

PÓLMARATON Z GÓRKĄ

Organizator: FUNDACJA PROFIT MARATON
Data: 2020-09-05
Miejsce: Sobieszów
Dystans: 29 km
Klasyfikacja wg czasów netto.



PÓLMARATON Z GÓRKĄ, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
1	BEDNAREK ADRIAN	1123	MUAY RUNNING TEAM / ADRIANBEDNAREK.PL	BYDGOSZCZ	POL	M30	1	M 1	00:28:00	00:47:23	01:55:08	02:24:25.35	4:58	12
2	MAREK DARIUSZ	1130	MONK SANDALS TEAM	KRAKÓW	POL	M30	2	M 2	00:28:06	00:47:52	01:56:08	02:27:44.55	5:05	11.8
3	SOBAS JACEK	1119	ASICSFRONTRUNNERPOLAND	KĘDZIERZYN-KOŹLE	POL	M30	3	M 3	00:28:14	00:47:53	01:59:27	02:32:21.40	5:15	11.4
4	JANKOWSKI GRZEGORZ	972	KGHM ZG RUN	JACZÓW	POL	M40	1	M 4	00:32:30	00:54:21	02:15:43	02:53:08.15	5:58	10.1
5	GREGUŁA WOJCIECH	1135		CHOJNA	POL	M30	4	M 5	00:33:15	00:55:37	02:16:43	02:53:35.55	5:59	10
6	ŻUKIEWICZ MACIEJ	1457	OBOZYGÓRSKIE.PL	BŁONIE	POL			M 6	00:33:04	00:55:02	02:17:01	02:53:50.95	5:59	10
7	PISAREK MACIEJ	1101		ŁOZINA	POL	M40	2	M 7	00:34:05	00:58:05	02:19:50	02:55:42.60	6:03	9.9
8	OBSTÓJ KAROLINA	1118	MUAY RUNNING TEAM	WROCŁAW	POL	K30	1	K 1	00:34:05	00:57:58	02:20:53	03:00:01.10	6:12	9.7
9	HAJDUKIEWICZ RAFAŁ	1060	WIERZBICKI RUNNING PROJECT	JORDANOWO	POL	M30	5	M 8	00:31:42	00:52:56	02:20:20	03:01:51.90	6:16	9.6
10	PIENIAŻEK PATRYK	806	KGHM ZG RUN	KŁOBUCZYN	POL	M18	1	M 9	00:34:04	00:57:37	02:23:01	03:02:49.80	6:18	9.5
11	ŁĘŻNIAK ALEKSANDER	1143	MONK SANDALS TEAM	SOBÓTKA	POL	M30	6	M 10	00:34:31	00:58:26	02:21:02	03:05:34.95	6:23	9.4
12	PYZIK KRZYSZTOF	1155	VEGESLONIK / FIZJOBIEGACZE SZCZECIN	ŚWINOUIJŚCIE	POL	M30	7	M 11	00:34:32	00:58:22	02:26:34	03:06:01.40	6:24	9.4
13	WINIARCZYK KRZYSZTOF	941		ŚWIEBODZICE	POL	M30	8	M 12	00:34:19	00:58:00	02:26:38	03:06:03.25	6:24	9.4
14	ILKIEWICZ MICHAŁ	893		WARSZAWA	POL	M18	2	M 13	00:32:21	00:54:18	02:21:04	03:07:08.70	6:27	9.3
15	STAWIARSKI TOMASZ	1454		BUKOWIEC	POL			M 14	00:36:12	01:01:52	02:31:15	03:10:17.95	6:33	9.1
16	LULIS ANNA	1120	AKADEMIA BIEGANIA #SOBASTEAM	WROCŁAW	POL	K40	1	K 2	00:36:47	01:02:07	02:33:48	03:13:45.25	6:40	9
17	GAŁOSZ ŁUKASZ	959		OLEŚNICA	POL	M18	3	M 15	00:34:11	00:57:39	02:28:47	03:15:04.60	6:43	8.9
18	DAUKSZO MACIEJ	1146	SBRT WARSZAWA	WARSZAWA	POL	M18	4	M 16	00:39:01	01:03:36	02:36:55	03:16:53.65	6:47	8.8
19	MUZYK PRZEMYSŁAW	862		BOGATYNIA	POL	M30	9	M 17	00:37:13	01:02:31	02:33:29	03:19:32.75	6:52	8.7
20	SABAT KAMIL	1455	140MINUT.PL	KOTOWICE	POL			M 18	00:39:02	01:04:59	02:40:56	03:20:06.25	6:54	8.7
21	MIKOŁAJCZYK ROBERT	1001	DRUŻYNA ORZECHA ŻYRARDÓW	ŻYRARDÓW	POL	M40	3	M 19	00:36:33	01:01:09	02:36:20	03:21:02.75	6:55	8.7
22	BARTKOWIAK MICHAŁ	835		POZNAŃ	POL	M30	10	M 20	00:40:23	01:05:43	02:38:56	03:21:08.40	6:56	8.7
23	DURKALEC JĄGODA	1052		JELENIA GÓRA	POL	K18	1	K 3	00:38:13	01:03:01	02:40:44	03:21:41.75	6:57	8.6
24	MARKIEWICZ AGNIESZKA	1459	PRORUNNING PROMOTION	ŁOSICE	POL			K 4	00:38:07	01:04:04	02:41:44	03:21:59.80	6:57	8.6
25	KOTLAREK DAWID	1092	VEGE RUNNERS	ZIELONA GÓRA	POL	M40	4	M 21	00:36:25	01:02:11	02:39:32	03:22:44.45	6:59	8.6
26	BOSAKIEWICZ TOMASZ	1077	OLAWS	PRUSICE	POL	M30	11	M 22	00:39:04	01:04:58	02:38:29	03:24:19.85	7:02	8.5
27	STASIW PRZEMYSŁAW	844	ULTRA TRAIL FANATIC	ŻYRARDÓW	POL	M30	12	M 23	00:36:55	01:01:28	02:35:57	03:25:06.05	7:04	8.5
28	WIERZBICKI KRZYSZTOF	1062	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	M30	13	M 24	00:35:48	01:00:06	02:43:39	03:25:41.40	7:05	8.5
29	MOCHEGIANI ANDREA	1160	BAD ORGANIZER TEAM	TOLENTINO	ITA	M50	1	M 25	00:34:57	00:58:37	02:46:51	03:27:01.60	7:08	8.4
30	GOŁĘBIOWSKI TYTUS	814	ULTRA FALUBAZ / NGB	ZIELONA GÓRA	POL	M30	14	M 26	00:36:52	01:01:25	02:48:12	03:30:15.95	7:15	8.3
31	RADKOWSKA MAŁGORZATA	1156		WARSZAWA	POL	K30	2	K 5	00:41:11	01:08:08	02:50:59	03:32:03.20	7:18	8.2
32	ŁĄTKA PIOTR	815		OBORNIKI ŚLĄSKIE	POL	M30	15	M 27	00:36:18	01:01:22	02:44:55	03:32:48.10	7:20	8.2
33	LITWIN MICHAŁ	1453	LITWIN	PASIKUROWICE	POL			M 28	00:36:16	01:02:35	02:44:03	03:33:01.50	7:20	8.2
34	OLSZEWSKI TOMEK	884		MOSINA	POL	M40	5	M 29	00:42:57	01:10:45	02:45:43	03:34:14.90	7:23	8.1
35	ŚWIERK SEWERYN	935	DRÄXLMAIER	JANOWICE WIELKIE	POL	M40	6	M 30	00:41:57	01:09:07	02:49:52	03:35:53.55	7:26	8.1
36	SZCZEPARA WOJCIECH	1111		WROCŁAW	POL	M18	5	M 31	00:38:59	01:04:24	02:49:21	03:36:35.90	7:28	8
37	NIŻEWSKI PAWEŁ	825	KRAKOWIAK TEAM	CZAPURY	POL	M40	7	M 32	00:40:16	01:07:08	02:53:04	03:37:11.90	7:29	8
38	ŁAMPIKA KINGA	1022	NIGHT RUNNERS WROCŁAW	SMOLEC	POL	K40	2	K 6	00:42:15	01:08:49	02:54:44	03:38:54.70	7:32	7.9
39	WALIGÓRA MATEUSZ	948		WROCŁAW	POL	M30	16	M 33	00:35:58	01:01:08	02:42:46	03:39:33.50	7:34	7.9
40	SZARAPANOWSKI DAMIAN	1053	ULTRA DIABLY TEAM	NOWA WIOSKA	POL	M40	8	M 34	00:41:17	01:09:35	02:56:43	03:41:12.65	7:37	7.9
41	ŚWIERK PRZEMYSŁAW	925	ULTRA DIABLY TEAM	ŚWIEBODZIN	POL	M40	9	M 35	00:36:12	01:01:27	02:44:55	03:41:17.85	7:37	7.9
42	WARCZEWSKI TOMASZ	847	TOMI	LESZNO	POL	M40	10	M 36	00:37:48	01:02:55	02:47:13	03:41:28.55	7:38	7.9
43	ESZNER AGNIESZKA	1154		POZNAŃ	POL	K40	3	K 7	00:41:53	01:08:54	02:57:00	03:41:30.15	7:38	7.9
44	NOWORYTA RADOŚLAW	804	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	M40	11	M 37	00:39:58	01:07:23	02:51:46	03:42:34.00	7:40	7.8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
45	KAWECKA MAŁGORZATA	1045	DRÄXLMAIER	JELEŃ GÓRA	POL	K40	4	K 8	00:40:52	01:08:25	02:54:45	03:43:25.30	7:42	7.8
46	KRZYSZTOFIK PIOTR	1038		MALIN	AFG	M40	12	M 38	00:44:12	01:13:13	02:57:26	03:45:58.95	7:47	7.7
47	PURCZYŃSKI GRZEGORZ	1132		ZIELONA GÓRA	POL	M40	13	M 39	00:39:34	01:06:56	02:55:02	03:47:40.20	7:51	7.6
48	DENYSIUK MAREK	978		WROCŁAW	POL	M40	14	M 40	00:41:07	01:07:31	03:03:20	03:47:43.70	7:51	7.6
49	CAL PIOTR	1063	5K EVERY DAY	ŚWIEBODZIN	POL	M50	2	M 41	00:43:53	01:14:01	03:02:20	03:48:22.45	7:52	7.6
50	GIL MACIEJ	1136	VEGE RUNNERS	WARSZAWA	POL	M18	6	M 42	00:42:06	01:08:12	02:58:25	03:48:26.25	7:52	7.6
51	KŁÓSEK TOMASZ	1145		WARSZAWA	POL	M40	15	M 43	00:45:07	01:10:47	03:02:14	03:48:28.05	7:52	7.6
52	PAZDAN NATALIA	1040		KOWARY	POL	K30	3	K 9	00:43:44	01:13:49	03:02:32	03:48:54.10	7:53	7.6
53	WOŹNIAK PRZEMYSŁAW	897	DNISW MON	LEGIONOWO	POL	M30	17	M 44	00:41:52	01:08:03	02:55:57	03:50:17.05	7:56	7.6
54	WĘGRZYK PIOTR	1064	KS KOSYNIERZY WROCŁAW	WROCŁAW	POL	M18	7	M 45	00:39:06	01:06:10	02:52:29	03:50:55.75	7:57	7.5
55	TURLEJ DARIUSZ	908	KONDYCJA	WARSZAWA	POL	M60	1	M 46	00:47:11	01:16:49	03:05:07	03:52:03.65	8:00	7.5
56	JUSKOWIAK AMADEUSZ	1031	*****	DRESDEN	GER	M18	8	M 47	00:40:38	01:07:11	03:04:09	03:52:07.20	8:00	7.5
57	CZAPLIŃSKI JACEK	868	TAGER SPORT	KOSZALIN	POL	M30	18	M 48	00:42:05	01:09:56	02:59:57	03:52:33.05	8:01	7.5
58	GWÓZDŹ DAMIAN	1081		ZIELONA GÓRA	POL	M30	19	M 49	00:38:09	01:04:56	02:58:33	03:52:46.10	8:01	7.5
59	KUJACZYŃSKA IGA	1098	TURNEO	TORUŃ	POL	K30	4	K 10	00:42:08	01:10:44	02:59:55	03:53:12.35	8:02	7.5
60	CYBA ANNA	1148	LATAJĄCY CYRK	SIEMIENOWICE ŚLĄSKIE	POL	K30	5	K 11	00:44:19	01:14:06	03:05:06	03:53:49.75	8:03	7.4
61	ŻYŁAK ADRIAN	1112	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M30	20	M 50	00:42:07	01:11:09	03:02:52	03:54:22.25	8:04	7.4
62	MEYER MARCIN	824	LEGIA RUN CLUB	WARSZAWA	POL	M40	16	M 51	00:40:33	01:08:11	03:01:17	03:54:27.10	8:05	7.4
63	ŚNIERZYŃSKI ROBERT	1140		SADKÓW	POL	M30	21	M 52	00:44:56	01:15:17	03:03:42	03:54:32.35	8:05	7.4
64	HADAM MICHAŁ	1087	KB MANIAC POZNAŃ	POZNAŃ	POL	M40	17	M 53	00:42:53	01:11:16	03:05:26	03:54:35.00	8:05	7.4
65	SUSKI BARTLOMIEJ	873		KRAKOW	POL	M30	22	M 54	00:40:45	01:08:23	02:59:08	03:55:56.55	8:08	7.4
66	VISENTIN ERIC	1036	NOA	WROCŁAW, POLSKA	FRA	M40	18	M 55	00:41:10	01:09:26	03:04:25	03:56:34.60	8:09	7.4
67	KARCZYŃSKA ELIZA	865		POZNAŃ	POL	K30	6	K 12	00:40:17	01:07:40	03:05:25	03:56:51.30	8:10	7.3
68	WASILEWSKI MICHAŁ	981		ZALASEWO	POL	M40	19	M 56	00:42:26	01:11:05	03:05:24	03:57:55.25	8:12	7.3
69	JAKUBCZAK WOJCIECH	808	PASZCZAKI	WARSZAWA	POL	M30	23	M 57	00:44:17	01:12:04	03:11:03	03:58:17.10	8:13	7.3
70	JADWIŃSKI WOJCIECH	1090	KS KANAŁEK	WARSZAWA	POL	M40	20	M 58	00:44:57	01:13:47	03:08:32	03:58:20.35	8:13	7.3
71	SAWICZ PIOTREK	911		WROCŁAW	AFG	M30	24	M 59	00:43:50	01:14:00	03:05:48	03:58:26.55	8:13	7.3
72	MIKOŁAJEWSKA ZOFIA	1134	OLEJ RUNNING TEAM	WARSZAWA	POL	K18	2	K 13	00:44:21	01:13:54	03:08:16	03:58:27.45	8:13	7.3
73	MROCEK MARTA	1050	WIERZBICKI RUNNING PROJECT	POZNAŃ	POL	K40	5	K 14	00:42:51	01:14:04	03:08:06	03:58:31.65	8:13	7.3
74	STARCZEWSKA IZABELA	930	WIERZBICKI RUNNING PROJECT	ŚWIEBODZIN	POL	K50	1	K 15	00:42:57	01:14:10	03:10:56	04:00:04.15	8:16	7.2
75	FILIPCZUK DARIUSZ	1127		ZIELONKA	POL	M50	3	M 60	00:44:06	01:15:17	03:08:24	04:02:02.25	8:20	7.2
76	BARCZAK ROBERT	843	R-TEAM RYDZYNA	RYDZYNA	POL	M40	21	M 61	00:43:17	01:10:57	03:12:24	04:03:48.55	8:24	7.1
77	WITKOWSKI WOJCIECH	1017		NIEMODLIN	POL	M18	9	M 62	00:41:36	01:09:53	03:05:14	04:05:04.40	8:27	7.1
78	GABRYEL ANNA	1026		TUCZNO	POL	K30	7	K 16	00:46:21	01:19:08	03:15:54	04:05:26.30	8:27	7.1
79	SKOCZYŁAS MATEUSZ	1110		WROCŁAW	POL	M30	25	M 63	00:42:19	01:13:10	03:10:40	04:06:34.10	8:30	7.1
80	STAŃCZYK KRZYSZTOF	836	TEAM PLUTEK	SWARZĘDZ	POL	M40	22	M 64	00:40:56	01:09:52	03:10:29	04:06:58.95	8:31	7
81	MIECHOWICZ MALGORZATA	969	OGRODOWA TEAM	KROSNO ODRZAŃSKIE	POL	K40	6	K 17	00:48:59	01:23:25	03:18:10	04:07:22.55	8:31	7
82	STANISŁAWEK TOMASZ	944		ZIELONA GÓRA	POL	M40	23	M 65	00:42:53	01:14:31	03:11:59	04:08:30.35	8:34	7
83	ZYWERT MATEUSZ	953		ROKITNICA	POL	M30	26	M 66	00:43:55	01:14:01	03:05:15	04:08:35.55	8:34	7
84	CABAJ PAWEŁ	834		ŚRODA ŚLĄSKA	POL	M30	27	M 67	00:42:35	01:12:42	03:09:58	04:08:46.30	8:34	7
85	GĄTKIEWICZ PAWEŁ	1122	ESKADRA KRAKÓW	KRAKÓW	POL	M40	24	M 68	00:45:06	01:14:20	03:04:40	04:09:04.75	8:35	7
86	ABULEWICZ WOJCIECH	880	TRENING STUDIO 17	WROCŁAW	POL	M50	4	M 69	00:47:13	01:19:55	03:16:44	04:10:10.05	8:37	7
87	NOWIK KAMIL	890	ULTRA DIABLY TEAM LUBRZA	ŚWIEBODZIN	POL	M40	25	M 70	00:43:28	01:12:52	03:12:57	04:10:43.45	8:38	6.9
88	GAWIN RAFAŁ	1151		KOŚCIERZYNA	POL	M40	26	M 71	00:41:58	01:10:45	03:15:27	04:10:50.20	8:38	6.9
89	KARCZYŃSKA MONIKA	1070		WIELKOPOLSKIE	POL	K30	8	K 18	00:45:33	01:16:29	03:19:15	04:10:52.45	8:39	6.9
90	GŁÓWKA PAWEŁ	1015	FUNTRI	ŻARY	POL	M18	10	M 72	00:45:54	01:15:36	03:17:35	04:11:00.00	8:39	6.9
91	PALCZYŃSKI KRZYSZTOF	816		BOLESŁAWIEC	POL	M30	28	M 73	00:43:51	01:13:30	03:14:47	04:11:43.05	8:40	6.9
92	ŚLEDZIK SEBASTIAN	961	DT4YOU	SZAMOTUŁY	POL	M50	5	M 74	00:44:14	01:15:14	03:19:03	04:12:00.50	8:41	6.9
93	KĘDZIA TOMASZ	809	KOSYNIERZY WROCŁAW	WROCŁAW	POL	M30	29	M 75	00:39:17	01:08:58	03:13:44	04:12:37.05	8:42	6.9
94	CZAJKOWSKA SYLWIA	1099	#ŻÓŁTOKRÓLEWSCY	BYDGOSZCZ	POL	K40	7	K 19	00:40:48	01:09:53	03:11:43	04:12:51.15	8:43	6.9
95	STELMACH PIOTR	1147	STELMACH TEAM	WROCŁAW	POL	M40	27	M 76	00:43:03	01:13:06	03:15:51	04:12:54.20	8:43	6.9
96	FILIPIAK SEBASTIAN	1462	EKIPA LIPA	LIPA	POL			M 77	00:46:00	01:19:20	03:18:40	04:13:10.30	8:43	6.9
97	DANIEL MARIA	910	ULTRAKAYA TEAM	WARSZAWA	POL	K30	9	K 20	00:45:52	01:18:15	03:17:54	04:14:13.95	8:46	6.8
98	ŁUKACKI DANIEL	1024		DOMASZCZYN	POL	M40	28	M 78	00:44:21	01:15:49	03:22:47	04:14:50.65	8:47	6.8
99	OSICA ŁUKASZ	1032		ŚWIĘTOCHŁOWICE	POL	M30	30	M 79	00:47:12	01:16:43	03:18:23	04:15:16.10	8:48	6.8
100	KWASIUK WOJCIECH	1000		PODGORZYN	POL	M30	31	M 80	00:47:12	01:20:22	03:18:24	04:15:36.80	8:48	6.8
101	PAWIŃSKI ARTUR	954	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M40	29	M 81	00:44:49	01:16:14	03:20:08	04:16:23.15	8:50	6.8

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102	KUBIAK ANDRZEJ	1115		RUMIA	POL	M60	2	M 82	00:46:08	01:17:17	03:19:52	04:16:24.45	8:50	6.8
103	ŁUCZAK MACIEJ	1071		MROWINO	POL	M40	30	M 83	00:42:40	01:13:22	03:03:12	04:17:03.15	8:51	6.8
104	KURCZEK TOMASZ	1094		GLIWICE	POL	M40	31	M 84	00:43:11	01:13:41	03:15:44	04:17:35.95	8:52	6.8
105	ZYGMUNT SŁAWOMIR	846	R-TEAM RYDZYNA	RYDZYNA	POL	M40	32	M 85	00:46:30	01:17:47	03:19:29	04:17:54.65	8:53	6.7
106	PIOTROWSKI KAMIL	841		WROCLAW	POL	M40	33	M 86	00:38:57	01:05:31	03:20:24	04:18:37.70	8:55	6.7
107	GÓRSKI MIKOŁAJ	811		JELENIA GÓRA	POL	M40	34	M 87	00:45:52	01:18:31	03:18:44	04:18:41.65	8:55	6.7
108	STASIAK PIOTR	1128		WARSZAWA	POL	M30	32	M 88	00:46:35	01:17:37	03:20:57	04:20:01.50	8:57	6.7
109	SZCZĘSNY PAWEŁ	929		ŚWIEBODZIN	POL	M18	11	M 89	00:45:14	01:17:17	03:22:07	04:21:25.00	9:00	6.7
110	SOJKA PRZEMEK	968	ORANGE POLSKA	WROCLAW	POL	M40	35	M 90	00:47:33	01:18:41	03:24:10	04:21:40.20	9:01	6.6
111	WIJAS KINGA	1113	ŚLĘZAK TEAM	ELSDORF	GER	K18	3	K 21	00:48:01	01:20:00	03:26:03	04:22:21.85	9:02	6.6
112	KARWETA MAREK	963	FUJITSU RUNNING TEAM	KATOWICE	POL	M30	33	M 91	00:45:00	01:17:05	03:22:51	04:22:44.05	9:03	6.6
113	ROLIŃSKI RADOSŁAW	971		OLEŚNICA	POL	M40	36	M 92	00:48:42	01:22:11	03:26:37	04:23:10.80	9:04	6.6
114	KRUTULSKI MICHAŁ	1079	KLUB GÓRSKI ŚWISTAK BIAŁY	ZIELONA GÓRA	POL	M40	37	M 93	00:49:07	01:21:05	03:25:38	04:23:36.25	9:05	6.6
115	GIEL JAROSŁAW	1049	NKB CHYŻY	NOWY TOMYŚL	POL	M30	34	M 94	00:44:39	01:12:22	03:20:49	04:23:36.70	9:05	6.6
116	KACZMAREK DOROTA	1461	RADZIKI	WROCLAW	POL			K 22	00:48:10	01:21:47	03:24:57	04:23:52.85	9:05	6.6
117	CHROMIŃSKA-LINKIEWICZ RENATA	1006	BIEGAMDLAZDROWIA.PL	JEŻÓW SUDECKI	POL	K40	8	K 23	00:48:41	01:20:44	03:30:15	04:23:57.35	9:06	6.6
118	ŚWISTEK ALEKSANDRA	956		ROGOŹNO	POL	K30	10	K 24	00:48:10	01:19:40	03:28:30	04:25:42.55	9:09	6.5
119	KAMIŃSKI ARKADIUSZ	1061	10N1 RUNNING TEAM	ŁÓDŹ	POL	M40	38	M 95	00:41:50	01:10:08	03:25:09	04:26:20.95	9:11	6.5
120	MIKLER MARCIN	1075		PRUDNIK	POL	M40	39	M 96	00:46:28	01:21:09	03:29:29	04:27:19.40	9:13	6.5
121	MARCINKIEWICZ MAREK	997		PIECHOWICE	POL	M40	40	M 97	00:45:55	01:16:53	03:29:42	04:27:56.05	9:14	6.5
122	SZUMSKI ZBIGNIEW	1051		ŚWIEBODZIN	POL	M50	6	M 98	00:43:29	01:14:09	03:27:49	04:27:56.65	9:14	6.5
123	STELMACH MARIUSZ	1104		SZCZECIN	POL	M30	35	M 99	00:43:24	01:11:34	03:32:57	04:28:39.10	9:15	6.5
124	KUCZYŃSKA ANETTA	1116	STAJNIA CROSSFIT	POZNAŃ	POL	K40	9	K 25	00:50:29	01:21:41	03:33:02	04:29:07.20	9:16	6.5
125	ANTKOWIAK MIROSLAW	1044		KROSNO ODRZAŃSKIE	POL	M50	7	M 100	00:46:15	01:16:41	03:29:02	04:29:10.45	9:16	6.5
126	GRZYBEK TOMASZ	1078	KLUB GÓRSKI ŚWISTAK BIAŁY	DROSZKÓW	POL	M40	41	M 101	00:49:03	01:21:03	03:27:48	04:29:44.85	9:18	6.5
127	MICHALAK ADRIAN	1108		GDYNIA	POL	M30	36	M 102	00:49:17	01:20:48	03:28:16	04:29:44.95	9:18	6.5
128	GIMZICKA EWA	853		POZNAŃ	POL	K40	10	K 26	00:45:50	01:19:06	03:30:25	04:29:45.05	9:18	6.5
129	MATCZAK JACEK	988		BOLEŚLAWIEC	POL	M40	42	M 103	00:47:18	01:17:47	03:26:21	04:30:04.60	9:18	6.4
130	DECHNIK ŁUKASZ	1021		WROCLAW	POL	M40	43	M 104	00:44:25	01:15:53	03:22:51	04:30:22.35	9:19	6.4
131	PAWLUK ANNA	861	KEKORTEAM	BRZEG	POL	K30	11	K 27	00:48:38	01:22:03	03:35:53	04:31:22.75	9:21	6.4
132	WESOŁOWSKA KINGA	1076	#55TEAM/ASICS FRONTRUNNER PL	WROCLAW	POL	K18	4	K 28	00:47:59	01:20:33	03:34:48	04:31:29.00	9:21	6.4
133	BOROWSKI RADOSŁAW	1121	MLKS KRAJNA SĘPÓLNO	BYDGOSZCZ	POL	M30	37	M 105	00:48:57	01:22:58	03:35:30	04:33:07.25	9:25	6.4
134	NAPOLSKI BARTOSZ	1100		GDYŃ	POL	M30	38	M 106	00:49:43	01:21:23	03:30:06	04:33:42.65	9:26	6.4
135	MARCINKOWSKA ANITA	1085		LUBOŃ	POL	K30	12	K 29	00:48:34	01:21:13	03:34:11	04:34:25.75	9:27	6.3
136	MATUSIAK MATEUSZ	812		ZIELONA GÓRA	POL	M18	12	M 107	00:45:43	01:18:20	03:27:58	04:35:24.00	9:29	6.3
137	BRUKWICKI MICHAŁ	951	DZIKIE DZIKI Z KOSTARYKI	POZNAŃ	POL	M30	39	M 108	00:44:03	01:14:06	03:21:31	04:36:14.95	9:31	6.3
138	MAZUR KATARZYNA	1068	UMLAUT	KROSNO ODRZAŃSKIE	POL	K40	11	K 30	00:51:10	01:25:37	03:39:44	04:37:03.70	9:33	6.3
139	SZARSKI JACEK	1082		WROCLAW	POL	M18	13	M 109	00:46:33	01:15:44	03:31:07	04:37:06.10	9:33	6.3
140	PIEKARSKI ANDRZEJ	904		GRODZISK MAZOWIECKI	POL	M40	44	M 110	00:48:38	01:23:56	03:39:09	04:38:26.70	9:36	6.2
141	GAJDA-LIPINSKA MILENA	1106		STARGARD	POL	K30	13	K 31	00:46:01	01:17:02	03:34:58	04:38:32.90	9:36	6.2
142	SEKUT MAGDALENA	1037		KRĘPICE	POL	K30	14	K 32	00:48:16	01:21:29	03:40:40	04:40:05.00	9:39	6.2
143	JAKUBOWSKI RAFAŁ	871	R-TEAM RYDZYNA	GOSTYŃ	POL	M40	45	M 111	00:48:34	01:21:10	03:39:35	04:40:09.90	9:39	6.2
144	BOJEK BEATA	870	R-TEAM RYDZYNA	RYDZYNA	POL	K40	12	K 33	00:48:41	01:21:16	03:39:42	04:40:15.20	9:39	6.2
145	HARASIM KRYSZTOF	1065		GRODZISZCZE	POL	M18	14	M 112	00:44:53	01:15:42	03:38:58	04:41:11.50	9:41	6.2
146	MORAWSKI WOJCIECH	1124		WROCLAW	POL	M30	40	M 113	00:50:09	01:24:13	03:35:00	04:41:17.80	9:42	6.2
147	STRZAŁKA GRZEGORZ	1074		WARSZAWA	POL	M30	41	M 114	00:45:43	01:19:49	03:31:24	04:41:58.55	9:43	6.2
148	PLUTA TOMASZ	863		SZCZECIN	POL	M50	8	M 115	00:44:01	01:15:48	03:35:05	04:42:54.10	9:45	6.2
149	BEM CYPRIAN	1083		ŚWIEBODZIN	POL	M30	42	M 116	00:47:28	01:17:34	03:38:21	04:44:16.20	9:48	6.1
150	MACKIEWICZ DOROTA	1109		WARSZAWA	POL	K40	13	K 34	00:50:28	01:25:38	03:43:39	04:45:32.15	9:50	6.1
151	SITEK PIOTR	899		GORZÓW WLKP.	POL	M40	46	M 117	00:46:44	01:18:07	03:38:53	04:45:40.10	9:51	6.1
152	PIASECKA AGATA	938	IRON TEAM	GDAŃSK	POL	K18	5	K 35	00:49:53	01:25:04	03:47:54	04:47:03.40	9:53	6.1
153	PIOTROWIAK ANNA	967	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	K30	15	K 36	00:49:58	01:24:20	03:41:45	04:47:07.80	9:54	6.1
154	PIOTROWIAK TOMASZ	966	PARKRUN SKIERNIEWICE	SKIERNIEWICE	POL	M30	43	M 118	00:50:04	01:24:26	03:41:39	04:47:12.85	9:54	6.1
155	NIEDŹWIECKI ROBERT	1043		ŚWIEBODZIN	POL	M50	9	M 119	00:47:08	01:21:03	03:42:07	04:47:27.70	9:54	6.1
156	JEDYNAK-WYPYCH ANNA	1016		LEWIN BRZESKI	POL	K30	16	K 37	00:51:16	01:27:23	03:46:37	04:48:16.85	9:56	6
157	PERUN WŁODZIMIERZ	940	RUSYNLEMKO	LUBIN	POL	M30	44	M 120	00:51:01	01:26:32	03:46:15	04:49:02.20	9:58	6
158	KULAK DOMINIKA	1452		CZEMPIŃ	POL			K 38	00:47:43	01:21:01	03:49:33	04:50:04.20	10:00	6

PÓŁMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
159	SERENDA ALEKSANDRA	842		LEGNICA	POL	K40	14	K 39	00:53:49	01:33:33	03:55:48	04:50:33.00	10:01	6
160	ŁEBEK TOMASZ	818		RADWANICE	POL	M40	47	M 121	00:48:47	01:20:14	03:41:21	04:51:19.30	10:02	6
161	DERBICH MARIUSZ	1097	KOWALEW	KOWALEW	POL	M40	48	M 122	00:48:07	01:21:26	03:38:25	04:51:39.00	10:03	6
162	RYBIEC MAREK	1056	PODWÓJNE WYZWANIE	JÓZEFOSŁAW	POL	M40	49	M 123	00:50:24	01:22:57	03:46:27	04:52:58.50	10:06	5.9
163	JAWORSKA MAGDALENA	1137	GB WIELKOPOLSCY BIEGACZE/TEAM KGB	POZNAŃ	POL	K40	15	K 40	00:47:16	01:20:27	03:49:01	04:53:16.65	10:06	5.9
164	SIWIASZCZYK TOMASZ	1103	1975	POZNAŃ	POL	M40	50	M 124	00:47:18	01:20:29	03:49:10	04:53:18.20	10:06	5.9
165	SZCZEPANIAK WIESŁAW	1066		ALEKSANDRÓW ŁÓDZKI	POL	M60	3	M 125	00:45:01	01:16:33	03:45:56	04:53:51.70	10:08	5.9
166	KASZEWSKA AGNIESZKA	934	DRÄXLMAIER	JELENIA GÓRA	POL	K40	16	K 41	00:48:22	01:22:51	03:54:25	04:54:30.75	10:09	5.9
167	SZELAĞIEWICZ PATRYCJA	1039		SZCZECIN	POL	K18	6	K 42	00:50:21	01:27:42	03:52:41	04:54:37.75	10:09	5.9
168	WREMBEL PRZEMYSŁAW	866		NOWA WIEŚ	POL	M40	51	M 126	00:47:23	01:21:54	03:40:54	04:55:45.35	10:11	5.9
169	MICHALAK VIOLETTA	845		WRONKI	POL	K40	17	K 43	00:47:30	01:22:01	03:41:01	04:55:46.00	10:11	5.9
170	BIS MARCIN	1107		GORZÓW WLKP.	POL	M30	45	M 127	00:47:27	01:21:08	03:47:50	04:56:32.35	10:13	5.9
171	KRYSIĄK JOACHIM	1086		ŚWIĘTOCHŁOWICE	POL	M50	10	M 128	00:47:55	01:21:52	03:52:12	04:57:16.80	10:15	5.9
172	WOJCIECHOWSKI PIOTR	928		WARSZAWA	POL	M30	46	M 129	00:50:46	01:25:29	03:53:51	04:57:19.55	10:15	5.9
173	SZCZEPANIAK PATRYK	990		SŁAWSK	POL	M18	15	M 130	00:48:50	01:22:49	03:56:17	04:57:27.35	10:15	5.8
174	BARTECKI PRZEMYSŁAW	989		POZNAŃ	POL	M18	16	M 131	00:48:51	01:22:51	03:56:17	04:57:32.25	10:15	5.8
175	ADAMSKA ANNA	889		JELENIA GÓRA	POL	K40	18	K 44	00:53:35	01:29:17	03:50:25	04:57:43.05	10:15	5.8
176	GÓRSKI MARIUSZ	892		JELENIA GÓRA	POL	M40	52	M 132	00:53:33	01:29:14	03:50:25	04:57:43.05	10:15	5.8
177	BRONŹKIEWICZ BARBARA	987		TORUŃ	POL	K18	7	K 45	00:48:57	01:22:55	03:56:23	04:57:48.75	10:16	5.8
178	FUŁAWKA TOMASZ	932	NOCNE WILKI JAWOR	JAWOR	POL	M40	53	M 133	00:47:50	01:21:44	03:54:30	04:58:54.10	10:18	5.8
179	GWIZDAŁA DANIEL	1030		WROCŁAW	POL	M40	54	M 134	00:50:55	01:25:30	03:56:01	04:59:28.10	10:19	5.8
180	TRZCIŃSKA JOLANTA	1029		WROCŁAW	POL	K40	19	K 46	00:50:56	01:25:31	03:56:06	04:59:28.90	10:19	5.8
181	RYŚNIK BŁAŻEJ	999		WROCŁAW	POL	M30	47	M 135	00:47:09	01:20:18	03:46:14	04:59:42.05	10:20	5.8
182	GŁOS LUCYNA	875		ŁOZINA	POL	K30	17	K 47	00:50:03	01:25:26	03:50:07	05:00:02.30	10:20	5.8
183	JAKUBCZAK MAGDALENA	813	PASZCZAKI	WARSZAWA	POL	K30	18	K 48	00:53:54	01:32:02	03:58:47	05:00:13.20	10:21	5.8
184	MIKUTANIEC SEBASTIAN	1035		WARSZAWA	POL	M40	55	M 136	00:56:27	01:36:28	03:57:10	05:00:35.90	10:21	5.8
185	GORSKA MALGORZATA	964		WARSZAWA	POL	K18	8	K 49	00:50:10	01:26:08	03:59:28	05:01:08.35	10:23	5.8
186	LUTOMSKI PRZEMYSŁAW	1114		POZNAŃ	POL	M30	48	M 137	00:43:21	01:13:34	03:35:27	05:01:45.75	10:24	5.8
187	WÓDKIEWICZ MACIEJ	1069	WLKP MOUNTAINS ULTRA RUNNERS	TULCE	POL	M40	56	M 138	00:48:34	01:23:05	03:53:33	05:02:11.05	10:25	5.8
188	KUBICKI MARIUSZ	996		KLUCZBORK	POL	M40	57	M 139	00:50:01	01:24:48	03:52:49	05:02:20.80	10:25	5.8
189	SYPKO-KUBICKA KATARZYNA	993		KLUCZBORK	POL	K40	20	K 50	00:50:05	01:24:50	03:52:52	05:02:24.45	10:25	5.8
190	BARTMAŃSKA MIRKA	1019	KRÓLOWE RUNNINGU	BIELANY WROCŁAWSKIE	AFG	K40	21	K 51	00:49:01	01:24:09	04:00:31	05:02:56.20	10:26	5.7
191	KOŁODZIEJSKA MAŁGORZATA	950		ZĄBKI	POL	K40	22	K 52	00:48:35	01:24:13	03:55:26	05:04:00.60	10:29	5.7
192	ZAWORSKA AGNIESZKA	822		JAROCIN	POL	K40	23	K 53	00:52:29	01:28:47	03:58:25	05:04:28.15	10:29	5.7
193	STARCZEWSKI KRZYSZTOF	931	ULTRA DIABLY TEAM LUBRZA	SWIEBODZIN	POL	M40	58	M 140	00:48:10	01:21:52	04:00:37	05:04:47.80	10:30	5.7
194	LIBEREK RENATA	1027		ŁOPUCHOWO	POL	K40	24	K 54	00:48:59	01:24:36	03:53:50	05:05:27.55	10:31	5.7
195	MYŚLIĆKA-PIWKO MARTA	1020	KRÓLOWE RUNNINGU	SMOLEC	POL	K40	25	K 55	00:47:45	01:19:54	04:00:33	05:05:30.75	10:32	5.7
196	CHYSKI GRZEGORZ	1105		SZPROTAWA	POL	M30	49	M 141	00:48:50	01:21:21	03:59:59	05:10:24.95	10:42	5.6
197	PIETRZAK SYLWIA	1139	12TRI	WARSZAWA	POL	K30	19	K 56	00:50:48	01:27:14	04:05:17	05:11:38.30	10:44	5.6
198	RAJTAR ROBERT	869	GUARDIAN	GORZÓW WLKP	POL	M40	59	M 142	01:02:03	01:38:56	04:04:50	05:13:04.60	10:47	5.6
199	PRZYBYŁKA MATEUSZ LEONARD	837	MLKS KRAINA	SĘPÓLNO KRAJEŃSKIE	POL	M30	50	M 143	00:48:58	01:22:59	04:00:16	05:13:13.30	10:48	5.6
200	KALEŃSKI-JAŚKIEWICZ ŁUKASZ	1028		WARSZAWA	POL	M30	51	M 144	00:50:20	01:23:39	03:58:30	05:13:17.20	10:48	5.6
201	PRZYBOROWSKI BARTOSZ	1008		BYDGOSZCZ	POL	M18	17	M 145	00:49:04	01:23:07	04:00:23	05:13:23.75	10:48	5.6
202	PUSZCZYKOWSKA MAŁGORZATA	803		INOWŁÓDZ	POL	K40	26	K 57	00:53:38	01:29:49	04:03:18	05:13:50.00	10:49	5.5
203	KUMOSZ MIROŚŁAW	992		BOLESŁAWIEC	POL	M40	60	M 146	00:50:56	01:27:56	04:04:21	05:14:10.55	10:50	5.5
204	TUTKO PAWEŁ	894		POLKOWICE	POL	M40	61	M 147	00:51:03	01:26:36	04:04:11	05:14:56.90	10:51	5.5
205	KWIECIŃSKI ŁUKASZ	985		WARSZAWA	POL	M30	52	M 148	00:50:05	01:26:09	04:04:16	05:15:56.75	10:53	5.5
206	SYNOWIEC GRZEGORZ	827		WROCŁAW, POLSKA	POL	M40	62	M 149	00:55:05	01:35:56	04:07:51	05:16:56.10	10:55	5.5
207	MŁODZIANOWSKA-SYNOWIEC MARIA	828		WROCŁAW	POL	K30	20	K 58	00:56:44	01:36:02	04:07:55	05:17:00.30	10:55	5.5
208	PERKA BARBARA	1141		PROSZKÓW	POL	K40	27	K 59	00:55:27	01:34:51	04:08:50	05:17:14.15	10:56	5.5
209	KRAKOWIAK WIESŁAW	914	KRAKOWIAK TEAM	MOSINA	POL	M50	11	M 150	00:50:29	01:25:56	04:01:23	05:17:23.05	10:56	5.5
210	ROMANOWSKI TOMASZ	805		PŁOCK	POL	M18	18	M 151	00:48:20	01:21:28	04:07:04	05:18:12.00	10:58	5.5
211	GEMBICKA OLGA	1117		WARSZAWA	POL	K40	28	K 60	00:48:47	01:23:34	04:07:07	05:19:37.30	11:01	5.4
212	PISTL ANNA	801		WYSOKA	POL	K30	21	K 61	00:52:08	01:27:39	04:08:29	05:20:23.25	11:02	5.4
213	RĄCZKOWIAK MATEUSZ	821	MATNER RUNNING TEAM	WROCŁAW	POL	M30	53	M 152	00:48:10	01:22:54	04:05:31	05:20:39.15	11:03	5.4
214	PŁOCIENNIK RENATA	984	NIGHT RUNNERS	OSTRÓW WIELKOPOLSKI	POL	K50	2	K 62	00:52:14	01:31:12	04:13:12	05:21:15.00	11:04	5.4

PÓLMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
215	MORAWSKA ANNA	912		WARSZAWA	POL	K60	1	K 63	00:58:57	01:40:16	04:13:31	05:23:27.75	11:09	5.4
216	WYPYCH TOMASZ	1047	ZAKOCHANI -ZABIEGANI	BRZEG	POL	M50	12	M 153	00:51:11	01:27:18	04:12:34	05:24:42.55	11:11	5.4
217	WIECZOREK MARTA	1013		BOGATYNIA	POL	K30	22	K 64	00:54:43	01:34:01	04:17:44	05:25:03.00	11:12	5.4
218	PNIEWSKI RAFAŁ	1057	1ON1 TEAM	ŁÓDŹ	POL	M50	13	M 154	00:53:51	01:31:51	04:14:18	05:26:48.40	11:16	5.3
219	NIEWIADOMSKA EWA	952	BBL ZDUŃSKA WOLA	ZDUŃSKA WOLA	POL	K50	3	K 65	00:50:52	01:26:20	04:14:30	05:27:06.20	11:16	5.3
220	CUKROWSKI ANDRZEJ	882		ZŁOTORYJA	POL	M40	63	M 155	00:47:35	01:25:56	04:09:21	05:27:23.35	11:17	5.3
221	KROLIK ROMAN	916		KORONOWO	POL	M40	64	M 156	00:53:16	01:30:20	04:06:38	05:29:53.60	11:22	5.3
222	ANTKOWIAK MICHAŁ	1167		MUROWANA GOŚLINA	POL	M30	54	M 157	00:54:00	01:33:24	04:11:58	05:30:23.00	11:23	5.3
223	JAŹWIECKI MARCIN	1159	MUAY RUNNING TEAM	WIDZISZEWO	POL	M40	65	M 158	00:54:06	01:33:29	04:12:04	05:30:25.95	11:23	5.3
224	JANKOWSKI GRACJAN	986		WARSZAWA	POL	M30	55	M 159	00:47:36	01:23:06	04:06:07	05:30:32.35	11:23	5.3
225	MILEWSKA BEATA	976	HOP DOG	WARSZAWA	POL	K30	23	K 66	00:47:28	01:23:10	04:10:44	05:30:35.75	11:24	5.3
226	ŻOŁĄDEK MAREK	975	PRO RUN WROCŁAW	WROCŁAW	POL	M40	66	M 160	00:51:57	01:29:13	04:18:23	05:30:45.80	11:24	5.3
227	TASZAREK EWA	922		MROWINO	POL	K40	29	K 67	00:51:42	01:28:28	04:20:36	05:30:47.70	11:24	5.3
228	STACHURSKA MONIKA	1152		DRUŻBICE	POL	K50	4	K 68	00:57:25	01:36:56	04:20:41	05:31:07.85	11:25	5.3
229	RABENDA PAWEŁ	820		WARSZAWA	POL	M30	56	M 161	00:50:46	01:26:18	04:17:27	05:31:29.60	11:25	5.2
230	SOBIERAJSKA PAULINA	891		BOLEŚLAWIEC	POL	K40	30	K 69	00:56:14	01:33:39	04:24:27	05:32:07.35	11:27	5.2
231	ZŁOCH IZABELA	1125	YULO RUN TEAM	SIEDLCE	POL	K40	31	K 70	00:54:11	01:29:55	04:15:06	05:32:14.30	11:27	5.2
232	MUSZYŃSKI ANDRZEJ	1126		WROCŁAW	POL	M40	67	M 162	00:54:17	01:30:01	04:15:10	05:32:21.30	11:27	5.2
233	TYRKA-KACZMAREK KAROLINA	1460	KACZMAREK TEAM	WIELKIE DROGI	POL			K 71	00:51:17	01:26:38	04:16:36	05:33:40.55	11:30	5.2
234	KUBÓW AGNIESZKA	1014	ZLB ZŁOTORYJA	ZŁOTORYJA	POL	K40	32	K 72	00:57:04	01:36:00	04:18:50	05:34:06.15	11:31	5.2
235	NOWICKA IWONA	1073	BOOTCAMP	KATOWICE	POL	K30	24	K 73	00:53:35	01:30:11	04:13:38	05:36:12.30	11:35	5.2
236	NOWICKI BARTŁOMIEJ	1093	BOOTCAMP	KATOWICE	POL	M30	57	M 163	00:53:38	01:30:10	04:13:39	05:36:14.55	11:35	5.2
237	MARKIEWICZ JOANNA ZUZA	1018	TJ!	POZNAN	POL	K40	33	K 74	00:55:07	01:35:24	04:20:28	05:37:16.45	11:37	5.2
238	NOWAK IWONA	907	ZLB ZŁOTORYJA	ZŁOTORYJA	POL	K40	34	K 75	00:57:22	01:36:23	04:19:07	05:37:34.45	11:38	5.2
239	SOWIŃSKA ANETTA	1463		GORZÓW WIELKOPOLSKI	POL			K 76	00:53:15	01:33:33	04:25:50	05:38:25.95	11:40	5.1
240	MIKUTANIEC PATRYCJA	1034		MARKI	POL	K40	35	K 77	00:56:30	01:36:42	04:24:05	05:39:56.00	11:43	5.1
241	JANICKA-TOMIAK ELIZA	1046		SULECHÓW	POL	K40	36	K 78	00:58:17	01:37:21	04:25:47	05:40:16.35	11:44	5.1
242	RATAJCZAK PAWEŁ	855	RATAJCZAKTEAM	ZIELONA GÓRA	POL	M40	68	M 164	00:51:27	01:27:00	04:26:51	05:42:53.25	11:49	5.1
243	SUWAJ ROMAN	859	RENOWACJA ANTYKÓW	ZIELONA GÓRA	POL	M60	4	M 165	00:51:39	01:26:50	04:27:01	05:43:04.75	11:49	5.1
244	MARKOWSKA LIDIA	874		WROCŁAW	POL	K40	37	K 79	00:56:16	01:36:41	04:31:45	05:44:24.30	11:52	5.1
245	JAROSZEWICZ GRZEGORZ	1144	KB PIONIER SZCZECIN	POLICE	POL	M40	69	M 166	00:52:03	01:28:03	04:25:37	05:44:40.35	11:53	5
246	CIMOSZKO KATARZYNA	830	WATAHA	WĄGROWIEC	POL	K40	38	K 80	00:57:16	01:36:03	04:32:20	05:44:56.45	11:53	5
247	BAKOŃSKA ANNA	1129	KLUB ŚLIMAKA TORPEDY	POZNAŃ	POL	K40	39	K 81	00:58:12	01:38:18	04:27:51	05:46:56.70	11:57	5
248	KOZŁOWSKI PIOTR	1088		SYCÓW	POL	M30	58	M 167	00:56:43	01:37:04	04:24:23	05:48:24.95	12:00	5
249	KOŁODZIEJSKI PIOTR	949		ZĄBKI	POL	M40	70	M 168	00:51:50	01:29:19	04:36:43	05:50:27.30	12:05	5
250	SIERANT MARIAN	1055	ŻÓŁTOKRÓLEWSCY	BYDGOSZCZ	POL	M60	5	M 169	00:54:58	01:30:39	04:28:18	05:51:21.50	12:06	5
251	ŚMIESZNIK BARTŁOMIEJ	1012		ŻELAZKÓW	POL	M18	19	M 170	00:57:30	01:38:41	04:34:27	05:54:06.40	12:12	4.9
252	SZYCA MARTA	1011		CIESZKÓW	POL	K18	9	K 82	00:57:33	01:38:44	04:34:30	05:54:10.20	12:12	4.9
253	ZEMŁA KRZYSZTOF	838		MALINOWICE	POL	M50	14	M 171	00:55:22	01:34:21	04:38:44	05:55:24.20	12:15	4.9
254	MERUNOWICZ IWONA	1072	LMKS SFORA CHOJNÓW	CHOJNÓW	POL	K40	40	K 83	00:55:33	01:32:22	04:36:15	05:56:14.80	12:17	4.9
255	IWAN KRZYSZTOF	936		LEGNICA	POL	M40	71	M 172	00:54:38	01:34:04	04:27:22	05:56:28.20	12:17	4.9
256	KNĄBER PIOTR	960		WARSZAWA	POL	M30	59	M 173	00:58:34	01:36:49	04:43:35	05:58:32.70	12:21	4.9
257	MAKOWSKI DARIUSZ	1002	KM TEAM	CHOJNA	POL	M50	15	M 174	00:57:28	01:37:40	04:36:59	05:59:36.20	12:24	4.8
258	GREGUŁA JOANNA	1133		CHOJNA	POL	K18	10	K 84	00:57:32	01:37:50	04:37:07	05:59:46.45	12:24	4.8
259	JAZ MAŁGORZATA	1131	KM TEAM	MIESZKOWICE	POL	K50	5	K 85	00:57:41	01:37:55	04:37:10	05:59:49.65	12:24	4.8
260	STAROŃ NORBERT	900	EDITEAM	ZGORZELEC	AFG	M40	72	M 175	01:05:24	01:46:38	04:44:39	06:00:45.70	12:26	4.8
261	SOBCZYŃSKA ANITA	1080		GORZÓW WIELKOPOLSKI	POL	K40	41	K 86	00:53:43	01:32:36	04:23:26	06:03:16.25	12:31	4.8
262	POWAŁKO WOJCIECH	832	LEGNICKIE MORSY	LEGNICA	POL	M40	73	M 176	00:54:36	01:33:46	04:28:57	06:05:33.45	12:36	4.8
263	WACHOWSKI PIOTR	915		KORONOWO	POL	M50	16	M 177	00:59:49	01:44:11	04:39:10	06:05:49.10	12:36	4.8
264	JAREMEK WOJTEK	991		ZAMOŚĆ	POL	M30	60	M 178	01:00:49	01:44:25	04:39:22	06:07:36.85	12:40	4.7
265	KUCZYŃSKI ROBERT	1023		POZNAŃ	POL	M40	74	M 179	00:56:23	01:37:02	04:51:12	06:13:43.50	12:53	4.7
266	BUDNY JOANNA BUDNY	857	LEGENDS-TO-BE	POZNAŃ	GBR	K30	25	K 87	00:59:18	01:43:01	04:52:16	06:14:52.85	12:55	4.6
267	JAWORSKA AGNIESZKA	1138		WARSZAWA	POL	K40	42	K 88	01:03:39	01:47:48	05:00:07	06:19:46.20	13:05	4.6
268	SIARA MARCIN	924	WITKOWO BIEGA	WITKOWO	POL	M30	61	M 180	00:59:46	01:44:03	05:00:40	06:22:07.05	13:10	4.6
269	MALKE PATRYK	909		NOWY TOMYŚL	POL	M30	62	M 181	00:57:02	01:37:46	04:50:17	06:26:40.20	13:20	4.5
270	WIATR - KMIECIAK MAŁGORZATA	979	NIGHT RUNNERS	POZNAŃ	POL	K40	43	K 89	00:59:54	01:38:42	04:58:25	06:27:33.80	13:21	4.5
271	URBANIAK AGNIESZKA	1089		WARSZAWA	POL	K40	44	K 90	01:08:29	01:55:11	05:06:24	06:27:54.95	13:22	4.5

PÓŁMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
272	RENCZMIŃ IZABELA	947		GLINICA	POL	K30	26	K 91	01:05:47	01:48:46	05:05:02	06:28:05.70	13:22	4.5
273	RENCZMIŃ PIOTR	946		GLINICA	POL	M30	63	M 182	01:05:57	01:52:30	05:05:02	06:28:05.85	13:22	4.5
274	MENZEL ZOFIA	919	ULTRA DIABŁY TEAM LUBRZA	LUBRZA	POL	K60	2	K 92	00:54:08	01:35:14	05:13:51	06:28:13.65	13:23	4.5
275	HARASZCZUK JERZY	858		ZAŁOM	POL	M50	17	M 183	01:04:53	01:45:22	05:03:26	06:34:12.55	13:35	4.4
276	RUDZIEWICZ MICHAŁ	927		SZCZECIN	POL	M30	64	M 184	00:54:46	01:33:18	05:03:12	06:34:18.00	13:35	4.4
277	HARASZCZUK KRYSZTIAN	849		SZCZECIN	POL	M30	65	M 185	01:04:56	01:45:27	05:03:40	06:34:27.00	13:36	4.4
278	HARASZCZUK JOANNA	852		SZCZECIN	POL	M30	66	M 186	01:04:59	01:43:58	05:03:44	06:34:32.65	13:36	4.4
279	GIERAŁTOWSKI BARTŁOMIEJ	1054		SZCZECIN	POL	M30	67	M 187	00:55:20	01:33:50	05:04:04	06:34:56.10	13:37	4.4
280	SZCZEPANIAK SŁAWOMIR	860	KS LENIWIEC	KĘPNO	POL	M50	18	M 188	01:06:38	01:57:05	05:10:45	06:35:27.30	13:38	4.4
281	JARMUŁO AGNIESZKA	839		BOLESŁAWIEC	POL	K30	27	K 93	01:01:16	01:46:04	05:14:52	06:37:07.55	13:41	4.4
282	CZASAK GRZEGORZ	923	WITKOWO BIEGA	WITKOWO	POL	M40	75	M 189	01:09:34	01:57:23	05:12:36	06:37:47.95	13:43	4.4
283	SREBRO MICHAŁ	833		POZNAŃ	POL	M40	76	M 190	01:04:00	01:49:18	05:12:36	06:46:24.50	14:00	4.3
284	KOWALCZYK KLAUDIA	1059	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	45	K 94	01:13:38	02:03:45	06:35:03	08:23:08.30	17:20	3.5
285	STUDNIAREK PAWEŁ	878	JUSTSWIM	JEŻÓW SUDECKI	POL	M50	19	M 191		01:49:10			10:55	5.5
286	LINKIEWICZ KRZYSZTOF	1007	BIEGAMDLAZDROWIA.PL	JEŻÓW SUDECKI	POL	M40	77	M 192						