

OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 5 KM

Organizator: Fundacja Herkules All Sports
 Data: 2021-06-06
 Miejsce: Mielno
 Dystans: 5 km
 Klasyfikacja wg czasów netto.


OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 5 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|-----------------------------|-----|----------------------------------|----------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | WITUCKI JACEK | 242 | | POZNAŃ | POL | M50-54 | 1 | M 1 | | | 00:19:48 | 00:39:37.45 | 7:55 | 7.6 |
| 2 | SZAMOTULSKI HENRYK | 214 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | TRZEBIATÓW | POL | M40-44 | 1 | M 2 | | | 00:20:30 | 00:40:52.05 | 8:10 | 7.3 |
| 3 | GWIZDAŁA ZBIGNIEW | 130 | | GOŁĄBEK | POL | M50-54 | 2 | M 3 | | | 00:20:55 | 00:42:50.65 | 8:34 | 7 |
| 4 | WOROCZ ROMAN | 245 | KGHM METRACO RUDNA | DOPIEWO | POL | M60-64 | 1 | M 4 | | | 00:21:15 | 00:42:54.95 | 8:34 | 7 |
| 5 | BRZOZOWSKI PIOTR | 106 | AKTYWNI POSTOMINO | SŁAWNO | POL | M30-39 | 1 | M 5 | | | 00:21:25 | 00:43:42.20 | 8:44 | 6.9 |
| 6 | KNITTER MICHAŁ | 144 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | M18-29 | 1 | M 6 | | | 00:22:12 | 00:43:57.20 | 8:47 | 6.8 |
| 7 | PARZYBUT JAN | 188 | POSTĘP PNIEWY TEAM | PNIEWY | POL | M55-59 | 1 | M 7 | | | 00:22:19 | 00:44:13.65 | 8:50 | 6.8 |
| 8 | FRĄCKOWIAK ROMAN | 118 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | WIELEŃ | POL | M50-54 | 3 | M 8 | | | 00:22:22 | 00:45:21.10 | 9:04 | 6.6 |
| 9 | KOPCZEWSKI DARIUSZ | 148 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | M55-59 | 2 | M 9 | | | 00:22:31 | 00:45:29.30 | 9:05 | 6.6 |
| 10 | PRZYBORKIEWICZ KRIS | 196 | PIERNIKI TORUŃ | TORUŃ | POL | M45-49 | 1 | M 10 | | | 00:22:44 | 00:45:43.80 | 9:08 | 6.6 |
| 11 | MROZIŃSKI TADEUSZ | 177 | NORDICUS STRZYBNICA | TARNOWSKIE GÓRY | POL | M55-59 | 3 | M 11 | | | 00:22:39 | 00:46:19.45 | 9:15 | 6.5 |
| 12 | KUŚMIEREK MATEUSZ | 163 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | M18-29 | 2 | M 12 | | | 00:23:17 | 00:46:48.25 | 9:21 | 6.4 |
| 13 | ZMYSŁOWSKI ZYGMUNT | 92 | NORDIC WALKING LUBASZ | LUBASZ | POL | M60-64 | 2 | M 13 | 1 | | 00:23:17 | 00:46:50.70 | 9:22 | 6.4 |
| 14 | DEMBKOWSKI RYSZARD | 66 | | TORUŃ | POL | M65-69 | 1 | M 14 | | | 00:23:46 | 00:47:14.95 | 9:26 | 6.4 |
| 15 | UFEL MARCELINA | 234 | MOSIR TKKF SATURN CZELADŹ | CZELADŹ | POL | K-JUN. | 1 | K 1 | | | 00:23:12 | 00:47:24.40 | 9:28 | 6.3 |
| 16 | TUZIMEK JAKUB | 232 | KUR-TEAM | KURÓW | POL | M-JUN. | 1 | M 15 | | | 00:23:30 | 00:47:25.50 | 9:29 | 6.3 |
| 17 | GODZIŃSKA DOROTA | 121 | BAŻANT NW ELBLĄG | MILEJEWÓ | POL | K40-44 | 1 | K 2 | | | 00:24:01 | 00:47:43.85 | 9:32 | 6.3 |
| 18 | TOPOREK RAFAŁ | 228 | POLIPACK TEAM GWE | PRZODKOWO | POL | M-NIEPEŁNOSPRAWNI(B) | 1 | M 16 | | | 00:23:31 | 00:47:49.75 | 9:33 | 6.3 |
| 19 | MAŚLANKA IWONA | 173 | MARSZ PO ZDROWIE | ŚMIGIEL | POL | K50-54 | 1 | K 3 | | | 00:23:59 | 00:47:56.20 | 9:35 | 6.3 |
| 20 | OKRZESIK-FRĄCKOWIAK IZABELA | 182 | EKSPEDYJCJA NORDIC TEAM SZCZECIN | WIELEŃ | POL | K50-54 | 2 | K 4 | | | 00:24:01 | 00:48:00.40 | 9:36 | 6.3 |
| 21 | JÓŻWIĄK MARIANNA | 138 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL | K45-49 | 1 | K 5 | | | 00:23:54 | 00:48:05.20 | 9:37 | 6.2 |
| 22 | PUSZKARSKA MAŁGORZATA | 198 | GOSADI NORDIC TEAM | WARSZAWA | POL | K45-49 | 2 | K 6 | | | 00:23:49 | 00:48:16.55 | 9:39 | 6.2 |
| 23 | WOJTCZAK URSZULA | 243 | CZAPELKI | CZAPLINEK | POL | K40-44 | 2 | K 7 | | | 00:24:00 | 00:48:25.75 | 9:41 | 6.2 |
| 24 | TUZIMEK AGATA | 230 | KUR-TEAM | KURÓW | POL | K30-39 | 1 | K 8 | | | 00:24:08 | 00:48:33.25 | 9:42 | 6.2 |
| 25 | WALCZAK RYSZARD | 237 | | ZIELONA GÓRA | POL | M70-74 | 1 | M 17 | | | 00:24:47 | 00:48:52.65 | 9:46 | 6.1 |
| 26 | CZMOCH MARIAN | 112 | PUKS | ŁOSICE | POL | M70-74 | 2 | M 18 | | | 00:24:47 | 00:49:17.45 | 9:51 | 6.1 |
| 27 | KOWNACKI BARTŁOMIEJ | 154 | | LASOWICE WIELKIE | POL | M40-44 | 2 | M 19 | | | 00:24:39 | 00:49:33.65 | 9:54 | 6.1 |
| 28 | KRUGIOŁKA GRZEGORZ | 156 | AKTYWNI W PNIEWACH | PNIEWY | POL | M30-39 | 2 | M 20 | | | 00:24:50 | 00:49:37.20 | 9:55 | 6 |
| 29 | HELWICH STEFAN | 132 | KGHM METRACO RUDNA | WIELEŃ | POL | M65-69 | 2 | M 21 | | | 00:24:35 | 00:49:37.70 | 9:55 | 6 |
| 30 | POKŁADOWSKA JOANNA | 192 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K45-49 | 3 | K 9 | | | 00:24:27 | 00:49:38.70 | 9:55 | 6 |
| 31 | POLKOWSKI PIOTR | 65 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M30-39 | 3 | M 22 | | | 00:24:39 | 00:49:49.60 | 9:57 | 6 |
| 32 | PUSZKARSKI ADAM | 199 | GOSADI NORDIC TEAM | WARSZAWA | POL | M-DZIECI | 1 | M 23 | | | 00:24:59 | 00:50:05.70 | 10:01 | 6 |
| 33 | ZIĘBA JUSTYNA | 90 | | WROCLAW | POL | K30-39 | 2 | K 10 | | | 00:24:39 | 00:50:09.60 | 10:01 | 6 |
| 34 | JANY KATARZYNA | 134 | NORDIC WALKING LUBASZ | CZARNKÓW | POL | K30-39 | 3 | K 11 | | | 00:24:43 | 00:50:17.10 | 10:03 | 6 |
| 35 | GRYGOROWICZ BOGDAN | 126 | KGHM METRACO RUDNA | LUBIN | POL | M-NIEPEŁNOSPRAWNI(B) | 2 | M 24 | | | 00:25:12 | 00:50:30.35 | 10:06 | 5.9 |
| 36 | TOMCZYK EDWARD | 227 | MARSZ PO ZDROWIE POZNAŃ | POZNAŃ | POL | M70-74 | 3 | M 25 | | | 00:25:05 | 00:50:30.50 | 10:06 | 5.9 |
| 37 | NOWALIŃSKI PIOTREK | 179 | FACE NORDIC WALKING TEAM | PŁOCK | POL | M-NIEPEŁNOSPRAWNI(A) | 1 | M 26 | | | 00:25:14 | 00:50:54.45 | 10:10 | 5.9 |
| 38 | CZŁAPSKI KRZYSZTOF | 111 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M55-59 | 4 | M 27 | | | 00:24:58 | 00:51:05.85 | 10:13 | 5.9 |
| 39 | KOSTECKI WIESŁAW | 150 | NW CZŁAPSKI TEAM | NOWY DWÓR MAZOWIECKI | POL | M65-69 | 3 | M 28 | | | 00:24:55 | 00:51:10.80 | 10:14 | 5.9 |
| 40 | ZIELIŃSKA JOLANTA | 91 | GOSIR OSIELSKO | OSIELSKO | POL | K60-64 | 1 | K 12 | | | 00:25:24 | 00:51:10.90 | 10:14 | 5.9 |
| 41 | RUSINOWICZ ANDRZEJ | 204 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | PIŁA | POL | M75-79 | 1 | M 29 | | | 00:25:33 | 00:51:11.90 | 10:14 | 5.9 |
| 42 | DAROSZEWSKA KRYSZYNA | 113 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL | K60-64 | 2 | K 13 | | | 00:25:32 | 00:51:13.80 | 10:14 | 5.9 |

OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|-----------------------|-----|------------------------------|-------------------|------|---------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 43 | SZYBUT WERONIKA | 220 | POTĘGA NORDICA | POTĘGOWO | POL | K-DZIECI | 1 | K 14 | | | 00:25:00 | 00:51:39.65 | 10:19 | 5.8 |
| 44 | GWIZDAŁA BARTOSZ | 131 | | GOŁĄBEK | POL | M30-39 | 4 | M 30 | | | 00:25:13 | 00:51:42.10 | 10:20 | 5.8 |
| 45 | KRAWCZYK DOROTA | 70 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | PIŁA | POL | K60-64 | 3 | K 15 | | | 00:25:29 | 00:51:46.35 | 10:21 | 5.8 |
| 46 | WALCZAK GRZEGORZ | 57 | NORDIC WALKING KIEKRZ POLAND | SUCHY LAS | POL | M45-49 | 2 | M 31 | | | 00:25:07 | 00:51:58.00 | 10:23 | 5.8 |
| 47 | SZEFLER MARIOLA | 217 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K50-54 | 3 | K 16 | 1 | | 00:25:26 | 00:52:13.60 | 10:26 | 5.7 |
| 48 | ZAWADZKI KRZYSZTOF | 250 | WETERAN | ZIELONA GORA | GER | M65-69 | 4 | M 32 | | | 00:25:48 | 00:52:21.10 | 10:28 | 5.7 |
| 49 | UFEL MILENA | 233 | MOSIR TKKF SATURN CZELADŹ | CZELADŹ | POL | K-DZIECI | 2 | K 17 | | | 00:25:21 | 00:52:29.85 | 10:29 | 5.7 |
| 50 | MARCZAK TOMASZ | 172 | KS IDMAR RACING TEAM | ALEKSANDRIA I | POL | M18-29 | 3 | M 33 | | | 00:25:31 | 00:52:33.65 | 10:30 | 5.7 |
| 51 | GÓRAL ANDRZEJ | 124 | KGHM METRACO RUDNA | BYDGOSZCZ | POL | M-NIEPEŁNOSPRAWNI(A | 2 | M 34 | | | 00:25:36 | 00:52:37.05 | 10:31 | 5.7 |
| 52 | STACHOWICZ MARCIN | 46 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | M30-39 | 5 | M 35 | | | 00:25:52 | 00:52:40.95 | 10:32 | 5.7 |
| 53 | CIESIELSKI KRZYSZTOF | 110 | FAST WALKER | GNIEZNO | POL | M65-69 | 5 | M 36 | | | 00:26:03 | 00:52:45.30 | 10:33 | 5.7 |
| 54 | ŚLUSARCZYK GRZEGORZ | 53 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M45-49 | 3 | M 37 | | | 00:25:35 | 00:53:04.80 | 10:36 | 5.7 |
| 55 | BERCZYŃSKI HENRYK | 71 | NADLEŚNICTWO OKONEK | OKONEK | POL | M65-69 | 6 | M 38 | | | 00:26:18 | 00:53:04.95 | 10:36 | 5.7 |
| 56 | STANISŁAWSKI JAN | 209 | MARSZ PO ZDROWIE | POZNAN | POL | M60-64 | 3 | M 39 | | | 00:26:19 | 00:53:07.45 | 10:37 | 5.6 |
| 57 | TUZIMEK ADAM | 231 | KUR-TEAM | KURÓW | POL | M-JUN. | 2 | M 40 | | | 00:27:27 | 00:53:30.80 | 10:42 | 5.6 |
| 58 | WITUCKA KAROLINA | 241 | | POZNAŃ | POL | K-DZIECI | 3 | K 18 | | | 00:26:11 | 00:53:31.15 | 10:42 | 5.6 |
| 59 | KLIMCZAK ADAM | 143 | GOSADI NORDIC TEAM | WARSZAWA | POL | M55-59 | 5 | M 41 | | | 00:26:34 | 00:53:37.15 | 10:43 | 5.6 |
| 60 | KASPRZAK TADEUSZ | 141 | | OSIEK | POL | M-NIEPEŁNOSPRAWNI(A | 3 | M 42 | | | 00:24:24 | 00:53:53.65 | 10:46 | 5.6 |
| 61 | SZYMAŃSKI STEFAN | 221 | SERCE NORDICA WŁOCŁAWEK | KIEŻLINY | POL | M70-74 | 4 | M 43 | | | 00:26:43 | 00:54:12.80 | 10:50 | 5.5 |
| 62 | GRYGOROWICZ TERESA | 125 | KGHM METRACO RUDNA | LUBIN | POL | K65-69 | 1 | K 19 | | | 00:27:01 | 00:54:19.25 | 10:51 | 5.5 |
| 63 | MALKIEWICZ MAŁGORZATA | 171 | SERCE NORDICA WŁOCŁAWEK | WIERSZYNO | POL | K55-59 | 1 | K 20 | | | 00:27:03 | 00:54:29.80 | 10:53 | 5.5 |
| 64 | LEGOCKA KINGA | 30 | NORDIC WALKING KIEKRZ POLAND | SUCHY LAS | POL | K45-49 | 4 | K 21 | | | 00:27:04 | 00:54:36.45 | 10:55 | 5.5 |
| 65 | KUCZYŃSKA ANNA | 157 | NORDIC WALKING KIEKRZ POLAND | OBORNIKI | POL | K60-64 | 4 | K 22 | | | 00:26:44 | 00:54:36.90 | 10:55 | 5.5 |
| 66 | ŚLUSARCZYK KAROLINA | 224 | WESOŁY BORSUK TEAM | PRUDNIK | POL | K-JUN. | 2 | K 23 | | | 00:26:49 | 00:54:49.30 | 10:57 | 5.5 |
| 67 | PRACKI ZBIGNIEW | 194 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL | M55-59 | 6 | M 44 | | | 00:27:41 | 00:55:00.15 | 11:00 | 5.5 |
| 68 | SAPUŁA WIKTORIA | 205 | | LUBLIN | POL | K18-29 | 1 | K 24 | | | 00:27:07 | 00:55:07.75 | 11:01 | 5.4 |
| 69 | ŚCIBIOR ROBERT | 222 | KUR-TEAM | KLEMENTOWICE | POL | M45-49 | 4 | M 45 | | | 00:27:51 | 00:55:24.45 | 11:04 | 5.4 |
| 70 | ZIELIŃSKI ANDRZEJ | 94 | | NACŁAW | POL | M65-69 | 7 | M 46 | | | 00:27:07 | 00:55:27.00 | 11:05 | 5.4 |
| 71 | KUSIAK WŁODZIMIERZ | 162 | SERCE NORDICA WŁOCŁAWEK | GDAŃSK | POL | M70-74 | 5 | M 47 | | | 00:27:34 | 00:55:38.50 | 11:07 | 5.4 |
| 72 | KNITTER ZOFIA | 145 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K-DZIECI | 4 | K 25 | | | 00:27:02 | 00:55:47.75 | 11:09 | 5.4 |
| 73 | KUŚMIEREK BEATA | 164 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K45-49 | 5 | K 26 | | | 00:27:23 | 00:55:49.40 | 11:09 | 5.4 |
| 74 | KOSTRZEWA MACIEK | 151 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-54 | 4 | M 48 | | | 00:27:40 | 00:56:02.90 | 11:12 | 5.4 |
| 75 | RUDNIK NATALIA | 203 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K18-29 | 2 | K 27 | | | 00:27:43 | 00:56:17.95 | 11:15 | 5.3 |
| 76 | WOROCH JOLANTA | 246 | KGHM METRACO RUDNA | DOPIEWO | POL | K55-59 | 2 | K 28 | | | 00:27:54 | 00:56:25.50 | 11:17 | 5.3 |
| 77 | GAŁKOWSKA ELŻBIETA | 119 | MARSZ PO ZDROWIE | TUCZNO | POL | K65-69 | 2 | K 29 | | | 00:27:41 | 00:56:26.70 | 11:17 | 5.3 |
| 78 | ŻYWICKA IRENA | 69 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K60-64 | 5 | K 30 | | | 00:27:58 | 00:56:31.70 | 11:18 | 5.3 |
| 79 | KUTA MARTA | 165 | KUR-TEAM | KURÓW | POL | K55-59 | 3 | K 31 | | | 00:28:21 | 00:56:45.75 | 11:21 | 5.3 |
| 80 | ADAMOWICZ ANDRZEJ | 101 | | ŁÓDŹ | POL | M75-79 | 2 | M 49 | | | 00:28:19 | 00:56:55.75 | 11:23 | 5.3 |
| 81 | GODZIŃSKA PAULINA | 122 | BAŻANT NW ELBLĄG | MILEJEWO | POL | K-JUN. | 3 | K 32 | | | 00:27:05 | 00:56:57.45 | 11:23 | 5.3 |
| 82 | SĘDZIK KATARZYNA | 206 | LECZYMY DURŚ | BYTOM | POL | K45-49 | 6 | K 33 | | | 00:28:18 | 00:57:33.55 | 11:30 | 5.2 |
| 83 | KURCZ BARBARA | 161 | WYCHODZĘ Z KIJAMI | KOSZALIN | GBR | K50-54 | 4 | K 34 | | | 00:28:23 | 00:57:35.35 | 11:31 | 5.2 |
| 84 | GRZYWOCZ IRENA | 127 | | MOSINA | POL | K70-74 | 1 | K 35 | | | 00:28:36 | 00:57:38.85 | 11:31 | 5.2 |
| 85 | PALUCH PAWEŁ | 185 | AVOCADO WELLNESS CLUB | WARSZAWA | POL | M55-59 | 7 | M 50 | | | 00:28:20 | 00:58:09.05 | 11:37 | 5.2 |
| 86 | KOSTRZEWA ELA | 152 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K50-54 | 5 | K 36 | | | 00:28:39 | 00:58:18.40 | 11:39 | 5.1 |
| 87 | SZAŁAJ ANNA | 213 | KGHM METRACO RUDNA | LUBIN | POL | K-NIEPEŁNOSPRAWNI(B | 1 | K 37 | | | 00:28:38 | 00:58:23.70 | 11:40 | 5.1 |
| 88 | ŁUCZYŃSKA JADWIGA | 73 | POLSKA 2050 | MIELNO | POL | K50-54 | 6 | K 38 | | | 00:28:56 | 00:58:39.25 | 11:43 | 5.1 |
| 89 | MINKIEWICZ ELŻBIETA | 175 | | DRAWSKO POMORSKIE | POL | K40-44 | 3 | K 39 | | | 00:30:06 | 00:58:39.75 | 11:43 | 5.1 |
| 90 | TURZYŃSKA-STOPA MARIA | 229 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K65-69 | 3 | K 40 | | | 00:29:13 | 00:58:42.20 | 11:44 | 5.1 |
| 91 | LUBETZKI ADAM | 236 | | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(A | 4 | M 51 | | | 00:28:55 | 00:58:48.90 | 11:45 | 5.1 |
| 92 | PIETRZYK ANNA | 190 | | KALISZ POMORSKI | POL | K-NIEPEŁNOSPRAWNI(A | 1 | K 41 | | | 00:29:05 | 00:59:22.10 | 11:52 | 5.1 |
| 93 | ŚWIDERSKA WIOLETA | 226 | DEAF KOSZALIN | KOSZALIN | POL | K-NIEPEŁNOSPRAWNI(A | 2 | K 42 | | | 00:29:07 | 00:59:23.90 | 11:52 | 5.1 |

OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|-----------------------------|-----|----------------------------------|-------------------|------|--------------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 94 | PRZYBYLSKA ALEKSANDRA | 197 | ELITE TEAM | GDYNIA | POL | K-NIEPEŁNOSPRAWNI(B) | 2 | K 43 | | | 00:29:30 | 00:59:26.35 | 11:53 | 5 |
| 95 | PIĄTKOWSKI JÓZEF | 189 | KGHM METRACO RUDNA | POLKOWICE | POL | M75-79 | 3 | M 52 | | | 00:28:31 | 00:59:28.20 | 11:53 | 5 |
| 96 | KUCZYŃSKI WŁODZIMIERZ | 158 | NORDIC WOKING KIEKRZ POLAND | OBORNIKI | POL | M60-64 | 4 | M 53 | | | 00:29:14 | 00:59:29.90 | 11:53 | 5 |
| 97 | SZEWCZAK KAMILA | 218 | DEAF KOSZALIN | KOSZALIN | POL | K-NIEPEŁNOSPRAWNI(A) | 3 | K 44 | | | 00:29:34 | 00:59:30.60 | 11:54 | 5 |
| 98 | LUBAŃSKI TOMASZ | 169 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK | POL | M60-64 | 5 | M 54 | | | 00:28:58 | 00:59:31.35 | 11:54 | 5 |
| 99 | BARCZAK TOMASZ | 78 | STOWARZYSZENIE POLSKA 2050 | KOSZALIN | POL | M45-49 | 5 | M 55 | | | 00:31:18 | 01:00:03.95 | 12:00 | 5 |
| 100 | GUTOWSKA MAGDALENA | 167 | PAUL TEAM | MALBORK | POL | K45-49 | 7 | K 45 | | | 00:27:29 | 01:00:16.95 | 12:03 | 5 |
| 101 | LUBAŃSKA LEOKADIA | 168 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK | POL | K-NIEPEŁNOSPRAWNI(A) | 4 | K 46 | | | 00:30:04 | 01:00:19.70 | 12:03 | 5 |
| 102 | NOWICKA AGNIESZKA | 180 | POTĘGA NORDICA | POTĘGOWO | POL | K30-39 | 4 | K 47 | | | 00:30:41 | 01:00:29.50 | 12:05 | 5 |
| 103 | DWORNICKA ANNA | 115 | POTĘGA NORDICA | POTĘGOWO | POL | K40-44 | 4 | K 48 | | | 00:30:20 | 01:00:36.25 | 12:07 | 5 |
| 104 | CETERA JANUSZ | 108 | EKSPEDYCYJA NORDIC TEAM SZCZECIN | DZIWNÓWEK | POL | M-NIEPEŁNOSPRAWNI(A) | 5 | M 56 | | | 00:29:19 | 01:00:57.00 | 12:11 | 4.9 |
| 105 | NAJMUŁA EWA | 77 | STOWARZYSZENIE POLSKA 2050 | MIELNO | POL | K55-59 | 4 | K 49 | | | 00:29:41 | 01:01:00.15 | 12:12 | 4.9 |
| 106 | STRZELEC JAN | 211 | | LUBOSTRONIE | POL | M60-64 | 6 | M 57 | | | 00:30:02 | 01:01:00.70 | 12:12 | 4.9 |
| 107 | NOWICKA ZUZANNA | 181 | POTĘGA NORDICA | POTĘGOWO | POL | K-DZIECI | 5 | K 50 | | | 00:29:49 | 01:01:22.90 | 12:16 | 4.9 |
| 108 | WYDRA AGNIESZKA | 248 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K40-44 | 5 | K 51 | | | 00:30:06 | 01:01:25.05 | 12:17 | 4.9 |
| 109 | JASTRZĘBSKA-MACKO MARTA | 135 | | MANOWO | POL | K30-39 | 5 | K 52 | 1 | | 00:30:41 | 01:01:43.10 | 12:20 | 4.9 |
| 110 | DOBRYŃSKI ADAM | 114 | | KOSZALIN | POL | M30-39 | 6 | M 58 | | | 00:30:37 | 01:02:57.60 | 12:35 | 4.8 |
| 111 | KARCZMARSKI KRZYSZTOF | 140 | IPA RADOM | KOZIENICE | POL | M60-64 | 7 | M 59 | | | 00:30:35 | 01:03:00.95 | 12:36 | 4.8 |
| 112 | MIKITYSZYN DAWID | 174 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(B) | 3 | M 60 | 1 | | 00:30:58 | 01:03:05.10 | 12:37 | 4.8 |
| 113 | PIETRZAK BOGUSŁAWA | 75 | STOWARZYSZENIE POLSKA 20500 | MIELNO | POL | K65-69 | 4 | K 53 | | | 00:31:42 | 01:03:19.20 | 12:39 | 4.7 |
| 114 | PAJĘCKI ADAM | 184 | PARAKULOS KOWAL | KOWAL | POL | M-NIEPEŁNOSPRAWNI(B) | 4 | M 61 | | | 00:31:09 | 01:03:32.00 | 12:42 | 4.7 |
| 115 | GUTOWSKI PAWEŁ | 129 | PAUL TEAM | MALBORK | POL | M-NIEPEŁNOSPRAWNI(A) | 6 | M 62 | | | 00:30:46 | 01:03:35.20 | 12:43 | 4.7 |
| 116 | W. IWONA | 235 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K40-44 | 6 | K 54 | | | 00:31:22 | 01:03:39.35 | 12:43 | 4.7 |
| 117 | ZARĘBA MAGDA | 249 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K45-49 | 8 | K 55 | | | 00:31:15 | 01:03:47.25 | 12:45 | 4.7 |
| 118 | PLUCHOWSKA BERNADETTA | 191 | KUR-TEAM | KURÓW | POL | K18-29 | 3 | K 56 | | | 00:31:24 | 01:04:00.45 | 12:48 | 4.7 |
| 119 | SUPROŃ MARTA | 212 | | KOSZALIN | POL | K30-39 | 6 | K 57 | | | 00:32:55 | 01:04:33.25 | 12:54 | 4.6 |
| 120 | ZIELIŃSKA ELŻBIETA | 93 | | NACŁAW | POL | K65-69 | 5 | K 58 | | | 00:32:33 | 01:04:34.00 | 12:54 | 4.6 |
| 121 | KARCZEWSKA EDYTA | 139 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K45-49 | 9 | K 59 | | | 00:32:21 | 01:05:02.90 | 13:00 | 4.6 |
| 122 | BABIUCH HALINA | 74 | POLSKA 2050 | MIELNO | POL | K60-64 | 6 | K 60 | | | 00:33:00 | 01:05:19.20 | 13:03 | 4.6 |
| 123 | KUC - BREJNA ANNA | 159 | | SZCZECINEK | POL | K45-49 | 10 | K 61 | | | 00:31:47 | 01:05:34.05 | 13:06 | 4.6 |
| 124 | SZAMOTUŁA - STRZELEC MARYLA | 216 | | LUBOSTRONIE | POL | K60-64 | 7 | K 62 | | | 00:33:24 | 01:06:07.10 | 13:13 | 4.5 |
| 125 | BOLEWICZ URSZULA | 103 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K40-44 | 7 | K 63 | | | 00:30:08 | 01:06:09.30 | 13:13 | 4.5 |
| 126 | TICHORYK VOLODYMIR | 76 | STOWARZYSZENIE POLSKA 2050 | MIELNO | POL | M18-29 | 4 | M 63 | | | 00:33:16 | 01:06:20.00 | 13:16 | 4.5 |
| 127 | PANKIEWICZ-DMOWSKA CECYLIA | 187 | | GOWINO | POL | K70-74 | 2 | K 64 | | | 00:33:08 | 01:06:57.45 | 13:23 | 4.5 |
| 128 | PRZYBORKIEWICZ GOSIA | 195 | PIERNIKI TORUŃ | TORUŃ | POL | K-NIEPEŁNOSPRAWNI(A) | 5 | K 65 | | | 00:33:20 | 01:07:22.70 | 13:28 | 4.5 |
| 129 | REHLIS ALEKSANDER | 201 | | KOSZALIN | POL | M30-39 | 7 | M 64 | | | 00:31:33 | 01:08:00.20 | 13:36 | 4.4 |
| 130 | WIRKUS ANNA | 240 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K65-69 | 6 | K 66 | | | 00:35:05 | 01:08:25.40 | 13:41 | 4.4 |
| 131 | PRACKA KATARZYNA | 193 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK | POL | K50-54 | 7 | K 67 | | | 00:34:38 | 01:08:55.40 | 13:47 | 4.4 |
| 132 | FRANCZAK DARIUSZ | 116 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M55-59 | 8 | M 65 | | | 00:30:22 | 01:09:22.00 | 13:52 | 4.3 |
| 133 | OWCZAREK HENRYKA | 183 | MARSZ PO ZDROWIE | POZNAŃ | POL | K75-79 | 1 | K 68 | | | 00:34:27 | 01:09:48.95 | 13:57 | 4.3 |
| 134 | SZYBUT ROMA | 219 | POTĘGA NORDICA | POTĘGOWO | POL | K30-39 | 7 | K 69 | | | 00:35:05 | 01:10:04.55 | 14:00 | 4.3 |
| 135 | ŚLUSARCZYK DANUTA | 223 | WESOŁY BORSUK TEAM | PRUDNIK | POL | K65-69 | 7 | K 70 | | | 00:35:06 | 01:12:19.80 | 14:27 | 4.1 |
| 136 | KULCZYCKI JAN | 160 | SERCE NORDICA WŁOCLAWEK | GDAŃSK80-288 | POL | M70-74 | 6 | M 66 | | | 00:36:32 | 01:12:56.85 | 14:35 | 4.1 |
| 137 | JÓŻWIAK DOMINIK | 137 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK | POL | M18-29 | 5 | M 67 | | | 00:36:10 | 01:13:26.85 | 14:41 | 4.1 |
| 138 | SKWIROWSKI PAWEŁ | 208 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(B) | 5 | M 68 | | | 00:36:27 | 01:13:30.90 | 14:42 | 4.1 |
| 139 | SIKORSKI TOMASZ | 207 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M45-49 | 6 | M 69 | | | 00:35:58 | 01:14:22.60 | 14:52 | 4 |

OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|---------------------------|-----|----------------------|-------------------|------|---------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 140 | BOLEWICZ ANTONI | 104 | | DRAWSKO POMORSKIE | POL | M-DZIECI | 2 | M 70 | | | 00:35:32 | 01:14:38.95 | 14:55 | 4 |
| 141 | LASKOWSKI DARIUSZ | 166 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(A | 7 | M 71 | | | 00:36:35 | 01:14:57.40 | 14:59 | 4 |
| 142 | RADECKA KRYSZYNA | 200 | CHODZĄCY BIAŁYSTOK | BIAŁYSTOK | POL | K80+ | 1 | K 71 | | | 00:36:48 | 01:15:02.20 | 15:00 | 4 |
| 143 | MINKIEWICZ MICHALINA | 176 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K-DZIECI | 6 | K 72 | | | 00:37:29 | 01:21:50.15 | 16:22 | 3.7 |
| 144 | WRONKO- NIEDZIÓŁKA NIKOLA | 247 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K-DZIECI | 7 | K 73 | | | 00:37:29 | 01:21:50.35 | 16:22 | 3.7 |
| 145 | ŚLUSARCZYK BŁAŻEJ | 225 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M-DZIECI | 3 | M 72 | | | 00:44:49 | 01:23:05.15 | 16:37 | 3.6 |
| 146 | TURCZYŃSKA JÓZEFA | 133 | BŁĘKITNI DZIEMIANY | DZIEMIANY | POL | K55-59 | 5 | K 74 | | | 00:41:26 | 01:27:25.25 | 17:29 | 3.4 |
| 147 | KOPCZYŃSKA ELŻBIETA | 72 | POLSKA 2050 | MIELNO | POL | KOBIETY | 1 | K 75 | | | 00:42:46 | 01:28:46.40 | 17:45 | 3.4 |
| 148 | SZAMOTUŁA EWA | 215 | | SZCZECINEK | POL | K60-64 | 8 | K 76 | | | 00:33:52 | | 13:32 | 4.4 |
| 149 | MYSZYŃSKA ANNA | 178 | | DRAWSKO POMORSKIE | POL | K-NIEPEŁNOSPRAWNI(B | 3 | K 77 | | | 00:36:26 | | 14:34 | 4.1 |
| 150 | WOLAŃSKI MARCIN | 244 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(A | 8 | M 73 | | | | | | |
| DQ | GRZYWOCZ BERNARD | 128 | KGHM METRA CORUDNA | MOSINA | POL | M70-74 | DQ | DQ | | 1 | 00:25:29 | 00:51:55.55 | 0:00 | 5.8 |
| | WALTER MONIKA | 238 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K-NIEPEŁNOSPRAWNI(A | | | | | 00:29:12 | DNF | - | - |
| | KOT MATEUSZ | 153 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | M-NIEPEŁNOSPRAWNI(A | | | | | 00:33:14 | DNF | - | - |
| | ŁASZCZEWSKA ANNA | 170 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K18-29 | | | | | 00:45:18 | DNF | - | - |
| | KRAUS KAROLINA | 155 | STOWARZYSZENIE FILAR | DRAWSKO POMORSKIE | POL | K-NIEPEŁNOSPRAWNI(A | | | | | 00:45:45 | DNF | - | - |