

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - STARGARD - 5KM

Organizator: Ośrodek Sportu i Rekreacji OSiR Stargard Sp. z o.o.
 Data: 2021-08-15
 Miejsce: Stargard
 Dystans: 5 km
 Klasyfikacja wg czasów brutto.

**BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - STARGARD - 5KM, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 1km | 2km | 3km | 4km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|-----------------------------|-----------|------|------|--------|------|----------|----------|----------|----------|-------------|-------------|----------|------|
| 1 | TERLIKOWSKI GRZEGORZ | 184 | | STARGARD | POL | | | M 1 | 00:03:12 | 00:06:34 | 00:10:04 | 00:13:40 | 00:17:18.10 | 00:17:20.50 | 3:27 | 17.3 |
| 2 | ANDRUSZKIEWICZ ADRIAN | 61 | AND_RUNNER | STARGARD | POL | | | M 2 | 00:03:15 | 00:07:00 | 00:10:51 | 00:14:52 | 00:18:44.90 | 00:18:47.60 | 3:44 | 16 |
| 3 | TARNAWSKI MARCIN | 161 | MUSTANGI KOBYLANKA | MOTANIEC | POL | | | M 3 | 00:04:26 | 00:08:47 | 00:13:20 | 00:17:55 | 00:22:14.50 | 00:22:22.55 | 4:26 | 13.5 |
| 4 | OKRÓJ DANIEL | 131 | 12BZ | STARGARD | POL | | | M 4 | 00:04:40 | 00:09:10 | 00:13:39 | 00:18:10 | 00:22:27.30 | 00:22:34.30 | 4:29 | 13.4 |
| 5 | CHAROWSKI MARCIN | 76 | | STARGARD | POL | | | M 5 | 00:04:10 | 00:08:39 | 00:13:16 | 00:18:00 | 00:22:38.50 | 00:22:42.25 | 4:31 | 13.3 |
| 6 | SMERD GRZEGORZ | 147 | | STARGARD | POL | | | M 6 | 00:04:28 | 00:08:56 | 00:13:26 | 00:18:06 | 00:22:45.55 | 00:22:50.60 | 4:33 | 13.2 |
| 7 | RACZKOWSKA ILONA | 138 | | STARGARD | POL | | | K 1 | 00:04:42 | 00:09:26 | 00:14:09 | 00:18:45 | 00:23:17.50 | 00:23:20.65 | 4:39 | 12.9 |
| 8 | RYGIEL ANDRZEJ | 186 | | STARGARD | POL | | | M 7 | 00:04:41 | 00:09:22 | 00:14:04 | 00:18:41 | 00:23:17.85 | 00:23:22.70 | 4:39 | 12.9 |
| 9 | RAMOTOWSKI DANIEL | 139 | | STARGARD | POL | | | M 8 | 00:04:51 | 00:09:43 | 00:14:39 | 00:19:37 | 00:24:11.50 | 00:24:17.20 | 4:50 | 12.4 |
| 10 | WIŚNIEWSKI PAWEŁ | 165 | | STARGARD | POL | | | M 9 | 00:04:51 | 00:09:42 | 00:14:38 | 00:19:36 | 00:24:11.10 | 00:24:17.30 | 4:50 | 12.4 |
| 11 | GOŁOJUCH MAREK | 83 | | SZCZECIN | POL | | | M 10 | 00:04:26 | 00:09:18 | 00:14:24 | 00:19:28 | 00:24:27.75 | 00:24:33.65 | 4:53 | 12.3 |
| 12 | STRZYGA MARIUSZ | 155 | | STARGARD | POL | | | M 11 | 00:04:56 | 00:09:54 | 00:14:53 | 00:19:57 | 00:24:41.55 | 00:24:46.35 | 4:56 | 12.2 |
| 13 | OSTROWSKI SYLWESTER | 133 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | | | M 11 | 00:04:56 | 00:09:54 | 00:14:53 | 00:19:57 | 00:24:41.70 | 00:24:46.35 | 4:56 | 12.2 |
| 14 | OLESZEK KRZYSZTOF | 132 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | | | M 13 | 00:04:54 | 00:09:53 | 00:14:55 | 00:19:58 | 00:24:42.60 | 00:24:46.45 | 4:56 | 12.1 |
| 15 | LITWIN GRZEGORZ | 120 | | KOLIN | POL | | | M 14 | 00:05:10 | 00:09:57 | 00:14:53 | 00:19:56 | 00:24:43.80 | 00:24:50.15 | 4:56 | 12.1 |
| 16 | ŻOCHOWSKI BARTOSZ | 178 | | STARGARD | POL | | | M 15 | 00:04:47 | 00:09:38 | 00:14:47 | 00:20:03 | 00:24:55.30 | 00:25:03.95 | 4:59 | 12 |
| 17 | BUDZOWSKI ROMAN | 74 | | STARGARD | POL | | | M 16 | 00:04:54 | 00:10:02 | 00:15:12 | 00:20:34 | 00:25:10.85 | 00:25:14.30 | 5:02 | 11.9 |
| 18 | LUBASIŃSKI TOMASZ | 122 | | STARGARD | POL | | | M 17 | 00:04:54 | 00:09:52 | 00:14:54 | 00:20:17 | 00:25:19.05 | 00:25:23.60 | 5:03 | 11.8 |
| 19 | KOWALCZYK GRZEGORZ | 105 | | STARGARD | POL | | | M 18 | 00:04:53 | 00:09:53 | 00:14:56 | 00:20:17 | 00:25:39.30 | 00:25:43.45 | 5:07 | 11.7 |
| 20 | KAB BARTOSZ | 185 | | STARGARD | POL | | | M 19 | 00:05:13 | 00:10:35 | 00:15:52 | 00:21:07 | 00:25:42.65 | 00:25:47.60 | 5:08 | 11.7 |
| 21 | BANIAK JOANNA | 65 | | STARGARD | POL | | | K 2 | 00:05:04 | 00:10:19 | 00:15:37 | 00:21:00 | 00:25:49.65 | 00:25:53.90 | 5:09 | 11.6 |
| 22 | PIECYK KATARZYNA | 136 | | SZCZECIN | POL | | | K 3 | 00:04:55 | 00:10:13 | 00:15:40 | 00:21:05 | 00:25:59.85 | 00:26:03.05 | 5:11 | 11.5 |
| 23 | KACZYŃSKA PATRYCJA | 93 | | STARGARD | POL | | | K 4 | 00:05:09 | 00:10:20 | 00:15:42 | 00:21:02 | 00:26:12.35 | 00:26:16.10 | 5:14 | 11.5 |
| 24 | KĘDZIERSKI CEZARY | 97 | | JAROSTOWO | POL | | | M 20 | 00:04:42 | 00:09:50 | 00:15:18 | 00:20:59 | 00:26:23.40 | 00:26:26.10 | 5:16 | 11.4 |
| 25 | GRZESZCZYK ANDRZEJ | 86 | | STARGARD | POL | | | M 21 | 00:05:11 | 00:10:33 | 00:15:51 | 00:21:24 | 00:26:50.60 | 00:26:56.85 | 5:22 | 11.2 |
| 26 | GUTOWSKI PAWEŁ | 87 | EMKA STARGARD | STARGARD | POL | | | M 22 | 00:04:55 | 00:10:08 | 00:15:43 | 00:21:26 | 00:26:59.95 | 00:27:05.55 | 5:23 | 11.1 |
| 27 | GLINA ALEKSANDRA | 82 | 14BUJ | STARGARD | POL | | | K 5 | 00:05:18 | 00:10:48 | 00:16:18 | 00:21:54 | 00:27:29.55 | 00:27:33.50 | 5:29 | 10.9 |
| 28 | LUBASIŃSKA AGNIESZKA | 121 | | STARGARD | POL | | | K 6 | 00:05:26 | 00:11:04 | 00:16:47 | 00:22:29 | 00:27:54.65 | 00:28:01.35 | 5:34 | 10.8 |
| 29 | KLIŃSKA ALICJA | 99 | | STARGARD | POL | | | K 7 | 00:05:17 | 00:10:55 | 00:16:43 | 00:22:36 | 00:28:07.60 | 00:28:14.30 | 5:37 | 10.7 |
| 30 | GURAK WOJCIECH | 181 | | STARGARD | POL | | | M 23 | 00:05:08 | 00:10:32 | 00:16:32 | 00:22:33 | 00:28:18.55 | 00:28:23.95 | 5:39 | 10.6 |
| 31 | BANASIEWICZ ARLETA | 64 | | STARGARD | POL | | | K 8 | 00:05:21 | 00:10:52 | 00:16:34 | 00:22:30 | 00:28:21.15 | 00:28:26.30 | 5:40 | 10.6 |
| 32 | ZBYSZEK BANASIEWICZ | 176 | | STARGARD | POL | | | M 24 | 00:05:21 | 00:10:52 | 00:16:34 | 00:22:29 | 00:28:21.25 | 00:28:26.55 | 5:40 | 10.6 |
| 33 | GURAK TOMASZ | 180 | | STARGARD | POL | | | M 25 | 00:05:13 | 00:10:38 | 00:16:34 | 00:22:37 | 00:28:24.20 | 00:28:28.75 | 5:40 | 10.6 |
| 34 | MICHAŁSKI MIROŚLAW | 128 | | STARGARD | POL | | | M 26 | 00:06:04 | 00:11:21 | 00:16:56 | 00:22:43 | 00:28:32.80 | 00:28:41.50 | 5:42 | 10.5 |
| 35 | URBAŃSKA KINGA | 183 | | STARGARD | POL | | | K 9 | 00:05:22 | 00:11:01 | 00:16:53 | 00:22:59 | 00:28:59.25 | 00:29:03.00 | 5:47 | 10.4 |
| 36 | SOCZÓWKA AGNIESZKA | 148 | | STARGARD | POL | | | K 10 | 00:04:51 | 00:10:47 | 00:17:16 | 00:23:37 | 00:29:48.50 | 00:29:52.85 | 5:57 | 10.1 |
| 37 | SOCZÓWKA ROMAN | 149 | | STARGARD | POL | | | M 27 | 00:05:19 | 00:11:08 | 00:17:15 | 00:23:19 | 00:29:48.25 | 00:29:53.10 | 5:57 | 10.1 |
| 38 | WOJTOWICZ KRZYSZTOF | 168 | | STARGARD | POL | | | M 28 | 00:05:11 | 00:10:55 | 00:17:27 | 00:24:08 | 00:30:27.15 | 00:30:32.85 | 6:05 | 9.9 |
| 39 | KUCYRKA MARCIN | 110 | | STARGARD | POL | | | M 29 | 00:04:51 | 00:10:42 | 00:17:29 | 00:24:44 | 00:31:44.15 | 00:31:48.70 | 6:20 | 9.5 |
| 40 | MACIEJEWSKI ZENON | 179 | SJSNŚ | STARGARD | POL | | | M 30 | 00:05:24 | 00:11:42 | 00:18:28 | 00:25:41 | 00:32:13.25 | 00:32:20.35 | 6:26 | 9.3 |
| 41 | ANDRZEJEWSKI KRZYSZTOF | 63 | STARGARD JA SIĘ NIE ŚCIGAM! | STARGARD | POL | | | M 31 | 00:05:28 | 00:12:02 | 00:19:02 | 00:25:43 | 00:32:47.80 | 00:32:53.15 | 6:33 | 9.2 |
| 42 | WITKOWSKA DOROTA | 166 | | SZCZECIN | POL | | | K 11 | 00:05:02 | 00:11:08 | 00:17:18 | 00:23:35 | 23712:00:0 | 23712:00:0 | 284544:0 | 0 |
| | | | | | | | | | | | | | 0 | 3 | 0 | |

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - STARGARD - 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 1km | 2km | 3km | 4km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|------|-----------|------|------|--------|------|-----------------|---------------------|---------------------|-----|-------|--------|--------|------|
| 43 | LIS MONIKA | 119 | | STARGARD | POL | | | K 12 | 00:06:04 | | | | | | 6:04 | 9.9 |
| | X X | 190 | | | | | | | 00:07:43 DNF | 23712:00:0 0 DNF | 23712:07:4 3 DNF | DNF | DNF | DNF | - | - |

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - STARGARD - 5KM,

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 1km | 2km | 3km | 4km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|-----------------------------|-----------|------|------|--------|------|-----------------|---------------------|---------------------|----------|-----------------|-----------------|---------------|------|
| 1 | TERLIKOWSKI GRZEGORZ | 184 | | STARGARD | POL | | | M 1 | 00:03:12 | 00:06:34 | 00:10:04 | 00:13:40 | 00:17:18.10 | 00:17:20.50 | 3:27 | 17.3 |
| 2 | ANDRUSZKIEWICZ ADRIAN | 61 | AND_RUNNER | STARGARD | POL | | | M 2 | 00:03:15 | 00:07:00 | 00:10:51 | 00:14:52 | 00:18:44.90 | 00:18:47.60 | 3:44 | 16 |
| 3 | TARNAWSKI MARCIN | 161 | MUSTANGI KOBYLANKA | MOTANIEC | POL | | | M 3 | 00:04:26 | 00:08:47 | 00:13:20 | 00:17:55 | 00:22:14.50 | 00:22:22.55 | 4:26 | 13.5 |
| 4 | OKRÓJ DANIEL | 131 | 12BZ | STARGARD | POL | | | M 4 | 00:04:40 | 00:09:10 | 00:13:39 | 00:18:10 | 00:22:27.30 | 00:22:34.30 | 4:29 | 13.4 |
| 5 | CHAROWSKI MARCIN | 76 | | STARGARD | POL | | | M 5 | 00:04:10 | 00:08:39 | 00:13:16 | 00:18:00 | 00:22:38.50 | 00:22:42.25 | 4:31 | 13.3 |
| 6 | SMERD GRZEGORZ | 147 | | STARGARD | POL | | | M 6 | 00:04:28 | 00:08:56 | 00:13:26 | 00:18:06 | 00:22:45.55 | 00:22:50.60 | 4:33 | 13.2 |
| 7 | RACZKOWSKA ILONA | 138 | | STARGARD | POL | | | K 1 | 00:04:42 | 00:09:26 | 00:14:09 | 00:18:45 | 00:23:17.50 | 00:23:20.65 | 4:39 | 12.9 |
| 8 | RYGIEL ANDRZEJ | 186 | | STARGARD | POL | | | M 7 | 00:04:41 | 00:09:22 | 00:14:04 | 00:18:41 | 00:23:17.85 | 00:23:22.70 | 4:39 | 12.9 |
| 9 | RAMOTOWSKI DANIEL | 139 | | STARGARD | POL | | | M 8 | 00:04:51 | 00:09:43 | 00:14:39 | 00:19:37 | 00:24:11.50 | 00:24:17.20 | 4:50 | 12.4 |
| 10 | WIŚNIEWSKI PAWEŁ | 165 | | STARGARD | POL | | | M 9 | 00:04:51 | 00:09:42 | 00:14:38 | 00:19:36 | 00:24:11.10 | 00:24:17.30 | 4:50 | 12.4 |
| 11 | GOŁOJUCH MAREK | 83 | | SZCZECIN | POL | | | M 10 | 00:04:26 | 00:09:18 | 00:14:24 | 00:19:28 | 00:24:27.75 | 00:24:33.65 | 4:53 | 12.3 |
| 12 | OSTROWSKI SYLWESTER | 133 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | | | M 11 | 00:04:56 | 00:09:54 | 00:14:53 | 00:19:57 | 00:24:41.70 | 00:24:46.35 | 4:56 | 12.2 |
| 13 | STRZYGA MARIUSZ | 155 | | STARGARD | POL | | | M 11 | 00:04:56 | 00:09:54 | 00:14:53 | 00:19:57 | 00:24:41.55 | 00:24:46.35 | 4:56 | 12.2 |
| 14 | OLESZEK KRZYSZTOF | 132 | STARGARD JA SIĘ NIE ŚCIGAM | STARGARD | POL | | | M 13 | 00:04:54 | 00:09:53 | 00:14:55 | 00:19:58 | 00:24:42.60 | 00:24:46.45 | 4:56 | 12.1 |
| 15 | LITWIN GRZEGORZ | 120 | | KOLIN | POL | | | M 14 | 00:05:10 | 00:09:57 | 00:14:53 | 00:19:56 | 00:24:43.80 | 00:24:50.15 | 4:56 | 12.1 |
| 16 | ŻOCHOWSKI BARTOSZ | 178 | | STARGARD | POL | | | M 15 | 00:04:47 | 00:09:38 | 00:14:47 | 00:20:03 | 00:24:55.30 | 00:25:03.95 | 4:59 | 12 |
| 17 | BUDZOWSKI ROMAN | 74 | | STARGARD | POL | | | M 16 | 00:04:54 | 00:10:02 | 00:15:12 | 00:20:34 | 00:25:10.85 | 00:25:14.30 | 5:02 | 11.9 |
| 18 | LUBASIŃSKI TOMASZ | 122 | | STARGARD | POL | | | M 17 | 00:04:54 | 00:09:52 | 00:14:54 | 00:20:17 | 00:25:19.05 | 00:25:23.60 | 5:03 | 11.8 |
| 19 | KOWALCZYK GRZEGORZ | 105 | | STARGARD | POL | | | M 18 | 00:04:53 | 00:09:53 | 00:14:56 | 00:20:17 | 00:25:39.30 | 00:25:43.45 | 5:07 | 11.7 |
| 20 | KAB BARTOSZ | 185 | | STARGARD | POL | | | M 19 | 00:05:13 | 00:10:35 | 00:15:52 | 00:21:07 | 00:25:42.65 | 00:25:47.60 | 5:08 | 11.7 |
| 21 | BANIAK JOANNA | 65 | | STARGARD | POL | | | K 2 | 00:05:04 | 00:10:19 | 00:15:37 | 00:21:00 | 00:25:49.65 | 00:25:53.90 | 5:09 | 11.6 |
| 22 | PIECYK KATARZYNA | 136 | | SZCZECIN | POL | | | K 3 | 00:04:55 | 00:10:13 | 00:15:40 | 00:21:05 | 00:25:59.85 | 00:26:03.05 | 5:11 | 11.5 |
| 23 | KACZYŃSKA PATRYCJA | 93 | | STARGARD | POL | | | K 4 | 00:05:09 | 00:10:20 | 00:15:42 | 00:21:02 | 00:26:12.35 | 00:26:16.10 | 5:14 | 11.5 |
| 24 | KĘDZIERSKI CEZARY | 97 | | JAROSTOWO | POL | | | M 20 | 00:04:42 | 00:09:50 | 00:15:18 | 00:20:59 | 00:26:23.40 | 00:26:26.10 | 5:16 | 11.4 |
| 25 | GRZESZCZYK ANDRZEJ | 86 | | STARGARD | POL | | | M 21 | 00:05:11 | 00:10:33 | 00:15:51 | 00:21:24 | 00:26:50.60 | 00:26:56.85 | 5:22 | 11.2 |
| 26 | GUTOWSKI PAWEŁ | 87 | EMKA STARGARD | STARGARD | POL | | | M 22 | 00:04:55 | 00:10:08 | 00:15:43 | 00:21:26 | 00:26:59.95 | 00:27:05.55 | 5:23 | 11.1 |
| 27 | GLINA ALEKSANDRA | 82 | 14BUJ | STARGARD | POL | | | K 5 | 00:05:18 | 00:10:48 | 00:16:18 | 00:21:54 | 00:27:29.55 | 00:27:33.50 | 5:29 | 10.9 |
| 28 | LUBASIŃSKA AGNIESZKA | 121 | | STARGARD | POL | | | K 6 | 00:05:26 | 00:11:04 | 00:16:47 | 00:22:29 | 00:27:54.65 | 00:28:01.35 | 5:34 | 10.8 |
| 29 | KLIŃSKA ALICJA | 99 | | STARGARD | POL | | | K 7 | 00:05:17 | 00:10:55 | 00:16:43 | 00:22:36 | 00:28:07.60 | 00:28:14.30 | 5:37 | 10.7 |
| 30 | GURAK WOJCIECH | 181 | | STARGARD | POL | | | M 23 | 00:05:08 | 00:10:32 | 00:16:32 | 00:22:33 | 00:28:18.55 | 00:28:23.95 | 5:39 | 10.6 |
| 31 | BANASIEWICZ ARLETA | 64 | | STARGARD | POL | | | K 8 | 00:05:21 | 00:10:52 | 00:16:34 | 00:22:30 | 00:28:21.15 | 00:28:26.30 | 5:40 | 10.6 |
| 32 | ZBYSZEK BANASIEWICZ | 176 | | STARGARD | POL | | | M 24 | 00:05:21 | 00:10:52 | 00:16:34 | 00:22:29 | 00:28:21.25 | 00:28:26.55 | 5:40 | 10.6 |
| 33 | GURAK TOMASZ | 180 | | STARGARD | POL | | | M 25 | 00:05:13 | 00:10:38 | 00:16:34 | 00:22:37 | 00:28:24.20 | 00:28:28.75 | 5:40 | 10.6 |
| 34 | MICHAŁSKI MIROSLAW | 128 | | STARGARD | POL | | | M 26 | 00:06:04 | 00:11:21 | 00:16:56 | 00:22:43 | 00:28:32.80 | 00:28:41.50 | 5:42 | 10.5 |
| 35 | URBAŃSKA KINGA | 183 | | STARGARD | POL | | | K 9 | 00:05:22 | 00:11:01 | 00:16:53 | 00:22:59 | 00:28:59.25 | 00:29:03.00 | 5:47 | 10.4 |
| 36 | SOCZÓWKA AGNIESZKA | 148 | | STARGARD | POL | | | K 10 | 00:04:51 | 00:10:47 | 00:17:16 | 00:23:37 | 00:29:48.50 | 00:29:52.85 | 5:57 | 10.1 |
| 37 | SOCZÓWKA ROMAN | 149 | | STARGARD | POL | | | M 27 | 00:05:19 | 00:11:08 | 00:17:15 | 00:23:19 | 00:29:48.25 | 00:29:53.10 | 5:57 | 10.1 |
| 38 | WOJTOWICZ KRZYSZTOF | 168 | | STARGARD | POL | | | M 28 | 00:05:11 | 00:10:55 | 00:17:27 | 00:24:08 | 00:30:27.15 | 00:30:32.85 | 6:05 | 9.9 |
| 39 | KUCYRKA MARCIN | 110 | | STARGARD | POL | | | M 29 | 00:04:51 | 00:10:42 | 00:17:29 | 00:24:44 | 00:31:44.15 | 00:31:48.70 | 6:20 | 9.5 |
| 40 | MACIEJEWSKI ZENON | 179 | SJSNŚ | STARGARD | POL | | | M 30 | 00:05:24 | 00:11:42 | 00:18:28 | 00:25:41 | 00:32:13.25 | 00:32:20.35 | 6:26 | 9.3 |
| 41 | ANDRZEJEWSKI KRZYSZTOF | 63 | STARGARD JA SIĘ NIE ŚCIGAM! | STARGARD | POL | | | M 31 | 00:05:28 | 00:12:02 | 00:19:02 | 00:25:43 | 00:32:47.80 | 00:32:53.15 | 6:33 | 9.2 |
| 42 | WITKOWSKA DOROTA | 166 | | SZCZECIN | POL | | | K 11 | 00:05:02 | 00:11:08 | 00:17:18 | 00:23:35 | 23712:00:0 0 | 23712:00:0 3 | 284544:0 0 | 0 |
| 43 | LIS MONIKA | 119 | | STARGARD | POL | | | K 12 | 00:06:04 | | | | | | 6:04 | 9.9 |
| | X X | 190 | | | | | | | 00:07:43 DNF | 23712:00:0 0 DNF | 23712:07:4 3 DNF | DNF | DNF | DNF | - | - |