

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA

Organizator: Fundacja Kozica
Data: 2021-06-06
Miejsce: Stańcowa
Dystans: 4,5 km
Klasyfikacja wg czasów brutto.



WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|-----------------------------|-----------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | JAWORSKI ZBIGNIEW | 114 | | KLUSZKOWCE | POL | M2 (36-49) | 1 | M 1 | 00:38:59.00 | 00:38:59.00 | 8:39 | 6.9 |
| 2 | MAREK DARIUSZ | 124 | MONK SANDALS / INOV-8 | WIELICZKA | POL | M2 (36-49) | 2 | M 2 | 00:39:45.00 | 00:39:45.00 | 8:50 | 6.8 |
| 3 | TUKA MICHAŁ | 13 | NIŻNĄ | NIŻNĄ | SVK | M1 (18-35) | 1 | M 3 | 00:40:21.00 | 00:40:21.00 | 8:58 | 6.7 |
| 4 | ŻÓŁTEK GRZEGORZ | 51 | | SPYTKOWICE | POL | M1 (18-35) | 2 | M 4 | 00:40:46.00 | 00:40:46.00 | 9:03 | 6.6 |
| 5 | KIDOŃ ROBERT | 36 | ORAWARUN | LIPNICA MAŁA | POL | M1 (18-35) | 3 | M 5 | 00:41:51.00 | 00:41:51.00 | 9:18 | 6.5 |
| 6 | ORZEŁ KRZYSZTOF | 136 | GRUPA ZUE | WEGRZCE WIELKIE | POL | M2 (36-49) | 3 | M 6 | 00:44:27.00 | 00:44:27.00 | 9:52 | 6.1 |
| 7 | WRÓBEL PRZEMYSŁAW | 119 | | STRYSZÓW | POL | M2 (36-49) | 4 | M 7 | 00:44:39.00 | 00:44:39.00 | 9:55 | 6 |
| 8 | AUGUSTYŃSKI SYLWESTER | 161 | GRUPA LUKTRANS | KRAKÓW | POL | M2 (36-49) | 5 | M 8 | 00:44:54.00 | 00:44:54.00 | 9:58 | 6 |
| 9 | MAGERCAK MIŁOS | 56 | DYNAMECKO | SUCHÁ HORA | SVK | M1 (18-35) | 4 | M 9 | 00:45:11.00 | 00:45:11.00 | 10:02 | 6 |
| 10 | ŁAZAR PAWEŁ | 41 | | WISŁA | POL | M1 (18-35) | 5 | M 10 | 00:45:49.00 | 00:45:49.00 | 10:10 | 5.9 |
| 11 | GÓRA DANIEL | 165 | | ŁÓDŹ | POL | M1 (18-35) | 6 | M 11 | 00:46:08.00 | 00:46:08.00 | 10:15 | 5.9 |
| 12 | PYREK PRZEMYSŁAW | 30 | TRAINING BY PP | OŚWIĘCIM | POL | M1 (18-35) | 7 | M 12 | 00:46:30.00 | 00:46:30.00 | 10:20 | 5.8 |
| 13 | KUCEK WOJCIECH | 71 | | LIPNICA WIELKA | POL | M1 (18-35) | 8 | M 13 | 00:47:35.00 | 00:47:35.00 | 10:34 | 5.7 |
| 14 | KUBIN IRENEUSZ | 164 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | M2 (36-49) | 6 | M 14 | 00:47:49.00 | 00:47:49.00 | 10:37 | 5.6 |
| 15 | JĘDRASZCZYK MATEUSZ | 113 | | PODHAŁE | POL | M1 (18-35) | 9 | M 15 | 00:48:10.00 | 00:48:10.00 | 10:42 | 5.6 |
| 16 | BUCHERT FILIP | 61 | MULKS JUVENIA GŁUCHOŁĄZY | GŁUCHOŁĄZY | POL | M1 (18-35) | 10 | M 16 | 00:48:50.00 | 00:48:50.00 | 10:51 | 5.5 |
| 17 | ŁAZAR PAWEŁ | 38 | | WISŁA | POL | M1 (18-35) | 11 | M 17 | 00:49:16.00 | 00:49:16.00 | 10:56 | 5.5 |
| 18 | KUŁAGA SEBASTIAN | 155 | MIRAZ RACE TEAM | MYSŁOWICE | POL | M2 (36-49) | 7 | M 18 | 00:49:19.00 | 00:49:19.00 | 10:57 | 5.5 |
| 19 | ZACHARA DAWID | 173 | | MOKRZYSKA | POL | M1 (18-35) | 12 | M 19 | 00:50:12.00 | 00:50:12.00 | 11:09 | 5.4 |
| 20 | WOŹNIAK MICHAŁ | 3 | GLADIATORS BY RMF4RT | PODOLSZE | POL | M1 (18-35) | 13 | M 20 | 00:50:14.00 | 00:50:14.00 | 11:09 | 5.4 |
| 21 | ORKWISZEWSKA OLI | 152 | SCARPA TEAM POLSKA | BIERUŃ | POL | K1 (18-35) | 1 | K 1 | 00:50:55.00 | 00:50:55.00 | 11:18 | 5.3 |
| 22 | KIEC MATEUSZ | 77 | PRZENOSIMY GÓRY | BIERUŃ | POL | M1 (18-35) | 14 | M 21 | 00:50:57.00 | 00:50:57.00 | 11:19 | 5.3 |
| 23 | DZIEDZIC MARCIN | 117 | | ORAWKA | POL | M1 (18-35) | 15 | M 22 | 00:51:21.00 | 00:51:21.00 | 11:24 | 5.3 |
| 24 | JAGÓDKA PAWEŁ | 141 | TC ORZEŁ SPYTKOWICE | JORDANÓW | POL | M2 (36-49) | 8 | M 23 | 00:51:35.00 | 00:51:35.00 | 11:27 | 5.2 |
| 25 | OLECHNOWICZ ROBERT | 133 | | WROCŁAW | POL | M3 (50+) | 1 | M 24 | 00:51:56.00 | 00:51:56.00 | 11:32 | 5.2 |
| 26 | KARPIEL TOMASZ | 149 | | RATUŁÓW | POL | M1 (18-35) | 16 | M 25 | 00:52:47.00 | 00:52:47.00 | 11:43 | 5.1 |
| 27 | WRUK REMIGIUSZ | 40 | TATRA RUNNING TEAM | OPOLE | POL | M3 (50+) | 2 | M 26 | 00:53:40.00 | 00:53:40.00 | 11:55 | 5 |
| 28 | SĄŁACIAK BARTŁOMIEJ | 147 | | DOBROŃ | POL | M1 (18-35) | 17 | M 27 | 00:53:54.00 | 00:53:54.00 | 11:58 | 5 |
| 29 | BARABASZ RADOSŁAW | 103 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 18 | M 28 | 00:54:42.00 | 00:54:42.00 | 12:09 | 4.9 |
| 30 | WIELGOS ŁUKASZ | 55 | | KRAKÓW | POL | M1 (18-35) | 19 | M 29 | 00:54:45.00 | 00:54:45.00 | 12:10 | 4.9 |
| 31 | TRUSZEL MARCIN TRUSZEL | 54 | KW KRAKÓW | GLOGOCZÓW | POL | M2 (36-49) | 9 | M 30 | 00:55:02.00 | 00:55:02.00 | 12:13 | 4.9 |
| 32 | KIDOŃ ANNA | 37 | ORAWARUN | LIPNICA MAŁA | POL | K1 (18-35) | 2 | K 2 | 00:55:05.00 | 00:55:05.00 | 12:14 | 4.9 |
| 33 | JASTER ANNA | 118 | | WARSZAWA | POL | K2 (36-49) | 1 | K 3 | 00:55:16.00 | 00:55:16.00 | 12:16 | 4.9 |
| 34 | KASZUBA BARTOSZ | 130 | FIT&SPORT | BIELSKO-BIAŁA | POL | M2 (36-49) | 10 | M 31 | 00:55:31.00 | 00:55:31.00 | 12:20 | 4.9 |
| 35 | BIESZCZAD PATRYCJA | 44 | FIT&SPORT | BIELSKO BIAŁA | POL | K2 (36-49) | 2 | K 4 | 00:56:21.00 | 00:56:21.00 | 12:31 | 4.8 |
| 36 | SOBIŁO EWA | 150 | | RZESZÓW | POL | K1 (18-35) | 3 | K 5 | 00:56:39.00 | 00:56:39.00 | 12:35 | 4.8 |
| 37 | IŚTOK SEBASTIAN | 170 | | PIEKIELNIK | POL | M1 (18-35) | 20 | M 32 | 00:56:41.00 | 00:56:41.00 | 12:35 | 4.8 |
| 38 | PACHURA KINGA | 666 | | MSZANA DOLNA | POL | K2 (36-49) | 3 | K 6 | 00:57:06.00 | 00:57:06.00 | 12:41 | 4.7 |
| 39 | GRABSKA EWA | 100 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | K1 (18-35) | 4 | K 7 | 00:57:16.00 | 00:57:16.00 | 12:43 | 4.7 |
| 40 | SZWAGRZYK MARCIN | 99 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 21 | M 33 | 00:57:18.00 | 00:57:18.00 | 12:44 | 4.7 |
| 41 | STRASZKO MONIKA | 126 | | WROCŁAW | POL | K2 (36-49) | 4 | K 8 | 00:57:34.00 | 00:57:34.00 | 12:47 | 4.7 |
| 42 | GAWEŁ BOGDAN | 22 | SYNTHOS | ZABORZE | POL | M3 (50+) | 3 | M 34 | 00:57:45.00 | 00:57:45.00 | 12:50 | 4.7 |
| 43 | ŁYCZAK ARTUR | 85 | KNURÓW MASTERS | KNURÓW | POL | M3 (50+) | 4 | M 35 | 00:57:57.00 | 00:57:57.00 | 12:52 | 4.7 |
| 44 | ŁASZCZAK ROBERT | 70 | | LIPOWA | POL | M1 (18-35) | 22 | M 36 | 00:58:18.00 | 00:58:18.00 | 12:57 | 4.6 |
| 45 | OTRĘBIAK MATEUSZ | 167 | | STUDZIONKI | POL | M1 (18-35) | 23 | M 37 | 00:58:40.00 | 00:58:40.00 | 13:02 | 4.6 |
| 46 | CEMBALA TOMASZ | 151 | | KALNA | POL | M2 (36-49) | 11 | M 38 | 00:58:52.00 | 00:58:52.00 | 13:04 | 4.6 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|---|----------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 47 | PARZNIEWSKI MACIEJ | 95 | TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA | NOWY DWÓR MAZOWIECKI | POL | M2 (36-49) | 12 | M 39 | 00:59:07.00 | 00:59:07.00 | 13:08 | 4.6 |
| 48 | DRWAŁ TOMASZ | 160 | SKRAJNA 5 | KRAKOW | POL | M2 (36-49) | 13 | M 40 | 00:59:12.00 | 00:59:12.00 | 13:09 | 4.6 |
| 49 | KOZAK MATT | 125 | KOZAK TEAM | KICZORY | POL | M1 (18-35) | 24 | M 41 | 00:59:30.00 | 00:59:30.00 | 13:13 | 4.5 |
| 50 | SZCZERBA ADAM | 176 | | PIEKIELNIK | POL | M1 (18-35) | 25 | M 42 | 00:59:37.00 | 00:59:37.00 | 13:14 | 4.5 |
| 51 | SERWATKA ADRIAN | 148 | BIALI I MŁODZI | PORĘBA SPYTKOWSKA | POL | M1 (18-35) | 26 | M 43 | 00:59:39.00 | 00:59:39.00 | 13:15 | 4.5 |
| 52 | ŚPRLAK MIŁOŚ | 23 | | SUCHA HORA | SVK | M1 (18-35) | 27 | M 44 | 01:00:04.00 | 01:00:04.00 | 13:20 | 4.5 |
| 53 | PUCHACZ PIOTR | 109 | MPK/VELO | WARSZAWA | POL | M2 (36-49) | 14 | M 45 | 01:00:16.00 | 01:00:16.00 | 13:23 | 4.5 |
| 54 | HOŁYŃSKA-URBASIK KAROLINA | 122 | | RYDUŁTOWY | POL | K1 (18-35) | 5 | K 9 | 01:00:19.00 | 01:00:19.00 | 13:24 | 4.5 |
| 55 | GAŚIENICA-ROJ ANNA | 154 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | K2 (36-49) | 5 | K 10 | 01:00:45.00 | 01:00:45.00 | 13:30 | 4.4 |
| 56 | GORKA ROBERT | 157 | WISLA-HOUSES | BRZESZCZE | POL | M2 (36-49) | 15 | M 46 | 01:00:49.00 | 01:00:49.00 | 13:30 | 4.4 |
| 57 | GRUCA MARIUSZ | 128 | | TARNOWSKIE GÓRY | POL | M1 (18-35) | 28 | M 47 | 01:00:52.00 | 01:00:52.00 | 13:31 | 4.4 |
| 58 | DZIERŻANOWSKI TOMASZ | 101 | | OPOLE | POL | M2 (36-49) | 16 | M 48 | 01:01:07.00 | 01:01:07.00 | 13:34 | 4.4 |
| 59 | HOŁUJ ANDRZEJ | 8 | | KRAKÓW | POL | M3 (50+) | 5 | M 49 | 01:01:14.00 | 01:01:14.00 | 13:36 | 4.4 |
| 60 | GACEK ALICJA | 156 | GŁUSZEC TEAM | NOWY TARG | POL | K2 (36-49) | 6 | K 11 | 01:01:35.00 | 01:01:35.00 | 13:41 | 4.4 |
| 61 | ZAJĄC KRYSZTIAN | 143 | | RABKA ZDRÓJ | POL | M1 (18-35) | 29 | M 50 | 01:01:56.00 | 01:01:56.00 | 13:45 | 4.4 |
| 62 | KOCHANOWSKA MICHALINA | 31 | | STAWIGUDA | POL | K2 (36-49) | 7 | K 12 | 01:02:34.00 | 01:02:34.00 | 13:54 | 4.3 |
| 63 | CZYŁOK TOMASZ | 88 | | KANIÓW | POL | M2 (36-49) | 17 | M 51 | 01:02:48.00 | 01:02:48.00 | 13:57 | 4.3 |
| 64 | DAŁOMIS KAROL | 98 | CAPOTEAM | NOWY WIŚNICZ | POL | M1 (18-35) | 30 | M 52 | 01:03:02.00 | 01:03:02.00 | 14:00 | 4.3 |
| 65 | KAMIŃSKI MARCIN | 17 | BURTON | CZESKI CIESZYN | CZE | M3 (50+) | 6 | M 53 | 01:03:25.00 | 01:03:25.00 | 14:05 | 4.3 |
| 66 | ŻYLSKI JANUSZ | 108 | | WIELICZKA | POL | M3 (50+) | 7 | M 54 | 01:03:37.00 | 01:03:37.00 | 14:08 | 4.2 |
| 67 | WNUK ADRIAN | 96 | | EUGENIÓW | POL | M1 (18-35) | 31 | M 55 | 01:04:02.00 | 01:04:02.00 | 14:13 | 4.2 |
| 68 | PAWLIKOWSKA ANNA | 132 | | WROCŁAW | POL | K2 (36-49) | 8 | K 13 | 01:04:12.00 | 01:04:12.00 | 14:16 | 4.2 |
| 69 | PODLEWSKI WOJCIECH | 90 | KS SPORTIVA | TARNÓW | POL | M3 (50+) | 8 | M 56 | 01:04:54.00 | 01:04:54.00 | 14:25 | 4.2 |
| 70 | SROKA MAŁGORZATA | 140 | | WEGRZCZE WIELKIE | POL | K2 (36-49) | 9 | K 14 | 01:05:23.00 | 01:05:23.00 | 14:31 | 4.1 |
| 71 | MYSŁIWIEC MONIKA | 9 | POWOLI DO CELU | BRZESZCZE | POL | K1 (18-35) | 6 | K 15 | 01:05:32.00 | 01:05:32.00 | 14:33 | 4.1 |
| 72 | SZABELAK WITOLD | 112 | KINGRUNNER ULTRA | ZAKOPANE | POL | M2 (36-49) | 18 | M 57 | 01:06:17.00 | 01:06:17.00 | 14:43 | 4.1 |
| 73 | GÓRAK PIOTR | 53 | | SOSNOWIEC | POL | M2 (36-49) | 19 | M 58 | 01:06:23.00 | 01:06:23.00 | 14:45 | 4.1 |
| 74 | MAJEWSKI SZYMON | 26 | | KRAKÓW | POL | M2 (36-49) | 20 | M 59 | 01:06:27.00 | 01:06:27.00 | 14:46 | 4.1 |
| 75 | SKOCZYŁAS PIOTR | 172 | ENDURANCE TEAM | CHORZÓW | POL | M2 (36-49) | 21 | M 60 | 01:06:37.00 | 01:06:37.00 | 14:48 | 4.1 |
| 76 | ŁABĘCKA AGATA | 74 | KLUB BIEGACZA RTV EURO AGD | WARSZAWA | POL | K2 (36-49) | 10 | K 16 | 01:08:06.00 | 01:08:06.00 | 15:08 | 4 |
| 77 | KORZENIOWSKA MAŁGORZATA | 58 | METLIFE RUN | WARSZAWA | POL | K2 (36-49) | 11 | K 17 | 01:08:19.00 | 01:08:19.00 | 15:10 | 4 |
| 78 | CHRULSKA JOANNA | 106 | | AUGUSTÓW | POL | K1 (18-35) | 7 | K 18 | 01:08:30.00 | 01:08:30.00 | 15:13 | 3.9 |
| 79 | WOJDAK ANNA | 63 | | PIASTÓW | POL | K2 (36-49) | 12 | K 19 | 01:08:32.00 | 01:08:32.00 | 15:13 | 3.9 |
| 80 | BYRCZEK BARTOSZ | 97 | BEFIT24TEAM | MIECHÓW | POL | M2 (36-49) | 22 | M 61 | 01:08:38.00 | 01:08:38.00 | 15:15 | 3.9 |
| 81 | GACH-MICHALSKA JUSTYNA | 73 | | RZEWAWA | POL | K2 (36-49) | 13 | K 20 | 01:08:40.00 | 01:08:40.00 | 15:15 | 3.9 |
| 82 | KNAPCZYK-KANIA GABRIELA | 45 | BIENKÓWKA TEAM | BIENKÓWKA | POL | K2 (36-49) | 14 | K 21 | 01:09:13.00 | 01:09:13.00 | 15:22 | 3.9 |
| 83 | SZEJKA KATARZYNA | 75 | | JÓZEFÓW | POL | K2 (36-49) | 15 | K 22 | 01:09:17.00 | 01:09:17.00 | 15:23 | 3.9 |
| 84 | KATOLIK JOLANTA | 12 | | RACIBÓRZ | POL | K2 (36-49) | 16 | K 23 | 01:09:31.00 | 01:09:31.00 | 15:26 | 3.9 |
| 85 | CZOSNEK DANIEL | 105 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKOW | POL | M1 (18-35) | 32 | M 62 | 01:09:44.00 | 01:09:44.00 | 15:29 | 3.9 |
| 86 | KOSIŃSKA ASIA | 34 | | WARSZAWA | POL | K1 (18-35) | 8 | K 24 | 01:10:01.00 | 01:10:01.00 | 15:33 | 3.9 |
| 87 | GĘBALSKA AGNIESZKA | 29 | | WARSZAWA | POL | K1 (18-35) | 9 | K 25 | 01:10:03.00 | 01:10:03.00 | 15:34 | 3.9 |
| 88 | DUDA PAWEŁ | 144 | | RABA WYŻNA | POL | M1 (18-35) | 33 | M 63 | 01:10:06.00 | 01:10:06.00 | 15:34 | 3.9 |
| 89 | JACH DARIUSZ | 82 | | ŁÓDŹ | POL | M3 (50+) | 9 | M 64 | 01:10:11.00 | 01:10:11.00 | 15:35 | 3.8 |
| 90 | LEŚNIAK AGNIESZKA | 138 | | OŚWIĘCIM | POL | K2 (36-49) | 17 | K 26 | 01:10:14.00 | 01:10:14.00 | 15:36 | 3.8 |
| 91 | KUKLA KATARZYNA | 163 | | KRAKÓW | POL | K2 (36-49) | 18 | K 27 | 01:10:52.00 | 01:10:52.00 | 15:44 | 3.8 |
| 92 | KUKLA GRZEGORZ | 162 | | KRAKÓW | POL | M2 (36-49) | 23 | M 65 | 01:10:58.00 | 01:10:58.00 | 15:46 | 3.8 |
| 93 | ŻUREK MARIUSZ | 86 | | RAWICZ | POL | M3 (50+) | 10 | M 66 | 01:12:11.00 | 01:12:11.00 | 16:02 | 3.7 |
| 94 | STAWOWCZYK MARZENA | 39 | | ZABRZE | POL | K1 (18-35) | 10 | K 28 | 01:12:31.00 | 01:12:31.00 | 16:06 | 3.7 |
| 95 | STAWIŃSKA AGATA | 171 | JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | K1 (18-35) | 11 | K 29 | 01:12:40.00 | 01:12:40.00 | 16:08 | 3.7 |
| 96 | MATUSZEK PIOTR | 52 | #DIABLAK120 | ŻYWIEC | POL | M1 (18-35) | 34 | M 67 | 01:12:42.00 | 01:12:42.00 | 16:09 | 3.7 |
| 97 | MALISZEWSKA MARTA | 111 | KINGRUNNER ULTRA | ZAKOPANE | POL | K2 (36-49) | 19 | K 30 | 01:13:02.00 | 01:13:02.00 | 16:13 | 3.7 |
| 98 | BAKA ILONA | 93 | BEFIT24TEAM | DĄBRÓWKA | POL | K1 (18-35) | 12 | K 31 | 01:13:11.00 | 01:13:11.00 | 16:15 | 3.7 |
| 99 | ŻYCHOWICZ MAGDALENA | 92 | | MIECHÓW | POL | K1 (18-35) | 13 | K 32 | 01:13:15.00 | 01:13:15.00 | 16:16 | 3.7 |
| 100 | CYBULSKA MONIKA | 64 | | JÓZEFÓW | POL | K2 (36-49) | 20 | K 33 | 01:13:25.00 | 01:13:25.00 | 16:18 | 3.7 |
| 101 | PRZYBYŁA MAGDALENA | 123 | | RYDUŁTOWY | POL | K1 (18-35) | 14 | K 34 | 01:13:28.00 | 01:13:28.00 | 16:19 | 3.7 |
| 102 | SOWIŃSKI DARIUSZ | 116 | SOWSTOL | WIRY | POL | M2 (36-49) | 24 | M 68 | 01:13:39.00 | 01:13:39.00 | 16:22 | 3.7 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|---------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 103 | HUDOMIĘT DOROTA | 174 | | RABA WYŻNA | POL | K1 (18-35) | 15 | K 35 | 01:14:25.00 | 01:14:25.00 | 16:32 | 3.6 |
| 104 | GUZIAK IRENA | 153 | OBIDOWA GŁUSZEC | CZARNY DUNAJEC | POL | K3 (50+) | 1 | K 36 | 01:14:35.00 | 01:14:35.00 | 16:34 | 3.6 |
| 105 | DUDA BOGUSIA | 145 | | RABA WYŻNA | POL | K2 (36-49) | 21 | K 37 | 01:15:30.00 | 01:15:30.00 | 16:46 | 3.6 |
| 106 | MAŁECKA MARTA | 137 | | OŚWIĘCIM | POL | K2 (36-49) | 22 | K 38 | 01:15:50.00 | 01:15:50.00 | 16:51 | 3.6 |
| 107 | PASZKOWSKA BARBARA | 110 | | SUWAŁKI | POL | K2 (36-49) | 23 | K 39 | 01:15:53.00 | 01:15:53.00 | 16:51 | 3.6 |
| 108 | SERAFIN KRZYSZTOF | 89 | | MORDARKA | POL | M2 (36-49) | 25 | M 69 | 01:16:56.00 | 01:16:56.00 | 17:05 | 3.5 |
| 109 | KOPIEC ESTERA | 10 | POWOLIDOCELU | BRZESZCZE | POL | K2 (36-49) | 24 | K 40 | 01:18:01.00 | 01:18:01.00 | 17:20 | 3.5 |
| 110 | BAJOŁEK ALEKSANDRA | 28 | | KRAKÓW | POL | K3 (50+) | 2 | K 41 | 01:18:09.00 | 01:18:09.00 | 17:22 | 3.5 |
| 111 | TOBER NATALIA | 177 | | WARSZAWA | POL | K1 (18-35) | 16 | K 42 | 01:20:15.00 | 01:20:15.00 | 17:50 | 3.4 |
| 112 | IWANIEC EWA | 66 | | WARSZAWA | POL | K2 (36-49) | 25 | K 43 | 01:20:38.00 | 01:20:38.00 | 17:55 | 3.3 |
| 113 | IWULSKA JOANNA | 72 | | SZARÓW | POL | K2 (36-49) | 26 | K 44 | 01:20:52.00 | 01:20:52.00 | 17:58 | 3.3 |
| 114 | SŁOMSKA KAMILA | 5 | | CHRZANÓW | POL | K1 (18-35) | 17 | K 45 | 01:21:42.00 | 01:21:42.00 | 18:09 | 3.3 |
| 115 | MAJECKI TOMASZ | 6 | | CHRZANÓW | POL | M1 (18-35) | 35 | M 70 | 01:21:48.00 | 01:21:48.00 | 18:10 | 3.3 |
| 116 | SZYŃSKA ALICJA | 120 | | WROCŁAW | POL | K2 (36-49) | 27 | K 46 | 01:24:24.00 | 01:24:24.00 | 18:45 | 3.2 |
| 117 | JELIŃSKI SEBASTIAN | 121 | | WROCŁAW | POL | M2 (36-49) | 26 | M 71 | 01:25:28.00 | 01:25:28.00 | 18:59 | 3.2 |
| 118 | ŁAGOSZ EWELINA | 19 | | BRZEZINKA | POL | K2 (36-49) | 28 | K 47 | 01:25:33.00 | 01:25:33.00 | 19:00 | 3.2 |
| 119 | BROMBEREK MAJA | 83 | | MUROWANA GOŚLINA | POL | K1 (18-35) | 18 | K 48 | 01:25:36.00 | 01:25:36.00 | 19:01 | 3.2 |
| 120 | SADŁOK ANNA | 129 | | JAWISZOWICE | POL | K2 (36-49) | 29 | K 49 | 01:26:06.00 | 01:26:06.00 | 19:08 | 3.1 |
| 121 | HOŁUJ BARBARA | 21 | | KRAKÓW | POL | K3 (50+) | 3 | K 50 | 01:26:22.00 | 01:26:22.00 | 19:11 | 3.1 |
| 122 | HABIERA ROBERT | 60 | | WARSZAWA | POL | M3 (50+) | 11 | M 72 | 01:29:01.00 | 01:29:01.00 | 19:46 | 3 |
| 123 | RUDNICKA AGATA | 59 | | WARSZAWA | POL | K3 (50+) | 4 | K 51 | 01:29:09.00 | 01:29:09.00 | 19:48 | 3 |
| 124 | SMORAĞIEWICZ MARCIN | 65 | | WARSZAWA | POL | M2 (36-49) | 27 | M 73 | 01:31:57.00 | 01:31:57.00 | 20:26 | 2.9 |
| 125 | MYTIAI OKSANA | 104 | POWOLI DO CELU | WOLA | POL | K2 (36-49) | 30 | K 52 | 01:33:11.00 | 01:33:11.00 | 20:42 | 2.9 |
| 126 | SUCHECKA MAŁGORZATA | 139 | | OŚWIĘCIM | POL | K2 (36-49) | 31 | K 53 | 01:33:49.00 | 01:33:49.00 | 20:50 | 2.9 |
| 127 | DOROBISZ MAGDALENA | 57 | #DIABLA120 | SOSNOWIEC | POL | K2 (36-49) | 32 | K 54 | 01:34:24.00 | 01:34:24.00 | 20:58 | 2.9 |
| 128 | WIERUSZEWSKA AGATA | 166 | | WARSZAWA | POL | K2 (36-49) | 33 | K 55 | 01:38:26.00 | 01:38:26.00 | 21:52 | 2.7 |
| 129 | WITECKA AGNIESZKA | 76 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K2 (36-49) | 34 | K 56 | 01:39:37.00 | 01:39:37.00 | 22:08 | 2.7 |
| 130 | BINCZYCKA KATARZYNA | 127 | | BĘBŁO | POL | K1 (18-35) | 19 | K 57 | 01:49:53.00 | 01:49:53.00 | 24:25 | 2.5 |
| 131 | ZGODA KAROLINA | 131 | | JERZMANOWICE | POL | K1 (18-35) | 20 | K 58 | 01:50:19.00 | 01:50:19.00 | 24:30 | 2.4 |
| 132 | ZGODA MARTYNA | 134 | | BĘBŁO | POL | K1 (18-35) | 21 | K 59 | 01:51:39.00 | 01:51:39.00 | 24:48 | 2.4 |
| 133 | BIGA MAŁGORZATA | 33 | | OSTRĘŻNICA | POL | K1 (18-35) | 22 | K 60 | 01:51:49.00 | 01:51:49.00 | 24:50 | 2.4 |
| 134 | HANDY SAMANTA | 11 | POWOLI DO CELU | KĘTY | POL | K1 (18-35) | 23 | K 61 | 01:51:54.00 | 01:51:54.00 | 24:52 | 2.4 |
| 135 | KUKLA AGATA | 16 | POWOLI DO CELU | BRZESZCZE | POL | K2 (36-49) | 35 | K 62 | 01:51:59.00 | 01:51:59.00 | 24:53 | 2.4 |
| 136 | FRONCKIEWICZ EWELINA | 168 | | DROGOMYŚL | POL | K2 (36-49) | 36 | K 63 | 02:03:27.00 | 02:03:27.00 | 27:26 | 2.2 |
| 137 | DZIERŻANOWSKA BEATA | 102 | | OPOLE | POL | K3 (50+) | 5 | K 64 | 02:10:09.00 | 02:10:09.00 | 28:55 | 2.1 |
| 138 | SZEWczyk GABRIEL | 169 | | DROGOMYŚL | POL | K2 (36-49) | 37 | K 65 | 02:15:16.00 | 02:15:16.00 | 30:03 | 2 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, Strefa startowa

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|-----|--------------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | JAWORSKI ZBIGNIEW | 114 | | KLUSZKOWCE | POL | M2 (36-49) | 1 | M 1 | 00:38:59.00 | 00:38:59.00 | 8:39 | 6.9 |
| 2 | MAREK DARIUSZ | 124 | MONK SANDALS / INOV-8 | WIELICZKA | POL | M2 (36-49) | 2 | M 2 | 00:39:45.00 | 00:39:45.00 | 8:50 | 6.8 |
| 3 | TUKA MICHAŁ | 13 | NIŻNÁ | NIŻNÁ | SVK | M1 (18-35) | 1 | M 3 | 00:40:21.00 | 00:40:21.00 | 8:58 | 6.7 |
| 4 | ŻÓŁTEK GRZEGORZ | 51 | | SPYTKOWICE | POL | M1 (18-35) | 2 | M 4 | 00:40:46.00 | 00:40:46.00 | 9:03 | 6.6 |
| 5 | KIDOŃ ROBERT | 36 | ORAWARUN | LIPNICA MAŁA | POL | M1 (18-35) | 3 | M 5 | 00:41:51.00 | 00:41:51.00 | 9:18 | 6.5 |
| 6 | ORZEŁ KRZYSZTOF | 136 | GRUPA ZUE | WEGRZCZE WIELKIE | POL | M2 (36-49) | 3 | M 6 | 00:44:27.00 | 00:44:27.00 | 9:52 | 6.1 |
| 7 | WRÓBEL PRZEMYSŁAW | 119 | | STRYSZÓW | POL | M2 (36-49) | 4 | M 7 | 00:44:39.00 | 00:44:39.00 | 9:55 | 6 |
| 8 | AUGUSTYŃSKI SYLWESTER | 161 | GRUPA LUKTRANS | KRAKÓW | POL | M2 (36-49) | 5 | M 8 | 00:44:54.00 | 00:44:54.00 | 9:58 | 6 |
| 9 | MAGERCAK MIŁOS | 56 | DYNAMECKO | SUCHÁ HORA | SVK | M1 (18-35) | 4 | M 9 | 00:45:11.00 | 00:45:11.00 | 10:02 | 6 |
| 10 | LAZAR PAWEŁ | 41 | | WIŚLA | POL | M1 (18-35) | 5 | M 10 | 00:45:49.00 | 00:45:49.00 | 10:10 | 5.9 |
| 11 | GÓRA DANIEL | 165 | | ŁÓDŹ | POL | M1 (18-35) | 6 | M 11 | 00:46:08.00 | 00:46:08.00 | 10:15 | 5.9 |
| 12 | PYREK PRZEMYSŁAW | 30 | TRAINING BY PP | OŚWIĘCIM | POL | M1 (18-35) | 7 | M 12 | 00:46:30.00 | 00:46:30.00 | 10:20 | 5.8 |
| 13 | KUCEK WOJCIECH | 71 | | LIPNICA WIELKA | POL | M1 (18-35) | 8 | M 13 | 00:47:35.00 | 00:47:35.00 | 10:34 | 5.7 |
| 14 | KUBIN IRENEUSZ | 164 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | M2 (36-49) | 6 | M 14 | 00:47:49.00 | 00:47:49.00 | 10:37 | 5.6 |
| 15 | JĘDRASZCZYK MATEUSZ | 113 | | PODHALE | POL | M1 (18-35) | 9 | M 15 | 00:48:10.00 | 00:48:10.00 | 10:42 | 5.6 |
| 16 | BUCHERT FILIP | 61 | MULKS JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | M1 (18-35) | 10 | M 16 | 00:48:50.00 | 00:48:50.00 | 10:51 | 5.5 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, Strefa startowa c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|---|----------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 17 | LAZAR PAWEŁ | 38 | | WISŁA | POL | M1 (18-35) | 11 | M 17 | 00:49:16.00 | 00:49:16.00 | 10:56 | 5.5 |
| 18 | KUŁAGA SEBASTIAN | 155 | MIRAZ RACE TEAM | MYSŁOWICE | POL | M2 (36-49) | 7 | M 18 | 00:49:19.00 | 00:49:19.00 | 10:57 | 5.5 |
| 19 | ZACHARA DAWID | 173 | | MOKRZYSKA | POL | M1 (18-35) | 12 | M 19 | 00:50:12.00 | 00:50:12.00 | 11:09 | 5.4 |
| 20 | WOŹNIAK MICHAŁ | 3 | GLADIATORS BY RMF4RT | PODOLSZE | POL | M1 (18-35) | 13 | M 20 | 00:50:14.00 | 00:50:14.00 | 11:09 | 5.4 |
| 21 | ORKWISZEWSKA OLI | 152 | SCARPA TEAM POLSKA | BIERUŃ | POL | K1 (18-35) | 1 | K 1 | 00:50:55.00 | 00:50:55.00 | 11:18 | 5.3 |
| 22 | KIEC MATEUSZ | 77 | PRZENOSIMY GÓRY | BIERUŃ | POL | M1 (18-35) | 14 | M 21 | 00:50:57.00 | 00:50:57.00 | 11:19 | 5.3 |
| 23 | DZIEDZIC MARCIN | 117 | | ORAWKA | POL | M1 (18-35) | 15 | M 22 | 00:51:21.00 | 00:51:21.00 | 11:24 | 5.3 |
| 24 | JAGÓDKA PAWEŁ | 141 | TC ORZEŁ SPYTKOWICE | JORDANÓW | POL | M2 (36-49) | 8 | M 23 | 00:51:35.00 | 00:51:35.00 | 11:27 | 5.2 |
| 25 | OLECHNOWICZ ROBERT | 133 | | WROCŁAW | POL | M3 (50+) | 1 | M 24 | 00:51:56.00 | 00:51:56.00 | 11:32 | 5.2 |
| 26 | KARPIEL TOMASZ | 149 | | RATUŁÓW | POL | M1 (18-35) | 16 | M 25 | 00:52:47.00 | 00:52:47.00 | 11:43 | 5.1 |
| 27 | WRUK REMIGIUSZ | 40 | TATRA RUNNING TEAM | OPOLE | POL | M3 (50+) | 2 | M 26 | 00:53:40.00 | 00:53:40.00 | 11:55 | 5 |
| 28 | SAŁACIAK BARTŁOMIEJ | 147 | | DOBRÓŃ | POL | M1 (18-35) | 17 | M 27 | 00:53:54.00 | 00:53:54.00 | 11:58 | 5 |
| 29 | BARABASZ RADOSŁAW | 103 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 18 | M 28 | 00:54:42.00 | 00:54:42.00 | 12:09 | 4.9 |
| 30 | WIELGOS ŁUKASZ | 55 | | KRAKÓW | POL | M1 (18-35) | 19 | M 29 | 00:54:45.00 | 00:54:45.00 | 12:10 | 4.9 |
| 31 | TRUSZEL MARCIN TRUSZEL | 54 | KW KRAKÓW | GLOGOCZOW | POL | M2 (36-49) | 9 | M 30 | 00:55:02.00 | 00:55:02.00 | 12:13 | 4.9 |
| 32 | KIDOŃ ANNA | 37 | ORAWARUN | LIPNICA MAŁA | POL | K1 (18-35) | 2 | K 2 | 00:55:05.00 | 00:55:05.00 | 12:14 | 4.9 |
| 33 | JASTER ANNA | 118 | | WARSZAWA | POL | K2 (36-49) | 1 | K 3 | 00:55:16.00 | 00:55:16.00 | 12:16 | 4.9 |
| 34 | KASZUBA BARTOSZ | 130 | FIT&SPORT | BIELSKO-BIAŁA | POL | M2 (36-49) | 10 | M 31 | 00:55:31.00 | 00:55:31.00 | 12:20 | 4.9 |
| 35 | BIESZCZAD PATRYCJA | 44 | FIT&SPORT | BIELSKO BIAŁA | POL | K2 (36-49) | 2 | K 4 | 00:56:21.00 | 00:56:21.00 | 12:31 | 4.8 |
| 36 | SOBIEŁO EWA | 150 | | RZESZÓW | POL | K1 (18-35) | 3 | K 5 | 00:56:39.00 | 00:56:39.00 | 12:35 | 4.8 |
| 37 | IŚTOK SEBASTIAN | 170 | | PIEKIELNIK | POL | M1 (18-35) | 20 | M 32 | 00:56:41.00 | 00:56:41.00 | 12:35 | 4.8 |
| 38 | PACHURA KINGA | 666 | | MSZANA DOLNA | POL | K2 (36-49) | 3 | K 6 | 00:57:06.00 | 00:57:06.00 | 12:41 | 4.7 |
| 39 | GRABSKA EWA | 100 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | K1 (18-35) | 4 | K 7 | 00:57:16.00 | 00:57:16.00 | 12:43 | 4.7 |
| 40 | SZWAGRZYK MARCIN | 99 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 21 | M 33 | 00:57:18.00 | 00:57:18.00 | 12:44 | 4.7 |
| 41 | STRASZKO MONIKA | 126 | | WROCŁAW | POL | K2 (36-49) | 4 | K 8 | 00:57:34.00 | 00:57:34.00 | 12:47 | 4.7 |
| 42 | GAWEŁ BOGDAN | 22 | SYNTHOS | ZABORZE | POL | M3 (50+) | 3 | M 34 | 00:57:45.00 | 00:57:45.00 | 12:50 | 4.7 |
| 43 | ŁYCZAK ARTUR | 85 | KNURÓW MASTERS | KNURÓW | POL | M3 (50+) | 4 | M 35 | 00:57:57.00 | 00:57:57.00 | 12:52 | 4.7 |
| 44 | ŁASZCZAK ROBERT | 70 | | LIPOWA | POL | M1 (18-35) | 22 | M 36 | 00:58:18.00 | 00:58:18.00 | 12:57 | 4.6 |
| 45 | OTRĘBIAK MATEUSZ | 167 | | STUDZIONKI | POL | M1 (18-35) | 23 | M 37 | 00:58:40.00 | 00:58:40.00 | 13:02 | 4.6 |
| 46 | CEMBALA TOMASZ | 151 | | KALNA | POL | M2 (36-49) | 11 | M 38 | 00:58:52.00 | 00:58:52.00 | 13:04 | 4.6 |
| 47 | PARZNIEWSKI MACIEJ | 95 | TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA | NOWY DWÓR MAZOWIECKI | POL | M2 (36-49) | 12 | M 39 | 00:59:07.00 | 00:59:07.00 | 13:08 | 4.6 |
| 48 | DRWAŁ TOMASZ | 160 | SKRAJNA 5 | KRAKOW | POL | M2 (36-49) | 13 | M 40 | 00:59:12.00 | 00:59:12.00 | 13:09 | 4.6 |
| 49 | KOZAK MATT | 125 | KOZAK TEAM | KICZORY | POL | M1 (18-35) | 24 | M 41 | 00:59:30.00 | 00:59:30.00 | 13:13 | 4.5 |
| 50 | SZCZERBA ADAM | 176 | | PIEKIELNIK | POL | M1 (18-35) | 25 | M 42 | 00:59:37.00 | 00:59:37.00 | 13:14 | 4.5 |
| 51 | SERWATKA ADRIAN | 148 | BIALI I MŁODZI | PORĘBA SPYTKOWSKA | POL | M1 (18-35) | 26 | M 43 | 00:59:39.00 | 00:59:39.00 | 13:15 | 4.5 |
| 52 | ŠPRLAK MILOŠ | 23 | | SUCHA HORA | SVK | M1 (18-35) | 27 | M 44 | 01:00:04.00 | 01:00:04.00 | 13:20 | 4.5 |
| 53 | PUCHACZ PIOTR | 109 | MPK/VELO | WARSZAWA | POL | M2 (36-49) | 14 | M 45 | 01:00:16.00 | 01:00:16.00 | 13:23 | 4.5 |
| 54 | HOLYŃSKA-URBASIK KAROLINA | 122 | | RYDUŁTOWY | POL | K1 (18-35) | 5 | K 9 | 01:00:19.00 | 01:00:19.00 | 13:24 | 4.5 |
| 55 | GAŚNIENICA-ROJ ANNA | 154 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | K2 (36-49) | 5 | K 10 | 01:00:45.00 | 01:00:45.00 | 13:30 | 4.4 |
| 56 | GÓRKA ROBERT | 157 | WISLA-HOUSES | BRZESZCZE | POL | M2 (36-49) | 15 | M 46 | 01:00:49.00 | 01:00:49.00 | 13:30 | 4.4 |
| 57 | GRUĆA MARIUSZ | 128 | | TARNOWSKIE GÓRY | POL | M1 (18-35) | 28 | M 47 | 01:00:52.00 | 01:00:52.00 | 13:31 | 4.4 |
| 58 | DZIERŻANOWSKI TOMASZ | 101 | | OPOLE | POL | M2 (36-49) | 16 | M 48 | 01:01:07.00 | 01:01:07.00 | 13:34 | 4.4 |
| 59 | HOŁUJ ANDRZEJ | 8 | | KRAKÓW | POL | M3 (50+) | 5 | M 49 | 01:01:14.00 | 01:01:14.00 | 13:36 | 4.4 |
| 60 | GACEK ALICJA | 156 | GŁUSZEC TEAM | NOWY TARG | POL | K2 (36-49) | 6 | K 11 | 01:01:35.00 | 01:01:35.00 | 13:41 | 4.4 |
| 61 | ZAJĄC KRYSZTIAN | 143 | | RABKA ZDRÓJ | POL | M1 (18-35) | 29 | M 50 | 01:01:56.00 | 01:01:56.00 | 13:45 | 4.4 |
| 62 | KOCHANOWSKA MICHALINA | 31 | | STAWIGUDA | POL | K2 (36-49) | 7 | K 12 | 01:02:34.00 | 01:02:34.00 | 13:54 | 4.3 |
| 63 | CZYŁOK TOMASZ | 88 | | KANIÓW | POL | M2 (36-49) | 17 | M 51 | 01:02:48.00 | 01:02:48.00 | 13:57 | 4.3 |
| 64 | DAŁOMIS KAROL | 98 | CAPOTEAM | NOWY WIŚNICZ | POL | M1 (18-35) | 30 | M 52 | 01:03:02.00 | 01:03:02.00 | 14:00 | 4.3 |
| 65 | KAMIŃSKI MARCIN | 17 | BURTON | CZEŚKI CIESZYŃ | CZE | M3 (50+) | 6 | M 53 | 01:03:25.00 | 01:03:25.00 | 14:05 | 4.3 |
| 66 | ŻYLSKI JANUSZ | 108 | | WIELICZKA | POL | M3 (50+) | 7 | M 54 | 01:03:37.00 | 01:03:37.00 | 14:08 | 4.2 |
| 67 | WNUK ADRIAN | 96 | | EUGENIÓW | POL | M1 (18-35) | 31 | M 55 | 01:04:02.00 | 01:04:02.00 | 14:13 | 4.2 |
| 68 | PAWLIKOWSKA ANNA | 132 | | WROCŁAW | POL | K2 (36-49) | 8 | K 13 | 01:04:12.00 | 01:04:12.00 | 14:16 | 4.2 |
| 69 | PODLEWSKI WOJCIECH | 90 | KS SPORTIVA | TARNÓW | POL | M3 (50+) | 8 | M 56 | 01:04:54.00 | 01:04:54.00 | 14:25 | 4.2 |
| 70 | SROKA MAŁGORZATA | 140 | | WĘGRZCE WIELKIE | POL | K2 (36-49) | 9 | K 14 | 01:05:23.00 | 01:05:23.00 | 14:31 | 4.1 |
| 71 | MYŚLIWIEC MONIKA | 9 | POWOLI DO CELU | BRZESZCZE | POL | K1 (18-35) | 6 | K 15 | 01:05:32.00 | 01:05:32.00 | 14:33 | 4.1 |
| 72 | SZABELAK WITOLD | 112 | KINGRUNNER ULTRA | ZAKOPANE | POL | M2 (36-49) | 18 | M 57 | 01:06:17.00 | 01:06:17.00 | 14:43 | 4.1 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, Strefa startowa c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|-----|-----------------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 73 | GÓRAK PIOTR | 53 | | SOSNOWIEC | POL | M2 (36-49) | 19 | M 58 | 01:06:23.00 | 01:06:23.00 | 14:45 | 4.1 |
| 74 | MAJEWSKI SZYMON | 26 | | KRAKÓW | POL | M2 (36-49) | 20 | M 59 | 01:06:27.00 | 01:06:27.00 | 14:46 | 4.1 |
| 75 | SKOCZYŁAS PIOTR | 172 | ENDURANCE TEAM | CHORZÓW | POL | M2 (36-49) | 21 | M 60 | 01:06:37.00 | 01:06:37.00 | 14:48 | 4.1 |
| 76 | ŁABĘCKA AGATA | 74 | KLUB BIEGACZA RTV EURO AGD | WARSZAWA | POL | K2 (36-49) | 10 | K 16 | 01:08:06.00 | 01:08:06.00 | 15:08 | 4 |
| 77 | KORZENIOWSKA MAŁGORZATA | 58 | METLIFE RUN | WARSZAWA | POL | K2 (36-49) | 11 | K 17 | 01:08:19.00 | 01:08:19.00 | 15:10 | 4 |
| 78 | CHRULSKA JOANNA | 106 | | AUGUSTÓW | POL | K1 (18-35) | 7 | K 18 | 01:08:30.00 | 01:08:30.00 | 15:13 | 3.9 |
| 79 | WOJDAK ANNA | 63 | | PIASTÓW | POL | K2 (36-49) | 12 | K 19 | 01:08:32.00 | 01:08:32.00 | 15:13 | 3.9 |
| 80 | BYRCZEK BARTOSZ | 97 | BEFIT24TEAM | MIECHÓW | POL | M2 (36-49) | 22 | M 61 | 01:08:38.00 | 01:08:38.00 | 15:15 | 3.9 |
| 81 | GACH-MICHALSKA JUSTYNA | 73 | | RZEZAWA | POL | K2 (36-49) | 13 | K 20 | 01:08:40.00 | 01:08:40.00 | 15:15 | 3.9 |
| 82 | KNAPCZYK-KANIA GABRIELA | 45 | BIENKÓWKA TEAM | BIENKÓWKA | POL | K2 (36-49) | 14 | K 21 | 01:09:13.00 | 01:09:13.00 | 15:22 | 3.9 |
| 83 | SZEJKA KATARZYNA | 75 | | JÓZEFÓW | POL | K2 (36-49) | 15 | K 22 | 01:09:17.00 | 01:09:17.00 | 15:23 | 3.9 |
| 84 | KATOLIK JOLANTA | 12 | | RACIBÓRZ | POL | K2 (36-49) | 16 | K 23 | 01:09:31.00 | 01:09:31.00 | 15:26 | 3.9 |
| 85 | CZOSNEK DANIEL | 105 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 32 | M 62 | 01:09:44.00 | 01:09:44.00 | 15:29 | 3.9 |
| 86 | KOSIŃSKA ASIA | 34 | | WARSZAWA | POL | K1 (18-35) | 8 | K 24 | 01:10:01.00 | 01:10:01.00 | 15:33 | 3.9 |
| 87 | GĘBALSKA AGNIESZKA | 29 | | WARSZAWA | POL | K1 (18-35) | 9 | K 25 | 01:10:03.00 | 01:10:03.00 | 15:34 | 3.9 |
| 88 | DUDA PAWEŁ | 144 | | RABA WYŻNA | POL | M1 (18-35) | 33 | M 63 | 01:10:06.00 | 01:10:06.00 | 15:34 | 3.9 |
| 89 | JACH DARIUSZ | 82 | | ŁÓDŹ | POL | M3 (50+) | 9 | M 64 | 01:10:11.00 | 01:10:11.00 | 15:35 | 3.8 |
| 90 | LEŚNIAK AGNIESZKA | 138 | | OŚWIĘCIM | POL | K2 (36-49) | 17 | K 26 | 01:10:14.00 | 01:10:14.00 | 15:36 | 3.8 |
| 91 | KUKLA KATARZYNA | 163 | | KRAKÓW | POL | K2 (36-49) | 18 | K 27 | 01:10:52.00 | 01:10:52.00 | 15:44 | 3.8 |
| 92 | KUKLA GRZEGORZ | 162 | | KRAKÓW | POL | M2 (36-49) | 23 | M 65 | 01:10:58.00 | 01:10:58.00 | 15:46 | 3.8 |
| 93 | ŻUREK MARIUSZ | 86 | | RAWICZ | POL | M3 (50+) | 10 | M 66 | 01:12:11.00 | 01:12:11.00 | 16:02 | 3.7 |
| 94 | STAWOWCZYK MARZENA | 39 | | ZABRZE | POL | K1 (18-35) | 10 | K 28 | 01:12:31.00 | 01:12:31.00 | 16:06 | 3.7 |
| 95 | STAWIŃSKA AGATA | 171 | JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | K1 (18-35) | 11 | K 29 | 01:12:40.00 | 01:12:40.00 | 16:08 | 3.7 |
| 96 | MATUSZEK PIOTR | 52 | #DIABLAK120 | ŻYWIEC | POL | M1 (18-35) | 34 | M 67 | 01:12:42.00 | 01:12:42.00 | 16:09 | 3.7 |
| 97 | MALISZEWSKA MARTA | 111 | KINGRUNNER ULTRA | ZAKOPANE | POL | K2 (36-49) | 19 | K 30 | 01:13:02.00 | 01:13:02.00 | 16:13 | 3.7 |
| 98 | BAKA ILONA | 93 | BEFIT24TEAM | DĄBRÓWKA | POL | K1 (18-35) | 12 | K 31 | 01:13:11.00 | 01:13:11.00 | 16:15 | 3.7 |
| 99 | ŻYCHOWICZ MAGDALENA | 92 | | MIECHÓW | POL | K1 (18-35) | 13 | K 32 | 01:13:15.00 | 01:13:15.00 | 16:16 | 3.7 |
| 100 | CYBULSKA MONIKA | 64 | | JÓZEFÓW | POL | K2 (36-49) | 20 | K 33 | 01:13:25.00 | 01:13:25.00 | 16:18 | 3.7 |
| 101 | PRZYBYŁA MAGDALENA | 123 | | RYDUŁTOWY | POL | K1 (18-35) | 14 | K 34 | 01:13:28.00 | 01:13:28.00 | 16:19 | 3.7 |
| 102 | SOWIŃSKI DARIUSZ | 116 | SOWSTOL | WIRY | POL | M2 (36-49) | 24 | M 68 | 01:13:39.00 | 01:13:39.00 | 16:22 | 3.7 |
| 103 | HUDOMIĘT DOROTA | 174 | | RABA WYŻNA | POL | K1 (18-35) | 15 | K 35 | 01:14:25.00 | 01:14:25.00 | 16:32 | 3.6 |
| 104 | GUZIAK IRENA | 153 | OBIDOWA GŁUSZEC | CZARNY DUNAJEC | POL | K3 (50+) | 1 | K 36 | 01:14:35.00 | 01:14:35.00 | 16:34 | 3.6 |
| 105 | DUDA BOGUSIA | 145 | | RABA WYŻNA | POL | K2 (36-49) | 21 | K 37 | 01:15:30.00 | 01:15:30.00 | 16:46 | 3.6 |
| 106 | MAŁECKA MARTA | 137 | | OŚWIĘCIM | POL | K2 (36-49) | 22 | K 38 | 01:15:50.00 | 01:15:50.00 | 16:51 | 3.6 |
| 107 | PASZKOWSKA BARBARA | 110 | | SUWAŁKI | POL | K2 (36-49) | 23 | K 39 | 01:15:53.00 | 01:15:53.00 | 16:51 | 3.6 |
| 108 | SERAFIN KRZYSZTOF | 89 | | MORDARKA | POL | M2 (36-49) | 25 | M 69 | 01:16:56.00 | 01:16:56.00 | 17:05 | 3.5 |
| 109 | KOPIEC ESTERA | 10 | POWOLIDOCELU | BRZESZCZE | POL | K2 (36-49) | 24 | K 40 | 01:18:01.00 | 01:18:01.00 | 17:20 | 3.5 |
| 110 | BAJOŁEK ALEKSANDRA | 28 | | KRAKÓW | POL | K3 (50+) | 2 | K 41 | 01:18:09.00 | 01:18:09.00 | 17:22 | 3.5 |
| 111 | TOBER NATALIA | 177 | | WARSZAWA | POL | K1 (18-35) | 16 | K 42 | 01:20:15.00 | 01:20:15.00 | 17:50 | 3.4 |
| 112 | IWANIEC EWA | 66 | | WARSZAWA | POL | K2 (36-49) | 25 | K 43 | 01:20:38.00 | 01:20:38.00 | 17:55 | 3.3 |
| 113 | IWULSKA JOANNA | 72 | | SZARÓW | POL | K2 (36-49) | 26 | K 44 | 01:20:52.00 | 01:20:52.00 | 17:58 | 3.3 |
| 114 | SŁOMSKA KAMILA | 5 | | CHRZANÓW | POL | K1 (18-35) | 17 | K 45 | 01:21:42.00 | 01:21:42.00 | 18:09 | 3.3 |
| 115 | MAJECKI TOMASZ | 6 | | CHRZANÓW | POL | M1 (18-35) | 35 | M 70 | 01:21:48.00 | 01:21:48.00 | 18:10 | 3.3 |
| 116 | SZYŃSKA ALICJA | 120 | | WROCŁAW | POL | K2 (36-49) | 27 | K 46 | 01:24:24.00 | 01:24:24.00 | 18:45 | 3.2 |
| 117 | JELIŃSKI SEBASTIAN | 121 | | WROCŁAW | POL | M2 (36-49) | 26 | M 71 | 01:25:28.00 | 01:25:28.00 | 18:59 | 3.2 |
| 118 | ŁAGOSZ EWELINA | 19 | | BRZESZCZKA | POL | K2 (36-49) | 28 | K 47 | 01:25:33.00 | 01:25:33.00 | 19:00 | 3.2 |
| 119 | BROMBEREK MAJA | 83 | | MUROWANA GOŚLINA | POL | K1 (18-35) | 18 | K 48 | 01:25:36.00 | 01:25:36.00 | 19:01 | 3.2 |
| 120 | SADŁOK ANNA | 129 | | JAWISZOWICE | POL | K2 (36-49) | 29 | K 49 | 01:26:06.00 | 01:26:06.00 | 19:08 | 3.1 |
| 121 | HOŁUJ BARBARA | 21 | | KRAKÓW | POL | K3 (50+) | 3 | K 50 | 01:26:22.00 | 01:26:22.00 | 19:11 | 3.1 |
| 122 | HABIERA ROBERT | 60 | | WARSZAWA | POL | M3 (50+) | 11 | M 72 | 01:29:01.00 | 01:29:01.00 | 19:46 | 3 |
| 123 | RUDNICKA AGATA | 59 | | WARSZAWA | POL | K3 (50+) | 4 | K 51 | 01:29:09.00 | 01:29:09.00 | 19:48 | 3 |
| 124 | SMORAĞIEWICZ MARCIN | 65 | | WARSZAWA | POL | M2 (36-49) | 27 | M 73 | 01:31:57.00 | 01:31:57.00 | 20:26 | 2.9 |
| 125 | MYTIAI OKSANA | 104 | POWOLI DO CELU | WOLA | POL | K2 (36-49) | 30 | K 52 | 01:33:11.00 | 01:33:11.00 | 20:42 | 2.9 |
| 126 | SUCHECKA MAŁGORZATA | 139 | | OŚWIĘCIM | POL | K2 (36-49) | 31 | K 53 | 01:33:49.00 | 01:33:49.00 | 20:50 | 2.9 |
| 127 | DOROBISZ MAGDALENA | 57 | #DIABLAK120 | SOSNOWIEC | POL | K2 (36-49) | 32 | K 54 | 01:34:24.00 | 01:34:24.00 | 20:58 | 2.9 |
| 128 | WIERUSZEWSKA AGATA | 166 | | WARSZAWA | POL | K2 (36-49) | 33 | K 55 | 01:38:26.00 | 01:38:26.00 | 21:52 | 2.7 |
| 129 | WITECKA AGNIESZKA | 76 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K2 (36-49) | 34 | K 56 | 01:39:37.00 | 01:39:37.00 | 22:08 | 2.7 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, Strefa startowa c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|----------------|--------------|------|------------|--------|------|-------------|-------------|--------|------|
| 130 | BINCZYCKA KATARZYNA | 127 | | BĘBŁO | POL | K1 (18-35) | 19 | K 57 | 01:49:53.00 | 01:49:53.00 | 24:25 | 2.5 |
| 131 | ZGODA KAROLINA | 131 | | JERZMANOWICE | POL | K1 (18-35) | 20 | K 58 | 01:50:19.00 | 01:50:19.00 | 24:30 | 2.4 |
| 132 | ZGODA MARTYNA | 134 | | BĘBŁO | POL | K1 (18-35) | 21 | K 59 | 01:51:39.00 | 01:51:39.00 | 24:48 | 2.4 |
| 133 | BIGA MAŁGORZATA | 33 | | OSTRĘŻNICA | POL | K1 (18-35) | 22 | K 60 | 01:51:49.00 | 01:51:49.00 | 24:50 | 2.4 |
| 134 | HANDY SAMANTA | 11 | POWOLI DO CELU | KĘTY | POL | K1 (18-35) | 23 | K 61 | 01:51:54.00 | 01:51:54.00 | 24:52 | 2.4 |
| 135 | KUKŁA AGATA | 16 | POWOLI DO CELU | BRZESZCZE | POL | K2 (36-49) | 35 | K 62 | 01:51:59.00 | 01:51:59.00 | 24:53 | 2.4 |
| 136 | FRONCKIEWICZ EWELINA | 168 | | DROGOMYŚL | POL | K2 (36-49) | 36 | K 63 | 02:03:27.00 | 02:03:27.00 | 27:26 | 2.2 |
| 137 | DZIERŻANOWSKA BEATA | 102 | | OPOLE | POL | K3 (50+) | 5 | K 64 | 02:10:09.00 | 02:10:09.00 | 28:55 | 2.1 |
| 138 | SZEWCIK GABRIEL | 169 | | DROGOMYŚL | POL | K2 (36-49) | 37 | K 65 | 02:15:16.00 | 02:15:16.00 | 30:03 | 2 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|-----------------------------|-----------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | ORKWISZEWSKA OLI | 152 | SCARPA TEAM POLSKA | BIERUŃ | POL | K1 (18-35) | 1 | K 1 | 00:50:55.00 | 00:50:55.00 | 11:18 | 5.3 |
| 2 | KIDOŃ ANNA | 37 | ORAWARUN | LIPNICA MAŁA | POL | K1 (18-35) | 2 | K 2 | 00:55:05.00 | 00:55:05.00 | 12:14 | 4.9 |
| 3 | JASTER ANNA | 118 | | WARSZAWA | POL | K2 (36-49) | 1 | K 3 | 00:55:16.00 | 00:55:16.00 | 12:16 | 4.9 |
| 4 | BIESZCZAD PATRYCJA | 44 | FIT&SPORT | BIELSKO BIAŁA | POL | K2 (36-49) | 2 | K 4 | 00:56:21.00 | 00:56:21.00 | 12:31 | 4.8 |
| 5 | SOBİŁO EWA | 150 | | RZESZÓW | POL | K1 (18-35) | 3 | K 5 | 00:56:39.00 | 00:56:39.00 | 12:35 | 4.8 |
| 6 | PACHURA KINGA | 666 | | MSZANA DOLNA | POL | K2 (36-49) | 3 | K 6 | 00:57:06.00 | 00:57:06.00 | 12:41 | 4.7 |
| 7 | GRABSKA EWA | 100 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | K1 (18-35) | 4 | K 7 | 00:57:16.00 | 00:57:16.00 | 12:43 | 4.7 |
| 8 | STRASZKO MONIKA | 126 | | WROCŁAW | POL | K2 (36-49) | 4 | K 8 | 00:57:34.00 | 00:57:34.00 | 12:47 | 4.7 |
| 9 | HOŁYŃSKA-URBASIK KAROLINA | 122 | | RYDUŁTOWY | POL | K1 (18-35) | 5 | K 9 | 01:00:19.00 | 01:00:19.00 | 13:24 | 4.5 |
| 10 | GAŚNICA-ROJ ANNA | 154 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | K2 (36-49) | 5 | K 10 | 01:00:45.00 | 01:00:45.00 | 13:30 | 4.4 |
| 11 | GACEK ALICJA | 156 | GŁUSZEC TEAM | NOWY TARG | POL | K2 (36-49) | 6 | K 11 | 01:01:35.00 | 01:01:35.00 | 13:41 | 4.4 |
| 12 | KOCHANOWSKA MICHALINA | 31 | | STAWIGUDA | POL | K2 (36-49) | 7 | K 12 | 01:02:34.00 | 01:02:34.00 | 13:54 | 4.3 |
| 13 | PAWLIKOWSKA ANNA | 132 | | WROCŁAW | POL | K2 (36-49) | 8 | K 13 | 01:04:12.00 | 01:04:12.00 | 14:16 | 4.2 |
| 14 | SROKA MAŁGORZATA | 140 | | WĘGRZCE WIELKIE | POL | K2 (36-49) | 9 | K 14 | 01:05:23.00 | 01:05:23.00 | 14:31 | 4.1 |
| 15 | MYŚLIWIEC MONIKA | 9 | POWOLI DO CELU | BRZESZCZE | POL | K1 (18-35) | 6 | K 15 | 01:05:32.00 | 01:05:32.00 | 14:33 | 4.1 |
| 16 | ŁABĘCKA AGATA | 74 | KLUB BIEGACZA RTV EURO AGD | WARSZAWA | POL | K2 (36-49) | 10 | K 16 | 01:08:06.00 | 01:08:06.00 | 15:08 | 4 |
| 17 | KORZENIOWSKA MAŁGORZATA | 58 | METLIFE RUN | WARSZAWA | POL | K2 (36-49) | 11 | K 17 | 01:08:19.00 | 01:08:19.00 | 15:10 | 4 |
| 18 | CHRULSKA JOANNA | 106 | | AUGUSTÓW | POL | K1 (18-35) | 7 | K 18 | 01:08:30.00 | 01:08:30.00 | 15:13 | 3.9 |
| 19 | WOJDAK ANNA | 63 | | PIASTÓW | POL | K2 (36-49) | 12 | K 19 | 01:08:32.00 | 01:08:32.00 | 15:13 | 3.9 |
| 20 | GACH-MICHALSKA JUSTYNA | 73 | | RZEWAWA | POL | K2 (36-49) | 13 | K 20 | 01:08:40.00 | 01:08:40.00 | 15:15 | 3.9 |
| 21 | KNAPCZYK-KANIA GABRIELA | 45 | BIENKÓWKA TEAM | BIENKÓWKA | POL | K2 (36-49) | 14 | K 21 | 01:09:13.00 | 01:09:13.00 | 15:22 | 3.9 |
| 22 | SZEJKA KATARZYNA | 75 | | JÓZEFÓW | POL | K2 (36-49) | 15 | K 22 | 01:09:17.00 | 01:09:17.00 | 15:23 | 3.9 |
| 23 | KATOLIK JOLANTA | 12 | | RACIBÓRZ | POL | K2 (36-49) | 16 | K 23 | 01:09:31.00 | 01:09:31.00 | 15:26 | 3.9 |
| 24 | KOSIŃSKA ASIA | 34 | | WARSZAWA | POL | K1 (18-35) | 8 | K 24 | 01:10:01.00 | 01:10:01.00 | 15:33 | 3.9 |
| 25 | GĘBALSKA AGNIESZKA | 29 | | WARSZAWA | POL | K1 (18-35) | 9 | K 25 | 01:10:03.00 | 01:10:03.00 | 15:34 | 3.9 |
| 26 | LEŚNIAK AGNIESZKA | 138 | | OŚWIĘCIM | POL | K2 (36-49) | 17 | K 26 | 01:10:14.00 | 01:10:14.00 | 15:36 | 3.8 |
| 27 | KUKŁA KATARZYNA | 163 | | KRAKÓW | POL | K2 (36-49) | 18 | K 27 | 01:10:52.00 | 01:10:52.00 | 15:44 | 3.8 |
| 28 | STAWOWCZYK MARZENA | 39 | | ZABRZE | POL | K1 (18-35) | 10 | K 28 | 01:12:31.00 | 01:12:31.00 | 16:06 | 3.7 |
| 29 | STAWIŃSKA AGATA | 171 | JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | K1 (18-35) | 11 | K 29 | 01:12:40.00 | 01:12:40.00 | 16:08 | 3.7 |
| 30 | MALISZEWSKA MARTA | 111 | KINGRUNNER ULTRA | ZAKOPANE | POL | K2 (36-49) | 19 | K 30 | 01:13:02.00 | 01:13:02.00 | 16:13 | 3.7 |
| 31 | BAKA ILONA | 93 | BEFIT24TEAM | DĄBRÓWKA | POL | K1 (18-35) | 12 | K 31 | 01:13:11.00 | 01:13:11.00 | 16:15 | 3.7 |
| 32 | ŻYCHOWICZ MAGDALENA | 92 | | MIECHÓW | POL | K1 (18-35) | 13 | K 32 | 01:13:15.00 | 01:13:15.00 | 16:16 | 3.7 |
| 33 | CYBULSKA MONIKA | 64 | | JÓZEFÓW | POL | K2 (36-49) | 20 | K 33 | 01:13:25.00 | 01:13:25.00 | 16:18 | 3.7 |
| 34 | PRZYBYŁA MAGDALENA | 123 | | RYDUŁTOWY | POL | K1 (18-35) | 14 | K 34 | 01:13:28.00 | 01:13:28.00 | 16:19 | 3.7 |
| 35 | HUDOMIĘT DOROTA | 174 | | RABA WYŻNA | POL | K1 (18-35) | 15 | K 35 | 01:14:25.00 | 01:14:25.00 | 16:32 | 3.6 |
| 36 | GUZIAK IRENA | 153 | OBIDOWA GŁUSZEC | CZARNY DUNAJEC | POL | K3 (50+) | 1 | K 36 | 01:14:35.00 | 01:14:35.00 | 16:34 | 3.6 |
| 37 | DUDA BOGUSIA | 145 | | RABA WYŻNA | POL | K2 (36-49) | 21 | K 37 | 01:15:30.00 | 01:15:30.00 | 16:46 | 3.6 |
| 38 | MAŁECKA MARTA | 137 | | OŚWIĘCIM | POL | K2 (36-49) | 22 | K 38 | 01:15:50.00 | 01:15:50.00 | 16:51 | 3.6 |
| 39 | PASZKOWSKA BARBARA | 110 | | SUWAŁKI | POL | K2 (36-49) | 23 | K 39 | 01:15:53.00 | 01:15:53.00 | 16:51 | 3.6 |
| 40 | KOPIEC ESTERA | 10 | POWOLIDOCELU | BRZESZCZE | POL | K2 (36-49) | 24 | K 40 | 01:18:01.00 | 01:18:01.00 | 17:20 | 3.5 |
| 41 | BAJOŁEK ALEKSANDRA | 28 | | KRAKÓW | POL | K3 (50+) | 2 | K 41 | 01:18:09.00 | 01:18:09.00 | 17:22 | 3.5 |
| 42 | TOBER NATALIA | 177 | | WARSZAWA | POL | K1 (18-35) | 16 | K 42 | 01:20:15.00 | 01:20:15.00 | 17:50 | 3.4 |
| 43 | IWANIEC EWA | 66 | | WARSZAWA | POL | K2 (36-49) | 25 | K 43 | 01:20:38.00 | 01:20:38.00 | 17:55 | 3.3 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN Kobiety c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|---------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 44 | IWULSKA JOANNA | 72 | | SZARÓW | POL | K2 (36-49) | 26 | K 44 | 01:20:52.00 | 01:20:52.00 | 17:58 | 3.3 |
| 45 | SŁOMSKA KAMILA | 5 | | CHRZANÓW | POL | K1 (18-35) | 17 | K 45 | 01:21:42.00 | 01:21:42.00 | 18:09 | 3.3 |
| 46 | SZYŃSKA ALICJA | 120 | | WROCŁAW | POL | K2 (36-49) | 27 | K 46 | 01:24:24.00 | 01:24:24.00 | 18:45 | 3.2 |
| 47 | ŁAGOSZ EWELINA | 19 | | BRZEZINKA | POL | K2 (36-49) | 28 | K 47 | 01:25:33.00 | 01:25:33.00 | 19:00 | 3.2 |
| 48 | BROMBEREK MAJA | 83 | | MUROWANA GOŚLINA | POL | K1 (18-35) | 18 | K 48 | 01:25:36.00 | 01:25:36.00 | 19:01 | 3.2 |
| 49 | SADŁOK ANNA | 129 | | JAWISZOWICE | POL | K2 (36-49) | 29 | K 49 | 01:26:06.00 | 01:26:06.00 | 19:08 | 3.1 |
| 50 | HOŁUJ BARBARA | 21 | | KRAKÓW | POL | K3 (50+) | 3 | K 50 | 01:26:22.00 | 01:26:22.00 | 19:11 | 3.1 |
| 51 | RUDNICKA AGATA | 59 | | WARSZAWA | POL | K3 (50+) | 4 | K 51 | 01:29:09.00 | 01:29:09.00 | 19:48 | 3 |
| 52 | MYTIAI OKSANA | 104 | POWOLI DO CELU | WOLA | POL | K2 (36-49) | 30 | K 52 | 01:33:11.00 | 01:33:11.00 | 20:42 | 2.9 |
| 53 | SUCHECKA MAŁGORZATA | 139 | | OŚWIĘCIM | POL | K2 (36-49) | 31 | K 53 | 01:33:49.00 | 01:33:49.00 | 20:50 | 2.9 |
| 54 | DOROBISZ MAGDALENA | 57 | #DIABLAK120 | SOSNOWIEC | POL | K2 (36-49) | 32 | K 54 | 01:34:24.00 | 01:34:24.00 | 20:58 | 2.9 |
| 55 | WIERUSZEWSKA AGATA | 166 | | WARSZAWA | POL | K2 (36-49) | 33 | K 55 | 01:38:26.00 | 01:38:26.00 | 21:52 | 2.7 |
| 56 | WITECKA AGNIESZKA | 76 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K2 (36-49) | 34 | K 56 | 01:39:37.00 | 01:39:37.00 | 22:08 | 2.7 |
| 57 | BINCZYCKA KATARZYNA | 127 | | BĘBŁO | POL | K1 (18-35) | 19 | K 57 | 01:49:53.00 | 01:49:53.00 | 24:25 | 2.5 |
| 58 | ZGODA KAROLINA | 131 | | JERZMANOWICE | POL | K1 (18-35) | 20 | K 58 | 01:50:19.00 | 01:50:19.00 | 24:30 | 2.4 |
| 59 | ZGODA MARTYNA | 134 | | BĘBŁO | POL | K1 (18-35) | 21 | K 59 | 01:51:39.00 | 01:51:39.00 | 24:48 | 2.4 |
| 60 | BIGA MAŁGORZATA | 33 | | OSTRĘŻNICA | POL | K1 (18-35) | 22 | K 60 | 01:51:49.00 | 01:51:49.00 | 24:50 | 2.4 |
| 61 | HANDY SAMANTA | 11 | POWOLI DO CELU | KĘTY | POL | K1 (18-35) | 23 | K 61 | 01:51:54.00 | 01:51:54.00 | 24:52 | 2.4 |
| 62 | KUKLA AGATA | 16 | POWOLI DO CELU | BRZESZCZE | POL | K2 (36-49) | 35 | K 62 | 01:51:59.00 | 01:51:59.00 | 24:53 | 2.4 |
| 63 | FRONCKIEWICZ EWELINA | 168 | | DROGOMYŚL | POL | K2 (36-49) | 36 | K 63 | 02:03:27.00 | 02:03:27.00 | 27:26 | 2.2 |
| 64 | DZIERŻANOWSKA BEATA | 102 | | OPOLE | POL | K3 (50+) | 5 | K 64 | 02:10:09.00 | 02:10:09.00 | 28:55 | 2.1 |
| 65 | SZEWczyk GABRIEL | 169 | | DROGOMYŚL | POL | K2 (36-49) | 37 | K 65 | 02:15:16.00 | 02:15:16.00 | 30:03 | 2 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|-----------------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | JAWORSKI ZBIGNIEW | 114 | | KLUSZKOWCE | POL | M2 (36-49) | 1 | M 1 | 00:38:59.00 | 00:38:59.00 | 8:39 | 6.9 |
| 2 | MAREK DARIUSZ | 124 | MONK SANDALS / INOV-8 | WIELICZKA | POL | M2 (36-49) | 2 | M 2 | 00:39:45.00 | 00:39:45.00 | 8:50 | 6.8 |
| 3 | TUKA MICHAŁ | 13 | NIŻNÁ | NIŻNÁ | SVK | M1 (18-35) | 1 | M 3 | 00:40:21.00 | 00:40:21.00 | 8:58 | 6.7 |
| 4 | ŻÓŁTEK GRZEGORZ | 51 | | SPYTKOWICE | POL | M1 (18-35) | 2 | M 4 | 00:40:46.00 | 00:40:46.00 | 9:03 | 6.6 |
| 5 | KIDOŃ ROBERT | 36 | ORAWARUN | LIPNICA MAŁA | POL | M1 (18-35) | 3 | M 5 | 00:41:51.00 | 00:41:51.00 | 9:18 | 6.5 |
| 6 | ORZEŁ KRZYSZTOF | 136 | GRUPA ZUE | WEGRZCZE WIELKIE | POL | M2 (36-49) | 3 | M 6 | 00:44:27.00 | 00:44:27.00 | 9:52 | 6.1 |
| 7 | WRÓBEL PRZEMYSŁAW | 119 | | STRYSZÓW | POL | M2 (36-49) | 4 | M 7 | 00:44:39.00 | 00:44:39.00 | 9:55 | 6 |
| 8 | AUGUSTYŃSKI SYLWESTER | 161 | GRUPA LUKTRANS | KRAKÓW | POL | M2 (36-49) | 5 | M 8 | 00:44:54.00 | 00:44:54.00 | 9:58 | 6 |
| 9 | MAGERCAK MIŁOS | 56 | DYNAMECKO | SUCHÁ HORA | SVK | M1 (18-35) | 4 | M 9 | 00:45:11.00 | 00:45:11.00 | 10:02 | 6 |
| 10 | LAZAR PAWEŁ | 41 | | WIŚLA | POL | M1 (18-35) | 5 | M 10 | 00:45:49.00 | 00:45:49.00 | 10:10 | 5.9 |
| 11 | GÓRA DANIEL | 165 | | ŁÓDŹ | POL | M1 (18-35) | 6 | M 11 | 00:46:08.00 | 00:46:08.00 | 10:15 | 5.9 |
| 12 | PYREK PRZEMYSŁAW | 30 | TRAINING BY PP | OŚWIĘCIM | POL | M1 (18-35) | 7 | M 12 | 00:46:30.00 | 00:46:30.00 | 10:20 | 5.8 |
| 13 | KUCEK WOJCIECH | 71 | | LIPNICA WIELKA | POL | M1 (18-35) | 8 | M 13 | 00:47:35.00 | 00:47:35.00 | 10:34 | 5.7 |
| 14 | KUBIN IRENEUSZ | 164 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | M2 (36-49) | 6 | M 14 | 00:47:49.00 | 00:47:49.00 | 10:37 | 5.6 |
| 15 | JĘDRASZCZYK MATEUSZ | 113 | | PODHALE | POL | M1 (18-35) | 9 | M 15 | 00:48:10.00 | 00:48:10.00 | 10:42 | 5.6 |
| 16 | BUCHERT FILIP | 61 | MULKS JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | M1 (18-35) | 10 | M 16 | 00:48:50.00 | 00:48:50.00 | 10:51 | 5.5 |
| 17 | LAZAR PAWEŁ | 38 | | WIŚLA | POL | M1 (18-35) | 11 | M 17 | 00:49:16.00 | 00:49:16.00 | 10:56 | 5.5 |
| 18 | KUŁAGA SEBASTIAN | 155 | MIRAZ RACE TEAM | MYSŁOWICE | POL | M2 (36-49) | 7 | M 18 | 00:49:19.00 | 00:49:19.00 | 10:57 | 5.5 |
| 19 | ZACHARA DAWID | 173 | | MOKRZYSKA | POL | M1 (18-35) | 12 | M 19 | 00:50:12.00 | 00:50:12.00 | 11:09 | 5.4 |
| 20 | WOŹNIAK MICHAŁ | 3 | GLADIATORS BY RMF4RT | PODOLSZE | POL | M1 (18-35) | 13 | M 20 | 00:50:14.00 | 00:50:14.00 | 11:09 | 5.4 |
| 21 | KIEC MATEUSZ | 77 | PRZENOSIMY GÓRY | BIERUŃ | POL | M1 (18-35) | 14 | M 21 | 00:50:57.00 | 00:50:57.00 | 11:19 | 5.3 |
| 22 | DZIEDZIC MARCIN | 117 | | ORAWKA | POL | M1 (18-35) | 15 | M 22 | 00:51:21.00 | 00:51:21.00 | 11:24 | 5.3 |
| 23 | JAGÓDKA PAWEŁ | 141 | TC ORZEŁ SPYTKOWICE | JORDANÓW | POL | M2 (36-49) | 8 | M 23 | 00:51:35.00 | 00:51:35.00 | 11:27 | 5.2 |
| 24 | OLECHNOWICZ ROBERT | 133 | | WROCŁAW | POL | M3 (50+) | 1 | M 24 | 00:51:56.00 | 00:51:56.00 | 11:32 | 5.2 |
| 25 | KARPIEL TOMASZ | 149 | | RATUŁÓW | POL | M1 (18-35) | 16 | M 25 | 00:52:47.00 | 00:52:47.00 | 11:43 | 5.1 |
| 26 | WRUK REMIGIUSZ | 40 | TATRA RUNNING TEAM | OPOLE | POL | M3 (50+) | 2 | M 26 | 00:53:40.00 | 00:53:40.00 | 11:55 | 5 |
| 27 | SĄŁACIAK BARTŁOMEJ | 147 | | DOBROŃ | POL | M1 (18-35) | 17 | M 27 | 00:53:54.00 | 00:53:54.00 | 11:58 | 5 |
| 28 | BARABASZ RADOSŁAW | 103 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 18 | M 28 | 00:54:42.00 | 00:54:42.00 | 12:09 | 4.9 |
| 29 | WIELGOS ŁUKASZ | 55 | | KRAKÓW | POL | M1 (18-35) | 19 | M 29 | 00:54:45.00 | 00:54:45.00 | 12:10 | 4.9 |
| 30 | TRUSZEL MARCIN TRUSZEL | 54 | KW KRAKÓW | GLOGOCZOW | POL | M2 (36-49) | 9 | M 30 | 00:55:02.00 | 00:55:02.00 | 12:13 | 4.9 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, OPEN Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|--|----------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 31 | KASZUBA BARTOSZ | 130 | FIT&SPORT | BIELSKO-BIAŁA | POL | M2 (36-49) | 10 | M 31 | 00:55:31.00 | 00:55:31.00 | 12:20 | 4.9 |
| 32 | IŚTOK SEBASTIAN | 170 | | PIEKIELNIK | POL | M1 (18-35) | 20 | M 32 | 00:56:41.00 | 00:56:41.00 | 12:35 | 4.8 |
| 33 | SZWAGRZYK MARCIN | 99 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 21 | M 33 | 00:57:18.00 | 00:57:18.00 | 12:44 | 4.7 |
| 34 | GAWEŁ BOGDAN | 22 | SYNTHOS | ZABORZE | POL | M3 (50+) | 3 | M 34 | 00:57:45.00 | 00:57:45.00 | 12:50 | 4.7 |
| 35 | ŁYCZAK ARTUR | 85 | KNURÓW MASTERS | KNURÓW | POL | M3 (50+) | 4 | M 35 | 00:57:57.00 | 00:57:57.00 | 12:52 | 4.7 |
| 36 | LASZCZAK ROBERT | 70 | | LIPOWA | POL | M1 (18-35) | 22 | M 36 | 00:58:18.00 | 00:58:18.00 | 12:57 | 4.6 |
| 37 | OTRĘBIAK MATEUSZ | 167 | | STUDZIONKI | POL | M1 (18-35) | 23 | M 37 | 00:58:40.00 | 00:58:40.00 | 13:02 | 4.6 |
| 38 | CEMBALA TOMASZ | 151 | | KALNA | POL | M2 (36-49) | 11 | M 38 | 00:58:52.00 | 00:58:52.00 | 13:04 | 4.6 |
| 39 | PARZNIIEWSKI MACIEJ | 95 | TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA | NOWY DWÓR MAZOWIECKI | POL | M2 (36-49) | 12 | M 39 | 00:59:07.00 | 00:59:07.00 | 13:08 | 4.6 |
| 40 | DRWAŁ TOMASZ | 160 | SKRAJNA 5 | KRAKOW | POL | M2 (36-49) | 13 | M 40 | 00:59:12.00 | 00:59:12.00 | 13:09 | 4.6 |
| 41 | KOZAK MATT | 125 | KOZAK TEAM | KICZORY | POL | M1 (18-35) | 24 | M 41 | 00:59:30.00 | 00:59:30.00 | 13:13 | 4.5 |
| 42 | SZCZERBA ADAM | 176 | | PIEKIELNIK | POL | M1 (18-35) | 25 | M 42 | 00:59:37.00 | 00:59:37.00 | 13:14 | 4.5 |
| 43 | SERWATKA ADRIAN | 148 | BIALI I MŁODZI | PORĘBA SPYTKOWSKA | POL | M1 (18-35) | 26 | M 43 | 00:59:39.00 | 00:59:39.00 | 13:15 | 4.5 |
| 44 | ŚPRLAK MIŁOŚ | 23 | | SUCHA HORA | SVK | M1 (18-35) | 27 | M 44 | 01:00:04.00 | 01:00:04.00 | 13:20 | 4.5 |
| 45 | PUCHACZ PIOTR | 109 | MPK/VELO | WARSZAWA | POL | M2 (36-49) | 14 | M 45 | 01:00:16.00 | 01:00:16.00 | 13:23 | 4.5 |
| 46 | GORKA ROBERT | 157 | WISLA-HOUSES | BRZESZCZE | POL | M2 (36-49) | 15 | M 46 | 01:00:49.00 | 01:00:49.00 | 13:30 | 4.4 |
| 47 | GRUCA MARIUSZ | 128 | | TARNOWSKIE GÓRY | POL | M1 (18-35) | 28 | M 47 | 01:00:52.00 | 01:00:52.00 | 13:31 | 4.4 |
| 48 | DZIERŻANOWSKI TOMASZ | 101 | | OPOLE | POL | M2 (36-49) | 16 | M 48 | 01:01:07.00 | 01:01:07.00 | 13:34 | 4.4 |
| 49 | HOŁUJ ANDRZEJ | 8 | | KRAKÓW | POL | M3 (50+) | 5 | M 49 | 01:01:14.00 | 01:01:14.00 | 13:36 | 4.4 |
| 50 | ZAJĄC KRYSZTIAN | 143 | | RABKA ZDRÓJ | POL | M1 (18-35) | 29 | M 50 | 01:01:56.00 | 01:01:56.00 | 13:45 | 4.4 |
| 51 | CZYŁOK TOMASZ | 88 | | KANIÓW | POL | M2 (36-49) | 17 | M 51 | 01:02:48.00 | 01:02:48.00 | 13:57 | 4.3 |
| 52 | DAŁOMIS KAROL | 98 | CAPOTEAM | NOWY WIŚNICZ | POL | M1 (18-35) | 30 | M 52 | 01:03:02.00 | 01:03:02.00 | 14:00 | 4.3 |
| 53 | KAMIŃSKI MARCIN | 17 | BURTON | CZESKI CIESZYN | CZE | M3 (50+) | 6 | M 53 | 01:03:25.00 | 01:03:25.00 | 14:05 | 4.3 |
| 54 | ŻYLSKI JANUSZ | 108 | | WIELICZKA | POL | M3 (50+) | 7 | M 54 | 01:03:37.00 | 01:03:37.00 | 14:08 | 4.2 |
| 55 | WNUK ADRIAN | 96 | | EUGENIÓW | POL | M1 (18-35) | 31 | M 55 | 01:04:02.00 | 01:04:02.00 | 14:13 | 4.2 |
| 56 | PODLEWSKI WOJCIECH | 90 | KS SPORTIVA | TARNÓW | POL | M3 (50+) | 8 | M 56 | 01:04:54.00 | 01:04:54.00 | 14:25 | 4.2 |
| 57 | SZABELAK WITOLD | 112 | KINGRUNNER ULTRA | ZAKOPANE | POL | M2 (36-49) | 18 | M 57 | 01:06:17.00 | 01:06:17.00 | 14:43 | 4.1 |
| 58 | GÓRAK PIOTR | 53 | | SOSNOWIEC | POL | M2 (36-49) | 19 | M 58 | 01:06:23.00 | 01:06:23.00 | 14:45 | 4.1 |
| 59 | MAJEWSKI SZYMON | 26 | | KRAKÓW | POL | M2 (36-49) | 20 | M 59 | 01:06:27.00 | 01:06:27.00 | 14:46 | 4.1 |
| 60 | SKOCZYŁAS PIOTR | 172 | ENDURANCE TEAM | CHORZÓW | POL | M2 (36-49) | 21 | M 60 | 01:06:37.00 | 01:06:37.00 | 14:48 | 4.1 |
| 61 | BYRCZEK BARTOSZ | 97 | BEFIT24TEAM | MIECHÓW | POL | M2 (36-49) | 22 | M 61 | 01:08:38.00 | 01:08:38.00 | 15:15 | 3.9 |
| 62 | CZOSNEK DANIEL | 105 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKOW | POL | M1 (18-35) | 32 | M 62 | 01:09:44.00 | 01:09:44.00 | 15:29 | 3.9 |
| 63 | DUDA PAWEŁ | 144 | | RABA WYŻNA | POL | M1 (18-35) | 33 | M 63 | 01:10:06.00 | 01:10:06.00 | 15:34 | 3.9 |
| 64 | JACH DARIUSZ | 82 | | ŁÓDŹ | POL | M3 (50+) | 9 | M 64 | 01:10:11.00 | 01:10:11.00 | 15:35 | 3.8 |
| 65 | KUKLA GRZEGORZ | 162 | | KRAKÓW | POL | M2 (36-49) | 23 | M 65 | 01:10:58.00 | 01:10:58.00 | 15:46 | 3.8 |
| 66 | ŻUREK MARIUSZ | 86 | | RAWICZ | POL | M3 (50+) | 10 | M 66 | 01:12:11.00 | 01:12:11.00 | 16:02 | 3.7 |
| 67 | MATUSZEK PIOTR | 52 | #DIABLAK120 | ŻYWIEC | POL | M1 (18-35) | 34 | M 67 | 01:12:42.00 | 01:12:42.00 | 16:09 | 3.7 |
| 68 | SOWIŃSKI DARIUSZ | 116 | SOWSTOL | WIRY | POL | M2 (36-49) | 24 | M 68 | 01:13:39.00 | 01:13:39.00 | 16:22 | 3.7 |
| 69 | SERAFIN KRZYSZTOF | 89 | | MORDARKA | POL | M2 (36-49) | 25 | M 69 | 01:16:56.00 | 01:16:56.00 | 17:05 | 3.5 |
| 70 | MAJECKI TOMASZ | 6 | | CHRZANÓW | POL | M1 (18-35) | 35 | M 70 | 01:21:48.00 | 01:21:48.00 | 18:10 | 3.3 |
| 71 | JELIŃSKI SEBASTIAN | 121 | | WROCŁAW | POL | M2 (36-49) | 26 | M 71 | 01:25:28.00 | 01:25:28.00 | 18:59 | 3.2 |
| 72 | HABIERA ROBERT | 60 | | WARSZAWA | POL | M3 (50+) | 11 | M 72 | 01:29:01.00 | 01:29:01.00 | 19:46 | 3 |
| 73 | SMORAĞIEWICZ MARCIN | 65 | | WARSZAWA | POL | M2 (36-49) | 27 | M 73 | 01:31:57.00 | 01:31:57.00 | 20:26 | 2.9 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, K1 (18-35)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|-----------------------------|--------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | ORKWISZEWSKA OLI | 152 | SCARPA TEAM POLSKA | BIERUŃ | POL | K1 (18-35) | 1 | K 1 | 00:50:55.00 | 00:50:55.00 | 11:18 | 5.3 |
| 2 | KIDOŃ ANNA | 37 | ORAWARUN | LIPNICA MAŁA | POL | K1 (18-35) | 2 | K 2 | 00:55:05.00 | 00:55:05.00 | 12:14 | 4.9 |
| 3 | SOBIŁO EWA | 150 | | RZESZÓW | POL | K1 (18-35) | 3 | K 5 | 00:56:39.00 | 00:56:39.00 | 12:35 | 4.8 |
| 4 | GRABSKA EWA | 100 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | K1 (18-35) | 4 | K 7 | 00:57:16.00 | 00:57:16.00 | 12:43 | 4.7 |
| 5 | HOŁYŃSKA-URBASIK KAROLINA | 122 | | RYDUŁTOWY | POL | K1 (18-35) | 5 | K 9 | 01:00:19.00 | 01:00:19.00 | 13:24 | 4.5 |
| 6 | MYŚLIWIEC MONIKA | 9 | POWOLI DO CELU | BRZESZCZE | POL | K1 (18-35) | 6 | K 15 | 01:05:32.00 | 01:05:32.00 | 14:33 | 4.1 |
| 7 | CHRULSKA JOANNA | 106 | | AUGUSTÓW | POL | K1 (18-35) | 7 | K 18 | 01:08:30.00 | 01:08:30.00 | 15:13 | 3.9 |
| 8 | KOSIŃSKA ASIA | 34 | | WARSZAWA | POL | K1 (18-35) | 8 | K 24 | 01:10:01.00 | 01:10:01.00 | 15:33 | 3.9 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, K1 (18-35) c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|--------------------|------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 9 | GĘBALSKA AGNIESZKA | 29 | | WARSZAWA | POL | K1 (18-35) | 9 | K 25 | 01:10:03.00 | 01:10:03.00 | 15:34 | 3.9 |
| 10 | STAWOWCZYK MARZENA | 39 | | ZABRZE | POL | K1 (18-35) | 10 | K 28 | 01:12:31.00 | 01:12:31.00 | 16:06 | 3.7 |
| 11 | STAWIŃSKA AGATA | 171 | JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | K1 (18-35) | 11 | K 29 | 01:12:40.00 | 01:12:40.00 | 16:08 | 3.7 |
| 12 | BAKA ILONA | 93 | BEFIT24TEAM | DĄBRÓWKA | POL | K1 (18-35) | 12 | K 31 | 01:13:11.00 | 01:13:11.00 | 16:15 | 3.7 |
| 13 | ŻYCHOWICZ MAGDALENA | 92 | | MIECHÓW | POL | K1 (18-35) | 13 | K 32 | 01:13:15.00 | 01:13:15.00 | 16:16 | 3.7 |
| 14 | PRZYBYŁA MAGDALENA | 123 | | RYDUŁTOWY | POL | K1 (18-35) | 14 | K 34 | 01:13:28.00 | 01:13:28.00 | 16:19 | 3.7 |
| 15 | HUDOMIĘT DOROTA | 174 | | RABA WYŻNA | POL | K1 (18-35) | 15 | K 35 | 01:14:25.00 | 01:14:25.00 | 16:32 | 3.6 |
| 16 | TOBER NATALIA | 177 | | WARSZAWA | POL | K1 (18-35) | 16 | K 42 | 01:20:15.00 | 01:20:15.00 | 17:50 | 3.4 |
| 17 | SŁOMSKA KAMILA | 5 | | CHRZANÓW | POL | K1 (18-35) | 17 | K 45 | 01:21:42.00 | 01:21:42.00 | 18:09 | 3.3 |
| 18 | BROMBEREK MAJA | 83 | | MUROWANA GOŚLINA | POL | K1 (18-35) | 18 | K 48 | 01:25:36.00 | 01:25:36.00 | 19:01 | 3.2 |
| 19 | BINCZYCKA KATARZYNA | 127 | | BĘBŁO | POL | K1 (18-35) | 19 | K 57 | 01:49:53.00 | 01:49:53.00 | 24:25 | 2.5 |
| 20 | ZGODA KAROLINA | 131 | | JERZMANOWICE | POL | K1 (18-35) | 20 | K 58 | 01:50:19.00 | 01:50:19.00 | 24:30 | 2.4 |
| 21 | ZGODA MARTYNA | 134 | | BĘBŁO | POL | K1 (18-35) | 21 | K 59 | 01:51:39.00 | 01:51:39.00 | 24:48 | 2.4 |
| 22 | BIGA MAŁGORZATA | 33 | | OSTRĘŻNICA | POL | K1 (18-35) | 22 | K 60 | 01:51:49.00 | 01:51:49.00 | 24:50 | 2.4 |
| 23 | HANDY SAMANTA | 11 | POWOLI DO CELU | KĘTY | POL | K1 (18-35) | 23 | K 61 | 01:51:54.00 | 01:51:54.00 | 24:52 | 2.4 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, M1 (18-35)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|-----------------------------|-------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | TUKA MICHAŁ | 13 | NIŻNĄ | NIŻNĄ | SVK | M1 (18-35) | 1 | M 3 | 00:40:21.00 | 00:40:21.00 | 8:58 | 6.7 |
| 2 | ŻÓŁTEK GRZEGORZ | 51 | | SPYTKOWICE | POL | M1 (18-35) | 2 | M 4 | 00:40:46.00 | 00:40:46.00 | 9:03 | 6.6 |
| 3 | KIDŃ ROBERT | 36 | ORAWARUN | LIPNICA MAŁA | POL | M1 (18-35) | 3 | M 5 | 00:41:51.00 | 00:41:51.00 | 9:18 | 6.5 |
| 4 | MAGERCAK MIŁOS | 56 | DYNAMECKO | SUCHÁ HORA | SVK | M1 (18-35) | 4 | M 9 | 00:45:11.00 | 00:45:11.00 | 10:02 | 6 |
| 5 | LAZAR PAWEŁ | 41 | | WISŁA | POL | M1 (18-35) | 5 | M 10 | 00:45:49.00 | 00:45:49.00 | 10:10 | 5.9 |
| 6 | GÓRA DANIEL | 165 | | ŁÓDŹ | POL | M1 (18-35) | 6 | M 11 | 00:46:08.00 | 00:46:08.00 | 10:15 | 5.9 |
| 7 | PYREK PRZEMYSŁAW | 30 | TRAINING BY PP | OŚWIĘCIM | POL | M1 (18-35) | 7 | M 12 | 00:46:30.00 | 00:46:30.00 | 10:20 | 5.8 |
| 8 | KUCEK WOJCIECH | 71 | | LIPNICA WIELKA | POL | M1 (18-35) | 8 | M 13 | 00:47:35.00 | 00:47:35.00 | 10:34 | 5.7 |
| 9 | JĘDRASZCZYK MATEUSZ | 113 | | PODHALE | POL | M1 (18-35) | 9 | M 15 | 00:48:10.00 | 00:48:10.00 | 10:42 | 5.6 |
| 10 | BUCHERT FILIP | 61 | MULKS JUVENIA GŁUCHOŁAZY | GŁUCHOŁAZY | POL | M1 (18-35) | 10 | M 16 | 00:48:50.00 | 00:48:50.00 | 10:51 | 5.5 |
| 11 | LAZAR PAWEŁ | 38 | | WISŁA | POL | M1 (18-35) | 11 | M 17 | 00:49:16.00 | 00:49:16.00 | 10:56 | 5.5 |
| 12 | ZACHARA DAWID | 173 | | MOKRZYSKA | POL | M1 (18-35) | 12 | M 19 | 00:50:12.00 | 00:50:12.00 | 11:09 | 5.4 |
| 13 | WOŹNIAK MICHAŁ | 3 | GLADIATORS BY RMF4RT | PODOLSZE | POL | M1 (18-35) | 13 | M 20 | 00:50:14.00 | 00:50:14.00 | 11:09 | 5.4 |
| 14 | KIEC MATEUSZ | 77 | PRZENOSIMY GÓRY | BIERUŃ | POL | M1 (18-35) | 14 | M 21 | 00:50:57.00 | 00:50:57.00 | 11:19 | 5.3 |
| 15 | DZIEDZIC MARCIN | 117 | | ORAWKA | POL | M1 (18-35) | 15 | M 22 | 00:51:21.00 | 00:51:21.00 | 11:24 | 5.3 |
| 16 | KARPIEL TOMASZ | 149 | | RATUŁÓW | POL | M1 (18-35) | 16 | M 25 | 00:52:47.00 | 00:52:47.00 | 11:43 | 5.1 |
| 17 | SĄŁACIAK BARTŁOMIEJ | 147 | | DOBRON | POL | M1 (18-35) | 17 | M 27 | 00:53:54.00 | 00:53:54.00 | 11:58 | 5 |
| 18 | BARABASZ RADOSŁAW | 103 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 18 | M 28 | 00:54:42.00 | 00:54:42.00 | 12:09 | 4.9 |
| 19 | WIELGOS ŁUKASZ | 55 | | KRAKÓW | POL | M1 (18-35) | 19 | M 29 | 00:54:45.00 | 00:54:45.00 | 12:10 | 4.9 |
| 20 | IŚTOK SEBASTIAN | 170 | | PIEKIELNIK | POL | M1 (18-35) | 20 | M 32 | 00:56:41.00 | 00:56:41.00 | 12:35 | 4.8 |
| 21 | SZWAGRZYK MARCIN | 99 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 21 | M 33 | 00:57:18.00 | 00:57:18.00 | 12:44 | 4.7 |
| 22 | ŁASZCZAK ROBERT | 70 | | LIPOWA | POL | M1 (18-35) | 22 | M 36 | 00:58:18.00 | 00:58:18.00 | 12:57 | 4.6 |
| 23 | OTRĘBIAK MATEUSZ | 167 | | STUDZIONKI | POL | M1 (18-35) | 23 | M 37 | 00:58:40.00 | 00:58:40.00 | 13:02 | 4.6 |
| 24 | KOZAK MATT | 125 | KOZAK TEAM | KICZORY | POL | M1 (18-35) | 24 | M 41 | 00:59:30.00 | 00:59:30.00 | 13:13 | 4.5 |
| 25 | SZCZERBA ADAM | 176 | | PIEKIELNIK | POL | M1 (18-35) | 25 | M 42 | 00:59:37.00 | 00:59:37.00 | 13:14 | 4.5 |
| 26 | SERWATKA ADRIAN | 148 | BIALI I MŁODZI | PORĘBA SPYTKOWSKA | POL | M1 (18-35) | 26 | M 43 | 00:59:39.00 | 00:59:39.00 | 13:15 | 4.5 |
| 27 | ŚPRLAK MIŁOŚ | 23 | | SUCHÁ HORA | SVK | M1 (18-35) | 27 | M 44 | 01:00:04.00 | 01:00:04.00 | 13:20 | 4.5 |
| 28 | GRUCA MARIUSZ | 128 | | TARNOWSKIE GÓRY | POL | M1 (18-35) | 28 | M 47 | 01:00:52.00 | 01:00:52.00 | 13:31 | 4.4 |
| 29 | ZAJĄC KRYSZTIAN | 143 | | RABKA ZDRÓJ | POL | M1 (18-35) | 29 | M 50 | 01:01:56.00 | 01:01:56.00 | 13:45 | 4.4 |
| 30 | DAŁOMIS KAROL | 98 | CAPOTEAM | NOWY WIŚNICZ | POL | M1 (18-35) | 30 | M 52 | 01:03:02.00 | 01:03:02.00 | 14:00 | 4.3 |
| 31 | WNUK ADRIAN | 96 | | EUGENIÓW | POL | M1 (18-35) | 31 | M 55 | 01:04:02.00 | 01:04:02.00 | 14:13 | 4.2 |
| 32 | CZOSNEK DANIEL | 105 | SEKCJA BIEGOWA GRUPY PIWNEJ | KRAKÓW | POL | M1 (18-35) | 32 | M 62 | 01:09:44.00 | 01:09:44.00 | 15:29 | 3.9 |
| 33 | DUDA PAWEŁ | 144 | | RABA WYŻNA | POL | M1 (18-35) | 33 | M 63 | 01:10:06.00 | 01:10:06.00 | 15:34 | 3.9 |
| 34 | MATUSZEK PIOTR | 52 | #DIABLAK120 | ŻYWIEC | POL | M1 (18-35) | 34 | M 67 | 01:12:42.00 | 01:12:42.00 | 16:09 | 3.7 |
| 35 | MAJECKI TOMASZ | 6 | | CHRZANÓW | POL | M1 (18-35) | 35 | M 70 | 01:21:48.00 | 01:21:48.00 | 18:10 | 3.3 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, K2 (36-49)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|-----|----------------------------|-----------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | JASTER ANNA | 118 | | WARSZAWA | POL | K2 (36-49) | 1 | K 3 | 00:55:16.00 | 00:55:16.00 | 12:16 | 4.9 |
| 2 | BIESZCZAD PATRYCJA | 44 | FIT&SPORT | BIELSKO BIAŁA | POL | K2 (36-49) | 2 | K 4 | 00:56:21.00 | 00:56:21.00 | 12:31 | 4.8 |
| 3 | PACHURA KINGA | 666 | | MSZANA DOLNA | POL | K2 (36-49) | 3 | K 6 | 00:57:06.00 | 00:57:06.00 | 12:41 | 4.7 |
| 4 | STRASZKO MONIKA | 126 | | WROCLAW | POL | K2 (36-49) | 4 | K 8 | 00:57:34.00 | 00:57:34.00 | 12:47 | 4.7 |
| 5 | GAŚNICA-ROJ ANNA | 154 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | K2 (36-49) | 5 | K 10 | 01:00:45.00 | 01:00:45.00 | 13:30 | 4.4 |
| 6 | GACEK ALICJA | 156 | GŁUSZEC TEAM | NOWY TARG | POL | K2 (36-49) | 6 | K 11 | 01:01:35.00 | 01:01:35.00 | 13:41 | 4.4 |
| 7 | KOCHANOWSKA MICHALINA | 31 | | STAWIGUDA | POL | K2 (36-49) | 7 | K 12 | 01:02:34.00 | 01:02:34.00 | 13:54 | 4.3 |
| 8 | PAWLIKOWSKA ANNA | 132 | | WROCLAW | POL | K2 (36-49) | 8 | K 13 | 01:04:12.00 | 01:04:12.00 | 14:16 | 4.2 |
| 9 | SROKA MAŁGORZATA | 140 | | WĘGRZCE WIELKIE | POL | K2 (36-49) | 9 | K 14 | 01:05:23.00 | 01:05:23.00 | 14:31 | 4.1 |
| 10 | ŁABĘCKA AGATA | 74 | KLUB BIEGACZA RTV EURO AGD | WARSZAWA | POL | K2 (36-49) | 10 | K 16 | 01:08:06.00 | 01:08:06.00 | 15:08 | 4 |
| 11 | KORZENIOWSKA MAŁGORZATA | 58 | METLIFE RUN | WARSZAWA | POL | K2 (36-49) | 11 | K 17 | 01:08:19.00 | 01:08:19.00 | 15:10 | 4 |
| 12 | WOJDAK ANNA | 63 | | PIASTÓW | POL | K2 (36-49) | 12 | K 19 | 01:08:32.00 | 01:08:32.00 | 15:13 | 3.9 |
| 13 | GACH-MICHALSKA JUSTYNA | 73 | | RZEZAWA | POL | K2 (36-49) | 13 | K 20 | 01:08:40.00 | 01:08:40.00 | 15:15 | 3.9 |
| 14 | KNAPCZYK-KANIA GABRIELA | 45 | BIENKÓWKA TEAM | BIENKÓWKA | POL | K2 (36-49) | 14 | K 21 | 01:09:13.00 | 01:09:13.00 | 15:22 | 3.9 |
| 15 | SZEJKA KATARZYNA | 75 | | JÓZEFÓW | POL | K2 (36-49) | 15 | K 22 | 01:09:17.00 | 01:09:17.00 | 15:23 | 3.9 |
| 16 | KATOLIK JOLANTA | 12 | | RACIBÓRZ | POL | K2 (36-49) | 16 | K 23 | 01:09:31.00 | 01:09:31.00 | 15:26 | 3.9 |
| 17 | LEŚNIAK AGNIESZKA | 138 | | OŚWIĘCIM | POL | K2 (36-49) | 17 | K 26 | 01:10:14.00 | 01:10:14.00 | 15:36 | 3.8 |
| 18 | KUKLA KATARZYNA | 163 | | KRAKÓW | POL | K2 (36-49) | 18 | K 27 | 01:10:52.00 | 01:10:52.00 | 15:44 | 3.8 |
| 19 | MALISZEWSKA MARTA | 111 | KINGRUNNER ULTRA | ZAKOPANE | POL | K2 (36-49) | 19 | K 30 | 01:13:02.00 | 01:13:02.00 | 16:13 | 3.7 |
| 20 | CYBULSKA MONIKA | 64 | | JÓZEFÓW | POL | K2 (36-49) | 20 | K 33 | 01:13:25.00 | 01:13:25.00 | 16:18 | 3.7 |
| 21 | DUDA BOGUSIA | 145 | | RABA WYŻNA | POL | K2 (36-49) | 21 | K 37 | 01:15:30.00 | 01:15:30.00 | 16:46 | 3.6 |
| 22 | MAŁECKA MARTA | 137 | | OŚWIĘCIM | POL | K2 (36-49) | 22 | K 38 | 01:15:50.00 | 01:15:50.00 | 16:51 | 3.6 |
| 23 | PASZKOWSKA BARBARA | 110 | | SUWAŁKI | POL | K2 (36-49) | 23 | K 39 | 01:15:53.00 | 01:15:53.00 | 16:51 | 3.6 |
| 24 | KOPIEC ESTERA | 10 | POWOLIDOCELU | BRZESZCZE | POL | K2 (36-49) | 24 | K 40 | 01:18:01.00 | 01:18:01.00 | 17:20 | 3.5 |
| 25 | IWANIEC EWA | 66 | | WARSZAWA | POL | K2 (36-49) | 25 | K 43 | 01:20:38.00 | 01:20:38.00 | 17:55 | 3.3 |
| 26 | IWULSKA JOANNA | 72 | | SZARÓW | POL | K2 (36-49) | 26 | K 44 | 01:20:52.00 | 01:20:52.00 | 17:58 | 3.3 |
| 27 | SZYŃSKA ALICJA | 120 | | WROCLAW | POL | K2 (36-49) | 27 | K 46 | 01:24:24.00 | 01:24:24.00 | 18:45 | 3.2 |
| 28 | ŁAGOSZ EWELINA | 19 | | BRZESZCZKA | POL | K2 (36-49) | 28 | K 47 | 01:25:33.00 | 01:25:33.00 | 19:00 | 3.2 |
| 29 | SADLOK ANNA | 129 | | JAWISZOWICE | POL | K2 (36-49) | 29 | K 49 | 01:26:06.00 | 01:26:06.00 | 19:08 | 3.1 |
| 30 | MYTIAI OKSANA | 104 | POWOLI DO CELU | WOLA | POL | K2 (36-49) | 30 | K 52 | 01:33:11.00 | 01:33:11.00 | 20:42 | 2.9 |
| 31 | SUCHECKA MAŁGORZATA | 139 | | OŚWIĘCIM | POL | K2 (36-49) | 31 | K 53 | 01:33:49.00 | 01:33:49.00 | 20:50 | 2.9 |
| 32 | DOROBISZ MAGDALENA | 57 | #DIABLA120 | SOSNOWIEC | POL | K2 (36-49) | 32 | K 54 | 01:34:24.00 | 01:34:24.00 | 20:58 | 2.9 |
| 33 | WIERUSZEWSKA AGATA | 166 | | WARSZAWA | POL | K2 (36-49) | 33 | K 55 | 01:38:26.00 | 01:38:26.00 | 21:52 | 2.7 |
| 34 | WITECKA AGNIESZKA | 76 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K2 (36-49) | 34 | K 56 | 01:39:37.00 | 01:39:37.00 | 22:08 | 2.7 |
| 35 | KUKLA AGATA | 16 | POWOLI DO CELU | BRZESZCZE | POL | K2 (36-49) | 35 | K 62 | 01:51:59.00 | 01:51:59.00 | 24:53 | 2.4 |
| 36 | FRONKIEWICZ EWELINA | 168 | | DROGOMYŚL | POL | K2 (36-49) | 36 | K 63 | 02:03:27.00 | 02:03:27.00 | 27:26 | 2.2 |
| 37 | SZEWCIK GABRIEL | 169 | | DROGOMYŚL | POL | K2 (36-49) | 37 | K 65 | 02:15:16.00 | 02:15:16.00 | 30:03 | 2 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, M2 (36-49)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|--|----------------------|------|------------|--------|------|-------------|-------------|--------|------|
| 1 | JAWORSKI ZBIGNIEW | 114 | | KLUSZKOWCE | POL | M2 (36-49) | 1 | M 1 | 00:38:59.00 | 00:38:59.00 | 8:39 | 6.9 |
| 2 | MAREK DARIUSZ | 124 | MONK SANDALS / INOV-8 | WIELICZKA | POL | M2 (36-49) | 2 | M 2 | 00:39:45.00 | 00:39:45.00 | 8:50 | 6.8 |
| 3 | ORZEŁ KRZYSZTOF | 136 | GRUPA ZUE | WĘGRZCE WIELKIE | POL | M2 (36-49) | 3 | M 6 | 00:44:27.00 | 00:44:27.00 | 9:52 | 6.1 |
| 4 | WRÓBEL PRZEMYSŁAW | 119 | | STRYSZÓW | POL | M2 (36-49) | 4 | M 7 | 00:44:39.00 | 00:44:39.00 | 9:55 | 6 |
| 5 | AUGUSTYŃSKI SYLWESTER | 161 | GRUPA LUKTRANS | KRAKÓW | POL | M2 (36-49) | 5 | M 8 | 00:44:54.00 | 00:44:54.00 | 9:58 | 6 |
| 6 | KUBIN IRENEUSZ | 164 | TG SOKÓŁ ZAKOPANE | ZAKOPANE | POL | M2 (36-49) | 6 | M 14 | 00:47:49.00 | 00:47:49.00 | 10:37 | 5.6 |
| 7 | KUŁAGA SEBASTIAN | 155 | MIRAZ RACE TEAM | MYSŁOWICE | POL | M2 (36-49) | 7 | M 18 | 00:49:19.00 | 00:49:19.00 | 10:57 | 5.5 |
| 8 | JAGÓDKA PAWEŁ | 141 | TC ORZEŁ SPYTKOWICE | JORDANÓW | POL | M2 (36-49) | 8 | M 23 | 00:51:35.00 | 00:51:35.00 | 11:27 | 5.2 |
| 9 | TRUSZEL MARCIN TRUSZEL | 54 | KW KRAKÓW | GLOGOCZÓW | POL | M2 (36-49) | 9 | M 30 | 00:55:02.00 | 00:55:02.00 | 12:13 | 4.9 |
| 10 | KASZUBA BARTOSZ | 130 | FIT&SPORT | BIELSKO-BIAŁA | POL | M2 (36-49) | 10 | M 31 | 00:55:31.00 | 00:55:31.00 | 12:20 | 4.9 |
| 11 | CEMBALA TOMASZ | 151 | | KALNA | POL | M2 (36-49) | 11 | M 38 | 00:58:52.00 | 00:58:52.00 | 13:04 | 4.6 |
| 12 | PARZNIEWSKI MACIEJ | 95 | TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA | NOWY DWÓR MAZOWIECKI | POL | M2 (36-49) | 12 | M 39 | 00:59:07.00 | 00:59:07.00 | 13:08 | 4.6 |
| 13 | DRWAŁ TOMASZ | 160 | SKRAJNA 5 | KRAKÓW | POL | M2 (36-49) | 13 | M 40 | 00:59:12.00 | 00:59:12.00 | 13:09 | 4.6 |
| 14 | PUCHACZ PIOTR | 109 | MPK/VELO | WARSZAWA | POL | M2 (36-49) | 14 | M 45 | 01:00:16.00 | 01:00:16.00 | 13:23 | 4.5 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, M2 (36-49) c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|------------------|-----------|------|------------|--------|------|-------------|-------------|--------|------|
| 15 | GORKA ROBERT | 157 | WISLA-HOUSES | BRZESZCZE | POL | M2 (36-49) | 15 | M 46 | 01:00:49.00 | 01:00:49.00 | 13:30 | 4.4 |
| 16 | DZIERŻANOWSKI TOMASZ | 101 | | OPOLE | POL | M2 (36-49) | 16 | M 48 | 01:01:07.00 | 01:01:07.00 | 13:34 | 4.4 |
| 17 | CZYŁOK TOMASZ | 88 | | KANIÓW | POL | M2 (36-49) | 17 | M 51 | 01:02:48.00 | 01:02:48.00 | 13:57 | 4.3 |
| 18 | SZABELAK WITOLD | 112 | KINGRUNNER ULTRA | ZAKOPANE | POL | M2 (36-49) | 18 | M 57 | 01:06:17.00 | 01:06:17.00 | 14:43 | 4.1 |
| 19 | GÓRAK PIOTR | 53 | | SOSNOWIEC | POL | M2 (36-49) | 19 | M 58 | 01:06:23.00 | 01:06:23.00 | 14:45 | 4.1 |
| 20 | MAJEWSKI SZYMON | 26 | | KRAKÓW | POL | M2 (36-49) | 20 | M 59 | 01:06:27.00 | 01:06:27.00 | 14:46 | 4.1 |
| 21 | SKOCZYŁAS PIOTR | 172 | ENDURANCE TEAM | CHORZÓW | POL | M2 (36-49) | 21 | M 60 | 01:06:37.00 | 01:06:37.00 | 14:48 | 4.1 |
| 22 | BYRCZEK BARTOSZ | 97 | BEFIT24TEAM | MIECHÓW | POL | M2 (36-49) | 22 | M 61 | 01:08:38.00 | 01:08:38.00 | 15:15 | 3.9 |
| 23 | KUKŁA GRZEGORZ | 162 | | KRAKÓW | POL | M2 (36-49) | 23 | M 65 | 01:10:58.00 | 01:10:58.00 | 15:46 | 3.8 |
| 24 | SOWIŃSKI DARIUSZ | 116 | SOWSTOL | WIRY | POL | M2 (36-49) | 24 | M 68 | 01:13:39.00 | 01:13:39.00 | 16:22 | 3.7 |
| 25 | SERAFIN KRZYSZTOF | 89 | | MORDARKA | POL | M2 (36-49) | 25 | M 69 | 01:16:56.00 | 01:16:56.00 | 17:05 | 3.5 |
| 26 | JELIŃSKI SEBASTIAN | 121 | | WROCŁAW | POL | M2 (36-49) | 26 | M 71 | 01:25:28.00 | 01:25:28.00 | 18:59 | 3.2 |
| 27 | SMORAĞIEWICZ MARCIN | 65 | | WARSZAWA | POL | M2 (36-49) | 27 | M 73 | 01:31:57.00 | 01:31:57.00 | 20:26 | 2.9 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, K3 (50+)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|-----------------|----------------|------|----------|--------|------|-------------|-------------|--------|------|
| 1 | GUZIAK IRENA | 153 | OBIDOWA GŁUSZEC | CZARNY DUNAJEC | POL | K3 (50+) | 1 | K 36 | 01:14:35.00 | 01:14:35.00 | 16:34 | 3.6 |
| 2 | BAJOŁEK ALEKSANDRA | 28 | | KRAKÓW | POL | K3 (50+) | 2 | K 41 | 01:18:09.00 | 01:18:09.00 | 17:22 | 3.5 |
| 3 | HOŁUJ BARBARA | 21 | | KRAKÓW | POL | K3 (50+) | 3 | K 50 | 01:26:22.00 | 01:26:22.00 | 19:11 | 3.1 |
| 4 | RUDNICKA AGATA | 59 | | WARSZAWA | POL | K3 (50+) | 4 | K 51 | 01:29:09.00 | 01:29:09.00 | 19:48 | 3 |
| 5 | DZIERŻANOWSKA BEATA | 102 | | OPOLE | POL | K3 (50+) | 5 | K 64 | 02:10:09.00 | 02:10:09.00 | 28:55 | 2.1 |

WIOSENNY BIEG WSCHODZĄCEGO SŁOŃCA, M3 (50+)

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|--------------------|----------------|------|----------|--------|------|-------------|-------------|--------|------|
| 1 | OLECHNOWICZ ROBERT | 133 | | WROCŁAW | POL | M3 (50+) | 1 | M 24 | 00:51:56.00 | 00:51:56.00 | 11:32 | 5.2 |
| 2 | WRUK REMIGIUSZ | 40 | TATRA RUNNING TEAM | OPOLE | POL | M3 (50+) | 2 | M 26 | 00:53:40.00 | 00:53:40.00 | 11:55 | 5 |
| 3 | GAWEŁ BOGDAN | 22 | SYNTHOS | ZABORZE | POL | M3 (50+) | 3 | M 34 | 00:57:45.00 | 00:57:45.00 | 12:50 | 4.7 |
| 4 | ŁYCZAK ARTUR | 85 | KNURÓW MASTERS | KNURÓW | POL | M3 (50+) | 4 | M 35 | 00:57:57.00 | 00:57:57.00 | 12:52 | 4.7 |
| 5 | HOŁUJ ANDRZEJ | 8 | | KRAKÓW | POL | M3 (50+) | 5 | M 49 | 01:01:14.00 | 01:01:14.00 | 13:36 | 4.4 |
| 6 | KAMIŃSKI MARCIN | 17 | BURTON | CZESKI CIESZYŃ | CZE | M3 (50+) | 6 | M 53 | 01:03:25.00 | 01:03:25.00 | 14:05 | 4.3 |
| 7 | ŻYLSKI JANUSZ | 108 | | WIELICZKA | POL | M3 (50+) | 7 | M 54 | 01:03:37.00 | 01:03:37.00 | 14:08 | 4.2 |
| 8 | PODLEWSKI WOJCIECH | 90 | KS SPORTIVA | TARNÓW | POL | M3 (50+) | 8 | M 56 | 01:04:54.00 | 01:04:54.00 | 14:25 | 4.2 |
| 9 | JACH DARIUSZ | 82 | | ŁÓDŹ | POL | M3 (50+) | 9 | M 64 | 01:10:11.00 | 01:10:11.00 | 15:35 | 3.8 |
| 10 | ŻUREK MARIUSZ | 86 | | RAWICZ | POL | M3 (50+) | 10 | M 66 | 01:12:11.00 | 01:12:11.00 | 16:02 | 3.7 |
| 11 | HABIERA ROBERT | 60 | | WARSZAWA | POL | M3 (50+) | 11 | M 72 | 01:29:01.00 | 01:29:01.00 | 19:46 | 3 |