

# JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM

Organizator: PFW  
Data: 2016-06-26  
Miejsce: Jarosławiec  
Dystans: 10 km



## Wyniki dla punktu pomiaru: 2.5 km

Klasyfikacja wg czasów netto.

## JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, OPEN

| M-ce | Nazwisko i imię          | Nr  | Klub                            | M-scowość              | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|--------------------------|-----|---------------------------------|------------------------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | KLICZKA KAMIL            | 199 | PUSZCZYK BUKOWY                 | SZCZECIN               | POL  | M40-49 |             |              | 00:19:03 | 00:38:14 | 00:57:43 |
| 2    | SIWAK PIOTR              | 197 | KS METRACO POLKOWICE            | RUDNA                  | POL  | M50-59 |             |              | 00:19:24 | 00:38:48 | 00:58:10 |
| 3    | DEPKA PRĄDZYŃSKI OLGIERD | 159 | BIEGAMYRAZEM.PL                 | GDYNIA                 | POL  | M50-59 |             |              | 00:19:38 | 00:38:56 | 00:58:25 |
| 4    | ŻYWIcki MARCIN           | 196 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | M30-39 |             |              | 00:19:39 | 00:39:34 | 00:59:42 |
| 5    | KUŚMIEREK JAN            | 172 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | M40-49 |             |              | 00:19:52 | 00:40:07 | 01:00:24 |
| 6    | KUŚMIEREK PATRYK         | 171 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | M18-29 |             |              | 00:19:59 | 00:40:20 | 01:01:13 |
| 7    | ŚWISŁOCKI BOGDAN         | 188 | FACE NORDIC WALKING TEAM        | MIKOSZEWO              | POL  | M50-59 |             |              | 00:20:09 | 00:41:05 | 01:02:35 |
| 8    | BOGACKI SŁAWEK           | 153 | ENERGA NW TEAM                  | TORUŃ                  | POL  | M40-49 |             |              | 00:20:12 | 00:40:27 | 01:00:09 |
| 9    | ROZSMAN MACIEJ           | 182 | PENDOLINO                       | GOWINO                 | POL  | M30-39 |             |              | 00:20:18 | 00:41:18 | 01:01:55 |
| 10   | WIERCHANOWSKI BOGDAN     | 193 | KS METRACO POLKOWICE            | GOLCZEWO               | POL  | M50-59 |             |              | 00:20:29 | 00:41:29 | 01:03:22 |
| 11   | STOPA JOANNA             | 186 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K18-29 |             |              | 00:20:52 | 00:41:51 | 01:02:47 |
| 12   | DZIADEK REMIGIUSZ        | 162 | PENDOLINO                       | ROKITY                 | POL  | M50-59 |             |              | 00:20:58 | 00:42:23 | 01:03:44 |
| 13   | PARAFINIUK KRZYSZTOFA    | 179 | LKS ZANTYR SZTUM                | SZTUM                  | POL  | K30-39 |             |              | 00:21:09 | 00:42:27 | 01:03:44 |
| 14   | FOLWARSKI ANDRZEJ        | 164 | FACE NORDIC WALKING TEAM        | GDĄSK                  | POL  | M50-59 |             |              | 00:21:25 | 00:43:00 | 01:04:51 |
| 15   | KĘPA ANDRZEJ             | 168 | SKI FAMILY KLUB                 | KOSZALIN               | POL  | M60-69 |             |              | 00:21:26 | 00:42:47 | 01:04:31 |
| 16   | CZEKAJŁO FRANCISZEK      | 158 | TEAM MEPROZET                   | DREZDENKO              | POL  | M60-69 |             |              | 00:21:34 | 00:42:55 | 01:04:53 |
| 17   | LIPKO ADRIANNA           | 176 | PENDOLINO                       | GDYNIA                 | POL  | K18-29 |             |              | 00:21:36 | 00:43:00 | 01:04:07 |
| 18   | CHOLEWIŃSKI WOJCIECH     | 157 |                                 | WOJNOWO                | POL  | M50-59 |             |              | 00:21:39 | 00:42:47 | 01:04:44 |
| 19   | LENER SŁAWOMIR           | 175 | NORDIC WALKING KLUB SZCZECIN    | SZCZECIN               | POL  | M60-69 |             |              | 00:22:09 | 00:45:14 | 01:08:32 |
| 20   | BANASZKIEWICZ KATARZYNA  | 152 | JEZIORKI - AKTYWNA WIEŚ         | KACZORY                | POL  | K40-49 |             |              | 00:22:26 | 00:45:02 | 01:07:27 |
| 21   | ROZSMAN JOANNA           | 183 | PENDOLINO                       | REDA                   | POL  | K50-59 |             |              | 00:22:39 | 00:45:32 | 01:08:54 |
| 22   | PALIWODA KASIA           | 200 | EKSPEDYCJA NORDIC TEAM SZCZECIN | MIERZYN                | POL  | K40-49 |             |              | 00:22:42 | 00:45:35 | 01:08:40 |
| 23   | KURZYŃSKA NATALIA        | 205 |                                 | KOSZALIN               | POL  | K30-39 |             |              | 00:22:44 | 00:45:39 | 01:08:47 |
| 24   | KINDA DOROTA             | 204 |                                 | SOPOT                  | POL  | K30-39 |             |              | 00:22:47 | 00:45:13 | 01:07:39 |
| 25   | SORN ŁUKASZ              | 203 | FACE NORDIC WALKING TEAM        | GDYNIA                 | POL  | M18-29 |             |              | 00:22:57 | 00:45:40 | 01:09:20 |
| 26   | SOBOLEWSKI MAREK         | 206 |                                 | KOSZALIN               | POL  | M40-49 |             |              | 00:22:58 | 00:46:29 | 01:09:21 |
| 27   | BRZozowska DENATA        | 202 | PENDOLINO                       | GDYNIA                 | POL  | K40-49 |             |              | 00:23:04 | 00:46:14 | 01:09:53 |
| 28   | LANGMESSER REGINA        | 173 | LKS ZANTYR                      | SZTUM                  | POL  | K40-49 |             |              | 00:23:10 | 00:46:22 | 01:10:18 |
| 29   | ŚLEWIŃSKA MAGDALENA      | 187 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K18-29 |             |              | 00:23:12 | 00:46:23 | 01:09:34 |
| 30   | STEFANŃSKI ANDRZEJ       | 185 | FACE NORDIC WALKING TEAM        | MOTARZYNO              | POL  | M50-59 |             |              | 00:23:12 | 00:46:13 | 01:09:10 |
| 31   | KOBIELA DARIA            | 169 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K18-29 |             |              | 00:23:13 | 00:46:24 | 01:09:32 |
| 32   | ŻAMOJCIN MAREK           | 195 |                                 | SZCZECIN               | POL  | M50-59 |             |              | 00:23:14 | 00:46:56 | 01:10:15 |
| 33   | PRAWUCKI KRZYSZTOF       | 180 | JEZIORKI - AKTYWNA WIEŚ         | PIŁA                   | POL  | M30-39 |             |              | 00:23:50 | 00:47:20 | 01:10:20 |
| 34   | FARON MONIKA             | 163 |                                 | GDYNIA                 | POL  | K30-39 |             |              | 00:24:01 | 00:48:30 | 01:13:12 |
| 35   | REKOWSKA DANUTA          | 181 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K30-39 |             |              | 00:24:24 | 00:48:55 | 01:13:20 |
| 36   | WALCZYK ANNA             | 201 |                                 | KOZY                   | POL  | K30-39 |             |              | 00:24:42 | 00:50:14 | 01:15:47 |
| 37   | TURZYŃSKA-STOPA MARIA    | 190 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K60-69 |             |              | 00:24:45 | 00:49:33 | 01:15:20 |
| 38   | DUSZA ANNA               | 161 |                                 | SZCZECIN               | POL  | K40-49 |             |              | 00:24:53 | 00:49:33 | 01:14:54 |
| 39   | WYsocka BERNADETA        | 194 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K40-49 |             |              | 00:24:56 | 00:49:40 | 01:15:24 |
| 40   | TOKARCZYK MARTA          | 189 |                                 | SZCZECIN               | POL  | K30-39 |             |              | 00:25:02 | 00:49:10 | 01:13:56 |
| 41   | LEHMANN TERESA           | 174 | BLĘKITNI NW DZIEMIANY           | DZIEMIANY              | POL  | K50-59 |             |              | 00:25:23 | 00:51:15 | 01:17:19 |
| 42   | DOBROWOLSKA DOROTA       | 160 |                                 | SZCZECIN               | POL  | K50-59 |             |              | 00:25:43 | 00:52:05 | 01:19:07 |
| 43   | GOLUS URSZULA            | 166 |                                 | SZCZECIN               | POL  | K60-69 |             |              | 00:25:45 | 00:51:56 | 01:19:10 |
| 44   | MAĆKOWIAK KRYSZYNA       | 198 | FACE NORDIC WALKING TEAM        | DŁUGA GOŚLINA          | POL  | K60-69 |             |              | 00:25:49 | 00:51:26 | 01:17:54 |
| 45   | BOROWSKI MARCIN          | 154 | FACE NORDIC WALKING TEAM        | POZNAŃ / DŁUGA GOŚLINA | POL  | M30-39 |             |              | 00:25:53 | 00:51:31 | 01:17:12 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                     | M-scowość     | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|------------------------|-----|--------------------------|---------------|------|--------|-------------|--------------|----------|----------|----------|
| 46   | KULKA MACIEJ           | 170 | FACE NORDIC WALKING TEAM | POZNAŃ        | POL  | M50-59 |             |              | 00:26:28 | 00:52:53 | 01:18:23 |
| 47   | ADAMCZAK MARTA         | 151 |                          | ROSNOWO       | POL  | K30-39 |             |              | 00:26:36 | 00:53:56 | 01:21:56 |
| 48   | GIERSZENDORF MONIKA    | 191 | FACE NORDIC WALKING TEAM | DŁUGA GOŚLINA | POL  | K40-49 |             |              | 00:26:56 | 00:53:50 | 01:21:20 |
| 49   | LUBIŃSKA OLGA          | 177 | DWA KIJE                 | SŁUPSK        | POL  | K30-39 |             |              | 00:27:06 | 00:53:59 | 01:21:29 |
| 50   | SMARUJ-SADOWSKA JANINA | 184 |                          | BYDGOSZCZ     | POL  | K60-69 |             |              | 00:27:44 | 00:55:53 | 01:24:04 |
| 51   | GOLUS LECH             | 165 |                          | SZCZECIN      | POL  | M60-69 |             |              | 00:28:24 | 00:57:08 | 01:26:03 |
| 52   | JÓŻWIAK DOMINIK        | 167 | WTW.WŁOCŁAWEK            | WŁOCŁAWEK     | POL  | M18-29 |             |              | 00:29:19 | 01:01:37 | 01:33:24 |
| 53   | WASYLÓW KATARZYNA      | 192 |                          | SZCZECIN      | POL  | K40-49 |             |              | 00:31:29 | 01:02:19 | 01:34:03 |
| 54   | MAŁECKA KAROLINA       | 178 |                          | SZCZECIN      | POL  | K30-39 |             |              | 00:31:30 | 01:02:21 | 01:34:04 |
| DQ   | CHOLEWIŃSKA LONGINA    | 156 |                          | WOJNOWO       | POL  | K50-59 |             | TAK          | DQ       | DQ       | DQ       |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, K18-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                  | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | STOPA JOANNA        | 186 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | K18-29 |             |              | 00:20:52 | 00:41:51 | 01:02:47 |
| 2    | LIPKO ADRIANNA      | 176 | PENDOLINO             | GDYNIA    | POL  | K18-29 |             |              | 00:21:36 | 00:43:00 | 01:04:07 |
| 3    | ŚLEWIŃSKA MAGDALENA | 187 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | K18-29 |             |              | 00:23:12 | 00:46:23 | 01:09:34 |
| 4    | KOBIELA DARIA       | 169 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | K18-29 |             |              | 00:23:13 | 00:46:24 | 01:09:32 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, M18-29**

| M-ce | Nazwisko i imię  | Nr  | Klub                     | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|------------------|-----|--------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | KUŚMIEREK PATRYK | 171 | BŁĘKITNI NW DZIEMIANY    | DZIEMIANY | POL  | M18-29 |             |              | 00:19:59 | 00:40:20 | 01:01:13 |
| 2    | SORN ŁUKASZ      | 203 | FACE NORDIC WALKING TEAM | GDYNIA    | POL  | M18-29 |             |              | 00:22:57 | 00:45:40 | 01:09:20 |
| 3    | JÓŻWIAK DOMINIK  | 167 | WTW.WŁOCŁAWEK            | WŁOCŁAWEK | POL  | M18-29 |             |              | 00:29:19 | 01:01:37 | 01:33:24 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, K30-39**

| M-ce | Nazwisko i imię       | Nr  | Klub                  | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|-----------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | PARAFINIUK KRZYSZTOFA | 179 | LKS ZANTYR SZTUM      | SZTUM     | POL  | K30-39 |             |              | 00:21:09 | 00:42:27 | 01:03:44 |
| 2    | KURZYŃSKA NATALIA     | 205 |                       | KOSZALIN  | POL  | K30-39 |             |              | 00:22:44 | 00:45:39 | 01:08:47 |
| 3    | KINDA DOROTA          | 204 |                       | SOPOT     | POL  | K30-39 |             |              | 00:22:47 | 00:45:13 | 01:07:39 |
| 4    | FARON MONIKA          | 163 |                       | GDYNIA    | POL  | K30-39 |             |              | 00:24:01 | 00:48:30 | 01:13:12 |
| 5    | REKOWSKA DANUTA       | 181 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | K30-39 |             |              | 00:24:24 | 00:48:55 | 01:13:20 |
| 6    | WALCZYK ANNA          | 201 |                       | KOZY      | POL  | K30-39 |             |              | 00:24:42 | 00:50:14 | 01:15:47 |
| 7    | TOKARCZYK MARTA       | 189 |                       | SZCZECIN  | POL  | K30-39 |             |              | 00:25:02 | 00:49:10 | 01:13:56 |
| 8    | ADAMCZAK MARTA        | 151 |                       | ROSNOWO   | POL  | K30-39 |             |              | 00:26:36 | 00:53:56 | 01:21:56 |
| 9    | LUBIŃSKA OLGA         | 177 | DWA KIJE              | SŁUPSK    | POL  | K30-39 |             |              | 00:27:06 | 00:53:59 | 01:21:29 |
| 10   | MAŁECKA KAROLINA      | 178 |                       | SZCZECIN  | POL  | K30-39 |             |              | 00:31:30 | 01:02:21 | 01:34:04 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, M30-39**

| M-ce | Nazwisko i imię    | Nr  | Klub                     | M-scowość              | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|--------------------|-----|--------------------------|------------------------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | ŻYWICKI MARCIN     | 196 | BŁĘKITNI NW DZIEMIANY    | DZIEMIANY              | POL  | M30-39 |             |              | 00:19:39 | 00:39:34 | 00:59:42 |
| 2    | ROZSMAN MACIEJ     | 182 | PENDOLINO                | GOWINO                 | POL  | M30-39 |             |              | 00:20:18 | 00:41:18 | 01:01:55 |
| 3    | PRAWUCKI KRZYSZTOF | 180 | JEZIORKI - AKTYWNA WIEŚ  | PIŁA                   | POL  | M30-39 |             |              | 00:23:50 | 00:47:20 | 01:10:20 |
| 4    | BOROWSKI MARCIN    | 154 | FACE NORDIC WALKING TEAM | POZNAŃ / DŁUGA GOŚLINA | POL  | M30-39 |             |              | 00:25:53 | 00:51:31 | 01:17:12 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, K40-49**

| M-ce | Nazwisko i imię         | Nr  | Klub                            | M-scowość     | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|-------------------------|-----|---------------------------------|---------------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | BANASZKIEWICZ KATARZYNA | 152 | JEZIORKI - AKTYWNA WIEŚ         | KACZORY       | POL  | K40-49 |             |              | 00:22:26 | 00:45:02 | 01:07:27 |
| 2    | PALIWODA KASIA          | 200 | EKSPEDYCJA NORDIC TEAM SZCZECIN | MIERZYN       | POL  | K40-49 |             |              | 00:22:42 | 00:45:35 | 01:08:40 |
| 3    | BRZOZOWSKA DENATA       | 202 | PENDOLINO                       | GDYNIA        | POL  | K40-49 |             |              | 00:23:04 | 00:46:14 | 01:09:53 |
| 4    | LANGMESSER REGINA       | 173 | LKS ZANTYR                      | SZTUM         | POL  | K40-49 |             |              | 00:23:10 | 00:46:22 | 01:10:18 |
| 5    | DUSZA ANNA              | 161 |                                 | SZCZECIN      | POL  | K40-49 |             |              | 00:24:53 | 00:49:33 | 01:14:54 |
| 6    | WYSOCKA BERNADETA       | 194 | BŁĘKITNI NW DZIEMIANY           | DZIEMIANY     | POL  | K40-49 |             |              | 00:24:56 | 00:49:40 | 01:15:24 |
| 7    | GERSZENDORF MONIKA      | 191 | FACE NORDIC WALKING TEAM        | DŁUGA GOŚLINA | POL  | K40-49 |             |              | 00:26:56 | 00:53:50 | 01:21:20 |
| 8    | WASYŁÓW KATARZYNA       | 192 |                                 | SZCZECIN      | POL  | K40-49 |             |              | 00:31:29 | 01:02:19 | 01:34:03 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, M40-49**

| M-ce | Nazwisko i imię  | Nr  | Klub                  | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | KLICZKA KAMIL    | 199 | PUSZCZYK BUKOWY       | SZCZECIN  | POL  | M40-49 |             |              | 00:19:03 | 00:38:14 | 00:57:43 |
| 2    | KUŚMIEREK JAN    | 172 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | M40-49 |             |              | 00:19:52 | 00:40:07 | 01:00:24 |
| 3    | BOGACKI SŁAWEK   | 153 | ENERGA NW TEAM        | TORUŃ     | POL  | M40-49 |             |              | 00:20:12 | 00:40:27 | 01:00:09 |
| 4    | SOBOLEWSKI MAREK | 206 |                       | KOSZALIN  | POL  | M40-49 |             |              | 00:22:58 | 00:46:29 | 01:09:21 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, K50-59**

| M-ce | Nazwisko i imię     | Nr  | Klub                  | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | ROSZMAN JOANNA      | 183 | PENDOLINO             | REDA      | POL  | K50-59 |             |              | 00:22:39 | 00:45:32 | 01:08:54 |
| 2    | LEHMANN TERESA      | 174 | BŁĘKITNI NW DZIEMIANY | DZIEMIANY | POL  | K50-59 |             |              | 00:25:23 | 00:51:15 | 01:17:19 |
| 3    | DOBROWOLSKA DOROTA  | 160 |                       | SZCZECIN  | POL  | K50-59 |             |              | 00:25:43 | 00:52:05 | 01:19:07 |
| DQ   | CHOLEWIŃSKA LONGINA | 156 |                       | WOJNOWO   | POL  | K50-59 |             | TAK          | DQ       | DQ       | DQ       |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, M50-59**

| M-ce | Nazwisko i imię          | Nr  | Klub                     | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|--------------------------|-----|--------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | SIWAK PIOTR              | 197 | KS METRACO POLKOWICE     | RUDNA     | POL  | M50-59 |             |              | 00:19:24 | 00:38:48 | 00:58:10 |
| 2    | DEPKA PRĄDZYŃSKI OLGIERD | 159 | BIEGAMYRAZEM.PL          | GDYNIA    | POL  | M50-59 |             |              | 00:19:38 | 00:38:56 | 00:58:25 |
| 3    | ŚWISŁOCKI BOGDAN         | 188 | FACE NORDIC WALKING TEAM | MIKOSZEWO | POL  | M50-59 |             |              | 00:20:09 | 00:41:05 | 01:02:35 |
| 4    | WIERCHANOWSKI BOGDAN     | 193 | KS METRACO POLKOWICE     | GOLCZEWO  | POL  | M50-59 |             |              | 00:20:29 | 00:41:29 | 01:03:22 |
| 5    | DZIADEK REMIGIUSZ        | 162 | PENDOLINO                | ROKITY    | POL  | M50-59 |             |              | 00:20:58 | 00:42:23 | 01:03:44 |
| 6    | FOLWARSKI ANDRZEJ        | 164 | FACE NORDIC WALKING TEAM | GDĄŃSK    | POL  | M50-59 |             |              | 00:21:25 | 00:43:00 | 01:04:51 |
| 7    | CHOLEWIŃSKI WOJCIECH     | 157 |                          | WOJNOWO   | POL  | M50-59 |             |              | 00:21:39 | 00:42:47 | 01:04:44 |
| 8    | STEFAŃSKI ANDRZEJ        | 185 | FACE NORDIC WALKING TEAM | MOTARZYNO | POL  | M50-59 |             |              | 00:23:12 | 00:46:13 | 01:09:10 |
| 9    | ŻAMOJCIN MAREK           | 195 |                          | SZCZECIN  | POL  | M50-59 |             |              | 00:23:14 | 00:46:56 | 01:10:15 |
| 10   | KULKA MACIEJ             | 170 | FACE NORDIC WALKING TEAM | POZNAŃ    | POL  | M50-59 |             |              | 00:26:28 | 00:52:53 | 01:18:23 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, K60-69**

| M-ce | Nazwisko i imię        | Nr  | Klub                     | M-scowość     | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|------------------------|-----|--------------------------|---------------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | TURZYŃSKA-STOPA MARIA  | 190 | BŁĘKITNI NW DZIEMIANY    | DZIEMIANY     | POL  | K60-69 |             |              | 00:24:45 | 00:49:33 | 01:15:20 |
| 2    | GOLUS URSZULA          | 166 |                          | SZCZECIN      | POL  | K60-69 |             |              | 00:25:45 | 00:51:56 | 01:19:10 |
| 3    | MACKOWIAK KRYSZYNA     | 198 | FACE NORDIC WALKING TEAM | DŁUGA GOŚLINA | POL  | K60-69 |             |              | 00:25:49 | 00:51:26 | 01:17:54 |
| 4    | SMARUJ-SADOWSKA JANINA | 184 |                          | BYDGOSZCZ     | POL  | K60-69 |             |              | 00:27:44 | 00:55:53 | 01:24:04 |

**JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10 KM, M60-69**

| M-ce | Nazwisko i imię     | Nr  | Klub                         | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 2.5km    | 5km      | 7.5km    |
|------|---------------------|-----|------------------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|
| 1    | KĘPA ANDRZEJ        | 168 | SKI FAMILY KLUB              | KOSZALIN  | POL  | M60-69 |             |              | 00:21:26 | 00:42:47 | 01:04:31 |
| 2    | CZEKAJŁO FRANCISZEK | 158 | TEAM MEPROZET                | DREZDENKO | POL  | M60-69 |             |              | 00:21:34 | 00:42:55 | 01:04:53 |
| 3    | LENER SŁAWOMIR      | 175 | NORDIC WALKING KLUB SZCZECIN | SZCZECIN  | POL  | M60-69 |             |              | 00:22:09 | 00:45:14 | 01:08:32 |
| 4    | GOLUS LECH          | 165 |                              | SZCZECIN  | POL  | M60-69 |             |              | 00:28:24 | 00:57:08 | 01:26:03 |