

ŁEMKO TRAIL 30

Organizator: Fundacja Ultra
Data: 2021-05-15
Miejsce: Komańcza
Dystans: 30 km
Klasyfikacja wg czasów netto.



ŁEMKO TRAIL 30, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | min/km | km/h |
|------|----------------------|------|------------------------------|-------------------------|------|--------|--------|------|----------|-------------|--------|------|
| 1 | KOREK MICHAŁ | 3546 | MARCINŚWIERTEAM | SOSNOWIEC | POL | OPEN M | 1 | M 1 | 01:09:44 | 02:13:59.10 | 4:37 | 13 |
| 2 | WOJTCZAK JAKUB | 3613 | | WARSZAWA | POL | OPEN M | 2 | M 2 | 01:10:18 | 02:14:46.55 | 4:38 | 12.9 |
| 3 | GAZDOWICZ MICHAŁ | 3523 | RUNPASSION.PL TEAM | PRZYSIETNICA | POL | OPEN M | 3 | M 3 | 01:14:14 | 02:27:55.30 | 5:06 | 11.8 |
| 4 | WOJTASIK DAWID | 3612 | | RYMANÓW | POL | OPEN M | 4 | M 4 | 01:16:15 | 02:29:02.05 | 5:08 | 11.7 |
| 5 | ŻURAWSKI KAMIL | 3480 | | WARSZAWA | POL | OPEN M | 5 | M 5 | 01:17:11 | 02:30:44.45 | 5:11 | 11.5 |
| 6 | JÓZEFczyk TOMASZ | 3491 | POSMAKUJ RUN TEAM | KROSNO | POL | OPEN M | 6 | M 6 | 01:21:35 | 02:38:55.50 | 5:28 | 10.9 |
| 7 | JAZŁOCKI ŁUKASZ | 3149 | LLAMA IN MY LIVING ROOM | WARSZAWA | POL | OPEN M | 7 | M 7 | 01:24:00 | 02:39:27.65 | 5:29 | 10.9 |
| 8 | MIGACZ JACEK | 3260 | TRAILRUN KRAKÓW | ZIELONKI | POL | OPEN M | 8 | M 8 | 01:27:30 | 02:39:33.35 | 5:30 | 10.9 |
| 9 | GOLEC IRENEUSZ | 3525 | VEGE RUNNERS | KRASNYSTAW | POL | OPEN M | 9 | M 9 | 01:23:25 | 02:41:55.20 | 5:35 | 10.7 |
| 10 | SABAT SEBASTIAN | 3343 | | KOMAŃCZA | POL | OPEN M | 10 | M 10 | 01:20:12 | 02:42:02.65 | 5:35 | 10.7 |
| 11 | KUBACKI KRZYSZTOF | 3204 | NADLEŚNICTWO ŁOSIE | KRAKÓW | POL | OPEN M | 11 | M 11 | 01:23:22 | 02:45:20.00 | 5:42 | 10.5 |
| 12 | TELESZ MATEUSZ | 3603 | | POŁOMIA | POL | OPEN M | 12 | M 12 | 01:27:21 | 02:46:07.90 | 5:43 | 10.5 |
| 13 | SMYK ŁUKASZ | 3593 | | GORZKÓW | POL | OPEN M | 13 | M 13 | 01:22:51 | 02:46:27.95 | 5:44 | 10.5 |
| 14 | MĄCZKA RYSZARD | 3562 | LUBELSKI BANK SPÓŁDZIELCZY | PULAWY | POL | OPEN M | 14 | M 14 | 01:25:18 | 02:49:02.20 | 5:49 | 10.3 |
| 15 | KOSTKA JANUSZ | 3183 | POSMAKUJ RUN TEAM | SZCZEPANÓWA | POL | OPEN M | 15 | M 15 | 01:24:51 | 02:50:00.95 | 5:51 | 10.2 |
| 16 | WYSZYŃSKI ROMAN | 3455 | | SIEMIANOWICE ŚLĄSKIE | POL | OPEN M | 16 | M 16 | 01:28:46 | 02:51:14.95 | 5:54 | 10.2 |
| 17 | CICHOSZ KRZYSZTOF | 3510 | | KRASNYSTAW | POL | OPEN M | 17 | M 17 | 01:25:40 | 02:51:51.70 | 5:55 | 10.1 |
| 18 | MALINOWSKA IZABELA | 3561 | | KRAŚNICZYN | POL | OPEN K | 1 | K 1 | 01:25:36 | 02:51:52.05 | 5:55 | 10.1 |
| 19 | KOPIEC KAMIL | 3545 | JAJA NA BOK RUNNING TEAM | KRAKÓW | POL | OPEN M | 18 | M 18 | 01:31:02 | 02:52:51.35 | 5:57 | 10.1 |
| 20 | WARDA JAROSŁAW | 3420 | | LUBLIN | POL | OPEN M | 19 | M 19 | 01:31:21 | 02:56:36.10 | 6:05 | 9.9 |
| 21 | MOZEJKO ARTUR | 3266 | NIEPOŁOMICE BIEGAJA | NIEPOŁOMICE | POL | OPEN M | 20 | M 20 | 01:30:53 | 02:57:21.00 | 6:06 | 9.8 |
| 22 | ZIELIŃSKI PAWEŁ | 3626 | RUCH IZBICA | KRASNYSTAW | POL | OPEN M | 21 | M 21 | 01:33:34 | 02:58:32.10 | 6:09 | 9.7 |
| 23 | WARECKA KATARZYNA | 3606 | | LESKO | POL | OPEN K | 2 | K 2 | 01:31:14 | 02:59:28.15 | 6:11 | 9.7 |
| 24 | REGULSKI DOMAN | 3330 | | RADZYMIN | POL | OPEN M | 22 | M 22 | 01:32:31 | 02:59:42.60 | 6:11 | 9.7 |
| 25 | KOPEC PAWEŁ | 3177 | RZESZOWSKIE GAZELE I GEPARDY | MAJDAN KRÓLEWSKI | POL | OPEN M | 23 | M 23 | 01:29:39 | 02:59:56.55 | 6:12 | 9.7 |
| 26 | KURASZ PIOTR | 3556 | | KRAKÓW | POL | OPEN M | 24 | M 24 | 01:27:50 | 03:02:43.75 | 6:18 | 9.5 |
| 27 | SMYK MAŁGORZATA | 3592 | | GORZKÓW | POL | OPEN K | 3 | K 3 | 01:33:03 | 03:03:10.70 | 6:18 | 9.5 |
| 28 | JUREK PRZEMYSŁAW | 3155 | KS STASZEWCY | WARSZAWA | POL | OPEN M | 25 | M 25 | 01:35:08 | 03:03:10.85 | 6:18 | 9.5 |
| 29 | STRZELCZYK WIKTOR | 3376 | CARPATHIAN RUNNERS | RZESZÓW | POL | OPEN M | 26 | M 26 | 01:29:33 | 03:03:14.40 | 6:19 | 9.5 |
| 30 | SMERECKI MACIEJ | 3494 | POSMAKUJ RUN TEAM | TARGOWISKA | POL | OPEN M | 27 | M 27 | 01:32:34 | 03:03:25.80 | 6:19 | 9.5 |
| 31 | KWAŚNIEWSKI MARCIN | 3557 | EINE SPORTGRUPPE | MYSŁOWICE | POL | OPEN M | 28 | M 28 | 01:34:54 | 03:03:43.50 | 6:20 | 9.5 |
| 32 | PAKOWSKI ROBERT | 3288 | WANDA PANFIL TEAM | TOMASZÓW MAZOWIECKI | POL | OPEN M | 29 | M 29 | | 03:04:18.15 | 6:21 | 9.4 |
| 33 | JASŁOWSKA JUSTYNA | 3148 | SCOTT | JEDLICZE | POL | OPEN K | 4 | K 4 | 01:34:33 | 03:04:58.05 | 6:22 | 9.4 |
| 34 | DUDEK PAWEŁ | 3513 | RUCH IZBICA | ORŁÓW DREWNIANY KOLONIA | POL | OPEN M | 30 | M 30 | 01:33:16 | 03:05:26.85 | 6:23 | 9.4 |
| 35 | MAKOWSKI JAROSŁAW | 3560 | STAY INSANE | LUBLIN | POL | OPEN M | 31 | M 31 | 01:34:17 | 03:07:03.90 | 6:27 | 9.3 |
| 36 | KRAJEWSK BARTEK | 3194 | | KATOWICE | POL | OPEN M | 32 | M 32 | 01:37:46 | 03:07:08.95 | 6:27 | 9.3 |
| 37 | SZADKOWSKI DENIS | 3380 | | CHORZÓW | POL | OPEN M | 33 | M 33 | 01:31:37 | 03:07:12.75 | 6:27 | 9.3 |
| 38 | RODZINKA ERWIN | 3584 | | RYMANÓW | POL | OPEN M | 34 | M 34 | 01:36:38 | 03:07:49.30 | 6:28 | 9.3 |
| 39 | KOPACZ PIOTR | 3543 | PERFEX | RADOMYŚL WIELKI | POL | OPEN M | 35 | M 35 | 01:37:07 | 03:08:30.15 | 6:30 | 9.2 |
| 40 | MICHALCZYK KRZYSZTOF | 3563 | | WIELICZLA | POL | OPEN M | 36 | M 36 | 01:36:41 | 03:09:43.35 | 6:32 | 9.2 |
| 41 | BANIAK ERYK | 3011 | | WIELICZKA | POL | OPEN M | 37 | M 37 | 01:32:48 | 03:10:02.10 | 6:33 | 9.2 |
| 42 | IZDEBSKI TOMASZ | 3530 | NBS TEAM | WARSZAWA | POL | OPEN M | 38 | M 38 | 01:37:38 | 03:10:57.25 | 6:35 | 9.1 |
| 43 | DOBROMILSKA AGATA | 3063 | WM TRISELF | KRAKOW | POL | OPEN K | 5 | K 5 | 01:38:42 | 03:11:13.85 | 6:35 | 9.1 |
| 44 | PETER MARCIN | 3302 | | KATOWICE | POL | OPEN M | 39 | M 39 | 01:36:48 | 03:11:43.70 | 6:36 | 9.1 |
| 45 | SAMBOROWSKI MARCIN | 3347 | PRYMA.PL | KROSNO | POL | OPEN M | 40 | M 40 | 01:34:38 | 03:11:50.70 | 6:36 | 9.1 |
| 46 | SKRZYŃSKI ANDRZEJ | 3590 | KS STASZEWCY | WARSZAWA | POL | OPEN M | 41 | M 41 | 01:37:14 | 03:12:02.95 | 6:37 | 9.1 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | min/km | km/h |
|------|----------------------------|------|---------------------------|---------------------|------|--------|--------|------|----------|-------------|--------|------|
| 47 | WASIAK TOMASZ | 3502 | RAZEM TRENUJEMY SPORT | ŁÓDŹ | POL | OPEN M | 42 | M 42 | 01:38:04 | 03:12:41.60 | 6:38 | 9 |
| 48 | WADZIŃSKI KAMIL | 3605 | #KASIASOLIŃSKATEAM | WARSZAWA | POL | OPEN M | 43 | M 43 | 01:37:18 | 03:12:47.70 | 6:38 | 9 |
| 49 | FOSSAERT SYLWIA | 3084 | | KRAKÓW | POL | OPEN K | 6 | K 6 | 01:38:03 | 03:13:12.75 | 6:39 | 9 |
| 50 | PELCZAR JOANNA | 3299 | | KROSNO | POL | OPEN K | 7 | K 7 | 01:39:08 | 03:13:13.15 | 6:39 | 9 |
| 51 | PERENC MICHAŁ | 3300 | CARPATHIAN RUNNERS | JAROSŁAW | POL | OPEN M | 44 | M 44 | 01:36:37 | 03:13:22.15 | 6:40 | 9 |
| 52 | TOMCZYK GRZEGORZ | 3405 | PALARNIA KAWY GREGORIO | STRZYŻÓW | POL | OPEN M | 45 | M 45 | 01:38:02 | 03:13:31.75 | 6:40 | 9 |
| 53 | FURS TEODOR | 3521 | PIERDZĄCE ZAJĄCE | CISNA | POL | OPEN M | 46 | M 46 | 01:37:45 | 03:14:16.50 | 6:41 | 9 |
| 54 | PATSCHKE GRZEGORZ | 3575 | | BYTOM | POL | OPEN M | 47 | M 47 | 01:37:52 | 03:15:25.00 | 6:44 | 8.9 |
| 55 | PRYŚKO-GROBELNA MAŁGORZATA | 3583 | | GDAŃSK | POL | OPEN K | 8 | K 8 | 01:38:21 | 03:15:33.85 | 6:44 | 8.9 |
| 56 | STUDZIŃSKI RAFAŁ | 3600 | ANPOLEKO DRINK TEAM | KROSNO | POL | OPEN M | 48 | M 48 | 01:39:24 | 03:15:53.75 | 6:45 | 8.9 |
| 57 | OSIK PRZEMYSŁAW | 3572 | 3T BIAŁYSTOK | BIAŁYSTOK | POL | OPEN M | 49 | M 49 | 01:36:32 | 03:15:58.20 | 6:45 | 8.9 |
| 58 | GOTFRYD KAROL | 3526 | ANPOLEKO DRINK TEAM | KROSNO | POL | OPEN M | 50 | M 50 | 01:40:00 | 03:16:25.55 | 6:46 | 8.9 |
| 59 | LATAWIEC JAKUB | 3218 | | KRAKÓW | POL | OPEN M | 51 | M 51 | 01:37:55 | 03:16:36.65 | 6:46 | 8.9 |
| 60 | GAŁĘCKI KAMIL | 3090 | RYBA TEAM. | KOBYLA GÓRA | POL | OPEN M | 52 | M 52 | 01:38:27 | 03:17:02.60 | 6:47 | 8.8 |
| 61 | DYŚ MAŁGORZATA | 3514 | STAY INSANE | LUBLIN | POL | OPEN K | 9 | K 9 | 01:41:38 | 03:17:49.00 | 6:49 | 8.8 |
| 62 | SKWARNECKI DAMIAN | 3501 | | ŁÓDŹ | POL | OPEN M | 53 | M 53 | 01:41:19 | 03:18:45.45 | 6:51 | 8.8 |
| 63 | ORTYL MAGDALENA | 3571 | ZABIEGANI MIELEC | MIELEC | POL | OPEN K | 10 | K 10 | 01:39:21 | 03:18:54.10 | 6:51 | 8.7 |
| 64 | SOWIŃSKA-JANECZEK JOANNA | 3597 | KB MARATON TUREK | TUREK | POL | OPEN K | 11 | K 11 | 01:40:04 | 03:19:07.40 | 6:51 | 8.7 |
| 65 | WEWIOR TOMASZ | 3608 | | DĄBROWA GÓRNICZA | POL | OPEN M | 54 | M 54 | 01:38:59 | 03:19:34.75 | 6:52 | 8.7 |
| 66 | JĘDRZEJOWSKA KAROLINA | 3152 | | MOSZCZENICA | POL | OPEN K | 12 | K 12 | 01:41:09 | 03:21:24.35 | 6:56 | 8.6 |
| 67 | JACHYMSKI IGNACY | 3138 | AKG ŁÓDŹ | ŁÓDŹ | POL | OPEN M | 55 | M 55 | 01:40:10 | 03:22:41.30 | 6:59 | 8.6 |
| 68 | DYMIŃSKI PAWEŁ | 3077 | | DĘBICA | POL | OPEN M | 56 | M 56 | 01:44:40 | 03:23:15.00 | 7:00 | 8.6 |
| 69 | KUCIŃSKA MAGDALENA | 3206 | | WARSZAWA | POL | OPEN K | 13 | K 13 | 01:39:59 | 03:23:47.30 | 7:01 | 8.5 |
| 70 | MIERZWICKI KRZYSZTOF | 3259 | MAZURSKIE TROPY | WARSAW | POL | OPEN M | 57 | M 57 | 01:42:16 | 03:23:55.30 | 7:01 | 8.5 |
| 71 | KORZUS KATARZYNA | 3181 | | DĄBROWA GÓRNICZA | POL | OPEN K | 14 | K 14 | 01:39:49 | 03:24:03.25 | 7:02 | 8.5 |
| 72 | KOZIOŁ SYLWESTER | 3191 | | KROSNO | POL | OPEN M | 58 | M 58 | 01:39:33 | 03:24:36.80 | 7:03 | 8.5 |
| 73 | KUŁYK ŁUKASZ KUŁYK | 3209 | RUSYNLEM | WROCŁAW | POL | OPEN M | 59 | M 59 | 01:41:52 | 03:24:49.35 | 7:03 | 8.5 |
| 74 | KĘDZIEŃSKI MICHAŁ | 3166 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | OPEN M | 60 | M 60 | 01:41:43 | 03:25:37.15 | 7:05 | 8.5 |
| 75 | BIDUŚ MAREK | 3017 | | RZESZÓW | POL | OPEN M | 61 | M 61 | 01:44:54 | 03:26:01.60 | 7:06 | 8.4 |
| 76 | MUSIAŁ WITOLD | 3565 | NIEPOŁOMICE BIEGAJĄ | KRAKÓW | POL | OPEN M | 62 | M 62 | 01:40:54 | 03:26:20.30 | 7:06 | 8.4 |
| 77 | MUSIAŁ ANNA | 3566 | NIEPOŁOMICE BIEGAJĄ | KRAKÓW | POL | OPEN K | 15 | K 15 | 01:40:49 | 03:26:21.15 | 7:06 | 8.4 |
| 78 | TYSZKIEWICZ RAFAŁ | 3490 | COLUMBIA | WARSZAWA | POL | OPEN M | 63 | M 63 | 01:47:57 | 03:26:35.65 | 7:07 | 8.4 |
| 79 | LEWANDOWSKI PAWEŁ | 3222 | CHARZYNO - SUPER WIEŚ! | BORÓWIEC | POL | OPEN M | 64 | M 64 | 01:48:15 | 03:26:59.40 | 7:08 | 8.4 |
| 80 | KOZIOŁ WERONIKA | 3192 | TEAM MOUNTAIN FUEL POLSKA | KROSNO | POL | OPEN K | 16 | K 16 | 01:41:38 | 03:27:38.60 | 7:09 | 8.4 |
| 81 | JEDZINIAK KAMILA | 3536 | | KROSNO | POL | OPEN K | 17 | K 17 | 01:43:09 | 03:27:39.25 | 7:09 | 8.4 |
| 82 | JURECZKO AGNIESZKA | 3539 | DZIK KOMANDO | ŁÓDŹ | POL | OPEN K | 18 | K 18 | 01:45:18 | 03:28:59.75 | 7:12 | 8.3 |
| 83 | HUNIA MATEUSZ | 3131 | | KRAKÓW | POL | OPEN M | 65 | M 65 | 01:39:08 | 03:29:12.05 | 7:12 | 8.3 |
| 84 | MADEJ MAGDALENA | 3238 | | CHORZELÓW | POL | OPEN K | 19 | K 19 | 01:45:02 | 03:29:41.30 | 7:13 | 8.3 |
| 85 | MĘKARSKI SŁAWOMIR | 3256 | WANDA PANFIL TEAM | TOMASZÓW MAZOWIECKI | POL | OPEN M | 66 | M 66 | 01:46:28 | 03:30:26.40 | 7:15 | 8.3 |
| 86 | WLEZIEN ALEK | 3434 | TRICLUB | WARSZAWA | POL | OPEN M | 67 | M 67 | 01:43:50 | 03:30:40.70 | 7:15 | 8.3 |
| 87 | PODBIELSKI MICHAŁ | 3579 | | BIAŁYSTOK | POL | OPEN M | 68 | M 68 | 01:48:51 | 03:31:18.30 | 7:17 | 8.2 |
| 88 | OLBORSKA GABRIELA | 3570 | | ZBOISKA | POL | OPEN K | 20 | K 20 | 01:46:37 | 03:31:40.35 | 7:17 | 8.2 |
| 89 | HORZELA BEATA | 3127 | | CHORZÓW | POL | OPEN K | 21 | K 21 | 01:46:31 | 03:31:47.70 | 7:18 | 8.2 |
| 90 | JÓZEFczyk JACEK | 3538 | | WARSZAWA | POL | OPEN M | 69 | M 69 | 01:48:00 | 03:33:08.65 | 7:20 | 8.2 |
| 91 | SIELIWONIK ANITA | 3353 | | WARSZAWA | POL | OPEN K | 22 | K 22 | 01:50:38 | 03:33:47.90 | 7:22 | 8.1 |
| 92 | ZABIRONINA OLYA | 3457 | POWER TRAINING | WARSZAWA | POL | OPEN K | 23 | K 23 | 01:47:59 | 03:34:59.65 | 7:24 | 8.1 |
| 93 | BEDLA ANNA | 3507 | | JAWORZNO | POL | OPEN K | 24 | K 24 | 01:48:28 | 03:35:00.20 | 7:24 | 8.1 |
| 94 | GŁADYSZ JADWIGA | 3524 | ADRHA | MIELEC | POL | OPEN K | 25 | K 25 | 01:51:34 | 03:36:13.35 | 7:27 | 8 |
| 95 | WOJCIECHOWSKI MICHAŁ | 3439 | | KRAKÓW | POL | OPEN M | 70 | M 70 | 01:48:59 | 03:36:20.10 | 7:27 | 8 |
| 96 | WOJCIECHOWSKI MACIEJ | 3440 | STG WARSZAWA | WARSZAWA | POL | OPEN M | 71 | M 71 | 01:49:33 | 03:36:20.25 | 7:27 | 8 |
| 97 | CZERNIAK ANNA | 3512 | VEGE RUNNERS | KRASNYSTAW | POL | OPEN K | 26 | K 26 | 01:51:55 | 03:36:45.85 | 7:28 | 8 |
| 98 | KOPEĆ RENATA | 3544 | KS STASZEWSKY | WARSZAWA | POL | OPEN K | 27 | K 27 | 01:49:00 | 03:37:05.45 | 7:29 | 8 |
| 99 | ZIÓŁKOWSKI ŁUKASZ | 3472 | | KRAKÓW | POL | OPEN M | 72 | M 72 | 01:53:40 | 03:37:31.10 | 7:30 | 8 |
| 100 | WOLNY MICHAŁ | 3444 | | WARSZAWA | POL | OPEN M | 73 | M 73 | 01:48:11 | 03:37:35.75 | 7:30 | 8 |
| 101 | LIŚKIEWICZ ALEKSANDRA | 3559 | VEGE RUNNERS | KRASNYSTAW | POL | OPEN K | 28 | K 28 | 01:53:06 | 03:37:46.25 | 7:30 | 8 |
| 102 | WÓŁKIEWICZ DOROTA | 3615 | KS STASZEWSKY | PRUSZKÓW | POL | OPEN K | 29 | K 29 | | 03:38:06.45 | 7:31 | 8 |
| 103 | DOBOSZYŃSKI RAFAŁ | 3062 | | WIĄZOWNA | POL | OPEN M | 74 | M 74 | 01:47:29 | 03:38:31.35 | 7:32 | 8 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | min/km | km/h |
|------|---------------------------|------|------------------------------|-----------------|------|--------|--------|-------|----------|-------------|--------|------|
| 104 | OLESIAK MONIKA | 3281 | | KROSNO | POL | OPEN K | 30 | K 30 | 01:48:32 | 03:38:36.00 | 7:32 | 8 |
| 105 | KOLASA MARCIN | 3487 | | UNISZOWICE | POL | OPEN M | 75 | M 75 | 01:50:39 | 03:39:44.65 | 7:34 | 7.9 |
| 106 | KOWALCZUK PAWEŁ | 3549 | | ROPCZYCE | POL | OPEN M | 76 | M 76 | 01:53:01 | 03:40:20.90 | 7:35 | 7.9 |
| 107 | KONOPKO KACPER | 3485 | MODESTE BIAŁYSTOK | BIAŁYSTOK | POL | OPEN M | 77 | M 77 | | 03:41:08.15 | 7:37 | 7.9 |
| 108 | COFALSKI JAKUB | 3049 | | WARSZAWA | POL | OPEN M | 78 | M 78 | 01:51:54 | 03:41:15.05 | 7:37 | 7.9 |
| 109 | KORZENIECKA KLAUDIA | 3486 | MODESTE BIAŁYSTOK | BIAŁYSTOK | POL | OPEN K | 31 | K 31 | 01:52:52 | 03:41:26.85 | 7:38 | 7.9 |
| 110 | RZEPNIEWSKA AGATA | 3585 | | WARSZAWA | POL | OPEN K | 32 | K 32 | 01:51:49 | 03:41:33.40 | 7:38 | 7.9 |
| 111 | LIS-PASIOINEK MAŁGORZATA | 3484 | | LESKO | POL | OPEN K | 33 | K 33 | 01:55:07 | 03:41:35.55 | 7:38 | 7.9 |
| 112 | WRÓBLEWSKI JACEK | 3618 | | JÓZEFÓW | POL | OPEN M | 79 | M 79 | 01:50:23 | 03:41:48.15 | 7:38 | 7.8 |
| 113 | STĘPIEŃ DOROTA | 3598 | MECHANIKA ZDROWIA | WARSZAWA | POL | OPEN K | 34 | K 34 | 01:52:33 | 03:41:49.05 | 7:38 | 7.8 |
| 114 | ŁOMIAK PIOTR | 3235 | | WARSZAWA | POL | OPEN M | 80 | M 80 | 01:48:10 | 03:42:02.55 | 7:39 | 7.8 |
| 115 | HUNIA FILIP | 3130 | | KROSNO | POL | OPEN M | 81 | M 81 | 01:51:45 | 03:42:12.10 | 7:39 | 7.8 |
| 116 | PACIOREK MICHAŁ | 3286 | | KRAKÓW | POL | OPEN M | 82 | M 82 | 01:44:24 | 03:42:24.20 | 7:40 | 7.8 |
| 117 | JEMIOŁA PAULINA | 3150 | POMUSZ | STRZYŻÓW | POL | OPEN K | 35 | K 35 | 01:55:30 | 03:43:03.60 | 7:41 | 7.8 |
| 118 | WŁOCH JOANNA | 3435 | | WARSZAWA | POL | OPEN K | 36 | K 36 | 01:51:29 | 03:44:06.45 | 7:43 | 7.8 |
| 119 | BARANSKI PIOTR | 3012 | | RADOM | POL | OPEN M | 83 | M 83 | 01:58:37 | 03:44:56.55 | 7:45 | 7.7 |
| 120 | WOJCIECHOWSKI MIŁOSZ | 3611 | TEAM WOJCIECHOWSCY | POZNAŃ | POL | OPEN M | 84 | M 84 | 01:55:26 | 03:45:38.10 | 7:46 | 7.7 |
| 121 | KRAUSE ANNA | 3196 | | POZNAŃ | POL | OPEN K | 37 | K 37 | 01:53:31 | 03:45:46.95 | 7:47 | 7.7 |
| 122 | KOSZELA ALEKSANDRA | 3547 | ZABIEGANI CZĘSTOCHOWA | MASŁOŃSKIE | POL | OPEN K | 38 | K 38 | 01:55:24 | 03:46:02.60 | 7:47 | 7.7 |
| 123 | WĘGRZYNEK MIROŚLAWA | 3423 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | OPEN K | 39 | K 39 | 01:55:17 | 03:46:26.10 | 7:48 | 7.7 |
| 124 | BAK PAULINA | 3506 | | WIĘCKOWICE | POL | OPEN K | 40 | K 40 | 01:55:36 | 03:46:44.25 | 7:49 | 7.7 |
| 125 | DZIARNOWSKA MAGDA | 3515 | MECHANIKA ZDROWIA | WARSZAWA | POL | OPEN K | 41 | K 41 | 01:54:20 | 03:46:44.75 | 7:49 | 7.7 |
| 126 | GÓRSKA DOMINIKA | 3106 | | TYCHY | POL | OPEN K | 42 | K 42 | 01:56:21 | 03:46:50.80 | 7:49 | 7.7 |
| 127 | ABRAMIUK MICHAŁ | 3001 | MEDYCZNY KLUB TURYSTYCZNY | WARSZAWA | POL | OPEN M | 85 | M 85 | 01:51:27 | 03:46:56.15 | 7:49 | 7.7 |
| 128 | HONKISZ-GODLEWSKA URSZULA | 3529 | NOWY STYL GROUP RUNNING TEAM | KROSNO | POL | OPEN K | 43 | K 43 | 01:52:34 | 03:47:12.45 | 7:50 | 7.7 |
| 129 | GRODOWSKA KATARZYNA | 3528 | BIEGAJĄCY POTWÓR SPAGHETTI | WIELICZKA | POL | OPEN K | 44 | K 44 | 01:51:09 | 03:47:58.65 | 7:51 | 7.6 |
| 130 | GŁUSZEK DARIUSZ | 3098 | BRAK | KROSNO | POL | OPEN M | 86 | M 86 | 01:53:49 | 03:48:09.20 | 7:52 | 7.6 |
| 131 | GIBAS WOJCIECH | 3094 | | KATOWICE | POL | OPEN M | 87 | M 87 | 01:49:31 | 03:48:18.05 | 7:52 | 7.6 |
| 132 | ZAJĄC PAWEŁ | 3620 | | TARNOWSKIE GÓRY | POL | OPEN M | 88 | M 88 | 01:49:02 | 03:48:54.70 | 7:53 | 7.6 |
| 133 | JASIŃSKA-WARMUŁA SYLWIA | 3146 | FUNTRI | PEŁCZYCE | POL | OPEN K | 45 | K 45 | 01:54:03 | 03:49:01.90 | 7:53 | 7.6 |
| 134 | GAŁKOWSKI PAWEŁ | 3522 | AFF | POZNAŃ | POL | OPEN M | 89 | M 89 | 01:51:54 | 03:49:28.45 | 7:54 | 7.6 |
| 135 | PIECH MARZENA | 3304 | FIT STORY MARZENA PIECH | JAWORZNO | POL | OPEN K | 46 | K 46 | 01:55:17 | 03:49:58.20 | 7:55 | 7.6 |
| 136 | ZACHWIEJA KATARZYNA | 3458 | WOODRUN | KRAKOW | POL | OPEN K | 47 | K 47 | 01:56:26 | 03:50:00.60 | 7:55 | 7.6 |
| 137 | MŁOCKA-GORCZYŃSKA MATYLDA | 3264 | | WARSZAWA | POL | OPEN K | 48 | K 48 | 01:50:37 | 03:50:02.15 | 7:55 | 7.6 |
| 138 | CIECHOMSKA AGATA | 3048 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | OPEN K | 49 | K 49 | 01:54:23 | 03:50:30.15 | 7:56 | 7.5 |
| 139 | STUDZIŃSKA JOANNA | 3377 | | WARSZAWA | POL | OPEN K | 50 | K 50 | 01:56:34 | 03:50:56.90 | 7:57 | 7.5 |
| 140 | TENDAJ DANIEL | 3604 | | ŁOMIANKI | GBR | OPEN M | 90 | M 90 | 01:58:11 | 03:51:49.40 | 7:59 | 7.5 |
| 141 | PASIOINEK BARTŁOMIEJ | 3574 | | LESKO | POL | OPEN M | 91 | M 91 | 01:55:37 | 03:53:39.35 | 8:03 | 7.4 |
| 142 | BEJTKA RAFAŁ | 3496 | | | | OPEN M | 92 | M 92 | 01:46:50 | 03:53:42.05 | 8:03 | 7.4 |
| 143 | GLAZER MARCIN | 3488 | PKO BANK POLSKI | WARSZAWA | POL | OPEN M | 93 | M 93 | 01:57:20 | 03:54:44.05 | 8:05 | 7.4 |
| 144 | TAMBORSKI TOMASZ | 3399 | HTF LUDWIK SIKORSKI | ŁÓDŹ | POL | OPEN M | 94 | M 94 | 02:03:00 | 03:55:32.90 | 8:07 | 7.4 |
| 145 | PAWELEC KRYSZYNA | 3298 | DOGOŃ GRODZISK MAZOWIECKI | PIASTÓW | POL | OPEN K | 51 | K 51 | 02:01:31 | 03:55:59.05 | 8:08 | 7.4 |
| 146 | MAJEWSKA ANNA | 3242 | AKG ŁÓDŹ | ŁÓDŹ | POL | OPEN K | 52 | K 52 | 02:00:21 | 03:56:25.80 | 8:09 | 7.4 |
| 147 | DOBEC HALINA | 3061 | GORLICKA GRUPA BIEGOWA | GORLICE | POL | OPEN K | 53 | K 53 | 01:58:44 | 03:57:01.75 | 8:10 | 7.3 |
| 148 | ŻELAZNY AGNIESZKA | 3489 | GORLICKA GRUPA BIEGOWA | GORLICE | POL | OPEN K | 54 | K 54 | 01:53:41 | 03:57:01.80 | 8:10 | 7.3 |
| 149 | BAŁABAN WALDEMAR | 3009 | BIEGUNY WALBA | KROSNO | POL | OPEN M | 95 | M 95 | 02:01:23 | 03:57:07.90 | 8:10 | 7.3 |
| 150 | GAWRYSZEWSKI MICHAŁ | 3093 | | GRANICA | POL | OPEN M | 96 | M 96 | 02:03:05 | 03:57:27.15 | 8:11 | 7.3 |
| 151 | POLAŃSKI ROBERT | 3581 | NOĆNE WOŁKI | KROSNO | POL | OPEN M | 97 | M 97 | 02:00:48 | 03:58:35.70 | 8:13 | 7.3 |
| 152 | GRANECKA MONIKA | 3527 | DZIK KOMANDO | ŁÓDŹ | POL | OPEN K | 55 | K 55 | 01:55:57 | 03:59:15.60 | 8:15 | 7.3 |
| 153 | MASZKOWSKI RAFAŁ | 3251 | | LUBLIN | POL | OPEN M | 98 | M 98 | 02:00:14 | 03:59:55.60 | 8:16 | 7.3 |
| 154 | GRYCZ MICHAŁ | 3112 | TOO HEAVY TO STOP | WARSZAWA | POL | OPEN M | 99 | M 99 | 02:01:12 | 04:00:18.45 | 8:17 | 7.2 |
| 155 | JARTYM KAROL | 3532 | MOTOKOMANDO | JAROSŁAW | POL | OPEN M | 100 | M 100 | 01:55:55 | 04:00:44.05 | 8:18 | 7.2 |
| 156 | MASZKOWSKA ANNA | 3250 | | LUBLIN | POL | OPEN K | 56 | K 56 | 02:01:10 | 04:00:55.65 | 8:18 | 7.2 |
| 157 | KRÓL PRZEMYSŁAW | 3552 | LUBELSKI BANK SPÓŁDZIELCZY | KOŃSKOWOLA | POL | OPEN M | 101 | M 101 | 01:59:22 | 04:01:19.35 | 8:19 | 7.2 |
| 158 | ULBRYCH ARTUR | 3409 | | LISZKI | POL | OPEN M | 102 | M 102 | 02:01:10 | 04:01:34.45 | 8:19 | 7.2 |
| 159 | SANIAK PRZEMYSŁAW | 3349 | | LUBLIN | POL | OPEN M | 103 | M 103 | 01:59:24 | 04:01:47.60 | 8:20 | 7.2 |
| 160 | MILEWSKA BEATA | 3262 | HOP DOG | WARSZAWA | POL | OPEN K | 57 | K 57 | 01:51:09 | 04:02:41.95 | 8:22 | 7.2 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | min/km | km/h |
|------|--------------------------|------|--------------------------------------|------------------|------|--------|--------|-------|----------|-------------|--------|------|
| 161 | JANKOWSKI GRACJAN | 3142 | HOP DOG | WARSZAWA | POL | OPEN M | 104 | M 104 | 01:52:17 | 04:02:42.45 | 8:22 | 7.2 |
| 162 | MAZUREK GRZEGORZ | 3252 | | WARSZAWA | POL | OPEN M | 105 | M 105 | 01:53:55 | 04:03:25.35 | 8:23 | 7.1 |
| 163 | KIM RENATA | 3167 | KS STASZEWSKY | WARSZAWA | POL | OPEN K | 58 | K 58 | 02:01:06 | 04:03:26.25 | 8:23 | 7.1 |
| 164 | DZIOPA PAWEŁ | 3517 | WKURW_TEAM | KIELCE | POL | OPEN M | 106 | M 106 | 02:02:09 | 04:04:25.00 | 8:25 | 7.1 |
| 165 | MEBENGA JOANNA | 3254 | BOAT CITY TEAM | ŁÓDŹ | POL | OPEN K | 59 | K 59 | 02:04:59 | 04:05:28.20 | 8:27 | 7.1 |
| 166 | CICHOWICZ PRZEMYSŁAW | 3511 | WAWER | WARSZAWA | POL | OPEN M | 107 | M 107 | 01:57:09 | 04:06:04.55 | 8:29 | 7.1 |
| 167 | SIKORA DAWID | 3354 | | WARSZAWA | POL | OPEN M | 108 | M 108 | 02:00:04 | 04:06:39.95 | 8:30 | 7.1 |
| 168 | WOJAS-KRAWCZYK KAMILA | 3438 | PIĘKNIJSZE ŻYCIE LUBLIN | LUBLIN | POL | OPEN K | 60 | K 60 | 01:59:46 | 04:06:48.25 | 8:30 | 7.1 |
| 169 | MARCINIAK AGATA | 3497 | | ŁÓDŹ | POL | OPEN K | 61 | K 61 | 02:03:16 | 04:06:54.30 | 8:30 | 7 |
| 170 | KOWALIK KRZYSZTOF | 3188 | | LUBLIN | POL | OPEN M | 109 | M 109 | 02:04:47 | 04:06:55.95 | 8:30 | 7 |
| 171 | ZIELENKIEWICZ AGNIESZKA | 3624 | | WROCŁAW | POL | OPEN K | 62 | K 62 | 02:05:33 | 04:07:43.35 | 8:32 | 7 |
| 172 | TOKARSKI JACEK | 3403 | | LUBLIN | POL | OPEN M | 110 | M 110 | 01:58:33 | 04:08:03.55 | 8:33 | 7 |
| 173 | HETMAŃCZYK MACIEJ | 3125 | | CZELADŹ | POL | OPEN M | 111 | M 111 | 01:51:12 | 04:08:18.10 | 8:33 | 7 |
| 174 | JACHYMSKA ZOFIA | 3137 | | ŁÓDŹ | POL | OPEN K | 63 | K 63 | 02:05:36 | 04:08:32.50 | 8:34 | 7 |
| 175 | KOTULA WERONIKA | 3548 | | CHORZÓW | POL | OPEN K | 64 | K 64 | 01:58:46 | 04:08:34.45 | 8:34 | 7 |
| 176 | WISZNIEWSKI ROMAN | 3427 | | NAMYSŁÓW | POL | OPEN M | 112 | M 112 | 02:05:49 | 04:08:40.60 | 8:34 | 7 |
| 177 | ZIĄBKA JAKUB | 3465 | BOAT CITY TEAM | WARSZAWA | POL | OPEN M | 113 | M 113 | 02:05:12 | 04:09:07.40 | 8:35 | 7 |
| 178 | MALEC BASIA | 3244 | | LUBLIN | POL | OPEN K | 65 | K 65 | 02:06:51 | 04:09:14.00 | 8:35 | 7 |
| 179 | BAJOREK NORBERT | 3503 | FITNESS FREAKS | RZESZÓW | POL | OPEN M | 114 | M 114 | 02:06:55 | 04:10:33.40 | 8:38 | 6.9 |
| 180 | SZTYLER KONRAD | 3602 | | BRZOZÓWKA | POL | OPEN M | 115 | M 115 | 01:59:47 | 04:10:44.90 | 8:38 | 6.9 |
| 181 | PASZEK KRYSZYNA | 3293 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZ | POL | OPEN K | 66 | K 66 | 02:07:25 | 04:13:44.00 | 8:44 | 6.9 |
| 182 | MARCINIAK KATARZYNA | 3246 | | POZNAŃ | POL | OPEN K | 67 | K 67 | 02:07:11 | 04:13:48.55 | 8:45 | 6.9 |
| 183 | JASEK WIOLETTA | 3533 | KOBIETY WATAHY | ZABRZE | POL | OPEN K | 68 | K 68 | 02:05:23 | 04:13:59.10 | 8:45 | 6.9 |
| 184 | ZIELIŃSKA MAGDALENA | 3625 | | JAWORZO | POL | OPEN K | 69 | K 69 | 02:05:31 | 04:14:13.05 | 8:45 | 6.8 |
| 185 | JASKOT JOANNA | 3534 | HARPAGAN BEAST | JAWORZNO | POL | OPEN K | 70 | K 70 | 02:13:30 | 04:14:40.05 | 8:46 | 6.8 |
| 186 | JAROSZ MICHAŁ | 3145 | | JAWORZNO | POL | OPEN M | 116 | M 116 | 02:13:27 | 04:14:41.30 | 8:46 | 6.8 |
| 187 | PIETRZAK SYLWIA | 3308 | 12TRI | WARSZAWA | POL | OPEN K | 71 | K 71 | 02:05:49 | 04:16:05.80 | 8:49 | 6.8 |
| 188 | MISZCZYK HONORATA | 3263 | WKS B AKTYWNE BESKIDY | BYSTRA | POL | OPEN K | 72 | K 72 | 02:07:55 | 04:16:21.80 | 8:50 | 6.8 |
| 189 | KOSSAKOWSKA KLAUDIA | 3182 | | WARSZAWA | POL | OPEN K | 73 | K 73 | 02:06:14 | 04:16:35.95 | 8:50 | 6.8 |
| 190 | CZYŻYKIEWICZ PIOTR | 3059 | GORLIĆKA GRUPA BIEGOWA | GORLICE | POL | OPEN M | 117 | M 117 | 02:04:35 | 04:16:55.25 | 8:51 | 6.8 |
| 191 | PETELSKA- ALTHAMER MATEA | 3578 | 12TRI | WARSZAWA | POL | OPEN K | 74 | K 74 | 02:11:00 | 04:18:39.75 | 8:55 | 6.7 |
| 192 | MONCZYŃSKA MAŁGORZATA | 3265 | | POZNAŃ | POL | OPEN K | 75 | K 75 | 02:12:14 | 04:19:09.45 | 8:56 | 6.7 |
| 193 | ADAŚ ŁUKASZ | 3003 | | WARSZAWA | POL | OPEN M | 118 | M 118 | 02:10:04 | 04:19:46.90 | 8:57 | 6.7 |
| 194 | FRĄCZEK MARCIN | 3520 | TMTEAM | WROCŁAW | POL | OPEN M | 119 | M 119 | 02:06:20 | 04:19:49.05 | 8:57 | 6.7 |
| 195 | JANIK MAGDALENA | 3141 | | KRAKÓW | POL | OPEN K | 76 | K 76 | 02:08:25 | 04:20:43.05 | 8:59 | 6.7 |
| 196 | JANOWSKA AGATA | 3143 | | KRAKÓW | POL | OPEN K | 77 | K 77 | 02:08:28 | 04:20:44.15 | 8:59 | 6.7 |
| 197 | DZIEWULSKA HENRYKA | 3516 | ROZBIEGANY PIASTÓW | PIASTÓW | POL | OPEN K | 78 | K 78 | 02:08:26 | 04:21:22.90 | 9:00 | 6.7 |
| 198 | BAK MAGDALENA | 3504 | ROZBIEGANY PIASTÓW | PRUSZKÓW | POL | OPEN K | 79 | K 79 | 02:07:37 | 04:21:23.95 | 9:00 | 6.7 |
| 199 | WRÓŃSKA MAGDALENA | 3616 | ROZBIEGANY PIASTÓW | BRWINÓW | POL | OPEN K | 80 | K 80 | 02:08:10 | 04:21:24.45 | 9:00 | 6.7 |
| 200 | NOWACKA MAGDA | 3568 | ROZBIEGANY PIASTÓW | PRUSZKÓW | POL | OPEN K | 81 | K 81 | 02:08:55 | 04:21:24.55 | 9:00 | 6.7 |
| 201 | CHOJNOWSKA DOMINIKA | 3043 | NOAJAK | IŁAWA | POL | OPEN K | 82 | K 82 | 02:11:20 | 04:21:31.85 | 9:01 | 6.7 |
| 202 | SZAŁSKA ELŻBIETA | 3601 | | TORUŃ | POL | OPEN K | 83 | K 83 | 02:14:14 | 04:21:52.80 | 9:01 | 6.6 |
| 203 | MARZAŁEK BARTŁOMIEJ | 3249 | | DĄBROWA GÓRNICZA | POL | OPEN M | 120 | M 120 | 02:08:14 | 04:25:00.95 | 9:08 | 6.6 |
| 204 | SOCHAJ ANNA | 3365 | | KRAKÓW | POL | OPEN K | 84 | K 84 | 02:05:42 | 04:26:26.55 | 9:11 | 6.5 |
| 205 | ROJEK MAGDALENA | 3334 | | GNOJNICA | POL | OPEN K | 85 | K 85 | 02:11:59 | 04:27:32.50 | 9:13 | 6.5 |
| 206 | SZUMLAŃSKA PAULINA | 3389 | | ŁĘG TARNOWSKI | POL | OPEN K | 86 | K 86 | 02:05:02 | 04:28:06.40 | 9:14 | 6.5 |
| 207 | KOZIOL MARCIN | 3190 | | KRAKÓW | POL | OPEN M | 121 | M 121 | 02:02:11 | 04:29:19.95 | 9:17 | 6.5 |
| 208 | ZABŁOCKA MAŁGORZATA | 3619 | NATIONALE NEDERLANDEN | WARSZAWA | POL | OPEN K | 87 | K 87 | 02:08:45 | 04:29:31.45 | 9:17 | 6.5 |
| 209 | KRAWCZYK PAWEŁ | 3197 | MEDYCZNY KLUB TURYSTYCZNY W LUBLINIE | LUBLIN | POL | OPEN M | 122 | M 122 | 02:06:40 | 04:34:12.45 | 9:27 | 6.3 |
| 210 | PEPLIŃSKA IWONA | 3576 | | ŁĘBORK | POL | OPEN K | 88 | K 88 | 02:16:07 | 04:34:24.55 | 9:27 | 6.3 |
| 211 | NITSCH JOANNA | 3567 | UNTS | WARSZAWA | POL | OPEN K | 89 | K 89 | 02:13:34 | 04:34:48.60 | 9:28 | 6.3 |
| 212 | KUC MACIEK | 3205 | | BIADOLINY | POL | OPEN M | 123 | M 123 | 02:07:19 | 04:35:44.20 | 9:30 | 6.3 |
| 213 | BRODAWKA OLGa | 3029 | | WARSZAWA | POL | OPEN K | 90 | K 90 | 02:18:02 | 04:37:04.20 | 9:33 | 6.3 |
| 214 | KACHNIARZ TOMASZ | 3540 | | WARSZAWA | POL | OPEN M | 124 | M 124 | 02:06:59 | 04:37:19.10 | 9:33 | 6.3 |
| 215 | NICIEJA ANNA | 3272 | | KRAKÓW | POL | OPEN K | 91 | K 91 | 02:22:24 | 04:38:00.85 | 9:35 | 6.3 |
| 216 | SITARSKA AGNIESZKA | 3356 | KOBIETY WATAHY | RUDA ŚLĄSKA | POL | OPEN K | 92 | K 92 | 02:20:21 | 04:38:54.05 | 9:37 | 6.2 |
| 217 | WAJCHERT KRZYSZTOF | 3415 | #SZYBKIEŃCZYKI | KALINÓWKA | POL | OPEN M | 125 | M 125 | 02:02:52 | 04:39:54.10 | 9:39 | 6.2 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | min/km | km/h |
|------|-------------------------------|------|---------------------------|--------------------|------|--------|--------|-------|----------|-------------|--------|------|
| 218 | PUCHAŁA ANETA | 3326 | | WARSZAWA | POL | OPEN K | 93 | K 93 | 02:19:07 | 04:40:12.90 | 9:39 | 6.2 |
| 219 | PYRA MAREK | 3328 | #SZYBKIEŃKI | LUBLIN | POL | OPEN M | 126 | M 126 | 02:08:39 | 04:44:24.70 | 9:48 | 6.1 |
| 220 | KOZŁOWSKA-WOYCIECHOWSKA HANNA | 3550 | | WARSZAWA | POL | OPEN K | 94 | K 94 | 02:19:16 | 04:45:28.55 | 9:50 | 6.1 |
| 221 | SERWATKA ANGELIKA | 3587 | KOBIETY WATAHY | ZABRZE | POL | OPEN K | 95 | K 95 | 02:20:53 | 04:45:54.60 | 9:51 | 6.1 |
| 222 | JEZERSKA KARINA | 3537 | 12TRI.PL TEAMZABIEGANEDNI | WARSZAWA | POL | OPEN K | 96 | K 96 | 02:20:12 | 04:46:28.90 | 9:52 | 6.1 |
| 223 | ZAWISZA BEATA | 3621 | KOBIETY WATAHY | ŚWIĘTOCHŁOWICE | POL | OPEN K | 97 | K 97 | 02:26:38 | 04:46:50.95 | 9:53 | 6.1 |
| 224 | SIKORSKA MAGDALENA | 3355 | HTF LUDWIK SIKORSKI | ALEKSANDRÓW ŁÓDZKI | POL | OPEN K | 98 | K 98 | 02:18:46 | 04:47:22.40 | 9:54 | 6.1 |
| 225 | CHOJNOWSKA BARBARA | 3044 | | IŁAWA | POL | OPEN K | 98 | K 98 | 02:18:08 | 04:47:22.40 | 9:54 | 6.1 |
| 226 | SIKORSKI LUDWIK | 3589 | HTF LUDWIK SIKORSKI | ALEKSANDRÓW ŁÓDZKI | POL | OPEN M | 127 | M 127 | 02:18:44 | 04:47:23.35 | 9:54 | 6.1 |
| 227 | PODEMSKA PATRYCJA | 3580 | FOREST GANG | BYDGOSZCZ | POL | OPEN K | 100 | K 100 | 02:22:23 | 04:47:45.45 | 9:55 | 6 |
| 228 | GŁOWACKI MICHAŁ | 3096 | #SZYBKIEŃKI | LUBLIN | POL | OPEN M | 128 | M 128 | 02:14:57 | 04:50:25.30 | 10:00 | 6 |
| 229 | WIESZOŁEK GRZEGORZ | 3609 | | KRASIEJÓW | POL | OPEN M | 129 | M 129 | 02:09:29 | 04:50:32.50 | 10:01 | 6 |
| 230 | WRÓBEL MARIOLA | 3617 | | KATOWICE | POL | OPEN K | 101 | K 101 | 02:09:26 | 04:50:33.15 | 10:01 | 6 |
| 231 | WARDA AGNIESZKA | 3482 | SPARTA LUBLIN | LUBLIN | POL | OPEN K | 102 | K 102 | 02:25:07 | 04:52:24.25 | 10:04 | 6 |
| 232 | KALISZUK MAŁGORZATA | 3160 | | KROŚCIENKO WYŻNE | POL | OPEN K | 103 | K 103 | 02:21:52 | 04:55:35.45 | 10:11 | 5.9 |
| 233 | KALISZUK ROMAN | 3159 | | KROŚCIENKO WYŻNE | POL | OPEN M | 130 | M 130 | 02:22:34 | 04:56:03.45 | 10:12 | 5.9 |
| 234 | FRANCUZ PATRYCJA | 3085 | | SZYCE | POL | OPEN K | 104 | K 104 | 02:27:06 | 04:57:15.55 | 10:15 | 5.9 |
| 235 | BORYKA PIOTR | 3027 | | DĄBROWA GÓRNICZA | POL | OPEN M | 131 | M 131 | 02:14:15 | 04:57:27.55 | 10:15 | 5.8 |
| 236 | NOWAK MARIUSZ | 3569 | BOAT CITY TEAM | ZGIERZ | POL | OPEN M | 132 | M 132 | 02:15:34 | 04:57:51.75 | 10:16 | 5.8 |
| 237 | MAGOCSY JUSTYNA | 3493 | | KRAKÓW | POL | OPEN K | 105 | K 105 | 02:27:03 | 05:01:51.20 | 10:24 | 5.8 |
| 238 | PEPLIŃSKI PIOTR | 3577 | | LĘBORK | POL | OPEN M | 133 | M 133 | 02:25:45 | 05:03:59.10 | 10:28 | 5.7 |
| 239 | PATEJUK ANNA | 3294 | DZIKIE ŻYCIE RUNTEAM | KROSNO | POL | OPEN K | 106 | K 106 | 02:27:00 | 05:05:19.35 | 10:31 | 5.7 |
| 240 | DZIURZYŃSKA ULKA | 3518 | GOOD COACH TEAM | KRAKÓW | POL | OPEN K | 107 | K 107 | 02:27:11 | 05:05:34.60 | 10:32 | 5.7 |
| 241 | LASEK KRZYSZTOF | 3217 | | WARSZAWA | POL | OPEN M | 134 | M 134 | 02:32:51 | 05:11:09.75 | 10:43 | 5.6 |
| 242 | JANICKA ALEKSANDRA | 3140 | BOAT CITY TEAM | PARZĘCZEW | POL | OPEN K | 108 | K 108 | 02:29:06 | 05:11:19.65 | 10:44 | 5.6 |
| 243 | BUKOWIEC JACEK | 3037 | | LIPNICA MUROWANA | POL | OPEN M | 135 | M 135 | 02:26:06 | 05:29:10.30 | 11:21 | 5.3 |
| 244 | DOMANSKI JAREK | 3065 | GAZELE NA STARCIE | WARSZAWA | POL | OPEN M | 136 | M 136 | 02:37:11 | 05:31:00.00 | 11:24 | 5.3 |
| 245 | KORCZYŃSKI PIOTR | 3179 | AR WARSZAWA | WARSZAWA | POL | OPEN M | 137 | M 137 | 02:36:47 | 05:36:51.25 | 11:36 | 5.2 |
| 246 | LYSIAK AGNIESZKA | 3231 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | OPEN K | 109 | K 109 | 02:37:19 | 05:36:52.05 | 11:36 | 5.2 |
| 247 | KARPIŃSKA NINA | 3163 | | BLIŻYŃ | POL | OPEN K | 110 | K 110 | 02:35:47 | 05:39:13.75 | 11:41 | 5.1 |
| 248 | MANIURA IWONA | 3245 | | BYTOM | POL | OPEN K | 111 | K 111 | 02:38:14 | 05:44:12.65 | 11:52 | 5.1 |
| 249 | PIETRASZEK EWA | 3306 | KOBIETY WATAHY | CHORZÓW | POL | OPEN K | 112 | K 112 | 03:19:20 | 06:32:10.00 | 13:31 | 4.4 |
| | SŁODKOWSKI PIOTR | 3591 | | WARSZAWA | POL | OPEN M | | | 02:11:31 | DNF | - | - |
| | POŹNIAK-STYCZYŃSKA MAJA | 3582 | DDC | PUŁAWY | POL | OPEN K | | | DNF | DNF | - | - |
| | SĘDZIEŁOWSKI MARIUSZ | 3588 | | JAWORZNO | POL | OPEN M | | | 03:00:36 | DNF | - | - |
| | STASIAK MATEUSZ STASIAK | 3372 | ITFF | LODZ | POL | OPEN M | | | 03:09:55 | DNF | - | - |
| | WOŹNIAK ANNA | 3448 | KOBIETY WATAHY | BYTOM | POL | OPEN K | | | 03:16:34 | DNF | - | - |