52:01
21	WIECZOREK MACIEK	815	TRI FOR IT	POZNAŃ	POL	M45-49		00:39:34	00:03:55	02:44:01	00:04:10	01:42:46
22	KALISZEWSKI DANIEL	614		TRYSZCZYN	POL	M45-49		00:39:22	00:05:26	02:44:39	00:04:28	01:50:01
23	CYREK GRZEGORZ	548	CREATIVE BOCHNIA BIEGA TEAM	KOSZYCE MAŁE	POL	M45-49		00:45:44	00:05:42	02:37:41	00:04:10	01:53:52
24	ZAKURZEWSKI TOMASZ	834	TRISPACE/TREK	BRZOZA	POL	M45-49	TRISPACE/TREK	00:34:41	00:02:32	02:56:31	00:02:35	02:02:21
25	DRZEWIECKI RAFAŁ	556	RUN4FUN WWW.BYTPAK.PL	NIEMCZ	POL	M45-49		00:41:35	00:04:06	02:50:40	00:02:28	01:58:21
26	BLÁHA JAN	527		PARDOBICE	CZE	M45-49		00:41:02	00:04:03	02:52:22	00:02:20	01:52:30
27	CYBULSKI KONRAD	547	AMZ-KUTNO S.A.	KUTNO	POL	M45-49		00:37:50	00:04:34	02:54:54	00:02:31	01:55:23
28	MALISZEWSKI PIOTR	682		ŁÓDŹ	POL	M45-49		00:49:31	00:04:39	02:42:06	00:03:05	01:58:12
29	TOMASZEWSKI MARCIN	800		BYDGOSZCZ	POL	M45-49		00:38:46	00:04:41	02:55:14	00:03:31	02:06:11
30	PELANT RYSZARD	723	WICHER ROSNÓWKO	ROSNÓWKO	POL	M45-49		00:36:48	00:05:06	02:57:35	00:03:32	02:06:07
31	PYTKOWSKI AREK	751	GRYFUS SZCZECIN	SZCZECIN	POL	M45-49		00:38:16	00:03:49	02:58:23	00:03:08	02:08:37
32	CHALAMOŃSKI TOMASZ	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	M45-49		00:39:49	00:04:00	02:57:37	00:04:06	02:08:48
33	SIUDA MAREK	768	KLINIKA TRIATHLONU BYDGOSZCZ	BYDGOSZCZ	POL	M45-49		00:38:57	00:04:45	02:59:18	00:03:46	02:12:33
34	KORSAKOV KOSTIANTYN	641	-	WARSAWA	UKR	M45-49		00:37:35	00:06:30	03:02:10	00:03:59	01:48:22
35	SUDAKOWSKI TOMASZ	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	RAWA MAZOWIECKA	POL	M45-49		00:45:32	00:03:02	02:57:41	00:02:39	01:52:37
36	WRZOSEK JAROSŁAW	832		BYDGOSZCZ	POL	M45-49		00:43:53	00:05:38	03:02:05	00:03:37	01:48:58
37	WITCZAK DARIUSZ	824	ROSZPUNEK	KRAPLEWICE	POL	M45-49		00:45:39	00:04:34	03:00:54	00:02:32	01:59:15
38	FEDAK BOHDAN	568	KLUB POD WISIENKĄ	ZAGÓRZ	POL	M45-49		00:39:46	00:06:00	03:14:13	00:04:01	01:44:05
39	NURKIEWICZ JAROSŁAW	709	KING FU PANDY 3	BYDGOSZCZ	POL	M45-49		00:46:15	00:03:04	03:12:16	00:03:34	02:15:07
40	LIPIŃSKI SEBASTIAN	671	ENEA BYDGOSZCZ TRIATHLON	BYDGOSZCZ	POL	M45-49		00:49:13	00:05:20	03:09:25	00:04:04	02:07:50
41	NOWICKI ADAM	708		BYDGOSZCZ	POL	M45-49		00:39:25	00:02:58	03:27:47	00:02:43	02:13:53
42	KARWACKI GRZEGORZ	617	KAT CROSS WAŁBRZYCH	WAŁBRZYCH	POL	M45-49		00:41:15	00:04:44	03:24:14	00:04:00	02:04:41
43	OKOŃ MICHAŁ	711	PARKRUN GDYNIA	GDYNIA	POL	M45-49		00:47:02	00:08:57	03:13:27	00:05:09	02:20:35
44	BINKOWSKI CEZARY	523	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M45-49		00:51:30	00:05:57	03:18:07	00:04:24	02:47:27
DNC	DZIOBA MICHAŁ	562	TRI DZIOBA TEAM	SOPOT	POL	M45-49		00:31:39	00:04:28	02:54:14	00:05:51	01:21:57
	POROSŁO PAWEŁ	743	CREATIVE BOCHNIA BIEGA TEAM	TARNÓW	POL	M45-49		DNF	00:00:00	00:00:00	00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M50-54**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	SARAPUK KRZYSZTOF	762	ATC CARGO TEAM	GDYNIA	POL	M50-54		00:31:12	00:02:42	02:28:38	00:03:01	01:33:11
2	SOCHA TOMASZ	775	TRINERGY TEAM	WARSAW	POL	M50-54		00:32:19	00:03:13	02:31:23	00:02:32	01:33:20

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M50-54 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
3	PATALON PIOTR	721	ORKAMASTERS IŁAWA	NOWE MIASTO LUBAWSKIE	POL	M50-54		00:34:46	00:02:50	02:37:48	00:01:59	01:41:55
4	BAZAK CEZARY	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	BYDGOSZCZ	POL	M50-54		00:42:12	00:04:23	02:31:52	00:03:39	01:57:49
5	SKROK KRZYSZTOF	769	RYKOWISKO	PŁOCK	POL	M50-54		00:41:07	00:03:53	02:44:47	00:02:53	01:41:33
6	GAJEWSKI JAROSŁAW	844		BYDGOSZCZ	POL	M50-54		00:36:48	00:04:07	02:51:20	00:03:25	01:51:48
7	BUCHAL GRZEGORZ	530	TRIDIVISION	ZERNICA	POL	M50-54		00:37:16	00:06:13	02:49:31	00:04:04	01:59:45
8	MISZTELA TOMASZ	698	PTT DELTA	SŁUPNO	POL	M50-54	PTT DELTA	00:44:40	00:04:36	02:43:51	00:02:36	01:56:23
9	MAKOWSKI SŁAWOMIR	680		BYDGOSZCZ	POL	M50-54		00:43:47	00:04:35	02:45:02	00:03:35	01:39:17
10	WIŚNIEWSKI ZBIGNIEW	823	BRZOZA BIEGA	OLIMPIN	POL	M50-54		00:42:32	00:05:31	02:47:18	00:03:19	01:52:22
11	KAZUBOWSKI JACEK	621	TRIDARKO	BIAŁE BŁOTA	POL	M50-54		00:43:42	00:03:31	02:50:18	00:03:23	01:43:36
12	BEDNAREK KRZYSZTOF	518	SPORTEVO	GDYNIA	POL	M50-54		00:44:59	00:04:39	02:47:53	00:03:08	01:44:58
13	PRUSACZYK MARCIN	748		WARSZAWA	POL	M50-54		00:37:44	00:08:41	02:53:28	00:06:24	01:50:50
14	PACZKOWSKI MIROSŁAW	718	CB 163	BYDGOSZCZ	POL	M50-54		00:44:17	00:05:30	03:07:31	00:04:58	02:01:29
15	KOLOSSA TOMASZ	635	WWW.KOLOSSA.PL	BYDGOSZCZ	POL	M50-54		00:45:07	00:05:58	03:14:54	00:05:19	02:44:19
16	ILLEK ARKAJUSZ	594		ŚWIDNIK	POL	M50-54		00:42:58	00:06:28	03:19:16	00:05:43	02:22:24
17	JAGODZIŃSKI LESZEK	597		BYDGOSZCZ	POL	M50-54		00:46:54	00:06:15	03:31:53	00:07:04	02:27:20
	MATUSZEWSKI DARIUSZ	686	BIEGIEM DO GARÓW	ŁOMIANKI	POL	M50-54		00:52:13 DNF	00:06:20		00:00:00	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M55-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	CHMIEL WALDEMAR	535	PTT DELTA	DZIERŻAZNA	POL	M55-59		00:39:03	00:05:26	03:10:15	00:04:30	02:18:43
2	CHMIEL DARIUSZ	537		KRAŚNIK	POL	M55-59		00:51:11	00:05:59	03:23:34	00:03:36	01:59:38
	CIESZYŃSKI JACEK	545	LABOSPORT	SZKOCJA RYNARZEWO	POL	M55-59		00:31:31 DNF	00:03:02	02:42:48	00:02:19	00:00:00

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M60-64**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	BEDYK IRENEUSZ	519	PTT DELTA	CEKANOWO	POL	M60-64		00:43:26	00:04:54	02:43:28	00:03:07	01:55:37
2	POCIEJ BOHDAN	739	PTT DELTA	PŁOCK	POL	M60-64		00:38:11	00:04:55	02:51:38	00:05:11	02:08:04
3	OLEDZKI JANUSZ	713	OLEDZCY	WARSZAWA	POL	M60-64		00:38:40	00:05:41	03:29:32	00:05:43	02:36:22

**OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3, M65-69**

POS	Name and surname	No.	Club	City	NAT	Cat.	Drużyna	Swimming	T1	Cycling	T2	Race
								1.9km		89.9km		20.849km
1	MĄCZYŃSKI CZESŁAW	688	MCBIKE	SŁUPNO	POL	M65-69		00:47:31				02:03:15