

LETNIE MILE BIEGOWE 04.08.2021 - 1609M

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2021-08-11
 Miejsce: Koszalin
 Dystans: 1.609 km
 Klasyfikacja wg czasów brutto.

**LETNIE MILE BIEGOWE 04.08.2021 - 1609M, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|------------------------------|---------------|------|---------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | JEFIMCZYK NORBERT | 63 | | DAMNICA | POL | 3 SERIA | 1 | M 1 | 00:00:02 | 00:01:06 | 00:02:15 | 00:03:25 | 00:04:28.20 | 00:04:28.20 | 2:46 | 21.6 |
| 2 | PYSHNIAK KOSTIANTYN | 90 | @TESLA_BATTERIES_UA@IRC.TEAM | DVORICHNA | UKR | 3 SERIA | 2 | M 2 | 00:00:03 | 00:01:14 | 00:02:27 | 00:03:41 | 00:04:58.10 | 00:04:58.10 | 3:05 | 19.4 |
| 3 | HUBERT ŁUKASZ | 113 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 3 | M 3 | 00:00:02 | 00:01:14 | 00:02:32 | 00:03:50 | 00:05:00.30 | 00:05:00.30 | 3:06 | 19.3 |
| 4 | GAWRON PIOTR | 56 | ULKS TALEX BORZYTUCHOM | KOSZALIN | POL | 3 SERIA | 4 | M 4 | 00:00:02 | 00:01:13 | 00:02:29 | 00:03:47 | 00:05:03.55 | 00:05:03.55 | 3:08 | 19.1 |
| 5 | HOŁUB KAMIL | 60 | MLUKSTRZEBIATÓW | TRZEBIATÓW | POL | 3 SERIA | 5 | M 5 | 00:00:03 | 00:01:15 | 00:02:33 | 00:03:51 | 00:05:06.05 | 00:05:06.05 | 3:10 | 18.9 |
| 6 | MAJKOWICZ RAFAŁ | 115 | | KOSZALIN | POL | 3 SERIA | 6 | M 6 | 00:00:03 | 00:01:14 | 00:02:32 | 00:03:53 | 00:05:11.05 | 00:05:11.05 | 3:13 | 18.6 |
| 7 | SITOWSKI MARCIN | 110 | FC RYSIEK | KOSZALIN | POL | 3 SERIA | 7 | M 7 | 00:00:03 | 00:01:16 | 00:02:33 | 00:03:54 | 00:05:13.55 | 00:05:13.55 | 3:14 | 18.5 |
| 8 | WALEŃSKI MICHAŁ | 109 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 8 | M 8 | 00:00:03 | 00:01:18 | 00:02:37 | 00:03:57 | 00:05:15.95 | 00:05:15.95 | 3:15 | 18.4 |
| 9 | PICK TOMASZ | 87 | BIEGOLAS / KORONA | KOSZALIN | POL | 3 SERIA | 9 | M 9 | 00:00:03 | 00:01:18 | 00:02:39 | 00:04:02 | 00:05:16.85 | 00:05:16.85 | 3:16 | 18.3 |
| 10 | JABŁOŃSKI TOMASZ | 62 | KB SPOKO SŁAWNO | SŁAWNO | POL | 3 SERIA | 10 | M 10 | 00:00:03 | 00:01:21 | 00:02:42 | 00:04:07 | 00:05:29.30 | 00:05:29.30 | 3:24 | 17.6 |
| 11 | SOSNOWSKI TOMASZ | 94 | FPP | KOSZALIN | POL | 2 SERIA | 1 | M 11 | 00:00:02 | 00:01:19 | 00:02:46 | 00:04:16 | 00:05:32.15 | 00:05:32.15 | 3:26 | 17.4 |
| 12 | ZWOLIŃSKI JAN | 105 | TKKF KOSZALIN | WIERCISZEWO | POL | 3 SERIA | 11 | M 12 | 00:00:04 | 00:01:23 | 00:02:49 | 00:04:16 | 00:05:36.10 | 00:05:36.10 | 3:28 | 17.2 |
| 13 | KOZIEŁ PAWEŁ | 68 | | RABINO | POL | 2 SERIA | 2 | M 13 | 00:00:02 | 00:01:20 | 00:02:49 | 00:04:18 | 00:05:37.85 | 00:05:37.85 | 3:29 | 17.2 |
| 14 | KUKIEŁA TOMASZ | 76 | BIEGOLAS\KEPKA_NA_TRASIE | KOSZALIN | POL | 2 SERIA | 3 | M 14 | 00:00:03 | 00:01:21 | 00:02:49 | 00:04:18 | 00:05:41.80 | 00:05:41.80 | 3:31 | 17 |
| 15 | IWANIEC DARIUSZ | 61 | TKKF - BIEGOLAS KOSZALIN | SIERAKOWO | POL | 2 SERIA | 4 | M 15 | 00:00:02 | 00:01:22 | 00:02:51 | 00:04:20 | 00:05:47.00 | 00:05:47.00 | 3:35 | 16.7 |
| 16 | WEBER PAWEŁ | 102 | ENERGON | KOSZALIN | POL | 2 SERIA | 5 | M 16 | 00:00:02 | 00:01:21 | 00:02:52 | 00:04:27 | 00:05:54.30 | 00:05:54.30 | 3:40 | 16.4 |
| 17 | KRYNICKA-GRZYB MAŁGORZATA | 73 | | TRZEBIATÓW | POL | 1 SERIA | 1 | K 1 | 00:00:03 | 00:01:22 | 00:02:53 | 00:04:29 | 00:05:57.30 | 00:05:57.30 | 3:41 | 16.2 |
| 18 | BUDZIŃSKI PAWEŁ | 48 | DRUŻYNA SZPIKU | KONIKOWO | POL | 2 SERIA | 6 | M 17 | 00:00:02 | 00:01:26 | 00:03:02 | 00:04:34 | 00:05:59.85 | 00:05:59.85 | 3:43 | 16.1 |
| 19 | ZATOŃ OLGA | 104 | | ŚWIDWIN | POL | 1 SERIA | 2 | K 2 | 00:00:03 | 00:01:24 | 00:02:57 | 00:04:31 | 00:06:01.10 | 00:06:01.10 | 3:44 | 16 |
| 20 | BARUTOWICZ GRZEGORZ | 46 | | KOSZALIN | POL | 2 SERIA | 7 | M 18 | 00:00:03 | 00:01:24 | 00:02:56 | 00:04:34 | 00:06:02.90 | 00:06:02.90 | 3:44 | 16 |
| 21 | MARCINIAK MACIEJ | 79 | KS POGOŃ POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | 3 SERIA | 12 | M 19 | 00:00:03 | 00:01:24 | 00:02:54 | 00:04:26 | 00:06:05.60 | 00:06:05.60 | 3:46 | 15.9 |
| 22 | MARCINKOWSKI JACEK | 80 | SSK ORZEŁ ŚWIESZYNO | ŚWIESZYNO | POL | 2 SERIA | 8 | M 20 | 00:00:02 | 00:01:25 | 00:03:02 | 00:04:37 | 00:06:06.15 | 00:06:06.15 | 3:47 | 15.8 |
| 23 | STENKA RAFAŁ | 96 | | KOSZALIN | POL | 2 SERIA | 9 | M 21 | 00:00:03 | 00:01:26 | 00:03:02 | 00:04:38 | 00:06:06.75 | 00:06:06.75 | 3:47 | 15.8 |
| 24 | BIELIŃSKI MICHAŁ | 108 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | 2 SERIA | 10 | M 22 | 00:00:03 | 00:01:38 | 00:03:12 | 00:04:45 | 00:06:12.05 | 00:06:12.05 | 3:51 | 15.6 |
| 25 | DĄBROWSKA ALICJA | 52 | TKKF KOSZALIN | SIANÓW | POL | 1 SERIA | 3 | K 3 | 00:00:04 | 00:01:34 | 00:03:11 | 00:04:48 | 00:06:13.75 | 00:06:13.75 | 3:51 | 15.5 |
| 26 | MAZIEC BEATA | 81 | BIEGOLAS KOSZALIN | KOSZALIN | POL | 1 SERIA | 4 | K 4 | 00:00:03 | 00:01:33 | 00:03:11 | 00:04:48 | 00:06:16.45 | 00:06:16.45 | 3:53 | 15.4 |
| 27 | KRUPIŃSKI KRZYSZTOF | 72 | E-UROLOG.EU | KOSZALIN | POL | 2 SERIA | 11 | M 23 | 00:00:03 | 00:01:38 | 00:03:14 | 00:04:49 | 00:06:24.60 | 00:06:24.60 | 3:58 | 15.1 |
| 28 | PRYCA ADAM | 117 | | KOSZALIN | POL | 2 SERIA | 12 | M 24 | 00:00:03 | 00:01:37 | 00:03:18 | 00:05:01 | 00:06:31.20 | 00:06:31.20 | 4:03 | 14.8 |
| 29 | PANCERZYŃSKI ŁUKASZ | 86 | | KOSZALIN | POL | 2 SERIA | 13 | M 25 | 00:00:04 | 00:01:38 | 00:03:16 | 00:04:57 | 00:06:32.45 | 00:06:32.45 | 4:03 | 14.8 |
| 30 | RUTKOWSKI ARTUR | 91 | RUNKING.INFO | KOSZALIN | POL | 1 SERIA | 5 | M 26 | 00:00:05 | 00:01:36 | 00:03:05 | 00:04:53 | 00:06:33.60 | 00:06:33.60 | 4:04 | 14.7 |
| 31 | PANASZEWSKI PRZEMYSŁAW | 85 | | KOSZALIN | POL | 2 SERIA | 14 | M 27 | 00:00:04 | 00:01:45 | 00:03:24 | 00:05:07 | 00:06:42.35 | 00:06:42.35 | 4:09 | 14.4 |
| 32 | CHUDY HENRYK | 51 | K S OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | 1 SERIA | 6 | M 28 | 00:00:04 | 00:01:29 | 00:03:13 | 00:05:01 | 00:06:47.55 | 00:06:47.55 | 4:12 | 14.2 |
| 33 | KONKEL ŁUKASZ | 66 | | KOSZALIN | POL | 2 SERIA | 15 | M 29 | 00:00:04 | 00:01:39 | 00:03:20 | 00:05:04 | 00:06:50.95 | 00:06:50.95 | 4:14 | 14.1 |
| 34 | KULCZYK KATARZYNA | 77 | KB BRYZA POSTOMINO | SŁAWSKO | POL | 1 SERIA | 7 | K 5 | 00:00:04 | 00:01:43 | 00:03:31 | 00:05:16 | 00:06:56.40 | 00:06:56.40 | 4:18 | 13.9 |
| 35 | BOGACKI TOMASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | 1 SERIA | 8 | M 30 | 00:00:04 | 00:01:44 | 00:03:31 | 00:05:17 | 00:06:58.70 | 00:06:58.70 | 4:19 | 13.9 |
| 36 | NOREK TOMEK | 83 | | KOSZALIN | POL | 2 SERIA | 16 | M 31 | 00:00:04 | 00:01:44 | 00:03:29 | 00:05:16 | 00:07:02.00 | 00:07:02.00 | 4:22 | 13.7 |
| 37 | KRUPIŃSKA BEATA | 71 | E-UROLOG.EU | KOSZALIN | POL | 1 SERIA | 9 | K 6 | 00:00:05 | 00:01:42 | 00:03:27 | 00:05:18 | 00:07:10.90 | 00:07:10.90 | 4:27 | 13.5 |
| 38 | GŁOWACKI WŁODZIMIERZ | 58 | | KOSZALIN | POL | 1 SERIA | 10 | M 32 | 00:00:04 | 00:01:56 | 00:04:09 | 00:06:22 | 00:08:27.80 | 00:08:27.80 | 5:15 | 11.4 |
| 39 | KOZŁOWIECKA MAŁGORZATA | 69 | | KOSZALIN | POL | 1 SERIA | 11 | K 7 | 00:00:05 | 00:02:14 | 00:04:47 | 00:07:21 | 00:09:58.05 | 00:09:58.05 | 6:11 | 9.7 |

LETNIE MILE BIEGOWE 04.08.2021 - 1609M, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|--------------------|------------|------|---------|--------|-----|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KRYNICKA-GRZYB MAŁGORZATA | 73 | | TRZEBIATÓW | POL | 1 SERIA | 1 | K 1 | 00:00:03 | 00:01:22 | 00:02:53 | 00:04:29 | 00:05:57.30 | 00:05:57.30 | 3:41 | 16.2 |
| 2 | ZATOŃ OLGA | 104 | | ŚWIDWIN | POL | 1 SERIA | 2 | K 2 | 00:00:03 | 00:01:24 | 00:02:57 | 00:04:31 | 00:06:01.10 | 00:06:01.10 | 3:44 | 16 |
| 3 | DĄBROWSKA ALICJA | 52 | TKKF KOSZALIN | SIANÓW | POL | 1 SERIA | 3 | K 3 | 00:00:04 | 00:01:34 | 00:03:11 | 00:04:48 | 00:06:13.75 | 00:06:13.75 | 3:51 | 15.5 |
| 4 | MAZIEC BEATA | 81 | BIEGOLAS KOSZALIN | KOSZALIN | POL | 1 SERIA | 4 | K 4 | 00:00:03 | 00:01:33 | 00:03:11 | 00:04:48 | 00:06:16.45 | 00:06:16.45 | 3:53 | 15.4 |
| 5 | KULCZYK KATARZYNA | 77 | KB BRYZA POSTOMINO | SŁAWSKO | POL | 1 SERIA | 7 | K 5 | 00:00:04 | 00:01:43 | 00:03:31 | 00:05:16 | 00:06:56.40 | 00:06:56.40 | 4:18 | 13.9 |
| 6 | KRUPIŃSKA BEATA | 71 | E-UROLOG.EU | KOSZALIN | POL | 1 SERIA | 9 | K 6 | 00:00:05 | 00:01:42 | 00:03:27 | 00:05:18 | 00:07:10.90 | 00:07:10.90 | 4:27 | 13.5 |
| 7 | KOZŁOWIECKA MAŁGORZATA | 69 | | KOSZALIN | POL | 1 SERIA | 11 | K 7 | 00:00:05 | 00:02:14 | 00:04:47 | 00:07:21 | 00:09:58.05 | 00:09:58.05 | 6:11 | 9.7 |

LETNIE MILE BIEGOWE 04.08.2021 - 1609M, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|----------------------------------|---------------|------|---------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | JEFIMCZYK NORBERT | 63 | | DAMNICA | POL | 3 SERIA | 1 | M 1 | 00:00:02 | 00:01:06 | 00:02:15 | 00:03:25 | 00:04:28.20 | 00:04:28.20 | 2:46 | 21.6 |
| 2 | PYSHNIAK KOSTIANTYN | 90 | @TESLA_BATTERIES_UA @IRC.TEAM | DVORICHNA | UKR | 3 SERIA | 2 | M 2 | 00:00:03 | 00:01:14 | 00:02:27 | 00:03:41 | 00:04:58.10 | 00:04:58.10 | 3:05 | 19.4 |
| 3 | HUBERT ŁUKASZ | 113 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 3 | M 3 | 00:00:02 | 00:01:14 | 00:02:32 | 00:03:50 | 00:05:00.30 | 00:05:00.30 | 3:06 | 19.3 |
| 4 | GAWRON PIOTR | 56 | ULKS TALEX BORZYTUCHOM | KOSZALIN | POL | 3 SERIA | 4 | M 4 | 00:00:02 | 00:01:13 | 00:02:29 | 00:03:47 | 00:05:03.55 | 00:05:03.55 | 3:08 | 19.1 |
| 5 | HOŁUB KAMIL | 60 | MLUKSTRZEBIATÓW | TRZEBIATÓW | POL | 3 SERIA | 5 | M 5 | 00:00:03 | 00:01:15 | 00:02:33 | 00:03:51 | 00:05:06.05 | 00:05:06.05 | 3:10 | 18.9 |
| 6 | MAJKOWICZ RAFAŁ | 115 | | KOSZALIN | POL | 3 SERIA | 6 | M 6 | 00:00:03 | 00:01:14 | 00:02:32 | 00:03:53 | 00:05:11.05 | 00:05:11.05 | 3:13 | 18.6 |
| 7 | SITOWSKI MARCIN | 110 | FC RYSIEK | KOSZALIN | POL | 3 SERIA | 7 | M 7 | 00:00:03 | 00:01:16 | 00:02:33 | 00:03:54 | 00:05:13.55 | 00:05:13.55 | 3:14 | 18.5 |
| 8 | WALEŃSKI MICHAŁ | 109 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 8 | M 8 | 00:00:03 | 00:01:18 | 00:02:37 | 00:03:57 | 00:05:15.95 | 00:05:15.95 | 3:15 | 18.4 |
| 9 | PICK TOMASZ | 87 | BIEGOLAS / KORONA | KOSZALIN | POL | 3 SERIA | 9 | M 9 | 00:00:03 | 00:01:18 | 00:02:39 | 00:04:02 | 00:05:16.85 | 00:05:16.85 | 3:16 | 18.3 |
| 10 | JABŁOŃSKI TOMASZ | 62 | KB SPOKO SŁAWNO | SŁAWNO | POL | 3 SERIA | 10 | M 10 | 00:00:03 | 00:01:21 | 00:02:42 | 00:04:07 | 00:05:29.30 | 00:05:29.30 | 3:24 | 17.6 |
| 11 | SOSNOWSKI TOMASZ | 94 | FPP | KOSZALIN | POL | 2 SERIA | 1 | M 11 | 00:00:02 | 00:01:19 | 00:02:46 | 00:04:16 | 00:05:32.15 | 00:05:32.15 | 3:26 | 17.4 |
| 12 | ZWOLIŃSKI JAN | 105 | TKKF KOSZALIN | WIERCISZEWO | POL | 3 SERIA | 11 | M 12 | 00:00:04 | 00:01:23 | 00:02:49 | 00:04:16 | 00:05:36.10 | 00:05:36.10 | 3:28 | 17.2 |
| 13 | KOZIEŁ PAWEŁ | 68 | | RABINO | POL | 2 SERIA | 2 | M 13 | 00:00:02 | 00:01:20 | 00:02:49 | 00:04:18 | 00:05:37.85 | 00:05:37.85 | 3:29 | 17.2 |
| 14 | KUKIEŁA TOMASZ | 76 | BIEGOLAS KEPKA_NA_TRASI E | KOSZALIN | POL | 2 SERIA | 3 | M 14 | 00:00:03 | 00:01:21 | 00:02:49 | 00:04:18 | 00:05:41.80 | 00:05:41.80 | 3:31 | 17 |
| 15 | IWANIEC DARIUSZ | 61 | TKKF - BIEGOLAS KOSZALIN | SIERAKOWO | POL | 2 SERIA | 4 | M 15 | 00:00:02 | 00:01:22 | 00:02:51 | 00:04:20 | 00:05:47.00 | 00:05:47.00 | 3:35 | 16.7 |
| 16 | WEBER PAWEŁ | 102 | ENERGON | KOSZALIN | POL | 2 SERIA | 5 | M 16 | 00:00:02 | 00:01:21 | 00:02:52 | 00:04:27 | 00:05:54.30 | 00:05:54.30 | 3:40 | 16.4 |
| 17 | BUDZIŃSKI PAWEŁ | 48 | DRUŻYNA SZPIKU | KONIKOWO | POL | 2 SERIA | 6 | M 17 | 00:00:02 | 00:01:26 | 00:03:02 | 00:04:34 | 00:05:59.85 | 00:05:59.85 | 3:43 | 16.1 |
| 18 | BARUTOWICZ GRZEGORZ | 46 | | KOSZALIN | POL | 2 SERIA | 7 | M 18 | 00:00:03 | 00:01:24 | 00:02:56 | 00:04:34 | 00:06:02.90 | 00:06:02.90 | 3:44 | 16 |
| 19 | MARCINIAK MACIEJ | 79 | KS POGOŃ POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | 3 SERIA | 12 | M 19 | 00:00:03 | 00:01:24 | 00:02:54 | 00:04:26 | 00:06:05.60 | 00:06:05.60 | 3:46 | 15.9 |
| 20 | MARCINKOWSKI JACEK | 80 | SSK ORZEŁ ŚWIESZYNO | ŚWIESZYNO | POL | 2 SERIA | 8 | M 20 | 00:00:02 | 00:01:25 | 00:03:02 | 00:04:37 | 00:06:06.15 | 00:06:06.15 | 3:47 | 15.8 |
| 21 | STENKA RAFAŁ | 96 | | KOSZALIN | POL | 2 SERIA | 9 | M 21 | 00:00:03 | 00:01:26 | 00:03:02 | 00:04:38 | 00:06:06.75 | 00:06:06.75 | 3:47 | 15.8 |
| 22 | BIELIŃSKI MICHAŁ | 108 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | 2 SERIA | 10 | M 22 | 00:00:03 | 00:01:38 | 00:03:12 | 00:04:45 | 00:06:12.05 | 00:06:12.05 | 3:51 | 15.6 |
| 23 | KRUPIŃSKI KRZYSZTOF | 72 | E-UROLOG.EU | KOSZALIN | POL | 2 SERIA | 11 | M 23 | 00:00:03 | 00:01:38 | 00:03:14 | 00:04:49 | 00:06:24.60 | 00:06:24.60 | 3:58 | 15.1 |
| 24 | PRYCA ADAM | 117 | | KOSZALIN | POL | 2 SERIA | 12 | M 24 | 00:00:03 | 00:01:37 | 00:03:18 | 00:05:01 | 00:06:31.20 | 00:06:31.20 | 4:03 | 14.8 |
| 25 | PANCERZYŃSKI ŁUKASZ | 86 | | KOSZALIN | POL | 2 SERIA | 13 | M 25 | 00:00:04 | 00:01:38 | 00:03:16 | 00:04:57 | 00:06:32.45 | 00:06:32.45 | 4:03 | 14.8 |
| 26 | RUTKOWSKI ARTUR | 91 | RUNKING.INFO | KOSZALIN | POL | 1 SERIA | 5 | M 26 | 00:00:05 | 00:01:36 | 00:03:05 | 00:04:53 | 00:06:33.60 | 00:06:33.60 | 4:04 | 14.7 |
| 27 | PANASZEWSKI PRZEMYSŁAW | 85 | | KOSZALIN | POL | 2 SERIA | 14 | M 27 | 00:00:04 | 00:01:45 | 00:03:24 | 00:05:07 | 00:06:42.35 | 00:06:42.35 | 4:09 | 14.4 |
| 28 | CHUDY HENRYK | 51 | K S OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | 1 SERIA | 6 | M 28 | 00:00:04 | 00:01:29 | 00:03:13 | 00:05:01 | 00:06:47.55 | 00:06:47.55 | 4:12 | 14.2 |
| 29 | KONKEL ŁUKASZ | 66 | | KOSZALIN | POL | 2 SERIA | 15 | M 29 | 00:00:04 | 00:01:39 | 00:03:20 | 00:05:04 | 00:06:50.95 | 00:06:50.95 | 4:14 | 14.1 |
| 30 | BOGACKI TOMASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | 1 SERIA | 8 | M 30 | 00:00:04 | 00:01:44 | 00:03:31 | 00:05:17 | 00:06:58.70 | 00:06:58.70 | 4:19 | 13.9 |
| 31 | NOREK TOMEK | 83 | | KOSZALIN | POL | 2 SERIA | 16 | M 31 | 00:00:04 | 00:01:44 | 00:03:29 | 00:05:16 | 00:07:02.00 | 00:07:02.00 | 4:22 | 13.7 |
| 32 | GŁOWACKI WŁODZIMIERZ | 58 | | KOSZALIN | POL | 1 SERIA | 10 | M 32 | 00:00:04 | 00:01:56 | 00:04:09 | 00:06:22 | 00:08:27.80 | 00:08:27.80 | 5:15 | 11.4 |

LETNIE MILE BIEGOWE 04.08.2021 - 1609M, 1 Seria

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|---------------------------|-----|-------------------|------------|------|---------|--------|-----|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KRYNICKA-GRZYB MAŁGORZATA | 73 | | TRZEBIATÓW | POL | 1 SERIA | 1 | K 1 | 00:00:03 | 00:01:22 | 00:02:53 | 00:04:29 | 00:05:57.30 | 00:05:57.30 | 3:41 | 16.2 |
| 2 | ZATOŃ OLGA | 104 | | ŚWIDWIN | POL | 1 SERIA | 2 | K 2 | 00:00:03 | 00:01:24 | 00:02:57 | 00:04:31 | 00:06:01.10 | 00:06:01.10 | 3:44 | 16 |
| 3 | DĄBROWSKA ALICJA | 52 | TKKF KOSZALIN | SIANÓW | POL | 1 SERIA | 3 | K 3 | 00:00:04 | 00:01:34 | 00:03:11 | 00:04:48 | 00:06:13.75 | 00:06:13.75 | 3:51 | 15.5 |
| 4 | MAZIEC BEATA | 81 | BIEGOLAS KOSZALIN | KOSZALIN | POL | 1 SERIA | 4 | K 4 | 00:00:03 | 00:01:33 | 00:03:11 | 00:04:48 | 00:06:16.45 | 00:06:16.45 | 3:53 | 15.4 |

LETNIE MILE BIEGOWE 04.08.2021 - 1609M, 1 Seria c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|------------------------|----|-------------------------|-----------|------|---------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 5 | RUTKOWSKI ARTUR | 91 | RUNKING.INFO | KOSZALIN | POL | 1 SERIA | 5 | M 26 | 00:00:05 | 00:01:36 | 00:03:05 | 00:04:53 | 00:06:33.60 | 00:06:33.60 | 4:04 | 14.7 |
| 6 | CHUDY HENRYK | 51 | K S OLSZEWSKI I SYNOWIE | SŁAWSKO | POL | 1 SERIA | 6 | M 28 | 00:00:04 | 00:01:29 | 00:03:13 | 00:05:01 | 00:06:47.55 | 00:06:47.55 | 4:12 | 14.2 |
| 7 | KULCZYK KATARZYNA | 77 | KB BRYZA POSTOMINO | SŁAWSKO | POL | 1 SERIA | 7 | K 5 | 00:00:04 | 00:01:43 | 00:03:31 | 00:05:16 | 00:06:56.40 | 00:06:56.40 | 4:18 | 13.9 |
| 8 | BOGACKI TOMASZ | 47 | TKKF KOSZALIN | KOSZALIN | POL | 1 SERIA | 8 | M 30 | 00:00:04 | 00:01:44 | 00:03:31 | 00:05:17 | 00:06:58.70 | 00:06:58.70 | 4:19 | 13.9 |
| 9 | KRUPIŃSKA BEATA | 71 | E-UROLOG.EU | KOSZALIN | POL | 1 SERIA | 9 | K 6 | 00:00:05 | 00:01:42 | 00:03:27 | 00:05:18 | 00:07:10.90 | 00:07:10.90 | 4:27 | 13.5 |
| 10 | GŁOWACKI WŁODZIMIERZ | 58 | | KOSZALIN | POL | 1 SERIA | 10 | M 32 | 00:00:04 | 00:01:56 | 00:04:09 | 00:06:22 | 00:08:27.80 | 00:08:27.80 | 5:15 | 11.4 |
| 11 | KOZŁOWIECKA MAŁGORZATA | 69 | | KOSZALIN | POL | 1 SERIA | 11 | K 7 | 00:00:05 | 00:02:14 | 00:04:47 | 00:07:21 | 00:09:58.05 | 00:09:58.05 | 6:11 | 9.7 |

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| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|--------------------------|-----------|------|---------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | SOSNOWSKI TOMASZ | 94 | FPP | KOSZALIN | POL | 2 SERIA | 1 | M 11 | 00:00:02 | 00:01:19 | 00:02:46 | 00:04:16 | 00:05:32.15 | 00:05:32.15 | 3:26 | 17.4 |
| 2 | KOZIEŁ PAWEŁ | 68 | | KOSZALIN | POL | 2 SERIA | 2 | M 13 | 00:00:02 | 00:01:20 | 00:02:49 | 00:04:18 | 00:05:37.85 | 00:05:37.85 | 3:29 | 17.2 |
| 3 | KUKIEŁA TOMASZ | 76 | BIEGOLAS\KEPKA_NA_TRASIE | KOSZALIN | POL | 2 SERIA | 3 | M 14 | 00:00:03 | 00:01:21 | 00:02:49 | 00:04:18 | 00:05:41.80 | 00:05:41.80 | 3:31 | 17 |
| 4 | IWANIEC DARIUSZ | 61 | TKKF - BIEGOLAS KOSZALIN | SIERAKOWO | POL | 2 SERIA | 4 | M 15 | 00:00:02 | 00:01:22 | 00:02:51 | 00:04:20 | 00:05:47.00 | 00:05:47.00 | 3:35 | 16.7 |
| 5 | WEBER PAWEŁ | 102 | ENERGON | KOSZALIN | POL | 2 SERIA | 5 | M 16 | 00:00:02 | 00:01:21 | 00:02:52 | 00:04:27 | 00:05:54.30 | 00:05:54.30 | 3:40 | 16.4 |
| 6 | BUDZIŃSKI PAWEŁ | 48 | DRUŻYNA SZPIKU | KONIKOWO | POL | 2 SERIA | 6 | M 17 | 00:00:02 | 00:01:26 | 00:03:02 | 00:04:34 | 00:05:59.85 | 00:05:59.85 | 3:43 | 16.1 |
| 7 | BARUTOWICZ GRZEGORZ | 46 | | KOSZALIN | POL | 2 SERIA | 7 | M 18 | 00:00:03 | 00:01:24 | 00:02:56 | 00:04:34 | 00:06:02.90 | 00:06:02.90 | 3:44 | 16 |
| 8 | MARCINKOWSKI JACEK | 80 | SSK ORZEŁ ŚWIESZYNO | ŚWIESZYNO | POL | 2 SERIA | 8 | M 20 | 00:00:02 | 00:01:25 | 00:03:02 | 00:04:37 | 00:06:06.15 | 00:06:06.15 | 3:47 | 15.8 |
| 9 | STENKA RAFAŁ | 96 | | KOSZALIN | POL | 2 SERIA | 9 | M 21 | 00:00:03 | 00:01:26 | 00:03:02 | 00:04:38 | 00:06:06.75 | 00:06:06.75 | 3:47 | 15.8 |
| 10 | BIELIŃSKI MICHAŁ | 108 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | 2 SERIA | 10 | M 22 | 00:00:03 | 00:01:38 | 00:03:12 | 00:04:45 | 00:06:12.05 | 00:06:12.05 | 3:51 | 15.6 |
| 11 | KRUPIŃSKI KRZYSZTOF | 72 | E-UROLOG.EU | KOSZALIN | POL | 2 SERIA | 11 | M 23 | 00:00:03 | 00:01:38 | 00:03:14 | 00:04:49 | 00:06:24.60 | 00:06:24.60 | 3:58 | 15.1 |
| 12 | PRYCA ADAM | 117 | | KOSZALIN | POL | 2 SERIA | 12 | M 24 | 00:00:03 | 00:01:37 | 00:03:18 | 00:05:01 | 00:06:31.20 | 00:06:31.20 | 4:03 | 14.8 |
| 13 | PANCERZYŃSKI ŁUKASZ | 86 | | KOSZALIN | POL | 2 SERIA | 13 | M 25 | 00:00:04 | 00:01:38 | 00:03:16 | 00:04:57 | 00:06:32.45 | 00:06:32.45 | 4:03 | 14.8 |
| 14 | PANASZEWSKI PRZEMYSŁAW | 85 | | KOSZALIN | POL | 2 SERIA | 14 | M 27 | 00:00:04 | 00:01:45 | 00:03:24 | 00:05:07 | 00:06:42.35 | 00:06:42.35 | 4:09 | 14.4 |
| 15 | KONKEL ŁUKASZ | 66 | | KOSZALIN | POL | 2 SERIA | 15 | M 29 | 00:00:04 | 00:01:39 | 00:03:20 | 00:05:04 | 00:06:50.95 | 00:06:50.95 | 4:14 | 14.1 |
| 16 | NOREK TOMEK | 83 | | KOSZALIN | POL | 2 SERIA | 16 | M 31 | 00:00:04 | 00:01:44 | 00:03:29 | 00:05:16 | 00:07:02.00 | 00:07:02.00 | 4:22 | 13.7 |

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| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 0.009km | 0.409km | 0.809km | 1.209km | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|------------------------------|---------------|------|---------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | JEFIMCZYK NORBERT | 63 | | DAMNICA | POL | 3 SERIA | 1 | M 1 | 00:00:02 | 00:01:06 | 00:02:15 | 00:03:25 | 00:04:28.20 | 00:04:28.20 | 2:46 | 21.6 |
| 2 | PYSHNIAK KOSTIANTYN | 90 | @TESLA_BATTERIES_UA@IRC.TEAM | DVORICHNA | UKR | 3 SERIA | 2 | M 2 | 00:00:03 | 00:01:14 | 00:02:27 | 00:03:41 | 00:04:58.10 | 00:04:58.10 | 3:05 | 19.4 |
| 3 | HUBERT ŁUKASZ | 113 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 3 | M 3 | 00:00:02 | 00:01:14 | 00:02:32 | 00:03:50 | 00:05:00.30 | 00:05:00.30 | 3:06 | 19.3 |
| 4 | GAWRON PIOTR | 56 | ULKS TALEX BORZYTUCHOM | KOSZALIN | POL | 3 SERIA | 4 | M 4 | 00:00:02 | 00:01:13 | 00:02:29 | 00:03:47 | 00:05:03.55 | 00:05:03.55 | 3:08 | 19.1 |
| 5 | HOŁUB KAMIL | 60 | MLUKSTRZEBIATÓW | TRZEBIATÓW | POL | 3 SERIA | 5 | M 5 | 00:00:03 | 00:01:15 | 00:02:33 | 00:03:51 | 00:05:06.05 | 00:05:06.05 | 3:10 | 18.9 |
| 6 | MAJKOWICZ RAFAŁ | 115 | | KOSZALIN | POL | 3 SERIA | 6 | M 6 | 00:00:03 | 00:01:14 | 00:02:32 | 00:03:53 | 00:05:11.05 | 00:05:11.05 | 3:13 | 18.6 |
| 7 | SITOWSKI MARCIN | 110 | FC RYSIEK | KOSZALIN | POL | 3 SERIA | 7 | M 7 | 00:00:03 | 00:01:16 | 00:02:33 | 00:03:54 | 00:05:13.55 | 00:05:13.55 | 3:14 | 18.5 |
| 8 | WALEŃSKI MICHAŁ | 109 | TKKF KOSZALIN | KOSZALIN | POL | 3 SERIA | 8 | M 8 | 00:00:03 | 00:01:18 | 00:02:37 | 00:03:57 | 00:05:15.95 | 00:05:15.95 | 3:15 | 18.4 |
| 9 | PICK TOMASZ | 87 | BIEGOLAS / KORONA | KOSZALIN | POL | 3 SERIA | 9 | M 9 | 00:00:03 | 00:01:18 | 00:02:39 | 00:04:02 | 00:05:16.85 | 00:05:16.85 | 3:16 | 18.3 |
| 10 | JABŁOŃSKI TOMASZ | 62 | KB SPOKO SŁAWNO | SŁAWNO | POL | 3 SERIA | 10 | M 10 | 00:00:03 | 00:01:21 | 00:02:42 | 00:04:07 | 00:05:29.30 | 00:05:29.30 | 3:24 | 17.6 |
| 11 | ZWOLIŃSKI JAN | 105 | TKKF KOSZALIN | WIERCISZEWO | POL | 3 SERIA | 11 | M 12 | 00:00:04 | 00:01:23 | 00:02:49 | 00:04:16 | 00:05:36.10 | 00:05:36.10 | 3:28 | 17.2 |
| 12 | MARCINIAK MACIEJ | 79 | KS POGOŃ POŁCZYŃ ZDRÓJ | POŁCZYŃ ZDRÓJ | POL | 3 SERIA | 12 | M 19 | 00:00:03 | 00:01:24 | 00:02:54 | 00:04:26 | 00:06:05.60 | 00:06:05.60 | 3:46 | 15.9 |