

BIEG SZLAK TRAFI | 7KM

Organizator: Fundacja Ruszaj Na Szlak
 Data: 2021-08-07
 Miejsce: Kazimierz Dolny
 Dystans: 7 km
 Klasyfikacja wg czasów brutto.

**BIEG SZLAK TRAFI | 7KM, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Netto | Brutto | min/km | km/h |
|------|----------------------------|-----|----------------------------|-----------------|------|-----------|--------|------|----------------------------|-------------|-------------|--------|------|
| 1 | JENDRYCH ARTUR | 733 | 793203320 | ŚWIDNIK | POL | MĘZCZYŹNI | 1 | M 1 | | 00:29:46.70 | 00:29:48.35 | 4:15 | 14.1 |
| 2 | WÓJCIK BARTŁOMIEJ | 810 | KSPZ GREY | LUBLIN | POL | MĘZCZYŹNI | 2 | M 2 | | 00:31:36.05 | 00:31:38.90 | 4:30 | 13.3 |
| 3 | DYŚ PAWEŁ | 713 | STAY INSANE | LUBLIN | POL | MĘZCZYŹNI | 3 | M 3 | STAY INSANE | 00:32:06.35 | 00:32:08.85 | 4:35 | 13.1 |
| 4 | RESZKA MAREK | 782 | BEERRUNNER | LUBLIN | POL | MĘZCZYŹNI | 4 | M 4 | | 00:33:11.00 | 00:33:14.80 | 4:44 | 12.7 |
| 5 | SZYDŁOWSKI RAFAŁ | 801 | POWER TRAINING | WARSZAWA | POL | MĘZCZYŹNI | 5 | M 5 | | 00:34:39.15 | 00:34:42.35 | 4:57 | 12.1 |
| 6 | ŁAPACZ DAMIAN | 759 | WISŁA | MACIEJOWICE | POL | MĘZCZYŹNI | 6 | M 6 | | 00:35:12.85 | 00:35:17.35 | 5:01 | 11.9 |
| 7 | LIPA TOMASZ | 757 | | LUBLIN | POL | MĘZCZYŹNI | 7 | M 7 | | 00:36:53.80 | 00:36:58.85 | 5:16 | 11.4 |
| 8 | KACZKOWSKI KRZYSZTOF | 737 | WKZ KOZIENICE BBL | KOZIENICE | POL | MĘZCZYŹNI | 8 | M 8 | WKZ KOZIENICE BBL | 00:37:24.40 | 00:37:29.80 | 5:20 | 11.2 |
| 9 | GORZEC PIOTR | 818 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 9 | M 9 | BIEGAJĄCY ŚWIDNIK | 00:37:42.10 | 00:37:46.25 | 5:23 | 11.1 |
| 10 | KAWIAK MAREK | 740 | | LUBLIN | POL | MĘZCZYŹNI | 10 | M 10 | | 00:37:44.15 | 00:37:51.15 | 5:23 | 11.1 |
| 11 | RYMARZ ROBERT | 785 | BYCHAWARUNNERS | BYCHAWA | POL | MĘZCZYŹNI | 11 | M 11 | | 00:40:25.70 | 00:40:33.75 | 5:46 | 10.4 |
| 12 | JURKOWSKI DARIUSZ | 736 | BYCHAWA RUNNERS | WYSOKIE | POL | MĘZCZYŹNI | 12 | M 12 | BYCHAWA RUNNERS | 00:40:44.10 | 00:40:52.10 | 5:49 | 10.3 |
| 13 | MORAWSKI KAJETAN | 767 | | LUBLIN | POL | MĘZCZYŹNI | 13 | M 13 | | 00:41:15.65 | 00:41:26.00 | 5:53 | 10.2 |
| 14 | KLIMAS MATEUSZ | 744 | WKZ KOZIENICE BBL | KOZIENICE | POL | MĘZCZYŹNI | 14 | M 14 | WKZ KOZIENICE BBL | 00:42:03.50 | 00:42:13.15 | 6:00 | 10 |
| 15 | DZYR KONRAD | 714 | | LUBLIN | POL | MĘZCZYŹNI | 15 | M 15 | | 00:42:27.75 | 00:42:36.35 | 6:03 | 9.9 |
| 16 | BABKIEWICZ SZYMON | 701 | LUBELSKI BIEGACZ TEAM | LUBLIN | POL | MĘZCZYŹNI | 16 | M 16 | | 00:43:57.45 | 00:44:07.20 | 6:16 | 9.6 |
| 17 | SĄCZEK JOLANTA | 788 | AVANGARDA FITNESS & SPA | PUŁAWY | POL | KOBIETY | 1 | K 1 | AVANGARDA | 00:44:12.35 | 00:44:17.30 | 6:18 | 9.5 |
| 18 | WITKOWSKA-WALENCIK JUSTYNA | 808 | AVANGARDA FITNESS&SPA | PUŁAWY | POL | KOBIETY | 2 | K 2 | AVANGARDA | 00:44:38.10 | 00:44:42.75 | 6:22 | 9.4 |
| 19 | NIEZBECKA MARIOLA | 770 | | OPOLE LUBELSKIE | POL | KOBIETY | 3 | K 3 | | 00:44:43.60 | 00:44:48.95 | 6:23 | 9.4 |
| 20 | WENERSKI ANDRZEJ | 806 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | MĘZCZYŹNI | 17 | M 17 | MULTIMEDIA RUNNERS PUŁAWY | 00:46:00.30 | 00:46:04.35 | 6:34 | 9.1 |
| 21 | GOLAWSKA JOANNA | 724 | | TURKA | POL | KOBIETY | 4 | K 4 | | 00:45:59.55 | 00:46:10.95 | 6:34 | 9.1 |
| 22 | GORZKOWSKI MARCIN | 725 | | NADOLANY | POL | MĘZCZYŹNI | 18 | M 18 | | 00:46:07.75 | 00:46:16.25 | 6:35 | 9.1 |
| 23 | FURMAŃSKA ANNA | 719 | | KLWÓW | POL | KOBIETY | 5 | K 5 | | 00:46:29.30 | 00:46:36.25 | 6:38 | 9 |
| 24 | SOBCZAK JADWIGA | 792 | | KLWÓW | POL | KOBIETY | 6 | K 6 | | 00:46:30.95 | 00:46:38.40 | 6:38 | 9 |
| 25 | CHOMA AGA JOANNA | 710 | | JANOWICA | POL | KOBIETY | 7 | K 7 | | 00:46:33.25 | 00:46:51.05 | 6:39 | 9 |
| 26 | MIERZEJEWSKI PIOTR | 766 | | WARSZAWA | POL | MĘZCZYŹNI | 19 | M 19 | | 00:46:47.75 | 00:47:11.70 | 6:41 | 9 |
| 27 | SZCZĘSNY DANIEL | 765 | | | POL | MĘZCZYŹNI | 20 | M 20 | | 00:46:55.75 | 00:47:12.65 | 6:42 | 9 |
| 28 | PYCKA SŁAWOMIR | 779 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 21 | M 21 | | 00:47:15.20 | 00:47:23.00 | 6:45 | 8.9 |
| 29 | STASIAK MARCIN | 795 | | PUŁAWY | POL | MĘZCZYŹNI | 22 | M 22 | | 00:47:29.30 | 00:47:49.95 | 6:47 | 8.8 |
| 30 | FAŁEK KAROLINA | 715 | KAROLINA FAŁEK | LIPSKO | POL | KOBIETY | 8 | K 8 | | 00:47:45.90 | 00:48:00.35 | 6:49 | 8.8 |
| 31 | GREGUŁA MAŁGORZATA | 728 | | LUBLIN | POL | KOBIETY | 9 | K 9 | | 00:48:18.30 | 00:48:29.20 | 6:54 | 8.7 |
| 32 | BACZA AGNIESZKA | 702 | ŁĘCZNA BIEGA | ŁĘCZNA | POL | KOBIETY | 10 | K 10 | ŁĘCZNA BIEGA | 00:48:30.70 | 00:48:42.45 | 6:55 | 8.7 |
| 33 | RUTKOWSKA MILENA | 783 | MULTIMEDIA RUNNERS | PUŁAWY | POL | KOBIETY | 11 | K 11 | MULTIMEDIA RUNNERS | 00:48:53.65 | 00:48:56.60 | 6:59 | 8.6 |
| 34 | SCHAB SYLWIA | 789 | AVANGARDA FINTESS&SPA | JANOWIEC | POL | KOBIETY | 12 | K 12 | AVANGARDA | 00:48:54.80 | 00:49:03.15 | 6:59 | 8.6 |
| 35 | GROCHAL NORBERT | 729 | LUBELSKI BANK SPÓŁDZIELCZY | PUŁAWY | POL | MĘZCZYŹNI | 23 | M 23 | LUBELSKI BANK SPÓŁDZIELCZY | 00:49:31.85 | 00:49:59.50 | 7:04 | 8.5 |
| 36 | KAWKA TOMASZ | 742 | GLORIA VICTIS | ŻYRZYN | POL | MĘZCZYŹNI | 24 | M 24 | | 00:50:11.95 | 00:50:24.30 | 7:10 | 8.4 |
| 37 | KAWKA MAŁGORZATA | 741 | GLORIA VICTIS | ŻYRZYN | POL | KOBIETY | 13 | K 13 | | 00:50:12.85 | 00:50:24.40 | 7:10 | 8.4 |
| 38 | SIUDAK ANNA | 790 | | PIASECZNO | POL | KOBIETY | 14 | K 14 | | 00:50:31.35 | 00:50:44.25 | 7:13 | 8.3 |
| 39 | KIRYŁA TOMASZ | 743 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 25 | M 25 | BIEGAJĄCY ŚWIDNIK | 00:50:39.70 | 00:50:59.70 | 7:14 | 8.3 |
| 40 | ZABŁOCKA ANNA | 811 | | PUŁAWY | POL | KOBIETY | 15 | K 15 | | 00:50:47.05 | 00:51:04.60 | 7:15 | 8.3 |
| 41 | KWIATEK MACIEJ | 755 | BOSTON CELTICS | PUŁAWY | POL | MĘZCZYŹNI | 26 | M 26 | | 00:50:47.20 | 00:51:04.60 | 7:15 | 8.3 |
| 42 | ŚWIDEREK DOROTA | 804 | PZU SPORT TEAM | LUBARTÓW | POL | KOBIETY | 16 | K 16 | | 00:51:04.95 | 00:51:23.75 | 7:17 | 8.2 |
| 43 | KUBIAK MARTA | 752 | | ŚWIDNIK | POL | KOBIETY | 17 | K 17 | | 00:51:11.50 | 00:51:32.85 | 7:18 | 8.2 |
| 44 | KAMINSKI KRZYSZTOF | 738 | | JASZENICA | POL | MĘZCZYŹNI | 27 | M 27 | | 00:51:14.00 | 00:51:38.65 | 7:19 | 8.2 |

BIEG SZLAK TRAFI | 7KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|----------------------------|-----------------|------|-----------|--------|------|-------------------------------|-------------|-------------|--------|------|
| 45 | STRZELECKA ANNA | 816 | | PUŁAWY | POL | KOBIETY | 18 | K 18 | | 00:52:15.30 | 00:52:21.95 | 7:27 | 8 |
| 46 | KASPRZAK IWONA | 739 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 19 | K 19 | BIEGAJĄCY ŚWIDNIK | 00:52:19.20 | 00:52:32.80 | 7:28 | 8 |
| 47 | BIELAK SEBASTIAN | 707 | | ŚWIDNIK | POL | MĘŻCZYŹNI | 28 | M 28 | | 00:52:19.40 | 00:52:33.30 | 7:28 | 8 |
| 48 | JĘŻAK MACIEJ | 734 | KAROLINA FAŁEK | LIPSKO | POL | MĘŻCZYŹNI | 29 | M 29 | | 00:52:44.85 | 00:53:00.20 | 7:32 | 8 |
| 49 | SARAN MACIEJ | 815 | | PUŁAWY | POL | MĘŻCZYŹNI | 30 | M 30 | | 00:52:56.90 | 00:53:17.25 | 7:33 | 7.9 |
| 50 | GRZEGORCZYK MATEUSZ | 730 | | PUŁAWY | POL | MĘŻCZYŹNI | 30 | M 30 | | 00:52:56.70 | 00:53:17.25 | 7:33 | 7.9 |
| 51 | ZAPAŁA MONIKA | 812 | | LUBLIN | POL | KOBIETY | 20 | K 20 | | 00:53:09.30 | 00:53:20.70 | 7:35 | 7.9 |
| 52 | SZUKOWSKA MAGDA | 814 | AVANGARDA | PUŁAWY | POL | KOBIETY | 21 | K 21 | AVANGARDA | 00:53:17.90 | 00:53:25.65 | 7:36 | 7.9 |
| 53 | GUSTAW KRZYSZTOF | 731 | | LUBLIN | POL | MĘŻCZYŹNI | 32 | M 32 | | 00:53:32.45 | 00:53:52.10 | 7:38 | 7.8 |
| 54 | WENERSKA MAŁGORZATA | 805 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 22 | K 22 | MULTIMEDIA RUNNERS PUŁAWY | 00:54:13.85 | 00:54:20.20 | 7:44 | 7.7 |
| 55 | SZMIT ANETA | 799 | | ŁAZISKA | POL | KOBIETY | 23 | K 23 | | 00:54:14.40 | 00:54:24.85 | 7:44 | 7.7 |
| 56 | MOSKAL AGNIESZKA | 768 | MULTIMEDIA RUNNERS | ŻYRZYN | POL | KOBIETY | 24 | K 24 | MULTIMEDIA RUNNERS | 00:54:32.25 | 00:54:47.90 | 7:47 | 7.7 |
| 57 | MICHALIK DOROTA | 764 | | LUBARTÓW | POL | KOBIETY | 25 | K 25 | | 00:54:24.95 | 00:54:52.40 | 7:46 | 7.7 |
| 58 | SZTOBRYN MAŁGORZATA | 800 | MULTIMEDIA RUNNERS | PUŁAWY | POL | KOBIETY | 26 | K 26 | MULTIMEDIA RUNNERS | 00:55:12.80 | 00:55:32.35 | 7:53 | 7.6 |
| 59 | OLECH BARBARA | 772 | PZU SPORT TEAM | GODZISZÓW | POL | KOBIETY | 27 | K 27 | | 00:55:17.25 | 00:55:36.65 | 7:53 | 7.6 |
| 60 | KOCHMAN IWONA | 746 | VEGE RUNNERS | WARSZAWA | POL | KOBIETY | 28 | K 28 | VEGE RUNNERS | 00:55:58.55 | 00:56:07.55 | 7:59 | 7.5 |
| 61 | KOWALSKA GABRIELA | 748 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 29 | K 29 | BIEGAJĄCY ŚWIDNIK | 00:56:34.80 | 00:56:46.85 | 8:04 | 7.4 |
| 62 | SZYMANEK KRZYS | 802 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | MĘŻCZYŹNI | 33 | M 33 | MULTIMEDIA RUNNERS PUŁAWY | 00:56:42.25 | 00:57:06.95 | 8:06 | 7.4 |
| 63 | PODGÓRSKI MARCIN | 777 | | ŚWIDNIK | POL | MĘŻCZYŹNI | 34 | M 34 | BIEGAJĄCY ŚWIDNIK | 00:56:47.40 | 00:57:08.65 | 8:06 | 7.4 |
| 64 | WOSZCZAK MONIKA | 809 | PIĘKNI I BESTJALSCY | TURÓW | POL | KOBIETY | 30 | K 30 | | 00:57:03.85 | 00:57:13.85 | 8:09 | 7.4 |
| 65 | SOBALA RENATA | 791 | | GÓRA PUŁAWSKA | POL | KOBIETY | 31 | K 31 | | 00:57:12.05 | 00:57:17.50 | 8:10 | 7.3 |
| 66 | GAWROŃSKI BARTŁOMIEJ | 723 | | LUBLIN | POL | MĘŻCZYŹNI | 35 | M 35 | | 00:57:11.30 | 00:57:37.85 | 8:10 | 7.3 |
| 67 | JASZCZEWSKA EMILIA | 732 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 32 | K 32 | BY JEŚĆ WIĘCEJ CIASTEK | 00:57:39.80 | 00:58:01.25 | 8:14 | 7.3 |
| 68 | BAKALARZ ILONA | 703 | OPOLE LUBELSKIE | OPOLE LUBELSKIE | POL | KOBIETY | 33 | K 33 | OPOLELUBELSKIE | 00:58:01.30 | 00:58:11.95 | 8:17 | 7.2 |
| 69 | GAŃSKI FILIP | 721 | | ŚWIDNIK | POL | MĘŻCZYŹNI | 36 | M 36 | | 00:58:21.40 | 00:58:39.80 | 8:20 | 7.2 |
| 70 | SZEWCZYK PAWEŁ | 798 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘŻCZYŹNI | 37 | M 37 | BIEGAJĄCY ŚWIDNIK | 00:58:24.15 | 00:58:42.45 | 8:20 | 7.2 |
| 71 | KREPA ANIA | 750 | | PUŁAWY | POL | KOBIETY | 34 | K 34 | | 00:59:02.20 | 00:59:08.25 | 8:26 | 7.1 |
| 72 | RAK PAWEŁ | 781 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘŻCZYŹNI | 38 | M 38 | BIEGAJĄCY ŚWIDNIK | 01:00:30.70 | 01:00:43.20 | 8:38 | 6.9 |
| 73 | KRÓL NATALIA | 751 | LUBELSKI BANK SPÓŁDZIELCZY | KOŃSKOWOLA | POL | KOBIETY | 35 | K 35 | LUBELSKI BANK SPÓŁDZIELCZY | 01:00:34.10 | 01:01:00.30 | 8:39 | 6.9 |
| 74 | ŚCIBIOR MARTYNA | 803 | | WAŹOLNICA | POL | KOBIETY | 36 | K 36 | | 01:00:54.60 | 01:01:04.05 | 8:42 | 6.9 |
| 75 | KUTA ANNA | 754 | | PUŁAWY | POL | KOBIETY | 37 | K 37 | | 01:00:54.90 | 01:01:11.00 | 8:42 | 6.9 |
| 76 | FIJAŁKOWSKA KAROLINA | 717 | | ŚWIDNIK | POL | KOBIETY | 38 | K 38 | | 01:01:10.80 | 01:01:27.85 | 8:44 | 6.9 |
| 77 | LASOTA MARZENA | 756 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 39 | K 39 | MULTIMEDIA RUNNERS PUŁAWY | 01:01:42.55 | 01:02:05.75 | 8:48 | 6.8 |
| 78 | MALKIN AGNIESZKA | 762 | | PUŁAWY | POL | KOBIETY | 40 | K 40 | | 01:01:42.80 | 01:02:05.95 | 8:48 | 6.8 |
| 79 | ŁASZCZ EWA | 760 | | PUŁAWY | POL | KOBIETY | 41 | K 41 | | 01:01:43.65 | 01:02:06.65 | 8:49 | 6.8 |
| 80 | BAKAŁA JUSTYNA | 706 | LUBELSKI BANK SPÓŁDZIELCZY | PUŁAWY | POL | KOBIETY | 42 | K 42 | LUBELSKI BANK SPÓŁDZIELCZY | 01:02:48.85 | 01:03:14.20 | 8:58 | 6.7 |
| 81 | GRABOWSKI MARCIN | 726 | | WARSZAWA | POL | MĘŻCZYŹNI | 39 | M 39 | | 01:03:13.10 | 01:03:37.10 | 9:01 | 6.6 |
| 82 | MAKSYMIL KRZYSZTOF | 761 | DZIKIE GRUBASY SZATANA | WARSZAWA | POL | MĘŻCZYŹNI | 40 | M 40 | DZIKIE GRUBASY SZATANA | 01:06:26.25 | 01:06:33.50 | 9:29 | 6.3 |
| 83 | GREGOREK EDYTA | 727 | ZWOLEŃNICY BIEGANIA | ZWOLEŃ | POL | KOBIETY | 43 | K 43 | | 01:06:57.80 | 01:07:14.05 | 9:33 | 6.3 |
| 84 | FIROSZ MAŁGORZATA | 718 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 44 | K 44 | BIEGAJĄCY ŚWIDNIK | 01:09:08.85 | 01:09:35.65 | 9:52 | 6.1 |
| 85 | BANY PIOTR | 704 | BIEGUSIEM.PL | RYKI | POL | MĘŻCZYŹNI | 41 | M 41 | | 01:10:00.00 | 01:10:00.00 | 10:00 | 6 |
| 86 | RYMUSZKO RENATA | 786 | | LUBLIN | POL | KOBIETY | 45 | K 45 | | 01:15:02.90 | 01:15:25.65 | 10:43 | 5.6 |
| 87 | PASEK EWELINA | 774 | | TCZÓW | POL | KOBIETY | 46 | K 46 | | 01:15:14.15 | 01:15:30.60 | 10:44 | 5.6 |
| 88 | FATYGA-ŁADOSZEK MAGDALENA | 716 | | LUBLIN | POL | KOBIETY | 47 | K 47 | | 01:15:40.60 | 01:16:03.00 | 10:48 | 5.6 |
| 89 | PIETRZYK RENATA | 775 | BIEGAJĄCY ŚWIDNIK | MEŁGIEW | POL | KOBIETY | 48 | K 48 | | 01:16:55.25 | 01:17:17.05 | 10:59 | 5.5 |
| 90 | SABA MAŁGORZATA | 787 | NAJWIĘKSZA ARMIA ŚWIATA | LUBLIN | POL | KOBIETY | 49 | K 49 | | 01:31:16.80 | 01:31:35.50 | 13:02 | 4.6 |
| 91 | OŻÓG DOROTA | 817 | | CHEŁM | POL | KOBIETY | 50 | K 50 | | 01:31:57.05 | 01:32:12.50 | 13:08 | 4.6 |
| 92 | KŁOPOT STANISŁAWA GRAŻYNA | 745 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 51 | K 51 | MULTIMEDIA RUNNERS | 01:31:42.75 | 01:32:14.30 | 13:06 | 4.6 |
| 93 | OŻÓG IWONA | 773 | | CHEŁM | POL | KOBIETY | 52 | K 52 | | 01:32:01.55 | 01:32:16.90 | 13:08 | 4.6 |
| 94 | CELEJEWSKI KRZYSZTOF | 813 | | ZAJEZIERZE | POL | MĘŻCZYŹNI | 42 | M 42 | | | | | |

BIEG SZLAK TRAFI | 7KM, Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Netto | Brutto | min/km | km/h |
|------|----------------------------|-----|----------------------------|-----------------|------|---------|--------|------|-------------------------------|-------------|-------------|--------|------|
| 1 | SĄCZEK JOLANTA | 788 | AVANGARDA FITNESS & SPA | PUŁAWY | POL | KOBIETY | 1 | K 1 | AVANGARDA | 00:44:12.35 | 00:44:17.30 | 6:18 | 9.5 |
| 2 | WITKOWSKA-WALENCIK JUSTYNA | 808 | AVANGARDA FITNESS&SPA | PUŁAWY | POL | KOBIETY | 2 | K 2 | AVANGARDA | 00:44:38.10 | 00:44:42.75 | 6:22 | 9.4 |
| 3 | NIEZBECKA MARIOLA | 770 | | OPOLE LUBELSKIE | POL | KOBIETY | 3 | K 3 | | 00:44:43.60 | 00:44:48.95 | 6:23 | 9.4 |
| 4 | GOLAWSKA JOANNA | 724 | | TURKA | POL | KOBIETY | 4 | K 4 | | 00:45:59.55 | 00:46:10.95 | 6:34 | 9.1 |
| 5 | FURMAŃSKA ANNA | 719 | | KLWÓW | POL | KOBIETY | 5 | K 5 | | 00:46:29.30 | 00:46:36.25 | 6:38 | 9 |
| 6 | SOBCZAK JADWIGA | 792 | | KLWÓW | POL | KOBIETY | 6 | K 6 | | 00:46:30.95 | 00:46:38.40 | 6:38 | 9 |
| 7 | CHOMA AGA JOANNA | 710 | | JANOWICA | POL | KOBIETY | 7 | K 7 | | 00:46:33.25 | 00:46:51.05 | 6:39 | 9 |
| 8 | FAŁEK KAROLINA | 715 | KAROLINA FAŁEK | LIPSKO | POL | KOBIETY | 8 | K 8 | | 00:47:45.90 | 00:48:00.35 | 6:49 | 8.8 |
| 9 | GREGUŁA MAŁGORZATA | 728 | | LUBLIN | POL | KOBIETY | 9 | K 9 | | 00:48:18.30 | 00:48:29.20 | 6:54 | 8.7 |
| 10 | BACZA AGNIESZKA | 702 | ŁĘCZNA BIEGA | ŁĘCZNA | POL | KOBIETY | 10 | K 10 | ŁĘCZNA BIEGA | 00:48:30.70 | 00:48:42.45 | 6:55 | 8.7 |
| 11 | RUTKOWSKA MILENA | 783 | MULTIMEDIA RUNNERS | PUŁAWY | POL | KOBIETY | 11 | K 11 | MULTIMEDIA RUNNERS | 00:48:53.65 | 00:48:56.60 | 6:59 | 8.6 |
| 12 | SCHAB SYLWIA | 789 | AVANGARDA FINTESS&SPA | JANOWIEC | POL | KOBIETY | 12 | K 12 | AVANGARDA | 00:48:54.80 | 00:49:03.15 | 6:59 | 8.6 |
| 13 | KAWKA MAŁGORZATA | 741 | GLORIA VICTIS | ŻYRZYN | POL | KOBIETY | 13 | K 13 | | 00:50:12.85 | 00:50:24.40 | 7:10 | 8.4 |
| 14 | SIUDAK ANNA | 790 | | PIASECZNO | POL | KOBIETY | 14 | K 14 | | 00:50:31.35 | 00:50:44.25 | 7:13 | 8.3 |
| 15 | ZABŁOCKA ANNA | 811 | | PUŁAWY | POL | KOBIETY | 15 | K 15 | | 00:50:47.05 | 00:51:04.60 | 7:15 | 8.3 |
| 16 | ŚWIDEREK DOROTA | 804 | PZU SPORT TEAM | LUBARTÓW | POL | KOBIETY | 16 | K 16 | | 00:51:04.95 | 00:51:23.75 | 7:17 | 8.2 |
| 17 | KUBIAK MARTA | 752 | | ŚWIDNIK | POL | KOBIETY | 17 | K 17 | | 00:51:11.50 | 00:51:32.85 | 7:18 | 8.2 |
| 18 | STRZELECKA ANNA | 816 | | PUŁAWY | POL | KOBIETY | 18 | K 18 | | 00:52:15.30 | 00:52:21.95 | 7:27 | 8 |
| 19 | KASPRZAK IWONA | 739 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 19 | K 19 | BIEGAJĄCY ŚWIDNIK | 00:52:19.20 | 00:52:32.80 | 7:28 | 8 |
| 20 | ZAPAŁA MONIKA | 812 | | LUBLIN | POL | KOBIETY | 20 | K 20 | | 00:53:09.30 | 00:53:20.70 | 7:35 | 7.9 |
| 21 | SZUKOWSKA MAGDA | 814 | AVANGARDA | PUŁAWY | POL | KOBIETY | 21 | K 21 | AVANGARDA | 00:53:17.90 | 00:53:25.65 | 7:36 | 7.9 |
| 22 | WENERSKA MAŁGORZATA | 805 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 22 | K 22 | MULTIMEDIA RUNNERS PUŁAWY | 00:54:13.85 | 00:54:20.20 | 7:44 | 7.7 |
| 23 | SZMIT ANETA | 799 | | ŁAZISKA | POL | KOBIETY | 23 | K 23 | | 00:54:14.40 | 00:54:24.85 | 7:44 | 7.7 |
| 24 | MOSKAŁ AGNIESZKA | 768 | MULTIMEDIA RUNNERS | ŻYRZYN | POL | KOBIETY | 24 | K 24 | MULTIMEDIA RUNNERS | 00:54:32.25 | 00:54:47.90 | 7:47 | 7.7 |
| 25 | MICHALIK DOROTA | 764 | | LUBARTÓW | POL | KOBIETY | 25 | K 25 | | 00:54:24.95 | 00:54:52.40 | 7:46 | 7.7 |
| 26 | SZTOBRYN MAŁGORZATA | 800 | MULTIMEDIA RUNNERS | PUŁAWY | POL | KOBIETY | 26 | K 26 | MULTIMEDIA RUNNERS | 00:55:12.80 | 00:55:32.35 | 7:53 | 7.6 |
| 27 | OLECH BARBARA | 772 | PZU SPORT TEAM | GÓDZISZÓW | POL | KOBIETY | 27 | K 27 | | 00:55:17.25 | 00:55:36.65 | 7:53 | 7.6 |
| 28 | KOCHMAN IWONA | 746 | VEGE RUNNERS | WARSZAWA | POL | KOBIETY | 28 | K 28 | VEGE RUNNERS | 00:55:58.55 | 00:56:07.55 | 7:59 | 7.5 |
| 29 | KOWALSKA GABRIELA | 748 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 29 | K 29 | BIEGAJĄCY ŚWIDNIK | 00:56:34.80 | 00:56:46.85 | 8:04 | 7.4 |
| 30 | WOSZCZAK MONIKA | 809 | PIĘKNI I BESTJALSCY | TURÓW | POL | KOBIETY | 30 | K 30 | | 00:57:03.85 | 00:57:13.85 | 8:09 | 7.4 |
| 31 | SOBALA RENATA | 791 | | GÓRA PUŁAWSKA | POL | KOBIETY | 31 | K 31 | | 00:57:12.05 | 00:57:17.50 | 8:10 | 7.3 |
| 32 | JASZCZEWSKA EMILIA | 732 | BIEGAJĄCY SWIDNIK | ŚWIDNIK | POL | KOBIETY | 32 | K 32 | BY JEŚĆ WIĘCEJ CIASTEK | 00:57:39.80 | 00:58:01.25 | 8:14 | 7.3 |
| 33 | BAKALARZ ILONA | 703 | OPOLE LUBELSKIE | OPOLE LUBELSKIE | POL | KOBIETY | 33 | K 33 | OPOLELUBELSKIE | 00:58:01.30 | 00:58:11.95 | 8:17 | 7.2 |
| 34 | KREPA ANIA | 750 | | PUŁAWY | POL | KOBIETY | 34 | K 34 | | 00:59:02.20 | 00:59:08.25 | 8:26 | 7.1 |
| 35 | KRÓL NATALIA | 751 | LUBELSKI BANK SPÓŁDZIELCZY | KOŃSKOWOLA | POL | KOBIETY | 35 | K 35 | LUBELSKI BANK SPÓŁDZIELCZY | 01:00:34.10 | 01:01:00.30 | 8:39 | 6.9 |
| 36 | ŚCIBIOR MARTYNA | 803 | | WĄWOLNICA | POL | KOBIETY | 36 | K 36 | | 01:00:54.60 | 01:01:04.05 | 8:42 | 6.9 |
| 37 | KUTA ANNA | 754 | | PUŁAWY | POL | KOBIETY | 37 | K 37 | | 01:00:54.90 | 01:01:11.00 | 8:42 | 6.9 |
| 38 | FIJAŁKOWSKA KAROLINA | 717 | | ŚWIDNIK | POL | KOBIETY | 38 | K 38 | | 01:01:10.80 | 01:01:27.85 | 8:44 | 6.9 |
| 39 | ŁASOTA MARZENA | 756 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 39 | K 39 | MULTIMEDIA RUNNERS PUŁAWY | 01:01:42.55 | 01:02:05.75 | 8:48 | 6.8 |
| 40 | MALKIN AGNIESZKA | 762 | | PUŁAWY | POL | KOBIETY | 40 | K 40 | | 01:01:42.80 | 01:02:05.95 | 8:48 | 6.8 |
| 41 | ŁASZCZ EWA | 760 | | PUŁAWY | POL | KOBIETY | 41 | K 41 | | 01:01:43.65 | 01:02:06.65 | 8:49 | 6.8 |
| 42 | BAKAŁA JUSTYNA | 706 | LUBELSKI BANK SPÓŁDZIELCZY | PUŁAWY | POL | KOBIETY | 42 | K 42 | LUBELSKI BANK SPÓŁDZIELCZY | 01:02:48.85 | 01:03:14.20 | 8:58 | 6.7 |
| 43 | GREGOREK EDYTA | 727 | ZWOLEŃNICY BIEGANIA | ZWOLEŃ | POL | KOBIETY | 43 | K 43 | | 01:06:57.80 | 01:07:14.05 | 9:33 | 6.3 |
| 44 | FIROSZ MAŁGORZATA | 718 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | KOBIETY | 44 | K 44 | BIEGAJĄCY ŚWIDNIK | 01:09:08.85 | 01:09:35.65 | 9:52 | 6.1 |
| 45 | RYMUSZKO RENATA | 786 | | LUBLIN | POL | KOBIETY | 45 | K 45 | | 01:15:02.90 | 01:15:25.65 | 10:43 | 5.6 |
| 46 | PASEK EWELINA | 774 | | TCZÓW | POL | KOBIETY | 46 | K 46 | | 01:15:14.15 | 01:15:30.60 | 10:44 | 5.6 |
| 47 | FATYGA-ŁADOSZEK MAGDALENA | 716 | | LUBLIN | POL | KOBIETY | 47 | K 47 | | 01:15:40.60 | 01:16:03.00 | 10:48 | 5.6 |
| 48 | PIETRZYK RENATA | 775 | BIEGAJĄCY ŚWIDNIK | MEŁGIEW | POL | KOBIETY | 48 | K 48 | | 01:16:55.25 | 01:17:17.05 | 10:59 | 5.5 |
| 49 | SABA MAŁGORZATA | 787 | NAJWIĘKSZA ARMIA ŚWIATA | LUBLIN | POL | KOBIETY | 49 | K 49 | | 01:31:16.80 | 01:31:35.50 | 13:02 | 4.6 |
| 50 | OŻÓG DOROTA | 817 | | CHEŁM | POL | KOBIETY | 50 | K 50 | | 01:31:57.05 | 01:32:12.50 | 13:08 | 4.6 |
| 51 | KŁOPOT STANISŁAWA GRAŻYNA | 745 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | KOBIETY | 51 | K 51 | MULTIMEDIA RUNNERS | 01:31:42.75 | 01:32:14.30 | 13:06 | 4.6 |
| 52 | OŻÓG IWONA | 773 | | CHEŁM | POL | KOBIETY | 52 | K 52 | | 01:32:01.55 | 01:32:16.90 | 13:08 | 4.6 |

BIEG SZLAK TRAFI | 7KM, Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Drużyna 1 | Netto | Brutto | min/km | km/h |
|------|----------------------|-----|----------------------------|-------------|------|-----------|--------|------|-------------------------------|-------------|-------------|--------|------|
| 1 | JENDRYCH ARTUR | 733 | 793203320 | ŚWIDNIK | POL | MĘZCZYŹNI | 1 | M 1 | | 00:29:46.70 | 00:29:48.35 | 4:15 | 14.1 |
| 2 | WÓJCIK BARTŁOMIEJ | 810 | KSPZ GREY | LUBLIN | POL | MĘZCZYŹNI | 2 | M 2 | | 00:31:36.05 | 00:31:38.90 | 4:30 | 13.3 |
| 3 | DYŚ PAWEŁ | 713 | STAY INSANE | LUBLIN | POL | MĘZCZYŹNI | 3 | M 3 | STAY INSANE | 00:32:06.35 | 00:32:08.85 | 4:35 | 13.1 |
| 4 | RESZKA MAREK | 782 | BEERRUNNER | LUBLIB | POL | MĘZCZYŹNI | 4 | M 4 | | 00:33:11.00 | 00:33:14.80 | 4:44 | 12.7 |
| 5 | SZYDŁOWSKI RAFAŁ | 801 | POWER TRAINING | WARSZAWA | POL | MĘZCZYŹNI | 5 | M 5 | | 00:34:39.15 | 00:34:42.35 | 4:57 | 12.1 |
| 6 | ŁAPACZ DAMIAN | 759 | WISŁA | MACIEJOWICE | POL | MĘZCZYŹNI | 6 | M 6 | | 00:35:12.85 | 00:35:17.35 | 5:01 | 11.9 |
| 7 | LIPA TOMASZ | 757 | | LUBLIN | POL | MĘZCZYŹNI | 7 | M 7 | | 00:36:53.80 | 00:36:58.85 | 5:16 | 11.4 |
| 8 | KACZKOWSKI KRZYSZTOF | 737 | WKZ KOZIENICE BBL | KOZIENICE | POL | MĘZCZYŹNI | 8 | M 8 | WKZ KOZIENICE BBL | 00:37:24.40 | 00:37:29.80 | 5:20 | 11.2 |
| 9 | GORZEC PIOTR | 818 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 9 | M 9 | BIEGAJĄCY ŚWIDNIK | 00:37:42.10 | 00:37:46.25 | 5:23 | 11.1 |
| 10 | KAWIAK MAREK | 740 | | LUBLIN | POL | MĘZCZYŹNI | 10 | M 10 | | 00:37:44.15 | 00:37:51.15 | 5:23 | 11.1 |
| 11 | RYMARZ ROBERT | 785 | BYCHAWARUNNERS | BYCHAWA | POL | MĘZCZYŹNI | 11 | M 11 | | 00:40:25.70 | 00:40:33.75 | 5:46 | 10.4 |
| 12 | JURKOWSKI DARIUSZ | 736 | BYCHAWA RUNNERS | WYSOKIE | POL | MĘZCZYŹNI | 12 | M 12 | BYCHAWA RUNNERS | 00:40:44.10 | 00:40:52.10 | 5:49 | 10.3 |
| 13 | MORAWSKI KAJETAN | 767 | | LUBLIN | POL | MĘZCZYŹNI | 13 | M 13 | | 00:41:15.65 | 00:41:26.00 | 5:53 | 10.2 |
| 14 | KLIMAS MATEUSZ | 744 | WKZ KOZIENICE BBL | KOZIENICE | POL | MĘZCZYŹNI | 14 | M 14 | WKZ KOZIENICE BBL | 00:42:03.50 | 00:42:13.15 | 6:00 | 10 |
| 15 | DZYR KONRAD | 714 | | LUBLIN | POL | MĘZCZYŹNI | 15 | M 15 | | 00:42:27.75 | 00:42:36.35 | 6:03 | 9.9 |
| 16 | BAKIEWICZ SZYMON | 701 | LUBELSKI BIEGACZ TEAM | LUBLIN | POL | MĘZCZYŹNI | 16 | M 16 | | 00:43:57.45 | 00:44:07.20 | 6:16 | 9.6 |
| 17 | WENERSKI ANDRZEJ | 806 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | MĘZCZYŹNI | 17 | M 17 | MULTIMEDIA RUNNERS PUŁAWY | 00:46:00.30 | 00:46:04.35 | 6:34 | 9.1 |
| 18 | GORZKOWSKI MARCIN | 725 | | NADOLANY | POL | MĘZCZYŹNI | 18 | M 18 | | 00:46:07.75 | 00:46:16.25 | 6:35 | 9.1 |
| 19 | MIERZEJEWSKI PIOTR | 766 | | WARSZAWA | POL | MĘZCZYŹNI | 19 | M 19 | | 00:46:47.75 | 00:47:11.70 | 6:41 | 9 |
| 20 | SZCZĘSNY DANIEL | 765 | | | POL | MĘZCZYŹNI | 20 | M 20 | | 00:46:55.75 | 00:47:12.65 | 6:42 | 9 |
| 21 | PYCKA SŁAWOMIR | 779 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 21 | M 21 | | 00:47:15.20 | 00:47:23.00 | 6:45 | 8.9 |
| 22 | STASIAK MARCIN | 795 | | PUŁAWY | POL | MĘZCZYŹNI | 22 | M 22 | | 00:47:29.30 | 00:47:49.95 | 6:47 | 8.8 |
| 23 | GROCHAL NORBERT | 729 | LUBELSKI BANK SPÓŁDZIELCZY | PUŁAWY | POL | MĘZCZYŹNI | 23 | M 23 | LUBELSKI BANK SPÓŁDZIELCZY | 00:49:31.85 | 00:49:59.50 | 7:04 | 8.5 |
| 24 | KAWKA TOMASZ | 742 | GLORIA VICTIS | ŻYRZYŃ | POL | MĘZCZYŹNI | 24 | M 24 | | 00:50:11.95 | 00:50:24.30 | 7:10 | 8.4 |
| 25 | KIRYŁA TOMASZ | 743 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 25 | M 25 | BIEGAJĄCY ŚWIDNIK | 00:50:39.70 | 00:50:59.70 | 7:14 | 8.3 |
| 26 | KWIATEK MACIEJ | 755 | BOSTON CELTICS | PUŁAWY | POL | MĘZCZYŹNI | 26 | M 26 | | 00:50:47.20 | 00:51:04.60 | 7:15 | 8.3 |
| 27 | KAMINSKI KRZYSZTOF | 738 | | JASIENICA | POL | MĘZCZYŹNI | 27 | M 27 | | 00:51:14.00 | 00:51:38.65 | 7:19 | 8.2 |
| 28 | BIELAK SEBASTIAN | 707 | | ŚWIDNIK | POL | MĘZCZYŹNI | 28 | M 28 | | 00:52:19.40 | 00:52:33.30 | 7:28 | 8 |
| 29 | JĘŻAK MACIEJ | 734 | KAROLINA FAŁEK | LIPSKO | POL | MĘZCZYŹNI | 29 | M 29 | | 00:52:44.85 | 00:53:00.20 | 7:32 | 8 |
| 30 | SARAN MACIEJ | 815 | | PUŁAWY | POL | MĘZCZYŹNI | 30 | M 30 | | 00:52:56.90 | 00:53:17.25 | 7:33 | 7.9 |
| 31 | GRZEGORCZYK MATEUSZ | 730 | | PUŁAWY | POL | MĘZCZYŹNI | 30 | M 30 | | 00:52:56.70 | 00:53:17.25 | 7:33 | 7.9 |
| 32 | GUSTAW KRZYSZTOF | 731 | | LUBLIN | POL | MĘZCZYŹNI | 32 | M 32 | | 00:53:32.45 | 00:53:52.10 | 7:38 | 7.8 |
| 33 | SZYMANEK KRZYS | 802 | MULTIMEDIA RUNNERS PUŁAWY | PUŁAWY | POL | MĘZCZYŹNI | 33 | M 33 | MULTIMEDIA RUNNERS PUŁAWY | 00:56:42.25 | 00:57:06.95 | 8:06 | 7.4 |
| 34 | PODGÓRSKI MARCIN | 777 | | ŚWIDNIK | POL | MĘZCZYŹNI | 34 | M 34 | BIEGAJĄCY ŚWIDNIK | 00:56:47.40 | 00:57:08.65 | 8:06 | 7.4 |
| 35 | GAWROŃSKI BARTŁOMIEJ | 723 | | LUBLIN | POL | MĘZCZYŹNI | 35 | M 35 | | 00:57:11.30 | 00:57:37.85 | 8:10 | 7.3 |
| 36 | GAŃSKI FILIP | 721 | | ŚWIDNIK | POL | MĘZCZYŹNI | 36 | M 36 | | 00:58:21.40 | 00:58:39.80 | 8:20 | 7.2 |
| 37 | SZEWCZYK PAWEŁ | 798 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 37 | M 37 | BIEGAJĄCY ŚWIDNIK | 00:58:24.15 | 00:58:42.45 | 8:20 | 7.2 |
| 38 | RAK PAWEŁ | 781 | BIEGAJĄCY ŚWIDNIK | ŚWIDNIK | POL | MĘZCZYŹNI | 38 | M 38 | BIEGAJĄCY ŚWIDNIK | 01:00:30.70 | 01:00:43.20 | 8:38 | 6.9 |
| 39 | GRABOWSKI MARCIN | 726 | | WARSZAWA | POL | MĘZCZYŹNI | 39 | M 39 | | 01:03:13.10 | 01:03:37.10 | 9:01 | 6.6 |
| 40 | MAKSYMIK KRZYSZTOF | 761 | DZIKIE GRUBASY SZATANA | WARSZAWA | POL | MĘZCZYŹNI | 40 | M 40 | DZIKIE GRUBASY SZATANA | 01:06:26.25 | 01:06:33.50 | 9:29 | 6.3 |
| 41 | BANY PIOTR | 704 | BIEGUSIEM.PL | RYKI | POL | MĘZCZYŹNI | 41 | M 41 | | 01:10:00.00 | 01:10:00.00 | 10:00 | 6 |
| 42 | CELEJEWSKI KRZYSZTOF | 813 | | ZAJEZIERZE | POL | MĘZCZYŹNI | 42 | M 42 | | | | | |