

# KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM

Organiser: PFNW  
 Date: 2016-06-11  
 Place: Kolbuszowa  
 Distance: 21.1 km  
 Klasyfikacja wg czasów netto.



## KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	SKIBA KRZYSZTOF	32	KS METRACO POLKOWICE	POLKO WICE	POL	M 50-59	1	M 1			00:52:33	01:08:09	01:23:46	01:39:54	01:55:48	02:11:59.60	6:15	9.6
2	DZIEDIEWCH ANDRZEJ	10	KS METRACO POLKOWICE	GROD NO	BLR	M 30-39	1	M 2			00:52:41	01:08:20	01:23:57	01:40:04	01:56:05	02:13:02.10	6:18	9.5
3	HELWICH STEFAN	12	KS METRACO POLKOWICE	WIELE Ń	POL	M 60+	1	M 3			00:56:37	01:12:46	01:29:21	01:45:46	02:02:28	02:19:10.10	6:35	9.1
4	WIŚNIEWSKI JACEK	41	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	SANDO MIERZ	POL	M 50-59	2	M 4			00:56:44	01:13:07	01:29:24	01:45:49	02:02:29	02:19:10.30	6:35	9.1
5	STUPNOWICZ PRZEMEK	37	EPOKA NORDICA ŁÓDŹ	ŁÓDŹ	POL	M 18-29	1	M 5			00:56:53	01:13:22	01:29:49	01:46:19	02:02:53	02:19:33.60	6:36	9.1
6	KORDOWSKI PIOTR	54	NOWA HUTA TEAM	KRAKÓ W	POL	M 40-49	1	M 6			00:56:44	01:12:57	01:29:29	01:45:58	02:03:09	02:19:48.25	6:37	9.1
7	BIK STANISŁAW	3	KS METRACO POLKOWICE	LUBIN	POL	M 50-59	3	M 7			00:56:43	01:13:09	01:29:28	01:45:58	02:02:49	02:19:48.90	6:37	9.1
8	NIEPOKÓJ RADOŚLAW	25		WROC ANKA	POL	M 18-29	2	M 8			00:56:52	01:13:18	01:29:49	01:46:31	02:03:23	02:20:43.20	6:40	9
9	BOGACKI SŁAWEK	4	ENERGA NW TEAM	TORUŃ	POL	M 40-49	2	M 9	1		00:58:09	01:15:08	01:32:04	01:49:00	02:06:05	02:23:13.05	6:47	8.8
10	ZACZYŃSKA ANNA	45	KS METRACO POLKOWICE	LUBIN	POL	K 30-39	1	K 1			00:57:54	01:15:32	01:33:11	01:50:34	02:08:17	02:25:46.75	6:54	8.7
11	ŻYWICKI MARCIN	48	BŁĘKITNI NW DZIEMIANY	DZIEMI ANY	POL	M 30-39	2	M 10			00:58:45	01:15:54	01:33:05	01:50:38	02:08:23	02:26:14.10	6:55	8.7
12	LENZ ANDRZEJ	20	ALTOM	GNIEZ NO	POL	M 50-59	4	M 11	1		00:58:55	01:16:14	01:34:03	01:51:41	02:09:30	02:27:43.10	7:00	8.6
13	PIETRZYK JAROSŁAW	27	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘST OCHO WA	POL	M 30-39	3	M 12			00:58:59	01:16:19	01:33:50	01:51:25	02:09:54	02:29:00.70	7:03	8.5
14	ZAREMBA JAKUB	46		BIAŁO WIEZA	POL	M 30-39	4	M 13			00:59:39	01:17:33	01:35:25	01:53:21	02:11:14	02:29:07.30	7:04	8.5
15	WOJCIECHOWSKI TADEUSZ	43	DĄBROWA NORDIC TEAM	DĄBRO WA GÓRNI CZA	POL	M 60+	2	M 14			01:00:52	01:18:48	01:36:51	01:55:05	02:13:10	02:31:28.15	7:10	8.4
16	MITURA-ZIELONKA PAWEŁ	23	RYBNICKI KLUB NORDIC WALKING / SPACERMISTRZ	RYBNI K	POL	M 30-39	5	M 15			00:58:59	01:16:14	01:33:49	01:52:29	02:11:47	02:31:39.65	7:11	8.3
17	MAKOWSKI JAN	21	RYBNICKI KLUB NORDIC WALKING	RYBNI K	POL	M 50-59	5	M 16			00:58:43	01:17:11	01:35:33	01:54:18	02:13:00	02:31:40.15	7:11	8.3
18	SZCZEBAK JACEK	39	UNIA MIAST	TARNÓ W	POL	M 40-49	3	M 17			01:00:48	01:18:43	01:36:48	01:55:02	02:13:33	02:32:19.70	7:13	8.3

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
19	ZAGAJA JANUSZ	50	WESOŁY BORSUK TEAM	POKÓJ	POL	M 60+	3	M 18			00:59:21	01:17:26	01:35:49	01:54:36	02:13:33	02:34:34.15	7:19	8.2
20	OLSCHIMKE-MA RMUROWICZ BARBARA	26	SILESIA NORDIC TEAM	KATO WICE	POL	K 40-49	1	K 2			01:03:57	01:22:12	01:40:09	01:58:31	02:16:58	02:35:37.05	7:22	8.1
21	JANCZYK MAŁGORZATA	13	EPOKA NORDICA ŁÓDŹ	ŁÓDŹ	POL	K 30-39	2	K 3			01:01:18	01:19:38	01:38:20	01:57:24	02:16:48	02:37:26.95	7:27	8
22	ZIĘTEK SYLWIA	52	SILESIA NORDIC TEAM	DĄBRO WA GÓRNI CZA	POL	K 30-39	3	K 4			01:03:58	01:22:26	01:41:21	02:00:31	02:19:53	02:38:05.40	7:29	8
23	REJMAN DOROTA	29	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	TARNO BRZEG	POL	K 30-39	4	K 5			01:05:40	01:24:08	01:42:38	02:01:19	02:19:51	02:38:28.35	7:30	8
24	STĘPIEŃ LUCYNA	35	KS METRACO POLKOWICE	LUBIN	POL	K 50-59	1	K 6			01:04:34	01:23:42	01:42:34	02:01:37	02:20:41	02:39:47.75	7:34	7.9
25	WESOŁOWSKI WOJCIECH	51	NORDIC TEAM GNIEZNO	GNIEZNO	POL	M 60+	4	M 19			01:02:36	01:20:43	01:39:42	01:59:09	02:19:37	02:40:03.45	7:35	7.9
26	WOLNIEWICZ KATARZYNA	44	FABRIKANORDIKA	RUDA ŚLĄSKA	POL	K 40-49	2	K 7	1		01:04:23	01:23:22	01:42:43	02:02:15	02:22:09	02:42:30.00	7:42	7.8
27	KARASIEWICZ IRENA	15	FACE NORDIC WALKING TEAM	BRANI EWO	POL	K 50-59	2	K 8			01:05:00	01:24:23	01:43:55	02:03:30	02:23:15	02:43:10.45	7:43	7.8
28	TYLUTKI AGNIESZKA	40	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	TARNO BRZEG	POL	K 40-49	3	K 9			01:06:28	01:25:22	01:44:35	02:04:14	02:24:09	02:43:58.75	7:46	7.7
29	GRADZKA-MOŻ YSZEK ALEKSANDRA	53	FORMA NA PIĄTKĘ NW PABIANICE	PABIA NICE	POL	K 50-59	3	K 10			01:05:39	01:25:13	01:44:57	02:04:48	02:24:30	02:44:09.40	7:46	7.7
30	WITKOWSKA MARIA	42	UNIA MIAST	KATO WICE	POL	K 60+	1	K 11			01:07:15	01:26:47	01:46:24	02:06:34	02:26:37	02:46:03.10	7:52	7.6
31	CZYCZ EMILIA	9	GREEN TEAM ZIELONA GÓRA	ZIELO NA GÓRA	POL	K 60+	2	K 12			01:05:47	01:25:24	01:45:10	02:05:39	02:26:20	02:46:20.10	7:52	7.6
32	KANIEWSKA BEATA	14	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘST OCHO WA	POL	K 40-49	4	K 13			01:06:22	01:25:26	01:45:14	02:05:31	02:26:19	02:47:04.70	7:55	7.6
33	KOBIELA DARIA	16	BŁĘKITNI NW DZIEMIANY	DZIEMI ANY	POL	K 18-29	1	K 14			01:07:18	01:27:04	01:46:41	02:06:38	02:26:33	02:47:22.60	7:55	7.6
34	KRYSZCZUK KRZYSZTOF	18	FACE NORDIC WALKING TEAM	SIEDLC E	POL	M 40-49	4	M 20			01:07:19	01:26:53	01:46:34	02:06:34	02:27:20	02:48:09.25	7:58	7.5
35	ROSADZIŃSKA NATALIA	30		LESZNO	POL	K 18-29	2	K 15			01:08:39	01:28:22	01:48:18	02:08:14	02:28:26	02:48:33.40	7:59	7.5
36	REGULSKI PAWEŁ	28		LEGIO NOWO	POL	M 30-39	6	M 21			01:06:12	01:26:09	01:46:36	02:07:15	02:28:30	02:49:29.55	8:01	7.5
37	FRANKIEWICZ MIROSŁAW	11	FORMA NA PIĄTKĘ NW PABIANICE	PABIA NICE	POL	M 40-49	5	M 22	1		01:08:37	01:29:09	01:49:26	02:09:56	02:30:38	02:51:24.30	8:07	7.4
38	CIENNIK KALINA	8		ŁÓDŹ	POL	K 40-49	5	K 16			01:08:35	01:28:27	01:48:51	02:09:53	02:32:16	02:54:21.55	8:15	7.3

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
39	CICHOŃ ANETA	6	FABRIKANORDIKA	RUDA ŚLĄSKA	POL	K 30-39	5	K 17			01:07:01	01:26:50	01:47:29	02:08:59	02:33:00	02:56:20.85	8:21	7.2
40	SŁABOŃ-SIKORA ANETA	34	DĄBROWA NORDIC TEAM	SOSNO WIEC	POL	K 30-39	6	K 18			01:10:32	01:31:27	01:52:55	02:14:42	02:36:52	02:58:53.85	8:28	7.1
41	CIENNIK WIKTOR	7	FOREVER YOUNG	ŁÓDŹ	POL	M 50-59	6	M 23			01:09:17	01:31:15	01:53:17	02:15:14	02:37:23	02:59:26.15	8:30	7.1
42	KUCYPERA DAGMARA	19	DĄBROWA NORDIC TEAM	BĘDZIŃ	POL	K 40-49	6	K 19			01:11:56	01:33:03	01:54:22	02:16:02	02:38:17	03:01:08.95	8:35	7
43	ZAWADZKA MARIA	47	KS METRACO POLKOWICE	LUBIN	POL	K 60+	3	K 20			01:13:28	01:34:37	01:55:52	02:17:42	02:39:59	03:02:26.40	8:38	6.9
44	BARAN MAREK	2	KLUBSPORTU.PL	RZESZÓW	POL	M 40-49	6	M 24			01:11:08	01:31:55	01:53:17	02:15:36	02:39:03	03:03:21.75	8:41	6.9
45	STRZELECKI SEBASTIAN	36	SAILING TEAM FERAJNA	PIŁA	POL	M 40-49	7	M 25			01:13:12	01:35:09	01:57:06	02:18:59	02:40:57	03:03:22.55	8:41	6.9
46	ROZMUS JOLANTA	31	FACE NORDIC WALKING TEAM	GDYŃA	POL	K 60+	4	K 21	1		01:13:25	01:34:39	01:56:15	02:18:37	02:41:13	03:03:35.60	8:42	6.9
47	STUPNOWICZ JOANNA	38		ŁÓDŹ	POL	K 40-49	7	K 22			01:15:27	01:37:07	01:59:05	02:21:31	02:44:41	03:07:08.20	8:52	6.8
48	BAĆ WIESŁAW	1		RACŁA WÓWK A	POL	M 40-49	8	M 26			01:16:44	01:38:42	02:00:58	02:23:24	02:46:05	03:08:47.75	8:56	6.7
DQ	LIS ROBERT	55	N.Z	KORCZYNA	POL	M 50-59	DQ	DQ		TAK	01:05:30 DQ	01:24:54 DQ	01:44:30 DQ	02:05:07 DQ	02:26:14 DQ	02:47:47.00 DQ	-	-

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 18-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	KOBIELA DARIA	16	BŁĘKITNI NW DZIEMIANY	DZIEMIANY	POL	K 18-29	1	K 14			01:07:18	01:27:04	01:46:41	02:06:38	02:26:33	02:47:22.60	7:55	7.6
2	ROSADZIŃSKA NATALIA	30		LESZNO	POL	K 18-29	2	K 15			01:08:39	01:28:22	01:48:18	02:08:14	02:28:26	02:48:33.40	7:59	7.5

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 18-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	STUPNOWICZ PRZEMEK	37	EPOKA NORDICA ŁÓDŹ	ŁÓDŹ	POL	M 18-29	1	M 5			00:56:53	01:13:22	01:29:49	01:46:19	02:02:53	02:19:33.60	6:36	9.1
2	NIEPOKÓJ RADOSŁAW	25		WROCANKA	POL	M 18-29	2	M 8			00:56:52	01:13:18	01:29:49	01:46:31	02:03:23	02:20:43.20	6:40	9

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 30-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	ZACZYŃSKA ANNA	45	KS METRACO POLKOWICE	LUBIN	POL	K 30-39	1	K 1			00:57:54	01:15:32	01:33:11	01:50:34	02:08:17	02:25:46.75	6:54	8.7
2	JANCZYK MAŁGORZATA	13	EPOKA NORDICA ŁÓDŹ	ŁÓDŹ	POL	K 30-39	2	K 3			01:01:18	01:19:38	01:38:20	01:57:24	02:16:48	02:37:26.95	7:27	8

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
3	ZIĘTEK SYLWIA	52	SILESIA NORDIC TEAM	DĄBROWA GÓRNI CZA	POL	K 30-39	3	K 4			01:03:58	01:22:26	01:41:21	02:00:31	02:19:53	02:38:05.40	7:29	8
4	REJMAN DOROTA	29	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	TARNO BRZEG	POL	K 30-39	4	K 5			01:05:40	01:24:08	01:42:38	02:01:19	02:19:51	02:38:28.35	7:30	8
5	CICHOŃ ANETA	6	FABRIKANORDIKA	RUDA ŚLĄSK A	POL	K 30-39	5	K 17			01:07:01	01:26:50	01:47:29	02:08:59	02:33:00	02:56:20.85	8:21	7.2
6	SŁABOŃ-SIKORA ANETA	34	DĄBROWA NORDIC TEAM	SOSNO WIEC	POL	K 30-39	6	K 18			01:10:32	01:31:27	01:52:55	02:14:42	02:36:52	02:58:53.85	8:28	7.1

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 30-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	DZIEDIEWICH ANDRZEJ	10	KS METRACO POLKOWICE	GRODNO	BLR	M 30-39	1	M 2			00:52:41	01:08:20	01:23:57	01:40:04	01:56:05	02:13:02.10	6:18	9.5
2	ŻYWICKI MARCIN	48	BŁĘKITNI NW DZIEMIANY	DZIEMIANY	POL	M 30-39	2	M 10			00:58:45	01:15:54	01:33:05	01:50:38	02:08:23	02:26:14.10	6:55	8.7
3	PIETRZYK JAROSŁAW	27	VIKING NORDIC TEAM CZEŚTOCHOWA	CZEŚTOCHOWA	POL	M 30-39	3	M 12			00:58:59	01:16:19	01:33:50	01:51:25	02:09:54	02:29:00.70	7:03	8.5
4	ZAREMBA JAKUB	46		BIAŁO WIEŻA	POL	M 30-39	4	M 13			00:59:39	01:17:33	01:35:25	01:53:21	02:11:14	02:29:07.30	7:04	8.5
5	MITURA-ZIEŁONKA PAWEŁ	23	RYBNICKI KLUB NORDIC WALKING / SPACERMISTRZ	RYBNIK	POL	M 30-39	5	M 15			00:58:59	01:16:14	01:33:49	01:52:29	02:11:47	02:31:39.65	7:11	8.3
6	REGULSKI PAWEŁ	28		LEGIONOWO	POL	M 30-39	6	M 21			01:06:12	01:26:09	01:46:36	02:07:15	02:28:30	02:49:29.55	8:01	7.5

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 40-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	OLSCHIMKE-MARMUROWICZ BARBARA	26	SILESIA NORDIC TEAM	KATOWICE	POL	K 40-49	1	K 2			01:03:57	01:22:12	01:40:09	01:58:31	02:16:58	02:35:37.05	7:22	8.1
2	WOLNIEWICZ KATARZYNA	44	FABRIKANORDIKA	RUDA ŚLĄSK A	POL	K 40-49	2	K 7	1		01:04:23	01:23:22	01:42:43	02:02:15	02:22:09	02:42:30.00	7:42	7.8
3	TYLUTKI AGNIESZKA	40	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	TARNO BRZEG	POL	K 40-49	3	K 9			01:06:28	01:25:22	01:44:35	02:04:14	02:24:09	02:43:58.75	7:46	7.7

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
4	KANIEWSKA BEATA	14	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K 40-49	4	K 13			01:06:22	01:25:26	01:45:14	02:05:31	02:26:19	02:47:04.70	7:55	7.6
5	CIENNIK KALINA	8		ŁÓDŹ	POL	K 40-49	5	K 16			01:08:35	01:28:27	01:48:51	02:09:53	02:32:16	02:54:21.55	8:15	7.3
6	KUCYPERA DAGMARA	19	DĄBROWA NORDIC TEAM	BĘDZIŃ	POL	K 40-49	6	K 19			01:11:56	01:33:03	01:54:22	02:16:02	02:38:17	03:01:08.95	8:35	7
7	STUPNOWICZ JOANNA	38		ŁÓDŹ	POL	K 40-49	7	K 22			01:15:27	01:37:07	01:59:05	02:21:31	02:44:41	03:07:08.20	8:52	6.8

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 40-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	KORDOWSKI PIOTR	54	NOWA HUTA TEAM	KRAKÓW	POL	M 40-49	1	M 6			00:56:44	01:12:57	01:29:29	01:45:58	02:03:09	02:19:48.25	6:37	9.1
2	BOGACKI SŁAWEK	4	ENERGA NW TEAM	TORUŃ	POL	M 40-49	2	M 9	1		00:58:09	01:15:08	01:32:04	01:49:00	02:06:05	02:23:13.05	6:47	8.8
3	SZCZEBAK JACEK	39	UNIA MIAST	TARNÓW	POL	M 40-49	3	M 17			01:00:48	01:18:43	01:36:48	01:55:02	02:13:33	02:32:19.70	7:13	8.3
4	KRYSZCZUK KRZYSZTOF	18	FACE NORDIC WALKING TEAM	SIEDLCE	POL	M 40-49	4	M 20			01:07:19	01:26:53	01:46:34	02:06:34	02:27:20	02:48:09.25	7:58	7.5
5	FRANKIEWICZ MIROSŁAW	11	FORMA NA PIĄTKĘ NW PABIANICE	PABIAŃNICE	POL	M 40-49	5	M 22	1		01:08:37	01:29:09	01:49:26	02:09:56	02:30:38	02:51:24.30	8:07	7.4
6	BARAN MAREK	2	KLUBSPORTU.PL	RZESZÓW	POL	M 40-49	6	M 24			01:11:08	01:31:55	01:53:17	02:15:36	02:39:03	03:03:21.75	8:41	6.9
7	STRZELECKI SEBASTIAN	36	SAILING TEAM FERAJNA	PIŁA	POL	M 40-49	7	M 25			01:13:12	01:35:09	01:57:06	02:18:59	02:40:57	03:03:22.55	8:41	6.9
8	BĄC WIESŁAW	1		RACŁAWÓWKA	POL	M 40-49	8	M 26			01:16:44	01:38:42	02:00:58	02:23:24	02:46:05	03:08:47.75	8:56	6.7

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 50-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	STĘPIEŃ LUCYNA	35	KS METRACO POLKOWICE	LUBIN	POL	K 50-59	1	K 6			01:04:34	01:23:42	01:42:34	02:01:37	02:20:41	02:39:47.75	7:34	7.9
2	KARASIEWICZ IRENA	15	FACE NORDIC WALKING TEAM	BRANIÓW	POL	K 50-59	2	K 8			01:05:00	01:24:23	01:43:55	02:03:30	02:23:15	02:43:10.45	7:43	7.8
3	GRĄDZKA-MOŻYSZEK ALEKSANDRA	53	FORMA NA PIĄTKĘ NW PABIANICE	PABIAŃNICE	POL	K 50-59	3	K 10			01:05:39	01:25:13	01:44:57	02:04:48	02:24:30	02:44:09.40	7:46	7.7

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 50-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	SKIBA KRZYSZTOF	32	KS METRACO POLKOWICE	POLKOWICE	POL	M 50-59	1	M 1			00:52:33	01:08:09	01:23:46	01:39:54	01:55:48	02:11:59.60	6:15	9.6

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 50-59 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
2	WIŚNIEWSKI JACEK	41	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	SANDO MIERZ	POL	M 50-59	2	M 4			00:56:44	01:13:07	01:29:24	01:45:49	02:02:29	02:19:10.30	6:35	9.1
3	BIK STANISŁAW	3	KS METRACO POLKOWICE	LUBIN	POL	M 50-59	3	M 7			00:56:43	01:13:09	01:29:28	01:45:58	02:02:49	02:19:48.90	6:37	9.1
4	LENZ ANDRZEJ	20	ALTOM	GNIEZNO	POL	M 50-59	4	M 11	1		00:58:55	01:16:14	01:34:03	01:51:41	02:09:30	02:27:43.10	7:00	8.6
5	MAKOWSKI JAN	21	RYBNICKI KLUB NORDIC WALKING	RYBNIK	POL	M 50-59	5	M 16			00:58:43	01:17:11	01:35:33	01:54:18	02:13:00	02:31:40.15	7:11	8.3
6	CIENNIK WIKTOR	7	FOREVER YOUNG	ŁÓDŹ	POL	M 50-59	6	M 23			01:09:17	01:31:15	01:53:17	02:15:14	02:37:23	02:59:26.15	8:30	7.1
DQ	LIS ROBERT	55	N.Z	KORCZYNA	POL	M 50-59	DQ	DQ		TAK	01:05:30 DQ	01:24:54 DQ	01:44:30 DQ	02:05:07 DQ	02:26:14 DQ	DQ	-	-

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, K 60+**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	WITKOWSKA MARIA	42	UNIA MIAST	KATOWICE	POL	K 60+	1	K 11			01:07:15	01:26:47	01:46:24	02:06:34	02:26:37	02:46:03.10	7:52	7.6
2	CZYCZ EMILIA	9	GREEN TEAM ZIELONA GÓRA	ZIEŁONA GÓRA	POL	K 60+	2	K 12			01:05:47	01:25:24	01:45:10	02:05:39	02:26:20	02:46:20.10	7:52	7.6
3	ZAWADZKA MARIA	47	KS METRACO POLKOWICE	LUBIN	POL	K 60+	3	K 20			01:13:28	01:34:37	01:55:52	02:17:42	02:39:59	03:02:26.40	8:38	6.9
4	ROZMUS JOLANTA	31	FACE NORDIC WALKING TEAM	GDYŃ	POL	K 60+	4	K 21	1		01:13:25	01:34:39	01:56:15	02:18:37	02:41:13	03:03:35.60	8:42	6.9

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM, M 60+**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Żół. kartki	Czer. kartki	8.6km	11.1km	13.6km	16.1km	18.6km	Netto	min/km	km/h
1	HELWICH STEFAN	12	KS METRACO POLKOWICE	WIELEŃ	POL	M 60+	1	M 3			00:56:37	01:12:46	01:29:21	01:45:46	02:02:28	02:19:10.10	6:35	9.1
2	WOJCIECHOWSKI TADEUSZ	43	DĄBROWA NORDIC TEAM	DĄBROWA GÓRNICZA	POL	M 60+	2	M 14			01:00:52	01:18:48	01:36:51	01:55:05	02:13:10	02:31:28.15	7:10	8.4
3	ZAGAJA JANUSZ	50	WESOŁY BORSUK TEAM	POKÓJ	POL	M 60+	3	M 18			00:59:21	01:17:26	01:35:49	01:54:36	02:13:33	02:34:34.15	7:19	8.2
4	WESOŁOWSKI WOJCIECH	51	NORDIC TEAM GNIEZNO	GNIEZNO	POL	M 60+	4	M 19			01:02:36	01:20:43	01:39:42	01:59:09	02:19:37	02:40:03.45	7:35	7.9