

**COMMANDO RACE 11KM**

Organizator: Fundacja Awizo Akademia Wspierania Inicjatyw Zaangażowania Obywatelskiego  
 Data: 2020-09-12  
 Miejsce: Kraków  
 Dystans: 11 km  
 Klasyfikacja wg czasów brutto.


**COMMANDO RACE 11KM, OPEN**

| M-ce | Nazwisko i imię      | Nr    | Klub                    | M-scowość          | Kraj | Kat.           | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-------|-------------------------|--------------------|------|----------------|--------|------|-------------|-------------|--------|------|
| 1    | OPIAŁ GRZEGORZ       | 11076 | GORĄCYPOTOKTEAM         | WIŚNIOWA           | POL  | ELITE MĘŻCZYZN | 1      | M 1  | 00:52:08.25 | 00:52:08.25 | 4:44   | 12.7 |
| 2    | KRZYSZYŃIAK ROBERT   | 11049 | GORĄCY POTOK TEAM       | NOWY TARG          | POL  | ELITE MĘŻCZYZN | 2      | M 2  | 00:53:02.85 | 00:53:02.85 | 4:49   | 12.4 |
| 3    | SENDERSKI PRZEMYSŁAW | 11089 | DRAGON RUNNERS          | PRZYTKOWICE        | POL  | ELITE MĘŻCZYZN | 3      | M 3  | 00:56:46.50 | 00:56:46.50 | 5:09   | 11.6 |
| 4    | RACZEK RADOŚLAW      | 11080 | GORĄCY POTOK TEAM       | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 4      | M 4  | 00:58:42.95 | 00:58:42.95 | 5:20   | 11.2 |
| 5    | MALEC BARTOMIEJ      | 11064 | WARCHLAKI ADELAJDY      | FALKÓW             | POL  | ELITE MĘŻCZYZN | 5      | M 5  | 00:59:28.35 | 00:59:28.35 | 5:24   | 11.1 |
| 6    | SKRZYSZOWSKI JANUSZ  | 11090 | SOCIOS SILESIA          | GORZYCZKI          | POL  | ELITE MĘŻCZYZN | 6      | M 6  | 01:01:49.45 | 01:01:49.45 | 5:37   | 10.7 |
| 7    | DERYŁO MATEUSZ       | 11021 | KONIU SQUAD             | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 7      | M 7  | 01:01:50.05 | 01:01:50.05 | 5:37   | 10.7 |
| 8    | ILNICKI DAREK        | 11037 | DRAGON RUNNERS          | ŚWIĄTNIKI GÓRNE    | POL  | ELITE MĘŻCZYZN | 8      | M 8  | 01:02:00.00 | 01:02:00.00 | 5:38   | 10.6 |
| 9    | BARAN MACIEJ         | 11007 | DZICY OGRODNICY         | SIEPTAW            | POL  | ELITE MĘŻCZYZN | 9      | M 9  | 01:02:11.05 | 01:02:11.05 | 5:39   | 10.6 |
| 10   | ZAJĄC ARTUR          | 11108 | PODHALAŃSKIE DZIKI TEAM | ZAKOPANE           | POL  | ELITE MĘŻCZYZN | 10     | M 10 | 01:02:18.20 | 01:02:18.20 | 5:39   | 10.6 |
| 11   | ZIELIŃSKI TOMASZ     | 11110 | WARCHLAKI ADELAJDY      | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 11     | M 11 | 01:02:41.20 | 01:02:41.20 | 5:41   | 10.5 |
| 12   | KURASIŃSKI KONRAD    | 11051 | SOCIOS SILESIA          | BRENNA             | POL  | ELITE MĘŻCZYZN | 12     | M 12 | 01:02:51.90 | 01:02:51.90 | 5:42   | 10.5 |
| 13   | TOMSKI MARCIN        | 11100 | WARCHLAKI ADELAJDY      | SPYTKOWICE         | POL  | ELITE MĘŻCZYZN | 13     | M 13 | 01:05:40.05 | 01:05:40.05 | 5:58   | 10.1 |
| 14   | LEBIEST RADOŚLAW     | 11056 | ZUBRY RACE TEAM         | WĘGRZCE WIELKIE    | POL  | ELITE MĘŻCZYZN | 14     | M 14 | 01:12:31.80 | 01:12:31.80 | 6:35   | 9.1  |
| 15   | JASIŃSKA ALICJA      | 11044 | GORĄCY POTOK TEAM       | ŻYRAKÓW            | POL  | ELITE KOBIET   | 1      | K 1  | 01:12:46.95 | 01:12:46.95 | 6:36   | 9.1  |
| 16   | WILCZYŃSKI KUBA      | 11105 |                         | GIEBUŁTÓW          | POL  | M-OPEN         | 1      | M 15 | 01:13:03.30 | 01:13:03.30 | 6:38   | 9    |
| 17   | CZARNIK MAREK        | 11020 | SPARTAŃSKA DZICZ        | ZAŁASOWA           | POL  | M-OPEN         | 2      | M 16 | 01:14:25.65 | 01:14:25.65 | 6:45   | 8.9  |
| 18   | JAMRÓZ ANDRZEJ       | 11040 |                         | KRAKÓW             | POL  | M-OPEN         | 3      | M 17 | 01:15:07.70 | 01:15:07.70 | 6:49   | 8.8  |
| 19   | HUDASZEK ZBIGNIEW    | 11036 | DRAGON RUNNERS          | RUDNIK             | POL  | ELITE MĘŻCZYZN | 15     | M 18 | 01:15:24.90 | 01:15:24.90 | 6:51   | 8.8  |
| 20   | REJDYCH TOMASZ       | 11083 | KONIU SQUAD             | KRAKÓW             | AFG  | ELITE MĘŻCZYZN | 16     | M 19 | 01:15:59.45 | 01:15:59.45 | 6:54   | 8.7  |
| 21   | ŁUKA PAWEŁ           | 11060 | OCR TEAM DĘBICA         | DĘBICA             | POL  | ELITE MĘŻCZYZN | 17     | M 20 | 01:16:19.45 | 01:16:19.45 | 6:56   | 8.6  |
| 22   | BUDA WOJCIECH        | 11015 | BEFIT24TEAM             | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 18     | M 21 | 01:18:35.30 | 01:18:35.30 | 7:08   | 8.4  |
| 23   | BERNACKI ŁUKASZ      | 11010 | #DAMRADE                | BRZESKO            | POL  | M-OPEN         | 4      | M 22 | 01:19:08.35 | 01:19:08.35 | 7:11   | 8.3  |
| 24   | BARAN DAWID          | 11006 | DZICY OGRODNICY         | SIEPRAW            | POL  | M-OPEN         | 5      | M 23 | 01:19:54.70 | 01:19:54.70 | 7:15   | 8.3  |
| 25   | WOŹNIAK JOANNA       | 11106 | LEMON TEAM              | KRZESZOWICE        | POL  | ELITE KOBIET   | 2      | K 2  | 01:19:58.45 | 01:19:58.45 | 7:16   | 8.3  |
| 26   | MIKRUT MATEUSZ       | 11069 | TOTAL FREAK             | CIESZYN            | POL  | ELITE MĘŻCZYZN | 19     | M 24 | 01:20:03.95 | 01:20:03.95 | 7:16   | 8.2  |
| 27   | ULMAN JAKUB          | 11103 | LEMON TEAM              | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 20     | M 25 | 01:21:04.85 | 01:21:04.85 | 7:22   | 8.1  |
| 28   | BAJSAROWICZ MARTA    | 11003 | DRAGON RUNNERS          | GLIWICE            | POL  | ELITE KOBIET   | 3      | K 3  | 01:22:24.45 | 01:22:24.45 | 7:29   | 8    |
| 29   | STAROWICZ WOJCIECH   | 11092 | #DAMRADE                | KRAKÓW             | POL  | M-OPEN         | 6      | M 26 | 01:22:47.55 | 01:22:47.55 | 7:31   | 8    |
| 30   | STĘPIEŃ ŁUKASZ       | 11094 | TOTAL FREAK             | CIESZYN            | POL  | ELITE MĘŻCZYZN | 21     | M 27 | 01:24:33.90 | 01:24:33.90 | 7:41   | 7.8  |
| 31   | SCHMIDT PAWEŁ        | 11087 | BEFIT24TEAM             | JERZMANOWICE       | POL  | ELITE MĘŻCZYZN | 22     | M 28 | 01:24:59.60 | 01:24:59.60 | 7:43   | 7.8  |
| 32   | PATYK TOMASZ         | 11077 | BEFIT24TEAM             | KRAKÓW             | POL  | M-OPEN         | 7      | M 29 | 01:25:33.70 | 01:25:33.70 | 7:46   | 7.7  |
| 33   | DZIADOSZ MICHAŁ      | 11025 | OCR TEAM DĘBICA         | KORZENIÓW          | POL  | M-OPEN         | 8      | M 30 | 01:26:48.40 | 01:26:48.40 | 7:53   | 7.6  |
| 34   | ROZENBAJGER ROBERT   | 11084 |                         | KRAKÓW             | POL  | M-OPEN         | 9      | M 31 | 01:27:56.00 | 01:27:56.00 | 7:59   | 7.5  |
| 35   | LAPCZYK DOMINIKA     | 11055 | TOTAL FREAK             | DĘBOWIEC           | POL  | K-OPEN         | 1      | K 4  | 01:28:10.00 | 01:28:10.00 | 8:00   | 7.5  |
| 36   | RADWAŃSKI ŁUKASZ     | 11081 |                         | NOWY TARG          | POL  | M-OPEN         | 10     | M 32 | 01:29:02.40 | 01:29:02.40 | 8:05   | 7.4  |
| 37   | SZAFRAN ADRIAN       | 11096 |                         | LIBIAŻ             | POL  | M-OPEN         | 11     | M 33 | 01:29:44.55 | 01:29:44.55 | 8:09   | 7.4  |
| 38   | DZIOBA KRYSZTIAN     | 11027 | SPARTAŃSKA DZICZ        | BOBROWNIKI WIELKIE | POL  | M-OPEN         | 12     | M 34 | 01:30:03.75 | 01:30:03.75 | 8:11   | 7.3  |
| 39   | MÜLLER RAFAEL        | 11070 | BEFIT24TEAM             | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 23     | M 35 | 01:31:59.30 | 01:31:59.30 | 8:21   | 7.2  |
| 40   | TROJAN ANNA          | 11102 | BEFIT24TEAM             | KRAKÓW             | POL  | ELITE KOBIET   | 4      | K 5  | 01:33:10.90 | 01:33:10.90 | 8:28   | 7.1  |
| 41   | NIDECKI GRZEGORZ     | 11072 | SPARTAŃSKA DZICZ        | TARNÓW             | POL  | M-OPEN         | 13     | M 36 | 01:33:31.05 | 01:33:31.05 | 8:30   | 7.1  |
| 42   | MIECZNIK MACIEJ      | 11068 |                         | KRAKÓW             | POL  | M-OPEN         | 14     | M 37 | 01:33:59.10 | 01:33:59.10 | 8:32   | 7    |
| 43   | CIĄGŁO DANUTA        | 11019 |                         | NOWA SARZYNA       | POL  | K-OPEN         | 2      | K 6  | 01:34:53.60 | 01:34:53.60 | 8:37   | 7    |
| 44   | BOJDA BRYGIDA        | 11013 | ŚWIRY STELA             | PIERŚCIEC          | POL  | K-OPEN         | 3      | K 7  | 01:35:06.10 | 01:35:06.10 | 8:38   | 6.9  |
| 45   | BRUDNY AGNIESZKA     | 11014 | ŚWIRY STELA             | OCHABY             | POL  | K-OPEN         | 4      | K 8  | 01:35:10.75 | 01:35:10.75 | 8:39   | 6.9  |
| 46   | TROJAN GRZEGORZ      | 11101 |                         | KRAKÓW             | POL  | ELITE MĘŻCZYZN | 24     | M 38 | 01:35:24.65 | 01:35:24.65 | 8:40   | 6.9  |

**COMMANDO RACE 11KM, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr    | Klub               | M-scowość            | Kraj | Kat.           | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|-------|--------------------|----------------------|------|----------------|--------|------|-------------|-------------|--------|------|
| 47   | KUHOT EUGENE             | 11050 | URAGAN             | KRAKOW               | POL  | M-OPEN         | 15     | M 39 | 01:36:29.45 | 01:36:29.45 | 8:46   | 6.8  |
| 48   | RUDZIŃSKI BARTOSZ        | 11086 |                    | OLKUSZ               | POL  | M-OPEN         | 16     | M 40 | 01:36:29.85 | 01:36:29.85 | 8:46   | 6.8  |
| 49   | SULARZ BOGUSŁAW          | 11095 |                    | TOMICE               | POL  | M-OPEN         | 17     | M 41 | 01:37:08.80 | 01:37:08.80 | 8:49   | 6.8  |
| 50   | CHRZAŚTEK MACIEK         | 11018 | BEFIT24TEAM        | KRAKÓW               | POL  | ELITE MĘŻCZYZN | 25     | M 42 | 01:38:46.80 | 01:38:46.80 | 8:58   | 6.7  |
| 51   | MAKUCH URSZULA           | 11063 |                    | KRAKÓW               | POL  | K-OPEN         | 5      | K 9  | 01:39:56.60 | 01:39:56.60 | 9:05   | 6.6  |
| 52   | PYRTEK ANDRZEJ           | 11079 |                    | RUDNIK               | POL  | M-OPEN         | 18     | M 43 | 01:39:56.70 | 01:39:56.70 | 9:05   | 6.6  |
| 53   | KOŁODZIEJ DOMINIK        | 11047 |                    | KRAKÓW               | POL  | M-OPEN         | 19     | M 44 | 01:40:21.50 | 01:40:21.50 | 9:07   | 6.6  |
| 54   | ZEMLA PIOTR              | 11109 |                    | WADOWICE             | POL  | M-OPEN         | 20     | M 45 | 01:40:22.25 | 01:40:22.25 | 9:07   | 6.6  |
| 55   | LIS KRZYSZTOF            | 11057 |                    | WIELOPOLE SKRZYŃSKIE | POL  | M-OPEN         | 21     | M 46 | 01:42:47.10 | 01:42:47.10 | 9:20   | 6.4  |
| 56   | DĘBIŃSKA - MAZUR DAGMARA | 11022 | ŚWIRY STELA        | SKOCZÓW              | POL  | K-OPEN         | 6      | K 10 | 01:43:42.05 | 01:43:42.05 | 9:25   | 6.4  |
| 57   | MAZUR ROBERT             | 11067 | ŚWIRY STELA        | ORZESZE              | POL  | M-OPEN         | 22     | M 47 | 01:43:45.05 | 01:43:45.05 | 9:25   | 6.4  |
| 58   | KUŚ PAWEŁ                | 11053 | ŚWIRY STELA        | SIMORADZ             | POL  | M-OPEN         | 23     | M 48 | 01:43:55.05 | 01:43:55.05 | 9:26   | 6.4  |
| 59   | NOSAL MICHAŁ             | 11073 | SPARTAŃSKA DZICZ   | ZALASOWA             | POL  | M-OPEN         | 24     | M 49 | 01:43:57.60 | 01:43:57.60 | 9:27   | 6.3  |
| 60   | KRAWCZYK DAWID           | 11048 | CHZB               | KRYNICA-ZDRÓJ        | POL  | M-OPEN         | 25     | M 50 | 01:45:50.25 | 01:45:50.25 | 9:37   | 6.2  |
| 61   | ŁYŚ ADAM                 | 11061 |                    | KRAKOW               | POL  | M-OPEN         | 26     | M 51 | 01:45:58.70 | 01:45:58.70 | 9:38   | 6.2  |
| 62   | BEDNARZ JAKUB            | 11009 | NDE                | WIELICZKA            | POL  | M-OPEN         | 27     | M 52 | 01:46:27.60 | 01:46:27.60 | 9:40   | 6.2  |
| 63   | BEDNARZ JAN              | 11008 | NDE                | KRAKÓW               | POL  | M-OPEN         | 28     | M 53 | 01:46:28.10 | 01:46:28.10 | 9:40   | 6.2  |
| 64   | JANAS PAWEŁ              | 11041 |                    | ZABIERZÓW            | POL  | M-OPEN         | 29     | M 54 | 01:46:29.55 | 01:46:29.55 | 9:40   | 6.2  |
| 65   | NOWAK TADEUSZ            | 11074 | RUNANYWHERE        | KATOWICE             | POL  | M-OPEN         | 30     | M 55 | 01:47:22.00 | 01:47:22.00 | 9:45   | 6.1  |
| 66   | MARCINKOWSKI PAWEŁ       | 11065 |                    | BORZĘCIN             | POL  | M-OPEN         | 31     | M 56 | 01:49:28.10 | 01:49:28.10 | 9:57   | 6    |
| 67   | SZYDŁOWSKI DAMIAN        | 11098 |                    | DĘBNO                | POL  | M-OPEN         | 32     | M 57 | 01:49:54.95 | 01:49:54.95 | 9:59   | 6    |
| 68   | SZCZUREK SABINA          | 11097 | BEFIT24TEAM        | WRÓBLÓWKA            | POL  | K-OPEN         | 7      | K 11 | 01:50:34.45 | 01:50:34.45 | 10:03  | 6    |
| 69   | GAJEWSKA JOANNA          | 11031 |                    | KRAKÓW               | POL  | K-OPEN         | 8      | K 12 | 01:52:22.55 | 01:52:22.55 | 10:12  | 5.9  |
| 70   | SELECKA TERESA           | 11088 | BEFIT24TEAM        | KONARY               | POL  | K-OPEN         | 9      | K 13 | 01:53:22.85 | 01:53:22.85 | 10:18  | 5.8  |
| 71   | GRZECHNIK NATALIA        | 11035 |                    | SZCZYGLICE           | POL  | K-OPEN         | 10     | K 14 | 01:55:28.85 | 01:55:28.85 | 10:29  | 5.7  |
| 72   | REICHMANN MAGDALENA      | 11082 |                    | KRAKÓW               | POL  | K-OPEN         | 11     | K 15 | 01:55:29.55 | 01:55:29.55 | 10:29  | 5.7  |
| 73   | KURTYCZ KINGA            | 11052 |                    | KRAKÓW               | POL  | K-OPEN         | 12     | K 16 | 01:55:32.05 | 01:55:32.05 | 10:30  | 5.7  |
| 74   | POWROŹNIK ANNA           | 11078 |                    | KRAKÓW               | POL  | K-OPEN         | 13     | K 17 | 01:55:32.65 | 01:55:32.65 | 10:30  | 5.7  |
| 75   | DRABCZYK MARTYNA         | 11023 |                    | OŚWIĘCIM             | POL  | K-OPEN         | 14     | K 18 | 01:55:41.35 | 01:55:41.35 | 10:31  | 5.7  |
| 76   | CHLEBOWSKI GRZEGORZ      | 11017 |                    | OŚWIĘCIM             | POL  | M-OPEN         | 33     | M 58 | 01:55:42.90 | 01:55:42.90 | 10:31  | 5.7  |
| 77   | JAMROZIK ADRIAN          | 11039 |                    | KRAKÓW               | POL  | M-OPEN         | 34     | M 59 | 01:57:15.85 | 01:57:15.85 | 10:39  | 5.6  |
| 78   | JABŁOŃSKA SYLWIA         | 11038 |                    | WARSZAWA             | POL  | K-OPEN         | 15     | K 19 | 02:00:30.55 | 02:00:30.55 | 10:57  | 5.5  |
| 79   | WICHER BARTOSZ           | 11104 | GUMOWE ZWIERZAKI   | CHRZANÓW             | POL  | M-OPEN         | 35     | M 60 | 02:00:30.95 | 02:00:30.95 | 10:57  | 5.5  |
| 80   | MACIĄG KRZYSZTOF         | 11062 | GUMOWE ZWIERZAKI   | WARSZAWA             | POL  | M-OPEN         | 36     | M 61 | 02:00:31.35 | 02:00:31.35 | 10:57  | 5.5  |
| 81   | KWASNY IWONA             | 11054 |                    | LUBZINA              | POL  | K-OPEN         | 16     | K 20 | 02:01:17.30 | 02:01:17.30 | 11:01  | 5.4  |
| 82   | WRONA ANNA               | 11107 |                    | LUBZINA              | POL  | K-OPEN         | 17     | K 21 | 02:01:33.00 | 02:01:33.00 | 11:03  | 5.4  |
| 83   | AUGUSTYNIAK KAMIL        | 11002 | WARCHLAKI ADELAJDY | LIBIĄŻ               | POL  | ELITE MĘŻCZYZN | 26     | M 62 | 02:04:19.45 | 02:04:19.45 | 11:18  | 5.3  |
| 84   | DUKAT SANDRA             | 11024 | LEMON TEAM         | KRAKÓW               | POL  | ELITE KOBIET   | 5      | K 22 | 02:04:57.85 | 02:04:57.85 | 11:21  | 5.3  |
| 85   | M. OLECH IZABELA         | 11071 | LEMON TEAM         | KRAKÓW               | POL  | ELITE KOBIET   | 6      | K 23 | 02:20:11.40 | 02:20:11.40 | 12:44  | 4.7  |
| 86   | GRYMEK DAGMARA           | 11034 | BEFIT24 TEAM       | KRAKÓW               | POL  | ELITE KOBIET   | 7      | K 24 | 02:26:30.45 | 02:26:30.45 | 13:19  | 4.5  |