

NORDIC WALKING

Organizator: Stowarzyszenie Rowerowa Brzoza
Data: 2021-07-24
Miejsce: Olimpin - Łabiszyn
Dystans: 15 km
Klasyfikacja wg czasów brutto.



NORDIC WALKING, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------------|----|-------------------------|----------------|--------|------|--------|------|-------------|-------------|--------|------|
| 1 | KOLBERG KAMILA | 37 | KIJKOWE TRZEMESZNO | TRZEMESZNO | K36-45 | | 1 | K 1 | 01:47:13.65 | 01:47:13.65 | 7:08 | 8.4 |
| 2 | POTRZEBOWSKI MAREK | 10 | DEAF | BYDGOSZCZ | M36-45 | | 1 | M 1 | 01:48:45.55 | 01:48:45.55 | 7:15 | 8.3 |
| 3 | NOWAKOWSKI GRZEGORZ | 17 | DEAF GARMIN | BYDGOSZCZ | M36-45 | | 2 | M 2 | 01:49:06.95 | 01:49:06.95 | 7:16 | 8.2 |
| 4 | SZTUPECKA EWA | 28 | | NIEMCZ | K36-45 | | 2 | K 2 | 01:51:51.90 | 01:51:51.90 | 7:27 | 8 |
| 5 | TRZCIŃSKI EUGENIUSZ | 13 | | BYDGOSZCZ | M56+ | | 1 | M 3 | 01:54:00.90 | 01:54:00.90 | 7:36 | 7.9 |
| 6 | CIESIELSKI KRZYSZTOF | 11 | FAST WALKER | GNIEZNO | M56+ | | 2 | M 4 | 01:54:28.25 | 01:54:28.25 | 7:37 | 7.9 |
| 7 | POTRZEBOWSKA AGATA | 9 | DEAF | BYDGOSZCZ | K36-45 | | 3 | K 3 | 01:57:44.35 | 01:57:44.35 | 7:50 | 7.6 |
| 8 | MINISZEWSKA IRENA | 14 | | BYDGOSZCZ | K36-45 | | 4 | K 4 | 02:02:20.95 | 02:02:20.95 | 8:09 | 7.4 |
| 9 | KACZMAREK ZOFIA | 24 | SERCE NORDICA WŁOCLAWEK | SZCZUTKI | K56+ | | 1 | K 5 | 02:03:47.70 | 02:03:47.70 | 8:15 | 7.3 |
| 10 | KACZMAREK JAREK | 23 | SERCE NORDICA WŁOCLAWEK | SZCZUTKI | M46-55 | | 1 | M 5 | 02:03:49.65 | 02:03:49.65 | 8:15 | 7.3 |
| 11 | MAŁKIEWICZ JACEK | 7 | | SOLEC KUJAWSKI | M56+ | | 3 | M 6 | 02:03:49.95 | 02:03:49.95 | 8:15 | 7.3 |
| 12 | PAWŁOWSKI RADOSŁAW | 8 | | ZIELONKA | M46-55 | | 2 | M 7 | 02:05:26.55 | 02:05:26.55 | 8:21 | 7.2 |
| 13 | BONEK BRONISŁAW | 29 | | ŁABISZYN | M56+ | | 4 | M 8 | 02:05:34.50 | 02:05:34.50 | 8:22 | 7.2 |
| 14 | KWIATKOWSKA ELŻBIETA | 21 | | BYDGOSZCZ | K46-55 | | 1 | K 6 | 02:06:16.25 | 02:06:16.25 | 8:25 | 7.1 |
| 15 | SIMINSKA MONIKA | 15 | | INOWROCŁAW | K36-45 | | 5 | K 7 | 02:09:13.10 | 02:09:13.10 | 8:36 | 7 |
| 16 | STEMPOROWSKA KATARZYNA | 12 | BBL INOWROCŁAW | INOWROCŁAW | K36-45 | | 6 | K 8 | 02:09:35.05 | 02:09:35.05 | 8:38 | 6.9 |
| 17 | KAMIŃSKA MAŁGORZATA | 19 | ALTERNATYWY | ZIELONKA | K36-45 | | 7 | K 9 | 02:10:08.35 | 02:10:08.35 | 8:40 | 6.9 |
| 18 | NOWAKOWSKA MARTA | 16 | DEAF GARMIN | BYDGOSZCZ | K35 | | 1 | K 10 | 02:11:16.05 | 02:11:16.05 | 8:45 | 6.9 |
| 19 | URBANOWSKA-DOMANSKA OLGA | 18 | ALTERNATYWY | ZIELONKA | K36-45 | | 8 | K 11 | 02:11:29.30 | 02:11:29.30 | 8:45 | 6.8 |
| 20 | KOWALCZYK BOGUSIA | 22 | | BYDGOSZCZ | K36-45 | | 9 | K 12 | 02:14:19.35 | 02:14:19.35 | 8:57 | 6.7 |
| 21 | BOŻEK MARIUSZ | 40 | | BRZOZA | M56+ | | 5 | M 9 | 02:14:19.65 | 02:14:19.65 | 8:57 | 6.7 |
| 22 | WIŚNIEWSKA ELŻBIETA | 1 | OLIMPIN | K46-55 | | | 2 | K 13 | 02:14:20.00 | 02:14:20.00 | 8:57 | 6.7 |
| 23 | PIECZKA SYLWIA | 25 | | NIEMCZ | K36-45 | | 10 | K 14 | 02:22:26.70 | 02:22:26.70 | 9:29 | 6.3 |
| 24 | STOLARSKI PAWEŁ | 32 | | WILCZE | M56+ | | 6 | M 10 | 02:25:40.00 | 02:25:40.00 | 9:42 | 6.2 |
| 25 | STOLARSKA MAŁGORZATA | 31 | | WILCZE | K46-55 | | 3 | K 15 | 02:25:41.30 | 02:25:41.30 | 9:42 | 6.2 |
| 26 | JERZY JOLANTA | 20 | | NIEMCZ | K56+ | | 2 | K 16 | 02:26:04.70 | 02:26:04.70 | 9:44 | 6.2 |
| 27 | MAREK SŁAWEK | 33 | | SOLEC KUJAWSKI | M35 | | 1 | M 11 | 02:27:28.00 | 02:27:28.00 | 9:49 | 6.1 |
| 28 | ROHDE DANKA | 30 | ROWEROWABRZOZA | BYDGOSZCZ | K46-55 | | 4 | K 17 | 02:33:04.60 | 02:33:04.60 | 10:12 | 5.9 |
| 29 | WOŁOSZYN KAZIMIERZ | 6 | ROWEROWA BRZOZA | BYDGOSZCZ | M56+ | | 7 | M 12 | 02:33:04.80 | 02:33:04.80 | 10:12 | 5.9 |
| 30 | ZDZIARSKA MAGDALENA | 4 | | ŁABISZYN | K36-45 | | 11 | K 18 | 02:34:35.90 | 02:34:35.90 | 10:18 | 5.8 |
| 31 | GILL ILONA | 5 | | NOWE DĄBIE | K46-55 | | 5 | K 19 | 02:34:36.40 | 02:34:36.40 | 10:18 | 5.8 |
| 32 | SUŁKOWSKI MARIUSZ | 34 | KS BRZOZA | BRZOZA | M36-45 | | 3 | M 13 | 02:35:21.50 | 02:35:21.50 | 10:21 | 5.8 |
| 33 | NOWICKA MARTA | 39 | | BRZOZA | K36-45 | | 12 | K 20 | 02:42:40.70 | 02:42:40.70 | 10:50 | 5.5 |
| 34 | SITEK ALICJA | 38 | | BYDGOSZCZ | K46-55 | | 6 | K 21 | 02:42:41.25 | 02:42:41.25 | 10:50 | 5.5 |
| 35 | CIELECKA-WĄTOROWSKA JOANNA | 2 | | BRZOZA | K46-55 | | 7 | K 22 | 02:57:24.20 | 02:57:24.20 | 11:49 | 5.1 |
| 36 | AMROSZ ROXANA | 3 | | BYDGOSZCZ | K36-45 | | 13 | K 23 | 02:57:24.25 | 02:57:24.25 | 11:49 | 5.1 |

NORDIC WALKING, OPEN K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------|----|-------------------------|------------|--------|------|--------|-----|-------------|-------------|--------|------|
| 1 | KOLBERG KAMILA | 37 | KIJKOWE TRZEMESZNO | TRZEMESZNO | K36-45 | | 1 | K 1 | 01:47:13.65 | 01:47:13.65 | 7:08 | 8.4 |
| 2 | SZTUPECKA EWA | 28 | | NIEMCZ | K36-45 | | 2 | K 2 | 01:51:51.90 | 01:51:51.90 | 7:27 | 8 |
| 3 | POTRZEBOWSKA AGATA | 9 | DEAF | BYDGOSZCZ | K36-45 | | 3 | K 3 | 01:57:44.35 | 01:57:44.35 | 7:50 | 7.6 |
| 4 | MINISZEWSKA IRENA | 14 | | BYDGOSZCZ | K36-45 | | 4 | K 4 | 02:02:20.95 | 02:02:20.95 | 8:09 | 7.4 |
| 5 | KACZMAREK ZOFIA | 24 | SERCE NORDICA WŁOCLAWEK | SZCZUTKI | K56+ | | 1 | K 5 | 02:03:47.70 | 02:03:47.70 | 8:15 | 7.3 |

NORDIC WALKING, OPEN K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------------|----|----------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 6 | KWIATKOWSKA ELŻBIETA | 21 | | BYDGOSZCZ | | K46-55 | 1 | K 6 | 02:06:16.25 | 02:06:16.25 | 8:25 | 7.1 |
| 7 | SIMINSKA MONIKA | 15 | | INOWROCLAW | | K36-45 | 5 | K 7 | 02:09:13.10 | 02:09:13.10 | 8:36 | 7 |
| 8 | STEMPOROWSKA KATARZYNA | 12 | BBL INOWROCLAW | INOWROCLAW | | K36-45 | 6 | K 8 | 02:09:35.05 | 02:09:35.05 | 8:38 | 6.9 |
| 9 | KAMIŃSKA MAŁGORZATA | 19 | ALTERNATYWY | ZIELONKA | | K36-45 | 7 | K 9 | 02:10:08.35 | 02:10:08.35 | 8:40 | 6.9 |
| 10 | NOWAKOWSKA MARTA | 16 | DEAF GARMIN | BYDGOSZCZ | | K35 | 1 | K 10 | 02:11:16.05 | 02:11:16.05 | 8:45 | 6.9 |
| 11 | URBANOWSKA-DOMANSKA OLGA | 18 | ALTERNATYWY | ZIELONKA | | K36-45 | 8 | K 11 | 02:11:29.30 | 02:11:29.30 | 8:45 | 6.8 |
| 12 | KOWALCZYK BOGUSIA | 22 | | BYDGOSZCZ | | K36-45 | 9 | K 12 | 02:14:19.35 | 02:14:19.35 | 8:57 | 6.7 |
| 13 | WIŚNIEWSKA ELŻBIETA | 1 | | OLIMPIN | | K46-55 | 2 | K 13 | 02:14:20.00 | 02:14:20.00 | 8:57 | 6.7 |
| 14 | PIECZKA SYLWIA | 25 | | NIEMCZ | | K36-45 | 10 | K 14 | 02:22:26.70 | 02:22:26.70 | 9:29 | 6.3 |
| 15 | STOLARSKA MAŁGORZATA | 31 | | WILCZE | | K46-55 | 3 | K 15 | 02:25:41.30 | 02:25:41.30 | 9:42 | 6.2 |
| 16 | JERZY JOLANTA | 20 | | NIEMCZ | | K56+ | 2 | K 16 | 02:26:04.70 | 02:26:04.70 | 9:44 | 6.2 |
| 17 | ROHDE DANKA | 30 | ROWEROWABRZOZA | BYDGOSZCZ | | K46-55 | 4 | K 17 | 02:33:04.60 | 02:33:04.60 | 10:12 | 5.9 |
| 18 | ZDZIARSKA MAGDALENA | 4 | | ŁABISZYN | | K36-45 | 11 | K 18 | 02:34:35.90 | 02:34:35.90 | 10:18 | 5.8 |
| 19 | GILL ILONA | 5 | | NOWE DĄBIE | | K46-55 | 5 | K 19 | 02:34:36.40 | 02:34:36.40 | 10:18 | 5.8 |
| 20 | NOWICKA MARTA | 39 | | BRZOZA | | K36-45 | 12 | K 20 | 02:42:40.70 | 02:42:40.70 | 10:50 | 5.5 |
| 21 | SITEK ALICJA | 38 | | BYDGOSZCZ | | K46-55 | 6 | K 21 | 02:42:41.25 | 02:42:41.25 | 10:50 | 5.5 |
| 22 | CIELECKA-WĄTOROWSKA JOANNA | 2 | | BRZOZA | | K46-55 | 7 | K 22 | 02:57:24.20 | 02:57:24.20 | 11:49 | 5.1 |
| 23 | AMROSZ ROXANA | 3 | | BYDGOSZCZ | | K36-45 | 13 | K 23 | 02:57:24.25 | 02:57:24.25 | 11:49 | 5.1 |

NORDIC WALKING, OPEN M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|----|-------------------------|----------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | POTRZEBOWSKI MAREK | 10 | DEAF | BYDGOSZCZ | | M36-45 | 1 | M 1 | 01:48:45.55 | 01:48:45.55 | 7:15 | 8.3 |
| 2 | NOWAKOWSKI GRZEGORZ | 17 | DEAF GARMIN | BYDGOSZCZ | | M36-45 | 2 | M 2 | 01:49:06.95 | 01:49:06.95 | 7:16 | 8.2 |
| 3 | TRZCIŃSKI EUGENIUSZ | 13 | | BYDGOSZCZ | | M56+ | 1 | M 3 | 01:54:00.90 | 01:54:00.90 | 7:36 | 7.9 |
| 4 | CIESIELSKI KRZYSZTOF | 11 | FAST WALKER | GNIEZNO | | M56+ | 2 | M 4 | 01:54:28.25 | 01:54:28.25 | 7:37 | 7.9 |
| 5 | KACZMAREK JAREK | 23 | SERCE NORDICA WŁOCLAWEK | SZCZUTKI | | M46-55 | 1 | M 5 | 02:03:49.65 | 02:03:49.65 | 8:15 | 7.3 |
| 6 | MAŁKIEWICZ JACEK | 7 | | SOLEC KUJAWSKI | | M56+ | 3 | M 6 | 02:03:49.95 | 02:03:49.95 | 8:15 | 7.3 |
| 7 | PAWŁOWSKI RADOŚLAW | 8 | | ZIELONKA | | M46-55 | 2 | M 7 | 02:05:26.55 | 02:05:26.55 | 8:21 | 7.2 |
| 8 | BONEK BRONISŁAW | 29 | | ŁABISZYN | | M56+ | 4 | M 8 | 02:05:34.50 | 02:05:34.50 | 8:22 | 7.2 |
| 9 | BOŻEK MARIUSZ | 40 | | BRZOZA | | M56+ | 5 | M 9 | 02:14:19.65 | 02:14:19.65 | 8:57 | 6.7 |
| 10 | STOLARSKI PAWEŁ | 32 | | WILCZE | | M56+ | 6 | M 10 | 02:25:40.00 | 02:25:40.00 | 9:42 | 6.2 |
| 11 | MAREK SŁAWEK | 33 | | SOLEC KUJAWSKI | | M35 | 1 | M 11 | 02:27:28.00 | 02:27:28.00 | 9:49 | 6.1 |
| 12 | WOŁOSZYN KAZIMIERZ | 6 | ROWEROWA BRZOZA | BYDGOSZCZ | | M56+ | 7 | M 12 | 02:33:04.80 | 02:33:04.80 | 10:12 | 5.9 |
| 13 | SUŁKOWSKI MARIUSZ | 34 | KS BRZOZA | BRZOZA | | M36-45 | 3 | M 13 | 02:35:21.50 | 02:35:21.50 | 10:21 | 5.8 |

NORDIC WALKING, K35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------|----|-------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | NOWAKOWSKA MARTA | 16 | DEAF GARMIN | BYDGOSZCZ | | K35 | 1 | K 10 | 02:11:16.05 | 02:11:16.05 | 8:45 | 6.9 |

NORDIC WALKING, M35

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|----|------|----------------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | MAREK SŁAWEK | 33 | | SOLEC KUJAWSKI | | M35 | 1 | M 11 | 02:27:28.00 | 02:27:28.00 | 9:49 | 6.1 |

NORDIC WALKING, K36-45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|----|--------------------|------------|------|--------|--------|-----|-------------|-------------|--------|------|
| 1 | KOLBERG KAMILA | 37 | KIJKOWE TRZEMESZNO | TRZEMESZNO | | K36-45 | 1 | K 1 | 01:47:13.65 | 01:47:13.65 | 7:08 | 8.4 |
| 2 | SZTUPECKA EWA | 28 | | NIEMCZ | | K36-45 | 2 | K 2 | 01:51:51.90 | 01:51:51.90 | 7:27 | 8 |

NORDIC WALKING, K36-45 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------------|----|----------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 3 | POTRZEBOWSKA AGATA | 9 | DEAF | BYDGOSZCZ | | K36-45 | 3 | K 3 | 01:57:44.35 | 01:57:44.35 | 7:50 | 7.6 |
| 4 | MINISZEWSKA IRENA | 14 | | BYDGOSZCZ | | K36-45 | 4 | K 4 | 02:02:20.95 | 02:02:20.95 | 8:09 | 7.4 |
| 5 | SIMINSKA MONIKA | 15 | | INOWROCŁAW | | K36-45 | 5 | K 7 | 02:09:13.10 | 02:09:13.10 | 8:36 | 7 |
| 6 | STEMPOROWSKA KATARZYNA | 12 | BBL INOWROCŁAW | INOWROCŁAW | | K36-45 | 6 | K 8 | 02:09:35.05 | 02:09:35.05 | 8:38 | 6.9 |
| 7 | KAMIŃSKA MAŁGORZATA | 19 | ALTERNATYWY | ZIELONKA | | K36-45 | 7 | K 9 | 02:10:08.35 | 02:10:08.35 | 8:40 | 6.9 |
| 8 | URBANOWSKA-DOMANSKA OLGA | 18 | ALTERNATYWY | ZIELONKA | | K36-45 | 8 | K 11 | 02:11:29.30 | 02:11:29.30 | 8:45 | 6.8 |
| 9 | KOWALCZYK BOGUSIA | 22 | | BYDGOSZCZ | | K36-45 | 9 | K 12 | 02:14:19.35 | 02:14:19.35 | 8:57 | 6.7 |
| 10 | PIECZKA SYLWIA | 25 | | NIEMCZ | | K36-45 | 10 | K 14 | 02:22:26.70 | 02:22:26.70 | 9:29 | 6.3 |
| 11 | ZDZIARSKA MAGDALENA | 4 | | ŁABISZYN | | K36-45 | 11 | K 18 | 02:34:35.90 | 02:34:35.90 | 10:18 | 5.8 |
| 12 | NOWICKA MARTA | 39 | | BRZOZA | | K36-45 | 12 | K 20 | 02:42:40.70 | 02:42:40.70 | 10:50 | 5.5 |
| 13 | AMROSZ ROXANA | 3 | | BYDGOSZCZ | | K36-45 | 13 | K 23 | 02:57:24.25 | 02:57:24.25 | 11:49 | 5.1 |

NORDIC WALKING, M36-45

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------|----|-------------|-----------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | POTRZEBOWSKI MAREK | 10 | DEAF | BYDGOSZCZ | | M36-45 | 1 | M 1 | 01:48:45.55 | 01:48:45.55 | 7:15 | 8.3 |
| 2 | NOWAKOWSKI GRZEGORZ | 17 | DEAF GARMIN | BYDGOSZCZ | | M36-45 | 2 | M 2 | 01:49:06.95 | 01:49:06.95 | 7:16 | 8.2 |
| 3 | SUŁKOWSKI MARIUSZ | 34 | KS BRZOZA | BRZOZA | | M36-45 | 3 | M 13 | 02:35:21.50 | 02:35:21.50 | 10:21 | 5.8 |

NORDIC WALKING, K46-55

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------------|----|----------------|------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1 | KWIATKOWSKA ELŻBIETA | 21 | | BYDGOSZCZ | | K46-55 | 1 | K 6 | 02:06:16.25 | 02:06:16.25 | 8:25 | 7.1 |
| 2 | WIŚNIEWSKA ELŻBIETA | 1 | | OLIMPIN | | K46-55 | 2 | K 13 | 02:14:20.00 | 02:14:20.00 | 8:57 | 6.7 |
| 3 | STOLARSKA MAŁGORZATA | 31 | | WILCZE | | K46-55 | 3 | K 15 | 02:25:41.30 | 02:25:41.30 | 9:42 | 6.2 |
| 4 | ROHDE DANKA | 30 | ROWEROWABRZOZA | BYDGOSZCZ | | K46-55 | 4 | K 17 | 02:33:04.60 | 02:33:04.60 | 10:12 | 5.9 |
| 5 | GILL ILONA | 5 | | NOWE DĄBIE | | K46-55 | 5 | K 19 | 02:34:36.40 | 02:34:36.40 | 10:18 | 5.8 |
| 6 | SITEK ALICJA | 38 | | BYDGOSZCZ | | K46-55 | 6 | K 21 | 02:42:41.25 | 02:42:41.25 | 10:50 | 5.5 |
| 7 | CIELECKA-WĄTOROWSKA JOANNA | 2 | | BRZOZA | | K46-55 | 7 | K 22 | 02:57:24.20 | 02:57:24.20 | 11:49 | 5.1 |

NORDIC WALKING, M46-55

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------|----|-------------------------|-----------|------|--------|--------|-----|-------------|-------------|--------|------|
| 1 | KACZMAREK JAREK | 23 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | | M46-55 | 1 | M 5 | 02:03:49.65 | 02:03:49.65 | 8:15 | 7.3 |
| 2 | PAWŁOWSKI RADOŚLAW | 8 | | ZIELONKA | | M46-55 | 2 | M 7 | 02:05:26.55 | 02:05:26.55 | 8:21 | 7.2 |

NORDIC WALKING, K56+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------|----|-------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | KACZMAREK ZOFIA | 24 | SERCE NORDICA WŁOCŁAWEK | SZCZUTKI | | K56+ | 1 | K 5 | 02:03:47.70 | 02:03:47.70 | 8:15 | 7.3 |
| 2 | JERZY JOLANTA | 20 | | NIEMCZ | | K56+ | 2 | K 16 | 02:26:04.70 | 02:26:04.70 | 9:44 | 6.2 |

NORDIC WALKING, M56+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|----|-------------|----------------|------|------|--------|-----|-------------|-------------|--------|------|
| 1 | TRZCIŃSKI EUGENIUSZ | 13 | | BYDGOSZCZ | | M56+ | 1 | M 3 | 01:54:00.90 | 01:54:00.90 | 7:36 | 7.9 |
| 2 | CIESIELSKI KRZYSZTOF | 11 | FAST WALKER | GNIEZNO | | M56+ | 2 | M 4 | 01:54:28.25 | 01:54:28.25 | 7:37 | 7.9 |
| 3 | MAŁKIEWICZ JACEK | 7 | | SOLEC KUJAWSKI | | M56+ | 3 | M 6 | 02:03:49.95 | 02:03:49.95 | 8:15 | 7.3 |
| 4 | BONEK BRONISŁAW | 29 | | ŁABISZYN | | M56+ | 4 | M 8 | 02:05:34.50 | 02:05:34.50 | 8:22 | 7.2 |

NORDIC WALKING, M56+ c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------|----|-----------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 5 | BOŻEK MARIUSZ | 40 | | BRZOZA | | M56+ | 5 | M 9 | 02:14:19.65 | 02:14:19.65 | 8:57 | 6.7 |
| 6 | STOLARSKI PAWEŁ | 32 | | WILCZE | | M56+ | 6 | M 10 | 02:25:40.00 | 02:25:40.00 | 9:42 | 6.2 |
| 7 | WOŁOŻYŃ KAZIMIERZ | 6 | ROWEROWA BRZOZA | BYDGOSZCZ | | M56+ | 7 | M 12 | 02:33:04.80 | 02:33:04.80 | 10:12 | 5.9 |