

# OCEAN LAVA TRIATHLON POLSKA - SPRINT

Organizator: Towarzystwo Sportowe TRI-SPORT  
 Data: 2020-08-23  
 Miejsce: Bydgoszcz  
 Dystans: 25.75 km  
 Klasyfikacja wg czasów netto.



## OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	KRIEGER ŁUKASZ	94	H2OSHOP.PL/LANGE TRI COACH	CHOJNICZKI	POL	M30-39	1	M 1	00:12:27 (18)	00:01:39	00:28:55 (1)	00:00:54	00:18:06 (1)	01:02:01.65
2	TOMCZAK MARCIN	222	GVT BMC 3SOFT TRIATHLON TEAM	POZNAŃ	POL	M30-39	2	M 2	00:11:23 (5)	00:01:54	00:29:49 (2)	00:00:57	00:19:13 (8)	01:03:16.00
3	WIECZORKOWSKI ADAM	220	BIKE U UP / BIALŁ	GDAŃSK	POL	M18-29	1	M 3	00:13:06 (24)	00:02:08	00:30:03 (3)	00:01:01	00:18:30 (2)	01:04:48.55
4	URBAŃSKI MICHAŁ	1	NEURON REHABILITACJA	OSIELSKO	POL	M18-29	2	M 4	00:10:13 (1)	00:01:41	00:31:31 (20)	00:00:58	00:20:37 (28)	01:05:00.25
5	SOŁTYSIĘK JOANNA	598	PHOENIX TEAM POLAND	KOŁO	POL	K30-39	1	K 1	00:11:14 (3)	00:01:45	00:31:25 (16)	00:00:50	00:19:50 (14)	01:05:04.20
6	RYMER JAKUB	161	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	M30-39	3	M 5	00:12:23 (17)	00:01:49	00:30:44 (8)	00:00:51	00:19:32 (10)	01:05:19.45
7	KLUŻNIAK JACEK	80	TRINERGY	KIELCE	POL	M40-49	1	M 6	00:11:15 (4)	00:01:57	00:31:08 (11)	00:00:56	00:20:39 (30)	01:05:55.45
8	ZIENKIEWICZ JANUSZ	209	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49	2	M 7	00:13:31 (29)	00:02:06	00:31:25 (17)	00:00:59	00:18:48 (4)	01:06:49.50
9	MŁYŃCZAK JAKUB	229	KS GVT	GLIWICE	POL	M18-29	3	M 8	00:12:34 (20)	00:01:48	00:32:41 (35)	00:00:48	00:19:33 (12)	01:07:24.55
10	KOZAR KAROL	91	POLISH TRIATHLETES	SWINDON	GBR	M30-39	4	M 9	00:14:21 (43)	00:02:11	00:30:37 (7)	00:01:27	00:18:50 (6)	01:07:26.05
11	URBANOWSKI WŁODZIMIERZ	218	RETRO STORK TEAM	TORUŃ	POL	M40-49	3	M 10				00:01:22	00:21:57 (52)	01:07:32.95
12	WOLSKI JĘDRZEJ	6	MOGILNO TEAM	MOGILNO	POL	M18-29	4	M 11	00:11:34 (7)	00:01:58	00:34:09 (48)	00:01:02	00:18:53 (7)	01:07:36.60
13	BISKUPSKI CEZARY	12	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	5	M 12	00:14:17 (42)	00:01:59	00:30:23 (6)	00:01:07	00:19:56 (16)	01:07:42.65
14	PRZYBYLSKI JAKUB	152	KOMPUTRONIK	DĄBRÓWKA	POL	M30-39	6	M 13	00:14:42 (54)	00:02:04	00:30:17 (4)	00:01:03	00:19:37 (13)	01:07:43.75
15	BEDNARCZYK TOMASZ	2	BIKE U UP	GDYNIA	POL	M30-39	7	M 14	00:12:32 (19)	00:01:51	00:32:40 (34)	00:00:48	00:19:58 (18)	01:07:49.10
16	BOGACZ MARIUSZ	16	TRISPACE/TREK	RADZIEJÓW	POL	M40-49	4	M 15	00:12:54 (23)	00:01:58	00:31:26 (18)	00:00:55	00:20:38 (29)	01:07:51.60
17	JAŚKIEWICZ MARCIN	68	MOGILNO TEAM	MOGILNO	POL	M30-39	8	M 16	00:12:52 (22)	00:01:56	00:31:58 (25)	00:00:48	00:20:19 (24)	01:07:53.40
18	WASZTYL MICHAŁ	194	ZONE3TEAM / WITKOWO BIEGA	POWIDZ	POL	M30-39	9	M 17	00:11:41 (10)	00:01:52	00:33:19 (39)	00:00:55	00:20:10 (20)	01:07:57.65
19	TRZASKA PRZEMYSŁAW	188	DREAM TRI TEAM	GDAŃSK	POL	M30-39	10	M 18	00:14:37 (52)	00:01:47	00:31:15 (12)	00:00:52	00:19:32 (11)	01:08:03.50
20	KWIATKOWSKI DANIEL	104	IRON TEAM TOMASZ MARCINEK	SZKOCJA	POL	M30-39	11	M 19	00:14:31 (50)	00:02:00	00:31:16 (13)	00:01:08	00:19:23 (9)	01:08:18.00
21	SAWIEŁAJC JAKUB	164	FUJI KRYSPORT TEAM	BYDGOSZCZ	POL	M18-29	5	M 20	00:11:41 (8)	00:01:56	00:32:12 (27)	00:01:13	00:21:45 (48)	01:08:47.40
22	BETHKE SŁAWOMIR	11	7SI-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	M30-39	12	M 21	00:14:59 (58)	00:02:03	00:30:20 (5)	00:00:51	00:20:44 (32)	01:08:57.40
23	POKORSKI MAREK	148	CTS	WARSZAWA	POL	M40-49	5	M 22	00:14:27 (47)	00:02:03	00:30:51 (9)	00:00:56	00:20:41 (31)	01:08:58.70
24	MARTYNOWICZ MICHAŁ	118	TRISPACE/TREK	BRZOZA	POL	M40-49	6	M 23	00:12:06 (14)	00:02:12	00:32:40 (33)	00:00:55	00:21:23 (42)	01:09:16.65
25	EJSMONT KRZYSZTOF	78		BYDGOSZCZ	POL	M40-49	7	M 24	00:15:08 (63)	00:02:11	00:31:06 (10)	00:00:47	00:20:12 (21)	01:09:24.75
26	WIECZORKOWSKI ADRIAN	219	BIALŁ / BIKE U UP	GDAŃSK	POL	M40-49	8	M 25	00:14:48 (56)	00:02:31	00:31:32 (21)	00:00:57	00:19:55 (15)	01:09:43.35
27	GOŚCINIAK MICHAŁ	65	3GRAVITY	WROCLAW	POL	M30-39	13	M 26	00:14:12 (38)	00:02:26	00:33:36 (42)	00:00:53	00:18:40 (3)	01:09:47.70
28	LICZNIERSKI MAREK	110	ZONE3 TEAM	PLEWISKA	POL	M30-39	14	M 27	00:13:10 (25)	00:02:09	00:33:23 (40)	00:00:54	00:20:16 (22)	01:09:52.70
29	KUBICZAK JAN	616		TORUŃ	POL	M30-39	15	M 28	00:14:23 (45)	00:02:18	00:34:19 (53)	00:00:44	00:18:48 (5)	01:10:32.80
30	SZREDER DAWID	14	DAVE BIKES / ENDURE TEAM	KAMIONKI	POL	M40-49	9	M 29	00:14:12 (39)	00:01:51	00:32:22 (28)	00:00:55	00:21:48 (49)	01:11:08.90
31	ŚLIWIŃSKI ŁUKASZ	182	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M30-39	16	M 30	00:17:22 (125)	00:02:00	00:31:18 (14)	00:00:50	00:19:56 (17)	01:11:26.05
32	GROCHOWSKI PAWEŁ	55	MBC	WARSZAWA	POL	M30-39	17	M 31	00:16:15 (87)	00:02:13	00:31:58 (24)	00:01:08	00:20:25 (27)	01:11:59.00
33	KOWALSKA ANGELIKA	4	TRISPACE/TREK / TOOLMAX BIAŁE BŁOTA	PRZYŁĘKI	POL	K30-39	2	K 2	00:14:02 (36)	00:02:11	00:32:39 (31)	00:01:02	00:22:24 (64)	01:12:18.30
34	WIERZYŃSKI DAMIAN	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	BYDGOSZCZ	POL	M30-39	18	M 32	00:15:08 (62)	00:02:42	00:32:47 (36)	00:00:55	00:20:57 (34)	01:12:29.30
35	SZOT DAWID	179	IRON TEAM TOMASZ MARCINEK	SZTUM	POL	M18-29	6	M 33	00:16:07 (83)	00:02:22	00:32:53 (37)	00:01:11	00:20:17 (23)	01:12:50.10
36	WASNIEWSKI DANIEL	226	DEWEŁOPPOL TEAM	NOWY DWÓR MAZOWIECKI	POL	M30-39	19	M 34	00:17:08 (118)	00:02:32	00:31:44 (23)	00:01:11	00:20:24 (26)	01:12:59.15
37	KRZYŻANOWSKI LESZEK	96	NIEDZIELNY ŚCIGACZ	GDYNIA	POL	M30-39	20	M 35	00:13:28 (28)	00:02:16	00:34:38 (60)	00:01:17	00:21:21 (41)	01:13:00.10
38	BENTKOWSKA NATALIA	5		PRADOCIN	POL	K18-29	1	K 3	00:13:40 (31)	00:02:30	00:34:26 (56)	00:00:54	00:21:50 (51)	01:13:20.30
39	WALKOWIAK ŁUKASZ	192		MIĘKOWO	POL	M18-29	7	M 36	00:13:58 (34)	00:02:26	00:34:42 (65)	00:01:02	00:21:20 (40)	01:13:28.35
40	KLUSZCZYŃSKI MARIUSZ	79	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M30-39	21	M 37	00:16:06 (81)	00:02:02	00:31:21 (15)	00:01:01	00:23:16 (77)	01:13:46.80
41	TRAWCZYŃSKI JACEK	187	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	1	M 38	00:16:18 (89)	00:01:54	00:32:40 (32)	00:00:59	00:22:00 (53)	01:13:51.55
42	JUSTYŃSKI ANDRZEJ	70		SZCZECIN	POL	M30-39	22	M 39	00:16:09 (85)	00:02:07	00:32:36 (30)	00:01:07	00:22:09 (59)	01:14:08.65
43	GIEŁAŻYN MATEUSZ	50		KORONOWO	POL	M18-29	8	M 40	00:14:24 (46)	00:02:16	00:34:39 (62)	00:01:01	00:22:06 (56)	01:14:26.35

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
44	KOZŁOWSKI JACEK	92	PTT DELTA	PŁOCK	POL	M40-49	10	M 41	00:16:52 (106)	00:02:27	00:32:29 (29)	00:01:31	00:21:18 (39)	01:14:37.75
45	SMOCZYŃSKI MAREK	168	MBC TEAM	TUCHOLA	POL	M30-39	23	M 42	00:15:36 (72)	00:02:37	00:31:31 (19)	00:01:24	00:23:45 (88)	01:14:53.70
46	KNOTHE ADAM	81	BUDSTOL INVEST	NIEMCZ	POL	M40-49	11	M 43	00:18:52 (152)	00:02:08	00:31:41 (22)	00:01:16	00:21:06 (37)	01:15:03.05
47	MALICKI PATRYK	115		DĘBOGÓRZE	POL	M30-39	24	M 44	00:11:32 (6)	00:02:09	00:34:12 (49)	00:01:30	00:25:45 (128)	01:15:08.60
48	PALACZ JAROSŁAW	139		BYDGOSZCZ	POL	M40-49	12	M 45	00:17:01 (112)	00:02:51	00:31:59 (26)	00:01:39	00:21:41 (47)	01:15:11.20
49	JANUSZKIEWICZ PIOTR	67		ŁOCHOWO	POL	M30-39	25	M 46	00:15:43 (74)	00:02:29	00:34:16 (52)	00:01:21	00:21:36 (45)	01:15:25.85
50	PEKRUL WOJCIECH	143	MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29	9	M 47	00:13:58 (35)	00:02:24	00:35:48 (81)	00:01:07	00:22:18 (62)	01:15:35.55
51	JABŁOŃSKI MARCIN	64	KRYSPORT TEAM	BYDGOSZCZ	POL	M40-49	13	M 48	00:16:52 (107)	00:02:21	00:33:29 (41)	00:01:11	00:21:50 (50)	01:15:43.40
52	KOWALSKI DARIUSZ	89	TEAM KOWALSKI	ZŁOTÓW	POL	M50-59	2	M 49	00:16:19 (90)	00:03:22	00:34:50 (68)	00:01:10	00:20:09 (19)	01:15:50.70
53	SKORECKI ALEKSANDER	165	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39	26	M 50	00:13:41 (32)	00:02:41	00:36:13 (86)	00:00:52	00:22:28 (65)	01:15:55.50
54	MICHAŁSKI MICHAŁ	121	ŁAPA JAGUARA	BYDGOSZCZ	POL	M40-49	14	M 51	00:14:41 (53)	00:02:17	00:34:26 (55)	00:01:13	00:23:23 (78)	01:16:00.55
55	TYMIŃSKI DARIUSZ	191	PIT DELTA	M50-59	POL	M50-59	3	M 52	00:16:46 (102)	00:02:43	00:34:02 (45)	00:01:02	00:21:39 (46)	01:16:12.00
56	GOŁEMBIEWSKI MAREK	52		BYDGOSZCZ	POL	M40-49	15	M 53	00:16:47 (104)	00:02:23	00:35:44 (79)	00:00:59	00:20:20 (25)	01:16:13.00
57	ŻOŁNOWSKA KATARZYNA	214	VAMOS TEAM	WARSZAWA	POL	K30-39	3	K 4	00:10:19 (2)	00:02:44	00:35:58 (84)	00:01:01	00:26:13 (137)	01:16:15.90
58	LEWANDOWSKI OSKAR	108		KRUSZWICA	POL	M18-29	10	M 54	00:14:10 (37)	00:02:14	00:33:58 (43)	00:01:41	00:24:26 (109)	01:16:29.75
59	PIETRUSZKA MAGDALENA	145	TRIPETRUSZKA - SCHULO TEAM	DZIAŁDOWO	POL	K30-39	4	K 5	00:14:46 (55)	00:02:25	00:37:18 (115)	00:00:59	00:21:05 (36)	01:16:33.50
60	KAWCZYŃSKI PAWEŁ	76	ELITE SPORTS REDA	GDYNIA	POL	M30-39	27	M 55	00:11:48 (12)	00:02:18	00:34:28 (57)	00:01:00	00:27:14 (153)	01:16:48.50
61	CIEPŁOWSKI ROBERT	30		BYDGOSZCZ	POL	M40-49	16	M 56	00:12:11 (15)	00:02:15	00:36:36 (98)	00:01:20	00:24:26 (108)	01:16:48.75
62	WIECZOREK BARTOSZ	196		GNIEWKOWO	POL	M30-39	28	M 57				00:02:17	00:21:34 (44)	01:16:49.90
63	KRÓL MACIEJ	95	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	4	M 58	00:17:02 (114)	00:02:18	00:33:01 (38)	00:01:13	00:23:35 (84)	01:17:09.05
64	POLASIK MICHAŁ	149	RUN4FUN	BYDGOSZCZ	POL	M30-39	29	M 59	00:14:28 (48)	00:02:53	00:35:27 (74)	00:00:59	00:23:26 (80)	01:17:13.20
65	BOHDANOWICZ PATRYCJA	19	FLOW DANCE STUDIO	BYDGOSZCZ	POL	K30-39	5	K 6	00:16:08 (84)	00:02:25	00:34:30 (58)	00:01:12	00:22:58 (74)	01:17:13.70
66	ZIEMIŃSKI BARTOSZ	208		PŁOCK	POL	M30-39	30	M 60	00:17:56 (139)	00:02:59	00:34:00 (44)	00:01:23	00:21:08 (38)	01:17:26.30
67	PIETRZAKOWSKI PATRYK	146	ŁAPA JAGUARA	BYDGOSZCZ	POL	M30-39	31	M 61	00:15:33 (71)	00:03:50	00:34:32 (59)	00:01:22	00:22:12 (60)	01:17:29.05
68	BANACH JAN	9	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M18-29	11	M 62	00:11:51 (13)	00:02:06	00:36:14 (87)	00:01:10	00:26:10 (133)	01:17:31.50
69	SOBCZAK MARCIN	225	CZARNE STOPY	BYDGOSZCZ	POL	M30-39	32	M 63	00:14:59 (57)	00:02:55	00:35:15 (70)	00:01:19	00:23:36 (85)	01:18:04.10
70	MAĆKOWSKI DANIEL	114		ZAGOŚCINIEC	POL	M40-49	17	M 64	00:16:34 (96)	00:02:32	00:35:24 (72)	00:01:32	00:22:06 (55)	01:18:08.50
71	ANTKOWIAK BARTOSZ	8	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	33	M 65	00:18:20 (145)	00:02:04	00:34:13 (50)	00:01:04	00:22:34 (66)	01:18:15.10
72	KULIŃSKI GRZEGORZ	101		BYDGOSZCZ	POL	M18-29	12	M 66	00:17:11 (120)	00:02:29	00:35:40 (77)	00:00:47	00:22:08 (58)	01:18:15.95
73	RADZIEJEWSKI TOMASZ	153	TEAMOCHAL	BYDGOSZCZ	POL	M30-39	34	M 67	00:16:21 (91)	00:02:22	00:35:48 (82)	00:00:55	00:22:52 (73)	01:18:18.10
74	SMOCZYŃSKA EMILIA	169	MBC TEAM	TUCHOLA	POL	K30-39	6	K 7	00:16:17 (88)	00:02:44	00:34:06 (46)	00:01:25	00:23:55 (91)	01:18:27.55
75	WOLFF MARIA	200	CITYZEN	SUCHY LAS	POL	K30-39	7	K 8	00:13:36 (30)	00:01:49	00:38:18 (137)	00:01:00	00:23:59 (93)	01:18:42.95
76	ZIELIŃSKI MACIEJ	207		BYDGOSZCZ	POL	M30-39	35	M 68	00:16:31 (94)	00:02:12	00:34:47 (66)	00:00:58	00:24:27 (110)	01:18:55.40
77	RUTKOWSKI MICHAŁ	217	KUJAWSKO-POMORSKIE	TORUŃ	POL	M30-39	36	M 69	00:14:13 (40)	00:03:38	00:37:27 (119)	00:02:16	00:21:28 (43)	01:19:02.35
78	GUMIŃSKI PIOTR	58	CTS	PIOTRKÓW TRYBUNALSKI	POL	M30-39	37	M 70	00:14:17 (41)	00:03:09	00:34:09 (47)	00:01:28	00:26:12 (135)	01:19:15.80
79	CZARNECKI PIOTR	221	BRZOZA BIEGA	BYDGOSZCZ	POL	M40-49	18	M 71	00:16:41 (99)	00:03:54	00:35:45 (80)	00:00:42	00:22:35 (67)	01:19:37.05
80	KĄTNIK JACEK	77		ŁOCHOWO	POL	M50-59	5	M 72	00:19:33 (161)	00:02:26	00:34:13 (51)	00:01:10	00:22:19 (63)	01:19:41.45
81	ANDRZEJEWSKI BARTOSZ	230	KLINIKA TRIATHLONU	BORÓWNO	POL	M40-49	19	M 73	00:15:07 (60)	00:02:27	00:35:40 (78)	00:01:32	00:25:13 (119)	01:19:59.45
82	FRYDRYSZEK MICHAŁ	48	1989	BYDGOSZCZ	POL	M30-39	38	M 74	00:17:54 (136)	00:02:54	00:34:21 (54)	00:01:36	00:23:32 (81)	01:20:17.50
83	NOWAK MICHAŁ	135	LEGALAID	GDYNIA	POL	M30-39	39	M 75	00:14:29 (49)	00:02:40	00:36:54 (106)	00:02:05	00:24:16 (103)	01:20:24.55
84	KAPUSTKA MIREK	72	KAPUSTRI	POZNAŃ	POL	M30-39	40	M 76	00:15:19 (66)	00:02:15	00:37:30 (121)	00:01:48	00:23:38 (86)	01:20:30.55
85	IWICKI PAWEŁ	63		BYDGOSZCZ	POL	M30-39	41	M 77	00:15:46 (76)	00:02:53	00:36:21 (89)	00:01:38	00:23:59 (94)	01:20:37.50
86	KWAPIŃSKI DAMIAN	103		BYDGOSZCZ	POL	M30-39	42	M 78	00:16:37 (97)	00:02:27	00:37:48 (126)	00:01:32	00:22:18 (61)	01:20:42.55
87	CHĘCIŃSKI MAREK	28		WARSZAWA	POL	M40-49	20	M 79	00:15:12 (65)	00:04:26	00:34:41 (64)	00:01:56	00:24:45 (113)	01:21:00.75
88	DULIŃSKI BARTOSZ	44	NOOBIEZJAGODA	NIEMCZ	POL	M18-29	13	M 80	00:17:17 (123)	00:03:24	00:35:39 (76)	00:01:43	00:23:00 (75)	01:21:03.85
89	ŚWIERCZYŃSKI MARCIN	184	ATHLETICOMED.PL	OSIELSKO	POL	M30-39	43	M 81	00:17:36 (129)	00:03:12	00:34:39 (61)	00:01:34	00:24:06 (98)	01:21:07.95
90	BYRTEK GRZEGORZ	26	1975	BYDGOSZCZ	POL	M40-49	21	M 82	00:13:41 (33)	00:02:33	00:37:02 (108)	00:01:12	00:26:41 (142)	01:21:09.50
91	PERLIŃSKI DAMIAN	144	MOŻE I POWOLI, ALE ZA TO BYLE JAK	BYDGOSZCZ	POL	M30-39	44	M 83	00:19:16 (159)	00:02:17	00:36:00 (85)	00:01:15	00:22:47 (71)	01:21:35.60
92	RAJ JAROSŁAW	155	CITYZEN CLUB	SZADEK	POL	M40-49	22	M 84	00:11:41 (9)	00:03:08	00:39:10 (149)	00:01:19	00:26:21 (138)	01:21:39.80
93	CYNOWSKI KRZYSZTOF	32	CYNA	SZCZECIN	POL	M30-39	45	M 85	00:16:05 (80)	00:02:53	00:36:51 (104)	00:01:39	00:24:12 (110)	01:21:40.10
94	MAZURKIEWICZ MICHAŁ	120		BYDGOSZCZ	POL	M30-39	46	M 86	00:16:07 (82)	00:02:35	00:37:06 (109)	00:01:59	00:23:58 (92)	01:21:45.85
95	GRUBA MAREK	56		BRZOZA	POL	M30-39	47	M 87	00:15:51 (78)	00:03:26	00:36:32 (97)	00:01:40	00:24:24 (106)	01:21:53.40
96	SOKOŁOWSKA HANNA	170	KUŹNIA TRIATHLONU	GORZEŃ	POL	K50-59	1	K 9	00:13:20 (26)	00:02:58	00:37:57 (127)	00:01:20	00:26:29 (140)	01:22:04.30
97	TALAREK ROBERT	185	SMT SZCZECIN	SZCZECIN	POL	M40-49	23	M 88	00:19:40 (164)	00:02:34	00:36:23 (90)	00:01:21	00:22:07 (57)	01:22:05.55
98	KAPSA DAWID	71	ONLY GLASS	BYDGOSZCZ	POL	M40-49	24	M 89	00:17:34 (127)	00:03:03	00:36:28 (92)	00:01:31	00:23:32 (83)	01:22:08.15
99	DOBRZAŃSKI DARIUSZ	39	3GRAVITY	BYDGOSZCZ	POL	M30-39	48	M 90	00:15:23 (67)	00:03:08	00:34:48 (67)	00:01:24	00:27:29 (156)	01:22:12.00

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
100	WOLSKI TOMASZ	201	BYDGOSZCZ TRIATHLON TEAM	OSIELSKO	POL	M30-39	49	M 91	00:18:13 (143)	00:02:32	00:37:23 (116)	00:01:27	00:22:45 (68)	01:22:20.70
101	KARCZEWSKI FILIP	75		BYDGOSZCZ	POL	M30-39	50	M 92	00:18:10 (142)	00:02:31	00:35:17 (71)	00:01:16	00:25:11 (117)	01:22:25.80
102	LEWANDOWKI FABIAN	107		CZAPLE	POL	M30-39	51	M 93	00:17:05 (115)	00:03:18	00:36:27 (91)	00:01:51	00:23:47 (90)	01:22:28.25
103	BOROWSKI ŁUKASZ	20	LADYSI	BYDGOSZCZ	POL	M40-49	25	M 94	00:17:37 (130)	00:03:13	00:36:28 (93)	00:01:43	00:23:32 (82)	01:22:33.95
104	POPEK MACIEJ	150	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M40-49	26	M 95	00:18:25 (147)	00:03:26	00:34:40 (63)	00:01:43	00:24:26 (107)	01:22:40.15
105	DUDA ALEKSANDRA	42	POLITECHNIKA GDAŃSKA	GDAŃSK	POL	K18-29	2	K 10	00:14:22 (44)	00:02:52	00:40:01 (157)	00:01:32	00:24:07 (99)	01:22:54.15
106	KUŻMA WOJTEK	102		BYDGOSZCZ	POL	M50-59	6	M 96	00:17:29 (126)	00:02:35	00:36:30 (95)	00:00:57	00:25:32 (124)	01:23:03.95
107	DYBOWSKI DOMINIK	45	PUA	BYDGOSZCZ	POL	M30-39	52	M 97	00:16:13 (86)	00:02:43	00:39:07 (148)	00:00:57	00:24:08 (100)	01:23:08.70
108	ANTCZAK MAREK	7		WARSZAWA	POL	M40-49	27	M 98	00:20:36 (176)	00:03:16	00:36:16 (88)	00:02:07	00:20:56 (33)	01:23:11.35
109	WARCZAK KATARZYNA	193	TEAMOCHAL	BYDGOSZCZ	POL	K40-49	1	K 11	00:15:08 (61)	00:02:42	00:38:25 (139)	00:01:27	00:25:30 (123)	01:23:12.25
110	ZIENKIEWICZ MAREK	210	ATOS	BYDGOSZCZ	POL	M40-49	28	M 99	00:18:50 (151)	00:03:04	00:36:38 (99)	00:01:09	00:23:43 (87)	01:23:24.05
111	MAŁACHA DAWID	116	KU AZS UTP BYDGOSZCZ	ŻNIN	POL	M18-29	14	M 100	00:17:52 (133)	00:03:20	00:39:30 (153)	00:01:47	00:20:58 (35)	01:23:27.50
112	WOŹNIAK RADEK	202	BOZITA POLSKA	BYDGOSZCZ	POL	M30-39	53	M 101	00:17:55 (138)	00:02:38	00:35:28 (75)	00:01:19	00:26:12 (134)	01:23:32.15
113	CABAJ MARTYNA	27		BYDGOSZCZ	POL	K18-29	3	K 12	00:14:32 (51)	00:02:36	00:38:03 (131)	00:01:32	00:27:07 (149)	01:23:50.15
114	GIERES WALDEMAR	51	PTT DELTA	PŁOCK	POL	M50-59	7	M 102	00:16:51 (105)	00:02:11	00:35:24 (73)	00:00:55	00:28:50 (178)	01:24:11.10
115	KWIATOŃ MICHAŁ	215		VEEN	M30-39		54	M 103	00:17:54 (134)	00:03:31	00:34:58 (69)	00:01:10	00:26:38 (141)	01:24:11.40
116	ROMAN KRZYSZTOF	157		BOLSZEWO	POL	M40-49	29	M 104	00:17:10 (119)	00:03:29	00:37:16 (114)	00:02:10	00:24:15 (102)	01:24:20.20
117	SZLYK MACIEJ	178		INOWROCLAW	POL	M40-49	30	M 105	00:15:11 (64)	00:03:20	00:36:31 (96)	00:02:18	00:27:00 (146)	01:24:20.50
118	MARKIEWICZ BARTOSZ	117	PTT DELTA	PŁOCK	POL	M30-39	55	M 106	00:17:06 (116)	00:03:05	00:37:32 (122)	00:01:35	00:25:06 (115)	01:24:24.70
119	KARCZEWSKA KAROLINA	74		OSIELSKO	POL	K18-29	4	K 13	00:16:38 (98)	00:03:20	00:38:34 (142)	00:01:34	00:24:18 (104)	01:24:24.85
120	RUCIŃSKI RAFAŁ	159	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	56	M 107	00:17:42 (132)	00:02:31	00:36:29 (94)	00:01:46	00:26:02 (130)	01:24:30.90
121	MOJĘSZ PIOTR	126	UNLIMITED KRAKÓW	BIELSKO-BIAŁA	POL	M18-29	15	M 108	00:15:50 (77)	00:02:53	00:37:27 (118)	00:01:32	00:26:50 (144)	01:24:32.20
122	KONWIŃSKI DANIEL	85	SELEKCJA NATURALNA	SZUBIN	POL	M30-39	57	M 109	00:18:15 (144)	00:03:37	00:37:12 (112)	00:01:32	00:24:06 (96)	01:24:42.55
123	GÓRZYŃSKA MAŁGORZATA	54	TRISPACE/TREK	TRZCIANKA	POL	K40-49	2	K 14	00:19:39 (163)	00:02:55	00:37:28 (120)	00:01:31	00:23:26 (79)	01:24:59.25
124	FRĄCZKOWSKI ŁUKASZ	47		BYDGOSZCZ	POL	M18-29	16	M 110	00:13:23 (27)	00:03:45	00:37:48 (125)	00:02:06	00:27:58 (164)	01:25:00.10
125	TRZASKOWSKI TOMASZ	189		BYDGOSZCZ	POL	M40-49	31	M 111	00:15:30 (69)	00:04:34	00:37:42 (123)	00:01:19	00:26:04 (131)	01:25:09.40
126	HEJNICKI DARIUSZ	60	DON TRUCKING GROUP	SZUBIN	POL	M30-39	58	M 112	00:20:31 (174)	00:03:25	00:37:58 (128)	00:01:44	00:22:01 (54)	01:25:39.85
127	GWIAZDOWSKI KRZYSZTOF	59		BYDGOSZCZ	POL	M40-49	32	M 113	00:20:04 (168)	00:03:39	00:37:13 (113)	00:01:16	00:23:45 (89)	01:25:57.45
128	LICZNIERSKA ALINA	109	ZONE3TEAM	PLEWISKA	POL	K30-39	8	K 15	00:21:26 (184)	00:02:14	00:38:14 (135)	00:01:03	00:23:02 (76)	01:25:59.10
129	GRUBA JACEK	57		BRZOZA	POL	M60-69	1	M 114	00:17:55 (137)	00:03:18	00:37:11 (111)	00:00:54	00:27:01 (147)	01:26:19.80
130	CICHY ADAM	29	RUN4FUN	BYDGOSZCZ	POL	M30-39	59	M 115	00:19:06 (157)	00:04:19	00:36:47 (102)	00:01:11	00:25:06 (114)	01:26:29.25
131	MORAWIAK KRZYSZTOF	129		KOSZALIN	POL	M18-29	17	M 116	00:17:20 (124)	00:03:39	00:39:16 (151)	00:00:48	00:25:35 (125)	01:26:38.95
132	GAWRON MARCIN	49	CAR-MAN	DOBRCZ	POL	M40-49	33	M 117	00:18:53 (154)	00:03:10	00:36:43 (100)	00:01:40	00:26:13 (136)	01:26:39.20
133	WRÓBEL PAWEŁ	203		BYDGOSZCZ	POL	M30-39	60	M 118	00:16:58 (110)	00:03:26	00:36:54 (107)	00:01:17	00:28:06 (168)	01:26:41.40
134	GONDEK MARTIN	53		BYDGOSZCZ	POL	M18-29	18	M 119	00:15:30 (68)	00:04:13	00:38:24 (138)	00:01:04	00:27:32 (158)	01:26:43.90
135	DROBINSKI DANIEL	40		BYDGOSZCZ	POL	M30-39	61	M 120	00:20:30 (173)	00:03:54	00:37:43 (124)	00:01:53	00:22:46 (69)	01:26:46.10
136	ŚWIATOWY KRYSZTIAN	183	#SLIMAKIBARCIN	BARCIN	POL	M30-39	62	M 121	00:18:39 (149)	00:03:20	00:38:34 (141)	00:01:05	00:25:13 (118)	01:26:51.05
137	PIETZ MIKOŁAJ	147	CYTADELA BY NIGHT	POZNAŃ	POL	M40-49	34	M 122	00:16:46 (103)	00:02:56	00:39:10 (150)	00:02:12	00:25:54 (129)	01:26:58.95
138	LURKA KRYSZTIAN	112	TRISPACE/TREK	BYDGOSZCZ	POL	M18-29	19	M 123	00:22:33 (189)	00:02:51	00:35:57 (83)	00:01:34	00:24:20 (105)	01:27:15.95
139	BARANOWICZ BARTOSZ	10	GLOBART MEBLE	BYDGOSZCZ	POL	M40-49	35	M 124	00:15:00 (59)	00:03:03	00:38:11 (133)	00:01:28	00:29:41 (187)	01:27:23.05
140	STANIEK AGATA	172	MOGILNO TEAM	MOGILNO	POL	K18-29	5	K 16	00:12:40 (21)	00:02:45	00:43:20 (179)	00:00:48	00:27:52 (160)	01:27:25.10
141	STRYCZYŃSKI MAREK	176	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	63	M 125	00:17:01 (113)	00:03:07	00:39:26 (152)	00:01:41	00:26:25 (139)	01:27:40.05
142	MALINOWSKI ARTUR	227		MAKSYMILIANOWO	POL	M50-59	8	M 126	00:21:42 (186)	00:03:32	00:36:53 (105)	00:01:41	00:24:04 (95)	01:27:52.00
143	KOŁODZIEJCZYK TOMASZ	84		WARSZAWA	POL	M40-49	36	M 127	00:19:01 (155)	00:02:56	00:40:09 (159)	00:03:06	00:22:48 (72)	01:28:00.30
144	ŚLESICKI MACIEJ	181		BYDGOSZCZ	POL	M40-49	37	M 128	00:16:55 (108)	00:03:14	00:38:02 (130)	00:01:38	00:28:32 (173)	01:28:21.15
145	TUBAJA ALBERT	190	KABEL TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49	38	M 129	00:16:25 (92)	00:03:53	00:36:45 (101)	00:02:18	00:29:03 (182)	01:28:24.35
146	CZERWIAKOWSKI SEBASTIAN	35		BYDGOSZCZ	POL	M40-49	39	M 130	00:17:54 (135)	00:04:21	00:37:07 (110)	00:01:28	00:27:44 (159)	01:28:34.65
147	DULINSKA DOROTA	43	TRISPACE/TREK	NIEMCZ	POL	K40-49	3	K 17	00:18:44 (150)	00:02:42	00:37:25 (117)	00:01:38	00:28:08 (169)	01:28:37.30
148	KOWALSKI MAREK	90	REKINY OSIELSKO	NIEMCZ	POL	M50-59	9	M 131	00:16:33 (95)	00:04:55	00:40:08 (158)	00:01:47	00:25:20 (120)	01:28:43.20
149	KOSECKI TOMASZ	87		BYDGOSZCZ	POL	M40-49	40	M 132	00:19:32 (160)	00:04:26	00:38:41 (144)	00:02:00	00:24:06 (97)	01:28:45.65
150	RASZLIŃSKA MARIOLA	156		BYDGOSZCZ	POL	K50-59	2	K 18	00:17:59 (140)	00:02:52	00:40:49 (166)	00:01:38	00:25:38 (126)	01:28:56.90
151	OSIŃSKI ADAM	138	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M40-49	41	M 133	00:20:24 (171)	00:03:55	00:38:04 (132)	00:01:37	00:25:06 (116)	01:29:06.20
152	PAPIEROWSKI PIOTR	140	ATOS	BYDGOSZCZ	POL	M30-39	64	M 134	00:18:08 (141)	00:03:08	00:39:02 (146)	00:01:47	00:27:05 (148)	01:29:10.15
153	JANKOWSKA ZUZANNA	66		POZNAŃ	POL	K18-29	6	K 19	00:16:26 (93)	00:03:32	00:41:33 (170)	00:00:44	00:27:12 (151)	01:29:27.80
154	CZACHOWSKI JACEK	33		BYDGOSZCZ	POL	M30-39	65	M 135	00:16:58 (111)	00:04:19	00:40:30 (164)	00:00:43	00:27:09 (150)	01:29:39.00
155	MATLUCH PIOTR	119	A-T	KOMORNIKI	POL	M40-49	42	M 136	00:20:32 (175)	00:04:48	00:38:35 (143)	00:01:12	00:24:40 (111)	01:29:47.80

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
156	WOJTCZAK ADAM	199		BYDGOSZCZ	POL	M30-39	66	M 137	00:15:45 (75)	00:03:20	00:40:31 (165)	00:01:18	00:29:00 (181)	01:29:54.35
157	MIELCAREK RAFAŁ	18		WARSZAWA	POL	M40-49	43	M 138	00:17:06 (117)	00:03:40	00:41:59 (174)	00:01:36	00:25:43 (127)	01:30:04.40
158	ZIÓŁKOWSKI BARTOSZ	212		STRZELNO	POL	M18-29	20	M 139	00:19:51 (166)	00:02:22	00:39:56 (156)	00:01:53	00:26:09 (132)	01:30:11.70
159	POCZTAREK EWELINA	224	CITYZEN POZNAŃ	MOSINA	POL	K30-39	9	K 20	00:15:32 (70)	00:03:27	00:42:32 (177)	00:01:40	00:27:29 (157)	01:30:40.50
160	BOGALECKI MAREK	17	SAFE SPORT TEAM	STAROGARD GDAŃSKI	POL	M60-69	2	M 140	00:18:52 (153)	00:04:46	00:38:01 (129)	00:02:00	00:27:12 (152)	01:30:51.65
161	PAWELSKI MICHAŁ	142		BYDGOSZCZ	POL	M30-39	67	M 141				00:01:51	00:28:05 (167)	01:31:10.00
162	ZIĘBICKI MACIEJ	211		BYDGOSZCZ	POL	M30-39	68	M 142	00:18:20 (146)	00:03:38	00:38:46 (145)	00:01:48	00:28:43 (175)	01:31:15.55
163	LALEWICZ WOJCIECH	105	ASSECO ACTIVE TEAM	RADONIE	POL	M40-49	44	M 143	00:19:06 (158)	00:03:56	00:39:45 (155)	00:01:06	00:27:24 (155)	01:31:17.15
164	STEMPOROWSKI PAWEŁ	174		INOWROCLAW	POL	M18-29	21	M 144	00:12:14 (16)	00:02:58	00:43:17 (178)	00:00:49	00:32:18 (194)	01:31:36.05
165	RADZIŃSKA JOANNA	154	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39	10	K 21	00:20:41 (179)	00:03:09	00:38:12 (134)	00:01:30	00:28:12 (170)	01:31:44.65
166	LEBIECKI PAWEŁ	106		BYDGOSZCZ	POL	M30-39	69	M 145	00:19:01 (156)	00:03:38	00:40:15 (162)	00:01:54	00:27:22 (154)	01:32:10.45
167	RUTKOWSKA VIRGINIA	160	ATOS/KLINIKA TRIATHLONU	BYDGOSZCZ	POL	K30-39	11	K 22	00:16:57 (109)	00:03:40	00:41:04 (169)	00:01:43	00:29:17 (183)	01:32:41.30
168	ZUBOWICZ MARIA	213	IRON TEAM TOMASZ MARCINEK	POZNAŃ	POL	K30-39	12	K 23	00:22:19 (188)	00:03:08	00:39:06 (147)	00:01:24	00:26:48 (143)	01:32:45.15
169	MIEKCYŃSKI ARTUR	123	POLONIA BYDGOSZCZ	ZIELONCZYN	POL	M30-39	70	M 146	00:19:43 (165)	00:03:56	00:40:11 (161)	00:01:03	00:27:55 (161)	01:32:48.45
170	ROŚ SŁAWEK	158	SELEKCJA NATURALNA	NOWA WIEŚ WIELKA	POL	M30-39	71	M 147	00:15:54 (79)	00:04:39	00:41:33 (171)	00:01:35	00:29:23 (184)	01:33:04.05
171	SOŁDYGA PAWEŁ	171		BYDGOSZCZ	POL	M40-49	45	M 148	00:21:17 (182)	00:04:29	00:41:03 (168)	00:01:33	00:25:23 (122)	01:33:45.95
172	ZGÓRSKI MACIEJ	206		BYDGOSZCZ	POL	M40-49	46	M 149	00:20:27 (172)	00:04:15	00:38:25 (140)	00:02:00	00:28:44 (176)	01:33:51.35
173	KAPUSTKA KASIA	73	KAPUSTRI	POZNAŃ	POL	K30-39	13	K 24	00:17:13 (121)	00:04:15	00:41:40 (172)	00:01:12	00:29:37 (186)	01:33:57.50
174	PRENTKA MAGDALENA	151	CITYZEN	POZNAŃ	POL	K40-49	4	K 25	00:15:38 (73)	00:03:14	00:42:27 (176)	00:01:31	00:31:09 (192)	01:33:59.85
175	DRZEWIECKI MIKOŁAJ	41		BYDGOSZCZ	POL	M30-39	72	M 150	00:20:08 (169)	00:03:35	00:40:17 (163)	00:01:34	00:28:36 (174)	01:34:10.90
176	MONTOWSKI JAN	128	OPLAWIEC	BYDGOSZCZ	POL	M60-69	3	M 151	00:20:36 (177)	00:04:23	00:41:56 (173)	00:00:59	00:28:51 (179)	01:36:45.50
177	TOMAŚ MARIUSZ	186	TRIIM OŁAWA	OŁAWA	POL	M40-49	47	M 152	00:23:57 (198)	00:03:05	00:40:11 (160)	00:02:11	00:28:04 (166)	01:37:28.35
178	JUCHACZ MICHAŁ	69	DZIKI Z BALCZEWA	INOWROCLAW	POL	M40-49	48	M 153	00:20:38 (178)	00:03:21	00:47:51 (192)	00:00:46	00:25:21 (121)	01:37:57.05
179	MORDAKA MACIEJ	130		BYDGOSZCZ	POL	M30-39	73	M 154	00:16:43 (100)	00:04:34	00:39:39 (154)	00:02:03	00:35:19 (198)	01:38:18.50
180	PASTWA DONATA	141	TRISPACE TREK	BYDGOSZCZ	POL	K40-49	5	K 26	00:23:22 (194)	00:03:37	00:44:35 (184)	00:02:11	00:24:43 (112)	01:38:28.90
181	KOPCZYŃSKI WALDEMAR	86	1958	POZNAŃ	POL	M60-69	4	M 155	00:21:30 (185)	00:03:37	00:40:57 (167)	00:01:53	00:30:56 (191)	01:38:53.45
182	BUDNICKI KRZYSZTOF	23		BYDGOSZCZ	POL	M40-49	49	M 156	00:22:45 (190)	00:03:44	00:42:17 (175)	00:02:15	00:27:57 (162)	01:38:58.90
183	KOCZOROWSKA KAMILA	83		BYDGOSZCZ	POL	K30-39	14	K 27	00:17:13 (122)	00:03:17	00:44:14 (182)	00:00:53	00:33:58 (197)	01:39:35.70
184	KOWALSKA KAROLINA	88		BYDGOSZCZ	POL	K18-29	7	K 28	00:17:35 (128)	00:03:18	00:45:31 (186)	00:01:14	00:32:39 (196)	01:40:17.00
185	DANIELEK EWA ANNA	37	REEBOK RUN CREW	WARSZAWA	POL	K30-39	15	K 29	00:20:08 (170)	00:03:19	00:44:46 (185)	00:01:29	00:30:35 (189)	01:40:17.65
186	PIĄTKOWSKI MATEUSZ	98	TRIFECTA	TORUŃ	POL	1 FALA	1	M 157	00:17:38 (131)	00:04:03	00:49:02 (198)	00:01:09	00:28:56 (180)	01:40:48.75
187	FIEGEL KATARZYNA	46	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	6	K 30	00:24:23 (199)	00:02:37	00:44:32 (183)	00:01:28	00:28:22 (172)	01:41:22.70
188	KRAZIŃSKA SAMANTA	93	MIEDZY TRENINGAMI	GDAŃSK	POL	K18-29	8	K 31	00:24:51 (200)	00:02:38	00:43:37 (180)	00:01:31	00:28:48 (177)	01:41:25.30
189	BUGAJ KATARZYNA	24	LAKE RUNNERS TYCHY	TYCHY	POL	K40-49	7	K 32	00:16:45 (101)	00:06:33	00:48:57 (197)	00:02:29	00:26:57 (145)	01:41:41.25
190	BUŁKA RAFAŁ	25		NIEMCZ	POL	M50-59	10	M 158	00:18:32 (148)	00:04:18	00:45:52 (189)	00:02:08	00:32:27 (195)	01:43:17.25
191	SZABO-MOSKAL JADWIGA	177		BORÓWNO	POL	K50-59	3	K 33	00:21:08 (181)	00:03:41	00:47:36 (191)	00:00:38	00:30:43 (190)	01:43:46.20
192	KULCZYŃSKI PRZEMYSŁAW	100	TYPYGRUBE	BYDGOSZCZ	POL	M30-39	74	M 159	00:23:16 (193)	00:03:43	00:45:35 (187)	00:01:02	00:30:20 (188)	01:43:56.15
193	SKRZYNIARZ HUBERT	167	#CIAĞŁA_WALKĄ_Z_BMI	ŁOCHOWO	POL	M30-39	75	M 160	00:33:34 (205)	00:04:20	00:36:48 (103)	00:01:26	00:27:58 (163)	01:44:06.40
194	MURACH AGNIESZKA	131	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	K50-59	4	K 34	00:22:07 (187)	00:04:35	00:47:15 (190)	00:02:30	00:28:00 (165)	01:44:27.30
195	WIŚNIEWSKA MAŁGORZATA	198		DOBRCZ	POL	K40-49	8	K 35	00:19:57 (167)	00:04:20	00:47:56 (193)	00:01:23	00:31:48 (193)	01:45:24.55
196	PIĄTKOWSKI MARIUSZ	21	TRIFECTA	COVENTRY	GBR	1 FALA	2	M 161			00:45:38 (188)	00:00:47	00:35:41 (199)	01:45:51.50
197	SKORUPKA RADEK	166	ULUNG TEAM	BYDGOSZCZ	POL	M40-49	50	M 162	00:23:13 (192)	00:04:46	00:51:09 (200)	00:01:29	00:28:18 (171)	01:48:55.75
198	MICHAŁSKI BOGDAN	122	ŁAPA JAGUARA	BYDGOSZCZ	POL	M60-69	5	M 163	00:21:18 (183)	00:04:35	00:43:50 (181)	00:02:26	00:36:53 (203)	01:49:02.60
199	NOWAK ADAM	223	WUJEK PORADA	BYDGOSZCZ	POL	M40-49	51	M 164	00:21:02 (180)	00:05:11	00:48:50 (196)	00:02:29	00:36:31 (200)	01:54:03.25
200	ZAPOTOCZNY ROBERT	216	CENTRUM MEDYCYNY SPORTOWEJ OLIMP ZIELONA GÓRA	ZIELONA GÓRA	POL	M50-59	11	M 165	00:27:16 (204)	00:06:17	00:48:38 (195)	00:03:03	00:29:29 (185)	01:54:43.10
201	CZYŻEWSKI PIOTR	36	MELTICA TEAM	BRZOZA	POL	M30-39	76	M 166	00:22:58 (191)	00:04:36	00:48:11 (194)	00:01:25	00:38:44 (204)	01:55:54.90
202	NOWICKA MICHALINA	136		GROTNICKI	POL	K18-29	9	K 36	00:23:32 (196)	00:03:40	00:51:50 (201)	00:01:06	00:36:35 (201)	01:56:43.40
203	NOSKOWIAK BAJNO ALICJA	134		BORÓWNO	POL	K40-49	9	K 37	00:25:40 (201)	00:04:48	00:50:33 (199)	00:01:07	00:36:50 (202)	01:58:58.45
204	BŁASZKIEWICZ MARZENA	15	CHOŁE KŁÓLIKI	BORÓWNO	POL	K40-49	10	K 38	00:23:42 (197)	00:06:04	00:54:19 (202)	00:02:53	00:39:44 (206)	02:06:42.40
205	ŻAK ŁUKASZ	62	TRIFECTA	ŁÓDŹ	POL	M30-39	77	M 167	00:23:24 (195)	00:10:03	00:54:30 (203)	00:01:35	00:39:23 (205)	02:08:55.70
206	MIKA ALDONA	124		BYDGOSZCZ	POL	K50-59	5	K 39	00:26:05 (203)	00:10:55	00:55:58 (204)	00:02:08	00:46:39 (207)	02:21:45.20
207	SAWICKI WALDEMAR	163		BYDGOSZCZ	POL	M70-79	1	M 168	00:26:04 (202)	00:10:46	00:56:19 (205)	00:01:48	00:53:31 (208)	02:28:28.10
	HENDRZAK SYLWESTER	61	ZAMEK BIERZGŁOWSKI	ŁUBIANKA	POL	M30-39			00:19:36 DNF (162)	00:03:47	00:38:17 (136)	00:01:45	00:00:00 (70)	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
	WAPNIEWSKI MARCIN	31	TRI-SPORT	GÓROWO IŁAWECKIE	POL	M40-49			00:11:44 DNF	00:01:55		00:00:00	00:00:00 ( )	DNF
	STAWSKI PAWEŁ	173	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M30-39			DNF (0)	00:00:00	00:00:00 (0)	00:00:00	00:00:00 (0)	DNF
	WRZESIŃSKI BARTŁOMIEJ	22	TRIFECTA	MUROWANIEC	POL	1 FALA			DNF (0)	00:00:00	00:00:00 (0)	00:00:00	00:00:00 (0)	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	SOŁTYSIEK JOANNA	598	PHOENIX TEAM POLAND	KOŁO	POL	K30-39	1	K 1	00:11:14	00:01:45	00:31:25	00:00:50	00:19:50	01:05:04.20
2	KOWALSKA ANGELIKA	4	TRISPACE/TREK / TOOLMAX BIAŁE BŁOTA	PRZYŁĘKI	POL	K30-39	2	K 2	00:14:02	00:02:11	00:32:39	00:01:02	00:22:24	01:12:18.30
3	BENTKOWSKA NATALIA	5		PRĄDOCIN	POL	K18-29	1	K 3	00:13:40	00:02:30	00:34:26	00:00:54	00:21:50	01:13:20.30
4	ŻOŁNOWSKA KATARZYNA	214	VAMOS TEAM	WARSZAWA	POL	K30-39	3	K 4	00:10:19	00:02:44	00:35:58	00:01:01	00:26:13	01:16:15.90
5	PIETRUSZKA MAGDALENA	145	TRIPETRUSZKA - SCHULO TEAM	DZIAŁDOWO	POL	K30-39	4	K 5	00:14:46	00:02:25	00:37:18	00:00:59	00:21:05	01:16:33.50
6	BOHDANOWICZ PATRYCJA	19	FLOW DANCE STUDIO	BYDGOSZCZ	POL	K30-39	5	K 6	00:16:08	00:02:25	00:34:30	00:01:12	00:22:58	01:17:13.70
7	SMOCZYŃSKA EMILIA	169	MBC TEAM	TUCHOLA	POL	K30-39	6	K 7	00:16:17	00:02:44	00:34:06	00:01:25	00:23:55	01:18:27.55
8	WOLFF MARIA	200	CITYZEN	SUCHY LAS	POL	K30-39	7	K 8	00:13:36	00:01:49	00:38:18	00:01:00	00:23:59	01:18:42.95
9	SOKOŁOWSKA HANNA	170	KUŹNIA TRIATHLONU	GORZEŃ	POL	K50-59	1	K 9	00:13:20	00:02:58	00:37:57	00:01:20	00:26:29	01:22:04.30
10	DUDA ALEKSANDRA	42	POLITECHNIKA GDAŃSKA	GDAŃSK	POL	K18-29	2	K 10	00:14:22	00:02:52	00:40:01	00:01:32	00:24:07	01:22:54.15
11	WARCZAK KATARZYNA	193	TEAMOCHAL	BYDGOSZCZ	POL	K40-49	1	K 11	00:15:08	00:02:42	00:38:25	00:01:27	00:25:30	01:23:12.25
12	CABAJ MARTYNA	27		BYDGOSZCZ	POL	K18-29	3	K 12	00:14:32	00:02:36	00:38:03	00:01:32	00:27:07	01:23:50.15
13	KARCZEWSKA KAROLINA	74		OSIELSKO	POL	K18-29	4	K 13	00:16:38	00:03:20	00:38:34	00:01:34	00:24:18	01:24:24.85
14	GÓRZYŃSKA MAŁGORZATA	54	TRISPACE/TREK	TRZCIANKA	POL	K40-49	2	K 14	00:19:39	00:02:55	00:37:28	00:01:31	00:23:26	01:24:59.25
15	LICZNIERSKA ALINA	109	ZONE3TEAM	PLEWISKA	POL	K30-39	8	K 15	00:21:26	00:02:14	00:38:14	00:01:03	00:23:02	01:25:59.10
16	STANIEK AGATA	172	MOGILNO TEAM	MOGILNO	POL	K18-29	5	K 16	00:12:40	00:02:45	00:43:20	00:00:48	00:27:52	01:27:25.10
17	DULINSKA DOROTA	43	TRISPACE/TREK	NIEMCZ	POL	K40-49	3	K 17	00:18:44	00:02:42	00:37:25	00:01:38	00:28:08	01:28:37.30
18	RASZLIŃSKA MARIOLA	156		BYDGOSZCZ	POL	K50-59	2	K 18	00:17:59	00:02:52	00:40:49	00:01:38	00:25:38	01:28:56.90
19	JANKOWSKA ZUZANNA	66		POZNAŃ	POL	K18-29	6	K 19	00:16:26	00:03:32	00:41:33	00:00:44	00:27:12	01:29:27.80
20	POCZTAREK EWELINA	224	CITYZEN POZNAŃ	MOSINA	POL	K30-39	9	K 20	00:15:32	00:03:27	00:42:32	00:01:40	00:27:29	01:30:40.50
21	RADZIŃSKA JOANNA	154	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39	10	K 21	00:20:41	00:03:09	00:38:12	00:01:30	00:28:12	01:31:44.65
22	RUTKOWSKA VIRGINIA	160	ATOS/KLINIKA TRIATHLONU	BYDGOSZCZ	POL	K30-39	11	K 22	00:16:57	00:03:40	00:41:04	00:01:43	00:29:17	01:32:41.30
23	ZUBOWICZ MARIA	213	IRON TEAM TOMASZ MARCINEK	POZNAŃ	POL	K30-39	12	K 23	00:22:19	00:03:08	00:39:06	00:01:24	00:26:48	01:32:45.15
24	KAPUSTKA KASIA	73	KAPUSTRI	POZNAŃ	POL	K30-39	13	K 24	00:17:13	00:04:15	00:41:40	00:01:12	00:29:37	01:33:57.50
25	PRENTKA MAGDALENA	151	CITYZEN	POZNAN	POL	K40-49	4	K 25	00:15:38	00:03:14	00:42:27	00:01:31	00:31:09	01:33:59.85
26	PASTWA DONATA	141	TRISPACE TREK	BYDGOSZCZ	POL	K40-49	5	K 26	00:23:22	00:03:37	00:44:35	00:02:11	00:24:43	01:38:28.90
27	KOCZOROWSKA KAMILA	83		BYDGOSZCZ	POL	K30-39	14	K 27	00:17:13	00:03:17	00:44:14	00:00:53	00:33:58	01:39:35.70
28	KOWALSKA KAROLINA	88		BYDGOSZCZ	POL	K18-29	7	K 28	00:17:35	00:03:18	00:45:31	00:01:14	00:32:39	01:40:17.00
29	DANIELEK EWA ANNA	37	REEBOK RUN CREW	WARSZAWA	POL	K30-39	15	K 29	00:20:08	00:03:19	00:44:46	00:01:29	00:30:35	01:40:17.65
30	FIEGEL KATARZYNA	46	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	6	K 30	00:24:23	00:02:37	00:44:32	00:01:28	00:28:22	01:41:22.70
31	KRAZIŃSKA SAMANTA	93	MIĘDZY TRENINGAMI	GDAŃSK	POL	K18-29	8	K 31	00:24:51	00:02:38	00:43:37	00:01:31	00:28:48	01:41:25.30
32	BUGAJ KATARZYNA	24	LAKE RUNNERS TYCHY	TYCHY	POL	K40-49	7	K 32	00:16:45	00:06:33	00:48:57	00:02:29	00:26:57	01:41:41.25
33	SZABO-MOSKAL JADWIGA	177		BORÓWNO	POL	K50-59	3	K 33	00:21:08	00:03:41	00:47:36	00:00:38	00:30:43	01:43:46.20
34	MURACH AGNIESZKA	131	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	K50-59	4	K 34	00:22:07	00:04:35	00:47:15	00:02:30	00:28:00	01:44:27.30
35	WIŚNIEWSKA MAŁGORZATA	198		DOBRCZ	POL	K40-49	8	K 35	00:19:57	00:04:20	00:47:56	00:01:23	00:31:48	01:45:24.55
36	NOWICKA MICHALINA	136		GROTNIKI	POL	K18-29	9	K 36	00:23:32	00:03:40	00:51:50	00:01:06	00:36:35	01:56:43.40
37	NOSKOWIAK BAJNO ALICJA	134		BORÓWNO	POL	K40-49	9	K 37	00:25:40	00:04:48	00:50:33	00:01:07	00:36:50	01:58:58.45
38	BŁASZKIEWICZ MARZENA	15	CHOŁE KŁÓLIKI	BORÓWNO	POL	K40-49	10	K 38	00:23:42	00:06:04	00:54:19	00:02:53	00:39:44	02:06:42.40
39	MIKA ALDONA	124		BYDGOSZCZ	POL	K50-59	5	K 39	00:26:05	00:10:55	00:55:58	00:02:08	00:46:39	02:21:45.20

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	KRIEGER ŁUKASZ	94	H2OSHOP.PL/LANGE TRI COACH	CHOJNICZKI	POL	M30-39	1	M 1	00:12:27	00:01:39	00:28:55	00:00:54	00:18:06	01:02:01.65
2	TOMCZAK MARCIN	222	GVT BMC 3SOFT TRIATHLON TEAM	POZNAŃ	POL	M30-39	2	M 2	00:11:23	00:01:54	00:29:49	00:00:57	00:19:13	01:03:16.00
3	WIECZORKOWSKI ADAM	220	BIKE U UP / BIALŁ	GDAŃSK	POL	M18-29	1	M 3	00:13:06	00:02:08	00:30:03	00:01:01	00:18:30	01:04:48.55
4	URBAŃSKI MICHAŁ	1	NEURON REHABILITACJA	OSIELSKO	POL	M18-29	2	M 4	00:10:13	00:01:41	00:31:31	00:00:58	00:20:37	01:05:00.25
5	RYMER JAKUB	161	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	M30-39	3	M 5	00:12:23	00:01:49	00:30:44	00:00:51	00:19:32	01:05:19.45
6	KLUŻNIAK JACEK	80	TRINERGY	KIELCE	POL	M40-49	1	M 6	00:11:15	00:01:57	00:31:08	00:00:56	00:20:39	01:05:55.45
7	ZIENKIEWICZ JANUSZ	209	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49	2	M 7	00:13:31	00:02:06	00:31:25	00:00:59	00:18:48	01:06:49.50
8	MŁYŃCZAK JAKUB	229	KS GVT	GLIWICE	POL	M18-29	3	M 8	00:12:34	00:01:48	00:32:41	00:00:48	00:19:33	01:07:24.55
9	KOZAR KAROL	91	POLISH TRIATHLETES	SWINDON	GBR	M30-39	4	M 9	00:14:21	00:02:11	00:30:37	00:01:27	00:18:50	01:07:26.05
10	URBANOWSKI WŁODZIMIERZ	218	RETRO STORK TEAM	TORUŃ	POL	M40-49	3	M 10				00:01:22	00:21:57	01:07:32.95
11	WOLSKI JĘDRZEJ	6	MOGILNO TEAM	MOGILNO	POL	M18-29	4	M 11	00:11:34	00:01:58	00:34:09	00:01:02	00:18:53	01:07:36.60
12	BISKUPSKI CEZARY	12	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	5	M 12	00:14:17	00:01:59	00:30:23	00:01:07	00:19:56	01:07:42.65
13	PRZYBYLSKI JAKUB	152	KOMPUTRONIK	DĄBRÓWKA	POL	M30-39	6	M 13	00:14:42	00:02:04	00:30:17	00:01:03	00:19:37	01:07:43.75
14	BEDNARCZYK TOMASZ	2	BIKE U UP	GDYNIA	POL	M30-39	7	M 14	00:12:32	00:01:51	00:32:40	00:00:48	00:19:58	01:07:49.10
15	BOGACZ MARIUSZ	16	TRISPACE/TREK	RADZIEJÓW	POL	M40-49	4	M 15	00:12:54	00:01:58	00:31:26	00:00:55	00:20:38	01:07:51.60
16	JAŚKIEWICZ MARCIN	68	MOGILNO TEAM	MOGILNO	POL	M30-39	8	M 16	00:12:52	00:01:56	00:31:58	00:00:48	00:20:19	01:07:53.40
17	WASZTYL MICHAŁ	194	ZONE3TEAM / WITKOWO BIEGA	POWIDZ	POL	M30-39	9	M 17	00:11:41	00:01:52	00:33:19	00:00:55	00:20:10	01:07:57.65
18	TRZASKA PRZEMYSŁAW	188	DREAM TRI TEAM	GDAŃSK	POL	M30-39	10	M 18	00:14:37	00:01:47	00:31:15	00:00:52	00:19:32	01:08:03.50
19	KWIATKOWSKI DANIEL	104	IRON TEAM TOMASZ MARCINEK	SZKOCJA	POL	M30-39	11	M 19	00:14:31	00:02:00	00:31:16	00:01:08	00:19:23	01:08:18.00
20	SAWIEŁAJC JAKUB	164	FUJI KRYSPORT TEAM	BYDGOSZCZ	POL	M18-29	5	M 20	00:11:41	00:01:56	00:32:12	00:01:13	00:21:45	01:08:47.40
21	BETHKE SŁAWOMIR	11	7SI-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	M30-39	12	M 21	00:14:59	00:02:03	00:30:20	00:00:51	00:20:44	01:08:57.40
22	POKORSKI MAREK	148	CTS	WARSZAWA	POL	M40-49	5	M 22	00:14:27	00:02:03	00:30:51	00:00:56	00:20:41	01:08:58.70
23	MARTYNOWICZ MICHAŁ	118	TRISPACE/TREK	BRZOZA	POL	M40-49	6	M 23	00:12:06	00:02:12	00:32:40	00:00:55	00:21:23	01:09:16.65
24	EJSMONT KRZYSZTOF	78		BYDGOSZCZ	POL	M40-49	7	M 24	00:15:08	00:02:11	00:31:06	00:00:47	00:20:12	01:09:24.75
25	WIECZORKOWSKI ADRIAN	219	BIALŁ / BIKE U UP	GDAŃSK	POL	M40-49	8	M 25	00:14:48	00:02:31	00:31:32	00:00:57	00:19:55	01:09:43.35
26	GOŚCINIAK MICHAŁ	65	3GRAVITY	WROCLAW	POL	M30-39	13	M 26	00:14:12	00:02:26	00:33:36	00:00:53	00:18:40	01:09:47.70
27	LICZNIERSKI MAREK	110	ZONE3 TEAM	PLEWISKA	POL	M30-39	14	M 27	00:13:10	00:02:09	00:33:23	00:00:54	00:20:16	01:09:52.70
28	KUBICZAK JAN	616		TORUŃ	POL	M30-39	15	M 28	00:14:23	00:02:18	00:34:19	00:00:44	00:18:48	01:10:32.80
29	SZREDER DAWID	14	DAVE BIKES / ENDURE TEAM	KAMIONKI	POL	M40-49	9	M 29	00:14:12	00:01:51	00:32:22	00:00:55	00:21:48	01:11:08.90
30	SŁIWIŃSKI ŁUKASZ	182	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M30-39	16	M 30	00:17:22	00:02:00	00:31:18	00:00:50	00:19:56	01:11:26.05
31	GROCHOWSKI PAWEŁ	55	MBC	WARSZAWA	POL	M30-39	17	M 31	00:16:15	00:02:13	00:31:58	00:01:08	00:20:25	01:11:59.00
32	WIERZYŃSKI DAMIAN	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	BYDGOSZCZ	POL	M30-39	18	M 32	00:15:08	00:02:42	00:32:47	00:00:55	00:20:57	01:12:29.30
33	SZOT DAWID	179	IRON TEAM TOMASZ MARCINEK	SZTUM	POL	M18-29	6	M 33	00:16:07	00:02:22	00:32:53	00:01:11	00:20:17	01:12:50.10
34	WASNIEWSKI DANIEL	226	DEWELOPPOL TEAM	NOWY DWÓR MAZOWIECKI	POL	M30-39	19	M 34	00:17:08	00:02:32	00:31:44	00:01:11	00:20:24	01:12:59.15
35	KRZYŻANOWSKI LESZEK	96	NIEDZIELNY ŚCIGACZ	GDYNIA	POL	M30-39	20	M 35	00:13:28	00:02:16	00:34:38	00:01:17	00:21:21	01:13:00.10
36	WALKOWIAK ŁUKASZ	192		MIĘKOWO	POL	M18-29	7	M 36	00:13:58	00:02:26	00:34:42	00:01:02	00:21:20	01:13:28.35
37	KLUSZCZYŃSKI MARIUSZ	79	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M30-39	21	M 37	00:16:06	00:02:02	00:31:21	00:01:01	00:23:16	01:13:46.80
38	TRAWCZYŃSKI JACEK	187	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	1	M 38	00:16:18	00:01:54	00:32:40	00:00:59	00:22:00	01:13:51.55
39	JUSTYŃSKI ANDRZEJ	70		SZCZECIN	POL	M30-39	22	M 39	00:16:09	00:02:07	00:32:36	00:01:07	00:22:09	01:14:08.65
40	GIEŁAŻYN MATEUSZ	50		KORONOWO	POL	M18-29	8	M 40	00:14:24	00:02:16	00:34:39	00:01:01	00:22:06	01:14:26.35
41	KOZŁOWSKI JACEK	92	PTT DELTA	PŁOCK	POL	M40-49	10	M 41	00:16:52	00:02:27	00:32:29	00:01:31	00:21:18	01:14:37.75
42	SMOCZYŃSKI MAREK	168	MBC TEAM	TUCHOLA	POL	M30-39	23	M 42	00:15:36	00:02:37	00:31:31	00:01:24	00:23:45	01:14:53.70
43	KNOTHE ADAM	81	BUDSTOL INVEST	NIEMCZ	POL	M40-49	11	M 43	00:18:52	00:02:08	00:31:41	00:01:16	00:21:06	01:15:03.05
44	MALICKI PATRYK	115		DĘBOGÓRZE	POL	M30-39	24	M 44	00:11:32	00:02:09	00:34:12	00:01:30	00:25:45	01:15:08.60
45	PALACZ JAROSŁAW	139		BYDGOSZCZ	POL	M40-49	12	M 45	00:17:01	00:02:51	00:31:59	00:01:39	00:21:41	01:15:11.20
46	JANUSZKIEWICZ PIOTR	67		ŁOCHOWO	POL	M30-39	25	M 46	00:15:43	00:02:29	00:34:16	00:01:21	00:21:36	01:15:25.85
47	PEKRUL WOJCIECH	143	MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29	9	M 47	00:13:58	00:02:24	00:35:48	00:01:07	00:22:18	01:15:35.55
48	JABŁOŃSKI MARCIN	64	KRYSPORT TEAM	BYDGOSZCZ	POL	M40-49	13	M 48	00:16:52	00:02:21	00:33:29	00:01:11	00:21:50	01:15:43.40
49	KOWALSKI DARIUSZ	89	TEAM KOWALSKI	ZŁOTÓW	POL	M50-59	2	M 49	00:16:19	00:03:22	00:34:50	00:01:10	00:20:09	01:15:50.70
50	SKORECKI ALEKSANDER	165	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39	26	M 50	00:13:41	00:02:41	00:36:13	00:00:52	00:22:28	01:15:55.50
51	MICHALSKI MICHAŁ	121	ŁAPA JAGUARA	BYDGOSZCZ	POL	M40-49	14	M 51	00:14:41	00:02:17	00:34:26	00:01:13	00:23:23	01:16:00.55
52	TYMIŃSKI DARIUSZ	191	PTT DELTA	BRWILNO	POL	M50-59	3	M 52	00:16:46	00:02:43	00:34:02	00:01:02	00:21:39	01:16:12.00
53	GOŁEMBIEWSKI MAREK	52		BYDGOSZCZ	POL	M40-49	15	M 53	00:16:47	00:02:23	00:35:44	00:00:59	00:20:20	01:16:13.00
54	LEWANDOWSKI OSKAR	108		KRUSZWICA	POL	M18-29	10	M 54	00:14:10	00:02:14	00:33:58	00:01:41	00:24:26	01:16:29.75
55	KAWCZYŃSKI PAWEŁ	76	ELITE SPORTS REDA	GDYNIA	POL	M30-39	27	M 55	00:11:48	00:02:18	00:34:28	00:01:00	00:27:14	01:16:48.50

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
56	CIEPŁOWSKI ROBERT	30		BYDGOSZCZ	POL	M40-49	16	M 56	00:12:11	00:02:15	00:36:36	00:01:20	00:24:26	01:16:48.75
57	WIECZOREK BARTOSZ	196		GNIEWKOWO	POL	M30-39	28	M 57				00:02:17	00:21:34	01:16:49.90
58	KRÓL MACIEJ	95	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	4	M 58	00:17:02	00:02:18	00:33:01	00:01:13	00:23:35	01:17:09.05
59	POLASIK MICHAŁ	149	RUN4FUN	BYDGOSZCZ	POL	M30-39	29	M 59	00:14:28	00:02:53	00:35:27	00:00:59	00:23:26	01:17:13.20
60	ZIEMIŃSKI BARTOSZ	208	PTT DELTA	PŁOCK	POL	M30-39	30	M 60	00:17:56	00:02:59	00:34:00	00:01:23	00:21:08	01:17:26.30
61	PIETRZAKOWSKI PATRYK	146	ŁAPA JAGUARA	BYDGOSZCZ	POL	M30-39	31	M 61	00:15:33	00:03:50	00:34:32	00:01:22	00:22:12	01:17:29.05
62	BANACH JAN	9	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M18-29	11	M 62	00:11:51	00:02:06	00:36:14	00:01:10	00:26:10	01:17:31.50
63	SOBCZAK MARCIN	225	CZARNE STOPY	BYDGOSZCZ	POL	M30-39	32	M 63	00:14:59	00:02:55	00:35:15	00:01:19	00:23:36	01:18:04.10
64	MACKOWSKI DANIEL	114		ZAGOŚCINIEC	POL	M40-49	17	M 64	00:16:34	00:02:32	00:35:24	00:01:32	00:22:06	01:18:08.50
65	ANTKOWIAK BARTOSZ	8	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	33	M 65	00:18:20	00:02:04	00:34:13	00:01:04	00:22:34	01:18:15.10
66	KULIŃSKI GRZEGORZ	101		BYDGOSZCZ	POL	M18-29	12	M 66	00:17:11	00:02:29	00:35:40	00:00:47	00:22:08	01:18:15.95
67	RADZIEJEWSKI TOMASZ	153	TEAMOCHAL	BYDGOSZCZ	POL	M30-39	34	M 67	00:16:21	00:02:22	00:35:48	00:00:55	00:22:52	01:18:18.10
68	ZIELIŃSKI MACIEJ	207		BYDGOSZCZ	POL	M30-39	35	M 68	00:16:31	00:02:12	00:34:47	00:00:58	00:24:27	01:18:55.40
69	RUTKOWSKI MICHAŁ	217	KUJAWSKO-POMORSKIE	TORUŃ	POL	M30-39	36	M 69	00:14:13	00:03:38	00:37:27	00:02:16	00:21:28	01:19:02.35
70	GUMIŃSKI PIOTR	58	CTS	PIOTRKÓW TRYBUNALSKI	POL	M30-39	37	M 70	00:14:17	00:03:09	00:34:09	00:01:28	00:26:12	01:19:15.80
71	CZARNECKI PIOTR	221	BRZOZA BIEGA	BYDGOSZCZ	POL	M40-49	18	M 71	00:16:41	00:03:54	00:35:45	00:00:42	00:22:35	01:19:37.05
72	KĄTNIK JACEK	77		ŁOCHOWO	POL	M50-59	5	M 72	00:19:33	00:02:26	00:34:13	00:01:10	00:22:19	01:19:41.45
73	ANDRZEJEWSKI BARTOSZ	230	KLINIKA TRIATHLONU	BORÓWNO	POL	M40-49	19	M 73	00:15:07	00:02:27	00:35:40	00:01:32	00:25:13	01:19:59.45
74	FRYDRYSZEK MICHAŁ	48	1989	BYDGOSZCZ	POL	M30-39	38	M 74	00:17:54	00:02:54	00:34:21	00:01:36	00:23:32	01:20:17.50
75	NOWAK MICHAŁ	135	LEGALAID	GDYNIA	POL	M30-39	39	M 75	00:14:29	00:02:40	00:36:54	00:02:05	00:24:16	01:20:24.55
76	KAPUSTKA MIREK	72	KAPUSTRI	POZNAŃ	POL	M30-39	40	M 76	00:15:19	00:02:15	00:37:30	00:01:48	00:23:38	01:20:30.55
77	IWICKI PAWEŁ	63		BYDGOSZCZ	POL	M30-39	41	M 77	00:15:46	00:02:53	00:36:21	00:01:38	00:23:59	01:20:37.50
78	KWAPIŃSKI DAMIAN	103		BYDGOSZCZ	POL	M30-39	42	M 78	00:16:37	00:02:27	00:37:48	00:01:32	00:22:18	01:20:42.55
79	CHĘCIŃSKI MAREK	28		WARSZAWA	POL	M40-49	20	M 79	00:15:12	00:04:26	00:34:41	00:01:56	00:24:45	01:21:00.75
80	DULIŃSKI BARTOSZ	44	NOOBIEZJAGODA	NIEMCZ	POL	M18-29	13	M 80	00:17:17	00:03:24	00:35:39	00:01:43	00:23:00	01:21:03.85
81	ŚWIERCZYŃSKI MARCIN	184	ATHLETICOMED.PL	OSIELSKO	POL	M30-39	43	M 81	00:17:36	00:03:12	00:34:39	00:01:34	00:24:06	01:21:07.95
82	BYRTEK GRZEGORZ	26	1975	BYDGOSZCZ	POL	M40-49	21	M 82	00:13:41	00:02:33	00:37:02	00:01:12	00:26:41	01:21:09.50
83	PERLINSKI DAMIAN	144	MOŻE I POWOLI, ALE ZA TO BYLE JAK	BYDGOSZCZ	POL	M30-39	44	M 83	00:19:16	00:02:17	00:36:00	00:01:15	00:22:47	01:21:35.60
84	RAJ JAROSŁAW	155	CITYZEN CLUB	SZADEK	POL	M40-49	22	M 84	00:11:41	00:03:08	00:39:10	00:01:19	00:26:21	01:21:39.80
85	CYNOWSKI KRZYSZTOF	32	CYNA	SZCZECIN	POL	M30-39	45	M 85	00:16:05	00:02:53	00:36:51	00:01:39	00:24:12	01:21:40.10
86	MAZURKIEWICZ MICHAŁ	120		BYDGOSZCZ	POL	M30-39	46	M 86	00:16:07	00:02:35	00:37:06	00:01:59	00:23:58	01:21:45.85
87	GRUBA MAREK	56		BRZOZA	POL	M30-39	47	M 87	00:15:51	00:03:26	00:36:32	00:01:40	00:24:24	01:21:53.40
88	TALAREK ROBERT	185	SMT SZCZECIN	SZCZECIN	POL	M40-49	23	M 88	00:19:40	00:02:34	00:36:23	00:01:21	00:22:07	01:22:05.55
89	KAPSA DAWID	71	ONLY GLASS	BYDGOSZCZ	POL	M40-49	24	M 89	00:17:34	00:03:03	00:36:28	00:01:31	00:23:32	01:22:08.15
90	DOBRZAŃSKI DARIUSZ	39	3GRAVITY	BYDGOSZCZ	POL	M30-39	48	M 90	00:15:23	00:03:08	00:34:48	00:01:24	00:27:29	01:22:12.00
91	WOLSKI TOMASZ	201	BYDGOSZCZ TRIATHLON TEAM	OSIELSKO	POL	M30-39	49	M 91	00:18:13	00:02:32	00:37:23	00:01:27	00:22:45	01:22:20.70
92	KARCZEWSKI FILIP	75		BYDGOSZCZ	POL	M30-39	50	M 92	00:18:10	00:02:31	00:35:17	00:01:16	00:25:11	01:22:25.80
93	LEWANDOWKI FABIAN	107		CZAPLE	POL	M30-39	51	M 93	00:17:05	00:03:18	00:36:27	00:01:51	00:23:47	01:22:28.25
94	BOROWSKI ŁUKASZ	20	LADYSI	BYDGOSZCZ	POL	M40-49	25	M 94	00:17:37	00:03:13	00:36:28	00:01:43	00:23:32	01:22:33.95
95	POPEK MACIEJ	150	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M40-49	26	M 95	00:18:25	00:03:26	00:34:40	00:01:43	00:24:26	01:22:40.15
96	KUŻMA WOJTEK	102		BYDGOSZCZ	POL	M50-59	6	M 96	00:17:29	00:02:35	00:36:30	00:00:57	00:25:32	01:23:03.95
97	DYBOWSKI DOMINIK	45	PUA	BYDGOSZCZ	POL	M30-39	52	M 97	00:16:13	00:02:43	00:39:07	00:00:57	00:24:08	01:23:08.70
98	ANTCZAK MAREK	7		WARSZAWA	POL	M40-49	27	M 98	00:20:36	00:03:16	00:36:16	00:02:07	00:20:56	01:23:11.35
99	ZIENKIEWICZ MAREK	210	ATOS	BYDGOSZCZ	POL	M40-49	28	M 99	00:18:50	00:03:04	00:36:38	00:01:09	00:23:43	01:23:24.05
100	MAŁACHA DAWID	116	KU AZS UTP BYDGOSZCZ	ŻNIN	POL	M18-29	14	M 100	00:17:52	00:03:20	00:39:30	00:01:47	00:20:58	01:23:27.50
101	WOŹNIAK RADEK	202	BOZITA POLSKA	BYDGOSZCZ	POL	M30-39	53	M 101	00:17:55	00:02:38	00:35:28	00:01:19	00:26:12	01:23:32.15
102	GIERES WALDEMAR	51	PTT DELTA	PŁOCK	POL	M50-59	7	M 102	00:16:51	00:02:11	00:35:24	00:00:55	00:28:50	01:24:11.10
103	KWIATOŃ MICHAŁ	215		VEEN		M30-39	54	M 103	00:17:54	00:03:31	00:34:58	00:01:10	00:26:38	01:24:11.40
104	ROMAN KRZYSZTOF	157		BOLSZEWO	POL	M40-49	29	M 104	00:17:10	00:03:29	00:37:16	00:02:10	00:24:15	01:24:20.20
105	SZLYK MACIEJ	178		INOWROCLAW	POL	M40-49	30	M 105	00:15:11	00:03:20	00:36:31	00:02:18	00:27:00	01:24:20.50
106	MARKIEWICZ BARTOSZ	117	PTT DELTA	PŁOCK	POL	M30-39	55	M 106	00:17:06	00:03:05	00:37:32	00:01:35	00:25:06	01:24:24.70
107	RUCIŃSKI RAFAŁ	159	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	56	M 107	00:17:42	00:02:31	00:36:29	00:01:46	00:26:02	01:24:30.90
108	MOJŻESZ PIOTR	126	UNLIMITED KRAKÓW	BIELSKO-BIAŁA	POL	M18-29	15	M 108	00:15:50	00:02:53	00:37:27	00:01:32	00:26:50	01:24:32.20
109	KONWIŃSKI DANIEL	85	SELEKCJA NATURALNA	SZUBIN	POL	M30-39	57	M 109	00:18:15	00:03:37	00:37:12	00:01:32	00:24:06	01:24:42.55
110	FRĄCKOWSKI ŁUKASZ	47		BYDGOSZCZ	POL	M18-29	16	M 110	00:13:23	00:03:45	00:37:48	00:02:06	00:27:58	01:25:00.10
111	TRZASKOWSKI TOMASZ	189		BYDGOSZCZ	POL	M40-49	31	M 111	00:15:30	00:04:34	00:37:42	00:01:19	00:26:04	01:25:09.40

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
112	HEJNICKI DARIUSZ	60	DON TRUCKING GROUP	SZUBIN	POL	M30-39	58	M 112	00:20:31	00:03:25	00:37:58	00:01:44	00:22:01	01:25:39.85
113	GWIAZDOWSKI KRZYSZTOF	59		BYDGOSZCZ	POL	M40-49	32	M 113	00:20:04	00:03:39	00:37:13	00:01:16	00:23:45	01:25:57.45
114	GRUBA JACEK	57		BRZOZA	POL	M60-69	1	M 114	00:17:55	00:03:18	00:37:11	00:00:54	00:27:01	01:26:19.80
115	CICHY ADAM	29	RUN4FUN	BYDGOSZCZ	POL	M30-39	59	M 115	00:19:06	00:04:19	00:36:47	00:01:11	00:25:06	01:26:29.25
116	MORAWIAK KRZYSZTOF	129		KOSZALIN	POL	M18-29	17	M 116	00:17:20	00:03:39	00:39:16	00:00:48	00:25:35	01:26:38.95
117	GAWRON MARCIN	49	CAR-MAN	DOBRCZ	POL	M40-49	33	M 117	00:18:53	00:03:10	00:36:43	00:01:40	00:26:13	01:26:39.20
118	WRÓBEL PAWEŁ	203		BYDGOSZCZ	POL	M30-39	60	M 118	00:16:58	00:03:26	00:36:54	00:01:17	00:28:06	01:26:41.40
119	GONDEK MARTIN	53		BYDGOSZCZ	POL	M18-29	18	M 119	00:15:30	00:04:13	00:38:24	00:01:04	00:27:32	01:26:43.90
120	DROBINSKI DANIEL	40		BYDGOSZCZ	POL	M30-39	61	M 120	00:20:30	00:03:54	00:37:43	00:01:53	00:22:46	01:26:46.10
121	ŚWIATOWY KRYSZTIAN	183	#SLIMAKIBARCIN	BARCIN	POL	M30-39	62	M 121	00:18:39	00:03:20	00:38:34	00:01:05	00:25:13	01:26:51.05
122	PIETZ MIKOŁAJ	147	CYTADELA BY NIGHT	POZNAN	POL	M40-49	34	M 122	00:16:46	00:02:56	00:39:10	00:02:12	00:25:54	01:26:58.95
123	LURKA KRYSZTIAN	112	TRISPACE/TREK	BYDGOSZCZ	POL	M18-29	19	M 123	00:22:33	00:02:51	00:35:57	00:01:34	00:24:20	01:27:15.95
124	BARANOWICZ BARTOSZ	10	GLOBART MEBLE	BYDGOSZCZ	POL	M40-49	35	M 124	00:15:00	00:03:03	00:38:11	00:01:28	00:29:41	01:27:23.05
125	STRYCZYŃSKI MAREK	176	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	63	M 125	00:17:01	00:03:07	00:39:26	00:01:41	00:26:25	01:27:40.05
126	MALINOWSKI ARTUR	227		MAKSYMILIANOWO	POL	M50-59	8	M 126	00:21:42	00:03:32	00:36:53	00:01:41	00:24:04	01:27:52.00
127	KOŁODZIEJCZYK TOMASZ	84		WARSZAWA	POL	M40-49	36	M 127	00:19:01	00:02:56	00:40:09	00:03:06	00:22:48	01:28:00.30
128	ŚLESICKI MACIEJ	181		BYDGOSZCZ	POL	M40-49	37	M 128	00:16:55	00:03:14	00:38:02	00:01:38	00:28:32	01:28:21.15
129	TUBAJA ALBERT	190	KABEL TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49	38	M 129	00:16:25	00:03:53	00:36:45	00:02:18	00:29:03	01:28:24.35
130	CZERWIAKOWSKI SEBASTIAN	35		BYDGOSZCZ	POL	M40-49	39	M 130	00:17:54	00:04:21	00:37:07	00:01:28	00:27:44	01:28:34.65
131	KOWALSKI MAREK	90	REKINY OSIELSKO	NIEMCZ	POL	M50-59	9	M 131	00:16:33	00:04:55	00:40:08	00:01:47	00:25:20	01:28:43.20
132	KOSECKI TOMASZ	87		BYDGOSZCZ	POL	M40-49	40	M 132	00:19:32	00:04:26	00:38:41	00:02:00	00:24:06	01:28:45.65
133	OSIŃSKI ADAM	138	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M40-49	41	M 133	00:20:24	00:03:55	00:38:04	00:01:37	00:25:06	01:29:06.20
134	PAPIEROWSKI PIOTR	140	ATOS	BYDGOSZCZ	POL	M30-39	64	M 134	00:18:08	00:03:08	00:39:02	00:01:47	00:27:05	01:29:10.15
135	CZACHOWSKI JACEK	33		BYDGOSZCZ	POL	M30-39	65	M 135	00:16:58	00:04:19	00:40:30	00:00:43	00:27:09	01:29:39.00
136	MATLUCH PIOTR	119	A-T	KOMORNIKI	POL	M40-49	42	M 136	00:20:32	00:04:48	00:38:35	00:01:12	00:24:40	01:29:47.80
137	WOJTCZAK ADAM	199		BYDGOSZCZ	POL	M30-39	66	M 137	00:15:45	00:03:20	00:40:31	00:01:18	00:29:00	01:29:54.35
138	MIELCAREK RAFAŁ	18		WARSZAWA	POL	M40-49	43	M 138	00:17:06	00:03:40	00:41:59	00:01:36	00:25:43	01:30:04.40
139	ZIÓŁKOWSKI BARTOSZ	212		STRZELNO	POL	M18-29	20	M 139	00:19:51	00:02:22	00:39:56	00:01:53	00:26:09	01:30:11.70
140	BOGALECKI MAREK	17	SAFE SPORT TEAM	STAROGARD GDAŃSKI	POL	M60-69	2	M 140	00:18:52	00:04:46	00:38:01	00:02:00	00:27:12	01:30:51.65
141	PAWELSKI MICHAŁ	142		BYDGOSZCZ	POL	M30-39	67	M 141		00:01:51	00:28:05	00:01:51	00:28:05	01:31:10.00
142	ZIĘBICKI MACIEJ	211		BYDGOSZCZ	POL	M30-39	68	M 142	00:18:20	00:03:38	00:38:46	00:01:48	00:28:43	01:31:15.55
143	LALEWICZ WOJCIECH	105	ASSECO ACTIVE TEAM	RADONIE	POL	M40-49	44	M 143	00:19:06	00:03:56	00:39:45	00:01:06	00:27:24	01:31:17.15
144	STEMPOROWSKI PAWEŁ	174		INOWROCLAW	POL	M18-29	21	M 144	00:12:14	00:02:58	00:43:17	00:00:49	00:32:18	01:31:36.05
145	LEBIECKI PAWEŁ	106		BYDGOSZCZ	POL	M30-39	69	M 145	00:19:01	00:03:38	00:40:15	00:01:54	00:27:22	01:32:10.45
146	MIECZYŃSKI ARTUR	123	POLONIA BYDGOSZCZ	ZIELONCZYN	POL	M30-39	70	M 146	00:19:43	00:03:56	00:40:11	00:01:03	00:27:55	01:32:48.45
147	ROŚ SŁAWEK	158	SELEKCJA NATURALNA	NOWA WIEŚ WIELKA	POL	M30-39	71	M 147	00:15:54	00:04:39	00:41:33	00:01:35	00:29:23	01:33:04.05
148	SOŁDYGA PAWEŁ	171		BYDGOSZCZ	POL	M40-49	45	M 148	00:21:17	00:04:29	00:41:03	00:01:33	00:25:23	01:33:45.95
149	ZGÓRSKI MACIEJ	206		BYDGOSZCZ	POL	M40-49	46	M 149	00:20:27	00:04:15	00:38:25	00:02:00	00:28:44	01:33:51.35
150	DRZEWIECKI MIKOŁAJ	41		BYDGOSZCZ	POL	M30-39	72	M 150	00:20:08	00:03:35	00:40:17	00:01:34	00:28:36	01:34:10.90
151	MONTOWSKI JAN	128	OPLAWIEC	BYDGOSZCZ	POL	M60-69	3	M 151	00:20:36	00:04:23	00:41:56	00:00:59	00:28:51	01:36:45.50
152	TOMAŚ MARIUSZ	186	TRIIM OŁAWA	OŁAWA	POL	M40-49	47	M 152	00:23:57	00:03:05	00:40:11	00:02:11	00:28:04	01:37:28.35
153	JUCHACZ MICHAŁ	69	DZIKI Z BALCZEWA	INOWROCLAW	POL	M40-49	48	M 153	00:20:38	00:03:21	00:47:51	00:00:46	00:25:21	01:37:57.05
154	MORDAKA MACIEJ	130		BYDGOSZCZ	POL	M30-39	73	M 154	00:16:43	00:04:34	00:39:39	00:02:03	00:35:19	01:38:18.50
155	KOPCZYŃSKI WALDEMAR	86	1958	POZNAN	POL	M60-69	4	M 155	00:21:30	00:03:37	00:40:57	00:01:53	00:30:56	01:38:53.45
156	BUDNICKI KRZYSZTOF	23		BYDGOSZCZ	POL	M40-49	49	M 156	00:22:45	00:03:44	00:42:17	00:02:15	00:27:57	01:38:58.90
157	PIĄTKOWSKI MATEUSZ	98	TRIFECTA	TORUŃ	POL	1 FALA	1	M 157	00:17:38	00:04:03	00:49:02	00:01:09	00:28:56	01:40:48.75
158	BUŁKA RAFAŁ	25		NIEMCZ	POL	M50-59	10	M 158	00:18:32	00:04:18	00:45:52	00:02:08	00:32:27	01:43:17.25
159	KULCZYŃSKI PRZEMYSŁAW	100	TYPYGRUBE	BYDGOSZCZ	POL	M30-39	74	M 159	00:23:16	00:03:43	00:45:35	00:01:02	00:30:20	01:43:56.15
160	SKRZYNIARZ HUBERT	167	#CIAĞŁA_WALKA_Z_BMI	ŁOCHOWO	POL	M30-39	75	M 160	00:33:34	00:04:20	00:36:48	00:01:26	00:27:58	01:44:06.40
161	PIĄTKOWSKI MARIUSZ	21	TRIFECTA	COVENTRY	GBR	1 FALA	2	M 161			00:45:38	00:00:47	00:35:41	01:45:51.50
162	SKORUPKA RADEK	166	ULUNG TEAM	BYDGOSZCZ	POL	M40-49	50	M 162	00:23:13	00:04:46	00:51:09	00:01:29	00:28:18	01:48:55.75
163	MICHALSKI BOGDAN	122	ŁAPA JAGUARA	BYDGOSZCZ	POL	M60-69	5	M 163	00:21:18	00:04:35	00:43:50	00:02:26	00:36:53	01:49:02.60
164	NOWAK ADAM	223	WUJEK PORADA	BYDGOSZCZ	POL	M40-49	51	M 164	00:21:02	00:05:11	00:48:50	00:02:29	00:36:31	01:54:03.25
165	ZAPOTOCZNY ROBERT	216	CENTRUM MEDYCYNY SPORTOWEJ OLIMP ZIELONA GÓRA	ZIELONA GÓRA	POL	M50-59	11	M 165	00:27:16	00:06:17	00:48:38	00:03:03	00:29:29	01:54:43.10
166	CZYŻEWSKI PIOTR	36	MELTICA TEAM	BRZOZA	POL	M30-39	76	M 166	00:22:58	00:04:36	00:48:11	00:01:25	00:38:44	01:55:54.90



**OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
167	ŻAK ŁUKASZ	62	TRIFECTA	ŁÓDŹ	POL	M30-39	77	M 167	00:23:24	00:10:03	00:54:30	00:01:35	00:39:23	02:08:55.70
168	SAWICKI WALDEMAR	163		BYDGOSZCZ	POL	M70-79	1	M 168	00:26:04	00:10:46	00:56:19	00:01:48	00:53:31	02:28:28.10
	HENDRZAK SYLWESTER	61	ZAMEK BIERZGŁOWSKI	ŁUBIANKA	POL	M30-39			00:19:36 DNF	00:03:47	00:38:17	00:01:45	00:00:00	DNF
	WAPNIEWSKI MARCIN	31	TRI-SPORT	GÓROWO ŁAWECKIE	POL	M40-49			00:11:44 DNF	00:01:55		00:00:00	00:00:00	DNF
	STAWSKI PAWEŁ	173	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M30-39			DNF	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	WRZESIŃSKI BARTŁOMIEJ	22	TRIFECTA	MUROWANIEC	POL	1 FALA			DNF	00:00:00	00:00:00	00:00:00	00:00:00	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	KRIEGER ŁUKASZ	94	H2OSHOP.PL/LANGE TRI COACH	CHOJNICZKI	POL	M30-39	1	M 1	00:12:27	00:01:39	00:28:55	00:00:54	00:18:06	01:02:01.65
2	TOMCZAK MARCIN	222	GVT BMC 3SOFT TRIATHLON TEAM	POZNAŃ	POL	M30-39	2	M 2	00:11:23	00:01:54	00:29:49	00:00:57	00:19:13	01:03:16.00
3	WIECZORKOWSKI ADAM	220	BIKE U UP / BIALŁ	GDAŃSK	POL	M18-29	1	M 3	00:13:06	00:02:08	00:30:03	00:01:01	00:18:30	01:04:48.55
4	URBAŃSKI MICHAŁ	1	NEURON REHABILITACJA	OSIELSKO	POL	M18-29	2	M 4	00:10:13	00:01:41	00:31:31	00:00:58	00:20:37	01:05:00.25
5	SOŁTYSIEK JOANNA	598	PHOENIX TEAM POLAND	KOŁO	POL	K30-39	1	K 1	00:11:14	00:01:45	00:31:25	00:00:50	00:19:50	01:05:04.20
6	RYMER JAKUB	161	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	M30-39	3	M 5	00:12:23	00:01:49	00:30:44	00:00:51	00:19:32	01:05:19.45
7	KLUŻNIAK JACEK	80	TRINERGY	KIELCE	POL	M40-49	1	M 6	00:11:15	00:01:57	00:31:08	00:00:56	00:20:39	01:05:55.45
8	ZIENKIEWICZ JANUSZ	209	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49	2	M 7	00:13:31	00:02:06	00:31:25	00:00:59	00:18:48	01:06:49.50
9	MŁYŃCZAK JAKUB	229	KS GVT	GLIWICE	POL	M18-29	3	M 8	00:12:34	00:01:48	00:32:41	00:00:48	00:19:33	01:07:24.55
10	KOZAR KAROL	91	POLISH TRIATHLETES	SWINDON	GBR	M30-39	4	M 9	00:14:21	00:02:11	00:30:37	00:01:27	00:18:50	01:07:26.05
11	URBANOWSKI WŁODZIMIERZ	218	RETRO STORK TEAM	TORUŃ	POL	M40-49	3	M 10				00:01:22	00:21:57	01:07:32.95
12	WOLSKI JĘDRZEJ	6	MOGILNO TEAM	MOGILNO	POL	M18-29	4	M 11	00:11:34	00:01:58	00:34:09	00:01:02	00:18:53	01:07:36.60
13	BISKUPSKI CEZARY	12	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	5	M 12	00:14:17	00:01:59	00:30:23	00:01:07	00:19:56	01:07:42.65
14	PRZYBYLSKI JAKUB	152	KOMPUTRONIK	DĄBRÓWKA	POL	M30-39	6	M 13	00:14:42	00:02:04	00:30:17	00:01:03	00:19:37	01:07:43.75
15	BEDNARCZYK TOMASZ	2	BIKE U UP	GDYNIA	POL	M30-39	7	M 14	00:12:32	00:01:51	00:32:40	00:00:48	00:19:58	01:07:49.10
16	BOGACZ MARIUSZ	16	TRISPACE/TREK	RADZIEJÓW	POL	M40-49	4	M 15	00:12:54	00:01:58	00:31:26	00:00:55	00:20:38	01:07:51.60
17	JAŚKIEWICZ MARCIN	68	MOGILNO TEAM	MOGILNO	POL	M30-39	8	M 16	00:12:52	00:01:56	00:31:58	00:00:48	00:20:19	01:07:53.40
18	WASZTYL MICHAŁ	194	ZONE3TEAM / WITKOWO BIEGA	POWIDZ	POL	M30-39	9	M 17	00:11:41	00:01:52	00:33:19	00:00:55	00:20:10	01:07:57.65
19	TRZASKA PRZEMYSŁAW	188	DREAM TRI TEAM	GDAŃSK	POL	M30-39	10	M 18	00:14:37	00:01:47	00:31:15	00:00:52	00:19:32	01:08:03.50
20	KWIATKOWSKI DANIEL	104	IRON TEAM TOMASZ MARCINEK	SZKOCJA	POL	M30-39	11	M 19	00:14:31	00:01:40	00:31:16	00:01:08	00:19:23	01:08:18.00
21	SAWIEŁAJC JAKUB	164	FUJI KRYSPOORT TEAM	BYDGOSZCZ	POL	M18-29	5	M 20	00:11:41	00:01:56	00:32:12	00:01:13	00:21:45	01:08:47.40
22	BETHKE SŁAWOMIR	11	7SI-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	M30-39	12	M 21	00:14:59	00:02:03	00:30:20	00:00:51	00:20:44	01:08:57.40
23	POKORSKI MAREK	148	CTS	WARSZAWA	POL	M40-49	5	M 22	00:14:27	00:02:03	00:30:51	00:00:56	00:20:41	01:08:58.70
24	MARTYNOWICZ MICHAŁ	118	TRISPACE/TREK	BRZOZA	POL	M40-49	6	M 23	00:12:06	00:02:12	00:32:40	00:00:55	00:21:23	01:09:16.65
25	EJSMONT KRZYSZTOF	78		BYDGOSZCZ	POL	M40-49	7	M 24	00:15:08	00:02:11	00:31:06	00:00:47	00:20:12	01:09:24.75
26	WIECZORKOWSKI ADRIAN	219	BIALŁ / BIKE U UP	GDAŃSK	POL	M40-49	8	M 25	00:14:48	00:02:31	00:31:32	00:00:57	00:19:55	01:09:43.35
27	GOŚCINIAK MICHAŁ	65	3GRAVITY	WROCLAW	POL	M30-39	13	M 26	00:14:12	00:02:26	00:33:36	00:00:53	00:18:40	01:09:47.70
28	LICZNIERSKI MAREK	110	ZONE3 TEAM	PLEWISKA	POL	M30-39	14	M 27	00:13:10	00:02:09	00:33:23	00:00:54	00:20:16	01:09:52.70
29	KUBICZAK JAN	616		TORUŃ	POL	M30-39	15	M 28	00:14:23	00:02:18	00:34:19	00:00:44	00:18:48	01:10:32.80
30	SZREDER DAWID	14	DAVE BIKES / ENDURE TEAM	KAMIONKI	POL	M40-49	9	M 29	00:14:12	00:01:51	00:32:22	00:00:55	00:21:48	01:11:08.90
31	SŁIWIŃSKI ŁUKASZ	182	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M30-39	16	M 30	00:17:22	00:02:00	00:31:18	00:00:50	00:19:56	01:11:26.05
32	GROCHOWSKI PAWEŁ	55	MBC	WARSZAWA	POL	M30-39	17	M 31	00:16:15	00:02:13	00:31:58	00:01:08	00:20:25	01:11:59.00
33	KOWALSKA ANGELIKA	4	TRISPACE/TREK / TOOLMAX BIAŁE BŁOTA	PRZYŁĘKI	POL	K30-39	2	K 2	00:14:02	00:02:11	00:32:39	00:01:02	00:22:24	01:12:18.30
34	WIERZYŃSKI DAMIAN	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	BYDGOSZCZ	POL	M30-39	18	M 32	00:15:08	00:02:42	00:32:47	00:00:55	00:20:57	01:12:29.30
35	SZOT DAWID	179	IRON TEAM TOMASZ MARCINEK	SZTUM	POL	M18-29	6	M 33	00:16:07	00:02:22	00:32:53	00:01:11	00:20:17	01:12:50.10
36	WAŚNIEWSKI DANIEL	226	DEVELOPPOL TEAM	NOWY DWÓR MAZOWIECKI	POL	M30-39	19	M 34	00:17:08	00:02:32	00:31:44	00:01:11	00:20:24	01:12:59.15
37	KRZYŻANOWSKI LESZEK	96	NIEDZIELNY ŚCIGACZ	GDYNIA	POL	M30-39	20	M 35	00:13:28	00:02:16	00:34:38	00:01:17	00:21:21	01:13:00.10
38	BENTKOWSKA NATALIA	5		PRĄDOCIN	POL	K18-29	1	K 3	00:13:40	00:02:30	00:34:26	00:00:54	00:21:50	01:13:20.30
39	WALKOWIAK ŁUKASZ	192		MIĘKOWO	POL	M18-29	7	M 36	00:13:58	00:02:26	00:34:42	00:01:02	00:21:20	01:13:28.35
40	KLUSZCZYŃSKI MARIUSZ	79	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M30-39	21	M 37	00:16:06	00:02:02	00:31:21	00:01:01	00:23:16	01:13:46.80
41	TRAWCZYŃSKI JACEK	187	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	1	M 38	00:16:18	00:01:54	00:32:40	00:00:59	00:22:00	01:13:51.55

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
42	JUSTYŃSKI ANDRZEJ	70		SZCZECIN	POL	M30-39	22	M 39	00:16:09	00:02:07	00:32:36	00:01:07	00:22:09	01:14:08.65
43	GIEŁAŻYN MATEUSZ	50		KORONOWO	POL	M18-29	8	M 40	00:14:24	00:02:16	00:34:39	00:01:01	00:22:06	01:14:26.35
44	KOZŁOWSKI JACEK	92	PTT DELTA	PŁOCK	POL	M40-49	10	M 41	00:16:52	00:02:27	00:32:29	00:01:31	00:21:18	01:14:37.75
45	SMOCZYŃSKI MAREK	168	MBC TEAM	TUCHOLA	POL	M30-39	23	M 42	00:15:36	00:02:37	00:31:31	00:01:24	00:23:45	01:14:53.70
46	KNOTHE ADAM	81	BUDSTOL INVEST	NIEMCZ	POL	M40-49	11	M 43	00:18:52	00:02:08	00:31:41	00:01:16	00:21:06	01:15:03.05
47	MALICKI PATRYK	115		DĘBOGÓRZE	POL	M30-39	24	M 44	00:11:32	00:02:09	00:34:12	00:01:30	00:25:45	01:15:08.60
48	PALACZ JAROSŁAW	139		BYDGOSZCZ	POL	M40-49	12	M 45	00:17:01	00:02:51	00:31:59	00:01:39	00:21:41	01:15:11.20
49	JANUSZKIEWICZ PIOTR	67		ŁOCHOWO	POL	M30-39	25	M 46	00:15:43	00:02:29	00:34:16	00:01:21	00:21:36	01:15:25.85
50	PEKRUL WOJCIECH	143	MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29	9	M 47	00:13:58	00:02:24	00:35:48	00:01:07	00:22:18	01:15:35.55
51	JABŁOŃSKI MARCIN	64	KRYSPORT TEAM	BYDGOSZCZ	POL	M40-49	13	M 48	00:16:52	00:02:21	00:33:29	00:01:11	00:21:50	01:15:43.40
52	KOWALSKI DARIUSZ	89	TEAM KOWALSKI	ZŁOTÓW	POL	M50-59	2	M 49	00:16:19	00:03:22	00:34:50	00:01:10	00:20:09	01:15:50.70
53	SKORECKI ALEKSANDER	165	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39	26	M 50	00:13:41	00:02:41	00:36:13	00:00:52	00:22:28	01:15:55.50
54	MICHAŁSKI MICHAŁ	121	ŁAPA JAGUARA	BYDGOSZCZ	POL	M40-49	14	M 51	00:14:41	00:02:17	00:34:26	00:01:13	00:23:23	01:16:00.55
55	TYMIŃSKI DARIUSZ	191	PTT DELTA	BRWILNO	POL	M50-59	3	M 52	00:16:46	00:02:43	00:34:02	00:01:02	00:21:39	01:16:12.00
56	GOŁEMBIEWSKI MAREK	52		BYDGOSZCZ	POL	M40-49	15	M 53	00:16:47	00:02:23	00:35:44	00:00:59	00:20:20	01:16:13.00
57	ŻOŁNOWSKA KATARZYNA	214	VAMOS TEAM	WARSZAWA	POL	K30-39	3	K 4	00:10:19	00:02:44	00:35:58	00:01:01	00:26:13	01:16:15.90
58	LEWANDOWSKI OSKAR	108		KRUSZWICA	POL	M18-29	10	M 54	00:14:10	00:02:14	00:33:58	00:01:41	00:24:26	01:16:29.75
59	PIETRUSZKA MAGDALENA	145	TRIPETRUSZKA - SCHULO TEAM	DZIAŁDOWO	POL	K30-39	4	K 5	00:14:46	00:02:25	00:37:18	00:00:59	00:21:05	01:16:33.50
60	KAWCZYŃSKI PAWEŁ	76	ELITE SPORTS REDA	GDYNIA	POL	M30-39	27	M 55	00:11:48	00:02:18	00:34:28	00:01:00	00:27:14	01:16:48.50
61	CIEPŁOWSKI ROBERT	30		BYDGOSZCZ	POL	M40-49	16	M 56	00:12:11	00:02:15	00:36:36	00:01:20	00:24:26	01:16:48.75
62	WIECZOREK BARTOSZ	196		GNIEWKOWO	POL	M30-39	28	M 57				00:02:17	00:21:34	01:16:49.90
63	KRÓL MACIEJ	95	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	4	M 58	00:17:02	00:02:18	00:33:01	00:01:13	00:23:35	01:17:09.05
64	POLASIK MICHAŁ	149	RUN4FUN	BYDGOSZCZ	POL	M30-39	29	M 59	00:14:28	00:02:53	00:35:27	00:00:59	00:23:26	01:17:13.20
65	BOHDANOWICZ PATRYCJA	19	FLOW DANCE STUDIO	BYDGOSZCZ	POL	K30-39	5	K 6	00:16:08	00:02:25	00:34:30	00:01:12	00:22:58	01:17:13.70
66	ZIEMIŃSKI BARTOSZ	208	PTT DELTA	PŁOCK	POL	M30-39	30	M 60	00:17:56	00:02:59	00:34:00	00:01:23	00:21:08	01:17:26.30
67	PIETRZAKOWSKI PATRYK	146	ŁAPA JAGUARA	BYDGOSZCZ	POL	M30-39	31	M 61	00:15:33	00:03:50	00:34:32	00:01:22	00:22:12	01:17:29.05
68	BANACH JAN	9	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M18-29	11	M 62	00:11:51	00:02:06	00:36:14	00:01:10	00:26:10	01:17:31.50
69	SOBCZAK MARCIN	225	CZARNE STOPY	BYDGOSZCZ	POL	M30-39	32	M 63	00:14:59	00:02:55	00:35:15	00:01:19	00:23:36	01:18:04.10
70	MAĆKOWSKI DANIEL	114		ZAGOŚCINIEC	POL	M40-49	17	M 64	00:16:34	00:02:32	00:35:24	00:01:32	00:22:06	01:18:08.50
71	ANTKOWIAK BARTOSZ	8	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	33	M 65	00:18:20	00:02:04	00:34:13	00:01:04	00:22:34	01:18:15.10
72	KULIŃSKI GRZEGORZ	101		BYDGOSZCZ	POL	M18-29	12	M 66	00:17:11	00:02:29	00:35:40	00:00:47	00:22:08	01:18:15.95
73	RADZIEJEWSKI TOMASZ	153	TEAMOCHAL	BYDGOSZCZ	POL	M30-39	34	M 67	00:16:21	00:02:22	00:35:48	00:00:55	00:22:52	01:18:18.10
74	SMOCZYŃSKA EMILIA	169	MBC TEAM	TUCHOLA	POL	K30-39	6	K 7	00:16:17	00:02:44	00:34:06	00:01:25	00:23:55	01:18:27.55
75	WOLFF MARIA	200	CITYZEN	SUCHY ŁĄS	POL	K30-39	7	K 8	00:13:36	00:01:49	00:38:18	00:01:00	00:23:59	01:18:42.95
76	ZIELIŃSKI MACIEJ	207		BYDGOSZCZ	POL	M30-39	35	M 68	00:16:31	00:02:12	00:34:47	00:00:58	00:24:27	01:18:55.40
77	RUTKOWSKI MICHAŁ	217	KUJAWSKO-POMORSKIE	TORUŃ	POL	M30-39	36	M 69	00:14:13	00:03:38	00:37:27	00:02:16	00:21:28	01:19:02.35
78	GUMIŃSKI PIOTR	58	CTS	PIOTRKÓW TRYBUNALSKI	POL	M30-39	37	M 70	00:14:17	00:03:09	00:34:09	00:01:28	00:26:12	01:19:15.80
79	CZARNECKI PIOTR	221	BRZOZA BIEGA	BYDGOSZCZ	POL	M40-49	18	M 71	00:16:41	00:03:54	00:35:45	00:00:42	00:22:35	01:19:37.05
80	KĄTNIK JACEK	77		ŁOCHOWO	POL	M50-59	5	M 72	00:19:33	00:02:26	00:34:13	00:01:10	00:22:19	01:19:41.45
81	ANDRZEJEWSKI BARTOSZ	230	KLINIKA TRIATHLONU	BORÓWNO	POL	M40-49	19	M 73	00:15:07	00:02:27	00:35:40	00:01:32	00:25:13	01:19:59.45
82	FRYDRYSZEK MICHAŁ	48	1989	BYDGOSZCZ	POL	M30-39	38	M 74	00:17:54	00:02:54	00:34:21	00:01:36	00:23:32	01:20:17.50
83	NOWAK MICHAŁ	135	LEGALAID	GDYNIA	POL	M30-39	39	M 75	00:14:29	00:02:40	00:36:54	00:02:05	00:24:16	01:20:24.55
84	KAPUSTKA MIREK	72	KAPUSTRI	POZNAŃ	POL	M30-39	40	M 76	00:15:19	00:02:15	00:37:30	00:01:48	00:23:38	01:20:30.55
85	IWICKI PAWEŁ	63		BYDGOSZCZ	POL	M30-39	41	M 77	00:15:46	00:02:53	00:36:21	00:01:38	00:23:59	01:20:37.50
86	KWAPIŃSKI DAMIAN	103		BYDGOSZCZ	POL	M30-39	42	M 78	00:16:37	00:02:27	00:37:48	00:01:32	00:22:18	01:20:42.55
87	CHĘCIŃSKI MAREK	28		WARSZAWA	POL	M40-49	20	M 79	00:15:12	00:04:26	00:34:41	00:01:56	00:24:45	01:21:00.75
88	DULIŃSKI BARTOSZ	44	NOOBIEZJAGODA	NIEMCZ	POL	M18-29	13	M 80	00:17:17	00:03:24	00:35:39	00:01:43	00:23:00	01:21:03.85
89	ŚWIERCZYŃSKI MARCIN	184	ATHLETICOMED.PL	OSIELSKO	POL	M30-39	43	M 81	00:17:36	00:03:12	00:34:39	00:01:34	00:24:06	01:21:07.95
90	BYRTEK GRZEGORZ	26	1975	BYDGOSZCZ	POL	M40-49	21	M 82	00:13:41	00:02:33	00:37:02	00:01:12	00:26:41	01:21:09.50
91	PERLIŃSKI DAMIAN	144	MOŻE I POWOLI, ALE ZA TO BYLE JAK	BYDGOSZCZ	POL	M30-39	44	M 83	00:19:16	00:02:17	00:36:00	00:01:15	00:22:47	01:21:35.60
92	RAJ JAROSŁAW	155	CITYZEN CLUB	SZADEK	POL	M40-49	22	M 84	00:11:41	00:03:08	00:39:10	00:01:19	00:26:21	01:21:39.80
93	CYNOWSKI KRZYSZTOF	32	CYNA	SZCZECIN	POL	M30-39	45	M 85	00:16:05	00:02:53	00:36:51	00:01:39	00:24:12	01:21:40.10
94	MAZURKIEWICZ MICHAŁ	120		BYDGOSZCZ	POL	M30-39	46	M 86	00:16:07	00:02:35	00:37:06	00:01:59	00:23:58	01:21:45.85
95	GRUBA MAREK	56		BRZOZA	POL	M30-39	47	M 87	00:15:51	00:03:26	00:36:32	00:01:40	00:24:24	01:21:53.40
96	SOKOŁOWSKA HANNA	170	KUŹNIA TRIATHLONU	GORZEŃ	POL	K50-59	1	K 9	00:13:20	00:02:58	00:37:57	00:01:20	00:26:29	01:22:04.30
97	TALAREK ROBERT	185	SMT SZCZECIN	SZCZECIN	POL	M40-49	23	M 88	00:19:40	00:02:34	00:36:23	00:01:21	00:22:07	01:22:05.55

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie	T1	Rower	T2	Bieg	Netto	
									0.75km	20km		5km			
98	KAPSA DAWID	71	ONLY GLASS	BYDGOSZCZ	POL	M40-49	24	M 89	00:17:34	00:03:03	00:36:28	00:01:31	00:23:32	01:22:08.15	
99	DOBRZAŃSKI DARIUSZ	39	3GRAVITY	BYDGOSZCZ	POL	M30-39	48	M 90	00:15:23	00:03:08	00:34:48	00:01:24	00:27:29	01:22:12.00	
100	WOLSKI TOMASZ	201	BYDGOSZCZ TRIATHLON TEAM	OSIELSKO	POL	M30-39	49	M 91	00:18:13	00:02:32	00:37:23	00:01:27	00:22:45	01:22:20.70	
101	KARCZEWSKI FILIP	75		BYDGOSZCZ	POL	M30-39	50	M 92	00:18:10	00:02:31	00:35:17	00:01:16	00:25:11	01:22:25.80	
102	LEWANDOWKI FABIAN	107		CZAPLE	POL	M30-39	51	M 93	00:17:05	00:03:18	00:36:27	00:01:51	00:23:47	01:22:28.25	
103	BOROWSKI ŁUKASZ	20	LADYSI	BYDGOSZCZ	POL	M40-49	25	M 94	00:17:37	00:03:13	00:36:28	00:01:43	00:23:32	01:22:33.95	
104	POPEK MACIEJ	150	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M40-49	26	M 95	00:18:25	00:03:26	00:34:40	00:01:43	00:24:26	01:22:40.15	
105	DUDA ALEKSANDRA	42	POLITECHNIKA GDAŃSKA	GDAŃSK	POL	K18-29	2	K 10	00:14:22	00:02:52	00:40:01	00:01:32	00:24:07	01:22:54.15	
106	KUŻMA WOJTEK	102		BYDGOSZCZ	POL	M50-59	6	M 96	00:17:29	00:02:35	00:36:30	00:00:57	00:25:32	01:23:03.95	
107	DYBOWSKI DOMINIK	45	PUA	BYDGOSZCZ	POL	M30-39	52	M 97	00:16:13	00:02:43	00:39:07	00:00:57	00:24:08	01:23:08.70	
108	ANTCZAK MAREK	7		WARSZAWA	POL	M40-49	27	M 98	00:20:36	00:03:16	00:36:16	00:02:07	00:20:56	01:23:11.35	
109	WARCZAK KATARZYNA	193	TEAMOCHAL	BYDGOSZCZ	POL	K40-49	1	K 11	00:15:08	00:02:42	00:38:25	00:01:27	00:25:30	01:23:12.25	
110	ZIENKIEWICZ MAREK	210	ATOS	BYDGOSZCZ	POL	M40-49	28	M 99	00:18:50	00:03:04	00:36:38	00:01:09	00:23:43	01:23:24.05	
111	MAŁACHA DAWID	116	KU AZS UTP BYDGOSZCZ	ŻNIN	POL	M18-29	14	M 100	00:17:52	00:03:20	00:39:30	00:01:47	00:20:58	01:23:27.50	
112	WOŹNIAK RADEK	202	BOZITA POLSKA	BYDGOSZCZ	POL	M30-39	53	M 101	00:17:55	00:02:38	00:35:28	00:01:19	00:26:12	01:23:32.15	
113	CABAJ MARTYNA	27		BYDGOSZCZ	POL	K18-29	3	K 12	00:14:32	00:02:36	00:38:03	00:01:32	00:27:07	01:23:50.15	
114	GIERES WALDEMAR	51	PTT DELTA	PŁOCK	POL	M50-59	7	M 102	00:16:51	00:02:11	00:35:24	00:00:55	00:28:50	01:24:11.10	
115	KWIATON MICHAŁ	215		VEEN		M30-39	54	M 103	00:17:54	00:03:31	00:34:58	00:01:10	00:26:38	01:24:11.40	
116	ROMAN KRZYSZTOF	157		BOLSZEWO	POL	M40-49	29	M 104	00:17:10	00:03:29	00:37:16	00:02:10	00:24:15	01:24:20.20	
117	SZLYK MACIEJ	178		INOWROCLAW	POL	M40-49	30	M 105	00:15:11	00:03:20	00:36:31	00:02:18	00:27:00	01:24:20.50	
118	MARKIEWICZ BARTOSZ	117	PTT DELTA	PŁOCK	POL	M30-39	55	M 106	00:17:06	00:03:05	00:37:32	00:01:35	00:25:06	01:24:24.70	
119	KARCZEWSKA KAROLINA	74		OSIELSKO	POL	K18-29	4	K 13	00:16:38	00:03:20	00:38:34	00:01:34	00:24:18	01:24:24.85	
120	RUCIŃSKI RAFAŁ	159	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	56	M 107	00:17:42	00:02:31	00:36:29	00:01:46	00:26:02	01:24:30.90	
121	MOJŻESZ PIOTR	126	UNLIMITED KRAKÓW	BIELSKO-BIAŁA	POL	M18-29	15	M 108	00:15:50	00:02:53	00:37:27	00:01:32	00:26:50	01:24:32.20	
122	KONWIŃSKI DANIEL	85	SELEKCJA NATURALNA	SZUBIN	POL	M30-39	57	M 109	00:18:15	00:03:37	00:37:12	00:01:32	00:24:06	01:24:42.55	
123	GÓRZYŃSKA MAŁGORZATA	54	TRISPACE/TREK	TRZCIANKA	POL	K40-49	2	K 14	00:19:39	00:02:55	00:37:28	00:01:31	00:23:26	01:24:59.25	
124	FRĄCKOWSKI ŁUKASZ	47		BYDGOSZCZ	POL	M18-29	16	M 110	00:13:23	00:03:45	00:37:48	00:02:06	00:27:58	01:25:00.10	
125	TRZASKOWSKI TOMASZ	189		BYDGOSZCZ	POL	M40-49	31	M 111	00:15:30	00:04:34	00:37:42	00:01:19	00:26:04	01:25:09.40	
126	HEJNICKI DARIUSZ	60	DON TRUCKING GROUP	SZUBIN	POL	M30-39	58	M 112	00:20:31	00:03:25	00:37:58	00:01:44	00:22:01	01:25:39.85	
127	GWIAZDOWSKI KRZYSZTOF	59		BYDGOSZCZ	POL	M40-49	32	M 113	00:20:04	00:03:39	00:37:13	00:01:16	00:23:45	01:25:57.45	
128	LICZNIERSKA ALINA	109	ZONE3TEAM	PLEWISKA	POL	K30-39	8	K 15	00:21:26	00:02:14	00:38:14	00:01:03	00:23:02	01:25:59.10	
129	GRUBA JACEK	57		BRZOZA	POL	M60-69	1	M 114	00:17:55	00:03:18	00:37:11	00:00:54	00:27:01	01:26:19.80	
130	CICHY ADAM	29	RUN4FUN	BYDGOSZCZ	POL	M30-39	59	M 115	00:19:06	00:04:19	00:36:47	00:01:11	00:25:06	01:26:29.25	
131	MORAWIAK KRZYSZTOF	129		KOSZALIN	POL	M18-29	17	M 116	00:17:20	00:03:39	00:39:16	00:00:48	00:25:35	01:26:38.95	
132	GAWRON MARCIN	49	CAR-MAN	DOBRCZ	POL	M40-49	33	M 117	00:18:53	00:03:10	00:36:43	00:01:40	00:26:13	01:26:39.20	
133	WRÓBEL PAWEŁ	203		BYDGOSZCZ	POL	M30-39	60	M 118	00:16:58	00:03:26	00:36:54	00:01:17	00:28:06	01:26:41.40	
134	GONDEK MARTIN	53		BYDGOSZCZ	POL	M18-29	18	M 119	00:15:30	00:04:13	00:38:24	00:01:04	00:27:32	01:26:43.90	
135	DROBINSKI DANIEL	40		BYDGOSZCZ	POL	M30-39	61	M 120	00:20:30	00:03:54	00:37:43	00:01:53	00:22:46	01:26:46.10	
136	ŚWIATOWY KRYSZTIAN	183	#SLIMAKIBARCIN	BARCIN	POL	M30-39	62	M 121	00:18:39	00:03:20	00:38:34	00:01:05	00:25:13	01:26:51.05	
137	PIETZ MIKOŁAJ	147	CYTADELA BY NIGHT	POZNAŃ	POL	M40-49	34	M 122	00:16:46	00:02:56	00:39:10	00:02:12	00:25:54	01:26:58.95	
138	LURKA KRYSZTIAN	112	TRISPACE/TREK	BYDGOSZCZ	POL	M18-29	19	M 123	00:22:33	00:02:51	00:35:57	00:01:34	00:24:20	01:27:15.95	
139	BARANOWICZ BARTOSZ	10	GLOBART MEBLE	BYDGOSZCZ	POL	M40-49	35	M 124	00:15:00	00:03:03	00:38:11	00:01:28	00:29:41	01:27:23.05	
140	STANIEK AGATA	172	MOGILNO TEAM	MOGILNO	POL	K18-29	5	K 16	00:12:40	00:02:45	00:43:20	00:00:48	00:27:52	01:27:25.10	
141	STRYCZYŃSKI MAREK	176	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	63	M 125	00:17:01	00:03:07	00:39:26	00:01:41	00:26:25	01:27:40.05	
142	MALINOWSKI ARTUR	227		MAKSYMILIANOWO	POL	M50-59	8	M 126	00:21:42	00:03:32	00:36:53	00:01:41	00:24:04	01:27:52.00	
143	KOŁODZIEJCZYK TOMASZ	84		WARSZAWA	POL	M40-49	36	M 127	00:19:01	00:02:56	00:40:09	00:03:06	00:22:48	01:28:00.30	
144	ŚLESICKI MACIEJ	181		BYDGOSZCZ	POL	M40-49	37	M 128	00:16:55	00:03:14	00:38:02	00:01:38	00:28:32	01:28:21.15	
145	TUBAJA ALBERT	190	KABEL TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49	38	M 129	00:16:25	00:03:53	00:36:45	00:02:18	00:29:03	01:28:24.35	
146	CZERWIAKOWSKI SEBASTIAN	35		BYDGOSZCZ	POL	M40-49	39	M 130	00:17:54	00:04:21	00:37:07	00:01:28	00:27:44	01:28:34.65	
147	DULINSKA DOROTA	43	TRISPACE/TREK	NIEMCZ	POL	K40-49	3	K 17	00:18:44	00:02:42	00:37:25	00:01:38	00:28:08	01:28:37.30	
148	KOWALSKI MAREK	90	REKINY OSIELSKO	NIEMCZ	POL	M50-59	9	M 131	00:16:33	00:04:55	00:40:08	00:01:47	00:25:20	01:28:43.20	
149	KOSECKI TOMASZ	87		BYDGOSZCZ	POL	M40-49	40	M 132	00:19:32	00:04:26	00:38:41	00:02:00	00:24:06	01:28:45.65	
150	RASZLIŃSKA MARIOLA	156		BYDGOSZCZ	POL	K50-59	2	K 18	00:17:59	00:02:52	00:40:49	00:01:38	00:25:38	01:28:56.90	
151	OSIŃSKI ADAM	138	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M40-49	41	M 133	00:20:24	00:03:55	00:38:04	00:01:37	00:25:06	01:29:06.20	
152	PAPIEROWSKI PIOTR	140	ATOS	BYDGOSZCZ	POL	M30-39	64	M 134	00:18:08	00:03:08	00:39:02	00:01:47	00:27:05	01:29:10.15	
153	JANKOWSKA ZUZANNA	66		POZNAŃ	POL	K18-29	6	K 19	00:16:26	00:03:32	00:41:33	00:00:44	00:27:12	01:29:27.80	

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
154	CZACHOWSKI JACEK	33		BYDGOSZCZ	POL	M30-39	65	M 135	00:16:58	00:04:19	00:40:30	00:00:43	00:27:09	01:29:39.00
155	MATLUCH PIOTR	119	A-T	KOMORNIKI	POL	M40-49	42	M 136	00:20:32	00:04:48	00:38:35	00:01:12	00:24:40	01:29:47.80
156	WOJTCZAK ADAM	199		BYDGOSZCZ	POL	M30-39	66	M 137	00:15:45	00:03:20	00:40:31	00:01:18	00:29:00	01:29:54.35
157	MIELCAREK RAFAŁ	18		WARSZAWA	POL	M40-49	43	M 138	00:17:06	00:03:40	00:41:59	00:01:36	00:25:43	01:30:04.40
158	ZIÓLKOWSKI BARTOSZ	212		STRZELNO	POL	M18-29	20	M 139	00:19:51	00:02:22	00:39:56	00:01:53	00:26:09	01:30:11.70
159	POCZTAREK EWELINA	224	CITYZEN POZNAŃ	MOSINA	POL	K30-39	9	K 20	00:15:32	00:03:27	00:42:32	00:01:40	00:27:29	01:30:40.50
160	BOGALECKI MAREK	17	SAFE SPORT TEAM	STAROGARD GDAŃSKI	POL	M60-69	2	M 140	00:18:52	00:04:46	00:38:01	00:02:00	00:27:12	01:30:51.65
161	PAWELSKI MICHAŁ	142		BYDGOSZCZ	POL	M30-39	67	M 141				00:01:51	00:28:05	01:31:10.00
162	ZIĘBICKI MACIEJ	211		BYDGOSZCZ	POL	M30-39	68	M 142	00:18:20	00:03:38	00:38:46	00:01:48	00:28:43	01:31:15.55
163	LALEWICZ WOJCIECH	105	ASSECO ACTIVE TEAM	RADONIE	POL	M40-49	44	M 143	00:19:06	00:03:56	00:39:45	00:01:06	00:27:24	01:31:17.15
164	STEMPOROWSKI PAWEŁ	174		INOWROCLAW	POL	M18-29	21	M 144	00:12:14	00:02:58	00:43:17	00:00:49	00:32:18	01:31:36.05
165	RADZIŃSKA JOANNA	154	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39	10	K 21	00:20:41	00:03:09	00:38:12	00:01:30	00:28:12	01:31:44.65
166	LEBIECKI PAWEŁ	106		BYDGOSZCZ	POL	M30-39	69	M 145	00:19:01	00:03:38	00:40:15	00:01:54	00:27:22	01:32:10.45
167	RUTKOWSKA VIRGINIA	160	ATOS/KLINIKA TRIATHLONU	BYDGOSZCZ	POL	K30-39	11	K 22	00:16:57	00:03:40	00:41:04	00:01:43	00:29:17	01:32:41.30
168	ZUBOWICZ MARIA	213	IRON TEAM TOMASZ MARCINEK	POZNAŃ	POL	K30-39	12	K 23	00:22:19	00:03:08	00:39:06	00:01:24	00:26:48	01:32:45.15
169	MIEKCYŃSKI ARTUR	123	POLONIA BYDGOSZCZ	ZIELONCZYN	POL	M30-39	70	M 146	00:19:43	00:03:56	00:40:11	00:01:03	00:27:55	01:32:48.45
170	ROŚ SŁAWEK	158	SELEKCJA NATURALNA	NOWA WIEŚ WIELKA	POL	M30-39	71	M 147	00:15:54	00:04:39	00:41:33	00:01:35	00:29:23	01:33:04.05
171	SOŁĘDYGA PAWEŁ	171		BYDGOSZCZ	POL	M40-49	45	M 148	00:21:17	00:04:29	00:41:03	00:01:33	00:25:23	01:33:45.95
172	ZGÓRSKI MACIEJ	206		BYDGOSZCZ	POL	M40-49	46	M 149	00:20:27	00:04:15	00:38:25	00:02:00	00:28:44	01:33:51.35
173	KAPUSTKA KASIA	73	KAPUSTRI	POZNAŃ	POL	K30-39	13	K 24	00:17:13	00:04:15	00:41:40	00:01:12	00:29:37	01:33:57.50
174	PRENTKA MAGDALENA	151	CITYZEN	POZNAŃ	POL	K40-49	4	K 25	00:15:38	00:03:14	00:42:27	00:01:31	00:31:09	01:33:59.85
175	DRZEWIECKI MIKOŁAJ	41		BYDGOSZCZ	POL	M30-39	72	M 150	00:20:08	00:03:35	00:40:17	00:01:34	00:28:36	01:34:10.90
176	MONTOWSKI JAN	128	OPLAWIEC	BYDGOSZCZ	POL	M60-69	3	M 151	00:20:36	00:04:23	00:41:56	00:00:59	00:28:51	01:36:45.50
177	TOMASZ MARIUSZ	186	TRIIM OŁAWA	OŁAWA	POL	M40-49	47	M 152	00:23:57	00:03:05	00:40:11	00:02:11	00:28:04	01:37:28.35
178	JUHACZ MICHAŁ	69	DZIKI Z BALCZEWA	INOWROCLAW	POL	M40-49	48	M 153	00:20:38	00:03:21	00:47:51	00:00:46	00:25:21	01:37:57.05
179	MORDAKA MACIEJ	130		BYDGOSZCZ	POL	M30-39	73	M 154	00:16:43	00:04:34	00:39:39	00:02:03	00:35:19	01:38:18.50
180	PASTWA DONATA	141	TRISPACE TREK	BYDGOSZCZ	POL	K40-49	5	K 26	00:23:22	00:03:37	00:44:35	00:02:11	00:24:43	01:38:28.90
181	KOPCZYŃSKI WALDEMAR	86	1958	POZNAŃ	POL	M60-69	4	M 155	00:21:30	00:03:37	00:40:57	00:01:53	00:30:56	01:38:53.45
182	BUDNICKI KRZYSZTOF	23		BYDGOSZCZ	POL	M40-49	49	M 156	00:22:45	00:03:44	00:42:17	00:02:15	00:27:57	01:38:58.90
183	KOCZOROWSKA KAMILA	83		BYDGOSZCZ	POL	K30-39	14	K 27	00:17:13	00:03:17	00:44:14	00:00:53	00:33:58	01:39:35.70
184	KOWALSKA KAROLINA	88		BYDGOSZCZ	POL	K18-29	7	K 28	00:17:35	00:03:18	00:45:31	00:01:14	00:32:39	01:40:17.00
185	DANIELEK EWA ANNA	37	REEBOK RUN CREW	WARSZAWA	POL	K30-39	15	K 29	00:20:08	00:03:19	00:44:46	00:01:29	00:30:35	01:40:17.65
186	PIĄTKOWSKI MATEUSZ	98	TRIFECTA	TORUŃ	POL	1 FALA	1	M 157	00:17:38	00:04:03	00:49:02	00:01:09	00:28:56	01:40:48.75
187	FIEGEL KATARZYNA	46	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	6	K 30	00:24:23	00:02:37	00:44:32	00:01:28	00:28:22	01:41:22.70
188	KRAZIŃSKA SAMANTA	93	MIĘDZY TRENINGAMI	GDAŃSK	POL	K18-29	8	K 31	00:24:51	00:02:38	00:43:37	00:01:31	00:28:48	01:41:25.30
189	BUGAJ KATARZYNA	24	LAKE RUNNERS TYCHY	TYCHY	POL	K40-49	7	K 32	00:16:45	00:06:33	00:48:57	00:02:29	00:26:57	01:41:41.25
190	BUŁKA RAFAŁ	25		NIEMCZ	POL	M50-59	10	M 158	00:18:32	00:04:18	00:45:52	00:02:08	00:32:27	01:43:17.25
191	SZABO-MOSKAL JADWIGA	177		BORÓWNO	POL	K50-59	3	K 33	00:21:08	00:03:41	00:47:36	00:00:38	00:30:43	01:43:46.20
192	KULCZYŃSKI PRZEMYSŁAW	100	TYPYGRUBE	BYDGOSZCZ	POL	M30-39	74	M 159	00:23:16	00:03:43	00:45:35	00:01:02	00:30:20	01:43:56.15
193	SKRZYŃSKI HUBERT	167	#CIAĞŁA_WALKĄ_Z_BMI	ŁOCHOWO	POL	M30-39	75	M 160	00:33:34	00:04:20	00:36:48	00:01:26	00:27:58	01:44:06.40
194	MURACH AGNIESZKA	131	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	K50-59	4	K 34	00:22:07	00:04:35	00:47:15	00:02:30	00:28:00	01:44:27.30
195	WIŚNIEWSKA MAŁGORZATA	198		DOBRCZ	POL	K40-49	8	K 35	00:19:57	00:04:20	00:47:56	00:01:23	00:31:48	01:45:24.55
196	PIĄTKOWSKI MARIUSZ	21	TRIFECTA	COVENTRY	GBR	1 FALA	2	M 161			00:45:38	00:00:47	00:35:41	01:45:51.50
197	SKORUPKA RADEK	166	ULUNG TEAM	BYDGOSZCZ	POL	M40-49	50	M 162	00:23:13	00:04:46	00:51:09	00:01:29	00:28:18	01:48:55.75
198	MICHAŁSKI BOGDAN	122	ŁAPA JAGUARA	BYDGOSZCZ	POL	M60-69	5	M 163	00:21:18	00:04:35	00:43:50	00:02:26	00:36:53	01:49:02.60
199	NOWAK ADAM	223	WUJEK PORADA	BYDGOSZCZ	POL	M40-49	51	M 164	00:21:02	00:05:11	00:48:50	00:02:29	00:36:31	01:54:03.25
200	ZAPOTOCZNY ROBERT	216	CENTRUM MEDYCYN Y SPORTOWEJ OLIMP ZIELONA GÓRA	ZIELONA GÓRA	POL	M50-59	11	M 165	00:27:16	00:06:17	00:48:38	00:03:03	00:29:29	01:54:43.10
201	CZYŻEWSKI PIOTR	36	MELTICA TEAM	BRZOZA	POL	M30-39	76	M 166	00:22:58	00:04:36	00:48:11	00:01:25	00:38:44	01:55:54.90
202	NOWICKA MICHALINA	136		GROTNIKI	POL	K18-29	9	K 36	00:23:32	00:03:40	00:51:50	00:01:06	00:36:35	01:56:43.40
203	NOSKOWIAK BAJNO ALICJA	134		BORÓWNO	POL	K40-49	9	K 37	00:25:40	00:04:48	00:50:33	00:01:07	00:36:50	01:58:58.45
204	BŁASZKIEWICZ MARZENA	15	CHOŁE ŁÓLKI	BORÓWNO	POL	K40-49	10	K 38	00:23:42	00:06:04	00:54:19	00:02:53	00:39:44	02:06:42.40
205	ŻAK ŁUKASZ	62	TRIFECTA	ŁÓDŹ	POL	M30-39	77	M 167	00:23:24	00:10:03	00:54:30	00:01:35	00:39:23	02:08:55.70
206	MIKA ALDONA	124		BYDGOSZCZ	POL	K50-59	5	K 39	00:26:05	00:10:55	00:55:58	00:02:08	00:46:39	02:21:45.20
207	SAWICKI WALDEMAR	163		BYDGOSZCZ	POL	M70-79	1	M 168	00:26:04	00:10:46	00:56:19	00:01:48	00:53:31	02:28:28.10

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
	HENDRZAK SYLWESTER	61	ZAMEK BIERZGŁOWSKI	ŁUBIANKA	POL	M30-39			00:19:36 DNF	00:03:47	00:38:17	00:01:45	00:00:00	DNF
	WAPNIEWSKI MARCIN	31	TRI-SPORT	GÓROWO IŁAWECKIE	POL	M40-49			00:11:44 DNF	00:01:55		00:00:00	00:00:00	DNF
	STAWSKI PAWEŁ	173	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M30-39			DNF	00:00:00	00:00:00	00:00:00	00:00:00	DNF
	WRZESIŃSKI BARTŁOMIEJ	22	TRIFECTA	MUROWANIEC	POL	1 FALA			DNF	00:00:00	00:00:00	00:00:00	00:00:00	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	BENTKOWSKA NATALIA	5		PRADOCIN	POL	K18-29	1	K 3	00:13:40	00:02:30	00:34:26	00:00:54	00:21:50	01:13:20.30
2	DUDA ALEKSANDRA	42	POLITECHNIKA GDAŃSKA	GDAŃSK	POL	K18-29	2	K 10	00:14:22	00:02:52	00:40:01	00:01:32	00:24:07	01:22:54.15
3	CABAJ MARTYNA	27		BYDGOSZCZ	POL	K18-29	3	K 12	00:14:32	00:02:36	00:38:03	00:01:32	00:27:07	01:23:50.15
4	KARCZEWSKA KAROLINA	74		OSIELSKO	POL	K18-29	4	K 13	00:16:38	00:03:20	00:38:34	00:01:34	00:24:18	01:24:24.85
5	STANIEK AGATA	172	MOGILNO TEAM	MOGILNO	POL	K18-29	5	K 16	00:12:40	00:02:45	00:43:20	00:00:48	00:27:52	01:27:25.10
6	JANKOWSKA ZUZANNA	66		POZNAŃ	POL	K18-29	6	K 19	00:16:26	00:03:32	00:41:33	00:00:44	00:27:12	01:29:27.80
7	KOWALSKA KAROLINA	88		BYDGOSZCZ	POL	K18-29	7	K 28	00:17:35	00:03:18	00:45:31	00:01:14	00:32:39	01:40:17.00
8	KRAZIŃSKA SAMANTA	93	MIĘDZY TRENINGAMI	GDAŃSK	POL	K18-29	8	K 31	00:24:51	00:02:38	00:43:37	00:01:31	00:28:48	01:41:25.30
9	NOWICKA MICHALINA	136		GROTNIKI	POL	K18-29	9	K 36	00:23:32	00:03:40	00:51:50	00:01:06	00:36:35	01:56:43.40

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	WIECZORKOWSKI ADAM	220	BIKE U UP / BIALŁ	GDAŃSK	POL	M18-29	1	M 3	00:13:06	00:02:08	00:30:03	00:01:01	00:18:30	01:04:48.55
2	URBAŃSKI MICHAŁ	1	NEURON REHABILITACJA	OSIELSKO	POL	M18-29	2	M 4	00:10:13	00:01:41	00:31:31	00:00:58	00:20:37	01:05:00.25
3	MŁYŃCZAK JAKUB	229	KS GVT	GLIWICE	POL	M18-29	3	M 8	00:12:34	00:01:48	00:32:41	00:00:48	00:19:33	01:07:24.55
4	WOLSKI JĘDRZEJ	6	MOGILNO TEAM	MOGILNO	POL	M18-29	4	M 11	00:11:34	00:01:58	00:34:09	00:01:02	00:18:53	01:07:36.60
5	SAWIEŁAJC JAKUB	164	FUJI KRYSPORT TEAM	BYDGOSZCZ	POL	M18-29	5	M 20	00:11:41	00:01:56	00:32:12	00:01:13	00:21:45	01:08:47.40
6	SZOT DAWID	179	IRON TEAM TOMASZ MARCINEK	SZTUM	POL	M18-29	6	M 33	00:16:07	00:02:22	00:32:53	00:01:11	00:20:17	01:12:50.10
7	WALKOWIAK ŁUKASZ	192		MIĘKOWO	POL	M18-29	7	M 36	00:13:58	00:02:26	00:34:42	00:01:02	00:21:20	01:13:28.35
8	GIEŁAŻYŃ MATEUSZ	50		KORONOWO	POL	M18-29	8	M 40	00:14:24	00:02:16	00:34:39	00:01:01	00:22:06	01:14:26.35
9	PEKRUL WOJCIECH	143	MIĘDZY TRENINGAMI	GDAŃSK	POL	M18-29	9	M 47	00:13:58	00:02:24	00:35:48	00:01:07	00:22:18	01:15:35.55
10	LEWANDOWSKI OSKAR	108		KRUSZWICA	POL	M18-29	10	M 54	00:14:10	00:02:14	00:33:58	00:01:41	00:24:26	01:16:29.75
11	BANACH JAN	9	KLINIKA TRIATHLONU	BYDGOSZCZ	POL	M18-29	11	M 62	00:11:51	00:02:06	00:36:14	00:01:10	00:26:10	01:17:31.50
12	KULIŃSKI GRZEGORZ	101		BYDGOSZCZ	POL	M18-29	12	M 66	00:17:11	00:02:29	00:35:40	00:00:47	00:22:08	01:18:15.95
13	DULIŃSKI BARTOSZ	44	NOOBIEZJAGODA	NIEMCZ	POL	M18-29	13	M 80	00:17:17	00:03:24	00:35:39	00:01:43	00:23:00	01:21:03.85
14	MAŁACHA DAWID	116	KU AZS UTP BYDGOSZCZ	ŻNIN	POL	M18-29	14	M 100	00:17:52	00:03:20	00:39:30	00:01:47	00:20:58	01:23:27.50
15	MOJŻESZ PIOTR	126	UNLIMITED KRAKÓW	BIELSKO-BIAŁA	POL	M18-29	15	M 108	00:15:50	00:02:53	00:37:27	00:01:32	00:26:50	01:24:32.20
16	FRĄCKOWSKI ŁUKASZ	47		BYDGOSZCZ	POL	M18-29	16	M 110	00:13:23	00:03:45	00:37:48	00:02:06	00:27:58	01:25:00.10
17	MORAWIAK KRZYSZTOF	129		KOSZALIN	POL	M18-29	17	M 116	00:17:20	00:03:39	00:39:16	00:00:48	00:25:35	01:26:38.95
18	GONDEK MARTIN	53		BYDGOSZCZ	POL	M18-29	18	M 119	00:15:30	00:04:13	00:38:24	00:01:04	00:27:32	01:26:43.90
19	LURKA KRYSZTIAN	112	TRISPACE/TREK	BYDGOSZCZ	POL	M18-29	19	M 123	00:22:33	00:02:51	00:35:57	00:01:34	00:24:20	01:27:15.95
20	ZIÓŁKOWSKI BARTOSZ	212		STRZELNO	POL	M18-29	20	M 139	00:19:51	00:02:22	00:39:56	00:01:53	00:26:09	01:30:11.70
21	STEMPOROWSKI PAWEŁ	174		INOWROCŁAW	POL	M18-29	21	M 144	00:12:14	00:02:58	00:43:17	00:00:49	00:32:18	01:31:36.05

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	SOŁTYSIEK JOANNA	598	PHOENIX TEAM POLAND	KOŁO	POL	K30-39	1	K 1	00:11:14	00:01:45	00:31:25	00:00:50	00:19:50	01:05:04.20

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie		T1	Rower		Bieg		Netto
									0.75km			20km		5km		
2	KOWALSKA ANGELIKA	4	TRISPACE/TREK / TOOLMAX BIAŁE BŁOTA	PRZYŁĘKI	POL	K30-39	2	K 2	00:14:02		00:02:11	00:32:39	00:01:02	00:22:24	01:12:18.30	
3	ŻOŁNOWSKA KATARZYNA	214	VAMOS TEAM	WARSZAWA	POL	K30-39	3	K 4	00:10:19		00:02:44	00:35:58	00:01:01	00:26:13	01:16:15.90	
4	PIETRUSZKA MAGDALENA	145	TRIPETRUSZKA - SCHULO TEAM	DZIAŁDOWO	POL	K30-39	4	K 5	00:14:46		00:02:25	00:37:18	00:00:59	00:21:05	01:16:33.50	
5	BOHDANOWICZ PATRYCJA	19	FLOW DANCE STUDIO	BYDGOSZCZ	POL	K30-39	5	K 6	00:16:08		00:02:25	00:34:30	00:01:12	00:22:58	01:17:13.70	
6	SMOCZYŃSKA EMILIA	169	MBC TEAM	TUCHOLA	POL	K30-39	6	K 7	00:16:17		00:02:44	00:34:06	00:01:25	00:23:55	01:18:27.55	
7	WOLFF MARIA	200	CITYZEN	SUCHY LAS	POL	K30-39	7	K 8	00:13:36		00:01:49	00:38:18	00:01:00	00:23:59	01:18:42.95	
8	LICZNIERSKA ALINA	109	ZONE3TEAM	PLEWISKA	POL	K30-39	8	K 15	00:21:26		00:02:14	00:38:14	00:01:03	00:23:02	01:25:59.10	
9	POCZTAREK EWELINA	224	CITYZEN POZNAŃ	MOSINA	POL	K30-39	9	K 20	00:15:32		00:03:27	00:42:32	00:01:40	00:27:29	01:30:40.50	
10	RADZIŃSKA JOANNA	154	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39	10	K 21	00:20:41		00:03:09	00:38:12	00:01:30	00:28:12	01:31:44.65	
11	RUTKOWSKA VIRGINIA	160	ATOS/KLINIKA TRIATHLONU	BYDGOSZCZ	POL	K30-39	11	K 22	00:16:57		00:03:40	00:41:04	00:01:43	00:29:17	01:32:41.30	
12	ZUBOWICZ MARIA	213	IRON TEAM TOMASZ MARCINEK	POZNAŃ	POL	K30-39	12	K 23	00:22:19		00:03:08	00:39:06	00:01:24	00:26:48	01:32:45.15	
13	KAPUSTKA KASIA	73	KAPUSTRI	POZNAŃ	POL	K30-39	13	K 24	00:17:13		00:04:15	00:41:40	00:01:12	00:29:37	01:33:57.50	
14	KOCZOROWSKA KAMILA	83		BYDGOSZCZ	POL	K30-39	14	K 27	00:17:13		00:03:17	00:44:14	00:00:53	00:33:58	01:39:35.70	
15	DANIELEK EWA ANNA	37	REEBOK RUN CREW	WARSZAWA	POL	K30-39	15	K 29	00:20:08		00:03:19	00:44:46	00:01:29	00:30:35	01:40:17.65	

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie		T1	Rower		Bieg		Netto
									0.75km			20km		5km		
1	KRIEGER ŁUKASZ	94	H2OSHOP.PL/LANGE TRI COACH	CHOJNICZKI	POL	M30-39	1	M 1	00:12:27		00:01:39	00:28:55	00:00:54	00:18:06	01:02:01.65	
2	TOMCZAK MARCIN	222	GVT BMC 3SOFT TRIATHLON TEAM	POZNAŃ	POL	M30-39	2	M 2	00:11:23		00:01:54	00:29:49	00:00:57	00:19:13	01:03:16.00	
3	RYMER JAKUB	161	IRON TEAM TOMASZ MARCINEK	BYDGOSZCZ	POL	M30-39	3	M 5	00:12:23		00:01:49	00:30:44	00:00:51	00:19:32	01:05:19.45	
4	KOZAR KAROL	91	POLISH TRIATHLETES	SWINDON	GBR	M30-39	4	M 9	00:14:21		00:02:11	00:30:37	00:01:27	00:18:50	01:07:26.05	
5	BISKUPSKI CEZARY	12	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	5	M 12	00:14:17		00:01:59	00:30:23	00:01:07	00:19:56	01:07:42.65	
6	PRZYBYLSKI JAKUB	152	KOMPUTRONIK	DĄBRÓWKA	POL	M30-39	6	M 13	00:14:42		00:02:04	00:30:17	00:01:03	00:19:37	01:07:43.75	
7	BEDNARCZYK TOMASZ	2	BIKE U UP	GDYNIA	POL	M30-39	7	M 14	00:12:32		00:01:51	00:32:40	00:00:48	00:19:58	01:07:49.10	
8	JAŚKIEWICZ MARCIN	68	MOGILNO TEAM	MOGILNO	POL	M30-39	8	M 16	00:12:52		00:01:56	00:31:58	00:00:48	00:20:19	01:07:53.40	
9	WASZTYL MICHAŁ	194	ZONE3TEAM / WITKOWO BIEGA	POWIDZ	POL	M30-39	9	M 17	00:11:41		00:01:52	00:33:19	00:00:55	00:20:10	01:07:57.65	
10	TRZASKA PRZEMYSŁAW	188	DREAM TRI TEAM	GDAŃSK	POL	M30-39	10	M 18	00:14:37		00:01:47	00:31:15	00:00:52	00:19:32	01:08:03.50	
11	KWIATKOWSKI DANIEL	104	IRON TEAM TOMASZ MARCINEK	SZKOCJA	POL	M30-39	11	M 19	00:14:31		00:02:00	00:31:16	00:01:08	00:19:23	01:08:18.00	
12	BETHKE SŁAWOMIR	11	7SI-OWB ROWERTOUR.COM	BYDGOSZCZ	POL	M30-39	12	M 21	00:14:59		00:02:03	00:30:20	00:00:51	00:20:44	01:08:57.40	
13	GOŚCINIAK MICHAŁ	65	3GRAVITY	WROCLAW	POL	M30-39	13	M 26	00:14:12		00:02:26	00:33:36	00:00:53	00:18:40	01:09:47.70	
14	LICZNIERSKI MAREK	110	ZONE3 TEAM	PLEWISKA	POL	M30-39	14	M 27	00:13:10		00:02:09	00:33:23	00:00:54	00:20:16	01:09:52.70	
15	KUBICZAK JAN	616		TORUŃ	POL	M30-39	15	M 28	00:14:23		00:02:18	00:34:19	00:00:44	00:18:48	01:10:32.80	
16	ŚLIWIŃSKI ŁUKASZ	182	LKS BOGMAR OSTROMECKO	OSTROMECKO	POL	M30-39	16	M 30	00:17:22		00:02:00	00:31:18	00:00:50	00:19:56	01:11:26.05	
17	GROCHOWSKI PAWEŁ	55	MBC	WARSZAWA	POL	M30-39	17	M 31	00:16:15		00:02:13	00:31:58	00:01:08	00:20:25	01:11:59.00	
18	WIERZYŃSKI DAMIAN	197	EXIMO EXTREME TEAM / POLONIA BYDGOSZCZ	BYDGOSZCZ	POL	M30-39	18	M 32	00:15:08		00:02:42	00:32:47	00:00:55	00:20:57	01:12:29.30	
19	WAŚNIEWSKI DANIEL	226	DEWELOPPOL TEAM	NOWY DWÓR MAZOWIECKI	POL	M30-39	19	M 34	00:17:08		00:02:32	00:31:44	00:01:11	00:20:24	01:12:59.15	
20	KRZYŻANOWSKI LESZEK	96	NIEDZIELNY ŚCIGACZ	GDYNIA	POL	M30-39	20	M 35	00:13:28		00:02:16	00:34:38	00:01:17	00:21:21	01:13:00.10	
21	KLUZCZYŃSKI MARIUSZ	79	TORUŃ MULTISPORT TEAM	TORUŃ	POL	M30-39	21	M 37	00:16:06		00:02:02	00:31:21	00:01:01	00:23:16	01:13:46.80	
22	JUSTYŃSKI ANDRZEJ	70		SZCZECIN	POL	M30-39	22	M 39	00:16:09		00:02:07	00:32:36	00:01:07	00:22:09	01:14:08.65	
23	SMOCZYŃSKI MAREK	168	MBC TEAM	TUCHOLA	POL	M30-39	23	M 42	00:15:36		00:02:37	00:31:31	00:01:24	00:23:45	01:14:53.70	
24	MALICKI PATRYK	115		DĘBOGÓRZE	POL	M30-39	24	M 44	00:11:32		00:02:09	00:34:12	00:01:30	00:25:45	01:15:08.60	
25	JANUSZKIEWICZ PIOTR	67		ŁOCHOWO	POL	M30-39	25	M 46	00:15:43		00:02:29	00:34:16	00:01:21	00:21:36	01:15:25.85	
26	SKORECKI ALEKSANDER	165	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39	26	M 50	00:13:41		00:02:41	00:36:13	00:00:52	00:22:28	01:15:55.50	
27	KAWCZYŃSKI PAWEŁ	76	ELITE SPORTS REDA	GDYNIA	POL	M30-39	27	M 55	00:11:48		00:02:18	00:34:28	00:01:00	00:27:14	01:16:48.50	
28	WIECZOREK BARTOSZ	196		GNIEWKOWO	POL	M30-39	28	M 57			00:02:17	00:21:34	00:01:16	00:16:49.90		
29	POLASIK MICHAŁ	149	RUN4FUN	BYDGOSZCZ	POL	M30-39	29	M 59	00:14:28		00:02:53	00:35:27	00:00:59	00:23:26	01:17:13.20	
30	ZIEMIŃSKI BARTOSZ	208	PTT DELTA	PŁOCK	POL	M30-39	30	M 60	00:17:56		00:02:59	00:34:00	00:01:23	00:21:08	01:17:26.30	
31	PIETRZAKOWSKI PATRYK	146	ŁAPA JAGUARA	BYDGOSZCZ	POL	M30-39	31	M 61	00:15:33		00:03:50	00:34:32	00:01:22	00:22:12	01:17:29.05	
32	SOBCZAK MARCIN	225	CZARNE STOPY	BYDGOSZCZ	POL	M30-39	32	M 63	00:14:59		00:02:55	00:35:15	00:01:19	00:23:36	01:18:04.10	
33	ANTKOWIAK BARTOSZ	8	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	33	M 65	00:18:20		00:02:04	00:34:13	00:01:04	00:22:34	01:18:15.10	

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
34	RADZIEJEWSKI TOMASZ	153	TEAMOCHAL	BYDGOSZCZ	POL	M30-39	34	M 67	00:16:21	00:02:22	00:35:48	00:00:55	00:22:52	01:18:18.10
35	ZIELIŃSKI MACIEJ	207		BYDGOSZCZ	POL	M30-39	35	M 68	00:16:31	00:02:12	00:34:47	00:00:58	00:24:27	01:18:55.40
36	RUTKOWSKI MICHAŁ	217	KUJAWSKO-POMORSKIE	TORUŃ	POL	M30-39	36	M 69	00:14:13	00:03:38	00:37:27	00:02:16	00:21:28	01:19:02.35
37	GUMIŃSKI PIOTR	58	CTS	PIOTRKÓW TRYBUNALSKI	POL	M30-39	37	M 70	00:14:17	00:03:09	00:34:09	00:01:28	00:26:12	01:19:15.80
38	FRYDRYSZEK MICHAŁ	48	1989	BYDGOSZCZ	POL	M30-39	38	M 74	00:17:54	00:02:54	00:34:21	00:01:36	00:23:32	01:20:17.50
39	NOWAK MICHAŁ	135	LEGALAID	GDYNIA	POL	M30-39	39	M 75	00:14:29	00:02:40	00:36:54	00:02:05	00:24:16	01:20:24.55
40	KAPUSTKA MIREK	72	KAPUSTRI	POZNAŃ	POL	M30-39	40	M 76	00:15:19	00:02:15	00:37:30	00:01:48	00:23:38	01:20:30.55
41	IWICKI PAWEŁ	63		BYDGOSZCZ	POL	M30-39	41	M 77	00:15:46	00:02:53	00:36:21	00:01:38	00:23:59	01:20:37.50
42	KWAPIŃSKI DAMIAN	103		BYDGOSZCZ	POL	M30-39	42	M 78	00:16:37	00:02:27	00:37:48	00:01:32	00:22:18	01:20:42.55
43	ŚWIERCZYŃSKI MARCIN	184	ATHLETICOMED.PL	OSIELSKO	POL	M30-39	43	M 81	00:17:36	00:03:12	00:34:39	00:01:34	00:24:06	01:21:07.95
44	PERLINSKI DAMIAN	144	MOŻE I POWOLI, ALE ZA TO BYLE JAK	BYDGOSZCZ	POL	M30-39	44	M 83	00:19:16	00:02:17	00:36:00	00:01:15	00:22:47	01:21:35.60
45	CYNOWSKI KRZYSZTOF	32	CYNA	SZCZECIN	POL	M30-39	45	M 85	00:16:05	00:02:53	00:36:51	00:01:39	00:24:12	01:21:40.10
46	MAZURKIEWICZ MICHAŁ	120		BYDGOSZCZ	POL	M30-39	46	M 86	00:16:07	00:02:35	00:37:06	00:01:59	00:23:58	01:21:45.85
47	GRUBA MAREK	56		BRZOZA	POL	M30-39	47	M 87	00:15:51	00:03:26	00:36:32	00:01:40	00:24:24	01:21:53.40
48	DOBRAŃSKI DARIUSZ	39	3GRAVITY	BYDGOSZCZ	POL	M30-39	48	M 90	00:15:23	00:03:08	00:34:48	00:01:24	00:27:29	01:22:12.00
49	WOLSKI TOMASZ	201	BYDGOSZCZ TRIATHLON TEAM	OSIELSKO	POL	M30-39	49	M 91	00:18:13	00:02:32	00:37:23	00:01:27	00:22:45	01:22:20.70
50	KARCZEWSKI FILIP	75		BYDGOSZCZ	POL	M30-39	50	M 92	00:18:10	00:02:31	00:35:17	00:01:16	00:25:11	01:22:25.80
51	LEWANDOWKI FABIAN	107		CZAPLE	POL	M30-39	51	M 93	00:17:05	00:03:18	00:36:27	00:01:51	00:23:47	01:22:28.25
52	DYBOWSKI DOMINIK	45	PUA	BYDGOSZCZ	POL	M30-39	52	M 97	00:16:13	00:02:43	00:39:07	00:00:57	00:24:08	01:23:08.70
53	WOŹNIAK RADEK	202	BOZITA POLSKA	BYDGOSZCZ	POL	M30-39	53	M 101	00:17:55	00:02:38	00:35:28	00:01:19	00:26:12	01:23:32.15
54	KWIATOŃ MICHAŁ	215		VEEN		M30-39	54	M 103	00:17:54	00:03:31	00:34:58	00:01:10	00:26:38	01:24:11.40
55	MARKIEWICZ BARTOSZ	117	PTT DELTA	PŁOCK	POL	M30-39	55	M 106	00:17:06	00:03:05	00:37:32	00:01:35	00:25:06	01:24:24.70
56	RUCIŃSKI RAFAŁ	159	SELEKCJA NATURALNA	MAŁE RUDY	POL	M30-39	56	M 107	00:17:42	00:02:31	00:36:29	00:01:46	00:26:02	01:24:30.90
57	KONWIŃSKI DANIEL	85	SELEKCJA NATURALNA	SZUBIN	POL	M30-39	57	M 109	00:18:15	00:03:37	00:37:12	00:01:32	00:24:06	01:24:42.55
58	HEJNICKI DARIUSZ	60	DON TRUCKING GROUP	SZUBIN	POL	M30-39	58	M 112	00:20:31	00:03:25	00:37:58	00:01:44	00:22:01	01:25:39.85
59	CICHY ADAM	29	RUN4FUN	BYDGOSZCZ	POL	M30-39	59	M 115	00:19:06	00:04:19	00:36:47	00:01:11	00:25:06	01:26:29.25
60	WRÓBEL PAWEŁ	203		BYDGOSZCZ	POL	M30-39	60	M 118	00:16:58	00:03:26	00:36:54	00:01:17	00:28:06	01:26:41.40
61	DROBINSKI DANIEL	40		BYDGOSZCZ	POL	M30-39	61	M 120	00:20:30	00:03:54	00:37:43	00:01:53	00:22:46	01:26:46.10
62	ŚWIATOWY KRYSZTIAN	183	#SLIMAKIBARCIN	BARCIN	POL	M30-39	62	M 121	00:18:39	00:03:20	00:38:34	00:01:05	00:25:13	01:26:51.05
63	STRYCZYŃSKI MAREK	176	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	63	M 125	00:17:01	00:03:07	00:39:26	00:01:41	00:26:25	01:27:40.05
64	PAPIEROWSKI PIOTR	140	ATOS	BYDGOSZCZ	POL	M30-39	64	M 134	00:18:08	00:03:08	00:39:02	00:01:47	00:27:05	01:29:10.15
65	CZACHOWSKI JACEK	33		BYDGOSZCZ	POL	M30-39	65	M 135	00:16:58	00:04:19	00:40:30	00:00:43	00:27:09	01:29:39.00
66	WOJTCZAK ADAM	199		BYDGOSZCZ	POL	M30-39	66	M 137	00:15:45	00:03:20	00:40:31	00:01:18	00:29:00	01:29:54.35
67	PAWELSKI MICHAŁ	142		BYDGOSZCZ	POL	M30-39	67	M 141				00:01:51	00:28:05	01:31:10.00
68	ZIĘBICKI MACIEJ	211		BYDGOSZCZ	POL	M30-39	68	M 142	00:18:20	00:03:38	00:38:46	00:01:48	00:28:43	01:31:15.55
69	LEBIECKI PAWEŁ	106		BYDGOSZCZ	POL	M30-39	69	M 145	00:19:01	00:03:38	00:40:15	00:01:54	00:27:22	01:32:10.45
70	MIEKCYŃSKI ARTUR	123	POLONIA BYDGOSZCZ	ZIELONCZYN	POL	M30-39	70	M 146	00:19:43	00:03:56	00:40:11	00:01:03	00:27:55	01:32:48.45
71	ROŚ SŁAWEK	158	SELEKCJA NATURALNA	NOWA WIEŚ WIELKA	POL	M30-39	71	M 147	00:15:54	00:04:39	00:41:33	00:01:35	00:29:23	01:33:04.05
72	DRZEWIECKI MIKOŁAJ	41		BYDGOSZCZ	POL	M30-39	72	M 150	00:20:08	00:03:35	00:40:17	00:01:34	00:28:36	01:34:10.90
73	MORDAKA MACIEJ	130		BYDGOSZCZ	POL	M30-39	73	M 154	00:16:43	00:04:34	00:39:39	00:02:03	00:35:19	01:38:18.50
74	KULCZYŃSKI PRZEMYSŁAW	100	TYPYGRUBE	BYDGOSZCZ	POL	M30-39	74	M 159	00:23:16	00:03:43	00:45:35	00:01:02	00:30:20	01:43:56.15
75	SKRZYŃSKI HUBERT	167	#CIĄGŁA_WALKĄ_Z_BMI	ŁOCHOWO	POL	M30-39	75	M 160	00:33:34	00:04:20	00:36:48	00:01:26	00:27:58	01:44:06.40
76	CZYŻEWSKI PIOTR	36	MELTICA TEAM	BRZOZA	POL	M30-39	76	M 166	00:22:58	00:04:36	00:48:11	00:01:25	00:38:44	01:55:54.90
77	ŻAK ŁUKASZ	62	TRIFECTA	ŁÓDŹ	POL	M30-39	77	M 167	00:23:24	00:10:03	00:54:30	00:01:35	00:39:23	02:08:55.70
	HENDRZAK SYLWESTER	61	ZAMEK BIERZGŁOWSKI	ŁUBIANKA	POL	M30-39			00:19:36 DNF	00:03:47	00:38:17	00:01:45	00:00:00	DNF
	STAWSKI PAWEŁ	173	ACTIVE RUNNERS PŁOCK	PŁOCK	POL	M30-39			DNF	00:00:00	00:00:00	00:00:00	00:00:00	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	WARCZAK KATARZYNA	193	TEAMOCHAL	BYDGOSZCZ	POL	K40-49	1	K 11	00:15:08	00:02:42	00:38:25	00:01:27	00:25:30	01:23:12.25
2	GÓRZYŃSKA MAŁGORZATA	54	TRISPACE/TREK	TRZCIANKA	POL	K40-49	2	K 14	00:19:39	00:02:55	00:37:28	00:01:31	00:23:26	01:24:59.25
3	DULIŃSKA DOROTA	43	TRISPACE/TREK	NIEMCZ	POL	K40-49	3	K 17	00:18:44	00:02:42	00:37:25	00:01:38	00:28:08	01:28:37.30

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
4	PRENTKA MAGDALENA	151	CITYZEN	POZNAN	POL	K40-49	4	K 25	00:15:38	00:03:14	00:42:27	00:01:31	00:31:09	01:33:59.85
5	PASTWA DONATA	141	TRISPACE TREK	BYDGOSZCZ	POL	K40-49	5	K 26	00:23:22	00:03:37	00:44:35	00:02:11	00:24:43	01:38:28.90
6	FIEGEL KATARZYNA	46	TRISPACE/TREK	BYDGOSZCZ	POL	K40-49	6	K 30	00:24:23	00:02:37	00:44:32	00:01:28	00:28:22	01:41:22.70
7	BUGAJ KATARZYNA	24	LAKE RUNNERS TYCHY	TYCHY	POL	K40-49	7	K 32	00:16:45	00:06:33	00:48:57	00:02:29	00:26:57	01:41:41.25
8	WIŚNIEWSKA MAŁGORZATA	198		DOBRCZ	POL	K40-49	8	K 35	00:19:57	00:04:20	00:47:56	00:01:23	00:31:48	01:45:24.55
9	NOSKOWIAK BAJNO ALICJA	134		BORÓWNO	POL	K40-49	9	K 37	00:25:40	00:04:48	00:50:33	00:01:07	00:36:50	01:58:58.45
10	BŁASZKIEWICZ MARZENA	15	CHOŁE KLÓLIKI	BORÓWNO	POL	K40-49	10	K 38	00:23:42	00:06:04	00:54:19	00:02:53	00:39:44	02:06:42.40

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	KLUŻNIAK JACEK	80	TRINERGY	KIELCE	POL	M40-49	1	M 6	00:11:15	00:01:57	00:31:08	00:00:56	00:20:39	01:05:55.45
2	ZIENKIEWICZ JANUSZ	209	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49	2	M 7	00:13:31	00:02:06	00:31:25	00:00:59	00:18:48	01:06:49.50
3	URBANOWSKI WŁODZIMIERZ	218	RETRO STORK TEAM	TORUŃ	POL	M40-49	3	M 10				00:01:22	00:21:57	01:07:32.95
4	BOGACZ MARIUSZ	16	TRISPACE/TREK	RADZIEJÓW	POL	M40-49	4	M 15	00:12:54	00:01:58	00:31:26	00:00:55	00:20:38	01:07:51.60
5	POKORSKI MAREK	148	CTS	WARSZAWA	POL	M40-49	5	M 22	00:14:27	00:02:03	00:30:51	00:00:56	00:20:41	01:08:58.70
6	MARTYNOWICZ MICHAŁ	118	TRISPACE/TREK	BRZOZA	POL	M40-49	6	M 23	00:12:06	00:02:12	00:32:40	00:00:55	00:21:23	01:09:16.65
7	EJSMONT KRZYSZTOF	78		BYDGOSZCZ	POL	M40-49	7	M 24	00:15:08	00:02:11	00:31:06	00:00:47	00:20:12	01:09:24.75
8	WIECZORKOWSKI ADRIAN	219	BIALL / BIKE U UP	GDAŃSK	POL	M40-49	8	M 25	00:14:48	00:02:31	00:31:32	00:00:57	00:19:55	01:09:43.35
9	SZREDER DAWID	14	DAVE BIKES / ENDURE TEAM	KAMIONKI	POL	M40-49	9	M 29	00:14:12	00:01:51	00:32:22	00:00:55	00:21:48	01:11:08.90
10	KOZŁOWSKI JACEK	92	PTT DELTA	PŁOCK	POL	M40-49	10	M 41	00:16:52	00:02:27	00:32:29	00:01:31	00:21:18	01:14:37.75
11	KNOTHE ADAM	81	BUDSTOL INVEST	NIEMCZ	POL	M40-49	11	M 43	00:18:52	00:02:08	00:31:41	00:01:16	00:21:06	01:15:03.05
12	PALACZ JAROSŁAW	139		BYDGOSZCZ	POL	M40-49	12	M 45	00:17:01	00:02:51	00:31:59	00:01:39	00:21:41	01:15:11.20
13	JABŁOŃSKI MARCIN	64	KRYSPORT TEAM	BYDGOSZCZ	POL	M40-49	13	M 48	00:16:52	00:02:21	00:33:29	00:01:11	00:21:50	01:15:43.40
14	MICHAŁSKI MICHAŁ	121	ŁAPA JAGUARA	BYDGOSZCZ	POL	M40-49	14	M 51	00:14:41	00:02:17	00:34:26	00:01:13	00:23:23	01:16:00.55
15	GOŁEMBIEWSKI MAREK	52		BYDGOSZCZ	POL	M40-49	15	M 53	00:16:47	00:02:23	00:35:44	00:00:59	00:20:20	01:16:13.00
16	CIEPŁOWSKI ROBERT	30		BYDGOSZCZ	POL	M40-49	16	M 56	00:12:11	00:02:15	00:36:36	00:01:20	00:24:26	01:16:48.75
17	MAĆKOWSKI DANIEL	114		ZAGOŚCINIEC	POL	M40-49	17	M 64	00:16:34	00:02:32	00:35:24	00:01:32	00:22:06	01:18:08.50
18	CZARNECKI PIOTR	221	BRZOZA BIEGA	BYDGOSZCZ	POL	M40-49	18	M 71	00:16:41	00:03:54	00:35:45	00:00:42	00:22:35	01:19:37.05
19	ANDRZEJEWSKI BARTOSZ	230	KLINIKA TRIATHLONU	BORÓWNO	POL	M40-49	19	M 73	00:15:07	00:02:27	00:35:40	00:01:32	00:25:13	01:19:59.45
20	CHĘCIŃSKI MAREK	28		WARSZAWA	POL	M40-49	20	M 79	00:15:12	00:04:26	00:34:41	00:01:56	00:24:45	01:21:00.75
21	BYRTEK GRZEGORZ	26	1975	BYDGOSZCZ	POL	M40-49	21	M 82	00:13:41	00:02:33	00:37:02	00:01:12	00:26:41	01:21:09.50
22	RAJ JAROSŁAW	155	CITYZEN CLUB	SZADEK	POL	M40-49	22	M 84	00:11:41	00:03:08	00:39:10	00:01:19	00:26:21	01:21:39.80
23	TALAREK ROBERT	185	SMT SZCZECIN	SZCZECIN	POL	M40-49	23	M 88	00:19:40	00:02:34	00:36:23	00:01:21	00:22:07	01:22:05.55
24	KAPSA DAWID	71	ONLY GLASS	BYDGOSZCZ	POL	M40-49	24	M 89	00:17:34	00:03:03	00:36:28	00:01:31	00:23:32	01:22:08.15
25	BOROWSKI ŁUKASZ	20	LADYSI	BYDGOSZCZ	POL	M40-49	25	M 94	00:17:37	00:03:13	00:36:28	00:01:43	00:23:32	01:22:33.95
26	POPEK MACIEJ	150	WŁOCLAWEK TRIATHLON TEAM	WŁOCLAWEK	POL	M40-49	26	M 95	00:18:25	00:03:26	00:34:40	00:01:43	00:24:26	01:22:40.15
27	ANTCZAK MAREK	7		WARSZAWA	POL	M40-49	27	M 98	00:20:36	00:03:16	00:36:16	00:02:07	00:20:56	01:23:11.35
28	ZIENKIEWICZ MAREK	210	ATOS	BYDGOSZCZ	POL	M40-49	28	M 99	00:18:50	00:03:04	00:36:38	00:01:09	00:23:43	01:23:24.05
29	ROMAN KRZYSZTOF	157		BOLSZEWO	POL	M40-49	29	M 104	00:17:10	00:03:29	00:37:16	00:02:10	00:24:15	01:24:20.20
30	SZLYK MACIEJ	178		INOWROCLAW	POL	M40-49	30	M 105	00:15:11	00:03:20	00:36:31	00:02:18	00:27:00	01:24:20.50
31	TRZASKOWSKI TOMASZ	189		BYDGOSZCZ	POL	M40-49	31	M 111	00:15:30	00:04:34	00:37:42	00:01:19	00:26:04	01:25:09.40
32	GWIAZDOWSKI KRZYSZTOF	59		BYDGOSZCZ	POL	M40-49	32	M 113	00:20:04	00:03:39	00:37:13	00:01:16	00:23:45	01:25:57.45
33	GAWRON MARCIN	49	CAR-MAN	DOBRCZ	POL	M40-49	33	M 117	00:18:53	00:03:10	00:36:43	00:01:40	00:26:13	01:26:39.20
34	PIETZ MIKOŁAJ	147	CYTADELA BY NIGHT	POZNAŃ	POL	M40-49	34	M 122	00:16:46	00:02:56	00:39:10	00:02:12	00:25:54	01:26:58.95
35	BARANOWICZ BARTOSZ	10	GLOBART MEBLE	BYDGOSZCZ	POL	M40-49	35	M 124	00:15:00	00:03:03	00:38:11	00:01:28	00:29:41	01:27:23.05
36	KOŁODZIEJCZYK TOMASZ	84		WARSZAWA	POL	M40-49	36	M 127	00:19:01	00:02:56	00:40:09	00:03:06	00:22:48	01:28:00.30
37	ŚLESICKI MACIEJ	181		BYDGOSZCZ	POL	M40-49	37	M 128	00:16:55	00:03:14	00:38:02	00:01:38	00:28:32	01:28:21.15
38	TUBAJA ALBERT	190	KABEL TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49	38	M 129	00:16:25	00:03:53	00:36:45	00:02:18	00:29:03	01:28:24.35
39	CZERWIAKOWSKI SEBASTIAN	35		BYDGOSZCZ	POL	M40-49	39	M 130	00:17:54	00:04:21	00:37:07	00:01:28	00:27:44	01:28:34.65
40	KOSECKI TOMASZ	87		BYDGOSZCZ	POL	M40-49	40	M 132	00:19:32	00:04:26	00:38:41	00:02:00	00:24:06	01:28:45.65
41	OSIŃSKI ADAM	138	CHŁOPAKI TO MY	BYDGOSZCZ	POL	M40-49	41	M 133	00:20:24	00:03:55	00:38:04	00:01:37	00:25:06	01:29:06.20
42	MATLUCH PIOTR	119	A-T	KOMORNIKI	POL	M40-49	42	M 136	00:20:32	00:04:48	00:38:35	00:01:12	00:24:40	01:29:47.80



**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
43	MIELCAREK RAFAŁ	18		WARSZAWA	POL	M40-49	43	M 138	00:17:06	00:03:40	00:41:59	00:01:36	00:25:43	01:30:04.40
44	LALEWICZ WOJCIECH	105	ASSECO ACTIVE TEAM	RADONIE	POL	M40-49	44	M 143	00:19:06	00:03:56	00:39:45	00:01:06	00:27:24	01:31:17.15
45	SOŁDYGA PAWEŁ	171		BYDGOSZCZ	POL	M40-49	45	M 148	00:21:17	00:04:29	00:41:03	00:01:33	00:25:23	01:33:45.95
46	ZGÓRSKI MACIEJ	206		BYDGOSZCZ	POL	M40-49	46	M 149	00:20:27	00:04:15	00:38:25	00:02:00	00:28:44	01:33:51.35
47	TOMASZ MARIUSZ	186	TRIIM OŁAWA	OŁAWA	POL	M40-49	47	M 152	00:23:57	00:03:05	00:40:11	00:02:11	00:28:04	01:37:28.35
48	JUCHACZ MICHAŁ	69	DZIKI Z BALCZEWA	INOWROCŁAW	POL	M40-49	48	M 153	00:20:38	00:03:21	00:47:51	00:00:46	00:25:21	01:37:57.05
49	BUDNICKI KRZYSZTOF	23		BYDGOSZCZ	POL	M40-49	49	M 156	00:22:45	00:03:44	00:42:17	00:02:15	00:27:57	01:38:58.90
50	SKORUPKA RADEK	166	ULUNG TEAM	BYDGOSZCZ	POL	M40-49	50	M 162	00:23:13	00:04:46	00:51:09	00:01:29	00:28:18	01:48:55.75
51	NOWAK ADAM	223	WUJEK PORADA	BYDGOSZCZ	POL	M40-49	51	M 164	00:21:02	00:05:11	00:48:50	00:02:29	00:36:31	01:54:03.25
	WAPNIEWSKI MARCIN	31	TRI-SPORT	GÓROWO ŁAWECKIE	POL	M40-49			00:11:44 DNF	00:01:55		00:00:00	00:00:00	DNF

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, K50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	SOKOŁOWSKA HANNA	170	KUŹNIA TRIATHLONU	GORZEŃ	POL	K50-59	1	K 9	00:13:20	00:02:58	00:37:57	00:01:20	00:26:29	01:22:04.30
2	RASZLIŃSKA MARIOLA	156		BYDGOSZCZ	POL	K50-59	2	K 18	00:17:59	00:02:52	00:40:49	00:01:38	00:25:38	01:28:56.90
3	SZABO-MOSKAL JADWIGA	177		BORÓWNO	POL	K50-59	3	K 33	00:21:08	00:03:41	00:47:36	00:00:38	00:30:43	01:43:46.20
4	MURACH AGNIESZKA	131	KURPIOWSKIE CENTRUM WETERYNARYJNE	OSTROŁĘKA	POL	K50-59	4	K 34	00:22:07	00:04:35	00:47:15	00:02:30	00:28:00	01:44:27.30
5	MIKA ALDONA	124		BYDGOSZCZ	POL	K50-59	5	K 39	00:26:05	00:10:55	00:55:58	00:02:08	00:46:39	02:21:45.20

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	TRAWCZYŃSKI JACEK	187	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	1	M 38	00:16:18	00:01:54	00:32:40	00:00:59	00:22:00	01:13:51.55
2	KOWALSKI DARIUSZ	89	TEAM KOWALSKI	ZŁOTÓW	POL	M50-59	2	M 49	00:16:19	00:03:22	00:34:50	00:01:10	00:20:09	01:15:50.70
3	TYMIŃSKI DARIUSZ	191	PTT DELTA	BRWILNO	POL	M50-59	3	M 52	00:16:46	00:02:43	00:34:02	00:01:02	00:21:39	01:16:12.00
4	KRÓL MACIEJ	95	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59	4	M 58	00:17:02	00:02:18	00:33:01	00:01:13	00:23:35	01:17:09.05
5	KĄTNIK JACEK	77		ŁOCHOWO	POL	M50-59	5	M 72	00:19:33	00:02:26	00:34:13	00:01:10	00:22:19	01:19:41.45
6	KUŹMA WOJTEK	102		BYDGOSZCZ	POL	M50-59	6	M 96	00:17:29	00:02:35	00:36:30	00:00:57	00:25:32	01:23:03.95
7	GIERES WALDEMAR	51	PTT DELTA	PŁOCK	POL	M50-59	7	M 102	00:16:51	00:02:11	00:35:24	00:00:55	00:28:50	01:24:11.10
8	MALINOWSKI ARTUR	227		MAKSYMILIANOWO	POL	M50-59	8	M 126	00:21:42	00:03:32	00:36:53	00:01:41	00:24:04	01:27:52.00
9	KOWALSKI MAREK	90	REKINY OSIELSKO	NIEMCZ	POL	M50-59	9	M 131	00:16:33	00:04:55	00:40:08	00:01:47	00:25:20	01:28:43.20
10	BUŁKA RAFAŁ	25		NIEMCZ	POL	M50-59	10	M 158	00:18:32	00:04:18	00:45:52	00:02:08	00:32:27	01:43:17.25
11	ZAPOTOCZNY ROBERT	216	CENTRUM MEDYCYNY SPORTOWEJ OLIMP ZIELONA GÓRA	ZIELONA GÓRA	POL	M50-59	11	M 165	00:27:16	00:06:17	00:48:38	00:03:03	00:29:29	01:54:43.10

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M60-69**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	GRUBA JACEK	57		BRZOZA	POL	M60-69	1	M 114	00:17:55	00:03:18	00:37:11	00:00:54	00:27:01	01:26:19.80
2	BOGALECKI MAREK	17	SAFE SPORT TEAM	STAROGARD GDAŃSKI	POL	M60-69	2	M 140	00:18:52	00:04:46	00:38:01	00:02:00	00:27:12	01:30:51.65
3	MONTOWSKI JAN	128	OPLAWIEC	BYDGOSZCZ	POL	M60-69	3	M 151	00:20:36	00:04:23	00:41:56	00:00:59	00:28:51	01:36:45.50
4	KOPCZYŃSKI WALDEMAR	86	1958	POZNAN	POL	M60-69	4	M 155	00:21:30	00:03:37	00:40:57	00:01:53	00:30:56	01:38:53.45
5	MICHALSKI BOGDAN	122	ŁAPA JAGUARA	BYDGOSZCZ	POL	M60-69	5	M 163	00:21:18	00:04:35	00:43:50	00:02:26	00:36:53	01:49:02.60

**OCEAN LAVA TRIATHLON POLSKA - SPRINT, M70-79**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km	Netto
1	SAWICKI WALDEMAR	163		BYDGOSZCZ	POL	M70-79	1	M 168	00:26:04	00:10:46	00:56:19	00:01:48	00:53:31	02:28:28.10